

JANUARY 1992

CALIFORNIA

Track News

- KINNEY WEST
- KINNEY NATIONALS
- CALIFORNIA STATE MEET
- X-C FINALS

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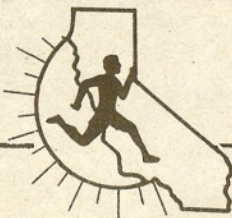


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FROM THE EDITOR

HAPPY NEW YEAR to all of our friends and faithful readers. I hope you enjoyed a peaceful Christmas with friends and family. I spent my holidays recovering from the surgery I told you about in the November/December issue. I am doing very well and am anxious to get back to school and get back on top of the magazine.

In spite of the operation recovery, I still managed to serve as the Kinney Cross Country Western Regional Meet Director. I was forced to learn the art of "delegation" while working behind the scenes. I want to express my appreciation to the 150 officials and the 1500 runners who made this meet a great event. In twelve years of hosting this event in Fresno, this was the first time it rained, yet the event came off as one of the smoothest ever. Congratulations to the many cross country champions crowned not only in this meet but the many other championship events. See results in this issue.

One distressing item I noticed for the first time at the Kinney meet. Several people paid theirs and others entry fees with bad checks. I am not talking about a simple "insufficient funds" bad check. We've all miscalculated our balance before. I am talking about people who used checks from de-

funct, closed checking accounts. These are people who knowingly used a phony check to pay entry fees, then received t-shirts, program packets, participated in the race, had complete results mailed to them plus all the other benefits belonging to an entrant. This is flat-out stealing. Most of these phony checks were written by parents for their kids entry fee. What kind of a message does that send a youngster?

I thought our sport -- the people in our sport -- were above such dishonest behavior. Fortunately there are only a few bad apples in an otherwise deliciously rich barrel. I would be interest to learn if other meet directors have encountered this problem and if anyone has any suggestions to remedy the situation.

See you at the Sunkist Invitational Indoor and the Mt. SAC Relays. Meanwhile, lets make 1992 our best year yet. We can start on that right now.

ON THE COVER: An excited **JEFF WILSON** -- California's top finisher at Kinney Nationals -- placed second in the nation. West Region winners **MILENA GLUSAC** and **MARGARITO CASILLAS** (insets).
Photos by Kirby Lee

SCHEDULE

Please send cross country and track information to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

The schedule is subject to change, so please verify dates, locations, times, etc., prior travelling to an event. It is a good idea to always include a self-addressed, stamped envelope when requesting information or entry forms.

Camps / Clinics

January 11 (Sat.) Fresno: FSU Track Clinic. FSU Campus.

January 11 (Sat.): San Diego: Women's Development Committee of TAC working in conjunction with the California Coaches Alliance, presents a clinic for all coaches with an interest in: Improvement of Track and Cross Country in California. Mt. Carmel High School-Performing Arts Center. 8 a.m. \$25 per person, \$20 for Coaches Alliance Members, \$80 for a schools complete Track and Cross Country coaching staff. Clinic Speakers: Gary Wilson, Fred Harvey, Ramona Pagel, Kent Pagel, Brian Fitzgerald, Paul Kinder, Mike Larson, John Mahr, Gene Blakenship, Bill Duley, Ken Reeves, Nate Willford.

January 25-26 (Sat.-Sun.): Los Gatos: Hurdle Clinic, Los Gatos High School, 10:00 a.m. Speaker/Instructor: Tranel Hawkins, 1984 Olympic Hurdler and High School Coach. \$45.00 for coach and \$40 for hurdler.

February 1 (Sat.): Union City: Northern California Olympic Developmental Track and Field Clinic. At James Logan High School, Union City. 8 a.m. to 5 p.m. \$10 per individual / \$75 per team. Speakers: Gabe Allende, Dr. Harmon Brown, Scott Davis, Jim Gussette, Marcel Hetu, Ray Kimble, Remi Korcheney, David Langon, Dr. Ladislav Pataki, John Powell, Ed Seese, Lee Webb, Don Wilson. Contact Lee Webb (510) 487-3731 or Marcel Hetu (510) 881-3093.

High School

1992 Track & Field

January 4 (Sat.): Long Beach: New Year's All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

January 4 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

January 11 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

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February 1 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

February 8 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

February 15 (Sat.) Long Beach: Long Beach State All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

February 15 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

February 14-15 (Fri.-Sat.): Pocatello, ID: 1992 Simplot Games, indoors. Holt Arena, Idaho State University. Carol Lish, Simplot Games, P.O. Box 912, Pocatello, ID 83204. 1-800-635-9444.

February 15-16 (Sat.-Sun.): Lawrence, Kansas: Youth National Indoor Track & Field Championships. Anschutz Pavilion, Univ., Univ. of Kansas, Lawrence, Kansas.

February 15 (Sat.): Los Angeles: Sunkist Indoor Invitational, Sports Arena, Los Angeles. Al Franken, 9171 Wilshire Blvd., Suite 410, Beverly Hills 90210. (310) 879-9210 (h), (310) 278-2030 (o).

February 22 (Sat.): Los Gatos: All-Comer Track Meet. 12:00 p.m. Willie Harmatz (408) 354-7365.

March 7 (Sat.): Los Banos: 2nd Annual Los Banos Lions T&F Meet. Mike Miller, Coach, (209) 826-2214 or Laura Lopez (Coach) (209) 826-6033.

March 7 (Sat.): Long Beach: Long Beach Poly High School Track Invitational, Veterans Stadium New Olympic Facility. Charles Clinton (310) 424-7335 or (714) 250-2587.

March 14-15 (Sat.-Sun.): Syracuse, New York: National Scholastic Indoor Championships. Carrier Dome, Syracuse Univ., Syracuse, NY. Tracy Sundlun, Metropolitan Athletics Congress, 57 Reade St., New York, NY 10007-1821. (212) 227-0071.

April 11 (Sat.): Arcadia: Arcadia Invitational. Nils Miller, Arcadia High School, 180 Campus Drive, Arcadia, CA 91006 (818) 446-0131.

April 17-19 (Sat.): Walnut: Mt. San Antonio Relays (Walnut).

June 30-July 4 (Tues.-Sat.): Auburn, AL: U.S. Youth Athletics T&F.

July 28-August 1 (Tues.-Sat.): Walnut: U.S. Junior Olympic T&F Championships.

1992 Cross Country

February 8 (Sat.): Memphis, TN: TAC/USA World Cross Country Trials, Frank L. Horton Memorial Cross Country Course at Plough Park in Shelby Farms, Memphis, Tennessee.

SCHEDULE

December 5 (Sat.): Fresno, CA: Kinney West Regional. 5,000 meters. Qualifier for Kinney Cross Country Championships on December 12. Woodward Park, Fresno. Contact: Bill Cockerham, 4957 E. Heaton Ave., Fresno, CA 93727 (209) 456-0535.

December 11-12 (Fri.-Sat.): Mobile, AL: U.S. Junior Olympic Cross Country Championships.

December 12 (Sat.): San Diego: Kinney Cross Country Championships. Balboa Park, San Diego.

College & Open

Track & Field

January 4 (Sat.): Long Beach: New

Year's All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

January 4 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

January 11 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

January 18 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

January 25 (Sat.) Fresno: FSU Weight Pentathlon. FSU Warmerdam Field.

January 25 (Sat.): Long Beach: Long Beach State All-Comers. 12:00 p.m.

(Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

January 25 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

February 1 (Sat.) Long Beach: Long Beach State All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

February 1 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

February 7 (Fri.): New York: Snickers Millrose Indoor Games, Madison Square Garden, NY. Howard Schmertz, 2428 Kayron Lane, North Bellmore, NY 11710. (212) 455-5555.

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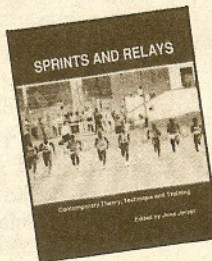


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SCHEDULE

February 8 (Sat.): Bakersfield: Bakersfield Relays (Cal State Bakersfield).

February 8 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

February 15 (Sat.): Fullerton: Fullerton Invitational (Fullerton).

February 15 (Sat.) Long Beach: Long Beach State All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

February 15 (Sat.): Reno, NV: Bill Cosby Indoor Invitational, Reno, NV. Univ. of Nevada, Reno. Roger Bowen, Track Coach, Univ. of Nevada, Lawlor Annex, Reno, NV. 89557. (702) 784-6081.

February 15 (Sat.): Los Angeles: Sunkist Indoor Invitational, Sports Arena, Los Angeles. Al Franken, 9171 Wilshire Blvd., Suite 410, Beverly Hills 90210. (310) 879-9210 (h), (310) 278-2030 (o).

February 15 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

February 22 (Sat.): Reno, NV: Reno Indoor Invitational, Reno, NV. All day.

February 22 (Sat.): Long Beach: Long Beach Relays. Community College and University/open. 9 a.m. Andy Sythe (213) 985-4666.

February 22 (Sat.): Flagstaff, AZ: Miller Lite Skydome Indoor Invitational, Northern Arizona Univ., Flagstaff. Ron Mann, Track Coach, Northern Arizona Univ., Box 15400, Flagstaff, AZ 86011. (602) 523-5646.

February 22 (Sat.): Los Gatos: All-Comer Track Meets, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365 or 354-5660.

February 28 (Fri.): New York: USA/Mobil Indoor Meet. Madison Square Garden, New York. Heliodoro Rico, TAC/USA, P.O. Box 427, Crugers, NY 10521. (914) 271-4252.

February 28-29 (Fri.-Sat.): Colorado Springs, CO: Western Athletic Indoor Meet, U.S. Air Force Academy, Colorado Springs, CO. Ralph Lindeman, Track Coach, Athletic Dept., U.S. Air Force Academy, Colorado Springs, CO. 80840. (719) 472-2173.

February 29 (Sat.): Bakersfield: CCAA Relays (Bakersfield).

February 29 (Sat.): Flagstaff, AZ: Days Inn Indoor Invitational, Northern Arizona Univ., Flagstaff. Ron Mann, Track Coach, Northern Arizona Univ., Box 15400, Flagstaff, AZ 86011. (602) 523-5646.

February 29-March 1 (Sat.-Sun.): Genoa, Italy: European Indoor Championships, Genoa, Italy. Federazione Italiana di Atletica Leggera, Via della Camilluccia, 703, Roma 00135 Italy. Phone: (39 6) 329 4300 or 4246.

March 7 (Sat.): Los Angeles: Frank Candida Memorial Relays (Jesse Owens Track, CSLA). 9 a.m.

March 13-14 (Fri.-Sat.): Indianapolis, IN: NCAA Div. II Indoor Championships, Hoosier Dome, Indianapolis, IN. James Perkins, Special Projects Office, TAC/USA, P.O. Box 6060, Indianapolis, IN 46206. (317) 636-1989.

March 13-14 (Fri.-Sat.): Saginaw, Michigan: NCAA Div. II Indoor Championships, Saginaw Valley State University, Saginaw, Michigan. Jim Nesbitt, Track Coach, Saginaw Valley State Univ., 2250 Pierce Rd., University Center, MI 48710. (517) 791-7300.

March 13-14 (Fri.-Sat.): Stevens Point, Wisconsin: NCAA Div. III Indoor Championships, Univ. of Wisconsin at Stevens Point, Stevens Point, WI. Rick Witt, Track Coach, Univ. of Wisconsin at Stevens Point, 111 Berg Gym, Stevens Point, WI. 54481. (715) 346-3677.

March 14 (Sat.): Pomona: Wendy's Invitational (Pomona).

March 14 (Sat.): Birmingham, England: USA vs. Great Britain (M&W), Birmingham, England. TAC/USA, P.O. Box 120, Indianapolis, IN. 46206. (317) 261-0500.

March 21 (Sat.): Long Beach: Long Beach Relays (Long Beach).

March 27-28 (Fri.-Sat.): Stanford: Stanford Track & Field Festival (College only), Stanford University. Brooks Johnson, (415) 725-0759.

March 28 (Sat.): Northridge: Northridge Invitational (Cal State Northridge).

March 28 (Sat.): Stanford: Stanford Relays.

April 4 (Sat.): Fresno: Fresno Relays, Ratcliffe Stadium, FCC. All day.

April 4 (Sat.): Azusa: GSAC Championships (Azusa Pacific).

April 4 (Sat.): Tempe, AZ: Sun Angel Invitational (Tempe, Az) 6 p.m.

April 4 (Sat.): Sacramento: Stan Wright Invitational (open), Sacramento State. Joe Neff (916) 278-6208.

April 17 (Fri.): Pomona: Pomona-Pitzer Invitational (Pomona).

April 17-19 (Sat.): Walnut: Mt. San Antonio Relays (Walnut).

April 18 (Sat.): Columbus, OH: U.S. Men's Olympic Marathon Trials.

April 25 (Sat.): Irvine: Irvine Invitational (Irvine). 9 a.m.

May 2 (Sat.): San Francisco: Johnny Mathis Invitational (San Francisco State).

May 8-9 (Fri.-Sat.): San Diego: NAIA District III Championships (Point Loma, San Diego).

May 8-9 (Fri.-Sat.): Fresno: Big West Championships, Fresno State Warmerdam Field, All day.

May 15-16 (Fri.-Sat.): Los Angeles: CCAA Championships (Jesse Owens Track, Cal State L.A.) 9 a.m.

May 16 (Sat.): Modesto: S & W Relays, Modesto, 10 a.m.

May 21 (Thurs.): Fresno: FSU Last Chance Meet, Warmerdam Field, 3 p.m.

May 21-22 (Thurs.-Fri.): BC: NAIA Outdoor National Championships (Simon Fraser, BC).

May 22 (Fri.): Santa Monica: 7th Ann. Santa Monica Distance Classic (Santa Monica College) 6 p.m.

May 23 (Sat.): Los Angeles: 9th Annual Los Angeles Invitational (Jesse Owens Track) 9 a.m.

May 28-30 (Thurs.-Sat.): San Angelo, TX: NCAA Division II Championships, Angelo State University, San Angelo, Texas) All day.

May 30 (Sat.): San Jose: Jenner Classic, San Jose, 10 a.m.

June 3-6 (Wed.-Sat.): Austin, TX: NCAA Division I Outdoor T&F Championships.

June 19-28 (Fri.-Sun.): New Orleans, LA: U.S. Olympic T & F Trials.

July 31-August 9 (Fri.-Sun.): Barcelona, Spain: 25th Olympic Games Championships.

SCHEDULE

Cross Country

February 8 (Sat.): Memphis, TN: 1992 TAC/USA World Cross Country Trials, Frank L. Horton Memorial Cross Country Course at Plough Park in Shelby Farms.

March 21 (Sat.): Boston, MA: IAAF World Cross Country Championships. Fresh Pond Travel, 186 Alewife Brook Pkwy, Cambridge, MA 02138 (617) 661-9200 or 1-800-645-0001.

November 28 (Sat.) Kenosha, WI: U.S. Cross Country Championships.

Masters

Track & Field

January 4 (Sat.): Long Beach: New Year's All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

January 4 (Sat.): Los Gatos: All-Comer Track Meet, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365.

January 11 (Sat.): Santa Monica: All-Comers Meet, Santa Monica City College, Pico Blvd., Santa Monica, CA. Open for masters. 9 a.m.

January 11 (Sat.): Los Gatos: All-Comer Track Meet, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365.

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February 15 (Sat.): Long Beach: Long Beach State All-Comers. 12:00 p.m. (Youth, high school, community college, university/open, masters). Andy Sythe (213) 985-4666.

February 15 (Sat.): Plainfield, IN: TAC/USA National Masters Indoor Pentathlon Championships, Indianapolis. Suzanne Hopkins, 833 N. Center Rd., Plainfield, IN 46168. (317) 839-7736.

February 15 (Sat.): Los Gatos: All-Comer Track Meet, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365.

February 21-March 1 ((Fri.-Sun.): Palm Springs: California Senior Olympics, Palm Springs. 55+. Ben Green, 480 So. Sunrise Way, Palm Springs, CA 92262. 619/323-5689.

February 22 (Sat.): Los Gatos: All-Comer Track Meet, Los Gatos High School, 12:00 p.m. Willie Harmatz (408) 354-7365.

April 3-5 (Fri.-Sat.-Sun.): Columbus, OH: U.S. TAC National Masters Indoor Championships, Ohio State U., Columbus. James Pearce, 2449 Southway Dr., Columbus, OH 43221.

May 3 (Sun.): Long Beach: Striders Meet of Champions, Cal State Long Beach. John Cosgrove, 7411 Earldom Ave. Playa del Ray 90293. 310/823-9448.

May 23 (Sat.): UC Irvine: Dan Aldrich Memorial Meet, UC Irvine, Calif. David Lewis, 505 Begonia Ave., Corona del Mar, CA 92625. 714/673-2025.

May 25 (Mon.): San Diego: San Diego Senior Sports Festival, Balboa Stadium. 55+. Sam Cohen, 4867 A Collwood Blvd., San Diego, CA 92115. 619/286-3588; 583-3300.

June 13 (Sat.): Los Gatos: TAC/Pacific Masters Championships, Los Gatos H.S., Los Gatos, Calif. Joy Margeram or Willie Harmatz, P.O. Box 1334, Los Gatos, CA 95031. 408/354-5660.

June 19-28 (Fri. thru Sun.): New Orleans, LA: U.S. Olympic Track & Field Trials, New Orleans. (504) 484-1992.

June 20 (Sat.): Los Angeles: SCA/TAC District Championships, Occidental College, Los Angeles. SASE to Christel Miller, 1740 Grandview Ave., Glendale, CA 91201. 818/843-2139 until 9 p.m.

July 11-12 (Sat.-Sun.): Des Moines, IO: TAC/USA National Masters Decathlon/

Heptathlon Championships, Drake U., Des Moines, Iowa. Rex Harvey; 2661 Euclid Heights Blvd., OH 44106. (216) 932-9368.

July 25-26 (Sat.-Sun.): Hayward: TAC Western Sectional Masters Championships, Chabot College, Hayward, Calif. Jim Johnson, 1026 Murchison, Millbrae, CA 94030. 415/697-1889.

August 13-16 (Thurs.-Fri.-Sat.-Sun.): Spokane, WA: TAC/USA National Masters Championships, Spokane, Wash. Vernie Foxley, Spokane Falls Community College, Athletics MS-3070, W. 3410 Ft. George Wright Dr., Spokane, WA 99204-5288. Phone: (509) 459-3644; Fax: 509/623-4128.

Cross Country

March 20, 1992: Boston, MA: International Veterans Cross Country Classic. (Precedes the IAAF World Cross Country Championships 3/21/92.) Franklin Park. John McGrath or Sue Smith (617) 891-4538.

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African Runners Win State

RIVERSIDE, as expected by the Southern California schools that chased them all season, ran away with the California Community College Cross Country Championships, held at Sierra College in Rocklin on November 16, by placing four runners in the top seven.

Passmore Furusa (19:34) outkicked teammate Gray Mavhera by one second for the title, followed by Gabino Toledo (19:37) of San Diego Mesa, who led in the hills, but couldn't match strides in the last, flat 200 meters.

A large, packed lead group ran the mostly flat first mile in 4:41, making many confident the course record (19:15) would fall, but that was before the hills on this deceptively tough 4-mile course, which saw everyone string-out, with seven runners breaking 20-minutes.

Long Beach runners (Francis O'Neill and Oscar Gonzalez) placed fourth and fifth, chased by Riverside's Muchapiwa Mazano and Melford Homela, sixth and seventh.

At this point, especially if you're from Northern California, you might wonder about these names, which appear to be typos: Furusa, Mavhera, Muchapiwa, and Homela? Did I press the wrong keys on my typewriter? Where are these runners from? Kenya? Tanzania? Ehtiopia?

These runners, who finished 1-2-3-4 in the Southern California Championships held the previous week, were recruited from Zimbabwe (formerly Rhodesia) by Riverside Coach Ted Banks, on what *California Track News* referred to as one of his "Safaris" (October '91, pg. 15).

A few years ago there was a controversy



Left to right: Riverside's MELFORD HOMELA, PASSMORE FURUSA, and MUCHI MAZANO
Photo by Kirby Lee

over recruitment methods at UTEP (University of Texas, El Paso), where African-imported teams kept winning national titles. Some of these runners went on to Olympic medals and racing prize money. Who was the coach? Turns out it was the same Ted Banks, who eventually left UTEP for Southern California,

and now dominates the two-year college circuit from Riverside the same way he dominated the 4-year nationals in the early eighties from El Paso. And although there is again some idle talk of recruitment violations, nobody really wants to raise a stink. Besides,

continued next page...

By Jim Gibbons

the coaches know that better runners will ultimately raise the level of competition.

Looking closely at recent results shows that this has already happened. In the Southern California Championships, as noted, Riverside took the first four places, but a week later at State, the four were split by Gabino and the two Long Beach runners.

Some people don't think it's fair that our college athletes must race against older, foreign athletes. After all, a distance runner doesn't really peak till the late twenties, and these four Riverside runners are from 24 to 26-years-old. Most community college runners are 18 or 19 and have a few more years of maturing yet to do.

But the other side of the coin is that the junior college system is very fair just because any age athlete can compete. The San Diego City College women's team has an average age of 30-something, and are respectfully called "the grandmas."

One might wonder just what is the African advantage? They've dominated the Olympics, the world cross country championships, the recent World Track Championships (where they won 12 of 15 distance races!), major marathons, and even our national college titles. What is it about their culture, for example, that makes them so good?

