

CALIFORNIA TRACK & RUNNING NEWS

May 1981

\$1.00

ISSUE 55

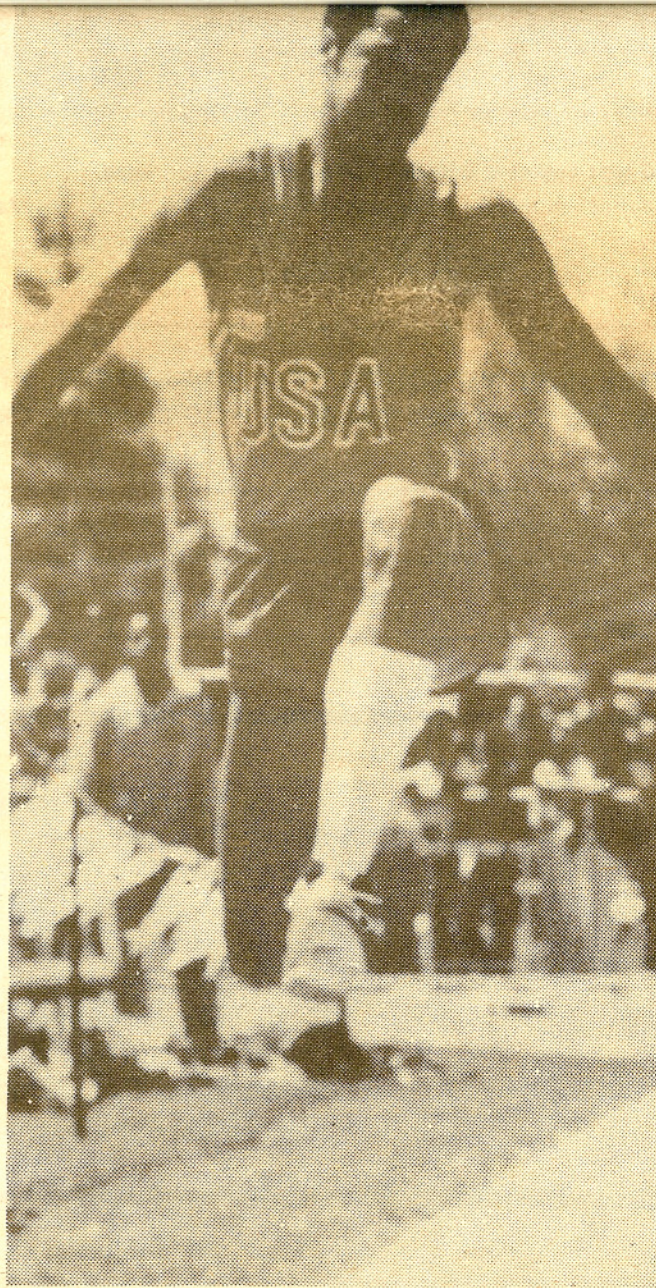


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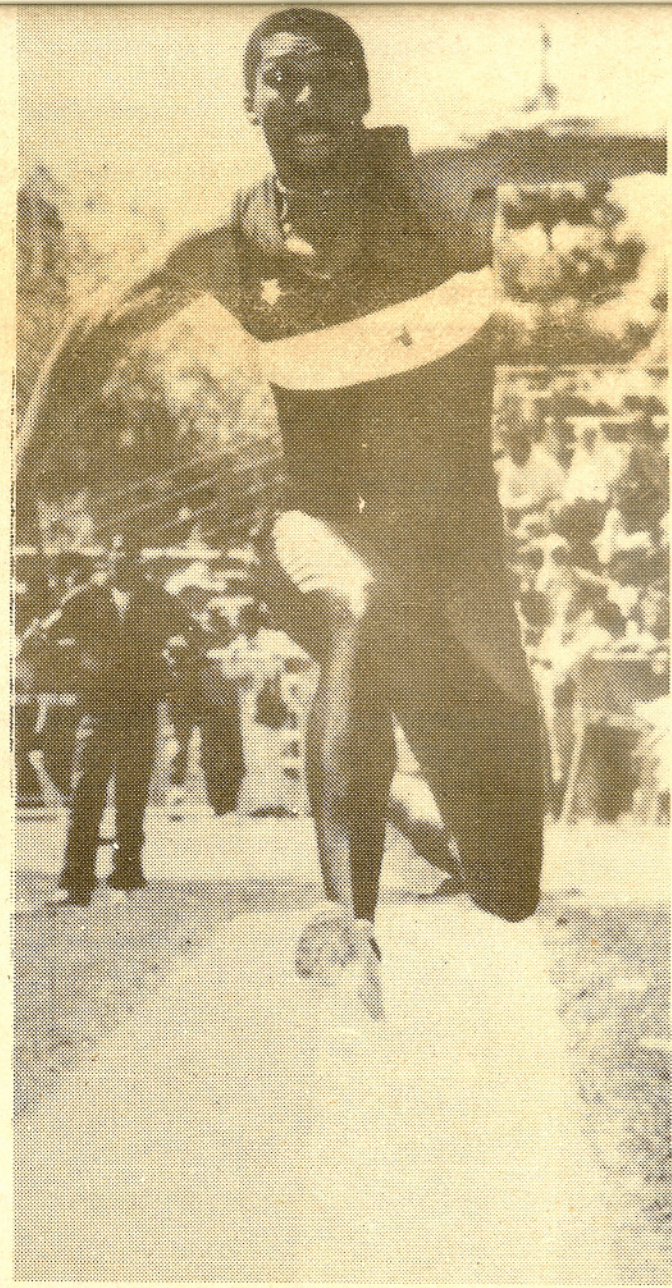
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Willie Banks



Mike Marlow

Two Big Three-Hoppers

1st Annual ☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆
NAVAL AIR STATION LEMOORE

☆ **AIR SHOW - HALF MARATHON** ☆

SUNDAY-JUNE 28, 1981

7:30 AM



COURSE: Flat-not a hill in sight. Actually run around and finish directly in front of Blue Angel Aircraft.

- FEATURES:**
- Special one-of-a-kind T-shirt to all participants
 - Free Air Show program (Reg. \$2.50 Value)
 - Pre-registration with race packet mailed to you one week prior to the race.

AWARDS: • Aid stations at 3, 6, 9, & 12 miles with electrolyte and water drinks

- Seiko Chronograph watch to first male and female finishers. Casio Chronograph watches for division placers.
- With race number in hand may pick up T-shirt and Air Show program on the day of the race.
- Course will close after 3 hours.
- **Motorhome parking and tent camping without charge available on base**

ENTRY FEE: \$8.00 (non-refundable) via check or money order made payable to: Air Show Half Marathon, NAS Lemoore, Ca. 93245
Registration ends 14 June 1981 - no late entries will be accepted.



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NO ENTRY FEE WILL BE PROCESSED WITHOUT A SELF-ADDRESSED, STAMPED ENVELOPE. [4" x 10"] Address: Air Show Half Marathon, NAS Lemoore, Ca 93245.

Print Name _____ Age _____

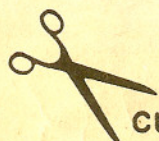
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Print Name _____ Age _____

Address _____

City _____ State _____ Zip _____

DIVISIONS: (check one)

T-SHIRT SIZE

MEN

WOMEN

(circle one)

.....12 & Under.....

.....13-17.....

.....Open 18-35.....

.....36-49.....

.....50+.....

.....Military.....

Sm

Med

Lg

X-Lg

Special Features for Runners

- ★ •48 watches to be given: \$250 Seiko Chronograph Alarms (solar powered) to 1st male & female finishers. \$150 Seiko Chronograph to each division winner. Casio Chronograph to division placers.
- ★ •FREE Budweiser, Pepsi, and Crystal Gysler Water at the finish line.
- ★ •Photos: 5x7 color finish pictures of runner with planes in the background (\$7.50).



WAIVER:

In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, do hereby release and discharge the Naval Air Station Lemoore Naval Hospital Lemoore and the United States Navy and other sponsors for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participating in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I also understand that the entry fee paid by me is non-refundable and that the bib numbers are non-transferrable.

Runner' Signature _____

Parent's Signature _____

(parent's signature required in under 18yrs)

California Track & Running News

EDITOR & PUBLISHER
Bill Cockerham

PRODUCTION MANAGER
Judy Cockerham

ASSISTANT TO EDITOR
Marty Higginbotham

HIGH SCHOOL EDITOR
Keith Conning
2235 Browning St.
Berkeley, CA 94702
(415) 849-4406

LONG DISTANCE EDITOR
Richard Slotkin
14212 Summertime Lane
Culver City, CA 90230
(213) 836-7088

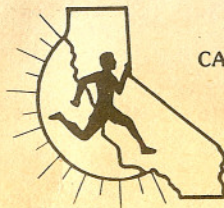
CORRESPONDENTS: Ron Blackwood Central California High School; Calvin Brown Girls and Women Track & Field; Keith Conning Northern California High School; Ken Dose Northern California Community College; Rich Ede Women's Pentathlon/Heptathlon; Marty Higginbotham Central California Long Distance Running; Percy Knox Masters Men; Mike Lennemann Track Teaser Puzzle; Bill Minark Southern California Area; Mark Proteau Sac-Joaquin Section High School; Jeff Rigdon San Diego Section High School; Rich Romine Ventura Area; Chuck Skow Open Track & Field; Dick Slotkin Southern California Long Distance; Doug Speck Southern/L.A. Sections High School; Howard Willman Central Coast High School; Bob Womack High School Girls All Time List.

LDR STATISTICS: Bob Martin, National Running Data Center.

PHOTOGRAPHERS: Keith Conning, Jim Engle, Don Gosney, Marty Higginbotham, Bill Leung, Jr., Richard Slotkin, Ken Takeuchi, Dave Stock.

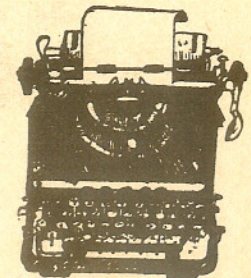
- California Track & Running News is published 12 times per year - one issue per month.
- California Track & Running News has a circulation of 12,000 copies; these consist of paid subscriptions, store sales, and promotional copies.
- California Track & Running News is mailed third class bulk rate and is not forwardable. When you move please let us know at least 4 weeks in advance.

SUBSCRIPTION RATES: 1 Year (12 issues) \$10.00; 2 Years (24 issues) \$18.00; 3 Years (36 issues) \$25.00. Add \$6.00 per year for first class. Foreign rates on request.



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(209) 264-5847

from the editor...



I'm excited about track! Amidst the often depressing news of reduced budgets, cut back or dropped programs, and continuing squabbles over money - there is a ray of hope. I just returned from a Fresno State University Track Backers Board of Directors monthly meeting. As an inspiration, let me share with you some of the excitement of this new organization.

The first thing first-year Head Coach Gene "Red" Estes did upon his assignment as Bulldog mentor was to form the FSU Track Backers. He rounded up a group of local track nuts, FSU alums, and anybody else who would listen to his dreams. The group now numbers well over 100 members and is still growing. In just a few short months the "Track Backers" have accomplished: Election of officers and board of directors, writing of a constitution and recognition as a tax exempt organization, publication of an official newsletter with pictures, creation of an official organization and officials certification program, planning and sponsoring the Spring Awards Banquet, raised enough money to boost the track scholarships from what the NCAA allows, bought Track Backer t-shirts and officials jackets and

hats, established an endowment fund, and have a great time together being excited about track. With this kind of enthusiasm and support I can't help but feel track is alive and healthy - at least at Fresno State.

Instead of crying the blues, this team is pushing ahead - it's not always easy, but neither is running a four-minute mile. But, the rewards are worth the struggle. This brings me to the First Law of Cockerham: "The bigger the challenge, the bigger the reward." It's a lot like backpacking (if you're not a backpacker please create your own analogy). The mountains are one of my favorite places and from Fresno many trailheads to the backcountry are less than an hours drive. Part of the joy of backpacking is the challenge and work it takes to get to where you are going. When you've earned the view it feels wonderful. Now, one could drive to similar views, however, it doesn't have the same meaning or worth as when you had to work to get it.

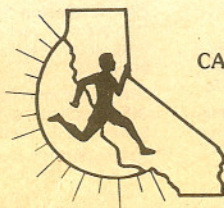
What I'm trying to say is, "Let's accept the challenges that are before us and get excited about the climb." The view from the top will be worth it - just ask Jim Bush, Steve Miller, Jim Hunt, Bob McGuire....Red Estes, etc., etc.

TUTTLE'S TRACK TOPICS

Pete handles the ascent reasonably well, but falls often on the descent. Pete says, "If you can imagine climbing down the mountain trail on stilts, then you'll get an idea of

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TUTTLE'S TRACK TOPICS

By **GARY TUTTLE**

A 4:10 marathon is not going to win any races, but finishing 26 miles at any speed on your own two feet is quite an accomplishment. To run 4:10 at the age of 51 is more remarkable still, but to a 4:10 marathon at the age of 51 with no feet, is incredible.

Pete Strudwick is this incredible fellow.

He's the "internationally famous footless marathoner."

Pete's story started and almost ended in 1939 in Nazi Germany. Pete's mother contracted measles while pregnant, and subsequently, gave birth to a deformed child. In order to save the child from "Hitler's Perfect Human Race," she was forced to flee with the deformed child.

Pete and his mother ended up in Southern California, where Pete led as normal a life as is possible for child who has no feet or hands.

Pete learned early in his life never to accept limitations. While in high school, he ran a 13.7 second 100-yard dash and even lettered in varsity football.

After college, Pete took his degree, and his "inevitable hangups" and settled into a middle-aged rut in the field of aerospace engineering.

One marriage, and four kids later, Pete's life began to unravel. When cutbacks came in the aerospace industry, Pete found himself unemployed. To be unemployed is bad enough, but to be handless and footless and unemployed can be devastating.

Luckily for Pete, he had already begun a running program, "to release the tensions of his job."

Pete jumped into his running with a vengeance, and ran 50-70 miles per week, until sidelined with an injury.

Pete, of course, had problems with his running which were unique to him. First of all, he had some initial embarrassment of running in front of the public. (Remember how self-conscious you felt the first few times you ran in shorts in your neighborhood? Imagine how you would have felt with no feet or hands!)

Secondly, his thighs initially took a tremendous beating. Pete has very little foot extension or calf-push-off, and must do all his running with lift from his thighs. In addition, his thighs absorb all of the shock, generated by running on the roads, which normally is lessened by the feet and ankles

and by bending the knee on impact.

Incredibly, Pete's biggest problem was pronation. (A rolling inward of the feet, and collapsing of the ankles, which rotate the knees and hips.) Pete's pronation was especially aggravated by the breaking down on the inside edge of his specially made, perfectly round, leather shoes.

Pete's injury problems were lessened when he did three things: He did much more flexibility exercises, he cut his running down to 40-50 miles per week, and he developed his "super-sox."

Pete's "super-sox" are tube socks with silicone rubber melted onto the bottom. Pete gets good mileage out of the silicone, but the tube socks eventually wear out, and are slippery when wet.

Pete has worn out plenty of tube socks over the years. He estimates that he's run over 20,000 miles and completed 50 marathons.

Lately, Pete hasn't been content with running a plain old marathon. He has tackled and defeated the "world's toughest marathon"--the Pike's Peak Marathon in Colorado.

The Pike's Peak Marathon is 28 miles of rocks and trails. The first 14 miles rise from 7,000 to 14,000 feet, and the second 14 descend back down to the start. Pete finished 3½ hours behind the winner, taking over 7 hours.

Pete handles the ascent reasonably well, but falls often on the descent. Pete says, "If you can imagine climbing down the mountain trail on stilts, then you'll get an idea of what it's like for me."

Pete has become determined to get his message out to the handicapped and the lazy. He has quit his teaching job to devote full time to writing, speaking and movie making.

Recently he released a book entitled, "Come Run With Me." and will shortly be making a movie in which he runs up Pike's Peak, Mt. Fuji and Mt. Kilimanjaro. In addition, Pete has been the subject of several television specials and appeared on "That's Incredible."

Pete is one of the most inspiring athletes competing today. His unique accomplishments constantly amaze and inspire people. Many runners wait for hours after finishing a marathon just to see Pete cross the finish line.

Perhaps Pete's accomplishments have been summed up best by *Los Angeles Times* which said, "Pete Strudwick's performances (in a marathon) are tantamount to Mario Andretti doing 500 miles at Indy on four flat tires...."

ON THE COVER: California's two big triple jumpers: Willie Banks went for an American Record 56-9½ at the Bruce Jenner Classic on April 11. In that same meet Mike Marlow had a 56-4, however, Marlow's was wind-aided - he did have a legal 55-5¾ there.

cover photos by Don Gosney

SCHEDULE

Please send scheduling information directly to **California Track & Running News**, P.O. Box 6103, Fresno, CA 93703.

Schedule is subject to change. Please verify dates and times with meet directors before travelling to an event. Keep in mind that some events require advance entries and have entry limits and/or deadlines. It is a good idea to always include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

Long Distance Running Schedule

MAY

MAY 2: Wild Wild West Cross Country Marathon. Tuttle Creek Campground, 7 am. Robert Frickel, Box 352, Lone Pine 93545. (714) 876-5671.

MAY 2: Run for Life. 2 to 10 miles, Woodward Park, Fresno. 7 am. Genny Berry, American Heart Assn., 3835 N. West Ave., Fresno 93705. (209) 224-8215.

MAY 2: Las Vegas Track Club 15K or 5K. Sunset Park, 8 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

MAY 2: Spring Tune Up. 5K & 10K. Newport Beach, 7:45 am. Spring Tune Up Run, Ford Aerospace, P.O. Box A, Ford Rd., Newport Beach 92660.

MAY 2: Cal State L.A. 10K Run. Cal State University, Los Angeles, 8 am. Clemencia de Leon, Race Director, Cal State LA, University-Student Union 445, 5151 State University Dr., Los Angeles 90032.

MAY 3: Santa Clara Valley Classic. Mission Community College, 7 am. Frank Davis, 10816 W. Estastes Dr., Cupertino 95014.

MAY 3: Glendale Distance Classic. 5 & 10 kilo. Verdugo Park, 8 am. Carole Jouroyan, Verdugo Mental Health Center, 417 Arden Ave.,

MAY 9: Two Person 8 Mile Relay. Roeding Park, Fresno, 9 am. Gene Lynch, Fresno Track Club, P.O. Box 6103, Fresno 93703.

MAY 9: Rotary River Run. 6 & 3 miles. Firebaugh High School, 8:30 am. Ron Sani, 2107 N. Harrison, Fresno 93704. *Please see advertisement in last month's issue.*

MAY 9: Guardsmen's Angel Island Race. 4.8 miles. Angel Island, 12 noon. The Guardsmen, 12 Geary St., San Francisco 94108. (415) 781-6785.

MAY 9: Country Campus Run. 5K and 10K. Sierra College, Rocklin, 8 am. Nancy March, Fleet Feet, 107 South Harding Blvd., Roseville 95678. (916) 783-4558.

MAY 9: Aqueduct Run. 10K. California Aqueduct Bike Trail at Godde Pass, 8 am. Running Promotions Unlimited, P.O. Box 128, Lancaster 93534.

MAY 9: Women's Run & Fair. 10K & 5K. Victory Park, Stockton, 8:30 am. Women's Center, 930 N. Commerce, Stockton 95202.

MAY 9: Upland Diamond Jubilee 10K. Memorial Park, Upland, 8 am. The Running Center, 249 S. Riverside Ave., Rialto 92376.

MAY 9: Golden Nugget Days 5 & 10K. Long Beach State. The Running Center, 249 S. Riverside Ave., Rialto 92376.

MAY 16: Fillmore Festival Run. 10K and 2 mile. 9 am. Youth Employment Service, 455 Sespe Ave., Fillmore 93015.

MAY 16: Run for the Roses. 10K. Santa Rosa, 9 am. Fred Ptucha, P.O. Box 1517, Santa Rosa 95402. (707) 546-9583.

MAY 16: Coalinga Diamond Jubilee 5 & 10K. Coalinga, 8 am. Bob Semple, 284 Lincoln, Coalinga 93210. (209) 935-2660. *Please see advertisement in last issue. Note: time is 8 am and not 9 am as reported last month.*

MAY 16: Laguna Niguel 10K Run. Chet Holifield Federal Bldg., Laguna Niguel, 8 am. Race Committee, South Coast YMCA, 26076 "C" Getty Dr., Laguna Niguel 92677. (714) 831-9622.

MAY 17: Brown's Valley Ribbon Runs. 2, 4 & 8 miles. Napa, 9 am. Reg Harris, 1267 Walnut, C66, Napa 94558. (707) 255-8705.

MAY 17: Bay to Breakers. 7.63 miles. San Francisco, 8 am. Bay to Breakers, P.O. Box 42000, San Francisco 94103. Entries close April 15.

MAY 17: Charger Club 5K & 10K Runs. Agoura, 8 am. Agoura High School Charger Club, P.O. Box 250, Agoura 91301.

MAY 17: IG Press Run. 2 miles and 10K. Rich-

MAY 23: California Classic 5 Mile. Mooney Grove Park, Visalia, 8 am. California Classic Run, 1026 W. Princeton, Visalia 93277. *Please see advertisement and entry blank in last issue.*

MAY 23: Strawberry Canyon 5.5 Mile. Berkeley, 9 am. Barbara Ando, Lawrence Hall of Science, U. of California, Berkeley 94720. (415) 842-5132.

MAY 23: Stagedcoach 10K. Banning. Chamber of Commerce, Box 277, Banning 92220. (714) 849-1442.

MAY 23: Mt. Wilson Trail Race. 8½ miles, 8 am. Dan Parker, City of Sierra Madre Recreation Dept., 232 W. Sierra Madre Blvd., Sierra Madre 91024. (213) 355-7135. *Please see advertisement in last issue.*

MAY 23: Anderson Dam Runs. 1, 2 & 10 mile. Morgan Hill, 9 am. Lynn Lockhart, 7664 Los Podres, Gilroy (408) 842-4732.

MAY 23: Lake Merritt Meet of Miles. College of Alameda track, 10 am. Lake Merritt Joggers & Striders, 230 Marlow Dr., Oakland 94605. (415) 562-2210.

MAY 23: Deaf Awareness Benefit Run. 2.5 miles and 6.5 miles. Yountville, 9 am. Flo Butin, 19 Belvedere Ct., Napa 94558. (707) 226-5438.

MAY 24: Triathlon. Pacific Union College, Angwin, 10 am. 15 mile run, 1 mile swim, 25 mile bike. David Nieman, Box 362, Angwin 94508. (707) 965-8425.

MAY 24: TRAC 10: 10 miles. Sunnyvale, 8 am. Jon Baumgartner, 24292 Elise Ct., Los Altos Hills 94022. (415) 941-7622.

MAY 24: Brentwood 10 Kilometer Run. San Vicente Blvd., 9 am. Frontrunners, 11640 San Vicente Blvd., Brentwood 90049. (213) 820-7585.

MAY 24: Memorial Run. 10K. Grass Valley, 8:30 am. Memorial Park. Gary M. Loucks, 116 High St., Grass Valley 95945. (916) 273-9268.

MAY 24: Ass to Ass Run. 13.2 mile and 7.6 mile. Santa Rosa, 9 am. John Adams or Peter Shidler, P.O. Box 4387, Santa Rosa

MAY 24: Indian Gulch to Hornitos. 10 miles and 5 miles. Hornitos, 8 am. Frank Russell, P.O. Box 2462, Merced 95340. (209) 723-7276.

MAY 25: Pacific Sun Marathon & 10K. Kentfield, 7:30 am. Lorna Cunkle, Pacific Sun Marathon, P.O. Box 553, Mill Valley 94941. (415) 383-4500.

MAY 25: Avenue of the Oaks Runs. 2 & 7 miles. Live Oak Park, Fallbrook, 7 am. Bill Sparks, 1448 Knoll Pk, Fallbrook 92028.

MAY 30: Run for Apricots (& Fiesta). 5 & 15K, Patterson, 7:30 am. Jim Mahaffey, Box 307, Patterson 95363.

MAY 30: St. Margaret's Parish of Chino 5 & 10K. 8:15 am. The Running Center, 249 S. Riverside Ave., Rialto 92376.

MAY 30: Heritage Days 10K Race. Antelope Valley College, 7:30 am. High Desert Running Club, 44384 Stanridge Ave., Lancaster 93535.

Gold Country Marathon. Nevada City (Pioneer

JUN 7: Leatherneck Marathon. Santa Ana. Cpl. Doug Weatherman, Public Affairs Office, Marine Corps Air Station El Toro, Santa Ana 92709. (714) 559-2488.

JUN 7: Russian River Marathon. Ukiah, 6 am. Ivan Rauch or Gail Opperman, Ukiah Community Center/Volunteer Bureau, 516 S. State St., Ukiah 95482. (707) 462-8879.

JUN 7: Sri Chinmoy Marathon. Bay area, 7 am. Sundari Michaelian, 2438 16th Ave., San Francisco 94116. (415) 861-4148.

JUN 7: Fair Oaks Fiesta Five Miler. Temescal, Fair Oaks, 9 am. Wayne Lowery, P.O. Box 34, Fair Oaks 95628. (916) 966-1011.

JUN 7: St. John's Festival Old Town Run. 5 miles, St. John's Church, 960 Caymus, Napa, 9 am. Bernice Sousa, 444 Adams St., Napa 94558. (707) 226-8965.

JUN 7: Dipsea 7.1 Miles. Layton Square, Mill Valley, 9 am. Mill Valley Jaycees, Box 30, Mill Valley 94941.

JUN 7: Pajaro Dunes Beach Run. 10.07 miles, 8 am. Mark Steelman, 42 Trembley Lane, Watsonville 95076.

JUN 7: Sri Chinmoy Marathon. (State RRCA Championship), Central Park, Davis, 7 am. Sri Chinmoy Centre R.C., 2438 - 16th Ave., San Francisco 94116. *Entries close May 22.*

JUN 7: Children's Home Society/Sandpipers/Marianne's Ice Cream 10K Fun Run. Santa Cruz (near entrance of Natural Bridges State Pk., Delaware St.) 8:30 am. Carol Courtney, 37 Rockview Dr., Santa Cruz 95062. (408) 475-2661.

JUN 7: Dump to Dump. 4.5 miles, Coyote Point, San Mateo, 9 am. Mike Miller, P.O. Box 5481, San Mateo 94402.

JUN 13: Las Vegas 5,000 Meter. University of Nevada at Las Vegas, 7 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

JUN 13: Lake Tahoe 72 Mile Relay. Intersection of Highway 50 & 89, 7 am. Robert DeCelle, P.O. Box 1606, Alameda 94501.

JUN 13: Palos Verdes Marathon. Palos Verdes Estates (Rolling Hills High School), 7 am. Kiwanis Club of Palos Verdes, P.O. Box 153, Palos Verdes Estates 90274. (213) 437-6774.

JUN 13: Golden State Women's Run. 5K & 10K, Walnut Creek, 9 am. Suzie Brees, Fleet Feet, 1250 Newell Ave., Walnut Creek (415) 943-MILE.

JUN 14: Moscow Road 10,000. Monte Rio Post Office, 8:30 am. Fred Kenyon, 1570 North Street, No. 22, Santa Rosa 95404.

JUN 14: NCSTC Woodminster Cross Country. 9 miles, Joaquin Miller Park-Meadow, Oakland, 10 am. G.A. Wetzork, 881 Cedar St., Alameda 94501. (415) 523-3724.

JUN 14: Father's Day Five Kilometer. Crane Park, St. Helena, 9:30 am. Reg Harris, 1267 Walnut C66, Napa 94558.

JUN 14: Marin Rotary Youth 10K. Indian Valley College, 9 am. Bill Taylor, Essex Professional Center, 412 Red Hill Ave., San Anselmo 94960. (415) 457-2214.

JUN 14: Coco's Family Run. 5K & 10K. Irvine, 8 am. MD Race Committee, Far West Services, 2701 Alton Ave., Irvine 92714.

JUN 14: Chihuahua Road Run. 2 & 6 miles, Corner of E. and Mono, Fresno, 8 am. Victor

JUN 27: Western States Endurance Run. 100 miles, Squaw Valley Lodge, 5 am. Shannon Gardner, P.O. Box 1228, 649 Lincoln Way, Auburn 95603. (916) 823-7283. *Run closed for 1981.*

JUN 27: Lake Tahoe Marathon. Incline Village, Nevada, 7 am. Reg Bedell, Lake Tahoe Track Club, Box 5983, Incline Village, NV 89450. (702) 831-1730.

JUN 28: Naval Air Station Lemoore Air Show Half Marathon. NAS Lemoore, 7:30 am. SASE to Air Show Half Marathon, NAS Lemoore, CA 93245. *Please see advertisement and entry blank in this issue.*

JUN 28: SPA TAC 30K Championships. Westlake. John Duhig (805) 497-2011.

JUN 28: Fitch Mt. Footrace. 10K, Healdsburg, 9 am. Healdsburg Chamber of Commerce, 217 Healdsburg Ave., Healdsburg 95448. (707) 433-6935.

JUN 28: PA TAC 15K Championships. Los Altos Hills, 9 am. Bill and Ellen Clark, 156 Marvin Ave., Los Altos 94022. (415) 948-8029.

JUN 28: Soledad Mission 10K. Soledad, 9 am. Bob Gwinn, Almond Acres Sp 2, Soledad 93960. (408) 678-3093.

JUN 28: Cascade Run Off. 15K, Portland. Write: Cascade Run Off, 1000 Willamette Center, 121 SW Salmon, Portland, OR 97204. (503) 223-9016. *Please see advertisement in this issue.*

JUN 28: LMJS Fourth Sunday Runs. 5, 10 & 15K, Lake Merritt, Oakland, 9 am. John Notch, 230 Marlow, Oakland 94605.

POSTAL

JAN 1 - AUG 31: One Hour Run. Contact Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 642-2930.

LOOKING AHEAD

JUL 4: La Palma 5K & 10K Running Celebration. SASE to Erika Jelosek, City of La Palma Rec. Dept, 7821 Walker St., La Palma 90623. (714) 522-8740.

JUL 4: Bartlett Independence Day Run. 4.0 miles, Mooney Grove Park, Visalia, 7:30 am. Marty Higginbotham, 1026 W. Princeton, Visalia 93277. (209) 732-8030. *Please see advertisement in this issue and look for entry blank in June issue.*

JUL 12: San Francisco Marathon. Golden Gate Park, 8 am. Scott Thomason, P.O. Box 27385, San Francisco 94127. *Look for entry blank in the June issue.*

JUL 19: Westlake 10K. Mike Froman (213) 991-0140.

JUL 24: Desert News Marathon. Salt Lake City, Utah, 5:30 am. Marathon, Box 1257, Salt Lake City, UT 84110. *Entries close July 17.*

NOTE TO MASTERS ATHLETES: See the "Masters Scene" section for specific masters competitions.

JUN 6: Hayward Classic. University of Oregon. Bill Dellinger, Athletic Dept., University of Oregon, Eugene, OR 97403. (503) 686-5465.

JUN 7: Compton Invitational. Compton College, 9 am. Harris Williams, 19003 Cliveden, Carson 90746. (213) 636-7643.

JUN 13: American Council of Athletics All Comers. San Diego State University. Richard Thorsh, 4901 Morena Blvd., Suite 106, San Diego 92117. (714) 273-5371.

JUN 13: Naturite Invitational. Cerritos College, Norwalk, 9 am. Chuck Debus, 13260 Moore, Cerritos 90701. (213) 404-2975.

JUN 13: Brooks Invitational. University of California, Berkeley. Ron Stanko, Penn Square Center, 601 Penn St., Reading, PA 19601. (215) 376-2925.

JUN 13: Golden West Prep Invitational. Hughes Stadium, Sacramento. Bob Jarvis, P.O. Box 60813, Sacramento 95860. (916) 929-7880.

JUN 13: TAC Junior Nationals. Knoxville, Tenn. Billy Maxwell, Athletic Dept., University of Tenn., P.O. Box 47, Knoxville, TN 37901. (615) 974-1225.

JUN 19-21: TAC U.S. Nationals (Men & Women). Hughes Stadium, Sacramento. Al Baeta, American River College, 4700 College Oak Dr., Sacramento 95841. (916) 484-8143.

JUN 20: International Prep Invitational. Naperville, Illinois. Joe Newton, 220 Berkley St., Elmhurst, IL 60126. (312) 530-1240, ext. 272.

JUN 20-21: California TAC Age Group Championships. UC Irvine. Frank Duarte, 3717 S. Ramona Dr., Santa Ana 92707. (714) 545-7701.

JUN 23-24: Fresno All Comers. Ratcliffe Stadium. Ken Dose, Fresno City College, 1101 E. University, Fresno, CA 93741.

JUN 26 & 27: TFA/USA Pole Vault Clinic and Competition. University of California, Irvine. Phil Mitchell, Cata-Pole/Port-a-Pit, 1340 North Jefferson, Anaheim 92807. (714) 524-8750. *Please see advertisement in this issue.*

JUN 30-JUL 1: TAC Junior Women National Championships. UCLA. Pete Scanlan, 2925 Knoxville, Long Beach 90815. (213) 421-2867.

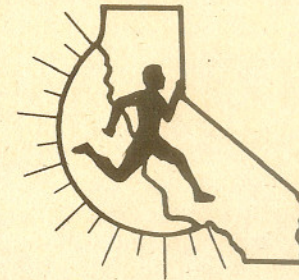
JUL 3-5: TAC Age Group Girls National Championships. UCLA. Bill Peck, 1140 N. Alexandria, Los Angeles 90028. (213) 666-0546.

JUL 3-4: TAC Jr./Sr. Women Heptathlon National Championships. Spokane. Washington. Vernie Gmeiner, N1810 Grèene St., Spokane, WA 99207. (509) 624-6911.

AUG 7-9: AAU Junior Olympics. North Carolina. Ramsey Thomas, Athletic Dept., Wake Forest University, 7265 Reynolda Station, Winston-Salem, NC 27109. (919) 761-5630.

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Track & Field Schedule

MAY

MAY 2: So. Calif. Cheetah Invitational. Age group. Mt. SAC, Walnut, 9 am. Richard Lewis, 1440 Douglas Dr., Pomona 92717. (714) 622-5470.

MAY 2: SCAA Women's Collegiate Conference. Cal Poly SLO. Lance Harter, Women's Track Coach, Cal Poly, San Luis Obispo 93407.

MAY 2: San Jose Invitational. San Jose State University. Ernie Bullard, Athletic Dept., San Jose State, San Jose 95192. (408) 277-3281.

MAY 2: USC vs UCLA Dual Meet.

MAY 2-3: WCAA Conference. San Diego State.

MAY 3: Long Beach Invitational. Long Beach State University. Cliff Able, Long Beach State, 1250 Bellflower Blvd., Long Beach 90840. (213) 498-4666.

MAY 8-9: NAIA District III Championships. University of Redlands. Track Coach, University of Redlands, 1200 E. Colton Ave., Redlands 92372.

MAY 17: SPA TAC District Championships. UCLA 10 am. Bob Seaman, 19127 Wiersma, Cerritos 90701. (213) 926-5785.

MAY 21-23: AIAW Division III Championships. Cal State Hayward. Bob McGuire, Women's Track Coach, California State University, 25800 Hillary, Hayward 94542.

MAY 21-23: NAIA National Championships. Abilene, Texas.

MAY 23: Warmerdam Classic. Fresno State University. Red Estes, Track Coach, Fresno State University, Fresno 93740.

MAY 22-23: PAC-10 Championships. Stanford. Brooks Johnson, Track Coach, Stanford University, Stanford 94305.

