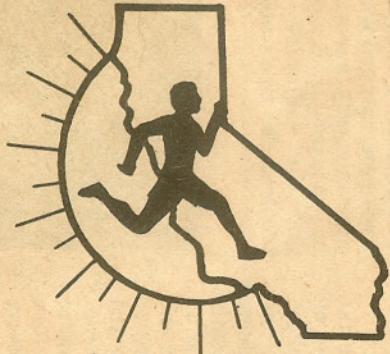


CALIFORNIA *ESTES* TRACK NEWS

BULK RATE
U. S. POSTAGE
PAID
Fresno, CA 93706
Permit No. 629

11/75

Athletic Department
Gene "Red" Estes
Fresno State University
Fresno CA 93710



JULY - AUGUST 1975

VOLUME 1
NUMBER 6

50¢





CALIFORNIA TRACK NEWS

1717 South Chestnut Avenue
Fresno, California 93702

BIMONTHLY \$3.50 / YEAR

PUBLISHER: Pacific College Track Team
EDITOR: Bill Cockerham

HIGH SCHOOL: Ron Blackwood, Jack Shepard, Keith Conning
JUNIOR COLLEGE STATS: Ken Dose, Don Mulligan
COLLEGE OPEN STATS: John Wenos, Chuck Skow
GIRL'S & WOMEN'S EDITOR: Calvin Brown
ORANGE COUNTY: Ted Brazil
SAN DIEGO: Noel Montruccio
SAN FERNANDO VALLEY: Ric Walker
MANAGEMENT: Judy Cockerham ART: Ed Ramirez
PHOTOGRAPHY: Bud Hanson, Karin Smith, Diane Johnson
PRODUCTION ASSISTANCE: Steve Kroeker, Steve Ward
NORTHERN CALIFORNIA MASTERS: George Moss

Advertisers: send for rates. Special meet notice rates.

meet the staff

RON BLACKWOOD: Can you imagine how hard it is to keep track of the top 20-25 California prep track marks during each season? This is just one of Ron Blackwood's track and field projects. He also keeps a yearly Central Section list about 25 deep as well as California and Central Section all time prep lists over 50 deep. He and fellow track nut, Chuck Skow have currently taken on the challenge of compiling a California state list of best track and field marks—the only requirement is that the individual must be a graduate of a California high school. All of these are very time consuming tasks and Ron is the first to thank all of his friends around the state who continually help.

How did 39 year old Ron get hooked on California track stats? "My interest in track and field...

Section marks. This was the first time my lists were used by the news media. In 1968 I began also researching the state of California's high school marks. Another highlight was in 1968 when the state meet used my undated Outstanding Performance Chart. Right now I have a list of about 50 deep both at the State and Central Section levels. I also have class lists and a host of other tid bits for track and field nuts. High School stats is a hobby that keeps me busy the year around."

Ron and his wife Paula reside in Sanger where he is a bookkeeper for Barr Packing Co. He not only gives a lot of time to his track and field projects but is also very active and is an Elder in the Disciples of Christ First Christian Church of Sanger. For Ron Christianity and track go hand-in-hand, "As a Christian I believe that athletics help very much in character development of an individual. My interest in track and field, besides the statistical side, is watching character development of the athlete from high school level through international level competition. I

from the editor...



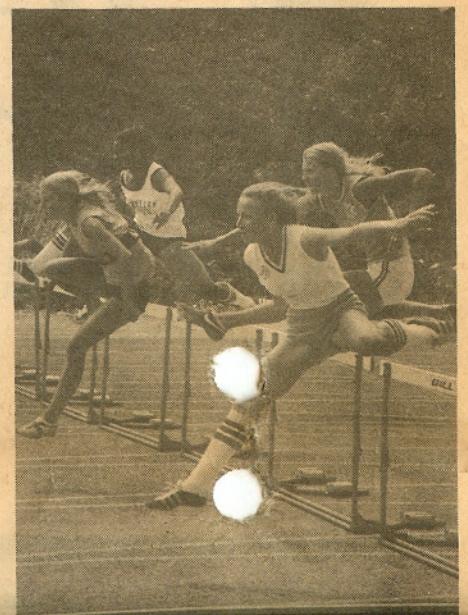
One of the fastest growing sports currently in the U.S. has to be girl's and women's track. Increased female interest in athletics in general is sweeping the country, now that legislation has been passed requiring equal opportunities for sports participation for girls. Administrators and legislators are finally realizing that the healthful benefits achieved from vigorous sports activities are not just for males and that females want and can realize those same rewards and experiences offered by organized school athletic programs.

It is very encouraging to observe the new ladies cinder teams sprouting up all over the state's junior high, high school, college and university campuses. The old muscle-bound oversized female athlete image is finally being put to death. Athletics in general and track in particular has a lot to offer both men and women. Given the chance the ladies do want and are quite capable of making and using track as part of womanhood. Congratulations to the ladies who have been cheated for so long (often unknowingly) and are now finally being given, and are taking, the chance to be equal to the fellows in achieving the rewards track has to offer the individual.

Let's hope, however, that ladies will learn from the men. The evolution of men's high-powered athletic programs to

see the mistakes of the men? Will they try to avoid those same errors that have often ruined athletics? Can they do what the men have failed to do? Can they keep their sport pure? Or will they, too, let the potential evils of scholarships, recruiting, overstuffed budgets, won-loss records and just plain greed and pride infiltrate their young and growing program? I am afraid I sense this already beginning to happen.

The University of the Pacific, Spokane Falls College and Southern California College have all dropped their high quality track programs and it's rumored a major state university in southern California will be eliminating track next year too. This is just the beginning sign of coming problems for men's athletics, and unless



Blackwood's track and field projects. He also keeps a yearly Central Section list about 25 deep as well as California and Central Section all time prep lists over 50 deep. He and fellow track nut, Chuck Sko, have currently taken on the challenge of compiling a California state list of best track and field marks—the only requirement is that the individual must be a graduate of a California high school. All of these are very time consuming tasks and Ron is the first to thank all of his friends around the state who continually help.

How did 39 year old Ron get hooked on California track stats? "My interest in track and field stems from my late father, but the bug did not bite me until 1956. We had an AAU meet on our brand new track facility and the results of that meet were fantastic. Dave Sime of Duke equaled the 100 yard dash record of 9.3 and broke the 220 yard dash straightaway mark with a time of 20.0. Also, that same night high hurdler Jack Davis equaled the then high hurdle mark of 13.5. I was the official scorer that evening and it was very inspiring.

"I began researching high school all time marks for our Central Section in 1957 and in 1960 the **Bakersfield Californian** printed a copy of my all time top 10 Centra

hobby that keeps me busy the year around."

Ron and his wife Paula reside in Sanger where he is a bookkeeper for Barr Packing Co. He not only gives a lot of time to his track and field projects but is also very active and is an Elder in the Disciples of Christ First Christian Church of Sanger. For Ron Christianity and track go hand-in-hand, "As a Christian I believe that athletics help very much in character development of an individual. My interest in track and field, besides the statistical side, is watching character development of the athlete from high school level through international level competition. I feel that a strong belief in Christ is a major factor in the success one achieves. However, records are made to be broken but a firm Christian belief in Jesus Christ can never be broken and lasts forever."

Because of his interest in track and field Ron has served as meet referee at several high school meets including the Valley Meet two years ago at Lemoore. Ron along with Dave Dodson (Sanger HS coach) and Bob Fraley (Lemoore HS coach) started the Valley Relays on Easter Saturday for the Central and Sac-San Joaquin CIF Sections and it has developed into an excellent meet for the areas outstanding track and field stars.



Has your subscription expired? Renew ahead of time and keep up with all of the track news in California

don't get left behind!

You can tell when your subscription will run out by checking the date at the right of your address label. That date is the month and year your subscription has expired. This is the date of the first issue you won't receive unless you've renewed. So, renew before the date on the label and you won't miss any of the exciting action.

CALIFORNIA TRACK NEWS \$3.50 per year

equal to the fellows in achieving the rewards track has to offer the individual.

Let's hope, however, that ladies will learn from the men. The evolution of men's high-powered athletic programs to



University of Redlands' Ruth Kleinsasser battles Cal Berkeley's Marilyn Neuville

photo by Karin Smith

it's present form has taken time and many mistakes have been made along the way. In fact, boy's and men's school athletic programs have often gotten way out of hand. Much more is now involved and at stake than the simple individual rewards of participation that once existed back when men's sports were just beginning to develop. Women's sports are currently in this developmental stage. Will the girls



Junior Girls charge hurdles at State AAU meet

the men's programs reestablish values and priorities there will be certain trouble ahead. Since men's athletics have often gone too far—to the point of extinction of original values—and since it is starting to look like the girls are occupying and following in the footsteps of the men, I would rather see the ladies stay out of school track and stick with their fine club programs. Right now these clubs are becoming very well-organized and are beginning to mature and establish a solid base for all levels of women's track in California.

What I am trying to say is, "Congratulations, ladies. You have won and been given the opportunity to develop good scholastic track programs that will break down barriers and open up new horizons for all young ladies who desire to participate. Please, be careful; realize the responsibility that goes along with the new privilege and right. Don't try to go too far too soon. Learn from the mistakes and failings of the men's programs (as well as their successes and progress). And, keep your values and priorities in order—because if you don't it will have been better if you would never have gotten involved with scholastic athletics." Good luck.

ON THE COVER: FRANCIE LARRIEU holds off JUDY GRAHAM in the Meet of Champions Women's One Mile Run. See results section.

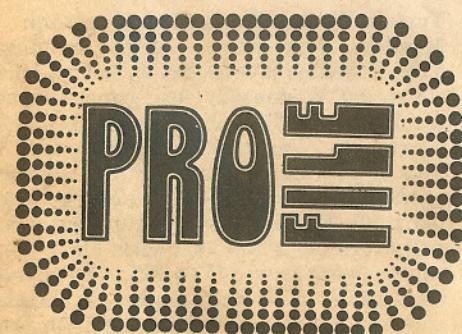
CONGRATULATIONS!

TO CALIFORNIA'S NATIONAL CHAMPIONS

CHRIS ADSIT(Athletes in Action) USTFF Decathlon
 STEVE ALBRIGHT(Cal State Northridge)NCAA II Shot Put
 BARRY ANDERSON(Humboldt State)NCAA III Steeplechase
 DON BAIRD(Long Beach State)AAU Pole Vault
 BEVERLY HILLS STRIDERS team AAU
 GREG BLANKENSHIP(Hayward State)NCAA II Hammer
 JIM BOLDING(Pacific Coast Club) USTFF Intermediates
 SUE BRODOCK(Rialto Road Runners)AAU 1500m walk.
 BENNY BROWN(UCLA)NCAA I 440
 JULIE BROWN(UCLA)AIAW 1&2 mile/AAU 1500m
 CAL STATE NORTHRIDGE team NCAA II
 ED CHAIDEZ(Cal State Northridge)NCAA II 6 mile
 JIM DARE(Navy)Service Steeplechase
 BILL DIEHL(Army)Service Hammer
 MONETTE DRISCOLL(UCLA)AIAW Discus
 RAYFIELD DUPREE(Army)Service triple jump
 CLANCY EDWARDS(Cal Poly-SLO)NCAA II 100&220

AL FEUERBACH(Pacific Coast Club)AAU Shot Put
 JIM FRANKIEWICH(Chico State)NCAA III Discus
 JANE FREDERICK(Los Angeles TC)AAU 100 hurdles
 JERRY GARCIA(Army)Service 10,000m
 KEITH GOLDIE(Long Beach State)NCAA I Javelin
 DAVE HABER(Hayward State)NCAA II High Jump
 TOMMY HAYNES(Army)Service Long Jump
 JOHN HALBERSTADT(Pacific Coast Club)USTFF 3 mile
 THOMAS HILL(Army)Service High Hurdles
 LEN HILTON(Pacific Coast Club)AAU 1500m
 FRANCIE LARRIEU(Pacific Coast Club)USTFF Wm. mile
 RON LIVERS(San Jose State)NCAA I Triple Jump
 LOS ANGELES TRACK CLUB team AAU women
 MIKE LOUISIANA(Army)Service Discus
 RALPH MANN(Beverly Hills Striders)AAU intermediates
 LISA METHENY(Rialto Road Runners) AAU 1500m walk
 DOUG ODELL(Occidental)NAIA Intermediates

BOB ORELL(Pomona-Pitzer)NCAA III Javelin
 PACIFIC COAST CLUB team USTFF & mile relay
 JOHN POWELL(Pacific Coast Club)AAU Discus
 ARNIE ROBINSON(Mickey's Misses)AAU Long Jump
 MIKE SABATINO(UC Irvine)NCAA II Pole Vault
 KATHY SCHMIDT(UCLA)AIAW & AAU Javelin
 JARVIS SCOTT(Los Angeles State)AIAW 440
 STEVE SCOTT(UC Irvine)NCAA II mile
 CATHY SULINSKI(Milbrae Lions)AAU Jr. Javelin
 ANTHONY TERRY(West Valley TC)AAU Triple Jump
 UCLA team AIAW & 880 Relay
 USC NCAA I 440 Relay
 STAN URMANN(Chico State) NCAA III Long Jump
 BOB WALLIS(Army)Service Javelin
 MARTHA WATSON(Lakewood International)AAU Long Jump
 JERRY WILSON(Beverly Hills Striders)AAU High Hurdles
 TOM WOODS(Pacific Coast Club)AAU High Jump



Joel Andrews

Championships. He either holds or shares 8 West High school records. He has the top central section marks in both sprints and that's quite an accomplishment when you consider Tommy Smith (Lemoore) and Leamon King (Delano) both prep'd in the San Joaquin Valley.

Andrews first began to establish himself as one of the nation's brightest young sprinters when he ran a 9.5 100 last year to win the West Coast Relays. Before that, his best time had been 9.9. "I was running against some people I wanted to beat and was really psyched up for it," relates Andrews. "And it was the first time I had been pressed to run that fast." He went on to finish third in the state 100 and fifth in the 440 as a junior.

Andrews began refining his sprint speed at a very young age. When you are the youngest of 13 children you'd better be fast if you want to get a good spot at the table when the dinner bell rings. Joel has actually had several hundred brothers and sisters over the years as his parents

Blue Angels Track Club

If you believe in the Pied Piper then you will believe that Don DeNoon, Head Coach of the Blue Angels, is the Pied Piper of 880 runners. This belief can be confirmed by

watching any track meet the Blue Angels are participating in or by checking the records. DeNoon's ability to develop 880 runners is a real track success story. His stable of 880 runners include Paula Rose (17) at 2:13, Rochelle Hatfield (14) at 2:18, Donnas Schellhous (17) 2:19, Carol Czarnetski (18) 2:24, Andrea Kirkorn (10) 2:27, Kathy Bryant (11) 2:28, Kelly Cerda (11) 2:32, and Kathy Kiernan (9) 2:35 plus

880 runners however. They have a complete program and are to be reckoned with in every event. The sprint program is headed by Calvin Brown and assisted by Leroy Jones, shotput coach. Louie Cerda, Sandy DeNoon (Don's wife) and Eddie Aguilar assist Don with the long distance program. Don's own athletic background is in racewalking - he also coaches the racewalkers.

The Blue Angels are located in the center of Orange County and serve all the communities. Fountain Valley High School provides the track facility and during

Joel Andrews



JOEL ANDREWS: West High School in Bakersfield. Age 18; 6 feet, 0 inches; 190 pounds. Born October 17, 1956 in Bakersfield, California.

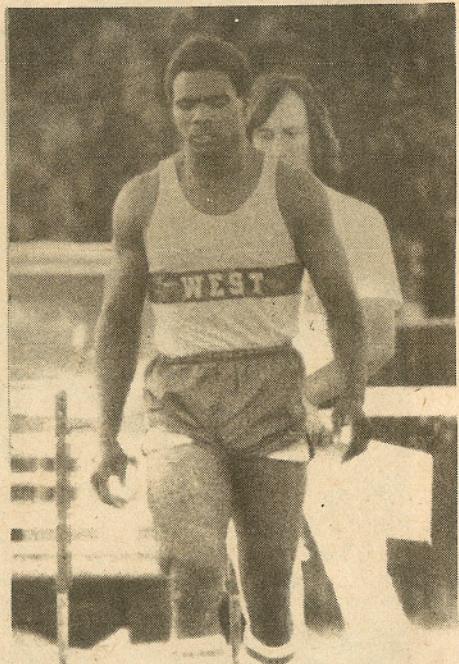
Best Marks: 100: 9.4; 220: 21.0; 440: 48.0; 120 HH: 14.0; 180 LH: 18.6; 330 IH: 38.0; Long Jump: 24-7 $\frac{3}{4}$; 60: 6.0. Coached by Mike Butcher.

"No athlete has success alone," reflects Joel Andrews who is quick to express this "thanks" to coaches, parents and friends who have contributed to his track career. At 18 years of age Joel has established quite a reputation nationwide, especially in the sprints—9.4 and 21.0. He is also one of the leading high school long jumpers with a 24-7 $\frac{3}{4}$. Coach Mike Butcher thinks Joel, a former hurdler, would make an "awesome" candidate for the decathlon. He has won 6 "Valley" titles in 5 different events and could follow in the footsteps of two Olympic champs who have hailed from the Central Valley: Bob Mathias (Tulare) and Rafer Johnson (Kingsburg).

Joel placed in three events (100, 220, and long jump) in this year's state meet and was responsible for all 38 of West High's points in the CIF Central Section

himself as one of the nation's brightest young sprinters when he ran a 9.5 100 last year to win the West Coast Relays. Before that, his best time had been 9.9. "I was running against some people I wanted to beat and was really psyched up for it," relates Andrews. "And it was the first time I had been pressed to run that fast." He went on to finish third in the state 100 and fifth in the 440 as a junior.

Andrews began refining his sprint speed at a very young age. When you are the youngest of 13 children you'd better be fast if you want to get a good spot at the table when the dinner bell rings. Joel has actually had several hundred brothers and sisters over the years as his parents have opened up their home as Foster Parents.



Joel has already come a long way in track and has established a set of guiding principles of plenty of sleep, good food, a daily dose of 300 sit-ups, no smoking and no drinking. He'll be joining brother Tom at USC next year. Tom raced to a sparkling 50.2 intermediate hurdle time last season as a sophomore. Joel plans to go into physical therapy. His track goals call for a 9.2 next year and eventually the Olympics.

If you believe in the Pied Piper then you will believe that Don DeNoon, Head Coach of the Blue Angels, is the Pied Piper of 880 runners. This belief can be confirmed by

watching any track meet the Blue Angels are participating in or by checking the records. DeNoon's ability to develop 880 runners is a real track success story. His

stable of 880 runners include Paula Rose (14) at 2:13, Rochelle Hatfield (14) at 2:18, Donnas Schellhous (17) 2:19, Carol Czarnetski (13) 2:24, Andrea Kirkorn (10) 2:27, Kathy Bryant (11) 2:28, Kelly Cerda (11) 2:32, and Kathy Kiernan (9) 2:35 plus another fifteen runners who are all

880 runners however. They have a complete program and are to be reckoned with in every event. The sprint program is headed by Calvin Brown and assisted by Leroy Jones, shotput coach. Louie Cerda, Sandy DeNoon (Don's wife) and Eddie Aguilar assist Don with the long distance program. Don's own athletic background is in racewalking—he also coaches the racewalkers.

The Blue Angels are located in the center of Orange County and serve all the communities. Fountain Valley High School provides the track facility and during cross-country the girls work out at Mile



competitive every week.

Don DeNoon founded the Blue Angels in July 1972 with eight girls. The club now numbers 100 with 20 masters. The Blue Angels growth can be attributed to a lot to Don DeNoon's dedication to women's track and field. However a winning combination of dedicated parents who developed the organization to provide the other functions that are needed for a successful club contributed measurably. That includes raising twenty thousand dollars each year for travel and other expenses.

The Blue Angels are not just a group of

Square park.

The competitiveness of the Blue Angels can be attested by the following athletes performances: Cindy Johnson (16) 7:52 one mile racewalk, Paula Rose (14) 5:00 mile, Suzie Ray (12) 43'4" shotput, Jill Shinkle (14) 5'0" HJ, Kim Tanabe (9) 68.4 440, Kristi Wilson (11) 5:20 mile, Kelly Cerda (11) 5:21 Mile, Jill Gillingham (11) 4'8 $\frac{1}{2}$ " HJ, Yvonne Jackson (11) 27.8 220, Carolyn Rubio (master) 5:55 Mile.

Pied Piper or not Don DeNoon and his coaches are leading a real competitive group of athletes to the track each week.



spotlight on:

Rory Kotinek

RORY KOTINEK: UCLA and Pacific Coast Club. Age 22; 6 feet, $\frac{1}{2}$ inch; 175 pounds. Formerly of Millikan High School in Long Beach (Coach Buckner Harris). Best Marks: high jump: 7-4(75); long jump: 25-5(74); javelin: 253-8(74); high hurdles (42''): 14.5(72); decathlon: 7298(72). Coached by Tom Tellez.

Year:	HJ	LJ	HH	JT
1966	4-11 $\frac{3}{4}$			
1967	5-10			
1968	6-3 $\frac{1}{2}$			
1969	6-7 $\frac{3}{4}$	21-0	14.8	
1970	6-9	23-0	14.5	
1971	6-9	23-7	14.4	
1972	6-10 $\frac{3}{4}$	24-7 $\frac{1}{4}$	14.5	226-8
1973	7-1(stdl)	24-7 $\frac{3}{4}$	14.8	248-2
1974	7-3(flp)	25-5	14.8	253-8
1975	7-4			



CALIFORNIA TRACK NEWS

The AAU Championships saw him flop over a life time best 7-4. A glance at his best marks list shows he is more than a pretty fair competitor in several other events besides the high jump. He frequently competes in the long jump and javelin and has toyed with the decathlon (he's done two, both in 72). As a freshman he placed fifth in the NCAA decathlon. Jim Bush, head track coach at UCLA, says of Rory, "He's one of the greatest competitors I have ever seen—always does a great job—the tougher the competition the tougher Rory is."

California Track News asked Rory to tell us a little about himself and he took it from there:

"I enjoy a lot of track events, but as for my favorite—the high jump, by all means, satisfies all of my hopes and goals in track. Yet, I sure like to watch the javelin after a good toss; it really has a clean flight path. In dual meets I like to compete in three events, but in invitationals cut back to two, and then concentrate fully on the high jump in the championships."

"I peak for only one or two meets a year—usually the NCAA and the AAU. Next year those two meets will be the US Olympic Trials and the Olympics. So far my strategy has been successful as I have achieved life time bests at the end of the last four seasons."

"My coach at UCLA is Tom Tellez. He has been very instrumental to my improvement in my university career. My immediate goal is to have a good European season this summer. Long range goals are to win a gold in '76 and take the high jump record as well—and I don't care how high it is by then. I plan to compete one additional year after the Olympics and then hang it up. At the moment the reason I compete in track is that this is one talent I can exploit and it keeps me in fairly good shape. Also, it's fun to try to be the best in at least one thing in this small world."

JULY/AUGUST - 1975

"Educationally I am working toward a secondary teaching credential with a major in geography. Besides teaching, eventually I would like to coach track and pass on all I have learned from Tom Tellez who I feel is the best technician in the U.S. for field events."

"It's a shame to see how the pressure of recruiting athletes has led to going overseas and importing athletes that are older and more experienced than an 18 year old freshman. More and more each year you hear and read about some new 17-9 pole vaulter from Mongolia who is 26 and a freshman. It's just taking away from our Olympic program and hurting good U.S. athletes who deserve athletic scholarships. It just goes to show what some coaches will do to win a championship. UTEP has nine foreign athletes who make up probably more than 75% of their NCAA team. BYU is worse."

"I would like to explain my dismal start this season. I usually don't come on strong until the end of the season since I peak for the championships, so I don't normally have great early season marks. In addition, this year I had three months of early season ankle trouble—it seemed I was spraining the ankle at a once a month clip. After the ankle was well I pulled a muscle near my groin area and that lasted six weeks."

Typical Week's Workout (mid-season):
Monday: high jump, weight training, 5x70. **Tuesday:** javelin, 3x165, 3 short hills (75 yards). **Wednesday:** long jump, weight training, 5x70. **Thursday:** javelin, 3x165, 3 short hills. Weight training program: 3 sets of 15 sit-ups, clean and jerk, bench press, toe raises (200-250 x 15), leg curls (80 x 10), hip flexors (50 x 10), bent arm pull overs (95 x 10), arm curls (95 x 10), squats (work from 145 to 505 in 50 pound increments - 5 at each). Do bench, cleans, and squats first, then finish up with the odd lifts and exercises.

1973	7-1(stdl)	24-7 $\frac{3}{4}$	14.8	248-2
1974	7-3(flp)	25-5	14.8	253-8
1975	7-4			



PROMOTION

Dear Coach.

DOES YOUR ATHLETIC PROGRAM NEED MORE MONEY? ARE YOU ALWAYS LOOKING FOR A GOOD MONEY RAISING PROJECT?

PROMOTION has a project which raises money for school athletic teams. There are no gimmicks or other nonsense.

It works this way: We operate Jog-A-Thons for teams to raise money. We have run so many for so many schools that we think we are experts at it. It is true that you can run your own, but we think our experience can save you hundreds and perhaps thousands of dollars.

As an example, one high school ran their own Jog-A-Thon and made about \$350. We ran one for them and made \$2,800 all in one hour!

Recently, a Jog-A-Thon for a private high school with only 104 students in their entire student body made over \$8,500 in one hour!

If your team has a financial need and you would like **PROMOTION** to help you, please contact us immediately.

PROMOTION
7911 Ring Street
Long Beach, CA 90808

Compete in the track and field events at the Olympics and then hang it up. At the moment the reason I compete in track is that this is one talent I can exploit and it keeps me in fairly good shape. Also, it's fun to try to be the best in at least one thing in this small world.

Press, toe raises (200-300 x 10), leg curls (80 x 10), hip flexors (50 x 10), bent arm pull overs (95 x 10), arm curls (95 x 10), squats (work from 145 to 505 in 50 pound increments - 5 at each). Do bench, cleans, and squats first, then finish up with the odd lifts and exercises.



JOHN POWELL set a world record on May 4

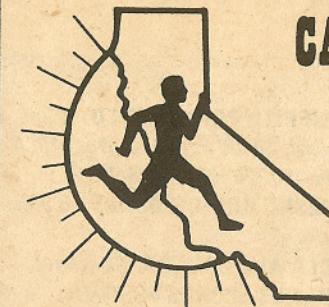
keeping track

The Western States Conference added women's track for the first time this year, and, according to Allan Hancock College coach, Ray Kring, "It was a great success"... Olympic champion Randy Williams plans on playing football next year at USC. "They are thinking of me as a flanker, which is fine, but I'm not closing the door on being a running back," added Williams, who played half back for Fresno's Edison High Tigers... Even though the running of the Senior Russian-USA dual track meet seems dubious, apparently, all systems are go for the Junior version scheduled for July 4-5 in Lincoln, Nebraska. The following Californians have been selected to participate: Eric Hulst (10,000 meters), Dave Kurrasch (shot put), Jim Knaub (pole vault), Darrell Elder (discus), Henry Perez (steeplechase), Richard Graybehl (400 intermediates), and David Haber (high jump). Mt. San Antonio College coach Don Ruh will be one of three coaches. At Mt. SAC Coach Ruh will be turning the head coach reigns over to assistant John Norton. Since Ruh began back in 1963 the Mounties earned an 80 win and 10 loss track record. Ruh emphasized he wasn't retiring from coaching, just switching with Norton, "In fact, I hope by assuming the assistant's position, I'll actually be able to spend more time on the field coaching than I am now."

The men's Pan American Games trials have been moved from Bakersfield to Eugene, Oregon and are scheduled for August 15-16. The marathon trials, however, will be the following weekend at high altitude ^{on} staff, Arizona. The women's Pan American trials are scheduled for UCLA, August 30-31. The men's trials qualifying standards are: 100(9.4), 220(21.0), 440(46.7), 880(1:48.3), mile (3:59.6), 3 mile(18:00.0), 6 mile(27:55.0), 20 kilo walk(1:45.0), 50 kilo walk(5:00.00), decathlon(7600), high hurdles(14.0), intermediates(50.9), steeplechase(8:38.0), pole vault(16-9), high jump(7-0 3/4), long jump(25-7), triple jump(53-2), discus(193-7), javelin(262-6), hammer(216-6), shot put

because I won. Next week at the AAU I want to run the world record time of 44.5. That's my goal there." Clancy Edwards (Cal Poly SLO, winner of 220)—"I like running here because people know me. I like the straightaway of a race better because I'm not a good turn runner. Physically I was more up for the 100, but I was made after that race. I ran a mad 220. I guess that's what made the difference." Jim Bolding (Pacific Coast Club, winner of 440 intermediates)—"I know I'm capable of running well under 49 flat, especially for meters. I think 48.5 is possible. The training has come together the last couple of weeks. All I need now is a little rest."

Quotes from the NCAA Championships: Keith Goldie (Long Beach State, javelin winner at 252-0)—"I guess I just have natural ability with the javelin, I don't use any particular technique. At every meet I receive two or three suggestions on how to improve on my technique. But today I obviously had something. I never lifted weights prior to this year, and I didn't even start throwing the javelin until I was a freshman at Long Beach State. At that time I was only high jumping 6-8 and figured there was no future in that." Mark Schilling (San Jose State, second in mile)—"Second was O.K. - I'm glad - but not as good as first. I planned to stay no worse than fourth as long as possible, trying to keep from being boxed. I wanted someone else to set the pace and do the work and I figured Cummings would. I've been racing Cummings since I was a junior in high school. He's got me 3 to 2." Dan Ripley (pole vault runnerup and co-record holder)—"My last vault at 18-4 felt the best. I felt I had a chance at it, but it wasn't good enough. This was my longest season, I worked hard in the summer, I had a full indoor season and a long outdoor season. I'm not going to be in the AAU, I'll rest for awhile and workout a little this summer and get a job. I'm not sure what my limit is. If I didn't think I'd go any higher, I guess I would quit."



CALIFORNIA TRACK NEWS

BACK ISSUES AVAILABLE

ALL SIX ISSUES OF VOLUME ONE: SEPTEMBER 1974 THROUGH AUGUST 1975

- *Top California Prep Marks 1974 (20 deep)
- *Top California Junior College Marks (20 deep)
- *Top California Women's Marks 1974 (30 deep)
- *Top California College-Open Marks 1974 (20 deep)
- *1974 All California Honor Roll Selections
- *1974 California Athletes of the Year
- *California Women's All Time Track & Field Ranking (20 deep)
- *Top California Women's Indoor Marks 1975
- *Top California Prep Indoor Marks 1975
- *Top California Junior College Indoor Marks 1975
- *Top California College-Open Indoor Marks 1975
- *California High School All Time Outdoor Ranking (50 deep)
- *Top California Prep Marks (20 deep) 1975
- *Top California Junior College Marks 1975 (20 deep)
- *Top California Women's Marks 1975 (20 deep)
- *Top California College-Open Marks 1975 (25 deep)
- *California High School All Time Indoor Ranking
- *Over 150 Pictures of California Track Action
- *Over 300 Major Meet Results

All issues contain profiles, stories, results
and pictures of California track action.

\$3.00 for all six issues

Send order to California Track News

have been moved from Bakersfield to Eugene, Oregon and are scheduled for August 15-16. The marathon trials, however, will be the following weekend at high altitude staff, Arizona. The women's Pan American trials are scheduled for UCLA, August 30-31. The men's trials qualifying standards are: 100(9.4), 220(21.0), 440(46.7), 880(1:48.3), mile (3:59.6), 3 mile(17:10), 6 mile(27:55.0), 20 kilo walk(1:45:00), 50 kilo walk(5:00:00), decathlon(7600), high hurdles(14.0), intermediates(50.9), steeplechase(8:38.0), pole vault(16-9), high jump(7-0 3/4), long jump(25-7), triple jump(53-2), discus(193-7), javelin(262-6), hammer(216-6), shot put (62-4).

Al Feuerbach's third place finish at the USTFF Championships was the first time he has placed third in a meet since 1972... Francie Larriew set an American mile mark of 3:31.6 at the USTFF, breaking her old mark of 4:33.1 set last season... The site of the 1977 Women's and Girl's AAU Cross Country Championships has been scheduled for Glen Helen Park in San Bernardino... Martha Watson of Lakewood International was named captain of the US team to China... Californians did exceptionally well in the big National Championship meets. Nearly a fourth (24%) of the scoring places at the NCAA I went to Californians, and almost half (44%) of those at the AAU. California teams placed 2nd, 3rd and 4th at the NCAA I; 1st, 3rd, 5th and 7th at Division II; and 3rd at Division III. At the AAU California teams went 1st, 3rd, and 4th; and also won the USTFF and college women's AIAW — there's an awful lot of good track in sunny California.

Some comments from the Berkeley based Meet of Champions: Patty Van Wolvelaere (Wilt's Wonderwomen)—"I ran a pretty rugged race, even with that 2.2 mile per hour tailwind. I've been bothered with a pulled left achilles tendon, so I can't get any kind of drive. I lead with my right foot and take off of my left. I wasn't pushed by anyone though. Once I get in front I just set back a little. The problem for me is that I'm far ahead of everyone in this country, but when I go to Europe I'm just a little behind them." Benny Brown (UCLA) won the 440 in 46.5—"I didn't start running until off the turn because of the wind. I'm satisfied

work and I figured Cummings would. I've been racing Cummings since I was a junior in high school. He's got me 3 to 2." Dan Ripley (pole vault runnerup and co-record holder)—"My last vault at 18-4 felt the best. I felt I had a chance at it, but it wasn't good enough. This was my longest season, I worked hard in the summer, I had a full indoor season and a long outdoor season. I'm not going to be in the AAU, I'll rest for awhile and workout a little this summer and get a job. I'm not sure what my limit is. If I didn't think I'd go any higher, I guess I would quit."

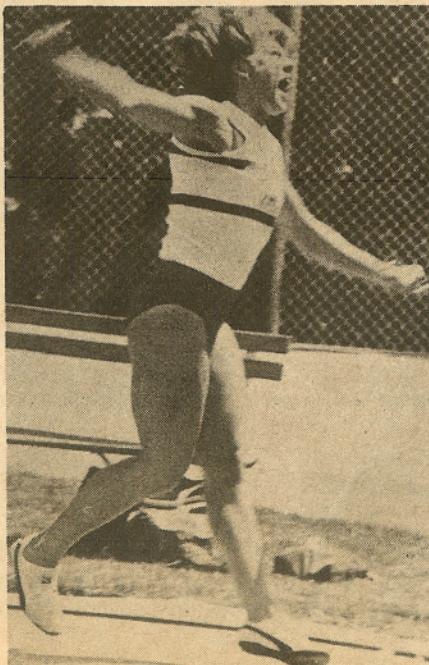
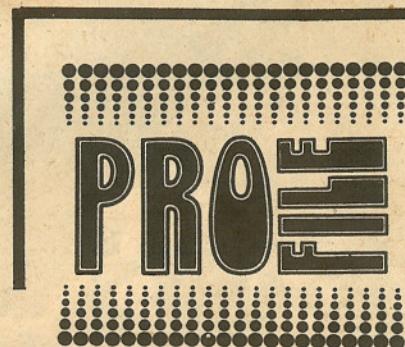


photo by Karin Smith

California High School All Time Indoor Ranking
*Over 150 Pictures of California Track Action
*Over 300 Major Meet Results

\$3.00 for all six issues

Send order to California Track News

All issues contain profiles, stories, results and pictures of California track action.

Terri Sabol

TERRI SABOL: Los Angeles Track Club. Age 18; 5 feet, 7 inches; 150 pounds. Born July 4, 1956 in Pico Rivera, California. Best Marks: Discus- 124-6(70), 113-0(71) (injuries), 130-1(72), 145-7(73), 155-6(74), 163-5(75 so far). Coached by Dick Tomlinson (El Camino College).

Undefeated in 1974 and National Junior Womens Champion in '74 by over 20 feet with a new National Meet Record. With that kind of a season behind her Terri Sabol is ready to move up into the senior women's division and has already risen to the occasion by upping her life time best with a grand toss of 163-5 so far this season, and there is a lot of competition still left for the top women competitors. Terri was also undefeated in 1970 when she set a National 12-13 Division Record of 124-6.

Terri is a very introspective young lady who takes track as a most important and big part of her life. As she relates, "My

track is an obsession—it is a game I play to learn certain things about myself and others. I am a fanatic about being in unusually good physical shape and track is a good way to use the conditioning for useful things such as going places and achieving personal goals. I plan to continue competing in the discus until I have no more desire to throw any longer and I have reached that point of satisfaction that will balance all of the time and effort I have put in."

Is there any special strategy involved in discus competition? "Just to be relaxed and flowing and let all of the training that has been done come out in the ultimate throw. I don't pay attention to other competitors."

What about workouts and training? "I would rather not give out my workouts but I will say they involve lifting, running, ballet, medicine ball, throwing, and lots of stretching. I put in about 5 hours a day 5 days a week, 11 months of the year. I am very consistent during the training week with sleep but the nite before competition I only get about 4 hours of sleep and I find myself very relaxed. I have a complete vitamin diet and I am a vegetarian due to the religious philosophy I lead this life with. I presently only go to college part time so I can give 100% to my training. After 1976 I will go full time."

How about goals? "Athletically I am shooting to make the 1976 Olympic team, to break the American record of 185-3, and to become the first American over 200 feet. Academically I want to go as far as I can in the field of philosophy and to become a metaphysical minister, which I am working on now."

