

SPECIAL CHAMPIONSHIP ISSUE

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# CALIFORNIA

## TRACK & RUNNING NEWS

JULY 1982

ISSUE NO. 69



### RUNNING SCHEDULE

250 Local July/August  
Road Race Events

### RUNNING RESULTS

Avon Marathon  
Santa Anita Classic  
Strawberry Canyon  
Devil Mountain  
LA's the Place  
Dipsea

### PROFILE

PAC-10 Champs: UCLA

### T&F RESULTS

The Big Championships  
plus:  
Modesto  
Pepsi  
Kinney  
Golden West

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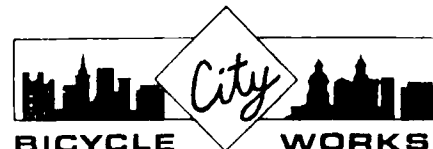
California's Only Track & Running Publication



CALIFORNIA LONG COURSE CHAMPIONSHIP

# TRIATHLON AND RELAY RACE

FLEET FEET RUNNING CLUB  
OF FAIR OAKS



BICYCLE WORKS

SACRAMENTO MASTERS  
SWIMMERS

hosts

- 
- WHEN:** SATURDAY, SEPTEMBER 11, 1982.
- START:** IRONWOMEN AND IRONMEN 7:30 a.m. — RELAYS 8:30 a.m.
- WHERE:** GRANITE BAY, Folsom Lake Recreation Area, Folsom, California.
- COURSE:** 2 mile lake swim — 55 mile mountainous bicycle ride — 13.1 mile trail run.
- INFORMATION:** This is a very difficult race designed for highly conditioned athletes. The cold lake water, hilly course, high air temperature, dirt trails, and steep downhill bicycle turns will require extensive preparation. Course will close after 10 hours. One bicycle handler required for transitions only. No assistance allowed on the course. Aid stations are provided. Pre-race packets with detailed information will be mailed to registered entrants starting July 1, 1982.
- AWARDS:** \$2,000 in cash prizes for first five IRONMEN and IRONWOMEN. Trophies to IRONMEN and IRONWOMEN Division winners. Awards to Relay Division winners. Solid brass belt buckles to all IRONWOMEN and IRONMEN finishers. Solid brass award to each member of a finishing relay team. T-shirts to all competitors.
- FACILITIES:** Showers and dressing rooms, as well as swim and picnic facilities are available. Spectator attendance is encouraged.
- ENTRY:** Completed entry forms, accompanied by a \$25 entry fee for Ironwomen and Ironmen or \$30 for each Relay Team, must be received no later than August 31, 1982. No refunds after August 31, 1982.
- COURSE RECORDS:** Ironman — GRANT BOSWELL — Chico, CA 5:14.54  
Ironwoman — EVA OBERTH — Fair Oaks, CA 6:32.13  
Women's Relay — PRATT, DEVON, PALMER — Davis, CA 6:26.44  
Men's Relay — PICKETT, SMITH, COBB — Chico, CA 4:42.33  
Coed Relay — MCGREGOR, SLICHTER, PESIS — Davis, CA 5:14.10
- RACE DIRECTOR:** Bill Thomas
- FOR ENTRY  
BLANK WRITE TO:** FLEET FEET Fair Oaks  
8128 Madison Avenue  
Fair Oaks, CA 95628  
(916) 966-TEAM

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Track & Running News**



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**ON THE COVER:** Three of UCLA's prime distance runners (left to right): Jon Butler, Steve McCormack, and Steve Ortiz. See special feature on UCLA men's track program beginning on page 6.

*photo by Bill Leung, Jr.*

# Schedule

by Jack Leydig  
Scheduling Director

Please send scheduling information directly to **Scheduling Director, Jack Leydig, P.O. Box 612, San Mateo, CA 94401.**

Schedule is subject to change. Please verify dates and times with meet directors before travelling to an event. Keep in mind that some events require advance entries and have entry limits and/or deadlines. It is a good idea to always include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

## Long Distance

### JULY

**JUL 1: Burlingame Summer Fun Run.** 2.85 mile, Coyote Point Park, 6 pm. Burlingame Rec. Dept. (415) 344-6386.

**JUL 3: Alturas Fandango Days Run.** 1, 3, & 6 Miles, Alturas Park, 9 am. Blaine Mennig, Modoc Meadow Ranch, Adin 96006. (916) 299-3340.

**JUL 3: Lake Gregory Summer Fest 5 & 10K.** Crestline (San Moritz Lodge), 8 am. Race Central, P.O. Box 828, Rialto 92376. (714) 874-5480.

**JUL 3: Semana Nautica 15K (SPATAC Championships).** Santa Barbara (San Marcos High School), 8 am. John Brennan, P.O. Box 6616, Santa Barbara 93111. (805) 964-2591, 7-10 pm.

**JUL 3: 5 Mile Run.** Racquet Club (9001 S. Industrial), Las Vegas, 7 am. The Running Store, 602 S. Maryland Pkwy, Las Vegas 89101. (702) 382-3496.

**JUL 4: Coronado Half-Marathon.** 5th & "G" Streets, Coronado, 7 am. George Green, 626 Fifth St., Coronado 92118.

**JUL 4: Peachtree Road Race.** 10K, Atlanta, Georgia, time(?). Royce Hodge, 3224 Peachtree St., N.E., Atlanta, GA 30305. Limited to 25,000 entrants... early cutoff date.

**JUL 4: Fourth of July Embarcadero 5-Mile Run for Youth.** Oakland (Estuary Pk., foot of Oak St.), 9 am. Agatha Sue Lee, 847 Acalanes Rd., Lafayette 94549. (415) 264-4247.

**JUL 4: Fourth of July 5K Parade Run.** Redwood City (Marshall & Warren), 11:30 am. Bill Wooten, Redwood City Park & Rec. Dept., Redwood City 94061. (415) 944-6060.

**JUL 4: Sacramento Union 5-Mile River Run.** Sacramento (Carlson Dr., River Pk.), 9 am. John McIntosh, 4120 El Camino Ave., Sacramento 95821. (916) 488-7181.

**JUL 4: Kenwood Natural 10K Footrace.** Kenwood, 8 am. Fred Kenyon, 3634 Colfee Ln., Santa Rosa 95401. (707) 575-7013.

**JUL 4: Martinez Independence Day 10K Run.** Martinez (Main & Castro), 9 am. Dann Brown, 1025 Susan, No. 3, Martinez 94553. (415) 943-6453, days.

**JUL 4: Milpitas Firecracker 10,000 Meter.** Milpitas (Beresford Sq. Shopping Ctr.), 9 am. Steve Goodman, c/o 160 No. Main St., Milpitas 95035. (408) 942-2470.

**JUL 4: Independence Day Run.** Visalia (Mooney Grove Pk.), 7:30 am. Marty Higginbotham, 1025 West Princeton, Visalia 93277.

**JUL 4: DSE Double Lake Merced Run.** 9.2 miles, San Francisco (Sunset Circle Pkg. Lot, Lake Merced), 10 am. Walt Stack, 741 Kansas St., No. 2, San Francisco 94107.

**JUL 4: Firecracker Run.** 1/2-Marathon, Half Moon Bay (site TBA), 8 am. Stephen Figoni, 534 Spindrift Wy., Half Moon Bay 94019. (415) 726-4273.

**JUL 4: Madera Triathlon.** 10K run, 20 mile bike, obstacle course, Madera, time TBA. Triathlon, 1030 S. Gateway Dr., Madera 93637. (209) 674-8802, ext. 21.

**JUL 4: Atwater Signal Run for Independence.** 2 & 5 miles, Atwater (Ralston Park), 7:30 am. Phil Fulton, 1812 Sierra Madre, Atwater 95301. (209) 358-3443.

**JUL 4: Will Rogers 10K.** Pacific Palisades, 8 am. Brian W. Shea, P.O. Box 487, Pacific Palisades 90272. (213) 394-9611, ext. 307.

**JUL 4: San Francisco Biathlon.** 1/2-mile swim, 3 mile run, San Francisco (Aquatic Pk.), 8 am. Victoria Oakes, 518 Outlook Dr., Los Altos 94022. (415) 941-6287.

**JUL 4: Monarch Bank Run in the Parks 5 & 10K.** Laguna Niguel, 7 am. Bill Pascual, The Running Racquet, 30100 Town Center Dr., Laguna Niguel 92677. (714) 837-3301.

**JUL 4: La Palma/ADP Running Celebration 5 & 10K.** La Palma, 8 am. Kitty Rudometkin, 7821 Walker St., La Palma 90623. (714) 522-6740.

**JUL 4: NorCal Jubilee Run.** 3 & 10K, Arcata Plaza, 9:30 am. Ken Yanosko, Box 214, Arcata 95521. (707) 822-3960.

**JUL 4: Mt. Shasta Old Fashioned July 4th Footrace.** 2 & 4 mile. Mt. Shasta, time TBA. Jim Parker, 828 Pine St., Mt. Shasta 96067. (916) 926-5261.

**JUL 4: Larkspur Corte Madera 4th of July 5-Miler.** Corte Madera (Town Park), 9 am. Corte Madera Recreation Dept., 300 Tamalpais Dr., Corte Madera 94925. (415) 924-1700.

**JUL 4: Firecracker Run.** 10K, Santa Cruz (Harvey West Park), 8:30 am. Santa Cruz Parks & Recreation Dept., City Hall, 809 Center St., Santa Cruz 95060. (408) 429-3777.

**JUL 4: Mt. Lassen 50K.** Mt. Lassen Nat'l Park. Larry Crawford, P.O. Box 21263, Reno, NV 89515. (702) 358-5221.

**JUL 5: Great Callatoga Footrace.** 5 miles (possibly 10K), Calistoga (Napa County Fairgrounds), 9 am. Reg Harris, 1267 Walnut, No. C-66, Napa 94558. (707) 255-8705.

**JUL 6: Anniversary Run 5 & 10K.** Irvine (Mason Park), 6:30 pm. Newport Beach Runners Ass'n, 1162 Dorset Lane, Costa Mesa 92626. (714) 966-0556.

**JUL 8: Sepulveda Dam Evening 10K Run.** Sepulveda(?) (Woodley Ave. Park), 6:30 pm. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.

**JUL 8: Burlingame Summer Fun Run.** 2.85 miles, Coyote Point Park, 6 pm. Burlingame Rec. Dept. (415) 344-6386.

**JUL 10: USTS Triathlon Series.** 2K swim, 35K bike, 15K run. Hansen Dam, Lakeview Terr. (Los Angeles), 8 am. Harold Johnson (213) 483-1271 or USTS, P.O. Box 308, Davis 95617. (916) 758-9868.

**JUL 10: Race thru the Redwoods.** (date changed from July 11). 6.9 mile, Felton (Henry Cowell Redwoods State Park), 9 am. Marty Kruger, 265 Steinmaier Rd., Felton 95018. (408) 335-5906.

**JUL 10: Ponderosa Ridge Run.** 9.5 miles, Spooner Summit (Lake Tahoe), 10 am. Austin Angell, Box 1521, So. Lake Tahoe 95705. (916) 541-5224.

**JUL 10: Spademan North Shore Run.** Distance (?), Incline Village (130 County Dr., No. 30), Nev., 8 am. Spademan Sports Club, P.O. Box 6410, Incline Village, NV 89450. (702) 831-5000.

**JUL 10: Top of the State Footraces.** 2, 4.7, & 7 miles, Weed (College of the Siskiyow Gym), 7:45 am. Lee Ferrero, 360 Alamo Ave., Weed 96094. (916) 938-4805, eves.

**JUL 10: Fresno Bunion Derby.** 5K, Fresno State Univ. (Barstow & Cedar), Fresno, 8 am. Larry Lung, 1503 Claire, Corcoran 93212. (209) 992-5501.

**JUL 10: Double Back Beach Run.** 12 miles, Cayucos to Morro Rock & back, 8 am. Bob Baty, 378 Orton St., Morro Bay 93442. (805) 772-2843.

**JUL 10: 5K Male/Female Partner Race & Pool Party.** Sunset Park, Las Vegas, 7 pm. The Running Store, 602 S. Maryland Pkwy, Las Vegas, NV 89101. (702) 382-3496.

**JUL 10: North Coast Triathlon.** 1K swim, 20K bike, 10K run, Carlsbad, 8 am. Carl Pope, Carlsbad Swim Center, 3401 Monroe, Carlsbad 92008. (714) 438-5658.

**JUL 11: Easter in July Festival Rowdy Creek Run.** 6.7 miles, Smith River, 11:45 am. Curry Coasters RC, P.O. Box 4085, Brookings, OR 97415.

**JUL 11: Waterman Memorial Run-Swim-Paddle.** 10 mile run, 1 mile swim, 10 mile paddle, Malibu, Time TBA. Norm Schifren, P.O. Box 2421, Goleta 93118. (805) 966-3330.

**JUL 11: Danny to Minneapolis 4 Mile Run & Breakfast.** Roeding Park, Fresno, 7 am. Victor Salazar, 4387 N. Thorne Ave., Fresno 93704.

**JUL 11: San Francisco Marathon.** New course this year, 8 am. PATAC Championships with travel money to top individuals. Scott Thomason, P.O. Box 27385, San Francisco 94127. (415) 681-2322, days. Entries close at 7,000. Send SASE when requesting entry blank.

**JUL 11: Benbow Race.** 2 & 6.2 miles, Garberville (Benbow Lake State Pk.), 9:30 am. Bruce Stobridge, P.O. Box 431, Miranda 95553.

**JUL 11: Community Bible Church Runs.** 4 mile & 1 mile prediction run. Fresno (Woodward Park), 8 am. Frank Perales, 101 Riverside Dr., Madera 93637. (209) 674-9198.

**JUL 11: Run for Cancer.** 5 mile & 1.4 mile fun run. Merced, 7 am. Hub Walsh, P.O. Box 3275, Merced 95344. (209) 722-6403.

**JUL 11: Domaine Chandon Run in the Vineyard.** 10K, Yountville, 9 am. (750 limit). Janet Eisen, Domaine Chandon Winery, California Dr., Yountville 94599. (707) 944-8844.

**JUL 11: CRRR Tune-Up Series.** 5 & 10 miles, Los Angeles (Griffith Park), 8 am. Calif. Road Runners, Box 891, Tarzana 91356.

**JUL 15: Burlingame Summer Fun Run.** 2.85 mile, Coyote Point Park, 6 pm. Burlingame Rec. Dept. (415) 344-6386.

**JUL 16: Valley Grand Prix Series 10K.** Northridge (CSUN campus), 7 pm. Bill Webb/Athletics, Cal-State Northridge, 1811 Nordhoff, Northridge 91330. (213) 885-3205.

**JUL 17: Good Sport Couples Relay.** 2x2 miles, Larkspur (Larkspur Landing S.C.), 9 am. The Good Sport, 2011 Larkspur Landing Cir., Larkspur 94939. (415) 461-1930. Male/Female teams only!

**JUL 17: Epple's Great Race.** 66.5 mile run, 6.5 mile paddle, 13.5 mile bike, Goethe Park, Sacramento, time TBA. Great Race, c/o Sacramento County Parks & Recreation Dept., 3701 Branch Center Rd., Rm. 106, Sacramento 95827. (916) 366-2063.

**JUL 17: International Triathlon Circuit.** 2 mile swim, 65 mile bike, 13.1 mile run. Orange County, time TBA. Jim Theiring, 100 New Brighton, Aptos 95003.

**JUL 17: Watsonville Community Hospital Health Runs.** 1 mile & 10K, Watsonville (Pinto Lake County Park), 9:30 am(?). Hospital Community Relations, Watsonville Community Hospital, P.O. Box 310, Watsonville 95076. (408) 724-4741, ext. 210. Race is tentative.

**JUL 17: Jim Ryan 5 & 10K Runs.** Goleta Beach Park, 8 am. Ray Vick, 4574-A Hollister Ave., Goleta 93117. (805) 967-0935.

**JUL 17: Mt. Charleston 4-Mile Notch Run.** (Mon's Cafe on Hiway 157), near Las Vegas, Nev., 8 am. The Running Store, 602 S. Maryland Pkwy, Las Vegas, NV 89101. (702) 382-3496.

**JUL 18: DSE Mt. Davidson Run.** 3.5 mile, Riordan High School (175 Phelan Ave.), San Francisco, 10 am. Walt Stack, 741 Kansas St., No. 2, San Francisco 94107.

**JUL 18: Genoa Marathon (Tentative).** Lake Tahoe Area. Austin Angell, Box 1521, So. Lake Tahoe 95705. (916) 541-5224.

**JUL 18: Lake Tahoe Series.** 10K, No. Tahoe High School, 9 am. Stephanie Atwood, Guides for All Seasons, Box 97, Carnelian Bay 95711. (916) 583-8475.

**JUL 18: The Plum Run.** 10K, Santa Rosa (Willowside School), 9 am. Plumfield Children's Center, 1485 S. Wright Rd., Santa Rosa 95401. Jeri (707) 544-1455.

**JUL 18: Aptos Women's 5-Mile.** Aptos Community Park (Aptos Village), 9 am. Gail Goettelmann, 866 Burns Ave., Aptos 95003. (408) 688-1624.

**JUL 18: Sri Chinmoy 5-Mile Run.** Santa Barbara (Leadbetter Beach), time TBA. Tom Scheaffer (805) 962-3450.

**JUL 18: Tall Trees Sun Run.** 0 to 17 miles, Orick (Redwood Nat'l Park), 11:30 am. Bill Daniel, Box 214, Arcata 95521. (707) 822-8050.

**JUL 18: San Luis Obispo Triathlon.** 1/2-mile swim, 14.3 mile bike, 3.5 mile run. Sinsheimer Park, 7:30 am. Entries limited to 300. No race day registration. S.L.O. Recreation Dept., P.O. Box 321, San Luis Obispo 93406.

**JUL 18: Burlingame 2.85 Mile Fun Run.** Burlingame (Coyote Point Pk. Beach Pkg. Lot), 8:30 am. Brock Riddle, Burlingame Rec. Dept., 859 Burlingame Ave., Burlingame 94010.

**JUL 18: East Valley 20K and Half-Marathon.** San Jose (Evergreen College), 8:30 am. Dan Cruz, 3856 Moorpark, No. 2, San Jose 95117.

**JUL 18: A Mid-Summer's Run.** 3.5 miles, South Bay Park, Los Osos, 9 am. Eddy Cadena, 1842 Sixth St., Los Osos 93402. (805) 528-8437.

**JUL 18: Over the Bay Run.** 7.9 miles, Ferry Terminal, Larkspur, 9 am. College of Personology, 333 Hegenberger Rd., Suite 206-D, Oakland 94621. (415) 639-7110.

**JUL 18: South San Francisco Run-Swim Biathlon.** 1 mile swim, 2.6 mile run, So. San Francisco, time TBA. Debra Yoder, Parks & Recreation Dept., P.O. Box 711, South San Francisco 94080. (415) 877-8560.

**JUL 20: Santa Barbara County Fair 10-Mile.** Guadalupe to Santa Maria, Leroy Park, 6 pm (7). Orcutt Roadrunners, 4277 Brentwood Ln., Santa Maria 93455. (805) 937-7707.

**JUL 22: Burlingame Summer Fun Run.** 2.85 miles, Coyote Point Park, 6 pm. Burlingame Rec. Dept. (415) 344-6386.

**JUL 24: Great Pioneer Day 5 & 10K Races.** Sonoma (Northeast corner of Sonoma Plaza), 8:30 am. Judy Adams, 4227 Grove St., Sonoma 94576. (707) 996-4737.

**JUL 24: Tulare Road Run.** 6 mile & 2 mile prediction, Live Oak Park, 600 N. Laspina, Tulare, 6:50 am. Norm Takeuchi, Tulare Parks & Recreation, 411 E. Kern, Tulare 93274. (209) 688-2001.

**JUL 24: RRCA Women's Distance Festival 5,000 Meter Run.** Laguna Lake Park, 8:30 am. San Luis Distance Club, P.O. Box 1134, San Luis Obispo 94306.

**JUL 24: Cypress Community 10K Fun Run.** Cypress Civic Center, 8 am. Sheryl Puryear, 5700 Orange Ave., Cypress 90630. (714) 821-9500.

**JUL 24: Larry's Midnight 5 Miller.** Univ. of Nevada, Las Vegas (track), Nev., midnight. The Running Store, 602 S. Maryland Pkwy., Las Vegas, NV 89101. (702) 382-3496.

**JUL 24: Deseret News Marathon.** Washington Park, Salt Lake City, Utah, 5:30 am. Keith West, Deseret News, P.O. Box 1257, Salt Lake City, UT 84110. (801) 237-2135.

**JUL 24: Optimist Sports Fiesta Run & Swim.** 10K run, 1/2-mile swim. Coronado, time TBA. Ed Pietzak, Box 251, Coronado 92118. (714) 435-3686.

**JUL 24: South Coast Classic.** 5, 10 & 20K. Mason Park, Irvine, 8 am. South Coast Runners Association, 3122 S. Baker, Santa Ana 92704. (714) 641-1708.

**JUL 25: Optimist Sports Fiesta Triathlon.** 4 mile bike, 400 yard swim, 1 mile run. Time TBA. Ed Pietzak, Box 251, Coronado 92118. (714) 435-3686.

**JUL 25: Hard Rock Triathlon.** 4 mile bike, 1/2-mile swim, 1 mile run. Coronado, 9 am. Bob Weaver (714) 435-6389.

**JUL 25: Lake Merritt Joggers & Striders 5, 10, & 15K Runs.** Oakland (Lake Merritt Old Boathouse), 9 am. John Notch, 230 Marlow Dr., Oakland 94605. (415) 562-2210.

**JUL 25: DSE Women's Festival Runs.** 4.5 miles, San Francisco (Legion of Honor), 10 am. Walt Stack, 741 Kansas, No. 2, San Francisco 94107.

**JUL 25: Wharf-to-Wharf Race.** 5.816 miles, Santa Cruz Boardwalk to Capitola Wharf, 9 am. Wharf-to-Wharf Race, P.O. Box 307, Capitola 95010.

**JUL 25: Gay Run 5 & 10K.** San Francisco (So. End Polo Fields, Golden Gate Park), 10 am. Bob Plantz, 4255 22nd St., San Francisco 94114. (415) 826-8067.

**JUL 25: Pear Fair 10-Miler.** Courtland, 8 am. Jeff Bogle, c/o Fleet Feet, 2408 "J" St., Sacramento 95816. (916) 442-7223.

**JUL 25: Marin Headlands 7-Mile Race.** Marin Headlands (Horse Corral, Bunker Rd., Ft. Cronkhite, GGNRA), 10 am. Kees Tuinzing, 627 Galerita Way, San Rafael 94903. (415) 472-7917.

**JUL 25: Sri Chinmoy 10K.** Menlo College, Atherton, 8 am. Michael Lindemann, c/o 2438 - 16th Ave., San Francisco 94116. (415) 665-2994.

**JUL 25: Occidental 10K.** Occidental (Community Ctr.), 9 am. Rod Matteri, P.O. Box 682, Occidental 95465. (707) 874-3315.

**JUL 25: Mad River Race.** 2 mile & 15K, Arcata/Water District Park, No. 4, 10:45 am. Ron Ross, P.O. Box 214, Arcata 95521. (707) 822-8221.

**JUL 25: Outstanding Athletes 10K.** Los Angeles (Griffith Park), 8 am. California Road Runners Club, 891, Tarzana 91356. (213) 888-5526.

**JUL 25: Contra Costa Orienteering Meet.** "Class B," site & time TBA. Joe Scarborough, 3151 Holyhood, Oakland 94611. (415) 530-3059.

**JUL 25: USOC National Sports Festival Marathon.** Indianapolis, 7 am. Qualifying standards: 2:30 men, 3:00 women. Jerry Koepfen, c/o Carmel High School, 520 East Main St., Carmel, IN 46032.

**JUL 28: David Pain Biathlon.** 10K run, 3/8 mile swim. San Diego, 6 pm. David Pain (714) 222-0503.

**JUL 29: Burlingame Summer Fun Run.** 2.85 mile, Coyote Point Park, 6 pm. Burlingame Rec. Dept. (415) 344-6386.

**JUL 31: June Lake Marathon.** June Lake (Oh! Ridge Beach), 6 am. Bill Aaron, P.O. Box 554, June Lake 93529.

**JUL 31: Watermelon Run.** Approx. 8 miles, Oakland (Chabot Regional Pk.), 9 am. Bob DeCelle, P.O. Box 1606, Alameda 94501. (415) 523-2264, days.

**JUL 31: Trout Creek Run.** 5.1 mile, So. Lake Tahoe (across from tartan trailhead 5K, 60 Yds. for Kids), San Francisco (Polo Fields, Golden Gate Pk.), 9 am. Raye Byrne, 1675 - 25th Ave., San Francisco 94122.

**JUL 31: Fresno Bunion Derby.** 10K, Woodward Park, Fresno, 7:30 am. Larry Lung, 1503 Claire, Corcoran 93212. (209) 992-5501.

## AUGUST

**AUG TBA: "Coors Light Challenge" 10K.** Rohnert Park, time TBA. Kathy Leonard, Redwood Pioneers, P.O. Box 1667, Rohnert Park 94928. (707) 584-7707.

**AUG 1: Summer Relays.** 5 x 4.5 mile legs, Lake Merced, San Francisco 9 am. Summer Relays, c/o P.O. Box 652, Burlingame 94010. (415) 837-6674.

**AUG 1: DSE Daly City Scenic Run.** 6.2 mile, Colma School, Daly City, 10 am. Walt Stack, 741 Kansas St., No. 2, San Francisco 94107.

**AUG 1: Freshwater Race.** 2 & 6.2 miles, Arcata/Eureka Area, 1:45 pm. Six Rivers Running Club, Box 214, Arcata 95521. (707) 442-6522.

**AUG 1: Scotts Valley Days 10K.** Scotts Valley (Kings Village Center), 9 am. Second Sole, 218 B Mt. Hermon Rd. Scotts Valley 95066. (408) 438-4815 or 462-0818. Race is tentative.

**AUG 1: Ashton Bake 5 & 10K.** Sacramento (Ashton Park), 9 am. John Mansoor, 10513 Fair Oaks Blvd., Apt. J, Fair Oaks 95628. (916) 966-6185.

**AUG 1: Playmates Co-op Nursery School 5K.** (60 yds. for kids), San Francisco (Polo Fields, Golden Gate Park), 9 am. Raye Byrne, 1675 - 25th Ave., San Francisco 94122.

**AUG 1: Hospice Runs.** 1 mile & 10K, Modesto Jr. College West Campus, 8 am. Hospice, 1320 "L" St., Modesto 95354. (209) 577-0615.

**AUG 1: Freeze the Arms Race.** Distance TBA, Franklin Canyon Rd., Martinez, 9 am. Ron Serviss, 953-B San Pablo Ave., Pinole 94564. (415) 758-7993, days.

**AUG 1: National TAC Masters 5K Championships.** Washington Park, Denver, Colorado, time TBA. Joseph Arrazola, 12336 E. Kentucky Ave., Aurora, CO 80012. (303) 343-8504.

**AUG 7: Cazadero Footraces.** 3 & 7 miles, near Cazadero, 6 pm. Dave Sjostedt, Box 562, Bodega Bay 94923. (707) 875-9925.

**AUG 7: Kick & Run.** Distance and location TBA (2-person relay, run & bike), time TBA. Mike McGuire, 3605 Aaron Dr., Santa Rosa 95404. (707) 542-6687.

**AUG 7: International Triathlon Circuit.** 2 mile swim, 65 mile bike, 13.1 mile run, Santa Clara Valley, time TBA. Jim Theiring, 100 New Brighton Rd., Aptos 95003.

**AUG 7: Sierra Pines Relay.** 4-person, 26 mile total. Bass Lake (Pines Village), 8 am. Enter by Aug. 4. Jim Hartig, 1457 Keats, Clovis 93612. (209) 299-3747.

**AUG 7: Crater Lake Rim Marathon.** Crater Lake Nat'l Park, Oregon, 9 am. (Tentative). Bob Freirich, 5830 Mack Ave., Klamath Falls, OR 97601. (503) 884-6939.

**AUG 7: Coors-Oakdale Distance Classic No. 4.** 10K & 2 mile fun run, Kerr Park (3 miles east of Oakdale), 7:15 am. ODC, 961 Terrace Dr., Oakdale 95361. (209) 847-0423.

**AUG 7: Fly Navy West 10K & 2 Mile Fun Run.** San Diego (Balboa Park), 7 am. John McMinn, End of Line, 1013 Park Pl., Coronado 92118. (714) 437-6141.

**AUG 7: Harbor 10K.** San Pedro, 7:30 am. (Note: This race may be rescheduled to Sept.) Bill Friend, 301 S. Bandini St., San Pedro 90731. (213) 832-4211.



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## BUFFALO CHIPS

RUNNING CLUB



PRESENTS

What: The Buffalo Stampede 10 Mile

When: September 19, 1982 promptly at 9 A.M.

Where: Rio Americano High School  
4540 American River Drive, Sacramento, CA.

Course: FLAT, FAST, Out-and-back

Entry Fee: \$6 before 9/12; \$8 later & race day  
Checks payable to "Buffalo Stampede"

Awards: First 500 finishers T-shirts, various  
division awards, refreshments

Amenities: Good parking, showers available

In consideration of accepting my entry, I waive  
all claims against the race and its officials for  
any injuries I may incur related thereto.

signature \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

last name, print \_\_\_\_\_ first name \_\_\_\_\_

address \_\_\_\_\_ zip code \_\_\_\_\_

Club/team: \_\_\_\_\_  
Mail To: E. Eisenbud, 6400 Coyle, Carmichael, 95608

COMING

CLARKSBURG CLASSIC 20 MILER, Nov. 21, 1982

Register before 11/1/82 for only \$7 (\$10 late fee)  
Apps: 20 Mile Run/1982, Fleet Feet, 2408 J, Sac'to  
Zip Code: 95816 (SASE Please)

## Schedule

**AUG 7: SPA & National (Postal) One Hour Run Championships.** U.C. Santa Barbara track, 3:30 pm. John Brennand, Box 6616, Santa Barbara 93111. (805) 964-2591, eves.

**AUG 7: Las Vegas 5 Miler.** Las Vegas Racquet Club, 7 am. The Running Store, 602 So. Maryland Pkwy, Las Vegas, NV 89101. (702) 382-3496.

**AUG 7: Chico Triathlon.** 6 mile run, 1/2-mile swim, 16 mile bike, Chico, time TBA. Larry Morthous, 222 W. Third St., Chico 95926. (916) 345-1000.

**AUG 8: Skyline 50K (PATAC Champs).** Wildcat Regional Pk. (Parking Lot), Richmond (to Chabot Regional Park, Castro Valley), 7 am. Steve Justice, 2192 Owens Ct., Pinole 94564. (415) 758-1023, evenings.

**AUG 8: DSE Twin Peaks Run.** 3.6 miles, San Francisco (Portola & Twin Peaks), 10 am. Walt Stack, 741 Kansas, No. 2, San Francisco 94107.

**AUG 8: John Steinbeck Country Run.** 10K, Salinas YMCA, 10 am (& 1-mile fun run for children under 12 at 9:30 am). Salinas YMCA, 117 Clay St., Salinas 93901. (408) 758-3811.

**AUG 8: Kaiser Lake Merritt 5 & 10K.** Oakland (Salboat House), 9 am. Dave Shrimpton, Kaiser Engineers, P.O. Box 23210, Oakland 94623. (415) 271-4765.

**AUG 8: Annie & Mary Race.** 2 & 6.2 miles, Blue Lake (Perigot Park), 8:30 am. Bob Dickerson, P.O. Box 214, Arcata 95521. (707) 668-5161.

**AUG 8: North Orange County YMCA 10K Run.** Fullerton, 7:30 am. Patsy Wendler, N.O.C. YMCA, 2000 Youth Way, Fullerton 92635. (714) 879-9622.

**AUG 8: St. Joseph's Medical Center 5, 10 & 15K Runs.** Griffith Park, Los Angeles, 8 am. St. Joseph Medical Ctr., Bill Clarke, Buena Vista & Alameda, Burbank 91505. (213) 843-5111, ext. 5430.

**AUG 8: Little Tokyo-Nisei Week 5K.** Los Angeles (First & San Pedro), 8:30 am. Ron Senzaki, One City Blvd. West, Suite 800, Orange 92668. (714) 634-2652.

**AUG 8: Horny Toad Invitational Triathlon.** 1 1/2 mile swim, 50 mile bike, 13.1 mile run. Del Mar, time TBA. Murphy Reinschreiber, 3517 Curlew, San Diego 92103.

**AUG 11: Northridge Twilight 10K.** Cal-State Northridge, 6:30 pm. Tom Babiracki, Runners Sole, 17521 Chatsworth St., Granada Hills 91344. (213) 368-7889.

**AUG 12: Burlingame Summer Fun Run.** 2.85 mile, Coyote Point Park, San Mateo, 6 pm. Burlingame Fun Run, Recreation Dept., 850 Burlingame Ave., Burlingame 94010. (415) 344-8386.

**AUG 14: Falmouth Road Race.** 7.1 mile, Falmouth, Mass., 10 am. Falmouth Recreation Dept., Main St., Falmouth, MA 02540. (617) 540-4417. Entries limited to 4,000.

**AUG 14: Monterey Bay Triathlon.** 2 mile swim, 30 mile bike, 10 mile run. (Near Santa Cruz to Monterey), time TBA. Joe Ossmann, Friends Outside, 404 Lincoln Ave., Salinas 93901. (408) 758-2733.

**AUG 14: Tetrick Trail Run.** 8 miles, Griffith Park, Los Angeles, 7:30 am. John Sporleder, 1428 Thompson, Glendale 91201.

**AUG 14: El Dorado Park 5 & 10K.** 7:30 am. Newport Beach Runners Association, 1162 Dorset Lane, Costa Mesa 92625. (714) 966-0556.

**AUG 14: Harbor 10K.** San Pedro (Cabrillo Beach), 7:30 am. Bill Friend, San Pedro & Peninsula YMCA, 301 S. Bandini St., San Pedro 90731. (213) 832-4211.

**AUG 14: Tecate Quarter-Marathon.** Tecate, Mexico, 7 am. Rich Cota, End of the Line, 1013 Park Pl., Coronado 92118. (714) 225-8268.

**AUG 14: 5 Mile X-Country.** Sunset Park, Las Vegas, Nevada, 7 am. The Running Store, 602 So. Maryland Pkwy, Las Vegas, NV 89101. (702) 382-3496.

**AUG 14: Wheels & Heels Century Bliathlon.** 73.8 mile bike, 26.2 mile run, Santa Cruz to Half Moon Bay & return, time TBA. Victoria Oakes, 518 Outlook, Los Altos 94022.

**AUG 15: Park to Park Relays.** 4x5 miles, Sacramento (Carmichael Park), 8 am. Jo Sumner, 5209 Moro Bay, Carmichael 95608. (916) 481-5869.

**AUG 15: Hook and Ladder 10K.** San Francisco (Golden Gate Park, Rainbow Falls), 9 am. (Note: date changed from Aug. 8). Ernie Aitken, c/o Fire Fighter Local 798, 1139 Mission, San Francisco 94103. (415) 621-7103.

**AUG 15: Yount Mill 2 & 4 Mile Ribbon Runs.** Yountville (Yountville Park), 9 am. Mimi Burch, 500 Kent St., Napa 94558.

**AUG 15: Tiburon Classic 8 Mile.** Tiburon (Trestle Glen Dr. near Blacky's Pasture), 8 am. Kees Tuinzing, 627 Galerita Way, San Rafael 94903. (415) 472-7917.

**AUG 15: Merced Red Cross Watermelon Run.** 1.5 mile & 10K, Merced County Courthouse Park, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.

**AUG 15: DSE Double Muni Pier Run.** 2.5 mile. Dolphin Club, San Francisco, 10 am. Walt Stack, 741 Kansas St., No. 2, San Francisco 94107.

**AUG 15: Old Town Half-Marathon.** Eureka (Old Town), 9 am. Jogg'n Shoppe, 410 Second St., Eureka 95501. (707) 443-6404.

**AUG 15: Miller Lite Billy Ball 8K Fun Run.** (4.96 mile), Oakland Coliseum, 9 am. Ron

Wayne, Curley-Bates/Mizuno Co., 860 Stanton Rd., Burlingame 94010. (415) 697-6420.

**AUG 15: For Land's Sake Run for Cover.** 10K, Watsonville (Pinto Lake County Park, Green Valley Rd.), 8 am. Santa Cruz County Resource Conservation Office, 3019 Porter, Soquel 95073. (408) 475-1303.

**AUG 15: Jerry's Sports Endurance Triathlon.** 1/4-mile swim, 21 mile bike, 10K run, Santa Cruz, 10 am. Jerry's Sports, 1222 Soquel, Santa Cruz 95062. (408) 425-7445.

**AUG 15: CRRCC Tune-Up Series.** 15K & 5 mile fun run, Griffith Park, Los Angeles, 8 am. California Road Runners Club, Box 891, Tarzana 91356.

**AUG 15: Santa Cruz Run-Swim-Run.** 1 1/2 mile run, 1/4-mile swim, 1 1/4 mile run. Santa Cruz, time TBA. S.C. Life Saving Association, 346 Church St., Santa Cruz 95060.

**AUG 18: Fiesta Island Team Triathlon.** (4-person teams) 2 x 4 mile run, 8 mile bike, 1 mile swim. Fiesta Island, San Diego, time TBA. Tom Brown (714) 277-8920.

**AUG 19: High Sierra 10K.** So. Lake Tahoe (tartan track), 6 pm. Austin Angell, Box 1521, So. Lake Tahoe 95705. (916) 541-5224.

**AUG 20: Police Olympics 5K.** Sunset Park, Las Vegas, Nevada, 7 am. The Running Store, 602 So. Maryland Pkwy., Las Vegas, NV 89101. (702) 382-3496.

**AUG 21: Salmon Creek Beach Run.** 2 & 5 miles, Bodega Bay, 10 am. Jim Bowers, 2818 Rollo Rd., Santa Rosa 95405. (707) 542-4568.

**AUG 21: Dammit Run.** 5.7 mile. Los Gatos (High School), 9 am. Bruce Springbett, P.O. Box 1328, Los Gatos 95030. (408) 354-2005.

# 2nd Annual SUMMER RELAYS

August 1, 1982 — Sunday  
Lake Merced, San Francisco

Conducted by  
WEST VALLEY T.C. of SAN MATEO  
• 5 Man Teams

For Information & Entry Blank  
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Summer Relays  
c/o P.O. Box 652  
Burlingame, CA 94010  
Mary Kolb (415) 837-6674



• **Course:** Complete distance will be five laps around the Lake (one lap per person only), or 22.32 miles (4.464 miles/lap).

• **Fees:** \$15 per 5-person team if entry is POSTMARKED by not later than July 26; \$25 per team for all entries after that. NO EXCEPTIONS.

• **Number of Divisions:** 13 divisions.

• **Awards:** Ribbons to all finishing teams; a total of 325 plaques awarded; merchandise awards supplied by Nike.

• Calistoga Sparkling Mineral Water at finish line.



**AUG 21: Lodi Triathlon.** 3.1 mile run, 5 mile bike, 1000 yd. swim. Lodi Lake Park, Lodi, 9 am. John Griffin, 2121 Gateway Cir., Lodi 95240. (209) 957-5646.

**AUG 21: Sierra Crest Survival 50, 75 and 100-Mile Runs.** Squaw Valley, 7 am. Charles Mersereau, 8895-B Salmon Falls Dr., Sacramento 95826. (916) 362-9660.

**AUG 21: Bass Lake Half Marathon.** Pines Village, Bass Lake, 8 am. Bill Cockerham, P.O. Box 8103, Fresno 93703. (209) 264-5847.

**AUG 21: America's Finest City Half-Marathon.** San Diego (Cabrillo Monument), 7 am. Jack Dampson, c/o End of the Line, 1013 Park Pl., Coronado 92118. (714) 297-3901.

**AUG 21: Tehachapi 10K.** Tehachapi, 8:30 am. Bakersfield TC, c/o 3512-C Sampson Ct., Bakersfield 93309. (805) 832-0749.

**AUG 21: Vintage Fair Run.** 5K (?), Modesto, 8:30 am. Mike Miller, 410 Magnolia, Modesto 95354.

**AUG 22: John Muir "Fun-Run" Marathon.** Pinole, 8 am. Steve Justice, 2192 Owens Ct., Pinole 94564. (415) 758-1023.

**AUG 22: Grape Run.** 6.3 miles, Williams Brothers Market, San Luis Obispo, 9 am. The Grape Run, Lawrence Winery, P.O. Box 3159, San Luis Obispo 93403 - Attn: Lori Mainini.

**AUG 22: Alameda Run for the Parks.** Distance TBA, Alameda (South Shore Shopping Center), 9:05 am. Island City Sports, 1408 Park St., Alameda 94501. (415) 769-8055.

**AUG 22: Lake Merritt Joggers & Striders 4th Sunday 5, 10 & 15K.** Oakland (Old Boathouse, Lake Merritt), 9 am. John Notch, 230 Marlow Dr., Oakland 94605. (415) 582-2210.

**AUG 22: Wildwood Days Race.** 2 & 8 mile, Rio Dell (Fireman's Park), 10 am. Susan Sokrakoff, 24 Pine Crest Dr., Fortuna 95540. (707) 725-4018.

**AUG 22: Kiwanis Share Good Health Run in Atherton.** 6.5 miles, Menlo College, 8 am. Kiwanis, P.O. Box 2745, Redwood City 94064.

**AUG 22: DSE Golden Gate Bridge Run.** 3 miles, San Francisco (Toll Gate Plaza Parking Lot), 10 am. Walt Stack, 714 Kansas St., No. 2, San Francisco 94107.

**AUG 22: Redwood Shores Bliathlon.** 4 mile run, 400m swim, Redwood Shores (Marine World Pkwy.), Redwood City, 10 am. Yvette Haworth, 350 Marine World Pkwy, Redwood City 95065. (415) 592-4170.

**AUG 22: Lake Tahoe Series 10K Run.** No. Tahoe High School, 9 am. Stephanie Atwood, Box 97, Carnelian Bay 95711. (916) 583-8475.

**AUG 22: Jog in the Fog.** 1 1/2 & 4 miles, Miramar Beach (near Half Moon Bay), 8 am. Stephen Figoni, 534 Spindrift Way, Half Moon Bay 94019. (415) 726-4273.

**AUG 22: Orienteering Meet.** Joe Grant County Park (Class B or C), time TBA. Joe Scarborough, 3151 Hollywood, Oakland 94611. (415) 530-2059.

**AUG 22: Police Olympics 10K.** Las Vegas, Nev. (Industrial & Blue Diamond Rds.), 7 am. The Running Store, 802 S. Maryland Pkwy, Las Vegas, NV 89101. (702) 382-3496.

**AUG 22: International Swim & Run Invitational.** 1 mile run, 1/2-mile swim, 1 mile run, Avila Beach, time TBA. Hind-Wells, 390-E Buckley Rd., San Luis Obispo 93401. (805) 544-8555.

**AUG 22: Pikee Peak Marathon.** Manitou Springs, Colorado, 7 am. Marge Carter, YMCA, P.O. Box 1694, Colorado Springs, CO 80901. (303) 471-9790.

**AUG 25: Rubber Toad Triathlon.** 2 mile run, 8 mile bike, 1/2-mile swim; 1/2-mile run, 1/2-mile inner tube, 1/2-mile run, Fiesta Island (San Diego), time TBA. Dan O'Roarty (714) 299-9962.

**AUG 28: Bear Valley Foot Race.** 10K, Bear Valley (Lodge), 10 am. Susie Russo, c/o Red Dog Lodge, P.O. Box 5034, Bear Valley 95223. (209) 753-2344.

**AUG 28: Simi Winery 10K.** Healdsburg (Simi Winery), 8:30 am. Gracie Blackmer, 16275 Healdsburg Ave., Healdsburg 95448. (707) 433-6981.

**AUG 28: Signal Hill Rotary Club 10K.** Signal Hill, 8 am. Bob Randall (213) 426-1361.

**AUG 28: Spartan Roundup 10K.** Gonzales, time TBA. John Macias, Gonzales Union High School, P.O. Box 939, Gonzales 93926. (408) 675-2495.

**AUG 28: Escape From Alcatraz Triathlon.** 1.5 mile swim from Alcatraz, 15 mile bike, 14 mile run (Double Dipsea), early A.M. (time TBA) (Entry limit 100). Joe Oakes, c/o QCON, P.O. Drawer K, Los Altos 94022.

**AUG 28: Las Vegas 5-Mile & Picnic.** Tule Springs, Nevada, 7 am. The Running Store, 802 So. Maryland Pkwy., Las Vegas, NV 89101. (702) 382-3496.

**AUG 28: Capitola Beach Festival Ironman Race.** 1/4-mile run, 1/2-mile swim, 200 yd. run, 1/2-mile paddle, Capitola, time TBA. Pat Gilbert, 4525 Capitola Rd., Capitola 95010. (408) 688-3599.

**AUG 29: South Lake Tahoe Great Relay.** 13 mile bike, 10k run, 3.5 mile row. South Lake Tahoe (Timber Cove Lodge), 7:30 am. John McIntosh, 4120 E. Camino Ave., Sacramento 95821. (916) 488-7181.

**AUG 29: Santa Monica Marathon and Half Marathon.** City College, 7:30 am. Ed Montan, Recreation Supervisor, 1685 Main St. Santa Monica 90401. (213) 393-0462.

**AUG 29: Presidio 10.** 10 mile, Presidio Parade Grounds, San Francisco, 9 am. Henry Bunsow, c/o The Guardsmen, 12 Geary St., San Francisco 94108. (415) 989-6402.

**AUG 29: Basecamp's Where in the Hell is Truckee 18-Mile Run.** Tahoe City (No. Tahoe High School), 8 am. Barb Cohen, Basecamp, P.O. Box 1884, Tahoe City 95730. (916) 583-5306.

**AUG 29: DSE Lake Merced run.** 4.5 mile, San Francisco (Sunset Circle Pkg. Lot, Lake Merced), 10 am. Walt Stack, 741 Kansas St., No. 2, San Francisco 94107.

**AUG 29: Crescent Beach Run.** 5 & 10K, Crescent City, 11 am. Stu Scholl, 2903 Elk Valley Rd., Crescent City 95531. (707) 464-5354.

**AUG 29: SPA/TAC District 30K Championships.** Orange, 8 am. SPA/TAC LDRC, Box 891, Tarzana 91356.

**AUG 29: 50 Mile Run & 5-Man 50-Mile Relay.** Pleasant Valley, Camarillo, 6 am. Connie Rodewald, 852 Sharon Dr., Camarillo 93010.

**AUG 29: Sun Run for the Blind 10K.** Balboa Park, San Diego (also 2 mile), Randy Miller (714) 286-2293; Jay Judge (714) 298-1565.

## LOOKING AHEAD

(Marathons, Relays, Important Deadlines, Major Events, etc.):

**SEP 1: California Challenge Race.** 3 mile swim, 40 mile bike, 16 mile run, 6 mile paddle, 10 mile surf/ski/dory. Leo Carillo Beach to Long Beach, time TBA. Mark Thompson, P.O. Box 2678, Oxnard 93034. (213) 457-5538.

**SEP 5: Silver State Marathon.** Reno, 7 am. YMCA, P.O. Box 750, Reno, NV 89504. (702) 825-6240.

**SEP 11: Sierra Nevada Triathlon.** 2 mile swim, 55 mile bike, 13.1 mile run. Folsom, 7 am. Bill Thomas, c/o Fleet Feet, 8128 Madison Ave., Fair Oaks 95628. (916) 966-TEAM.

**SEP 11: September Special.** 5-10-20K, Mason Park, Irvine. Jacqueline Wolf, South Coast Runners Association, 3122 S. Baker, Santa Ana 92704. (714) 641-1708.

**SEP 12: VMRC Spring Lake Relays.** 3x4.15 mile, Santa Rosa (Springlake), 9 am. Dave Sjostedt, Box 562, Bodega Bay 94923. (707) 875-9925.

**SEP 12: Conn Dam Relays.** 2-8 person Teams (32 miles total), So. of St. Helena, 9 am. Kaye Hall, 4518 Dry Creek Rd., Napa 94558. (707) 255-0683.

**SEP 12: Nike Marathon.** Eugene, Ore., 8 am. Nike Marathon, P.O. Box 10412, Eugene, OR 97440. (503) 687-2477. Entries limited to about 1,000, June 18 deadline.

**SEP 17: Pepsi of Reno Lake Tahoe 72-Mile Run.** Tahoe City (Commons Park), 7 am. Mark Elgert, 840 West Benjamin Holt Dr., Stockton 95207. (209) 951-3006.

**SEP 18: International Triathlon Circuit: Western States Finals.** 2 mile swim, 50 mile bike, 137.1 mile run, TBA (Calif.). Jim Theuring, 100 New Brighton Rd., Aptos 95003. (408) 267-3700.

**SEP 19: Relay to End World Hunger.** 4 person, 21K total, Santa Rosa (Spring Lake Pk.), 9 am. Chris Oaks, P.O. Box 11282, Santa Rosa 95406. (707) 576-1516.

**SEP 19: Sr. Men's National TAC 25K Championships.** (and SPA/TAC District Championship), Ventura (Mission Park), 8 am. Team Inside Track, 1410 E. Main St., Ventura 93003. (805) 643-1104.

**SEP 19: National TAC 30K Championships.** (All divisions), Schenectady or Albany, New York. George Regan, 231 Fourth St., Troy, NY 12180. (518) 273-3722.

**SEP 25-28: California Orienteering Championships.** Big Basin State Park (Santa Cruz County), Class, time TBA. Joe Scarborough, 3151 Hollywood, Oakland 94611. (415) 530-3059.

**SEP 26: Bridge to Bridge Run.** 7.9 miles, San Francisco, time TBA. City Sports, P.O. Box 3693, San Francisco 94119. (415) 788-2611.

**OCT 2: California Road Runners 100-Mile Endurance Run.** Cupertino (DeAnza College, Parking Lot C), 4 am. Dennis Zam-zow/William Felgel, 2500 Hospital Dr., Bldg. 9, Mountain View 94040. (415) 964-4800.

**OCT 3: Sacramento Marathon & Half Marathon.** Sacramento (William Land Park), 7 am. John McIntosh, 4120 El Camino Ave., Sacramento 95821. (916) 488-7181.

**OCT 3: National TAC Masters 15K Championships.** Washington D.C. Larry Noel, 105 Northway Dr., Greenbelt, MD 20770. (301) 474-9362.

## Track & Field

**JUN 30-JUL 1: TAC Junior Women Nationals.** UCLA. Pete Scanlan, 2925 Knoxville, Long Beach 90815. (213) 421-2867.

**JUL 1: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**JUL 2-4: TAC National Girls Age Group Championships.** Spokane, WA.

**JUL 6: Merced All Comers Meet.** Merced College, 6 pm. Dave Donaldson (209) 722-2384.

**JUL 6-7: Pleasant Hill All-Comers T&F Meet.** Diablo Valley College, 6 pm. Pleasant Hill Parks & Recreation, 147 Gregory Lane, Pleasant Hill. 682-0896.

**JUL 8: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**JUL 9-10: California State Police Olympics.** Law enforcement personnel only. San Francisco State Univ. For info. call: (415) 641-8827.

**JUL 10-11: USA vs. USSR Jr. Pullman, WA.**

**JUL 13-14: Pleasant Hill All-Comers T&F Meet.** Diablo Valley College, 6 pm. Pleasant Hill Parks & Recreation, 147 Gregory Lane, Pleasant Hill. 682-0896.

**JUL 15: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**JUL 17-18: USA vs. USSR Decathlon & Heptathlon Meet.** UC Santa Barbara. Tentative.

**JUL 20: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. Boys & girls 14 & under. Norm Guest (415) 786-6800.

**JUL 20-21: Pleasant Hill All-Comers T&F Meet.** Diablo Valley College, 6 pm. Pleasant Hill Parks & Recreation, 147 Gregory Lane, Pleasant Hill. 682-0896.

**JUL 22: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**JUL 22: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. High school & open (with javelin & hammer). Norm Guest (415) 786-6800.

**JUL 24: USA vs. Canada Jr. Houston, TX**

**JUL 23-25: TAC National Boys Age Group Championships.** Omaha, NB.

**JUL 27: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. Boys & girls 14 & under. Norm Guest (415) 786-6800.

**JUL 27-28: TAC Junior Olympics Multi-Events Championships.** Manhattan, KS.

**JUL 27-28: Pleasant Hill All Comers T&F Meet.** Diablo Valley College, 6 pm. Pleasant Hill Parks & Recreation Dept., 147 Gregory Lane, Pleasant Hill. 682-0896.

**JUL 29: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**JUL 29: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. High school & open (with javelin & hammer). Norm Guest (415) 786-6800.

**JUL 30-AUG 1: TAC National Junior Olympics.** Lincoln, Nebraska. Frank Sevgine, Track Coach, Univ. of Nebraska, 116 S. Memorial Stadium, Lincoln, NE 68588. (402) 472-2991.

**JUL 30-AUG 1: Junior Pan-American Games.** Barquisimeto, Venezuela.

**AUG 6-8: AAU National Junior Olympics.** Memphis, TN.

**JUL 31-AUG 1: TAC National Experimental Decathlon Championship for Women.** Ventura High School, 11 am. Housing provided. John Dobroth, 1209 Shelburn, Ventura 93001. (805) 654-2506.

**AUG 3: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. Boys & girls 14 & under. Norm Guest (415) 786-6800.

**AUG 5: Los Gatos All Comers Meet.** Los Gatos High School, 6 pm. Bruce Springbett (408) 354-7333.

**AUG 5: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. High school & open (with javelin & hammer). Norm Guest (415) 786-6800.

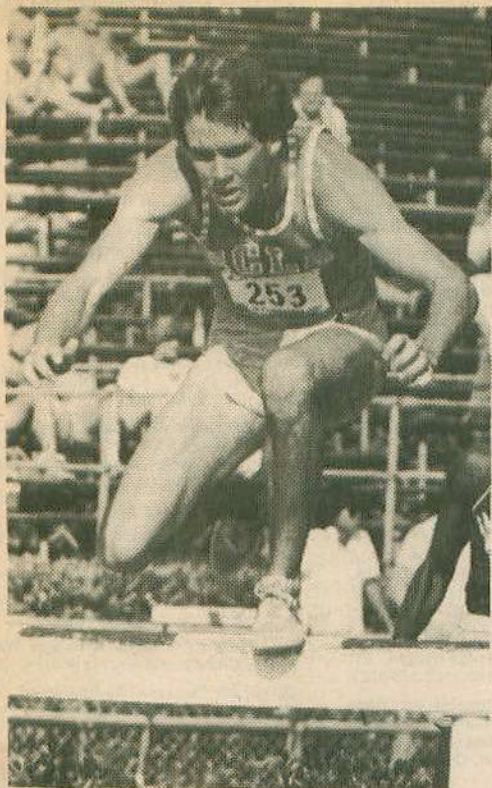
**AUG 10: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. Boys & girls 14 & under. Norm Guest (415) 786-6800.

**AUG 12: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. High school & open (with javelin & hammer). Norm Guest (415) 786-6800.

**AUG 17: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. Boys & girls 14 & under. Norm Guest (415) 786-6800.

**AUG 19: Chabot All Comers.** Chabot College, Hayward, 6:30 pm. High school & open (with javelin & hammer). Norm Guest (415) 786-6800.

**AUG 27: Los Banos All Comers Meet.** Los Banos Stadium, 6 pm. Phone (209) 826-0325.



Dave Daniels

Track and field excellence is a household term around UCLA. That's the way head coach Jim Bush likes it, and he should since he's played a key role in the development of that tradition of excellence. In Bush's 18 years at the helm the Bruins have placed in the top five in the NCAA 15 times — 1982 no exception as they notched a solid fifth at Provo. The biggest news as a team however, was the unexpected PAC-10 championship win at Eugene, Oregon. At Eugene, UCLA racked up 146 points to 113 for Washington State and 94 for Arizona State with come-through after come-through by Bruin thinclads.

Six of the last ten years UCLA has been rated the best dual meet team in the nation and the 1982 squad is in good position to nab another top billing as they went undefeated against major competition. Before the season started Coach Bush confidently said, "This could be the best dual meet team I've ever coached." However, Coach Bush didn't prove as good a prophet when it came to the league championship. Three days before the PAC-10 meet he was quoted as giving UCLA no better than third. After the meet, though, he beamed, "This was one of the finest competitive efforts ever as a team." He went on to praise the athletes, "They were determined to do well and went out and did it. It was a real team effort, everyone pulling for one another." I don't think Coach minded the dunking his crew gave him in the steeplechase water jump after the final score was announced — it was nice to be wrong.

Assistant coach Bob Larsen, on the other hand, figured the Bruins had an outside chance. He works primarily with the distance runners and jumpers and related, "I was bringing them along slowly and knew a little bit better how ready these men were." Larsen is also quick to give the credit to the team, "After Curran won the vault and Ortiz won the steeple late Friday, there was no stopping them."

Jim Bush is a very smart man; not just in the area of coaching techniques. He's assembled under him two assistant coaches who rank among the best in California if not the nation. Bob Larsen is a living legend when it comes to success as a distance coach — try seven straight state team cross country crowns at Grossmont Community College plus a TAC (AAU) team championship in 1976. This year Coach Bush also welcomed weight coach Art Venegas — a name synonymous with the weight events around Southern Califor-

# Ucla

nia. Venegas is California's resident expert in the hammer throw. A coach can't help but look good with assistant coaches like Larsen and Venegas under them. So, Bush is very optimistic about the future. "We're going out and do it," he stated enthusiastically. "We're not afraid of work and I believe we'll be the best All American team in America."

What's going on with the distance runners at UCLA? Since Bob Larsen has landed, school records have been bettered in the 1500, steeplechase, 2 mile, 5,000 and 10,000. Distance runners scored 42 points at the PAC-10. At the NCAA's Steve Ortiz was first American in the 10,000 and Dave Daniels first American in the steeplechase. Who is this coach Bob Larsen that he can create a distance running dynasty at Grossmont and now he's showing signs of doing the same thing at UCLA? What's his secret? "There's no secret." Larsen hedgingly states. "There's a multitude of factors in our program that can't help but lead to success. We think in terms of training over a long period of time. We're patient. In the long range everybody will eventually have their day. In addition we try to build a tight group, create a positive atmosphere and build confidence." That's all there is to it!

Since Coach Larsen is also working with the jumpers can we see that same philosophy apply to these technique events? We need look no further than high jumper Del Davis who continued to improve all season, finally shocking track fans with a relatively easy looking 7-7½. Not only that but Bruin jumpers scored 47 points in the PAC-10 meet; winning the high jump, long jump, pole vault, and taking second in the triple jump.

What about this new young assistant coach Art Venegas? He's got his work cut out for him in the weight events. But he knows his stuff. In his first year he's already coached four Bruins past the school record in the hammer with Steve Nickerson hitting 201-11; and John Brenner came within 2 feet of the discus standard with his 192-10. Everyone also knows Art coaches Bill Green at Cal State Long Beach who is America's number one collegiate hammer thrower with 230-plus feet. Himself a former 1975 Mexican National Champion in the hammer throw, Venegas's most notable proteges include Christy Pyle, the 1977 AAU Junior National Champion in the discus; Joe Staub, the NCAA Division II record holder in the shot put; Bill Green, the 1981 AAU Junior Champion in the hammer throw; and Greg McSeveney, All American discus thrower at Cal State Long Beach. "Art is one of the very best young throwing coaches in the nation," says Bush. "We're very fortunate to have a man of his stature as a member of our program."

If Coach Bush has been blessed with some good assistant coaches, he's been just as fortunate to have worked with good athletes. Just take a look at the school record list and it will bring back good memories of good people. Who was the greatest athlete Bush has ever worked with? "It would have to be Wayne Collett," mused Bush. "From a talent standpoint he could do so many events so well. His 44.07 at the Olympic Trials was the fastest all time at sea level."

Even though Bush wouldn't reveal any of his future coaching plans other than, "After the Olympics, we'll see." And, even though the Bruins will graduate several heavies, such as: Chip Benson, Eric Brown, Anthony Curran, Dave Daniels, Alex Gonzales, Steve Ortiz, Rick Rose, and Doke Williams; the future of track and field at UCLA looks solid. When you are surrounded by good people one can't help but be good.





## Head Coach JIM BUSH

"Successful" is an accurate description of Jim Bush's head coaching career. He has guided the Bruins to 17 winning seasons in the last 18 years, 10 undefeated dual meet seasons, winning streaks of 17, 20, 42 and currently 21, and six collegiate dual meet championships as awarded by *Track & Field News*.

As Bush ends his 18th season as UCLA's head coach, he can claim the best dual meet record in the conference (133-18,880) and 7 Pac-10 titles to go along with his four NCAA crowns.

Although born out of California, Bush has spent his entire coaching career in the Golden State. He started as a graduate assistant at Berkeley High School (1952) and then spent seven years at Fullerton High School (1953-59), two at Fullerton Junior College (1960-61) and three at Occidental College (1962-64) before the late J.D. Morgan selected him to follow Ducky Drake as the UCLA head coach.

Here's a listing of his important coaching achievements:

- winner of four NCAA team championships (1966-71-72-73), and one of three coaches to win three straight titles. . .
- 15 NCAA Top Five team finishes in 18 years, including four firsts, four seconds, two thirds and five fifths. . .
- winner of seven Pacific-10 Conference team championships (1966-69-70-71-73-80-82). . .
- thirty NCAA outdoor individual champions. . .
- winner of 11 dual meets against USC (1966-67-70-72-73-74-75-78-79-80-81), most satisfying because the Bruins had never defeated the Trojans until Bush arrived in Westwood. . .
- winner of an unprecedented six straight NCAA mile relays (1969-70-71-72-73-74) and seven consecutive Pacific-10(8) mile relays (1968-69-70-71-72-73-74). . .
- coached 19 different Olympic team members, including six two-time performers. . .
- winner of six dual meet titles (as awarded by *Track & Field News*), three seconds, two thirds and one fourth in the 12-year history of the championships. . .

Born Sept. 15, 1926 in Cleveland, O., he came west with his family in '29. Jim attended Bakersfield High, competing in both track and football. Incidentally, his prep coach was the late Burnett "Cap" Haralson, 1923 UCLA track captain. He graduated in 1944 and shortly thereafter joined the Naval Air Corps.

Following World War II, he entered Bakersfield JC and lettered in football and track one year (1947-48). It was at Bakersfield, however, that he suffered a hamstring muscle injury that was to hamper his entire running career.

He then transferred to UC Berkeley in the fall of 1948. As a Physical Education major there he competed in track as a quarter-miler and high hurdler for three years.

Jim is the proud father of a daughter Jean, a school teacher the past five years, and a son, Don, who is a contractor.



## Assistant Coach BOB LARSEN

Loyalty and conscientiousness are two of Coach Larsen's strongest traits, and they have paid off during his tenure as an assistant coach and head cross country coach. Two of Larsen's primary areas of responsibility, the distance runners and jumpers, have enjoyed renewed success in his three seasons.

"He's continued to surprise people with his outstanding success with our cross country program," says Bush. "This year, when he was picked to finish fourth or fifth in our own conference, he proved he's one of America's great distance coaches by guiding the team to fifth place in the nation."

"In addition," adds Bush, "he is an outstanding jumps coach. One only has to look at the success UCLA has had in these areas over the past few years to recognize that fact. Also, he is very loyal to our program, a quality which I feel is very important in an assistant coach."

Prior to coming to UCLA, Larsen had a great career at Grossmont College in El Cajon. He spent 12 seasons at the school, 11 as the head cross country coach. After placing second in the conference during his first season as head man, he won 10 straight league crowns. In addition, his teams won the California State cross country title in each of Larsen's final seven years at Grossmont and annexed eight straight Southern California cross country crowns.

In addition to his duties at Grossmont, Larsen also served as head coach of the Jamul Toads, a track club in the Grossmont area. The highlight occurred in 1976 when the Toads won the AAU National Cross Country title, placing all five men among the top 12 team scorers in the meet.

Larsen was born on January 23, 1939, in Detroit Lakes, Minnesota. After growing up in what was literally a log cabin, Larsen graduated from San Diego State (1961) with a degree in physical education. While at SDS he served as cross country captain twice and track captain once.

Following his graduation, he became head track and cross country coach at Monte Vista High in Spring Valley. He turned around a losing program, leading MVHS to four straight San Diego cross country titles and a second place County finish in track in his fourth year. At the same time, he was working on a Masters degree in Physical Education at San Diego State, earning it in 1967.

Larsen is married to the former Susan Nebel-Thau and they live in Topanga Canyon with their two children, Michel 8, and Erik 4.

## SCHOOL RECORDS

Event	Athlete/Year	School Record
100y	Warren Edmonson/72	9.3
100m	Warren Edmonson/72	10.0
100m auto	Eric Brown/79,81	10.20
200m auto	Greg Foster/79	20.20
400m	John Smith/71	44.5
440y	John Smith/71	44.5
800m	Conrad Suhr/78	1:46.84
1500m	Alex Gonzales/82	3:41.49
Mile	Bob Day/65	3:56.4
Steeple	Dave Daniels/82	8:31.94
2 Mile	Steve Ortiz/82	8:24.6
3 Mile	Geoff Pyne/66	13:18.6
5000m	Steve Ortiz/82	13:37.54
10,000m	Steve Ortiz/82	28:21.3
Marathon	Steve Ortiz/81	2:13:21
110mHH	Greg Foster/78	13.22
400mIH	Andre Phillips/81	48.10
High Jump	Del Davis/82	7-7 1/4
Pole Vault	Mike Tully/78	18-8 1/4
Long Jump	James McAlister/73	27-0 1/2
Triple Jump	Willie Banks/78	55-11 1/4
Shot Put	Dave Laut/79	69-3 1/4
Discus	Roger Freberg/73	194-10
Hammer	Steve Nickerson/82	201-11
Javelin	Mark Anderson/80	256-1
Decathlon	Mark Anderson/81	8171
400m Relay	James Owens/77 Bennie Myles Millard Hampton Greg Foster	39.25
400m Relay	James Owens/78 Millard Hampton Donn Thompson Greg Foster	39.25
440y Relay	James Owens/77 Bennie Myles Millard Hampton Greg Foster	39.29
Mile Relay	John Smith (47.1)/69 Len VanHofwegen (44.7) Andy Young (46.3) Wayne Collett (45.3)	3:03.4

**UCLA continued:**

Here is a list of UCLA's top marks for 1982 as of June 11, 1982.

**100 Meters:**

- 10.25 Eric Brown
- 10.58 Gerald White
- 10.60 Tony Banks
- 10.62 John Costanzo
- 10.74 Howard Coburn
- 10.93 Steve Rogers

**200 Meters:**

- 20.39 Eric Brown
- 22.2 Howard Coburn
- 21.1 Gerald White
- 21.55 John Costanzo
- 21.2w Tony Banks
- 22.11 Steve Rogers
- 22.1 Joe Parker

photo by Bill Leung, Jr.



