

# **PART I**

## **Purpose**

# **SANTA CLARA VALLEY ATHLETIC LEAGUE**

## **Purpose**

The Santa Clara Valley Athletic League recognizes the importance of providing opportunities for all students. Students who participate in interscholastic athletics, regardless of gender, therefore, supports all efforts to develop a league program that equalizes the opportunity for boys and girls in the league.

It shall be the policy of the SCVAL that all teams organized at member schools shall comply with the organizational guidelines contained in the By-laws of the CIF, CCS and SCVAL.

## **The Constitution of California Interscholastic Federation** **Cardinal Athletic Principles**

To be of maximum effectiveness, the athletic program will:

1. Be a well-coordinated part of the secondary school curriculum.
1. Justify the use of the tax funds and school facilities because of the educational aims achieved.
1. Be based on the spirit of amateurism.
1. Be conducted by secondary school authorities.
1. Provide opportunities for many students to participate in a wide variety of sports in every sport season.
1. Foster training in conduct, game ethics, and sportsmanship for participants and spectators.
1. Include a well-balanced program of intramural sports.
1. Engender respect for local, state, and national rules and policies under which the school program is conducted.

## **Code of Ethics**

It is the duty of all concerned with high school athletics:

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
1. To eliminate all possibilities which tend to destroy the best values of the game.
1. To stress the values derived from playing the game fairly.
1. To show cordial courtesy to visiting teams and officials.
1. To establish a happy relationship between visitors and host.
1. To respect the integrity and judgment of sports officials.
1. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
1. To encourage leadership, use of initiative, and good judgment by the players on a team.
1. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well being of the individual players.
1. To remember that an athletic contest is only a game - not a matter of life and death for player, coach, school, officials, fans, community, state, or nation.

**PART 2**

**CONSTITUTION**

# **CONSTITUTION**

## **ARTICLE I**

### **Name**

- Section 1.** The official name of this organization shall be the “Santa Clara Valley Athletic League,” member of the Central Conference of the Central Coast Section of the CIF, herein referred to as SCVAL.
- Section 2.** The SCVAL shall divide into two (2) divisions – the “De Anza Division” and the “El Camino Division” – for equity in competition. The De Anza Division, in sports that are separated by strength of program, will be deemed the stronger division.
- Section 3.** If only one division is warranted, it shall be known as the SCVAL.

## **ARTICLE II**

### **Authority**

- Section 1.** The SCVAL is a member of the Central Coast Section of the California Interscholastic Federation and is bound by the Constitution and By-laws of both bodies as well as State and Federal statutes.
- Section 2.** The SCVAL may make rules more restrictive than those of the Section and the State.

## **ARTICLE III**

### **Philosophy**

- Section 1.** We believe that interscholastic athletics are an integral part of a schools’ total curriculum and that equal opportunity shall be provided to all students.
- Section 2.** We believe that participation in a sound athletic program contributes to the development of health and happiness, physical skills, emotional maturity, social competence, and moral values.
- Section 3.** We believe that a sound athletic program teaches the participants the spirit of competition as well as the values of cooperation that are so important to our society. The student athlete learns how to work with others for the advancement of group goals.
- Section 4.** We believe in the acceptance and adherence to the Cardinal Principle and code of Ethics of the California Interscholastic Federation.
- Section 5.** It is the belief of the SCVAL that aims of interscholastic athletes can best be realized in an atmosphere in which the competitors, staff, and spectators manifest a feeling of respect and concern for these aims.

## **ARTICLE IV**

### **Purposes**

- Section 1.** The purpose of the SCVAL is to govern and administer high school interscholastic competition within the SCVAL by means of a league constitution, by-laws, and efficient organization.

## **ARTICLE V**

### **Membership and Dues**

- Section 1.** Central Coast Section (CCS) Board of Managers shall annually determine the SCVAL membership dues to the CCS.
- Section 2.** The SCVAL Board of Managers shall establish SCVAL dues annually.