The first question that comes to mind is how do the kids get to school in the morning? Do they get driven everyday in the family station wagon? Or do they still run barefoot along mountain trails as Ethiopian Abebe Bikila did before bursting on the scene to win the 1960 Olympic Marathon (2:15) in Rome? I remember seeing him on television running barefoot over the cobblestone streets to the Coliseum. After that, he was sponsored, and four years later in Tokyo he finished 4-minutes ahead of the competition (2:12) wearing adidas.

Kenyan Henry Rono, who set four world records in 1978 while competing for Washington State, told *Running News* writer Barry Spitz that as a young boy he would "run four miles to school each morning, run home and back at lunchtime, then home again in the afternoon."

In my North American neighborhood, parents act as chauffeurs, driving their kids to school, or at least to the bus stop, making sure the pampered darlings have enough money for an adequate junk food lunch, and a ride back home. Not to mention after school

video games and night time television.

Then there are the Mexicans, who have been beating the Africans in major marathons, most recently finishing 1-2 at New York City. The winner (Salvador Garcia) said, in a pre-race interview, that he hoped to prove that "Mexicans are the best marathoners in the world." (The current world record--2:06:50-- is held by an African).

This nationalistic pride is the sort of thing the media eats up, and what must inspire the younger runners. Mexico, a third-world country like Kenya and Zimbabwe, continues to produce more elite runners who not only did their share of running to school, but are motivated by the competition and prize money to be had in the U.S.

Although one-third of the 91 finishers at the recent Community College State Meet had Hispanic surnames, twelve of those were in the top 25, which shows that even on the junior college level the Mexicans, like the Africans, have a dominant edge.

Arturo Barrios, world record-holder at 10,000 meters on the track (27:08) is the hero of many, including Mesa ace Gabino Toledo. Gabino, in turn, has his share of admirers, the most obvious are his teammates, including my son, Eli. I started hearing Gabino Toledo stories from Eli from the beginning of the season. How Gabino once drove across the border to run a race, but was sent back because he didn't have a green card, so he ran and swam around the border, won the race with a smile on his face, defeating the defending champ with a new course record, and said afterwards that he got his *second wind* but didn't have to use it.

Another time Gabino won a 2-miler in 9:03 and then, having missed his ride, ran the 13 miles back home. Gabino doesn't like to lose, and his teammates feel he could have beaten the Africans if he hadn't been injured for much of the season.

I called Mesa coach Manny Bautista to ask him about the recruitment methods of Ted Banks, but he didn't want to "get into that," yet wondered where the coaching comes in if you get runners who are already so good? Bautista feels more challenged to receive young high schoolers, such as Eli, and teach them to run much faster than they ever thought they could.

And this he has certainly done. It didn't surprise me that Eli (Willits High School Class

of '91) chose San Diego Mesa, but it did impress me when he, not only made the team, but finished consistently in the top five all season. It should be noted that his teammates are: Gabino, Cesar Lopez, Hector Hernandez, Dean Cortez, Ciro Melendez, Carlos Arevalo, and Jason Adams (the only white boy besides Eli) to break into the scoring five.

Coach Bautista, an All-American at Cal Poly ten years ago, has built a strong program in just his third year at Mesa. Proof is Mesa's near sweep of the Pacific Coast Conference Championship, with Mesa runners 1-2-3-4. As coach Bautista noted in his weekly *Fast Times At Mesa Tech Newsletter*: "So strong was Mesa, that if the next five runners were scored after Gibbons (10th), the Mesa B-Team would have gotten second to the A-Team."

Also noteworthy at State was that the five Southern California schools that competed took the top five places--and the first eleven individual places. Only six of the top 25 finishers were from Northern California.

The team scoring went like this: (1) Riverside, 34; (2) Long Beach City College, 65; (3) El Camino, 86; (4) Glendale, 89; (5) Mesa, 107; (6) West Valley, 188; (7) American River, 201; (8) Cabrillo, 224; (9) Hartnell 235; and (10) College of the Redwoods, 250.

Yet another note, which perhaps shows what a higher level of competition can do to motivate an athlete, Eli (72nd) finished in front of at least three runners he never beat in high school competition: Sean Fitzpatrick of Santa Rosa J.C. (77th); and Neil Thompson (78th) and Gene Cotter (84th) of the College of the Redwoods.

My last question is about the winner's first name--Passmore? Was this the name, or the English translation of the name, his parents gave him at birth? Or was his original first name so impossible to spell that he gave himself a new, more inspiring name? One cannot deny that Passmore is a good name for a winning runner, but how then, I can't help but wonder, do you translate (pronounce? spell?) Muchapiwa?

See results of the California Community College State Meet in the Results Section.

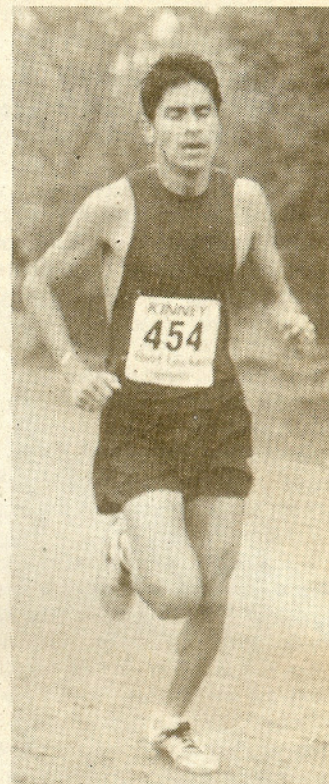
KINNEY

Cross Country Championships

5,000 Meters



MILENA GLUSAC



MARGARITO CASILLAS

Photos by Keith Conning

WEST Regional Meet

December 7, 1991.
Woodward Park, Fresno.

Freshman Boys

1 Jason Balkman (Lynbrook HS/Saratoga)	15:53
2 Brett Strahan (Hart HS/Valencia)	16:08
3 Louie Alvarez (Palmdale HS/Palmdale)	16:47
4 Vernon Yazzie (Gallup HS/Gallup, NM)	16:47
5 Peter Gilmore (Palisades HS/Pac.Palisades)	16:50
6 Laird Prosser (Diamond HS/Anchorage, AK)	16:50
7 Dula Parkinson (Mt. View HS/Orem, UT)	16:51
8 Talley Corbin (Bingham HS/Riverton, UT)	16:53
9 Jason Hardy (Calif.Sch.Deal/Fremont)	16:56
10 Manuel Romero (San Pasqual HS/Escondido)	16:57
11 Joel Givens (Hart HS/Valencia)	16:59
12 Jose Torres (Birmingham HS/Los Angeles)	17:02
13 Kevin Bowes (Mira Mesa HS/San Diego)	17:06
14 Keith Kennedy (San Leandro HS/San Leandro)	17:09
15 Jason White (Chula Vista HS/Chula Vista)	17:09
16 Dave Mitchell (Morro Bay HS/Los Osos)	17:10

17 Ronald Manuelito (Tohatchi HS/Tohatchi, NM)	17:11
18 Ryan Larson (Rancho Bernardo HS/San Diego)	17:15
19 Chris Decker (Bend HS/Bend, OR)	17:15
20 Toby Horath (North HS/Bakersfield)	17:18
21 Kevin Marsden (Thous.Oaks HS/Thous.Oaks)	17:18
22 Byron Hardig (Bishop Amat HS/Diamond Bar)	17:20
23 Jonathan Genant (The Branson HS/Tiburon)	17:22
24 Lansey Yellowhair (Page HS/Page, AZ)	17:22
139 Finishers	

Sophomore Boys

1 Michael Gomez (West Anchorage HS/Anch.AK)	15:50
2 Jeff Bray (Brighton HS/Sandy, UT)	16:05
3 Scott Cervelli (Santa Teresa HS/San Jose)	16:09
4 Eric Kropf (Madera HS/Madera)	16:13
5 Gavin Klinger (Hart HS/Valencia)	16:16
6 Ryan Bybee (Mt. View HS/Orem, UT)	16:17
7 Shawn Nixon (Kalaheo HS/Kaneohe, HI)	16:17
8 Eduardo Verdejo (Foothill HS/Bakersfield)	16:20
9 Benjamin Redhouse (Tuba City HS/TubaCity,Az)	16:22
10 Mike Yeoman (Basic HS/Henderson, NV)	16:28
11 Phil Stoddard (Viewmont HS/W Bountiful,UT)	11:30
12 Rick Chavez (Madera HS/Madera)	16:37
13 Jose Erazo (Hart HS/Newhall)	16:39
14 Proinsias Fitzpatrick (DeLaSalle HS/Concord)	16:39
15 Rob Aubrey (Mead HS/Colbert, WA)	16:40
16 Jose Melgar (San Diego HS/San Diego)	16:41
17 Jonathan Pearman (Bellarmine HS/San Jose)	16:41
18 Luis Granado (North Salinas HS/Salinas)	16:41
19 Adam Loo (Crescenta Valley HS/La Crescenta)	16:41
20 Nathan Hill (Weber HS/Plain City, UT)	16:42

21 Anthony Strong (East HS/Salt Lake City, UT)	16:42
22 Patrick Henio (Gallup HS/Gallup, NM)	16:42
23 Oscar Estrada (San Gabriel HS/Rosemead)	16:42
24 Jonathan Lomayestewa (HopIHS/Kykots,Az)	16:46
223 Finishers	

Frosh/Soph Girls

1 Amber Wittenberg (Lewis&Clark HS/Spok) So	18:55
2 Carrie McMurray (Flathead HS/Kalispoll, MT) So	19:08
3 Marcy Marcus (San Pasqual HS/Escondido) Fr	19:14
4 Heather Frushour (Mt. View HS/Orem, UT) So	19:15
5 Jennifer Bybee (Mt. View HS/Orem, UT) Fr	19:15
6 Katie Brandy (Ashland HS/Ashland, OR) So	19:17
7 Shawna Cottriel (Newbury Park HS/New.Pk) Fr	19:18
8 Miranda Middlecoff (Los Gatos HS/LosGatos) Fr	19:20
9 Elizabeth Robles (Baldwin Park HS/Bald Pk) Fr	19:20
10 Sherrie Donovan (Madera HS/Madera) So	19:21
11 Kelley McLandress (Lew&Clark HS/Spok) So	19:29
12 Crystal Harris (San Geronio HS/Highland) Fr	19:36
13 Dawn Cabitac (Florin HS/Sacramento) So	19:38
14 Pamela Richardson (Slater Jr.HS/Santa Ros) Fr	19:48
15 Tonya Meeks (El Capitan HS/Lakeside) So	19:53
16 Dana Ergenbright (Bend Sr. HS/Bend, OR) So	19:56
17 Beth Nakashima (Foothill HS/Bakersfield) So	19:56
18 Emily Chourmos (Morgan HS/Morgan, UT) So	19:59
19 Heather DeWitt (Mt. View HS/Orem, UT) Fr	19:59
20 Terri Donovan (Madera HS/Madera) Fr	20:00
21 Shakira Bluhm (Nevada Union HS/Grass Vly) Fr	20:00

continued next page...

22 Emilee Marek (Mt. View HS/Orem, UT) So	20:01
23 Liz Howell (Beaverton HS/Portland, OR) So	20:03
24 Andrea Coronado (Madera HS/Madera) Fr	20:05
237 Finishers	

22 Brice Newton (Columbia River HS/Vancouver) WA	16:35
23 Jeff Nason (Coeur d'Alene HS/Coeur d'Alene)	16:35
24 Gamaliel Gomez (Lynwood HS/Lynwood)	16:36
268 Finishers	

22 Camie Casper (Mt. View HS/Orem, UT) Sr	19:56
23 Maria Arena (Blanchet HS/Bellevue, WA) Jr	19:59
24 Catherine Venables (Alameda HS/Alameda) Jr	20:00
217 Finishers	

Junior Boys

1 Jason Tackett (Mira Loma HS/Sacramento)	16:04
2 Keith Hensley (El Cajon Valley HS/El Cajon)	16:07
3 Jason Blackham (Mt. View HS/Orem, UT)	16:11
4 Josh Johnson (El Camino HS/Oceanside)	16:15
5 Angel Ibarra (Righetti HS/Guadalupe)	16:15
6 Ryan Nugent (Thousand Oaks HS/Thous.Oaks)	16:18
7 John Orosco (Taft Union HS/Taft)	16:18
8 Edwin Padilla (San Gabriel HS/Temple City)	16:20
9 Tommy Givens (Hart HS/Valencia)	16:21
10 Russell Bjerke (Klamath Union HS/Klamath Falls)	16:22
11 Joseph Bedortha (Quartz Hills HS/Lancaster)	16:23
12 Jonathan Pillow (Horizon HS/Scottsdale, AZ)	16:23
13 Elvis Terry (Manzano HS/Albuquerque, NM)	16:24
14 Robert Callahan (Mt. Carmel HS/San Diego)	16:26
15 Jonny Eveleth (Hart HS/Valencia)	16:27
16 Devin McCord (El Camino HS/No. Highlands)	16:29
17 Scott McKelvey (Leigh HS/San Jose)	16:31
18 Peter Reyes (Valley HS/Santa Ana)	16:32
19 Jaime Bastidas, Jr. (Eisenhower HS/Rialto)	16:32
20 Nathan Jobe (Buena HS/Ventura)	16:35
21 Sky Peterka (Newport Harbor HS/Costa Mesa)	16:35

Junior/Senior Girls

1 Andrea Steinberger (Miss Viejo HS/S.J.Cap) Jr	18:59
2 Pamela White (MonumVly HS/Kayenta, AZ) Jr	19:26
3 Mona Leon (Gunderson HS/San Jose) Jr	19:27
4 Tammara Tyrrell (San Pasqual HS/Escondido) Jr	19:28
5 Jennifer Vergith (Mt. Carmel HS/San Diego) Jr	19:29
6 Kathleen Carl (Mt. Carmel HS/San Diego) Sr	19:32
7 Brooke Daehlin (University HS/Spokane, WA) Jr	19:33
8 Liz Leigh-Wood (Aptos HS/Aptos) Jr	19:39
9 Tracy Mason (Springfield HS/Springfield,OR) Jr	19:40
10 Maribeth Carey (San Pasqual HS/Escondido) Jr	19:40
11 Alexis Kays (Claremont HS/Claremont) Sr	19:41
12 Lauren Jefferson (San Luis Obispo HS/SLO) Sr	19:42
13 Michelle Taylor (Hardin HS/Hardin, MT) Jr	19:42
14 Judy Petty (Golden West HS/Visalia) Jr	19:44
15 Heather Giles (Canyon HS/Santa Clarita) Jr	19:45
16 Velma Velarde (Mt. View HS/El Monte) Jr	19:46
17 Heidi Garrett (Coeur d'Alene HS/Coeur d'A, ID) Jr	19:47
18 Yadira Taylor (Mills HS/Millbrae) Jr	19:51
19 Tania Nahale (Diamond Bar HS/DiamBar) Sr	19:52
20 Sara Council (Bend Sr. HS/Bend, OR) Jr	19:53
21 Deena Strohmman (Morro Bay HS/Los Osos) Sr	19:55

Senior Boys

1 Mark Hamer (Covina HS/West Covina)	15:54
2 Manuel Perales (Las Vegas HS/Las Veg,NV)	16:07
3 James Darpino (Channel Islands HS/Oxnard)	16:08
4 Tommy Abdal (Gunderson HS/San Jose)	16:11
5 David Cullum (Mission Viejo HS/Mission Viejo)	16:12
6 Rajandeep Sandhu (Gunderson HS/San Jose)	16:12
7 Brandon Call (Mt. View HS/Orem, UT)	16:14
8 Julio Bobrowski (Helix HS/Lemon Grove)	16:15
9 Chris Ray (Bonita HS/La Verne)	16:17
10 Valentin Pingarron (San Gabriel HS/San Gabriel)	16:18
11 Rosendo Sobal (Canyon HS/Canyon Country)	16:18
12 Brian Jolley (Mt. View HS/Orem, UT.)	16:19
13 John Walsh (Esperanza HS/Yorba Linda)	16:20
14 James DeMarco (Bartlett HS/Anchorage, AK)	16:22
15 Damian Potts (Laheinaluna HS/Lahaiwa, HI)	16:23
16 Charles Foote (Walnut HS/West Covina)	16:23
17 Steve Allen (Bingham HS/Riverton, UT)	16:23
18 Jason Black (Springfield HS/Eugene, OR)	16:24
19 Sam Rivera (Lincoln HS/Stockton)	16:24
20 Jeffrey Lynn (Mission Viejo HS/Mission Viejo)	16:25
21 John O'Leary (Blanchet HS/Edmonds, WA)	16:25
22 Mathew Thomas (Shorecrest HS/Seattle, WA)	16:26
23 Mark Secrest (Joel Ferris HS/Spokane, WA)	16:26
24 Barrett Adams (Helena HS/Helena, MT)	16:26
217 Finishers	



Left to right: MARIA MUTOLA (Eugene, OR), CARRIE GARRITSON (Fullerton, CA) and SHELLEY TAYLOR (Fountain Valley, CA) Photo by Keith Conning

Seeded Girls

First Team All-Western -- National Qualifiers

1 Milena Glusac (Fallbrook Union HS/Fallbrook) Jr	17:11
2 Heidi VanBorkulo (Blanchet HS/Seattle, WA) Sr	17:23
3 Shelley Taylor (Edison HS/Fountain Valley) Sr	17:28
4 Carrie Garritson (Sunny Hills HS/Fullerton) So	17:32
5 Maribella Aparicio (Fillmore HS/Fillmore) Jr	17:34
6 Christina Blackmer (Upland HS/Upland) Jr	17:49
7 Susanna Matsen (Lakeside HS/Seattle, WA) Jr	17:56
8 Gretchen Klein (Ketchikan HS/Ketchikan, AK) Sr	17:51
Second Team All-Western	
9 Kay Nekota (Agoura HS/Agoura Hills) So	18:02
10 Jessica Fry (Rogers HS/Spokane, WA) So	18:11
11 Amy Allen (Mt. View HS/Orem, UT) Sr	18:15
12 Angela Orefice (Arroyo Grande HS/ArroyoGr) Sr	18:18
13 Emily Johnson (University HS/Spokane, WA) Sr	18:18
14 Kim Nelson (Canyon HS/Anaheim) So	18:25
15 Kortney Dunscombe (Bend Sr.HS/Sunriv,Or)So	18:27
16 Susan Scott (Mt. Carmel HS/San Diego) Sr	18:27
Third Team All-Western	
17 Christine Dehlendorf (Lakeside HS/SeatWA) Sr	18:28
18 Amy Skieresz (Agoura HS/Westlake Village) Fr	18:32
19 Wendy Murphy (Granite Hills HS/Alpine) Fr	18:33
20 Lynette Petersen (Bingham HS/Riverton,UT) Sr	18:33
21 Magi Martinez (Wood HS/Vacaville) So	18:34
22 Tanja Brix (University HS/Irvine) Sr	18:35
23 Luisa Tam (Ruidoso HS/Ruidoso, NM) Sr	18:36
24 Juliet Stone (Mt. View HS/Orem, UT) Sr	18:37
25 Laura Hayward (Agoura HS/Agoura Hills) Sr	18:37
26 Nikki Shaw (Fillmore HS/Fillmore) Sr	18:39
27 Dnaielle Bornefeld (MonumVly HS/Kayenta) Jr	18:40

continued next page...

