

FEBRUARY 1993

CALIFORNIA

Track News

KINNEY COUNTRY CHAMPIONSHIPS

93/09
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4920 Oak Leaf Avenue
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KINNEY CROSS COUNTRY

STATE OF THE ART REPORT

✓ **1992 ALL-CALIFORNIA HIGH SCHOOL X-C TEAM**

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Track & Field ■ Cross Country

Nineteenth Year

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CALIFORNIA Track News

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FROM THE EDITOR

This issue pretty much wraps up cross country season with coverage of the Kinney Western (see page 10 for story, results and photos) and National Championships (see page 12 for complete results). Milena Glusac proved she is the state's top harrier with her repeat Kinney Western win and solid second place finish in San Diego's National meet.

Speaking of the Kinney cross country meets, 1992 was the last year we'll see Kinney Cross Country Championships. The name is being changed to the Foot Locker Cross Country Championships. Foot Locker is a division of Kinney Shoes. You can be assured we will see the same quality events -- only difference will be the name. Look for the Foot Locker Western Cross Country Championships on December 4 in Fresno. The Foot Locker National Championships will follow a week later in San Diego (Dec. 11).

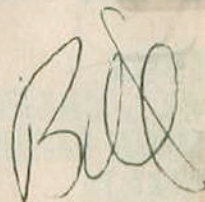
Speaking of Foot Locker, you will find an interesting feature on page 13. Thanks to Foot Locker, one of the finest invitationals in the country, the Arcadia Invitational, will be able to continue as a quality meet. April 10 is the date for the 1993 Arcadia/Foot Locker Invitational.

Since we're speaking of Foot Locker... Each year California's only indoor track and field meet, the Sunkist Invitational, presents an award to an individual or an organization that has made a major contribution to the sport. Foot Locker, understandably, will re-

ceive the 1993 Bill Gill Award at the February 20 indoor meet in Los Angeles at the Sports Arena.

Speaking of the Sunkist Indoor meet, *California Track News* will have a booth set up to distribute sample copies and to interact with many of the state's track and field athletes, coaches and fans. We would welcome your input concerning the magazine. Please stop by.

See you at Sunkist.



ON THE COVER: MILENA GLUSAC two-time winner of the Kinney West Regional. Milena also finished second at Kinney Nationals, giving the national-winner, **AMANDA WHITE**, strong competition throughout the race. Photos by Phillip Enbody and Fine Flicks by Don Gosney (inset).

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#4227 Women's 1 kg.	\$ 84.95	#4233 Women's 1 kg.	\$54.95

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SCHEDULE

Please send cross country and track information to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

The schedule is subject to change, so please verify dates, locations, times, etc., prior travelling to an event. It is a good idea to always include a self-addressed, stamped envelope when requesting information or entry forms.

High School

Track & Field

February 6 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

February 13 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

February 13-14 (Sat.-Sun.)

-Lawrence, Kansas. 1993 AAU National Youth Indoor Track & Field. Entry deadline received by Feb. 8th. Anschutz Pavilion, Univ. of Kansas. Dennis Spratt, P.O. Box 3743, Lawrence, KS 66046. (913) 842-2582 (between 10:00 a.m. and 10:00 p.m. Only)

February 20 (Sat.)

-Los Angeles. Sunkist Invitational Indoor Track Meet. 1 p.m. Los Angeles Sports Arena. H.S. starts at 12:30 p.m. Tickets at the Sports Arena (213) 741-2164. Tickets through Ticketmaster or (213) 480-3232. Sunkist Invitational, 9171 Wilshire Blvd., Suite 410, Beverly Hills, CA 90210.

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

February 27 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

March 6

-Hanford. Hanford Invitational.

-Tulare. Mustang Relays at Tulare Western.

-Orange. Orange/Santa Ana Rotary Relays for Girls. (714) 997-6236.

-Long Beach. Long Beach Poly Invitational. Charles Clinton (310) 424-7335.

March 13

-Bakersfield. East Bakersfield Relays.

-Visalia. Pioneer Relays at Mt. Whitney.

March 19

-North Yosemite League Relays.

March 20

-Visalia. Golden West Relays at Golden West.

-Selma. Selma Relays.

-Taft. Taft Relays.

March 26

-Coalinga. George Olsen Invitational.

March 27

-Corcoran. Corcoran Relays.

-Delano. Delano Kiwanis Relays.

-Oakhurst. Yosemite Relays at Yosemite High.

March 27

-Azusa. Meet of Champions, High School Div., Top Distance Invitational in California. Irv Ray, Tim O'Rourke. (818) 969-3434 X 3294.

-San Jose. Hampton-Phillips Track & Field Classic, San Jose City College track. Robert Poynter, Silver Creek High School, 3434 Silver Creek Rd., San Jose, CA 95121. (408) 274-1700. FAX (408) 270-1004.

-Martinez. Martinez Relays. Tim Bruder or Bill Wamosh (510) 313-0439.

-Long Beach. Bruin Invitational. Jim Arquilla (310) 433-0481.

April 2 & 3

-Fresno. Fresno Relays. Dave Dodson (209) 875-7121 ext 339.

April 3

-Wasco. Wasco Relays.

-Berkeley. The Oakland Invitational, Edwards Stadium. Ralph Belany at McClymonds High School, Oakland. This meet is open only to schools in the North Coast Section. Bill Wamosh, Athletic Director, Alhambra High School, Martinez.

April 6

-Hanford. San Joaquin Valley Relays.

April 7

-Visalia. Sunkist Invitational High School Track Meet. Sunkist Stadium. CIF sanctioned. Contact Al Franken (310) 278-2030 or FAX (310) 278-8402.

April 10 (Sat)

-Arcadia. Arcadia High School Invitational, Arcadia High School. Nils Miller, Arcadia High, 1800 Campus Dr., Arcadia 91007. (818) 446-0131.

-Pierce Golden Bear. Tim Bruder & Bill Wamosh (510) 313-0439.

April 16

-Lemoore. Lemoore Kiwanis Meet.

April 17

-Chowchilla. Chowchilla Invitational.

-McFarland. McFarland Invitational.

-Tulare. Tulare Elks Meet at Tulare Union.

April 23

-Sanger. Sanger Metric Classic.

-Porterville. Tulare County Championships.

-Chico. West Valley/Chico Invitational. Scott Fairley (916) 347-7171.

April 24

-Bakersfield. Kem Relays.

-Yreka. Yreka Lion's Invitational, Yreka High School. Jim Eckman (916) 842-6151.

-San Diego. Mt. Carmel/Pepsi Invitational. Dennis McCleanahan (619) 484-1180.

April 30

-Fresno. Fresno City Championships.

-Visalia. Redwood Invitational.

-Charlie Eaton Relays. Manny Myers (510) 935-2600.

SCHEDULE

May 1

-Reedley. Reedley Invitational.

May 20

-Sanger. CIF Central Section Championships.

June 4 & 5

-CIF/Reebok California State Track & Field Championships. Cerritos College.

June 12 (Sat)

-Sacramento. Golden West High School Invitational, Cal State Univ., John Mansoor, 120 Ponderosa Ct., Folsom 95630. (916) 983-4622. FAX (916) 983-4624.

June 18-19 (Fri-Sat)

-Klamath Falls, OR. Dan O'Brien Invitational High School Decathlon. Doug Stiles, 54109 Southwest 34th Place, Portland, OR 97221. (503) 246-6872.

June 19 (Sat)

-Elmhurst, IL. Keebler International Track Meet, York High School. Joe Newton, Ath Dept., York High School, Elmhurst, IL. 60126. (708) 617-2472.

February 6 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Hamatz. (408) 354-7365.

-Azusa. McDonald's Cougar Classic. Azusa Pacific University.

-Bakersfield. Pepperidge Farm Invitational. CS Bakersfield. Charlie Craig, Ath Dept. 9001 Stockdale Hwy. Bakersfield 93311. (805) 644-2347. FAX (805) 644-2376.

February 13 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Hamatz. (408) 354-7365.

-Reno, NV. Bill Cosby Indoor Invitational, Univ. of Nevada, Roger Bowen, Track Coach, Lawlor Annex, Reno, NV. 89557. (702) 784-6081.

February 19 (Fri)

-Portland, OR. Oregon Indoor Memorial Coliseum Track Meet. Paul Banta, 7335 SE 21st St., Portland, OR 97202. (503) 232-0678.

February 20 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Ed-

wards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64 2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Hamatz. (408) 354-7365.

-Los Angeles. 34th Annual Sunkist Invitational Indoor Track Meet. Los Angeles Sports Arena. 6 p.m. Tickets at Sports Arena (213) 741-2164. Ticketmaster locations or call (213) 480-3232. Al Franken, 9171 Wilshire Blvd., Suite 410, Beverly Hills, CA 90210. (310) 879-9210 (h) (310) 278-2030 (o).

-Flagstaff, AZ. Miller Lite Skydome Invitational. Ron Mann, Track Coach, Northern Arizona Univ., Box 15400, Flagstaff, AZ 86011. (602) 523-5646.

February 23

-Reno, NV. Wolfpack Invitational, Univ. of Nevada, Roger Bowen, Track Coach. Lawlor Annex, Reno, NV. 89557. (702) 784-6081.

February 26 (Fri)

-New York, NY. USA/Mobil, Madison Square Garden, New York. Heliodoro Rico, TAC/USA, P.O. Box 427, Crugers, NY 10521. (914) 271-4252.

February 26-27 (Fri.-Sat.)

-Reno, NV. Mountain Pacific Sports Federation Indoor Championships, Reno Livestock Center. Roger Bowen, Ath Dept. Univ of Nevada, Lawlor Annex, Reno, NV 89557. (702) 784-4385. FAX (702) 784-4508.

College & Open

Track & Field

February 5 (Fri)

-New York. Millrose Games, Madison Square Garden. Howard Schmertz, 2428 Kayron Lane, North Bellmore, NY 11710. (212) 455-5555.

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SCHEDULE

February 27 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 642-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

-Flagstaff, AZ. NAU Invitational. Ron Mann, Track Coach, Northern Arizona Univ., Box 15400, Flagstaff, AZ 86011. (602) 523-5646.

-Azusa. Azusa Pacific Indoor Qualifier. Kevin Ried (818) 969-3434 X 3290.

February 28 (Sun)

-Flagstaff, AZ. Arizona TAC Association Indoor Championships. Northern Arizona Univ. Bob Flint, 8436 E. Hubbell, Scottsdale, AZ. 85257. (602) 949-1991.

March 4-6 (Thurs.-Sat)

-Manhattan, KS. National Jr. College Athletic Ass'n. Indoor Championships, Bramlage Coliseum. Cliff Rovelto, Track Office, Kansas State Univ., Manhattan, KS 66506. (913) 532-6567. FAX (913) 532-7358.

March 6 (Sat)

-Tempe, AZ. Arizona State All Comers, Sun Angel Stadium. Ken Lehman, Track Office, ICA-507, Tempe, AZ 85287-2505. (602) 965-4313. FAX (602) 965-8219.

-Fresno. Bulldog All-Comers, Warmerdam Field. Red Estes, Ath. Dept. #27 FSU, Fresno, CA 93740. (209) 278-4097. FAX (209) 278-6611.

-Portland, OR. Lewis & Clark March Open, Lewis & Clark College. David Fix, Ath Dept. Lewis & Clark College, Portland, OR 97219. (503) 768-7068. FAX (503) 768-7058.

-San Diego. Aztec Invitational, Sportsman Oval. Rhan Sheffield, Ath Dept., San Diego State Univ. San Diego, CA 92182. (619) 594-5594. FAX (619) 582-6541.

March 6-7 (Fri-Sat.)

-Kansas City, MO. NAIA Indoor Championships.

March 12-13 (Fri-Sat)

-Indianapolis, IN. NCAA Division I Indoor Championships, Hoosier Dome. Tom McLean, TAC, One Hoosier Dome, Suite 140, Indianapolis, IN 46224. (317) 261-0500. FAX (317) 261-0481.

-Vermillion, SD. NCAA Division II Indoor Championships, Dakota Dome. Dave Gottsleben, Ath Dept., Univ. of South Dakota, Vermillion, SD 57069. (605) 677-5942. FAX (605) 677-6273.

-Brunswick, ME. NCAA Division III Indoor Championships, Bowdoin College. Peter Slo-

vovski, Ath Dept. Bowdoin College, Morrell Gym, Brunswick, ME 04011. (207) 725-3010. FAX (207) 725-3123.

March 12-14 (Fri.-Sun.)

-Toronto. IAAF World Indoor Championships. Toronto '93, IAAF World Indoor Championships in Athletics, 41 Peter St., 2nd Floor, Toronto, Ontario, Canada M5V 2G2. (416) 341-2348. FAX (416) 341-2371.

March 13 (Sat)

-Sacramento. Sacramento Invitational, Sacramento State Univ. Joe Neff, Ath Dept. 6000 J Street, Sacramento, CA 95819. (916) 278-6208.

-Pomona. Bronco Invitational, Kellogg Field. Jim Sackett, 3801 W. Temple Ave., Pomona, CA 91768. (714) 869-2831. FAX (714) 869-2814.

March 19-20 (Fri-Sat)

-Tucson, AZ. Willie Williams Classic, (Hep & Dec 17-18) Drachman Stadium. Dave Murray, McKale Center, U of AZ, Tucson, AZ 85721. (602) 621-4829. FAX (602) 621-2681.

March 20 (Sat.)

-Santa Barbara. Easter Relays. Nick Carter Stadium. Russell Smelley, Ath Dept. 955 La Paz Rd., Santa Barbara, CA 93108-1099. (805) 565-6010.

-Tempe, AZ. Arizona State Invitational, Sun Angel Stadium. Ken Lehman, Track Office, ICA - 507, Tempe, AZ 85287-2505. (602) 965-4313. FAX (602) 965-8219.

March 20-21 (Sat.-Sun)

-Los Angeles. Occidental Decathlon & Heptathlon, Bill Henry Track. Bill Harvey, Ath Dept, Occidental College, Los Angeles, CA 90041. (213) 259-2608. FAX (213) 341-4993.

March 25-26 (Thurs.-Fri.)

-Tempe, AZ. Sun Devil Multi-Event Invitational, Sun Angel Stadium. Ed Gorman, Track Office, ICA - 507, Tempe, AZ 85287-2505. (602) 965-2406. FAX (602) 965-8219.

March 26 (Fri)

-Tempe, AZ. Sun Devil Invitational Distance Carnival. See info from March 25-26.

March 26-27 (Fri-Sat)

-Stanford. Stanford Invitational, Stanford Stadium. Vin Lannana, Ath Dept., Stanford Univ., Stanford, CA 94305. (415) 723-2736.

-San Francisco. San Francisco Invitational Multi Event Classic, Cox Stadium. Dave Wetzel, Ath Dept. 1600 Holloway Ave., San Francisco, CA 94132. (415) 338-1561. FAX (415) 338-1967.

March 27 (Sat.)

-Northridge. Cal State Northridge Invitational. Tony Veney, Ath Dept., 18111 Nordhoff St., Northridge, CA 91330. (818) 885-3242. FAX (818) 885-4762.

-Tempe, AZ. Sun Devil Invitational. See info from March 25-26.

-Sacramento. River City Classic, Sacramento State Univ. Joe Neff, Ath Dept. 6000 J Street, Sacramento, CA 95819. (916) 278-6208. FAX (916) 278-5429.

April 2-3 (Fri-Sat)

-Fresno. Fresno Relays, Ratcliffe Stadium. Red Estes, Ath., Dept. #27 FSU, Fresno, CA 93740. (209) 278-4097. FAX (209) 278-6611.

-Sacramento. Stan Wright/Panther Invitational, Hughes Stadium. Joe Neff, Ath Dept., 6000 J Street, Sacramento 95819. (916) 278-6208. FAX (916) 278-5429.

April 3 (Sat.)

-Santa Barbara. GSAC Championships. 1 p.m.

-Riverside. Riverside Invitational, Highlander Track. Chris Rinne, Coach, U of California, Riverside, CA 92521. (714) 787-5207. FAX (714) 787-5889.

-Tempe, AZ. Sun Angel Track Classic. Herman Frazier, Arizona St U-ICA, Tempe, AZ 85287-2505. (602) 965-3856. FAX (602) 965-8219.

April 5-6 (Mon.-Tues.)

-Fresno. FSU Easter Decathlon & Heptathlon, Warmerdam Field. Red Estes, Ath. Dept. #27 FSU, Fresno, CA 93740. (209) 278-4097. FAX (209) 278-6611.

April 10 (Sun)

-Davis, CA. Woody Wilson Invitational (Multis Apr 9-10) Toomey Field. Jon Vochatzer, Ath Dept., UC Davis, Davis, CA 95616. (916) 752-8608. FAX (916) 752-6681.

April 15-16 (Thu-Fri)

-Walnut Mt. SAC & California Invitational Decathlon/Heptathlon. 8 a.m. Azusa Pacific Univ. Kevin Reid/Terry Franson, Citrus & Alostia, Azusa, CA 91702. (818) 969-3434x3290x3294. FAX (818) 969-7180.

-Sacramento. Sacramento City College Decathlon, Hughes Stadium. Bob Lanza, 383 Freeport Blvd., Sacto 95822-1386. (916) 558-2305.

April 15-18 (Thu-Sun)

-Walnut Mt. SAC Relays. Hilmer Lodge Stadium. Dan Shrum, 1100 No. Grand Ave., Walnut 91789. (714) 594-5611x4840. FAX (714) 594-4266.

April 17 (Sat)

-Eugene, OR. Oregon Invitational (Hep & D 4/15-16), Hayward Field. Mark Stream, 27 Leo Harris Parkway, Eugene, OR 97403. (503) 346-5321. FAX (503) 346-5449.

-San Francisco. Johnny Mathis Invitational Cox Stadium. Dave Wetzel, Ath Dept. 1600 Holloway Ave. San Francisco 94132. (415) 338-1561. FAX (415) 338-1967.

SCHEDULE

338-1561. FAX (415) 338-1967.

-Long Beach. Long Beach State Grand Prix, Long Beach State Track. Andy Sythe, 1250 Bellflower Blvd., Long Beach 90840. (310) 985-1700. FAX (310) 985-8197.

-Salinas, CA. Hartnell College Thrower's Meet, Hartnell College. Gary Shaw, Coach, 156 Homestead Ave., Salinas 93901. (408) 755-6845. FAX (408) 755-6751.

April 20 (Tues)

-Long Beach. Long Beach Collegiate Invitational Classic. Info same as April 17th.

April 24 (Sat.)

-Azusa. Meet of Champions. Azusa Pacific University. Noon. Kevin Reid/Terry Franson, Citrus & Alosta, Azusa 91702. (818) 969-3434x3290x3294. FAX (818) 969-7180.

-Turlock. Stanislaus Invitational, CSU Stanislaus. Kim Kemp, Ath Dept. 801 W. Monte Vista Ave., Turlock 95380. (209) 667-3566x3312. FAX (209) 667-3084.

-Santa Barbara. UC Santa Barbara Gaucho Invitational, Pauley Track. Pete Dolan, Ath Dept. UCSB, Santa Barbara 93106. (805) 893-8276.

April 24-25 (Sat.-Sun.)

-Irvine. Irvine Invitational, UC Irvine Stadium. Vince O'Boyle, Crawford Hall, UCI, Irvine 92717. (714) 856-6080. FAX (714) 856-5260.

May 1 (Sat.)

-San Diego. UC San Diego Invitational. 11 a.m.

-Northridge. Northridge Open, CS Northridge. Tony Veney, Ath Dept., 18111 Nordhoff St., Northridge 91330. (818) 885-3242. FAX (818) 885-4762.

-Tucson, AZ. Arizona Last Chance, Drachman Stadium. Dave Murray, Track Office, McKale Center, U of AZ, Tucson, AZ 85721. (602) 621-4829. FAX (602) 621-2681.

-Santa Barbara. Nick Carter Invitational (Men), Pauley Track. Pete Dolan, Ath Dept. UCSB, Santa Barbara 93106. (805) 893-8276. FAX (805) 893-8640.

May 7-8 (Fri-Sat.)

-NAIA District III Championships. Noon. Azusa Pacific Univ. Terry Franson/Kevin Reid, Citrus & Alosta, Azusa 91702. (818) 969-3434x3290x3294. FAX (818) 969-7180.

-Long Beach. Big West Conference Championships, Long Beach State Track. Andy Sythe, 1250 Bellflower Blvd., Long Beach 90840. (310) 985-1700. FAX (310) 985-8197.

-Arcata. Northern California Athletic Conference Outdoor Championships, Redwood Bowl. David Wells, Humboldt State Univ. Arcata 95521. (707) 826-5955. FAX (707) 826-5961.

May 8 (Sat)

-Los Angeles. Occidental Invitational, Bill Henry Track. Bill Harvey, Ath Dept. 1600 Campus Rd., Los Angeles 90041. (213) 259-2608. FAX (213) 341-4993.

-Modesto. S&W Modesto Invitational, Modesto JC Stadium. Tom Moore, P.O. Box 367, Ceres 95307. (209) 537-0411. FAX (209) 572-5982.

May 15 (Sat.)

-Pomona. Pomona Last Chance Meet. 11 a.m.

-San Francisco. Kezar-Mizuno Invitational. Mike Fanelli (415) 252-5370. Jerry Colman (916) 487-3175.

-Sacramento. Homet Invitational, Sacramento State Univ. Joe Neff, Ath Dept, 6000 J Street, Sacramento 95819. (916) 278-6208. FAX (916) 278-5429.

-Eugene, OR. Oregon Twilight, Hayward Field. Mark Stream, 2727 Leo Harris Parkway, Eugene, OR. 97401. (503) 346-5321. FAX (503) 346-5449.

May 15-16 (Sat-Sun)

-Santa Barbara. Late Afternoon Decathlon, Pauley Track, Pete Dolan, Ath Dept. UCSB, Santa Barbara 93106. (805) 893-8276. FAX (805) 893-8640.

May 19-22 (Wed-Sat)

-El Paso, TX. Western Athletic Conference Championships, UTEP. Bob Kitchens, Ath Dept, Univ. Texas El Paso, El Paso, TX 79968. (915) 747-5812. FAX (915) 747-5444.

May 20-22 (Thu-Sat)

-Abbotsford, B.C., Canada. NAIA Outdoor Championships. Wally Schwartz, 1221 Baltimore Ave., Kansas City, MO 64105. (816) 842-5050. FAX (816) 421-4471.

-Odessa, TX. National Junior College Athletic Ass'n. Championships (Hep & Dec 5/12-13), Ratliff Stadium. James Segrest/Que McMaster, 201 W. University, Odessa, TX 79764. (915) 335-6567. FAX (915) 335-6304.

May 21-22 (Fri-Sat)

-Berkeley. Pacific-10 Conference Championships (Multi 14-15), Edwards Stadium. Erv Hunt, Ath Dept., Harmon Arena, Berkeley 94720. (510) 642-3158. FAX (510) 642-1765.

-Santa Monica. Santa Monica Twilight Distance Classic (not a road race), Santa Monica College. Skip Stolley, 825 16th St., Suite B, Santa Monica 90403. (310) 453-7655.

-Redding. California Junior College Championships, Shasta College. Gary Lewis, Ath Dept., 11555 North Old Oregon Trail, Redding 96049-6006. (916) 221-1428.

May 24 (Mon)

-Gainesville, FL. NCAA Qualifier, Percy Beard Track. John Webb, Ath Dept. Box

14485, U of Florida, Gainesville, FL. 32604. (904) 375-4684x4461. FAX (904) 375-4809.

May 25-26 (Tues-Wed)

-Long Beach. Southern California TAC Ass'n. Heptathlon Championships, Long Beach State Track. Andy Sythe, 1250 Bellflower Blvd. Long Beach 90840. (310) 985-1700. FAX (310) 985-8197.

May 26 (Wed)

-Tucson, AZ. Arizona Elite Classic, Drachman Stadium. Dave Murray, McKale Center, U of AZ, Tucson, AZ 85721. (602) 621-4829. FAX (602) 621-2681.

-Fresno. FSU Last Chance, Warmerdam Field. Red Estes, Ath Dept, #27 FSU, Fresno 93740. (209) 278-4097. FAX (209) 278-6611.

-Long Beach. Long Beach Twilight Invitational, Long Beach State Track. See info from May 25-26.

May 26-29 (Wed-Sat)

-Berea, OH. NCAA Division III Championships (Hep & Dec 5/26-27), Baldwin Wallace College. Bill Tarashke, 130 East Bagley Rd., Berea, OH 44017. (216) 826-2184. FAX (216) 826-2192.

May 27-29 (Thrus-Sat)

-Abilene, TX. NCAA Division II Championships (Hep & Dec 5/27-28), Gray Stadium. Wes Kittley, Box 7916, ACU Station, Abilene, TX 79699-7916. (915) 674-2321/674-2581. FAX (915) 674-6904.

May 29 (Sat)

-San Jose. Bruce Jenner Classic (Grand Prix Meet), San Jose City College. Bert Bonanno, Ath Dept., 2100 Moorpark Ave., San Jose 95128. (408) 288-3732. FAX (408) 287-7222.

May 30 (Sun)

-Norwalk, CA. SPA/TAC Outdoor Championships, Cerritos College. Doug Wells, Ath Dept, 11110 E Alondra Blvd., Norwalk 90650. (310) 860-2451x236.