## **ARTICLE VI**

### **Board of Managers**

- Section 1. Purpose:**
- 1.1** The Board of Managers (BOM) is the governing body of the SCVAL.
  - 1.1** The BOM has responsibility for the administration and supervision of high school athletics.
  - 1.1** The BOM shall be responsible for the financial affairs of the SCVAL. The President shall submit a proposed budget for adoption at the first regularly scheduled meeting of the BOM each year. The League Commissioner shall be responsible for handling the money and dispersing it in accordance with the budget once it has been adopted by the BOM
  - 1.1** The BOM will establish a minimum operating expense account for the next school year. The BOM may assess member schools additional funds if so needed. The BOM will annually review the budget and carry over will be routinely shared among the member student bodies of the league.
- Section 2. Organization:**
- The Board of Managers shall consist of the chief administrative officer of each member school or his or her proxy.
- 2.1** Each school shall have one vote.
  - 2.1** Representation by a majority of the member schools shall constitute a quorum.
  - 2.1** At their last meeting, the BOM shall establish meeting dates for Athletic Directors and BOM, for the following school year. Each group shall meet a minimum of four (4) times a year – fall, winter, spring, and end of the year.

- 2.1 The officers of the BOM shall be: President, President–Elect, and delegates to the Central Coast Section (CCS) Board of Managers (BOM).
- a. **President:** The President shall perform all the duties of a president as defined in Roberts Rules of Order, unless otherwise specified in this constitution. The President is responsible for the budget and financial considerations as well as informing the principals of the member schools of all league business.
  - a. **President–Elect:** The President–Elect shall perform all the duties of the President in his or her absence, shall complete his or her term upon the resignation or removal of that officer, and shall be the President for the following year.
  - a. **Delegates – CCS BOM:** the SCVAL BOM shall choose SCVAL representatives on the CCS BOM annually. He or she shall attend the meetings of the CCS BOM, report on the matters that concern the SCVAL to the SCVAL BOM, and vote on behalf of the SCVAL BOM at the CCS BOM.
- 2.1 Non–voting representatives to the BOM shall consist of a Commissioner of Athletics, representatives from the Board of Athletic Directors, and possibly student representation.
- a. **League Commissioner of Athletics:** the Board of Managers shall determine Duties and responsibilities.
  - a. **Representatives from the Board of Athletic Directors:** The Athletic Directors shall elect yearly a representative and a representative elect to attend the Board of Managers meetings. They shall make recommendations to the Board of Managers from the Board of Athletic Directors, and they shall communicate decisions of and act as liaison between the two Boards.
  - a. **Student Representative:** There may be a student representative from each member school.

**Section 3.** The officers of the Board of Managers will be selected annually at the final regularly scheduled meeting of the school year.

## **ARTICLE VII**

### **Board of Athletic Directors**

**Section 1.** **The Board of Athletic Directors** shall be responsible for recommendations relating to interscholastic athletics within the league. It shall be an advisory board that is subordinate to the Board of Managers and will consist of the Athletic Director(s) of each member school or his or her proxy.

- 1.1 Each school shall have one vote.

- 1.1 Representation by a majority of the member schools shall constitute a quorum.

**Section 2. Meetings:**

- 2.1 The Board of Athletic Directors will meet a minimum of four (4) times a year – fall, winter, spring, and end of the year.

**Section 3. AD Representative to the Board of Managers shall preside over all meetings of the Board of Athletic directors. Minutes shall be distributed to all members of the Board of Athletic directors and the Board of Managers.**

- 3.1 AD Representative–Elect to the BOM shall perform all the duties of the AD Representative in his or her absence, shall complete that term upon the resignation and/or removal of the AD Representative, and shall be the AD Representative for the next year.

## **ARTICLE VIII**

### **Sports Committee**

**Section 1. There shall be a Sports Committee to represent each league sport. It shall have an AD and the coaches responsible for that sport in each of the member schools.**

- 1.1 An Athletic Director will be assigned by the SCVAL Commissioner to preside over each sports committee. Their duties are as follows
  1. Conduct a preseason meeting of all the SCVAL coaches for their sport.
  1. Conduct a postseason meeting for their sport. All League selections and proposed by-law revisions will take place at this meeting.
  1. Collect and distribute minutes from preseason, postseason, and division meetings, to the SCVAL Commissioner and the AD's from each SCVAL school.
  1. Develop a schedule for the following year's season of sport
- 1.1 Each Sports Committee shall appoint a league chairperson for both the De Anza Division and the El Camino Division. The following duties are the responsibility of the league chairperson.
  1. The chairperson will preside over individual division meetings and will keep minutes of its meetings. A copy of these minutes will be given to the Sports Committee AD to distribute.
  1. Attend the CCS seeding and Post season meetings

