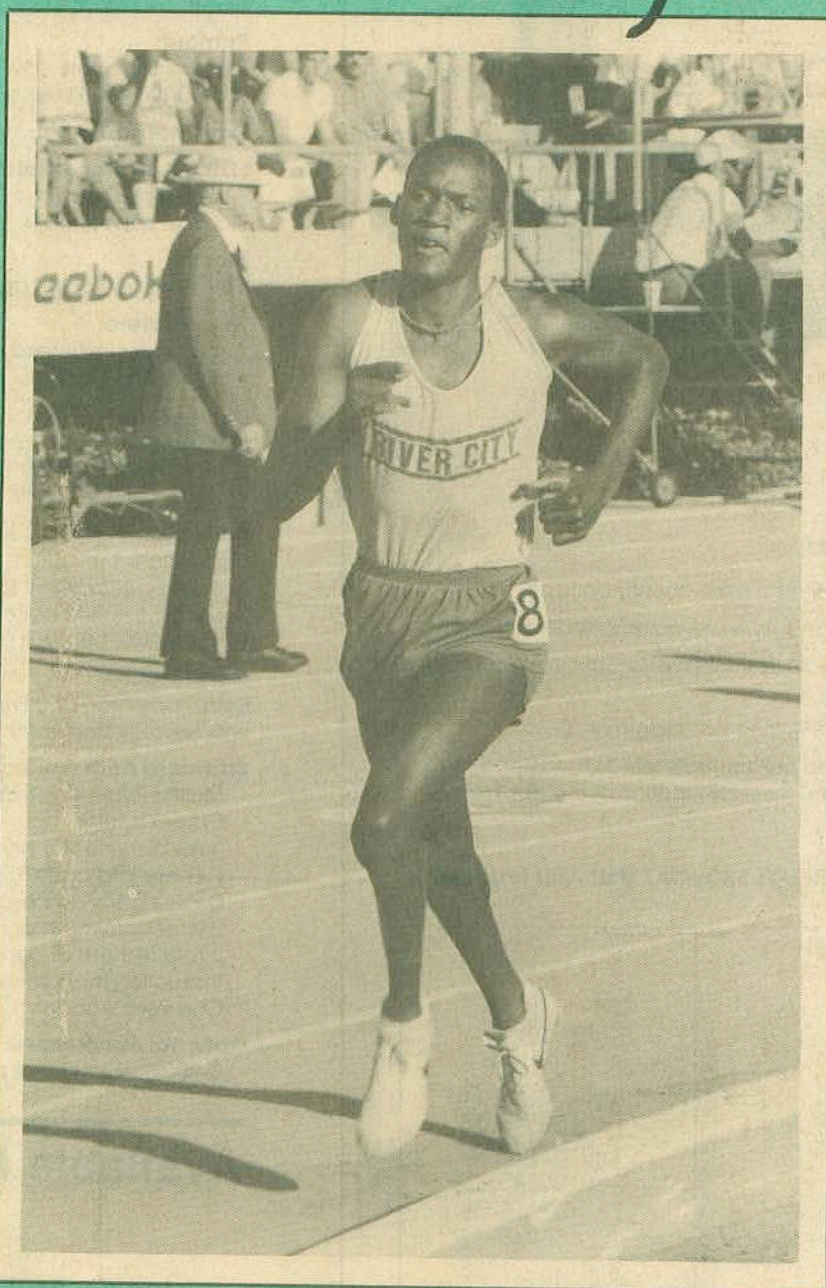


JULY 1988

ISSUE NO. 138

CALIFORNIA

Track & Running News



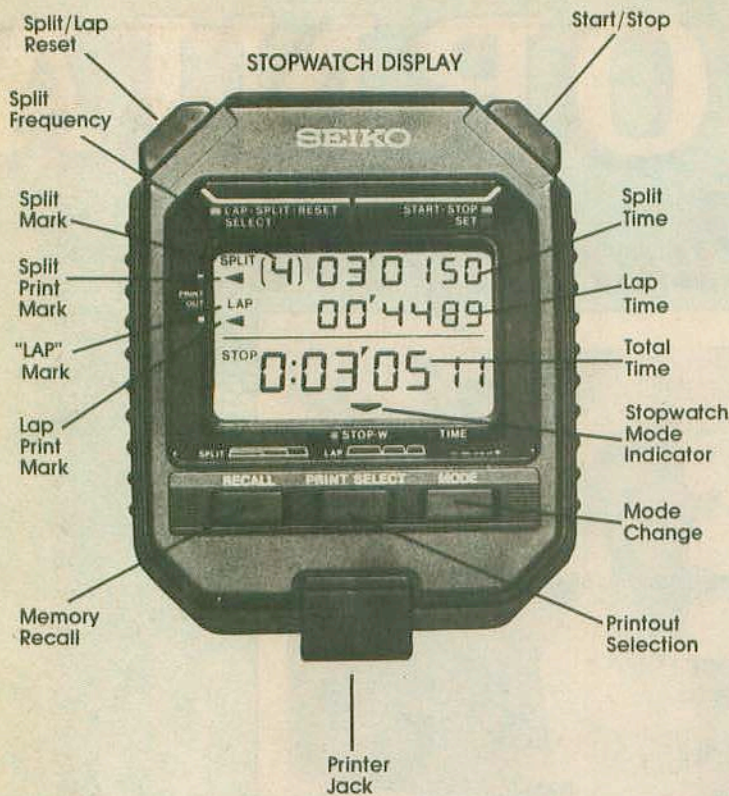
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Digital Quartz Stopwatch With Printer, SP11



System Printer

The following data is printed permanently on tape:

1. Year, Month, Date and Time are automatically printed
2. Print Select: either Split (cumulative) or Split/Lap (cumulative and lap times)
3. Places: printed to "99," then start again at "0"
4. Printed Data: printed out immediately as measured, or printed later from the memory function of the stopwatch

SAMPLES OF PRINTER TAPE SHOWING SPLIT AND SPLIT/LAP

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1984  9 25
START 9:00
SPLIT
1-0:28'50 33
2-0:29'07 20
3-0:29'18 55
4-0:29'28 44
5-0:29'53 23
6-0:30'04 03
7-0:30'31 96
8-0:30'53 60
    
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1984  9 25
START 10:00
SPLIT / LAP
1-0:00'45 38
0:00'45 38
2-0:01'30 48
0:00'45 10
3-0:02'16 36
0:00'45 88
4-0:03'01 23
0:00'44 87
    
```

Applications

The Seiko Digital Quartz Stopwatch with Printer is a multipurpose system that can be used for timing and training in a variety of activities including: cross country, track, road races, swimming, bicycling, triathlons, cross country skiing, football drills, physical education and intramural sports.

Specifications

Time Base & Accuracy:

Quartz oscillator, ± 0.5 seconds (24 hours/70°F)

Printout:

9 hours, 59 minutes, 59.99 seconds maximum, then repeats. Prints 300 to 600 lines per roll depending on print selection.

Time Measurement: 1/100 of a second

LCD Stopwatch Display:

6 digits Split/Lap Time; 7 digits Running Time; 1 digit shows Place or Lap Number.

Modes:

Split Time and Split/Lap Time; time of day and calendar.

Temperature:

Accuracy guaranteed range 23°F to 104°F; operational range 5°F to 131°F.

Dimensions:

Stopwatch: 2.25"W x 2.85"L x 0.7"D

Printer: 3"W x 5"L x 1.0"D

Weight: 12 ounces with batteries, paper and cord

Batteries:

Stopwatch: 1 miniature battery, Maxell SR-44W, U.C.C. 357 or Sony Eveready 357 (3-year maximum life). System Printer: 3 AA size alkaline batteries, Eveready E91, Ray-O-Vac 815; Duracell MN1500. Will print approx. 6000 lines.

Construction:

Both Stopwatch and Printer cases are high impact plastic with Hardlex stopwatch display crystal.

Standard Accessories:

- Multifunction stopwatch with battery and lanyard
- System printer
- 3 AA batteries for printer
- Connecting cable (SC11)
- Deluxe carrying case with belt
- Printer carrying strap
- 2 rolls of thermal paper (S-950)
- Instruction manual
- One year warranty

Optional Accessories:

- S-950 Seiko thermal paper in 5-roll boxes

\$269

Available From:

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P.O. Box 459
San Carlos, CA 94070
(415) 595-2249

CALIFORNIA

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Fine Flicks by Don Gosney

Competition at this year's CIF Reebok Track & Field Championships was intense, as usual, as shown above at the start of one of the 1600 meter trials. Complete coverage begins on page 15. Above from left: Francis O'Neill (San Pasqual), Joe Devine (Saugus), Reggie Williams (River City), Dennis Hernandez (Mission San Jose), Eric Axtell (St. Francis), and Greg Crosley (Monte Vista) This photo is another *Fine Flicks* by Don Gosney.

ON THE COVER: Reggie Williams, double winner in the 1600 and 3200 at the CIF Reebok Track & Field Championships. photo by Burt Davis

Schedule

By JACK LEYDIG

*Please send scheduling information directly to **Scheduling Editor**, Jack Leydig, P.O. Box 459, San Carlos, CA 94070.*

Schedule is subject to change. Please verify dates and times with meet directors before travelling to an event. Keep in mind that some events require advance entries and have entry limits and/or deadlines. It is a good idea to always include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

July 1 (Friday)

Orange: Orange County 12 & 24 Hour Solo (or relay), Orange Canyon High School (440 Yd. track), teams up to 10 persons, 6 p.m. Don Pycior, 17352 Grovemont, Santa Ana 92705. (714) 538-8338.

July 2 (Saturday)

San Rafael: County Fair 10K & Kids' Mile, Time TBA. Marin Center Box Office, Marin Civic Center, San Rafael 94903.

San Francisco: O'Neill Reach, Ride & Run Triathlon, Windsurf (1st & 4th Legs), 5 Mi. Bike, 8K Run, Presidio, teams (2-4) or individuals, 10 a.m. Events West, 99 E. Blithedale Ave., Mill Valley 94941. (415) 383-WEST.

Antloch: Black Diamond Mines, 9.1 & 6.5 Mr., Black Diamond Mines Regional Preserve (Somerville Rd. Parking Area), 9 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Folsom: Tri For Fun Series, 1K Swim, 20K Bike, 5K Run, Folsom Lake (Beals Point), 8 a.m. Will Roxburgh, 8128 Madison Ave., Fair Oaks 95628. (916) 965-

8326.

Bakersfield: BTC Fun Run, Distance TBA, Hart Park, 7 a.m. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Morro Bay: Morro Bay to Cayucos Beach Run, 6 Mi., beach run (from Morro Rock to Cayucos Pier), Time TBA. Morro Bay Recr. Dept., (805) 772-1241x226.

Long Beach: Ruly Adauto Memorial 8K, El Dorado Park, 7:30 a.m. ALADS, 828 W. Washington, Los Angeles 90015. (213) 749-1020.

July 3 (Sunday)

San Francisco: Pamakid Ocean Beach 2 Mi. & 10K, Great Hiway & Balboa St. (on beach at very low tide), 8 a.m. Bill Dake, 528 Larch Ave., So. San Francisco 94080. (415) 583-6268, evs.

Callstoga: Great Callstoga Footrace, 8K, 8:30 a.m. Silverado Striders R.C., 1325 Imola Avenue, Napa 94559.

South El Monte: Legg Lake 5K Independence 5K Run, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

July 4 (Monday)

Atlanta, GA: Peachtree Road Race, 10K, Time TBA. Atlanta Track Club, 3097 E. Shadowlawn Ave., NE, Atlanta, GA 30305. (404) 231-9064.

San Francisco: DSE Peak Busters Benefit Run, 4.5 Mi. Run & Walk, 1.0 Mi. Kids' Run, Lake Merced (Sunset Parking Lot), 9:30 a.m./1 Mi., 9:30 a.m./walk, 10 a.m. Jim Skiphammer, 666 Orange St., Daly City 94014. Hotline: (415) 566-2542.

Redwood City: 4th of July Parade Run, 5K, time TBA. Bill Wooten, Redwood City Parks & Recr. Dept., 1400 Roosevelt Ave., Redwood City 94061. (415) 364-6060.

Milpitas: Milpitas Firecracker 10,000

(10K), 457 E. Calaveras Blvd., 8:30 a.m. Milpitas Parks & Leisure Services, 457 E. Calaveras Blvd., Milpitas 95035. (408) 942-2470.

San Ramon: American Independence Day Run (Run San Ramon), 5 & 10K, Bollinger Canyon Rd. & Alcosta Blvd., 8 a.m./5K, 8:30 a.m. Rick Reed, 2228 Camino Ramon, San Ramon 94583. (415) 866-1410.

Palo Alto: Great Palo Alto Chili Chase, 5K, Mitchell Community Center (3800 Middlefield Rd.), 8:30 a.m. Palo Alto Recreation Dept., 1305 Middlefield Rd., Palo Alto 94301. (415) 329-2342.

Kenwood: Kenwood (Bud Light) Footrace, 10K & 3K Run/Walk, White Church (off Warm Springs Rd., downtown), 7:30 a.m. Wine Country Race Service, P.O. Box 237, Occidental 95465. (707) 874-2830.

Santa Cruz: Firecracker 10K, Harvey West Park, 8:30 a.m. Santa Cruz Park & Recreation Dept., 307 Church St., Santa Cruz 95060. (408) 429-3477.

Mt. Shasta: Mt. Shasta 4th of July Run, Distance TBA, Time TBA. Dr. Jim Parker, 828 Pine St., Mt. Shasta 96067.

Arcata: Northern California Fourth of July Jubilee Run, 3 & 10K, Arcata Plaza, 9:30 a.m./3K, 10 a.m. Dennis & Marilyn Lewis (707) 822-5464.

Tracy: Run for the Boy Scouts, 2 Mi. & 10K, Lincoln Park, 7 a.m. Bob Milliorn, 7759 W. Cabe, Tracy 95376. (209) 832-1054.

Atwater: Run for Independence, 2 & 5 Mi., Ralston Park, 7:20 a.m./7:30 a.m./2 Mi. Dan Wilmoth, 3841 Claremont Ct., Merced 95340. (209) 726-4369.

Delano: Delano Lions Fun Run, 5K, Memorial Park, 7 a.m. Jim Nagatani, 1319 Main St., Delano 93215. (805) 725-9105.

Lompoc: Firecracker 8K, Beattie Park (Olive & Fifth), 9 a.m. Ray Fuller: (805) 866-7578.

Schedule

Goleta: Semana Nautica 15K, 8 a.m. Semana Nautica 15K, Box 6616, Santa Barbara 93160. (805) 964-2591.

Laguna Niguel: Monarch Banks 5 & 10K Run in the Parks, Crown Valley Community Park, 7 a.m. Bill Pascual, 24372 Las Naranjas, Laguna Niguel 92677. (714) 831-6618.

Pacific Palisades: Will Rogers 5 & 10K, 8:15 a.m. Brian W. Shea, Box 487, Pacific Palisades 90272. (213) 394-9611.

La Palma: La Palma ADP 5 & 10K Run/Walk Celebration, Central Park, 7:30 a.m. La Palma Rec. & Community Services, 7821 Walker St., La Palma 90623. (714) 522-6740.

Huntington Beach: Parade 8K Run, Huntington Beach City Hall (Yorktown at Main), 8 a.m. Phil Beukema, March of Dimes, P.O. Box 3980, Costa Mesa 92628. (714) 631-8700.

Torrance: Spirit of America 5K & Kid-dy K Run, Wilson Park (north parking lot), 8 a.m./5K, 8:45 a.m./1K.

Coronado: Coronado Half-Marathon & 2 Mi., 7th & G Streets, 6:30 a.m. Kathy Loper: (619) 437-4667.

Lake Miramar: Scripps Ranch 10K Run, and 2 Mi., 7 a.m. Mark Axelson. (619) 586-0240.

Newhall: SCA/TAC 5K District Championships, Newhall Park, 9 a.m. Tom Moriarty, 1953 Waltonia Dr., Montrose 91020. (818) 957-2807.

July 5 (Tuesday)

Bakersfield: Summer Triathlon #3, Distances TBA, Time TBA. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Oxnard: Oxnard 3 Mile Evening Run, 6 p.m. Lorraine Mercado, Parks & Recreation Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

July 7 (Thursday)

South El Monte: Legg Lake 5K Summer Evening Run, 6:45 p.m. Arthur Hernandez, 9502 Reichling Lane, Pico Riv-

era 90660. (213) 949-0394.

Valencia: College of the Canyons 5K Cross-Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall 91321. (805) 944-2511.

Agoura: Paramount Ranch Cross Country 2 & 3 Mi. Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley. (818) 992-6219.

El Toro: 3 Mile Cross Country Series, Sycamore Park, 6:30 p.m. Arthur Martinez, 2462 Twig Street, El Toro 92630. (714) 770-0444.

July 9 (Saturday)

Rio Vista: Brannan Island Triathlon, 0.5 Mi. Swim, 5K Run, 12 Mi. Bike, Brannan Island State Recr. Area, 9 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Modesto: Can to Can Run, Distance TBA, 10 a.m. SOS Jogging Assoc., Carl Peterson, 3908 Trillium Ave., Modesto 95356.

Oxnard: Oxnard 5K Morning Run, 8 a.m. Lorraine Mercado, Parks & Recreation Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

South El Monte: Legg Lake 5K Summer Morning Run, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Fontana: Biathlon Fund Raiser, 14 Mi. Bike, 5K Run, Shadow Park, 8 a.m. F.R.W. Biathlon, P.O. Box 853, Rialto 92376. (714) 820-0166 or 825-0158.

La Jolla: Scripps Clinic Torrey Pines Stride, 1 & 5 Mi. Walks, Scripps Clinic, 8 a.m. In Motion, 2204 Garnet Ave., Suite 303, San Diego 92108. (619) 483-9501.

Felton: Race Thru the Redwoods, 6.9 Mi., Henry Cowell Park (starts in town), 9 a.m. Felton Business Ass'n., P.O. Box 6, Felton 95018. (408) 335-7575, 335-9193.

Century City: Purina HiPro K9 Fun Run, 2 Mi. & 1 Mi., Rancho Park (Cheviot Hills Recr. Center), 9 a.m./1 Mi., 9:30 a.m.

Rialto: The Sun Biathlon, 14 Mi. Bike, 5K Run, Time TBA. Info: (714) 825-0158, 820-0166.

July 10 (Sunday)

Mill Valley: Mill Valley 5K, Middle School (Camino Alto & Sycamore), 8:15 a.m./Men, 9 a.m./Women. Susie Shattuck, 90 La Verne Ave., Mill Valley 94941. (415) 388-0317.

Hayward: Sertoma Classic, 1 Mi & 10K, Hayward Air Terminal (Golf Course Rd. & Hesperian Blvd.), 9 a.m. Doug Daniels, 3508 Depot Rd., Hayward 94545. (415) 489-3385.

Castro Valley: Lake Chabot Trail Challenge, 13.1 Mi., Lake Chabot Marina (hill and trail run), 8 a.m. Jim Passadore, 2783 Jennifer Dr., Castro Valley 94546. (415) 881-8255, before 8 p.m.

Benicia: Swamp Run & Stride, 5 Mi., Benicia State Park (Dillon Pt. Picnic Area), 10 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Rancho Cordova: American River Parkway Foundation Run, 5 & 10K, Kilgore Rd. off Folsom Blvd., 8 a.m. Rick Summers, P.O. Box 2501, Rancho Cordova 95741. (916) 355-5324.

Tracy: Tracy 2 Mi. & 10K, Dr. Powers Park (Tracy Blvd. & Lowell), 7 a.m. Bob Milliorn, 7759 W. Cabe, Tracy 95376. (209) 832-1054.

Incline Village, NV: Lake Tahoe Running Series, 5 & 10K, Time TBA. Northstar-at-Tahoe, P.O. Box 129, Truckee 95734. (916) 587-0280.

Newport Beach: Bastille Day 8K Run, Le Meridien Hotel, 8 a.m. United Cerebral Palsy, 8K, 3020 W. Harvard, Santa Ana 92704. (714) 557-5100.

San Diego: Great Earth Run & Walk, 10K & 2 Mi., Balboa Park, 7:30 a.m. Lyn Lacye, Project Wildlife, P.O. Box 80696, San Diego 92138. (619) 236-0842.

Carlsbad: Carlsbad Triathlon, 1 Mi. Swim, 16 Mi. Bike, 10K Run, Tamarack State Beach, Time TBA. Sara Drapkin, 1200 Elm Ave., Carlsbad 92008. (619) 434-2856.

Daly City: DSE Daly City Scenic Run, 6.8 Mi., Colma School (East Market & Hillside Blvd.), 10 a.m. Jim Skophammer, 666 Orange Ave., Daly City 94014. (415) 994-5727.

Schedule

July 12 (Tuesday)

Bakersfield: BTC Handicap 5K Race Series, East of Hart Park (Alfred Harrell Hwy), 7 p.m. Steve Moehlman. (805) 326-3994.

Oxnard: Oxnard 5 Mile Evening Run, 6 p.m. Lorraine Mercado, Parks & Recr. Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

San Diego: Three Mile Run, Hospitality Point, 6 p.m. San Diego TC, P.O. Box 7853, San Diego 92107.

July 14 (Thursday)

Valencia: College of the Canyons 5K Cross-Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall 91321. (805) 944-2511.

South El Monte: Legg Lake Noche de Verano 5K Run, 6:30 p.m. Arthur Hernandez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Agoura: Paramount Ranch Cross-Country 2 & 3 Mi. Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley. (818) 992-6219.

El Toro: 3 Mile Cross-Country Series, Sycamore Park, 6:30 p.m. Arthur Martinez, 24362 Twig St., El Toro 92630. (714) 770-0444.

July 16 (Saturday)

Livermore: Del Valle Biathlon, 3.25 Mi. Swim, 5.5 Mi. Run, Del Valle Regional Recreation Area, 9 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Cotati: Cotati 25th Anniversary Runs, 5 & 10K, "The Hub", 8 a.m./10K, 9 a.m. City of Cotati, P.O. Box 428, Cotati 94928. (707) 795-5478.

Tulare: Krazy Daze 4 Mile & 1 Mile Prediction Run, 7 a.m. Barrie Lee Perry, Recreation Dept., 630 S. Blackstone, Tulare 93274. (209) 688-2001, x575.

San Luis Obispo: RRCA Women's Distance Festival, 5K, Laguna Lake Park, 8:30 a.m. (women only). San Luis Distance Club, P.O. Box 1134, San Luis Obispo 93406.

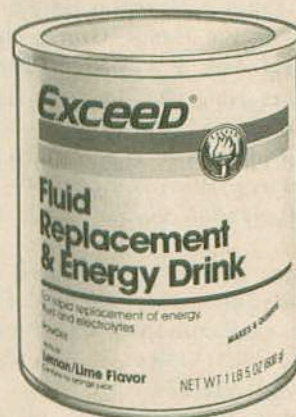
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Santa Paula: Santa Paula Citrus Festival 10K, Glen City School, 8 a.m. Optimist Club of Santa Paula, P.O. Box 507, Santa Paula 93060 (Jeff Cowan: 805/933-1962).

Fountain Valley: "Run for the Hills" 7K, Edinger & Brookhurst, Mile Square Park, 8 a.m. OCFED/7K, P.O. Box 9118, Fountain Valley 92708. (714) 963-1430.

Watts: 5 & 10K Runs & 3K Celebrity Walk for Health, Watts Health Center (103rd and Compton), 8 a.m./5 & 10K, 8:30 a.m. Watts Health Fndn., 3405 W.

Imperial Hwy., #401, Inglewood 90303. (213) 671-3465, x360.

Valencia: Castaic Triathlon Series, 1K Swim, 30K Bike, 8K Run, Time TBA. Tom Redfern, 23725 Castilla Ct., Valencia 91355. (805) 253-3118.

Rancho Cordova: Eppie's Great Race, 6 Mi. Run, 12 1/2 Mi. Bike, 6.35 Mi. Kayak, Time TBA. Phil Sinclair, 3711 Branch Center Rd., Sacramento 95827. (916) 366-2940.

Schedule

July 17 (Sunday)

Palo Alto: Bay-to-Breakfast 5 & 10K, Baylands Athletic Center, 9 a.m. Palo Alto Recreation Dept., 1305 Middlefield Rd., Palo Alto 94301. (415) 329-2342.

Occidental: Occidental Country Run, 10K & 3K Fun Run/Walk, Bohemian Hwy & Graton Rd., 8 a.m. Wine Country Race Service, P.O. Box 237, Occidental 95465. (707) 874-2830.

Bakersfield: Ultimate Fun Run, Distance TBA, Bakersfield College, 7 a.m. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Leona Valley: European Style Cross-Country, 2.5 Mi., 9235 Leona Ave. (near Palmdale), 8:30 a.m. Bob and Glenda Kimmerly. (805) 270-1378.

Ontario: National Bud Light Biathlon Championship, 5 Mi. Run, 20 Mi. Bike, Clarion Hotel, 7 a.m. Rob Hogan, 7211 Ramona Ave., Alta Loma 91701. (714) 989-6512.

Ontario: National Bud Light Triathlon Championship, 3 Mi. Run, 9 Mi. Bike, 200 Yd. Swim, Clarion Hotel, Time TBA. Rob Hogan, 7211 Ramona Ave., Alta Loma 91701. (714) 989-6512.

Gardena: Star Festival 5K Run/Walk, Pacific Square Plaza (Rendone Beach Blvd.), 8 a.m. Ken Nakaoka Realty, 1630 W. Redondo Beach Blvd., Gardena 90247. (213) 323-4444.

July 19 (Tuesday)

Bakersfield: Summer Triathlon, Distances & Time TBA. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Oxnard: Oxnard 3 Mile Evening Run, 6 p.m. Lorraine Mercado, Parks & Rec. Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

July 21 (Thursday)

Valencia: College of the Canyons 5K Cross-Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall 91321. (805) 944-2511.

South El Monte: Legg Lake 5K Evening Challenge Run, 6:30 p.m. Arthur Hernandez, 9502 Reichling Lane,

Pico Rivera 90660. (213) 949-0394.

Agoura: Paramount Ranch Cross Country 2 & 3 Mi. Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley. (818) 992-6219.

El Toro: 3 Mille Cross Country Series, Sycamore Park, 6:30 p.m. Arthur Martinez, 24362 Twig St., El Toro 92630. (714) 770-0444.

July 23 (Saturday)

Geyserville: Lake Sonoma Triathlon Championships, 1 Mi. Swim, 10K Run, 25 Mi. Bike, (Redwood Coast Triathlon Series III), 7:30 a.m. (Pre-reg by July 9, 350 limit, 50 teams). Redwood Coast USLA, P.O. Box 337, Healdsburg 95448. (707) 575-7144

Santa Barbara: Sri Chinmoy 3 Mi., Palm Park, 8 a.m. Aditi Carnahan, Sri Chinmoy Marathon Team, P.O. Box 2036, Goleta 93118. (805) 685-3325.

Oxnard: Oxnard 5K Morning Fun Run, 8 a.m. Lorraine Mercado, Parks & Rec. Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

Camarillo: High-Tech Trek 5 & 10K & 1 Mi. Fun Run/Walk, Santa Rosa Rd. & Adolfo, 7:30 a.m. Rufo Quemuel, High-tech Development, 150 Camino Ruiz, P.O. Box 2210, Camarillo 93011. (805) 643-1104, Inside Track.

Cypress: Cypress 5 & 10K, 5700 Orange, 7:30 a.m. Tony Wyatt, Cypress Recreation & Park District, 5700 Orange, Cypress 90630. (714) 229-6780.

San Diego: Spirit of San Diego 5K & 1 Mi., Balboa Park, 7:30 a.m. Kathy Loper (619) 437-4556.

Truckee: Donner Lake Triathlon, 1/2 Mi. Swim, 6.89 Mi. Run, 14 Mi. Bike, Donner Lake (West end boatramp), 8:30 a.m. Sherry Griswold Reed, Box 1772, Truckee 95730. (916) 587-2754.

July 24 (Sunday)

Santa Cruz: Wharf to Wharf Run, 6 Mi. (to Capitola), 8:30 a.m. (limited to 12,000 entrants). Wharf to Wharf run, P. O. Box 307, Capitola 95010. (408) 475-2196.

San Francisco: Gay Run '88, 5 & 10K, Golden Gate Park (Polo Fields), 9 a.m. San Francisco Front Runners, 1550 California St., Suite 6L200, San Francisco 94109. (415) 621-4284, 956-2893, Peter Trevino.

Oakland: Lake Merritt Joggers & Striders 4th Sunday Runs, 5, 10 & 15K, Lake Merritt (Old Boathouse), 9 a.m. Elvyn Blair, 3136 California St., Oakland 94602. (415) 530-9151.

Cupertino: National Triathlon for the Physically Challenged, DeAnza College, Time TBA. National Triathlon, 3801 Miranda Ave., P.O. Box V-16, Palo Alto 94304. (415) 255-8396.

Mammoth Lakes: Chart House 10K, Time TBA. George Fowler, P.O. Box 878, Mammoth Lakes 93546. (619) 934-2562.

Big Bear Lake: Big Bear Triathlon Series, 1/2 Mi. Swim, 15 Mi. Bike, 4 Mi. Run, Time TBA. Mark Fulton, P.O. Box 765, Big Bear Lake 92315. (714) 866-7322.

Oxnard: Oxnard Bud Light Triathlon/Gold Coast Tri Series State #2, 1.5K Swim, 30K Bike, 8K Run, Oxnard State Beach, Time TBA. Rob Fukutomi, Parks & Rec. Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

San Francisco: DSE Women's Festival Run, 4.3 Mi., (Men welcome), Legion of Honor (34th Ave. & Clement), 10 a.m. Jim Skophammer, 666 Orange St., Daly City 94014. (415) 994-5727.

Foster City: Sri Chinmoy 5 Miler, Sea Cloud Park, 8 a.m. Giribar DeAngelo, 951 W. Dana St., Mt. View 94041. (415) 964-6372.

Santa Clara: The Race for Time, 3 & 10K, Mission College Campus (Mission College Blvd./Hwy. 101), 9 a.m. Rob Lajoie, MMI-FCU, 2175 Mission College Blvd., Santa Clara 95054. (408) 749-4967.

Arcata: Mad River Race, 2 Mi. & 15K, Water District Park #4 (Warren Creek Rd. off West End Rd.), 10 a.m./2 Mi., 10:45 a.m. Ron Ross: 707/822-2009.

Schedule

July 26 (Tuesday)

Bakersfield: BTC Handicap Race Series, 5K, East of Hart Park (Alfred Harrell Hwy), 7 p.m. Steve Moehlman. (805) 326-3994.

Oxnard: Oxnard 5 Mile Evening Fun Run, 6 p.m. Lorraine Mercado, Parks & Recr. Dept., 325 So. A Street, Oxnard 93030. (805) 984-4643.

July 27 (Wednesday)

Kentfield: One Hour Run, College of Marin (synthetic track), 7 p.m. Dick Cordone, 918 Fifth St., San Rafael 94901. (415) 456-5334.

July 28 (Thursday)

South El Monte: Legg Lake 5K Evening Desafio Run, 6:30 p.m. Arthur Hernandez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Valencia: College of the Canyons 5K Cross Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall

91321. (805) 944-2511.

Agoura: Paramount Ranch Cross Country 2 & 3 Mi., Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley (818) 992-6219.

El Toro: 3 Mile Cross Country Series, Sycamore Park, 6:30 p.m. Arthur Martinez, 24362 Twig St., El Toro 92630. (714) 770-0444.

July 30 (Saturday)

Mill Valley: Strawberry Village 4 Miler, back entrance on Reed Blvd., 9 a.m. Strawberry Village #618, Mill Valley 94941. (415) 388-4523.

Johnsville: Goldrush Ultramarathon, 28 Mi. (PA/TAC Ultra Championships) and 14 Mi. (non-championship), Plumas-Eureka State Park, 8 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Santa Barbara: Santa Barbara 5K, Shoreline Park, Time TBA. Chris Holmberg. (805) 563-1008.

Mammoth: Mammoth Snowcreek Tri-

athlon, 1K Swim, 40K Bike, 10K Run, Time TBA. Rick Davis, P.O. Box 12, Mammoth Lakes 93546. (619) 934-8511.

Irvine: Loeschhorn's 10-Year Reunion 5K Run, UC Irvine Campus, 5 p.m. Loeschhorn's, 10810 Warner Ave. Fountain Valley 92708. (714) 964-4567.

South El Monte: San Gabriel River 12K Run, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Gilroy: Run for the Stinkin' Roses (Garlic Festival) 5/10K Run, Gavilan College, 7:30 a.m./10K, 7:45 a.m./5K. Jane Maringer, Gilroy Garlic Festival, P.O. Box 2311, Gilroy 95021-2311. (408) 842-1625.

Coto de Caza: A Mid-Summer Night's Dream, 12K, 5K & 1 Mi. Fun-Fun/Walk, Hunt Lodge, 5:30 p.m. Dream Run, 1 Coto de Caza Dr., Coto de Caza 92679. (714) 858-1500.

Moorpark: Senate 5 & 10K, Moorpark College, 7:30 a.m. Monique Perez, ASB

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Schedule

Office, 7075 Campus Dr., Moorpark 93021. (805) 529-2321, x1635.

San Diego: B100 Runs, 2 & 5K, Balboa Park, 7:45 a.m. Mike McCarty: 619/531-6048.

July 31 (Sunday)

San Francisco: Takara Cable Car Chase, 5 Mi., Aquatic Park, 9 a.m. Rhoody Co. Productions, 1541-A Geary Blvd., San Francisco 94118.

Sparks, NV: Strider's Fun Relay, 3-person teams (4.7, 3.7, & 4.0 Mi.), Cottonwood Park, 7:30 a.m. Silver State Striders, P.O. Box 21171, Reno, NV. 89515. (702) 849-0419.

San Diego: Lions-Padres 10K & 2 Mi., JM Stadium, 7 a.m. Jim Reed (619) 239-7264.

San Diego: Coronado Optimist Sprint Triathlon, 1.4 Mi. Run, 4 Mi. Bike, 440 Yd. Swim, Time TBA. Coronado Optimist Club, 13013 Weaver, P.O. Box 251, Coronado 92118. (619) 435-6389.

San Luis Obispo: San Luis Obispo Recreation Dept. Triathlon, 0.5 Mi. Swim, 15.3 Mi. Bike, 3.6 Mi. Run, Time 8 a.m.. John Rogers, San Luis Obispo Recr. Dept., P.O. Box 8100-FT, San Luis Obispo 93403. (805) 549-7305.

San Francisco: DSE Biathlon, 2.5 Mi. Run, 1/2 Mi. Swim, Dolphil Club (Jefferson & Hyde St.), 10 a.m. Jim Skophammer, 666 Orange St., Daly City 94014. (415) 994-5727.

August 1-5 (Mon.-Fri.)

Nevada City Area: California High Altitude Camp & Clinic, Grouse Ridge Wilderness Area, Limited to 45 participants (7800 feet). Nick Vogt, 1025 Grange Rd., Meadow Vista 95722. (916) 878-0697.

August 2 (Tuesday)

Oxnard: Oxnard Sports Festival Twilight 5K & 1 Mi. Fun-Run/Walk, Oxnard State Beach Park (2101 Mandalay

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Beach Rd.), 6:30 p.m./1 Mi., 7 p.m. Lorraine Mercado, Oxnard Parks & Recr. Dept., 325 So. A St., Oxnard 93030. (805) 984-4643.

August 3 (Wednesday)

South El Monte: San Gabriel River 12K Run, 6:30 p.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

August 4 (Thursday)

Agoura: Paramount Ranch Cross Country 2 & 3 Mi. Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley (818) 992-6219.

Valencia: College of the Canyons 5K Cross Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall 91321. (805) 944-2511.

El Toro: 3 Mile Cross Country Series, Sycamore Park, 6:30 p.m. Arthur Hernandez, 74362 Twig St., El Toro 92630. (714) 770-0444.

August 5 (Friday)

Orange: Orange County 12 & 24 Hour Relay (or solo), 1-10 person teams, Orange Canyon H.S., 6 p.m. (Date changed from July 1). Don Pycior, 17352 Grovemont, Santa Ana 92705. (714) 538-8338.

August 6 (Saturday)

Palo Alto: National Corporate 5K Team Championship, Stanford Univ., 2-5 Person Teams, Time TBA. BACAA, P.O. Box 898, Menlo Park 94025. (408) 446-9060.

Union City: Gladiola Festival 10K, Kennedy Community Center (133 Decoto Rd.), 9 a.m. Holly Community Center, 31600 Oliverto Niles Blvd., Union City 94597. (415) 471-6877.

Felton: Borland International Turbo 10K, Henry Cowell Redwoods State Park, 9 a.m. (Limit 1,000 runners), 9 a.m. Bill Convis, Borland International, 4585 Scotts Valley Dr., Scotts Valley 95066.

El Cerrito: Hillside Run, 4 Mi., Moeser & Pomona Aves., 10:30 a.m. Renee Kilpatrick, 7007 Moeser Ln., El Cerrito 94530. (415) 525-6748.

Squaw Valley: Squaw Valley USA Mountain Run, 3.6 Mi., 9:30 a.m. Holly Beatie Farr, Image Promotions, Ltd., P.O. Box 2575, Olympic Valley 95730. (916) 943-1890.

Bakersfield: Tatsuno/BTC 5 & 10K, Time TBA. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Lake Gregory: Lake Gregory 5 & 10K, San Moritz Lodge, 8 a.m. Race Central, P.O. Box 828, Rialto 92376. (714) 387-2594.

South El Monte: Legg Lake 099'ers 8K Run, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660.

Schedule

(213) 949-0394.

San Diego: Aerospace 10K & 1 Mi., Balboa Park, 7 a.m. Pam Nolty: 619/437-4667.

Escondido: C & C 5K and Relays, 7:30 a.m./5K, 8:30 a.m./Corporate Relay, 9 a.m./Youth Race. In Motion, 2204 Garnet Ave., #303, San Diego 92109. (619) 483-9501.

August 7 (Sunday)

Palo Alto: National Corporate 10K Team Championship, Stanford Univ., 2-5 Person Teams, Time TBA. BACAA, P.O. Box 898, Menlo Park 94025. (408) 446-9060.

Larkspur: Asher Clinic Couples Relay, 2 x 2 Mi., Larkspur Landing Shopping Center, 10 a.m. Asher Clinic, 1601-A Larkspur Landing Cir., Larkspur 94939. (415) 461-8233.

San Francisco: DSE Golden Gate Promenade 7.13 Mi., Dolphin Club (Jefferson and Hyde), 10 a.m. Jim Skophammer, 666 Orange St., Daly City 94014. (415) 994-5727.

Burlingame: Peninsula Alano Summer Run, 8K & 5K Walk, Coyote Point, 8 a.m. Runners Inn, 486 San Mateo Ave., San Bruno 94066. (415) 872-3805.

San Francisco: San Francisco Distance Classic, 13.1 Mi., Zoo & Great Highway, 8 a.m. Pamakid Runners, P.O. Box 27557, San Francisco 94127. (415) 681-RACE.

Hayward: Zucchini Festival 10K, Cal-State Hayward, 9 a.m. Eden Area YMCA, 951 Palisade St., Hayward 94542. (415) 582-9614.

San Leandro: Skyline 50K, Lake Chabot Marina, 7 a.m. Danny Plouvier, Golden Bay Runners, 461 Diehl Ave., San Leandro 94577. (415) 562-4629.

Pacific Grove: YWCA Women's Walk-Run, 5 & 10K and 5K Walk, Lover's Point, 9 a.m. Fabia Massaro, YWCA, 404 Camino El Estero, Monterey 93940. (408) 649-0834.

Tracy: California Dry Bean Festival 5 & 10K, Time TBA. California Dry Bean Festival, 803 Central Ave., Tracy 95376. (209) 836-5552.

North Lake Tahoe: Lake Tahoe Running Series 5 & 10K, Northstar-at-Tahoe, Time TBA. Northstar-at-Tahoe, P.O. Box 129, Truckee 95734. (916) 587-0280.

Los Angeles: Samurai Nisei Week 5K Run, Little Tokyo, 8 a.m. Samurai 5K Run, 120 E. Emerson Ave., Monterey Park 91754. (213) 623-1673, Wayne.

August 9 (Tuesday)

Bakersfield: BTC Handicap 5K, Alfred Harrel Hwy. (one-half mile east of Hart Park), 7 p.m. Steve Moehlman, Bakersfield T.C., P.O. Box 6154, Bakersfield 93386. (805) 326-3994.

August 11 (Thursday)

So. El Monte: Legg Lake 5K Evening Cougar Run, 6:30 p.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Agoura: Paramount Ranch Cross Country 2 & 3 Mile Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley. (818) 992-6219.

Valencia: College of the Canyons 5K Cross Country Series, 7 p.m. Gene Blankenship, P.O. Box 638, Newhall 91321. (805) 944-2511.

El Toro: 3 Mile Cross Country Series, Sycamore Park, 6:30 p.m. Arthur Hernandez, 74362 Twig St., El Toro 92630. (714) 770-0444.

August 13 (Saturday)

Ashbury Park, NJ: National TAC Masters 10K Championships, Time TBA. Phil Benson, Box 2287, Ocean Township, NJ. 07712. (201) 531-4156.

Petaluma: Stride for Life, 3 & 10K, Walnut Park (Petaluma Blvd., South and D St.), 8 a.m. R. Brown, Petaluma Valley Hospital Fndn., P.O. Box 5124, Petaluma 94953. (707) 778-7441.

Point Reyes: Pt. Reyes Half-Marathon, Five Brooks (between Olema & Bolinas), 0 a.m. Tri-Sports, 21 Live Oak, Berkeley 94705. (415) 540-7008.

Covelo: Blackberry Festival Footrace, 5 & 10K, Commercial & Howard Sts., 8

a.m. Covelo Community Library, Sharlene Holbrook, Box 491, Covelo 95428. (707) 983-6831.

Crater Lake, OR: Crater Lake Rim Runs, 6.7 & 13 Mi., Time TBA. Bob Freirich, 5830 Mack Ave., Klamath Falls, OR 97603. (503) 884-6939, eves.

Folsom: Tri-For-Fun Triathlon Series, 1K Swim, 20K Bike, 5K Run, Beals Point (Folsom Lake), 8 a.m. (600 Limit). Will Roxburgh, Fleet Feet, 8128 Madison Ave., Fair Oaks 95628. (916) 965-8326.

Bakersfield: Hart Park Fun Run, Distance TBA, 7 a.m. Bakersfield T.C., P.O. Box 6154, Bakersfield 93386.

Ventura: American Style Cross Country, 4 & 8K Arroyo Verde Park, 8:30 a.m. Inside Track, 1410 E. Main St., Ventura 93003. (805) 643-1104.

Huntington Beach: Distance Derby, 1.5, 3 & 10 Mi., Huntington Beach Pier, 7:30 a.m./10 Mi., 10:30 a.m. City of Huntington Beach, Community Services Dept., 2000 Main St., Huntington Beach 92648. (714) 536-5486.

San Diego: MADD Run for Fiscal Fitness, 10K & 2 Mi., Balboa Park, 7:30 a.m. Toni Deal (619) 272-8316.

August 14 (Sunday)

Brisbane: DSE "Where the Hell is Brisbane?" 5 Miler, Yacht Harbor, 10 a.m. Jim Skophammer, 666 Orange St., Daly City 94014. (415) 994-5727.

San Mateo: San Mateo County Fair Run, 5 & 10K, Bay Meadows Race track, 9 a.m. Tom Mays, The Sandol Co., 2000 Broadway, Redwood City 94061. (415) 369-4358.

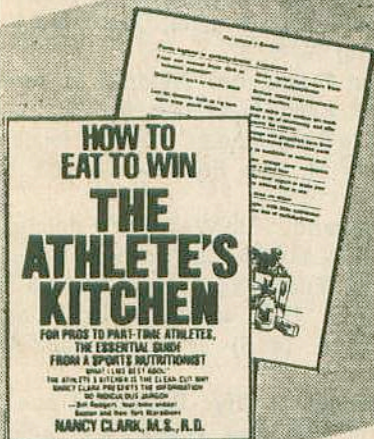
San Francisco: Hook & Ladder 10K Race, Golden Gate Park (Rainbow Falls & Kennedy Dr.), 9 a.m. Jim Gallagher, 1671 - 16th Ave., San Francisco 94122.

Alameda: Alameda Run for the Parks 10K (& 2 Mi. Walk), Southshore Shopping Center, 9 a.m. Alameda Recr. & Parks Dept., Rm. 201, Alameda, CA 94501 (415) 522-4100, Ext. 227.

Sunnyvale: Sunnyvale Classic 5 & 10K, Twin Creeks Softball Complex, 8 a.m. Dana Haynes, Sunnyvale Recr. & Parks, P.O. Box 3707, Sunnyvale

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Schedule

94087. (408) 730-7339.

Bodega: Bodega Big Event Footrace, 5 & 10K, 8:30 a.m. Wine Country Race Service, P.O. Box 237, Occidental 95465. (707) 874-2830.

Healdsburg: River of No Return Pentathlon, 500 Yd. Swim, 10 Mi. Canoe, 1/4 Mi. Portage, 9 Mi. Run, 20 Mi. Bike, 2-Person Teams, 8 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190, (707) 433-7247.

Quincy: Feather River Classic, 5K & 10 Mi., 1.2 Mi. Fun-Run/Walk, Pioneer Community Pool, Fairgrounds Rd., 8:30 a.m. Flora Washburn, Central Plumas Recr. District, P.O. Box 1551, Quincy 95971. (916) 283-3278.

McKinleyville: Hammond Bridge Half-Marathon, 2 Mi. & 13.1 Mi., McKinleyville High Track, 9 a.m. Buzz Webb: 707/839-3518.

Mt. Baden Powell: Mt. Baden Powell Loop Run, South Fork Campground, 25 Mi., 6 a.m. (very difficult 6000 foot climb in first 10 miles to 9400 ft.). Bob Kimmerly: 805/270-1378, eves.

August 16 (Tuesday)

San Diego: 3 Mile Run, Hospitality Point, 6 p.m. Tom Morrow, SDTC 619/563-7597.

August 17 (Wednesday)

San Francisco: Manufacturers Handover Corporate Challenge, 3.5 Mi., Time TBA (evening). Pamakid Runners, P.O. Box 27557, San Francisco 94127. (415) 681-2323.

August 18 (Thursday)

Agoura: Paramount Ranch Cross Country 2 & 3 Mile Grand Prix Series, 6:30 p.m./2 Mi., 7 p.m. Bill Duley (818) 992-6219.

South El Monte: Legg Lake 5K Evening Run, 6:30 p.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Valencia: College of the Canyons 5K Cross Country Series Final, 7 p.m. Gene Blankenship, P.O. Box 638, Ne-

whall 91321. (805) 944-2511.

El Toro: 3 Mile Cross Country Series Final, Sycamore Park, 6:30 p.m. Arthur Hernandez, 74362 Twig St., El Toro 92630. (714) 770-0444.

August 19 (Friday)

Palo Alto: Thank Goodness It's Friday 5 & 10K, Baylands Athletic Center, 6:30 p.m. Palo Alto Recreation, 1305 Middlefield Rd., Palo Alto 94301. (415) 329-2380.

August 20 (Saturday)

Manitou Springs, CO: Pikes Peak Ascent, 13.4 Mi. (7600 foot elev. gain), 7 a.m. Triple Crown of Running, P.O. Box 38235, Colorado Springs, CO. 80937.

Antioch: Goldman Triathlon, 3/4 Mi. Swim, 16 Mi. Bike, 6 Mi. Run, Contra Loma Regional Park, 8 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

San Francisco: Alcatraz Challenge Triathlon, 1.5 Mi. Swim, 1 Mi. Run, 20 Mi. Bike, 14.8 Mi. Run (Double Dipsea), Alcatraz Island (Rocky Beach), 7:30 a.m. Sally Bailey, 10 Camelford Ct., Moraga 94556. (415) 376-3468.

East Sacramento: Susan B. Anthony Women's 5K Run & 2 Mi. Walk, Glenn Hall Park, 7:45 a.m./Walk, 8 a.m. Barry Turner: 916/920-1095.

Pomona: Run for Jerry's Kids, 5 & 10K, Foothill Beverage Co., 8 a.m. Foothill Beverage Co., Attn: Steven Heath, 2800 So. Reservoir Rd., Pomona 91766. (714) 627-6131, or (818) 966-1745.

Los Angeles: Tetrack Trail Run, 8 Mi., Griffith Park, Riverside/Los Feliz entrance, 7:30 a.m. (Raceday Entry Only).

John Sporleder, 150 So. Glenoaks Blvd., #9171, Burbank 91510.

August 21 (Sunday)

Manitou Springs, CO: Pikes Peak Marathon, 26.3 Mi., 7 a.m. Triple Crown of Running, P.O. Box 38235, Colorado Springs, CO 80937.

San Francisco: DSE Windmill Run,

Schedule

6.5 Mi., Kennedy Dr. & Ocean Beech, 10 a.m. Jim Skophammer, 666 Orange St., Daly City 94014. (415) 994-5727.

San Francisco: Presidio 10 Mile, Presidio Parade Grounds, 9 a.m. The Guardsmen, 220 Sansome St., #590, San Francisco 94104. (415) 781-6785.

Redwood City: Redwood Shores Biathlon, 4 Mi. Run, 400m Swim, 350 Marine World Pkwy., 10 a.m. Wayne Robson, Big Brothers/Big Sisters, 944 Ralston Ave., Belmont 94002. (415) 592-2354.

Lafayette: Run the Rim, 7.3 Mi., or Wilderness Run, 4 Mi., Briones Regional Park (Bear Creek Rd.), 9 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Arcata Area: Freshwater Race, 2 Mi. & 10K, 2872 Freshwater Rd., 10 a.m. Ellsworth Pence (707) 445-9442.

Carson City, NV: Dirty Dusty Damn Hot 15K Relay, 3-Person loop, El Charro Restaurant, 10 a.m. Butch Cattanaich, Fleet Feet, 3771 So. Carson, Carson City, NV 89701. (702) 883-3361.

Bakersfield: Ultimate Fun Run, Distance TBA, Bakersfield College, 7 a.m. Bakersfield Track Club, P.O. Box 6154, Bakersfield 93386.

Goleta: McConnell's Endurance Events, 5 & 10K, Mile Swim, Biathlon (10K Run, Mile Swim), Kid's Mile, Goleta Beach, 8:30 a.m. Kevin Young, 119 Cooper Rd., Santa Barbara 93109. (805) 963-7524.

So. El Monte: Legg Lake 099'ers 5K Run, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

West Hollywood: West Hollywood/Tom Proctor 5 & 10K, West Hollywood Park (647 N. San Vicente), 8 a.m. City of West Hollywood, 8611 Santa Monica Blvd., West Hollywood 90069 (Curtis Brown: 213/854-7471, days).

San Diego: America's Finest City Half-Marathon, Cabrillo National Monument, 7 a.m. American Lung Ass'n., P.O. Box 3879, San Diego 92103. (619) 297-3901.

August 23 (Tuesday)

Bakersfield: Bakersfield Track Club Handicap 5K, Alfred Harrell Hwy (1/2 Mile east of Hart Park), 7 p.m. Steve Moehlman (805) 326-3994.

August 25 (Thursday)

South El Monte: Legg Lake 5K Turtle Run, 6:30 p.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

Agoura: Paramount Ranch Cross Country 2 & 3 Mile Grand Prix Series, 6:30 p.m./2 Mile, 7 p.m. Bill Duley (818) 992-6219.

August 26 (Friday)

Coronado: SWOS 10K, 8 a.m. (military personnel only). Sean O'Conner (619) 437-4556.

August 27 (Saturday)

Bishop: Mule Run Ultra 50K, 7 a.m. (200 runner limit). Bill Kissell, 1135 Calle Ortega, San Dimas 91773. (714) 599-4211, eves.

Los Gatos: Dammit Run, 7 Mi. +, Los Gatos High School (track), 8:30 a.m. Los Gatos A.A., P.O. Box 1328, Los Gatos 95031. (408) 354-5660.

Lodi: City of Lodi Triathlon, 1000 Yd. Swim, 5 Mi. Bike, 3.1 Mi. Run, Lodi Lake, 9 a.m. Lodi Triathlon, 801 So. Fairmont, Suite 5, Lodi 95240 (Dr. William Henshaw: (209) 334-2021).

Modesto: Modesto a la Carte Fun Runs, 2 & 5 Mi., Tuolumne River Regional Park, 7:30 a.m. Coyote Run Sports Shoes, 941 Tenth St., Modesto 95354. (209) 579-SHOE.

Norwalk: Norwalk 8K Challenge, Norwalk City Hall (12700 Norwalk Blvd.), 8 a.m. Tak Hamabata, City of Norwalk, 12700 Norwalk Blvd., Norwalk 90650. (213) 929-2677, x220.

South El Monte: Legg Lake Road Runners 8K, 8 a.m. Arthur Martinez, 9502 Reichling Lane, Pico Rivera 90660. (213) 949-0394.

August 28 (Sunday)

San Francisco: DSE Polo to Breakers 5.5 Mi. & Kid's 1 Mile, Polo Fields (Golden Gate Park), south side, 9:30 a.m./1 Mi., 10 a.m. Jim Skophammer, 666 Orange Avenue, Daly City 94014. (415) 994-5727.

San Francisco: Windmill to Windmill 10K, Kennedy & Great Highway (Golden Gate Park), 10 a.m. Walden House, 205 13th St., San Francisco 94103. (415) 554-1100.