June 2-5 (Wed-Sat)

-New Orleans, LA. NCAA Division I Championships, Tad Gormley Stadium. Sam Seemes, Ath Dept. Tulane Univ., New Orleans, LA 70118. (504) 865-5501. FAX (504) 865-5512.

June 5 (Sat)

-Eugene, OR. Prefontaine Classic, Hayward Field. Tom Jordan, 2110 Fairmount Blvd., Eugene, OR. 97403. (503) 683-5635. FAX (503) 687-1016.

-New York, NY. MET TAC Outdoor Championships, Randalls Island, NY. Tracy Sundlun-MAC, 57 Reade St., 4th Floor, New York City, NY 10007. (212) 227-0071. FAX (212) 227-0756.

SCHEDULE

June 6 (Sun)

-Monmouth, OR. Oregon TAC Ass'n. Open Track & Field Championships, Griswold Stadium. Bemy Wagner, 1111 Pawnee Circle, SE, Salem, OR 97306. (503) 585-8107.

June 10 (Thurs)

-Long Beach. TAC Tune-Up, Long Beach State Track, Andy Sythe, 1250 Bellflower Blvd., Long Beach 90840. (310) 985-1700. FAX (310) 985-8197.

June 11 (Fri)

-Central California TAC Ass'n Championships. Ken Dose, 1101 E. University Ave., Fresno 93741. (209) 442-4600. FAX (209) 485-3367.

June 17-19 (Thurs-Sat)

-Eugene, OR. USA/Mobil Outdoor Championships (Multis 15-16), Hayward Field. Tom Jordan/Barbara Kousky, P.O. Box 10825, Eugene, OR 97440. (503) 687-1989. FAX (503) 687-1016.

July 1 (Thurs)

-Long Beach. Long Beach Summer All-Comers, Long Beach State Track. Andy Sythe, 1250 Bellflower Blvd., Long Beach 90840. (310) 985-1700. FAX (310) 985-8197.

July 3 (Sat)

-Sacramento. Independence Invitational, Sacramento State Univ. Joe Neff, Ath Dept, 6000 J Street, Sacto 95819. (916) 278-6208. FAX (916) 278-5429.

July 22 (Thurs)

-Long Beach. Long Beach Summer All-Comers. Info same as July 1.

August 13-22

-Stuttgart, Germany. IAAF World Championships.

Masters

Track & Field

February 6 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64

2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

-Bakersfield. CSUB Roadrunner Invitational. Contact Charlie Craig, Track Office, Athletics Dept., 9001 Stockdale Hwy., Bakersfield 93311-1099.

February 13 (Sat.)

-Palm Springs. California Outdoor Senior Olympics, Palm Springs High. Ben Green, 480 S. Sunrise, Palm Springs 92262. (619) 323-5689. FAX (619) 320-9373.

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64

2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

February 20 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64

2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

-Santa Ana. John Ward Masters T&F Meet. Rancho Santiago College, 17th St., & Bristol. Info: (714) 564-6936.

February 27 (Sat.)

-Berkeley. Cal All-Comers T&F Meet. Edwards Field, Cal Berkeley. 11 a.m. Youth, High School, Open, Masters--Men & Women. Entry \$2. per person. Info: (510) 64

2-3158, 642-1649 or 642-3867.

-Los Gatos. All-Comer Track Meets, Los Gatos High School. Willie Harmatz. (408) 354-7365.

March 13 (Sat.)

-Los Angeles. LA Patriots Meet. LA City College. Info: (213) 662-1062.

March 20-21 (Sat-Sun)

-Bozeman, MT. TAC/USA National Masters Indoor Championships, Montana State Univ. Bob Sager, 545 Coulee Dr., Bozeman, Mt. 59715. (406) 587-1141.

April 25 (Sun)

-Sacramento. Ken Camine Masters Invitational, Sacto State Univ. Joe Neff, Ath Dept, 6000 J St., Sacto 95819. (916) 278-6208. FAX (916) 278-5429.

May 15 (Sat.)

-Long Beach. Southern California Striders T&F Meet. CS Long Beach. (213) 666-0379.

June 12 (Sat)

-Los Gatos. Pacific TAC Ass'n. Masters Championships, Los Gatos High School. Bruce Springbett, 220 Oak Meadow Dr., Los Gatos 95030. (408) 354-7333.

June 19 (Sat)

-Los Gatos. Pacific TAC Ass'n. Masters Championships. Info same as June 12.

-Los Angeles. Southern California TAC Ass'n. Masters Championships, Occidental College. Christel Miller, 1740 Grandview Ave. Glendale 91201. (818) 843-2139.

July 11 (Sun.)

-Los Angeles. Trojan Masters Meet. USC. (818) 917-6289.

July 11-12

-Columbus, OH. Natl Decathlon /Heptathlon.

August 11-14 (Wed-Sat)

-Provo, UT. TAC/USA National Masters Outdoor Championships, Brigham Young Univ. Ben Stowell, 1663 Moordale Lane, Salt Lake City, UT 84117. (801) 272-9316.

September 24 (Fri)

-Long Beach. Sri Chinmoy Masters Meet. CS Long Beach. (213) 838-4746.

October 2

-Santa Barbara. Club West Meet. Santa Barbara City College. (805) 682-9540.

October 6-17

-Miyazaki, Japan. WAVA World Games. 81-985-32-3376. FAX: 81-985-31-1153.

Camps / Clinics

February 6

-Union City. Northern California Olympic Developmental Track & Field Clinic. At James Logan High School. A learn-by-doing clinic. 9 a.m. - 3:30 p.m. Contact Lee Webb (510) 471-2520 ext 4113 (days) or (510) 505-9557 (eves.).

July 9-13 (Fri.-Tues.)

-Buffalo, New York. XIII International Track & Field Coaches Association Congress & Clinic. (Immediately Preceding the World University Games). Track & Field Events at Univ. of Buffalo Stadium. ITFCA, 1705 Evanston St, Kalamazoo, Michigan 49008.

August 2-8 (Mon-Sun)

-Lake Tahoe, CA. Camp Fleet Feet. Fitness Sports Camp. Camp Fleet Feet, 4455 Arden Way, Sacramento, CA 95864. (916) 972-1119.

August 1-Sept. 4:

-9th Annual Runner's Workshop Cross Country Running Camps. (Coed - Ages 12 & Older). Aug. 1-6: Lake Tahoe, CA. Aug. 8-13: Lake Tahoe, CA. August 8-13: Prescott, AZ. Aug. 24-29: Catalina Island, CA. Aug. 30-Sept. 4: Catalina Island, CA. For more info contact Mark & Rene Celestin, Coordinators: (310) 493-7545. Runner's Workshop Inc. P.O. Box 5028, Los Alamitos, CA 90720.

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THEO MARTIN

Page, AZ

Fine Flicks by Don Gosney



MILENA GLUSAC

Fallbrook, CA

Fine Flicks by Don Gosney

WEST REGIONAL

December 5, 1992

Woodward Park, Fresno, CA

By Doug Speck

Seeded Races

It was some of the old, some of the new, and enough surprises to keep it interesting at Fresno's (Ca) Woodward Park for the Kinney Western Regional under ideal racing conditions. Over 2000 athletes took part in a full day of racing that concluded with Girls and Boys Seeded contests.

In the Girls event, defending Regional champion Milena Glusac (Fallbrook, CA) followed her usual tactic of rocketing away at the start, with a first mile of 5:19 that only Carrie Garritson (Buena Park, CA) wanted to stay within fifteen yards of. Agoura (CA) soph Amy Skieresz led the next pack, made up of state champions from around the region, some fifteen yards behind Garritson. Glusac continued to fly, leading by twenty-five yards as the race headed towards the course's only tough hill, just before the two mile mark. Skieresz started to close down on Garritson up that grade, with Marie Davis (Lincoln, Portland, OR) and Virginia Pedersoli

(Amphitheater, Tucson, AZ) leading a dozen others in a pack some twenty yards behind the first trio. Glusac rolled through two miles at 10:58 with a ten second lead. The lead California threesome continued to fly away from the field, with Marie Davis, Pedersoli, and Jessica Fry (Rogers, Spokane, WA) edging away for the next qualifying spots. The contest for the final two western team spots was as tight as any in the history of this fine event, with Karen Bockel (Nordhoff, Ojai, CA), a German foreign exchange student, and Kortney Dunscombe (Bend, OR) leading in ahead of Anikai Webb (Bear River, Grass Valley, CA) and Floria Bighair (Hardin, Mt), with Dunscombe, Webb, and Bighair within a foot at the finish.

Glusac's 17:11 equalled her winning clocking from last year (=#5 all-time on the course for preps), with the San Diego county star indicating later that things went about as planned, and that she held a little in reserve for next week's nationals. The big pressure will be on the local lass at the nationals (Fallbrook is about 30 miles north of the Kinney Nationals course at Balboa Park in San Diego), with Glusac ending up 30th last year while suffering from dehydration after going in as one of the favorites.

The Boys contest was much tighter early on, with Mebrahtom Keflezighi (San Diego

HS, CA), a native of Etria (an area that recently broke away from Ethiopia), leading a group of twenty within fifteen yards of each other as they came through the mile at 4:34. Tight pack running continued, with thirteen close together as they approached the hill at two miles, with Brian Wilkinson (Merced, CA), the nation's leading returning 800 (1:51.19) and 1600m (4:11.17) runner, putting in a quick spurt before the uphill portion, moving to a twenty yard lead and breaking the race open. Most surprising member of the pack was Michael Gomez (West Anchorage, AK) (remember their state meet was back two months ago). Up the hill it was Matthew Davis (Mead, Spokane, WA) who moved strongest, passing Wilkinson at the two mile mark at 9:32 with Page HS of Arizona twins, Theo and Tim Martin, defending Regional Champion Margarito Casillas (Hoover, Glendale, CA), and surprising Jim Cera (Upland, CA), closest. Davis looked as if he would power away from everyone, but the veteran Martin twins remained close, finishing strongly over the final quarter mile to make it a surprising 1-2 family affair. Davis finished third, with Cera holding on to fourth. Alaskan Gomez shocked in fourth as the first ever male qualifier from his state, with first year harrier Jaime Martinez (Orange, CA) seventh. Casillas blew up at two and a half miles, finishing

continued next page.

forty-eighth, with other California returnee (and one of the favorites here) Ryan Wilson (Agoura, CA) a non-finisher.

■ Freshman Boys

1	Mario Argueta, Fr, Loma Linda, CA	16:19.0
2	Marcus Castro, Fr, Palmdale, CA	16:23.0
3	Brad Treat, Fr, Kallispell, MT	16:32.0
4	Adrian Webb, Fr, San Jose, CA	16:40.0
5	Michael Jones, Fr, Livermore, CA	16:44.0
6	Larry Henderson, Fr, San Diego, CA	17:00.0
7	Kevin Stanley, Fr, Kayenta, AZ	17:00.0
8	Chris Torres, Fr, Avenal, CA	17:02.0
9	Jesse Barragan, Fr, Long Beach, CA	17:04.0
10	Chris Duran, Fr, Espanola, NM	17:05.0
11	Jeff Hopkinson, Fr, So. Jordan, UT	17:09.0
12	Kevin Casper, Fr, Orem, UT	17:12.0
13	Kevin Koepfer, Fr, Arcadia, CA	17:13.0
14	Michael Redshirt, Fr, Page, AZ	17:14.0
15	Dustin Wadlow, Fr, Modesto, CA	17:18.0
16	Chad Schmidt, Fr, Bakersfield, CA	17:21.0
17	Todd Disney, Fr, Thousand Oaks, CA	17:23.0
18	Jeremy Lyon, Fr, Hesperia, CA	17:26.0
19	Kirk Hill, Fr, Green River, WY	17:26.0
20	James Stewart, Fr, Los Alamos, NM	17:27.0
21	Matthew Dawson, Fr, San Diego, CA	17:27.0
22	Scott Jensen, Fr, Casper, WY	17:31.0
23	Edgar Benitez, Fr, Anaheim, CA	17:33.0
24	Mario Arce, Fr, Palmdale, CA	17:36.0
153 Finishers		

■ Sophomore Boys

1	Kevin Marsden, So, Thousand Oaks, CA	16:04.0
2	Dave Mitchell, So, Los Osos, CA	16:11.0
3	Antonio Arce, So, Palmdale, CA	16:12.0
4	Dula Parkinson, So, Orem, UT	16:16.0
5	Sky DeTray, So, Mead, WA	16:20.0
6	Manuel Romero, So, Escondido, CA	16:22.0
7	Ruben Carrillo, So, Chula Vista, CA	16:24.0
8	Kenny Goodrich, So, Rancho Pk, CA	16:25.0
9	John Greene, So, Agoura, CA	16:26.0
10	David James, So, Salt Lake City, UT	16:28.0
11	Jason White, So, Chula Vista, CA	16:30.0
12	Joel Givens, So, Valencia, CA	16:31.0
13	Kevin Bowers, So, San Diego, CA	16:32.0
14	Zach Barrett, So, Santa Rosa, CA	16:33.0
15	Corbin Talley, So, Riverton, UT	16:33.0
16	Michael Klass, So, Salt Lake City, UT	16:33.0
17	Zachary James, So, Orem, UT	16:34.0
18	Francisco Sandoval, So, Oxnard, CA	16:37.0
19	Keith Kennedy, So, San Leandro, CA	16:37.0
20	Tom Becker, So, Los Altos Hills, CA	16:38.0
21	Greg Phister, So, Davis, CA	16:41.0
22	Eleazar Hernandez, So, Camarillo, CA	16:41.0
23	Steve Immel, So, Livermore, CA	16:43.0
24	David Romero, So, San Diego, CA	16:44.0
298 Finishers		

■ Frosh/Soph Girls

1	Patricia Gibby, Fr, Thousand Oaks, CA	18:57.0
2	Elizabeth Robles, So, Baldwin Park, CA	19:12.0
3	Nicole Hyer, So, West Valley City, UT	19:13.0
4	Valencia Tilden, Fr, Gallup, NM	19:14.0
5	Deborah Bleisch, Fr, San Jose, CA	19:18.0
6	Tania Nunez, So, Chino, CA	19:24.0
7	Betsy Meek, Fr, Clatskanie, OR	19:25.0
8	Meghan Randall, So, Aptos, CA	19:28.0
9	Jenny Card, So, Lakeside, CA	19:33.0
10	Michelle O'Connor, Fr, San Diego, CA	19:40.0

11	Stephanie Kelly, So, Sandy, UT	19:43.0
12	Amber Bunch, Fr, Fallbrook, CA	19:44.0
13	Delee Bersbach, So, Elk Grove, CA	19:45.0
14	Melanie Pickett, So, San Diego, CA	19:46.0
15	Tara Marsden, Fr, Thousand Oaks, CA	19:46.0
16	Heather Wallace, Fr, Clayton, CA	19:46.0
17	Heather DeWitt, So, Orem, UT	19:48.0
18	Katie Steele, So, Orem, UT	19:50.0
19	Crystal Harris, So, San Bernardino, CA	19:55.0
20	Rebecca Mendon, Fr, Chico, CA	19:56.0
21	Monica Berlin, So, Ojal, CA	19:56.0
22	Julie Hassan, So, Nevada City, CA	19:57.0
23	Karen Padilla, Fr, Coarsegold, CA	19:59.0
24	Sharlene Downing, So, Las Vegas, NV	20:00.0
257 Finishers		

■ Junior Boys

1	Joe Wilson, Jr, Veteran, WY	15:58.0
2	Ned Presnal, Jr, Sacramento, CA	16:12.0
3	Joey Taverner, Jr, Los Osos, CA	16:13.0
4	John Atwood, Jr, Castro Valley, CA	16:14.0
5	Kevin Davidson, Jr, Alpine, UT	16:16.0
6	Luis Ramos, Jr, Salinas, CA	16:17.0
7	David Bell, Jr, American Fork, UT	16:17.0
8	Jonathan Bischof, Jr, Canyon Country, CA	16:19.0
9	Daniel O'Connor, Jr, San Diego, CA	16:21.0
10	Delfino Resendiz, Jr, Anaheim, CA	16:26.0
11	Matt Batchelor, Jr, Merced, CA	16:26.0
12	Dennis Sweningson, Jr, Ventura, CA	16:27.0
13	Aaryn Olsson, Jr, Tucson, AZ	16:27.0
14	Nate Hill, Jr, Plain City, UT	16:27.0
15	Eduardo Verdejo, Jr, Bakersfield, CA	16:29.0
16	Adam Loo, Jr, La Crescenta, CA	16:30.0
17	Blake Timm, Jr, Klamath Falls, OR	16:33.0
18	Peter Gallardo, Jr, El Monte, CA	16:35.0
19	Jess Dalton, Jr, Salt Lake City, UT	16:35.0
20	Thomas Beckum, Jr, Downey, CA	16:35.0
21	Devan DeWitt, Jr, Orem, UT	16:36.0
22	Steven Renaud, Jr, Grants Pass, OR	16:37.0
23	Mike Wenz, Jr, Canyon Country, CA	16:41.0
24	Chris Coleman, Jr, Lemoore, CA	16:43.0
273 Finishers		

■ Junior/Senior Girls

1	Kara Ackerly, Jr, Bigfork, MT	19:05.0
2	Rachel Rohlf, Sr, Spokane, WA	19:06.0
3	Jami Nelson, Jr, Grass Valley, CA	19:14.0
4	Liz Howell, Jr, Portland, OR	19:23.0
5	Shelley Zickler, Jr, Spokane, WA	19:26.0
6	Sally Pyle, Jr, Susanville, CA	19:34.0
7	Catherine Venables, Sr, Alameda, CA	19:36.0
8	Jennifer Vergith, Sr, San Diego, CA	19:40.0
9	Sheri Goodwin, Jr, Seattle, WA	19:43.0
10	Courtney Kurth, Jr, San Diego, CA	19:47.0
11	Stefanie Hansen, Jr, Salt Lake City, UT	19:48.0
12	My Nguyen, Jr, Seattle, WA	19:54.0
13	Sheila Madigan, Jr, Bernalillo, NM	19:58.0
14	Jane Ragland, Jr, Everett, WA	20:00.0
15	Emilee Marek, Jr, Orem, UT	20:00.0
16	Tricia Satre, Jr, Juneau, AK	20:04.0
17	Kami Schofield, Jr, Visalia, CA	20:06.0
18	Stephi Giuntini, Sr, Susanville, CA	20:07.0
19	Christy Ruffin, Sr, Ventura, CA	20:09.0
20	Kristin Warnock, Jr, Beaverton, OR	20:13.0
21	Shannon McGuire, Sr, Sheridan, WY	20:16.0
22	Melissa Sharp, Jr, Albuquerque, NM	20:16.0
23	Shannon Wilhite, Sr, Spokane, WA	20:17.0
24	Diane Henson, Jr, Tucson, AZ	20:19.0
222 Finishers		

■ Senior Boys

1	Charles Mansfield, Sr, Canyon Country, CA	15:46.0
2	Jonathan Westerman, Sr, Seattle, WA	15:58.0
3	Jason Blackham, Sr, Orem, UT	16:04.0
4	Luis Cervantes, Sr, El Monte, CA	16:10.0
5	Juan Hernandez, Sr, Los Angeles, CA	16:10.0
6	Dan Holm, Sr, Orem, UT	16:11.0
7	Tyler Sherman, Sr, Springfield, OR	16:13.0
8	Forgot Number, 0	16:14.0
9	Greg Fox, Sr, Seattle, WA	16:14.0
10	Jerome Ross, Sr, Anchorage, AK	16:15.0
11	Chris Palmer, Sr, Alameda, CA	16:16.0
12	Leonard Diaz, Sr, Burbank, CA	16:17.0
13	Tommy Givens, Sr, Valencia, CA	16:19.0
14	Oscar Vizar, Sr, Los Angeles, CA	16:19.0
15	Nathan Jobe, Sr, Ventura, CA	16:20.0
16	Dan Boehle, Sr, San Bruno, CA	16:21.0
17	Ryan Glass, Sr, Thousand Oaks, CA	16:22.0
18	Adam Moore, Sr, Riverton, UT	16:23.0
19	David Campbell, Sr, San Ramon, Ca 94583	16:23.0
20	Adrian Baca, Sr, Los Angeles, CA	16:23.0
21	Jonathan Eveleth, Sr, Valencia, CA	16:24.0
22	Geoffrey Wulschlager, Sr, Pasadena, CA	16:24.0
23	Jason Yingling, Sr, San Jose, CA	16:25.0
24	John Holman, Sr, Tucson, AZ	16:26.0
256 Finishers		

■ Seeded Girls

First Team All-Western / National Qualifiers		
1	Milena Glusac, Sr, Fallbrook, CA	17:11.0
2	Amy Skiersz, So, West Lake Village, CA	17:27.0
3	Carrie Garrison, Jr, Fullerton, CA	17:46.0
4	Marie Davis, So, Portland, OR	17:57.0
5	Virginia Pedersoli, Sr, Tucson, AZ	18:03.0
6	Jessica Fry, Jr, Spokane, WA	18:07.0
7	Karen Bockel, Sr, Ojal, CA	18:12.0
8	Kortney Dunscombe, Jr, Sunriver, OR	18:13.0
Second Team All-Western		
9	Anikal Webb, Sr, Grass Valley, CA	18:13.0
10	Flora Bighair, So, Crow Agency, MT	18:13.0
11	Susan Prentice, Sr, Albuquerque, NM	18:19.0
12	Emily Nay, So, Helena, MT	18:28.0
13	Amy Macarthur, Sr, Tucson, AZ	18:33.0
14	Kim Nelson, Jr, Anaheim, CA	18:38.0
15	Liz Leigh-Wood, Sr, Aptos, CA	18:39.0
16	Domatilla Torrens, Sr, Los Altos, CA	18:41.0
Third Team All-Western		
17	Kelly Jordan, Sr, Bend, OR	18:42.0
18	Rosy Gardner, Jr, Salt Lake City, UT	18:43.0
19	Rachel Jaten, Sr, Spokane, WA	18:43.0
20	Maribella Aparicio, Sr, Fillmore, CA	18:44.0
21	Erin Hallinan, Sr, Gillette, WY	18:44.0
22	Sherrie Donovan, Jr, Madera, CA	18:48.0
23	Kristie Camp, Sr, Agoura Hills, CA	18:53.0
24	Jennifer Wong, Sr, Los Angeles, CA	18:54.0
25	Heather Frushour, Jr, Orem, UT	18:57.0
26	Danielle Bornefeld, Sr, Kayenta, AZ	18:58.0
27	Kara Ormond, So, Orem, UT	18:58.0
28	Erica Sumi, Sr, Long Beach, CA	18:58.0
29	Michelle Muething, Sr, Pleasanton, CA	18:59.0
30	Michele Cox, Sr, Escondido, CA	19:00.0
31	Laura Monson, Sr, Claremont, CA	19:02.0
32	Diane Wilson, Sr, Bend, OR	19:03.0
33	Patricia Trejo, Sr, Los Angeles, CA	19:05.0
34	Kelly Roda, Sr, Irvine, CA	19:06.0
35	Gwen Twist, Jr, Newport Beach, CA	19:09.0
36	Amy Halbauer, So, Chico, CA	19:09.0
37	Gabriela Rodriguez, Jr, Oxnard, CA	19:11.0
38	Carrie Caulkins, So, Yorba Linda, CA	19:11.0
39	Brynn Abby, Jr, Bend, OR	19:14.0

continued next page...