**Section 2. The purpose of each Sports Committee shall be to assist the Board of Athletic Directors on matters pertaining to the sport it represents, to annually review the by-laws, to review a schedule for the next school year, and to make division placement recommendations.**

- Section 3.** Each Sports Committee will have a pre-season and a post-season meeting each year or upon the call of its chairperson, upon request of a majority of its members, or upon request of the Board of Managers.
- Section 4.** The Board of Managers shall appoint an Athletic Director Representative to each Sports Committee.
- Section 5.** Sports Chairpersons:
- 5.1** The Sports Committee shall elect the chairperson(s) for each sport.
  - 5.1** The sports chairperson(s) shall hold office for a minimum of three (3) year.

## **ARTICLE IX**

### **Amendments**

- Section 1.** This constitution, with the exception of the by-laws, may be amended at any meeting by a two-thirds vote of the entire membership of the Board of Managers, provided the amendment was proposed in writing at a previous meeting.

## **ARTICLE X**

### **By-Laws**

- Section 1.** All rules and regulations not herein stated and adopted by the Board of Managers shall be classified as By-laws of this Constitution and are binding upon all member schools.

## **ARTICLE XI**

### **Annual Review**

- Section 1.** The Constitution shall be reviewed annually at the spring meeting of the Board of Managers for the purpose of revising and updating its provisions.
- 1.1** Recommendations for change as a result of the annual review shall be submitted in writing at the end of the year meeting for official approval.
- Section 2.** By-laws shall be reviewed at the end of each sport season and presented to the Board of Managers for the purpose of revising and updating its provisions at the first meeting following the sport season.



**PART 3**

**GENERAL  
BY-LAWS**

# **Santa Clara Valley Athletic League**

## **By-laws**

### **Article I**

#### **Amendments**

- Section 1.** These by-laws may be amended by a majority vote of the Board of Managers.
- Section 2.** Each motion to amend the by-laws shall include the date on which the law becomes effective.
- Section 3.** No by-laws shall be adopted which is in conflict with the provisions of the Constitutions and By-laws of the SCVAL, CCS, CIF, or State and Federal statutes.
- Section 4.** Board of Managers shall approve all By-law changes after the end of each season for implementation the following year.

### **ARTICLE II**

#### **Certification of Eligibility**

- Section 1.** **Registration and Current Scholarship Forms:** This form is for the purpose of certifying the eligibility of athletes and registers them as official members of a sports team. Each school is to develop its own form that is to be kept on file in the principal's office and forwarded to the SCVAL Commissioner.
- Section 2.** Prior to the first scheduled league contest, the principal (or designee) of each member school shall certify the eligibility of members of athletic teams as complying to school, district, CCS, and CIF standards.
- Section 3.** Names may be added to or deleted from the registration form by the principal (or designee).

### **ARTICLE III**

#### **Eligibility**

- Section 1.** The league shall pass no rule less stringent than those provided in the Constitution and By-laws of the Central Coast Section but may adopt more restrictive eligibility requirements.
- Section 2.** A student may be registered as a member of one or more teams simultaneously provided there is mutual consent by the two coaches. A student must participate in one league contest to participate in league finals.

- Section 3.** After a student has participated in a league contest, that student may not compete on a team of lower classification in the same league sport during the remainder of that season, except as specifically provided in the Sports By-laws.
- Section 4.** The level at which a student competes in one sport does not affect the level at which he/she may compete in other sports.
- Section 5.** Questions that arise about player eligibility shall be reported immediately to the Commissioner of the league in writing.
- 5.1** The Commissioner shall notify the principal if the eligibility of an athlete in his or her school is questionable or if a possible by-laws violation has occurred.
- 5.1** The principal shall investigate the allegations and report back to the Commissioner.
- 5.1** If an ineligible player participates in a contest or contest, the school for which he/she plays shall be penalized according to the regulations outlined in Article XII.
- 5.1** The SCVAL Commissioner shall submit eligibility disputes to the Board of Managers.
- a.** Representatives of the schools involved in the dispute shall not have a vote.
- b.** Voting shall be by roll call.
- c.** In the case of a tie, the League Commissioner shall cast the deciding vote.
- Section 6.** Scholastic eligibility shall be based on each grading period. Each school district shall establish its policy in accordance with CIF.

