

CALIFORNIA TRACK & RUNNING NEWS

**March
1981**

\$1.00

ISSUE 53



TE
GE

3706
129

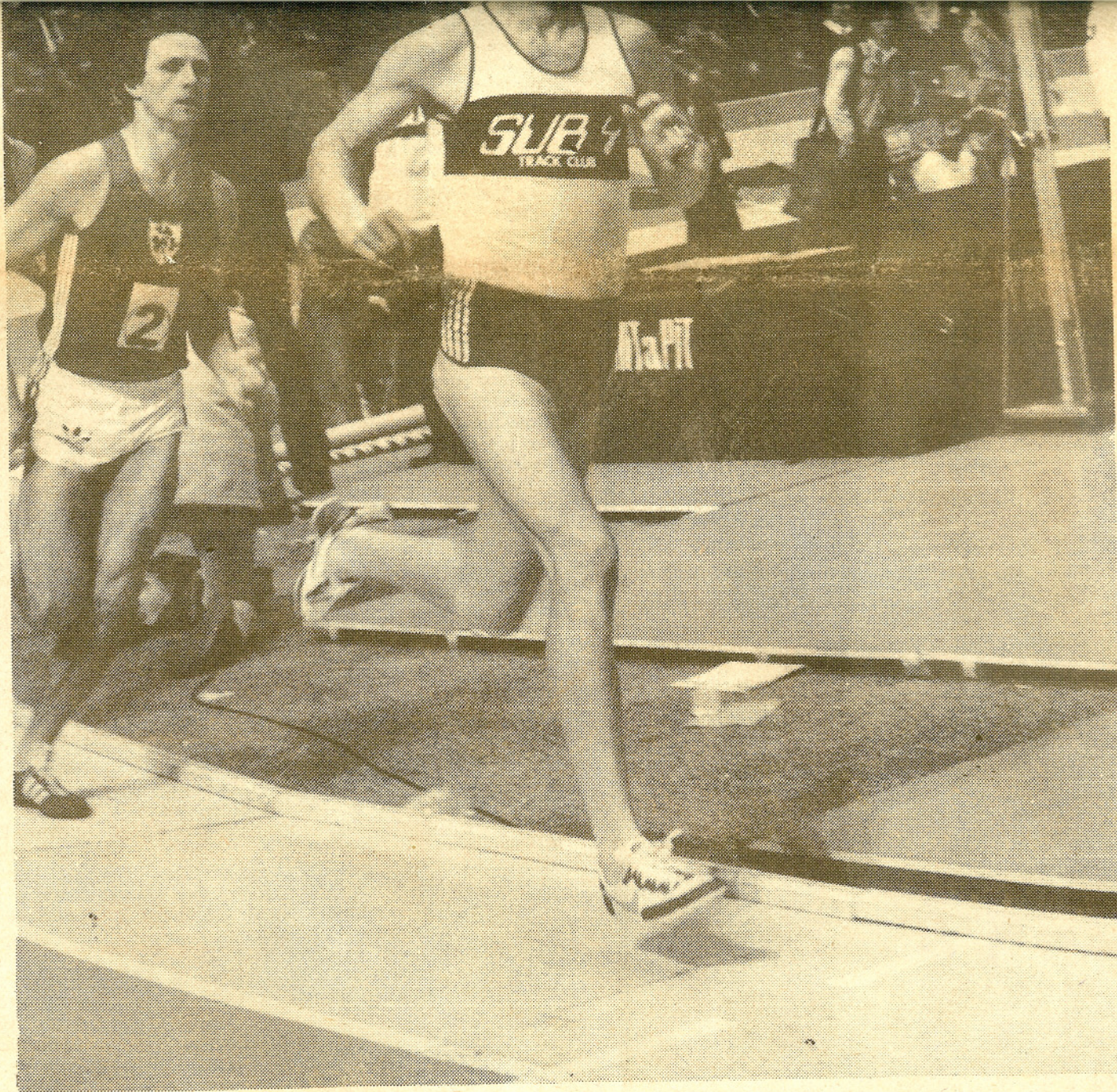
Running News
08
3703

March 1981

BULK RATE
U.S. POSTAGE
PAID
Fresno, CA 93706
Permit No. 629

California Track & Running News
P.O. Box 6103
Fresno, CA 93703

SCOTT MACLEOD C
8604 OAKDALE
OXON HILL MD20022



CALIFORNIA'S TRACK AND RUNNING PUBLICATION

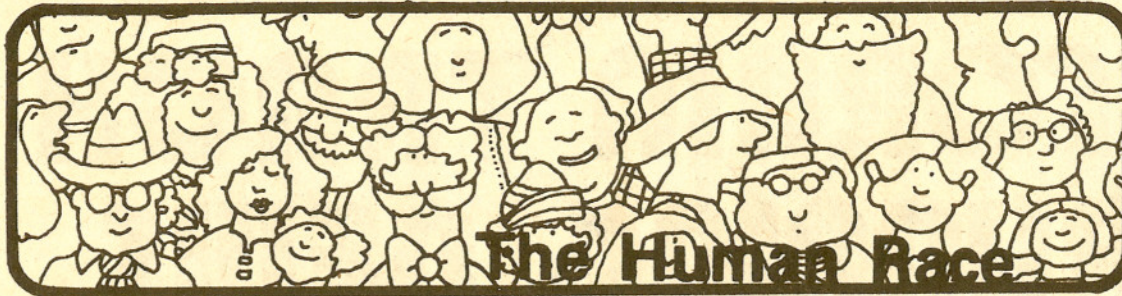
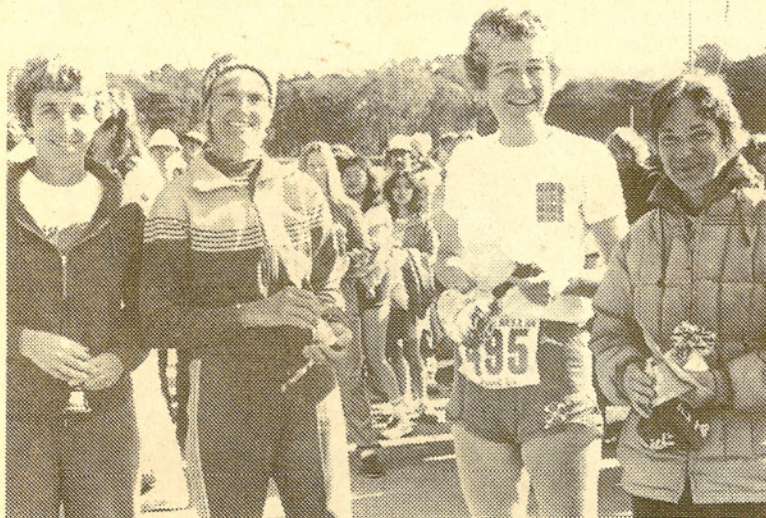


photo by Kenneth Lee



Bonne Bell masters winners display their hardware.

By LEN WALLACH

It's easy to be intellectually lazy and fail to ponder what running is all about. I spend a lot of time thinking about our fleet-footed sport trying to figure out why it is that I feel there's something more to it than a bunch of spindly legged folks blocking automobile traffic on Sunday mornings.

Take for instance the Bonne Bell 10 Kilometer women's race in San Francisco last month. The statistics, like any figures, are pretty stale and uninteresting except to aficionados of running mathematics or if you happen to be in the top and bottom ten per cent of speedy women. There were 1650 females who ran an accumulated 10,246½ miles and a hundred or so volunteers whoran a rumored mileage twice that, while they administered to the distaffers in San Francisco's magnificent answer to nature, Golden Gate Park.

Overall winner was Janice Oehm in 34:28 running for the UC Berkeley's Golden Bears. Vickie Bigelow was first master in 37:53 and Robin MacSwain took the 16 and unders with a 36:58 while Florianne Harp won the 30-39ers in 38:46.

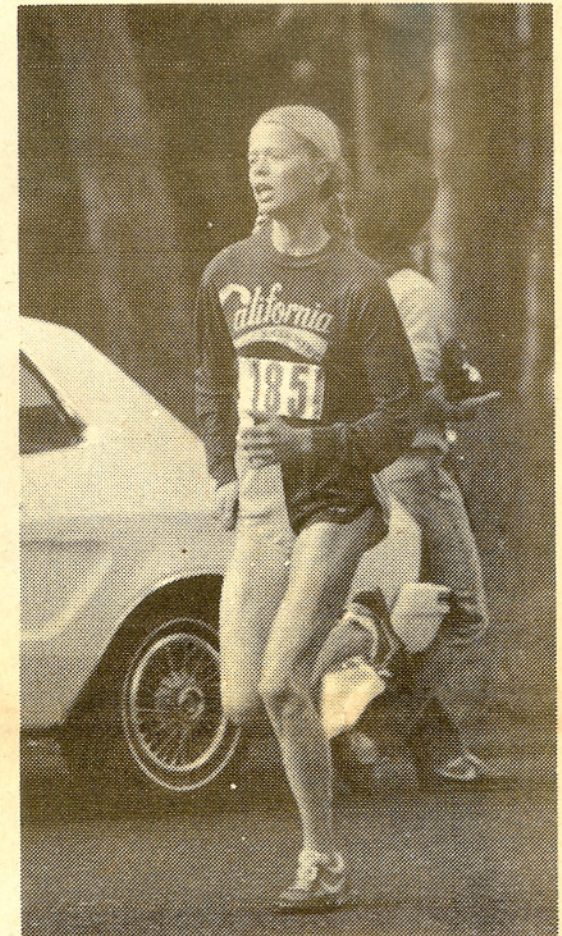
I'll leave the rest of the statistics to the computer egg heads who get their jollies from reducing human beings to electronic blips, while I ponder the phenomena of sisterhood and women's role in athletics.

Albert Camus, a philosophic crafter of words, once explained away human existence with the phrase, "The struggle itself is enough to fill a man's heart," referring to the human race with the traditional literary male gender. Every time I wrote a college term paper or gave a speech at the local Kiwanis luncheon, I dug up old Albert and paraded his elegant phrase to show that I was literate and to have the professor or the face stuffing fraternal men understand the profundity of living.

Participants fifty years and older were brought up as a group to the podium. The initial accolades began with a ripple of applause and continued to swell to a standing ovation.

San Rafael Dominican Convent's running nun, Sister Marion Irvine, had literally run away with the 50-59 age division in 40:43 while participating for the Lord and NorCal Seniors. Seeing that running nuns aren't an everyday occurrence, it was quite natural that the crowd was happy to provide some honorific and enthusiastic applause. But they kept the applause and enthusiasm going even at a higher pitch for the chubby housewife in old cutoffs who had run her first race at what she considered to be an awesome distance, surely equal to the heroic deed of Phidippides.

photo by Don Gosney



California Track & Running News

EDITOR & PUBLISHER
Bill Cockerham

PRODUCTION MANAGER
Judy Cockerham

ASSISTANT TO EDITOR
Marty Higginbotham



Bonne Bell masters winners display their hardware.

California Track & Running News

EDITOR & PUBLISHER
Bill Cockerham

PRODUCTION MANAGER
Judy Cockerham

ASSISTANT TO EDITOR
Marty Higginbotham

BUSINESS MANAGER
Jim Franz

HIGH SCHOOL EDITOR
Keith Conning
2235 Browning St.
Berkeley, CA 94702
(415) 849-4406

LONG DISTANCE EDITOR
Richard Slotkin
14212 Summertime Lane
Culver City, CA 90230
(213) 836-7088

CORRESPONDENTS: Ron Blackwood Central California High School; Calvin Brown Girls & Women Track & Field; Keith Conning North Coast Section High School; Ken Dose Northern California Community College; Rich Ede Women's Pentathlon and High School Track; Marty Higginbotham Central California Long Distance; Percy Knox Masters Men; Mike Lennemann Track Teaser Puzzle; Bill Mensing Sac-Joquin Section High School; Bill Minarik Southern California Area; Jeff Rigdon San Diego Section High School; Rich Romine Ventura Area; Chuck Skow Open Track & Field; Dick Slotkin Southern California Long Distance; Doug Speck Southern Section High School; Howard Willman Central Coast High School; Bob Wornack High School Girls All Time List.

LDR STATISTICS: Bob Martin, National Running Data Center.

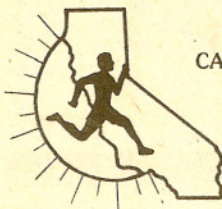
PHOTOGRAPHERS: Keith Conning, Jim Engle, Don Gosney, Marty Higginbotham, Bill Leung, Jr., Richard Slotkin, Ken Takeuchi, Dave Stock.

•California Track & Running News is published 12 times per year - one issue per month.

•California Track & Running News has a circulation of 12,000 copies; these consist of paid subscriptions, store sales, and promotional copies.

•California Track & Running News is mailed third class bulk rate and is not forwardable. When you move please let us know at least 4 weeks in advance.

SUBSCRIPTION RATES: 1 Year (12 issues) \$10.00; 2 Years (24 issues) \$18.00; 3 Years (36 issues) \$25.00. Add \$6.00 per year for first class. Foreign rates on request.



CALIFORNIA TRACK & RUNNING NEWS
P.O. Box 6103
Fresno, CA 93703
(209) 264-5847

mileage twice that while they administered to the distaffers in San Francisco's magnificent answer to nature, Golden Gate Park.

Overall winner was Janice Oehm in 34:28 running for the UC Berkeley's Golden Bears. Vickie Bigelow was first master in 37:53 and Robin MacSwain took the 16 and unders with a 36:58 while Florianne Harp won the 30-39ers in 38:46.

I'll leave the rest of the statistics to the computer egg heads who get their jollies from reducing human beings to electronic blips, while I ponder the phenomena of sisterhood and women's role in athletics.

Albert Camus, a philosophic crafter of words, once explained away human existence with the phrase, "The struggle itself is enough to fill a man's heart," referring to the human race with the traditional literary male gender. Every time I wrote a college term paper or gave a speech at the local Kiwanis luncheon, I dug up old Albert and paraded his elegant phrase to show that I was literate and to have the professor or the face stuffing fraternal men understand the profundity of living.

Bonne Bell's San Francisco crowd finally made me understand what Camus was trying to tell us all with his complex simplicity. These women out on that double loop of asphalt were caught up both symbolically and physically in a struggle that's gone on since Eve was listed as part and parcel of Adam's rib. It's not that some of them aren't happy about their progress, and they are not, it's just that the race made many of them focus on their own obligations to each other for mutual support.

At most mixed events, or men's races, the crowd waiting around for the award ceremonies dwindles proportionately to the number of medals and trophies available to the top dogs. Not so at the Bonne Bell. There were only a few of the brass bells with clangers and wooden handles awarded, but the crowd stuck around to support the handful of winners and the stadium full of hundreds of others, non-winners, not recognized by a bell ringing symbol.

It was a strange cohesion of women with their support crews of other women runners and fathers, brothers, sons, boyfriends and even a couple of grandpas. Nobody left. It was as if each knew that something important was going on far beyond the race or the commercial sponsor's contribution to women's sport.

The ceremonial matters were being attended to with the usual hand shaking, hugging, and photographs until the collection of women par-



Jan Oehm

By the time the assemblage at the stage was reduced to those sixty years and over, the crowd was so emotionally identified with the older athletes that each of those being featured might have well been the personal grandmother of every member of the audience.

Anyone there at that moment felt the kindred relationships crossing age, ability, race and station in life. Each was a sister of the other, each was a mother or child of the other. It was a fraternity turned into a sisternity for all of San Francisco to see and record like listing a new birth or marriage in the family Bible.

When Kay Atkinson walked up to microphone to accept her Bonne Bell award as the fastest sixty year old in 47:22, her 63 years on this earth and muscled hundred pounds made her appear larger than life. Ordinarily a quick-witted peppercorn with a winking eye and spirited tongue, Kay was a watery-eyed symbol receiving the crowds accolades demurely with the same affection offered. Her Impala teammates knew the price she had paid in training her victory, not earned by some genetic advantage, but rather enduring the pain and distance of tough mileage.

The struggle itself was enough to fill a man's heart. And a woman's too.

ON THE COVER: "King of the Boards!" Steve Scott has completed a most successful local indoor mile campaign. Competing in four of the five indoor meets in California, he was under 4:00 each time. The most impressive moment came in San Diego with the American Record 3:51.8 behind Coghlan's world record. But, Scott came back the next night in San Francisco to win in 3:55.3 - not bad in a 24 hour span. Read all about the exciting 1981 indoor season in this issue. photo by Bill Leung, Jr.

MARCH

SCHEDULE

Please send scheduling information directly to **California Track & Running News** at P.O. Box 6103, Fresno, California 93703

Schedule is subject to change; please verify date with meet directors before traveling to an event. Keep in mind that some events require advance entries. It is a good idea to include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

MAR 21: Fleet Meet. 5K & 10K. Piedmont Community Center Park, 10 am. Mrs. Bruce Sperry, 50 Guilford Road, Piedmont 94611. (415) 547-4091.

MAR 21: Indian Valley Cross Country. 5.01 miles. Novato, 10 am. Novato Park and Recreation Dept., 917 Sherman Ave., Novato 94947. (415) 897-4323.

MAR 21: Health Beat 10K. 10K & 2 Mile. Jennifer Fiske (714) 420-8182, ext. 379.

MAR 21: Los Angeles Lite Marathon. Elysian Park, 8 am. Jayne Wallace Yollin, Ruder & Finn of California, 9300 Wilshire Boulevard, Beverly Hills 90212. (213) 274-8303.

MAR 21: Warrior Relays. Westmont College, Santa Barbara.

MAR 21: Spring Fever Run. 10K and 1.5 mile. Woodward Park, Fresno, 8 am. Elizabeth Jones, 215 E. Olive Ave., Fresno 93728. (209) 442-8723.

MAR 21: Jog to the Club 10K. Visalia, 8 am. KJUG Radio, 3205 S. Mooney Blvd., Visalia 93277. (209) 733-2750.

MAR 22: Nike/Penn Mutual Regional Championships. San Diego Track Club, P.O. Box 4864, San Diego 92104.

MAR 22: Head Start Run. 5K. Balboa Park, San Diego, 7:30. Jim Cooper (714) 239-9281.

MAR 22: Mercury News 10K. San Jose City Hall, 9 am. Karen Storey, 750 Ridder Park Drive, San Jose 95190. (408) 289-5533.

MAR 22: Vichy Springs Run. 2, 4, and 8 miles. Napa, 9:30 am. Reg Harris, 1267 Walnut C66, Napa 94558. (707) 255-8705.

MAR 22: King Games Half Marathon. 13.1 miles. Stanford, 9 am. Stanford University, Track Office, Stanford 94305. (415) 497-1051.

MAR 22: Over and Under Foot Races. 2 miles & 10 miles. Letterman Army Medical Center, 9:30 am. Bay Area District, California Dietetic Association, 477 15th St., Oakland 94612.

MAR 22: Golden State Women's Run. 5K and 10K. Davis. Suzie Clark, Fleet Feet, 132 "F" St., Davis 95616. (916) 682-9186.

MAR 22: Run for Health at Spring Lake. Santa Rosa. 10K. John Graham, 3209 Franz Valley Rd., Santa Rosa 95404.

MAR 22: Red Cross Marathon & Half Marathon. San Luis Obispo, 7:30 am. Red Cross Marathon, 1216 Morro St., San Luis Obispo 93401. (805) 543-0696.

MAR 22: Catalina Island Marathon. Hans Albrecht, 197 Via Trinita, Aptos 95003.

MAR 28: George Allen 5K & 10K Runs. Palos Verdes High School, 8:30 am. March of Dimes, 1111 South Central Ave., Glendale 91204. (213) 956-8565.

MAR 29: Martin Luther King Games. Stanford University. Brooks Johnson, Athletic Dept., Stanford Univ., Stanford 94305. (415) 497-1051.

MAR 29: Sharp Hospital 10K. Kearny Mesa. Neil Finn (714) 267-2441.

MAR 29: Pinole Marathon. Pinole Valley High School, 8 am. Steve Justice, 2192 Owens Ct., Pinole 94564.

MAR 29: Run for Those Who Can't. 10K, Puente Hills Mall, 8 am. Puente Hills Mall, 449, Puente Hills Mall, City of Industry 91748.

APRIL

APR 4: California Christian College Athletic Conference. Westmont College, Santa Barbara.

APR 4: Cal Women's Invitational Hephathlon. UC Berkeley. Vern Gambetta, Women's Athletic Dept., 103 Hearst Gymnasium, Berkeley 94720.

APR 4: Taco Bell Relays. Fresno State University. Red Estes, Track Coach, Fresno State University, Fresno 93740.

APR 4: Age Group All Comers. U.C. Irvine, 9 am. Frank Duarte, 3717 S. Ramona Dr., Santa Ana 92707. (714) 545-7701.

APR 4: Magical Musical Marathon & Half Marathon. Folsom to Sacramento. Elizabeth Jansen, 2408 "J" St., Sacramento 95816. (916) 442-7223.

APR 4: Sacramento Relays. Sacramento State University. Track Coach, CSUS, 6000 "J" St., Sacramento 95819. (916) 454-6709

APR 5: Run with Music. Los Angeles, 8 am. L.A. Master Chorale, The Music Center, 135 N. Grand Ave., Los Angeles 90012. (213) 972-7282.

APR 10-11 Jenner Classic. San Jose City College. Bert Bonanno, Athletic Dept., San Jose City College, 2100 Moorpark Ave., San Jose 95128. (408) 298-2181.

APR 11: Pride of the Foothills Spring Run. 1/2M, 5K & 10K. Jack Cosby P.O. Box 221, Glendora 91740. (213) 963-8411.

APR 11: The Forum 5K & 10K. 8 am. Jim Moodspaugh, One Manchester Blvd., Inglewood 90301. (213) 649-7483.

APR 11: Riverside Invitational. University of California at Riverside.

APR 11: Pasadena Rosebud Invitational. Ron Grey, 2750 N. Highview, Altadena 91001. (213) 681-7073.

APR 11: Iilsanjo Classic. 10 mile cross country. Santa Rosa, 9 am. Iilsanjo Classic, 1927 Calaveras Dr., Santa Rosa 95405. (707) 527-5395.

APR 11: Clearlake Spring Blossom Marathon & 20K Run. Lakeport, 8 am. Lake County Chamber of Commerce, 875 Lakeport Blvd., Lakeport 95453. (707) 263-6131.

APR 11: Women's Woodward Park Run. 1.4 & 3.0 miles. Fresno, 8 am. Ron Gates, 3220 E. Huntington, Fresno 93702.

APR 12: Merced Track Club 10K. Lake Yosemite Park, Merced, 9 am. Merced Track Club, P.O. Box 3275, Merced 95340.

APR 12: Mountain Madness Run. 4.7 miles, Nevada City, Calif. Gary M. Loucks, 116 High St., Grass Valley 95940.

APR 12: Boothe Park Ribbon Runs. 2

APR 18: TFA/Brooks Invitational. Cal State Northridge. Bill Webb, Track Coach, California State University, Northridge 91330.

APR 18: Livermore 8.56 Mile Run. Livermore, 10 am. Nick Winter, 40453 Dolerita Ave., Fremont 94538.

APR 18: City of Sunnyvale 10,000 Meter Baylands Run. 10 am. Mrk Gizan, P.O. Box 60607, Sunnyvale 94088.

APR 19: Easter Sunrise Celebration Jog. 1, 2 & 3 mile. Woodward Park, Fresno. Harry Harder, 761 N. Palm, Reedley 93654.

APR 20: Boston Marathon. BAA Marathon P.O. Box 223, Boston, MA 02199.

APR 23-24: Invitational Decathlon. Mt. San Antonio College. Mt. SAC Relays, Walnut 91789.

APR 24-26: Mt. SAC Relays. Mt. SAC Relays, Walnut 91789.

APR apr 25: Run for All. 10K and 2 mile. Miche Grove Park, Lodi, 10 am. Freeman or Jana Lane, 1121 W. Monterey Ave., Stockton 95204.

APR 25: Clean Air Run. 9K, Pier 39, San Francisco, 9 am. Bob Kenneth, American Lung Association, 833 Market St., San Francisco 94103.

APR 25: Visalia Spring Run. 10K and 1 mile. Mooney Grove Park, Visalia, 8 am. Robert Stephenson, 1627 Vassar Dr., Visalia 93277.

APR 26: Southern Pacific 50K and 100K Runs. Camarillo, 7 am. Connie Rodewald, 852 Sharon Dr., Camarillo 93010.

APR 26: Lake Merritt Joggers & Striders Sunday Run. Old Boathouse, Oakland, 9 am. LMJS, 230 Marlow Dr., Oakland 94605.

APR 26: Volunteer Triathlon. Clovis West High School, 8 am. 20 mile bike, 6 mile run, 385 yard swim. Volunteer Bureau, 304 Crocker Bank Building, Fresno 93721.

APR 26: NORML MARI-THON 10K Fun Run. Golden Gate Park, San Francisco, 10 am. Bill Dake, 528 Larch Ave., South San Francisco 94080.

APR 26: Ten Kilometer Lupine Poppy Run. Fort Hunter-Ligget, 10 am. David Chiaramonte, Lake San Antonio, Bradley 93426.

APR 26: American Canyon Cross Country Festival. 2 miles & 7 miles. 9 am. Robert Glowienke, 609 Kilpatrick, American Canyon 94590.

APR 26: Run for Daylight. 10K Lafayette, 9 am. American Cancer Society, P.O. Box 4209, Walnut Creek 94596.

APR 26: Run for Life. 10K, Stanford, 9 am. Caroline Panches, 3003 Moorpark Ave., San Jose 95128.

POSTAL

JAN 1 - Aug 31: One Hour Run. Contact Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 642-2930.

LOOKING AHEAD

MAY 3: Avenue of the Giants Marathon. Dick Hughes, Six Rivers Running Club, P.O. Box 214, Arcata 95521. (707) 822-9435.

If you haven't already entered - forget it.

MAY 9: West Coast Relays. High School, Community College, and College. Red Estes, Fresno State University, Fresno 93740.

MAY 18: Bay to Breakers. San Francisco, 8 am. The biggest race in California. Bay to Breakers, P.O. Box 42000, San Francisco 94103. Entry deadline April 15.



Kinney Cross Country Championships
HIGH SCHOOL CROSS COUNTRY RUNNERS & COACHES
Mark Your Calendars Now

Walnut 686, Napa 9458-8705.

MAR 22: King Games Half Marathon. 13.1 miles. Stanford, 9 am. Stanford University, Track Office, Stanford 94305. (415) 497-1051.

MAR 22: Over and Under Foot Races. 2 miles & 10 miles. Letterman Army Medical Center, 9:30 am. Bay Area District, California Dietetic Association, 477 15th St., Oakland 94612.

MAR 22: Golden State Women's Run. 5K and 10K. Davis. Suzie Clark, Fleet Feet, 132 "F" St., Davis 95616. (916) 682-9186.

MAR 22: Run for Health at Spring Lake. Santa Rosa. 10K. John Graham, 3209 Franz Valley Rd., Santa Rosa 95404.

MAR 22: Red Cross Marathon & Half Marathon. San Luis Obispo, 7:30 am. Red Cross Marathon, 1216 Morro St., San Luis Obispo 93401. (805) 543-0696.

MAR 22: Catalina Island Marathon. Hans Albrecht, 197 Via Trinita, Aptos 95003.

MAR 28: George Allen 5K & 10K Runs. Palos Verdes High School, 8:30 am. March of Dimes, 1111 South Central Ave., Glendale 91204. (213) 956-8565.

MAR 28: Escondido 10K Cross Country Run. Bob Daniel (714) 741-4696.

MAR 28: Hussong's Ensenada 10K. David Manwaring (714) 275-1384.

MAR 28: Fools Run. 10K & 20K. Santa Rosa, 10 am. Corporate Cup Assoc. c/o Hewlett-Packard, 1400 Fountain Grove Parkway, Santa Rosa 95401.

MAR 28: USC Invitational. Sherry Calvert, USC Women's Athletics, Heritage Hall, Los Angeles 90007. (213) 743-7693.

MAR 28: Redlands Invitational. University of Redlands.

MAR 28-29: Phoenix Invitational. Pat Linderman, 6513 E. Oak, Scottsdale, AZ 85257. (602) 994-8467.

MAR 28: Roeding Park 6 Mile. Fresno, 9 am. Frank Delgado, 1560 N. Durant Way, Fresno 93728. (209) 233-3631.

MAR 28: Bartlett Nutrition Fair Runs. 15K AC District Championship and 5K fun run. Visalia Convention Center, 8:30 am. Marty Higginbotham, 1026 W. Princeton, Visalia 93277. (209) 732-8030.

MAR 28: 10K Gold Run. East L.A. College, 8 am. Patricia Sarey, 720 W. Garvey Ave., Monterey Park 91754.

MAR 28: NorCal 1981 Road Races. 3 mile and 10 mile. Lake Redding Park, Redding 9 am. Mike Lybrand, 3315 Willow Lane, Anderson 96007.

MAR 29: Jordache Pro Am Marathon. Hollywood Bowl, 8 am. \$25,000 prize first man and first woman. Sunrunner Sports Promotions, 3600 Avalon Blvd., Los Angeles 90011.

MAR 29: Pleasant Hill 10K. Diablo Valley College, 10 am. Ralph Bowles, 105 Emerson Ct., Pleasant Hill 94523. (415) 939-9330.

MAR 29: Moorpark Scramble 5k & 10K. Moorpark College, 8 am and 9 am. Norm Chung, 280 Casey Rd., Moorpark 93021. (805) 529-1124.

Industry 91748.

APRIL

APR 4: California Christian College Athletic Conference. Westmont College, Santa Barbara.

APR 4: Cal Women's Invitational Heptathlon. UC Berkeley. Vern Gambetta, Women's Athletic Dept., 103 Hearst Gymnasium, Berkeley 94720.

APR 4: Taco Bell Relays. Fresno State University. Red Estes, Track Coach, Fresno State University, Fresno 93740.

APR 4: Age Group All Comers. U.C. Irvine, 9 am. Frank Duarte, 3717 S. Ramona Dr., Santa Ana 92707. (714) 545-7701.

APR 4: Magical Musical Marathon & Half Marathon. Folsom to Sacramento. Elizabeth Jansen, 2408 "J" St., Sacramento 95816. (916) 442-7223.

APR 4: Sacramento Relays. Sacramento State University. Track Coach, CSUS, 6000 "J" St., Sacramento 95819. (916) 454-6208.

APR 4: Whittier YMCA Legg Lake Park 10K & 5K. 9 am. Marilyn Grant, Health & Fitness Director, E. Whittier YMCA, 15740 E. Starbuck, Whittier 90603. (213) 693-5470.

APR 4: TRW Spring 10K. Redondo Beach 9 am. SASE to TRW, One Space Park, Redondo Beach 90278.

APR 4: Sun Angel Classic. Arizona State (Tempe). Gene Falker, Sun Angel Foundation, 3800 North Central, Phoenix, AZ 85012.

APR 5: Valley of the Bears 20K. RRCA Western Regional and State Championships. Los Osos, 8:30 am. Tom Hampson, 347 Garden St., Los Osos 93402.

APR 5: Cal Womens Invitational. UC Berkeley. Vern Gambetta, Women's Athletic Dept., 103 Hearst Gymnasium, Berkeley 94720.

APR 5: NCSTC Lake Merced Masters 5 Miles. Masters only, SF Boathouse. Bob O'Conner, 2748 St. James Road, Belmont 94002. (415) 591-9721.

APR 5: Sunrise Home Benefit. 5.4 miles. Sinaloa Junior High, Novato, 10 am. Nancy Stewart, 20 Kavon Ct., Novato 94947.

APR 5: Apple Juice Run. 10K & 2 mile. Sebastopol, 10 am. Daryl Schloss, c/o Sebastopol Chamber of Commerce, P.O. Box 178, Sebastopol 95472. (707) 843-3032.

APR 5: Pigeon Pass Marathon. Loma Linda University, 7 am. Jim Perry, Box 495, Loma Linda 92354. (714) 824-1779.

APR 5: Kaweah River Valley Run. 8 miles. Three Rivers. David Bronzan, 112 Green Oaks, Visalia 93277. (209) 625-9537.

APR 5: Rolling Titans 5K & 10K. Push and Run. Fullerton, 7:30 am. John D. Liverpool, Handicapped Student Services, Cal State University, Fullerton, Fullerton 92634.

Woodispaugh, One Manchester Blvd., Inglewood 90301. (213) 649-7483.

APR 11: Riverside Invitational. University of California at Riverside.

APR 11: Pasadena Rosebud Invitational. Ron Grey, 2750 N. Highview, Altadena 91001. (213) 681-7073.

APR 11: Iilsanjo Classic. 10 mile cross country. Santa Rosa, 9 am. Iilsanjo Classic, 1927 Calaveras Dr., Santa Rosa 95405. (707) 527-5395.

APR 11: Clearlake Spring Blossom Marathon & 20K Run. Lakeport, 8 am. Lake County Chamber of Commerce, 875 Lakeport Blvd., Lakeport 95453. (707) 263-6131.

APR 11: Women's Woodward Park Run. 1.4 & 3.0 miles. Fresno, 8 am. Ron Gates, 3220 E. Huntington, Fresno 93702.

APR 12: Merced Track Club 10K. Lake Yosemite Park, Merced, 9 am. Merced Track Club, P.O. Box 3275, Merced 95340.

APR 12: Mountain Madness Run. 4.7 miles, Nevada City, Calif. Gary M. Loucks, 116 High St., Grass Valley 95940.

APR 12: Boothe Park Ribbon Runs. 2 miles & 5.6 miles. Calistoga, 9:30 am. Reg Harris, 1267 Walnut C66, Napa 94558. (707) 255-8705.

APR 12: Herc-Dynamite Run. 4 miles. Hercules, 10 am. Steve Justice, 2192 Owens Ct., Pinole 94564. (415) 758-1023.

APR 12: American River 50 Miler. Auburn to Sacramento, 7 am. Nancy March, Fleet Feet, 107 South Harding, Roseville 95678. Joe Sloan (916) 783-4558.

APR 14-15: TFA/USA Decathlon. Fresno State University. Red Estes, Track Coach, Fresno State University, Fresno 93740.

93654.

APR 20: Boston Marathon. BAA Marathon P.O. Box 223, Boston, MA 02199.

APR 23-24: Invitational Decathlon. Mt. San Antonio College. Mt. SAC Relays, Walnut 91789.

APR 24-26: Mt. SAC Relays. Mt. SAC Relays, Walnut 91789.

APR apr 25: Run for All. 10K and 2 mile. Miche Grove Park, Lodi, 10 am. Freeman or Jana Lane, 1121 W. Monterey Ave., Stockton 95204.

APR 25: Clean Air Run: 9K, Pier 39, San Francisco, 9 am. Bob Kenneth, American Lung Association, 833 Market St., San Francisco 94103.

LOOKING AHEAD

MAY 3: Avenue of the Giants Marathon. Dick Hughes, Six Rivers Running Club, P.O. Box 214, Arcata 95521. (707) 822-9435.

If you haven't already entered - forget it.

MAY 9: West Coast Relays. High School, Community College, and College. Red Estes, Fresno State University, Fresno 93740.

MAY 18: Bay to Breakers. San Francisco, 8 am. The biggest race in California. Bay to Breakers, P.O. Box 42000, San Francisco 94103. Entry deadline April 15.



Kinney Cross Country Championships HIGH SCHOOL CROSS COUNTRY RUNNERS & COACHES *Mark Your Calendars Now*

The dates for the 1981 Kinney Cross Country Championships have been set as follows:

WESTERN CHAMPIONSHIPS
December 5, 1981 - Woodward Park, Fresno

NATIONAL CHAMPIONSHIPS
December 12, 1981 - Orlando, Florida



Long Distance Running Schedule for the Valley

CENTRAL CALIFORNIA LONG DISTANCE RUNNING HANDBOOK

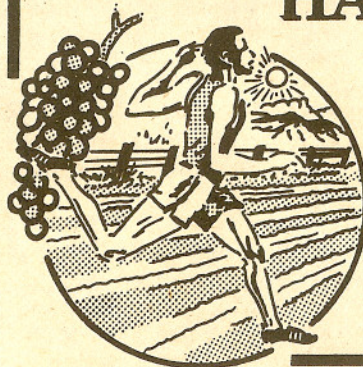
1981

Send check or
money order to:

Action Sports
1026 W. Princeton
Visalia, CA 93277

\$2.00

plus 25 cents
postage



INDOOR WRAP-UP

Runner's World Indoor

By KEITH CONNING

January 2: Cow Palace, Daly City.

It took 18 years for someone to run the mile in under four minutes at the Cow Palace, but Steve Scott (Sub-Four Track Club) did it with a fine 3:59.6.

"To be honest with you, I really didn't think I could do it," Scott said after the race. "I've had some real problems in workouts lately. Last week I had one workout at race pace (59). With only one good workout under my belt it wasn't much of a confidence builder. Going into the race I was quite nervous. Bob Anderson (Editor and Publisher of Runner's World) is a good friend and he really wanted the first sub-four minute mile here, and I felt a lot of pressure to get it for him. The first lap was really too fast (58.2) for this time of year. We eased up a little the second lap and then Flynn took over the third lap. When I heard the split at 3:01, I knew we had a good shot at it (sub-four mile). With two laps left I knew I could get it because I had a lot left. I almost didn't kick hard enough. The time was a little too close for comfort. The track tonight was a lot better than the one's they've had here in the past. It didn't bounce as much."

Grete Waitz of Norway won the 3,000 meter race for the second straight year. "I thought before the race I could easily run faster than last year," said Waitz. "I got off to a good pace but then I just died. I don't know why. I can't explain it. Everybody has a bad day, maybe this was my bad day. It should have been a faster time, I've been looking forward to this meet for three weeks. According to my training I should have run much faster. I ran the first 1000 meters just exactly like I planned, but I don't know what it was, it just felt so much heavier during the last part of the race from last year." Waitz's time of 9:05.6 is the seventh best performance of all-time. She has the world indoor best of 8:50.8, which she set last year.

Rod Dixon (New Zealand) ran the last

little faster," said Campbell. Last week (Dec. 30) in Canada I ran a second faster than tonight. They knew I was the strongest runner in the race and I knew they would watch me and follow my pace, so I slowed it down and they tied up trying to stay with my slow pace. I ran the same time last week (63) in the first part, but two seconds slower in the second part. If somebody would have pushed me we would have had a faster time." Three women fell down in the early going, after negotiating a sharp turn.

David Korir won the 1,000 meters in 2:25.4. "I'm glad to start the season with a win although it wasn't a great time," said Korir. "It's a bit early in the season to be running all out so I used tonight's meet basically as a workout." Korir has been training at Mission Viejo with Edwin Moses.

Sherifa Sanders (Berkeley East Bay Track Club / Berkeley High School) won the 50 meter hurdles in 7.55, which was just .01 ahead of Dianne Johnson (Stanford). "I didn't get off to a good start, but I'm satisfied because I won," said Sanders. "I'm ready this year." Last year Sanders placed third in the State Meet hurdles and second in the long jump.

Mike Marlowe (Golden Bear Track Club) won the long jump at 25-2, which is only 5 inches below his best. "I usually hit it on my last jump," said Marlowe. "I like this better than the Examiner Games. They have a different track for the Examiner Games. This one has a tartan surface; this one has a lot more spring to it. Right after our first jump they changed the board and that kind of threw everybody's steps off. We had to rearrange our steps and remeasure them back out."

An unique feature of the meet was the inclusion of several Corporate Cup events. According to Bob Anderson, the Corporate Cup Association is a national network of corporations interested in the promotion of fitness and health within their companies. They feel that employees and executives who are fit and healthy make for better companies.

RESULTS:

Men:

50 Meters Heat 1: 1. Joe Sial Sial (Nigeria) 5.83; 2. Ray Threatt (Arizona/Pittsburg HS) 5.84; 3. Guy Abrahams (Panama) 5.90; 4. Fred Williams (Stan-

Women:

50 Meters: 1. Lisa Hopkins (IP) 6.47; 2. Gwen Loud (LA Mercurettes) 6.54; 3. Pam Donald (Stanford) 6.66; 4. Sharon Ware (Berkeley HS) 6.67.

400 Meters: 1. Denean Howard (Kennedy HS/Alti) 56.1; 2. Lorna Forde (Adams TC) 56.2; 3. Sherri Howard (Alti TC) 56.4; 4. Paulette Clagon (LA Mercurettes) 59.7.

800 Meters: 1. Robin Campbell (Stanford TC) 2:07.8; 2. LeAnn Warren 2:08.8; 3. Debbie Campbell 2:09.8; 4. Brenda Peterson (LA Mercurettes) 2:12.9; 5. Monica Joyce (Great Britain) 2:22.1; 6. Andrea Ward (LA Mercurettes) 2:27.2; 7. Esther Cheresinger 2:28.9; 8. Ranza Clark (Oregon) 2:31.3.

3000 Meters: 1. Grete Waitz (Norway) 9:05.6; 2. Joan Hansen 9:11.0; 3. Debbie Scott (Canada) 9:14.9; 4. Francie Larrieu 9:26.7; 5. Regina Joyce (Great Britain) 9:29.9; 6. Chris Bankes (Reading AA) 9:47.2.

50 Meter Hurdles: 1. Sherifa Sanders (Berkeley HS) 7.55; 2. Dianne Johnson (Stanford) 7.56; 3. Judy Young (Georgia/ex-Berkeley HS) 8.00; 4. Robyn Johnson (Berkeley HS) 8.01.

Mile Relay: 1. LA Mercurettes 3:53.8; 2. Stanford 3:59.6; 3. Cal Poly SLO 4:05.2.

College Division:

50 Meter Hurdles: 1. Malcolm Dixon (Unatt) 6.74; 2. Ashland Whitfield (Unatt) 6.79; 3. Don Ward (Oregon/ex-St. Mary's) 7.04; 4. Toni Amerson (Unatt) 7.09; 5. Al Borden (Unatt) 7.10; 6. Mark White (Oregon State) 7.14.

Juniors:

Boys Classic Mile: 1. Andy DiConti (Cal Poly SLO) 4:15.6; 2. Steve Smith (Arizona St.) 4:15.9; 3. Jim Smith (Stanford) 4:17.7; 4. John Marden (CPSLO) 4:19.4; 5. Eric Sappenfield (Stanford) 4:25.3; 6. Mark Ibarra 4:27.6; 7. Pedro Reyes 4:30.4; 8. Larry Guinee (Cal) 4:38.1; 9. David Royal 4:38.7.

photo by Bill Leung, Jr.

Junior Women's Mile: 1. Kim Schnurpfeil (Stanford) 4:53.3; 2. Ellen Lyons (Stanford) 5:08.8; 3. Liz Strangio (Cal Poly SLO) 5:11.9; 4. Lisa Sellon (Unatt) 5:12.8; 5. Amy Harper (CPSLO) 5:13.3; 6. Maria King 5:14.8; 7. Evelyn Acuna 5:22.6; 8. Karen Kwong 5:38.6; 9. Kerry Brogan 5:45.1.

Girls Relay (under 9): 1. Herbert Hoover TC 1:36.7; 2. Santa Clara Valley Striders 1:51.3.

Boys Relay (under 9): 1. Diablo Valley T&F Club 1:32.7.