40	Megan Reeder, Sr, Santa Rosa, CA	19:14.0
41	Grace Durnell, Jr, Merced, CA	19:15.0
42	Kristina Dahlberg, Sr, Orange, CA	19:15.0
43	Iris Cripps, Jr, Glendale, OR	19:18.0
44	Jill Nielson, So, Provo, UT	19:19.0
45	Allison Rockwell, Jr, Spokane, WA	19:19.0
46	Amy Flora, Sr, Myrtle Point, OR	19:19.0
47	Dana Ergenbright, Jr, Bend, OR	19:20.0
48	Sarah Piccolo, Jr, Carson City, NV	19:24.0
49	Elyse Hornberger, So, Huntington Beach, CA	19:25.0
50	Jamie Whitmore, Jr, Sacramento, CA	19:25.0
117 Finishers		

Seeded Boys

First Team All-Western / National Qualifiers		
1	Theo Martin, Sr, Newport Beach, CA	14:57.0
2	Tim Martin, Sr, Page, AZ	15:00.0
3	Matthew Davis, Jr, Mead, WA	15:05.0
4	Jim Cera, Sr, Upland, CA	15:13.0
5	Michael Gomez, Jr, Anchorage, AK	15:13.0
6	Michael Love, Sr, Orange, CA	15:14.0
7	Jaime Martinez, Jr, Orange, CA	15:14.0
8	John Tsabetsaye, Jr, Zuni, NM	15:16.0
Second Team All-Western		
9	Brandon Leslie, So, Church Rock, NM	15:18.0
10	Mebratom Kellezighi, Jr, San Diego, CA	15:19.0
11	Nathan Nutter, Jr, Phoenix, AZ	15:26.0
12	Juan Pinal, Sr, San Jose, CA	15:35.0
13	Carl Decker, Sr, Bend, OR	15:36.0
14	Mike Wilkey, Sr, Green River, WY	15:36.0
15	Jeremy Skinner, So, Gillette, WY	15:37.0
16	Chadd Aldrich, Jr, Thousand Oaks, CA	15:37.0
Third Team All-Western		
17	Jason Balkman, So, Saratoga, CA	15:38.0

18	Ezra Ellis, Sr, Spokane, WA	15:39.0
19	Kelly Lambert, Sr, Lincoln City, OR	15:40.0
20	Matthew Farley, Jr, Sacramento, CA	15:41.0
21	Ricardo Brewer, Sr, Glendale, CA	15:42.0
22	Brian Wilkinson, Sr, Merced, CA	15:43.0
23	Nick Niles, Sr, Sacramento, CA	15:43.0
24	Marc Lawson, Sr, Fresno, CA	15:43.0
25	Nazario Romero, Sr, Escondido, CA	15:44.0
26	Michael Galeana, Sr, Hoquiam, WA	15:46.0
27	Andrew Hunt, Jr, Springfield, OR	15:46.0
28	Elvis Terry, Sr, Albuquerque, NM	15:47.0
29	Jeffrey Fischer, So, Thousand Oaks, CA	15:48.0
30	Terry Biah, Sr, Flagstaff, AZ	15:49.0
31	Alvaro Mejia, Sr, Encino, CA	15:51.0
32	Joseph Patrick, Sr, Albuquerque, NM	15:52.0
33	Jose Melgar, Jr, San Diego, CA	15:53.0
34	Jonathan Pillow, Sr, Scottsdale, AZ	15:53.0
35	Naah Zahrosky, Sr, Kalspell, MT	15:53.0
36	Ryan Cross, Sr, Spokane, WA	15:54.0
37	Paul DeLaCorda, Sr, Newhall, CA	15:54.0
38	Tyson Walker, Sr, Pleasant Hill, CA	15:54.0
39	Ryan Bybee, Jr, Orem, UT	15:55.0
40	Jeff Bray, Jr, Sandy, UT	15:57.0
41	Shawn Frack, Sr, Yorba Linda, CA	15:58.0
42	Rob Aubrey, Jr, Colbert, WA	15:59.0
43	Rondie Gibbs, Jr, Riverside, CA	16:00.0
44	Randy Dean, Jr, Orem, UT	16:00.0
45	Jason Maschmeyer, Sr, Eugene, OR	16:00.0
46	Shawn Nixon, Jr, Kaneohe, HI	16:01.0
47	George Perea, Sr, Los Angeles, CA	16:02.0
48	Margarito Casillas, Sr, Glendale, CA	16:02.0
49	Ben Goodman, Sr, Phoenix, AZ	16:03.0
50	Micah Davis, So, Mead, WA	16:04.0
135 Finishers		

State Teams

BOYS

1	California	76:35
(Jim Cera, Michael Love, Jaime Martinez, Mebratom Kellezighi, Juan Pinal)		
2	Arizona	77:05
(Theo Martin, Tim Martin, Nathan Nutter, Terry Biah, Jonathan Pillow)		
3	Washington	78:23
(Matt Davis, Ezra Ellis, Michael Galena, Ryan Cross, Robb Aubrey)		
4 New Mexico 78:28, 5 Oregon 79:15, 6 Utah 80:01, 7 Wyoming 80:47, 8 Alaska 82:32, 9 Idaho 82:40, 10 Nevada 87:0. Incomplete teams: Montana, Hawaii, U.S. Military Installations		

GIRLS

1	California	78:49
(Milena Glusac, Amy Skieresz, Carrie Garrtson, Karen Bockel, Anikai Webb)		
2	Oregon	98:09
(Marie Davis, Kortney Dunscombe, Kelley Jordan, Diane Wilson, Brynn Abby)		
3	Washington	94:41
(Jessica Frye, Rachel Jaten, Allison Rockwell, Rachel Rohlf, Shelley Zickler)		
4 Arizona 95:04, 5 Utah 95:10, 6 Montana 96:35, 7 New Mexico 97:16, 8 Alaska 100:09, 9 Wyoming 100:13, 10 Nevada 104:26. Incomplete teams: Idaho, Hawaii, U.S. Military Installations		

✓ For a copy of the **COMPLETE WEST REGIONAL RESULTS**, send \$2 to **CTN**, 4957 E. Heaton, Fresno, CA 93727.

NATIONAL FINALS

December 12, 1992

Morley Field, Balboa Park, San Diego, CA

BOYS

P/Name	Grd	Reg'n	School	City	St	Time
1 Brendan Heffeman	12	NEast	No Hunterdon	Glen Gardner	NJ	15:13
2 Greg Jimmerson	12	MWest	Stevens	Rapid City	SD	15:17
3 J.J. White	12	MWest	Dublin	Dublin	OH	15:18
4 Bob Kelso	11	NEast	Ridgewood	Ridgewood	NJ	15:25
5 Josh Ritchie	12	MWest	Walsh Jesuit	Tallmadge	OH	15:33
6 Jason Lunn	12	South	Dulles	Missouri City	TX	15:36
7 Andy Cowgill	12	MWest	St. Paul Acad.	St. Paul	MN	15:37
8 Brian Hesson	12	MWest	Caldwell	Elba	OH	15:38
9 Jason Rexing	11	MWest	Pickerington	Pickerington	OH	15:40
10 Jaime Martinez	11	West	Orange	Orange	CA	15:40
11 Christian Fogarazzo	12	NEast	Mephram	N. Bellmore	NY	15:43
12 Michael Cox	12	South	Athens	Princeton	WV	15:43
13 Michael Gomez	11	West	W Anchorage	Anchorage	AK	15:44
14 Simeon Wright	12	MWest	Dubuque Sr.	Dubuque	IA	15:46
15 Adam Goucher	11	MWest	Doherty	Colorado Sp	CO	15:47
16 Andres Gomez	12	South	Bell	Bedford	TX	15:47
17 Tim Martin	12	West	Page	Page	AZ	15:47
18 Jim Cera	12	West	Upland	Upland	CA	15:48
19 Brendan Benner	12	NEast	Monsign. Bonner	Drexel Hill	PA	15:49
20 John Tsabetsaye	11	West	Zuni	Zuni	NM	15:49
21 Brad Hauser	10	South	Kingwood	Kingwood	TX	15:50
22 Ben Boyd	12	South	Lassiter	Marietta	GA	15:55

23 Chris Gonzalez	12	NEast	Bishop Ford	Brooklyn	NY	15:59
24 Jesse Cody	12	NEast	CambridgeBln	Cambridge	MA	16:01
25 Theo Martin	12	West	Page	Page	AZ	16:11
26 Michael Love	12	West	Katella	Orange	CA	16:11
27 Robert Chandler	12	NEast	No Lehigh	Slatington	PA	16:13
28 Joaquin Torres	12	South	MacArthur	Houston	TX	16:20
29 Brian Quinn	12	NEast	Garden City	Garden City	NY	16:23
30 Jeremy Kazlauskas	12	South	Davless Co.	Owensboro	KY	16:48
31 Matthew Davis	11	West	Mead	Mead	WA	16:51
32 Brian Good	11	South	Washington	Pensacola	FL	DNF

Regional Results

1	Midwest Region	25 Points	77:26.4
2	Northeast Region	58 Points	78:11.8
3	South Region	77 Points	78:53.0
4	West Region	78 Point	78:50.3

GIRLS

P/Name	Grd	Reg'n	School	City	St	Time
1 Amanda White	12	NEast	Dulaney	Cockeysville	MD	17:34
2 Milena Glusac	12	West	Fairbrook	Fairbrook	CA	17:38
3 Amy Skieresz	10	West	Agoura	Westlake VII	CA	17:42
4 Danyelle Wood	11	NEast	Spaulding	Rochester	NH	17:54
5 Jenni Brown	09	MWest	Salem	Salem	OH	17:57
6 Kelly Smith	11	MWest	Petoskey	Petoskey	MI	18:04
7 Karen Godlock	12	South	Polk County	Rutherfordton	NC	18:06
8 Marie Davis	10	West	Lincoln	Portland	OR	18:10
9 Carrie Tollefson	10	MWest	Dawson Boyd	Dawson	MN	18:10
10 Becki Wells	12	MWest	Dickinson	Dickinson	ND	18:11
11 Emily Hodgson	11	NEast	Manchester	Manchester	NH	18:16
12 Janelle Thomas	09	NEast	Liberty	Bethlehem	PA	18:17
13 Kiersten Pauling	12	MWest	Lincoln	Des Moines	IA	18:25

continued next page...

NATIONALS, continued



L to R: AMANDA WHITE, BECKI WELLS and MILENA GLUSAC

Photo by Phillip Enbody

JAIME MARTINEZ (left) & BRENDAN HEFFERNAN

Photo by Phillip Enbody

14 Lella Burr	12 NEast	Friends Semin.	New York	NY	18:29
15 Amy Herrman	12 South	Providence Sr.	Matthews	NC	18:29
16 Megan Mahle	10 MWest	Plainview	Plainview	MN	18:33
17 Aimee Langevin	11 NEast	Tantasqua Reg.	Fiskdale	MA	18:34
18 Jennifer Mitchell	09 NEast	Carlisle	Carlisle	PA	18:34
19 Carrie Garrison	11 West	Buena Park	Fullerton	CA	18:38
20 Kathi Ward	12 South	Lincoln	Tallahassee	FL	18:38
21 Virginia Pedersoll	12 West	Amphitheater	Tucson	AZ	18:42
22 Kortney Dunscombe	11 West	Bend Senior	Sunnriver	OR	18:47
23 Sho Kroeger	11 MWest	Lk. CrystalMem.	Lake Crystal	MN	18:48
24 Aimee Kagel	12 South	So.Fork	Stuart	FL	18:54
25 Jessica Fry	11 West	Rogers	Spokane	WA	18:58
26 Karen Bockel	12 West	Nordhoff	Ojai	CA	18:59
27 Keara Brady	10 NEast	Eldred Cent.	Glen Spey	NY	19:01
28 Maureen Egan	12 South	St.Henry	Union	KY	19:06
29 Christina Brown	12 South	Owen Co.	Owenton	KY	19:16
30 Marne Findlay	11 MWest	Ponderosa	Parker	CO	19:30
31 Lis Shell	11 South	Tom Ball	Houston	TX	19:38
32 Beth Rooks	12 South	Plant	Tampa	FL	21:21

Regional Results

1 Northeast Region	42 Points	90:32.1
2 Midwest Region	43 Points	90:49.5
3 West Region	53 Points	90:51.2
4 South Region	94 Points	93:15.9

1993 Arcadia/ Foot Locker Invitational

In mid-January, the staff of the 25-year-old Arcadia Invitational was ecstatic with the news that Foot Locker would come in as a sponsor of the nation's finest in-season prep track and field invitational which is scheduled for the Southern California high school this spring on April 10.

The meet was very close to being cancelled as part of budgetary difficulties affecting all areas of the Golden State's educational system and economy in recent times. When asked about the sponsorship, meet Co-director Doug Speck indicated, "The Foot Locker swoop-in, at the last minute, truly saved an activity so very worthwhile for so many thousands of young people. With the support from this successful business organization, we can once again provide a goal for the preparation of so many schools and athletes during their spring season and pull off, once again, one of prep sports' truly great competitions. It is great to see a business organization, as Foot Locker has done here, do more than mouth concern about our nation's youth. We sure hope that fans, coaches and athletes will consider decisions, such as this one made by Foot Locker, in their purchasing choices. Foot Locker is America's most complete athletic footwear store, with their efforts there, as in the Arcadia situation, making them also #1 on the running track."

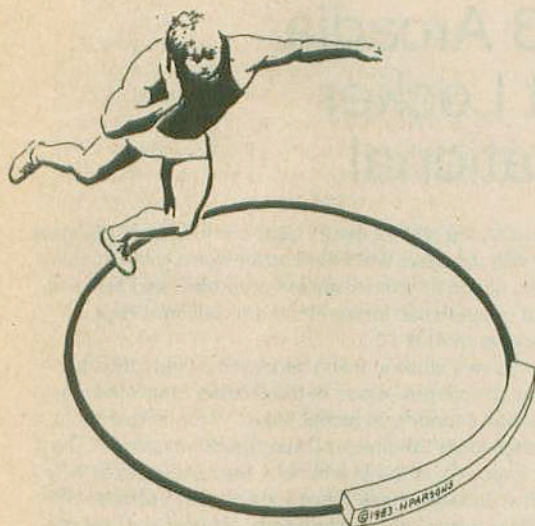
During considerations to drop the meet, Speck commented that it was so very sad to meet organizers and fans that exactly one year after the well-publicized April 1992 Los Angeles public uprising, that the focus of literally thousands of athletes and fans, as it is on the Arcadia meet weekend, would be gone forever.

The invitational committee applauded Don Franken, son of Sun-kist Indoor Meet Director Al Franken, for his efforts in helping to secure Foot Locker as a sponsor.

The meet, which has sent forty-nine of its alums on to the last three U.S. Olympic teams, had former participants take six gold medals in the 1992 Barcelona Games (Quincy Watts, Michael Bates, Steve Lewis, Johnny Gray, Jim Doehring, Janeen Vickers, Gail Devers, Michael Marsh, and Mike Powell were Arcadia alum medal winners at Barcelona). Over the last dozen years, the meet has featured seven national prep records, the latest by phenom Marion Jones (Thousand Oaks), who blazed 22.87 on the quick oval in 1991 for a national 200 meter standard, with Jones finishing out a sterling Arcadia prep career this April 10.

The 1992 Arcadia Meet featured thirteen event winners with marks that led the nation, and twenty-three gold medalists recording the top California time up to that point in the spring. Continuing its reputation as "building ground of champions," twelve eventual California individual and relay champions in June's State Meet did not win their event at Arcadia.

With interest already very high from coast-to-coast, with the nation's top athletes anxious to come West for the good weather and a chance to go against California's best, the 1993 competition looks like the best ever. Doug Speck replied that the meet staff "had its nose to the grindstone, with about a million and one details to work out between now and April 10, in setting up another great one for the athletes and fans of the sport."



From Skip Stolley TAC/USA Men's Track & Field Committee

At the 1991 TAC National Convention in New Orleans, the Men's Track & Field Committee passed a resolution directing the committee to issue a "State of the Sport Report" at its first meeting at each succeeding convention. The purpose of this report is to make TAC (now re-named to "USA Track & Field") and specifically our Men's Track & Field Committee, more responsive to the issues that are effecting every level of Track & Field in the United States by developing an action plan to address areas of concern identified by the report.

This report was created by a subcommittee of Chris Somerlot (Centerville High School, OH), Ron Buss (Parkland Junior College, IL), Bob Rush (College of San Mateo, CA), Jay Flanagan (Arkansas State University) and Bill Clark (Commonwealth A.C., MA). It was compiled and edited by subcommittee chair, Skip Stolley (Nike Track West, CA).

High Schools Report:

This overview is based upon surveys of high school coaches in California, Ohio, Indiana, Michigan, West Virginia, Kentucky, and Wisconsin. The overriding concern of all coaches surveyed is a significant decline in participation in high school track & field they have observed throughout the decade of the 1980's. Three major contributing factors were cited: 1) the prevalence of the walk-on, non-faculty high school coach, 2) the lack of mandatory physical education in today's high school curriculum, and 3) the increase in the

State of the Sport Report

number of high school students holding after-school jobs.

During the past ten years it has become common practice for high schools across the country to fill coaching positions with non-teaching personnel. A 1990 survey of head track coaches at 300 Southern California high schools found 63% were walk-on coaches, most of whom had no formal training in coaching. The predominance of walk-on coaches now directing high school track programs has had several negative effects on the sport. It starts with recruiting, which is the name of the game in building a successful program in any sport. Some states report a 40% decrease in participation in high school track over the last decade. The walk-on coach is severely handicapped by not being in contract with prospective athletes during the school day and to network their recruiting with their school's faculty. One coach stated, "We must be losing hundreds of potential track stars every year to other sports, let alone the kids with hidden track talent we are missing altogether." A college coach added, "In addition to not being able to recruit effectively, it is equally difficult for walk-on coaches to monitor the academic progress of their athletes, channel them into college-prep classes and help them prepare to compete at the next level. This is essential for high school track & field to continue to be a "feeder system" for our junior college and university programs." The walk-on coach is usually unfamiliar with how the school bureaucracy works, disconnected from its support systems such as clerical help, and unaware of all the responsibilities they have beyond coaching students how to run, jump and throw. . . such as fund-raising and meet organization. The result is a very high turnover of walk-on coaches. The same

California study cited earlier reported 48% of walk-on coaches do not return the following year.

Historically, most youngsters have had their first exposure to track & field in physical education classes. Despite the well-documented decline in youth fitness and the fact that we now have the first generation of American youth who are less fit than their parents, today most states do not have a physical education graduation requirement. Only one state still requires physical education every day for all students. The elimination of mandatory physical education from the high school curriculum throughout the decade of the 80s has left our sport uncovered by an entire generation of potential track athletes.

The third major contributor to the decline in participation in high school track is the increasing number of high school students holding part-time and even full-time, 40-hour a week, jobs. This has affected all high school sports, but the ever diminishing number of scholarships allotted to track & field at the collegiate level has made our sport an even less attractive choice for the talented high school athlete. The preponderance of single-parent families in our society, the number of parents who have lost quality jobs in the American workplace, and the number of students from middle-class families working for the "extras" such as cars, clothes and stereos that are so important for status in our youth culture, have all contributed incentives for today's high school student to work after school rather than participate in sports, or to limit their participation to a single sport. The phenomena of the working high school student has impacted our schools far beyond participation in track & field. Studies show students with disposable incomes are far more likely to become involved with drugs and alcohol from influences at their workplace, and that peer pressure from co-workers at kid-dominated jobs such as fast food franchises, is one of the strongest negative influences on today's high school students.

Recommended Action-Steps:

1) To return full-time teacher/coaches to our nation's high schools, TAC must become a vocal national advocate for reintroducing mandatory "physical fitness education" to the school curriculum and lobby the President's Council on Physical Fitness and the U.S. Department of Education to address the national crisis in youth fitness by emphasizing the importance of participating in high school sports.

continued next page.

2) To ensure track & field remains a fixture in America's high schools, TAC needs to dramatically increase its school community involvement and use TAC athletes and TAC events to promote the important role that participating in high school track can have in enhancing self-esteem, teaching worthy values and teamwork, and developing personal attributes such as self-discipline, responsibility, and goal-setting.

3) To improve the quality of high school coaching, TAC must professionalize track & field coaching in the United States by joining with the National High School Federation and individual state federations in lobbying for the mandatory certification of track & field coaches, either through a new TAC coaching education program specifically designed to meet the needs of today's high school coach (TAC's level I program does not), or through state-initiated training programs.

Junior Colleges Report:

The number of teams and athletes competing in National Junior College Athletic Association (NJCAA) and California Community College track & field programs continues to grow, as does the performance level and number of junior college athletes competing in our USA/Mobil Outdoor Championships, and most recently, the 1992 U.S. Olympic Trials. A total of 465 NJCAA men's and women's junior college teams and 4,815 athletes participated in JC cross country, indoor track & field, and outdoor track & field in 1992. California's separate community college program has 296 men's and women's cross country and track & field programs.

The growth of cross country has led to NJCCA Division I, II and III Championships this year, and it appears a divisional championship format based on scholarships offered will soon be adopted for NJCCA track & field. Another reflection of the increase in participation in junior college track & field is the addition of the men's and women's pentathlon and women's 1000 meter run to the NJCAA Indoor Championships, and the men's 4x800 meter relay and women's hammer throw to the NJCAA Outdoor Championships where performances rank second only to those at the NCAA Division I Meet.

Junior college programs continue to play a vital role in the development of track & field in the United States, but they are threatened by the erosion of the sport above and below them at the NCAA and high school levels.

NCAA Report:

Despite the fact that NCAA statistics show a record number of men and women participating in track & field at NCAA institutions, the sport is facing many serious problems. The success and even the survival of NCAA track & field programs, especially at the Division I level, appears to be in real jeopardy. NCAA legislation specifically directed at football and basketball is being imposed in all sports and it has exacted a heavy toll on track & field coaching staffs. This includes mandates to cut back the number of track coaches from collegiate staffs and even limit volunteer help. These measures portrayed as "cost cutting" will result in severely limiting an NCAA athlete's access to coaching in our 18-event sport. Cutbacks in the number of collegiate coaching positions available will further limit the number of minority and female coaches in track & field and make collegiate coaching an even less attractive career option in the future.

Recent cutbacks in scholarships (and more have been proposed) have effectively replaced complete teams with specialty teams at the Division I level. The scoring dual meet, the lifeblood of track & field as a team sport, may soon be a thing of the past. Balanced, competitive dual meets are rapidly becoming extinct due to the lack of depth and absence of entries that collegiate teams have in many events.

A 50% reduction over the past ten years in the number of athletes who can participate in NCAA Championships, and current mandates by the NCAA President's Council restricting the number of competitions an athlete may be part of and the amount of supervised practice they may have, will also limit the future development of the NCAA track & field athlete.

Of greater concern, is the recent mass-murder of collegiate track & field programs in the West. . .one of our sport's most important developmental regions. Following the lead of Division I schools such as San Jose State, Oregon State, San Diego State and UC Irvine, the 1992-93 school year began with track & field no longer being contested at Division II schools Cal State Hayward, Sonoma State, and Chico State. With the sport in its last season at San Francisco State, next year there will be no California state universities with track & field programs between San Luis Obispo and Humboldt State. . .a distance of 500 miles. . .which will further jeopardize remaining Northern California collegiate programs.

At present, there appears to be very little administrative support for track & field among NCAA institutions. Collegiate CEOs and NCAA administrators spend so much time trying to restrain the abuses and excesses of their football and basketball revenue-producing programs, they pay little attention to non-revenue sports like track & field programs as long as they stay within their budgets and are in compliance with NCAA rules. This lack of administrative support is reflected in the little time and effort most collegiate sports information departments devote to promoting their institution's track & field program. As a consequence, collegiate track receives almost no play in the national print and electronic media. Athletic promotion departments also have little motivation to fundraise for what they consider low-visibility sports.

The recent trend of combining men's and women's track & field programs (another cost-cutting move) has served to further cut the number of collegiate coaching positions. It has virtually driven women out of coaching at the Division I level where there is not a single female head coach of a combined program. Combining programs has also doubled the amount of time it takes to run a dual meet or invitational. The typical 4-8 hour collegiate meet has eroded fan interest and deprived the sport of opportunities for television coverage and revenues.

At present, an NCAA Division I institution can count cross country, indoor track and outdoor track as three sports towards their requirement of seven. This has been the only justification some schools have sited for keeping track & field. Recently, there has been talk of eliminating the NCAA National Indoor Championships. That, combined with a proposal to count indoor and outdoor track as one sport, will deal the death blow to track & field at many major universities. There is also new legislation proposed that will restrict team numbers and the size of travel squads for track & field. That will effectively eliminate the emerging athlete from having an opportunity to compete and develop in Division I programs. Implementation of this new legislation threatens to eliminate track & field as an NCAA sport at scores of America's colleges and universities.

Recommended Action-Steps:

1) TAC must aggressively lobby college presidents and CEOs to reject new legislation that will continue to dismantle collegiate track & field as the foundation of America's

continued next page...

Olympic development program. TAC must also orchestrate the high-profile involvement of the U.S. Olympic Committee in advocating administrative support for collegiate track & field. The urgency and immediate need for this action cannot be over-emphasized.

2) TAC's continued support of the NCAA Indoor Championships must be contingent of indoor and outdoor track & field retaining their identity as two separate sports.

3) TAC must use its influence and resources to support the efforts and strategies of the NCAA Track & Field Coaches Association to increase institutional support for track & field.

Open Track & Field Report:

We should not use the successes of our 1992 Olympic Team as a barometer of the vitality of track & field in the United States. The number of medals won and records broken by American athletes at the Games in Barcelona is at best a reflection of the "potential" of our sport. It is both inaccurate and misleading to say our Olympic successes reflect the state of open track & field in this country. The consensus of opinion among both coaches and athletes is that our sport is NOT "at an all-time peak", but rather in a state of alarming decline.

That decline can be measured by the number of major domestic indoor and outdoor meets which have lost sponsors and disappeared from the U.S. circuit, the few remaining track meets deemed worthy of coverage by network television, the handful of athletes that have name-recognition with the American public, the growing number of world-class American track & field athletes who have no U.S. sponsorships, and our increasing need for an effective system to support and develop our post-collegiate athletes.

Recommended Action-Steps:

1) Initiate a national campaign to promote and market track & field to the American public as marquee entertainment. "What we have here is a failure to communicate." A recent, often-cited national survey of spectator interest ranked track & field #14 behind bowling and bass fishing. We need to re-establish track & field's image as a major sport with the media, general public, and America's youth. There is no apparent master plan to do this. We need to emulate the successful efforts of organizations such as the NCAA and NBA and seek professional, outside help in designing and implementing such a plan leading up to the Games in Atlanta.