## **ARTICLE IV**

### **Team Classifications**

- Section 1.** Schools shall be placed into divisions according to the official classifications in each sport.
- Section 2.** Following are the official classifications in each sport. No other teams are authorized.

<b>Badminton (Boys &amp; Girls)</b>	<b>Varsity/JV</b>	<b>Softball</b>	<b>Varsity/JV</b>
<b>Basketball (Boys)</b>	<b>Varsity/FS</b>	<b>Swimming (Girls)</b>	<b>Varsity/JV</b>
<b>Basketball (Girls)</b>	<b>Varsity/JV</b>	<b>Swimming (Boys)</b>	<b>Varsity/JV</b>
<b>Baseball</b>	<b>Varsity/FS</b>	<b>Tennis (Boys)</b>	<b>Varsity/JV</b>
<b>Cross Country (Boys)</b>	<b>Varsity/FS</b>	<b>Tennis (Girls)</b>	<b>Varsity/JV</b>
<b>Cross Country (Girls)</b>	<b>Varsity/JV</b>	<b>Track (Boys)</b>	<b>Varsity/FS</b>
<b>Field Hockey (Girls)</b>	<b>Varsity/JV</b>	<b>Track (Girls)</b>	<b>Varsity/JV</b>
<b>Football</b>	<b>Varsity/FS</b>	<b>Volleyball (Girls)</b>	<b>Varsity/JV</b>
<b>Golf (Boys/Girls)</b>	<b>Varsity</b>	<b>Volleyball (Boys)</b>	<b>Varsity</b>
<b>Gymnastics (Girls)</b>	<b>Varsity/JV</b>	<b>Water Polo (Boys)</b>	<b>Varsity/FS</b>
<b>Soccer (Girls)</b>	<b>Varsity/JV</b>	<b>Wrestling (Boys/Girls)</b>	<b>Varsity/JV</b>
<b>Soccer (Boys)</b>	<b>Varsity/JV</b>	<b>Water Polo (Girls)</b>	<b>Varsity/JV</b>

- Section 3. Classification – Boys**  
3.1 Junior Varsity competition shall be limited to ninth, tenth and eleventh grade students unless specified in sports by-laws.
- Section 4. Classification – Girls**  
4.1 Team classifications for Varsity and Junior Varsity will be based on skill level rather than on year in school.
- Section 5. Each sport must field a Varsity team before fielding a team in a lower classification.**  
5.1 A Varsity team for individual sports consists of entrants in more than half of the events.

## **ARTICLE V**

### **Division Standing, Championship, and Section Playoff Rankings**

- Section 1. Championships, final Division standings, and Section playoff rankings in football, soccer, tennis, basketball, badminton, softball, field hockey, volleyball, wrestling, golf, and baseball shall be determined on the basis of the win-loss record in dual meet competition unless specified otherwise in individual sport by-laws.**
- 1.1 Wrestling, water polo, track, gymnastics, and swimming championships and standings are based on a combination of dual meet and final division meet results.
- 1.1 Cross-country championships and division standings shall be based on the results of the division finals.
- 1.1 For determining division championships, two (2) points will be awarded for a win, one (1) point for a tie, and zero (0) for a loss.
- Section 2. If two or more teams tie for first place in final division standings, they shall be declared co-champions.**
- Section 3. Sports by-laws will provide for Section playoff placements.**
- Section 4. If sports by-laws do not provide for or cannot be implemented for tie breaking situations for Section placements, the following criteria is to be used in the order listed:**
- 4.1 Head to head competition.  
4.1 Descending order.  
4.1 Section point criteria  
4.1 Flip of the coin.

**ARTICLE VI**  
**Division Schedules and Placements; Adoption, Postponements,**  
**Changes, and Starting Times**

- Section 1.** The Athletic Directors shall present proposed schedules for the following year in each sport annually to the Board of Managers.
- 1.1** The schedule proposals shall include the actual date that schools may begin playing games.
- 1.1** The schedule proposal shall include Division placement.
- Section 2.** Schedules and Division placements become official when approved by the Board of Managers.
- Section 3.** Member schools are obligated to compete at the time, place, and on the date published in the official SCVAL schedule.
- Section 4.** The date or time of an officially scheduled contest may be changed by mutual agreement of the two principals involved. The home school is responsible for notifying the officials association.
- Section 5.** Dates for rescheduling of postponed games are to be mutually arranged by the schools involved. If agreement cannot be reached, the League commissioner is authorized to set the date for the contests, subject to availability of officials. Refer to sport by-laws.
- Section 6.** The starting times for league events are as follows:

**No SCVAL contest or playoffs shall start prior to 1:00 PM on any school day, Monday through Friday, without permission from the SCVAL Board of Managers**

## LEAGUE CONTEST START TIMES

### Fall

Cross Country	3:15 PM
Football	5:15 PM (FS) & 7:30 PM (Varsity) 3:15 PM (DST); 2:45 PM (ST) F/S Plays Preceding Afternoon 11:00 AM (FS) & 1:30 PM (Varsity) Saturday
Field Hockey	3:00 PM (DST) / 2:45 PM (ST)
Tennis (G)	3:30 PM (3:00 PM V/JV Same Site)
Volleyball	5:30 PM (JV & 6:45 PM (Varsity) 3:30 PM (JV) & 4:45 PM (Varsity) afternoon match
Water Polo	3:00 PM (Varsity) 5:00 PM (JV) (DST 2:45 PM & 4:45 PM)

### Winter

Basketball (B & G)	5:30 PM & 7:00 PM Monday – Thursday 3:00 PM / 4:30 / 6:15 PM / 7:45 PM Friday Quads 6:00 PM & 7:30 PM Friday no quad
Soccer (B & G)	3:30 PM Side by Side 2:45 PM Back to Back (Varsity 1 <sup>st</sup> followed by JV) 5:00 PM / 7:00 PM JV / Varsity Evening Sat 11:00 AM (JV) & 1:00 PM (Varsity)
Wrestling	5:30 PM (JV) & 6:30 PM (Varsity) 3:30 PM (JV) & 6:30 PM (Varsity)

### Spring

Badminton	3:30 PM
Baseball	3:30 PM 7:00 PM Evening 11:00 AM Saturday
Golf	TBA Depends on course availability
Gymnastics	3:30 PM 7:00 PM
Softball	4:00 PM (DST) / 3:30 pm (ST) 7:00 PM
Swimming (B & G)	3:00 PM
Tennis (B)	3:30 PM (3:00 PM V/JV Same Site)
Track	3:00 PM

**ARTICLE VII**  
**Protest and Appeals**

**Section 1. Each sport is unique and we should strive for this visible uniqueness.**

**1.1 Protest of dangerous or sub-standard playing facilities.**

**1.2 Protest of alleged misinterpretation of a rule by the officials in charge, provided the**

**Misinterpretation had a direct effect upon the outcome of the contest.**

**1.3 Protest of violation of a by-law of any of the constitutions of the SCVAL, CCS or CIF.**

**1.4 So if our due process for each sport is to be consistent the chain of command should be:**

**1. Coaches: recommendations**

**1. Athletic directors: approval**

**1. Principals (BOMG): approval**

**If these three bodies cannot agree, then the commissioner will appoint an appeals committee consisting of the following.**

**1. Principal or his/her designated representative**

**1. Athletic Director male/female**

**1. Chairperson for that activity.**

**If no agreement can be made...commissioner will make the final decision.**

**1.5 Appeal of by-law violation penalties**

**Section 2. All protests and appeals shall be directed and sent to the League Commissioner. He/she will process all protests and appeals and will be responsible for rendering the final decision in accordance with the following procedures:**

**2.1 The SCVAL Commissioner shall decide all routine protests and appeals.**

**2.1 The Commissioner shall present serious protests and appeals to the BOM and if deemed necessary by the BOM, a committee will review the protest or appeal.**

**2.1 If for any reason that a school who is filing the appeal is a member of the committee there will be a replacement for that particular appeal.**

**2.1 The final decision in any protest or appeal shall be sent in writing to the principals of the schools involved.**

**2.5 If a school is still not satisfied then they can appeal to CCS**

**ARTICLE VIII**  
**Practice, Practice Games, and Practice Limitations**

**Section 1.** **The SCVAL Definition of a Practice.** The following three criteria must all be in place for any activity to be considered a practice. If any of the 3 is not in effect, it is not considered to be a practice.