28 Gabriela Rodriguez (Oxnard HS/Oxnard) So	18:41
29 Melissa Keim (San Pasqual HS/Escondido) Jr	18:41
30 Mia Caviezel (Ferris HS/Spokane, WA) Sr	18:41
31 Nika Horn (Santa Rosa HS/Santa Rosa) Sr	18:46
32 Rikke Ulslev Pedersen (Simi Vly HS/SimiVly) Sr	18:47
33 Melanie Hand (Fallbrook HS/Fallbrook) Jr	18:48
34 Rachel Jaten (University HS/Spokane, WA)	18:53
35 Robin Heidt (Canyon HS/Santa Clarita) Sr	18:53
36 Brynn Abby (Bend HS/Bend, OR) So	18:58
37 Amy MacArthur (Rimcon HS/Tucson, AZ) Jr	18:59
38 Jessica DeLaCorda (Hart HS/Stevenson) So	19:01
39 Jayne Czar (El Dorado HS/AlbuquerqueNM) So	19:02
40 Kristie Camp (Agoura HS/Agoura Hills) Jr	19:02
41 Diane Wilson (Bend HS/Bend, OR) Jr	19:03
42 Karen Vann (Lynnwood HS/Lynnwood, WA) Jr	19:04
43 Susan Prentice (Sandia HS/Albuquerque, NM) Sr	19:05
44 Kelly Roda (Irvine HS/Irvine) Jr	19:06
45 Barbara Boisvert (OrangeLuth HS/Anaheim)Fr	19:06
46 Kelly Jordan (Bend HS/Bend, OR) Jr	19:08
47 Darce Gilbert (Belgrade HS/Bellgrade, MT) Sr	19:09
48 Katie Lane (Columbia Riv HS/Vancouver, WA) Sr	19:10
49 Josephina Sanchez (Hueneme HS/Oxnard) Jr	19:10
50 Nicole Silva (Aptos HS/Aptos) Fr	19:11
96 Finishers	

Seeded Boys

First Team All-Western -- National Qualifiers

1 Margarito Casillas (Hoover HS/Glendale) Jr	15:02
2 Jeffery Wilson (NewburyParkHS/Newb Pk) Sr	15:05
3 Ryan Wilson (Agoura HS/Westlake Village) Jr	15:07
4 Jason Uhlman (Lewiston HS/Lewiston, ID) Sr	15:10
5 Molla Theo (University HS/Tucson, AZ) Sr	15:10
6 Daniel Das Neves (Helix HS/La Mesa) Jr	15:11
7 Theo Martin (Page HS/Page, AZ) Jr	15:11
8 Angel Martinez (San Gabriel HS/Rosemead) Sr	15:12
Second Team All-Western	
9 Nazario Romero (San Pasqual HS/Escondido) Jr	15:13

10 Scott Keate (Viewmont HS/Centerville, UT) Sr	15:16
11 Robby Duncan (Bingham HS/W.Jordan, UT) Sr	15:23
12 Arthur Jimenez (Tucumcari HS/Tucum, NM) Sr	15:25
13 Cruz Gallegos (Corona Cen.HS/Corona) Sr	15:26
14 T. J. Reyes (Lakewood HS/Long Beach) Sr	15:29
15 Keith Grossman (Hart HS/Valencia) Jr	15:31
16 Brian Keim (San Pasqual HS/Escondido) Sr	15:34

Third Team All-Western

17 David Rujas (Moorpark HS/Moorpark) Sr	15:34
18 Stewart Ellington (Milpitas HS/Milpitas) Sr	15:35
19 Jason Kayne (Grossmont HS/La Mesa) Sr	15:30
20 Sean McLeary (Ashland HS/Ashland, OR) Sr	15:36
21 Jon Cluett (Lakeside HS/Seattle, WA) Sr	15:36
22 Merrill Bahe (Santa Fe Indian Sch/SFe, NM) Sr	15:37
23 Ty Whitten (University HS/Spokane, WA) Sr	15:38
24 Froylan Sanchez (St. Francis HS/Montebello) Sr	15:40

25 Ryan Cross (University HS/Spokane, WA) Jr	15:40
26 James Gerritson (Beaverton HS/Prlnd, OR) Sr	15:41
27 Matt Poulsen (Bingham HS/So. Jordan, UT) Jr	15:41
28 Christopher Merkley (Am. Fork HS/AmFrk, UT) Jr	15:41
29 Eric Ricketts (Hilltop HS/Chula Vista) Sr	15:42
30 Jason Brown (Bret Harte HS/Avery) Sr	15:42
31 Mebrahtom Keflezighi (SanDiego HS/S.Dieg)So	15:43
32 Casey O'Shea (Santa Fe HS/Glorieta, NM) Sr	15:45
33 Ezra Ellis (Ferris HS/Spokane, WA) Jr	15:46
34 Paul DeLaCorda (Hart HS/StevensonRanch) Jr	15:48
35 Mike Wilkey (Green River HS/Green Riv, WY) Jr	15:48
36 Matt Deakin (Bingham HS/So. Jordan, UT) Sr	15:49
37 Andrew Hunt (Springfield HS/Springfield, OR) So	15:50
38 Eric Dunn (Arroyo Grande HS/Pismo Beach) So	15:50
39 Chris Burnham (Ferris HS/Spokane, WA) Sr	15:51
40 Tim Martin (Page HS/Page, AZ) Jr	15:52
41 Ted Hansen (Judge Memorial HS/Layton, UT) Sr	15:53
42 Jason Odem (Kings HS/Seattle, WA) Sr	15:53
43 Michael James (Park City HS/Park City, UT) Sr	15:53
44 Polo Duarte (Madera HS/Madera) Sr	15:54
45 Brandon Leslie (Gallup HS/Churchrock, NM) Fr	15:54
46 Matthew Farley (Jesuit HS/Sacramento) So	15:55

47 Brian Wilkinson (Merced HS/Merced) Jr	15:55
48 Paul Graddon (Kennedy HS/Federal Way, WA) Sr	15:55
49 Jeff Arnold (York HS/Pebble Beach) Sr	15:56
50 Darren Holman (Sonora HS/Sonora) Fr	15:56
157 Finishers	

Team Scores

Girls:

1. California (Glusac, Taylor, Garritson, Aparicio, Blackmer) 87:34, 2. Washington (VanBorkulo, Matsen, Fry, Johnson, Dehlendorf) 90:16, 3. Utah (Allen, Peterson, Stone, Frushour, Bybee) 93:55, 4. Oregon (Dunscombe, Abby, Wilson, Jordan, Brandy) 94:53, 5. Arizona (Bornefeld, McArthur, White, Perin, Matthews) 96:38, 6. Montana (McMurry, Gilbert, Nay, Taylor, Bebich) 97:43, 7. New Mexico (Tamm, Prentice, Berarski, Taylor, Carpenter) 98:01, 8. Wyoming (Malone, Kalkofen, Sherman, Braunagei, Smith) 102:07, 9. Alaska (Klein, Dodd, Garcia, Fullerton, Roberts) 102:34, 10. Nevada (Aten, Barney, Miller, Mason, Lamprecht) 108:54, Incomplete Teams -- Idaho, Hawaii, U.S. Overseas Military Installations.

Boys:

1. California (Casillas, J. Wilson, R. Wilson, Das Neves, Marinenez) 75:37, 2. Utah (Keats, Duncan, Poulsen, Merkley, Deakin) 77:50, 3. Washington (Cluett, Whitten, Cross, Burnham, Odem) 78:38, 4. Arizona (Molla, Martin, Martin, Manson, Smith) 78:39, 5. New Mexico (Jimenez, Bahe, O'Shea, Leslie, Norris) 78:44, 6. Oregon (McLeary, Gerritson, Hunt, Kaiser, Wieland) 79:41, 7. Nevada (Findlay, Scott, Perales, McGeahy, Howell) 80:39, 8. Wyoming (Willey, Skinner, Kubiak, Avery, Davis) 81:41, 9. Montana (Adams, Pallister, Roberts, Fritz, Hamma) 82:45, 10. Alaska (Gomez, DeMarco, Prosser, Stoll, Novakovich) 83:06, Incomplete Teams -- Idaho, Hawaii, U.S. Overseas Military Installations.

✓ For a copy of the COMPLETE WEST REGIONAL RESULTS, send \$2 to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

NATIONAL MEET

December 14, 1991.
Balboa Park,
San Diego, CA.

GIRLS INDIVIDUALS

1. Liz Mueller (Jr) Waterford, CT 17:21, 2. Amanda White (Jr) Cockeysville, MD 17:43, 3. Kate Landau (So) Neversink, NY 17:54, 4. Heidi van Borkulo (Sr) Seattle, WA 17:55, 5. Jennifer Rhines (Sr) Liverpool, NY 17:59, 6. Carrie Garritson (So) Fullerton, CA 18:02, 7. Maribella Aparicio (Jr) Fillmore, CA 18:02, 8. Lisa Brown (Sr) West Plains, MO 18:12, 9. Molly Lori (Sr) Kentwood, MI 18:18, 10. Katie White (So) Corinth, NY 18:19.
11. Karen Godlock (Jr) Mill Springs, NC 18:20, 12. Christina Blackmer (Jr) Upland, CA 18:24, 13. Kathie Ward (Jr) Tallahassee, FL 18:25, 14. Becki Wells (Jr) Dickinson, ND

18:29, 15. Megan Flowers (Sr) Ft. Worth, TX 18:32, 16. Avrie Walters (So) LaCrosse, WI 18:34, 17. Heather Hollis (Sr) Petersburg, IL 18:36, 18. Gretchen Klein (Sr) Ketchikan, AK 18:39, 19. Susanna Matsen (Jr) Seattle, WA 18:41, 20. Kimberly Goode (Sr) Moseley, VA 18:43.

21. Shelley Taylor (Sr) Fountain Valley, CA 18:48, 22. Kelly Cook (Sr) Atlanta, GA 18:49, 23. Meghan McCarthy (Sr) Burke, VA 18:50, 24. Monal Chokshi (Jr) Bridgewater, NJ 19:00, 25. Erin St. John (Jr) Bethel, CT 19:03, 26. Christy Goodison (So) Sterling Hts., MI 19:15, 27. Faith Harvel (Sr) Boulder, CO 19:15, 28. Nora Shepherd (So) York, NE 19:18, 29. Lis Shell (So) Houston, TX 19:28, 30. Milena Glusac (Jr) Fallbrook, CA 19:53.

31. Stacy Swank (Sr) McQueeney, TX 20:02, 32. Krissy Haacke (Jr) Latham, NY 20:09.

TEAM SCORES: 1. Northeast Region 21 (1,2,3,5,10), 2. West Region 47 (4,6,7,12,18), 3. Midwest Region (8,9,14,16,17), 4. South Region 81 (11,13,15,20,22).

BOYS INDIVIDUALS

1. Corey Ihmels (Sr) Williston, ND 15:03, 2. Jeffery Wilson (Sr) Newbury Park, CA 15:18, 3. Brian Hesson (Jr) Elba, OH 15:21, 4. Angel Martinez (Sr) Rosemead, CA 15:29, 5. Margarito Casillas (Jr) Glendale, CA 15:30, 6. Marc Davis (Sr) Spartanburg,

SC 15:32, 7. Daniel Das Neves (Jr) La Mesa, CA 15:33, 8. Josh Ritchie (Jr) Tallmadge, OH 15:33, 9. Luiz Prestes (So) Miami Beach, FL 15:35, 10. Brendan Heffernan (Jr) Glen Gardner, NJ 15:35.

11. Darin Shearer (Sr) S. Hamilton, MA 15:39, 12. Jason Uhlman (Sr) Lewiston ID 15:39, 13. Adam Goucher (So) Colorado Springs, CO 15:41, 14. Tony Cosey (Sr) Knoxville, TN 15:43, 15. Theodore Martin (Jr) Page, AZ 15:44, 16. Raffeg Ayyad (Sr) Mesquite, TX 15:53, 17. Theodore Molla (Sr) Tucson, AZ 15:53, 18. Christopher Gonzalez (Jr) Brooklyn, NY 15:53, 19. Derek Selling (Sr) Alison Park, PA 15:55, 20. Patrick Joyce (Jr) Buffalo Grove, IL 15:55.

21. Jeremy White (Jr) Dublin, OH 15:56, 22. Phil Downs (Jr) Madison, WI 15:58, 23. Jama Bile (Sr) Fairfax, VA 16:00, 24. Andrew Burns (Sr) Marietta, GA 16:02, 25. Rob Reeder (Sr) Allendale, NJ 16:05, 26. Pascal Dobert (Sr) Bethesda, MD 16:10, 27. Jack Dwyer (Sr) Walpole, MA 16:12, 28. Ryan Wilson (Jr) Westlake Village, CA 16:20, 29. Matthew Wilkins (Sr) Pittsford, NY 16:29, 30. James Sellers (Sr) Tampa, FL 16:36.

31. Michael Johnson (Sr) Travellers Rest, SC 16:44, 32. Brian Young (So) Tulsa, OK 16:47.

TEAM SCORES: 1. West Region 30 (2,4,5,7,12), 2. Midwest Region 45 (1,3,8,13,20), 3. South Region 68 (6,9,14,16,23), 4. Northeast Region 83 (10,11,18,19,25).

SoCAL DIARY

By Bill Minarik

October 14:

The Community College version of the Mt. SAC Invitational was virtually the only show in town last week-end, but it gave fans the opportunity to see Riverside CC coach Fred Banks' latest catch--this being Zimbabwe's top three distance runners. The result was a 1-3-4-6 finish by the Riverside men en route to a 34-75 win over runner-up El Camino. In the men's Division II, Bakersfield just outran Sequoias 63-69. In the women's Division I Mt. SAC indicated that they were the ones to beat for the State Title with a runaway 51-96 win over runner-up El Camino.

October 21:

At the High School version of Mt. SAC, there were no real surprises as the Agoura Girls, ranked number one nationally, were comfortable 70-100 winners over a very good Peninsula team. The boys from Hart were also sweepstakes winners, but it was a struggle for them to get by a very strong Madera team 77-88.

In the College-Open competition, at the Cal Poly SLO Invitational, it was a battle of the clubs in the men's division with Reebok putting 4 men in the top 10 for a 32-66 win over runner-up Aztlan. The women's competition had powerhouse U.C. Irvine with a comfortable 55-79 win over Kansas State.

At the San Diego Invitational there was a mild surprise in the men's division as unheralded USC went 1-2-3 en route to a 24-38 win over the hometown Jamul Toads. The women's race saw host San Diego U. just slip by Pepperdine 42-45.

At the SCIAC dual meets (combined) at La Mirada Park, the Occidental men as expected swept to a 7-0 League Record, while the Oxy women were surprisingly held to a tie by Pomona-Pitzer to finish with the Sagehens at 6-0-1.

October 28:

There were a limited number of scoring meets held last week beginning with the Foothill Community College Conference finals. The Rio Hondo men were crowned champs 51-61 over San Bernardino while the San Bernardino

women just got by Antelope Valley 54-59.

If close team competition is what turns you on, then you should have been at the Orange County Championships at Irvine Park where the top two divisions of boys and girls, saw winning margins of two, two, one, and tie-breaker. Boys teams taking home the gold included Laguna Hills, Corona del Mar, Huntington Beach and Santa Margarita, while the girls from Irvine, Esperanza, Woodbridge, and Capistrano Valley were likewise champions.

Rounding out the week-end action was the Santa Clarita Invitational where boys teams from Hoover and St. John Bosco were Divisional Champs as were girls from L.A. Canyon and L.A. Baptist.

November 4:

Conference Championships were the order of the day last Friday and Saturday beginning with the Orange Empire Community College Meet. At that one, Coach Fred Banks Riverside men swept the first 7 places en route to a 15-54 win over runner-up and very strong Rancho Santiago. The Irvine Valley women celebrated their first full year of competition with a 33-52 championship over runner-up Saddleback.

The Western State Conference finals saw Glendale a double winner with the men a runaway 20-79 winner over Bakersfield and the

women tying Moorpark 33-33 but gaining the title based on other meets.

U.C. Irvine, as expected, was a double winner in the Big West Meet with Fresno State a runner-up both times by scores of 29-52 men and 41-59 women.

The CCAA Meet saw a mild upset as the hometown U.C. Riverside men held off Cal Poly SLO 30-35 while the CPSLO women were easy 29-59 victors over runner-up UCR.

The Pomona-Pitzer women proved their dual meet tie with Oxy was no fluke as they upset the Bengals 41-44 to take the crown. The Oxy men however, held tough to breeze 33-62 over runner-up Redlands.

The WCCC Championships proved to be a double win for Portland with Loyola-Marymount 3rd and 6th and Pepperdine 4th and 4th.

At the NAIA District 3 Meet, the Pt. Loma men destroyed the field and runner-up Azusa-Pacific 23-74 while the Westmont women were given a 38-38 tie-breaker win over Pt. Loma.

The Ventura High School Championships saw Buena's Boys score an easy 66-103 win over runner-up Nordhoff, while the Agoura Girls ran true to their number one national ranking with a 34-122 runaway over 2nd place Fillmore.

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Thank you!

MEET SPOTLIGHT

By David Kiefer

West Coast Conference Cross Country Championships

Nov. 2. Crystal Springs, Belmont.

There are four NCAA Division I cross country conferences in California. Two are easy to name: the Pacific-10 and the Big West. Another, the Western Athletic Conference, has only one California school, San Diego State, in its membership.

Can anyone name the fourth? Hint: Six of its eight members come from the Golden State.

If someone said, "West Coast Conference," he must either be a cross-country junkie or a good guesser.

The WCC is known best for its basketball and its soccer. The University of San Francisco was a national powerhouse with players such as Bill Russell and K.C. Jones and Santa Clara was an NCAA co-champion in men's soccer in 1989.

However, only one of its schools, the University of Portland, has a track and field program. For the most part, the rest of the schools are Division III-level programs.

Only Portland and Gonzaga compete as teams in district men's competition. The coaches would like greater emphasis, but the school's aren't willing to put money into the programs.

They are classified as Division I, however, because the schools need to offer a certain amount of Division I sports to meet Division I standards in any. For instance, a school can't have basketball in one division and cross-country in another. They have to be the same across the board, with football the lone exception.

The WCC cross-country championships took place Saturday, Nov. 2, at Crystal Springs in Belmont, CA. The 10-kilometer men's race and five-kilometer women's race were overshadowed by the Pac-10 championships later in the afternoon about 15 miles south at Stanford, but provided interesting competition nonetheless.

Portland's program, built by current Washington University coach Mike Johnson, is in its second year under the guidance of one of

his former runners, Rob Conner.

But Conner has developed the team into what he describes as the school's best men's team ever and the Pilots, ranked 18th in the country, swept the first six places and had all of its seven finish among the top eight.

The victory was Portland's 13th straight WCC title and marked the third time it scored a perfect 15 points. Pete Julian won the individual title in 32:50, leading a Pilot swarm of six that finished within 48 seconds of each other.

Santa Clara's Craig McKinley was the top California finisher, in 10th and Loyola Marymount finished third, behind second-place Gonzaga, and was led by a 13th place by Jose Quinonez.

Portland appeared to win the women's race decisively, but its top runner, freshman Meagan Dockter, accepted water about 200 meters from the finish and was disqualified by an 8-0 vote by the conference coaches.

The disqualification of the race winner brought defending champion St. Mary's, which has cross-country scholarships, back into picture. But when the new scores were tabulated, Portland held off the Gaels, 43-45.

"I assumed it would have cost us the title," Conner said. "But the only person I was disappointed for was Meagan."

The new champion was Loyola Marymount's Regina Marie Eroen, who was competing in only her second year of cross-country.

Eroen, a graduate of Bishop Manogue High in Reno, NV., was sixth with 1,200 meters left, but kicked past four runners down the stretch.

She competed in age-group track and sprinted during her freshman year of high school, but became burnt out by running until deciding to give it another try at Loyola Marymount.

After finishing seventh last year, Eroen, who carries a 3.8 grad-point average, broke a toe and missed five weeks of early-season

running and instead, spent many "boring" hours doing pool workouts. She has arthritic feet and asthma, too, which makes her victory seem all the more remarkable.

"Her victory is a real testament to the rest of the team," LMU associate coach Kevin Galbraith said. "They see that even if you get hurt, you haven't lost out. It takes base training and perseverance."

Overall Results - Men

1. Pete Julian (Portland) 32:50, 2. Ian Solof (Portland) 33:07, 3. Chris Gilbert (Portland) 33:22, 4. Ted Haskell (Portland) 33:22, 5. Bob Webber (Portland) 33:35, 6. Kirk Nichols (Portland) 33:38, 7. Pat Hill (Gonzaga) 34:00, 8. Mike Shaw (Portland) 34:35, 9. Rob Boulds (Gonzaga) 34:55, 10. Craig McKinley (Santa Clara) 35:14.

11. Dan Shepherd (Gonzaga) 35:32, 12. Dave Madrigal (Gonzaga) 35:35, 13. Jose Quinonez (Loyola Marymount) 36:05, 14. Kevin Vergho (Santa Clara) 36:18, 15. Eric Merk (Loyola Marymount) 36:27.

16. Charles La Port (Santa Clara) 36:36, 18. Mike Mazza (Loyola Marymount) 37:12, 21. Jon Ferguson (Pepperdine) 37:32, 22. Jeff Ertwine (San Diego) 37:34, 23. Scott O'Brien (Loyola Marymount) 37:42, 24. Paul Crotty (Pepperdine) 38:04, 25. Kevin Skahill (Santa Clara) 38:15, 26. Matt Young (San Diego) 38:36, 27. Alex Espinoza (Loyola Marymount) 38:47, 28. Gabe Vaca (San Diego) 38:58, 29. Erin Burke (St. Mary's) 38:58, 30. Rod Flores (St. Mary's) 39:04.

Team Scores: 1. Portland 15, 2. Gonzaga 56, 3. Loyola Marymount 96, 4. Santa Clara 102, 5. Pepperdine 147, 6. San Diego 155, 7. San Francisco 195, 8. Saint Mary's 200.

Overall Results - Women

1. Regina Marie Eroen (Loyola Marymount) 19:15, 2. Mary Scott (Portland) 19:16, 3. Nicole Karr (Portland) 19:24, 4. Arpan Melwani (St. Mary's) 19:28, 5. Aimee Tolan (St. Mary's) 19:37, 6. Amy Blackwell (Portland) 19:43, 7. Jen Fritz (Pepperdine) 20:01, 8. Alyson Carr (San Francisco) 20:01, 9. Jill Moore (St. Mary's) 20:15, 10. Kerry Engler (St. Mary's) 20:16.

11. Kari McCallum (San Francisco) 20:17, 12. Katy McGarry (Gonzaga) 20:22, 13. Jenny Hosterman (Portland) 20:28, 14. Kathryn Ellingsen (Santa Clara) 20:35, 15. Morgan Kleeve (Santa Clara) 20:36.

16. Sheila Logan (Pepperdine) 20:37, 17. Dascha Spellman (St. Mary's) 20:46, 18. Missi Hurlow (St. Mary's) 20:53, 22. Jennifer Troell (St. Mary's) 21:19, 23. Laura Lopez (Santa Clara) 21:27, 24. Terra Thomas (Santa Clara) 21:29, 25. Amy Ledwith (San Diego) 21:38, 26. Cari Loss (Pepperdine) 21:48, 27. Erin Kelly (San Diego) 21:49, 28. Avi Coon (Santa Clara) 21:51, 29. Elsa Sanchez (Loyola Marymount) 21:53, 30. Brigitta Mohlein (San Diego) 21:59.