2) Promote Track & Field as a Professional Sport. While opinion varies over the effects that professional athletes, agents and rising appearance fees have had on the current state of our sport, we must recognize that in places like Europe and Japan where track & field enjoys its greatest popularity, track is considered a professional sport. We can no longer apply the concept of "amateurism" to open track & field in the United States. It is time we capitalize on the professional aspects of our sport and treat it as an "industry", and it is time we treat our athletes, coaches, agents, officials and meet promoters as professionals. It is critical that our professional athletes and their agents help us make this transition. They must recognize that America is not Europe and that in many major markets our meets are vying for media attention with as many as 4 professional teams and several major college sports. For us to see the day when athlete payrolls at our domestic track meets begin to compare to those in Europe and Japan, we must be able to showcase head-to-head competition among our best athletes in our top U.S. indoor and outdoor meets so those events can attract sponsors, spectators, media coverage and television. Our professional athletes and their agents have to work with us to make this happen.

3) Rebuild TAC's club system. It is a misnomer to characterize the small number of U.S. clubs that support and develop our athletes as a "system" of support. Most athletes rank finding a coach and other emerging elite athletes to train with, accessing training facilities and gaining entry into quality competitions as nearly insurmountable barriers to having a post-collegiate career in our sport. The truth is, open track & field is almost non-existent in many regions of the United States because of a lack of local clubs and a comprehensive schedule of competition for open athletes. TAC Cannot continue to abdicate the responsibility for supporting open track & field to the shoe companies and handful of other loyal sponsors who subsidize our top-level clubs, and local clubs cannot build development programs with their bake-sale budgets. There has to be some "trickle down" funding from TAC's national sponsors and marketing efforts.

Summary:

We believe our TAC Men's and Women's Track & Field Committee must take immediate steps to assume the guardianship of track & field in the United States at the high school,

junior college, senior college, and open levels. This is not the providence of TAC's restructuring committee, our national officers, executive director or national office staff. These people work for us and we must be the initiators.

Our Track & Field Committees need to design a national strategy and action plan for revitalizing track & field. This report recommends NINE action-steps be considered as a starting point.

Independent efforts in this regard have failed in the past, so our Track & Field Committee must recognize the importance of selling such a plan to the entire Congress. Finally and most importantly, it is our Men's and Women's Track & Field Committee who must accept the accountability for overseeing its implementation.

USA Track & Field/Men's Track & Field Committee:

Motions passed at the 1992 Convention in Louisville:

✓ The Chairman will approach the Clinton Administration and request a meeting with the newly appointed president of the President's Council on Physical Fitness, Dr. Leroy Walker of the United States Olympic Committee, a representative of the National High School Federation, and the chairman to create an alliance with USA Track & Field to lobby the U.S. Department of Education to recommend the mandatory inclusion of physical fitness education into our K-12 school curricula and to promote the important role of high school sports in combating the national crisis in youth fitness.

✓ The Chairman will ask USOC President Dr. Leroy Walker to collaborate with the USA Men's Track & Field Committee in implementing the action-steps recommended by our 1992 State of the Sport Report.

✓ The Chairman or his designee(s) will attend the NCAA Track & Field Coaches Association meetings in Louisville, Saturday-Sunday, December 5-6, to collaborate with NCAA coaches to use USA Track & Field's influence and resources to support their tactics to increase institutional support for collegiate track & field.

✓ The Chairman will lobby the NCAA on behalf of USA Track & Field to continue the NCAA Indoor Championships in Indianapolis and to continue counting indoor and outdoor track & field as two (2) sports.

* The Chairman will meet with David Morey to discuss issues raised by the 1992 State of the Sport Report that should be addressed by the new USA Track & Field marketing plan.

✓ The Chairman and his designees will develop a blueprint for rebuilding USA Track & Field's club system and present it at the Men's Track & Field Committee meeting at the 1993 Outdoor Championships in Eugene.

It's Time for Pole Vaulting for Women

By Eddie Seese,
USA T&F Official, Pole Vaulter & Coach

The world continues to change around all of us. Some of us lead and initiate these changes. Others follow and adapt to the changes. Others may resist change and, therefore, fall behind the times.

The Masters Track and Field Community has taken the lead by offering the Pole Vault as an event for women in its National Championships as well as other Masters track and field meets around the country. The California Interscholastic Federation (CIF) was recently petitioned by Linda Hause of Santa Rosa, to amend their By-Laws to allow pole vaulting for high school girls. The By-Law change would permit her daughter Erica to continue pole vaulting in high school just as she had done in middle school. The CIF did approve the modification in their By-Laws; women are now allowed to compete in the men's high school pole vault. It's a good start.

Unfortunately, the USA T&F's Women's Track and Field Committee and the Youth Athletics Committee did not approve proposed rule changes at the last 1992 TAC convention to make the pole vault an official women's event.

Apparently the concern is that initially women might not be very good at the pole vault. They're probably right, but so what? Women pole vaulters have to start somewhere. Earl Bell, a former world record holder in the pole vault, told me, "When women started triple jumping in the national championships they were horrible. They had to start somewhere. Not many people who try anything for the first time do it well." After watching the 1992 US Olympic Trials, it's easy to see that women triple jumpers have become technically every bit as good as the men.

Another concern voiced at the TAC convention was the non-availability of potential women pole vaulters. Our own track and field community is the most obvious resource. The pole vault is a jumping event that requires running speed most of all. The belief that the event requires great up-

per body strength is a holdover from the days of vaulting on steel poles. That is no longer the situation today. I feel that the best place to find future women pole vaulters is in the area of gymnastics. During my workouts at Alameda Gymnastics I'm continually amazed at what young female gymnasts can do. They have strength, speed (good running mechanics), balance and an apparent lack of fear. Many of these young women outgrow gymnastics by the time they reach high school and have nowhere to apply their athletic talents. Let's give them the opportunity to apply their athletic abilities to the pole vault. For the past three years I have allowed high school women to practice pole vaulting at the high schools where I coached. They loved pole vaulting and did quite well at it.

At the 1992 TAC convention I heard someone say that we are in the entertainment business. I agree. Track and Field should be viewed as a business. Track and field is overdue in introducing new products. The women's pole vault would be very exciting. Records would be broken frequently, resulting in press coverage. Remember all the excitement generated when the fiberglass vaulting pole was introduced? A 12' vault by a woman might make CNN news where as a 19' vault by a man wouldn't.

In order for track and field in the United States to grow, USA T&F must take the lead and start developing the pole vault as an event for women in all areas of competition. By introducing the Womens Pole Vault as an exhibition event in the National Championships, USA Track and Field would take advantage of an incredible opportunity. Hopefully the National Collegiate Athletic Association and the National Federation of State High School Associations would then follow USA T&F's lead by adding the Pole Vault to their programs for women. ♦

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Olympics '96

(Part 4)

By Bob Womack

(Fourth in a series on 1996 U. S. Olympic Track & Field prospects)

Horizontal Jumps:

King Carl did it one more time at Barcelona but will he still be there at Atlanta? By his own statement, he's tired of long jumping and wants to concentrate on the sprints.

Granted, Lewis, even at 35, should be capable of mid-27's four years hence, which probably will be good enough to make the team. But it won't be good enough to be No. 1 and the same question arises that we asked in the sprints: Is No. 2 (or 3) good enough for a man with nine Olympic gold medals?

Who Number One will be is another question. It probably won't be Mike Powell, who is, after all, only two years younger than Lewis and had nagging injury problems this year. The most likely heir is Olympic bronze medalist Joe Greene, who is about where Powell was four years ago--tremendous talent and terrible step problems (remember Mike Foul?)

We've probably seen the last of Larry Myricks, who missed the Olympic team for the first time since 1972. And I'm afraid we've also the last of very promising Llewellyn Starks, who suffered what looked like a career-ending knee injury. There's a group of veterans in the 26-27 foot range--Gordon McKee, Gordon Laine, Vernon George--which will get them into the Trials, into the finals of the Trials, and into the final three jumps but no farther.

Erick Walder looks like Mike Conley's heir apparent as the best combination horizontal jumper, which is logical since Conley is his coach. He's done 27-9 and 55-3 but, again like Conley, the triple may be his best event.

There have been some good young long jumpers come out of high school in the last few years, most of whom seem to have pe-

tered out. The most recent phenom was Sheddric Fields, who did 26-8 as a junior and struggled to make 25 his senior year although he may have had physical problems.

A long shot is 1990 world junior champion James Stallworth, who reportedly has taken his formidable talents and even more formidable personal demons to UCLA. If he can somehow manage to submerge the latter into the former, he's a potential 29-footer.

In the triple jump, it's time to say goodbye to a remarkable group of athletes who made American triple jumping respected internationally: Besides Conley, WR holder Willie Banks, Barcelona silver medalist Charlie Simpkins, Robert Cannon, and Ray Kimble. (Kimble, who has twice finished fourth in the Trials, will be eligible for veteran's competition in 1996!)

Kenny Harrison, the 1991 world champ, picked the wrong time to have an off day at New Orleans. The good news is that it should motivate him to stay around four more years.

John Tillman, on the other hand, had a good day at the right time in the Trials. A consistent journeyman, he'll be back in '96, no doubt, but don't expect lightning to strike twice.

Younger triplers, besides Walder, include current collegians Reggie Jones (fifth in the Trials), two former California preps, Tyrone Scott and Reggie Jackson, and current junior champ Brian Ellis.

U.S. Olympic Team Predictions:
Long Jump: Greene; Powell; Walder.
Triple Jump: Walder; Harrison; Ellis.

Throws

Here, we probably should be, or least try to be, circumspect. However, I can't think of a delicate way to state the central truth about the throwing events: The most critical events of the next four years will take place not in the ring but in laboratories. If you think that's an overstatement, remember that five of the 12 throwers on the 1992 U.S. men's team were either coming off drug suspensions or have been subsequently suspended. If you wanted to be completely cynical about it, you could

say that our 1996 Olympic throwers will be whoever doesn't get caught.

The shot put, which places the greatest emphasis on pure power, is the greatest problem area. Our 1-2 finishers at Barcelona, Mike Stulce and Jim Doehring, are both reinstated druggies. So is Randy Barnes, the 1988 Olympic silver medalist and WR holder, who was still serving his suspension during the '92 Trials.

Ron Backes, the only "clean" member of the 1992 team, isn't getting any younger although 33, his age by Atlanta, isn't that old for a shot putter. The problem is that he isn't getting any better; he's stuck in the 68-foot range, which just isn't quite good enough even in a drug-free environment.

Gregg Tafalis, whom Backes edged for the third spot at New Orleans, is considerably older and also has (guess what?) a drug suspension in his background. Kevin Toth and C. J. Hunter are in the right age bracket and have shown improvement but not a lot of consistency. Two good college throwers were Kevin Coleman (Nebraska) and Shane Collins (Arizona State) but Collins has apparently cast his lot with pro football. The current junior champ, Dennis Black, has great potential but a long way to come.

That brings us to Brent Noon. It is just about impossible to discuss Brent Noon frankly without risking a libel suit but the current NCAA champion (and Fallbrook product) has had a brief but spectacular career accompanied by an incredible amount of louder-than-sotto-voce whispering. He could be a 75-footer by 1996 if . . .

Kamy Keshmiri was supposed to be the wunderkid who was going to bring American discus throwing back to the glory days of Oerter, Wilkins, and Powell. That was after he won the Trials, throwing 217 feet with minus wind help--and before he tested positive. Scratch Kamy Keshmiri for 1996.

That makes Anthony Washington the U.S. hope in this event. He made great strides in 1992, finishing fifth at Barcelona. Mike Buncic has been America's best thrower for much of the last half dozen years but proba-

continued next page.

bly won't make the 1996 team unless the younger talent fails to develop (or gets caught in the lab).

Brian Blutreich got onto the '92 team through the back door, but he's been a steady thrower and the Olympic experience may give him confidence. Carlos Scott, who could have gone through the back door when Keshmiri left, says he'll be around for the next three Olympic Trials but he's never thrown an Olympic qualifying mark, which is why Blutreich, not he, got to Barcelona.

There are some younger throwers who offer some hope. Brian Milne beat cancer in high school and the world's junior best this year. John Godina, the national junior champ the two years before Milne, got over 200 feet this year as a redshirt freshman (UCLA). Jeff Buckey, this year's California prep champion, could be in that bracket if he doesn't get focused on making a gazillion dollars as an NFL offensive lineman.

American hammer throwing has been Jud Logan, Lance Deal, and Ken Flax for so long that everybody else has been forgotten. Of course, only one other thrower, Jim Driscoll, made the Olympic qualifier in 1992 and he just barely.

Well, we're going to have to get along with Logan (drug suspension; what else?) and probably we're going to have to get along minus Flax, who has developed nagging injury problems. So we're going to have to look into the cupboard.

Fortunately, it's not bare. Besides Deal, there's Driscoll, who seems to improve 2-3 feet a year which should bring him close to world class by 1996. And behind him, there's a group of college sophomores who should be in the 240-250 foot range, at least, in four years: Kevin McMahon and Gerald Saglio, both of Georgetown, and David Popejoy of Stanford.

Tom Pukstys emerged as the No. 1 U.S. javelin thrower in 1992 and he's young enough to be back for Atlanta. The rest of the Barcelona team was Mike Barnett and Brian Crouser, both veterans.

Unfortunately, most of the other Trials finalists were about the same vintage as Barnett and Crouser. Exceptions were Ed Kaminski, an Arkansas grad who was great in the prelims but not so good in the finals, NCAA champ Art Skipper from Oregon, and Todd Reich of Fresno State. The last, a terrific com-

petitor with a powerful arm, has been fourth in the last two NCAA's--and has never had a full healthy season.

U.S. Olympic Team Prediction:

Shot Put: Stulce; Barnes; Hunter.

Discus: Washington; Milner; Godina.

Hammer: Deal; McMahon; Flax.

Javelin: Pukstys; Skipper; Kaminski.

Decathlon:

The 1992 U.S. Olympic team's loss may have been the 1996 team's gain. If Dan O'Brien had set his world record at Barcelona instead of Talence, the chances are pretty good he would have ridden off into the sunset like Bruce Jenner before him, spending the rest of his life cashing in on endorsements and we'd never have known just how high he could push the world record.

But you know the rest. He no-heighted in the Trials and now has the next four years to prepare revenge. By 1996, O'Brien is likely to be in the 9200 range which means it is mathematically possible for him to no-height again and still make the team. (But start the vault a little lower next time, willya please Dan?)

The other half of "Dan and Dave" probably won't be settling anything at Atlanta. Dave Johnson figures to retire, his Olympic bronze medal a fitting cap to a career which restored American decathloning to international respectability.

He won't be the only 1992 contender missing at the '96 Trials. Rob Muzzio, fifth at Barcelona, has already announced his retirement. And several of the people who've been contending for U.S. international teams over the last few years--Steve Fritz, Drew Fucci, Sheldon Blockburger, Derek Huff--are getting to an age where they have to consider whether they want to keep going.

Aric Long, the third American decathlete at the Olympics, looks like the future: A possible 8500 man in '96, maybe better by 2000. His Tennessee teammate, Brian Brophy, was fourth at the Trials, but needs to somehow improve his basic speed. Kip Janvrin also showed competitive ability at the Trials but, conversely, desperately needs work in the throwing event. Ricky Barker, another young talent with a real weakness in the throws, has a history of failure in major competition. Chris Huffins, who next to O'Brien has the best speed and spring of American decathletes,

needs to get serious about the dec and work on the technique events, in which he would have to improve to be mediocre.

There is younger blood coming up, too. Paul Foxson and Steve Dunphy, rivals from the Atlantic Coast Conference, should be



DAN O'BRIEN

Photo by Bill Cockerham

contenders by 1996 if they continue their improvement of the last couple of years. Recent junior champions Billy Schuffenhaur and Mario Satagna should reach the category eventually, but 1996 may be too soon; they're both 700-800 points away from the level it will take to make the team for Atlanta.

All this adds up to a Trials decathlon which should be even more exciting than New Orleans. Which is saying something.

U.S. Olympic Team Prediction:

O'Brien; Long; Brophy

1992 All-California High School Cross Country Team

Compiled by Keith Conning

The 1992 All-California High School Cross Country Team is composed of the top 50 performers in the CIF/Reebok State Meet and the Kinney West Regional.

Grades: --senior, *=junior, **=sophomore
 Abbreviations: A=Athletic, Coll.=College, CR=Course Record, D=Division, Ind.=Individual, Jr=Junior, JR/Jr=Junior/Senior, J/S=Junior/Senior, JV=Junior Varsity, Sec.=Section, SoCR=Sophomore Course Record, Soph=Sophomore, Sr=Senior, SS=Southern Section, Sweep.=Sweepstakes, t=tie.

Top 50 Boys

1. -Margarito Casillas

(Hoover, Glendale)
 (Ranked #1 in 1991 at 15:02)

14:33	1) Woodbridge DI Senior	09/19
14:26	1) Bell-Jeff DI	09/26
15:10	1) Kenny Staub DI	10/10
15:21CR	1) Santa Clarita DI	10/17
15:11	1) Mt. SAC Ind. Sweep	10/24
15:27	1) SS DI-AA Heat 2	11/14
15:09	1) Southern Section DI	11/21
15:03	1) State DI	11/28
16:02	48) Kinney West	12/05

2. -Jim Cera

(Upland)
 (Ranked #22 in 1991 at 15:42)

15:32CR	1) Bronco	09/12
14:53	2) Woodbridge DI Senior	09/19
15:03	1) Chaffey District	09/26
14:40	1) Dana Hills DI Sr	10/03
15:10	1) Fountain Valley DI	10/10
16:10	1) Brea Olinda #1	10/17
15:26	3) Mt. SAC Team Sweep.	10/24
15:24	1) SS DI-AA Heat One	11/14
15:25	4) Southern Section DI	11/21
15:12	2) State DI	11/28
15:13	4) Kinney West	12/05
15:48.2	18) Kinney National	12/12

3. -Ryan Wilson

(Agoura, Agoura Hills)
 (Hometown: Westlake Village)
 (Ranked #4 in 1991 at 15:07)

14:20	1) Woodbridge DI Sr	09/19
15:03	1) Mt. SAC Team Sweep.	10/24
15:35	1) SS DI-AA Heat 1	11/14
14:54	1) Southern Section DI	11/21
15:13	1) State DI	11/28

4. -Mike Love

(Katella, Anaheim)
 (Hometown: Orange)
 (Ranked #20 in 1990 at 15:42)
 (Ranked #20 in 1991 at 15:41)

15:58	2) Bronco	09/12
15:06	2) Woodbridge DI Sr	09/19



MARGARITO CASILLAS
 Fine Flicks by Don Gosney

14:53	1) Dana Hills DI Sr	10/03
15:04	1) Orange Co. Seeded	10/17
15:27	5) Mt. SAC Team Sweep.	10/24
15:58	2) SS DI-AA Heat 1	11/14
15:29	2) Southern Section DI	11/21
15:40	7) State DI	11/28
15:14	6) Kinney West	12/05
16:11.6	26) Kinney National	12/12

5. *Jaime Martinez

(Orange)

15:17	1) Woodbridge DI Junior	09/19
15:51	1) Yucaipa DI	10/03
15:06	2) Orange County Seeded	10/17
15:33	1) SS DI-AA Heat 1	11/14
15:20	2) Southern Section DI	11/21
15:25	4) State DI	11/28
15:14	7) Kinney West	12/05
15:40.4	10) Kinney National	12/12

6. *Mebrahtom Keflezighi

(San Diego)
 (Ranked #25 in 1991 at 15:43)

14:49	2) Woodbridge DI Jr	09/19
15:02	1) Laguna Hills DI Jr	09/26
14:37CR	1) Dana Hills DI Jr	10/03
14:58	2) Fountain Valley DI	10/10
16:27	3) Santa Clarita DI	10/17
15:34	1) San Diego Section DI	11/21
15:22	3) State DI	11/28
15:19	10) Kinney West	12/05

7. -Ricardo Brewer

(North, Bakersfield)
 (Hometown: Glennville)

15:53	5) Clovis Large	09/19
15:00	1) Bell-Jeff DI	09/26
15:30	1) Stanford DI	10/03
14:45.3	1) Central Section DI	11/12
15:20	2) State DI	11/28
15:41	21) Kinney West	12/05

8. *Eric Dunn

(Arroyo Grande)
 (Hometown: Pismo Beach)

15:26	1) Arroyo Grande Large	09/12
15:45	2) Clovis Large	09/19
15:23	1) Stanford DI	10/03
15:22	1) Golden Mustang DI	10/17
15:21	2) Mt. SAC Team Sweep.	10/24
15:31	1) SS DI-AA Heat 2	11/14
15:23	3) Southern Section DI	11/21
15:30	5) State DI	11/28

9. -Nazario Romero

(San Pasqual, Escondido)
 (Ranked #6 in 1991 at 15:13)

15:33	1) Mt. Carmel DI Senior	09/19
15:13	1) Laguna Hills DI Sr	09/26
15:14	2) Mt. SAC Ind. Sweep.	10/24
15:37	1) San Diego Sec. DI	11/21
15:31	3) State DI	11/28
15:44	25) Kinney West	12/05

10. -George Rivera

(Delano)

15:23	1) Mt. Whitney	09/12
15:18	2) Bell-Jeff DI	09/19
16:13	8) Stanford DI	10/03
14:45.4	2) Central Section DI	11/12
15:35	4) State DI	11/28

10. -Juan Pinal

(Overfelt, San Jose)

15:41	1) Skyline Large	09/12
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continued next page

1992 All-California High School Cross Country Team

11:38.1	1) Artichoke DI	10/03
15:28	6) Serra Championship	10/10
12:55	1) Soquel Large	10/24
15:24	Central Coast Sec DI	11/18
15:43	9) State DI	11/28
<u>15:35</u>	12) Kinney West	12/05

12. *Scott Cervelli

(Santa Teresa, San Jose)

15:40	1) Clovis Large	09/19
14:13.7CR	1) Stevenson	10/03
15:11	1) Serra Championship	10/10
15:45	1) Mt. SAC Race #32	10/24
15:23	1) Central Coast Sec DI	11/18
<u>15:36</u>	6) State DI	11/28

13. **Brett Strahan

(Hart, Newhall)

(Hometown: Valencia)

15:33	1) Seaside Soph	09/12
15:17	3) Bell-Jeff DI	09/26
15:45	6) Stanford DI	10/03
15:52	13) Mt. SAC Team Sweep.	10/24
15:55	3) SS DI-A Heat 2	11/14
15:37	8) Southern Section DI	11/21
<u>15:37</u>	7) State DI	11/28

13. *Chadd Aldrich

(Thousand Oaks)

15:49	2) Mt. Carmel DII Jr	09/19
16:01	3) Royal DI	09/26
15:33	3) Fountain Valley	10/10
16:00	4) Golden Mustang	10/17
16:05	3) SS DI-A Heat 1	11/14
16:20	48) State DI	11/28
<u>15:37</u>	16) Kinney West	12/05

15. **Jason Balkman

(Lynbrook, San Jose)

(Ranked #17 in 1991 at 15:37)

12:37	1) Ram	09/26
11:38.3	1) Artichoke DII	10/03
12:41	1) De Anza League	11/04
15:15	1) Central Coast S DIII	11/18
<u>15:36</u>	1) State DIII	11/28
15:38	17) Kinney West	12/05

16. *Matt Creason

(Eureka)

15:48	4) Stanford DII	10/03
16:32.9	1) North Coast Sec. DII	11/21
<u>15:39</u>	5) State DII	11/28

17. *Mike Moreno

(Katella, Anaheim)

16:10	3) Bronco	09/12
15:20	1) Woodbridge DII Jr	09/19
14:55	1) Dana Hills DII Jr	10/03
15:22	3) Orange County Seeded	10/17
15:28	6) Mt. SAC Team Sweep.	10/24
15:42	1) SS DII-A Heat 1	11/14



JIM CERA

Fine Flicks by Don Gosney



BRETT STRAHAN

Photo by Bill Cockerham



MATT FARLEY

Photo by Keith Conning

15:34	3) Southern Section DII	11/21
<u>15:40</u>	6) State DII	11/28

18. **Jeff Fischer

(Thousand Oaks)

15:39	3) Seaside Soph	09/12
16:28	4) Mt. Carmel DII Soph	09/19
15:23	2) Fountain Valley DII	10/10
15:53	3) Golden Mustang DI	10/17
15:38	11) Mt. SAC Team Sweep.	10/24
15:45	2) SS DI-A Heat 1	11/14
15:29	6) Southern Section DI	11/21
<u>15:41</u>	8) State DI	11/28
15:48	29) Kinney West	12/05

18. *Matt Farley

(Jesuit, Carmichael)

15:54	6) Clovis Large	09/19
15:40	2) Stanford DII	10/03
15:14	2) Serra Championship	10/10
15:34	8) Mt. SAC Team Sweep.	10/24
15:23	1) Sac-Joaquin Sec. DII	11/13
15:50	10) State DII	11/28
<u>15:41</u>	20) Kinney West	12/05

20. *Devin Elizondo

(Mission Bay, San Diego)

14:49	1) Woodbridge DIII Jr	09/19
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15:04	2) Laguna Hills DIII Jr	09/26
15:52	1) Stanford DIII	10/03
14:57	1) Fountain Valley DIII	10/10
15:53	2) San Diego Sec. DII	11/21
<u>15:43</u>	8) State DII	11/28

20. -Brian Wilkinson

(Merced)

15:51	4) Clovis Large	09/19
15:28	2) Stanford DI	10/03
16:18	18) Mt. SAC Ind. Sweep.	10/24
15:14	1) Sac-Joaquin Sec. DI	11/13
15:44	10) State DI	11/28
<u>15:43</u>	22) Kinney West	12/05