Oakland: Run/Walk For Friends, 5 & 10K, Lake Merritt (Sailboat House), 9 a.m. Friends of Oakland Parks & Rec. Dept., 1520 Lakeside Dr., Oakland 94612. (415) 273-3494, 482-4855, eves.

Redwood City: Back-on-Track 5 & 10K, 2 Mi. Walk, Woodside High School (Woodside Rd. & Alameda), 8:30 a.m. Terri Teixeira, Sequoia YMCA, 1445 Hudson St., Redwood City 94061. (415) 368-4168.

Bodega Bay: Bodega Bay to Breakers 8K, Bodega Marine Lab, 9 a.m. Julie Shoffner, P.O. Box 247, Bodega Bay 94923. (707) 875-2211.

Santa Clara: AEA Electrun 10K & 1.5 Mi., Mission College, 9 a.m. RhodyCo Productions, 5141-A Geary Blvd., San Francisco 94118.

Ione: Comanche Lake Triathlon, 2K Swim, 50K Bike, 10K Run, Comanche Lake (North Shore), 8 a.m. CCT, 2310 J Street, Sacramento 95823. (916) 442-SWIM.

Merced: Merced Red Cross Watermelon Run, Distance TBA, Time TBA, Merced T.C. News, 221 E. 19th, Merced 95340.

Rio Dell: Wildwood Days Distance Runs, 2 & 8 Mi., Fireman's Park, 9:30 a.m./2 Mi., 10 a.m. Susan Sohrakoff (707) 725-4018, Wally Close (707) 764-3073.

Laguna Niguel: Beach Games/Marina Hills 8K Run, Marina Hills Dr. & Niguel Rd., 8 a.m. Marina Hills 8K, P.O. Box 795, Dana Point 92629. (714) 661-6062.

Schedule

August 31 (Wednesday)

San Jose: Union Bank Heart of the City 5K Run, 6:30 p.m. Union Bank, 99 Almaden Blvd., San Jose 95113. (408) 279-7746.

Looking Ahead Marathons, Relays & Important Deadlines, Major Events, etc.

Sept. 4 (Sun.): San Francisco: Hoy's Sports 10,000 Meter Classic (Women's PA/TAC 10K Championships), Golden Gate Park (Kennedy Dr. & Stow Lake Dr.), 9 a.m. Mike Fanelli, Hoy's Sports, 1632 Haight St., San Francisco 94117. (415) 861-4697.

Sept. 4 (Sund.): New York: National TAC Masters 20K. Jack Dowling, 25-47 Beech St., East Meadow, New York 11556. (516) 731-3452.

Sept. 9 (Fri.): Tahoe City: Pepsi of Reno Tahoe 72 Miler, 6 a.m. Toni Be-lausteguir, 75 Mt. Rose St., Reno, NV. 89509. (702) 747-2708.

Sept. 10 (Sat.): Santa Barbara: The Festival 30K (Nat'l TAC Championships), Leddbetter Beach, Time TBA. Chris Holmberg, 3836 Pemm Pl., Santa Barbara 93105. (805) 563-1008.

Sept. 11 (Sun.): Eugene, OR: National TAC Masters 25K. Marcia McChesney, 4965 W. Hillside Dr., Eugene, OR. 97405. (503) 344-8106.

Sept. 17 (Sat.): Squaw Valley: Pacific Crest Trail Ultra 50K, 25K, 12K, 2x25K Relay, 8 a.m. Team Challenge, P.O. Box 963, El Sobrante 94803. (415) 841-1190.

Sept. 24 (Sat.): Independence: Trans-Sierra Crossing 23 or 37.5 Mi., Onion Valley Trailhead, 7 a.m. Tri-Sports, 21 Live Oak, Berkeley 94705.

Sept. 24 (Sat.): Fresno: Clovis Invitational. Woodward Park, State Meet Course, Seeded Races, Custom Med-

als, Top Competition. Carlo Prandini (209) 299-7211.

Sept. 25 (Sun.): Portland, OR: Portland Marathon (& 5 Mi.), 8 a.m. Portland Marathon, P.O. Box 4040, Beaverton, OR 97076.

Sept. 25 (Sun.): San Francisco: Bridge to Bridge Run, 5K & 8 Mi., Ferry Bldg., 9 a.m. KNBR-68, Bridge to Bridge Run, 1700 Montgomery St., San Francisco 94111. (415) 951-7070.

Track & Field

July 6: Empire Runners Summer Track Series. Santa Rosa J.C., 6:30 p.m. Alec Isabeau, 4310 Lichau Rd., Penngrove, CA 94951. (707) 792-2325.

July 2-3: Southern California TAC. UCLA, Bob Seaman (213) 835-8177. Tentative.

July 7: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

July 14: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

July 15-23: U.S. Olympic Trials. Indianapolis, Indiana. James Perkins, Jr. (317) 636-1988.

July 20: Empire Runners Summer Track Series. Santa Rosa J.C., 6:30 p.m. Alec Isabeau, 4310 Lichau Rd., Penngrove, CA 94951. (707) 792-2325.

July 21: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

July 28: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

July 28-31: TAC Junior Olympics. Fainesville, Florida. Jose Rodriguez (904) 377-0134.

Aug. 3: Empire Runners Summer Track Series. Santa Rosa J.C., 6:30 p.m. Alec Isabeau, 4310 Lichau Rd., Penngrove, CA 94951. (707) 792-2325.

Aug. 4: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

Aug. 4-7: TAC Masters Championships. Orlando, Florida. Jose Rodriguez (904) 377-0134.

Aug. 6-7: National Corporate Championships. Stanford University. Hank Lawson (408) 446-9060.

Aug. 11: All-Comers Meet. 5:30 p.m., Los Gatos High School. Willie Har-matz, (408) 356-0453/354-5660.

Aug. 13: U.S. National Team Pre-Olympic Meet. Santa Barbara.

Aug. 20: U.S. National Team Pre-Olympic Meet. Irvine.

Aug. 27: U.S. National Team Pre-Olympic Meet. Sacramento.

Sept. 3: U.S. National Team Pre-Olympic Meet. Los Angeles.

Sept. 17-Oct. 2: XXIV Olympic Games. Seoul, Korea. (track dates: Sept. 23-Oct. 2).



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PA-TAC Notes

By JOHN MANSOOR

Listed here are the current standings for the Pacific Association Grand Prix. As you can see, the competition is keen in all divisions. Look for this type of action to continue in the upcoming Championships. Plan to be a part of it all!

Upcoming LDR Championships:

July 30 Gold Rush 50K All Divisions
 Sept 4 Hoy's 10K Open Women
 Sept 18 Buffalo Stampede 10 Mile All Divisions
 Oct. 1 Journal Jog 8K Open Men & Women
 Oct. 9 Silver State 15K All Divisions

Master Men After 3 Events:

1	Steve Ferraz	60
2	David Furst	37
3	Greg Brock	36
4	Sal Vasquez	28
5	Bill Sevald	27
6	Frank Ruona	25
7	Jon MacPherson	20
8	Jim Gibbons	18
8	Bob Lindsey	18
10	Doug Butt	13
10	George Mason	13
12	Mike Holbrook	11
12	David Rivera	11
14	Bill Dunn	10
14	Jerry Jobski	10
16	Bill Clark	9
17	Tom Wright	5
18	David Barry	4
18	Alan Stabridge	4
18	Dennis Tracy	4
21	Darryl Beardall	3
21	Joe Cavanaugh	3
21	James Hampton	3
24	James Maslach	2
25	Ramsay Thomas	1

Master Women After 3 Events:

1	Joyce Rankin	54
2	Nelly Wright	34
3	Hilary Naylor	28
4	Joan Colman	26
4	Gail Rodd	26
4	Heidi Skaden	26
7	Margie Timberlake	23
8	Joan Ulliot	22
9	Laurie Binder	20
10	Kay Willoughby	14
11	Juana Stavolone	13
12	Karen Lanterman	12
13	Laury Fisher	11
14	Vicki Bigelow	10
14	Karen Scannell	10

16	Barbara Zolldan	9
17	Ginny Olson	8
18	Marion Irvine	7
18	Eve Pell	7
20	Alice Rose	6
21	Mary Fox	4
22	June Lane	2
23	Sandra Clarke	1
23	Pam Deweerd	1
23	Anitra Seitamo	1

Open Men After 2 Events:

1	Domingo Tibaduiza	51
2	Miguel Tibaduiza	43
3	Alan Dehlinger	38
4	Kevin Ostenberg	35
4	Joe Rubio	35
6	Craig Steinmaus	34
7	Charles Alexander	31
8	Ivan Huff	30
9	Jeff Adkins	24
10	Thomas Wood	23
11	Jose Aispuro	22
12	David Frank	20
12	David Minter	20
12	Mark Patterson	20
15	Rob Anex	19
15	Mark Hoefler	19
17	Dan Stefanisko	18
18	John Barrett	17
18	Jon Klinkman	17
18	Lourival Sampaio	17
21	Tom Borschei	16
21	Jeff Shaver	16
23	Randy Accetta	15
24	Casey Reinking	14
24	Jeff Stein	14
26	Ray Cook	10
27	Robert Herndon	9
27	Craig Moore	9
29	Carl Stempel	6
30	Joe Green	5
31	Larry Guinee	4
31	Dean Rinde	4
33	Carmelo Rios	3
34	Steve Ferraz	1
34	Monty Schaler	1

Open Women After 1 Event:

1	Barbara Acosta	30
2	Terry Puckett	24
3	April Powers	23
4	Eileen Bickard	22
5	Peggy Smyth	21
6	Johanna Reneke	20
7	Alison Orofino	19
8	Pat English	18
9	Karen Scholte	17
10	Kathy D'Onofrio	16

11	Chris Iwahashi	15
12	Joyce Rankin	14
13	Sue Brusher	13
14	Hilary Naylor	12
15	Suzette Moore	11
16	Heike Skaden	10
17	Laura Schmitt	9
18	Susan Putney	8
19	Juana Stavolone	7
20	Nelly Wright	6
21	Patty Mogni	5
22	Bev Marx	4
23	Melanie Gilbertson	3
24	Margaret Lang	2
25	Susan Nehse	1

Senior Men After 3 Events:

1	Darryl Beardall	30
2	Russ Kiernan	16
3	Roger Bryan	6
4	Fred Mattos	5
5	John Finch	4
6	Mort Gray	2
6	Ken Noel	2
6	Everett Riggle	2
9	Joe Hancock	1
9	Peter Leal	1

Senior Women After 3 Events:

1	Heidi Skaden	26
2	Vicki Bigelow	10
3	Kay Willoughby	8
4	Marion Irvine	6
5	Sandra Clarke	4
5	Eve Pell	4
5	Alice Rose	4
6	Marty Maricle	3
9	Kit Pickles	2
10	Margaret Ghatge	1

Super Senior Men After 3 Events:

1	Boyce Jacques	1
1	Joe King	1
1	Roy Stewart	1

Super Senior Women After 3 Events:

1	Kit Pickles	2
2	Jaclyn Casselli	1

Master Men's Team After 3 Events:

1	West Valley J&S	6
2	West Valley T.C.	5
2	Excelsior	5
4	Pacific Flyers	2

Master Women's Team After 3 Events:

1	West Valley T.C.	6
2	Pacific Flyers	5
3	Impalas	4
4	Tamalpa	2

Open Men's Team After 2 Events:

1	Reebok Aggies	5
2	Reebok Racing	4
3	Pacific Flyers	3

Open Women's Team After 1 Event:

1	Ryan's Racing Team	3
2	Reebok Aggies	2
3	Tamalpa	1

Senior Men's Team After 3 Events:

1	Tamalpa	3
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Senior Women's Team After 3 Events:

1	Tamalpa	1
1	Nor Cal Seniors	1



1988 REEBOK California HIGH SCHOOL STATE MEET

June 3, 4. Cerritos.

Boy's Results

By DOUG SPECK

100 Meters:

About half way through Saturday evening's State Finals things were becoming very interesting. A number of team championship form sheets had been tossed in the trash, with California's outstanding 1988 group of male sprinters in this event having a lot to do with who would pick up the big team trophy at the end of the night. Brian Bridgewater (Washington, LA), Benari Burroughs (Independence, San Jose), Curtis Conway (Hawthorne), Jeff Laynes (Oakland), and Tony Miller (Riordan, San Francisco) could all rightfully claim spots among the top dozen speedsters in the nation based upon last year's performances and their races thus far this spring. Interestingly, in this event, none of them would be the winner! Brian Bridgewater was proving to be the best LA Section sprinter, cranking 10.28w and 20.53 Section Semi bests, then comfortably handling Quincy Watts (Taft, Woodland Hills), felt to be the nation's top sprinter entering the season, over 200m at 20.89-21.14 in the LA Finals. Watts, with 10.30 and 20.50 1987 sprint bests, decided on a 200-400 double after a mid-season hamstring strain, thus giving up the chance to be the first ever Golden State sprinter to win three straight 100 yard or 100 meter championships in this meet. Bur-

roughs buoyed the team hopes of Coach Stan Dowell's Independence crew with a 10.42-21.10 Section sprint double, with Conway and Laynes never more than an arm's length behind the winner in big races this season. The Qualifying formula to move on to the Finals this year would be that the Heat Winners would automatically move on, and then the next qualifiers to fill out the nine finalists would come based to-

Photo by Jim Engle



DARREN STRINGER

tally upon times. The heat leader needed to win to be assured a spot into the finals and everyone else had to run hard. There was not much easy cruising in qualifying in this Meet. On Friday Bridgewater handily took Burroughs in Heat 1, running into a 2.13 meter per second headwind, 10.71-10.90, with Barry Smith (Mission, San Francisco) finally emerging after a 1987 summer of fine running, in which he had 10.84-21.22 sprint bests, to take Heat 2 in 10.84 (wind -2.69 mps). Darren Stringer (Vacaville) looked strong in Heat 3, racing 10.76 (wind -2.40) over Tony Miller (10.91), who limped

immediately after the race ended. Laynes looked very good in handling Conway 10.67-10.76 (-1.30 mps) in Heat 4.

At 6:55 p.m. on Saturday the finalists lined up. All eyes were basically on the outside half of the track, where Laynes was in Lane 5, Bridgewater 6, Conway 7, and Burroughs in 8. After the group was set in their blocks they were called up as the recall starter removed a wrist watch that Barry Smith had worn to the line.

With the wind turning out to be -2.37 mps in their faces the group was off cleanly the next time. No one in the field is noted as a spectacular starter, and all were within a half meter in the first ten. While everyone kept waiting for one of those on the outer half of the track to explode to victory, over in Lane 4 Darren Stringer of Vacaville suddenly had gained close to a full meter at the 75 meter mark and gave up none of that margin on into the tape, winning at 10.78. Conway held off the outside half of the track group with a 10.85 for 2nd, with Smith 3rd at 10.86. Stringer had put together a fine season thus far, with wins in Northern Meets, but was fifth in his venture south at Arcadia, where his 10.69 had him only .08 out of first. Noted as one of the best running backs in the country in football, the circumstances here with the tough Prelim racing on Friday and emotions surrounding these events were probably like the middle of the fourth quarter in a tough game with that twenty-fifth carry of the ball. Conway, who will be one of the nation's elite prep quarterbacks next fall, is used to the same tough type of circumstances. One could have won a lot of money in the stands picking Stringer in the finals.

Finals

1 Darren Stringer (Vacaville)	10.78
2 Curtis Conway (Hawthorne)	10.85
3 Barry Smith (Mission)	10.86
4 Jeff Laynes (Oakland)	10.86

5 Bryan Bridgewater (Wash)	10.90
6 Tony Miller (Riordan)	10.99
7 Donovan Burks (Washing)	11.01
8 Kiyoshi Moody (Castle Prk)	11.02
9 Benari Burroughs (Indep)	11.14

Heat #1: (Wind -2.13) 1. Bryan Bridgewater (Washington, LA) 10.71, 2. Benari Burroughs (Independence) 10.90, 3. Aaron Turner (Pittsburg) 11.02, 4. Ed Stewart (Oroville) 11.16, 5. David Nottoli (Paraclete) 11.17, 6. Jim Kegler (San Diego) 11.20. **Heat #2 (Wind -2.69)** 1. Barry Smith (Mission) 10.84, 2. Andre Green (Long Bch Poly) 11.00, 3. Dwayne Owens (Foothill) 11.13, 4. Ron Martin (Chatsworth) 11.16, 5. Leslie Haymon (Edison) 11.19, 6. John Toro (So. Pasadena) 11.36. **Heat #3 (Wind -2.40)** 1. Darren Stringer (Vacaville) 10.76, 2. Tony Miller (Riordan) 10.91, 3. Kiyoshi Moody (Castle Park) 10.95, 4. Daniel Dinkins (Carson) 11.11, 5. Rondo Smith (Ramona) 11.17, 6. Derrick Loftis (Hanford) 11.26, 7. Tim Green (Acalanes) 11.27. **Heat #4 (Wind -1.30)** 1. Jeff Laynes (Oakland) 10.67, 2. Curtis Conway (Hawthorne) 10.76, 3. Donovan Burks (Washington) 10.96, 4. Ron Harris (Valley Christian) 11.03, 5. James Robinson (Clear Lake) 11.04, 6. Michael Lewis (Tracy) 11.12, 7. Glen Reyes (Orange Glen) 11.13.

200 Meters:

There was a dual interest in this race. This was another match-up of Brian Bridgewater (Washington, LA) and Quincy Watts (Taft, Woodland Hills) and the continuing team struggle of Hawthorne, Oakland, and others went on. Watts had scratched the 100 in LA City competition after a mid-season hamstring strain, and concentrated on the 200-400 double. In the City Semi's Quincy had doubled in 20.67 and 46.67 and it was assumed he was back in fine style. Meanwhile, Brian Bridgewater was rolling, clocking 10.28w and 20.53 (#7 All-Time U.S. Prep) in that same Meet. Their showdown in the LA City Finals at 200 was a classic, with Bridgewater's moderate physical stature allowing him to blast the

CIF STATE MEET

turn and gain a two meter margin that Watts could not dent on the home stretch in a 20.89-21.14 race. Watts Scratched out of the 400 here, and many stated it was with the intention of gaining revenge over Bridgewater over 200m. The main actors from the 100 would also be in attendance here.

Benari Burroughs (Independence) 21.39 (wind +1.16 mps), Watts 21.00 (+0.53), Bridgewater 20.90 (+0.11), and Curtis Conway (Hawthorne) 21.36 (+0.31 mps) were heat winners.

There was more anticipation in the stands for this race than any other this weekend. In the Finals Burroughs was in Lane 3, Conway in 4, Bridgewater 5, and Watts in 6. The rap on Watts is that he does not really run the turn hard enough, but he showed a decided change in philosophy from the gun here, blasting out of the blocks and having two feet on Bridgewater as the duo passed the 100 meter starting line (in 10.8).

Over the next 50 meters Brian eased past Watts, but never had his lead stretch past a foot as the Washington star stretched his string of victories in the event over Quincy to two at 21.00-21.02 (wind -1.91 mps). Watts indicated that his hamstring did bother him a bit this weekend, and it is obvious that thus far this season he has not really regained that totally explosive gear that sent him past opponents at the end of his races in 1987.

Finals)

1 Bryan Bridgewater (Washi)	21.00
2 Quincy Watts (Taft)	21.02
3 Curtis Conway (Hawthorne)	21.30
4 Darren Stringer (Vacaville)	21.47
5 Barry Smith (Mission)	21.59
6 Benari Burroughs (Indepen)	21.60
7 Jeff Laynes (Oakland)	21.69
8 Russell White (Crespi)	22.11

Heat #1: 1. Benari Burroughs (Independence) 21.39, 2. Russell White (Crespi) 21.52, 3. Darrel King (Ygnacio Valley) 21.73, 4. Ron Martin (Chatsworth) 21.89, 5. Marvin Kenion (St. Patrick's) 22.02, 6. Jim Kesler (San Diego) 22.04, 7. Erik Mitchell (Mayfair) 22.70. **Heat #2:** 1. Quincy Watts (Taft) 21.00, 2. Barry Smith (Mission) 21.36, 3. Michael Lewis (Tracy) 21.73, 4. Derrick Baker (Cerritos) 21.80, 5. Fred Lee (Big Valley) 22.06, 6. Tim Green (Acalanes) 22.39. **Heat #3:** 1. Bryan Bridgewater (Washington) 20.90, 2. Darren Stringer (Vacaville) 21.48, 3. Bonzell Jenkins (Silver Creek) 21.93, 4. Marvin Samuels (Livermore) 22.02, 5. Andre Green (Long Bch Poly) 22.07. **Heat #4:** 1. Curtis Conway (Hawthorne) 21.32, 2.

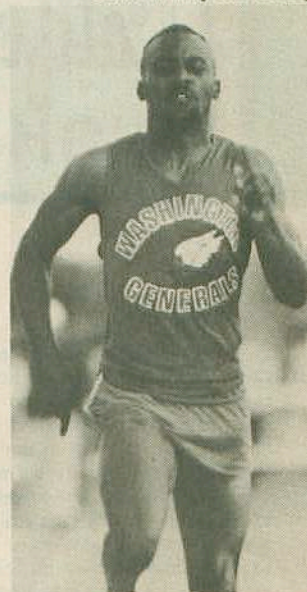
Jeff Laynes (Oakland) 21.53, 3. Frank Jones (Hoover) 21.65, 4. Aaron Turner (Pittsburg) 21.75, 5. Ron Harris (Valley Christian) 21.76, 6. Bobby Nelson (Mira Mesa) 22.11.

400 Meters:

Quincy Watts (Taft, Woodland Hills) had raced the easiest ever looking prep 47.38 in winning the LA City affair while conserving his energy for a showdown later in the Meet with Bryan Bridgewater over 200m. Unfortunately, he scratched from the 400m event here, leaving the race pretty much in the hands of Hawthorne's Travis Hannah, who had seemed to recover pretty completely from a Penn Relays hamstring pull to win the Southern Section affair at 47.06. Others who threatened were Ferric Webster (Morningside, Inglewood) (47.41), San Diego Section Champion Michael Stevenson (Morse) (47.22), and Central Section winner Frank Jones (Hoover, Fresno) (47.87). Webster had come from out of nowhere to put together a fine string of Section races, with Stevenson particularly impressive, running with a relaxed and powerful stride at top speed.

Hannah cruised to an eight meter win in Heat 1 at 47.82, Webster looked good in a 47.58 Heat 3 run, with Jones edging Stevenson in the last heat at 47.28-47.56. Stevenson had stated that he felt he could have given Hannah a better run at Arcadia, where Travis handled him 46.84-47.23, if he had been able to key off the Hawthorne runner, who had a lane inside of him there. Here, Webster was in Lane 4, Jones in 5, Stevenson in 6, and Travis in 7 (Mike had his wish). Hannah exhibits a confidence unknown in High School one-lappers, with his career full of situations seemingly impossible to recover from, yet each time the latest of Coach Kye Courtney's supers has blazed a finishing sprint that leaves viewers simply amazed. His most amazing 1988 effort had been on the anchor at Arcadia against South Oak Cliff High of Dallas, where he started 8 meters down, let the lead stretch to 12 meters by 200m (passed by Travis in 22.5), then proceeded to blast the final 100m in a gear that no other prep has to finish in 45.5 and win the race for his team by 5 meters. There was no one in this field in Travis's League. In the

Fine Flicks by Don Gosney



BRYAN BRIDGEWATER
200

Finals Travis was simply a part of the pack through 200m, with the Hawthorne athlete passing that point in a leisurely 23.5. It was during the third 100m segment that he decided to go to work, racing 11.5 (that's 46.0 pace) to move right to the front of the pack (35.0 at 300m), then finish in 12.2 down the stretch at 47.20 comfortably ahead of the field. Stevenson, who looked as if he could run much faster during efforts earlier in the year closed right at the end for second (47.54) over Webster (47.65).

Finals

1 Travis Hannah (Hawthorne)	47.20
2 Michael Stevenson (Morse)	47.54
3 Ferric Webster (Morningside)	47.65
4 Frank Jones (Hoover)	47.99
5 Beng Bryant (Dorsey)	48.03
6 Brian Flewellen (Riordan)	48.48
7 Dingan Newson (Albany)	48.61
8 Tony Borguez (Alemany)	48.91
9 Simon Jones (Washington)	49.49

Heat #1: 1. Travis Hannah (Hawthorne) 47.82, 2. Kevin Pratt (Crenshaw) 48.68, 3. Scott Bryan (Placer) 49.45, 4. Steve Reed (Santa Fe Springs) 49.89, 5. Anngelo Sablo (James Logan) 49.93, 6. Aarne Kela (Reedley) 51.61. **Heat #2:** 1. Tony Borguez (Alemany) 49.20, 2. Dan Earls (Acalanes) 49.39, 3. James Williams (Hogan) 49.84, 4. Jerry Walker (La Jolla) 50.03, 5. Jim Galba (Anderson) 50.19. **Heat #3:** 1. Ferric Webster (Morningside) 47.58, 2. Beng Bryant (Dorsey) 48.06, 3. Brian Flewellen (Riordan) 48.38, 4. Chris Pride (Grant) 49.00, 5. Ken Lavergne (Madison) 49.51, 6. Andy Sample (Antioch) 49.84, 7. Jason Wilbourn (Redwood) 51.37.

Fine Flicks by Don Gosney



TRAVIS HANNAH--400

Fine Flicks by Don Gosney



MARK SENIOR --800

800 Meters:

This was really an exciting event, with a number of people from all over the state

running between 1:51.7 and 1:53.5 as the qualifications moved towards the State Meet. Joe Amendt (Lick, San Jose) had come south to beat everyone at Arcadia, Gordon Johnson (Piedmont) looked super in winning at Mt. SAC, Mark Senior (Mt. Miguel, Spring Valley) had shocked with a 1:53.09 in the morning open meet at Arcadia (and went on to a 1:51.77 San Diego Section win), and Scott Smoot (Vacaville) had surprised with 1:51.9 along the way. There were others close for back-up. It was going to be a fun one to watch!

With the winners only and next best times onto the finals, people came to run in the Heats. Sub-1:52.0 runners Scott Smoot (Vacaville) and Mark Senior (Mt. Miguel) met in Heat 1. Senior led through 400m at 54.2, Smoot at 600m in 1:23.4, with Mark battling by with 50 meters to go to win 1:52.30-1:52.97. Derrick Miller (Johnson, Sacramento) ran a hard third 200m through a 1:23.8 600m in Heat 2, with Eric Smith (Redlands) just edging by at the tape 1:52.76-1:52.77. Heat 3 had only winner Luis Luna (Vacaville) qualify, as his 28.8 final 200m won at 1:54.48. Joe Amendt (Lick) led through 54.8 (400m)-1:23.8 (600m) splits, then uncorked a 13.8 final 100m to win heat 4 at 1:52.66 over Gordon Johnson (Piedmont) (1:52.74).

Nine sub 1:53.5 800m runners toed the line for the Finals on Saturday. The racers were called off the line once as Gordon Johnson had the finer points of one turn starting lines re-explained to him. Darius Frelix (Washington, LA) was running for important team points, and when the race did get off he did not lose anyone through 25.0 and 52.9 first lap splits. At 600m (1:21.6) Darius was joined right at the front by Johnson, Eric Smith, and Mark Senior. Through 700m (1:36.7) it seemed Frelix, Johnson, or Smith would be the winner, with Senior insistent on a spot on the pole behind that trio. Amazingly, down the homestretch the powerful San Diegan decided on a straight line to pass that trio ahead of him, tightroping down the inner edge of Lane 1 while passing all those ahead of him on the inside to emerge victorious in 1:51.37 to 1:51.69 (Johnson) and 1:51.96 (Frelix). It was a very exciting race by a fine field that kind of had you thinking an extraordinary twist would take it for the eventual victor.

Finals

- 1 Mark Senior (Mt. Miguel) 1:51.37
- 2 Gordon Johnson (Piedmt) 1:51.69
- 3 Darius Frelix (Washington) 1:51.96
- 4 Joe Amendt (James Lick) 1:52.35
- 5 Eric Smith (Redlands) 1:53.13
- 6 Derrick Miller (Hiram Johns) 1:53.55
- 7 Scott Smoot (Vacaville) 1:54.85
- 8 Morgan Bateman (CresVly) 1:55.09
- 9 Luis Luna (Vacaville) 1:55.70

Heat #1: 1. Mark Senior (Mt. Miguel) 1:52.30, 2. Scott Smoot (Vacaville) 1:52.97, 3. Craig Magness (Santa Teresa) 1:53.56, 4. Robert Mata (Roosevelt) 1:54.59, 5. Troy Collins (Hemet) 1:55.80, 6. Jeff Sorkness (Santa Rosa) 1:56.83, 7. Steve Dirkse (So. Bakersfield) 2:04.57.

Heat #2: 1. Eric Smith (Redlands) 1:52.76, 2. Derrick Miller (Hiram Johnson) 1:52.77, 3. Darius Frelix (Washington) 1:53.34, 4. Herman Vera (St. Francis) 1:54.04, 5. Keith Guillory (McLane) 1:54.70, 6. Wesley Dawan (Oakland) 2:00.23. **Heat #3:** 1. Luis Luna (Vacaville) 1:54.48, 2. George Cabral (Belmont) 1:54.76, 3. Edgar Montes (Nogales) 1:54.77, 4. John Carrow (Esperanza) 1:54.79, 5. Phil Smith (Patrick Henry) 1:55.94, 6. Leon Rountree (Bishop O'Dowd) 1:57.12, 7. Vanos Paulos (Roosevelt) 2:00.46. **Heat #4:** 1. Joe Amendt (James Lick) 1:52.66, 2. Gordon Johnson (Piedmont) 1:52.74, 3. Morgan Bateman (Crescenta Valley) 1:53.40, 4. Jorge Rodriguez (Fallbrook) 1:56.26, 5. S. Garrett (Reseda) 1:57.66, 6. Garry Martin (Oroville) 1:58.09, 7. Michael Smith (Galileo) 2:03.01.

1600 Meters:

The 1600 Meters was an event that gained some momentum as the season went along, with six statewide under 4:12.0 entering this Meet, and a number of other around 4:15 with the potential to go much lower. The real tragedy of the season was the academic ineligibility of Ian Alsen (Granada Hills), who had looked so super in handling the Western U.S.'s best in a big Arcadia double at 4:09.67 (1600m with 58.2 final 400m) and 8:59.54 (3200m 28.5 final 200m). Interest seemed to center around the Southern Section stars against improving Reggie Williams (River City, West Sacramento), who had improved to 4:10.40 and 8:59.7, and had some very impressive doubles. Reggie had actually come closest of any Californian to Alsen at Arcadia, pushing him in the 3200 while recording a 9:00.66 there for second.

Jim Geerlings (Newport Harbor) had won the Southern Section Finals at 4:09.54 over Joe Devine (Saugus) 4:10.40, Jim Robbins (Coroona del Mar) 4:10.74, soph Coley Candaele (Carpinteria) 4:11.53, and Brian

Ochs (Mission College Prep, San Luis Obispo) 4:12.63. Candaele was particularly interesting, as he was the Quarterback on a Section Finals Small School Football power, and possesses 49.5 relay one lap speed. He is as talented as anyone ever seen in the greater Southern California area.

The South made its dominance known in Heat 1 on Friday, as Steve Zirkelbach (Concord) joined Geerlings to lead through 1200m at 3:12.0 before Candaele led the Southern Section charge, winning in 4:11.91 (Geerlings 2nd at 4:12.97 with Robbins 3rd at 4:14.18). Off the quick tempo six from this first heat made the Finals. Heat 2 lost its pace setter



Fine Flicks by Don Gomey

**REGGIE WILLIAMS
1600 & 3200**

when Joe Devine false started out of the race. The troops here lollied through Brian Ochs' 64.2-2:10.4-3:15.0 splits before getting serious. Reggie Williams won at 4:15.48, with only two others moving on from this race.

Williams was obviously very serious about a 1600-3200 double, with the

1600 at 6:20 p.m. and the 3200 at 7:50 p.m. on Saturday. He would prove more than able to the task for the first half of the evening. Talented San Pasqual (Escondido) junior Frances O'Neill handled the pacing chores the first lap and a half (30.1 200m-61.1 400m-1:32.9 600m) with Williams right on his shoulder. At 750 meters Reggie took the lead and the pace slipped to its slowest half lap thus far, 32.8 for a 2:05.7 at 800m. It was during the third lap that Williams made it tough on people, racing 200 number 5 in 31.6 (2:37.3 1000m) and pulling 5 meters away from Candaele who led everyone else by 5 meters. By the 1200m gun at 3:08.8 (last 200 in 31.5 and 3rd lap in 63.1) the Sac Joaquin Section star had 12 meters on the field, and he moved away to a 15 meter lead by 1400m with a 30.4 half lap. Reggie passed the 1500m at 3:54.4 with a 2.2 second lead and sailed on in an easy winner at 4:08.78 (the #2 time nationally this year). Back two and one half seconds Geerlings edged Candaele for 2nd 4:11.28-4:11.57. It did not appear that Reggie purposefully held anything back for the 3200.

Finals

- 1 Reggie Williams (River City) 4:08.78
- 2 Jim Geerlings (NewHarbor) 4:11.28
- 3 Coley Candaele (Carpinta) 4:11.57
- 4 Francis O'Neill (San Pasq) 4:13.83
- 5 Steve Zirkelbach (Concord) 4:14.31
- 6 Dennis Hernandez (MisSJ) 4:17.04
- 7 Louis Rivera (Tokay) 4:20.27
- 8 Jim Robbins (Cor del Mar) 4:23.17
- 9 Eric Bellamy (Moreau) 4:29.47

Heat #1: 1. Coley Candaele (Carpinteria) 4:11.91, 2. Jim Geerlings (Newport Harbor) 4:12.97, 3. Jim Robbins (Corona del Mar) 4:14.18, 4. Steve Zirkelbach (Concord) 4:14.49, 5. Eric Bellamy (Moreau) 4:15.40, 6. Louis Rivera (Tokay) 4:17.89, 7. Max Guardiola (Tulare) 4:21.11, 8. Quiche Rubalcava (Bellarmine) 4:24.26, 9. Jose Vasquez (Hanford) 4:24.84, 10. Natividad Gacna (Belmont) 4:25.42, 11. Matt Ringer (Homestead) 4:30.38, 12. Danny Jordan (Venice) 4:34.71. **Heat #2:** 1. Reggie Williams (River City) 4:15.48, 2. Dennis Hernandez (Mission San Jose) 4:16.43, 3. Francis O'Neill (San Pasqual) 4:17.66, 4. Brian Ochs (Mission Prep) 4:18.71, 5. Dino Oliviera (Sonora) 4:18.79, 6. Clay Biddle (Mt. Carmel) 4:20.89, 7. Eric Axtell (St. Francis) 4:21.20, 8. Joel Scheiger (Granada Hills) 4:26.55, 9. Abelardo De Luna (South Gate) 4:27.58, 10. Alvaro Luna (Corning) 4:27.71, 11. Greg Crosley (Monte Vista) 4:28.33, 12. Bobby Rodriguez (McLane) N.T., 13. Manuel Perez (Oakland) N.T.

CIF STATE MEET

3200 Meters:

The 3200 would be the same situation as the 1600, with Reggie Williams matched up against the Southern Section's best, where Scott Hempel (Walnut) 9:01.56, David Scudamore (Palos Verdes) 9:02.38, Eddie Lavelle (Corona del Mar) 9:02.90, Jose Rodriguez (Santa Ana Valley) 9:03.06, and Shannon Winkelman (Marina, Huntington Beach) 9:03.57 all had strong big meet credentials. Hempel, Winkelman, and Scudamore had been within six seconds of a fresh Williams at Arcadia, so it was not going to be an easy double attempt for Reggie.

After a 2:14.3 split at 800m in the Finals Scudamore handled the pace setting for the next lap and a half, crossing the 1200m point at 3:24.8. Williams took the lead at three and a half laps and controlled it through the mile at 4:32.7 (67.9 fourth lap). Continuing to up the ante through lap number five, Reggie added 32.7 and 33.8 half lap segments (66.5-5:39.1 2000m point) that only Hempel, Winkelman, and Scudamore could stay with. Only Hempel and Scudamore were still with the West Sacramentan through a 70.9 lap (6:50.0 at 6 laps), with Williams two meters up on Hempel at the start of the final go-round at 7:58.1. Hempel remained close, but it was over the final half lap (which he covered in 29.4) that Reggie really sensed home and pulled away to a 2.2 second victory at 8:59.61-9:01.84. Reggie thus joins California prep legends Rich Kembell (DeLaSalle, Concord-1974) and Roman Gomez (Belmont, LA 1984-1985) who pulled off the Mile-Two Mile or 1600m-3200m double. We are inclined to doubt that Reggie has taken running as seriously as either of those two had up to this stage in his life, as his involvement with other sports during his prep career (basketball, etc) has left him with a lot of background to gain and improvement possibilities in college.

Finals

1 Reggie Williams (River City)	8:59.61
2 Scott Hempel (Walnut)	9:01.84
3 Jimmy Rodriguez (San AVI)	9:10.10
4 Shannon Winkelman (Mar)	9:11.87
5 David Scudamore (Pal Ver)	9:11.88
6 Ed Lavelle (Corona del Mar)	9:12.53
7 Jason Salber (Unive City)	9:13.74
8 Goshu Tadese (Crawford)	9:18.59
9 Steve Zirkelbach (Concord)	9:18.77

10 Hector Ortiz (Grestimba)	9:19.68
11 Kevin Holbrook (Vacaville)	9:21.01
12 Richard Nunez (Golden Wt)	9:23.13
13 Robert Mata (Roosevelt)	9:23.91
14 Craig Lawson (Gran Hills)	9:27.18
15 Juan Romero (Arvin)	9:28.88
16 Rob Scott (San Ramon)	9:29.10
17 Matt Johanson (Castro ey)	9:29.49
18 Brian Schilling (Palo Alto)	9:30.79

110 Meter High Hurdles:

This was an event where some solid stars fell by the wayside near the end of the season. The nation's number two returnee in the event and 1987 State runner-up, Ron Copeland (Dorsey, LA) had recorded a 13.95 in finishing second to the 13.70 National Leader of Michael Bates (Amphitheater, Tucson, Arizona) in the Arcadia Meet. Unfortunately, Ron suffered a fatigue fracture of the lower leg and had to bow out during LA City competition. John Montgomery (Independence, San Jose) had run 13.8 late this season, but false started out of his Section Meet. In that duo, junior William Henry (Arroyo Grande), who had taken the Southern Section 2A title at 14.11 became a favorite on the stopwatch.

Henry had the quickest qualifying time on Friday, a 14.29 (wind +0.43 mps) in his Heat 2 win. Diatori Gildersleeve (Grant, Sacramento) was a narrow Heat 3 victor, with both he and Chris Gordon (Jefferson, Daly City) recording 14.38 (+1.52 mps) clockings. Zack Urbe (Capuchino, San Bruno) took Bryan Addison (Chatsworth) 14.34-14.44 (+1.51 mps) in Heat 4. The finals were interesting, with a quizzical twist attached to the winner's race. This was really a pretty evenly matched field, and so for half of the Saturday evening's finals run no one was dominant. However, halfway through the event, Darrel Thompson (Cerritos), who had drawn Lane 1, made a big move over two hurdles that had him edge ahead by a meter, a margin he held until the tape. Immediately after the finish the red flag went up in Lane 1. One guess was that Thompson, probably never drawing the pole lane as one of Southern California's top hurdlers, had dragged a leg around instead of over the hurdle. The official result sheet even had Zack Urbe listed 1st (then scribbled out and the #2 writ-

ten alongside) at 14.33 and William Henry 2nd (scribbled out and the #3 written alongside his place) at 14.33. Thompson's spot on the sheet had a message scribbled out and the number 1 at 14.25 was put above the space in the position for space and mark. It is assumed he was originally disqualified and then reinstated as the winner.

Finals

1 Darrell Thompson (Cerritos)	14.25
2 Zack Urbe (Capuchino)	14.33
3 William Henry (Arroyo Gra)	14.33
4 Diatori Gildersleeve (Grant)	14.35
5 John Prudenti (Siena)	14.49
6 Chris Gordon (Jefferson)	14.61
7 Bryan Addison (Chatsworth)	14.63
8 Sylvester Barron (Crensh)	14.64
9 Eric Keiting (Crespi)	14.76

Heat #1: 1. Eric Keiting (Crespi) 14.46, 2. Darrell Thompson (Cerritos) 14.52, 3. Eddie Carbin (Washington) 14.62, 4. Harley North (Gridley) 14.83, 5. Aaron Lacy (Gardena) 14.85, 6. Andrew Moreno (Castle Park) 15.17, 7. Martin Greer (Silver Creek) 15.18. Heat #2: 1. William Henry (Arroyo Grande) 14.29, 2. Sylvester Barron (Crenshaw) 14.46, 3. John Prudenti (Siena) 14.51, 4. Dennis Reading (Fortuna) 14.63, 5. Marcus MacFarland (Castlemont) 14.64, 6. Jim Farmer (Clovis West) 14.82, 7. Steve Uriell (Mt. Miguel) 15.37. Heat #3: 1. Diatori Gildersleeve (Grant) 14.38, 2. Chris Gordon (Jefferson) 14.38, 3. Marc Kallick (Marina) 14.57, 4. Zuri Hector (Washington) 14.92, 5. Aaron Campbell (Garfield) 14.93, 6. Mike Pollard (Clovis West) 15.27, 7. Matthew Wachowicz (DeLaSalle) 15.37. Heat #4: 1. Zack Urbe (Capuchino) 14.34, 2. Bryan Addison (Chatsworth) 14.44, 3. George Lynch (Mater Dei) 14.61, 4. Dave Burton (Mt. Carmel) 14.74, 5. Mitch Ingram (Modesto) 14.76, 6. Rex Speer (Terra Linda) 15.18, 7. Derrick Edmond (Roosevelt) 15.41.

300 Meter Intermediate Hurdles:

John Montgomery (Independence, San Jose) had been a little upset after his false start disqualification in his Section Meet and run 36.60 in the Central Coast Finals, so he was the overwhelming favorite (he was fourth last year at State and the nation's #3 returnee at 37.38). It turned out that he would have to run, however.

Montgomery (37.67), John Barry (Ygnacio Valley) 37.72, Kevin Jones (Mt. Miguel, Spring Valley) 36.99, and Kevin Dallas (Pasadena) 37.71 were Heat winners. Jones, who had run a then State-leading 37.88 in the

Arcadia Morning Open Meet and won the San Diego Section looked especially good in his run.

Montgomery really knows this event. Running tall and powerful, he exhibits a very disciplined step pattern that should take him on through the full lap event in college in fine style. Stepping down at 6.2-4.0-3.9-4.1-(23.8 at 200m) through the first half lap John entered the straighta-



Fine Flicks by Don Gomey

DARRELL THOMPSON 110 HH

way with a slight lead. A very excited pack was just behind, with spectators knowing enough about the possible position changes with a missed stride to never leave focus from this event. It was Jones who closed strongest of anyone in the race, bursting from the pack at the middle of the home stretch and off the last barrier moving right up to, but not past, Montgomery, with the phototimer a real necessity in this event. With 4.4-4.3-4.6 and a 1.3 run-in it turned out that Montgomery had held Jones off 36.43-36.44, with John's winning mark the one National Leader to come out of the Men's side of the Meet this year. Back in third Nate Wright helped Oakland's team points with a 37.08

Finals

1 John Montgomery (Independence)	36.43
2 Kevin Jones (Mt. Miguel)	36.44

3 Nate Wright (Oakland)	37.08
4 Diatori Gildersleeve (Grant)	37.17
5 John Barry (Ygnacio Valley)	37.25
6 Anthony Hale (Garden Gre)	37.37
7 Zack Uribe (Capuchino)	37.97
8 Jim Farmer (Clovis West)	38.27
9 Kevin Dallas (Pasadena)	38.32

Heat #1: 1. John Montgomery (Independence) 37.67, 2. Jim Farmer (Clovis West) 38.22, 3. Dennis Reading (Fortuna) 38.61, 4. Harley North (Gridley) 38.81, 5. Dexter Monroe (Patrick Henry) 38.96, 6. Dave Lefner (Crespi) 38.97, 7. Aaron Lacy (Gardena) 39.79. **Heat #2:** 1. John Barry (Ygnacio Valley) 37.72, 2. Tony McCullough (Long Bch Poly) 38.57, 3. Sylvester Barron (Crenshaw) 38.62, 4. Dion Phillips (Silver Creek) 39.38, 5. Dave Burton (Mt. Miguel) 39.39, 6. Terry Werdal (Garces Memorial) 39.68. **Heat #3:** 1. Kevin Jones (Mt. Miguel) 36.99, 2. Zack Uribe (Capuchino) 37.70, 3. Nate Wright (Oakland) 37.72, 4. Darren Hawkins (St. Mary's) 38.43, 5. Jeff Judge (Narbonne) 39.43, 6. Ray Johnson (Armijo) 40.32, 7. Mike Pollard (Clovis West) 41.74. **Heat #4:** 1. Kevin Dallas (Pasadena) 37.71, 2. Diatori Gildersleeve (Grant) 38.06, 3. Anthony Hale (Garden Grove) 38.07, 4. Phil Hadley (McAteer) 40.39.

400 M Relay:

This first event on Saturday's program was one that contained most of the squads that would be significant in the team scoring, with the always tough Hawthorne squad on the sideline after League false-start problems. Washington (LA), anchored by Brian Bridgewater (9.7 with a flying start for his leg), ran down the leading Independence (San Jose) team 41.52-41.67 in Friday's Heat 1. Vacaville 41.58 edged Morse (San Diego) 41.62 in Heat 2, with Quincy Watts (Taft, Woodland Hills) uncocking an anchor leg as impressive as ever seen at the prep level in the state with a 9.2 flying split that brought his team from way, way back to 3rd in 41.65. Central Section Champion Tulare cruised a well-balanced 41.51 Heat 3 win, with Oakland racing the day's quickest, a 41.14 win in the last qualifying race.

This was the First Men's running event on Saturday. The Southern favorite was Washington, but they put themselves out of it with a poor first baton pass. Right in the middle of the track, running a consistent race, was the quickest team from Friday, Oakland, who had a couple of meters when everyone blew in for the anchor pass, and David Laynes was not about to be run down. Oakland was an easy winner clocking

41.33, with Tulare 2nd in 41.62, Brian Bridgewater screamed the anchor for Washington, moving to 3rd at 41.97, with Watts and Taft way back in 7th at 42.33.

Finals

1 Oakland	41.33
2 Tulare	41.62
3 Washington (LA)	41.97
4 Long Beach Poly (L Bch)	41.98
5 Morse (San Diego)	42.14
6 Vacaville	42.21
7 Taft	42.33
8 Lemoore	42.60

Heat #1: 1. Washington (LA) 41.52, 2. Independence (San Jose) 41.67, 3. Cerritos 41.97, 4. Richmond 42.83, 5. Casa Roble 43.51, 6. Oceanside 43.52. **Heat #2:** 1. Vacaville 41.58, 2. Morse (San Diego) 41.62, 3. Taft (LA) 41.65, 4. Morningside 41.66, 5. Riordan 41.92, 6. Pittsburg 41.93. **Heat #3:** 1. Tulare 41.51, 2. Eisenhower 41.66, 3. Dorsey (LA) 41.86, 4. Ygnacio Valley 41.90, 5. Mount Miguel 42.21, 6. Yerba Buena 43.00, 7. Bella Vista 43.77. **Heat #4:** 1. Oakland 41.14, 2. Long Beach Poly 41.40, 3. Fontana 41.50, 4. Lemoore 41.64, 5. Carson 42.40, 5. Carson 42.40, 6. Pleasant Valley 42.88, 7. Moreau 43.34.

1600 M Relay:

With five consecutive California State Championships this event is the property of the Hawthorne High School team and Coach Kye Courtney. In the Press Box they call it the



Fine Flicks by Don Goney

JOHN MONTGOMERY
300IH

"Head Coach's Relay" for Courtney, as his program revolves around the people who are asked to run the four lap baton race for that team.

The Cougars led qualifying with their 3:12.70 Heat 1 win. Washington (LA) nipped Muir 3:16.21-3:16.61 in the 2nd trial, Long Beach Poly won over Crenshaw (LA) 3:15.23-3:15.93 in the Third Heat, with Independence (San Jose) shockingly disqualified for a lane violation in third Heat 4 win at 3:14.60 (to sink their title hopes), and Morningside (Inglewood) 3:15.18 top from that race after the ruling.

At the end of Saturday evening the Men's team struggle had gone through a lot of ebbs and flows, ups and downs, but simply boiled down to who would win this event. Hawthorne and Washington (LA) were tied with 24 points going into this race, and Oakland had 22. You guess who the favorites were here? Washington does really have some fine people, with Darius Frelix (1:51.96 800m), Donovan Burks (10:58-21.37), Simon Jones (48.00 400m) and Brian Bridgewater (10:28w-20.56) having the potential to run with anyone in the nation. Oakland is led by Nate Wright and David Laynes. However, with the entire Hawthorne dynasty built around this race, with pride in speed built around the ability to run one lap hard, the Cougars ran like the wind. Chris Alexander opened up for Hawthorne at 48.6, with Curtis Conway racing away from the field during a 46.5 second carry. Ismael Delpino was 49.1 while way out in front during the third leg, with Hannah blasting the final 150 meters during a 46.3 anchor carry that had the team come in at 3:10.46 (#2 nationally behind a 3:09.8 run by South Oak Cliff of Dallas, Texas in their State Meet). Washington was disqualified for too many steps on the line during the first leg (Brian Bridgewater had anchored them in 47.3 at 3:14.7), with Oakland dropping the baton while running the event and finishing in 8th. Oh, by the way, Alexander and Delpino are sophs and Conway is a junior for Hawthorne. The string could very well continue in 1989.

Finals

1 Hawthorne	3:10.46
2 Crenshaw	3:15.31
3 Long Beach Poly	3:16.08
4 Morningside	3:16.69
5 Mount Miguel	3:17.61

6 Silver Creek	3:18.74
7 Eisenhower	3:19.30
8 Oakland	3:23.77

Heat #1: 1. Hawthorne 3:12.70, 2. Oakland 3:15.55, 3. Mount Miguel 3:16.11, 4. Hiram Johnson 3:20.80, 5. Carson 3:21.84, 6. Hanford 3:22.15, 7. Fortuna 3:22.21. **Heat #2:** 1. Washington 3:16.21, 2. Muir 3:16.61, 3. Vacaville 3:17.66, 4. Acalanes 3:18.53, 5. Morse 3:18.93, 6. Lemoore 3:21.87, 7. Los Altos 3:23.18. **Heat #3:** 1. Long Beach Poly 3:15.23, 2. Crenshaw 3:15.93, 3. Silver Creek 3:16.33, 4. Ygnacio Valley 3:18.60, 5. Patrick Henry 3:21.83, 6. Elk Grove 3:22.60, 7. Anderson 3:28.21. **Heat #4:** 1. Morningside 3:15.18, 2. Eisenhower 3:16.51, 3. James Logan 3:23.37, 4. Reseda 3:24.99, 5. McAteer 3:33.23.

High Jump:

First year track athlete Reggie Betton (Antelope Valley, Lancaster) had burst forth in April with a 7-2 win at Arcadia, then dominated the event in the South. He had included a good attempt at 7-4 in the Southern Section State qualifying affair.

Casualties in Friday's qualifying here (it took 6-7 to move on to Saturday's Finals) were 6-9 LA City Champion Eddie Downing (Canoga Park), Tim Prince (Logan, Union City), a 7-footer from last year, and Colman Conroy (St. Ignatius, San Francisco) 6-10 3/4. In the Finals James Barrowman (North Bakersfield) and Gio Sprattling (Salinas) were the first to go out, failing at 6-6 after 6-4 clearances. Ed Cogan (Notre Dame, Sherman Oaks) was the only athlete among the others to require more than one attempt to make 6-6, clearing it on his second trial. Everyone passed 6-7. Mark Wilson (Charter Oak, Covina) 7-0 1/4 last summer as a 10th grader cleared 6-8 on his first jump, as did 6-10 3/4 leaper Craig Short (Santa Fe, Santa Fe Springs). It would make sense for Craig to wander over to the band room at Santa Fe, as Olympian Doug Nordquist heads that part of the school's program. Also over 6-8 on their first trial were Kevin Keane (De La Salle, Concord), and Reggie Betton. Ricky Pickett (Clovis), a 6-10 jumper, took three attempts to get over that 6-8 height, with Cogan and Kwame Thompson (St. Mary's, Berkeley) having three misses there. All decided to pass at 6-9, with the bar raised to 6-10. Keane and Betton cleared on their first attempt, while Pickett,

CIF STATE MEET

Wilson, and Short all went out with three misses. The bar next went up to 7-0, with Betton continuing a fine season clearing on his first attempt. Keane missed three times, and Betton could not negotiate the next height of 7-2 this evening, thus continuing undefeated this season with his 7-0 win.

Finals

1 Reggie Betton (Antel Valley)	7-0
2 Kevin Keane (DeLaSalle)	6-10
3 (Tie) Craig Shore (SanFe Sp)	6-8
3 (Tie) Mark Wilson (Charter Oak)	6-8
5 Ricky Pickett (Clovis)	6-8
6 Kwame Thompson (St. Ma)	6-6
7 Ed Cogan (Notre Dame)	6-6
8 Gio Sprattling (Salinas)	6-4
9 James Barrowman (No Bak)	6-4

Finalists: 1. Reggie Betton (Antelope Valley) 6-7, 2. Kevin Keane (DeLaSalle) 6-7, 3. Ricky Pickett (Clovis) 6-7, 4. Kwame Thompson (St. Mary's) 6-7, 5. Ed Cogan (Notre Dame) 6-7, 6. Mark Wilson (Charter Oak) 6-7, 7. Craig Short (Santa Fe Springs) 6-7, 8. Gio Sprattling (Salinas) 6-7, 9. James Barrowman (No. Bakersfield) 6-8.