MAY 23: Silliconix Invitational. Cal State Long Beach. Cliff Abel, Track Coach, Long Beach State, 1250 Bellflower, Long Beach 90840. (213) 498-4666.

MAY 23: NorCal Community College Championships.

MAY 24: USC Invitational. Track Coach, University of Southern California, Heritage Hall, Los Angeles 90007. (213) 743-7693.

MAY 24: San Diego Cougar Invitational. Age group. Lenwood Williams, 2426 56th St.,



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MAY 8: Stanford Women's Classic. Stanford Stadium, 12 noon. Brooks Johnson, Athletic Dept., Stanford University, Stanford 94305.

MAY 9: West Coast Relays. Ratcliffe Stadium, Fresno. All day. Red Estes, Track Coach, Fresno State University, Fresno 93740. (209) 487-1297.

MAY 9-10: SPA Women's Multi Event Meet. Claremont High School. Rich Ede, 1424 Lynoak Dr., Claremont 91711. (714) 624-1484.

MAY 9-10: Golden Girls Track Club Invitational. DeAnza College, Cupertino. Nick Massey, 6125 Prospect Rd., San Jose 95129. (408) 253-7761 or 277-6944.

MAY 9: Southwest Collegiate Invitational. UC Irvine. Frank Duarte, 1737 S. Ramona Dr., Santa Ana 92707.

MAY 10: Pepsi Invitational. UCLA. Al Franken, 8530 Wilshire Blvd., Suite 203, Beverly Hills 90211. (213) 652-4304.

MAY 14-15: AIAW Div. II National Championships. Indiana Univ. of Pennsylvania. Edwin Fry, Athletic Dept., Indiana Univ. of Pennsylvania, Zink Hall, Indiana, PA 15705.

MAY 15: CCAA Championships. Cal State Bakersfield. Charlie Craig, Track Coach, Cal State Bakersfield, 9001 Stockdale Hwy., Bakersfield 93309.

MAY 15-16: Far West Conference. Cal State Hayward. Norm Guest, Track Coach, Cal State Hayward, 25800 Hillary, Hayward 94542.

MAY 15-16: PCAA Championships. Cal State Long Beach. Cliff Able, Track Coach, California State University, Long Beach 90840.

MAY 18: Pacific Coast Women's Invitational. UC Berkeley. Vern Gambetta, Women's Athletic Dept., 103 Hearst Gym, Berkeley 94720.

MAY 18: California Relays. Modesto College. Tom Moore, 1720 Richard Way, Ceres 95307. (209) 537-0411.

MAY 17: SPA TAC District Championships. UCLA 10 am. Bob Seaman, 19127 Wiersma, Cerritos 90701. (213) 926-5785.

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MAY 24: San Diego Cougar Invitational. Age group. Lenwood Williams, 2426 56th St., San Diego 92105. (714) 263-7834.

MAY 28: Oregon Twilight Invitational. Oregon State University. Frank Morris, Athletic Department, Oregon State, Corvallis, OR 97331. (503) 754-2611.

MAY 28-30: NCAA Division II National Championships. Macomb, Illinois. Gil Peterson, Athletic Director, Western Illinois Univ., Macomb, IL 61455. (309) 298-1106.

MAY 28-30: AIAW Division I National Championships. Austin, Texas. Phil Delavan, University of Texas, 606 Belmont, Austin, TX 78712. (512) 471-7693.

MAY 28-30: NCAA Division III National Championships. Cleveland, Ohio. William Sudeck, Athletic Dept., Case Western Reserve University, Emerson Gym, 10900 Euclid Ave., Cleveland, OH 44106. (216) 388-2867.

MAY 29-30: TFA/USA National Championships. Wichita, Kansas. Herm Wilson, Athletic Dept., Wichita State University, Campus Box 18, Wichita, KS 67208. (316) 689-3267.

MAY 30: California Community College Championships. Cerritos College, Norwalk. Dave Kamanski, Athletic Dept., Cerritos College, Norwalk 90650. (213) 860-2451.

MAY 31: American Council of Athletics All Comers. San Jose City College. Richard Thorsh, 4901 Morena Blvd., Suite 106, San Diego 92117. (714) 273-5371.

MAY 31: Redwood Empire Jr. Olympics. Santa Rosa JC, 8 am. Roger Klein, 5341 Sebastopol Rd., Santa Rosa 95401. (707) 829-2888.

JUNE

JUN 4-6: NCAA Division I National Championships. Baton Rouge, Louisiana. LSU Athletic Dept., PO Box AS-LSU Station, Baton Rouge, LA 70893. (504) 388-8627.

JUN 5-8: California State High School Championships. Cerritos College, Norwalk.

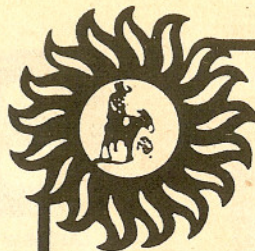
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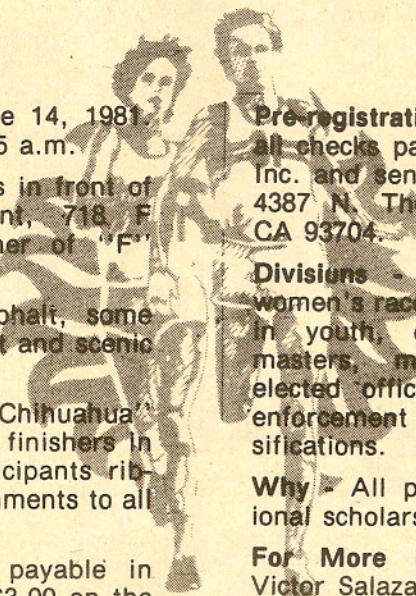
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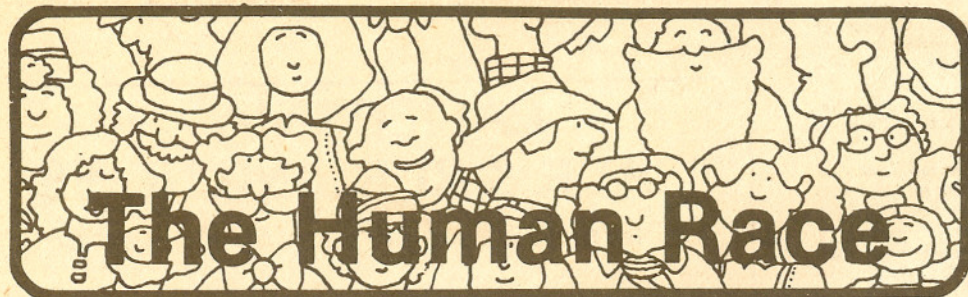
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Divisions - Include men and women's races in two and 6 mile in youth, open, sub-masters, masters, media personalities, elected officials/politicians, law enforcement and wheelchair classifications.

Why - All proceeds for educational scholarships.

For More Information - Call Victor Salazar 229-5862, or Alex Contreras 266-9964.





By LEN WALLACH

As far as most people are concerned, Craig Virgin is the King of the Road right now. This young mid-westerner has blitzed his way to head of the pack the hard way, one faster foot at a time.

He's literally run away with the creme de creme, the International Cross Country World Championships twice, along with such minor achievements as the American world record 10K. He's won the prestigious Peachtree twice, set the Bay to Breakers record, and a lot of other such minor titles along the way, to mention just a few.

What fascinates me about this runner is that he's keenly aware that he won't be on top forever, so has planned his life accordingly. A lot of folks don't like his frank talk when he predicts the races he plans to win, but it's refreshing to find one champion who knows that he'll be on the way down the ladder one of these days and doesn't want to offend the little guys on the way up.

He phoned the other day just to see how things are going in the West Coast running scene. It was a flattering call and led to this name-dropping column. Just light chatter about how are the kids, what's the weather like, plus a description of his recent injuries and, by the way, how was my tired old bod holding up on the masters mileage.

Heady stuff for us ancient jocks. I still don't know what he called about but if you want a popularity vote, he's got mine anytime from that Ma-Bell electronic communication.

The trouble with winners is that many think they are better because they are faster. Humility is not the stock and trade of most champions. Back in the pack the going is just as rough as it is up in front only we slower humans don't win many medals. Matter of fact, sometimes the finish line has been erased by the time we get there.

It's nice to see a young stallion like Craig Virgin waiting patiently at the end for the last old duffer to come across and nicer yet to watch the mutual adoration. The glory of sport is a quality which lacks definition, however celebrity worship is certainly part of the phenomena.

I guess when it comes to Virgin, my fascination with him is studying the contrast. Slick and smooth, the incredible swift athlete is a little like other achievers who I have seen in the Army when they were on the rise. No matter what they do, their successes are badly viewed by their contemporaries. Remarks like, "he's egocentric" or "just another wheeler dealer" were applied to likes of Generals Patton, MacArthur and even George Washington. Not that Virgin is anywhere near being in that league as his contributions to his country haven't

been made with quite the same selfless dedication as these larger than life figures, but the same criticism of these be-medaled men has now been applied to the skinny, good-looking youngster from middle America.

I don't see anything particularly wrong with an athlete capitalizing on his or her fame. Virgin happened along with a pair of fast legs and healthy lungs to go with them. These four pieces of anatomy, plus a knife edge sense of economy, put him in the pole position to become King of the Road. His reception by some of his fellow competitors is like the one awaiting Howard Cosell from his critical audiences on the receiving end of the TV tube. Everybody watching grumbles at old toupee top but the commercial folks keep hiring him to broadcast anyway, such is the reality of fame.

The same is true of Virgin, but instead of an eloquent vocabulary, a sonorous voice and a \$2,000 hairpiece, this athletic youngster has a set of good teeth to flash his boyish smile, the good sense to play to the crowd, a smeller which responds to the whiff of economic advantage, and an actor-like awareness of being on stage. Nothing wrong with that if you happen along in an obscure sport and want to stick around after your hamstrings and alveoli cease to be as efficient as those of some other obscure victory-seeker working out in an equally obscure American village. Sure his little twinkie jump up in the air at the finish line is a bit theatric, but in this business it's still OK to be a ham.

I use a lot of /'s in my writing lately; I didn't used to because of some antiquated journalistic rule made up by some forgotten literary seer who indicated that the letter / was the hallmark of an egomaniac. I don't fit that description in my mind's eye and I don't think that Virgin does either.

He strikes me as that kid next door who just happened to be in the right place at the right time and, except for the lack of Americans in the last Olympic Games, might become the next Tarzan or Superman on the Saturday matinee screen for decades of Cheerio-eating kiddies.

I know this much--twenty years from now, no one is going to remember Len Wallach, what he wrote or what he thought. Neither will they remember Craig Who, let alone what he ran. I guess the public has to be more forgiving or we have to be more modest. The glory of sport!



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mention just a few.

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photo by Richard Slotkin



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Last year Herb Lindsay ran it in 43:49.6 and Patti Catalano ran it in 49:42.5. This year we expect another scorcher.

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For further information: Write Cascade Run Off, 1000 Willamette Center, 121 SW Salmon, Portland, OR 97204, 503/223-9016.

PREP NOTES

by Keith Conning

Send all high school material directly to Keith Conning, California Track & Running News High School Editor, 2235 Browning St., Berkeley, CA 94702.



photo by Don Gosney

Vickie Cook (left), Alemany High School beats Polly Plumer (University High School) for the first time on the track in the Bruce Jenner Classic.

photo by Don Gosney

Northern and Central California Report

Tanaya King, Sharon Ware, Robyne Johnson, and sophomore Nedrea Rodgers ran 46.86. Sharon Ware won the 100...

Ulysee Walker (Berkeley), a 48.75 man, and Johnny Langerston (Berkeley), a 48.9 and 1:53.7 man, will all run together against Kennedy. What other high school team has six runners under 49?

DeKlotz Relays, April 10: Castro Valley girls team of Kristi Lambden, Karin Ambden, Bridgette Cunningham, and Lisa Van Baskirk, set a meet record of 12:35.8 in the distance medley. The Lambdens plan to attend Abilene Christian College in Abilene, Texas.

Santa Rosa Relays, April 11: Dennis DeSoto (Santa Rosa), the early national leader in the shot put at 63-1, improved to 63-10. However, junior Barry Walker (Lancaster, Ohio) became the new national leader at 64-8 1/4 that same weekend. Sophomore Mark Boyd (St. Mary's, Berkeley) broke the age-14 record in the 110 hurdles with 14.3. However, there was no wind gauge. He did lower the 330 hurdles record to 38.5, as this race is not affected by the wind for record purposes.

Vanden Relays, April 11: Laurie Hollingworth (Piner, Santa Rosa) became the first runner from a Santa Rosa school to crack the five-minute barrier in the 1600 meter run as she won in 4:57.57. It was also the third best time in the state this season.

Delano Relays, April 11: Debra Corley (Garces, Bakersfield) set a meet record of 45-3 in the shot put.

Hercules, April 12: Junior Brian Abshire (DeAnza, Richmond) won the four-mile street course of the Hercules Dynamite Run in 20:17, which bettered the course record set last year by Hayward marathon star Ted Quintana. Abshire averaged 5:04.2 per mile. Allan Smith, the former Pinole Valley star now running for Santa Rosa Junior College, was second in 20:34. Abshire hit the one-mile marker at 4:30 and the two-mile marker at 9:29.

San Joaquin Valley Relays, April 14: Bakersfield set a valley and meet record in the sprint medley of 3:28.4. Randy Arley (West, Bakersfield) won the shot put with a toss of 60-4, sixth best in the state. Doug Wicks (South, Bakersfield) set a meet record in the pole vault at 15-2 1/4, which is the best in the state. Clovis and Corcoran had a great battle in the four mile relay with Clovis winning in

received a failing grade in algebra. She won temporary reinstatement to the team Monday, April 13th, in Contra Costa County Superior Court. Ward said the F grade she received for uncompleted work is unjustified because she handed in the work. Contra Costa County Superior Court Judge Martin E. Rothenberg directed that a school representative appear in court May 1 to show why Ward, 17, should not remain on the team. Ward, lives in Vallejo, but attends DeAnza, because her mother works near that school. Ward said being dropped from the team would jeopardize her chances of being offered a college athletic scholarship. The following schools have all shown interest in Ward: Nebraska, Utah State, Oregon, Tennessee, Whitman, and Washington. When report cards are issued April 24, Ward's will show: two A's, two B's, and the F.

Mal Van Meer of Chico, our Northern Section correspondent, reported that Susan Weaver (Gridley), the same school as Leslie Deniz, has thrown the 4 kilo shot 40-4 1/4 and the discus 120-9. Sophomore Donna Myers (Live Oak) has thrown the shot 37-3 1/4. Jill Silva (Pleasant Valley, Chico) has high jumped 5-4.

Octavio Castaneda of Saugus wrote that we missed two of his great shot put and discus throwers in our preview of the Southern Section. Wendy Bradshaw placed 7th in the State with 136-10 and threw the shot 42-4 with 4 kilos. Lorraine Costanzo threw the shot 43-4 last year. This year Costanzo stands third in the state at 46-0 1/2 and Bradshaw 6th at 42-4 1/2. Bradshaw also is ninth in the discus at 136-9. Thanks for writing, Octavio, and we apologize for the oversight.

Mustang Relays, San Dieguito High, Encinitas, April 4. Monte Vista's Shell Lachel ran the fastest girls 2-mile of the young season and the third best ever in San Diego County with her 10:48.3 clocking. It knocked 21 seconds off the former meet record held by San Pasqual's Terrie Brown since 1979. Helix' Carol Keller set the all-time county best of 10:44.6 in 1977. Valhalla's Cheryl Flowers (now at California) clocked a 10:47.7 in 1979.

Stanford Invitational

By KEITH CONNING

March 28: Stanford Stadium.

The Berkeley girls' 400 meter relay team of seniors Tanaya Kiang, Sharon Ware, Robyne Johnson, and sophomore Nedrea Rodgers, opened the program at 8:00 am with a quick 46.6 in heat one. Kennedy of Granada Hills did not have to qualify as they were seeded directly into the finals of both relays. This was not fair to the other girls' teams, especially Berkeley. In the final Berkeley ran 46.27 and Kennedy-Granada Hills ran 46.71.

Deborah Corley (Garces Memorial, Bakersfield) put the shot 44-3 1/2. Three other girls exceeded 38 feet: junior Jill Crisier (Gunn, Palo Alto) 42-2 1/4, Jeanne Gallegos (Liberty, Brentwood) 39-10, and Laura DeSnoo (Washington, Fremont) 39-9 1/4.

Junior Ken Frazier (Mission, San Francisco) long jumped 24-0 1/4 with Ken Smith (Palo Alto) in second at 23-11. They repeated their 1-2 performance in the triple jump - Frazier 50-6 and Smith 46-7.

The Berkeley boys' mile relay team of Johnny Langerston, Pete Richardson, Ulysee Walker, and Kenny Robinson, won their heat

Jenner Classic

By KEITH CONNING

April 10: San Jose City College. Bruce Jenner Classic, High School Division.

On a very cold and windy night Pete Richardson (Berkeley) and junior Vicki Cook (Alemany, Mission Hills) were selected as the outstanding athletes. Richardson won the 800 meters in 1:50.2 by almost three seconds, which was the fastest time in the nation this year. He also ran a '9.25 leg on the victorious Berkeley mile relay team. Cook upset junior Polly Plumer (University, Irvine) in the 1500 meters (4:25.8) in the best race of the night. This was the first victory for Cook over Plumer on the track. Cook came back later in the evening to capture the 3000 meters in 9:51.9. The 1500 featured three state champions as Plumer won the 1600, Cook the 3200, and junior Marilyn Davis (Miramonte, Orinda) the 800 last year.

Berkeley won all six relay races and also had five individual winners.

Kenny Robinson (Berkeley) won the 100 meters in 10.44, which would have placed him second on Saturday behind Stanley Floyd by .05. There was no wind gauge Friday night for the preps, so we don't know which performances were legal. Junior Kevin Willhite (Cordova, Rancho Cordova) placed second in 10.55, but he won his heat in 10.52. Ken Smith (Palo Alto) took third in 10.57; which equaled his heat time.

Berkeley won the 440 relay in 41.97 with a team composed of Walter Murray, Kenny Robinson, Charles Clewis, and Ulysee Walker. In the 880 yard relay they changed the order to Clewis, Walker, Murray and Robinson and again won easily in 1:26.2. The mile relay matched the top two teams at the state meet - Centennial of Compton and Berkeley. However, this time Berkeley with Clewis 49.0, Richardson 48.25, Johnny Langerston 49.84, and Robinson 47.35, was too much for Centennial which ran 3:18.5 to Berkeley's 3:14.7.

John Frazier (Lancaster) came up from Southern California to win the shot put at 61-9 1/4. It's too bad national leader Dennis DeSoto (Santa Rosa) didn't compete here.

Junior Ken Frazier (Mission, San Francisco) won the triple jump with 49-8, but was upset by Ken Smith (Palo Alto) in the long jump at 23-2. Although Frazier tied Smith on his last jump, Smith's second best jump was 1/2 inch better.

Gary Gonzales (Clovis) gave the Central Section its only victory in the boy's division as he won the 1500 meters in 3:54.9.

Ron Seanez (Gilroy) ran an excellent 52.41 in the 400 meter intermediate hurdles. He was a double winner as he edged past high jumper Jay Thorsen (Laguna Beach) in the 110 meter high hurdles. Reid Johnson (Palo Alto) won the other section of the intermediates in 54.10.

Debra Corley (Garces, Bakersfield) threw the shot 45-9 to outdistance junior Cindi Durschlag (San Carlos) who placed second at 43-4 1/4.

Robyne Johnson (Berkeley) won the long jump at 19-3 1/2 to lead a 1-2-3 sweep by her team. Johnson also paced fourth in the low hurdles and ran on two winning relay teams. She was selected as the Northern California prep of the week by the Northern California Trackwriters.

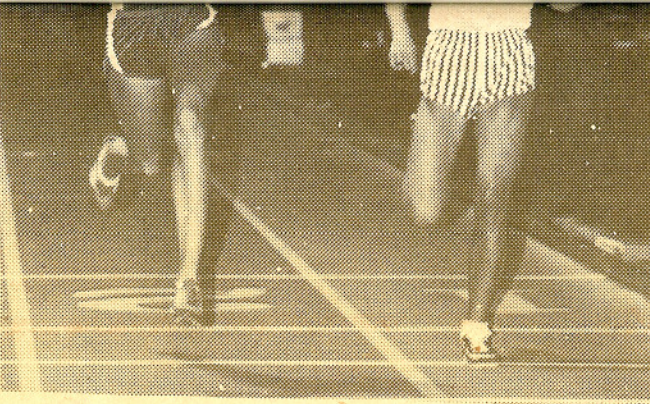


photo by Don Gosney

Vickie Cook (left), Alemany High School beats Polly Plumer (University High School) for the first time on the track in the Bruce Jenner Classic.

photo by Don Gosney

Northern and Central California Report

By KEITH CONNING

Berkeley vs South Eugene, Oregon, Edwards Stadium, U.C. Berkeley, March 26. In an historic and memorable dual meet, South Eugene defeated Berkeley in the last event - the triple jump - to win the meet 68-64. It was a very windy and cold day, but the performances were sparkling. There was no wind gauge, so all events on the straightaway were considered wind-aided. Berkeley won the track events 52 to 30, but South Eugene won the field events 38 to 12. This was the first meeting between the two defending state champions, but hopefully not the last.

Kenny Robinson (Berkeley) had a great double of 10.2w and 21.3w. He also ran on the 4x100 team, which turned in a 41.6.

Walter Murray (Berkeley) won both hurdles in 14.1w and 37.6.

Chris Wright (South Eugene) edged Ulysee Walker (Berkeley) at the tape with both recording 48.8 for the 400. Wright fell on to the track after his exhausting effort.

Pittsburg Relays, March 28: Sophomore Maurice Crumby (Balboa, San Francisco) tied Gail Olson's (Sycamore, Illinois) national age-15 record in the high jump of 7-0. He missed narrowly at what would have been a national sophomore record of 7-2½.

North Yosemite League Invitational, Fresno State, April 3: Kenny Robinson (Berkeley) ran the 100 meters in 10.39, the fastest electronically timed 100 in the nation. Ron McCoy (Edison, Fresno) set a meet record in the 110 high hurdles of 14.24. Gary Gonzales (Clovis), the Central Section cross country champ, won the two mile in 9:10.9, a national best. Junior Clint Williams (Central, Fresno) set a meet record in the long jump with a leap of 23-11½. Vestee Jackson (McLane, Fresno) placed second at 23-9½ and Ron McCoy third at 23-7. Dennis DeSoto (Santa Rosa) set a meet record in the shot put at 62-8. Vestee Jackson broke Henry Ellard's triple jump meet record with a nation leading 51-7¼. The Berkeley girls' 400 relay team of

Tanaya King, Sharon Ware, Robyne Johnson, and sophomore Nedrea Rodgers ran 46.86. Sharon Ware won the 100 meters in 11.86. Sherifa Sanders (Berkeley) set a meet record in the 100 low hurdles in 14.09. Sophomore Natalie Kaaliawahia (Fullerton), the state champ as a freshman, moved to number four on the U.S. all-time list with a prodigious toss of 50-1¾. Deborah Corley (Garces, Bakersfield) was second at 44-8¼. Sherifa Sanders long jumped 19-7 with an aiding wind. Janet Whitney (Fresno) threw the discus 137-4.

Miramonte vs. Alhambra, April 3: Marcia White (Miramonte, Orinda) ran the 3200 in 10:55.0.

King City Invitational, April 4: Laura DeSnoo (Washington, Fremont) threw the discus 155-3.

Tulare Elks Relays, April 4: Randy Arley (West, Bakersfield) won the shot put at 60-0¾. Sophomore Doug Fraley (Clovis West), the son of the assistant Fresno State coach, tied with Doug Wicks (South, Bakersfield) at 15-0½ in the pole vault.

Gilroy Invitational, April 4: Tim Sutro (Del Mar, San Jose) threw the shot 60-0½. Junior Ken Frazier (Mission, San Francisco) won the triple jump at 48-9½. Ken Smith (Palo Alto) won the 100 meters in 10.57. Jesse Torres (Independence, San Jose) set a meet record in the 2-mile with 9:09.88. Nelson Bernal (Westmont, Campbell) was second in 9:11.37, and Jeff Purrington (Willow Glen, San Jose) was third in 9:13.67. Ron Seanez (Gilroy) gave the host team a victory in the 300 low hurdles at 37.19, a meet record. Tracy Weber (Lynbrook, San Jose) won the 800 in 2:12.36.

Berkeley vs. Pinole, Edwards Stadium, Berkeley, April 9: Kenny Robinson (Berkeley) moved up to the 400 and ran 46.8, which broke the school record of 47.2 set by Henry Dorsey in 1956. Dorsey placed second in the State Meet that year with 47.5 for 440 yards. Pete Richardson (Berkeley) moving down from the 800 finished second in 47.9. Charles Clewis (Berkeley) fighting to regain his position on the mile relay team placed third in 48.2. The real showdown comes May 9th when Walter Murray (Berkeley), who won the 200 in 21.3,

durdied with 14.3. However, there was no wind gauge. He did lower the 330 hurdles record to 38.5, as this race is not affected by the wind for record purposes.

Vanden Relays, April 11: Laurie Hollingworth (Piner, Santa Rosa) became the first runner from a Santa Rosa school to crack the five-minute barrier in the 1600 meter run as she won in 4:57.57. It was also the third best time in the state this season.

Delano Relays, April 11: Debra Corley (Garces, Bakersfield) set a meet record of 45-3 in the shot put.

Hercules, April 12: Junior Brian Abshire (DeAnza, Richmond) won the four-mile street course of the Hercules Dynamite Run in 20:17, which bettered the course record set last year by Hayward marathon star Ted Quintana. Abshire averaged 5:04.2 per mile. Allan Smith, the former Pinole Valley star now running for Santa Rosa Junior College, was second in 20:34. Abshire hit the one-mile marker at 4:30 and the two-mile marker at 9:29.

San Joaquin Valley Relays, April 14: Bakersfield set a valley and meet record in the sprint medley of 3:28.4. Randy Arley (West, Bakersfield) won the shot put with a toss of 60-4, sixth best in the state. Doug Wicks (South, Bakersfield) set a meet record in the pole vault at 15-2¾, which is the best in the state. Clovis and Corcoran had a great battle in the four mile relay with Clovis winning in 18:04.5 to 18:05.0. In the girls' races Memorial defeated Tulare in the sprint medley - 4:12.3 to 4:14.3. Debra Corley (Garces, Bakersfield) set a meet record in the shot put at 46-1, which is the second best in the state. Sheila Nicks, who transferred from Ellis of Richmond to Tulare, set a meet record in the long jump at 19-2, which places her fourth in the state.

Oakland Invitational, Laney College, April 18: All-American football junior Kevin Willhite (Cordova, Rancho Cordova) won the 100 meters in 10.59. Sophomore Maurice Crumby (Balboa, San Francisco) tied the national age-15 high jump record of 7-0 again. Sophomore Mark Boyd (St. Mary's, Berkeley) broke his own age-14 national record in the 300 low hurdles with a time of 38.2. Dennis DeSoto (Santa Rosa) won the shot put by more than 11 feet with a toss of 62-3. Castro Valley girls won the distance medley in 12:32.5.

Sundevil Invitational, Mt. Carmel High School, San Diego, April 17: Gustling winds hampered good marks in most of the events. In the boys action Andy Marobe (Bonita Vista) and Mike Oleata (La Jolla) battled each other, besides the wind with Marobe getting the win in the wind at 8:45.03 to 8:46.35 for Oleata. The girls discus throwers took advantage of the wind to pop some long throws. Jackie Norton (Mission Viejo) tossed one 149-3 for the win with Susan Compton (Marian), the runner-up, hitting 147-7. Shawn Lawson (Crawford) leaped out to 18-2½ in the girls long jump (no information on wind readings). The junior jumper also ran on the Crawford winning mile relay which recorded a nice 4:01.53. Tracy Scott was credited with a 58.0 anchor leg. Santana's Tina Allen snatched a 4:51.40 for the 1500 meters. She was forced to display a withering kick to win the race over San Marcos' Karl Chamberlain, who held off Helix' Denise Dibos for third. Chamberlain was given a 4:53.56 and Dibos 4:54.39.

Other Prep News:

Gwen Ward (DeAnza, Richmond), who placed third in the State Meet 100 meters, was dropped from her track team because she

Stanford Invitational

By KEITH CONNING

March 28: Stanford Stadium.

The Berkeley girls' 400 meter relay team of seniors Tanaya Kiang, Sharon Ware, Robyne Johnson, and sophomore Nedrea Rodgers, opened the program at 8:00 am with a quick 46.6 in heat one. Kennedy of Granada Hills did not have to qualify as they were seeded directly into the finals of both relays. This was not fair to the other girls' teams, especially Berkeley. In the final Berkeley ran 46.27 and Kennedy-Granada Hills ran 46.71.

Deborah Corley (Garces Memorial, Bakersfield) put the shot 44-3¼. Three other girls exceeded 38 feet: junior Jill Crisler (Gunn, Palo Alto) 42-2¾, Jeanne Gallegos (Liberty, Brentwood) 39-10, and Laura DeSnoo (Washington, Fremont) 38-9¾.

Junior Ken Frazier (Mission, San Francisco) long jumped 24-0¼ with Ken Smith (Palo Alto) in second at 23-11. They repeated their 1-2 performance in the triple jump - Frazier 50-6 and Smith 46-7.

The Berkeley boys' mile relay team of Johnny Langerston, Pete Richardson, Ulysee Walker, and Kenny Robinson, won their heat in 3:16.5. In the final they improved to 3:14.0, the leading time in the U.S. Their splits were Langerston 49.4, Richardson 48.5, Walker 48.7, and Robinson 47.4.

Dennis DeSoto (Santa Rosa), the national leader at 63-1, put the shot 61-10¼. Tim Sutro (Del Mar, San Jose) placed second at 59-7.

Laura DeSnoo (Washington, Fremont) came back from her fourth place finish in the shot put to win the discus at 157-11, the best mark in the U.S. She was thirty-four feet ahead of second placer Diane Oswalt (Los Gatos).

Sherifa Sanders (Berkeley) led her teammates to a sweep of the long jump with a leap of 19-4¾. Robyne Johnson was second at 19-0¾ and freshman Yvette Bates came in third at 18-11¼. They would have had a long jump relay of 57-4½!

Junior Maria King (Milpitas) outkicked junior Jessica Spies (Livermore) to win the 3,000 in 10:01.0 to 10:01.2. Lori Shanoff (Petaluma) was third in 10:05.2.

Mike McCollum (Palo Alto), who missed a trip to Madrid, Spain for the world junior cross country championships by four seconds, won the 5,000 convincingly in 14:43.8. Nelson Bernal (Westmont, Campbell) took second in 14:56.9.

The Berkeley boys' 400 meter relay team of Walter Murray, Kenny Robinson, Charles Clewis, and sophomore Stoney McCree won by .22 in 41.71, the top mark in California.

Los Gatos with the help of a dropped baton between Berkeley's 440 and 1320 runners held off fast closing Pete Richardson (4:19.0) to win the distance medley by one second in 10:24.0.

Kennedy-Granada Hills anchored by Olympian Denean Howard won the girls' mile relay in 3:44.4. The team composed of Tina Howard 56.2, Kelly Cook 57.9, Ann Johnson 57.7, and Denean Howard 52.6. The Berkeley team of sophomore Lana Rice 57.8, Tanaya King 56.5, Sherifa Sanders 57.0 and sophomore Nedrea Rodgers 59.6 ran 3:50.9 to place second. Kennedy held the lead for the first two legs, but Sanders passed Johnson during the third leg. Denean Howard took off like she was shot out of a gun, and the competition was over.

(now at California) checked a 10:47.7 in 1979.

John Frazier (Lancaster) came up from Southern California to win the shot put at 61-9¼. It's too bad national leader Dennis DeSoto (Santa Rosa) didn't compete here.

Junior Ken Frazier (Mission, San Francisco) won the triple jump with 49-8, but was upset by Ken Smith (Palo Alto) in the long jump at 23-2. Although Frazier tied Smith on his last jump, Smith's second best jump was ½ inch better.

Gary Gonzales (Clovis) gave the Central Section its only victory in the boys' division as he won the 1500 meters in 3:54.9.

Ron Seanez (Gilroy) ran an excellent 52.41 in the 400 meter intermediate hurdles. He was a double winner as he edged past high jumper Jay Thorsen (Laguna Beach) in the 110 meter high hurdles. Reid Johnson (Palo Alto) won the other section of the intermediates in 54.10.

Debra Corley (Garces, Bakersfield) threw the shot 45-9 to outdistance junior Cindi Durschlag (San Carlos) who placed second at 43-4¼.

Robyne Johnson (Berkeley) won the long jump at 19-3¼ to lead a 1-2-3 sweep by her team. Johnson also paced fourth in the low hurdles and ran on two winning relay teams. She was selected as the Northern California prep of the week by the Northern California Trackwriters.

Berkeley and DeAnza of Richmond battled in the 440 relay, but the Berkeley team of Tanaya Kiang, Sharon Ware, Robyne Johnson, and sophomore Nedrea Rodgers prevailed 47.37 to 48.13. In the 880 relay long jumper and hurdler Sherifa Sanders replaced Sharon Ware, but it didn't change the outcome as Berkeley ran a fast 1:42.2 to win by 3.6 seconds.

Val Flemmings (Northgate, Walnut Creek) upset Sherifa Sanders in the 100 meter low hurdles - 14.07 to 14.20.

The 800 meters featured a fine field including the first three finishers in the State Meet, but junior Jessica Spies (Livermore) upset them all with a fine 2:08.0. State champ junior Marilyn Davis (Miramonte, Orinda) was second in 2:09.7. Tracy Weber (Lynbrook, San Jose) was third in 2:10.4. And Rennis Durand (Laguna Beach), who was disqualified at the State Meet, finished fourth in 2:12.9.

Defending state 100 champ Sharon Ware (Berkeley) defeated Debra James (Fremont, Los Angeles), fifth at State, 11.59 to 11.82.

Laura DeSnoo (Washington, Fremont) finally got some good competition this season from Karen Nicherson (Cordova, Rancho Cordova) as both girls exceeded 150 feet - 154-8 to 150-8. Diane Oswalt (Los Gatos) placed third at 138-2 and Cindi Durschlag (San Carlos), coming back from second in the shot, took fourth at 136-8.

The 1500 was the highest quality race of the evening as seven girls met Track & Field News' national reporting standard of 4:40.0. Tracy Weber (Lynbrook, San Jose) was third in 4:31.3. Marilyn Davis (Miramonte, Orinda) was fourth in 4:37.3. Jessica Spies (Livermore) was fifth in 4:37.5. Kelly Buza (Arroyo Grande) was sixth in 4:38.9. Kathy Dykstra (Drake, San Anselmo) also made it under the standard with 4:39.5.

In the 3000 Linda Van Housen (Sacred Heart, Menlo), the Northern California cross country champ, was second in 10:05.0. Carol Gleason (Lynbrook, San Jose) was third in 10:08.6 and Marcia White (Miramonte, Orinda) was fourth in 10:09.6.

1981 High School Top Marks

Compiled by KEITH CONNING

Includes marks received through April 26.

Please send high school corrections, additions and results directly to Keith Conning at 2235 Browning St., Berkeley, CA 94704. Send photos, however, to the California Track & Running News Headquarters at P.O. Box 6103, Fresno, CA 93703.