20. -Nick Niles

(Jesuit, Carmichael)

(Hometown: Sacramento)

16:23	12) Clovis Large	09/19
16:03	7) Stanford DII	10/03
15:27	5) Serra Championship	10/10
15:32	2) Sac-Joaquin Sec. DII	11/13
16:08	21) State DII	11/28
<u>15:43</u>	23) Kinney West	12/05

20. -Marc Lawson

(Clovis West, Clovis)

(Top freshman in 1989 ay 16:49)

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1992 All-California High School Cross Country Team

16:09	8) Clovis Large	09/19
15:48	10) Stanford DI	10/03
14:49	1) Madera Elks	10/08
15:22.4	3) Central Section DI	11/12
16:16	41) State DI	11/28
15:43	24) Kinney West	12/05

24. -Jorge Perea

(Huntington Park)
(Hometown: Los Angeles)

15:31	6) Woodbridge DI Senior	09/19
16:00	2) Mt. SAC Race #30	10/24
15:30	1) Los Angeles Section	11/14
15:44	11) State DI	11/28
16:02	47) Kinney West	12/05

26. -Paul De La Cerda

(Hart, Newhall)
(Ranked #25 in 1991 at 15:43)

15:37	1) Mt. Carmel DII Sr	09/19
15:20	4) Bell-Jeff DI	09/26
15:42	4) Stanford DI	10/03
16:09	6) Golden Mustang DI	10/17
15:45	12) State DI	11/28
15:54	37) Kinney West	12/05

26. -Charles Mansfield

(Canyon, Canyon Country)

15:46	9) State DII	11/28
15:46	1) Kinney West Senior	12/05

26. *Jose Melgar

(San Diego)

15:23	4) Seaside Junior	09/12
15:31	3) Laguna Hills DIII Jr	09/26
14:58	2) Dana Hills DIII Jr	10/03
15:20	4) Fountain Valley DIII	10/10
16:21	2) Santa Clarita DII	10/17
15:42	2) San Diego Section DI	11/21
15:46	13) State DI	11/28
15:53	33) Kinney West	12/05

28. -Keith Grossman

(Hart, Newhall)
(Hometown: Valencia)
(Ranked #8 in 1991 at 15:24)

15:01	2) Seaside Senior	09/12
15:39	2) Mt. Carmel DII Sr	09/19
15:24	7) Bell-Jeff DI	09/26
15:40	3) Stanford DI	10/03
16:05	22) Mt. SAC Team Sweep.	10/24
16:03	6) SS DI-A Heat 2	11/14
15:47	14) State DI	11/28

29. *Steve Brown

(Piedmont)

15:56	2) Stanford DIV	10/03
15:21	1) Mariner Large	10/17
15:55.2	1) NCS South Reg. DIV	11/14
16:55	1) North Coast Sec. DIV	11/21
15:48	1) State DIV	11/28

29. -Alvaro Mejia

(Birmingham, Van Nuys)
(Hometown: Encino)

15:09	2) Bell-Jeff DI	09/26
16:05	3) Kenny Staub DI	10/10
16:15	4) Santa Clarita DI	10/17
15:45	4) Mt. SAC ind. Sweep.	10/24
15:57	9) Los Angeles Section	11/21
15:48	15) State DI	11/28
15:51	31) Kinney West	12/05

31. -Jed Saueressig

(Yosemite, Oakhurst)

15:57	4) Stanford DIV	10/03
15:16	4) Madera Elks	10/08
16:05	2) Mt. SAC Race #8	10/23
15:15.6	1) Central Section DIII	11/12
15:50	2) State DIII	11/28

31. -Manuel Ortega

(Stagg, Stockton)

16:22	27) Stanford DI	10/03
16:00	2) Golden Mustang DII	10/17
15:54	5) Sac-Joaquin Sec. DI	11/13
15:50	16) State DI	11/28

33. *Mario Marquez

(Mission Bay, San Diego)

15:13	3) Woodbridge DIII Jr	09/19
15:47	6) Laguna Hills DIII Jr	09/26
16:07	4) Stanford DIII	10/03
15:25	5) Fountain Valley DIII	10/10
16:06	5) San Diego Sec. DII	11/21
15:51	11) State DII	11/28

33. -Terry Hickey

(Foothill, Bakersfield)

15:18.5	3) Central Section DII	11/12
15:51	12) State DII	11/28

33. -Mike Prindiville

(DeLaSalle, Concord)
(Hometown: Antioch)

10:11	1) 5-Way @ Shadow Cliff	09/10
15:47	3) Clovis Large	09/19
09:42	1) San Ramon Large	09/26
15:52	12) Stanford DI	10/03
15:37	3) Mariner Large	10/17
15:35	9) Mt. SAC Team Sweep.	10/24
16:43	1) North Coast Sec. DI	11/21
15:51	17) State DI	11/28

36. **Javier Ramirez

(Nordhoff, Ojai)

18:12	2) Morro Bay	09/12
16:18	1) Rotary West Ojai	09/19
16:14	-8) Stanford DIV	10/03
16:08	1) Dos Pueblos Soph	10/09
16:27	9) Mt. SAC Race #8	10/17
16:32	1) SS DIV-AA Heat 1	11/14

15:51	3) Southern Section DIV	11/21
15:53	2) State DIV	11/28

36. -Craig Stanley

(Lemoore)

15:32.6	2) Central Section DIII	11/12
15:53	3) State DIII	11/28

38. -Dan Minami

(Peninsula, Rolling Hills Estates)

15:51	4) Mt. Carmel DII Sr	09/19
15:36	2) Royal DI	09/26
15:47	9) Stanford DI	10/03
16:18	6) Kenny Staub DI	10/10
15:31	7) Mt. SAC Team Sweep.	10/24
15:43	2) SS DI-AA Heat 1	11/14
15:33	7) Southern Section DI	11/21
15:54	18) State DI	11/28

38. -Tyson Walker

(DeLaSalle, Concord)
(Hometown: Pleasant Hill)

16:28	19) Clovis Large	09/19
09:52	2) San Ramon Large	09/26
16:10	19) Stanford DI	10/03
15:52	5) Mariner Large	10/17
16:01	20) Mt. SAC Team Sweep.	10/24
17:18	4) North Coast Sec. DI	11/21
15:55	19) State DI	11/28
15:54	38) Kinney West	12/05

40. ***Aaron Gillen

(Yreka)

16:29	4) Clovis Small	09/19
16:20	1) Northern Sec. DIV	11/12
15:55	3) State DIV	11/28

40. *Brendon Mahon

(La Habra)

16:38	23) Clovis Large	09/19
15:30	4) Dana Hills DII Jr	10/03
16:12	15) Mt. SAC ind. Sweep.	10/24
16:30	3) SS DIII-AA Heat 1	11/14
16:05	8) Southern Sec. DIII	11/21
15:55	4) State DIII	11/28

42. *Micha Robles

(Nordhoff, Ojai)

16:29	2) Rotary West Ojai	09/19
16:11	4) Dos Pueblos Junior	10/09
16:38	3) SS DIV-AA Heat 1	11/14
16:09	6) Southern Section DIV	11/21
15:56	4) State DIV	11/28

42. -Scott McKelvey

(Leigh, San Jose)

16:47	19) Stanford DII	10/03
No Time	2) Serra	10/10
13:00	3) DeAnza League	11/04
15:30	1) Central Coast S DII	11/14
15:56	13) State DII	11/21

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1992 All-California High School Cross Country Team

42. *Konrad Knutsen

(Del Campo, Fair Oaks)		
16:15	9) Clovis Large	09/19
11:51.4	5) Artichoke DI	10/03
15:24	3) Fountain Valley DI	10/10
15:40	3) Sac-Joaquin Sec. DI	11/13
<u>15:56</u>	20) State DI	11/28

45. *Rondie Gibbs

(Rubidoux, Riverside)		
15:37	3) Woodbridge DII Jr	09/19
15:12	3) Dana Hills DII Jr	10/03
16:06	1) Mt. SAC Race #31	10/24
15:59	1)SS DIII-AA Heat 1	11/14
15:53	3) Southern Sec. DIII	11/21
<u>15:57</u>	5) State DIII	11/28
16:00	43) Kinney West	12/05

46. -John Orosco

(Taft)		
18:05	4) Arroyo Grande Small	09/12
16:00	5) Stanford DIV	10/03
16:06	3) Mt. SAC Race #8	10/23
15:33.0	2) Central Section DIV	11/12
<u>15:58</u>	5) State DIV	11/28

46. *Jon Bishop

(Canyon, Canyon Country)		
15:00	2) Seaside Junior	09/12
16:26	18) Clovis Large	09/19
15:43	1) Laguna Hills DII Jr	09/26
16:13	5) Kenny Staub DI	10/10
16:07	2) Santa Clarita DI	10/17
16:07	24) Mt. SAC Team Sweep.	10/24
16:19	2) SS DII-AA Heat 2	11/14
15:46	7) Southern Section DII	11/21
<u>15:58</u>	14) State DII	11/28

46. *Eric Kropf

(Madera)		
15:59	7) Clovis Large	09/19
11:40.1	2) Artichoke DI	10/03
14:58	3) Madera Elks	10/08
15:21	3) Serra Championship	10/10
15:37	10) Mt. SAC Team Sweep.	10/24
14:55	2) Central Section DI	11/12
<u>15:58</u>	21) State DI	11/28

46. -Shawn Frack

(Esperanza, Anaheim)		
(Hometown: Yorba Linda)		
15:24	4) Woodbridge DI Senior	09/19
15:44	5) Stanford DI	10/03
15:27	4) Orange County Seeded	10/17
16:10	12) Mt. SAC Ind. Sweep.	10/24
15:56	4) SS DI-A Heat 2	11/14
<u>15:58</u>	41) Kinney West	12/05

50. -Jose Sanchez

(McFarland)		
15:54	1) Arroyo Grande Small	09/12

15:24	2) Mt. Whitney	09/18
14:51	1) Bell-Jeff DIV	09/26
15:57	3) Stanford DIV	10/03
16:32	2) Atascadero Small	10/10
16:17	7) Mt. SAC Race #8	10/17
15:25.7	1) Central Section DIV	11/12
<u>15:59</u>	6) State DIV	11/28

50. -Rodger Ciano

(San Luis Obispo)		
16:02	3) Arroyo Grande Small	09/12
16:09	1) Clovis Small	09/19
16:01	6) Stanford DII	10/03
16:14	1) Golden Mustang DIII	10/17
16:00	1) Mt. SAC Race #8	10/23
15:44	1) Southern Sec. DIII	11/21
<u>15:59</u>	6) State DIII	11/28

50. -Armando Lerma

(Indio)		
16:21	7) Santa Clarita DI	10/17
15:41	3) Mt. SAC Ind. Sweep.	10/24
16:05	3) SS DII-AA Heat 1	11/14
15:56	11) Southern Section DII	11/21
<u>15:59</u>	15) State DII	11/28

50. **John Greene

(Agoura, Agoura Hills)		
15:46	2) Woodbridge DII Soph	09/19
16:00	18) Mt. SAC Team Sweep.	10/24
16:00	2) SS DII-AA Heat 1	11/14
15:38	4) Southern Section DII	11/21
<u>15:59</u>	16) State DII	11/28

50. *Cesar Guerrero

(Locke, Los Angeles)		
15:49	5) Los Angeles Section	11/21
<u>15:59</u>	22) State DI	11/28

Top 50 Girls

1. -Milena Glusac

(Fallbrook)		
(Ranked #14 in 1989 at 18:31)		
(Ranked #3 in 1990 at 17:25)		
(Ranked #1 in 1991 at 17:11)		
16:44	1) Mt. Carmel DII Sr	09/19
17:42	1) Laguna Hills DI J/S	09/26
17:15CR	1) Mt. SAC Team Sweep.	10/24
14:19	1) San Diego Section	11/21
17:14	1) State DI	11/28
<u>17:11</u>	1) Kinney West	12/05
17:38.1	2) Kinney National	12/12

2. **Amy Skieresz

(Agoura, Agoura Hills)		
(Hometown: Westlake Village)		
(Ranked #8 in 1991 at 18:17)		
17:05	1) Woodbridge DII	09/19

17:30	1) Kenny Staub DI	10/10
17:57	2) Mt. SAC Team Sweep.	10/24
17:54	1) SS DI-AA Heat 1	11/14
17:24SoCR	1) Southern Section DI	11/21
17:42	2) State DI	11/28
<u>17:27</u>	2) Kinney West	12/05
17:42.1	3) Kinney National	12/12

3. *Carrie Garritson

(Buena Park)		
(Hometown: Fullerton)		
(Ranked #4 in 1990 at 17:36 for Rim of the World, Lake Arrowhead)		
(Ranked #3 in 1991 at 17:32 for Sunny Hills, Fullerton)		
18:25	1) Mt. SAC Race #52 JV	10/24
<u>17:46</u>	3) Kinney West	12/05
18:38.0	19) Kinney National	12/12

4. -Miesha Marzell

(Bishop O'Dowd, Oakland)		
19:01	1) 4-Way at Mills Coll.	09/03
14:54	1) Ram	09/26
18:27	1) Stanford DIII	10/03
17:39.7	1) Mariner Large	10/17
21:32	1) Eastshore A. League	11/05
19:16	1) North Coast Sec DIII	11/21
<u>18:02</u>	1) State DIII	11/28

5. -Karen Bockel

(Nordhoff, Ojai)		
(Home: Germany / foreign exchange student)		
21:19CR	1) Morro Bay	09/12
19:17	1) Rotary West Ojai	09/19
19:23	2) Stanford DIV	10/03
18:00	1) Dos Pueblos Senior	10/09
18:56	2) Mt. SAC Race #11	10/23
19:39	1) SS DIV-AA Heat 1	11/14
18:51	2) Southern Section DIV	11/21
<u>18:12</u>	1) State DIV	11/28
18:12	7) Kinney West	12/05
18:59.4	26) Kinney National	12/12

5. -Domatilla Torrens

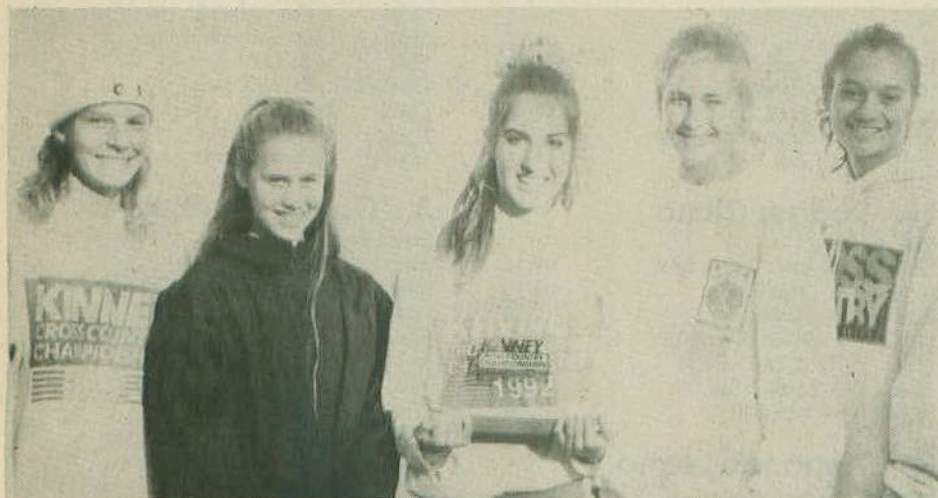
(St. Francis, Mountain View)		
(Hometown: Los Altos)		
15:01	2) Ram	09/26
18:49	3) Stanford DIII	10/03
18:38	1) Golden Mustang DIII	10/17
14:17	1) De Anza League	11/04
17:46	1) Central Coast S DIII	11/18
<u>18:12</u>	2) State DII	11/28
18:41	16) Kinney West	12/05

7. -Anikai Webb

(Bear River, Grass Valley)		
18:30	1) Stanford DIV	10/03
17:46.5	1) Mariner Small	10/17
18:17	1) Sac-Joaquin Sec. DIV	11/13
18:24	2) State DIV	11/28
<u>18:13</u>	9) Kinney West	12/05

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1992 All-California High School Cross Country Team



Left to right: KAREN BOCKEL, CARRIE GARRITSON, MILENA GLUSAC, AMY SKIERESZ, and ANIKAI WEBB.

Fine Flicks by Don Gosney

8. -Michele Cox

(Escondido)

18:25	3) Woodbridge DIII	09/19
18:29	2) Laguna Hills DII J/S	09/26
14:44	1) San Diego Sec. DI	11/21
18:28	1) State DII	11/28
19:00	30) Kinney West	12/05

9. -Mayra Medina

(Laguna Hills)

18:43	5) Woodsbridge DIV	09/19
18:32	3) State DIII	11/28

10. **Molly Mehlberg

(Peninsula, Rolling Hills Estates)

17:30	1) Mt. Carmel DII Soph	09/19
18:58	2) Royal DI	09/26
19:18	7) Stanford DI	10/03
19:21	3) Kenny Staub DI	10/10
19:02	9) Mt. SAC Team Sweep.	10/24
19:40	5) SS DI AA Heat 2	11/14
18:31	4) Southern Section DI	11/21
18:34	3) State DI	11/28

11. -Kelly Roda

(Irvine)

(Ranked #20 in 1990 at 18:34)

18:07	3) Woodbridge DI	09/19
18:29	3) Laguna Hills DI J/S	09/26
17:27	2) Dana Hills DI Jr/Sr	10/03
18:07	4) Orange County Seeded	10/17
18:36	4) Mt. SAC Team Sweep.	10/24
19:06	1) SS DI-AA Heat 1	11/14
18:36	5) Southern Section DI	11/21

18:35	4) State DI	11/28
19:06	34) Kinney West	12/05

12. *Kay Nekota

(Agoura, Agoura Hills)

(Ranked #10 in 1990 at 18:07 for Woodbridge, Irvine)

(Ranked #8 in 1991 at 18:01)

18:00	2) Woodbridge DII	09/19
18:54	2) Kenny Staub DI	10/10
18:42	5) Mt. SAC Team Sweep.	10/24
18:51	3) SS DI-AA Heat 1	11/14
18:18	3) Southern Section DI	11/21
18:36	5) State DI	11/28

13. *Kim Nelson

(Canyon, Anaheim)

(Ranked #9 in 1991 at 18:25)

18:16	2) Woodbridge DIII	09/19
17:33	1) Dana Hills DII Jr/Sr	10/03
17:52	1) Orange County Seeded	10/17
18:48	1) SS DI-AA Heat 1	11/14
18:44	2) Southern Section DI	11/21
18:40	2) State DII	11/28
18:38	14) Kinney West	12/05

14. -Liz Leigh-Wood

(Aptos)

20:31	14) Clovis Large	09/19
19:50	16) Stanford DIII	10/03
19:09	2) Serra	10/10
19:39	18) Mt. SAC Team Sweep.	10/24
18:37	2) Central Coast S DIII	11/18
18:41	4) State DIII	11/28
18:39	15) Kinney West	12/05

15. -Erica Sumi

(Wilson, Long Beach)

(Ranked #7 in 1990 at 17:44)

17:46	2) Woodbridge DI	09/19
18:11	2) Laguna Hills DI J/S	09/26
17:22	1) Dana Hills DI Jr/Sr	10/03
18:26	2) Mt. SAC Ind. Sweep.	10/24
18:36	2) SS DI-AA Heat 1	11/14
18:15	2) Southern Section DI	11/21
18:41	6) State DI	11/28
18:58	28) Kinney West	12/05

16. -Maribella Aparicio

(Fillmore)

(Ranked #18 in 1989 at 18:36)

(Ranked #13 in 1990 at 18:11)

(Ranked #4 in 1991 at 17:34)

17:03	1) Seaside Jr/Sr	09/19
17:25	1) Woodbridge DIV	09/19
17:56	1) Royal DI	09/26
17:46	1) Mt. SAC Race #11	10/24
18:07	1) SS DIV-AA Heat 2	11/14
17:32	1) Southern Section DIV	11/21
18:48	3) State DIV	11/28
18:44	20) Kinney West	12/05

17. *Grace Durnell

(Merced)

19:36	5) Clovis Large	09/19
18:28	1) Stanford DI	10/03
18:20	1) Mt. SAC Ind. Sweep.	10/24
18:09	1) Sac-Joaquin Sect. DI	11/14
18:46	7) State DI	11/21
19:15	41) Kinney West	12/05

18. -Christie Engesser

(Ocean View, Huntington Beach)

20:20	12) Stanford DII	10/03
19:47	5) SS DII-AA Heat 1	11/14
19:00	4) Southern Section DII	11/21
18:48	3) State DII	11/28

18. *Sherrie Donovan

(Madera)

19:35	4) Clovis Large	09/19
14:07.3	1) Artichoke	10/03
18:01	1) Madera Elks	10/10
18:34	1) Serra	10/17
19:56	2) Mt. SAC Race #27	10/24
18:29.1	3) Central Section DI	11/14
18:57	10) State DI	11/21
18:48	22) Kinney West	12/05

20. -Laura Hamady

(Urban, San Francisco)

(Hometown: Berkeley)

(Ranked #26 in 1989 at 18:47)

18:31	1) NCS DIV North	11/14
19:50	1) North Coast Sec. DIV	11/21
18:49	4) State DIV	11/28

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1992 All-California High School Cross Country Team

20. **Tracy Clark

(Corona del Mar, Newport Beach)

18:23	3) Woodbridge DIV	09/19
18:31	2) Laguna Hills DIII So	09/26
18:53	4) Stanford DIII	10/03
17:55	2) Orange County Seeded	10/17
18:19	3) Mt. SAC Team Sweep.	10/24
19:01	1) SS DIII-A Heat 1	11/14
18:37	2) Southern Sec. DIII	11/21
18:49	5) State DIII	11/28

22. -Christine Lewis

(Wilson, Long Beach)

18:32	4) Woodbridge DI	09/19
17:36	3) Dana Hills DI Jr/Sr	10/03
20:12	3) Brea Olinda combined	10/17
19:50	15) Mt. SAC Ind. Sweep.	10/24
19:36	5) SS DI-AA Heat 1	11/14
18:41	7) Southern Section DI	11/21
18:51	8) State DI	11/28

23. -Cindy Franco

(Delano)

(Ranked #22 in 1991 at 18:43)

19:56	3) Mt. Whitney	09/18
19:31	2) Bell-Jeff DI	09/26
19:18	3) Stanford DI	10/03
18:11.2	2) Central Section DI	11/12
18:53	4) State DI	11/28

23. **Carrie Caulkins

(Esperanza, Anaheim)

(Hometown: Yorba Linda)

18:22	6) Orange County Seeded	10/17
9:51	7) Mt. SAC Team Sweep.	10/24
1:57	4) SS DI-A Heat 2	11/14
18:50	11) Southern Section DI	11/21
18:53	9) State DI	11/28
19:11	38) Kinney West	12/05

23. -Kristie Camp

(Agoura, Agoura Hills)

(Ranked #24 in 1991 at 18:45)

18:00	3) Woodbridge DI	09/19
19:22	4) SS DI-AA Heat 1	11/14
18:45	9) Southern Section DI	11/21
19:17	23) State DI	11/28
18:53	23) Kinney West	12/05

26. *Carlene Pengra

(La Canada)

18:53	4) Bell-Jeff DIII	09/26
20:01	22) Stanford DIII	10/03
20:07	3) Kenny Staub DI	10/10
19:52	6) Mt. SAC Race #11	10/23
19:35	2) SS DIII-A Heat 1	11/14
19:11	7) Southern Section DI	11/21
18:54	6) State DIII	11/28

26. -Kristina Dahlbert

(El Modena, Orange)



ERICA SUMI

Photo by Mike Lambert



KELLY RODA

Photo by Mike Lambert



LIZ LEIGH-WOOD

Photo by Keith Conning

19:56	7) Bronco	09/12
19:49	15) Stanford DIII	10/03
20:09	2) SS DIII-AA Heat 2	11/14
19:18	8) Southern Section DI	11/21
18:54	7) State DIII	11/28

26. -Jenny Wong

(Harvard/Westlake, North Hollywood)

(Hometown: Los Angeles)

18:18	1) Bell-Jeff DIII	09/26
18:01	1) Mt. SAC Race #10	10/23
19:09	1) SS DIII-A Heat 2	11/14
19:06	6) Southern Sec. DIII	11/21
18:56	8) State DIII	11/28
18:54	24) Kinney West	12/05

29. **Miranda Middlecoff

(Los Gatos)

19:49	2) Arroyo Grande Small	09/12
14:24.7	2) Artichoke DI	10/03
19:51	2) Golden Mustang DIII	10/17
15:45	1) Soquel Frosh/Soph	10/24
15:13	2) DeAnza League	11/04
18:43	1) Central Coast S DIII	11/14
18:56	5) State DI	11/28

30. ***Patricia Gibby

(Thousand Oaks)

19:11	1) SS DI-A Heat 2	11/14
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18:39	6) Southern Section DI	11/21
19:47	39) State DI	11/28
18:57	1) Kinney West Fr/So	12/05

31. **Elyse Hoberger

(Edison, Huntington Beach)

18:55	2) Laguna Hills DI So	09/26
18:28	2) Dana Hills DI Soph	10/03
18:06	3) Orange County Seeded	10/17
19:13	11) Mt. SAC Team Sweep.	10/24
19:34	2) SS DI-AA Heat 2	11/14
18:30	1) Southern Section DI	11/21
18:58	6) State DI	11/28

32. **Melanie Pickett

(Mt. Carmel, San Diego)

18:23	4) Mt. Carmel DI Soph	09/19
19:09	2) Laguna Hills DI Fr	09/26
19:46	22) Mt. SAC Team Sweep.	10/24
15:15	3) San Diego Section DI	11/21
18:59	11) State DI	11/28

32. -Michelle Muething

(Amador Valley, Pleasanton)

12:32	1) 6-Way @ Shadow Cliff	09/10
19:34	3) Clovis Large	09/19
19:14	2) Stanford DI	10/03
18:26.9	2) Mariner Large	10/17
19:00	6) Mt. SAC Ind. Sweep.	10/24
19:56	1) East Bay Ath. League	11/05

continued next page...