Masters Division:

Mile Run: 1. Tom Cathcart (WVTC) 4:36.8; 2. Eino (Seniors TC) 4:40.2; 3. Dick Schupach (Unatt) 4:41.6; 4. Tim Tostege (WVTC) 4:47.9; 5. Dave Donaldson (WVTC) 4:50.3.

Over 60 50 Meters: 1. John Satti 7.4; 2. Sam Hoover 7.8; 3. Herb Rodebaugh 8.2; 4. A.J. Puglizevich 8.6.

Corporate Cup Division:

Pyramid Relay (legs of 1, 3, 5, 3, 1 laps): 1. PG&E 4:38.6; 2. Hewlett-Packard 4:40.0; 3. TRW 4:48.9; 4. General Electric 4:56.4; 5. Athletic Shoe Factory 4:58.3; 6. Standard Oil.

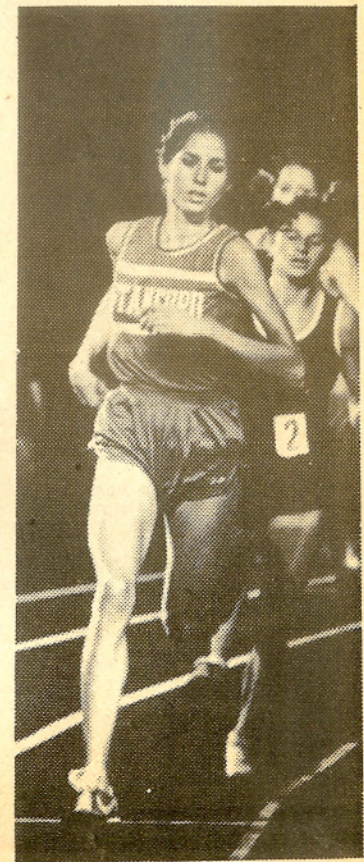
Women's Relay (legs of 3, 5, 3 laps): 1. Lawrence Labs 5:14.8; 2. TRW 5:16.2; 3. General Electric 5:20.7; 4. PG&E 5:27.5; 5. Environmental Protection Agency 5:37; 6. Roim Corporation 5:39.4; 7. Hewlett-Packard 5:41.4.

Masters Relay (legs of 5, 3, 5 laps): 1. PG&E 5:14.9; 2. General Electric 5:16.1; 3. Sandia Labs 5:19.0; 4. Standard Oil 5:32.0; 5. Stanford Research Institute 5:57.3.

3,000 Meter Ream (Two runners per team): 1. Lawrence Livermore Lab 9:08.3; 2. PG&E 9:09.2; 3. General Electric 9:18.5; 4. Standard Oil 9:28.1; 5. EPRI 9:31.7; 6. Environmental Protection Agency 9:32.4.

Mile Team (two runners per team): 1. PG&E 9:21.1; 2. Standard Oil 9:26.1; 3. General Electric 9:34.2.

photo by Dave Stock



KIM SCHNURPFEIL

Sunkist Indoor Invitational T&F

...laps and second in 3:53.8; 2. Mike Marlowe (Golden Bear Track Club) won the long jump at 25-2, which is only 5 inches below his best. "I usually hit it on my last jump," said Marlowe. "I like this better than the Examiner Games. They have a different track for the Examiner Games. This one has a tartan surface; this one has a lot more spring to it. Right after our first jump they changed the board and that kind of threw everybody's steps off. We had to rearrange our steps and remeasure them back out."

An unique feature of the meet was the inclusion of several Corporate Cup events. According to Bob Anderson, the Corporate Cup Association is a national network of corporations interested in the promotion of fitness and health within their companies. They feel that employees and executives who are fit and healthy make for better companies.

RESULTS:

Men:

50 Meters Heat 1: 1. Joe Siai Siai (Nigeria) 5.83; 2. Ray Threatt (Arizona/Pittsburg HS) 5.84; 3. Guy Abrahams (Panama) 5.90; 4. Fred Williams (Stanford) 5.97; 5. Ted White (Cal) 5.98; 6. Jerome Deal (UTEP) 5.99.

50 Meters Heat 2: 1. Emmitt King (Alabama) 5.76; 2. Fred Harvey (CPSLO) 5.83; 3. Mark Kent (CPSLO) 5.94; 4. Kenny Robinson (Berkeley HS) 5.97.

50 Meter Final: 1. Emmitt King (Alabama) 5.74; 2. Ray Threatt (Arizona) 5.86; 3. Fred Harvey (CPSLO) 5.88; 4. Guy Abrahams (Panama) 5.90; 5. Mark Kent (CPSLO) 5.01; 6. Joe Siai Siai (Nigeria) 6.14.

500 Meters: 1. Bert Cameron (Jamaica) 1:05.6; 2. Bill Green (USC) 1:06.0; 3. Urs Kamwear 1:06.6; 4. Lloyd Guss (Cal) 1:06.7; 5. Keith Taylor (Alameda TC) 1:07.1.

1,000 Meters: 1. David Korir 2:25.4; 2. Verno Salles (CPSLO) 2:26.4; 3. Mark Enyeart (PCC) 2:29.4; 4. Malcolm Cleary (Santa Monica TC) 2:29.4; 5. Rich Nichols (Greater Boston TC) 2:32.1; 6. Mike White (Cal) 2:34.6.

Golden Mile: 1. Steve Scott (Sub-4 TC) 3:59.6; 2. Dave Moorcraft (GBR) 4:01.3; 3. Ray Flynn (EIR) 4:01.6; 4. Don Paige (Unatt) 4:04.7; 5. Duncan Macdonald (WVTC) 4:05.9; 6. Sydney Maree (South Africa) 4:06.1; 7. Steve Lacy (Striders) 4:06.6; 8. Ray Wicksell (Sub-4 TC) 4:07.5.

3,000 Meters: 1. Rod Dixon (New Zealand) 8:01.4; 2. Wilson Waigwa (Kenya) 8:02.8; 3. Mike Slack (NBTC) 8:04.5; 4. Tony Colton (Great Britain) 8:07.5; Doug Padilla 8:12.6; 6. Dan Aldridge (Sub-4) 8:15.4.

1 Mile Relay Section 1: 1. Cal Poly SLO 3:23.6; 2. Stanford 3:25.2; 3. San Jose State 3:25.5.

1 Mile Relay Section 2: 1. Berkeley East Bay TC 3:29.3; 2. San Jose City College 3:29.8.

Long Jump: 1. Mike Marlowe (Golden Bear TC) 25-2; 2. Essodina Atachade (Toga) 23-9¾; 3. Paul Bates (Cal) 23-9½; 4. Greg Turner (Unatt) 23-2; 5. Norm Austin (CS Hayward) 22-8¾; 6. Marcus McGadry (CS Hayward) 22-5; 7. Al Lebertz (San Jose CC) 21-10½.

High Jump: 1. Leo Williams (US Naval Academy) 7-3; 2. James Frazier (Arizona St.) 7-3; Dwight Stones (PCC) 7-1; 4. Joel Wyrick (San Jose State) 7-1; 5. Thurlis Gibbs (San Jose St.) 6-11.

1 Mile Relay: 1. LA Mercantiles 3:53.8; 2. Stanford 3:59.6; 3. Cal Poly SLO 4:05.2.

College Division:

50 Meter Hurdles: 1. Malcolm Dixon (Unatt) 6.74; 2. Ashland Whitfield (Unatt) 6.79; 3. Don Ward (Oregon/ex-St. Mary's) 7.04; 4. Toni Amerson (Unatt) 7.09; 5. Al Borden (Unatt) 7.10; 6. Mark White (Oregon State) 7.14.

Juniors:

Boys Classic Mile: 1. Andy DiConti (Cal Poly SLO) 4:15.6; 2. Steve Smith (Arizona St.) 4:15.9; 3. Jim Smith (Stanford) 4:17.7; 4. John Marden (CPSLO) 4:19.4; 5. Eric Sappenfield (Stanford) 4:25.3; 6. Mark Ibarra 4:27.6; 7. Pedro Reyes 4:30.4; 8. Larry Guinee (Cal) 4:38.1; 9. David Royal 4:38.7.

photo by Bill Leung, Jr.



ANTHONY CURRAN



KIM SCHNURPFEL

Sunkist Indoor Invitational T&F Meet

High School by DOUG SPECK
Open by RICHARD SLOTKIN

The 22nd Annual Sunkist Invitational Indoor Track and Field Meet on Friday, January 30, again featured a fine high school division. The high school fields are drawn up by Los Angeles Times Prep Expert Mike Kennedy, and featured most of California's top returnees and a couple of Arizona's best.

The top high school mark, a National Record, came in an open event. Denean Howard (Kennedy, Granada Hills), competing unattached in the 500, was pressured all the way in her race by former Morgan State star, Paulette Clagon (LA Mercantiles). Denean looked very powerful in recording a 1:04.1 (under Arlise Emerson's 1:04.5 for Westminster High in 1978). Denean's time is the fourth fastest in world history.

The top returning men's hurdler in California, David Ashford (West Covina), blasted out and then was nearly chased down by Chris Edrisman (Riverside Poly) and Ron McCoy (Edison, Fresno) during a 7.41-7.45-7.47 race. Ashford's winning time broke the meet record. Ashford (14.1) and Chrisman (14.4) have already churned excellent outdoor all-comer efforts. The other meet record fell to a lady who also has been active this winter. Regina Jacobs (Argyll Academy, North Hollywood), better known for her LA Naturite performances as she has never represented her school in interscholastic competition, romped away to a big 2:12.8 880 win over a field more conspicuous in its no-shows than those who ran. Jacobs had run 2:10.0m already outdoors this winter.

The men's sprints were quick and interesting. The open 60 featured State 200 champion Kenny Robinson (Berkeley) at 6.36 running down quick starting Kevin Shields (San Diego) 6.38 at the tape. A special Football Hero 60 for high schoolers featured the next fastest 60 time as Long Beach Millikin's Courtney Griffin blasted to a yard and a half win at 6.43 over Muir of Pasadena's Ron Mills 6.56. Walt Opp of Muir has among his best group of sprinters ever returning and they

churned out a 1:05.1 640 yard relay win over Riverside Poly's 1:06.6 in Heat I. Kennedy, Granada Hills with 1:06.4 nipped Pasadena (1:06.6) in Heat III.

A top group, led by Polly Plumer (University, Irvine) and Vickie Cook (Alemany, Mission Hills) met in the Girls Seeded Mile. Lynbrook of San Jose's Tracy Weber led the pack through a leisurely 76.5 first quarter, while Plumer eased ahead past the half in 2:31.3. At the 1320 Polly barely led a large pack at 3:47.0. During the last three 160 yard laps things gradually heated up and people fell off the pace one by one. Plumer led over Cook through the last lap, with Vickie's determined drive during the last 80 yards falling just short as the leading duo both posted 4:56.9 times. Buena of Ventura's Michele Mason was in the wrong race as she led by wide margins through 70.5-2:26.6-3:43.9 splits on the way to a 4:59.9 rated heat win.

A Manual Arts (LA) Women's Mile Relay group raced to a fine 3:56.1 time in an open event as the Spiketees TC to place third. A couple of men's groups raced to quick times in the same event. Berkeley (led by Pete Richardson's 49.8) cranked 3:26.2 in its Heat I win over Crenshaw (LA) 3:32.0. Pasadena (without Troy Delemer) won Heat II at 3:31.1, while Muir took Heat III at 3:26.9 over Centennial (Compton) 3:30.4.

The men's distance races featured a winning athlete who picked three quarters of the way through their race to put the pressure on. Jon Butler (Edison, Huntington Beach) led the pack through 64.7-2:09.2 quarter splits, then put it to the floor with a 63.1 third 440, and finished with an unpressed 61.1 to record an excellent 4:13.9 in the mile. Arizona star Jeff Thoenes (Santa Rita, Tucson) at 4:18.8 was second. In the two mile, Barasa Thomas (Santa Barbara) led Monroe (Van Nuys) star Cesario Marquez through 67.1-2:13.4-3:21.4-4:32.1 quarter splits. By the fifth quarter post Santa Rita's Tom Ansberry and Mira Costa's Jeff Atkinson joined them to make a foursome at 5:43.5 and 6:55.4 splits. At the beginning of the seventh quarter Ansberry surged ahead and his 69 second seventh quarter put him 15 yards ahead of the opposition. A 67 final quarter resulted in a 9:12.1 victory over Atkinson's 9:13.3 and Marquez' 9:14.1. It would be nice if Ansberry, Butler, and Mission San Jose's star Jay Marden could get together for a two mile during the outdoor season.

A flock of super returnees in the half-mile resulted in three races for the men in the meet. Brendan Saunders of Bellarmine (San Jose) took Heat I at 1:56.5 over MacArthur Osborne (Crenshaw, LA) 1:57.0. Chris Monroe (LA Baptist) ran away with Heat II in 1:57.5. A special seeded race featured three of the nation's best in Pete Richardson (Berkeley) 1:50.19, Tony Davis (Gulfport, Mississippi) 1:50.34, and Scott Cox (Wilson, Long Beach) 1:51.50. Hawthorne's David King, who had raced to a 1:53.9m this winter, led the tight group through a relaxed 57.5 440. With two of the 160 yard laps to go Cox moved to the lead with Richardson close behind. The Berkeley athlete made his big move off the final turn but could not get past Cox at the tape as both recorded 1:56.2's. Cox has burned a 1:51.6m the previous weekend outdoors. Octavio Morales took a rated mile race by a wide margin at 4:23.2. University of Irvine's Brad Meyer kicked away on the bell lap to take a rated two mile race at 9:25.2 over La Jolla's Mike Oleata at 9:27.2.

In the women's 500 Tina Howard (Kennedy, Granada Hills) won an exciting first heat at 1:08.3 over Manual Arts' Carla Johnson

confident enough now to test the WR any time he runs.

In the two mile, Doug Padilla of Brigham Young, showed the L.A. folks what was to be the first of two consecutive convincing wins. The second came in the Times Meet. After running two laps in last place, Suleiman Nyambui moved up and took the lead at the 440, forcing a quicker pace. Padilla tucked in right behind him, and except for a brief period around the mile and a quarter mark when Duncan Macdonald made a move, he stayed there until two laps to go, with Macdonald and Canadian Paul Craig close behind. At that point, Padilla made a move and as Nyambui glanced over his left shoulder to see what was going on, Padilla shot by on the right. After that, it was all Padilla, despite a last attempt at a challenge by Nyambui on the last lap. Craig moved into third and Macdonald finished fourth.

The women's mile didn't have the level of talent of the men's event. No Mary Decker or Francie Larriue-Smith. It turned out to be a two person race as Maggie Keyes and Ellen Wessinghage went way out front right from the start. A 10 yard lead at the 800 became 70 yards at the 1320. Keyes, as she always does, took the lead from the start, while Wessinghage ran right behind her. Everyone who has seen Keyes run knew exactly what would happen. She would stay in front until Wess-

60 yard, new marks were posted. James Sanford, who does not get off the blocks especially fast, came from behind to take the lead at 40 yards and went on to a 6.09 blowout of the field. Evelyn Ashford, who does get out fast, did so again. She had to because Alice Brown got out faster. But by 15 yards she blew by Brown and left the whole field in her dust as she cruised to a meet record of 6.66.

For 10 minutes after the women's 60 yard hurdles Santa Monica College's Renee Felton was in a daze. She wandered around, blank-faced, glassy eyed and kept mumbling, "What did I do?" I'll tell you what she did: she won the race. She beat the Russian medalist Vera Kumisova. She held off UCLA's Lisa Gour-dine. She won in front of the Sports Arena crowd. She couldn't believe it, but those of us who know her were not surprised. We knew she could hurdle.

Komisova was never really in it and tipping the next to last hurdle, she lost her stride and pulled up in front of the last hurdle. She was already behind Felton and Gour-dine. Gour-dine was the one Felton had to beat and by the 3rd hurdle, she had moved ahead of her and held on the rest of the way. Running for the Santa Monica TC, her time was 8.06, not especially notable, but good enough.

In the men's 60 yard hurdles, Renaldo Nehemiah set a meet record while everyone else fought for second. So, what else is new?



Smith (Ath Attic) 57.4; 4. Takashi Nagao (Japan) 57.8; 5. Michael Turner (unat) 59.0.

880 Yard Run: 1. Don Paige (Ath Attic) 1:52.1; 2. Mike Bolt (Southern Cal. Striders) 1:52.9; 3. James Robinson (Inner City) 1:52.9; 4. Gerald Masterson (Santa Monica TC) 1:53.2; 5. David Mack (Oregon) 1:54.5; 6. David Korir (Utopian Int.) 1:54.5; 7. Mike White (Cal) 1:54.9.

One Mile Run: 1. Steve Scott (Sub-4) 3:53.7; 2. Eamonn Coghlan (Ireland) 3:54.3; 3. Ray Flynn (Ireland) 3:54.4; 4. Thomas Wessinghage (W. Ger.) 3:57.8; 5. Steve Lacy (Striders) 3:58.7; 6. Harold Hudak (W. Ger.) 3:59.2; 7. Filbert Bayi (Tanzania) 4:08.1.

Two Mile Run: 1. Doug Padilla (Brigham Young) 8:28.1; 2. Suleiman Nyambui (UTEP) 8:28.6; 3. Paul Craig (Canada) 8:30.4; 4. Duncan Macdonald (West Valley TC) 8:32.5; 5. David James (Great Britain) 8:38.5; 6. Dan Aldridge (Sub-4) 8:39.1; 7. Tom Wysocki (Sub-4) 8:42.7; 8. Jon Koningh (Sub-4) 8:50.8.

High Jump: 1. Greg Joy (Canada) 7-2; 2. Lee Balkin (UCLA) 7-2; 3. Brian Stanton (Long Beach CC) 7-0; 4. Shuji Ujino (Japan) 7-0; 5. Dan McNamara (unat) 6-10.

Pole Vault: 1. Anthony Curran (UCLA) 17-8½; 2. Felix Bohni (San Jose State) 17-4¼; 3. Itsuo Takanezawa (Japan) 17-0; 4. Dan Ripley (Pacific Coast Club) 17-0; 5. Steve Smith (Am Council of Ath) 17-0; 6. Ralph Haynie (Southern Cal Striders) 16-6.

Long Jump: 1. Larry Myricks (Ath Attic) 26-10¼; 2. Carl Lewis (Houston) 25-11¼; 3. Dannie Jackson (Arizona State) 24-8; 4. Larry Doubly (unat) 23-10¼; 5. Randy Williams (unat) 23-9; 6. Toshihisa Yoshimoto (Japan) 23-6¼.

Triple Jump: 1. Ron Livers (unat) 54-11½; 2. Willie Banks (unat) 54-1; 3. Ian Campbell (Australia) 53-8; 4. Henry Ellard (Fresno State) 51-11¼; 5. Milan Tiff (unat) 51-3; 6. Jose Salazar (East LA College) 47-7.

Women's Open:
60 Yard Dash: 1. Evelyn Ashford (unat) 6.66; 2. Alice Brown (LA Shaklee) 6.77; 3. Florence Griffith (UCLA) 6.97; 4. Gwen Loud (LA Merc) 7.00; 5. Lyudmilla Kondratyeva (USSR) 7.00; 6. Dolly Fleetwood (USC) 7.06.

60 Yard Hurdles: 1. Rene Felton (SMT) 8.06; 2. Lisa Gour-dine (UCLA) 8.14; 3. Maureen McGee (LA Merc) 8.32; 4. Vera Komisova (USSR) dnf.

500 Yard Dash: 1. Denean Howard (unat) 1:04.1; 2. Paulette Clagon (LA Merc) 1:04.5; 3. Deann Gutowski (LA Merc) 1:05.1.

880 Yard Run: 1. Robin Campbell (Stanford) 2:11.7; 2. Monica Joyce (San Diego St.) 2:12.7; 3. Stacy Kneeshaw (San Diego St.) 2:18.4; 4. Andrea Ward (LA Merc) 2:18.4; 5. Donna Fromme (LA Naturite) 2:22.5; 6. Kelly Cook (unat) 2:28.0.

One Mile Run: 1. Ellen Wessinghage (W. Ger.) 4:36.1; 2. Maggie Keyes (Ath West) 4:36.1; 3. Kim Schnurpfel (Stanford) 4:53.0; 4. Sheila Ralston (UCLA) 4:56.3; 5. Roma Antoniwicz (LA Naturite) 4:56.6; 6. Cheri Williams (UCLA) 5:00.3; 7. Lisa Selfin (SC Cheetahs) 5:01.3.

4 x 160-Yard Relay: 1. Inglewood Panthers 1:15.0; 2. Santa Monica TC 1:15.1; 3. Southern Cal Cheetahs 1:20.4.

4 x 440-Yard Relay: 1. Los Angeles Mercu-ettes (Clagon, Cumbess, Peterson, Gutowski) 3:42.5; 2. UCLA (Fowler, Law, Jerald, Griffith) 3:43.4; 3. Stanford TC (Johnson, Bolton, Martin, Campbell) 3:46.5; 4. Spiketees TC (Hemmons, Holland, Bonta, Johnson) 3:56.1.

Long Jump: 1. Marlene Harmon (LA Naturite) 19-10¼; 2. JoAnna Harper (East LA College) 19-10½; 3. Veronica Bell (SC Cheetahs) 19-5; 4. Christina Sandberg (C...)

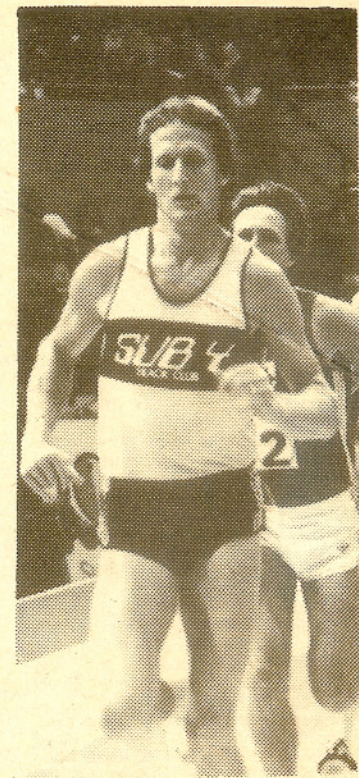


photo by Richard Slotkin

STEVE SCOTT

(Corona del Mar) 4:26.0.

Two Mile Run (rated): 1. Meyer (University, Irvine) 9:25.2; 2. Oleata (La Jolla) 9:27.2; 3. Crewe (Carpenteria) 9:28.3; 4. Bowlus (Rolling Hills) 9:31.6; 5. Schweikart (Barstow) 9:33.0.

Two Mile Run (seeded): 1. Ansberry (Santa Rita, Tucson) 9:12.1; 2. Atkinson (Mira Costa, Manhattan Beach) 9:13.3; 3. Marquez (Monroe, Van Nuys) 9:14.1; 4. Thomas (Santa Barbara) 9:19.1; 5. Bernal (Westmont, Campbell) 9:19.3; 6. Carlton (Northview, Covina) 9:30.4.

60 Yard High Hurdles: 1. Ashford (West Covina) 7.41; 2. McCoy (Edison, Fresno) 7.47; 3. White (Lynwood) 7.54; 4. Kerho (Mission Viejo) 7.62.

640 Relay Heat 1: 1. Muir 1:05.1; 2. Riverside Poly 1:06.6. **Heat 2:** 1. Washington, LA 1:06.9; 2. Serra, Gardena 1:08.1; 3. Long Beach Poly 1:09.4; 4. Santa Ana Valley 1:09.5. **Heat 3:** 1. Kennedy, Granada Hills 1:06.4; 2. Pasadena 1:06.6; 3. Banning, Wilmington 1:07.6; 4. Millikan (Long Beach) 1:09.4.

Mile Relay Heat 1: 1. Berkeley 3:26.2; 2. Crenshaw, LA 3:32.0; 3. Katella, Anaheim 3:38.8. **Heat 2:** 1. Pasadena 3:31.1; 2. Poly, Long Beach 3:34.0; 3. Manual Arts, LA 3:36.8. **Heat 3:** 1. Muir, Pasadena 3:26.9; 2. Centennial 3:30.4; 3. Serra, Gardena 3:32.7. **Heat 4:** 1. Riverside Poly 3:36.2; 2. Arcadia 3:37.1; 3. Nogales, La Puente 3:39.3.

Two Mile Relay Heat 1: 1. Dos Pueblos, Goleta 8:06.2; 2. Upland 8:14.3; 3. Camarillo 8:15.1. **Heat 2:** 1. Lakewood 8:10.7; 2. University (Irvine) 8:22.5; 3. Thousand Oaks 8:25.0.

make a fourseam at 5:43.5 and 6:55.4 splits. At the beginning of the seventh quarter Ansberry surged ahead and his 69 second seventh quarter put him 15 yards ahead of the opposition. A 67 final quarter resulted in a 9:12.1 victory over Atkinson's 9:13.3 and Marquez' 9:14.1. It would be nice if Ansberry, Butler, and Mission San Jose's star Jay Marden could get together for a two mile during the outdoor season.

A flock of super returnees in the half-mile resulted in three races for the men in the meet. Brendan Saunders of Bellarmine (San Jose) took Heat I at 1:56.5 over MacArthur Osborne (Crenshaw, LA) 1:57.0. Chris Monroe (LA Baptist) ran away with Heat II in 1:57.5. A special seeded race featured three of the nation's best in Pete Richardson (Berkeley) 1:50.19, Tony Davis (Gulfport, Mississippi) 1:50.34, and Scott Cox (Willson, Long Beach) 1:51.50. Hawthorne's David King, who had raced to a 1:53.9m this winter, led the tight group through a relaxed 57.5 440. With two of the 160 yard laps to go Cox moved to the lead with Richardson close behind. The Berkeley athlete made his big move off the final turn but could not get past Cox at the tape as both recorded 1:56.2's. Cox has burned a 1:51.6m the previous weekend outdoors. Octavio Morales took a rated mile race by a wide margin at 4:23.2. University of Irvine's Brad Meyer kicked away on the bell lap to take a rated two mile race at 9:25.2 over La Jolla's Mike Oleata at 9:27.2.

In the women's 500 Tina Howard (Kennedy, Granada Hills) won an exciting first heat at 1:08.3 over Manual Arts' Carla Johnson (1:08.8) and fast-closing Debbie Marsino (Cypress) 1:08.9. Margaret Demerast (Buscher, Santa Clara) took Heat II in 1:10.3. Smooth striding Erwin Hickman (Jefferson, LA) edged Chris Prietto (DeLASalle, Concord) 58.9-59.2 in the quickest men's 500 heat. Hickman blazed 22.3m outdoors the previous weekend and has an 800m best of 1:55.05. Leonard Graham (Centennial, Compton) who has blazed 21.1m and 47.8m outdoor marks already took Heat I at 59.4, and Norco's Darrel Willis was the Heat II victor at 59.0.

Ron McCoy (Edison, Fresno) nipped Paul Jones (Kennedy, Granada Hills) 23-2 1/4 - 23-1/4 in the long jump, while Mission of San Francisco's Ken Frazier rebounded from a long jump last place to win the triple jump over Jones 48-7 1/4 - 47-10 1/4. Rio Mesa of Oxnard's Matt Ross took Steve Sutherland (Monroe, Van Nuys) at 6-8 on misses in the high jump. Marc Anderson (Buscher, Santa Clara) was the only vaulter to clear a height, winning at 14-0. Dos Pueblos of Goleta took the first two mile relay heat in 8:06.2 with anchor Willie Rossow slipping under 2:00 at 1:59.2. Lakewood won by a wide margin in its 8:10.7

As with all these meets, the men's mile is the highlight of the night. Especially when Steve Scott and Eamonn Coghlan are in it. Coghlan is the holder of the world record and Scott has the U.S. record. And, they always go after each other. With UCLA's Brian Theriot as the rabbit, a slowish 880 resulted, at which point Ray Flynn took the lead and led this all-star field, which also included Thomas Wessinghage, Steve Lacy, Filbert Bayi and Harald Hudak. Flynn looked as though he was going for the whole works but at the 1320, Scott moved up front with Flynn and Coghlan right behind. But at the bell, Scott fired up the afterburners and ran off from everyone. Flynn seemed to have second locked up, but Coghlan turned on that faststick kick, as he always does, whether he's leading or lagging, and in the last 30 yards closed the gap and nipped Flynn at the tape. Scott's 3:53.7 was just 7 tenths off the U.S. record. Scott said that the slow start cost him a chance at the world record, but he feels strong enough and



photo by Richard Slotkin

POLLY PLUMMER

inghage decided to kick and then finish in second place. Keyes just cannot kick. Who knows why. The girls who run against her say she is a very strong runner and they respect her. But if you can stay close, you'll beat her. Fortunately, Wessinghage is not a great kicker either, so it was interesting...but inevitable. Going into the final turn Wessinghage went for it. Keyes picked up the pace noticeably...she didn't want it to happen again. But, the script proved true and despite identical times of 4:36.1, Wessinghage got enough for a photo-finish win.

Robin Campbell, now running for Stanford, fought San Diego State's Monica Joyce wire to wire to take the women's 880. Campbell took the early lead, but Joyce kept in contact. The two battled the whole way and Joyce took the lead with 2 laps to go. Campbell battled back, taking the lead on the final lap and holding off Joyce down the straight, and to the tape.

In the 500, Denean Howard had it a bit easier in that she was never challenged. Getting out fast she went wire to wire for a meet record of 1:04.1. But Mercuresses Paulette Clagon and Deann Gutowski weren't just along for the ride. While Howard was moving into all time 4th performance and performer, Clagon was tying all time 5th performance and performer and Gutowski all time 7th in each.

Moving to the sprints, there were several meet records. In both the men's and women's



photo by Richard Slotkin

DOUG PADILLA

Well, he did hit 2 hurdles. So, what else is new?

Don Paige showed he's still the best in the 880. Getting off to an early lead, he lost it to Mike Bolt at the 440, but retook it with a lap and a half to go.

Open Men:

60 Yard Dash: 1. James Sanford (unat) 6.08; 2. LaMonte King (Arizona St.) 6.21; 3. Michael Sanford (unat) 6.24; 4. Aleksandr Aksinin (USSR) 6.30; 5. Eric Brown (UCLA) 6.30; 6. Steve Brodi (Northridge State) 6.41.
The Legends 60 Yard Dash: 1. John Carlos 6.68; 2. Earl McCullough 6.96; 3. Mike Larabee 7.02; 4. Mack Robinson 7.05; 5. George Rhoden 7.21; 6. Alan Cranston 7.64.

50 Yard Hurdles: 1. Renaldo Nehemiah (DC International) 6.01; 2. Yuriy Chervanyev (USSR) 6.13; 3. Stewart (unat) 6.14; 4. Tony Campbell (unat) 6.14; 5. Greg Foster (unat) 6.29.

60 Yard Hurdles: 1. Renaldo Nehemiah (DC International) 6.98; 2. Tony Campbell (unat) 7.17; 3. Dedy Cooper (Bay Area Striders) 7.18; 4. Yuriy Chervanyev (USSR) 7.25; 5. Marcus Allen (UCLA) 7.72.

500 Yard Dash: 1. Bill Green (unat) 57.1; 2. Howard Henley (Arizona St.) 57.4; 3. Willie

7.00; 5. Lyudmila Kondratyeva (USSR) 7.00; 6. Dolly Fleetwood (USC) 7.06.

60 Yard Hurdles: 1. Rene Felton (SMTC) 8.06; 2. Lisa Gouridine (UCLA) 8.14; 3. Maureen McGee (LA Merc) 8.32; 4. Vera Komisova (USSR) dnf.

500 Yard Dash: 1. Denean Howard (unat) 1:04.1; 2. Paulette Clagon (LA Merc) 1:04.5; 3. Deann Gutowski (LA Merc) 1:05.1.

880 Yard Run: 1. Robin Campbell (Stanford) 2:11.7; 2. Monica Joyce (San Diego St.) 2:12.7; 3. Stacy Kneeshaw (San Diego St.) 2:18.4; 4. Andrea Ward (LA Merc) 2:18.4; 5. Donna Fromme (LA Naturite) 2:22.5; 6. Kelly Cook (unat) 2:28.0.

One Mile Run: 1. Ellen Wessinghage (W. Ger.) 4:36.1; 2. Maggie Keyes (Ath West) 4:36.1; 3. Kim Schnurpfel (Stanford) 4:53.0; 4. Sheila Ralston (UCLA) 4:56.3; 5. Roma Antonowicz (LA Naturite) 4:56.8; 6. Cheri Williams (UCLA) 5:00.3; 7. Lisa Sellfh (SC Cheetahs) 5:01.3.

4 x 160-Yard Relay: 1. Inglewood Panthers 1:15.0; 2. Santa Monica TC 1:15.1; 3. Southern Cal Cheetahs 1:20.4.

4 x 440-Yard Relay: 1. Los Angeles Mercuresses (Clagon, Cumbess, Peterson, Gutowski) 3:42.5; 2. UCLA (Fowler, Law, Jerald, Griffith) 3:43.4; 3. Stanford TC (Johnson, Bolton, Martin, Campbell) 3:46.5; 4. Spiketees TC (Hemmons, Holland, Bonta, Johnson) 3:56.1.

Long Jump: 1. Marlene Harmon (LA Naturite) 19-10 1/4; 2. JoAnna Harper (East LA College) 19-8 1/4; 3. Veronica Bell (SC Cheetahs) 19-5; 4. Christina Sandberg (Sweden) 18-7 1/4.

Community College Men:

4 x 440 Yard Relay: 1. Long Beach CC 3:19.5; 2. Mount San Antonio 3:20.4; 3. L.A. Valley 3:24.4; 4. West LA 3:28.8; 5. LA Southwest 3:31.1. Glendale dnf.

Sunkist High School Results

High School Boys:

60 Yard Dash: 1. Robinson (Berkeley) 6.36; 2. Shields (San Diego) 6.38; 3. Crittendon (Crenshaw, LA) 6.46; 4. Deleamar (Pasadena) 6.47; 5. White (McClymonds, Oakland) 6.50; 6. Todd (Serra, Gardena) 6.53.

Football Hero 60 Yard Dash: 1. Griffin (Millikan, Long Beach) 6.43; 2. Mills (Muir, Pasadena) 6.56; 3. P. Jones (Kennedy, Granada Hills) 6.64; 4. Wilhite (Cordova, Rancho Cordova) 6.64.

500 Yard Dash Heat 1: 1. Graham (Centennial, Compton) 59.4; 2. Johnson (Bakersfield) 59.9; 3. Cooper (Washington, LA) 61.3; 4. Thomas (Riverside Poly) 61.5. **Heat 2:** 1. Willis (Norco) 59.0; 2. Townsend (Poly, Long Beach) 59.7; 3. Flint (Crescenta Valley, La Crescenta) 61.1. **Heat 3:** 1. Hickman (Jefferson, LA) 58.9; 2. Prietto (De La Salle, Concord) 59.2; 3. Ware (Centennial, Compton) 59.7; 4. Walker (Berkeley) 60.0.

880 Yard Run (rated) Heat 1: 1. Saunders (Bellarmine, San Jose) 1:56.5; 2. Osborne (Crenshaw, LA) 1:57.0; 3. Wells (Santa Ana Valley) 1:59.2. **Heat 2:** 1. Monroe (LA Baptist) 1:57.5; 2. Cummings (Palos Verdes) 1:59.9.

880 Yard Run (seeded): 1. Cox (Long Beach Wilson) 1:56.2; 2. Richardson (Berkeley) 1:56.2; 3. King (Hawthorne) 2:01.4.

One Mile Run (rated): 1. O. Morales (Camarillo) 4:23.2; 2. Parker (Tustin) 4:27.6; 3. Morris (Barstow) 4:27.8; 4. McGaha (Orange) 4:33.9; 5. Artaega (Banning, Wilmington) 4:36.3.

One Mile Run (seeded): 1. Butler (Edison, Huntington Beach) 4:13.9; 2. Thoenes (Santa Rita, Tucson) 4:18.0; 3. Valen (El Modena, Orange) 4:20.8; 4. Hartford (Corona del Mar) 4:21.5; 5. Smallwood (Corcoran) 4:22.3; 6. LaCrosse (Costa Mesa) 4:24.2; 7. Gallagher

STEVE SCOTT

(Corona del Mar) 4:26.0.

Two Mile Run (rated): 1. Meyer (University, Irvine) 9:25.2; 2. Oleata (La Jolla) 9:27.2; 3. Crewe (Carpenteria) 9:28.3; 4. Bowlus (Rolling Hills) 9:31.6; 5. Schweikart (Barstow) 9:33.0.

Two Mile Run (seeded): 1. Ansberry (Santa Rita, Tucson) 9:12.1; 2. Atkinson (Mira Costa, Manhattan Beach) 9:13.3; 3. Marquez (Monroe, Van Nuys) 9:14.1; 4. Thomas (Santa Barbara) 9:19.1; 5. Bernal (Westmont, Campbell) 9:19.3; 6. Carlton (Northview, Covina) 9:30.4.

60 Yard High Hurdles: 1. Ashford (West Covina) 7.41; 2. McCoy (Edison, Fresno) 7.47; 3. White (Lynwood) 7.54; 4. Kerho (Mission Viejo) 7.62.

640 Relay Heat 1: 1. Muir 1:05.1; 2. Riverside Poly 1:06.6. **Heat 2:** 1. Washington, LA 1:06.9; 2. Serra, Gardena 1:08.1; 3. Long Beach Poly 1:09.4; 4. Santa Ana Valley 1:09.5. **Heat 3:** 1. Kennedy, Granada Hills 1:06.4; 2. Pasadena 1:06.6; 3. Banning, Wilmington 1:07.6; 4. Millikan (Long Beach) 1:09.4.

Mile Relay Heat 1: 1. Berkeley 3:26.2; 2. Crenshaw, LA 3:32.0; 3. Katella, Anaheim 3:38.8. **Heat 2:** 1. Pasadena 3:31.1; 2. Poly, Long Beach 3:34.0; 3. Manual Arts, LA 3:36.8. **Heat 3:** 1. Muir, Pasadena 3:26.9; 2. Centennial 3:30.4; 3. Serra, Gardena 3:32.7. **Heat 4:** 1. Riverside Poly 3:36.2; 2. Arcadia 3:37.1; 3. Nogales, La Puenta 3:39.3.

Two Mile Relay Heat 1: 1. Dos Pueblos, Goleta 8:06.2; 2. Upland 8:14.3; 3. Camarillo 8:15.1. **Heat 2:** 1. Lakewood 8:10.7; 2. University (Irvine) 8:22.5; 3. Thousand Oaks 8:25.0.

High Jump: 1. Ross (Rio Mesa, Oxnard) 6-8; 2. Sutherland (Monroe, Van Nuys) 6-8; 3. Hart (Servite, Anaheim) 6-6; 4. tie Yamamoto (Japan) & Wicker (millikan, Long Beach) 6-6.

Long Jump: 1. McCoy (Edison, Fresno) 23-2 1/4; 2. P. Jones (Kennedy, GH) 23-0 1/4; 3. Tave (Muir, Pasadena) 22-2 1/4; 4. Frazier (Mission, San Francisco) 20-3 1/4.

Triple Jump: 1. Frazier (Mission, SF) 48-7 1/4; 2. P. Jones (Kennedy, GH) 47-10 1/4; 3. Tave (Muir, Pasadena) 46-7 1/2; 4. Anderson (Fremont, LA) 46-4.

Pole Vault: 1. Alexander (Bucser, Santa Clara) 14-0.

High School Girls:

500 Yard Dash Heat 1: 1. Howard (Kennedy, GH) 68.3; 2. C. Johnson (Manual Arts, LA) 68.8; 3. Marsino (Cypress) 68.9. **Heat 2:** 1. Demarest (Buchser, Santa Clara) 70.3; 2. Churchman (Rio Mesa, Oxnard) 71.9; 3. Florida (Costa Mesa) 72.0.

880 Yard Run (rated): 1. Stoughton (Corona del Mar) 2:14.8; 2. Dunn (Camarillo) 2:15.7; 3. Pratt (Edison, HB) 2:20.2; 4. Cooper (Fontana) 2:20.3.

880 Yard Run (seeded): 1. R. Jacobs (Argyll Academy, North Hollywood) 2:12.8; 2. King (Milpitas) 2:14.8; 3. Spies (Livermore) 2:15.0.

One Mile Run (rated): 1. Mason (Buena, Ventura) 4:59.9; 2. Manriquez (Burbank) 5:06.9; 3. Gaffield (El Cerrito) 5:08.5; 4. Anderson (Tucson) 5:10.2; 5. Ball (Newbury Park) 5:10.2; 6. Villanueva (Fountain Valley) 5:10.4.

One Mile Run (seeded): 1. Plumer (University, Irvine) 4:56.9; 2. Cook (Alemany, Mission Hills) 4:56.9; 3. Weber (Lynbrook, San Jose) 4:59.8; 4. Hazlett (Saugus) 5:03.5; 5. McGlinchey (Fountain Valley) 5:04.9; 6. Spotts (Redondo) 5:08.7; 7. Waitther (Chatsworth) 5:09.4; 8. Barrios (University, Irvine) 5:15.4.

640 Relay Heat 1: 1. Fremont, LA 1:16.5; 2. Crenshaw, LA 1:17.4; 3. Kennedy, GH 1:17.6; 4. West Torrance 1:18.6. **Heat 2:** 1. Ganeshia 1:15.7; 2. Manual Arts, LA 1:15.8; 3. Monrovia 1:19.3. **Heat 3:** 1. Poly, Long Beach 1:17.8; 2. Dorsey, LA 1:19.1; 3. Muir, Pasadena 1:20.6; 4. Thousand Oaks 1:23.2.

continued on next page...

Los Angeles Times

By DOUG SPECK

February 13: The Forum, Inglewood.

Featured in the Twenty-Second Annual Los Angeles Times Indoor Games at the Inglewood Forum on unlucky Friday the thirteenth for the guy who read the Accutrack photo in the Men's 60 were the sprint showdown between Stanley Floyd and James Sanford and an exciting, deep Men's One Mile Race. The decision to rent out from the L.A. Sports Arena their quick 160 yard track and bring it over to the Forum for this meet was a good one. The mildly banked and mushy Forum loop was not noted as a speedy one, to put it mildly. The old Pro West design proved itself again to be the best under a roof, with meet records in the events that went around the most (the mile and two mile, with the Junior College Mile Relay knocked down a mild 3.2 seconds).

It was too bad everybody left the meet thinking they had seen Stanley Floyd equal the World Record for 60 yards when he had not. The duel between he and James Sanford would be the first this season between the two hot sprint stars - Floyd having rocketed 6.04 twice at the

a closer examination of the photo showed the times to be Floyd 6.10-Sanford 7.17. A classic showdown it was -- it was just too bad fans had their spirits lifted by the record tie, then opened the paper Tuesday to be disappointed.

The One Mile Run is once again a spotlighted event, and even without a couple of the chief actors of late it was a top event here. The newest Irish flash, Ray Flynn, had run the best this winter, but the field included New Zealand's John Walker, second and third placers in Steve Ovett's world record 1500 last summer, Thomas Wessinghage and Harald Hudak of West Germany; Kenya's Wilson Waigwa; and promising American talents Todd Harbour and Tom Byers.