Pole Vault:

As usual, the Cerritos facility continues to be very, very difficult to Pole Vault at. The cross-wind blowing from west to east this weekend wrapped around either end of the massive West Stadium concrete bleachers and came onto the main field from both directions. Flags on the main field sometimes fly opposite directions, even though they may be only 50 meters apart. In an event where timing at the box depends upon some real precision in the activity leading up to that point-good luck. Regged decathlete Tom Richards (San Marcos, Santa Barbara) handled this facility as well as any recent prep vaulter during the latter part of his 1988 season.

Some big casualties went down in Friday's qualifying. No heighting (at 14-4) were Jay Bettinger (Chatsworth), 15-8 from the LA City Finals, Rick Lotterer (San Pasqual, Escondido) the San Diego Champion at 15-6, and (at 14-8) Tom Parker (Notre Dame, Sherman Oaks), at 16-9 one of the nation's best. It took 14-0 to make the field of nine finals, with 15 footers Eric Juarez (Apple Valley) and Greg Sheets (Taft, Woodland Hills) also non-qualifiers. Jeff Lewis (Coalinga) and Mike

Guevara (Clovis West, Fresno) tied for 8th in the Finals when they could clear no higher than 13-8 (Lewis went out at 14-2, with Guevara passing until 14-8, then missing 3 times). Jeff Cranney (San Marcos of San Diego) and Randy Lanini (Gonzalez) were 6th & 7th, respectively, at 14-2. Others over 14-2 (on their second attempts) were RW Henson, a 15-3 vaulter from Newport Harbor and 15-7 star Matt Lehman (San Dieguito, Escondido), with David Noel (Edison, Huntington Beach), who has a 16-4 best, and Paul Cano (Manteca), over on their third trials. Tom Richards was passing until 15-2. At that 15-2 barrier Henson cleared on his first attempt, with Lehman on his third to sort out the places after first. Richards sailed over 15-2 on his first attempt, 15-6 on his initial try (while Henson and Lehman issued three times), and 16-0 on his first. Tom finally missed three times at 16-7. Again, Richards' vaulting here during the last three weekends, where he

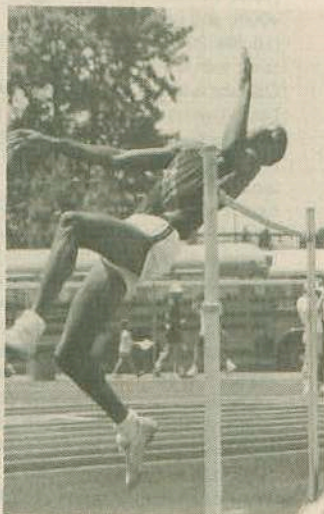


Photo by Burt Davis

REGGIE BETTON--HJ

cleared no lower than 16-0, was as fine any prep we can think of. Parker, it turned out, cleared 16-9 on Saturday competing in an Olympic Development Meet for the weekend's highest prep vaulting.

Finals

1 Tom Richards (San Marcos)	16-0
2 R.W. Henson (Newp Harb)	15-2
3 Matt Lehman (San Diego)	15-2
4 David Noel (Edison)	14-8
5 Paul Cano (Manteca)	14-8



Photo by Burt Davis

TOM RICHARDS--PV

6 Jeff Cranney (San Marcos)	14-2
7 Randy Lanini (Gonzalez)	14-2
8 Jeff Lewis (Coalinga)	13-8
8 Mike Guevara (Clovis West)	13-8

Finalists: 1. Tom Richards (San Marcos) 14-8, 2. Matt Lehman (San Dieguito) 14-4, 3. Paul Cano (Manteca) 14-4, 4. RW Henson (Newport Harbor) 14-4, 5. David Noel (Edison) 14-4, 6. Mike Guevara (Clovis West) 14-4, 7. Randy Lanini (Gonzalez) 14-4, 8. Jeff Cranney (San Marcos) 14-0, 9. Jeff Lewis (Coalinga) 14-0.

Long Jump:

Diatori Gildersleeve (Grant, Sacramento) had thrown out the gauntlet to this year's California Long Jumpers with a then nation-leading 24-5 1/4 win at Arcadia in April. By early June only Ken McKelvey (Independence, San Jose) had joined him out over 24 feet at 24-1w and 24-0 legal.

For some reason the Meet management this year had decided to allow three attempts for all competitors on Friday, then carry over those marks to Saturday in the Long Jump, Triple Jump, Shot Put, and Discus. Meet directions sent to schools indicated that Prelim Field Event performances would not carry over to Saturday's Finals, and that the Finalists would receive four finals attempts in the horizontal and throwing events. After protests to this system, it was decided that performances would carry over to the Finals competition on Saturday and that athletes would receive four attempts at that time. No one could ever remember such a system being used in the State Meet before. It was stated that athletes were told prior to the start of their

event on Friday which system was being used, but the confusion left a bad taste in many people's mouths. Time for athletes on the facility is certainly not an issue on Saturday, with only nine athletes in the Finals of any event. The Bakersfield Women's team won their share of the team State title (they split it with Rio Mesa) on Friday here. Melissa Weis and Dawn Dumble could have taken their Shot and Discus attempts on that Preliminary day, driven home to Bakersfield Saturday morning, and dared the competition to challenge their marks. This system took away from the drama of Saturday evening's Finals in the affected field events.

Anyway, in the Men's Long Jump, only one position in the top six changed when Friday's marks were carried over to Saturday. The State Meet is by nature an experience for High School athletes that really psychs them up. Typically the Men's Long Jump and Triple Jumps on Friday at this Cerritos facility, right in front of the crowd and the announcer, are experiences in which athletes really get fired up for big marks. Gildersleeve did lead Friday's qualifying with a 24-5 1/2w (wind .270 meters per second), with Ron Marin (Chatsworth) 23-9 1/4 (+0.82), Jerome Price (University City, San Diego) 23-6 (+0.07), and Derrick Baker (Cerritos) 23-3 3/4w (+2.46) the next three finalists. Eric Railey (Oakland) improved to 22-11 3/4 in Saturday's jumping to replace Ed Stewart (Oroville) 22-10 3/4 in 5th. This carrying over of marks kind of puts the leading athletes in a "go for broke" stance in the event as they have es-

established themselves with nothing really to lose during Saturday's Finals. It makes for more fouls and a different approach to the event than athletes, coaches, and spectators are used to. The entire Men's Long Jump event on Saturday took 40 minutes.

Finals

1 Diatori Gildersleeve (Grant)	24-5 1/2
2 Ron Martin (Chatsworth)	23-9 1/4
3 Jerome Price (Univ City)	23-6
4 Derrick Baker (Cerritos)	23-3 3/4
5 Eric Railey (Oakland)	22-11 3/4
6 Ed Stewart (Oroville)	22-10 3/4
7 Ken McKelvey (Independ)	22-10 1/2
8 Glen Reyes (Orange Glen)	22-9 1/4
9 Raymond Robinson (Washi)	22-8 1/2

Finalists: 1. Diatori Gildersleeve (Grant) 24-5 1/2w, 2. Ron Martin (Chatsworth) 23-9 1/4, 3. Jerome Price (University City) 23-6, 4. Derrick Baker (Cerritos) 23-3 3/4, 5. Ed Stewart (Oroville) 22-10 3/4, 6. Glen Reyes (Orange Glen) 22-9 1/4, 7. Ken McKelvey (Independence) 22-9 1/4, 8. Raymond Robinson (Washington) 22-8 1/2, 9. Eric Railey (Oakland) 22-6 1/2.

Triple Jump:

The Triple Jump was another competition that was decided basically during Friday's Preliminaries. Some people really came out of the woodwork during the last couple of weeks of the season to make this an interesting event. Tyrone Scott (Mesa Verde, Citrus Heights) had jumped 48-8 1/2 in 1987 and not traveled much to compete in 1988. In Sectional competitions he improved to 51-3w and 50-2 1/2 legal, with Diatori Gildersleeve (Grant, Sacramento) 50-11 3/4w (49-6 1/2 ok), and Tony Rogers (Johnson, Sacramento) 50-0 3/4w (48-9) also strong out of the Sac Joaquin Section. Lenny McGill (Escondido, Orange Glen) had improved to 49-8w (48-8), with Charles Huff (La Jolla) 49-7 3/4w (49-6) also out of the San Diego Section. Yomo Smith (Taft, Woodland Hills) started things early here in Friday's Prelims with a two foot improvement to 48-6 1/4 (wind +0.08 mps). Damon Carson (San Diego) rocketed to 50-5 1/2 (+0.77) in a later flight, with Scott leading all qualifiers with a 50-6 (+1.40) on his first effort. Huff was out to 49-4 (+1.20), McGill 48-11 1/2 (+0.55), and Rogers 48-6 1/4 (+0.67) to round out the top five going into the Finals. Rogers had a better second effort than Smith to this point in the battle for fifth. Mingo Hosey (Pasadena), the Southern Section Champion with a 49-6 best

had three fouls on Friday.

As in the Long Jump, the positions basically held the same from Friday, with Tim Prince (Logan, Union City), a talented all-around athlete the only big improver. Tim went 49-10 1/4 in his first effort on Saturday, and 49-11 3/4 on his second to leapfrog into 3rd place. Charles Huff was the only other athlete to improve on the second day, adding 1/2 inch to his fourth effort at 49-4 1/2. Most of the leaders were about two feet behind Friday's efforts on Saturday with the different slant on things offered by this year's placing formula.

Finals

1 Tyrone Scott (Mesa Verde)	50-6
2 Damon Carson (San Diego)	50-5 1/2
3 Tim Prince (James Logan)	49-11 3/4
4 Charles Huff (La Jolla)	49-4 1/2
5 Lenny McGill (Orange Glen)	48-11 1/2
6 Tony Rogers (Hiram John.)	48-6 1/4
7 Yomo Smith (Taft)	48-6 1/2
8 Ryan Benjamin (Tulare)	48-4 3/4
9 Charles Rogers (BaldwPk)	48-3

Finalists: 1. Tyrone Scott 50-6, 2. Damon Carson 50-5 1/2, 3. Charles Huff (La Jolla) 49-4, 4. Lenny McGill (Orange Glen) 48-11 1/2, 5. Tony Rogers (Hiram Johnson) 48-6 1/4, 6. Yomo Smith (Taft) 48-6 1/4, 7. Ryan Benjamin (Tulare) 48-4 3/4, 8. C. Rogers (Baldwin Park) 48-3, 9. Tim Prince (James Logan) 48-0 1/4.

Shot Put:

Three ended up over 62 feet in a good competition. Here, the top seven achieved their best marks in Friday's throwing. Sophomore Brent Noon led off Round 1 with a big 62-3. Favorite Kaleaph Carter (Edison, Huntington Beach) was out to 61-3 1/2 through the second round, with surprising junior Joe Hicks (San Benito, Hollister) taking the lead with a 62-3 1/4 in Round 3. Carter decided that this was enough, sending his final toss of Friday's Prelims out to 64-0 1/2 for a new yearly state lead and effectively sealing the victory. Rick Fuller (Arroyo, El Monte) was out to 59-2 1/2 on his opening toss for fourth.

On Saturday Carter had 62-7 1/2, 63-3, and 63-5 1/2 throws to complete a fine series for the weekend, but as indicated above, none of the top seven could better Friday's efforts.

Finals

1 Kaleaph Carter (Edison)	64-0 1/2
2 Joe Hicks (San Benito)	62-3 1/4
3 Brent Noon (Fallbrook)	62-3
4 Rick Fuller (Arroyo)	59-2 1/2
5 Chris Carter (Jesuit)	56-10 3/4

6 Mark Wohlford (Gunderson)	56-6
7 Joe Bailey (Wilson, Lg Bch)	56-2 1/2
8 Jason Miller (Clovis West)	56-0
9 Roger Johnson (Atwater)	55-7 1/2

Finalists: 1. Kaleaph Carter (Edison) 64-0 1/2, 2. Joe Hicks (San Benito) 62-3 1/4, 3. Brent Noon (Fallbrook) 62-3, 4. Rick Fuller (Arroyo) 59-2 1/2, 5. Chris Carter (Jesuit) 56-10 3/4, 6. Mark Wohlford (Gunderson) 56-6, 7. Joe Bailey (Wilson, Long Beach) 56-2 1/2, 8. Roger Johnson (Atwater) 55-7 1/2, 9. Jason Miller (Clovis West) 55-4 3/4.

Discus:

The new Discus facility (a ring



Fine Flicks by Don Gosney

DIATORI GILDERSLEEVE-LJ

poured on a grass field to the Southwest of the main stadium) will be a good one, as the athletes throw in a southwest direction that will have a nice quartering wind from the west. John Wirtz (Leland, San Jose) was the National Leader at 199-10 and had dominated the State this spring. Kaleaph Carter (Edison, Huntington Beach) had been really developing in the event over the final half of the season, and an eight foot personal improvement on throw number two on Friday put him ahead of Wirtz 186-2 to 181-9 at the end of that day.

On Saturday some pretty good winds came in from the West and the throws stayed up a bit longer. Five of the nine in the field had their best throw on the second day. Wirtz went right to work, improving to 184-3 on his first toss Saturday, 192-10 on #5

for the weekend, 192-2 on #6 and 185-2 on his final effort. Carter, with nothing to lose, had two more over 180 (181-7 on #5 and 180-9 on #6), but could not catch the San Jose athlete. Damiean Jenkins (Saugus) improved to 178-11 on Saturday for 3rd, Rick Fuller carried over a 177-11 from Friday for 4th, with John Gallagher (Palm Desert) at 173-6.

Finals

1 John Wirtz (Leland)	192-10
2 Kaleaph Carter (Edison)	186-2
3 Damiean Jenkins (Saugus)	178-11
4 Rick Fuller (Arroyo)	177-11
5 John Gallagher (Palm Des)	173-6
6 Derrick Stevens (Bakersfi)	172-10
7 Jason Ford (Casa Roble)	169-9
8 Chris Carter (Jesuit)	169-8
9 Mike Stubblefield (Taft)	168-11

Finalists: 1. Kaleaph Carter (Edison) 186-2, 2. John Wirtz (Leland) 181-9, 3. Rick Fuller (Arroyo) 177-11, 4. Derrick Stevens (Bakersfield) 172-10, 5. Chris Carter (Jesuit) 169-8, 6. Jason Ford (Casa Roble) 168-6, 7. Damiean Jenkins (Saugus) 168-2, 8. Mike Stubblefield (Taft) 167-2, 9. John Gallagher (Palm Desert) 166-6.

Team Scoring:

Hawthorne High School picked up its fifth team State title in the Men's Division in the last six years. They added a Women's title, in 1986, in the only year since 1983 that they missed on the Men's side in those six years. So, one of Prep Sports most amazing dynasties continued at Cerritos this weekend. In a fairy tale ending it came down to the program's favorite event, the blend of talent, speed, determination, and conditioning that make up the 1600 meter relay. It was really no contest, as Hawthorne took that deciding baton event by over 35 meters.

Hawthorne finished with 34 points, a solid Washington squad was 2nd at 24, Kaleaph Carter-led Edison (Huntington Beach) tied with Oakland for third at 22, with River City (West Sacramento) and Reggie Williams' distance double equalling Mt. Miguel's (Spring Valley) 20 in a tie for 5th.

Finals

1 Hawthorne (SS)	34
2 Washington (LA)	24
3 Oakland (OK)	22
3 Edison (SS)	22
5 River City (SJ)	20
5 Mt. Miguel (SD)	20
7 Grant, Sacramento (SJ)	18
8 Newport Harbor (SS)	16
9 Vacaville (SJ)	15
10 Cerritos (SS)	14

CIF STATE MEET

State Meet Notes:

One sad point was to see empty lanes in the State Meet Qualifying running events on Friday. With a move to give every section at least one participant here (the Oakland and San Francisco Section used to split one spot), the qualifying number of athletes from around the state was 28 (instead of 27 as in past years). The 27 athlete formula allowed three heats of nine, with the 28 number involving four heats of 7 in lane events. With giving each Oakland and San Francisco one guaranteed spot and simply adding one participant to each of the other eight Section's allotment for the meet here you could have 36 participants and run four heats of 9. This 36 number might be too many to run in one 3200 race. In many other states the event is run with the 18 or so fastest qualifiers in one race and those left in a second race, with times deciding placers (I think you can figure out where all the placers will come from). Again, it just does not seem right to keep deserving athletes out of this Meet when such a simple formula could fill up all the lanes.

Girl's Results

By
KEITH CONNING

100 Meters:

Junior Angela Burnham (Rio Mesa, Oxnard) entered the competition with the third best time in the nation (11.65).

Burnham won the 1986 state meet in 11.78. She had a hamstring injury last year.

Burnham, the Southern Section champion in 11.59 and the heat one winner in 11.86, defeated sophomore Inger Miller (Muir, Pasadena), the daughter of Dr. Lennox Miller, the former USC star and Jamaican Olympian, by .20--11.52 to 11.72.

Only one other girl has won the state meet 100 meters more than once. Sharon Ware (Berkeley) won in 1980 and 1981.

"She surprised all of us with how well she's running," said Dr. Miller, now a Pasadena dentist, to Steve Hunt of the *Star-News*. "We're very proud of her."

"I kind of stutter-stepped as I came out, but I'm happy," said Inger Miller.



Photo by Burt Davis

KALEAPH CARTER--SP

"She (Burnham) gets that first 10 yards on me. But next year..."

Burnham moved to number two in the nation. The national leader is Chryste Gaines (South Oak Cliff, Dallas, TX) at 11.50.

The state meet record of 11.42 was set by Sharon Ware (Berkeley) in 1980. The national record of 11.29 was set by Barbara Bell (Trimble Tech, Fort Worth, TX) in 1981.

Senior Simone Cain (Hueneme, Oxnard), the heat three winner in 12.00, placed third in 11.86, and senior Deedee Wheeler (Hawthorne), was fourth in 11.99. Thus, the Southern Section took the first four places.

Finals

1 Angela Burnham (Rio Me)	11.52
2 Inger Miller (Muir)	11.72
3 Simone Cain (Hueneme)	11.86
4 Deedee Wheeler (Hawthorne)	11.99
5 Chris Williams (Vallejo)	12.22
6 Sabrina Lee (Washington)	12.33
7 Angela Kinney (UnivCity)	12.39
8 Annette Coleman (Carlmnt)	12.40
9 Debra Hamilton (Locke)	12.50

Heat #1: 1. Angela Burnham (Rio Mesa) 11.86, 2. Charlotte Vines (San Marcos) 12.46, 3. Angela Davidson (Wasco) 12.49, 4. Kwani Stewart (Yuba City) 12.77, 5. Wendy William (Dorsey) 12.89, 6. Sahron Polley (El Molino) 12.85. Heat #2: 1. Inger Miller (Muir) 12.08, 2. Joslyn Mack (St. Francis) 12.60, 3. Sorii Epps (Patrick Henry) 12.61, 4. Nikywa Prevost (San Fernando) 12.71, 5. Mindi Putnam (Orland) 12.75, 6. Jenny Travis (Granada) 12.90, 7. Sonja Godfrey (Fremont) 12.97. Heat #3: 1. Simone



Photo by Burt Davis

JOHN WIRTZ--DT

Cain (Hueneme) 12.00, 2. Sabrina Lee (Washington) 12.31, 3. Chris Williams (Vallejo) 12.33, 4. Octavia Dumas (Mt. Pleasant) 12.60, 5. Yolanda Burton (McAt-
eer) 12.68, 6. Angela Evans (Richmond) 13.03, 7. Felicia Howard (San Fernando) 13.05. Heat #4: 1. Deedee Wheeler (Hawthorne) 12.13, 2. Debra Hamilton (Locke) 12.44, 3. Annette Coleman (Carlmnt) 12.45, 4. Angela Kinney (University City) 12.45, 5. Nitra Young (Tulare) 12.55, 6. Felicia Jones (St. Elizabeth) 12.62, 7. Cindy Hill (Tokay) 12.95.

200 Meters:

Junior Angela Burnham (Rio Mesa, Oxnard) entered the state meet with the third fastest time in the nation (23.58).

Last year junior Angela Rolfe (Dorsey, Los Angeles) had placed third in 24.28 and senior Simone Cain (Hueneme, Oxnard) had placed sixth in 24.88.

Burnham, second in the Southern Section in 23.66 and the heat two winner in 23.98, defeated Cain, the Southern Section champion in 23.65

and heat one winner in 23.98, by .14--23.45 to 23.59.

Burnham moved to number two in the nation. The national leader is Chryste Gaines (South Oak Cliff, Dallas, TX) at 23.13(y).

"I was nervous for the 200," said Burnham to Scott Howard-Cooper of the *Los Angeles Times*. "Most of the time, I'll get in the blocks, take a deep breath and go. But the gun went off and I was still nervous."

The state meet record of 23.14 was set by Sherri Howard (Kennedy, Granada Hills) in 1980. The national record of 23.0 was set by Wendy Vereen (Trenton, NJ) in 1983.

Sophomore Inger Miller (Muir, Pasadena), the heat three winner in 23.97, placed third in 23.73. Junior Chris Williams (Vallejo), second in heat two in 24.41, was fourth in 24.48.

Finals

1 Angela Burnham (Rio M)	23.45
2 Simone Cain (Hueneme)	23.59
3 Inger Miller (Muir)	23.73
4 Chris Williams (Vallejo)	24.48
5 Sheri Bertell (Mission Viejo)	24.93
6 Maria Murelius (Alhambra)	25.12
7 Sabrina Lee (Washington)	25.31
8 Debra Hamilton (Locke)	25.42
Heat #1: 1. Simone Cain (Hueneme) 23.98, 2. Debra Hamilton (Locke) 24.98, 3. Mindi Putnam (Orland) 25.35, 4. Sharon Polley (El Molino) 26.00, 5. Dalia Jones (Lincoln) 26.71, 6. Lania Brice (Tokay) 26.78. Heat #2: 1. Angela Burnham (Rio Mesa) 23.98, 2. Chris Williams (Vallejo) 24.41, 3. Angela Rolfe (Dorsey) 24.80, 4. Sabrina Lee (Washington) 25.07, 5. Sorii Epps (Patrick Henry) 25.29, 6. Stacey Alcott (Granada) 25.89. Heat #3: 1. Inger Miller (Muir) 23.97, 2. Maria Murelius (Alhambra) 24.98, 3. Annette Coleman (Carlmnt) 25.13, 4. Kerry Garcia (San Marin) 25.89, 5. Angela Davidson (Wasco) 25.99, 6. Vicki DeJesus (Mt. Carmel) 25.96, 7. Nikywa Prevost (San Fernando) 25.97. Heat #4: 1. Sheri Bertell (Mission Viejo) 24.89, 2. Tanya Dooley (Bret Harte) 25.26, 3. Liz Williams (Madera) 25.55, 4. Kimberly McAllister (Locke) 25.67, 5. Kelsey Monagan (Serra) 25.75, 6. Rachael Buckner (California) 26.03.	

400 Meters:

Sophomore Tanya Dooley (Bret Harte, Angels Camp) and junior Angela Rolfe (Dorsey, LA) entered the state meet with the second and third best times in the nation--53.95 and 54.17. The national leader is junior Carmelita Williams (Lincoln, East St. Louis, IL) at 53.25.

Three state meet finalists returned

from last year: Rolfe, the champion in 53.55, senior Andreen Alvarenga (Archbishop Mitty, San Jose), third in 54.75; and junior Roslyn Mack (St. Francis, Mt. View), fifth in 55.60.

Rolfe, the Southern Section champion in 54.17 and second in heat two in 55.40, defeated Dooley, the Sacramento Section champion in 53.97 and the heat one winner in 54.54, by .46--54.26 to 54.72.

Only two other athletes have won the 400 meters twice: Denean Howard (Kennedy, Granada Hills) in 1980 and 1982; and Choo Choo Knighten (Locke, LA) in 1984 and 1985.

"I hit a brick wall," said Dooley to Craig Massei of *The Stockton Record*.

"All of a sudden that wind hit me," Dolley said. "I didn't know what happened. I went 10 times slower. I tried to go faster, but I just couldn't."

"I just stayed within striking distance and made sure I had something left for the end," Rolfe said to Massei. "I gave it everything I had the last 150 meters. I had something to prove to myself."

"I guess I wanted it bad enough. I knew she (Dooley) would go out real fast. I was just hoping I could run her down."

"I knew when I looked at my watch that we were going to be in trouble down the backstretch (the coaches sat on the opposite side from the finish line)," said Bret Harte coach Jan Edwards. "She ran the last 200 yards in 30 seconds."

"I always try to go out fast," Dooley said. "I was going so good and then I got to that corner and I just couldn't hold it. I saw her go past me and that's when I panicked."

"But second place in the state still sounds pretty good. I still have two more years. I'm going to get her next year."

The state meet record and national record of 52.39 was set by Denean Howard (Kennedy, Granada Hills) in 1980.

Alvarenga, the heat two winner in 55.34, placed third in 55.14. Mack, the heat three winner in 55.22, placed fourth in 55.68. Junior Kesha Marvin (Hawthorne), second in heat three in 55.24, placed fifth in 55.92.

Finals

1 Angela Rolfe (Dorsey)	54.26
2 Tanya Dooley (Bret Harte)	54.72
3 Andreen Varenga (Architty)	55.14
4 Roslyn Mack (St. Francis)	55.68

5 Kesha Marvin (Hawthorne)	55.92
6 Tonya Irick (Apple Valley)	56.30
7 Jeanie Stewart (Duarte)	56.35
8 Jackie Henderson (Alham)	56.44

Heat #1: 1. Tanya Dooley (Bret Harte) 54.54, 2. Jeanie Stewart (Duarte) 56.38, 3. Berneithia Whitmore (Compton) 57.72, 4. Carmen Delgado (University) 58.19, 5. Dina Moore (Harbor) 58.86, 6. Cela Taylor (Encinal) 59.74. Heat #2: 1. Andreen Alvarenga (Mitty) 55.34, 2. Angela Rolfe (Dorsey) 55.40, 3. Jackie Henderson (Alhambra) 56.10, 4. Nicole Teter (West Valley) 57.4, 5. Stacey Alcott (Granada) 59.16, 6. Carla Tucker (Serra) 59.21, 7. Trichelle Dawson (Lincoln) 59.35. Heat #3: 1. Roslyn Mack (St. Francis) 55.22, 2. Kesha Marvin (Hawthorne) 55.24, 3. Latril Jackson (Crenshaw) 57.76, 4. Heidi Robertson (No. Bakersfield) 58.58, 5. Tanisha Robinson (El Cerrito) 59.20, 6. Vivian Banks (Skyline) 59.76. Heat #4: 1. Tonya Irick (Apple Valley) 56.31, 2. Shirley Terrell (Vallejo) 58.25, 3. Yazmin Daher (Castle Park) 58.57, 4. Erin McLaughlin (Alhambra) 59.34, 5. Edwina Ammonds (Roosevelt) 59.50, 6. Maryann Clark (Gali-



Fine Flicks by Don Gossney

ANGELA BURNHAM -- 100 & 200

leo) 63.59.

800 Meters:

Kristi Bache (University, San Diego) entered the state meet with the second fastest 1,500 meter time in the nation at 4:31.01.

Three finalists from last year returned: junior Kimberly McAllister (Locke, LA), first in 2:12.92; senior Kristine Hand (Fallbrook), second in 2:13.52; and senior Courtney Clark (Las Lomas, Walnut Creek), eighth in 2:14.95.

Junior Kathi Roldan (Mt. Whitney, Visalia), the Central Section champion in 2:13.41 and winner of heat four in 2:12.95, defeated junior Tarsha Handy (Archbishop Mitty, San Jose), the Central Coast Section champion in 2:15.60 by .49--2:12.11 to 2:12.60. Roldan turned in the fastest time in the Central Section this year and fourth on the all-time list.

"I didn't have any idea how far behind they were--I just never know," said Roldan to Mary Ellen Driscoll of *The Fresno Bee*, one of only two female reporters in the main press box. "It (the win) didn't really soak in until we started crossing over to the



Fine Flicks by Don Gossney

ANGELA ROLFE--400

medal ceremony."

The state meet record of 2:04.91 was set by Trena Hull (Compton) in 1984. The national record of 2:04.5 was set by Joetta Clark (Columbia, Maplewood, NJ) in 1980.

Hand placed third in 2:12.71, Clark placed fourth in 2:13.21, and McAllister was fifth in 2:14.49.

"I thought I could win it (at the turn), but everybody started passing me, Clark said to Darrell Moody of the *Contra Costa Times*. "They kind of got away from me."

"I'm happy to get this far. I didn't get psyched out this year. I'm glad it's over. I'm looking forward to going to Cal."

Bache, second in heat four in 2:13.26, placed sixth in 2:14.69.

Finals

1 Kathi Roldan (Mt. Whitney)	2:12.11
2 Tarsha Handy (Mitty)	2:12.60
3 Kristine Hand (Fallbrook)	2:12.71
4 Courtney Clark (Las Lomas)	2:13.21
5 Kimberly McAllister (Locke)	2:14.49
6 Kristi Bache (University)	2:14.69
7 Rhonda Kennerson (Hawt)	2:17.89
8 Andrea Sansom (Glendora)	2:18.03
9 Sharette Garcia (Mani Arts)	2:22.67

Heat #1: 1. Courtney Clark (Las Lomas) 2:13.70, 2. Rhonda Kennerson (Hawthorne) 2:15.13, 3. Sharette Garcia (Mani Arts) 2:15.18, 4. Althea Moses (Morningside) 2:15.87, 5. Diane Walker (Golden Sierra) 2:21.46, 6. Katrina Jacobs (Oakland) 2:34.12. Heat #2: 1. Kimberly McAllister (Locke) 2:15.29, 2. Gina Westby (Torrey Pines) 2:15.83, 3. Kim Toney (Atascadero) 2:16.10, 4. Becky Spies (Livermore) 2:16.21, 5. Genevieve Farnady (Los Gatos) 2:17.33, 6. Carrie Luis (Escalon) 2:22.78, 7. Christy Oliveira (West Valley) 2:29.19. Heat #3: 1. Tarsha Handy (Mitty) 2:13.72, 2. Andrea Sansom (Glendora) 2:13.73, 3. Kristine Hand (Fallbrook) 2:13.98, 4. Whitney Wyatt (Bakersfield) 2:18.17, 5. Mona Pena (Washington) 2:18.84, 6. LeMonica Smith (Banning) 2:19.86, 7. Rosanna Sansone (Marin Catholic) 2:21.55. Heat #4: 1. Kathi Roldan (Mt. Whitney) 2:12.95, 2. Kristi Bache (University) 2:13.26, 3. Persephone Lowery (Norco) 2:17.03, 4. Camille Mayo (Los Angeles) 2:18.64, 5. Gabby McKenzie (Dixon) 2:19.18, 6. Alisa Jones (Redwood) 2:20.97.

1,600 Meters:

Four state meet finalists from last year returned: junior Kira Jorgensen (Vista), first in 4:45.98; senior Robbyn Bryant (Hesperia), second in 4:46.59; senior Tracey Williams (Mt. View, El Monte), fourth in 4:54.52; and sophomore Beth Bartholomew (Fremont, Sunnyvale) eighth in 5:02.90.

Jorgensen (Rancho Buena Vista, Vista), the San Diego Section champion in 4:56.11 and the winner of heat two in 4:56.26, defeated Bryant, the Southern Section champion in 4:53.00 and the winner of heat one in 4:57.00, for the second straight year-- 4:49.54 to 4:51.78.

CIF STATE MEET

Only three athletes have won the 1600 title more than once before Jorgensen: Linda Goen (North, Bakersfield) in 1977 and 1979; Polly Plumer (University, Irvine) in 1980, 1981, and 1982; and Shannon Clark (Mt. View) in 1984 and 1985.

"Everybody pulled out of the 1600 to concentrate on the 3200," said Jorgensen to Steve Brand of *The San Diego Union*. "That was tough on me—I felt like the Lone Ranger out there.

"I couldn't do what Racey did—run a 63 for the first 400. In fact, I couldn't run a 63 for a 400 period. That's beyond what I'd ever want to do. But that's what she had to do, it's the only way she could beat me."

The state meet record and national record of 4:39.92 was set by Polly Plumer (Irvine) in 1982.

Senior Janet Bowie (Woodside), second in heat one in 4:59.38, placed third in 4:52.70. Williams, second in heat two in 4:58.61, was fourth in 4:55.82. Bartholomew, fourth in heat two in 5:01.18, was fifth in 4:59.84.

Finals

1 Kira Jorgensen (RanBuVista)	4:49.54
2 Robbyn Bryant (Hesperia)	4:51.78
3 Janet Bowie (Woodside)	4:52.70
4 Tracey Williams (Mt. View)	4:55.82
5 Beth Bartholomew (Fremt)	4:59.84
6 Jerri Martin (San Pedro)	5:02.45
7 Jessica Craven (Camarillo)	5:06.07
8 Nicole Robbins (Hesperia)	5:09.63
9 Mary Martinez (Foothill)	5:13.72

Heat #1: 1. Robbyn Bryant 4:57.00, 2. Janet Bowie 4:59.38, 3. Jerri Martin 5:01.01, 4. Nicole Robbins 5:03.19, 5. Deena Drossin 5:05.16, 6. Michelle Ferguson 5:08.10, 7. Heather Eller 5:10.31, 8. Kristin Porter 5:14.06, 9. Christy Oliveira 5:16.39, 10. Ann Kuphalt 5:18.26, 11. Rosetta Hunter 5:18.50, 12. Sheila Burke 5:20.16, 13. Tonya Russell 5:31.12, 14. Tsuga Sesfah 5:52.59. Heat #2: 1. Kira Jorgensen 4:56.26, 2. Tracey Williams (Mt. View) 4:58.61, 3. Jessica Craven (Camarillo) 5:00.61, 4. Beth Bartholomew (Fremont) 5:01.18, 5. Mary Martinez (Foothill) 5:02.41, 6. Dana Bjornsen (Campolindo) 5:03.34, 7. Evie Barry (Santa Teresa) 5:08.23, 8. Melissa Pardini (Northgate) 5:09.01, 9. Mary Lopez (Madera) 5:09.72, 10. Alexandra Guidi (El Camino Real) 5:10.06, 11. Jennifer Hoeman (Nevada Union) 5:23.80, 12. Lisa Lopez (Baiboa) 5:34.52, 13. Michelle Keim (San Pasqual) 5:35.40, 14. Rosa Cazares (South Gate) 5:42.62.

3200 Meters:

Sophomore Karen Hecox (South Hills, Covina) entered the state meet

with the third fastest mile time in the nation (4:52.60).

Five state meet finalists from last year returned: junior Kira Jorgensen (Vista), second in 10:30.08; junior Reyna Cervantes (Montebello), third in 10:30.72; Hecox, fourth in 10:31.95; senior Katy McCandless (Castilleja, Palo Alto), fifth in 10:32.77; and senior Tracey Williams (Mt. View, El Monte), sixth in 10:33.85.

Hecox, second in the Southern Section in 10:40.37, defeated Cervantes, the Southern Section champion in 10:33.91, by 2.66—10:16.14 to 10:18.80. Hecox and Cervantes came through 3000 meters in 9:42.0 and 9:42.3, the top two times in the nation.

The state meet record of 10:04.2 was set by CVory Schubert (Del Mar, San Jose) in 1983. The national record of 10:03.7 was set by Erin Keogh (McLean, Langley, VA) in 1987.

McCandless placed third in 10:25.14.

Hecox, Cervantes, and McCandless turned in the top three times in the nation.

Jorgensen (Rancho Buena Vista, Vista), with only an hour and twenty minutes rest from her 1600 victory, was fourth in 10:25.55. Senior Jennifer Ashe (Leland, San Jose) was fifth in 10:31.33, junior Jaime Park (Santa Barbara) was sixth in 10:48.77, and senior Nicole Houle (Hesperia) was seventh in 10:54.37. Williams did not run.

Finals

1 Karen Hecox (S Hills, Cov)	10:16.14
2 Reyna Cervantes (Montebo)	10:18.80
3 Katy McCandless (Castill)	10:25.14
4 Kira Jorgensen (RanBuVist)	10:25.55
5 Jennifer Ashe (Leland)	10:31.33
6 Jaime Park (Santa Barbara)	10:48.77
7 Nicole Houle (Hesperia)	10:54.37
8 Ann Kuphalt (Bella Vista)	10:56.95
9 Mary Lopez (Madera)	11:01.60
10 Rachel Lewis (SanCata)	11:01.96
11 Jerri Martin (San Pedro)	11:04.33
12 Dana Bjornsen (Campoli)	11:05.67
13 Tina Gorbet (Lassen)	11:07.92
14 Michelle Ferguson (Piner)	11:07.93
15 Martha Segura (Lincoln)	11:12.86

100 Meter Hurdles:

Senior Michelle DeCoux (Bishop O'Dowd, Oakland), the North Coast Section champion at 13.9 and the winner of heat three in 13.97, defeated freshman Keri Sanchez (Santa Teresa, San Jose), the Central

Coast Section champion in 13.98 and the winner of heat one in 13.90 wind-aided, by .08—13.91 to 13.99.

"It really hasn't hit me yet," DeCoux said to Eldredge McCreedy of *The Tribune*. "I thought she (LaTanya Davenport of Locke, LA) was ahead of me until she hit it (the hurdle)."

The state meet record of 13.34 was set by Janeene Vickers (Pomona) in 1987. The national record of



Fine Flicks by Don Goeney

KATHI ROLDAN--800

13.2 was set by Tanya Davis (Sterling, Houston, TX) in 1985.

Sophomore Felice Lipscomb (Santa Monica), second in heat three in 14.09, placed third in 14.04. Senior Lisa Hale (Riverside Poly), third in heat one in 14.24 wind-aided, placed fourth in 14.32.

Junior LaTanya Davenport (Locke, LA) placed second in heat one in 13.91 wind-aided. Senior Sharon Edmonds (Hawthorne) won heat two in 14.21.

The wind readings on the heats varied from a high of +3.34 mps aiding the runners in heat one to a negative wind of -0.18 mps into the faces of the runners in heat four. Three runners qualified for the final from heat one, but only one runner qualified in heat four. Is this justice?

According to *Track and Field News' Little Gold Book*, a wind of 3.3 aids a runner by .25. A wind of -0.1 hinders a runner by .01, and a -0.2 wind has an effect of .02. Thus, .25 should be added on to the times in heat one, and .018 subtracted from the times in heat four. Should the effect of the wind be taken into account when de-

termining the qualifiers for the finals?

If these two heats had been adjusted for the effect of the wind, then senior Regina Weatherford (Locke, LA) would have made the finals, but Lisa Hale (Riverside Poly) would not have qualified.

Finals

1 Michelle DeCoux (O'Dowd)	13.91
2 Keri Sanchez (Santa Ter)	13.99



Fine Flicks by Don Goeney

KIRA JORGENSEN -- 1600

3 Felice Lipscomb (SanMon)	14.04
4 Lisa Hale (Riverside Poly)	14.32
5 LaTanya Davenport (Locke)	14.33
6 Sharon Polley (El Molino)	14.55
7 Sharon Swift (Eisenhower)	14.57
8 Andrea Swift (Bonica)	14.82
9 Sharon Edmonds (Hawth)	15.04

Heat #1: 1. Keri Sanchez (Santa Teresa) 13.90, 2. LaTanya Davenport (Locke) 13.91, 3. Lisa Hale (Riverside Poly) 14.24, 4. Bridget Taylor (James Logan) 14.68, 5. Kathi Roldan (Mt. Whitney) 14.86, 6. Nicole Redmon (Hogan) 15.00, 7. Traci Ciapponi (Chico) 15.32. Heat #2: 1. Sharon Edmonds (Hawthorne) 14.21, 2. Sharon Polley (El Molino) 14.34, 3. Sharon Swift (Eisenhower) 14.38, 4. Lisa Tumans (El Capitan) 15.24, 5. Shelley Duttar (Clovis) 15.28, 6. Tasha Turner (Narbonne) 15.39. Heat #3: 1. Michelle DeCoux (Bishop O'Dowd) 13.97, 2. Felice Lipscomb (Santa Monica) 14.09, 3. Kim Young (Madera) 14.51, 4. Ada Aiser (Sequoia) 14.90, 5. Kim Dill (Poway) 15.23, 6. Michelle Silva (Valley) 15.34, 7. Andrea Burnside (Westchester) 16.09. Heat #4: 1. Andrea Swift (Bonica) 14.42, 2. Regina Weatherford (Locke) 14.43, 3. Suzanne Keaho (Mission Viejo) 14.51, 4. Cathy Stark (San Pasqual) 15.30, 5. Lisa Fisher (Gunn) 15.32, 6. Lasha Pierce (Oakland) 15.49, 7. Kelli Keen (Washington) 17.32.

300 Meter Hurdles:

Senior Regina Weatherford (Locke, LA) and freshman Keri Sanchez (Santa Teresa, San Jose) entered the state meet with the first and third fastest times in the nation—42.78 and 42.96.

After running three of the four heats

Section record of 44.06 set by Debbie Budwig (Clovis West, Fresno) in 1984.

"I had nightmares all Friday night," said Young to Driscoll. "This (Cerritos) was the same place I fell as a freshman, on the fifth hurdle. And I hit my knee last night so I was a little worried about it.

"Last night, when I heard about the hurdles, I wanted to cry. I wanted to trash my track career right then and there.

"Today, we were lining up for the hurdles and I heard the people from Hoover, Clovis West, even Bakersfield going, 'Go, Kim, c'mon.' Then I felt great."

Senior Ada Alger (Sequoia, Redwood City) placed second in heat three in 44.00.

Finals	
1 Michelle DeCoux (O'Dowd)	42.16
2 Keri Sanchez (Santa Teresa)	43.15
3 Kim Young (Madera)	43.75
4 Ada Alger (Sequoia)	44.29
5 Danielle Reaves (Esperanza)	44.43
6 Sharon Edmonds (Hawthorn)	44.52
7 Stacy Thompson (Morse)	44.70
8 Iliana Mazingo (Hawthorne)	45.49

Heat #1: 1. Danielle Reaves (Esperanza) 44.82, 2. Stacy Thompson (Morse) 44.89, 3. Vickey Allegri (Harbor) 45.08, 4. Regina Weatherford (Locke) 46.74, 5. Christy Boyd (Foothill) 47.26, 6. D'Guia Woods (Castlemont) 48.17. Heat #2: 1. Keri Sanchez (Santa Teresa) 44.04, 2. Iliana Mazingo (Hawthorne) 44.90, 3. Andrea Swift (Bonicia) 45.92, 4. Jennifer Sperling (Clovis West) 46.30, 5. Stacy Mikelson (Placer) 47.80, 6. Chrystal Lewis (Dorsey) N.T. Heat #3: 1. Michelle DeCoux (Bishop O'Dowd) 42.78, 2. Aba Alger (Sequoia) 44.00, 3. Kim Young (Madera) 44.02, 4. Cindy Byrne (Canyon, Canyon Co.) 44.82, 5. Marissa Wilkerson (Vanden) 45.96, 6. Glenda Whipple (Etna) 47.24, 7. Jane Kim (Taft) 47.31. Heat #4: 1. Sharon Edmonds (Hawthorne) 44.85, 2. Shanee Somerville (Palm Springs) 45.45, 3. Cassandra Tyson (Mt. Carmel) 45.50, 4. Amanda Dias (Manteca) 47.27, 5. Lori Hokerson (Clayton Valley) 48.57, 6. Larriane Tatman (Foothill) 50.76.

400 M Relay:

Hawthorne entered the state meet with the second fastest time in the nation at 46.73. The national leader is Carter (Dallas) at 46.24 (y).

Hawthorne, the Southern Section champion in 46.73 and winner of heat one in 47.03, defeated St. Francis (Mt. View), the Central Coast Section champion in 47.43 and the winner of heat three in 47.07, by .04-

-47.10 to 47.14.

Hawthorne has won the state meet five times out of 15 meets.

The state meet and national record of 45.11 was set by Hawthorne in 1985.

Muir (Pasadena), the winner of heat two in 47.50, placed third in 47.42.

Rio Mesa (Oxnard), second in heat three in 47.35, was fourth in 47.64.

Locke (Los Angeles), second in heat two in 47.67, was fifth in 47.96.

Morse (San Diego) placed third in heat three in 48.08.

Finals	
1 Hawthorne	47.10
2 St. Francis	47.14
3 Muir (Pasadena)	47.42
4 Rio Mesa (Oxnard)	47.64
5 Locke (LA)	47.96
6 Dorsey (LA)	48.32
7 Esperanza	48.63
8 Archbishop Mitty	48.85
9 Morse (San Diego)	48.87

Heat #1: 1. Hawthorne 47.03, 2. Cajon 48.41, 3. Washington 48.54, 4. Crenshaw 49.07, 5. Tokay 49.42, 6. Bishop O'Dowd 49.58, 7. McAteer 50.38. Heat #2: 1. Muir 47.50, 2. Locke 47.67, 3. Archbishop Mitty 48.25, 4. Serra 49.14, 5. Hoover 50.07, 6. Richmond 50.13, 7. Orland 51.56. Heat #3: 1. St. Francis 47.07, 2. Rio Mesa 47.35, 3. Morse 48.08, 4. San Fernando 48.76, 5. James Logan 49.57, 6. Oakland 49.82, 7. Lincoln 50.66. Heat #4: 1. Dorsey 47.69, 2. Esperanza 48.22, 3. Bakersfield 48.27, 4. Independence 49.15, 5. Vallejo 49.34, 6. University City 49.67, 7. Northgate 50.52.

1600 M Relay:

Locke (Los Angeles) entered the state meet with the third best time in the nation at 3:47.14 (y).

Hawthorne, the Southern Section champion in 3:49.83 and winner of heat two in 3:50.59, defeated Locke (Los Angeles), the Los Angeles Section champion in 3:48.55 and second in heat one in 3:49.46, by .87--3:47.32 to 3:48.19.

The State Meet and National Record of 3:37.69 was set by Muir (Pasadena) in 1985.

Corona del Mar (Newport Beach), the winner of heat one in 3:49.46, placed third in 3:48.28. St. Francis (Mt. View), the winner of heat four in 3:48.62, was fourth in 3:49.06. Muir (Pasadena), second in heat two in 3:53.90, was fifth in 3:50.41. Woodbridge (Irvine), second in heat four in 3:52.67, was sixth in 3:52.80. Archbishop Mitty (San Jose), third in heat one in 3:51.10, was seventh in 3:53.44.

Dorsey (Los Angeles) placed second in heat three in 3:53.14.

Finals	
1 Hawthorne	3:47.32
2 Locke	3:48.19
3 Corona Del Mar	3:48.28
4 St. Francis	3:49.06
5 Muir	3:50.41
6 Woodbridge (Irvine)	3:52.60
7 Archbishop Mitty	3:53.44
8 Dorsey	3:54.92
9 Pomona	3:55.45

Heat #1: 1. Corona del Mar 3:49.46, 2. Locke 3:49.46, 3. Archbishop Mitty 3:51.10, 4. Kennedy (Fremont) 3:57.51, 5. Lowell 4:17.80. Heat #2: 1. Hawthorne 3:50.59, 2. Muir 3:53.90, 3. Bishop O'Dowd 3:54.43, 4. El Capitan 3:57.98, 5. Clovis 3:59.50, 6. Bret Harte 4:10.52. Heat #3: 1. Pomona 3:51.72, 2. Dorsey 3:53.14, 3. San Pasqual 3:59.13, 4. Independence 4:01.27, 5. Northgate 4:03.24, 6. Bakersfield 4:09.65. Heat #4: 1. St. Francis 3:48.62, 2. Woodbridge 3:52.67, 3. Morse 3:56.65, 4. Davis 4:02.05, 5. James Logan 4:03.09, 6. San Fernando 4:03.69, 7. West Valley 4:04.52.

High Jump:



Fine Flicks by Don Gooney

MICHELLE DECOUX 100HH & 300IH

Senior Celia Willis (Clovis West, Fresno) entered the state meet with the best high jump in the nation at 6-0.

Three state meet finalists from last year returned: senior Lynn Patrick (Serra, San Diego), first at 5-10;



Fine Flicks by Don Gooney

KAREN HECOX--3200

on Friday it was discovered that the seventh flight of hurdles was placed incorrectly. Thus, all the trial heats were moved to Saturday morning at 10:00.

Weatherford, the Los Angeles Section champion in 42.89, finished fourth in heat one and failed to qualify for the finals.

Senior Michelle DeCoux (Bishop O'Dowd, Oakland), the North Coast Section champion at 43.00 and the winner of heat three in 42.78, defeated freshman Keri Sanchez (Santa Teresa, San Jose), the Central Coast Section champion in 43.23 and the winner of heat two in 44.04, by .99--42.16 to 43.15. DeCoux's time is the best in the nation this year. DeCoux and Burnham were the only double winners among the girls.

The state and national freshman record of 43.08 was set by Janeene Vickers (Pomona) in 1984.

The state meet record and national record of 40.18 was set by Leslie Maxie (Mills, Millbrae) in 1984.

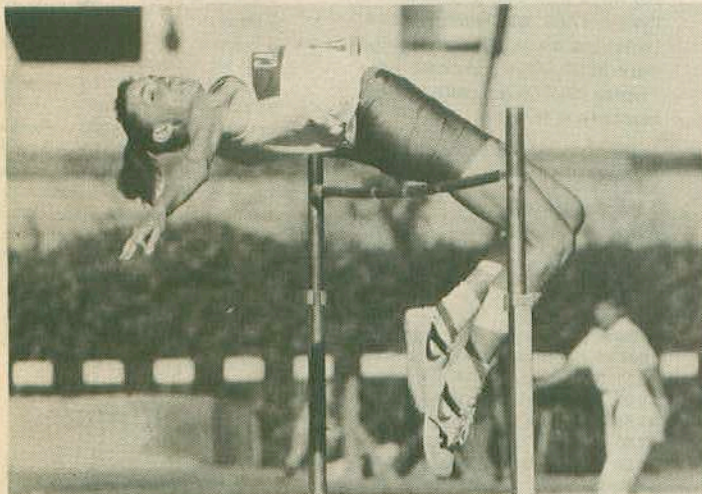
Junior Kim Young (Madera), third in heat three in 44.02, placed third in 43.75. Young broke the Central

CIF STATE MEET

senior Mary Prince (Paradise), sixth at 5-8; and Willis, ninth at 5-6.

Sophomore Crissy Mills (Campbell Hall, North Hollywood), second in the Southern Section at 5-6, defeated Patrick, the San Diego Section champion at 5-4, on the basis of

1 Crissy Mills (Campbell Hall)	5-10
2 Lynn Patrick (Serra)	5-10
3 Marilyn Gragin (Miraleste)	5-8
3 Celia Willis (Clovis West)	5-8
5 Karol Damon (Redlands)	5-8
6 Lori Mertes (Chatsworth)	5-6
6 Natalie Barker (Colfax)	5-6
8 Mary Prince (Paradise)	5-4



Fine Flicks by Don Geaney

CRISSY MILLS--HJ

fewer misses at 5-10. The state meet program incorrectly listed Mills as a junior. Campbell Hall has an enrollment of only 300 students.

"I can't believe it, everything was perfect," Mills said to Johannes Tesselaaar of the *Daily News*. "Nothing bothered me.

"Now I'll just have to do it again next year and the next year."

The state meet record and national record of 6-2 3/4 was set by Latrese Johnson (Clovis) in 1985.

Mills took eight jumps in the competition, while Patrick took 18! Junior Marilyn Gragin (Miraleste, Rancho Palos Verdes) tied for third at 5-8 with Willis.

"I didn't expect third," said Gragin to Phil Collin of the *Daily Breeze*. "I was just hoping to come in last. Yesterday I was just hoping to make it, so finishing third was a surprise."

"I'm not disappointed," said Willis to Driscoll. "When I was jumping I felt OK. Now that I'm done, I feel like I've been hit by a truck."

Senior Karol Damon (Redlands), the Southern Section champion at 5-6, placed fifth at 5-8. Prince placed eighth at 5-4.

Finals

9 Melanie Clarke (El Camino)	5-4
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Finalists: 1. Melanie Clarke (El Camino Real) 5-6, 2. Lori Mertes (Chatsworth) 5-6, 3. Natalie Barker (Colfax) 5-6, 4. Lynn Patrick (Serra) 5-6, 5. Karol Damon (Redlands) 5-6, 6. Crissy Mills (Campbell Hall) 5-6, 7. Marilyn Gragin (Miraleste) 5-6, 8. Celia Willis (Clovis West) 5-6, 9. Mary Prince (Paradise) 5-6.

Long Jump:

Senior Tonya Conner (Barstow), second in the Southern Section at 18-2 1/2, won with her third jump on Friday of 19-5 3/4. The marks in the trials carried over to the finals. The jumpers were given three jumps on Friday and four jumps on Saturday. Conner's series: 18-6, 19-0 1/4, 19-5 3/4, 18-11, 18-9 1/2, 18-11, 17-8 3/4.

The state meet record of 20-9 3/4 was set by Wendy Brown (Woodside) in 1984. The national record of 22-1 3/4 was set by Kathy McMillan (Hoke County, Raeford, NC) in 1976.

Sophomore Nicole Smith (Montclair Prep, Van Nuys), the Southern Section champion at 18-6, placed second at 19-0 with her final jump on Saturday. Smith's series: ---, 18-7 1/2, 18-7 1/4, 18-5 1/2, 18-2 1/2, 18-8 1/2, 19-0.