**1.1 Three Criteria for being considered a practice.**

- 1. Coach must be present and giving instruction**
- 2. Must take place on field of play  
(i.e. conditioning in the weight room is not considered part of the field of play)**
- 3. Must be mandatory for the student athlete to participate.**

**Section 2.** Practice is allowed on all days except Christmas and Sundays.

**Section 3.** Teams may not start practice prior to the starting date established annually by the Board of Managers.

**1.1 Violations of the starting date shall be reported to the SCVAL Commissioner.**

**1.1 The Board of Managers shall take appropriate action when violations are reported.**

**Section 4.** A sport season ends with the final scheduled league event. Only teams advancing to the CCS playoffs may continue to participate.

**Section 5.** Any student completing an athletic season will be allowed a minimum of five (5) days of tryout in the subsequent season.

**Section 6.** **Definition of Contest or Game and scrimmage**

**6.1 A contest or game is defined as any participation where two (2) or more teams or alumni from different schools are present.**

**6.1 A scrimmage is defined as a practice session involving two (2) schools where coaches are present and directing their teams, no scores are kept, and the officials are not paid. Contests against alumni or parent teams are considered scrimmages.**

**6.2.1. Each sports is allowed one contact with their alumni and/or parent teams without permission from the SCVAL Commissioner or the CCS Commissioner. These contacts count as scrimmages**

**6.3 Scrimmages may be held with CIF high schools. All other scrimmages must have approval of the CCS Commissioner (i.e.: club, community college, etc.**

**6.3 The number of scrimmages allowed in each sport is listed in the specific sport by-laws.**



**Game Limitations as established by the CCS Board of Managers**

<b>Sport</b>	<b># of games</b>
Badminton	20 matches
Baseball	24 games (+2 scrimmages)
Basketball	24 games (+2 scrimmages)
Cross Country	13 meets
Field Hockey	20 games
Football	10 games (+1 scrimmage)
Golf	18 matches
Gymnastics	15 matches (+1 invitational)
Soccer	20 games (+1 scrimmages)
Softball	24 games (+2 scrimmages)
Swimming	13 meets (+2 invitational)
Tennis	22 matches
Track & Field	15 (includes invitational)
Volleyball	24 games (+2 scrimmages)
Water Polo	30 games (count game for game)
Wrestling	40 contacts (+1 scrimmage)

**ARTICLE IX**

**Division Finals and Section Tournaments**

- Section 1. Division finals shall be held in the following sports:**
- 1.1 **Cross Country (Boys Varsity, Frosh/Soph & Girls Varsity, JV) To determine the division championship and final Division standings and to determine the individual and team qualifiers for Section meets.**
  - 1.1 **Wrestling (Varsity, JV) to determine individual Varsity and JV champions and Varsity qualifiers for CCS.**
  - 1.1 **Boys Tennis, Girls Tennis, Badminton & Golf (Varsity, JV) To determine the individual Varsity qualifiers for the Section tournament.**
  - 1.1 **Boys Track (Varsity, Frosh/Soph) Girls Track (Varsity, JV) To help determine the Division championships and final Division standings in each classification and to determine individual Varsity qualifiers for the Section meets.**
  - 1.1 **Boys Swimming, Girls Swimming (Varsity, JV) and Girls Gymnastics (Varsity, JV) To help determine Division championships and individual Varsity qualifiers for Section meets.**
  - 1.1 **A student must participate in a minimum of one (1) dual meet or contest in order to participate in the Division finals of that sport. Board of Managers may make exceptions for injuries/illnesses.**
- Section 2. Responsibility for hosting Division tournaments shall be rotated among the member schools.**
- Section 3. Refer to sports by-laws for any possible additions to Division finals.**

## **ARTICLE X**

### **Post-Season Contests and Invitational Tournaments**

- Section 1.** Post-season contests, other than official league, section or state events, are prohibited.
- 1.1 Any team involved in CCS playoffs with more than five (5) school days without a contest may request a scrimmage from the League Commissioner.
- Section 2.** Member schools desiring to host an invitational tournament in any official league sport must secure permission from the CCS.
- Section 3.** Member schools may enter only properly sanctioned invitational tournaments.

## **ARTICLE XI**

### **Awards**

- Section 1.** **Certificates of Recognition** for all classifications.
- 1.1 Certificates shall be presented to each member and coach of championship teams.
- 1.1 Certificates will be awarded to members of official all-league teams as specified in the by-laws of each team sport.
- 1.1 Certificates will be awarded to the first three (3) place finishers if not addressed in Sports By-laws in an event or match in the finals of individual sports to include swimming, tennis, golf, wrestling, track, gymnastics, and badminton.
- Section 2.** **All League:** The following are guidelines for selection of All-League teams if not addressed in Sports By-laws: The numbers apply to all classifications.