Kenya's David Omwanza adopted the early pacing chores leading the tight pack through a 58.7 opening quarter. Flynn became impatient as the group approached the half, and he moved to the lead in 1:58.5 as Walker moved up to second with Wessinghage in close tow. At the three-quarters in 2:57.4 Flynn exploded and had built up a twelve yard lead with two short laps to go. Walker, and then Byers, passed Wessinghage during a frantic last lap rush which left them short of the flying Irishman, as Flynn won in 3:54.9. Walker's 3:55.2 and Byers' surprising 3:56.0 led seven under 3:58.3. The new track proved to be a fine investment here, as the old meet record was 3:58.3. Everybody in the race ran the last half in the 1:56-1:57 range during the exciting build into the finish. Byers was especially surprising, as his move with Athletics West has seemed to bring forth the potential he showed way back when as an Ohio State frosh.

Top field events were the triple jump and the pole vault. Larry Livers, repres-

Fleetwood was out with Brown, but the Olympic Trials dash victor pulled away to a 6.89 - 6.99 win with Dawkins (7.00) and Hopkins (7.01) closing at the end.

Brigham Young University's Doug Padilla, two weeks after an impressive two mile triumph over Suleiman Nyambui here in the Sunkist Meet, returned to take another win at that distance over an international field. Englander David James (an 8:20 man) and Dick Buerkle helped Doug with the pace chores through 60.4-2:05.8-3:10.7-4:15.0-5:20.1-6:23.0-7:27.4 quarter mile splits. Padilla seemed very much in control, pushing the pace when it lagged and beginning a steady drive with eight of the short laps to go -- he really exploded with a quarter to go and cranked 58.6 during a solo finishing 440. This guy bears watching as he looks far from the wall during long finishing kicks in his recent wins.

Dedy Cooper continued as a Los Angeles Times Meet fixture with his fourth consecutive high hurdle win here. Cuba's Alejandro Casanas (7.23) nipped Dan Lavitt (7.26) in heat I over the 60 yard distance, while Greg Foster ran down Cooper in heat II in exactly the same times. In the Final all but Foster were out nicely, and Greg plain ran out of track at the end as he just missed catching Cooper 7.12 to 7.16. Foster bemoaned his poor start in post-race interviews.

Jeff Woodward continued his fine high jumping, taking UTEP and Canadian Milt Ottey on misses at 7-4. Dwight Stones could only get over 7-0 in third.

The women's 500 yard featured a lesson in pacing for UCLA's Arlise Emerson, who had blasted to a fifteen yard lead over a good group by the second lap -- the inevitable bear, and then

State's import Billy Konchellah favored the same script over another Kansan, Mike Ricks, in a 1:10.9 to 1:11.0 600 yard win. And not to be outdone, Kenyan Peter Lemashon of UTEP, chased down countryman David Korir after a 1:54.3 half with an amazing last half lap to take the 1000 yards 2:09.1 - 2:09.3.

The only Cuban entry to meet with real success was Ana Alexander, who won the long jump at 20-9½ over Jodi Anderson (20-3½) and Joanna Harper (19-10¼).

A football hero 60 featured a tight duel between former L.A. area prep track and football stars Kevin Williams (USC) and Kerwin Bell (Kansas). Williams ran down the quick starting Kansas University frosh 6.40 to 6.42.

With Pasadena CC sitting out the indoor circuit Long Beach City College and Coach Ron Alice continue to race only records -- here their 3:17.7 win took the meet record down some three seconds.

Edison of Huntington Beach's Jon Butler again dominated the local high schoolers in a distance race. Through a 4:32.6 mile of the two mile race only Mike Carlton (Northview, Covina) could stay close. Butler drove clear during the sixth quarter and finished off strongly with a 60.3 last 440 to win in a fine 8:55.2. Monroe HS of Van Nuys' star Cesario Marquez nipped the improving Carlton at the tape as both recorded 9:11.6.

A wild 8x160 sprint relay for high schoolers featured some funky hand-offs and tight competition. Long Beach Poly's Victor Townsend held off Muir football star Ron Brown on the anchor as both squads timed 2:15.8

RESULTS

Women:

60 Yard Dash (heat I): 1. Brown (Shaklee TC) 6.76; 2. Fleetwood (So Cal Cheetahs) 6.95; 3. Anderson (LA Naturite) 7.01; 4. Loud (LA Mercurettes) 7.29.

60 Yard Dash (heat II): 1. Dawkins (Long Beach Comets) 6.88; 2. Hopkins (Inglewood Panthers) 6.89; 3. Griffith (UCLA) 6.94; 4. Alexander (Cuba) 7.30.

60 Yard Dash Final: 1. Brown 6.89; 2. Fleetwood 6.99; 3. Dawkins 7.00; 4. Hopkins 7.01.

60 Yard Hurdles (heat I): 1. Washington (LA Shaklee TC) 7.96; 2. McGee (LA Mercurettes) 8.12; 3. Glotzer (LA Naturite TC) 8.38.

60 Yard Hurdles (heat II): 1. Harmon (LA Naturite TC); 2. Gouridine (UCLA) 8.31; 3. Blake (CS Bakersfield) 8.50.

60 Yard Hurdles Final: 1. Washington 7.86; 2. Harmon 8.03; 3. McGee 8.11; 4. Felton (Santa Monica TC) 8.22.

500 Yard Dash: 1. Peterson (LA Mercurettes) 1:05.4 (equals meet record); 2. Gutowski (LA Mercurettes) 1:05.5; 3.

Clagon (LA Mercurettes) 1:05.7; 4. Emerson (UCLA) 1:08.0.

1000 Yard Run: 1. Campbell (Stanford TC) 2:27.2; 2. Larrieu-Smith (Pacific Coast Club) 2:28.8; 3. Joyce (San Diego State) 2:29.2; 4. Wessinghage (W Ger.) 2:33.0; 5. Kelley (Athletics West) 2:36.5.

Long Jump: 1. Alexander (Cuba) 20-9½; 2. Anderson (LA Naturite TC) 20-3½; 3. Harper (East LA CC) 19-10¼; 4. Harmon (LA Naturite TC) 19-3; 5. Loud (LA Mercurettes) 18-11¼; 6. Evans (LA Mercurettes) 18-9.

Men:

60 Yard Dash (heat I): 1. Floyd (Unat) 6.13 (meet record); 2. King (Arizona State) 6.28; 3. Simons (San Diego State) 6.29; 4. Harvey (Stars & Stripes) 6.50.

60 Yard Dash (heat II): 1. Sanford (Unat) 6.17; 2. King (Unat) 6.22; 3. Brown (UCLA) 6.40; 4. Woodson Houston Athletics) 6.53.

60 Yard Dash Final: 1. Floyd 6.10 (meet record); 2. Sanford 6.17; 3. E. King 6.19; 4. L. King 6.29.

Football Hero 60: 1. Williams (USC) 6.40; 2. Bell (Kansas) 6.42; 3. Martin (CPSLO) 6.62; 4. Margerum (Stanford) 6.80.

60 Yard Hurdles (heat I): 1. Casanas (Cuba) 7.23; 2. Lavitt (Pacific Coast Club) 7.26; 3. Veatch (So Cal Striders) 7.40; 4. Frazier (CS Bakersfield) 7.58.

60 Yard Hurdles (heat II): 1. Foster (Unat) 7.23; 2. Cooper (Bay Area Striders) 7.26; 3. Turner (Stars & Stripes) 7.36; 4. Lenstroh (Arizona State) 7.53.

60 Yard Hurdles Final: 1. Cooper 7.12; 2. Foster 7.16; 3. Casanas 7.24; 4. Lavitt 7.24.

500 Yard Dash: 1. Kamber (San Jose State) 57.4; 2. Hogan (Kansas) 57.5; 3. Martinez (Cuba) 60.2; 4. Nagao (Japan) did not finish.

600 Yards: 1. Knochellah (San Diego State) 1:10.9; 2. Ricks (Kansas) 1:11.0; 3. Poehling (Pacific Coast Club) 1:11.2; 4. Masterson (Santa Monica TC) 1:11.6.

1000 Yards: 1. Lemashon (UTEP) 2:09.1; 2. Korir (Utopian TC) 2:09.3; 3. Martin (Athletics West) 2:09.4; 4. Mack (Oregon) 2:09.8.

One Mile: 1. Flynn (New Balance TC) 3:54.9 (meet record); 2. Walker (New Zealand) 3:55.2; 3. Byers (Athletics West) 3:56.0; 4. Wessinghage (W. Ger.) 3:56.3; 5. Harbour (Baylor) 3:57.3; 6. Hudak (W. Ger.) 3:57.5; 7. Waigwa (Kenya) 3:58.3; Omwanza did not finish.

Two Mile: 1. Padilla (BYU) 8:26.0 (meet record); 2. Buerkle (NYAC) 8:29.0; 3. James (Wales) 8:30.8; 4. Aldridge (Sub 4) 8:40.4; 5. Barie (Tanzania) 8:45.0; 6. Shahanga (Tanzania) 8:46.8.

Mile Relay: 1. Arizona State (L. King, D. Evans, Tubbs, Henley) 3:17.7; 2. Kansas 3:33.2.

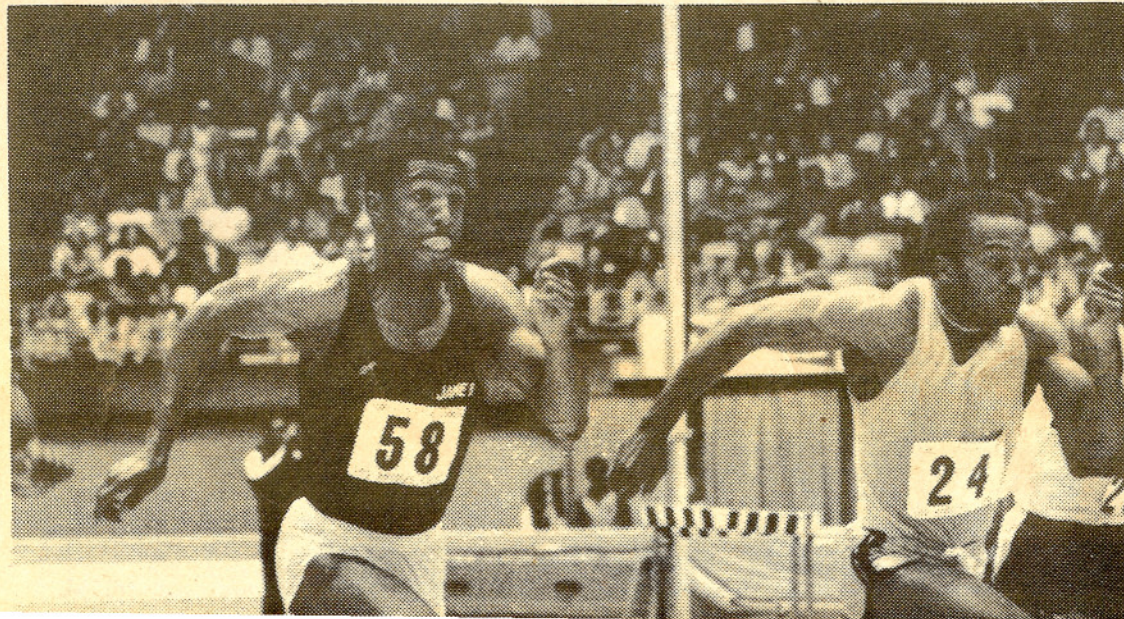




photo by Bill Leung, Jr.

James Sanford (left) and Stanley Floyd

Dallas Invitational, while James blasted a 6.08 in the local Sunkist Meet. The associated tension in the short dashes frequently slows the big guns a touch when they all gather. To assume a super competitive race and a record may be a bit much to ask every time around. Stanley comfortably rocketed away from his heat field after 15-20 yards to win in a meet record 6.13 60 yards. Sanford blasted a 6.17 in Heat II with Emmit King close enough to keep it interesting in 6.22. In the Final Floyd was out inches ahead, eased away after 20 yards, and seemed to have the race well in hand at the tape -- raising an index finger at the finish. On TV replays he appeared to have won by close to a yard. The first announcement had Floyd 6.04, LaMonte King 6.06, with Sanford 4th at 6.29. That was quickly straightened out to say Floyd 6.04 - Sanford 6.06. By the next Monday

entering the Monterey Institute (for Triple Jumpers???), easily topped a deep in quality field with his 55-3 performance. The next five in the event were bunched between Willie Banks' 53-11½ and Arizona State frosh Charles Mayfield at 52-4½. Tom Hintnaus took the Vault at 17-6½ on misses over UCLA's Anthony Curran -- it appears before the year is over Curran will show people Coach Bob Larsen of UCLA can coach events besides the distances.

The top Women's event in the meet was the 60 yard dash. World record holder, at 6.62, Alice Brown, faced a local field. Brown used a rocket start in her heat to romp to a 6.76 win. In heat II high schooler Latanya Dawkins (Long Beach Comets -- Dorsey, L.A. High) nipped Lisa Hopkins 6.88 to 6.89 as Florence Griffith in third (6.94) was shut out of the Final. A half-hour later in the Final Dolley

the pack caught her during the final 160 yard go-round. Brenda Peterson was toughest over her LA Mercurette teammates Deann Gutowski and Paulette Clagon in the last half-lap to win at 1:05.4 (the equal 10th performance in indoor history).

Robin Campbell easily kicked away from early pacesetter Monica Joyce (San Diego State - Canada) during the last lap of the 1000 yard to win at 2:27.2, while Francie Larrieu eased into second during the same loop.

Jackie Washington, of the LA Shaklee TC, dominated a Women's 60 yard lows field with 7.96(heat) and 7.86(final) efforts.

The men's middle distance events all featured close finishes decided during a finishing sprint. San Jose State import Urs Kamber eased past quick starting, but late fading, Kansan, Deon Hogan, to take the 500 yards 57.4 to 57.5. San Diego

photo by Richard Slotkin



Brenda Peterson (left) and Arlise Emerson

Cneetans) 6.95; 3. Anderson (LA Naturite) 7.01; 4. Loud (LA Mercurettes) 7.29.
60 Yard Dash (heat II): 1. Dawkins (Long Beach Comets) 6.88; 2. Hopkins (Inglewood Panthers) 6.89; 3. Griffith (UCLA) 6.94; 4. Alexander (Cuba) 7.30.
60 Yard Dash Final: 1. Brown 6.89; 2. Fleetwood 6.99; 3. Dawkins 7.00; 4. Hopkins 7.01.
60 Yard Hurdles (heat I): 1. Washington (LA Shaklee TC) 7.96; 2. McGee (LA Mercurettes) 8.12; 3. Glotzer (LA Naturite TC) 8.38.
60 Yard Hurdles (heat II): 1. Harmon (LA Naturite TC); 2. Gouridine (UCLA) 8.31; 3. Blake (CS Bakersfield) 8.50.
60 Yard Hurdles Final: 1. Washington 7.86; 2. Harmon 8.03; 3. McGee 8.11; 4. Felton (Santa Monica TC) 8.22.
500 Yard Dash: 1. Peterson (LA Mercurettes) 1:05.4 (equals meet record); 2. Gutowski (LA Mercurettes) 1:05.5; 3.

600 Yards: 1. Knochehlah (San Diego State) 1:10.9; 2. Ricks (Kansas) 1:11.0; 3. Poehling (Pacific Coast Club) 1:11.2; 4. Masterson (Santa Monica TC) 1:11.6.

1000 Yards: 1. Lemashon (UTEP) 2:09.1; 2. Korir (Utopian TC) 2:09.3; 3. Martin (Athletics West) 2:09.4; 4. Mack (Oregon) 2:09.8.

One Mile: 1. Flynn (New Balance TC) 3:54.9 (meet record); 2. Walker (New Zealand) 3:55.2; 3. Byers (Athletics West) 3:56.0; 4. Wessinghage (W. Ger.) 3:56.3; 5. Harbour (Baylor) 3:57.3; 6. Hudak (W. Ger.) 3:57.5; 7. Waigwa (Kenya) 3:58.3; Omwansa did not finish.

Two Mile: 1. Padilla (BYU) 8:26.0 (meet record); 2. Buerkle (NYAC) 8:29.0; 3. James (Wales) 8:30.8; 4. Aldridge (Sub 4) 8:40.4; 5. Barie (Tanzania) 8:45.0; 6. Shahanga (Tanzania) 8:46.8.

Mile Relay: 1. Arizona State (L. King, D. Evans, Tubbs, Henley) 3:17.7; 2. Kansas 3:33.2.

photo by Richard Slotkin



Jon Butler

High Jump: 1. Woodard (Alabama) 7-4; 2. Ottey (UTEP) 7-4; 3. Stones (PCC) 7-0; 4. Gwozdz (Poland) & Curtis (Striders) 7-0.

Pole Vault: 1. Hintnaus (So Cal Striders) 17-6½; 2. Curran (UCLA) 17-6½; 3. Ripley (PCC) 17-0¾; 4. Woepse (Am. Council of Ath.) 17-0¾; 5. Bohni (San Jose State) 17-0¾; 6. Takenazawa (Japan) 16-6¾.

Triple Jump: 1. Livers (Monterey Institute) 55-3; 2. Banks (Unat) 53-11½;

and event results, including a two-event sprint series between Stanley Floyd and James Sanford that resulted in a world best equalling performance by the Southern Californian—but everything built to the last Open event on the program, The One Mile, and no one left disappointed.

The mile field radiated excitement. The Irish duo of Eamon Coghlan and Ray Flynn had been hot, with the indoor record, 3:52.6, set here by Coghlan in 1979. New Zealand's John Walker, West Germany's 3:31.96 1500 meter runner Harald Hudak, and Tanzania's Filbert Bayi rounded out the foreign contingent. Americans Steve Scott and Athletics West's Phil Kane, who turned out to be the rabbit, were the other entrants. This was as good a field as had gathered anywhere at anytime. The race had athletes with character enough to see that the event was not handed to a kicker after a moderate 1320 split, and a good number in the field had justifiable confidence in their ability to win.

Kane took the pack through a 58.5 quarter split, then accelerated the tempo through a 1:55.4 880 with Scott, Coghlan, Flynn, and Walker 1:56.6 through 1:57.0. The only action of note up to that point was a burst by Coghlan to move from way back to up near the front. Scott moved to the lead with the above mentioned trio still close during the third quarter, as Kane dropped out. Scott hit the 1320 at 2:55.4 and with the next three under 2:56.0 you could sense it was going to happen. Things began to quickly build with Coghlan breaking into a full sprint with two of the 160 yard laps to go and take the lead. He later indicated that he planned this all-out break a bit earlier than normal to surprise Scott. The flying Irishman rocketed the last part of his 55.0 final 440 and burst through the tape at 3:50.6, shattering his old world best by a massive two seconds. Scott was strong all the way in to a 3:51.8 (American Record) for second, with Walker's 3:52.8 in third the fourth best in history indoors. Flynn was fourth at 3:53.6. The race embodied all that is exciting about the Classic One Mile distance—a good field, exciting competition, and the amazing ability of these athletes to pile sub-60 second quarter miles on top of each other.

Over on the straight-away Stanley Floyd and James Sanford were sorting out the issue of the World's Fastest Human. Their race the week previous in the LA Times Meet (where Floyd won) was marred by an Accutrack photo misreading that changed Stanley's winning time from a world best equalling 6.04 to 6.10 two days later. Here, Floyd and Sanford would attack a world 50 meter record, then a half-hour later battle over 60 yards. The 50 meter world best is 5.61, set by East Germany's Manfred Kokot back in 1973. This was a carbon copy of last week's race start, with Floyd perhaps an inch or two ahead through 15-20 meters. Last time around Floyd appeared to have a smooth shift at that point and move away—not this week. This time it was Sanford with the stronger second half and he narrowly won 5.61 to 5.63, tying Kokot's record. The 60 yard race was kind of an instant replay, with the margin in this one .03, as Sanford raced the equal fourth performance of all-time with 6.07 (and Floyd's the equal eighth). These guys are pretty well matched, and their get togethers outdoors should be very interesting.

Larry Myricks nooped 27-6 in the long jump

his first five trials he sailed out to a fine 27-2¾ on his final attempt. He still lands nearly out of the pit to the right. Mr. Lewis of Houston created some fireworks this same evening down in the Southwest Conference meet (27-10¼) to push Larry's mark in San Diego back to fourth equal all time.

Evelyn Ashford showed up in a red body suit this week, and in the absence of Alice Brown, blasted away from Jodi Anderson and the rest of the ladies in a 6.68 for 60 yards (the fifth fastest in world history).

Local favorite Thom Hunt (Patrick Henry High 1976, University of Arizona, now unattached) came to run the two mile. Henry Rono and Alberto Salazar were scratches, so Steve Lacy and Bill McChesney seemed to be the best competition. After the Oregon Olympian led the pack through a 3:11.1 1320 split, Hunt blasted into the lead, covering the next 440 in 60.7. Nobody ever got closer than four or five seconds from there on in, as the crowd lifted Hunt in over the final laps to an 8:27.6. Dan Aldridge continues to improve over the longer distances, with his 8:35.8 in third behind Lacy's 8:34.1.

Dwight Stones bounced back this week to win the high jump at 7-4 on misses over James Frazier. Mike Marlow won the triple jump with a fine 55-0, but had a couple of very long fouls called because he dragged his free foot during the second of the three leaps.

Mike Boit led the half-milers through a 55.0 quarter split and said good-by. He led by twelve yards at the bell, and won in 1:48.6. Everyone else in the field passed the athlete in second with one lap to go, Billy Konchellah, during the final sprint. Tom Byers continues to impress—here 1:49.7 in second with a closing rush.

San Jose State and Switzerland's Felix Bohni took the pole vault at 17-6 as six of the ten man field failed to clear the opening height of 16-6. Herman Frazier easily took the 500 yards at 56.8.

The Los Angeles Mercuresses were joined by Lorna Forde in the 500 yards. Lorna was able to get by all of that team except Brenda Peterson during a last lap rush, as Peterson's 1:04.6 win made her the seventh performer all time in the event.

Arizona's Joan Hansen nipped San Diego State's improving Canadian, Lynn Kanuka, 4:36.9 to 4:37.4 in the women's mile.

HIGH SCHOOL DIVISION

A trio of Southern Section distance stars dropped in to highlight the prep portion of the meet. Jon Butler (Edison, Huntington Beach) and Polly Plummer (University, Irvine) were one mile winners in the LA Sunkist Meet. They and Long Beach Wilson's 880 star, Scott Cox, came south and improved their times as the outdoor season nears.

Plummer should have been in the Open Women's Mile as an unattached competitor. Against the high-schoolers she lapped the eight girl field on the way to a twenty-four second 4:52.8 win—she scooted the final quarter in 68.2. Butler took the guys' mile out through 661.9-2:04.6-3:08.5 quarter splits. He finished unpressed in 4:11.3, as Cox PR'd in second at 4:15.0.

Another distance runner who showed real potential was Sue Lachel of Monte Vista (Spring Valley). In the two mile she basically ran 5:40 and 5:20 mile splits on the way to an 11:01.4 meet record.

San Diego High School's fine sprinter

women's division at 7.0—she returned in an empty lane in the Open race to run 7.20 (electronic).

The San Diego Cougars Track Club girls dominated relay action—they had the top 4*160 time at 1:15.2, and took the Mile Relay at 4:08.7. Team member Cheryl Taylor took the 500 yards at 1:09.7. Chris Mose (El Cajon) took

Francis led three over 6-4 in the high jump, Bonita Vista's Mark McKinney took the long jump at 21-7¼, and Jay Vavra (Valhalla) won the pole vault at 13-6. Jay Moore of Morse took the 1000 yards at 2:21.2.

JUNIOR COLLEGE

Grossmont took both the Community Col-

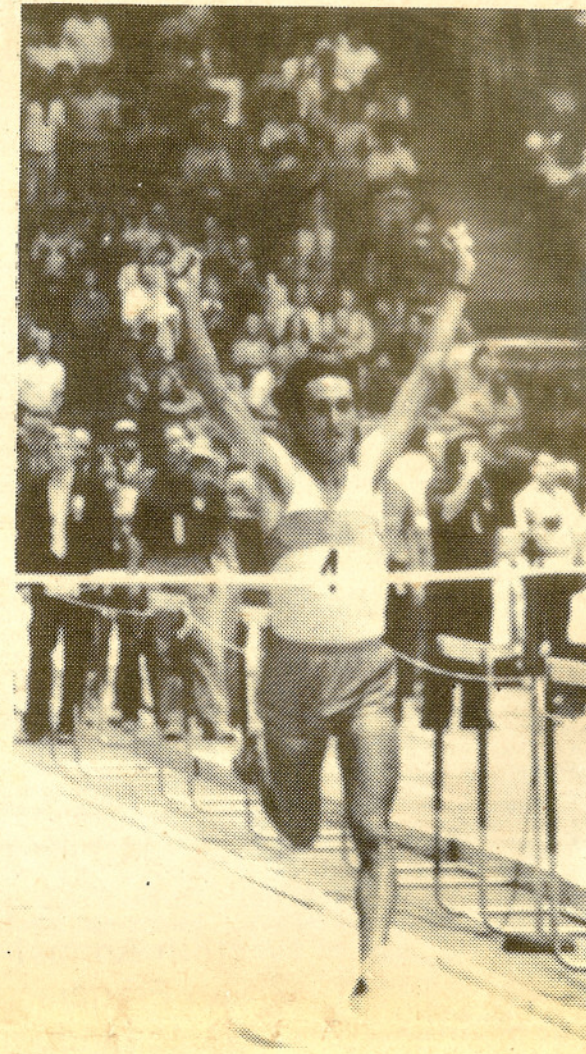


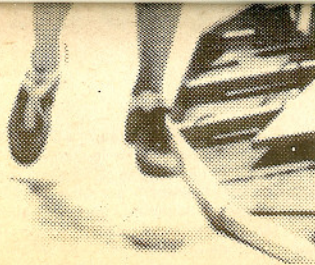
photo by Richard Slotkin

Thom Hunt

the girls long jump in a meet record 17-5¼.

Stan Aguilar (Helix, La Mesa) took the two mile at 9:31.2, as Santana's Dave Ivy had a kick that left him a little short at 9:33.8. El Camino of Oceanside star Bruce Mitchell (a 14.4 hurdler in 1981) took the 60 yard highs in 7.65. Morse out together the quickest 4:15.0

lege events. The first was a 3:27.9 mile relay victory. A basically intersquad event in the one mile (7 Grossmont athletes, two from other schools) had Steve McCormack moving away from teammate Mike Pope in the last quarter to win for the Griffins in an excellent 4:09.12 to 4:07.



Jon Butler

High Jump: 1. Woodard (Alabama) 7-4; 2. Ottey (UTEP) 7-4; 3. Stones (PCC) 7-0; 4. Gwozdz (Poland) & Curtis (Striders) 7-0.

Pole Vault: 1. Hintnaus (So Cal Striders) 17-6½; 2. Curran (UCLA) 17-6½; 3. Ripley (PCC) 17-0¾; 4. Woepse (Am. Council of Ath.) 17-0¾; 5. Bohni (San Jose State) 17-0¾; 6. Takenazawa (Japan) 16-6¾.

Triple Jump: 1. Livers (Monterey Institute) 55-3; 2. Banks (Unat) 53-11½; 3. Tiff (Monterey Institute) 53-9; 4. Caldwell (Stars & Stripes) 53-6; 5. Hanna (UTEP) 53-2; 6. Mayfield (Arizona State) 52-4½.

Junior College:

One Mile Relay: 1. Long Beach City College (G. Peppers 49.3; M. Thompson 49.5; D. Jones 49.7; B. Holloway 49.2) 3:17.7 (meet record); 2. Glendale 3:22.1; 3. Mt. SAC 3:25.3; 4. Citrus 3:29.6.

High School:

8x160 Relay: 1. Long Beach Poly 2:15.8; 2. Muir 2:15.8; 3. Fremont 2:16.6.

Two Mile Run: 1. Butler (Edison, Huntington Beach) 8:55.2; 2. Marquez (Monroe, Van Nuys) 9:11.6; 3. Carlton (Northview, Covina) 9:11.6; 4. Thomas (Santa Barbara) 9:23.0; 5. Hartford (Corona del Mar) 9:31.5; 6. Smallwood (Corcoran) 9:35.6.

San Diego Jack in the Box

By DOUG SPECK

February 20: San Diego Sports Arena. Fifteenth Annual San Diego Jack in the Box Invitational Indoor.

In the Meet program they call him the "King of the Milers" though he never runs the event. As the story goes on to correctly explain Mr. Al Franken deserves the title for his ability to gather the World's best at the distance and get results in the meets he promotes. At the end of each indoor season his "Jack in the Box" meet is San Diego continues the tradition. His February 20th, 1981 edition (the fifteenth annual) produced the best ever mile race in the United States. The meet had a number of excellent competitive struggles,

fourth best in history indoors. Flynn was fourth at 3:53.6. The race embodied all that is exciting about the Classic One Mile distance -- a good field, exciting competition, and the amazing ability of these athletes to pile sub-60 second quarter miles on top of each other.

Over on the straight-away Stanley Floyd and James Sanford were sorting out the issue of the World's Fastest Human. Their race the week previous in the LA Times Meet (where Floyd won) was marred by an Accutrack photo misreading that changed Stanley's winning time from a world best equalling 6.04 to 6.10 two days later. Here, Floyd and Sanford would attack a world 50 meter record, then a half-hour later battle over 60 yards. The 50 meter world best is 5.61, set by East Germany's Manfred Kokot back in 1973. This was a carbon copy of last week's race start, with Floyd perhaps an inch or two ahead through 15-20 meters. Last time around Floyd appeared to have a smooth shift at that point and move away -- not this week. This time it was Sanford with the stronger second half and he narrowly won 5.61 to 5.63, tying Kokot's record. The 60 yard race was kind of an instant replay, with the margin in this one .03, as Sanford raced the equal fourth performance of all-time with 6.07 (and Floyd's the equal eighth). These guys are pretty well matched, and their get together outdoors should be very interesting.

Larry Myricks popped 27-6 in the long jump here last year for a world undercover best. After one good leap (26-7) and three fouls in

The Los Angeles Mercurettes were joined by Lorna Forde in the 500 yards. Lorna was able to get by all of that team except Brenda Peterson during a last lap rush, as Peterson's 1:04.6 win made her the seventh performer all-time in the event.

Arizona's Joan Hansen nipped San Diego State's improving Canadian, Lynn Kanuka, 4:36.9 to 4:37.4 in the women's mile.

HIGH SCHOOL DIVISION

A trio of Southern Section distance stars dropped in to highlight the prep portion of the meet. Jon Butler (Edison, Huntington Beach) and Polly Plummer (University, Irvine) were one mile winners in the LA Sunkist Meet. They and Long Beach Wilson's 880 star, Scott Cox, came south and improved their times as the outdoor season nears.

Plummer should have been in the Open Women's Mile as an unattached competitor. Against the high-schoolers she lapped the eight girl field on the way to a twenty-four second 4:52.8 win -- she scooted the final quarter in 68.2. Butler took the guys' mile out through 661.9-2:04.6-3:08.5 quarter splits. He finished unpressed in 4:11.3, as Cox PR'd in second at 4:15.0.

Another distance runner who showed real potential was Sue Lachel of Monte Vista (Spring Valley). In the two mile she basically ran 5:40 and 5:20 mile splits on the way to an 11:01.4 meet record.

San Diego High School's fine sprinter, Kevin Shields, easily took the 60 yards in 6.3. Mt. Miguel's Ellen Jones did the same in the

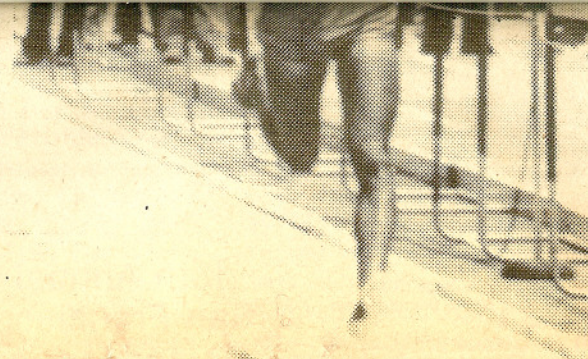


photo by Richard Slotkin

Thom Hunt

the girls long jump in a meet record 17-5¾.

Stan Aguilar (Helix, La Mesa) took the two mile at 9:31.2, as Santana's Dave Ivy had a kick that left him a little short at 9:33.8. El Camino of Oceanside star Bruce Mitchell (a 14.4 hurdler in 1981) took the 60 yard highs in 7.65. Morse put together the quickest 4*160 heat at 1:07.3, and Mt. Carmel at 3:35.7 won the fastest mile relay heat. Vista's Barrett

lege events. The first was a 3:27.9 mile relay victory. A basically intersquad event in the one mile (7 Grossmont athletes, two from other schools) had Steve McCormack moving away from teammate Mike Pope in the last quarter to win for the Griffins in an excellent 4:09.9 to 4:12.7.

CONTINUED ON NEXT PAGE...

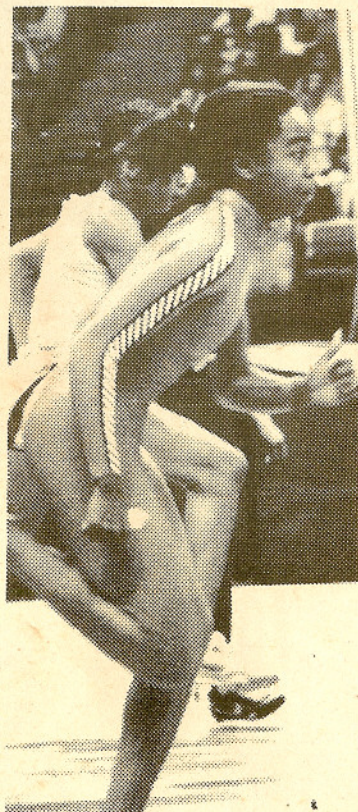


photo by Bill Leung, Jr.

Evelyn Ashford

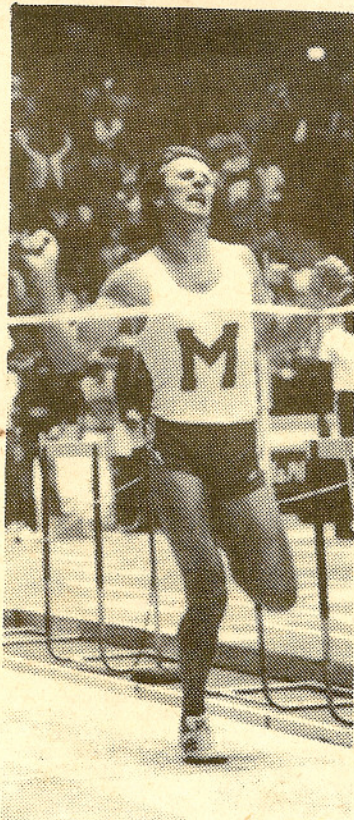


photo by Richard Slotkin

Eamonn Coghlan



photo by Richard Slotkin

Herman Frazier



photo by Richard Slotkin

Mike Boit

8 California Track & Running News - March 1981

continued from previous page...

Men's Open Division:

50 Meters: 1. J. Sanford (unat) 5.61; 2. Floyd (unat) 5.63; 3. Williams (SD St.) 5.85; 4. Brown (UCLA) 5.90; 5. Foster (Navy) 5.95; 6. Hart (BAS) 5.95.

60 Yards: 1. J. Sanford (unat) 6.07; 2. Floyd (unat) 6.10; 3. Brown (UCLA) 6.32; 4. Drulee (unat) 6.36; 5. Simons (SD State) 6.40; 6. Foster (Navy) 6.58.

500 Dash: 1. Frazier (Phila Pioneers) 56.8; 2. Henley (Ariz St.) 57.9; 3. Nagao (Japan) 59.0; 4. Blaylock (SD State) 59.1.

800 Run: 1. Boit (So Cal Strid) 1:48.6; 2. Byers (Ath West) 1:49.7; 3. Wilson (Ath Attic) 1:49.9; 4. Korir (Utopian Intl) 1:50.5; 5. Master-son (SMTC) 1:50.8; 6. Konchellah (SD State) 1:51.2.

One Mile Run: 1. Coghlan (Ireland) 3:50.6; 2. Scott (Sub-4) 3:51.8; 3. Walker (NZ) 3:52.8; 4. Flynn (Ireland) 3:53.6; 5. Hudak (W Ger) 3:59.7; 6. Bayi (Tanz) 4:01.0.

Two Mile Run: 1. Hunt (unat) 8:27.6; 2. Lacy (New Balance TC) 8:34.1; 3. Aldridge (Sub-4) 8:35.8; 4. James (Great Brit) 8:37.5; 5. McChesney (Unat) nt; 6. Barie (Tanz) nt; 7. Cornell (UCLA) 8:56.5; 8. Castro (Tijuana AC) 9:01.7.

High Jump: 1. Stones (PCC) 7-4; 2. Frazier (Arizona) 7-4; 3. Balkin (UCLA) 7-2; 4. Ujino (Japan) 7-0; 5. Schiefer (SD State) 6-10.

Long Jump: 1. Myricks (Ath Attic) 27-2¾; 2. Williams (unat) 25-3; 3. Usui (Japan) 25-0¾; 4. Yoshimoto (Japan) 24-10¼; 5. Armour (unat) 24-2½.

Pole Vault: 1. Bohi (San Jose St.) 17-6; 2. Curran (UCLA) 17-0; 3. Takenezawa (Japan) 16-6; 4. Hintnaus (So Cal Striders) 16-6.

Triple Jump: 1. Marlow (Golden Bear) 55-0; 2. Caldwell (Stars & Stripes) 53-9¼; 3. Williams (UCLA) 53-9; 4. Tiff (Monterey Inst) 53-7½; 5. Benson (UCLA) 52-10½; 6. Mayfield (Ariz. St.) 52-3½; 7. Banks (unat) 48-8.

Women's Open Division:

60 Yards: 1. Ashford (unat) 6.68; 2. Anderson (LA Naturite) 6.85; 3. Dawkins (LB Comets) 6.89; 4. Loud (LA Mercuresses) 6.98; 5. Z. Johnson (SC Cheetahs) 7.09; 6. Jones (unat) 7.20.

500 Dash: 1. Peterson (LA Merc) 1:04.6; 2. Forde (Atoms TC) 1:05.0; 3. Gutowski (LA Merc) 1:05.2; 4. Clagon (LA Merc) 1:05.3.

One Mile: 1. Hansen (Arizona) 4:36.9; 2. Kanuka (SD State) 4:37.4; 3. Cathey (Okla) 4:43.1; 4. Joyce (SD State) 4:45.5; 5. Raiston (UCLA) nt.

High School Boys:

60 Yards: 1. Shields (San Diego HS) 6.3; 2. Kuretech (San Pasqual) 6.5; 3. Day (Kearney) 6.5; 4. Fabian (Poway) 6.6.

1,000 Run: 1. Moore (Morse) 2:21.2; 2. Sevier (Valhalla) 2:21.4; 3. O'Rourke (Bonita Vista) 2:24.8.

One Mile Run: 1. Butler (Edison, Huntington Beach) 4:11.3; 2. Cox (Wilson, Long Beach) 4:15.0; 3. Russell (San Pasqual) 4:21.0; 4. Oleata (La Jolla) 4:21.6.

Two Mile Run: 1. Aguilar (Helix) 9:31.1; 2. Ivy (Santana) 9:33.8; 3. Morabe (Bonita Vista) 9:35.6.

60 High Hurdles: 1. Mitchell (El Camino, Ocean-side) 7.65; 2. Avant (Valhalla) 7.79; 3. Leakes (Mt. Carmel) 7.96; 4. Brajevich (Poway) 8.13; 5. Espy (Crawford) 8.29; 6. Zrisos (Vista) 8.53.

21-3¾; 5. Kuretech (San Pasqual) 21-2; 6. Scott (Clairemont) 21-2.

Pole Vault: 1. Vavra (Valhalla) 13-6; 2. Sawyer (Valhalla) 13-0; 3. Ludwig (Southwest) 13-0.

640 Relay Heat 1: 1. Morse 1:07.3; 2. Serra 1:07.6; 3. Poway 1:12.1. **Heat 2:** 1. Mt. Carmel 1:09.4; 2. Henry 1:10.0; 3. Crawford 1:13.0. **Heat 3:** 1. Kearney 1:07.6; 2. San Diego 1:07.8; 3. Lincoln 1:08.1.

Mile Relay Heat 1: 1. Helix 3:39.5; 2. Mira Mesa 3:40.3; 3. Southwest 3:41.6; 4. La Jolla 3:42.1. **Heat 2:** 1. Henry 3:38.1; 2. Bonita Vista 3:38.2; 3. Santana 3:40.2; 4. Vista 3:42.0. **Heat 3:** 1. Mt. Carmel 3:35.7; 2. Serra 3:44.4; 3. Escondido 3:46.1; 4. Castle Park 3:46.3.

High School Girls:

60 Yard Dash: 1. Jones (Mt. Miguel) 7.0; 2. Cooksey (Hoover) 7.3; 3. Scott (Crawford) 7.3; 4. Jackson (Morse) 7.4.

500 Dash: 1. Taylor (SD Cougars) 1:09.7; 2. Gates (Marian) 1:14.4; 3. West (Valhalla) 1:15.1; 4. Thomson (Vista) 1:18.3.

1,000 Run: 1. Roylett (El Capitan) 2:48.6; 2. Dibos (Helix) 2:50.6; 3. Hawkes (San Dieguito) 2:55.2.

One Mile Run: 1. Plumer (University, Irvine) 4:52.8; 2. Allen (Santa) 5:16.4; 3. Tanner (Vista) 5:17.0; 4. Jaquess (Valhalla) 5:21.8; 5. Foskett (El Capitan) 5:21.8; 6. Schmidt (University, SD) 5:22.4.

Two Mile Run: 1. Lachel (Monte Vista) 11:01.4; 2. Truscott (Santa Fe) 11:13.2; 3. Chadwick (Mira Mesa) 11:20.4; 4. Brown (San Pasqual) 11:20.6.

640 Relay Heat 1: 1. Morse 1:18.1; 2. Madison 1:18.2; 3. Marian 1:20.5; 4. Mt. Carmel 1:24.2. **Heat 2:** 1. Crawford 1:18.7; 2. Ocean-side 1:21.6; 3. Kearney 1:22.6; 4. Mar Vista 1:26.0. **Heat 3:** 1. San Diego Cougars TC 1:15.2; 2. Vista 1:17.6; 3. Mt. Miguel 1:17.6.

Mile Relay Heat 1: 1. San Diego Cougars TC 4:08.7; 2. Fallbrook 4:13.0; 3. Valhalla 4:14.3; 4. San Dieguito 4:19.6; 5. Mt. Carmel 4:19.7. **Long Jump:** 1. Mose (El Cajon) 17-5¼; 2. Dixon (Mira Mesa) 17-3½; 3. Alston (Mission Bay) 16-8¼; 4. Proctor (Bonita Vista) 16-2; 5. Lawson (Crawford) 16-0½.

Junior College Division:

Mile Relay: 1. Grossmont 3:27.9; 2. Mesa 3:29.4; 3. San Diego 3:33.8; 4. Southwestern 3:35.5.

One Mile Run: 1. McCormick (Grossmont) 4:09.9.