Jon Butler

**400 Meters:**

- 46.06 Tony Banks
- 47.60 Dwayne Wycoff
- 48.36 Joe Parker
- 49.78 Anthony Goerge
- 50.83 Scott Lewer

**800 Meters:**

- 1:49.7 Michael Lawrence
- 1:49.71 David Brown
- 1:51.9 Mike Pope
- 1:52.28 Dan Brady

- 1:52.30 Ron Roberts
- 1:53.2 Steve Whitcomb
- 1:54.24 Chris Dole

**1500 Meters:**

- 3:41.49 Alex Gonzales
- 3:42.95 Steve Whitcomb
- 3:43.71 Ron Roberts
- 3:44.6 Jon Butler
- 3:44.76 Mike Pope
- 3:45.84 Michael Lawrence
- 3:49.9 Dan Brady
- 3:48.0 Steve McCormack
- 3:50.0 Dave Daniels
- 3:50.8 Mike Parkinson
- 3:52.55 Rick Rose
- 3:55.45 Bill Cleves
- 3:57.63 Matt Ebner

**5000 Meters:**

- 13:37.54 Steve Ortiz
- 13:54.4 Steve McCormack
- 13:55.7 Jon Butler
- 14:12.4 Rick Rose
- 14:12.81 Dave Daniels
- 14:15.31 Steve Webb
- 14:23.4 Ron Roberts
- 14:34.3 Dan Brady

**10,000 Meters:**

- 28:21.3 Steve Ortiz
- 28:47.7 Jon Butler
- 29:03.5 Steve Webb
- 29:07.5 Rick Rose
- 29:24.46 Steve McCormack

**Steeplechase:**

- 8:31.94 Dave Daniels
- 9:00.7 Matt Ebner
- 9:04.9 Steve Ortiz
- 9:29.57 F. Gonzalez
- 9:36.67 Bill Cleves

**110 High Hurdles:**

- 13.82 Marcus Allen
- 14.51 Eric Robinson

**400 Intermediates:**

- 51.02 Dwayne Wycoff
- 53.04 Scott Lewer

**High Jump:**

- 7-7¼ Del Davis
- 6-8 Larry Albers

**Pole Vault:**

- 18-2½ Anthony Curran
- 16-0 Bill Thilken
- 15-0 Trib La Prade
- 14-8 Robert Crumpler

**Long Jump:**

- 25-9¼ Chip Benson
- 25-9 Dokie Williams
- 22-7½ Douglas Lee
- 21-11¾ Ron Taylor

**Triple Jump:**

- 55-2 Dokie Williams
- 54-10 Chip Benson

- 50-10¾ Ivory Small
- 43-10 Doug Lee

**Shot Put:**

- 64-8 John Brenner
- 58-8 John Frazier

**Discus:**

- 192-10 John Brenner
- 186-4 Mark Bryant

**Javelin:**

- 239-6 Jason Bender
- 230-11 Mike Izzi
- 206-6 Eugene Leoni

**Hammer:**

- 201-11 Steve Nickerson
- 185-7 Mark Bryant
- 184-0 John Brenner
- 168-5 John Frazier
- 151-2 Blake Mather

**400 Meter Relay:**

- 39.94 White, Coburn, Banks, Brown.

**Mile Relay:**

- 3:09.20 Brown, Coburn, Wycoff, Banks.

photo by Bill Leung, Jr.



Chip Benson

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# Tuttle's Track Topics

By GARY TUTTLE

## Running with the Crazyies at the Bay to Breakers

**C**AUTION: Racing the Bay to Breakers in San Francisco can be hazardous to your health! I've known this to be true for several years now, and have been advising runners not to seriously race in the run. Unfortunately, this year I failed to follow my own advice and found myself nervously awaiting the countdown with 60,000 excited runners.

With less than 5 minutes to go before race time, I was in the front row, standing next to race favorite, Rod Dixon. Pressing behind us 500 seeded runners were 58,000 excited joggers. In front of us, using barriers, ropes and bodies, race officials had cleared 150 yards of open running. Just behind the last official, however, another 2,000 joggers awaited our first steps so they could pour onto the street in front of us.

One minute before the start, a tremendous roar echoed through the narrow streets, chasing pigeons from the ledges high above us. Behind us now, the crowd began to discard their excess clothing. Sweatshirts and pants were flying up and down overhead, and hundreds of large trash bags, which had been worn for warmth, began blowing around under our feet.

As the countdown reached 15 seconds, the noise and the excitement intensified. A wave of fear swept through the front runners, and all around me runners were reminding each other to "be careful."

I decided to jump the gun by a second or two to avoid the danger of the start. With one second to go, I leaned forward and began my first step towards the finish some 7.5 miles away. As I began my second step, I was momentarily aware of the stampede now occurring behind me.

My third step was nearly my last ever. Someone behind me clipped my foot, and down I went, knees and hands grinding into the street. I slid forward and tried to get up, but immediately, two runners came crashing down on me. I was almost to my knees again, when one sprinting runner hurdled me, kicking me in the back. Unfortunately, two runners right behind him weren't so lucky, and tumbled into the growing pile.

Finally, after a sprained ankle, bleeding knees, a bruised back, and what seemed like an eternity, I was on my feet. I was bruised, scared, mad, thankful, and so far back in the pack that I was unable to run faster than an 8-minute mile pace.

Between me and the leaders were over a 1,000 joggers, and more were pouring in from the side streets. In my disgust and frustration for falling, and anger at the joggers coming in and ruining what could be a good race, I began shouting some unkind and uncharacteristic obscenities to everyone, and to no one in particular.

With all my jogging, shouting, and weaving, I hit the first mile in 6:10, nearly 2 minutes slower than I had anticipated. For me the race for a top spot was over, but I still had the desire to see how far up I could get.

My next mile was spent weaving in and out among slower runners, but I still managed a 4:50 mile. By two miles I was finally able to run unencumbered.

Up the famous Hayes Street Hill I passed many runners, and realized I was at the back of the racers when I caught the sub-6 minute-mile, eight-man caterpillar of the Aggies Running Club at the very top of the hill.



Over the last four miles in Golden Gate Park, I moved up as much as I could, until I ran out of race. When I finally reached the finish on Cliff House Drive, I was somewhere in the top 20, and felt some degree of satisfaction at running the best possible race I could under the circumstances.

Having survived the race, I began to turn my thoughts towards running back up the course in hopes of finding my girlfriend, Cheryl Jarvis, and then running in with her. As I ran against the flow, I began to realize the magnitude of the race. People were running, jogging and walking by me at the rate of 600 per minute. For the next 90 minutes, the equivalent of the entire population of Ventura blurred by me.

As I hopelessly watched for Cheryl, I got several quick looks at joggers in costumes. Going by me I saw a nude girl, a male flasher, a Kraft Parmesan Cheese container, a gorilla, a Los Angeles Dodger, several caterpillars, two Pac Men, two M&M's, two running shoes, Santa Claus and six female reindeer, dogs, cats, mice, an eight-man Golden Gate Bridge, an upside-down man, nuns, Indians, barbarians, a four-legged man, clowns, grapes, and a female riding on a chariot pulled by four men.

The Ventura area was well represented in the race. I got a quick look at Rick and Diane Begulin in their skeleton costumes; Reg Wood as a sheik chasing his harem of belly dancers—Joan Wysong, Karen Fernbaugh, Mira Parish and Catherine Williams; and Darlene Bjornestad, Ingrid Hainline, Jack Erbeck and Rick Hunter out for a stroll in tuxedos and top hats, while drinking champagne.

Somehow, Cheryl had slipped by me (she was chasing the flasher), so with ankle throbbing, I turned and jogged the two miles back to the finish line.

When I had left the finish line earlier, it was fairly deserted, but now 60,000 finishers and 10,000 spectators had turned the area into a carnival. What had been a 10-second wait for a t-shirt and a beer, now was 45 minutes.

As I gazed out over the massive crowd, I suddenly realized that, although the best runner won (Rod Dixon), this event, like several others throughout the United States, had ceased to become a race for the competitive runner.

It also occurred to me that, maybe, that's OK. The Bay To Breakers is certainly a positive and wonderful experience for thousands of people. For every race that we've lost—like The Bay To Breakers—we've gained a hundred-fold in new races, sponsor money, trips and stature.

So, to you "60,000 crazyies" who had a wonderful time, I say, "You win, the Bay to Breakers is yours. Next year I'll be in the back drinking beer and chasing the nudies."

# SoCal Diary

By BILL MINARIK

## □ May 17

There was a full slate of action in store for SoCal track addicts last week at every level. It was prelim time for the prepsters with virtually all potential State contenders advancing.

At the SoCal Community College Championships at Bakersfield, Long Beach CC again demonstrated its awesome all-around strength in running away from Mt. SAC and Pasadena 141-89-73 in men's competition. There were some real iron man performances in this competition, with the most notable coming from Robbie Chapman of Mt. SAC who won both the 800 (1:48.9), 1500 (3:49.9) and ran a 47 second leg on the SAC mile relay team (3:08). In women's competition, it was just as close as everyone had thought with West L.A. edging out Santa Monica and Cerritos 50-49-46. The Oilers were lead by sprint sensation Gwen Gardner who pulled a tough 100-200-400 triple and then came back to run a 52.1 mile relay leg which brought her team into third place and the winning margin.

In the PCAA meet, San Jose State as expected took the measure of Fresno State and UC Irvine 105-87-59. There was a fierce individual battle in the hammer throw between FSU's Matt Mileham and Cal State Long Beach's Bill Green. The expected close competition was just that as both of these national class throwers deadlocked at 224-0 with Bill apparently getting the nod on the basis of second best throw.

While on the subject of close finishes, how about the CCAA meet which saw the first four places decided in the mile relay? CS Bakersfield was the winner with 125 followed by CS Northridge 124, Cal Poly SLO 123 and CS Los Angeles 121. While I'm thinking of CSLA, how about their shot putter Tom Lister? It seemed that Tom had stayed in the low 50's for years up through this all-comer season when all of a sudden, he soared up to be a 60 plus footer. If anyone is familiar with Tom's path to stardom, they might write in and tell us a bit about it.

Sunday saw the track world shift its eyes to UCLA where the Pepsi Invitational took the spotlight. There such big names as Phillips, Scott, Royle, Foster, Stones, Banks and Fuerbach continued on their winning ways, but the big news was Carl Lewis's winning long jump attempt of 28-3 and a jump of 28-11 on which he fouled by 1/4". Also Bob Roggy broke the 300' barrier again at 302.

## □ May 24

It was showdown time in the CIF Southern Section finals as Muir (4-A), Hawthorne (3-A), Bishop Amat (2-A) and Serra (1-A) grabbed boys titles while Long Beach Jordan (4-A), Hawthorne again (3-A),

Ganesha (2-A) and Marshall Fundamental (1-A) were girls winners.

At the Community College State Championships, the Long Beach CC men steamrolled their way to a 4th consecutive title with Hank Kraychir's weight double including a national record setting effort of 65-4 in the shot leading the way. Other national record setting efforts came from the Pasadena CC 1600m relay team 3:06.1, Foothill's Ralph Prelman 17-6 in the vault, Contra Costa's Byron Criddle 54-3 1/4 in the triple jump and Bakersfield's Albert Lane who ran a 13.75 high hurdles into the wind. Albert's time must be for electronic timing as I seem to remember Charlie Rich running a 13.5 hand time at L.A. Southwest. In addition, virtually all those I talked with indicated that Albert got a rolling start. In women's action, Santa Monica CC topped a tightly bunched field to capture its second straight State title in track.

In the PAC-10 championships, UCLA got solid performances in almost all the events to surprise Washington State and Arizona State 146-113-94.

In the NAIA Championships, Abilene Christian used an unprecedented 1-2-3-4 finish in the pole vault to outdistance Azusa Pacific 80-64. A-P was in it right to the end thanks to Innocent Egbunike and the Barnett brothers not to mention an unprecedented 1-2-4-6 finish in the hammer throw. I believe Coach Terry Franson's thinclads have made the strongest NAIA showing by a SoCal team since So. California College in the early 70's.

I understand that at the coaches meeting at the state community college championships there were charges made of recruiting irregularities. Specifically, the coach at L.A. Harbor College alleged that coaches at El Camino CC, Long Beach CC, and Pasadena CC recruited high school athletes in violation of written regulations. The allegations were denied by the schools in question. Since this recruiting controversy has been going on for quite some time now, I thought I would give readers an overview of the situation and community college recruiting in general. The rules for attending a CC are about the same as for high school; that is, you go to the school in the district where you live. The only exceptions to this are where a student is given a permit to attend a school outside his/her district, usually for a course of study not available in the in-district school. However, in the area in and around L.A. City, a situation now exists where many students can reach as many as 15 different CC's via the freeway in less than a half hour commute from their homes. Consequently the temptation for students to attend schools outside their district is great. The reasons for a student opting for this alternative may be academic as well as

athletic not to mention the situation where an out-of-district school may be geographically closer to a student's home than the in-district school. Since permits between school districts are hard to obtain, many students use an address of a friend or relative in the out-of-district school for purposes of establishing residency there. In addition to the residency requirement, a prospective recruit outside a coach's district may not be rushed unless the recruit makes the first contact. This legitimate type of contact takes place more often than most people think as a lot of athletes are shopping around. However if a coach really wants to make an out-of-district contact, he will probably be able to, 9 out of 10 times, by using some type of third party contact such as one of his own athletes, an alumni, a high school coach, or any non-coaching staff individual of whom the coach can disavow knowing if he/she gets caught. Occasionally a coach either gets bold or frustrated and makes a direct contact to a blue chip athlete. I'm not sure exactly which of the above violations have been alleged to have taken place, however, whenever a disposition of the matter takes place, the results will be passed along.

As far as the moral implications of the controversy, it is my opinion that the rules laid down for recruiting and residency are of questionable virtue. The restrictions put on the student are generally inconsistent with the rights and obligations of one who is 18 years of age. The restrictions appear to be inconsistent with freedom of speech and the right to a free education. If all community colleges were equal in all respects, then there may be a valid argument for assigning you to a school near your home, however the vast differences in school size, enrollment, facilities and student body background make different CC's appealing to different people. The only reasons for having schools are for the benefits to the students. Accordingly, I wonder if the student's best interests are being served by the recruiting and residency rules. Even if the rules are moral, just like with prohibition, there is a serious doubt they can ever be enforced effectively or evenly.

## □ May 31

It was the LA City CIF Sections turn for its championship and Washington High School's boys lead by Fabian Cooper's 100-200-400 sprint triple held off Crenshaw 59-55, while the girls from Kennedy High lead by Denean Howard's 100-200-400 triple sprinted past Dorsey and LaTanya Dawkins 70-64.

The CIF Southern Section had its masters (state qualifying) meet with all big names making it, except for women's state discus leader Natalie Kaaiawahia who

DNQed via the foul route. She did qualify, however, for the shot put.

In college action, the CCAA was well represented at the NCAA Div II men's championships with 5 teams lead by CSLA in the top 10. CSLA's second place finish behind Abilene Christian makes it two weeks in a row that the Texas school has deprived a SoCal institution of a national championship. Last week AC beat Azusa Pacific in the NAIA meet. In NCAA Div II women's action, Cal Poly SLO added another national championship with a runaway 256-144½ win over Alabama.\*

In NCAA Div III, Pomona-Pitzer and Oxy finished 8th and 14th in men's competition while Oxy, Claremont, and PP went 15-17-35 in women's competition.

(\*NOTE: Some reports have Cal Poly SLO in second place after a re-check of the scores. Update next month.)

□ **June 7**

The State High School Meet returned to Hughes Stadium after a three year absence, and while the running surface was greatly improved from the prior dirt surface, the meet had just about every other shortcoming you could name, at least those were the comments from fans in the stands. Those of you who read Chris Baker's critique of the meet in the L.A. Times probably have a good idea of how the meet went down.

As for the team championships, the 20 points scored by boys co-champions Crenshaw and Mission Viejo, if converted to the old scoring method may be the lowest win-

ning score in the history of the meet. In the girls division, it looks as if Berkeley may have established a dynasty now that their relay teams are consistently holding on to the stick.

At the NCAA Div I meet, the UTEP men were again winners, however the rest of the field appears to be catching up to the Miners. Look for a new king at next year's meet. Locally, the UCLA Bruins got good performances from Steve Ortiz, Dave Daniels, Tony Curran, and a great performance from Del Davis who equalled the American (Dwight Stones) record in the high jump with a 7-7¼ effort, although he had to settle for second behind Canadian Milit Ottey on the basis of fewer misses. Del's effort was surprising because he had not been that impressive this season except for a 7-4 PR at the West Coast Relays.

# Race Clocks

**SPECIAL PRICE ON CHRONOMIX CC-811 DIGITAL CLOCKS** — We have several customers that are interested in selling their digital display clocks for \$900-\$1000 (the original retail price was \$1295), so they can purchase the newer CC-601 (\$1350 normal retail). Also have nearly new Chronomix CC-721, the "big" one for \$1500. If you're interested in finding out more, please contact Jack Leydig at (415) 341-3119. These will probably go very fast at this price, so we suggest you respond immediately if you're at all interested. Prices are "negotiable." We also have an indoor display clock on sale for \$500.

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Be sure to notify California Track & Running News as soon as possible of a change in address. CT&RN is mailed third class bulk rate and the post office will not forward the magazine. Send your new address, as well as your old, to California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

August 21, 1982

Natural  
Light

Tehachapi

10 K Run

8:30 A.M. Start

**REGISTRATION:** 7:30 - 8:30 A.M. on August 21st only, No Pre-registration! Sign up at Start - Jacobson Jr. High, Snyder & Tehachapi Blvd., Tehachapi. Race starts at F St. & Mojave. Parking at Jr. High and at High School on Snyder.

**RACE DIRECTORS:** Bob Small (805) 871-7656 or Paul Cross 399-5750

**ENTRY FEES:** With choice of T-Shirt or Bag \$5-BTC, \$7-Public. No T-Shirt or Bag \$2-BTC, \$3-Public Note: All can win division awards. Current BTC Officers & Board members & Past BTC Presidents run free.

**SPONSOR:** ADVANCE BEVERAGE CO - NATURAL LIGHT BEER

**CONDUCTED BY:** The Bakersfield Track Club in cooperation with the Tehachapi Mountain Festival Committee

AGE DEVISIONS:		Awards-M	F	Awards-M	F	Awards-M	F
Awards-M	F	13-18 (4)	(4)	30-39 (2)	(4)	50-59 (3)	(2)
12 & Under (2)	(2)	19-29 (2)	(5)	40-49 (4)	(2)	60+ (1)	(1)

**AWARDS:** Choice of T-Shirts or Duffel Bags to 1st 200 registered. Place awards Nos. in( )after age div., according to last year's entries. Finish Certificates to all finishers.

**FINISH - TIME - PLACE:** Available from the finish board, Non-BTC runners can sign up for mailed results

**REFRESHMENTS:** Water, Soda, ERG, & Natural light Beer available at finish, Water & ERG at 5K Aid Station

**TEHACHAPI MOUNTAIN FESTIVAL:** Activities include - Parade, Bar-B-Q, Rodeo, Dance & much more, Bring the family and have fun

# 1982 California High School State Meet

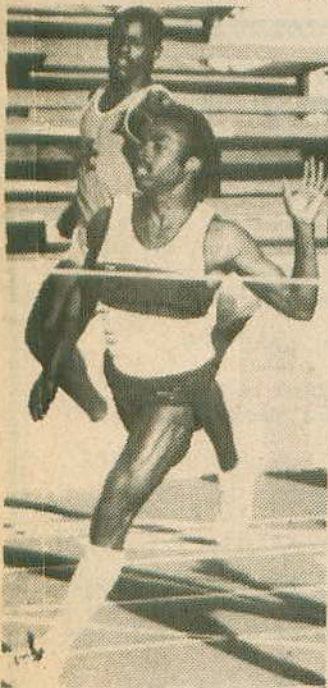
By KEITH CONNING

**Competing Rules & Regulations:**

In the trials for running events there will be three heats in each event. The first place finisher in each heat will advance to the finals along with the six non-winning contestants with the fastest times.

In the boys and girls 1600 meter run there will be two heats with the first five finishers in each heat qualifying for the finals. There will be no preliminaries in either the boys or girls 3200 meter run; all 27 entrants will run in the finals.

photo by Burt Davis



Lew Dunn

☆ **Boy's 100** ☆

In the biggest upset of the meet, Lew Dunn (North, Riverside), who only finished fifth in the Southern Section, got a terrific start and barely held off fast clos-

ing Fabian Cooper (Washington, Los Angeles), second in the Los Angeles Section and the leading qualifier in the trials in 10.53. Pre-meet favorite Junior Antonio Manning (Hamilton, LA), finished third in 10.54. Only .01 separated the first three runners.

- 1 Lew Dunn (North, Riverside) 10.53
- 2 Fabian Cooper (Washington, LA) 10.53
- 3 Antonio Manning (Hamilton, LA) 10.54
- 4 Pablo Hendricks (Valley, Sacto) 10.72
- 5 Stoney McCree (Berkeley) 10.73
- 6 Walter Steen (Valley, Santa Ana) 10.78
- 7 Paul Day (Kearney, San Diego) 10.88
- 8 Lamont Horston (Fremont, Oak) 10.94
- 9 Bernard Mathis (Muir, Pasad) 11.35

Friday Qualifying: Heat 1: 1 McCree 10.82, 2 Horston 10.69, 3 Dunn 10.70, 4 Tatum 10.77, 5 Eugene Profit (Serra) 10.81, 6 Gerald Johnson (Sweetwater) 10.94, 7 Tim Peoples (Silver Creek) 11.02. (Wind -.68) Heat 2: 1 Manning 10.54, 2 Steen 10.70, 3 Mathis 10.71, 4 Day 10.74, 5 Tracy Johnson (Cordova) 10.92, 6 David Williams (Coalinga) 10.99, 7 Troy Kuretich (San Pasqual) 10.99. (Wind -.34) Heat 3: 1 Cooper 10.50, 2 Hendricks 10.66, 3 Damon McVea (Crenshaw) 10.77, 4 Tommy Purvis (El Cerrito) 10.82, 5 Malcom Hardy (Vanden) 10.88, 6 Charles Roberson (Manual Arts) 10.86, 7 Tom Meil (Gunn) 11.11. (Wind -1.51).

☆ **Boy's 200** ☆

Junior Antonio Manning (Hamilton, LA), the Los Angeles Section champion and pre-meet favorite, easily won in 21.05w. Stoney McCree (Berkeley), the North Coast Section champion, who was picked no better than fifth, placed second in 21.40w. Kevin Willhite (Cordova, Rancho Cordova), who won last year in 20.81, was not back to defend his title, preferring not to risk aggravating a thigh injury. Fabian Cooper (Washington, LA), third in the Los Angeles Section, came back in the 200 after winning the 400. He finished eighth and collapsed at the finish in 22.15w. Some great athletes before him like Bill Green (Cubberley, Palo Alto) in 1978 and James Sanford (Pasadena) in 1977 have not been able to pull off the 400-200 double. The events are scheduled back-to-back not allowing a sufficient recovery time. That's why Green moved to the 100-400 in 1979 as a senior.

- 1 Antonio Manning (Hamilton, LA) 21.05w
- 2 Stoney McCree (Berkeley) 21.40
- 3 Pablo Hendricks (Valley, Sac) 21.47
- 4 Rex Brown (Ocean View) 21.48
- 5 Lamont Horston (Fremont, Oak) 21.74

Fine Flicks by Don Gosney



Antonio Manning

- 6 Eric Coleman (Monrovia) 21.77
- 7 Eugene Profit (Serra, Gard) 21.87
- 8 Fabian Cooper (Wash, LA) 22.15

Friday Qualifying—Heat 1: 1 Manning 21.16, 2 Profit 21.66, 3 Dana Hill (Muir) 21.81, 4 Paul Day (Kearney) 21.91, 5 Troy Kuretich (San Pasqual) 22.13, 6 Eugene King (Vallejo) 22.22, 7 Al Hunt (South, Bkfld) 22.43. (Wind +1.23mps) Heat 2: 1 Cooper 20.88w, 2 McCree 21.32, 3 Coleman 21.34, 4 Mathis 21.47, 5 Gerald Johnson (Sweetwater) 21.74, 6 Damon McVea (Crenshaw) 21.81, 7 Jim Reyes (Independence) 22.09. (Wind +2.65 inps) Heat 3: 1 Brown 21.39w, 2 Hendricks 21.39, 3 Horston 21.49, 4 Eric Josephson (Porterville) 22.00, 5 Mike Caraway (Gunderson) 22.01, 6 Eric Miller (Lincoln) 22.07, 7 Joe Price (Seaside) 22.48. (Wind +2.21 mps)

☆ **Boy's 400** ☆

Fabian Cooper (Washington, LA), the Los Angeles Section champion who also ran the 100 and 200, set a new State Meet record of 46.38. The old mark of 46.6 for 400 yards, which is equivalent to 46.4 for 400 meters, was set by Larence Jones (Lemoore) in the 1969 State Meet at UCLA. Tommy Barber (Bakersfield), who placed fourth last year as a junior, did not qualify for the State Meet.

- 1 Fabian Cooper (Wash., LA) (Rec) 46.38
- 2 Blair McMurray (Compton) 47.30
- 3 Terry Parks (Muir, Pasad) 47.33
- 4 McArthur Osborne (Cren, LA) 47.37
- 5 Angelo McNeil (Galileo, SF) 48.19
- 6 Robert Mabrey (Fairfield) 48.27
- 7 Roy Carls (Pt Loma, SD) 48.51

Fine Flicks by Don Gosney



Fabian Cooper

8 David Johnson (Cabrillo, Lom) 49.88  
 9 Gerald Boles (Dorsey, LA) NT  
 Friday Qualifying—Heat 1: 1 Cooper 47.54, 2 Parks 48.02, 3 Kimmie James (Richmond) 48.94, 4 Larry Walker (Edison) 49.36, 5 Paul Purviance (Clovis) 49.74, 6 Charles D'Amra (Granada) 49.79, 7 Michael Green (Hillsdale) 50.00. Heat 2: 1 Osborne 47.60, 2 McNeil 47.71, 3 Mabrey 47.99, 4 Caris 48.31, 5 Boles 48.68, 6 James Cooper (Piedmont Hills) 49.42, (David Lane/Mt. Carmel & Preston Broussard/Jordan - NT, 9 Jeff Gardner (Irvington) 49.99. Heat 3: 1 McMurray 47.65, 2 Johnson 48.40, 3 James Brown (Grant) 48.75, 4 Craig Armstrong (Berkeley) 48.95, 5 Jeff Conway (Santa Clara) 49.99, 6 Jerry Davis (Burroughs) 49.40, 7 Mike Hines (Highlands) 50.24, (Paul Edwards/Helix -NT & Kerry Threats/Westmoor - DQ).



John Phillips

### ☆ Boy's 800 ☆

John Phillips (Los Altos, Hacienda Heights), the Southern Section champion, became the seventh fastest runner in State Meet history at 1:49.99. McArthur Osborne (Crenshaw, LA), second in the Los Angeles Section, led the first 400 meters in 54.4. James Garrett (Narbonne, LA), fourth in the Los Angeles Section, placed second in 1:50.05. Junior Kimmie James (Richmond), the North Coast Section champion and leading qualifier in the trials, took third in 1:50.49 with a 27.1 last 200 meters. Pre-meet favorite Chauncey Isom (Westchester, LA), the Los Angeles Section champion, finished seventh in 1:52.63. This one race produced the first, second, fourth, sixth and seventh best times in the nation this season.

1 John Phillips (Los Altos, HH) 1:49.99  
 2 James Garrett (Narb, HarbCty) 1:50.05  
 3 Kimmie James (Richmond) 1:50.49  
 4 Pat McCrystle (Jesuit, Carmich) 1:50.70  
 5 McArthur Osborne (Cren, LA) 1:50.70  
 6 Brian Casey (Righetti, StMaria) 1:52.53  
 7 Chauncey Isom (Westch, LA) 1:52.63  
 8 Jason Hall (Bakersfield) 1:52.90  
 Rich Farmer (Mt. Mig, SD) NT  
 Tyrone McCullough (Poly, LB) NT  
 Friday Qualifying (Hand-time)—Heat 1:  
 1 Isom 1:53.1, 2 Casey 1:53.2, 3 Hall 1:53.7,  
 4 Randy Pangauna (Lick) 1:54.4, 5 Rod  
 Sellard (Bellarmine) 1:54.9, 6 Paul Greer  
 (St. Augustine) 1:55.0, 7 Rodney Lewis  
 (Berkeley) 1:56.0, Jerome Ireland (Edison)  
 & Bruch (Davis) NT. Heat 2: 1 James  
 1:51.5, 2 McCrystle 1:51.6, 3 Garrett 1:51.7,  
 4 Osborne 1:51.8, 5 Brian Butterfield

(Lassen) 1:54.0, 6 Farmer 1:54.6, 7 Ron  
 Green (Mt. Pleasant) 1:55.7. Heat 3: 1  
 Phillips 1:52.0, 2 McCullough 1:53.7, 3  
 Ruben Esparza (El Modena) 1:54.8, 4 Jim  
 Fisher (Bishop Amat) 1:54.7, 5 Shelby  
 Flowers (Oakland) 1:56.1, 6 Mike Zmuda  
 (Cordova) 1:57.0.

### ☆ Boy's 1600 ☆

Tom Grewe (Carpinteria), the Southern  
 Section champion and pre-meet favorite,  
 led each lap in 63.0, 2:07.1, 3:06.7, and  
 recorded a winning time of 4:08.05. Junior  
 Jim Frey (Yreka), the Northern Section  
 champion, placed second in 4:10.32.

[1500m split in ()]

1 Tom Grewe (Carpinteria) 4:08.5(3:51.9)  
 2 Jim Frey (Yreka) 4:10.32  
 3 Joe Manuel (Kearny, SD) 4:10.33(3:55.4)  
 4 John Hanson (El Dor) 4:10.50(3:56.1)  
 5 Keith Tanin (Crespi) 4:10.51(3:54.8)  
 6 Gary Lewis (Gund, SJ) 4:11.80(3:56.1)  
 7 Scott Bishop (SLO) 4:13.90(3:56.3)  
 8 James Gaffield (El Cerrito) 4:14.9  
 Brad Kearns (Taft, LA) NT  
 Jeff Williams (Foothill, Tustin) DQ  
 Friday Qualifying—Heat 1: 1 Grewe  
 4:14.5, 2 Frey 4:15.4, 3 Hanson 4:15.6, 4  
 Lewis 4:15.7, 5 Manuel 4:16.8, 6 Marc  
 Ziblatt (El Molino) 4:18.6, 7 Tom Cole (San  
 Ramon) 4:23.3. Heat 2: 1 Williams 4:14.7, 2  
 Tanin 4:15.6, 3 Bishop 4:16.0, 4 Gaffield  
 4:16.7, 5 Kearns 4:19.3, 6 Shanon Gillis  
 (San Diego) 4:20.9, 7 Steven Deitch (El  
 Camino Real) 4:22.3.

Fine Flicks by Don Gosney



Tom Grewe

### ☆ Boy's 3200 ☆

Harold Kuphaldt (Bella Vista, Fair  
 Oaks), the Sac-Joaquin Section cham-  
 pion who is going to attend the University  
 of Oregon, showed why he is the finest  
 distance runner in California by outkick-  
 ing junior Eric Reynolds (Camarillo), the

Fine Flicks by Don Gosney



Harold Kuphaldt

Southern Section champion, with a  
 8:51.9. Brian Abshire (DeAnza,  
 Richmond), the North Coast Section  
 champion, led the first two laps in 1:04.8  
 and 2:13.8. Sophomore Jim Ortiz  
 (Barstow), runnerup to Reynolds in the  
 Southern Section, led the third lap in  
 3:21.5. Kuphaldt then took charge with  
 lap times of 4:30.6, 5:38.6, 6:46.2, 7:51.0,  
 and 8:21.5 (3000m).

1 Harold Kuphaldt (BV, FairOks) 8:51.99  
 2 Eric Reynolds (Camarillo) 8:52.92  
 3 Joe Vega (Chula Vista) 9:01.12  
 4 Jesus Gutierrez (Pasad) 9:02.83  
 5 Sean Nugent (Culv City) 9:05.35  
 6 Jim Ortiz (Barstow) 9:06.34  
 7 Don Merwin (Hayfork) 9:11.67  
 8 Brian Abshire (DeAnza, Rich) 9:13.26  
 9 John Hancock (Stagg, Stock) 9:13.0ht  
 10 Bob Erickson (Fountain Vly) 9:13.6  
 11 Jose-Luis Garcia (Lincoln, LA) 9:14.6  
 12 Jim Pettis (Porterville) 9:16.4  
 (Times for ninth through twelfth were  
 provided by Howard Willman of Track & Field  
 News, using a Chronomix in the press  
 box.)

Fine Flicks by Don Gosney



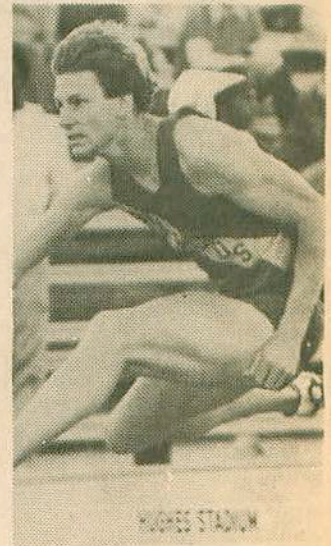
Steve Kerho

### ☆ Boy's 110HH ☆

Steve Kerho (Mission Viejo), the  
 Southern Section champion who plans to  
 attend UCLA, became the second best  
 performer of all-time with his sensational  
 13.41 effort. Only Reynaldo Nehemiah  
 (San Francisco 49ers) has run faster in  
 high school at 12.9 for yards. Kerho was  
 the only qualifier to run under 14 seconds  
 in his Section meet. Kerho also had the  
 fastest time in the trials at 13.49w. There  
 should be some exciting action next year  
 in this event as the 4th, 5th and 6th place  
 finishers are all juniors.

1 Steve Kerho (Mission Viejo) 13.41  
 2 Troy Weaver (Edgewood, WCov) 13.79  
 3 Ron Brown (Bish Amat, LaPuen) 13.80  
 4 Erick Montgomery (Indep, SJ) 14.02  
 5 Mark Boyd (St. Marys, Berk) 14.12  
 6 Rod Green (Palo Alto) 14.26  
 7 Michael Dawson (Taft, LA) 14.45  
 8 Damon Jackson (Oakland) 14.55  
 Jeff Smith (Serra, SD) NT  
 Friday Qualifying—Heat 1: 1 Kerho  
 13.49w, 2 Ron Gaskill (Arcadia) 14.51, 3  
 John Hardman (Vanden) 14.56, 4 Reggie  
 Brown (Kearny) 14.58, 5 Terrence Collins  
 (University) 14.65, 6 Billy Ray Jenkins  
 (Bakersfield) 14.74, 7 Andre Lawson (Uni-  
 versity) 14.98, 8 Mike Gonzales (Bishop  
 Mont) 15.63. (Wind +7.96) Heat 2: 1  
 Brown 13.90, 2 Montgomery 13.96, 3 Boyd  
 14.05, 4 Michael Dawson (Taft) & Mike  
 Payseno (Sanger) 14.38, 5 Ed Berry (Menlo  
 -Atherton) 14.45, 6 Robert Budwig (Clovis  
 West) 14.49, 7 Chris Grumble (Kennedy)  
 14.54. (Wind +13) Heat 3: 1 Weaver  
 13.78w, 2 Smith 13.99, 3 Green 13.99, 4  
 Jackson 14.40, 5 Lonzel Hill (Stagg) 14.60,  
 6 Anthony Mamzano (Helix) 15.02. (Wind  
 +2.46)

Fine Flicks by Don Gosney



Steve Kerho

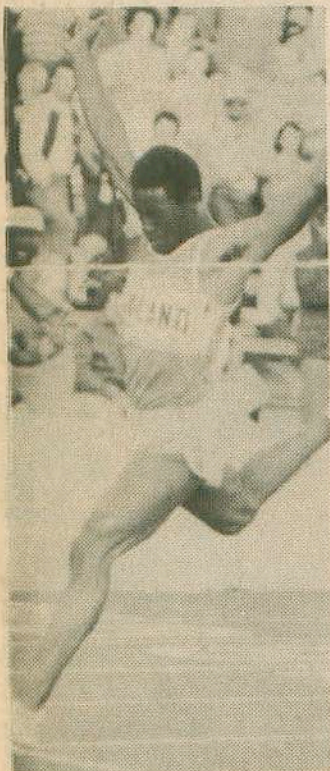
### ☆ Boy's 300LH ☆

Tony Atkins (Walnut), who placed  
 fourth in the Southern Section, came out  
 sprinting in heat one and surprised  
 everyone with a new national record of  
 35.76. The old record of 35.79 was set last  
 year in this meet by Walter Murray (Berke-  
 ley). Steve Kerho (Mission Viejo), the  
 Southern Section champion, was  
 satisfied to qualify second in 36.52. But in  
 the final, Kerho scored his second victory  
 of the evening with a 35.85 to make him  
 the fourth best performer of all-time  
 Atkins finished second this time in 35.95

1 Steve Kerho (Mission Viejo) 35.85  
 2 Tony Atkins (Walnut) 35.95  
 3 Danny Harris (Perris) 36.50  
 4 Erick Montgomery (Indep, SJ) 36.51

5 Mark Boyd (St. Marys, Berk) 36.59  
 6 Tom Anderson (Muir, Pasadena) 36.98  
 7 James Ferreira (North, Tornc) 37.04  
 8 Donald Young (North, N. Hwyd) 38.05  
 9 Shaw Curry (Mt. Pleas, SJ) 38.55  
 Friday Qualifying—Heat 1: 1 Atkins 35.76 (National Record/State Meet Record), 2 Kerho 36.52, 3 Ferreira 37.48, 4 Darnell Christian (Locke) 37.76, 5 David Cheserek (Leigh) 37.86, 6 James Pruitt (Jefferson) 38.86, 7 John Oates (San Pasqual) 39.28. Heat 2: 1 Harris 36.46, 2 Anderson 36.54, 3 Richard Curtis (Kennedy) 38.07, 4 Robert Budwig (Clovis West) 38.29, 5 Drew Monaghan (San Ramon) 38.64, 6 Lawrence Henderson (South Gate) 39.58, 7 Eric Akana (Yreka) 40.89. Heat 3: 1 Boyd 36.59, 2 Montgomery 37.10, 3 Curry 37.63, 4 Young 37.65, 5 Malcolm Hardy (Vanden) 38.13, 6 Stephen Pittman (De Anza) 38.36, 7 Damon Jackson (Oakland) 38.59.

Fine Flicks by Don Gosney



Oakland's Trent Antwine

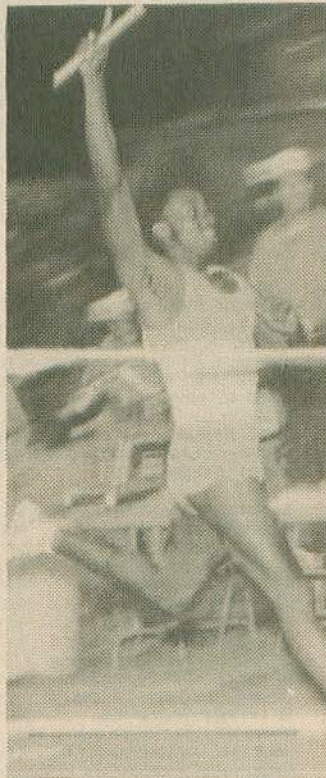
### ☆ Boy's 400 Relay ☆

The Oakland team of Dewayne Porter, Wiley Watson, Anre Williams, and Trent Antwine pulled an upset in 41.09. Pre-meet favorite Muir (Pasadena), the Southern Section champion, and Crenshaw (Los Angeles), the Los Angeles Section champion, were relegated to second and third. Defending champion Berkeley did not qualify this year, because they dropped the baton in their league meet.

1 Oakland	41.09
2 Muir (Pasadena)—Parks, Hill Brown, Mathis	41.40
3 Crenshaw (Los Angeles)—Frost, Frost, Chisom, McVea	41.40
4 Edison (Fresno)—Cowings,	41.59
Tatum, Dixon, Wheeler	
5 Carson—Miller, Holder Anderson, Hicks	41.65

6 Burbank (Sacramento) 41.71  
 7 Monrovia 42.01  
 8 Serra (San Diego) 42.19  
 9 El Cerrito 42.14  
 Friday Qualifying—Heat 1: 1 Muir 41.62, 2 Burbank 41.91, 3 Carlmont 42.22, 4 Pt. Loma 42.35, 5 Dorsey 42.52, 6 Oxnard 42.83, 7 Ganesha 43.49, 8 Clovis West 44.31. Heat 2: 1 Oakland 41.22, 2 Serra 41.88, 3 Monrovia 42.02, 4 Carson 42.08, 5 El Cerrito 42.12, 6 Seaside 42.72. Heat 3: 1 Crenshaw 41.61, 2 Edison 41.62, 3 Independence 42.19, 4 Sweetwater 42.65, 5 Perris 42.85, 6 Franklin 43.17, 7 Acalanes 43.45, 8 Fresno 43.74, 9 Jordan 44.50.

Fine Flicks by Don Gosney



Compton's Blair McMurray

### ☆ Boy's 1600 Relay ☆

The Compton team of Solomon Miller 50.3, Keith Wesley 49.4, Walter Tilque 48.1, and Blair McMurray 46.7, the Southern Section champions, won in 3:14.45, the slowest winning time since 1976. McMurray also ran an 46.2 in the trials. Compton ran out of money for the trip to Sacramento, so Coach Seymour paid for the trip out of his own pocket. The athletes showed emotion at the finish, as they won the race for their coach. Pre-meet favorite Muir (Pasadena) finished sixth in 3:16.87 to kill their team championship chances.

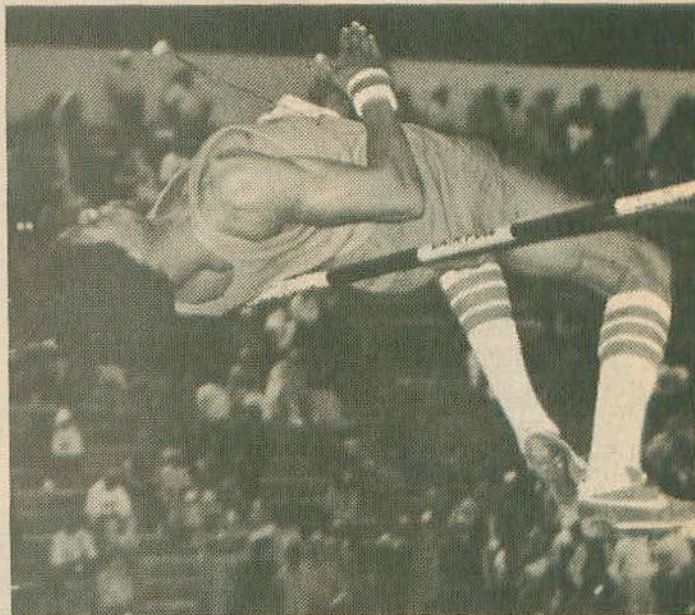
1 Compton	3:14.45
2 Bishop Amat (La Puente)	3:14.83
—Brown, Fisher, Barron, Brown	
3 Pasadena—McRae, Tucker, Ward, DeJamar	3:14.97
4 Berkeley—Williams, Grapo, Armstrong, Daniels	3:16.61
5 Oakland—Watson, Porter Williams, Flowers	3:16.62
6 Muir (Pasadena)	3:16.67
7 Crenshaw (Los Angeles)	3:17.53
8 Kennedy (Granada Hills)	3:18.07
9 Pt. Loma (San Diego)	3:25.63

Friday Qualifying—Heat 1: 1 Bishop Amat 3:15.32, 2 Oakland 3:15.97, 3 Pasadena 3:19.20, 4 Pt. Loma 3:19.37, 5 Westmoor 3:19.97, 6 Mt. Pleasant 3:20.10, 7 Manual Arts 3:21.41. Heat 2: 1 Muir 3:16.78, 2 Richmond 3:22.27, 3 Poly 3:22.28, 4 Cordova 3:22.46, 5 Dorsey 3:23.69, 6 McLane 3:25.77, 7 Washington 3:34.5. Heat 3: 1 Compton 3:14.38, 2 Crenshaw 3:17.44, 3 Berkeley 3:19.26, 4 Kennedy 3:19.77, 5 El Cerrito 3:19.90, 6 Mt. Carmel 3:24.02, 7 Edison 3:27.33.

### ☆ Boy's Pole Vault ☆

Scott Christensen (Acalanes, Lafayette), the North Coast Section champion, pulled an upset with his 15-6 vault. Junior Doug Fraley (Clovis West, Clovis), the Central Section runnerup, also cleared 15-6. Pre-meet favorite Junior Mike Kibort (Saratoga), the Central Coast

Fine Flicks by Don Gosney



Maurice Crumby

### ☆ Boy's High Jump ☆

Junior Maurice Crumby (Balboa, San Francisco), the Oakland/San Francisco Section champion, who placed third last year at 7-0, won this time at the same height. Crumby had been bothered by injuries this spring, but came back when it counted. Unheralded Mark LaBrew (Crenshaw, Los Angeles), who finished fourth in the Los Angeles Section, placed second at 6-10 to lead his team to a tie for the team championship. Pre-meet favorite Maury Burnett (Washington, Los Angeles), the Los Angeles Section champion, failed to qualify for the finals.

1 Maurice Crumby (Balboa, SF)	7-0
2 Mark LaBrew (Crenshaw, LA)	6-10
3 Kelly Watkins (San Diego)	6-10
4 David Swanson (Analy, Sebastpl)	6-9
5 John Morris (Fairfield)	6-8
6 (tie) Brian Coughay (NewbPrk)	6-8
Dave Sampson (Homestd, Snyvl)	6-8
8 Jerry Ross (Riordan, SF)	6-6
9 (tie) Byron Barton (Stahoe)	6-6
Troy Haines (Millik, LB)	6-6
11 Viktor Nehring (Camarillo)	6-4

Friday Qualifying—Jerry Eaton (Porterville) 6-2, Mark Olsen (San Joaquin Memorial) 6-2, Mike Heintschel (Escondido) 6-4, Watkins 6-8, Barron Allen (Lynwood) 6-7, Rick Swenson (Clovis) 6-4, Coughay 6-8, Doug Thomas (Helix) 6-4, LaBrew 6-8, Craig McMillan (Cloverdale) 6-4, Jason Court (Taft) 6-6, Crumby 6-7, Ron Jones (Valley) 6-8, Craig Branstrom no height, John Bridges (Enterprise) no height, Nehring 6-8, Kevin Holmes (Cleveland) no height, Ron Winters (Castro Valley) 6-6, Ross 6-8, Tom Caple (Terra Linda) 6-4, Barton 6-8, Ted Glattke (Beyer) 6-6, Sampson 6-8, Morris 6-8, Burnett 6-7, Swanson 6-8, Haines 6-8.



Scott Christensen

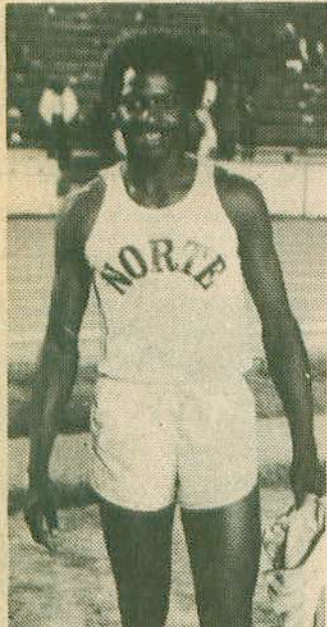
Section champion, failed to qualify for the final. Yet another Junior Melvin "Sky King" Hempstead (Valley, Sacramento), the Sac-Joaquin Section champion, finished third in 15-2. Hempstead was not able to use his new pole as he was jumping into the wind.



- 1 Scott Christensen(Acac,Layf) 15-6
  - 2 Doug Fraley (Clovis West) 15-6
  - 3 Melvin Hempstead(Valley,Sac) 15-2
  - 4 Jim Barrett (Clovis West) 14-8
  - 5 Andy Sythe (Los Gatos) 14-8
  - 6 Joe Croft (Tulare Un, Tulare) 14-2
  - 7 Hans Florine(Campol,Moraga) 13-8
  - Tom Arthur(AdadorViy,Pleas) 13-8
  - Tim Lomheim(Valen, Placentia) 13-8
  - 10 Stuart Taylor(GraceDavis,Mod) 13-8
  - Todd Cramer(Irving, Fremont) 13-8
- Friday Qualifying—Tracey Thorpe (Mt. Miguel) 13-4, Cramer 13-8, Lance Betson (Newport harbor) 13-8, Devin Holt (Torance) 13-4, Lomheim 13-8, Jeff Foss (Santa Ynez) 13-4, Florine 14, Arthur 13-8, Christensen 14, Fraley 14, Croft 13-8, Ken Grogen (Lincoln) 13-4, Taylor 14, Hempstead 14, Sythe 14, Barrett 14.

## Boy's ☆ Long Jump ☆

Eric Thomas (Norte del Rio, Sacramento), the Sac-Joaquin Section champion, got his winning mark of 24-4 1/4 on his first jump then waited for the rest of the field. Fred Covington (Fairfield), the Sac-Joaquin Section runnerup to Thomas, also took second here with 23-11 1/2. Ken Frazier (Mission, San Francisco), the runnerup in the Oakland/San Francisco Sec-



Eric Thomas

tions by 1/2 inch, failed to qualify for the second straight year. Pre-meet favorite Miguel Wingo (Albany), the North Coast Section champion, failed to qualify for the finals.

- 1 Eric Thomas (NorteDelRio,Sac) 24-4 1/4
  - 2 Fred Covington (Fairfield) 23-11 1/2
  - 3 Clint Williams (Central, Fresno) 23-4 3/4
  - 4 Mike Harris (Marysville) 23-3 1/4
  - 5 Larry Weldon (SilverCrk, SJ) 22-9 1/4
  - 6 Troy Kurelich (SanPasq,Escon) 22-8 1/4
  - 7 Garneil Taylor (Clovis West) 22-7 3/4
  - Eugene Profit (Serra, Gard) 22-4
  - Uchenna Agu (Army&Navy,Caris) 22-3
- Friday Qualifying—Darin Jernigan (Greenville) 20-1 1/2, Tony Conyers (Clayton Valley) 21-8, Steve Fisher (Saratoga) 20-11 1/4, Taylor 22-5 1/4, Andre Gray (Hoover) 21-8, Steve Degnes (Las Lomas) 21-3 1/4, C. Cameron (Del Mar) 21-5, Rodney Davis (University) 21-1 1/4, Ronald

Young (Locke) 22-3 1/4, Tom Sperling (Northgate) 20-10 1/4, David Harrison (Chatsworth) 21-4 1/4, Curtis Lockett (Oceanside) 21-9 1/4, Stephen Baker (Hamilton) 21-2 1/4, C. Williams 22-5 1/4, Kurelich (San Pasqual) 22-5, Miguel Wingo (Albany) 20-7 1/4, Profit 22-9 1/4, Weldon 23-1 1/4, L. Williams (Santa ana Valley) 21-9 1/4, Pat Riley (Skyline) 21-8 1/4, Greg Coauette (Burbank) 21-4 1/4, Walter Steen (Santa Ana Vly) 22-1 1/4, Harris 22-9 1/4, Covington (Fairfield) 23-2, Thomas 23-5 1/4, Uchenna Agu (Army & Navy Academy) 22-9 1/4.

Fine Flicks by Don Gosney



Cornell Archie

## Boy's ☆ Triple Jump ☆

Cornell Archie (Fresno), the Central Section champion, overcame a painful back injury to defeat Ken Williams (Troy, Fullerton), the Southern Section champion by 1/4 of an inch with a jump of 50-3 1/4. Archie's series: 49-4 1/4, 49-6 1/4, foul, 48-2 1/2, 50-3 1/4, foul. Williams' series: 48-11 1/4, 49-8w, 50-3, 48-9 1/2, 49-0, 48-11 1/4. In the trials only 1 1/2 inches separated Archie (50-5 1/2w) from Williams (50-4w). Defending champion Ken Frazier (Mission, San Francisco), runnerup in the Oakland/San Francisco Sections, did not qualify for the meet because of a back injury.

- 1 Cornell Archie (Fresno) 50-3 1/4
  - 2 Ken Williams (Troy, Fullerton) 50-3
  - 3 Chris Mooring (Mt. Pleas, SJ) 49-5 1/4
  - 4 Garneil Taylor (ClovisW) 49-5w(48-10 1/4)
  - 5 Mike Pullins (Muir, Pasadena) 49-3 1/4
  - 6 Tony Atkins (Walnut) 48-5 1/4
  - 7 Larry Weldon (SilverCrk, SJ) 48-1/2
  - 8 Ralph Pfost (Roseville) 46-5 1/2w(44-8 1/4)
- Clint Williams (Central, Fresno) NH

Friday Qualifying—Bacil Cobb (Central Valley) 42-4 1/2, Jamie Williams (Carson) 44-3 1/4, Rob McCorkel (Petaluma) 45-5 1/4w, Adrian Justice (James Logan) 44-7 1/4, Rodney Davis (University) 45-4 1/4, Dwain Johnson (Terra Linda) 44-7, Craig Galloway (Helix) 46-5, Mark Boyd (St. Marys) 44-5 1/4, Ed Berry (Carlmont) 45-4 1/4, Kevin Holmes (Cleveland) 46-7w(46-1), Tyrone Pope (El Camino) 47-5, Kenny Howard (Washington) 47-8 1/4, Taylor (Clovis West) 49-8 1/4w, Clint Williams 48-1 1/4, Kenon Jones (Norte Del Rio) 44-2 1/4, Robert Countryman (Beverly Hills)

45-1/4, Pat Riley (Skyline) 47-9 1/2w, Brian Coushay (Newbury Park) 47-3w(47-2 1/4), Uchenna Agu (Army & Navy Academy) 47-6 1/4, Mike Harris (Marysville) 46-5, Mooring 48-10 1/4w, Weldon 49-5 1/4w (47-9 1/4), Pullins 49-1/4w (48-0), Atkins 48-6 1/4w, Archie 50-5 1/2w, Pfost 47-11 1/4w, Ken Williams 50-4w.

## Boy's ☆ Shot Put ☆

Pat Kyle (Buena Park), who placed fourth in the Southern Section, was the only thrower to exceed 58 feet in the finals at 60-4. This was the shortest winning toss since 1959 when Mike Parker (Turlock) threw 57-8. Eric Tennyson (Cupertino), the runnerup in the Central Coast Section who was not figured to place, placed second with a lifetime best of 57-6 1/4.

- 1 Pat Kyle (Buena Park) 60-4
- 2 Eric Tennyson (Cupertino) 57-6 1/4
- 3 Bruce Parks (Chaffey, Ontario) 57-3 1/4
- 4 Guy Davids (BishopAmat,LaP) 57-1 1/4
- 5 John Bender (Shafter) 56-11 1/4
- 6 Antonio Dobbins(Burr,Ridgecr) 56-5 1/2
- 7 Earl Gorman (Hawthorne) 55-6
- 8 Steve Gilmore (Van Nuys) 54-3/4
- 9 Bo Fowler(BellaVista,FairOks) 52-3

Friday Qualifying—James Ullrich (Ukiah) 48-2 1/4, Randy Van Barga (Willows) 52-1/2, Simi Manuma (Wilson) 43-8 1/4, Mike Fine (Granada Hills) 48-6 1/4, Daryl Pulliam (Washington) 50-3 1/4, David Goodrich (Eureka) 52-7 1/4, Jimmy Reynoso (San Fernando) 50-7 1/4, Vincent Salazar (Clovis) 52-10 1/4, Alan Summers (Torrey Pines) 52-7, Fowler 56-1 1/4, Dave Lampkins (Lincoln) 53-5, Sean Purcell (Helix) 53-6, Dan Moran (Clovis) 49-10 1/4, Mike Country (Highlands) 54-4 1/4, Rod Scinto (Cardinal Newman) 52-8 1/4, Gilmore 54-9 1/4, Cornell Brown (Independence) 54-7 1/4, Carlos Horncliff (St. Marys) 52-8 1/4, Tennyson 57-2 1/4, Dan Saleaumoa (Sweetwater) 50-7 1/4, John Almonetti (Blackford) 54-3 1/4, Bender 58-1/4, Davids 55-8 1/4, Kyle 57-9, Gorman 56-10 1/4, Dobbins 58-9 1/4, Parks 57-8.



Pat Kyle

Fine Flicks by Don Gosney



Tony Dobbins

## Boy's ☆ Discus ☆

Antonio Dobbins (Burroughs, Ridgecrest), the Southern Section champion, won for the second straight year with a toss of 191-1. He becomes the third two-time winner in the history of the event along with Bob Stoecker (Los Altos) 1961-62 and Chris Adams (Los Altos) 1969-70. Dan Katches (Mills, Millbrae), the Central Coast Section champion, finished second at 186-6. Del Detwiler (Roseville), the Sac-Joaquin Section champion and Stanford-bound linebacker, lead the qualifiers on Friday at 191-4, but could do no better than 175-5 for fifth.

- 1 Tony Dobbins(Burroughs,Ridg) 191-1
- 2 Dan Katches(Mills,Millbrae) 186-6
- 3 Rick Luiten(Monrovia) 180-3
- 4 John Almonetti(Blackford,SJ) 185-7
- 5 Del Detwiler(Roseville) 175-5
- 6 Curt Sisco (Vacaville) 172-6
- 7 Kurt Holden (Hart, Newhall) 171-5
- 8 Dan Moran (Clovis West) 161-4
- 9 Barry Estes(Clovis West) 156-8

Friday Qualifying—James Salanoa (Galileo) 135-9, Alan Summers (Torrey Pines) 154-6, Cory Theim (Valhalla) 123-6, Dan Moran (Clovis West) 174-8, Roger Campbell (Gunn) 153-1, Jerd Soares (Gridley) 160-10, Pat Waish (Valhalla) 152-9, Paul Evans (Mission San Jose) 153-0, Jeff Ayers (Lemoore) DNC, Brian Powell (Vacaville) 167-2, Randy Kendrick (Huntington Beach) 135-10, Jeff Hall (Katella) 156-11, Holden 178-1, Mike Ostrom (Las Lomas) 155-8, Pat Rose (Encinal) 171-11, Estes 173-5, Almonetti 179-7, Larry Plineki 171-7, Katches 178-11, Sisco 176-5, Luiten 183-1, Detwiler 191-7, Dobbins 185-8.

## Boy's Team Championship

(Meet Scored 10-8-6-4-2-1)

Crenshaw (Los Angeles) and Miss Viejo tied for first with 20 points as Bishop Amat (La Puente), Washing (Los Angeles) and Compton tied for fifth with 18 points. Muir (Pasadena), the meet favorite, was sixth with 17 point

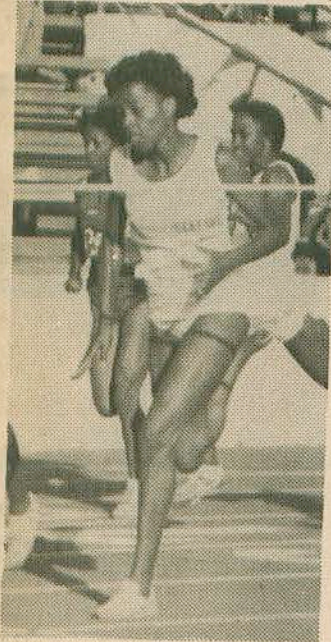
Crenshaw 20 points:  
6—3rd in 400 relay  
8—LaBrew, 2nd in HJ  
6—Osborne, 4th in 400, 5th in 800

Mission Viejo 20 points:  
20—Kerho, 1st in 110HH, 1st in 300LH

## ☆ Girl's 100 ☆

Pre-meet favorite Gervaise McGraw (Ganasha, Pomona), the Southern Section champion, prevented Denean Howard (Kennedy, Granada Hills), second in the Los Angeles Section, from pulling off a triple victory in the 100, 200 and 400 by .01—11.69 to 11.70. LaTanya Dawkins (Dorsey, Los Angeles), the Los Angeles Section champion, only finished seventh in 11.98.

Fine Flicks by Don Gosney



Gervaise McGraw

(Wind +0.93 mps)

- 1 Gervaise McGraw(Ganasha,Pom) 11.69
- 2 Denean Howard (Kenn, GrHls) 11.70
- 3 Monica Taylor(Grant,Sacto) 11.78
- 4 Zelda Johnson(Garey, Pom) 11.81
- 5 Lisa Winston(Jordan, LBCh) 11.89
- 6 Nedrea Rodgers (Berkeley) 11.97
- 7 LaTanya Dawkins(Dorsey, LA) 11.98
- 8 Estelle White(Saddle,StAna) 12.04
- 9 Karen Carr (Overfelt, SJ) 12.25

Friday Qualifying—Heat 1: 1 McGraw 11.60, 2. Taylor 11.62, 3. Rodgers 11.76, 4. White 11.89, 5. Carr 11.91, 6. Lana Rice (Berkeley) 12.13, 7. Veronica Nicks (Tulare Union) 12.29. (Wind-aided +2.55 mps) Heat 2: 1. Howard 11.83, 2. Dawkins 11.89, 3. Pam Qualls (Burbank) 12.06, 4. Vellisa Harris (Morse) 12.11, 5. Claudia Neal (Pallades) 12.17, 6. Brenda Pannell (Merced) 12.59, 7. Alycia Wright (Edison, Fresno) 12.74. (Wind-aided +2.57 mps) Heat 3: 1. Winston 11.70, 2. Johnson 11.73, 3. Michelle Stewart (Dorsey, LA) 11.95, 4. Gurtha Pounds (Live Oak) 12.01, 5. Kim Grant (Hawthorne) 12.06, 6. Michelle McGuire (Skyline) 12.25, 7. Terri Phillips (East, Bkfid) 12.42. (Wind +.28 mps)

## ☆ Girl's 200 ☆

Defending champion Denean Howard (Kennedy, Granada Hills), the Los Angeles Section champion, became the second all-time winner in the history of the event with a 23.42w. Pam Waters (Bell) was the other in 1975-76. Zelda Johnson (Garey, Pomona), runnerup in the Southern Section, placed second in 23.65. Gervaise McGraw (Ganasha, Pomona), the Southern Section champion who was picked for second, false started in her heat. Sophomore Pam Qualls (Bur-

bank, Sacramento), the Sac-Joaquin Section champion, placed third, but was disqualified for stepping out of her lane for four to seven strides.

(Wind +2.24 mps)

- 1 Denean Howard (Kennedy,GrHls) 23.59
- 2 Zelda Johnson (Garey, Pom) 23.65
- 3 LaTanya Dawkins(Dorsey, LA) 24.03
- 4 Nedrea Rodgers (Berkeley) 24.19
- 5 Monica Taylor (Grant, Sacto) 24.74
- 6 Brenda Brewer (Hillsdale, SM) 27.04
- Michelle Stewart(Dorsey, LA) NT
- Lisa Winston (Jordan, LgBCh) NT
- Pam Qualls (Burb, Sacto) DQ

Friday Qualifying—Heat 1: 1. Howard 23.42, 2. Rodgers 23.91, 3. Taylor 24.33, 4. Julie Middleton (San Mateo) 24.49, 5. Kim Grant (Hawthorne) 24.75, 6. Michelle Hallie (Pasadena) 25.45, 7. Veronica Nicks (Tulare Union) 25.49. Heat 2: 1.

Fine Flicks by Don Gosney



Denean Howard

Johnson (Garey, Pomona) 23.62, 2. Stewart 24.25, 3. Gurtha Pounds (Live Oak) 24.43, 4. Alycia Wright (Edison, Fresno) 24.87, 5. Lanae Barber (Bishop O'Dowd) 25.21, 6. Karen Nilson (Valhalla) 27.00. Heat 3: 1. Dawkins 24.12, 2. Winston 24.14, 3. Qualls 24.21, 4. Brenda Brewer (Hillsdale) 24.38, 5. DeLisa Lynch (Oakland Tech) 25.35, 6. Diana Turner (Fallbrook) 25.41, 7. Brenda Pannell (Merced) 25.77.

## ☆ Girl's 400 ☆

Denean Howard (Kennedy, Granada Hills), the Los Angeles Section champion, set a new National Interscholastic and State Meet record of 52.39 (24.8, 27.5). The old national mark of 52.90 was set by Denean in 1982 at the Arcadia Invitational. The old State Meet record of 53.04 was set by Denean in 1980 at the State Meet in Berkeley. Jeannie Arnold (Locke, Los Angeles), the Los Angeles Section runnerup, placed second in 53.48. Freshman Leslie Maxie (Mills, Millbrae), the Central Coast Section champion, was third in 53.76. Denean also won this event in 1980, to become the first two-time winner.

- 1 Denean Howard (Kennedy,GrHls) 52.39
  - 2 Jeannie Arnold (Locke, LA) 53.48
  - 3 Leslie Maxie (Mills, Millbr) 53.76
  - 4 Andrea Rolfe (Dorsey, LA) 54.70
  - 5 Brenda Brewer (Hillsdale,SM) 54.90
  - 6 Lana Rice (Berkeley) 55.06
  - 7 Diane Pullins (Muir, Pasad) 56.33
  - 8 Tonya Ransom (El Toro) 56.40
  - Nora Williams (Men-Ather) NT
- Friday Qualifying—Heat 1: 1. Howard 53.2, 2. Williams 55.9, 3. Suzy Hensel (Valencia) 56.3, 4. Melissa Jordan (Camarillo) 56.4, 5. Melanie Dameron

Fine Flicks by Don Gosney



Denean Howard

(Beyer) 58.4, 6. Lynn Cook (Cordova) 58.6, 7. Bridgette Steens (Madera) 59.3. Heat 2: 1. Leslie Maxie (Mills, Millbrae) 53.7, 2. Rice (Berkeley) 54.9, 3. Brewer 55.4, 4. Toi lark (Compton) 56.0, 5. Ethel Weaver (Tulare Union) 58.4, 6. Donna Martin (Enterprise) 59.1. Heat 3: 1. Arnold 53.2, 2. Pullins 54.5, 3. Rolfe 55.6, 4. Tonya Ransom (El Toro) 55.7, 5. Leslie Noll (Mt. Carmel) 57.5, 6. Dana Faulkner (Skyline) 57.5, 7. Deana White (Bakersfield) 57.6.

Fine Flicks by Don Gosney



Rennie Durand

## ☆ Girl's 800 ☆

Rennie Durand (Laguna Beach), the Southern Section champion, led at the 400 in 61.0 and outkicked Jessica Spies (Livermore), the North Coast Section champion, for a 2:06.36. Durand had won as a sophomore in 1980, but was disqualified for cutting in. Last year Spies was second and Durand third.

- 1 Rennie Durand (LagunaBch) 2:06.36
- 2 Jessie Spies (Livermore) 2:06.95
- 3 Trescia Palmer (WestCh,LA) 2:08.05
- 4 Sharon Yaninek(Present,SJ) 2:10.39
- 5 Missy Moore(Piedmont) 2:10.44
- 6 Yolanda Devers(Sweet,NtlCty) 2:11.07
- 7 Stacy Threadgill(Mitty,SJ) 2:11.54
- Doniece Johnson(Berkeley) DQ

Friday Qualifying—Heat 1: 1. Spies 2:12.01, 2. Threadgill 2:12.25, 3. Amy Cox (Foothill) 2:15.31, 4. Traci Baker (Monte Vista) 2:15.45, 5. Linda Hooke (Bullard) 2:17.13, 6. Linda Morrison (Carson) 2:17.18. Heat 2: 1. Palmer 2:09.38, 2. Devers 2:12.31, 3. Garnett 2:12.49, 4. Yaninek 2:12.79, 5. Michelle Lowe (Manual Arts, LA) 2:13.92, 6. Jill Moss (Bella Vista, Fair Oaks) 2:13.94. Heat 3: 1. Durand 2:12.06, 2. Moore 2:13.10, 3. Johnson 2:13.29, 4. Krista Wendt (Leigh) 2:13.3, 5. Barbara Gottlieb (Beverly Hills) 2:13.47, 6. Bridget Cunningham (Castro Valley) 2:16.70.

## ☆ Girl's 1600 ☆

Polly Plumer (University, Irvine), the Southern Section champion, won for the third straight year in 4:39.92. She sets a new National Interscholastic and State Meet record. The old national mark of 4:41.08 was set by Kim Gallagher (Upper Darby, Fort Washington, PA) in 1981. The old State mark of 4:42.43 was set by Plumer last year. This is the third best high school performance of all-time. Denise Ball (Newbury Park), second in the Southern Section, led the first lap in 1:10.2. Plumer led laps two and three in 2:21.7 and 3:34.5. Her 1500 meter split was 4:24.4. Ball finished second in 4:44.47, to go with her second place in the 3200. Plumer is the first three-time winner. Linda Goen (North, Bakersfield), now running for UCLA, won in 1977 and 1979.