1992 All-California High School Cross Country Team

19:56 2) North Coast Sec. DII 11/21
 19:02 7) State DII 11/28
 18:59 29) Kinney West 12/05

34. *Sarah Dickerman

(Del Campo, Fair Oaks)
 20:45 20) Clovis Large 09/19
 14:45.6 4) Artichoke DI 10/03
 19:09 5) Fountain Valley DI 10/10
 19:13 3) Sac-Joaquin Sec. DI 11/13
 19:00 12) State DI 11/28

35. ***Michelle O'Connor

(Our Lady of Peace, San Diego)
 18:17 1) Mt. Carmel DI Frosh 09/19
 15:42 1) San Diego Sec. DIII 11/21
 19:02 9) State DIII 11/28

35. -Sara Valdez

(El Dorado, Placentia)
 No Time 1) SS DIII-AA Heat 2 11/14
 19:21 9) Southern Sec. DIII 11/21
 19:02 10) State DIII 11/28

35. *Jaime Artzner

(Peninsula, Rolling Hills Estates)
 17:56 1) Mt. Carmel DII Jr 09/19
 19:32 3) Royal DI 09/26
 19:21 8) Stanford DI 10/03
 19:43 6) Kenny Staub DI 10/10
 18:49 6) Mt. SAC Team Sweep. 10/24
 19:40 4) SS DI-AA Heat 2 11/14
 18:50 10) Southern Section DI 11/21
 19:02 13) State DI 11/28

35. -Melanie Hand

(Fallbrook)
 17:35 3) Mt. Carmel DII Sr 09/19
 18:50 4) Laguna Hills DI J/S 09/26
 15:56 13) San Diego Sec. DI 11/21
 19:02 14) State DI 11/28

35. -Laura Monson

(Claremont)
 17:42 2) Seaside Jr/Sr 09/12
 18:11 1) Woodbridge DIII 09/19
 19:00 1) Stanford DII 10/03
 18:30 4) Mt. SAC Ind. Sweep. 10/24
 18:58 1) SS DII-AA Heat 2 11/14
 19:02 31) Kinney West 12/05

40. *Gwen Twist

(Newport Harbor, Newport Beach)
 17:53 2) Dana Hills DII Jr/Sr 10/03
 18:25 7) Orange County Seeded 10/17
 19:37 1) Mt. SAC Race #38 10/24
 20:06 3) SS DIII-A Heat 2 11/14
 19:03 11) State DIII 11/28
 19:09 35) Kinney West 12/05

40. **Amy Hallbauer

(Pleasant Valley, Chico)
 15:25 1) Yreka Taco Bell 09/12
 11:07 1) Chico 09/26
 19:43 2) Northern Section 11/12
 19:03 12) State DIII 11/28
 19:09 36) Kinney West 12/05

40. -Melissa Keim

(San Pasqual, Escondido)
 16:53 1) Mt. Carmel Senior 09/19
 17:50 1) Laguna Hills Jr/Sr 09/26
 15:14 2) San Diego Sec. DII 11/21
 19:03 8) State DII 11/28

40. ***Amber Davison

(Alta Loma)
 19:34 4) Bronco 09/12
 18:23 1) Dana Hills DI Frosh 10/03
 18:37 2) Fountain Valley DI 10/10
 19:22 1) Mt. SAC Race #28 10/24
 19:19 2) SS DI-AA Heat 2 11/14
 18:50 12) Southern Section DI 11/21
 19:03 15) State DI 11/28

40. ***Kim Mortenson

(Thousand Oaks)
 19:49 6) Fountain Valley DII 10/10
 20:01 3) Golden Mustang DI 10/17
 19:34 12) Mt. SAC Ind. Sweep. 10/24
 19:22 2) SS DI-A Heat 2 11/14
 18:42 8) Southern Section DI 11/21
 19:03 16) State DI 11/28

45. -Vicky Fleschner

(Fortuna)
 11:12 2) Chico 09/26
 20:13 2) North Coast Sec. DIV 11/21
 19:04 5) State DIV 11/28

46. **Taryn Lawson

(Ocean View, Huntington Beach)
 17:32 2) Mt. Carmel DII Soph 09/19
 18:29 1) Laguna Hills DII So 09/26
 19:23 5) Stanford DII 10/03
 18:19 5) Orange County Seeded 10/17
 18:34 5) Mt. SAC Ind. Sweep. 10/24
 19:39 4) SS DII-AA Heat 1 11/14
 18:57 3) Southern Section DII 11/21
 19:05 9) State DII 11/28

46. -Patricia Trejo

(Belmont, Los Angeles)
 18:25 1) Bell-Jeff DI 09/26
 19:27 4) Kenny Staub DI 10/10
 18:37 1) Los Angeles Section 11/21
 19:05 33) Kinney West 12/05

47. -Tiffany Burt

(Agoura, Agoura Hills)
 19:30 14) Mt. SAC Team Sweep. 10/24

20:00 7) SS DI-AA Heat 1 11/14
 18:53 13) Southern Section DI 11/21
 19:06 17) State DI 11/28

48. **Elissa Riedy

(Mission San Jose, Fremont)
 20:31 1) Mission Valley A.L. 11/05
 19:54 1) North Coast Sec. DI 11/21
 19:07 10) State DII 11/28

48. **Mary Blake

(Peninsula, Rolling Hills Estates)
 18:35 5) Mt. Carmel DII Soph 09/19
 19:43 4) Royal DI 09/26
 19:32 10) Stanford DI 10/03
 19:49 8) Kenny Staub DI 10/10
 19:33 16) Mt. SAC Team Sweep. 10/24
 19:07 18) State DI 11/28

50. **Roseanna Heagerty

(Birmingham, Van Nuys)
 (Hometown: Northridge)
 19:58 8) Bell-Jeff DI 09/26
 19:35 2) Kenny Staub DII 10/10
 19:54 1) Santa Clarita DI 10/17
 19:26 10) Mt. SAC Ind. Sweep. 10/24
 19:33 4) Los Angeles Section 11/21
 19:09 19) State DI 11/28

Top Runners By Grade

Boys:

15:03 -Margarito Casillas (Hoover, Glen)
 15:14 *Jaime Martinez (Orange)
 15:37 **Brett Strahan (Hart, Newhall)
 15:55 ***Aaron Gillen (Yreka)

Girls:

17:11 -Milena Glusac (Fallbrook)
 17:46 *Carrie Garrison (Buena Park)
 17:27 **Amy Skieresz (Agoura, A.Hills)
 18:57 ***Patricia Gibby (Thous.Oaks)

Progression Over Years

Boys:	25th	40th
1989	15:45	15:53
1990	15:46	
1991	15:43	
1992	15:45	15:55
Girls:		
1989	18:46	18:57
1990	18:43	
1991	18:45	
1992	18:53	19:0



PREP NOTES

By KEITH CONNING

■ Northern California High School Track & Field Results Wanted

Please send results of Northern California high school track and field meets to Keith Conning, 2235 Browning Street, Berkeley, CA 94702-1823.

Include the name of the meet, site, and date.

■ Huskies ponder tighter controls

Associated Press

SEATTLE, December 26--The University of Washington Faculty Senate's executive committee will consider next month a proposal to tighten control over the school's athletic programs.

The discussion is needed because recent problems with the football program could tarnish the image and reputation of the university, faculty chairman Michael Vaughan said.

The problems include the suspension of quarterback Billy Joe Hobert for accepting a \$50,000 loan and allegations that boosters paid players for no-show jobs.

The senate represents the university's 3,919 faculty members. It cannot make changes independently, but it has the clout to advise university administrators and the Board of Regents on academic matters.

Vaughan said the faculty needs to discuss what role it should play in the athletic department and what the faculty can do to help.

"We don't want to act on ideology or prejudiced assumptions about big-time sports," Vaughan said Wednesday. "We want to operate on the assumption that whatever problems there are -- if there are any -- they can be fixed."

The committee will consider a range of ideas, including recommendations proposed by the Washington, D.C.-based American Association of University Professors.

The AAUP's recommendations include:

- Holding athletes to the same admission standards as other students.
- Requiring that financial operations of the

athletic department fall under the central administration like any other department.

- Integrating athletes with other students in all areas of campus life.

(Prep Editor: The preceding article appeared in *The Oakland Tribune* on December 26. See the related story in the January issue of *California Track News*.)

■ Dartmouth Relays

Hanover, N.H., January 10--Ramona (Ebert) Pagel (Mazda T.C), 11th in the Olympic Games at 59-10 1/4, won the shot put at 58-8.

Ebert (Schurr High School, Montebello 1979) placed third in the State Meet shot put in 1979 at 47-5 1/2.

■ Montreal

Centre Claude-Robillard, Montreal, Canada, January 17--Janeene Vickers, bronze medalist in the 400 meter hurdles at the Olympic Games, placed fourth in the 400 meters in 55.22.

Vickers (Pomona High School 1987) won the State Meet 300 meter low hurdles in 1986 at 41.32 and in 1987 at 40.96. She also won the State Meet 100 meters in 1987 at 11.76.

■ Marion Jones Facing a Suspension

Track and field: Sprinter misses drug test because of communication problem, her mother says.

By JOHN ORTEGA
Time Staff Writer

Marion Jones of Thousand Oaks High, a national-class sprinter who finished fourth in the 200 meters and fifth in the 100 at last year's U.S. Olympic Trials, missed a random drug test administered by The Athletics Congress last September and could be suspended from international and national championship track competition for four years.

TAC, which changed its name to USA Track & Field last month, sent a letter to Jones in September informing her that she

was required to undergo a random drug test within 48 hours of being notified.

Jones, who has signed a national letter of intent to run track and play basketball for North Carolina, never received the letter, according to her mother, Marion Toler.

Toler said that Jones, 17, received a letter from TAC two weeks after the first one was reportedly sent asking her why she had not been tested.

"We never received a letter requesting that she undergo a test," Toler said. "We had no knowledge of a test until we received the second letter."

Because of mail problems in the past, all of Jones' mail is sent to Elliott Mason, her personal coach since last season and a counselor at L.A. Harbor College.

Apparently, someone at Harbor signed for the letter requesting that Jones undergo a test, but Mason never received the letter, according to Toler.

Mason could not be reached for comment.

Under TAC rules, an athlete must undergo a random drug test within 48 hours of being notified or be subject to a four-year suspension.

Because Jones failed to do that, she could be suspended, although USATF spokesman Pete Cava said Sunday that he has no knowledge of a suspension.

"I really can't comment on the specifics of any case," Cava said. "But I think that if she had been suspended, I would have known about it, and I haven't heard anything."

Toler said that she has been in close contact with USATF officials regarding the situation since September and that Jones took a test in November.

"I was told this was all going to be handled in a confidential manner," she said. "Until now, this was not something that Marion and I were going to get upset about. She has done nothing wrong."

If Jones is suspended, she could apply for an arbitration hearing and the suspension could be dropped based on the evidence pre-

continued next page...

ANNOUNCING THE DUAL TRACK AND FIELD MEET

By Doug Speck

(As one who announces more than a few meets in our sport, I thought it might be a help to jot a few notes down on how a school could develop an announcer to assist them through dual, league, or small invitational meets and help better to present our sport to the public).

One of the most significant issues facing our sport is how it is presented to the marginal fan. Many people show up at a competition to watch a son, daughter, relative, or neighbor take part. The announcer is the communication lifeline between the action on the track and in the field and the novice fan of the sport in the stands. The announcer has the ability to guide a possible fan of the sport through a pleasant introduction to our activity. With Coaches having a million and one responsibilities on the meet date, the following article was prepared as guidelines for the development of a good "home meet" announcer who is capable of adding to our sport, and attempting to build interest within your school and community. It is hoped that every coach can find someone on the school staff or within the community who has a little knowledge of track with the time available to follow through on some of the following items, or try to build in each year one or two of the following suggestions. An individual to read the results through the PA system is always available, but some of the extras suggested in this article can really make a difference to a parent or relative who wanders out to the track for the first time to watch their son, daughter, or relative compete.

Information that could be gathered by the announcer before the season's meets start:

--Meet Records (if available between the schools involved, or league records if the meet at that level).

This could be an interesting project for someone to work on "out of the season" through the local paper if such records are not available.

--School records for the affected teams.

--Team Rosters--An announcer could call or send to the schools you will face and ask the athletic secretary at the schools to send you a roster. All schools keep athletic team rosters for eligibility, busing fees, etc. Ask if the roster can include the grades in school of the athletes.

--Results of last year's dual meets, league finals, and CIF divisional competitions (library papers may help). To be able to point out strong match-ups in the events as based upon last year's dual meet results or to mention, "so and so in lanes 5 and 6 in this 100 meter event were first and second in last year's Metro League Finals or this dual meet" adds the kind of information that helps build interest and draw attention to the key match-ups in meets. Simply drawing attention to an outstanding athlete in an event with some information about them helps fans to appreciate the more accomplished in the sport.

--Secure copies of the dual or league meet order of events that will be used during the meets in the season. Tack it up where you can see it in the area where you are announcing from and keep fans informed of what events are coming up.

--Keep an eye out for "All-League," "All-Area," or "All-Academic," or whatever awards for athletes in related sports (football, basketball, soccer, cross-country, etc.). You will see the names of some of the track athletes. Even if the athlete is not a superstar in track, fans would appreciate a comment such as, "Tom Jones of West High School in this High Hurdle event in lane 5 was All-Valley as a wide-receiver." A football follower may become a bit more of a track fan through these efforts.

Meet Date Announcer's set-up:

--Always try to have the scorekeepers for the schools involved sitting near you as the announcer. As they keep the scorebook you can announce the running score: "After six events in the girls varsity meet the score is "Central 36, Westside 34." Also, the visiting scorekeepers typically know the team members of their squad and can help you pick out their outstanding athletes as they are at the starting line for a coming event or as the event unfolds. From the information on last year's results, which athletes are returning for the teams, and results that have been in the paper thusfar this season, you should be able to figure out some possible good match-ups that will take place during the meet. If the meet scoring is close, keep the fans informed and let them know how many events to go, what events are not yet scored, etc., as everyone enjoys the suspense of a contest that is not decided until right near the end. If you have copies of school records or meet records give a set to the scorekeepers and have them check each result as it comes in against the record sheet. They are usually pretty conscientious students and can indicate to you any record performances.

--On the typical high school track team there are always a couple of injured team members who still wish to do what they can to help the team. If not assigned to a hurdle or block crew, ask the coach to have a couple of these athletes assigned to you to assist with your announcing. They can do the following jobs:

1) can assist you with timing of the races unofficially and giving you lap splits to announce during the distance races.

2) can assist you with picking out the outstanding

continued next page..

sented.

Even if Jones is suspended, she is eligible to compete in high school track meets this season.

The suspension would not affect her eligibility at the NCAA level either, but it would prevent her from competing in invitational meets or in the USATF championships, and it would prevent her from representing the U.S. at the international level.

Jones, three-time defending high school state champion in the 100 and 200, is not the first athlete to miss a random drug test due to

an apparent communication breakdown.

Kathy Franey, a national-class distance runner, was suspended for four years in 1991 after failing to show up for a random drug test within the 48-hour period.

TAC reinstated her when it was discovered during an arbitration hearing that a family member signed for the notification letter, but that Franey did not receive it until after the 48-hour deadline passed.

"This is just another example of how unorganized USA Track & Field is when it comes to testing," Toler said. "Marion is not the first

athlete that this has happened to and she will not be the last as long as they continue to do this in this manner."

(Prep Editor: The preceding article appeared in the Los Angeles Times on January 18, 1993. Jones (Rio Mesa) won the 1990 State Meet 100 meters in 11.67 and the 200 meters in 23.71. She won the 1991 State Meet 100 meters in 11.17 and the 200 meter in 22.91. She transferred to Thousand Oaks in September 1991. She won the 1992 State Meet 100 meters in 11.14 and the 200 meter in 22.83. She set the national high school

continued next page

PREP NOTES

members of the team as they line up in the different events. If the visiting school has someone along who cannot compete you might ask that coach if they have someone who can help you in this area.

3) one or two could be "go-betweens" the field events and yourself. A little research before the meet could give you an idea of any outstanding field event athletes. With a piece of paper and pencil they can bring you information on a portion of the track meet typically ignored. One helper could hang around the high jumps and pole vault and come up to you when the bar gets to some outstanding height and indicate the one or two competitors who are left (as you will not have time probably to announce anymore than that). The other could be in the long/triple jump and shot put area of the track, and bring you event leader part way through the competition.

Some other points of interest and consideration as a dual meet announcer:

-Knowing the starting and finishing point of races (make or draw up a track map?) to be able to relate to spectators the length of the different events. The beginning fan will find a track meet dizzying with often times starting and finishing in many different spots, different hurdle events, etc. that can be made a little more palatable with some simple explanations. A statement as simple as, "This is the 800 meter run, two laps in length, with athletes running around the first turn from the stagger in their lanes, and cutting to the inside at the start of the backstretch," will help guide the novice fan through such an event.

-Check with the Coaches and starter to see if it is okay to announce split times during the events from 800 meters on up. Giving the lap number, times, and being able to name the first athlete or two in the race gives the event a little personality. A comment like, "Fred Jones, Central's defending Metro League 800 meter champion, was 58 seconds for the first lap of his 800 meter race today, with a good second 400 meters putting him under 2:00, which would be his seasonal best," or, "the first four laps of the 3200 meters event was 4:57, a pace for under 10:00 for the

entire eight lap event," is the kind of an item of interest that helps guide people through the meet.

-Also, check and see with the Coaches and Timers at the meet if it is okay to announce unofficial times from your press box area. If you are in a position to time, or can have a student help you by timing the events, you can add to the meet, especially if it is an outstanding performance, by announcing, "We have an unofficial time of 25.2 for Sally Jones in that 200 meter event, which is very close to the school record. We will await the official results from the finish line but it appears Sally has raced to an outstanding effort here this afternoon." Always be too conservative (meaning "too slow" in your unofficial timing, or if you have someone assist you). To have you announce a 100 meter time that is seven tenths of a second faster than what the finish line crew has as their official result when you announce it later kind of wrecks the effectiveness of your unofficial timing. If you are a tenth of a second or two off and you have announced your times as "unofficial" you should have no problems. Your ability to gauge efforts through these unofficial times will allow you to give a moment of spotlight to outstanding athletes as they complete their event, not some ten or fifteen minutes later, as in most meets, when you announce the official results, and the athletes are far off the track.

-While the dual meet announcer cannot be expected to cover the field events as they are in progress you can do a little bit of anticipation beforehand and ask to be informed of some outstanding effort by athletes. By studying seasonal results or talking to coaches you can get an idea of the outstanding athletes in the field events. You could write a short note to your field event officials and indicate that you would like to have them send an athlete up to you who can give you information on a special athlete who is "attempting 14 feet in the pole vault," "5 feet 4 inches in the girls high jump," "Fred Jones of East is leading the Long Jump at 22'3"," or whatever you decide beforehand you would like to know.

-Try to become a little bit of a student of some of the peculiarities of the sport. In the 300 meter hurdles, during the event, you can tell the relative posi-

tions of the athletes by the order in which they go over the hurdles when those hurdles are on the stagger. In any event that starts with the athletes on a stagger (200 meters, 400 meters, 300 meter hurdles), all competitors have the same distance to the finish line when they enter the final straight-away.

-Be careful to stay within that fine line between being a student of the sport and being a "cheerleader." Giving credit to both sides in a competition, and being careful to not be so complete in your calls of races that you are giving warnings to race leaders when an opponent is about to come up and challenge them are two points of importance. Spectators will read in closely to your favoritism of one side or another. Also, remember you are not a TV or radio "color commentator, so avoid too much "play by play."

Written preparation for the meet:

-In a relatively short time an evening or two before the meet, the announcer could jot down a few notes on some of the events for the meet they are announcing. Notes on where some of the outstanding athletes may be appearing in events, or some of the match-ups that might take place can be put in meet day order and it can be a piece of paper to be referred to as the meet goes on.

Final Note:

-The above are only general suggestions. It will be very hard for a new announcer to implement any more than a couple of them for maybe the entire first season. The quality of student help often varies quite a bit. Keep in mind that anything that is done more than simply reading the event results and top placers over the PA system is an improvement over what happens at most high school dual track and field meets. The announcing can grow into kind of a "labor of love," with one having the ability to truly add a great deal to a sport that frequently falls victim to too little or no helpful information for the marginal fan. ♦

record of 22.58 in the 200 meters at New Orleans, Louisiana on June 28, 1992.)

■ Profile on Milena Glusac (Fallbrook)

Milena Glusac (Fallbrook) had a remarkable high school cross country career. Here are the highlights of her four years.

1989

Ranked #14 in California

12:23 1) South Bay DIII

15:12 1) San Diego Section 3A

18:31 9) State DI

11/10

11/25

18:40 18) Kinney West 12/02

1990

Ranked #3 in California

16:27 1) Mt. Carmel DI So 09/15

17:15 1) Laguna Hills Lg So 09/22

17:08 1) Dana Hills DI So 09/29

17:45 4) Mt. SAC Ind. Sweep. 10/20

14:30 1) San Diego Section

17:54 3) State DII 11/24

17:25 3) Kinney West 12/01

17:59 7) Kinney National 12/08

1991

Ranked #1 in California

16:49 CR 1) Laguna Hills DI Jr/S 09/14

15:53 CR 1) Mt. Carmel DI Jr 09/21

17:18 1) Mt. SAC Race #40 10/19

14:31 1) San Diego Section DI 11/23

17:13 1) State DI 11/30

17:11 1) Kinney West 12/07

19:53 30) Kinney National 12/14

1992

Ranked #1 in California

16:44 1) Mt. Carmel DII Sr 09/19

17:42 1) Laguna Hills DI J/S 09/26

17:15 CR 1) Mt. SAC Team Sweep. 10/24

14:19 1) San Diego Section 11/21

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PREP NOTES



MILENA GLUSAC

Photo by Kirby Lee

17:14	1) State DI	11/28
<u>17:11</u>	1) Kinney West	12/05
17:38.1	2) Kinney National	12/12

■ Charles White (San Fernando High School 1976)

January 20--Charles White, who won the Heisman Trophy in 1979 as a running back at Southern Cal, was hired as the Trojans' running backs coach. White played for new coach John Robinson at USC for four years (1976-79) and finished as the school's all-time rushing leader with 6,245 yards, the second-highest total in NCAA history.

White (San Fernando High School 1976) holds the California high school record in the 400 meter intermediate hurdles at 51.5. He won the 1976 State Meet 330 yard hurdles in 36.7. Andre Phillips (Silver Creek, San Jose), a junior and the 1988 Olympic champion in the 400 meter intermediate hurdles, placed fourth in that race in 37.3.

■ Track Schedule

Date/Day	Event	Site	City
13 Mar Sat	Chabot/Mariner Invit.	Chabot	Hayward
26 Mar Fri	Stanford Festival	Stanford	Palo Alto
27 Mar Sat	Stanford Festival	Stanford	Palo Alto
27 Mar Sat	Hampton/Phillips	SJCC	San Jose
02 Apr Fri	Fresno Relays	FCC	Fresno
03 Apr Sat	Fresno Relays	FCC	Fresno
03 Apr Sat	Oakland Invitational	U.C.	Berkeley
10 Apr Sat	Pierce/Gold Bear Flys	U.C.	Berkeley
23 Apr Fri	Top Eight Invitational	Logan	Union City
24 Apr Sat	Santa Rosa Invit.	SRJC	Santa Rosa
07 May Fri	Sacramento Meet of Champions	TBA	Sacramento
28 May Fri	NCS Meet of Champ.	U.C.	Berkeley
29 May Sat	NCS Meet of Champ.	U.C.	Berkeley
04 Jun Fri	CIF State Meet	Cerritos	Norwalk
05 Jun Sat	CIF State Meet	Cerritos	Norwalk
12 Jun Sat	Golden West Invit.	Hughes	Sacramento

1992 Top Times at the STATE MEET and KINNEY WEST REGIONAL

Compiled by Keith Conning

This is a list of the top times turned in during the State Meet on November 28 and the Kinney West Regional on December 5 at Woodward Park. The minimum standard for this list was the time of the 50th place finishers in the Kinney West Regional seeded races--16:04 for boys and 19:25 for girls.