18th Annual San Francisco Games Indoor T&F Meet

By KEITH CONNING

The San Francisco Games featured a brand new track from Tracks West, which helped miler Steve Scott (Sub 4 TC) set a new meet and Cow Palace record of 3:55.3. This was the

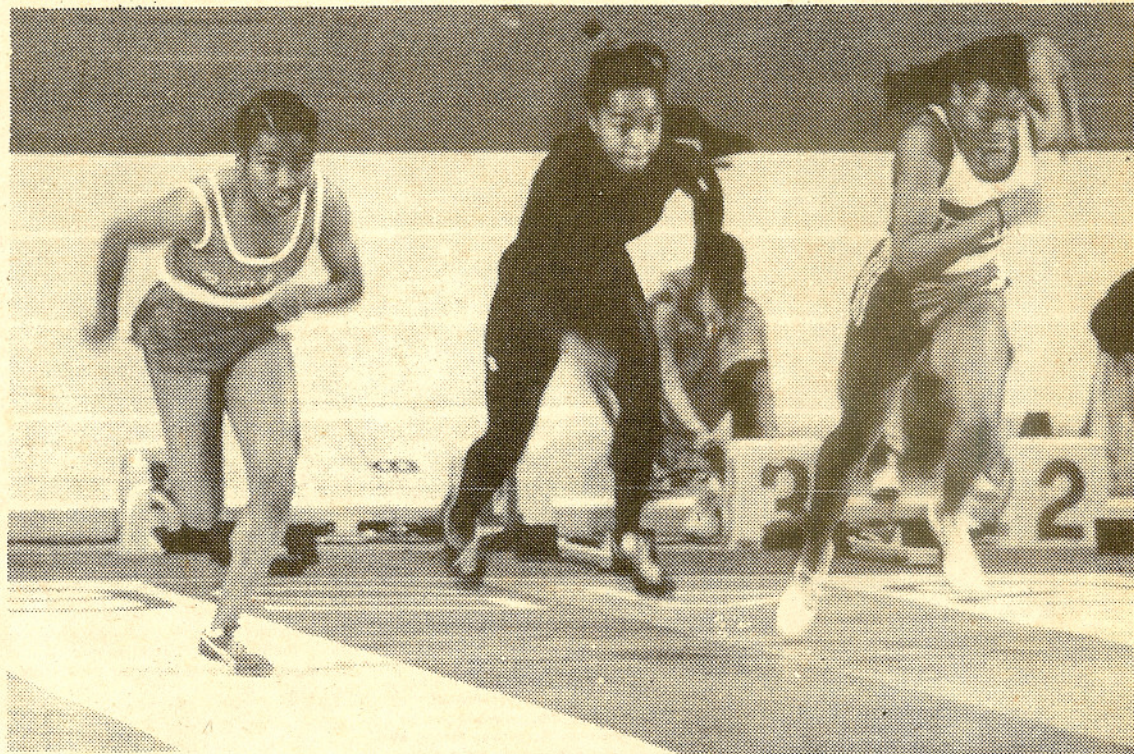


photo by Don Gosney

(left to right): Sharon Ware, Evelyn Ashford, Jodi Anderson.

about. If I had run 3:55 last night (instead of 3:51.8) then I think I could have gotten down there. Sydnee (Maree) was bearing down on me. One thing that could cause some concern, was that on the far turn, there's almost another straightaway inside the turn. If you're ready for it that's okay, but if not, you could slip-maybe that's what happened to James Robinson. I gave it my best shot last night. With one lap to go, he (Eamonn Coghlan) just kind of pulled away. I said to myself, why didn't I go past him (Coghlan) again. In the race, you're feeling pretty tired at the pace were were running at. He's had an excellent season indoors and has been pretty untouchable. But I think I'm a better runner outdoors. I think we're doing a lot for track and field. Track has been hurt by not going to the Olympics. I think tonight people had a chance to see a very fast mile in San Francisco. That's three times that it's happened to me (gone under the record and not won). But I can't say that I haven't given it my best shot. Last year, when Ovett broke the world record, that was set up for him by Wessinghage. Last night, there was no way I was going to help Eamonn. We've been going out in 2:59 and

me I can make a million dollars from track-that's the kind of thing I can't handle yet. I'm wearing this (body suit) because I got injured last year. It looks good, feels good. I have two suits now, and I'll have 6 colors by next week."

Larry Myricks (Athletic Attic), the winner of the long jump, set a new Cow Palace record of 27-½. He broke the old record of Bob Beamon (Houston Striders) set in 1969 by ½ inches. Myricks said, "I'm just getting my steps on now. I heard about his jump (Carl Lewis) this morning. It gives me something else to jump for, some incentive. I should have gone further tonight. The runway was really nice. I was working harder last year because of the Olympics. That's why I was in such good shape indoors last year. I never did really get disillusioned last year because of the boycott. Twenty-eight feet is not a world record, so it doesn't really matter. I wanted to go twenty-eight feet indoors this year. I was able to get all my run in this year. It's a totally different thing. I was pleased with it. I was coming here hoping to jump farther. I feel good about going 27 feet two nights in a row. I jump a lot better when I'm going against people who are

jumping better. I hope he (Lewis) will be at Nationals next week; I'd like to jump against him. I'm young, I think I can go 5-6 more years. I think a lot of jumpers are taking indoors more seriously. I think that I should be able to jump farther outdoors, always better outdoors. You can add, maybe a foot outdoors. Indoors my runup is 119', outdoors it is 140'. So you add that distance and you can go farther. The only thing that had me jump well tonight was what happened last night (Lewis). There's really no pressure unless somebody is jumping inch for inch with me. I'm going to do some sprinting for 2-3 months. We're going to run some relays with out Athletic Attic team-we've got Harvey Glance, Willie Smith, Nehemiah. I'm pointing towards the World Cup, because Dombrowski will be there. I was thinking mostly about my run tonight."

Mike Marlow (Golden Bear TC) became the 10th performer all-time World with is 55-7¾ effort in the triple jump. He is now the 3rd performer, with the 4th performance all-time US. He also established a new meet and Cow Palace record, breaking Tommy Haynes' mark of 54-8½ set in 1976.

(Ariz. St.) 52-3½; 7. Banks (unat) 48-8.
Women's Open Division:
 60 Yards: 1. Ashford (unat) 6.68; 2. Anderson (LA Naturite) 6.85; 3. Dawkins (LB Comets) 6.89; 4. Loud (LA Mercurettes) 6.98; 5. Z. Johnson (SC Cheetahs) 7.09; 6. Jones (unat) 7.20.

500 Dash: 1. Peterson (LA Merc) 1:04.6; 2. Forde (Atoms TC) 1:05.0; 3. Gutowski (LA Merc) 1:05.2; 4. Clagon (LA Merc) 1:05.3.

One Mile: 1. Hansen (Arizona) 4:36.9; 2. Kanuka (SD State) 4:37.4; 3. Cathey (Okla) 4:43.1; 4. Joyce (SD State) 4:45.5; 5. Raiston (UCLA) nt.

High School Boys:

60 Yards: 1. Shields (San Diego HS) 6.3; 2. Kurelich (San Pasqual) 6.5; 3. Day (Kearney) 6.5; 4. Fabian (Poway) 6.6.

1,000 Run: 1. Moore (Morse) 2:21.2; 2. Sevier (Valhalla) 2:21.4; 3. O'Rourke (Bonita Vista) 2:24.8.

One Mile Run: 1. Butler (Edison, Huntington Beach) 4:11.3; 2. Cox (Wilson, Long Beach) 4:15.0; 3. Russell (San Pasqual) 4:21.0; 4. Oleata (La Jolla) 4:21.6.

Two Mile Run: 1. Aguilar (Hellix) 9:31.1; 2. Ivy (Santana) 9:33.8; 3. Morabe (Bonita Vista) 9:35.6.

60 High Hurdles: 1. Mitchell (El Camino, Oceanside) 7.65; 2. Avant (Valhalla) 7.79; 3. Leakes (Mt. Carmel) 7.96; 4. Brajevich (Poway) 8.13; 5. Espy (Crawford) 8.29; 6. Zrisos (Vista) 8.53.

High Jump: 1. Yamamoto (Japan) 6-6; 2. Francis (Vista) 6-4; 3. Mike Heintschel (Escondido) 6-4; 4. Miller (Montgomery) 6-4; 5. (tie) Spearman (El Camino) & French (San Pasqual) 6-0.

Long Jump: 1. McKinney (Bonita Vista) 21-7¾; 2. McClendon (University) 21-5¾; 3. Lockett (Lincoln) 21-4; 4. Theide (Oceanside)

San Diego) 4:19.6; 5. Mt. Carmel 4:19.7 Long Jump: 1. Mose (El Cajon) 17-5¼; 2. Dixon (Mira Mesa) 17-3¾; 3. Alston (Mission Bay) 16-8¼; 4. Proctor (Bonita Vista) 16-2; 5. Lawson (Crawford) 16-0½.

Junior College Division:

Mile Relay: 1. Grossmont 3:27.9; 2. Mesa 3:29.4; 3. San Diego 3:33.8; 4. Southwestern 3:35.5.

One Mile Run: 1. McCormick (Grossmont) 4:09.9.

18th Annual San Francisco Games Indoor T&F Meet

By KEITH CONNING

The San Francisco Games featured a brand new track from Tracks West, which helped miler Steve Scott (Sub 4 TC) set a new meet and Cow Palace record of 3:55.3. This was the ninth best performance all-time by an American. Scott said, "The second night of back-to-back races is always better. The first night, there are no excuses, but you're more nervous. The second night, you're more relaxed. My Coach Len Miller and I talked, and we thought about coming out tonight and breaking the record. That's what we were thinking

about. If I had run 3:55 last night (instead of 3:51.8) then I think I could have gotten down there. Sydnee (Maree) was bearing down on me. One thing that could cause some concern, was that on the far turn, there's almost another straightaway inside the turn. If you're ready for it that's okay, but if not, you could slip-maybe that's what happened to James Robinson. I gave it my best shot last night. With one lap to go, he (Eamonn Coghlan) just kind of pulled away. I said to myself, why didn't I go past him (Coghlan) again. In the race, you're feeling pretty tired at the pace were were running at. He's had an excellent season indoors and has been pretty untouchable. But I think I'm a better runner outdoors. I think we're doing a lot for track and field. Track has been hurt by not going to the Olympics. I think tonight people had a chance to see a very fast mile in San Francisco. That's three times that it's happened to me (gone under the record and not won). But I can't say that I haven't given it my best shot. Last year, when Overtt broke the world record, that was set up for him by Wessinghage. Last night, there was no way I was going to help Eamonn. We've been going out in 2:59 and still running 3:53. Padilla took off, and I didn't expect that. I thought we were going a lot faster than we were. Went through the half in 1:57 or so, and at that point, I knew I was going to have to take it the rest of the way. I could see the reflection, the shadow of someone behind me." Scott's splits were 59.6, 1:58.2, 2:57.6, 3:39.8 (1500).

Sydnee Maree (South Africa-Villanova) placed second in the mile in 3:55.5. He became the 10th performer all-time World and 3rd performer and performance all-time College. Doug Padilla (Brigham Young/Chabot CC/Marina HS, San Leandro) finished third in 3:56.6. That makes him the 9th performer all-time US and 6th performer all-time College. Padilla a local product from across the bay was a senior in high school the same time as Rich Kimball (De La Salle, Concord). Padilla finished fourth in the North Coast Section two mile his senior year, while Kimball was running a 4:02.4 mile and also winning the two mile. While Padilla has continued to improve, Kimball is just now making a comeback. Kimball ran in the Devil-Take-The-Hindmost Mile, but the devil got to him before the finish line did.

Evelyn Ashford (unattached), running in her sleek body suit, captured the 50 meters in 6.31. It was the 5th performance all-time US. Senior Sharon Ware of Berkeley High School, the state and national junior 100 meter champion last year, ran the second fastest high school performance all-time, while finishing second in 6.44. Only Jeanette Bolden (Centennial, Compton) in 1977 has ever run faster for 50 meters, but only by .01. Ashford said, "Since the season started it hasn't been so hard to train and compete. Mentally, it's a little harder, because I have to stay on myself to attain new goals. I'm doing better than I've ever done indoors, and I think I'll continue to improve. I'm trying to look to the future, and forget about what I did in the past and look to what I'm going to do this year. This season, I might run the 400 for training, try to get under 57. I want a world record. I've never thought about it before, but I think I can do it. I've still got a lot more growing to do. I still doubt myself, and I've got to believe in myself more. I just have to forget about other people and just think about what I want to do. I know I can do it on the track, in training. It's the things like talking to the press, people telling

(left to right): Sharon Ware, Evelyn Ashford, Jodi Anderson.

me I can make a million dollars from track—that's the kind of thing I can't handle yet. I'm wearing this (body suit) because I got injured last year. It looks good, feels good. I have two suits now, and I'll have 6 colors by next week."

Larry Myricks (Athletic Attic), the winner of the long jump, set a new Cow Palace record of 27-½. He broke the old record of Bob Beamon (Houston Striders) set in 1969 by 1½ inches. Myricks said, "I'm just getting my steps on now. I heard about his jump (Carl Lewis) this morning. It gives me something else to jump for, some incentive. I should have gone further tonight. The runway was really nice. I was working harder last year because of the Olympics. That's why I was in such good shape indoors last year. I never did really get disillusioned last year because of the boycott. Twenty-eight feet is not a world record, so it doesn't really matter. I wanted to go twenty-eight feet indoors this year. I was able to get all my run in this year. It's a totally different thing; I was pleased with it. I was coming here hoping to jump farther. I feel good about going 27 feet two nights in a row. I jump a lot better when I'm going against people who are

jumping better. I hope he (Lewis) will be at Nationals next week; I'd like to jump against him. I'm young, I think I can go 5-6 more years. I think a lot of jumpers are taking indoors more seriously. I think that I should be able to jump farther outdoors, always better outdoors. You can add, maybe a foot outdoors. Indoors my runup is 119', outdoors it is 140'. So you add that distance and you can go farther. The only thing that had me jump well tonight was what happened last night (Lewis). There's really no pressure unless somebody is jumping inch for inch with me. I'm going to do some sprinting for 2-3 months. We're going to run some relays with out Athletic Attic team—we've got Harvey Gance, Willie Smith, Nehemiah. I'm pointing towards the World Cup, because Dombrowski will be there. I was thinking mostly about my run tonight."

Mike Marlow (Golden Bear TC) became the 10th performer all-time World with is 55-7¼ effort in the triple jump. He is now the 3rd performer, with the 4th performance all-time US. He also established a new meet and Cow Palace record, breaking Tommy Haynes' mark of 54-8½ set in 1976.

Ron Brown (Arizona State) won the 60 yards

3rd Annual NYL Invitational Track Meet



Fresno State Univ. Track
Friday, April 3 - 2:30 PM

Track & field competition between the best high school athletes in California. Timing by Accutrack. For entry blanks and/or information, telephone 209/441-6286.



Sponsored by Clovis High School,
The Fresno Bee & KMJ Radio



photo by Don Gosney

Brian Oldfield

continued from previous page...

in 6.22. Brown said, "I wanted to qualify for the NCAA, but it was a slow race. I pulled a hamstring last year. I don't know if the track is fast or slow. I've never run indoors before."

Greg Foster (unattached) became the 5th performer all-time US with his 6.63 effort in the 50 meter hurdles. Foster said, "I'm not running for the school (UCLA) this year, just for myself. Not going to join any track club; they all fold eventually, anyway. I'm experimenting right now, trying to lose weight. I'm going to try to lose about 5 pounds, get down to 180 pounds."

Robin Campbell (Stanford TC) broke her own meet record in the 800 meters with a fine 2:05.03. Christine McMeekin (Great Britain-Iowa State) led the first 400 meters in 62.0 with Campbell at 62.2.

Filbert Bayi (Tanzania) won the 3000 meters in 7:57.4 over Duncan MacDonald (Athletics West) in 7:58.5 and Dick Buerkle (New York AC) in 8:00.3. Bayi said, "I pulled a muscle, a hamstring in my right leg, and it's very painful. I was doing cross country and speed together, in a rush program. My wife had a baby and he is sick, so I've been thinking about that a lot, but I try just to run and not think about it."

Randy Wilson (Athletic Attic) captured the 800 in 1:50.1 with a comfortable margin over James Robinson (Inner City AC) in 1:52.2. Robinson had difficulty negotiating the last turn. Wilson said, "I had trouble with a new pair of spikes. I kept slipping (twice). I'm having a lot of fun still, so I'm going to keep on running. I'm coaching 9th grade, so I have some time to train, not as much as I want though. My wife is expecting in May, so I'm really happy about that."

Berkeley High School's 4 x 400 meter relay of Johnny Langerston 51.3, Pete Richardson 51.2, Charles Clewis 50.5, and Ulysee Walker 49.6 set a new meet and Cow Palace record of 3:22.6. Kenny Robinson normally runs the first leg, but he arrived late to the meet with his brother James (800 meters), so Langerston took his place and ran an excellent leg.

Phyllis Blunston (Cal State Bakersfield) set a new meet and Cow Palace record in the high jump of 6-0. The old meet record of 5-10 was set by Nadyezhda Oskolok (Soviet Union) in 1976 and tied by Joni Huntley (Pacific Coast Club) in 1977. The old Cow Palace record of 5-11 was set by Iolanda Balas (Romania) in 1965.

Jerry Gibson (Contra Costa CC) set a new meet and Cow Palace record of 5.91 in the 50 meters. The old record of 5.92 was set by Matthew Burton (Alameda CC) in 1980.

Ernie Billups (Chicago) edged ex-Olympian Tom Laris (Palo Alto) in the masters 1500 meters-4:03.0 to 4:03.1.

The attendance was 7,817.

The schedule of events was improved this year with the placement of the featured events in the middle of the program. The Jim Ryan Mile was run off early enough so that the reporters for the large dailies with deadlines to meet could file their stories on time.

The question remains, however, how can we get more people to attend these meets? The Olympic Boycott really hurt our sport. Fewer meets are being televised nationally. The loss of the San Francisco Examiner as the meet sponsor really cut down on the pre-meet publicity.

In one clever piece-of pre-meet publicity, which appeared on Channel 5, the CBS station in San Francisco, Dick Buerkle was seen inaugurating the new track with a bottle of

Women's Open & Invitational:

College 1600 Meter Relay: 1. Stanford 3:57.1; 2. Cal State Hayward 4:00.8. No other entrants.

High Jump: 1. Phyllis Blunston (Cal State Bakersfield) 6-0; 2. Jenny Linderman (Sonora) 5-8; 3. Maggie VanZeeland (Golden Bear) 5-6.

50 Meter Dash: 1. Evelyn Ashford (unat) 6:31; 2. Sharon Ware (Berkeley) 6:44; 3. Jodi Anderson (LA Naturite) 6:46.

1600 Meter Relay: 1. Stanford TC 3:46.1; 2. Berkeley East Bay TC 3:58.7; 3. San Jose Cindergals 4:01.

Community College Men:

1600 Meter Relay: 1. Mt. San Antonio 3:20.9; 2. Santa Rosa 3:23.5; 3. Contra Costa 3:23.6.

Pole Vault: 1. Greg Ellis (San Mateo) 15-1 1/4; 2. Bob Tinker (Glendale) 15-1 1/4; 3. Paul Early (Butte) 14-6.

50 Meter Dash: 1. Jerry Gibson (Contra Costa) 5:91; 2. Paul Jones (San Francisco) 5:97; 3. tie Jim Spotville (Mt. SAC) & Chris Lee (Contra Costa) 6:06.

Community College Women:

1600 Meter Relay: 1. DeAnza 4:08.7; 2. Hartnell 4:10.9; 3. Butte 4:13.2.

High School Boys:

1600 Meter Relay: 1. Berkeley 3:22.6 (Langerson 49.9, Richardson 50.5, Clewis 51.7, Walker 50.5); 2. Oakland 3:23.8; 3. Milpitas 3:29.3.

Long Jump: 1. Ken Smith (Palo Alto) 22-7; 2. Nate Banks (Balboa, San Francisco) 22-2 1/2; 3. Vince Logan (Salesian, Richmond) 21-9 1/2.

50 Meter Dash: 1. Ken Smith (Palo Alto) 5:96; 2. Kevin Willhite (Cordova, Rancho Cordova) 6:0; 3. Lenny Davis (Pittsburg) 6:07.

Evelyn Ashford vs High School Boys 50 Meter Dash: 1. Kevin Willhite (Cordova, Rancho Cordova) 5:8; 2. Lathan Cornell (Hogan, Vallejo) 6:0; 3. Eugene King (Vallejo) 6:1; 5. Evelyn Ashford (unat) 6:3.

3,000 Meter Run: 1. Jesse Torres (Independence, San Jose) 8:31.5; 2. Nelson Bernal (Westmont, Campbell) 8:32.6; 3. Brian Apschire (De Anza, Richmond) 8:38.4.

Boys Age Group Relay: 1. East Oakland Development Club 2:13.4; 2. Diablo Valley TC 2:15.0; 3. Cupertino Yearlings 2:15.3.

High School Girls:

1600 Meter Relay: 1. Berkeley 4:02.8; 2. Casa Roble, Orangevale 4:07.0; 3. Carlmont (Belmont) 4:12.2.

3,000 Meter Run: 1. Ceci Hopp (Greenwich, Conn.) 9:46.6; 2. Lori Lopez (Sacred Heart, Los Angeles) 10:00.0; 3. Lori Shanoff (Petaluma) 10:11.8.

Girls Age Group Relay: 1. Richmond 2:51.2; 2. 1980 TC 2:55.9; 3. Santa Clara Valley Golden Girls 2:56.8.

Masters Men: 1. 50 Meter Dash: 1. Payton Jordan (Stanford TC) 6:94; 2. Harry Koppel (Sacramento) 7:29; 3. John Satti (NorCal Seniors) 7:41.

1500 Meter Run: 1. Ernie Billups (Chicago) 4:03.0; 2. Tom Larris (Palo Alto) 4:03.1; 3. Tom Cathcart (Pleasanton) 4:09.5.

Masters Women:

50 Meter Dash: 1. Almetha Parish (NorCal Seniors) 7:1; 2. Lucil Ligon (NorCal Seniors) 7:3; 3. Joan Don (NorCal Seniors) 7:5.

1500 Meter Run: 1. Sandra Knott (Cleveland) 4:50.3; 2. Joan Ulyot (San Francisco) 5:02.2; 3. Marilyn Harbin (Martinez) 5:13.1.

All hurdle races regardless of division were 35 meters. All dashes in the Open/College and J.C. are 35 meters. High school first heat was 40 meters, with all the rest 31.5 meters.

Results Friday of the Olympic Development track and field meet in the Cow Palace: High School

Boys 35 meters (qualifiers for Saturday night's final; top 2 in each semifinal advance) I 1. Ken Smith (Palo Alto) nt; 2. Lenny Davis (Pittsburg) nt; II 1. Kevin Willhite (Rancho Cordova) 4.0; 2. Eugene King (Vallejo); III 1. Lathan Cornell (Hogan, Vallejo) 4.2; 2. Gerald Nails (Oakland) 4.2; Charles Hester (Carimont) nt

Boys 400 meters — 1. Anne Williams (Oakland) 50.8; 2. (tie) Dave Timmons (Oakland), Ulysee Walker (Berkeley), Rich Richard (Woodside) 52.9.

Boys 1500 — 1. Steve Gearhart (Miramonte) 4:10.5; 2. Don Merwin (Hayfork) 4:13.1; 3. Nash Guaracha (Hollister) 4:13.8.

Boys 3000 — 1. Tim Berry (Ygnacio Valley) 9:04.2; 2. Don Merwin (Hayfork) 9:04.2; 3. Ron Gomez (Carimont) 9:08.4.

Boys 35-meter hurdles (semifinal winners) — I Walter Murry (Berkeley) 5.2; II Robert Budwig (Clovis) 4.9; III John Ayers (Salinas) 5.0.

Boys high jump — 1. Maurice Crumby (Balboa) 6-11 1/2 (national age-15 and sophomore class indoor record, old record Craig Sanders, Asbury Park, N.J., 6-9); 2. Ken Malvino (Redwood) 6-4; 3. Washington (Independence, San Jose) 6-4.

Pole vault — 1. Marc Anderson (Bucher, Santa Clara) 14-6; 2. Kevin Camara (Del Mar, San Jose) 14-0; 3. Jeff O'Donnell (Bucher, Santa Clara) 13-6.

Boys long jump — 1. Vince Logan (Salesian) 21-11 1/2; 2. Ken Smith (Palo Alto) 21-10 1/2; 3. Nate Banks (Balboa) 20-11 1/4.

Boys shot put — 1. Paul Rosali (Acalanes) 56-3 1/4; 2. Tim Sutra (Del Mar, San Jose) 54-11; 3. Fowler (Bella Vista, Fair Oaks) 52-4.

Girls 35 meters — 1. Qwendolyn Ward (De Anza) 4.9; 2. Nedrea Rodgers (Berkeley) 5.0; 3. Julie Hansen (Acalanes) 5.0.

Girls 400 — 1. Tanava King (Berkeley) 59.7; 2. Lana Rice (Berkeley) 62.8; 3. Gurtha Pounds (Live Oak, Morgan Hills) 64.0.

Girls 1500 — 1. Esther Berndt (Gunn, Palo Alto) 4:52.8; 2. Laurie Hollingworth (Piner, Santa Rosa) 4:54.7; 3. Missy Dickson (Acalanes) 4:58.1.

Girls 3000 — 1. Rene Martin (Casa Robles, Orangevale) 10:44.4; 2. Judy Peters (Westmont, Campbell) 10:56.1; 3. Heide Ertl (Pine Valley) 10:58.0.

Girls 35-meter hurdles — 1. Yvette Bales (Berkeley) 5.3; 2. Karen Robinson (Braham, San Jose) 5.7; 3. Linda Luttrell (Sequoia) 5.7.

Girls high jump — 1. Jenny Linderman (Sonora) 5-4; 2. Sheryl Bishop (Berkeley) 5-4; 3. Sheri Morford (Foothill) 5-0.

Girls long jump — 1. Vivian Riley (Mt. Pleasant, San Jose) 17-11 1/4; 2. Yvette Bales (Berkeley) 17-0 1/4; 3. Kelli Abruzzini (Gilroy) 16-3 1/4.

Girls shot put — 1. Debbie Corley (Garces, Bakersfield) 42-4 1/4; 2. Laura DeSnoo (Washington, Fremont) 40-0; 3. Cindi Durschiag (Woodside) 36-2 1/2.

Triple jump — 1. Ken Frazier (Mission) 46-9 1/4; 2. Joe Sterling (Menlo-Atherton) 45-6 1/4; 3. Ken Smith (Palo Alto) 44-6 1/4.

Girls 800 — 1. Laurie Hollingworth (Piner, Santa Rosa) 2:25.8; 2. Esther Berndt (Gunn, Palo Alto) 2:26.6; 3. Paula Foinanni (Carlmont) 2:29.9.

Boys 800 — 1. Steve Gerhardt (Miramonte) 1:56.7; 2. Pete Richardson (Berkeley) 1:58.3; 3. John Odell (Vintage, Napa) 2:00.9.

Girls 1600 relay (qualifiers for Saturday night final) — 1. Carlmont 4:12.9; 2. Berkeley 4:16.1; 3. Casa Roble (Orangevale) 4:16.3; 4. Contra Costa 4:17.8.

Men's 35-meter high hurdles — 1. James Wallace (Taft) 5.1; 2. Gilbert Brown (Santa Rosa) 5.2; 3. Joe Hicks (Hartnell) 5.4.

Triple jump — 1. Steve Alston (Taft) 46-3 1/4; 2. Mike Eng (De Anza) 44-1 1/4; 3. Chris Bolder (Butte) 41-1 1/4.

Men's 800 — 1. Juan Neucke (Mt. SAC) 1:57.0; 2. Eric Partenheimer (Ohlone) 2:00.0; 3. Jim Tannerhill (Chabot) 2:04.4.

Women's 800 — 1. Diane Fiolonemi (West Valley) 2:19.0; 2. Jody Cobb (Hartnell) 2:27.8; 3. Phipps (Chabot) 2:29.2.

Pole vault (top 6 qualifiers for Saturday night final) — 1. (tie) Pete Early (Butte) and Bob Tinker (Glendale) 14-6; 3. (tie) Greg Ellis (San Mateo) and Warren James (West Valley) 14-0; 3. Brad Bryant (San Mateo) 14-0; 3. Louis Sandoval (Glendale) 13-6.

Women's 1600 relay (qualifiers for Saturday night final) — 1. De Anza 4:12.5; 2. Butte 4:16.8; 3. Hartnell 4:17.4; 4. West Valley 4:22.9.

Men's 1600 relay (qualifiers for Saturday night final) — 1. Mt. SAC 3:31.7; 2. Contra Costa 3:33.7; 3. Santa Rosa 3:33.7; 4. Taft 3:34.3.

Women's 400 — 1. Susan Robinson (West Valley) 63.1; 2. Kim Raymond (Ohlone) 63.1; 3. Highly Moore (Butte) 64.5.

Women's 3200 relay — 1. West Valley 10:14.9; 2. San Mateo 10:19.2; 3. Butte 10:39.2.

Men's 3200 relay — 1. Butte 8:08.5; 2. Santa Rosa 8:24.3; 3. Canada 8:28.0.

Men's shot put — 1. Mike Smith (Long Beach State) 62-4; 2. Grow (Long Beach State) 57-4 1/4; 3. Hoff (Chico State) 52-1 1/2.

Men's 35-meter hurdles — 1. Brian Conley (Cal State Hayward) 4.9; 2. Frank Williamson (Fresno State) 5.0; 3. Cory Miller (Fresno State) 5.1.

Pole vault — 1. Bauld (Fresno State) 15-6; 2. (tie) Jay (Humboldt State) and Pierce (Fresno) 14-0.

Men's 3200 relay — 1. Fresno State A 7:51.5; 2. Fresno State B 8:08.1; 3. Fresno State C 8:12.0.

Women's 3200 relay — 1. Cal State Hayward 9:53.1; 2. UC Davis 10:16.3; 3. Humboldt State 10:22.0.

Men's 1500 — 1. Bill Grealing (Yupit) 4:04.4; 2. David Collins (S.F. TC) 4:06.5; 3. Peterson (SFTC) 4:23.2.

Women's 30 meters — 1. Sharon Ware (Berkeley East Bay TC) 4.4; 2. Patrice Carpenter (BEBTC) 4.4; 3. Valerie Spence (BEBTC) nt.

Women's 1500 — 1. Connie Hester (Cal State Hayward) 4:48.6; 2. Ann Witherspoon (San Jose Cindergals) 4:58.3; 3. Hayes (Cal State Hayward) 5:01.2.

Women's shot — 1. Banks (GBTC) 39-4 1/2; 2. Shoaff (Millbrae Lions) 36-3; 3. McConnell (Butte College) 34-6.

Men's 30 — 1. Craig Nash (NCMS) 4.1; 2.



photo by Don Gosney

jump of 6-0. The old record of 5-11 was set by Nadezhda Oskolok (Soviet Union) in 1976 and tied by Joni Huntley (Pacific Coast Club) in 1977. The old Cow Palace record of 5-11 was set by Iolanda Balas (Romania) in 1965.

Jerry Gibson (Contra Costa CC) set a new meet and Cow Palace record of 5.91 in the 50 meters. The old record of 5.92 was set by Matthew Burton (Alameda CC) in 1980.

Ernie Billups (Chicago) edged ex-Olympian Tom Laris (Palo Alto) in the masters 1500 meters-4:03.0 to 4:03.1.

The attendance was 7,817.

The schedule of events was improved this year with the placement of the featured events in the middle of the program. The Jim Ryun Mile was run off early enough so that the reporters for the large dailies with deadlines to meet could file their stories on time.

The question remains, however, how can we get more people to attend these meets? The Olympic Boycott really hurt our sport. Fewer meets are being televised nationally. The loss of the San Francisco Examiner as the meet sponsor really cut down on the pre-meet publicity.

In one clever piece of pre-meet publicity, which appeared on Channel 5, the CBS station in San Francisco, Dick Buerkle was seen inaugurating the new track with a bottle of champagne. However, before he could break it, huge Brian Oldfield grabbed the bottle and proceeded to drink it right there on TV. For good measure, Buerkle poured a few drops on the track.

Another story that was used to create interest in the meet said that Dick Buerkle won a hair dryer for finishing third in a race in Zurich last year. Since he didn't need it, he sold it to Brian Oldfield for \$60. It didn't work. The moral is: Don't buy a hair dryer from a bald man.

Men's Open & Invitational:

1500 Meter Walk: 1. Roger Brandwein (Cal Walkers) 6:12.6; 2. Walt Jaquith (West Valley TC) 6:27; 3. Wayne Glusker (West Valley TC) 6:27.

Football 40 Yard Dash: 1. Vince White (Stanford) 4.6; 2. Gerald Willhite (San Jose State) 4.7; 3. Kirby Warren (Pacific) 4.8.

50 Meter Hurdles: 1. Greg Foster (unat) 6.63; 2. Ashland Whitfield (US Army) 6.69; 3. Larry Cowling (Cal) 6.74.

60 Yard Dash: 1. Ron Brown (Arizona State) 6.22; 2. Bernie Jackson (Washington) 6.29; 3. Dwayne Evans (Arizona State).

Shot Put: 1. Brian Oldfield (U Chicago TC) 66-11; 2. Dave Laut (Ath West) 64-6½; 3. Bishop Dolegiewicz (So Cal Striders) 64-4¾.

1600 Meter Relay: 1. California 3:20.5; 2. UC-Davis 3:24; 3. Cal State Hayward 3:29.3.

One Mile Run: 1. Steve Scott (Sub-4) 3:55.3; 2. Sydney Maree (South Africa) 3:55.5; 3. Doug Padilla (Brigham Young) 3:56.6.

Triple Jump: 1. Mike Marlow (Golden Bear) 55-7¾; 2. Ray Kimble (Bay Area Striders) 51-11½; 3. Henry Ellard (Fresno State) 51-0¼.

High Jump: 1. Mike Nelson (Cal) 7-0; 2. Joe Radan (Sacramento TC) 7-0; 3. Doug Reinhart (CS Hayward) 6-10.

Pole Vault: 1. Felix Bohni (Switzerland-San Jose State) 17-6; 2. Greg Woepse (Am Council of Ath) 17-6; 3. Anthony Curran (UCLA) 17-0.

Devil-take-the-hindmost 1500 Meters: 1. Marco Ibarra (unat) 3:52.4; 2. Emil Magallanes (unat) 3:54.7; 3. Brian Brady (Cal) 3:57.

Development Club 2:13.4; 2. Diablo Valley TC 2:15.0; 3. Cupertino Yearlings 2:15.3.

High School Girls:

1600 Meter Relay: 1. Berkeley 4:02.8; 2. Casa Roble, Orangevale 4:07.0; 3. Carlmont (Belmont) 4:12.2.

3,000 Meter Run: 1. Ceci Hopp (Greenwich, Conn.) 9:46.6; 2. Lori Lopez (Sacred Heart, Los Angeles) 10:00.0; 3. Lori Shanoff (Petaluma) 10:11.8.

Girls Age Group Relay: 1. Richmond 2:51.2; 2. 1980 TC 2:55.9; 3. Santa Clara Valley Golden Girls 2:56.8.

Masters Men: 1. 50 Meter Dash: 1. Payton Jordan (Stanford TC) 6.94; 2. Harry Koppel (Sacramento) 7.29; 3. John Satti (NorCal Seniors) 7.41.

1500 Meter Run: 1. Ernie Billups (Chicago) 4:03.0; 2. Tom Laris (Palo Alto) 4:03.1; 3. Tom Cathcart (Pleasanton) 4:09.5.

Masters Women:

50 Meter Dash: 1. Almetha Parish (NorCal Seniors) 7.1; 2. Lucil Ligon (NorCal Seniors) 7.3; 3. Joan Don (NorCal Seniors) 7.5.

1500 Meter Run: 1. Sandra Knott (Cleveland) 4:50.3; 2. Joan Ulyot (San Francisco) 5:02.2; 3. Marilyn Harbin (Martinez) 5:13.1.

LEVI'S OLYMPIC DEVELOPMENT MEET AT COW PALACE, February 20, 1981.

In one of the longest track meets in indoor history, 1826 athletes from age groups to college competed at the Cow Palace from 12 noon until 11:20 p.m.

The highlight of the meet was the performance by 15 year old Maurice Crumby of Balboa High School in San Francisco in the high jump. Crumby jumped 6-11¼ to set a national sophomore class and age 15 indoor record. His previous best was 6-8¾ at a recent all-comers meet in Berkeley. What makes Crumby's performance even more noteworthy was the fact that he was jumping off a concrete surface in flat shoes. He has until the end of May to go after Gail Olson's age 15 outdoor record of 7-0.

Other good performances in the High School Division included Marc Anderson's (Buscher, Santa Clara) 14-6 pole vault, Paul Rosati's (Acalanes, Lafayette) 56-3¾ shot put, Esther Berndt's (Gunn, Palo Alto) 4:52.8 1500 meter run, Vivian Riley's (Mt. Pleasant, San Jose) 17-11¼ long jump, Debbie Corley's (Garces, Bakersfield) 42-4¼ shot put, Ken Frazier's (Mission, San Francisco) 46-9¾ triple jump, and Steve Gerhardt's (Miramonte, Orinda) upset of Pete Richardson (Berkeley) in the 800 in 1:56.7.

In the Community College Division, Jan Yarbrough (DeAnza) long jumped 17-7½. Vicky Bray (West Valley) won the 1500 by almost 7 seconds with 4:50.2. Kathy Raugust (Hartnell) high jumped 5-6. Diane Figliomeni (West Valley) won the 800 in 2:19.1. Pete Early (Butte) and Bob Tinker (Glendale) tied at 14-6 in the pole vault.

In the College Division Franca Castro (Cal State Hayward) won the 800 in 2:13.5. Mike Smith (CS Long Beach) had a great shot put of 62-4.

In the Open Division Sherifa Sanders (Berkeley HS) long jumped 18-1 and her teammate Robyne Johnson went 17-6¾ for second. Michele Aubuchon (CS Hayward) ran the 3000 in 10:05.03. Maria King (Cinderghals) nipped Marilyn Davis (Golden Bear TC) in the 800-2:13.3 to 2:14.5. Both are high schoolers.

Girls 1500 — 1. Esther Berndt (Gunn, Palo Alto) 4:52.8; 2. Laurie Hollingworth (Piner, Santa Rosa) 4:54.7; 3. Missy Dickson (Acalanes) 4:58.1.

Girls 3000 — 1. Rene Martin (Casa Robles, Orangevale) 10:44.4; 2. Judy Peters (Westmont, Campbell) 10:56.1; 3. Heide Ertl (Pinole Valley) 10:58.0.

Girls 35-meter hurdles — 1. Yvette Bates (Berkeley) 5.3; 2. Karen Robinson (Brahman, San Jose) 5.7; 3. Linda Luttrell (Sequoia) 5.7.

Girls high jump — 1. Jenny Linderman (Sonoma) 5-4; 2. Sheryl Bishop (Berkeley) 5-4; 3. Sheri Morford (Foothill) 5-0.

Girls long jump — 1. Vivian Riley (Mt. Pleasant, San Jose) 17-11¼; 2. Yvette Bates (Berkeley) 17-0¼; 3. Kelli Abruzzini (Girov) 16-3¼.

Girls shot put — 1. Debbie Corley (Garces, Bakersfield) 42-4¼; 2. Laura DeSnoo (Washington, Fremont) 40-0; 3. Cindi Durschiag (Woodside) 38-2¼.

Triple jump — 1. Ken Frazier (Mission) 46-9¼; 2. Joe Sterling (Menlo-Atherton) 45-6¼; 3. Ken Smith (Palo Alto) 44-6¼.

Girls 800 — 1. Laurie Hollingworth (Piner, Santa Rosa) 2:25.8; 2. Esther Berndt (Gunn, Palo Alto) 2:26.6; 3. Paula Foinanni (Carlmont) 2:29.9.

Boys 800 — 1. Steve Gerhardt (Miramonte) 1:56.7; 2. Pete Richardson (Berkeley) 1:58.3; 3. John Odell (Vintage, Napa) 2:00.9.

Girls 1600 relay (qualifiers for Saturday night final) — 1. Carlmont 4:12.9; 2. Berkeley 4:16.1; 3. Casa Roble (Orangevale) 4:16.3; 4. Saratoga 4:17.8.

Boys 1600 relay (qualifiers for Saturday night final, top 5) — 1. Oakland 3:31.7; 2. Berkeley 3:36.6; 3. Independence (San Jose) 3:37.9; 4. Milpitas 3:39.6; 5. Nevada Union (Grass Valley) 3:39.7.

Boys 3200 relay — 1. Vintage (Napa) 8:26.4; 2. Casa Roble (Orangevale) 8:35.0; 3. Berkeley 8:36.5.

Girls 3200 relay — 1. Mills 10:11.4; 2. Drake (San Anselmo) 10:23.4; 3. Los Altos 10:26.0.

Junior College

Men's 1500 — 1. Cathey (Canada) 4:03.0; 2. Greg Williams (West Valley) 4:05.4; 3. Bob Ingram (West Valley) 4:05.3.

Men's long jump — 1. Darryl Miller (Contra Costa) 21-7; 2. Len Green (Foothill) 21-5; 3. Mac Walker (Taft) 21-2.

Men's shot — 1. Doug Mattern (Santa Rosa) 56-3; 2. Andy Gillam (Santa Rosa) 54-1½; 3. Crown (Taft) 49-2.

Women's long jump — 1. Jan Yarbrough (De Anza) 17-7½; 2. Charlene Lundy (Butte) 15-9¾; 3. Barb Kochendorfer (Santa Rosa) 15-4¾.

Women's 30-meter hurdles — 1. Cynthia Miller (Contra Costa) 5.9; 2. Lee Hepper (Santa Rosa) 6.0; 3. Emma Gaddis (Contra Costa) 6.2.

Women's 30 — 1. Carla Kendrick (Ohlone) 4.6; 2. Cynthia Miller (Contra Costa) 4.6; 3. Charlene Lundy (Butte) nt.

Women's 1500 — 1. Vicky Bray (West Valley) 4:50.2; 2. Linda Jungsten (Canada) 4:57.0; 3. Jenny Blackman (Santa Rosa) 5:08.1.

Women's high jump — 1. Kathy Raugust (Hartnell) 5-6; 2. Jacki Walker (De Anza) 5-2; 3. Barbara Kochendorfer (Santa Rosa) 4-10.

Men's 400 — 1. Michael Ray (West Valley) 50.7; 2. Rod Green (Mt. SAC) 50.8; 3. (Ile) Dan Kern (West Valley) and Eric Decatur (Contra Costa) 52.2.

Women's 2-mile — 1. Susan Dionne (West Valley) 11:23.7; 2. Terri Trumbell (Butte) 11:33.0; 3. Patty Austin (West Valley) 11:46.0.

Men's high jump — 1. Mesha Salvey (San Mateo) 6-6; 2. James Wallace (Taft) 6-4; 3. Greg Norman (West Valley) 6-4.

Men's 3000 — 1. Eddie Fuel (West Valley) 9:00.3; 2. Dan Gonzalez (Foothill) 9:02.7; 3. Greg Pogg (Santa Rosa) 9:02.8.

Men's 35 meters (qualifiers for Saturday night final; top 2 in each semifinal advance) — 1. Jerry Gibson (Contra Costa) 4.1; 2. Tyrone Ervin (Mt. SAC) 4.2; 3. Lee (Contra Costa) 4.1; 2. Cooper (Foothill) 4.1; 3. P. Jones (San Francisco) 4.1; 2. Jim Spotville (Mt. SAC) 4.1.