- 1 Polly Plumer (University, Irv) 4:39.92
- 2 Denise Ball (Newbury Park) 4:44.47
- 3 Tina Allen (Santana, Santee) 4:45.56

Fine Flicks by Don Gosney



Polly Plumer

- 4 Laura Cattivera (MirCst,MBCh) 4:52.94
  - 5 Jo Barry (Leigh, San Jose) 4:54.08
  - 6 Esther Berndt (Gunn, PaloAlto) 4:54.85
  - 7 Laurie Hollingworth (Piner,SR) 4:55.65
  - 8 Paula Bresnan (Kennedy,GrHl) 5:00.70
  - Tania Fischer (Cham, CanPk) NT
  - Janine Walther (Chatsworth) NT
- Friday Qualifying—Heat 1: 1. Plumer 4:55.72, 2. Fischer 4:58.69, 3. Berndt 4:59.00, 4. Allen 5:00.29, 5. Barry 5:03.26, 6. Laurie Bushling (Yuba City) 5:05.06, 7. Noreen deBettencourt (Carondelet) 5:05.84, 8. Denise Dibos (Hellx) 5:07.10.
- Heat 2: 1. Ball 4:56.97, 2. Cattivera 4:57.23, 3. Hollingworth 4:58.85, 4. Bresnan 4:59.24, 5. Walther 4:59.42, 6. Sarah Allaback (Cate) 5:05.47, 7. Sandy Blakelee (Vista) 5:06.10.

Fine Flicks by Don Gosney



Vickie Cook

### ☆ Girl's 3200 ☆

Vickie Cook (Alemay, Mission Hills), the Southern Section champion, won for the third straight year in 10:16.27. Shannon Stryker (Tustin), fourth in the Southern Section, led the first 2000 meters with splits of 1:13.7, 2:30.1, 3:49.1, 5:10.1, and 8:32.1. Cook led the remainder of the race in 7:55.4, 9:11.9, and 9:44.7 (3000 meters). Denise Ball (Newbury Park), second in the Southern Section, finished second in 10:17.90. Lori Lopez (Sacred Heart, Los Angeles), who finished second in the State Meet last year, placed sixth in the Southern Section in 10:38.96 and did not qualify!

- 1 Vickie Cook (Alem, MissHls) 10:16.27
- 2 Denise Ball (Newbury Park) 10:17.90
- 3 Tania Fischer (Cham, CanPk) 10:28.63
- 4 Teresa Barrios (Univ, Irvine) 10:29.03
- 5 Nanette Garcia (SilverCrk, SJ) 10:30.40
- 6 Jennifer Liu (Monroe, Sepul) 10:41.85
- 7 Wendy Sihner (Miram, Orinda) 10:43.53
- 8 Shannon Stryker (Tustin) 10:49.42
- 9 Suzi Tanner (Vista) 10:49.3 ht
- 10 Gretchen Nelson (San Mateo) 10:54.1
- 11 Joni Mooney (Vacaville) 10:54.1
- 12 Mara Lazdany (Fallbrook) 10:54.1



Natalie Spinks

### ☆ Girl's 100LH ☆

Natalie Spinks (Skyline, Oakland), the Oakland/San Francisco Section champion, who was picked no better than sixth, surprised a whole lot of folks with her 13.88w. Freshman Leslie Maxie (Mills, Millbrae), the Central Coast Section champion, placed second in 14.00w. Junior Ruth Whitehead (Berkeley), the pre-meet favorite and North Coast champion, finished third in 14.01w.

- (Wind +3.37 mps)
- 1 Natalie Spinks (Skyline, Oak) 13.88
  - 2 Leslie Maxie (Mills, Millbr) 14.00
  - 3 Ruth Whitehead (Berkeley) 14.01
  - 4 Cece Chandler (Elsinore) 14.05
  - 5 Yvette Bates (Berkeley) 14.14
  - 6 Felicia Thompson (Jordan, LB) 14.17
  - 7 Sharon Hatfield (Ftn Vly) 14.22
  - 8 Sharon Hanson (Buena, Vent) 14.37
  - 9 Roberta Eccles (Gunder, SJ) 14.38

Friday Qualifying—Heat 1: 1. Spinks 13.72w, 2. Maxie 13.77, 3. Chandler 14.20, 4. Veronica Nicks (Tulare Union) 14.51, 5. Tracey Phillips (Fresno) 14.63. (Wind 2.04 mps) Heat 2: 1. Hanson 14.03, 2. Bates 14.04, 3. Hatfield 14.08, 4. Marjorie Johnson (Monroe) 14.49, 5. Jennette Mayes (Ventura) 14.61, 6. Wendy Edelen (Crawford, SD) 14.88, 7. Linda Luttrell (Sequoia) 14.88, 8. Danielle Knox (Jepson) 15.16, 9. Lori Mazorra (Willows) 15.34. (Wind 4.01 mps) Heat 3: 1. Whitehead 13.89, 2. Thompson 13.94, 3. Eccles 14.18, 4. Cindy Meyer (Monte Vista) 14.67, 5. Lissa Palla (North Gate) 14.68, 6. Terri Randolph (Kennedy) 14.77, 7. N. Smith (Valley) 14.80, 8. Chris Karns (Sierra Union) 14.82, 9. Amy Gale (Mt. Carmel) 15.42. (Wind 5.13 mps)

### ☆ Girl's 300LH ☆

Junior Gayle Kellon (Walnut), the Southern Section champion, set a new National Interscholastic and State Meet record of 41.09. The old national mark of 41.44 was set by Kellon in 1982. The old State mark of 42.25 was set by Audrey

Williams (Saugus) in the 1981 State Meet in Cerritos. Sharon Hatfield (Fountain Valley), third in the Southern Section, finished second in 42.97.

- 1 Gayle Kellon (Walnut) NatlRec 41.09
  - 2 Sharon Hatfield (FtnVly) 42.97
  - 3 Felicia Thompson (Jordan, LB) 43.35
  - 4 Ruth Whitehead (Berkeley) 43.65
  - 5 Natalie Spinks (Skyline, Oak) 43.70
  - 6 Roberta Eccles (Gunderson, SJ) 43.98
  - 7 Robin Stinson (Marshall, LA) 44.46
  - 8 Karen Bonty (Man Arts, LA) 44.59
  - Lissa Palla (Northgte, WaiCrk) NT
- Friday Qualifying—Heat 1: 1. Kellon 42.5, 2. Thompson 43.7, 3. Stinson 43.9, 4. Margaret Ruden (Homestead) 44.7, 5. Marjorie Johnson (Monroe) 44.7, 6. Theresa Chavez (Modesto) 44.8, 7. Tracey Phillips (Fresno) 45.7. Heat 2: 1. Hatfield 42.9, 2. Eccles 43.6, 3. Spinks 44.4, 4. Penny William (Westchester, LA) 45.3, 5. Laura Day (Casa Roble) 45.9, 6. Monica Keegan (Fallbrook, SD) 46.2, 7. Linda Bell (Locke) 46.5. Heat 3: 1. Whitehead 43.2, 2. Bonty 43.8, 3. Palla 44.1, 4. Kathleen Bortolussi (Blackford) 44.7, 5. Jennie Stachura (Newbury Park) 44.8, 6. Julie Cartere (Southwest) 44.9, 7. Eileen Cunningham (Castro Valley) 44.9.

Fine Flicks by Don Gosney



Gayle Kellon

### ☆ Girl's 400 Relay ☆

The Dorsey (Los Angeles) team of Michelle Stewart, Inger Peterson, sophomore Andrea Rolfe, and LaTanya Dawkins ran the second best time ever by a high school team at 45.42. Defending champion Berkeley, with only Nedrea Rodgers returning from last year, placed second in 46.18. But watch out next year, as Berkeley's entire team returns intact.

- 1 Dorsey (Los Angeles) 45.42
- 2 Berkeley—Whitehead, Rice, Bates, Rodgers 46.18
- 3 Ganesha (Pomona)—McCrew, Sellers, Robinson, Taylor 46.26

Fine Flicks by Don Gosney



Dorsey's LaTanya Dawkins

- 4 Manual Arts (Los Angeles) 47.20
- Jackson, Wright, Bonty, Munns
- 5 Jordan (Long Beach) 47.27
- Thompson, Hilliard, Tyner, Winston
- 6 Poly (Long Beach) 47.42
- 7 Walnut 47.69
- 8 Burbank (Sacramento) 48.26
- 9 Morse (San Diego) 49.19

Friday Qualifying—Heat 1: 1. Dorsey 46.05, 2. Manual Arts 47.19, 3. Long Beach Poly 47.34, 4. Burbank 47.73, 5. Mission 48.70, 6. Narbonne 48.71, 7. Bakersfield 48.99, 8. Castro Valley 49.77, 9. Crawford 51.0. Heat 2: 1. Jordan 47.24, 2. Morse 47.41, 3. Walnut 47.91, 4. Mt. Carmel 49.00, 5. Merced 49.97. Heat 3: 1. Berkeley 46.31, 2. Ganesha 46.93, 3. Saratoga 48.16, 4. Hillsdale 48.39, 5. Edison 48.61, 6. De Anza 49.17, 7. East Bakersfield 49.31, 8. Foothill 49.38.

### Girl's

### ☆ 1600 Relay ☆

The Dorsey (Los Angeles) team of Paulette Willis 56.1, Inger Peterson 56.3, Michelle Stewart 55.3, and sophomore Andrea Rolfe 54.1 captured its second relay of the meet in 3:41.72. Ganesha (Pomona), with Gervaise McGraw anchoring in 52.8, placed second in 3:43.26. Berkeley, with Nedrea Rodgers anchoring in 54.4, placed third in 3:46.64.

- 1 Dorsey (Los Angeles) 3:41.72
- 2 Ganesha (Pomona)—Savage, Robinson, Taylor, McGraw 3:43.26
- 3 Berkeley—Whitehead, Baker, Rice, Rodgers 3:46.64
- 4 Manual Arts (Los Angeles) 3:46.65
- Bonty, Munns, Wright, Lowe
- 5 Poly (Long Beach)—Frye, Hall, Guss 3:48.70
- 6 Mitty (San Jose) 3:56.53
- Pasadena NT
- Jordan (Long Beach) NT
- Camarillo NT

Friday Qualifying—Heat 1: 1. Ganesha 3:48.33, 2. Camarillo 3:52.37, 3. Mitty 3:55.09, 4. Pasadena 3:58.10, 5. El Cerrito 3:58.92, 6. Crawford 3:59.05, 6. Skyline 4:04.32. Heat 2: 1. Dorsey 3:45.65, 2. Poly 3:50.75, 3. Berkeley 3:50.89, 4. Livermore 3:58.86, 5. Santa Teresa 3:58.86, 6. Beyer



Dorsey's Paulette Willis

3:59.12, 7. Fallbrook 4:05.24. Heat 3: 1 Manual Arts 3:52.51, 2. Jordan 3:53.46, 3. Locke 4:00.13, 4. Kennedy 4:02.63, 5. Castro Valley 4:02.76, 6. 4:05.89, 7. Vallejo 4:09.90.



Katrina Johnson

## Girl's ☆ High Jump ☆

Katrina Johnson (Marshall, Pasadena), who tied for the Southern Section championship, defended her crown with a jump of 5-11. The only other two-time winner of this event was Karl Goswiler (Upland) in 1976-77. Junior Tonya Mendonca (Mt. Whitney, Visalia), the Central Section champion, finished second for the second time. She matched her all-time San Joaquin Valley best of 5-10, when she finished second in the 1980 State Meet. Mendonca had knee surgery earlier this year. Both the third and fourth place finishers—Latrese Johnson (Clovis) and Leslie Maxie (Mills, Millbrae)—are freshmen.

- 1 Katrina Johnson (Marshall, Pasa) 5-11
  - 2 Tonya Mendonca (Mt. Whitney, Vis) 5-10
  - 3 Latrese Johnson (Clovis) 5-9
  - 4 Leslie Maxie (Mills, Millbrae) 5-9
  - 5 Elisa Cook (Wilson, Hac Hts) 5-7
  - 6 Denise Yamada (Dos Pueb, Gol) 5-7
  - 7 (tie) Debbie Disbrow (Gran, Livr) 5-6
  - Wendy Brown (Woodside) 5-8
  - 9 Sharon Hatfield (FtnVly) 5-6
  - 10 Lisa Feagraus (Laguna Bch) 5-4
  - 11 Rachel Bray (Los Altos) 5-2
- Friday Qualifying—Ytossie Patterson (Canoga Park) 5-0, Amy Brewer (Skyline) 5-0, Simone Van Egmond (Taft, LA) 5-3, Kim Hall (Kennedy) NH, Yvette Maufas (Marshall) 5-5, Kristi White (Chico) 5-0, Miloe McCall (Hayward) 5-4, Elisa Cook 5-5, Erin Key (West) 5-3, Annette Woo (Bella Vista, Fair Oaks) 5-3, Carrie Thomas (Mission Bay, SD) 5-2, Cheryl Bishop (Berkeley) 5-2, Disbrow 5-5, Allison Crist (Sunset) 5-2, Sheri Morford (Foothill) 5-3, Hatfield 5-6, Yamada 5-5, K. Johnson 5-6, Feagraus 5-5, Holly Wyant (Vacaville) 5-4, Bray 5-5, Mendonca 5-5, L. Johnson 5-5, Maxie 5-5, Brown 5-5.

## Girl's ☆ Long Jump ☆

Sophomore Wendy Brown (Woodside), the Central Coast Section champion, won the long jump at 19-10½. Sophomore Yvette Bates (Berkeley), the North Coast Section champion, who was fifth in 1981,

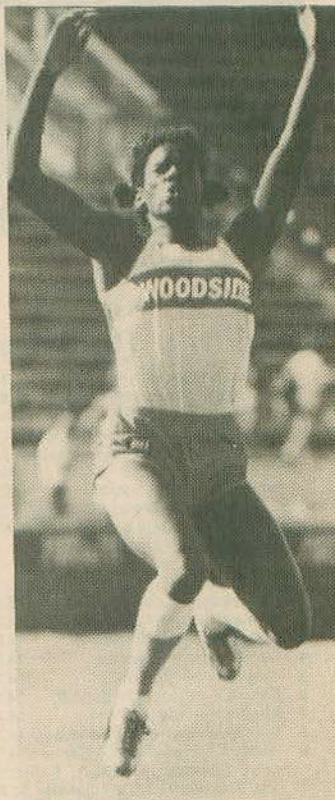
Fine Flicks by Don Gosney



Wendy Brown

placed second at 19-7¼. Katrina Johnson (Marshall, Pasadena), the Southern Section champion and winner of the high jump, was third at 19-4¼.

- 1 Wendy Brown (Woodside) 19-10½
  - 2 Yvette Bates (Berkeley) 19-7¼
  - 3 Katrina Johnson (Mrshl, Pasa) 19-4¼
  - 4 Kim Goodman (Narb, HarbCty) 19-1¼
  - 5 Denise Woodard (Hemet) 18-11¼
  - 6 Sharon Hatfield (FtnVly) 18-9
  - 7 Sheila Frye (Pcyl, LB) 18-3¼
  - 8 Vivian Riley (Mt. Pleas, SJ) 17-10
  - 9 Marisa Williams (Vacaville) 17-5
- Friday Qualifying—Cindy Baker (Las Plumas) 16-5½, Erin Johnson (Christian) 16-10¼, Jenny McKinney (Vista) 16-7, Joyce Austin (Hollywood) 16-4, Rhonda Lockhart (Skyline) 19-9½, Lisa Lofton (Foothill) 17-9¼, Sydney Sims (Mt. Eden) 16-8¼, Maureen Wiley (Narbonne) 16-11¼, Vickie Snowden (Hoover) 16-11¼, Rachel Bray (Los Altos) 17-8w (16-4¼), Julie Owens (Van Nuys) 17-¼, Debbie Dimino (Cal) 17-7½, Stacy Proctor (Bonita Vista) 18-¾, Riley 19-6½w (19-6¼), Dana Foster (San Ramon) 17-9¼, Goodman 18-10¼ (18-¼), Yvette Roberts (Wash. Union) 17-9w (17-6¼), Hatfield 19-3¼w (18-10½), Williams 18-3¼, Darlene Pennie (Pasadena) 18-1w (17-11¼), Bates 19½, Frye 18-3¼, Woodard 18-8¼w (17-6), Johnson 19-5w (18-7), Brown 19-11w (18-2).



Wendy Brown

## Girl's ☆ Triple Jump ☆

Sophomore Wendy Brown (Woodside), the Central Coast Section champion, won her second event at 39-8¼. Sophomore Yvette Bates (Berkeley), the North Coast Section champion competing with a leg injury that forced her to limp after the meet, was also second here at 38-½. This was a new event this year.

- 1 Wendy Brown (Woodside) 39-8¼
- 2 Yvette Bates (Berkeley) 38-½
- 3 Gayle Wadsworth (Hawthorne) 37-11¼
- 4 Debbie Disbrow (Granada, Liv) 37-7¼
- 5 CeCe Chandler (Elsinore) 37-5¼
- 6 Kim Taylor (Valencia) 37-2¼
- 7 Denise Woodard (Hemet) 36-9¼

- 8 Phyllis Cleaves (Lemoore) 35-11
  - 9 Janice Diggs (Salinas) 35-7¼
- Friday Qualifying—Melinda Woolf (Shasta) 33-10¼, Shannon Hartnett (San Rafael) 36-1½, Mimi Wright (Dinuba) 35-10, Debbie Jackson (Manual Arts, LA) 35-6¼, Natalie Tuzinkelvicz (Mt. Carmel) 36-4¼w (35-11), Lizette Sears (Edison, Fresno) 35-5¼, Cathy Shaw (Jordan) 33-9¼w (32-10¼), Yvonne Griffin (El Camino) 34-4¼, Cleaves 36-10w (36-8¼), Monique Lowe (Cordova) 34-7¼w (33-10¼), Disbrow 37-6¼w, Renita Robinson (Manual Arts) 33-11¼w, Deborah Carr (Atwater) 34-9w (33-11¼), Wendy Martin (Turlock) 35-6½w (34-10¼), Tasha Irving (Crawford) 35-6, Margret Rouden (Homestead) 33-3¼w, Susie Brice (South Fork) 33-4¼, Woodard 37-5¼, Diggs 36-11, Elyse Duckett (Lowell) 35-9, Carole Jones (Chino) 36-2, Wadsworth 39-7, Chandler 37-5¼, Taylor 37-4¼, Bates 37-7¼, Brown 39-3¼w (38-9).

## Girl's ☆ Shot Put ☆

The *Stockton Record* gets the award for the most inaccurate reporting of this event. "In the shot put sophomore Natalie Kaaiawahia defending her 1981 title by winning with 53-3. The mark eclipsed her national record of 52-4½ and her state meet mark of 51-8½, but the wind was over the allowable (6 mph)." Natalie is a junior. Her winning mark was 50-3, thus not above her national record. There is no such thing as a wind-aided shot put. The wind was being measured in meters per second. This was the third victory in a row for Natalie. Dot Jones (Hilmar), the Sacramento Section champion, was second at 45-10½.

Fine Flicks by Don Gosney



Natalie Kaaiawahia

- 1 Natalie Kaaiawahia (Fullerton) 50-3
  - 2 Dot Jones (Hilmar) 45-10½
  - 3 Jacquell Sheffield (Elsen, Rialto) 44-8¼
  - 4 Jill Christer (Gunn, Palo Alto) 44-5¼
  - 5 Wendy Bradshaw (Saugus) 44-1
  - 6 Cindy Durchslag (San Carlos) 43-5¼
  - 7 Sonia Yanez (Garfield, LA) 43-1½
  - 8 Patty Taylor (West, Torrance) 41-7
  - 9 Pam Alexander (Arlington, Riv) 40-2¼
- Friday Qualifying—Cati Farnham (St. Vincent) 33-1¼, Jennifer Jacobi (San Ramon) 35-8¼, Connie Farrow (Locke) 38-3¼, Melba Lawrence (Monroe) 36-0, Laura Standring (El Capitan) 35-9¼, Kim Elam (Arcata) 40-6¼, Sharon Pierson (Tranquillity) 35-11½, Mary Lawanson (Clovis West) 38-3¼, Kellie Carter (Helix) 38-5¼, Yvette Brown (Vacaville) 38-6¼, Lupe Robles (Woodlake) 39-0, Jane Johnson (Valhalla) 41-¼, Rose Faami (Kennedy) 38-1¼, Cindy Niko (Mt. Eden) 38-1¼, Cari Fagnani (Summerville) 40-1,

Linda Mitchell (Willows) 40-11½, Alexander 42-6¼, Durchslag 42-1¼, Taylor 41-3¼, Chrisler 42-9¾, Sheffield 42-4, Yanez 41-7½, Bradshaw 41-8¼, Jones 42-8¼, Kaalawahia 49-11¼.

Fine Flicks by Don Gosney



Jacqu Norton

### ☆ Girl's Discus ☆

Jacqu Norton (Mission Viejo), the Southern Section champion, won with a toss of 160-2. Karen Nickerson (Cordova, Rancho Cordova), the Sac-Joaquin Section champion, finished second at 152-2. Junior Natalie Kaalawahia (Fullerton), the defending champion, failed to qualify for the State Meet.

- 1 Jacqu Norton (Mission Viejo) 160-2
  - 2 Karen Nickerson (Cord,RncCor) 155-10
  - 3 Toni Lutzens (Righ, StaMaria) 151-8
  - 4 Mary Dentinger (ElCam, Sac) 145-5
  - 5 Andrea Kriva (Burbank) 137-4
  - 6 Cindi Durchslag(San Carlos) 137-3
  - 7 Renee Perkins (MorVly, Snyrd) 133-4
  - 8 Janet Whitney (Fresno) 130-1
  - 9 Sonia Yanez (Garfield, LA) no mark
- Friday Qualifying—Elander Sherrills (Jordan) 99-9, Jayme Dombrowski (Reseda) 95-9, Stephanie Cooper (Locke) 117-8, Dana Foster (San Ramon) 120-0, Gina Niko (Mt. Eden) 115-9, Patty McMullin (Shasta) 119-0, Lee Plevney (Lower Lake) 123-11, Pierson 125-1, Dana Spahn (Arroyo) 117-10, Tani Leomiti (Sweetwater) 111-4, Carmelita Stewart (El Camino) 114-1, Kelle Carter (Helix) 122-6, Andrea Markel (Fremont) 126-10, Whitney 144-0, Stephanie Townsel (Silver Creek) 125-5, Perkins 141-9, Denise Williams (Lompoc) 131-9, Kim Kesler (Vintage) 133-9, Yanez 135-6, Kim Shakir (Clovis West) 125-4, Dentinger 139-4, Kriva 147-11, Durchslag 149-8, Lutjens 147-11, Norton 157-4, Nickerson 152-7.



Berkeley High—Girls Champs: (left to right) Ruth Whitehead, Arno Brewer, Lana Rice, Willie White, Yvette Bates, Jackie Baker (not shown: Nedrea Rodgers).

### Girl's Team Championship

(Meet Scored 10-8-6-4-2-1)

Berkeley, the pre-meet favorite, won for the second straight year with 48 points, despite not winning any events. Dorsey (Los Angeles) was second with 30 points, followed by Kennedy (Granada Hills) 28, Ganasha (Pomona) 24, Marshall (Pasadena) and Woodside 20, and Mills (Millbrae) 18.

- Berkeley 48 points:  
 8—2nd in 400 relay  
 6—3rd in 1600 relay  
 18—Bates, 5th in 100LH, 2nd in LJ, 2nd in TJ  
 10—Whitehead, 3rd in 100LH, 4th in 300LH  
 5—Rodgers, 6th in 100, 4th in 200  
 1—Rice, 6th in 400

### ☆ Athletes of the Meet ☆

Boys

**STEVE KERHO**  
(Mission Viejo)

Girls

**DENEAN HOWARD**  
(Kennedy, Granada Hills)

### Attendance:

Friday	6,720
Saturday	14,380
<b>TOTAL</b>	<b>21,100</b>

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# Prep Notes

By KEITH CONNING

## SECTION HIGHLIGHTS

In order to appear in this section, an athlete or team had to record a national class performance. I have used the 1981 U.S. outdoor list in *High School Track 1981* by Jack Shepard to determine the minimum standard for each event.

### Central Section Bakersfield, May 27 BOYS

800: 1. Jason Hall (South) 1:52.3. 300LH: 1. Robert Budwig (Clovis West) 36.75. Meet record. Old record—Prindle of Fresno (1981) 37.5. All-time valley best. 400R: 1. Edison (Ted Cowings, Lavell Tatum, Mike Dixon, Darnell Wheeler) 41.61. Meet record. Old record—Bakersfield (1980) 42.1. PV: 1. Jim Barrett (Clovis West) 15-0. TJ: 1. Cornell Archie (Fresno) 49-0.

#### GIRLS

400R: 1. Edison (Renee Stevenson, Alicia Wright, Lizette Sears, and Rebecca Sims) 47.73. 2. East (Angela Forman, Kathy Nelson, Michele Bowers, Angela Phillips) 48.00. DT: 1. Kim Shakir (Clovis West) 142-8. Meet Record. Old record—Shakir (1981) 136-11.

### Oakland/ San Francisco Section McAteer High School San Francisco, May 27 BOYS

100: 1. Lamont Horston (Fremont) 10.3w, 2. Wiley Watson (Oakland) 10.4w. 400: 1. Angela McNeil (Galileo) 47.5.

#### GIRLS

100LH: 1. Natalie Spinks (Skyline) 14.0w. 300LH: 1. Spinks 44.8. TJ: 1. Elyce Duckett (Lowell) 38-0w.

### San Diego Section BOYS

110HH: 1. Jeff Smith (Serra) 14.09w (2.33mps). TJ: 1. Uchenna Agu (Army & Navy) 48-2w.

#### GIRLS

800: 1. Yolanda Devers (Sweetwater soph) 2:11.78. Section record. 3200: 1. Tina Allen (Santana) 10:41.44.

(NOTE: I would like to thank Steve Brand of the *San Diego Union* for sending a copy of the results.)

### North Coast Section Edwards Stadium, Berkeley, May 28-29 Trials May 28: BOYS

300LH: 1st Heat—1. Mark Boyd (St. Mary's) 36.7.

#### GIRLS

200: 1st Heat—1. Nedrea Rodgers (Berkeley) 24.1 (wind -.12mps). 400: 1st Heat—1. Lana Rice (Berkeley) 55.2. 300LH: 2nd Heat—1. Lissa Palla (Northgate) 44.7. 400R: 1st Heat—1. Berkeley (Ruth Whitehead, Lana Rice, Yvette Bates, Nedrea Rodgers) 46.5. 1600R: 1st Heat—1. Berkeley (Ruth Whitehead, 58.3, Lana Rice 57.2, Jacqueline Baker 60.7, Nedrea Rodgers 55.2) 3:51.4.

### Finals May 29 BOYS

3200: 1. Brian Abshire (De Anza) 9:08.4, 2. Tim Berry (Ygnacio Valley) 9:09.0. 300LH: 1. Mark Boyd (St. Mary's) 36.2. HJ: 1. David Swanson (Analy) 6-10 $\frac{1}{4}$ . North Coast Section meet record. Old record—8-10 by John Lane (American -1976). DT: 1. Larry Plinski (Montgomery, Santa Rosa) 180-9.

#### GIRLS

100: 1. Nedrea Rodgers (Berkeley) 11.93 (Wind -0.37 mps). 200: 1. Nedrea Rodgers (Berkeley) 24.23 (Wind +.15 mps). 400: 1. Lana Rice (Berkeley) 55.2. 800: 1. Jessica Spies (Livermore) 2:08.8 (North Coast Section meet record. Old record—2:09.0, Spies 1981), 2. Missy Moore (Piedmont) 2:10.7. 1600: 1. Noreen de Battencourt (Carondelet) 4:53.56, 2. Laurie Hollingworth (Piner, Santa Rosa) 4:57.09. 3200: 1. Wendy Sihner (Miramonte) 10:34.7, 2. Robyn MacSwain (Terra Linda) 10:34.7. 100LH: 1. Ruth Whitehead (Berkeley) 14.14 (Wind +1.07 mps), 2. Yvette Bates (Berkeley) 14.19. 300LH: 1. Ruth Whitehead (Berkeley) 43.8 (North Coast Section meet record. Old record—44.0, Sherifa Sanders, Berkeley, 1981), 2. Lissa Palla (Northgate) 44.1, 3. Eileen Cunningham (Castro Valley) 44.4. 4x100: 1. Berkeley (Ruth Whitehead 58.7, Lana Rice 56.5, Jacqueline Baker 58.7, Nedrea Rodgers 55.4) 3:49.31. TJ: 1. Yvette Bates (Berkeley) 38-9.

### Northern Section BOYS

1600: 1. Jim Frey (Yreka) 4:31.2.

photo by Burt Davis



Sharon Hatfield  
Southern Section



Jason Hall  
Central Section

### Central Coast Section San Jose CC, May 28 BOYS

330LH: 1. Erick Montgomery (Independence) 36.22. PV: 1. Mike Kibort (Saratoga) 15-6, 2. Andy Sythe (Los Gatos) 15-0. TJ: 1. Larry Weldon (Silver Creek) 48-8 $\frac{1}{2}$ , 2. Chris Mooring (Mt. Pleasant) 48-7. DT: 1. Dan Katches (Mills) 181-4.

#### GIRLS

200: Heat 1-Gurtha Pounds (Live Oak) 24.22. 400: 1. Leslie Maxie (Mills frosh) 53.92. 800: 1. Sharon Yanine (Presenta-

tion, SJ) 2:11.2. 2M: 1. Nanette Garcia (Silver Creek) 10:39.7 (10:01.0 3000m), 2. Linda Van Housen (Sacred Heart, Belmont) 10:56.9. 110LH: 1. Maxie 5-8 $\frac{1}{4}$ . 330LH: 1. Roberta Eccles (Gunderson) 44.06, 2. Margaret Ruden (Homestead) 45.25. 440R: 1. Saratoga 48.08, 2. Silver Creek 48.09. HJ: 1. Wendy Brown (Woodside) 5-8 $\frac{1}{4}$  (2nd attempt), 2. Maxie 5-8 $\frac{1}{4}$  (3rd attempt). LJ: 1. Brown 19-9 (meet record). TJ: 1. Brown 39-6. SP: 1. LaTonia Floyd (Oak Grove) 43-5, 2. Jill Crisler (Gunn) 43-2. DT: 1. Cindi Durschlag (San Carlos) 149-0.

(NOTE: I would like to thank Howard Willman of *Track & Field News* for sending results.)

## Sac-Joaquin Section Hughes Stadium, Sacramento, May 28 BOYS

100: 1. Pablo Hendricks (Valley) 10.66. 200: 1. Patrick McCrystie (Jesuit) 1:52.1. 3200: 1. Harold Kuphaldt (Beila Vista) 9:02.0. PV: 1. Melvin "Sky King" Hempstead (Valley) 15-0. 2. Stuart Taylor (Davis, Modesto) 15-0. 3. Ken Grogan (Lincoln) 15-0. LJ: 1. Eric Thomas (Norte) 24-5w. 2. Fred Covington (Fairfield) 24-0. TJ: 1. Ralph Pfost (Roseville) 49-4. Meet record. Old record—Curtis Johnson (Stagg) 48-9½. 2. Mike Harris (Marysville) 48-5. DT: 1. Del Detwiler (Roseville) 184-4. 2. Curt Sisco (Vacaville) 182-4.

### GIRLS

100: 1. Monica Taylor (Grant) 11.83. Meet record. Old record—Karen Schaeffer (Central Catholic, Modesto - 1981) 12.04. 2. Pam Qualls (Burbank soph) 11.93. 200: 1. Qualls 24.11. Meet record. Old record—Schaeffer 24.83. 3200: 1. Sally Pinkner (Davis) 10:52.4. 2. Stacy McAfee (Del Oro) 10:53.0. 300LH: 1. Laura Day (Casa Roble) 44.6. SP: 1. Dot Jones (Hilmar) 43-8. Meet record. DT: 1. Karen Nickerson (Cordova) 184-10. Meet record. Old record—158-9 Nickerson, Wed. trials). 2. Mary Dentinger (El Camino) 143-7. 3. Kim Kesler (Vintage) 139-1.

## Southern Section & Los Angeles City Notes

By DOUG SPECK

### MEN

**SPRINTS**—Antonio Manning's 21.27 200 and Fabian Cooper's 47.23 400 in the City Finals were impressive on the east LA dirt track. Walter Steen (Southern Section 100-LJ winner), hampered by hamstring problems since his 23' long jumping back as a frosh, closed his senior year out nicely.

**DISTANCES**—The Southern Section 800 final featured five underclassmen. Yes, Tyrone McCullough (Poly, Long Beach) is the son of former World Record Holder in the high hurdles, Earl McCullough. Tyrone raced the half just five times previous to his 1:51.62 for second in the Section. MacArthur Osborne blasted the first 400 in 51.4 to set up Chauncey Isom's 1:50.44 in the City finals. Isom passed the fatigued Osborne on the inside in the final stretch. Carpinteria's Tom Grewe took off after a 2:11.2 800 in the Southern Section 1600 and dragged the pack through 30.4-30.8-29.7-30.5 200's on the way to his 4:12.67 win. Camarillo's junior, Eric Reynolds, did the same in the 3200. After a 4:30.5 first 1600 Eric accelerated through 67.8-66.2-64.7-64.1 (4:22.5) laps to win in 8:53.23. Jim Ortiz and Jesus Gutierrez are only soph.

**RELAYS**—Compton's Blair McMurray brought his 1600 relay from way back with a 46.1 leg to take the Southern Section title.

**FIELD EVENTS**—USC-football bound Bruce Parks (Chaffey, Ontario) could not put it together in the previous day's discus qualifying and took his frustration out on a 63-½ state shot put best in the Section finals.

### WOMEN

**SPRINTS**—LaTanya Dawkins (Dorsey) nearly went to all fours in the City 100 at the start, then came back to surprisingly

nip Denean Howard 11.68-11.70. Very gracious in defeat, Denean returned to crank the 8th fastest 200 in high school history (23.25), take the 400 (53.50 - City record), and lead off Kennedy's 1600 relay (53.8). Gervalse McGraw (Ganessa) blasted 23.27 (200) in the 2A Divisional race for a Southern Section record. The closeness of 400-200-1600R action at the end of the State Meet schedule in the Southern Section State Qualifying Meet leads to some strange situations—ballouts and drops that leave events with a definite drop-off in quality.

**DISTANCES**—Polly Plumer got bored after a 2:29.9 first 800 in the Southern Section 1600. A third lap of 70.9 and final go-round of 65.0 put her seven seconds ahead of the group at the end. Tab frosh Laura Cattivera (Mira Costa, Manhattan Beach) as a future star off 4:53.14 and 10:37.38 (3200) bests in the last two weeks.

**RELAYS**—Hawthorne's Southern Section 400 winners are all ninth graders! Ganessa's Michelle Taylor, a 2A 800 winner over Rennie Durand at 2:07.80 before being disqualified for a line infraction, took out some of her frustration during a 54.0 third leg on the Section 1600 titlist. Dorsey's stick work during its 45.5 (HT) was as pretty as anyone will see from any team at any level this year.

**FIELD EVENTS**—Natalie Kaalawahia, the defending State discus champion had two fouls and a toss less than 125' in Section qualifying to bow out.

## Southern Section State Meet Qualifying

Cerritos JC, May 27  
MEN

100: Steen (Santa Ana Valley) 10.60, Coleman (Monrovia) 10.81, Mathis (Muir, Pasadena) 10.67, Profit (Serra, Gardena) 10.68, Dunn (North, Riverside) 10.68. 200: 1. Coleman (Monrovia) 21.29. 400: 1. McMurray (Compton) 47.52. 800: 1. Phillips (Los Altos, Hacienda Heights) 1:51.59, McCullough (Poly, Long Beach) 1:51.62, Casey (Righetti, Santa Maria) 1:52.93, Fisher (Bishop Amat) 1:53.13. 1600: Grewe (Carpinteria) 4:12.67, Williams (Foothill, Santa Ana) 4:13.23, Tanin (Crespi, Encino) 4:13.63. 3200: Reynolds (Camarillo) 8:52.23, Ortiz (Barstow) 8:59.31, Nugent (Culver City) 9:00.62, Gutierrez (Pasadena) 9:02.09, Erickson (Fountain Valley) 9:02.57, Hesselvik (University, Irvine) 9:06.49, Cammack (South Hills, Covina) 9:09.16. 110HH: Kerho (Mission Viejo) 13.69, R. Brown (Bishop Amat) 14.04, T. Weaver (Edgewood, West Covina) 14.08. 300LH: Kerho 35.9, Harris (Perris) 36.0, Anderson (Muir) 36.2, Atkins (Walnut) 36.3, Ferreira (North Torrance) 36.7, Coulson (Millikan, Long Beach) 36.9. 400R: Muir 41.37, Monrovia 41.58. 1600R: Compton 3:14.53, Muir 3:14.58, Pasadena 3:15.21, Bishop Amat 3:15.59, Poly (Long Beach) 3:15.92. HJ: Haines (Millikan, Long Beach) 6-10½. PV: Foss (Santa Ynez) & Lomheim (Valencia) 14-2½. LJ: Steen (Santa Ana Valley) 23-8½, Coauette (Burbank), TJ: Williams (Troy, Fullerton) 49-8½, Atkins (Walnut) 48-9½, Pullins (Muir) 48-9½. SP: Parks (Chaffey, Ontario) 63-½, Dobbins (Burrroughs, Ridgecrest) 60-3, Gorman (Hawthorne) 60-2. DT: Dobbins (Burrroughs, Ridgecrest) 186-3, Luiten (Monrovia) 183-0.

### WOMEN

100: McGraw (Ganessa, Pomona) 11.61 (So Section Record), Winston (Jordan, Long Beach) 11.69, Johnson (Garey, Pomona) 11.69. 200: McGraw (Ganessa) 23.54, Johnson (Garey) 24.03, Winston (Jordan, LB) 24.32. 400: Jordan (Camarillo) 55.84. 800: Durand (Laguna Beach) 2:09.54, Cox (Foothill, Santa Ana) 2:11.73, Stachura (Newbury Park) 2:12.17. 1600:

Plumer (University, Irvine) 4:45.81, Ball (Newbury Park) 4:52.73, Cattivera (Mira Costa, Manhattan Beach) 4:53.14, Fischer (Chaminade, Canoga Park) 4:56.41, Allaback (Cate, Carpinteria) 4:57.11. 3200: Cook (Alemany, Mission Hills) 10:13.19, Ball (Newbury Park) 10:15.99, Fischer (Chaminade) 10:24.39, Stryker (Tustin) 10:32.77, Barrios (Univ, Irvine) 10:33.12, Lopez (Sacred Heart) 10:38.96, K. Ebner (Bishop Amat) 10:42.89. 100LH: Hanson (Buena, Ventura) 14.09, Thompson (Jordan, LB) 14.09, Chandler (Elsinore) 14.23. 300LH: Kellon (Walnut) 41.74, Thompson (Jordan, LB) 43.73, Hatfield (Fountain Vly) 44.24, Stinson (Marshall, Pasadena) 44.53, Stachura (Newbury Park) 44.69. 400R: Hawthorne 46.26 (equals So Section Record), Ganessa 46.36, Jordan (LB) 47.22, Poly (LB) 47.63, Walnut 47.66. 1600R: Ganessa 3:45.40, Jordan 3:56.49, Poly 3:47.46, Camarillo 3:48.90, Pasadena 3:49.08, Hawthorne 3:49.43. HJ: (tie) Hatfield (Fountain Vly) & Yamada (Dos Pueblos, Goleta) & Johnson (Marshall, Pasadena) 5-6. LJ: Johnson (Marshall) 18-11½. SP: Kaalawahia (Fullerton) 52-2½, Bradshaw (Saugus) 43-10½, Sheffield (Eisenhower, Rialto) 43-4½. DT: Norton (Mission Viejo) 162-4 (So Section Record), Lutjens (Righetti) 154-2, Kriva (Burbank) 144-5. TJ: Taylor (Valencia) 38-7½, Chandler (Elsinore) 38-7½.

47.23 (city record). 800: Isom (Westchester) 1:50.44 (city record), Osborne (Crenshaw) 1:51.33. 1600: Dietch (El Camino Real, Woodland Hills) 4:17.77. 3200: Rivera (Westchester) 9:18.00. 110HH: Dawsoh (Taft, Woodland Hills) 14.63. 300LH: Christman (Locke) 37.38. 400R: Crenshaw 41.64. 1600R: Crenshaw 3:18.09. HJ: Burnett (Washington) 6-10. LJ: Baker (Hamilton) 22-9½. PV: Ray (Chatsworth) 13-6. SP: Gilmore (Van Nuys) 55-11½. TJ: Howard (Washington) 46-10½.

### WOMEN

100: Dawkins (Dorsey) 11.68 (city record), Howard (Kennedy) 11.70. 200: Howard 23.25 (city record), Dawkins 23.81. 400: Howard 53.50, Arnold (Locke) 53.92. A. Rolfe (Dorsey) 54.72. 800: Palmer (Westchester) 2:09.31, Arnold 2:11.60. 1600: Walther (Chatsworth) 5:03.55 (city record). 3200: Walther 11:00.02 (city record). 100LH: Johnson (Monroe) 14.67. 300LH: Bell (Locke) 44.24, Bonty (Manual Arts) 44.31, Johnson (Monroe) 44.89. 400R: Dorsey 45.5 (ht/city record), Manual Arts 47.32. 1600R: Dorsey 3:46.36, Manual Arts 3:46.87, Locke 3:52.43, Kennedy 3:52.43. HJ: Maufas (Marshall) 5-4. LJ: Goodman (Narbonne, Harbor City) 18-2½. SP: Yanez (Garfield) 43-4½. DT: Yanez 139-7. TJ: Johnson (Manual Arts) 37-3.

## LA City Finals East LA College, May 28 MEN

100: Manning (Hamilton) 10.69. 200: Manning 21.27. 400: Cooper (Washington)



photo by Gene Cohn

right): Bryan Carroll, Kyle Kessler, & Brian Abshire.

## Kinney Invitational

By KEITH CONNING

June 12, Edwards Stadium, Berkeley.

Polly Plumer (University, Irvine), the California State Meet champion in the 1600, ran the third fastest high school mile of all-time in 4:39.8. In the Pepsi Invitational on May 18th, Plumer set a new high school record of 4:35.24. Earlier in the day in Philadelphia at the Jumbo Elliott Invitational, Kim Gallagher (Upper Dublin, Ft. Washington, PA) ran the second fastest mile of 4:36.94. Vickie Cook (Alemany, Mission Hills), the State Meet champion in the 3200, finished second in 4:42.0. Jessica Spies (Livermore), second in the State Meet 800, finished fifth in

4:47.0 her personal best. Junior Tania Fischer (Chaminade, Canoga Park), third in the State Meet 3200, finished seventh in 4:54.5.

The Berkeley girls 4x200 relay team of sophomore Jackie Baker, who replaced Ruth Whitehead, junior Lana Rice, sophomore Yvette Bates, and junior Nedrea Rodgers won easily in 1:39.8.

The Berkeley boys 4x200 relay of Ron Williams, Stoney McCree, junior Eric Crapo, and Craig Armstrong defeated the El Cerrito team of Curtis Reed, junior Theo Tisby, Brian Carr and Tommy Purvis, who placed ninth in the State Meet 400 relay, by 8 in 1:27.3.

In the mile, Brian Abshire (DeAnza, Richmond) eighth in the State Meet 3200, defeated the Nevada State mile champion, Bryan Carroll of Carson City by 4 in 4:18.2.

## Prep Notes



### Golden West Invitational

From KEITH CONNING

June 12. Hughes Stadium, Sacramento.

Three meet records were set in the 110h, 200, and 400.

Steve Kerho (Mission Viejo), the State Meet champion, won the 110HH in 13.58, a new meet record and the second fastest fully electronic time ever. Kerho also took fifth in the 400H in 53.83.

Stanley Blaylock (Northside, Atlanta, GA) broke the meet record in the 200, finishing in 20.78. The top three runners all were under the old mark of 21.14. Blaylock was also 4th in the 110HH.

Darrell Robinson (Wilson, Tacoma, WA) won the Governor's Trophy as the meet's outstanding performer. He won the 400 in 46.09 to better the meet record of 46.3.

Jim Banich (Arvada, CO) led the field athletes with a double victory, winning the shot at 68-2½ and the discus at 202-1.

For his feat he received the Marea Rodebaugh Award, which goes to the meet's most inspirational competitor.

Ken Williams (Troy, Fullerton), who placed second in the State Meet and is going to Cal, won the triple jump at 51-10w (49-6¼ legal).

#### 100 (2.67 mps):

1. Edwin Williams (Lake Wales, FL) 10.47w, 2. Terry Scott (Southeast, Kansas City, MO) 10.48, 3. Lew Dunn (North, Riverside) 10.58, 4. Lamar Smith (Bennett, Buffalo, NY) 10.60, 5. Egypt Allen (South Oak Cliff, Dallas, TX) 10.61. Others: 7. Pablo Hendricks (Valley, Sacramento) 10.74, 8. Fabian Cooper (Washington, LA) 10.75.

#### 200 (1.43 mps):

1. Stanley Blaylock (Northside, Atlanta, GA) 20.78 (8th all-time performer/meet record, old 21.14 Curtis Riddick [Virginia Beach, VA] 1980), 2. Terry Scott (Southeast, Kansas City, MO) 21.04, 3. Lamar Smith (Bennett, Buffalo, NY) 21.26, 4. Berkeley Banks (Unlondale, NY) 21.28, 5. Angelo Bryant (Ellison, Killeen, TX) 21.39. Others: 9. Pablo Hendricks (Valley, Sacramento) 21.84.

#### 400:

1. Darrell Robinson (Wilson, Tacoma, WA) 46.09 (Meet record, old 46.3 Ronald Ray, Newport News, VA 1972), 2. Roderick Jones (South Oak Cliff, Dallas, TX) 46.89, 3. Fabian Cooper (Washington, LA) 47.27, 4. David Peltier (Wingate, Brooklyn, NY) 47.54, 5. Dave Beasley (Central, Detroit, MI) 47.87.

#### 800:

1. James Wharton (Chester, PA) 1:50.86, 2. Pat McCrystle (Jesuit, Carmichael) 1:51.32, 3. James Garrett (Narbonne, Harbor City) 1:51.37, 4. John McNelis (North Comack, NY) 1:51.48, 5. Dwayne Brake (Columbia, Maplewood, NJ) 1:51.50, 6. Bruce Lazarine (Mesquite, TX) 1:52.90, 7.

Fine Flicks by Don Gosney



Mile: (left to right) Harold Kuphaldt, Ken Lowry, Carlos Quinones.

Don Young (St. Joseph, Santa Maria) 1:53.8.

#### Mile:

1. Ken Lowry (Wissahickon, Ambler, PA) 4:05.24 (15th performer all-time), 2. Harold Kuphaldt (Bella Vista, Fair Oaks) 4:06.66, 3. Dub Myers (Parkrose, Portland, OR) 4:08.23, 4. Jeff Williams (Foothill, Tustin) 4:08.46, 5. Carlos Quinones (Killeen, TX) 4:09.5, 6. Robert Sheenan (Cambridge R&L, Cambridge, MA) 4:01.5, 7. J. J. Clark (Columbia, Maplewood, NJ) 4:12.1, 8. Mike Regan (Kapaun Mount Carmel, Wichita, KS) 4:14.8.

#### 3000:

1. Charles Alexander (St. Christopher, Richmond, VA/Stanford-bound) 8:18.56 (14th performer all-time), 2. Dave Anderson (Murray, Salt Lake City, UT) 8:21.43, 3. Grant Whitney (Central, Penfield, NY) 8:21.85, 4. John Ratcliffe (Bonabel, Metairie, LA) 8:21.95, 5. Mark Gosselin (Franklin, Malone, NY) 8:21.99, 6. Jose Vega (Chula Vista) 8:34.9.

#### 110HH (1.81 mps):

1. Steve Kerho (Mission Viejo) 13.58 (Meet record, old 13.70 Cletus Clark [Denton, TX] 1980), 2. Jerome Holland (Sherman, TX) 13.60, 3. Thomas Wilcher (Central, Detroit, MI) 13.65, 4. Stanley Blaylock (Northside, Atlanta, GA) 13.68, 5. Barry Word (Halifax Co., S. Boston, VA) 13.88, 6. Dean McFarlane (Patchogue-Medford, Medford, NY) 14.00.

#### 400H:

1. Thomas Wilcher (Central, Detroit, MI) 41.97 (15th performer all-time), 2. Dean McFarlane (Patchogue-Medford, Medford, NY) 52.07. Others: 5. Steve Kerho (Mission Viejo) 53.83.

#### HJ:

1. Bill Jasinski (Parkview, Springfield, MO) 7-0, 2. Maury Burnett (Washington, LA) 6-10. Others: John Morris (Fairfield) no height.

#### PV:

1. Mark Bruce (Del Rio, TX) 16-6, 2. Mitchell Long (Kennedy, TX) 16-0, 3. Scott Christensen (Acalanes, Lafayette) 15-6, 4. Ricky Wright (Lafayette, LA) 15-0, 5. Tom Heywood (Reed, Sparks, NV) 15-0, 6. Mike Shafe (Lee's Summit, MO) 15-0.

#### LJ:

1. Chris Brooks (Broughton, Raleigh, NC) 25-9w (24-4½), 2. Elton Slater (Lincoln, Pt. Arthur, TX) 25-2½w (24-4), 3. Fred Covington (Fairfield) 23-9¼w (all his jumps were wind-aided), 4. Eric Thomas (Norte Del Rio, Sacramento) 23-5¼w.

#### TJ:

1. Ken Williams (Troy, Fullerton/Cal-bound) 51-10w (49-6¼), 2. Dima Pitterman (South Shore, Brooklyn, NY) 48-11¼w (47-11¼), 3. Chris Brooks (Broughton, Raleigh, NC) 48-5½, 4. Cornell Archie (Fresno) 48-5w (47-8½).

#### SP (12 lb):

1. Jim Banich (Arvada, CO) 88-2½ (17th performer all-time), 2. Barry Walker (Lancaster, OH) 86-1¼, 3. Eddie Ellis (Patchogue-Medford, Medford, NY) 84-11, 4. Marvin Lewis (Burton, TX) 83-5, 5. David Jehring (West, Davenport, IO) 81-9¼, 6. Jim Camp (Paradise Valley, Phoenix, AZ) 81-0, 7. Edgar Mitchell (Central Catholic, Portland, OR) 80-4¼.

#### DR:

1. Jim Banich (Arvada, CO) 202-1 (9th performer all-time), 2. David Niemuth (Oshkosh, WI) 197-0, 3. Barry Walker (Lancaster, OH) 196-11, 4. Dan Katches (Mills, Millbrae) 190-3, 5. Gary Kostrubala (Marist, Chicago, IL) 190-0, 6. Dan Tabish (Hellgate, Missoula, MT) 189-5, 7. David Jehring (West, Davenport, IO) 185-9, 8. Stanley Parker (East, Bellevue, NB) 184-1, 9. Del Datwiler (Roseville) 180-5, 10. Terry Thomas (Howard Career Center, Wilmington, DL) 180-4.

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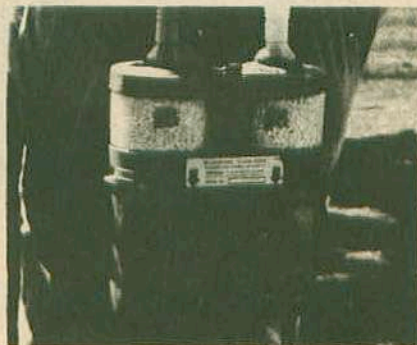
# Why are so many serious runners shelling out \$219 for the PO<sub>2</sub>™ Aerobic Exerciser?

*Runner Magazine* called it "A new invention that could have a profound effect on training." And *Runner's World* described it as "...a device so revolutionary, it may well expand every runner's horizons. Eventually, it may prove to be as meaningful to the runner as his first good pair of running shoes."

No wonder there's been so much excitement over InspirAir's PO<sub>2</sub> Aerobic Exerciser, a portable altitude simulator which allows the serious athlete to combine both sea level training for strength and speed with altitude training for endurance without ever leaving home.

## How it works.

The patented unit is a product of eight years of development and testing by a practicing anesthesiologist and engineer. The PO<sub>2</sub> Aerobic Exerciser duplicates conditions that would be found at moderate altitudes, with the basic unit pre-set to simulate 7,500 feet. As elevation increases, the partial pressure of oxygen decreases. As an example, the ambient or outside air at sea level contains 20.95% oxygen. At 7,500 feet, it's 15.87%.



The PO<sub>2</sub> Aerobic Exerciser accomplishes this without the need to travel to the mountains or to invest in your own altitude chamber. When you inhale ambient air, a portion of the oxygen is absorbed by your lungs, and the rest is expired or exhaled. This expired breath contains approximately 15% oxygen, and is circulated through a breathing hose to the device. A special PO<sub>2</sub> absorbent removes the carbon dioxide from the expired air, and the recycled oxygen is stored in the reservoir tanks until your next breath.

With subsequent breaths, the user is breathing a combination of ambient air and recycled air. This new combination simulates conditions which would be found at 7,500 feet. The size of the orifice or hole in the face mask determines the altitude to be simulated.

Of course you don't use the device all the time. The objective is to develop a training schedule which combines altitude training and sea level training. Simply by putting on the face mask, the user experiences an altitude of 3,500 feet. With mild to moderate exercise, the simulation increases to the pre-set 7,500 foot elevation. To return to sea level, slip off the face mask!

## Advantages of altitude.

Lots of folks seem to be confused about altitude training. But it's no secret that some of the best distance runners in history have been those who have trained at moderate altitudes. When the 1968 Olympics were held in Mexico City (7,300 feet elevation), many of the world's top runners were handicapped at altitude for simple lack of endurance. A special medical symposium following the 1968 Games concluded that future world class runners would be those who could combine sea level training for strength and speed along with altitude training for endurance.

*With the PO<sub>2</sub> Aerobic Exerciser, this is now possible for the first time. Studies show altitude training will greatly enhance sea level performance.*

According to physiologists, altitude training stresses the cardiovascular system so that the body can squeeze more and more energy from the available oxygen. Tests have shown that there is a very real physiological change, as the oxygen transport system is improved. *More energy means more endurance, and more endurance means better performance.* This is particularly important for any endurance activity where the difference between winning and losing is that extra burst of power when everyone else is hitting the wall.

It is no coincidence that so many running physicians have been among the first to order PO<sub>2</sub> Aerobic Exercisers, because they understand the benefits of altitude training. And in a ten week test at the University of Oregon, head track coach Bill Dellinger monitored eight top runners using the PO<sub>2</sub> Aerobic Exerciser. After only the third week of use, there were measurable increases in both red blood cell count and hemoglobin. Extrapolating this data, Coach Dellinger projected that use of the device could turn a 2:12 marathoner into a 2:10:30 winner.

Given the extreme conditioning of these world-classers to start with, this is a dramatic improvement. *As far as the "average" runner is concerned, the potential for increased performance is outstanding.*

## Not just for runners.

The PO<sub>2</sub> Aerobic Exerciser has a direct application for any athlete involved in endurance sports—bicycling, skiing, weightlifting, swimming, mountain climbing, etc.

*A key point is that the athlete can obtain maximum benefit with less effort.* This differs from sport to sport, but translates to more intense training over a shorter period of time. For runners, for instance, the same or greater benefits can be realized with less total mileage, since the runner's system is stressed so much more when running at altitude. And by training less, but with greater intensity, there is an added advantage in that the risk of injury to the muscular-skeletal system is reduced. Injury is often a direct result from over-training—trying to do too much and over-reaching physical limits. The PO<sub>2</sub> Aerobic Exerciser is the answer.

This is also important for the injured athlete, who may not be able to maintain a full training schedule while recovering. During this recovery period, the athlete can nonetheless maintain endurance conditioning using the PO<sub>2</sub> Aerobic Exerciser. There are also increasing numbers of athletes using the device with a stationary bicycle, as the principles of endurance conditioning using the PO<sub>2</sub> Aerobic Exerciser are the same.

## Is it worth it?

The PO<sub>2</sub> Aerobic Exerciser is not an inexpensive training device, but no matter what the sport, the true enthusiast will gladly pay the price if he or she is convinced of its value. In other words, if you get what you pay for—and if it delivers the promised benefits—it's worthwhile. For the runner, the cost of the PO<sub>2</sub> Aerobic Exerciser is roughly equivalent to a year's worth of top-grade running shoes. The shoes continue to wear out, of course, but the PO<sub>2</sub> Aerobic Exerciser will become a vital part of your training regimen for years to come. The only operating expense of the system is the special PO<sub>2</sub> absorbent, which removes the carbon dioxide. Each canister is good for about three and a half hours.

And like anything else in the "better mousetrap" category, it *does* take a while getting used

to, simply because there is nothing else quite like it. The PO<sub>2</sub> Aerobic Exerciser is as light-weight as possible, and mounted on an orthopedically-designed backpack, it weighs only four pounds. It feels strange at first, but you quickly adapt to it.

Wearing the face mask is also a strange feeling, particularly as you feel your system working harder and harder with less oxygen. But then again, that's all part of endurance training. You're supposed to feel the stress.

And some runners have reported initially feeling self-conscious running with the PO<sub>2</sub> Aerobic Exerciser. It *does* draw a lot of attention, for sure. Everyone wants to know what it is, what it does and where to get one.

But when race day comes—when you're out there running head to head for either trophies or your own PR—you're running without the unit, but with a maximal level of endurance for a peak performance. The benefits of altitude training with the PO<sub>2</sub> Aerobic Exerciser make true believers.

## Safety and testing.

The PO<sub>2</sub> Aerobic Exerciser has been tested by more than a dozen universities, research facilities and government agencies over the past year, and these tests are continuing. Interestingly, the U.S. Army's Altitude Research Division is now testing specially-modified units pre-set to simulate 13,000 feet. It's also been the subject of considerable interest in a host of publications including *Sports Illustrated*, *Runner's World*, *The Runner*, the *Los Angeles Times* and others.

The PO<sub>2</sub> Aerobic Exerciser is a significant training device designed for the conditioned athlete. It is not for the out-of-shape armchair athlete, or anyone with a history of heart disease, high blood pressure or related problems.

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# Community College Championships

By Fred Baer

**May 26, Hughes Stadium, Sacramento: California Community College Track & Field Championships.**

California Community Colleges continued their stranglehold on the national JC/CC record book by producing the best ever marks in JC competition in five of the 19 men's scoring events during the 1982 California championships at Sacramento's Hughes Stadium.

Contra Costa soph Byron Criddle took advantage of the same pit that produced an American triple jump record for Willie Banks at last year's TAC Nationals by extending his own week-old JC record from 53-5½ to 53-6½ (zero wind) on his first jump and then to 54-3¼ on his second try (with a +0.51 mps wind). Criddle was the U.S. JC leader last year at 52-5¾. Then twice this year in April he hit national record distances of 52-10 with too much wind before finally getting the elusive standard with a legal (2.5 mph) 53-5½ leap during the Northern California finals at Modesto on May 14.

Foothill soph pole vaulter Ralph Preiman raised the national JC pole vault record for the third time in a month with a 17-6 leap before falling at 18-0½. (Former mark was 17-4 by Charlie Brown of El Camino in 1977.)

Bakersfield soph Albert Lane caught the gun "exactly" to win the 110 high hurdles in 13.75 into a 0.99 mps headwind - fastest ever in JC competition (but inferior to Kerry Bethel's 13.45 for Essex, NJ in the 1978 U.S. Sports Festival at Colorado Springs). A frame-by-frame video-tape analysis after the meet showed Lane moving (legally) one frame after smoke from the gun was visible to defeat defending champ John Johnson of San Joaquin Delta (13.97).

Pasadena CC's Mike Turner, overall American 400 leader at 45.48 entering the meet, shared male athlete of the meet honors with Criddle. The PCC soph won the 400 in a state-meet equalling 45.78 (but missed his goal of Lee Evans' national JC record of 45.2), took the 200 in a calm 20.98, and then anchored the Lancers to a national JC record 3:06.16 in the 1600 relay with a 45.7 split (following Rufus Jackson 48.1, Vincent Bostic 48.5 and Leonard Graham 45.8). Second place Long Beach (3:06.78) also broke Odessa's 3:06.81 mark of 1981. A 3:07.33 was only good for third place for Mt. San Antonio, which got a 46.7 second leg by 1500-800 double winner Sandy Chapman and a 45.9 anchor from IH win-

ner Greg Johnson. (Chapman ranks as the top American collegian in the 800 at 1:47.34 while Johnson is near the college leaders in the Intermediates at 49.88 - although settling for a meet record 50.07 here.)

Long Beach soph Hank Kraychir increased his official national JC shot put record one centimeter to 19.91 (65-4) to overshadow a fine 60-7¼ second place put by Jeff Voorhees of Santa Rosa. (Ron Semkliv's 70-0½ put for Mesa, Arizona, in an all-comers meet in 1974 has never been officially certified or recognized and his "official" best of 64-8 in the 1974 Arizona Community College championships has now been exceeded twice by Kraychir.)

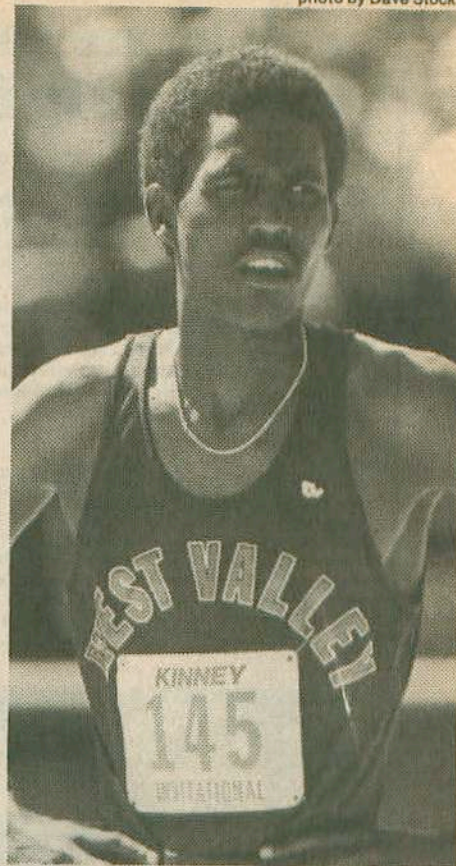
Foothill frosh Ken Smith added a foot to his long jump best to triumph at 25-11½ (after barely getting into the finals at 23-7¼; then ran third in 10.73 in the 100 - which was stolen by Howard Hawkins of Long Beach in 10.58, running on the outside into a slight 0.62 mph headwind).

Long Beach won the sprint relay in 39.82 (with Hawkins anchoring) over Pasadena (40.27) - which was led off by Turner and anchored by Jerome Harrison - the 1981 national high school 100 meter leader. Harrison, who's run 10.2 this year, gained some notoriety at the Mt. SAC Relays when he held a convincing lead over Carl Lewis for the first 65 meters of their 100 race before cramping and pulling up. This was Harrison's for action since then. Another top performance for Pasadena was a 7-4 high jump win by Chris Bonner over four others at 7-0.

Long Beach easily won its fourth straight men's title, with 106 points.

Female athlete of the meet Gwen Gardner was almost enough to give West Los Angeles the women's title with her 52.69 triumph in the 400, 23.69 win in the 200, 12.04 second place to national record holder Ada Hay of Santa Monica in a 11.70 century, and 52.4 anchor on the 1600 relay. But the later came too late as the state-relay leading Ollers needed only a third place in that event for the team title but met misfortune when No. 2 runner Aladrian Hunter dropped the baton on the backstretch. (Hunter earlier won the 100 hurdles in 14.44 by .03 over Marin's Kellie Gaines.)

An inspired 53.2 anchor by Falth Burlison of hometown favorite Sacramento CC gave the Panthers the triumph by a hair in 3:46.42 over Cerritos (3:46.64) and Loretta Jordan (56.6) with Bakersfield well back in third at 3:53.81. West LA settled for seventh in 4:00.52 and third in the meet with 39



**Bob Ingram**  
Steeplechase winner

points behind Santa Monica (44) and Sacramento (39½). (Santa Monica shared the 1981 crown with Cerritos.)

#### MEN'S EVENTS:

**Hammer** (exhibition) 1. Cameron Baxter (Cosumnes) 170-9; 2. Machan Littleton (Fresno) 168-6; 3. Eric Roth (Bakersfield) 161-5; 4. Jim Thies (San Diego Mesa) 158-9; 5. Scott Rohovit (Chabot) 158-8; 6. Curt Thomas (Citrus) 155-4.

**Javelin**: 1. Mark Richardson (Bakersfield) 218-10; 2. Steve Tully (Long Beach) 216-10; 3. Vince Adkins (Riverside) 201-10; 4. Michael Parker (Bakersfield) 201-3; 5. Dave Stephens (Butte) 198-8; 6. Scott Walker (Marin) 197-1.

**3000 Steeplechase**: 1. Bob Ingram (West Valley) 9:02.2; 2. Danny Martinez (Pasadena) 9:12.1; 3. Ray Webb (Bakersfield) 9:15.6; 4. German Aranda (Hancock, Columbia) 9:24.6; 5. Eric Rutherford (Grossmont) 9:27.6; 6. Glenn Lee (Long Beach) 9:32.3.

**Long Jump**: 1. Ken Smith (Foothill) 25-11½; 3. Robert Rust (Long Beach) 24-11¼; 3. Ron Rivers (Long Beach) 24-5¼; 4. Darryll Taylor (Los Angeles City) 24-5w; 5. Gary McCulough (Long Beach) 24-4; 6. Chuck Dounley (Shasta) 24-0¼w.

**400**: 1. Mike Turner (Pasadena) 45.78; 2. Frank Robinson (Los Angeles Valley) 46.65; 3. Leonard Graham (Pasadena) 46.82; 4. George McKinley (Merritt) 47.31; 5. Chris Harper (Shasta) 47.34; 6. Rod Green (Mt. SAC) 47.52.

**1500**: 1. Sandy Chapman (Mt. SAC) 3:50.55; 2. Roger Soler (Hancock, Peru) 3:51.33; 3. Paul Carroza (Butte) 3:52.49; 4. Steve Uchytill (Orange Coast) 3:53.27; 5. Bob Leetch (El Camino) 3:55.45; 6. Jeff Scott (American River) 3:55.52.

**Pole Vault**: 1. Ralph Preiman (Foothill) 17-6; 2. Steve Tully (Long Beach) 16-6; 3. tie Clint Hunt (Bakersfield) and Willie Thoms (Glendale) 15-6; 5. Max Lynn (Mt. SAC) 15-0; 6. Greg Ellis (San Mateo) 15-0.

**800**: 1. Sandy Chapman (Mt. SAC) 1:48.72; 2. Jack Preijers (El Camino) 1:49.30; 3. Howard Gardner (West Los Angeles) 1:49.99; 4. Bob Ingram (West Valley) 1:51.98; 5. Glenn Cunningham (Mt. SAC) 1:52.24; 6. Johnnie Langerston (Merritt) 1:52.94.

**100**: 1. Howard Hawkins (Long Beach) 10.58; 2. Kelvin Jackson (Long Beach) 10.66; 3. Ken Smith (Foothill) 10.73; 4. Mark Wilson (Santa Monica) 10.74; 5. Darren Turner (Long Beach) 10.75; 6. Lyle Jackson (Sacramento) 10.76.

**110 Hurdles:** 1. Albert Lane (Bakersfield) 13.75; 2. John Johnson (Delta) 13.97; 3. Mark Wilson (Santa Monica) 14.23; 4. Leonard Robinson (Delta) 14.24; 5. Byron Bolton (Sacramento) 14.39; 6. Joe Hicks (Hartnell) 14.46.

**400 Hurdles:** 1. Greg Johnson (Mt. SAC) 50.07; 2. Leonard Robinson (San Jose) 51.22; 3. Ron Seanez (Gavilan) 51.52; 4. Michael Chukes (San Jose) 51.53; 5. Ed Riley (Long Beach) 51.77; 6. Ramon Binns (Long Beach) 52.83.