Team Scores: 1. Portland 43, 2. Saint Mary's 45, 3. Santa Clara 104, 4. Pepperdine 127, 5. Gonzaga 128, 6. Loyola Marymount 145, 7. San Francisco, 8. San Diego 153.

MEET SPOTLIGHT

By David Kiefer

Pacific-10 Conference Cross Country Championships

November 1. Stanford.

What is it about running that captures the imagination? A coach can train his runners, but can't make them appreciate the sport unless they discover how by themselves.

But when the breakthrough occurs, it remains a part of them, of who they are, for life.

Bryan Winters, a sophomore at the University of Arizona, is one of those. To the San Diego native, running will always be more than just a sport.

At San Pasqual High School in Escondido, Winters and three teammates developed a close relationship that continues, despite attending different colleges.

Among them is Francis O'Neill, one of the top prep cross country runners in the nation turned steeplechase state champion at Long Beach City College.

"I've always been overshadowed by him," Winters said without envy. "But we're best friends."

Together, the four established a bond by buying identical silver rings with the words "Running together through eternity" inscribed in them.

And maybe that friendship had more far-reaching rewards, such as a Pacific-10 Conference cross-country championship for Winters' Arizona Wildcats on Nov. 2 at the Stanford University Golf Course.

The night before the meet, which Oregon was expected to win, O'Neill phoned Winters to wish him a happy 20th birthday and added some encouragement.

"He said to 'kick some butt,'" Winters said.

The extra motivation may have done some good because Winters, Arizona's No. 5 runner, "felt awesome" and pulled out a 17th place in 24:52 for the eight-kilometer course, his best time there by 40 seconds and beat his pre-race goal of 24:55.

Arizona's Martin Keino (soph), Brian Grosso (Jr), Jim Rodriguez (Jr), Brad Meyer (Fr) and Winters (Soph) finished 2-5-6-15-17 for 47 points, for its fifth conference title in the past nine years breaking Oregon's run of

three straight titles. And all of its top seven, including sixth man Jamie Galindo from Oxnard High and Ventura College, return next year.

Oregon was paced by winner Colin Dalton, who ran 23:36, the third-fastest time on the 8K course, and was second with 67 points.

"Our top three ran like clockwork," Arizona coach Dave Murray said. "But what carried us was our fourth and fifth men.

"Meyer was going to redshirt this year, but he looked so good in practice we brought him up. And Winters, he came to us as a walk-on last year and, has really come through."

Rodriguez was a prep All-American at Valley High in Santa Ana before attending Central Arizona Community College the past two years.

"I ran a 24:15 at the Stanford Invitational and had a 24:07 today," he said. "But I think I'm capable of running even faster. It's not even time to taper yet. The districts and the NCAA's are the two meets we're gunning for."

Keino, Grosso, Dalton, Washington State's Sam Kibiri and Arizona State's Todd Lewis came through the three-mile mark at 14:00 before Lewis, Keino and Dalton began to pull away a half-mile later.

As a team, Oregon began to make its move of moving up during the third and fourth miles after laying low for the first two.

"I was just hoping no one would break before three miles," Keino said. "And then this guy from Arizona State takes off."

Said Dalton, a senior from Australia who was the Pac-10 runner-up last year: "Lewis made a bit of a break and I felt a bit sluggish at that point. But I didn't let him go and gained on him on the uphill gradually and came down feeling quite good."

From then on, it was only Keino and Dalton.

"I thought I had a chance to win it," Keino said. "But at 600 meters left, he just took off."

Though Dalton was content with the individual title he said, "I've always been on a team that's won this meet so easily, but you

don't appreciate it until it's taken away from you."

Lewis finished third 21 seconds behind Dalton and Stanford junior Gary Stolz, a graduate of Miraleste High and Rancho Palos Verdes native, came on strong to finish fourth in 24:02, after finishing 20th at this meet a year ago. Stanford finished fifth.

In the five-kilometer women's race, Oregon won its second straight and fifth title in the six-year history of the event.

The Ducks, paced by individual champion Lisa Karnopp (16:48), beat runner-up Arizona, 38-58. Karnopp was 24th last year and led an Oregon 1-2-3-10-22 finish.

Janet Bowie (Jr) of California finished sixth (17:19) while UCLA was the top team from the state, finishing fourth with 110 points.

Overall Results - Men

1. Colin Dalton (Oregon) 23:36, 2. Martin Keino (Arizona) 23:49, 3. Todd Lewis (Arizona St) 23:57, 4. Gary Stolz (Stanford) 24:02, 5. Brian Grosso (Arizona) 24:06, 6. Jim Rodriguez (Arizona) 24:07, 7. Sam Kibiri (Washington St) 24:08, 8. Greg Melcalf (Washington) 24:11, 9. David Hughes (Washington) 24:13, 10. Joe Kapkory (Washington St) 24:23.

11. Shannon Lamora (Oregon) 24:27, 12. E. J. Guo (Washington St) 24:27, 13. Dave Scudamore (Stanford) 24:28, 14. Pat Haller (Oregon) 24:34, 15. Brad Meyer (Arizona) 24:40, 16. Neil Panchen (Washington) 24:47, 17. Bryan Winters (Arizona) 24:52, 18. Fred Carter (Stanford) 24:55, 19. Alan Foster (Oregon) 24:57, 20. Chris Lewis (Washington St) 24:58.

Team Scores: 1. Arizona 45, 2. Oregon 67, 3. Washington 83, 4. Washington State 85, 5. Stanford 93, 6. Arizona State 138, 7. UCLA 186, 8. California 236, 9. USC 245.

Overall Results - Women

1. Lisa Karnopp (Oregon) 16:48, 2. Lucy Nusrala (Oregon) 16:54, 3. Nicole Woodward (Oregon) 17:03, 4. Carrie Moller (Washington) 17:08, 5. Ronda Mikeworth (Arizona) 17:11, 6. Janet Bowie (California) 17:19, 7. Sharette Garcia (Ariz State) 17:22, 8. Brenda Sleuwenhoek (Arizona) 17:23, 9. Stacie Holtink (Washington) 17:25, 10. Carol Holmen (Oregon) 17:35.

11. Trish Huffmaster (Ariz State) 17:37, 12. Nicole Nugent (UCLA) 17:44, 13. Katie Williams (Arizona) 17:47, 14. Rachel Brennan (Arizona) 17:48, 15. Katie Malm (Washington) 17:51, 16. Luiza DoNascimento (Wash. State) 17:53, 17. Kira Jorgensen (UCLA) 17:56, 18. Tracy Kennedy (Arizona) 17:59, 19. Jeannie Rothman (Stanford) 18:01, 20. Beth Bartholomew (UCLA) 18:03.

Team Scores: 1. Oregon 38, 2. Arizona 58, 3. Washington 75, 4. UCLA 110, 5. Arizona State 127, 6. Stanford 150, 7. Washington State 166, 8. California 182, 9. USC 268.

PREP NOTES

By KEITH CONNING

○ Track Results Wanted

Please send Northern California high school track results to Keith Conning, 2235 Browning Street, Berkeley, CA 94702-1823.

○ A Tribute to Coach Bob McGuire

Coach Bob McGuire has coached at three schools: Layton Junior High 1954-1957, Pleasant Hill High 1957-1977, and California State University at Hayward 1978 to Present. You are invited to honor and pay tribute to Coach Bob McGuire on Friday, March 27, 1992 at the Concord Hilton. The evening will begin at 6:30 pm with dinner at 7:30pm. Cost is \$27.50 per person. Don't miss this great opportunity to honor McGuire and also see many of your cross country and track teammates and friends.

Please RSVP by March 2, 1992. Please make checks payable to McGuire Tribute. Send reservations to McGuire Tribute, c/o Pleasant Hill Recreation Park District, 147 Gregory Lane, Pleasant Hill, CA 94523. For further information contact: Ed Miller (510) 778-4712, Bob Berggren (510) 682-0896, Glenn Parker (510) 943-6272, or Tim Bruder (510) 313-0439.

(Prep Editor: I first met Bob McGuire in the early 70's when he hosted the Pleasant Hill Invitational. One of his most notable prep athletes was 1974 and 1975 State Meet champion Kathy Costello. She set a national high school record of 2:09.2 in the 1975 State Meet in San Diego.)

○ Hampton-Phillips Track & Field Classic '92

San Jose, November 10--Approximately 60 high schools will participate at San Jose City College in the second annual Millard Hampton - Andre Phillips Track & Field Classic on Saturday, April 4. Other participants will include local elementary, middle schools, and track clubs. The purpose of the meet is to showcase young athletes of our community and expose them to positive role models. The track extravaganza has already been acclaimed by those who attended in 1991 to be one of the finest new events in Northern Cali-

ornia. Last year schools from all over California participated. Many additional schools have requested entries to the 1992 event.

Millard Hampton, a graduate of Silver Creek High School, won a gold medal in the 1976 Olympics in the 4 X 100 and a silver medal in the 200 meters.

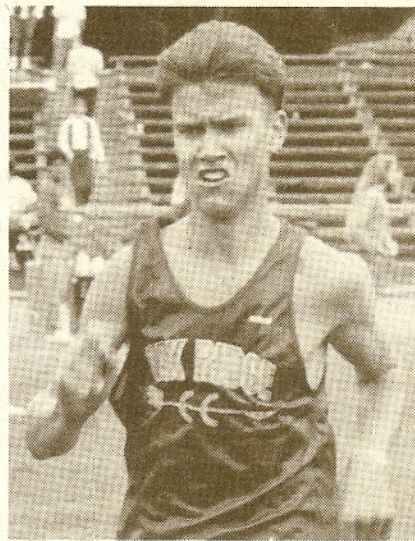
Andre Phillips, also a graduate of Silver Creek High School, won a gold medal in the 1988 Olympics in the 400 intermediate hurdles.

Contact Robert Poynter or Frank Slaton at Silver Creek High School.

● Sac-Joaquin Section

Sierra College, Rocklin, November 15-

DIVISION I. Beyer edged Atwater by seven points--65 to 72--for the boys' championship. Senior David Monk (Fairfield) won in 15:28. Davis defeated Downey by seven points--42 to 49--to win the girls' championship. Senior Carrie Tacheira (Downey) won in 18:45.



AUSTIN MATULONIS

Photo by Keith Conning

DIVISION II. Del Campo won the boys' team title for the fourth consecutive time with 28 points, by placing four runners among the top seven. El Camino was second with 50 points. Junior Jason Tackett (Mira Loma) defeated

sophomore Matt Farley (Jesuit) by four seconds--15:28 to 15:32--in the closest boys' race of the day.

Casa Roble beat Will C. Wood by one point--45 to 46--in girls' competition. Sophomore Magi Martinez (Will C. Wood, Vacaville) won in 18:35, the fastest time of the day.

DIVISION III. The Sonora boys' team defeated Rio Americano by eight points--40 to 48. Senior Austin Matulonis (Oak Ridge) won his second consecutive Division III title in 15:27, the fastest time of the day.

"It was a test for me today," Matulonis said to Todd Shurtleff (*Bee Correspondent*). "It's been an up-and-down year for me. I wasn't really sure what to expect. I really wanted this one. This one means a little more than last year's because it was a lot harder to reach."

The St. Francis' girls' won its third consecutive section team championship with 65 points. Del Oro placed second with 73 points. Junior Cybelle McFadden (St. Francis) won her third consecutive individual section championship in 19:10. McFadden won the Division II championship as a freshman and won the Division II title last season. Freshman Shara Pope (Del Oro) placed second in 19:29.

"I knew she (Pope) was the one that would push me," McFadden said Shurtleff. "After gaining some space on her in the back part of the course during the rolling hills, I just didn't want to make a mistake. It was a tough season for me, but it all paid off."

DIVISION IV. The Bret Harte boys' team won with 33 points. Colfax was second with 51. Senior Jason Brown (Bret Harte) won in 15:28. The Bear River girls' team edged Bret Harte by two points--47 to 49. Sophomore Courtney Madigan (Bear River) finished just ahead of her teammate junior Anikai Webb--19:45 to 19:49.

● Central Coast Section Divisions II and IV

Crystal Springs, Belmont, November 16--

DIVISION II. The Leigh boys' team won with 81 points. The team was composed of junior Scott McKelvey (3rd in 16:01), senior Chad Bradler (9th in 16:20), senior Aaron Ot-

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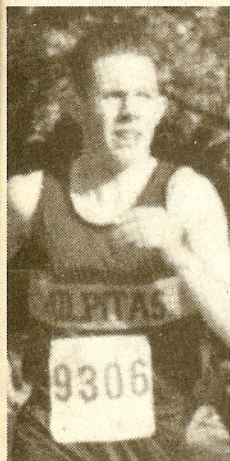
PREP NOTES

inger (10th in 16:21), junior Masood Eharai (26th in 17:01), and senior Bill Rice (35th in 17:10). Leland placed second with 126 points. The team was made up of senior Barry Kane (19th in 16:48), junior Chris Connolly (21st in 16:54), senior Jon Lee (23rd in 16:55), senior Derrick Karner (31st in 17:06), and junior Kurt Larson (37th in 17:13). Senior Tommy Abdal (Gunderson) was the individual winner in 15:47. Dan Boehle (Serra) placed second in 16:01. Gilroy senior Ernesto Solorio, who won the CCS Division II title last year, settled for fourth Saturday.

"I've had bronchitis for about three weeks and I'm just getting over it," Solorio said to Dave Payne (*Mercury News*). "If I hadn't been sick, I know I would have been right there with (Abdal). I won with a 15:37.5 last year."

The Los Gatos girls' team won a CCS cross country title for the fifth time in nine years with 34 points. They finished second the other four years. The team was composed of freshman Miranda Middlecoff (1st in 18:29), freshman Holly Malander (3rd in 19:30), sophomore Meg Veeder (6th in 20:40), sophomore Rosanna Saffaie (8th in 20:56), and senior Amy Graff (18th in 21:36).

"This is without a doubt the best young girls' team I've had," said Willie Harmatz, in his 13th year as the Wildcats' coach, to Dave Payne (*Mercury News*). "Miranda and Holly have fantastic potential."



STEWART ELLINGTON
Photo by Keith Conning

Gunderson placed second with 98 points. The team was made up of junior Mona Leon (5th in 20:32), junior Sam Caceres (9th in 21:00), junior Angela Lemus (14th in 21:20), junior Alvi Bellow (31st in 22:26), and freshman Meron Negash (43rd in 22:55). Freshman Maria Pleyte (Hollister) placed second in 19:17.

DIVISION IV. The San Jose Academy boys' team won with 42 points. The team was composed of senior Muhammed Chaudhry (4th in 16:46), sophomore Mark Montoya (5th in

16:56), junior Efrain Chavez (11th in 17:35), sophomore Manuel Tamarit (16th in 18:06), and sophomore Kenny Bowes (21st in 18:27). Robert Louis Stevenson placed second with 68 points. The team was made up of senior Aengus Jeffers (3rd in 16:10), junior Cameron Hall (8th in 17:14), senior Dave Fredrickson (23rd in 18:35), junior Bryant Pearson (26th in 18:38), and junior Kevin Clugage (27th in 18:39). Senior Jeff Arnold (York), the CCS 1,600 meters champion last May, won in 15:42, the best time of the day. Senior Will Allen (Carmel) placed second in 15:50.

The Presentation girls' team won with 35 points. The team was composed of senior Gina Turone (1st in 20:20), sophomore Christy Shea (3rd in 20:49), sophomore Christine Stavolone (4th in 20:57), sophomore Maria Paone (11th in 21:28), and freshman Lisa Miller (25th in 22:17). Half Moon Bay placed second with 77 points. The team was made up of junior Brenda Cooks (8th in 21:15), freshman Betsy White (14th), freshman Erin Pettit (15th), senior Jessica Wolf (28th), and senior Kelly Van Horbek (36th). Junior Louise Tench (Castilleja) placed second in 20:35.

● Central Coast Section Divisions I and III

Crystal Springs, Belmont, November 20--

DIVISION I. The Overfelt boys' team won with 38 points. Their team was composed of Juan Pinal (3rd in 15:59), Armando Perez (5th in 16:01), Luis Ayala (6th in 16:04), Jose Guerrero (9th in 16:19), and Alvarez). Bellarmine placed second with 85. The team was made up of Whittall, Cannon, Lavelle, Bouldland, and Song. Stewart Ellington (Milpitas), a transfer from Channel Island of Oxnard, won in 15:23. Ignacio Flores (Watsonville) placed second in 15:49.

The Palo Alto girls' team won with 50 points. The team was composed of Janice Kim (2nd in 19:34), Rabin, Faulkner, Begley, and Engel. Leigh placed second with 59 points. The team was made up of Kate Sweeney (1st in 19:24), Rachele Thomas (3rd in 19:52), Audrey Hanlan (5th in 20:03), A. Thomas, and Woodard).

○ Mel Long (Lowell, San Francisco) Dies

Oakland, November 20--Melville Hammond Long Jr., who captained the Cal track team in 1947 when he was a high jumper and high hurdler, died in San Leandro last Friday of com-

plications resulting from emphysema. He was 71. A native of San Francisco and one-time city high jump record holder at Lowell High, Long had been a probation officer for the Alameda County Youth Authority and a travel-agency operator in Oakland. He was also a long-time AAU track official. He worked with Tom Moore as a recall starter.

○ Michael Sowell (Lowell, San Francisco 1981) killed in F-16 crash in Utah

(Note: The following obituary by James Schermerhom appeared in the *San Francisco Examiner* on November 20.)--U.S. Air Force Captain Michael Terrance Sowell, a San Franciscan who flew an F-16 fighter plane in the first daylight bombing of Baghdad during Desert Storm, died in a crash of a routine training flight in Utah last Thursday. A medal winner in sports at Lowell High School in 1981, pilot of 40 combat missions over Iraq and winner of four Air Medals, he was 28. Captain Sowell's brother Arnold M. Sowell Jr., said Tuesday that the Air Force told the Sowell family it still was investigating the cause of the crash. The plane was one of a four-plane flight and crashed in daylight in a marshy area 60 miles from Hill Air Force Base. Services will be held at 6:30 p.m. Thursday at Captain Sowell's church, the Third Baptist Church at 1399 McAllister Street in San Francisco. He will be buried with full honors at Arlington National Cemetery in Arlington, Virginia, on Tuesday. A memorial service was held Sunday at Hill AFB near Layton, Utah, for both Captain Sowell and Captain Arnold A. Clarke, the pilot of the two-seat F-16. Captain Sowell was being taken on an orientation flight at his new base as a member of the 419th Tactical Fighter Wing when the plane crashed. A fellow pilot, Captain Mark Cowan, a roommate through almost two years of flying in Germany, and Spain and then in Desert Storm, will accompany his friend's body back for services at Arlington. "I lived a lifetime in a year and a half with Mike," Cowan said at the Sunday service. Their squadron, the 614th Tactical Fighter Squadron, bombed Baghdad in the third day of the war--the first daylight bombing run. It was in that attack that two of the squadron's planes were shot down and their pilots held in Iraqi prisons until after the war. The squadron lost two planes in combat and a third in a noncombat crash, but all the squa-

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dron's pilots returned home safely, Cowan said. Citations accompanying one of Captain Sowell's Air Medals told of his successful attack on ground-to-air missiles near Basra in the face of severe anti-aircraft fire. He managed to destroy his target and fly his damaged plane safely back to the squadron's air base in Qatar, the citation said. Captain Sowell came to San Francisco with his parents at age 15 when his father, U.S. Army Lt. Col. Arnold M. Sowell, was transferred from Germany to the Presidio.

In his senior year at Lowell High School in 1981, Captain Sowell won city championships in the 800-meter, the mile and 2-mile races, his family said, and he set a record for the cross-country run at Golden Gate Park. He won appointment to the U.S. Air Academy at Colorado Springs, Colorado, where he was graduated in 1985, then began training as a pilot, first in the F-4 fighter, then the F-16. Captain Sowell leaves his parents, Arnold and Barbara Sowell of Pacifica, and four siblings: Arnold Jr. of Sacramento, Jacqueline Arrieta of Washington, D.C., and Jamaica and Gregory Sowell of Pacifica.

(Prep Editor: His father Arnold "Arnie" Sowell placed fourth in the 800 meters in 1:48.3 in the 1956 Olympic Games. He was a world record holder in the 4 X 440y and 4 X 880y in 1956. He was the national champion in the 880 and 800 in 1955 and 1956. He was the NCAA champion for Pittsburgh in the 880-800 1954-56.)

● North Coast Section Meet of Champions

Hayward High School, November 23--For the second year, the North Coast Section held its cross country state qualifying meets at one location. The meet was moved from Garin Park in Hayward to Hayward High School this year. East Bay Regional Park rangers complained about too much car traffic at the Garin Park site last year. The parking lot was too small to accommodate all the cars. Eight races does generate a large number of cars and busses.

Runners, fans and coaches were treated to eight races featuring the finest runners in the North Coast Section in their quests for North Coast Section/Reebok Championships, and CIF/Reebok State Meet berths. Teams from Divisions III & IV had to go through a qualifying regional race just to get to the Meet of Champions. These rounds, to determine the

15 best teams for the finals, were held locally at various spots around the Section. The Far North Subregional was held at Anderson Marsh State Park in Clear Lake. The North Subregional was held at Spring Lake in Santa Rosa. The South Subregional was held at Garin Park in Hayward. Teams from Divisions I & II, because there are so few of them, received a bye directly to the meet. The Hayward High School course has a rich tradition of championships. Home to the Hayward Farmers, this course has been the site of Hayward Area Athletic League Championships since 1970. The Hayward Invitational, recently revived, also was held here during the years 1969-1974. This course has had its share of championship races, most notably the Meet of Champions in 1974 and 1985, and the Division II Championships in 1987. The boys' course record of 14:42 was set by Calvin Gaziano of Castro Valley in 1983. The girls' record of 18:03 was set by Molly Burke of Marin Catholic in 1985.