Schedule

JULY

- 12 COASTAL SECTION ONE HOUR RUN.** San Luis Obispo HS, 9 am. San Luis Dist. Club, Box 1134, SLO 93401.
- 12 LAFAYETTE 10 KILO.** 8 am. Mike Foley, Box 351, Lafayette 94549.
- 12 NATIONAL AAU DECATHLON.** UC Santa Barbara. Two days.
- 12 NATIONAL AGE GROUP CLASSIC.** Mt.SAC. Bill Peterson, 1840 Hawkbrook Lane, San Dimas 91773. Two days.
- 13 RACE TO THE REDWOODS.** 7 miles, Felton, 9 am, Bruce Jones, 6940 Hwy 9, Felton 95018. Changed from July 6.
- 14 SAN JOSE ALL COMERS(16 & under).** San Jose City College. Contact Burt Bonanno, SJCC coach, for more info.
- 14 GARDENA HS ALL COMERS.** 6 pm.
- 15 SAN JOSE ALL COMERS(17 & over).**
- 16 FOOTHILL COLLEGE ALL COMERS.** Hank Ketels, Foothill coach, for more info.
- 16 FRESNO-CLOVIS ALL COMERS.** Ken Dose, Fresno CC for more info.
- 17 VENICE HS ALL COMERS.** 6 pm.
- 18 PIERCE COLLEGE ALL COMERS.** 6 pm.
- 19 UCLA ALL COMERS.** Chuck Debus, 18100 Pacific Coast Hwy, Malibu 90265. phone: (213) 4548675 for more information.
- 19 FRESNO BUNION DERBY.** 6 mile, FSU, 6 pm. Larry Lung, 3356 N. Monroe, Fresno 93705. (209) 266-5915.
- 19 NOR. CAL. SENIORS TC MEET.** Foothill College.
- 19 THE GREAT RACE.** Running, cycling, aircraft. Rancho Cordova, 9 am. 1828 20th St., Sacramento 95816.
- 19 WHARF-to-WHARF RACE.** 6 miles, Santa Cruz, 9 am. Ken Thomas, 485 Calle del Sol, Santa Cruz 95003.
- 19 SPA ONE HOUR RUN(Jr., 40+, Women).** Santa Barbara, 4 pm. John Brennan, 4476 Meadowlark Ln., Santa Barbara 93105.
- 19 EAST LA COLLEGE ALL COMERS.** 6 pm. STALLION SPRINGS MINI MARATHON
- 2 GRIFFITH PARK 13 KILO.** 8 am. Mike Polizzi, 18400 Prairie St. No. 113, Northridge 91324 (213) 886-9579.
- 2 FRESNO BUNION DERBY.** 8 mile. See above.
- 2 UCLA ALL COMERS.** See above.
- 3 WALNUT SPORTS FESTIVAL.** 3 & 6 milg, 4 pm. P.O' Box 296, Walnut 91789.
- 9 HUNTINGTON BEACH DISTANCE RUN.** 10 mile, 8:30 am. J.T. Love, P.O. Box 190, Huntington Beach 92648.
- 9 LAFAYETTE RIM RUN.** 5.7 miles, Lafayette Reservoir, 9 am. C. MacMahon, 154 Grover Lane, Walnut Creek 94596.
- 9 UCLA ALL COMERS.** See above.
- 13 Mt.SAC DECATHLON.** Two days.
- 14 Mt.SAC ALL COMERS.** 6 pm.
- 16 SOUTH ORANGE 10 KILO.** Orange, 10 am. Dave Sills, Union Bank Sq., South Tower, Suite 908, Orange, CA 92668.
- 16 72 MILE LAKE TAHOE RELAY.** 8 am. Harold DeMoss, Box 967, Los Altos 94022.
- 16 UCLA ALL COMERS.** See above.
- 23 GOLDEN EMPIRE RUNS.** Grass Valley, 6 pm. Nick Vagt, Box 3 Ridgeview Dr., Grass Valley 95945.
- 23 DAMMIT RUN.** 5 mile, Los Gatos, 9 am. Maynard Orme, 16360 Belmont Ave., Monte Sereno 95030.
- 23 SANTA MONICA SPORTS FESTIVAL.** 10 kilo, SM Pier, 8:30 am. Doug Carlat, 1685 Main St., Santa Monica 90401. (213) 393-9975 ext 276.
- 23 FRESNO BUNION DERBY.** 10 mi. See Above.
- 23 UCLA ALL COMERS.** See Above.
- 24 DIPSEA RACE.** 6.8 miles, handi Mill Valley, 10 am. Mill Valley Jaycees, Box 30, Mill Valley 94941.
- 28 COLLEGE OF THE CANYONS RUN.** 8 miles, 6 pm. Monty Cartwright (805) 259-7800.
- 31 SANTA MONICA MARATHON.** 26.2 miles, 8 am. Santa Monica 90401.

Track & Field News

For over 25 years, we've served the track community: the leader in book and periodical publishing, track merchandise and accessories.

1 Have you looked at TRACK & FIELD NEWS lately? T&FN returns to monthly publication this year, with "fatter" issues and coverage extended to women, seniors, road racing, technique reports, and other aspects of the sport. The focus, of course, is still the major news and features of men's competitive track and field, high school through the Olympics... still the bible of track and field throughout the world. At \$9.00 a year, it's money well spent for anyone interested in track. Write for a sample issue.

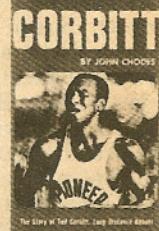
2 Our new t-shirts are humdingers. Added to the old favorites, the RUN RUN RUN cartoon shirt and our USA shirt, we have three new ones: Keep on Trackin', the



Road Runner cartoon shirt, and the popular adidas shirts. These are colored shirts and are available in sizes S, M, L, and XL at \$3.95 each, plus \$.50 per order for postage. And watch for our Moscow 80 shirt, now in the works.

3 Our new jumbo track posters have been extremely popular. Rick Wohlhuter, Ben Jipcho, Dwight Stones, Steve Williams, Tony Waldrop, all in full color. Still available are color posters of Shorter, Prefontaine, Wottle, and Ryun/Keino. All color posters are \$2.50 each. Add 50¢ per order for postage and handling.

4 T&FN is still the foremost publisher of books on track and field. Recent titles are *The Little Red Book* (with Metric Conversion Tables and a goldmine of information on the sport), \$2.95; *Corbitt* (story of Ted Corbitt, pioneer long distance runner), \$3.95; and *Age Records 1975*, \$2.00. Write for complete booklist.



The Story of Ted Corbitt, Long Distance Runner

5 Coaches: keep up with the latest in technique and training. Read *Track Technique*, the Quarterly Review of Track and Field Athletics. Emphasis is given to easy-to-follow, immediately applicable material for your day-to-day coaching needs. \$4 a year. \$10 for three years.

Write for our complete catalog of books, films, periodicals, jewelry, bars, and other track and field equipment and merchandise.

TRACK & FIELD NEWS, BOX 296, LOS ALTOS, CALIFORNIA 94022

- 8 pm. Larry Lang, 3330 N. Monroe,
Fresno 93705. (209) 266-5915.
- 19 NOR. CAL. SENIORS TC MEET.** Foothill College.
- 19 THE GREAT RACE.** Running, cycling, aircraft. Rancho Cordova, 9 am. 1828 23rd St., Sacramento 95816.
- 19 WHARF-to-WHARF RACE.** 6 miles, Santa Cruz, 9 am. Ken Thomas, 485 Calle del Sol, Santa Cruz 95003.
- 19 SPA ONE HOUR RUN(Jr., 40+, Women).** Santa Barbara, 4 pm. John Brennan, 4476 Meadowlark Ln., Santa Barbara 93105.
- 19 EAST LA COLLEGE ALL COMERS.** 6 pm.
- 20 STALLION SPRINGS MINI MARATHON.** Walt Rogers, 15336 Roscoe Blvd., Panorama City 91402.
- 20 FT. BAKER HANDICAP.** 15 miles. 8:30 am. John Hurchison, 225 San Marcos Ave., San Francisco 94116.
- 21 GARDENA HS ALL COMER** 6 pm.
- 22 VENICE HS ALL COMERS.** 7m.
- 22 FRESNO ALL COMERS.** See above.
- 22 SANTA BARBARA COUNTY FAIR RUN.** Santa Maria, 6 pm. Contact Ray Kring, track coach at Hancock College.
- 23 FOOTHILL COLLEGE ALL COMERS.** Tentative. See above.
- 23 FRESNO ALL COMERS.** See above.
- 23 PIERCE COLLEGE ALL COMERS.** 6 pm.
- 24 Mt. SAC ALL COMERS.** 6 pm.
- 24 EAST LA COLLEGE ALL COMERS.** 6 pm.
- 25 PIERCE-ALL COMERS CHAMPIONSHIP.**
- 26 SPA ONE HOUR RUN(Open).** Santa Barbara, 2 pm. John Brennan - see above.
- 26 OAKLAND WATERMELLON RACE.** 8.4 miles, Chabot Regional Park, 10:30 am. Alameda TC, Box 1606, Alameda 94501.
- 26 UCLA ALL COMERS.** See above.

AUGUST

- 2 LARRY LEWIS MEMORIAL RUN.** 11.5 miles, Los Gatos, 10 am. **MASTERS ONLY.** Frank Cunningham, 1002 So. 1st St., San Jose 95112.

- 23 Monte Sereno 99030.**
- SANTA MONICA SPORTS FESTIVAL.** 10 kilo, SM Pier, 8:30 am. Doug Carlat, 1685 Main St., Santa Monica 90401. (213) 393-9975 ext 276.
- 23 FRENSO BUNION DERBY.** 10 m. See Above.
- 23 UCLA ALL COMERS.** See Above.
- 24 Dipsea Race.** 6.8 miles, handi-cap. Mill Valley, 10 am. Mill Valley Jaycees, Box 30, Mill Valley 94941.
- 28 COLLEGE OF THE CANYONS RUN.** 8 miles, 6 pm. Monty Cartwright (805) 259-7800.
- 31 SANTA MONICA MARATHON.** SMCC, 7:30 am. Doug Carlat - see above.
- 31 HUME LAKE 10 KILO.** Dave Bronzan High Sierra TC, P.O. Box 271, Fresno 93708.

SEPTEMBER

- 1 Mt. BALDY RACE TO THE TOP.** 8 miles, 10 am. Dick Richards (714) 982-5167.
- 6 BASS LAKE HALF MARATHON.** 9 am. 1936 S. Hazelwood, Fresno 93702.
- 6 ALAMEDA CROSS COUNTRY CARNIVAL.** Alameda Muni. Golf Course, 2 pm. Bob DeCelle, P.O. Box 1606, Alameda 94501
- 7 CALIFORNIA AAU TEAM CROSS COUNTRY CHAMPIONSHIPS.** Santa Maria 10 am. 10 kilo. Also Open race. Steve Harney, 953 E. Jones - 209A, Santa Maria
- 7 GRIFFITH PARK CROSS COUNTRY.** Fred Honda, Municipal Sports City Hall East 200 N. Main 13th floor, LA 90012.

NOTE: The remainder of the San Mateo All Comers have been cancelled. There is also a summer All Comers series being conducted at Santa Barbara's La Playa Stadium - contact John Brennan, see address above.

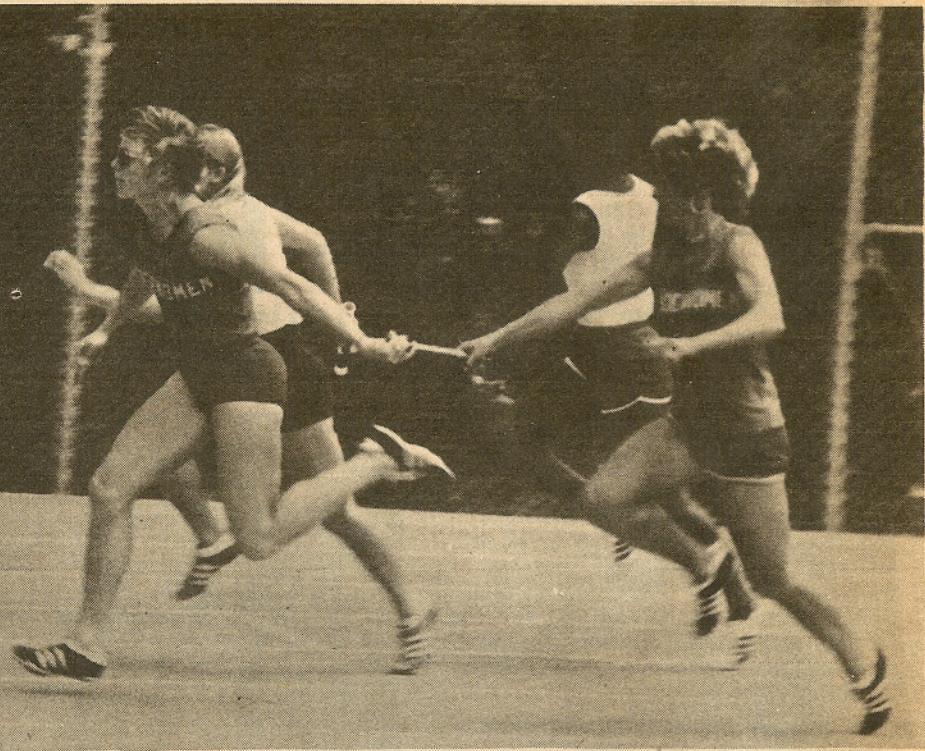
and are available in sizes S, M, L, and XL at \$3.95 each, plus \$.50 per order for postage. And watch for our Moscow 80 shirt, now in the works.



to-follow, immediately applicable material for your day-to-day coaching needs. \$4 a year. \$10 for three years.

Write for our complete catalog of books, films, periodicals, jewelry, bars, and other track and field equipment and merchandise.

TRACK & FIELD NEWS, BOX 296,
LOS ALTOS, CALIFORNIA 94022



Deanne Carlsen passes to Pat Van Wolvekere (two of the country's top hurdlers) photo by Karin Smith

COMING NEXT ISSUE --- FINAL 1975 WOMEN'S RANKING

The 1975 California Women's Top Marks Ranking is being delayed until next issue so as to include the AAU Championships and the National Age Group Classic. A special women's feature will be California State Records all divisions. Don't Miss It!

N.A.I.A. CHAMPIONSHIPS

Occidental College led the way for California athletes at the NAIA Championships. With an 11 man contingent, Oxy placed fifth with 30 points.

Held in Arkadelphia Arkansas for the third year, the meet was plagued by hot and very humid conditions. Several athletes succumbed to the adverse weather and were unable to perform at their best.



the meet. The Accutrack timer caught Odell at 51.24 while Taylor placed third in 51.47.

Peter Fredriksson (USIU), outkicked in last year's six mile by Philip Ndoo, was determined not to suffer an identical fate this year. After running with a tight pack for five miles Peter broke away and proceeded to grind the next 2 laps at 65 second pace. This tactic broke Ndoo but Lucien Rosa hung on to Peter and ended up the victor running his last mile in 4:20. Peter recorded a fine 28:28.2 for second.

Kuang-Chia Tarn (U of Redlands), a newcomer from Taiwan, ran a very smart 880. Following Kenyan Mike Boit's blistering early pace (220 in 25) Tarn avoided the confusion in the pack. After passing the quarter in 52.9 Tarn held on for second timing of 1:49.9.

Southern California College, last year's runnerups, provided the other silver medalists. Ed Bouldin 49:59.6 in the 10,000m walk and last year's champion Don Turri 57-5 in the shot.

Jim Howard (Westmont) in a tight discus field, placed third with a throw of 175-9. Only 16" separated the top three places.

Weather seemed to have little effect on Oxy's mile relay. Having run heats and finals of their individual events and trials for the relay the team took third in an excellent time of 3:09.3.

Last year's 440 champion Mike Singletary (SCC) switched to the 220 and timed 21.39 for fourth place.

Oxy picked up points in the field with Tom Henderson's 15-4 fourth and Fred Carpenter's 216-9 fifth in the javelin. Freshman Dannie Williams finished fifth in the triple jump with a leap of 49-3½.

Junior Bruce Kuppersmith (Azusa Pacific) placed sixth in the decathlon with a personal best 6728 points.

PROFILE

Peter Wood

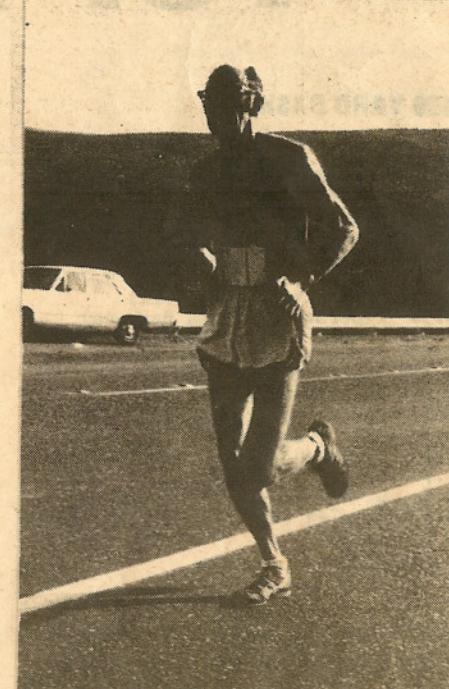
PETER D. WOOD: Northern California Seniors Track Club. Age 45; 5 feet, 9 inches; 126 pounds. Born August 25, 1929 in London, England.

Best Marks: As an over 40 runner— 800 meters: 2:04.3; one mile: 4:37.0; 3 mile: 15:57.0; marathon: 2:51.00. Life time bests— 880-1:56; mile-4:23.

Dr. Peter Wood ran his first race 39 years ago and figures he has covered 50,000 miles of running since that time. He doesn't regret all the time spent while out running, but rather considers it an investment upon which he is and will continue to draw returns of health and vitality. Dr. Wood had an article about the benefits of running published in the February 1975 issue of *Runner's World Magazine*. He plans to continue running just as long as he is capable. With a 39 year string behind oneself it would be shattering to even think of breaking it now—as Peter relates, "I partly participate in running and racing to maintain a 39 year continuous thread connecting me with my past."

Dr. Wood is an Adjunct Professor of Medicine at Stanford University specializing in biochemistry. In his work there is no typical day and as a consequence such things as sleeping, eating and running are

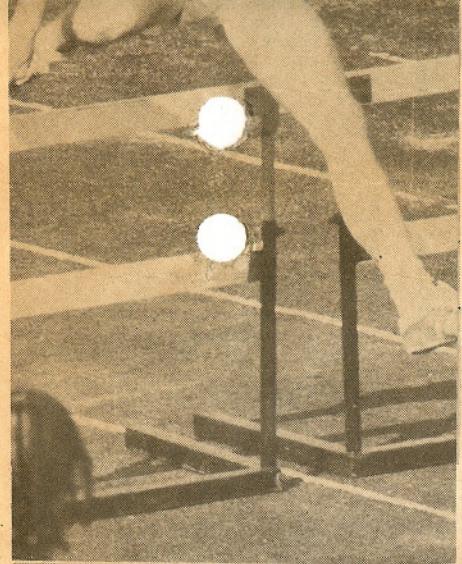
squeezed in when there is time. "I am professionally very busy. In view of pressures of my work my training is very light by most standards and extremely erratic. A recent week's workouts went like this: Wednesday - 40 minutes of intervals on the track, Friday - 6 mile fast



run on golf course, Sunday - 5 mile road race. One week may be only 15 to 20 miles total, but others as much as 70 miles, and then some even with no workouts."

Considering the irregularity of workout schedules Peter has consistently done quite well in races. He was named best PAAAU Senior Runner in 1972 and more recently just completed a 2:56 marathon at Boston. His long range goals are a 2:40 marathon and to get close to 2:00 for 800 meter.





NAIA Champ----DOUG ODELL

Doug Odell, national champion two years ago in the intermediates, regained his championship. Claiming California's only gold Doug defeated his teammate Gene Taylor who was favored coming into

places.

Weather seemed to have little effect on Oxy's mile relay. Having run heats and finals of their individual events and trials for the relay the team took third in an excellent time of 3:09.3.

Last year's 440 champion Mike Singletary (SCC) switched to the 220 and timed 21.39 for fourth place.

Oxy picked up points in the field with Tom Henderson's 15-4 fourth and Fred Carpenter's 216-9 fifth in the javelin. Freshman Dannie Williams finished fifth in the triple jump with a leap of 49-3/4.

Junior Bruce Koppersmith (Azusa Pacific) placed sixth in the decathlon with a personal best 6723 points.

Lopez (Cal Luthern) 214-10.

Conditions prevented Californian's from placing in their strongest event, the marathon. Having the first, third and fourth best times going into the race no one was able to break into the top six. The very humid conditions proved to be very dangerous even to the best athletes. Lucien Rosa, with a four minute lead, collapsed near the finish. In the future it is hoped that every effort will be made to avoid running this caliber of race under such inclement conditions.

participate in running and racing to maintain a 39 year continuous threat connecting me with my past."

Dr. Wood is an Adjunct Professor of Medicine at Stanford University specializing in biochemistry. In his work there is no typical day and as a consequence such things as sleeping, eating and running are

schedule. Dr. Wood has consistently done quite well in races. He was named best PAAAU Senior Runner in 1972 and more recently just completed a 2:56 marathon at Boston. His long range goals are a 2:40 marathon and to get close to 2:00 for 800 meter.



West Coast Relays-----College 100 Yard Dash (won by Clancy Edwards) photo by Steve Ward

4th Edition

1975 Starting Line HANDBOOK

- **1974 Age List**

- **All Time Age List**

From Age 8 & Under thru Age 17
Boys and Girls

- **Directory of Clubs**

- **Listing of
J.O. & AAU Associations**

- **Rules & Events**

- **Photos ...**

For your copy send \$3.00 to:

CALIFORNIA TRACK NEWS
1717 South Chestnut Avenue
Fresno, California 93702

\$ 3.00

JUNIOR COLLEGE TOP MARKS 1975

100 YARD DASH

9.4	Hampton (San Jose)
9.4	Livers (San Jose)
9.4	Overstreet (San Jose)
9.4w	Farmer (San Francisco) 9.5
9.4w	Jordan (Alameda) 9.6
9.4w	Chatman (Contra Costa) 9.7
9.5	Trippett (Bakersfield)
9.5w	Pipersburg (Santa Barbara)
9.6	Brewer (Contra Costa)
9.6	Cornell (San Diego Mesa)
9.6	Brown (Contra Costa)
9.6	Shavers (Alameda)
9.6	County (Santa Barbara)
9.7	Gore (Pasadena)
9.7	Winstead (Fullerton)
9.7	Granor (Citrus)
9.7	Givens (Fresno)
9.7	Douglas (San Jose)

880 YARD RUN

1:49.2	Haynes (Long Beach)
1:49.3	McManus (Diablo Valley)
1:50.4	Perry (San Diego Mesa)
1:50.6	Fox (Rio Hondo)
1:51.1	Barry (LA Pierce)
1:51.2	Lewis (Laney)
1:51.6	Wells (Redwoods)
1:51.7	LaGorio (LA Pierce)
1:51.9	Winguard (Fullerton)
1:52.7	Smith (LA Pierce)
1:53.3	Martin (Hancock)
1:53.3	Manriquez (San Jose)
1:53.5	Acedo (Cerritos)
1:53.8	Nolte (DeAnza)
1:53.9	Nilsson (Palomar)
1:54.3	Woods (LA Harbor)
1:54.6	Sweeney (San Diego Mesa)
1:54.9	Mills (Grossmont)
1:55.0	Erb (San Diego Mesa)
1:55.1	Graven (Santa Ana)
1:55.2	Ponce (Cerritos)

220 YARD DASH

20.9	Livers (San Jose)
21.0	Farmer (San Francisco)
21.1	Jordan (Alameda)
21.2	Cranor (Citrus)
21.2w	Perry (East LA) 21.3
21.3	Douglas (San Jose)
21.3	County (Santa Barbara)
21.3	Farrell (Santa Ana)
21.3w	Hampton (San Jose)
21.4	Cornell (San Diego Mesa)
21.4	Hill (Foothill)
21.4w	Miller (Los Angeles CC)
21.5	Williams (San Jose)
21.5	Desmet (Orange Coast)
21.5w	Pipersburg (Santa Barbara)
21.5w	Jowyk (Antelope Valley)
21.6	Houston (Mt. SAC)
21.6w	Jenkins (Porterville)
21.7	Peaves (Mt. SAC)
21.7	Overstreet (San Jose)

440 YARD INTERMEDIATES

50.8	Niederhaus (Pasadena)
51.3	Steele (Glendale)
52.4	Sheffield (East LA)
53.0	Almond (Skyline)
53.2	Esteban (Glendale)
53.3	Owens (Mt. SAC)
53.5	Nelson (San Jose)
53.5	Jones (Delta)
53.6	Turner (LA Harbor)
53.7	Brown (Alameda)
54.0	Marthus (Grossmont)
54.1	Nelson (Canyons)
54.3	Rapides (Los Medanos)
54.8	Hibner (Fresno)
55.1	Gaeta (Bakersfield)
55.1	Gaines (San Francisco)
55.3	Platner (American River)
55.5	McGee (San Francisco)
55.5	Blanks (LA Harbor)
55.6	Cape (Long Beach)



JIM KNAUB photo by Steve Kroeker

ONE MILE RUN

4:05.4	Cotton (Grossmont)
4:05.7	Nilsson (Palomar)
4:06.8	Burns (Canyons)
4:07.3	Pullen (Grossmont)
4:07.9	Saavedra (Fullerton)
4:09.3	Deis (American River)

HIGH JUMP

6-11	Viggiano (El Camino)
6-10 3/4	LaRusch (Glendale)
6-10 1/2	Churchill (Canyons)
6-10	Wiley (San Francisco)
6-10	Taylor (Mt. SAC)
6-10	Nubran (Alameda)
6-10	Hatch (Cuesta)
6-10	Parks (Glendale)
6-9 3/4	Hall (Citrus)
6-9	Allen (San Jose)
6-9	Watson (Modesto)
6-9	Smith (Ventura)
6-9	Gordien (San Bernardino)
6-9	Powell (Cerritos)
6-8 1/2	Franz (El Camino)
6-8 1/2	Geddes (San Diego Mesa)
6-8 1/2	Palmer (Fullerton)
6-8	Bunting (Grossmont)
6-8	Littleboy (Foothill)
6-8	Mason (Compton)
6-8	Givens (LA Harbor)

POLE VAULT

16-8 1/2	Knaub (El Camino)
16-0 1/2	Patton (San Mateo)
16-0	Robinson (LA Trade Tech)
15-6 1/2	Phillips (Diablo Valley)
15-6	Sanger (El Camino)
15-6	Owens (West LA)
15-6	Turner (West Valley)
15-6	Linn (West Valley)
15-6	Ferguson (Ventura)
15-6	Lewis (Hancock)
15-6	Jorgenson (Palomar)
15-3	French (Mt. SAC)
15-3	Stillians (El Camino)
15-3	Nugent (Chaffey)
15-3	Burghall (Grossmont)
15-2	Lozette (Foothill)
15-0 1/2	Lawry (Santa Clara)
15-0	Gervasi (Sacramento)
15-0	Dixon (Foothill)
15-0	Schnedar (Mira Costa)
15-0	Bell (American River)
15-0	Wilson (Long Beach)
15-0	Garcia (Glendale)
15-0	Clemmons (El Camino)
15-0	Iverson (San Jose)
15-0	Adams (LA Trade Tech)

21.3 Farrell (Santa Ana)
 21.3w Hampton (San Jose)
 21.4 Cornell (San Diego Mesa)
 21.4 Hill (Foothill)
 21.4w Miller (Los Angeles CC)
 21.5 Williams (San Jose)
 21.5 Esmet (Orange Coast)
 21.5w Alpersberg (Santa Barbara)
 21.5w Jowyk (Antelope Valley)
 21.6 Houston (Mt. SAC)
 21.6w Jenkins (Porterville)
 21.7 Reeves (Mt. SAC)
 21.7 Verstreet (San Jose)



RICK STEELE (left) and GRANT NIEDERHAUS

440 YARD DASH

47.0 Myles (LA Harbor)
 47.1 Miller (Los Angeles CC)
 47.3 Bell (Bakersfield)
 47.9 Martinez (Santa Rosa)
 48.0 Madruaga (Diablo Valley)
 48.1 Williams (San Jose)
 48.3 Pete (Long Beach)
 48.4 Monseth (Cosumnes)
 48.6 Duplessis (Citrus)
 48.8 Hampton (San Jose)
 48.8 Deason (Santa Ana)
 48.9 Hudson (Alameda)
 48.9 Christian (Alameda)
 48.9 West (Grossmont)
 49.0 Cornell (San Diego Mesa)
 49.0 Pena (Bakersfield)
 49.0 Villareal (Foothill)
 49.0 Davis (Mt. SAC)
 49.2 Perry (San Diego Mesa)
 49.3 Alexander (Golden West)

120 YARD HIGH HURDLES

14.1 White (LA Southwest)
 14.1w Rapides (Los Medanos) 14.3
 14.2 Hall (Mt. SAC)
 14.2 Crittendon (Contra Costa)
 14.3 Almond (Skyline)
 14.4 McLaurin (Citrus)
 14.4 Richardson (East LA)
 14.4 Branson (Porterville)
 14.4 Gaeta (Bakersfield)
 14.4w Owens (Mt. SAC) 14.5
 14.5w Stewart (Mt. SAC)
 14.5w Gaines (San Francisco) 14.8
 14.5w Osterberh (Palomar)
 14.5w Jackson (San Bernardino) 14.6
 14.6 Jones (San Joaquin Delta)
 14.6w Cassey (Chaffey)
 14.6w Carley (Mt. SAC)
 14.7 Hampton (Desert)
 14.7 Niederhaus (Pasadena)
 14.7 Shepherd (Modesto)
 14.7 Hatch (Cuesta)

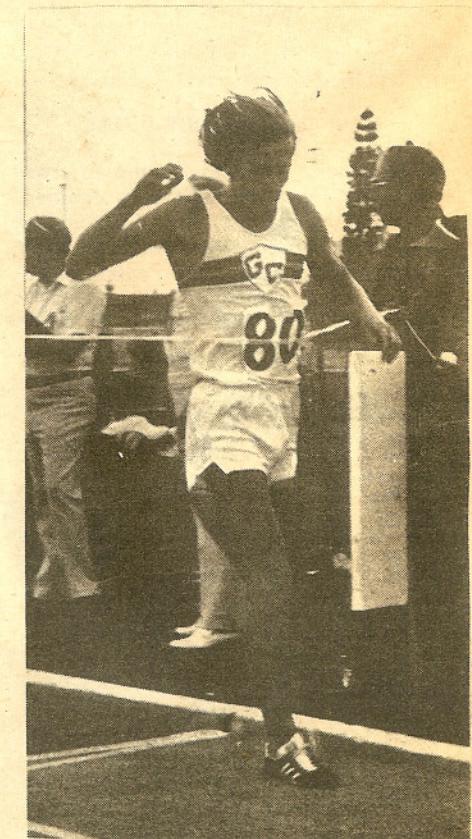


JIM KNAUB photo by Steve Kroeker

ONE MILE RUN

4:05.4 Cotton (Grossmont)
 4:05.7 Nilsson (Palomar)
 4:06.8 Burns (Canyons)
 4:07.3 Pullen (Grossmont)
 4:07.9 Saavedra (Fullerton)
 4:09.3 Deis (American River)
 4:09.4 Rock (Fullerton)
 4:09.6 Martinez (LA Pierce)
 4:10.3 Ringo (American River)
 4:10.7 Padilla (Chabot)
 4:10.9 McCandless (West Valley)
 4:11.0 Ryan (San Jose)
 4:11.1 Thomas (Glendale)
 4:11.5 Graves (Santa Ana)
 4:11.9 Flint (Moorpark)
 4:12.0 Sullivan (West Valley)
 4:12.4 Smith (Grossmont)
 4:13.6 LaGorio (LA Pierce)
 4:13.6 Munoz (Imperial)
 4:14.3 Ramirez (Fresno)

15-6 Owens (West LA)
 15-6 Turner (West Valley)
 15-6 Linn (West Valley)
 15-6 Ferguson (Ventura)
 15-6 Lewis (Hancock)
 15-6 Jorgenson (Palomar)
 15-3 French (Mt. SAC)
 15-3 Stillians (El Camino)
 15-3 Nugent (Chaffey)
 15-3 Burghall (Grossmont)
 15-2 Lozotte (Foothill)
 15-0¹ Lawry (Santa Clara)
 15-0 Gervasi (San Mateo)
 15-0 Dixon (Foothill)
 15-0 Schnedar (Mira Costa)
 15-0 Bell (American River)
 15-0 Wilson (Long Beach)
 15-0 Garcia (Glendale)
 15-0 Clemonons (El Camino)
 15-0 Iverson (San Jose)
 15-0 Adams (LA Trade Tech)
 15-0 Smith (Sequoias)



TERRY COTTON winning state mile

3000 METER STEEPLECHASE

8:58.0 Perez (Delta)
 9:08.4 Langford (American River)
 9:14.7 Hart (Foothill)
 9:18.3 Wilson (Grossmont)



DISCUS

- 187-0 Gordien (San Bernardino)
 184-11 Alexander (Sequoias)
 176-2 Pushkin (Foothill)
 175-0 Conrad (Saddleback)
 168-1 Alien (DeAnza)
 167-7 Engle (Canyons)
 167-7 Hickson (San Jose)
 165-11 Baer (Grossmont)
 164-6 Santiago (American River)
 163-10 Moore (San Jose)
 163-3 Grant (West Hills)
 160-4 Kells (Fullerton)
 159-9 Mapp (San Francisco)
 159-3 Schendel (Siskiuous)
 159-0 White (Modesto)
 157-3 Harris (Bakersfield)
 155-7 Johnson (Monterey)
 154-10 Bergstresser (DeAnza)
 153-0 Hall (Fresno)
 152-11 Smith (LA Harbor)
 151-7 Carter (Modesto)

JAVELIN

- 217-1 Robinson (Sequicias)
 217-1 Garcia (Hartnell)
 213-9 Staengal (El Camino)
 212-0 Selman (Desert)
 210-5 Wilson (Grossmont)
 210-2 Walker (Chabot)
 208-8 Kibee (Desert)
 207-9 Orange (LA Harbor)
 205-1 Hodges (Glendale)
 204-10 Vence (Moorepark)
 202-1 Herron (Diablo Valley)
 201-5 Damewood (Palomar)
 197-10 Dunn (Golden West)
 197-3 Nugent (Chaffey)
 195-4 Barbee (Long Beach)
 195-11 Ochoa (Citrus)
 195-9 Bodmer (Skyline)
 195-8 Prefacts (Solano)
 195-5 Slevkoff (Bakersfield)
 195-0 Thornberg (Hartnell)
 194-9 Newman (San Diego)
 194-4 McMullen (Los Medanos)

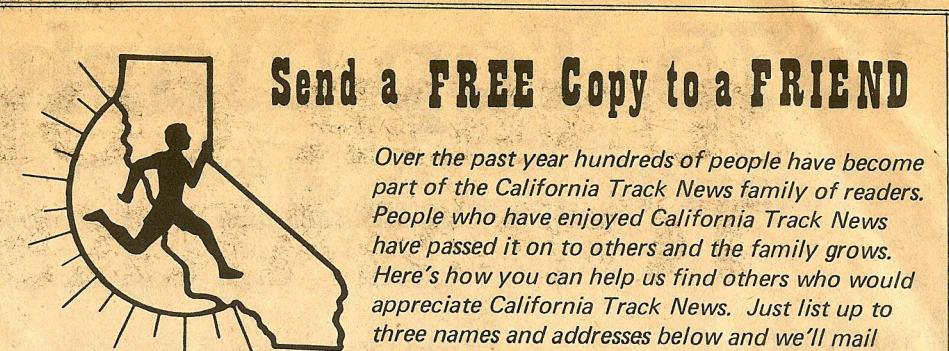
JEFF HAYNES(left) & GARY McMANUS

LONG JUMP

- 25-2 3/4w Overstreet (San Jose) 24-3½
 24-9 Smith (Ventura)
 24-7 Givens (Fresno)
 24-4 3/4w Hollis (West LA)
 24-4½ Cleghorn (Alameda)
 24-4 Carter (Citrus)
 24-1 Paysinger (LA Harbor)
 24-0 Sanchez (Canyons)
 23-11 3/4 Gilmore (Skyline)
 23-11 3/4 Rrown (Victor Valley)
 23-9½ Broe' (Mira Costa)
 23-9 Tch (Grossmont)
 23-8w Glo (Mt. SAC)
 23-7w Johnson (Bakersfield) 23-3½
 23-6½ Spain (Orange Coast)
 23-6½ Hicks (Los Medanos)
 23-5½ Sam (Santa Barbara)
 23-4½ Blair (Mt. SAC)
 23-4 Taylor (Harbor)

440 RELAY

TRIPLE JUMP



Over the past year hundreds of people have become part of the California Track News family of readers. People who have enjoyed California Track News have passed it on to others and the family grows. Here's how you can help us find others who would appreciate California Track News. Just list up to three names and addresses below and we'll mail a free sample copy to each of them.