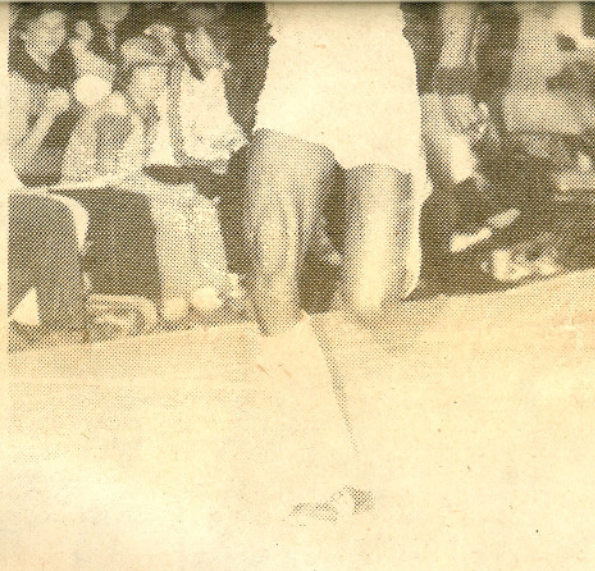


photo by Don Gosney

James Robinson

College Division

Men's 30 — 1. Darrell McCane (unat) 4.1; 2. Green (San Jose State) 4.2; 3. Ozel Thomson (Fresno State) nt.

Men's 1500 — 1. Mike Wright (Chico State) 4:03.0; 2. Greg Laudenslangen (Fresno State) 4:03.0; 3. Rudy Balli (Humboldt State) 4:04.9.

Women's 30-meter hurdles — 1. Sally Meibress (California) 5.6; 2. Stasia Allen (Humboldt State) 6.1; 3. Joy Upshaw (Cal State Hayward) 6.1.

Women's 30 meters — 1. Kim Webster (S.F. State) 4.5; 2. Tina Woodson (S.F. State) 3. Delphina Banks (Cal State Hayward) 4.6.

Triple jump — 1. Coy Justice (Cal State Hayward) 46-7; 2. Ken Hailey (S.F. State) 46-8½; 3. Jeff Zimmerman (UC Davis) 46-1½.

Men's 400 — 1. Mike Barber (UC Davis) 51.9; 2. LaBeaux (Cal State Hayward) 52.7; 3. Jose Lozardo (Fresno State) 52.9.

Men's 800 — 1. (Ile) Marcos Silva (Chico State) and Ed Teague (Chico State) 2:00.1; 2. Art Lemos (Santa Clara) 2:00.2.

Women's 800 — 1. Frannie Castro (Cal State Hayward) 2:13.5; 2. McFall (S.F. State) 2:48.2; 3. no third.

Men's 3000 — 1. Chris Hamer (Fresno State) 8:35.0; 2. Oscar Mendez (Cal State Hayward) 8:42.9; 3. Rich Torres (Fresno State) 8:53.6.

Men's 1600 relay (first 4 teams qualify for Saturday night final) — 1. UC Davis 3:30.6; 2. Fresno State 3:33.3; 3. Cal State Hayward 3:35.1; 4. San Francisco State 3:36.9.

Women's 1600 relay — 1. Cal State Hayward 4:10.0; 2. San Francisco State 4:33.1; 3. Sonoma State 4:45.5.

Women's high jump — 1. Jennifer Howard (Cal State Hayward) 5-2; 2. Sandy Kacharos (Sonoma State) 5-0; 3. Katie Weaver (Sonoma State) 4-8.

Men's long jump — 1. Brian Motooka (Chico State) 22-1¼; 2. Bill Long (Cal State Hayward) 21-6¼; 3. Curt Taylor (UC Davis) 21-6¼.

Women's long jump — 1. Dawn Peters (Cal State Hayward) 17-0¾; 2. Clis Vigive (California) 16-8¼; 3. Joy Upshaw (Cal State Hayward) 16-2¼.

Brewer (BEBTC) nt; 3. Dettfatti (Westside TC) nt.

Women's 400 — 1. Brown (BEBTC) 59.9; 2. Evelyn Beckley (Cal State Hayward) 63.7; 3. Diane Robinson (BEBTC) 63.9.

Men's 400 — 1. Mike Greggans (unat) 54.9; 2. Ron Risher (unat) 57.3; 3. Richard Balkie (unat) 61.6.

Women's high jump — 1. Yvonne Kendall (unat) 4-10; 2. Rachel Bray (San Jose Cinderghals) 4-8; 3. Julia Devine (San Jose Cinderghals) nh.

Women's long jump — 1. Sherifa Sanders (BEBTC) 4-10; 2. Robyne Johnson (BEBTC) 17-6¼; 3. Maggie Van Zealand (Golden Bear TC) 17-5¼.

Women's 3000 — 1. Michele Aubuchon (Cal State Hayward) 10:05.3; 2. Kerry Robinson (Cal State Hayward) 10:26.0; 3. Carpi Gleason (San Jose Cinderghals) 10:38.6.

Women's 35-meter hurdles — 1. Sherifa Sanders (BEBTC) 5.1; 2. Robyne Johnson (BEBTC) 5.3; 3. Valerie Flemmings (BEBTC) 5.5.

Women's 800 — 1. Marie King (San Jose Cinderghals) 2:13.3; 2. Marilyn Davis (Golden Bear TC) 2:14.5; 3. Jessica Spies (San Jose Cinderghals) 2:17.4.

Men's 3000 — 1. Lee Edmonds (Youth for Christ) 8:29.7; 2. John Embodys (unat) 8:38.4; 3. Bill Eddy (unat) 8:53.8.

Women's 1600 relay — 1. Berkeley East Bay TC 4:04.3; 2. San Jose Cinderghals 4:10.0; 3. Santa Clara Valley Golden Girls 4:12.4.

Pole vault — 1. Williams (West Valley TC) 15-6; 2. Crowhurst (unat) 14-0; 3. Babits (Aggie TC) nh.

Men's 3200 relay — 1. Greater S.F. TC 8:37.6; 2. Woodside Striders 9:00.1; 3. no third.

Women's 3200 relay — 1. San Jose Cinderghals 10:07.7; 2. Marinettes 10:26.8; 3. Woodside Striders nt.

California's Athletes of the Year

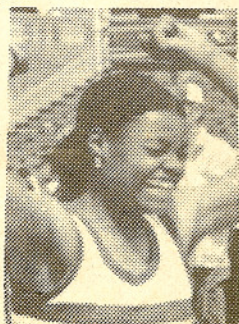


photo by Don Gosney



photo by Bill Leung, Jr.



photo by Dave Stock

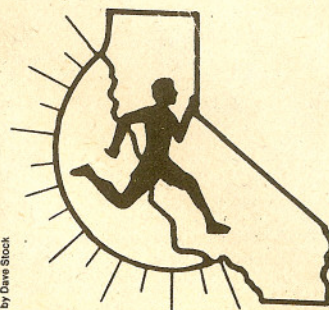


photo by Bill Leung, Jr.



photo by Don Gosney



photo by Don Gosney



photo by Larry Sprague



photo by Don Gosney

The 1981 season is now upon us; which means that 1980 is settled into the record books. But before we totally leave 1980, it's not too late to honor the California Athlete of the Year selections.

Ballots were mailed out to our panel of experts. They rated the top athletes in each category of their specialty from one to five. A first place vote received 10 points, a second place vote received 6 points, third 4, fourth 2, and fifth 1 point. Then it was just a matter of adding up the points to determine who the athlete of the year was in that particular category. Simple enough.

This year we tried an experiment. We opened up the voting to the general readership as well as our panel of experts. The response to the balloting was minimal. We scored readers votes as half as much. The reader impact on the balloting was negligible.

With nearly 30 categories of voting it is quite a job selecting the top athletes in California. But we think the panel has once again done a superb job of sorting it all out. The most frequent suggestion we received is that we should break the women masters down into 10 year age groups just like the men. We'll be doing this next year, even though it means more than 30 categories will be represented in our award presentations. All of these categories are justifiable and worthy



photo by Don Goaney



photo by Bill Leung, Jr.



photo by Dave Stock



Ballots were mailed to our panel of experts. They rated the top athletes in each category of their specialty from one to five. A first place vote received 10 points, a second place vote received 6 points, third 4, fourth 2, and fifth 1 point. Then it was just a matter of adding up the points to determine who the athlete of the year was in that particular category. Simple enough.

This year we tried an experiment. We opened up the voting to the general readership as well as our panel of experts. The response to the balloting was minimal. We scored readers votes as half as much. The reader impact on the balloting was negligible.

With nearly 30 categories of voting it is quite a job selecting the top athletes in California. But we think the panel has once again done a superb job of sorting it all out. The most frequent suggestion we received is that we should break the women masters down into 10 year age groups just like the men. We'll be doing this next year, even though it means more than 30 categories will be represented in our award presentations. All of these categories are justifiable and worthy of separate recognition.

Congratulations to all of the 1980 California Athletes of the Year!



photo by Bill Leung, Jr.



photo by Don Goaney



photo by Don Goaney



photo by Larry Sprague



photo by Don Goaney



photo by Dave Stock



photo by Dave Sheburn



photo by Bill Leung, Jr.



photo by Richard Stockin



photo by Richard Stockin

Boys High School Track

CHARLES MAYFIELD: State champion in the long jump, third in the triple jump, and fourth in the high jump. Best triple jump in nation 52-10½ - California all time record. Other marks of 24-5 and 6-11.

Others receiving votes: Mike Turner, Andy DiConti, Don Mayfield Freeman Miller, Paul Bender, Centennial Mile Relay, Ken Robinson, Peter Richardson.

Previous selections: Rich Kimball 1974, Dedy Cooper 1975, Larry Doubley 1976, James Sanford 1977, Dave Porath 1978, Bill Green 1979.



photo by Don Goaney



photo by Don Goaney



photo by Louis Hirsch

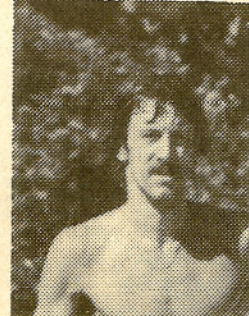


photo by Louis Hirsch

High School Age Girls Track

SHERRI HOWARD: Olympic Trials 400 meter winner, California State champ 200m, 400m & Relay. No. 2 all-time high school 400 meters, No. 1 all-time California high school 400m. Best time of 51.48.

Others receiving votes: Leslie Deniz, Deane Howard, Marlene Harmon, Sharon Ware, Vickie Cook, Fay Palge, Suzie Ray, Polly Plummer.

Previous selections: Mary Decker 1974, Cathy Sulinski 1975, Freida Cobb 1976, Ann Regan 1977. Sherri Howard 1979.

Jodi Anderson
Sue Gelley
Charles Mayfield
Steve Ortiz

Laurie Binder
Sherri Howard
Donna Mayhew
James Sanford

Alice Brown
Maggie Keyes
Monty Montgomery
Steve Scott

Vickie Cook
Francie Lurrieu
Edwin Moses
Joe Staub

Jay Marden
Jeff Nelson
Gary Tuttle

High School Boys Cross Country

JAY MARDEN: Nation's top high school cross country runner in 1980. Central Coast Section, Northern California, Kinney Western Regional and National champ.

Others receiving votes: Jon Butler, Barasa Thomas, Steve Valen, Mike McCollum, Gary Gonzales.

Past selections: Ralph Serna 1974, Thom Hunt 1975, Tim Holmes 1976, Frank Assuma 1977, Jeff Nelson 1978, John Frank 1979.

High School Age Girls Cross Country

VICKIE COOK: Number one high schooler in West. Undeclared during regular season. Meet record in Mt. SAC at 11:29.3. Sectional 2A champ 11:08 course record, Kinney Western champ, number 3 in national.

Others receiving votes: Polly Plummer, Lori Lopez, Robyn MacSwain, Lori Shanoff, Shelly Hazlett, Linda VanHousen, Teresa Barrios.

Previous selections: Debra Johnson 1974, Suzanne Keith 1975, Vicky Bray 1976, Susan Sanchez 1977, Roxanne Bier 1978, Vickie Cook 1979.

Community College Mens Track & Field

JOE STAUB: State Meet's only double winner, setting State Record in the shot (62-5½) and 2nd best discus throw ever with PR as he beat defending state champ in process.

Others receiving votes: Dave Kenworthy, Johnny Gray, Steve McCormack, Malcolm Dixon, Tyke Peacock, Carmelo Rios, Adrian Jones.

Previous selections: James Robinson 1974, Grant Niederhaus 1975, Millard Hampton 1976, Houston McTear 1977, Kenneth Hayes 1978, Andre Phillips 1979.

Community College Womens Track & Field

DONNA MAYHEW: State champ in the javelin with a throw that would have been second in the AIAW Div. I. Placed third in the TAC Championships and 8th in Olympic Trials.

Hintnaus, Dan Grimes, Andre Phillips, Tony Campbell, Steve Ortiz, Larry Doubly, Billy Mullins.

Previous selections: Dwight Stones 1976, Mike Tully 1977, Clancy Edwards 1978, James Sanford 1979.

Women 4 Year College Track & Field

ALICE BROWN: Triple crown with championships in the AIAW, TAC and Olympic Trials 100.

Others receiving votes: Jodi Anderson, Sandy Myers, Deby LaPlante, Jennifer Innis, Linda Goen, Mary Osborne, Maggie Keyes, Yolanda Rich, Linda Keyes.

Previous selections: First year for category.

Men 4 Year College Cross Country

STEVE ORTIZ: Top Californian in NCAA I; first at Stanford Invitational - beat runner-up Conover both times although losing to him at TAC.

Others receiving votes: Ron Cornell, Dave Daniels, Mark Conover, Tim Holmes, Doug Padilla, Danny Grimes, Don Moses, Steve Alvarez.

Previous selections: Dave Taylor 1974, Terry Williams 1975, Terry Cotton 1976, Thom Hunt 1977, Thom Hunt 1978, Thom Hunt 1979.

Women 4 Year College Cross Country

MAGGIE KEYES: Although losing to Linda Goen in the Nationals, Maggie was awesome all year having the edge in every comparison and other head-on competition.

Other receiving votes: Terese Kozlowski, Beth Melewski, Linda Goen, Jan Oehm, Kim Schurpfeil, Sheila Raiston.

Previous selections: first year for category.

Open Men Track & Field

EDWIN MOSES: Completely dominated the intermediates. Undeclared, world record, Olympic Trials champion.

Open Women Cross Country

FRANCIE LARRIEU: Didn't run much cross country but was first Californian at the TAC National Championships in 6th.

Others receiving votes: Sue Kinsey, Yvonne Yanke, Pamela Cox, Michelle Bush.

Previous selections (previously combined with college): Julie Brown 1974, Julie Brown 1975, Julie Brown 1976, Judy Graham 1977, Julie Brown 1978, Maggie Keyes 1979.

Men Long Distance - Road Racing

GARY TUTTLE: This was a hotly contested category with nominees from all over. Tuttle's frequent and consistent racing paid off. National 25K champ, National 1 Hour champ, 5th Bay to Breakers, 9th Nike Club. Winner of such biggies as Clam Beach, Chaminade, Bartlett's, Pleasant Hill and District 15K. 3rd in Viren Invitational.

Others receiving votes: Steve Scott, Dave Babiracki, Jerald Jones, Tom Wysocki, John Moreno, Chuck Smead, Steve Ortiz, Terry Cotton, Dave Smith, Duncan Macdonald, Ron Nabors, Tom Bryant, Kirk Pfeiffer, Frank Richardson, Dennis Rinde, Tony Ramirez, Bob Hollister, John Jones, Thom Hunt, Tom Lux, Jamie White.

Previous selections: Gary Tuttle 1974, Gary Tuttle 1975, Gary Tuttle 1976, Gary Tuttle 1977, Gary Tuttle 1978, Dave Babiracki 1979.

Women Long Distance Road Racing

LAURIE BINDER: 4th at Boston, 6th at New York, 1st Bay to Breakers. Many fast 10K's.

Others receiving votes: Kathy Mintie, Vickie Cook, Pat Story, Kim Schnurpfeil, Gayle Olinek, Miki Gorman, Sue Peterson, Linda Goen, Michelle Aubuchon, Michelle Bush, Judy Fox, Heike Skaden, Maggie Keyes, Kathy Fulkerson, Karen Scannell, Marion Irvine.

Previous selections: Jackie Hansen 1974, Jacki Hansen 1975, Miki Gorman 1976, Miki Gorman 1977, Marty Cooksey 1978, Kathy Mintie 1979.

Masters Div. I (40-49) Track & Field

GEORGE COHEN: Gold medalist in World

Masters Div. IV (70+) Track & Field

WINFIELD McFADDEN: Does everything - sprints, jumps, weights. World class and record holder in triple jump.

Others receiving votes: Stan Hermann, Sing Lum, Robert MacConaghy, Randy Hubbell, Chesley Unruh, A.J. Puglezevich, Red Doms, Tony Castro, Joe Caruso, Vern Cheadle, Paul Spangler.

Previous selections: Paul Spangler 1975, Josiah Packard 1977, Winfield McFadden 1978, Josiah Packard 1979.

Masters Women (40+) Track & Field

IRENE OBERA: World class in 100, 200 and 400 meters.

Others receiving votes: Dorothy Stock, Sandra Kiddy, Margaret Miller, Bess James, Cherri Sherrard, Shirley Kinsey, Crystal Miller, Almata Parish, Josephine Kolda, Jean Carter, Yvonne Henry.

Previous selections: Irene Obera 1977, Shirley Dieterrich 1978, Irene Obera 1979. Brown, Bill Stock, Dick Durand, Paul Jernstrom, Fred Nagelschmidt, Jan Fekkes, Ed

Masters Div. I (40-49) Cross Country - Roads

JIM BOWERS: American record in the marathon.

Others receiving votes: John Brennand, Eino, Skip Shaffer, Ralph Bowles, Joe Burgasser, Bernd Heind, Jim Knerr, Kent Guthrie, Jim Murphy, Andre Tocco, Derek Furnee.

Previous selections: Bill Gookin 1974, Jerry Smartt 1975, Truman Clark 1976, Kent Guthrie 1977, John Brennand 1978, Joe Burgasser 1979.

Masters Div. II (50-59) Cross Country - Roads

JIM O'NEIL: 10K cross country champ and American record in 10K roads.

Others receiving votes: Ray Gil, Tracy Brown, Bil Stock, Dick Durand, Paul Jernstrom, Fred Nagelschmidt, Jan Fekkes, Ed Almeida.

Previous selections: Jim O'Neil 1975, Jim

Community College Men's Track & Field

JOE STAUB: State Meet's only double winner, setting State Record in the shot (62-5½) and 2nd best discus throw ever with PR as he beat defending state champ in process.

Others receiving votes: Dave Kenworthy, Johnny Gray, Steve McCormack, Malcolm Dixon, Tyke Peacock, Carmelo Rios, Adrian Jones.

Previous selections: James Robinson 1974, Grant Niederhaus 1975, Millard Hampton 1976, Houston McTear 1977, Kenneth Hayes 1978, Andre Phillips 1979.

Community College Womens Track & Field

DONNA MAYHEW: State champ in the javelin with a throw that would have been second in the AIAW Div. I. Placed third in the TAC Championships and 8th in Olympic Trials.

Others receiving votes: Sabrina Peters, Ann Regan, Pam Marshall.

Previous selections: Gail Douglas 1977, Ruth Caldwell 1978, Ruth Caldwell 1979.

Community College Men Cross Country

JEFF NELSON: Undefeated all year, breaking records on every course. State champion.

Others receiving votes: Steve McCormack, Alfredo Rosas, John Gerhardt, Matt Ebner.

Previous selections: Bob Thomas 1974, Henry Perez 1975, Bob Paulin 1976, Tim Holmes 1977, Bill Hurst 1978.

Community College Women Cross Country

SUE GELLEY: Southern California and State Champion.

Others receiving votes: Laurie Crisp, Barbie Ludovise, Mari Biggs, Lisa Gonzales.

Previous selections: Ruth Caldwell 1977, Ruth Caldwell 1978, Rene Ortiz Wyckoff 1979.

Men 4 Year College Track & Field

JAMES SANFORD: Best in the world until injured. 4th in 1980 world rankings in 100 (10.03) and 8th in the 200.

Others receiving votes: Greg Foster, Curt Ransford, Mark Anderson, Bill Green, Tom

Don Moses, Steve Alvarez.
Previous selections: Dave Taylor 1974, Terry Williams 1975, Terry Cotton 1976, Thom Hunt 1977, Thom Hunt 1978, Thom Hunt 1979.

Women 4 Year College Cross Country

MAGGIE KEYES: Although losing to Linda Goen in the Nationals, Maggie was awesome all year having the edge in every comparison and other head-on competition.

Other receiving votes: Terese Kozlowski, Beth Melewski, Linda Goen, Jan Oehm, Kim Schurpfeil, Sheila Ralston.

Previous selections: first year for category.

Open Men Track & Field

EDWIN MOSES: Completely dominated the intermediates. Undefeated, world record, Olympic Trials champion.

Others receiving votes: Mac Wilkins, Brian Oldfield, Willie Banks, Steve Scott, Ben Plucknett, James Robinson, John Powell, Pete Schmock, Steve Lacy, Gary Tuttle.

Previous selections: Bruce Jenner 1974, John Powell 1975, Bruce Jenner 1976, Arnie Robinson 1977, Mac Wilkins 1978.

Open Women Track & Field

JODI ANDERSON: Close win over Mary Decker. Best American in long jump and pentathlon in which she won the Olympic Trials in both. Among the best in the 100 and the hurdles, too.

Others receiving votes: Lorna Griffin, Esther Mahr, Sherri Howard, Julie Brown, Marlene Harmon, Mary Decker, Karin Smith, Maren Seidler.

Previous selections: Francie Larrieu 1974, Jane Frederick 1975, Kate Schmidt 1976, Kate Schmidt 1977, Jodi Anderson 1978, Evelyn Ashford 1979.

Open Men Cross Country

STEVE SCOTT: Close win over last year's selection Duncan Macdonald. Steve came out on top in the "Big One" - the TAC Championships.

Others receiving votes: Duncan Macdonald, Jerald Jones, Tom Wysocki, Jim Schankel, Bill McCullough, John Moreno.

Previous selections: Bob Thomas 1976, Dave Babiracki 1977, Larry Lawson 1978, Duncan Macdonald 1979.

Women Long Distance Road Racing

Laurie Binder: 4th at Boston, 6th at New York, 1st Bay to Breakers. Many fast 10K's.

Others receiving votes: Kathy Mintie, Vickie Cook, Pat Story, Kim Schnurpfeil, Gayle Olinek, Miki Gorman, Sue Peterson, Linda Goen, Michelle Aubuchon, Michelle Bush, Judy Fox, Heike Skaden, Maggie Keyes, Kathy Fulkerson, Karen Scannell, Marion Irvine.

Previous selections: Jackie Hansen 1974, Jacki Hansen 1975, Miki Gorman 1976, Miki Gorman 1977, Marty Cooksey 1978, Kathy Mintie 1979.

Masters Div. I (40-49) Track & Field

GEORGE COHEN: Gold medalist in World Games. American record in 800 - 1:54.9.

Others receiving votes: Doug Smith, Al Henry, Hal Smith, Ed Oleata, Phil Conley, Percy Knox, Nick Newton, Gary Miller, Ken Dennis, Ben Anixter, Herm Wyatt, Dave Jackson, Kermit Walker.

Previous selections: Bill Fitzgerald 1974, Peter Mundle 1975, Shirley Davisson 1976, Dave Jackson 1977, Ken Dennis 1978, Nick Newton 1979.

Masters Div. II (50-59) Track & Field

SHIRLEY DAVISSON: world record in the long jump.

Others receiving votes: Tom Patsalis, Don Cheek, Gene Harte, Novi Millicevic, Bill Fitzgerald, Peter Mundle, Harry Hawke, Ted Vick, Dick Marlin, Bob Watanabe, Peter Fetter, Dave Stevenson, Jim O'Neil.

Previous selections: Bill Fitzgerald 1975, Bill Fitzgerald 1976, Tom Patsalis 1977, Peter Mundle 1978, Tom Patsalis 1979.

Masters Div. III (60-69) Track & Field

BOB HUNT: World class in all sprints, hurdles, and decathlon, American record in high hurdles.

Others receiving votes: Bill Morales, Burl Gist, Gordon Farrell, Art Vesco, Orval Gillett, Bill Burke, Vince Godfrey, John Satti, Harry Koppel, Jim Vernon, Henry Fairbank, Payton Jordan, Ed Stotsenberg.

Previous selections: Jack Thatcher 1976, Payton Jordan 1977, Payton Jordan 1978, Harry Koppel 1979.

Women Long Distance Road Racing

JIM BOWERS: American record in the marathon.

Others receiving votes: John Brennand, Eino, Skip Shaffer, Ralph Bowles, Joe Burgasser, Bernd Heind, Jim Knerr, Kent Guthrie, Jim Murphy, Andre Tocco, Derek Furnee.

Previous selections: Bill Gookin 1974, Jerry Smartt 1975, Truman Clark 1976, Kent Guthrie 1977, John Brennand 1978, Joe Burgasser 1979.

Masters Div. II (50-59) Cross Country - Roads

JIM O'NEIL: 10K cross country champ and American record in 10K roads.

Others receiving votes: Ray Gil, Tracy Brown, Bil StockDick Durand, Paul Jernstrom, Fred Nagelschmidt, Jan Fekkes, Ed Almeida.

Previous selections: Jim O'Neil 1975, Jim O'Neil 1976, Jim O'Neil 1977, Ed Almeida 1978, Jim O'Neil 1979.

Masters Div. III (60-69) Cross Country - Roads

ED LEWIN: Consistent winner in all road races.

Others receiving votes: Paul Reese, Dick Davis, Ed Lowell, Walt Stack, Ed Stotsenberg, John Lafferty.

Previous selections: John Montoya 1976, Chuck Seekins 1977, Chuck Seekins 1978, Ed Lewin 1979.

Masters Div. IV (70+) Cross Country - Roads

MONTY MONTGOMERY: American record over 10K.

Others receiving votes: Paul Spangler, Jim Boles.

Previous selections: Paul Spangler 1976, Monty Montgomery 1977, Monty Montgomery 1978, Monty Montgomery 1979.

Masters Women (40+) Cross Country - Roads

SANDRA KIDDY: American records in 50K and Half Marathon.

Others receiving votes: Mary Story, Dorothy Stock, Helen Dick, Karen Scannel, Marion Irvine, Mike Gorman, Sue Petersen, Margaret Miller, Melda Dean, Judy Fox, Christa Rompannen, Linda Burke, Jennifer Wright.

Previous selections: Miki Gorman 1979.

MASTERS SCENE

By MARTY HIGGINBOTHAM

Masters athletes have a full slate of outstanding track and field meets this season. The Sacramento Relays scheduled for April 4 will have individual and relay events for masters. April 11, the Third Annual Northeast Masters Track and Field Relays are on slate. The month of May will feature four major meets beginning May 9 with the 11th Annual Grandfather Games, followed by the Striders Relays May 16, the Redlands Masters Meet May 23, and then the Pacific Association AC Masters Track and Field Championships to cap off the month on May 30. The end of June will bring two very exciting track meets--the Western Regional AC Track and Field Championships in Los Gatos to be held June 20-21, followed by the 12th Annual Senior Olympics June 27-28 at USC in Los Angeles.

August will bring three track and field meets. Beginning August 1 the Corona del Mar Don Palmer Relays on the slate. The next week the Pan American Games are scheduled for Saturday and Sunday, August 8 and 9, followed by the big meet of the year--the AC National Masters Track and Field Championships. The meet has

was runner-up in the 110m hurdles (26.1), 200m (33.9), and 400m (74.8). Verne Wolf took a first place in the 55-59 age group pole vault. Tony Nasralla was a winner in the 45-49 division triple jump and took seconds in both the discus and javelin. For the California women, Reiko Duba was runner-up in the high jump and 1500 meters in

year. One of the better meets was the Orange Masters Meet February 7. George Cohen of Los Angeles, who won the world title at 800 meters in the 40-44 division showed his speed at the Orange meet as he sped to a 54.4 400 meter victory. Nick Newton, who is on a fast comeback trail won the age 40-49 high jump at 5-6, and the 200 meters in 24.3. Tom Patsalis turned in some

super performances in the 50-59 category as he leaped 18-4 in the long jump and timed 8.68 in the 60 yard hurdles, winning both events. Bob Hunt and Burl Gist were both triple winners as Hunt took the 100 in 12.8 and the 220 in 29.3 and 440 in 65.6. Gist took the high jump at 5-0, the long jump at 14-11½, and the 60 yard hurdles and 8.68.



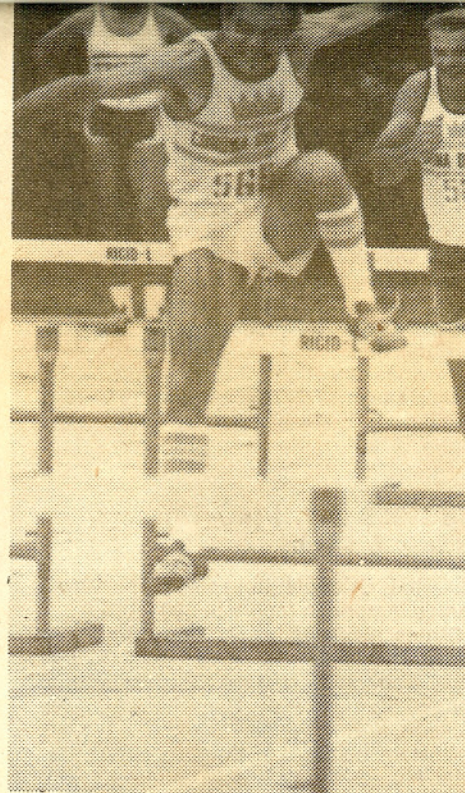
Association AC Masters Track and Field Championships to cap off the month on May 30. The end of June will bring two very exciting track meets--the Western Regional AC Track and Field Championships in Los Gatos to be held June 20-21, followed by the 12th Annual Senior Olympics June 27-28 at USC in Los Angeles.

August will bring three track and field meets. Beginning August 1 the Corona del Mar Don Palmer Relays on the slate. The next week the Pan American Games are scheduled for Saturday and Sunday, August 8 and 9, followed by the big meet of the year--the AC National Masters Track and Field Championships. The meet has been moved from Southern California to Los Gatos, near San Francisco. Contact person for the national championships is Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031.

This year Springbett will also be hosting the Pacific Association Championships and the AC Western Regional Championships. Springbett has hosted several quality meets in the past and the Los Gatos High School track is a superb all-weather facility.

On the road, the Nike/Penn Mutual Masters Grand Prix 15 will take place March 22 in San Diego. Contact Bill Stock, 7160 Baldrich, LaMesa, CA 92041. The July 4 Bartlett Mineral Springs Independence Day Four Mile is a race that caters to submasters and master runners. It is run over a very flat, fast course in Visalia's Mooneys Grove park, a beautiful place to run.

Congratulations to the California Master Athletes who participated in the 6th Hawaii Senior Olympics. Jim Waite captured a first and three second places. Waite took the 400 hurdles and



Tom Patsallis



photo by Don Gosney

Judy Fox



Patricia Whittingslow, age 40, first master in Berkeley to Moraga Run. See results in last issue.
photo by Keith Conning

5:52.0. Josephine Kolda captured a win in the 80 meter hurdles in 16.9.

Four of California's distance runners have set new American age division records that have been officially approved by the National Running Data Center. In the 40-45 age group, Tom Laris blazed a 31:31 10k. Also at the 10k distance, Jim O'Neil timed 34:06 for a new 55-59 division record. In the 25k, Jim Bowers timed 1:22:39 for a 40-44 record, while Judy Fox established a new 40-44 age record with a time of 1:35:25.

There have already been some early season all-comers meets this

Masters Schedule

MARCH 22 (Sunday): Nike/Penn Mutual Masters Grand Prix 15K. San Diego. Contact: Bill Stock, 7160 Baldrich, La Mesa, CA 92041.

APRIL 4 (Saturday): 22nd Sacramento Relays, Cal State University, Sacramento. Full slate of individual and relay events for masters. Send SASE to Ray Wigginton, 3012 Scenic Hts. Way, Carmichael, CA 95608.

APRIL 11 (Saturday): 3rd Annual Northeast Masters Track & Field Relays, Cal State Los Angeles. Contact: Skip Loera, 3111 W. Ramon Blvd., Alhambra, CA 91803.

MAY 9 (Saturday): 11th Annual Grandfather Games, Los Angeles Valley Col-

lege, Van Nuys. Contact: George Ker, 8220 Langdon Ave. No. 36, Granada Hills, CA 91344. (213) 758-3770.

MAY 16 (Saturday): 6th Annual Striders Relays. Cal State Northridge. Contact: Ann Smith, 18750 Oxnard St. Suite 704, Tarzana, CA 91356. (213) 348-6352.

MAY 23 (Saturday): Redlands Masters Track & Field Meet. Redlands University, Redlands. Contact: Buzz Wagner, 1522 Margarita Dr., Redlands, CA 92373. (714) 793-2638.

MAY 30 (Saturday): Pacific Association AC Masters Track & Field Championships. Los Gatos High School, Los Gatos. Contact: Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031.

Profile on *Harry Harder*

HARRY HARDER: High Sierra Track Club. Age 63. Height 5-10. Weight 130. Born April 13, 1917.

Best Track Times: One Mile- 5:51(75); 2 Mile- 12:28(75); 3 Mile- 19:09(72); 10K- 41:53(75); One Hour Run- 8 miles, 1134 yards(75). *Best Road Times:* 5K- 19:55(80); 6 Mile- 38:18(76); 15K- 62:38(80); 10 Mile- 67:08(80); 25K- 1:56:14(71).

Harry Harder began running at age fifty-one and is one of the most popular long distance runners in the

photo by Marty Higginbotham



Central Valley. Harder who lives in Reedley has been a dominant figure on the masters road racing scene for several years in the Valley. He came in

contact with Dr. Coopers book on aerobics and liked what he found. After being on Coopers program for four or five months, he was invited to run in a race - there he won a trophy. After winning three trophies in three races Harder says he was "hooked" on competitive running. Today Harry holds many course records at Valley road races.

In 1976 the Fresno Joggers awarded him, Most Inspirational Jogger. The last two years he has been named High Sierra TC Masters Runner of the Year. He was also awarded Athlete of the Year by the Central California Association of the AAU for the year 1979.

Harder likes to compete about every two weeks. Although he races at a wide variety of distances he claims the 10 kilometer is his favorite event, where he ran a personal record of 40:22 in 1980. In competition Harry likes to run a decent first mile to establish rhythm, then try to maintain, saving something for the last mile, and as Harry puts it, "Important don't let the others catch you!" As far as peaking goes he does gear up for some races more than others.

Harder has some strict training rules. He is on a sugar free diet because he is a diabetic. Also he tries to keep to a low cholesterol diet. He takes a multiple vitamin and gets as much sleep as is needed. Harry has a very organized daily schedule. He is in bed at 9:30, however, he is up at the early hour of 3:15 a.m. He's out for his morning run at 4:15 a.m. when most run-

ners are still practicing horizontal breathing with their eyelids shut! At 7:00 a.m. he's off to work. He's employed at the Sears Retail Distribution Center in Fresno, where he is the receiving manager (Harry has been with Sears since October 1949). After putting in his eight hour day he is back out at 5:30 p.m. for his afternoon workout. Harder is also on a weight program he began in February.

At present Harry has no long range goals but says that this could change. He says he plans to compete as long as he does not embarrass himself or his friends - he says, "this could be at age 100." Harder feels running is the easiest way to achieve and maintain a balance between ones physical and mental being.

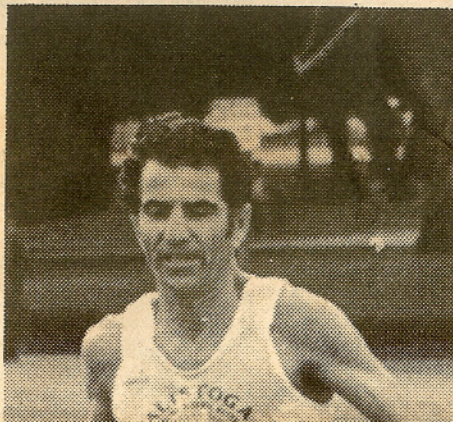
Harder's coaching has come from a number of good and well-meaning friends such as Cam Ostrand, Bob Lehman, Hugh Adams, Bill Cockerham, Bob Fries, Red Estes and Pete Romero. Harder feels running has been good to him. He says he has met many new friends and they offer him much encouragement. The 1981 Central Valley Running Schedule offers many opportunities for the sixty plus runner says Harder, he also adds, "this I appreciate, it is very hard to give away thirteen years to a young Len Thornton." (Thornton is a fellow HSTC member who is a tremendous runner who just turned fifty.) Harry says his fellow runners have inspired him very much. Harry also has been a very encouraging and inspiring runner to others in the Central Valley.

Profile on: *Andre Tocco*

ANDRE TOCCO: Culver City & Point Fermin clubs. Age 45. 5 feet, 8 inches; 134 pounds. Born October 10, 1935, in Casablanca.

Best Marks: 10K- 33:32; 15K- 50:39; 10 Miles- 56:10; ½ Marathon- 73:26; 25K- 1:32:30; Marathon- 2:37:16; 50 Miles- 6:09:00; 100 Miles- 22:03:00.

It's never too late to start. You've just got to take the first step, then let them just follow. For Andre Tocco that first step was at age 43; that's when he first started to run. Now that he is a two year veteran at age 45 Tocco is a regular feature at Southern California road runs, usually up in the front of his age division. Infact he's



Jack's Athletic Supply

FROM THE OIL:

Andre Tocco

ANDRE TOCCO: Culver City & Point Fermin clubs. Age 45. 5 feet, 8 inches; 134 pounds. Born October 10, 1935, in Casablanca.

Best Marks: 10K- 33:32; 15K- 50:39; 10 Miles- 56:10; ½ Marathon- 73:26; 25K- 1:32:30; Marathon- 2:37:16; 50 Miles- 6:09:00; 100 Miles- 22:03:00.

It's never too late to start. You've just got to take the first step, then let them just follow. For Andre Tocco that first step was at age 43; that's when he first started to run. Now that he is a two year veteran at age 45 Tocco is a regular feature at Southern California road runs, usually up in the front of his age division. Infact he's now so hooked on this running thing that he's moving up to the ultramarathon distances (*See article on Striders 50 Mile in last issue.*)

Even though he got a late start Tocco has stacked up a nice pile of victories: National 5K Cross Country in San Diego, 20K District Championships at Griffith Park, 50K District Championships at Camarillo, and 50 Mile District Championship at Santa Monica.

The 45 year old Service District Manager for AMC/Jeep & Renault basically competes for the fun of it and "to meet new people." He admits being inspired by the performances of the great Emile Zatopek, but says of his own running, "My normal week of training consists of 70 to 80 miles per week (with most of it fun run or fartlek). I like to train with good runners but not too serious because instead of being fun it would be hard work and hard work is not too pleasant to do for long periods of time. In my opinion, this is one of the main reasons many runners drop out."

Tocco's training philosophy is simple, "90 percent fun, 10 percent hard work." His racing philosophy is just as simple, "Start fast and finish faster."

His next goal? "To compete in the Triathlon in 1982."



photo by Bill Leung, Jr.

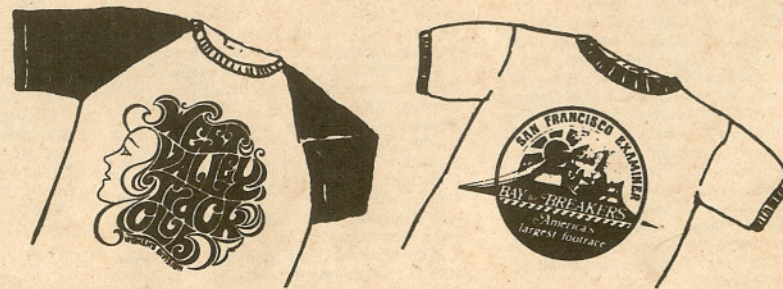
important don't let the others catch you!" As far as peaking goes he does gear up for some races more than others.

Harder has some strict training rules. He is on a sugar free diet because he is a diabetic. Also he tries to keep to a low cholesterol diet. He takes a multiple vitamin and gets as much sleep as is needed. Harry has a very organized daily schedule. He is in bed at 9:30, however, he is up at the early hour of 3:15 a.m. He's out for his morning run at 4:15 a.m. when most run-

many new friends and they offer him much encouragement. The 1981 Central Valley Running Schedule offers many opportunities for the sixty plus runner says Harder, he also adds, "this I appreciate, it is very hard to give away thirteen years to a young Len Thornton." (Thornton is a fellow HSTC member who is a tremendous runner who just turned fifty.) Harry says his fellow runners have inspired him very much. Harry also has been a very encouraging and inspiring runner to others in the Central Valley.

Jack's Athletic Supply

Screened T-Shirts as Low as \$1.85
(\$1.50 in Kid's Sizes)
Embroidered Patches — Ribbons
CHRONOMIX Timers & Clocks
Race Supply Warehouse (Buy-Rent)



Also--We offer free or discounted race-equipment rentals, advertising, prizes, etc., with large volume purchases...call & see what we can offer!

Jack Leydig — Box 1551H, San Mateo, CA 94401
Ph. 415/341-3119

PREP NOTES

Send all high school material directly to Keith Conning, California Track & Running News High School Editor, 2235 Browning St., Berkeley, CA 94702.

by Keith Conning



1981 High School Track & Field Preview

★ North Coast Section

By KEITH CONNING

100: Kenny Robinson (Berkeley) 10.59, 1-Section, 2-State. Stone Chandler (DeAnza, Richmond) 10.7, 2-Section, 5-State Heat. Lenny Davis (Pittsburg) 10.9, 6-Section, 3-SF Games. Tim Altree (Monte Vista, Danville)

Lafayette) 12.6, NQ-Section trials. David Mensing (Amador Valley) 12.0, NQ-Section trials.
Long Jump: Vincent Logan (Salesian, Richmond) 21-11½, 6-Section, 1-Levi's, 3-SF Games. Rob McCorkel (Petaluma) 22-4½, 7-Section. Johnson 21-7½, 4-SF Games. Bill Durbrow (Acalanes, Lafayette) 21-3½, 9-Section. Rob Harrison (Eureka) 21-6, 10-Section trials. Fred Wella (Hoopa) 21-3½, 16-Section trials.

Games. Gaffield 10:42.17, 2-Section, 6-State. Karin Lambden (Castro Valley) 10:46.1, 3-Section, 15-State. Lori Shanoff (Petaluma) 10:11.8(3000), 3-SF Games. Marcia White (Miramonte, Orinda) 10:57.3, 6-Section, 6-SF Games.