DIVISION IV. The meet started with the battle of the small schools. The boys' team championship had Fortuna as a slight favorite. The Huskies were to be challenged by Humboldt Del Norte League rival Arcata and the East Shore Athletic League's Piedmont, which seemed to be peaking at just the right time. Among the top individuals were Fortuna's Mike Katri, Piedmont sophomore Steve Brown and Rob Isom of Fort Bragg. Arcata, second in the Far North Subregional with 54 points, edged Fortuna, the Far North winner with 51 points, by seven points--102 to 109. Fortuna had the ninth best team time of the day. Piedmont, the South Subregional winner with 44 points, was third with 117. Mike Katri (Fortuna), the Far North winner in 18:23, won the race in 15:41.8, the second best individual time of the day. Steve Brown (Piedmont), the South winner in 16:04, was second in 15:50.5, the fifth best individual time of the day. Rob Isom (Fort Bragg), second in the Far North in 18:34, was third in 16:03.1, the eighth best individual time of the day.

Ursuline, led by Stephanie Bosch and Brenna Nurmi was almost a lock to take girls' team honors. The battle for second was to be between Arcata and Miramonte. Ursuline, the North Subregional winner with 24 points, won with 42 points. Ursuline had the third best team time of the day. Arcata, the Far North Subregional winner with 17 points, placed second with 57 points. Arcata had the fourth best team time of the day. Piedmont, second in the South Subregional with 34 points,

placed third with 100 points. Miramonte, the South winner with 24 points, placed fourth with 110 points.

Freshman Shannon Nohr (Miramonte), second in the South in 19:03, won in 19:11.5. Vicky Flescher (Fortuna), second in the Far North in 22:45, placed second in 19:31.6. Heather Rowley (Head-Royce), the South winner in 19:03, placed third in 19:37.1.

DIVISION III. Defending Division III champ Livermore was ranked #8 in the state. Led by its one-two punch of Ahmik Jones and Dan Pereira, the Cowboys were favored to repeat. Bishop O'Dowd has a great pack, but the Dragons Ramyar Rossoukh recently sustained an injury in a bike accident. Other top teams were Rancho Cotate, Casa Grande and Alcalanes.

In addition to Jones and Periera, Casa's Rick Esponda, Healdsburg's Hector Delgado and Rancho Cotate's Jon Gonzalez were to battle (again) for top individual honors.

Livermore, the South Subregional winner with 55 points, easily won with 45 points. Livermore had the second best team time of the day. Bishop O'Dowd, second in the South with 95 points, placed second with 101. Bishop O'Dowd had the tenth best team time of the day. Casa Grande, second in the North Subregional with 76 points, was third with 145.

Ahmik Jones (Livermore), the South winner in 15:40, won in 15:48.9. Jones had the fourth best individual time of the day. Daniel Pereira (Livermore), second in the South at 15:41, was second again in 15:58.9. Pereira had the sixth best individual time of the day. Rick Esponda (Casa Grande), the North winner in 16:13, placed third in 16:03.4. Esponda had the ninth best individual time of the day.

Bishop O'Dowd brought its #9 state ranking to the girls' race. The Dragons were a step above the rest of the field, led by Angela Dalke and Angelica Randall. Moreau depended on excellent pack running to challenge Rancho Cotate for second. Lissette Lemus (Rancho Cotate), Kendra Johnson (El Molino) and Catherine Venables (Alameda) were to lead the fight for individual honors.

Bishop O'Dowd, the South winner with 59 points, won with 55 points. O'Dowd had the second best team time of the day. Moreau, second in the South with 74 points, placed second with 95. Moreau had the sixth best team time of the day. Livermore, fourth in the South with 106 points, placed third with 116. Livermore had the seventh best team time of

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the day. Catherine Venables (Alameda), second in the South at 19:22, won in 19:04.1, the fifth best individual time of the day.

Angela Dalke (Bishop O'Dowd), fourth in the South in 19:30, placed second in 19:05.7, the sixth best individual time of the day. Angelica Randall (Bishop O'Dowd), the South winner in 18:56, placed third in 19:16.3, the ninth best individual time of the day.

DIVISION II. This was considered the strongest division in the North Coast Section. De La Salle and Amador Valley brought state-ranked boys' teams. Montgomery and Castro Valley were expected to sort who was next best to these two. Mike Prindiville of De La Salle had been a top runner in the state all year, and was closely followed by teammates John Kelly, Jim Zachary and Ty Walker. Amador Valley boasted the fine 1-2 punch of Dave Braden and Chris Sullins. Nat Lopes lead the Montgomery boys, and John Atwood of Castro Valley, Matt Cremson of Eureka, Ryan Roskovensky of Monte Vista, and Jeff Hagen of San Ramon were all top individual contenders.

De La Salle, the Bay Valley Athletic League champion with 16 points, won with 30 points. De La Salle had the fastest team time of the day.

"The whole race was a scare," said De La Salle coach Rico Balatti to Matt Goldstein (*Contra Costa Times*). "We were sitting way back through most of the first three-quarters of a mile, but out strength came through in the second half."

Castro Valley placed second with 73 and had the third best team time of the day. Montgomery, who moved from Division I to Division II this season because of a student enrollment drop, placed third with 83. Montgomery's team time of 1:22:27.6 was considerably faster than the Division I winning time of 1:24:48.2 posted by James Logan. Thus, Montgomery's move cost them a trip to Fresno.

The North Coast Section requires teams to compete only in the division where their student population places them. That has made Division II boys' competition the best in the Section. Six of the top seven boys' team times were recorded by Division II teams. The North Coast Section cross country management committee will consider this situation at the end of the season. In basketball a small school like St. Joseph's of Alameda, the defending State Champion in Division I, can elect to move up to a higher enrollment division.

The girls' race in this division featured the closest matched teams. Monte Vista, with top girl Lori Grant, was the defending champion. San Ramon behind Stacey Radowicz had run very well.

Montgomery had Lisa Gay and some impressive invitational performances. Castro Valley featured top runner Melissa Ackermann, and Amador Valley countered with talented Michelle Muething. Individually, Eris Miller and Nichol Paris of Clayton Valley figured to be contenders, as did Alisha Lopez of El Cerrito.

Monte Vista won with 55 points and had the fifth best team time of the day. Castro Valley, who also qualified their boys' team to the State Meet, placed second with 67 points and had the eighth best team time of the day. San Ramon placed third with 83 points and had the ninth best team time of the day. Michelle Muething (Amador Valley) won in 19:00.0, the third best individual time of the day. Alisha Lopez (El Cerrito) placed second in 19:20.5, the tenth best time of the day. Lori Grant (Monte Vista) placed third in 19:30.7.

DIVISION I. Even though this was the smallest division numerically, it did not lack for competition. The boys' race featured a close battle between Santa Rosa and James Logan for the single State Meet spot. Individually, Santa Rosa's Juanjo Soriano and Sky Pile, Logan's Sam Yemane, Ray Gonzales and John Lockard, and Antioch's Mike Byroads figured to contest for top honors. James Logan won with 35 points and had the eighth best team time of the day. Santa Rosa placed second with 42 points. Antioch placed third with 50 points. Mike Byroads (Antioch) won in 16:12.2. Juanjo Soriano (Santa Rosa) placed second in 16:17.6. Sam Yemane (James Logan) placed third in 16:20.4. The girls' race featured the top team in the North Coast Section in Santa Rosa. Nika Horn, Rhonda Mazza, and Megan Reeder ranked among the best in the state this year. Logan's Kim Wilkes and Mei-Ling McNamara tried to break up the top Santa Rosa group. Annette White of Antioch and Elizabeth Wenk of Berkeley were also contenders for State Meet spots. Santa Rosa won with 23 points. James Logan placed second with 49 points. Antioch placed third with 54 points.

Nika Horn (Santa Rosa) won in 18:37.5, the fastest individual time of the day. Kim Wilkes (James Logan) placed second in 18:46.9, the second best individual time of the day. Rhonda Mazza (Santa Rosa) placed third in 19:00.6, the fourth best individual time of the day.

TOP TEN BOYS' TEAM TIMES: 1. De La Salle (Division II) 1:20:35.1, 2. Livermore (DIII) 1:22:16.6, 3. Castro Valley (DII) 1:22:22.4, 4. Montgomery (DII) 1:22:27.6, 5. Eureka (DII) 1:23:34.5, 6. Amador Valley (DII) 1:23:50.9, 7. Monte Vista (DII) 1:22:27.6, 8. James Logan (DI) 1:24:48.2, 9. Fortuna (DIV) 1:25:12.4, 10. Bishop O'Dowd (DIII) 1:25:21.8.

Division II had six of the top ten team times. Division III had two teams, and Divisions I and IV had one each.

TOP TEN GIRLS' TEAM TIMES: 1. Santa Rosa (DI) 1:38:27.9, 2. Bishop O'Dowd (DIII) 1:39:49.2, 3. Ursuline (DIV) 1:41:56.4, 4. Arcata (DIV) 1:42:36.7, 5. Monte Vista (DII) 1:42:41.8, 6. Moreau (DIII) 1:43:11.9, 7. Livermore (DIII) 1:43:21.5, 8. Castro Valley (DII) 1:43:33.3, 9. San Ramon (DII) 1:45:01.2, 10. Carondelet (DIII) 1:45:33.2.

Division III had four teams in the top ten. Division II had three teams. Division IV had two teams and Division I had one.

TOP TEN BOYS' INDIVIDUAL TIMES: 1. Matt Cremson (Eureka) 15:39.8, 2. Mike Katri (Fortuna) 15:41.8, 3. Jim Zachary (De La Salle) 15:46.9, 4. Ahmik Jones (Livermore) 15:48.9, 5. Steve Brown (Piedmont) 15:50.5, 6. Daniel Pereira (Livermore) 15:58.9, 7. Nat Lopes (Montgomery) 16:02.1, 8. Rob Isom (Fort Bragg) 16:03.1, 9. Rick Esponda (Casa Grande) 16:03.4, 10. Matt McCoy (De La Salle) 16:04.0.

De La Salle and Livermore both had two individuals in the top ten.

TOP TEN GIRLS' INDIVIDUAL TIMES: 1. Nika Horn (Santa Rosa) 18:37.5, 2. Kim Wilkes (James Logan) 18:46.9, 3. Michelle Muething (Amador Valley) 19:00.0, 4. Rhonda Mazza (Santa Rosa) 19:00.6, 5. Catherine Venables (Alameda) 19:04.1, 6. Angela Dalke (Bishop O'Dowd) 19:05.7, 7. Megan Reeder (Santa Rosa) 19:11.3, 8. Shannon Nohr (Miramonte) 19:11.5, 9. Angelica Randall (Bishop O'Dowd) 19:16.3, 10. Alisha Lopez (El Cerrito) 19:20.5.

Santa Rosa had three of the top seven individual times.

○ Long Beach Poly High School Track Invitational

Long Beach Polytechnic High School, "the home of scholars and champions," will be hosting a track invitational honoring Mr. Leon Foreman on Saturday, March 7, 1992 at the new Olympic facility at Veterans Stadium. It will feature close to 100 of the top high schools in the state. The meet will start at 9:00 a.m. and end at 4:30 p.m. For information call: Charles Clinton (310) 424-7335 or (714) 250-2587.

PREP NOTES**Prep Notes***By Doug Speck***○ Marion Jones**

A late Fall switch of schools involved the 1991 *Track & Field News* Female Athlete of the Year, as State 100 and 200 Meter Champion Marion Jones (Rio Mesa HS, Oxnard), felt by many to be the best athlete ever in Southern California in our sport, moved to Thousand Oaks HS. TO is about 30 minutes up over the Conejo grade (south) from Oxnard on the way to Los Angeles, with Southern Section eligibility rules requiring a change of home addresses for such a change in which an athlete maintains athletic eligibility for the new school. Marion is also a top Basketball player, with the Thousand Oaks Lancer program one of the best in the nation. The TO roundball squad was ranked second only to the #1 ranked squad in the entire nation, Peninsula (Rolling Hills Estates), in early Southern Section Large Schools rankings. Local experts state that the Lancer program has at least two Division I scholarship type players in addition to Marion. No indications were given through mid-Winter that Marion planned to do anything other than also compete for Coach Art Green's very successful Track & Field program at TO.

○ Jeff Buckey

National junior class Discus Record Holder (210-1) Jeff Buckey (Bakersfield HS) started his senior year in fine style, being winning the "Dial Award" by the Dial Corporation in mid-December. This award is given to one male and one female prep athlete nationally each year, based upon athletic, academic, study and civic activity accomplishments. Buckey is one of the nation's top Football linemen in addition to his Track and Field exploits. With a 4.1 grade point average and a wealth of student and civic activities behind him, Jeff swept to victory over a field of nominees described by the host company as the strongest in the Award's history.

Jeff's Bakersfield HS will be the recipient of a \$5000 athletic grant for his winning the award, with Buckey and his parents receiving the award at the 57th Annual Awards Banquet of the Touchdown Club of Washington DC, on

January 18th. Dubbed by *Sports Illustrated* as "the premier sports award dinner in the country," Jeff joins an illustrious group of recent past winners such as Herschel Walker, Carol Lewis, and Lisa Leslie.

The latest of the great Track & Field athletes turned out by Coach Scott Semar of Bakersfield HS, Jeff should continue the finest string of athletes in one event area by a school in California's history with a big spring Track & Field season in the weight program events of the Shot and Discus for the Drillers.

○ National Scholastic Outdoor Track & Field Championships:

Already the most successful ever first year national level prep championship meet, the National Scholastic Outdoor Track & Field Championships, will be renewed again this June at Birmingham High School in Van Nuys the weekend of June 13th and 14th. Hosted by the Dad's Club of Birmingham High School and the National Scholastic Sports Foundation, the Meet is open to athletes of all grades who meet entry standards. The 1991 meet was a spectacular success with athletes from 31 different states taking part! The 1992 standards should be available soon, with this "all-grades" and entry by standard allowing many to participate in this national level meet, with the meet philosophy much different than the requirements for the Golden West Invitational and Keebler International Prep Invitational, post-season meets which are limited to seniors only with selectors allowing only eight athletes into each event. A great 1991 affair included Marion Jones, with much bigger and better things indicated for the 1992 affair.

Meet information can be secured from Lou Ramirez, Meet Director, National Scholastic Outdoor Track & Field Championships, Birmingham H.S., 17000 Haynes St., Van Nuys, CA 91406.

○ New Meets

The Southern Section will feature two big and new Invitational Track & Field Meets this spring. Veterans' Memorial Stadium in Long Beach features one of the nation's fine new All-Weather Track & Field facilities, with those who have observed the new Track stating that it will be a great addition to the sport in the Southern half of the state. Saturday, March 7th, Long Beach Poly HS and Coach Charles Clinton will host a big Invitational

Meet featuring many of the strong teams from the Southern half of the state. Over 100 schools had indicated interest in attending through mid-Winter, with the inaugural meet honoring Mr. Leon Foreman, long time coach at Long Beach Poly HS, a program among the nation's finest during his tenure. For further information on the Meet contact Charles Clinton at (310) 424-7335 or (714) 250-2587.

Trabuco Hills HS (Mission Viejo), under Coach Jack Recia, has another fine new Track & Field All-Weather facility, and will be hosting a big meet on Saturday, April 4th. Interest in this affair has been very high also, with well over 100 schools indicating interest in attending through the Winter. Al Joyner and Florence Griffith Joyner will be in attendance as the guests of honor for the day of the meet. The competition will feature 4x100, 4x200, 4x400, 4x800, 4xmile, sprint medley, and distance medley relays, in addition to Invitational races in all the regular track and field events. For information on the meet contact Coach Recia at Trabuco Hills HS at (714) 768-1934.

○ Sunkist Indoor

The Sunkist Indoor Meet has marked a change of dates for the 1992 season, with a move to the old Los Angeles Times Indoor Meet weekend of Saturday, February 15th. The move to a Saturday will feature big additions to the prep section of the meet, with that portion of the day taking place during the afternoon, with special high school events interspersed with the Invitational portion of the competition in the evening. More prep participation will be a big plus to the date change, with the old Friday evening format not allowing for as much prep action as could be squeezed in with the Invite program between 4:00 p.m. and 10:00 p.m. More time for pit usage, etc. should make the affair a good early preview of the June State Meet High School Track & Field Meet.

The Amateur Athletic Foundation, continuing the legacy of the 1984 Olympic Games locally with the funds secured from that competition, has joined in sponsorship of the larger High School portion to the Meet. Early open entrants included *Track & Field News* Athlete of the Year Sergey Bubka of Russia, with local fans assured another top AI Franken produced affair there in addition to increased prep participation during the day.

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PREP NOTES

CIF Section
Finals

● Southern

by Doug Speck

The most successful area of the nation, the five hundred school Southern Section of California gathered for its Championship competition on the Saturdays of November 16th and 23rd. With the Hart Boys (#1 ranked nationally) and Agoura Girls (#1 leading the Peninsula Boys and Girls, Edison Girls, Arroyo Grande Girls, and Hart Girls all ranked among the top twenty nationally by *Harrier* magazine, the fireworks were sure to fly.

Jeff Wilson (Newbury Park) was recently named by *Harrier* magazine as the top prep male runner in the nation, with Margarito Casillas (Hoover, Glendale), Angel Martinez (San Gabriel), and Ryan Wilson (Agoura) also very hot on the boys' side. Shelley Taylor (Edison), Carrie Garritson (Sunny Hills, Fullerton), and Maribella Aparicio (Fillmore) had been impressive individually, with Taylor and Garritson Kinney National Finalist returnees. Teams were competing for one of four spots granted the section on to the State Meet, with the top five individuals in each of those divisions not a part of a qualifying team also moving on to Fresno on November 30th. The Section has divided each State division in half, with six A and six AA (AA is larger half of the enrollment breakdown) teams running in each of four Boys and Girls Finals races. Championships are broken down in each A and AA division, with the top four teams overall and five athletes not a part of those teams on to Fresno.

GIRLS

Division I - Agoura had put together a spectacular undefeated season during which time they had lowered the boom quite decisively a couple of times during the season team time-wise on the Deena Drossin-led Charger team of the last few years. Transfer Kay Nekota, frosh Amy Skiersz, and vets Kristie Camp and Laura Hayward were as wicked a foursome as had ever topped out an area squad. Peninsula, led by Maya Muneno and Yoko Senga, was ranked #6 nationally, with Hart #15 and Arroyo Grande #17. Coach Joe Kelly of Peninsula has been known for some great peaks in recent years while at Palos Verdes (one of three district schools before they were combined into Peninsula), with a great effort here by the new institution. Agoura raced strong once gain, racing 94:04 (18:48 average here) for 37 points (1AA), with Peninsula closing to within a surprising seven points at 44 (95:34). Agoura squeezed four in before Peninsula's #3 runner, frosh Holly Mehlberg (19:11), with Peninsula having its five scorers in before Agoura's fifth, making it a darn close competition. Coach Bill Duley of Agoura picked up his sixth consecutive Section Divisional

Championship plaque. Winning the other half of the team contest (Agoura and Peninsula were both 1AA schools--Agoura by choice as they decided to move up to the top division from their State Division II enrollment sizing) was Irvine with 49 (97:42) points over Arroyo Grande 64 (98:58). Shut out of the State Meet was Wilson (Long Beach) (99:44), probably the State's #6 ranked Division I squad. Individually Kay Nekota (Agoura) broke 18:00 with a 17:59 win, with improved Christina Blackmer (Upland) 2nd at 18:07.

Results: * = individual qualifier on to state DIVISION I - 1. Nekota (Agoura) 17:59, 2. *Blackmer (Upland) 18:07, 3. Muneno (Peninsula) 18:26, 4. Skiersz (Agoura) 18:31, 5. Orefice (Arroyo Grande) 18:34, 6. *Sumi (Wilson, Long Beach) 18:36, 7. Senga (Peninsula) 18:40, 8. *Barajas (Channel Islands, Oxnard) 18:45, 9. Hayward (Agoura) 18:51, 10. Gilles (Irvine) 18:56, 11. *Marisa Avendano (Paramount) 18:56, 12. Roda (Irvine) 18:56, 13. Camp (Agoura) 18:57, 14. *Pederson (Simi Valley) 18:58, 15. Rodriguez (Oxnard) 18:59, 16. Robles (Baldwin Park) 19:00, 17. Flores (Bell Gardens) 19:02, 18. Schranz (Hart, Newhall) 19:04, 19. Frigo (El Toro) 19:10, 20. Mehlberg (Peninsula) 19:11. Teams: IAA-1. Agoura 37 (94:04), 2. Peninsula 44 (95:34), 3. Wilson (Long Beach) 86 (99:44), 4. Upland 99 (100:21), 5. Channel Islands 102 (100:46), 6. Capistrano Valley 143 (105:12). IA-1. Irvine 49 (97:42), 2. Arroyo Grande 64 (98:58), 3. Hart 79 (100:10), 4. Buena (Ventura) 80 (100:35), 5. El Toro 84 (100:38), 6. Ocean View 115 (103:22). Agoura, Peninsula, Irvine, Arroyo Grande on to State Meet.