Please send a free sample copy of California Track News to these friends.
 (Your name will not be mentioned)

PLEASE PRINT

Name _____

Address _____

City _____ State _____ Zip No. _____

PLEASE PRINT

Name _____

Address _____

City _____ State _____ Zip No. _____

PLEASE PRINT

Name _____

Address _____

City _____ State _____ Zip No. _____

CALIFORNIA TRACK NEWS 1717 SOUTH CHESTNUT AVE
 FRESNO, CALIFORNIA 93702

PRO^E



24-4	Cleghorn (Alameda)	197-10	Dunn (Golden West)
24-4	Carter (Citrus)	197-3	Nugent (Chaffey)
24-1	Paysinger (LA Harbor)	196-4	Sarree (Long Beach)
24-0	Sanchez (Canyons)	195-11	Ochoa (Citrus)
23-11	3/4 Gilmore (Skyline)	195-9	Bodnar (Skyline)
23-11	3/4 Brown (Victor Valley)	195-8	Prefacio (Solano)
23-9½w	Brock (Mira Costa)	195-5	Sievkoff (Bakersfield)
23-9	Tol (Grossmont)	195-0	Thornberg (Hartnell)
23-8w	Glot (Mt. SAC)	194-9	Newman (San Diego)
23-7w	Johnson (Bakersfield) 23-3½	194-4	McMullen (Los Medanos)
23-6½	Spain (Orange Coast)		
23-6½w	Hicks (Los Medanos)		
23-5½	San (Santa Barbara)		
23-4½	Bland (Mt. SAC)		
23-4	Taylor (Harbor)		

440 RELAY

TRIPLE JUMP

51-8½	Marlow (Cosumnes)	50-0½	Alameda
50-9	3/4w LeGrande (West Valley)	50-4½	Santa Barbara
50-6½w	Shaffer (Alameda)	50-3	San Jose
50-4	3/4 Bland (Mt. SAC)	49-0	Contra Costa
50-3½	Johnson (Fresno)	49-1	Los Angeles Harbor
50-2½w	Wells (San Francisco)	49-9½	Bakersfield
49-9	3/4w McGee (LA Trade Tech)	49-0½	Los Angeles City
49-8½	Taylor (LA Harbor)	49-8	Mt. San Antonio
49-8	Quick (Bakersfield)	49-7	Compton
49-7	3/4 Haynes (Contra Costa)	48-11	San Bernardino
48-11	Johnson (LA Harbor)	48-10	Chabot
48-10	3/4w Berry (El Camino)	48-10½	Citrus
48-10½	McClure (Palomar)	48-10½	San Francisco
48-10½	Harrell (Delta)	48-9	Fullerton
48-9	Edwards (San Diego)	48-8	Orange Coast
48-8	3/4w Wyatt (Bakersfield)	48-6	Los Angeles Pierce
48-6	3/4 Scott (Mt. SAC)	48-1w	East Los Angeles
48-1w	Gates (Laney)	47-11	American River
47-11	3/4w Smith (Ventura)	47-11	Grossmont
47-11	Gray (Santa Rosa)	47-4	Brown (Victor Valley)
47-8½	Tolbert (Grossmont)		
47-4	3/4 Brown (Victor Valley)		

MILE RELAY

SHOT PUT

58-10½	Nomis (LA Pierce)	3:11.5	Bakersfield
54-10	3/4 Paer (Grossmont)	3:11.3	Pasadena
54-6½	Doll (Cosumnes)	3:12.5	Los Angeles Harbor
54-6	Ioppetti (Glendale)	3:12.4	Mt. San Antonio
54-4	Hampton (Grossmont)	3:14.7	Long Beach
54-1½	Gummerson (Santa Rosa)	3:15.9	Alameda
54-0	3/4 Gordien (San Bernardino)	3:15.9	Santa Rosa
54-0½	Santiago (American River)	3:16.0	San Diego Mesa
54-0	Moretti (Fullerton)	3:16.2	East Los Angeles
53-3½	Sittow (Diablo Valley)	3:16.3	San Francisco
52-2½	Baxter (LA Harbor)	3:16.6	San Jose
52-0½	Smith (LA Harbor)	3:18.6	Contra Costa
51-11½	Franklin (Orange Coast)	3:18.8	Los Angeles Trade Tech
51-5	Alaman (Santa Ana)	3:19.5	Diablo Valley
51-3½	Engle (Canyons)	3:20.1	Los Angeles City
51-1½	Alexander (Sequoias)	3:20.2	West Los Angeles
50-8	Cotton (LA Pierce)	3:20.2	San Diego City
50-6	Schablaske (DeAnza)	3:20.2	Grossmont
50-4	3/4 Perich (Sacramento)		
50-4	Deaton (Foothill)		

City _____ State _____ Zip No. _____

CALIFORNIA TRACK NEWS 1717 SOUTH CHESTNUT AVE
FRESNO, CALIFORNIA 93702



John Nomis

JOHN NOMIS: Los Angeles Pierce Junior College (sophomore). Age 19; 6 feet, 3½ inches; 275 pounds. Born August 26, 1955 in Los Angeles. Also competed for Grant High School and Notre Dame High School. **Best Marks:** Shot put: 60-7¾(73- 12 pounds), 57-3(74- 16 pound), 58-10½(75- 16 pound). Weight lifts: bench 500, incline 440, squat 550. Coached by Bob Chambers

Being the national leader by over three feet has made it hard for super soph shot putter John Nomis to always get the competition he would like; not that it's not nice to always win, but he's felt a need to have others pushing him to even greater efforts.

John, the 1975 California State Shot Put Champion, says he likes track and the shot put because, "It's individual, unlike football, basketball, baseball—to me it is much more self-fulfilling." He's proved he is a hard worker by lifting and throwing the year round. He also puts an emphasis on proper diet and rest. Right now his training is geared for reaching 63+ feet in the near future. He won't be satisfied until he has reached the top in shot putting, "I



feel with additional technical coaching I could become one of the best throwers in the nation next year. My problems with technique and lack of competition held me back considerably this year. For next year, right now, I am looking at UCLA, mainly because of their program and coach."

Typical Week's Workouts: During the season— **Monday:** lift medium, throw light; **Tuesday:** lift medium, throw medium; **Wednesday:** lift medium, throw hard; **Thursday:** no lifts, throw light; **Friday:** track meet; **Saturday:** rest; **Sunday:** lift medium. Off season—lifting 5 days a week with throwing 3-4 days.

1975 Top Marks - High School

COMPILED BY: RON BLACKWOOD

Send corrections and additions to Ron Blackwood, 1220 Greenwood, Sanger, CA 93657

100 YARD DASH

9.4 *Kevin Williams(San Fernando)#1
 9.4 Elijah Jefferson(Crawford-SD)#2
 9.4n Hickey Jackson(Pasadena)#3
 9.4 Joel Andrews(West-Bakersfield)#4
 9.4w*Keith Taylor(Piedmont Hills-SJ)9.6
 9.5n Maurice Glass(Castlemont-Oak)9.6#5
 9.5w*Norris Jones(Kennedy-Barstow)9.6
 9.5w Marc Jenkins(N.Dame-Sher Oaks)9.8
 9.6n Don Tillman(Huntington Park-LA)#6
 9.6 Ron Edmerson(Lincoln-SD)
 9.6 *Bryant(Mission-SF)
 9.6 G. Gardner(Ganesha-Pomona)
 9.6 W. Woodward(San Bernardino)
 9.6 James Davis(Santa Monica)
 9.6n*Bill Mullins(Hamilton-LA)
 9.6n*Mark Lee(Hanford)
 9.6n*Glenn Cannon(Mt. Pleasant-SJ)
 9.6 Tuguil Willis(Mission-SJ)
 9.6w T. Brown(Skyline-Oakland) 9.7
 9.6w Britt(Oxnard)
 9.6w Ian Smith (West Covina)
 9.6w R. Johnson(Centennial-Compton)
 9.6w Davis(Locke-LA)
 9.6w Steve Zak(W. Torrance)9.7
 9.6w*J. Donaldson(Montclair)9.8
 9.6w*Dupree(Branch-Barstow)
 9.6w*Marvin James(Edison-Fresno)?
 9.6w*Billy Kemp(Fresno)?

220 YARD DASH

21.0 Joel Andrews(West-Bakersfield)#2
 21.1n William Mullins(Hamilton-LA)#1
 21.1 *Lew McGlothlin(Compton)#3
 21.1 Elijah Jefferson(Crawford-SD)#5
 21.1 *Norris Jones(Kennedy-Barstow)
 21.2n John Ware(Sacramento)
 21.3n Kevin Williams(San Fernando)#4
 21.3n*Keith Taylor(Piedmont Hills-SJ)
 21.3 Maurice Glass(Castlemont-Oak)
 21.3n Ricky Jackson(Pasadena)
 21.3n*Glenn Cannon(Mt. Pleasant-SJ)
 21.3n Darryl Brown(Monroe-LA)
 21.3n Don Tillman(Huntington Park-LA)
 21.4wnDavid Enshaw-LA)21.6
 21.5w Steve Zak(West Torrance)(21.7
 21.6n*Dana Geary(Edison-Fresno)
 21.6n Ron Edmerson(Lincoln-SD)
 21.6n Phillip Williams(Edison-Stockton)
 21.6n Dave Branch(Barstow)
 21.6 *Ian Smith(West-Covina)
 21.6n Patton(Fremont-LA)

1:53.7 Brian Russell(N.Dame-SherOks)
 1:53.7 Bruce Rocheleau(N.Dame-SherOks)
 1:53.7 Steve Riggins(Helix-La Mesa)
 1:53.7 Leonard Ledet(Washington-LA)#5
 1:54.2 Tom Lloyd(Edison-Hunt. Park)
 1:54.2 Van Fluet(San Marino)
 1:54.2n Brian Hurdal(Carlmont-Belmont)
 1:54.3n Scott Hickman(Redwood-Lrkspr)
 1:54.3n Archie Hughes(Richmond)
 1:54.3 Bill Delatorre(Banning-Wlmgtn)
 1:54.3 Magee(St. Joseph)
 1:54.5 Kirk Waitman(Redlands)
 1:54.8 George White(Roosevelt-Frsno)
 1:54.8 McCarthy(St. Ignatius-SF)
 1:54.9n Tom Bertolli(Deake-S. Anselmo)
 1:54.9 Judy(Tennyson-Hayward)

9:09.4n Horney(Royal-Simi)
 9:12.0n Alfred Lara(Hoover-Fresno)
 9:13.0 Glenn Best(Crawford-SD)
 9:13.4 Hendrick(Crawford-SD)
 9:13.6n Hernandez(Mission Bay-SD)

37.7 Anthony Young(Fremont-LA)
 37.8 Craig Evifs(Helix-La Mesa)

HIGH JUMP

7-0½ Dwaine Joseph(Gardena)
 7-0 John Washington(Fremont-LA)#1
 6-10½ Jerry Flowers(Eisenhower-Rialto)
 6-10 *Coart Owens(Castlemont-Oak)#2
 6-10 John Lane(American-Sacto)#3
 6-10 Kirk Collins(Monterey)#4
 6-10 Ken Conner(Estancia-Costa Mesa)#5

120 YARD HIGH HURDLES

13.2 Dedy Cooper(Ells-Rchmd)#2
 13.3w Rbt Gaines(Kennedy-Rch) #113.3
 13.3n John Peterson(Sdbck-S Ana)#3
 13.6n Wilburn Gregory(Mission Vjo)#4
 13.7 Ron Kennedy(Serramonte-DlyC)#5



San Fernando's KEVIN WILLIAMS wins the California State High School
100 yard dash championship.
photo by Diane Johnson

21.0 Joel Andrews(West-Bakersfield)#2
 21.1n William Mullins(Hamilton-LA)#1
 21.1 *Lew McGlothin(Compton)#3
 21.1 Elijah Jefferson(Crawford-SD)#5
 21.1 *Norris Jones(Kennedy-Barstow)
 21.2n John Ware(Sacramento)
 21.3n Kevin Williams(San Fernando)#4
 21.3n*Keith Taylor(Piedmont Hills-SJ)
 21.3 Maur Glass(Castlemont-Oak)
 21.3n Rick Jackson(Pasadena)
 21.3n*Glen Cannon(Mt. Pleasant-SJ)
 21.3n Darryl Brown(Monroe-LA)
 21.3n Don Alman(Huntington Park-LA)
 21.4wn David Leshaw(LA)21.6
 21.5w Steve Lek(West Torrance)(21.7
 21.6n Dana Geary(Edison-Fresno)
 21.6n Ron Emerson(Lincoln-SD)
 21.6n Phillip Williams(Edison-Stockton)
 21.6n Dave Branch(Barstow)
 21.6 *Ian Smith(West-Covina)
 21.6 Patton(Fremont-LA)
 21.6 Burgan(Washington-LA)
 21.6w Jenkins(N. Dame-Sher Oaks)22.4
 21.7n John Ferguson(Merced)
 21.7 Davis(Dorsey-LA)

440 YARD DASH

47.2 John Ware(Sacramento)#1
 47.4 Brian Theriot(Newport Harbor)#2
 47.7n*William Hunt(North-Hollywood)#3
 47.8 Henry Williams(Carson)
 48.0 James Yizar(Belmont-LA)
 48.1 Tom Lloyd(Edison-Hunt. Park)
 48.2 Don Coulter(Harbor-Santa Cruz)#4
 48.2 Henry Field(Grant-Sacto)
 48.2n Bart Williams(Vallejo)
 48.3 Del Smith(Pasadena)#5
 48.3 Jeffrey Sexton(Compton)
 48.4 Darnell Brown(Pacific-San Lndro)
 48.4 Ricky Jackson(Pasadena)
 48.4 R. Kennedy(Serramonte-Daly City)
 48.5 Emerson(McClatchy-Sacto)
 48.6n David Bibbs(Narbounce-LA)
 48.7n Steve Riggins(Helix-SD)
 48.7 Jeff Matteer(San Marin-Novato)
 48.8n Fred Harvey(Silver Creek-SJ)
 48.8**Alfonso Foster(Madera)
 48.8 Clint Bradburn(Montgomery-SD)
 48.8 Ron Brown(S Gorgonio-S Berdo)
 48.8 Ron Brown(Kennedy-Richmond)

880 YARD RUN

1:49.7 Dan Aldredge(Petaluma)#2
 1:51.0 Conrad Suhr(Leigh-San Jose)#1
 1:51.8 Tom Hacche(Birmingham-LA)#3
 1:52.0 Randy Jones(North-Bakersfield)#4
 1:52.2n Marty Bayless(Chatsworth)
 1:52.3 Paul Becklund(Henry-SD)
 1:53.4 Mark Flynn(S Gorgonio-S Berdo)
 1:53.4 Larry Hayden(Sunnyhills-Full)
 1:53.5 Steve Vasquez(Mills-Milbrae)
 1:53.7 Steve McKenna(N. Dame-Sher Oaks)



**San Fernando's KEVIN WILLIAMS wins the California State High School
100 yard dash championship.**

photo by Diane Johnson

ONE MILE RUN

4:07.0 Ralph Serna(Loara-Anaheim)
 4:07.9 *Thom Hunt(Henry-SD)#5
 4:09.1 *Jim Arriola(Gahr-Cerritos)#2
 4:09.5 John Johnson(Skyline-Oak)#1
 4:09.7 Robert Angel(Huntington Bch)
 4:10.2 *Eric Hulst(Laguna Beach)
 4:10.8 Jay Wood (Vista)#3
 4:11.0 Scott Blackburn(Royal-Simi)
 4:11.0 Matt Bell(Ft. Hill-Tustin)
 4:11.2 Ajim Baksh(Hollywood)#6
 4:12.2 Ray Green(San Rafael)#4
 4:12.7 Brian Hunsaker(Corona DM)
 4:13.0 Adams (Palmdale)
 4:14.2n Tim Earle(Granite H-El Caj)
 4:15.0n Ray Rubio(Madera)
 4:15.0n D. Moses(Crescenta V-LaCres)
 4:16.0 Smith(Cordova-Rch Cordova)
 4:16.5 Roy Kissin(San Ramon)
 4:17.2 Bryon Foley(Hoover-Fresno)
 4:17.5 Yeutter(Arroyo-EI Monte)
 4:17.7 Fessenden(Lowell-Whittier)
 4:17.7 Todd Baker(Westmont-Campbel)
 4:17.8 Bobby Bray(North-Bakersfield)
 4:18.1 Bill LaForge(Oceana-Pacific)
 4:18.2 Mitchell(Lowell-Whittier)

TWO MILE RUN

8:44.9 *Eric Hulst(Laguna Beach)#1
 8:45.9n Ralph Serna(Loara-Anaheim)#2
 8:56.0n Richard Aguirre(S Barbara)#5
 8:56.2n Roy Kissin(San Ramon)#3
 8:56.8n Brian Hunsaker(Corona Del M)
 8:57.3n Mitch Kingery(San Carlos)#4
 9:02.5 *Thom Hunt(Henry-SD)
 9:03.0 Ron Fritzke(Leigh-SJ)#6
 9:03.8 Breggor Moore(Los Alamitos)
 9:04.4 *George Aguirre(S Barbara)
 9:04.6n*Mark Spilsburg(Ft. Hill-Tus)
 9:06.0n Jerry Emory(Gunn-Palo Alto)
 9:06.5**Tim Holmes(Downey-Modesto)
 9:07.1n*Rod Reed(Jesuit-Sacto)
 9:07.3 Ajim Baksh(Hollywood)
 9:07.5 Mibust(Bella Vista-Sacto)

13.9 Dennis Claxton(Skyline-Oak)#6
 13.9n Tony Hicks(Serramonte-Daly C)
 13.9 S. Monroy-Overfelt-SJ
 14.0n Tom Turner(Cypress)
 14.0n Ray Thomas(Overfelt-SJ)
 14.0w Don Finley(Cupertino)14.1
 14.1 Stevens(Burbank-Sacto)
 14.1n Harold Turner(Kennedy-Rohmd)
 14.1 Don Robinson(Sacramento)
 14.1nw Ron Glen(Locke-LA)14.4
 14.1nw Silas Loveless(Carson)14.4
 14.2 Tom Ketschmar(Lemirada)
 14.2 Zabilski(Crespi-Encino)
 14.2 T. Brown(Skyline-Oak)
 14.2 Brisco(Locke-LA)
 14.2 K. Harris(Oakland)
 14.2 Wilson(Fontana)
 14.2 Gondinez(W. Covina)
 14.2wn Antwaine Richardson(Gardena)
 14.2w Donaldson(Ontario)
 14.2w White(San Dimas)

6-10 Louie Sbarbaro(Weed)
 6-10 Imre Santha(Arcadia)
 6-10 Gonzales(Montebello)
 6-9 Herb Ward(Balboa-SF)
 6-9 Bill Scarborough(Clovis)
 6-8* Todd Ward(Bakersfield)
 6-8* Bullard(Enterprise-Redding)
 6-8 DeVore(Elk Grove)
 6-8* Kelly Johnson(Arroyo-El Monte)
 6-8* Muhl(Hart-Newhall)
 6-8* Carl Eissman(San Clemente)
 6-8 **Bret Bell(Sanger)
 6-8 **J. Bjornsson(Encina-Sacto)
 6-8 **Lawson(El Dorado-Placerville)
 6-8 Johnson(Arcadia)
 6-8 Bob Dillard(Mills-Milbrae)
 6-8 Sean Coleman(Chatsworth)
 6-8 Cuervo(Western-Anaheim)
 6-8 Leo Williams(Fremont-Oak)
 6-8 Terry Graham(Vacaville)
 6-8 Englis(Gahr)
 6-8 Hawblitzel(Duarte)
 6-8 Isaac(Hoover-Glendale)
 6-8 Gil Jenkins(Sierra-Auburn)
 6-8 S. Germet

330 YARD LOW HURDLES

36.0 Dedy Cooper(Ells-Richmond)#1
 36.4 Otis Hunter(Pasadena)#2
 37.0n John Thompson(Morngsd-Ingwd)#3
 37.0 Tory Hicks(Serramonte-Dly C)#6
 37.1 Mike Miller(S. Bonvtr-Ventura)#4
 37.1 Williams(Vallejo)
 37.2 Don Finley(Cupertino)#5
 37.2n*Tim Chambers(Muir-Pasadena)
 37.4 Sam Turner(Locke-LA)
 37.5 Bill Smith(Muir-Pasadena)
 37.5 Don Robertson(Sacramento)
 37.5n Mark Germino(Los Banos)
 37.5n Larry Richardson(El Molino-Fstvl)
 37.5n Jamie Starment(Chico)
 37.5 David Cooper(San Bernardino)
 37.5 Jackson(Pomona)
 37.6 Don Brown(Clairemont-SD)
 37.6 Stephens Nevels(Dominguez-Comp)
 37.6 Frank Unpingco(Pittsburg)
 37.7n Robert Gaines(Kennedy-Richmd)
 37.7 Antwaine Richardson(Gardena)
 37.7 Taylor(Oxnard)
 37.7 Joe Hicks(San Pedro)

POLE VAULT

16-3½ Keith Schimmel(Villa Park)#1
 16-1 Tim Vahlstrom(Villa Park)#2
 16-0½ Bryan Goodman(Agoura)#3
 16-0 Brian Worden(N. Dame-Shr Oaks)
 15-7 Tom Curran(Crespi-Encino)#5
 15-3 Tim Hintnaus(Aviation-RedonBch)#6
 15-1 *John Felando(South-Torrance)
 15-0½**Mike Sula(Lemoore)#4
 15-0 Howard Kwasman(Grant-LA)
 15-0 Kevin Searle(Canden-San Jose)
 14-8 3/4***Tony Curran(Crespi-Encino)
 14-8 Marion Mederios(Cupertino)
 14-8 Switzer(Burroughs-Burbank)
 14-8 Talley(Brawley)
 14-7 Bob Folsom(Clovis)
 14-7 Steve Oravetz(Campbell-San Jose)
 14-7 Lovejoy(Del Mar-San Jose)
 14-6 Fovil(Amador-Pleasanton)
 14-6 Brad James(Elk Grove-Sacto)
 14-6 Mark Sambrillo(Watsonville)
 14-6 Taylor(Shasta-Redding)
 14-6 Mike Thornton(Hoover-Fresno)

Start Out Your 1975 Cross Country Season With a

HIGH ALTITUDE TRAINING CAMP AT CHINA PEAK

H.A.T.* Trick !

Train at the beautiful ski lodge on Huntington Lake ---- 68 miles east of Fresno at 7000 feet

You will be living and running with:

BILL RODGERS: 1975 Boston Marathon winner
JEFF GALLOWAY: 1972 Olympic Team
RON WAYNE: 1974 AAU Marathon Champion
DON RIGGS: San Jose State track & cross country coach
MARC SCHILLING: Second, 1975 NCAA mile run
BOB FRIES: Fresno City College track & cross country coach
DR. JEFF STONE: Sports Medicine
IAN JACKSON: *Runner's World* running guru

Sunday, August 24, through Saturday, August 30

COST: \$90.00 includes full lodging and all meals.

OLYMPIC FILMS	TRAINING SEMINARS	INDIVIDUAL COACHING
ROAD RACE		T-SHIRTS

SPONSORS: McDonald Restaurants of Fresno & Clovis, Herb Bauer Sports, and National Raisin Co.

* = High Altitude Training

FOR BROCHURE & APPLICATION: write China Peak Training Camp, #2932 N. Fresno St., Fresno, CA 93703

LONG JUMP

24-9w *Stan Webster(Garey-Pom)23-1
 24-8½ *Paul Wilson(Fontana)#1
 24-7 ¾ Joel Andrews(West-Bak)#4
 24-6½w *Larry Doubley(Lennox-Ing)24-5½
 24-5½ Marcus Jennings(Ontario)#2
 24-5½w Don Finley(Cupertino)23-9½
 24-2 Steve Simpson(Banning-Wlmtn)6
 24-0w Hodges(Pomona)
 23-10 Larry Johnson-Wshgtn-Easton)
 23-10w Duane Pulliam(Skln-Oak)23-6½#3
 23-9½ Nathan Johnson(Seaside-Mcntry)
 23-7 Dave Harder(San Marin-Novato)
 23-6 3/4w Kelly(Poly-LB)23-0½
 23-6 Bryt Wilcox-Santa Clara)
 23-6 Master(Fremont-Sunnyhills)
 23-5½w Rich Bartoli(Hmst-Cuptno)23-3
 23-5½w Steve Zak(West-Torrance)
 23-4 3/4 Milk Chronister(Concord)
 23-4½ Edd Irons(Madera)
 23-4 Dwayne Joseph(Gardena)
 23-4 John Ferguson(Mered)
 23-3 3/4 R. Gaines(Kennedy-Rchmd)
 23-3½ *Vic Lancaster(Gardena)
 23-3½ Sanders(Muir-Pasadena)
 23-3½ Ink(Bret Hart-Angels Camp)
 23-3½w Don Tillman(Hunting. Pk)23-2½#5



CHIP BENSON
world triple jump age best



PAT HOWELL

42.2 Serramonte-Daly City
 42.2 Edison-Fresno
 42.2 Dorsey-Los Angeles
 42.2 Berkeley
 42.3 Mt. Pleasant-San Jose
 42.3 Hamilton-Los Angeles

ONE MILE RELAY

3:15.7 Harry Ells-Richmond#1
 3:16.7n Newport Harbor-Newport Bch#2
 3:16.9n Carson#3
 3:17.5 Kennedy-Richmond
 3:18.0 Fremont-Los Angeles
 3:18.5 Gardena
 3:18.6n Edison-Fresno
 3:18.7n Sacramento
 3:18.9 Muir-Pasadena#4
 3:19.0 Foothill-Bakersfield
 3:19.0n West-Bakersfield
 3:19.2 Serramonte-Daly C
 3:19.3 Washington-Los Anjles
 3:19.6 Mt. Pleasant-San Jose#5
 3:19.6 Los Alamitos
 3:19.7 Notre Dame-Sherman Oaks#6
 3:19.8 Belmont-Los Angeles
 3:19.9 San Mateo
 3:20.0 McClatchy-Sacramento
 3:20.3 Grant-Sacramento

24-¹₂w Don Finley(Cupertino) 25-9¹₂
 24-2 Steve Simpson(Banning-Wlmtn) 6
 24-Ow Hodges(Pomona)
 23-10 Larry Johnson(Wshgtn-Easton)
 23-10w Duane Fulliam(Skln-Oak) 23-6¹₂#3
 23-9¹₂ Nathan Johnson(Seaside-Mcntry)
 23-7 Dave Harter(San Marin-Novato)
 23-6 3/4w Mike Kelly(Poly-LB) 23-0¹₂
 23-6 Bryn Wilcox-Santa Clara)
 23-6 Master(Fremont-Sunnyhills)
 23-5¹₂w Rich Bartoli(Hmst-Cuptno) 23-3
 23-5¹₂w Steve Zak(West-Torrance)
 23-4 3/4 Mil Chronister(Concord)
 23-4¹₂ Eddie Lyons(Madera)
 23-4 Dwayne Joseph(Gardena)
 23-4 John Ferguson(Merced)
 23-3 3/4 R. Gaines(Kennedy-Rchmd)
 23-3¹₂* Vic Lancaster(Gardena)
 23-3¹₂ Sanders(Muir-Pasadena)
 23-3¹₂ Ink(Bret Hart-Angels Camp)
 23-3¹₂w Don Tillman(Hunting Pk) 23-2¹₂#5
 23-3 Gerald Halcomb(Richmond)



CHIP BENSON
world triple jump age best

59-6¹₂ Zibell(Pomona)
 59-5¹₂* Mark Malone(El Cajon)
 59-3 Obema(West-Torrance)
 59-2¹₂ Tuiasosopo(St.Anthony-LB)
 59-1¹₂ Hickey(Santa Monica)

TRIPLE JUMP

50-11 Dan Jackson(Oakland)#2
 49-8 Myrt Easley(Woodside-SJ)#3
 49-7 Gerald Holcomb(Richmond)#5
 49-5 3/4w Jr.Rojas(Overflt-SJ) 49-0¹₂
 49-3 Mike Dobbins(Merced)#1
 49-0¹₂ Gerald Steward(Seaside-Montry)
 48-5 Jeff Clingman(Warren-Dowmey)#4
 48-5 **Chip Benson*Lutheran-LA)
 48-4 3/4 Pete Moreno(Lick-SJ)
 48-4¹₂ Larry Jackson(American-Frmt)
 48-2 3/4w Matt Rice(Pittsburg) 47-3
 48-1 Don Finley(Cupertino)
 48-0 Utley
 47-11¹₂ Hayes(Riordan-SF)
 47-1¹₂* Steve Smith(Foothill-Bak)
 46-11¹₂ Todd Kaberline(Workman-Indstry)
 46-11 A.Richardson(NorteDelRio-Sacto)
 46-8¹₂ **Willie Alexander(Rsvlt-Fresno)
 46-8 Gary James(Linccln-SD)
 46-7¹₂ Kent Namikas(Glendora)
 46-6 3/4 Mike Cook(NorteDelRio-Sacto)
 46-5 Tom Hassey(Fairfield)



PAT HOWELL

3:15.7 Harry Ellis-Richmond#1
 3:16.7n Newport Harbor-Newport Bch#2
 3:16.9n Carson#3
 3:17.5 Kennedy-Richmond
 3:18.0 Fremont-Los Angeles
 3:18.5 Gardena
 3:18.6n Edison-Fresno
 3:18.7n Sacramento
 3:18.9 Muir-Pasadena#4
 3:19.0 Foothill-Bakersfield
 3:19.0n West-Bakersfield
 3:19.2 Serramonte-Daly City
 3:19.3 Washington-Los Angeles
 3:19.6 Mt. Pleasant-San Jose#5
 3:19.6 Los Alamitos
 3:19.7 Notre Dame-Sherman Oaks#6
 3:19.8 Belmont-Los Angeles
 3:19.9 San Mateo
 3:20.0 McClatchy-Sacramento
 3:20.3 Grant-Sacramento

DISCUS

184-5 Pat Howell(Fresno)#2
 181-6 *Mark Malone(El Cajon)
 179-2 Gary Bersano(Los Gatos)#3
 178-6 Rich Stewart(LaQuinta-Wstmstr)
 178-3 Dave Fuller(Hart-Newhall)
 177-5 B.Perry(Fremont-Sunnyhills)
 177-0 Mark Baughman(Katella-Anaheim)
 176-10 Horn(Cupertino)
 175-10 Mark Tinsley(NvdaCty-GrassVly)#4
 175-10 Dean Singleton(Irvington-Frent)
 175-6 Dave Kurrasch(Newport Harbor)
 175-6 Anderson(Santana-Santee)
 175-4 Craig Watkins(Mitty-SJ)#6
 175-2 David Kaser(Hoover-Fresno)
 174-3 Mike Alberg(Lodi)#1
 173-9 Scott Endler(Bullard-Fresno)
 173-1 Eilenberg(Costa Mesa)
 172-5 Rick Johnson(Mayfair)
 171-11 Winter(Yuba City)
 171-8 *Matt McNaughton(Hoover-Frsno)#5
 170-5 Corbett(El Dorado)
 170-4 Kris Lettow(Helix-La Mesa).

SHOT PUT

68-5 Dave Kurrasch(Newport Hbr)#1
 65-0 Dave Laut(Santa Clara)#2
 65-1 Brad Vasser(Sonora)#3
 64-10¹₂ Brad Slindard(St.Paul-SFeSps)#4
 63-7 Rod Horn(Hoover-Fresno)#5
 63-2¹₂ Mark Madison(LB Poly)#6
 61-9¹₂ Steve Montgomery(Susvle-Lassen)
 61-5 John McKenzie(Hart-Newhall)
 61-2¹₂ Tony Williams(Rosvlt-Fresno)
 60-7¹₂ Odoms(Dos Pueblos-Goleta)
 60-6¹₂ Dills(Redlands)
 60-4¹₂ Mike Stableton(Pacifica)
 60-4¹₂ Gary Bersano(Los Gatos)
 60-2 3/4 Conrad Jepson(Wash.-Fremt)
 59-11¹₂ Ch.Narramore(Miraloma-Sacto)
 59-11¹₂ Rossini(St.Francis-Mt.View)

440 RELAY

41.1 Harry Ells-Richmond#1
 41.3 Wilson-San Francisco
 41.4n Pasadena#2
 41.4 Compton#3
 41.5 Crawford-San Diego
 41.6 Woodside-San Jose
 41.8n Kearny-San Diego#5
 41.8n Muir-Pasadena
 41.8n Kennedy-Barstow#4
 41.9n Kennedy-Richmond
 41.9n Poly-Long Beach
 41.9n San Fernando
 42.0n Monroe-Los Angeles
 42.0n Fremont-Los Angeles



ERIC HULST leads RALPH SERNA in the California State High School 2 mile.
photo by Diane Johnson

TOP MARKS 1975 COLLEGE - OPEN

100 YARD DASH

9.1 Williams (Sports International)
 9.2 Quarrie (Beverly Hills Striders)
 9.3 Gilkes (USC)
 9.3 Edwards (Cal Poly-SLO)
 9.4 Abrahams (USC)
 9.4 Fletcher (Cal State Northridge)
 9.4 Whitaker (San Jose State) 9.3w
 9.5 R. Williams (USC) 9.3w
 9.5 Clark (Hayward State) 9.4w
 9.5 Jenkins (Boise State) 9.3w
 9.5 Hicks (Washington)
 9.5 Deckard (Unatt)
 9.5 Nash (Unatt)
 9.5 V. Brown (Cal State Northridge)
 9.5 Wilson (UCLA)
 9.5 Johnson (UCLA)
 9.5 Lutz (Pacific Coast Club) 9.3w
 9.5 Bush (UCLA) 9.4w
 9.5 Singletary (So. Cal. College)
 9.5 Simmons (USC)
 9.6 Strickland (Cal-Berkeley) 9.5w
 9.6 Wilmoth (UCLA) 9.4w
 9.6 Small (Fullerton State)
 9.6 Watson (San Jose State) 9.5w
 9.6 Williams (San Diego State)
 9.6 Smiley (San Jose State)
 9.6 J. Rohrig (Chapman)
 9.6 Walker (Cal-Berkeley) 9.5w
 9.6 McCullough (Arizona State)
 9.6 Sumpter (Cal Poly-SLO) 9.5w
 9.6 Williams (Long Beach State) 9.5w
 9.6 Ellis (San Jose State) 9.5w
 9.6 Royston (UC Irvine)
 9.6 Williams (UC Irvine)
 9.6 Kirtman (Washington) 9.5w

220 YARD DASH

19.9 Quarrie (Beverly Hills Striders)
 19.9 Williams (Sports International)
 20.4 Gilkes (USC)
 20.5 Whitaker (San Jose State) 20.4w
 20.5 Randle (USC)
 20.5 Bro (UCLA)
 20.7 Edwards (Cal Poly-SLO) 20.3w
 20.7 Lutz (Pacific Coast Club)
 20.9 Hicks (Washington)
 20.9 Wal (Cal-Berkeley) 20.7w
 21.0 Dec (Unatt)
 20.9m Drive (All American TC)
 21.0 Williams (San Diego State)
 21.1 Pettus (Bay Area Striders) 20.6w
 21.1 McCullough (Arizona State) 20.5w
 21.1 Simmons (USC)
 21.0m Wilson (Army)

21.2 Smiley (San Jose State) 20.9w
 21.2 Harris (Cal Poly-Pomona)
 21.2 Abrahams (USC) 21.1w
 21.2 V. Brown (Cal State Northridge)
 21.3 Shorts (Long Beach State)
 21.3 Jenkins (Boise State)
 21.3 Benson (Kansas)
 21.3 Peppars (UCLA) 21.2w
 21.3 Campbell (Fresno State)

440 YARD DASH

45.1 Randle (USC)
 45.2 Brown (UCLA)
 45.9 Hicks (Washington)
 46.1 Bolding (Pacific Coast Club)
 46.2 Parks (Beverly Hills Striders)
 46.2 Redd (Mickey's Missiles)
 46.2 Shorts (Long Beach State)
 46.4 Farmer (Pitt)
 46.6 Benson (Kansas)
 46.6 Casselman (Pacific Coast Club)
 46.7 Robinson (Cal-Berkeley)
 46.8 Schultz (Pacific Coast Club)
 46.8 Campbell (USC)
 46.9 Campbell (Fresno State)
 46.9 W. Smith (Kansas)
 47.0 Singletary (So. Cal. College)
 47.0 Whitaker (San Jose State)
 47.0 Prestad (So. Cal College)
 47.2 Andrews (USC)
 47.2 McCullough (Arizona St) 46.6m
 47.3 Lutz (Pacific Coast Club)
 47.3 Grasha (Cal-Berkeley)
 47.3 Driver (Am. Ave. TC) 46.7m
 47.4 Connors (USC)
 47.4 H. Brown (Beverly Hills Strid)
 47.5 Byrd (Cal Poly-SLO)
 47.5 Williams (San Diego State)
 47.5 Gold (Cal Poly-SLO)

880 YARD RUN

1:47.0 Baxter (Santa Monica TC)
 1:47.8 Beaton (USC)
 1:49.1 Robinson (Cal-Berkeley)
 1:49.5 Bryan (Fullerton State)
 1:49.5 Venev (UCLA)
 1:49.6 Morgan (Cal-Berkeley)
 1:49.8 Scott (Washington State)
 1:49.9 Tarn (Redlands)
 1:50.0 Zuck (Beverly Hills Striders)
 1:50.2 Kern (USC)
 1:50.4 C. Beck (UCLA)