**400 Relay:** 1. Long Beach (Darren Tucker, Kelvin Jackson, DeAndre Jones, Howard Hawkins) 39.82; 2. Pasadena 40.27; 3. Sacramento 40.68; 4. Bakersfield 41.05; 5. Merritt 41.50; 6. Hartnell 41.66.

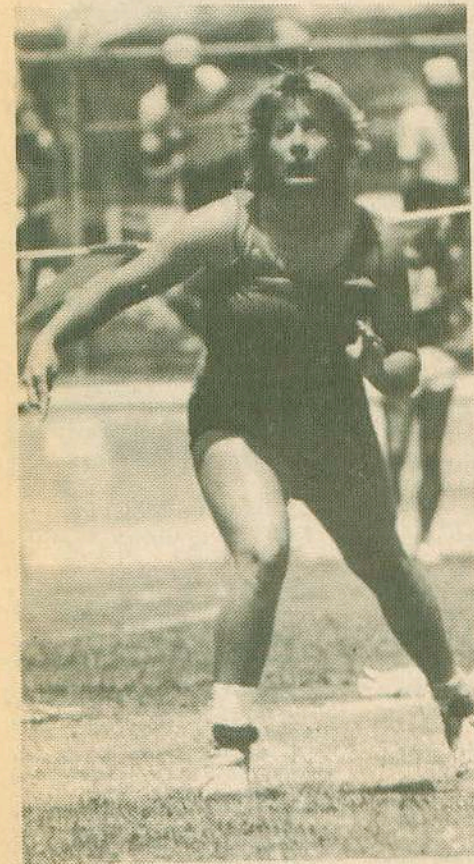
**Discus:** 1. Hank Kraychir (Long Beach) 178-6; 2. Kevin Jefferies (Glendale) 170-2; 3. John Garvey (Skyline) 170-2; 4. Rick Weyers (Foothill) 167-1; 5. Jim Thiss (San Diego Mesa) 163-9; 6. Dave Nagengast (West Valley) 163-6.

**5000:** 1. Mark Ruelas (Citrus) 14:14.05; 2. Roger Soler (Hancock) 14:40.81; 3. Rich Brown (Los Angeles Valley) 14:41.95; 4. Mike Serna (Orange Coast) 14:52.39; 5. Gary Whaler (American River) 14:56.40; 6. Sammy Barra (Monterey) 14:57.88.

**Triple Jump:** 1. Byron Criddle (Contra Costa) 54-3/4; 2. Jerome Hendricks (El Camino) 51-4; 3. Victor Torres (San Jose) 49-10 1/4; 4. Oscar Harris (Long Beach) 49-7 1/2; 5. Danyel Kelly (Pasadena) 49-6 1/4; 6. Darryl Taylor (Los Angeles City) 49-4 1/4.

**1600 Relay:** 1. Pasadena (Rufus Jackson 48.1, Vincent Bostic 46.5, Leonard Graham 45.8, Mike Turner 45.7) 3:06.16; 2. Long Beach 3:06.78; 3. Mt. SAC 3:07.33; 4. El Camino 3:09.96; 5. Merritt 3:13.20; 6. Los Medanos 3:16.04.

**10,000:** 1. Sean Evans (Grossmont) 30:30.7; 2. Dan Gonzalez (Foothill) 30:45.0; 3. Jeff Woodland (San Diego Mesa) 30:55.0; 4. Tom McKeown (Cuesta) 31:17.7; 5. Brian Harold (Orange Coast) 31:23.0; 6. German Aranda (Hancock) 31:24.5.



Liz Mueller  
Javelin winner

**200:** 1. Michael Turner (Pasadena) 20.98; 2. Kelvin Jackson (Long Beach) 21.06; 3. John Johnson (Delta) 21.29; 4. Frankie Robinson (Los Angeles Valley) 21.30; 5. Eric Decater (Contra Costa) 21.31; 6. Lyle Jackson (Sacramento) 21.37.

**Shot Put:** 1. Hank Kraychir (Long Beach) 65-4; 2. Jeff Voorhees (Santa Rosa) 60-7 1/4; 3. Andy Gillam (Santa Rosa) 55-9 1/4; 4. Jim Spillers (Mt. SAC) 55-0 1/4; 5. Pat Neal (Taft) 54-3; 6. Curt Thomas (Citrus) 53-9 1/4.

**High Jump:** 1. Chris Bonner (Pasadena) 7-4; 2. Doug Williams (Sacramento) 7-0; 3. tie Greg Denby (Los Angeles Southwest) and Barry Uzzell (Merced) 7-0; 5. Ron Raymond (Sacramento) 7-0; 6. tie T.J. Bartel (West Valley) and Doug Wells (Chabot) 6-10.

**Team Scores:** 1. Long Beach 106; 2. Pasadena 64; 3. Mt. San Antonio 45; 4. Bakersfield 39; 5. Foothill 38; 6. El Camino and San Jose 22.

**WOMEN'S EVENTS:**

**Javelin:** 1. Liz Mueller (Palomar) 169-10; 2. Barbara Moro (Fullerton) 164-8; 3. Kim Warner (Grossmont) 137-1; 4. Renee Funk (Fresno) 126-4; 5. Stacey Solomon (Los Angeles Southwest) 126-0; 6. Carrie Mullins (Skyline) 123-4.

**Long Jump:** 1. Shiri Milton (Sacramento) 19-6w; 2. Velma McClain (San Bernardino) 19-5 1/4w; 3. Lori Costello (Pasadena) 18-10 1/2; 4. Angela Phiifer (San Jose) 18-10 1/2; 5. Brenda Bertillion (Chabot) 18-10 1/4w; 6. Sabrina Pendleton (Saddleback) 18-9 1/4.

**1500:** 1. Jeanette Allred (American River) 4:34.32; 2. Bonnie Dwyer (San Francisco) 4:35.55; 3. Lynn Hill (Santa Monica) 4:37.45; 4. Sheila Rogers (Butte) 4:37.59; 5. Monica Zieschang (San Mateo) 4:38.01; 6. Laurie Meighan (El Camino) 4:38.08.

**Discus:** 1. Karen Moore (Marin) 139-3; 2. Jac Bergman (DeAnza) 134-7; 3. Kristie Hiatt (Mira Costa) 132-10; 4. Janiene Tribolet (Saddleback) 130-2; 5. Jill Schulz (Yuba) 130-2; 6. Lynne Wingle (Moorpark) 128-9.

**800:** 1. Tressie Gibbs (El Camino) 2:10.99; 2. Kathy Douglass (Contra Costa) 2:11.19; 3. Julie Hawks (Mira Costa) 2:13.38; 4. Dianne Harrell (El Camino) 2:14.15; 5. Linda Spaargaren (Skyline) 2:14.21; 6. Shiela Rogers (Butte) 2:14.33.

**400:** 1. Gwen Gardner (West Los Angeles) 52.69; 2. Elsa Antunez (Santa Monica) 55.32; 3. Cheryl Griffin (Cosumnes) 55.65; 4. Debra Johnson (Los Angeles Southwest) 56.05; 5. Cathie Wilson (Bakersfield) 56.25; 6. Carla Kendrick (Ohlone) 56.35.

**400 Hurdles:** 1. Annie King (San Diego Mesa) 1:02.49; 2. Sue Deese (Lassen) 1:03.31; 3. Cathy Ledesma (Cerritos) 1:03.74; 4. Susie Tasso (Glendale) 1:04.01; 5. Missy Moses (American River) 1:04.37; 6. Sue Patterson (Los Angeles Valley) 1:04.50.

**Shot Put:** 1. Jeanne Gallegos (Los Medanos) 43-8; 2. Kim Childress (El Camino) 43-8; 3. Celeste Carrington (Cerritos) 41-4 1/4; 4. Lynette Colter (Santa Rosa) 41-1 1/2; 5. Caryn Edmonston (Diablo Valley) 40-9 1/4; 6. Jill Schulz (Yuba) 40-9 1/4.

**100 Hurdles:** 1. Aladrian Hunter (West Los Angeles) 14.44; 2. Kelly Gaines (Marin) 14.47; 3. Shiri Milton (Sacramento) 14.78; 4. Rolanne Byrd (Ohlone) 15.08; 5. Lynne Wingle (Moorpark) 15.11; 6. Tawny Singleton (Ventura) 15.22.

**100:** 1. Ada Hay (Santa Monica) 11.70; 2. Gwen Gardner (West Los Angeles) 12.04; 3. Faith Burleson (Sacramento) 12.19; 4. Cynthia Miller (Contra Costa) 12.31; 5. Chris Cooksey (San Diego City) 12.33; 6. Aladrian Hunter (West Los Angeles) 12.59.

**400 Relay:** 1. Citrus (Lisa Welton, Rochelle Vance, Teri Brown, Stephanie Brown) 47.02; 2. Santa Monica 47.27; 3. San Bernardino 48.35; 4. Cerritos 48.48; 5. Delta 49.19; 6. Fresno 49.41.

**High Jump:** 1. Deon Villa (Cerritos) 5-7; 2. Deanna Johnson (Grossmont) 5-6; 3. tie Angela Phiifer (San Jose) and Sue Patterson (Los Angeles Valley) 5-6; 5. Jackie Walker (DeAnza) 5-6; 6. tie Teresa Misso (Modesto), Deanne Malvino (Santa Rosa) and Bathsbeba Gilmore (Sacramento) 5-4.

**3000:** 1. Renee Wyckoff (Sequoias) 9:47.41; 2. Laurie Crisp (Modesto) 9:58.19; 3. Barbie Ludovise (Orange Coast) 10:01.39; 4. Lynn Hill (Santa Monica) 10:02.24; 5. Renee Williams (El Camino) 10:04.43; 6. Erin Sherman (El Camino) 10:04.56.

**200:** 1. Gwen Gardner (West Los Angeles) 23.69; 2. Ada Hay (Santa Monica) 23.77; 3. Faith Burleson (Sacramento) 24.28; 4. Stephanie Brown (Citrus) 25.28; 5. Katie Gaston (SD Mesa) 25.31; 6. Shiri Milton (Sacramento) 25.44.

**1600 Relay:** 1. Sacramento (Shiri Milton 57.5, Tara Redmond 58.4, Bathsbeba Gilmore 59.3, Faith Burleson 53.2) 3:46.42; 2. Cerritos 3:46.64; 3. Bakersfield 3:53.61; 4. El Camino 3:55.74; 5. Contra Costa 3:57.47; 6. Hartnell 3:58.0.

**Team Scores:** 1. Santa Monica 44; 2. Sacramento 39 1/2; 3. West Los Angeles 39; 4. Cerritos 34; 5. El Camino 30; 6. Contra Costa & Marin 18.



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# 1982 Championship Meets

## NAIA District 3 Championships

May 7, 8: Santa Barbara: NAIA District 3 Championships.

### MEN'S EVENTS:

**Shot Put:** 1. Doug Barnett (Azusa) 57-0¼; 2. Roger Axelsson (Pt. Loma) 52-11¼; 3. Bill Farr (Cal Lutheran) 50-3¼.

**Long Jump:** 1. Mike James (Cal Lutheran) 22-3; 2. Ado Dogonyaro (Biola) 21-4¼; 3. Murray Robinson (UCSD) 21-4¼.

**Steeplechase:** 1. Paul Croft (Westmont) 9:05.2; 2. Brian Barton (UCSD) 9:16.0; 3.

Swenson (Pt. Loma) 3:54.3.

**High Jump:** 1. Jeff Lavender (Westmont) 6-7; 2. Joe West (Westmont) 6-5; 3. Steve Knowles (Cal Tech) 6-3.

**400:** 1. Dave Geist (Cal Lutheran) 47.9; 2. Kevin Russell (Biola) 48.2; 3. Ted Campbell (Azusa) 48.3.

**Hammer:** 1. Doug Barnett (Azusa) 220.9; 2. John Woltarsky (Azusa) 179-10; 3. Ron Ponciono (Azusa) 178-10.

**Pole Vault:** 1. Kris Wessmark (Pt. Loma) 15-0; 2. Jim Hartman (Pt. Loma) 13-0; 3. Ted Campbell (Azusa) 12-6.

**800:** 1. Zeke Rodriguez (Azusa) 1:52.8; 2. Tom Engel (Redlands) 1:52.8; 3. Chris Gonzales (Azusa) 1:53.6.

**110 Hurdles:** 1. Kris Wessmark (Pt. Loma) 14.7; 2. Brian Woodward (Azusa) 15.2; 3. Mike McGuire (Biola) 15.3.

**400 Hurdles:** 1. Mike Martinez (Azusa) 54.1; 2. Ado Dogonyaro (Biola) 56.0; 3. Scott Bloom (Cal Tech) 56.7.

**200:** 1. Innocent Egbunike (Azusa) 20.7; 2. Ithem Blackman (Azusa) 21.8; 3. Jim Shalongo (Azusa) 22.8.

**Javelin:** 1. Mike Barnett (Azusa) 223-2; 2. John Hunt (Azusa) 203-4; 3. Marty Honea (Pt. Loma) 199-3.

**10,000:** 1. Tomas Andersson (Pt. Loma) 31:31.0; 2. Jon Black (Cal Lutheran) 31:38.7; 3. Robert Scott (Westmont) 32:01.1.

**Decathlon:** 1. Marty Honea (Pt. Loma) 6415; 2. Sam Tilton (Azusa) 6143; 3. Matt Carney (Cal Lutheran) 6085.

**1 Mile Relay:** 1. Azusa 3:15.7; 2. Westmont 3:21.9; 3. Biola 3:25.1.

**Team Scores:** Azusa Pacific 234¼; Point Loma 129; California Lutheran 78; Biola 72¼; Westmont 71; UC San Diego 36; Cal Tech 14¼; Univ. Redlands 10; LaVerne 3.

### WOMEN'S EVENTS:

**Discus:** Corrine Dejong (Azusa) 130-9. **5000:** Liz Garman (Azusa) 18:39.7. **High Jump:** Charmaine Collins (Azusa) 5-4. **100:** Shari Baldmir (Pt. Loma) 12.7. **Javelin:** Donna McDonough (Azusa) 125-4. **Shot Put:** Donna McDonough (Azusa) 36-9¼.

**400 Relay:** Pt. Loma 50.9. **200:** Shari Baldmir (Pt. Loma) 26.5. **400 Hurdles:** Leah Barham (Azusa) 69.72. **1500:** Marilyn Martin (Pt. Loma) 4:47.2. **800:** Marilyn Martin (Pt. Loma) 2:20.1. **3000:** Liz Garman (Azusa) 10:27.9. **Long Jump:** Shari Baldmir (Pt. Loma) 18-3¼. **400:** Lucy Saaverda (Azusa) 62.3. **100 Hurdles:** Leah Barham (Azusa) 17.1. **1 Mile Relay:** Point Loma 4:16.2. **Team Scores:** Azusa Pacific 92, Point Loma 68, Westmont 6.

## WAC Championship

From Alberto Bazan

May 7-8, El Paso: Western Athletic Conference Championship.

**Steeplechase:** 1. Graham Fell (SDSU) 8:45.88; 2. Sam Noatia (UTEP) 8:48.81; 3.

Ibrahim Hussein (NM) 8:52.27.

**10,000:** 1. Gidamis Shahanga (UTEP) 29:27.28; 2. Zak Barie (UTEP) 29:29.15; 3. Ibrahim Juma (NM) 29:30.00.

**Long Jump:** 1. Dwayne Rudd (NM) 25-4¼; 2. Fidelis Ndyabagye (NM) 24-8¼.

**Discus:** 1. Goran Svensson (BYU) 204-3; 2. Carlos Scott (UTEP) 196-9; 3. Richard Slaney (SDSU) 187-7.

**Hammer:** 1. Bystedt (BYU) 235-8; 2. Johnsen (UTEP) 213-9; 3. Goran Svensson (BYU) 210-7.

**400 Relay:** 1. SDSU (Austin Shanks, Mike Adkins, Kevin Shields, Chris Blaylock) 40.5; 2. UTEP 40.8; 3. CSU 41.6.

**1500:** 1. Suleiman Nyambui (UTEP) 3:43.68; 2. Ibrahim Hussein (NM) 3:50.64; 3. Phil Peterson (BYU) 3:56.58.

**110 Hurdles:** 1. Lorenzo Zackery (CSU) 14.84; 2. Charlie Davis (UTEP) 14.75; 3. Ken Brajevich (SDSU) 15.03.

**400:** 1. Bert Cameron (UTEP) 45.08; 2. Alonzo Bahers (AFA) 46.41; 3. Chris Blaylock (SDSU) 46.88.

**400 Hurdles:** 1. Lorenzo Zackery (CSU) 51.1; 2. Austin Shanks (SDSU) 51.7; 3. Eldridge Taylor (SDSU) 51.8.

**200:** 1. Fabian Whymns (UTEP) 21.16; 2. Kevin Shields (SDSU) 21.74; 3. Brad Jackson (BYU) 22.04.

**Triple Jump:** 1. Norbert Elliott (UTEP) 51-0½; 2. Cameron Gary (SDSU) 50-8; 3. Dwayne Rudd (NM) 49-7¼.

**Shot Put:** 1. Carlos Scott (UTEP) 62-0; 2. Goran Svensson (BYU) 59-6½; 3. Mike Flynn (AFA) 52-8¼.

**Javelin:** 1. Jari Keithao (BYU) 184-1; 2. Lars Henriksson (BYU) 231-1; 3. John Hanson (SDSU) 221-9.

**Pole Vault:** 1. Tim McIntyre (SDSU) 16-2½; 2. George Barber (UTEP) 16-2½; 3. Jay Novacek (Wyo) 16-2½.

**5000:** 1. Suleiman Nyambui (UTEP) 13:58.41; 2. Idamis Shahanga (UTEP) 13:58.67; 3. Zak Barie (UTEP) 13:59.8.

**1 Mile Relay:** 1. UTEP (Joe Ramotshabi, George Mehale, Guy Hill, Bert Cameron) 3:13.13; 2. AFA; 3. SDSU.

**100:** 1. Fabian Whymns (UTEP) 10.4; 2. Kevin Shields (SDSU) 10.82; 3. Dwayne Rudd (NM) 10.83.

**800:** 1. George Mehale (UTEP) 1:48.5; 2. Pete Serna (NM) 1:48.9; 3. Dan Rojas (AFA) 1:49.5.

**High Jump:** 1. Milt Ottey (UTEP) 7-6½; 2. Dave Stapleton (SDSU) 7-2¼; 3. Mark Davenport (Ut) 7-0¼.

**Team Scores:** 1. Texas El Paso 208; 2. San Diego State 123; 3. Brigham Young 103; 4. New Mexico 93; 5. Colorado State 50; 6. Air Force Academy 43; 7. Utah 16; 8. Wyoming 13.

## Far Western Conf Championships

May 14-15, Humboldt State: Far Western Conference Championships.

**10,000:** 1. Danny Grimes (Humboldt) 30:54.18; 2. Shawn Smallwood (Davis)

31:14.08; 3. Bob Goreika (Davis) 31:16.84; 4. Mike Baca (Humboldt) 31:22.16; 5. Dan Harvey (Davis) 31:34.24; 6. Dave Grimes (Davis) 31:52.02.

**Long Jump:** 1. Marcus McGlory (Hayward) 23-8¼; 2. Tim Gelonek (Davis) 23-4¼; 3. Kanda Bonty (Chico) 22-8.

**Shot Put:** 1. Don Hoff (Chico) 57-3½; 2. Matt Fuchs (Chico) 56-3½; 3. Ken Milleman (Chico) 52-10¼.

**Decathlon:** 1. Ron Jenkins (Chico) 6878; 2. Don Lawson (Hayward) 6679; 3. Mark Chamberlin (Humboldt) 6102.

**Hammer:** 1. Dave Debus (Hayward) 187-4; 2. Bob Bush (Sacramento) 178-5; 3. Dennis Dalton (Davis) 169-2.

**400 Relay:** 1. Stanislaus 41.45; 2. Sacramento 41.83; 3. Davis 41.93.

**Steeplechase:** 1. Tim Gruber (Humboldt) 9:04.44; 2. Greg Fogg (Chico) 9:11.56; 3. Frank Ebner (Humboldt) 9:13.17; 4. Lee Young (Sacramento) 9:19.73.

**1500:** 1. Chris Hood (Chico) 3:48.16; 2. Sean Palmer (Chico) 3:48.88; 3. Dave Maldonado (Sacramento) 3:51.40.

**110 Hurdles:** 1. Dean Williams (Chico) 14.57; 2. Ed Alazraqui (Davis) 14.65; 3. John Newhall (Sacramento) 14.84.

**400:** 1. Al Jones (Stanislaus) 47.27; 2. Shawn Rogers (Davis) 47.85; 3. George Patterson (Sacramento) 48.48; 4. Danny King (Humboldt) 48.83; 5. Headly Chambers (Sacramento) 48.87.



Marcus McGlory  
FWC Long Jump Champ

**100:** 1. Wendie McNeal (Hayward) 10.43; 2. Bill Stone (Stanislaus) 10.53; 3. Coy Justice (Hayward) 10.76.

**High Jump:** 1. Mike Jones (Davis) 6-8; 2. Tim Gelonek (Davis) 6-8; 3. Jim Moran (Hayward) 6-6.

**Javelin:** 1. Mike Jones (Davis) 230-8; 2. Mel Yarbort (Davis) 216-2; 3. Matt Fuchs (Chico) 212-10.

**400 Hurdles:** 1. Sandy Lebeaux (Hayward) 52.44; 2. Rich Luttrell (Davis) 53.46; 3. Jon Defty (Davis) 54.46.

**800:** 1. Paul Hill (Davis) 1:54.38; 2. Marcos Silva (Chico) 1:54.45; 3. Bruce Orner (Chico) 1:54.72; 4. Seth Roberts (Chico) 1:54.84; 5. Dave Russell (Sacramento) 1:54.93.

**Triple Jump:** 1. Floyd Gipson (Sacramento) 50-2¼; 2. Marcus McGlory (Hayward) 49-6¼; 3. Mike Grissett (Chico) 47-10.

**200:** 1. Wendie McNeal (Hayward) 21.30; 2. Bill Stone (Stanislaus) 21.89; 3. Mark Taylor (Sacramento) 21.86.

**5000:** 1. Danny Grimes (Humboldt) 14:02.48; 2. Shawn Smallwood (Davis) 14:50.27; 3. Tim Gruber (Humboldt) 14:50.43.

**Discus:** 1. Dave Debus (Hayward) 51.72; 2. Ken Milleman (Chico) 49.04; 3. Don Hoff (Chico) 159-6.



Innocent Egbunike  
NAIA Champion

Dave Maxwell (Cal Lutheran) 9:28.0.

**Discus:** 1. Roger Axelsson (Pt. Loma) 183-4; 2. Doug Barnett (Azusa) 182-8; 3. Eric Benson (Azusa) 159-9.

**5000:** 1. Tomas Andersson (Pt. Loma) 14:45.8; 2. Ricky Perez (Pt. Loma) 14:46.2; 3. Robert Scott (Westmont) 14:54.4.

**Triple Jump:** 1. Ado Dogonyaro (Biola) 46-4¼; 2. Rick Stace (Biola) 46-1¼; 3. Robert Small (Azusa) 45-5¼.

**400 Relay:** 1. Azusa 42.3; 2. Biola 43.2; 3. Point Loma 43.3.

**1500:** 1. Chris Bowls (UCSD) 3:53.4; 2. Zeke Rodriguez (Azusa) 3:53.6; 3. Scott

**Pole Vault:** 1. Frank Lyons (Chico) 15-5½; 2. Paul Early (Chico) 14-11½; 3. Mike Phillips (Chico) 14-11½.

**1600 Relay:** 1. Davis 3:14.60; 2. Stanislaus 3:15.36; 3. Chico 3:17.00.

**Team Scores:** 1. Chico State 172; 2. UC Davis 161; 3. Hayward State 114; 4. Sacramento State 78; 5. Humboldt State 65; 6. Stanislaus State 54; 7. San Francisco State 3.

## WCAA Conf. Championships

**May 14-15, USC Cromwell Field: Western Collegiate Athletic Association Championship.**

**3000:** 1. Monica Joyce (SDSU) 9:01.78; 2. Eva Ernstom (SDSU) 9:09.88; 3. Lynn Kanuka (SDSU) 9:13.89; 4. Joy Hansen (UA) 9:26.41; 5. Sabrina Peters (ASU) 9:38.49.

**Javelin:** 1. Dodie Campbell (ASU) 162.5; 2. Jacque Nelson (UCLA) 158.8; 3. Martha Hart (UA) 156.8; 4. Debie Dobb (SDSU) 150.3; 5. Charm Bishop (USC) 134.1.

**Shot Put:** 1. Meg Ritchie (UA) 54.4; 2. Ramona Pagel (CSULB) 52.6¾; 3. Peggy Pollack (CSULB) 49.9¾; 4. Leslie Deniz (ASU) 49.0½; 5. Jennifer Lemke (ASU) 48.5.

**Long Jump:** 1. Sandy Crabtree (USC) 19-11½; 2. Anna Van (ASU) 19-3½; 3. Carrie McLaughlin (SDSU) 19-1½; 4. Ervete Moore (ASU) 18-11½; 5. Deborah Thurston (UCLA) 18-10.

**10,000:** 1. Jan Oehm (UA) 34:15.50; 2. Eliza Carney (UA) 34:52.12; 3. Deborah Chaddock (SDSU) 35:15.31; 4. Liz Baker (SDSU) 35:54.30; 5. Joni Weaver (SDSU) 38:46.29.

**400 Relay:** 1. ASU (Gowdy, Ware, Washington, Chapple) 45.57; 2. UA 45.61; 3. SDSU 45.69; 4. CSULB 48.08; 5. USC 49.20.

**1500:** 1. Monica Joyce (SDSU) 4:15.68; 2. Eva Ernstom (SDSU) 4:17.85; 3. Lynn Kanuka (SDSU) 4:18.65; 4. Anthea James (UA) 4:24.01; 5. Joy Hansen (UA) 4:24.87.

**100 Hurdles:** 1. Linda Bourn (SDSU)

13.99; 2. Robin Marks (UA) 14.05; 3. Lori Smith (SDSU) 14.09; 4. Barbara Veasley (ASU) 14.55; 5. Yolanda Bryson (SDSU) 15.05.

**400:** 1. Ruth Nganga (UA) 53.88; 2. Faye Paige (CSULB) 54.05; 3. Latanya Sheffield (SDSU) 54.55; 4. Cindy Cumbess (UCLA) 54.76; 5. Donna Charles (SDSU) 55.75.

**800:** 1. Monica Joyce (SDSU) 2:05.57; 2. Sandy Beach (ASU) 2:08.78; 3. Donna Curtis (USC) 2:09.84; 4. Susan Hemond (SDSU) 2:09.95; 5. Andrea Ward (UCLA) 2:13.06.

**100:** 1. Sharon Ware (ASU) 11.6(h); 2. Lori Smith (SDSU) 11.83; 3. Felicia DuPuch (UA) 12.12; 4. Linda Bourn (SDSU) 12.28; 5. Anna Van (ASU) 12.62.

**Discus:** 1. Meg Ritchie (UA) 216.8; 2. Leslie Deniz (ASU) 194.4; 3. Laura DeSnoo (SDSU) 167.0; 4. Ramona Pagel (CSULB) 159.4; 5. Diane Arens (UA) 149.6.

**200:** 1. Teri Chapple (ASU) 24.00; 2. Lori Smith (SDSU) 24.15; 3. Felicia DuPuch (UA) 24.15; 4. Denise Gowdy (ASU) 24.56; 5. Pam Hatley (SDSU) 25.56.

**400 Hurdles:** 1. Robin Marks (UA) 57.91; 2. Audrey Williams (UA) 61.88; 3. Janice McDowell (USC) 62.42; 4. Anne Lindemuth (SDSU) 62.85; 5. Allison Reed (CSUF) 64.10.

**High Jump:** 1. Charmaine Gale (UA) 6-0; 2. Karl Gosswiller (UCLA) 5-11; 3. Cindy Holmes (UA) 5-9¾; 4. Wendy Craig (SDSU) 5-7; 5. Lori Anderson (ASU) 5-7.

**5000:** 1. Eva Ernstom (SDSU) 16:11.34; 2. Lynn Kanuka (SDSU) 16:26.32; 3. Maria Trujillo (ASU) 16:44.04; 4. Eliza Carney (UA) 17:06.03; 5. Liz Baker (SDSU) 17:15.29.

**1600 Relay:** 1. UA 3:41.71; 2. SDSU 3:46.03; 3. ASU 3:47.52; 4. CSUF 3:54.74; 5. USC 3:56.14.

**Heptathlon:** 1. Kerry Zwart Bell (USC) (15.12, 44-11, 5-6¼, 26.34, 19-0¼, 114-2, 2:23.56) 5500; 2. Carrie McLaughlin (SDSU) 5478; 3. Roxanne Keating (UA) 5110; 4. Stacia Allen (SDSU) 4758; 5. Christy Jozwiak (ASU) 4729.

**Team Scores:** 1. San Diego State 193½; 2. University of Arizona 149; 3. Arizona State 109; 4. USC 38; 5. Cal State Long Beach 33¼; 6. UCLA 25; 7. Cal State Fullerton 7.

## California Relays

**May 14, Modesto: California Relays.**

**Hammer:** 1. Dave McKenzie (Unatt) 232.4; 2. Ed Burke (Unatt) 228-1; 3. Andy Bisette (NYAC) and John McArdle (Oregon TC) 227-3.

**Women's Shot Put:** 1. Maria Sarria (Cuba) 59-0¾; 2. Julie Jones (BYU) 49-10; 3. Jennifer Smit (UTEP) 49-5¼.

**Women's Javelin:** 1. Elaine Sundby (Millbrae Lions) 158-4; 2. Kristen Engle (UC Berkeley) 147-0; 3. Coralisa HOWARD (US Army) 144-2.

**Discus:** 1. Luis Delis (Cuba) 228-3; 2. Imrich Bugar (Czechoslovakia) 219-9; 3. Art Burns (Athletics West) 218-4.

**400 Relay:** 1. Philadelphia Pioneers (Rudy Levantny, Steve Ridick, Fred Taylor, Bill Collins) 39.34; 2. USC Track Club 39.55; 3. Abilene Christian 40.35.

**Steeplechase:** 1. Henry Marsh (Athletics West) 8:40.6; 2. James Munyala (Kenya) 8:42.6; 3. Harrison Koroso (Kenya) 8:43.8.

**Women's Long Jump:** 1. Lorraine Ray (Stanford) 20-1¼; 2. Sabrina Brown (Maccabi) 20-1; 3. Lin Yuen Hsiang (China) 19-10¼.

**Women's 100:** 1. Diane Williams (LA Naturite) 11.36; 2. Jodie Anderson (LA Naturite) 11.75; 3. Sabrina Brown (Maccabi) 11.95.

**Women's High Jump:** 1. Joni Huntley (Pacific Coast) 6-2¾; 2. Susanne Lorenzon (UTEP) 5-11; 3. Kathy Raugust (UC Berkeley) 5-9.

**Women's 800:** 1. Yvonne Hannus (Stanford TC) 2:06.7; 2. Rochelle Collins (UTEP) 2:09.6; 3. Michelle Hopper (Medalist) 2:09.7.

**110 Hurdles:** 1. Milan Stewart (USC TC) 13.44; 2. Larry Cowling (UC Berkeley) 13.46; 3. Rodney Wilson (Villanova) 13.60.

**100:** 1. Carl Lewis (Santa Monica TC) 10.00; 2. Darwin Cook (USC) 10.20; 3. Mike Sanford (USC TC) 10.26.

**Javelin:** 1. Bruce Kennedy (Pacific Coast) 253-7; 2. Mike Juskus (NYAC) 251-11; 3. Chen Hong Yen (China) 249-11.

**800:** 1. John Trott (Idaho) 1:48.2; 2. Leroy Robinson (Idaho) 1:48.8; 3. Mark Fricker (Oregon State) 1:49.2.

**3200 Relay:** 1. Inner City AC 7:18.1; 2. Villanova 7:19.4; 3. Arizona State 7:19.6.

**Women's 200:** 1. Kella Bolton (Stanford) 23.72; 2. Alice Brown (Wilts) 23.91; 3. Sandra Howard (LA Naturite) 24.39.

**400 Hurdles:** 1. Eddie Loughridge (All American) 51.71; 2. Ron Kennedy (Maccabi) 51.74; 3. Gary Shumway (Stanford) 51.83.

**800 Relay:** 1. Philadelphia Pioneers 1:21.13; 2. Abilene Christian 1:23.17; 3. Maccabi 1:24.79.

**Pole Vault:** 1. Billy Olson (Pacific Coast) 18-6½; 2. Dave Volz (Indiana) 18-0; 3. Steve Lawry (Maccabi) 17-6.

**Women's Discus:** 1. Lorna Griffin (Athletics West) 185-4; 2. Kathy Picknell (Oregon TC) 179-1; 3. Carol Cady (Stanford) 175-6.

**Women's 400:** 1. Rosalyn Bryant (LA Naturite) 52.99; 2. Evelyn Ashford (Medalist) 53.04; 3. Sharon Dabney (LA Naturite) 54.88.

**400:** 1. Adrian Rogers (Maccabi) 46.03; 2. Tim Peters (Phil. Pioneers) 46.05; 3. Michael Paul (Phil. Pioneers) 46.17.

**Mile:** 1. Churck Aragon (Athletic Attic) 4:01.6; 2. Andy Clifford (AIA) 4:02.6; 3. Andy DiConti (Sub 4) 4:03.0.

**Shot Put:** 1. Dean Crouser (Oregon) 67-4; 2. Brian Oldfield (Chicago TC) 66-3; 3. Al Feuerbach (Athletics West) 65-7¾.

**High Jump:** 1. Tyke Peacock (Unatt) 7-4½; 2. Mill Ottey (UTEP) 7-4½; 3. Joe Radan (Maccabi) 7-2¼.

**5000:** 1. Paul Cummings (New Balance) 13:38.4; 2. Doug Padilla (Athletics West) 13:51.0; 3. Ed Arriola (Sub 4) 14:05.8.

**Triple Jump:** 1. Ajayi Agbebaku (Nigeria) 54-3¼; 2. Cary Tyler (AIA) 54-2½; 3. Ray Kimble (Bay Area Striders) 52-6.

**Long Jump:** 1. Jason Grimes (Athletics West) 26-5¼; 2. Lee MuTsai (China) 25-10¾; 3. Mike McRae (Bay Area Striders) 25-6.

**200:** 1. Bill Collins (Phil. Pioneers) 20.79; 2. Mark Kent (Inner City) 20.88; 3. George Crunkleton (Maccabi) 21.12.

**1600 Relay:** 1. Philadelphia Pioneers 3:04.8; 2. UC Berkeley 3:05.7; 3. Villanova 3:06.5.



Alice Brown  
California Relays 200

## PCAA Championships

**May 13-14, Logan, Utah: Pacific Coast Athletic Conference Championships.**

**Hammer:** 1. Bill Green (Long Beach) 224-0; 2. Matt Mileham (Fresno) 224-0; 3. Steve Rohovit (Long Beach) 205-4; 4. Greg Vitucci (Fresno) 175-1; 5. Ron Fritzemier (Fresno) 168-4.

**Steeplechase:** 1. Barasa Thomas (Fresno) 9:06.24; 2. Mike Tylman (Irvine) 9:15.86; 3. Bob Henke (Utah State) 9:19.05; 4. Rick Harbaugh (Irvine) 9:25.66; 5. Tom Hussey (San Jose) 9:38.66.

**Discus:** 1. Paul Bender (Fresno) 173-1; 2. Bob Cook (San Jose) 168-8; 3. Brett Mickelson (Utah) 166-4; 4. Duane Clark (Irvine) 162-4; 5. Chris Kilpatrick (Santa Barbara) 161-3.

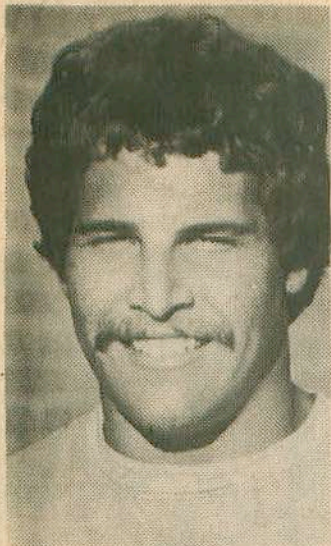
**Pole Vault:** 1. Felix Bohni (San Jose) 18-0½; 2. Ken Corney (Long Beach) 17-4¾; 3. Corey Johnson 16-10¾; 4. Bob Babits (San Jose) 16-5; 5. Kurt Strasmann (Long Beach) 15-11.

**Triple Jump:** 1. Henry Ellard (Fresno) 52-6¾; 2. Rick Holliday (Irvine) 50-11.3; 3. Randy Scott (San Jose) 47-8; 4. Craig Roberts (San Jose) 46-10½; 5. Mike Powell (Irvine) 46-3¼.

**10,000:** 1. John Gerhardt (Irvine) 31:29.81; 2. Simon Kibbi (San Jose) 31:29.91; 3. Peter Dolan (Santa Barbara) 32:12.46; 4. Barasa Thomas (Fresno) 32:16.27; 5. Art Centenas (Long Beach) 32:38.82.



Kerry Zwart Bell - WCAA Heptathlon Champ



**Bill Green**  
PCAA Hammer Champ

**Long Jump:** 1. Esodina Alchade (San Jose) 25-0; 2. Paul Jones (Utah) 24-7; 3. Mike Powell (Irvine) 24-2½; 4. Darryl Miller (Long Beach) 24-1¼; 5. Henry Eillard (Fresno) 24-0¼.

**Shot Put:** 1. Rob Suelflohn (San Jose) 60-1¼; 2. Don Crow (Fresno) 53-11¼; 3. Mark Carter (Utah) 51-7¼; 4. Duane Clark (Irvine) 50-5½; 5. Tom Peterson (Fresno) 49-7.

**400 Relay:** 1. San Jose (Keith Bacon, Virgil Torrence, Dwayne Green, Ken Thomas) 40:27; 2. Irvine 40:30; 3. Fresno 40:84; 4. Utah 40:78.

**1500:** 1. Tom Hussey (San Jose) 3:52.58; 2. Gary Gonzales (Fresno) 3:53.59; 3. Joe Young (Irvine) 3:54.56; 4. Scott Mayfield (Fresno) 3:55.39; 5. Stan Madrid (Fullerton) 3:55.67.

**110 Hurdles:** 1. Stan Longino (Irvine) 14.38; 2. Frank Williamson (Fresno) 14.40; 3. Thorvalour Thorsson (San Jose) 14.47; 4. Mike Hawthorne (San Jose) 14.57; 5. Jerome Bearden (San Jose) 14.95.

**400:** 1. Eddie Carey (Irvine) 46.51; 2. Harry Campbell (San Jose) 47.23; 3. Chris Prietto (Irvine) 47.31; 4. Harold Todd (Irvine) 10.88; 5. Virgil Torrence (San Jose) 10.98.

**800:** 1. Steve Kirchoff (Irvine) 1:50.21; 2. Juan Neucke (Irvine) 1:50.52; 3. Reggie Green (San Jose) 1:50.60; 4. Larry Hand (Irvine) 1:50.61; 5. Alan Henry (Long Beach) 1:52.02.

**Javelin:** 1. Neal Mower (Utah) 222-8; 2. Dan Baron (Long Beach) 220-5; 3. Jerry Liner (Long Beach) 209-11; 4. Tom Peterson (Fresno) 206-9; 5. Shawn Petty (San Jose) 197-3.

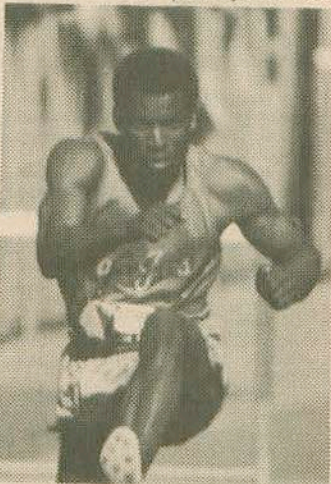
**400 Hurdles:** 1. Bernie Holloway (San Jose) 49.30; 2. Scott Walker (Utah) 50.56; 3. Thorvalour Thorsson (San Jose) 52.19; 4. Jerome Bearden (San Jose) 52.65; 5. Ray Valdivia (Irvine) 52.74.

**200:** 1. Eddie Carey (Irvine) 20.90; 2. Harold Todd (Irvine) 21.32; 3. Dwayne Green (San Jose) 21.48; 4. Rene Scott (Fresno) 21.51; 5. Chris Prietto (Irvine) 21.56.

**5,000:** 1. Simon Killili (San Jose) 14:53.44; 2. John Gerhardt (Irvine) 15:01.12; 3. Charlie Christensen (Irvine) 15:17.86; 4. Scott Mayfield (Fresno) 15:21.21; 5. Rick Harbaugh (Irvine) 15:26.13.

**1 Mile Relay:** 1. San Jose (Dwayne Green, Harry Campbell, Paul Jones, Bernie Holloway) 3:09.34; 2. Irvine 3:10.81; 3.

photo by Dave Stock



**Bernie Holloway**  
PCAA I.H. Champ

Fresno 3:11.81; 4. Utah 3:13.41; 5. Santa Barbara 3:21.60.

**High Jump:** 1. Mel Baker (Long Beach) 7-2¼; 2. Ie Mark Birch (Utah) and Mike Powell (Irvine) 6-11½; 4. Kelly Newbold (Utah) 6-11½; 5. Ie Randy Scott (San Jose) and Dan McNamara (Fresno) 6-9¼.

**Decathlon:** 1. Jon Serrano (Santa Barbara) 6958; 2. Tom Mcraw (San Jose) 6782; 3. Bill Hartnett (Santa Barbara) 6686; 4. Thor Thorsson (San Jose) 6587; 5. Craig Yager (Santa Barbara) 6319.

**Team Scores:** 1. San Jose State 105½; 2. UC Irvine 87½; 3. Fresno State 59½; 4. Utah State 35½; 5. Long Beach State 31; 6. UC Santa Barbara 16; 7. Cal State Fullerton 1.

## CCAA Championships

May 14, 15: Cal Poly Pomona: California Collegiate Athletic Association Championships.

**Hammer:** 1. Ron McKee (Northridge) 186-6; 2. Mike Fritchman (Bakersfield) 176-4; 3. Kevin Goode (Northridge) 171-8; 4. Dan Goodman (Northridge) 167-6; 5. Aaron Buckholtz (Northridge) 157-6.

**Long Jump:** 1. Ron Waynes (Cal Poly SLO) 24-11¼; 2. Terry Armitage (Cal Poly SLO) 24-4¼; 3. Rodney McMillan (Cal Poly Pomona) 24-3; 4. Don Boardingham (Northridge) 23-11¼; 5. Banard Atkins (Cal State L.A.) 23-11.

**Javelin:** 1. Paul Kulak (Northridge) 243-1; 2. Kevin Goode (Northridge) 222-0; 3. Mike Fritchman (Bakersfield) 203-7; 4. Joe Rodriguez (Riverside) 201-8; 5. Mark Feaster (Cal Poly SLO) 194-7.

**10,000:** 1. Steve Alvarez (Riverside) 29:52.3; 2. Gilbert Cortez (Cal State L.A.) 30:02.2; 3. Doug Avrit (Cal Poly SLO) 30:23.9; 4. Syd Liebovitch (Northridge) 31:00.5; 5. Chris Shallert (Northridge) 31:21.2.

**Shot Put:** 1. Tommie Lister (Cal State L.A.) 60-3; 2. Ron McKee (Northridge) 58-9; 3. Kevin Goode (Northridge) 57-2¼; 4. Arron Buckholtz (Northridge) 49-3½; 5. Eric Carlson (Bakersfield) 48-8.

**Triple Jump:** 1. Phil Roberts (Bakersfield) 52-2¼; 2. Byron Gray (Cal State L.A.) 52-1¼; 3. Terry Armitage (Cal Poly SLO) 50-4½; 4. Nate Wilford (Bakersfield) 50-3¼; 5. Jas Chima (Northridge) 48-1¼.

**400 Relay:** 1. Bakersfield (Carter, Hickman, Dickerson, Truvillion) 41:01; 2. Cal Poly SLO 41:04; 3. Cal Poly Pomona 41:75; 4. Northridge 41:76.

**Steeplechase:** 1. Brian Parks (Riverside) 9:11.0; 2. Joe Green (Cal Poly SLO) 9:20.9; 3. Brock Vaughn (Cal Poly Pomona) 9:29.5; 4. Steve Cubillas (Cal Poly SLO) 9:37.4; 5. Mike Trilevsky (Cal Poly Pomona) 10:04.8.

**1500:** 1. Matt Biaty (Cal Poly Pomona) 3:45.72; 2. Ken Haney (Bakersfield) 3:46.88; 3. Tony Reyes (Cal Poly Pomona) 3:47.81; 4. Tony Wells (Cal Poly Pomona) 3:53.47; 5. Kyle Lubsen (Cal Poly Pomona) 3:54.53.

**High Jump:** 1. Tim Arnwine (Cal Poly Pomona) 7-0; 2. Jeff Garrett (Bakersfield) 6-10; 3. Marlon Wagner (Cal State L.A.) 6-8; 4. Ron Soyka (Cal Poly SLO) 6-8; 5. John Hines (Cal State L.A.) 6-8.

**Discus:** 1. Dan Goodman (Northridge) 160-11; 2. Kevin Goode (Northridge) 156-10; 3. Eric Carlson (Bakersfield) 156-10; 4. Tommie Lister (Cal State L.A.) 153-0; 5. Mike Fritchman (Bakersfield) 148-1.

**Pole Vault:** 1. Mark Kibort (Cal Poly SLO) 16-6; 2. Larry Rivers (Cal Poly Pomona) 15-6; 3. Loren Diaz (Cal Poly SLO) 15-0; 4. Fernando Carrillo (Northridge) 15-0; 5. Ken Terry (Northridge) 15-0.

**110 Hurdles:** 1. Angelo Booker (Cal State L.A.) 14.15; 2. Rod Dickerson (Bakersfield) 14.20; 3. Tim Curry (Bakersfield) 14.28; 4. Eric Carter (Bakersfield) 14.38; 5. Brad Underwood (Cal Poly SLO) 14.69.

**400:** 1. Demetrius Cook (Cal Poly Pomona) 46.82; 2. Jeff Garrett (Bakersfield) 46.98; 3. Pat Croft (CPSLO) 47.16; 4. Bennie Hollis (Cal State L.A.) 47.54; 5. Derrick Carter (Bakersfield) 47.86.

photo by Don Gosney



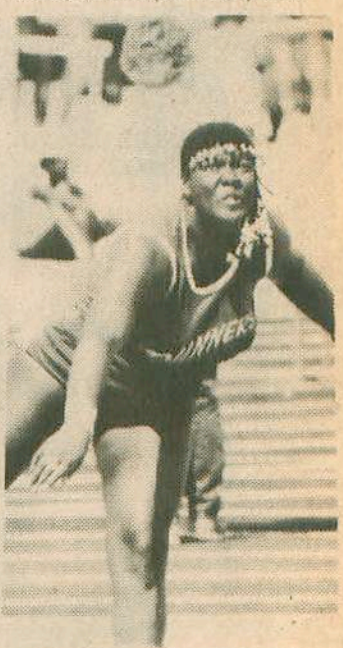
**Eileen Kraemer**  
CCAA 3000 Champ

**100:** 1. Greg Holmes (Cal State L.A.) 10.34; 2. Lucky Smith (Cal State L.A.) 10.51; 3. Angelo Booker (Cal State L.A.) 10.55; 4. Ron Waynes (Cal Poly SLO) 10.56; 5. Charles Truvillion (Bakersfield) 10.63.

**1000:** 1. Vernon Saliaz (Cal Poly SLO) 1:51.60; 2. Frank Assumma (UCR) 1:52.38; 3. Matt Biaty (Cal Poly Pomona) 1:52.68; 4. Richard Villaneda (Cal State L.A.) 1:53.86; 5. Tony Reyes (Cal Poly Pomona) 1:53.87.

**400 Hurdles:** 1. Tim Curry (Bakersfield) 51.45; 2. Brad Underwood (Cal Poly SLO) 52.19; 3. Eric Carter (Bakersfield) 53.96; 4. Gordon Reed (Cal Poly SLO) 55.05; 5. Todd Collins (Cal Poly Pomona) 59.30.

**200:** 1. Greg Holmes (Cal State L.A.) 21.57; 2. Lucky Smith (Cal State L.A.) 21.78; 3. Ray Frazier (Cal State L.A.) 21.92; 4. Anthony Perry (Cal State L.A.) 22.18; 5. Charles Truvillion (Bakersfield) 22.20.



**Sharen Hamilton**  
CCAA Shot Put #2

## 8th Annual Humboldt State Univ. X-Country & Steeplechase Workshop AUGUST 1-6 • AUGUST 8-13

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**5000:** 1. Steve Alvarez (Riverside) 14:17.38; 2. Ray Cook (Riverside) 14:23.21; 3. Steve Strangio (Cal Poly SLO) 14:29.16; 4. Chris Schallert (Northridge) 14:41.83; 5. Gilbert Cortez (Cal State L.A.) 14:43.93.

**Mile Relay:** 1. Bakersfield (Hickman, Frierson, Carter, Garrett) 3:10.51; 2. Cal Poly SLO 3:13.12; 3. Cal State L.A. 3:15.39; 4. Cal Poly Pomona 3:19.06; 5. Northridge 3:21.18.

**Decathlon:** 1. Ken Terry (Northridge) 8584; 2. Joe Prokop (Cal Poly Pomona) 8209; 3. Joel Krown (Northridge) 5913; 4. Joe Kelly (Cal Poly Pomona) 5871; 5. Jon Perrenoud (Cal Poly Pomona) 5724.

**Discus:** 1. Kathryn Kahn (Cal Poly SLO) 133-5; 2. Colleen Carr (Cal Poly SLO) 127-4; 3. Monica Wren (Cal Poly Pomona) 120-9.

**400 Relay:** 1. Cal Poly SLO 46.01; 2. Bakersfield 46.46.

**1500:** 1. Amy Harper (Cal Poly SLO) 4:22.82; 2. Shari Ewing (Cal Poly SLO) 4:44.20; 3. Carol Gleason (Cal Poly SLO) 4:44.84.

**100 Hurdles:** 1. Liz Carroll (Cal Poly SLO) 14.9; 2. Laura Held (Cal Poly SLO) 15.36; 3. Chris Dubois (Cal Poly SLO) 15.57.

## UCLA/Pepsi Invitational

May 16, UCLA: UCLA/Pepsi Invitational.

### At UCLA Men

**100**—1. Phillips (Athletics West), 10.20 (wind 4 m.p.s. aiding); 2. McTear (Banana Bread TC), 10.44; 3. Cook (USC), 10.47; 4. Lattany (Athletic Attic), 10.53; 5. Shields (San Diego St.), 10.69.

**200**—1. Phillips (Athletics West), 20.32 (wind 1.7 m.p.s. aiding); 2. G. Foster (Wilt's AC), 20.61; 3. D. Quarrie (Jamaica), 20.75; 4. Edwards (unat), 20.80; 5. Brown (UCLA), 20.86; 6. Egbunike (Azusa Pacific), 20.89; 7. M. Sanford (unat), 21.31; 8. Shields (San Diego St.), 21.47.

**400**—1. Henley (Arizona St.), 45.49; 2. Darden (Philadelphia Pioneers), 45.67; 3. Banks (UCLA), 46.06; 4. Timmons (California), 46.61; 5. Nix (Indiana), 47.03; 6. Blaylock (San Diego St.), 47.07.

**800**—1. Koskei (Kenya), 1:44.93 (meet record, old mark, 1:45.43, Bort, Kenya, 1981); 2. Gray (Santa Monica TC), 1:46.26; 3. Wilson (Athletics West), 1:46.47; 4. Theriot (Stars & Stripes), 1:46.57; 5. Bort (Kenya), 1:46.78; 6. Belger (Pacific Coast Club), 1:46.98; 7. Masterson (Santa Monica TC), 1:47.67; 8. Enyeart (Pacific Coast Club), 1:48.2.

**1,500**—1. Scott (Sub 4 TC), 3:52.68 (splits, 60.1, 60.3, 60.4, 51.9) (3:38.3 for 1,500 meters); 2. Paige (Athletic Attic), 3:54.19 (splits, 59.9, 60.3, 60.4, 63.6) (3:36.3); 3. Spivey (Indiana), 3:55.56 (3:40.3); 4. Flynn (Ireland), 3:55.89 (3:40.0); 5. Harbour (Santa Monica TC), 3:57.07 (3:40.9); 6. F. Assumma (UC Riverside), 4:00.99 (3:43.2).

**TWO MILE**—1. Royle (Britain), 8:24.58; 2. Lacy (New Balance TC), 8:24.93; 3. Fell (San Diego St.), 8:28.45; 4. Ortiz (UCLA), 8:28.45; 5. Cummings (New Balance TC), 8:32.97; 6. Cornell (Sub 4 TC), 8:42.01; 7. Butler (UCLA), 8:45.65.

**110 HURDLES**—1. G. Foster (Wilt's AC), 13.25w (2.27 m.p.s.); 2. Campbell (USC Almiral), 13.48; 3. Stewart (USC), 13.54; 4. Cowling (California), 13.68; 5. Johnson (USC), 13.89; 6. Moracho (Washington St.), 13.90; 7. Lane (Bakersfield), 13.92; 8. Lavitt (Pacific Coast Club), 13.94; 9. Altan (UCLA), 14.16.

**400 HURDLES**—1. Phillips (Wilt's AC), 48.78; 2. J. King (Maccabi TC), 49.30; 3. Cowling (California), 50.03; 4. Newhouse (Canada), 50.63; 5. Niederhaus (Maccabi TC), 51.36; Wycoff (UCLA), 51.36.

**HIGH JUMP**—1. Stones (Pacific Coast Club), 7-3½; 2. Scheifer (San Diego St.),



Matt Blatty (left) & Tony Reyes  
Cal Poly Pomona distance runners

**Team Scores:** 1. Cal State Bakersfield 15; 2. Cal State Northridge 124; 3. Cal Poly San Luis Obispo 123; 4. Cal State Los Angeles 121; 5. Cal Poly Pomona 98½; 6. UC Riverside 51; 7. Chapman 1½; 8. CS Dominguez Hills 1.

### WOMEN'S EVENTS:

**Shot Put:** 1. Debra Corley (Bakersfield) 11¼; 2. Sharen Hamilton (Bakersfield) 4; 3. Dana Henderson (Cal Poly SLO) 8.

**10,000:** 1. Beth Weber (Northridge) 56; 2. Kathrine Kelley (Cal Poly SLO) 27.4.

**High Jump:** 1. Sue McNeal (Cal Poly O) 6-0; 2. Phyllis Blunston (Bakersfield) 0; 3. Esther Scherzinger (Cal Poly SLO) 0.

**Javelin:** 1. Danella Barnes (Cal Poly O) 156-9; 2. Monica Wren (Cal Poly Pomona) 132-8; 3. June Wintermute (Cal Poly Pomona) 129-9.

**Long Jump:** 1. Janet Yarbrough (Cal Poly SLO) 20-2½; 2. Sheila Nicks (Bakersfield) 19-11; 3. Jewel Lovelady (Bakersfield) 19-10¼.

**1000:** 1. Irene Crowley (Cal Poly SLO) 22.9; 2. Tracy Schofield (Bakersfield) 27.1; 3. Brenda Villanueva (Bakersfield) 16.0.

**400:** 1. Eloise Mallory (Cal Poly SLO) 55.16; 2. Ariene VanWarmerdam (Cal Poly SLO) 55.45; 3. Elizabeth Douglas (Cal Poly SLO) 56.05.

**100:** 1. Tamela Holland (Cal Poly SLO) 11.63; 2. Andrallette Gill (Bakersfield) 11.68; 3. Jewel Lovelady (Bakersfield) 11.70.

**800:** 1. Esther Scherzinger (Cal Poly SLO) 2:07.83; 2. Eileen Kraemer (Cal Poly SLO) 2:09.88; 3. Rhonda Patcha (Cal Poly SLO) 2:14.09.

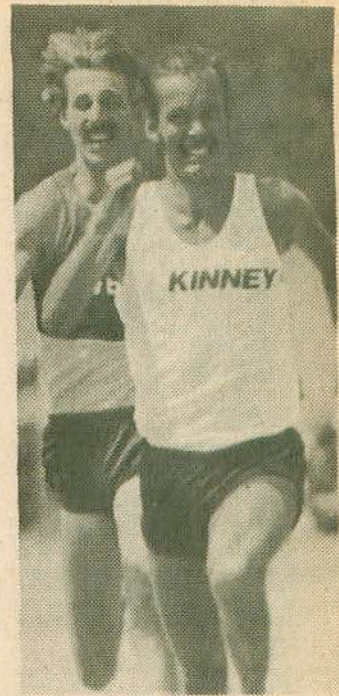
**400 Hurdles:** 1. Chris Dubois (Cal Poly SLO) 62.46; 2. Laura Held (Cal Poly SLO) 62.94; 3. Sue Rupel (Cal Poly Pomona) 65.56.

**200:** 1. Eloise Mallory (Cal Poly SLO) 24.88; 2. Lelitia Sherrill (Northridge) 24.90; 3. Ariene VanWarmerdam (Cal Poly SLO) 25.03.

**3000:** 1. Eileen Kraemer (Cal Poly SLO) 9:37.43; 2. Amy Harper (Cal Poly SLO) 9:45.27; 3. Carol Gleason (Cal Poly SLO) 9:55.04.

**1600 Relay:** 1. Cal Poly SLO 3:46.3; 2. Bakersfield 3:46.8; 3. Cal Poly Pomona 3:57.4.

**Team Scores:** 1. Cal Poly San Luis Obispo 279; 2. Cal State Bakersfield 101; Cal Poly Pomona 55, Cal State Northridge 46, UC Riverside 4.



Adrian Royle (right)  
& Steve Lacy

7-3½; 3. Carr (USC), 7-2; 4. tie between Harken (Washington St.) and Goode (unat), 7-2; 6. Frazier (Arizona), 7-0; 7. Davis (UCLA), 7-0; R. Brown (unat), no height.

**POLE VAULT**—1. Indiana, 18-¼; 2. Olson (Pacific Coast Club), 18-0½; 3. Bell (Pacific Coast Club), 18-0½; 4. Curran (UCLA), 18-0½; 5. Tully (unat), 17-6½; 6. tie between Pursley (Abilene Christian) and S. Smith (unat), 17-6½; 8. Kenworthy (USC), 17-6½; Ripley (Pacific Coast Club), no height (18-0½).

**LONG JUMP**—1. Lewis (Santa Monica TC), 28-3 (meet record, old mark, 27-9¼, Lewis, 1981) (wind 5 m.p.s. aiding) (equal third performance all-time world); 2. Myricks (Athletics West), 27-1½; 3. Grimes (Athletics West), 26-0¾; 4. Tave (USC), 25-2½ (Lewis's series, four 28-3).

continued on next page...

photo by Bill Leung, Jr.



Bob Roggy sails one 302-0 at Pepsi

**Pepsi/UCLA continued:**

27-8¼, 28-3, foul, foul)  
**TRIPLE JUMP**—1. Banks (Athletics West), 56-11½ (wind 1.85 m.p.s. aiding); 2. Williams (UCLA), 55-2; 3. Garner (MacCabi TC), 54-1; 4. Benson (UCLA), 53-10¼; 5. Marlow (Stars & Stripes), 53-1½; 6. Ellard (Fresno St.), 52-8  
**SHOTPUT**—1. Feuerbach (Athletics West), 66-3¼; 2. D. Crouser (Oregon), 64-9¼; 3. Gourdian (Stars & Stripes), 63-4; 4. Oldfield (Chicago TC), 61-9¼; 5. Brenner (UCLA), 61-5¼; 6. Braun (Wisconsin TC), 61-2  
**DISCUS**—1. Bugar (Czechoslovakia), 214-2; 2. Wilkins (Athletics West), 212-11; 3. Oerter (New York AC), 206-9; 4. Stadel (Athletics West), 205-9; 5. Burns (Athletics West), 201-7; 6. D. Crouser (Oregon), 197-7; 7. Swartz (Shore AC), 196-7; 8. Gordian (Stars & Stripes), 189-3; 9. Brenner (UCLA), 183-5  
**JAVELIN**—1. Roggy (Athletics West), 302-0 (second performer all-time U.S.); 2. Petranoff (Striders), 283-1; 3. Izzl (UCLA), 178-6

**Women**

**100**—1. Bolden (UCLA), 11.28 (wind 1.65 m.p.s. aiding); 2. Williams (Naturite TC), 11.35; 3. Givens (Florida St.), 11.42; 4. Nedd (UCLA), 11.43; 5. Washington (Houston), 11.54; 6. Matthis (Stanford TC), 11.61; 7. Hodges (Naturite TC), 11.69; 8. Hawkins (Atoms TC), 11.70; 9. Pusay (Naturite TC), 11.74  
**200**—1. Givens (Florida St.), 22.3 (hand timed) (meet record, old mark, 22.60, Morehead, Tennessee St., 1978); 2. Matthis (Stanford TC), 23.21; 3. Brown (Wilt's AC), 23.29; 4. Hawkins (Atoms TC), 23.41; 5. Bolden (UCLA), 23.54; 6. Wright (Florida St.), 23.77; 7. Bryant (Naturite TC), 23.89; 8. Hodges (Naturite TC), 24.1 (ht); 9. Holland (Cal Poly SLO), 24.1 (ht)  
**400**—1. Dixon (Atoms TC/Tech HS, Brooklyn, N.Y.), 51.75 (meet record, old mark, 51.80, Ashford, Medalist TC, 1981) (sixth performer all-time high school); 2. Griffith (UCLA), 51.91; 3. Payne (Florida St.), 51.11; 4. Gardner (LA Mercurettes), 52.68; 5. Forde (Atoms TC), 53.03; 6. Dabney (Naturite TC), 43.4 (ht); 7. Emerson (UCLA), 54.8 (ht)

photo by Richard L. Slotkin



**Karin Smith**  
 199-2 at Pepsi

**800**—1. Lambelot McClive (Cornell), 2:02.72; 2. Romo (California), 2:04.13; 3. Gutowski (LA Mercurettes), 2:04.83; 4. Ballinger (Athletics West), 2:05.29; 5. Dramiga (New Mexico), 2:05.58; 6. Richburg (Lansingburgh HS, Troy, N.Y.), 2:06.24; 7. Durand (Laguna Beach HS), 2:07.46

**1,500**—1. Brenner (Wisconsin United), 4:29.21 (meet record, old mark, 4:29.3, Franca Larrieu, Pacific Coast

Club, 1979) (4:11.3 for 1,500 meters); 2. Larrieu (New Balance TC), 4:30.95; (4:12.0); 3. Webb (Athletics West), 4:31.26; (4:13.3); 4. Keyes (Athletics West), 4:31.52; (4:11.7); 5. Toomey (Athletics West), 4:32.07; (4:13.0); 6. R. Joyce (Washington), 4:34.16; (4:14.5); 7. P. Plummer (University HS, Irvine), 4:35.24 (national high school record, old mark, 4:40.7; E. Clausus, Rio Americano HS, Sacramento, 1973) (4:16.8 for 1,500 meters, equals national high school record, F. Larrieu, Fremont HS, Sunnyvale, Calif., 1969); 8. Bush (UCLA), 4:36.52; (4:15.8); 9. Goen (UCLA), 4:36.75; (4:16.4); 10. Ralston (Wilt's AC), 4:39.62; (4:18.2); 11. Cook (Alemany HS), 4:45.5; (4:24.1)

**100 HURDLES**—1. Hightower (Naturite TC), 12.98 (wind 37 m.p.s. aiding) (meet record, old mark, 13.15, D. LePlante, KCBQ TC, 1979); 2. Young (Fairleigh Dickinson), 13.25; 3. Page (Naturite TC), 13.54; 4. Yarborough (Cal Poly SLO), 13.73; 5. Brown (Florida St.), 13.77; 6. Watkins (Coast Athletics), 13.88; 7. Joyner (UCLA), 14.09; 8. Weekly (Atoms TC), 14.23

**400 RELAY**—1. UCLA, 43.86; 2. Naturite A, 44.33; 3. Atoms TC, 44.38; 4. Florida St., 44.58; 5. Wilt's AC, 45.42; 6. Naturite B, 45.50

**HIGH JUMP**—1. McNeal (Cal Poly SLO), 6-1; 2. Blunston (CS Bakersfield), 6-1; 3. Gossweiler (UCLA), 5-10; 4. Gibson (Atoms TC), 5-10

**LONG JUMP**—1. Lewis (Houston), 21-10¼ (wind 0) (meet record, old mark, 21-6¼, P. Johnson, Wisconsin, 1980); 2. Loud (Coast Athletics), 21-6¼ (wind 1.45 m.p.s. aiding) (equal seventh performer all-time U.S.); 3. McMillan-Ray (Coast Athletics), 21-2; 4. Joyner (UCLA), 20-10¼; 5. Bell (Social Cheetahs), 20-5¼; 6. Crabtree (USC), 18.9¼w

**SHOTPUT**—1. Kaaiawaha (Fullerton HS), 50-11; 2. Picknell (Oregon TC), 50-5½; 3. Corley (CS Bakersfield), 48-10¼; 4. Hamilton (CS Bakersfield), 48-6¼; 5. Kennedy (San Diego St.), 48-1¼; 6. Ray (UCLA), 48-10¼

**DISCUS**—1. Deniz (Arizona St.), 196-7; 2. Griffin (Athletics West), 187-10; 3. Svendsen (Wilt's AC), 177-5; 4. Anderson (unat), 175-5; 5. Kaaiawaha (Fullerton HS), 168-4

**JAVELIN**—1. Smith (Cal Poly SLO), 199-2; 2. Hughes (Oregon), 199-1; 3. Moro (Fullerton College), 173-6; 4. Harmon (Oregon), 172-8; 5. Barnes (Cal Poly SLO), 166-6; 6. Ray (UCLA), 165-10

**N.A.I.A. National Championships**

May 20-22, Charleston, West Virginia: NAIA National Championships.

**TOP CALIFORNIANS:**

**Men's Events:** 100: 1. Innocent Egbinike (Azusa) 10.32; 200: 2. Innocent Egbinike (Azusa) 20.85; 400 Relay: 4. Azusa 41.53; 1500: 5. Zeke Rodriguez (Azusa) 3:47.99; Discus: 1. Roger Axelsson (Pt. Loma) 183-9; 6. Doug Barnett (Azusa) 162-4; Javelin: 1. Mike Barnett (Azusa) 255-8; Shot Put: 4. Doug Barnett (Azusa) 56-3¼; Hammer: 1. Doug Barnett (Azusa) 225-10; 2. Mike Barnett (Azusa) 180-2; 3. Ron Ponciano (Azusa) 174-4; 5. Roger Axelsson (Pt. Loma) 172-8; 6. John Woltorsky (Azusa) 172-0; Decathlon: 5. Marty Honea (Pt. Loma) 6685; Teams: 2. Azusa Pacific 64; 14. Pt. Loma 14.

**Women's Events:** 1500: 5. Marilyn Martin (Pt. Loma) 4:45.17; Marathon: 1. Liz Garman (Azusa) 3:03:00.43; High Jump: 5. Charmane Collins (Azusa) 5-4; Team Scores: 13. Azusa Pacific 12; 27. Pt. Loma 2.



**Pac-10 Championships**

By JOHN R. WENOS

May 19-22, Eugene, Oregon.

Arizona State and Washington State were touted as the teams to beat coming into this year's Pac-10 championships, but when it was all over, UCLA had romped to the title.

And a romp it was—what else could you call a 33-point margin over the runner-up team in the nation's toughest track conference? And typical of the team effort it was (the Bruins scored in 18 of 21 events, capturing third or better in 14 events) it would be difficult to pick out one UCLA hero.

Coach Jim Bush said afterwards, "This is one of the best team efforts we've ever had. I don't want to single out anyone.... This is like the old Bruins. We won't place that high in the nationals, but they (this team) are competitors."