<b>Sport</b>	<b>League Selections</b>	<b>Number of Honorable Mention</b>
Football	62	0
Basketball	15	5
Baseball	27	14
Water Polo	14	10
Soccer	19	14
Field Hockey	30	11
Volleyball	20	10
Softball	27	14
Cross Country	15	0

- Section 3.** The sports committee Athletic Director shall report varsity, JV and Frosh/Soph league standings to the League Commissioner.

## ARTICLE XII

### Violations and Penalties

- Section 1.** Any violation of the SCVAL Constitution & By-laws will result in a letter of censure to the coach and a copy sent to his/her Principal and Athletic Director, and the forfeiture of Division contest or standing. Violations include illegal practices, classification infractions, ineligible players, and illegal number of contests.
- Section 2.** Penalties for By-law violations:
- 2.1 **Classification infraction** - Forfeiture of contests that the individual(s) participated in.
  - 2.1 **Ineligible Player (Team Sport)** - Forfeiture of contests that the individual(s) participated in.
  - 2.1 **Ineligible Player (Individual Sport)** - Forfeiture of points earned by the individual.
  - 2.1 **Illegal practice, scrimmage, or game** - Forfeiture of one (1) Division wins.
  - 2.1 **Illegal number of contests** - Forfeiture of Division standings and CCS Sanctions.
  - 2.1 **Coach's ejection from contest** - Coach must leave the area completely or forfeit the contest. Contest will be forfeited also if there is no certified person employed by school to assume the ejected coach's duties.
- Section 3.** Chronic or flagrant violations of this Constitution or its By-laws on the part of a coach will result in severe disciplinary action, which could include forfeiture of Division standing and/or being banned from coaching in the SCVAL.
- Section 4.** The Board of Managers shall determine penalties for violations of league rules not outlined in this article.
- Section 5.** Coach or Player Ejection
- 5.1 Notification of the ejection by a FERMAR official of any coach and/or player rests primarily with the involved official. They are required to notify FERMAR who in turn will notify the CCS, the league commissioner, and the respective schools the next school day. It is also the responsibility that each school should notify the League Commissioner the next day with a report of the incident that has taken place.
  - 5.1 The coach and/or payer may select to withdraw from the next contest, thereby eliminating the need for any appeal. Should the coach and/or player select to appeal they must notify the League Commissioner within 24 hours after the incident. The exception will be weekend tournaments games, etc. The following Monday will be the Deadline to file appeal.
  - 5.1 The League Commissioner will make every effort to hear the appeal before the next regularly scheduled contest. Should he/she be unable to hear the appeal before the next contest, that coach or player may participate in the next contest until the commissioner hears the appeal. Should the League Commissioner rule against the coach and/or player will miss the next contest after the appeal.

The appeal must come from the school principal in writing and be accompanied by a \$50.00 check for the appeal. (Because of time limitations if appeal denied school will be fined \$50.00)

- 5.1 If a player or coach is ejected from the last game of the season, then the player or coach will not be allowed to participate in the first regular season game the next year. The above appeal process would apply.
- 5.1 Participants ejected from a second contest during a season will not be allowed to coach or play for the remainder of that sports season. If they chose to appeal they may not participate until the appeal is heard.
- 5.1 If FERMAR does not forward a report concerning the coach and/or player ejected, appeals will automatically be ruled in the favor of the coach and/or player.

## **ARTICLE XIII**

### **Rules for the Rooting Sections at Athletic Events** **Sportsmanship Policy Statement**

All SCVAL athletic events are considered an educational experience for our students and are conducted in an extended classroom environment. Sportsmanship is expected from all participants as well as from spectators.

The SCVAL, as a member of the California Interscholastic Federation, will enforce the following sportsmanship rules as developed by the League, the CCS, and the California Interscholastic Federation. Spectators at all SCVAL sponsored activities are expected to follow the rules listed below:

**Section 1. Show respect and courtesy for all players, coaches, officials and spectators.**

**Section 2. Refrain from the following behaviors:**

- 2.1 Berating your opponents, school, or mascot.
- 2.1 Berating opposing players.
- 2.1 Obscene cheers or gestures.
- 2.1 Signs not promoting sportsmanship. (Run-throughs and banners are approved.)
- 2.1 Noisemakers (air and battery-fed horns, bells, and various types of unusual noisemakers).
- 2.1 Complaining about official's calls (verbal or gestures).
- 2.1 Throwing shredded paper, confetti, or any objects or articles.
- 2.1 Vandalism or disorderly conduct.