1:50.6 Huffman (San Diego State)
 1:50.8 Schilling (San Jose State)
 1:50.9 Gilmore (UCLA)
 1:51.0 Cleary (Occidental)
 1:51.2 Robinson (Santa Monica TC)
 1:51.6 Cummings (BYU)
 1:51.7 Haniger (San Jose State)
 1:51.8 Hockenberry (Boise State)
 1:51.9 Johnson (USC)
 1:52.1 Prestad (So. Cal. College)
 1:52.3 Cox (Fresno Pacific)
 1:52.3 Kasser (San Jose State)
 1:52.4 Scheible (Stanford)
 1:52.5 Mijaris (Sacramento State)
 1:52.6 Bay (Cal-Berkeley)
 1:52.6 Heinzen (UCLA)

ONE MILE RUN

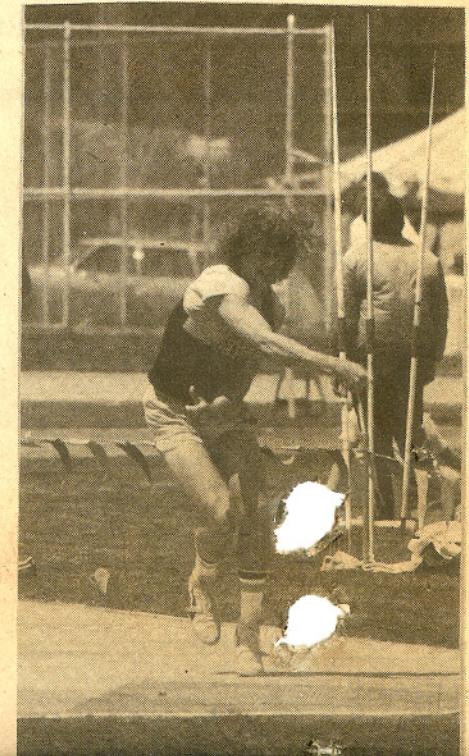
3:59.3 Hilton (Pacific Coast Club)
 3:59.3 Cummings (BYU) 3:59.6 indoor
 3:59.3 Schilling (San Jose State)
 4:00.1 Rose (Pacific Coast Club)
 4:00.2 Babiracki (San Fernando V TC)
 4:01.7 Beck (UCLA)
 4:02.0 Zuck (Beverly Hills Striders)
 4:03.7 Krause (San Jose State)
 4:04.4 Robinson (San Diego State)
 4:04.6 Sandoval (Stanford)
 4:05.4 Williams (Oregon)
 4:05.8 Gilmore (UCLA)
 4:06.0 Beaton (USC)
 4:06.4 Phelps (Long Beach State)
 4:06.6 Nahirney (San Jose State)
 4:06.6 Whalen (Fullerton State)
 4:07.6 Innes (UCLA)
 4:07.7 Armstrong (Pomona-Pitzer)
 4:07.7 Hazard (San Diego State)
 4:08.0 Reilly (USC)
 4:08.1 Mosher (Beverly Hills Stred)
 4:08.2 Mendoza (Arizona)
 4:08.2 Arriola (Arizona)
 4:08.3 Amaya (Oregon State)
 4:08.8 Scott (UC Irvine)
 4:08.9 Jameson (Occidental)
 4:09.0 Browning (Occidental)
 4:09.0 Steiner (Unatt)
 4:09.1 Dyer (Long Beach State)

TWO MILE RUN

8:42.0 Babiracki (San Fernando V TC)
 8:42.0 Halberstadt (Pacific Coast Cl)
 8:45.6 Stewart (West Valley TC)
 8:47.0 Harper (Jamul Toads)
 8:50.0 Williams (Oregon) 8:45.2 indoor
 8:51.0 Mendoza (Arizona) 8:33.2 indoor

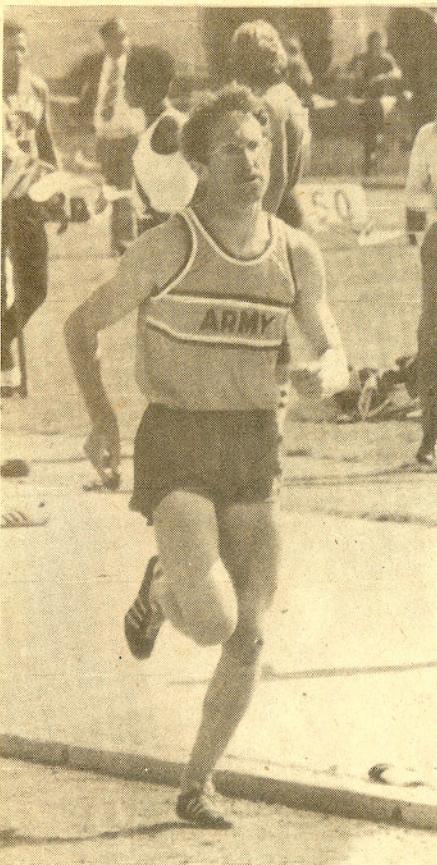
SIX MILE RUN

27:56.8 Tuttle (Beverly Hills Str)
 27:58.8 Garcia (Army)
 28:28.2 Fredricksson (US Internat)
 28:28.4 Nuccio (West Valley TC)
 28:33.6 Chaidez (Cal State Northridge)
 28:41.0 Pryor (Unatt)
 28:43.2 Sandoval (Stanford)
 28:48.6 Schankel (Cal Poly-SLO)
 28:56.0 Maxwell (Cal-Berkeley)
 29:00.2 Gruber (San Jose State)
 29:01.4 Sheehan (UC Davis)
 29:03.4 Clark (West Valley TC)
 29:05.2 Williams (Oregon)
 29:05.6 Elias (Humboldt State)
 29:06.4 Yeo (UC Davis)
 29:16.8 Gerry (Unatt)
 29:19.0 Smith (San Fernando V TC)
 29:19.6 Garcia (Washington State)
 29:19.8 Young (LA State)

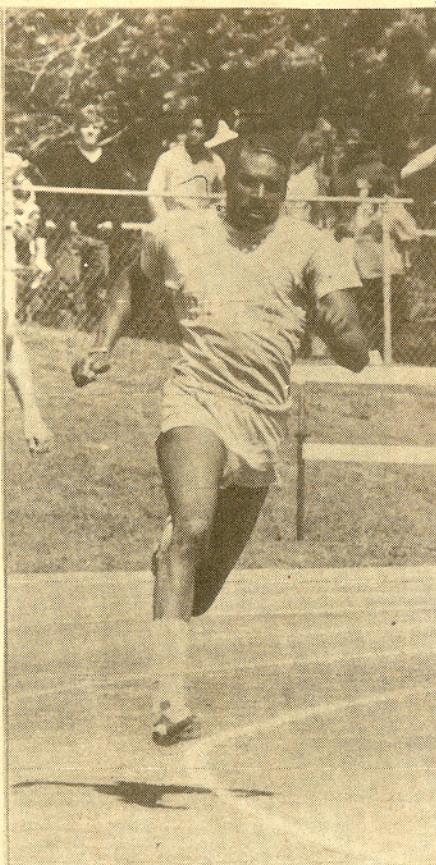


220 YARD DASH

19.9 Quarrie (Beverly Hills Striders)
 19.9 Williams (Sports International)
 20.4 Gilkes (USC)
 20.5 Whitaker (San Jose State) 20.4w
 20.5 Randal (USC)
 20.5 Bro (UCLA)
 20.7 Edwa (Cal Poly-SLO) 20.3w
 20.7 Lut (Pacific Coast Club)
 20.9 Hicks (Washington)
 20.9 Wall (Cal-Berkeley) 20.7w
 21.0 Dec (Unatt)
 20.9m Drive (All American TC)
 21.0 Williams (San Diego State)
 21.1 Pettus (Bay Area Striders) 20.6w
 21.1 McCullough (Arizona State) 20.5w
 21.1 Simmons (USC)
 21.0m Wilson (Army)

**GEORGE STEWART****47.5 Gold (Cal Poly-SLO)****880 YARD RUN**

1:47.0 Baxter (Santa Monica TC)
 1:47.8 Beaton (USC)
 1:49.1 Robinson (Cal-Berkeley)
 1:49.5 Bryan (Fullerton State)
 1:49.5 Veney (UCLA)
 1:49.6 Morgan (Cal-Berkeley)
 1:49.8 Scott (Washington State)
 1:49.9 Tarn (Redlands)
 1:50.0 Zuck (Beverly Hills Striders)
 1:50.2 Kern (USC)
 1:50.4 C. Beck (UCLA)

**BENNY BROWN**

4:08.1 Mosner (Beverly Hills Striders)
 4:08.2 Mendoza (Arizona)
 4:08.2 Arriola (Arizona)
 4:08.3 Amaya (Oregon State)
 4:08.3 Scott (UC Irvine)
 4:08.9 Jameson (Occidental)
 4:09.0 Browning (Occidental)
 4:09.0 Steiner (Unatt)
 4:09.1 Dyer (Long Beach State)

TWO MILE RUN

8:42.0 Babiracki (San Fernando V TC)
 8:42.0 Halberstadt (Pacific Coast Cl)
 8:45.5 Stewart (West Valley TC)
 8:47.0 Harper (Jamul Toads)
 8:50.0 Williams (Oregon) 8:45.2 indoor
 8:51.0 Mendoza (Arizona) 8:35.2 indoor
 8:51.8 Sweeney (Long Beach State)
 8:51.8 Krause (San Jose State)
 8:52.0 Nitti (UCLA)
 8:53.0 Innes (UCLA)
 8:53.6 Garcia (Army)
 8:53.6 Sandoval (Stanford)
 8:54.0 Schmuliewicz (Cal-Berkeley)
 8:54.4 Blume (Cal-Berkeley)
 8:55.0 Boswell (UCLA)
 8:56.0 McConnell (Stanford)
 8:56.4 Gruber (San Jose State)
 8:56.8 Jameson (Occidental)
 8:57.0 Lux (Jamul Toads)
 8:57.2 Chaidez (Cal St Northridge)
 8:57.2 Taylor (Oregon)
 8:57.6 Wilson (Long Beach State)
 8:57.8 Genet (San Jose State)
 8:58.2 Bellah (Stanford)
 8:58.4 Rodriguez (Long Beach State)
 8:59.0 Dick (Long Beach State)
 8:59.8 Geiken (Stanford)

**KEITH GOLDIE**

29:27.0 Taylor (Oregon)
 29:27.8 Rodriguez (Long Beach State)
 29:32.0 Tollefson (Washington)
 29:34.6 Warrick (Cal Poly-SLO)
 29:45.8 Tillman (UC Irvine)
 29:54.4 Greer (Long Beach State)

THREE MILE RUN

13:06.4 Hilton (Pacific Coast Club)
 13:16.0 Halberstadt (Pacific Coast Cl)
 13:18.0 Babiracki (San Fernando V TC)
 13:23.0 Timm (Athletes in Action)
 13:28.8 Williams (Oregon)
 13:37.2 Taylor (Oregon)
 13:38.2 Lux (Jamul Toads)
 13:41.2 Grubbs (Colo St/WVTC)
 13:42.8 Schmuliewicz (Cal-Berkeley)
 13:44.2 Harper (Jamul Toads)
 13:44.8 Garcia (Army)
 13:45.4 Nitti (UCLA)
 13:45.8 Jameson (Occidental)
 13:46.4 Gruber (San Jose State)
 13:46.6 Ruffatto (Colorado)
 13:47.2 Blume (Cal-Berkeley)
 13:47.4 Krause (San Jose State)
 13:47.8 Maxwell (Cal-Berkeley)
 13:48.2 Schankel (Cal Poly-SLO)
 13:48.8 Genet (San Jose State)
 13:50.2 Simons (LA State)
 13:52.8 Garcia (Washington State)
 13:53.4 Cords (West Valley TC)
 13:53.6 Chaidez (Cal St Northridge)
 13:54.2 Armstrong (Pomona-Pitzer)
 13:56.4 Bellah (Stanford)
 13:57.0 Sandoval (Stanford)

3000 METER STEEPELCHASE

8:33.2 Timm (Athletes in Action)
 8:34.8 Lucas (West Valley TC)
 8:45.0 Darc (West Valley TC)
 8:55.0 Smith (San Fernando Valley TC)
 8:57.6 Luevano (UCLA)
 8:57.6 Amaya (Oregon State)
 8:59.4 Sweeney (Long Beach State)
 8:59.6 Anderson (Humboldt State)
 9:00.8 Fleet (Washington State)
 9:04.0 Schwietzer (UCSB)
 9:05.0 Hurst (San Jose State)
 9:05.6 Innes (UCLA)
 9:08.2 Milan (Hayward State)
 9:10.0 Phelan (Fresno State)
 9:10.0 Brown (Chico State)
 9:10.2 Sissier (Occidental)
 9:10.2 Bellah (Stanford)
 9:11.0 Krause (San Jose State)
 9:11.4 Geiken (Stanford)
 9:12.0 Haver (Athletes in Action)
 9:12.8 Anderson (Hayward State)
 9:13.4 Wester (Cal Lutheran)
 9:21.6 Young (UC Davis)
 9:23.4 Young (LA State)
 9:23.4 Davis (Cal-Berkeley)
 9:23.4 Large (Cal State Northridge)

120 YARD HIGH HURDLES

13.4 Wilson (Beverly Hills Striders)
 13.6 Carty (Bay Area Striders)
 13.6 Rich (Cal International)
 13.6 Jackson (UCLA) 13.3w
 13.6 Owens (UCLA)
 13.6 Hill (Army)
 13.7 Turner (Long Beach State)
 13.8 Johnson (USC) 13.6w
 13.8 Harris (Cal Poly-Pom)
 13.8 Florant (Cal-Berkeley) 13.7w
 13.8 Asdit (Athletes in Action)
 13.8 O. Williams (USC)
 13.8 Andrews (USC) 13.6w
 13.9 Austin (San Jose State)
 13.9 Jackson (Indiana)
 13.9 Walker (Arizona State)
 13.9 Foster (Stanford)
 14.0 Frierson (Cal Poly-Pom)
 14.0 Shaw (USC) 13.9w
 14.1 Gintner (Beverly Hills Striders)
 14.1 Liggins (Colorado)
 14.2 Hall (Cal State Northridge)
 14.2 Alexander (Cal-Berkeley) 14.0w
 14.2 Wheeler (San Diego State)
 14.3 Smith (Pomona-Pitzer)
 14.3 Bagshaw (Stanford)
 14.3 Royal (Long Beach State)
 14.3 Lanier (Army)
 14.3 Roublick (San Jose State)
 14.3 Rillera (LA State) 14.2w

7-2 Meisler (UCLA)
 7-2 Underwood (Beverly Hills Str)
 7-1 Winston (LA State)
 7-0¹ Heitchew (Long Beach State)
 7-0¹ Phillips (Chapman)
 7-0¹ Haber (Hayward State)
 7-0 Richardson (Fresno State)
 7-0 Joseph (All American TC)
 7-0 Owens (Jamul Toads)
 7-0 Miles (Long Beach State)
 7-0 Friday (Hayward State)
 6-11 Haynes (LA State)
 6-11 Gordon (Cal Poly-SLO)
 6-11 Chambers (Cal St Northridge)
 6-11 Madau (Fullerton State)
 6-10¹ Schieffer (Cal Poly-Pom)

POLE VAULT

18-1 Dias (Beverly Hills Striders)
 18-1 Ripley (San Jose State)
 17-10 Tully (UCLA)
 17-8¹ Baird (Long Beach St) 17-9ind
 17-8¹ Mooers (UCLA)
 17-7¹ Rogers (USC)
 17-5¹ DiStanislao (USC)
 17-1¹ Weidig (Beverly Hills Str)
 17-1 Richards (Pacific Coast Club)
 17-0 Miguel (Beverly Hills Str)
 17-0 Jessee (Macabi TC)
 16-9 Martin (San Jose State)

56-6¹ Weeks (San Jose State)
 56-6 Voorhees (Oregon)
 56-5¹ Mannon (Cal-Berkeley)
 56-1 Arcara (Unatt)
 55-10 3/4 Frugaglietti (USC)
 55-6 Davis (West Valley TC)
 55-5¹ Giroux (Fresno State)
 55-5¹ DeSoto (Sacramento State)
 55-3¹ David (Boise State)
 55-2¹ Murray (Washington State)
 54-1 McCollum (Bay Area Striders)

LONG JUMP

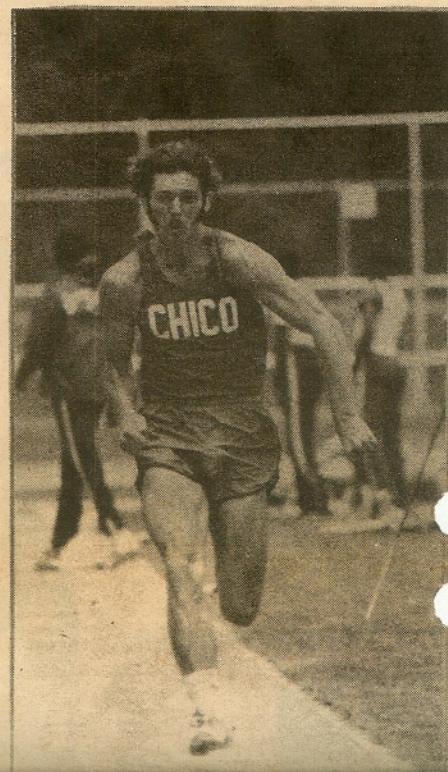
27-2¹ Robinson (Mickey's) 27-4 3/4w
 26-4¹ Williams (USC)
 26-3 Haynes (Army) 26-6¹w
 26-2¹ Whitley (Cal Int) 26-6¹w
 26-2¹ Moore (Mickey's M) 26-4¹w indoor
 25-11¹ Banks (UCLA) 26-2¹w
 25-8¹ Hardeman (USC)
 25-8 Davis (San Jose St) 25-9w
 25-3 3/4 Jackson (Beverly Hills Str)
 25-3¹ Lofton (Stanford)
 25-3 Jones (Boise State)
 25-2¹ Herndon (UCLA) 25-5¹w
 25-1 Huey (San Jose State)
 24-11¹ Carter (San Jose St) 25-0¹w
 24-11¹ Kotinek (UCLA) 25-5¹w

DISCUS

226-8 Powell (San Jose Stars)
 205-4 Stadel (SJ Stars) 208-10exhib.
 198-2 Ordway (Pacific Coast Club)
 195-3 Gardner (Long Beach State)
 195-1 Louisiana (Army)
 194-6 Frugaglietti (USC)
 194-2 McCollum (Bay Area Striders)
 191-8 Voorhees (Oregon)
 190-10 Elder (USC)
 190-6 Gordon (Unatt)
 186-6 Kennedy (San Jose Stars)
 186-4 Gunther (UCLA)
 183-6 Penrose (San Jose Stars)
 183-1 Weber (Pacific Coast Club)
 181-6 Nave (West Valley TC)
 181-4 Burton (Oregon)
 180-1 Davis (West Valley TC)
 180-0 Keshmiri (Unatt)
 180-0 Lister (Beverly Hills Str)
 179-2 Howard (Westmont)
 178-10 Overton (Cal-Berkeley)
 177-1 Albright (Cal St Northridge)
 176-2 Harvey (UCLA)
 176-0 Weeks (San Jose State)
 175-8 Owens (USC)
 175-4 Frankiewicz (Chico State)

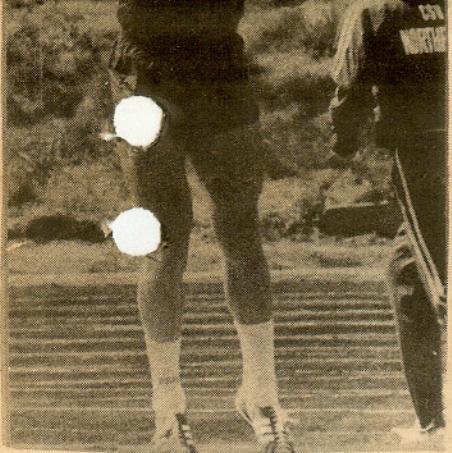
JAVELIN

268-1 Wallis (Army)
 258-11 Schmidt (Pacific Coast Club)
 257-1 Kennedy (Beverly Hills Str)
 255-5 Pearce (Beverly Hills Str)
 250-2 Goldie (Long Beach State)
 249-5 Stuart (Beverly Hills Str)
 244-6 Parker (San Francisco State)
 241-4 Carpenter (Occidental)
 239-8 Orell (Pomona-Pitzer)
 234-6 Krough (San Jose State)
 232-2 Healy (Cal State Northridge)
 229-8 Omphrey (Beverly Hills Str)
 226-10 Kotinek (UCLA)
 226-1 Nix (Fresno State)
 225-9 Feeney (Unatt)
 224-6 Dixon (Beverly Hills Str)
 223-3 Houston (Unatt)
 222-0 Zotovich (Long Beach State)
 220-4 Ryan (Cal-Berkeley)
 219-11 O'Connor (Cal Poly Pom)
 217-8 Lopez (Cal Lutheran)
 216-10 Helsby (USC)
 216-1 Neilson (Fresno State)
 216-0 Ladd (Chico State)
 215-8 Tosti (UCLA)



HAMMER THROW

221-7 Hart (NYAC)
 221-4 Frenn (Beverly Hills Striders)
 217-4 Diehl (Army)
 212-11 Schuff (Army)
 209-9 Arcara (Beverly Hills Str)
 207-7 Casey (Unatt)
 205-2 Giroux (Fresno State)
 205-0 Murray (Washington State)
 195-2



STEVE ALBRIGHT



STAN URMANN



DON BAIRD

440 YARD INTERMEDIATES

49.0	Bolding (Pacific Coast) 48.6m
49.4	Mann (Beverly Hills Str) 48.7m
49.2m	King (Mickey's Missiles)
49.9	Walker (Arizona State)
50.0	Williams (Mickey's Missiles)
50.2	Andrews (USC)
49.9m	Cassleman (Pacific Coast Club)
50.8	Wheeler (San Diego State)
50.9	Cheadle (UC Irvine)
51.0	Graybehl (USC)
51.0	Taylor (Occidental) 50.6m
51.2	Odel (Occidental) 50.9m
51.3	Guererro (UCLA)
51.5	Ewing (Beverly Hills) 50.8m
51.7	Butler (Bay Area Striders)
51.7	Ables (San Diego State)
51.8	Hogsett (Stanford)
51.8	Gittins (Beverly Hills Str)
51.9	Heitman (US International)
52.0	Mills (UCLA) 51.6m
52.0	Joyner (Cal Poly-Pom)
52.0	Wyatt (San Jose State)
52.2	M. Johnson (USC)
52.2	Ginther (Beverly Hills Str)
52.4	Lowe (Fresno State)
52.4	Fullerton (Cal-Berkeley)

HIGH JUMP

7-5½	Woods (Pacific Coast Club)
7-5	Stones (Pacific Coast) 7-5 3/4i
7-4	Kotinek (UCLA)
7-3	Livers (San Jose State)
7-2½	Wilson (Oregon State)
7-2	Brown (All American TC)
7-2	Causey (Unatt)
7-2	Frazier (Cal State Northridge)

16-9	Carrigan (Pacific Coast Club)
16-8	Kearns (Fresno State)
16-8	Haagen (Cal Poly-SLO)
16-7½	Johnson (San Jose State)
16-7	Curran (UCLA)
16-6	Pullard (All American TC)
16-6	Slover (Beverly Hills Str)
16-4	Richards (Long Beach State)
16-4	Drew (Cal-Berkeley)
16-4	Sabatino (UC Irvine)
16-0	Aldrich (Fresno State)
16-0	Hayes (USC)
16-0	Hamer (Unatt)
16-0	Flint (Stanford)
16-0	Hintz (Cal-Berkeley)
16-0	Robinson (Fullerton State)
16-0	Kwan (USC)
16-0	Sauck (Matador TC)
16-0	Kegan (Cal Poly-Pom)
16-0	Henderson (Occidental)
16-0	Goto (UC Irvine)

SHOT PUT

69-8½	Feuerbach (Pacific Coast Cl)
68-1	Albritton (Hawaii)
	Woods (Pacific Coast) 67-0½ind
65-10	3/4 Schmock (Beverly Hills Str)
65-1½	Neidhart (Unatt)
62-10½	Doupe (Cornell)
61-10	Pagel (UCLA)
61-7½	Budinchich (USC)
60-11½	Semkiw (Unatt)
60-3½	Winchester (Arizona State)
59-7	Turri (So. Cal. College)
59-7	Shelton (Oregon State)
59-6½	Marks (Pacific Coast Club)
59-4½	Albright (Cal State Northridge)
58-7½	Adams (Indiana)

217-8	Lopez (Cal Lutheren)
216-10	Helsby (USC)
216-1	Neilson (Fresno State)
216-0	Ladd (Chico State)
215-8	Tosti (UCLA)

HAMMER THROW

221-7	Hart (NYAC)
221-4	Frenn (Beverly Hills Striders)
217-4	Diehl (Army)
212-11	Schuff (Army)
209-9	Arcara (Beverly Hills Str)
207-7	Casey (Unatt)
205-2	Giroux (Fresno State)
205-0	Galle (USAFAF)
195-2	Murray (Washington State)
193-4	Connolly (Unatt)
187-10	McCollum (Bay Area Striders)
186-6	Sorenson (Fresno State)
184-8	Blankenship (Hayward State)
182-1	Congi (San Jose State)
180-9	Dyer (Hayward State)
171-5	Seratino (Hayward State)
167-9	Coffman (Fullerton State)
165-3	Burton (Oregon)
164-10	Miller (So. Cal. College)
162-2	Brown (Biola)
161-8	Shank (Westmont)
156-6	Venegas (Cal State Northridge)
154-0	Sawyer (Hayward State)
153-7	Szelli (San Francisco State)
153-3	Beeler (Unatt)
151-8	Lanier (Azusa Pacific)

440 RELAY

39.0	USC
39.3	Cal-Berkeley
39.5	UCLA
39.6	Beverly Hills Striders
40.1	Bay Area Striders
40.1	Southern Cal TC
40.2	Cal State Northridge
40.3	San Jose State
40.3	Long Beach State
40.7	Pacific Coast Club
40.8	All American TC
40.8	Stanford
40.8	Mickey's Missiles
40.9	Cal Poly-San Luis Obispo
40.9	Cal Poly-Pomona
41.1	Sacramento State
41.1	San Diego State
41.2	Fullerton State
41.4	Los Angeles State
41.4	UC Irvine
41.6	Occidental
41.7	Hayward State
42.0	Chapman
42.1	Fresno State

MORE...

880 RELAY

1:23.1 Cal-Berkeley
 1:23.2 Mickey's Missiles
 1:23.8 USC
 1:25.2 All American TC
 1:26.0 Stanford
 1:26.2 San Diego State
 1:26.6 Cal Poly San Luis Obispo
 1:26.9 Cal Poly Pomona
 1:27.0 Cal State Northridge
 1:27.9 Cal State Northridge
 1:28.0 Fresno State
 1:28.0 Bay Area Striders
 1:28.4 San Jose State
 1:28.7 UC Irvine
 1:28.8 Sacramento State
 1:28.9 West Valley Track Club
 1:29.0 Fullerton State

MILE RELAY

3:05.1 Pacific Coast Club
 3:05.6 Cal Berkeley
 3:05.8 Beverly Hills Striders
 3:06.3 USC
 3:08.0 Mickey's Missiles
 3:08.8 Occidental
 3:09.3 UCLA
 3:10.0 Cal Poly-San Luis Obispo
 3:11.2 Berkeley Track Club
 3:12.0 San Diego State
 3:12.6 Long Beach State
 3:12.6 Fresno State
 3:13.0 Stanford
 3:13.8 Bay Area Striders
 3:13.8 San Jose State
 3:14.1 UC Irvine
 3:14.6 Fullerton State
 3:15.0 Sacramento State
 3:15.4 Bay Area High Sch. All Stars
 3:15.7 San Francisco State
 3:16.2 United States International
 3:16.5 Cal Poly-Pomona
 3:17.0 Cal State Northridge
 3:18.0 UC Davis
 3:18.2 Cal State Bakersfield
 3:18.7 Chico State

TWO MILE RELAY

7:32.0 USC
 7:33.6 San Diego State
 7:40.4 Fullerton State
 7:42.4 Occidental
 7:43.4 UC Irvine
 7:44.4 Stanford
 7:48.8 UC Davis
 7:49.6 Fresno Pacific
 7:50.0 West Valley TC
 7:50.0 Los Angeles State
 7:51.7 Hayward State
 7:53.5 United States International
 7:54.7 Pomona-Pitzer

DISTANCE MEDLEY RELAY

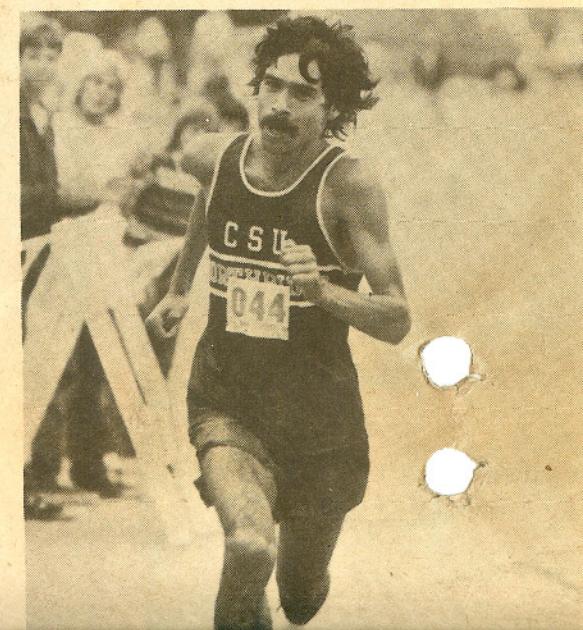
9:50.6 USC
 9:51.0 UC Irvine
 9:52.8 San Diego State
 9:54.4 San Fernando Valley TC
 9:55.6 Long Beach State
 10:02.0 Occidental
 10:03.2 Cal-Berkeley
 10:03.4 Stanford
 10:03.6 Cal State Northridge
 10:04.4 Chico State
 10:04.8 Fullerton State
 10:05.0 American Avenue TC
 10:05.6 Pomona-Pitzer
 10:06.0 Southern Cal College
 10:06.4 Los Angeles State
 10:06.6 Fresno Pacific
 10:09.8 San Jose State
 10:13.2 West Valley TC
 10:14.0 UC Davis

SPRINT MEDLEY RELAY

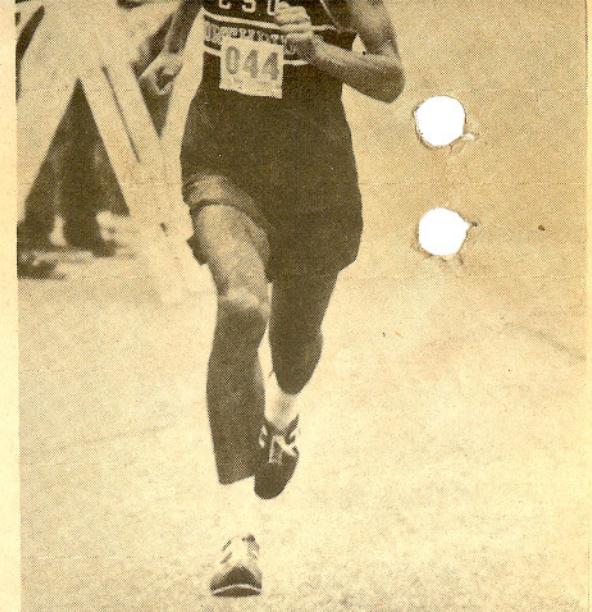
3:19.5 USC
 3:23.6 Sacramento State
 3:25.4 UC Irvine
 3:26.2 Los Angeles State
 3:27.5 Cal State Northridge
 3:27.9 Fullerton State
 3:28.8 Long Beach State
 3:29.6 Cal Poly Pomona
 3:31.1 San Francisco State
 3:31.5 Azusa Pacific



LARRY ROSE leads at the ½ mile point in the Meet of Champions mile run

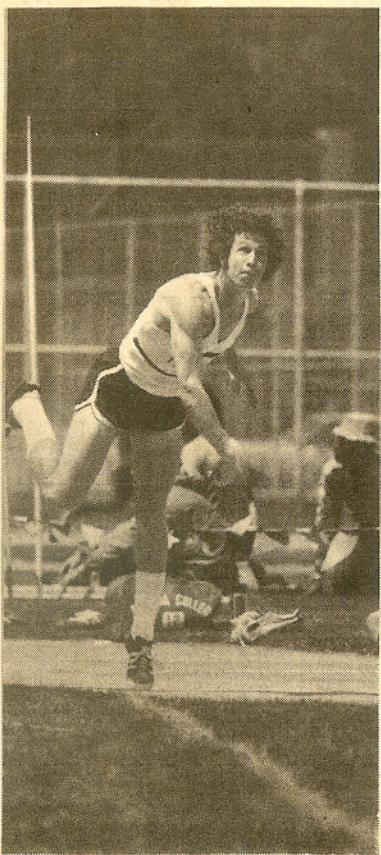


JAMES GILKES

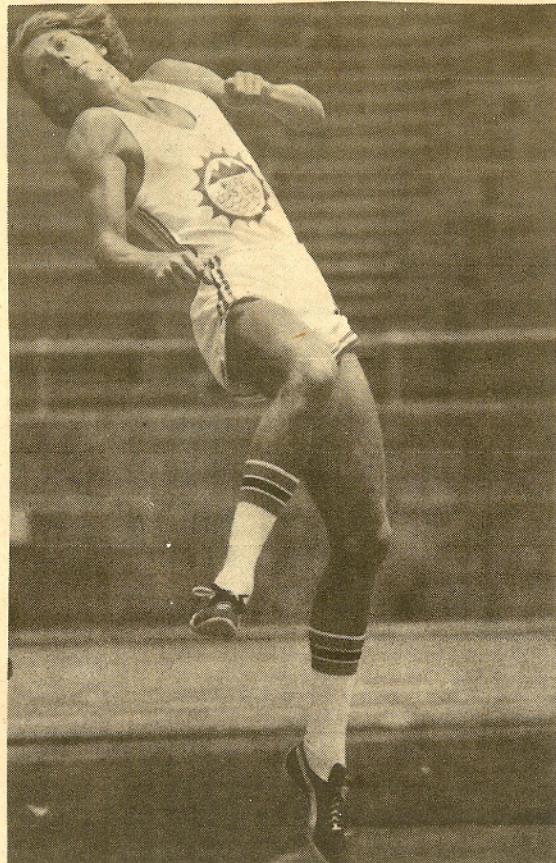


LARRY ROSE leads at the $\frac{1}{2}$ mile point in the Meet of Champions mile run

JAMES GILKES



BOB ORELL



DWIGHT STONES



JIM BOLDING

LTS..RESULTS..RESL

Fresno, May 3 -- Junior West Coast Relays

INTERMEDIATE GIRLS
100 Yard Dash: Mona Yates(Irwin) 11.1
220 Yard Dash: Roxanne Wright(Hamilton) 26.0
440 Yard Run: Karen Timmer(Irwin) 61.9
880 Yard Run: Theresa Fisher(Our Ldy of Vic) 2:30.6
One Mile Run: Isabel Jaramillo(Clark) 5:38.0
Long Jump: Paula Stevens(Coalinga) 17-9½
High Jump: Frankie Sconiers(West Park) 4-10
100 Meter Low Hurdles: Annette Wade(Sierra) 16.6

Discus: Lee Gann(Yosemite) 101-0
Shot Put: Elaine Baird(Wash Colony) 31-10½
440 Relay: Sierra 50.2

INTERMEDIATE BOYS
100 Yard Dash: Arthur Ireland(Irwin) 10.2
220 Yard Dash: Bill Glasson(Sierra) 23.6
440 Yard Dash: Neil Stockton(Ahwahnee) 53.5
880 Yard Run: Eric Little(Ahwahnee) 2:01.9
One Mile Run: Tony Lopez(McCabe) 4:45.3
Two Mile Run: Scott Thornton(Ahwahnee) 10:27.4

Long Jump: Anthony Hampton(Hamilton) 20-3 3/4
High Jump: Kelly O'Brian(Fairmont) 5-7
Triple Jump: Tyrone Portee(Clark) 39-3½
70 Yard High Hurdles: Brian Crisswell(Fort Miller) 9.6

120 Yard Low Hurdles: Randy Dobbs(Hamilton) 14.2
Discus: Wayne Penley(Grant) 120-6½
Shot Put: Lawrence Ramirez(Tosemite) 53-6
Pole Vault: Greg Palomino(Hamilton) 10-0
440 Relay: Irwin 46.2

/Joe Herzog/

Occidental College, May 3 -- SCIAC Championships

100-1. Brown (O), 9.9; 2. Edwards (O), 10.1. 220-1. Brown (O), 21.8; 2. Young (O), 22.0; 3. Woods (W), 22.0. 440-1. Young (O), 48.0; 2. Taylor (PP), 49.1. 880-1. Cleary

Claremont(Pomona College), May 3 -- Claremont Pentathlon

1. Jenny Stary(Claremont) 3023
16.8, 30-4½, 4-8 3/4, 16-3½, 28.0
2. Angela Wind(Ontario Christ.) 2952
3. Martha Wind(Ontario Christ.) 2672
4. Carla DeKiewit(Ont. Christ.) 2361
5. Ava Glenn(Rosemead) 2320

/Rich Ede/

May 3 -- San Jose Invitational.