Division II -- Edison (Huntington Beach) featured a super team that was ranked #7 nationally, led by one of the best around, Shelley Taylor, who had raced 4:52.38 for 1600m last spring in track. The arrival and super first year success of Jeannie and Jennifer Formosa, frosh race walkers with national level credentials in that area, blended with a good returning group to give Coach Stan Stauble a lightning crew! Taylor would have another match-up with Carrie Garritson, a Kinney National Finalist from 1990 who raced 10:39.17 for 3200m in track last spring. Taylor had handled Garritson in the recent Orange County Championships, with both under the old Course Record there. Taylor (and Edison) were magnificent this day, with Shelley racing away from her rival over the first set of hills on the way to the equal #6 time here ever by a Section athlete with a 17:29 win. Behind Taylor, her Charger teammates were doing the job to the point where they almost defeated the enter IIAA division put together with 34 points (96:23 team time). Garritson was 18:20 in second, with El Modena, Woodbridge, and Claremont winning the State team spots.

Results: * = individual qualifier on to state DIVISION II - 1. Taylor (Edison) 17:29, 2. *Garritson (Sunny Hills, Fullerton) 18:20, 3. *Nelson (Canyon, Anaheim) 18:53, 4. *Brix

(University, Irvine) 18:59, 5. Jennifer Formosa (Edison) 19:13, 6. *Lopez (Compton) 19:16, 7. *MacDougall (Crescenta Valley, La Crescenta) 19:27, 8. Monson (Claremont) 19:33, 9. Flatauer (Canyon, Ana) 19:33, 10. Degazon (Bishop Montgomery, Torrance) 19:36, 11. Yaba (Bishop Amat, La Puente) 19:36, 12. Schroyer (Rio Mesa, Oxnard) 19:41. Teams: IIAA - 1. Edison 34 (96:23), 2. Claremont 72 (103:10), 3. Bishop Amat 81 (104:11), 4. Riverside Poly 103 (107:00), 5. Ventura 107 (106:37), 6. Corona 131 (109:19). IA - 1. El Modena (Orange) 40 (101:55), 2. Woodbridge (Irvine) 49 (102:57), 3. Canyon (Anaheim) 69 (103:44), 4. Westlake (Westlake Village) 72 (105:26), 5. Righetti (Santa Maria) 132 (111:45), 6. Buena Park 147 (112:23). Edison, El Modena, Woodbridge, and Claremont on to state meet

Division III -- A shockingly competitive division featured a super group of teams. San Marino, Laguna Hills, Corona del Mar, and Newport Harbor had shown flashes of brilliance and the potential to run at 100:00 or better here at Mt. SAC, a very impressive performance by these schools of between 1000 and 1500 students. Newport had been bolstered of late by the appearance of former 2:15 half-miler from Katella HS in Anaheim Donna Mills, who teamed with Mary Crane to put Newport in the driver's seat after the Prelims. A super competitive individual race had the surprising duo from La Canada of Carlene Pengra and Sarah Dien edge away over the last half mile to go 1-2 at 18:57 and 19:06, with Denisha Bendz (Costa Mesa) 3rd at 19:07 before Mills (19:12) and Crane (19:12) started the Newport flood. Coach Eric Tweit's beach school team totalled 45 points (100:31) to win comfortably in the very competitive 3A division and assume the favorite's roll for the Fresno State affair. Very tragic was Corona del Mar's situation here, where the team was not allowed to start with the other teams when seven athletes were not at the starting line. When everyone arrived CdM took off with approximately a 20 second handicap, then just missed going to the State Meet by seven points (overall). A key team member dropped out of the event partway through due to frustration with the whole situation.

Results: * = individual qualifier on to state DIVISION III - 1. *Carlene Pengra (La Canada) 18:57, 2. *Dien (La Canada) 19:06, 3. *Bendz (Costa Mesa) 19:07, 4. Mills (Newport Harbor) 19:12, 5. Crane (Newport Harbor) 19:12, 6. *Falcon (St. Paul, Whittier) 19:15, 7. *Eklöf (Costa Mesa) 19:21, 8. Hsu (San Marino) 19:24, 9. Oglesby (South Hills, W. Covina) 19:26, 10. Etman (South Pasadena) 19:34, 11. Cottriel (Newbury Park) 19:41, 12. Medina (Laguna Hills) 19:48. Teams: IIAA - 1. Laguna Hills 27 (102:32), 2. Newbury Park 48 (106:28), 3. Rim of World 101 (115:15), 4. Brea-Olinda 109 (116:11), 5. Brawley 116 (116:33), 6. South Torrance 126 (118:39). IIAA - 1. Newport Harbor 45 (100:31), 2. San Marino 74 (103:09), 3. San Luis Obispo 91 (104:57), 4.

South Pasadena 94 (104:46), 5. Costa Mesa 95 (105:48), 6. Corona del Mar 96 (105:20). Laguna Hills, Newbury Park, Newport Harbor, and San Marino on to state meet.

Division IV -- Some super teams graced this level in the Section. Fillmore, led by stars Maribella Aparicio (10:45.39 3200m), who blazed a 17:41 in the Prelims, and Nikki Shaw, the nation's top middle distance runner, with 2:09.19 800m and 4:49.01 1600m bests, would battle with Orange Lutheran and Nordhoff (Ojai). Orange Lutheran was led by Amber Parkinson, a 10:38.80 3200m star, and frosh Barbara Boisvert (say it Boi-vay), who ran 5:10 for the mile last year in the eighth grade. Nordhoff featured another of Coach Ken Reeves great pack running teams, with close to half a dozen girls running in the #1 position during the year. Fillmore ran under 100:00 in the Prelims to establish itself as a big leader. In the IAA Finals Lutheran came very close, with Aparicio's 17:52 win leading her Flashes to 59 points (100:31), with Lutheran 63 (101:33), with Nordhoff 86 (103:02). Boisvert, anemic earlier in the year, continued her rocket improvement here at the end, racing 18:44 for 2nd. Jamie Kendig (La Reina, 1000 Oaks) finished a strong local season with a 19:09 in third. The Girls 4A division was dominated by Maranatha (Sierra Madre), with Coach Ken Cronquist's team continuing one of the great traditions in the sport with 33 points (108:16) to take their sixth consecutive championship trophy home.

Results: * = individual qualifier on to state DIVISION IV - 1. Aparicio (Fillmore) 17:52, 2. Boisvert (Orange Lutheran) 18:44, 3. *Kendig (La Reina, 1000 Oaks) 19:09, 4. Parkinson (Orange Lutheran) 19:15, 5. *Castellanos (L.A. Baptist, Sepulveda) 19:26, 6. Roundy (Morro Bay) 19:38, 7. Shaw (Fillmore) 19:51, 8. Strohmman (Morro Bay) 20:00, 9. *Bushnell (Marymount) 20:04, 10. *Bell (La Reina, 1000 Oaks) 20:05, 11. *Carter (Laguna Beach) 20:08. Teams: IAA: 1. Fillmore 59 (100:31), 2. Orange Lutheran 63 (101:33), 3. Nordhoff (Ojai) 75 (103:02), 4. Morro Bay 81 (104:28), 5. La Reina (1000 Oaks) 105 (108:48), 6. Laguna Beach 109 (108:02). IA: 1. Maranatha 33 (108:16), 2. Thacher (Ojai) 67 (113:20), 3. Webb (Claremont) 92 (117:58), 4. Poly (Pasadena) 93 (117:59), 5. Mammoth 106 (125:11), 6. Woodcrest Christian (Riverside) 282 (120:27).

BOYS

Division I -- The Boys Division I was headlined by the nation's #1 team, hotter than a pistol, Hart of Newhall. Peninsula (Rolling Hills Estates) had the horses to keep Hart honest, with super individuals Angel Martinez (San Gabriel), the nation's fastest returning 3200m runner from track at 9:01.38 and junior Margarito Casillas (Hoover, Glendale), 15:11 here at the Mt. SAC Invite, battling Hart came to run tough, as usual, with Keith Grossman improving to 15:39, Paul De la Cerda (15:53) and amazing frosh

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California Track and Cross Country Coaches Alliance

PREP NOTES

Brett Strahan (15:54 =#6 Section frosh ever here), leading Hart to a 1A win with 37 points (80:28). Peninsula, led by Goss Lindsey (15:57) and Dan Minami (15:58), won the 1AA contest with 28 points (81:14), and had four in front of Hart's #4, with the combined scores between the two divisions 58 for Hart and 73 for Peninsula. Peninsula is a much better team than their #18 from Harrier magazine. Up front Angel Martinez assumed the favorite's role in the Kinney National series off his performance here. Sitting back fully 13 seconds off Margarito Casillas's 4:38 first mile, Angel powered the final 1320 in very impressive style to win 15:14-15:19. Martinez's talent is unlimited, with a mid-season calf injury probably resulting in him timing his seasonal peak perfectly.

Best Finals race effort award went to Cruz Gallegos (Centennial, Corona), who improved shockingly over the last couple of weeks of the season to a fifth place here at 15:38.

Results: * = individual qualifier on to state DIVISION I - 1. Martinez (San Gabriel) 15:14, 2. Casillas (Hoover, Glendale) 15:19, 3. Reyes (Lakewood) 15:30, 4. Mendoza (Channel Islands, Oxnard) 15:34, 5. Gallegos (Centennial, Corona) 15:38, 6. Grossman (Hart) 15:39, 7. De la Cerda (Hart) 15:53, 8. Strahan (Hart) 15:54, 9. Cera (Upland) 15:54, 10. Lindsey (Peninsula, Rolling Hills Estates) 15:57, 11. Minami (Peninsula, RHE) 15:58, 12. Sanchez (Fountain Valley) 16:01, 13. Dunn (Arroyo Grande) 16:02, 14. Frack (Esperanza, Anaheim) 16:05, 15. Gibbs (Rubidoux, Riverside) 16:09, 16. Walsh (Esperanza) 16:11, 17. Jobe (Buena, Ventura) 16:11, 18. Nugent (1000 Oaks) 16:12, 19. Guenther (Buena, V) 16:15, 20. Aldrich (1000 Oaks) 16:16. Teams: 1AA: 1. Peninsula 28 (81:14), 2. San Gabriel 60 (82:03), 3. Hoover (Glendale) 87 (83:32), 4. Saddleback (Santa Ana) 95 (84:19), 5. Dana Hills 100 (84:32), 6. Santa Ana Valley 114 (85:21). IA: 1. Hart 37 (80:28), 2. Buena (Ventura) 62 (82:11), 3. Esperanza (Anaheim) 79 (83:03), 4. 1000 Oaks 87 (83:07), 5. Arroyo Grande 101 (83:55), 6. Camarillo 113 (84:33). Peninsula, San Gabriel, Hart, and Buena on to State Meet

Division II - The Division II contest was really kind of a wide-open struggle, with seven teams within 1:15 after the Prelims. When the dust had cleared it was consistent powers Mission Viejo (2AA winner with 55 (83:24), Agoura (2AA runner-up at 58 (82:44), and 2A winner La Habra 51 (84:32) a bit ahead of the group. The battle for the fourth spot to state was amazing, with four teams within three points. Righetti had 143 (85:18), as did vastly improved Glendora 143 (85:01), Claremont 145 (85:09), and Bishop Amat 146 (84:56). Righetti had the better placing 6th runner, taking the trip North to Fresno. Up front junior Ryan Wilson (Agoura) continued his fine season, racing a super 15:15 (=#10 All-Time Section eleventh grade) to tie with another

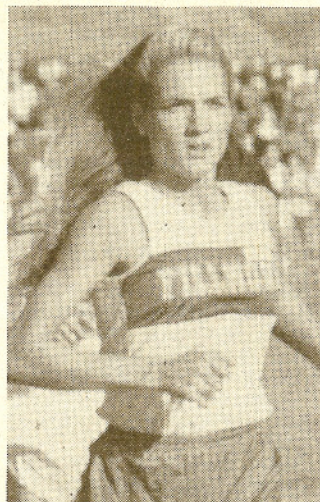
pretty fair runner, Jeff Nelson (Burbank), who went on to set the national prep two mile record at 8:36.3 his senior year. Jacques Salberg (Muir, Pasadena) surprised with his 15:38 in second. Results: * = individual qualifier on to state DIVISION II - 1. Wilson (Agoura) 15:15, 2. *Salberg (Muir, Pasadena) 15:38, 3. *Love (Katella, Anaheim) 15:43, 4. *Curtis (Elsinore, Lake Elsinore) 15:56, 5. *Roldan (Bishop Amat, La Puente) 16:02, 6. *Moreno (Katella, Ana) 16:09, 7. Renstrom (Glendora) 16:14, 8. Lynn (Mission Viejo) 16:16, 9. D. Cullum (Mission Viejo) 16:17, 10. Foote (Walnut) 16:19, 11. Delahanty (West Torrance) 16:19, 12. Zepeda (Rio Mesa, Oxnard) 16:19. Teams: IIAA: 1. Mission Viejo 55 (83:24), 2. Agoura 58 (82:44), 3. Glendora 85 (85:01), 4. Bishop Amat (La Puente) 89 (84:56), 5. Claremont 90 (85:09), 6. St. John Bosco 98 (85:37). IIA: 1. La Habra 51 (84:32), 2. Righetti (Santa Maria) 55 (85:18), 3. Villa Park 70 (85:55), 4. Crescenta Valley 92 (86:56), 5. Norco 101 (87:32), 6. West Torrance 121 (88:38). Mission Viejo, Agoura, La Habra, and Righetti on to State Meet

Division III - Laguna Hills had been top-ranked statewide all year long in this division, with some other very good teams in this division. Newbury Park, led by the State's best this Fall, Jeff Wilson (15:08 here in the Mt. SAC Invite), San Marino, and Corona del Mar were all very strong. San Marino was the defending Divisional State Champion.

Wilson ran away once again and hid, with a comfortable 15:26 win. Covina's Mark Hamer continued his fine season with a 15:36 in second, with Laguna Hills' Chris Lynch starting the team struggle in third at 15:47. Laguna Hills (53-83:17) took Newbury Park (62-83:40) in the 3AA battle, with San Marino (54 (84:07) edging Corona del Mar (60 (84:17) in the 3A. The San Marino-Corona del Mar struggle was a classic, with San Marino two in before Cdm's first runner, then Cdm having its top four in before San Marino's #3 runner, but San Marino stacking its 3-4-5 scorers in at 31-32-33 before Corona del Mar's #5 in 34th. Coach Phil Ryan did another super job with his San Marino Titan group after graduating most of his State Championship squad, with Bill Sumner at Cdm continuing each year to graduate a good squad, then roll last year's JV's up to the Varsity level and compete year in and year out for Championships. Cdm gapped 26 seconds 1-5 here.

Results: * = individual qualifier on to state DIVISION III - 1. Wilson (Newbury Park) 15:26, 2. *Hamer (Covina) 15:36, 3. Lynch (Laguna Hills) 15:47, 4. *Sanchez (St. Francis, La Canada) 15:49, 5. *Rojas (Moorpark) 16:04, *Montes de Oca (Azusa) 16:08, 7. *Wilkinson (Santa Margarita, Rancho SM) 16:17, 8. Ciano (San Luis Obispo) 16:15, 9. Hillman (San Marino) 16:17, 10. Burnette (Laguna Hills) 16:19, 11. Carter (Rim of World, Lake Arrowhead) 16:24, 12. Overton (Newport Harbor) 16:27.

Teams: IIAA: 1. Laguna Hills 53 (83:17), 2. Newbury Park 62 (83:40), 3. Paso Robles 75 (85:09), 4. St. Francis (La Canada) 86:06, 5. Estancia 103 (87:06), 6. Azusa 113 (88:18). IIA: 1. San Marino 54 (84:07), 2. Corona del Mar 60 (84:17), 3. Santa Margarita (Rancho SM) 71 (84:56), 4. Newport Harbor 76 (85:12), 5. Covina 100,



NIKKI SHAW

Photo by Phillip Erbody

(85:52), 6. South Hills 128 (87:58). Laguna Hills, Newbury Park, San Marino, and Corona del Mar on to state meet

Division IV - There were some super teams at this level, led by Nordhoff (Ojai), who when they cranked it up, were as dangerous as anyone in Section history at this size. Their regular season was capped with a 39 point win in the twenty-four team Stanford Invitational. They were beaten by Bell-Jeff (Burbank) at the Mt. SAC Invite here, but the Ojai crowd really came to run in the Finals. Racing a fine team time of 83:41, Nordhoff totalled 42 points in the 4AA team struggle to handily take Bell-Jeff (68 (85:12). Maranatha (Sierra Madre) put another Section first place plaque in the school award case with its 4A win at 23 points (87:09). Individually Maranatha's 1:57 half miler, Anthony Fisher was the winner at 16:02, with Bobby Fardin (Crossroads, Santa Monica) next at 16:11.

Results: * = individual qualifier on to state DIVISION IV: 1. *Fisher (Maranatha) 16:02, 2. *Fardin (Crossroads, Santa Monica) 16:11, 2. *Lockhart (Ontario Christian, Ontario) 16:14, 4. Moore (Nordhoff) 16:15, 5. *Ripley (Laguna Beach) 16:16, 6. Ramirez (Nordhoff) 16:19, 7. J. Diaz (Bell-Jeff, Burbank) 16:23, 8. L. Diaz (Bell-Jeff, Burb) 16:24, 9. Wulschlager (La Salle, Pasadena) 16:31, 10. L. McIntosh (Sherman Indian, Riverside) 16:34.

Team: 4AA: 1. Nordhoff (Ojai) 42 (83:41), 2.

Bell-Jeff (Burbank) 68 (85:12), 3. Morro Bay 71 (85:21), 4. Oak Park 88 (86:21), 5. La Salle (Pasadena) 105 (87:20), 6. St. Anthony (Long Beach) 111 (87:44). 4A: 1. Maranatha 23 (86:52), 2. Mammoth 67 (90:57), 3. Webb 71 (91:35), 4. Woodcrest Christian 88 (92:51), 5. Brentwood p73 (L.A.) 105 (94:23), 6. Desert Christian 153



CHRISTINA BLACKMER

Photo by Phillip Erbody

(96:57). Nordhoff, Morro Bay, Bell-Jeff, and Oak Park on to State Meet

● L. A. City

November 16. Pierce College.

Boys' Team Scores: 1. Bell 56, 2. Birmingham 59, 3. Belmont 81, 4. San Pedro 134, 5. Marshall 153, 6. Lincoln 172, 7. Garfield 181, 8. Westchester 206, 9. San Fernando 217, 10. Roosevelt 220. Boys Individuals: 1. Mejia (Birmingham) 15:29, 2. Arinyan (Van Nuys) 15:36, 3. Irias (Belmont) 15:41, 4. Maciel (Fremont) 15:42, 5. Moreno (Roosevelt) 15:43, 6. Flores (Bell) 15:45, 7. Rodriguez (Lincoln) 15:51, 8. Vela (Bell) 15:54, 9. Omar (Hamilton) 15:55, 10. Perea (Bell) 15:57.

11. Medina (SP) 16:02, 12. M. Medina (SP) 16:02, 13. Torres (Birmingham) 16:02, 14. Estrada (Belmont) 16:06, 15. Miriam (Birmingham) 16:08.

Girls' Team Scores: 1. Belmont 25, 2. San Pedro 90, 3. Garfield 129, 4. University 134, 5. El Camino Real 135, 6. Taft 159, 7. Birmingham 166, 8. South Gate 206, 9. Hamilton 203, 10. Franklin 236. Girls Individuals: 1. Snowbeck (U) 18:30, 2. Trejo (Belmont) 18:48, 3. Herrera (Belmont) 19:21, 4. Pelote (Grant) 19:22, 5. Roberto (Belmont) 19:36, 6. Gomez (Belmont) 19:37, 7. Potilo (El Camino Real) 19:38, 8. Amenta (Kennedy) 19:47, 9. Portillo (Franklin) 19:38, 10. Vargas (Banning) 19:56, 11. Posey (North Hollywood) 20:01, 12. Kleiner (SP) 20:06, 13.

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California State High School Cross Country Meet

Division I

By Keith Conning

Boys Teams

1990 Team Results: 1. Hart (Newhall) 58, 2. Madera 113, 3. Saddleback (Santa Ana) 123, 4. Belmont (Los Angeles) 147, 5. Channel Islands (Oxnard) 147, 6. Talt 156, 7. El Toro 161.
Top All-Time Team Scores: 1. Camarillo (1989) 39, 2. Arroyo (El Monte) (1987) 41, 3. Hart (1990) 58, 4. Dana Hills (Dana Point) (1988) 91, 5. De La Salle (Concord) (1989) 97.

Hart (Newhall), the Southern Section champion at Mt. San Antonio College in 80:28, was ranked #1 in the nation by *Harrier* magazine before the State Meet. They were undefeated this season. The Cowboys are coached by Gene Blankenship. Last year Hart upset Madera of the Central Section. Madera was ranked #3 in the nation. Madera won the Central Section Grand Masters Meet at Woodward Park in 80:39. Madera is coached by Dennis DeWitt. Hart had already defeated Madera twice this season. Peninsula (Rolling Hills Estates) of the Southern Section was ranked #18 in the nation. Hart won for the second straight year with 43 points, the third lowest score in State Meet Division I history. Their team was composed of junior Keith Grossman (4th in 15:24), junior Paul De La Cerda (11th in 15:43), freshman Brett Strahan (12th in 15:49), sophomore Gavin Klinger (22nd in 16:07), and sophomore Jose Erazo (32nd in 16:19).