WSU coach John Chaplin echoed Bush's comments, telling reporters, "Go talk to Bush. He won it and the Bruins did a great job."

The always voluble Chaplin showed a distinct prophetic flair in the early days of the meet, calling the UCLA win long before anyone else. After Keith Collins (7691) and Los Alamitos H.S. product Brad Harris (7599) scored PR's while going 1-2 in the decathlon Wednesday and Thursday, many observers saw the tide turn in WSU's favor.

Chaplin disagreed: "We'll stay with what we said before...UCLA and Arizona State in some kind of order...If something goes wrong for someone else, we might get second. We helped UCLA today...we didn't necessarily help ourselves."

He was right. Although WSU picked up 18 points in the decathlon and Arizona State scored only six instead of the expected 12-14 points, once the full slate of events began, there was no stopping the Bruins. And the decathlon was only the start of Arizona State's troubles.

Defending champion LaMonte King figured to score no worse than second in the long jump, but a groin injury turned out to be much worse than ASU coach Len Miller had let on before the meet. King took one jump (the first of the competition)—a paltry 21-4¼ and that was it for his 1982 Pac-10 competition. Along with his anticipated 200 points (he was also defending champ there), ASU was now down more than 20 points on the dope sheets and it was becoming obvious

already that the Sun Devils would no repeat as team champions.

Meanwhile, UCLA picked up 12 points in the event as Dokie Williams scored 25-9 on his first jump for the win and Chi Benson added a fifth place finish. USU freshman Ed Tave hit 25-6 for second in the tightly bunched field.

The Bruins were helping their cause outside the confines of Hayward Field, a well in the adjacent field, hammer throwers Steve Nickerson (190-11) and John Brenner (183-8) were adding fifth and sixth place points. WSU's Tor Gustafsson (215-4) won as expected with teammate Ed VandeVoorde (204-9) sandwiched around Stanford's Shawn Pickering (207-2) for third. Still, the Cougars suffered some point slippage as Ralf Uebli did not score as expected.

The javelin was all WSU, as Last Babbits edged Oregon's Brian Crouse 267-1 to 266-8 for the title; Cougars Tor Diehl (256-7) and Gerald Lyons (254-9) added 10 more points in third and fourth places.

The other two field event finals Friday also helped the Bruin cause—and, in the shot—added to Arizona State's crumb

ing. In the shot, Oregon's Dean Crouse won as he pleased at 67-5¼ (he also placed fourth earlier in the hammer with PR 201-8). ASU's Gary Wilkley came into the meet with the league's second best mark, but fouled on all three of his throws in the trials, just about killing any remaining ASU hopes. UCLA's Brenner moved into the gap with a solid 63-5¼ for second place.

Bruin Anthony Curran may have given his team the biggest shot in the arm the day when he cleared 18-2½ in the pole vault, going from third to first on h

photo by Bill Leung



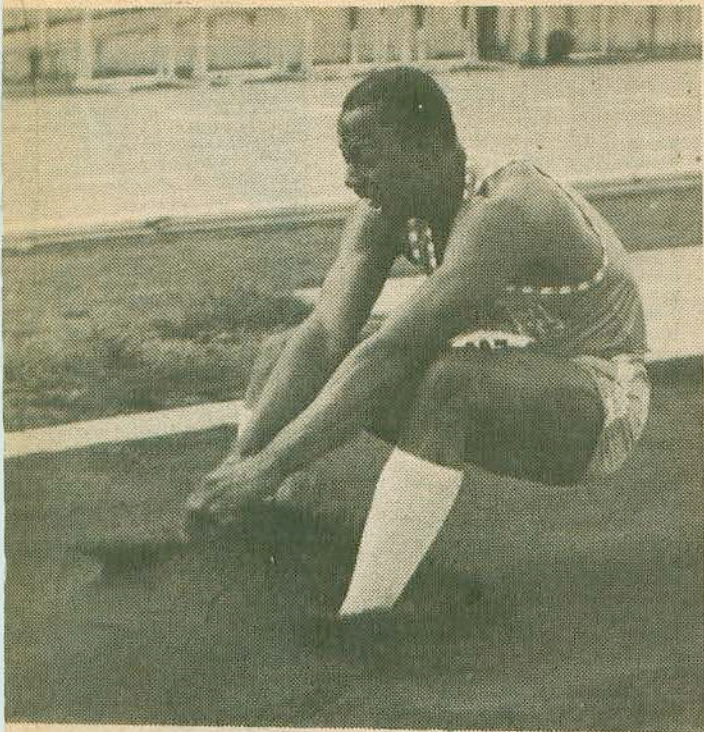
**Shawn Pickering**  
 207-2 at PAC-10

final try. Before that, USC's David Ke worthy was leading with a first-try clearance at 18-0½ and defending champion Shannon Sullivan of Oregon State made that height on his second try. Curran had taken three vaults to clear 18-0½.

All marks were PR's for the thr

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Dokie Williams - 1st in long jump, 2nd in triple at PAC-10

suffers. In fact, fourth placer Scott Davis of Oregon State, also recorded a PR with his 17-6 mark.

Curran conceded he seems to jump well when the pressure is on: "I don't try, but it (clutch jumps) has happened a lot of times. I'm good under pressure."

On the track, Arizona State's "Black Friday" was continuing with top-ranked sprinter Ron Brown barely making the 100 yard and looking like injuries would make it hard for him to run, and King did not come out for the 200 heats.

WSU won its first on-the-track confrontation with UCLA, as Richard Tuwel out-printed Dave Daniels 8:31.70 to 8:31.94, the fastest collegiate clockings of the season. Tuwel's form over the water jump was horrendous, but the Kenyan freshman proved too strong and too fast on the flat.

The day's final event, the 10,000, gave the Bruins all the momentum they needed to carry them into Saturday's action. Senior Steve Ortiz blitzed WSU's Peter Koech and Arizona's Don Janicki on the final lap for a comfortable winning margin (28:22.93 to 28:36.46 and 29:27.87). The biggest surprises were the fourth and fifth place finishes of John Butler (9:22.12) and Steve McCormack (9:24.46).

Bush wasn't quite ready to call the Bruins as winners after Friday's events, but Chaplin could see the handwriting on a wall. WSU led the field with 77 points, but as expected, but UCLA was within striking distance with a much better than anticipated 57 points.

"I think it's obvious UCLA has too much depth," Chaplin said. "We had to be 40 points ahead, not 20. If we can get 40 points tomorrow (WSU got 36), we might hold on to second unless ASU goes bananas in the sprints (it didn't). (UCLA) may have won it when Curran went from third to first (in the PV) and then their 18 points (actually 16) to our eight in the 1,000."

So the stage was set—barring a complete collapse, UCLA figured to win the team title. But no one could have predicted the ease with which they did it. The Bruins picked up every point they were supposed to, and a lot of bonus points in the bargain.

Here's how UCLA did it Saturday, event by event:

**HIGH JUMP**—Del Davis was perfect when it counted, clearing 6-11½, 7-2 and 7-3 on his first tries. Favored Brent Harken of WSU took two attempts at 6-11½ and three at 7-3. Both failed at 7-4½, giving Davis the win on fewer misses.

**TRIPLE JUMP**—The top four—Bruins Dokie Williams and Chip Benson, WSU's Joseph Taiwo and ASU's Leon Mayfield—were rated as almost even on the dope sheets. Benson led at 54-7½ through the prelims before Taiwo jumped 55-5½ in the fourth round to win it. Williams moved into second with a fifth round jump of 54-8¾. Ivory Small added a sixth place to put 15 triple jump points in the UCLA column.

**DISCUS**—Except for Dean Crouser's winning 207-8 and Gary Williky's 199-4 in third, it was PR city in the DT. Washington's Doug Wollen threw 201-8 for second. OSU's Ron Schmidt reached a PR 196-9 for fourth as did Bruin Brenner in fifth (192-10). Brenner's two points were about as expected.

**4x100 RELAY**—Even without aces Ron Brown and LaMonte King, Arizona State had too much speed for the rest of the field. ASU rode a strong anchor by Howard Henley to a 39.78 win over Arizona (40.06). UCLA captured third, as expected in 40.45. Strong winds on the backstretch may have contributed to the relatively slow times here, as they seemed to do much of the afternoon in most events.

**1500**—Eugene fans had been anticipating the showdown between Oregon's Jim Hill and former California prep star Mark Fricker, now the ace of Oregon State's middle distance crew. It turned out to be no contest as Hill ran a strong 55.8 last quarter to leave Fricker and everyone else in his wake. Hill finished at 3:39.85; UCLA's Steve Whitcomb finished strongly to take a surprising second in 3:42.95. Fricker faded to fourth (3:43.54) behind teammate Dick Oldfield (3:43.32). Alex Gonzales' sixth place gave UCLA nine points in the event and the Bruin Express was starting to roll.

**110 HIGH HURDLES**—USC's Milan Stewart won the expected tough duel

with Cal's Larry Cowling, 13.52 to 13.55. Marcus Allen gave UCLA a couple of bonus points by finishing fourth, a place or two higher than anticipated.

**400**—ASU's Henley and WSU's Chris Whitlock (injured) were not in the field, leaving the race all to OSU's Kasheef Hassan. "The Chief" won as easily as might be expected, running a strong curve and final stretch for 45.80. ASU's Leon Tubbs was second in 46.45 and Tony Banks gave UCLA more bonus points with a third place finish (46.66).

**100**—ASU's much-touted sprint corps picked up only six points here (Howard Henley's 10.35 for third). Meanwhile, UCLA picked up 11 on Eric Brown's win and Gerald White's sixth place. Brown ran down USC freshman Darwin Cook in the final 20 meters, 10.25 to 10.31. Brown said later, "I knew what I was going to do," and said he wanted to perform well at the NCAA meet. "I've never had a good meet (at nationals)...It's such a dogfight, especially in the sprints."

**800**—Oregon's David Mack (another California high school product) won his third straight Pac-10 title, breaking free with 200 yards to go after being boxed in for half a lap. Mack's 1:48.11 was an NCAA qualifier. ASU freshman Pete Richardson finished strongly at 1:49.48 for third.

**400 INTERMEDIATE HURDLES**—Larry Cowling led Cal's impressive quartet to a 1-3-4-5 finish. Only John Lenstrom's second place (50.72) for ASU broke up the Bears. Cowling's 50.14 was especially impressive considering the wind and a badly chopped step on the sixth hurdle. Other Cal finishers were Jim Scannella (51.04), Lloyd Guss (51.20) and Peter Grimes (51.35). UCLA's Dwayne Wycoff and Stanford's Gary Shumway both ran 51.66 with Wycoff getting the nod for sixth.

**200**—Only eight points for ASU here (Henley again, second in a wind-aided 20.46). UCLA's Brown proved his 100 win was no fluke by running 20.41 for the title.

**5000**—Koech and Ortiz traded places from their finish in Friday's 10,000. Koech kicked hard at the end for a 13:36.71 to 13:37.54 margin over the Bruin. Still, Ortiz's time was a big improvement over his previous best this year (14:02.55). Cal's Tom Downs looked good in third, running a PR 13:40.39. UCLA's John Butler added to the Bruin point total with a sixth place finish.

**4x440y RELAY**—Arizona State's Willie Jones ran down Oregon's David Mack to win the first section of the mile relay, 3:09.67 to 3:10.11. UCLA won the second section in 3:10.36 to take third overall. Cal's 3:11.12 (in the first section) was good for fourth.

After the team trophy presentation, the Bruin athletes carried coach Bush to the steeplechase water jump pit for a "victory swim." And on a clear, sunny, beautiful day when even the sky was Bruin Blue, Bush looked like he didn't mind a bit.

**Steeplechase**: 1. Richard Tuwel (WSU) 8:31.70; 2. Dave Daniels (UCLA) 8:31.94; 3. Jeff Hess (Arizona) 8:33.23; 4. Cory Randall (Oregon) 8:46.28; 5. John Brauer (Oregon) 8:47.82; 6. Stan Link (Oregon) 8:52.79.

**Javelin**: 1. Laslo Babits (WSU) 267-1; 2. Brian Crouser (Oregon) 266-8; 3. Tom Biehl (WSU) 256-7; 4. Gerald Lyons (WSU) 254-9; 5. Dale Pederson (Washington) 246-6; 6. Frode Stormyr (Oregon) 241-9.

**Hammer**: 1. Tore Gustafsson (WSU) 215-4; 2. Shaun Pickering (Stanford) 207-2; 3. Ed Vandevoorde (WSU) 204-9; 4. Dean Crouser (Oregon) 201-8; 5. Steve Nickeiser (UCLA) 190-11; 6. John Brenner (UCLA) 183-8.

**Long Jump**: 1. Dokie Williams (UCLA) 25-9; 2. Ed Tave (USC) 25-6; 3. Vance Johnson (Arizona) 25-4¾; 4. Tom Campbell (UC Berkeley) 25-0¾; 5. Chip Benson (UCLA) 24-10¾; 6. Walter Haywood (Arizona St.) 24-3¾.

**Shot Put**: 1. Dean Crouser (Oregon) 67-5¾; 2. John Brenner (UCLA) 63-5½; 3. Bruce Parker (UC Berkeley) 61-5½; 4. Ed Vandevoorde (WSU) 59-6¾; 5. John Graves (Arizona St.) 58-10¾; 6. Ron Schmidt (Oregon St.) 58-7½.

**Pole Vault**: 1. Anthony Curran (UCLA) 18-2¼; 2. Dave Kenworthy (USC) 18-0½; 3. Shannon Sullivan (Oregon St.) 18-0½; 4. Scott Davis (Oregon St.) 17-6; 5. Ross McAlexander (UC Berkeley) 17-2¼; 6. Greg Ernst (WSU) 17-0¼.

**10,000**: 1. Steve Ortiz (UCLA) 28:22.93; 2. Peter Koech (WSU) 28:26.46; 3. Don Janicki (Arizona) 28:27.87; 4. Jon Butler (UCLA) 29:22.12; 5. Steve McCormack (UCLA) 29:24.46; 6. Tom Ansberry (Arizona) 29:29.57.

**400 Relay**: 1. Arizona St. (Leon Tubbs, Willie Jones, Walter Haywood, Howard Henley) 39.78; 2. Arizona 40.06; 3. UCLA 40.45; 4. UC Berkeley 40.54; 5. Oregon 40.69; 6. USC 40.76.

**1500**: 1. Jim Hill (Oregon) 3:39.85; 2. Steve Whitcomb (UCLA) 3:42.95; 3. Dick Oldfield (Oregon St.) 3:43.32; 4. Mark Fricker (Oregon St.) 3:43.54; 5. Dan Raby (Arizona St.) 3:44.07; 6. Alex Gonzales (UCLA) 3:44.70.

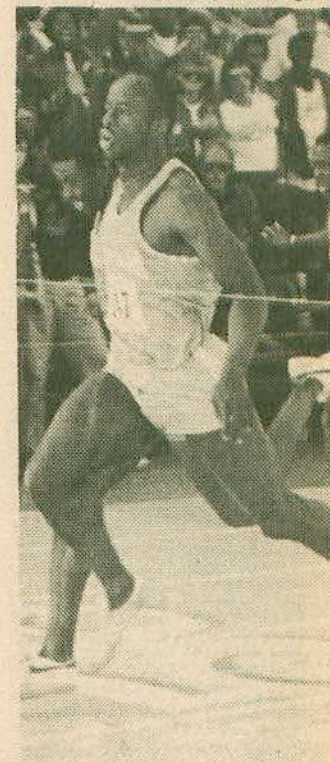
**110 Hurdles**: 1. Milan Stewart (USC) 13.52; 2. Larry Cowling (UC Berkeley) 13.55; 3. John Lenstrom (Arizona St.) 13.66; 4. Marcus Allen (UCLA) 13.83; 5. Javier Moracho (WSU) 13.96; 6. Phillip Johnson (USC) 14.03.

**400**: 1. Kasheef Hassan (Oregon St.) 45.80; 2. Leon Tubbs (Arizona St.) 46.45; 3. Tony Banks (UCLA) 46.66; 4. David Timmons (UC Berkeley) 46.83; 5. Willie Jones (Arizona St.) 46.85; 6. Rod Bethany (USC) 47.72.

**100**: 1. Eric Brown (UCLA) 10.25; 2. Darwin Cook (USC) 10.31; 3. Howard Henley (Arizona St.) 10.35; 4. George Walcott (Oregon) 10.45; 5. Sterling Hinds (Washington) 10.57; 6. Gerald White (UCLA) 10.61.

**800**: 1. David Mack (Oregon) 1:48.11; 2. Rob Webster (Washington) 1:49.30; 3. Rob Webster (Washington) 1:49.30; 3. Rob Webster (Washington) 1:49.30.

photo by Bill Leung, Jr.



Eric Brown  
100 & 200 winner

Pete Richardson (Arizona St.) 1:49.48; 4. Michael Schwarz (Arizona St.) 1:49.72; 5. Pete Quinonez (Arizona St.) 1:50.31; 6. Mark Handelsman (USC) 1:50.53.

**Triple Jump**: 1. Taiwo (WSU) 55-5¾; 2. Dokie Williams (UCLA) 54-8¾; 3. Chip Benson (UCLA) 54-7½; 4. Mayfield (Ariz. St.) 54-4¾; 5. Gary Milton (WSU) 52-5½; 6. Ivory Small (UCLA) 50-9½.

continued on next page.

**PAC-10 continued:**

**Discus:** 1. Dean Crouser (Oregon) 207-8; 2. Doug Wollen (Washington) 201-8; 3. Gary Willikly (Arizona St.) 199-4; 4. Ron Schmidt (Oregon St.) 198-9; 5. John Brenner (UCLA) 192-10; 6. John Graves (Arizona St.) 180-8.

**400 Hurdles:** 1. Larry Cowling (UC Berkeley) 50.14; 2. John Lenstrom (Arizona St.) 50.72; 3. Jim Scaneilla (UC Berkeley) 51.04; 4. Lloyd Guss (UC Berkeley) 51.20; 5. Peter Grimes (UC Berkeley) 51.35; 6. Dwayne Wycoff (UCLA) 51.66.

**200:** 1. Eric Brown (UCLA) 20.41w; 2. Howard Henley (Arizona St.) 20.46; 3. Rod Barksdale (Arizona) 20.74; 4. George Walcott (Oregon) 20.79; 5. Darwin Cook (USC) 20.94; 6. Raymond Threatt (Arizona) 20.98.

**High Jump:** 1. Del Davis (UCLA) 7-3; 2. Brent Harken (WSU) 7-3; 3. Anthony Caire (USC) 7-2; 4. James Frazier (Arizona) 7-2; 5. Deon Mayfield (Arizona St.) 6-11½; 6. tie Phil Christain (Oregon) and Chris Griffith (Arizona) 6-11½.

**5000:** 1. Peter Koech (WSU) 13:36.71; 2. Steve Ortiz (UCLA) 13:37.54; 3. Tom Downs (UC Berkeley) 13:40.39; 4. Jorge Garcia (WSU) 13:53.42; 5. Bill McChesney (Oregon) 13:56.94; 6. John Butler (UCLA) 14:02.25.

**1800 Relay:** 1. Arizona State (John Lindstrom, Mike Sullivan, Ulysses Walker, Willie Jones) 3:09.87; 2. Oregon 3:10.11; 3. UCLA 3:10.36; 4. UC Berkeley 3:11.12; 5. Arizona 3:12.63; 6. USC 3:12.71.

**Decathlon:** 1. Keith Collins (WSU) (11.03w, 22-8¼, 46-7, 6-3½, 50.67, 14.84, 141-2, 13-9¼, 202-2, 4:38.30) 7691; 2. Brad Harris (WSU) 7599; 3. Steve Erickson (Washington) 7599 (Harris defeated Erickson in 6 of 10 events); 4. Mike Cox (Arizona St.) 7544; 5. John Irvine (Arizona St.) 7506; 6. Mike Ramos (Washington) 7394.

**Team Scores:** UCLA 146; Washington State 113; Arizona State 94; Oregon 80½; UC Berkeley 60; USC 47; Arizona 40½; Oregon State 35; Washington 27; Stanford 8.

**SPA-TAC Championships**

May 23, UCLA: Southern Pacific Association TAC Championships.

**At UCLA**

**100—Monsels (Maccabi TC), 10.2w**  
**200—1 Monsels (MTC), 21.00; 2 McDonald (MTC), 21.20; 3 Abrahams (Wilt's AC), 21.21**  
**400—1 McDonald (MTC), 46.70; 2 Brown (Stars & Stripes), 46.92**  
**800—1 Gray (Santa Monica TC), 1:48.69; 2 Tolliver (SMTC), 1:49.47; 3 Cleary (SMTC), 1:49.94**  
**1,500—1 Schilling (unat), 3:46.32; 2 DiConti (Sub 4 TC), 3:46.69; 3 Russell (S&S), 3:46.81**  
**5,000—Cornell (Sub 4 TC), 13:58.9; 10,000—Kasim (Sub 4 TC), 30:20.9**  
**110 HH—Booker (CSLA), 14:36**  
**400 IH—Shanks (SDS), 51.88**  
**3,000 STEEPLECHASE—Hwang Wen-chen (Taiwan), 8:57.6**  
**HJ—Sanders (MTC), 7-0**  
**PV—1 Lawry (MTC), 17-6½; 2 Sanderson (AIA), 17-3; 3 Baird (Australia), 17-0**  
**LJ—Lee Mu-Tsai (China), 24-9¼**  
**TJ—Gary (SDS), 51-1**  
**SP—1 Gordien (S&S), 64-5¼; 2 Lane (S&S), 62-3; 3 Faul (MTC), 60-3**  
**DT—1 Gordien (S&S), 200-3**  
**MT (AATC), 187-6**  
**TJ—1 Jadwin (S&S), 243-6; 2 Cheng Fong Yen (China), 237-10; 3 Bender (UCLA), 236-10**

**WOMEN**

**100—Griffith (Wilt's AC), 11.70**  
**200—1 Williams (Naturite TC), 23.43**  
**(wind 1.46 m.p.s. aiding); 2 Brown (WAC), 23.68; 3 Bolden (WAC), 23.86; 4 Warthara (Arizona), 24.06**  
**400—1 Nedd (WAC), 52.39; 2 Gutowski (LA Mercurettes), 53.18; 3 Warthara (Arizona), 54.32**  
**800—1 Bush (WAC), 2:06.77; 2 Lai Lih Jiau (China), 2:07.20; 3 Goen (WAC), 2:07.42; 4 Matcalf (New Mexico), 2:07.46; 5 Hopper (Medalist), 2:08.84**  
**1,500—Hopper (Medalist TC), 4:28.26**  
**100 HURDLES—Page (NTC), 13.5; 2 Harmon (NTC), 13.93; 3 Joyner**

(WAC), 13.97

**400 HURDLES—1 Farmer (NTC), 57.92; 2 Harmon (NTC), 59.30**  
**400 RELAY—1 Wilt's AC (Jerold, Griffith, Joyner, Bolden), 44.74; 2 Australia, 47.57**  
**HJ—1 Gale (Arizona), 5-10; 2 Gossweiler (WAC), 5-10**  
**LJ—Loud (Coast AC), 20-10¼; 2 Vannierker (MTC), 20-9¼; 3 Joyner (WAC), 20-8**  
**SP—1 Pagel (CSLB), 50-9¼; 2 Kaiaiwahia (Fullerton), 50-6¼; 3 Pollack (CSLB), 50-4¼**  
**DT—1 Griffin (Athletics West), 191-5; 2 Svendsen (WAC), 181-10; 3 Kaiaiwahia (Fullerton), 162-11; 4 DeSnoo (SDS), 162-9**  
**JT—1 Nelson (WAC), 171-4; 2 Hart (Arizona), 165-5**

**AIAW National Championships**

May 27-29, College Station, Texas: AIAW Division I Championships.

**TOP CALIFORNIANS:**

**800:** 1. Romo (Cal) 2:04.39. **1500:** 4. Spotts (Cal) 4:21.86. **Javelin:** 2. Engle (Cal) 170-7. **Hepthathlon:** 1. Raugust (Cal) 5514; 4. Vigule (Cal) 5161. **Team Scores:** 2. California 44.

**NCAA Div. III**

May 26-29, Naperville, Illinois: NCAA Division III Championships.

**TOP CALIFORNIANS:**

**Men's Events:** **100:** 2. Jones (Stanislaus) 10.65. **400:** 2. Jones (Stanislaus) 47.16. **1500:** 5. Boyer (Occidental) 3:48.97. **Pole Vault:** 3. Porter (Occidental) 15-6¼. **Triple Jump:** 2. Watson (Pomona-Pitzer) 49-6. **High Jump:** 1. Watson (Pomona-Pitzer) 7-0½. **Decathlon:** 2. Porter (Occidental) 6867. **400 Relay:** 2. Stanislaus State 40.81. **Discus:** 3. Sterrer (Pomona-Pitzer) 167-6. **400 Hurdles:** 5. Sandborn (Whittier) 53.68. **Team Scores:** 4. Stanislaus State 71; 8. Pomona Pitzer 61; 14. Occidental 39.

**Women's Events:** **5000:** 2. Nagle (Claremont) 16:53.38. **10,000:** 2. Nagle (Claremont) 35:33.3. **400 Hurdles:** 5. Baker (Occidental) 64.60. **Team Scores:** 15. Occidental 27; 17. Claremont 24; 35. Pomona-Pitzer 6.



Danella Barnes  
3rd in NCAA Javelin

**NCAA Div. II Championships**

May 26-29, Sacramento: NCAA Division II National Championships.

**Men's Events:**

**100:** 1. Green (Texas A&I) 10.57; 2. Holmes (Cal State L.A.) 10.62; 3. Davis (Angelo St.) 10.78; 5. Smith (Cal State L.A.)  
**200:** 1. Green (Texas A & I) 20.96; 2. Davis (Angelo St.) 21.37; 3. Blue (Adelphi) 21.38.  
**400:** 1. White (Mt. St. Mary's) 45.93; 2. Phillips (San Houston St.) 45.96; 3. Armstead (NE Missouri) 46.13; 4. Croft (Cal Poly SLO) 46.55; 6. Cook (Cal Poly Pomona) 47.10.  
**800:** 1. Sallaz (Cal Poly SLO) 1:49.97; 2. Key (SW Missouri St.) 1:50.25; 3. Callicutt (Virginia St.) 1:50.51.

**1500:** 1. Frank Assumma (UC Riverside) 3:41.82; 2. Biaty (Cal Poly Pomona) 3:43.53; 3. Jenness (UC Riverside) 3:44.72; 6. Haney (Cal State Bakersfield) 3:45.26.  
**5000:** 1. Alvarez (UC Riverside) 14:09.09; 2. Grimes (Humboldt State) 14:12.26; 3. Lagraide (Portland St.) 14:12.83; 6. Cook (UC Riverside) 14:18.72.  
**10,000:** 1. Grimes (Humboldt State) 29:04.97; 2. Peterson (Saginaw Valley) 29:10.77; 3. Schallert (Cal State Northridge) 29:50.44.

**Steeplechase:** 1. Vanatta (SE Missouri) 8:45.45; 2. Breadsly (Edinboro St.) 8:45.57; 3. Parker (Pittsburg St.) 8:56.25.  
**110 Hurdles:** 1. Parker (Abilene Christian) 13.97; 2. Presberry (SE Missouri) 14.17; 3. Booker (Angelo St.) 14.20; 6. Dickerson (Cal State Bakersfield) 14.54.  
**400 Hurdles:** 1. Brown (Saginaw Valley) 50.22; 2. Johnson (Tuskegee) 50.78; 3. Johnson (Adelphi) 51.00.

**400 Relay:** 1. Abilene Christian 39.80; 2. Angelo St. 39.80; 3. Cal Poly SLO 40.45.  
**1600 Relay:** 1. Angelo St. 3:09.17; 2. Saginaw Valley 3:10.38; 3. Texas A & I 3:10.86.

**High Jump:** 1. Moran (Cal State Hayward) 7-0¼; 2. Coats (St. Augustine) 7-0; 3. Thomas (Northern Colorado) 7-0.  
**Pole Vault:** 1. Pursley (Abilene Christian) 17-4; 2. Jenkins (Abilene Christian) 16-4; 3. Williams (Abilene Christian) 16-4.

**Long Jump:** 1. Stuart (Mankato St.) 26-2¼w; 2. Johnson (Abilene Christian) 25-3¼; 3. Waynes (Cal Poly SLO) 25-0¼; 6. Wagner (Cal State L.A.) 24-8½.

**Triple Jump:** 1. McFadden (Virginia St.) 53-8½; 2. Alston (C.W. Post) 52-11; 3. Gray (Cal State L.A.) 52-6; 6. Roberts (Cal State Bakersfield) 51-9¼.

**Shot Put:** 1. Lister (Cal State L.A.) 59-10¼; 2. Heisler (Indiana Central) 59-2¼; 3. McKee (CS Northridge) 58-11.

**Discus:** 1. Hiesler (Indiana Central) 187-8; 2. Kelly (St. Cloud) 178-2; 3. Kidd (Mississippi Col) 175-10.  
**Hammer:** 1. Borden (S. Conn. St.) 205-5; 2. Gassner (S. Conn. St.) 191-2; 3. Bush (Cal State Sacramento) 190-7; 5. Goode (CS Northridge) 187-8.

**Javelin:** 1. Revenis (E. Stroudsburg St.) 244-9; 2. Goode (CS Northridge) 239-6; 3. Jones (UC Davis) 236-1.

**Team Scores:** 1. Abilene Christian 120; 2. Cal State Los Angeles 95; 3. Cal Poly SLO 94½; 4. Cal State Northridge 83; 7. UC Riverside 57; 10. Cal State Bakersfield 52. *Note: It's been understood that Cal State Los Angeles' team score was adjusted, thus moving Cal Poly SLO into second. Official scores not available.*

**Women's Events:** **100:** 1. Dodson (Morgan St.) 11.79; 2. Carley (Sacramento State) 11.93; 3. Holland (Cal Poly SLO) 12.01; 4. Lovelady (Cal State Bakersfield) 12.11.

**200:** 1. Jackson (Alabama A&M) 24.20; 2. Dodson (Morgan St.) 24.24; 3. Gilbert (St. Augustine) 24.80; 6. Sherrill (Cal State Northridge) 25.14.

**400:** 1. Gilmore (Sacramento State) 53.85; 2. Banks (Cal State Hayward) 54.04; 3. Ingram (St. Augustine) 54.78; 4. Gilmore (Sacramento State) 55.04.



Frank Assumma  
NCAA II 1500 Champ

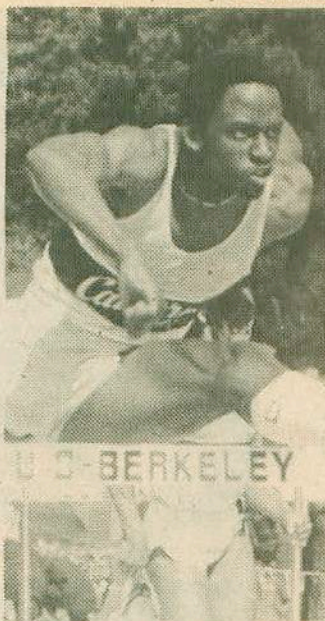
**800:** 1. Scherzinger (Cal Poly SLO) 2:09.26; 2. Mitchell (Alabama A&M) 2:11.22; 3. Ewing (Cal Poly SLO) 2:11.23.  
**1500:** 1. Kraemer (Cal Poly SLO) 4:19.88; 2. Harper (Cal Poly SLO) 4:19.86; 3. Spin



Janet Yarborough  
2nd in LH & LJ in NCAA

photo by Bill Leung, Jr.

photo by Dave Cradeur



Larry Cowling  
4th NCAA High Hurdles

**Qualifying:** Jim Scannella (UCB) dsq; Dwayne Wycoff (UCLA) dsq.

**200:** 1. James Butler (OSU) 20.07; 2. Calvin Smith (UAL) 20.20; 3. Mike Miller (TEN) 20.21; 4. Eric Brown (UCLA) 20.22; 5. Phillip Epps (TCU) 20.29; 6. Ronnie Taylor (FSU) 20.53.

**Steeplechase:** 1. Richard Tuwei (WSU) 8:42.73; 2. Simeon Kigem (MISS) 8:44.27; 3. Dave Daniels (UCLA) 8:48.70; 4. Graeme Fell (SDSU) 8:51.70; 5. Sam Ngatia (UTEP) 8:52.97; 6. Sam Sitonik (UTAU) 8:54.11.

**Discus:** 1. Dean Crouser (UO) 207-4; 2. Jack Harkness (CLEM) 203-4; 3. Carlos Scott (UTEP) 201-11; 4. Goran Svensson (BYU) 201-4; 5. Richard Meyer (UH) 200-6; 6. Oskar Jakobsson (UTAH) 197-3. **Non-Qualifying:** John Brenner (UCLA) 160-9.

**10,000:** 1. Suleiman Nyambur (UTEP) 29:03.54; 2. Gidamis Shahanga (UTEP) 29:05.54; 3. Peter Koech (WSU) 29:11.76; 4. Joseph Nzau (UWY) 29:14.85; 5. Zaharie Barie (UTEP) 29:17.10; 6. Steve Ortiz (UCLA) 29:17.25; 12. Simon Kilili (San Jose State) 30:09.60; 23. Steve Webb (UCLA) 31:09.65; 28. John Gerhardt (UCI) 32:22.87; 27. Rick Rose (UCLA) 32:43.55.

**Long Jump:** 1. Vance Johnson (UA) 26-11 1/4; 2. Mike Conley (UAR) 26-10 1/4; 3. Yussuf Aili (UMSC) 26-8 3/4; 4. Gilbert Smith (UTAR) 26-8 1/2 w; 5. Steve Bridges (WKEN) 26-8; 6. Ralph Spry (UMIS) 26-6 3/4; 14. Ron Wayne (Cal Poly SLO) 23-7.

**High Jump:** 1. Milton Ottey (UTEP) 7-7 1/4; 2. Del Davis (UCLA) 7-7 1/4; 3. Brent Harken (WSU) 7-6 1/4; 4. Leo Williams (USNA) 7-6 1/4; 5. Jeff Woodard (UAL) 7-6 1/4; 6. Rod Rudolph (UAL) 7-5; 7. Brian Stanton (UH) 7-5; 8. Marshall Broadway (UH) 7-5; NH Charles Mayfield (ASU); James Frazier (UA). **Non Qualifying:** Anthony Cairae (USC) 6-11 1/4; Dan McNamara (Fresno State) 6-11 1/4; Frank Schiefer (San Diego State) NH; Mike Nelson (UC Berkeley) NH.

**Javelin:** 1. Brian Crouser (UO) 274-7; 2. Lasio Babits (WSU) 263-3; 3. Jari Keihias (BYU) 260-3; 4. Ronald Bradstock (SMU) 258-3; 5. Einar Vilhjalmsson (UTAU) 258-1; 6. John Amable (FLA) 255-4.

**Triple Jump:** 1. Keith Connor (SMU) 57-7 1/4; 2. Eddie Loyd (MTSU) 55-1 1/4; 3. Greg Neal (TEN) 55-1 1/4; 4. Joseph Taiwo (WSU) 54-11 1/4; 5. Chip Benson (UCLA) 54-10; 6. David Slier (TEN) 54-8 1/2; 7. Henry Ellard (Fresno State) 54-3 1/4; 8. Charles Mayfield (ASU) 54-1 1/4; 9. Dokie Williams (UCLA) 53-8 3/4 w.

**100:** 1. Stanley Floyd (UH) 10.03; 2. Willie Gault (TEN) 10.10; 3. Mike Miller

(TEN) 10.11; 4. Mark McNeil (UH) 10.19; 5. Darwin Cook (USC) 10.21; 6. Darrell Green (TXA) 10.27. **Consolation:** 4. Eric Brown (UCLA) 10.37.

**400:** 1. Kashheef Hassan (ORSU) 45.47; 2. Bert Cameron (UTEP) 46.49; 3. Cedric Vaughns (UAL) 46.09; 4. Elliott Tabron (MICS) 46.14; 5. Eddie Carey (UCI) 46.20; 6. Eugene Sanders (MVSU) 46.41.

**Shot Put:** 1. Dean Crowser (UO) 68-4 1/4; 2. Mike Lehmann (UILC) 68-3 3/4; 3. Kevin Akins (OHS) 67-8 1/4; 4. Oskar Jakobsson (UTAU) 67-7 1/4; 5. John Campbell (NSUL) 65-8 1/2; 6. Joe Maciejczyk (LSU) 64-1 1/2; 9. John Brenner (UCLA) 62-5 3/4; 12. Bruce Parker (UCB) 60-1 1/4; 14. Joe Staub (NEBL) 59-6.

**1500:** 1. Jim Spivey (IU) 3:45.42; 2. John Gregorek (GU) 3:46.40; 3. Mark Fricker (ORSU) 3:46.75; 4. Per Kristofferson (UMCP) 3:47.71; 5. Jim Hill (UO) 3:48.37; 6. Kevin Johnson (ETSU) 3:49.59.

**110 Hurdles:** 1. Milan Stewart (USC) 13.53; 2. Willie Gault (TEN) 13.60; 3. Eugene Norman (RUT) 13.79; 4. Larry Cowling (UCB) 13.86; 5. Rodney Wilson (VILU) 13.92; 6. Henry Andrade (SMU) 14.00; 7. Marcus Allen (UCLA) 14.12.

**5000:** 1. Suleiman Nyambur (UTEP) 13:54.09; 2. Peter Koech (WSU) 13:56.20; 3. Tom Downs (UCB) 14:01.02; 4. Chris Fox (AUU) 14:04.20; 5. Bill McChesney (UO) 14:12.06; 6. Jari Hemmilla (ORU) 14:14.30; 8. Steve McCormack (UCLA) 14:15.19; 14. Jon Butler (UCLA) 14:46.60.

**1600 Relay:** 1. Mississippi State 3:03.49; 2. Baylor 3:03.87; 3. Villanova 3:05.46; 4. Howard 3:05.65; 5. UC Berkeley 3:06.85; 6. Tennessee 3:07.45.

**Pole Vault:** 1. Dave Kehworthy (USC) 17-11 1/4; 2. Doug Lytle (Kansas) 17-11 1/4; 3. David Volz (IU) 17-7 1/4; 4. Anthony Curran (UCLA) 17-7 1/4; 5. Jeff Ward (MIA) 17-7 3/4; 6. Ross McAlexander (UCB) 17-7 3/4; 9. Felix Bohnl (San Jose State) 17-3 1/4; 12. Greg Ernst (WSU) NH.

photo by Dave Stock



Kim Schnurpfeil  
NCAA 10,000 Champ

**Team Scores:** 1. UTEP 105; 2. Tennessee 94; 3. Washington State 85; 4. Oregon 76; 5. UCLA 75; 6. SMU 71; 8. Cal Berkeley 53; 12. USC; 33. Fresno State 14; 33. San Jose State 14; 53. San Diego State 9; 53. Long Beach State 9; 60. UC Irvine 8.

#### WOMEN'S EVENTS

**Heptathlon:** 1. Jackie Joyner (UCLA) (13.94, 40-0 3/4, 5-7 1/4, 24.07, 20-11, 142-8, 2:18.45) 6099; 2. Annette Tannander (COLO) 5656; 3. Carrie McLaughlin (San Diego State) 5526; 4. Susie Ray (UCLA) 5511; 5. Susan Brownell (UVIR) 5445; 6. Renee Nickles (OKLA) 5440; Kerry Zwart-Bell (USC) 5217; Kathy Raugust (UC Berkeley) 5119.

**Javelin:** 1. Karen Smith (Cal Poly SLO) 206-9; 2. Lynda Hughes (UO) 191-9; 3. Sally Harmon (UO) 186-7; 4. Jackie Nelson (UCLA) 173-5; 5. Martha Hart (UA) 171-10; 6. Dana Olson (UH) 170-8; 8. Kristen Engle (UCB) 166-8; 9. Susie Ray (UCLA) 165-4; 10. Danella Barnes (Cal Poly SLO) 162-9.

**3000:** 1. Cecil Hopp (Stanford) 9:28.92; 2. Patti Sue Plumer (Stanford) 9:29.49; 3. Rosa Gutierrez (UO) 9:30.92; 4. Ann Peake (MICS) 9:33.44; 5. Stephanie Weikerta (CLEM) 9:33.93; 6. Lisa Welch (UVIR) 9:39.63.

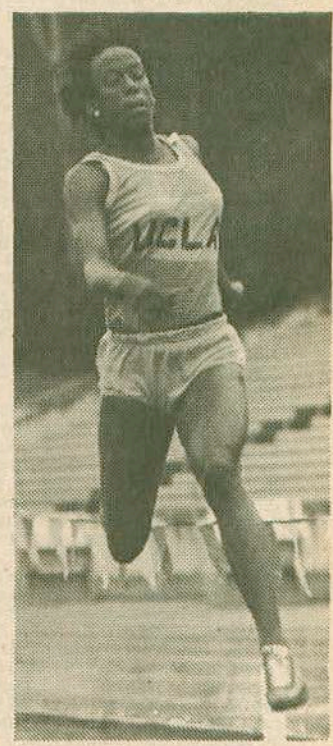
**100:** 1. Merlene Ottey (NEBL) 10.97; 2. Jeanette Bolden (UCLA) 11.12; 3. Benita Fitzgerald (TEN) 11.13; 4. Diane Williams (CSLA) 11.13; 5. Florence Griffith (UCLA) 11.14; 6. Jackie Washington (UH) 11.20. **Consolation:** 1. Jaqueline Pusey (CSLA) 11.45.

**400 Hurdles:** 1. Tonja Brown (FSU) 56.46; 2. Robin Marks (UA) 58.00; 3. Faye Paige (LONS) 58.21; 4. Lynn Gamble (PVAM) 58.40; 5. Tammie Hart (PSU) 58.45; 6. Barbara Scott (UAL) 59.00.

**1500:** 1. Leann Warren (UO) 4:17.90; 2. Monica Joyce (SDSU) 4:18.13; 3. Jill Haworth (UVIR) 4:21.07; 4. Michele Bush (UCLA); 5. Linda Goen (UCLA) 4:21.92; 6. Suzanne Girard (NCSU) 4:22.33; 8. Eileen Kraemer (Cal Poly SLO) 4:23.59; 12. Patti Sue Plumer (Stanford) 4:26.04; 14. Amy Harper (Cal Poly SLO) 4:33.14.

**Shot Put:** 1. Meg Ritchie (UA) 55-5 1/4; 2. Rosemarie Hauch (TEN) 54 1/4; 3. Elaine Sobansky (PSU) 52-11 1/4; 4. Marita Walton

photo by Bill Leung, Jr.



Jackie Joyner  
NCAA Heptathlon Champ

(UMCP) 52-11; 5. Jennifer Smit (UTEP) 52-2 1/4; 6. Sandy Burke (NEU) 51-10 1/4; 8. Annie McElroy (Long Beach State) 51-6; 9. Ramona Pagel (Long Beach State) 50-7; 12. Peggy Pollock (Long Beach State) 48-11 1/4; 13. Sharon Hamilton (CS

W Parkside) 4:36.56; 4. Scannell (Sacramento State) 4:44.14.

**3000:** 1. Gray (UC Davis) 9:37.09; 2. eske (S. Dakota St.) 9:37.36; 3. Scannell (Sacramento St.) 9:43.55; 6. Kelley (Cal Poly SLO) 10:01.44.

**5000:** 1. Gray (UC Davis) 16:36.20; 2. eske (S. Dakota St.) 16:36.35; 3. Asp (S. Dakota St.) 16:51.76; 6. Crowley (Cal Poly O) 17:17.56.

**10,000:** 1. Stavrum (S. Dakota St.) 06:38; 2. Crowley (Cal Poly SLO) 07:28; 3. Meyers (Seattle Pacific) 18:77; 4. Sommers (UC Davis) 35:40.50.

**100 Hurdles:** 1. Jackson (Alabama M) 14.50; 2. Yarborough (Cal Poly SLO) 58; 3. Whitehead (Morgan St.) 14.60.

**100 Relay:** 1. Cal Poly SLO (Mallory, Mcain, Holland, Van Warmerdam) 45.15; Alabama A&M) 45.39; 3. Cal State Kersfield 45.69; 5. Cal State Northridge 77; 4. Sacramento State 46.10.

**600 Relay:** 1. Morgan St. 3:40.27; 2. Cal Poly SLO 3:40.89; 3. Sacramento State 6:12; 4. Cal State Bakersfield 3:46.45.

**High Jump:** 1. Blunston (Cal State Kersfield) 6-0; 2. McNeal (Cal Poly O) 5-8; 3. Ackerman (Mt. St. Mary's) 5-11; 4. Bell (CS Bakersfield) 5-7 1/2.

**Long Jump:** 1. Serrano (UC Davis) 20-10; Yarborough (Cal Poly SLO) 20-8; 3. Medlady (Cal State Bakersfield) 20-7; 5. ks (Cal State Bakersfield) 20-0 1/2.

**Shot Put:** 1. Hamilton (Cal State Kersfield) 49-8; 2. Corley (Cal State Kersfield) 48-6 1/4; 3. Antoine (St. Justine's) 46-7.

**Discus:** 1. Oswalt (Cal State Hayward) 9; 2. Ford (Cal State Hayward) 155-8; Robinson (Cal State Chico) 155-0.

**Javelin:** 1. Smith (Cal Poly SLO) 191-1; Welsh (Springfield) 161-7; 3. Barnes (Cal Poly SLO) 157-4; 4. Sundby (Cal State Hayward) 154-6.

**Team Scores:** 1. Cal Poly SLO 256; 2. bama A&M 144 1/4; 3. Cal State Kersfield 113; 6. Cal State Hayward 7; 7. Sacramento State 98; 9. UC Davis 12. Cal State Northridge 35.

## NCAA Division I Championships

2-5, Brigham Young University, Provo, Utah.

#### WOMEN'S EVENTS:

**Heptathlon:** 1. Trond Skramstad (MSMU) 59, 23-1 1/4, 43-8 1/4, 6-5 1/4, 49.02, 15.02, 3, 14-5 1/4, 198-3, 4:26.56) 7770; 2. Johnnie (SILC) 7660; 3. Mike Ramos (UW) 7549; 4. Keith Collins (WSU) 7600; 5. Marty Bauer 7572; 6. John Irvine (ASU) 7549.

**100:** 1. Richard Olsen (SMU) 240-5; Robert Weir (SMU) 240-3; 3. Kjell Edt (BYU) 232-3; 4. Bill Green (CSU) 226-9; 5. Matt Mileham (UO) 226-7; 6. Declan Hegarty (UO) 223-4; 13. Steve Rohovit (CSU Long Beach) 203-9. **Qualifying:** Rohovit 207-1.

**Qualifying:** Steve Nickerson (UCLA) 201-0; Shaun Pickering (Stanford) 201-0.

**3000 Relay:** 1. Houston (Charles Young, McNeil, Anthony Ketchum, Stanley) 38.53; 2. Northwest Louisiana State 39.18; 4. Rice State 39.27; 6. Arizona State 39.93. **Consolation:** 4. UCLA (Howard, Gerald White, Tony Banks, Eric) 39.93. **Qualifying:** UCLA 39.89.

**Qualifying:** UC Irvine (Mike Perito, Carey, Rick Holliday, Harold Todd)

**100:** 1. David Mack (ORE) 1:48.00; 2. McIntosh (WMIC) 1:48.10; 3. Ray (UVIR) 1:48.46; 4. John Trott (UI) 1:48.56; 6. Robinson (UI) 1:49.06. **Consolation:** by Rob Webster (UW) 1:47.21.

**Hurdles:** 1. David Patrick (TEN) 48.46; 2. Larry Cowling (UCB) 48.46; 3. Montgomery (BAU) 48.73; 4. Bernie way (San Jose State) 49.10; 5. Martin 49.66; 6. John Lenstrohm (ASU) 49.98. **Non-**

NCAA Div. I, continued:

Bakersfield 48-1 1/4; 14. Carol Cady (Stanford) 47-4 1/4. *Non Qualifiers:* Cherayl Kennedy (San Diego State) 47-6 1/4; Deborah Corley (CS Bakersfield) 47-2 1/4.

**1600 Relay:** 1. Tennessee (Cathy Ratray 51.3, Sharieliffa Barksdale 53.2, Joetta Clark 52.8, Delisa Walton 51.2) 3:28.55; 2. Florida State 3:28.70; 3. UCLA 3:30.44; 4. Prairie View 3:33.81; 5. Howard 3:38.29; 6. Las Vegas 3:38.68.

**5000:** 1. Kathy Bryant (TEN) 16:10.41; 2. Kathryn Hayes (UO) 16:22.80; 3. Eryn Forbes (UO) 16:27.71; 4. Eva Ernstrom (San Diego State) 16:31.33; 5. Kim Schnurpfell (Stanford) 16:37.05; 6. Jill Molen (UU); 8. Patty Gray (UC Davis) 16:54.53; 10. Michelle Mason (Stanford) 17:05.60.

**10,000:** 1. Kim Schnurpfell (Stanford) 33:36.51; 2. Eryn Forbes (Oregon) 33:55.10; 3. Jill Molen (Utah) 33:59.10; 4. Jill Washburn (Michigan State) 34:46.78; 5. Kellie Cathey (Oklahoma) 34:55.90; 6. Aileen O'Connor (Virginia) 35:00.90; 7. Ann Locke (Stanford) 35:05.56; 16. Mary Mason (UC Santa Barbara) 38:46.1.

**400:** 1. Marita Payne (FSU) 52.01; 2. Charmaine Crooks (UTEP) 52.33; 3. Cathy Ratray (TEN) 52.36; 4. SaShon Nedd (UCLA) 52.93; 5. Arlise Emerson (UCLA) 53.26; 6. Easter Gabriel (PVAM) 53.90. *Consolation:* 1. Sharon Dabney (Cal State LA) 55.00.

**400 Relay:** 1. Nebraska (Kristen Engle, Alicia McQueen, Rhonda Blanford, Mariene Ottey) 43.72; 2. Florida State 43.73; 3. UCLA 44.02; 4. Cal State Los Angeles 44.27; 5. Tennessee 44.36; 6. Prairie View 44.98. *Consolation:* 1. San Diego State 45.64.

**800:** 1. Delisa Walton (TEN) 2:05.22; 2. Joetta Clark (TEN) 2:06.49; 3. Leann Warren (UO) 2:06.58; 4. Regina Jacobs (Stanford) 2:07.09; 5. Monica Joyce (San Diego State) 2:07.32; 6. Ranza Clar (UO) 2:07.57. *Consolation:* 5. Esther Scherzinger (Cal Poly SLO) 2:14.85.

**100 Hurdles:** 1. Benita Fitzgerald (TEN) 13:13; 2. Canzetta Young (FDU) 13.23; 3. Kim Turner (UTEP) 13.24; 4. Tonja Brown (FSU) 13.73; 5. Clara Hairston (AU) 13.78; 6. Janet Yarbrough (Cal Poly SLO) 13.95.

**200:** 1. Florence Griffith (UCLA) 22.39; 2. Merlene Ottey (NEBL) 22.46; 3. Randy Givens (FSU) 22.59; 4. Marita Payne (FSU) 22.91; 5. LaShon Nedd (UCLA) 23.20; 6. Diane Williams (Cal State LA) 23.53. *Consolation:* 3. Jeanette Bolden (UCLA) 24.07.

**Discus:** 1. Meg Ritchie (UA) 202-0; 2. Leslie Deniz (ASU) 193-1; 3. Patricia Walsh (TEN) 180-8; 4. Carol Cady (Stanford) 179-0; 5. Piag Iacova (JAL) 170-1; 6. Marita Walton (UMCP) 169-9; 8. Glenda Ford (Cal State Hayward) 163-2; 9. Laura DeSnoo (San Diego State) 160-9; 10. Diane Oswald (Cal State Hayward) 160-8.

**Long Jump:** 1. Jennifer Innis (CSLA) 21-9 1/2; 2. Jackie Joyner (UCLA) 21-8 1/4; 3. Carol Lewis (UH) 21-7 1/2; 4. Halcyon McKnight (UK) 21-2 1/4; 5. Donna Thomas (NTS) 21-2 1/4; 6. Vivian Riddick (PSU) 20-4 1/2; 9. Jewel Lovelady (CS Bakersfield) 19-11; 10. Teri Serrano (UC Davis) 19-9 1/2; 11. Michelle Kelley (UC Irvine) 19-8 1/4; 14. Sandra Crabtree (USC) 19-3.

**High Jump:** 1. Disa Gisladdottir (JAL) 6-1 1/4; 2. Phylus Blunston (CS Bakersfield) 6-1 1/4; 3. Susanne Lorentzon (UTEP) 6-1 1/4; 4. Maria Zanandrea (BYU) 6-0; 5. Renee Nickles (OK) 6-0; 6. Frances Daniell (OH) 6-0; 7. Sue McNeal (Cal Poly SLO) 6-0; 8. Jana Clough (OK) 6-0; 8. Wendy Markham 6-0; 16. Carl Gosswiller (UCLA) 5-9 1/4; 17. Patty Stafford (San Diego State) NH.

**Team Scores:** 1. UCLA 153; 2. Tennessee 128; 3. Florida State 119 1/2; 4. Oregon 104; 5. Stanford 78; 6. Arizona 58; 8. Cal State Los Angeles 48; 10. San Diego State 47; 18. Long Beach State 20; 39. Cal Berkeley 6; 46. USC 3; 51. UC Irvine 2.



## Kinney Invitational

By G. DAVID BROWN, INNERSPORTS

June 12, Edwards Stadium, Berkeley.

The mile, once again, made its mark. This time in the form of the first ever Kinney Invitational. 10,000 plus fans gathered at the UC Berkeley campus to watch John Walker, Steve Scott and Mary Decker-Tabb assault stadium and possibly even world records.

The mile wasn't the only event getting attention. Eyes were focused on the pole vault with the likes of Billy Olsen, Dave Voiz, Dan Ripley and Dave Kenworthy. Olsen was clearly in a class of his own on this day, breaking the stadium record with his 18-1 vault. This was just one of his other "tune-ups" before attacking the European track circuit this summer. Olsen commented on his performance, "I felt pretty good about my jumping today. Conditions weren't that good, my jumping this year is going pretty good and is just starting to come around. I think for the national meet next week I'm going to be ready!" Olsen sees his main competitors as Earl Bell and Dan Ripley and fellow teammate Brad Pursley. He plans on going over 19 feet by the end of this season.

The two mile also attracted big names with Doug Padilla, Paul Cummings, Thom Hunt, and Craig Virgin (just coming off a kidney ailment). The first lap was at 62.7 with Padilla, Cummings and Steve Ortiz (UCLA) all one by one. Ortiz and Padilla were changing off leads coming by the mile at 4:10.7. Coming off a 7:19.8 gun lap Padilla kicked to a 8:23.6 and a new stadium record. "Steve helped alot because I couldn't hold the pace and couldn't concentrate on holding it. If Steve kicked he could have probably got me, but I think he relaxed too much," Padilla commented. Ortiz was timed at 8:24.6 with Thom Hunt and Paul Cummings holding on for third and fourth with



Tom Petranoff, Kinney javelin champ at 287-4

8:28.9 and 8:33.8. It was a hard race for Craig Virgin in his first major race after his illness. "I've been out of action for quite awhile. I've made a helluva lot of progress in two months, when I started out I could only jog a 10 minute pace." Virgin will be competing in the 10k at the TAC Nationals and hopes to be "somewhat competitive" by then.

photo by Dave Stock



Evonne Hannus edges ahead of Louise Romo in 800

photo by Dave Stock

Mary Decker ran her usual "fronking, nobody can catch me" style women's mile. Just coming off a record in the 5000 meters in C Decker-Tabb ran the first quarter. Monica Joyce, Francie Larrieu Hopp and Michelle Hopper eat the rest of the runners. Tabb went clock such splits as 2:08.4 and leading up to a 4:23.3 and seven s ahead of the others. Monica Joyce herself a British record with a 4: cond place. Francie Larrieu shows in prime form by holding off St Cecil Hopp 4:35.8 to 4:36.5. Dec California Track & Running News is my first mile since Jack-in-the-I'm happy with it since it's my race of the season. I'm start season late since I'm going to Eu most it." Decker says she will b out all the distances in Europ 5000, at least one 3K, a mile ar 1500's and maybe even one 800." proves she's versatile in all distance and long distance even.

The featured men's mile proved to be a miler you have to be a sprinter. Ingram of West Valley JC served up a rabbit with a 58.7 first lap then took on from there taking the middle of the second lap. Wa hanging close by, with Ingram r Smith. The 880 was passed in the 1:32 in 2:59. At the final lap test of who could sprint the fastest passed the test winning in 3:55. Walker holding on to Scott in 3:54 commented, "I had hoped to have tempo early because this is chance I have to set an early pac Oslo. My goal today was to come in a fast tempo, around 1:55 for a and then try to hang on. I still fa quite alot of good races left; my starting in full swing now." Walk

ag from his long flight from New Zealand which affected his performance. It was his first race of the season. "This is my first meet of the season and hopefully I'll get stronger. It really starts when we all get to Europe." Walker says he will be concentrating on the 5000 meters next year and at the Olympics as well.

Other good performances:  
Yvonne Hanus of the Stanford Track Club won the women's 800 in 2:02.9. Cal's Louise Romo earned herself a PR in :03.0. Sue Ballinger of Athletics West was third in 2:04.0 with Stanford's Regina Jacobs fourth in 2:04.5.

Evelyn Ashford sped through the 100 meters in 11.14 edging off UCLA's Lorence Griffin in 11.18. This broke her old stadium record of 11.22.

Eric Brown's 20.44 captured a new stadium record.

Jim Spivey's 1:46.5 in the 800 with Randy Wilson's 1:46.5 second.

Bob Roggy withdrew from the javelin competition with a pulled groin and Tom Stranoff took things from there with a win of 287.4.

Dave Laut won the shot in 68-5 with John Powell taking the discus in 220-3.

#### Men

100—1. E. Brown (UCLA), 10.26w; 2. Cook (USC), 10.33; 3. M. Sanford (USC TC), 10.40; 4. Egbunike (Nigeria), 10.48.

200—1. E. Brown (UCLA), 20.44; 2. G. Foster (Wit's AC), 20.64; 3. Egbunike (Nigeria), 20.75; 4. Edwards (SoCal Striders), 21.08.

400—1. Turner (Pasadena CC), 45.90; 2. Rogers (Maccabi TC), 45.95; 3. Darden (Phis. Pioneers), 45.96; 4. Wiley (I.C. International), 46.35.

800—1. Spivey (Indiana), 1:46.5; 2. Wilson (Athletics West), 1:46.5; 3. Belger (Pacific Coast Club), 1:47.0; 4. Chapman (Mt. San Antonio College), 1:47.0.

MILE—1. Scott (Sub 4 TC), 3:54.1; 2. Walker (New Zealand), 3:54.6; 3. Flynn (New Balance TC), 3:54.9; 4. Aldridge (AW), 3:58.6.

TWO MILE—1. Padilla (Athletics West), 8:23.6; 2. Ortiz (UCLA), 8:24.6; 3. Hunt (AW), 8:28.9; 4. Cummings (New Balance TC), 8:33.8.

100H—1. G. Foster (Wit's AC), 13.29; 2. Turner (Stars & Stripes TC), 13.54; 3. Cowling (California), 13.54; 4. Lenstrohm (Arizona St.), 13.98.

400H—1. Phillips (Wit's AC), 49.24; 2. Lee (Athletic Attic), 49.71; 3. Newhouse (Canada), 50.3; 4. Rambo (AA), 50.79.

JAVELIN—1. Petranoff (SoCal Striders), 287-4; 2. Lothrop (Weight City TC), 255-5; 3. Atwood (AW), 253-10; 4. Kennedy (Pacific Coast Club), 242-11.

LONG JUMP—1. Myricks (Athletic Attic), 25-2; 2. McRae (Bay Area Striders), 24-4 1/4; 3. Campbell (California), 23-8; 4. Alston (unat), 23-6 3/4.

DISCUS—1. Powell (San Jose Stars), 220-3; 2. Burns (AW), 219-6; 3. Stadel (AW), 211-6; 4. Wilkins (AW), 210-11.

SHOTPUT—1. Laut (AW), 68-5; 2. Lehman (AA), 65-0 1/4; 3. Oldfield (Chicago TC), 65-0 1/4; 4. Tafrales (Weight City TC), 64-11 1/4.

POLE VAULT—1. Olson (Pacific Coast Club), 18-1; 2. Kenworthy (USC), 17-6 1/4; 3. Tully (New York AC), 17-6 1/4; 4. Volz (Indiana), 17-0 1/4.

HIGH JUMP—1. Peacock (Athletic Express), 7-3 3/4; 2. Stones (Pacific Coast Club), 7-2; 3. Stanton (Houston), 7-2; 4. Moran (CS Hayward), 7-0.

#### Women

100—1. Ashford (Medalist TC), 11.14; 2. Griffith (UCLA), 11.18; 3. Brown (Wit's AC), 11.37; 4. Bolton (Stanford TC), 11.86.

800—1. Hanus (Stanford TC), 2:02.9; 2. Romo (California), 2:03.0; 3. Ballinger (AW), 2:04.0; 4. Jacobs (Stanford), 2:04.5.

MILE—1. Decker Tabb (AW), 4:23.2; 2. Joyce (Ireland), 4:30.4; 3. Larrieu (New Balance TC), 4:35.8; 4. Hopp (Stanford), 4:36.5.

photo by Dave Stock



Andy Clifford (left) and Steve Scott in Kinney Mile



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# Masters Scene

## Yakima Ultras

From Dick Goodman

April 25: Yakima, Washington: Yakima Valley/Coca Cola Ultra-Marathons.

### 100 Kilometers:

- |    |                              |     |          |
|----|------------------------------|-----|----------|
| 1  | Joop Keizer (Holland)        | 41  | 7:15:37  |
| 2  | Jim Pearson (Bellingham, WA) | 37  | 7:56:18  |
| 3  | John Pruitt (Salem, OR)      | 35  | 8:31:38  |
| 5  | Rob Volkenand (Bend, OR)     | 51  | 9:15:10  |
| 8  | G. Billingsley (Loomis, CA)  | 60  | 9:31:24  |
| 10 | Ardis Bow (Kirkland, WA)     | 26F | 10:19:31 |

### 50 Mile Masters National Championship:

- |    |                               |     |         |
|----|-------------------------------|-----|---------|
| 1  | Fred Kiddy (Palm Springs, CA) | 48  | 5:49:20 |
| 2  | Sandra Kiddy (P Springs, CA)  | 45F | 6:15:47 |
| 3  | Harold Hesler (Lk. Stev, WA)  | 42  | 6:29:29 |
| 4  | Conrad Eroen (Rdo. Bch, CA)   | 53  | 6:32:20 |
| 6  | Harrison Smith (Redding, CA)  | 55  | 7:11:08 |
| 10 | Joanne Goodhead (OR)          | 41F | 8:20:24 |
| 11 | Harold Wood (Selah, WA)       | 60  | 8:58:58 |

### 50 Mile Open Division:

- |    |                    |     |         |
|----|--------------------|-----|---------|
| 1  | Richard Spady (MT) | 30  | 5:52:45 |
| 2  | Tim Guinan (WA)    | 35  | 5:55:19 |
| 12 | Wendy Damsky (OR)  | 22F | 8:09:03 |

### 50 Kilometer:

- |    |                         |     |         |
|----|-------------------------|-----|---------|
| 1  | Frank Bozanich (WA)     | 37  | 3:08:03 |
| 2  | Colin P. Peters (WA)    | 20  | 3:44:15 |
| 3  | Rich Goodhead (OR)      | 44  | 3:44:18 |
| 4  | Leslie Watson (England) | 34F | 3:45:10 |
| 5  | Carl Denton (WA)        | 40  | 3:51:59 |
| 7  | Bob Stayles             | 52  | 4:16:30 |
| 10 | Harold Copeland (WA)    | 62  | 4:26:25 |
| 15 | Jill Merriman (OR)      | 28F | 4:41:07 |
| 21 | Jo Hess (WA)            | 63F | 5:00:29 |

### 30 Kilometers:

- |   |                       |    |         |
|---|-----------------------|----|---------|
| 1 | Roger Howell (WA)     | 21 | 1:47:26 |
| 2 | Phil Phimister (WA)   | 27 | 1:47:26 |
| 3 | Phil English (WA)     | 27 | 1:48:59 |
| 5 | Valdemar Schultz (OR) | 41 | 2:02:48 |

- |    |                     |     |         |
|----|---------------------|-----|---------|
| 10 | Connie Reints (WA)  | 23F | 2:09:06 |
| 12 | Judie Boman (WA)    | 38F | 2:11:04 |
| 17 | Bob Washburn (WA)   | 53  | 2:16:38 |
| 49 | Norma Thompson (OR) | 43F | 2:41:16 |
| 73 | Gene Hess (WA)      | 70  | 3:29:01 |

## Golden State Masters Invitational

From Dr. Allen Nelson

May 29: Porterville: 5th Annual Golden State Masters Invitational.

### MEN'S EVENTS:

- 100: 30-39:** 1. Eugene Driver (31) 10.8; 2. Willie Roberson (38) 11.4; 3. Greg Marshall (34) 11.4. **40-44:** 1. Bobby Simpson (40) 11.4; 2. Melvin Brooks (41) 11.5; 3. Gilbert LaTorre (44) 11.6. **45-49:** 1. Milton Newton (48) 11.7; 2. Bruce Springbett (49) 11.8; 3. Jerry Stanners (47) 13.6. **50-54:** 1. Louis Sarto (51) 14.1; 2. John Friesen (54) 15.9. **55-59:** 1. Robert Watanabe (56) 12.7; 2. Richard A. Zumwalt (55) 12.9; 3. Bob Cooper 13.0. **60-64:** 1. Clarence Killion 13.4; 2. Alfred Guidet (64) 13.4; 3. Charles Mercurio (62) 13.8. **70-Plus:** 1. Anthony Castro (72) 14.1; 2. Ken Carnine (74) 15.0; 3. Sing Lum (77) 15.7.

- 200: 30-39:** 1. Eugene Driver (31) 22.1; 2. Glenn Johnson (32) 22.6; 3. Reggie Davis (32) 22.9. **40-44:** 1. Bill Knocke (42) 23.5; 2. Melvin Brooks (41) 23.6; 3. Bobby Simpson (40) 23.7. **45-49:** 1. Milton Newton (48) 24.0; 2. Bruce Springbett (49) 24.4; 3. Hans Bruhner (49) 24.4. **55-59:** 1. Richard Zumwalt (55) 26.9; 2. Bob Higginbotham (55) 28.2. **60-64:** 1. Clarence Killion 28.5; 2. Charles Mercurio (62) 29.3; 3. Mark Henderson (61) 31.2. **70-Plus:** 1. Anthony Castro (72) 30.2; 2. Sing Lum (77) 36.2.

- 400: 30-39:** 1. Glenn Johnson (32) 51.6; 2. Reggie Davis (32) 52.1. **40-44:** 1. Bill Knocke (42) 52.7. **45-49:** 1. Milton Newton (48) 54.6; 2. Hans Bruhner (49) 56.7; 3. Al Sheahan (49) 63.1. **55-59:** 1. Robert Watanabe (56) 60.1; 2. De Laine Wagner (55) 60.6; 3. Walter Atcheson (55) 65.4. **60-64:** 1. George Poloynis (64) 79.2.

- 800: 30-39:** 1. Wayne Douglass (34) 2:05.4; 2. Ozzie Osgood (35) 2:18.2. **40-44:** 1. John Pitman (43) 2:05.5. **50-54:** 1. Ken Napier (50) 2:18.7. **55-59:** 1. Walter Atcheson (55) 2:27.3. **60-64:** 1. George Poloynis (64) 2:57.3; 2. Warren Rankins (61) 4:41.1. **65-69:** 1. Donald Longenecker (68) 2:38.4.