100-1. S. Williams (unat, San Diego), 9.2 (4.75 m.p.h. aiding wind); 2. Edwards (CP SLO), 9.3; 3. Whitaker (San Jose St.), 9.3; 4. Payton (Bay Area Striders), 9.5. 220-1. S. Williams (unat, SD), 20.2 (6.7 m.p.h. aiding wind); 2. Edwards (CP SLO), 20.3; 3. Whitaker (SJS), 20.4; 4. Petrus (BAS), 20.6. 440-Schultz (Pacific Coast Club), 48.1. 880-Bolding (PCC), 1:55.8. MILE-Nahirney (SJS), 4:13.8. THREE MILE-1. Gruber (SJS), 13:46.4; 2. Krause (SJS), 13:47.4; 3. Schankel (CP SLO), 13:48.2; 4. Garcia (Athens TC), 13:51.0. SIX MILE—Clark (West Valley TC), 29:03.4. 120HH-1. Turner (Long Beach St.), 13.8; 2. Carty (BAS), 13.8; 3. Austin (SJS), 14.0. 440IH-1. Cassleman (PCC), 51.8; 2. Ewing (BHS), 52.9; Butler (BAS) 52.9.

440 RELAY—Pacific Coast Club, 41.1 MILE RELAY—Bay Aras Striders, 3:17.4. HJ—Friday (Hayward St.), 6-8. PV-1. Ripley (SJS), 17-0; 2. Miguel (Beverly Hills Striders), 16-6; 3. Martin (SJS), 16-6; 4. Haagen (CP SLO), 16-0. LJ—Haynes (U.S. Army), 26-4; 2. Davis (SJS), 25-9; 3. Carter (SJS), 25-0½; JT-1. Haynes (U.S. Army), 54-8½; 2. Livers (SJS), 53-1; 3. Butts (BHS), 53-5¾; 4. Terry (WVTC), 53-5½. SP-1. Feuerbach (PCC), 65-4½; 2. Walker (unat), 64-6; 3. Schmock (BHS), 63-3. DT-1. Powell (SJS), 18-7; 2. Wilkins (unat), 21-1; 3. Louisiana (U.S. Army), 195-1; 4. Staedel (unat), 19-1. JT-1. Pearce (BHS), 245-7; 2. Derwin (unat), 234-11; 3. Kennedy (BAS), 233-11. HT-1. Diehl (U.S. Army), 199-7; 2. Shuff (U.S. Army), 198-1. PENTATHLON-1. Jenner (unat), 3,387; 2. Samara (unat), 3,372.

WOMEN: 220—Byfield (Berkeley TC), 54.1. 880-1. Weston (Will's Spikes), 20:09; 2. Poor (SJ Cindergals), 9:08.9; 3. Larrieu (PCC), 2:10.1. DT-1. Martin (unat), 175-7; 2. Landford (unat), 172-1. JT-1. Cannon (Millbrae Lions), 180-2; 2. Sulinski (Millbrae Lions), 174-7; 3. Bowers (SJ Cindergals), 167-8.

/Ric Walker/

Valencia, May 3 -- Western States Conference Track & Field Championships, College of the Canyons

Men's Division

100: 1. County (SB) 9.6
2. Wedlow (Compton) 9.7
3. Pipersburg (SB) 9.8
220: 1. County (SB) 21.3
2. Wedlow (Compton) 21.8
3. Dright (West LA) 21.9
440: 1. McMillan (C) 49.0
2. Nelson 49.3
3. Foss (Glendale) 49.9
880: 1. Burns (Canyons) 1:55.8
2. Robinson (West LA) 1:56.3
3. Fierro (Moorpark) 1:57.4

Mile: 1. Burns (Canyons) 4:09.2
2. Thomas (Glendale) 4:11.1
3. Flint (Moorpark) 4:11.9
Three Mile: 1. Thomas (Glendale) 14:09.2
2. Castellanos 14:19.9
3. Esperza (Moorpark) 14:26.2
120 HH: 1. Steele (Glendale) 15.0
2. Sanchez (SB) 15.0
3. Jones (SB) 15.1
440H: 1. Steele (Glendale) 52.2
2. Swanson (Glendale) 54.3
3. Nomura (SB) 54.6

440 Relay: 1. Santa Barbara 41.3
2. Compton 41.5
3. LA Trade Tech 41.9
Mile Relay: 1. West LA 3:18.1
2. Glendale 3:19.4
3. LA Trade Tech 3:20.7

High Jump: 1. Le Rusch (Glendale) 6-10½
2. Smith (Ventura) 6-9
3. Churchill (Canyons) 6-7
Pole Vault: 1. Garcia (Glendale) 15-0
2. Robinson (TT) 15-0
3. Ferguson (Ventura) 14-6

Shot Put: 1. Iacopetti (Glendale) 52-4
2. Engle (Canyon) 50-11½
3. Craig (Moorpark) 48-8½
Discus: 1. Engle (Canyons) 161-7
2. Bostock (Noor) 142-8
3. Knab (Glendale) 141-9

Long Jump: 1. B. Smith (Ventura) 24-5½
2. Hollis (West LA) 23-9
3. Robinson (TT) 23-4½
Triple Jump: 1. McGee (TT) 48-2½
2. Smith (Ventura) 47-6 3/4
3. Robinson (TT) 46-4

High Jump: 1. Birt (USC) 5-6
2. Connors (SD) 4-10
3. Bellie (SD) 4-8
Long Jump: 1. McPhatter (SD) 17-3

Discus:

1. Morter (Ventura) 120-4
2. Dugre (A. Hancock) 111-5
3. Herron (Moorpark) 79-8
Long Jump:

1. Ison (Moorpark) 16-3
2. McElroy (A. Hancock) 16-2½
3. St. Amour (Canyons) 16-2½

Allan Hancock 103½, Ventura 100,

Moorpark, 99, Glendale 47½, College

of the Canyons 32, Santa Barbara 16

/Ran Kring/

San Luis Obispo, May 3 -- SCWIAC Championships, Cal Poly

100: 1. Scott (CSLA) 11.0
2. Biller (USC) 11.3
3. Benford (CPSLO) 11.4

220: 1. Birt (USC) 24.9
2. Scott (CSLA) 25.0
3. Butler (UCLA) 25.2

Three Mile: 1. Thomas (Glendale) 14:09.2
2. Castellanos 14:19.9
3. Esperza (Moorpark) 14:26.2

120 HH: 1. Steele (Glendale) 15.0
2. Sanchez (SB) 15.0
3. Jones (SB) 15.1

440H: 1. Steele (Glendale) 52.2
2. Swanson (Glendale) 54.3
3. Nomura (SB) 54.6

440 Relay: 1. Santa Barbara 41.3
2. Compton 41.5
3. LA Trade Tech 41.9

Two Mile: 1. Heinmiller (UCLA) 12:37.2
2. Kinsey (CSW) 12:38.8

3. Brown (UCLA) 13:02.5

100 Meter Hurdles: 1. Benford (CPSLO) 14.2
2. Crowder (UCLA) 14.7
3. Ahmad (USC) 15.1

400 Meter Hurdles: 1. Hopper (CSLA) 62.6
2. Crowder (UCLA) 65.2
3. Ahmad (USC) 66.3

440 Relay: 1. UCLA 49.9
2. USC 50.1
3. CSLA 50.9

880 Medley Relay: 1. USC 1:47.5
2. UCLA 1:49.2
3. San Diego State 1:53.5

Mile Relay: 1. UCLA 4:09.0
2. CPSLO 4:15.5
3. San Diego State 4:30.5

Long Jump: 1. Birt (USC) 5-6
2. Connors (SD) 4-10
3. Bellie (SD) 4-8

High Jump: 1. Birt (USC) 5-6
2. Connors (SD) 4-10
3. Bellie (SD) 4-8

Long Jump: 1. McPhatter (SD) 17-3

Claremont(Pomona College), May 4 -- SPA Womens Pentathlon:

1. Sandi Tyler(LL) 3717
14.7, 34-10 3/4, 5-5½, 17-1½, 27-6

14-15 Pentathlon:

1. Mary Rowell(SoS) 2743
17.9, 30-3 3/4, 4-8½, 14-11½, 29-4

12-13 Pentathlon:

1. Erin Pike(LATC) 3484
12.2, 30-0½, 5-1, 17-8 3/4, 27.6

10-11 Triathlon:

1. Tina Scott(SCC) 1468
13.5, 23-0½, 4-4½

9 & Under Triathlon:

1. Kim Tanable(BA) 1111
14.8, 105-10, 3-11½

SPA Women's 5000 Meter Walk:

1. Sue Brodock(RRR) 25:54.4
2. Linda Brodock(RRR) 27:51.0

3. Lisa Metheny (RRR) 28:22.6
4. Jane Janousek(SCC) 29:20.6

5. Karlene Wasko(RRR) 29:36.8

13 & Under 2 Mile Walk:

1. Vicki Carr(RRR) 17:29.2
2. Jessica Waskow(RRR) 17:42.2

3. Lynn Holmbeck(Patriots) 17:54.6

SPA Women's 5000 Meter Run:

1. Lee, Chiu-Shia(Redlands) 17:06.6
2. Jaqueline Hanson(SFWTC) 17:29.8

3. Susanne Keith(RRR) 17:55.8

13 & Under 2 Mile Run:

1. Donna Schanchez(RRR) 10:57.2
2. Becky Villalvazo(RRR) 11:03.8

3. Laurie Johnson(RRR) 11:19.0

/Rich Ede/

El Camino College, May 3 -- Metropolitan JC Conference.

100-1. Triplett (B), 9.8; 2. Gore (Pa); 9.9; 3. Whitmore (Pi), 10.1. 220

-1. Triplett (B), 21.8; 2. Whitmore (Pi), 22.1; 3. Gore (Pa), 22.2. 440-1. Peete (LB), 49.1; 2. Horbeck (EC), 49.6; 3. Greasham (B), 49.7. 880-1. Haynes (LB), 1:51.8; 2. Smith (Pi), 1:52.7; 3. Barry (Pi), 1:53.5. 1. Lagorio (Pi), 1:55.1. MILE-1. Lagorio (Pi), 4:14.2; 2. Nance (V), 4:14.8; 3. Martinez (Pi), 4:16.0; 4. Whitmore (V), 4:16.1; 5. Keeting (EC), 4:16.7; 5. Vasquez (V), 4:18.0.

THREE 1 MILES-1. Den (V), 14:04.2; 2. Anderson (L), 14:27.9; 3. Adams (V), 14:25.5; 4. Weiman (LB), 14:36.5; 5. Keeling (EC), 14:38.8; 6. Canchola (LB), 14:43.8.

120HH-1. Gaeta (B), 1. 2. Niederauer (PA), 14.7; 3. Mince (B), 15.3. 440IH-1. Neiderhaus (Pa), 52.2; 2. Gaeta (B), 55.0; 3. Cape (LB), 55.2.

440 RELAY-1. Bakersfield, 41.6; 2. Pasadena, 42.3; 3. El Camino, 42.4. MILE RELAY-1. Pasadena, 3:25.8; 2. Long Beach, 3:16.1; 3. Bakersfield, 3:18.5; 4. Pierce, 3:18.6. El Camino, 3:19.2.

Lawrence Ramirez (Tosemite) 53-6
 Pole Vault: Greg Palomino (Hamilton) 10-0
 440 Relay: Irwin 46.2
 /Joe Herzog/

Occidental College,
 May 3 -- SCIAC Championships

100--1. Brown (O), 9.9; 2. Edwards (O), 10.1. 220--1. Brown (O), 21.8; 2. Young (O), 22.0; 3. Woods (W), 22.0. 440--1. Young (O), 48.0; 2. Taylor (PP), 49.1. 880--1. Cleary (O), 1:54.0; 2. Tarn (R), 1:55.7. MILE--1. Armstrong (PP), 4:09.7; 2. Tarn (R), 4:14.9. THREE MILE --1. Armstrong (PP), 14:02.0; 2. Luce (PP), 14:05.8. 120HH--1. Smith (PP), 14.5; 2. Davis (O), 14.6; 440IH--1. Odell (O), 51.6; 2. Taylor (O), 52.5. 440 RELAY--1. Occidental, 42.1; 2. Whittier, 43.5. MILE RELAY--1. Occidental, 3:17.5; 2. Redlands, 3:24.4.

HJ--1. Douglas (PP), 6-2; 2. Robertson (O), 6-2. PV--Henderson (O), 16-0; 2. Mason (PP), 15-6; 3. Holte (O), 15-0. LJ--1. Knighten (O), 22-11 3/4; 2. Ung (L), 21-11 3/4. TJ--1. DeRoo (R), 44-10; 2. Ung (L), 44-6 1/2. SP--1. Menicucci (PP), 50.2; 2. Scott (O), 48-5 1/4. DT--1. Scott (O), 156-4; 2. Herbert (CT), 146-1. JT--1. Orell (PP), 238-1; 2. Jarvis (W), 202-9. HT--1. Hettelman (W), 104-9; 2. Lahr (W), 99-6. 3,000 METER STEEPLECHASE --1. Sweeney (O), 9:37.2; 2. Kryczko (O), 9:44.8.

TEAM SCORES—Occidental 128½, Pomona-Pitzer 77, Whittier 38½, Redlands 34, La Verne 10, Caltech 9, Claremont-Mudd 6.

/Ric Walker/

Garden Grove, May 3 -- Strawberry Trot, 10 Miles:

1. Harry Eylar 1:22:33
 2. Paul Skelly (Un) 1:22:48
 3. Jim Clampett (WVTC) 1:24:45
 4. Robert N. Jones (STC) 1:25:54
 5. Larry Schmit (Un) 1:26:37
 6. Tony Galovich (Un) 1:26:37
 7. Reid Pressley (Un) 1:26:47
 8. Gary Stansauk (Un) 1:26:57
 9. Michael Harrie (RRR) 1:27:34
 10. Walt Windsor (Un) 1:28:22
 11. Larry Nicholl (STC) 1:29:15
 12. Julius Karabel (STC) 1:29:26
 13. James Bole (STC) 1:29:31
 14. Brian Stansauk (SFVT) 1:29:42
 15. Richard Durand (STC) 1:29:52
 16. Sam Nicholson (STC) 1:30:00
 17. Paul Faber (Un) 1:30:39
 18. Bill Fitzgerald (STC) 1:30:43
 19. Robert Kay (STC) 1:30:52
 20. John Rupp (Un) 1:31:01
 21. Carl Swift (AzPC) 1:31:33
 22. Paul Cook (AIA) 1:31:33
 23. Bill Johnson (SDTC) 1:32:24
 24. Guillermo Sias (Un) 1:33:15
 25. Richard Sundell (Un) 1:33:15
 /John Brennand/

(WVTC), 53-5 1/2. SP--1. Feuerbach (PCC), 65-4 1/2; 2. Walker (unat), 64-6; 3. Schmuck (BHS), 63-3. DT--1. Powell (SJS), 218-7; 2. Wilkins (unat), 211-2; 3. Louisiana (U.S. Army), 195-5; 4. Staedel (unat), 191-9. JT--1. Pearce (BHS), 245-7; 2. Derwin (unat), 234-11. HT--1. Diehl (U.S. Army), 199-7; 2. Shuff (U.S. Army), 198-1. PENTATHLON--1. Jenner (unat), 3:387; 2. Samara (unat), 3:372.

WOMEN: 220—Byfield (Berkeley TC), 54.1. 880--1. Weston (Will's Spikettes), 2:08.9; 2. Poor (SJ Cindergals), 9:08.9; 3. Larrieu (PCC), 2:10.1. DT--1. Martin (unat), 175-7; 2. Landford (unat), 172-1. JT--1. Cannon (Millbrae Lions), 180-1; 2. Sulinski (Millbrae Lions), 174-7; 3. Bowers (SJ Cindergals), 167-8.

/Ric Walker/

Orange Coast College
 May 3 -- South Coast JC Conference.

100--1. Straw (SA), 9.7w; 2. Parr (SA), 9.7; 3. Desmet (OC), 9.8; 4. Cornell (SDM), 9.8; 5. Lebovitz (Mt. Sac), 9.8. 220--1. Desmet (OC), 21.4w; 2. Perrell (SA), 21.4; 3. Cornell (SDM), 21.5; 4. Jackson (Mt. Sac), 21.7; 5. Hansen (F), 21.9. 440--1. Hyde (F), 49 1/2; 2. Miles (SDM), 49 1/2; 3. Lizardi (C), 49.7. 880--1. Perry (SDM), 1:53.0; 2. Acedo (C), 1:53.5; 3. Ponce (C), 1:53.7; 4. Sweeney (SDM), 1:54.6; 5. Keeley (OC), 1:54.8; 6. Wingard (F), 1:54.9. MILE--1. Saavedra (F), 4:13.8; 2. Rock (F), 4:13.9; 3. Olson (OC), 4:14.0; 4. Graves (SA), 4:15.2. THREE MILE--1. Olson (OC), 14:16.5; 2. Saavedra (F), 14:21.1; 3. Cendales (F), 14:28.5; 4. Withauer (SA), 14:37.1; 5. Van Arsdale (F), 14:40.5. 120HH--1. Hall (Mt. Sac), 14.5w; 2. Owens (Mt. Sac), 14.7; 3. Stewart (Mt. Sac), 14.8. 440IH--1. Owens (Mt. Sac), 54.5; 2. Adams (OC), 54.6; 3. Moore (F), 55.8. 440 RELAY--1. Santa Ana, 42.4; 2. Mt. San Antonio, 42.4; 3. SD Mesa, 42.5; 4. Fullerton, 42.5. MILE RELAY--1. SD Mesa, 3:16.9; 2. Mt. San Antonio, 3:18.2; 3. Santa Ana, 3:20.6; 4. Fullerton, 3:23.0. HJ--1. Denger (OC), 6-9 1/2; 2. Palmer (F), 6-8; 3. tie between Sena (OC) and Lynch (F), 6-6; 5. Childers (Mt. Sac), 6-6. PV--1. French (Mt. Sac), 14-6; 2. Welch (F), 13-6; 3. Foss (C), 13.6. LJ--1. Bland (Mt. Sac), 23-8 1/2w; 2. Ruzicka (OC), 22-10 3/4w; 3. Spain (OC), 22-10 4w. TJ--1. Bland (Mt. Sac), 48-0 1/2; 2. Scott (Mt. Sac), 46-10w; 3. Ruzicka (OC), 46-3 3/4w; 4. Miller (F), 45-10 1/2w; 5. Miles (SDM), 45-4 3/4w. SP--1 Moretti (F), 51-8 1/2; 2. Alaman (SA), 50-9 1/2; 3. Franklin (OC), 50-5 1/2; 4. Paxton (SDM), 50-0 1/2. DT--1. Moretti (F), 146-5; 2. Brown (F), 143-4; 3. Stanley (SA), 142-3. JT--1. Glover (Mt. Sac), 198-10; 2. Cook (F), 190-0; 3. Brown (O), 180-11.

TEAM SCORES—Fullerton 137, Mt. San Antonio 127 1/2, Orange Coast 93, Santa Ana 70, SD Mesa 56 1/2, Cerritos 42.

/Ric Walker/

Pole Vault: 2. Smith (Ventura) 6-9
 3. Churchill (Canyons) 6-7
 Pole Vault: 1. Garcia (Glendale) 15-0
 2. Robinson (TT) 15-0
 3. Ferguson (Ventura) 14-6
 Shot Put: 1. Iacopetti (Glendale) 52-4
 2. Engle (Canyon) 50-11 1/2
 3. Craig (Moorpark) 48-8 1/2
 Discus: 1. Engle (Canyon) 161-7
 2. Bostock (Moorpark) 142-8
 3. Knab (Glendale) 141-9
 Long Jump: 1. B. Smith (Ventura) 24-5 1/2
 2. Hollis (West LA) 23-9
 3. Robinson (TT) 23-4 1/2
 Triple Jump: 1. McGee (TT) 48-2 1/2
 2. Smith (Ventura) 47-6 3/4
 3. Robinson (TT) 46-4
 Javelin: 1. Hodges (Glendale) 206-1
 2. Ferguson (Ventura) 194-7
 3. Vance (Moorpark) 193-4
 Glendale 123, Santa Barbara 73, Canyons 70, LA Trade Tech 64, West LA 56, Moorpark 47, Ventura 41, Compton 40, Allan Hancock 15.

Women's Division

High Jump: 1. Farrell (Ventura) 5-3/4
 2. Black (Allan Hancock) 5-0
 3. Stringer (Ventura) 4-8
 Quinn (Glendale)
 440 Relay: 1. Allan Hancock College 50.6
 2. Ventura 51.3
 3. Moorpark 53.9
 Javelin: 1. Morter (Ventura) 122-1
 2. Neib (Moorpark) 117-4
 3. Oliver (A. Hancock) 95-0
 Mile: 1. Smith (Glendale) 5:53.6
 2. Fraser (SEBC) 6:00.8
 3. Barry (Moorpark) 6:03.3
 100m Hurdles: 1. Black (A. Hancock) 16.9
 2. Burns (Moorpark) 17.7
 3. Wickersham (Ventura) 18.2
 440: 1. McElroy (A. Hancock) 59.9
 2. Bell (Moorpark) 59.9
 3. Snider (Ventura) 62.1
 Shot Put: 1. Burrell (A. Hancock) 34-11 1/2
 2. Morter (Ventura) 34-0
 3. Black (A. Hancock) 33-5 1/2
 880: 1. Smith (Glendale) 2:34.6
 2. Kennedy (SEBC) 2:35.1
 3. Barry (Moorpark) 2:39.5
 100: 1. St. Amour (Canyons) 11.7
 2. Tuttle (Ventura) 11.7
 3. Isom (Moorpark) 12.2
 220: 1. St. Amour (Canyons) 26.7
 2. McElroy (A. Hancock) 26.8
 3. Tuttle (Ventura) 27.2
 Mile Relay: 1. Ventura 4:19.1
 2. Moorpark 4:25.2
 3. Glendale 4:38.4

400 Meter Hurdles: 1. Hopper (CSLA) 62.6
 2. Crowder (UCLA) 65.2
 3. Ahmad (USC) 66.3
 440 Relay: 1. UCLA 49.9
 2. USC 50.1
 3. CSLA 50.9
 880 Medley Relay: 1. USC 1:47.5
 2. UCLA 1:49.2
 3. San Diego State 1:53.5
 Mile Relay: 1. UCLA 4:09.0
 2. CPSLO 4:15.5
 3. San Diego State 4:30.5
 High Jump: 1. Birt (USC) 5-6
 2. Connors (SD) 4-10
 3. Belle (SD) 4-8
 Long Jump: 1. McPhatter (SD) 17-3
 2. Benedick (CPSLO) 17-2
 3. Randolph (Redlands) 17-1
 Shot Put: 1. Schmidt (UCLA) 39-10 1/2
 2. Driscoll (UCLA) 36-10
 3. Perrault (SD) 33-6 3/4
 Discus: 1. Driscoll (UCLA) 157-1 1/2
 2. Schmidt (UCLA) 127-9 1/2
 3. Bruder (UCLA) 119-7
 Javelin: 1. Schmidt (UCLA) 176-7
 2. Wiley (SD) 137-9
 3. Bruder (UCLA) 123-6 1/2
 UCLA 187, San Diego State 75, USC 68, Cal State LA 45, Cal Poly 44.

May 3 -- Long Beach Invitational.

100--McCoy (Beverly Hills Striders), 9.8. 220--Driver (All-American TC), 21.5. 440--1. Bolding (Pacific Coast Club), 46.6; 2. Shorts (Long Beach State), 47.3; 3. Schultz (PCC), 47.4. 880--Baxter (All-American TC), 1:50.9. Mile--Phelps (LB State), 4:07.4. Two Mile--1. Lux (Jamul Toads), 8:57.8; 2. Smith (S.F. Valley TC), 9:00.6. 120HH--1. Turner (LB State), 13.9; 2. Rich (Cal International), 13.9; 3. Andrews (unat), 14.0. 440IH--1. Casselman (PCC), 51.5; 2. Taylor (Oxy), 52.1. 53.4. 440 Relay--BH Striders, 40.3.
 HJ--1. Brown (All-American TC), 7-2; 2. Causey (unat), 7-0; 3. tie between Stones (PCC) and Owens (Jamul Toads), 6-10. PV--1. Pullard (Unat), 16-0. LJ--1. Robinson (San Diego Missiles), 25-3 1/2; 2. Whitley (Cal International), 25-2; 3. H. Jackson (BH Striders), 24-10; 4. Williams (USC), 24-9 1/2. TJ--1. Jackson (BH Striders), 49-7 1/2. SP--1. Neidhart (unat), 60-9 1/2. PA--gel (unat), 58-2 1/2; 3. Albright (Cal State Northridge), 58-0. DT--1. Powell (PCC), 226-8 (world record), old mark 224-8, John Van Reenen, South Africa, 1975. JT--1. Goldie (LB State), 235-9; 2. Stuart (BH Striders), 232-6; 3. Healy (CS Northridge), 232-2. HT--1. Frenn (BH Striders), 218-0; 2. Hart (NYAC), 207-9; 3. Casey (unat), 201-1; 4. Dineen (unat), 200-7.

/Ric Walker/

(PI), 22.1; 3. Gore (Pa), 22.2. 440--1. Peete (LB), 49-1; 2. Horbeck (EC), 49.6; 3. Greasham (B), 49.7. 880--1. Haynes (LB), 1:51.8; 2. Smith (PI), 1:52.7; 3. Barry (PI), 1:53.5; 4. LaGorio (PI), 1:55.1. MILE--1. LaGorio (PI), 4:14.2; 2. Nance (V), 4:14.8; 3. Martinez (PI), 4:16.0; 4. Whitmore (V), 4:16.7; 5. Vasquez (V), 4:18.0. THREE 1 MILES--1. Den (V), 14:42.2; 2. Anderson (V), 14:27.9; 3. Adams (V), 14:25.5; 4. Weiman (LB), 14:36.5; 5. Ke (EC), 14:38.8; 6. Canchola (LB), 14:43.8. 120HH--1. Gaeta (B), 14.1; 2. Niederhaus (PA), 14.7; 3. Mince (B), 15.3. 440IH--1. Niederhaus (PA), 52.2; 2. Gaeta (B), 55.0; 3. Cape (LB), 55.2.

440 RELAY--1. Bakersfield, 41.6; 2. Pasadena, 42.3; 3. El Camino, 42.4. MILE RELAY--1. Pasadena, 3:25.8; 2. Long Beach, 3:16.1; 3. Bakersfield, 3:18.5; 4. Pierce, 3:18.6; 5. El Camino, 3:19.2. HJ--1. Viggiano (EC), 6-8; 2. Franz (EC), 6-6; 4. tie between Moore (Pa) and Oliver (LB), 6-6; 6. Broom (B), 6-6. PV--1. Knaub (LB), 15-6; 2. Sanger (EC), 15-0; 3. Clemmons (EC), 15-0; 4. Stilliens (EC), 23-6 1/2; 2. Gilliam (LB), 22-10; 3. Moore (Pa), 22-8. TJ--1. Berry (EC), 48-10 1/4; 2. Quirk (B), 48-8 3/4; 3. Wyatt (B), 47-0 1/2; 4. Keeling (EC), 46-4 3/4; 5. Jenkins (B), 46-4; 6. Smith (Pa), 45-10 1/2. SP--1. Nomis (PI), 55-10; 2. Riggins (EC), 49-5; 3. Barbee (LB), 49-4 1/2. DT--1. Harris (B), 157-3; 2. Palla (B), 152-8; 3. Mason (Pa), 150-7; Danta (Pi), 147-10; 5. Nomis (PI), 147-5; 6. Hengeler (EC), 147-3. JT--1. Staengel (EC), 210-4 1/2; 2. Slevkoff (B), 202-10; 3. Ward (LB), 191-6; 4. Lehman (Pa), 191-1.

TEAM SCORES—Bakersfield 135, El Camino 119, Pierce 87, Pasadena 71, Long Beach 67, Valley 45.

/Ric Walker/

Fontana, May 17 -- 20th Fontana Days Run, 11.5 Miles:

1. Carl Swift (AzPC) 1:00:23
 2. Steve Broten (STC) 1:01:59
 3. Bill Crum (STC) 1:07:12
 4. Skip Shaffer (CCAC) 1:07:39
 5. Bill Thompson (STC) 1:08:46
 6. John Doud 1:09:34
 7. John Rupp 1:09:58
 8. Steve Frayne 1:10:25
 9. Bill McCray (USA) 1:11:12
 10. Jim Triplett 1:11:15
 11. John Starr (CCAC) 1:11:24
 12. Nick Agostinelli (BHS) 1:12:15
 13. Larry Taft 1:12:17
 14. Phil Courtney 1:12:18
 15. Mark Wootten 1:13:01
 16. Arnie Hamala 1:13:20
 17. David Siessons 1:13:33
 18. Andrew Alejandre 1:14:01
 19. Brian Stansauk (SFVT) 1:14:44
 20. Doug Cronack 1:16:18
 21. Gary Strasman 1:16:51
 22. Howard Connelly 1:17:00
 23. Gene Carson 1:18:12
 24. Randall Burton 1:18:38
 25. Jim Lorden 1:19:18
 27. Jim Clampett (WVTC) 40+ 1:21:01
 30. Julius Karabel (STC) 50+ 1:23:27
 34. Marsha Pierce (1st Women) 1:26:40 /John Brennand/



SOUTHERN CALIFORNIA CHEETAHS

ANNUAL GIRLS & WOMENS TRACK & FIELD MEET

Saturday: May 10, 1975
 Sunday: May 11, 1975
 Meet Director: Bill Petersen

14/15 DIVISION*****

100 YARD DASH

Heat 1 (w+1.5) (first 3 to finals)

1. Pam Green SCC 11.4
-
2. Kim Moran LATC 11.6
-
3. Leslie King GGTC 11.8
-
4. Jennifer Edmonds Oxtc 12.1
-
5. Nancy Van Leeuwen CW 12.3

Heat 2 (w=0.0) (first 3 to finals)

1. Danita Young SDC 11.1
-
2. Sharon Foster SDC 11.3
-
3. Valerie Elliott LATC 11.5
-
4. Julie Varner CW 11.9
-
5. Sheri Moreno LI 12.0
-
6. Robyn Fagan SOBS 12.3
-
7. Jeannette Wiley SOBS 12.4

Heat 3 (w+1.0) (first 3 to finals)

1. Lisa Thompson CW 11.0
-
2. Denice Eddington LATC 11.3
-
3. Eileen Keil CW 11.5
-
4. Cherry Yearwood LBC 11.8
-
5. Shavonne Shy LBC 12.0
-
6. Bridgette Henderson LBC 12.3

FINAL (w+1.2)

1. Lisa Thompson CW 10.9w
-
2. Danita Young SDC 11.0w
-
3. Denise Eddington LATC 11.2w
-
4. Sharon Foster SDC 11.4w
-
5. Kim Moran LATC 11.4w
-
6. Pam Green SCC 11.4w
-
7. Eileen Keil CW 11.5w
-
8. Valerie Elliott LATC 11.8w
-
9. Leslie King GG 11.8w

220 YARD DASH

- Flight 1 (w+2.8)
-
15. Sherrie Goldstein MTC 26.7w
-
20. Karla Neasel LL 27.3w
-
22. Terry Rubin VGTC 28.2w
-
25. Marena Chmelar CW 29.6w

Flight 2 (w+3.1)

5. Susan Moreno LI 25.7w
-
13. Robyn Fagan SOBS 26.6w
-
17. Tracy Billings BA 27.0w
-
21. Cheryl Harpham LI 27.9w
-
23. Diane Stewart LI 28.2w
-
24. Anita Green CTC 28.5w

Flight 3 (w+3.0)

4. Jennifer Edmonds Oxtc 25.4w
-
12. Valerie Elliott LATC 26.5w
-
14. Carroll Young LBC 26.6w
-
16. Danielle Hollinger RRR 26.9w
-
18. Barb Geringer MW 27.0w
-
19. Nancy Van Leeuwen CW 27.2w

Flight 4 (w+2.1)

1. Lisa Thompson CW 24.8w
-
2. Katie Garrison SDC 25.1w
-
3. Denise Eddington LATC 25.3w
-
6. Jane Hall UNATT 25.7w
-
7. Pam Green SCC 25.7w
-
8. Danita Young SDC 25.7w
-
9. Sharon D. LI 25.9w
-
10. Leslie King CW 26.1w
-
11. Eileen K. CW 26.4w

440 YARD DASH

- Flight 1
-
8. Jane Harding UNATT 61.3
-
9. Carla Neasel LI 61.5
-
11. Teri Beamish LBC 63.0
-
16. Danielle Hollinger RRR 64.4
-
19. Pam Pete CW 66.8

Flight 2

ONE MILE WALK

1. Linda Brodock RRR 7:57.2
-
2. Lisa Metheny RRR 8:00.7
-
3. Teri Teegarden BA 8:40.4
-
4. Karlene Wasikow RRR 8:44.6
-
5. Jill Steiner RRR 8:52.7
-
6. Laura Janousek SCC 8:53.9
-
7. Debbie Cassity CW 9:31.8
-
8. Mary Papandrea RRR 9:42.5
-
9. Melisa Johnson RRR 9:48.3
-
10. Melissa Steinle SCC 10:01.9

440 YARD RELAY (4x100)

1. CACTUS WRENNS "A" (Keil, VanLeeuwen,Varher,Thomas) 48.7
-
2. SAN DIEGO COUGARS (Poster, Gaston,Farrington,Young) 49.2
-
3. LOS ANGELES TRACK CLUB (Eddington,Moran,Erb,Elliott) 50.2
-
4. LONG BEACH COMETS (Shy, Rich,Young,Ueda) 51.3
-
5. ARIZONA TRACK CLUB (Symons, Cuevos,Cassin,McMahon) 51.7
-
6. CACTUS WRENNS "B" (Chmelar, Donithan,Snapp,Pete) 56.4

880 YARD SPRINT MEDLEY RELAY

1. CACTUS WRENNS "A" (Keil, Vanher, VanLeeuwen,Thompson) 1:52.0
-
2. LONG BEACH COMETS (Shy, Yearwood,Ueda,Rich) 1:56.5
-
3. LOS ANGELES TRACK CLUB (Eddington,Antoniewicz, Elliott,Mailins) 1:59.9
-
4. CACTUS WRENNS "B" (King, Snapp,Donithan,Pete) 2:03.6
-
5. NO. CALIFORNIA T.C. (Seibel, Sidoris,Bertsch,Rose) 2:08.4
-
- DISQ. SAN DIEGO COURGAS (Farrington,Foster,Young,Thomas) 1:53.2

ONE MILE RELAY (4x400)

1. ARIZONA TRACK CLUB (McMahon, Cuevos,Symons,Cassin) 4:08.0
-
2. LOS ANGELES TRACK CLUB (Erb,Quinlan,Mullins, Antoniewicz) 4:08.6

TWO MILE RELAY (4x800)

1. RIALTO ROADRUNNERS (Keith, Metheny,Johnson,Brodock) 10:25.2
-
2. NO. CALIFORNIA T.C. "A" (Reneau,Seibel,Vanfasse, Clark) 10:27.8
-
3. NO. CALIFORNIA T.C. "B" (Seibel,Sidoris,Betase,Bertsch) 11:25.3

DISCUS

1. Bea Prometheus Hunt RRR 125-5
-
2. Christi Pyle LATC 122-11
-
3. Donna Yarbrough CTC 103-9
-
4. Ellen Colleary Mesa 102-9
-
5. Rosemary Villalvazo RRR 96-7
-
6. Wendy Williams CW 95-9
-
7. Julie Schmelzer Mesa 90-9
-
8. Cathy Boyle CTC 88-10
-
9. Lisa Cravits LATC 74-9

JAVELIN

1. Lisa Van Benthem UNATT 137-11
-
2. Lynne Van Benthem UNATT 123-5
-
3. Windy Williams CW 122-2
-
4. Julie Schmelzer Mesa 120-5
-
5. Lorelei Van Benthem UNATT 116-7
-
6. Lavon O'Banner Mesa 114-1
-
7. Kendra Bramblett LI 112-5
-
8. Donna Yarbrough CTC 107-4
-
9. Ellen Colleary Mesa 102-2
-
10. Liisa Hammitt CW 78-9

SHOT PUT

1. Bea Prometheus Hunt RRR 38-9 3/4
-
2. Christi Pyle LATC 34-10
-
3. Bridgette Henderson LBC 34-1 1/2
-
4. Donna Yarbrough CTC 32-7
-
5. Rosemary Villalvazo RRR 29-9 1/2
-
6. Skyler Ousley RRR 27-10 1/2
-
7. Keighlee Smith UNATT 27-8 1/2
-
8. Cheryl Kennedy UNATT 27-7 1/2
-
9. Wendy Williams CW 26-8 1/2
-
10. Liisa Hammitt CW 22-8

HIGH JUMP

1. Monica Donithan CW 5'2"

CALIFORNIA TRACK NEWS

220 YARD DASH

- Flight 1 (w+2.4)
-
1. Linda Randolph UR 25.8w
-
17. Robin Dunbar SCC 26.3w
-
18. Therese San Agustin LBC 26.4w
-
20. Shirley Piper P-USA 26.6w
-
21. Diana Lester UNATT 26.7w
-
24. Shelly Harris LBC 27.0w
-
25. Andee Garcia UNATT 27.3w

Flight 2 (w+3.2)