If only the marks on Saturday had counted, then Smith would have defeated Conner.

"My goal at the start of the year was to get here," Smith said to Johannes Tesselaaar of the *Daily News*. "Then I wanted to get in the top five. Finishing second is like winning to me."

Finals

1 Tonya Conner (Barstow)	19-5 3/4
2 Nicole Smith (Montclair)	19-0
3 Marlo Aubert (Milpitas)	18-7 1/2
4 Mary Bittner (Rio Mesa)	18-2
5 Annette Coleman (Carlt)	18-1 3/4
6 April Nash (Ontario)	18-0 1/2
7 Lynette Christian (Dorsey)	17-11 3/4
8 Stephanie Rhoades (Woo)	17-10 3/4
9 Melanie Clarke (El CamiRI)	17-10

Finalists: 1. Tonya Conner (Barstow) 19-5 3/4, 2. Nicole Smith (Montclair) 18-7 1/2, 3. Marlo Aubert (Milpitas) 18-7 1/2, 4. Mary Bittner (Rio Mesa) 18-2, 5. Annette Coleman (Carlmont) 18-1 3/4, 6. Lynette Christian (Dorsey) 17-11 3/4, 7. Stephanie Rhoades (Woodland) 17-10 3/4, 8. Melanie Clarke (El Camino Real) 17-8 1/2, 9. April Nash (Ontario) 17-7 1/2.

Triple Jump:

Two state meet finalists returned from last year: senior Tonya Conner (Barstow), sixth at 38-5 1/2; and senior Lafrania West (Grossmont, La Mesa), seventh at 38-1 1/2.

Senior Althea Moses (Morningside, Inglewood), the Southern Section at 39-5 1/4, defeated West, the San Diego Section champion at 39-7, by one inch--40-9 3/4 to 40-8 3/4.

It marked the first time that a girl from Southern California had won the triple jump at the state meet. Wendy Brown (Woodside) won three times: 1982, 1983, and 1984; Sheila Hudson (Rio Linda), who won the NCAA championship for California on June 4 at 45-8, won in 1985; Felicia Harris (San Lorenzo) won in 1986; and Kim Lassair (Northgate, Walnut Creek) won in 1987.

"I felt very strong and confident," Moses said to Phil Collin of the *Daily Breeze*. "I just wanted to work my phases right and not give up anything.

"I was hitting that (foul) board right in the middle. I knew I had to do it. This was it."

The state meet record and national record of 42-10 1/2 was set by Wendy Brown (Woodside) in 1984.

Moses' series: 39-4 1/2, 38-0 1/2, 39-11 3/4, S, 39-3 3/4, 40-9 3/4, 40-5. West's series: S, 40-8 3/4, 37-9 1/4, 38-10, 40-8 3/4, 38-9 1/4, 40-0 1/4. Freshman Keri Sanchez (Santa

Teresa, San Jose) placed third at 39-9 1/2. Senior Stacy Thompson (Morse, San Diego) was fourth at 39-1. Senior Rochelle Johnson (Henry, San Diego) was fifth at 38-7. Conner, the long jump winner, placed sixth at 38-6. Sophomore Lisa Fager (Mission Viejo) was seventh at 38-4.

Finals

1 Althea Moses (Morningside)	40-9 3/4
2 Lafrania West (Grossmont)	40-8 3/4
3 Keri Sanchez (Santa Ter)	39-9 1/2
4 Stacy Thompson (Morse)	39-1
5 Rochelle Johnson (P Henry)	38-7
6 Tonya Conner (Barstow)	38-6
7 Margie Gillis (Burbank)	37-8 1/4
8 Stephanie Rhoades (Wdnd)	37-5 1/4
9 Lisa Fager (Mission Viejo)	38-4

Finalists: 1. Lafrania West (Grossmont) 40-8 3/4, 2. Althea Moses (Morningside) 39-11 3/4, 3. Keri Sanchez (Santa Teresa) 39-8 1/2, 4. Stacy Thompson (Morse) 39-1, 5. Rochelle Johnson (Patrick Henry) 38-7, 6. Tonya Conner (Barstow) 38-6, 7. Lisa Fager (Mission Viejo) 38-4, 8. Margie Gillis (Burbank) 37-8 3/4, 9. Stephanie Rhoades (Woodland) 37-5 1/4.

Shot Put:

Three state meet finalists from last year returned: senior Jenni Whelchel (Agoura), first at 43-9 1/2; sophomore Dawn Dumble (Bakersfield), second at 43-0 1/2; and senior Heidee Ruiz (Los Gatos), third at 42-4.



Fine Flicks by Don Geaney

DAWN DUMBLE--SP

Dumble, the Central Section champion at 46-7 1/4, defeated Ruiz, the Central Coast Section champion at 42-6, by over three feet--48-2 1/2 to

44-9 1/2. Dumble's mark is the second best in the nation this year. The national leader is Christy Ward (North Valley, Grants Pass, OR) at 48-7.

The state meet record and national record of 53-7 3/4 was set by Natalie Kaaiawahia (Fullerton) in 1983.

Dumble's series: ---, 45-3 1/2, 48-2 1/2, 43-0 3/4, ---, ---, ---. Ruiz's series: 42-3, 43-7 1/2, 43-0 1/4, 42-9 1/4, 44-9 1/2, ---, 41-10 1/2. Senior Melanie Jones (Long Beach Poly) placed third at 44-4. Whelchel, the Southern Section champion at 42-9 1/4, was fourth at 43-2 1/4. Senior Laura Hughes (Orange Glen, Escondido) was fifth at 43-1 1/2.

Finals

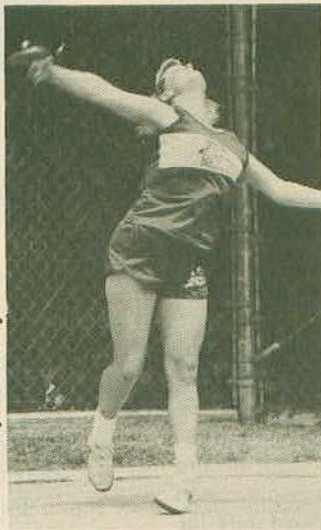
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|------------------------------|-----------|
| 1 Dawn Dumble (Bakersfield) | 48-2 1/2 |
| 2 Heidee Ruiz (Los Gatos) | 44-9 1/2 |
| 3 Melanie Jones (Lg Bch Ply) | 44-4 |
| 4 Jenni Whelchel (Agoura) | 43-2 1/4 |
| 5 Laura Hughes (Or GlEsco) | 43-1 1/2 |
| 6 Angie Arrinston (Palmdale) | 42-01 |
| 7 Erica Moore (Ramona) | 41-3 3/4 |
| 8 Tanisha Huddleston (Mer) | 40-11 1/4 |
| 9 Donna McKinnon (Yreka) | 40-10 3/4 |
- Finalists: 1. Dawn Dumble (Bakersfield) 48-2 1/2, 2. Heidee Ruiz (Los Gatos) 43-7 1/2, 3. Jenni Whelchel (Agoura) 43-2 1/4, 4. Melanie Jones (Long Beach Poly) 42-3, 5. Angie Arrinston (Palmdale) 41-10, 6. Erica Moore (Ramona) 41-3 3/4, 7. Laura Hughes (Orange Glen) 41-3 1/2, 8. Tanisha Huddleston (Merced) 40-11 1/4, 9. Donna McKinnon (Yreka) 40-10 3/4.

Discus:

It was like old home week as six of nine finalists from last year returned. That's an astonishing 66-0 2/3%! All of them are underclasswomen! Returnees included: sophomore Dawn Dumble (Bakersfield), who set a national freshman class record last year of 157-7 and won the state championship at 145-9; junior Jenny Peters (Gunn, Palo Alto), third at 138-5; junior Allison Franke (Canyon, Anaheim), fourth at 135-1; sophomore Melissa Weis (Bakersfield), fifth at 132-8; sophomore Reneeka Williams (Nogales, La Puente), sixth at 128-4; and junior Debbie Cembellin (Amador Valley, Pleasanton), eighth at 119-2.

Weis entered the state meet with the second best throw in the nation at 160-11. The national sophomore class record of 162-10 was set by Natalie Kaaiawahia (Fullerton) in 1981.

Weis, the Central Section champion at 155-6, defeated fellow sophomore Dawn Dumble (Bakersfield),



Fine Flicks by Don Gooney

MELISSA WEIS--DT

second in the Central Section at 148-1, by three feet, seven inches--159-7 to 156-0--on her final throw.

The state meet record of 172-11 was set by Leslie Deniz (Gridley) in 1980. The national record of 176-4 was set by Cindy Johnson (Chandler, AZ) in 1982.

Weis' series: 151-4, 154-8, ---, F, 145-6, 151-11, 159-7. Dumble's series: ---, 150-8, 156-0, 123-3, 140-11, 129-9, F. Peters placed third at 154-8. Senior Donna McKinnon (Yreka) was fourth at 149-0. Williams was fifth at 147-2. Franke, the Southern Section champion at 158-4, was sixth at 145-6. Senior Heidee Ruiz (Los Gatos), second in the shot put, placed seventh at 144-1. Cembellin was eighth at 139-6.

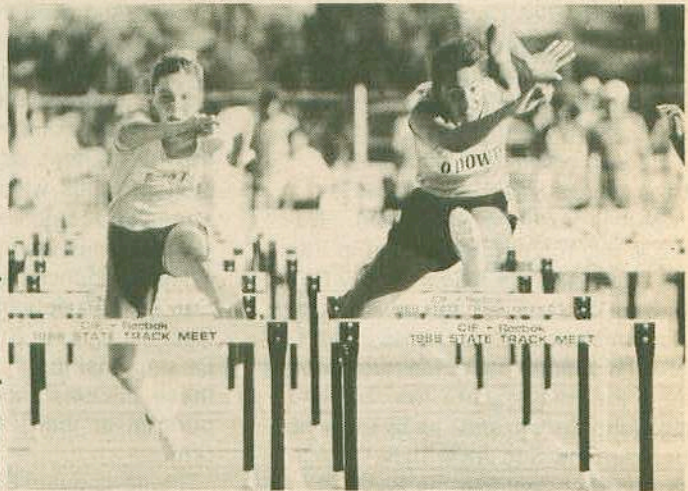
Finals

- | | |
|------------------------------|-------|
| 1 Melissa Weis (Bakersfield) | 159-7 |
| 2 Dawn Dumble (Bakersfield) | 156-0 |
| 3 Jenny Peters (Gunn) | 154-8 |
| 4 Donna McKinnon (Yreka) | 141-0 |
| 5 Reneeka Williams (Nogal) | 147-2 |
| 6 Allison Franke (Canyon) | 145-6 |
| 7 Heidee Ruiz (Los Gatos) | 144-1 |
| 8 Debbie Cembellin (Am Vily) | 139-6 |
| 9 Laura Hughes (Orange Gl) | 135-7 |
- Finalists: 1. Dawn Dumble (Bakersfield) 156-0, 2. Melissa Weis (Bakersfield) 154-8, 3. Jenny Peters (Gunn) 149-11, 4. Donna McKinnon (Yreka) 148-3, 5. Allison Franke (Canyon (Anaheim) 145-6, 6. Heidee Ruiz (Los Gatos) 144-1, 7. Reneeka Williams (Nogales) 140-18, 8. Debbie Cambellin (Amador Valley) 139-6, 9. Laura Hughes (Orange Glen) 135-7.

Team Scoring:

Bakersfield of the Central Section and Rio Mesa (Oxnard) of the Southern Section tied for first place with 28 points. It was the first time in the history of the state meet for girls (the first one was in 1974) that there has been a tie for the team championship. There have been eight ties in the history of boys' competition from 1915 to the present. Hawthorne of the Southern Section placed third with 27 points. Only one point separated the first three teams.

1 Bakersfield	28
1 Rio Mesa	28
3 Hawthorne	27
4 Muir	22
4 Santa Teresa	22
6 Bishop O'Dowd	20
7 St. Francis	16
8 Locke	14
8 Rancho Buena Vista	14
8 Archbishop Mitty	14
8 Hueneme	14



Fine Flicks by Don Gooney

KERI SANCHEZ (left) & MICHELLE DECOUX



Keeping Pace

By Mark Winitz



Collegiate Track Runs Into Hard Times

In an Olympic year, when interest in track and field is at its height, we are reminded, soberingly, of just how vulnerable this sport is in the U.S. Running around an oval and jumping and throwing in its pure and ingenious forms has never been high in spectator appeal. It probably never will be. Consequently, it has suffered economically. Its visibility in the daily sports media--outside of the Olympic Games--is, also, virtually nil.

An excellent example is last May's Bruce Jenner Bud Light Classic meet (covered elsewhere in this issue). This San Jose event, the only North American stop on the IAAF Mobil Grand Prix Tour, attracted a mere 8,900 spectators to San Jose City College. Even the most sparsely attended major league baseball game holds more spectator appeal. And this was the most important international-level track and field meet on American soil in an Olympic year.

At the scholastic and grassroots level, the sport is suffering even more. Nowhere is this more apparent than in San Jose. Just down the road from City College, Bud Winter Field (the second oldest Tartan track in the U.S.) lies in disrepair. This was once the stomping ground for track racers like Tommie Smith, John Carlos, and Lee Evans, who helped dub the San Jose State College track program, just like the track, is in ruin. San Jose State terminated the program, along with three other sports, just as San Jose was completing its 1988 track season.

Ironically, in the May issue of *RunCal*, (before the termination was announced) I stated that San Jose State's coach Marshall Clark, was in "search of a track" as he sought the necessary funds to repair Bud Winter Field. Now, literally, that is true. The coach who guided and inspired a fair share of the country's best distance runners at Stanford University and (More recently) San Jose State is now in search of a job (as are his three assistant coaches). And the athletes, many on scholarship, will be seeking new schools or dropping their collegiate athletic plans.

Always a man to think beyond his own sphere, Coach Clark pointed out to me that the termination of four sports affects a full quarter of the school's athletes.

"This was something that they (school administrators) were planning for while," Clark told me as he watched the Bruce Jenner Meet. "But they didn't let it out. This has really put a black spot on the school's image." The 55 year-old coach said that his attempt to raise funds for track repairs fueled the fire in the end since administrators simply used the needy facility as one justification for their action. Even though half of the renovation funds had already been raised. And even though the total operating expenses for T&F at San Jose amounted to little more than Clark's salary--a good portion of which he channeled right back into the program. Most travel expenses were taken care of by student funds which the student body earmarked to go into diversified athletics other than football and basketball.

The announcement came just as the San Jose track team was going into the Pacific Coast Athletic Association Championships. Predictably, under these circumstances, the team didn't perform at their best. They finished fifth.

The news out of San Jose is disturbing at best. The fact that the track and field program as SJS yielded more NCAA team and individual titles than any other sport at the school had no effect on the final result. Neither did the fact that 41 Olympians and 8 gold medalists were reared in that program, or that Bud Winter (who coached at SJS from 1941-70) was selected to coach the 1960 U.S. Olympic team and voted into the Track & Field Hall of Fame.

Only weeks before the San Jose calamity, Oregon State University--in the runner-talented and running-enthusiastic area of central Oregon--announced it will drop its track program. We can only pray that this doesn't become a trend. In the general absence of a strong club system in the U.S., scho-

lastic competition is the central vehicle for the development of our best, young runners. And it is the patient and progressive training regimens espoused by coaches like Clark that have helped remove the stigma of school track as "burnout city."

Another such coach is well-known Bill Dellinger of the University of Oregon, who over the past 15 years has continued that school's rich tradition as the Oxford of running institutions. Dellinger believes the future of college track & field is in serious straights. His solution is for the USOC and TAC to contribute \$40,000 to each of the top 20 dual-meet teams (as ranked by *Track & Field News*) at the end of each season. Although TAC states these funds are simply not available, Dellinger believes the governing body could funnel the funds to college programs from the "several millions of dollars that come in through contributions for Olympic development every four years."

But in San Jose, the prospect for national assistance was as far away as Indianapolis (the location of TAC's headquarters and this year's Olympic T&F Trials) by foot. The last lap for SJS T&F cloaked much of the local running community in somber tones as many realized that the verdict was explicit and final.

"This is a real injustice to a fine coach and a program that established San Jose State as an athletic power," comments Tim Gruber who ran for San Jose State (along with brother, Dan) and who is now guided by Clark in his post-collegiate training. Gruber cites Duncan MacDonald and Tony Sandoval as examples of Clark's pupils who went on to become world class competitors. "But the important thing is that they're still running," he emphasizes.

Danny Gonzalez graduated from San

Keeping Pace

Jose's track program with honors, and is, also, still closely influenced by Clark and his days at SJS. "If it wasn't for track, I probably wouldn't have gone on in school," he admits. "I definitely couldn't have afforded it, and it would have been pretty hard to work, study, and run all at the same time."

The predicament of collegiate track and field has also been felt by schools with hefty resources to spread around—but not necessarily to track or its athletes. Two Stanford University coaches (Brooks Johnson and Scott Chisam) tell the *San Jose Mercury News* that scholarships for track and field and cross country athletes now number 14 at that school, nine less than in the mid-1970s. This may still seem like a lot, but track and field is a sport of many sports. That makes it difficult for Stanford to field an entire team in meets, so they gear their season toward invitationals where in-ditthe box office who have grown accustomed to team sports. Due to lack of depth, you'll not see a Stanford track

team at the top of the national heap, nor even on top of the Pac-10. But the school has kept its program alive. The real question is whether schools with tighter financial restraints can become more resourceful and do the same. As it stands now, the core of developmental running in this country depends on their doing so.

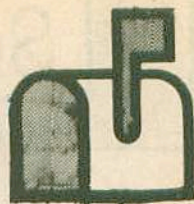
Note: Thanks to the following sources used in writing this article: Mike Cassidy and Jon Baker (San Jose Mercury News), Keith Peters (Times Tribune), Charles Hardy (San Francisco Examiner), Al Moss (San Francisco Chronicle), Kerry Eggers (Portland Oregonian) and John Jeansonne (Newsday).

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SoCal Diary

By BILL MINARIK

May 16

While both the CIF's Southern and L.A. City sections were involved with qualifying rounds, the Community Colleges were staging their So-Cal Championships at Balboa Stadium in San Diego. Long Beach CC as expected ran away with the men's title 170-75 over runner-up Pasadena, while Mt. SAC used it's all around strength to outdistance El Camino 112-95 as last year's State Champ Santa Monica, having been racked with ineligibilities, wasn't even in the picture.

At the PCAA Championships at Logan, Utah, the Fresno State men gave an awesome demonstration of front line strength, as they won 15 of 21 events including all of the field events en route to a 245-163 margin over runner-up U.C. Irvine. The Bulldog women also capitalized on their field event strength especially in the weights as they won a solid 169-126 victory over the runner-up Anteaters.

May 23

The CIF's Southern Section had it's Championships at Cerritos on Saturday and most of the favorites came home with the titles. Hawthorne, Arroyo, Morningside, and Oak Park captured boys divisional championships, while the girls from Hawthorne, Corona del Mar, Woodbridge, and Agoura won their respective divisions.

The L.A. City Section held it's semi-finals with Washington and Locke High Schools moving into favorite positions for next weeks finals. The Dorsey boys team was dealt a severe blow when star sprinter/hurdler Ron Copeland was declared out of further competition with a stress fracture of the ankle.

At the State Community College Championships at Bakersfield, Long Beach CC and Mt. SAC added state titles to their SoCal crowns of the previous week. The Viking men, however, were hard pressed to get by NorCal champ Taft 113-111 as the meet went right down to the 1600 relay. In the women's competition, Mt. SAC had a much easier time of it, as they cruised to a 114-61 victory over runner-up El Camino. Its rare when a team scores more points in the State Meet than the SoCal Meet, but the Lady Mounties did just that.

At the PAC-10 Meet at UCLA, it was the

Bruins all the way as they crushed runner-up's Washington State and Oregon 147-76-76 in the men's division and easily outdistanced Oregon 143-106 in the women's competition. As usual, Gail Devers starred for the Bruins winning the 100 meters in 11.05 run into the wind and then clocking a 12.68 100 meter hurdles which is the second fastest American performance of all time. USC came in 7th and 4th respectively and was lead by Wendy Brown who took firsts in the triple jump and heptathlon.

At the NCAA Division II Championship at San Angelo, Texas, it was a relatively dry year for SoCal schools as Abeline Christian took both men and women's titles. Top SoCal finishers were CPSLO and CSLA in the mens with 55 1/2 and 38 1/2 points respectively, good for 4th and 5th; and Cal Poly Pomona and C/S Northridge in the women's division with 59 1/2 and 38 points good for 4th and 8th.

May 27

The L.A. City C.I.F. Section had it's championship meet last Thursday as the Washington Generals lead by sprint star Brian Bridgewater took home their first boys title in recent memory with a 77-64 win over runner-up Chatsworth. Not only did Bridgewater win both sprints and anchor both relay teams to victory, but in winning the 200, he not only defeated state champ Quincy Watts, but did it in a time of 20.89 run into a stiff wind. In the girl's divisions, Coach Jimmy Lee's Locke High tracksters won their 5th consecutive title 93-64 over runner-up Dorsey.

The CIF's Southern Section had it's State Qualifying Meet with all potential state contenders appearing to advance.

At the NAIA Championships, Azusa-Pacific delighted a home crowd by running away from runner-up Prarie View 112-63 in the men's competition while the Azusa-Pacific women were 4th with 53 points behind Prarie View's winning total of 93. In the men's division, Pt. Loma finished a very respectable 7th with 26 points. Terry Franson's Thinclads again demonstrated the benefit derived from a strong field event corp as this group including the decathletes accounted for 82 of the men's winning point total.

At the Bruce Jenner Meet in San Jose, Jackie Joyner-Kersey continued to keep pace with stable-mate Gail Devers on their assault of the

100 meter hurdle record as she tied Gail's AR with a 12.61 clocking.

June 5

The State's Prep tracksters brought their season to an end Saturday with a familiar name emerging as boys titlist and a couple of not so familiar names tying for the girls championship at the State Meet held at Cerritos.

Hawthorne, which trailed a Brian Bridgewater



Photo by Bill Leung, Jr.

Wendy Brown

ead Washington High team by two points going into the 1600 relay, appeared to pull itself into a tie by winning the event with the Generals second. However, the tie quickly turned into a win when Washington was DQed for allegedly running outside their lane. In the girl's division, Rio Mesa lead by Angela Burnham's victories in the 100 and 200 gained a 28-28 tie with Bakersfield which scored all of its points in the weights. The Hawthorne girls who took both relays were just one point behind in 3rd. The most closely followed event of the entire meet was the boys 200 where Brian Bridgewater just nipped Taft's Quincy Watts 21.00 to 21.02 to prevent Quincy from becoming the first trackster in over 40 years to win 3 consecutive sprint titles.

At the NCAA Division I Championships at Eugene, the UCLA men's team repeated their overpowering performance of a year ago as they parlayed the talents of Coach John Smith's sprinters and Art Venegas' throwers into a 82-41 runaway over runner-up Texas. The UCLA women weren't quite as fortunate, as the LSU Tigers had too many guns on the track and ultimately hung on for a 61-58 victory over the runner-up Bruins. UCLA super star Gail Devers participated in 42 of the 58 Bruin points, but hit a hurdle while leading her specialty and finished 3rd which may have cost the Bruins the title. The most impressive performance of the day belonged to the UCLA men's 1600 relay team which set a CR while being the first collegiate team to break 3 minutes having been clocked at 2:59.91. The big surprise of the meet was in the men's shot put where the winning distance was a paltry 62-3 3/4. That use to be the winning distance in Division II. There has been speculation that increased drug testing has caused athletes to discontinue drug use which has diminished performances.

While on the subject of drug testing, when the TAC announced that there would be drug testing for last Sunday's Pepsi Invitational at UCLA, so many of the top throwers dropped out, that meet promoter Al Franken was forced to cancel both the shot put and discus events. However, in some of the big events that were contested Carl Lewis took the 100 in 10.13; Roger Kingdom upset Greg Foster in the Highs 13.30 to 13.39, and Steve Scott appeared to be in Olympic form as he held off Joaquin Cruz in identical times of 3:53.6, in the Mile.



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Photo by Mark Winitz

An Interview with...

STEVE STEVE STEVE STEVE STEVE Scott

By GREGOR ROBIN

With the Olympics around the corner and the United States Olympic Trials running currently, American mile record-holder and two-time Olympian Steve Scott is the man to talk to for a perspective on what's ahead.

Scott, now 32, has seen it all. World records, Olympic records, ecstasy, agony—they are all a part of his career that now spans well over a decade.

At the time of the interview (June 20), Scott had already run 3:37.55 for 1500 meters to win at the Bruce Jenner Meet and 3:53.6 for the Pepsi Meet mile title. It's a strong start for what should be an intense three-month build-up to the Olympics, assuming the 3:47.69 miler makes the team.

Obviously, Scott is considered one of the favorites at the Olympic Trials, along with Jim Spivey and Chuck Aragon. But there is a youthful crop of U.S. milers coming up and Scott isn't taking anyone for granted.

"It's kind of fun to see what these

younger runners have," said Scott. "You read about them all season racing at the college level, but that's a different class of competition."

Scott has been preparing for the trials with more track workouts. He calls it pacework and it includes runs of up to 1000 meters at around 60-second per-lap pace. He's doing them three times a week.

The trials (July 15-23) are being held at Indiana University. Scott holds the Olympic Trials 1500 record of 3:35.15 which he set in 1980 at the University of Oregon's Hayward Field. That time may be broken in Indiana, but as Scott will tell you, it's going to be a tactical race. Wind may be a factor, he says.

Although, at one time, Scott was considering moving up to the 5000 meters for these Olympics, he said that move doesn't look likely for now. He did set a road world record 13:30.2 on March 27 at the Carlsbad 5000. But he realizes the mile is still his premiere

event.

Scott admits that making the Olympic 1500 meter final will be an awesome feat in itself. Said Aouita is planning on running the 800 and 1500. World Champion Abdi Bile will be ready. Steve Cram, Sebastian Coe, Jose Luis Gonzales of Spain, and Jens-Peter Herold of East Germany are all capable of dominating the race, too.

Scott says he's running well and is excited now. But last season was a different story.

"The 1987 season was a flop," said Scott. "1987 was the worst year I ever had. My times were bad. My performances were bad. There really wasn't a highlight, whereas in 1988 it pretty much has turned around. I won the 3000 in the GTE Times Indoor Games (7:57.78) in February, won the Carlsbad 5000 and won my 5000 leg of the Ekiden Relay (13:52). Everything's been going well so far this year."

Scott said an injury was the reason

for his poor season in 1987.

"I think it was due to a chronic injury, a hamstring problem," said Scott. "It wasn't bad enough to not continue training and racing, but instead of taking care of it, I started running on it. It was a nagging injury and my training wasn't proper. I did the wrong things at the wrong time and never was able to come to a peak."

Still, with his off year, he was rated the No. 2 miler in the country.

Scott said rest, therapy, weekly massages and "just taking care of myself," brought him back.

Scott has been ranked among the top 10 milers in the world every year from 1977-1986. He was ranked No. 2 in the world in 1982 and 1983.

Scott has been ranked among the United States' top 7 milers every year since 1976. In 1976, as a sophomore at UC Irvine, Scott was ranked seventh in the country, his lowest ever. And his career continues.

This certainly is an intense time for Scott. While it was apparent in the interview that Scott wasn't as light-hearted and loose as he'd been in the past two meetings (see May 1986 and June 1987 issues of CTRN), he did start the interview with some comic relief.

CTRN: OK, Steve, you can be as brief or as in depth as you would like to be.

Scott: OK.

CTRN: First of all, how's your training been going...your miles, your speed-work, your diet?

Scott: Fine! {Long pause, then a chuckle.} Is that brief enough for you?

CTRN: Now Steve, I was just thinking of you. You can go as long or as short as you would like.

Scott: No, honestly, everything is going well. I haven't had any interruptions in training since the indoor season. I've been getting consistent mileage in. The workouts I've been doing have been more or less just what I'm supposed to be doing. I haven't gotten sick.

CTRN: About 80 miles a week?

Scott: About 90 for a while, and I've dropped down to about 80 for the last month.

CTRN: And what kind of speed-work?

Scott: My coach calls it speed-work. I call it pacework. Up to now it's been 1000s, 600s, 400s, that type of thing at whatever pace I can maintain and feel comfortable at, which is hopefully 60-second pace or a little faster. I've been going three times a week which is new to me. I'm not used to going on the track that much. I've never done it in the past.

CTRN: This is our third interview spanning the past three years. Your times are pretty much staying in the same realm. Can you mention your best efforts so far this season?

Scott: So far there have only been two (quality times). That's the Jenner Meet and Pepsi. Jenner was 3:37.5 and Pepsi was 3:53.6.

CTRN: You've just moved to a new place.

Scott: It's not a new place. We spent the summers here the last five years and it's been rented the rest of the year. So, now we decided to move in here full-time.

CTRN: It's in Leucadia. Is there good training around there?

Scott: Yes, very good.

CTRN: Your situation with Tiger?

Scott: Same as always.

CTRN: You're building up to the trials now. Those last two races must be a good sign for you.

Scott: Yeah. I think more than anything, working out three days a week on the track is going to be beneficial because both the trials and the Olympic Games are three races in a row. To have that strength behind me is going to definitely help. At this point all I'm looking toward is the trials and taking it one step at a time.

CTRN: In the trials, what do you expect? Is there any chance for you to run the 5000?

Scott: Not at this point.

CTRN: What do you expect in the

1500?

Scott: I think the one pivotal guy is Joe Falcon, and I'm going to race him this weekend at the Michelob Meet. I think he's chosen 5000 meters to run (at the trials), but who knows, he may change his mind depending on how he races here or in Europe. He's a tough competitor and it will be interesting to see what race he chooses. And (Jim) Spivey, obviously he's going to be there. Chuck Aragon, he's getting himself ready the right way, running the 800s, getting that speedwork in.

CTRN: You've been battling younger guys for a number of years now. How does it feel competing against these young upstarts?

Scott: Well, it's fun. It's new and interesting. I've never really raced Falcon before. Some of these other younger guys like (Charles) Marsala, last year was the first year I raced him. It's kind of fun to see what these younger runners have. You read about them all season racing at the college level, but that's a different class of competition. It's kind of fun to see how they fare against you.

CTRN: Do you take a big brother attitude toward them and help them or do you keep on the competitive edge with them and try and psych them out?

Scott: It depends on their attitude. If they are friendly and want to be talkative, and they want help, I'm more than happy to give it to them. But I'm not going to offer it to them unless they want help.

CTRN: What about the 5000? Have you spoke to Sidney Maree? Do you know what he's up to?

Scott: He's where he usually is. He's in good form. He just ran a 5000 the other day and won in 13:30, so I think he's right where he wants to be. And I think (Doug) Padilla is in good form and Terry Brahm is in very good form.

CTRN: What about the 800? Do you have any opinion on that?

Scott: None. I don't know who's running well. Johnny Gray is the only one that I'd call a shoe-in.

CTRN: Being in Indianapolis, what does that mean to you as far as the trials?

Scott: I've had some very good experiences in Indianapolis, good performances. I think the only negative would be the weather. There's a chance of it being very windy. The heat doesn't bother me for 1500 meters. That's not a big deal. But the wind can really effect the race to the point of having some people make the team that maybe wouldn't have made it otherwise.

CTRN: Do you feel confident, as confident as in other years? More confident? Less?

Scott: It's still more than a month away. I still have a lot of training to do between now and then. I feel pretty confident at this point and feel that it's going to get even better.

CTRN: The Olympics are in Seoul. Assuming you make the team, what do you think about the unrest over there now?

Scott: I don't feel anything at all. I don't feel threatened because I know that the security is going to be so tight. And most of the protest, from what I understand, are in the city of Seoul. The whole Olympic complex is well outside the city.

CTRN: How do you expect to be received over there?

Scott: I've talked to so many people, people with the Olympic Committee, athletes, and they've said it's just been great. They didn't see any signs of violence. They have been well received and the Korean people have been very receptive to the Westerner. A lot of things are in English. It's very helpful. They said they have seen no signs of animosity or anger toward the Americans.

CTRN: The foreign competition, of course Abdi Bile (Somalia, 1987 World Champion at 1500) is running real well right now. Do you want to touch on him a little?

Scott: There are a number of athletes that have been running tough and will be formidable opponents. (Jens-Peter) Herold from East Germany has

shown good form, Abdi Bile. (Said) Aouita has more or less come out and said he's going to run the 800 and 1500 at the Games. He's going to be tough. (Sebastian) Coe, (Steve) Cram and Peter Elliott, the three English runners, are going to be tough as will a few Kenyans. It's going to be a tough final to make.

CTRN: Is it going to be the best field ever?

Scott: You can say that every year. Every year it's continually gotten better and better.

CTRN: Aouita's 8:14 for the two miles. What does that tell you?

Scott: He's fit again. He kind of starts out the same every year. It shows that he's back again to where he's been the last four years.

CTRN: A year ago you were saying, if he keeps it going you'll be pretty surprised. Are you continually surprised by the man?

Scott: Yeah. Yeah. For him to keep at it, keep that intensity, it's just amazing. You saw Cram blow up last year (fading to eighth at the World Championships). We just haven't seen anything like that happen to Aouita yet and it's just surprising.

CTRN: Do you think it might be because of his quick appearance on the scene? Didn't he kind of move on the scene quickly?

Scott: No, he was there. Just no one ever noticed him. The year before, in 1982, I think, he ran 3:37. He did come on the scene fairly quickly, but I don't know. It's hard to say.

CTRN: John Walker. Do you expect to see him there?

Scott: He'll be at the Games. John's going to run the 1500. It's going to be tough. John's going to find it very hard, I think, with the depth of competition.

CTRN: What are your goals, assuming you make the Olympic team? Are you going to play it by ear? What's the plan?

Scott: Obviously to get myself in the best form I can. When I get there, that's all I can do. I have no control over

other athletes and how they are prepared. All I can do is prepare myself. Up until that point, I do everything I feel is necessary to get ready to race. When I'm there I race to the best of my abilities and whatever it gets me I'll take.

CTRN: How many races do you plan on running between now and the trials?

Scott: I have five scheduled. One 1000 and the rest are miles. After the trials I'm not going to Europe. I'll stay in this country and train. I don't want to get tired. After the trials, I'll go into a mini-buildup for a month. I'll concentrate on getting my strength back. They'll have races here. When I go to Europe in those August meets, it's very draining, emotionally and physically. And I've got one road mile two weeks after the trials here in Escondido. It's a race sponsored by a friend of mine (C & C Air Conditioning Youth 5K Relay and Mile Challenge, August 6). This is going to be a loop-course mile and we'll actually set a (world) record here because there are no loop-course miles with TAC (sanctions). We'll set a record and kind of start something like we did at Carlsbad.

CTRN: The whole U.S. scene. How do you see it in 1988 as compared to 1984? Do you think it's going to have a better showing in Seoul?

Scott: The way you word it is funny. I thought that our showing in 1984 was great. It's not you, it's the whole country and the press in general. They have such high expectations that we should win everything. The Olympics have gotten too competitive. Other countries have put too much money and too much emphasis into supporting the athletes personally. In our country, there is the U.S. Olympic Committee that takes in millions and millions of dollars, but the athletes don't see a single dime of it. The only time they see it is when the whole team will fly to Seoul, Korea. As far as individual support, there are still athletes in this country in the lesser sports, and I'm not talking about track, because there is plenty of support in track and plenty of money to

be made for the top athletes. But the top athletes in other events like archery, karate, some of the other events, these people are paying their own way to the trials and paying their own way to competitions to get experience. You kind of wonder where all this money is going to that's put in the Olympic Committee. In other countries they have shooting, modern pentathlon, and they support their athletes and help them to train.

In track and field, I think we do very well considering the rest of the world has caught up. They (other countries) have the training and facilities. That's what they lacked in the past. Places like Morocco, Somalia, Kenya, they never had any coaching. They never had any facilities to train on or money to send athletes to races. That's why they never really had a good showing. Now they have the money and the emphasis. They are competing well because they have the talent. Any medal that Americans get in the summer should be cherished because most of the athletes do it on their own. If an athlete gets a silver or bronze, don't treat him like a failure. We should respect him as much as a gold medalist.

CTRN: Do you expect a lot of American fans to go over to the Olympics?

Scott: I think the violence and the articles in the press are going to scare quite a few people away. I really do. You're not going to get your just "local" folk to go over.

CTRN: Good luck at the Olympic Trials, Steve.

Scott: Thanks.

CTRN: And after '88, what about 1992?

Scott: Most definitely. I'll still be around.

Steve Scott was born on May 5, 1956. He is 6-1, 165-pounds. His personal records from the marathon down to the 400 meter run are: Marathon--1:03.30; 10 mile--48:00; 10K--28:31 (he has run in the 28:30s four times); 8K--22:59; 5 mile--22:57; 5000 meters--13:30.39; 3000 meters--7:36.69; 2000 meters--4:54.71; mile--3:47.69; 1500 meters--3:31.76; 1000 meters--2:16.4; 800 meters--1:45.0; 400 meters--48.0.

Photo by Jim Engle



Steve Scott pursues Joel Cheryuit in 1500m at the '88 Jenner Classic.

Photo by Bill Leung, Jr.



Photo by Bill Leung, Jr.



Prep Notes

By KEITH CONNING

California Interscholastic Federation

Central Section

May 19. Tulare--Junior Leslie Haymon (Edison) won the 110 meters. He was awarded a converted time of 10.50 for the 100 meters.

The Tulare boys' 400m relay team set a meet record of 41.46. The old meet record of 41.61 was set by Edison in 1982.

Senior Frank Jones (Hoover, Fresno) won the 400 meters in 47.84. Junior James Stallworth (Tulare) long jumped 23-10. Senior Jason Miller (Clovis West) put the shot 60-4 1/2.

Freshman Nitra Young (Tulare) defeated sophomore Sabrina Lee (Wasco) in the 110 meters. They were awarded converted 100 meter times of 12.02 and 12.04. Junior Kathi Roldan (Mt. Whitney, Visalia) won the 800 meters in 2:13.41. Senior Celia Willis (Clovis West) won the high jump at 5-8, becoming the first girl to win that event three straight years. Sophomore Dawn Dumble (Bakersfield) set a new meet record of 46-7 1/4 in the shot put. The old meet record of 45-3 was set by Corley of Garces in 1981. Sophomore Melissa Weis (Bakersfield) defeated Dumble in the discus-155-6 to 148-1.

San Francisco Section

May 21. McAteer High School--The winner of each event qualified for the state meet. For the last six years the San Francisco and Oakland Section had to have a meet to decide the one qualifier. This year there will be 28 instead of 27 entrants in each event of the state meet.

"We think that's a better alternative than the San Francisco-Oakland meet," said McAteer coach Marc Christiansen to Merv Harris of the *Examiner*, "because we were only allowed one entry.

"However," he continued, "I think all the coaches are in agreement that, for track and field only, we (San Francisco winners) should go to the Central Coast Section finals and Oakland should go to the North

Coast Section. And each one of those sections should get one additional entry to the state meet.

"Therefore," Christiansen concluded, "you'd have the best quality people."

Junior Berry Smith (Mission), who went to the state meet as a sophomore, won the 100 meters in 10.4 (wind-aided). Smith said: "I have the ambition of finishing second or third in the state meet at Cerritos."

Oakland Section

May 21. Laney College, Oakland--Junior Nate Wright (Oakland), a nephew of 1968 Olympic 100 meter champion Jim Hines, won the 300 intermediate hurdles in 37.50.

"I had figured that the 400 was my best chance to get into the state meet," Wright said to Jim Bainbridge of *The Tribune*, "but I was determined to go all out in the hurdles, too."

Marcus McFarland (Castlemont, Oakland), one of the finest intermediate hurdlers in the state, will not go to the state meet in the 300 intermediate hurdles, because the Oakland section only qualifies the winner of each event. McFarland finished second in 38.68.

Los Angeles Section

May 26. Birmingham High, Van Nuys--Senior Bryan Bridgewater (Washington, Los Angeles) upset senior Quincy Watts (Taft, Los Angeles) in the 200 meters--20.89 to 21.14. The wind was 2.35 mps against. Watts had never lost to Bridgewater before.

"I was just running the curve like I was told," said Bridgewater to Scott Howard-Cooper of the *Los Angeles Times*. "It felt all right." Watts won the 400 meters in 47.38.

The Washington boys' 400 meter relay team defeated Taft by .20--41.05 to 41.25. Bridgewater held off Watts on the anchor. The Washington boys' 1600 meter relay team anchored by Bridgewater won in 3:16.10. Senior Jay Bettinger (Chatsworth) pole vaulted 15-8.

Junior Angela Rolfe (Dorsey, LA) won the 400 meters in 54.17. Senior Regina Weatherford (Locke, LA) won the 300 meter low hurdles in 42.89. The Dorsey girls' 400 meter relay team defeated Locke by .20--

Examiner. "I had to pour coffee on it to warm it up.

"It was coming okay, though. I came out a little slow. I thought I could catch him, but I couldn't. I was coming up strong on him on the end-



Fine Flicks by Don Gosney

CHRISTINA HAND

47.71 to 47.91. The Locke girls' 1600 meter relay team won in 3:48.55.

Central Coast Section

May 27. Independence High School, San Jose--Senior Benari Burroughs (Independence, San Jose) defeated defending champion senior Tony Miller (Riordan, S.F.) in the 100 meters--10.42 to 10.56. Senior Ron Harris (Valley Christian) was third in 10.60.

"My foot was hurting a little bit," explained Miller to Merv Harris of the



Fine Flicks by Don Gosney

TANYA DOOLEY

and I felt with a few more meters I'd have got him. But I'm glad he won, I'm not taking anything from him, but this is my last year--I wish I could have gone out with glory."

Burroughs defeated Harris in the 200 meters--21.20 to 21.43. Independence set a new meet record in the 400 meter relay in 41.54. The old record of 41.60 was set by Woodside in 1975.

Senior John Montgomery (Independence) set a new meet record in the 300 meter intermediate hurdles in 36.60. The old record of 37.33 was set by Gaines (Independence)

in 1986. Senior Ken McKelvey (Independence) long jumped 24-0. Junior Joe Hicks (Hollister) put the shot 61-5. Senior John Wirtz (Leland, San Jose), who is going to California, set a new meet record of 191-0 was set by Overton (Los Altos) in 1972. Wirtz's throw was the longest in the nation this season.

Junior Annette Coleman (Carlmont, Belmont) won the 100 meters in 11.95. Junior Roslyn Mack (St. Francis, Mt. View) defeated junior Tarsha Handy (Mitty, San Jose) in the 200 meters--24.25 to 24.54. Coleman was third in 24.63. Mack also won the 400 meters in 55.29.

"That was my best 400 time since I was a freshman," said Mack to Glenn Reeves of the *Times Tribune*.

"I'm real pleased and kind of sore. I want to try to run all four races at the state meet and see if I can impress the college scouts."

Senior Katy McCandless (Castilleja, Palo Alto), who is going to Princeton University, defeated senior Janet Bowie (Woodside) in the 1600m run--4:57.5 to 4:58.7.

"It was a great field," McCandless said to Reeves. "That's why I was able to run as fast as I did despite the wind. At the CCS meet you always get great competition. There's no no-shows, no people running for the workout." McCandless defeated senior Jennifer Ashe (Leland) in the 3200 meter run--10:47.1 to 10:53.9.

St. Francis team of Angie Nurisso, Joslyn Mack, Kelly Donnell and Roslyn Mack set a new meet record of 47.43 in the 400 meter relay. The old record of 47.7 was set by Hill, San Jose in 1978.

St. Francis team of the two Macks, Nurisso and Liz Lynch also won the 1600 meter relay in 3:53.0.

Sensational freshman Keri Sanchez (Santa Teresa, San Jose) defeated senior Lisa Fisher (Gunn, Palo Alto) in 100 low hurdles--13.98 to 14.28.

Sanchez won the 300 low hurdles in 43.23. Coleman also won the long jump at 19-4 1/2, a personal best. Her winning jump came on her last attempt of the trials. At that point her best jump was only 16-6--not far enough to qualify for the finals. "I was concentrating very hard before the jump," said Coleman to Reeves. "Then when I jumped I felt strange, like I was flying." Sanchez also won the triple jump at 38-7.

Junior Jenny Peters (Gunn) threw the discus 148-11.

Sac-Joaquin Section

May 27. American River College--Senior Reggie Williams (River City, West Sacramento), the state small school cross country champion, won the 1600 meter run in 4:10.40 and the 3200 meter run in 8:59.67.

Senior Tyrone Scott (Mesa Verde, Citrus Heights) set a new meet record of 51-3 in the triple jump. The old meet record of 49-6 1/2 was set by senior Diatori Gildersleeve (Grant, Sacramento) in Wednesday's trials. Gildersleeve placed second at 50-11 3/4 and junior Tony Rogers (Johnson, Sacramento), the brother of former state long jump champion Curtis Rogers, was third at 50-0 1/4.

"It's us (Sacramentans) against them (Southern California opposition)," said Scott to Frank Marqua of the *Sacramento Union*. "We've got something for them: three 50-footers coming at them. It's going to be a jumping civil war."

"The conditions were ideal today. The weather was perfect, not too hot. And the competition was stiff."

"I'm not too surprised (by Scott's performance)," said Gildersleeve to Marqua. "He's a good athlete... he's got good form."

"It's weird, but when the two of us get together, something strange happens."

Sophomore Tanya Dooley (Bret Harte, Angels Camp), the Stanford Invitational small school cross country champion last fall, set a new meet record of 53.97 in the 400 meters. The old meet record of 54.79 was set by Dooley in the trials of Wednesday. Dooley's time is the fastest in California and second fastest in the nation this season.

Junior J.C. Broughton (Woodland) high jumped 5-8.

Northern Section

May 27. Chico State--Junior Eddie Stewart (Oroville) long jumped 23-10. Senior Mary Prince (Paradise) high jumped 5-9 1/4. Senior Kathy Long (Red Bluff) triple jumped 36-9 1/2.

North Coast Section Meet of Champions

May 27,28. Edwards Stadium, Cal--Senior Tim Prince (Logan, Union City) triple jumped 49-5 into a minus two meter per second wind in the trials. Senior John Barry (Ygnacio Valley, Concord) set a new meet record of 37.33 in the 300 meter intermediate hurdles. The old record of 38.10 was set by Barry last year.

Senior Michelle DeCoux (Bishop O'Dowd, Oakland) won the 100 meter low hurdles in 13.9 hand-timed.

"Sharon (Polley of El Molino in Forestville) has been right there every time I've raced against her," said DeCoux to Matt Schwab of the *Daily Review*.

DeCoux set a new meet record of 43.00 in the 300 meter low hurdles. The old meet record of 43.47 was set by DeCoux last year. Michelle's time is the third fastest in the nation this season.

"It's not hard (to run alone)," said DeCoux to Schwab. "This is about as much as I've been pushed all year so I don't know any different. I just go out hard and run in front."

Senior Courtney Clark (Las Lomas, Walnut Creek) defeated freshman Becky Spies (Livermore)--2:11.62 to 2:13.31. Clark's time is the fastest in California this season.

"This was exactly the kind of race that I've been going through in my mind the last three days," said Clark to Darrell Moody of the *Contra Costa Times*. "Everything went how I wanted."

"I felt if I could stay with her (most of the way) and it came down to the last 100 I knew I could beat her."

"I think I can (place in the state meet). When there's more people pulling you (along) you should always be able to drop your time."

"Time was secondary," Clark said to Phil Wong of the *Examiner*. "My main concern was to run my race and not let Becky open up on me. I was going to take it out at 150 meters but I had a lot left, and that gave me enough kick to go by her on the straightaway."

"It was a good race," Spies said to Dennis Miller of the *Sunday Herald*. "Courtney ran a great race and she deserves to win. I'm just happy I qualified for state."

"I was trying to hold her off, but that's difficult because she's such a great sprinter. I shouldn't have let

her stay so close."

San Diego Section

May 28. Balboa Stadium--Senior Michael Stevenson (Morse, San Diego) won the 400 meters in 47.88. Stevenson was named co-male athlete of the meet.

Senior Mark Senior (Mt. Miguel, Spring Valley) defeated Francis O'Neill (San Pasqual, Winterhaven) in the 800 meters--1:51.77 to 1:52.55. It was the fastest time in California this year. Senior is No. 4 on the section's all-time 800-meter list.

Senior's 1:51.77 in the 800 ranks only behind converted 880 times run by Bob Hose (Madison) (1:48.6) in 1964, Terry Rodgers (Hilltop) (1:49.8) in 1966, and Jim Brennan (El Camino) (1:51.65) in 1979.

"I almost didn't come out for track," said Senior to Steve Brand of the *San Diego Union*.

"There were a lot of negatives last year, and I didn't know if I wanted that again. Now I'm glad I decided to run after all."

Senior Lenny McGill (Orange Glen, Escondido) defeated senior Charles Huff (La Jolla) by 1/4 inch in the triple jump--49-8w to 49-7 3/4. Senior Damon Carson (San Diego) placed third at 48-7 3/4w.

Sophomore Brent Noon (Fallbrook) put the shot 62-2 1/2. Noon was chosen co-male athlete of the meet.

Senior Christine Hand (Fallbrook), the state leader in the 800 meters going into the meet, won in 2:13.37. However, she lost her state lead to senior Courtney Clark (Las Lomas, Walnut Creek), the North Coast Section champion.

Junior Kira Jorgensen (Rancho Buena Vista) won the 1600 meters in 4:56.11.

Jorgensen set a new meet record of 10:40.34 in the 3200 meters. The old meet record of 10:41.44 was set by Tina Allen (Santana) in 1982.

"I had to pull for my life on the backstretch," said Jorgensen to Brand, referring to the strong wind.

Senior LaFrancia West (Grossmont, La Mesa) triple jumped 39-7 into a strong wind. Senior Laura Hughes (Orange Glen) put the shot 43-10 1/4, a 1988 sectional best. Hughes and Sorii Epps (Henry) were named co-female athletes of the meet.

CIF SECTION RESULTS AND GOLDEN WEST STORY AND RESULTS WILL APPEAR IN THE AUGUST 1988 ISSUE.

JORGENSEN...JORGENSEN...JORGENSEN...JORGENSEN...JORGENSEN...

KIRA

...Born to Run



Fine Flicks by Don Gosney

Success in running has always come easily to the lithesome runner from San Diego County. Back in her halcyon days as a free-spirited sixth grader, Jorgensen ran in "turkey trots" for extra PE credit in school. It's a safe bet she gobbled up the competition even way back then. Two years later, she was "recruited" to run on the cross-country squad and she hasn't looked back since.

She made her freshman debut at the State in 1986, coincidentally held at Cerritos, and placed seventh in the 3200 after failing to advance in the 1600 heats, where she placed 6th in 5:00.68 behind Robbyn Bryant. Bryant, herself only a sophomore, went on to take fifth in the finals behind Darcy Arreola's national-leading 4:42.77 and looked to many like a person to beat in the future. Jorgensen, however, determined it would be otherwise.

That fall, she won the Mt. SAC cross-country sweepstakes race and finished fourth in both the Kinney Western and National races. In her sophomore track season, she scored a stunning distance double at Arcadia and the Mt. SAC Relays and turned on the fireworks at State by winning the 1600 and finishing second behind Mary Mendoza in the 3200. This year, a repeat win at Mt. SAC, and resounding victo-

She is gentle, modest, graciously soft-spoken.

She jogs without unseemly haste, like a gazelle gliding uninhibitedly through the open veld. But put her in a pair of racing shoes and the passive stare and graceful demeanor give way to a ferocious intensity that shows only in the results.

And so it was, perhaps, that the most uncompromising sight at the recent State Meet in Cerritos was Rancho Buena Vista's Kira Jorgensen powering her way down the final straightaway to successfully defend her 1600 title in 4:49.54, besting perennial nemesis Robbyn Bryant (Hesperia) by more than two seconds.

The race developed, as expected, with Mountain View's Tracey Williams characteristically setting the pace in a torrid 65 seconds flat. Such an unbridled display of frontrunning bravado induced a moment of fleeting uncertainty for Jorgensen who wondered if Williams would come back to the pack. At the halfway point, Williams still led in just a shade under 2:20 but the gap had already begun to narrow. Jorgensen made her move on the third lap as the early pace caught up with the hapless leader and sped away. Too late, the rest of the pack followed in hot pursuit. Just as she had done a year before, Bryant finished strongly but, again, had to settle for second.

A shade over an hour later, Jorgensen was back for the 3200 and faced a pack of well-rested rivals who had sacrificed their chances in the metric mile to concentrate on the longer race. Jorgensen bravely led for the first few laps, hoping to draw the sting out of her fast-finishing rivals. In vain. First South Hills' Karen Hecox, she of the almighty kick, and then Montebello's Rayna Cervantes went by, leaving Jorgensen to duel with Castilleja's Katy McCandless for the bronze. She lost third place at the finish line inches behind a game McCandless, but with the second fastest time of her career.

ries at both Kinney races and the inaugural State Cross Country Meet cemented her status as top distance gun in the West.

Surprisingly, Jorgensen does not run competitively during the summer, preferring to peak for the State Meet and resting up before the fall competitive season begins. This summer, she plans to take an ISE (International Sports Exchange) trip to China and participate in TAC's Olympic training camp at Colorado Springs. She eschews the opportunity to compete at the Junior Nationals or Junior Olympic level for fear of early burnout and is grateful that neither her parents nor coach have ever pressured her to win. Coach Ed Mathews, who enjoyed success with an earlier protege—Sandy Blakeslee, is credited with much of her running achievements.