- 1500: 30-39:** 1. Al Lomeli (30) 4:18.4; 2. Ozzie Osgood (35) 4:32.1. **40-44:** 1. George Cohen (42) 4:24.8; 2. Bob Blakeley (40) 5:03.3. **55-59:** 1. Walter Atcheson (55) 4:55.4. **60-64:** 1. George Poloynis (64) 6:22.9; 2. Warren Rankins (61) 7:29.8. **65-69:** 1. Donald Longenecker (68) 5:08.3; 2. Harry Harder (65) 5:40.1; 3. Edward Preston (65) 5:41.6.

- 5000 Walk: 50-54:** 1. John Friesen (54) 33:15.0. **65-69:** 1. Frank Saylor (68) 33:24.3.

- 5000: 30-39:** 1. Albert Lomeli (30) 16:10.9; 2. Ozzie Osgood (35) 16:37.0; 3. Paul Cross (35) 16:48.6. **65-69:** 1. Don Longenecker (68) 18:43.8; 2. Harry Harder (65) 20:37.3.

- 110 Hurdles: 30-39:** 1. Larry Sallinger (39) 15.4. **40-44:** 1. Dee DeWitt (43) 15.0; 2. Hugh Adams (42) 15.0; 3. John Dobroth (41) 15.1. **45-49:** 1. Ray Fitzhugh (47) 19.5; 2. Jerry Stanners (47) 19.7; 3. Edward Dobson (47) 22.0. **50-54:** 1. Dave Douglas (50) 20.1. **55-59:** 1. Burl Gist (55) 19.0.

- 400 Hurdles: 40-44:** 1. Hugh Adams (42) 60.2; 2. Bud Noether (40) 62.8. **45-49:** 1. Al Sheahan (49) 71.2.

- 400 Relay: 30-39:** 1. W. Roberson, E. Driver, G. Johnson, R. Davis 43.4. **55-59:** 1. W. Ambrose, D. Wagner, B. Cooper, R. Zumwalt 53.1.

- Discus: 30-39:** 1. Doug Wells (38) 146-2; 2. Dennis Swearingen (34) 127-8; 3. Gary Kelmenson (31) 117-0. **40-44:** 1. Chuck Hann (40) 112-1; 2. Dominick Mazza (42) 107-5; 3. Gary D. Miller (44) 101-0. **45-49:** 1. James A. Hart (45) 134-9; 2. Jerry Stanners (47) 104-9; 3. Ray Fitzpugh (47) 83-4. **50-54:** 1. Gerald Wojcik (52) 100-1; 2. Dave Douglass (50) 96-0; 3. Lowell Neilson (53) 93-8. **55-59:** 1. Bradley Pearson (59) 59-4. **60-64:** 1. Mark Henderson (61) 117-8; 2. Quinto Merlo (62) 117-1; 3. Bill Burke (63) 97-9. **65-69:** 1. Frank Saylor (68) 63-10. **70-Plus:** 1. Ken Carnine (74) 111-8.

- Javelin: 30-39:** 1. Gary Kelmenson (31) 121-1. **40-44:** 1. Gary Miller (44) 151-4; 2. Dee DeWitt (43) 115-1; 3. Mike Farris (43) 108-8. **45-49:** 1. James Hart (45) 120-2; 2. Ray Fitzpugh (47) 107-6; 3. Jerry Stanners (47) 93-3. **50-54:** 1. Dave Douglass (50) 112-5; 2. Jerry Wojcik (52) 109-6; 3. Jack Morrill (53) 101-8. **55-59:** 1. Edward Chynoweth (58) 154-8; 2. Thomas DeVaughn (59) 73-3; 3. Bradley Pearson (59) 49-9. **60-64:** 1. Robert Stone (61) 121-5; 2. Bill Burke (63) 114-0; 3. George Poloynis (64) 58-5. **65-69:** 1. Frank Saylor (68) 75-4. **70-Plus:** 1. Ken Carnine (74) 105-5.

- Shot Put: 30-39:** 1. Doug Wells (38) 52-9½; 2. Dennis Swearingen (34) 43-5½; 3. Gary Kelmenson (31) 37-2. **40-44:** 1. Chuck Hann (40) 40-10; 2. Mike Farris (43) 38-8; 3. Dominick Mazza (42) 35-10. **45-49:** 1. James Hart (45) 44-9; 2. Jerry Stanners (47) 25-8. **50-54:** 1. Dave Douglass (50) 36-0; 2. Lowell Neilson (53) 31-8; 3. Louis Sarto (51) 29-4½. **55-59:** 1. Bradley Pearson (59) 26-1. **60-64:** 1. Mark Henderson (61) 44-3; 2. Quinto Merlo (62) 42-5½; 3. Robert Stone (61) 41-0.

- Hammer: 30-39:** 1. Gary Kelmenson (31) 112-0. **40-44:** 1. Dominick Mazza (42) 93-9; 2. Mike Farris (43) 85-0. **45-49:** 1. James Hart (45) 111-1. **50-54:** 1. Dave Douglass (50) 127-8; 2. Jerry Wojcik (52) 98-11; 3. Jack Morrill (53) 90-8. **55-59:** 1. Thomas DeVaughn (59) 94-10. **60-64:** 1. Robert Stone (61) 95-5.

- Long Jump: 30-39:** 1. Rufus Morris (30) 22-6½. **40-44:** 1. Gary Miller (44) 19-4¼; 2. Dee DeWitt (43) 17-11¼; 3. Richard Flindler (42) 14-11. **45-49:** 1. Jerry Stanners (47) 15-1¼. **55-59:** 1. Bob Higginbotham (55) 15-0. **60-64:** 1. Mark Henderson (61) 13-8;

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Charles Mercurio (62) 13-7½; 3. Bill Burke (63) 13-1½.

**Triple Jump: 30-39:** 1. Rufus Morris (36) 41-9½; 2. Edward Baskauskas (31) 41-4½. **40-44:** 1. Richard Findley (42) 31-3. **45-49:** 1. Jerry Stanners (47) 29-11½. **60-64:** 1. Charles Mercurio (62) 29-2½; 2. George Poloynis (64) 24-10; 3. Quinto Merlo (62) 24-4¾.

**High Jump: 30-39:** 1. Edward Baskauskas (31) 6-0; 2. Wesley Mitchell (38) 5-6. **40-44:** 1. John Dobroth (41) 6-3. **45-49:** 1. Jerry Stanners (47) 5-0; 2. Ray Fitzpugh (47) 4-10. **50-54:** 1. Herm Wyatt (50) 5-6; 2. Dave Douglass (50) 4-6. **55-59:** 1. David Brown (59) 4-8. **60-64:** 1. Burl Gist (62) 5-0; 2. Mark Henderson (61) 4-10; 3. Orval Gillett (62) 4-6. **65-69:** 1. Jim Vernon (65) 4-2.

**Pole Vault: 30-39:** 1. Jim Williams (30) 16-0; 2. Ken Washman (39) 9-6. **40-44:** 1. Mar-don Connelly (40) 14-2; 2. Dee DeWitt (43) 12-0. **45-49:** 1. Jerry Stanners (47) 10-6; 2. Ray Fitzhugh (47) 9-6. **50-54:** 1. Vic Cook (50) 13-6; 2. Dave Douglass (50) 10-0. **55-59:** 1. David Brown (59) 10-6; 2. Thomas DeVaughn (59) 8-0. **60-64:** 1. Ralph Biesemeyer (62) 10-0; 2. Orval Gillett (62) 8-6; 3. Bill Burke (63) 7-0. **Jim Vernon (65) 10-0.**

#### WOMEN'S EVENTS:

**100: 30-39:** 1. Maria Magana (32) 14.8; 2. Rachel Mazza (35) 16.8; 3. Susan Bitner (37) 17.0. **40-49:** 1. Christel Miller (47) 14.0; 2. Jeanne Carter (42) 14.3; 3. Helene Martin (44) 25.9.

**200: 30-39:** 1. Maria Magana (32) 31.2; 2. Susan Bitner (37) 41.2. **40-49:** 1. Jeanne Carter (42) 29.8; 2. Helene Martin (44) 53.2.

**400: 40-49:** 1. Jeanne Carter (42) 66.8. **50-59:** 1. Carol Lapham (52) 1:36.0.

**5000: 30-39:** 1. Susan Rubin (32) 25:15.0. **50-59:** 1. Carol Lapham (52) 29:01.6.

**Discus: 30-39:** 1. Rachel Mazza (35) 54-4¼. **40-49:** 1. Christel Miller (47) 81-7½; 2. Cattie Burke (43) 53-10½; 3. Helene Martin (44) 39-7.

**Javelin: 30-39:** 1. Rachel Mazza (35) 58-3. **40-49:** 1. Christel Miller (47) 99-3½; 2. Cattie Burke (43) 45-3½.

**Shot Put: 30-39:** 1. Rachel Mazza (35) 19-11. **40-49:** 1. Christel Miller (47) 25-6; 2. Cattie Burke (43) 20-3.

**Long Jump: 40-49:** 1. Christel Miller (47) 13-1¾.

**High Jump: 40-49:** 1. Christel Miller (47) 1-2.

## TAC Pacific Masters Championships

June 12, Los Gatos: Penn Mutual TAC Pacific Masters Track & Field Championships.

**500 Walk (Women): 30-34:** 1. Diane Men-toza (34) 34:44.8. **35-39:** 1. Beth Sibley (37) 26:36.6; 2. Daphne Dunn (36) 33:25.3. **45-49:** 1. Lori Maynard (46) 26:41.1; 2. Nancy Bern-ardi (47) 26:43.8. **55-59:** 1. Yukie O'Hara (57) 37:20.9. **65-69:** 1. Sara Landell (69) 34:46.1 A.R.

**5000 (Men): 35-39:** 1. Walt Jaquith (39) 22:58.5; 2. Rob Robinson (38) 24:54.2; 3. Bill Jenner (44) 25:49.5. **40-44:** 1. Gary West (41) 22:54.8; 2. Charles Marut (44) 24:53.6. **50-54:** 1. Fred Dunn (53) 26:11.6; 2. Walter Newman (53) 29:40.5. **55-59:** 1. Harry Siltonen (56)

30:26.8; 2. John Friesen (55) 38:50.4. **60-64:** 1. Don Teppola (60) 32:23.0. **65-69:** 1. Frank Saylor (68) 32:09. **70-74:** 1. Gordon Wallace (72) 29:15.3. **75-79:** 1. Ches Unruh (75) 31:57.1.

**10,000 (Women): 30-34:** 1. Lindy Hayes (30) 39:33. **35-39:** 1. Daphne Dunn (36) 43:23. **60-64:** 1. Jaclyn Caselli (61) 47:10.

**10,000 (Men): 30-34:** 1. Ernie Rivas (32) 31:36.4; 2. Robert Gomez (31) 36:43.4; 3. R. Jacobs (30) 37:17.4. **35-39:** 1. Bill Sevald (36) 31:47.8; 2. Peter Day (37) 32:11.3; 3. Greg Jewett (35) 32:39.0. **40-44:** 1. Bill Meinhardt (41) 33:23.4; 2. Jake White (40) 33:32.5. **45-49:** 1. Everett Riggie (49) 36:43.4. **50-54:** 1. Dave Stevenson (53) 36:43.9; 2. Fred Dunn (53) 41:17.4. **65-69:** 1. Paul Reese (65) 40:16; 2.



Shirley Kinsey - popular master competitor

Harry Harder (65) 42:43. **70-74:** 1. John McGee (73) 56:02.

**400 Relay (Men): 30-39:** 1. West Valley TC 44.9. **40-49:** 1. So. Cal. Striders 44.7; 2. West Valley TC 46.9; 3. West Valley B 48.9. **60-69:** 1. Corona Del Mar 56.7.

**110 Hurdles (Men): 30-34/39":** 1. Don Roberts (32) 15.9; 2. Ed Baskauskas (31) 15.9. **35-39/39":** 1. Cornelius McCormick (38) 15.7; 2. Fred Johnson (36) 16.0; 3. Rufus Morris (37) 16.3. **40-44/36":** 1. Walt Butler (41) 14.3WR; 2. Hugh Adams (40) 15.2; 3. Dee DeWitt (43) 15.3. **50-54/33":** 1. Fred Gallardo (51) 17.6; 2. Jim Waste (53) 27.7. **55-59/33":** 1. Robert Higginbotham (55) 17.8. **60-64/30":** 1. Burl Gist (62) 17.5; 2. Bob Hunt (62) 17.8; 3. Bill Burke (63) 22.1.

**100m Hurdles (Women): 40-44/33":** 1. Cherrie Sherrard (43) 16.7.

**100 (Women): 30-34:** 1. Mary Lehner (30) 13.7; 2. Maria Magana (32) 14.9. **40-44:** 1. Cherrie Sherrard (43) 13.4. **45-49:** 1. Almata Parish (45) 14.4. **50-54:** 1. Joan Tyksinski (50)

17.8. **55-59:** 1. Shirley Dietderich (55) 17.0. **60-64:** 1. Marjorie Hunt (63) 21.8.

**100 (Men): 30-34:** 1. Eugene Driver (31) 10.7; 2. Mike Jackson (33) 11.0; 3. Greg Mar-shall (34) 11.2. **35-39:** 1. Bill Johnson (37) 11.3; 2. Rufus Morris (37) 11.5; 3. Herman Kuhfeld (39) 11.7. **40-44:** 1. Walt Butler (41) 11.1; 2. Bill Knocke (42) 11.5; 3. Gil LaTorre (44) 11.5. **45-49:** 1. Bruce Springbett (49) 11.7; 2. Nick Newton (48) 11.7. **50-54:** 1. Don Cheek (52) 12.3; 2. Ed Mahany (51) 12.5; 3. Bernard Stevens (53) 12.6. **55-59:** 1. Richard Zumwalt (55) 12.9; 2. Robt. Higginbotham (55) 13.1; 3. Don Scherba (58) 14.3. **60-64:** 1. Bob Cooper (62) 13.4; 2. Clarence Killion (64) 13.4; 3. Sam Hoover (63) 14.5. **65-69:** 1. Payton Jordan (65) 12.6WR; 2. Harry Koppel (69) 13.1. **70-74:** 1. Ken Carnine (74) 15.2. **75-79:** 1. Sing Lum (77) 16.0.

**800 (Women): 35-39:** 1. Janie Duff (36) 2:32.4. **40-44:** 1. Miriam St. Clair (41) 2:55.0. **50-54:** 1. Marilyn Waste (52) 3:10.5.

**800 (Men): 30-34:** 1. John Redding (31) 2:01.3; 2. Reynaldo Corona (32) 2:03.9; 3. Danny Moon (34) 2:05.4. **35-39:** 1. Bob Browne (36) 2:03.1. **40-44:** 1. George Cohen (42) 1:58.9; 2. Richard Schupbach (41) 1:59.2; 3. Pete Richardson (44) 2:02.9. **45-49:** 1. Tom Rankin (45) 2:18.0; 2. O. Legend (45) 2:29.8. **50-54:** 1. Jack Hodges (50) 2:16.7; 2. Ken Napier (50) 2:16.9; 3. Harry Hill (54) 2:35.6. **55-59:** 1. Don Jackson (55) 2:21.3. **60-64:** 1. George Poloynis (64) 2:39.7; 2. John Elliott (61) 2:44.4. **65-69:** 1. Don Longenecker (66) 2:32.4. **70-74:** 1. Joe Goodman (70) 3:19.3.

**200 (Women): 30-34:** 1. Mary Lehner (30) 28.2; 2. Maria Magana (32) 30.7. **35-39:** 1. Janie Duff (36) 29.1. **40-44:** 1. Cherrie Sher-rard (43) 28.6. **45-49:** 1. Almata Parish (45) 30.4. **50-54:** 1. Joan Tyksinski (50) 39.6. **55-59:** 1. Shirley Dietderich (55) 36.9.

**200 (Men): 35-39:** 1. Matt Pruitt (37) 22.4; 2. Bill Johnson (37) 22.9; 3. G. Carty (36) 23.1. **30-34:** 1. Eugene Driver (31) 21.7; 2. Mike Jackson (33) 21.9; 3. Greg Marshall (34) 22.8. **40-44:** 1. Walt Butler (41) 22.9; 2. Bill Knocke (42) 22.9; 3. Mel Brooks (41) 23.5. **45-49:** 1. Nick Newton (48) 23.7; 2. Bruce Springbett (49) 23.9; 3. Hans Bruhner (49) 24.3. **55-59:** 1. Richard Zumwalt (55) 26.6. **60-64:** 1. Clarence Killion (64) 28.0; 2. Sam Hoover (63) 30.4. **65-69:** 1. Payton Jordan (65) 26.1WR; 2. Harry Koppel (69) 26.7. **70-74:** 1. Ken Carnine (74) 31.1. **75-79:** 1. Sing Lum (77) 34.4.

**400 Hurdles (Men): 30-34/36":** 1. Don Roberts (32) 58.8. **35-39/36":** 1. Ron Whitney (39) 55.9; 2. Cornelius McCormick (38) 59.5. **40-44/33":** 1. Hugh Adams (42) 57.9; 2. Phil Agostini (40) 67.1. **50-54/30":** 1. Fred Gallar-do (51) 74.4; 2. Jim Waste (53) 1:31.7. **60-64:** 1. Bob Hunt (62) 74.5. **70-74/30":** 1. Wilfred Bigelow (71) 1:28.5WR.

**1500 (Women): 35-39:** 1. Janie Duff (36) 5:39.1. **40-44:** 1. Miriam St. Clair (41) 5:53.1. **50-54:** 1. Marilyn Waste (52) 6:21.5.

**1500 (Men): 30-34:** 1. Al Lomeli (30) 4:10.8; 2. Dan Minutillo (32) 4:17.1; 3. Reynaldo Cor-ona (32) 4:23.8. **35-39:** 1. John Kennedy (38) 4:07.2; 2. Harvey Franklin (39) 4:11.1; 3. Steve Waggner (37) 4:15.1. **40-44:** 1. Richard Schupbach (41) 4:08.6; 2. George Cohen (42) 4:16.8; 3. Dave Hayes (40) 4:28.6. **45-49:** 1. Jerry Lewis (47) 4:31.1; 2. Everett Riggie (49) 4:45.0; 3. Bill Almon (49) 5:04.3. **50-54:** 1. Edward Singleton (51) 5:17.9; 2. Jim Waste (53) 6:04.1; 3. Steve Geraghty (50)

**TAC Pacific Masters, continued . . .**

6:19.8. **60-64:** 1. George Polynis (64) 5:56.7. **65-69:** 1. Don Longenecker (66) 5:00.6. **70-74:** 1. Joe Goodman (70) 6:41.1.

**400 (Women): 30-34:** 1. Mary Lehner (30) 63.1. **45-49:** 1. Almata Parish (45) 1:13.4. **55-59:** 1. Shirley Dietderich (55) 1:32.3.

**400 (Men): 30-34:** 1. Eugene Driver (31) 49.5; 2. John redding (31) 51.4; 3. Dave Pogue (34) 52.7. **35-39:** 1. Ron Whitney (39) 52.2; 2. Bill Alston (38) 54.9; 3. Anthony Craddock (39) 58.7. **40-44:** 1. Bill Knocke (42) 52.3; 2. Ron Toombs (41) 55.8; 3. John Kreplik (40) 55.8. **45-49:** 1. Bruce Springbett (49) 57.3; 2. Nick Newton (48) 57.3; 3. Tom Rankin (45) 58.6. **50-54:** 1. Ken Napier (50) 58.7. **Men 55-59:** 1. Don Jackson (55) 58.9; 2. Phil Arnot (57) 59.7. **60-64:** 1. Clarence Killion (64) 69.0; 2. George Poloynis (64) 69.7; 3. John Elliott (61) 70.4. **Men 65-69:** 1. Harry Koppel (69) 66.5; 2. Bill Fairbank (65) 69.2; 3. Jerome Lopes (66) 72.1.

**5000 (Women): 30-34:** 1. Margaret Lewis (30) 23:21.8. **45-49:** 1. Vicki Bigelow (46) 18:27.2. **50-54:** 1. Marilyn Waste (52) 24:19.3.

**5000 (Men): 30-34:** 1. Robin Clark (32) 16:48.9. **35-39:** 1. Allan Stanbridge (35) 16:13.0. **40-44:** 1. Jack McMath (43) 18:24.5. **45-49:** 1. Larry Petulla (45) 22:06.4. **50-54:** 1. Edward Singleton (51) 20:10.4; 2. Jim Waste (53) 22:49.5. **65-69:** 1. Don Longenecker (66) 18:37.5; 2. Harry Harder (65) 21:11.2. **70-74:** 1. John McGee (73) 27:25.6.

**Mile Relay (Men): 35-39:** 1. Atis Peterson's SC 3:43.0. **50-59:** 1. West Valley J&S 4:29.9. **60-64:** 1. Corona Del Mar 5:06.6.

**Pole Vault: 30-34:** 1. Jim Williams (30) 16-6. **35-39:** 1. Roger Werne (38) 13-0; 2. Bruce Hotaling (38) 13-0. **40-44:** 1. Dee DeWitt (43) 12-0; 2. Thom Jones (42) 8-0. **50-54:** 1. Fred Gallardo (51) 11-0. **55-59:** 1. Jim Johnson (59) 8-0. **60-64:** 1. Bill Burke (63) 7-0; 2. Ralph Biesmeyer. **65-69:** 1. Jim Vernon (65) 10-6.

**High Jump (Women): 40-44:** 1. Cherrie Sherrard (43) 4-4. **50-54:** 1. Joan Tyksinski (50) 3-7 AR.

**High Jump (Men): 30-34:** 1. Ed Baskauskas (31) 6-4. **40-44:** 1. Jim Brown (42)

5-8; 2. Dee DeWitt (43) 5-6. **45-49:** 1. Nick Newton (48) 5-10; 2. Don Rose (47) 5-6. **50-54:** 1. Herm Wyatt (50) 5-10½ WR; 2. Fred Gallardo (51) 4-10. **55-59:** 1. Jim Johnson (59) 4-8; 2. John Friesen (55) 3-10. **60-64:** 1. Burl Gist (62) 5-0; 2. Fritz Meyers (60) 4-6; 3. Bill Burke (63) 4-4. **65-69:** 1. Jim Vernon (65) 4-8; 2. Jim McCarthy (68) 4-4. **70-74:** 1. Don Pierotti (71) 3-6. **80-84:** 1. Franklyn Pennock (80) 3-6.

**Long Jump (Women): 40-44:** 1. Cherrie Sherrard (43) 12-0½.

**Long Jump (Men): 30-34:** 1. Greg Marshall (34) 18-6. **35-39:** 1. Rufus Morris (37) 22-6; 2. Lester Bonds (38) 22-1. **40-44:** 1. Hugh Adams (42) 19-0½; 2. Dee DeWitt (43) 18-8; 3. Bill Mitchell (42) 18-5. **45-49:** 1. Richard VanDerBeets (49) 16-2. **50-54:** 1. Fred Gallardo (51) 17-3½; 2. Ed Mahany (51) 16-7½; 3. Louis Sarto (52) 14-4½. **55-59:** 1. Jim Johnson (59) 16-6½; 2. Robert Higginbotham (55) 15-0½. **60-64:** 1. Bill Burke (63) 13-5. **65-69:** 1. John McDonnell (68) 11-8. **70-74:** 1. Don Pierotti (71) 8-9.

**Discus (Women): 30-34:** 1. Sandra Stepp (32) 31.32. **40-44:** 1. Catie Burke (43) 16.65. **50-54:** 1. Joan Tyksinski (50) 17.75.

**Discus (Men): 30-34:** 1. Tom Fahey (33) 49.94; 2. Bill Shisler (31) 36.04; 3. Gary Kelmenson (32) 33.14. **35-39:** 1. Doug Wells (38) 46.52; 2. Cornelius McCormick (38) 41.54; 3. Fred Johnston (36) 37.42. **45-49:** 1. Stewart Thomson (49) 43.56; 2. James Hart (45) 42.54; 3. Don Rose (47) 30.92. **50-54:** 1. Louis Sarto (52) 24.30. **55-59:** 1. James Curran (57) 26.68; 2. Brad Pearson (59) 19.86. **60-64:** 1. Bob Stone (62) 40.30; 2. Mike Castaneda (63) 39.42; 3. Bill Burke (63) 34.88. **65-69:** 1. Jim McCarthy (68) 30.52; 2. John McDonnell (68) 27.20; 3. Frank Saylor (68) 21.30. **70-74:** 1. Ken Carnine (74) 35.78; 2. Don Pierotti (71) 31.76; 3. Bill Walker (70) 29.40. **80-84:** 1. Franklyn Pennock (80) 21.70.

**Triple Jump: 30-34:** 1. Ed Baskauskas (31) 41-3½. **35-39:** 1. Rufus Morris (37) 42-3. **40-44:** 1. Dee DeWitt (43) 37-4; 2. Richard Findley (42) 32-4. **45-49:** 1. Joe Durrenberger (47) 23-6. **50-54:** 1. Ed Mahany (51) 32-9. **55-59:** 1. Jim Johnson (59) 30-11. **60-64:** 1. George Poloynis (64) 20-2.

**Shot Put (Women): 30-39:** 1. Sandra Stepp

8.72; 2. Joan Hann (30) 26-4½. **40-45:** 1. Cherrie Sherrard (43) 35-5½; 2. Catie Burke (43) 21-8. **45-49:** 1. Almata Parish (45) 28-0½. **50-54:** 1. Joan Tyksinski (50) 20-9.

**Shot Put (Men): 30-34:** 1. Gary Kelmenson (32) 11.80; 2. Bill Shisler (31) 9.62. **35-39:** 1. Fred Johnston (36) 12.22; 2. Cornelius McCormick (38) 12.00; 3. Richard Stepp (37) 9.02. **40-44:** 1. Thom Jones (42) 8.46. **45-49:** 1. James Hart (46) 13.62; 2. Stewart Thomson (49) 12.70; 3. Ted Wassam (49) 12.06. **50-54:** 1. Jim Waste (53) 8.82; 2. Louis Sarto (52) 8.76. **55-59:** 1. James Curran (57) 10.50; 2. Bradley Pearson (59) 7.76. **60-64:** 1. Mike Castaneda (63) 13.78; 2. Bob Stone (62) 12.84; 3. Bill Burke (63) 11.36. **70-74:** 1. Don Pierotti (71) 9.34. **80-84:** 1. Frank Pennock (80) 29-2.

**35 Lb. Wt. (Men): 30-34:** 1. Gary Kelmenson (32) 9.60; 2. Bill Shisler (31) 9.27. **35-39:** 1. Richard Stepp (37) 8.02. **40-44:** 1. Richard Findley (42) 7.03. **45-49:** 1. Stewart Thomson (49) 16.04; 2. Jim Hart (45) 11.82. **50-54:** 1. Jim Waste (53) 4.89. **55-59:** 1. Brad Pearson (59) 4.14. **70-74:** 1. Don Pierotti (71) 6.44.

**35 Lb. Wt. (Women): 30-34:** 1. Sandra Stepp (32) 5.63.

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...or do you know of a run, track meet, cross country race, marathon, clinic, etc. in your area? We'd like to let everyone else know about it, too. Please complete the information below and mail immediately:

Date of Event \_\_\_\_\_ Location of Event \_\_\_\_\_

Name of Event \_\_\_\_\_

Type of Event: long distance run track meet cross country other \_\_\_\_\_

Starting Time \_\_\_\_\_ Distance if a running event \_\_\_\_\_

Other Important Info \_\_\_\_\_

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**MAIL TO: Jack Leydig, Schedule Chairman, P.O. Box 612, San Mateo, CA 94401**





photo by Dave Stock

## A Look at Stanford's KIM SCHNURPFEIL

By G. DAVID BROWN, INNERSPORTS

Observe Kim Schnurpfeil and you'll see two things. One—you'll see a beautiful young lady with model-like features. Two—you'll see an athlete who came out of high school as the best in Northern California who is now one of the nation's top distance runners.

"Kim is in a class all by herself. She's a first rate athlete and individual, and one of the most dedicated workers you'll ever see. It's not difficult to predict more great things

for her." This comment came from her coach Brooks Johnson before the outdoor season started. Indeed the "great things" have come. Kim is now one of the fastest collegians ever in the 10,000 with a time of 33:36.51 run at this year's NCAA Division I meet in Provo, Utah.

Kim reveals that relaxed confidence is the name of the game in this recent CT&RN interview.

Q: What are your workouts like during the track season?

A: Basically we have two days on the track. That consists of one day of long intervals, maybe quarters, halves, or miles, and that's sometimes for quality but a lot of times for pace. You try to keep the pace constant, with not that much recovery in between, or another time you go all out and rest a lot later. So you basically have one day of long intervals and one day of shorter sharpening stuff like 100 or 200's. The other days are long distance or recovery and one day of a run of 7 miles, 4 miles out and 3 miles back out.

Q: How does it feel to be rated nationally?

A: Well, I think it's something that happens over a period of time. I look around me and there are a lot more than 19 people that have beaten me! I think that women's competition is getting better and better. I always know I'll have to keep improving. I think you sort of assess your goals. As you progress you set new goals as you get better.

Q: What methods do you use to get yourself psyched up before a race?

A: Basically, the night before I just really relax and do whatever I feel like doing. Usually I like to be alone with my teammates and out of the house, maybe out for dinner or if I'm in a hotel I'll watch TV. Then the day of the meet I focus only on track and just concentrate.

Describe these runners as you see them.  
CECI HOPP—Ceci is very confident and determined. She likes to win.  
ROD RRY—He's definitely a hard worker and runs a lot of miles. He hasn't been really consistent but he's had some peak performances.  
REGINA JOYCE—When she's running her best she's obviously run some phenomenal times, she has some pretty efficient technique.  
GRETE WAITZ—She's an inspiration. When I was starting to enter college she was running some of the best times and just to look at her she's the tone of an athlete, her muscle tone, and she runs like a machine; she just goes.

ALLISON ROE—She looks like a different type of runner. You look around and a lot of the college runners are really thin. She looks really strong, big and strong. I think she's part of the whole movement of new faces coming in and running quick times. Before it was Grete Waitz who was winning everything and now you're starting to see some new people.

Q: You said in a recent article you didn't have any intensity during your indoor season. Can you describe this a little bit more?

A: I think I was training and racing, but I wasn't driving. I wasn't concentrating well. I was focusing on my school, and I was taking a mental break. At the same time I knew I wanted to get back and be in my best shape and race intensely.

Q: What about your recent performances?

A: I'm very pleased. I've been training for only three weeks.

Q: How much do you feel while competing is physical and mental?

A: I think they're both equally important. And sometimes physical problems are mental. The mind, I would say, is the most important. If you have faith in your coach, which I do, and take enough initiative in following what he's telling you to do, you're part of the bargain is to deal with the mental part.

Q: What is your favorite event?

A: The 5,000 meters.

Q: Have you set any goals for this track season?

A: I would like to break 16 in the 5000 and place high at the nationals.

Q: There's been a lot of controversy about foreigners competing in American colleges. What is your opinion?

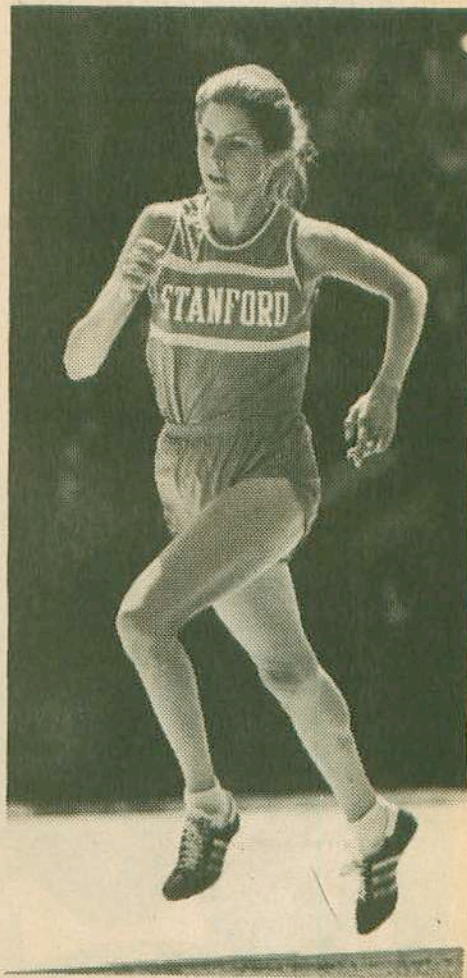
A: I think it improves our competition which is better for us.

Q: A lot of young runners look up to you, particularly from the Stanford area. What advice do you give to runners who are beginning to compete in track and feel the pressure of competition?

A: I think competing should be a pressure, but all the pressure is self-inflicted. The key

to do anything well is relaxing. It's easy to feel pressure, but you have to relax and focus on whatever you are doing within that pressure and block it out. If you are going to run, think about the running and the technique. Whatever makes you perform the best, and enjoy performing.

photo by Dave Stock



# Medical Notes for Runners

By STEVEN I. SUBOTNICK, D.P.M., M.S.

## PETER STEIN A New Injury

**P**eter Stein has been a friend of mine for the last eleven or twelve years. He has been running for the past fifteen years. He's run about sixty or seventy marathons and countless short races. I first treated Peter eleven years ago when he was going to run his first Boston Marathon. At that time, I wasn't even a runner of any means. Peter had injured his knee while training for the Boston Marathon. In those early days, no one knew about the relationship between the foot and the knee.

Peter came to me at the suggestion of a track coach at Skyline College and, also, Joe Henderson, the then-editor for *Runner's World*. I had just treated Joe for a problem at the back of the heel. Joe eventually needed surgery to remedy his problem. Peter came in with a very sore knee and was afraid that he would be unable to make the Boston Marathon even though he had arranged for free transportation. I examined Peter and found that he had foot imbalance which appeared to be causing his knee to

be, likewise, out of balance thus aggravating the runner's knee condition. I made orthotics for Peter and found that, when he ran, his patella appeared to be tracking straighter in the knee and the knee, itself, appeared more stable. Peter was, likewise, put on rehabilitative exercises to strengthen the knee. For the first week, Peter still had pain and both of us were quite disappointed. I thought that, maybe, my theories about the relationship between the foot and the knee and the rest of the body, in regard to runners, may be faulty. Two weeks after the treatment, Peter's knee began to improve and, three weeks after the treatment, his knee was asymptomatic. He was running well and, eventually, he went on to run the Boston Marathon without pain in the knee.

This opened up my eyes to the intricate balance of the human body and, especially, the importance of perfect balance in the runner. If the feet are out of balance, the rest of the body is, most assuredly, out of balance. In those early days, Peter felt that it was imperative for me to become a runner if I was going to treat runners. Both he and some of his friends would call my secretary and block out three or four afternoons each week, meet me at the office, and take me for runs. At first, I had trouble going three miles but, eventually, worked up to running a marathon after one year of training and then went on to run fifty-two marathons.



Peter Stein (left) with Sally Edwards at finish of Aptos Creek Marathon.

fasciitis of the feet, treatment for warts on the feet, hamstring pulls, low back strain and a neuroma in the left foot. About the worst problem he's had in the past has been Achilles tendonitis which responded relatively well to physical therapy, reduced mileage, and anti-inflammatory medications.

I saw Peter, today, just after he had run the Aptos Marathon. He stated that this was the hardest marathon he's run and it took him a considerable amount of time. Peter usually runs in the 2:50's and has run a 2:40 marathon. He ran Aptos in about 2 hours and 50 minutes. He told me that,

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**"If the feet are out of balance, the rest of the body is ... out of balance."**

---

Peter and I have become very close friends. I see Peter, oh, three or four times a year for mild overuse injuries, running injuries associated with too much mileage or too many races. Peter's injuries are rather interesting and span many years. None of them have been so severe that Peter couldn't run. He's had Achilles tendonitis from too many races and too much mileage,

including the uphill portion of the marathon. He landed on a rock and hurt his left foot. Despite this, he continued to run and, in fact, finished the marathon. Since that time, he's had swelling on the top of his foot and considerable pain. He has not run since he knows that this might aggravate the injury.

When I saw Peter today and looked at

left foot, I could see the swelling over the dorsal, upper portion of the foot over the metatarsal bones. I told Peter that, when I see this type of swelling, I expect a stress fracture. My axiom is that it's a stress fracture until proven otherwise when somebody has swelling on the top of the foot and has been running. X-rays were taken but, as expected, the stress fracture wasn't seen. I told Peter that it may take up to three or, even, six weeks to see a stress fracture. Larry Cordellos, the blind marathon runner, had a stress fracture which didn't show up for eight weeks but I knew he had it and treated him appropriately. Well, Peter had a stress fracture because there was pain on the bone and no pain on the tendon. I told Peter, "No running for three weeks." I told him that he could ride a bike and swim. I explained to him that there had been some research that showed that electrical stimulation of the bone may speed up the healing as much as 50%. I had no proof that this would work but had some clinical trials in my practice that suggested that it was helpful. That being the case, Peter was placed on physical therapy consisting of ultrasound and electrogalvanic stimulation as well as bone stimulation, three times a week, for the next three weeks. He was told that I'll re-x-ray him in three to four weeks to document the healing of the stress fracture.

Peter's case is interesting because it illustrates the fact that, even though many of us have been running for several years, we will have our share of injuries. None of us are immune to injury. What perplexes me the most is the fact that some runners have been injury free from five, six, seven, eight, and even ten years and, then are plagued with a variety of overuse injuries. It appears as though stress can be additive. It also appears as though most of us have about three good years of running where, even then we have poor shoes, poor running style, lousy biomechanics, and lousy eating and training habits, we get by without in-

seen more evidence that some of the newer models are worse.

Well, there you have it. Peter is injured again and brings out the point that stress and abuse can be additive and that the fact that someone has gone through many years without injury doesn't mean that injury is not right around the corner. The warning sign for injury is stiffness and pain. The fact

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**"Stress fractures can happen anywhere...an indication of what the body is doing."**

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that one doesn't hurt when running means very little to me inasmuch as the levels of endorphins and enkephalins are so high that most people have no pain when running. The hallmark of an overuse injury or real problems is pain after running in one or two hours when the levels of the body's own pain killers have dropped and the patient can then concentrate on what's going on.

Stress fractures can happen anywhere. They appear to be an indication of what the body is doing. The bone gets its message that it should strengthen itself when the athlete increases mileage. The way the bone strengthens itself is, first, to go through a reparative phase where calcium is actually taken away from the bone in preparation for a strengthening phase. If the athlete is increasing mileage too rapidly or running too hard during the reparative phase and the bone is weakened, a fracture will occur. The fracture is actually a crack in the bone that is difficult to see on x-ray. A bone scan can be done to demonstrate the stress fracture but this is somewhat expensive. Stress fractures can occur anywhere. A stress fracture in the pelvis can be a real problem. Stress fractures can also be pre-

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**"...even though many of us have been running for several years, we still have our share of injuries. None of us are immune to injury."**

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ry. After those three years, anything we do that violates the basic rules of fitness and running gets us in trouble. At least these are my observations. Of course, someone who has had no problems running a certain pair of shoes for ten years and, then, is forced to get newer shoes, since older shoe models are discontinued, has a valid reason for injury. The newer shoes are not always as good as the old shoes, especially if one has been injury free in the older shoes. I'm having difficulty understanding why many manufacturers change shoe styles so often if their styles are working well. The only reasonable explanation for this is the financial considerations in convincing runners to buy different shoes or different models. I've seen very little evidence that the newer models are any better than the older ones and, in fact, have

sent in the hip. Stress fractures in the femur, especially the neck of the femur, are of special concern. A transverse stress fracture of the femur may cause a very serious problem. Some of these problems need to be treated by an orthopedist with surgery. Stress fractures about the knee joint are not uncommon and stress fractures in the leg are quite common.

If you have pain and swelling and it is not going away, the rule is that it's a stress fracture until proven otherwise. Seek immediate medical attention. Don't wait or take a chance with your running future.

Keep those cards and letters coming and let me know what you would like to hear about.

Steven I. Subotnick

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**Running & Fitness Day, Oct. 9, 1982**

# Club News

Clubs wishing to be in the "Club News" section of California Track & Running News should send monthly updates or a copy of their newsletter to: Marty Higginbotham, Club News, California Track & Running News, P.O. Box 6103, Fresno, CA 93702. Also clubs are encouraged to send black and white photographs of members. Photos will be returned upon request. Your help and cooperation in publicizing your club will be much appreciated.

## Aggie Running Club

Once again the Prefontaine Classic in Eugene, Oregon, was a great one for the Converse Powered Aggs who made the trip. Almost 11,000 track fans crammed into Hayward field for the evening's athletic offerings. Ivan Huff started things off in the first event, the steeplechase, with a club record 8:36.0 fifth place.

Joe Fabris worked his way through the large mile field to get the Aggie's first ever official Sub-4:00 mile, cracking the barrier with a 3:58.3. Joe has shown an incredible amount of improvement in his career. A 4:36 miler in high school, he had that mark down to 4:03.9 last season. His 3:58 is a two second PR from the 4:00.3 mile he opened the season with. Not only was this Joe's and the Agg's first Sub-4, it was also the first time for a pair of Converse.

## Bakersfield Track Club

P.O. Box 10371, Bakersfield 93389

Leo Marquez won the Donner Pass 100-Miler on May 8th in 16:30, outdistancing a field of about 25. The course was challenging to say the least, with hills, bad trails, high elevation and snow for the slow ones to fight. Leo took command at about the 40 mile mark and coasted to a 2½ hour margin at the end.

At the Wild West Cross Country Marathon on May 1st, Bob Moses ran 3:58, Bill Easton did 4:42. Also on May 1st, finishers in the Bakersfield Mile were Bill Loughry in 4:36.5, Mike Elissaque in 4:37.7, Gil Hinz in 4:51.4, Tim Lemucchi in 4:54.6, Brenda Villanueva in 5:04.2, Don Cross in 5:28.6, Rich O'Neil in 5:30.2, Leonard Villanueva in 5:34.2, George & Heather Dewar in 6:22.5, Josie Ott in 6:33.4, and Dona White in 6:48.3. It was won by Cal State's Ken Haney in 3:57.7.

John Chapman ran 36:18 at the Great Recycling 6 Mile Foot Race on April 10 for 3rd overall. He got a nice recycled trophy with a football player on it. At the American River 50 Miler on April 18th Paul White ran 9:43 for his first Ultra. David Freed paced him and had the same time, Dorsh Sanders ran 9:33, John Rous ran 9:57, Bob Moses ran 9:59.

The club is getting ready for their annual Tehachapi 10K on August 21. This is a fun event with a parade, bar-b-que, rodeo, dance and much more. Bob Small is director (805) 871-7656.

photo by Dave Stock



Joe Fabris  
First sub-4:00 for Aggies

## Empire Runner

3605 Aaron Dr., Santa Rosa 95404

Club members are preparing for their annual Rincon Valley 10K Run which they will host on July 24. They will hold a two mile as well. They are also moving along on the Wine Country Marathon and have applied for course certification.

The Empire Runners had a good showing at the popular Avenue of the Giants Marathon. Craig Roland was the top placer with a 2:50:24. Also running quick were Ken Howe and Mort Gray coming across together in 2:56:26. On the ladies end, Dborah Jones notched a 3:46:50 for top club finisher.

## Fresno Track Club

P.O. Box 6103, Fresno 93703

Fresno Track Club members have been very active this past month with participation in running events and triathlons throughout the state. At the May 8 American Heart Association-Fig Garden Village 5K & 20K Race, Jim Hartig paced 107 entrants in the 5K with a strong 15:05 to win overall. Al Lomeli won the 30-39 class in 16:03. Jennifer Sharp won the 12-14 race in 25:13. In the 20K event, Curt Ella was first

overall in 1:08:34. Bill Woody, running his last race in the 35-39 category, won his division in 1:17:18. New member Dennis Grist won the 45-49 class at 1:25:23 and Pat Hur took the women's overall title at 1:27:18.

Bingo Orme volunteered to save the Roeding Park 2-Person 8-Mile Relay by serving as meet director and did a memorable job with over 40 teams. Many club members participated and earned meet records. See results in result section.

At the May 22 Castaic Lake Nautical Triathlon, the FTC team of swimmer Ken Lehman, biker Gordon Keller, and runner Bob Lindsay won the 30-39 team title four minutes and finished 8th overall.

At the California Classic 8K, May 2, stellar Jim Hartig lead the way with overall win and course record of 24:00. The Masters Division the team of Fra Delgado, Gene Lynch, and Bill Woody combined to defend their title. For personal Woody, it marks his first race as a master. Delgado won the 45-49 timing 27:58. Sa Orme won the 14 & Under race.



Jim Hartig  
Fresno TC star

Over Memorial Day junior runner [Naranjo] raced to a personal best 31: [the Sanger Striders 6 Mile. Erin V

made it a sweep for the juniors by winning the women's 15 & Under in 47:32.

On May 30, Jim Hartig was at it again with a Central California record in the One Hour Run with his 11 miles, 1188 yards.

## Las Vegas Track Club

224 Claymont St., No. 3, Las Vegas 89109

Larry Clark, after two years of dedicated service, has stepped down as club president. During his tenure some notable accomplishments occurred: The club membership doubling in size, the purchase of \$5,000 worth of the latest electronic timing equipment, the hiring of professional race directors, the addition of a women's auxiliary club, the upgrading of the newsletter, the addition of more special event races, and the promotion of more social activities. Three LVTC women ran in the Avon Marathon on June 6. Denise "Peppy" Pepin in a 3:30 in her first attempt at the distance. BJ Empey, in marathon No. 11, in 3:36 and said it was the hilliest course she had ever run and now her calves feel like slabs of meat. Jane Klein, in her first attempt, finished about 5:30 after developing problems.

Al Boka has just been appointed as race director for the 1983 Las Vegas Marathon and he has big dreams for it. First of all, the course is being changed. The new course is going to be all downhill and will count for Boston qualifying. It's scheduled for February 5th.

## Pamakid Runners

185 Stanford Ave., Mill Valley 94941

Sal Vasquez is the 1982 Dipsea champion, running with a 5-minute handicap, Sal passed Eve Pell of Mill Valley at the 5.8 mile mark and won going away. Sal's adjusted time of 45:53 was over a minute ahead of Joe Ryan of Oakland, who finished second in 46:55. Pell finished third and was the top woman. The Dipsea is laden with tradition. This year was the 72nd annual running, making the race the oldest continually run race in the U.S. The Boston Marathon has been run 86 times, but missed two years during World War I. With over 3000 feet of climb and descent in 7.1 miles, the Dipsea is a grueling test. With his win, Sal is now the undisputed "King of the Hill."

At least six Pamakid women ran and finished the Avon Marathon, led by Ragna Roksvag-Zanger who ran a fine 2:57:23. Ragna was followed in by Vicki Blankenship in a strong 3:11:38, Lolly Hess in 3:21:48, Jeanie Jones in 3:45:26, Mary Cantini-Norkin in 3:54:57, and Deborah Neal in a little over four hours.

## Seniors Track Club

1626 Wellington Pl., Westlake Village 91361

The response to the appeal for revitalizing the club has been fantastic. President Hal Winton reports, "I know there are still

the dissenters and doubters, but let me give you some for instances: A couple of months ago, the Board was ready to go belly-up. We now have well over 100 members and about \$1,600 in the treasury. Our last two board meetings have been positive and dynamic. The renewals have included loads of supportive comments."

The Seniors Track Club is alive and well!



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# Long Distance Log

## NorCal Notes

By Jack Leydig

**NOTE:** Please send newsy information and "tidbits" for the NorCal area (Fresno northward) directly to — Jack Leydig, P.O. Box 612, San Mateo, CA 94401, or phone (415) 341-3119. If you think you have some news that may be of interest to our readers, don't be bashful! Mail it in right away. *Deadline* for receipt of materials is the 10th of each month for the following month's issue. We still aren't getting very much response. Remember, if you want this column to be interesting and representative, we must get some input!

**People News:** Oakland's **Margo Elson** recently won the women's division of the Nat'l Capital Marathon in Ottawa, Canada in 2:50:50... Californian's did exceedingly well at the three-week long Great... Californian's did exceedingly well at the three-week-long Great Hawaiian Footrace. The race consisted of 18 one-day legs averaging 17 miles each (312 miles total), with a two-day break in the middle of the race. Runners toured Maui and Oahu, spending nights mostly in roadside parks. **John McCormack**, a 33-year-old fireman from the Bronx, with a 2:36 marathon best, battled Olympian **Kenny Moore** for the first 14 days, with the lead changing several times, but Moore suffered an injury and walked the final four days, finishing fifth in 34 hours and 39 minutes, compared to McCormack's 31:55 total. Moore won the first race, held 3 years ago (it's held only every third year), in about 35 hours. **Rudi Schmidt** of Los Angeles was second in 32:21, while **Ginger Burrola** of Manteca was the top female finisher in 43:18. Ginger has only been running two years, is 44-years-old, and has a best marathon of 3:22 (1981 San Francisco). Fifty-five persons participated, each paying a \$1,200 entry fee!... **Vern Gambetta**, UC Berkeley's women's track & field and cross country coach, has resigned from his position as of June 19th. At this point we have not heard of any possible replacement... Cal's **Jay Marden**, red-shirting this season, clipped of a PR (he's still a junior at 19) 3:45.2 for 1500 at the Prefontaine Classic... **Jim Curl's U.S. Triathlon Series** got off to a great start in the first event, held in San Diego on June 12th. All systems were "go" except that his newly purchased banner was stolen (actually cut down from the standards when nobody was looking) and has not been recovered. Anyone who might have a lead as to it's whereabouts should contact Jim at (916) 758-9888 in Davis... **Sister Marion Irvine** broke three hours in the recent Avon Marathon with her 2:59:58 over the hilly course to win the 50-Plus age group. **Joan Reiss** of the Sacramento Buffalo Chips was the first 40-49 finisher with 3:01:27... **Janice Oehm**, women's winner of the 1981 Bay-to-Breakers, will attempt her first marathon in the San Francisco Marathon on July 11.

**Race Information:** The "Run to Home Plate," which was listed as August (TBA) in the LDR Handbook, has been scheduled for Sept. 5th according to reliable sources, still at Candlestick Park. The race will probably be 2-3 miles in length. Complete scheduling information will be found in the August issue... Nike will again be sponsoring the popular **Summer Relays** around San Francisco's Lake Merced on August 1st. The race was inadvertently omitted from last issue's schedule because of a computer error. This year's event will feature a new division (Sub-masters women's teams, 30-39), and the high school (boys and girls) divisions will now be "Junior" (under 20) divisions, with no restrictions in terms of all members having to attend the same institution... The **Sri Chinmoy 10K**, listed as being at Foster City on July 25th, will now be held at Menlo College in Atherton (see schedule for details)... Another date change: **The Hook & Ladder 10K**, scheduled originally for Aug. 8th, will now be held a week later (on the 15th)... all other information remains the



Eileen Claugus  
2:42:58 for 5th at Avon

same... The **Men's (Sr.) National TAC 25K Championships** will be held in Ventura this year on Sept. 19th, hosted by Team Inside Tri (see "Looking Ahead" section of this issue for details)... On the same date will be the popular **Walnut Festival 10K**, which featured a swarm of fast times on a new course last year - this year the field will be limited to 2000 entrants. Entry blanks can be obtained from Bogdan (415) 798-7878, days... Live radio coverage of the **San Francisco Marathon** will be aired by KCBS (74 on your AM dial). Six teams of announcers and color commentators will report live from various locations on the course. The S.F. Marathon is seeking 1000 volunteers to share the fun and excitement of the race Sunday morning, July 11. Each volunteer will receive a t-shirt, an enormous sense of personal satisfaction, and a chance to be on television with KRON-TV (Channel 4) airing 30 minutes of film coverage of the race from 6:30 to 7:00 on the evening of the race. Response has been good to date, but volunteers are still needed. Phone (415) 681-1111 days or (415) 564-3082 evenings and weekends... Carmichael Ho and Coors will join Eppie's Restaurants and the Sacramento County Parks and Recreation Dept. as sponsors of **Eppie's Great Race**, to be held Saturday, July 17 in Rancho Cordova. Eppie's Great Race is billed as the "World's Most Unusual Relay Race." Competitors, either as members of three-person teams or as ironpersons, complete a 6.5 mile footrace, a 6.5 mile river race and a 13.5 mile bicycle race. The event begins at 8:30 a.m. with the start and finish lines in Rancho Cordova's Goethe Park. For information call (916) 366-2063.

### P.R. Column

Where's the P.R. Column? Due to time and space being held until next issue, when we will combine the June and July P.R.'s for a grand listing. Continue to send your P.R.'s to Dick Slotkin, 14212 Summer Lane, Culver City, CA 90230.

# Results

## Vineyard Race

April 18. Santa Rosa. 10K.

Joe Becerra	33:08
Daniel Preston (1/40)	33:16
Hersh Jenkins	33:48
Daniel McCullough	34:05
Wayne Stone	34:14
Dick Ogg	34:32
Russell Black	34:44
Glenn McCarthy	34:57
Don Ardell (2/40)	35:35
John Wedner	35:58
Ryan Gilliam	36:05
Bill Bugler (3/40)	36:19
Morton Gray (1/50)	36:25
Ken Howe (4/40)	36:25
Matt Rupka	36:43
Everett Riggie	36:46
Marc Lund	36:52
Doug Rasmussen	37:00
Jeff Bowers	37:29
Rick Blackman	37:44
Alan Bellon (2/50)	39:51
Vicki French (1/F)	42:08
Margaret Oakes (2/F)	43:14
Lori Hettick (3/F)	44:22
Patty Witt (4/F)	44:26
Marcia Edwards (5/F)	46:04
Richard DeKay (1/60)	47:27
Shirley Howe (1F/40)	50:48
Marli Francis (2F/40)	50:52
Liz Harney (1F/60)	60:54

## HEART/CAAN RUN

April 18. Ventura.

Marathon Men:

Bill Scobey	2:29:15
Larry Montag	2:39:24
Steve Glocke	2:39:39
Brian Nelson	2:41:34
Gary Hooker (1/40)	2:41:46
Kemp Aaberg (2/40)	2:44:58
Daniel Rodriguez	2:46:19
Truman Clark (3/40)	2:48:18
Randy Moser	2:48:39
Juan Hernandez	2:49:28
Lorenzo Chambliss (4/40)	2:50:06
Larry Taylor	2:50:20
Mauel DeLaRocha	2:50:52
John McMullin	2:52:20
John Richards (1/50)	2:52:21
Edward Whittier	2:52:50
Paul Hartman	2:54:43
Rick Sylvester (5/40)	2:55:23
Paul Garnett	2:55:24
Randi Perkins	2:56:14
Aike Vogel	2:56:33
Robert McPherson (6/40)	2:56:59
David Duchrow	2:57:14
Tom Meloeny (7/40)	2:57:22
Monte Reimers	2:57:41
Stan Block (2/50)	3:01:07

Women:

Leslie Schiller	3:06:27
Jill Cornett	3:20:36
Kathleen Roos	3:20:50
Jaine Havens (1/40)	3:24:44
Lizabath Cushman	3:25:46

10K:

Tom Ysais	31:28
Michael Larson	31:38
Jim Scott	32:48
Lucretia Sutherland	33:38
Doyle Huerta	34:07
Annis Odion	34:47
Paul Englbous	34:59
Unknown 2811	35:05
George Aguirre	35:07
Steve Bushy	35:14
Jack Tuttle (1/40)	35:15
Adolph Gonzales	35:19
Art Mortelli (2/40)	35:22

14 Greg Olson	35:26
15 Greg Epp	36:02
16 Ed Swan	36:22
17 Steve Hart	36:27
18 Greg Foote	36:30
19 Walter Remsen	36:41
20 Larry Pontinen (3/40)	36:45
21 Dok Smith	36:52
22 Jack Farrell	36:53
23 Richard Ross	36:54
24 Glenn Ward	36:58
25 Roger Patrick	36:59
26 Robert Nations (4/40)	37:02
31 Jack Berry (5/40)	37:38
55 Ray Gil (1/50)	39:10
80 John Holoubek (1/60)	40:08
81 James-Paul Walker (2/50)	40:11

Women's 10K:

1 Nancy Schoenberger	32:25
2 Kathleen Kinane	37:51
3 Diane Killeen	38:08
4 Robin Scrivner	39:02
5 Nan Hicks	40:07
6 Pauline Elliott-Brown	40:54
7 Joyce Klausmeyer	40:56
8 Pamela Goacher	41:34
9 Joanne Willis	42:04
10 Minette Sicard (1/40)	42:17
30 Ingrid Hainline (2/40)	47:55

## Rio Bravo 10 Mile Cross Country Race

From Paul Cross

April 25.

55 intrepid runners braved the challenging 10-mile course on April 25th. It was a good day for course records with new standards set in 6 divisions. The temperatures were in the 60's and there was lots of sun. It got a little warm for the ones that were really pushing it but the high creek to cross and the extra aid station helped to cool them off. Eddy Cadena of Los Osos took control early and was the first to arrive at the 5-mile turnaround point. He was never seriously challenged on the way back and recorded a course record of 55:58.3 and won the 30-39 division. Brenda Villanueva lowered her course record by 1.5 minutes with a time of 59:05.2 and won the woman's 19-29 division. Mark Povelar ran a 56:29.4 for 2nd place overall and 1st in the 19-29 division. Marilyn Schlichting running Rio Bravo for the 1st time established a division record of 79:48.9. Sandy Rostlin set a record of 85:25.5. Verla Phillips lowered her record set in 1980 with a 87:10.4.

1 Eddy Cadena 34	55:58.3
2 Mark Povelar 20	56:29.4
3 Ray Webb 20	59:05.2
4 Mike Rosco 21	60:33.0
5 Larry Bayless 17	60:40.9
6 Jack Mayes 15	65:01.5
7 Eddie Lujan 43	65:15.5
8 Jim Lipford 46	66:46.3
9 Jeremy Hall 15	67:00.0
10 Bob Moses 36	67:10.7
11 Neil Wilcox 44	67:56.7
12 Leo Marquez 43	69:17.5
13 Brenda Villanueva 21(1/F)	69:54.1
14 David Harvey 35	72:02.9
15 Kevin Riley 14	73:01.9
24 Marilyn Schlichting(37)2/F	79:48.9
25 Andrea MacDonald(28)3/F	80:03.4
30 Nancy Toril(26)4/F	81:16.6
31 Janet Sullivan(34)5/F	81:38.7
40 John Conley(54)1-50	86:30.9
42 Verla Phillips(46)1F-40	87:10.4

## Woodland Hills Lions 10K

May 2.

Men: 15 & Under: 1. Jeff Jacobs 36:24, 2. Benny James 37:22. 16-19: 1. Greg Colley 32:57, 2. Joey Gostin 35:00, 3. Brad Fink 36:18. 20-29: 1. Robert Proctor 30:57, 2. Daniel Wojcik 32:41, 3. Steve LeBlanc 32:46, 4. Christopher Klein 33:41, 5. Mark Povelar 35:21, 6. Nicholas Hernandez 35:23, 7. John Bitzer 35:38, 8. Jeff Pinyan 35:57. 30-39: 1. Ron Gee 32:09, 2. Chris Francolla 34:41, 3. Geoff Guerrero 35:42, 4. Joe Jacobsen 36:10, 5. John Tope 36:55. 40-49: 1. Leonard Efron 35:48, 2. John McConnell 36:59, 3. Nick Ray 38:37. 50-59: 1. Stan Block 38:46, 2. John Holt 39:23, 3. Don Dunn 42:29. 60 & Over: 1. Eddie Lewin 39:37.

Women: Under 16: 1. Kelley Berg 1:00.01. 16-19: 1. Tammy Springer 53:20. 20-29: 1. Luann Brodie 41:30, 2. Linda Allison 44:36, 3. Debbie Jenkins 45:15. 30-39: 1. Marie Stevenson 41:43, 2. Christina Ross 46:25, 3. Sarah Haleis 48:10. 40-49: 1. Madeleine Rodin 50:01. 50-59: 1. Nelly William 49:24.

## 10K For The Special Olympics

From Randy Gordon

May 1. Mt. San Antonio College in Walnut.

Men: 12 & Under:

1. David Hesseltine	43:45
2. Sam Chacon	44:34
3. Mike Kratz	47:47

13-18:

1. Zachary Mejia	36:35
2. Luis Trevino	38:39
3. Bill Ammons	38:55

19-29:

1. Greg Winter	33:41
2. Chang-Ming Chen	33:44
3. Alan Waddington	35:50

30-39:

1. James Minami	34:42
2. Silvino Valdez	35:48
3. Joe Cannon	35:51

40-49:

1. Rick Gilbert	38:25
2. Joe Cuevas	39:04
3. George Johnstone	41:27

Over 50:

1. David Gabele	43:41
2. Bob Fletcher	43:44
3. Oscar Armas	43:45

Wheelchair:

1. Dave Kiley	35:01
2. Ray Stewart	40:44
3. Michael Smith	40:56

Women: 12 & Under:

No more entries.

13-18:

1. Kathy Pugh	44:57
---------------	-------

19-29:

1. Martha Galley	41:32
2. Susan Lacoff	41:53
3. MaryBeth Rodriguez	46:48

30-39:

1. Eiko Tsuno	49:00
2. Cathy Fritchen	49:40
3. Melania Oronoz	52:34

40-49:

1. Judy Oglesby	47:09
2. Kaihy Kusner	49:57
3. Elizabeth McClellan	56:03

Over 50:

1. Dorothy Sharp	1:06:09
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## Devil Mountain Run

May 2. 6.2 Miles.

Top Women:

1 Suzanne Richter(Golden Bears)	33:55
2 Bev Marx(Buffalo Chips)	35:59
3 Tena Harms(Aggie)	36:21
4 Renee Hicks(Greater SF)	36:40
5 Bonnie Dwyer(Greater SF)	37:16
6 Vicki Bigelow(Aggie)1/40	37:32
7 Kristan Martin	37:48
8 Sharlet Gilbert	37:54
9 Teresa Jackson(Aggie)	37:56
10 Bridget Goodwin(Impala)	37:59
11 Dana Flint	38:03
12 Sue Johnston(Impala)2/40	38:25
13 Pearl Anit(Impala)	38:31
14 Hilary Naylor(Impala)	38:33
15 Sharon Yaninek	39:05
16 Colleen Moran(Greater SF)	39:05
17 Wanda Bailey	39:06
18 Sue Vinella Brusher(W.V.)	39:22
19 Karen Lanterman(West Vly)	39:27
20 Jenifer Sholes	39:50
21 Denise Bigelow(Aggie)	40:00
22 Patty Catler	40:07
23 Margaret Fischer(Excelsior)	40:20
24 Joan Ulliyot(W.V.)3/40	40:31
25 Barbara Shubert(4/40)	40:56
26 Heidi Skaden-Poyser(B.C.)5/40	41:08
27 Terri Muela(Impala)	41:12
28 Kathryn Armstrong	41:26
29 Patrice Cross	41:29
30 Ruth Anderson(1/50)	41:30
71 Mary Storey(2/50)	45:28
88 Eileen Kiatsky(3/50)	46:29

Top Men:

1 Dan Buntman(Greater SF)	29:28
2 Michael Cassaday	29:58
3 Dan Harvey(Ath Attic)	30:06
4 Matt Yeo(Aggie)	30:10
5 Hal Schultz	30:21
6 Dennis O'Halloran(Aggies)	30:22
7 Richard McCann(Aggie)	30:38
8 Sal Vasquez(Ath Attic)1/40	30:58
9 Glyn Reynolds	31:09
10 Brian Maxwell(Golden Brs)	31:13
11 Bob Thomas	31:18
12 Dan Murray	31:25
13 Tim Berry	31:29
14 Gregg Szanto	31:36
15 George Green(Excelsior)	31:40
16 Dan Anderson(Canyon)	31:41
17 Paul Sechrist(Aggie)	31:41
18 LeRoy Kolchevar(Zephyr)	31:50
19 William Seaver(West Vly)	32:12
20 Peter Day(Excelsior)	32:15
21 Don Martinelli(Greater SF)	32:18
22 Ernie Rivas(Excelsior)	32:19
23 Mike Engleman	32:32
24 Tom Laythe(Aggies)	32:36
25 David Bigelow	32:40
26 Tim Rostege (2/40)	32:42
27 Russ Knudsen(Tamalpa)	32:43
28 Dan Rueckert(Greater SF)	32:45
29 Terence Boynton(Aggie)	32:47
30 Brad Hawthorne	32:50
31 Steven Fernandez(Greater SF)	32:51
32 Brian Abshire	32:53





with Headquarters Battalion, 1st Marine Division. "I usually run during lunch and then tried to run twice each day, on the weekends," he mentioned.

Averaging about 85 miles a week, the young lieutenant practiced at a blistering pace of six minute miles. However, nothing could prepare him for "hitting the wall" which he did at about the 18 mile mark.

Consistently logging sub-5:30 miles, at the 18 mile mark Joe dropped to a 5:51 mile and "flirted" with losing his commanding lead of over three minutes on John Loeschhorn in second place.

He recalled that portion of the run, "At about 18 miles my body started dying. Then at 20 miles everything started falling apart. My back started to ache and I felt the tingling sensation in my leg where before I had the hamstring pull. It was at this point I started getting a little worried. But I just wanted to hold on for dear life."

Concerned about where his closest competition was, nearing the 22 miles mark and now realizing that his firm grip on the lead was starting to slip away, Joe attempted to glance over his shoulder. He remembered, "I wanted to see where the other runners were. But when I attempted to look I almost blacked out. So, I decided to continue to look forward."

Turning onto Trabuco Road, Loeschhorn had closed the gap, but not enough to deny Joe Jenkins the win at 2:28:28.8.

Coming into the race, the blond engineering officer explained, "I just wanted to top my 2:31 time which I ran in D.C. I didn't really expect to run away with it. I thought I would have a lot more competition than I had. There was supposed to have been some doctor here who is really good."

The record holder of the Leatherneck Marathon, Doctor Jean Ellis with a time of 2:23:35 set in 1979 didn't compete in this year's event.

The first place finisher in the women's division, Christine Grundy with a time of 2:50:15.8 commented, "This is only my sixth marathon and second Leatherneck. I really didn't expect to take first place, but I'm glad I did. I was constantly looking for Sue Peterson (last year's winner) to be right on my heels."

She continued, "Of the other marathons I've run this has definitely got to be the best organized and the best course. All of the Marines and sailors who helped on the aide stations and at the finish line were really super. They were always there when you needed them."

More than 400 Marines and sailors from Wing and Station units volunteered their time to come out and help make this year's marathon a tremendous success.