* junior, ** sophomore, *** freshman

Girls

100 Meters

- 11.59 Sharon Ware (Berkeley)
- 11.81 *Denean Howard (Kennedy, GH)
- 11.82 *LaTanya Dawkins (Dorsey, LA)
- 11.82 Debra James (Fremont, LA)
- 11.6 Ellen Jones (Mt. Miguel, SpVI)
- 11.97 Holland (Manual Arts, LA)
- 11.8 *Gurtha Pounds (Live Oak, MorH)
- 11.9 *Zelda Johnson (Garey, Pomona)
- 11.9 Inger Peterson (Dorsey, LA)
- 11.9 Murphy (Monroe, Sepulveda)
- 11.9 Robyne Johnson (Berkeley)
- 11.9w Bridgette Moon (Centennial, Cmp)

200 Meters

- 23.8 *Denean Howard (Kennedy, GH)
- 24.0 *Gevaise McGraw (Ganesh, Pom)
- 24.0 *LaTanya Dawkins (Dorsey, LA)
- 24.3 *Zelda Johnson (Garey, Pomona)
- 24.4 Debra James (Fremont, LA)
- 24.5 Inger Peterson (Dorsey, LA)
- 24.7w Kati Peterson (West, Torrance)
- 24.98 *Gurtha Pounds (Live Oak, MorH)
- 25.03 Margaret Demorest (Buchser, SCI)
- 24.9 Sabrina Williams (Valley C, Cerr)

400 Meters

- 53.3 *Denean Howard (Kennedy, GH)
- 56.32 Gayle Kellon (Walnut)
- 56.4 *Carla Johnson (Manual Arts, LA)
- 56.55 Tina Howard (Kennedy, GrnHls)
- 56.5 **Lana Rice (Berkeley)
- 56.79 Inger Peterson (Dorsey, LA)
- 56.9 Davis (Del Mar, San Jose)
- 57.13 *Sherrill Miller (Fremont, Snvle)
- 57.0 Lawanda Cabell (Gardena)

800 Meters

- 2:08.0 *Jessica Spies (Livermore)
- 2:09.7 *Marilyn Davis (Miramonte, Orin)
- 2:10.4 Tracy Weber (Lynbrook, San Jose)
- 2:10.8 *Denean Howard (Kennedy, GH)
- 2:12.8 Alison Ehlen (Santa Barbara)
- 2:12.9 Rennie Durrand (Laguna Beach)
- 2:13.31 *Maria King (Milpitas)
- 2:13.39 *Carla Johnson (Manual Arts, LA)
- 2:13.5 *Polly Plumer (University, Irvine)
- 2:14.11 Cindy Stoughton (Corona del Mar)

One Mile

- 4:52.81 *Polly Plumer (University, Irvine)
- 4:57.31 *Vickie Cook (Alemany, Miss Hls)
- 4:59.31 *Laurie Hollingworth (Pine, Sros)
- 4:59.8 Shelly Hazlett (Saugus)
- 4:59.81 Tracy Weber (Lynbrook, San Jose)
- 4:59.9 Michelle Mason (Buena, Ventura)
- 5:00.7 *Marilyn Davis (Miramonte, Orin)
- 5:03.51 *Lori Lopez (Sacred Heart, LA)
- 5:04.1 Alison Ehlen (Santa Barbara)
- 5:04.91 *Bonnie McGlinchey (Ft. Valley)

Two Mile

- 10:46.3 Michelle Mason (Buena, Ventura)
- 10:48.3 *Sheli Lachel (Monte Vista, SD)
- 10:52.2 Marcia White (Miramonte, Orinda)
- 10:53.8 *Lori Lopez (Sacred Heart, LA)
- 10:55.0 Betsy Chadwick (Mira Mesa, SD)
- 10:57.3 Shelly Hazlett (Saugus)
- 11:01.9 Nina Manriquez (Burbank)
- 11:02.70 ***Teresa Barrios (Univ., Irvine)
- 11:04.5 Patience Unger (Foothill, SANA)
- 11:06.8 Alison Ehlen (Santa Barbara)



photo by Don Gosney

Ron Seanez

100 Meter Hurdles

- 14.07 Val Flemmings (Northgate, WICK)
- 14.09 Sherifa Sanders (Berkeley)
- 14.1 Terry Haynes (El Cerrito)
- 14.2 Laura Mills (University, Irvine)
- 14.45w Robyne Johnson (Berkeley)
- 14.3w Aladrian Hunter (Dorsey, LA)
- 14.51 CeCe Chandler (Elsinore)
- 14.63 ***Yvette Bates (Berkeley)
- 14.68 Yvette Williams (Chowchilla)
- 14.5w Lisa Penny (Dorsey, LA)

300 Meter Hurdles

- 44.5 Cynthia Cooper (Locke, LA)
- 44.5 *Candy Mills (Jefferson, LA)
- 44.5 Aladrian Hunter (Dorsey, LA)
- 44.5 Sherifa Sanders (Berkeley)
- 44.7 Gayle Kellon (Walnut)
- 45.1 Karen Bonty (Manual Arts, LA)
- 45.3 Hemmans (Manual Arts, LA)
- 45.3 Kelley Ray (San Diego)
- 45.5 Julie Johnson (Monte Vista, Cup)
- 45.89 King (La Jolla)

400 Meter Relay

- 46.27 Berkeley
- 46.71 Kennedy Granada Hills

Shot Put

- 50-1 1/4 **Natalie Kaaiawahia (Fullerton)
- 46-1 Debra Corley (Garces, Bakersfield)
- 46-0 1/2 Lorraine Costanzo (Saugus)
- 43-5 Yolanda Fletcher (Crenshaw, LA)
- 43-4 1/2 *Cindi Durschlag (San Carlos)
- 42-4 1/2 *Wendy Bradshaw (Saugus)
- 42-4 Kim Childress (Locke, LA)
- 42-4 Laura DeSnoo (Washington, Frmt)
- 42-3 Gia Carozzi (Carlmont, Belmont)
- 42-2 3/4 *Jill Criser (Gunn, Palo Alto)

Discus

- 157-11 Laura DeSnoo (Washington, Frmt)
- 150-8 Karen Nickerson (Cordova, RC)
- 149-3 Jacque Norton (Mission Viejo)
- 147-4 Sue Compton (Marian, ImpBch)
- 141-3 **Natalie Kaaiawahia (Fullerton)
- 138-2 Diane Oswald (Los Gatos)
- 137-4 Janet Whitney (Fresno)
- 136-11 Laura Mills (University, Irvine)
- 136-9 *Wendy Bradshaw (Saugus)
- 134-4 Mary Dentzinger (El Cerrito, Sacto)

11.82	*Tanya Dawkins (Dorsey, LA)
11.8	Debra James (Fremont, LA)
11.6	Ellen Jones (Mt. Miguel, SpVI)
11.97	Holland (Manual Arts, LA)
11.8	*Gurtha Pounds (Live Oak, MorHI)
11.9	*Zelda Johnson (Garey, Pomona)
11.9	Inger Peterson (Dorsey, LA)
11.9	Murphy (Monroe, Sepulveda)
11.9	Robyne Johnson (Berkeley)
11.9w	Bridgette Moon (Centennial, Cmp)

200 Meters

23.8	*Denean Howard (Kennedy, GH)
24.0	*Gevaise McGraw (Ganesh, Pom)
24.0	*LaTanya Dawkins (Dorsey, LA)
24.3	*Zelda Johnson (Garey, Pomona)
24.4	Debra James (Fremont, LA)
24.5	Inger Peterson (Dorsey, LA)
24.7w	Kati Peterson (West, Torrance)
24.98	*Gurtha Pounds (Live Oak, MorHI)
25.03	Margaret Demorest (Buchser, SCI)
24.9	Sabrina Williams (Valley C, Cerr)

56.55	Tina Howard (Kennedy, GrnHls)
56.5	**Lana Rice (Berkeley)
56.79	Inger Peterson (Dorsey, LA)
56.9	Davis (Del Mar, San Jose)
57.13	*Sherrill Miller (Fremont, Srvle)
57.0	Lawanda Cabell (Gardena)

800 Meters

2:08.0	*Jessica Spies (Livermore)
2:09.7	*Marilyn Davis (Miramonte, Orin)
2:10.4	Tracy Weber (Lynbrook, San Jose)
2:10.8	*Denean Howard (Kennedy, GH)
2:12.8	Allison Ehlen (Santa Barbara)
2:12.9	Rennie Durrand (Laguna Beach)
2:13.3i	*Maria King (Milpitas)
2:13.39	*Carla Johnson (Manual Arts, LA)
2:13.5	*Polly Plumer (University, Irvine)
2:14.1i	Cindy Stoughton (Corona del Mar)

4:59.8	Shelly Hazlett (Saugus)
4:59.8i	Tracy Weber (Lynbrook, San Jose)
4:59.9	Michelle Mason (Buena, Ventura)
5:00.7	*Marilyn Davis (Miramonte, Orin)
5:03.5i	*Lori Lopez (Sacred Heart, LA)
5:04.1	Allison Ehlen (Santa Barbara)
5:04.9i	*Bonnie McGlinchey (Ft. Valley)

Two Mile

10:46.3	Michelle Mason (Buena, Ventura)
10:48.3	*Shell Lachel (Monte Vista, SD)
10:52.2	Marcia White (Miramonte, Orinda)
10:53.8	*Lori Lopez (Sacred Heart, LA)
10:55.0	Betsy Chadwick (Mira Mesa, SD)
10:57.3	Shelly Hazlett (Saugus)
11:01.9	Nina Manriquez (Burbank)
11:02.70	****Teresa Barrios (Univ., Irvine)
11:04.5	Patience Unger (Foothill, SANA)
11:06.8	Allison Ehlen (Santa Barbara)

100 Meter Hurdles

14.07	Val Flemmings (Northgate, Wick)
14.09	Sherifa Sanders (Berkeley)
14.1	Terry Haynes (El Cerrito)
14.2	Laura Mills (University, Irvine)
14.45w	Robyne Johnson (Berkeley)
14.3w	Aladrian Hunter (Dorsey, LA)
14.51	CeCe Chandler (Elsinore)
14.63	***Yvette Bates (Berkeley)
14.68	Yvette Williams (Chowchilla)
14.5w	Lisa Penny (Dorsey, LA)

300 Meter Hurdles

44.5	Cynthia Cooper (Locke, LA)
44.5	*Candy Mills (Jefferson, LA)
44.5	Aladrian Hunter (Dorsey, LA)
44.5	Sherifa Sanders (Berkeley)
44.7	Gayle Kellon (Walnut)
45.1	Karen Bonty (Manual Arts, LA)
45.3	Hemmans (Manual Arts, LA)
45.3	Kelley Ray (San Diego)
45.5	Julie Johnson (Monte Vista, Cup)
45.89	King (La Jolla)

400 Meter Relay

46.27	Berkeley
46.71	Kennedy, Granada Hills
47.3	Dorsey, Los Angeles
47.83	Manual Arts, Los Angeles
47.86	DeAnza, Richmond
48.04	Muir, Pasadena
48.2	Ganesh
48.5	Polytechnic, Long Beach
48.76	Carlmont, Belmont
48.7	Pius X, Downey

1600 Meter Relay

3:43.1	Kennedy, Granada Hills
3:48.95	Manual Arts, Los Angeles
3:49.5	Berkeley
3:56.0	Carlmont, Belmont
3:56.77	North, Torrance
3:57.25	Locke, Los Angeles
3:57.7	Walnut
3:58.3	Ganesh
3:59.5	Clovis West
3:59.76	Dorsey, Los Angeles

High Jump

5-9	*Debbie Disbrow (Granada, Liv)
5-8½	Allison Walker (Hoover, Glendale)
5-8	Laura Mills (University, Irvine)
5-8	Griffin (Hawthorne)
5-8	Robinson (Fremont, Sunvl)
5-8	*Tanya Mendonca (Mt. Whit, Vis)
5-8	Cooks (Wilson, Hacienda Hts.)
5-8i	Jenny Linderman (Sonora)
5-7	Stacy Newman (Agoura)

Long Jump

19-7w	Sherifa Sanders (Berkeley)
19-7w	Janice Padmore (Galileo, SF)
19-3½w	Robyne Johnson (Berkeley)
19-2	Sheila Nicks (Tulare)
18-11½	***Yvette Bates (Berkeley)
18-9	Brenda Bertillion (Sunset, Hay)
18-5½	*Sheila Frye (Poly, Long Beach)
18-2¾	Gayle Kennon (Walnut)
18-2½	Lawson (Crawford, San Diego)
18-2	Kim Snow (Muir, Pasadena)

Shot Put

50-1¾	**Natalie Kaaiawahia (Fullerton)
46-1	Debra Corley (Garces, Bakersfield)
46-0½	Lorraine Costanzo (Saugus)
43-5	Yolanda Fletcher (Crenshaw, LA)
43-4½	*Cindi Durschlag (San Carlos)
42-4½	*Wendy Bradshaw (Saugus)
42-4¼	Kim Childress (Locke, LA)
42-4	Laura DeSnoo (Washington, Frmt)
42-3	Gia Carrozzi (Carlmont, Belmont)
42-2¾	*Jill Crisler (Gunn, Palo Alto)

Discus

157-11	Laura DeSnoo (Washington, Frmt)
150-8	Karen Nickerson (Cordova, RC)
149-3	Jacque Norton (Mission Viejo)
147-4	Sue Compton (Marian, ImpBch)
141-3	**Natalie Kaaiawahia (Fullerton)
138-2	Diane Oswalt (Los Gatos)
137-4	Janet Whitney (Fresno)
136-11	Laura Mills (University, Irvine)
136-9	*Wendy Bradshaw (Saugus)
134-4	Mary Dentzinger (El Cerrito, Sacto)

Boys

100 Meters

10.39	Kenny Robinson (Berkeley)
10.52w	*Kevin Willhite (Cordova, RchCor)
10.57	Ken Smith (Palo Alto)
10.4	Kevin Shields (San Diego)
10.5	Leonard Graham (Centennial, Cpt)
10.5w	Larren Turney (Dorsey, L.A.)
10.5w	Antonio Manning (Hamilton, L.A.)
10.5w	Calvin Jackson (Dorsey, L.A.)
10.78	Harold Todd (Serra, Gardena)
10.81	Michael Crawford (Galileo, S.F.)

200 Meters

21.1	Leonard Graham (Centennial, Cpt)
21,50w	David Ashford (West Covina)
21.3	*Kevin Willhite (Cordova, RchCor)
21.3	Walter Murray (Berkeley)
21.3	Kenny Robinson (Berkeley)
21.59w	Allen (Eisenhower, Rialto)
21.65	White (Gunderson, San Jose)
21.66	Ken Smith (Palo Alto)
21.70	Calvin Jackson (Dorsey, L.A.)
21.70	*Lenny Davis (Pittsburg)

400 Meters

46.8	Kenny Robinson (Berkeley)
47.5	Leonard Graham (Centennial, Cpt)
47.8	Dave Timmons (Oakland)
48.03	*Fabian Cooper (Washington, LA)
47.9	Erwin Hickman (Fremont, L.A.)
47.9	Pete Richardson (Berkeley)
48.18	Tim Ware (Centennial, Compton)
48.1	Ron Brown (Muir, Pasadena)
48.27	*Tommy Barber (Bakersfield)
48.2	Charles Clewis (Berkeley)

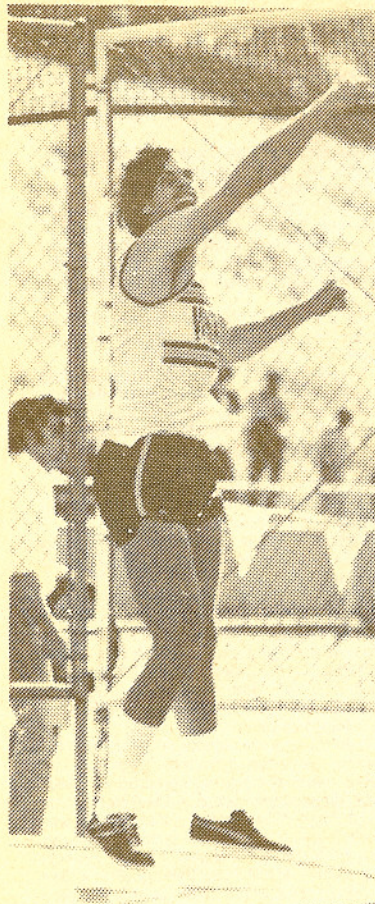


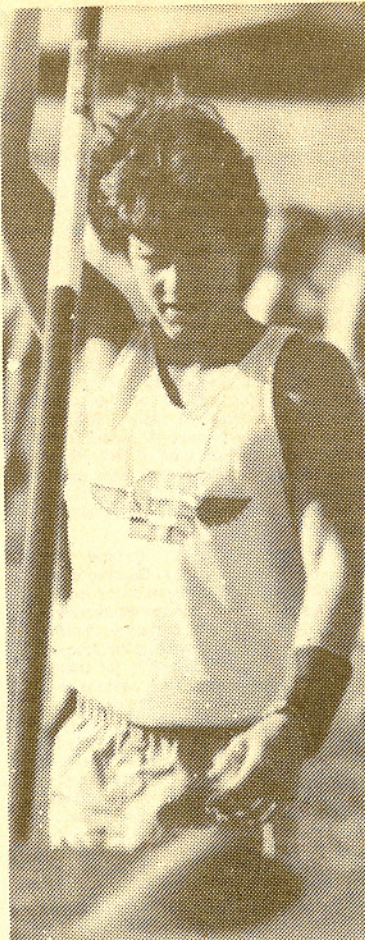
photo by Don Gosney

Chris Day



photo by Don Gosney

Laura DeSnoo



Doug Wicks

800 Meters

1:50.2	Pete Richardson (Berkeley)
1:51.6	Scott Cox (Wilson, Long Bch)
1:53.0	Steve Gerhart (Miramonte, Orin)
1:53.7	John Langerston (Berkeley)
1:53.84	Chris Monroe (Baptist, L.A.)
1:53.9	David King (Hawthorne)
1:53.9	Dave Rodriguez (Montgomery, SR)
1:54.2	Behring (La Habra)
*1:54.27	Greg Dazall (Bakersfield)
1:54.3	Barasa Thomas (Santa Barbara)

One Mile

4:11.31	Jon Butler (Edison, HntBch)
4:15.01	Scott Cox (Wilson, Long Beach)
4:15.7	Shawn Gallagher (Corona del Mar)
4:16.6	Barasa Thomas (Santa Barbara)
4:17.7	Paul Cox (Los Gatos)
4:17.9	Gary Gonzales (Clovis)
4:18.5	Joe Rubio (Willow Glen, San Jose)
4:19.2	Mike McCollum (Palo Alto)
4:19.6	Steve Gerhart (Miramonte, Orinda)
4:20.5	Nelson Bernal (Westmont, Cmpb)
4:20.5	Steve Valen (El Modena, Orange)

Two Mile

8:55.21	Jon Butler (Edison, HuntBch)
9:09.88	Jesse Torres (Independence, S.J.)
9:10.9	Gary Gonzales (Clovis)
9:11.37	Nelson Bernal (Westmont, Cmpb)
9:11.61	Michael Carlton (Northview, Cov.)
9:11.61	Cesarlo Marquez (Monroe, Sepulvd)
9:13.11	Jeff Atkinson (Mira Costa, MB)
9:13.67	Jeff Purrington (Willow Glen, SJ)
9:15.8	*Tim Berry (Ygnacio Valley, Crd)
9:16.4	*Brian Abshire (DeAnza, Rich)

400 Meter Relay

41.71	Berkeley
41.71	Dorsey, Los Angeles
41.80	Washington, Los Angeles
41.9	Muir, Pasadena
42.0	Castlemont, Oakland
42.0	Compton
42.15	Polytechnic, Long Beach
42.26	Centennial, Compton
42.2	Cordova, Rancho Cordova
42.2	Bakersfield

1600 Meter Relay

3:12.9	Berkeley
3:16.00	Centennial, Compton
3:16.41	Muir, Pasadena
3:17.21	Polytechnic, Long Beach
3:17.28	Crenshaw, Los Angeles
3:18.8	Oakland
3:19.1	Bakersfield
3:19.5	Temple City
3:19.8	Gardena
3:19.82	Locke, Los Angeles

High Jump

7-0	**Maurice Crumby (Balboa, SF)
6-11	Chris Bonner (Inglewood)
6-11	Jay Thorson (Laguna Beach)
6-10	Anthony Caire (Plus X, Downey)
6-10	Mike Powell (Edgewood, W. Cov)
6-10	Dave Wicker (Millikan, L. Bch)
6-9 1/4	*Rick Swensen (Clovis)
6-9	Victor Nehring (Camarillo)
6-9	Steve Sutherland (Monroe, Sepul)

Triple Jump

51-7 1/4	Vestee Jackson (McLane, Fresno)
50-6	*Ken Frazier (Mission, S.F.)
48-7	Ken Taylor (Yerba Buena, S.J.)
47-11 1/4	Ed Tave (Muir, Pasadena)
47-10 1/2	Paul Jones (Kennedy, Granada H)
47-6 3/4	Phillip Anderson (Fremont, L.A.)
47-6	Galtor (Mt. Miguel, Spring Valley)
47-6	Johnson (Stagg, Stockton)
47-5	Tommy Stewart (Bakersfield)
47-5	Jerome Hendrix (Hunt. Park)

Shot Put

63-10	Dennis DeSoto (Santa Rosa)
62-9	Junior III (Nogales, La Puente)
62-3	John Frazier (Antelope V., Lan)
61-5	Tim Dutro (Del Mar, San Jose)
60-7	Michael Aio (Banning, Wilmington)
60-4	Randy Arley (West, Bakersfield)
59-10	Paul Rosati (Acalanes, Lafayette)
58-3 1/2	Dave Maggard (Acalanes, Lafayette)
58-1	Kevin Jeffries (Newport Har, NB)
58-0	Pat Kyle (Buena Park)

Discus

185-11	Kevin Jeffrie (Newport Har, NB)
182-9	Antonio Dobbins (Burroughs, Rc)
181-11	Dan Westerfield (Capistrano VI)
174-9	John Berry (Northgate, WintCk)
174-5	Chris Day (Montgomery, S Rosa)
173-8	Dennis DeSoto (Santa Rosa)
172-6	*Dan Katches (Mills, Millbrae)
171-1	Brent Martin (Madera)
170-6	Tim Sutro (Del Mar, San Jose)
169-0	Junior III (Nogales, La Puente)

National Outdoor Leaders

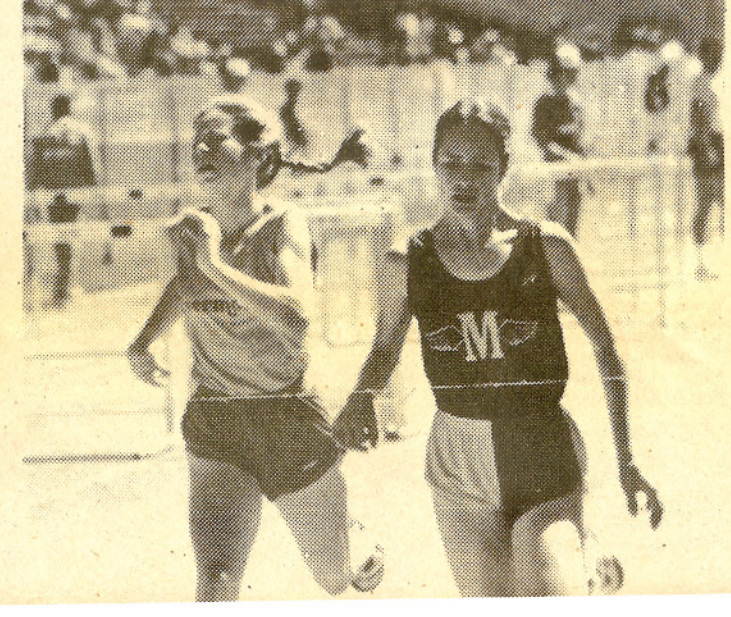
BOYS

100	Bishop (Yates, Houston, TX) 10.1
200	Graham (Centennial, Compt) 21.1
400	Robinson (Berkeley) 46.8
800	Richardson (Berkeley) 1:50.2
Mile	Guy (Pasadena, TX) 4:13.67
2 Mile	Torres (Independence, SJ) 9:09.88
110HH	Tave (Muir, Pasadena) 13.7
300LH	Ashford (West Covina) 36.5
400R	Kimball (Dallas, TX) 41.1
Mile R	Berkeley 3:14.0
HJ	Field (Mesa, AZ) 7-1 1/2
PV	Dial (Marlow, OK) 17-9 1/2
LJ	Smith (Houston, TX) 24-7
TJ	Jackson (McLane, Fresno) 51-7 1/4
SP	Walker (Lancaster, OH) 64-8 3/4
DT	Goad (Maringo, Iowa) 204-10

GIRLS

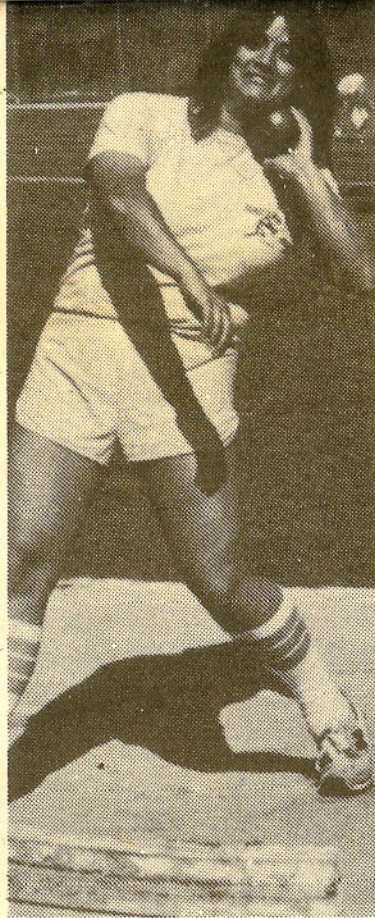
100	Ware (Berkeley) 11.59
200	D. Howard (Kennedy, GrHI) 23.8
400	D. Howard (Kennedy, GrHI) 53.3
800	Spies (Livermore) 2:08.0
Mile	Matava (Bellevue, WA) 4:56.9
2 Mile	Matava (Bellevue, WA) 10:19.1
100LH	Hairston (Kernersville, NC) 13.5
300LH	Bressant (Richmond, VA) 43.6
400R	Berkeley 46.27
Mile R	Kennedy, Granada Hills 3:44.4
HJ	Turner (Porter, TX) 5-10
LJ	West (Galena Park, TX) 19-6 1/4
SP	Kaaiawahia (Fullerton) 50-1 3/4
DT	DeSnoo (Washington, Frmt) 157-11

photo by Don Gosney





Dennis DeSoto



Lorraine Costanzo



Ronnie McCoy



Jessica Spies (left) and Maria King

110 Meter Hurdles

13.7	Ed Tave (Muir, Pasadena)
13.8	David Ashford (West Covina)
14.24	Ron McCoy (Edison, Fresno)
14.30	Mark Hale (Katella, Anaheim)
14.1	Todd Hart (Servite, Anaheim)
14.1	*Steve Kerho (Mission Viejo)
14.1w	Walter Murray (Berkeley)
14.48	Rudy Viramontes (Antioch)
14.51	*Robert Budwig (Clovis)

300 Meter Low Hurdles

36.5	David Ashford (West Covina)
36.6	James Knowles (Blair, Pasadena)
36.7	Ronnie Seanez (Gilroy)
37.0	Chris Chrisman (Poly, Riverside)
37.1	Mark Hale (Katella, Anaheim)
37.2	Ken Brajevich (Poway)
37.47	*Steve Kerho (Mission Viejo)
37.4	Robert Jones (Centennial, Cmp)
37.5	Riley (Compton)
37.6	Walter Murray (Berkeley)

Pole Vault

15-2 1/4	Doug Wicks (South, Bakersfld)
15-0 1/2	**Doug Fraley (Clovis West)
15-0	Marc Anderson (Buchser, S. Clara)
15-0	Bob Avant (Valhalla, El Cajon)
15-0	Mitch Norris (Del Mar, San Jose)
14-10	*Jeff Brooks (Lemoore)
14-8	Jeff O'Donnell (Buchser, S. Clara)
14-7	Paul Peters (Villa Park)
14-6 1/4	Mike Phillips (Carlmont, Belmont)

Long Jump

24-0 1/4	*Ken Frazier (Mission, S.F.)
23-11 1/2	*Clint Williams (Central, Fresno)
23-11	Ken Smith (Palo Alto)
23-10	Ron McCoy (Edison, Fresno)
23-9 1/2	Vestee Jackson (McLane, Fresno)
23-6 1/2	Ed Tave (Muir, Pasadena)
23-4 1/2	Atkins (Walnut)
23-4	Montgomery (Banning)
23-4	Ron Young (Locke, L.A.)
23-3 1/4	Sherman Brooks (Serra, Gardena)

Attention Coaches and Athletes: Please let me know of any additions or corrections to this list. I am particularly interested in first names and grades. I will try to run another list in the next issue. I will definitely have a year ending list this summer. *Send your marks to:* Keith Conning, 2235 Browning Street, Berkeley, CA 94702.



Kinney Cross Country Championships

HIGH SCHOOL CROSS COUNTRY RUNNERS & COACHES

Mark Your Calendars Now

The dates for the 1981 Kinney Cross Country Championships have been set as follows:

WESTERN CHAMPIONSHIPS
December 5, 1981 - Woodward Park, Fresno

NATIONAL CHAMPIONSHIPS
December 12, 1981 - Orlando, Florida

CLUB NEWS

By **MARTY HIGGINBOTHAM**

Clubs wishing to be in the "Club News" section of *California Track & Running News* should send a copy of their newsletter to: Club News Editor, Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277. Also, clubs are encouraged to occasionally send a black and white photograph of a member or members. Photos will be returned upon request. Your help and cooperation in publicizing your club will be very much appreciated.

Seniors Track Club

1626 Wellington Place
Westlake Village, CA 91361

Three STC members won their division at the Reggie Smith 10 Kilometer in Inglewood on February 15. Ray Gil won the 55-59 age group with an impressive time of 36:25. Eddie Lewin was victorious in the men's 60 plus category with his time of 39:07, teammate Steve Chiplis followed in second at 41:24. STC runners took another one-two finish as Helen Dick ran 41:26 winning the women's 50 plus division while fellow STC'er Ann Noble was next in 47:50. Stan Neufeld, age 57, set a personal record for the 10 kilometer distance with his time of 43:29.

At the February 22 Chatsworth 10k a group of eighteen STC runners competed. First club finisher was Steve Durand in 34:08. Four members captured divisional titles. Leading the way was Gene Blankenship timing 34:43 winning the 35-39 age group. Jim Knerr ran 36:41 to take the 45-49 division. Eddie Lewin took top honors in the 60 plus age group; he clocked an impressive 41:30. For the STC women Helen Dick won her second title in two weeks by winning the 55-59 category in 46:44.

Eddie Lewin once again captured the 60 plus division at the March 8 Marina Freeway Tree People 10K. Lewin timed a fast 39:45. Other STC runners included Dick Durand second in the 50-54 age group timing 38:18, and the club's top finisher, Steve Durand who ran a 33:33.



Stan Rosenfield

Visalia Runners

P.O. Box 3638, Visalia, CA 93278

Many club members ran in the Bartlett Mineral Springs Nutrition Fair Runs, consisting of a 15K and 3 mile.

In the 15 kilometer, which was the Athletic Congress Championship for Central California, the men's team nabbed a second place. They were led by Gary Campbell 51:47, third overall and second in the submaster age group. Rob Stephenson was the next club member in 53:42 for third in the submaster division. Next club finisher was Frank Padilla in 56:25. Padilla was the winner of the 40-49 age group. JoAnne Branco led the Visalia Runner's women competitors with her 71:14, which placed her second overall and first in the forty and over division. Following Branco was Cherie Stephenson winning the 30-39 age division in 77:37.

In the 3 mile race, Carol Salvador ran a 20:33 to take second in the 20-29 age group.

San Luis Distance Club

P.O. Box 1134, San Luis Obispo, CA 93406

The SLDC will hold a club workout on May 10, followed by a Mother's Day Breakfast. The club workout will consist of a four, seven or ten mile run. Members can choose whichever distance they prefer.

Five new members have joined the SLDC recently. Most notable of these newcomers is sixty-four year young Lew Dexter. Dexter has been running for fourteen years and has run in eleven marathons, including Boston!

SLDC members dominated the competition at the Second Templeton Hospitality Days 10 Kilometer. Club runners took a sweep of the top five positions and had a total of seven in the top ten. Leading the run-away of the top five spots was Mark Breish in 33:00, which established a new course record. Terry Barnes followed in 36:29, Tom Jefferies was next in 37:49, followed by Stan Rosenfield 38:21 and Mark Anderson 39:04.

Golden Gate Race Walkers

At the March 14 Nor Cal Seniors Track and Field 5 Kilo Race Walk, Chuck Marut timed a 25:16 to take first in the 40-44 age group. Teammate Harry Siitonen took the 50-54 division in 31:20.

March 22 at the Golden State Women's 10 Kilometer Race Walk held at Davis, club members took third and fourth places as Beth Sibley timed 61:17 (3rd) and Diane Mendoza finished in 64:26 (4th).



On February 15, Ray Gil won the 55-59 age group with an impressive time of 36:25. Eddie Lewin was victorious in the men's 60 plus category with his time of 39:07, teammate Steve Chiplis followed in second at 41:24. STC runners took another one-two finish as Helen Dick ran 41:26 winning the women's 50 plus division while fellow STC'er Ann Noble was next in 47:50. Stan Neufeld, age 57, set a personal record for the 10 kilometer distance with his time of 43:29.

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In the 3 mile race, Carol Salvador ran a 20:33 to take second in the 20-29 age group.

Aggie Running Club

1176 Buchon St., San Luis Obispo, CA 93401

Three members of the Aggie junior team traveled to the international junior cross country team trials. Mike McCollum finished in seventh place only a mere four seconds from the sixth position needed to make the team going to Spain. Rich Read was eighth and Paul McClure finished in eighteenth place.

Bill Britten was top Ag finisher at the Natural Light Half Marathon in Redwood City at the end of February. Britten ended up in second place. Other Ags included Dennis O'Halloran in seventh, Rich Langford eighth, and Peanut Harms in twelfth place. New Ag runner Stephanie Stout won the women's title followed by fellow Ag Denise Bigelow in second. Others included Kathy Way in fourth, Jolie Houston in fifth, and new Ag members Paula Ramirez and Chris Callias in tenth and eleventh. The Ags made a great showing here as both the men and women won the team competition.

Several Ag women competed in the women's Bonne Bell 10K in San Francisco. Leading the troops was Stephanie Stout placing sixth. Next Ag was Denise Bigelow in eighth, timing 37:00, followed by Vicki Bigelow in thirteenth at 37:56. Kathy Way finished twenty-first timing 38:10 while Jolie Houston ran 38:25, good for twenty-third.

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photo by Don Gosney

Mike McCollum



Bartlett Mineral Spring Water 1981 Independence Day Run July 4, 1981 4.0 Miles

Mooney Grove Park in Visalia, CA
Race 7:30 am Registration 6:30 am

Guest Runner: **GARY TUTTLE**

For Further Information
and Entry Blank, write:

Independence Day Run
1026 W. Princeton
Visalia, CA 93277



Las Vegas Track Club

4248 Fairfax Cr. No. 2, Las Vegas, NV 89109

Club member Larry Moore led a strong LV Track Club contingent in the Third Annual Roadrunner Marathon in Yuma, Arizona, on March 7. Moore took top honors as he won in 2:38:47. Rob Gardner and Pete Vidal placed fifth and sixth in 2:50:14 and 2:52:13. Dick Walsh took top honors for the third straight year in the veteran's division as he clocked 3:17:07. He was fifteenth overall. High school sophomore Victor Farina took the seventeen and under age group in 3:30:27; this was Farina's first 26.2 miler.