Although the avalanche of college scholarship offers has yet to begin, Jorgensen has tentatively decided to remain in California ("a plane ride away from home") and, inspired by an eighth grade science teacher, pursue a college degree in astrophysics with an eye to becoming an astronaut someday. Talking with Jorgensen, however, makes one realize just how down-to-earth she really is. While she admires Mary Decker Slaney for her running ac-

complishments, she views Steve Scott as a role model because of his support for local running programs and his general accessibility to athletes in the area. Jorgensen is also careful to downplay her running prowess and is at pains to fit in with the rest of the team and just be one of the, uh, guys. "I do the same workouts as everyone else on the team," she says, adding with disarming modesty, "only a little faster."

For Jorgensen, who has just completed her junior year, the future looks bright indeed. Eventually, she may move up in distance but for now she contents herself with bests of 17:08 and 36:10 in the longer runs. For now, marathoning is definitely "out" and Jorgensen is happy to be just an admiring bystander at such races. But the Olympics, "everyone's ultimate goal," looms largely in the back of her mind. Maybe Barcelona in '92?

But even if she never runs another race, Kira Jorgensen has already accomplished enough to rank as one of the greatest female runners in the pantheon of California high school distance stars.

I say, Sally Ride, move over—this gal was meant to fly.

by Alan T. Kolling

The Athlete's Kitchen

By Nancy Clark, M.S., R.D.

Cross Addictions: Food, Exercise and Alcohol?

"I don't keep cookies in the house. If they're there, I eat the whole bagful" --Figure Skater, 14 years old.

"I have no control over ice cream. I can polish off a half-gallon without batting an eye."--Runner, 24 years old.

"I try to stay away from peanut butter--it's a trigger food. I end up eating the whole jarful." Parent, 48 years old.

"I don't 'do' cookies or ice cream; I 'do' chocolate. M&Ms are my drug of choice."--Executive, 40 years old.

To listen to these casual exercisers and competitive athletes talk, you might wonder if food is a drug. It's certainly more than just muscle fuel! Certain foods can invoke fear into the strongest of powerlifters, runners and skiers. Through my sports nutrition counselling, I've heard countless athletes of all ages and abilities pour out their struggles with food. Bingeing, starving and disordered eating patterns take their toll on many seemingly health-conscious people who feel powerless over food. But you'd never guess by looking at their smiling faces.

Eating disorders are particularly rampant among female athletes. Any coach can express concern about numerous students--as many as one-third of collegiate female athletes report problematic eating patterns. Food problems are also prevalent among athletes who grew up in an alcoholic family--a common occurrence since one in ten Americans has problems with alcohol. Surveys indicate that one third of adult children of alcoholics are compulsive eaters--perhaps the flip side of their parent(s) compulsive drinking coin.

This raises concerns about cross-addictions: Do addictions to chocolate, cookies, ice cream and peanut butter lead into addictions with alcohol, drugs and even exercise itself? Whereas hard-driving male athletes tend to tangle with drugs (--just think about the number

of times you've read newspapers reports on drug abuse problems among professional athletes--), the females tend to tangle with food. Both tangle with strenuous exercise. After all, to have reached their level of expertise, they must be very dedicated--or is that compulsive and, in some cases, addicted to exercise? (Granted, exercise certainly is a healthier dependence. But it can never-the-less be a compelling force that drives some athletes to "train" despite injury, illness or exhaustion.)

Eating disorders can be simply "coach induced". That is, a coach may put undue emphasis on thinness and demand unrealistic weights from his athletes. But more commonly, parental factors are the fundamental factor:

* In a Swedish study of anorexics, two-thirds of the parents were identified as having weight phobias. Did they pass this trait on to their children?

* Bulimics commonly have grown up with parents who binge--either on alcohol, alcohol and food, or just food. This raises the question whether there's a genetic link, a biochemical imbalance? Some bulimics can seemingly be "cured" with anti-depressants that correct the imbalance. Others struggle without relief.

On top of the coach's pressures and/or family issues, throw in some stress--the pressure of having to perform and win--and an athlete can fall apart. Several investigators have noted that anxiety and tension seem to precipitate 80-90% of food binges. Many bulimics report relief from anxiety both during and after the binge. Does food provide this emotional relief? Is food a soothing drug? Dr. Wurtman at MIT claims that large carbohydrate doses raise brain serotonin and have an uplifting effect. Perhaps food is the drug-of-choice for some binge eaters?

Although I can offer no simple cure for eating disorders among athletes, I can increase awareness. That's the first step towards resolving the problem.

* Coaches should be aware of that one-third of female athletes may struggle with food/weight issues. Hence, nutri-

tion education with professional sports nutritionists should be mandatory for every woman's team.

* Athletes should be aware that their problem isn't simply with food. The problem is generally with life. Perhaps they've inherited a biochemical predisposition to bingeing. Perhaps they've learned to use food to cope.

The following information on cross-addictions offers food for thought for coaches, athletes, parents and friends of athletes who struggle with food abuse. We may be dealing with problems far bigger than we know. . . .

* Many bulimics report that food has a calming effect--it resolves anxiety, similar to a drug.

* Among 275 bulimics, one-third report a history of drug or alcohol abuse.

* Some clinicians have observed that many people who struggle with dieting go on to become alcoholics.

* One survey of 27 alcoholic women reports that 40% admitted a present or past history of bulimia.

* Fifty-two percent of 150 men at an alcohol treatment center report exercising more than their peers.

Nancy Clark, MS, RD, nutritionist at Boston-area's Sports Medicine Brookline, offers nutrition counselling to athletes who struggle with food, and their coaches and parents. For information on how to help someone with an eating disorder, send a self-addressed stamped envelope to Food Help, Sports Medicine Brookline, 830 Boylston Street, Brookline, MA 02167. This information was researched by Barbara Gergeley, nutrition student at Simmons College, Boston.



NCAA

Division I

By BOB WOMACK

June 1-4. Eugene, Oregon.

A narrow miss on an unprecedented double by UCLA's talent-laden Bruins highlighted the 68th annual NCAA Championships at Eugene, Oregon.

UCLA's men doubled the score of runner-up Texas, 82-41. And the women came within a bobbled hurdle of winning their team title. Only Tennessee, which finished second in both divisions in the inaugural coed NCAA meet in 1982, had ever come remotely close to winning both championships.

The key to the women's team race was the 100-meter hurdles, which UCLA's co-American record holder Gail Devers led until clobbering the ninth hurdle; she faded to third and the four-point swing enabled defending champion LSU to edge the Bruins, 61-58.

If fatigue got Devers, she was entitled. Here's all she did at Eugene:

--Blew out a fine 100-meter field in 10.86, losing a collegiate record to a 2.96 mps tailwind,
--Ran an hellacious 4x100 anchor leg to move the Bruins from seventh to second,
--and finished second in the long jump.

In all, she scored 30 1/2 points--which would have placed her sixth in the team competition.

UCLA's men displayed great balance in winning their second straight title and seventh overall (only USC, with 26, has won more). The Bruins capped their display with a collegiate record 2:59.91 in the 4x400, keyed by a 44.4 split by Kevin Young, who had earlier won the 400 hurdles.

In other California highlights, Sylvia Mosque-

da of Cal State Los Angeles, who invariably goes out blazing, did it again in the women's 10K. Here, she kept going and was rewarded with a collegiate record.

Lacy Barnes of Fresno State set some kind of NCAA record for frustration by finishing second in the women's discus for the third straight time. Laura Lavine of Washington State repeated as champion, winning on her final throw for the fourth major title--two NCAA's and two PAC-10's--she's won on the last two throws.

Slightly less frustrated was Cal's Sheila Hud-



GAIL DEVERS

son. After failing to qualify in the long jump and qualifying only fourth in the triple, she won the TJ at 45-8, which bettered her American record, only to lose the mark to an over-limit tailwind.

Not frustrated at all was ex-California prep Matt Giusto of Arizona, who ended a series of disappointments in NCAA competition by winning his final collegiate race, the 5K, with a 56.4 last lap.

Other California winners included USC heptathlete Wendy Brown and Cal discus thrower Kari Nisula.

One final Gail Devers note: She was

clocked, obviously unofficially, at 9.78 for the final 100 meters of her 4x100 leg. Even allowing for a rolling start and differences between hand and automatic timing, that puts the UCLA senior well below the world record. (Of course, anybody who thinks Devers isn't capable of WR times obviously hasn't been watching this season.)

RESULTS OF CALIFORNIANS

MEN

100 Meters: 4. Marsh (UCLA) 10.23. Heat #1-5. Mahorn (Cal) 10.34w. Heat #2-4. Marsh 10.29; 7. Barnes (FSU) 10.46. **200 Meters:** 2. Mahorn 20.20; 3. Thomas (UCLA) 20.25. Heat #1-Mahorn 20.43, 6. Barnes (FSU) 21.56. Heat #2-1. Thomas 20.24w. **400 Meters:** 1. Everett (UCLA) 44.52, 2. Lewis (UCLA) 44.83. Heat #2-1. Lewis 45.00, 7. Washington (UCLA) 47.16. Heat #3-1. Everett 45.24.

800 Meters: 6. Okash (USC) 1:48.03. Heat #2-4. Okash 1:47.10, 5. Strang (Stan) 1:47.76. **1500 Meters:** 7. Oleson (Stanford) 3:44.27. Heat #1-5. Oleson 3:46.71. **5000 Meters:** 1. Matt Giusto (Arizona, ex-San Mateo HS) 13:55.94, 3. Whiteley (Brown, ex-Irvine HS) 13:57.00, 6. Graves (UCI) 14:01.47. (No heats)

10,000 Meters: 17. Clayton (SDS) 30:14.52, Quinonez (UCI) dnf. **3000 Steeplechase:** No California entries. **110 Hurdles:** 2. Jett (Cal) 13.64, 7. Reading (USC) 17.11 (fell). Heat #1-2. Reading 13.74. Heat #2-2. Jett 13.88. **400 Hurdles:** 1. Young (UCLA) 47.85, 3. Bugg (Arizona State, ex-West Covina HS & Mt SAC) 50.16, 5. Porter (USC) 50.37. Heat #1-2. Bugg 50.79. Heat #2-3. Graham (Iowa State, ex-Hawthorne HS) 51.60. Heat #4-1. Young 48.71, 3. Porter 50.65.

High Jump: 4. Marshall (Stanford) 7-5, 11. Rogers (Cal) 7-1 1/2. Qualifying: 9. Marshall 6-11, 12. Rogers 6-11. **Pole Vault:** nh (17-3 1/2) Horvath (CPSLO). Qualifying: 8. Horvath 16-7 1/2, nh (16-11 1/2) Wicks (SJS). **Long Jump:** 8. Jef-

NCAA

erson (Ark, ex-LBCC) 26-3 3/4w (26-1 ok). Qualifying: 1. Jefferson 26-7 3/4w (25-10 1/4 ok), 18. Coleman (FSU) 24-11 3/4w (24-7 ok). **Triple Jump:** No California entries. **Shot Put:** 2. Bender (FSU) 61-5 3/4, 7. Wilson (UCLA) 58-5 1/4, 12. Blutreich (UCLA) 56-2 3/4. Qualifying: 3. Bender 59-2, 10. Wilson 57-2, 11. Blutreich 57-1 1/2.

Discus: 1. Nisula (Cal) 190-7, 2. Thompson (UCLA) 189-0, 3. Blutreich 188-6, 7. Schneider (Stanford) 182-9. (No qualifying). **Hammer:** 2. Wilson 218-5, 3. Finch (Oregon, ex-DeAnza CC) 217-8, 5. Ostrom (FSU) 212-4, 8. Knight (UCLA) 206-0. Qualifying: 3. Wilson 214-4, 9. Knight 205-11, 11. Ostrom 200-11, 12. Finch 200-9. **Javelin:** Qualifying: 15. Seidmeyer (FSU) 218-4, 17. Pickett (Stanford) 217-5. **Decathlon:** dnf, Duarte (UCLA) (11.48, 21-9 1/2, 46-10, 6-0 1/2, 50.43, 15.58, 136-3, dnc (5164).

4x100 Relay: 2. UCLA (Marsh, Everett, Lewis, Thomas) 39.04. Heats #3-1. UCLA 38.79. **4x400 Relay:** 1. UCLA 2:59.91 (Lewis 45.0, Young 44.4, Everett 45.3, Thomas 45.2). (No Heats).

WOMEN

100 Meters: 1. Devers (UCLA) 10.86w. Heat #1-1. Devers 11.16. **200 Meters:** No California entries. **400 Meters:** 7. Taylor (USC) 52.41. Heat #2- 4. Vickers (UCLA) 53.57. Heat #3-2. Taylor 52.55, 8. Blake (FSU) 54.72. **800 Meters:** Heat #1-4. Noll (USC) 2:06.02. **1500 Meters:** 7. Rabbitt (UCI) 4:19.92, 9. Chapel (UCLA) 4:22.60. (No heats).

3000 Meters: 9. Harrington (UCI) 9:27.41, 10. McLaughlin (UCI) 9:27.85. (No Heats). **5000 Meters:** 6. Mosqueda (CSLA) 15:54.01, 14. Bowman (Utah, ex-Taft JC) 16:52.0. **10,000 Meters:** 1. Mosqueda (CSLA) 32:28.57, 3. O'Hara (Cal) 32:52.86, 6. Gray (Stanford) 33:13.38, 11. McGrann (UCI) 33:55.20.

100 Hurdles: 3. Devers (UCLA) 12.90. Heat #1-1. Devers 13.01. Heat #3-4. Williams (UCLA) 13.80, 6. Frazier (Arizona, ex-EI Camino CC) 14.19. **400 Hurdles:** 2. Wilson

(Nebraska, ex-Muir HS, Pasadena) 55.60, 4. Vickers (UCLA) 56.10. Heat #1-6. Ice (LBS) 1:00.27, Heat #2-2. Vickers 57.15. Heat #3-1. Wilson 56.31, 6. Koellner (USC) 1:00.54.

High Jump: 2T--Bernhagen (Stanford) 6-1 1/4. Qualifying: 1T--Bernhagen 5-9 3/4. **Long Jump:** 2. Devers 21-6, 6. Brown (USC) 20-9 1/2w (20-5 1/4 ok). Qualifying: 1. Devers 21-10 3/4, 10. Brown 20-5, 16. Diggs (Ohio State, ex-Hartnell CC & Salinas HS) 20-2 1/4w (20-1 1/2 ok), 18. Hudson (Cal) 19-11, 19. Guialdo (USC) 19-9 1/4, 20. Sedwick (UCLA) 19-6 1/2, Bates (USC) nm. **Triple Jump:** 1. Hudson (Cal) 45-8w, 2. Brown 44-5 1/2w, 3. Bates 44-2 3/4w. Qualifying: 1. Brown 42-9 3/4, 2. Bates 42-5 1/4, 4. Hudson 42-2, 13. Ames (SDS) 39-6, 16. McKnight (SDS) 38-8 3/4.

Shot Put: 3. Purpur (Stanford) 51-5. (No qualifying). **Discus:** 2. Barnes (FSU) 185-4, 3. Millett (UCLA) 180-5, 4. Larson (UCLA) 178-10, 6. Purpur (Stanford) 171-10, 11. Paris (USC) 154-1. Qualifying: 2. Barnes 184-6, 5. Larson 171-10, 6. Millett 171-8, 7. Paris

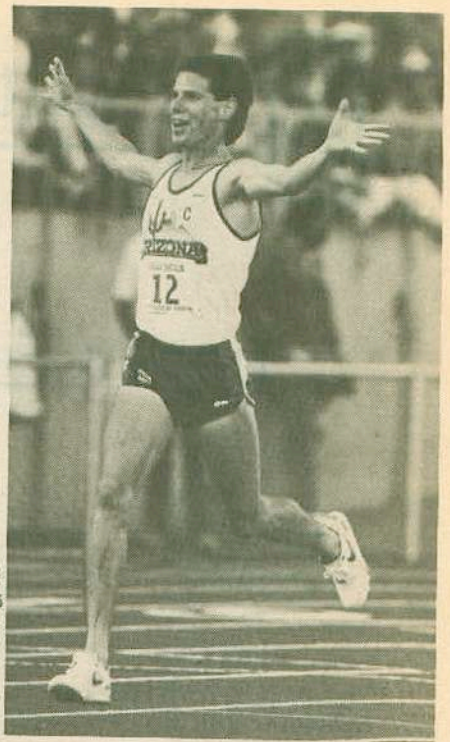


Photo by Bill Leung, Jr.

MATT GIUSTO

168-10, 8. Purpur 167-7, 16. Blockton (FSU) 151-10. **Javelin:** 2. Wheeler (Stanford) 179-10. Qualifying: 7. Wheeler 160-5. **Heptathlon:** 1. Brown 5701w (14.60w, 5-10, 43-3 3/4, 25.11, 20-3 1/2, 141-0, 2:37.24), 2. Young (Boise State, ex-Mt. SAC) 5659 (14.57, 5-6 1/2, 45-11 1/2, 25.38, 18-3 1/4, 139-10, 2:19.26).

4x100 Relay: 2. UCLA 43.74 (Sedwick, Smith, Phillips, Devers), 8. UNLV 45.21 (includes Franklin, ex-Pasadena, Muir HS). Qualifying: Heat #2- 1. UCLA 43.71, 5. UNLV 45.25. **4x400 Relay:** 1. UCLA 3:29.82 (Phillips 53.5, Devers 51.6, Knighten 53.3, Vickers 51.5), 4. Nebraska 3:33.06 (includes Wilson, ex-Muis HS, Pasadena) 3:33.06. Heat #1-2. Nebraska 3:31.60 (Wilson 51.5), 4. UCLA 3:33.88 (Sedwick 54.6, Phillips 52.5, Knighten 53.5, Vickers 53.3).

TEAM SCORES

MEN--1. UCLA 82; 5T, California 26; 20T, Fresno State 12, USC & Stanford 9; 55T, UC Irvine 3. **WOMEN--2.** UCLA 58, 7. USC 29, 9. Stanford 26 1/3; 17T, California 16, 20. Cal State LA 13; 26T, Fresno State 8; 47T, UC Irvine 2.



Photo by Bill Leung, Jr.

SYLVIA MOSQUEDA

Results

Track & Field

Junior
College

State

Championships

At Bakersfield College, May 20-21.

Men

100—1. Tobin (Pasadena), 10.50 (wind 1.08 m.p.s. against); 2. Bacon (Taft), 10.54; 3. McCree (Long Beach), 10.58; 4. Goodlow (Taft), 10.60; 5. Love (MiraCosta), 10.69; 6. Ethridge (Pasadena), 10.73

200—1. Davis (Taft), 20.34 (wind 3.3 m.p.s. aiding); 2. Tobin (Pasadena), 20.64; 3. McCree (Long Beach), 20.85; 4. Goodlow (Taft), 20.94; 5. Bacon (Taft), 21.06; 6. Ethridge (Pasadena), 21.08

400—1. Davis (Taft), 46.07; 2. Lezine (Long Beach), 46.72; 3. Minor (Merritt), 46.76; 4. Carr (Skyline), 47.20; 5. Scott (Taft), 47.42; 6. Wesley (MiraCosta), 47.74

800—1. G. Kersh (Taft), 1:49.32; 2. Horton (Long Beach), 1:51.48; 3. Saggau (San Jose), 1:51.58; 4. Vincent (MiraCosta), 1:51.69; 5. Bowles (Orange Coast), 1:51.48; 6. Oliver (San Jose), 1:52.34

1,500—1. G. Kersh (Taft), 3:51.59; 2. Vance (Mt. San Antonio), 3:54.24; 3. Hirschman (El Camino), 3:55.48; 4. Dani (Grossmont), 3:56.51; 5. Rachal (Bakersfield), 3:57.24; 6. C. Kersh (Taft), 3:58.05

5,000—1. Neubaum (Modesto), 14:52.00; 2. R. Hernandez (Trade Tech), 14:58.93; 3. Beauchemin (West Valley), 14:59.95; 4. Viguere (Orange Coast), 15:06.97; 5. Yarborough (SD Mesa), 15:17.39; 6. Grisez (Grossmont), 15:33.7; Rivera (Long Beach), finished first in 14:51.5 but was disqualified for impeding Neubaum in final stretch

10,000—1. Kariuki (Riverside), 30:19.87; 2. Beltran (Fullerton), 31:08.57; 3. R. Hernandez (Trade Tech), 31:19.67; 4. J. Hernandez (Glendale), 31:36.74; 5. Ramirez (CCSF), 31:52.86; 6. Presson (Siskiyous), 32:11.16

110 HURDLES—1. Jefferson (Taft), 14.06 (wind 1.33 m.p.s. against); 2. Johnson (Long Beach), 14.35; 3. Bradshaw (Glendale), 14.51; 4. Ellison (Shasta), 14.54; 5. Pye (Long Beach), 14.55; 6. Crear (Mt. San Antonio), 14.70

400 HURDLES—1. Ellison (Shasta), 50.54; 2. Williams (SD Mesa), 51.30; 3. Swanegan (SD Mesa), 51.42; 4. Talley (Pasadena), 51.75; 5. Prida (Sacramento), 51.93; 6. Johnson (Long Beach), 52.20

3,000 STEEPCHASE—1. Lind (Long Beach), 9:28.2; 2. Wilson (San Joaquin Delta), 9:32.3; 3. Riley (Porterville), 9:37.4; 4. De Rosso (Hancock), 9:38.4; 5. Vega (Fresno), 9:39.4; 6. Kloer (Grossmont), 9:42.7

400 RELAY—1. Taft, 39.01; 2. Long Beach, 39.94; 3. Pasadena, 40.07; 4. SD Mesa, 40.52; 5. CCSF, 40.66; 6. Merced, 40.84

1,600 RELAY—1. Taft, 3:06.61; 2. Long Beach, 3:08.74; 3. Contra Costa, 3:08.87; 4. SD Mesa, 3:10.79; 5. Merritt, 3:12.71; 6. MiraCosta, 3:14.8 (hand time)

HIGH JUMP—1. Moore (Long Beach), 7-1; 2. McGinnis (Foothill), 6-11; 3. Cox (Mt. San Antonio), 6-9; 4. Lehman (Sequoias), 6-7; 5. Risner (MiraCosta), 6-7; 6. Becker (Foothill), 6-7

POLE VAULT—1. Frederick (Taft), 16-6; 2. Covarubias (Long Beach), 16-6; 3. Relayo (San Jose), 16-6; 4. Burke (Cuesta), 16-0; 5. Bruce (Cuesta), 16-0; 6. Collins (Shasta), 15-6

LONG JUMP—1. Tobin (Pasadena), 25-1½; 2. Todd (SD Mesa), 24-9; 3. Smith (Sacramento), 24-1¾; 4. Joynson (Bakersfield), 23-1¾; 5. Talley (Pasadena), 23-8; 6. Rucker (San Jose), 23-8

TRIPLE JUMP—1. Hooks (Long Beach), 53-0½; 2. Smith (Sacramento), 52-5¼; 3. Wellman (Taft), 52-4; 4. Franklin (SD Mesa), 50-5¼; 5. Johnson (Bakersfield), 49-7; 6. Perez (Santa Barbara), 48-3

SHOTPUT—1. Lowther (Moorpark), 55-3¼; 2. Berle (Long Beach), 53-4¼; 3. Marks (San Mateo), 52-4¼; 4. Bivens (Long Beach), 52-1¼; 5. Smiderle (Yuuba City), 51-11¼; 6. Williams (Merced), 51-6¼

DISCUS—1. Hartogh (Diablo Valley), 153-6; 2. Winters (Fullerton), 151-7; 3. Navarro (Mt. San Antonio), 151-1; 4. Glick (Sequoias), 149-8; 5. McCann (Sierra), 149-0; 6. Marks (San Mateo), 148-10

HAMMER—1. Bibrthaler (Fresno), 189-5; 2. Albers (Sierra), 178-2; 3. McCann (Sierra), 177-1; 4. Williams (Santa Monica), 175-11; 5. Lotze (Sacramento), 164-5; 6. Scanlan (Bakersfield), 162-1

JAVELIN—1. Johnson (Grossmont), 215-1; 2. Doering (Riverside), 205-10; 3. Bunevacz (Glendale), 201-10; 4. Hunter (Sacramento), 201-3; 5. Nellis (Santa Monica), 199-11; 6. Lewis (Santa Rosa), 199-3

DECATHLON—1. Wilbourn (Sequoias), 7,270; 2. Wilcox (Long Beach), 7,244; 3. Bell (Fullerton), 6,789; 4. Smith (Taft), 6,750; 5. Collins (Shasta), 6,748; 6. Icenogle (Bakersfield), 6,747

FINAL TEAM LEADERS—1. Long Beach, 113; 2. Taft, 111; 3. Pasadena, 42; 4. SD Mesa, 30; 5. tie between Fullerton and Sacramento, 22; 7. Mt. San Antonio, 21; 8. Riverside, 18; 9. Sequoias, 18; 10. Shasta, 17

Women

100—1. Gardner (Mt. San Antonio), 12.06 (wind 81 m.p.s. against); 2. Turing (Cuesta), 12.08; 3. A. Thomas (El Camino), 12.10; 4. C. Thomas (El Camino), 12.13; 5. Ervin (Contra Costa), 12.22; 6. Nevel (Santa Monica), 12.36

200—1. Turning (Cuesta), 23.88 (wind 1.85 m.p.s. aiding); 2. Harrison (Mt. San Antonio), 23.97; 3. Allen (El Camino), 24.09; 4. Gardner (Mt. San Antonio), 24.18; 5. A. Thomas (El Camino), 24.63; 6. Ervin (Contra Costa), 24.71

400—1. Harris (Mt. San Antonio), 53.53; 2. Adams (Mt. San Antonio), 55.99; 3. Bugera (De Anza), 56.27; 4. Green (Sacramento), 57.14; 5. Wells (Bakersfield), 57.17; 6. Richards (SD Mesa), 57.69

800—1. Ronnerman (Foothill), 2:11.09; 2. Eager (MiraCosta), 2:15.22; 3. Halley (Orange Coast), 2:15.53; 4. Kreiger (Cuesta), 2:16.67; 5. Nunley (Santa Rosa), 2:17.65; 6. Konopasek (Santa Rosa), 2:17.84

1,500—1. Krieger (Cuesta), 4:37.50; 2. Samuelson (San Diego), 4:37.90; 3.

Wright (Orange Coast), 4:41.55; 4. Chavez (Modesto), 4:43.33; 5. Daley (Foothill), 4:45.96; 6. Keehnier (San Jose), 4:46.3 (ht)

3,000—1. Sellon (Mt. San Antonio), 10:06.24; 2. Adams (San Jose), 10:11.40; 3. Chavez (Modesto), 10:19.73; 4. Givan (Foothill), 10:23.03; 5. Ball (Moorpark), 10:28.59; 6. Hoffman (El Camino), 10:34.2 (hand time)

5,000—1. Givan (Foothill), 17:34.05; 2. Sellon (Mt. San Antonio), 17:42.95; 3. Schuetze (Bakersfield), 17:52.78; 4. Hoffman (El Camino), 18:11.04; 5. Hamilton (El Camino), 18:20.08; 6. Rossback (Ventura), 18:27.49

100 HURDLES—1. Chen (Mt. San Antonio), 14.21 (wind 1.23 m.p.s. against); 2. Simmons (Mt. San Antonio), 14.78; 3. John (Long Beach), 14.83; 4. Babenco (Santa Rosa), 15.14; 5. Harris (Chabot), 15.40; 6. Balch (Sequoias), 15.50

400 HURDLES—1. Chen (Mt. San Antonio), 62.76; 2. Lawson (Diablo Valley), 64.25; 3. Babenco (Santa Rosa), 64.54; 4. Guterac (Cerritos), 65.30; 5. Stevens (Saddleback), 68.66; 6. Ringrose (Hartnell), 67.2 (ht)

400 RELAY—1. El Camino, 45.64; 2. Mt. San Antonio, 45.81; 3. SD Mesa, 47.50; 4. Contra Costa, 47.63; 5. Santa Monica, 47.88; 6. Long Beach, 48.20

HIGH JUMP—1. Bonin (San Joaquin Delta), 5-10¼; 2. Rooster (Saddleback), 5-3; 3. Mitchell (Cerritos), 5-3; 4. tie among Mitchell (Cerritos), Balch (Sequoias), Wilson (American River), DeBrunner (Marin), Diehl (San Mateo) and Tyler (Long Beach), 5-3

LONG JUMP—1. Simmons (Mt. San Antonio), 18-11; 2. Anderson (SD Mesa), 18-9½; 3. Bonin (San Joaquin Delta), 17-8½; 4. Poole (SD Mesa), 17-7½; 5. Haro (Hartnell), 17-7; 6. Hølgerson (Redwoods), 17-6

TRIPLE JUMP—1. Anderson (SD Mesa), 40-6; 2. Harris (Chabot), 40-2; 3. Poole (SD Mesa), 37-4; 4. Johnson (San Jose), 37-5; 5. Clark (West Valley), 36-7¼; 6. Willis (SD Mesa), 36-4

SHOTPUT—1. Sperling (El Camino), 46-9¼; 2. Ahu (MiraCosta), 43-3¼; 3. Pierson (Long Beach), 42-10; 4. Gill (Fullerton), 42-3¼; 5. Longwell (Grossmont), 41-0¼; 6. Ruff (San Mateo), 40-9

DISCUS—1. Ruff (San Mateo), 145-0; 2. Gill (Fullerton), 140-3; 3. Castatera (SD Mesa), 130-0; 4. Longwell (Grossmont), 128-4; 5. Bermudes (De Anza), 126-5; 6. Gustin (Kings River), 119-5

JAVELIN—1. Umufuke (Foothill), 155-4; 2. Jackson (El Camino), 154-6; 3. Bresnich (San Bernardino), 152-6; 4. Turing (Cuesta), 146-0; 5. Gill (Fullerton), 145-11; 6. Bishel (Kings River), 144-6

HEPTATHLON—1. Diehl (San Mateo), 4,417; 2. McGruder (Fresno), 4,301; 3. Wilson (American River), 4,270; 4. Ringrose (Hartnell), 4,099; 5. Stevens (Saddleback), 3,988; 6. Hølgerson (Redwoods), 3,988

FINAL TEAM LEADERS—1. Mt. San Antonio, 114; 2. El Camino, 61; 3. Cuesta, 48; 4. SD Mesa, 44; 5. Foothill, 40; 6. Santa Mateo, 21¾; 7. tie between MiraCosta and San Joaquin Delta, 16; 9. Fullerton, 16; 10. Long Beach, 13¾

SP—1. Wilson (UCLA), 57-4¼; 2. Blutreich (UCLA), 57-0¼; Michaels (USC), 56-11¼; DT—1. Blutreich (UCLA), 190-11; 2. Thompson (UCLA), 180-8; 3. Wilson (UCLA), 164-10; HT—1. Wilson (UCLA), 213-11; 2. Tolpuit (USC), 204-2; 3. Knight (UCLA), 198-1; JT—1. Babbitt (UCLA), 195-11; 2. Madden (UCLA), 190-0; 3. Carpenter (UCLA), 173-7

FINAL SCORE—UCLA 97, USC 66

Women

100—1. Devers (UCLA), 11.41 (wind 1.8 m.p.s. aiding); 2. C. Smith (UCLA), 11.90; 3. Gualdo (USC), 12.18; 200—1. C. Smith (UCLA), 23.83 (wind 1.9 m.p.s. aiding); 2. Brooks (UCLA), 24.19; 3. Gualdo (USC), 24.36; 400—1. Taylor (USC), 52.73 (meet record, old mark, 52.88; C.C. Knighten, UCLA, 1986); 2. Phillips (UCLA), 53.91; 3. Knighten (UCLA), 54.49

800—1. Noll (UCLA), 2:05.02 (meet record, old mark, 2:06.88; Noll, 1986); 2. Johnson (UCLA), 2:06.72; 3. Chapel (UCLA), 2:10.94; 1,500—1. Noll (USC), 4:17.25 (meet and school record, old meet mark, 4:21.84; L. Chapel, 4:21.84, 1987; old school mark, 4:20.31; Noll, 1986); 2. Chapel (UCLA), 4:21.70; 3. Arteaga (UCLA), 4:40.81; 3,000—1. Chapman (UCLA), 9:46.08; 2. Kiernan (UCLA), 9:50.22; 3. Clark (USC), 9:58.17

100 HURDLES—1. Devers (UCLA), 12.95 (wind 4 m.p.s. against) (meet record, old mark, 3.18; Devers, 1985); 2. Bates (USC), 13.79; 3. Thompson (UCLA), 13.79; 400 HURDLES—1. Vickers (UCLA), 58.06; 2. Koellner (USC), 58.14; 3. Manship (UCLA), 67.82; 400 RELAY—1. UCLA (Sedwick, C. Smith, Phillips, Devers), 44.68; 2. USC (Bates, Taylor, Gualdo, Chapin), 45.68; 1,600 RELAY—1. UCLA (Phillips, J. Johnson, Devers, Vickers), 3:40.21; 2. USC (Chapin, Noll, Koellner, Taylor), 3:44.40

HJ—1. Brown (USC), 5-8; 2. Gualdo (USC), 5-6; 3. Peacock (UCLA), 5-4¼; 1.1—1. Devers (UCLA), 21-9¼; 2. Bates

College / Open

USC vs. UCLA

At Coliseum, April 30.

Men

100—1. Manning (UCLA), 10.55; 2. Fuller (USC), 10.65; 3. Lewis (UCLA), 10.68; 200—1. Everett (UCLA), 20.44 (wind 1.9 m.p.s. aiding); 2. Lewis (UCLA), 21.14; 3. Manning (USC), 21.74; 400—1. Thomas (UCLA), 47.89; 2. Knight (UCLA), 48.02; 3. Hentley (USC), 49.28

800—1. Schermerhorn (USC), 1:48.01; 2. Bunch (USC), 1:49.72; 3. Wisnovsky (UCLA), 1:50.95; 1,500—1. Griffin (USC), 3:46.09; 2. Okash (USC), 3:47.23; 3. Cushing-Murray (UCLA), 3:49.26; 5,000—1. Mayiek (USC), 14:30.40; 2. Griffin (USC), 14:32.81; 3. Nitti (UCLA), 14:50.21

110 HH—1. Reading (USC), 13.8; 2. K. Young (UCLA), 13.9; 3. Nicholson (UCLA), 14.6; 400 IH—1. K. Young (UCLA), 50.37; 2. Porter (USC), 51.05; 3. Nicholson (UCLA), 53.35; 3,000 STEEPCHASE—1. Ammann (UCLA), 9:19.45; 2. Meyer (UCLA), 9:25.93; 3. McCarthy (USC), 9:27.27

400 RELAY—1. USC (Wellman, Manning, Fuller, Holmes), 40.62; UCLA, did not finish; 1,600 RELAY—1. UCLA (Wisnovsky, Washington, Thomas, Everett), 3:15.19, only entry

HJ—1. Juico (UCLA), 6-7¼; 2. Fethke (UCLA), 6-7¼; 3. LaQuay (UCLA), 6-5¼; PV—1. Beston (UCLA), 16-2¼; 2. Brown (UCLA), 15-11; 3. Slocum (UCLA), 15-11; LJ—1. K. Young (UCLA), 24-2½; 2. Van Bibber (UCLA), 23-6; 3. Hale (USC), 23-2½

Continued on next page . . .

Results

photo by Jim Reynolds

(USC), 21-04; 3. Brown (USC), 20-114.
TJ—1. Brown (USC), 43-5 (wind 1.8 m p.s. against), 2. Bates (USC), 42-5/4; 3. Simms (UCLA), 37-11 1/2. SP—1. Larson (UCLA), 49-3; 2. Adams (USC), 48-2 1/4; 3. Millett (UCLA), 46-6 1/4.

DT—1. Larson (UCLA), 181-10 (meet record, old mark, 178-2, Lutjens, UCLA, 1986); 2. Millett (UCLA), 170-3; 3. Paris (USC), 160-11. JT—1. Larson (UCLA), 184-8 (meet record, old mark, 163-11, Larson, UCLA, 1986); 2. Brown (USC), 158-6; 3. Millett (UCLA), 131-10.
FINAL SCORE—UCLA 82, USC 54.

CCAA Track & Field Championships

May 7, 8, Cal State L.A.'s Jesse Owens Track

Men's Results

100m: 1. Tyrone Jeffries (CSN) 10.61, 2. Kevin Hendrix (CSN) 10.66, 3. Darryl Gilliams (CSLA) 10.68.
200m: 1. Kevin Hendrix (CSN) 21.20, 2. Darryl Gilliams (CSLA) 21.64, 3. Walt Williams (CSLA) 21.66.
400m: 1. Kevin Hendrix (CSN) 46.81, 2. Reggie Johnson (CPSLO) 47.20, 3. Walt Williams (CSLA) 47.59.
800m: 1. Vaughn Kastor (CSN) 1:52.08, 2. Angel Roman (CPP) 1:52.23, 3. Rob Briglia (CSLA) 1:52.89.
1500m: 1. Tony Young (CSLA) 3:48.36, 2. Chris Craig (CPSLO) 3:49.50, 3. Vaughn Kastor (CSN) 3:52.68.
3000m Steeplechase: 1. Michael Miner (CPSLO) 9:12.91, 2. Jeff Ahlquist (CPSLO) 9:14.92, 3. Eddie Toro (CPP) 9:20.98.
5000m: 1. Mike Livingston (CPSLO) 14:28.10, 2. Benny Cruz (CSLA) 14:37.05, 3. Martine Sandoval (CSLA) 14:38.63.
10,000m: 1. Mike Livingston (CPSLO) 29:40.30, 2. Rob Arsenault (CSLA) 30:04.41, 3. Martine Sandoval (CSLA) 30:10.64.
110m HH: 1. Darryl Gilliams (CSLA) 14.12, 2. Tyrone Jeffries (CSN) 14.15, 3. Brian Lumpkin (CSLA) 14.49.
400m IH: 1. Jerry Coulson (CSLA) 51.80, 2. Mike King (CPSLO) 52.23, 3. Brian Lumpkin (CSLA) 52.75.
400m Relay: 1. Cal State Bakersfield 41.39, 2. Cal State L.A. 41.49, 3. Cal Poly SLO 41.62.
1600m Relay: 1. Cal Poly SLO 3:12.50, 2. Cal State Bakersfield 3:12.75, 3. Cal State Northridge 3:16.52.
Hammer: 1. Dan Lange (CSN) 58.90, 2. Greg Reizer (CSLA) 56.92, 3. Pete Smith (CSB) 49.68.
Pole Vault: 1. Steve Horvath (CPSLO) 17-4 1/2, 2. Steve Williams (CPSLO) 16-0 3/4, 3. Brian Fisher (CSLA) 16-0 3/4.
Long Jump: 1. Eddie West (CSLA) 24-3, 2. Jerry Gilmore (CSN) 24-1 3/4, 3. Terrence Strong (CSB) 23-8 3/4.
Javelin: 1. Brant Warren (CPSLO) 206-11, 2. Mike Doerr (CSLA) 183-7, 3. Pete Smith (CSLA) 181-10.
Triple Jump: 1. Craig Brown (CPP) 51-0, 2. Terrence Strong (CSB) 50-0, 3. Eddie West (CSLA) 48-4.
Shot Put: 1. Julius Beauvais (CSN) 52-4 1/2, 2. Scott Schain (CSN) 52-2, 3. Jantz Fitzgerald (CSLA) 50-8 3/4.

High Jump: 1. Walter Barney (CSB) 7-0 1/4, 2. Dave Swanston (CSN) 7-0 1/4, 3. Walt Stewart (CSN) 6-10 1/4.

Discus: 1. Darrin Buckner (CSLA) 170-7, 2. Julius Beauvais (CSN) 158-9, 3. Jeff Caneta (CSB) 152-4.

Decathlon: 1. Jon Eagleton (CPP) 7105, 2. Mark Walsh (CSLA) 6680, 3. Jeff LaMonica (CSLA) 6269.

Team Scores: 1. Cal State L.A. 206 1/2, 2. Cal Poly SLO 155 1/2, 3. Cal State Northridge 144, 4. Cal State Bakersfield 74, 5. Cal Poly Pomona 56, 6. UC Riverside 12.

Women's Results

100m: 1. Lana Cantrell (CPP) 11.98, 2. Phoebe Smith (CSN) 12.00, 3. Charzet Polk (CPSLO) 12.10.
200m: 1. Felicia Price (CSB) 24.90, 2. Phoebe Smith (CSN) 24.93, 3. Charzet Polk (CPSLO) 25.25.
400m: 1. Teena Colebrook (CPSLO) 55.80, 2. Felicia Price (CSB) 56.36, 3. Mary Coleman (CSN) 57.48.
800m: 1. Darcy Arreola (CSN) 2:07.18, 2. Aeron Arlin (CPSLO) 2:10.36, 3. Sydney Thatcher (CPSLO) 2:16.95.
1500m: 1. Darcy Arreola (CSN) 4:16.84, 2. Kristin Harkins (CPP) 4:31.40, 3. Sydney Thatcher (CPSLO) 4:32.29.
3000m: 1. Darcy Arreola (CSN) 9:43.05, 2. Lesley White (CPSLO) 9:56.86, 3. Amanda Marks (CPSLO) 9:57.01.
5000m: 1. Lesley White (CPSLO) 17:08.61, 2. Heather Brookes (CSN) 17:42.15, 3. Carla Figueroa (Chapman) 18:03.34.
10,000m: 1. Amanda Marks (CPSLO) 36:09.18, 2. Shannon Battles (CSB) 38:20.73, 3. Jodi Rempel (CPP) 39:07.29.
100m H: 1. Geri Courtright (CSB) 13.95w, 2. Doris Williams (CPP) 13.96w, 3. Dwana Farr (CSN) 14.10w.
400m H: 1. Lana Cantrell (CPP) 59.99, 2. Gina Albanese (CPSLO) 60.43, 3. Robin Stinson (CSN) 60.96.
400m Relay: 1. Cal State Northridge 46.74, 2. Cal State Bakersfield 47.63, 3. Cal Poly SLO 47.84.
1600m: 1. Cal State Northridge 3:49.86, 2. Cal Poly SLO 3:51.09, 3. Cal Poly Pomona 3:53.89.
Javelin: 1. Durelle Schimek (CPP) 165-10, 2. Melissa White (CPSLO) 150-5, 3. Dana Carlson (CPP) 146-0.
Long Jump: 1. Angela Lee (CPSLO) 19-5, 2. Latonya Canada (CSN) 18-6, 3. Karen Lawson 18-2 1/2.
Shot Put: 1. Brandi Gail (CPP) 48-10 3/4, 2. Julie McAfee (CSB) 47-5 1/4, 3. Celeste Paquette (CPSLO) 45-5 1/4.
High Jump: 1. Kimber Reed (CPP) 5-9 1/4, 2. Frances Fitzgerald (UCR) 5-7 1/4, 3. Durelle Schimek (CPP) 5-7 1/4.
Discus: 1. Celeste Paquette (CPSLO) 158-2, 2. Brandi Gail (CPP) 156-2, 3. Dana Simon (CSB) 135-2.
Triple Jump: 1. Lolita Pile (CSN) 39-10, 2. Angela Lee (CPSLO) 39-1, 3. Allison Waker (CSB) 38-9.
Heptathlon: 1. Hana Novak (CPSLO) 4632, 2. Frances Fitzgerald (UCR) 4270, 3. Anne Campbell (CPSLO) 3904.
Team Scores: 1. CPSLO 188, 2. CSN 150, 3. CPP 128, 4. CSB 82, 5. UCR 17, 6. Chapman 14.

S&W Modesto Invitational

At Modesto, May 7.

Men

100—1. Witherspoon (Santa Monica TC), 10.1; 2. Baptiste (Athletics West), 10.1; 3. L. McRae (unat), 10.2.
200—1. Mahorn (California), 20.53; 2. DeLoach (unat), 20.56; 3. Thomas (UCLA), 20.86.
400—1. Valmon (Team Elite), 45.88; 2. Chatman (Operation Contact), 46.30; 3. Koduah (Moscow USA), 46.36.
800—1. Marshall (Team Elite), 1:48.13; 2. Johnson (U.S. Army), 1:48.19; 3. Skoog (Stanford), 1:48.55.
1,500—1. Oldfield (Oregon Inter.), 3:41.8; 2. W. Ashford (unat), 3:41.9; 3. Ottaway (California), 3:43.4.
110 HURDLES—1. Kingdom (unat), 13.37; 2. Clark (Santa Monica TC), 13.47; 3. Blake (Mazda), 13.48.
400 HURDLES—1. Hawkins (Accusplit), 50.31; 2. Porter (USC), 50.70; 3. Page (Team Elite), 50.79.
3,000 STEEPLCHASE—1. I. Huff (unat), 8:34.9; 2. D. Nelson (unat), 8:40.5; 3. Reese (Reebok), 8:45.6.
1,600 RELAY—1. Sports TC, 3:07.02; 2. Odessa JC, 3:09.47; 3. CS Long Beach, 3:13.62.
HIGH JUMP—1. Stanton (unat), 7-6 1/2 (meet record, old mark, 7-6, T. Pascock, 1985); 2. Kemp (Boise St.), 7-5 1/2; 3. Nordquist (Tiger), 7-3 1/2.
POLE VAULT—1. Tully (Pacific Coast Club), 19-0 1/4 (meet record, old mark, 18-8 1/4, T. Bright and D. Jenkins, 1986); 2. Tarpenning (Pacific Coast club), 18-8 1/4; 3. Davis (New York AC), 18-8 1/4.
LONG JUMP—1. Harrison (Kansas St.), 26-0 1/4; 2. Spry (U.S. Army), 26-1 1/4; 3. M. McRae (Bay Area Striders), 25-7.
TRIPLE JUMP—1. F. Rutherford (Bahamas), 58-2; 2. Harrison (Kansas St.), 55-9 1/4; 3. Cannon (Social Cheetahs), 53-11 1/4.
SHOTPUT—1. Tafilis (unat), 67-6 1/4; 2. Faul (All-American), 63-10 1/4; 3. Oldfield (unat), 60-6 1/4.
DISCUS—1. Fernholm (Sweden), 209-5; 2. Wilkins (unat), 198-9; 3. Lazdins (Canada), 196-5.
HAMMER—1. Flax (New York AC), 262-6 (meet record, old mark, 255-0, J. Logan, 1985); 2. Deal (New York AC), 235-0; 3. Jonsson (Washington St.), 233-6.
Women
100—1. Devers (UCLA), 11.14; 2. Igwaham (Social Cheetahs), 11.38; 3. Booth (Los Angeles TC), 11.45.
200—1. D. Howard (unat), 23.44; 2. Marshall (World Class), 23.65; 3. McCraw (Social Cheetahs), 23.88.
400—1. Bakare (Azusa Pacific), 53.48; 2. Griffith (World Class), 53.56; 3. Vickers (UCLA), 54.67.
800—1. Gallagher (Los Angeles TC), 2:02.00; 2. Monday (Track West), 2:02.54; 3. Malloy (Canada), 2:03.31.
100 HURDLES—1. Joyner-Kersey (World Class), 12.70 (U.S. record, old mark, 12.71, G. Devers, UCLA, 1988); 2. R. Blanford (unat), 13.19; 3. Waller (unat), 13.25.
400 HURDLES—1. Maxie (unat), 58.14; 2. Hallorsdottir (Iceland), 59.45; 3. Moore (Washington), 62.09.
HIGJ JUMP—1. L. Johnson (unat), 6-0; 2. King (Reebok), 6-0; 3. Brill (Pacific Coast Club), 5-10.
LONG JUMP—1. Lewis (Santa Monica TC), 21-5; 2. Hudson (California), 20-10; 3. Bell (Social Striders), 19-6 1/4.
TRIPLE JUMP—1. Hudson (California), 45-3 (meet record, old mark, 44-2, W. Brown, USC, 1987); 2. Henlon (Stanford), 40-0 1/4; 3. S. Olsen (unat), 38-7 1/4.
SHOTPUT—1. Dasse (Nike Coast), 61-3; 2. D. Jones (unat), 56-4; 3. Purpur (Stanford), 48-5 1/4.



ATLEE MAHORN

Los Angeles Invitational

May 14, Jesse Owens Track, Cal State L.A.

Men's Results

100m: 1. Volker Westhagemann (West Germany) 10.50, 2. Berry Kettrell (Marines) 10.63, 3. Jeff Williams (Unat.) 10.64.
200m: 1. Volker Westhagemann (West Germany) 21.10, 2. Mark Rose (Unat.) 21.15, 3. Ed Riley (SoBay Int'l.) 22.21.
400m: 1. Alonzo Babers (USAF) 46.11, 2. Gary Brown (SoCal Cheetahs) 47.60, 3. Kevin Purvis (CSB) 48.02.
800m: 1. Tony Young (CSLA) 1:52.56, 2. William Taylor (Marines) 1:53.52, 3. Don Jones (Unat) 1:53.58.
1500m: 1. Teferi Gebre (CPP) 3:52.86, 2. Kim White (Australia) 3:55.63, 3. Bill Core (Marines) 4:00.30.
3000m Steeplechase: 1. Eddie Toro (CPP) 9:23.7, 2. Mark LaPlant (CSLA) 9:32.1, 3. Camp (US Marines) 9:58.2.
5000m: 1. Kim White (Aust) 15:07.5, 2. Steve Kobista (Unat) 15:19.2, 3. Michael McCormick (Marines) 15:20.5.
110m HH: 1. Wayne Smith (SDSU Alumni) 13.89MR, 2. Albert Nicholson (UCLA) 14.45, 3. Chris Floyd (CPP) 14.45.
400m IH: 1. Jon Thomas (Nike) 52.06, 2. Brian Lumpkin (CSLA) 52.65, 3. E.J. Sturdivant (Marines) 53.75.
400m Relay: 1. Cal State Bakersfield 41.3, 2. Cal State L.A. 42.0.

Continued on next page . . .

Results

NCAA Championships Div. II

At San Angelo, Texas, May 18-21.

Hammer: 1. Dave Wilson (UCLA) 212-4, 2. John Knight (UCLA) 61.03, 3. Dan Lange (CSN) 55.28.

Long Jump: 1. MacArthur Anderson (UCLA) 24-0 1/4, 2. Chris Branham (Track West) 22-7, 3. Richard Van Biber (UCLA) 22-6 1/2.

Javelin: 1. Dan Barton (Unat) 216-9, 2. Frank Bellini (Marines) 215-6, 3. Kevin Goode (Unat) 204-5.

Shot Put: 1. John Frazier (Unat) 61-0 1/4, 2. Dave Wilson (UCLA) 59-8 1/4, 3. Mike Bell (All-American TC) 58-2.

Pole Vault: 1. Brian Fisher (CSLA) 16-0 3/4, 2. (tie) Mike Rodriguez (CPSLO) and Mitch Mikula (CPSLO) 15-1.

High Jump: 1. Joe Radan (SoCal Cheetahs) 7-2 1/4, 2. Coats (Marines) 7-0 1/4, 3. (Tie) Dave Swanson (CSN), Troy Haines (unat), Mel Baker (Unat) and McDonald (USMC) 7-0 1/4.

Discus: 1. Greg McSeveney (Unat) 192-9, 2. Marcus Gordien (Unat) 189-7, 3. Jay Kovar (Unat) 180-2.

Triple Jump: 1. Hannon (Unat) 50-0 1/2, 2. Lavell Davenport (SoBay Int'l) 47-0 1/4, 3. Ralph Mitton (SoBay Int'l) 46-5 1/4.

Women's Results

100m: 1. Sherri Howard (Unat) 11.52, 2. Zeida Johnson (Unat) 11.78, 3. Charzet Polk (CPSLO) 12.20.

200m: 1. Erica Hinckson (Unat) 25.25, 2. Cathy Tyree (Track West) 25.56, 3. Melvina Lay (Unat) 25.60.

400m: 1. Sherri Howard (Unat) 52.25, 2. Hemmans (San Diego TC) 53.90, 3. Myra Mayberry (Nike Coast) 54.54.

800m: 1. Kristin Harkins (CPP) 2:12.46, 2. Donna Nielsen (Nike Coast) 2:14.70, 3. Kerran Oates (Australia) 2:16.12.

1500m: 1. Melanie Hiatt (CPSLO) 4:38.05, 2. Kris Kochel (CPSLO) 4:42.01, 3. Marion Sepulveda (Team Radical) 4:58.10.

10,000m: 1. Debora Medina (Colombia) 38:27.5.

100mH: 1. Susan Christensen (Unat) 13.98, 2. Cathy Tyree (Track West) 14.16, 3. Doris Williams (CPP) 14.34.

400mH: 1. Kathy Gordon (BYU) 62.44, 2. Felicia Price (CSB) 63.85.

400m Relay: 1. Univ. of Redlands 49.2.

Javelin: 1. Colleen Gainey (Compton TC) 167-8, 2. Sheila Tarr (Track West) 159-6, 3. Deena Bernstein (Nike Coast) 151-7.

Shot: 1. Cathy Tyree (Track West) 47-6 1/2, 2. Julie McAlee (CSB) 47-4 1/2, 3. Dana Simon (CSB) 44-2.

Long Jump: 1. Cathy Tyree (Track West) 18-9 1/4, 2. Tonya Canada (CSN) 18-9 1/4, 3. Sheila Tarr (Track West) 18-7 1/4.

Discus: 1. Lorna Griffin (Nike Coast) 184-8, 2. Francine Kaylor (Nike Coast) 178-0, 3. Tonya Barnes (Unat) 156-9.

Triple Jump: 1. Kim Taylor (SoCal Cheetahs) 38-8 3/4, 2. Angela Lee (CPSLO) 37-5, 3. Allison Walker (CSB) 36-5 1/2.