6. Cheryl Glazier P-USA 25.6w
-
8. Louise Muller ATC 25.7w
-
13. Linda Morrison WWW 26.2w
-
19. Pamela Newton PTC 26.6w
-
22. Alice Gast Mesa 26.8w
-
23. Connie Jackson Mesa 27.4w

Flight 3 (w+1.65)

4. Julie Lake LI 25.3
-
7. Lela Johnson LBC 25.6
-
9. Yvonne Johnson SDC 25.7
-
14. Cynthia Goudy Mesa 26.2
-
15. Linda Jackson PTC 26.2
-
16. Michele Devol CS 26.2

Flight 4 (w+2.7)

1. Rossetta Birt LI 24.4w
-
2. Jarvis Scott PTC 24.5w
-
3. Sandy Muse WWW 24.7w
-
5. Renda Cary CS 25.4w
-
11. Gail Douglas LBC 25.9w
-
12. Yolanda Rich LBC 25.9w

440 YARD DASH

- Flight 1
-
1. Mary Decker UNATT 56.8
-
17. Carol Burkland LBC 62.2
-
18. Rose Cano UNATT 62.6
-
19. Annie Dandoy UNATT 63.2
-
20. Kelly Meeks LATC 63.3
-
21. Lynne Wohlers UNATT 64.5
-
22. Dot Warren ATC 64.6

Flight 2

1. Linda Jackson PTC 57.6
-
8. Louise Muller ATC 58.9
-
10. Donna Schellhouse BA 59.2
-
11. Pamela Newton PTC 60.0
-
12. Therese San Agustin LBC 60.3
-
13. Robin Dunbar SCC 60.3
-
14. Carol Flournoy SCC 60.5
-
16. Gail Wiegert MTC 61.4

Flight 3

1. Jarvis Scott PTC 55.4
-
2. Lynn Smith WWW 56.5
-
3. Yolanda Rich LBC 56.7
-
5. Julie Lake LI 57.0
-
7. Kathy Keys P-USA 57.9
-
9. Beth Howell UNATT 59.1
-
15. Ruth Kleinsasser UR 60.6

880 YARD RUN

- Flight 1
-
1. Annie Dandoy UNATT 2:21.7
-
12. Liz Dufour ATC 2:26.1
-
13. Linda Jackson PTC 2:26.7
-
14. Erin Daly P-USA 2:27.5
-
15. Jody Dee Folkenz SOBS 2:29.3
-
16. Cathy Van Der Eyken P-USA 2:29.3
-
17. Fay Hobbs SBSP 2:36.3
-
18. Carol Lowe P-USA 2:41.6
-
20. Laura Bellizzi AA 2:48.3

Flight 2

1. Chi-Shin Lee UR 2:12.7
-
2. Kathy Keys P-USA 2:13.2
-
3. Carol Flournoy SCC 2:13.7
-
4. Teresa Caudillo LBC 2:16.3
-
5. Jamie Bowen LI 2:17.1
-
6. Ruth Kleinsasser UR 2:17.1
-
7. Kathy Scatena UNATT 2:17.5
-
8. Carolyn McDowell BA 2:18.5
-
9. Donna Schellhouse BA 2:19.2
-
10. Amy Thompson LBC 2:20.4
-
19. Melissa Johnson RRR 2:46.7

ONE MILE RUN

1. Bea Prometheus Hunt UR 5:57.3
-
2. Pam Jewell LBC 5:09.4
-
3. Jamie Bowen LI 5:17.2
-
4. Kathy Scatena UNATT 5:19.4
-
5. Lynn Miller UNATT 5:22.5
-
6. Carolyn McDonald UNATT 5:26.2
-
7. Katherine Spencer UNATT 5:43.0
-
9. Sherry Simmons UNATT 5:55.1
-
10. Laura Bellizzi AA 6:17.9

TWO MILE RUN

1. Monica Donithan CW 5'2"

ONE MILE WALK

1. Susan Brodock BA 8:06.0
-
2. Cindy Johnson SCC 8:47.1

HIGH JUMP

1. Chris Remling WWW 5'7"
-
2. Virginia Oliver LI 5'2"
-
2. Brenda Little LI 5'2"
-
2. Ann Myers UCLA 5'2"
-
5. Michelle Morse WWW 5'0"
-
6. Shelly Harris CW 4'10"
-
7. Patty Delp Mesa 4'8"

LONG JUMP

1. Shelly Harris (+2.8)CW 17'6 1/2"
-
2. Toni Griffin (0.0)WWW 17'0 1/2"
-
3. Dwan Wilkens (0.0)LI 16'10"
-
4. Linda Morrison (+1.7)UNATT 16'7 1/2"
-
5. Maria McQuarrie (+3.0)LI 16'4 3/4"
-
6. Alice Gast (+0.1)LBC 16'1 1/4"
-
7. Penny Slaughter (+1.8)LI 15'11 1/4"
-
8. Ann Myers (+1.0)UCLA 15'9 1/2"
-
9. Linda Randolph (+3.5)UR 15'8"
-
10. Chris Remling (0.0)WWW 15'5 1/4"
-
11. Andee Garcia (+0.0)LBC 14'9 1/2"
-
12. Michelle Morse (+1.0)WWW 13'7 3/4"

SHOT PUT

1. Kelly Fuiks CW 38-1 1/2
-
2. Michelle Peterson UNATT 37-5 1/4
-
3. Michelle Morse WWW 34-5 1/4

DISCUS

1. Monette Driscoll UCLA 160-11
-
2. Jan Svendsen WWW 157-11
-
3. Terri Sabol LBC 148-6
-
4. Kelly Fuiks CW 121-4
-
5. Kathy Chapman UNATT 118-3
-
6. Marilyn White Mesa 115.2
-
7. Kathy O'Brien LTTC 111-7
-
8. Debbie Hughes CW 89-8
-
9. Lee Rowland UNATT 81-0

JAVELIN

1. Marilyn White Mesa 158-11
-
2. Cathy Corr LI 155-11
-
3. Radean Rona P-USA 123-0
-
4. Sandra Brodock RRR 92-6
-
5. Debbie Huges CW 83-0

TEAM SCORES (WOMEN'S OPEN DIVISION)

1. LONG BEACH COMETS 91
-
2. WILTS WONDER WOMEN 81
-
3. LAKEWOOD INTERNATIONAL 55
-
4. UNIVERSITY OF REDLANDS 31
-
5. CACTUS WRENS 28
-
6. PATRIOTS-USA 24
-
7. SOUTHERN CALIF. CHEETAHS 20
-
8. PREMIER TRACK CLUB 19
-
9. MESA TRACK CLUB 19
-
10. UCLA 18
-
11. BLUE ANGELS 15
-
12. CHICO STATE 14
-
13. RIALTO ROADRUNNERS 10
-
14. LOS ANGELES TRACK CLUB 6
-
15. SAN DIEGO TRACK CLUB 2

Fresno, May 9 & 10 West Coast Relays.

HIGH SCHOOL

- 100-1. Taylor (Piedmont Hills), 9:72
-
2. Glass (Castlemont, Oak.), 9:83
-
3. Cannon (Mt. Pleasant), 9:89

TWO MILE-1. Patterson (De' Valley), 9:20.30; 2. Holmes (Modesto), 9:23.85; 3. Corey (San Mateo), 9:24.37.

440 RELAY-1. Kennedy, Richmond, 41.89; 2. SF Wilson, 42.23; Harry Ells, Richmond, 42.33.

GIRLS 440 RELAY-1. East Bakersfield, 49.65; 2. South Bakersfield, 50.64; 3. Foothill, Bak., 50.78.

MILE RELAY-1. Kennedy, Richmond, 3:17.51; 2. Edison, Fresno, 3:18.56; 3. Harry Ells, Richmond, 3:18.83.

POLE VAULT-1. Folsom (Clo-)

JULY/AUGUST - 1975

100-1. Farmer (CCSF), 9:62; 2. Overstreet (San Jose), 9:71; 3. Shavers (Alameda), 9:73.

880 RELAY-1. San Jose (Overstreet, Livers, Douglas, Hampton), 1:26.32; 2. Harbor, 1:27.05; 3. Alameda, 1:27.25.

440H-1. Niederhaus (Pasadena), 52.02; 2. Steele (Glendale), 52.25; 3. Owens (Mt. Sac), 53.15.

JAVELIN-1. Robinson (Sequoias), 217-1; 2. Gall (De Anza), 209-8; 3. Staengel (El Camino), 207-11.

POLE VAULT-1. Knaub (El Camino), 16-7; 2. Robinson (Trade Tech), 15-6.

LONG JUMP-1. Givens (Fresno), 24-5/2; 2. Smith (Ventura), 24-4; 3. Cleghorn (Alameda), 24-0.

DISCUS-1. Gordien (San Bernardino), 178-0; 2. Alexander (Sequoias), 171-5; 3. Pushkin (Foot-hill), 169-6.

TRIPLE JUMP-1. Marlow (Consumes River), 50-11/2; 2. LeGrande (West Valley), 50-4/4; 3. Wells (CCSF), 50-2 1/2.

SHOT PUT-1. Nomis (Pierce), 54-10 1/2; 2. Moretti (Fullerton), 53-11; 3. Gordien (San Bernardino), 53-7.

120HH-1. White (Southwest, LA), 14.39; 2. Allmond (Skyline), 14.41; 3. Hall (Mt. Sac), 14.48.

3,000-METER STEEPLECHASE-1. Perez (San Joaquin Delta), 9:14.3; 2. Hart (Foothill), 9:22.8; 3. Reims (Cabrillo), 9:27.6.

TWO MILE RELAY-1. Pierce (LaGorio, Martinez, Smith, Barry), 7:37; 2. Harbor, 7:44.6; 3. Ceritos, 7:46.9.

MILE RELAY-1. Bakersfield (Pena, Triplett, Greasham, Bell), 3:17.04; 2. SD Mesa, 3:17.76; 3. Mt. San Antonio, 3:18.0.

TEAM SCORES-San Jose City 43. Harbor 24, Alameda 22, Pierce 18, Cerritos 17, Bakersfield 15, American River 14, Fresno City 13, Mt. San Antonio 12, El Camino 11, Sequoias and Glendale 10.

WOMEN

MILE-1. Larrieu (PCC), 4:36.04; 2. Brown (UCLA), 4:42.28; 3. Graham (San Jose Cindergals), 4:43.19.

COLLEGE OPEN

DISCUS-1. Powell (Pacific Coast Club), 213-4; 2. Silvester (Canadas), 198-11; 3. Dolegiewicz (Canada), 195-5; 4. Stadel (San Jose Stars), 191-11.

JAVELIN-1. Kennedy (San Jose Stars), 257-1; 2. Wallis (U.S. Army), 255-6; 3. Stuart (Beverly Hills Striders), 249-5.

440H-1. Williams (Mickey's Missiles), 51.45; 2. King (Mickey's Missiles), 51.57; 3. Giffins (BH Striders), 51.84; 4. Ables (San Diego Stars), 52.56.

HAMMER-1. Nehls (U.S. Army), 212-0; 2. A. (unat), 209-9; 3. Hart (unat), 204-6; 4. Shuff (U.S. Army), 201-3.

120HH-1. Jackson (UCLA), 13.64; 2. Turner (Long Beach St.), 13.69; 3. Owens (Unat), 13.79; 4. O. Williams (USC), 1.

3,000-METER STEEPLECHASE-1. Tuttle (BH Striders), 8:55.52; 2. Innes (UCLA), 9:05.63; 3. Elijah (unat), 9:14.3; 4. Smith (SFVTC), 9:18.0.

5,000 METERS-1. Mandera (Chicago TC), 14:23.60; 2. Wysocki (Nevada Reno), 15:13.77; 3. Sutherland (San Fernando Valley TC), 15:27.90; 4. Seaver (West Valley)

West Coast Relays.

4. Jennifer Edmons
12. Valerie Elliott
14. Carroll Young
16. Danielle Hollinger
18. Barb Geringer
19. Nancy Van Leeuwen

Flight 4 (w=+2.1)

- Lisa Thompson
- Katie Gandy
- Denice Harton
- Jane Haas
- Pam Green
- Danita Young
- Sharon D.
- Leslie L.
- Eileen K.

440 YARD DASH

Flight 1

- Jane Harding
- Carla Nease
- Teri Beaman
- Danielle Hollinger
- Pam Pete

Flight 2

- Susan Moreno
- Carroll Young
- Cheryl Symons
- Tracy Billings
- Cheryl Harpahm
- Lavon O'Banner
- Lisa Smith

Flight 3

- Sharon Dill
- Marsha Erickson
- Beth Geringer
- Sherri Goldstein
- Kathy Thomas
- Kathy Egger
- Ella Rich

880 YARD RUN

- Paula Rose
- Shari Cassin
- Roma Antoniewicz
- Marsha Erickson
- Jane Spencer
- Debbie Shryack
- Shaun Seibel
- Debbie Morelli
- Tina Moran
- Tara Hobbs
- Karla Buckner

ONE MILE RUN

- Suzanne Keith
- Bucky Wolfinbarger
- Paula Rose
- Marsha Pierce
- Shellie Wolridge
- Laurie Jewell
- Monique Gregoire
- Karla Waskow
- Karla Buckner
- Anabelle De Almeida
- Renee Mashike

TWO MILE RUN

- Suzanne Keith
- Laurie Jewell
- Lisa Metheny
- Penny Reneau
- Linda Brodbeck
- Deaneade Hamby
- Melissa Steinle

100 METER HURDLES (+3.1)

- Joanne Erb
- Anita Green
- Terri McMahon
- Alison Reed
- Debbie Cassity
- Beth Prather
- Tonya Little
- Andrea Posey

300 METER HURDLES

- Karen Ueda
- Debbie Cuevas
- Alison Reed
- Joanne Erb
- Beth Prather
- Lisa Smith
- Andrea Posey

JAVELIN

- Lisa Van Benthem
- Lynne Van Benthem
- Windy Williams
- Julia Schmelzer
- Lorelei Van Benthem
- Lavon O'Banner
- Kendra Bramblett
- Donna Yarbrough
- Ellen Colleary
- Lissa Hammitt

SHOT PUT

- Bea Prometheus Hunt
- Christi Pyle
- Bridgette Henderson
- Donna Yarbrough
- Rosemary Villalvazo
- Skyler Ousley
- Keighlee Smith
- Cheryll Kennedy
- Wendy Williams
- Lissa Hammitt

HIGH JUMP

- Monique Donithan
- Gail Williams
- Stefie Pirojnikoff
- Debbie Cassity
- Jill Shinkle
- Judy Fargo
- Jodie Bowen
- Cheryll Kennedy
- Cathy Boyle

LONG JUMP

- Kim Moran
- Leslie King
- Karen Ueda
- Pam Fowler
- Anita Green
- Shivashonee Shy
- Sheri Moreno
- Teri Beaman
- Jill Shinkle
- Diane Stuart
- Terry Rubin
- Sherrie Goldstein

TEAM SCORES (14/15 DIVISION)

- LOS ANGELES TRACK CLUB
- CACTUS WRENS
- REALTY ROADRUNNERS
- LONG BEACH COMETS
- ARIZONA TRACK CLUB
- SAN DIEGO COUGARS
- BLUE ANGELS
- LAKWOOD INTERNATIONAL
- SO. CAL. CHEETAHS
- t.NO. CAL. TRACK CLUB
- t.CREIGHTON TRACK CLUB

WOMEN'S OPEN DIVISION

100 YARD DASH Heat 1 (first 3 to finals) w=+0.2

- Gail Douglas
- Penny Slaughter
- Liz Van Houten
- Vickie Vadon

Heat 2 (first 3 to finals) w=0.0

- Dollie Fleetwood
- Renda Cary
- Yvonne Johnson
- Lela Johnson
- Diane Lester
- Susan Kaskus

Heat 3 (first 3 to finals) w=0.0

- Rossetta Birt
- Sandy Muse
- Jarvis Scott
- Tina Roberson
- Linda Randolph
- Michele Devol
- Dot Warren

FINAL (w=+1.6)

- Gail Douglas
- Dollie Fleetwood
- Rossetta Birt
- Penny Slaughter
- Lela Johnson
- Renda Cary
- Sandy Muse
- Liz Van Houten

200 YARD RELAY (4x100)

- Douglas, Rich, Lester, Johnson
- WILT'S WONDER WOMEN
- CHICO STATE
- LONG BEACH COMETS "B"

440 YARD RELAY (4x100)

- LONG BEACH COMETS "A"
- WILT'S WONDER WOMEN
- CHICO STATE
- LONG BEACH COMETS "B"

400 METER HURDLES

- Patty Cape
- Janice Lester
- Beth Howell
- Patty Delp
- Colleen Wiegert
- Erin Daly
- Rose Cano

440 MILE RELAY (4x400)

- LONG BEACH COMETS (Burkland, Lester, San Augustin, Cape)
- MESA TRACK CLUB (Gowdy, Elsworth, Jackson, Wiegert)

880 MILE SPRINT MEDLEY RELAY

- LONG BEACH COMETS (Douglas Johnson, Gast, Rich)
- SO. CAL. CHEETAHS (Green, Roberson, Fleetwood, Bell)
- (Exhibition)
- PATRIOTS-USA (Glazier, Daly, VanDerEyken, Keyes)
- WILT'S WONDER WOMEN (Muse, Geringer, Griffin, Carlson)
- MESA TRACK CLUB (Gowdy, Elsworth, Jackson, Wiegert)

ONE MILE RELAY (4x400)

- LONG BEACH COMETS (Burkland, Lester, San Augustin, Cape)
- MESA TRACK CLUB (Gowdy, Wiegert, Jackson, Wiegert)

TWO MILE RELAY (4x880)

- WILT'S WONDER WOMEN (Smith, Larson, Gustaffson, Lindh)
- Exhibition:
- SO. CAL CHEETAHS (Wolfinbarger, Gregoire, Erickson, Flounroy)

HIGH SCHOOL

100-1. Taylor (Piedmont Hills), 9:72; 2. Sandy (Castlemont, Oak), 9:83; 3. Cannon (Mt. Pleasant), 9:89.

TWO MILE—1. Patterson (De Valley), 9:20:30; 2. Holmes (Modesto), 9:23:85; 3. Corey (San Mateo), 9:24:37.

440 RELAY—1. Kennedy, Richmond, 41:89; 2. SF Wilson, 42:25; 3. Harry Ells, Richmond, 42:33.

GIRLS 440 RELAY—1. East Bakersfield, 49:65; 2. South Bakersfield, 50:64; 3. Foothill, Bak., 50:78.

MILE RELAY—1. Kennedy, Richmond, 3:17:51; 2. Edison, Fresno, 3:18:56; 3. Harry Ells, Richmond, 3:18:83.

POLE VAULT—1. Folsom (Clovis), 14:0; 2. Pierce (Sanger), 14:0; 3. Sula (Lemoore), 14:0.

LONG JUMP—1. Andrews (West, Bakers.), 24:14; 2. Johnson (Washington, Fr.), 23:10; 3. William (Skyline, Oak.), 23:5.

HIGH JUMP—1. Scarborough (Clovis), 6:8; 2. Ward (Balboa, SF), 6:8; 3. Collins (Monterey), 6:6.

120HH—1. Cooper (Ells, Rich.), 13:74; 2. Gaines (Kennedy, Rich.), 13:76; 3. Kennedy (Serramonte), 14:19.

DISTANCE MEDLEY RELAY—1. Leigh (San Jose), 10:14:84; 2. Hoover (Fr.), 10:17:25; 3. Skyline (Oak.), 10:20:7; 4. College Park (Pleasant Hill), 10:22:01.

TWO MILE RELAY—1. North (Baker.), 7:54:13; 2. Richmond, 8:03:33; 3. Mt. Pleasant (SJ), 8:04:33.

TWO MILE—1. Patterson (Del Valley), 9:20:3; 2. Holmes (Modesto), 9:23:85; 3. Corey (San Mateo), 9:24:37.

TRIPLE JUMP—1. Holcomb (Richmond), 49:014; 2. Dobbins (Merced), 48:614; 3. Jackson (Oakland), 48:42.

SHOT PUT—1. Vassar (Sonora), 62:94% (meet record, old mark, 62:91%, Dan Castle, Cubberly, Palo Alto, 1961); 2. Williams (Roosevelt, Fresno), 59:11%; 3. Horn (Hoover, Fresno), 59:04%.

DISCUS—1. Howell (Hoover, Fresno), 17:81; 2. Endler (Bullard, Fresno), 17:13; 3. Kaser (Hoover, Fresno), no distance.

FINAL TEAM SCORES—Kenedy, Richmond, 28; Harry Ells, Richmond, 20; Hoover, Fresno, 15; Clovis and Richmond 14.

INVITATIONAL

220—1. H. Williams (San Diego St.), 21:31; 2. Whitaker (San Jose St.), 21:38; 3. Fitzgerald (Australia), 21:39; 4. Gee (Australia), 21:8; 5. Soanes (Australia), 22:0.

JUNIOR COLLEGE

440 RELAY—1. San Jose (Liverers, Overstreet, Douglas, Hampton), 41:26; 2. Alameda, 41:76; 3. Harbor, 41:93.

TWO MILE—1. Ramirez (Fresno), 8:59:49; 2. Caputo (Lassen), 9:04:58; 3. McCandless (West Valley), 9:04:79.

HIGH JUMP—1. LaRusch (Glendale), 6:9; 2. Hatch (Cuesta), 6:9; 3. Powell (Cerritos), 6:9.

ARMY—255-6; 3. Stuart (Beverly Hills Striders), 24:95.

440H—1. Williams (Mickey's Missiles), 51:45; 2. King (Mickey's Missiles), 51:57; 3. Giffins (BH Striders), 51:84; 4. Ables (San Diego State), 52:56.

HAMMER—1. Lehti (U.S. Army), 212:0; 2. A. (unat), 209:9; 3. Hart (unat), 204:6; 4. Shuff (U.S. Army), 201:3.

120HH—1. Jackson (UCLA), 13:64; 2. Turner (Long Beach St.), 13:69; 3. Owens (Unat), 13:79; 4. O. Williams (USC), 1.

3,000-METER CHASE—1. Tuttle (BH Striders), 8:55:22; 2. Innes (UCLA), 9:05:63; 3. Elijah (unat), 9:14:3; 4. Smith (SFVTC), 9:18:0.

5,000 METERS—1. Mandera (Chicago TC), 14:23:60; 2. Wysocki (Nevada Reno), 15:13:77; 3. Sutherland (San Fernando Valley TC), 15:29:70; 4. Seaver (West Valley TC), 15:52:13.

MILE—1. Jones (Idaho St.), 4:09:12; 2. Smart (Canada), 4:09:99; 3. Phelps (Long Beach St.), 4:10:6;

4. Kennedy (SFVTC), 4:11:25.

SHOT PUT—1. Feuerbach (PCC), 66:3; 2. Walker (unat), 64:1/2; 3. Dolegiewicz (Canada), 63:1; 4. Neidhart (unat), 61:9½.

LONG JUMP—1. Robinson (Mickey's Missiles), 27:4 (wind 4.7 m.p.h.) 2. Whitley (Cal International), 26:6½ (wind 5.1); 3. Williams (USC), 26:2½; 4. Moore (unat), 26:2¼.

440H—1. Cheadle (UC Irvine), 52:66; 2. McNamara (Cal Poly SLO), 52:71; 3. Nelson (Cal Poly Pomona), 52:96.

JAVELIN—1. Parker (San Francisco St.), 238:5; 2. Goldie (Long Beach St.), 233:4; 3. Koch (Nevada-Reno), 230:11.

HAMMER—1. Giroux (Fresno St.), 184:10; 2. Blankenship (CS Hayward), 180:8; 3. Sorenson (Fresno St.), 175:11.

LONG JUMP—1. Robinson (Mickey's Missiles), 27:4 (wind 4.7 m.p.h.) 2. Whitley (Cal International), 26:6½ (wind 5.1); 3. Williams (USC), 26:2½; 4. Moore (unat), 26:2¼.

TWO MILE RELAY—1. USC (Reilly 1:58:5, L. Johnson 1:52:3, Kern 1:49:7, Beaton 1:49:4), 7:31:96; 2. Idaho State, 7:36:10; 3. Stanford, 7:44:29.

880—1. M. Bolt (Eastern New Mexico), 1:48:82; 2. Baxter (All American TC), 1:50:15; 3. Huffmann (San Diego St.), 1:50:8; 4. McElroy (NYAC), 1:51:3.

440—1. Parks (BH Striders), 47:06; 2. Brown (UCLA), 47:12; 3. Campbell (Fresno St.), 47:6; 4. Gee (Australia), 47:7.

MILE RELAY—1. USC (Connors, Andrews, Randle, Campbell), 3:06:31; 2. California, 3:10:43; 3. Pacific Coast Club, 3:11:41; 4. Australia, 3:11:80.

100—1. Quarrie (BH Striders); 9:37; 2. Edwards (Cal Poly SLO), 9:50; 3. Walker (California), 9:57; 4. Whitaker (San Jose State), 9:58.

440 RELAY—1. USC (R. Williams, Simmons, Randle, Gilkes), 39:85; 2. BH Striders, 40:28; 3. California, 40:54; 4. Bay Area Striders, 41:28.

CALIFORNIA TRACK NEWS

POLE VAULT—1. Dias (BH Striders), 18-1; 2. Ripley (San Jose State), 17-7½; 3. tie between Baird (Long Beach St. and Simpson (unat), 17-0.

HIGH JUMP—1. Kotinek (UCLA), 7-2; 2. Brown (All American TC), 7-0; 3. tie between Adama (Chicago TC) and Owens (Jamaul Toads), 7-0.

TWO MILE—1. Babiracki (SFVTC), 8:42.01; 2. Shorter (unat), 8:46.70; 3. Tibaduiza (Nevada Reno), 8:46.84; 4. Sandoval (Stanford), 8:55.0.

TRIPLE JUMP—1. Tiff (BH Striders), 55-5 (wind 6.0 m.p.h.); 2. Haynes (U.S. Army), 54-11½ (wind 6.2); 3. Terry (West Valley TC), 54-4½ (wind 8.1); 4. Cochee (USC), 54-4½.

DISTANCE MEDLEY RELAY—1. Idaho St. (McGee, Stolarich, Koenig, Jones), 9:50.6; 2. UC Irvine, 9:50.9; 3. Nevada Reno, 9:50.9; 4. Long Beach St., 10:00.4.

LONG JUMP—1. Brewry (LBS), 23-4; 2. Johnson (Santa Clara), 23-1½; 3. Moreno (LBS), 23-0¾; 4. Mitchell (UCI), 23-0¾.

TRIPLE JUMP—1. Goodlow (CS North.), 48-11½; 2. Butler (San Francisco St.), 47-5¾; 3. Moore (Sac. St.), 46-10½; 4. Blake (Chico St.), 46-10½.

100—1. Edwards (CP SLO), 9.53; 2. Clark (Hayward St.), 9.57; 3. Brewer (LBS), 9.77; 4. Williams (LBS), 9.78-HI.

120HH—1. Turner (LBS), 13.98; 2. Borden (Idaho St.), 14.08; 3. Harris (CP SLO), 14.21; 4. Royal (LBS), 14.29.

THREE MILE—1. Chaldez (CS North.), 13:55.89; 2. Pidaduza (Nevada Reno), 13:57.35; 3. Hess (Idaho St.), 14:00.82; 4. Schankel (CP SLO), 14:02.07.

440 RELAY (combined)—1. Long Beach St. (Jones, Turner, Williams, Shorts), 40.90; 2. Cal Poly Pomona, 41.12; 3. Cal St. Sacramento, 41.68; 4. Idaho St., 42.12.

MILE RELAY (combined)—1. Long Beach St. (Strough, Beasley, Fischer, Shorts), 3:13.86; 2. Fresno St., 3:14.05; 3. Cal Poly SLO, 3:14.07; 4. Cal St. Sacramento, 3:14.95.

POLE VAULT—1. Kearns (Fresno St.), 16-8; 2. Haagen (CP SLO), 16-8; 3. Richards (LBS), 16-4; 4. Sabatino (UC Irvine), 16-4.

DISCUS—1. Gardner (LBS), 188-7½; 2. Cowl (LBS), 172-3½; 3. Albright (CS North.), 172-2; 4. Frankiewich (Chico St.), 171-5.

SHOT PUT—1. Albright (CS North.), 59-4½; 2. Giroux (Fresno St.), 52-10 ¼; 3. Klein (UC Irvine), 52-6½; 4. Rothchild (CS North.), 52-6.

HIGH JUMP—1. Phillips (Chapman), 6-10; 2. Richardson (Fresno St.), 6-10; 3. Harber (CS Hayward), 6-10; 4. Heitcaw (LBS), 6-8.

May 10 -- Claremont HS Girls Invitation

100—1. Robi (Westchester), 11.3w; 2. Lackey (Costa Mesa), 11.6; 22-0.1. Robinson (Westchester), 25.9w; 2. Lackey (Costa Mesa), 26.1; 3. Johnson (Claremont), 26.4. 440—1. Daniels (Simi), 59.3; 2. Upton (Santa Barbara), 60.6. 880—1. Porter (Simi), 2:21.0; 2. Sprague (Arcadia), 2:22.6. **MILE**—1. Williams (Monrovia fresh-

Long Jump, Section 1:

1. Dan Luna (CSLA) 21-7
2. Jack Gilberg (LaVerne) 21-3½
3. Pat Ung (LaVerne) 20-8

Long Jump, Section 2:

1. Bernard Parks (UC River) 21-11½
2. Bill Derrick (CSLA) 21-7½
3. Ernest Fuller (CSF) 21-3½

Shot Put:

1. Bruce Rothschild (CSN) 51-10
2. Fritz Coffman (CSF) 51-½
3. Nate Pogues (UC River) 47-6½

3000 Meter Steeplechase:

1. Al Yardley (Weber State) 9:01.8
2. Bob Slick (CSF) 9:37.6
3. Ralph Staunton (UC Irv) 9:37.8

440 Yard Relay:

1. CS Los Angeles 42.1
2. UC Irvine 42.4
3. CS Fullerton 42.7

Triple Jump:

1. Bill Derrick (CSLA) 46-11½
2. Ernest Fuller (CSF) 45-½
3. Dan Luna (CSLA) 45-5½

Discus, Section 1:

1. Oba Warren (CSLA) 134-9
2. Bob Davis (Weber State) 132-0
3. Dana Nitz (Claremont) 130-1

Discus, Section 2:

1. Fritz Coffman (CSF) 156-2
2. Nate Pogues (UC River) 146-0
3. Mike LePrey (Weber State) 140-7

Mile Run, Section 1:

1. Tom Lee (Ambassador Coll) 4:23.6
2. Pete Delos Reyes (CSLA) 4:26.2
3. Ralph Patten (AmbassColl) 4:27.1

Mile Run, Section 2:

1. Larry Mason (CSF) 4:13.5
2. Alex Flores (CSLA) 4:14.5
3. John Konigh (UC Irvine) 4:14.7

120 Yard High Hurdles:

1. Cappy Rillera (CSLA) 14.8
2. Bob Cox (Weber State) 14.9
3. Doug Hudson (Claremont) 15.6

440 Yard Dash:

1. Richard Grout (UC Irvine) 48.9
2. Mark Wagner (CSLA) 49.4
3. Gary Figgins (Weber State) 50.1

100 Yard Dash, Section 1:

1. Alan Ludiway (CSF) 10.1
2. Lee Robinson (UC River) 10.1
3. Jack Gilberg (LaVerne) 10.2

100 Yard Dash, Section 2:

1. Russ Royston (UC Irvine) 9.8
2. David Williams (UC Irvine) 9.9
3. Larry Rowles (CSLA) 9.9

880 Yard Run, Section 1:

1. Mike McNamara (CSF) 1:55.2
2. Larry Mason (CSF) 1:56.8
3. Doug Friedli (Weber St) 1:57.4

880 Yard Run, Section 2:

1. Dan Dean (Weber State) 1:50.8
2. Doug MacLean (USC) 1:53.8
3. Terry Fink (UC Irvine) 1:54.3

440 Yard IH, Section 1:

1. Dave Carlin (CSLA) 55.9
2. Dan Persinger (Chapman) 60.5
3. Pat Ung (LaVerne) 61.1

440 Yard IH, Section 2:

1. Clyde Barker (Weber St) 54.4
2. Mark Von Iderstein (Web) 55.0
3. Gerry De Santis (CSLA) 55.5

220 Yard Dash, Section 1:

1. Nelson Jarquin (CSLA) 22.2
2. Lee Robinson (UC River) 22.6
3. Gary Figgins (Weber St) 23.1

220 Yard Dash, Section 2:

1. Larry Rowles (CSLA) 21.5
2. Russ Royston (UC Irvine) 22.0
3. David Williams (UC Irvine) 22.2

Three Mile Run, Section 1:

1. Al Yardley (Weber St) 14:17.9
2. Pete Garcia (Weber St) 14:25.6

Cupertino, May 10 -- Cupertino Yearlings Invitational, at Monta Vista High School

Youth Division

Long Jump:

1. Bob Casper (SVTC) 16-5 3/4
2. W. Barry (BLACH) 16-3 3/4
3. S. Long (SVTC) 15-8½

Triple Jump:

1. Bob Casper (SVTC) 36-3 3/4
2. W. Barry (BLACH) 33-11
3. B. Sells (SVTC) 33-4½

Discus:

1. J. Little (ATC) 108-1
2. Bob Casper (SVTC) 102-6½
3. S. Reiling (ATC) 65-8½

440 Relay:

1. Occidental College 42.1
2. U.S. International Univ. 43.1
3. Cal Lutheran College 43.1
4. Pomona-Pitzer College 43.6
5. Azusa Pacific 44.1

Hammer Throw:

1. Brown, Ken (Biola) 162-2
2. Miller, Jeff (SCC) 160-0
3. Lanier, Asusa 151-8
4. Piechowski, Glen (CLC) 144-6
5. Kroeker, Steve (FFC) 135-8

Three Mile:

1. Jameson, Joel (Oxy) 13:47.6
2. Armstrong, John (Pom-Pit) 13:54.2
3. Fredriksson, Peter (USIU) 14:04.2
4. Luce, Randy (Pom-Pitz) 14:18.2
5. Hartig, Jim (FFC) 14:19.6

Long Jump:

1. Byrd, Ralph (CSS) 23-2½
2. Williams, Danny (Oxy) 23-1½
3. Wallace, John (AzPac) 22-4½
4. Deroo, Brian (Redlands) 22-2½
5. Dixon, Mark (CLC) 21-1½

10,000 Meter Walk:

1. Bouldin, Ed (SCC) 50:12.0
2. Swift, Carl (Azusa Pac) 50:45.8
3. Buchanan, Roy (Oxy) 53:50.4
4. Brownlee (Stanislaus) 55:50.0
5. Ramirez, Ed (FFC) 59:20.0

Six Mile Run:

1. Fredriksson, Peter (USIU) 29:14.2
2. Luce, Randy (Pom-Pitz) 30:06.4
3. Odom, Mark (Azusa Pac) 30:22.2
4. Palcic, Ron (CLC) 30:26.0
5. Askron, Dave (Oxy) 30:32.2

High Jump:

1. Case, Doug (Biola) 6-6
2. Unfried, Jerry (CLC) 6-4
3. Newkirk, Ed (Biola) 6-4
4. Johnson, Charles (SCC) 6-4
5. Odell, Doug (Oxy) 6-2

Mile Relay:

1. Occidental College 3:14.3
2. U.S. International Univ. 3:16.2
3. Pomona-Pitzer College 3:20.0
4. Azusa Pacific College 3:23.2
5. Whittier College 3:24.0

One Mile:

1. Armstrong, John (Pom-Pit) 4:09.7
2. Tarn, Kuang-Chia (Redind) 4:10.5
3. Jameson, Joel (Oxy) 4:10.7
4. Kennedy, Pat (Oxy) 4:12.1
5. Browning, Allen (Oxy) 4:13.2

Decathlon:

1. Barber, Ed (FFC) 6,553
2. Kupersmith (Azusa) 6,534
3. Waters (Point Loma) 5,901
4. Pinckard (Biola) 5,861
5. Krupnik (Redlands) 5,573

Santa Maria, May 10 & 11 -- Hancock Invitational Decathlon

Dani Eitelberg (Hancock) 6178
11.9, 20-7½, 34-1, 5-10, 53.8, 15.4,
105-10½, 11-5 3/4, 157-2½, 4:43.6.

Tori Lewis (Hancock) 6132
Eli Cazares (Reedley) 5041
Norm Couper (Hancock) 4704
Kurt Wahl (Santa Maria HS) 4555
/Ray Kring/

May 17 -- Bakersfield Track Classic

Pettus (BA Striders) 10.3
Jackson (BH Striders), 10.4
Ferguson (Mickey's Missiles) 10.3
One Mile (First) —1.

10.3; 2. Williams (AS) 10.3; 3.
Deckard (Calif. Int.), 10.4; 4. Mc-
Queen (Australia), 10.4.