Joseph Jenkins (25)	2:28:26
John Loeschhorn (37)	2:29:39
Efrain Gonzalez (35)	2:31:52
Greg Epp (21)	2:34:39
Andre Tocco (46)	2:35:29
Larry Holland (22)	2:36:58
Cipriano Placencio (31)	2:37:26
Britman Richardson (23)	2:38:49
David Thatcher Jr. (27)	2:38:55
Dennis Huffman (33)	2:39:07
Gregg Brugger (24)	2:39:52
Ronald Navarrette (42)	2:40:01
Jack Tuttle (44)	2:40:18
Mike Orr (26)	2:41:32
Joseph Gassmann (41)	2:41:42
Gary Novak (38)	2:44:17
Rick O'Bryan (27)	2:43:30
Phillip Weiny (47)	2:43:59
Roger Shanley (29)	2:44:25
Mark Richardson (31)	2:45:04
Bruce Johnson (30)	2:45:17
Elvis Hubble (23)	2:47:08
Francisco Silva (22)	2:47:25
Michael Schutten (25)	2:47:43
Mark Lorden (25)	2:48:06
Carlos Ybarra (19)	2:48:45
Ray Schmidt (44)	2:49:00
Timothy Donovan (23)	2:49:17
Rick Sylvester (40)	2:49:38
Bruce Clark (24)	2:49:39
Tracy Brown (53)	2:49:45
Robert Holguin (30)	2:50:09

33 Merl Glauser (45)	2:50:10
34 John Bidasio (35)	2:50:12
Christine Grundy (28)1/F	2:50:15
36 Larry Cohen (36)	2:50:35
37 Lester Duval (26)	2:51:01
38 Eddie Keith (38)	2:51:07
39 Dean King (34)	2:51:15
40 James Leiman (32)	2:52:27
41 Paul Bishop (32)	2:52:44
42 Ronald Kronloger (22)	2:53:04
43 Sue Peterson (37)2/F	2:53:40
44 Pete Petersen (41)	2:53:40
45 Ron Lowy (38)	2:54:24
46 John Rawlings (39)	2:54:28
47 Paul Kemp (25)	2:55:17
48 Stephen Harvey (37)	2:55:30
49 Brian Davis (27)	2:55:47
50 Gilbert Loomis (32)	2:56:04
51 Steve Dibble (46)	2:56:16
52 Antonio Pina (20)	2:57:31
53 Larry Stevens (33)	2:57:32
54 Michael Raven (31)	2:57:46
55 Jerome Dyer (37)	2:58:00
56 William Fleming (24)	2:58:05
57 Sean Kelly (29)	2:58:07
58 Ronald Loewenherz (27)	2:58:15
59 Bob McGeough (40)	2:58:33
60 Bob Karwasky	2:58:40
74 Gillian Joyce (24)3/F	30:13:70
144 Sally Fry (33)4/F	31:32:26
161 Gail Theurer (41)5/F	31:17:09
203 Jan Sherman (33)6/F	32:41:17

## Spring Sprint

<b>May 8. 5 Miles.</b>	
1 John Carey	25:48.1
2 Dan Greco	26:22.4
3 Armando Lagunas	26:29.5
4 Mike Plummer	26:46.6
5 Ray Castro	26:50.4
6 Dan Minutillo	26:52.7
7 Eric Peterson	28:09.2
8 Juan Armenderiz(1-40)	28:38.2
9 John Vegas	28:41.7
10 Gilbert Garcia	28:42.6
14 Lorenzo Chambliss (2-40)	28:56.4
19 Donal Coghlan (1-50)	29:38.7
37 Monica Kitayama (1F)	34:06.1

## Run For Sight & Hearing

From Robert Smith

<b>May 8. Huntington Beach. 10K.</b>	
<b>Men: 12 &amp; Under:</b>	
1 John Soto (12)	34:07.6
2 Mike Acosta Jr. (11)	40:52.9
3 Mike Helm (12)	42:26.6
<b>13-15:</b>	
1 Dan Cohee (14)	36:21.4
2 Abe Hernandez (15)	37:28.9
3 Kevin Finney (14)	38:21.5
<b>16-18:</b>	
1 Gus Quinonez (16)	32:01.0
2 John Nowotny (16)	35:24.1
3 Doug Burke (18)	35:27.3
<b>19-29:</b>	
1 Les Tate (19)	31:59.1
2 Mat Simpson (21)	32:09.7
3 Bob Arnold (25)	32:32.9
<b>30-39:</b>	
1 Walt Hitt (31)	33:39.9
2 Bob Hill (37)	35:26.0
3 Carl Bruno (37)	36:53.8
<b>40-44:</b>	
1 Buzz Bennetts (44)	35:48.3
2 John Dunn (40)	36:44.8
3 Harvey Peterson (43)	38:02.4
<b>45-49:</b>	
1 Manuel Banuelos (46)	38:56.2
2 Gus Ginde (46)	39:47.7
3 Carl Olson (48)	43:23.4
<b>50 &amp; Over:</b>	
1 Bob Gerlach (52)	37:29.7
2 Mel Elliott (51)	39:54.3
3 Norm Lumian (54)	40:31.4
<b>Females: 12 &amp; Under:</b>	
1 Lisa Padula	39:17.5
2 Aracelli Silva (5)	1:05:51.3
<b>13-15:</b>	
1 Barbara Nix (14)	41:46.9
2 Kelly MacKenzie (14)	45:41.5

<b>16-18:</b>	
1 Jennifer Turner (16)	45:18.0
2 Danette King (16)	51:28.3
3 Gina Rivadeneyra (18)	52:12.6
<b>19-29:</b>	
1 Anne Lawrence (22)	44:03.7
2 Kerry Marcus (22)	44:34.0
3 Lisa Jamen (23)	46:18.0
<b>30-39:</b>	
1 Margarita Silva	47:24.3
2 Linda Peterson	47:46.3
3 Jean Perricelli	49:33.9
<b>40-44:</b>	
1 Anne Quinonez (43)	43:05.3
2 Jan Unsickel (42)	50:27.5
3 Marilou Lundberg (40)	56:32.7
<b>45-49:</b>	
1 Carrol Cade (46)	50:48.9
2 Doris North (47)	55:36.9
3 Frieda Lloyd (47)	57:14.1
<b>50 &amp; Over:</b>	
1 RoseMary Ornellas (50)	56:27.3

## Fleet Feet 10K & 5K

<b>May 8. S. Lake Tahoe.</b>	
<b>5K:</b>	
1 Rick Gentry	14:55
2 Tim Lyden	16:21
3 Andy Takaha	16:27
10 Eileen Hall (1F)	20:15
13 Barb Eastman (2F)	20:46
<b>10K:</b>	
1 Mike Lantry	35:06
2 Tim Powell	35:56
3 Mike Longeno	36:40
4 David Weller	37:25
5 Dominique Westlake	37:42
6 Bruce Ziegler	38:54
34 Kathy Ceraglioli (1F)	48:34
35 Stephanie Atwood (2F)	48:43

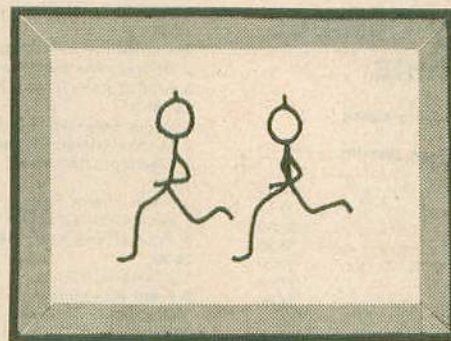
## Angel Island Run

May 8. At Angel Island. 4.8 Miles. Men: 10 & Under:

1. Erik Skaden(Sacramento)	31:52
2. Alan Yoder(Tiburon)	37:20
3. Kyle Beaulieu(Davis)	37:37
<b>11-14:</b>	
1. Mike Licals(San Jose)	28:23
2. Todd Jackson(Petaluma)	28:28
3. Louis Stojanovich Jr.(San Jose)	29:28
<b>15-39:</b>	
1. Hal Schulz(San Anselmo)	22:54.8
2. Glyn Reynolds(Palo Alto)	23:43
3. David Zielke(Berkeley)	24:42
<b>40-49:</b>	
1. Dick Schubbach(Palo Alto)	26:05
2. Bill Comport(Saratoga)	27:58
3. Keith Wallace(Walnut Creek)	28:13

<b>50 &amp; Over:</b>	
1. Richard Laine(San Carlos)	30:58
2. Karl Bollinger(San Francisco)	31:24
3. John Gregson(San Francisco)	31:45
<b>Women: 10 &amp; Under:</b>	
1. Nicole Sullivan(Redwood Ct)	42:32
2. Christine Tully(Greenbrae)	44:59
3. Kristie High(Mill Valley)	46:19
<b>11-14:</b>	
1. Mandy McMahon(Danville)	37:28
2. Jennifer Heinzl(Mill Valley)	39:10
3. Christine Jennison(Petaluma)	39:46

<b>15-39:</b>	
1. Marilyn Taylor-Alien(San Fran)	27:23.1
2. Melissa Anderson(Mtn View)	27:57
3. Florianne Harp(Mill Valley)	29:03
<b>40-49:</b>	
1. Heidi Skaden-Poyser(Sac)	30:60
2. Birthe Kirsch(Kensington)	33:25
3. Betsie Fraser-Smith(Los Altos)	34:49
<b>50 &amp; Over:</b>	
1. Marilyn Waste (Kentfield)	38:44
2. Mariys Green(Mill Valley)	39:35
3. Dorothy Strout(Mtn View)	47:25



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# Results

## Gym Bag Royal Bricker Memorial

From Bill Lashee

### May 8, 50K.

This was the Third Annual—the first one was won by Royal Bricker in a still existing course record time of 3:12. Later that same year Royal was killed in a car accident.

This years race—the weather was cool with a fairly stiff head wind. Ed Cohn of Rochester, N.Y. lead the race from early on and built up a 2 minute 3 second lead at the marathon point. (He passed that aid station at 2:45:15). Wayne Halliam of Pacific Beach then started his move which brought back all but 5 seconds of the lead. Cohn's winning time was 3:17:00. Halliam's time was 3:17:05.

The 30-39 year olds dominated the race as they took all of the top 10 places.

In the Women's Division, North County Local, Roxie Heister was the overall champ. San Diegan, Coralie Cooper took first in the 20-29 division, good for second overall. Roxie's time of 4:03:58 is now the new course record.

**Men: 19 & Under:** Allan Hamlet 4:28:09. **20-29:** Skip Rochefort 3:38:44; Messod Ahas 3:39:54; Bryan Gunner 3:43:44. **30-39:** Ed Cohn 3:17; Wayne Halliam 3:17:05; Ed Nares 3:24:40; John Montgomery 3:25:55; John Meiz 3:28:45. **40-49:** Orvil Hale 3:57:05; Stuart Swett 3:57:41; Dominio Debeneditelli (NT). **50 & Over:** Pete Hansen 4:11:55. **60:** Marvin Moar 5:58:52. **Women: 20-29:** Coralie Cooper 4:07:11. **30-39:** Roxie Heister 4:03:58. **40-49:** Ethel Rose 4:53.

## Country Campus Runs

From Nancy March

### May 8, Sierra College, Rocklin, 10K:

1 Frank Goss	32:49
2 Rick Edson	35:14
3 Scott Muli	36:10
4 Jeff Williams	36:25
5 Richard Lopes	37:19
6 Scott Lowrey	37:56
7 Bob Bardwell	38:05
8 David Van Lew	38:23
9 John Ball (1:40)	38:26
10 Mike Fitzgerald	38:32
11 Gary Anderson (2:40)	38:57
12 Joe Sloan (3:40)	39:13
21 Woody Woodson (1:50)	40:33
43 Kay Johnson (1F)	46:07
44 Prilly Lowry (2F)	46:48
47 Bill Ballantine (2:50)	46:59
52 Bryna Shaw (3F)	47:42
58 Sandra Pegram (1F 40)	51:49
75 Paul Camarer (1:50)	52:44

**5K**

1 Julius Hall	16:56
2 Wayne Miles	17:21
3 Sammy Trujillo	17:55
36 Stacy Allman (1F)	23:09
37 Sean Leotta (2F)	23:11
38 Jan Kinder (3F)	23:13

## Run For Life

By Ken Takeuchi, FTC

### May 8 Fourth Annual American Heart Association Run for Life, 5K & 20K

A fine turnout of over two hundred runners took part in 32 divisions (up to 140) on May 8. With ideal weather conditions prevailed several outstanding runs were recorded including overall 20K winner

Curt Elia of the Fresno Track Club and women's overall winner FT Cer Pat Hurst. Elia had a fine run of 1:08.34 nosing out Don Gregory of Fresno at 1:10.54 and Dennis Wong of the Tulare Runners with a 1:11.06. Amazing fifty year old Hurst just recently returned from Boston and seems to be headed for a big year taking overall honors for the first time in her career at 1:27.18. High Sierra Track Club's super star, Len Thornton, running in the 50-59 bracket took fifth overall with a strong 1:13.34. 84 finished the 20k event.

In the 5K race, Jim Hartig of the FTC led wire to wire to take overall honors with a fine 15:05. Sandy McPherson, the one time Clovis Running Express standout gave indications of her past speed by taking the overall women's title with a time of 20:38. 107 runners finished a 5k race.

The Fig Garden Merchants Association and the Central Valley Chapter of the American Heart Association jointly sponsored this charity race.

**5K**

**Females: 11 & Under:**

1. Rena Sandoval (Fresno)	27:24
<b>12-14:</b>	
1. Marisa Rios (Sanger)	22:47
2. Jennifer Sharp (Fresno)	25:13
<b>15-18:</b>	
1. Shelly McKittrick (Dinuba)	30:32
2. Sonya Marshall (Dinuba)	31:53
<b>19-29:</b>	
1. Sandy McPherson (Clovis)	20:38
2. Janice Gordon (Tollhouse)	21:14
3. Vikki King (Fresno)	22:22
<b>30-39:</b>	
1. Rosa Medina (Sanger)	20:40
2. Jan Alcock (Fresno)	20:48
3. Sylvia Valdez (Fresno)	21:18
<b>40-49:</b>	
1. Jean Ainger (Sanger)	22:48
2. Stella Hends (Fresno)	24:48
3. Ariene Beard (Fresno)	26:48

**50-59:**

1. Lue Brown (Fresno)	42:28
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**Men: 11 & Under:**

1. Brent Fernandez (Clovis)	21:42
2. Scott Fernandez (Clovis)	27:20
3. John Bridenstine (Clovis)	30:17
<b>12-14:</b>	
1. Tom Williams (Fresno)	19:03
2. Douglas Worthley (Fresno)	19:13
3. Brad Stuckey (Fresno)	25:15
<b>15-18:</b>	
1. Daniel Solazar (Fresno)	17:34
2. Michael Estrada (Pinedale)	18:54
3. Fred Pinto (Dinuba)	21:09

**19-24:**

1. Kevin Pereira (Fresno)	17:12
2. Kevin Groffis (Fresno)	17:26
3. Robert Candillo (Kingsburg)	18:12
<b>25-29:</b>	
1. Jim Hartig (Clovis)	15:05
2. Frank Rivas (Fresno)	17:11
3. Glen Mathis (Fresno)	17:53

**30-34:**

1. Al Lomeli (Fresno)	16:03
2. Mike Brooks (Fresno)	16:48
3. John Volkman (Sanger)	17:35

**35-39:**

1. Alex Orosco (Fresno)	18:21
2. David Solis (Fresno)	18:27
3. Frank Renteria (Fresno)	19:16

**40-44:**

1. David Overstreet (Caruthers)	17:57
2. John Pius (Sanger)	19:24
3. Ron Parenti (Fresno)	21:15

**45-49:**

1. Rick Zamarripa (Fresno)	17:47
2. Grant Sharp (Fresno)	19:14
3. Tom Hinds (Fresno)	20:30

**50-59:**

1. Frank Perales (Madera)	25:08
2. Richard Downs (Fresno)	25:50

**60 & Over:**

1. Tom McLaughlin (Fresno)	24:57
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**20K**

**Women: 19-29:**

1. Janis Creek (Clovis)	1:36:35
2. Lois Grunwald (Fresno)	1:39:31
3. Julia Johnson (Clovis)	1:42:43

**30-39:**

1. Pam Ziering (Fresno)	1:47:39
2. Helen Harrington (Fresno)	1:53:29

**40-49:**

1. Ramona Diaz (Fresno)	1:38:15
2. Mary Estes (Madera)	2:03:55
3. Heidi Faith (Fresno)	2:07:25

**50-59:**

1. Pat Hurst (Fresno)	1:27.18
2. Liz DeMonte (Fresno)	1:44.54
3. Mae Rogers (Fresno)	1:48.03

**Men: 15 & Under:**

1. Tony Marino (Fresno)	1:49.46
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**16-18:**

1. Juan Espinoza (Parlier)	1:18.40
2. Allan Hill (Fresno)	1:27.28

**19-24:**

1. Randall Keeler (Fresno)	1:34.41
2. John Bystrom (Fresno)	1:38.42

**25-29:**

1. Don Gregory (Fresno)	1:10.54
2. Dennis Wong (Tulare)	1:11.06
3. Bruce Johnson (Fresno)	1:22.21

**30-34:**

1. Curtis Elia (Fresno)	1:08.34
2. Craig Elia (Fresno)	1:12.30
3. Tony Perez (Fresno)	1:17.12

**35-39:**

1. William Woody (Fresno)	1:17.18
2. Larry Stein (Fresno)	1:25.41
3. Richard Rodriguez (Visalia)	1:27.29

**40-44:**

1. Thomas Bowen (Fresno)	1:19.36
2. Lou Bozigan (Fresno)	1:25.36
3. Walter Brown (Fresno)	1:26.47

**45-49:**

1. Dennis Grisso (Fresno)	1:25.23
2. Fred Pereira (Fresno)	1:28.33
3. John Bonner (Fresno)	1:34.06

**50-59:**

1. Len Thornton (Fresno)	1:13.34
2. Sid Toabe (Fresno)	1:23.05
3. Chris Danny (Fresno)	1:25.12

## Sri Chinmoy 5K Run

From G. David Brown

**May 9, Atherton.**

1. Greg Szanto(25)Saratoga	15:16.3
2. Armando Lagunas(24)S. Clara	16:06.9
3. Steve O'Brien(28)Burlingame	16:11.5
4. Jim Gorman(33)Stanford	16:15.3
5. David Hayes(40)Menlo Pk	16:17.6
6. Jeff Porto(22)Hayward	16:20.0
7. Eduardo DeUriarte(30)S. Fran	16:28.3
8. Gordon Thompson(39)Palo Al	16:45.6
9. Alan Taylor(31)S. Fran	16:55.1
10. Michael Rodriguez(23)S. Fran	17:13.3

**Top Ten Women:**

1. Margaret Flanagan(31)CO	19:25.0
2. Geryl Tripp(19)Burlingame	19:53.7
3. Linda Mantynen(33)Palo Alto	20:06.2
4. Jane Maxwell(41)S. Fran	21:08.4
5. Betsy Potter(29)Red. Cl.	21:36.9
6. Grace Voss(38)Palo Alto	21:52.8
7. Joan Kuntz(27)San Carlos	22:18.6
8. Keiko Takayama(37)Palo Al.	22:41.7
9. Elisabeth Egan(18)Menlo Pk	23:11.2
10. Benita Zimmerman(28)Millbrae	23:36.6

**Men: 18 & Under:** Daniel Gracia (12) Foster City 17:16.7; 2. Matt Connelly (14) San Mateo 19:38.1; 3. Mike Stewart (12) San Jose 25:52.5. **40-49:** 1. David Hayes (40) Menlo Park 18:17.6; 2. Stu Harris (41) Palo Alto 18:59.4; 3. William Tucker (40) Los Altos 19:15.7. **50 & Over:** 1. Richard Laine (52) San Carlos 18:48.3; 2. Ralph Bryd (50) Burlingame 18:49.2; 3. Don Carpenter (54) Palo Alto 18:51.3.

**Women: 18 & Under:** 1. Elisabeth Egan (18) 23:11.2; 2. Mindy Bauer (8) Los Altos 30:16.2; 3. Jenny Gronne (9) Belmont 30:18.1. **40-49:** 1. Jane Maxwell (41) 21:08.4; 2. Betty Carpenter (48) Palo Alto 24:44.4; 3. Leah Shindelman (41) Menlo Park 25:15.8. **50 & Over:** 1. Betty Pinson (54) San Carlos 25:13.1; 2. Joan Valden (50) Menlo Park 27:49.3.

## Foothill Footrace

From Stan Cooper

**May 9, Yosemite Lakes, 6 Mile.**

1. Chris Lohf (Fresno)	39:42
2. Steve Kelley (Coarsegold)	42:57
3. Alberto Cardenas (Fresno)	44:35
4. Brian Swiggum (Coarsegold)	45:32
5. Ed Wall (Fresno)	45:48
6. Dan Curtin (Sanger)	45:58
7. Rick Thrash (Fresno)	46:04

8. Stan Cooper (Coarsegold)	36:05
9. Joe Aliotti (Madera)	36:26
10. Sid Cram (Fresno)	36:34
11. Jack Wilkenson (Fresno)	37:33
12. Larry Jackson (Fresno)	37:44
13. James Ostergaard (Fresno)	38:07
14. Warren Jennings (Fresno)	38:35
15. Scott Merriman (Coarsegold)	38:36
18. Richard Rozier (Fresno) 1/50	39:26
23. Harry Harder (Reedley) 1/60	40:34
24. Connie McCarthy (Thou Oak) 1F	40:42
33. Donna Wilkinson (Fresno) 2F	43:38
51. Dorothy Thomas (Fresno) 1F 50	49:47

## May Day Run

From Linda Bine

### May 9, Golden Gate Park, San Francisco, 5K and 10K.

**5K Men: Overall:** 1. Brad Zamzyk 15:51; 2. Joe Becerra 16:14; 3. Dwight Miller 17:00; 4. Julios Ratti 17:04; 5. Bruce Mitchell 17:20; 10-13: 1. David Chai 21:05; 14-18: 1. Brad Zamzyk 15:51; 19-29: 1. Dwight Miller 17:00; 30-39: 1. Joe Becerra 16:14; 40-49: 1. Michael Hicks 17:23; 50+: 1. John Gregson 20:32.

**Women: Overall:** 1. Nancy Justice 20:46; 2. Kathy Mali 21:19; 3. Mary Nell Muech 21:40; 4. Katie Rohien 21:45; 5. Pia Vitalis 22:04; 10-13: 1. Pia Vitalis 22:04; 14-18: 1. Kathy Mali 21:19; 19-29: 1. Patricia Gorc 24:22; 30-39: 1. Nancy Justice 20:46; 40-49: 1. Sheila Schwartzburg 22:50; 50+: 1. Irene McKeever 30:21.

**10K Men Overall:**

1. Ted Quintana	30:41
2. Timothy McCo	31:01
3. Philip Broaddus	31:11
4. Emery Mitchell	32:21
5. Phil Duncan	34:01

**10-13:**

1. Juan Arbulu	42:21
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**14-18:**

1. Armond	37:21
2. Francisco Aragon	38:21
3. Halo Arbulu	39:11

**30-39:**

1. Charles Thompson	34:11
2. Larry Bechtel	34:41
3. Brett Evart	34:51

**40-49:**

1. Jim Jacobs	36:41
2. Russell Givn	38:01
3. Mark Ward	39:01

**50+:**

1. Kari Bollinger	40:41
2. Robert Gehl	41:11
3. Frank Evans	42:11

**Women Overall:**

1. Florianne Harp	36:51
2. Heidi Swan	41:11
3. Carol Swain	41:21
4. Liz Grotz	42:01
5. Deborah Moyano	42:01

**10-13:**

1. Nicole Dubois	43:21
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**14-18:**

1. Ellen Marvoka	44:21
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**30-39:**

1. Florianne Harp	36:51
2. Carol Swain	41:21
3. Kay Bolla	44:11

**40-49:**

1. Diana Platt	45:21
2. Karen Gudiksen	46:11
3. Nan Houstain-Hecht	49:11

**50+:**

1. Elinen Klatsky	46:11
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## Mothers Day Run For The Gaels

### May 9, St. Mary's, Moraga, 5K.

**Women: 17 & Under:** 1. Elizabeth McInt 26:37; 2. Jaime McEntee 28:28; 3. Ka Stahl 29:47. **18-29:** 1. Jacquemette F Sequira 21:38; 2. Dabbi Guidi 25:58. **30-39:** 1. H. Brouda McInermott 26:55; 2. Marsha Sias 28:01. **40-49:** 1. Julie Somman 27:00; 2. Tina McGowan 32:09. **50 & Over:** 1. Maria F Brown 33:11; 2. Shirley Finnegan 36:51. **Overall Winner:** Joan Winburne 40:15.

quennette Pla-Sequeira 21:38.  
**Men: 17 & Under:** 1. Duncan McClish 20:11, 2. Robert Mallard 21:24, 3. Andy Sample 25:18, 18-29: 1. Dave Powell 18:15, 2. Steve Wight 18:16, 3. Gerardo Congolindo 18:39, 30-39: 1. David Wight 18:41, 2. Adrian Laekus 19:27, 3. Rich DeGlymes 19:23, 40-49: 1. Skip Marquard 21:23, 2. Roger Sharp 21:31, 3. Bill Remick 22:03, 50 & Over: 1. Bruce Oliver 22:29, 2. Bruce Riggs 23:47, 3. Robert DeChene 24:12.  
**Overall Winner:** Dave Powell 18:15.

**10K**  
**Women: 17 & Under:** 1. Vikie Knaflac 46:09, 2. Frances McEntee 59:40, 3. Maura Lane 1:14.00, 18-29: 1. Andi Pernel 39:28, 2. Valerie Knaflac 41:56, 3. Deneen McGovern 44:40, 30-39: 1. Priscilla Myers 49:42, 2. Sue Pantos 50:19, 3. Kathy King 55:30, 40-49: 1. Alice Rose 43:12, 2. Jan Knaflac 51:32, 3. Laura Schulenberg 51:48, 50 & Over: No Entrants. **Overall Winner:** Andi Pernel 39:28.

**Men: 17 & Under:** 1. Scott Lawrie 38:23, 2. Don Kim 42:46, 3. Mike Bennett 45:49, 18-29: 1. John Clary 33:34, 2. Joel Wummer 34:01, 3. Mike Anduze 34:49, 30-39: 1. Eric Williams 31:20, 2. Dan Anderson 31:23, 3. Ronald Sample 34:45, 40-49: 1. Bob Myers 35:45, 2. Frank Knaflac 37:12, 3. Mike Coke 37:52, 50 & Over: 1. Perry Warren 42:20, 2. Lyman Elenney 45:42, 3. Robert Maynard 45:53. **Overall Winner:** Eric Williams 31:20.

## BullRing By The Sea 15K/5K

From End of the Line  
Race Consulting

**May 9.**  
**15K: Women: 12 & Under:** 1. Tammy Kniffing 68:00, 2. Marilyn Horner 69:01, 3. Lisa Seger 73:24, 4. Naomi Gollie 78:32, 13-17: 1. Patty Madrigal 61:40, 2. Tiffany Gorman 66:15, 3. Dorothy Herrera 79:03, 4. Dodie Bennett 93:21, 18-29: 1. Carrie Morrison 58:50, 2. Linda Copp 58:42, 3. Ellen Turkell 59:16, 4. Eliana Garcia no time available, 30-39: 1. Abby Waltz 58:38, 2. Kay Harpold 58:48, 3. Linda Gregg 64:35, 4. Barbara Nolan 65:37, 40-49: 1. Linda Sipprelle 59:59, 2. Barbara Woods 61:15, 3. Ursula Rains 67:29, 4. Sylla Crise 71:15, 50 & Over: 1. Charlotte Moore 67:07, 2. Rosarita Horn 67:07, 3. Shirley Tobin 78:45.

**Men: 12 & Under:** 1. John Kopan Hoyer 58:59, 2. Jonathan Rice 66:10, 3. Nathan Smith 67:31, 4. Terry Conklin 70:13, 13-17: 1. Joe Manuel 50:29, 2. Matt Clayton 51:20, 3. William Guarino 51:55, 4. Martin Weston 53:20, 18-29: 1. Robert Lusitana 47:12, 2. Frank Haralson 47:35, 3. Jeff Ruland 47:52, 4. Gilberto Alvarez 48:16, 30-39: 1. Jim Mosher 49:56, 2. Mac Larson 54:37, 3. Russ Webster 55:21, 4. Victor Vega 58:10, 40-49: 1. Dan McCaskill 52:57, 2. Tom Morrow 56:40, 3. Terrel Eddy 59:25, 4. Barry Brusseau 59:28, 50 & Over: 1. Dick Robinson 58:00, 2. Bill Stock 59:38, 3. Mike Murray 63:25, 4. Richard Fosse 63:50.

**5K**  
**Men: 12 & Under:** 1. Sean Kraus 20:38, 2. Jim Higgenbotham 22:50, 13-17: 1. John Flores 19:06, 2. George Shilinger 20:23, 18-29: 1. Michael Oleata 16:07, 2. David Noel 18:01, 30-39: 1. Donald Rowe 18:40, 2. Frank Vaugan 24:10, 40-49: 1. Fritz Salomon 19:04, 2. Bud Greenleaf 21:39, 50 & Over: 1. Ken Maloney 22:01, 2. Paul forehead 27:10.

**Women: 12 & Under:** 1. Adela Herrera 6:00, 2. Tina Kurt 26:18, 13-17: 1. Karen Ihibuya 23:25, 2. Darla Osborn 24:24, 18-29: 1. Gloria Jimenez 22:58, 2. Christina Hernandez 24:00, 30-39: 1. L. Renea King 4:10, 2. Cynthia Manion 24:40, 40-49: 1. Helen Kallish 26:06, 2. Maryon Lopez 6:30, 50 & Over: 1. Keiko Kishimoto 4:59, 2. Sonia Chastain 32:00.

## Browns Valley Ribbon Runs

May 9, Napa.

**Two Mile:**  
 1. Keven Kennedy (Piedmont) 10:19  
 2. Ken Sullivan (Novato) 10:43  
 3. Steve Zanetell (Napa) 10:56  
 4. Perry Smith (Napa) 11:09  
 5. Ralph Ansell (Napa) 11:19  
**Divisions: Youth:** Dennis O'Connor (Napa) 12:40; Jill Simmons 15:01; **Junior:** Bill Burch (Napa) 12:10; **Open:** Keven Kennedy (Piedmont) 10:19; Kim Purcell (Alameda) 11:59; **Submaster:** Steve Zanetell (Napa) 10:56; Nouria Harris (Napa) 16:23; **Master:** Mike O'Connor (Napa) 14:32; Ilse Forrest (Napa) 14:12; **Veteran:** Mike Tsalentis (Napa) 18:12.

**4 Mile:**  
 1. John Martin (Rohnert Pk) 22:25  
 2. Ralph Ansell (Napa) 26:32  
 3. Don Cameron (Angwin) 27:11  
 4. Ralph Carter (Napa) 27:15  
 5. Mark Hodgson (Napa) 27:39  
**Divisions: Youth:** Dennis O'Connor 33:18; Bibi Crawford (Sonoma) 35:34; **Junior:** John Martin (Roh Pk) 22:25; Jennifer Feutz (Napa) 34:29; **Open:** Don Cameron (Angwin) 27:11; Kim Purcell (Alameda) 28:14; **Submar:** Ralph Ansell (Napa) 26:32; Lynn Boesler (San Francisco) 36:46; **Master:** Chuck Hall (Napa) 28:40; Isle Forrest (Napa) 32:15; **Veteran:** Mike Tsalentis (Napa) 42:37.

**8 Mile:**  
 1. Jerome Mendez (Fairfield) 48:28  
 2. John Hawkey (Napa) 48:42  
 3. J.R. Stockwell (Petaluma) 48:52  
 4. Ray Menzie (Tiburon) 50:00  
 5. Bob Curtis (Dixon) 50:35  
**Divisions: Youth:** None; **Junior:** Colon Ross (Napa) 55:46; **Open:** Jerome Mendez (Fairfield) 48:28; Margaret Tiika (Walnut Creek) 58:37; **Submar:** Jay Bailinson (Napa) 52:03; **Master:** Ray Menzie (Tiburon) 50:00; Linda Feutz (Napa) 75:48; **Veteran:** William Redmond (San Jose) 68:28.

## Bay to Breakers

May 16, San Francisco: Bay to Breakers Cross Town Run. About 7.2 miles.

1-Rod Dixon, Auckland, N.Z., 56:07.6, 2-Ron Fritske, San Jose, 56:39.4, 3-Kent McDonald, Metairie, La., 35:49.6, 4-Jon Sinclair, Fort Collins, Colo., 36:01.1, 5-Dan Harvey, San Ramon, 36:06.4, 6-Duncan Macdonald, Menlo Park, 36:16.5, 7-Tony Ramirez, Salinas, 36:22.9, 8-Dan Gruber, Scotts Valley, 36:26.8, 9-Rick Gentry, South Lake Tahoe, 36:53.6, 10-Rudy Munoz, 37:08.1.

11-Frank Shorter, Boulder, Colo., 37:16.3, 12-Michael Cassaday, Oakland, 37:16.6, 13-Wally Buckingham, San Diego, 37:26.7, 14-George Mason, Costa Mesa, 37:27.1, 15-Henry Perez, Stockton, 37:41.5, 16-Lou Patterson, Arlington, Va., 37:46.5, 17-Michael Bordell, Ft. Huachuca, Ariz., 38:00.7, 18-Lee Anderson, Tempe, Ariz., 38:06.2, 19-Gary Tuttle, Ventura, 38:10.4, 20-Bob Brennan, Stanford, 38:12.5.

21-Glyn Reynolds, Palo Alto, 38:17.1, 22-Dan Anderson, Castro Valley, 38:20.3, 23-Joel Brickerd, Merced, 38:20.5, 24-Joe Hope, Seaside, 38:31.7, 25-Daniel Murray, Modesto, 38:38.2, 26-Tim Minor, Goleta, 38:43.2, 27-George Hernandez, Reno, Nev., 38:46.2, 28-Dave Frank, Stanford, 38:51.2, 29-James Tracy, San Francisco, 38:51.3, 30-Kenneth Mattson, Berkeley, 38:52.3, 31-Sal Vasquez, Alameda, 38:53.0, 32-Robert Darling, San Francisco, 38:59.3, 33-Karl Junginger, Clinton, Iowa, 39:06.3, 34-John Carey, Fremont, 39:07.3, 35-Wayne Wallgren, Garland, Texas, 39:11.3, 36-Fred Villegas, Merced, 39:12.3, 37-Ed Callaway, Goleta, 39:14.3, 38-Eric Sappenfield, Stanford, 39:22.3, 39-Paul Fanna, Santa Monica, 39:23.4, 40-Enrique Castro, San Valley, 39:26.

41-Stewin Ferraz, San Francisco, 39:27.4, 42-Rudy Chavez, La Puente, 39:29.4, 43-George Green, San Francisco, 39:29.9, 44-Michael Duncan, San Mateo, 39:30.4, 45-Mark Piccolo, Berkeley, 39:38.4, 46-Jack Lawson, Modesto,

39:39.47-Michael Graves, San Francisco, 39:40.48-Daniel Martinelli, Daly City, 39:43.49-Frank Goss, Citrus Heights, 39:47.50-Arthur Baudenistel, San Francisco, 39:50.

51-Ken Ellingboe, San Luis Obispo, 39:53.52-Michael McQueeney, Oakland, 39:57.53-John Jennings, South Lake Tahoe, 40:00.54-Tom Lowrey, Malibu, 40:01.55-Steve Zaccanello, Staten Island, N.Y., 40:01.56-Terrance Zerzan, San Mateo, 40:01.57-John Rothrock, Westminster, 40:05.58-Joe Becerra, Burlingame, 40:07.59-Kirk Hudson, Rocklin, 40:08.60-Michael Niemeck, Redwood City, 40:17.

61-Andy Takaha, South Lake Tahoe, 40:19.62-Weston Press, Los Altos, 40:19.63-Dann Brown, Martinez, 40:19.64-Richard Look, Redding, 40:20.65-Kirk Dye, Larkspur, 40:26.66-Jeffrey Wall, Daly City, 40:26.67-Paul French, Mountain View, 40:30.68-Paul Ghidossi, San Bruno, 40:32.69-Tim Davila, Livermore, 40:33.70-Randy Taylor, Little Rock, Ark., 40:35.

71-Allen Stanbridge, Burlingame, 40:37.72-Steve Gomez, 40:37.73-Gary Goettlemann, Santa Clara, 40:45.74-Mark Hines, Half Moon Bay, 40:46.75-Barry Welsh, Long Beach, 40:47.76-Virginio De Araujo, San Francisco, 40:50.77-Dan Rueckert, Salinas, 40:58.78-David Garcia, San Jose, 40:59.79-David Bigelow, Kensington, 41:00.80-Garcia Ruben, La Habra, 40:01.

81-Joseph McDvitt, San Francisco, 41:01.82-Bruce Degen, San Anselmo, 41:02.83-Haywood Norton, Monterey, 41:03.84-Tim Powell, South Lake Tahoe, 41:04.85-Eric Ellison, Berkeley, 41:05.86-Walt Hitt, Costa Mesa, 41:05.87-Russell Knudsen, Sausalito, 41:05.88-Grae Van Hooser, Eureka, 41:06.89-Joe Mangin, Sunnyvale, 41:07.90-Lester Mina, Alameda, 41:09.

91-Scott Steinhaus, Davis, 41:11.92-Scott Winfield, San Luis Obispo, 41:14.93-Stan Newton, San Jose, 41:20.94-John Barrett, Rancho Palos Verdes, 41:22.95-William May, San Francisco, 41:22.96-David Himmelfinger, Palo Alto, 41:22.97-Byron Chomire, Foster City, 41:24.98-Patrick McVeigh, San Jose, 41:25.99-Dennis Tracy, Hayward, 41:26.100-Mitchell Greenberg, Concord, 41:28.

101-Russell Berzins-Black, Santa Rosa, 41:29.102-Gary Alderman, Walnut Creek, 41:30.103-Steve O'Brien, Burlingame, 41:31.104-Joseph Kender, Azusa, 41:40.105-Doran McGee, Berkeley, 41:40.106-James Lawson, San Francisco, 41:41.107-Michael Plummer, Newark, 41:46.108-Thomas Hoffiday, Modesto, 41:48.109-Ron Wayne, Alameda, 41:53.110-Patrick Jennings, Stanford, 41:54.

111-Robert Edwards, Cupertino, 41:57.112-Kees Tunzing, San Rafael, 41:58.113-Robert Miller, Stockton, 42:00.114-John Semler, Stockton, 42:01.115-Eddie Lanzarin, San Francisco, 42:01.116-Daniel Garcia, San Bruno, 42:01.117-Bill Catalanese, Mill Valley, 42:02.118-Alex Rodriguez, San Jose, 42:03.119-Thierry Ross, Benicia, 42:07.120-Lloyd Saxon, Kaitia, N.Z., 42:11.

121-Tom Barlow, Walnut Creek, 42:12.122-Jon Janssen, Millbrae, 42:13.123-Tom Kirchner, San Francisco, 42:13.124-Todd Baker, 42:16.125-Kim Roedy, San Francisco, 42:16.126-David Kadish, San Francisco, 42:16.127-James Gibbons, Willits, 42:18.128-Dave Royal, Petaluma, 42:19.129-Alan Kohms, Berkeley, 42:19.130-Harrison Gunther, Berkeley, 42:19.

131-David Amster, Carson City, 42:23.132-Michael Conroy, Daly City, 42:24.133-Amol Saxena, Davis, 42:24.134-Dwight Miller, San Francisco, 42:25.135-Charles Jackson, San Jose, 42:25.136-Mark Stoker, Stockton, 42:26.137 (1st woman)-Layne Binder, Oakland, 42:28.4.138-Paul Sechrist, Cupertino, 42:29.139-Mike Gama, Hayward, 42:35.140-Donald Walker, San Francisco, 42:36.

141-Jeff Johnston, San Rafael, 42:41.142-Marc Spadaro, San Mateo, 42:41.143-David Schmidt, Washington, D.C., 42:41.144 (2nd woman)-Nancy Dietz, Menlo Park, 42:42.145-Jim Howell, Los Altos, 42:42.146-Charlie Crane, Stanford, 42:43.147-Joe Day, Atwater, 42:43.148-unknown, 42:44.149 (3rd woman)-Eileen Claugus, Sacramento, 42:44.150-Noah Rollins, Oakland, 42:45.

## Grunion Run

From RICHARD LEE SLOTKIN

May 15, San Pedro.

**Men 14 & under:** 1. Greg Holgate 34:48, 2. Darren Garnier NT, 15-18: 1. Fernando Vasquez 32:52, 2. Joe Barrow 33:28, 3. Shawn Barrow 33:47, 19-24: 1. Jack Marden 31:30, 2. Harry Stahlberg 31:57, 3. Gilbert Mark 32:58, 4. James Stanich 34:44, 5. Mark Giacalone 35:11, 25-29: 1. Art Nuno 32:30, 2. Morris Rehn 33:35, 3. Stephen Harris 35:09, 4. Joe Olivas 35:27, 5. Jeff Dobra 35:56, 30-34: 1. Joe Carlson 31:42, 2. Will Ford 33:22, 3. Bill Leung 36:31, 4. Roger Murry 36:41, 5. John French 37:28, 35-39: 1. James Williams 33:48, 2. Alan Johnson 33:56, 3. Richard Provost 34:45, 4. Dan Patrick 35:19, 5. Carl Bruno 37:24, 40-44: 1. Joe Bird 33:59.9, 2. Charles McClung 35:32, 3. Tom Hanson 36:27, 4. Bob Schratz 37:50, 5. David Dieter 39:00, 45-49: 1. Andre Tocco 33:04, 2. Frank Greene 36:52, 3. Richard Bellman 42:25, 50-59: 1. Layne Crisp 40:52, 2. John Feyk 40:59, 3. Jesse Marquez 45:15, 60-69: 1. Al Bernardi 50:15, 2. John Mosher 52:48, 70 & over: 1. Frank Morales 50:05.

**Women 14 & under:** 1. Mary Beth Hand 59:18, 2. Christy Fink 60:35, 15-18: 1. Maria Santesteban 45:20, 2. Janet Hall 48:14, 3. Diana Anderson NT, 19-24: 1. Lucretia Excaltol 43:18, 2. Martha Lundell 45:30, 3. Janice Green 48:00, 25-29: 1. Melanie Rich 43:44, 2. Leslie Buchan 45:54, 3. Frances Yuschak 46:00, 30-34: 1. Darlene Roberts 41:05, 2. Christine Gaston 44:04, 3. Deborah Dorsey 46:18, 35-39: 1. Lucia Davidson 42:38, 2. Diane Johnson 47:50, 3. Kathy Allen 50:00, 40-49: 1. Janet White 44:18, 2. Mary Hall 46:48, 3. Brigitte Tocco 50:50, 50-59: 1. Peggy Taylor 49:53, 2. Ruth Boland 50:49, 3. Ingrid Zamierasco 53:49, 60 & over: 1. Norma Bernardi 48:44.

Top 3 ran together for about 4 miles changing lead several times. At 4 1/4 miles, Marden kicked, opened up a lead and held it the rest of the way. Stahlberg in third pushed hard at the end to break 32:00. Marden and Carlson weren't pushing that hard at the finish.

## Roeding Park Two Person Relay

From Bingo Orme

May 15, Roeding Park, Fresno: Two Person Relay. Each person running two miles twice.

1. Juan Molina (9:33, 9:41) 39:14  
 David Perez (9:46, 10:14) 1 40-49  
 2. Rick Torres (9:48, 9:58) 40:15  
 Brian Foley (9:52, 10:33) 2 40-49  
 3. Mike Taylor (9:52, 10:07) 40:15  
 Tom Fitzgerald (10:10, 10:06) 3 40-49  
 4. Dave Cords (9:53, 10:01) 40:28  
 Curt Ella (10:11, 10:23) 1 60-69  
 5. Gordon Keller (10:22-10:37) 41:32  
 Bob Lindsey (10:07, 10:26) 1 70-79  
 6. Mike Brooks (10:29, 10:48) 42:19  
 Greg Hal (10:28, 10:34) 1 50-59  
 7. Gene Lynch (11:12, 11:49) 45:12  
 Frank Delgado (10:49, 11:22) 1 80-99  
 8. Jose Macias 45:26  
 Dan Vega (11:21) 1 30-39  
 9. Al Lomell (10:01, 10:11) 46:36  
 Rosemary Alcaraz (12:50, 13:34) mix  
 10. Sid Toabe (12:24, 12:33) 48:20  
 Don Trout (11:53, 11:30) 100-plus  
 11. Donna Wilkinson (13:29, 13:53) 50:35  
 Jack Wilkinson (11:24, 11:49) 70mix  
 12. Suzanne Brewer (16:03, 16:39) 63:36  
 Barbara Packard (14:58, 15:58) 49F  
 13. Rayna Currier (16:47, 17:55) 68:00  
 Sally Cook (16:13, 17:05) 50 & F

# Results

## Vineyard Run

From Shirley McPherson

### May 15. Livermore. 5K & 10K.

1 Steve Edman	17:02
2 Larry Meredith	17:18
3 Greg Novacek	18:09
4 Sav Harasymiv	18:12
5 Larry Mates	18:17
6 Greg Duff	18:36
7 Jim Cross	18:59
8 Ronald Thomas	20:08
9 Edward Tanaka	20:26
10 Kirby Hoskinson	20:43

**Men: 17 & Under:** 1. Greg Duff 18:36, 2. Dave Dolan 20:51, 3. David Ebert 21:13. **Women:** 1. Kristy Craig 21:16, 2. Paula Meader 22:39, 3. Christi Barbee 25:32. **Women: 18-29:** 1. Linda Snethan 21:23, 2. Jeanne Bernacil 22:30, 3. Rita Steele 22:37. **Men: 30-39:** 1. Edward Tanaka 20:26, 2. Tom Sturges 22:00, 3. Manuel Escoveda 22:02. **Women:** 1. Deborah Parziale 24:13, 2. Kathy Birch 24:28, 3. Judy Flores 24:36. **Women: 40-49:** 1. Barbara Tocchino 25:03, 2. Maureen Nolan 25:06.3. Karl Miller 26:4. **Men: 50 & Over:** 1. Bernard Stevens 21:00, 2. Richard Conn 24:11. **Women:** 1. Vi Kull 32:18.

### 10K

1 Greg Jewett	33:10
2 Terrance Boynton	33:16
3 Jeff Porto	35:13
4 Phil Duncan	35:35
5 Brian Bonner	35:39
6 James Jones	36:27
7 Eric Petersen	36:43
8 Ron Polon	36:46
9 Jim Moore	36:48
10 Bill Wilson	37:13
11 Tim Bullis	37:32
12 Steve Radigan	37:35
13 Lee Cannon	37:40
14 Tully Joey	37:41
15 Chris Mihm	38:08

**Men: 17 & Under:** 1. Tim Bullis 37:32, 2. Joey Tully 37:41, 3. Chris Mihm 38:08. **Women:** 1. Jill Stefani 58:07. **Women: 18-29:** 1. Kim Jorgensen 42:36, 2. Amanda Goldner 43:16, 3. Mary Jo Grothman 44:07. **Women: 30-39:** 1. Sandi Bohner 44:54, 2. Eva Westerlin 47:14, 3. Sue Goddard 47:58. **Women: 40-49:** 1. Marta Montana 50:02, 2. Eldrith Gosney 51:30, 3. Nadine Harrach 51:41. **Men: 50 & Over:** 1. Gordon Gane 38:48, 2. Howard Young 43:01. **Women:** 1. Ruth Anderson 43:43.

## Run For The Sun

### May 15. Modesto.

**2 Miles: Female: 19 & Under:** 1. Saily O'Leary 13:23.8, 2. Sarah Gonzalez 13:35.1, 3. Melissa Anglim 15:38.5. **20-29:** 1. Carol Ovale 13:28.0, 2. Lynn Miller 14:03.9, 3. Suzanne Smith 14:51.2. **30-39:** 1. Dorothy Bushakra 13:47.7, 2. Carole Kamrar 14:56.8, 3. Val Devine 15:06.1. **40-49:** 1. Mary Belz 14:43.4, 2. Chiyo Shingu 15:01.9, 3. Carolyn Hartman 18:20.1. **50-59:** 1. Dorothy Stockwell 26:31.7.

**Men: 19 & Under:** 1. John Lane 10:02.4, 2. Bill Martin 10:03.3, 3. Steve Cochran 10:44.5. **20-29:** 1. Dwight Smith 9:47.7, 2. Bob Holland 9:58.5, 3. Jesse Cordova 10:19.2. **30-39:** 1. Jose Guerrero 10:49.5, 2. Charles Johnson 11:30.0, 3. Paul Birmingham 11:38.8. **40-49:** 1. Dick Shorman 11:42.3, 2. Gary Nieto 11:59.6, 3. Richard Luevano 12:19.9. **50-59:** 1. Payson Taylor 12:55.1, 2. Don Hawkins 13:20.0, 3. Lane Ray 14:53.9. **60 & Over:** 1. Ray Mahannah 13:32.4, 2. Frank Saylor 15:56.2.

### 15K

**Female:** 20-29: 1. Felicia Quilantang 67:31, 2. Paula Martelli 71:16, 3. Dee Betencourt 73:26. 30-39: 1. Debbie Aschwander 63:29, 2. Catherine Killeier 70:26, 3. Joan Bondshu 74:19. 40-49: 1. Deditte Edwards 75:31. 60 & Over: 1. Arlene Borowick 1:15.4.

**Men: 19 & Under:** 1. John Gray 55:54, 2. David Hope 56:04, 3. Jeff Hartman 76:45. **20-29:** 1. Bob Loux 48:54, 2. Ken Hurst 49:16, 3. Roger Vorse 51:24. **30-39:** 1. Rick Edson 53:25, 2. Ross Rowley 53:33, 3. Les Niven 54:37. **40-49:** 1. Heinle Hartwig 57:53, 2. Ron Quick 60:10, 3. Joe Holmberg 61:20. **50-59:** 1. Bill Ferrell 65:17, 2. Derl Crowder 66:12, 3. Dudley Borowick 67:27. **60 & Over:** 1. Don Lundberg 64:49, 2. Ed Zoma 83:58.

## Bayonet 7 Run

### May 15. 7 Mile.

1 Scott Peters	36:44
2 Steve Peters	37:35
3 James Walton	38:01
4 Carlos Ramos	38:13
5 Matthew King	38:34
6 Allen Gamber	39:03
7 Les Wadell	39:20
8 Johnny Lilly	39:25
9 Douglas Palmquist	39:30
10 Richard Cummings	39:47
11 Javier Naranjo	39:50
12 Wayne Barton	39:59
13 James Nelson	40:00
14 Rafael Tierrafria	40:03
15 Louis Davidson	40:05
16 Ted Martinez	40:16
17 Julios Ratti	40:30
18 Richard Leutzinger	40:40
19 Mark Nozares	41:08
20 Keith Pinkston	41:42
21 Robert Forbes	41:49
22 John Plant	41:54
23 Kevin Rhodes	41:55
24 Douglas Brisson	42:08
25 Mark Snell	42:18
26 Ted Hansen	42:20
27 Robert Erlich	42:27
28 Craig Hanson	42:28
29 Ed Kolofer	42:41
30 Warren Roberse	42:41

**Men: 15 & Under:** 1. Jesus Argueta 44:39, 2. Phillip Lindogan 46:19, 3. Chris Andrade 48:46. **18-19:** 1. Javier Naranjo 39:50, 2. James Nelson 40:00, 3. Kevin Rhodes 41:55. **20-29:** 1. Scott Peters 36:44, 2. Steve Peters 37:35, 3. James Walton 38:01. **30-39:** 1. Allen Gamber 39:03, 2. Les Wadell 39:20, 3. Richard Cummings 39:47. **40-49:** 1. Richard Leutzinger 40:40, 2. Robert Forbes 41:49, 3. Franz Brazil 43:50. **50-59:** 1. Edward Singleton 48:43, 2. David Peterson 47:04, 3. Agust Meinalksnis 48:47. **60 & Over:** 1. Al Jarschke 56:46, 2. Bienvenido DeVictorio 56:58. **Women: 15 & Under:** 1. Angela Hernandez 52:58, 2. Corina Lopez 53:44, 3. Tiffany Deaderick 1:03:32. **18-19:** 1. Patricia Stoltz 59:31, 2. Lorelei Thompson 1:04:41, 3. Donna Eversoll 1:06:44. **20-29:** 1. Olivia Partridge 42:52, 2. Kim Havas 46:53, 3. Linda Pickens 49:16. **30-39:** 1. Paula Potts 45:39, 2. Susan Tilley 47:22, 3. Barbara Cummings 52:18. **40-49:** 1. Cynthia Bleber 57:40, 2. Jan Holloway 1:00:40, 3. Florence Cremer 1:06:18. **50-59:** 1. Betty Peterson 1:04:41.

## Fillmore Festival Run

### May 15.

**Women: 10K: 18 & Under:** 1. Deanna Reiber 51:06, 2. Tara Rhoads 52:33, 3. Delia Gallegos 57:45. **19-29:** 1. Mary Prusso 48:14, 2. Stacy Alls 48:59, 3. Teresa Merry 49:02. **30-39:** 1. Alvera Sabin 43:42, 2. Manuela Aparicio 47:45, 3. Janet Bergamo 49:40. **40 & Over:** 1. Joanne Martz 57:52, 2. Addie Salinas 58:32, 3. Jean McGregor 1:02:24. **Men: 10K: 14 & Under:** 1. Armando Robles 35:58, 2. Dale Kroeger 36:43, 3. Kenny Martinez 42:16. **15-18:** 1. Rudy Mora 35:47, 2. Leif Reynolds 38:57, 3. Andy Todd 40:04. **19-29:** 1. Steve Durand 33:35, 2. Adolfo Huerta 33:52, 3. Peter Moore 34:17. **30-39:** 1. Chuck Smead 32:33, 2. Daniel Rodriguez 34:42, 3. George Morse 36:43. **40-49:** 1. Freddie Perez 38:50, 2. Aba Ramirez 38:58, 3. Robert Stroh 40:51. **50 & Over:** 1. Fred Nagelschmidt 38:57, 2. Bill Thompson 42:36, 3. Neil Ziegler 45:31.

## Laguno Moreno Runs

From Race Central

### May 15. Prado Regional Park, Chino. 5K

**Men: 12 & Under:** 1. James Gollie 18:59, 2. Benjamin Chavez 20:03, 3. Brian Evans 21:48. **13-19:** 1. Lee Spence 15:59, 2. Mike Assumma 16:11, 3. Scott Johnson 17:21. **20-29:** 1. Dave Cook 16:08, 2. Jack Garcia 16:13, 3. Stephen McGhee 16:22. **30-39:** 1. Ray Varcoe 17:51, 2. Gary Ovitt 17:55, 3. Bruce Nicotero 18:07. **40-49:** 1. Dick Nance 22:11. **50 & O:** 1. Jack Simmons 19:51, 2. Jack Britton 20:49, 3. Mac McCombs 21:29.

**Women: 12 & U:** 1. Darby Grant 20:17, 2. Michelle Bruckner 20:43, 3. Brook Markovich 23:57. **13-19:** 1. Chris Alba 21:16, 2. Ronda Gates 22:30, 3. Shari Graham 23:12. **20-29:** 1. Vaneen Parker 21:32, 2. Rachel Garcia 22:42, 3. Martha Roget 22:51. **30-39:** 1. Carol Kopic 26:25, **40 & O:** 1. Lillian Johnson 22:20.

### 10K

**Men: 12 & U:** 1. John Lisiewicz 46:02, 2. Scott Coder 50:27. **13-19:** 1. Tony Maciel 39:36, 2. Eddie Davis 42:49, 3. Dave Esslinger 42:49. **20-29:** 1. Robert Ripley 37:32, 2. Harry Van Den Hof 37:59, 3. Mike Larson 38:35. **30-39:** 1. Richard Brough 41:40, 2. Ray Velarde 43:03, 3. Hugh O'Connell 44:12. **40-49:** 1. Lawrence Johnson 41:57, 2. Howard Beck 42:12, 3. George Johnstone 42:44. **50 & O:** 1. Dave Carlson 44:04, 2. Frank Husak 46:29, 3. Bernard Widlake 51:03.

**Female: 12 & U:** 1. Emily Mungaray 52:23, 2. Roxanne Elridge 1:13:08. **20-29:** 1. Lori McNaught 52:43. **30-39:** 1. Kathy Mickelson 54:49, 2. Judy Chilcott 55:14, 3. Cathy Velarde 56:31. **40 & Over:** 1. Ina Lisiewicz 53:12, 2. Mabel Pitteroff 56:02, 3. Elizabeth Jimenez 58:46.

## Armed Forces Day 10K Run

### May 15. Torrance.

**Male: 12 & Under:** 1. Greg Flynn 38:48.0, 2. Steve Romero 44:21.1, 3. Jason Swanson 44:34.4. **13-15:** 1. Brian Escobar 36:29.5, 2. Greg Keyes 37:08.9, 3. Ryan Murphy 37:24.0. **16-18:** 1. Daniel Zepeda 32:23.3, 2. Glenn Masuda 37:05.2, 3. Tim Edwards 40:39.2. **19-29:** 1. Julio Soto 32:08.8, 2. Jim Masterson 32:10.2, 3. Anton Gonzales 32:49.0. **30-39:** 1. Charles Hodge 34:02.9, 2. Dan Stumpus 35:04.8, 3. Geoff Guerero 35:50.0. **40-49:** 1. Girls Ozollins 38:02.7, 2. Norman Cohen 38:08.7, 3. Dave O. Thomas 38:58.6. **50-59:** 1. R. Ullrich 43:00.0, 2. Bernard Dasilva 44:04.4, 3. Milo Sather 45:45.6. **60-69:** 1. John Nino 43:49.5, 2. John Hales 45:19.5, 3. John Zentmyer 49:36.1.

**Women: 12 & Under:** 1. Priscilla Fuentes 54:14.9, 2. Amy Cantor 1:03:17.2, 3. Julie Simon 1:18:48.8. **13-15:** 1. Jeanette Perez 45:57.0, 2. Linda Gibbons 52:32.6, 3. Connie Carlson 53:17.6. **16-18:** 1. Cecelia Zepeda 45:49.2, 2. Ann Winfield 46:16.8, 3. Teresa Winfield 51:10.1. **19-29:** 1. Jamie Mitchell 38:45.2, 2. Ta'ana Savo 39:28.5, 3. Gail Barrett 43:48.8. **30-39:** 1. Jean Jones 42:54.3, 2. Jan Delaney 46:37.0, 3. Kathy Kahn 49:12.0. **40-49:** 1. Kathie Owen 45:33.8, 2. Nancy Mustard 46:23.2, 3. Sarah Jones 48:58.9. **50-59:** 1. Gene Cook 40:52.2, 2. Agnes Kameamoto 52:45.0, 3. Dina Dasilva 53:07.4.

## L.A.'s The Place

### May 16. 10K.

1. Harrison Koroso 30:21, 2. Dave Babiracki 30:37, 3. Gian Starinieri 31:28, 4. Jim Scott 31:49, 5. Fred Mathis 46:37, 6. Hernando Carden 32:8, 7. Tom Morlarty 33:11, 8. Dennis Caldwell 33:32, 9. Ronald

Sykes 33:53, 10. Morris Rehn 34:10, 1. Hartzell Alpiza 34:20, 12. Doug Sullivan 34:20, 13. Robert McAndrew 34:34, 1. Leonard Cruz 34:52, 15. James Murph 34:57, 16. Randy Thwing 35:4, 17. Thoms Wilkenso 35:4, 18. Miranda Antonio 35: 19. Rex Keep 35:9, 20. Bryan Lowe 35:1 21. Ron Misner 35:20, 22. John Medve 35:24, 23. John Bitzer 35:30, 24. Matthe Drake 35:35, 25. Robert Yee 35:42, 2. Mark Cote 35:44, 27. Steven Bohian 35:4 28. Timothy Van Pat 35:57, 29. Richar Gutierri 36:11, 30. John Whelan 36:33, 3. Mich Avant 36:41, 32. Gary Wilhelm 36:4 33. Don Smith 36:43, 34. John Ely 36:5 35. Sergio Hernandez 37:9, 36. Rhio Gilke 37:12, 37. Patrick Devine 37:16, 38. D Olivier 37:19, 39. S. Goldstein 37:21, 4. Robert Kryczko 37:33.

## Precious Blood School Spring Runs

### May 16. Beaumont.

### 10K

**Men: 17 & Under:** D. Swiderski 37: 18-29: S. Lister 34:35 (overall winner) 30-39: Dean King 36:59. 40-49: Wally gram 39:02. 50-59: W. Walsh 51:12. O 60: J. Hanyen 50:22. **Women: Under 17:** Shannon Duncan 46 (overall winner). 18-29: Annette R 57:49.

### 5K

**Men: Under 14:** Lane Lee 20:26. 14- Myles Lee 20:00. 19-29: W. Knaoft 17 (overall winner). 30-39: Dean King 17: 40-49: Wally Ingram 18:44. 50-59: B. He 25:13. 60 & Over: K. Smilten's 23:59. **Women: Under 14:** Carol Castro 32: 14-18: Lisa Nunez 24:18 (Overall winn 19-29: Chris Barifs 28:30. 30-39: He Conners 30:35. 60: D. Barnes 36:2

## Around The Crown Runs

From Bill Smithson

### May 16. Corona. 5K.

1 Bobby Adams (19)	16
2 Ron Stangeland(26)	16
3 Thomas Nelson (37)	16
4 Dave Mokorski (21)	17
5 Antonio Tapia (29)	17
6 Vance Roget (29)	17
7 Chris Kaplan (19)	17
8 Scott Carter (15)	17
9 Jim Sons (39)	17
10 Bill Stevenson (35)	17

**Men: 12 & U:** 1. Glen Seifert 20:30, 2. Tr Taylor 20:51. **40-49:** 1. Anthony Gr 18:44, 2. Terry Foley 18:55, 3. Albert Val 19:08. **50-59:** 1. Jason Harris 19:07, 2. H Hoggard 20:35, 3. Jack Britton 20:56. **60 & O:** 1. Max Diamond 26:48.

### Top Females:

1 Tammy Nugent (22)	21
2 Vaneen Parker (29)	21
3 Kathy Story (34)	21
4 Linda Harmon (42)	21
5 Martha Roget (29)	21
6 Bobbie Hick (22)	21
7 Teresa Melkessavage (25)	21
8 Christy Peart (14)	21
9 Karen Pinkerton (31)	21
10 Grace Andrade (12)	21

**Female: 35-39:** 1. Pat Tufts 28:21. 40 1. Linda Harmon 22:59, 2. Anita Fairf 26:03, 3. Sharon Anderson 27:28. 50-5 Ann Crawford 26:58.

### 10K

<b>Top Male Finishers:</b>	
1 Gill Corneli (34)	3
2 Randy Twombly (32)	3
3 Joel Carranza (23)	3
4 Elber Camacho (35)	3
5 Dave Roadruck (39)	3
6 Tadese Hawariat (34)	3
7 Dennis Payne (29)	3
8 Jaquelin Granado (42)	3

Dick Tufts 37:27  
James Palko (31) 37:29  
12 & U: 1. Scott Coder 48:46. 13-15:  
Jeff Quaid 40:17. 16-19: 1. Steve Cua  
24. 40-49: 1. Joaquin Granado 36:39, 2.  
in Condit 38:55, 3. Dick Johnson 39:09.  
50: 1. Dave Carlson 42:40, 2. Frank  
mos 44:14, 3. Geoffrey Dooley 46:37.

**Female Finishers:**  
Linda Heck (16) 40:24  
Linda Sabo (34) 42:28  
Melissa Bowers (10) 43:41  
Tamara Morales (24) 46:07  
Debbie Donaldson (29) 47:45  
Roxanne Elvidge (11) 48:46  
Mitzie Twombly (29) 49:15  
Linda Bowser (34) 51:45  
Katie Barrett (36) 51:45  
Clarice Flower (49) 51:56  
**males: 40-49:** 1. Clarice Flower 51:56.  
19: 1. Mercie Santos 55:09.

## Santa Anita Lite Spring Classic

16. Arcadis. 5K & 10K.

**Males 15 & Under:** 1. Kevin Carter  
38, 2. Gregg Allen 16:55, 3. Matt Hurt-  
in 17:00. 16-20: 1. Ronald Johnson  
10, 2. Jaime Mejia 15:31, 3. David  
ias 15:42, 4. Robert Ramirez 15:44, 5.  
il Serratos 15:46. 21-29: 1. Dennis For-  
ffer 14:41, 2. Gilbert Cortez 15:02, 3.  
mas Bryant 15:23. 30-39: 1. Ron Gee  
5, 2. Enrique Serratos 15:26, 3. Gary  
npbell 15:41. 40-49: 1. Jesse Rodriguez  
11, 2. Gary Riley 17:08, 3. Mike Mo-  
ery 17:26. 50-59: 1. Jim Brownfield  
5, 2. Wally Evertz 17:27, 3. Bob  
lach 18:02. 60 & O: 1. Charles Yoakum  
18, 2. David Cohen 20:56, 3. Ed  
isenberg 21:14.

**males: 15 & Under:** 1. Jengil Gomez  
2. 16-20: 1. Joanne Maldonado 18:38,  
losa Bustamante 21:42, 3. Suzanne  
noy 21:43. 21-29: 1. Jiau Lal, Lih 17:45,  
inda Heinmiller 18:07, 3. Guillermo  
ano 19:19, 4. Catherine Molina 19:46,  
ebecca Fadness 20:25. 30-39: 1. Deb-  
Gerlich 21:47, 2. Sally Crawford 21:59,  
aura Tran 22:01. 40-49: 1. Virginia  
aja 21:29, 2. Maria Fribourg 22:40,  
9: 1. Dorothy Fish 24:51, 2. Ruth  
kin 25:37. 60 & O: 1. Harriet Barton  
7.

**10K**  
**n Wheelchair:** 1. Joe Hardy 34:27.  
: 15 & U: 1. Suresh, Krishnau 36:59,  
ad Tompson 37:01, 3. Timothy Parker  
3. 16-20: 1. Gus Mojarro 32:46, 2. Bob  
gett 34:00, 3. Steve Bishop 35:14, 4.  
dad Alcaraz 35:35, 5. David Rosas  
3. 21-29: 1. Dave Frickel 30:37, 2. Steve  
in 31:02, 3. Steve Blum 31:27, 4.  
ng Ming Chin 31:40, 5. Ron Amundson  
3. 6. Bob Arnold 33:10, 7. Robert  
or 33:42, 8. Edward Hume 34:20, 9.  
Leeper 34:30, 10. Julian Saaveda  
1. 30-39: 1. Carlos Godoy 31:50, 2. Ron  
e 32:17, 3. Ed Arol 32:34, 4. John  
aut 32:51, 5. Thomas Snedden 33:40.  
1. Gabriel Bernal 33:15, 2. Edward  
i 35:19, 3. Dennis Parrish 36:00, 4.  
ss Thompson 36:05, 5. George  
sley 36:19. 50-59: 1. Jim Brownfield  
2. David Parker 38:39, 3. L. Tyson  
1. 60 & O: 1. Phil Castle 45:29, 2. Leroy  
ley 45:48, 3. William Dietrich 46:56.  
**males: 15 & U:** 1. Amber Chavez 41:18,  
1. Tammy Brazel 39:02, 2. Alexan-  
guirre 42:43. 21-29: 1. Beth Milewski  
2. Becky Thomas 40:33, 3. Jennifer  
erson 42:00, 4. Rhonda Davidson  
5. Terry Sweetman 42:18. 30-39: 1.  
Butchers 42:08, 2. Nancy Kumen-  
43:49, 3. Yvonne Cerecedas 44:52.  
1. Linda Sipperelle 38:26, 2. Minette  
d 43:10, 3. Chris Trevarthen 43:23.  
1. Helen Dick 42:31, 2. Evelyn  
tz 52:27. 60 & O: 1. May Liljenwall

## Mercy Runs

From Gilbert Aquilar

May 22. Monterey Park. 5K & 10K.  
5K

**Men: 11 & Under:** 1. Brian Evans 24:08, 2.  
Justin Whalen 25:01, 3. Roberto Cortes  
26:36. 12-15: 1. Kevin Jones 17:34, 2. Kevin  
Carter 17:46, 3. Aaron Mascorro 19:48.  
16-20: 1. Osvaldo Munoz 17:24, 2. Gregory  
Luna 17:25, 3. Keith Willemim 18:03.  
21-25: 1. Nick Trozzi 17:32, 2. Wesley  
Miller 17:48, 3. Fernando Ramirez 18:04.  
26-35: 1. Walt Hill 17:13, 2. C.K. Chan  
17:36, 3. Phillip Torres 17:41. 36-45: 1.  
Pedro Ponce 17:39, 2. Jarrett Williams  
17:50, 3. Ken Price 17:51. 46-55: 1. Wally  
Ingram 17:19, 2. Richard Flores 18:03, 3.  
Tony Keavey 18:27. 56 & Over: 1. Leonard  
Kulbacki 21:35, 2. Bill Toomey 26:03, 3.  
Joe Dubla 29:56.

**Women: 11 & Under:** 1. Amber Chavez  
20:29, 2. Diane Castillo 20:43, 3. Darby  
Grant 20:52. 12-15: 1. Michelle Gonzales  
20:25, 2. Kerri Perez 26:11. 16-20: 1. Kristy  
Sherman 21:03, 2. Tammie Armstrong  
26:06. 21-25: 1. Lupe Puente 23:15, 2. Preti  
Patel 25:47. 26-35: 1. Elsa Aguirre 22:31, 2.  
Jo Barry 25:03. 36-45: 1. Corrine Schratz  
21:14, 2. Esther Ginder 25:32. 46-55: 1.  
Jane Dods 22:56, 2. Elinor Sherman 23:17.  
56 & Over: 1. Mercie Santos 27:09.