High Jump: 1. Jane Clough (Ather TC) 6-3 1/4, 2. (tie) Lori Clark (Nike Coast) and Sue Patterson (Nike Coast) 5-11 1/4.

100—1. McGee (North Dakota), 10.20; 2. Dixon (Troy St.), 10.34; 3. McCray (Troy St.), 10.39. 200—1. Morris (Ablene Christian), 20.71; 2. McGee (North Dakota), 20.81; 3. McCray (Troy St.), 20.83. Others included: 5. Hendrix (CS Northridge), 21.03. 400—1. Burnett (NY Tech), 45.47; 2. Morris (AC), 46.45; 3. Graham (St. Augustine's), 46.62. Others included: 6. Johnson (Cal Poly SLO), 47.65; 800—1. Roman (Cal Poly Pomona), 1:50.88; 2. Burgess (District of Columbia), 1:50.89; 3. Kastor (CSN), 1:50.96. Others included: 8. Briglia (CS Los Angeles), 1:52.66.

1,500—1. Rono (Mt. St. Mary's), 3:44.44; 2. Young (CSLA), 3:45.92; 3. Craig (SLO), 3:51.42. 5,000—1. Cheruyov (Mt. St. Mary's), 14:00.49; 2. Hanson (North Dakota St.), 14:24.36; 3. McCarthy (St. Cloud St.), 14:25.78. Others included: 7. Livingston (SLO), 14:39.55; 8. Kuneke (CS Bakersfield), no time; 3,000 SC—1. Valentine (Northern Colorado), 8:58.22; 2. Radle (SE Missouri), 8:59.10; 3. Renninger (Edinboro St.), 9:03.77. Others included: 8. Miner (SLO), 9:27.44. 110HH—1. Knowles (St. Augustine's), 13.50; 2. Fortune (Hampton), 13.80; 3. Johnson (Morningside), 13.84. Others included: 4. Gilliams (CSLA), 13.94; 5. Jeffries (CSN), 14.05. 400IH—1. Simmons (Angelo St.), 51.05; 2. Wood (Angelo St.), 51.27; 3. Swann (Liberty), 51.32. Others included: 5. King (SLO), 51.55; 6. Jeffries (CSN), 51.73. 1,600 RELAY—1. New York Tech, 3:10.68; 2. Ablene Christian, 3:10.23; 3. Troy St., 3:10.27. Others included: 4. Cal Poly SLO, 3:10.68; 7. CS Northridge, 3:12.00.

JT—1. Smerciak (Angelo St.), 233-3 (meet record, old mark, 228-5 1/2; Steve Koel, San Francisco St., 1986); 2. Herbert (Angelo St.), 231-0; 3. Warren (SLO), 216-2. LJ—1. Donaldson (St. Augustine's), 26-1 3/4; 2. Hodges (AC), 25-8; 3. Browne (AC), 25-6. Others included: 4. West (CSLA), 25-3 1/4; TJ—1. Browne (AC), 52-9 1/2; 2. Roberson (SE Missouri), 52-7 1/2; 3. Pratt (St. Augustine's), 52-4 1/2. Others included: 5. Strong (CS Bak.), 51-5 1/4; PV—1. Horvath (SLO), 17-9; 2. Williams (SLO), 16-8 3/4; 3. Miller (AC), 16-8 3/4. Others included: 4. Fisher (CSLA), 16-4 3/4; 8. (tie) Arnett (SLO), 16-0 1/4. SP—1. Walters (Ashland), 57-4 1/4; 2. Parks (Ashland), 57-4 1/4; 3. Freeman (Angelo St.), 55-0 1/4.

FINAL TEAM LEADERS—Ablene Christian 112; St. Augustine's 75; Angelo St. 70 1/2; Cal Poly SLO 55 1/2; CS Los Angeles 38 1/2; Troy St. 36; SE Missouri 33 1/2; North Dakota St. and CS Northridge 30.

Women

100—1. Spence (Hampton), 11.30; 2. Nwajeri (Alabama A&M), 11.59; 3. Hudson (AC), 11.60. 200—1. Spence (Hampton), 23.40; 2. Miles (Alabama A&M), 23.51; 3. Straughn (AC), 23.53. 400—1. Miles (Alabama A&M), 52.29; 2. Straughn (AC), 54.01; 3. Creakmore (Hampton), 54.70. 800—1. Colebrook (SLO), 2:07.85; 2. Gibson (SE Missouri), 2:09.76; 3. Arlin (SLO), 2:10.96.

1,500—1. Arreola (CSN), 4:20.61; 2. Karishoj (Seattle Pacific), 4:25.70; 3. Colebrook (SLO), 4:25.78. Others included: 7. Thatcher (SLO), 4:41.06; 8. Harkins (CPP), 4:50.12. 5,000—1. Moe (Seattle Pacific), 18:52.74; 2. White (SLO), 17:01.33; 3. Thatcher (UC Davis), 17:05.96. Others included: 7. Marks (SLO), 17:41.44. 100 HURDLES—1. Wiltshire (Hampton), 13.44; 2. Dyer (AC), 13.58; 3. Hall (St. Augustine's), 13.67. Others included: 4. Cantrell (CPP), 13.89; 5. Williams (CPP), 13.82; 6. Courtright (CS Bak.), 13.86; 8. White (CS Bak.), 14.03. 400 HURDLES—1. Hall (St. Augustine's), 58.08; 2. Brown (Troy St.), 59.98; 3. Spriggs (NW Missouri), 60.02. Others included: 4. Cantrell (CPP), 60.58; 5. Stinson (CSN), 61.05; 7. Albanese (SLO),

62.58; 8. Price (CS Bak.), 63.97. 1,600 RELAY—1. Alabama A&M, 3:34.75; 2. Hampton, 3:36.82; 3. Ablene Christian, 3:45.1. Others included: 6. CS Northridge, 3:47.9.

TJ—1. Wills (Army), 43-5 1/4 (meet record, old mark, 42-0, Ann Foster, Ablene Christian, 1986); 2. Dyer (AC), 42-4 1/4; 3. Thomas (AC), 42-3 1/4. Others included: 4. Pile (CSN), 41-5. JT—1. Schmek (CPP), 186-10; 2. DeVires (Seattle Pacific), 151-10; 3. Hatch (Shippensburg), 147-2. Others included: 4. Reed (CPP), 146-8; 8. White (SLO), 131-0. HJ—1. Bruff (Alabama A&M), 5-11 1/2; 2. tie between Thomas (AC) and Seminano (Army), 5-9 1/4. Others included: 6. (tie) Schmek (CPP), 5-7 1/4.

SP—1. Gail (CPP), 49-7 (meet record, old mark, 49-6 1/2; Sharon Hamilton, CS Bakersfield, 1983); 2. Lewis (AC), 48-6 3/4; 3. Wilson (SE Missouri), 47-3 3/4.

FINAL TEAM LEADERS—Ablene Christian 109 1/2; Alabama A&M 72; Hampton 65; Cal Poly Pomona 59 1/2; Seattle Pacific 55 1/2; St. Augustine's 47; Army 39; CS Northridge 38.



Photo by Jim Reynolds

HENRY THOMAS

Occidental Invitational

At Occidental College, May 4.

Men

100 (Race 1)—Marsh (UCLA), 10.12 (wind 81 m.p.s. aiding); Thomas (UCLA), 10.23. 200—Thomas (UCLA), 20.18 (wind 11 m.p.s. aiding); Marsh (UCLA), 20.35; R. Martin (World Class), 20.54; Mate (Britain), 21.02; Uti (Nigeria), 21.09. 400—D. Robinson (World Class), 45.80; Jackson (Ugira), 46.45; P. Brown (Britain), 47.16.

800—L. Johnson (unat), 1:47.26; Stanich (Westwood TC), 1:47.44; Bunch (unat), 1:48.56; Griffin (USC), 1:49.28. 1,500—Rankin (Santa Monica TC), 3:53.69; 5,000—Junkermann (Running Ex.), 14:06.28; Ortiz (Gardena Valley), 14:18.68.

110HH—Campbell (BeeFit), 13.50; A. Joyner (unat), 13.54; Ashford (unat), 14.07; K. Young (UCLA), 14.07. 400 IH (Race 1)—Knight (UCLA), 51.45. (Race 2)—Floyd (Cal Poly Pomona), 52.94. 3,000 STEEPCHASE—Daniels (unat), 8:44.51.

400 RELAY—UCLA (Marsh, Everett, Lewis, Thomas), 38.94; USC, 40.89; Occidental, 41.88. 1,600 RELAY—Redlands, 3:18.58.

HJ—Balkin (Stars & Stripes), 7-2. PV—Wicks (S&S), 17-6; M. Allen (unat),

16-6. LJ—Van (San Diego St.), 25-3 1/4; Bouliware (unat), 25-2; Cannon (Social Cheetahs), 24-5 1/4. TJ—Cannon (Social Cheetahs), 54-5 1/4; Harper (USC), 52-6 1/4.

SP—Rusher (AIA), 58-0 1/2; Blutreich (UCLA), 57-7. DT—Binley (unat), 196-6; Gordien (unat), 195-10; McSeveney (unat), 194-8. HT—Hebert (unat), 193-9; Beard (Occidental), 189-2. JT—Roller (unat), 234-0; Bender (unat), 226-10; Denton (All-American), 218-8.

Women

100—C. Smith (UCLA), 11.81; Guialdo (USC), 11.91; Loud (unat), 12.06. 200 (Race 1)—Taylor (USC), 23.74; Phillips (UCLA), 24.03; Bolden (World Class), 24.31. (Race 2)—C. Smith (UCLA), 24.03; Sedwick (UCLA), 24.26. 400—Griffith (World Class), 52.50; Vickers (UCLA), 53.74.

800—Jacobs (unat), 2:03.85; Chapel (UCLA), 2:06.59; Labortaux (UCLA), 2:11.83; Smith (UCLA), 2:12.24. 1,500—Noll (USC), 4:23.20; Raiston-Van Leeuwen (Track West), 4:24.88; Chapman (UCLA), 4:25.70. 3,000—Gallagher (Los Angeles TC), 9:26.16; Ball (Los Angeles TC), 9:33.65; Williams (UCLA), 9:37.46.

100 HURDLES—N. Williams (UCLA), 13.78; T. Smith (UCLA), 13.97. 200 (Race 1)—Taylor (USC), 23.74; Phillips (UCLA), 24.03. 400 HURDLES—Joyner-Kersee (World Class), 55.74; T. Brown (unat), 56.78; Marks (Santa Monica TC), 59.44; Kellon (World Class), 60.41. 400 RELAY—UCLA (Sedwick, C. Smith, Parros, Phillips), 45.31; USC, 45.47.

HJ—Larson (Whittier TC), 5-11; Patterson (Nike Coast), 5-11; Payton (World Class), 5-8 1/4. LJ—S. Williams (Nike Coast), 20-11 1/4; Loud (unat), 20-5 3/4; Bates (USC), 20-4 1/4.

SP—Dasso (Nike Coast), 58-3 3/4; Adams (USC), 45-3 1/4. DT—Pagel (Mazda), 197-6; Griffin (Nike Coast), 196-2; Millett (UCLA), 168-3; Kaylor (Nike Coast), 167-7. JT—Mayhew (South Bay), 185-7.

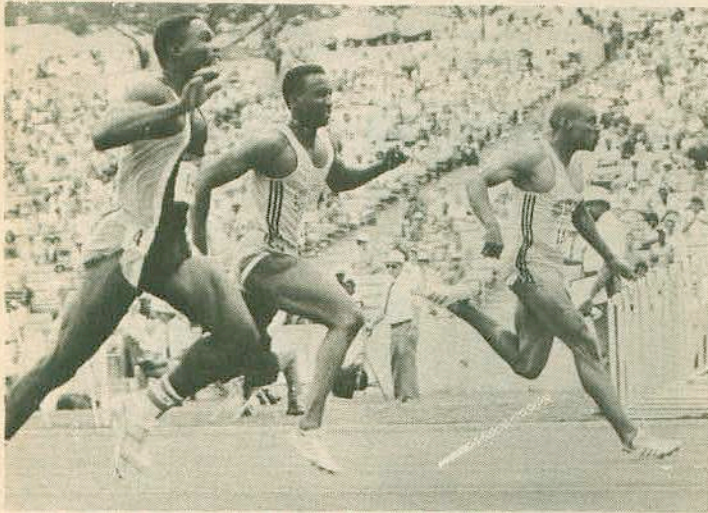
photo by Bill Leung, Jr.



LESLIE NOLL

Results

photo by Bill Leung, Jr.



100 METER FINAL: MAHORN (LEFT), THOMAS AND MARSH

PAC-10 Championships

At UCLA, May 20-21.

Men

10,000—1. Morgan (Arizona), 29:31.82; 2. Fonseca (Oregon), 29:34.49; 3. Mayiek (USC), 29:42.70; 4. Bennion (O), 29:47.10; 5. Reinke (Washington), 29:55.64; 6. Corvin (W), 29:55.97. Others included: 7. Gomez (USC), 30:30.3; 9. Silva (USC), 30:55.3; 14. Nitti (UCLA), 31:23.4.

3,000 STEEPLECHASE—1. Van Calcar (Oregon St.), 8:30.13; 2. Naesheim (W), 8:44.15; 3. Bell (W), 8:51.26; 4. Simonds (O), 8:55.75; 5. Jacobsen (O), 9:04.05; 6. Bronn (W), 9:09.89. Others included: 7. Ammann (UCLA), 9:15.66.

HAMMER—1. Jonsson (Washington St.), 2:33.9; 2. Billingsley (WS), 2:18.9; 3. Wilson (UCLA), 2:15.10; 4. Finch (O), 2:14.7; 5. Thomas (OS), 2:07.7; 6. Knight (UCLA), 2:07.6. Others included: 8. Tolputt (USC), 1:51.6.

POLE VAULT—1. Betson (USC), 16-8¾; 2. Gash (Stanford), 16-4¾; 3. tie between Johansson (WS) and Sheppard (California), 16-4¾; 4. Trahan (A), 58-0¼; 5. Blutreich (UCLA), 57-11; 6. Michaels (USC), 57-7. Others included: 7. Bergreen (UCLA), no height.

JAVELIN—1. Roberson (W), 236-2; 2. Johansson (WS), 232-5; 3. Gelfound (A), 222-8; 4. Pickett (S), 214-3; 5. Byrne (O), 214-3; 6. Moskowitz (A), 208-8. Others included: 7. Babbitt (UCLA), 204-5.

SHOTPUT—1. DeSouza (O), 60-6½; 2. Collins (Arizona St.), 59-11; 3. Wilson (UCLA), 59-8½; 4. Trahan (A), 58-0¼; 5. Blutreich (UCLA), 57-11; 6. Michaels (USC), 57-7. Others included: 7. Bergreen (UCLA), 57-3¾.

LONG JUMP—1. Berry (O), 26-0¼; 2. Rogers (C), 25-0; 3. Knox (A), 24-11¼; 4. Ayeers (WS), 24-10¼; 5. Young (UCLA), 24-9; 6. Green (S), 24-3¼.

100—1. Marsh (UCLA), 10.23 (UCLA), 10.23 (wind 1.50 m.p.s. against); 2. Mahorn (California), 10.28; 3. Thomas (UCLA), 10.31; 4. Brown (Arizona), 10.65; 5. Ayeers (Washington St.), 10.72; 6. Holmes (USC), 10.74. Others included: 7. Fuller (USC), 10.75.

200—1. Mahorn (C), 20.21 (wind 1.20 m.p.s. aiding); 2. Everett (UCLA), 20.23; 3. Thomas (UCLA), 20.29; 4. Marsh (UCLA), 20.59; 5. Ayeers (WS), 21.25; 6. Lovelace (Arizona St.), 21.50. Others included: 9. Fuller (USC), no time.

400 METERS—1. Everett (UCLA), 44.34; 2. Lewis (UCLA), 44.65 (world junior record, old mark, 44.69, Darrell Robinson, 1982); 3. Washington (UCLA), 45.24; 4. Durr (WS), 46.25; 5. Williams (Oregon), 46.97; 6. Lanning (O), 46.95.

800—1. K. Young (UCLA), 48.71; 2. Bugg (AS), 49.30; 3. Jackson (WS), 50.78; 4. Rucker (AS), 51.28; 4. D. Knight (UCLA), 51.30; 5. Torrente (C), 52.18. Others included: 7. Porter (UCLA), 52.35.

1,500—1. Ottaway (C), 3:45.23; 2. Quade (A), 3:46.08; 3. Dalton (O), 3:46.52; 4. Cushing-Murray (UCLA), 3:48.11; 5. Storschein (WS), 3:48.52; 6. Olson (Stanford), 3:49.15. Others included: 8. Griffin (USC), 3:49.64.

5,000—1. Giusto (A), 13:51.45; 2. Van Calcar (Oregon St.), 13:53.84; 3. Hjort (Washington), 14:03.99; 4. E. Mastalir (S), 14:09.34; 5. Oleson (S), 14:11.42; 6. Simonds (O), 14:20.46. Others included: 13 Reynolds (UCLA), 14:54.23; Jaspars (UCLA), Mayiek (USC), did not finish.

110 HURDLES—1. Reading (USC), 1:32 (wind 30 m.p.s. aiding); 2. D. Knight (UCLA), 1:38.9; 3. K. Young (UCLA), 1:40.8; 4. Jett (C), 1:40.9; 5. Boyd (A), 1:43.0; 6. Liddell (AS), 1:43.5.

400 RELAY—1. UCLA (Marsh, Everett, Lewis, Thomas), 3:58.59; 2. Arizona, 4:01.4; 3. Washington St., 4:01.5; 4. USC (Wellman, Hentley, Fuller, Holmes), 4:01.80; 5. California, 4:13.3; 6. Oregon, 4:18.0.

1,600 RELAY—1. UCLA (D. Knight, Wisnovsky, Washington, Lewis), 3:05.60; 2. Arizona St., 3:06.16; 3. Washington St., 3:08.62; 4. Arizona, 3:09.41; 5. Stanford, 3:09.65; 6. Oregon, 3:10.02.

HIGH JUMP—1. Marshall (S), 7-5¾ (meet record, old mark, 7-4¼, Marshall, Stanford, 1986); 2. Noji (W), 7-4¼; 3. Jones (WS), 7-4¼; 4. Johnson (AS), 7-2½; 5. Rogers (C), 6-10¾; 6. Crumbo (A), 6-10¾. Others included: 8. Juico (UCLA), 6-8¾; 9. Farrar (USC), 6-8¾.

TRIPLE JUMP—1. Berry (O), 53-7¾; 2. Harper (USC), 52-8; 3. Anderson (UCLA), 52-3¾; 4. Mooring (C), 51-4¼; 5. Watts (USC), 48-9¼; 6. Green (S), 48-0¼.

DISCUS—1. Nisula (C), 196-10; 2. De Souza (O), 195-10; 3. Blutreich (UCLA), 187-5; 4. Schneider (S), 185-4; 5. Thompson (UCLA), 183-6; 6. Wilson (UCLA), 181-5.

FINAL TEAM SCORES—1. UCLA, 1167; 2. Washington St., 76; 3. Oregon, 76; 4. Arizona, 72; 5. California, 64; 6. Stanford, 53; 7. USC, 52; 8. Arizona St., 49; 9. Washington, 42; 10. Oregon St., 20.

Women

Finals

3,000—1. Hand (O), 9:10.84; 2. Graves (O), 9:18.04; 3. Chapman (UCLA), 9:27.22; 4. Goodwin (A), 9:39.34; 5. Arrigoni (AS), 9:14.97; 6. Kiernan (UCLA), 9:48.70.

10,000—1. Gray (S), 33:41.8 (meet record, old mark, 33:42.0, Kirsten O'Hara, Cal, 1987); 2. Wilson (O), 34:17.8; 3. LeMena (AS), 34:26.2; 4. Porter (UCLA), 34:47.3; 5. Johnson (O), 34:51.4; 6. Stevens (S), 34:56.7.

HIGH JUMP—1. Jampolsky (O), 6-2¾ (equals meet record, Vicki Borsheim, Washington, 1987); 2. Fink (A), 6-2¾; 3. Borsheim (W), 6-2¾; 4. Bernhagen (S), 5-10¾; 5. Brown (USC), 5-8¾; 6. Belzner (AS), 5-8¾.

LONG JUMP—1. Devers (UCLA), 22-1¾; 2. Hudson (C), 21-6¾; 3. Bates (USC), 21-4; 4. Brown (USC), 21-2½; 5. Bartholomew (AS), 21-0; 6. Sedwick (UCLA), 20-6¼. Others included: 11. Guialdo (USC), 18-8¼.

SHOTPUT—1. Ponath (W), 55-5¾; 2. Purpur (S), 50-0¼; 3. Millett (UCLA), 49-9; 4. Jones (W), 49-4¼; 5. Adams (USC), 48-6; 6. Eckl (WS), 48-2¾. Others included: 13. Larson (UCLA), 43-10¼.

JAVELIN—1. Wheeler (S), 192-2; 2. Smith (O), 176-1; 3. Sanford (W), 166-8; 4. Larson (UCLA), 156-7; 5. Perreault (A), 154-5; 6. Berry (O), 152-10. Others included: 7. Brown (USC), 149-9.

100—1. Devers (UCLA), 11.05 (wind 30 m.p.s. against) (meet record, old mark, 11.17, Devers, 1987); 2. Tolbert (AS), 11.66; 3. Reynolds (WS), 11.75; 4. C. Smith (UCLA), 11.87; 5. Guialdo (USC), 12.07; 6. Church (UCLA), 12.15.

200—1. Malone (AS), 23.19 (wind 70 m.p.s. aiding); 2. Bartholomew (AS), 23.60; 3. Reynolds (WS), 23.71; 4. C. Smith (UCLA), 23.81; 5. Hunter (O), 24.20; 6. Sedwick (UCLA), 24.32. Others included: 8. Taylor (USC), 24.53.

400—1. Devers (UCLA), 1:10.05 (wind 30 m.p.s. against) (meet record, old mark, 1:11.17, Devers, 1987); 2. Tolbert (AS), 1:11.66; 3. Reynolds (WS), 1:11.75; 4. C. Smith (UCLA), 1:11.87; 5. Guialdo (USC), 1:12.07; 6. Church (UCLA), 1:12.15.

800—1. K. Young (UCLA), 48.71; 2. Bugg (AS), 49.30; 3. Jackson (WS), 50.78; 4. Rucker (AS), 51.28; 4. D. Knight (UCLA), 51.30; 5. Torrente (C), 52.18. Others included: 7. Porter (UCLA), 52.35.

1,500—1. Ottaway (C), 3:45.23; 2. Quade (A), 3:46.08; 3. Dalton (O), 3:46.52; 4. Cushing-Murray (UCLA), 3:48.11; 5. Storschein (WS), 3:48.52; 6. Olson (Stanford), 3:49.15. Others included: 8. Griffin (USC), 3:49.64.

5,000—1. Giusto (A), 13:51.45; 2. Van Calcar (Oregon St.), 13:53.84; 3. Hjort (Washington), 14:03.99; 4. E. Mastalir (S), 14:09.34; 5. Oleson (S), 14:11.42; 6. Simonds (O), 14:20.46. Others included: 13 Reynolds (UCLA), 14:54.23; Jaspars (UCLA), Mayiek (USC), did not finish.

110 HURDLES—1. Reading (USC), 1:32 (wind 30 m.p.s. aiding); 2. D. Knight (UCLA), 1:38.9; 3. K. Young (UCLA), 1:40.8; 4. Jett (C), 1:40.9; 5. Boyd (A), 1:43.0; 6. Liddell (AS), 1:43.5.

400 RELAY—1. UCLA (Marsh, Everett, Lewis, Thomas), 3:58.59; 2. Arizona, 4:01.4; 3. Washington St., 4:01.5; 4. USC (Wellman, Hentley, Fuller, Holmes), 4:01.80; 5. California, 4:13.3; 6. Oregon, 4:18.0.

1,600 RELAY—1. UCLA (D. Knight, Wisnovsky, Washington, Lewis), 3:05.60; 2. Arizona St., 3:06.16; 3. Washington St., 3:08.62; 4. Arizona, 3:09.41; 5. Stanford, 3:09.65; 6. Oregon, 3:10.02.

HIGH JUMP—1. Marshall (S), 7-5¾ (meet record, old mark, 7-4¼, Marshall, Stanford, 1986); 2. Noji (W), 7-4¼; 3. Jones (WS), 7-4¼; 4. Johnson (AS), 7-2½; 5. Rogers (C), 6-10¾; 6. Crumbo (A), 6-10¾. Others included: 8. Juico (UCLA), 6-8¾; 9. Farrar (USC), 6-8¾.

TRIPLE JUMP—1. Berry (O), 53-7¾; 2. Harper (USC), 52-8; 3. Anderson (UCLA), 52-3¾; 4. Mooring (C), 51-4¼; 5. Watts (USC), 48-9¼; 6. Green (S), 48-0¼.

DISCUS—1. Nisula (C), 196-10; 2. De Souza (O), 195-10; 3. Blutreich (UCLA), 187-5; 4. Schneider (S), 185-4; 5. Thompson (UCLA), 183-6; 6. Wilson (UCLA), 181-5.

FINAL TEAM SCORES—1. UCLA, 1167; 2. Washington St., 76; 3. Oregon, 76; 4. Arizona, 72; 5. California, 64; 6. Stanford, 53; 7. USC, 52; 8. Arizona St., 49; 9. Washington, 42; 10. Oregon St., 20.

Photo by Jim Reynolds



LAURA CHAPEL

1,500—1. Hand (O), 4:17.20 (meet record, old mark, 4:17.25, Noll, USC, 1988); 2. Chapel (UCLA), 4:21.72; 3. Cooper (A), 4:30.50; 4. Clark (USC), 4:31.94; 5. Dong (W), 4:32.97; 6. Peterson (W), 4:33.15.

5,000—1. Graves (O), 16:21.34; 2. Q'Hara (C), 16:30.94; 3. Chapman (UCLA), 16:45.35; 4. Wilson (O), 16:52.28; 5. Porter (UCLA), 17:05.47; 6. Arrigoni (AS), 17:07.63. Others included: 7. Kiernan (UCLA), 17:13.40; 12. Williams (UCLA), 18:11.97; 13. Stewart (UCLA), 18:12.00; 15. Arriaga (UCLA), 18:18.28.

100 HURDLES—1. Devers (UCLA), 1:28 (wind 10 m.p.s. aiding) (second fastest U.S. performance of all time); 2. Tolbert (AS), 1:28.8; 3. Bates (USC), 1:30.4; 4. T. Smith (UCLA), 1:37.7; 5. N. Williams (UCLA), 1:38.3; 6. Thompson (UCLA), 1:39.2. Others included: 7. Daetz (USC), 1:40.8.

400 HURDLES—1. Vickers (UCLA), 59.16; 2. Knighten (UCLA), 59.52; 3. Koellner (USC), 59.67; 4. Stark (OS), 59.86; 5. McGehey (O), 60.18; 6. Vidakovic (C), 61.89.

400 RELAY—1. Arizona St. (Tolbert, Malone, Foster, Bartholomew), 43.90; 2. UCLA (Sedwick, Phillips, Parros, C. Smith), 44.99; 3. Oregon, 45.55; 4. USC (Bates, Taylor, Guialdo, Chapin), 45.57; 5. Arizona, 46.50; 6. California, 46.57.

1,600 RELAY—1. Arizona St. (Holmes, Malone, Bartholomew, Foster), 3:36.23; 2. Oregon, 3:40.19; 3. USC (Taylor, Chapin, Noll, Koellner), 3:40.41; 4. California, 3:48.19; 5. Washington, 3:50.54; 6. Washington St., 3:52.77; UCLA, did not run.

TRIPLE JUMP—1. Brown (USC), 44-7; 2. Hudson (C), 44-5¼; 3. Bates (USC), 43-5; 4. McKinney (O), 40-8¾; 5. Henion (S), 40-2¾; 6. Zerull (O), 38-6. Others included: 7. Simms (UCLA), 38-6.

DISCUS—1. Lavine (WS), 186-2; 2. Larson (UCLA), 185-6; 3. Ponath (WS), 179-3; 4. Jones (W), 171-6; 5. Purpur (S), 170-5; 6. Millett (UCLA), 168-5. Others included: 7. Paris (USC), 165-5.

FINAL TEAM SCORES—1. UCLA, 143; 2. Oregon, 106; 3. Arizona St., 84; 4. USC, 82; 5. Washington, 47; 6. Stanford, 41; 7. California, 30; 8. Arizona, 28; 9. Washington St., 24; 10. Oregon St., 4.

Late Afternoon Decathlon

May 21, 22, Pauley Track, Santa Barbara.

Overall Results

1	Bart Goodell	8109
2	Mark Sanders	7487
3	Dan Sheehan	7371
4	Brad Orlich	7006
5	Ed Dumas	6627

Results

Decathlon-Heptathlon

May 27-28, Los Angeles.

Overall Results - Men

1	Heinz Hinrichs	7899
2	Steve Degner	7515
3	John Pfeifer	6629
4	Ed Verse	6418
5	Mark Walsh	6320
6	Gary Miller	6031

Overall Results - Women

(Scores not readable)

1	Sheila Tarr
2	Cathey Tyree
3	Debra Larson

Bruce Jenner Bud Light Classic

By Mark Winitz

May 28, San Jose.

Oh, it's going to be a long track season. That's what the tale told at San Jose City College--by the tentative performances of the competitors and the more conspicuous absence of many top athletes. With the U.S. Olympic T&F Trials still six weeks away and the Olympic Games a distant four months, few competitors were up for really testing the waters. Serious contenders, both American and foreign, aren't in a rush to reach top form. This was more of a benchmark meet. What shape am I in now? How much work do I have to get where I want to be?

"Everybody here is going to run a lot better and positions are going to change. A lot of people are timid right now," commented San Luis Obispo's Ivan Huff who ran a solid third in the steeple and is a contender to make the team in that event.

Besides, the day was unseasonably cool (which was fine, at least, for the distance runners), but it was also windy (not fine for distance running around an oval). Although the San Jose City College track has a windy reputation, and the Memorial Day Weekend date is always too early in the season, a core of name international competitors turned up, most of whom didn't have to travel far from home to get here. The loss of a television contract (and reduced budget) limits the number of paid athletes who are invited to Jenner. Nevertheless, there were a number of bright spots in the distance events (and also in other events which I'll have to skip here):

* World multi-recordholder Mary Decker Slaney ran her first 3,000 meter race since her AR 8:25 at the World Champs in '85. Relatively fit, injury free, and more relaxed than one can remember, Slaney cruised to an 8:49.43 win over '86-'87 TAC champ Mary Knisely (8:58.43).

"Having a baby has influenced my perspective on life," Slaney related after her race. There's more to life than track. I spend my spare time now playing ring-around-the-rosey (with her 2-year old daughter). In the past I've been too serious about track-to wound up, maybe. Now I feel a lot more relaxed."

Among Californians, PattiSue Plumer (7th, no time) ran under the Olympic 3,000m trials standard.

* The men's 3,000m saw strong kicker Jay Marden (3rd, 8:01.75) give more-publicized strong kickers Terry Brahm (8:00.4) and former San Leandro, CA resident Doug Padilla (8:01.02) a fight to the finish.

"I hope there are no kickers like that in the 10 Thousand," Jay wished out loud. He'll run the "ten" at Indianapolis.

* Steve Scott (3:37.55) captured his 7th straight 1500-meter Jenner win, outkicking Kenya's Kip Cheruiyot by 2 tenths. Cal-Berkeley's Dave Ottaway (3:42.88) finished 5th. Look for Scott to stay close to home until the end of this month when he'll head for Europe for a sharpening race or two before the Trials.

* Oakland's James Robinson is back in town. The veteran track man's 1:45.50 nipped Stanley Redwine in a photo finish to establish him as the young season's world leader.

Photo by Mark Winitz



MARSH & HUFF

* Steve Ferraz (4:08.29) won the Masters 1500 with the West Valley Track Club's men taking the next four places led by Jim Hampton (4:12.99).

* Canada's Lynn Williams (4:09.09) ran an '88 world leading 1500 meters. But the story in this race was Canyon Lake, CA's Ruth Wysocki (4:11.63). The woman who holds the second fastest time (to Slaney) at this distance was pleased with her second place finish.

"I'm feeling very good," she said. "I really competed in this race. I fought a few people off and didn't give up. There was a lot of positive feedback."

That's exactly what most of the competitors at this meet were seeking--nothing more, nothing less. Stay tuned. And how about

Jackie Joyner-Kersey? Do you think that multi-talent could become a distance ace if she put her mind to it? Maybe after 1988, Jackie.

Men

100 METERS—1. Cooper (Athletics West), 10.22; 2. Brown (unat), 10.27; 3. Smith (Jamaica), 10.28.

800—1. Robinson (unat), 1:45.50; 2. Redwine (Athletics West), 1:45.58; 3. Johnson (U.S. Army), 1:48.37.

1,500—1. Scott (Team Tigers), 3:37.55; 2. Cheruiyot (Kenya), 3:37.79; 3. Campbell (Canada), 3:41.81.

3,000—1. Brahm (Athletics West), 8:00.04; 2. Padilla (Athletics West), 8:01.02; 3. Marden (Nike), 8:01.75.

3,000 STEEPLECHASE—1. Wedderburn (Brian), 8:24.9; 2. Hyde (unat), 8:26.0; 3. Huff (Rebook), 8:28.6.

400H—1. Phillips (World Class), 48.81; 2. Akabussi (Britain), 50.18; 3. Davis (Mazda), 50.97.

400 RELAY—1. Northern California TC, 39.63; 2. China, 39.83; 3. Sacramento TC, 40.58.

POLE VAULT—1. Duplantis (unat), 18.4; 2. tie between Dial (Athletics West) and Fraley (Pacific Coast Club), 17.8.

SHOTPUT—1. Backes (New York AC), 68.11; 2. Wolf (New York AC), 67.11; 3. Oldfield (UCTC), 61.04.

TRIPLE JUMP—1. Conley (Tyson), 55.5; 2. Kimble (unat), 55.1; 3. Hanna (Bahamas), 54.3.

HIGH JUMP—1. Nordquist (Tiger), 7.5; 2. Lott (unat), 7.5; 3. Balkin (Stars & Stripes), 7.3.

HAMMER—1. Flax (New York AC), 259.1; 2. Gustafsson (Sweden), 251.2; 3. Schaeffer (West Germany), 241.2.

LONG JUMP—1. Spiry (Team Elite), 26.5; 2. McRae (Bay Area Striders), 25.10.

Women

100—1. Rocheleau (Canada), 11.13; 2. Echols (Athletics West), 11.20; 3. Young (Young Achievers), 11.25.

200—1. Jackson (Jamaica), 22.53; 2. Young (Young Achievers), 22.68; 3. Jackson (Coca-Cola TC), 23.24.

400—1. Jackson (Jamaica), 52.27; 2. Rattray (Jamaica), 52.84; 3. Richardson (Canada), 52.88.

1,500—1. Williams (Canada), 4:09.09; 2. Wysocki (Brooks), 4:11.63; 3. Bowker (Canada), 4:14.20.

3,000—1. Slaney (Athletics West), 8:49.43; 2. Knisely (New Balance), 8:58.43; 3. Dornhoefer (Athletics West), 8:59.43.

100 HURDLES—1. Joyner-Kersey (World Class), 12.61 (equals American record, Gail Devers, UCLA, 1988); 2. Davis (Mazda), 13.01; 3. Martin (Tennessee), 13.15.

DISCUS—1. Cady (Mazda), 188.0; 2. Barnes (Fresno St.), 184.7; 3. Suggs (Mazda), 181.1.

HIGH JUMP—1. Wohlschlag (Nike), 6-4; 2. Clough (Ather TC), 6-4; 3. Sommer (Athletics West), 6-2.

SHOTPUT—1. Dukes (Puma), 57.0; 2. Pollock (Coast Athletics), 56.8.



Photo by Mark Winitz

RUTH WYSOCKI



Photo by Mark Winitz

PATTISUE PLUMER

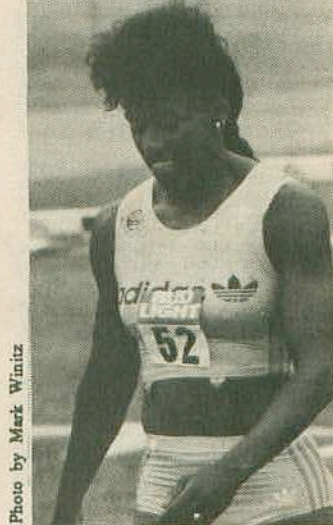


Photo by Mark Winitz

JACKIE JOYNER-KERSEE

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Results

Road Racing

Southern California Regional Senior Olympics

March 12. Palm Springs. 10K

Division Results - Men

55-59: 1. Wally Ingran 39:11.28, 2. Jim Franklin 45:20.07, 3. Ward Speaker 48:55.86. 60-64: 1. Roy Gil 42:20.44, 2. Gerald Hopkins 42:53.48, 3. John Vermilya 58:18.69. 65-69: 1. Harold Daughters 45:44.93, 2. Ira Samuels 51:53.92. 70-74: 1. John Donnelly 59:11.90, 2. Harold MacDonald 1:19:41. 80-84: 1. LaGrand Nielsen 57:26.60.

Division Results - Women

55-59: 1. Jeanne Feaster 1:00:26. 60-64: 1. Virginia Terry 55:13.32. 80-84: 1. Rose Manda 1:26:31.

El Cajon 20K

April 2. El Cajon.

Division Results - Men

12 & Under: 1. Mark Savel 1:45:07. 13-17: 1. Raul Miranda 1:41:03. 18-29: 1. Randy Hoyles 1:07:35, 2. William Ayyad 1:09:00, 3. Adolfo Lopez 1:10:03. 30-39: 1. Kevin McCarey 1:06:30, 2. Ed Nares 1:13:31, 3. Kim Reedy 1:15:09. 40-49: 1. Peter Stern 1:12:01, 2. Dennis Kasischke 1:12:49, 3. Ron Wells 1:13:14. 50-59: 1. Jim Temples 1:20:26, 2. Warren Osborne 1:26:17, 3. Dick Robinson 1:28:19. 60-69: 1. Jim McCown 1:26:42, 2. Ray Penkert 1:31:45, 3. Luojo Ojeda 1:40:04. 70 & Over: 1. Wayne Zook 1:33:27, 2. Paul Katsuro 1:56:39, 3. Walt Kuetzing 2:10:47. Racewalkers: 1. John Meyer 2:02:42, 2. Clyde Hatfield 2:08:11, 3. Ted Greiner 2:11:39. Wheelchair: 1. Doug Vann 1:27:58, 2. Dan Larson 1:42:10, 3. Paul Herman 1:47:53.

Division Results - Women

12 & Under: 1. Sheri Savel 1:43:34. 18-29: 1. Kathleen Kinane 1:21:30, 2. Sarah Tabbitt 1:21:39, 3. Terri Lafferty 1:29:41. 30-39: 1. Jeanne Lasee-Johnson 1:15:48, 2. Oonagh Bruni 1:16:06, 3. Leslie Howland 1:18:54. 40-49: 1. Joni Pendleton 1:25:02, 2. Ursula Rains 1:31:33, 3. Judi Richardson 1:34:48. 50-59: 1. Caroline Murray 1:30:08, 2. Faye Heldoorn 1:45:25. 60-69: 1. Mary Storey 1:44:40, 2. Gerry Davidson 1:50:11. 70 & Over: 1. Bess James 2:46:42. Racewalk: 1. Lizzy Kemp 2:07:58. Wheelchair: 1. Mary Thompson 1:47:28.

California Forty-Niner

April 2. Berkeley. Double Marathon & Marathon.

Overall Results - Double Marathon

1 Bob Bunnell (37) 6:37:23
2 Skip Hamilton (42) 6:47:14
3 Tom Johnson (28) 7:21:32

4 Dave Roth (34) 7:26:37
5 Dow Mattingly (36) 7:30:10
6 Rob Develices (33) 7:42:50
7 Tony Kraft (26) 7:58:09
8 Jack Azevedo (33) 8:00:27
9 Doug Towne (34) 8:05:15
10 John Peacock (49) 8:07:45

Overall Results - Marathon

1 Dane Larsen (37) 2:58:17
2 Dimitris Sklavapoulos (42) 3:41:17
3 Richard Shields (44) 3:44:45
4 Roberto Sanchez (49) 3:50:18
5 Dick Malkin (47) 3:55:08

Manhattan Mile

April 9. Manhattan Beach.

Division Results - Men

Open: 1. Bob Leetch 4:18, 2. Tyrus Deminter 4:18, 3. Ernest Becaria 4:25. 6 & Under: 1. Aaron Klafter 7:22, 2. Blake Arce 7:59, 3. BJ Huck 8:24. 7 Yrs.: 1. Dustin Avol 7:12, 2. Michael Grady 7:23, 3. Ryan Mahoney 7:30. 8 Yrs.: 1. Devon Murray 6:31, 2. James Peetz 6:41, 3. Aaron Kogan 6:57. 9 Yrs.: 1. Samuel Harang 6:25, 2. Justin Bell 6:42, 3. Steven Strom 7:01. 10 Yrs.: 1. Geoffrey Brown 6:21, 2. John Peetz 6:24, 3. Emil Lundin 6:56. 11 Yrs.: 1. Visith Nguon 6:05, 2. Doug Stephenson 6:19, 3. Greg Eddy 6:22. 12-13: 1. Todd Culbertson 5:52, 2. Ben Sharples 5:54, 3. Dean Brunkhardt 5:55. 14-18: 1. Candelario Veneses 4:45, 2. Shawn Page 4:48, 3. Frank Evans 4:54. 19-24: 1. John Maemura 4:39, 2. Kirby Lee 4:41, 3. Julian Cuevas 4:55. 25-27: 1. Wayne Matsumura 4:38, 2. Michael Spencer 4:47, 3. Eddie Edwards 4:49. 28-30: 1. Bill Balcer 4:35,

2. Clyde Matsumura 4:35, 3. Marty Horan 4:46. 31-33: 1. John Fujii 4:44, 2. Dan Takahashi 4:53, 3. Robert Kessler 4:54. 34-36: 1. David Hine 4:43, 2. Bruce Johnson 4:44, 3. Paul McClelland 4:47. 37-39: 1. Paul Marcel 4:59, 2. Wayne Douglas 5:08, 3. Sam Gorsline 5:16. 40-41: 1. Ron Jensen 4:35, 2. Jack McDowell 4:48, 3. Bruce Wint 4:49. 42-45: 1. Ron Parks 4:48, 2. Don McCarthy 4:49, 3. Michael Figueroa 4:50. 46-49: 1. Catarino Gonzalez 4:51, 2. George Cohen 4:53, 3. Ron Werner 5:07. 50-54: 1. Brian Fernee 5:08, 2. Ron Poston 5:14, 3. Andre Tocco 5:15. 55-59: 1. Robert Culling 5:35, 2. Margie Moberg 5:57, 3. Robert Perry 6:10. 60 & Over: 1. Milo Sather 5:59, 2. Richard Ryder 6:37, 3. Bob Brigham 6:51. Wheelchair: 1. Jim Babbitt 15:27.

Division Results - Women

Open: 1. Annie Seawright 5:01, 2. Michele Tiff 5:21, 3. Mya Vernon 5:26. 6 & Under: 1. Loreli Riding 8:14, 2. Cosette Smith 8:39, 3. Erin Moore 8:46. 7 Yrs.: 1. Molly Michaelis 8:11, 2. Jamie Kahn 8:28, 3. Alexandria Bracken 8:33. 8 Yrs.: 1. Kimberly Kohn 7:17, 2. Julie Stephenson 7:19, 3. Sara Baker 7:33. 9 Yrs.: 1. Alexa Linsley 6:44, 2. Kristi Parks 6:52, 3. Seak Nip 7:20. 10 Yrs.: 1. Alyson Fitzgerald 6:22, 2. Andrea Crum 7:00, 3. Ellen Strom 7:00. 11 Yrs.: 1. Marina Linsley 5:50, 2. Mandi Lawson 6:48, 3. Megan Taylor 7:11. 12 Yrs.: 1. Angie Parks 6:21, 2. Ann Windes 6:35, 3. Amy Farias 6:50. 13 Yrs.: 1. Kate Larson 6:49, 2. Nikki Lawson 6:50, 3. Erika Ferrell 6:52. 14-18: 1. Caroline Plyer 5:27, 2. Joanne Ulibarri 5:50, 3. Kristina Magnuson 5:52. 19-24: 1. Diane Dandurand 5:56, 2. Nancy Driver 6:23, 3. Laura Perkins 7:17. 25-29: 1. Marie Deary 5:50, 2. Vera Elson 5:53, 3. Deborah Riding 6:09. 30-34: 1. Susan Kiseda 5:54, 2. Jennie Cole 5:59, 3. Janet Mellott 6:26. 35-39: 1. Debby Flynn 5:47, 2. Terri Goodreau 5:56, 3. Cindy Denuno 6:16. 40-44: 1. Wendy Watson 6:14, 2. Cindy Sterling 6:18, 3. Pamela Donesley 6:34. 45-49: 1. Sandy Shockey 6:25, 2. Chris Matso 7:05, 3. Paula Benard 9:42. 50-54: 1. Jeanne Hoagland 6:11, 2. Carol Vedder 7:13, 3. Maxine Brown 8:25. 55 & Over: 1. Trudy Wadman 8:05, 2. Shirley Malm 10:08, 3. Virginia Marsh 12:30.

Chardonnay Run

April 9. Santa Barbara. 5K & 10 Mile.

Overall Results - Men's 5K

1 Russell Beste (26) Santa Barbara 15:21
2 Pete Dolan (28) Goleta 15:28
3 Terry Howell (32) Thousand Oaks 15:58
4 Kavanaugh (19) Isla Vista 16:05
5 Jose Montanez (28) Fillmore 16:45
6 Mike Callahan (20) Santa Barbara 16:52
7 Reyes Lopez (23) Santa Barbara 16:57
8 Tony Swangler (23) Santa Barbara 17:00
9 Daniel Butterfield (31) Mill Valley 17:10
10 Thomas Dahlberg (29) Pac. Palisades 17:16

Overall Results - Women's 5K

1 Kris Katterhagen (24) SLO 17:56
2 Petra Kemper (32) Santa Barbara 19:11
3 Jayne Balsiger (25) San Diego 19:47
4 Summer Eckberg (13) Santa Barbara 20:51
5 Lydia Salinas (27) L.A. 21:00
6 Barbara Varon (36) Redondo Beach 21:04
7 Elizabeth North (25) Santa Barbara 21:37
8 Althea Huggins (26) Port Hueneme 21:41
9 Eva Beltran (37) Glendale 21:41
10 Shauna Wallace (31) Santa Barbara 21:51

Division Results - Men's 5K

14 & Under: 1. Richard Falt 20:44, 2. Jacob Crestenson 21:08, 3. Richard Romero 21:19. 15-18: 1. David Maunu 18:10, 2. Owen Denney 18:12, 3. Ray Unzueta 19:20. 19-29: 1. Russell Beste 15:21, 2. Pete Dolan 15:28, 3. Brian Kavanaugh 16:05. 30-39: 1. Terry Howell 15:58, 2. Daniel Butterfield 17:10, 3. Tim Marozick 17:33. 40-49: 1. Bob Spielman 18:05, 2. Gary Dinkins 18:25, 3. Jay Romais 18:28. 50-59: 1. Jack Wilson 19:56, 2. Leon Musil 20:59, 3. Neil Ziegler 21:07. 60 & Over: 1. Ollie Harker 22:08, 2. Edwin Bishop 22:47, 3. Philip Smith 23:52.

Division Results - Women's 5K

14 & Under: 1. Summer Eckberg 20:51, 2. Joanna Potillo 24:13, 3. Cynthia Condon 24:40. 15-18: 1. Michol Bauer 23:12, 2. Cynthia Bieniasz 26:42, 3. Brenda Potillo 27:37. 19-29: 1. Kris Katterhagen 17:56, 2. Jayne Balsiger 19:47, 3. Lydia Salinas 21:00. 30-39: 1. Petra Kemper 19:11, 2. Barbara Varon 21:04, 3. Eva Beltran 21:41. 40-49: 1.

continued next page. . .

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Results

Stephanie Welch 22:29, 2. Easy Delaney 23:08, 3. Tara Brown 23:55. 50-59: 1. Ingrid Elsel 24:52, 2. Barbara Boyle 27:34, 3. Rosemary Beilschmidt 28:42. 60 & Over: 1. Ruth McGadden 43:16.

Overall Results - Men's 10 Mile

1	Jim Triplett (30) Santa Barbara	51:12
2	Tim Minor (30) Ventura	52:24
3	David Lawler (26) Goleta	54:12
4	Larry Montag (35) Ventura	54:32
5	David Smith (31) Irvine	54:40
6	Jim Kornell (36) Santa Barbara	54:40
7	Gregg Horner (34) Santa Barbara	55:37
8	Denver Ritchie (18) Los Angeles	56:36
9	Brian Nelson (30) Ventura	56:39
10	Ken Lemus (30) Glendale	56:42

Overall Results - Women's 10 Mile

1	Mary Tracey (28) Playa del Rey	1:00:35
2	Ruth Vomund (30) Ventura	1:01:59
3	Mary Ryzner (34) Santa Barbara	1:02:13
4	Anne Hayden (33) Santa Barbara	1:05:00
5	Christine Noll (27) Oakland	1:05:10
6	Dianna Hall (30) Santa Barbara	1:05:13
7	Jane Montague (33) Santa Monica	1:05:45
8	Cheri Savage (33) Santa Barbara	1:06:58
9	Betsy Spaulding (28) Goleta	1:08:36
10	Erika Thuro (26) Ojai	1:08:57

Division Results - Men's 10 Mile

14 & Under: 1. Pedro Alvarez 1:11:59, 2. Danny Vizcaino 1:16:27, 3. Richard Acosta 1:19:32. 15-18: 1. Denver Ritchie 56:36, 2. Joe Beers 1:11:36, 3. Mike Beers 1:13:47. 19-24: 1. Alejandro Gallegos 58:29, 2. Johnny Camacho 59:27, 3. Juan Plascencia 59:49. 25-29: 1. David Lawler 54:12, 2. David Larson 57:06, 3. Steven Noll 57:32. 30-34: 1. Jim Triplett 51:12, 2. Tim Minor 52:24, 3. David Smith 54:40. 35-39: 1. Larry Montag 54:32, 2. Jim Kornell 54:40, 3. Al Sanchez 58:37. 40-44: 1. Robert Davison 58:30, 2. Lee Ferrero 59:42, 3. Mike Bellanca 1:03:33. 45-49: 1. Ben Jackson 1:00:29, 2. Vic Birtalan 1:04:59, 3. Joel Shield 1:06:26. 50-54: 1. Harry Panteles 1:03:40, 2. Art Sylvester 1:04:16, 3. Gary Farnham 1:08:07. 55-59: 1. Ray Laub 1:13:19, 2. Roger Boedecker 1:17:10, 3. Peter Galtes 1:19:18. 60-69: 1. David Kille 1:14:38, 2. Jim Rowe 1:17:04, 3. Bob Mahlstedt 1:17:55. 70 & Over: 1. Paul Gilbert 1:46:41. Wheelchair: 1. Stephen Miller 1:42:39.

Division Results - Women's 10 Mile

15-18: 1. Jana Frost 1:19:57, 2. Debbie Bradbury 1:27:35, 3. Alexandra Laris 1:41:56. 19-24: 1. Paula Bouckaert 1:08:58, 2. Michelle Anderson 1:09:45, 3. Sally Clements 1:11:55. 25-29: 1. Mary Tracey 1:00:35, 2. Christine Noll 1:05:10, 3. Betsy Spaulding 1:08:36. 30-34: 1. Ruth Vomund 1:01:59, 2. Mary Ryzner 1:02:13, 3. Anne Hayden 1:05:00. 35-39: 1. Sharon Lesar 1:15:48, 2. Britt Mosby 1:15:49, 3. Terri Werber 1:17:48. 40-44: 1. Betty Jory 1:11:00, 2. Karen Bancroft 1:14:13, 3. Ellen Herman 1:14:56. 45-49: 1. Carol Coffey-Holland 1:21:01, 2. Sandy Pirkle 1:23:51, 3. Hildi Hoffmann 1:25:36. 50-59: 1. Gaby McQuitty 1:19:44, 2. Veronica Hanlon 1:38:45.

Challenge for Charity

April 9. Stanford. 10K.

Division Results - Men

19 & Under: 1. Andrew Pearson 35:09, 2. Kevin Malloy 37:12, 3. Jim Knox 37:44. 20-

29: 1. Bob Brennan 32:26, 2. Edward Basalada 32:47, 3. Gordon Holterman 33:19. 30-39: 1. Joe Starmitz 32:10, 2. Arthur Whitney 32:50, 3. Rene Gaelli 33:28. 40-49: 1. Gary Goettelman 34:17, 2. Roger Zoldan 36:34, 3. Cull 36:57. 50 & Over: 1. John McGrillis 40:50, 2. Richard Baugh 42:27, 3. Bob Lewis 43:03.

Division Results - Women

19 & Under: 1. Liz Traynor 44:37, 2. Namino Glantz 49:13, 3. Nicole Jones 57:47. 20-29: 1. Susie Slagle 39:32, 2. Nathaniel McManahan 40:32, 3. Amy Johnson 41:18. 30-39: 1. S. Spoch 39:07, 2. Lynn Macy 39:13, 3. Honor Fetherston 39:27. 40-49: 1. Judith Hooper 44:47, 2. Janeene Johnson 45:54, 3. Roni Carlson 52:51. 50 & Over: 1. Gerri Psick 52:11, 2. Marj Kalmansan 52:31, 3. Susan Jones 55:40.