"We were under a lot of pressure," said Hart coach Gene Blankenship to Chris Branam of the *Fresno Bee*. "We thought it was going to be close."

"This last week went real slow," Hart runner Keith Grossman said to Branam. "We were convinced not to have what happened to Madera last year happen to us this year," Hart runner Gavin Klinger said to Branam.

Peninsula placed second with 88 points, the

fifth lowest score in State Meet Division I history. Their team was made up of senior Goss Lindsay (9th in 15:41), senior Brian Stei (20th in 16:04), senior Ethan Bradley (21st in 16:05), junior Dan Miwami (50th in 16:28), junior John Lee (58th in 16:36). Madera placed third with 90 points, the sixth lowest score in State Meet Division I history. Their team included senior Polo Duarte, the Central Section champion (6th in 15:39), sophomore Eric Kropf (13th in 15:50), senior Frank Madrigal (39th in 16:24), sophomore Ricky Chavez (43rd in 16:26), and junior Tony Solario (59th in 16:36).

"Last year we were upset because we didn't win it," Madera coach Dee DeWitt said to Branam, "but this year we ran real well. We couldn't have won it; Hart was too good."

"I ran relaxed," Duarte said to Branam. "I knew I could get in the top 10, so I was just going to run my own race."

Boys Individuals

1990 Individual Results: 1. Luis Quintana (Arroyo Grande) 14:47, 2. David Hartman (Canyon) 15:04, 3. Dan Niednagel (Dana Hills) 15:37, 4. R. Arellano (Belmont) 15:40, 5. S. Gonzales (Carson) 15:41.

All-Time Top Times Individuals: Division I: 1. Bryan Dameworth (Agoura 1989) 14:45, 2. Luis Quintana (Arroyo Grande 1990) 14:47, 3. Luis Quintana (Arroyo Grande 1989) 14:59, 4. Bryan Dameworth (Agoura 1988) 15:03, 5. Mike Williamson (Thousand Oaks 1988) and Dave Hartman (Canyon, Canyon Country 1990) 15:04, 7. Jimmy Rodriguez (Santa Ana Valley 1988) 15:05, 8. Francis O'Neil (San Pasqual, Escondido 1988) 15:08, 9. Jeremy Seven (De La Salle 1989) 15:11, 10. Bryan Dameworth (Agoura 1987) 15:12.

Senior Angel Martinez (San Gabriel, Southern Section), the pre-meet favorite, won in 15:06, the eighth best all-time in Division I. He is the nation's leading returning 3200 meter runner in track at 9:01.38. Junior Margarito Casillas (Hoover, Glendale, Southern Section) placed second in 15:14. Senior Cruz Gallegos (Centennial, Corona, Southern Section) placed third in 15:20. Senior T. J. Reyes (Lakewood) led by a couple of strides over

sophomore Mebrahtom Keflezighi (San Diego) and junior Chad Wenger (Mira Mesa) after crossing the road before the one mile mark. Junior Jim Cera (Upland) was tucked in behind them. With a little less than a mile to go Casillas led Martinez and Gallegos. Martinez passed Casillas to win by eight seconds.

1	Martinez, Angel	12 San Gabriel	15:06
2	Casillas, Margarito	11 Hoover	15:14
3	Gallegos, Cruz	12 Centennial	15:20
4	Grossman, Keith	11 Hart	15:24
5	Mendoza, Fernando	12 Channel Islands	15:25
6	Duarte, Polo	12 Madera	15:39
7	Ellington, Stuart	12 Milpitas	15:39
8	Reyes, T. J.	12 Lakewood	15:40
9	Lindsay, Goss	12 Peninsula	15:41
10	Cera, Jim	11 Upland	15:42
11	DeLaCerdal, Paul	11 Hart	15:43
12	Strahan, Brett	09 Hart	15:49
13	Kropf, Eric	10 Madera	15:50
14	Pinal, Juan	11 Overfelt	15:56
15	Ricketts, Eric	12 Hilltop	15:57
16	Rivera, Jimmy	12 Clovis	15:58
17	Keflezighi, Mebrahtom	10 San Diego	15:58
18	Wenger, Chad	11 Mira Mesa	16:00
19	Mork, David	12 Fairfield	16:03
20	Steip, Brian	12 Peninsula	16:04

School	Places	Score
1. Hart	(2,5,6,12,18)	43
2. Peninsula	(4,10,11,30,33)	88
3. Madera	(3,7,22,24,34)	90
4. San Gabriel	(1,17,27,36,42)	123
5. Buena	(14,16,20,31,60)	141
6. Mira Mesa	(9,39,46,50,58)	202
7. Bell	(28,29,41,52,55)	205
8. Overfelt	(8,23,57,62,66)	216
9. Fallbrook	(26,38,54,59,82)	259
10. Birmingham	(15,49,56,70,76)	266
11. Clovis West	(13,32,64,85,93)	287
12. Bellarmine	(44,45,61,69,71)	290
13. Los Gatos	(35,40,68,77,100)	320
14. Skyline	(25,47,89,109,112)	382
15. Beyer	(48,73,88,104,105)	418
16. Atwater	(65,83,84,99,102)	433
17. Lowell	(72,94,97,98,111)	472

Girls Teams

1990 Team Results: 1. Agoura (Agoura Hills) 41, 2. Mt. Carmel (San Diego) 68, 3. Arroyo Grande 107, 4. Irvine 123, 5. Palos Verdes (Rancho Palos Verdes) 124, 6. Poway 202, 7. Clovis West (Clovis) 211.

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Top All-Time Team Scores: 1. Agoura (1990) 41, 2. Palos Verdes (1988 and 1989) 65, 4. Mt. Carmel (1990) 68, 5. Palos Verdes (1987) 70.

Agoura (Southern Section), the number one ranked team in the nation, was undefeated this season. Agoura won last year and placed second the first three years of the State Meet. Agoura is coached by Bill Duley.

"I've been more nervous this week than I've been in a long time," Duley said to Branam. "We were flat in our sectional championships last week, but this was one of our best races ever."

Peninsula (Rolling Hills Estates), which was ranked sixth in the nation, finished seven points behind Agoura in their section meet. Peninsula was created from Miraleste (Rancho Palos Verdes), Rolling Hills (Rolling Hills Estates), and Palos Verdes (Rancho Palos Verdes). Palos Verdes placed fifth last year after winning the first three State Meets. Mt. Carmel (San Diego), second last year, was ranked number ten in the nation.

Agoura defended its title with a score of 41 points, which equaled the lowest score of all-time in Division I. The team was composed of sophomore Kay Nekota (2nd in 18:01), freshman Amy Skieresz (5th in 18:17), senior Laura Hayward (8th in 18:35), junior Kristie Camp (Agoura) (11th in 18:45), and sophomore Allison Kaz (32nd in 19:28).

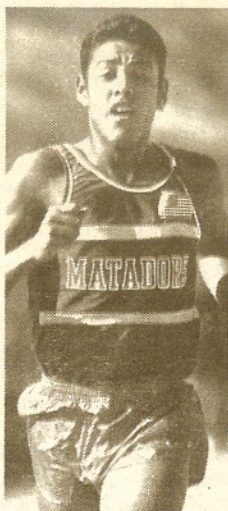
Peninsula placed second with 67 points, the fifth lowest score of all-time in Division I. The team was made up of senior Maya Muneno (6th in 18:31), senior Yoko Senga (12th in 18:49), freshman Molly Mehlberg (17th in 19:00), freshman Mary Blake (22nd in 19:11), and junior Alisa Scudamore (37th in 19:39).

Mt. Carmel, second last year, placed third this time with 114 points. The team included sophomore Rita Hermiz (16th in 18:58), junior Jennifer Vergith (26th in 19:14), senior Kathleen Carl (29th in 19:18), senior Susan Scott (41st in 19:44), and sophomore Kim Wright (44th in 19:55). Scott placed 10th last year in 18:48.

Girls Individuals

1990 Individual Results: 1. Deena Drossin (Agoura) 17:29, 2. Veronica Barajas (Channel Islands, Oxnard) 17:44, 3. Erica Sumi (Wilson, Long Beach) 18:08, 4. Tiffany York (Agoura) 18:14, 5. Angela Orefice (Arroyo Grande) 18:31, 6. K. Roda (Irvine) 18:34, 7. M. Smith (Diamond Bar) 18:44, 8. E. Greene (Turlock) 18:47, 9. B. Barr (Arroyo Grande) 18:47, 10. Susan Scott (Mt. Carmel) 18:48.

All-Time Top Times Individual: 1. Deena Drossin (Agoura 1989) 17:27, 2. Deena Drossin (Agoura 1990) 17:29, 3. Becky Spies (Livermore 1989) 17:33, 4. Deena Drossin (Agoura 1987)



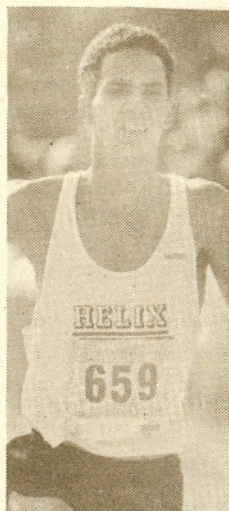
ANGEL MARTINEZ
Division I

Photo by Kirby Lee



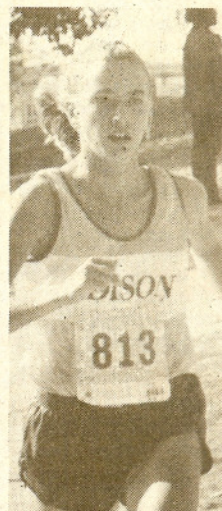
MILENA GLUSAC
Division I

Photo by Kirby Lee



DANIEL DAS NEVES
Division II

Photo by Kirby Lee



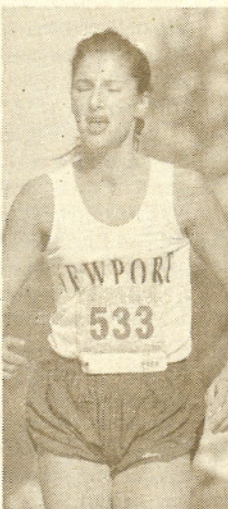
SHELLEY TAYLOR
Division II

Photo by Phillip Enbody



JEFF WILSON
Division III

Photo by Elaine Rosenfield



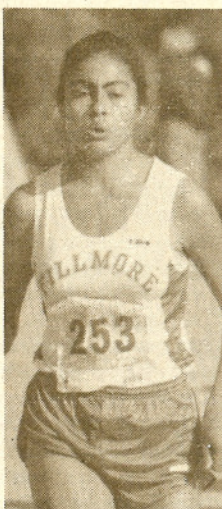
DONNA MILLS
Division III

Photo by Kirby Lee



MICHAEL KATRI
Division IV

Photo by Phillip Enbody



MARIBELLA APARICIO
Division IV

Photo by Elaine Rosenfield

17:35, 5. Kira Jorgensen (Rancho Buena Vista 1988) 17:42, 6. Reyna Cervantes (Montebello 1987) 17:43, 7. Veronica Barajas (Channel Islands 1990) 17:44, 8. Jennifer Ashe (Leland, San Jose 1987) 17:45, 9. Nicole Robbins (Hesperia 1987) 17:45, 10. Reyna Cervantes (Montebello 1988) 17:50.

Junior Milena Glusac (Fallbrook), third in Division II last year in 17:54, won by 48 seconds in 17:13. It was the fastest time ever in the State Meet. She also set five consecu-

tive course records in invitationals this fall. She may be the top runner in the country this season. Sophomore Kay Nekota (Agoura), who led her team to the team championship, placed second in 18:01. Junior Christina Blackmer (Upland) placed third in 18:09.

1 Glusac, Milena	11 Fallbrook	17:13
2 Nekota, Kay	10 Agoura	18:01
3 Blackmer, Christina	11 UPLAND	18:09

continued next page...

4	Orefice, Angela	12 Arroyo Grande	18:13
5	Skieresz, Amy	09 Agoura	18:17
6	Muneno, Maya	12 Peninsula	18:31
7	Horn, Nika	12 Santa Rosa	18:34
8	Hayward, Laura	12 Agoura	18:35
9	Barajas, Veronica	12 Channel Islands	18:38
10	Murphy, Wendy	09 Granite Hill	18:44
11	Camp, Kristie	11 Agoura	18:45
12	Senga, Yoko	12 Peninsula	18:49
13	Roda, Kelly	11 Irvine	18:53
14	Pedersen, Rikke	12 Simi Valley	18:53
15	Snowbeck, Robin	12 University	18:54
16	Hermiz, Rita	10 Mt. Carmel	18:58
17	Mehlberg, Molly	09 Peninsula	19:00
18	Donovan, Sherrie	10 Madera	19:02
19	Reeder, Megan	11 Santa Rosa	19:03
20	Gillis, Jennifer	10 Irvine	19:07

School	Places	Score
1 Agoura	(1,3,6,7,24)	41
2 Peninsula	(4,8,11,16,28)	67
3 Mt. Carmel	(10,19,22,30,33)	114
4 Irvine	(9,14,27,36,40)	126
5 Arroyo Grande	(2,21,23,32,57)	135
6 Santa Rosa	(5,13,17,47,63)	145
7 Madera	(12,31,41,51,55)	190
8 Belmont	(26,35,38,49,52)	200
9 Poway	(43,46,60,62,65)	276
10 Clovis West	(18,45,69,73,76)	281
11 Leigh	(25,44,66,77,89)	301
12 Palo Alto	(39,59,74,75,85)	332
13 Downey	(15,53,79,91,101)	339
14 Davis	(20,70,82,86,87)	345
15 San Pedro	(54,56,61,95,102)	368
16 Lowell	(84,88,94,96,100)	462
17 Technical	(99,108,109,112,113)	541

Division II

By Steve Fagundes

As rare as a single state championship is for most high schools, San Pasqual (Escondido) was attempting to win an unprecedented second consecutive set of team championships for both boys and girls. Led by the brother and sister duo of senior Brian and junior Melissa Keim, the Golden Eagles were ranked fourth nationally for both boys and girls teams. The girls team would be challenged by seventh-ranked nationally Edison (Huntington Beach), led by senior Shelley Taylor, and the boys team by strong contingents from De La Salle (Concord) and Del Campo (Fair Oaks).

Individually, Shelley Taylor, sophomores Carrie Garritson (Sunny Hills, Fullerton), the 1990 Division III champion, and Magi Martinez (Wood, Vacaville) and seniors Tanya Brix (Irvine) and Krissy Look (Shasta, Redding), fifth in this race last year, would be challeng-

ing for first place honors for the girls. In the boys individual competition, juniors Ryan Wilson (Agoura), ninth in this race last year, Daniel Das Neves (Helix), the 1991 CIF/Reebok track champion at 1600 meters and fourth in this race last fall, and Jim Zachary (DeLaSalle, Concord), eighth in this race last year, appeared to be the strongest pre-meet contenders.

Runnerup in this race in 1990, Shelley Taylor took the lead at the gun and never looked back. Covering the first mile in 5:16.2, the Edison senior had already built up a 30 yard lead on Carrie Garritson and 45 yards on a pack composed of freshman Melinda Middlecoff (Los Gatos), Magi Martinez, junior Laura Morrison (Claremont), and seniors Lori Miller (North, Bakersfield) and Margaret McDowell (Valhalla). Crossing the two mile mark in 11:11.3, the smooth running Taylor had opened up a 75 yard lead on Garritson with Martinez, Melissa Keim, and seniors Mary Lopez (Compton) and Tanya Brix another 65 yards back. Finishing comfortably in 17:28, Taylor tied the Division II meet record set last year by Westlake's Jeannie Rothman. Crossing the finish line in second was Garritson in 18:06 with Martinez winning a close battle for third in 18:32, followed by Keim in 18:33 and Lopez in fifth at 18:34.

While the individual race was a runaway, the team race was one of the closest of the day. Led by Shelley Taylor's individual victory, Edison (Huntington Beach) edged a valiant San Pasqual (Escondido) squad by three points, 52 to 55, with El Capitan (Lakeside) third with 136 points. The championship Edison team was composed of Taylor, freshmen Jennifer Formosa (12th) and Jeannie Formosa (18th), junior Janna Evans (23rd), and sophomore Jandee Evans (34th).

In the boy's individual competition, a tight lead group composed of juniors George Rivera (Delano), Nazario Romero (San Pasqual, Escondido), Ryan Wilson (Agoura), Daniel Das Neves (Helix), and senior Brian Keim (San Pasqual, Escondido) passed the first mile 4:42.3. As the runners approached the last major uphill in the 5,000 meter course, approximately 1.8 miles into the race, Wilson had taken the lead with Das Neves close behind and the San Pasqual duo of Romero and Keim about 5 yards back. At the two mile mark, passed in 9:44.0, Das Neves made a convincing surge to take control of the race from Wilson. He continued to extend his lead to the finish winning by approximately 50 yards in a Division II meet record 15:08,

eclipsing the 15:15 set by Matt Hempel (Walnut) in 1988. Wilson finishing strongly in 15:16, to just miss the old standard as well. San Pasqual's Brian Keim held on for third in 15:33 with Katella junior Michael Love garnering fourth in 15:41 and Grossmont senior Jason Kayne fifth in 15:43.

In another stirring team battle, De La Salle (Concord) captured their first state cross country championship with 75 points to San Pasqual's 83 points and Del Campo's 95 points in third. The championship De La Salle team was composed of junior Mike Prindiville (11th), senior Jim Zachary (12th), sophomore John Kelly (17th), junior Ty Walker (21st), and senior Matt McCoy (49th).

Boys		
1	Das Neves, Daniel	11 Helix 15:08
2	Wilson, Ryan	11 Agoura 15:16
3	Keim, Brian	12 San Pasqual 15:33
4	Love, Michael	11 Katella 15:41
5	Kayne, Jason	12 Grossmont 15:43
6	Romero, Nazario	11 San Pasqual 15:44
7	Rivera, George	11 Delano 15:46
8	Plau, Geoff	12 Helix 15:51
9	Brewer, Ricardo	11 N. Bakersfield 15:53
10	Curtis, Cliff	12 Elsinor 15:53
11	Elzondo, Devin	10 Mission Bay 15:54
12	Prindiville, Mike	11 De La Salle 15:54
13	Zachary, Jim	12 De La Salle 15:54
14	Tackett, Jason	11 Mira Loma 15:57
15	Farley, Matt	10 Jesuit 16:01
16	Hooper, Steve	12 Del Campo 16:06
17	Kelly, John	10 De La Salle 16:06
18	Ibarra, Angel	11 Righetti 16:06
19	McCord Devin	11 El Camino 16:07
20	Dykstra, Damon	12 Del Campo 16:08

School	Places	Score
1. De La Salle	(8,9,11,15,32)	75
2. San Pasqual	(3,4,21,27,28)	83
3. Del Campo	(10,14,17,19,35)	95
4. Helix	(1,6,24,37,57)	125
5. El Camino	(13,16,26,30,63)	148
6. La Habra	(18,22,48,49,55)	192
7. Agoura	(2,41,42,60,73)	218
8. Mission Viejo	(20,25,39,65,72)	221
9. Delano	(5,31,58,59,69)	222
10. Leigh	(34,38,40,53,71)	236
11. Righetti	(12,47,51,64,66)	240
12. Castro Valley	(33,43,46,62,75)	259
13. N. Bakersfield	(7,45,54,81,89)	276
14. Shasta	(23,29,87,97,98)	334
15. Leland	(44,50,77,80,84)	335

Girls		
1	Taylor, Shelley	12 Edison 17:28
2	Garritson, Carrieq	10 Sunny Hills 18:06
3	Martinez, Magi	10 Wood 18:32
4	Keim, Melissa	11 San Pasqual 18:33
5	Lopez, Maria	12 Compton 18:34
6	Brix, Tanja	12 University 18:42
7	Chiariello, Eleanore	12 San Marcos 18:43
8	Franco, Cindy	11 Delano 18:43
9	Middlecoff, Maranda	09 Los Gatos 18:50
10	Miller, Lori	12 North 18:53
11	Blunt, Erin	12 San Pasqual 18:56

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12 Formosa, Jennifer	09 Edison	18:57
13 Marcus, Marcy	09 San Pasqual	19:06
14 Olson, Kelly	12 El Capitan	19:07
15 Valenzuela, Aurora	10 University	19:10
16 Monson, Laura	11 Claremont	19:10
17 Muething, Michelle	11 Amador Valley	19:12
18 Formosa, Jeannie	09 Edison	19:13
19 Meeks, Tonya	10 El Capital	19:14
20 Nelson, Danielle	11 Napa	19:15

School	Places	Score
1. Edison	(1,6,10,13,22)	52
2. San Pasqual	(3,5,7,15,25)	55
3. El Capitan	(8,11,36,37,44)	136
4. Woodridge	(14,16,21,27,73)	151
5. Claremont	(9,19,32,38,56)	154
6. Los Gatos	(4,28,42,46,50)	170
7. El Modena	(18,26,33,52,53)	182
8. Golden West	(17,20,31,75,77)	220
9. Wood	(2,35,54,71,93)	255
10. Castro Valley	(23,43,60,67,70)	263
11. Monte Vista	(29,48,61,63,72)	273
12. Shasta	(12,49,62,78,91)	292
13. Reedley	(40,47,58,69,79)	293
14. Casa Roble	(41,51,55,81,86)	314
15. Gunderson	(39,64,76,88,89)	356

Division III

By Doug Speck

Girls

Some interesting happenings late in the season had thrown this division a bit topsy-turvy. Diana Harlick, the 11:05.29 3200m star for strong Central Coast Section team Mills (Millbrae) had stress-fractured out of her area Finals, but showed up here with a heavily bandaged calf. Newport Harbor (Newport Beach) had finally secured the eligibility of Donna Mills, who had run 2:15 in the 800 for Katella H.S. in Anaheim a couple of years back, to dominate the Southern Section Finals, and the Sailors were the favorites here. There were some other fine teams, with Laguna Hills, San Marino, a strong and young Aptos team, and defending Champions, La Jolla, possible winners.