400 METERS—1. Parks (BH
Striders), 45.9; 2. McCullough (AS),
46.6; 3. Gee (Australia), 47.3;
4. Hamey (U.S. Army), 47.3.

800 METERS—1. Zuck (BH
Striders), 1:49.3; 2. Baxter (All-
American TC), 1:49.5; 3. Bradford

4. Gandy (All-American TC), 1:49.6;

Bakersfield, May 10 -- Central Calif Junior Olympics

INTERMEDIATE BOYS (14&15):
100 Yard Dash:

- Arthur Ireland (Irwin, Fresno) 10.5
- Reggie Laws (Emerson, Bak) 10.5
- Robert Long (El Capitan, Fr) 10.6

220 Yard Dash:

- Bill Claassen (Sierra, Fr) 23.0

100 METERS (First) —1.

440 Relay:

1. Thea Perish (Compton, Bk) 11.1
2. Mona Yates (Irwin, Fr) 11.1
3. Connie Ward (Gldn St, Bk) 11.2

INTERMEDIATE GIRLS (14&15)

100 Yard Dash:

1. Joyce Franklin (Irwin, Fr) 25.9
2. Kim Ray (Emerson, Bk) 26.1
3. Phyllis Gupton (Gldn St, Bk) 27.0

880 Yard Run:

1. Theresa Fisher (Olof Vic, Fr) 2:26.0
2. Michele Kuykendall (Visalia) 2:33.7
3. Toni Renega (Hamilton) 2:34.0

One Mile Run:

1. Isabel Jaramillo (Clark, Clovis) 5:31.9
2. Elaine Kent (Wasco) 5:32.6
3. Becky Camps (Hamilton, Fr) 5:35.2

100 Meter low Hurdles:

1. Tammy Fees (Akers, Lemoore) 16.2
2. Lynette Whitley (Ahwahnee, Fr) 16.3
3. Annette Wade (Sierra, Fr) 16.4

Long Jump:

1. Roxanne Wright (Hamilton, Fr) 17-4
2. Maurice Smith (Earlimart) 16-9
3. Paula Stevens (Coalinga) 16-8

High Jump:

1. Tammy Fees (Akers, Lemoore) 5:3-3/8
2. Debbie Sconiers (West Park, Fr) 5:3-3/8
3. Bonnie Hoskins (Ahwahnee, Fr) 4-8 3/4

8 1b Shot Put:

1. Vickie Brewer (Madera) 33-3/8
2. Sandy Taylor (Waukena, Tulare) 32-6
3. Elaine Baisdon (Washington C) 32-3/8

Discus:

1. Tracy Kuhn (Clark, Clovis) 97-8
2. Lee Gunn (Yosemite, Fr) 95-3
3. Charlotte Amos (Liberty, Va) 89-1
4. /Joe Herzog/

SHOT PUT—1. Albright (CS North), 59-4½; 2. Giroux (Fresno St.), 52-10 ¼; 3. Klein (UC Irvine), 52-6½; 4. Rothchild (CS North), 52-6.

HIGH JUMP—1. Phillips (Chapman), 6-10; 2. Richardson (Fresno St.), 6-10; 3. Harber (CS Hayward), 6-10; 4. Heitchew (LBS), 6-8.

May 10 -- Claremont HS Girls Invitation

100—1. Robi [redacted] (Westchester), 11.3w; 2. Lackey (Costa Mesa), 11.6; 220—1. Robinson (Westchester), 25.9w; 2. Lackey (Costa Mesa), 26.1; 3. Johnson (Claremont), 26.4. 440—1. Daniels (Simi), 59.3; 2. Upton (Santa Barbara), 60.6. 880—1. Porter (Simi), 2:21.0; 2. Sprague (Arcadia), 2:22.6. MILE —1. Williams (Monrovia freshman), 5:24.8; 2. Diaz (San Dimas), 5:27.4; 3. Porter (Simi), 5:28.9.

TWO MILE—1. Chisam (Arcadia), 11:58.2; 2. Barber (Santa Barbara), 12:09.8. 100 METER HURDLES (33 inches)—1. Sonnenburg (Upland), 15.1; 2. Winnenwisser (Bishop Diego), 15.6. 400 METER HURDLES—1. Hightower (Upland), 46.8; 2. Stary (Claremont), 49.4.

440 RELAY—1. Westchester, 50.0; 2. Banning (LA), 51.1. MILE RELAY—Simi, 4:05.7; 2. Arcadia, 4:07.3. 880 MEDLEY RELAY—1. Santa Monica, 1:53.7; 2. Upland, 1:54.6. DISTANCE MEDLEY RELAY—1. Costa Mesa, 13:48; 2. Rosemead, 13:56.0. HJ—1. Carter (Monrovia), 5-0; 2. K. Kadlubek (Santa Barbara), 5-10. LJ—1. Wyatt (Monrovia), 17-4½; 2. Stewart (Pomona), 17-4. SP(4 kilo)—Gomez (Bishop Diego), 38-4½; 2. V. Kadlubek (Santa Barb), 34-10; 3. Wilcox (Chaffey), 34-0½. DT—1. Gomez (BD), 111-10; 2. Pyles (Monrovia), 97-3.

TEAM SCORES—Monrovia 55, Simi and Bishop Diego 48.

/Rich Ede/

Riverside, May 10 -- Ninth Riverside Invitational Track and Field Meet, University of California.

Hammer:
1. Fritz Coffman (CSF) 159-8
2. Frank Beeler (Un) 153-3
3. Art Venegas (Un) 152-2

Pole Vault, Section 2:
1. Bill Hayes (USC) 16-0
2. John Kwan (USC) 16-0
3. Mario Lamparter (CSLA) 15-0

Pole Vault, Section 1:
1. Bill McClumphy (Chapman) 13-0
2. Kenyon King (LaVerne) 11-6

High Jump:
1. Jess Hill (CSLA) 6-6
2. Mark Delaney (CSF) 6-4

Javelin, Section 1:
1. Bob Meyer (Pomona-Pitz) 172-0
2. Bart McClintic (CSLB) 169-2
3. Jeff Shaffer (UC River) 146-8

Javelin, Section 2:
1. Bob Hill (Weber State) 236-2
2. Carlos Omphrey (BHS) 229-8
3. Val Newton (CSF) 190-6

2. Larry Mason (CSF)	1:56.8	Mile Walk:	5. Browning, Allen (Oxy)	4:13.2	Norm Couper (Hancock)
3. Doug Friedli (Weber St)	157.4	1. N. Sakelarios (RCF)	8:37.4	Occidental 198½, Cal Lutheran 71,	4704
880 Yard Run, Section 2:		2. G. Vasquez (SVTC)	8:40.9	Pomona-Pitzer 69½, USIU 58, So. Calif.	4555
1. Dan Dean (Weber State)	1:50.8	3. I. Miller (CY)	9:34.9	College 58, Azusa Pacific 52.	
2. Doug MacLean (USC)	1:53.8	Mile Relay:			
3. Terry Fink (UC Irvine)	1:54.3	1. Cupertino Yearlings	4:11.6	Decathlon:	
440 Yard IH, Section 1:		2. Sparta Track Club	4:15.7	1. Barber, Ed (PFC)	6,553
1. Dave Carlin (CSLA)	55.9	3. Salinas Valley TC	4:20.1	2. Kupersmith (Azusa)	6,554
2. Dan Persinger (Chapman)	60.5			3. Waters (Point Loma)	5,901
3. Pat Ung (LaVerne)	61.1			4. Pinckard (Biola)	5,861
440 Yard IH, Section 2:				5. Krupnik (Redlands)	5,573
1. Clyde Barker (Weber St)	54.4				
2. Mark Von Iderstein (Web)	55.0				
3. Gerry De Santis (CSLA)	55.5				

220 Yard Dash, Section 1:
1. Nelson Jarquin (CSLA) 22.2
2. Lee Robinson (UC River) 22.6
3. Gary Figgins (Weber St) 23.1

220 Yard Dash, Section 2:
1. Larry Rowles (CSLA) 21.5
2. Russ Royston (UC Irvine) 22.0
3. David Williams (UC Irvine) 22.2

Three Mile Run, Section 1:
1. Al Yardley (Weber St) 14:17.9
2. Pete Garcia (Weber St) 14:25.6
3. Ed Lopez (CSF) 14:37

Three Mile Run, Section 2:
1. Bob Slick (CSF)
2. Ralph Fatten (AmbassColl) 15:26.8
3. Gary Reimer (AmbassColl)

Mile Relay:
1. UC Irvine 3:16.9
2. CS Fullerton 3:18.1
3. Weber State 3:18.9

/Chris Rinne/

Weott, May 11 -- Avenue of the Giants Marathon

1. Wayne Badgley (Stockton) 2:18:06	830 Yard Final:
2. Reid Harter (Lk Tahoe) 2:20:55	1. Cleary, Malcolm (Oxy) 1:51.8
3. James N. Barker (Watson) 2:28:11	2. Tarn, Kuang-Chia (Red) 1:55.0
4. Patrick Buzbee (Chico) 2:28:22	3. Mosiany, Stan (Westmont) 1:55.7
5. Ron Johnson (Medford) 2:28:37	4. Cox, Darrel (PFC) 1:54.1
6. Bob Bunnell (Arcata) 2:32:00	5. Prested, Dan (SCC) 1:56.4
7. Fred Emerling (Stockton) 2:32:36	70 Yard Dash:
8. Roger Gerard (Denver) 2:33:28	1. Brown, Kelvin (Oxy) 22.0
9. Brian Chapman (Eugene) 2:34:51	2. Hampton, James (USIU) 22.0
10. Conrad Lowry (Bayside) 2:35:46	3. Edwards, Tony (Oxy) 22.3
11. Thomas Brant (Eugene) 2:37:48	4. Rulenze, Ed (CLC) 22.3
12. Michael Buzbee (Chico) 2:39:09	5. Hall, Dan (Westmont) 22.5
13. Kevin Kirby (Sacramento) 2:39:38	Discus:
14. Hershell Jenkins (Arcata) 2:39:55	1. Howard, Jim (Westmont) 179-2
15. Walt Shafer (Marysville) 2:40:28	2. Auferoth, Steve (Biola) 162-9
16. Raymond Bonner (San Fran) 2:40:33	3. Scott, Dave (Oxy) 160-2
17. David Warren (Berkeley) 2:40:45	4. Miller, Jeff (SCC) 151-10
18. Dennis O'Halloran (Arcta) 2:41:14	5. Wigton, Dave (CLC) 149-1
19. John Rudberg (PlsVrds) 40:2:41:34	440 Yard Dash:
20. Ed Dally (Monterey) 2:41:35	1. Singletary, Mike (SCC) 47.0
21. David Call (Sacramento) 2:42:08	2. Young, Sam (Oxy) 48.0
22. Dave Mitchell (SanDiego) 2:42:23	3. Taylor, Bill (Pom-Pit) 49.3
23. Gary McIntosh (Medford) 2:42:38	4. Burnham, Perry (USIU) 49.7
24. Tom Catrio (Berkeley) 2:43:08	5. Tanner, Dave (Oxy) 49.9
25. Paul Koski (San Fran) 2:43:19	Pole Vault:
26. Rene Ruzi (Encino) 2:43:47	1. Henderson, Tom (Oxy) 15-6
27. Rick Garrison (Bayside) 2:44:37	2. Holte, Rich (Oxy) 15-0
28. Ken Kendall (Santa Ana) 2:44:49	3. Johnson, Scott (CLC) 14-0
29. Jeff Kroot (Lagunitas) 2:45:00	4. Smith, Ron (PLC) 13-6
30. Dan Moore (Livermore) 2:45:21	5. Van Auker, John (CLC) 13-0
78. Caron Schaumberg (SrtRsa) 3:04:42	120 High Hurdles:
80. Mel Anderson (Bayside) 50:3:04:53	1. Smith, Steve (Pom-Pit) 14.8
271 Finishers /Dick Gilchrist/	2. David, Larry (Oxy) 14.9

Weott, May 11 -- Avenue of the Giants Half Marathon, 13.1 miles	1. Smith, Steve (Pom-Pit) 14.8
1. Michael Healy (Kentfld) 1:14:56	2. David, Larry (Oxy) 14.9
2. Mike Libolt (Arcata) 1:19:47	3. San German, Ross (Wh) 15.1
3. George Moss (El Cerrito) 1:21:08	4. Bakerink, Ben (CSS) 15.6
4. Harry Cottrell (CitrHts) 1:21:26	5. Stormo, Owen (CLC) 16.0
5. John Stovet (Palo Alto) 1:22:23	3000 Meter Steeplechase:
6. Don Capron (Sausalito) 1:22:57	1. Wester, Wilbur (CLC) 9:13.4
7. Keith Campbell (SanJose) 1:23:52	2. Sisler, Jon (Oxy) 9:25.6
8. Roger Willmarth (McCloud) 1:26:09	3. Hitt, Walt (SCC) 9:34.4
9. Thomas Burns (Berkeley) 1:28:34	4. Sweeny, Phil (Oxy) 9:38.2
10. Jon Wood (Eugene, Ore.) 1:28:45	5. Murillo, Bob (Pom-Pit) 9:42.8
56 finishers /Dick Gilchrist/	8 lb Shot Put:
	Lawrence Ramirez (Yosemite, Fr) 53-2½
	Timmy Tarver (HavenDr, Arvin) 50-11 3/4
	Oracio Perez (HavenDr, Arvin) 48-6½
	Discus:
	Robert Ellis (Tenaya, Fr) 120-1
	Wayne Penley (Grant, Reedley) 119-9
	Rob Amble (Chipman, Bk) 103-10
	Pole Vault:
	Bennett Bramlet (Tulare) 11-0
	Greg Palomino (Hamilton, Fr) 9-6
	Kevin Hernandez (Shafter) 9-0

5. Browning, Allen (Oxy)	4:13.2	Norm Couper (Hancock)	4704
Occidental 198½, Cal Lutheran 71,		Kurt Wahl (Santa Maria HS)	4555
Pomona-Pitzer 69½, USIU 58, So. Calif.		/Ray Kring/	
College 58, Azusa Pacific 52.			

May 17 -- Bakersfield Track Classic

100 METERS (First Heat) —1.

Pettus (BA Striders), 10.5; Ferguson (Mickey's Missiles), 10.5 (Second Heat)—1. Wells (St.), 10.3; 2. Williams (AS), 10.3; 3. Deckard (Calif. Int.), 10.4; 4. McQueen (Australia), 10.4.

400 METERS—1. Parks (BH Striders), 45.9; 2. McCullough (AS), 46.6; 3. Gee (Australia), 47.3; 4. Hane (U.S. Army), 47.3.

800 METERS—1. Zuck (BH Striders), 1:49.3; 2. Baxter (All-American TC), 1:49.5; 3. Radford (Arizona), 1:49.8; 4. Chavez (Mexico), 1:50.7.

110-METER HH—1. Rich (Calif. Int.), 13.6; 2. Burl (AS), 13.8; 3. Carson (BA Striders), 13.9; 4. Young (West Valley TC), 14.7.

5,000 METERS—1. Shorter (Florida TC), 13:43.8; 2. Halberstadt (Pacific Coast Club), 13:44.6; 3. Babiracki (Valley TC), 14:02.2; 4. Garcia (U.S. Army), 14:10.4.

5,000-METER WALK—1. Laird (New York AC), 22:23.1; 2. DiBernardo (Rialto Roadrunners), no time; 3. Bentley (BH Striders), 26:28.0.

440 RELAY—1. Arizona St., 40.1; 2. Bay Area Striders, 40.1; 3. Beverly Hills Striders, 40.6; 4. Australia, 41.0.

HAMMER—1. Frenn (unat), 218-3; 2. Diehl (U.S. Army), 215-10; 3. Schuff (U.S. Army), 212-11; 4. Galle (unat), 205-0.

SHOT PUT—1. Feuerbach (PCC), 67-10½; 2. Dolegiewicz (Canada), 64-1H½; 3. Niedhart (Kunat), 62-5.

HIGH JUMP—Joy (Texas El Paso), 7-2; 2. Feragine (Canada), 7-2; 3. Joseph (All-American TC), 7-0; 4. Owens (Jamul Toads), 6-10.

JAVELIN—1. Pearce (BH Striders), 246-5; 2. Lalio (Canada), 244-2; 3. Kennedy (San Jose Stars), 240-6; 4. Stuart (BH Striders), 231-5.

1,500 METERS—1. Centrowitz (unat), 3:44.4; 2. Parn (Redlands), 3:49.2; 3. Mosher (BH Striders), 3:50.5; 4. Mendes (Mexico), 3:51.0.

200 METERS—1. Williams (AS), 20.6; 2. Deckard (Calif. Int.), 20.8; 3. Fitzgerald (Australia), 20.9; 4. Lutz (PCC), 20.9.

400-METER IH (First Heat)—1. Cheadle (UC Irvine), 50.6; 2. Singh (Nevada Reno), 51.8; 3. Hanley (Australia), 52.4. (Second Heat)—1. Mann (BH Striders), 49.1; 2. Williams (Mickey's Missiles), 49.3; 3. King (Mickey's Missiles), 49.8.

POLE VAULT—1. Simpson (Canada), 17-1½; 2. Dias (BH Striders), 17-1½; 3. Boyd (Australia), 17-1½; 4. Pullard (All-American TC), 16-6.

TRIPLE JUMP—1. Grimes (UTEP), 54-2½; 2. Steffes (BH Striders), 53-1½; 3. Reeder (Calif. Int.), 51-2½; 4. Fraser (unat), 50-1½.

DISCUS—1. Powell (PCC), 215-2; 2. Wilkins (Axeman TC), 204-1; 3. Stadel (San Jose Stars), 193-4; 4. Silvester (unat), 192-4.

MILE RELAY—1. BH Striders (Dixon, Ewing, Mann, Parks), 3:05.8; 2. Australia, 3:06.2; 3. Arizona, 3:06.6; 4. Occidental, 3:08.3.

WOMEN

100—1. McTagert (Canada), 11.9; 2. Fleetwood (SoCal Cheetahs), 12.0; 3. Douglas (Comets), 12.1.
800 METERS—1. Kleinssasser (Redlands), 2:07.6; 2. Decker (unaff), 2:08.9; 3. Rose (Blue Angels TC), 2:09.6; 4. Larsen (Will's Wonder Women), 2:10.8.

JAVELIN—1. Smith (South Coast TC), 174-9; 2. Dahlgren (Canada), 164-3; 3. Baland (Canada), 152-0; 4.

5,000-METER WALK—1. S. Brodock (Rialto RR), 26:39.7; 2. Matheny (Rialto RR), 27:22.6; 3. L. Broddock (Rialto RR), no time.

200 METERS—1. McTagert (Canada), 24.3; 2. Rich (LB Comets), 24.4; 3. Green (SoCal Cheetahs), 25.0; 4. Muse (Will's Wonder Women), 25.0.

1,500 METERS—1. Poor (San Jose Cindergals), 4:22.3; 2. Lee (Redlands), 4:22.8; 3. Lindh (Will's Wonder Men), 4:28.2.

CCAC HANSON DAM RUN

DATE—05/11/75 DISTANCE--10.000 MILES

1 DAVE WHITE	23	AATC	52:21
2 BOB BRANCH	29	CCAC	53:00
3 JOE CARLSON	23	AATC	53:07
4 JIM ARQUILLA	24	AATC	53:19
5 DENNIS CALDWELL	20	AZTC	53:49
6 MIKE CHAMBLISS		SBAA	53:51
7 PAT MILLER	24	CCAC	54:01
8 STEVE CHASE	20	UNAT	54:05
9 PAUL COOK	22	AIA	54:34
10 LARRY REYES	23	SDTC	54:41
11 LARRY PEREZ	24	AZTC	54:48
12 MARVIN ROWLEY	1 SM	35	CCAC
13 JOHN BRENNAND	2 SM	39	SBAA
14 TRUMAN CLARK	3 SM	39	BHS
15 JAMES PEREZ	28	AZTC	56:13
16 JEFF RAWLINGS	29	CCAC	56:34
17 STEVE BRODEN	22	STC	56:56
18 ALAN HAAS	27	GWA	57:04
19 JIM FLANIGAN	25	BHS	57:24
20 LARRY PONTINEN	33	SBAA	57:31
21 RON WISE	36	SBAA	57:44
22 JOHN FISANOTTI	19		57:55
23 LOU HURTADO	17	UNAT	57:56
24 VINCE FIGUEROA	22	SBAA	58:04
25 ROBERT RIDLEY	26	CCAC	58:13
26 DOUG SORTINO	16	UN	59:09
27 BART J. COVENTRY	34	UN	59:13
28 CHARLES W. HODGE	24	UNA	59:18
29 JERRY SMARTT	1 40	43	UNA
30 BILL THOMPSON	38	STC	59:30
31 GABRIEL GROSZ		CCAC	59:45
32 SKIP SHAFFER	37	CCAC	59:56
33 MICHAEL SAYWARD	26	UNAT	1:00:04
34 PRESTON DRAKE	31	CCAC	1:00:09
35 CARL SWIFT	21	AZPC	1:00:17
36 IPWIN MERINEIN	24	CCAC	1:00:19
37 TOM GLEASON	32	UNAT	1:00:140
38 JOHN RUPP	28	UNAT	1:00:52
39 CEASAR PIZANO	23	AZTC	1:01:09
40 JOHN BRENNEMAN	19	UNA	1:01:115
41 SAM NICHOLSON	46	STC	1:02:141
42 RALPH HOWARD	24	UNA	1:02:156
43 ARMAND GENEDEZAS	21	FTC	1:03:01
44 TOM TITI	23	UNAT	1:03:18
45 DOUG MURRIES	19	UNA	1:03:31
46 JIM K. HILL	30	UNAT	1:03:45
47 DAVE MARKER	44	STC	1:03:49
48 STEVE ADAMS	25	UNA	1:03:52
49 GILBERT PEREZ	42	STC	1:03:54
50 NICK AGOSTINELLI	34	BHS	1:04:10
51 RICHARD DAVIES	1 50:53	CCAC	1:05:09
114 JOYCE ROWLEY	1 WOM	31	UNAT

Corvallis, Oregon, May 16 & 17 -- 7th AIAW National Track & Field Champion-ships

Shot:

1. Susie Snider (Baylor) 48-1
2. Okeoke (OCE) 46-7½
3. Mathews (Seattle Pacific) 45-4½

/John Brennand/

CALIFORNIA TRACK NEWS**440:**

1. Quentin Wheeler (SDS) 50.8
2. Mark Ables (SDS) 51.7
3. Jim Wyatt (SJS) 52.0
4. Charles Lowe (FS) 52.4
5. Garry Greene (SDS) 52.9

440 Relay:

1. San Jose State 40.9
 2. Long Beach State 41.4
 3. San Diego State 41.4
 4. Cal State Fullerton 41.8
 5. Fresno State 42.7
- Mile Relay:**
 1. San Diego State 3:12.0
 2. Long Beach State 3:12.6
 3. Fresno State 3:12.6
 4. Cal State Fullerton 3:14.6

Decathlon:

1. Jim Foster (FS) 6,735
 2. Rick Moore (LBS) 6,652
 3. Steve LeVa (FS) 6,545
 4. Mike Nix (FS) 6,250
 5. Alvin Bunn (FS) 5,928
- Discus:**
 1. Dan Gardner (LBS) 185-0
 2. Mike Weeks (SJS) 173-1
 3. Kevin Cowl (LBS) 172-10
 4. Fritz Coffman (CSF) 165 4
 5. Ken Watkins (FS) 161-6

Hammer:

1. Mike Giroux (FS) 189-6
 2. Ward Sorenson (FS) 174-4
 3. Fritz Coffman (CSF) 162-5
 4. Dan Gardner (LBS) 146-6
 5. Mark Stevens (SDS) 125-3
- High Jump:**
 1. Ron Livers (SJS) 7-2
 2. Carl Miles (LBS) 7-0
 3. Bill Heitchew (LBS) 6-8
 4. Jeral Richardson (FS) 6-8
 5. Charles Mackey (SJS) 6-8

Javelin:

1. Keith Goldie (LBS) 240-5
2. Dave Krogh (SJS) 234-6
3. Mike Nix (FS) 197-8
4. Steve Zotovich (LBS) 196-8
5. Richard Neilson (FS) 194-2

Long Jump:

1. Curtis Davis (SJS) 25-5½
2. Reggie Huey (SJS) 24-9½
3. Dan Carter (SJS) 24-2 3/4
4. Stanford Brewer (LBS) 23-7 3/4
5. Bill Moreno (LBS) 23-3/4

Pole Vault:

1. Dan Riplley (SJS) 17-0
 2. Roger Martin (SJS) 16-6
 3. Randy Kearns (FS) 16-0
 4. Paul Richards (LBS) 15-6
 5. Bill Andrews (SJS) 15-0
- Shot Put:**
 1. Mike Giroux (FS) 54-6

Shot Put:

1. Mike Giroux (FS) 54-6
2. Mike Stevens (SDS) 53-10
3. Mark Stevens (SDS) 52-9
4. Steve Parisen (SDS) 52-6
5. Ken Watkins (FS) 50-9

Triple Jump:

1. Ron Livers (SJS) 51-11 3/4
2. Dan Carter (LBS) 48-11 1/2
3. Tom Bush (SDS) 48-10 1/2
4. George Finley (FS) 46-1 3/4
5. Kevin Wake (LBS) 45-10

Discus:

1. Joann Wheeler (Chi St.) 11.18
 2. Riggs (Cen Wash State) 11.20
 3. Birt (USC) 11.28
- 800 Medley Relay:**
 1. UCLA 1:44.96
 2. TUU 1:45.23
 3. USC 1:45.50

1600 Relay:

1. Prairie View 3:45.06
 2. Colorado State 3:45.23
 3. Iowa State 3:51.04
- UCLA 89, Prairie View 71, Texas Women's University 29, Colorado State 27, Michigan State 27. /Lee Green/**

1200H:

1. Mike Stokes (Chico) 14.8

100:

1. Veronica Harris (Chi St.) 11.18
 2. Riggs (Cen Wash State) 11.20
 3. Birt (USC) 11.28
- Mile Relay:**

1. CSU Sacramento 3:15.4
 2. San Francisco State 3:15.7
 3. UC Davis 3:18.0
- 800 Meter Hurdles:**
 1. Joanne Erb (LATC) 46.3

1. John Brockner (SF) 54.4
 2. Mike Stokes (Chico) 54.7
 3. Gene Davis (SF) 55.4
- Mile Walk:**
 1. Laura Janousek (PCP) 8:51.2

1. Judy Fargo (GG) 4-10
 2. Jody Bowen (LIT) 4-10
 3. Mary Beth Lund (PTC) 4-8
- Long Jump:**
 1. Sherry Moreno (LIT) 16-2 3/4

1. Alison Reed (AA) 15-11 1/2
 2. Shelly South (PTC) 15-10
 3. Mary Beth Lund (PTC) 29-3 1/2
- High Jump:**
 1. Judy Fargo (GG) 4-10

1. Bea Hunt (RRR) 38-10 1/2
 2. Christy Pyle (LATIC) 32-10 1/2
 3. Rose Vilalvazo (RRR) 29-3 1/2
- Shot Put:**
 1. Bea Hunt (RRR) 38-10 1/2

1. Bea Hunt (RRR) 125-8
 2. Christy Pyle (LATIC) 125-8
 3. Rose Vilalvazo (RRR) 105-8
- Discus:**
 1. Christy Pyle (LATIC) 134-8

1. Bea Hunt (RRR) 125-8
 2. Christy Pyle (LATIC) 125-8
 3. Rose Vilalvazo (RRR) 105-8
- Javelin:**
 1. Lisa Van Benthem (Unat) 145-7

1. Lorelei Van Benthem (Unat) 138-7
 2. Donna Mayhem (PRE) 113-2
- 14-15 Girls Team Scores:**
 1. Los Angeles Track Club 95

2. Lakewood International 41
 3. Mickey's Missiles 40
- /Don Moraga/

LA Valley JC, May 17&18 -- Grandfather Games

100 Yard Dash:

1. Butler 10.0, Dennis 10.3, Dobroth 10.4, Davis 10.5, 40-49: Presber 10.5, Parish 10.6, Waterman 10.8, 50-59: Guidet 11.3, Fatsalis 11.4, Fetter 11.8, 60-69: Castro 12.8, Caruso 12.8, Hanson 13.0, 70+: Lum 14.1, Whittemore 18.5, Mowrer 19.4.

220 Yard Dash:

1. Penny Slaughter (LIT) 25.5
 2. Julie Lake (LIT) 25.6
 3. Sandy Muse (WWW) 25.9
- 440 Yard Dash:**
 1. Lynn Smith (WWW) 56.4

2. Julie Lake (LIT) 57.2
 3. Barb Geringer (Unat) 59.9
- 800 Yard Run:**
 1. Chiu-Shia-Lee (UR) 2:15.5

2. Marianne Maric (WRD) 2:21.7
 3. Amy Thompson (LBC) 2:22.1
- 2 Mile Run:**
 1. John Sheehan (Davis) 2:27.1

2. Mark Elias (HSU) 2:31.7
 3. Brad Morisol (Hay) 2:34.7
 4. Mark Sawyer (Hay) 2:34.8
 5. Ed Sarafino (Hay) 2:37.0
- 4 Mile Run:**
 1. Jamie Bowen (LIT) 5:09.2

2. Anne Dandoy (Unat) 5:22.5
 3. Kim Carson (Unat) 5:40.7
- 880 Yard Run:**
 1. Chiu-Shia-Lee (UR) 10:40.0

2. Marjorie Kaput (PTC) 10:48.4
 3. Lynne Miller (Unat) 11:30.0
- Long Jump:**
 1. Toni Griffin (WWW) 17-10

2. Penny Slaughter (LIT) 17-8 1/2
 3. Sandy Tyler (LIT) 17-7
- High Jump:**
 1. Candy Zbieranek (LIT) 5-4

2. Virginia Oliver (LIT) 5-2
 3. Cindy Rathmann (Unat) 5-0 1/2
- Shot Put:**
 1. Emily Dole (LIT) 48-11 1/2

2. Kathy Devine (Unat) 48-4 1/2
 3. Lee Rowland (Unat) 35-0
- Javelin:**
 1. Kathy Corr (LIT) 165-9

2. Beth Howell (Unat) 65.7
 3. Jill South (PTC) 65.9
- 400 Meter Hurdles:**
 1. Tim Stone (Chico) 71.7

Mile Walk:

1. Jane Janousek (SCC) 8:51.3
- Women Team Scores:**

Mile Relay:

1. CSU Sacramento 3:15.4

300 Meter Hurdles:

1. Joanne Erb (LATC) 46.3

Mile Walk:

1. Laura Janousek (PCP) 8:51.2

Long Jump:

1. Sherry Moreno (LIT) 16-2 3/4

400 Meter Hurdles:

1. Alison Reed (AA) 47.2

440 IH:

1. John Brockner (SF) 54.4

400 Relay:

1. Tom Brown (Chico) 47.7

400 Yard Dash:

1. Lynn Smith (WWW) 56.4

400 Yard Dash:

1. Julie Lake (LIT) 57.2

400 Yard Dash:

1. Barbara Geringer (Unat) 59.9

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Meter Hurdles:

1. Barbara Geringer (Unat) 59.9

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Yard Dash:

1. Barbara Geringer (Unat) 60.8

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Yard Dash:

1. Barbara Geringer (Unat) 60.8

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Yard Dash:

1. Barbara Geringer (Unat) 60.8

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Yard Dash:

1. Barbara Geringer (Unat) 60.8

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

400 Yard Dash:

1. Barbara Geringer (Unat) 60.8

400 Yard Dash:

1. Lynne Miller (Unat) 60.8

JULY/AUGUST - 1975

San Diego, June 7 -
CIF State Meet.

BOYS RESULTS

100 - K. Williams (San Fernando), 9.4 (tie state record held by Gray, Montgomery, 1967, and Jefferson, Crawford, 1974 and 1975 and Andrews, Westminster, 1975); Jefferson (Crawford), 9.5; Jackson (Pasadena), 9.5; Andrews (West, Central), 9.6; Glass (Castlemont), 9.6; Tillman (Huntington Park), 9.6.

220 - Mullins (Hamilton), 21.2; Andrews (West, Central), 21.2; McGlothlin (Compton), 21.3; K. Williams (San Fernando), 21.3; Jefferson (Crawford), 21.4; no sixth place.

440 - Ware (Sacramento), 47.2; Theriot (Newport Harbor), 27.8; Hunt (No. Hollywood), 47.7; Coulter (Harbor), 48.2; Smith (Pasadena), 48.3; Sexton (Compton), 48.6.

880 - Suhr (Leigh), 1:51.0; Aldridge (Petaluma), 1:51.5; Haccie (Birmingham), 1:51.8; Jones (North, Central), 1:52.6; Ledet (Washington, L.A.), 1:53.7; no sixth place.

MILE - Johnson (Skyline), 4:09.3; Arioli (Gahr), 4:10.1; Woods (Vista), 4:10.8; Green (San Rafael), 4:11.2; Hunt (Patrick Henry), 4:11.2; Baksh (Hollywood), 4:17.3.

TWO-MILE - Hustle (Laguna Beach), 8:44.9 (new state record). Old mark, 9:46.5; Kimball, De La Salle, 1974; Serna (Loara), 8:45.9; Kissen (San Ramon), 8:56.2; Kingery (San Carlos), 8:57.3; Aguirre (Santa Barbara), 9:00.1; Firtzke (Leigh), 9:03.0.

120 HIGHS - Gaines (Kennedy, North Coast), 13.3; Cooper (Harry Ells), 13.3; Peterson (Saddleback), 13.3; Gregory (Mission Viejo), 13.6; Kennedy (Serramonte), 14.0; Claxton (Skyline), 14.2.

330 LOWS - Cooper (Harry Ells), 36.5; Hunter (Pasadena), 36.7; Thompson (Morningside), 37.1; Miller (St. Bonaventure), 37.1; Finley (Cupertino), 37.4; Hicks (Serramonte), 37.5.

SHOT PUT - Kurrasch (Newport Harbor), 65-9.5; Laut (Santa Clara), 65-9; Vassar (Sonora), 64-11.5; Slinkard (St. Paul), 64-0.5; Horn (Hoover, Central), 62-10; Madison (L.B. Poly, Southern), 62-1.

DISCUS - Alberg (Lodi), 1-171-11; Howell (Fresnotti), 171-10; Desant (Los Gatos), 169-11; Tinsley (Nevada Union), 168-11; McNaughton (Hoover, Central), 167-5; Watkins (Archbishop Mitty), 164-0.

POLE VAULT - Schimmel (Villa Park), 15-6; Vahlstrom (Villa Park), 15-6; Goodman (Agora), 15-2; Sula (Lemoore), 14-10; Curran (Crespi), 14-10; Hinnaus (Aviation), 14-5.

HIGH JUMP - Washington (Fremont), 7-0; Owens (Castlemont), 6-10; Lane (America), 6-10; Collins (Monterey), 6-10; Synder (Encina), 6-4.

LONG JUMP - Jenkins (Ontario), 24-8.25; Jenkins (Ontario), 23-11.75; Pulliam (Skyline), 23-6.25; Andrews (West, Central), 22-11.5; Tillman (Huntington Park), 22-11.5; Simpson (Banning), 22-9.75.

TRIPLE JUMP - Robbins (Merced), 49-3; Jackson (Oakland), 49-2; Easley (Woodside), 49-1; Clingam (Warren), 48-5; Holcomb (Richmond), 48-1.25; Jackson (American), 47-10.5.

440 RELAY - Harry Ells (Gentry, Davis, Miller, Cooper), 41.2; Pasadena, 41.4; Compton, 41.5; Kennedy, Southern, 41.9; Kearny, 42.0; Wilson, San Francisco, disqualification.

Pomona, May 17 --
CCAA Championships

FINALS: HT—1. Allison (Cal St. Northridge), 135-7; 2. Morris (Cal St. Bakersfield), 127-9½; 3. Turley (CSB), 127-6; 4. Shaffer (UC Riverside), 126-3; 5. Rothschild (CSN), 121-8½. **TJ**—1. Goodlow (CSN), 48-10¾; 2. Jackson (CSB), 48-2; 3. James (Cal Poly Pomona), 47-1; 4. Christopher (Cal Poly SLO), 46-4½; 5. Vassaver (CSN), 46-3½. **DT**—1. Albright (CSN), 166-2; 2. Carrillo (CPP), 157-0; 3. Pogues (UCR), 147-7; Reabold (CPP), 139-4; 5. Benner (Cal St. LA), 138-3. **SIX MILE**—1. Chaidez (CSN), 28:33.5; 2. Schankel (SLO), 28:48.5; 3. Young (CSLA), 29:19.8; 4. Warwick (SLO), 29:34.5; 5. Wright (CSN), 31:13.3. **DECATHLON**: Five-Event Leaders—1. Hougen (SLO), 3:497; 2. G. Luke (CSLA), 3:338; 3. Wallace (CSN), 3:174.

QUALIFYING LEADERS: 100—Edwards (SLO), 97.220—Edwards (SLO), 21.4; 440—Byrd (SLO), 47.8; 880—Nash (CPP), 1:53.6; 440H—McNamara (SLO), 53.6.

TEAM SCORES (first of two days)—Cal St. Northridge 27, Cal St. Bakersfield 11; Cal Poly Pomona 9, Cal Poly SLO 8, UC Riverside 5, Cal St. LA 4.

/Ric Walker/

Diablo Valley College, May 23 --
Northern California Junior College
Championships.