American River 50

April 10. Sacramento.

Overall Results

1	Brian Purcell (30-39) Santa Rosa	6:01:15
2	Dan Williams (30-39) El Sobrante	6:14:22
3	Herb Tanzer (30-39) Topanga	6:15:04
4	Bruce LaBelle (30-39) Oakland	6:37:05
5	Tim Twietmeyer (18-29) Citrus Heights	6:48:12
6	David Scott (30-39) Fremont	6:48:14
7	Dana Gard (40-49) Citrus Heights	7:02:14
8	Jack Christian (30-39) Hammon	7:05:43
9	Rick Spady (30-39) Great Falls	7:15:20
10	Jeff Herten (40-49) San Luis Obispo	7:16:00
11	Robert Sobsey (30-39) Reno	7:22:01
12	Danny Hagale (40-49) Arlington Hts.	7:24:23
13	Eric John Lehtonen (18-29) San Diego	7:26:34
14	Dane Larson (30-39) San Rafael	7:26:53
15	Sergio Ramos (18-29) Wilmington	7:30:07
16	Mike Hernandez (30-39) Orangevale	7:31:26
17	William McGeary (30-39) Long Beach	7:35:48
18	Scott Miller (18-29) Auburn	7:40:58
19	George Parrott (40-49) Sacramento	7:42:28
20	Jim Sane (30-39) Rancho Cordova	7:45:13
21	Jean Spirlock (40-49) Meadow Vista	7:46:12
22	Steven Schiller (30-39) New Britain	7:47:53
23	Joe Hayes (30-39) Ogdan	7:48:42
24	Bogdan Ambrozewicz (30-39) Auburn	7:49:04
25	Mike Cronk (40-49) Aptos	7:49:04

Reach Out and Care Runs

April 16. Westlake Village. 5K & 10K.

Overall Results - 5K

1	Peter Mogg (33)	15:31
2	Peter Oviatt (18)	15:36
3	Paul Hough (30)	15:40
4	Jose Montanez (28)	16:38
5	Jorgg Barajas (15-19)	16:50
6	Thomas Hall (37)	17:11
7	H. VonWinkelmann (30)	17:34
8	James Stepan (35)	17:36
9	Mike Zaragoza (26)	17:44
10	Nick Trozzi (27)	17:53
11	Jim Pellon (37)	17:58
12	Bob Streets (35)	18:08
13	Kelly Current (30-34)	18:16
14	Mike Hash (40)	18:24
15	Dick Duccini (45)	18:28
16	Amy Skielesz (11)	18:34
17	Gary Lynn (37)	18:40
18	Chris Jensen (24)	18:48
19	Charlie Buchta (46)	18:48
20	Harry Panteles (51)	18:52
21	Michael Froman (46)	18:54
22	Michael Mutek (38)	18:58
23	Tyler Tabor (25)	19:01
24	Paul Panteles (25)	19:10
25	Roger Patrick (44)	19:13

Overall Results - 10K

1	Ruben LaDesma (27)	32:22
2	Pete Kaplan (31)	33:16
3	Keith May (41)	33:34
4	Jim Hughes (41)	34:22
5	Joe Martinez (30)	34:29
6	James Stepan (35)	34:36
7	Gil Guevara (21)	34:46
8	Vicente Zaragoza (30-34)	34:58
9	Jim Pellon (37)	35:02
10	Bob Streets (35)	35:17
11	Mike Zaragoza (26)	35:32
12	Greg McClester (35)	35:32
13	Kelly Current (30-34)	36:08
14	Allan Baxter (38)	36:32
15	Steven Grupenhagen (24)	36:32
16	David Elder (22)	36:43
17	Paul Panteles (25)	36:52
18	Chris Jensen (24)	36:57
19	Michael Mutek (38)	36:58
20	Tom Staiberger (39)	37:01
21	Paul Rekers (33)	37:13
22	Gregory Edwards (25-29)	37:29
23	Skot Paschal (36)	37:30
24	Patrick Harlan (42)	37:31
25	Roger Patrick (44)	37:38

Golden Gate Headlands

April 16. San Francisco. Marathon & Half Marathon

Overall Results - Half Marathon

1	Roy Himmen (21)	1:10:40
2	Michael Disalvo (32)	1:11:53
3	Peter Franks (41)	1:14:02
4	Kevin Sverduk (29)	1:14:49
5	Eamon Cooke (45)	1:15:25
6	Preston Sitterley (40)	1:16:45
7	Scott Schadlich (25)	1:16:48
8	John Grissall (22)	1:17:14
9	Kelly Fulner (30)	1:18:35
10	William Henline (43)	1:19:14

Overall Results - Marathon

1	Michael Duncan (38)	3:33:54
2	Mark Samuelson (34)	3:57:44
3	Dan Hernandez (26)	4:07:10
4	Dave Combs (29)	4:31:50
5	Larry Butler (42)	4:31:50

Dave Parker Canyon Relay and Ultramarathon

April 17. Saugus. 40.5 Miles.

Overall Results - Ultra

1	Jim Pellon (36)	4:43:34
2	Ed Wehan (43)	4:48:11
3	Freddie Perez (46)	5:09:10
4	Michael Gregg (29)	5:18:02
5	Jason Stephens (45)	5:20:51
6	Yale Goldberg (39)	5:35:32
7	Matthew Boyd (27)	5:41:03
8	John Scribner (39)	5:44:12
9	Thomas Cory (40)	5:45:59
10	Fred Nagelschmidt (63)	5:58:43
11	Steve Watanabe (33)	6:00:43
12	Hiballs Rutterberg (41)	6:01:43
13	George Antonaros (40)	6:08:56
14	Bob Moses (41)	6:16:12
15	Abbie Rockwell (33)	6:20:05
16	Daniel Ramirez (32)	6:32:47
17	David Condit (47)	6:42:39
18	Hal Winton (55)	6:47:58

19 Tom Steele (55) 7:24:25
20 Donna Canales (45) 8:50:15

Relays Results

1	Michelob (Moriarty, Covert, Chaidez, Pontius)	3:57:36
2	Team Homeboys (LeCrosse, Durand, North, Hampton)	4:03:31
3	S & Ps (Hornstock, Jones, Merhaut, Davison)	4:03:57
4	Team KTMR (LaPlant, Bemus, & 2 unknowns)	4:10:31
5	St. Elmos (Kelley, Volk, Hood, Sheehan)	4:18:28
6	Team Morrison (Reeves, Huabel, Tokar, Scoggin)	4:19:40
7	Hart/Newhall Flyers (McCrack, Watson, Locke, Clark)	4:21:59
8	SCR Masters #1 (Deines, Blankenship, McLean, Dragon)	4:25:45
9	Wild Mountain Runners (Orosco, Rivers, Perez, Gonzalez)	4:32:55
10	SCR Masters #2 (Smith, Zorawowicz, Klinger, Gates)	4:44:43
11	SCR Seniors #1 (Pellerin, Hamrick, Durand, Brickner)	4:48:03

Cherry Blossom Run

April 17. San Francisco.

Overall Results

1	Ron Gee (30-39)	24:27
2	Lovrival Sampaio (19-29)	24:31
3	Don Paul (30-39)	25:03
4	Peter O'Reilly (19-29)	25:13
5	Donald Forter (30-39)	25:39
6	Bill Sevald (40-44)	25:48
7	David Stancilff (30-39)	25:59
8	Brian Maxwell (30-39)	26:21
9	Tim Hacpine (19-29)	26:38
10	Truman Yee (30-39)	26:48
11	John Deforest (19-29)	26:55
12	Charles Townsen (19-29)	27:14
13	George Mason (40-44)	27:39
14	Leroy Ouan (40-44)	27:42
15	Michael Gama (19-29)	27:48
16	Bruce Fusimoto (30-39)	27:52
17	Lon Kincannon (30-39)	27:54
18	Bill Brusher (30-39)	28:00
19	Don Jedlovec (30-39)	28:04
20	Ruben Macedo (19-29)	28:05
21	William West (19-29)	28:23
22	Jim Minami (40-44)	28:28
23	David Garcia (30-39)	28:30
24	Heidi Mooney (30-39)	28:37
25	Kim Liot (30-39)	28:53

Division Results - Men

18 & Under: 1. Ken Yoshimoto 34:37, 2. Ryokei Imai 35:32, 3. Rob Nakamura 40:17. 19-29: 1. Lovrival Sampaio 24:31, 2. Peter O'Reilly 25:13, 3. Tim Hacpine 26:38. 30-39: 1. Ron Gee 24:27, 2. Don Paul 25:03, 3. Donald Forter 25:39. 40-44: 1. Bill Sevald 25:48, 2. George Mason 27:39, 3. Leroy Ouan 27:42. 45-49: 1. Mike Hoy 29:30, 2. George Baptista 31:00, 3. Richard Mayers 31:31. 50-54: 1. Joe Hancock 30:27, 2. Michael Passwaite 34:31, 3. Gus Holweger 34:47. 55-59: 1. John Lemke 33:17, 2. Arthur Klatsky 34:11, 3. Robert Cowan 38:39. 60-64: 1. Ray Piva 31:10, 2. Gary Toji 37:35, 3. Sam Hirabayashi 39:40. 65 & Over: 1. Bill Van Fleet 39:18, 2. Don Wilgus 40:21, 3. Mel Shine 40:24.

Division Results - Women

18 & Under: 1. Akiko Tina Reed 40:17, 2. Michelle Kiyono 43:43, 3. Francine Aquil 43:46. 19-29: 1. Susan Boon 31:10, 2. Jenny Biddulph

Continued on next page . . .

Results

33:33, 3. Kuo-Yink Townsend 35:35, 30-39: 1. Heidi Mooney 28:37, 2. Jacqueline Russum 29:39, 3. Sue Vinella-Brusher 30:37, 40-44: 1. Elaine Pierce 33:38, 2. Patricia Falsone 36:01, 3. Marian Lyons 37:09, 45-49: 1. Cynthia Hall 39:15, 2. Chiyo Shingu 41:19, 3. Wildin Ceis 41:20, 50-54: 1. Eve Pell 33:48, 2. Peggy Kang 36:14, 3. Kiiko Baptista 37:43, 55-59: 1. Eileen Klatsky 41:27, 2. Pat Mowery 44:13, 3. Olivia Luxemburg 48:49, 60-64: 1. Liese Rapozo 47:17, 2. Patricia McDougal 48:31, 3. Olive Danzer 57:45, 65 & Over: 1. Momoko Saruwatari 1:10:39.

Cancer Buster

April 24. Loma Linda. 5K, 10K, 15K.
Division Results - Men's 5K

12 & Under: 1. Jonathan Bailey 23:51, 2. Kevin Smith 24:45, 3. Ryan Easterbrook 24:47, 13-18: 1. Brian Ownby 16:28, 2. John Pesapane 18:07, 3. Phillip Hahn 18:40, 19-29: 1. Hoze Droze 15:24, 2. Roger Phillips 16:47, 3. Wesley Whittlesey 17:37, 30-39: 1. John Lemar 17:56, 2. Ken VanPelt 19:00, 3. Wilbert Clark 19:17, 40-49: 1. Steve Sible 18:23, 2. Elber Camacho 18:31, 3. Dennis Puffer 19:52, 50-59: 1. Frank Ogawa 19:43, 2. Lyle Deem 20:34, 3. Stan Bellamy 22:53, 60 & Over: 1. J.R. Smith 29:20, 2. Bill Hinton 30:57, 3. Dean Garvey 31:41.

Division Results - Women's 5K

12 & Under: 1. Anne Klaasservano 27:32, 2. Melissa Liou 28:53, 3. Melinda Liou 35:18, 13-18: 1. Mindy Enzler 23:17, 2. Alisha Clapper 23:20, 3. DeAnna Vincent 28:35, 19-29: 1. Gina Phillips 24:41, 2. Jill Minear 25:05, 3. Debbie Dietz 25:21, 30-39: 1. Lyndi Phillips 21:27, 2. Cynthia Shrewsbury 23:54, 3. Colleen Laudenslager 24:33, 40-49: 1. Linda Ewart 25:50, 2. Donna Derussy 27:13, 3. Deann Eckenwiler 27:47, 50-59: 1. Nancy Goggin 32:20, 2. Joan Macey 36:17, 60 & Over: 1. Barbara Carnahan 31:13, 2. Nyle Cook 38:54, 3. Myrtle Scharffenberg 46:10.

Division Results - Men's 10K

12 & Under: 1. Dabi Hernandez 49:09, 2. Bradley Jones 51:26, 3. Juan Deanda 54:07, 13-18: 1. Vincent Hott 36:23, 2. Steve Burns 39:42, 3. Kevin Taylor 46:47, 19-29: 1. Danny Reed 32:03, 2. Scott Henning 37:01, 3. Robert Ripley 37:11, 30-39: 1. Alan Reizman 40:25, 2. Doug Brockman 40:41, 3. Ken Dixon 40:50, 40-49: 1. Bryce Larkin 39:16, 2. Arthur Bryne 40:09, 3. Jim Davis 40:52, 50-59: 1. Rafael Valdivia 46:28, 2. Jerome Coyozo 47:43, 3. John Egan 50:20, 60 & Over: 1. Stan Perrine 47:09, 2. Robert Darker 53:44, 3. Carl Fountain 1:11:25.

Division Results - Women's 10K

20-29: 1. Chelita Neal 44:05, 2. Jennifer Dunbar 48:06, 3. Jami Henning 48:27, 30-39: 1. Marilyn Thompson 52:21, 2. Sandra Moore 53:57, 3. Mercedes Guerrero 54:46, 40-49: 1. Judy Craik 52:43, 2. Jo Stanley 57:41, 3. Joy Bailey 58:25, 50-59: 1. Anna Hollenberg 50:27, 2. Ruth Moore 1:01:41, 60 & Over: 1. Iris Wise 1:34:16, 2. Ethel Lane 1:42:20, 3. Esther Coffman 1:44:09.

Division Results - Men's 15K

13-18: 1. Bradley Anderson 1:27:37, 19-29: 1. David Swiderski 50:21, 2. Jimmy Pice 54:25, 3. Angel Ramirez 1:01:30, 30-39: 1. Michael West 57:39, 2. Patrick Smith 57:41, 3. Jonathan Allenski 58:26, 40-49: 1. Dean King

57:40, 2. Del Scharffenberg 58:59, 3. John Freckman 59:08, 50-59: 1. David Wilbur 1:04:21, 2. Don Moore 1:04:55, 3. Richard Johnson 1:06:01, 60 & Over: 1. Wally Taylor 1:09:24, 2. Clarence Curnahan 1:16:39, 3. Kurt Kupferman 1:41:10.

Division Results - Women's 15K

19-29: 1. Linda Wellany 1:05:00, 2. Patsy McEnany 1:17:59, 3. Rosa Alderete 1:18:04, 30-39: 1. Patricia Contreras 1:04:10, 2. Charine Fanning 1:22:28, 40-49: 1. Theresa Riley 1:10:31, 2. Susan Lawrence 1:15:56, 3. Anne Coy 1:16:19, 50-59: 1. Dee Palmer 1:41:07, 2. Barbara McNett 1:44:09.

Stegman Memorial

April 24. Lompoc. 5K.

Overall Results

1	Jannine Jarris (22)	18:26
2	Brandy Barr (12)	20:08
3	Kerri Marshall (28)	20:41
4	Karen Karl (30)	21:50
5	Maureen Cackler (29)	22:44
6	Joan Holloway (41)	23:11
7	Diane Shedden (27)	23:18
8	Sandra Barr (14)	23:37
9	Linda Daniel (27)	24:01
10	Melanie Jones (35)	24:20

Walkers

1	Alice Dugaas (37)	35:25
2	Katsuko Uema (49)	38:03
3	Nancy Jacobs (52)	38:27
4	B. J. Vineyard (41)	38:32
5	Cindy Strachan (37)	38:54

Conejo Valley Days

Rabbit Run

April 23. Thousand Oaks. 10K & 5K.

Overall Results - Men's 10K

1	Reuben Ledesma	33:43
2	Jim Pellon	36:39
3	Roger Barnholdt	37:28

Overall Results - Women's 10K

1	Teri Gerber	38:58
2	Christie Dubach	40:11
3	Robin Hebe	44:28

Overall Results - Men's 5K

1	Paul Hough	15:51
2	Shaun Goetzinger	16:15
3	Bernie Brizwell	16:29

Overall Results - Women's 5K

1	Debbie Brown	19:51
2	Amy Crawford	21:18
3	Sally Elliot	23:15

City of Morro Bay

April 23. Morro Bay. 10K.

Overall Results

1	Paul Lee (18-29)	34:10
2	Steve Boaz (30-39)	34:21
3	Kevin Cooper (18-29)	37:04
4	John Blair (30-39)	37:44
5	Kevin Byrne (18-29)	38:48
6	Larry Jamison (40-49)	39:25
7	Bill Tostevin (50 & O)	39:42
8	Tony Brizzolara (30-39)	40:20
9	Steve Rodoff (18-29)	40:24
10	David Condit (40-49)	40:28

Briones Biathlon

April 23. Walnut Creek.

Overall Results

1	Chris Ward	1:37:57
2	Ratti/Ward	1:38:38
3	Larry Nolan	1:41:37
4	Dean Harper	1:42:20
5	Stephen Maris	1:43:54
6	Fitzg/Acquistapace	1:45:56
7	Bruce Lin	1:46:46
8	Frederick Scovel	1:46:58
9	Rick Ferrell	1:47:04
10	Mark Pretti	1:48:10
11	Ed Condit	1:48:18
12	Gregory Tuerk	1:48:24
13	William Erdman	1:48:32
14	Stephen Thurston	1:48:54
15	Jim Preston	1:49:17
39	Debbie Ingram	1:57:56

12	James Lett	51:24
13	Tracie Mann	52:16
14	Jennifer Nowack	54:19
15	Jackie Ryle	54:32
16	Rose Jaramello	55:23
17	Rubin Perea	55:24
18	Tyaga	56:25

Volunteer Triathlon

April 24. Fresno.

Overall Results

1	John Devere (27) Clovis	1:26:58
2	Jeff Jacobs (22) Berkeley	1:33:04
3	Dean Thornton (19) San Jose	1:33:04
4	Greg Grunwald (24) Berkeley	1:33:08
5	Hooman Rabiekh (19) Fresno	1:33:08
6	Tom O'Hern (32) Hermosa Beach	1:33:23
7	Rich Simons (23) Laguna Beach	1:33:31
8	Jeff Moffit (23) Fresno	1:33:43
9	David Sears-Koltid (30) Morro Bay	1:34:08
10	Rick Conway (34) Hanford	1:34:28
11	Runar Boman (29) San Luis Obispo	1:35:37
12	James Press (39) Palo Alto	1:35:41
13	Robert Rainwater (38) Fresno	1:36:10
14	Bill Yates (32) Santa Clara	1:36:32
15	Michael Lambert (21) Acampo	1:39:24
16	Bruce Ferguson (33) Hermosa Beach	1:39:46
17	Thomas Sneddon (41) Panorama City	1:39:52
18	Tom DeCaw (41) Kensington	1:40:00
19	Bern Galvin (33) Redondo Beach	1:40:31
20	Luke Merrill (24) Lindsay	1:40:53
21	Bob Lucchesi (25) Stockton	1:40:54
22	Jon Grissell (22) Staleline, NV.	1:40:58
23	Rick Klatt (37) Fresno	1:45:06
24	Fred Frausto (22) Fresno	1:41:18
25	Jerry Burch (24) San Luis Obispo	1:41:56
26	J. Patrick Phillips (34) Sanger	1:42:05
27	Kim Debban (33) Fresno	1:42:19
28	Ken Metzger (37) Visalia	1:42:37
29	Steve Maurier (39) Prather	1:42:06
30	Ron Lessley (31) McFarland	1:42:46

Rattlesnake Run

April 23. Friant. 6 Miles.

A down-pour from 5-6 a.m. on the morning of April 23, 1988 made race organizers wonder how many runners would be brave, or crazy, enough to make the drive out into the foothills of the Sierra Nevada to run in the 4th edition of the race of the snake. Luckily, the skies relented and only a light sprinkle occurred throughout warm-ups and the 6-mile race itself; eighteen runners completed the hilly course that winds out-and-back over dirt roads, across creeks, and, this year, through varying degrees of mud that slowed times a minute or two in most cases.

Tom Davidson of Clovis ran only half-a-minute slower than last year, however, and claimed his third crown in the four years of the race. Using his customary go-out-hard strategy, Tom built up a lead of 2 1/2 minutes by the finish, crossing in 36:48.

The first race of the Mountain Runner of the Year competition saw Larry Duke of North Fork dueling with Mark Spencer of Oakhurst, with Mark pulling away in the second half to clock a 40:36 against Larry's 42:33. Ron Thiesen of North Fork trailed in 44:57. The rain seems to have discouraged the mountain women; a good turn-out is expected, however, at the Smokey Bear 10K (Bass Lake, May 14), the next race in the competition.

First and second in each age division were able to take home art prizes donated by the Finegold Creek Institute, sponsor the the unique running event.

Overall Results

1	Tom Davidson	36:48
2	Curtis Flowe	39:19
3	Ralph Smith	39:19
4	Mark Spencer	40:36
5	Larry Duke	42:33
6	Joel Doss	43:29
7	Ron Thiesen	44:57
8	Carol Arney	47:03
9	Steve Berry	49:26
10	Sharon Mayo	49:36
11	Ron Haro	49:49

Tortoise & Hare

April 24. San Jose. 10K.

The fourth annual running of The Tortoise & The Hare, a benefit for the Good Samaritan Hospital of San Jose, proved true to its theme as the "Hares" --the top runners-- raced furiously toward the finish line, thousands of "Tortoises" enjoyed jogging and walking respectively the 10K running course and 5K walking course. The total 2,400 participants included 200 kids 6 yrs and younger running, crawling and jumping thru the "Bunny Hop" bstacle course.

Candace Cable-Brooks and her husband Peter highlighted the top athletic competition. While six days earlier she had won the wheelchair division of the Boston Marathon, Candace full 2 minutes faster than the fastest fully-able-bodied male runner to win her division. Peter's 25:52 that won his division is notably more than one minute faster than the world's record for 10 Kilometers.

Division Results - Men

Open: 1. Tim Gruber 30:01, 2. Robert Herndon 31:32, 3. Dan Sauers 31:56, Masters: 1. David Furst 32:31, 2. Gary Goettelmann 33:16, 3. Frank Ruona 33:44, Wheelchair: 1. Peter Brookes 25:52, 2. Jim Schoenherr 31:32, 3. Jerry Deets 33:30.

Division Results - Women

Open: 1. Heidi Mooney 33:38, 2. Coleen Sweet 37:05, 3. Joanne Dahlkoetter 37:41, Masters: 1. Susan Brown 39:45, 2. Bea Hoyle 41:27, 3. Gail Goettelmann 42:42, Wheelchair: 1. Candace Cable-Brookes 27:57.

Results

Big Basin Marathon & Half Marathon

April 23. Big Basin.

Overall Result - Half Marathon

1	Casey Reinking (30)	1:18:18
2	Patrick Ward (31)	1:21:46
3	Manfred Kittel (31)	1:21:54
4	Chris Ziemann (16)	1:22:31
5	Ed Klotz (28)	1:24:23
6	Harvey Solomon (40)	1:26:23
7	Jonathan Becker (29)	1:26:49
8	Roy Denehy (30)	1:29:02
9	Jim Poje (28)	1:29:36
10	Dan Dekimpe (28)	1:29:42

Overall Results - Marathon

1	Gary Hilliard (33)	3:12:06
2	Marcia Martin (30+ F)	3:31:46
3	Ken Hargrove (42)	3:31:47
4	Charlie Gonzales (43)	3:51:29
5	Charles Green (53)	3:55:23

Coddington Lions Biathlon

April 24. Santa Rosa.

Division Results - Men

15-19: 1. Dan Held 1:40:42. 20-29: 1. Brett Van Natta 1:28:55. 30-39: 1. Peter Kaimar 1:28:56. 40-49: 1. Gary Chamberlain 1:37:04. 50-59: 1. Ernie Von Raesfeld N.T. 60 & Over: 1. Bill McGee N.T.

Teams: 17 & Under: 1. Tellander/Mills 1:43:30. 18-29: 1. Lawler/Lawler 1:31:20. 30-44: 1. Smith/Drisko 1:37:09. 45 & Over: 1. Grayson/Steele 1:40:55.

Boys: 7-10: 1. Alex Geyer 32:29. 11-12: 1. Ryan DeFord 34:50. 13-14: 1. Darren Whissen 28:43.

Mixed Teams: 18-29: 1. Foo/Mosier 1:36:02. 30-44: 1. Carrou/Bousquette 1:33:15. 45 & Over: 1. Casperson/Irvine 1:56:33.

Division Results - Women

15-19: 1. Mele Blackstone N.T. 20-29: 1. Elia Hernandez 1:45:36. 30-39: 1. Cindi Van Natta 1:51:08. 40-49: 1. Kathy Gilliam N.T. 50-59: 1. Harriet Anderson N.T.

Teams: 18-29: 1. Jenkins/Bentley 1:55:40. 30-44: 1. Garcia/Johnson N.T. 45 & Over: 1. Oravetz/Kuziara N.T. Girls: 7-10: 1. Maria Rocha 40:28. 13-14: 1. Summer Bundy 34:17.

Bolinas Ridge Wild Boar Run

April 30. Point Reyes to Stinson Beach. 18 Mi.

Overall Results

1	Alec Isabeau (26)	2:19:26
2	Gary Hilliard (33)	2:29:16
3	Terry Pintane (36)	2:33:30
4	Peter Franks (41)	2:34:42
5	Keith Maurer (32)	2:37:11
6	Guy Palmer (29)	2:41:12
7	Lindy Miller (32)	2:49:04
8	Ken Klein (34)	2:56:00
9	Dimitris Sklavopoulos (42)	2:56:01
10	Michael Quigley (36)	2:56:16

Long Beach Plaza 8K

April 30. Long Beach.

Overall Results

1	Allen Just (25)	24:13
2	Jorge Pacheco (20)	24:22
3	Michel Deberaza (23)	25:04
4	Greg Gonzales (26)	25:14
5	Martin Moreno (23)	25:37
6	Kennie Arri (24)	26:36
7	Jim Reish (25)	26:43
8	Mark McKinzie (30)	26:46
9	Robert Kessler (32)	27:13
10	Mario Fonseca (25)	27:21

Division Results - Men

14 & Under: 1. Terrel Reyes 27:23. 2. Geoff Janquart 29:13. 3. James Duckman 32:44. 15-18: 1. Manuel Diaz 28:10. 2. Danny Maldonado 29:27. 3. Jarrod Kennelly 29:28. 19-24: 1. Jorge Pacheco 24:22. 2. Michel Deberaza 25:04. 3. Martin Moreno 25:37. 25-29: 1. Allen Just 24:13. 2. Greg Gonzales 25:14. 3. Jim Reish 26:43. 30-34: 1. Mark McKinzie 26:46. 2. Robert Kessler 27:13. 3. Jon Myers 27:52. 35-39: 1. Jesse Leyva 28:01. 2. Gerry Rexing 28:17. 3. Richard Miller 29:17. 40-44: 1. Dale Fairchild 28:12. 2. Ron Ogilvie 28:31. 3. Wayne Mitchell 28:48. 45-49: 1. Daniel Henderson 30:50. 2. Jim McDiarmid 32:11. 3. Byron McIntosh 32:31. 50-54: 1. Brian Fernee 28:39. 2. Al Haruff 34:00. 3. James Smith 34:43. 55-59: 1. Otto Helner 32:43. 2. Hugh McHugh 33:06. 3. Ignacio Mariscal 33:53. 60-64: 1. Robert Koch 35:21. 2. Bob Herman 40:17. 3. John Mooshagian 45:42. 65-69: 1. Daniel Lujan 36:45.

Division Results - Men

14 & Under: 1. Sara Lee Reyes 34:01. 2. Monica Cuevas 38:58. 3. Chinell Jimenez 46:00. 15-18: 1. Lucinda Reyes 32:15. 2. K. MacDonald 34:42. 3. Jeanne Andrusky 38:06. 19-24: 1. Angel Gomez 30:04. 2. Laurel Saito 40:28. 3. Denise Nishimura 40:39. 25-29: 1. Trudy Fenton 31:28. 2. Donna Casey 32:18. 3. Lori Reinger 33:47. 30-34: 1. Karen Callahan 33:14. 2. Jerri Edwards 33:30. 3. Sue Ann Buck 33:37. 35-39: 1. Michele Tiff 29:55. 2. Leslie Skow 36:16. 3. Elizabeth Brown 37:06. 40-44: 1. Jo Ann Miley 38:28. 2. Jody Roberts 39:56. 3. Linda Nielsen 42:06. 45-49: 1. Anne Feichter 41:58. 2. Barbara Mann 42:05. 3. Maurise Veatch 42:20. 50-54: 1. Ann Holtzclaw 37:49. 2. Judy Demenko 43:28. 3. Myrna Syverson 46:13. 55-59: 1. Sumiye Onodera 42:08. 2. Rose Ornellas 45:55. 3. Joann Teegarden 48:11. 60-64: 1. Evelyn Johnstone 49:57. 2. Betty Bradbury 1:22:31. 70 & Over: 1. Lucile Adney 1:00:23.

Petaluma Scramble

April 30. Petaluma. 3K & 8K.

Overall Results - Men's 3K

1	Stan Hockerson (Santa Rosa)	8:52
2	Don Burns (Vacaville)	9:16
3	Ben Rosales (Healdsburg)	9:31
4	Eric Smith (Oakland)	9:32
5	David Sjostedt (Bodega Bay)	10:04
6	Bill Stephens (Santa Rosa)	10:29
7	Don Johnson (Santa Rosa)	10:37
8	Philip Hager (Larkspur)	10:41
9	Butch Alvarez (Sonoma)	10:56
10	Carl Jackson (Santa Rosa)	11:04

Overall Results - Women's 3K

1	Patti Pickett (Tiburon)	11:06
2	Judith Gottlieb (Santa Rosa)	13:11

3	Julie Wagstaff (Cotati)	13:21
4	Kathie Willgate (Petaluma)	14:01
5	April Austinson (Rohnert Park)	14:11

Division Results - Men's 8K

6 & Under: 1. Daniel Minkin 18:47. 7-9: 1. Kevin Huff 14:11. 2. Danny Lawson 21:28. 10-12: 1. Gabe Boyd 12:18. 2. Jason Rolle 14:06. 3. Jacob Greenberg 14:34. 13-15: 1. Colin Aita 13:38. 2. Kevan Amos 15:06. 3. Daniel Reeves 18:46. 16-19: 1. Michael Dillena 11:40. 20-29: 1. Ben Rosales 9:31. 2. Eric Smith 9:32. 3. Mark Zubek 11:56. 30-39: 1. Stan Hockerson 8:52. 2. Don Burns 9:16. 3. Don Johnson 10:37. 40-49: 1. David Sjostedt 10:04. 2. Bill Stephens 10:29. 3. Howard Womack 11:20. 50 & Over: 1. Philip Hager 10:41. 2. Carl Jackson 11:04. 3. Gilman Jung 12:11.

Division Results - Women's 8K

6 & Under: 1. Siobhan Ryan 29:01. 7-9: 1. Chalon Cramer 27:23. 10-12: 1. Danielle Williams 19:01. 13-15: 1. April Austinson 14:11. 2. Christine Shimizu 14:40. 3. Thersa Magsamen 15:09. 16-19: 1. Julie Wagstaff 13:21. 2. Regina Cameron 18:15. 20-29: 1. Janie Zarnoch 15:21. 2. Simone Shelley 15:27. 3. Yvonne Fort 15:43. 30-39: 1. Patti Pickett 11:06. 2. Kathie Willgate 14:01. 3. Margie Lawson 14:37. 40-49: 1. Judith Gottlieb 13:11. 2. Sue Thomsen 14:41. 3. Janet Sausen 15:44. 50 & Over: 1. Ann Johnson 16:21.

Overall Results - Men's 8K

1	Jim Noonan (Santa Rosa)	23:48
2	Shawn Phillips (Petaluma)	24:16
3	Rudy Balli (Petaluma)	24:55
4	Darryl Beardall (Santa Rosa)	25:25
5	Sean Lanham (Petaluma)	25:48
6	John Paul McIntosh-King (Forestville)	26:01
7	Gary Broad (Oakland)	26:16
8	David Rodriguez (Albany)	26:44
9	John Orman (Santa Rosa)	27:31
10	Tom Cunningham (Sebastopol)	27:44

Overall Results - Women's 8K

1	Tamara Gonzalez (Novato)	27:50
2	Kim Swayze (Colfax)	28:13
3	Bethann McIntosh-King (Forestville)	30:04
4	Mary Cilley (Santa Rosa)	30:19
5	Vicki French (Santa Rosa)	30:49

Division Results - Men's 8K

15 & Under: 1. Christian Moore 28:56. 2. Jesse Moore 30:06. 3. Todd Hudelson 32:47. 16-19: 1. Tim Hebring 29:47. 2. Reese Guerra 53:38. 20-24: 1. Shawn Phillips 24:16. 2. Peter Enciso 28:49. 3. Seann Henry 29:38. 25-29: 1. Jim Noonan 23:48. 2. Rudy Balli 24:55. 3. Sean Lanham 25:48. 30-34: 1. Kurt Boldt 29:00. 2. John Catts 29:04. 3. Reiner Boothe 29:04. 35-39: 1. John Paul McIntosh-King 26:01. 2. Tom Cunningham 27:44. 3. Michael Locati 28:03. 40-44: 1. John Fitzgerald 30:33. 2. Michael Cavalli 31:52. 3. Mike McInnis 32:11. 45-49: 1. Ray Gin 27:46. 2. Dennis Noriel 29:48. 3. Steve Aikenhead 30:45. 50-59: 1. Darryl Beardall 25:25. 2. Gary Osborn 31:04. 3. Bob Chadwick 31:24. 60 & Over: 1. Don Pickett 30:40. 2. Herm Jensen 34:11. 3. James Steere 47:02.

Division Results - Women's 8K

20-24: 1. Deborah McNeil 42:22. 2. Lisa Uhl 50:33. 25-29: 1. Tamara Gonzalez 27:50. 2. Mary Cilley 30:19. 3. Shelly Lydon 32:56. 30-34: 1. Bethann McIntosh-King 30:04. 2. Margie Tonelli 31:08. 3. Sheila Roebuck 34:55. 35-39: 1. Kim Swayze 29:13. 2. Vicki French 30:49. 3. Sarah Prowell 33:33. 40-44: 1. Kathie Schmidt 32:09. 2. Angela Ferretti 34:09. 3. Kathie Hawko 35:39. 45-49: 1. Katherine Singer 37:57. 2. Marry Jone Cadarri 44:04. 3. Dolly DeGraffenredt 44:26. 50-59: 1. Janet Buckendahl 31:38. 2. Elaine Frank 36:49. 3. Shirley Wood 45:08.

Devil Mountain Run

May 1. Danville. 10K.

Open Men - Individuals

1	Ivan Huff, \$250	29:24
2	Charles Alexander, \$200	29:49
3	Alan Dehlinger, \$150	29:58
4	Miguel Tibaduiza, \$100	29:59
5	Domingo Tibaduiza, \$75	30:06
6	David Frank, \$65	30:32
7	Robert Anex, \$55	30:35
8	Craig Steinmaus, \$45	30:38
9	David Minter, \$35	30:40
10	Joe Rubio, \$25	30:40

Open Women - Individuals

1	Linda Somers, \$100	35:20
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Open Men - Teams

1	Reebok Aggies, \$500
2	Pacific Flyers, \$300
3	Reebok R.C., \$200

Open Women - Teams

1	Reebok Aggies, \$400
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Division Results - Men

12 & Under: 1. Roger Penny 43:46. 2. Zachary Lee 43:50. 3. Jonathan Geilhufe 46:58. 13-16: 1. Peter Faeth 35:07. 2. Jason Minnie 35:10. 3. Jeff Aschbrenner 35:48. 17-29: 1. Ivan Huff 29:24. 2. Charles Alexander 29:49. 3. Alan Dehlinger 29:58. 30-39: 1. Miguel Tibaduiza 29:59. 2. Domingo Tibaduiza 30:06. 3. Casey Reinking 30:56. 40-49: 1. Sal Vasquez 31:42. 2. Bill Clark 33:47. 3. Michael Holbrook 33:57. 50-59: 1. Everett Riggle 37:07. 2. Peter Todd 37:36. 3. Tom Walsh 38:04. 60 & Over: 1. Ray Stewart 39:27. 2. Robert De Chene 45:54. 3. Peter Pickett 47:52. Wheelchair: 1. David Eisner 45:33.

Division Results - Women

12 & Under: 1. Kari Horn 43:51. 2. Liesbeth Brouwer 57:12. 3. Penny Hodges 1:01:19. 13-16: 1. Nika Horn 40:49. 2. Lori Juarez 43:56. 3. Jennifer Reed 45:23. 17-29: 1. Linda Somers 35:20. 2. Carol Keller 36:00. 3. Catherine Porter 36:35. 30-39: 1. Nan Hall 36:54. 2. Angela Tibaduiza 37:15. 3. Beckie Simmie-Kesecker 38:09. 40-49: 1. Peggy Smith 42:02. 2. Bea Hoyle 43:15. 3. Patty Hung 43:52. 50-59: 1. Barbara Carlson 46:57. 2. Lynne Henge 50:55. 3. Rita Kerk 51:54. 60 & Over: 1. Jaclyn Caselli 49:40. 2. Luisa Hansen 1:01:41.

Godzill Gasp

May 1. Modesto. 10 Mile.

Division Results - Men

High School: 1. Israel Davis 1:12:38. 2. Nathan Houx 1:13:43. 3. Michael Leach 1:13:43. Post High: 1. Jim Elam 57:12. 2. George Shoemaker 58:47. 3. George Guillemain 58:53. 30-39: 1. Bob Loux 55:59. 2. Daniel Garcia 58:16. 3. Leon Casas Jr. 59:32. 40-49: 1. Steve Tredway 57:54. 2. Barney Eredia 1:02:19. 3. Jim Beland 1:03:46. 50-59: 1. 1:15:39. 2. Don Brook 1:21:31. 3. Lamar Dodson 1:24:09. 60-69: 1. John Griffin 1:17:17. 2. Leon Casa Sr. 1:22:48. 3. Robert Herrera 1:26:15. 70 & Over: 1. Don Lundberg 1:15:18.

Division Results - Women

Post High: 1. Grace Pierson 1:08:30. 2. Doreen Brown 1:09:47. 3. Emily Buchbinder 1:17:02. 30-39: 1. Colleen Allieri 1:12:51. 2. Dorrill Daubenberger 1:16:31. 3. Jami Harrison 1:19:35. 40-49: 1. Barbara Miller 1:07:17. 2. Jan Jensen 1:15:30. 3. Joyce Spoon 1:20:37. 50-59: 1. Marlene Kinser 1:31:29. 2. Virginia Condon 1:36:18.

Results

Wild Wild West Marathon

May 1. Lone Pine, Marathon & 10 Mile.

Division Results - Men's 10 Mile
19 & Under: 1. Aspen Yonge 1:38:04, 2. Michael Buck 1:40:42, 3. Robert Gutierrez 2:09:45. **20-29:** 1. Alan Reynolds 1:08:08, 2. John Kaiser 1:08:11, 3. Jon Wright 1:15:38. **30-39:** 1. Stephen Whitmore 1:08:11, 2. Earnest Gadvetmaster 1:08:12, 3. Michael Naylor 1:13:35. **40-49:** 1. George Antonaras 1:19:11, 2. Nick Riesz 1:19:20, 3. Dave Arntson 1:20:46. **50-59:** 1. Jack Brown 1:31:41, 2. Donald Henze 1:33:09, 3. Jim Herting 1:35:16. **60-69:** 1. Marvin Powers 1:25:59, 2. Pat Cangiano 1:53:44. **70 & Over:** 1. Frank Demers 2:01:24.

Division Results - Women's 10 Mile
19 & Under: 1. Jennifer Odum 1:54:24. **20-29:** 1. Lori Ansell 1:30:56, 2. Anne Mullier 1:43:11, 3. Barbara O'Neal 1:46:33. **30-39:** 1. Carolyn Tieman 1:17:11, 2. Judy Walker 1:27:23, 3. Sue Simms 1:32:33. **40-49:** 1. Judy Hillestad 1:40:30, 2. Denise Habegger 1:50:18, 3. Kathy Martin 1:57:00. **50-59:** 1. Fern Durand 2:08:44, 2. Judy Arntson 2:14:27, 3. Ann Capodanno 2:36:40. **70 & Over:** 1. Marjorie Zimmerman 2:29:45.

Division Results - Men's Marathon
20-29: 1. Mac Williamson 3:08:52, 2. Gary Walecke 3:53:43, 3. Larry Blanchard 4:47:33. **30-39:** 1. Rae Clark 3:19:53, 2. Fred Shuffelbarger 3:23:37, 3. Jim Gensichen 3:26:50. **40-49:** 1. Terry Hughes 3:16:21, 2. Ron Parks 3:30:02, 3. Richard Hillestad 3:31:21. **50-59:** 1. Don Potter 4:00:04, 2. Ron Covert 4:06:10, 3. Hal Winton 4:30:28. **60-69:** 1. Jim Hayes 4:52:38.

Division Results - Women's Marathon
20-29: 1. Connie Hughes 4:20:33, 2. Cathy Vanoni 4:53:24. **30-39:** 1. Judy Milkie 4:22:23, 2. Olga Ginez-Johnson 4:58:38, 3. Laura Knebel 4:58:36. **40-49:** 1. Ruth Carter 6:37:56. **50-59:** 1. Gloria Bassler 6:08:39. **70 & Over:** 1. Priscilla Libby 7:22:19.

Discovering Our Common Ground Peace Day Race

May 1. Santa Cruz. 5K & 10K.

Division Results - Men's 5K
15 & Under: 1. Eric Connolly 18:59, 2. Chris Girmier 20:47, 3. David Moore 21:44. **16-39:** 1. Albert DeLaTore 15:21, 2. Randel Rice 22:15, 3. Richard Ulrich 22:23. **40-49:** 1. Mark Steelman 19:07, 2. Jerry Jones 19:50, 3. Dennis McGinley 21:00. **50-59:** 1. Bob DeNike 1:01:36. **60 & Over:** 1. Don Newmark 26:01, 2. Silvester McElroy 26:26, 3. Mervin Smith 42:30.

Division Results - Women's 5K
15 & Under: Meghan Randell 30:25, 2. Autumn Edgar 30:35, 3. Jill Ealy 33:46. **16-39:** 1. Aimee Tolan 20:27, 2. Wendy Bryan 24:54, 3. Annette Steiner 25:07. **40-49:** 1. Carolyn McLeod 25:07, 2. Mary Lee DeGennaro 42:53, 3. Nora Mazzara 52:50. **60 & Over:** 1. Pat Smith 35:24.

Division Results - Men's 10K
15 & Under: 1. Aaron Kamp 37:48, 2. Francisco Banuelos 1:03:06, 3. Devin Eselius

1:05:38. **16-39:** 1. Gilbert Munoz 31:35, 2. Francisco Avila 33:59, 3. Doug Hetsler 34:45. **40-49:** 1. Reidar Almas 39:51, 2. William Rosenoff 41:08, 3. Chris Brundle 41:54. **50-59:** 1. Sam Vandenburg 37:51, 2. Ray Mosier 41:25, 3. Joe Cossitor 49:32. **60 & Over:** 1. Toby Solorzano 1:01:51, 2. Charles Vok 1:40:52.

Division Results - Women's 10K
15 & Under: 1. Nina Rappaport 1:04:25. **16-39:** 1. Lynne Carlton 39:43, 2. Annette Goody 40:40, 3. Heidi Trujillo 44:21. **40-49:** 1. Carol Hagendorff 50:15, 2. Woutje Herrick 57:32, 3. Terry Rice 58:23. **50-59:** 1. Emily Maloney 53:20, 2. Barbara Fellman 1:00:35, 3. Nancy Norris 1:02:16.

MCMC May Day Health Run

May 1. Merced. 5 Mile.

Division Results - Men
12 & Under: 1. Anthony Dibelle 32:43, 2. Kyle Royer 38:10. **13-17:** 1. Lance Jackson 30:43, 2. Timothy Webb 34:50, 3. Robert Brauchler 42:40. **18-29:** 1. John Homstad 29:29, 2. Joseph Kim 32:05, 3. Matthew Guzman 33:55. **30-39:** 1. Tom Diehl 29:06, 2. Joe Bartoloni 29:59, 3. Dick Domant 31:19. **40-49:** 1. Dave Albright 29:07, 2. Kenneth Schwisow 30:49, 3. Lee Anderson 32:48. **50-59:** 1. Lon Hendricks 35:59, 2. Earl Priest 43:11. **60 & Over:** 1. John Hannah 41:32.

Division Results - Women
18-29: 1. Stacey Samuels 41:21, 2. Ginny Spurgeon 42:09, 3. Debra Sites 43:28. **30-39:** 1. Lisa Hunter 34:59, 2. Barbara Naughton 36:46, 3. Mary Ellen Riggs 38:19. **40-49:** 1. Muriel Olsen 37:28, 2. Jean Schwisow 37:50, 3. Rebecca Cleckler 42:22.

Frank Shorter Invitational

May 1. San Diego. 5 Mile.

Overall Results

1	Steven Scott (31)	24:49
2	Ron Tabb (33)	25:12
3	Jeff Rignon (35)	25:34
4	Jose Duarte (22)	25:44
5	John Rice (27)	25:52
6	Steve Hastings (26)	26:05
7	Martin Padgett (24)	26:09
8	Norberto Avila (29)	26:26
9	Andrew Fowkes (25)	26:41
10	Ken Johns (27)	26:45
11	Kent Kroemer (27)	26:47
12	Bill Core (22)	26:50
13	Frank Shorter (40)	27:14
14	Mark Dorion (28)	27:16
15	Richard Numrich (37)	27:42
16	Thomas Zois (20)	27:52
17	Craig Miller (19)	27:56
18	Tom Hoffman (28)	27:59
19	Willie Fitzgerald (27)	28:13
20	Annetta Weber (27)	28:18
21	Ellen Lyons (25)	28:37
22	David McCallum (31)	28:49
23	Scot Smith (22)	28:50
24	Perry Esquer (23)	28:56
25	Keith Minch (18)	28:57
26	Alan Gulland (32)	29:06
27	Randy Kilpatrick (35)	29:13
28	Donald Anson (30)	29:19

29 Richard Murphy (33) 29:25
 30 Gary Bradburn (28) 29:32
 31 Tom Moore (18) 29:33
 32 Chris Alvarez (16) 29:44
 33 Michael Black (39) 29:45
 34 Felipe Kodkiguez (27) 29:47
 35 Charles Page (30) 29:49

4 Susan Henderson (Lake Oswego, OR) 46:35
 5 Patty Donley (Anchorage, AK) 46:50

Men's Wheelchair

1	Craig Blanchette (Springfield, OR)	32:50
2	Rafael Ibarra (Fresno)	34:22
3	Kevin Orr (NA)	34:31
4	Dan Westley (NA)	34:33
5	Tom Foran (Glastonbury, Conn)	34:34
6	Scott Patterson	34:38
7	Michael Trujillo	35:51
8	Rob Ogle	37:19
9	Gary Kerr	37:19
10	Patrick Holly	38:12
11	Paul Phelan	38:34
12	Bill Fricke	38:51
13	Luis Betts	40:45
14	Jim Peterson	41:27
15	Jerry Martin	41:30
16	Tim O'Connell	41:37
17	Joseph Dowling	42:18
18	Tracy Brown	42:19
19	Louis Antonio	42:20
20	Marty Boggs	42:20
21	Bruce Cornell	42:39
22	Frank Traver	44:06
23	Joe Todisco	44:28
24	David Englert	44:38
25	Rusty Beinkap	44:51
26	Jim Hudac	45:29
27	Brady Trimble	46:22
28	Tim Clark	46:49
29	John Dunn	47:02
30	Thomas Tilden	54:57
31	Leroy Monson	55:58
32	Joey Hamilton	58:38
33	Steven Kinn	1:01:34
34	Wally Stanley	1:12:40
35	Tedd Robison	2:29:49
36	Craig Houston	2:30:55

Women's Wheelchair

1	C. Cable-Brookes (SLO)	38:50
2	Sherry Ramsey (Lakewood, CO)	41:33
3	Jean Driscoll (Champaign, IL)	43:23
4	Sharon Frenette (SLC, UT)	45:58
5	Daniela Jutzeier (Switzerland)	48:51
6	Mary Jones	53:32
7	Emily Ball	56:25
8	Melisa Brandt	1:00:27

Quad Division

1	Jeff Worthington (Col. Springs, CO)	47:45
2	Russ Monroe (San Diego)	47:50
3	Fred Tomkins (Atascadero)	57:51
4	Marty Wittman (Tacoma)	58:23
5	Richard Nolen (Tucson)	59:37
6	Jimbo Boyd	1:16:43
7	Jeff Koch	1:28:00

Angwin to Angwish

May 1. Angwin. 10K.

Overall Results

1	Doug Butt (43)	36:31
2	Robin Madgwick (25)	37:11
3	Darryl Beardall (51)	37:35
4	Charlie Whitehobe (24)	37:56
5	John Sensenbaugh (38)	39:54
6	David Abbot (25)	40:12
7	Herbert Bowlds (34)	40:15
8	Craighton (30)	40:25
9	Mike Hoy (46)	40:37
10	Jerry Lyerly (48)	40:58

CTRN California's ONLY Track & Running Publication

Results

Run for Life

May 7. Woodward Park, Fresno. 10K & 2 Miles.

Overall Results - 10K

1	Alfred Lara (30-34)	30:32
2	John King (19-24)	30:55
3	Bryan Foley (30-34)	31:31
4	Bobby Rodriguez (18 & U)	31:35
5	Michael Meteyer (25-29)	31:45
6	H. Guerrero (30-34)	32:03
7	Robey Hoyt (25-29)	32:45
8	Jesus Pintero (19-24)	32:57
9	Al Lomeli (35-39)	34:25
10	Jeff Chandler (25-29)	34:31
11	Ralph Smith (40-44)	35:03
12	Gordon Keller (40-44)	35:16
13	Terry Nephew (35-39)	35:23
14	Mark Hahn (19-24)	35:40
15	Curtis Flowe (40-44)	35:57
16	Luis Curiel (18 & U)	36:10
17	Stan Levy (35-39)	36:16
18	Mark Haymond (40-44)	36:22
19	Bill Woody (45-49)	36:36
20	Rodney Stone (18 & U)	36:40
21	Patrick Phillips (30-34)	37:03
22	Jay Cook (19-24)	37:34
23	John Minney (35-39)	37:41
24	Bill Schwartz (40-44)	37:47
25	Tim Cornell (25-29)	38:00

Overall Results - 2 Mile

1	John Devere (19-29)	9:41
2	David Corde (40-49)	10:00
3	Brett Cook (16-18)	10:17
4	Rob Brenner (30-39)	10:19
5	Kevin Baxter (13-15)	10:19
6	Erin Woody (19-29)	10:50
7	Keith Storton (19-29)	11:09
8	Rick Smith (30-39)	11:12
9	Stephen Garza (30-39)	11:13
10	Jason Denman (16-18)	11:19
11	Gustavo Armenta (40-49)	11:31
12	Alex Orocco (40-49)	11:35
13	Dennis Duffy (40-49)	11:36
14	Bob Perry (40-49)	11:40
15	Trebor Spann (13-15)	11:45
16	Vince Marquez (30-39)	11:57
17	Mary Norris (30-39)	12:10
18	Lou Henderson (19-29)	12:14
19	Scott Fernandez (10-12)	12:17
20	Doreen Young (16-18)	12:18
21	Tiffany Shaw (19-29)	12:25
22	Randy Walden (19-29)	12:28
23	Ed Thomasson (50-59)	12:36
24	Paul Kuroda (30-39)	12:39
25	Tony Bush (50-59)	12:40

South Valley Hospital Foundation's

Walkathon-Run for Health

May 7. Gilroy. 10K & 5K & 3 Mile Walk.

Spirits were good, but the weather wasn't, at the South Valley Hospital Foundation's Walkathon-Run for Health this year. But despite an early morning downpour, 100 runners and 50 walkers participated.

Rain let up in time for the event, except for a few sprinkles, and the cool weather was ideal for runners and walkers. Actually, three events went on simultaneously—10K run, 5K run, and 3 mile walk.

In the 10K run, first among the men was David Furst of San Jose, who received a night at Hotel Pacific in Monterey as first prize.

First in the women's division was Kathy Landers of Pacific Grove, who won a \$50 savings bond.

Prizes were awarded in men's and women's divisions in all age groups participating in the 10K run. First places went to Cuco Chavez, Vanessa Quistian, Pricilla Quistian, Aaron Sakai, Catrina Walski, Kathy Landers, Ulises Fernandez, Valerie Vickroy, Dan Belarmino, David Furst, Mary Lou Rawitser, Daine Bromstead, Ken Noel and Charles Barrena.

Second places went to Mingo Quistian, Maggie Moreno, Heidi Trujillo, Freddie Vasquez, Mike Bergkamp (who was pushing two youngsters), Peggy Springgay, Rosita Walski, Ton Tanaka, Richard Young and Ben Hirano.

Third place winners were Jodi Graham, Theresa Huff, Kurt Lewandowski, Steve Belarmino, Rosanna Reeder, Nadine Torrey, Francisco Lara, William Flodberg and Haig Tashjian.

In the 5K run, the three who led the group were given prizes; Loren Sakai, 11, came in first. Second was Lorraine Valencia and third was Cheryl Barroza, both in the 30-39 year group.