Recently the LVTC has added thirty five new members to its ranks bringing the clubs total membership to 254.

The LVTC is active all year long, as they have fifty-two weekly races a year, including four nationally promoted events. Along with the races, they host twenty-six "Tuesday Night Time Trials" at the UNLV track. They also provide technical and logistical assistance for area races that are not specifically sponsored by the LVTC. During the past year, the club granted funds for four college scholarships and helped sponsor college and high school runners in various national competitions.

Southern California Striders

The SCS will be hosting the 6th Annual Striders Relays on Saturday, May 16 at Cal State Northridge. For more information on this event contact Ann Smith, 22736 Mulholland Drive, Woodland Hills, CA 91364. This is one of the top masters meets on the 1981 schedule.

Five new members have recently joined the ranks of the SCS. Most notable of these new members is Bill and Barbara Evans. Both were members of long standing until a couple years ago. Bill will strengthen the field events for the SCS as he is a top notch high jumper.

Dolphin South End

Fresno Track Club

P.O. Box 6103, Fresno, CA 93703

At the recent Sanger Striders Six Mile, Al Lomeli nabbed a second place for the FTC as he timed 33:14. Gordon Keller and Frank Delgado each won their respective divisions. Keller clocked 34:48 to win the 30-39 category and Delgado timed 35:27 for victory in the 40-49 division. Gene Lynch finished third in the 40-49 with his 37:28 time. Ken Takeuchi finished second in the 50-59 division clocking 41:14.

Fifty and over competitor Liz DeMonte captured her division at the Bidwell Classic Half Marathon. Her time was 1:41:20 which destroyed the old course record for her age group. Brent DeMonte timed 1:31:31 which placed him seventh in his category.

April 5 Ken Takeuchi ran a 57:43 over the tough Kaweah River Eight Mile Run.

Bartlett Mineral Water Race Team

1026 W. Princeton
Visalia, CA 93277

The Bartlett Mineral Water Race Team opened its spring season by capturing the Central California Athletic Congress 15 Kilometer Championships March 28. Leading the way in this event was Juan Garcia in 50:01 for first overall. He led a clean sweep of the open division as Ed and Robert Taylor followed, running together for second; both timed 52:41. Ruby Hernandez timed 67:01 to take first place honors in the women's division. Bartlett Mineral Water Runners took a clean sweep of a three mile race held after the 15 kilometer run. Fred Castillo was first overall in 15:28, Bruce Greenway followed in second (first in 30-39 age group) and John Pitman was next in third at 16:00 (first in the 40-49 age division). Marjorie Thurlow captured her 15-19 division as she clocked 21:55.

April 4 Bob Higginbotham competed in the Sacramento Relays where he was a winner in the 50-54 age group 110 hurdles. He timed 17.9 only three tenths of a second off his best of 17.6. Also he leaped 15-4 in the long jump and timed 13.5 for fifth in the 100 meters.

Four club members ventured to the



Gene Lynch

High Sierra Track Club

112 Green Oaks, Visalia, CA 93277

Scott Thornton seems to have recovered well from his 2:28 marathon in February. He is back winning local road races already, as he took the Spring Fever Run held in Fresno on March 21.

Dave Bronzan led HSTC members at the Bartlett Mineral Springs Nutrition Fair Runs, 15K and 3 mile. In the 15k, which was the Central Cal-Athletic Congress 15K Championship, Bronzan timed a 51:01 for second place overall and first in the sub-master category. Sixty plus runner, Harry Harder, timed 68:07 for second place in the 60 and over division. In the 3 mile, A. R. Souza was victorious in the 50-59 division timing 18:26 while Karen Moritz ran 20:32 to win the 20-29 women's title.

Len Thornton continued to set 50-59 age group records at Central Valley races as he won his 50-59 age group and established a new course record at the March 28 Roeding Park Six Mile in Fresno.

At the April 5 Kaweah River Valley Eight Mile, David Bronzan ran 44:05 for second place overall, but an easy first in the 30-39 age group. Wayne Van Dellen was the next club finisher in 46:41. Van Dellen was first in the 40-49 age group and fifth overall. He was followed by fellow HSTC runner Len Thornton in 47:50.

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Jack's Athletic Supply

Southern California Striders

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Dolphin South End Runners

Club President Walt Stack was interviewed March 14 on the "Wide World of Sports" as the oldest finisher of the Iron Man Triathlon in Hawaii.

Several DSE runners ran in the Alameda County Heart Fund Association 100 Mile Run on February 22 and 23. Completing the full 100 mile run were John Notch (the race director) in 20:45 and Dick Collins timed 21:38.

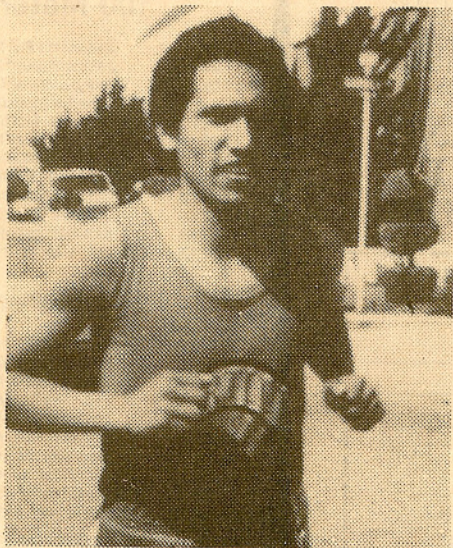
Many DSE members ran the March 8, Napa Valley Marathon. Susan Blake ran a personal best 3:08 to take first place in the 20-29 age division. Mavis Lindgren, age 74, set a world age group record (pending) with her time of 4:34. Already she holds world records in the 70 to 73 age groups. Other Dolphin South End members competing were Rick and Mary Narkin both clocked 3:55, Annabel Marsh 4:33, Jim Skophammer 4:06, Don Reid 4:23, Keith Weaver 3:59, Beverly Coleman 4:12, and Tony McDonagh turning in the fastest time for DSE runners with his 2:59.

Kay Atkinson established a new 60-64 age group record at the Bonne Bell 10 kilo held at Golden Gate Park in February. Her time of 47:22 will go into the record books.

Kilometer Championships March 28. Leading the way in this event was Juan Garcia in 50:01 for first overall. He led a clean sweep of the open division as Ed and Robert Taylor followed, running together for second; both timed 52:41. Ruby Hernandez timed 67:01 to take first place honors in the women's division. Bartlett Mineral Water Runners took a clean sweep of a three mile race held after the 15 kilometer run. Fred Castillo was first overall in 15:28, Bruce Greenway followed in second (first in 30-39 age group) and John Pitman was next in third at 16:00 (first in the 40-49 age division). Marjorie Thurlow captured her 15-19 division as she clocked 21:55.

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Four club members ventured to the foothills of the Sierra Nevada mountains to run the 8th Annual Kaweah River Valley Eight Mile. They swept the men's open division with Marty Higginbotham winning the race in 43:48, and Ed Taylor in second at 45:00 (third overall). Brother Robert Taylor was third, 46:39 (fourth overall). Ruby Hernandez ran a 58:55 to be the first woman across the finish line. Her time is the second fastest women's time run on the grueling course that runs a tough four miles up Kaweah River Valley and back down.



Juan Garcia

photo by Marty Higginbotham

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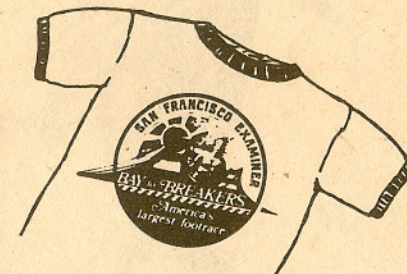
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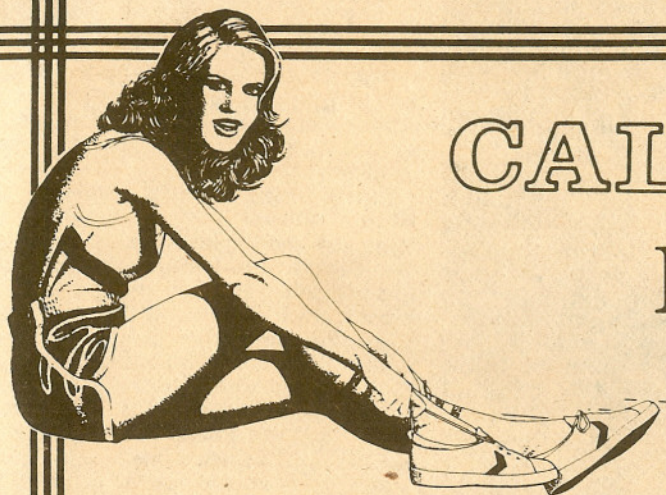
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CALIFORNIA'S TOP Female Marks 1981

Compiled by CALVIN BROWN

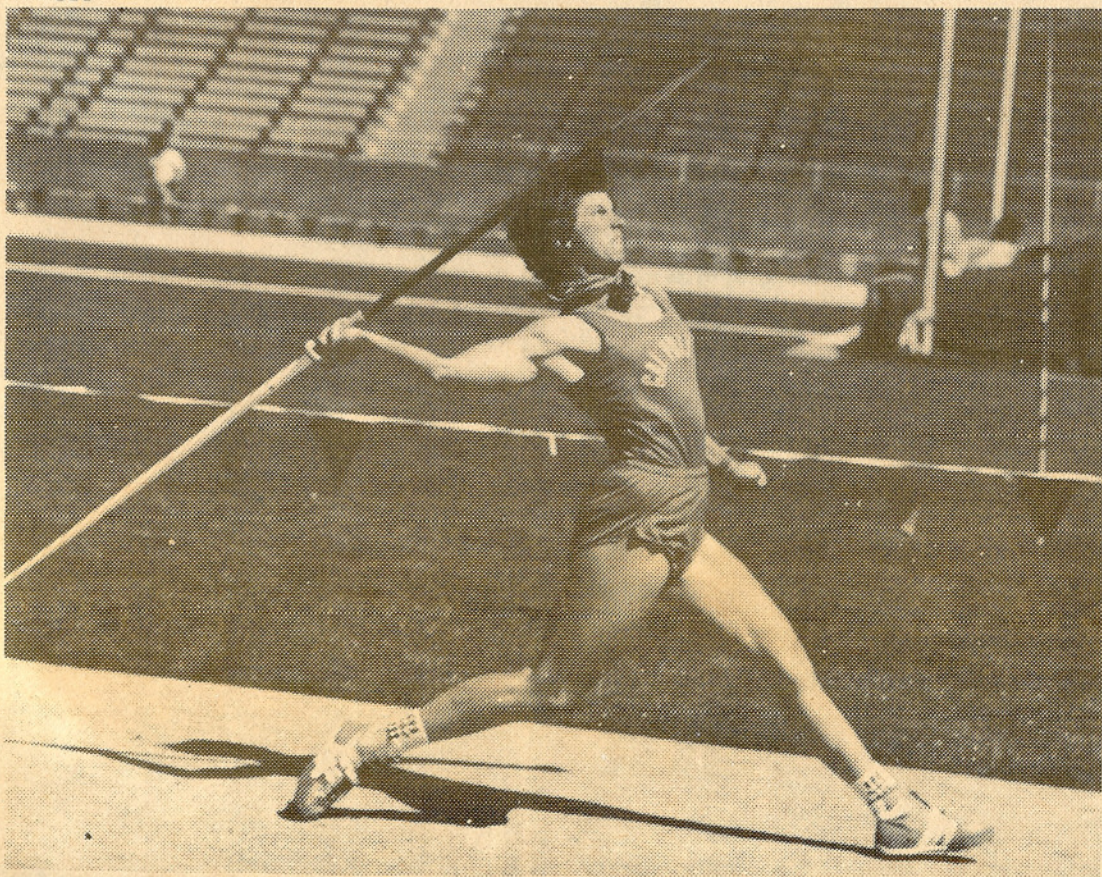


photo by Don Gosney

[Send all additions and/or corrections directly to Calvin Brown, 228 E. Artesia Blvd., Apt. C, N. Long Beach, CA 90805.]

Includes marks received through April 14.

100m Hurdles 33"

(HT + 0.24)

13.94 (1)	Rene Felton(SMTC)	3-28
13.98 ()	Maureen McGee(LAM)	
14.04 (2)	Kris Costello(Ore)	4-11
14.13 (3)	Missy Jerald(UCLA)	4-11
14.19 (6)	Lisa Gourdine(UCLA)	4-4
14.22 (1)	Alesia Sweeney(CSN)	4-5
14.23 (H1)	Jan Glotzer(LANTC)	3-28
14.4 (1)	Lori Smith(CSLB)	3-14
14.76 (3)	Natasha Smith(CSN)	4-5
14.82 (2)	Tonya Alston(UCLA)	3-7

110y Hurdles 30"

14.07 (1)	Val Fleming(NHS)	4-10
14.09 (1)	Sherifa Sanders(BHS)	
14.2 (1)	Laura Mills(UHS)	4-8
14.51 ()	Ce Ce Chandler(EHS)	
14.3w (1)	Aladrian Hunter(DHS)	3-27

330y Hurdles 30"

44.5m (1)	Sherifa Sanders(BHS)	
44.82 (1)	Gayle Kellon(WHS)	3-25
44.7 (1)	Cynthia Cooper(LHS)	4-3
44.7 (1)	Candy Mills(JHS)	4-9
44.7 (1)	Aladrian Hunter(DHS)	4-9

400 Meters

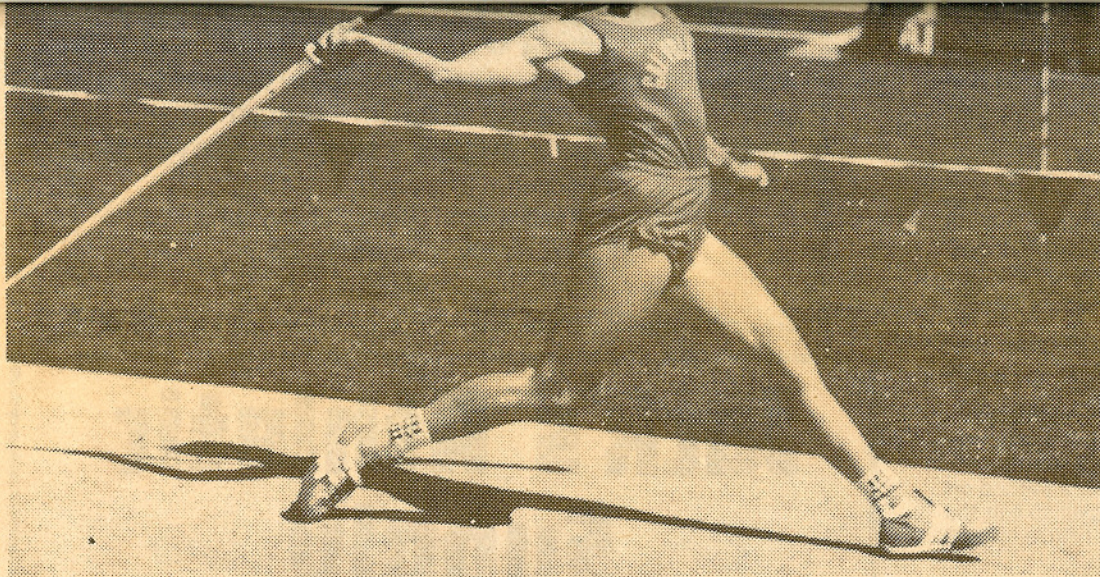
52.1 (1)	Jackie Pusey(CSLA)	3-28
52.6 (3)	Robin Campbell(StTC)	3-28
53.15 (1)	Oralee Fowler(UCLA)	4-11
53.2 (4)	Kelia Bolton(StTC)	3-28
53.6y (1)	Denean Howard(KHS)	4-9
53.6 (1)	Paulette Clagon(LAM)	4-11
53.7 (1)	Arlise Emerson(Shak)	2-15
54.00 (2)	Deann Gutowski(UCLA)	4-11
54.66 (1)	White (CAL)	4-5
55.40i (1)	Florence Griffith(Shak)	2-7

800 Meters

2:02.4 (1)	Robin Campbell(StTC)	4-11
2:04.0 (2)	Madeline Manning(Un)	4-11
2:06.3 (3)	Brenda Peterson(LAM)	4-11
2:08.0 (1)	Jessica Spies(LHS)	4-10
2:08.6 (3)	Maggie Keyes(AW)	2-14
2:08.9 (1)	Frnie Castro(CSH)	4-5
2:09.47 (1)	Regina Jacobs(LANTC)	3-28
2:09.7 (2)	Marilyn Davis(MHS)	4-10
2:10.1 (1)	Monica Joyce(SDS)	4-2
2:10.4 (3)	Tracy Weber(LHS)	4-10

1500 Meters

photo by Don Gosney



Karin Smith

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100m Hurdles 33"

(HT +0.24)

13.94 (1)	Rene Felton(SMTC)	3-28
13.98 ()	Maureen McGee(LAM)	
14.04 (2)	Kris Costello(Ore)	4-11
14.13 (3)	Missy Jerald(UCLA)	4-11
14.19 (6)	Lisa Gourdine(UCLA)	4-4
14.22 (1)	Alesia Sweeney(CSN)	4-5
14.23 (H1)	Jan Glotzer(LANTC)	3-28
14.4 (1)	Lori Smith(CSLB)	3-14
14.76 (3)	Natasha Smith(CSN)	4-5
14.82 (2)	Tonya Alston(UCLA)	3-7

110y Hurdles 30"

14.07 (1)	Val Fleming(NHS)	4-10
14.09 (1)	Sherifa Sanders(BHS)	
14.2 (1)	Laura Mills(UHS)	4-8
14.51 ()	Ce Ce Chandler(EHS)	
14.3w (1)	Aladrian Hunter(DHS)	3-27

330y Hurdles 30"

44.5m (1)	Sherifa Sanders(BHS)	
44.82 (1)	Gayle Kellon(WHS)	3-25
44.7 (1)	Cynthia Cooper(LHS)	4-3
44.7 (1)	Candy Mills(JHS)	4-9
44.7 (2)	Aladrian Hunter(DHS)	4-9

400m Hurdles 30"

60.88 (1)	Sandy Myers(LANTC)	3-28
61.35 (1)	Kathy Bowers(CSLB)	4-5
61.55 (1)	Deanne Johnson(StnTC)	3-28
61.78 (1)	Debbie Bottomley(SDS)	3-7
62.54 (1)	Missy Jerald(Shaklee)	3-28
62.74 (3)	Karen Taylor(Shaklee)	3-28
63.0 (2)	Laura Held(CPSLO)	3-21
63.59 (1)	Margaret Demorest(BHS)	4-10
63.78 (4)	Linda Hightower(CA)	3-28
64.14 (2)	Ann Linderemuth(SDS)	3-28

100 Meters

11.1 (1)	Jeannette Bolden(UCLA)	4-11
11.44 (H1)	Jackie Pusey(CSLA)	3-7
11.59 (1)	Sharon Ware(BHS)	4-10
11.4 (1)	Jennifer Inniss(CSLA)	4-4
10.5wy (1)	Gervaise McGray(GHS)	11.4w
11.69 (1)	Pam Marshall(LBCC)	3-28
10.6y (1)	Zelda Johnson(GHS)	11.5 3-19
11.5 (2)	Florence Griffith(UCLA)	4-11
11.81 (1)	Denean Howard(KHS)	3-21
11.82 (2)	Latanya Dawkins(DHS)	3-21
11.82 (2)	Kim Robinson(USC)	3-28
11.82 (2)	Debra James(FHS)	4-10

200 Meters

23.0 (1)	Florence Griffith(Shak)	2-15
23.66 (1)	Pam Marshall(LBCC)	3-28
23.7 (2)	Oralee Fowler(Shaklee)	2-15
23.98 (2)	Jeanette Bolden(UCLA)	4-11
23.8 (3)	Latanya Dawkins(DHS)	2-15
23.9y (1)	Denean Howard(KHS)	2-27
24.1y (1)	Gervaise McGraw(GHS)	4-4
24.38 (1)	Kim Robinson(USC)	3-28
24.45 (2)	Lisa Hopkins(IP)	3-28
24.4y (2)	Zelda Johnson(GHS)	4-4

400 Meters

52.1 (1)	Jackie Pusey(CSLA)	3-28
52.6 (3)	Robin Campbell(SITC)	3-28
53.15 (1)	Oralee Fowler(UCLA)	4-11
53.2 (4)	Kelia Bolton(SITC)	3-28
53.6y (1)	Denean Howard(KHS)	4-9
53.6 (1)	Paulette Clagon(LAM)	4-11
53.7 (1)	Arlise Emerson(Shak)	2-15
54.00 (2)	Deann Gutowski(UCLA)	4-11
54.66 (1)	White (CAL)	4-5
55.40: (1)	Florence Griffith(Shak)	2-7

800 Meters

2:02.4 (1)	Robin Campbell(SITC)	4-11
2:04.0 (2)	Madeline Manning(Un)	4-11
2:06.3 (3)	Brenda Peterson(LAM)	4-11
2:08.0 (1)	Jessica Spies(LHS)	4-10
2:08.6i (3)	Maggie Keyes(AW)	2-14
2:08.9 (1)	Frannie Castro(CSH)	4-5
2:09.47 (1)	Regina Jacobs(LANTC)	3-28
2:09.7 (2)	Marilyn Davis(MHS)	4-10
2:10.1 (1)	Monica Joyce(SDS)	4-2
2:10.4 (3)	Tracy Weber(LHS)	4-10

1500 Meters

4:14.9i (1)	Maggie Keyes(AW)	2-6
4:15.6i (2)	Francie Larrieu(PCC)	2-6
4:20.1 (1)	Cindy Schmandt(CAL)	4-5
4:22.0 (1)	Monica Joyce(SDS)	3-7
4:25.0 (1)	Michelle Bush(UCLA)	3-8
4:25.8 (1)	Vickie Cook(AHS)	4-10
4:25.8 (2)	Polly Plummer(UHS)	4-10
4:28.46 (2)	Sheila Ralston(UCLA)	4-11
4:29.91 (1)	Regina Jacobs(LANTC)	3-28
4:29.9 (1)	Kim Schnurpfeil(Stan)	3-21

3000 Meters

8:55.4i (1)	Francie Larrieu(PCC)	2-27
9:13.13 ()	Lynn Kanuka(SDS)	
9:20.4 (1)	Monica Joyce(SDS)	3-27
9:26.1 (1)	Cindy Schmandt(CAL)	4-5
9:31.9 (3)	Linda Goen(UCLA)	4-11
9:49.4 (1)	Pattisue Plumer(Stan)	3-21
9:49.6 (2)	Eileen Kraemer(CPSLO)	3-21
9:51.9 (1)	Vickie Cook(AHS)	4-10
9:52.46 (1)	Liz Baker(SDS)	4-2
9:52.9 (3)	Lynn Hjelte(CAL)	4-11

5000 Meters

15:49.37 (1)	Kathy Mintie(UCLA)	3-7
16:02.59 (2)	Lynn Kanuka(SDS)	3-7
16:07.3 (1)	Kim Schnurpfeil(Stan)	2-28
16:50.2 (2)	Liz Strangio(CPSLO)	4-5
16:50.3 ()	Michele Aubuchon(CSH)	
17:17.18 (3)	Liz Baker(SDS)	3-7
17:19.13 (4)	Beth Milewski(CSN)	3-7
17:37.95 (1)	Irene Cowley(CPSLO)	3-28
17:39.25 (2)	Evelyn Tribote(CSLB)	3-28
17:54.1 (2)	Becky Bonsall(SLOTG)	3-14

10,000 Meters

34:22.1 ()	Lynn Kanuka(SDS)	
34:48.5 (1)	Michele Aubuchon(CSH)	4-5
35:32.08 (1)	Liz Baker(SDS)	3-28
35:42.81 (2)	Liz Strangio(CPSLO)	3-28
35:55.6 (2)	Jan Oehm(CAL)	4-5
36:15.4 (3)	Beth Milewski(CSN)	4-5
37:41.72 (3)	Debbie Chaddock(SDS)	3-28
39:16.20 (4)	Kathy Kelley(CPSLO)	3-28

440 Yard Relay (4x110)

44.79m (1)	UCLA	4-11
46.13m (3)	Cal State Los Angeles	4-4
46.27m (1)	Berkeley High School	3-28
46.50m (1)	Cal State Bakersfield	3-28
46.71m (2)	Kennedy High School	3-28
47.30m (2)	USC	3-7
47.31m (1)	Cal State Northridge	4-5
47.5 (1)	Dorsey High School	3-27
47.65m (2)	Shaklee TC	3-14
47.80m (2)	Cal Poly SLO	3-28

2 Mile Relay (4x880)

8:53.43m (6)	UCLA	4-3
9:06.2m (1)	Sacramento State	4-5
9:13.1m (2)	Cal Poly SLO	4-5
9:16.29m (2)	San Diego State	3-7
9:21.5m (3)	Cal-Berkeley	4-5
9:44.3 (1)	N. Torrance HS	3-21
9:45.1 (1)	Foothill High School	3-7
9:48.78m (3)	Glendale CC	3-7
9:51.95 (1)	El Camino	3-14
9:53.17 (1)	Carson HS	3-21

880 Yard Relay (4x220)

1:39.79 (1)	Cal State Los Angeles	3-14
1:41.00 (3)	Cal State Bakersfield	3-14
1:41.86 (1)	Manual Arts HS	3-21
1:42.11 (2)	Kennedy High School	3-21
1:42.2 (1)	Berkeley High School	4-10
1:43.13 (3)	Cal State Northridge	3-14
1:44.58 (3)	Dorsey High School	3-21
1:44.8 (1)	Millikan High School	4-11
1:44.98 (1)	Locke High School	3-21
1:45.00 (5)	Cal Poly SLO	3-14

4 Mile Relay (4x1 mile)

20:48.3 (1)	Cal Poly SLO	3-14
21:12.2 (2)	UC Santa Barbara	3-14
21:57.88 (1)	Aviation HS	3-21
21:59.67 (2)	Millikan HS	3-21
22:09.47 (3)	Newbury Park HS	3-21
22:10.18 (4)	San Marino HS	3-21
22:15.1 (3)	RoadRunner TC	3-14
22:47.62 (6)	Banning HS	3-21
24:27.1 (4)	Cal State L.A.	3-14
24:52.4 (1)	Marymount HS	3-21

880 Yard Medley Relay

(110, 110, 220, 440)

1:39.98m (2)	UCLA	4-4
1:41.77m (1)	Cal State Los Angeles	3-7
1:42.56 (1)	LAM	3-14
1:43.51m (1)	Long Beach CC	3-28
1:45.30m (2)	Cal Poly SLO	3-28
1:45.98 (4)	Shaklee TC	3-14
1:46.51 (H4)	SCC	2-27
1:46.33m (3)	LA Naturite TC	3-28
1:47.09 (5)	Cal State Northridge	3-14
1:46.9m (2)	LAM-B	2-15

Distance Medley Relay

(440, 880, 1320, Mile)

12:01.0 (1)	Santa Barbara HS	3-28
12:06.13 (1)	Cal Poly SLO	2-14
12:08.8 (2)	Buena HS	3-28
12:40.71 (1)	Alemanly HS	3-21
12:42.8 (1)	Glendale CC	3-28
12:44. (3)	Camarillo HS	3-28
12:50.8 (2)	El Camino CC	3-28
12:53.2 (1)	N. Torrance HS	3-21
12:54. (4)	Long Beach Wilson HS	3-28
12:56.6 (5)	Thousand Oaks HS	3-28

Mile Relay (4x440)

3:37.95	UCLA	
3:40.461 (1)	LA Mercuresses	2-27
3:42.45 (1)	Stanford TC	3-28
3:44.4 (1)	Kennedy High School	3-28
3:45.761 (3)	Shaklee TC	2-27
3:47.11m (1)	Cal State Northridge	4-5
3:48.65m (2)	Cal Poly SLO	4-5
3:50.28 (2)	Manual Arts HS	3-21
3:49.13m (3)	Cal-Berkeley	4-5
3:49.40m (4)	Cal State Hayward	4-5

High Jump

6-3 3/4 (1)	Joni Huntley(PCC)	2-6
6-2 (1)	Phyllis Blunston(CSB)	2-14
6-1 (2)	Sue McNeal(CPSLO)	2-14
6-0 3/4 (1)	Pam Spencer(LANTC)	4-4
6-0 1/2 (2)	Tonya Aiston(Shaklee)	3-28
6-0 (1)	Kari G. Edwards(Shak)	3-7
6-0 (1)	Patsy Walker(Houston)	
5-11 1/4 (4T)	Anne Erpenbeck(Drak)	3-14
5-9 3/4 (4)	Patti Stafford(SDS)	3-28
5-9 (Hep)	Joan Russell(Unat)	3-27

Long Jump

20-7 1/4 ()	Jodi Anderson(LANTC)	
20-3 3/4 (1)	Jennifer Inniss(CSLA)	3-14
20-3 1/2 (1)	Joanna Harper(ELA)	3-14
20-3 (5)	Pam Donald(Stan)	3-14
20-2 1/2 (P)	Marlene Harmon(LAN)	2-22
20-2 (1)	Yvette Evans(LAM)	12-20-80
20-2 (1)	Michele Kelley(UCL)	4-11
20-1 1/4 (1)	Sandy Myers(LANTC)	4-4
19-10 1/4 (1)	Gwen Loud(LAM)	2-21
19-7 1/2 (6)	Veronica Bell(SCC)	2-27

Shot Put

(4 Kilo = 8lbs, 13oz.)

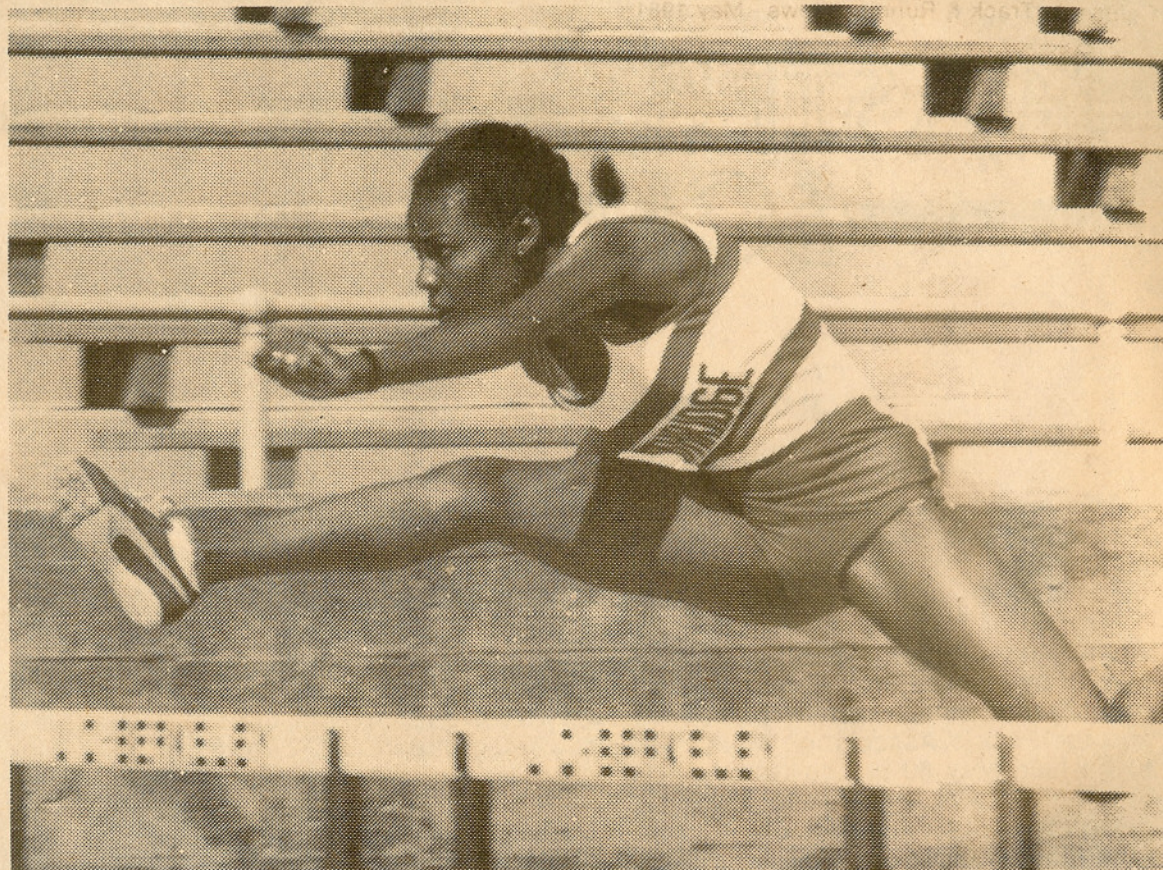
50-11 (1)	Lorna Griffin(Una)	1-18
50-1 1/4 (1)	Natalie Kaaiawahia(FHS)	4-5
49-11 3/4 (4)	Ramona Pagel(CSLB)	3-28
49-3 1/4 (1)	Susie Ray(UCLA)	4-11
48-10 1/4 ()	Carol Cady(Stan)	
48-3 1/4 ()	Annie McElroy(CSLB)	
47-6 ()	Debra Pryor(ASU)	
46-5 (1)	Kennedy(SDS)	2-21
46-5 (2)	Heidi Kauti(UCLA)	4-11
46-4 ()	Sharon Hamilton(CSB)	

Discus Throw

177-0 (3)	Leslie Deniz(ASU)	4-4
175-0 (1)	Lorna Griffin(Una)	3-13
169-0 (4)	Carol Cady(Stan)	3-28
167-0 (5)	Jan Svendsen(Unat)	3-28
163-7 (1)	Leslie Hoerner(CSLB)	3-14
159-4 (1)	Gale Zaphiropoulos(CA)	4-11
157-11 (1)	Laura DeSndo(WHS)	3-28
156-7 (3)	Sue Springer(CAL)	4-5
152-10 (1)	Lisa Vogelsang(Una)	3-14
152-9 (1)	Dana Olson(Houston)	3-19

Javelin Throw

204-6 (1)	Karin Smith(CPSLO)	4-5
194-6 (1)	Kate Schmidt(PCC)	4-4
179-8 (1)	Dana Olson(Houston)	3-19
177-8 (1)	Sherry Calvert(Una)	3-7
168-7 ()	Donna Mayhew(AZ)	4-4
165-11 (1)	Jacque Nelson(UCLA)	4-4
162-1 (1)	Mary Osborne(Stan)	3-21
161-7 (1)	Susie Ray(UCLA)	4-11
158-11 (2)	Lynn Dunton(AIA)	3-7
158-10 (1)	Engle(CAL)	2-14



Alesia Sweeney

photo by Don Gosney

photo by Don Gosney



photo by Don Gosney

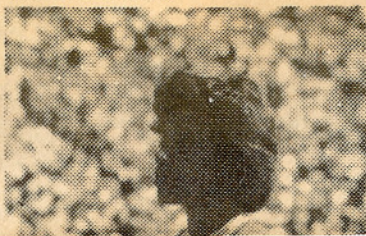


photo by Don Gosney



1:47.09 (5)	Cal State Northridge	3-28	12:53.2 (1)	N. Torrance HS	3-21
1:46.9m (2)	LAM-B	2-15	12:54. (4)	Long Beach Wilson HS	3-28
			12:56.6 (5)	Thousand Oaks HS	3-28

Mile Relay (4x440)

3:37.95	UCLA	
3:40.46i (1)	LA Mercuertes	2-27
3:42.45 (1)	Stanford TC	3-28
3:44.4 (1)	Kennedy High School	3-28
3:45.76i (3)	Shaklee TC	2-27
3:47.11m (1)	Cal State Northridge	4-5
3:48.65m (2)	Cal Poly SLO	4-5
3:50.28 (2)	Manual Arts HS	3-21
3:49.13m (3)	Cal-Berkeley	4-5
3:49.40m (4)	Cal State Hayward	4-5

High Jump

6-3 3/4 i (1)	Joni Huntley(PCC)	2-6
6-2 (1)	Phyllis Blunston(CSB)	2-14
6-1 (2)	Sue McNeal(CPSLO)	2-14
6-0 3/4 (1)	Pam Spencer(LANTC)	4-4
6-0 1/2 (2)	Tonya Alston(Shaklee)	3-28
6-0 (1)	Kari G. Edwards(Shak)	3-7
6-0i (1)	Patsy Walker(Houston)	
5-11 1/4 i (4T)	Anne Erpenbeck(Drak)	3-14
5-9 3/4 (4)	Patti Stafford(SDS)	3-28
5-9 (Hep)	Joan Russell(Unat)	3-27

Long Jump

20-7 1/4 (1)	Jodi Anderson(LANTC)	
20-3 3/4 (1)	Jennifer Inniss(CSLA)	3-14
20-3 1/2 (1)	Joanna Harper(ELA)	3-14
20-3i (5)	Pam Donald(Stan)	3-14
20-2 1/2 i (P)	Marlene Harmon(LAN)	2-22
20-2 (1)	Yvette Evans(LAM)	12-20-80
20-2 (1)	Michele Kelley(UCI)	4-11
20-1 1/4 (1)	Sandy Myers(LANTC)	4-4
19-10 1/4 (1)	Gwen Loud(LAM)	2-21
19-7 1/2 i (6)	Veronica Bell(SCC)	2-27

Shot Put

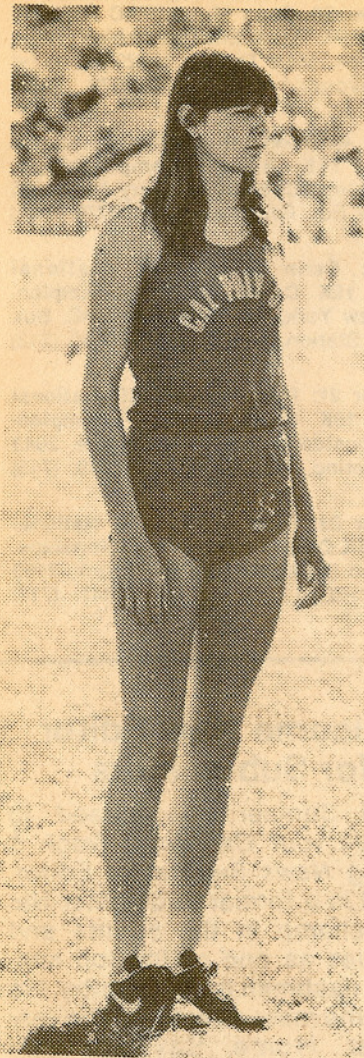
(4 Kilo = 8lbs, 13oz.)