100 Low Hurdles: Sherifa Sanders (Berkeley) 13.82, 2-Section, 3-State, 1-Levi's. Val Flemmings (Northgate, Walnut Creek) 13.9, 3-Section, 7-State, 3-Levi's. Robyne Johnson (Berkeley) 13.6, 4-Section, 7-State

200: White 21.11, 1-Oakland Section, 5-State.
400: Anne Williams (Oakland) 1-SF/Oakland, Scratch-State, 48.7, 1-Levi's.
110 HH: Eddie Jackson (Oakland) 2-Levi's.
High Jump: Maurice Crumby (Balboa, San Francisco) 6-11¼, 1-Levi's.
Pole Vault: McClenahan (Galileo, San Francisco) 14-6.
Long Jump: Ken Frazier (Mission, San Francisco) 23-10¾, 1-Section, 4-State. Nails 22-7. Nate Banks (Balboa, San Francisco) 22-2½, 1-SF Games.
Triple Jump: Frazier 50-2½, 1-Section, 4-State, 1-Levi's.

GIRLS:

100: Nishelle McGuire (Skyline, Oakland) 12.3, 1-Section, 7-State heat. Delisa Lynch (Oakland Technical) 10.9(100 yds.), Sheila Hunter (Balboa, San Francisco) Levi's heat winner.
200: McGuire 25.3, 2-SF/Oakland. Lynch 25.4.
800: Jenny Ray (Oakland) 2:15.1, 1-Section, 4-State heat.
Mile: Ray 5:09.6.
Two Mile: Ray 11:18.3.
High Jump: Jackie Mitchell (Skyline, Oakland) 4-10, 1-Section, Scratch-State.
Long Jump: Diane Stroman (Oakland) 17-7, 1-Section, 25-State trials.
Shot Put: Elyse Duckett (Lowell, San Francisco) 36-9½, 1-Section, 25-State Trials.
Discus: Duckett 97-11¼, 1-Section, 26-State trials.

★ Central Section

By KEITH CONNING

100: Tyrone Henderson (East, Bakersfield) 11.02, 1-Section, 4-State heat.
200: Henderson 22.2, 4-State heat.
400: Larry Dyles (Foothill, Bakersfield) 48.9, 3-Section, 6-State heat. Robert Johnson (Bakersfield) 48.0, 1-Section, 6-State heat.
800: Louis Calderon (Sanger) 1:54.5, 2-Section, 6-State heat.
1600: Gary Gonzales (Clovis) 4:11.14, 1-Section, 6-State. Bob Lohse (Hanford) 2-Section, 12-State heat. Randy Steed (West, Bakersfield) 4:23.7, 3-Section, 12-State heat.
3200: Gonzales 9:13.6. Shawn Smallwood (Corcoran) 9:14.2, 3-Section, 16-State.
110 HH: Robert Budwig (Clovis) 1-Levi's. Kevin Knight (South Bakersfield) 14.8, 3-Section, 7-State heat. Ron McCoy (Edison, Fresno) 14.4, 1-Section, DQ-State.
Pole Vault: Doug Wicks (South, Bakersfield) 14-4, 1-Section, 5-State. Clint Hunt (Foothill, Bakersfield) 14-6, 2-Section, No height-State.
Long Jump: McCoy 23-4¼, 1-Section, 17-State trials.

Vestee Jackson (McLane, Fresno) 48-5, 5-State. Phillip Cooley (Fresno) 46-8½, 3-Section, 13-State trials.
Shot Put: Randy Arie (West Bakersfield) 57-4½, 2-Section, 12-State trials.
300 Low Hurdles: Duane Dill (Chowchilla) 38.10, 6-State heat.

GIRLS:

100: Lanette Covington (Foothill, Bakersfield) 12.3, 2-Section, 6-State heat. Lorette Aragon (Clovis West) 12.3, 6-State heat.

GIRLS:

100: Pat Belvin (Chico) 12.94, 1-Section, 6-State.
200: Belvin 26.4, 1-Section, 7-State heat.
800: Jennifer Korte (Bidwell, Chico) 2:20.06, 1-Section, 5-State heat.
1600: Korte 5:16.1, 1-Section, 12-State heat.
3200: Diana Hughes (Red Bluff) 11:42.4, 1-Section, 21-State.

★ Sacramento Sac-Joaquin

By KEITH CONNING

BOYS:

100: Kevin Willhite (Cordova, Rancho Cordova) 11.15, 3-Section, 5-State heat, 2-SF Games. Lathan Parnell (Hogan, Vallejo) 2-SF Games. Eugene King (Vallejo) 4-SF Games. Haris (Rancho Cordova) Levi's heat winner.
200: Willhite 21.8, 2-Section.
800: John Odell (Vintage, Napa) 1:53.51, 2-Section, 7-State, 3-Levi's. Mark Spencer (Elk Grove) 1:56.1, 3-Section, 7-State heat.
3200: Tito Torres (Johnson, Sacramento) 9:10.2, 1-Section, 11-State. Jeff Scott (El Camino, Sacramento) 9:11.3, 2-Section, 12-State. Harold Kuphardt (Bella Vista, Fair Oaks) 8:47.6(3000), 4-SF Games. Gary Whaler (Placer, Auburn) 9-SF Games. Healy (Justin-Siena, Napa).
Shot Put: Fowler (Bella Vista, Fair Oaks) 52-4, 3-Levi's.

GIRLS:

100: Karen Schaefer (Central Catholic, Modesto) 12.25, 4-State heat. Monica Taylor (Del Paso, Sacramento) 12.25, 5-State heat.
200: Schaefer 24.97, 1-Section, 6-State.
1600: Joni Weaver (Ponderosa, Shingle Springs) 5:00.0, 1-Section, 7-State heat. Heike Skaden (Encina, Sacramento) 4:59.20(mile), 2-Section.
3200: Skaden 10:32.9, 1-Section, 9-State. Renee Martin (Casa Roble, Orangevale) 10:22.6(3000), 1-Levi's, 8-SF Games.
High Jump: Jenny Linderman (Sonora) 5-4, 1-Levi's.
Shot Put: Mel Rodriguez (Mariposa) 44-1½, 1-Section, 6-State. Deanne Phillips (Mira Loma, Sacramento) 41-8½.
Discus: Rodriguez 142-11, 1-Section, 5-State.

★ Southern Section & Los Angeles Section

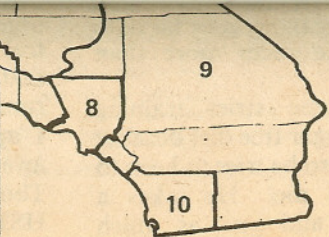
By DOUG SPECK

It has been a very mild winter in the Los Angeles area, and if the results from indoor and all-comers action is any indication it will be another super spring track and field season for the state's most populous area. A number of top-flight individuals return in the men's division, and in the case of a couple of events (400, 800, long jump) there is a solid and deep supporting cast. The women's division at the high school level is still not quite

Preview

LEGEND

1. Northern Section
2. North Coast Section
3. Sac-Joanquin Section
4. San Francisco City Section
5. Oakland City Section
6. Central Coast Section
7. Central Section
8. Los Angeles City Section
9. Southern Section
10. San Diego Section



North Coast Section

By KEITH CONNING

100: Kenny Robinson (Berkeley) 10.59, 1-Section, 2-State. Stone Chandler (DeAnza, Richmond) 10.7, 2-Section, 5-State Heat. Lenzy Davis (Pittsburg) 10.9, 6-Section, 3-SF Games. Tim Altree (Monte Vista, Danville) 11.0, 5-Section Heat.

200: Robinson 21.21, 1-Section, 1-State. Keith Holbert (Pinole) 21.7, 2-Section, 3-State Heat. Chandler 22.2, 4-Section, 5-State Heat. John Zunino (Redwood, Larkspur) 22.4, 5-Section.

400: Chris Prietto (DeLaSalle, Concord) 47.6, 1-Section, 4-State Heat. Ulvsee Walker (Berkeley) 47.9, 3-Section, 5-State Heat, 2-Levi's. Dave White (St. Mary's, Berkeley) 48.6, 4-Section, 5-State Heat.

800: Pete Richardson (Berkeley) 1:50.19, 1-Section, 2-State, 2-Levi's. Dave Rodriguez (Montgomery, Santa Rosa) 1:51.87, 2-Section, 5-State. Steve Gerhart (Miramonte, Orinda) 1:56.7, 1-Levi's. Glenn Davidson (Piner, Santa Rosa) 1:56.6, 8-Section. Jay Lawson (St. Mary's, Berkeley) 1:57.9, 5-Section Heat.

1600: Jay Marden (Mission San Jose, Fremont) 4:14.6, 2-Section. Dave Shea (Castro Valley) 4:22.1, 7-Section. Sam Hooker (Las Lomas, Walnut Creek) 4:24.0, Section finalist. Scott Ricksecker (Petaluma) 4:25.0, 6-Section Heat. Gerhart 4:10.5(1500), 1-Levi's.

3200: Marden 8:56.08, 1-Section, 2-State. Shea 9:15.22, 2-Section, 14-State, 12-SF Games. Aubrey Wilson (Berkeley) 9:19.6, 4-Section, 24-State, 8-SF Games. Brian Abshire (DeAnza, Richmond) 8:38.4, 3-SF Games. Hooker 11-SF Games. Tim Berry (Ygnacio Valley) 8-Section, 1-Levi's.

110HH: Jeff Johnson (Petaluma) 14.3, 4-Section, 5-State Heat. Greg Thompson (Mission San Jose, Fremont) 14.6, 5-Section. Rudy Viramontes (Antioch) 14.9, 5-Section Heat. Chip Upshaw (Acalanes, Lafayette) 15.0, 7-Section Heat. John Ayres (Salesian, Richmond) Levi's Heat Winner. Walter Murray (Berkeley) 3-Levi's.

300LH: Muarray 37.5, 2-Section, 5-State Heat. Thompson 38.0, 3-Section. Viramontes 38.0, 4-Section, 6-State Heat. Johnson 38.9, 5-Section.

High Jump: Ken Malvino (Redwood, Larkspur) 6-8, Section finalist, 2-Levi's. Dave Swanson (Analay, Sebastopol) 6-6, 2-Section, No height-State. Ron Kamaka (Rancho Cotato) 6-6, did not qualify in Section Trials. Doug Wells (San Leandro) 6-4, Section finalist.

Pole Vault: Tim McEvoy (Petaluma) 13-9, Section finalist. John Lancaster (Acalanes,

Lafayette) 12-6, NQ-Section trials. David Mensing (Amador Valley) 12-0, NQ-Section trials.

Long Jump: Vincent Logan (Salesian, Richmond) 21-11½, 6-Section, 1-Levi's, 3-SF Games. Rob McCorkel (Petaluma) 22-4½, 7-Section. Johnson 21-7½, 4-SF Games. Bill Durbrow (Acalanes, Lafayette) 21-3½, 9-Section. Rob Harrison (Eureka) 21-6, 10-Section trials. Fred Wella (Hoopa) 21-3½, 16-Section trials.

Triple Jump: Thompson 47-7¼, 3-Section, 11-State trials. Durbrow 46-2, 5-Section. Harrison 45-10, Section finalist. Robin Colter (Rancho Cotati) 45-3, Section finalist.

Shot Put: Dennis DeSoto (Santa Rosa) 60-7¼, 1-Section, 4-State. Dave Maggard (Acalanes, Lafayette) 59-1, 4-Section, 10-State trials. Paul Rosati (Acalanes, Lafayette) 57-7, 5-Section, 1-Levi's. John Berry (Northgate, Walnut Creek) 53-4½, 8-Section.

Discus: Chris Day (Montgomery, Santa Rosa) 180-4, 3-Section, 6-State. Maggard 173-2, 11-Section Trials. Rosati 168-3, 8-Section. DeSoto 166-6, 10-Section trials. Berry 162-5, 9-Section.

GIRLS:

100: Sharon Ware (Berkeley) 11.34, 1-Section, 1-State, 1-Levi's, 2-SF Games. Patrice Carpenter (Transferred from DeAnza, Richmond to Holy Names, Oakland) is not eligible to compete this season. Valerie Spence (San Lorenzo) 11.9, 3-Section, 3-State Heat, 3-Levi's. Qwen Ward (DeAnza, Richmond) 11.92, 4-Section, 3-State, 1-Levi's. Nedrea Rodgers (Berkeley) 2-Levi's. Julie Hansen (Acalanes, Lafayette) 3-Levi's.

200: Ware 23.62, 1-Section, 2-State. Tanaya King (Berkeley) 24.51, 2-Section, 2-State Heat. Spence 24.7, 3-Section, DQ-State heat. Hansen 25.1, 4-Section, 5-State Heat.

400: Jessica Spies (Livermore) 55.3, 2-Section, 2-State Heat. Maree Hansen (Alhambra, Martinez) 56.2, 5-Section. Kathy Halpin (Livermore) 57.2, 6-Section. Jane Hartwell (Piedmont) 59.3, 8-Section. King 1-Levi's. Lana Rice (Berkeley) 2-Levi's.

800: Marilyn Davis (Miramonte, Orinda) 2:09.73, 1-Section, 1-State, 2-Levi's. Spies 2:11.1, 3-Levi's. Jill Ellingson (Hayward) 2:13.0, 3-Section, 2-State Heat. Laurie Hollingworth (Piner, Santa Rosa) 2:13.16, 4-Section, 6-State, 1-Levi's. Doniece Johnson (Berkeley) 2:15.0. Kristi Lambden (Castro Valley) 2:17.4, 5-Section.

1600: Katy Dykstra (Drake, San Anselmo) 5:06.3, 2-Section. Lori Shanoff (Petaluma) 5:06.5, 4-Section, 8-State heat. Mary Gaffield (El Cerrito) 5:06.1, 5-Section. Tiffany DeLove (El Molino, Forestville) 5:14.0, Section finalist. Hollingworth 4:54.7(1500), 2-Levi's.

3200: Robyn MacSwain (Terra Linda, San Rafael) 10:41.5, 1-Section, 11-State, 5-SF

Games. Gaffield 10:42.17, 2-Section, 6-State. Karin Lambden (Castro Valley) 10:46.1, 3-Section, 15-State. Lori Shanoff (Petaluma) 10:11.8(3000), 3-SF Games. Marcia White (Miramonte, Orinda) 10:57.3, 6-Section, 6-SF Games.

100 Low Hurdles: Sherifa Sanders (Berkeley) 13.82, 2-Section, 3-State, 1-Levi's. Val Flemmings (Northgate, Walnut Creek) 13.9, 3-Section, 7-State, 3-Levi's. Robyne Johnson (Berkeley) 13.6, 4-Section, 7-State, 2-Levi's. Debbie Lockwood (Willits) 15.4, C-Section heat. Teri Haynes (El Cerrito) 14.4. Yvette Bates (Berkeley) 1-Levi's.

High Jump: Maggie Van Zealand (Acalanes, Lafayette) 5-7, 2-Section, 7-State. Cheryl Bishop (Berkeley) 5-9, 3-Section, NQ-Section trials, 2-Levi's. Allison Crist (Sunset, Hayward) 5-4, 5-Section. Debbie Disbrow (Granada, Livermore) 5-4, 6-Section. Molly Hill (Piedmont) 5-2, 8-Section. Jenny Bateman (San Ramon, Danville) 5-2, Section finalist.

Long Jump: Sanders 19-5½, 1-Section, 2-State, 1-Levi's. Johnson 19-3¼, 2-Section, 9-State trials, 2-Levi's. Bates 18-11½, 2-Levi's. Sheila Nicks (Ells, Richmond) 18-2, 4-Section, 17-State. Brenda Bertillion (Sunset, Hayward) 17-11¼, 6-Section. Van Zealand 17-5¼, 3-Levi's.

Shot Put: Laura DeSnoo (Washington, Fremont) 41-10, 1-Section, 8-State, 2-Levi's. Jeanne Gallegos (Liberty, Brentwood) 39-11¼, 4-Section, 21-State trials. Amy Van Galder (Acalanes, Lafayette) 38-10½, 6-Section. Mary Fischer (Monte Vista, Danville) 35-11¼, 7-Section.

Discus: DeSnoo 160-2, 1-Section, 3-State. Dana Spahn (Arroyo, San Lorenzo) 121-7, 2-Section, 25-State trials. Vicki Dhont (Acalanes, Lafayette) 121-8, 4-Section, 12-State trials. Donna Smith (Antioch) 116-0, 5-Section. Lola Paul (Montgomery, Santa Rosa) 115-3, Section finalist. Bernice McMillan (Redwood, Larkspur) 114-0, Section finalist.

Shot Put: Laura DeSnoo (Washington, Fremont) 41-10, 1-Section, 8-State, 2-Levi's. Jeanne Gallegos (Liberty, Brentwood) 39-11¼, 4-Section, 21-State trials. Amy Van Galder (Acalanes, Lafayette) 38-10½, 6-Section. Mary Fischer (Monte Vista, Danville) 35-11¼, 7-Section.

Discus: DeSnoo 160-2, 1-Section, 3-State. Dana Spahn (Arroyo, San Lorenzo) 121-7, 2-Section, 25-State trials. Vicki Dhont (Acalanes, Lafayette) 121-8, 4-Section, 12-State trials. Donna Smith (Antioch) 116-0, 5-Section. Lola Paul (Montgomery, Santa Rosa) 115-3, Section finalist. Bernice McMillan (Redwood, Larkspur) 114-0, Section finalist.

San Francisco/Oakland Section

By Keith Conning

100: Larry Dyles (Foothill, Bakersfield) 48.9, 3-Section, 6-State heat. Robert Johnson (Bakersfield) 48.0, 1-Section, 6-State heat.

800: Louis Calderon (Sanger) 1:54.5, 2-Section, 6-State heat.

1600: Gary Gonzales (Clovis) 4:11.14, 1-Section, 6-State. Bob Lohse (Hanford) 2-Section, 12-State heat. Randy Steed (West, Bakersfield) 4:23.7, 3-Section, 12-State heat.

3200: Gonzales 9:13.6. Shawn Smallwood (Corcoran) 9:14.2, 3-Section, 16-State.

110 HH: Robert Budwig (Clovis) 1-Levi's. Kevin Knight (South Bakersfield) 14.8, 3-Section, 7-State heat. Ron McCoy (Edison, Fresno) 14.4, 1-Section, DQ-State.

Pole Vault: Doug Wicks (South, Bakersfield) 14-4, 1-Section, 5-State. Clint Hunt (Foothill, Bakersfield) 14-6, 2-Section, No height-State.

Long Jump: McCoy 23-4¼, 1-Section, 17-State trials.

Vestee Jackson (McLane, Fresno) 48-5, 5-State. Phillip Cooley (Fresno) 46-8½, 3-Section, 13-State trials.

Shot Put: Randy Arley (West Bakersfield) 57-4½, 2-Section, 12-State trials.

300 Low Hurdles: Duane Dill (Chowchilla) 38.10, 6-State heat.

GIRLS:

100: Lanette Covington (Foothill, Bakersfield) 12.3, 2-Section, 6-State heat. Lorette Aragon (Clovis West) 12.3, 6-State heat.

200: Ruth Lawanson (Clovis West) 25.6, 3-Section, 6-State heat.

400: Lisa Massey (Fresno) 57.4, 1-Section, 6-State heat. Covington 58.2, 7-State heat.

1600: Karen VanWaggenen (Clovis) 4:59.86, 1-Section, 7-State. Cynthia Rogers (Mt. Whitney, Visalia) 5:06.5, 2-Section, Scratch-State. Brenda Wilcox (Clovis) 5:20.4.

3200: VanWaggenen 11:02.1, Scratch-State. Rogers 11:10.0, 1-Section.

110 Low Hurdles: Yvette Williams (Chowchilla) 14.60, 1-Section, 4-State heat. Tammi Shaw (Lemoore) 14.75, 2-Section, 4-State heat. Yolanda Bryson (Lemoore) 14.6, 3-Section, 7-State heat.

High Jump: Tonya Mendonca (Mt. Whitney, Visalia) 5-10, 2-Section, 2-State. Cabrini Leathers (South Bakersfield) 5-6, 3-Section, NQ State.

Long Jump: Mona Williams (Central, Fresno) 18-9, 1-Section, 6-State. Alycia Wright (Edison, Fresno) 17-6½, 2-Section, 21-State trials.

Shot Put: Debbie Corley (Garces, Bakersfield) 44-2¼, 1-Section, 5-State, 1-Levi's. Cora Thomas (Hanford) 37-3, 3-Section, 24-State Trials.

Discus: Kim Shakir (Clovis West) 131-11, 1-Section, 14-State trials.

Northern Section

By KEITH CONNING

BOYS:

1600: George Tedford (Las Plumas, Oroville) 4:19.84, 1-Section, 9-State heat. Don Merwin (Hayfork) 4:13.1(1500), 2-Levi's. Dean Vanderbush (Lassen, Susanville).

3200: Merwin 9:04.2(3000), 2-Levi's. Vanderbush.

High Jump: David Strickland (Anderson) 6-5¼, 1-Section, NQ-State trials.

Long Jump: Carl Nelson (Las Plumas, Oroville) 22-10½, 1-Section, Foul-State trials.

Triple Jump: Nelson 44-0, 1-Section, 25-State trials.

Shot Put: Craig Suttin (Corning) 55-6¼, 1-Section, 17-State trials.

Southern Section & Los Angeles Section

By DOUG SPECK

It has been a very mild winter in the Los Angeles area, and if the results from indoor and all-comers action is any indication it will be another super spring track and field season for the state's most populous area. A number of top-flight individuals return in the men's division, and in the case of a couple of events (400, 800, long jump) there is a solid and deep supporting cast. The women's division at the high school level is still not quite to the point where the first cycle of stars have graduated. In another year or two there will be a bit more balance through all the grades - there are a massive amount of top stars returning for the 1981 outdoor season.

Without hexing anyone it would seem there are a number of athletes with legitimate chances to take on area all-time best marks. If improvement really goes bonkers some all-time California bests or national records are possible.

As far as team strength is concerned the L.A. City women's division championships could be a real dogfight among a number of fine groups. Coach Terry McFate's Manual Arts Toolers have a large talented squad with very adequate speed balanced up through the distance races (the school won the L.A. City Girls Cross country title this Fall). Tamela Holland (11.0y-12.22m) and Sharlette Stewart (25.2yw) are top sprinters. Annazette Wright (56.8y) heads a large number who can break a minute in the one-lapper, and Carla Johnson (2:11.29m) was fourth in State at two laps. Kennedy of Granada Hills, with Denean (10.9y-24.2y-51.70m) and Tina (55.86m) Howard still around have the sprints and relays covered. Kelly Cook (2:18.17m) returns in the half for that squad. Coach Steve Lang at Fremont has Deborah James (10.8y-11.5m-23.98m) in the sprints, Monica Elleby (55.71m) in the quarter, and Shari Pendleton (14.15w-14.26) in the hurdles - all three were state finalists.

Over at Dorsey burners LaTanya Dawkins (11.85m-23.8m), Michelle Gilmore (11.0y-24.70mw), and hurdler Adrian Hunter (14.2 over 3") will lead a solid group.

Long Beach Poly appears to again have too much speed to be challenged by another Southern Section team. Rockets up through the quarter such as Faye Paige (10.98y-11.86mw-24.40m-53.51m), Sheila Frye (11.28y-18-10½), Tippy Hall (56.66m), and Jackie Randolph (57.1y) make the Jackrabbits tough to beat, big meet or small. University of Irvine is strong at the other end of the spectrum with distance stars Polly Plumer (state champ 1600 4:46.71m), Teresa Barrios, and Laura Sauerwein (5:09.45y). All-arounder Laura Mills

(13.9h - 5-8½hj - 17-10¼lj) and top sprinter Kenya Thornburg (11.1y - 57.7y) give the Orange County squad good all-around strength. Fountain Valley, with distance stars Bonnie McGlinchey (4:47.42m) and Anna Villanueva (10:35.16m), and all-arounder Sharon Hatfield (2:15.5m - 14.5h - 5-8hj - 18-6lj) will be tough.

As far as men's squads, Serra of Gardena, a rising power under Coach Dale Washburn, will have an awesome group. They have top-flight athletes up through the half-mile. Sprinters Harold Todd (10.85m - 21.79m) and Blair Cox (21.8y), 400 man Dwayne Biggers (49.2y), half-miler Arnold Fisk (1:55.28m), and Duprie Lambert (22.7 as frosh long jumper) are a solid team nucleus. Walter Opp, at Muir of Pasadena, will have, as usual, a fine dual and big meet squad. Ron Mills, Buster Mathis, and Ron Brown are all sub-10 flat sprinters, and Ed Tave (14.3 HH - 23-10½ - 47-1½) helps to cover a couple of areas. Coach Art Large over at Pasadena will counter as a local rival with Troy Delemar (9.95y - 10.77m - 21.76m), Chris Ward (1:57.36y), and Prentice Mimms (37.4y). Long Beach Poly has speed to burn off a Sectional Football Championship teamed by Victor Townsend (47.82m). Centennial, with Leonard Graham (21.1m - 47.8m) and Tim Ware (48.9m) will be a top big-meet group.

In the L.A. City Championships, led by speedsters Fabian Cooper (21.94m - 47.79m) and Randy Walker (10.6m), and Crenshaw, countering with Jimmie Crittendon (9.8y - 10.92mw - 11.09m) and MacArthur Osborne (48.7m - 1:55.2m), appear to be the top squads going in.

I would like to thank Mike Kennedy, Dave Osterman, and Bill Peck for help with this material.

WOMEN:

Sprints (y = 100 or 220 yard time, m = 100 or 200 meter time): A group of talented and experienced rockets return in the greater Southern California area. The L.A. City duo of Deborah James (Fremont 10.8y - 11.5m - 23.93m) and LaTanya Dawkins (Dorsey) 10.9y - 11.85m - 23.8m, should the latter go the school instead of club route, battle a number of times during the season. They are both determined young ladies from the same Southern League - Deborah was fifth in State in 1980 in both sprints, while Dawkins has dominated her age-groups in nation-wide AAU-TAC competition the past couple of years. Kennedy of Granada Hills returns Denean Howard, Olympic team member at 400 meters, who can step down nicely to the shorter dashes with 10.9y - 24.2y best.

Southern Section short sprint champ Bridgette Blackburn (Cajon, San Bernardino) 10.8y - 11.83mw - 11.96m - 24.05m returns for her junior year to be challenged by a large group of area stars. Faye Paige (Poly, Long Beach) is very quick up through the 400 - she was sixth in State at 100 meters with 10.98y - 12.00m - 11.86mw - 24.40m sprint bests. Zeldia Johnson (Garey, Pomona) was fourth in State over 200 meters (24.05m) best and has 10.8y 11.0y bests. Kati Peterson (West Torrance) raced to fine 10.99y - 12.1m - 24.81m bests as a soph in 80. Muir of Pasadena soph Diane Pullins ran though as a ninth grader last year with 11.05 - 12.16mw - 24.33m bests.

Other L.A. City flashes include Tamala Holland (Manual Arts) 11.0y - 12.22m, Michelle Gilmore (Dorsey) 11.0y - 24.70mw, Lori Robbins (North Hollywood) 11.2y - 25.26m, and Sharlette Stewart (Manual Arts) 25.2y. Other Southern Section stars who showed the

third place to be disqualified after apparently winning the State Meet at Berkeley last June. Joining a track tour group to Taiwan during the summer, Renee improved there to 2:05.7 - she also had a fine fall cross country season. Regina Jacobs (Argyll Academy, North Hollywood) has gone the club route so far during high school with a 2:07.7m best. She could be a real hit on the scholastic circuit in her senior year. She was an easy Sunkist Indoor winner in a 2:12.8y Meet Record. Louise Romo (North Torrance) needs to shy away from no one - she was the Southern Section champ last year (2:08.95m) and missed out on State honors when she relaxed through a heat victory at Berkeley that left her .01 short of qualifying timewise for the Final. She will make no such mistake as a senior.

Leading the L.A. City returnees is defending champion there, Carla Johnson (Manual Arts) 2:11.29m with a fourth in State and a Fall cross country campaign that had her leading her squad to the L.A. City team title. Yolanda Hendrix (Los Angeles) 2:16.73m and Kelly Cook (Kennedy, Granada Hills) 2:18.17m placed second and third behind Johnson in the City in 1980 and return this season.

A very impressive Southern Section group could push all State qualifying spots under the 2:10 barrier. Donna Curtis (Culver City) powered a 2:10.63m (6th Southern Section), soph Marcy Anderson (Cajon, San Bernardino) 2:13.09m (5th Southern Section), Cindy Stoughton (Corona del Mar) 2:14.08m (seventh Southern Section), Jennifer Dunn (Camarillo) 2:15.2y, Karen Haller (Buena, Ventura) 2:15.35m, Barbara Gottlieb (Beverly Hills) 2:15.6y, Barbara Vasquez (Irvine) 2:16.24y, and Leslie Pratt (Edison, Huntington Beach) 2:15.87m all had solid 1980 seasons and return. Sonia Cooper (Fontana) raced 2:16.64m in junior high age-group action last summer.

Distances (y = one mile/2 mile times, m = 1600/3200 meter times): The 1600 and 3200 meter distances also return a fine group - the first three finishers from each event last June at Berkeley were area stars who return in 1981.

The pert duo of Polly Plumer (University, Irvine) and Vicki Cook (Alemany, Mission Hills) will be near the top of the all-time national lists before they leave the prep ranks. During her first full season of distance training last Spring Polly raced to Sectional and State victories at the 1600 meter distance with a 4:46.71m best. Vickie raced to an unpressed State 3200 meter title (10:14.78) and returned later in the day to place second in the 1600 at 4:47.31m. Polly nipped Vickie in the Sunkist Indoor mile as both timed 4:56.9. The Uni Flash raced a solo 4:52.8 to win the San Diego Jack in the Box Indoor Meet mile.

The Fountain Valley duo of Bonnie McGlinchey (3rd State 1600m 4:47.42m) and Anna Villanueva (3rd State 3200m 10:35.16m) return as top athletes. They joined LeeAnne Margerum and Sharon Hatfield for their school in setting a national record in the distance medley at 12:04.4. Michele Mason (Buena, Ventura) was second over 3200m at state in 10:33.94m, and looked good in a mile Sunkist heat win at 4:59.9. Lori Lopez (Sacred Heart, Los Angeles) was fifth place in State at 3200m with a 10:37.27m best as a soph. Shelly Hazlett (Saugus) at 4:58.39m (also 11:07.8y) and Margaret Spotts (Redondo) at 4:58.86m were other Southern Section athletes who return under 5:00 in 1980. Leslie White (Sonora, La Habra) turned in fine 5:00.87m -

High Jump: Skyscrapers Teri McCunniff (Newport Harbor) at 5-9 and multi-event stars Laura Mills (University, Irvine) 5-8½, Katrina Johnson (Marshall, Pasadena) 5-8, and Sharon Hatfield (Fountain Valley) 5-8 headline returnees. Consistent 1980 Southern Section champ (8th State) Rena Wright (Miraeste, Palos Verdes) 5-7, and Sectional 3rd placer Karen Kraemer Notre Dame, Riverside) 5-7 complicate the event's picture. Top City leaper back is Locke's Natasha Smith (5-6). South Torrance's Lori Sue Clark, Santa Barbara's Jody Grob, Mission Viejo's Paula Jones, and Glendale Hoover's Allison Walker were over 5-6 in 1980.

Long Jump: State finalist Sheila Frye (18-10½y) from Long Beach Poly returns as the area's longest leaper. Sharon Hatfield (Fountain Valley) pops up here too - 18-10½w (18-6 legal). Santa Ana Valley's Alice Franklin (18-6½w, 18-5), Jennifer Gillespie (Cypress) 18-5, and Lori Costello (Rosemead) 18-2¾ (18-5w) all have big meet experience. Shari Baldomir (San Dimas) 18-2, Marshall of Pasadena's Katrina Johnson (18-0¾), Tracy Keverline (Saugus) 18-1½w, 17-9, Coleen Lindberg (Santa Barbara) 18-1w, Yvette Brumfield (Crenshaw, L.A.) 18-0½w (11-11), and Denise Woodard (Hemet) 18-0 return over 18-0 in the area.

Shot Put - Discus (marks for 4 kilo or two foot conversion for 8 pound marks): Returning State champion Natalii Kaaiawahia (Fullerton) enters her Soph season with a 48-4½ best - she improved about ten feet in the last two months of last year. A group of others have the potential to keep her honest. Yolanda Fletcher (Crenshaw, L.A.) was the City champ at 44-9 in 1980 and dabbled the discus out to 120-0. All-around star Jackie Sheffield (Eisenhower, Rialto) 43-8½, and State Meet competitors Diana Clements (San Clemente) 42-5 and Patty Taylor (West Torrance) 42-2 head Southern Section returnees. Tony Thompson (Monroe, Van Nuys) 41-10 and Sonia Yanez (Garfield, L.A.) 39-3¾ are other City returnees. Kim Langston (Arlington) 40-10½ and Barrie Greer (Ramona) 40-41:36-10 (7th State discus) is another top athlete back. Other top discus throwers back are Andria Krivia (Burbank) 135-4 (8th State) and Jackie Norton (Mission Viejo) 134-5.

BOYS:

Sprints (y = 100 or 220 yard time, m = 100 or 200 meter time): A group of potentially quick gentlemen return for 1981. David Ashford (West Covina) and Leonard Graham (Centennial, Compton) may gain more honors in the hurdles and quarter respectively, but have run well at the bottom end. Ashford raced 9.7y - 21.65m and was the Section 4A 200 champ. Graham has blasted a 21.1m this winter - he raced 9.9y - 21.48m in 1980. Riverside Poly's Greg Thomas was 7th in State at 200 meters with a 21.44m best (9.7y also). Pasadena's Troy Delemar raced successfully as a soph in 1980 with 9.95y - 10.77m - 21.76m marks.

Top L.A. City returnees include the Washington duo of Randy Walker (10.6m) and Fabian Cooper (21.94m), football star Clearance Nelson (Jefferson) 9.8y, Crenshaw's Jimmie Crittendon 9.8y - 10.92mw - 11.09m, and Narbonne's Elvis Nash 9.8y - 21.73m. Crittendon was the top area finisher in the Sunkist High School 60 yards with a 3rd at 6.46.

Other Southern Section returnees of note include the Serra of Gardena duo of Harold Todd (10.85m - 21.79m) and Blair Cox (21.8y),

season fireworks should be interesting. Cox nipped Berkeley's Pete Richardson at 1:56.2 in the Sunkist Indoor with Davis not racing the 880 there.

A flock of others will follow in the jet-stream to good times. Chris Monroe (L.A. Baptist) 1:54.5m (and big Sunkist heat winner at 1:57.5y), Arnold Fisk (Serra, Gardena) 1:55.28m, Sam Lafferty (Alta Loma) 1:56.28y, Anthony Wells (Santa Ana Valley) 1:56.41y, Glen Moore (South Torrance) 1:56.5y, Santa Barbara's Barasa Thomas 1:55.9m, and Vic Herrera (Costa Mesa) 1:56.80y are top Southern Section returnees. L.A. City stars back include Erwin Hickman (Jefferson) 1:55.05m, MacArthur Osborne (Crenshaw) 1:55.2m (and 48.7m) this winter (and 1:57.0y in the Sunkist Indoor), Ricky Pinchback (Manual Arts) 1:55.95m, and Washington's Daryl Ritchie 1:56.01m. Villa Park's John Mouser (1:57.0y), Willie Rossow (Dos Pueblos, Goleta) 1:57.0y, Pasadena's Chris Ward 1:57.36y, and Camarillo's Octavio Morales (1:57.6y and 4:21.33y) will improve in 1981.

Distances (y = one or two mile time, m = 1600 or 3200 meter time): Jon Butler (Edison, Huntington Beach) proved himself to be among the nation's top couple of cross country runners this Fall off a second in the Kinney's National High School Finals. He raced nicely in 1980 - 3:55.4 (1500) - 8:54.44m, with a 3rd in State at the 3200 distance. This Winter he has gone bonkers. First, a surprising 3:52.0 (1500) in all-comers action, and he showed amazing strength in racing away from a Sunkist High School Indoor Mile field with a final 2:04 half in a 4:13.9. In the L.A. Times Indoor 2 Mile Butler was alone the last 1320 and finished with a 60.3 440 in his 8:55.2. He finished off his under-cover season with a solo 61.9, 2:04, 3:08, 4:11.3 mile win at San Diego.

Steve Valen (El Modena, Orange) 4:19.8y - 9:02.22m was 8th in State in 1980 at 3200 and was followed in the next slot in that race by Cesario Marquez (Monroe, Van Nuys) 9:09.57m. Barasa Thomas (Santa Barbara) was 6th in the Southern Section at 9:04.56m. Mike Carlton (Northview, Covina) placed third in the L.A. Times 2 Mile, with a fine 9:11.6. Jeff Atkinson (Mira Costa, Manhattan Beach) has improved recently and placed 2nd in the Sunkist Indoor 2 Mile at 9:13.3y.

Tops back over the four lap distance are the Upland twins Phil (4:19.45y) and Don (4:18.3m) Orr, Scott LaCross (Costa Mesa) 4:19.47y, the Corona del Mar duo of Jim Hartford (4:19.65y) and Shawn Gallagher (4:19.5m), Boyd Dunn (Arroyo Grande) 3:57.9 (1500) and 9:26.8y, and Brad Meyer (University, Irvine) 4:20.9y - 9:19.13m. Eight lappers with credentials are Lalo Terriquez (Buena Park) 9:19.48m, Tyrus Deminter (Jefferson, L.A.) 9:20.1m, Chris Bowlus (Rolling Hills) 9:24.6 indoors, Dave Howard (Dana Hills) 9:27.5y, and Carpenteria's Tom Grewe 9:28.3 indoors.

Hurdles (y = 120 yard or 330 yard time, M = 110 or 300 meter time): The State's top returning hurdler, David Ashford (West Covina - 13.76m - 36.43m) will look for competition. A workhorse with the potential to be the Los Angeles area's best ever, he may have to wait until the post-high school season for someone to race with. Steve Kerho (Mission Viejo), a junior now, fell in a Sectional Division meet last spring in the highs, but improved amazingly during the summer to 13.9 - he was a State Meet competitor in the lows at 37.64m. Football and basketball star Don LaBomme (Alemany, Mission Hills) raced 14.1

High Jump: State runner-up and Southern Section champion Anthony Caire (Pius X, Downey) returns with a 6-10 best. John Landon (Savannah, Anaheim) improved over the summer to also get over 6-10. Consistent John Atkinson (Long Beach Poly) was 5th in the State Meet with his 6-8 best. Also back at the 6-8 level are Matt Ross (Rio Mesa, Oxnard), Chris Harper (Arlington), Dave Wicker (Millikan, Long Beach), Ed McGowan (Katella, Anaheim), Todd Hart (Servite, Anaheim), and Steve Sutherland (Monroe, Van Nuys). Palmdale's Dale Williams was over 6-6½ as a soph in 1980. 6-6ers back are Jason Court (Taft, Woodland Hills), David Welch (Loyola, L.A.), Stan Taylor (Muir, Pasadena), Mark Seabert (La Sierra, Riverside), Mike Powell (Edgewood, West Covina), Mike Sanchez (Newbury Park), Chris Bonner (Inglewood), and Rich Chang (Edison, Huntington Beach).

Ross won on misses at 6-8 over Sutherland in the Sunkist Indoor with Hart and Wicker over 6-6. Most of the rest of the top jumpers were bouncing around on the basketball court.

Long Jump: A potentially very fine group is back in 1981 - three of the top six from the 1980 State Meet return in the area. Paul Jones (Kennedy, Granada Hills), a real competitor, was the L.A. City champ and 3rd in the State with a 23-11 best. Jones was 2nd to Edison of Fresno's Ron McCoy at 23-0¼ in the Sunkist Indoor. Arlington's Chris Harper sailed 24-3½ on his way to a sixth in the State Meet. Muir's Ed Tave improved a foot in the last three weeks of the season as his team went after championships - he ended up out at 23-10½ and a 5th in State. Banning's Mario Montgomery is the area's other lengthy returnee off his 23-11w (22-6½) best.

Don LaBomme (Alemany, Mission Hills) 22-9½, soph Duprie Lambert (Serra, Gardena) 22-7, Ron Young (Locke, L.A.) 22-6½, Walter Steen (Santa Ana Valley) 22-6, and Richard Hanson (Basset) 22-6 also return.

Triple Jump: Paul Jones (Kennedy, Granada Hills) was 7th in State and returns at 49-0. He was second in the Sunkist Indoor at 47-10½ after a fine fall as a football receiver. CIF Southern Section 2A champ Adrian Booker sailed 48-3 for Lawndale. Santa Ana Valley's Jesse Johnson was 4th in the Southern Section at 47-10. Ed Tave (Muir) is another top athlete here also with a 47-1½ best. Edgewood's Mike Powell improved to 47-0 this winter. Ken Gates (Foothill, Santa Ana) 46-9¼, junior Ken Williams (Troy, Fullerton) 46-7¾, Michael Grissett (Locke, L.A.) 46-5½, Jamie Williams (Edgewood, West Covina) 46-5w, L.A. Fremont's Phil Anderson 46-4 indoors, and Downey's Steve Schilling (45-8¼) are other top returnees.

Pole Vault: A respectable trio returns to lead the area. Jim Read (Los Amigos, Garden Grove) 14-6¼, Mark Rosellini (Simi Valley) 14-5¼, and San Marcos of Santa Barbara's Brock LaPorte 14-5. Top L.A. City returnees are their 1980 champ Rodney Johnson (Eagle Rock) 14-1¼ and Deon Guigliano (Sylmar) 13-8. Dave Tomlinson (Millikan, Long Beach) is back at 13-6.

Shot Put: All-American running back Michael Alo (Banning, Wilmington) 61-5½ was the L.A. City champ last year and 6th in State. All the other top area returnees are CIF Southern Section athletes - Antelope Valley's John Frazier (59-1¼), State Meet competitor Junior III (Nogales, La Puente) 57-5¼, Kevin Einck (Servite, Anaheim) 56-8½, Kevin Jef-

Deborah California area. The L.A. City returns 10.8y - 11.5m - 23.93m and LaTanya Dawkins (Dorsey) 10.9y - 11.85m - 23.8m, should the latter go the school instead of club route, battle a number of times during the season. They are both determined young ladies from the same Southern League -- Deborah was fifth in State in 1980 in both sprints, while Dawkins has dominated her age-groups in nation-wide AAU-TAC competition the past couple of years. Kennedy of Granada Hills returns Denean Howard, Olympic team member at 400 meters, who can step down nicely to the shorter dashes with 10.9y - 24.2y best.

Southern Section short sprint champ Bridgette Blackburn (Cajon, San Bernardino) 10.8y - 11.83mw - 11.96m - 24.05m returns for her junior year to be challenged by a large group of area stars. Faye Paige (Poly, Long Beach) is very quick up through the 400 -- she was sixth in State at 100 meters with 10.98y - 12.00m - 11.86mw - 24.40m sprint bests. Zelda Johnson (Garey, Pomona) was fourth in State over 200 meters (24.05m) best and has 10.8y - 11.0y bests. Kati Peterson (West Torrance) raced to fine 10.99y - 12.1m - 24.81m bests as a soph in 80. Muir of Pasadena soph Diane Pullins ran though as a ninth grader last year with 11.05 - 12.16mw - 24.33m bests.