The high school and section is listed with State Meet results. The city is listed with Kinney West results. For example, Jason Balkman goes to Lynbrook High School and lives in Saratoga. Mike Love lives in Orange and attends Katella High School.

Abbreviations: D=Division, K=Kinney West, KF/S=Kinney Freshman/Sophomore, KJ/S=Kinney Junior/Senior, KSO=Kinney Sophomore, KSR=Kinney Senior.

Years: SR=senior, JR=junior, SO=sophomore, FR=freshman.

CIF Sections: CCS=Central Coast Section, CS=Central Section, LAS=Los Angeles Section, NCS=North Coast Section, SDS=San Diego Section, SJS=Sac-Joaquin Section, SS=Southern Section.

BOYS

TIME/PL/FACE/YR	Name (School, Section) or (City)
15:03.1 DI SR	Margarito Casillas (Hoover, SS)
15:12.2 DI SR	Jim Cera (Upland, SS)
15:13.1 DII SR	Ryan Wilson (Agoura, SS)
15:13.4 K SR	Jim Cera (Upland)
15:14.6 K SR	Michael Love (Orange)
15:14.7 K JR	Jaime Martinez (Orange)
15:19.10 K JR	Mebrahtom Keflezighi (S Diego)
15:20.2 DII SR	Ricardo Brewer (North, CS)
15:22.3 DI JR	Mehbratom Keflezighi (S D, SDS)
15:25.4 DI JR	Jaime Martinez (Orange, SS)
15:30.5 DI JR	Eric Dunn (Arroyo Grande, SS)
15:31.3 DII SR	Nazario Romero (San Pasq, SDS)
15:35.4 DII SR	George Rivera (Delano, CS)
15:35.12 K SR	Juan Pinal (San Jose)
15:36.6 DI JR	Scott Cervelli (STeresa, CCS)
15:37.7 DI SO	Brett Strahan (Hart, SS)
15:37.16 K JR	Chadd Aldrich (Thousand Oaks)
15:38.1 DIII SO	Jason Balkman (Lynbrook, CCS)

TIME/PL/FACE/YR	Name (School, Section) or (City)
15:38.17 K SO	Jason Balkman (Saratoga)
15:39.5 DII JR	Matt Creason (Eureka, NCS)
15:40.6 DII JR	Mike Moreno (Katella, SS)
15:40.7 DII SR	Mike Love (Katella, SS)
15:41.8 DI SO	Jeff Fischer (Thousand Oaks, SS)
15:41.20 K JR	Matthew Farley (Sacramento)
15:42.21 K SR	Ricardo Brewer (Glennville)
15:43.8 DII JR	Devin Elezondo (MissBay, SDS)
15:43.9 DI SR	Juan Pinal (Overfelt, CCS)
15:43.22 K SR	Brian Wilkinson (Merced)
15:43.23 K SR	Nick Niles (Sacramento)
15:43.24 K SR	Marc Lawson (Fresno)
15:44.10 DI SR	Brian Wilkinson (Merced, SJS)
15:44.11 DI SR	Jorge Perea (HuntPark, LAS)
15:44.25 K SR	Nazario Romero (Escondido)
15:45.12 DI SR	Paul De La Cerda (Hart, SS)
15:46.9 DII SR	Charles Mansfield (Canyon, SS)
15:46.13 DI JR	Jose Melgar (San Diego, SDS)
15:46.1 KSR SR	Charles Mansfield (Cyn Country)
15:47.14 DI SR	Keith Grossman (Hart, SS)
15:48.1 DIV JR	Steve Brown (Piedmont, NCS)
15:48.15 DI SR	Alvaro Mejia (Birm, VN, LAS)
15:48.29 K SO	Jeffrey Fischer (Thousand Oaks)
15:50.2 DIII SR	Jed Saueressig (Yosemite, CS)
15:50.10 DII JR	Matt Farley (Jesus, SJS)
15:50.16 DI SR	Manuel Ortega (Stagg, SJS)
15:51.11 DII JR	Mario Marquez (Miss Bay, SDS)
15:51.12 DII SR	Terry Hickey (Foothill, CS)
15:51.17 DI SR	Mike Prindiville (De La Salle, NCS)
15:51.31 K SR	Alvaro Mejia (Encino)
15:53.2 DIV SO	Javier Ramirez (Nordhoff, SS)
15:53.3 DIII SR	Craig Stanley (Lemoore, CS)
15:53.33 K JR	Jose Melgar (San Diego)
15:54.18 DI SR	Dan Minami (Peninsula, SS)
15:54.37 K SR	Paul De La Cerda (Newhall)
15:54.38 K SR	Tyson Walker (Pleasant Hill)
15:55.3 DIV FR	Aaron Gillen (Yreka, NS)
15:55.4 DIII JR	Brendon Mahon (La Habra, SS)
15:55.19 DI SR	Ty Walker (De La Salle, NCS)
15:56.4 DIV JR	Micha Robles (Nordhoff, SS)
15:56.13 DII SR	Scott McKelvey (Leigh, CCS)
15:56.20 DI JR	Konrad Knutsen (DCampo, SJS)
15:57.5 DIII JR	Rondie Gibbs (Rubidoux, SS)
15:58.5 DIV SR	John Orosco (Taft, CS)
15:58.14 DII JR	Jon Bishop (Canyon, SS)
15:58.21 DI JR	Eric Kroft (Madera, CS)
15:58.41 K SR	Shawn Frack (Yuba City)
15:59.6 DIV SR	Jose Sanchez (McFarland, CS)

continued next page

PREP NOTES

TIME/PL/PLACE/YR	Name (School, Section) or (City)
15:59 6 DIII SR	Rodger Ciano (San Luis Obis, SS)
15:59 15 DII SR	Armando Lonma (Indio, SS)
15:59 16 DII SO	John Greene (Agoura, SS)
15:59 22 DI JR	Cesar Guerrero (Locke, LAS)
16:00 7 DIII SR	Rick Esponda (Casa Gran, NCS)
16:00 8 DIII JR	Mark Houser (St. Augustine, SDS)
16:00 9 DIII SR	Marcus Ferrara (SoTorrance, SS)
16:00 23 DI SR	Mike Gomez (Hunt Park, LAS)
16:00 43 K JR	Rondie Gibbs (Riverside)
16:01 24 DI JR	Brandon Delcampo (Th Oaks, SS)
16:01 25 DI SR	Sean Rios (Madera, CS)
16:02 17 DII JR	Mike Pendergraph (NotrVista, SS)
16:02 47 K SR	George Perea (Los Angeles)
16:02 48 K SR	Margarito Casillas (Glendale)
16:03 10 DIII SR	Ryan Bartell (West Hills, SDS)
16:03 11 DIII SR	Sky Peterka (Newport Harbor, SS)
16:03 26 DI SR	Ryan Nugent (ThousOaks, SS)
16:04 12 DIII SR	Jared Overton (New Harbor, SS)
16:04 18 DII SR	Bryson Mccray (Camarillo, SS)
16:04 27 DI SR	Jaime Bastidas (Eisenhower, SS)
16:04 1 KSO SO	Kevin Marsden (Thous Oaks)

18:56 5 DII SO	Miranda Middlecoff (LGatos, CCS)
18:57 10 DI JR	Sherrie Donovan (Madera, CS)
18:57 1 KF/S FR	Patricia Gibby (Thousand Oaks)
18:58 6 DII SO	Elyse Homberger (Edison, SS)
18:58 28 K SR	Erica Sumi (Long Beach)
18:59 11 DI SO	Melanie Pickett (Mt. Carmel, SDS)
18:59 29 K SR	Michelle Muething (Pleasanton)
19:00 12 DI JR	Sarah Dickerman (DCampo, SJS)
19:00 30 K SR	Michele Cox (Escondido)
19:02 9 DIII FR	Michelle O'Connor (Peace, SDS)
19:02 10 DIII SR	Sara Valdez (El Dorado, SS)
19:02 7 DII SR	Michelle Muething (AmaVly, NCS)
19:02 13 DI JR	Jaime Artzner (Peninsula, SS)
19:02 14 DI SR	Melanie Hand (Fallbrook, SDS)
19:02 31 K SR	Laura Monson (Claremont)
19:03 11 DIII JR	Gwen Twist (Newport Harbor, SS)
19:03 12 DIII SO	Amy Halbauer (PleasVly, NS)
19:03 8 DII SR	Melissa Keim (San Pasqual, SDS)
19:03 15 DI FR	Amber Davison (Alta Loma, SS)
19:03 16 DI FR	Kim Mortenson (ThOaks, SS)
19:04 5 DIV SR	Vicky Fleschner (Fortuna, NCS)
19:05 9 DII SO	Taryn Lawson (Ocean View, SS)
19:05 33 K SR	Patricia Trejo (Los Angeles)
19:06 17 DI SR	Tiffany Burt (Agoura, SS)
19:06 34 K SR	Kelly Roda (Irvine)
19:07 10 DII SO	Elissa Riedy (MissSJ, NCS)
19:07 18 DI SO	Mary Blake (Peninsula, SS)
19:09 19 DI SO	Roseanna Heagerty (Birm, LAS)
19:09 35 K JR	Gwen Twist (Newport Beach)
19:09 36 K SO	Amy Halbauer (Chico)
19:10 13 DIII SR	Heidi Sickler (Laguna Hills, SS)
19:10 14 DIII JR	Heather McGlone (LagHills, SS)
19:10 20 DI SR	Kim Wilkes (Logan, UnCity, NCS)
19:11 11 DII JR	Claris Fernandez (Corona, SS)
19:11 37 K JR	Gabriela Rodriguez (Oxnard)
19:11 38 K SO	Carrie Caulkins (Yorba Linda)
19:12 12 DII SO	Jenny Card (El Capitan, SDS)
19:12 2 KF/S SO	Elizabeth Robles (Baldwin Park)
19:13 21 DI JR	Serena Johnson (Clovis W, CS)
19:14 15 DIII SR	Amy Scherer (St. Francis, SJS)
19:14 13 DII SR	Elizabeth Alexander (Tustin, SS)
19:14 3 KJ/S JR	Jami Nelson (Grass Valley)
19:14 40 K SR	Megan Reeder (Santa Rosa)
19:15 22 DI SR	Sarah Dawson (Hoover, CS)
19:15 41 K JR	Grace Dumell (Merced)
19:15 42 K SR	Kristina Dahlberg (Orange)
19:17 16 DIII SO	Nicky Saleta (O'Dowd, NCS)
19:17 23 DI SR	Kristie Camp (Agoura, SS)
19:18 5 KF/S FR	Deborah Bleisch (San Jose)
19:18 43 K JR	Iris Cripps (Glendale)
19:19 6 DIV SO	Monica Berlin (Nordhoff, SS)
19:19 17 DIII SO	Tara Whitfield (El Modena, SS)
19:19 14 DII SO	Holly Malander (Los Gatos, CCS)
19:19 24 DI JR	Courtney Kurth (Mt. Cam, SDS)
19:20 18 DIII SO	Marisa Daniel (Granada, NCS)
19:20 15 DII JR	Jamie Whitmore (Valley, SJS)
19:22 19 DIII SO	Brooke Meek (CorDel Mar, SS)
19:22 16 DII JR	Jennifer Stewart (El Camino, SJS)
19:23 25 DI JR	Jennifer Gillis (Irvine, SS)
19:24 7 DIV FR	Marissa Hurwitz (Bishop's, SDS)
19:24 6 KF/S SO	Tania Nunez (Chino)
19:25 49 K SO	Elyse Homberger (Hunt Beach)
19:25 50 K JR	Jaime Whitmore (Sacramento)

GIRLS

TIME/PL/PLACE/YR	Name (School, Section) or (City)
17:11 1 K SR	Milena Glusac (Fallbrook)
17:14 1 DI SR	Milena Glusac (Fallbrk, SDS)
17:27 2 K SO	Amy Skleresz (Westlake Village)
17:42 2 DI SO	Amy Skleresz (Agoura, SS)
17:46 3 K JR	Carrie Garritson (Fullerton)
18:02 1 DIII SR	Miesha Marzell (O'Dowd, NCS)
18:12 1 DIV SR	Karen Bockel (Nordhoff, SS)
18:12 2 DIII SR	Domatilla Torrens (St. Fran, CCS)
18:12 7 K SR	Karen Bockel (Ojai)
18:13 9 K SR	Anikai Webb (Grass Valley)
18:24 2 DIV SR	Anikai Webb (Bear River, SJS)
18:26 1 DI SR	Michele Cox (Escondido, SDS)
18:32 3 DIII SR	Mayra Medina (Laguna Hills, SS)
18:34 3 DI SO	Molly Mehberg (Peninsula, SS)
18:35 4 DI SR	Kelly Roda (Irvine, SS)
18:36 5 DI JR	Kay Nekota (Agoura, SS)
18:38 14 K JR	Kim Nelson (Anaheim)
18:39 15 K SR	Liz Leigh-Wood (Aptos)
18:40 2 DII JR	Kim Nelson (Canyon, SS)
18:41 4 DIII SR	Liz Leigh-Wood (Aptos, CCS)
18:41 6 DI SR	Erica Sumi (Wilson LB, SS)
18:41 16 K SR	Domatilla Torrens (Los Altos)
18:44 20 K SR	Maribella Aparicio (Fillmore)
18:46 7 DI JR	Grace Dumell (Merced, SJS)
18:48 3 DIV SR	Maribella Aparicio (Fillmore, SS)
18:48 3 DII SR	Christie Engessor (OcnView, SS)
18:48 22 K JR	Sherrie Donovan (Madera)
18:49 4 DIV SR	Laura Hamady (Urban, NCS)
18:49 5 DIII SO	Tracy Clark (Corona Del Mar, SS)
18:51 8 DI SR	Christine Lewis (Wilson LB, SS)
18:53 4 DII SR	Cindy Franco (Delano, CS)
18:53 9 DI SO	Carrie Caulkins (Esperanza, SS)
18:53 23 K SR	Kristie Camp (Agoura Hills)
18:54 6 DIII JR	Carlene Pengra (La Canada, SS)
18:54 7 DIII SR	Christina Dahlbert (El Mod, SS)
18:54 24 K SR	Jennifer Wong (Los Angeles)
18:56 8 DIII SR	Jenny Wong (Harvard/Westlk, SS)

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California Track and Cross Country Coaches Alliance

1992-93 Membership Update:

In its fourth year the CALIFORNIA TRACK AND CROSS COUNTRY COACHES ALLIANCE continues to expand its scope, involvement, and improvement regarding our two sports within the state.

Why Should I Join The Coaches Alliance?

The CALIFORNIA TRACK AND CROSS COUNTRY COACHES ALLIANCE is the only organization in the state whose purpose is to improve the sports of Cross Country and Track and Field. Additionally, during the 91/92 year we honored 36 coaches throughout the state for their contributions to our sport.

Provides a unified voice for concerns regarding our sports to the governing bodies within the state. As experience shows a group consensus helps to bring about change more effectively than isolated individual concerns.

The COACHES ALLIANCE was directly involved in helping to create a change in the State Cross Country meet format from three divisions to four.

In an effort to assist coaches with their continued growth of knowledge regarding their sport, the COACHES ALLIANCE will be involved with clinics at Stanford, Fresno State, and San Diego during the month of January.

The State CIF has thought enough of the ALLIANCE to include two of its members on a select CIF Track and Cross Country Advisory Committee. Additionally, during the 92/93 season the ALLIANCE will assist the state office in helping to select section honor coaches for the state meet program.

What Do I Receive For My Membership?

COACHES ALLIANCE members will receive monthly editions of **California Track News**, the official publication of the ALLIANCE. Each month, members will be kept current with happenings around the state in the COACHES ALLIANCE section of the magazine. Both cross country and track will be covered.

COACHES ALLIANCE meetings organized around the CIF/REEBOK State Meets in Cross Country and Track and Field. Using representatives from all the various sections in the state, members will be able to make concerns regarding their sport heard.

If you would like to join, please fill out the following: (Please Print)

Name: _____

School: _____ Section: _____

Mailing Address: _____

City: _____ Zip: _____

Phone: Home (____) _____ School (____) _____



Dues for one year (Tax Deductible) \$25.00 -- Individual Membership / \$50.00 -- School Membership*. Make check out to Coaches Alliance and send to:

Dennis McClanahan--Treasurer ■ 4957 East Heaton Ave. ■ Fresno, CA 93727

***School Membership \$50** -- Schools will receive discounts for all members of their staff at clinics as well as a second copy of California Track News (you can have it sent to the library, or a second copy for your staff)

School: _____ Mailing Address: _____

Send to attention of: _____ City: _____ Zip: _____

PREP NOTES

CIF/Reebok 1992 Final California State High School Cross Country Rankings

By Doug Speck

(Note: These rankings were prepared by a committee of Doug Speck, Steve Fagundes, Dennis McClanahan, Steve Ward, Hal Danner, Willie Harmatz, Peter Brewer, Jim Eckman, Ray Scofield, and Bob Rush). A special thanks to Bob Rush and his computer system for computer generated team times from the CIF/Reebok State Meet.

Girls Division I (1516+ students)

1. Agoura
2. Peninsula (Rolling Hills)
3. Irvine
4. Mt. Carmel (San Diego)
5. Wilson (Long Beach)
6. Upland
7. Fallbrook
8. Belmont (LA)
9. Esperanza (Anaheim)
10. Poway
11. Buena (Ventura)
12. El Toro
13. Capistrano Vly, Mission Viejo
14. Channel Islands (Oxnard)
15. Hart (Newhall)
16. Del Campo (Fair Oaks)
17. Clovis West (Fresno)
18. Thousand Oaks
19. Madera
20. Dana Hills (Dana Point)
21. Los Alamitos
22. Saugus
23. Chino
24. Temecula Valley (Temecula)
25. Bakersfield

Girls Division II (1140-1515)

1. Ocean View (Huntington Beach)
2. Edison (Huntington Beach)
3. San Pasqual (Escondido)
4. Los Gatos
5. El Capitan (Lakeside)
6. Corona
7. Davis
8. North Bakersfield
9. Tustin
10. Rancho Bernardo (San Diego)
11. Mission San Jose (Fremont)
12. Bishop Amat (La Puente)

13. Canyon (Anaheim)
14. Claremont
15. Righetti (Santa Maria)
16. Trabuco Hills (Mission Viejo)
17. Chico
18. Rio Mesa (Oxnard)
19. Torrey Pines (Encinitas)
20. Arvin
21. Casa Roble (Orangevale)
22. San Benito (Hollister)
23. San Ramon (Danville)
24. Amador Valley (Pleasanton)
25. Nevada Union (Grass Valley)

Girls Division III (705-1139)

1. Corona del Mar (Newport Beach)
2. Laguna Hills
3. Bishop O'Dowd (Oakland)
4. Aptos
5. Newport Harbor (Newport Beach)
6. St. Francis (Mountain View)
7. El Modena (Orange)
8. Santa Margarita (Rancho SM)
9. Carondelet (Concord)
10. Our Lady of Peace (San Diego)
11. San Luis Obispo
12. Palo Alto
13. Del Oro (Loomis)
14. Chaminade (Canoga Park)
15. South Pasadena
16. Rubidoux (Riverside)
17. St. Ignatius (San Francisco)
18. South Torrance
19. Central Valley
20. South Hills (West Covina)
21. Newbury Park
22. San Marino
23. Paradise
24. Moreau (Hayward)
25. Wood (Vacaville)

Girls Division IV (1-704)

1. Lassen (Susanville)
2. Nordhoff (Ojai)
3. Laguna Beach
4. Arcata
5. Bear River (Grass Valley)
6. Yreka
7. Ursuline (Santa Rosa)
8. Dixon
9. McFarland
10. Maranatha (Sierra Madre)
11. Anderson
12. University (San Francisco)

13. Half Moon Bay
14. York School (Monterey)
15. St. Anthony (Long Beach)
16. Presentation (San Jose)
17. Miramonte (Orinda)
18. Temescal Canyon (Elsinore)
19. Fillmore
20. Campolindo (Moraga)
21. Mammoth (Mammoth Lakes)
22. Morro Bay
23. Bret Harte (Altaville)
24. Murrieta Valley (Murrieta)
25. Desert Christian (Lancaster)

Boys Division I (1516+ students)

1. Hart (Newhall)
2. Thousand Oaks
3. Madera
4. De la Salle (Concord)
5. Peninsula (Rolling Hills)
6. Mt. Carmel (San Diego)
7. Huntington Park
8. Santa Ana
9. Mira Mesa (San Diego)
10. Saddleback (Santa Ana)
11. Arroyo Grande
12. Rowland (Rowland Heights)
13. Birmingham (Van Nuys)
14. Upland
15. Bellarmine (San Jose)
16. Huntington Beach
17. Redlands
18. WC Overfelt (San Jose)
19. Del Campo (Fair Oaks)
20. Belmont (L.A.)
21. Dana Hills (Dana Point)
22. Esperanza (Anaheim)
23. Live Oak
24. Buena (Ventura)
25. Palmdale

Boys Division II (1140-1515)

1. Mission Bay (San Diego)
2. Agoura
3. Katella (Anaheim)
4. Canyon (Canyon Country)
5. Jesuit (Sacramento)
6. Camarillo
7. San Pasqual (Escondido)
8. Montgomery (Santa Rosa)
9. Crescenta Valley (La Crescenta)
10. Claremont
11. Villa Park
12. Escondido
13. Leland (San Jose)
14. Righetti (Santa Maria)
15. North Bakersfield
16. Burbank
17. Bishop Amat (La Puente)
18. Delano
19. Fremont (Sunnyvale)

20. Homestead (Cupertino)
21. Corona
22. San Ramon (Danville)
23. Rio Mesa (Oxnard)
24. Monte Vista (Danville)
25. Santa Rosa

Boys Division III (705-1139)

1. Newport Harbor (Newp Bch)
2. San Marino
3. Ayala (Chino)
4. La Puente
5. Livermore
6. El Modena (Orange)
7. St. Augustine (San Diego)
8. Lemoore
9. La Habra
10. Paso Robles
11. Estancia (Costa Mesa)
12. Covina
13. San Luis Obispo
14. Gunn (Palo Alto)
15. Los Gatos
16. Santa Margarita (Rancho SM)
17. Corona del Mar (Newp Bch)
18. Laguna Hills
19. Sonora
20. Newbury Park
21. La Jolla
22. St. Francis (Mountain View)
23. Casa Grande (Petaluma)
24. South Hills (West Covina)
25. Bishop O'Dowd (Oakland)

Boys Division IV (1-704)

1. McFarland
2. Nordhoff (Ojai)
3. Morro Bay
4. Fillmore
5. Yreka
6. Taft
7. Maranatha (Sierra Madre)
8. La Salle (Pasadena)
9. Fortuna
10. Salesian (L.A.)
11. Arcata
12. Bell-Jeff (Burbank)
13. Ontario Christian
14. Desert Christian (Lancaster)
15. Pacific Grove
16. Half Moon Bay
17. University (San Francisco)
18. Piedmont
19. Katherine Branson (Ross)
20. St. Mary's (Berkeley)
21. Foothill (Redding)
22. Bear River (Grass Valley)
23. Flintridge Prep (La Canada)
24. Calaveras (San Andreas)
25. Miramonte (Orinda)

RESULTS

Please send track & field / cross country results directly to: CTN, 4957 East Heaton, Fresno, CA 93727 or FAX (209) 255-4904.

World Junior Track & Field Championships

Sept. 17-20. Seoul, South Korea.

Men's Results

100m: 1. Ato Boldon (Trinidad & Tobago) 10.36, 2. Darren Campbell (Britain) 10.46, 3. Theodore McCall (USA) 10.49, 4. Oumar Lough (Senegal) 10.51, 5. Jason Fergus (Britain) 10.54.

200m: 1. Oto Boldon (Trinidad & Tobago) 20.63, 2. Darren Campbell (Britain) 20.87, 3. Glen Elferink (South Africa) 21.00, 4. James Baulch (Britain) 21.04, 5. Laszlo Kiss (Hungary) 21.05, 6. Constantinos Kenderis (Greece) 21.10, 7. Mark Keddell (New Zealand) 21.19, 8. Yancey Hillard (Germany) 21.74.

400m: 1. Deon Minor (USA) 45.75, 2. Rikard Rasmussen (Sweden) 46.07, 3. Francis Ogola (Uganda) 46.16, 4. Udemem Ekpeyong (Nigeria) 46.54, 5. Carl Southam (Britain) 46.74. Others included: 8. Milton Mallard (USA) 47.46.

800m: 1. Benson Koech (Kenya) 1:44.77, 2. Lee Jin-il (South Korea) 1:46.34, 3. Brendan Hanigan (Australia) 1:47.26, 4. Venuste Niyongabo (Burundi) 1:47.28, 5. Ezekiel Sepeng (South Africa) 1:47.51, 6. Mark van Heerden (South Africa) 1:48.71, 7. Igor Tolokonnikov (United Team) 1:49.62.

1500m: 1. Atoi Boru (Kenya) 3:37.94, 2. Venuste Niyongabo (Burundi) 3:38.59, 3. Kevin Sullivan (Canada) 3:39.11, 4. Kim Soon Hyung (South Korea) 3:40.26, 5. Eddie Crowe (New Zealand) 3:40.82.

3000m SC: 1. Mwangangi Muindi (Kenya) 8:31.62, 2. Ayele Mezegebu (Ethiopia) 8:32.43, 3. Stephen Chepseba (Kenya) 8:32.48, 4. Steffen Brandis (Germany) 8:39.58, 5. Glenn Stojanowic (Australia) 8:40.62.