50-11 (1)	Lorna Griffin(Una)	1-18
50-1 1/4 (1)	Natalie Kaalawahia(FHS)	4-5
49-11 1/4 (4)	Ramona Pagel(CSLB)	3-28
49-3 1/4 (1)	Susie Ray(UCLA)	4-11
48-10 1/4 (1)	Carol Cady(Stan)	
48-3 1/4 i (1)	Annie McElroy(CSLB)	
47-6 (1)	Debra Pryor(ASU)	
46-5 (1)	Kennedy(SDS)	2-21
46-5 (2)	Heidi Kauti(UCLA)	4-11
46-4 (1)	Sharon Hamilton(CSB)	

Discus Throw

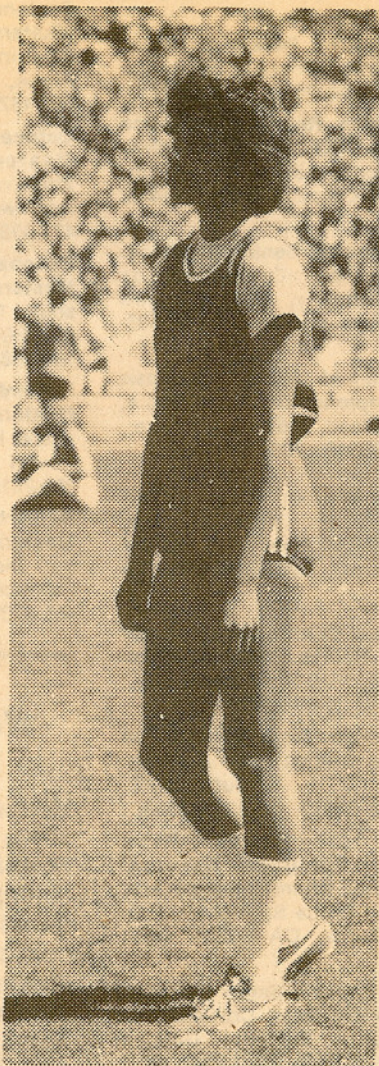
177-0 (3)	Leslie Deniz(ASU)	4-4
175-0 (1)	Lorna Griffin(Una)	3-13
169-0 (4)	Carol Cady(Stan)	3-28
167-0 (5)	Jan Svendsen(Unat)	3-28
163-7 (1)	Leslie Hoerner(CSLB)	3-14
159-4 (1)	Gale Zaphiropoulos(CA)	4-11
157-11 (1)	Laura DeSno(WHS)	3-28
156-7 (3)	Sue Springer(CAL)	4-5
152-10 (1)	Lisa Vogelsang(Una)	3-14
152-9 (1)	Dana Olson(Houston)	3-19

photo by Don Gosney



Sue McNeal

photo by Don Gosney



Phyllis Blunston

photo by Don Gosney



Cindy Schmandt(left) and Francie Larriou

Javelin Throw

204-6 (1)	Karin Smith(CPSLO)	4-5
194-6 (1)	Kate Schmidt(PCC)	4-4
179-8 (1)	Dana Olson(Houston)	3-19
177-8 (1)	Sherry Calvert(Una)	3-7
168-7 (1)	Donna Mayhew(AZ)	4-4
165-11 (1)	Jacque Nelson(UCLA)	4-4
162-1 (1)	Mary Osborne(Stan)	3-21
161-7 (1)	Susie Ray(UCLA)	4-11
158-11 (2)	Lynn Dunton(AIA)	3-7
158-10 (1)	Engle(CAL)	2-14

Pentathlon

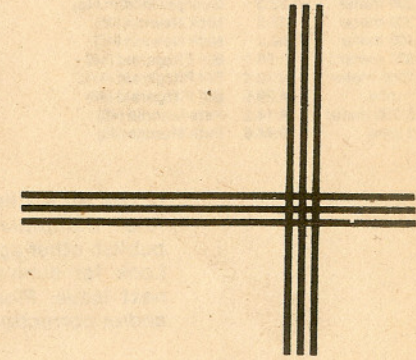
(H. SP-4K. HJ. LJ. 800)

4254i (2)	Marlene Harmon(LAN)	2-22
	8.55(60m), 35-6, 5-7 1/4, 20-2 1/2, 2:16.48	
4215i (1)	Patsy Walker(Houston)	3-14
	8.62, 39-8 1/2, 5-10 1/2, 18-6, 2:20.64	
3513 (x)	Chris Dubois(CPSLO)	2-14
	17.03, .5-4, 16-9 1/2, .	

Heptathlon

(100mH. SP-4K. HJ. 200. LJ. JT. 800)

5426 (1)	Joan Russell(Una)	3-27/28
	15.10, 35-9 1/4, 5-9, 26.3, 18-2 1/4, 109-3, 2:16.4	
5292 (2)	Kerry Zwart(USC)	3-27/28
	15.39, 42-6 1/4, 5-6 3/4, 26.3, 18-1 3/4, 102-10, 2:27.5	
5222 (3)	Carrie McLaughlin(SDS)	3-27/28
	15.39, 37-4 3/4, 5-3 1/4, 25.9, 17-9 1/4, 116-9, 2:23.8	
4771 (4)	Chris Dubois(CPSLO)	3-27/28
	16.47, 31-4, 5-3 1/4, 26.6, 15-11, 98-1, 2:18.4	
4638 (5)	Roberta Lenard(UCSB)	3-27
	17.20, 34-7, 5-0 1/2, 27.1, 16-6 1/2, 88-4, 2:19.6	
4563 (6)	Lori Smith(CSLB)	3-27/28
	14.77, 30-2 1/2, 5-6 3/4, 25.2, 15-1 1/4, 79-11 1/2, 2:58	



MASTERS SCENE

By MARTY HIGGINBOTHAM

This month is a good month for master track athletes. Four outstanding masters track and field meets are on slate in May.

May 9, in Van Nuys, are the Grandfather Games, followed on May 16 by the Striders Relays, the May 23 Redlands Masters Meet and the Pacific Association Meet to be held May 30 in Los Gatos. See the masters schedule for the person to contact and for more information on these meets.

Forty-two year old Jim Bowers of Santa Rosa achieved an outstanding feat as he was the overall winner of the 1981 Seaside Marathon in Oregon held at the end of February. He timed a very fast 2:24:18. He outdistanced his nearest competitor by three minutes and fifty-seven seconds. Bowers is also the holder of the U.S. Masters 25K record at 1:22:39.

Entry forms for the Pacific Association Championships May 30, Western Regional Championships June 20-21 and the National Championships August 15-16, are already available. All three meets will be held in Los Gatos at Los Gatos High School, which offers a terrific all-weather track facility. Bruce Springbett is meet director for all three of these major events.

Last month four Californians had their new U.S. age group records officially approved by the NRDC. Congratulations should go out to Ivor Welch of Pacifica with a new 85-89 age group U.S. 10K mark of 1:15:49. Dorothy Stock of La Mesa ran a 58:18 15K to establish a 45-49 age group mark. Anne Johnson also set a 15K mark of 1:02:00 for the 50-54 age group. Also Helen Dick of Los Angeles rewrote the record books when she timed a 3:08.48 marathon to set a new 55-59 age group mark.

Corona Del Mar Track Club won three relays in the 1980 Postal Competition. CDM took firsts in the 40-49 division 400m, 800m and 1600m relays. Five men made up these three winning teams. They were: Al Henry, Gary Miller, Doug Smith, Ken Dennis and Percy Knox. West Valley Track Club established a national record as they timed 8:25.4 for the 2 mile relay in the 40-49 age group. Southern California Striders won the distance medley relay in 11:28.1 while the San Diego Track Club took the sprint medley relay in 3:50.9.

California Track and Running News wishes California's master track and field athletes a very suc-

SCHEDULE

Long Distance

Included here are the 1981 Penn Mutual Athletic Congress Masters Championships.

May 10: TAC National Open Men and Masters Marathon Championships. Raleigh, North Carolina. North Carolina TAC, P.O. Box 10825, Raleigh NC 27608. (919) 851-5752.

June or July: Penn Mutual/Tac National Masters 25K Road Championships. Denver, Colorado. Joe Arrizola, 12336 E. Kentucky Ave., Aurora, CO 80012. (303) 343-0887.

July 4: Bartlett Mineral Springs Independence Day Four Mile Race. Mooney Grove Park, Visalia. Independence Day Run, 1026 W. Princeton, Visalia, CA 93277. *Please see advertisement in this issue.*

September: TAC National Open and Masters 50 Mile Track Championships. Buffalo, New York. Niagara TAC, 3925 Harlem Rd., Buffalo, NY 12246. (716) 839-3936.

September 13: Penn Mutual/TAC National Masters 50K Road Championships. Brattleboro, Vermont. Ann Parry, Famolare AA, 4 E. 54th St., New York, NY 10022.

September: TAC National Junior and Masters 20K Road Championships. Catskill, New York. Dick Vincent, Jct. 9W & 23A, Catskill, NY 12414. (518) 943-4767.

September 26: Penn Mutual/TAC National Masters 10K Road Championships. Kent, Washington. Mike Thould, 15929 NE 141st Place, Woodlinville, WA 98072. (206) 485-4679.

October 4: Penn Mutual/TAC National Masters 15K Road Championships. Washington, DC. SASE to Larry Noel, 105 Northway Rd., Greenbelt, MD 20770. (301) 474-9362.

Listed here are events specializing in masters competition and of interest to California masters. Also check the regular scheduling section in each issue as many events listed there also feature masters divisions. Please send scheduling information to: California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

Track & Field

MAY 9: 11th Annual Grandfather Games. Los Angeles Valley College, Van Nuys. George Ker, 8220 Langdon Ave., No. 36, Granada Hills, CA 91344. (213) 758-3770.

May 16: 6th Annual Striders Relays. Cal State University - Northridge, 10 am. Ann Smith, 22736 Mulholland Dr., Woodland Hills, CA 91364. (213) 348-6352. *Please see advertisement in last month's issue.*

May 23: Redlands Masters Track & Field Meet. Redlands University. Buzz Wagner, 1522 Margareta Dr., Redlands, CA 92373. (714) 793-2638.

May 30: Pacific Association Athletics Congress Masters T&F Championships. Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031. (408) 354-2005.

May 31: Herbert Hoover Relays. Stanford University, Palo Alto. Van Parish, 148 Hedge Rd., Menlo Park, CA 94025. (415) 325-7275.

June 20-21: Western Regional Athletics Congress Masters T&F Championships. Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031. (408) 354-2005.

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California Track and Running News wishes California's master track and field athletes a very successful and enjoyable 1981 season.

California Masters Top Marks of the Decade 1970-1979

By PERCY KNOX

45-49

50 yard	5.8	Shirley Davisson (45)	75	5,000 meter	15:36.8	Pete Mundle (46)	74
60 meter	6.96e	Percy Knox (45)	79	10,000 meter	32:30.8	Pete Mundle (46)	74
100 yard	10.0	Percy Knox (45)	79	110 HH (36")	15.5	Dave Jackson (45)	77
100 meter	10.9	Percy Knox (45)	79	400 IH	60.5	Ted Rademaker (48)	73
200 meter	22.3	George Rhoden (45)	72	High Jump	6-0	Herman Wyatt (47)	79
300 meter	37.5	Nick Newton (46)	79	Long Jump	21-11½	Shirley Davisson (45)	75
400 meter	52.0	Nick Newton (45)	79	Triple Jump	44-4	Dave Jackson (45)	77
800 meter	1:58.1	Bill Fitzgerald (48)	73	Pole Vault	13-9	Vic Cook (47)	79
1500 meter	4:10.4	Bill Fitzgerald (47)	72	Shot Put	49-1½	George Ker (49)	72
1 mile	4:29.5	Bill Fitzgerald (46)	72	Discus	167-8	Fortune Gordien (47)	76
3,000 meter	9:14.2	Pete Mundle (46)	75	Javelin	204-8	Phil Conley (45)	79
2 mile	9:44.6	Pete Mundle (46)	74				

The above list was compiled by Percy Knox. *California Track & Running News* will publish other age divisions in future issues. Look for submaster decade bests in the next issue. Please send in any additions and/or corrections.

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June 27-28: 12th Annual Senior Olympics. University of Southern California, Los Angeles. Warren Blaney, 5670 Wilshire Blvd., Suite 300, Los Angeles, CA 90036. (213) 938-5548.

July 4-5: 4th Annual North American Masters T&F Championships. Philadelphia, PA. Contact: Jim Weed, 11672 E. 2nd Ave., Aurora, Colorado 80010. (303) 341-2980.

July 18: TFA/USA Western Masters T&F Championships. UCLA's Drake Stadium. Michael Sims & Associates, 5419 Sunset Blvd., Los Angeles, CA 90029. (213) 462-7360.

August 1: 9th Annual Corona del Mar "Don Palmer Memorial" Relays. Santa Ana College. Dave Jackson, 1910 S. Andmark Ave., Carson, CA 90746. (213) 638-7125.

August 8-9: 5th Annual Home Savings Pan American Masters Games. Los Angeles. Hilliard Sumner, 22713 Ventura Blvd., Woodland Hills, CA 91367. (213) 884-1349.

August 15-16: 14th Annual Penn Mutual/Athletics Congress National Masters Track & Field Championships. Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95031. (408) 354-2005.

October 3: 8th Annual Santa Barbara Masters Track & Field Meet. University of California at Santa Barbara. George Adams, P.O. Box K, Goleta, CA 93017. (805) 687-6323.

1026 W. Princeton, Visalia, CA 93277. *Please see advertisement in this issue.*

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October 4: Penn Mutual/TAC National Masters 15K Road Championships. Washington, DC. SASE to Larry Noel, 105 Northway Rd., Greenbelt, MD 20770. (301) 474-9362.

October: Penn Mutual/TAC National Masters 15K Cross Country Championships. New York, NY. New York RRC, Box 881, FDR Station, New York, NY 10150. (212) 580-6880.

November 21: Penn Mutual/TAC National Masters 10K Cross Country Championships. Houston, Texas. Pete League, 2043 Round Spring, Kingwood, TX 77339. (713) 358-2515.

November 28: Penn Mutual/TAC National Masters 5K Cross Country Championships. San Diego (Balboa Park). Bill Stock, 7160 Baldrich Rd., La Mesa, CA 92041. (714) 466-8700.

Welcome New Editor for Submasters

Hilliard Sumner has agreed to serve as your *California Track & Running News* Submaster Editor. Hilliard is a former Submaster National champ in the sprints and continues as one of the top submaster dashmen in the country. He also is the meet director of the very popular Home Savings Pan American Games meet. Send submasters information to Hilliard Sumner, Jr., 22713 Ventura Blvd., Suite F, Woodland Hills, CA 91364.

Fitness Games

By DAVE THORESON

National participation in the Short Decathlon and Fitness for Life is offered monthly to all people. Spring is here. Support a program that will improve your fitness and participate. Remember, more important than winning is taking part.

Short Decathlon: Hamden, CT Centurians national record is 451 points. We made a mistake in their point tally last month. This month they scored 433 points and still await a challenge from the fire department.

Fitness for Life: The Miller's, a husband and wife team, established a new national record. Their total points were 264, with 129 from 43 year old Gary and 135 from 46 year old Christel.

Training Tips: The forward crabwalk in the Fitness for Life program measures up-

per body strength. The faster you go, the stronger you are. The crabwalk requires coordination and must be worked to perfect. The heavier person is at a disadvantage because of the strength to mass relationship such as in the pull-up. The forward crabwalk strengthens the hands, arms, shoulders and stomach efficiently with minimal time and facility. *Crabwalk Form:* Run off your feet, keep your hands forward and run over hands pushing off fingertips. Train the crabwalk by doing 3 sets of 25 meters, 3 times a week or forward crabwalk until your arms fatigue. Walk back and repeat 2 times, 3 times a week.

Send in questions about training or programs that have worked for you. We need input to motivate and encourage greater participation. Fitness Games is a tool that promotes consistent training. Any suggestions are welcome.

Best marks and results to date:
Short Decathlon Individual Scores
 195 Ed Oleata (43) SDTC
 193 Jim Minah (61) SBFC
 190 Dave Thoreson (39) SBFC
 180 Ray Spencer (51) SDTC
 170 Ron Collins (47) SBFC

Short Decathlon Team Scores:
 541 Santa Barbara Fitness Club
 527 San Diego Track Club
 468 Southern Oregon Sislers 1
 451 Hamden, CT Centurions
 384 Southern Oregon Sislers 2

Fitness For Life Individual Scores:
 143 Ron Collins (48) SBFC
 137 Dave Thoreson (39) SBFC
 130 Jim Minah (61) SBFC
 114 Mark Zelezny (22) GFC
 94 Wendel Hans (38) GFC

Fitness For Life Team Scores:
 403 Santa Barbara Fitness Club
 290 Goleta Fitness Club

If you are interested in participating in Fitness Games monthly competition designate your program preference, Short Decathlon or Fitness for Life. Then write or phone for scoring tables and Fitness Games information to: Dave Thoreson, 744 D Cieneguitas, Santa Barbara, CA 93110. (805) 964-4514. Send results by the 25th of each month, plus \$1.00 handling charge.



Doug Smith

Nike/Penn Mutual 15KM Masters Grand Prix Regional Championship

From BILL STOCK

March 22, San Diego. Weather clear, 60 degrees F.

Mike Tymn of the Mid-Pacific Road Runners is no slouch. He is a tough and a good competitor. Dan McCaskill of the San Diego Track Club is a brand new kid on the block, who turned 40 eleven days before the Nike/Penn Mutual Masters Grand Prix 15KM race in San Diego. All the locals have been watching Dan getting faster and faster as he approached maturity, age 40, that is: Bill Meinhardt of the West Valley Joggers and Striders is another tough hombre who won the AC M40 5000 Meter Cross Country Championship in San Diego last November.

These three locked up in one helluva duel right from the starting gun with a first mile in 4:58 and the 5KM at 15:50. At the 7.5KM turnaround Dan made a surge and moved out a few yards, but a quarter later Mike and Bill had closed the gap. All three men were working pretty hard, but Bill looked like he might be barely hanging on. When the gap closed, Dan decided to cool it until "the Info Center" which would be less than a mile from home.

10KM at 32:15 had Mike and Dan tight together with Bill beginning to drop back a hair. Off Fiesta Island and onto the bayside sidewalk at 7 plus miles and the run for home. It's certain nobody was checking the stage of the tide or how many sailboats or water skiers were out! With give or take 1,000 meters to go at the Info Center, Cas made his go for broke move and pulled past Mike and surged away. Mike finished in what would have been a new age 40-44 division American record of 49:17, but the problem was that Dan had hit the line in a new mark of 49:12. A first class confrontation and a classic race, with all three men doing themselves proud.

The competition in almost all the various age divisions was pretty tough, but most notably in the M45. Bill Crum of the San Diego Track Club ran 53:13 and finished 4th! Andre Tocco of the Culver City Athletic

Club led the parade of speedsters with a 51:16 good for 5th overall. In 2nd place was Jim Gallup of MPRR at 52:16 followed by third placer Truman Clark, Southern Cal Striders, in 53:03.

The women's race was also a well-run, tough affair. 35 year old Bonnie Storm of the West Valley Track Club ran a good 59:51 to lead her team to the regional title. She was followed by teammate Joan Ulyyot in 60:29, while Jenny Wright of the San Diego Track Club was third overall and first 45-49 with a 60:44. Jenny led the SDTC team to second place.

The Mid-Pacific Road Runners won a long trip from Hawaii to Philadelphia for the Grand Prix finals while a shorter trip from San Francisco was hauled in by the West Valley Track Club women.

1 Dan McCaskill (40, Chula Vista) SDTC	49:12
2 Michael Tymn (43, Hawaii) MPRR	49:17
3 Bill Meinhardt (40, Los Gatos) WVJS	49:49
4 Jeremy Clark (44, Hawaii) MPRR	50:48
5 Andre Tocco (45, San Pedro) CCAC	51:16
6 Bart Coventry (40, San Pedro) CCAC	51:35
7 William Jenney (40, San Diego) WVJS	51:40
8 Skip Shaffer (43, Fullerton) CCAC	51:58
9 James Gallup (45, Hawaii) MPRR	52:16
10 Gary Sampson (40, Spring Valley) SDTC	52:18
11 David Holland (49, Palos Verdes) CCAC	52:23
12 Jim O'Neil (55, San Diego) SDTC	52:41
13 Frank Saiz (41, La Mesa) BPHT	52:49
14 Truman Clark (45, Port Hueneme) SCS	53:03
15 Bill Crum (45, Crestline) SDTC	53:13
16 Kent Guthrie (44, Lafayette) WVJS	53:30
17 Johnny Faerber (44, Hawaii) MPRR	53:32
18 Dennis Richard (36, Spring Valley) SDTC	53:35
19 Ray Hughes (42, Mt. Baldy) CCAC	53:42
20 Mike La Pierre (41, Hawaii) MPRR	53:49
21 James Murphy (41, Burbank) SCS	54:11
22 Howard Moody (40, San Diego) BPHT	54:33
23 Russell Bonham (49, Indiana) BTC	54:49
24 Terry Dockery (36, San Diego) PTC	55:16
25 Nelson Crader (41, San Diego) SCS	55:38
28 Bill Stock (51, La Mesa) SDTC	55:47
32 Patrick Devine (52, San Pedro) CCAC	57:08
43 Dick Robinson (50, Bonita) Una	59:31
48 Rudy Iglesias (56, San Diego)	59:47
49 Bonnie Storm (F35, Woodside) WVTC	59:51
51 Joan Ulyyot (F40, San Francisco) WVTC	60:29
53 Jennifer Wright (F45, San Diego) SDTC	60:44
55 Karen Lanterman (F36, La Mesa) WVTC	61:11
57 Marilyn Harbin (F43, Martinez) WVTC	61:20
59 Russell Doolittle (50, San Diego)	61:26
60 Jo Anne Wichary (F44, San Diego) SDTC	61:28
61 Suzie Klein (F36, Hawaii) Una	61:29
64 Noel Murchie (F45, Hawaii) MPRR	62:22
77 Nicki Hobson (F50, San Diego) SDTC	64:35
84 Bob Lehman (61, Reedley) HSTC	66:22
86 Hal Eirick (62, San Diego) SDTC	66:56
87 Mary Storey (F56, Riverside) SDTC	67:33
92 Casey Poole (59, San Diego)	68:56
93 Elsa Evans (F46, San Diego) SDTC	69:54
98 Seymour Klein (65, San Diego) SDTC	73:40
99 Merry Vansant (F51, San Diego)	74:57
112 Gerry Davidson (F60, Fallbrook) SDTC	79:51

The National
MASTERS
 Newsletter



SO. CALIFORNIA  CONVERSE SERIES

TFA-USA 1981



Doug Smith

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- 28 Bill Stock (51, La Mesa) SDTC 55:47
- 32 Patrick Devine (52, San Pedro) CCAC 57:08
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- 48 Rudy Iglesias (56, San Diego) 59:47
- 49 Bonnie Storm (F35, Woodside) WVTC 59:51
- 51 Joan Ulyot (F40, San Francisco) WVTC 60:29
- 53 Jennifer Wright (F45, San Diego) SDTC 60:44
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- 64 Noel Murchie (F45, Hawaii) MPRR 62:22
- 77 Nicki Hobson (F50, San Diego) SDTC 64:35
- 84 Bob Lehman (61, Reedley) HSTC 66:22
- 86 Hal Elrick (62, San Diego) SDTC 66:56
- 87 Mary Storey (F56, Riverside) SDTC 67:33
- 92 Casey Poole (59, San Diego) 68:56
- 93 Elsa Evans (F46, San Diego) SDTC 69:54
- 98 Seymour Klein (65, San Diego) SDTC 73:40
- 99 Merry Vansant (F51, San Diego) 74:57
- 112 Gerry Davidson (F60, Fallbrook) SDTC 79:51

The National MASTERS Newsletter



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George Cohen

SO. CALIFORNIA CONVERSE SERIES

TFA-USA 1981

PACIFIC MASTERS

TRACK AND FIELD CHAMPIONSHIPS

SATURDAY, JULY 18, 1981



UCLA

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Best Marks Community College 1981

Compiled by: **KEN DOSE & EVANS RODERICK**

photo by Bob Fries



photo by Bob Fries

Includes marks received through April 10. Please send additions and corrections to: California Track & Running News, P.O. Box 6103, Fresno, CA 93703. **Community College Coaches:** Please send in best mark updates, results and photos. We are especially in need of good black & white photos of community college athletes.

1500 Meters

4:41.3	Cobb (Hart)	3-13	5-6	Walker (DA)	3-13
4:41.4	Crisp (MJC)	3-7	5-6	Broussard (SJ)	4-4
4:43.3	Sellon (MSAC)	3-6	5-5	Villa (Cerritos)	2-27
4:45.2	Wyckoff (COS)	3-7	5-4 1/2	Strain (LMC)	3-7
4:45.4	Figliomeni (WV)	2-28	5-4	Gold (Napa)	3-13
4:47.9	Martin (Mira Costa)	2-27	5-4	Sconiers (FCC)	4-4
4:48.9	Cregut (Ventura)	4-3	5-4	House (SHA)	4-4
4:50.2	Bray (WV)	2-21	5-4	Kochendorfer (SR)	4-4
4:50.7	Allred (ARC)	3-7	5-4	Von Essen (Ventura)	4-3
4:51.4	Gonzales (OCC)	2-27	5-4	Robinson (El Cam)	3-13
4:53.2	Negri (ARC)	3-7	5-4	Law (Glen)	2-27
4:53.6	Ramirez (SDCC)	3-20	5-4	Irons (Glen)	3-25
4:54.0	Rodriguez (Gross)	3-13	5-4	Carter (GldWst)	3-13
4:54.5	David (Butte)	2-27			

3000 Meters

10:10.53	Ramirez (SDC)	3-6
10:17.37	Martin (Mira Costa)	3-6
10:23.1	Donot (MPC)	3-27
10:29.7	Wyckoff (COS)	3-13
10:34.4	David (Butte)	2-27
10:36.6	Crisp (MJC)	2-27
10:40.1	Sanchez (Gross)	3-27
10:40.6	Tani (SR)	3-27
10:42.4	Negri (ARC)	2-28
10:42.4	Baffert (DVC)	3-6
10:42.8	Bray (WV)	2-28
10:43.9	Allred (ARC)	2-28
10:44.4	Tripp (CSM)	3-13
10:46.6	Bludovise (OCC)	3-31
10:47.4	Craig (MER)	3-7

Long Jump

20-2 1/4	Bell (MSAC)	3-28
19-4 1/2	Harper (ELA)	3-26
18-5 1/2	Dean (LBCC)	2-27
18-3	Campbell (WV)	3-6
18-1 3/4	Rogers (SMCC)	3-27
18-1	Taylor (LASW)	3-20
18-0 1/4	Brothers (Bkrsfld)	2-27
18-0 1/4	Jackson (MAR)	2-20
17-10	Lundy (Butte)	3-6
17-9 1/2	Yarbrough (DA)	3-6

17-9 1/4	Broussard (SJ)	3-6
17-9	Thompson (SDM)	3-31
17-8	Brown (Citrus)	3-27
17-6 1/4	Morrison (OCC)	2-27
17-6	Vonlutzow (OCC)	3-31
17-6	Jackson (SKY)	2-28
17-5 1/2	Frikovich (SIE)	3-6

Shot Put

42-9	Gange (Harbor)	2-20
42-6 3/4	R. Banks (Port)	4-4
40-2 1/2	Singleton (Ventura)	4-3
39-10 1/2	Sandee (Harbor)	2-20
39-7	Thortuna (SCC)	3-13
39-6 1/2	Martin (LACC)	3-26
39-6	Becerra (MJC)	3-7
39-4	Mueller (Pal)	3-13
39-4	Koffman (SMCC)	3-27
39-3 3/4	Wallace (Bkrsfld)	2-20
38-11 1/2	Masterson (Mira C.)	3-6
38-9	Johnson (DVC)	3-6
38-4 1/2	Hutchinson (River)	2-20
38-3	Warner (Gross)	2-20
37-3	Latimer (SD Mesa)	3-24

Discus

137-5	Banks (Port)	4-4
134-9	Argento (Full)	3-13
133-11	Mueller (Palomar)	3-13
131-9	Bronzan (Fresno)	3-7
129-8	Perkins (SKY)	3-6
129-8	Johnson (DVC)	3-13
127-8	Hiner (CUE)	127-8
127-4	McClusky (SHA)	3-13
125-0	Jiau (Glen)	2-27
123-9	Wingle (Moorpk)	2-27
128-10	Wheeler (SBVC)	3-13
126-0	Singleton (Ventura)	4-3
122-9	Armandariz (Bakrsfl)	3-6
122-2	Tanger (SD Mesa)	3-31
121-10	Martin (LASW)	3-20

Javelin

137-8	Barnes (Fresno)	3-27
136-8	Armstrong (Full)	3-27
136-5	Mueller (Palomar)	2-27
132-11	Wheeler (SBVC)	3-13
132-11	Buchanan (COS)	4-2
130-4	Correia (CCSF)	2-27
128-6	Masterson (Mira C.)	3-20
126-6	Prichard (Mira C.)	3-20
125-10	Sanders (Harbor)	2-20
124-10	Hernandez (Cerritos)	3-20
122-5	Gallagher (Glen)	3-25
119-2	Singleton (Ventura)	3-13
114-7	Gagne (Harbor)	2-20
112-3	McConnell (Butte)	3-6
111-10	Johnson (DVC)	3-13

400 Meter Relay

48.3	Long Beach	3-14
48.4	American River	3-13
48.6	De Anza	4-4
48.8	Cerritos	4-3
49.2	Contra Costa	4-4
49.3	Monterey	4-4
49.4	Mt. San Antonio	4-3
49.88	West Los Angeles	2-27
49.7	Butte	4-4
49.7	Citrus	3-27
49.8	Santa Monica	3-27
49.82	Mira Costa	3-6
50.1	Bakersfield	3-20
50.1	El Camino	3-13

200 Meters

20.7w	Spotville (MSAC)	3-27
20.9	Hollins (SCC)	3-27
21.0	Mosley (SCC)	3-27
21.1w	Ervin (MSAC)	3-27
21.2	Spotville (MSAC)	3-6
21.2	Washington (Cit)	3-13
21.2	Wilson (Cerr)	2-20
21.2	Jackson (SCC)	3-27
21.3	Decatur (CCC)	2-27
21.3	Wright (SCC)	3-27
21.3	Williams (SCC)	3-27
21.3	Ervin (MSAC)	3-6
21.3	Mills (MSAC)	3-6
21.3w	Whyms (LBCC)	3-13

400 Meters

46.68	Jackson (Pas)	2-21
47.2	Hollins (SCC)	3-27
47.67	Thompson (LBCC)	2-21
47.8	Williams (SCC)	2-27
48.0	Green (MSAC)	3-20
48.1	Carter (SJ)	4-4
48.2	Johnson (MC)	3-27
48.3	Eddings (DVC)	4-4
48.3	Wilson (Cerr)	3-6
48.4	Mills (MSAC)	3-27
48.4	Patterson (ARC)	48.4
48.5	Mosley (SCC)	3-13
48.5	Jones (LBCC)	2-27

800 Meters

1:50.5	Green (SJ)	4-4
1:51.90	Barbosa (Pas)	3-21
1:52.5	Preisersf (El Cam)	3-6
1:52.8	Cunningham (MSAC)	4-3
1:53.0	Dabbs (Bkrsf)	3-6
1:53.29	Zaragoza (Pas)	2-21
1:53.5	Smith (ARC)	4-2
1:53.5	Cordova (FCC)	4-4
1:53.5	Neucke (MSAC)	4-3
1:53.6	Green (MSAC)	2-27
1:54.1	Carr (El Cam)	3-6
1:54.25	Cota (LBCC)	2-21
1:54.4	Roberts (Butte)	3-27
1:54.7	Carozza (Butte)	3-13

1500 Meters

3:47.25	Pope (Gross)	3-7
3:49.6	McCormack (Gross)	3-7
3:51.1	Nelson (Glen)	4-3
3:53.1	Ingram (WV)	4-4
3:54.4	Ayyad (Gross)	3-23
3:54.4	Cunningham (MSAC)	3-27
3:55.6	Smith (ARC)	4-2
3:55.9	King (Gross)	3-27
3:56.3	Soler (Hanck)	3-20
3:56.98	Henry (LBCC)	2-21
3:57.2	Barbosa (Pas)	3-21
3:57.2	Fogg (SR)	4-2
3:57.3	McKeown (CUE)	3-13

5000 Meters

14:04.0	Nelson (Glen)	3-13
14:29.6	McCormack (Gross)	3-27
14:30.9	Evans (Gross)	3-27
14:31.1	Eblner (MSAC)	3-27
14:31.1	Jackson (Gross)	2-20
14:34.5	Evans (Gross)	2-20
14:37.5	Lee (LBCC)	2-21
14:39.0	Gerhardt (OCC)	3-13
14:41.1	Hernandez (SJ)	4-4
14:42.1	Holiday (WV)	4-4
14:42.8	Ayyad (Gross)	3-7

photo by Bob Fries



Julian Vinton leads the two Aranda brothers

Hammer

161-7	Nickerson (ARC)	3-7
154-9	Vitucci (FCC)	3-27
146-0	Fritchman (Pal)	3-17
145-9	Ashford (FCC)	3-27
141-4	Farley (SBCC)	2-27
137-0	Kyle (FCC)	3-27
133-0	Mattern (SR)	3-7
132-2	Nickerson (ARC)	3-27
131-11	Beyers (CRC)	3-27
128-11	Rohouit (CHAB)	3-28

400 Meter Relay

40.15	Mt. San Antonio	4-4
40.32	Pasadena	3-27
40.4	Sacramento	3-27
41.0	Foothill	4-4
41.0	Long Beach	2-27
41.1	Taft	2-14
41.4	Contra Costa	3-13
41.4	San Francisco	4-4
41.5	Bakersfield	2-14
41.6	Cerritos	2-20
41.8	Grossmont	3-20
41.8	San Bernardino	3-20
41.8	American River	3-13
41.8	Skyline	3-13
41.9	San Jose	3-7
41.9	Southwestern	3-26

Mile Relay

3:11.15	Sacramento	4-4
3:11.34	Mt. San Antonio	4-3
3:12.1	Pasadena	3-20
3:16.3	Long Beach	4-3
3:16.3	San Jose	3-27
3:16.6	Alameda	3-27
3:16.8	Santa Rosa	4-2
3:16.9	American River	4-2
3:17.9	Harbor	2-21
3:18.0	San Bernardino	2-20
3:18.77	Taft	3-14
3:19.4	Citrus	2-20
3:20.4	El Camino	3-14

800 Relay

1:23.96	Sacramento	4-4
1:25.2	Pasadena	3-14
1:26.65	Contra Costa	3-7
1:27.4	Long Beach	3-7
1:27.6	San Bernardino	2-20
1:28.0	Foothill	3-7
1:28.1	Harbor	2-21
1:28.8	Los Angeles CC	2-27
1:29.0	LA Southwest	2-27

1:29.05	American River	3-7	3:30.6	American River	
1:29.06	Santa Rosa	3-7	3:32.0	Merced	3-7
1:29.2	San Jose	3-7	3:32.05	Santa Rosa	3-7
1:29.7	Citrus	2-20	3:32.7	Mira Costa	2-20
1:30.3	Desert	2-20	3:32.96	Contra Costa	3-7
1:30.3	San Francisco	3-7	3:33.1	San Mateo	3-28
1:30.5	Diablo Valley	3-7	3:33.2	Chaffey	2-20
1:31.1	Antelope Valley	2-21	3:33.3	LA Valley	2-20
			3:33.3	San Mateo	3-28
			3:33.7	El Camino	2-20

3200 Relay

7:37.7	Mt. San Antonio	3-14
7:43.1	El Camino	3-7
7:43.9	Long Beach	3-7
7:50.78	Santa Rosa	3-7
7:54.5	Bakersfield	2-14
7:55.55	Cosumnes	3-7
7:55.5	Moorpark	3-28
7:55.7	Harbor	2-20
7:58.6	Mira Costa	2-20
7:59.5	Pasadena	2-20
7:59.7	San Bernardino	2-20

Distance Medley

10:02.0	El Camino	3-14
10:12.3	Glendale	2-21
10:12.8	Citrus	2-20
10:16.07	American River	3-7
10:17.3	West Valley	3-28
10:21.18	Cosumnes	3-7
10:21.8	San Bernardino	2-20
10:25.4	San Jose	3-27
10:28.9	Long Beach	2-20
10:29.6	San Francisco	3-27
10:30.3	Allan Hancock	3-27
10:30.8	Fresno	3-7
10:34.4	Saddleback	2-20
10:36.17	Alameda	3-7
10:37.7	Riverside	2-20
10:39.1	Mira Costa	2-20
10:40.4	Ventura	2-21

Sprint Medley

3:27.2	San Jose	3-27
3:27.8	Long Beach	3-7
3:28.19	Sacramento	3-7
3:29.10	Mt. San Antonio	3-14



Second Annual



JOYERIA MEXICO and Coors 5-MILE RUN

BENEFIT FOR BIG BROTHERS/BIG SISTERS

COMPETE IN A STAR-STudded FIELD OF NATIONAL & INTERNATIONAL RUNNERS IN BOTH MALE AND FEMALE CATEGORIES!