Other L.A. City flashes include Tamala Holland (Manual Arts) 11.0y - 12.22m, Michelle Gilmore (Dorsey) 11.0y - 24.70mw, Lori Robbins (North Hollywood) 11.2y - 25.26m, and Sharlette Stewart (Manual Arts) 25.2y. Other Southern Section stars who showed the potential to challenge for local honors are Tamera Caddell (Marshall, Pasadena) 12.12mw - 12.60m - 25.03m, jumper Sheila Frye (LB Poly) 11.28y, Bridgette Moon (Centennial, Compton) 12.16mw - 12.33m, and Paity Garcia (Pacific, San Bernardino) 11.31y - 24.4mw.

400 (y = 440 yard time, m = 400 meter time): The 400 meter will be a super event on top with a solid supporting cast. State champion Denean Howard (Kennedy, Granada Hills) and runner-up Faye Paige (LB Poly) respectively head the L.A. City and Southern Sections. Denean, of course, went on during the summer track season to surprise with her fourth in the Senior-TAC Meet and third at the Olympic Trials (51.70m). Denean blasted the National Record at 500 yards indoors with her 1:04.1 Open Division win at the Sunkist Meet. Faye Paige was second in the Junior TAC Meet and competed in the Olympic Trials with a 53.51m best.

A very strong cast supports the stars. The L.A. City returns its runner-up Monica Elleby (Fremont) 55.71m, Denean Howard's sister, Tina, at Kennedy with 55.86m, and Annazette Wright (Manual Arts) at 56.8y leads half a dozen Toiler girls who could run under a minute for Coach Terry McFate. Gardena's LaWanda Cabell raced 56.85m in 1980.

The Southern Section returns many who have also raced very fast. Debbie Marsino (Cypress) was fourth in the Southern Section with a 56.57m best, Tippy Hall (LB Poly) cranked 56.66m in age-group action last summer, half-miler Louise Romo (North Torrance) 56.94m, Jackie Randolph (LB Poly) 57.1y, State Meet competitor Kelly Churchman (Rio Mesa, Oxnard) 57.23m, Debbie Arthur (Esperanza, Placentia) 57.74m, Denise Woodard (Hemet) 57.6y, Julie Elliott (Morro Bay, now Glendale) 57.49m, and Kenya Thornburg (University, Irvine) 57.7y all return with good credentials.

800 (y = 880 yard time, m = 800 meter time): Another potentially super event, the metric half-mile features as successful a returning crew as any for 1981. A trio of dynamite ladies lead. Renee Durrand (Laguna Beach) moved up from the quarter as the 1980 season went along -- she followed her Southern Section

m = 1600/3200 (y = 1760/3520) (m = 1600 and 3200 meter distances also return a fine group -- the first three finishers from each event last June at Berkeley were area stars who return in 1981.

The pert duo of Polly Plumer (University, Irvine) and Vicki Cook (Alemany, Mission Hills) will be near the top of the all-time national lists before they leave the prep ranks. During her first full season of distance training last Spring Polly raced to Sectional and State victories at the 1600 meter distance with a 4:46.71m best. Vickie raced to an unpressed State 3200 meter title (10:14.78) and returned later in the day to place second in the 1600 at 4:47.31m. Polly nipped Vickie in the Sunkist Indoor mile as both timed 4:56.9. The Uni flash raced a solo 4:52.8 to win the San Diego Jack in the Box Indoor Meet mile.

The Fountain Valley duo of Bonnie McGlinchey (3rd State 1600m 4:47.42m) and Anna Villanueva (3rd State 3200m 10:35.16m) return as top athletes. They joined LeeAnne Margerum and Sharon Hatfield for their school in setting a national record in the distance medley at 12:04.4. Michele Mason (Buena, Ventura) was second over 3200m at state in 10:33.94m, and looked good in a mile Sunkist heat win at 4:59.9. Lori Lopez (Sacred Heart, Los Angeles) was fifth place in State at 3200m with a 10:37.27m best as a soph. Shelly Hazlett (Saugus) at 4:58.39m (also 11:07.8y) and Margaret Spotts (Redondo) at 4:58.86m were other Southern Section athletes who return under 5:00 in 1980. Leslie White (Sonora, La Habra) turned in fine 5:00.87m - 10:57.0m marks and was a Sectional finalist at both distances.

Other top Southern Section athletes returning include the Santa Barbara duo of Lynn Carpenter (5:08.6y) and Allison Ehlen (5:09.5y - 11:20.9y) the University of Irvine duo of Teresa Barrios (5:05y as 8th grader) and Laura Sauerwein (5:09.45y), Marcy Anderson (Cajon, San Bernardino) 5:07.76m, and Sara Keenan (Dana Hills) 5:08.42m. Best back over the 3200 meter distance are Kathy Kiernan (Los Amigos, Garden Grove) 11:04.4y, Carol Karamitos (Righetti, Santa Maria) 11:01.91m, Sue Katiolove (Palos Verdes) 11:02.6m, Denise Ball (Newbury Park) 11:08.2y, Patrice Unger (Foothill, Santa Ana) 11:09.7m, and Nina Manriquez (Burbank) 11:14.70y.

The Los Angeles City group is headed by Fall cross country champ Denise Walther (Chatsworth) at 5:05y for a mile. Heidi Howell (University, L.A.) raced 5:08.23m in 1980 and returns.

Hurdles: A couple of quick returnees headline this event. All-around star Laura Mills (University, Irvine) steadily improved as the 1980 season went along, getting down to 13.9 before suffering a stress fracture that ended her season at the Southern Section Prelim level. She is also a fine jumper with 5-8 1/4 and 17-10 3/4 bests. Shari Pendleton (Fremont, L.A.) finished her junior 1980 season off nicely, taking the City title at 14.26 (14.15w) and going on to place fourth at the State meet. Other City quickies returning are Natasha Smith (Locke, L.A.) 14.39 and Dorsey's Adrian Hunter, who improved vastly over the summer to 14.2 over the 33 inch barriers.

Thelma Harmon (Valley, Santa Ana) was 4th in the Southern Section at 14.37, while Zona Chandler (Elsinor) 14.41 and Dina Caffey (Esperanza, Placentia) 14.82 were 2A and 3A Divisional champions respectively. Tonya Motes (West Torrance) 14.5 (14.50w), Ann Neblett (Wilson, Hacienda Heights) 14.6, and all-around stars Sharon Hatfield (Fountain Valley) 14.5(33"), Katrina Johnson (Marshall, Pasadena) 14.93, and Julie Baker (Capistrano Valley) 14.95 also return in the area.

and Sonia Yanez (Garfield, L.A.) 39-3-4 and other City returnees (Kimmington, Arlington) 40-10-1/2 and Barrie Greer (Ramona) 40-4/136-10 (7th State discus) is another top athlete back. Other top discus throwers back are Andria Kriviva (Burbank) 135-4 (8th State) and Jackie Norton (Mission Viejo) 134-5.

BOYS:

Sprints (y = 100 or 220 yard time, m = 100 or 200 meter time): A group of potentially quick gentlemen return for 1981. David Ashford (West Covina) and Leonard Graham (Centennial, Compton) may gain more honors in the hurdles and quarter respectively, but have run well at the bottom end. Ashford raced 9.7y - 21.65m and was the Section 4A 200 champ. Graham has blasted a 21.1m this winter -- he raced 9.9y - 21.48m in 1980. Riverside Poly's Greg Thomas was 7th in State at 200 meters with a 21.44m best (9.7y also). Pasadena's Troy Delemar raced successfully as a soph in 1980 with 9.95y - 10.77m - 21.76m marks.

Top L.A. City returnees include the Washington duo of Randy Walker (10.6m) and Fabian Cooper (21.94m), football star Clearance Nelson (Jefferson) 9.8y, Crenshaw's Jimmie Crittendon 9.8y - 10.92mw - 11.09m, and Narbonne's Elvis Nash 9.8y - 21.73m. Crittendon was the top area finisher in the Sunkist High School 60 yards with a 3rd at 6.46.

Other Southern Section returnees of note include the Serra of Gardena duo of Harold Todd (10.85m - 21.79m) and Blair Cox (21.8y), Wilson of Hacienda Heights El Cid DeRamus (9.7y - 10.14y - 10.92mw), Muir of Pasadena football star Ron Mills (9.8y - 10.7mw), Walter Steen (Santa Ana Valley) 9.8y, and George McKinley (Arlington) 9.8y - 21.97m. Long Beach Millikan's football star, Courtney Griffin cranked a quick 6.43 for 60 yards in a high school football hero 60 in the Sunkist Indoor.

400 (y = 440 yard time, m = 400 meter time): An outstanding crew returns at the one-lap distance in what could be one of the top area events. Five sub-48 second athletes return and a solid group backs them up.

Fabian Cooper (Washington, L.A.) raced to 5th in the State last year as a soph with a 47.9m best. The Southern Section trio of Victor Townsend (Long Beach Poly) 47.82m (8th State), Paul Jones (Cabrillo, Lompoc) 47.88m, and Dwayne Willis (Norco) 47.90m have good credentials and big meet experience. Leonard Graham and Tim Ware, both of Centennial of Compton and members of that school's national record setting 1600 meter relay team last season, have blazed 47.8m and 48.9m respectively in one-lappers this Winter. All-arounder Chris Harper (Arlington) and Nogales of La Puente's Brint Powell return at 48.5m. Erwin Hickman (Jefferson, L.A.) is super from the 200 (22.3m) through the 800 (1:55.05m) -- he had a 48.73m 1980 best and had the top high school Sunkist Indoor 500 time at 58.9. Gahr (Cerritos) star Danny Gantt 48.85m, Kevin Flint (Crescenta Valley, La Crescenta) 48.95m, Greg Washington (Locke, L.A.) 49.2y, Dwayne Biggers (Serra, Gardena) 49.2y, Greg Thomas (Riverside Poly) 49.5y, and Arcadia's Wade Zinn 49.40 are other top returnees.

800 (y = 880 yard time, m = 800 meter time): The two times around event will be another top one in 1981. A couple of athletes among the area's fastest ever juniors return -- Moore League rivals Scott Cox (Wilson, Long Beach) 1:51.50m (1:51.6m this Winter), who was 4th in the State Meet, and Compton's Eddie Davis (1:51.68m) who was the Southern Section champ. Davis stretched out to 3:56.9 for 1500 meters in January, while Cox raced 3:58.0 for the same distance, then cranked 4:15.0 for a mile indoors in San Diego. They both had good Fall cross country seasons and the late-

was followed in the next slot in that race by Cesario Marquez (Monroe, Van Nuys) 9:09.57m. Barasa Thomas (Santa Barbara) was 6th in the Southern Section at 9:04.56m. Mike Carlton (Northview, Covina) placed third in the L.A. Times 2 Mile with a fine 9:11.6. Jeff Atkinson (Mira Costa, Manhattan Beach) has improved recently and placed 2nd in the Sunkist Indoor 2 Mile at 9:13.3y.

Tops back over the four lap distance are the Upland twins Phil (4:19.45y) and Don (4:18.3m) Orr, Scott LaCross (Costa Mesa) 4:19.47y, the Corona del Mar duo of Jim Hartford (4:19.65y) and Shawn Gallagher (4:19.5m), Boyd Dunn (Arroyo Grande) 3:57.9(1500) and 9:26.8y, and Brad Meyer (University, Irvine) 4:20.9y - 9:19.13m. Eight lappers with credentials are Lalo Terriquez (Buena Park) 9:19.48m, Tyrus Deminter (Jefferson, L.A.) 9:20.1m, Chris Bowlus (Rolling Hills) 9:24.6 indoors, Dave Howard (Dana Hills) 9:27.5y, and Carpenteria's Tom Grew 9:28.3 indoors.

Hurdles (y = 120 yard or 330 yard time, M = 110 or 300 meter time): The State's top returning hurdler, David Ashford (West Covina - 13.76m - 36.43m) will look for competition. A workhorse with the potential to be the Los Angeles area's best ever, he may have to wait until the post-high school season for someone to race with. Steve Kerho (Mission Viejo), a junior now, fell in a Sectional Division meet last spring in the highs, but improved amazingly during the summer to 13.9 - he was a State Meet competitor in the lows at 37.64m. Football and basketball star Don LaBomme (Alemany, Mission Hills) raced 14.1 - 38.0m last spring. All-arounder Ed Tave (Muir, Pasadena) improved to 14.3 already this winter. Top lows returnees are Inglewood's Terry Chappelle 37.1m, Pasadena's Prentice Mimms (37.41y and Southern Section 6th place), and Brian Bradshaw (Lakewood) 37.53m - 14.6 (3rd Southern Section lows).

Terry Brisco (Locke, L.A.) 14.4 - 38.5y, Elliot White (Lynwood) 14.69y, Chris Chrisman (Riverside Poly) 14.4 (this winter) - 37.6m, Jesse Johnson (Santa Ana Valley) 14.80y, James Knowles (Blair, Pasadena) 38.10y, and Mark Hale (Katella, Anaheim) 14.6 are others back.

Ashford (7.41) nipped Chrisman, with White (7.54-4th) and Kerho (7.62-5th) in the Sunkist Indoor for 60 yards.

ATTENTION MEET DIRECTORS

In an effort to help themselves as well as other racing folks, the Bay to Breakers will offer, on an experimental and limited basis, an opportunity to distribute race flyers in the Bay to Breakers packets going to all runners.

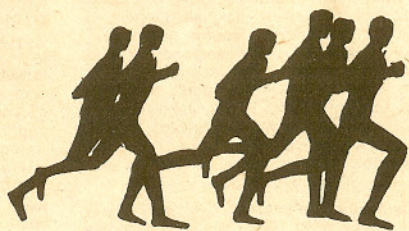
Race directors should send a minimum of 15,000 copies of their flyers to:

*Bay to Breakers
Golden Gate Chapter
American Red Cross
1550 Sutter Street
San Francisco, CA 94XXX*

As this is a limited offer and conditional on the right to refuse due to workload, quality of flyer, or appropriateness of the race, race directors should call 776-1500 for verification of acceptance.

The purpose of this limited offer is to keep people with flyers out of the finish line area to permit runner enough room to run and be able to get their T-shirts, certificates, and fluids without obstruction. Police will enforce this requirement.

LONG DISTANCE LOG



by RICHARD SLOTKIN LONG DISTANCE EDITOR
Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.

Share the Road 10K

January 1, Stanford.

Tony Ramirez, 26 year old from Salinas was the first of 837 men to finish the year's Saucony "Share the Road" Race at Stanford. His winning time of 29:41 is a new course record. For his victory Tony won an expense paid trip to Boston to compete in the Saucony National Championships next year. Past winners include Rod Dixon, Herman Atkins, Jeff Gallaway and John Glidewell.

The overall female winner, who set a new course record with her time of 34:35, is Patsy Sharples, who will also compete in the Saucony finals.

The Stanford course was fast and fairly flat with several gentle hills. The start was at Stanford Stadium and wound its way through the picturesque campus and surrounding community.

In spite of their New Year's eve celebrations, the spirits of local runners were not dampened, as over 1050 runners turned out for the race.

Men's Results:

1. Tony Ramirez (26)	29:41
2. Mike Porter (27)	30:17
3. Roy Kissen (23)	30:55
4. Bill Gautier (22)	30:59
5. Ron Paul (30)	31:06
6. James Tracy (30)	31:25
7. Brock Hinzman	31:32
8. Terry Drake (23)	31:44
9. Mark Graves (31)	32:03
10. Mark Wines	32:29

25. Vince O'Boyle (34)	34:08
26. Thomas Curtin (29)	34:13
27. Les Devoe (29)	34:13
28. Jim LaFuente (15)	34:14
29. Michael Rountree (28)	34:16
30. David Nieman (30)	34:17

Women's Results:

1. Patsy Sharples (19)	34:35
2. Denise Bigelow (19)	36:17
3. Vicki Bigelow (45)	36:23
4. Sue Gladney (33)	37:03
5. Victoria Broy (19)	38:04
6. Kerry Brogan (18)	38:29
7. Heidi Hansen (21)	38:51
8. Louise Schneider (16)	39:57
9. Laura Silva (17)	40:08
10. Kelly Brogan (14)	40:09
11. Victoria Aldrich (35)	40:10
12. Annette Bunge (27)	40:44
13. Amanda Goldner	41:05
14. Jane Kuchins (28)	41:13

Zonta 10K

January 18, Goleta Beach State Park.

Open Men 19-34:	
1. Gary Tuttle (33) Ventura	29:30
2. Jim Triplett (23) Santa Barbara	29:52
3. Peter Dolan (21) Isla Vista	32:39
4. Scott Ingraham (20) Isla Vista	32:39
5. Walter Johnson (23) Ventura	33:05
6. Donald Faith (26) Carpinteria	33:13
7. David Mineau (33) Oxnard	34:06
8. David Thompson (33) Anoura	35:23

Men 60 & Over:

1. Harris Melsher (66) Santa Bar.	48:26
-----------------------------------	-------

Girls 15-18:

1. JoEllen Gomez (16) Santa Bar.	42:03
2. Deanna Carlyle (17) Goleta	43:12
3. Barbara Frazer (18) Santa Barbara	55:00

Women's Open 19-29:

1. Bobbi King (24) Santa Barbara	38:44
2. Diane Barrickman (19) Santa Barb.	40:55
3. Susie Young (28) Santa Barbara	43:26
4. Connie O'leary (25) Santa Barbara	44:14

Women 30-39:

1. Stephanie Welch (33) Santa Bar.	42:25
2. Ann Sanders (30) Goleta	42:49
3. Gale Jones (31) Santa Barbara	46:27

Women 40-49:

1. Shirley Saunders (40) Santa Bar.	41:36
-------------------------------------	-------

Women 50 & Over:

1. Helga Garden (55) Los Angeles	54:57
193 finishers.	

Willy's Road Races

January 24, St. William School in Los Altos. 5.0 Miles.

Boys 18 & Under:

1. Ron Gomez	25:52
2. Craig Steinmaus	27:29
3. Bradley Angle	27:43

Open Men 19-29:

1. Brock Hinzmann	24:56
2. Rich Kimball	25:02
3. Andrew McFarlane	25:21
4. Hank Lawson	25:52
5. Paul McClure	25:56
6. Weston Press	25:59
7. Michael Edelstein	26:19

Submaster Men 30-39:

1. Gary Goettelmann	25:01
2. Bill Clark	25:53
3. Dennis Tracy	26:28

Masters Men 40-49:

1. Tom Laris	25:05
2. Bill Meinhardt	25:57
3. Ulrich Kaempf	26:04

Masters Men 50 & Over:

1. Hank Shastany	30:04
2. Bill Bowers	30:15
3. Dennis Egley	30:19

Girls 18 & Under:

1. Kerry Brogan	30:11
2. Kelly Brogan	32:35
3. Julie Jacobson	40:05

Open Women 19-29:

1. Denise Bigelow	30:31
2. Christina Callas	33:54
3. Mary Dagerorde	35:59

Submaster Women 30-39:

1. Kathy Himmelberger	32:27
2. Carol Carbaugh	32:56
3. Dee Gibson	33:54

Masters Women 40-49:

1. Vickie Bigelow	29:26
2. Betsy Fraser-Smith	34:43
3. Ruth Waters	35:01

Masters Women 50 & Over:

1. Pat Mueller	41:48
2. Ann Sievert	44:37

World Masters Marathon

down by the race director to 2:18:56 to make up for the delay at the railroad crossing. Director Bill Selvin happened to be there too and saw the whole thing. "The railroad's schedule showed no activity at that time, so we were surprised to see a train then," he said.

Dave Frickel, Simonian and Tom Bryant led the pack through the first miles in 26:22. At 6 miles, Simonian made one of his pitstops and shortly after, his Santa Monica TC teammate Bryant had to drop out with a recurring knee injury. Getting back into the race, Simonian had gotten the lead back at 8 miles and went through the 10 mile mark at 51:52. At about 18 miles, Ralph Serna moved into second and at 20 miles Simonian clocked 1:45:34, well in charge of things. He came in, a happy winner, followed by...who? Someone that Joe Douglas, Simonian's coach, hadn't seen before. Douglas had monitored Simonian

photo by Richard Slotkin



Vikken Simonian

from his car all through the race and never saw this character. He never...

Men 40-44:

1. Jesse Cook	2:44:36
2. Stanley Wegner	2:49:06
3. Buzz Bennetts	2:49:30

Men 45-49:

1. Bill Bugler	2:42:34
2. Len Efron	2:44:42
3. George Dugard	2:47:37

Men 50-54:

1. Tracy Brown	2:49:51
2. David Parker	2:52:54
3. Devine	2:56:34

Men 55-59:

1. Paul Jernstrom	3:07:44
2. Keiji Taki	3:13:47

Men 60-64:

1. William Russell	3:28:30
--------------------	---------

Men 65-69:

1. Robert Kroger	3:27:58
------------------	---------

Men 70 & Over:

1. Monty Montgomery	3:34:51
---------------------	---------

Women 14-25:

1. Therese Kozlowski	2:54:57
2. Becky Bonsall	2:55:06
3. Nancy Maltace	3:32:11

Women 26-39:

1. Elaine Campos	2:44:49
2. Fran Solomon	2:53:46
3. Sue Peterson	2:55:11
4. Susan Ferguson	2:59:54

Women 40 & Over:

1. Reina Hart	3:09:49
---------------	---------

Superbowl Sunday III 10k

By RICHARD SLOTKIN

Redondo Beach. January 25.

Two course records were set in the third running of this Redondo Beach 10k race. Actually, three, if you count the size of the field—about 8000. Ron Cornell and Gayle Olinekova broke the men's and women's records set only last year rather handily. Cornell, the UCLA distance star broke absent Bruin teammate Steve Ortiz's record of 30:07 with a 29:50. Olinekova, who has until recently been known under the shortened version of her name—Olinek—ran the course in 35:25, a minute and three quarters of last year's winner and course record holder, Linda Heinmiller.

George Mason of AIA took the lead for the first half mile. Then, as the course turned sharply around a corner and went downhill, Cornell took the lead and went through the mile in 4:40, with Mason about 15 yards behind. Surging on the downgrades of the rolling course and easing on the ups, he noticed Mason doing the same thing guaranteeing that "...if you run a race like that, you're never gonna catch back up 'cause we were both running the same way." Asked if he had felt pressed at any time, Cornell said, "I was really hurting at the four mile mark...." However, he felt that if he could get to five miles he could hold on, which he did. Cornell looked back 3 or 4 times to see where Mason was. Noting that he was holding onto a lead that had now stretched out to between 40 and 50 yards, he felt that he better keep the pressure on or he'd be in trouble in the last mile. I can't really imagine Ron in trouble in the last mile. I can't really imagine Ron in trouble in the last mile. I can't really imagine Ron in trouble in the last mile.

January 1, Stanford.

Tony Ramirez, 26 year old from Salinas was the first of 837 men to finish the year's Saucony "Share the Road" Race at Stanford. His winning time of 29:41 is a new course record. For his victory Tony won an expense paid trip to Boston to compete in the Saucony National Championships next year. Past winners include Rod Dixon, Herman Atkins, Jeff Galloway and John Gildewell.

The overall female winner, who set a new course record with her time of 34:35, is Patsy Sharples, who will also compete in the Saucony finals.

The Stanford course was fast and fairly flat with several gentle hills. The start was at Stanford Stadium and wound its way through the picturesque campus and surrounding community.

In spite of their New Year's eve celebrations, the spirits of local runners were not dampened, as over 1050 runners turned out for the race.

Men's Results:

1. Tony Ramirez (26)	29:41
2. Mike Porter (27)	30:17
3. Roy Kissen (23)	30:55
4. Bill Gautier (22)	30:59
5. Ron Paul (30)	31:06
6. James Tracy (30)	31:25
7. Brock Hinzman	31:32
8. Terry Drake (23)	31:44
9. Mark Graves (31)	32:03
10. Mark Hines	32:29
11. Dan Stefanisko (18)	32:30
12. Bill Meinhardt	32:30
13. Patrick Shartle (22)	32:47
14. Phil Moser (22)	32:54
15. James McGehee (22)	32:56
16. Tim Rostege (40)	33:01
17. Ulrich Kaempf	33:03
18. Dennis Tracy (34)	33:14
19. Kevin McCuskey	33:15
20. Steve Stark	33:19
21. Steve Haas (22)	33:21
22. Ingemar Gard (30)	33:39
23. Jay Gehrig (29)	33:43
24. Andy Hyde	33:48

27. Les Devoe (29)	34:13
28. Jim LaFuenta (15)	34:14
29. Michael Rountree (28)	34:16
30. David Nieman (30)	34:17

Women's Results:

1. Patsy Sharples (19)	34:35
2. Denise Bigelow (19)	36:17
3. Vicki Bigelow (45)	36:23
4. Sue Gladney (33)	37:03
5. Victoria Broy (19)	38:04
6. Kerry Brogan (18)	38:29
7. Heidi Hansen (21)	38:51
8. Louise Schneider (16)	39:57
9. Laura Silva (17)	40:08
10. Kelly Brogan (14)	40:09
11. Victoria Aldrich (35)	40:10
12. Annette Bunge (27)	40:44
13. Amanda Goldner	41:05
14. Jane Kuchins (28)	41:13

Zonta 10K

January 18, Goleta Beach State Park.

Open Men 19-34:

1. Gary Tuttle (33) Ventura	29:30
2. Jim Triplett (23) Santa Barbara	29:52
3. Peter Dolan (21) Isla Vista	32:39
4. Scott Ingraham (20) Isla Vista	32:39
5. Walter Johnson (23) Ventura	33:05
6. Donald Faith (26) Carpinteria	33:13
7. David Mineau (33) Oxnard	34:06
8. David Thompson (33) Agoura	35:23
9. Steve Bushey (30) Santa Barbara	35:45
10. Jim Elwell (20) Vand. AFB	35:52

Boys 14 & Under:

1. Dave Saunders (14) Santa Bar.	39:39
----------------------------------	-------

Men 35-39:

1. Steve Waggener (36) Goleta	34:35
2. Charles Elkins (37) Arroyo Grande	36:02
3. Paul Hartman (35) Santa Barbara	36:20
4. Bill King (38) Santa Barbara	36:24

Men 40-49:

1. Kemp Aaberg (41) Goleta	37:31
2. Art Sylvestor (42) Goleta	38:12

Men 50-59:

1. Ray Gil (56) Lompoc	38:06
------------------------	-------

3. Dennis Tracy	26:28
1. Tom Laris	25:05
2. Bill Meinhardt	25:57
3. Ulrich Kaempf	26:04

Masters Men 50 & Over:

1. Hank Shastany	30:04
2. Bill Bowers	30:15
3. Dennis Egley	30:19

Girls 18 & Under:

1. Kerry Brogan	30:11
2. Kelly Brogan	32:35
3. Julie Jacobson	40:05

Open Women 19-29:

1. Denise Bigelow	30:31
2. Christina Callas	33:54
3. Mary Dageforde	35:59

Submaster Women 30-39:

1. Kathy Himmelberger	32:27
2. Carol Carbaugh	32:56
3. Dee Gibson	33:54

Masters Women 40-49:

1. Vickie Bigelow	29:26
2. Betsy Fraser-Smith	34:43
3. Ruth Waters	35:01

Masters Women 50 & Over:

1. Pat Mueller	41:48
2. Ann Sievert	44:37

World Masters Marathon

By RICHARD SLOTKIN

It was his first marathon and Vikken Simonian was nervous. The former UCLA distance star had never run that far, didn't really know what to expect. Surely he didn't expect too make two pitstops or get blocked by an unscheduled switcher locomotive going by just as he was approaching the grade crossing. But, things work out sometimes and he came through just fine. Taking the lead at 8 miles, he was never again headed and went on to a 2:19:02, which was later adjusted



Vikken Simonian

from his car all through the race and never saw this character. He accused him of pulling a Rosie Ruiz, whereupon the guy took off, for real this time, and was never seen again.

So, the real number two, Ralph Serna, got his just dues and showed a 2:22:13 clocking. Frickle held third the rest of the way, while fourth placer Clyde Matsumura got his fourth PR in as many marathons, and broke 2:30 for the first time. SMTC teammate Bob Macias, also running his first marathon, just missed breaking 2:30 by 14 seconds. But Santa Monica took three of the first five places, which is a very impressive performance for a marathon.

Azilan's Jim Minami won 35-39 honors with a 2:37:41, which was good enough for tenth overall.

Elaine Campo had the women's divisions all to herself. PRing in 2:44:49, the Santa Barbara teacher was 9 minutes ahead of the next pretty face, which belonged to Fran Solomon of Corona del Mar. Loyola-Marymount distance star Therese Kozlowski was third in 2:54:57, which is not bad for first timer. (I believe that was her first.) Took first in her division too. Fourth was marathon-a-week Sue Petersen in 2:55:11.

Men 14-17:

1. Don Spicer	2:35:10
2. Jeff Mullican	2:41:59
3. Jose Vasquez	2:49:41

Men 18-35:

1. Vic Simonian	2:18:56
2. Ralph Serna	2:22:13
3. Dave Frickle	2:25:15
4. Clyde Matsumura	2:29:12
5. Bob Macias	2:30:14
6. Mike Dagg	2:34:34
7. Jim Pelton	3:37:06
8. Brian Nelson	2:37:10
9. Gary Matsuda	2:38:04
10. Ken Kendall	2:38:29

Men 35-39:

1. Jim Minami	2:37:41
2. Eugene Blankenship	2:39:28
3. Tom Burns	2:40:21

Redondo Beach, January 25.

Two course records were set in the third running of this Redondo Beach 10k race. Actually, three, if you count the size of the field—about 8000. Ron Cornell and Gayle Olinekova broke the men's and women's records set only last year rather handily. Cornell, the UCLA distance star broke absent Bruin teammate Steve Ortiz's record of 30:07 with a 29:50. Olinekova, who has until recently been known under the shortened version of her name—Olinek—ran the course in 35:25, a minute and three quarters of last year's winner and course record holder, Linda Heinmiller.

George Mason of AIA took the lead for the first half mile. Then, as the course turned sharply around a corner and went downhill, Cornell took the lead and went through the mile in 4:40, with Mason about 15 yards behind. Surging on the downgrades of the rolling course and easing on the ups, he noticed Mason doing the same thing guaranteeing that "...if you run a race like that, you're never gonna catch back up 'cause we were both running the same way." Asked if he had felt pressed at any time, Cornell said, "I was really hurting at the four mile mark...." However, he felt that if he could get to five miles he could hold on, which he did. Cornell looked back 3 or 4 times to see where Mason was. Noting that he was holding onto a lead that had now stretched out to between 40 and 50 yards, he felt that he better keep the pressure on or he'd be in trouble in the last mile. I can't really imagine Ron in trouble in the last mile of any road race, and he wasn't this time. Pushing all the way in, he had close to a 100 yard lead at the end.



photo by Richard Slotkin

Gayle Olinekova

"THE TOUGH ONE!"

Pigeon Pass MARATHON

SUNDAY APRIL 5, 1981
7:00 A.M.
LOMA LINDA CA

(also Half and Quarter)

You'll be telling your grandchildren about this one!

Loma Linda Lopers PIGEON PASS MARATHON
P. O. Box 495 Loma Linda CA 92354

Mason felt it. He said that he tried to stay with Cornell, but everytime he would get within 10 or 15 yards, Cornell would surge back out to a 50 yard lead. George gave it a good try, though, and with that white mane and moustache and his sharp red, white and blue AIA uniform, he gets our vote as Mr. Photogenic.

- | | |
|------------------------------------|-------|
| 4. Kathy Martin (PFF) 30 | 38:47 |
| 5. Annie Healy (Redondo Bch) 20 | 38:58 |
| 6. Beverly Lowe (Santa Monica) 27 | 38:59 |
| 7. Margaret Spotts (Red. Beach) 17 | 39:01 |
| 8. Diana Tracy (Man. Beach) 27 | 39:35 |
| 9. Rene Williams (El Cam CC) 19 | 40:35 |
| 10. Cami Ogren (Las Vegas) 15 | 40:59 |

Second place female in 18:18 was Elaine Schultz, but fourth place Gladys Prieur was an interesting story. This time last year, Gladys was little more than a jogger. Now, she has become a consistent age group optimists contd

mance, but as luck would have it, Brown was in a 15 and under age group and winner Brazel was only 15. So Brown didn't even get to win her division. Tough luck, but her days will come.

David Askren seems to be staking a claim to the half marathon here. He won the event last November at the Jordache affair, and came back and did it again today. His time was 1:10:13, a minute plus ahead of second place, which went to John Douglas.

Diane Jones took the women's honors with a time of 1:26:45. After that, it was a while before any more women appeared. Six minutes, in fact, Ilka Carbo-Gillette then appeared followed 40 seconds later by Pauline Stevens. Stevens had a leg injury and wasn't sure she could run the whole thing. However, after going through a part of the course which doubled back upon itself, she found that she was third overall, and probably first in her division. Suddenly, the pain wasn't so bad and she went for it...and got it. Third overall, first in her division (30-39) with a time of 1:33:20. Maybe Pauline should have a talk with her SMTC teammate Ruben Haro.

- Women 60 & Over:
- | | |
|------------------------|-------|
| 1. Harriet Barton (62) | 28:39 |
|------------------------|-------|
- 10K RESULTS:
- Men 16-19:
- | | |
|------------------------|-------|
| 1. Sieg Lindstrom (19) | 32:30 |
| 2. Gregg McElwee (17) | 34:25 |
| 3. Derek Furukawa (19) | 34:51 |
- Men 20-29:
- | | |
|---------------------------|-------|
| 1. Epigmenio Torres (29) | 35:01 |
| 2. Valentin Quintana (27) | 35:36 |
| 3. Terry Mack (29) | 35:52 |
- Men 30-39:
- | | |
|-----------------------|-------|
| 1. Charles Hodge (30) | 33:29 |
| 2. Jim Pellon (30) | 35:27 |
| 3. Bruce Lane (32) | 35:30 |
- Men 40-49:
- | | |
|---------------------------|-------|
| 1. Richard Belliveau (44) | 36:25 |
| 2. Benedict Urban (42) | 38:29 |
| 3. Clarence Hunter (44) | 39:26 |
- Men 50-59:
- | | |
|------------------------|-------|
| 1. Leonard Kenyon (57) | 44:38 |
|------------------------|-------|
- Men 60 & Over:
- | | |
|-------------------|-------|
| 1. Abe Stein (60) | 43:51 |
|-------------------|-------|
- continued on next page...



photo by Bill Leung, Jr.

Top finishers in Superbowl 10K

Canadian Gayle Olinekova (seems a bit strange calling her that) was using the race as a start of her training program for the Jordache Marathon in March. She gave herself a choice for that day's workout: A hard 20 miler on the road or a hard 6 miler in a race. The choice was obvious. Last year's champ, Linda Heinmiller, can run with Olinekova when she's in shape, but since the trials in Eugene last summer, she has backed off on hard training, which accounts for her slowish 37:08. On the other hand, Sheri Simmons, from nearby Lomita, is working her way back into shape after injury problems, and her 37:18 got her third place, not that far behind Heinmiller. Thirty year old Kathy Martin, of the Pt. Fermin Flyers, and whom I spent a whole 10 miler following last November, watching her lead on me extend inch by inch, and then yard by yard until she finally had a full 30 seconds worth of them...well, anyway, she took fourth

Optimists International 5K-10K & Half-Marathon

By RICHARD SLOTKIN

Rose Bowl, Pasadena. February 1, 1981.
What is it about the Rose Bowl race routes that seem to bring out the worst of problems? We've seen everything from lack of aid stations to last minute rerouting due to discovery of murder victims on the course. Plus everything in between.

she has become a consistent age group winner. The just-turned 16 Gladys won her division by over 3½ minutes, in 18:46. Peter Rice was a last minute entry. He had come down to cheer on his friend, Sherry Simmons who took third overall among the women. Getting the itch, Rice signed up and cranked out a 17:03 to win his division and have a minute or so to recover so that he could greet friend Sherry as she finished.

The 10k was won by Sieg Lindstrom in 32:30. Not an especially fast time for a flat course. But, he wasn't challenged or pushed, so it was more than adequate for the occasion. Same with the women. Tammy Brazel won in 39:05 and second was 12 year old Vonicille Brown in 39:55. That's a great perfor-

RESULTS 5K:

- Men 16-19:
- | | |
|------------------------|-------|
| 1. Danny Martinez (18) | 15:51 |
| 2. Ken Knudson (17) | 15:59 |
| 3. Randy Hales (19) | 16:22 |
- Men 20-29:
- | | |
|---------------------------|-------|
| 1. Cleveland Whalen (27) | 15:04 |
| 2. Ruben Haro (22) | 15:35 |
| 3. Dennis Forthoffer (23) | 15:49 |
| 4. Peter Mogg (26) | 15:57 |
| 5. Frank Peters (20) | 16:09 |
- Men 30-39:
- | | |
|----------------------|-------|
| 1. Peter Rice (32) | 17:03 |
| 2. Patrick Cady (34) | 17:24 |
| 3. Bob McGeough (38) | 17:27 |
- Men 40-49:
- | | |
|------------------------|-------|
| 1. Jack Stewart (43) | 17:59 |
| 2. Regis Boyle (47) | 19:08 |
| 3. James Vangundy (41) | 19:24 |
- Men 50-59:
- | | |
|-------------------------|-------|
| 1. Walter Atcheson (54) | 17:33 |
| 2. Jerry Withers (51) | 17:45 |
| 3. Leonard Walts (51) | 18:30 |

- Men 60 and Over:
- | | |
|---------------------|-------|
| 1. David Cohen (61) | 23:04 |
|---------------------|-------|

- Women 16-19:
- | | |
|-----------------------|-------|
| 1. Gladys Prieur (16) | 18:46 |
|-----------------------|-------|

- Women 20-29:
- | | |
|------------------------|-------|
| 1. Elaine Schultz (21) | 18:18 |
| 2. Sherry Simmons (23) | 18:32 |
| 3. Laurel Spector (21) | 20:21 |
| 4. Kathy Hart (25) | 20:40 |
| 5. Maria Gonzalez (21) | 21:48 |

- Women 30-39:
- | | |
|--------------------------|-------|
| 1. Pat Story (31) | 17:28 |
| 2. Anna Lewin (36) | 22:13 |
| 3. Mary Jane Matoza (33) | 22:13 |

- Women 40-49:
- | | |
|------------------------|-------|
| 1. Kathy McCarthy (47) | 25:54 |
|------------------------|-------|

- Women 50-59:
- | | |
|-------------------|-------|
| 1. Mae Myers (50) | 27:11 |
|-------------------|-------|



photo by Richard Slotkin

David Askren

Top finishers in Superbowl 10K

Optimists International 5K-10K & Half-Marathon

By RICHARD SLOTKIN

Rose Bowl, Pasadena. February 1, 1981.

What is it about the Rose Bowl race routes that seem to bring out the worst of problems? We've seen everything from lack of aid stations to last minute rerouting due to discovery of murder victims on the course. Plus everything in between.

This trio, put on the Pasadena Optimists Club, was right in what is becoming a tradition of snafus. A workshop for Murphy's Law (ie. If things can go wrong—they will). A race director's nightmare. Consider the following: 1) Coming down the last 200 yards of the 5k, leader Cleveland Whalen was led off course by the pace motorcycle officer, losing about five seconds. Following in second place about 150 yards behind, Ruben Haro began to follow Whalen until he realized the error, nevertheless losing valuable seconds also. 2) Several 10k runners missed directions and lost a loop of the two loop 10k course, came through the finish line in ungodly fast PR's and promptly disqualified themselves. 3) After a massed start of the 10k and 1/2 marathon followed by a common 5k, the separation point was poorly indicated causing the usual confusion as 10Kers found themselves heading into the half marathon route and half marathoners similarly lost on the 10k course. Most were eventually set right, but the lost time was impossible to make up. 4) There was no clock at the finish line, and no one was calling out the time there until about 47 minutes into the 10k.

Fortunately, one problem that did not materialize was a finish line jam. A crowd of 1500 was sufficiently dispersed among the three events, each one progressively longer, and thereby progressively more strung out, so that coupled with Dennis Ikenberry's finish line system, which seems to be settling down to an effective operation, the finishes were quite smooth. Despite some anxious moments on the part of the finish line personnel. Despite some 10Kers who lost a loop. And despite some unofficial runners.

Anyway, Whalen was a wire-to-wire winner in the 5k. In fact, all winners, male and female, were wire-to-wire. Whalen's girlfriend, 2:46 marathoner Pat Story, showed her broken foot had healed by showing up at the finish only 17:28 after the start. What did she think of her effort? "I'm back!"

Ruben Haro who was second in the 5K was thinking back and felt he should have gone after Whalen when Cleve began to open up his led. As it was, his second place was well ahead of third, so he was running well. Next time, go for it, Ruben!

she has become a consistent age group winner. The just-turned 16 Gladys won her division by over 3 1/2 minutes, in 18:46. Peter Rice was a last minute entry. He had come down to cheer on his friend, Sherry Simmons who took third overall among the women. Getting the itch, Rice signed up and cranked out a 17:03 to win his division and have a minute or so to recover so that he could greet friend Sherry as she finished.

The 10k was won by Sieg Lindstrom in 32:30. Not an especially fast time for a flat course. But, he wasn't challenged or pushed, so it was more than adequate for the occasion. Same with the women. Tammy Brazel won in 39:05 and second was 12 year old Voncille Brown in 39:55. That's a great perfor-

2. Regis Boyle (47)	19:06
3. James Vangundy (41)	19:24
Men 50-59:	
1. Walter Atcheson (54)	17:33
2. Jerry Withers (51)	17:45
3. Leonard Walts (51)	18:30
Men 60 and Over:	
1. David Cohen (61)	23:04
Women 16-19:	
1. Gladys Prieur (16)	18:46
Women 20-29:	
1. Elaine Schultze (21)	18:18
2. Sherry Simmons (23)	18:32
3. Laurel Spector (21)	20:21
4. Kathy Hart (25)	20:40
5. Maria Gonzalez (21)	21:48
Women 30-39:	
1. Pat Story (31)	17:28
2. Anna Lewin (36)	22:13
3. Mary Jane Matoza (33)	22:13
Women 40-49:	
1. Kathy McCarthy (47)	25:54
Women 50-59:	
1. Mae Myers (50)	27:11

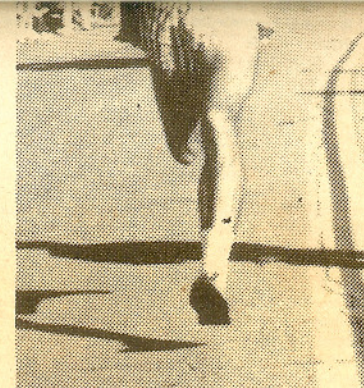


photo by Richard Slotkin

David Askren

"TOP OUTDOOR INVITATIONAL ON COAST"

14th ARCADIA INVITATIONAL

Track and Field Meet

for
High School Men and Women

SATURDAY — APRIL 18th, 1981

4:30 p.m. Field Events — 7:00 p.m. Running Events

- 1980 meet featured entries from nine California men's state champs
- Eight 1980 California women's champs entered last year
- 1980 meet 6 national bests, 12 leading California efforts
- Open to all California Sections (except Central) and selected neighboring state schools.

MEET RECORDS:

Men: 10.57; 21.2; 47.05; 1:49.9; 4:06.7; 8:45.2; 13.9; 36.9; 41.5; 3:13.1; 10:13.6(DMR); 7-1; 16-5; 24-10; 50-8 3/4; 66-10 1/4; 204-11.