Newport Harbor came to run in the Finals, with Donna Mills leading three of her teammates who were in the top half-dozen as the race went off the grass onto the street after 220 yards. Through the mile at 5:40 Becky Kaiser (Seaside, Monterey) was the leader, with a large group close behind. San Marino, led by Marjorie Hsu at the tail-end of the first half-dozen was out tough, with Newport three

in the top dozen at that point, and La Jolla a factor in the team contest. Through two miles Sarah Dien (La Canada) had moved into the lead in the mid-11:50's, with Kaiser, Donna Mills, Katy Eklof (Costa Mesa), leading a close line of runners. Through two miles the team contest looked still very wide open, with Newport Harbor, San Marino, and Laguna Hills very close.

When the runners came into view near the finish Mills had moved to a forty yard lead, and powered away to an 18:45 victory, with fellow Orange County athlete Katy Eklof (Costa Mesa) next at 18:51 and Sarah Dien (La Canada) 18:52 in third. Marjorie Hsu (San Marino) was in at 5th (19:01), with Mary Crane (Newport) 7th at 19:04. Newport had their top three in easily before San Marino or Laguna Hills (Heather Davidson was 22nd for Newport at 19:43), with Gwen Twist (48th-20:21) #4 for Newport before Melissa Haynes (65th-20:44) finished out the Sailors' scoring (96-98:47 team time). Newport's up-front strength was too much for Laguna Hills (109-99:56) and San Marino (110-99:23) to overcome, as those two squads did win the contest against the champion's final two scorers.

Girls

1 Mills, Donna	12 Newport Harbor	18:45
2 Eklof, Katy	12 Costa Mesa	18:51
3 Dien, Sarah	10 La Canada	18:52
4 Kaiser, Becky	12 Seaside	18:53
5 Hsu, Marjorie	12 San Marino	19:01
6 Pengra, Carlene	10 La Canada	19:01
7 Crane, Mary	12 Newport Harbor	19:04
8 Baldelli, Ann	10 St. Ignatius	19:05
9 Dalke, Angela	12 Bishop O'Dowd	19:07
10 Pope, Sarah	09 Del Oro	19:09
11 Silva, Nicole	09 Aptos	19:11
12 Falcon, Terri	12 St. Paul	19:15
13 Bend, Denish	12 Costa Mesa	19:15
14 Crouch, Lisa	10 Aptos	19:20
15 Randall, Angelica	10 Bishop O'Dowd	19:31
16 Sickler, Heidi	11 Laguna Hills	19:33
17 Harlick, Jeanine	12 Mills	19:34
18 Medina, Mayra	11 Laguna Hills	19:38
19 Jefferson, Lauren	12 San Luis Obispo	19:39
20 Leigh-Wood, Liz	11 Aptos	19:42

School	Places	Score
1. Newport Harbor	(1,3,15,32,45)	96
2. Laguna Hills	(9,11,26,30,33)	109
3. San Marino	(2,16,24,25,43)	110
4. Aptos	(6,7,13,53,58)	137
5. Bishop O'Dowd	(4,8,19,55,57)	143
6. Mills	(10,18,20,49,60)	157
7. La Jolla	(17,21,40,44,59)	181
8. Univ. San Diego	(28,31,39,41,46)	185
9. Lassen	(22,27,35,37,81)	202
10. Moreau	(34,38,47,48,52)	219
11. San Luis Obispo	(12,29,51,61,67)	220
12. Saint Francis	(14,23,36,73,78)	224
13. Del Oro	(5,42,71,76,79)	273
14. Yosemite	(82,83,87,90,96)	438
15. Garces	(65,77,95,100,103)	440

Boys

Coach Kevin Dempsey of Laguna Hills had outstanding foreign exchange student/runner Hiroki Kawanishi head back to Japan before the school year started, but Chris Lynch had led the season-long top-ranked Hawks to a super season, including a win in the Manhattan College Invitational in famed Van Cortland Park in New York City in mid-October. A flock of other very capable teams waited in the wings should LH falter--defending champions San Marino, Corona del Mar, St. Ignatius (San Francisco), and Newbury Park were especially potent, with Newbury led by defending champion Jeff Wilson, recently named the nation's top runner this Fall season by "Harrier" magazine.

The day's third race had St. Ignatius (San Francisco), red-clad, the early team leader, with Jeff Wilson (Newbury Park) sitting back about twenty-fifth through the first quarter of a mile. Jeff had moved into the lead by the half-mile, with Joel Montes de Oca (Azusa) and Froylen Sanchez (St. Francis, La Canada) strong to that point. The black-clad (including black gloves for the morning chill) Wilson led through the mile at 4:41 with a forty-yard lead, with Sanchez, de Oca, and Mark Hamer (Covina), Chris Lynch (Laguna Hills), and Mark McManus (St. Ignatius, SF) leading a pack of ten battling for second.

The team contest through the mile was tight, with San Marino, Corona del Mar, and Laguna Hills each with a trio in the top twenty-five, but no one group dominant. At the mile and three quarters hill Wilson continued to power, with a fifty yard lead. Laguna Hills was the easiest team to pick out, with their bright yellow shorts, but no one was yet controlling that half of the struggle.

Wilson was 9:47 at two miles with a comfortable lead, with David Rojas (Moorpark) having moved into second, with amazing frosh Jason Bakman (Lynbrook, San Jose) having moved into third. Laguna Hills, with four inside the top thirty-five, but a fifth way back, appeared to be battling with blue and white clad San Marino in the team contest.

Wilson powered into a hundred yard win at 15:15 (what he ran last year here in winning), with Hamer (15:33) out-finishing Rojas (15:36), and Bakman (15:37), who appears as special as any frosh athlete in recent memory. Laguna Hills won the team battles of the first four, scoring 5-19-24-31 (individuals not displaced) to San Marino's 17-22-26-37 and Corona del Mar's 23-25-32-42, with San Marino's #5 scorer in at 44 and Corona del Mar's

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at 49 before Rick Stevens raced in at 69th for LH. When things were tallied up it was close--Laguna Hills 91 (82:17), San Marino 97 (82:48), and Corona del Mar 113 (83:20). Coaches Phil Ryan of San Marino, who graduated the strength of his 1990 State Championship team, and Bill Sumner of Corona del Mar, who did the most with his talent at any level in the State this Fall, deserve special kudos here for their job this season.

Boys

1	Wilson, Jeff	12 Newbury Park	15:15
2	Hamer, Mark	12 Covina	15:33
3	Rojas, David	12 Moorpark	15:36
4	Balkman, Jason	09 Lynbrook	15:37
5	Lynch, Chris	12 Laguna Hills	15:46
6	McManus, Mark	12 St. Ignatius	15:49
7	Sanchez, Froylan	12 St. Francis	15:54
8	Montes de Oca, Joel	12 Azusa	15:56
9	Alcaraz, Francisco	12 La Jolla	15:56
10	Leek, Bryan	12 La Jolla	15:56
11	Glosser, Brad	12 St. Ignatius	16:00
12	Wilkinson, Ryan	09 Santa Margarita	16:06
13	Thomas, Tyson	12 St. Francis	16:06
14	Jones, Ahmik	12 Livermore	16:10
15	Holman, Darren	09 Sonora	16:14
16	Esponda, Rick	Casa Grande	16:18
17	Hillman, Mike	12 San Marino	16:19
18	Boatman, Jeff	12 Sonora	16:20
19	Burnett, Dave	12 Laguna Hills	16:20
20	Puppione, Chris	12 Moreau	16:21

School	Places	Score
1. Laguna Hills	(2,12,16,22,39)	91
2. San Marino	(10,14,18,26,29)	97
3. Corona Del Mar	(15,17,23,27,31)	113
4. St. Ignatius	(3,6,25,36,65)	135
5. Newbury Park	(1,19,32,40,47)	139
6. Sonora	(9,11,28,44,55)	147
7. St. Francis	(7,21,35,37,54)	154
8. La Jolla	(4,5,30,61,64)	164
9. Livermore	(8,13,42,49,52)	164
10. Rio Americano	(43,50,56,58,59)	266
11. Lemoore	(20,33,67,73,84)	277
12. Coalinga	(34,62,63,68,78)	305
13. St. Augustine	(24,45,72,81,83)	305
14. Bishop O'Dowd	(41,51,53,75,91)	311
15. Las Plumas	(87,93,97,99,102)	478

Division IV

By Doug Speck

Girls

A trio of the nation's better Small School teams out of the Southern Section seemed to peaking in spectacular style once again. Fillmore went under 100:00 for a team in Southern Section action, meaning their top five could average close to 19:00 on a flat three

time--some pretty mean running for a school of under 1000. Of course they had the outstanding small school duo in U.S. prep history in Maribella Aparicio (10:45.39 3200m runner), 17:41 in Section action at Mt. SAC, and Nikki Shaw, the nation's outstanding middle distance runner with 4:49.01 (1600m) and 2:09.19 (800m) bests. Orange Lutheran was led by Amber Parkinson (10:38.80 3200m), the nation's most improved prep distance runner during the 1990-1991 school year, and frosh Barbara Boisvert, one of the nation's outstanding age-group runners, who had run a 5:10 mile in the eighth grade. Nordhoff (Ojai) patiently bided its time behind Fillmore during the season, losing each of the Frontier League meets with the Flashes when the conference came together a couple of times during the Fall. Nordhoff was the defending Champions here, with one of the more balanced teams in State history--no less than half a dozen girls had been #1 on the team at one part of the season or another.

As the race set off on this brisk morning, interestingly, the Fillmore pack was fully two-thirds back in the pack through the first quarter mile, with Maribella Aparicio and Nikki Shaw moving to the lead as the race approached the half-mile. Frosh Shannon Nohr (Miramonte, Orinda) was third, with Vicky Fleschner (Fortuna) fourth up through the half-mile. Aparicio led through the mile at 5:43, with Barbara Boisvert (Orange Lutheran) and Nikki Shaw running even some fifteen yards back, and Amber Parkinson (Orange Lutheran) 4th. Fleschner, Nohr, and Carolina Castellanos (L.A. Baptist) rounding out the top seven. Nordhoff, which had switched to a flowery-striped top with no team name for this event, was racing very strongly, with three in the top dozen to battle with Fillmore. By the base of the hill at one and three-quarters of a mile Aparicio had stretched her lead to over a hundred yards, with Boisvert third, Shaw fourth, and Parkinson fifth. Up the course's major hill the team contest was very interesting, with Nordhoff putting three in the top fifteen inside of Fillmore's third scorer, with another Nordhoff runner ahead of the Flashes fourth. Aparicio continued to fly, at 11:20 for two miles, stretching her lead to 45 seconds through two and a half-miles over teammate Nikki Shaw. Aparicio moved to the fastest ever Small Schools race win at 17:47, with Shaw next at 18:41. Boisvert (19:10) and Parkinson (19:13) scored high for Orange Lutheran, with Carolina Castellanos (L.A. Baptist) fifth (19:28). Morro Bay added two in the top

ten with Deena Strohman (6th-19:28) and Faye Roundy (8th-19:36). Aimee Jones led Nordhoff in 10th at 19:41, with Marta Torres (Fillmore) making the Flashes appear unbeatable with a 12th place finish at 19:54. Morro Bay also looked strong, with three inside of Nordhoff's #2 runner. They do score through five, with Coach Ken Reeve's Nordhoff girls following the Boys' script in powering their second through seventh team members in between places 17th and 44th in a display of depth that no one at this level can match. When the scores were tallied it was Nordhoff with 72 (100:43) to Fillmore's 79 (98:18), with Orange Lutheran 129 (101:54). Coach Ken Reeves later indicated that this was the first win for his Girls team this year! They are in the Frontier League with Fillmore, with the League not running dual meets, but gathering the entire group of schools together each couple of weeks for a series of League competitions, with Nordhoff meeting top competition in its Invitationals, and never tasting victory as a team this season until this weekend.

Girls

1	Aparicio, Maribella	11 Fillmore	17:47
2	Shaw, Nikki	12 Fillmore	18:41
3	Boisvert, Barbara	09 Orange Luther	19:10
4	Parkinson, Amber	11 Orange Luther	19:13
5	Castellanos, Carolina	12 LA Baptist	19:28
6	Strohman, Deena	12 Morro Bay	19:28
7	Fleschner, Vicky	12 Fortuna	19:31
8	Foundy, Faye	10 Morro Bay	19:36
9	Nohr, Shannon	09 Miramonte	19:39
10	Jones, Aimee	11 Nordhof	19:41
11	Bushnell, Darcy	12 Marymount	19:46
12	Torres, Marta	10 Fillmore	19:54
13	Rowley, Heather	12 Head-Royce	19:57
14	Sousa, Kim	Arcata	19:57
15	Hansen, Angie	10 Coronado	20:02
16	Kendig, Jamie	12 La Reina	20:03
17	Kunde, Sarah	11 Nordhoff	20:05
18	Pierce, Sara	12 Morro Bay	20:07
19	Webb, Ankai	11 Bear River	20:08
20	Allen, Akexandra	11 Lick	20:09

School	Places	Score
1. Nordhoff	(7,11,15,16,23)	72
2. Fillmore	(1,2,8,26,42)	79
3. Orange Luther	(3,4,20,48,54)	129
4. Yreka	(19,22,28,31,41)	141
5. Arcata	(9,17,35,46,55)	162
6. Ursuline	(14,21,34,47,50)	166
7. Morro Bay	(5,6,12,71,89)	183
8. Presentation	(25,33,39,43,78)	218
9. McFarland	(24,38,40,56,62)	220
10. Bear River	(13,32,44,67,69)	225
11. Anderson	(37,45,57,63,66)	268
12. Coronado	(10,60,61,86,93)	310
13. Taft	(18,36,81,91,94)	320
14. Half Moon Bay	(30,70,-75,76,80)	328
15. Bret Harte	(49,51,74,79,80)	333
16. Calvin Christ.	(59,84,100,103,104)	450

continued next page...

Boys

The action Saturday morning started off with the Small School Boys Division, with Nordhoff (Ojai) one of the State's better groups at that level when Coach Ken Reeves cranked the troops up. At Stanford Nordhoff had totalled 39 points in a 24- team event, with a steady confident win in the Southern Section Meet a week before this. Bell-Jeff had taken Nordhoff at Mt. SAC, with about a half a dozen teams appearing to have the ability to run under 85:00, a 17:00 average that is doing some real cooking as a team at this level.

Coach Jim Eckman's outstanding Yreka group was off to a strong start during the race, with Jason Brown (Bret Harte, Altaville), the leader at a half-mile with Anthony Fisher (Maranatha, Sierra Madre) and Jeff Arnold (York, Monterey) tagging close behind. Michael Katri (Fortuna), a 1:53.66 800m runner, and Ken Rhodes (Colfax) were also a part of the top group as the event approached the mile. Brown continued to stretch his lead, to nearly ten seconds at the mile (low 4:40's), with Fisher, York, Brown, Katri making up the second pack. Through the first mile Bell-Jeff, with a wicked trio up-front in Terrence Flynn, Leonard and Jose Diaz, appeared even with Nordhoff in the team contest.

By the base of the hill at one and three-quarters of a mile, Jeff Arnold had closed to within fifteen yards of Jason Brown, with Katri third and Fisher in fourth. Bell-Jeff had three in front of Nordhoff's second runner at that point, with Nordhoff's depth still appearing to have them in the lead with five inside the top forty. By the two mile point as the hill leveled out Arnold had moved just past Brown, with Katri a close third at 9:50. Arnold pushed the first part of the third mile, stretching his lead to six seconds at one point before Katri really put the hammer down, with the powerful North Coast star powering the final half-mile to a 15:35 eight second win over Arnold, with Rhodes another eleven seconds back.

In the team contest Bell-Jeff had Terrence

Flynn take Nordhoff frosh Javier Ramirez 8th-9th, with BJ's Leonard Diaz 12th to the Ojai school's Jesse Moore's 15th, with Leonard's brother, Jose Diaz continuing to edge in ahead of their rivals, at 22nd with Pablo Garcia (Nordhoff) 28th. Nordhoff, however, slammed the door on the team contest when Will Johnson (30th) and John McLean (38th) came in ahead of Bell-Jeff's #4 runner. When the dust cleared and the scores were posted Nordhoff totalled 78 (82:38 team time) to Bell-Jeff's 101 (83:23), both super efforts at this enrollment size level.

Boys

1 Katri, Michael	Fortuna	15:35
2 Arnold, Jeff	12 York	15:43
3 Rhoades, Ken	12 Colfax	15:54
4 Fisher, Anthony	12 Maranatha	15:59
5 Castner, J.J.	12 Oak Park	16:03
6 Allan, Will	12 Carmel	16:05
7 Flynn, Terence	12 Bell-Jeff	16:05
8 Ramirez, Javier	09 Nordhoff	16:05
9 Brown, Jason	12 Bret Harte	16:09
10 Brown, Steve	10 Piedmont	16:12
11 Ripley, Adam	12 Laguna	16:14
12 Diaz, Leonard	11 Bell-Jeff	16:17
13 Fardin, Bobby	12 Crossroad	16:19
14 Chaudhry, Muhammed	12 SanJoseAcad	16:23
15 Moore, Jesse	12 Nordhoff	16:24
16 Girt, Kevin	12 West Valley	16:26
17 Allen Jason	11 Yreka High	16:26
18 Lockhart, Scott	11 Ontario Christ.	16:28
19 Isom, Rob	12 Ft. Bragg	16:29
20 Ochoa, Jose	11 Corcoran	16:29

School

1. Nordhoff	Places (3,5,14,18,26)	Score 66
2. Yreka High	(2,9,12,40,43)	106
3. Morro Bay	(1,10,24,37,39)	111
4. Bell-Jeff	(11,16,19,27,51)	124
5. Oak Park	(8,20,35,42,44)	149
6. McFarland	(23,25,31,49,54)	182
7. Taft	(4,7,48,59,73)	191
8. Bret Harte	(17,28,47,56,69)	217
9. West Valley	(13,33,50,68,70)	234
10. Fortuna	(22,34,36,64,78)	234
11. Arcata	(32,41,58,62,65)	258
12. San Jose Acad.	(15,52,53,83,86)	289
13. Coronado	(46,63,72,74,77)	332
14. RLStephenson	(6,55,82,94,95)	332
15. Christian	(30,38,93,100,104)	364
16. Colfax	(21,88,91,103,105)	408

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California Track and Cross Country Coaches Alliance

1991-92 Membership Update:

In its third year the California Track and Cross Country Coaches Alliance continues to expand its scope, involvement, and improvement regarding our two sports within the state.

Why Should I Join The Coaches Alliance?

The California Track and Cross Country Coaches Alliance is the only organization in the State whose purpose is to improve the sports of Cross Country and Track and Field.

Provides a unified voice for concerns regarding our sports to the governing bodies within the state. As experience shows, a group consensus helps to bring about change more effectively than isolated individual concerns. The Coaches Alliance was directly involved in helping to create a change in the State Cross Country meet format from three divisions to four.

In an effort to assist coaches with their continued growth of knowledge regarding their sport, the Coaches Alliance will be involved with clinics at Stanford, Fresno State, and San Diego during the month of January.

The State CIF has thought enough of the Alliance to include two of its members on a select CIF Track and Cross Country Advisory Committee.

What Do I Receive For My Membership?

Coaches Alliance members will receive monthly editions of **California Track News**, the official publication of the Alliance. Each month members will be kept current with happenings around the state in the Coaches Alliance section of the magazine. Both cross country and track will be covered.

Coaches Alliance meetings organized around the **CIF/REEBOK State Meets** in Cross Country and Track and Field. Using representatives from all the various sections in the state, members will be able to make concerns regarding their sport heard.

Discounts at the Coaches Alliance sanctioned clinics held in different locations throughout the state. These clinics are:

1. **San Joaquin Coach of the Year Clinic in Fresno.**
2. **Stanford Track Clinic at Stanford University.**
3. **TAC/ Coaches Alliance Clinic in San Diego**

Coaches Alliance members will receive a **\$50 discount** toward camp costs when they choose to work on their coaching certification in the pole vault at the **Sky Vaulters Jumping Clinics**

Participation in the **Reebok Coaches Clinic** (co-sponsored by the Coaches Alliance) to be held on the Saturday morning of the California State Track Meet weekend.

If you would like to join, please fill out the following: (Please Print)

Name: _____

School: _____ Section: _____

Mailing Address: _____

City: _____ Zip: _____

Phone: Home (____) _____ School (____) _____



Dues for 1991/92 year (Tax Deductible) **\$25.00** Make out to Coaches Alliance

Send To: Dennis McClanahan-Treasurer, Mt. Carmel High School, 9550 Carmel Mt. Road, San Diego, Ca. 92128