**Section 3. Students shall remain on their own side of the field or gymnasium.**

- Section 4.** For contests held in the gym, only the home school may have a pep band, limited to 20 members in size, situated in their stands or on the floor next to their rooting section, and playing only when the game is not in progress.
- Section 5.** The Alma Mater of participating schools may be sung after the final game, with visiting school singing first.
- Section 6.** Schools shall assign appropriate administrators, faculty members, and police officers to provide for supervision of athletic contests.
- Section 7.** Visiting supervising administrator and/or teacher has the responsibility to identify himself/herself to the home school administrator in charge.
- Section 8.** It is the responsibility of the coaches and other staff members at athletic events to enforce these rules. Persons unable to conduct themselves according to these rules of sportsmanship will be asked to leave.

## **ARTICLE XIV**

### **Procedures for Bands during Pre-Game and Half Time Show at Football Games**

- Section 1.** The following league by-laws and procedures are to be followed for league football games. When a school is playing a non-league game, it will be up to the school to make any arrangements with the visiting school as to length of time the bands will perform before the game and at half time. For league contests, the visiting band director must contact the home school band director.
- Section 2.** **Pre-Game Varsity**
- 2.1** **League By-Laws:** There shall be a maximum intermission of thirty (30) minutes between preliminary and second game.
- a.** This Allows for a maximum time of twenty four (24) minutes for football warm-ups, including the coin flip, and a maximum of six (6) minutes for band's patriotic ceremony.
- 2.2** **League By-Laws:** Teas shall warm up on the half of the field to the right of their bench.
- 2.3** **The home band is responsible for the National Anthem.**
- Section 3.** **Half-Time Show**
- 3.1** **League By-Laws:** No half-time activity is to exceed twenty (20) minutes actual elapsed time.
- a.** The field clock will start when the first half ends at the gun.
- b.** The visiting band is to perform first.
- c.** Only authorized people are to be in the announcer's booth.
- d.** Both bands may play simultaneously for their rooting sections during time outs.
- e.** Bands are not to play when the football is in play.

## **ARTICLE XV**

### **Smog Alert**

#### **Section 1. Declared Smog Advisory Alert – Actions to be taken by the SCVAL:**

- 1.1 Strenuous physical activities by all students shall be discontinued. This includes physical education classes and interscholastic activities.**
  - a. Scrimmages, continuous running, sprinting, jogging, games, practice games, and meets are examples of activities that are prohibited.**
  - b. Coaches will be held responsible for maintaining a non-strenuous practice session.**
  - c. Violations of a smog alert will be treated as an illegal practice.**

## **ARTICLE XVI**

### **Administrative Categories**

#### **Section 1. Admission Charges**

- 1.1 Uniform admission fee for league scheduled football and night contests (after 5:30 PM) Division events is General Admission: \$6.00; Students with high school ID, Sr. Citizens and Children 6– 12 accompanied by an adult: \$3.00. Children 5 and under are free.**
- 1.2 SCVAL, CCS, and Participating School Staff passes will be honored at all league contests. Passes will admit staff members and members of the immediate family or one (1) guest.**
- 1.3 Admission fee will be charged for the following Division finals: Swimming (G & B), Wrestling, Track, and Gymnastics. Admission fee will also be charged for any other finals or playoffs designated in Sports By-laws if it is appropriate to charge. See section 1.1 for prices.**

#### **Section 2. Gate Receipts and Expenses**

- 2.1 The home team is responsible for all expenses of a Division contest and will keep all gate receipts.**
- 2.2 The league is responsible for the expenses of Division finals as budgeted and will keep all gate receipts. The host school shall be responsible for submitting a budget for the finals to the Board of Managers for approval.**

## **ARTICLE XVII**

### **Appendix**

#### **Section 1. Appendixes included are to be reviewed annually for yearly up-date where necessary.**

- i. Board of Managers Membership**
- ii. Athletic Directors**
- iii. Sports Committee Assignments**
- iv. Division Placements**
- v. Division Finals Host Rotation**