**10K**  
**Men: 11 & Under:** 1. Hilario Zamora 47:14.  
12-15: 1. Mike Cortez 35:36, 2. Peter  
Rudholm 36:46, 3. David Golden 38:27.  
16-20: 1. Gus Mojarro 33:13, 2. Jim Walker  
35:37, 3. Paul Orsi 36:44. 21-25: 1. Henry  
Yee 34:55, 2. Chuck Alvarez 36:50, 3. Mike  
Shriver 37:26. 26-35: 1. Rudy Chavez 31:43,  
2. Carey Simons 32:44, 3. Arthur Ting  
34:28, 4. Bill Silverman 35:17, 5. Jose Ser-  
rato 35:25, 6. John Shea 35:32, 7. Jose  
Garcia 35:50, 8. Mario Martinez 36:11, 9.  
Geo Manriquez 36:13, 10. Fernando  
Ruelas 36:26, 11. David Simien 36:42, 12.  
Steve Hackney 36:57, 13. Leonel Ortiz  
39:03, 14. Robert Kowell 39:28, 15. Roman  
Espindola 40:05. 36-45: 1. Joe Jacobsen  
34:58, 2. Terry Toles 36:10, 3. Frank  
Zaragoza 36:31. 46-55: 1. Jim Brownfield  
35:35, 2. Walt Windsor 36:06, 3. Sam Gee  
39:12. 56 & Over: 1. Walt Malone 41:36, 2.  
Stanley Neufeld 44:11, 3. Jock Jocy  
46:31.

**Women: 12-15:** 1. Alejandra Cabral 53:34.  
16-20: 1. Lilli Sznaper 49:37. 21-25: 1.  
Kathleen Nunez 38:07. 26-35: 1. Laurie  
Newell 48:11. 36-45: 1. Elaine Lewis 48:53.  
46-55: 1. Atsuko Fujimoto 47:02.

## Strawberry Canyon Run

May 22. At U.C. Berkeley.

Phillip Broadus of Berkeley ran away  
from the field in the Lawrence Hall of  
Science's Fifth Annual Strawberry Can-  
yon Run at U.C. Berkeley on May 22.  
Broadus's 32:56 over the steep 5.5 mile  
course fell just four seconds short of the  
mark set by Bob Love in 1981. The second  
male finisher, Mike McQueeney of  
Oakland was far back in 34:17. This year's  
excellent men's field shattered or tied  
every other course record, as Martin Hig-  
ginbotham beat his own record for the  
under 15 year olds by more than two  
minutes with a strong 37:12; Eric Williams  
tied the men's 30-36 year old mark with a  
34:21, good for third overall; Neil Coville  
sliced 48 seconds off the men's 37-46  
year old category with a 34:56, good for  
fourth overall; and Peter Todd shaved 44  
seconds off the senior's mark with a  
41:18.

On the women's side, unregistered  
Lauri Binder set a personal good of mat-  
ching Suzanne Richter's course record of  
37:55. Though finishing over four minutes  
ahead of the next woman, Binder still fell  
17 seconds short of the mark, running a  
strong 38:12. The official women's winner  
was Annette Bunge of Lakeland, Col-

orado in 42:33. Women's course records  
fell to Paula Andres in the under 15 year  
olds, as she shaved 37 seconds off the  
course mark, and almost five minutes off  
her own last year's time with a 52:33  
clocking; and Ruth Anderson, who set a  
senior's mark with a 46:38 time. Other  
women's winners included Caroline Kane  
in the 30-36 year olds with a personal best  
of 46:25, and Nora Smirliaga in the 37-46  
bracket with a 47:08 clocking.

Once again this year, the run was a sell  
out, with 1200 registered starters.



Mike McQueeney  
2nd at Strawberry Canyon

**Top Overall Finishers:**

1 Phillip Broadus	32:56
2 Mike McQueeney	34:17
3 Eric Williams	34:21
4 Neil Coville	34:56
5 David Lawler	35:21
6 Bob Coulson	35:24
7 David Drechsel	35:33
8 Eric Ellison	35:41
9 Clark Sheldon	35:53
10 Joel Wummer	35:54

**Women:**

1 Annette Bunge	42:33
2 Mary Booth	42:51
3 Anne Burr	43:49
4 Deirdre Dobbs	45:53
5 Robi Mulford	45:58
6 Geneen O'Brien	46:03
7 Valerie Fahy	46:14
8 Caroline Kane	46:25
9 Ruth Anderson	46:38
10 Nora Smirliaga	47:08

**Men: Under 15:** Martin Higginbotham  
37:02, 16-20: Phillip Broadus 32:56, 30-36:  
Eric Williams 34:21, 37-46: Neil Coville  
34:56, 47 & Over: Peter Todd 41:18.

**Women: Under 15:** Paula Andres 52:33,  
16-29: Annette Bunge 42:33, 30-36:  
Caroline Kane 46:25, 37-46: Nora Smirliaga  
47:08, 47 & Over: Ruth Anderson 46:38.

## Miller Lite 5K & 10K Run

May 22. Bakersfield.

5K	
1 Leon Jackson	16:28
2 Darren Masonheimer	16:30
3 Bill Loughry	17:47
4 Kenn Cooper	17:55

5 Lee Blevins	18:00
6 Stan Hughes	18:10
7 Gregory Gonzales	18:35
8 Hilario Cavazos	18:43
9 Gil Hinz	18:52
10 Tracey Schofield	19:05
11 Leo Marquez	19:11
12 Andy Taylor	20:02
13 David Rodriguez	20:14
14 Ramon Samarripas	20:15
15 Raymond Chavez	20:24
16 Steven Pearman	20:26
17 Kevin Pascoe	20:27
18 Charles Sawyer	20:35
19 David Thullen	20:50
20 George Canjar	21:09

**Men: 12 & Under:** 1. Mark Ahrens 22:29, 2.  
Monti Taormina 25:41, 3. Fred Tapa 25:52.  
13-18: 1. Lee Blevins 18:00, 2. David  
Rodriguez 20:14, 3. Kevin Pascoe 20:27.  
19-29: 1. Leon Jackson 16:28, 2. Darren  
Masonheimer 16:30, 3. Kenny Cooper  
17:55. 30-39: 1. Ray Chavez 20:24, 2. Steve  
Pearman 20:26, 3. Charles Sawyer 20:35.  
40-49: 1. Bill Loughry 17:47, 2. Leo Mar-  
quez 19:11, 3. Gary Andrews 21:59. 50 &  
Over: 1. Gil Hinz 18:52, 2. Don Diebel  
25:09, 3. Joe Gonzales 25:28. **Overall Winner:**  
Leon Jackson 16:25.

**Women: 12 & Under:** 1. Isabella Rios  
24:43, 2. Carolyn Berg 24:58, 3. Natalie  
Olmos 26:39. 13-18: 1. Helen An-  
solabehene 21:20, 2. Debbie Jett 25:28.  
19-29: 1. Tracy Scholfield 19:05, 2.  
Maureen Thistle 22:18, 3. Nancy Zanetta  
22:20. 30-39: 1. Martha Miller 23:46, 2. Jan  
Lundy 26:05, 3. Jean Lloyd 26:30. 40-49: 1.  
Susan McCreery 26:01, 2. Sue  
Plutzenreuter 31:24, 3. Kaaren Page 31:25.  
50 & Over: 1. Lou Kumelos 27:49, 2. Vivian  
Flick 33:36, 3. Anita Foose 34:37. **Overall  
Winner:** Tracy Scholfield 19:05.

10K	
1 Larry Bayless	34:10
2 Paul Cross	35:37
3 Ed Lujan	35:59
4 John Lopez	36:04
5 John Lopez	36:56
6 Bill Peck	37:25
7 Daniel Ramirez	37:28
8 Greg Cortez	37:49
9 Jim Lipford	38:05
10 Paul White	38:22
11 Neil Wilcox	38:37
12 Jack Hayes	39:04
13 Rusty Gilbert	39:32
14 Bryan Timmerman	39:49
15 David Harvey	39:58

**Men: 13-18:** 1. Larry Bayless 34:10, 2. John  
Lopez 36:56, 3. Jack Hayes 39:04. 19-29: 1.  
Greg Cortez 37:49, 2. Rusty Gilbert 39:32.  
3. Lee Lattimore 41:33. 30-39: 1. Paul  
Cross 35:37, 2. John Lopez 36:04, 3.  
Daniel Ramirez 37:28. 40-49: 1. Eddie Lu-  
jan 35:59, 2. Bill Peck 37:25, 3. Jim Lipford  
38:05. 50 & Over: 1. Bert Beene 43:23, 2.  
Bill May 48:56, 3. Warren Minner 49:23.

**Women: 13-18:** 1. Denise Ansolabehere  
45:24. 19-29: 1. Diane Ratliff 45:33, 2.  
Susan James 57:57. 30-39: 1. Susan Lucas  
46:14, 2. Suzanne Menibura 54:22, 3. Wan-  
da Castro 54:45. 40-49: 1. Veria Phillips  
50:12.

## Bart to Bart

May 23. In Concord. 10K.

**Invitational Division: Men:** 1. Peter Day  
(Berkeley) 33:15, 2. Steve Schuman  
(Berk) 33:47, 3. Steve Wight (Walnut  
Creek) 34:12. **Women:** 1. Susan Edwards  
of PH 46:23.

**Men: 19 & Under:** Jeff Grubbs (Sacramen-  
to) 32:36, 3. Steve Schuman (Berk) 33:47, 3.  
Todd Meinke (Fairfield) 40:24. **Women:**  
Cynthia Cane (Linden) 48:23, Kim Troxel  
(Lafayette) 57:40; Beth Marlow (Walnut  
Creek) 58:01.

**Men: 20-38:** Brad Hawthorne (PH) 32:43,  
Dave Muela (Vallejo) 33:01; Peter Dav  
(Berk) 33:15. **Women:** Larraine MacDonald  
(Vallejo) 42:34; Gena Austin (Concord)  
42:35; Kathy Garventa (Palo Alto) 44:26.

**Men: 38 & Over:** Harvey Franklin  
(Oakland) 33:53; Jim Moore (Walnut CK)  
36:10; Wesley Hurlburt (PH) 38:06.  
**Women:** Jill Plummer (Lafayette) 44:35;  
Lucy DiBianca (Walnut CK) 46:59; L...  
Schulenberg (Lafayette) 52:09.

# Results

## Big Brothers Big Sisters 10K

**May 23. Santa Clara.**

1 Joel Hope	31:10
2 Dan Greco	32:14
3 Paul French	32:17
4 Armando Luginas	33:12
5 Bill Dunn	33:55
6 Jim Gorman	34:18
7 John Hawkes	34:41
8 Keith Jeffers	34:48
9 Sammy Castillo	35:01
10 Lloyd Case	35:20
11 James Rycyk	35:21
12 John Novitsky	35:27
13 Ron Tanaka	35:31
14 Bob Feist	35:43
15 Myron Nevraumont(1-40)	35:53
16 Mike Elsesser	35:57
17 Ted Anderson	36:01
18 John Deltchman(2-40)	36:05
19 William Newberg	36:30
20 Greg Yamanaka	36:35
27 Ann Wotherspoon(1/F)	37:31.5
30 Terry Forsell(2/F)	37:41.0
38 Marion Irine(3/F)	38:30.8
42 Lynn Macy(4/F)	38:55.4
49 Lolly Hess(5/F)	39:36.0
74 Susan Roberts(1/F-40)	42:05

## Sunol O-Meet

From Joe Scarborough

**May 23, Sunol: Sunol Orienteering Meet.** It was a tough physical test. Six runners competed on the advanced course with local runner/orienteer Bruce Wolfe edging out former Swiss national team member Peter Zurcher over a 6 kilometer (straight line) course that took in some 1600 feet of climbing as well as critical navigational decisions. Temperatures in the mid-90's affected the shorter courses to a lesser degree as a total of 53 entrants enjoyed either recreational or competitive map-reading on the run. The novice course was won by first-time orienteer Andrew Hopkins who came back for a good but unofficial time on the yellow course.

The Nor Cal Championships at Calero Reservoir originally scheduled for this weekend had to be rescheduled. The area is turning out to be so promising for orienteering it was decided to produce a high detailed five color map and use it for the first California State Championships on September 25-26.

Runners wishing to try orienteering may contact the Bay Area Orienteering Club at 3151 Holywood Dr., Oakland, CA 94611 (SASE, please). All meets have instruction and novice courses.

## Sri Chinmoy 3 Mile Run

**May 23.**

1 Russel Truex(16)	15:20
2 Peter Moore(27)	15:35
3 Mario Festival(21)	15:41
4 Eric Carman(16)	15:59
5 Rick Lee(34)	18:15
6 Duncan Thomas(33)	18:37
7 John Patterson(40)	17:11
8 Rick Hallblom(33)	17:12
9 Peter Muennig(18)	17:12
10 Art Sylvester(44)	17:19

**Women: 19-29:** 1. Mary Heim 25:08, 2. Nancy Baeder 26:18, 3. Allison Muller 27:02.  
**30-39:** 1. Chris Craigen 18:14, 2. Sandra Marshall 18:36, 3. Kathy Brisco 19:59. **40 & Over:** 1. Patty Frankus 24:32, 2. Elizabeth Humphreys 32:58.

## Up A Creek 10K

May 23. San Jose.

**Men: U 17:** 1. Max Marcini 34:28.7, 2. Paul Bigelow 34:54.3, 3. Todd Owens 35:12.7.  
**18-29:** 1. Bill Gail 30:31.2, 2. Michael Holst 32:59.6, 3. Allen Neel 33:35.7. **30-39:** 1. Frank Ruona 34:45.1, 2. Mark Hirakawa 35:49.5, 3. Paul Maurer 35:56.7. **40-49:** 1. Tim Rostege 34:11.8, 2. Peter Leal 36:33.7, 3. Milt Heinz 37:32.7. **50 & Over:** 1. W.J. Barclay 44:20.2, 2. Joseph Barredo 46:19.7, 3. Howard Powers 46:44.8.  
**Women: U 17:** 1. Denise Bigelow 37:36.2, 2. Evie Barry 57:20.1, 3. Julie Pio 58:58.0.  
**18-29:** 1. Bridget Rose-Goodwin 37:51.9, 2. Sheri McCarroll 39:13.7, 3. Charlene Gilroy 39:47.1. **30-39:** 1. Lee Hicks 49:38.1, 2. Margaret Hillier 49:58.9, 3. Billie Fitzsimmons 50:04.7. **40-49:** 1. Vicki Bigelow 37:50.3, 2. Diane Bromstead 44:25.0, 3. Doris Burgess 49:14.4.

## Panther Race

From Pam Kidder

May 23. Antioch. 10K.

**1st Place Man**—Chris Romero (20) 32:32.1. **1st Place Female**—Shariet Gilbert (31) 37:32.1. **Men: Under 18:** Jim Myers (17) 39:33.5. **29-39:** Bill Saaver (32) 32:32.9. **40-49:** Bob Myers (42) 35:44.4. **Over 50:** Hank Fragoza (52) 37:14.6.  
**Females: Under 18:** Wanda Bally (12) 40:24.0. **19-29:** Shane Felix (20) 41:23.2. **30-49:** Dolly Ackerman (41) 46:49.3. **Over 50:** Katherine Agua (53) 1:24:32.1.

## LDS Beehive 5 & 10K Runs

May 29. Indio.

**Men: 12 & Under:**

1. Mike Kratz	46:15
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**13-18:**

1. Preston Harman	39:32
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**19-29:**

1. Del Valdez	35:35
2. Pete Collins	35:50
3. Vance Roget	38:21
4. Phil Behrends	39:19
5. William Snyder	39:21

**30-39:**

1. Andrew O'Leary	37:18
2. Frank Platt	40:48
3. Len Shipley	41:08

**40-50:**

1. Billy Crum	35:54
2. Wally Ingram	36:18
3. Bill Lowry	40:24
4. Joe Bauer	40:35
5. John Resmeyer	41:25

**51 & Over:**

1. John Coles	44:20
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**Females: 12 & Under:**

1. Emily Mungaray	49:16
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**13-18:**

1. Teresa Kratz	56:08
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**19-29:**

1. Martha Roget	49:22
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**30-39:**

1. Vickie Sanders	43:28
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**40-50:**

1. Renate Kratz	54:51
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**Men: 12 & Under:**

1. Dean Cromwell	18:02
2. Doug Williams	18:33

**13-18:**

1. Mikey Assumma	14:10
2. Scott Fenstermacher	14:57
3. Jeff Figueroa	15:05

**19-29:**

1. Steven Lister	13:48
2. Yon Stoltzfus	13:51
3. Jack Garcia	13:52

**30-39:**

1. Fred Comer	14:31
2. Mike Figueroa	14:52

**40-50:**

1. Billy Crum	14:24
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**51 & Over:**

1. Ed Swan	18:45
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**Females: 12 & Under:**

1. Jill Naylor	21:05
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**13-18:**

1. April Quaker	21:02
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**19-29:**

1. Martha Roget	19:17
2. Barbara Johnson	21:04

**30-39:**

1. Helen Conner	22:45
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**40-50:**

1. Celia Swan	21:39
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## Long Beach Low Tide Run

From Joe Carlson

May 29. 4 & 6 Miles.

Tyrus Deminter, of LBCC ran away with the individual 4 mile honors, winning by over 50 seconds, with last year's champion, Howard Keeley placing second.

Joan Lind, former Olympic rowing standout, won the women's 4 mile in 24:56 over the somewhat soft surface.

The men's 8 mile race provided some heated competition between local favorite Jim Arquilla, who has been the distance coach at LBCC for the past 4 years, and Julian Cruz of Santa Ana. Julian ran with 4 mile winner, Tyrus Deminter to the two mile mark with Arquilla trailing by as much as 30 yds. Arquilla caught Cruz at the turnaround and they ran neck and neck with each trying to surge through 6 miles where Jim finally took the lead and held on to finish 43:05 to 43:12.

The Ladies 8 mile race was won by Sally Edwards of Sacramento in 53:40.

**Men: 8 Mile:**

**15 & Under:**

1. Eric Gleason (15)	50:20
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**16-19:**

1. Mike Berlyn (17)	49:40
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**20-29:**

1. Julian Cruz (21)	43:12
2. Brad Nielsen (24)	47:26
3. Bill Fitzpatrick (29)	47:34

**30-39:**

1. Jim Arquilla (31)	43:05
2. David Garcia (30)	47:54
3. Nuncio Olivares (30)	49:07
4. Pablo Drobný (36)	49:32
5. Marc McConnell (35)	50:28

**40-49:**

1. Bob Lopez (46)	52:02
2. Pat Duffy (43)	53:04
3. Jeff Brown (44)	54:02

**50-59:**

1. Paul McGuinness (51)	57:32
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**Women: 20-29:**

1. Anne Lawrence (23)	1:02:17
2. Ramona Savate (20)	1:04:59

**30-39:**

1. Sally Edwards (34)	53:40
2. Sara Leseigner (37)	58:24
3. Chrissy Gaston (32)	1:00:13
4. Kay Meermans (37)	1:01:28

**40-49:**

1. Jill Hunting (40)	1:17:58
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**Over 50:**

1. Lucille Adney	1:35:33
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**Men: 4 Mile:**

1. Jim Larkin	23:19
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**16-19:**

1. Tyrus Deminter	21:02
2. Jeff Hooker	22:25

**20-29:**

1. Howard Keeley	21:55
2. Adam White	21:59
3. Elliot Teaford	22:10
4. David Cook	22:27
5. Craig Williams	22:48

**30-39:**

1. George Davis	22:21
2. Bill Hoanzl	22:59
3. Rex Hall	23:12

**40-49:**

1. Michael Stearns	24:15
2. Joe Kooklin	25:25
3. George Wilson	25:38

**50-59:**

1. Mel Elliot	25:44
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**60 & Over:**

1. Norm Ide	29:29
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**Women: 15 & Under:**

1. Donna Fleagle	16:19
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**16-19:**

1. Mia Myricks	20:29
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**20-29:**

1. Joan Lind	21:04
2. Jeanne McCrone	30:39
3. Jayna Young	30:39

**30-39:**

1. Glynnis Greening	40:49
2. Barb Samuels	40:49
3. Pat Andersen	40:49
4. Jericho Poppler	40:49

**40-49:**

1. Audrey Hauth	50:59
2. Maxine White	50:59

**50-59:**

1. Carlson	60 & Over:
1. Jean Selden	

## Sanger Strider Memorial Day Run

From Dave Dodson

May 29. Sanger. 6 Miles.

**Men: 15 & Under:** 1. David Naranjo 31:20, 2. Rick Bernal 35:01.5, 16-18: 1. M. Leal 31:44.2, 19-29: 1. Joe Jari 33:05.0, 2. Kevin Pereira 33:31.5, 3. Williams 34:02.1, 30-39: 1. Mike B 32:44.5, 2. Andres Patlan 34:32.0, 3. Casados 35:22.2, 4. John Vol 35:27.6, 5. Jackie Lee Lovato 36:40.49. 1. Rick Zamarripa 35:06.3, 2. Overstreet 35:27.3, 3. Bill Woody 36:59. 1. Jess Rivera 37:17.8.  
**Women: 15 & Under:** 1. Erin 47:32.9, 19-29: 1. Jone Nichols 4:30-39: 1. Helen Harrington 49:13.7.

## Brentwood 10

From Richard Lee Slotkin

May 30. Los Angeles.

Another typical Brentwood 10 weather, overcast sky, big crowd bunch of out-of-towners getting in fact, for the past two years, it's over-of-country. Last year, New Ze Richard Bourne came in to get it and this year, about 15 Kiwis who for what they thought would be earnings. You know what? They were.

They took the first 5 places and ten out of the first 15. Their third who was 3rd overall in 37 years or all three of them came in under minutes. The first American finisher Steve Johnson and he wasn't even Johnson is from Las Vegas. The local to come through was Ron 7th place, and there are some who even consider Ron as a carpe because he's from Ventura.

At least, in the women's division talent came through. Beth Milew for CSUN and she was an easy setting a course record in 34:34. I think of it, the men's course record also lowered. Tom Birnie clocked While Milewski was a full minute of second place Pier Culbreth, Bl second placer Alan Thurlow together most of the way, with six their Kiwi buddies just a bit behind. Yaals and Steve Johnson were crowd, also, probably wonder come everyone talked so funny.

Yaals took things out pretty but he had a mob with him, I good of' Zealanders. That's things were for about a mile. Al Birnie, Thurlow, the 37 year old Gray and probably Chris Tobl away from the pack, opening up a yard lead. By the last mile, it had ed down to Birnie and Thurlow side by side, until Birnie surged in a convincing 7 second win.



Beth Milewski  
Brentwood winner

Gladys Prieur wanted to break 36 minutes in this one, so she decided she'd try to go out very fast...like under 5:30 for the first mile. She did that, and had the lead. Not for long, though, as both Mary Culbreth and Gladys went by her. They thought she had gone out too fast, coming home young she is, 17. She went too fast and faded, they thought. Gladys did, sort of. She faded to 3rd place and a PR of 35:44. She said that she had good all the way. She was afraid that she would start might cost her later, but it didn't. Milewski and Culbreth beat her because they are older, stronger and a bit more...for now.

When about a mile and a half to go, I was just 5 yards behind her brother Christian. Now Christian is a year younger than Gladys, but he runs in the 10K today, though. He was feeling pretty poorly, so rather than kill himself, he decided to back off and see if Gladys could come along so he could pace her to sub-36. I guess that's what happened. Gladys looked to me as though she might have been pacing him to a sub-36. Don't know for that to happen too often. Christian's next race might just take him to a sub-36.

In the Marina Cup Series leaders Pam Moran and Jaynie Studenmund were moving in 4th and 5th place, a few yards behind. But this time, it was Jaynie in front. She was at about 2 miles. I asked them if they stayed that way and they said yes. I wasn't feeling all that great and I wasn't. So Jaynie got 4th and Pam

in the age groups, Margaret Miller went for a PR for age 55 and apparently got it in 39:30. Christa Romppanen won the division in 39:15. Twelve year old Marpet made good her vow to her that she would win her age group by running through in 47:17. That has her goal for the past two months. Myppa Stephen, now lets see you do how low I could have...won the girls 12 and under, that is.

Usually, after the race, San Fernando Track Club had the buffet for the runners who had worked the race, and

also as usual, your reporter, in the interest of journalistic accuracy and integrity, horned in and partook. It was good.

**Men: 12 & Under:** 1. Ben Morgan 42:27, 2. Craig Fleischer 44:21, 3. Jon Douglas, Jr. 46:15, 13-15: 1. Joseph Nitti 34:59, 2. Dale Kroeger 35:15, 3. Billy Pappas 35:38. **16-18:** 1. Henry Islaw 31:51, 2. Dave Walsh 32:46, 3. Tim Watson 34:08. **Open:** 1. Tom Birnie 29:18, 2. Alan Thurlow 29:25, 3. Eddie Gray 29:49. **19-29:** 1. Chris Toben 30:07, 2. Warren Sheddin 30:09, 3. Steve Johnson 30:16, 4. Ron Ysais 30:17, 5. Melvin Thompson 30:27, 6. Jeff Dettmar 30:33, 7. Alan Sinclair 30:43. **30-34:** 1. Brian Kennelly 30:16, 2. John Sheddin 30:19, 3. John Junes 30:55, 4. Ron Gee 30:56, 5. Ernie Rivas 31:12. **35-39:** 1. Marshall Matye 32:50, 2. Ricardo Martiniz 32:57, 3. Tom Burns 33:23, 4. Tom Sneddan 33:31, 5. Dave Albright 34:08. **40-44:** 1. Skip Schaffer 33:18, 2. Eino 33:38, 3. Denis O'Keefe 33:41, 4. Brian Fernae 33:53, 5. Charles McClung 35:04. **45-49:** 1. John Starr 37:01, 2. John Ghini 38:01, 3. Clayton Steffenson 38:05. **50-54:** 1. Jim Brownfield 35:20, 2. Jan Fettes 36:36, 3. Bob Gerlach 38:21. **55-59:** 1. Bill Toomey 37:24, 2. Ray Gil 38:59, 3. William Power 39:02. **60-64:** 1. Edwin Bishop 40:30, 2. Paul Jernstrom 42:45, 3. Clyde Ailing 45:20. **65 & Over:** 1. Eddie Lewin 40:18, 2. John Baldwin 45:22, 3. Dean Scofield 47:39.

**Women: 12 & Under:** 1. Abby Marpet 47:17, 2. Julie Fantl 47:23, 3. Elizabeth Kroeger 47:27. **13-15:** 1. Carol Wessling 51:43, 2. Eileen Grove 52:30, 3. Susie Dudley 54:05. **16-18:** 1. Penny Burnstein 39:37, 2. Justine Talsky 40:27, 3. Kathy McMillian 40:51. **Open:** 1. Beth Milewski 34:34, 2. Pier Culbreth 35:34, 3. Gladys Prieur 35:44. **19-29:** 1. Jaynie Studenmund 36:48, 2. Pam Morrison 36:57, 3. Heidi Perham 37:11, 4. Lynn Hill 37:13, 5. Evelyn Silvey 38:13, 6. Joyce Klausmeir 38:50, 7. Andrea Edelman 40:14. **30-34:** 1. Michele Soderberg 40:33, 2. Katherine Kehr 41:33, 3. Debbie Dinsmore 42:22, 4. Darcie Bowden 43:01, 5. Robin Savalli 43:19. **35-39:** 1. Harolene McLean 40:55, 2. Susan Oberding 42:27, 3. Mary Campbell 42:30, 4. Marie Stevenson 42:32, 5. Kathy Major 43:01. **40-44:** 1. Christa Romppanen 39:15, 2. Rita Gilmore 43:45, 3. Roberta Elliott 47:12, 4. Carol Davis 47:35, 5. Margaret Gow 48:12. **45-49:** 1. Joyce Morita 45:02, 2. Atsuko Fujimoto 46:41, 3. Oleta Dellasote 47:17. **50-54:** 1. Patty Carmody 49:27, 2. Joyce Ford 50:47, 3. Jo Filege 53:00. **55-59:** 1. Margaret Miller 39:30, 2. Helen Dick 42:08, 3. Ruth Cleland 71:13. **60-64:** 1. Theilma Anderson 69:12.

## Sunrise Relays

From Karen Eng

May 30, Merritt College, Oakland. Distance unknown.

- 1 Canyon Speeders (Calvin Gaziano, Dan Anderson, Dave Anderson) 47:50
- 2 Creepy Crawlers (Eric Farwell, Jim Bloomer, Bill Holman) 48:55
- 3 Diablo Road Runners (Gene Dangel, Rich DeGlymes, Adrian Laekas) 49:40
- 7 KDK (Kim Purcell, David Powell, Kevin Kennedy) 1-2M, 1W 51:07
- 16 Unmentionables (Janice Reutt, Roberta Mulford, Mark Young) 1-2W, 1M 55:38
- 34 Leading Ladies (Mari Kolb, Pat Whittingslow, Gail Rodd) 1-3W 62:23

## McLintocks To McIntocks Run

May 30, San Luis Obispo. About 11 miles.

- 1 Rich Langford(29) 56:08
- 2 Jim Heserman(31) 57:34
- 3 Justin Tighm(21) 58:19
- 4 John Hawkes(33) 1:00:25
- 5 Joseph Bird(41) 1:00:41
- 6 Mike Beal(29) 1:02:07

- 7 Bill Norman(35) 1:02:22
- 8 Cliff Bidleman(25) 1:02:48
- 9 Rich Baldocchi(22) 1:03:17
- 10 Mark Pupich(25) 1:03:36
- 11 Bob Nanninga(35) 1:04:04
- 12 Keith Kirkpatrick(35) 1:04:06
- 13 Jim Sanchez(22) 1:04:16
- 14 Nate Brady(19) 1:04:19
- 15 Michael Seda(22) 1:04:46
- 16 John Bassi(33) 1:04:51
- 17 Steve Dornish(37) 1:05:09
- 18 John Ernatt(18) 1:05:27
- 19 David Rodas(23) 1:05:36
- 20 Bill VanWyngaarden(45) 1:05:39
- 38 Marci Stevenson(22)1/F 1:11:18
- 43 Mari Allara(21)2/F 1:12:10
- 57 Mary Ryzner(28)3/F 1:15:07
- 59 Joe Kourakis(50)1-50 1:15:44
- 70 Bert Beene(52)2-50 1:17:06
- 71 Kim Barton(20)4/F 1:17:07
- 72 Nancy Justice(31)5/F 1:17:20
- 73 Jennifer Simmons(32)6/F 1:17:24
- 121 Gaby McQuitty(45)1/F-40 1:27:46
- 129 Nada Herd(50)1/F-50 1:28:56

## Banana Slug Classic

May 30, Santa Cruz, 7 Miles.

- 1 D. MacDonald(30-39) 38:50.4
- 2 Dan Gruber(18-29) 38:50.4
- 3 Jerry Lynch(40-49) 40:40.2
- 4 Jonathan Kanter(18-29) 42:02.9
- 5 Michael Lotter(18-29) 42:18.6
- 6 Armando Lagunas(18-29) 42:26.3
- 7 Ken Bunton(18-29) 42:41.1
- 8 Keith Maurer(18-29) 43:01.1
- 9 Ken Riding(40-49) 43:08.6
- 10 Terry Rusboldt(18-29) 43:12.2
- 11 Richard Leutzinger(40-49) 43:13.4
- 12 Scott Donnellan(18-29) 43:57.2
- 13 Larry Eder(18-29) 44:06.8
- 14 Don Bashak(18-29) 44:07.1
- 15 Mitch Kumagai(U17) 44:23.5

**Man: 17 & Under:** 1. Mitch Kumagai 44:23.5, 2. Sean Cohelan 47:55.2, 3. Kip Thomas 48:17.6. **30-39:** 1. Duncan MacDonald 38:50.4, 2. Bill Seiler 45:14.2, 3. George Hall 46:24.2. **40-49:** 1. Jerry Lurch 40:40.2, 2. Ken Riding 43:08.6, 3. Richard Leutzinger 43:13.4. **50-59:** 1. Bob Bickal 56:45.3, 2. Edwin Moore 58:53.7, 3. Bill Rogers 1:01:05.0.

**Women: 17 & Under:** 1. Helen Muth 48:47.0. **18-29:** 1. Kelly Garcia 47:01.2, 2. Nancy Ogle 49:28.6, 3. Margaret Fischer 50:23.8, 4. Brenda Markham 51:51.1, 5. Chris Hansen 51:53.2. **30-39:** 1. Lindsey Cramer 48:25.6, 2. Grace Voss 52:29.8, 3. Carol Dixon 52:55.9. **40-49:** 1. Ruth Stone 1:00:30.0, 2. Gerry Dsick 1:04:25.0. **50-59:** 1. Helen Holmgren 1:04:51.0.

## Grass Valley Memorial Run

From Gary M. Loucks

May 30, Grass Valley, 10K.

- 1 Gordon Innes(28)Sacramento 32:42
- 2 Gary Whaler(19)Auburn 32:45
- 3 Adam Ferreira(31)No.Highlands 32:49
- 4 Bill Stainbrook(29)Sacramento 33:42
- 5 Bruce Hodges(29)Grass Valley 34:45
- 6 Tom Davies III(16)Magalia 34:58
- 7 Andy Harris(22)Sacramento 35:06
- 8 Nick Vogt(31)Meadow Vista 35:15
- 9 Tim Jordan(42)Elk Grove 35:32
- 10 Guillermo Sanchez(26)Colfax 36:08
- 11 Eric Neumann(29)Colfax 36:11
- 12 Ron Mellor(29)Loomis 36:16
- 13 Ross Smith(54)Reno,NV 36:23
- 14 Dan Alarid(39)Elk Grove 36:26
- 15 Bryan Hagins(26)Davis 36:33
- 16 Bob Ellis(18)Grass Valley 37:06
- 17 Robert Seidner(41)Sacramento 37:17
- 18 Everett Riggler(49)Chico 37:28
- 19 Mark Edwards(17)Nevada City 37:35
- 20 Barry Turner(41)Nevada City 37:41
- 40 Juneus Kendall(51)Nevada City 40:13
- 55 John Shepard(50)Shingle Sp. 42:18
- 58 Sheila Riley(17)Nevada City 42:24
- 62 Paul Reese(65)Aird(Salinas) 59:20.3

- 14-18:**  
 1. Bonnie Borchert(Salinas) 48:02.9  
 2. Crista Prince(Pacific Grove)55:40.8  
 3. Jean Adamson(Salinas) 59:30.0
- 30-39:**  
 1. Diane Ridgway(Carmel) 40:19.0  
 2. Gail Bernard(Pacific Grove) 42:03.1  
 3. Sue Aiello(Monterey) 44:51.2
- 40-49:**  
 1. Joe Moag(Pacific Grove) 43:47.6  
 2. Gerra Psick(Los Gatos) 52:52.1  
 3. Pam Feld(Grass Valley) 53:42.6
- 50-59:**  
 1. Nancy McCullough(Monterey) 58:15.0  
 2. Silvia Sweet(Carmel Valley) 1:03:13.6  
 3. Hope Ansbacher(Carmel) 1:04:36.1

## Pacific Sun 10K

From Kees Tuinzing

May 31, Kentfield.

The Pacific Sun Marathon was cancelled due to a large sewage construction project on the course this year but it did produce a very competitive 10K event. An improved quality of field in every division, cool weather, a fast flat course, four money prizes produced records in this year's race. The money awards were

photo by Gene Cohn



Dan Buntman  
Pacific Sun winner

made by the enthusiastic support of the Marin Savings and Loan of Kentfield: four \$200 prizes to the top open male and female and masters winners.

The most notable performance was by Marin County's Marion Irvine, "The Running Nun" who was also peaking for the Avon Marathon, set a new 10K 50 and over record with a 37:44 time.

## Results

Undefeated Dan Buntman of GSFTC and 1981 SF Marathon winner, Hal Schultz broke away from the rest of the field with Denis O'Halloran and Frank Richardson in tow. After 4 miles Dan was unchallenged as he pulled away from Hal to solidify his first place money prize win and new course record of 29:17. Hal Schultz (29:52), Denis O'Halloran (30:08), Frank Richardson (30:18), also went under Ted Quintana's old course record of 30:29 set in 1981. New PAMAKID masters runner Dick Shubbach (33:42) and Tamalpa's Darryl Beardall (34:05) went under Don Ardell's 1981 34:48 time with Dick taking home the \$200 Masters prize award.

The women's division proved to be just as a competitive field with the cash prize carrot as Heike Skaden (Plyfers) produced a 34:58 win to take the \$200 for her club and a new course record over Marilyn Taylor-Allen (35:46) of West Valley. Denise Bigelow led the winning Aggies for the women's title. Vicki Bigelow's 37:04 shattered Susan Trott's 41:54; 1981 time and captured the Masters women division along with the \$200 award for that title.

### Top Men:

1	Dan Buntman(24)Rowd City	29:16.7
2	Hal Schultz(24)Kentfield	29:52.3
3	Denis O'Halloran(30)Los Altos	30:09
4	Frank Richardson(27)Iowa	30:18
5	Jeff Clark(27)Hayward	31:20
6	George Green(31)San Fran	31:34
7	Greg Jewett(35)Berkeley	31:44
8	Brad Hawthorne(26)P.Hill	31:46
9	Joat Schmitt(35)Germany	31:56
10	Bill Sevald(36)San Fran	31:58
11	Steve Ferraz(34)San Fran	32:01
12	Gary Kerr(Wheelchair)28	32:08*10"
13	Bruce Degan(39)S Anselmo	32:09
14	Dave Smith(22)Oakland	32:14
15	Robert Heierle(29)S Anselmo	32:16
16	Ron Elijah(29)S Anselmo	32:35
17	Tony Hyun(25)Mill Vly	32:42
18	Daryl Zapata(37)Daly City	32:44
19	Louis Bair(Wheelchair)	NT
20	Kirk Dye(18)Larkspur	32:57
21	Thomas Bennett(34)San Fran	33:06
22	Emery Mitchell(19)	33:23
23	Unknown	
24	David Stancilffe(31)S Rafael	33:33
25	Dick Schubbach(41)PaloAlto	33:42
26	James Gibbons(37)Willits	34:00
27	Daryl Beardall(45)S Rosa	34:05
28	Laurence Sims(21)Mill Vly	34:28
29	Bruce Burke(24)Mill Vly	34:32
30	Patrick Leslie(38)Fairfield	34:35

**Men: 14 & Under:** 1. Peter Woodring 37:51, 2. Jimmy Staats 38:00, 3. Paul Dachauer 38:14, 15-18: 1. Kirk Dye 32:57, 2. Paul Jolly 34:51, 3. Dave Leppag 35:39, 40-49: 1. Dick Shubbach 33:42, 2. Daryl Beardall 34:05, 3. Martin Hillyer 36:50, 50-59: 1. Jerry Faulkner 37:30, 2. Jimmy Nicholson 38:38, 3. Don Pickett 39:11, 60+: 1. Bill Main (NT), 2. Bill Tuinzing (NT), 3. Bill Castell (NT). **Wheelchair:** 1. Gary Kerr 32:18\*10, 2. Louis Barr 33:05 10, 3. Dan Buchanan 39:55 10.

### Top Women:

1	Heike Skaden(19)FairOake	34:58
2	Marilyn Taylor-Allen(29)	35:46
3	Lealle McMullin(31)	36:05
4	Joy Taylor(28)	36:21
5	Sharlet Gilbert(31)Oakland	36:30
6	Tena Harms(25)Mt. View	36:40
7	Denise Bigelow(20)S Lorenzo	37:47
8	Vicki Bigelow(46)S Lorenzo	37:04
9	Vicki Randall (24)	37:07
10	Connie Hester(22)	37:21
11	Jolie Houston(28)	37:23
12	Kathy Way(21)	37:38
13	Jane Sowersby(31)	37:41
14	Marion Irvine(52)S Rafael	37:44
15	Sue Johnston(40)	37:55
16	Sheryl Bair(Wheelchair)26	39:14
17	Christie Patterson(34)	39:31
18	Charlotta Lane(31)	40:38
19	Nadine O'Connor(40)	42:10
20	Terri Kayser(34)	42:30
21	Mariya Hayden(47)Kentfield	42:40
22	Macedalena Mendoza(37)	42:51
23	Debra Stewart(25)	43:01

24 Jan Yarish(33) 43:25  
25 Diane Mark(16) 43:33  
**Women: 14 & Under:** 1. Andrea Topel 49:45, 2. Karen Jacobsen 50:30, 3. Rachel Silberstan NT, 15-18: 1. Diane Mark 43:33, 2. Colleen Gilmor 43:41, 3. Cecilia Tello 44:50, 50-59: 1. Marion Irvine 37:43.6, 2. Cicilia Payan 45:27, 3. Marilyn Waste 47:59. **Wheelchair:** 1. Sue Bair 38:54.

## Avenue Of The Oaks Run

From Rita Miller

May 31. Fallbrook. 2 & 7 Miles.

### 2 Mile.

**Men: 13-17:** 1. Curtis Doyle 12:16, 18-29: 1. Glen Morris 10:00, 2. Bill Lasher 10:32, 3. Milse Adams 10:32, 30-39: 1. Edward Matheus 11:32, 40-49: 1. Ron Walters 13:22, 50 & Over: 1. Jim Ventatenhore 11:50.

**Women: 13-17:** 1. Robin Eager 13:12, 18-29: 1. Margie Redman 15:53, 2. Bonnie Lash 16:22, 3. Penny Selby 16:41, 30-39: 1. Chris Steffler 16:54, 40-49: 1. Ann Keegan 18:34, 50 & Over: 1. Nadine Sellard 20:13, 7 Mile.

**Men: 13-17:** 1. Ted Goodlake 37:28, 18-29: 1. Frank Harrison 36:35, 2. Allen Joist 37:29, 3. Dave Cook 37:59, 4. Kim Ulle 38:40, 5. Greg Hernandez 39:06, 30-39: 1. Will Wester 38:05, 2. Dan Dierken 39:27, 40-49: 1. Pete Peterson 40:01, 2. Wally Ingram 40:59, 50 & Over: 1. Homer Rhoads 43:37.

**Women: 13-17:** 1. Stephanie Fedorchak 51:54, 18-29: 1. Nancy Wilkerson 43:37, 2. Sabrina Hinkin 51:01, 3. Kathy Bachman 52:29, 30-39: 1. Sue Peterson 42:22, 2. Suzanne Ferguson 45:57, 3. Audrey Burns 48:32, 4. Linda Edwards 49:16, 5. Cheryl Martin 51:12, 40-49: 1. Nancy Green 51:10, 2. Beverly Harjin 55:38, 50 & Over: 1. Gerry Davidson 57:44.

## Avon International Marathon

By G. DAVID BROWN, INNERSPORTS

June 6. San Francisco.

"The beauty of women in motion," Avon's running slogan perfectly described their Fifth International Marathon held in the streets of San Francisco. One can't help feel the elation coming out of this all-women field which attracts top women runners from all corners of the world.

821 entrants from Malaysia to Saudia Arabia captured the feeling of this beautiful event. Avon chairman, David Mitchell, best described it—"Whether your goal in this race is to win or if you are here competing in your first marathon, this will be an exciting event for you."

The runners competed for a total of \$65,000 in prize money. The first runner crossing the finish line earned \$15,000 while the rest was divided among the next 14 finishers.

The money earned by the runners was well-deserved. Simply put, this course was a TOUGHIE!! Comprised of steep hills, long uphill grades at the last four miles all combined with the wind, the course was challenging both to elite and novice. Laurie Binder best described it. "At the 20th mile instead of relief you run right into the wind—uphill. At that point you either have it or you don't."

### THE RACE

A high class field of International and national class runners established the lead runners. Lorraine Moller started out the pack with her best time of 2:29.36. Local favorite Laurie Binder, Irish star Carey May, Sacramento's Eileen Claugus and Spain's Iciar Martinez established the rest of the better known runners. Nancy Conz, last year's champion, was

forced to drop out due to a flu virus which occurred the night before. Italian star Laura Fogli (2:31.09 pr) was missing due to problems back home and Julie Brown was out with injuries. Norway's Sissel Grottenberg (2:33.02 pr) dropped out early in the race. Before the race, Moller commented, "I have a good chance of winning, I think it will be hard; it could be win-

2:43.32. The best newcomer came in the form of Richmond's Sharlet Gilbert who finished sixth in 2:43.42.

### PROFILES AND COMMENTS FROM THE TOP CONTENDERS

LORRAINE MOLLER (New Zealand): Lorraine handled the wind and hills as if s



photo by Janeart, LTD.

Avon Marathon - the lead pack.

dy and that's just like running up and down hills."

The race started out at Golden Gate Bridge. Moller and Binder quickly set the pace with Carey May and Sue Krenn closely behind. Newcomer Missy Kane was also with the lead pack. After the first mile the lead pack remained the same with Richmond's Sharlet Gilbert, also a newcomer, catching the pack. This group remained the same throughout the first part of the race.

At the 10K point, Laurie and Lorraine, along with Gilbert and May, were still running together with Moller and Binder changing off leads. Eileen Claugus, running with an efficient bouncy form, moved up to run with the leaders.

The 20K mark saw Moller out in the lead in 1:14.50. Binder was only two seconds behind with May at 1:14.55. Claugus and Gilbert were still in the run of things and were timed at 1:15.02 and 1:15.10.

Carey May of Ireland built a small lead over Binder and Moller at the 25K mark. The young lass ran with efficiency and freedom seen in no one else. Moller and Binder were running closely behind May.

From the 30K on it was Moller's race. Building up a strong lead over the other leaders she clocked a 1:51.08 at the 30K and 2:28.2 at the 40K mark. She seemed to run effortlessly and with such ease that she actually made marathoning look easy! May was around two minutes behind but a distance ahead of Binder, who she was reported to have lost contact with at the 20 mile point.

### THE FINISH

Lorraine Moller's first mark in San Francisco was a grand one. Winning in a fine time of 2:36.12 over the hilly course, the gracious Kiwi even had enough energy to sprint through the finish chute, obviously feeling the grand elation of her win. Carey May, who everyone labeled as the "little Irish girl" finished second in 2:38.21. Binder, who seemed to be in pain the last miles of the race, finished in 2:39.45 for third. Eileen Claugus had a fine race finishing fourth in 2:42.58. Spain's Iciar Martinez bettered her PR to

were born right in San Francisco. Sit put this woman is amazing! "The half felt fairly easy and the second more even. Once you get in front you, to run pretty hard. There's some about running in front. It's a pow feeling, it's exhilarating. I liked the ing of being in complete control." (menting about the money she (\$15,000) Moller stated, "I think money involved made it so you race place rather than for time." Lorra next major plans include Oreg Cascade Run-off also offering big br and the Commonwealth Games 150K 3000 track races. The 27-year old w lady has bests of 9:00 and 15:13 in l events. "I'm going to have a few d and spend some of my money," k added.

CAREY MAY: Coming off a busy competing for BYU at the collegial tions, May was probably the smooth runner in the race. Her strategy of "To run a steady pace a competitive with the top athletes" tainly applied to her second place Running with her seemingly effo stride May proved herself among older crowd. May commented, overtook me on the downhill. I'm a runner on the uphills. I expected it alot harder, but I felt really strong." (May has been doing basically track the marathon.) "I think the hills t me alot; I like running on the hills; will be going back to Ireland to re her training for the upcoming Eur championships marathon. Here at definitely have a chance to win c off a fine season.

LORRAINE BINDER: This was not c Laurie's easier races. "At the h point, my calves got tight. I tho would have to quit the race. I really pain the last part of the race. I like those hills flattened!!" Comm about her Bay to Breakers win, wh cured two weeks before Avon. "T to Breakers helped me psychologically and was a good i come on to Avon."



**EN CLAUGUS:** Coming back after a year layoff from running, Claugus is making marks again. Her most-recent performance before Avon was a second in the Bonne Bell 10k next to A's Michelle Bush. Her record of 77 for the mile in '72 still stands as a best. Fastly emerging as one of the men's better distance runners.

**R MARTINEZ:** Iciar rounded out the five of which three were foreigners. In Madrid, she has a best of 9:10.27 in 3000m and describes herself as "a runner running marathons just to try distance." Iciar showed a bright smile at the finish line on the announcement of R.

#### OTHER AVON NOTES

Longest runner in the race was 15-year-old Rosalinda Catulong of the Philippines. Oldest was Kay Atkinson, 65. Ruth Anderson of Oakland finished her 60th marathon at the age of 52. Compliments must go to the people at Avon who provide an opportunity for the women marathoners of the world to unite in a race and create a truly special event.

#### RESULTS:

##### From Susan Marcus

10K	
1. Elaine Campo(31)CA	2:36:13
2. Lorraine Moller(27)New Zealand	2:38:32
3. Mary May(22)Ireland	2:38:32
4. Laurie Blinder(34)CA	2:39:46
5. Helen Claugus(27)Sacramento	2:42:58
6. Lar Martinez(34)Spain	2:43:32
7. Janet Gilbert(31)CA	2:43:42
8. Mary O'Conner(26)New Zealand	2:44:52
9. Andy Dalrymple(40)N.Y.	2:45:03
10. Gretchen Stermitz(23)CO	2:45:30
11. Nancy Mieszczyk(33)N.Y.	2:45:50
12. Linda Edgar(30)WA	2:45:57
13. Tom Burns(23)AZ	2:46:28
14. Elly Mayer(32)WA	2:46:35
15. Corrie Dierdorff(24)CA	2:46:46
16. Cathy Whitcomb(26)KS	2:46:53



photo by Janeart, LTD.

#### Lorraine Moller Avon winner

1. Mary Ray(31)KS	2:48:03
2. Janet Reddan(29)Australia	2:48:05
3. Peisch(26)MA	2:48:25
4. Brown(41)Australia	2:48:29
5. Guevara(23)Peru	2:48:30
6. Ron Barbano(28)MA	2:48:41
7. Inge Puettmann(31)W.Ger	2:49:16
8. Y Ricca(22)Canada	2:49:26

24. Martine Bouchonneau(24)Fran.	2:49:39
25. Elaine Campo(31)CA	2:49:56
26. Julie Isphording(30)USA	2:49:58.5
27. Karen Cosgrove(26)USA	2:49:58.7
28. Maddy Harmeling(31)USA	2:50:25.4
29. Monica Regonesi(21)Chile	2:51:22.4
30. Marilyn Hulak(23)USA	2:51:24.9
31. Maria Ronquillo(30)Mexico	2:51:42.4
32. Marcy Schwam(29)USA	2:51:51.4
33. Carrie Morrison(25)USA	2:52:00.7
34. Lebbly Pfeiffer(37)England	2:52:29.3
35. Jane Millsbaugh(34)USA	2:53:37.2
36. Lisa Pfuhl(20)USA	2:53:53.4
37. Barbara Byrnes(30)Aust.	2:54:09
38. Ann Gladue(19)USA	2:54:16.4
39. Brigitte Denise(30)Netherld.	2:54:41.6
40. Triljnie Smeenee(30)Netherld.	2:54:56.2
41. Yupin Lohachati(33)Thailand	2:55:59.4
42. Sue Krenn(32)USA	2:56:12.8
43. Eleanor Mendonca(33)Brazil	2:56:17.8
44. Mary Titterington(33)USA	2:56:48.9
45. R.Roksvag-Zanger(38)USA	2:57:23.7
46. Jayne Surd(26)USA	2:57:24.3
47. Tish Husak(31)USA	2:57:33.5
48. Norma Suarez(25)USA	2:57:46.9
49. Joni Johnson(26)USA	2:58:04.2
50. Maria Tilman(23)USA	2:58:07.5
51. Carol Hafeman(34)USA	2:58:31.4
52. Burke Kuncelik(28)USA	2:51:04.2
53. Catrria Clancy(27)USA	2:59:51.0
54. Marion Irvine(52)USA	2:59:55.0
55. Tessa Brockwell(26)Aust.	2:59:56.2
56. Nelly Waight(36)Bolivia	3:01:15.8
57. Charlene Groet(34)USA	3:00:15.9
58. Leslie McPherson(21)USA	3:01:23.0
59. Joan Reiss(44)USA	3:01:27.6
60. Patricia Padift(38)USA	3:01:30.0
61. Sue Pearce(31)USA	3:01:32.9
62. Arlene Volkmer(27)USA	3:02:01.0
63. Marilyn Harbin(44)USA	3:02:03.6
64. Nina Kuscsik(43)USA	3:02:10.0
65. Kathy Pfeifer(22)USA	3:02:49.4
66. Agatha Sue Lee(42)USA	3:02:55.3
67. Shirley Swanson(32)USA	3:03:15.4
68. Victoria Didrich(36)USA	3:03:23.7
69. Ellie McGrath(29)USA	3:03:28.5
70. Ela Groen(30)Netherld.	3:04:16.7
71. Sue Vinella-Brusher(28)USA	3:04:25.6
72. Carolyn Creight(33)USA	3:04:41.9
73. Lucia Geraci(28)USA	3:05:07.4
74. Ann Hoerear(19)USA	3:05:08.2
75. Deborah Strowe(25)USA	3:05:11.0
76. Nancy Parker(45)USA	3:05:15.2
77. Judy Dodge(35)USA	3:05:40.6
78. Nancy Rehner(26)USA	3:05:46.6
79. Heidi Skaden-Poyser(44)USA	3:06:16.7
80. Patricia Whittingslow(42)USA	3:06:22.3
81. Lorraine Gersitz(26)USA	3:06:32.3
82. Beth Walker(30)USA	3:06:38.1
83. Melissa Vchitelle(25)USA	3:06:39.4
84. Sally Edwards(34)USA	3:07:35.4
85. Julie McKinney(26)USA	3:07:48.2
86. Hideko Pirie(37)USA	3:08:08.2
87. Anne Wardlaw(23)Canada	3:08:29.0
88. Paula Ramirez(24)USA	3:08:48.8
89. Judith Fierstein(25)USA	3:09:13.5
90. Susan Ng(32)USA	3:09:16.5
91. Toshiko Della(52)USA	3:09:54.1
92. Anastasia Pappas(20)USA	3:10:31.6
93. Marianne Gimble(22)USA	3:10:34.4
94. Judie Boman(39)USA	3:10:44.8
95. Carol Swain(34)USA	3:11:01.6
96. Daniela Hairabedian(28)USA	3:11:07.3
97. Vicki Blankenship(37)USA	3:11:38.7
98. Laura Alvarado(20)USA	3:12:25.4
99. Twyla Willis(29)USA	3:13:04.7
100. Elizabeth Applegate(26)USA	3:13:50.0

## Dipsea

### June 6. Mill Valley. 7.1 Miles.

Forty-two year old Sal Vasquez of Alameda, who took up running less than three years ago to help overcome a drinking problem, is the 1982 Dipsea champion.

The 5-6, 140 pound Vasquez, who finished second in last year's Dipsea, yesterday overtook front-running Eve Pell of Mill Valley at White Barn, the 5.8 mile mark of the 7.1 mile race to finish in 45:53 (taking into account his handicap). Pell, who wound up third behind Joe Ryan (46:55), of Oakland, was the top woman finisher in 47:28. Because the race is run in separate divisions (the older runners first), the fastest time of the day actually

was turned in by scratch runner Roy Kisson of San Francisco, who finished 11th with a time of 49:00.

Vasquez credits his wife for getting him interested in running. "At the time," he confessed, "I was drinking too much. She knew I liked sports, so she suggested that I take up running. I started jogging around Lake Merritt. At first, running was really hard for me, but then I began to learn to like it.

"Since I started running, I haven't touched alcohol. It really turned my life around. To me, it's the greatest thing that ever happened.

Dipsea con't.

1. Sal Vasquez (42)	45:54
2. Joe Ryan (35)	46:56
3. Eve Pell (45)1/F	47:29
4. Bob Malain(55)	47:32
5. Russ Kiernan (44)	48:03
6. John Coburn (35)	48:27
7. Flory Rodd (58)	48:32
8. Roger Daniels (47)	48:40
9. Ron Elijah (29)	48:45
10. Hal Higdon (51)	48:56
11. Roy Kisson (29)	49:00
12. Barbara Magid (38)2/F	49:09

photo by Gene Cohn



Eve Pell  
Dipsea first woman

## Gold Country Marathon & Road Races

### June 6. Nevada City, Ca., Marathon, 1/2 Marathon and 10K.

#### Marathon:

1. Adam Ferreira	2:29:43.2
2. David Russell	2:42:54.2
3. Ron Mellor	2:46:32.5
4. Rae Clark	2:49:36.4
5. Jesus Sanchez	2:49:59.7
6. Mike Buzbee	2:52:12.6
7. Michael Kelly	2:53:33.0
8. Nick Vogt	2:53:52.2
9. Charles Jones	2:56:40.5
10. Glenn Bailey	2:57:00.7
11. Pate Schoener(1-40)	2:57:33.4
12. John Sallen	2:57:46.8
13. Leonard Iventosch	2:57:50.3
14. John O'Neill	2:58:00.3
15. Kenny Warde	3:00:04.8
23. E.R. Silver(1-50)	3:11:24.8
44. Kay Johnson(1/F)	3:37:16.2
46. Julie Gustafson(2/F)	3:40:33.9
47. Jan Level(3/F)	3:40:40.9

#### Half Marathon:

1. Bill Devine	1:11:14.7
2. John Tulco	1:15:28.05
3. Bruce Hodge	1:15:48.05
4. Tom Davies	1:16:07.9
5. L.E. Freeman	1:16:56.4
6. Jim Bevins(1-40)	1:17:17.6
7. Guillermo Sanchez	1:18:49.3
8. Robert Seldner	1:20:46.6
9. Philip Des Jardins	1:21:21.4
10. Eric Neumann	1:21:59.9
11. Skip Lees	1:23:24.5

12. Lawrence Ochoa	1:23:33.2
13. Vance Goss	1:24:06.1
14. Jeff Pearman	1:24:10.4
15. Paul Holmes	1:24:33.3
16. Tom Ryan	1:24:59.7
17. Arthur Terzakis	1:25:44.8
18. Michael Contreras	1:25:45.1
19. Gene Thibault	1:26:06.3
20. Fritz Collier	1:26:06.6
24. Mary Lynn Guyer(1/F)	1:28:42.8
26. Ted Kendall(1-50)	1:29:32.7
46. Kathy Blinn(2/F)	1:34:56.2
61. Susan Condon(3/F)	1:38:36.7
65. Ivy Sarratt(4/F)	1:39:23.9
66. Jackie Walker(5/F)	1:39:49.9
79. Carolyn Woisey(1/F-40)	1:42:04.3
143. Barbara Durham(1F-50)	1:59:53.1

#### 10K:

1. Jost Schmitt	34:06.7
2. Leroy Kerby	35:50.4
3. Ross Smith(1-50)	36:32.5
4. Mike Peavy	36:47.7
5. Jeff Thompson	36:59.5
6. Bob Ellis	37:09.4
7. Steve Dankes	37:19.1
8. Matt Scribner	37:36.5
9. Raul Archiga	37:40.2
10. Tom Pearman	37:40.5
11. Craig Hilberg	37:42.9
12. Allen Harryman	37:47.1
13. Dave Waco(1-40)	38:32.1
14. Tom Jones	38:36.0
15. Mark Cardin	38:39.0
16. Barry Turner	38:43.5
17. Kenny Sean	39:20.0
18. Dan Delgado	39:21.7
19. John Darlington	39:37.3
20. William Heidberger	39:37.6
21. Kim Isham	39:48.5
22. Jeff Stopper	39:57.2
23. Richard Baker	40:10.3
24. David Colt	40:17.0
25. Robby Klement	40:29.5
54. Marilyn McCormick(1/F)	44:11.5
71. Jane Baldwin(2/F)	45:28.5
94. Kelly Stapp(3/F)	47:20.8
104. Nancy Meidinger(4/F)	48:11.0
106. Karen Roberts(5/F)	48:26.5
156. Mary Welz(1F-40)	53:41.4
161. Dorothy Peavy(1F-50)	54:09.7

## Hearts On The Run

### June 5. At Cal State San Bernardino. 5 & 10K.

**5K. Men: 12 & Under:** Eric Cronk 21:13. 13-15: Hew Smith 17:36. 16-19: Frank Jawett 15:27, Tom Elliott 15:53, Jim Winn 16:27. **20-29:** Mario Ortiz 15:15, Steve Smith 16:00, Jeffrey Carter 16:11. **30-39:** Danny Contreras 17:11, Bill Stevenson 17:44, Dan Gutierrez 17:54. **40-49:** Joaquin Granado 17:37, Sam Mayo 18:11, Jess Maxcy 18:33. **50-59:** David Henopp 20:16, Ollie Harker 21:18. **60 & Over:** Hal Albert 25:49.

**Females: 12 & Under:** Sharon Prince 21:22. 13-15: Shana Damann 25:46. **16-19:** Holly Hanson 22:57. **20-29:** Jennifer Henderson 19:32, Vaneen Parker 21:39, Rachel Garcia 22:23. **30-39:** Kathy Heard 22:21, Denise Gupton 23:39, Karen Pinkerton 23:53. **40-49:** Clarice Flower 25:07. **50-59:** Barbara Innes 24:53.

**10K: Men: 12 & Under:** Benjamin Chavez 46:07. 13-15: Frank Yslava 35:50. **16-19:** Craig Larson 37:50. **20-29:** Chang Ming Chen 32:18, Adrian Campos 33:32, Norman Breen 34:22, Steve Palm 34:32, Stewart Boden 35:41. **30-39:** Eric McCready 35:17, Mike West 36:15, Wayne Taylor 36:26, Jim White 36:42, Richard Aguilar 36:42. **40-49:** Bill Crum 35:41, Jurgen Froehlich 36:48, Joe Clough 38:14. **50-59:** Jose Quezada 40:04. **60 & Over:** Harold Daughters 40:37.

**Females: 13-15:** Sally Jackson 53:43. **16-19:** Ina Bridges 42:21. **20-29:** Denise Bedford 39:25. **30-39:** Linda Kewin 42:38. **40-49:** Doris Harvill 49:24. **50-59:** Alice Krueper 47:31.

HALF

11th Annual

MARATHON

# BASS LAKE RUN THRU THE PINES

August 21, 1982 • 8:00 a.m.



**DISTANCE:** 13.3 miles. **AID STATIONS:** Approximately 5, 7½, & 10 miles. **SPLIT TIMES:** 5 mile & 10 mile splits. **ENTRY FEE:** \$4.00 pre-registration, if received by August 18. \$6.00 after August 19 and on race day. **REGISTRATION/CHECK-IN:** 7:00 a.m. at the Pines Village. **DESCRIPTION:** Once around the lake, starting and finishing at the Pines Village. Mostly paved, some dirt roads. Many rolling hills first eight miles, several longer hills last five miles. Some shade. **CAUTION:** Runners should be well conditioned because of the difficulty of this course. Run on left hand side of road, facing traffic. **AWARDS LUNCH:** 11:30 at the Pines Restaurant patio: hamburger, potato salad, relishes, soft drink - \$2.50. **MEET DIRECTOR:** Bill Cockerham (209) 264-5847.

**DIVISIONS:**

**MEN:** Junior(under 18), Open(19-29), 30-39, 40-49, 50 & Over.  
**WOMEN:** Junior(under 18), Open(19-29), 30-39, 40 & Over.

**AWARDS:**

First three in men's junior, open, 30-39 & 40-49.  
First place in men's 50 & Over, and all women's divisions.  
Additional awards will be given if pre-entries warrant. One award for every five entrants per division.  
Certificates of completion to all finishers.

**T-SHIRTS:**

The first 100 to **pre-register** will receive a half marathon race t-shirt at race day (must pick up in person).

**MERCHANDISE AWARDS:**

First overall male & female: two nights for two at The Pines Chalets.  
Random drawing for other merchandise awards at the Barbecue.

**SPONSOR:**

Bass Lake Chamber of Commerce.

**HOSTED BY:**

Fresno Track Club

**ASSISTANCE FROM:**

Pines Restaurant, Pines Chalets, Pine Tree House, Pines Village Bakery, Bass Lake Pizza, US Forest Service.

**ENTRY BLANK**

**ENTRY BLANK**

Mail with \$4.00 entry fee to: Fresno Track Club, P.O. Box 6103, Fresno, CA 93703

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SCHOOL OR CLUB: \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

CIRCLE DIVISION: Men- junior(under 18) open 30-39 40-49 50 & Over

Women- junior(under 18) open 30-39 40 & Over

Check if planning to attend Awards Luncheon

**WAIVER (must sign):** I, intending to be legally bound, hereby for myself, my heirs, executors, administrators and assigns, waive and release any and all rights I may have against the Bass Lake Chamber of Commerce, Fresno Track Club, the U.S. Forest Service, the PG&E Company, and any and all sponsors, their agents, representatives, successors, or assigns, for any and all injuries, ailments or other consequences, suffered by me in the Bass Lake Run Thru the Pines Half Marathon on August 21, 1982.

Signature(parent if under 18): \_\_\_\_\_

# CALIFORNIA TRACK & RUNNING NEWS



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# SOME OF OUR BEST SHOES ARE ON THE WORST SELLER LIST.

It's a curse we have to live with. Unless, of course, some 30 million folks wake up tomorrow and start throwing the javelin.

That's about the only way these specialty track and field shoes can get the recognition they deserve. Better make that — the sales they deserve.

Because we consider an American record in the triple jump, or a world record for the discus, and a world best at sea level in the long jump... little things like that... to be recognition enough.

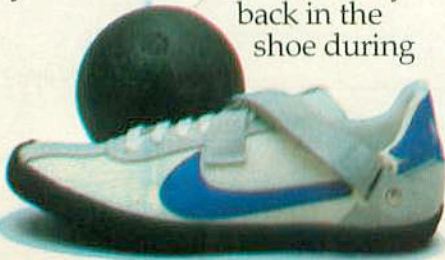
If we didn't, we wouldn't invest so much time and technology in a bunch of off-beat shoes. We certainly wouldn't waste money advertising them.

We do. And that's enough of that. Now, for the infamous Nike Seven:

**1.** PV 19. The whole point of this shoe is to give pole vaulters a stable jumping platform. And do it with a minimum of weight. The two-color jumping/running spike plate and reinforced nylon upper will help get you

up there. Getting down is your problem.

**2.** SD 73. Never was fit so critical. When you're throwing the shot, or the discus, you want the foot held firmly back in the shoe during



the powerful turning and lifting phases. That's why the criss-cross straps. You also want a non-stretch nylon upper for lightness and durability. A wrapped, textured outsole for excellent traction. And wear. On any ring surface.

**3.** HJ 8. Floppers and straddlers have one thing in common. Namely, the need for superior spring and lift. Here it is, with a full length, one-piece spike plate, good for either style. Plus pyramid rubber outsole for



better traction. And a nice snug fit. The HJ 8 also comes with matching non-jumping shoe.

**4.** TJ 60. It's three shoes in one, actually. With both midsole and



outsole wrapped-up at the heel, so triple jumpers can take advantage of its unique "rocker" effect. Reinforced with suede side panels. Metal eyelets for longer shoe life. Impressive, three times over.

**5.** LJ 29. True, you don't have to be a world-class long jumper to feel the extra



traction and lift that come from this six hole spike plate. But it helps. Built for extended flight,

the LJ 29 not only has suede side panels for stability and strength, but an extra nylon panel to protect the toe area during take-off.

**6.** J 300. The serious javelin thrower wants that foot to stick securely in the boot.



Thus the lateral support strap. You also want it to stick in the ground. So the J 300 comes with six spike holes in the forefoot, four in the rear. About the only thing that won't stick is the toe, thanks to a hefty wrap-around guard.

**7.** El Viento. Built for one of the true minority groups, the El Viento gives race walkers a unique midsole and wedge arrangement to cushion and stabilize the foot. A beveled heel allows for smoother



heel strike. Plus longer wear to the Anatomical Outsole.™

You have to wear these shoes to appreciate them. That's easier said than done, however. While they may be the most sophisticated models on the market, most places don't want anything to do with them. Which is nice. Because when it comes time for you to buy shoes, it always helps to know who your friends are.