Discus:
Jay Pushkin (Foothill) 164-9
Dave Hickson (San Jose) 163-4
Paul Santiago (American River) 157-3
Robert Mapp (San Francisco) 154-3
Ron Allen (DeAnza) 151-4
Steve Hall (Fresno) 144-5

3000 Meter Steeplechase:
Rich Langford (American R.) 9:19.2
Jack Reime (Cabrillo) 9:22.8
Rick Hart (Foothill) 9:32.4
Gil Brooks (San Jose) 9:37.2
Mike Garrett (Cosumnes) 9:42.4
Mark Lawson (DeAnza) 9:53.4

440 Yard Relay:
Alameda 40.9
Contra Costa 41.4
American River 42.4
San Francisco 42.4
Fresno 42.4
Porterville 42.8

Mile Run:
Doug Padilla (Chabot) 4:10.7
Bob Deis (American River) 4:10.7
Lynn Ryan (San Jose) 4:11.0
Loren Ringo (American River) 4:11.6
Damon Wood (San Mateo) 4:14.6
Richard Flores (Delta) 4:16.2

Long Jump:
Mark Givens (Fresno) 24-4 3/4
Cecil Overstreet (San Jose) 23-1
Emile Shaffer (Alameda) 23-1
Gary Gomes (Santa Rosa) 22-8½
James Holt (Chabot) 22-4 3/4
Rick Richardson (American r.) 22-0 3/4

120 Yard High Hurdles:
Mike Crittenden (Contra Costa) 14.2
Ike Almond (Skyline) 14.3
Clarence Rapides (Los Modinos) 14.3
Phil Branson (Porterville) 14.4
Charles Hatch (Cuesta) 14.7

CALIFORNIA TRACK NEWS

Tom Picarello (Ohlone) 6-4
Fritz Moge (West Valley) 6-4

Triple Jump:
Larry Johnson (Fresno) 50-3½
Emile Shaffer (Alameda) 50-1
John LeGrande (West Valley) 50-1
Mike Marlow (Cosumnes) 49-7 3/4
John Haynes (Contra Costa) 49-1 3/4
Cline Harrell (Delta) 48-10½

Pole Vault:
Ryon Paton (San Mateo) 15-6
Mark Lizotte (Foothill) 15-0
Mark Bell (American River) 15-0
James Smith (Sequoias) 15-0
Steve Lawry (Santa Rosa) 14-6
Earl Caldwell (San Mateo) 14-6

Mile Relay:
Alameda 3:15.9
Santa Rosa 3:15.9
San Francisco 3:16.3
Contra Costa 3:16.8
San Jose 3:17.2
San Mateo 3:19.0

/Oliver Hudson/

3,000-meter steeplechase (non-scoring): 1. Burgess (Fullerton); 2. Barajas (Palomar); 3. Wilson (Grossmont); 4. Kirkpatrick (Pierce); 5. Litch (Mt. Sac); 6. Van Arsdale (Fullerton); 9:24.0 (new meet record).

440 relay: Los Angeles Harbor (Howard, Mack, Pasley, Myles), 41.2; 2. Santa Barbara, 41.2; 3. Bakersfield, 41.2; 4. LA City, 41.4; 6. LA Trade Tech, 42.0.

Javelin: 1. Staengi (El Camino); 2. Vance (Moorpark); 3. Selman (Desert); 4. Hodges (Glendale); 5. Barbee (Long Beach); 6. Kibbee (Desert); 211-5.

Mile run: 1. Cotton (Grossmont); 2. Nilsson (Palomar); 3. Burns (Canyons); 4. Pullen (Grossmont); 5. Saavedra (Fullerton); 6. Rock (Fullerton); 4:05.4 (new meet record).

Shotput: 1. Nomis (Pierce); 2. Iacopetti (Glendale); 3. Hampton (Grossmont); 4. Moretti (Fullerton); 5. Gordien (San Bernardino); 6. Baxter (Harbor); 53-4.

120 high hurdles: 1. White (LA Southwest); 2. Hall (Mt. Sac); 3. Richardson (East LA); 4. Gates (Bakersfield); 5. Owens (Mt. Sac); 6. Hampton (Desert); 14.9.

440 dash: 1. Myles (Harbor); 2. Miller (LA City); 3. Bell (Bakersfield); 4. Peete (Long Beach); 5. Duplessis (Citrus); 6. Gresham (Bakersfield); 47.0 (ties meet record).

Long jump: 1. Smith (Ventura); 2. Brown (Victor Valley); 3. Carter (Citrus); 4. Brooks (Mira Costa); 5. Tolbert (Grossmont); 6. Johnson (Bakersfield); 24-23½.

100-yard dash: 1. Triplett (Bakersfield); 2. County (Santa Barbara); 3. Parrell (Santa Ana); 4. Cramor (Citrus); 5. Waller (San Bernardino); 6. Gore (Pasadena).

880-yard run: 1. Haynes (Long Beach); 2. Perry (Mesa); 3. Barry (Pierce); 4. Fox (Rio Hondo); 5. Magorio (Pierce); 6. Wingard (Fullerton); 1:49.6.

440 intermediate hurdles: 1. Neiderhaus (Pasadena); 2. Steele (Glendale); 3. Sheffield (East LA); 4. Estaban (Glendale); 5. Owens (Mount Sac); 6. Turner (Harbor); new meet record.

220-yard dash: 1. Carter (Citrus); 2. Parrell (Santa Ana); 3. Cornell (San Diego Mesa); 4. Perry (East LA); 5. Whitmore (Pierce); 6. County (Santa Barbara); 21.4.

Pole vault: Knaub (El Camino); 2. (four-way tie), Jorgenson (Palomar); French (Mt. Sac); Robinson (TradeTech); Lewis (Hancock); 6. Adams (Trade Tech); 16-0.

Three-mile run: 1. Simonian (Los Angeles CC); 2. Thomas (Glendale); 3. Moreden (Valley); 4.

100 — 1. Ed Miller (Harry Ells) 9.8 (wind-sided); 2. Charles Johnson (Kenne-dy) 9.9; 3. Willie White (Berkeley) 9.9; 4. Steve Dorsey (St. Mary's) 9.9; 5. Bill Burrell (Tennyson) 10.0

Mile — 1. Ray Green (San Rafael) 4:16 6; 2. Steve Lacey (Tamalpais) 4:20.5; 3. Bob McMeans (DeAnza) 4:20.6; 4. Matt Dowling (College Park) 4:22.6; 5. Tom Smith (Mission San Jose) 4:24.3
120 High Hurdles — 1. Dedy Cooper (Harry Ells) 13.4 (meet record, old 13.5 by Robert Gaines, Kennedy-R, in Trials); 2. Robert Goines (Kennedy-R) 13.5; 3. Harold Turner (Kennedy-R) 14.2; 4. Frank Uningco (Pittsburg) 14.6; 5. Rich Jones (Antioch) 14.6

Discus Throw — 1. Joe Feierong (Mt. Diablo) 163-9; 2. Art Seavy (Piedmont) 154-11; 3. Mike Bowles (San Ramon) 154-2; 4. Mike Lamb (Tamalpais) 152-1; 5. Brian Newcomer (Kennedy-R) 151.2

440 — 1. Ron Brown (Kennedy-R) 49.0; 2. Bob Williams (Vallejo) 49.0; 3. Jeff Mater (San Marin) 49.8; 4. Armando Jimenez (DeLaSalle) 50.1; 5. Efran Mercado (Salesian) 50.1

Pole Vault — 1. Terry Markou (Pacific) 14.0; 2. Rick Wiley (Arcata) 13.6; 3. Scott Taylor (Ygnacio Valley) 13.6; 4. Hal Rooney (Washington) 13.0; 5. Carl Jameson (Bishop O'Boyle) 13.0

220 — 1. Ed Miller (Harry Ells) 22.0; 2. Steve Dorsey (St. Mary's) 22.1; 3. and 4. Subject to film review; 5. Dave Chiselli (American) 22.4

Triple Jump — 1. Larry Jackson (American) 47-5½; 2. Matt Rice (Pittsburg) 47-3; 3. Gerald Holcomb (Richmond) 46-9½; 4. Darryl Morgan (El Cerrito) 46-0; 5. Mark Kilmer (Redwood) 45-10½.

Two Mile — 1. Roy Kissin (San Ramon) 9:16.5; 2. Dan Patterson (Del Valle) 9:24.1; 3. Devon Flynn (Academy) 9:30.6; 4. Harold Schulz (Redwood) 9:33.6; 5. Mike Smith (Newark) 9:38.7.

Mile Relay — 1. Harry Ells Anthony Williams, Armando Gentry, Tiny Davis, Dedy Cooper) 3:20.5; 2. Vallejo 3:22.5; 3. San Ramon 3:23.7; 4. San Marin 3:23.9; 5. Miramonte 3:27.0

Team Scores (unofficial, subject to review of films) — Harry Ells 36, Kennedy-R 18, San Marin 14, Pittsburg and San Ramon 12. American 10½.

High Jump: 1. Steve Laurusch (Glendale) 6-10 2. Charles Hatch (Cuesta) 6-10 3. Bill Bunting (Grossmont) 6-8 4. Rick Parks (Glendale) 6-8 5. Keith Brown (Cuesta) 6-6 6. Victor Churchill (Canyons) 6-6

Discus: 1. Marcus Gordien (San Bernar) 172-5 2. Jay Pushkin (Foothill) 167-8 3. Ron Engle (Canyons) 165-6 4. Dave Hickson (San Jose) 162-8 5. Coleman Kells (Fullerton) 154-11 6. Willie Harris (Bkfld) 153-9

Girls
Top four in each event qualify for State Meet:

440 Relay—1. Berkeley (Candy Ross, Gerri Manning, Terri Knight, Marie Nickson) 49.2; 2. Tomalpais 49.7; 3. Terra Linda 50.1; 4. Granada 50.6; 5. Del Norte 50.7

Discus—1. Kathy Hilton (Pleasant Hill) 114-0½ (meet record, first time thrown); 2. Lisa Bee (San Ramon) 112-0; 3. Corey Hill (San Rafael) 109-1; 4. Monica Rochin (Granada) 108-1½; 5. Carol Dolsby (Monte Vista) 107-1½.

Long Jump—1. Terri Knight (Berkeley) 17-10 (meet record, old 16-5 by Suzy Bohner, Clayton Valley, 1974); 2. Anna Gabriel (Harry Ells) 17-5; 3. Cathy Pipes (Middleton) 17-3½; 4. Kathy Honor (Granada) 16-11; 5. Leah Budgeman (Del Norte) 16-8½.

880—1. Kathy Costello (Pleasant Hill) 2:10.7 (meet record, old 2:14.8 by Costello, 1974); 2. Maggie Keyes (Tamalpais) 2:20.1; 3. Sara Sweany (Mt. SAC) 2:21.9; 4. Laurie Schuringhausen (San Rafael) 2:24.3; 5. Tracy Rabell (San Leandro) 2:25.9.

Shot Put—1. Michele Betham (Arcata) 39.7 (meet record, old 36-8½ by Laurie Keats, San Leandro, 1974); 2. Laurie Keats (San Leandro) 38-7½; 3. Vanessa Brooks (Berkeley) 37-10; 4. Sherryl Common (Granada) 37-4; 5. Julie Fleenor (Amador) 36-2½.

440 Relay—1. Alameda 40.7 2. Santa Barbara 40.7 3. Contra Costa 41.0 4. LA Harbor 41.1 5. San Francisco C C 41.9 6. American River 42.1

Mile Run: 1. Terry Cotton (Grossmont) 4:06.0 2. John Nilsson (Palomar) 4:08.7 3. George Pullen (Grossmont) 4:09.2 4. Bob Deis (American River) 4:09.5 5. Richard Burns (Canyons) 4:10.0 6. Loran Ringo (American Riv) 4:10.3

Park), 15-6; Vahlstrom (Villa Park), 15-6; Goodman (Agoura), 15-2; Sula (Lemoore), 14-10; Curran (Crespi), 14-10; Hinnaus (Aviation), 14-5.	San Francisco	42.4	(Bakersfield); 24-234.	2. Lisa Bee (San Ramon) 112.0; 3. Corey Hill (San Rafael) 107.4; 4. Monica Rochin (Granada) 108.7; 5. Carol Dolsby (Monte Vista) 107.1.	2. John Le Grande (West Vly) 49-2
HIGH JUMP — Washington (Fremont, L.A.), 7-0; Owens (Castlemont), 6-10; Lane (America), 6-10; Collins (Monterey), 6-10; Synder (Encina), 6-4.	Fresno	42.4	100-yard dash: 1. Triplett (Bakersfield); 2. County (Santa Barbara); 3. Parrell (Santa Ana); 4. Cramor (Citrus); 5. Waller (San Bernardino); 6. Gore (Pasadena).	6. Greg Magee (Trade Tech) 49-2	
LONG JUMP — (Fontana), 24-8.5; Jenkins (Ontario), 23-11.75; Pulliam (Skyline), 23-6.25; Andrews (West, Central), 22-11.5; Tillman (Huntington Park), 22-11.5; Simpson (Banning), 22-9.75.	Mile Run:	42.8	880-yard run: 1. Haynes (Long Beach); 2. Perry (Mesa); 3. Barry (Pierce); 4. Fox (Rio Hondo); 5. Magorius (Pierce); 6. Wingard (Fullerton); 1:49.6.	3000 Meter Steeplechase:	
TRIPLE JUMP — Robbins (Merced), 49-3; Jackson (Oakland), 49-2; Easley (Woodside), 49-1; Clingam (Warren), 48-5; Holcomb (Richmond), 48-1.25; Jackson (American), 47-10.5.	Doug Padilla (Chabot)	4:10.7	440 intermediate hur: 1. Neiderhaus (Pasadena); 2. Steele (Glendale); 3. Sheffield (East LA); 4. Estaban (Glendale); 5. Owens (Mount Sac); 6. Turner (Harbor); new meet record.	1. Richard Langford (AmerRiv) 9:08.4	
440 RELAY — Harry Ells (Gentry, Davis, Miller, Cooper), 41.2; Pasadena, 41.4; Compton, 41.5; Kennedy, Southern, 41.9; Kearny, 42.0; Wilson, San Francisco, disqualified.	Bob Deis (American River)	4:10.7	220-yard dash: 1. Cr (Citrus); 2. Parrell (Santa Ana); 3. Cornell (San Diego Mesa); 4. Perry (East LA); 5. Whitmore (Pierce); 6. County (Santa Barbara); 21.4.	2. Rick Hart (Foothill) 9:14.7	
MILE RELAY — Harry Ells (Williams, Gentry, Davis, Cooper), 3:15.7; Newport Harbor, 3:16.7; Carson, 3:17.3; Muir, 3:18.9; Mount Pleasant, 3:19.6; Notre Dame (De Carteret, McKenna, Rocheleau, Russell), 3:20.1.	Cecil Overstreet (San Jose)	23-1	Pole vault: Knaub (El Camino); 2. (four-way tie), Jorgenson (Palomar); French (Mt. Sac); Robinson (TradeTech); Lewis (Hancock); 6. Adams (Trade Tech); 16-0.	3. Dennis Wilson (Grossmont) 9:18.3	
GIRLS RESULTS	Emile Shaffer (Alameda)	25-1	Three-mile run: 1. Simonian (Los Angeles CC); 2. Thomas (Glendale); 3. Moreden (Valley); 4. Cendejas (Fullerton); 5. Close (Grossmont); 6. Pfeffer (Grossmont); 13:53.	4. Gil Brooks (San Jose) 9:21.2	
100 — Howard (Manual Arts), 10.7; Waters (Bell), 10.9; Robinson (Westchester), 11.0; Nickerson (Berkeley), 11.2; Jordan (Muir), 11.2; Johnson (Technical), 11.3.	Mark Givens (Fresno)	24-4 3/4	High Jump: 1. Parks (Glendale); 2. Larusch (Glendale); 3. Powell (Cerritos); 4. Churchill (Canons); Geddes (Mesa); Bunting (Grossmont); 6-10.	5. Humberto Barajas (Palomar) 9:26.5	
220 — Waters (Bell), 24.4; Robinson (Westchester), 24.5; Nickerson (Berkeley), 24.5; Hunter (Centennial), 24.7; Mitchell (Fremont, L.A.), 24.9; Johnson (Technical), 25.3.	Clarence Rapides (Los Modinos)	14.3	Discus: 1. Gordien (San Bernardino); 2. Engle (Canons); 3. Harris (Bakersfield); 4. Kells (Fullerton); 5. Smith (Harbor); 6. Palla (Bakersfield); 17:16 (new meet record).	6. Jack Reime (Cabrillo) 9:30.0	
Shot Put:	Phil Branson (Porterville)	14.3	Shot relay: 1. Pasadena (Barnes, McLauren, Gore, Niederhaus); 2. Bakersfield; 3. Mount San Antonio; 4. Harbor; 5. Long Beach; 6. East LA; 3:16.5.	40 Relay:	
100 Yard Dash:	Charles Hatch (Cuesta)	14.7	Triple jump: 1. Quick (Bakersfield); 2. Bland (Mt. Sac); 3. Scott (Mt. Sac); 4. Magee (Trade Tech); 5. Wyatt (Bakersfield); 6. Talbert (Grossmont); 49-2.4.	1. Alameda 40.7	
100 Yard Dash:	Mark Canley (Sacramento)	14.9	Team scores: Bakersfield 55; Glendale 50; Mt. Sac 39; Harbor 27; Grossmont 27; Citrus 22; LA City 22; Pasadena 21; El Camino 20; Pierce 20; Long Beach 19; Canyons 18; Santa Barbara 17; East LA 17; Mesa 16; Fullerton 16; San Bernardino 14; Santa Ana 14; Palomar 13; Trade Tech 11; LA Southwest 10; Ventura 10; Victor Valley 8; Moorpark 8; Desert 8; Valley 6; Cerritos 6; Alan Hancock 5; Miura Costa 4; Rio Hondo 4.	2. Santa Barbara 40.7	
880 Yard Run:	Jim Herron (Diablo Valley)	191-4	High Jump — 1. Corey Hill (San Rafa) 5-1.5; 2. Maggie Keyes (Tamaipais) 3-87/4; 3. Vanessa Brooks (Berkeley) 3-70; 4. Sheryll Common (Granada) 3-74; 5. Julie Fleenor (Amador) 3-62 1/4.	3. Contra Costa 41.0	
880 — Costello (Pleasant Hill), 2:09.2; Trumby (Coalinga), 2:12.1; Howell (San Diguito), 2:12.8; Allen (Lassen), 2:14.8; McDonald (Grossmont), 2:15.2; Scatena (East), 2:16.5.	Bob Gummerson (Santa Rosa)	54-1 1/2	100-1. Marie Nickson (Berkeley) 10.8; 2. Gwen Hall (Tamaipais) 11.2; 3. Sandy Papato (San Rafael) 11.2; 4. Elaine Carter (Tamaipais) 11.2; 5. Anna Gabriel (Harry Ells) 11.6.	4. LA Harbor 41.1	
SPORTS Add State track finals girls	Mark Doll (Cosumnes)	54-0 3/4	Mile — 1. Kathy Costello (Pleasant Hill) 5:01.6 (meet record); old 5:10.2, Costello, 1974; 2. Maggie Keyes (Tamaipais) 5:07.3; 3. Sara Sweeny (Marin Catholic) 5:17.0; 4. Karen Solisberry (Napa) 5:18.3; 5. Cindy Chapman (Terra Linda) 5:28.7.	5. San Francisco C C 41.9	
Rush for Starter	Paul Santiago (American R.)	53-9	440 — 1. Diana Strohs (Granada) 55-9; 2. Legnetta Eddins (Ukiah) 60-3; 3. Robin Giessman (Los Lomas) 60-3; 4. Kondi Ymagata (Terry Linda) 60-8; 5. Rene Contratto (Granada) 61.0.	6. American River 42.1	
MILE — Costello (Pleasant Hill), 4:53.5 (new Pleasant Hill), 4:53.5 (new state and national record). Old state and national record, 56.4; Venezic, Terra Linda, 1974; Peterson (Harbor), 56.0; Partita (Yuba City), 56.0; Lair (Fremont, L.A.), 56.0; Moore (Royal), 56.2; McColough (Foothill, Central), 56.5.	Jack Sitton (Diablo Valley)	52-4 1/2	W Low Hurdles — 1. Terri Knight (Berkeley) 11.2 (Meet record); old 11.3 by Ceilo Bodington, Sir Francis Drake, 1974; 2. Corinne Oldroyd (Monte Vista) 11.8; 3. Holly Hewitt (Terry Linda) 11.8; 4. Kathy Honour (Granada) 12.0; 5. Kelly Ballew (Mission San Jose) 12.1.	120 HH:	
880 — Costello (Pleasant Hill), 2:09.2; Trumby (Coalinga), 2:12.1; Howell (San Diguito), 2:12.8; Allen (Lassen), 2:14.8; McDonald (Grossmont), 2:15.2; Scatena (East), 2:16.5.	Ken Alexander (Sequoias)	51-1 1/2	22-0. Marie Nickson (Berkeley) 24.7 (meet record); old 24.9 by Hickson, 1974; 2. Sandy Rapoto (Son Rafa) 25.7; 3. Gwen Hall (Tamaipais) 25.7; 4. Paula Ng (Livermore) 26.6; 5. Veronica Alsten (Pittsburg) 26.6.	1. Mike Crittenden (ContCost) 14.2	
SPORTS Add State track finals girls	Steve McMullan (Los Medanos)	50-4 3/4	High Jump — 1. Corey Hill (San Rafa) 5-1.5; 2. Maggie Keyes (Tamaipais) 3-87/4; 3. Vanessa Brooks (Berkeley) 3-70; 4. Sheryll Common (Granada) 3-74; 5. Julie Fleenor (Amador) 3-62 1/4.	2. Paul White (LA Southwest) 14.2	
Rush for Starter	Steve Morich (Sacramento)	50-4 3/4	100 Yard Dash:	3. Clarence Rapides (Los Med) 14.3	
MILE — Anderson (Washington, L.A.), 55.3 (new state and national record). Old state and national record, 56.4; Venezic, Terra Linda, 1974; Peterson (Harbor), 56.0; Partita (Yuba City), 56.0; Lair (Fremont, L.A.), 56.0; Moore (Royal), 56.2; McColough (Foothill, Central), 56.5.	Mike Farmer (San Francisco)	9.5	1. Cecil Overstreet (San Jose) 9.4		
880 — Costello (Pleasant Hill), 2:09.2; Trumby (Coalinga), 2:12.1; Howell (San Diguito), 2:12.8; Allen (Lassen), 2:14.8; McDonald (Grossmont), 2:15.2; Scatena (East), 2:16.5.	Cecil Overstreet (San Jose)	9.5	2. Bob Triplette (Bkfld) 9.5		
SPORTS Add State track finals girls	Mike Shavers (Alameda)	9.5	3. Greg County (Santa Barb) 9.6		
Rush for Starter	Jerry Jordan (Alameda)	9.6	4. Mike Shavers (Alameda) 9.7		
MILE — Costello (Pleasant Hill), 4:53.5 (new Pleasant Hill), 4:53.5 (new state and national record). Old state and mark, 50.22, Caldwell, Westminster, 1974. Old national mark, 5:01.6, Costello, 1975; Allen (Lassen), 5:00.5; Keyes (Tamaipais), 5:02.9; Munday (Lincoln, Central), 5:03.8; Sweeney (Marin Catholic), 5:03.8; Brandt (Davis), 5:05.2.	Don Livers (San Jose)	9.6	5. Don Livers (San Jose) 9.8		
80 LOWS — Boone (Fremont, Oakland), 10.1; Lee (Merced), 10.4; Anderson (Washington, L.A.), 10.7; Taylor (Point Loma), 10.8; Davidson (Cordova), 11.0; Knight (Berkeley), 11.0.	Eric Brown (Contra Costa)	9.6	6. Pat Cranor (Citrus) 9.8		
SHOT PUT — Devine (Mission Bay), 42-3.75; Flynn (Le Canada), 41.425; Peterson (Carson), 41.15; Daniel (Newport Harbor), 41.25; Norris (Duarte), 40.0; Stamps (Lassen), 39-11.75.	Gary McManus (Diablo Valley)	1:50.6	880 Run:	1. Jeff Haynes (LongBchCC) 1:49.2	
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	Roderick Lewis (Lane)	1:51.3	2. Gary McManus (DiabloVly) 1:49.3		
SPORTS Add State track final results	David Wells (Redwoods)	1:51.6	3. Glenn Fox (Rio Hondo) 1:50.6		
girls Rush for Starter	George Manrigues (San Jose)	1:53.3	4. Robert Lewis (Lane) 1:51.2		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Dave Holte (DeAnza)	1:53.4	5. David Wells (Redwoods) 1:51.6		
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	440 Yard Dash:	1:53.4	6. Dan Barry (Pierce) 1:51.8		
SPORTS Add State track final results	Henry Perez (Delta)	1:53.4	440 IH:	1. Grant Neiderhaus (Pasa.) 50.8	
girls Rush for Starter	Rich McCandless (West Valley)	13:59.8	2. Rick Steele (Glendale) 51.3		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Henry Perez (Delta)	14:03.0	3. Rhan Sheffield (East LA) 53.3		
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	Ted Quintana (Chabot)	14:29.4	4. Steve Neilson (San Jose) 53.5		
SPORTS Add State track final results	Jack Reime (Cabrillo)	14:32.4	5. Calvert Jones (Delta) 53.5		
girls Rush for Starter	John McVeigh (Skyline)	14:41.6	6. Tony Estaban (Glendale) 53.8		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Dennis Little (Modesto)	14:46.8	220 Dash:	1. Don Livers (San Jose) 20.9	
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	High Jump:	6-6	2. Jerry Jordan (Alameda) 21.1		
SPORTS Add State track final results	Tony Nubian (Alameda)	6-6	3. Pat Cranor (Citrus) 21.2		
girls Rush for Starter	Rick Ytervik (Yuba)	6-6	4. James Perry (East LA) 21.3		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Charles Hatch (Cuesta)	6-6	5. Doug Parrell (Santa Ana) 21.3		
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	Keith Brown (Cuesta)	6-6	6. Mike Cornell (SD Mesa) 21.5		
SPORTS Add State track final results	John McVeigh (Skyline)	6-6	3 Mile:	1. Henry Perez (Delta) 13:56.1	
girls Rush for Starter	Dennis Little (Modesto)	6-4	2. Rich McCandles (West Vly) 14:00.4		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Ric Walker		3. Vicki Simonian (LACC) 14:12.5		
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	High Jump:		4. Armando Cendejas (Fuller) 14:16.4		
SPORTS Add State track final results	Tony Nubian (Alameda)		5. Cliff Morden (LA Valley) 14:23.2		
girls Rush for Starter	Rick Ytervik (Yuba)		6. Bob Thomas (Glendale) 14:23.3		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Charles Hatch (Cuesta)		Mile Relay:	1. Bakersfield 3:11.5	
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	Keith Brown (Cuesta)		2. Mt. Sac 3:12.4		
SPORTS Add State track final results	John McVeigh (Skyline)		3. Pasadena 3:13.4		
girls Rush for Starter	Dennis Little (Modesto)		4. LA Harbor 3:15.4		
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Ric Walker		5. Contra Costa 3:16.6		
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	High Jump:		6. Long Beach CC 3:16.9		
SPORTS Add State track final results	Tony Nubian (Alameda)		Glendale 32, San Jose 32, Alameda 29, Grossmont 28, Bakersfield 25, Mt. SAC 22, Contra Costa 18, East LA 17, Pasadena 16, El Camino 16, LA Harbor 16, Citrus 15. /Bob Covey/		
girls Rush for Starter	Rick Ytervik (Yuba)				
LONG JUMP — Anderson (Washington, L.A.), 19-6; Taylor (Point Loma), 18-4.75; Blackburn (Cubberley), 18-1; Evans (Morningside), 17-1.75; Jourdine (El Toro), 17-7; Pipes (Middleton), 17-4.5.	Charles Hatch (Cuesta)				
HIGH JUMP — Maddox (Los Angeles), 5-8; Remmings (San Diguito), 5-7; Long (Gahr), 5-6; Cornell (King City), 5-5; Ross (Berkeley), 5-4.	Keith Brown (Cuesta)				
SPORTS Add State track final results	John McVeigh (Skyline)				
girls Rush for Starter	Dennis Little (Modesto)				

UCLA, June 7 -- SPA AAU Championships.

***** SENIOR MEN'S DIVISION - 14 & OVER *****

100 METER DASH

Heat 1 (w+1.2)			
1. H. Fergerson	NCL	10.7	
2. M. McCoy	BHS	10.7	
3. J. Whitmire	PIERCE	10.8	
4. V. Fergerson(Vernell)	WCJ	10.9	
5. H. Sandberg	NCL	11.1	

Heat 2

1. M. Jackson	BHS	10.6
2. L. Driver	AATC	10.7
3. V. Fergerson	WCJ	11.1
4. S. Walters	UNAT	11.4
5. J. Ivanish	UNAT	11.9

FINAL (w+1.7)

1. M. Jackson	BHS	10.5
2. M. McCoy	BHS	10.5
3. J. Whitmire	PIERCE	10.8
4. H. Fergerson	WCJ	10.9
5. J. Whitmire	PIERCE C.LL.	10.7
6. Vernell Fergerson	WCJ	10.7
7. J. Goff		10.7
8. Vernon Fergerson	WCJ	10.9
9. S. Walters	UNAT	11.0

200 METER DASH

Flight 1 (w+1.7)			
1. L. Driver	AMIC	20.9	
2. B. Myles	NCL	21.4	
3. J. Whitmire	PIERCE C.LL.	21.4	
4. J. Perry	UNAT	21.5	
5. L. Mason	UNAT	21.7	
6. J. Leeds	BHTC	22.0	
7. J. Goff	UNAT	23.0	

Flight 2

5. B. Miller	UNAT	21.6
6. M. Richards	L.B. STATE	21.6
7. A. Mosby	NCL	22.3
8. S. Walters	UNAT	22.6
9. K. Stockstill	NCL	22.6

400 METER DASH

Flight 1			
1. L. Driver	AATC	46.7	
2. B. Myles	NCL	46.7	
3. L. Mason	UNAT	47.4	
4. Vern Fergerson	WCJ	48.4	
5. M. Wagner	CSLA	48.5	
6. S. Young	OXY	48.5	
7. J. Scott	MSAC	49.6	

Flight 2

3. H. Brown	BHS	47.1
4. Vernell Fergerson	WCJ	47.7
5. C. Pasley	NCL	49.0
6. P. Mills	UNAT	49.0

800 METER RUN

1. J. Baxter	SMTC	1:47.8
2. B. Robinson	SMTC	1:50.7
3. R. Robinson	SMTC	1:51.4
4. D. Barry	PIERCE	1:51.8
5. G. Jones	AATC	1:52.2
6. M. Rafferty	SMTC	1:52.8
7. M. Ayon	CITRUS JC	1:53.9
8. S. Wulf	UNAT	1:54.5
9. H. Kee	DCTC	1:54.9
10. M. Pei	MESA C.LL.	1:55.6
11. H. Wit	UNAT	1:55.8
12. P. Mog	NCL	1:59.8
13. M. Waj	CAL STATE L.A.	1:59.8

1500 METER RUN

1. D. Babrakoff	SEVTC	3:46.4
2. B. Robinson	SMTC	3:47.7
3. C. Whalen	CAL ST. FULL.	3:49.0
4. J. Scott	SEVTC	3:50.9
5. J. Patterson	AIA	3:51.8
6. G. Pullen	J.TOAADS	3:52.1
7. M. Ayon	CITRUS JC	3:52.2
8. M. Luevano	BHTC	3:54.6
9. T. Becktel	BAA	3:54.6
10. D. LaGorio	UNAT	3:54.6
11. G. Nitti	UNAT	3:57.5

CALIFORNIA TRACK NEWS

Berkeley, June 14 -- Meet of Champions, Edwards Stadium

Hammer Throw:

1. Bill Diehl (US Army)	214-5
2. Andy Bessette (Connec.)	211-1
3. Carl Shields (Cornell)	202-0
4. Peter Galle (U.S. AirForce)	201-4
5. Dave Morrison (Holy Cross)	199-2
6. Bill Shuff (U.S. Army)	196-7

Six Mile Run:

1. M. Lucvano	BHTC	9:26.8
2. B. Entz	SEVTC	10:15.0

Long Jump:

1. Danny Seay (Kansas)	25-9½
2. Jacques Rousseau (France)	24-8½
3. Henry Jackson (BHS)	24-7
4. Anthony Carter (AustPeay)	24-6½
5. Al Lanier (U.S. Army)	24-4
6. Toni Abebio (East Illinois)	23-9 3/4

Pole Vault:

1. Earl Bell (Arkansas State)	17-1 3/4
2. Dave Shepherd (Texas)	17-1 3/4
3. Russ Rogers (So. Calif.)	17-1 3/4
4. Ron Mooers (UCLA)	16-7 3/4
5. Manford Wetherbee (SemJC)	15-6
6. Charles Novak (St. Olaf)	15-0

400 Relay:

1. Southern California TC	40.1
2. Beverly Hills Striders	40.2
3. Bay Area Striders	41.3
4. San Jose City College	41.6

100 Meter HH - Women:

1. Patty Van Wolvelaere (WWW)	13.9
2. Deanne Carlsen (Un)	14.7
3. Cherrie Sherrard (Un)	14.8
4. Diane Stewart (Orinda TC)	15.2
5. Lorie Wilson (Milbrae)	15.2
6. Sheryl Hawthorne (EBTC)	15.3

120 Yard HH:

1. Guy Drut (France)	13.3
2. Charles Foster (NoCarol)	13.3
3. D. Webster	13.6
4. D. Tollefson	13.8
5. M. Gordien	174-10
6. S. Zottovich	LB STATE
7. B. Luke	CSULA

440 Yard Dash:

1. Benny Brown (UCLA)	46.5
2. Herm Frazier (Ariz State)	47.2
3. Dave Jenkins (Great Brit)	47.4
4. Mark Collins (Baylor)	48.1
5. Ronnie Ray (NoCarolCent)	48.1
6. Jim Thompson (Lincoln LD)	48.2

Discus:

1. Dick Drescher (DCStriders)	200-3
2. Jim McCordrick (Texas)	196-3
3. Ken Stadel (San Jose Stars)	195-2
4. Mike Louisiana (US Army)	188-5
5. Marshall Smith (Colo St)	181-5
6. Art McCollum (BAS)	172-7

Three Mile Run:

1. Garry Bjorklund (ColoTC)	13:20.8
2. John Halberstadt (PCC)	13:41.8
3. Bobby Grubbs (Lo State)	13:43.4
4. Frank Ybarra (3. Marines)	13:50.6
5. Joseph Rukana (Iza(Siena))	13:52.4
6. George Stewart (U.S.Army)	14:13.0

High Jump:

1. Dennis Adams	7-2
2. Randy Smith (Kansas)	7-0
3. Mark Branch (Tennessee)	7-0
4. Warner Brown (DeKalb JC)	7-0
5. Paul Poaniewa (France)	7-0
6. Dwight Stones (PCC)	7-0

100 Yard Dash:

1. Reggie Jones (Tennessee)	9.5
2. Charles Hopkins (Gaines)	9.5
3. Clifford Outlin (Auburn)	9.5

Mile Run:

1. Wilson Waigwa (UTEP)	4:00.4
2. Steve Heidenreich (Ind)	4:00.7
3. Mike Durkin (Illinois)	4:01.1
4. Marty Liquori (NYAC)	4:01.6
5. Terry Cotton (Grossmont)	4:05.2
6. Larry Rose (PCC)	No time

Mile Relay:

1. Washington	3:10.2
2. Southern California	3:10.7
3. Berkeley Track Club	3:11.2
4. Bay Area Striders	3:13.8
5. Cal Poly San Luis Obispo	3:13.8
6. Occidental	3:16.8

/Chuck Skow/

Northridge, June 7 -- 5,000 Meters at Elysian Park

High School Division:

--

CALIFORNIA TRACK NEWS

A publication devoted to California track. Help make your sport number one.

PROFILES

HIGH SCHOOL

SCHEDULES

RESULTS

RANKINGS

JUNIOR COLLEGE

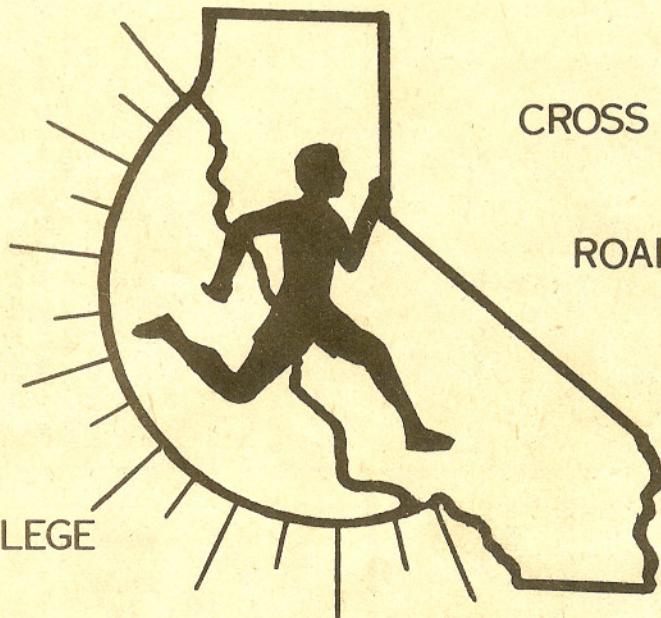
OPEN - COLLEGE

CROSS COUNTRY

ROAD RACING

PICTURES

TRACK



Get in on All the Action —————— **Subscribe Today!**

Name: _____

Address: _____
number and street

_____ city _____ state _____ zip

For your 1 year sub-
scription (bimonthly)
Send with \$3.50 to:

CALIFORNIA TRACK NEWS
1717 South Chestnut
Fresno, California 93702