Sunday, May 17, 1981 — Starting Time 7:00 A.M.

TIME: Check-in time 6:00 A.M.

PLACE: Joyeria Mexico, 1048 Fulton Mall, Downtown Fresno, California

COURSE DESCRIPTION: Flat roads, asphalt, some grass. (Starting and finishing at the Downtown Mall.)

COURSE RECORD: RODOLFO GOMEZ, 24:0.2, second place finisher in 1980 New York Marathon.

MARKING: Course will be well marked (each mile), directing arrows.

WATER STATION: 4th mile — Crystal Geyser — Perrier (mineral water).

PROOF OF AGE: Be prepared to show proof of age.

ENTRY FEE: \$5.00. Send entry forms and checks payable to:

9:21.4	Rivera (Gross)	3-7
9:21.6	Tarantino (SCC)	3-7
9:32.7	Ottoway (MAR)	3-27
9:34.9	Aguirre (Glen)	3-6
9:34.9	Johnson (Glen)	3-6
9:38.8	G. Aranda (Port)	3-7
9:38.9	C. Aranda (Port)	3-7
9:41.8	Eaglin (SJ)	4-4
9:42.9	Manevel (SIS)	3-13
9:46.1	Sylvies (AntVal)	3-6

Triple Jump

48-11	Merrick (LBCC)	3-21
48-3 1/2	Criddle (CCC)	3-13
48-7	Aiston (Taft)	3-6
48-5	Taylor (LACC)	2-27
48-3 1/4	Williams (Gross)	3-27
48-3	Mills (MSAC)	3-27
47-11 1/2	Torres (SJ)	4-4
47-8 1/2	Cedric (LBCC)	2-27
47-7 3/4	Colter (SR)	3-27
47-5 1/4	Robinson (SJ)	4-4
47-2	Gibson (ARC)	2-21
47-2	Gorzo (FCC)	4-3
47-1	Thomson (LBCC)	3-13
46-11 1/2	Lodolce (WV)	4-2
46-10 1/2	Trammell (MER)	3-7

High Jump

7-5	Peacock (MJC)	3-24
7-4 1/4	Stanton (LBCC)	3-21
7-0	Arnwine (LBCC)	4-3
7-0	Baker (LBCC)	2-21
6-10 3/4	Parks (Glen)	2-21
6-10 1/2	Gonzales (RioHnd)	3-2
6-10 1/4	Uzzell (MC)	3-13
6-10	Denby (LBCC)	2-21
6-10	Muller (SBCC)	2-27
6-10	Rackley (Pal)	3-17

Shot Put

59-9	Doehring (Sdlbck)	4-3
55-0 1/2	Mattern (SR)	4-2
54-1 1/2	Gillam (SR)	2-20



JOYERIA MEXICO and Coors 5-MILE RUN

BENEFIT FOR BIG BROTHERS/BIG SISTERS

COMPETE IN A STAR-STUDED FIELD OF NATIONAL & INTERNATIONAL
RUNNERS IN BOTH MALE AND FEMALE CATEGORIES!

Sunday, May 17, 1981 — Starting Time 7:00 A.M.

TIME: Check-in time 6:00 A.M.
PLACE: Joyeria Mexico, 1048 Fulton Mall, Downtown Fresno, California
COURSE DESCRIPTION: Flat roads, asphalt, some grass. (Starting and finishing at the Downtown Mall.)
COURSE RECORD: RODOLFO GOMEZ, 24:0.2, second place finisher in 1980 New York Marathon.
MARKING: Course will be well marked (each mile), directing arrows.
WATER STATION: 4th mile — Crystal Geysers — Perrier (mineral water).
PROOF OF AGE: Be prepared to show proof of age.
ENTRY FEE: \$5.00. Send entry forms and checks payable to:
Joyeria Mexico and Coors Run, 1048 Fulton Mall, Fresno, CA 93721
For more information: (209) 233-0861 or 233-0862 (ask for Marisella).
ENTRY DEADLINE: May 14, 1981. ENTRY FEE NOT REFUNDABLE.

FIRST 100 ENTRIES RECEIVE FREE T-SHIRTS!

SOUVENIR T-SHIRTS
ON SALE FOR \$5.00

AWARDS: First place finishers in each division will be awarded a Citizen watch. Second-fourth place finishers in each division will be awarded a trophy. Special awards to oldest and youngest runners. Participant souvenir awards to all runners entered.
Awards have been selected accordingly due to limited number of runners in certain age groups.

DIVISIONS:	Men	Women	Wheelchair
	14-19	14-19	1st five finishers
	20-29	20-29	
	30-39	30-39	
	40-49	40-49	
	50-59	50-59	
	60-Over		

— ENTRY BLANK —

Send with entry to: JOYERIA MEXICO AND COORS RUN, 1048 Fulton Mall, Fresno, CA 93721
(209) 233-0861

WAIVER: In consideration of your accepting my entry, I intending to be legally bound do hereby for myself, my heirs, executor, and administrators, waive and release forever any and all rights and claims or damages I may accrue against the City of Fresno, Joyeria Mexico, Coors, Big Brothers/Big Sisters, and any and all sponsors and volunteers of this race for any injuries suffered by me while traveling to and from, and competing in the Joyeria Mexico and Coors 5-Mile Run on May 17, 1981.

SIGNATURE (Parent, if under 18 years) _____ DATE _____

NAME _____ PHONE _____

ADDRESS _____ ZIP _____

AGE _____ BIRTHDATE _____ CLUB _____

T-SHIRT SIZE: SMALL MEDIUM LARGE X-LARGE

DIVISION (Check One):

MEN: 14-19 20-29 30-39 40-49 50-59 60-Over

WOMEN: 14-19 20-29 30-39 40-49 50-59 60-Over

WHEELCHAIR:

Triple Jump

9:21.4	Rivera (Gross)	3-7			
9:21.6	Tarantino (SCC)	3-7			
9:32.7	Ottoway (MAR)	3-27	48-11	Merrick (LBCC)	3-21
9:34.9	Aguirre (Glen)	3-6	48-3 1/2	Criddle (CCC)	3-13
9:34.9	Johnson (Glen)	3-6	48-7	Alston (Taft)	3-6
9:38.8	G. Aranda (Port)	3-7	48-5	Taylor (LACC)	2-27
9:38.9	C. Aranda (Port)	3-7	48-3 1/4	Williams (Gross)	3-27
9:41.8	Eaglin (SJ)	4-4	48-3	Mills (MSAC)	3-27
9:42.9	Manevel (SIS)	3-13	47-11 1/2	Torres (SJ)	4-4
9:46.1	Sylvies (AntVal)	3-6	47-8 1/2	Cedric (LBCC)	2-27
			47 7 3/4	Colter (SR)	3-27
			47-5 1/4	Robinson (SJ)	4-4
			47-2	Gibson (ARC)	2-21
			47-2	Gorzo (FCC)	4-3
			47-1	Thomson (LBCC)	3-13
			46-11 1/2	Lodolce (WV)	4-2
			46-10 1/2	Trammell (MER)	3-7

High Jump

7-5	Peacock (MJC)	3-24
7-4 1/4	Stanton (LBCC)	3-21
7-0	Arnwine (LBCC)	4-3
7-0	Baker (LBCC)	2-21
6-10 3/4	Parks (Glen)	2-21
6-10 1/2	Gonzales (RioHnd)	3-2
6-10 1/4	Uzzell (MC)	3-13
6-10	Denby (LBCC)	2-21
6-10	Muller (SBCC)	2-27
6-10	Rackley (Pal)	3-17
6-10	Schroeder (Gross)	2-27
6-10	Ware (Pas)	3-14
6-10	Polti (ALA)	3-13
6-9	Neal (COS)	3-7
6-9	Dierkes (CSM)	3-7

Pole Vault

16-8	Premann (FOOT)	4-4
16-1	McTee (MSAC)	3-27
16-0	Tardieu (WV)	3-13
16-0	Miller (Cerr)	3-20
15-6	Ellis (CSM)	3-28
15-6	Thomas (DVC)	3-7
15-6	Barnard (Gross)	3-14
15-6	Tinker (Glen)	3-25
15-4	Barley (Butte)	3-13
15-3	Lazar (Gross)	3-14
15-3	Zebe (Glen)	3-20
15-2	Bayless (SR)	4-2
15-0	Charles (El Cam)	2-20
15-0	Horine (MSAC)	3-6
15-0	Jackson (Pas)	2-20
15-0	Shannon (Sdlbck)	2-17
15-0	Thoms (Glen)	3-6
15-0	Wilson (COD)	2-27

Long Jump

25-2 1/4	Clemens (Bksfld)	2-27
24-10	McCullough (LBCC)	3-13
24-9 3/4	Sears (FCC)	4-4
24-0 1/4	Birks (MSAC)	3-27
24-0	Miller (CCC)	3-27
23-9 1/4	Mills (MSAC)	3-27
23-6 1/2	Manuel (Cit)	4-3
23-6	Robinson (SJ)	3-27
23-5	Taylor (LACC)	2-27
23-4 1/4	Lebherz (SJ)	3-7
23-4	Cromedy (CCC)	2-27
23-4	Hollins (SAC)	2-20
23-2 3/4	Campbell (WV)	4-2
23-2 1/2	Ostrander (Cit)	3-13
23-2	Rust (LBCC)	2-20
23-2	Robinson (ARC)	3-27
23-1 1/4	Ford (DVC)	4-2
23-1	Gallon (Pas)	2-20
23-0 1/4	Farley (CRC)	3-7

Shot Put

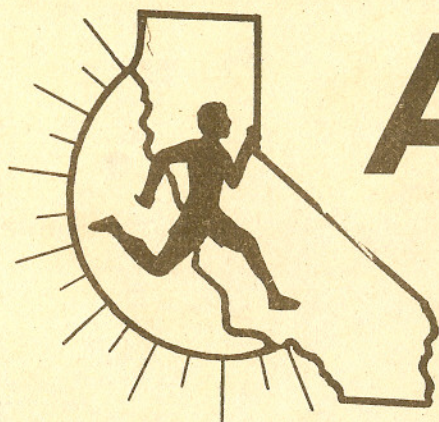
59-9	Doehring (Sdlbck)	4-3
55-0 1/2	Mattern (SR)	4-2
54-1 1/2	Gillam (SR)	2-20
53-6 1/2	Spillers (MSAC)	3-2
53-4 1/2	Acevedo (Gross)	2-20
52-5 1/2	Milleman (SHA)	2-20
51-11 1/2	Mills (Sdlbck)	2-17
51-11	Baxter (CRC)	2-28
51-3 1/2	Crow (Taft)	4-4
50-5	Bellatoni (WV)	3-13
50-3 1/2	Davidson (LMC)	4-2
49-9	Gray (AntVal)	2-21
49-4 1/2	Rohoult (CHAB)	3-28
49-3 1/2	Strange (Sdlbck)	2-20

Discus

183-7	Robinson (LBCC)	3-7
171-6	Milleman (SHA)	3-13
169-6	Mills (Sdlbck)	4-3
165-3	Doehring (Sdlbck)	4-3
163-6	Benson (Cit)	4-3
162-7	Struble (DAC)	2-21
160-3	Nagengast (WV)	3-28
156-11	Clark (WHC)	3-27
156-10	Cookson (Gross)	3-7
154-11	Nickerson (ARC)	3-7
153-11	Sander (SHA)	2-20
153-7	Scarlett (GWC)	3-20
153-0	Bindley (Sdlbck)	4-3
152-8	Kauffman (SJ)	3-27
152-4 1/2	Bradowski (GWC)	3-20
152-4	Garvey (SKY)	3-13

Javelin

224-7	Scarlett (GWC)	3-26
219-3	Vint (Gross)	3-20
216-9	Bender (SR)	4-2
215-2	Kulack (Pierce)	2-20
206-1	Flynn (SCC)	3-27
204-10	Harris (LBCC)	2-20
201-6	Richerson (Bksfld)	2-20
200-7	Paynter (FCC)	3-13
198-4	Scott (SWstrn)	3-20
197-0	Madella (Glen)	3-14
195-11	Goodman (Bksfld)	2-14
195-10	Fritchman (Pal)	2-17
195-9	Pittel (MJC)	3-20
195-1	Collatz (AH)	3-27
193-11	Reis (Palomar)	3-17



Around the State

By MARTY HIGGINBOTHAM

New Course Certification Procedures Announced

The National Running Data Center has announced the decentralization of the National Standards Committee procedures that will enable members of that committee to handle applications for road-running course certification directly. Heretofore, all applications for course certification approval have been handled through Ted Corbitt, chairman of the National Standards Committee. As a first step in implementing the new procedure, four other persons have been authorized to review applications and grant certification approval. They are, along with the areas they will serve:

- Allan Steinfeld, Box 881, FDR Sta, New York, NY 10022: CT, ME, MA, NH, NY, RI, and VT.
- David Katz, Box 822, Port Washington, NY 11050: IL, IN, MI, NJ, OH, PA, and WI.
- A.J. Vander Wall, 75 E. Wayne Ave. 310, Silver Springs, MD 20901: DE, DC, MD, VA, and WV.
- Bob Letson, 4369 Hamilton St. No. 4, San Diego, CA 92104: AZ and southern CA.

For courses in the states named, applications should now be sent directly to the individual designated. These persons should be contacted for information on how to measure a course and how to prepare a course certification application.

TFA/USA Pole Vault Clinic and Competition

TFA/USA will conduct a pole vault clinic and competition on June 26 and 27, at the University of California at Irvine. The event will be sponsored by Cata-Pole/PortaPit and is open to all athletes and coaches desiring to learn more about the pole vault. For entry information about this clinic/competition contact Phil Mitchell, Cata-Pole/Porta-Pit, 1340 North Jefferson, Anaheim, CA 92807 or phone (714) 524-8750.

The unique opportunity will consist of a clinic to be followed by a competition with high school and open divisions. TFA/USA plaques will be awarded to the top three finishers in each division. A commemorative T-shirt will be given to the first forty-five paid registered entrants. One fee of \$5.00 per person for coach or athlete includes either or both the clinic and competition.

OTHER LOCAL CLINICS

June 14-18: USOC Western Regional Learn-By-Doing Clinic, Long Beach State. Admission \$35.00 clinic fees and notes. Room-and-Board \$100.00 for five days. Contact: Ronald H. Buss, California State University, Long Beach, 1250 Bellflower Blvd., Long Beach, CA 90840.

August 24-26: International Symposium of Bio-Mechanics Cinematography in San Diego, California. This clinic will be devoted

Mobil and TAC to Launch Outdoor Grand Prix

The Athletics Congress (TAC) has announced that the Mobil Corporation would sponsor the first outdoor track and field Grand Prix in the history of the sport.

Offering a total of \$60,000 in prize money to athletes in 15 events, the Grand Prix will consist of a six-meet circuit starting in May and culminating in the USA/Mobil Outdoor Track and Field Championships scheduled for June 19, 20 and 21 in Sacramento.

The outdoor Grand Prix will be open to all registered United States athletes and resident foreigners. It will consist of 15 events, nine for men and six for women. For five events -- men's 1,500-meters and hammer throw and women's high jump, discus throw and long jump -- the Grand Prix will be based solely on performances at the USA Championships. In the following ten events, the Grand Prix will be based on two-meet scoring, those meets being the USA Championships and the meets indicated below:

- UCLA/Pepsi Invitational, Los Angeles, May 10: Men's 110-meter hurdles, triple jump.
- California Relays, Modesto, May 16: Men's high jump, men's discus throw.
- Tom Black Classic, Knoxville, May 22-23: Women's 800 meters, men's 100 meters.
- TFA Nationals, Wichita, May 29-30: Women's 200 meters, pole vault.

Natural Light Beer California Classic Five Mile Run

The 1981 California Classic Five Mile will be hosted by Natural Light Beer. May 23, is the date for this classic event with the starting time set for 8:00 a.m. sharp. The Cal Classic will be run at Mooney Grove Park in Visalia. The course is run on asphalt; it is accurate and very flat and fast. In the 1980 Cal Classic, Juan Molina timed 24:15 to edge Jim Hartig by a mere one second, 24:15! The women's course record is held by Michele Gauthier at 34:17. The Classic also features a wheelchair division in which Dave Aguilar established a course record of 33:22 last year.

A good crowd is expected for this year's event. There are many different divisions with plenty of awards. Also there will be a drawing for merchandise prizes after the race.

A new addition to this year's Classic event is team competition. Awards will be given to top three men's and women's teams and the top masters team. Teams will be composed of three persons and combined times will determine the winners.

The grand prize for the first runner across the finish line will be the tremendous Las Vegas Classic's Package Deal which includes four days and three nights in the Hacienda Resort Hotel, late shows, special breakfasts and dinners, Las Vegas Fun Pack, gift certificates and more! Also the choice to run either a full marathon, half marathon or 10 kilometer. The 13.1 miler was chosen the number one half marathon in the world by *Runner* magazine.

This 1981 Natural Light California Classic Five Mile Run is truly going to be a classic event. For more information on this race contact: California Classic Run, 1026 W. Princeton, Visalia, CA 93277. Come and be a part of a tremendous road racing event!



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Len & Scott Thornton

to learn more about the pole vault. For entry information about this clinic/competition contact Phil Mitchell, Cata-Pole/Porta-Pit, 1340 North Jefferson, Anaheim, CA 92807 or phone (714) 524-8750.

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August 24-26: International Symposium of Bio-Mechanics Cinematography in San Diego, California. This clinic will be devoted to acquainting coaches with the modern and valuable tool of gathering and using film data. University credit will be available. For details contact: Dr. Juris Terauds, Research Center for Sports, 2450 Lozana Rd., DelMar, CA 92104.

THORNTON-- Father/Son Duo

By MARTY HIGGINBOTHAM

At the February 7 Bakersfield Marathon, the father/son duo of Len and Scott Thornton, of the High Sierra Track Club, both blazed to very impressive times. Len, who just recently turned fifty, ripped an exceptional 2:43:46 to take first place honors in the fifty year old category. While Len was impressing master runners with his time, son Scott running his first 26.2 miler cranked a 2:28:55.

Scott is a current star runner at Fresno City College, while Len (who has been a top 40-49 division runner in the past) is now dominating the 50 year old division. He has already established several 50-59 age group records at Central Valley road races.

to athletes in 15 events, the Grand Prix will consist of a six-meet circuit starting in May and culminating in the USA/Mobil Outdoor Track and Field Championships scheduled for June 19, 20 and 21 in Sacramento.

The outdoor Grand Prix will be open to all registered United States athletes and resident foreigners. It will consist of 15 events, nine for men and six for women. For five events -- men's 1,500-meters and hammer throw and women's high jump, discus throw and long jump -- the Grand Prix will be based solely on performances at the USA Championships. In the following ten events, the Grand Prix will be based on two-meet scoring, those meets being the USA Championships and the meets indicated below:

•UCLA/Pepsi Invitational, Los Angeles, May 10: Men's 110-meter hurdles, triple jump.

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•Tom Black Classic, Knoxville, May 22-23: Women's 800 meters, men's 100 meters.

•TFA Nationals, Wichita, May 29-30: Women's 200 meters, pole vault.

•Jumbo Elliott Invitational, Villanova, May 30: Men's 800 meters, women's 3000 meters.

The ten Grand Prix events that will be scored over two meets will utilize a 6-4-3-2-1 scoring system in the preliminary meet and a 10-8-6-4-2-1 scoring at the Championships. Winners will be determined on total scoring with place at the outdoor Championships being the tie-breaker.

All prizes in the Grand Prix will be awarded to the TAC member club for which the athlete competes at the Championships. Prizes won by unattached athletes will be forwarded to the TAC Association in which the athlete is registered. Any prizes won by non-resident foreigners will be contributed to the TAC's Athlete Sport Aid Fund which provides financial assistance to athletes.

The prize money in each of the 15 events will be \$2,500 for first place, \$1,000 for second place and \$500 for third place.

TAC president Jimmy Carnes feels the Grand Prix will help pump new life into American track and field. "The Grand Prix represents a significant step in track and field. This year's endeavor marks the world's first attempt at an outdoor Grand Prix," said Carnes. "We're certain that the top U.S. athletes will want to take part in this effort and we are hopeful we can expand the program in the future. We are fortunate to have a sponsor like Mobil which makes the Grand Prix possible."

Vegas Classic's Package Deal which includes four days and three nights in the Hacienda Resort Hotel, late shows, special breakfasts and dinners, Las Vegas Fun Pack, gift certificates and more! Also the choice to run either a full marathon, half marathon or 10 kilometer. The 13.1 miler was chosen the number one half marathon in the world by *Runner* magazine.

This 1981 Natural Light California Classic Five Mile Run is truly going to be a classic event. For more information on this race contact: California Classic Run, 1026 W. Princeton, Visalia, CA 93277. Come and be a part of a tremendous road racing event!



Independence Day Run Four Mile

The Bartlett Mineral Springs Independence Day Run is slated for July 4, at Mooney Grove Park in Visalia. Race time is set for 7:30 am with registration at 6:30 until 7:15. The Course is asphalt, accurate, flat and very fast. It's a two loop course run on the boundary and through the scenic park. The men's course record is held by Tony Ramirez who last year blazed to a 19:01 time, while the women's top mark is 25:17 run by Tone Nichols.

This event is special as it caters to sub-master and master runners. More awards are given in these divisions along with merchandise prizes. This was enjoyed by many runners in 1980.

Adding to the competition of this year's outstanding event will be guest competitor Gary Tuttle of Team Inside Track in Ventura. Tuttle is one of California's top distance runners, he will definitely add excitement to the four mile race. He has represented the United States on both its international track and cross country teams. Also Tuttle has won several national championships and was selected California's top road racer last year.

The Man Behind The Team

Willie White: Head track and field coach at Berkeley High School. Berkeley High School has five national leaders, including two relays. Both boys and girls teams are picked to win the California State Championships in June.



Willie White

Top Aggie Times

The Aggie Running Club is a well known running club in California. They are a competitive group that competes in the major California road races and track meets. The Ags have a very long list of outstanding runners who are known through the running scene in California. Listed below are some of the Aggie Running Club all-time best track performances, thru February of this year.

100 Meters	
10.6	Will Stokes (81)
10.97	Rod Piersall (80)
10.8	Ross McGehee (80)
200 Meters	
21.63	Rod Piersall (80)
21.6	Will Stokes (81)
22.6	Ross McGehee (80)
400 Meters	
47.38	Rod Piersall (80)
48.4	Dave Karila (79)
48.8	Larry Roper (79)

Hottest Runner's in Valley to Compete at NAS Lemoore

Run a flat, fast loop course in the Golden Heartland of California aboard Naval Air Station Lemoore, home of the Pacific Fleet Light Attack Wing and the Navy's newest airplane the F/A-18 "Hornet." The paved 13.1 mile course will pass in front of the Navy Flight Demonstration team, the exciting Blue Angels. Start time is 7:30 am for the 12 divisions. Free t-shirts and souvenir programs to all applicants, special Seiko Chronograph watches to 1st place male and female finishers and Seiko Chronograph watches to division winners with Casio Chronograph watches to division places.

The competition is expected to be tough as the 1st Annual Half-Marathon commences June 28th. The showdown, staged in conjunction with NAS Lemoore's 20th Anniversary Open House and Air Fair is expected to draw some of the fastest runners from some of the hottest clubs in California. Competitors from hobbyist to professional will be able to enjoy the exhilaration of competition before witnessing one of the most fantastic Air Shows ever presented at NAS Lemoore.

A two day "Anniversary Spectacular" has been scheduled with a Chili Cook-Off, Filipina Fiesta, Hot Air Balloon Rally, Midget 1 Formula Air Race, and an exhibition of horsemanship by the Yosemite Horse Patrol will precede an all hands dance and fireworks display Saturday, June 27.

On Sunday, the Navy's precision flight demonstration squadron, the Blue Angels, will headline a two hour action packed Air Show. The Navy parachute team the "Leapfrogs" and Naval Weapon Center China Lakes' parachute team will provide the show with a spectacular opening. In addition one of the largest military aircraft displays ever assembled will feature recently developed aircraft side by side with warbirds from years gone by.

Open field camping for motor homes and tents will be provided at no cost with no reservations necessary beginning June 26th so participants may relax, enjoy base facilities, and see the largest Air Fair ever hosted by the Air Station.

See the entry blank in this issue. For further information contact: CWO3 James A. Jellison, Naval Air Station Lemoore, CA 93245 or call (209) 998-3519 or 998-3581.



TFA POLE VAULT CLINIC AND COMPETITION

June 27, 1981

UNIVERSITY OF CALIFORNIA AT IRVINE

SPONSORED BY CATA-POLE®

Opportunity for coach and athlete to participate in a combined clinic and competition. Top 3 places in high school and open competition receive TFA plaque. First 45 registered participants receive a commemorative T-shirt.



For information or
entry form contact:
Mr. Phil Mitchell

CATA-POLE®

1340 North Jefferson

P.O. Box 6300, Anaheim, Calif. 92807 (714) 524-8750



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400 Meters

47.38 Rod Piersall (80)
48.4 Dave Karila (79)
48.8 Larry Roper (79)

800 Meters

1:48.82 Mark Schilling (80)
1:51.4 Dave Karila (79)
1:52.5 Mike Pratt (78)

1500 Meters

3:46.37 Peanut Harms (80)
3:48.3 Mark Schilling (80)
3:49.8 Pete Sweeney (80)

One Mile

4:05.4 Mark Schilling (79)
4:10.7 Joe Fabris (80)
4:10.6 Peanut Harms (77)

Two Mile

8:44.3 Bill Britten (81)
8:49.0 Joe Fabris (80)
8:53.4 Pete Sweeney (78)

5000 Meters

14:12.4 Gary Romesser (80)
14:12.6 Jim Van Dine (78)
14:15.0 Bill Britten (79)

3000 Meter Steeplechase

8:58.0 Emil Magallenes (79)
8:59.0 Peanut Harms (80)
9:03.1 Rich Langford (80)

10,000 Meters

29:25.0 Bill Britten (80)
29:54.6 Pete Sweeney (80)
30:03.0 Rich Langford (80)

Two Mile Relay:

7:44.0 P. Harms, D. Karila, T. Costa, M. Schilling (79)

Distance Medley Relay:

9:58.3 M. Schilling 1:48.8, R. Piersall 47.7, P. Harms 3:02.5, P. Sweeney 4:12.7 (80)

Four Mile Relay:

17:29.0 M. Sweeney, S. White, M. Proteau, P. Sweeney (78)

All Aggies out there who know of corrections and/or additions to this list please send them to Pete Sweeney, 1176 Buchon St., San Luis Obispo, CA 93401.

Horse Patrol will precede an all hands dance and fireworks display Saturday, June 27.

On Sunday, the Navy's precision flight demonstration squadron, the Blue Angels, will headline a two hour action packed Air Show. The Navy parachute team the "Leapfrogs" and Naval Weapon Center China Lakes' parachute team will provide the show with a spectacular opening. In addition one of the largest military aircraft displays ever assembled will feature recently developed aircraft side by side with warbirds from years gone by.

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photo by Jim Engle



Rich Langford

For information or
entry form contact:
Mr. Phil Mitchell

CATA-POLE®

1340 North Jefferson

P.O. Box 6300, Anaheim, Calif. 92807 (714) 524-8750



**Bartlett Mineral Spring Water
1981**

**Independence Day Run
July 4, 1981
4.0 Miles**

Mooney Grove Park in Visalia, CA
Race 7:30 am Registration 6:30 am

Guest Runner: **GARY TUTTLE**

**For Further Information
and Entry Blank, write:**

Independence Day Run
1026 W. Princeton
Visalia, CA 93277



The Athletics Congress USA 1981 Championships Meet Qualifying Standards

Senior Women
Sacramento, CA: June 19-21

(Automatic Times and Metric Marks in parenthesis)

*denotes championship event

100 Meters*	(11.74)	11.5
100 Yards	(10.74)	10.5
200 Meters*	(23.84)	23.6
220 Yards	(23.94)	23.7
400 Meters*	(53.94)	53.8
440 Yards	(54.24)	54.1
800 Meters*		2:06.0
880 Yards		2:07.0
1500 Meters*		4:20.0
1 Mile		4:40.0
3000 Meters*		9:35.0
2 Miles		10:20.0
10,000 Meters*		35:30.0
5000 Meter Walk*		27:30.0
10,000 Meter Walk*		59:45.0
3 Mile Walk		26:30.0
100 Meter Hurdles (33")*	(14.14)	13.9
400 Meter Hurdles*	(61.14)	61.0
Long Jump*	(6.17m)	20-3
High Jump*	(1.81m)	5-11 1/4
4K Shot Put*	(14.48m)	47-6
8 lb. Shot Put	(15.09m)	49-6
Discus*	(49.38m)	162-0
Javelin*	(47.86m)	157-0
400 Meter Relay*	(46.64)	46.5
440 Yard Relay	(46.94)	46.8
800 Meter Medley Relay*		1:43.0
880 Yard Medley Relay		1:43.5
1600 Meter Relay*		3:43.8
1 Mile Relay		3:45.0
3200 Meter Relay*		9:01.0
2 Mile Relay		9:04.0

Entry blanks may be obtained from Al Baeta, American River College, 4700 College Oak Dr., Sacramento, CA 95841.

JUNIOR WOMEN

Los Angeles: June 30-July 1

(Automatic Times and Metric Marks in parenthesis)

*denotes championship event.

100 Meters*	(12.04)	11.8
100 Yards	(11.04)	10.8
200 Meters*	(24.74)	24.5
220 Yards	(24.84)	24.6
400 Meters*	(55.14)	55.0
440 Yards	(55.44)	55.3
800 Meters*		2:11.0
880 Yards		2:12.0
1500 Meters*		4:34.0

High Jump*	(1.76m)	5-9 1/2
4K Shot Put*	(13.10m)	43-0
8 lb Shot Put	(13.71m)	45-0
Discus*	(42.68m)	140-0
Javelin*	(40.54m)	133-0
400 Meter Relay*	(47.64)	47.5
440 Yard Relay	(47.94)	47.8
800 Meter Relay*		1:46.5
880 Yard Relay		1:47.0
1600 Meter Relay*		3:51.8
1 Mile Relay		3:53.0
3200 Meter Relay*		9:13.0
2 Mile Relay		9:16.0

Entry forms may be obtained from Pete Scanlan, 2925 Knoxville, Long Beach, CA 90815.

SENIOR MEN

Sacramento, CA: June 19-21

(Automatic Times and Metric Marks in parenthesis)

100 Meters	(10.46)	10.2
200 Meters	(20.80)	20.5
400 Meters	(46.50)	46.3
800 Meters	(1:48.70)	1:48.7
1500 Meters	(3:43.60)	3:43.6
5000 Meters	(13:53.50)	13:53.5
10,000 Meters	(29:17.70)	29:17.0
3000 Steeplechase	(8:51.60)	8:51.6
110 Meter Hurdles	(13.95)	13.7
400 Meter Hurdles	(50.87)	50.7
High Jump	(2.17 meters)	
Long Jump	(7.80 meters)	
Triple Jump	(16.15 meters)	
Pole Vault	(5.19 meters)	
Shot Put	(19.28 meters)	
Discus	(59.60 meters)	
Javelin	(74.24 meters)	
Hammer	(63.10 meters)	
5000 Meter Walk		23:00.0

Entries may be obtained from Al Baeta, American River College, 4700 College Oak Dr., Sacramento, CA 95841.