Monrovia Century Runs

May 7. Monrovia. 5K & 10K.

Division Results - Women's 5K

12 & Under: 1. Anna Klaassennanoorschot 24:17. 13-15: 1. Eva DeLa O 22:56. 2. Rosh DeLa Torre 26:12. 3. Michelle MacLachlan 26:54. 16-18: 1. Lisa Venegas 22:58. 2. Annie Clougherty 24:38. 3. Cathy Gatt 28:09. 19-29: 1. Barbara Kernkamp 20:32. 2. Cynthia Woo 21:48. 3. Lupe O'Brien 22:53. 30-39: 1. Michele Buchicchio 18:41. 2. Suzette Clark 22:28. 3. Sharon Cooper 22:33. 40-49: 1. Georgina Nuttall 43:13. 2. Becky Parker 22:54. 3. Mary Trinnaman 26:46. 50-59: 1. Shirley Chadwick 25:16. 2. Beverly Stunden 26:49. 3. Mary Salinas 29:18.

Division Results - Men's 5K

12 & Under: 1. Eddie Ullasz 20:16. 2. Juan Hernandez 20:48. 3. Eric Blakely 23:45. 13-15: 1. Adrian Garcia 20:03. 2. Fidel Gonzales 22:25. 3. Willie Salazar 22:42. 16-18: 1. Erik Parsell 17:19. 2. John DeLaCruz 19:56. 19-29: 1. Arthur Van Veen 15:55. 2. Nestor Calvillo 16:15. 3. Jesse Clemente 16:26. 30-39: 1. John Lenar 17:43. 2. Dave Carlson 17:50. 3. Jerry Lawrence 17:55. 40-49: 1. Terry Toles 17:49. 2. Ty Gaffney 18:42. 3. David Solie 19:08. 50-59: 1. Parks Bunn 23:57. 2. David Cashion 24:18. 3. Willima Rego 24:53. 60-69: 1. Gunnar Briconer 20:25. 2. Sam Waltmire 20:45. 3. Jack Green 21:17.

Division Results - Women's 10K

19-29: 1. Heather Dibbin 38:46. 2. Alane Daugherty 41:59. 3. Marsha Pierce 42:11. 30-39: 1. Sherril Newton 40:42. 2. Shirle Arthur 41:32. 3. Donna Morin 43:22. 40-49: 1. Adell Williams 46:28. 2. Anne Burke 47:36. 3. Carolyn Plowman 50:29. 60-69: 1. Viola Kentner 1:03:30.

Division Results - Men's 10K

13-15: 1. Bradley Kline 42:28. 2. Jarod Mix 45:29. 3. Mario DeLa O 48:33. 16-18: 1. Eddie Ornelas 37:03. 2. Scott Lauritzen 43:25. 3. Jeremy Faith 46:28. 19-29: 1. Eugene Muslar 31:58. 2. George Juarez 32:40. 3. George Dinshore 33:11. 30-39: 1. Bill Silvernyn 33:29. 2. Jim O'Brien 33:37. 3. John

Merhaut 34:45. 40-49: 1. Wayne Mitchell 36:23. 2. Paul Orocco 36:54. 3. Ray Parker 38:13. 50-59: 1. Frank Russo 39:24. 2. Noel Veden 41:50. 3. Art Soderblom 42:27. 60-69: 1. Larry Danuolos 47:34. 2. Carl Rosenow 1:01:30.

The Human Race

May 7. Santa Rosa. 3K & 10K.

Division Results - Men's 10K

9 & Under: 1. King Mackenzie N.T. 10-14: 1. James Bastron 44:12. 15-18: 1. Todd Stevens 37:08. 19-24: 1. Luke Oberkirch 38:13. 25-29: 1. Christopher Schallert 31:59. 30-34: 1. Daniel McCullough 32:48. 35-39: 1. John Paul McIntosh N.T. 40-44: 1. Ron Smith 33:24. 45-49: 1. Douglas Rustad 35:22. 50-59: 1. Richard Bauhaus 40:31. 60-69: 1. David Heiman N.T. 70 & Over: 1. Matt Walker N.T.

Division Results - Women's 10K

9 & Under: 1. Samantha Young N.T. 10-14: 1. Kari Horn N.T. 15-18: 1. Shelley Smith N.T. 19-24: 1. Elizabeth Mosier 39:07. 25-29: 1. Jeanette Dubay N.T. 30-34: 1. Dorothy Foster 40:02. 35-39: 1. Vicki French 42:23. 40-44: 1. Sandra Karas N.T. 45-49: 1. Michelle Paul N.T. 50-59: 1. Linda Ronchelli N.T. 70 & Over: 1. Liz Horney N.T.

Division Results - Men's 3K

9 & Under: 1. Taylor Stephens 12:44. 10-14: 1. Nathan Bisbee 11:30. 15-18: 1. Lance Lennier 9:26. 19-24: 1. Kevin Wagner 12:38. 25-29: 1. Chris Benton 11:06. 30-34: 1. Larry Meredith 9:27. 35-39: 1. Bill Horn 12:06. 40-44: 1. Bill Stephens 10:25. 45-49: 1. Kenneth Saunders 12:29. 50-59: 1. Carl Jackson 11:21. 60-69: 1. Ralph Stewart 14:33.

Division Results - Women's 3K

9 & Under: 1. Kirstie Neering 14:10. 10-14: 1. Nika Horn 10:32. 15-18: 1. Wendy Hauck 11:18. 19-24: 1. Bonnie Kaye 12:35. 25-29: 1. Melinda Peters 12:12. 30-34: 1. J. Hinds 15:06. 35-39: 1. Virginia Hall 13:02. 40-44: 1. Carolyn McLeod 13:34. 45-49: 1. Celeste Ruiz 15:41. 50-59: 1. Doris Morabito 16:56. 60-69: 1. Juanita Onlarido N.T.

Human Race

May 7. Van Nuys. 2K & 10K.

Overall Results

2K: 1. Brodie McClain, 2. Aaron Johnson, 3. David Bowie. 2 Mile Walk: 1. Ted Barnes 12:32. 2. William Cortes 12:46. 3. Jason Donaldson 14:06. 2 Mile Cardiac Walk: (Men) 1. Claudio Chirico, 2. Ralph Robinson, 3. Lou Shaffer. (Women) 1. Roma Robinson, 2. Ines Wilson, 3. Charlene Fabeil. 10K (Men): 1. Brian Rush 32:32. 2. Chris Butze 32:34. 3. Tom Moriarty 33:34. 10K Wheelchair: 1. Don Calon 28:44. 2. Paul Manocchio 30:25. 3. Chris Mogenson 33:30.

Scholarship Run

May 7. Merced. 1500m Predicted. 5.3 Mile.

1500m Winners

Men: 1. Mike Edwards and Frank Miranda, 3. Jason Cleckler. Women: 1. Jane Johnson-Russell, 2. Maria Flores.

5.3 Mile Winners

Men: 1. David Zacharias, 2. Tom Diehl, 3. Gene Sutton, 4. Frank Russell, 5. Allen Reiman, 6. Lee Brock. Women: 1. Judy Morgan, 2. Kris Reiman, 3. Lisa Hunter.

Inyokern Road Race

May 1. Ridgecrest. 10 Miles.

IWR had one of its legendary windy days April 30 and it had mostly subsided by 6:00 a.m. on race day. As we stood in the cool breeze at the starting line, the Owens Lake dust started coming through the pass at Little Lake. By 7:30 a.m. there was a hard north wind - and it kept the race entrants to 117 this year. This is a new low after our high of 189 three years ago.

At about 3 1/2 miles the road curves to the right and we faced the wind head on all the way to Inyokern. Three hardy young men, Tom Howe 57:35, Ron Ryan 58:40 and Mike Griesemen 59:18, all ran under the 1 hour mark. Tom Brown 61:07 and Cory Sundeen 61:50, received the 4th and 5th fast time awards.

The three fast time women's awards went to Kathy Rindt 68:18, Mary Moore 68:40 and Jerry Mumford 75:18.

Division Results - Men

14 & Under: 1. Joshua Wagner 70:59. 2. Brian Cass 112:52. 15-18: 1. Cory Sundeen 61:50. 2. Graham Clark 79:42. 19-29: 1. Thomas Howe 57:35. 2. Ron Ryan 58:40. 3. Mike Griesemen 59:18. 4. Tom Browne 61:07. 30-34: 1. Dave Hamel 68:18. 2. Robert Burke 76:51. 3. Noble Smith 85:51. 35-39: 1. Gil Cornell 62:30. 2. Phil Martin 66:55. 3. Richard Olson 67:01. 40-49: 1. Tom Rindt 62:40. 2. James Furnish 62:43. 3. Eric Kajiwara 62:46. 50-59: 1. Scotty Brayles 71:34. 2. Mel Miles 72:29. 3. Dave Rugg 76:15. 60 & Over: 1. Bill Norris 76:36. 2. Dick Wisham 84:08. 3. Frank Morales 91:49.

Division Results - Women

14 & Under: 1. Denise Cass 127:54. 19-29: 1. Kathy Rindt 68:18. 2. Brenda Macomber 82:07. 3. Carol Koontz 90:02. 30-34: 1. Barbara Banasynski 81:59. 35-39: 1. Mary Moore 68:40. 2. Dari Cornell 90:02. 3. Linda Sorenson 92:09. 40-49: 1. Jerry Mumford 75:18. 2. Jo Kajiwara 81:17. 3. June Wasserman 96:08. 50-59: 1. Beverly Wood 113:09. 2. Gerry Wisdom 128:50.

Maranatha Runs

May 7. Goethe Park, Sacto. Half Mara. & 10K.

Overall Results - Half Marathon

1	Thomas Barrett (25)	1:13:25
2	Ronald So (34)	1:15:45
3	C. Enfante (36)	1:19:45
4	Chris Miller (30)	1:19:46
5	Dennis Meidinger (38)	1:20:04
6	Rick Melnicoe (37)	1:20:21
7	Jaime Damon (22)	1:21:38
8	Karen Nachbar (29 F)	1:24:56
9	Jim Beland (41)	1:25:15
10	Mark Gunther (34)	1:28:50

Overall Results - 10K

1	Steve Clock (24)	33:47
2	Andy Harris (28)	35:27
3	R. Bagwell (32)	36:28
4	Matthew Thomas (32)	37:18
5	Todd Lowell (25)	39:32
6	Sara LaFebvre (34 F)	40:01
7	Ricci Reyes (36)	40:11
8	Mark Bauman (36)	40:21
9	Mark Paulson (31)	40:47
10	Jim O'Neil (42)	41:16

Results

The Human Race

May 7. Marin. 10K.

Division Results - Men

14 & Under: 1. Sean Williams 45:30, 2. Chris Drelich 50:04, 3. Taylor Boyd 51:59. 15-19: 1. Seth Davis 36:36, 2. Willy Nicolli 44:45, 3. Mark Zeiter 48:28. 20-29: 1. Peter O'Reilly 33:17, 2. Iain Michle 35:34, 3. Michael Delmore 36:53. 30-39: 1. Robert McLennan 35:14, 2. Connaître Chateaubriant 36:44, 3. Philip Slobody 37:33. 40-49: 1. Stephen Lyons 36:30, 2. Bill Neall 38:32, 3. Ross Bogert 39:53. 50-59: 1. Martin Hillyer 40:05, 2. Gary McCuen 41:31, 3. Al Kirkman 42:28. 60 & Over: 1. Roger Anawalt 1:04:50, 2. Herb Schuyten 1:08:06.

Division Results - Women

14 & Under: 1. Kayde Best 59:48, 2. Gitta Googins 1:06:47, 3. Laura Blanton 1:07:33. 15-19: 1. Jessica Molligan 48:07, 2. Maria Miner 54:46, 3. Christy Kolon 56:31. 20-29: 1. Nettie Marsh 39:42, 2. Caron Potts 41:29, 3. Pamela Hofsass 45:11. 30-39: 1. Nancy Stover 42:13, 2. Sue Alo 43:18, 3. Lisa Corbett 46:22. 40-49: 1. Melody Schultz 43:55, 2. Danielle Cane 45:05, 3. Edda Stickle 46:11. 50-59: 1. Judie Donovan 50:07, 2. Joanne Kambur 52:48, 3. Maria Martin 59:00. 60 & Over: 1. Annegret Yonkow 57:14, 2. Teresa Allen 1:02:57.

Law Day USA

May 7. Santa Barbara. 3 x 5K Relay & 15K.

Overall Results - Relays

1	Tennis Shop of Montecito (Open Mixed)	52:59
2	Flying Del Mundos (Law Firm Men)	54:10
3	Raytheon (Company Men)	55:51
4	Who Cares (Open Men)	55:54
5	URS (Company Men)	59:45
6	Mission Striders (Open Men)	1:00:29
7	Team Skid (Open Women)	1:00:54
8	Not Quite Gifted (Open Mixed)	1:01:12
9	Sudden Impact (Open Men)	1:01:13
10	Who Cares (Under 50 Women)	1:02:08

Overall Results - 15K

1	Joey Gomez (28) Fullerton	48:06
2	Allen Just (25) Buena Park	48:20
3	Robert Hollister (29) Carpinteria	50:37
4	Jim Reish (25) Los Alamitos	51:37
5	Gregg Horner (34) Santa Barbara	51:44
6	Tarek Hamou (19) Goleta	51:53
7	Randy Thwing (34) Santa Barbara	51:57
8	Donald Faith (33) Santa Barbara	52:41
9	Bradley Cox (33) Santa Barbara	53:36
10	Jim Kruidenier (28) Goleta	55:12

Division Results - Men's 15K

18 & Under: 1. David Patch 58:01, 2. John Caia 1:00:20. 19-29: 1. Joey Gomez 48:06, 2. Allen Just 48:20, 3. Robert Hollister 50:37. 30-39: 1. Gregg Horner 51:44, 2. Randy Thwing 51:57, 3. Donald Faith 52:41. 35-39: 1. Steve Bushey 59:29, 2. Fred Werber 1:05:17, 3. Stephen Anderson 1:05:40. 40-49: 1. Mike Wapner 59:23, 2. John Wiskel 1:00:08, 3. Dennis Mihora 1:00:22. 45-49: 1. Dennis Kavanaugh 55:40, 2. Kemp Aaberg 57:36, 3. Vic Birtalan 1:01:00. 50-54: 1. Dave Wheeler 59:31, 2. Wayne Nelson 1:03:33, 3. Richard Soden 1:08:42. 55-59: 1. Al Friedman 1:08:27, 2. Jim Mathieson 1:22:04, 3. Marty Clausen 1:23:23. 60-69: 1. Jim Rowe 1:12:06, 2. Roy Hendrick 1:24:26. 70 & Over: 1. Paul Gilbert 1:41:23.

Division Results - Women's 15K

18 & Under: 1. Laurie Steele 1:28:41. 19-29: 1. Dianne Bermant 1:09:52, 2. Lisa Talley 1:11:46, 3. Patty Grady 1:15:10. 30-34: 1. Diana Hall 58:15, 2. Mary Ryzner 58:25, 3. Nora Clarke 1:18:05. 35-39: 1. Terri Werber 1:10:57, 2. Patti Murphy 1:15:12, 3. Donna Frase 1:21:01. 40-44: 1. Carol Mihora 1:14:12, 2. Patsy Simioni 1:24:29. 45-49: 1. Pam Dohrman 1:29:09. 50-54: 1. Gaby McQuitty 1:13:45, 2. Gloria Bassler 1:26:49.

Dry Run

May 7. San Luis Obispo. 5K & 10K.

Overall Results

Women's 5K Walk: 1. Donna Hoag 34:55, 2. Hollis Rose 41:35, 3. Elaine Phillips 43:46. Men's 5K Walk: 1. Seth Leigan 47:45, 2. Greg Hoag and Bryan Arebald 55:06. Women's 5K Run: 1. Mary Kittleton 18:20, 2. Kathy Beals 18:36, 3. Kim Sharp 20:21. Men's 5K Run: 1. Kevin Jones 14:29, 2. Jeff Clark 15:36, 3. Robert Grove 16:14. Women's 10K Run: 1. Leslie Monoco 43:05, 2. Sarah Quady 43:38, 3. Susan Krout 45:58. Men's 10K Run: 1. James Ryan 36:00, 2. Bob Albritton 36:10, 3. Michael Garcia 37:12.

Human Race

May 7. San Francisco. 8K.

Division Results - Men

17 & Under: 1. Steven Wu 28:34, 2. Matthew Hurwitz 31:01, 3. Steven Yi 41:44. 18-29: 1. Chris Jagers 26:23, 2. Eric Ellison 26:58, 3. Chris Jackson 27:11. 30-39: 1. Don Paul 25:19, 2. John Hale 27:21, 3. Barry Hampshire 29:24. 40-49: 1. Sheldon Clark 27:30, 2. John Galletta 28:38, 3. George Maloney 29:32. 50-59: 1. Dick Bufania 36:39, 2. E.H. Burgess 39:48, 3. Emory Lee 45:53. 60 & Over: 1. Neil Mahoney 37:11.

Division Results - Women

17 & Under: 1. Elizabeth Link 48:13. 18-29: 1. Darilyn Rutherford 32:05, 2. Leslie Geracci 40:39. 30-39: 1. Maggie Fillmore 34:44, 2. Rebecca Rozewicz 34:56, 3. K. Kaufmann 43:23. 40-49: 1. Patricia Williams 38:58, 2. Nancy Loomis 40:24, 3. Inga Madden 41:36. 50-59: 1. Karen Hagen 42:07, 2. Barbara Wein 49:11, 3. Wandaline Perelli 50:34. 60 & Over: 1. Victoria Burgess 44:00.

Goldweb Bedbug Gallop

May 7. Ione. 10K & Half Marathon.

Division Results - Men's 10K

12 & Under: 1. Marty Schutz 49:56. 13-19: 1. Mike Kobzeff 41:51, 2. Mike Rodman 44:45, 3. Adrian Tieslau 44:46. 20-29: 1. Simon Gibson 42:31, 2. Greg Schwig 44:40, 3. Don Vicari 46:18. 30-39: 1. Chuck Carlton 38:32, 2. Dick Heinrich 39:21, 3. Mike Nasiatka 39:35. 40-49: 1. Don Spickelmeier 36:18, 2. Phil Murphy 36:30, 3. Hugh Hayden 38:58. 50-59: 1. Les Fredrickson 38:38, 2. Mort Ward 29:49, 3. Norman Walker 47:38. 60 & Over: 1. Bert Gibbs 43:25, 2. Vance Koerner 48:14, 3. Robert Domite 51:40.

Division Results - Women's 10K

13-19: 1. April Grover 56:21, 2. Amber Gillman 58:23. 20-29: 1. Connie Marion 46:11, 2. Beth

Paulsen 49:09, 3. Delene Rodenborn 52:30. 30-39: 1. Sarah Swancy 44:44, 2. Carrie Rappley 49:37, 3. Karen Poits 49:57. 40-49: 1. Carolyn Ward 51:42, 2. Kathleen Helton 53:55, 3. Barbara Baker 57:13. 50-59: 1. Sheila Berg 1:41:57.

Overall Results - Men's Half Marathon

1	Daniel Garcia	1:22:22
2	Louis Phillips	1:26:07
3	Rick Summers	1:31:43
4	Tim Hicks	1:33:45
5	Walter Spiller	1:39:32
6	John Galvez	1:40:35
7	John Schuck	1:41:05
8	Chris Dunlap	1:44:09
9	Dashing Dave Vicari	1:44:44
10	Willie Scheidt	1:47:01
11	Dewey Willis	1:55:19
12	Jerry Lampson	1:55:20
13	Dave Bourne	1:55:50
14	Joe Dolister	2:01:53
15	Troy Gold	2:04:14

Overall Results - Women's Half Marathon

1	Mary McKee	1:49:49
2	Linda O'Keefe	1:50:03
13	Kari Ruch (25-29) Camarillo	1:13:43
14	Todd Lysham (15-19) Chatsworth	1:13:47
15	David Sears-Kotko (30-34) Morro Bay	1:13:52
16	John Uebel (20-24) San Diego	1:14:02
17	Claibourne (20-24)	1:14:11
18	Kevin Lee (20-24) Chatsworth	1:14:26
19	Michael Jones (25-29) Long Beach	1:14:38
20	Chris Hutley (20-24)	1:15:00
21	Matthew Kresser (20-24) Malibu	1:15:02
22	David Klawans (25-29) Santa Barbara	1:15:06
23	Brian Johnson (30-34) Los Angeles	1:15:35
24	George Missailidis (25-29) Santa Monica	1:15:42
25	David Wantabe (30-34) Venice	1:15:55
26	Jeff Ward (25-29)	1:16:00
27	Scott Klatt (25-29) Playa Del Rey	1:16:05
28	Chad Brewer (20-24) Oxnard	1:16:13
29	Mike Stokes (25-29) Cypress	1:16:29
30	Joseph Iannessa (25-29) Carlsbad	1:16:49

La Jolla Marathon Relay

May 7. San Diego.

Overall Results

1	San Diego Vitamins #1	2:09:13
2	Active Five	2:10:55
3	Chart House Track Club	2:11:26
4	Madness Sportswear	2:12:04
5	B Thunderdaws	2:14:22
6	Chart House Masters	2:23:05
7	Chasers	2:24:40
8	Forward to the Point	2:25:32
9	ACS-Mens 1	2:27:02
10	There We Were	2:29:40

Against the Wind

May 7. Tracy. 10K & 2 MI.

Overall Results - 2 MI.

Men: 1. Shondon, 2. Davis, 3. Richard. Women: 1. Burke, 2. Starlin, 3. Green. Overall Results - 10K Men: 1. Rusk, 2. Lewis, 3. Tooby. Women: 1. Dlugozima, 2. Schmidt, 3. Singer.

Human Race

May 7. Pomona. 10K.

Winners

Men: 1. Sol Cervantes 33:35. Women: 1. Julie Finnegan 40:10.

Malibu Sprint Triathlon

May 8. Zuma Beach. 1/4 MI. Swim, 15 MI. Bike, 3 MI. Run.

Overall Results - Men

1	Eric Cech (20-24) Woodland Hills	2:09:27
2	Jeff Bender (25-29) Temple City	1:10:50
3	Runar Boman (25-29)	1:11:29
4	Darrell Brown (30-34) Encino	1:11:51
5	Mike Marcox (20-24)	1:12:28
6	Roger Bartels (25-29) R.P.V.	1:12:32
7	David Jewell (20-24) Carlsbad	1:13:08
8	Robert Thalmann (25-29) Lomita	1:13:17
9	Rob Carter (20-24) Hawthorne	1:13:21
10	Paul Pantolas (25-29) Thousand Oaks	1:13:24
11	Vic Rosenthal (20-24) Solana Beach	1:13:31
12	Gary Sowers (30-34) Long Beach	1:13:35

Boontling Classic

May 8. Boonville. 5K.

Overall Results

1	Jerold Drew (19-29) Ukiah	15:19
2	Jim Gibbons (40-49) Willets	16:18
3	Gabriel Miklose (14-19) Ft. Bragg	17:30
4	Mark Richey (30-39) Oakland	17:37
5	Andy Jensen (40-49) Ukiah	18:02
6	John Puget (30-39) Ukiah	18:02
7	Raed Colfax (14-19) Boonville	18:05
8	Eli Gibbons (14-19) Willets	18:10
9	Larry Woods (30-39) Ukiah	18:10
10	Stan Miklose (40-49) Ft. Bragg	18:25
11	Bob McWilliams (30-39) Hopland	18:27
12	Ron Howard (30-39) Ukiah	18:50
13	Robert Clark (30-39) Calpella	19:00
14	Rob Anderson (40-49) San Anselmo	19:03
15	Al Beilon (50 & O) Ukiah	19:05
16	Jason Island (13 & U) Boonville	20:22
17	Andrea Valli (19-29) Ukiah	21:16
18	Sally Miklose (40-49) Ft. Bragg	23:40
19	Kendall Smith (30-39) Mendocino	24:06
20	Graciela Lopez (13 & U) Ukiah	25:44
21	Poppy Altaras (14-18) Yorkville	29:15

Pinole Marathon

May 8. Pinole. Marathon, Half & 5K.

Overall Results - Marathon

1	Gary Hilliard (33) San Francisco	2:48:14
2	Syl Pascale (39) San Carlos	2:49:40
3	Anthony Kraft (26) Santa Cruz	3:00:46
4	Nick Bassett (43) Castro Valley	3:14:25
5	Kenneth Jackman (49) El Sobrante	3:15:31
6	Robert Groff (49) Larkspur	3:16:21
7	Glenn Vencil (34) Walnut Creek	3:16:45
8	Victor Chu (29) San Francisco	3:16:45
9	Roger Jones (35) San Jose	3:19:28
10	Emil Rinaldi (37) Brighton	4:21:50

Overall Results - Half Marathon

1	Daniel Rosenthal (22) Albany	1:19:06
2	Tom Rose (47) Oakland	1:20:48
3	Lufol Meester (29) Berkeley	1:21:48
4	Bob Siefken (34) Richmond	1:22:09
5	Roger Zoldan (41) Fremont	1:22:33
6	Joe Hancock (50) Berkeley	1:23:23
7	Augustin Rodriguez (34) Oakland	1:23:49
8	Stephen Thurston (30) Concord	1:24:24
9	Michael Toomey (34) San Rafael	1:24:43
10	Tom Ford (35) Pittsburg	1:24:49

Overall Results - 5K

1	Brad Barber (27) San Leandro	18:11
2	Pazul Lewandowski (30) San Leandro	18:21
3	Segundo Ruiz (39) Pleasant Hill	19:09
4	Ron MacQuarrie (45) Mission Woods	19:23
5	Fred Haubensak (23) Pleasant Hill	21:49

Results

May Day Run

May 11. Golden Gate Park, S.F. 5K & 10K.
Division Results - Men's 10K

14-18: 1. Jason Eshleman 37:03, 2. Matthew Metzger 38:05, 3. Matthew Schaefer 45:02.
19-29: 1. Tom Trimble 32:34, 2. Michael Fero 33:00, 3. Fady Malik 33:37. 30-39: 1. Michael Ignatius 34:08, 2. Steve Sidney 34:23, 3. Ronald Brown 35:00. 40-49: 1. Sheldon Clark 34:58, 2. John Monteverdi 37:01, 3. John MacLellan 37:04. 50-59: 1. Rudy Oehm 40:27, 2. Santiago Ojeda 40:34, 3. Arthur Klatsky 41:43. 60 & Over: 1. Chancy Leake N.T., 2. Rog. Villa Flore N.T., 3. Edward Garner N.T.

Division Results - Women's 10K

10-13: 1. Andrea Ciaranello N.T., 2. Nina Shokat N.T., 14-18: 1. Raquel Kuronen 48:48, 2. Christine Casper 48:54, 3. Catherine Price N.T. 19-29: 1. Eliene Brennan 37:49, 2. Laura McGinn 39:20, 3. Karen Vanderwood 40:07. 30-39: 1. Barbara Kircher 42:36, 2. Jill Teixeira 44:12, 3. Cynthia Sobrero 44:36. 40-49: 1. Agatha Sue Lee 44:27, 2. Marie Ramey 44:54, 3. Marge Smith 46:51. 50-59: 1. Alice Rose 42:09, 2. Eileen Klatsky 50:07, 3. Hisae Reichel N.T. 60 & Over: 1. Liese Rapozo N.T., 2. Nina Gramowich N.T.

Division Results - Men's 5K

10-13: 1. Brian Decesare 21:26, 2. Jesse Burke 22:05, 3. Ray Dean Levesque 23:06.
14-18: 1. Thomas Kay 17:37, 2. Edward Chermault 17:59, 3. Jason Kammever 22:41.
19-29: 1. William Basta 16:10, 2. John Nooyen 16:54, 3. Frank Lucarelli 17:07. 30-39: 1. Bruce Cyra N.T., 2. Michael German 15:46, 3. James Devine 19:17. 40-49: 1. John Demers 17:53, 2. Mike Mahoney 18:37, 3. Grant Ramey 19:28. 50-59: 1. Leigh Forsberg 21:09, 2. George Kniese 22:53, 3. Edward Luu 25:42. 60 & Over: 1. Edward Fernandez 27:57, 2. Robert Gex 29:13, 3. Bill McKenna 32:30.

Division Results - Women's 5K

10-13: 1. Molly Orton 28:41, 2. Sara Ferejohn 29:52, 3. Jennifer Hood 31:02. 14-18: 1. Eve Smallfield 23:57, 2. Elizabeth Pfaffenberger 31:18, 3. Renee Gutierrez 31:56. 19-29: 1. Lisa Cyra 21:44, 2. Alexa Uriarte 22:14, 3. Terry Pulsifer 22:36. 30-39: 1. Carmen Morrison 20:39, 2. Nora Toy 21:58, 3. Ruby Yao 22:53. 40-49: 1. Nancy Lawrence 26:44, 2. Rosemary King 27:00, 3. Mary Lake 27:23. 50-59: 1. Sally Wollner 21:49, 2. Betty Bickhart 26:06, 3. Kay Schwartz 27:55. 60 & Over: 1. Peggy Pridmore 30:16, 2. Clyudia Evans 35:49, 3. Momoko Saruwatari N.T.

Night Moves Fun Run

May 12. San Luis Obispo. 5K

Overall Results

1	Bruce Storms (22)	14:36
2	Erich Ackerman (19)	14:47
3	Bottomley (26)	14:57
4	Craig Godwin (21)	14:58
5	Steve Boaz (30)	15:12
6	Leo Lenting (30)	15:27
7	Gary Charbonneau (21)	15:36
8	Craig Lowrie (32)	16:00
9	Kevin Cooper (28)	16:18
10	Eric Bohn (22)	16:21

11	Mick Baker (25)	16:24
12	Paul Rodriguez (24)	16:25
13	Luis Leon (15)	16:36
14	Terry Burch (24)	16:38
15	Elmer McPhail (32)	16:45
16	James Menon (15)	16:54
17	James Ryan	17:00
18	Chuck Bown (36)	17:03
19	Pete Newel	17:08
20	Dan Galloway	17:18
44	Sabrina Sharkley (F)	18:09
46	Mary Kittelson (30 F)	18:12
56	Diane Dixon (F)	18:35
74	Carrie Linkenbach (23 F)	19:17
86	Leslie Monico (31 F)	19:56
89	Krissy Foudy (21 F)	20:02
105	Brandy Barr (12 F)	20:28
106	Ann Schuefer (20 F)	20:34
107	Tressie Gibbs (26 F)	20:35
109	Lisa Hustin (F)	20:36

23	Kevin Coenen	12:08
24	Ralph Palfenberger	13:17
25	Paul Reese	13:17
26	Patt Laylor	13:19
27	Ed Miller	14:01
28	Dale Boothby	14:41
29	Clint Burdick	15:52

Relay Results

Corporate: 1. Kern River Tours (Lake Isabella) 2:30:32, 2. Coldwell Banker (Ventura/Camrillo) 2:47:34, 3. Coldwell Banker Commercial (Bakersfield) 2:48:07.

Over 100: 1. Code 3 (Bakersfield) 2:42:42, 2. Cracker Jacks (Bakersfield) 2:50:55, 3. The Centurions (Bakersfield) 2:51:47.

Mixed: 1. Pepsi-Fresno (Fresno) 2:43:55, 2. Marty's 'Too-Ripped-Raci (Sepulveda) 2:44:25, 3. T.A. Cyclery (Bakersfield) 2:46:35. Female: 1. Rigby's Welding-'Spar (Bakersfield) 2:55:38, 2. Wonder Women (Bakersfield) 2:59:57, 3. Team Moye (Patterson) 3:19:13. Male: 1. Snider's Cyclery (Bakersfield) 2:23:20, 2. Team Malibu (Pacific Palisade) 2:24:22, 3. Team Finish Line (Bakersfield) 2:27:48.

Bakersfield Bud Light Triathlon

May 14. Bakersfield.

Overall Results - Men

1	Scott Molina (28) Boulder, CO	2:18:37
2	John Devere (27) Clovis	2:20:17
3	Harold Robinson (25) Walnut Creek	2:21:42
4	Gordon Duff (26) Seal Beach	2:21:53
5	Bryan Fahrenbach (31) Clovis	2:23:45
6	Garrett McCarthy (23) San Gabriel	2:24:21
7	Nicholas Martin (31) Scottsdale, AZ	2:25:09
8	Tony Schiller (30) Shorewood, MN	2:25:27
9	Roy Hinnen (21) Davis	2:25:43
10	Michael Metyer (25) Fresno	2:25:46
11	Scott Tinley (27) Encinitas	2:26:19
12	Stephen McMurdoo (27) Del Mar	2:26:46
13	Pete Kain (24) San Diego	2:27:28
14	Paul Lundgren (24) Boise, ID	2:28:26
15	Tim Salem (26) Tempe, AZ	2:28:46
16	Don Weaver (27) Fair Oaks	2:30:08
17	Eric Johnson (30) Mt. View	2:30:19
18	Tony Adler (26) Granada Hills	2:30:47
19	John Holbeck (29) Calimesa	2:31:22
20	Greg Grunwald (24) Berkeley	2:32:23
21	Kan Fitzpatrick (25) Long Beach	2:32:23
22	Jim Mollerus (29) Los Gatos	2:32:43
23	Dominic Panziera (27) Del Mar	2:33:02
24	Duncan Thomas (39) Santa Barbara	2:33:04
25	Jamie Williams (38) San Diego	2:33:12
26	Anthony Milevsky (35) Sacramento	2:33:19
27	Mark Blaser (30) Palm Springs	2:33:27
28	Gregory Griffin (25) Escondido	2:33:41
29	James Kelton (21) Las Vegas	2:34:57
30	Eric Mason (24) Redwood City	2:35:06
31	Michael Lyle (27) La Mesa	2:35:11
32	David Jewell (23) Carlsbad	2:35:12
33	Larry Rhoads (29) Alta Loma	2:35:20
34	Bob Korock (29) Acampo	2:35:27
35	Runar Boman (29) San Luis Obispo	2:35:47
36	John Quinn (30) Burbank	2:35:56
37	Bob Decker (35) Leucadia	2:36:16
38	Chris Ward (29) San Leandro	2:36:24
39	Roger Bartels (28) Rancho Palos Verde	2:37:05
40	Ron Harpin (29) So. Lake Tahoe	2:37:18
41	Bill McDermott (37) La Habra Heights	2:37:46
42	Dennis Good (40) Fairfield	2:38:48
43	Paul Duenas (24) San Dimas	2:39:10
44	Jeff Chang (31) Honolulu, HI	2:39:11
45	David O'Neill (27) Las Vegas	2:39:18
46	Bryan Murchison (26) Seal Beach	2:39:23
47	George Wright (45) Los Alamitos	2:39:28
48	Charles Norconk (33) San Diego	2:39:33
49	Philip Jordan (28) Bakersfield	2:39:37
50	Wayne Buckingham (35) Encinitas	2:40:00

Overall Results - Women

1	Colleen Cannon (27) Boulder, CO	2:34:41
2	Paul Newby-Fraser (25) Encinitas	2:36:12
3	Laurie Samuelson (32) Carlsbad	2:40:39
4	Julia Deck (28) Vancouver	2:44:56
5	Joan Alley (26) Redwood City	2:45:58
6	Janine Daley (27) Encinitas	2:47:32
7	Pennie McLaughlin (26) Santa Monica	2:48:58
8	Terr Ingropora (26) San Diego	2:50:18
9	Terry Schnieder (28) Los Gatos	2:50:20
10	Tracy Mitchell (29) Del Mar	2:53:05
11	Donna Lange (28) Riverside	2:55:38
12	Mariayna Madruga (21) San Diego	2:55:55
13	Lynn Pok (27) Chula Vista	2:56:30
14	Suzanna Sandrock (24) Cardiff	2:57:20
15	Missy LeStrange (35) Visalia	2:57:31
16	Jane Grypma (27) Morgan Hill	2:58:26
17	Susan Shaler (36) Tempe, AZ	3:01:14
18	Laura Lowe (26) Bakersfield	3:01:32
19	Sheri Leorna (25) San Diego	3:02:52
20	Kathleen Atkins (28) Milpitas	3:03:16

Slice 100K

May 14, 15. Sutter Creek to Jackson.

Bruce von Borstel, 42, of Georgetown, won the seventh annual Slice 100K Run May 13-14 with a cumulative time of 8 hours, 7 minutes. He covered the 50K Saturday in 4:02 and the 50K Sunday in 4:07. A veteran ultra runner, von Borstel was a winner of the Carson City-Sacramento 166 Mile Run and a high finisher in Western States.

Dave Stevenson, 35, of Los Altos Hills, also a past 166 Mile winner, was second in 8:13, running consistently both days with a 4:06 and 4:07. Doug Schrock, 35, of Kenwood, placed third in 8:22. David Calderon, 28, of Sacramento, handicapped himself by arriving 17 minutes late for the second day start, and finished fourth with a cumulative time of 8:37.

Dee McKim, 34, of Sparks, was the first woman. Her time was 10:42, with consistent splits of 5:22 on Saturday and 5:20 on Sunday. Sue Collier, 40, of Reno, was second in 11:56 and Patty Laylor, 49, of Reno, third in 13:19.

Thirty-one of the registered 43 starters finished.

The race is unique in that the courses are over a different area each year. This year's course started in Volcano. In 1989, the projection is for Georgetown and in 1990 for Nevada City-Malakoff, before returning to Volcano in 1991.

Overall Results

1	Bruce Von Borstel	8:07
2	Dave Stevenson	8:13
3	Doug Schrock	8:22
4	David Calderon	8:37
5	Roland Martin	8:38
6	Robert Sobsey	8:46
7	Carlos Arellanes	8:60
8	Jim Drake	9:10
9	Ray Nicholl	9:26
10	Adrian Crane	9:50
11	Eric Poulsen	10:20
12	Steve Galvan	10:32
13	Bill Yawn	10:32
14	Allen Miller	10:40
15	Jerry Blinn	10:42
16	Dee McKim	10:42
17	Roger Dike	10:44
18	John Medinger	10:49
19	Mike Williams	10:52
20	Bob Box	11:31
21	Tony Cosby-Rossmann	11:40
22	Sue Collier	11:56

Results

Smokey Bear Runs

May 14. Bass Lake. 10K & 2 Mile.

Al Lara, the point leader in the Runner of the Year Award, captured the 10K in a course record time of 31:45:05. Diane Vartanian was first for the ladies in 40:59:18.

1987 2-mile champion, Scott Curtis won the 2-mile event while lowering his time to 10:36:20. Scott is a sophomore at Sierra High School. Chantell Calabrese, a freshman from Clovis West High School won the women's 2-mile in 12:24.6, an age group record.

A total of 16 of the 32 age group records were broken.

Division Results - Men's 10K

14 & Under: 1. Jason Velasquez 61:45, 2. Jesse Campbell 64:34. 15-19: 1. Tom Counts 36:15, 2. Luis Curiel 38:58, 3. Michael Masdaleno 39:01. 20-29: 1. John King 32:45, 2. Jesus Pintero 34:24, 3. Jeff Chandler 35:00. 30-39: 1. Terry Nephew 35:33, 2. Kim Debban 37:25, 3. Steve Kelly 38:08. 40-49: 1. Gordon Keller 37:10, 2. Mark Haymond 37:20, 3. Larry Duke 39:29. 50-59: 1. Samuel Vandenberg 39:02, 2. Ken Napier 39:44, 3. Rick Zamarr 40:56. 60 & Over: 1. Klaase Penning 50:00, 2. Edgar Carlson 60:59.

Division Results - Women's 10K

14 & Under: 1. Jenny Robison 57:37, 15-19: 1. Becky Ramos 60:58. 20-29: 1. Nellie Gonzales 41:49, 2. Kathy Gray 44:03, 3. Valerie Peterson 46:53. 30-39: 1. Maurie Potts 41:27, 2. Carol Arney 42:31, 3. Anne Paetz 43:50. 40-49: 1. Marge Timberline 41:36, 2. Carolyn Campbell 41:36, 3. Rena Collier 45:18.

Division Results - Men's 2 Mile

10 & Under: 1. Kelly Minkler 13:27, 2. Michael Minkler 13:40, 3. Sergio Campos 14:00. 11-14: 1. Joshua Taylor 12:48, 2. Jorge Campos 13:37, 3. Nathan Freeland 13:39. 15-19: 1. Michael Konkle 11:27, 2. Nathan Trout 12:06, 3. David Clark 12:22. 20-29: 1. Keith Storton 11:41, 2. Greg Lane 12:32, 3. Randy Walden 13:58. 30-39: 1. Rob Brenner 11:04, 2. Casey Clark 11:33, 3. Martin Simpson 12:24. 40-49: 1. Don Trout 11:49, 2. Dennis Duffy 12:08, 3. Gustavo Armenta 12:14. 50-59: 1. Raul Bustamante 14:45, 2. David Gomez 15:36, 3. Harold Waksdal 16:30. 60 & Over: 1. Albert Pierce 16:06, 2. Don Cole 17:05, 3. Guy Johnston 17:38.

Division Results - Women's 2 Mile

10 & Under: 1. Terri Judd 14:43, 2. Lindsey Jones 14:58, 3. Sarah Hoff 16:40. 11-14: 1. Heather Outerbridge 14:53, 2. Heather Lyng 16:32, 3. Deana Wilson 17:52. 15-19: 1. Rachael Jones 14:32, 2. Carmen Corchado 16:22, 3. Jolie Wilson 16:39. 20-29: 1. Sande Nelson 13:29, 2. Tracie Mann 14:55, 3. Tracey Stanley 15:29. 30-39: 1. Debbie Molina 14:52, 2. Candi Wilson 16:25. 40-49: 1. Paula Farris 14:50, 2. Deborah Osborn 16:22, 3. Jane Snyder 16:38. 50-59: 1. Mary Aroz 20:38, 2. Virginia Walden 26:26, 3. Beverly Cole 29:30. 60 & Over: 1. Ruth Robinson 27:38, 2. Dot Morris 27:45, 3. Myrtle Catania 30:16.

March of the Monarchs

May 14. Santa Cruz. 10K & 15K.

Overall Results - 15K

1	Jim Branson (31) Santa Cruz	55:49
2	Mike Bennett (28) Boulder Creek	55:59
3	Craig Welch (26) San Jose	57:05
4	Charles Crompton (40) Santa Cruz	57:35
5	Mike Hemoss (39) Dublin	57:52

Overall Results 10K

1	Dave Rouse (23) San Jose	34:47
2	Jim Monday (33) Santa Cruz	37:25
3	Rick Sproule (42) Santa Cruz	37:27
4	Tom Bartasi (31) Los Gatos	37:55
5	Douglas Engler (30) Santa Cruz	39:13
6	Mark Giblin (25) Scotts Valley	39:51
7	Bob Arnold (31) Soquel	39:59
8	Keith Kirkpatrick (41) San Luis Obispo	40:00
9	Terrence Bauer (31) San Jose	40:58
10	Greg Burke (41) San Jose	41:19

Stumptown Daze

May 14. Guerneville. 10K.

Overall Results - Men

1	David Walters (32) Orlando	31:07
2	Chris Schallert (28) Santa Rosa	31:42
3	James Noonan (27) Santa Rosa	32:30
4	Ron Smith (40) Geyserville	33:48
5	Dennis Kurovsky (38) Benicia	34:01
6	Joe Woods (34) Sacramento	34:14
7	Alec Isabeau (26) Santa Rosa	34:32
8	John Paul McIntosh-King (35) Forestville	34:51
9	Sean Lanham (29) Petaluma	35:06
10	Paul Beisser (35) Travis AFB	35:32

Division Results - Men

13 & Under: 1. Todd Hudson 43:25, 2. Joe Curtis 44:15, 3. Gabe Boyd 47:38. 14-18: 1. Brian Kennedy 45:24, 2. Forrest Haskins 47:18. 19-29: 1. Chris Schallert 31:42, 2. James Noonan 32:30, 3. Alec Isabeau 34:32. 30-39: 1. David Walters 31:07, 2. Dennis Kurovsky 34:01, 3. Joe Woods 34:14. 40-49: 1. Ron Smith 33:48, 2. Brandon Hutchinson 36:30, 3. David Sjostedt 38:21. 50-59: 1. Ken Noel 38:36, 2. Bob Chadwick 43:05, 3. James Damon 47:26. 60 & Over: 1. Matt Walker 1:05:05. Wheelchair: 1. Don Livly 56:26.

Overall Results - Women

1	Nan Hall (33) Occidental	37:06
2	Elizabeth Mosier (22) Santa Rosa	39:15
3	Tanya Savory (27) San Francisco	39:39
4	Karen Eberhardt (45) Sebastopol	39:44
5	Bethann McIntosh-King (33) Forestville	40:47
6	Michelle Tani (27) Santa Rosa	41:10
7	Vicki French (38) Santa Rosa	42:24
8	Sandra Maurer (31) Santa Rosa	43:57
9	Tessa Chambers (27) Walnut Creek	44:10
10	Diane Paleczny (35) Sebastopol	45:11

Division Results - Women

13 & Under: 1. Maria Rocha 1:08:20. 14-18: 1. Laura Tudor 1:04:54. 19-29: 1. Elizabeth Mosier 39:15, 2. Tanya Savory 39:39, 3. Michelle Tani 41:10. 30-39: 1. Nan Hall 37:06, 2. Bethann McIntosh-King 40:47, 3. Vicki French 42:24. 40-49: 1. Karen Eberhardt 39:44, 2. Carol Kelly 46:40, 3. Tessa Goldstone 47:45. 50-59: 1. Ki Yang Lee 56:19, 2. Elean Nielsen 1:08:45. 60 & Over: 1. Olive Danzer 1:10:43.

Arroyo Grande Triathlon

May 15. Arroyo Grande. (1/2 Mi. Swim, 5K Run, 18 Mi. Bike)

Overall Results

1	Keith Schmidt (20) Atascadero	1:13:22
2	Michael Smith (24) Montecito	1:13:26
3	David Sears-Koltko (30) Cayucos	1:16:35
4	David Klawans (25) Santa Barbara	1:17:15
5	Todd Casler (25) Port Hueneme	1:19:00
6	Mark Ellis (21) Ventura	1:22:01
7	Garret Wiseth (23) SLO	1:23:18
8	Eric Schmitz (23) Goleta	1:24:11
9	Blake Chaffee (31) Los Osos	1:24:31
10	Michael Dalcorti (25) Lompoc	1:24:42

Descente Star Test

May 15. Los Osos. 10K.

Overall Results

1	Brian Nelson (30) Ventura	33:17
2	Danny Keroman (30) Los Osos	33:25
3	Thom Trimble (28) Lafayette	33:52
4	Paul Lee (27) Santa Maria	34:23
5	Craig Lowrie (32) San Luis Obispo	34:47
6	Elmer McPhail (32) Pismo Beach	35:47
7	Angelo Limon (20) San Luis Obispo	36:20
8	Herry Hernandez (33) Los Osos	36:31
9	Jesse Mitchell (28) Santa Maria	37:03
10	John Rupp (41) Santa Maria	37:20

photo by Elaine Rosenfield



BRIAN NELSON

13	Michael Palmer (34) Berkeley	1:06:22
14	Joe Hancock (50) Berkeley	1:06:27
15	John Ingram (25) Redwood City	1:06:30
16	Jack Zakarian (36) Kensington	1:06:41
17	Gary Kirchubel (30) Fairfield	1:06:56
18	Jeff Resnick (28) Pinole	1:06:57
19	Jerry Lyerly (48) Sacramento	1:07:15
20	Floy Dawson (51) San Francisco	1:07:22
21	Bruce Lawrence (41) Oakland	1:07:31
22	Gerald Armstrong (41) Berkeley	1:07:36
23	Louis Richards (47) Lafayette	1:07:43
24	Greg Kitagawa (27) Sunnyvale	1:08:17
25	Keith Nowell (34) El Sobrante	1:08:28
27	Char Levitt (29 F) Virgin Islands	1:08:10
46	Sue Tarter (30 F) So. Lake Tahoe	1:12:07
56	Nancy Graves (35 F) Berkeley	1:13:31
77	Alice Rosa (52 F) Moraga	1:16:55
78	Margaret Livingston (39 F) Mill Valley	1:16:56

Redwoods Run

May 15. Eureka. 8 Mile & 3.5 Mile.

Overall Results - 8 Mile

1	Scott Jamieson (24)	45:51
2	Jack Bellah (33)	48:41
3	Joe Kirby (28)	52:37
4	Ed Huchro (23)	52:49
5	Timothy Martin (39)	53:24
6	Sherman Schapiro (40)	54:13
7	Anthony Gangi (46)	54:53
8	Philip Lescano (34)	55:40
9	Paul Jeffers (50)	57:12
10	Andrew Felt (16)	57:33

Overall Results - 3.5 Mile

1	Alex Zygaczenko	22:48
2	George Herd	23:41
3	Denton Moore	25:28
4	Eddie Pies	25:33
5	Bill Etter	26:24
6	Rob Williamson	27:40
7	Brian Wells	27:59
8	Chris Matson	29:03
9	Randy Semore	29:06
10	Darwin Borthwich	29:21

American Cancer Society

May 21. Riverside. 3.1 Mi Run, 9.3 Mi. Bike, 200m Swim.

Overall Results

1	Bruce Funk (Relay)	40:15
2	Bryan Murchison (23-27)	41:08
3	Charles Hubbard (23-27)	41:31
4	Ricky Shanks (Relay)	41:41
5	Rick Mountain (23-27)	42:07
6	Larry Rhoads (28-32)	42:23
7	Terry Martin (38-42)	42:30
8	Steve Kane (28-32)	42:36
9	Steve Rohde (33-37)	42:47
10	Dave Stevens (28-32)	43:02
11	Wolfgang Resch (28-32)	43:04
12	Scott Nishisaka (28-32)	43:14
13	Yannio Davila (23-27)	43:18
14	Michael Curran (23-27)	43:31
15	Charlie Yu (18-22)	43:39
16	Scott Astorga (13-17)	43:41
17	Mitch Brown (18-22)	43:43
18	Martin Moreno (23-27)	43:44
19	Bart Tucker (33-37)	43:47
20	John Pennala (28-32)	43:57
21	Todd Lysholm (18-22)	43:59
22	Jeff Wright (18-22)	44:00
23	Andres Martinez (23-27)	44:10
24	Damian Lord (28-32)	44:23
25	Carlos Oliva (13-17)	44:28

SEVENTH ANNUAL

ALAMEDA RUN for the PARKS — 10K

FIRST ANNUAL 2 MILE WALK

Sunday, August 14, 1988 9:00 am

T.A.C. sanctioned and certified race to benefit the Alameda Recreation and Park Department

FEATURES:

- NEWLY DESIGNED T-shirt to the first 2500 registered runners and walkers.
- Two trips to Disneyworld for two.
- Refreshments at the finish—Stroh's Beer, Safeway Fruit, Canada Dry Seltzer, Pepsi, Pripps Plus, Dannon Yogurt, Kashi.
- Flat, fast loop course with a beautiful view of the San Francisco skyline.
- Split times each mile, big digital clock at the finish.
- Computerized race results. "Total Race Systems".
- "Jazzercise" warm-up and aid stations.
- Chili cook-off to follow awards ceremony.

AWARDS:

- Merchandise awards to every 10th finisher in 10K race.
- Merchandise awards to the top three finishers in each division in the 10K race.
- Team awards to City and Run Club with most entrants.
- Robert Crown Memorial Award to first male & female from Alameda in the 10K race.
- Team Award to winning military team.

PRE-REGISTRATION:

- PLEASE PRE-REGISTER. Entries are limited to the first 3,000 runners. Entry fee \$10.00 to pre-registered entry postmarked before JULY 31. Please include a 4"x10" self-addressed stamped envelope for your race packet to be mailed to you.

RACE DAY REGISTRATION:

- Entry fee \$12.00 at South Shore Shopping Center between 7 a.m. and 8:15 a.m.

INFORMATION:

- Contact Alameda Recreation and Park Department, Room 201, City Hall, Alameda, CA 94501 (415) 522-4100, Ext. 227.

South Shore Center

Alameda Bank
FIRST NATIONAL

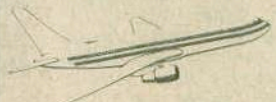
Alameda Hospital



ISLAND CITY RUNNERS



WIN 2 trips to DISNEYWORLD



CONTINENTAL AIRLINES

ENTRY FORM

Enclosed is my tax deductible check for (\$10.00 pre-registered or \$12.00 race day registered) \$ _____ made payable to "Run for the Parks", and my self-addressed, stamped envelope for my race packet to be mailed to me. **Mail entry before July 31, 1988, to Room 201, City Hall, Alameda, CA 94501.**

SEX M F DATE OF BIRTH Month Day Year AGE ON RACE DAY 10K RUN 2 MILE WALK For Official Use Only

LAST NAME FIRST STREET CITY STATE ZIP T-SHIRT S M L X TEAM PHONE I AM EMPLOYED BY THE CITY OF I WOULD LIKE TO RECEIVE INFORMATION ABOUT ISLAND CITY RUNNERS

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims against to persons and organizations affiliated with the race, TAC, the officials, Harsh Investment Corp., South Shore Merchants Council, South Shore APS, the City of Alameda, the Bureau of Electricity, the County of Alameda, the State of California, Island City Runners, any and all sponsors of the race, volunteers and committee members while participating in or traveling to the Run for the Parks, August 14, 1988. I further attest that I am physically fit and sufficiently trained for this event.

SIGNATURE _____ PARENT GUARDIAN IF UNDER 18 _____ DATE _____

It would be very helpful if you noted where/how you received this flyer. Thank you. _____

NOTICE: Unsigned waivers, forms postmarked after July 31, 1988, and forms that do not include a check or SASE, MAY NOT BE PROCESSED. (Go to trouble desk on raceday.)