5000m: 1. Haile Gsilase (Ethiopia) 13:36.06, 2. Ismael Kirui (Kenya) 13:36.11, 3. Hicham El Guerrouj (Morocco) 13:46.79, 4. Kawauchi Katsuhio (Japan) 13:48.51, 5. Francis Nade (Tanzania) 13:52.80, 6. Shadrack Hoff (South Africa) 13:56.15, 7. Merle Petro (Tanzania) 13:57.36, 8. Gerbaiba Licha (Ethiopia) 13:57.38.

10,000m: 1. Haile Gsilase (Ethiopia) 28:03.99, 2. Josephat Medeti (Kenya) 28:46.25, 3. Yashukuki Watanabe (Japan) 28:52.89, 4. Tegnu Abeba (Ethiopia) 29:29.97, 5. Herman Cortinez (Argentina) 29:31.80.

110m HH: 1. Yvgeny Pechenkin (CIS) 13.87, 2. Sven Gohler (Germany) 13.98, 3. Igor Pintusevich-Babic (CIS) 14.08, 4. Robin Korving (Netherlands) 14.11, 5. Li Quiang (China) 14.28.

400m IH: 1. Ashraf Saber (Italy) 50.02, 2. S. Biwot (Kenya) 50.75, 3. William Porter (USA) 51.37, 4. Wessel Dippenaar (South

Africa) 51.37, 5. Steffen Kolb (Germany) 51.73.

400m Relay: 1. Britain 39.21, 2. United States 39.59, 3. Nigeria 39.88, 4. Jamaica 40.06.

1600m Relay: 1. United States 3:06.11, 2. Jamaica 3:06.58, 3. Japan 3:06.66, 4. Poland 3:07.01.

Decathlon: 1. Raul Dunay (Cuba) 7403, 2. Bernhard Floder (7397), 3. Renco van Vendhuizen (Netherlands) 7313, 4. Leslie Kuonkoski (Australia) 7280, 5. Philipp Huber (Sweden) 7188.

HJ: 1. Steve Smith 7-9 1/4, 2. Tim Forsyth (Australia) 7-7, 3. Kimino Takahiro (Japan) 7-6 1/4, 4. Kim Tae Young (South Korea) 7-3 3/4, 5. Segey Keyugin (CIS) 7-2 1/2.

PV: 1. Laurens Looije (Netherlands) 17-10 1/2, 2. Daniel Marti (Spain) 17-8 1/2, 3. Okkert Brits (South Africa) 17-8 1/2, 4. Neil Winter (Britain) 17-4 1/2, 5. Fabrice Lemonnier (France) 17-0 1/2.

LJ: 1. Neil Chance (USA) 25-10 1/2, 2. Robert Thomas (USA) 25-8 3/4, 3. Ivaylo Mladenov (Bulgaria) 25-2 1/4, 4. Gyorgy Mako (Hungary) 25-2 1/4, 5. Yevgeniy Pechenkin (CIS) 24-10 1/2.

TJ: 1. Yoelvis Quesada (Cuba) 55-10 3/4, 2. Osiris Mora (Cuba) 55-10 1/2, 3. Nda-bazihle (Zimbabwe) 54-4 1/4, 4. Yaroslav Ivanov (Bulgaria) 53-7 3/4, 5. Peter Burge (Australia) 53-1 1/2, 6. Lenards Ozolins (Latvia) 52-2 1/2, 7. Sumita Kenigi (Japan) 52-2, 8. Duan Qiferno (China) 51-9 1/4.

JT: 1. Aki Parviainen (Finland) 250-5, 2. Boris Henry (Germany) 249-5, 3. Costantino Gatesioudi (Greece) 249-1, 4. Tero Anttonen (Finland) 236-2 1/2, 5. Mathias Hold (Germany) 237-11.

HT: 1. Vadim Grabovoy (CIS) 239-6, 2. Alberto Sanchez (Cuba) 228-11, 3. Andrey Yevgenyev (CIS) 227-2, 4. David Chaussinand (France) 223-9, 5. Niccola Vizzoni (Italy) 219-8.

DT: 1. Brian Milne (USA) 191-2, 2. Frits Potgieter (South Africa) 184-8, 3. Marek Bilek (Czech) 180-0, 4. Nikolay Orekhov (CIS) 179-7, 5. Libor Malina (Czech) 177-4. Others included: 6. Andrew Bloom (USA) 171-5.

SP: 1. Yury Bekonog (United Team) 60-6 3/4, 2. Manuel Martinez (Spain) 59-6 1/4, 3. Ralf Kahles (Germany) 58-11 1/2, 4. Milan Haboak (Czech) 58-11 1/2, 5. Dennis Black (USA) 58-5, 6. Elias Louca (Cyprus) 57-9 3/4, 7. Yury Parkhomenko (United Team) 57-4, 8. Martin Bilek (Czech) 56-5.

Women's Results

100m: 1. Nicole Mitchell (Jamaica) 11.30, 2. Jacqueline Poelman (Netherlands) 11.44, 3. Merlene Fraser (Jamaica) 11.49, 4. Irina Pukha (CIS) 11.57, 5. Marion Jones (USA) 11.58.

200: 1. Hu Ling (China) 23.14, 2. Cathy Freeman (Australia) 23.25, 3. Merlene Fras-

er (Jamaica) 23.29, 4. Jacqueline Poelman (Netherlands) 23.38, 5. Katherine Merry (Britain) 23.59, 6. Glada Gallina (Italy) 23.74, 7. Marion Jones (USA) 24.09, 8. Silke Lichtenhagen (Germany) 24.22.

400m: 1. Magdalena Medelcu (Romania) 51.84, 2. Claudine Williams (Jamaica) 52.03, 3. Ionelia Tirlea (Romania) 52.13, 4. Camille Noel (Canada) 52.98, 5. Hana Benesova (Czech) 53.39.

600: 1. Lu Yi (China) 2:02.91, 2. Chen Yumei (China) 2:03.14, 3. Kati Kovacs (Germany) 2:03.81, 4. Natalia Zaitseva (CIS) 2:04.76, 5. Severine Fourion (France) 2:04.82.

1500m: 1. Liu Dong (China) 4:05.14, 2. Jackline Maranga (Kenya) 4:08.79, 3. Li Ying (China) 4:09.04, 4. Nami Sugimura (Japan) 4:13.53, 5. Lee Mi Kyung (South Korea) 4:14.18.

3000m: 1. Zhang Liuni (China) 8:46.86, 2. Gabriela Szabo (Romania) 8:48.28, 3. ZhangLiong (China) 8:48.45, 4. Paula Radcliffe (Britain) 8:51.78, 5. Annemaria Sandall (Finland) 8:56.02.

5000m Walk: 1. Gao Hongmiao (China) 21:20.03, 2. Jane Saville (Australia) 21:58.64, 3. Miki Itakura (Japan) 22:25.58, 4. Bertha Vera (Ecuador) 22:30.45, 5. Kamila Holpuchova (Czech) 22:33.92.

10,000m: 1. Wang Junxia (China) 32:29.90, 2. Gete Wami (Ethiopia) 32:41.57, 3. Sally Barsosio (Kenya) 32:41.76, 4. Lydia Cheromel 33:01.99, 5. Merima Denboba (Ethiopia) 33:57.21, 6. Inna Kozina (United Team) 34:11.02, 7. Doerte Koester (Germany) 34:19.36, 8. Kauk Hyesun (South Korea) 34:19.79.

100m H: 1. Russell (Jamaica) 13.21, 2. Damaris Anderson (Cuba) 13.43, 3. Svetlana Laukhova (CISA) 13.55, 4. Sonia Paquette (Canada) 13.73, 5. Kristen Bolm (Germany) 13.75. Others included: 7. Dawn Burrell (USA) 13.79.

400m H: 1. Georgeta Petra (Romania) 58.03, 2. Erica Peterson (Canada) 58.09, 3. Winsome Cole (Jamaica) 58.15, 4. Anita Oppong (Germany) 58.64, 5. Anja Hocke (Germany) 58.64.

400m Relay: 1. Jamaica 43.96, 2. United States 44.51, 3. Germany 44.52, 4. Germany 44.62.

1600m Relay: 1. Romania 3:31.57, 2. Jamaica 3:32.68, 3. Germany 3:32.72, 4. United States 3:33.11.

Heptathlon: 1. Natalya Sazanovich (United Team) 6036, 2. Kathleen Gutjahr (Germany) 5668, 3. Jeglia Cardenes (Cuba) 5602, 4. Ioana Sirbu (Romania) 5524, 5. Vera Inanci (Hungary) 5522, 6. Han Sangwon (South Korea) 5475, 7. Yelena Kovalyova (United Team) 5443, 8. Anook Van Olessen (Netherlands) 5416.

LJ: 1. Erica Johansson (Sweden) 21-9 3/4, 2. Nicole Devonish (Canada) 21-1 1/4, 3.

Yu Huaxiu (China) 20-6 1/2, 4. Heil Koivula (Finland) 20-1 3/4, 5. Cristina Morujao (Portugal) 19-11 3/4.

TJ: 1. Anja Vokuhl (Germany) 44-2 1/4, 2. Yaminoraledez Martinez (Cuba) 44-0 1/4, 3. Elena Govorova (CIS) 43-7 1/4, 4. Tatyana Matyashova (CIS) 43-0 1/2, 5. Olga L. Cepero (Cuba) 42-9 3/4.

HJ: 1. Manuela Agner (Germany) 6-4, 2. Irina Gilzmutsa (United Team) 6-2, 3. Svetlana Zakevskava (United Team) 6-2, 4. Kati Kilpi (Finland) 6-2, 5. Yoko Ota (Japan) 6-1, 6. Desislava Alexandrova (Bulgaria) 6-1, 7. Andrea Hughes (Australia) 6-1, 8. Eleonora Milusheva (Bulgaria) 6-1.

JT: 1. Claudia Isaila (Romania) 206-9 3/4, 2. Yvonne Reichardt (Germany) 201-8 1/2, 3. Heil Talkinen (Finland) 197-3, 4. Shelley Holroyd (Britain) 187-3 1/4, 5. Doris Barby (Germany) 185-0 1/2, 6. Yang Lijuan (China) 183-11 3/4, 7. Silvana Koren (Slovenia) 178-8 3/4, 8. Antigoni Vourdoli (Greece) 173-8 1/4.

DT: 1. Bao Dongying (China) 191-5, 2. Zhang Cuilan (China) 187-4, 3. Sabine Fried (Germany) 177-0, 4. Danijela Curovic (Yugoslavia) 172-8, 5. Beatrice Faumuina (New Zealand) 171-3.

SP: 1. Wang Yawen (China) 59-2 1/2, 2. Zhang Zhiying (China) 59-1 3/4, 3. Olga Ilyina (CIS) 56-5 1/4, 4. Yumileidis Cumba (Cuba) 55-11 3/4, 5. Danijela Curovic (Yugoslavia) 53-7 3/4.

Final Medal Standings:

1. China 8 gold, 3 silver, 3 bronze, 14 total. 2. Germany 2 gold, 5 silver, 5 bronze, 12 total. 3. CIS 4 gold, 2 silver, 5 bronze, 11 total. 4. United States 4 gold, 3 silver, 2 bronze, 9 total. 5. Kenya 3 gold, 4 silver, 2 bronze, 9 total. 6. Jamaica 3 gold, 3 silver, 3 bronze, 9 total. 7. Cuba 2 gold, 4 silver, 1 bronze, 7 total. 8. Romania 4 gold, 1 silver, 1 bronze, 6 total. 9. Britain and Ethiopia 2 gold, 2 silver, 0 bronze, 4 total.

11. Australia 0 gold, 3 silver, 1 bronze, 4 total. 12. Japan 0 gold, 0 silver, 4 bronze, 4 total. 13. Netherlands 1 gold, 1 silver, 1 bronze, 3 total. 14. Canada and South Africa 0 gold, 2 silver, 1 bronze, 3 total. 15. Trinidad & Tobago 2 gold, 0 silver, 0 bronze, 2 total. 16. Sweden 1 gold, 1 silver, 0 bronze, 2 total. 17. Finland 1 gold, 0 silver, 1 bronze, 2 total. 18. Spain 0 gold, 2 silver, 0 bronze, 2 total. 19. Poland 1 gold, 1 silver, 0 bronze, 2 total. 20. Ecuador & Ecuador 1 gold, 0 silver, 0 bronze, 1 total.

21. South Korea 0 gold, 1 silver, 0 bronze, 1 total. 22. Bulgaria, Greece, Uganda, Morocco, Zimbabwe and Nigeria 0 gold, 0 silver, 1 bronze, 1 total.

RESULTS

UC Santa Barbara Cross Country Invitational

No Date Available. Santa Barbara
Men's Results

Team Scores: 1. CS Fullerton 17, 2. Utah State 55, 3. UC Santa Barbara 63, 4. Cal Poly San Luis Obispo 115, 5. CS Long Beach 135.

Individuals: 1. I. M. Tansley (CSF) 24:49, 2. Frisone (CSF) 24:50, 3. Johnson (CSF) 25:02, 4. Casto (CSF) 25:02, 5. Haugen (UCSB) 15:03.

Women's Results

Team Scores: 1. CS Fullerton 31, 2. UC Santa Barbara 38, 3. CS Long Beach 59.
Individuals: 1. Kileen (CSF) 17:22, 2. Peters (CSF) 17:34, 3. Mabe (CSLB) 17:57.

Lehigh Cross Country Invitational

No Date Available. Lehigh.

Men's Results

Team Scores: 1. Providence 41, 2. Villanova 47, 3. Georgetown 92, 4. Penn State 107, 5. Pennsylvania 170.

Individuals: 1. Quintana (V) 30:06, 2. Carrloo (P) 30:31, 3. Burdis (P) 30:31, 4. Mahon (V) 30:46, 5. Hartman (V) 30:55.

Women's Results

Team Scores: 1. Villanova 21, 2. Penn State 72, 3. Providence 120, 4. Cortland 163, 5. Iowa 171.

Individuals: 1. Zajak (V) 16:29, 2. Morris (Iowa) 16:45, 3. Lynch (V) 16:52, 4. Goddard (V) 17:06, 5. Flowers (V) 17:12.

Southern California College Cross Country Invitational

No Date Available. Newport Beach.

Men's Results

Team Scores: 1. Pepperdine 32, 2. USC 35, 3. Southern Calif. College 59, 4. LIFE 115, 5. Chapman 133.

Individuals: 1. Capelouto (Unat) 27:06, 2. Kite (P) 27:42, 3. Archer (USC) 27:52.

Women's Results

Team Scores: 1. Pepperdine 40, 2. Mt. St. Mary's 66, 3. Southern Calif. College 67, 4. USC 85, 5. Christ College Irvine 98.

Individuals: 1. Pool (SCC) 20:26, 2. Fricke (CCL) 20:49, 3. Rodgers (P) 21:11.

San Mateo Cross Country Invitational

No Date Available. Crystal Springs.

Men's Results

Team Scores: 1. Mt. SAC 30, 2. West Valley 98, 3. Hartnell 104, 4. Diablo Valley 125, 5. American River 157, 6. Hancock 178, 7. Bakersfield 255.

Individuals: 1. Martinez (Mt. SAC) 21:16, 2. Dowens (WV) 21:38, 3. Flores (H) 21:52, 4. Porfiro (Mt. SAC) 21:55, 5. Pacheco (WV) 21:56, 6. O'Connor (Mt. SAC) 22:01.

Women's Results

Team Scores: 1. Mt. SAC 53, 2. Diablo Valley 78, 3. Hancock 103, 4. American River 107, 5. Modesto 117. Others Included 8. Bakersfield 178.

Individuals: 1. Tachetra (M) 17:47, 2. Hartz (Foothill) 17:58, 3. Smith (Mt. SAC) 18:43, 4. Diggs (AR) 19:00, 5. O'Neil (DV) 19:01.

Distance Carnival

December 12, Long Beach State.

Men's Results

800m: (Open) 1. Nick Collins 2:05.0, 2. Benny Estorga 2:06.8, 3. Joe Gomez 2:07.6, 4. Eric Anderson 2:10.3, 5. Chris Pupplone 2:22.4, 6. Brian Gibson 2:29.5. (Masters) 1. Sid Wing 2:26.4.

1500m: (H.S.) 1. Eric Seoang 4:22.0, 2. John Hendrickson 4:28.1, 3. Alex Lopez 4:30.5, 4. Jon Nichols 4:30.6, 5. Antonia Uribe 4:32.9, 6. Travis Fisher 4:36.1. (Open) 1. Steve Flynn 4:11.1, 2. Scott Shean 4:13.4, 3. Gilbert Salazar 4:24.5, 4. Alan Grant 4:25.5, 5. Ritz Monterey 4:33.5, 6. Ryan Ackerman 4:36.3.

3200m: (H.S.) 1. John Orosco 10:00.0, 2. Alex Bruno 10:29.4, 3. Ben Flamm 10:35.5, 4. Travis Fisher 10:36.7, 5. Victor Hernandez 10:55.1, 6. David An 11:04.1. (Open) 1. Ray Butman 9:57.9, 2. Eric Ree 10:07.8, 3. Kelly Beck 10:13.2, 4. Eduardo Corvera 10:14.0, 5. Steve Fong 10:30.4, 6. Joe Gomez 10:34.7.

5000m: (H.S.) 1. Antonio Uribe 17:18.0, 2. John Hendrickson 17:30.9, 3. Jon Nichols 17:51.8, 4. Erich Phinizy 18:45.0, 5. Joe Cucci 19:01.7. (Open) 1. Ron Long 19:00.4.

Women's Results

800m: (H.S.) 1. Erin O'Keefe 2:31.8, 2. Misty Sanford 2:53.7. (Open) 1. Sam McBride 2:30.7, 2. Steffie Ambrozak 2:34.6, 3. Shannon Chapman 2:50.2.

1500m: (H.S.) 1. Misty Sanford 6:23.1. (Open) 1. Diane Whipple 4:52.0, 2. Joan Roehrig 5:05.8, 3. Laura Guzman 5:13.3. 3200m: (Open) 1. Brooke Mabe 11:24.3.

Visa Long Beach Winter Decathlon

December 12, 13, Long Beach State.

Division Results - Decathlon

Univ/Open: 1. Shawn Wilbourn 6274, 2. Mark Gilbrith 6034, 3. Jason Frudakis 5808, 4. Steven Stewart 5389, 5. Mike Charles 4737, 6. Corey Asbell 4658, 7. Albert Demos 4365, 8. Paul Kierplec 4131. Jr. College: 1. Kevin Rhonehouse 6023, 2. Ralph Lyciklana 4848. High School: 1. Danny Haag 4939, 2. Ken Harden 3681, 3. Michael Wharton 1480. Sub Masters: (30-39) 1. Ted Campbell 5929, 2. Greg Charles 4525, 3. Bob Schwarze 3941, 4. Steve Barba 2029. Masters: (40-49) 1. Karl Harz 3458, 2. Neal Schuster 2967, 3. Bill Siart 2792. (60-69) 1. Darold Skartvedt 2190.

Division Results - Heptathlon

Univ/Open: 1. Claire Look-Jaeger 5462, 2. Wendi Simmons 5133, 3. Kristi Kaufman 4910, 4. Lori Svoboda 3851. Jr. College: 1. Veronica Burton 4394, 2. Denise Mahoney 3248. High School: 1. Susie Schmidt 2596. Masters: (40-49) 1. Lorraine Tucker 3079.

All-Comers Track & Field Meet

From Keith Conning

January 16, Edwards Stadium,
Berkeley.

Men's Results

55: 1. Lorenzo Hawthorne 6.3, 2. Eugene Swift (Unat) 6.3. 200: 1. Marvin Samuels 21.9. 400: 1. Tyrone Stewart (SFCC) 51.3. 600: 1. Craig Magnuss (Cal) 1:21.6. 800: 1. Noah Hinkston 2:01.8. 1500: 1. Mike McManus 4:06.4. 5000: 1. Voussef Choukri (GSFTC) 15:28.8. 55HH: 1. Patrick Duffy 7.3. 2. Rodd Jett 7.3. 300IH: 1. Eugene Swift (Unat) 38.1. 4x100: 1. Ram TC 43.2. 4x400: 1. Cal 3:25.7. PV: 1. Sean Haworth (Cal) 14-0. LJ: 1. Ken Frazier (Unat) 21-3 1/2.

High School:

55: 1. Daniel Stevens (Bishop O'Dowd) 6.7. 200: 1. Daniel Stevens (Bishop O'Dowd) 22.9. 400: 1. Colin Dean (Bishop O'Dowd) 51.6. 800: 1. Aaron Greenwald (Drake) 2:08.1. 1500: 1. Brian Collins (Bishop O'Dowd) 4:40.8. 55HH: 1. Claude Jackson 8.7. 300IH: 1. Ryan Romney (Logan) 46.7. 4x100: 1. DeAnza 44.4. HJ: 1. Andre Carter (Westmoor) 6-2. PV: 1. Ryan Romney (Logan) 11-6. LJ: 1. Todd Jackson (Logan) 18-11 3/4. DT: 1. John Surla (American) 111-6. JT: 1. Youuske Okano (Newark Memorial) 110-0.

Women's Results

55: 1. Jeanette Driskell 8.0. 200: 1. Taunika Ogans (SFCC) 27.6. 400: 1. Taunika Ogans (SFCC) 1:01.5. 1500: 1. Tenaya Soderman (Cal) 5:00.0. PV: 1. Pam Reynolds (Unat) 7-6. DT: 1. Annette Kailiwha (Cal) 152-11. JT: 1. Nicole Carrol (San Mateo) 157-06.

High School:

55: 1. Bisa Grant (BO) 7.2. 200: 1. Bisa Grant (BO) 26.0. 400: 1. Bisa Grant (BO) 1:01.0. 800: 1. Miesha Marzell (BO) 2:23.9. 300H: 1. Angela Harris (Acorn TC) 46.5. 4x100: 1. Acorn TC 55.5. 4x400: 1. Acorn TC 4:04.8. HJ: 1. Eman Barfield (Acorn TC) 4-8. LJ: 1. Jody Bailey (Acorn TC) 16-8.

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Book Review

"How to Keep Your Feet and Legs Healthy for a Lifetime"

By Gary Null with Dr. Howard Robins (Four Walls Eight Windows)

"The Complete Foot Book"

By Drs. Donald S. Pritt and Morton Walker (Avery Publishing Group)

As athletes, we take our feet for granted until they have problems. Something to quickly stuff into our shoes so we can head out the door to walk, or skate or ski. Yet each time our foot contacts the ground, it absorbs our full body weight. That adds up to a lot of pounds over time. No wonder 90% of the U.S. population will need help for a foot problem sometime in their lives. "Mankind is more prone to the pain and problems of foot ill-health than to any other type of mechanical body failure."

Bunions, calluses, fallen arches, Morton's toe, blisters, ingrown toenails -- what a dreary future for those appendages essential to most sports. The adventurous athlete can lessen the effects of these common ailments, if not prevent them, by using the information found in two new books: How to Keep Your Feet and Legs Healthy for a Lifetime and The Complete Foot Book. Both are written for the consumer and advocate preventive care.

Gary Null is a health activist with a nationally syndicated radio show, Dr. Robins a New York podiatrist. Their book is educational, humorous and thorough. They present a holistic approach to foot health without surgery, support the benefits of exercise and discuss typical complaints in a feet-first view of total health. "Because of the stress of living in cities and towns with concrete sidewalks," the authors feel, "we simply cannot afford to let our feet and legs take care of themselves."

To fulfill that purpose, they have written a guide to foot structure, function, evolution and abnormalities. Special consideration is given to the feet of children as they develop. For those athletes wanting information on disorders, here you'll find explanations of circulatory problems, arthritic disease, skin infections and growths. How should you choose a particular shoe for your sport? Footwear for 11

sports are compared. They cover the care of joints, arches and muscles, and I found particularly helpful the how-to format on foot massage.

The Complete Foot Book is factual but not as objective. The tips on buying shoes, though well-meaning, are somewhat unrealistic for anyone who can't wear running shoes to work. Both authors are podiatrists with an obvious bias toward "minimal incision ambulatory foot surgery" versus more invasive or even self-help techniques. They discuss common foot problems in detail, such as bunions, corns and hammer toes, but more often than not the treatment suggested is surgery.

Specific to this book are explanations of occupational foot problems, effects of running and exercises to strengthen our feet. If you suffer from dancer's foot, waiter's toe or policeman's heel (no kidding -- these are real disorders) read here of causes and treatments. The doctors give a short course on the biomechanics of running: what actually happens to convert a functional deformity into a structural one, i.e. pronation into heel spur. After that depressing scenario, they diagram nine exercises which hopefully can keep our athletic feet stronger even if "abnormal."

Both volumes remind the athlete there is more underfoot than the sock and shoe. If you suffer from common blisters, have a structural anomaly -- even foot odor -- these books present valuable information so you can continue to exercise and use your feet without pain.

--Barbara T. Erskine
BOOKS FOR RUNNERS

Barbara T. Erskine, publisher of the free catalog Books for Runners. For a copy or more information, contact her at: 386 Portlock Road, Dept. CA, Honolulu, HI 96825-2027.



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