JUNIOR MEN

Knoxville, Tennessee: June 13-14

(Automatic Times and Metric Marks in parenthesis).

100 Meters	(10.72)	10.4
100 Yards	(9.72)	9.4
200 Meters	(21.44)	21.2
220 Yards	(21.54)	21.3
400 Meters	(47.07)	46.9
440 Yards	(47.37)	47.2
800 Meters	(1:51.60)	1:51.6
880 Yards	(1:52.60)	1:52.6
1500 Meters	(3:52.80)	3:52.0
1 Mile	(4:10.80)	4:10.8
2 Mile	(9:04.00)	9:04.0
5000 Meters	(14:31.30)	14:31.3

Pole Vault	(4.75m)	15-7
16 lb. Shot Put	(16.30m)	53-6
12 lb. Shot Put	(19.10m)	62-8
Discus (college)	(48.66m)	159-8
Discus (high school)	(54.76)	179-8
Javelin	(62.90m)	206-4
16 lb. Hammer	(42.68m)	140-0
12 lb. Hammer	(48.78m)	160-0
Decathlon	(6500)	6600

The "Magic Four"

West Vernon Jets National Champion Mile Relay in the 10-11 age group: From left to right- Gayle Wadsworth, Monique Burrell, Sharon Smith, and Kateri Amy. All four runners returned this year to compete in the 12-13 division. Their championship time last year was 3:57.2.



Boston Marathon

By now we're sure everyone knows Seko Toshihiko of Japan won the 1981 Boston Marathon in 2:09:26; with Craig Virgin second in 2:10:26 and Bill Rodgers third in 2:10:34. But the big news for Californians was Dennis Rinde of Orangevale (near Sacramento) who knocked minutes off his personal best in placing seventh with 2:12:01. Rinde took off somewhat conservatively (if you call near 5 minute pace conservative) not moving into the top ten until Lake Street at 21.5 miles. He moved into seventh by Coolidge Corner (24.12 miles) and stayed there to the finish.

Other Top Californians included: MEN

17 Mike Pinocci (S. Lake Tahoe)	2:14:09
18 Ralph Serna (Anaheim)	2:14:16
20 Brian Maxwell (Berkeley)	2:14:57
24 Dave Smith (Corvallis)	2:15:00

Barnetts Spell Double Success for Azusa Pacific

A pair of brothers can sometimes spell double trouble, but at Azusa Pacific College this spring a pair of brothers are proving a double success for APC's track program.

Doug and Mike Barnett are, according to head coach Terry Franson, "probably the best brother track combo in the nation." Doug, a weight event man, and Mike a javelin thrower, combined have won five NAIA All American honors in their young careers. 1980 saw Mike take home the Junior United States and Junior Pan American championships. Both brothers are looking towards the 1984 Olympics.

Doug is an impressive 6-3, 250 pound junior majoring in Physical Education. According to Franson, Doug ranks among the

440 Yard Relay	(46.94)	46.8
800 Meter Medley Relay*		1:43.0
880 Yard Medley Relay		1:43.5
1600 Meter Relay*		3:43.8
1 Mile Relay		3:45.0
3200 Meter Relay*		9:01.0
2 Mile Relay		9:04.0

Entry blanks may be obtained from Al Baeta, American River College, 4700 College Oak Dr., Sacramento, CA 95841.

JUNIOR WOMEN

Los Angeles: June 30-July 1

(Automatic Times and Metric Marks in parenthesis)

*denotes championship event.

100 Meters*	(12.04)	11.8
100 Yards	(11.04)	10.8
200 Meters*	(24.74)	24.5
220 Yards	(24.84)	24.6
400 Meters*	(55.14)	55.0
440 Yards	(55.44)	55.3
800 Meters*		2:11.0
880 Yards		2:12.0
1500 Meters*		4:34.0
1 Mile		4:54.0
3000 Meters*		9:54.0
2 Miles		10:39.0
3000 Meter Walk*		17:30.0
2 Mile Walk		18:30.0
100 Meter Hurdles (33")*	(14.54)	14.3
100 Meter Hurdles (30,,)	(14.24)	14.0
80 Yard Hurdles (30")	(10.44)	10.2
110 Yard Hurdles (30")	(14.44)	14.2
300 Meter Hurdles	(44.14)	44.0
400 Meter Hurdles*	(64.14)	64.0
Long Jump*	(5.84m)	19-2

Shot Put	(19.28 meters)
Discus	(59.60 meters)
Javelin	(74.24 meters)
Hammer	(63.10 meters)
5000 Meter Walk	23:00.0

Entries may be obtained from Al Baeta, American River College, 4700 College Oak Dr., Sacramento, CA 95841.

JUNIOR MEN

Knoxville, Tennessee: June 13-14

(Automatic Times and Metric Marks in parenthesis).

100 Meters	(10.72)	10.4
100 Yards	(9.72)	9.4
200 Meters	(21.44)	21.2
220 Yards	(21.54)	21.3
400 Meters	(47.07)	46.9
440 Yards	(47.37)	47.2
800 Meters	(1:51.60)	1:51.6
880 Yards	(1:52.60)	1:52.6
1500 Meters	(3:52.80)	3:52.0
1 Mile	(4:10.80)	4:10.8
2 Mile	(9:04.00)	9:04.0
5000 Meters	(14:31.30)	14:31.3
3 Mile	(14:01.30)	14:01.3
10,000 Meters	(31:01.00)	31:01.0
6 Mile	(29:59.00)	29:59.0
110 Meter Hurdles (42")	(14.84)	14.6
120 Yard Hurdles (42")	(14.84)	14.6
110 Meter Hurdles (39")	(13.71)	13.9
120 Yard Hurdles (39")	(13.71)	13.9
330 Yard Hurdles (36")	(36.94)	36.8
400 Meter Hurdles (36")	(53.60)	53.5
3000 Steeplechase	(9:19.40)	9:19.4
High Jump	(2.11m)	6-11
Long Jump	(7.08m)	23-3
Triple Jump	(14.83m)	48-8

Boston Marathon

By now we're sure everyone knows Seko Toshihiko of Japan won the 1981 Boston Marathon in 2:09:26; with Craig Virgin second in 2:10:26 and Bill Rodgers third in 2:10:34. But the big news for Californians was Dennis Rinde of Orangevale (near Sacramento) who knocked minutes off his personal best in placing seventh with 2:12:01. Rinde took off somewhat conservatively (if you call near 5 minute pace conservative) not moving into the top ten until Lake Street at 21.5 miles. He moved into seventh by Coolidge Corner (24.12 miles) and stayed there to the finish.

Other Top Californians included:

MEN

17 Mike Pinocci (S. Lake Tahoe)	2:14:09
18 Ralph Serna (Anaheim)	2:14:16
20 Brian Maxwell (Berkeley)	2:14:57
24 Dave Smith (Cordova)	2:15:29
30 Don Paul (San Francisco)	2:16:04
39 Jean Ellis (Laguna Niguel)	2:17:23
40 George Mason (Santa Ana)	2:17:24
49 Rune Larsson (San Diego)	2:18:38
94 Doug McLean (Palo Alto)	2:22:15
102 Dennis O'Halloran (Fair Oaks)	2:22:49
167 Brian Igoe (Cardiff)	2:26:05
184 Mike Chambliss (Van Nuys)	2:26:35
193 Harry Cottrell (Eureka)	2:26:56
198 Mark Hine (San Francisco)	2:27:03
216 Dennis Caldwell (Westminster)	2:27:30
233 Ben Wilson (Claremont)	2:28:13
239 Hal Goforth (El Cajon)	2:28:33
294 John Partridge (Sausalito)	2:29:50
331 Robert Henzel (Los Altos)	2:31:03
333 Matthew Bruni (Stockton)	2:31:05
372 Boyd Hartley (Glendale)	2:32:23
389 Fred Tomatino (Laguna Beach)	2:32:43
411 Michael Duncan (San Mateo)	2:33:02
420 Mac Larson (San Diego)	2:33:24
436 Jack Leydig (San Mateo)	2:33:41
450 Roy Kissen (San Francisco)	2:34:06
462 Joseph Gassmann (Hawthorne)	2:34:20
463 Kirk Pfeffer (Thousand Oaks)	2:34:20
464 Lester Mina (Alameda)	2:34:21
478 Ted Pawlak (Los Gatos)	2:34:41
483 Chris Carlson (West Covina)	2:34:45
493 Doug Stevens (Palo Alto)	2:35:02
507 Mark Judge (Torrance)	2:35:14

WOMEN

10 Lorrie Dierdorff (San Diego)	2:38:03
12 Laurie Binder (San Diego)	2:39:35
26 Fran Solomon (Corona del Mar)	2:49:28
39 Therese Kozlowski (Anaheim)	2:54:23
43 Sherry Simmons (Lomita)	2:55:23
45 Sue Strickland (San Francisco)	2:56:46
47 Kathleen Kaiser (Chico)	2:57:13
48 Vicki Randall (San Rafael)	2:57:43
50 Tish Husac (Long Beach)	2:58:44

Barnetts Spell Double Success for Azusa Pacific

A pair of brothers can sometimes spell double trouble, but at Azusa Pacific College this spring a pair of brothers are proving a double success for APC's track program.

Doug and Mike Barnett are, according to head coach Terry Franson, "probably the best brother track combo in the nation." Doug, a weight event man, and Mike a javelin thrower, combined have won five NAIA All American honors in their young careers. 1980 saw Mike take home the Junior United States and Junior Pan American championships. Both brothers are looking towards the 1984 Olympics.

Doug is an impressive 6-3, 250 pound junior majoring in Physical Education. According to Franson, Doug ranks among the top three American collegiate hammer throwers in the nation with a personal best of 207-11. Doug took All American hammer honors in 1979 (6th - 168-0) and 1980 (2nd -189-4). At the NAIA Indoor Nationals this last February Doug was the 35 lb. weight throw champion (59-7) and took an All American 6th place in the shot put (57-2).

Doug's season best include: hammer: 207-11, shot: 57-2, discus: 163-4, 35lb. weight: 59-7. Doug also throws his weight around on the football field as a defensive tackle for the Cougars and this season earned All American honorable mention for his efforts.

One afternoon early last spring Mike, a 6 foot, 205 pound sophomore recreation major, started hurling the javelin and by the end of the season had become the NAIA All American champ (242-0), Junior United States champ (229-0) and the Junior Pan American champ (239).

"In Mike's first year of throwing he won every major competition he entered," said Franson. "Going into the Brooks Invitational, Mike was undefeated for 16 meets and this year has already improved his mark from 245-5 to 259-2. Mike currently ranks second among American collegiate javelin throwers in the nation.

Mike also plays for APC during football season and fills the fullback position.

Both brothers graduated from Edgewood High in Covina.

Azusa Pacific College is a small Christian college located in the San Gabriel Valley with an undergraduate enrollment of 1500.

Humboldt State University 7th Annual Cross Country & Steeplechase Summer Workshop

August 2-7 • August 9-14

Aspiring distance runners of all ages are encouraged to attend, especially those in training for high school, junior college, college and all levels of amateur competition. Coaches are also encouraged to attend.

STAFF FEATURES: Coach Jim Hunt who recently led his Humboldt State cross country team to the 1980 NCAA Division II National Championships. Gary Tuttle who was a five-time NCAA All-American and is a former NCAA and AAU National Record Holder. Bill Scobey who was a four-time NCAA All-American and has held both American and World Records. Additional counseling from nationally ranked men and women distance runners will be provided.

For a brochure write: Jim Hunt, Track Coach, Humboldt State University, Arcata, CA 95521. Or call: (707) 822-6067 or (707) 826-4536.

Track & Field Results



photo by Don Gosney

Dan Aldridge(left) and **Ray Wicksell**. Aldridge has just joined the sub-4 minute miler club.

Bruce Jenner Classic

By KEITH CONNING

San Jose City College, San Jose. April 11.

Willie Banks (unattached), the 25 year old UCLA law school student, broke his own American record in the triple jump with two identical leaps of 56-9½. His previous best of 56-7¼ was set on March 7 in Los Angeles. The wind cooperated on his two record leaps to remain below the allowable 2 meters per second. Mike Marlow (Stars & Stripes TC/California) provided some good competition by placing second at 56-4. Banks said, "I was really psyched today, with Mike Marlow jumping so well. If Ron Livers had been here, we should have seen 57-58 feet. But he had some family problems back home and I wish him well." Banks was over 55 feet on all six of his attempts.

Frank Shorter, the former Olympic marathon champion, won the 10,000 meter run in 29:25.8. Then he took over his announcing duties for NBC Sportsworld, which was televising the meet.

Henry Marsh (Athletics West), ranked 7th in the world last year, won the steeplechase in 8:34.2. Marsh said, "I want to peak for the TAC meet. I just graduated from law school at Oregon and I'm going to start working for a law firm in Salt Lake, so I don't know if I'll run the World Cup, since it's not until September. I haven't been beaten by an American since the AAU in 1977, but I didn't think I was in this kind of shape so early. I may have to ease back for a few weeks."

Francie Larrieu (Pacific Coast Club) captured the women's 3000 in 9:01.9.

Mike Bolt of Kenya won the 800 in 1:46.0, one second ahead of former Cal Olympian James Robinson. Bolt, who is still in graduate school at Oregon focusing on track development in Kenya, said, "I knew Robinson was in good shape from his 1:46.7 last week. I've had Achilles tendonitis, and so I didn't do any intervals this year until Sunday. I did more intervals on the track on Monday, and on Tuesday I was so sore I couldn't run. I've done mostly road runs this year. I ran relaxed today, and when I heard that the first lap was in 52.0, I felt good. In the second lap I was only worried about Robinson passing me. So I looked around on the final curve to make sure he wasn't going to pass me."

Tyke Peacock (Modesto JC) won the JC high jump in 7-4. He missed three times at 7-6, which would have established a new JC record. Peacock said, "The wind did bother me today, but I made up for it by jumping better."

secutive year, defended his title with 3:58.1. Nyambul said, "The Olympics were okay for me last year. At the World Cup, I don't know if my government will let us spend the money for sports, and I can't go against my government. My event is the 5000 meters. I want to go under 13:20 at least. I would be happy to finish 4th if I run under 13:10. Today's race was the first open mile for me this year. I'm running the 1500 to get more speed for the 5000, so I like to run the mile or 1500 early in the season. I will run only the 5000 meters at the NCAA this year."

Anthony Curran (UCLA) defeated Felix Bohni (San Jose State/Switzerland) in the pole vault at 17-8½. Curran said, "The wind did bother me today. I felt real good warming up, but the wind got heavier and heavier, and the cross wind made it hard to hold the pole. My first few jumps were pretty good today because the wind didn't bother me. In the past weeks I haven't felt very good, not up for some reason. I did feel pretty good last week in the double dual in Berkeley and I did a psychological exercise on myself-trying to block out the wind mentally." Leo Attar asked, "Would you be ready to jump against 2 or 3 French vaulters at the Pepsi Meet on May 10?" Curran replied, "I don't really worry so much about the competition, or even winning that much, when I go against that kind of competition. I worry mainly about doing well."

Robin Campbell (Stanford Track Club) defeated Olympian Madeline Manning Mims in the 800 with 2:02.4 to 2:04.0.

Kathy Raugust (Hartnell JC) set a new meet record in the JC Women's High Jump of 5-10½.

The Double Dual: UCLA vs. Cal USC vs. Stanford

By KEITH CONNING

Berkeley. April 4.

UCLA, the number one dual meet team in the country, defeated the California Bears 87-67. In the other half of the meet, USC defeated Stanford 91-64.

According to Cal Coach Erv Hunt, the two big factors for Cal's defeat were the two relays and the long jump. In the 400 relay Eric Brown (UCLA/Bethel HS, Hampton, Virginia) caught Derek Robinson (Cal/Long Beach CC/Muir HS, Pasadena) in a most exciting stretch run. In the 1600 relay, Andre Phillips (UCLA/SJCC/Silver Creek HS, San Jose) held

chance of ranking very close to UCLA in dual meet rankings, as Oregon lost its dual at Washington State today.

The meet was decided in the next to the last event, the 5,000 meters. Cal needed to sweep it and they did. Arizona State used a tactic of putting sophomore Rob Wentworth from Livermore HS in to run a fast early pace, while his teammate Dan Raby paced himself. Senior Rich McCann (Cal/Highline CC/Seattle, WA) went with Wentworth, but Wentworth dropped out of the race. McCann continued to lead until the final lap when sophomore Tom Downs (Cal/Skyline HS, Oakland) passed him to win in 14:15.8, a personal best. Senior Mike Dyer (Cal/West Valley JC/Saratoga) closed for third in 14:16.8, a personal best.

Arizona State was trying desperately to win. They put marathoner Vito Perrone in the 800 as a rabbit to draw out Mike White (Cal/Richmond HS) with a 25 second 200, but it didn't work. It just wasn't Arizona State's day. Perrone died at the 400, but instead of stepping off the track, he slowed to a walk between lanes one and two causing a traffic jam of runners trying to avoid him and each other. Mike White set a meet record of 1:49.0. The old record of 1:49.8 was held by John Drew (Cal) 1971. Freshman Pete Quinonez, the California State Meet champ, finished second in 1:49.4, a personal best. Bob Tapia (Fresno State) placed third in 1:50.3 and freshman Larry Guinee (Cal/Castro Valley HS), the State Meet 1600 champ, finished his fourth in 1:50.4, a lifetime best.

Dave Porath (Cal/Atwater HS) won both the shot (63-10¼) and the discus (200-0). His shot put set a new meet record, breaking the mark of 61-4¼ by Ron Semkiw (ASU) in 1973. His discus mark was a lifetime best and broke the meet record of 186-4 set by Jim Penrose (Cal) in 1972. Bruce Parker (Cal/St. Ignatius HS, San Francisco) placed second in the shot at 60-8¼.

Dwayne Evans (ASU) won the 100 in 10.46, the 200 in 20.53, anchored the 400 meter relay victory in 40.27, and ran the second leg of the victorious 1600 meter relay in 47.2. He set a new meet record in the 100, breaking the mark of 10.4 held by Eddie Hart (Cal) 1971 and Steve Williams (ASU) 1975. He also set a meet record in the 200, breaking the mark of 20.8 by Bob Boglione (ASU) 1971 and Steve Williams (ASU) 1975. Greg Moore (ASU) finished second in 21.0.

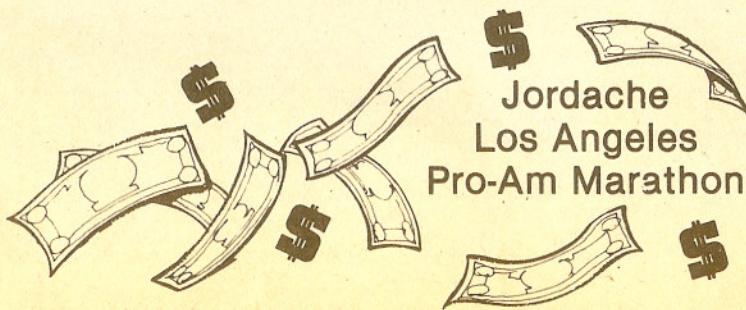
Matt Mileham (FSU/England) won the non-scoring hammer throw with an excellent toss of 222-4, 34-6 ahead of his nearest competitor.

LaMonte King (ASU), who false started in the 100, won the long jump with a wind-aided leap of 25-9. He also ran the second leg on the 400 meter relay.

LONG DISTANCE LOG



by RICHARD SLOTKIN LONG DISTANCE EDITOR
Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.



By RICHARD SLOTKIN

Los Angeles. March 29.
They got it right this time. Jordache and Tom Fleming, we mean. Jordache put on a marathon the way it should be put on and Tom Fleming ran one the way it should be run. In Jordache's case, there were no problems of poorly marked routes, runners being misdirected, finish line foul-ups or aid station shortcomings. In Fleming's case, there were no problems of going out too fast and dying. The morning broke cold and heavily overcast. Tom Fleming got one look at it from his hotel window and he knew he was in business. He wouldn't be making any water stops today, he told himself. As it turned out, he didn't even cast a glance at any of the aid stations on the 26.2 mile route which started at the famed Hollywood and Beverly Hills

and competently handled. Even the amateur runners could be heard making favorable comments during the finish line milling and socializing.
Credit for this goes partly to Jordache and their promotion agent, Sports Ink. Mario Machado and assistant Mike Ruvo were really hustling to keep things going smoothly. I suspect, though, that much of the credit should go to Michael Grandi. Grandi is Gayle Olinekova's coach, confidant, boyfriend, advisor, trainer, shoelace tier and...gee, sounds almost like a husband. Anyway, Mike knows about running marathons, having run a few with Olinekova. (Pacing is another one of the services he provides, and that is above and beyond the call of any of the previously mentioned services.) As a co-director, along with Olinekova, he was on top of everything from

anyone get out too far in front. The second fact was that the distance was all downhill. Not a steep grade, but enough to work up a good head of steam and still not lose one's rhythm. By this time, Fleming has moved into second and by two miles, he had taken the lead and begun to assert himself. Going through two miles in 9:14, and the pace becoming more realistic, Fleming had gone out front by 15 to 20 yards. By this time, the front pack was off the downhill Highland Avenue and was heading east on Beverly Boulevard, which brought a change of terrain. Now the road was rolling, and Fleming was pushing and surging every time the grade went up. There was still a tight pack of about a dozen behind him, including the only one to take first place in either previous Jordache marathon, Ron Nabors. Nabors had been keeping such a low profile prior to the race, that no one really knew if he was even in town. Well, Grandi knew, but the rest of us weren't convinced.

By three miles, Fleming had a 40 yard lead, still on Beverly, passing the famous Beverly Caverns, home of some great Dixieland Jazz. The Caverns were quiet at this hour, but Fleming's trumpet was blowing as hot as Teddy Bruckner's used to, and considering the hours, for a lot more money than old Teddy got. From here on, the only thing in question was whether Fleming would stay in one piece. If he did, this race was over...the first place part of it anyway. If not, well who knows? Nabors wasn't looking that good, what he could see of him. Riding on the press truck, that was getting to be less and less as Fleming kept opening up the lead. Especially on the hills. As Beverly intersects Vermont Avenue, it rises sharply for about a block. This was the steepest grade yet, up or down. The best word to describe Fleming's approach is "attack." He attacked the hill as though it were a personal insult to him that it should even dare try to test him. By the time this point was reached, he had hit the 3 mile mark at 19:40 and checking behind him to see what was going on, he began to move up a gear. Reaching Vermont and swinging left to head back into Hollywood, he faced a long upward grade, similar to the downward one on Highland. Fleming put this to good use as he stretched his lead steadily, despite the fact the pack had shown signs of going after him. If that is what they really were doing, they blew the whole thing right there. It was much too early to test Fleming. If he were going to fold, it would be much later, maybe around 18 miles. Plenty of time then to go for it. Well, Fleming didn't fold at 18 miles or anywhere else. He just poured it on for the whole rest of the way.

Five miles at 24:45. Didn't even look at the aid station. Passing L.A. City College, some faint sign of slowing; his lead drops from 14 seconds to 12 seconds. Reaches Sunset, pushing the last of the grade. Left turn on Sunset and his lead is 16 seconds! Heading west on Sunset Boulevard, it's the last street

anyway. But that PR is an old one, and no one knows if he can run like that anymore.

Ten miles at 50:05. Second place a zip code back. No water stops so far. Smead in second now, but so far back you can barely see him. Passing Ben Frank's, Laszlo Tabori leaving the restaurant, probably enjoying a breakfast, cheers Fleming on. 1:06:08 at the half-marathon. That's a 2:12 pace, but the hard part of Sunset is still ahead.

Out of West Hollywood and entering Beverly Hills. All Fleming. Now the road winds, twists and turns. Can't see anyone back there because of the turns.

Fifteen miles at 1:13:57. Still running very well. Cruising. Attacking the hills with a vengeance now. Almost savagely. Past the Beverly Hills Hotel. Past Beverly Glen Boulevard. Up the hill to Hilgard and the east boundary of UCLA. Now it's downhill and a real moment of truth: the infamous "UCLA Hill." About a half mile of tough uphill. This is the one that the Bruin track team trains on. This is the one that the veterans use to initiate the freshmen and JC transfers with. Long. Tough. And, it's right smack in the way. The time is 1:23:40 and he's there. He glances at his feet. Glances off to the left. Slowing. Definitely slowing. Still pushing. Still slowing. What will the others do when they get here? Smead should eat it up, but is he still in the race? We hear he may not be. The others will not eat it up. It will eat them. Pushing. Looking strong.

Fleming has whipped the hill. There are more just as steep, but not as long, nor nearly. Fleming will win. He can coast in from here. He doesn't. Still running strong. There's George Mason of A.I.A. with that distinctive shock of white hair watching the fun, waving Fleming on past Bel Air. Crossing the San Diego Freeway into Brentwood. Up. Down. Curve left. Curve right. Into Pacific Palisades. Smead is definitely out. Eino has caught up to us on his 10-speed and informs us. He also scares the hell out of us as he takes both hands off the handlebar and holds on to the side of the press truck. He laughs at us.

Nobody laughs at Fleming. Coming down the final hill which winds into the finish chute, one of three, each with its own clock, he flashes a million dollar smile. Well, for sure, a \$25,000 smile.

Now he can have a drink of water. LaFittes-Rothschild would be more appropriate. 2:13:14. That comes out to \$11,258.44 an hour, give or take some for rounding off. Interviewed afterward, Fleming chides his doubters, but in good spirit. He can afford to be charitable. He says he felt well all the way through. Liked the course. No one pushed him, because..."I'm a front runner. Everyone criticizes me for being a front runner. Well, to everyone who says I'm a front runner, IN YOUR EYE, when I'm in shape!"

What can you say to that?
Dave Patterson couldn't say much. He was second in 2:16:19, which would put him over a

League's time was 2:21:49. So, Jordache not only avoided the stumbles and bumbles of their previous affairs, but they also achieved considerable respectability in the way of performance.

One ludicrous note. The last of the pro entrants finished in 3:19:02. The last of the female money winners was 3:11:57. The first two pro women beat 25 of these so-called male pros. And, finally, thirty-six of these guys didn't even break 2:30, seventeen didn't break 2:50. What the devil were these people thinking of by turning pro? What's a guy who can't even break three hours doing turning pro? That's carrying the LA head trip a bit far. And Ron Nabors, who won the first two, was a distant 21st in a disappointing 2:30:48.

While all this was going on, there were some very good women out there, taking on that tough course and giving as good as they were getting. Going by past records, Gayle Olinekova had to be the heavy favorite. She trained hard and was, outwardly at least, quite confident. Too confident, some people thought. Some thought that Joann Dahlkoetter had the best chance of an upset if she could really get it together. Actually she did, but it was not quite enough.

Like Fleming, Olinekova is a front runner, at least in races in which she feels she is the favorite. She went out front quickly and had about a 5 yard lead at the mile. At nine miles, she was still in first with Dahlkoetter about a step behind and Cindy Dalrymple, winner at the Jordache Rose Bowl, was third maybe three yards behind Dahlkoetter. At ten miles, disaster struck. Olinekova said she felt a twinge in her foot and knew that she was in trouble. She thought it was ruptured nerve, and though it got worse, she hung. There were a lot of groceries at stake, so you bet she hung in. By 15 miles, she had fallen back to third, about 70 yards behind Doreen Ennis-Schwarz, who trailed Dalrymple. Dalrymple had planned to run a flat 6 minute pace and almost blew it when the leaders went out faster. She said it was very tempting to follow them. She managed to hold to her plan, though, and it paid off to the tune of \$25,000, just like Fleming. She went through the 20 mile mark in about 2 hours, passing the water stop, also just like Fleming. She looked very strong coming in in 2:39:32, followed by Ennis-Schwarz in 2:40:57.

Meanwhile, at about 18 miles, Olinekova had slowed quite noticeably and by 22½ miles, gave it up. Louis Hirsch, who helps me on many of these races, saw her before any of the course monitors, and gave her a lift to the finish line. "There goes the Mercedes," she muttered as she seated herself for a long three mile ride. At the award ceremony that evening, she could hardly walk. You had to feel for her. She put a lot more than training into the race. Along with Grandi, she promoted it, helped set up the facilities and services for the runners, and she can take a lot of the credit for what turned out to be a well-organized event. To have to sit there, all but unnoticed and largely unrewarded, and watch all the others get the loot was the sign of a pretty good, if somewhat forlorn, sport. A lot of people in her place would have called in sick.

Anyway, Joann Dahlkoetter came in third and Carol Young...remember her on the bus ride to the Bowl?...ran a 2:53:55 to take the \$500 that went with seventh place.

Thirty-seven year old Fran Solomon picked up a cool grand for sixth. That gets us to wondering. Looking at Young, Solomon and

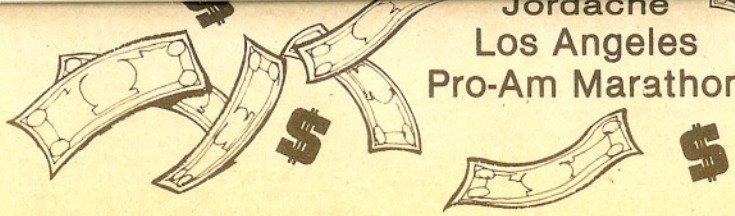
photo by Richard Slotkin



photo by Richard Slotkin



Jordache Los Angeles Pro-Am Marathon



By RICHARD SLOTKIN

Los Angeles, March 29.

They got it right this time. Jordache and Tom Fleming, we mean. Jordache put on a marathon the way it should be put on and Tom Fleming ran one the way it should be run.

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The morning broke cold and heavily overcast. Tom Fleming got one look at it from his hotel window and he knew he was in business. He wouldn't be making any water stops today, he told himself. As it turned out, he didn't even cast a glance at any of the aid stations on the 26.2 mile route which started at the famed Hollywood Bowl, wound its way around a big Hollywood loop, and streaked out Sunset Boulevard, through its twists and turns, up its rises and down its falls, all the way to Will Rogers Beach, which is just about as far as you can go without swim fins.

But, let's start at the beginning. While Fleming was checking out the weather from his Miramar Sheraton Hotel room on Ocean Avenue in Santa Monica, overlooking the whole Santa Monica Bay, several buses were lining up in front of the hotel. These were for the out-of-town entrants who took advantage of the discount rates arranged for them by Jordache. There were also a few freeloaders, like myself, who didn't feel like driving to the Hollywood Bowl starting line. The bus ride was pretty quiet. Carol Young, a sub-2:50 marathoner, was sitting one row in front of me. The guy sitting next to her made a few half-hearted attempts to start a conversation, but nothing much came of it. Carol was making her pro debut today, as was a former running partner, trials qualifier Ron Wayne. Ron wasn't in sight right now, though. The guy sitting next to me was getting ready to run his first marathon ever, and, as he later told me, on less than 50 miles a week. He was quite nervous, and after a somewhat surly start, he became an almost non-stop talker. He was about the only one. Everyone else was pretty grim. And, except for Young, these were the *amateurs*. I wonder what the bus ride with the rest of the pros was like.

Anyway, arrangements had been made for every combination of commuting: hotel to start line, start line to finish, finish to start, finish to hotel, etc. And because it was a point-to-point course, provisions were made for safekeeping of sweats, towels, wallets and all the other paraphernalia and valuables that the runners would have to do something with.

I don't want to go into any further detail on the support logistics. However, Jordache has taken a lot of flack, and rightly so, for what were botched jobs of race management in their first two pro marathons. This time was really different. Things were under control

and competently handled. Even the amateur runners could be heard making favorable comments during the finish line milling and socializing.

Credit for this goes partly to Jordache and their promotion agent, Sports Ink. Mario Machado and assistant Mike Ruvo were really hustling to keep things going smoothly.

I suspect, though, that much of the credit should go to Michael Grandi. Grandi is Gayle Olinekova's coach, confidant, boyfriend, advisor, trainer, shoelace tier and...gee, sounds almost like a husband. Anyway, Mike knows about running marathons, having run a few with Olinekova. (Pacing is another one of the services he provides, and *that* is above and beyond the call of any of the previously mentioned services.) As a co-director, along with Olinekova, he was on top of everything from aid stations to t-shirt styles to getting me on the bus.

There was one snafu, we must mention. To avoid finish line jam-ups, there were three separate start times. First, at 8:00 a.m. went the pros. At 8:10 the amateur women were sent off and the amateur men were to start at 8:30. This would give the amateur women a chance to run unhindered for a while at least. Unfortunately, with no advance warning, the amateur men's start time was moved up 10 minutes to 8:20. The only problem with that was that a lot of runners were still putting on shoes, making that last pit stop, looking for a parking place (now, *that's* cutting it close!) or pinning on numbers. As inexcusable as it was (not to mention unexplainable) it generated only a few complaints, and those were quite low key. So, all right already, I'll tell you about the race. Just give me a chance.

As far as the pros went, there were three races. The men, the women and Tom Fleming. Fleming said before the race that he would probably go out fast and try to build up a big lead early. Even if he did tire later, he didn't expect that anyone would be able to make up any ground on him once he reached the hilly part of Sunset Boulevard. In the past, that strategy has backfired on him because he usually killed himself building up the big lead and wound up dropping out of the race. However, the early leader was Frank Bautista, a 2:18 marathoner. He had just a slight lead with a very tight pack behind him. As you would expect, the women didn't even try to stay with these guys, and formed their own race somewhat behind, the gap growing greater each minute. They weren't completely out of it though, as the female frontrunners kept ahead of quite a few of the men. More on that later. For now, though, the front of the pack went through the first mile in about 4:16. No, that's not a typo, and no, that wasn't a Fleming-led pack. Maybe the mile marker was off...the time wasn't, because my stopwatch read the same as the official one. The explanation lay in two facts...assuming the marker was within a few yards of being accurate. One was \$25,000. No one wanted to let

back into Hollywood, he faced a long upward grade, similar to the downward one on Highland. Fleming put this to good use as he stretched his lead steadily, despite the fact the pack had shown signs of going after him. If that is what they really were doing, they blew the whole thing right there. It was much too early to test Fleming. If he were going to fold, it would be much later, maybe around 18 miles. Plenty of time then to go for it. Well, Fleming didn't fold at 18 miles or anywhere else. He just poured it on for the whole rest of the way.

Five miles at 24:45. Didn't even look at the aid station. Passing L.A. City College, a second sign of slowing; his lead drops from 14 seconds to 12 seconds. Reaches Sunset, pushing the last of the grade. Left turn on Sunset and his lead is 16 seconds! Heading west on Sunset Boulevard, it's the last stretch

Nobody laughs at Fleming. Coming down the final hill which winds into the finish chute, one of three, each with its own clock, he flashes a million dollar smile. Well, for sure, a \$25,000 smile.

Now he can have a drink of water. LaFitte-Rothschild would be more appropriate. 2:13:14. That comes out to \$11,258.44 an hour, give or take some for rounding off. Interviewed afterward, Fleming chides his doubters, but in good spirit. He can afford to be charitable. He says he felt well all the way through. Liked the course. No one pushed him, because... "I'm a front runner. Everyone criticizes me for being a front runner. Well, to everyone who says I'm a front runner, IN YOUR EYE, when I'm in shape!"