Women: 11.57; 23.77; 53.70; 2:10.2; 4:54.7; 11:18.5; 14.24; 46.6; 3:46.3; 12:04.4(DMR); 5-10; 20-4 3/4; 47-10; 154-6.

metric distances, sprints fully electric Accutrack timed

For Meet Information: Doug Speck, Doug Smith, or Mike Gordon

Arcadia High School • 180 Campus Dr. • Arcadia, CA 91006
(213) 445-7507

MEN:

1. Ron Cornell (UCLA) 21	29:50
2. George Mason (AIA) 25	30:05
3. Alfredo Rosas (El Cam CC) 20	30:22
4. Bill Aragon (Colorado) 28	30:36
5. Tony Ramirez (Cam West)	30:51
6. Tony Macey (Las Vegas) 17	30:52
7. Richard Diaz (CSULB) 19	30:52
8. Jon Sutherland (Sub-4) 29	31:15
9. Kevin Fisher (Redondo Bch)	31:38
10. Jeff Atkinson (Mira Costa)	31:41

WOMEN:

1. Gayle Olinekova (Adidas) 27	35:25
2. Linda Heinmiller (SMT) 24	37:08
3. Sheri Simmons (Lomita) 23	37:18

18 California Track & Running News - March 1981

Optimists, continued from previous page..

Women 16-19:		
1. Shelley McClelland (16)	40:28	
2. Heidi Frandsen (17)	42:35	
Women 20-29:		
1. Teresa De Amda (21)	41:39	
2. Deborah Winters (29)	44:46	
Women 30-39:		
1. Shiela Hasham (38)	40:25	
2. Carmen Connolly (38)	44:06	
Women 40-49:		
1. Tovar Lorenzo (48)	44:28	
Women 50-59:		
1. Helen Steinwart (50)	52:00	

HALF MARATHON RESULTS:

Men 16-19:		
1. Scott Winfield (19)	1:11:56	
2. Joseph Flineda (17)	1:17:51	
Men 20-29:		
1. David Askren (26)	1:10:13	
2. John Douglas (22)	1:11:25	
3. Jim Masterson (26)	1:14:13	
4. Arthur Ting (29)	1:15:51	
5. Alan Dehlinger (20)	1:17:27	
Men 30-39:		
1. Edwin Jerome (37)	1:18:40	
2. Earl Beverly (37)	1:20:37	
3. Jack Davison (36)	1:20:56	
Men 40-49:		
1. Ron Navarette (41)	1:17:49	
2. Tom Carroll (41)	1:18:06	
3. Nelson Crader (40)	1:18:30	
Men 50-59:		
1. James Simos (54)	1:31:08	
2. Fred Cooney (51)	1:31:26	
Men 60 & Over:		
1. George Boyle (61)	1:44:30	
Women 16-19:		
1. Diane Jones (19)	1:26:45	
Women 20-29:		
1. Ilka Carbo Gillette (26)	1:32:41	
2. Beverly Wright (22)	1:36:26	
Women 30-39:		
1. Pauline Stevens (33)	1:33:20	
2. Lynn Canfield (33)	1:33:56	
Women 40-49:		
1. Oleta Dellasorte (46)	1:48:35	

Bakersfield Marathon

The 1981 Bakersfield Marathon was a two-way dual between Steve Chase of West Covina and Robby Bray of Bakersfield. They passed the halfway point very close on the heels of the half marathoners in 1:09:14. At 18 miles, Bray started feeling worried about finishing his first marathon. There was only about 12 seconds between them at the 24 mile mark but Steve Chase widened the lead to a minute and 21 seconds at the finish to post a 2:22:06 time to Bray's 2:23:27. Behind Bray was Michael Mahler in 2:26:08 in third. In fifth was another first time marathoner Scotty Thornton with a 2:28:55.

The women's race was won by Laurie Hagonian in 2:53:54. Laurie is a student at Cal State Bakersfield, and her familiarity with the course paid off as she out-distanced second

place finisher Connie McCarthy (2:59:25) by over four minutes.

RESULTS:

1. Steven Chase (26)	2:22:06
2. Robby Bray (24)	2:23:27
3. Michael Mahler (38)	2:26:08
4. Kirk Bodary (35)	2:26:35
5. Scott Thornton (20)	2:28:55
6. Charles Hoover, Jr.	2:30:54
7. John Botke (37)	2:31:18
8. Christopher Heulings (35)	2:34:13
9. Curtis Elia (30)	2:34:40
10. Jim Pellon (30)	2:37:16
11. Andre Tocco (40-49)	2:37:37
12. Eddie Lujan, Sr. (42)	2:37:42
13. Eric Contreras (23)	2:38:00
14. David Holland (40)	2:38:31
15. James Bordoni (28)	2:38:34
16. Ross Rowley (32)	2:38:34
17. Hergert Tanzer (28)	2:38:37
18. John Tuttle (43)	2:39:49
19. Allan Johnson, Jr. (37)	2:39:50
20. Bill Entz (26)	2:40:29
21. Joseph Gassmann (41)	2:40:31
22. Truman Clark (45)	2:41:07
23. Stephen Whitmore (24)	2:41:19
24. Frank Delgado (44)	2:41:25
25. Merle Glauser (44)	2:42:02
26. Craig Ottersen (28)	2:42:34
27. Steve Flynn (25)	2:43:41
28. Henry Hernandez (26)	2:43:43
29. Len Thornton (50)	2:43:46
30. Ron Wall (26)	2:44:59
36. Tracy Brown (52)	2:47:54
58. Laurie Hagonian (21) F	2:53:54
64. James A. Buern (W.C.)	2:55:20
74. Jim Brooks (W.C.)	2:57:53
84. Connie McCarthy (25) F	2:59:25
134. Brenda Villanueva (20) F	3:15:44
142. Karia Katz (19-29) F	3:16:53
180. Roberta Lamping (40) 1 F 40	3:29:12
254 finishers.	

HALF MARATHON RESULTS:

1. Charles Gray (26)	1:04:12
2. Steven J. Brown (28)	1:04:58
3. Jim Hartig (26)	1:07:18
4. Rex Power (28)	1:07:21
5. Eddy Cadena (33)	1:07:42
6. Marshall E. Matye (37)	1:10:30
7. Phil Garcia Jr. (29)	1:11:52
8. Raymond Webb (19)	1:12:39
9. Randy Belzar (30)	1:12:45
10. Eric Brown (18)	1:12:49
11. Paul Cross (34)	1:13:00
12. Greg Dalzell (17)	1:13:01
13. Thomas Holliday (29)	1:13:51
14. Ronald Newstat (27)	1:14:00
15. Gary Campbell (32)	1:14:13
16. John Lopez (32)	1:14:33
17. Robert Stephenson (33)	1:14:35
18. Mike Rosco (19)	1:16:06
19. Douglas Perez (32)	1:16:13
20. Ronald Rodman (35)	1:16:33
21. Steve Jones (20)	1:16:35
22. Calvin Rossi (16)	1:16:49
23. William Loughry (29)	1:17:20
24. Aba Ramirez (42)	1:18:04
25. Jesse Rodriguez (39)	1:18:24
31. Ray Marands (41)	1:19:21
34. Colby Churchman (46)	1:20:32
61. Barbara Terhune (37) 1-F	1:23:53
66. Richard Rozier (50)	1:24:44
69. Nancy Ramirez (23) 2-F	1:25:14
76. Jerry Soto (52)	1:26:31
96. Dianne Stauffer (32) 3-F	1:29:26
117. Sheila Pathinson (36) 4-F	1:32:14
136. Dianne Lucas (36) 5-F	1:34:32
175. Diana Chronert (42) 1-F 40	1:40:18
330 finishers.	

Multi Team Meet

By DOUG SPECK

The 1981 Southern California outdoor season kicked off with a February 21st non-scoring multi-team meet at the University of Southern California's fine all-weather facility. With an unseasonably warm dry spell lately in the area, people were ready to fly. The University and Club athletes had to share the headlines in this one with what could very well be the finest Community College teams in history - Long Beach and Pasadena. Long Beach high jumper Brian Stanton's National Junior College Record 7-4 clearance, Pasadena's short relay, and 400 meter running of the Lancer's Rufus Jackson ranked with some Trojan speed as the meet highlights.

Stanton had already leaped 7-2 and 7-1 this winter in all comers action, and the pupil of Long Beach assistant Baruch Elias (former Rumanian Head Coach) took down Ty Peacock's 7-3 1/4 mark for Modesto JC last year with 7', 7'2", and 7'4" leaps today. He looked good at a lofty 7'5". Long Beach is loaded in this event - Mel Baker [7' 1/4" best] 7'0" today and Greg Denby [7'1" best] 6'10" today would be tough in a three-man relay.

The USC 400 meter relay group of Larry Doubley, Mike Sanford, Mike Turner, and Bill Green swooped a 39.85, with the Stars 'n Stripes TC 2nd in 40.16. Pasadena in third cranked 40.47. Mark Mial is the Lancer's latest find. The Fort Hunt, Alexandria, Virginia product (9.4y-21.15y in 1979) who spent last year at New Mexico JC, replaced the injured Dwight Thompson leading off - he gave Adrian Jones a lead. Rufus Jackson and Archie Carter did a good job of keeping the Pasadenans in the race.

Rufus Jackson (or "Acorn") to his teammates' returned in the 400 meters. Having already raced 47.51 this winter he came loaded for bear. With Benny Brown blazing a first 200, and Jackson's teammate last year at Centennial (Compton) High, USC Frosh Mike

Turner, running a third 100 that put him a touch ahead, Rufus was at the moment of truth at the head of the straight. Hesitation there was none as he plowed through the tape a 46.68 victor over Turner's 47.10.

Bill Green and Mike Sanford of USC hooked up in an interesting sprint series. Green (10.41) and Greg James (10.45) were strongest over the last third of the 100 meters and Mike was relegated to third (10.56). Sanford was after revenge in the 200 - one lane outside Green he moved to a definite advantage during the turn. It took Green until the final ten meters to rein Mike in this time, as he won in an excellent 20.77 to 20.88.

USC hurdlers Anthony Campbell (13.77) and Milan Stewart (13.90) looked sahrp in their highs race.

Venezuela's Jose Salazar, attending East LA JC, outleaped Keith Taylor 51-11 1/4 to 51-1 in the triple jump. Randy Williams (25-6 1/4 LJ) and Bob Pullard (PV 16-6) were the other good efforts in the meet. Long Beach City College's Glen Lee looked particularly gutsy in racing to a 14:37.5 5000 meter win.

Mark your calendar - Friday, April 3 the Pasadena-Long Beach dual meet will take place at the latter's facility. With USC developing too many holes to successfully challenge UCLA as a team in their dual, the Lancer-Viking meet will be the top Two-Team meet in Southern California this outdoor season.

100 Meters Heat 1: 1. Goosby (Maccabi) 10.78; 2. Perry (LBCC) 10.89; 3. Richards (Maccabi) 10.89; 4. Smith (CSN) 11.06. **Heat 2:** 1. McCoy (Maccabi) 10.88; 2. Doubley (USC) 10.88. **Heat 3:** 1. Green (USC) 10.41; 2. James (Stars & Stripes) 10.45; 3. M. Sanford (USC) 10.56; 4. Mullins (unat) 10.75; 5. Williams (unat) 10.72; 6. Brodi (CSN) 10.75.

200 Meters: 1. Green (USC) 20.77; 2. M. Sanford (USC) 20.88; 3. Brodi (CSN) 21.40; 4. Whyns (LBCC) 21.51; 5. McCraney (Maccabi) 21.57; 6. B. Williams (S&S) 21.71; 7. Smith (CSN) 22.31.

400 Meters Heat 1: 1. A. Smith (Compton) 48.6; 2. Andrews (unat) 48.9; 3. Palmore (CSN) 50.7; 4. Allen (CSN) 50.7; 5. Terry (CSN) 51.5.

Heat 2: 1. Jackson (PCC) 46.68; 2. Turner (USC) 47.10; 3. B. Brown 47.61; 4. Thompson (LBCC) 47.67; 5. Massey (unat) 48.09; 6. Goss (CSN) 48.59.

800 Meters: 1. Omwanza (uanat) 1:52.03; 2. Zaragoza (PCC) 1:53.29; 3. Cota (LBCC) 1:54.25; 4. Bethany (USC) 1:54.59; 5. Rochester 1:55.85.

1500 Meters: 1. Gottesfield (CSN) 3:51.51; 2. Partamian (unat) 3:51.77; 3. Bahara (SFVTC) 3:56.14; 4. Savage (USC) 3:56.44; 5. Henry (LBCC) 3:56.98; 6. Simonian (SMTC) 4:00.29; 7. Trujillo (CSN) 4:01.81; 8. Macias (SMTC) 4:01.96.

5000 Meters: 1. Lee (LBCC) 14:37.5; 2. Packer (CSN) 14:40.1; 3. Leibovitch (CSN) 14:46.8; 4. Holman (USC) 14:57.0; 5. Schallert (unat) 15:03.0; 6. Traba (CSN) 15:19.0.

110 High Hurdles Heat 1: 1. Perry (LBCC) 14.86; 2. Johnson (CSN) 15.61. **Heat 2:** 1. Campbell (USC) 13.77; 2. Stewart (USC) 13.90; 3. McCraney (PCC) 14.14; 4. Longino (LBCC) 14.32; 5. Carter (PCC) 14.40.

400 Intermediates: 1. Holloway (LBCC) 52.09; 2. Dreary (PCC) 52.34; 3. Hargrove (unat) 53.53; 4. Tatham (USC) 53.70; 5. Johnson (CSN) 54.91.

400 Meter Relay: 1. USC (Doubly, M. Sanford, Turner, Green) 39.85; 2. Stars & Stripes TC 40.16; 3. Pasadena CC 40.47; 4. Cal State Northridge 40.90.

1600 Meter Relay: 1. USC 3:22.42; 2. CSN 3:27.91.

High Jump: 1. Stanton (LBCC) 7-4; 2. Sanders 7-0; 3. Baker (LBCC) 7-0; 4. Kotinek 7-0; 5. Denby (LBCC) 6-10.

Long Jump: 1. Williams (unat) 25-6 1/4; 2. Doubly (USC) 24-9 1/4; 3. K. Taylor 24-1 1/4; 4. G. Williams (Maccabi) 23-8; 5. Eizuehien (Maccabi) 22-6 1/4.

Pole Vault: 1. Pullard (Maccabi) 16-6; 2. Kenworthy (unat) 16-0; 3. Suey (USC) 15-6; 4. Miketa (USC) 15-0; 5. Carrillo (CSN) 13-6.

Shot Put: 1. Mosebar (USC) 55-8; 2. Goode (CSN) 54-10 1/4; 3. Goodman (CSN) 42-0.

Discus: 1. Robinson (LBCC) 163-11; 2. Goode (CSN) 148-10; 3. Goodman (CSN) 137-3.

Javelin: 1. Rutherford (USC) 225-1; 2. Cartwright 175-9; 3. Goode (CSN) 172-9.

Triple Jump: 1. Salazar (unat) 51-11 1/4; 2. Taylor (Macc) 51-1; 3. Faison (USC) 49-0.

L'eggs/YWCA 10,000 Meter Run

February 16, San Diego.

UCLA's Kathy Mintie turned in a 5:17 first mile at the L'eggs/YWCA 10,000 meter run in San Diego enroute to a new L'eggs/YWCA circuit record time of 33:34. Second place finisher and two-time defending champion in her hometown, Laurie Binder, finished in 35:40.

Mintie, 20, a native of Fullerton, California, outran 1,400 women. Her time broke the previous L'eggs/YWCA circuit record of 34:51 set by Francie Larriue Smith last September in Dallas. Mintie's time was the fastest in 21 races spanning four years of the L'eggs/YWCA circuit of 10,000 meter runs for women only.

After the race she said, "I was running comfortably and not worrying about the pace."

19 & Under:

1. Sheli Lachel (16) La Mesa	36:19
2. Laura Miller (18) Agoura	36:25
3. Ruthie Truscott (17) San Diego	38:38
4. Karen Brown (17) Coronado	38:40
20-29:	
1. Kathy Mintie (20) Los Angeles	33:34
2. Pam Morris (22) Los Angeles	36:22
3. Yvonne Yanke (23) San Diego	36:36
4. Diane Riley (25) La Jolla	37:23
5. Teresa Ramirez (21) San Diego	38:17
6. Barbara Kelly (25) Camp Pendl.	39:05
7. Nancy Wilkinson (23) Rancho Santa	39:16
8. Laurie Jenkins (24) Santee	39:35

30-39:

1. Laurie Binder (33) San Diego	35:40
2. Patti Hurl (33) San Diego	39:16
3. Audrey Burns (32) San Diego	39:53
40-49:	
1. Faye Heldoorn (43) San Diego	40:40
2. JoAnne Wichary (44) San Diego	40:49
3. Diane Stocklin (40) San Diego	41:02
50-59:	
1. Anne Johnson (52) Olijenhain	41:05
2. Mary McDonald (50) El Cajon	46:47
3. Peggy Naas (51) El Cajon	48:15
1,400 entrants.	

CHARGE OF THE LITE BRIGADE

1. Pauline Stevens (33) 1:33:20
 2. Lynn Canfield (33) 1:33:56
 Women 40-49:
 1. Oleta Dellasorte (46) 1:48:35

Bakersfield Marathon

The 1981 Bakersfield Marathon was a two-way dual between Steve Chase of West Covina and Robby Bray of Bakersfield. They passed the halfway point very close on the heels of the half marathoners in 1:09:14. At 18 miles, Bray started feeling worried about finishing his first marathon. There was only about 12 seconds between them at the 24 mile mark but Steve Chase widened the lead to a minute and 21 seconds at the finish to post a 2:22:06 time to Bray's 2:23:27. Behind Bray was Michael Mahler in 2:26:08 in third. In fifth was another first time marathoner Scotty Thornton with a 2:28:55.

The women's race was won by Laurie Hagoopian in 2:53:54. Laurie is a student at Cal State Bakersfield, and her familiarity with the course paid off as she out-distanced second

Phil Garcia Jr. (29) 1:11:52
 8. Raymond Webb (30) 1:12:39
 9. Randy Belzar (39) 1:12:45
 10. Eric Brown (18) 1:12:49
 11. Paul Cross (34) 1:13:00
 12. Greg Dalzell (17) 1:13:01
 13. Thomas Holliday (29) 1:13:51
 14. Ronald Newstat (27) 1:14:00
 15. Gary Campbell (32) 1:14:13
 16. John Lopez (32) 1:14:33
 17. Robert Stephenson (33) 1:14:35
 18. Mike Rosco (19) 1:16:06
 19. Douglas Perez (32) 1:16:13
 20. Ronald Rodman (35) 1:16:33
 21. Steve Jones (20) 1:16:35
 22. Calvin Rossi (16) 1:16:49
 23. William Loughry (29) 1:17:20
 24. Aba Ramirez (42) 1:18:04
 25. Jesse Rodriguez (39) 1:18:24
 31. Ray Marandis (41) 1:19:21
 34. Colby Churchman (46) 1:20:32
 61. Barbara Terhune (37) 1-F 1:23:53
 66. Richard Rozier (50) 1:24:44
 69. Nancy Ramirez (23) 2-F 1:25:14
 78. Jerry Soto (52) 1:26:31
 96. Dianne Stauffer (32) 3-F 1:29:26
 117. Sheila Pathinson (36) 4-F 1:32:14
 136. Dianne Lucas (36) 5-F 1:34:32
 175. Diana Chronert (42) 1-F 4:0 1:40:18
 330 finishers.

200, and Jackson's teammate last year at Centennial (Compton) High, USC Frosh Mike

L'eggs/YWCA 10,000 Meter Run

February 16, San Diego.

UCLA's Kathy Mintie turned in a 5:17 first mile at the L'eggs/YWCA 10,000 meter run in San Diego enroute to a new L'eggs/YWCA circuit record time of 33:34. Second place finisher and two-time defending champion in her hometown, Laurie Binder, finished in 35:40.

Mintie, 20, a native of Fullerton, California, outran 1,400 women. Her time broke the previous L'eggs/YWCA circuit record of 34:51 set by Francie Larrieu Smith last September in Dallas. Mintie's time was the fastest in 21 races spanning four years of the L'eggs/YWCA circuit of 10,000 meter runs for women only.

After the race she said, "I was running comfortably and not worrying about the pace." Mintie's clocking at the 3-mile split was 15:56, for a pace of 5:19 per mile. She held to that pace to come through the 5-mile mark at 26:50. The winner will receive a free trip to

48.6; 2. Andrews (usat) 48.9; 3. Palmore (CSN) 50.7; 4. Allen (CSN) 50.7; 5. Terry (CSN) 51.5.

19 & Under:

1. Shelli Lachel (16) La Mesa 36:19
 2. Laura Miller (18) Agoura 36:25
 3. Ruthie Truscott (17) San Diego 38:38
 4. Karen Brown (17) Coronado 38:40

20-29:

1. Kathy Mintie (20) Los Angeles 33:34
 2. Pam Morris (22) Los Angeles 36:22
 3. Yvonne Yanke (23) San Diego 36:36
 4. Diane Riley (25) La Jolla 37:23
 5. Teresa Ramirez (21) San Diego 38:17
 6. Barbara Kelly (25) Camp Pendl. 39:05
 7. Nancy Wilkinson (23) Rancho Santa 39:16
 8. Laurie Jenkins (24) Santee 39:35

30-39:

1. Laurie Binder (33) San Diego 35:40
 2. Patti Hurl (33) San Diego 39:16
 3. Audrey Burns (32) San Diego 39:53

40-49:

1. Faye Heldoorn (43) San Diego 40:40
 2. JoAnne Wichary (44) San Diego 40:49
 3. Diane Stocklin (40) San Diego 41:02

50-59:

1. Anne Johnson (52) Olliyenhain 41:05
 2. Mary McDonald (50) El Cajon 46:47
 3. Peggy Naas (51) El Cajon 48:15
 1,400 entrants.

CHARGE OF THE LITE BRIGADE

San Francisco Bay is spanned in four places with bridges named for their location--Golden Gate, Oakland Bay, Dumbarton and Hayward-San Mateo. The latter is an architectural masterpiece rising like a silver ribbon from the green and blue waters of the middle of the bay, making it the longest span.

Runners have been itching to get their rubber soles on this virgin piece of concrete but it took Miller Brewing Company and the San Mateo Historical Association along with the State of California Transportation Department, the municipalities of Hayward and Foster City and the statesmen skills of Senator Marz Garcia to pull it off. Naturally the race is called the "CHARGE OF THE LITE BRIGADE."

The half marathon is scheduled to start at 7:30 a.m. on Palm Sunday morning, April 12, beginning on the Hayward side and ending on the Foster City levee. That portion of the span involving the race will be closed off to all traffic from 7 a.m. to 11 a.m. to give all runners safe crossing. Some limited shuttle transportation will be offered after the race in order to keep the traffic from blocking up in Foster City.

Awards ceremonies will also be kept to the minimum except for the top three male and females with the other 14 divisions, first through third, winners receiving their plaques by mail to further reduce the traffic.

Each of the top 500 finishers will receive commemorative medals as they cross the finish line with the rest receiving ribbons. T-shirts will be given to all finishers at the end of the race. First male and female will receive airfare and accommodations from San Francisco to the Honolulu Marathon.

Applications can be obtained by sending a stamped self-addressed envelope to the San Mateo Historical Association, College of San Mateo Campus, 1700 West Hillside Blvd., San Mateo, CA 94402. Cut-off date is April 1. Phone 574-6441 for information.

CALIFORNIA TRACK & RUNNING NEWS

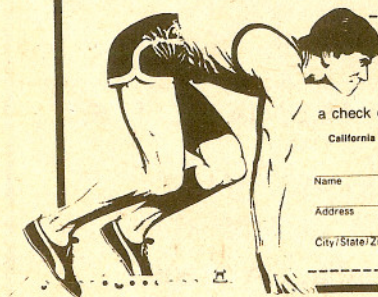
Now in its eighth big year, *California Track & Running News* is THE track and running publication for the State of California. Keep up with all of the action in the hottest track and running state in the United States by ordering your subscription now.

•12 ISSUES PER YEAR•

- ☆ PICTURES ☆ RESULTS ☆ PROFILES ☆
- ☆ RANKINGS ☆ OPEN ☆ COLLEGE ☆
- ☆ WOMEN ☆ COMMUNITY COLLEGE ☆
- ☆ HIGH SCHOOL ☆ MASTERS ☆ MORE ☆

\$10.00/1 Year \$18.00/2 Years \$25.00/3 Years

•California's Track & Running Publication•



start my subscription to California Track & Running News immediately. I have enclosed a check or money order. Send to:

California Track & Running News, P.O. Box 6103, Fresno, CA 93703

Name _____
 Address _____
 City/State/Zip _____
 New 1 Yr. Renewal 2 Yr. 3 Yr.



Kathy Mintie

New York City to participate in the next L'eggs Mini Marathon on May 30, where more than 6,000 women are expected. The 1981 Mini heralds the 10th anniversary of women's running.

Third-place finisher was high school student Shelli Lachel, 16, of La Mesa, California with a 36:19.

Oldest runner Bess James, 71, who took up running three years ago, finished in 1:04:00, which was not a personal best time, partially due to the near 80 degree temperature. She said she normally runs six miles a day, or more when she is in training for a half-marathon.

Athletic Express Track Club

3590 Riverside Plaza
Riverside, CA 92506

The AETC, since organizing in September of 1979, has been quite active. They have approximately 60 members ranging from beginners to very experienced runners. Their coach is Danny Contreras, former UCR women's track coach.

The club, besides co-sponsoring races, sponsors two races per year. In December the Lake Perris 15k and in late spring a 5k and 10k from the Riverside Plaza.

Sunday, May 31, they will hold the 3rd Annual Athletic Express 5k and 10k race. A somewhat hilly course through the streets of Riverside, it starts at the Plaza. For more information contact Danny Contreras, c/o Athletic Express Store, 3590 Riverside Plaza, Riverside, CA 92506.

Golden Gate Race Walkers

106 Sanchez St., Apt. 17
San Francisco, CA 94114

The Golden Gate Race Walkers has coaching available on all Saturdays—novice walkers are welcome. The format includes stretching, warmups and a short competitive walk of one mile, two miles or 5000 meters.

The Pacific Association Athletic Congress 25k Race Walking Championships were held January 25. Beth Sibley and Diane Mendoza represented the GGRW very well as Sibley was the first female finisher and Mendoza second. Sibley timed 2:41:44 while Mendoza came in at 2:43:22.

The GGRW have been conducting weekly one mile race walks since January of 1979. In 1980 Dennis Gustafson and Beth Sibley were crowned GGRW "Milers of the Year." Gustafson turned in a time of 7:18 being the fastest man, while Sibley clocked 7:58 for the top women's time.



CLUB NEWS

Visalia Runners

P.O. Box 3638
Visalia, CA 93278

Twenty two Visalia Runners went south to the Bakersfield Half and Full Marathon on February 7. Top club finisher in the 26.2 mile event was Dave Calderon with a 2:52:49. Jim Hill followed in 2:55:35 and Craig Newport was next in 3:07:25. Master runner Frank Padilla ran his first ever marathon and timed 3:17. Gary Campbell and Rob Stephenson led the club half marathoners. Campbell timed 1:14:13 while Stephenson clocked 1:14:35. Jess Rodriguez was next in 1:18:24. Jacque Randolph, competing in her first half marathon, timed 1:41:05. Carol Sandoval ran 1:55:03 and Cec Conway came in at 1:55:29.

Several Visalia Runners won their divisions at the Max Chaboian Memorial Six Mile. Jess Rodriguez won the 35-39 division, while Carol Sandoval won the 25-29 division. Jacque Randolph took honors in the 35-39 age group while JoAnn Branco took the 40 year division.

March 1 was the date of the Visalia Runners Four Mile. Club member Gary Campbell was the winner in 21:10. Rob Stephenson was third in 21:54. Cherie Stephenson was the club's first woman finisher in 30:24.

The next Visalia Runner event will be the Visalia Spring Run scheduled for April 25 in Visalia. This event will be the Central Association 10 Kilometer Athletic Congress Championship.

Southern California Striders

18750 Oxnard Street, Suite 404
Tarzana, CA 91356

At a recent Southern California Striders

San Luis Distance Club

P.O. Box 1134
San Luis Obispo, CA 93406

Paul Spangler won gold medals in two races at the 14th World Veterans Road Racing Championships. Spangler won the 10k and 25K. In keeping with his winning ways, Spangler then went on to the 4th World Association of Veteran Athletes Championships held from January 7-14. There he won six of seven races.

Sunday, April 5, the SLDC will host the South Bay 20 Kilometer Run. This is the club's debut as host of major race, as this event has been selected as the Road Runners Club of America Western Regional and California State Championship for this distance (20k).

photo by Marty Higginbotham



Paul Spangler

Club Profile:

VISALIA RUNNERS

By MARTY HIGGINBOTHAM

The Visalia Runners began in the Fall of 1979. It was started by Robert Stephenson who felt the Visalia area had enough runners to support a running club. Current club president, Craig Newport, hesitates to call anything the group has done a major achievement. Several members have run some outstanding races and Newport feels those are their own individual achievements rather than the club's. He also says, "The biggest thing we do is put on some good road races." This is very true as they have conducted some excellent races, one of which is the Visalia Spring Run. This year's Spring Run 10k will be held April 25 and is the Athletic Congress Central Association 10k Championship. The club has just purchased racing uniforms which are white mesh with a royal blue panel with the team name across the chest. They

photo by Marty Higginbotham



(left to right) Lee Conway, Carol Sandoval, Cherie Stephenson, and Jess Rodriguez

High Desert Runners

44384 Stanridge Ave.
Lancaster, CA 93534

A group of four HDRC runners traveled to Pasadena for the Rose Bowl Runs on February 1. Allan Warren placed 32nd in the 10k. Alan Dehlinger ran a fast 1:16:37 13.1 miler and was 5th in the 20-29 age group. Teammate Ed Jerome ran 1:18:48 for first in the 30-39 division and 15th overall. Master runner David Dehlinger ran 1:44:07 for the 13.1 distance.

Twelve High Desert Runners competed in the Bakersfield Marathon. Some members were competing in their first marathon, some were trying to break three hours, while others were vying for club marathon champion, as the Bakersfield Marathon was chosen as the club's marathon championship. Howard Sundberg ran a 3:04:33 in his first race farther than a 10k run. Jeanette Wells finished third in her division in 3:30:46. Ken Hamrick ran a personal record of 2:51:10. The club's top finishers were Tom Gleason 2:49:30 for 44th overall and Tony Whitmore who earned the "club champion" title as he ran a personal best of 2:41:7 finishing 23rd overall. Several members ran the half marathon also. Sam Culver ran 1:23:49, Dave Borjon timed 1:22:30, while Allen Warren ran a personal record time of 1:22:23. In her first half marathon, Sharon McClung timed 1:42:17 to place third in her age group.

Coaching available on all Saturdays--novice walkers are welcome. The format includes stretching, warmups and a short competitive walk of one mile, two miles or 5000 meters.

The Pacific Association Athletic Congress 25k Race Walking Championships were held January 25. Beth Sibley and Diane Mendoza represented the GGRW very well as Sibley was the first female finisher and Mendoza second. Sibley timed 2:41:44 while Mendoza came in at 2:43:22.

The GGRW have been conducting weekly one mile race walks since January of 1979. In 1980 Dennis Gustafson and Beth Sibley were crowned GGRW "Milers of the Year." Gustafson turned in a time of 7:18 being the fastest man, while Sibley clocked 7:58 for the top women's time.

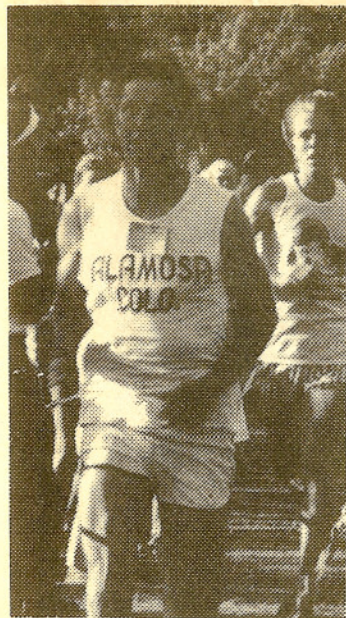


photo by Carl Switzer

Wayne VanDellen

High Sierra TC

112 Green Oaks, Visalia, CA 93277

Brothers Ed and Robert Taylor led High Sierra TC members at the Max Chaboian Memorial Six Mile Run. Ed won the 19-24 age group in 32:27, while brother Robert timed 33:22. Juan Garza clocked 31:42 to place second in the 25-29 division. In the 30-34 division club president Dave Bronzan was the winner in 32:36. The 40-49 age group was won by Wayne Van Dellen in 33:13. Len Thornton, who recently turned fifty, ran a very fast 33:42 to easily win his division. He was followed by fellow HSTC runner A. R. Souza in third with a 38:48 clocking. Harry Harder continued his winning ways as he won the sixty plus division.

Club member Dave Bronzan will host the Kaweah River Valley Eight Mile Run. It is a very scenic course at the foot of the Sierra Nevada mountains; it is scheduled for April 5. The HSTC, under the direction of Bronzan, will also host the Central California Athletic Congress Ten Mile Championship on May 3.

March 1 was the date of the Visalia Runners Four Mile. Club member Gary Campbell was the winner in 21:10. Rob Stephenson was third in 21:54. Cherie Stephenson was the club's first woman finisher in 30:24.

The next Visalia Runner event will be the Visalia Spring Run scheduled for April 25 in Visalia. This event will be the Central Association 10 Kilometer Athletic Congress Championship.

March 1 was the date of the Visalia Runners Four Mile. Club member Gary Campbell was the winner in 21:10. Rob Stephenson was third in 21:54. Cherie Stephenson was the club's first woman finisher in 30:24.

The next Visalia Runner event will be the Visalia Spring Run scheduled for April 25 in Visalia. This event will be the Central Association 10 Kilometer Athletic Congress Championship.

Southern California Striders

18750 Oxnard Street, Suite 404
Tarzana, CA 91356

At a recent Southern California Striders meeting, the new club officers were elected. They are: President--Rod Ferguson, Vice President--Ann Jankowski, Secretary--Skip Witt, Treasurer--Red Doms, Sergeant-at-arms--Hilliard Sumner, Jr.

The SCS are National Postal Relay Champions. The distance medley relay team consisting of Skip Witt, Lewis Smith, Jesse Carrington and George Cohen was first with a time of 11:28.1, only nine seconds away from breaking their own world record.

Nick Newton and George Cohen both picked up some gold for the Striders at the New Zealand World Games.

The Southern Cal Striders have added Paul Davis, David Mordorski, Charles Mercurio and Kenneth Stuart to its already very strong roster.

Clovis Running Express

Linda Burk and Mike Grachy were named Clovis Running Express' Runners of the Year for 1980 at a social event that was said by many members to be the best club gathering in the CRE's three-year history. All 1980 Clovis Running Express awards went to Dan White, Art Medina, Mike Grady, Mike DeCarli, Sandy McPherson, Linda Burk, Erin Valdez, Pearl Medina and Linda DeLeon.

Dave Kroll represented the CRE at the Mission Bay Marathon as he ran a 3:36:04. At the High Sierra TC Ten Mile Gary Gonzales ran a 52:43 to win the high school division and finish third overall. Finishing in seventh was John Hendry in 54:59.

New member Rick Zamarrappa ran 36:15 to take fourth place in the 40-49 division of the Max Chaboian Six Mile Road Run.

been selected as the Road Runners Club of America Western Regional and California State Championship for this distance (20k).

Club Profile: VISALIA RUNNERS

By MARTY HIGGINBOTHAM

The Visalia Runners began in the Fall of 1979. It was started by Robert Stephenson who felt the Visalia area had enough runners to support a running club. Current club president, Craig Newport, hesitates to call anything the group has done a major achievement. Several members have run some outstanding races and Newport feels those are their own individual achievements rather than the club's. He also says, "The biggest thing we do is put on some good road races." This is very true as they have conducted some excellent races, one of which is the Visalia Spring Run. This year's Spring Run 10k will be held April 25 and is the Athletic Congress Central Association 10k Championship. The club has just purchased racing uniforms which are white mesh with a royal blue panel with the team name across the chest. They also have a club t-shirt--white with blue trim, plus the team name.

Today the Visalia Runners have a roster of 120 members, with 60 being active on a competitive level. A membership breakdown shows 80% are men and 20% women. An age



photo by Marty Higginbotham

Craig Newport, President

group breakdown looks like this: 19 and under-5%, 20-29 - 10%, 30-39 - 45%, 40-49 -25%, 50-54 - 10%, 60+ - 5%. The membership ages reflect the ages of the founders. The club is open to persons of any age. They are, however, a heavy recruiting club.

The group is basically a long distance running club, although a couple of members have interests in other areas of track and racewalking. Once again, the club is open to persons with interests other than long distance running and also to people of any level.

Club President Newport believes all club members to be outstanding. By this he means

Paul Spangler



photo by Marty Higginbotham

(left to right): Lee Conway, Carol Salvador, Jacque Randolph, JoAnn Branco)

a member who has just completed their first half marathon has accomplished an outstanding feat, just as a member who is usually a top finisher at the races. This way of thinking by the Visalia Runners has brought out many new faces to the road races and to the College of the Sequoias track for workouts. For example, Al Branco, head football coach at the College of the Sequoias, ran his first 26.2 miler (the San Francisco Marathon) last July timing 3:46:50. The club's top racers include Dave Calderon in the 20-29 division; Rob Stephenson, Gary Campbell, Jess Rodriguez, Craig Newport, Roger Sebert and Terry Heller in the 30-39 age group; while Frank Padilla and Roger Richards led the 40-49 division. Top women include Carol Sandoval in 20-29; Jacque Randolph and Cherie Stephenson in the 30-39 division; and JoAnn Branco and Cec Conway in the 40-49 age group.

The Visalia Runners have a President-Craig Newport, Vice President-Roger Sebert, and Secretary/Treasurer-Michelle Russel to hold the club structure together. Club decisions are theoretically all democratic. If a member has an idea, they would like to carry out or they would like to take on a certain project, the club will usually back them up.

Money for the group is generated from club dues, entry fees for events and donations. Major expenditures for the club are uniforms, t-shirts, races, awards, annual dinner, newsletter, postage and miscellaneous printing. Approximately \$2,000 went through the club last year.

The Visalia Runners meet once a month for their monthly meeting. Other than that, they will meet at certain events like club relays or other races. The club is active in sponsoring races, and usually every month there is a function for club members only. Other group activities include dinners and several members traveling to an event together, as last November, when ten members went south for the Pasadena Rose Bowl Runs; five of those members returned with awards. To keep its members in touch, a bi-monthly newsletter entitled "Keeping in Stride" is sent

to all members. This publication covers race results, club activities, upcoming events and general running news in the area.

The Visalia Runners describe the overall purpose of their club as "promotion of long distance running in the Visalia area." Their immediate goals include "putting on the next race, putting out the next newsletter and having a good time." A long-range goal for the club is to put together a program that runners in the area can use to have a well-rounded and beneficial running experience.

The Visalia Runners are a flexible club with a variety of goals. They also are a very social club. They are open to ideas or contributions from any member, so each person has an opportunity to take part.



photo by Marty Higginbotham

The BRUCE JENNER CLASSIC

at
SAN JOSE CITY COLLEGE

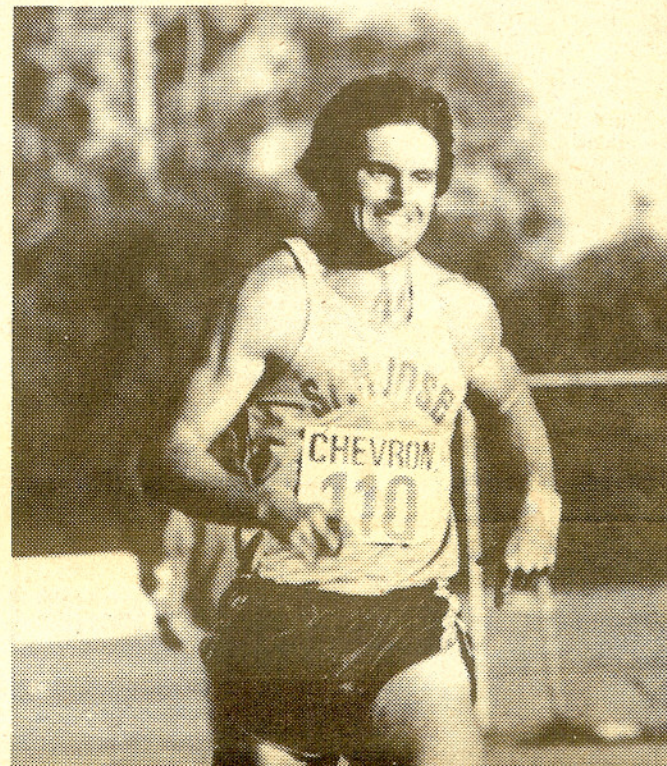
April 10-11, 1981

Featuring the finest track & field athletes in the world



TEAMS: UCLA, USC, Cal., San Jose State, Philadelphia Pioneers, UTEP, Univ. of Houston, L.A. Striders, Cal Poly-SLO, Fresno State, Santa Monica Track Club, etc.

INDIVIDUALS: Stanley Floyd, Renaldo Nehemiah, Maren Seidler, James Sanford, Jerome Deal, Don Quarrie, Bert Cameron, Bill Green, Billy Mullins, Don Paige, James Robinson, Ray Wicksell, Suliman Nyambui, Dick Buerkle, Ben Fields, Nat Page, Franklin Jacobs, Tom Hintnaus, Dan Ripley, Carl Lewis, Larry Myricks, Ron Livers, Willie Banks, Mike Marlow, Brian Oldfield, Al Feuerbach, Dave Laut, John Powell, Ben





Honolulu, OTEP, Santa Clara, Houston, L.A. Striders, Cal Poly-SLO, Fresno State, Santa Monica Track Club, etc.

INDIVIDUALS: Stanley Floyd, Renaldo Nehemiah, Maren Seidler, James Sanford, Jerome Deal, Don Quarrie, Bert Cameron, Bill Green, Billy Mullins, Don Paige, James Robinson, Ray Wicksell, Suliman Nyambui, Dick Buerkle, Ben Fields, Nat Page, Franklin Jacobs, Tom Hintnaus, Dan Ripley, Carl Lewis, Larry Myricks, Ron Livers, Willie Banks, Mike Marlow, Brian Oldfield, Al Feuerbach, Dave Laut, John Powell, Ben Plunknett, Bruce Kennedy, Bob Roggy, Daley Thompson, etc.

Also Featuring.....

Top athletes from the junior colleges throughout the state of California.

The best high school athletes in the state of California.

Tickets & Information:

TICKET INFORMATION:

Saturday, April 11th tickets available at:

ALL BASS TICKET OUTLETS

San Jose Box Office - Town & Country Village.

or: Send stamped self-addressed envelope to:

Bruce Jenner Classic
2100 Moorpark Avenue
San Jose, CA 95128

Prices:

\$10.00 Reserved Finish Line side.
7.00 Reserved Pressbox side.
5.00 Non-Reserved/Grandstand.



HIGH SCHOOL INFORMATION:

April 10th ticket & entry information contact:

Frank Slaton
Silver Creek High School
3434 Silver Creek Road
San Jose, CA 95121