What can you say to that? Dave Patterson couldn't say much. He was second in 2:16:19, which would put him over a

photo by Richard Slotkin



Tom Fleming

change he'll make. It's Sunset all the way to the beach. Eight miles at 40:10. At least a hundred yard lead. The pack is reduced to a string. Fleming has already done a job on them. Passing the Cinerama Dome, 26 second lead. Fleming's PR is better than four minutes ahead of the next best, Doug Kurtis' 2:14:15. So, he shouldn't have had to worry that much

photo by Richard Slotkin



Cindy Dalrymple

half mile back when Fleming finished. His compensation was \$12,000. That should have gone a long way towards relieving any frustration built up during the Great Chase.

Jaime White was third in 2:17:11, followed by Doug Kurtis in 2:17:29. The last of the money winners, Joe League, was under the Olympic Trials qualifying time of 2:21:54.

paid off to the tune of \$25,000, just like Fleming. She went through the 20 mile mark in about 2 hours, passing the water stop, also just like Fleming. She looked very strong coming in in 2:39:32, followed by Ennis-Schwarz in 2:40:57.

Meanwhile, at about 18 miles, Olinekova had slowed quite noticeably and by 22 1/2 miles, gave it up. Louis Hirsch, who helps me on many of these races, saw her before any of the course monitors, and gave her a lift to the finish line. "There goes the Mercedes," she muttered as she seated herself for a long three mile ride. At the award ceremony that evening, she could hardly walk. You had to feel for her. She put a lot more than training into the race. Along with Grandi, she promoted it, helped set up the facilities and services for the runners, and she can take a lot of the credit for what turned out to be a well-organized event. To have to sit there, all but unnoticed and largely unrewarded, and watch all the others get the loot was the sign of a pretty good, if somewhat forlorn, sport. A lot of people in her place would have called in sick.

Anyway, Joann Dahlkoetter came in third and Carol Young...remember her on the bus ride to the Bowl?...ran a 2:53:55 to take the \$500 that went with seventh place.

Thirty-seven year old Fran Solomon picked up a cool grand for sixth. That gets us to wondering. Looking at Young, Solomon and Dalrymple, we notice that the older they get, the better they did. Dalrymple is 39, has two children, and has the distinction of having gone to college on a track scholarship long before Title IX came along. Young is 31, so the theory seems to be holding.

Although it seems anticlimactic, it should be remembered that there were a lot more people out there in the amateur version. Close to 1500 of them. Michael Cassaday led all of them to the tape in 2:20:56. Had he run as a pro, he would have gotten ninth and 350 dollars richer.

First female would not have done so well. That was 19-year old Liz Garman. Her time was 3:06:13. She'd have been way out of the money. In fact, today you aren't likely to get much out of a time like that in the amateur women events. But Liz got herself a big beautiful trophy this time Jordache does award a nice piece of hardware to its winners, and Liz got the biggest one for the females.

Youngest finisher was little Randy Wilson, Jr. His time was 3:52. Not bad for a ten year old. His father is the Randy of Randy's Runners, a local running club, who, incidentally, were responsible for setting up the 4 Jillion orange cones that marked the course.

One especially nice note was the crowd. Despite a disappointingly sparse crowd along the race route, there was a pretty sizable one at the finish line. And, unlike most races, it stayed pretty sizable as late as four hours into the race. So even the stragglers...most of them, anyway...got a fine welcome.

All finishers received a nice medallion as they crossed the line. This is more the rule in Europe, where they give out medallions rather than t-shirts. I like the idea, and hope that is continues to spread. T-shirts are fine, too, but a little variety doesn't hurt things. (Of course, at this one, they all got t-shirts too.)

All in all, the day was a success. Runners comments were almost exclusively favorable, as they milled about the finish line. A tip of the hat goes also to Dennis and Judy Ikenberry and their crew. They have been fine

tuning their race result process to the point that any time I cover a race in which they process the results, I have a complete and unusually accurate set before I leave. Unless you write up these things as I do, you can't begin to appreciate the importance of this service. Thanks, Ikenberrys.

And, here are the results, as computed by the aforementioned Ikenberrys:

RESULTS

Professional Race/Men		
1 Tom Fleming \$25,000	2:13:14	
2 David Patterson \$12,000	2:16:19	
3 Jaime White \$6,000	2:17:11	
4 Doug Kurtis \$3,000	2:17:29	
5 Mitch Kingery \$1,500	2:17:50	
6 Richard Langford \$1,000	2:18:11	
7 Steven Benson \$500	2:18:29	
8 Anthony Brien \$400	2:19:53	
9 Raul Llusa \$350	2:21:15	
10 Joe League \$250	2:21:49	
11 Jeff Dettmer	2:23:19	
12 Jean Ellis	2:23:59	
13 Athol Barton	2:24:03	
14 Russ Jones	2:24:59	
15 Ron Wayne	2:25:37	
16 Carl Smith	2:26:37	
17 Wally Buckingham	2:27:50	
18 Dave Hoover	2:28:38	
19 Donald Ocana	2:29:19	
20 Michael Mahler	2:29:44	
21 Ron Nabers	2:30:48	
22 John Loeschhorn	2:31:09	
23 David Harris	2:31:41	
24 Marshall Matye	2:32:01	
25 Duane Waltmire	2:33:41	
26 Jeffrey Kirk	2:35:05	
27 Doug Conley	2:35:46	
28 Ronald Amundson	2:37:00	
29 Leroy Kotchevar	2:39:05	
30 Chris Carroll	2:39:25	
Professional Race/Women		
1 Cindy Dalrymple \$25,000	2:39:32	
2 Doreen Ennis Scharz \$12,000	2:40:57	
3 Joann Dahlkoetter \$6,000	2:45:14	
4 Karen Bridges \$3,000	2:50:27	
5 Donna Burge \$1,500	2:51:54	

6 Fran Soloman \$1,000	2:53:32
7 Carol Young \$500	2:53:55
8 Paulett Halel \$400	2:57:03
9 Connl McCarthy \$350	2:57:30
10 Jennifer Weiss \$250	3:11:57
11 Paula Ramirez	3:17:19

Amateur Race

Male 19 & under		
1 George Cable	2:51:20	
2 Jeff Hooker	3:07:05	
Male 20-29		
1 Michael Cassidy	2:20:56	
2 Steven Chase	2:26:17	
3 Timothy Dolman	2:26:36	
4 Tim Nikceovich	2:46:43	
5 Robert Dietrich	2:47:20	
Male 30-39		
1 Charles Hodge	2:38:49	
2 Simon Rubin	2:39:16	
3 Joe Cannon	2:39:41	
4 Nicholas Brown	2:40:31	
5 Gill Cornell	2:40:44	
Male 40-49		
1 Stanley Wegner	2:51:50	
2 Dudley Gray	2:57:37	
3 Alan Dirkin	2:58:23	
Male 50-59		
1 Tracy Brown	2:48:24	
2 David Parker	2:59:12	
3 Jack Horne	2:59:16	
Male 60+		
1 Robert Kroger	3:24:35	
Female 19 & under		
1 Liz Garman	3:06:13	
Female 20-29		
1 Jill Horne	3:08:29	
2 Debbie Sierra	3:17:42	
Female 30-39		
1 Darlene Roberts	3:17:47	
2 Suzanne Miller	3:18:53	
3 Penny Little	3:20:34	
Female 40-49		
1 Reina Hart	3:12:43	
2 Marcia Martyn	3:37:47	
Female 50-59		
1 Helen Palmer	3:30:23	

1:08:35	Ed Mendoza (25, San Diego)	78
1:08:40	Chris Hughes (21, La Mesa)	79
1:08:48	Jeff Woodland (18, LaJolla)	79
1:09:10	Wayne Akiyama (23, Clrmt)	75
1:09:14	Kevin Heaton (27)	80
1:09:15	P. Hendrick (22)	79
1:09:19	Ian Cummings (25)	77
1:09:19	Brad Roy (25, San Diego)	79
1:09:21	Scott Peters (Arcata)	80

WOMEN :

1:14:37	Laurie Binder (32, San Diego)	80
1:14:50	Kathy Mintie (19, Fullerton)	79
1:15:04	Martha Cooksey (24, Orange)	78
1:17:51	Sue Krenn (30, San Diego)	80
1:19:35	Yvonne Yanke (21, San Diego)	79
1:20:53	Lorrie Dierdorff (23, San D)	80
1:21:08	Nadia Garcia (22, San Diego)	76
1:21:28	Diane Riley (23, San Diego)	79
1:21:40	Sheli Lachel (15, La Mesa)	80
1:21:42	Jill Symons (18, Chico)	79
1:22:26	Kay Harpold (29)	79
1:22:31	Jeanne Abare (25, San Diego)	79
1:22:33	Carol Young (30)	80
1:22:34	Lisa Whiteman (18, La Mesa)	79
1:22:45	Sue Gelley (18, Spring VI)	79

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California Half Marathon All Time Ranking

By BOB MARTIN
National Running Data Center

MEN:		
1:02:56	Dave Babiracki (27, Gran Hls)	80
1:03:07	Thom Hunt (22, Tucson)	80
1:05:01	Steve Ortiz (21, Barstow)	80
1:05:38	Gary Blume (22, Berkeley)	79
1:05:48	Kirk Pfeffer (24, Thous Oaks)	80
1:05:53	Tom Lux (27, Spring VI)	80
1:06:00	Chuck Smead (28, S. Paula)	79
1:06:29	Gary Close (24, El Cajon)	79
1:06:37	Ben Wilson (30, Claremont)	78
1:06:53	Tim Varley (19, San Diego)	80
1:06:58	Dennis Hamblin (19, San Diego)	80
1:07:04	Jim Mosher (30, San Diego)	80
1:07:05	Glen Best (22, San Diego)	79
1:07:07	Adam Ferreira (29, N. High)	79

4th Annual



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1:07:07	Adam Ferreira (29, N. High)	79
1:07:08	John Jones (30, Goleta)	79
1:07:13	Wally Buckingham (26, El Caj)	79
1:07:21	Rory Trupp (25, San Diego)	79
1:07:24	George Pullen (23, San Diego)	77
1:07:32	Phil Camp (29, San Diego)	77
1:07:40	Thomas Kelley (25)	78
1:07:42	Dave Frickel (24, LaVerne)	79
1:07:59	David Harper (27, San Diego)	80
1:08:10	Pete Flores (Woodland)	80
1:08:28	Robert Darling (31, SF)	80

1:08:35	Ed Mendoza (25, San Diego)	78
1:08:40	Chris Hughes (21, La Mesa)	79
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1:14:50	Kathy Mintie (19, Fullerton)	79
1:15:04	Martha Cooksey (24, Orange)	78
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1:22:34	Lisa Whiteman (18, La Mesa)	79
1:22:45	Sue Gelley (18, Spring V)	79
1:23:10	Ellen Turkel (26, San Diego)	80
1:23:25	Rita Scalise (29, Carmichael)	80
1:24:01	Sandra Kiddy (43, Palm Springs)	80
1:24:07	Dorothy Stock (47, La Mesa)	80
1:24:10	Pam Morris (21, Los Angeles)	79
1:24:33	Debbie Lewis (24)	78
1:24:58	Cathy Oddone (Chico)	80
1:25:00	Cheryl Flowers (17, San D)	79
1:25:02	Anna Muceus (17)	79

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Santa Barbara Winter Run 6 Mile

February 7.

1	Kevin Jones (20, SLO)	29:49
2	Barasa Thomas (19, S. Bar.)	30:16
3	Michael Ryan (34, Lompoc)	30:51
4	Jon Jackson (21, S. Bar.)	31:01
5	Jack Dixon (20, S. Bar.)	31:02
6	Kurt Cook (19, S. Bar.)	31:30
7	Paul Croft (19, S. Bar.)	31:46
8	Jim Ryun (33, S. Bar.)	32:22
9	Gilbert Delgado (17, S. Bar.)	33:00
10	Doug Becker (35, Ojai)	33:17

Men 40-49:

1	Gary Kinkins (41, Ojai)	35:14
2	Curtis Ridling (44, S. Bar.)	35:35

Men 50-59:

1	John Wefler (54, Camarillo)	40:58
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Women 15-18:

1	Amy Harper (18, SLO)	36:52
2	Alison Ehlen (18, S. Bar.)	38:45

Women 19-29:

1	Liz Strangio (19, SLO)	35:26
2	Bobbi King (25, S. Bar.)	37:12

Women 30-39:

1	Sandra Marshall (33, Goleta)	39:55
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Women 40-49:

1	Fay Rita Hobbs (45, S. Bar.)	40:45
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Santa Barbara Winter Run 10 Mile

February 7.

1	John Jones (32, Goleta)	51:12
2	Joe League (26, Goleta)	51:15
3	Peter Sweeney (25, SLO)	51:50
4	Jon Black (20, Thous. Oaks)	52:35
5	Bill Socbey (35, Ventura)	52:35
6	Gary Tuttle (33, Ventura)	52:35
7	Tom Phillips (26, Carpinteria)	52:38
8	Dan Rueckert (24, SLO)	52:40
9	Andy Black (21, Thous. Oaks)	55:32
10	Daniel Wojcik (25, Pasadena)	55:49
11	David Mineau (33, Oxnard)	55:57
12	Jim Masterson (26, Gardena)	56:22
13	Hank Crawford (17, Ventura)	57:10
14	Jim Hurley (24, Los Osos)	57:18
15	Eric Arndt (18, S. Bar.)	57:51

Men 40-49:

1	John Richards (49, Ventura)	60:34
2	Kemp Aaberg (41, Goleta)	62:27

Men 50-59:

1	Ray Gil (56, Lompoc)	62:29
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Men 60 and Over:

1	Joseph Romero (62, S. Bar.)	1:37:04
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Women 19-29:

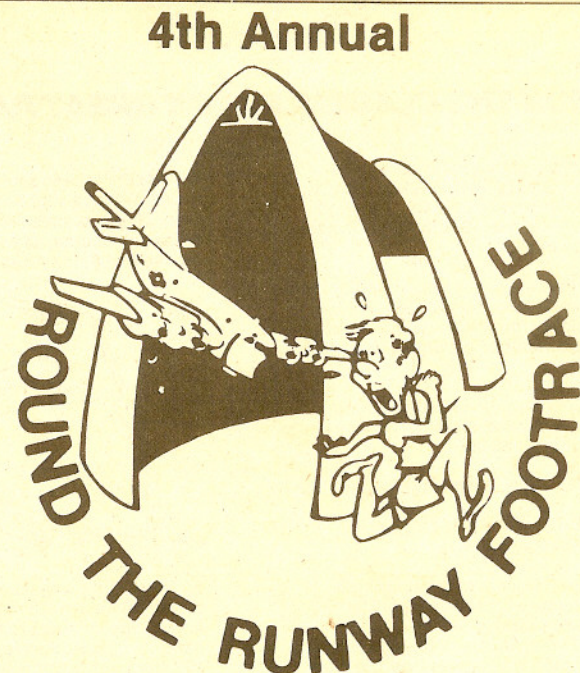
1	Mary Carman (20, S. Bar.)	62:51
2	Anne Hayden (26, S. Bar.)	74:28

Women 30-39:

1	Anette Connell (35, Montecito)	78:18
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Women 40-49:

1	Shirley Saunders (40, S. Bar.)	69:14
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NAS Moffett Field, CA.

Sunday,

June 14, 1981

5K 9:00 a.m. - 10K 9:45 a.m.

12 Divisions each race — \$3 Entry fee
For information call (415) 966-5207

Men 35-39:
 1 Bill Scobey
 2 Jim Minami
 3 Larry BAllew

1:28:26
 1:29:01
 1:32:23

Leigh H.S., San Jose, CA 48:52.4
 Bellarmine Coll Prep, San Jose, CA 48:55.8
 St. Francis H.S., Mountain View, CA 49:44.9

16:49
 17:09
 17:29
 18:17
 18:25

5K Women
 1 Mary Gerlits (Torrance) 25:32
 2 Tracy Goodell (QH) 28:23
 3 Jean Poole(QH) 28:55

10K Men Under 12
 1 Joaquin Moreno(QH) 44:44
 2 Greg Bates(Lanc) NT

10K Men 13-15
 1 Mark Garcia (Venice) 46:41
 2 Barry Anderson (QH) NT

10K Men 16-18
 1 Sam Martinez(QH) 36:12
 2 Andy Visokey (Lanc) 37:03

10K Men 19-29
 1 Alfredo Rosas(El Segundo) 33:51
 2 Dean Sylvles(QH) 33:55

10K Men 30-39
 1 Sam Martinez(QH) 36:12
 2 Andy Visokey (Lanc) 37:03

10K Men 40-49
 1 Jim Woulfe(Apple Vly) 39:12
 2 Jim Munson(Lanc) 39:45

10K Men 50+
 1 Marv Powers(Lanc) 40:40
 2 Keith Davis(Palmdale) 46:57

10K Women under 15
 1 Elaine Poole (QH) NT
 2 Lisa Carstensen (Lanc) NT

10K Women 16-18
 1 Beth Whisenand(Palmdale) NT
 2 Ellen Humfreville(Bass Lake) 45:00

10K Women 19-29
 1 Martha Wengert(Lanc) 48:13
 2 Sharon McClung(Palmdale) 49:05

10K Women 30-39
 1 Jeanette Wells(QH) NT

10K Women 40+
 1 Jeanette Wells(QH) NT



Camellia Capital Marathon

March 8, Sacramento.

Full Marathon:

1 David Chairez	2:26:24
2 George Muniz	2:38:30
3 Ralph Shinevor, Jr.	2:40:39
4 Karl Yamauchi	2:40:54
5 Bill Stainbrook	2:42:33
6 Keith Pearman	2:43:50
7 Dan Chaffee	2:46:48
8 Richard Levtzinger	2:49:22
9 Steven Levy	2:49:39
10 Ralph Dockett	2:49:45

Half Marathon:

1 Michael Van Horn	1:07:05
2 John Mansoor	1:07:09
3 Steven French	1:08:51
4 Ray Roe	1:11:11
5 Christopher Hadley	1:11:19
6 Rodolfo Vega	1:11:59
7 Tim Rostege	1:12:25
8 Unknown	
9 Michael Cunningham	1:13:59
10 Phil Garcia	1:14:01

Avon Women's Half Marathon

By RICHARD SLOTKIN

Pasadena, March 15.

Kathy Mintle went out front quickly, never looked back, never let up and just totally demolished her competition. Knowing that only a week earlier Joan Benoit had set a new world's best for the half-marathon, she was in the market for one of her own. As it turned out, she didn't break Benoit's mark. She missed it by 23 seconds. But she did get a world's best after all. You see, Benoit ran in an open race and she had the benefit of fast males to either key upon, at worst, or to serve as pacers, at best. Mintle had nothing but the breeze and a pace car. The breeze was too weak to be of any help and the pace car was even less useful—IT was keying on HER. So, all by herself, the lass from Fullerton blew off a small but quality field and in this, her first half-marathon ever, and ran the distance in 1:11:39.8. That is a world's best for a women-only half marathon. Second place was almost 3½ minutes behind or, to put it another way, over half a mile back. Not bad for a first timer who was using the distance as part of her tuning up for the 10,000 meters this track season.

How did she do it? Well, a first mile split of 5:10 was a good way to start. It got her loosened up and shook off the competition. A two mile split of 10:41 didn't hurt things any, and further convinced the pack that she meant business. Thirty-three forty-five at the 10k would have won most 10k's, but here it wasn't even half way. Incidentally, the last part of that 10k was up the one really steep hill that the ladies had to face, after that, it was a mat-

5K & 10K RUN

SPONSORED BY:
 Arcadia Chamber of Commerce
 Miller Lite
 7Up Bottling Co.
 Converse



SUNDAY
 MAY 17, 1981
 STARTING AT
 8:00 A.M.

8:00 A.M. - 5 KM
 8:30 A.M. - 10 KM

COME RUN THE CLASSIC AT THE GREAT RACE PLACE

WHERE: This race will start and finish at "The Great Race Place", SANTA ANITA RACE TRACK, 285 W. Huntington Drive, Arcadia, CA. Take 210 Freeway to Santa Anita Ave., South to Huntington Drive, West to race track.

REGISTRATION: Pre-registration accepted by mail must be postmarked before May 8, 1981. Please include the completed form below, a business size self-addressed stamped envelope, and \$7.50 runner entry fee.

ENTRY FEE: Pre-Registration \$7.50, gets long sleeve tee shirt, awards and eligibility. No tee shirt option available for \$3.00.

ENTRY DEADLINE: May 8, 1981 for pre-registration

LATE ENTRY FEE: There is a late entry fee of \$10.00 charged after May 8, 1981.

AWARDS: Adults — Winners of the first three places in each division will receive beautiful Miller Lite bar mirror trophies.

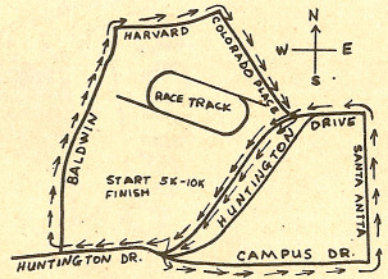
Under 21 — Winners of the first three places in each division will receive trophies from the 7Up Bottling Co. **All participants** — There will be drawings for many prizes, open to all participants.

REFRESHMENTS: Post race refreshment include ARROWHEAD Drinking Water, chilled oranges from SUNKIST, free beverages from MILLER'S AND 7UP.

PROCEEDS: The monies received from the Santa Anita Lite 7Up Spring Classic will be used for the improvement of recreation facilities in Arcadia, and a donation will be given for the Arcadia Tournament of Roses float.

SANTA ANITA LITE 7UP SPRING CLASSIC
 P.O. BOX 522
 Arcadia, California 91006

COURSE: Flat and scenic through beautiful Arcadia, with a slight hill at the end of the 10K loop. The 5K circles around the famous Santa Anita golf course, and the 10K loops the golf course and Santa Anita Race Track.



5K—from Santa Anita parking lot, out Holly Ave., entrance; East on Campus Dr.; North on Santa Anita, West on Huntington Dr.; enter Santa Anita parking lot at Holly Ave. to finish.
 10K—from Santa Anita parking lot, out Holly Ave., entrance; East on Campus Dr., North on Santa Anita; West on Huntington Dr., North on Baldwin; East on Harvard; South on Colorado Place; West on Huntington; enter Santa Anita parking lot at Holly to finish.

IMPORTANT: No waiting in line before the race. Your running number, race instructions and tee shirt redemption ticket will be mailed to you in your self addressed stamped envelope.

FOR MORE INFORMATION:
 Telephone: (213) 446-0131 — (213) 445-8364

Address Change?

Be sure to notify California Track & Running News as soon as possible of a change in your address. CT&RN is mailed third class bulk rate and the post office will not forward the magazine. Send your new address, as well as your old, to California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

Martin Luther King, Jr. Games Half-Marathon

1 Brock Hinzman(Excelsior)	1:08.8
2 Mark Williams(AngelFidAncients)	1:14:04.5
Chris Berka(un)	Tie 1:14:04.5
4 Casey Culbertson(un)	1:14:40
5 Stephen Sidney(un)	1:16:28
6 Greg Hodson(un)	1:19:15
7 Mike McCaffery(un)	1:20:33
8 David Stevenson(un)	1:21:00
9 Larry Worth	1:21:25
10 De La Guardia	1:21:33
11 Dante Dettamanti	1:21:57
12 Mike Flynn(AngelFidAncients)	1:22:17
13 Don Carpenter	1:22:33
14 Bob Van Dora	1:24:14
15 Michael Webster	1:24:21
34 Seon Adler/W	1:36:15
38 Ruth Waters/W	1:38:59

8th Annual Kaweah River Valley Eight Mile Run

By MARTY HIGGINBOTHAM

Today many runners look for fun, challenging and beautifully scenic road races. Well, the Kaweah River Valley Eight Mile Run offers all three of these. This exceptional race is held above the foothills, and right next to the majestic Sierra Nevada Mountains. The course is an out-and-back course—better yet it could be described as an up-and-back course! It runs four miles up the Kaweah River Valley and four miles back down. The whole course is run in a mountainous type setting. On the route up you get a tremendous view of the Sierra Nevada. The winding narrow paved road that leads you up and back down is totally surrounded by trees, which offer some shade, bushes and the refreshing atmosphere of early spring in the mountains.

On Sunday, April 5, some gutsy runners stepped up to the starting line to test their strength on this course. Race director Dave Bronzan had enough volunteers to help at the race so he could run himself. Bronzan, who is one of the Central Valley's best submaster runners, was shooting for the 30-39 age group record of 43:57. The race began with Bronzan of the High Sierra Track Club and Marty Higginbotham of the Bartlett Mineral Water Race Team running together in the lead. At two miles, Higginbotham had built a small lead over Bronzan. At four miles (the turnaround point) Higginbotham had a comfortable lead, however, tough Dave Bronzan was closing the gap. With just less than two miles to be had, Bronzan pulled within about eight yards of Higginbotham. A surge by Higginbotham put an end to the fast-coming Bronzan. Coming across the finish line first in 43:48 was Higginbotham with Bronzan next at 44:05, only eight seconds off the 30-39 age group record. Finishing in third (second in open division) was Bartlett Mineral Water Runner Ed Taylor in 45:00. Fourth overall and third in the open division, was teammate Bob Fries. Taylor

Roeding Park 6 Mile

Fresno. March 28.

Under ideal running weather, Jim Hartig of the Fresno Track Club, made his debut at the 8th Annual Roeding Park 6 Mile Run a successful one as he lead all runners across the finish line in 30:58. The first 4 miles was a three-man race as Scott Thornton (HSTC) was right with Jim. They were closely followed by George Aguirre (SBAA). But at the end, it was Hartig winning comfortably by 9 seconds over Aguirre, followed by Thornton who was slowed by a foot injury suffered in the Bakersfield Marathon 2 months ago.

Three division records were set. Kimbi Hamer led all women as she lowered her open record to 38:17. In the women's 30-39 division, Diane Stauffer also set a record with a fine 39:45, lowering that mark by 3 minutes and 25 seconds. It was no contest in the men's 50+ division as Len Thornton (HSTC) destroyed the previous record in that division with an outstanding time of 33:59. In the 30-39 division, Curt Elia led a tough group with a 32:15. Fernie Montanez (FTC) led the 40 year olds with a 35:12 with club member Dick Cain closing in with a 35:34.

1 Jim Hartig(FTC)	30:58
2 George Aguirre(SBAA)	31:07
3 Scott Thornton(HSTC)	32:12
4 Curt Elia(FTC)1-30	32:15
5 Albert Lomell(FTC)	33:16
6 Leon Valley(FTC)	33:19
7 Allan Tappe	33:22
8 Joe Day(MTC)2-30	33:31
9 Ken Lehman(FTC)3-30	33:34
10 Gordon Keller(FTC)4-30	33:43



Scott Thornton(left) and Jim Hartig

11 Len Thornton(HSTC)1-50	33:59
12 Andres Patlan 5-30	34:32
13 Bob Lindsey(FTC)6-30	34:46
14 Fernie Montanez(FTC)1-40	35:12
15 James Lambe(FTC)	35:16
16 Dick Cain(FTC)2-40	34:34
17 Bill Woody(HSTC)7-30	35:40
18 Bob Fries(FTC)2-50	35:45



Pear Blossom 20K

By MARTY HIGGINBOTHAM

April 11, Medford, Oregon.

Running in the 1981 Pear Blossom 20 Kilometer Run in Medford, Oregon was a terrific experience. I arrived in Medford on Friday afternoon, the weather seemed a bit cool, ideal for racing! Later in the afternoon my Oregonian guides Joe Carson and Jim Coats started off on an easy run. Just after we had started another runner came up from behind us to join the warmup. However, this was not just any other runner, this was a person with a 13:18 5K, 27:58 10K and a berth on the US Olympic team all to his credit. This was University of Oregon star Bill McChesney!

Our run turned out to be a very enjoyable one, as we talked about the next day's race. The very modest twenty-two year old McChesney was not sure about his chances for victory the next day as he had his wisdom teeth extracted just over a week before the race and had to lay off for five days. The layoff must not have effected McChesney too much as he and Marcus Ryffel of Switzerland battled each other for most of the 20 kilometers. Ryffel has a 5,000 meter best of 13:31.1 which is the fourth fastest 5k time ever recorded and was fifth in last year's Moscow Olympics.

McChesney went through the first mile in 4:48 leading a pack of six runners which included Ryffel, Lionel Ortega, Art Boileau, Don Clary and the 1979 & 80 winner Leonard Hill. At three miles Clary and Hill had dropped the pace and it turned into a four man race. Just before the turnaround point (it was an out and back course) McChesney took the lead crossing 10 kilometers in 30:19. McChesney and Ryffel duelled the last 10 kilometers, and a mistake by Ryffel prevented what could have been a wild sprint to the finish. Ryffel mistook crosswalk lines for the finish and sprinted past McChesney then a block later slowed down and was a bit confused. McChesney yelled to him to keep going. At the end of the 20 kilometers though, it was the Oregon star finishing on top in a very amazing 60:13.0, which was 8.7 seconds ahead of Ryffel. The 60:13 time dropped 41 seconds off Shorter's course record which was pro rated since the race was previously a half marathon. McChesney was surprised to have run the second 10 kilometers under 30 minutes (29:54). After the race Ryffel was quoted as saying he tried to break McChesney several times in the last half of the race. He felt if it came down to a sprint that McChesney would beat him. McChesney has already run a 3:45 1500 meters this season. After the race McChesney was

Herc-Dynamite II

By STEVE JUSTICE

April 12, Hercules. 4 miles.

Brian Abshire of DeAnza High School (Richmond) scored his second consecutive road victory with a record-setting effort at the Herc-Dynamite Run. In March he outdistanced track legend Jim Ryan in a 10 kilometer event, and this time he bested a field that included Leroy Kotchevar (Crockett), who has clocked 14:34 at 5000 meters; Allan Smith, a sub-4 minute 1500 meter performer; and just about every top high school distance runner in the West Contra Costa County area. However, both Kotchevar and Smith were recovering from recent marathons and the DeAnza junior's splits of 4:29 and 9:29 at miles one and two was too much for both of them. By the time Abshire hit the hilly third mile he had a comfortable 50 meter lead and that eventually lengthened to 150 meters and a winning time of 20:17, one second under the course record set last year by Hayward Marathon star Ted Quintana. Smith, the former Pinole Valley High School star now running for Santa Rosa J.C. was second in 20:34, and another ex-Pinole Valley speedster, Kent Thompson, took third at 21:13.

An even more impressive showing was made by the woman's champion, Sharlet Gilbert of Richmond, who lowered the course record by five minutes in route to a 23:47 - an average of 5:56.8 per mile. In doing so, she defeated Kerry Brogan, the state's third ranked high school performer at 3000 meters. Kerry also recorded a sub-6 minute per mile time at 23:56.

Records fell in 8 of the 10 age group divisions, including both mens and womens categories. Ralph Bowles (Pleasant Hill) fought off a determined Bob Myers (Oakley) to

win his second straight Herc-Dynamite trophy. His 22:04 and Myers' 22:08 both eclipsed Bowles' 22:18 1980 standard. Myers' son, Jim, was fourth overall at 21:21. Beverly Richardson (Oakland) like Allan Smith, still recovering from the Pinole Marathon, fared better than her Zephyr teammate with a 28:36 victory over Susan Klepac's 31:02 in the women's 40 and over division.

1 Brian Abshire(EI Sobrante) 1 13-17	20:17
2 Allan Smith(Pinole)	20:34
3 Kent Thompson(Pinole)	21:13
4 Jim Myers(Oakley) 2 13-17	21:21
5 Mike Trosset(Berkeley)	21:34
6 unofficial	
7 John Victor(Pinole) 3 13-17	21:52
8 Bob Blackman(Suisun)	21:54
9 David Nowak(Oakley) 4 13-17	21:56
10 Ralph Bowles(Pleasant Hill) 1 40-49	22:04
11 Bob Myers(Oakley) 2 40-49	22:08
12 David Gowen(Berkeley) 1 30-39	22:24
13 Leroy Kotchevar(Crockett)	22:32
14 Wayne McClish(San Leandro) 2 30-39	22:39
15 Mike Rivers(Fremont) 5 13-17	22:44
16 Ron Tanaka(San Jose) 3 30-39	22:49
17 Pat Shaughnessy(Pinole)	22:49
18 Michael Dayton(Danville)	22:50
19 Sheldon Clark(EI Cerrito) 4 30-39	22:57
20 Brian O'Connor(Richmond) 5 30-39	22:59
21 Tony Scardina(EI Sobrante) 6 13-17	23:01
22 Lee Forsberg(Orinda) 3 40-49	23:02
23 Larry Pugh(Fairfield) 6 30-39	23:15
24 Richard Tompkins(San Jose) 7 30-39	23:17
25 Rich Mayers(Richmond) 8 30-39	23:20
26 Dag Kavlie(EI Cerrito) 4 40-49	23:40
29 Sharlet Gilbert(Richmond) F30-39	23:47
36 George Moss(EI Cerrito) 5 40-49	24:13
38 Allan Downey(Martinez) 1 50	24:15
31 Kerry Brogan(Mt. View) F	23:56
72 Laura McHale(CitHts) F	27:30
75 Consuelo Underwood(Rch) F30-39	27:34
77 Brenda Markham(Fresno) F	27:38
79 Elizabeth Fivian(EI Cerrito) F	27:39
95 Beverly Richardson(Oakland) F40-49	28:36
97 MB Comareu(Concord) F30-39	28:40



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Ruby Hernandez, competing for the Bartlett Mineral Water Race Team was the first women finisher as she timed 58:55. Her time is the second fastest time for a woman ever run on this difficult course.

The Kaweah River Valley Eight Miller doesn't attract a large crowd, however, its an enjoyable run on a challenging course and its absolutely the most scenic race held in Central California.



Scott Thornton(left) and Jim Hartig

11 Len Thornton(HSTC)1-50	33:59
12 Andres Patlan 5-30	34:32
13 Bob Lindsey(FTC)6-30	34:46
14 Fernie Montanez(FTC)1-40	35:12
15 James Lambe(FTC)	35:16
16 Dick Cain(FTC)2-40	34:34
17 Bill Woody(HSTC)7-30	35:40
18 Bob Fries(FTC)2-50	35:45
19 John Aldrich(MR)8-30	35:47
20 Gene Lynch(FTC)3-40	36:19
21 Sid Toabe(FTC)3-50	36:27
22 Jim Harris(FTC)4-40	36:32
23 Omar Anzaldua 9-30	36:34
24 Daniel Hernandez 1-Whchr	36:35
25 Tony Perez	36:37
26 Dallas Blanchard(HSTC)1-19u	36:47
34 Danny Delgado 2-Whchr	37:23
39 Kimbi Hamer 1-W	38:17
47 Diane Stauffer(FJ)1-30W	39:45
57 Pam Bowers(FSU) 2-W	41:36
63 Caroline Fisher 3-W	42:30
73 Patricia Hurst 1-40W	43:32
78 Rosemary Alcaraz 1-19uW	44:24
98 Liz DeMonte(FTC) 1-50W	46:27

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Following the two leaders in a tie for third was Lionel Ortega and Art Boileau in 61:48. Former Southern Oregon University stars Kelly Jensen and Bill Yeoman finished fifth and sixth in 63:35 and 63:52. Canadian Mike Creery timed 64:06 for seventh place (first submaster). Ron Wayne of Playa Del Rey, was the first Californian to finish as he captured the eighth position in 65:12. Ninth was top steeplechase runner Don Clary of Oregon clocking 65:30 and tenth went to past Pear Blossom champ Leonard Hill in 65:59. Top Master finisher was Portland's Michael Hefferman who clocked a very quick 67:22.

Bill McChesney was not the only member of his family to be a winner at the Pear Blossom. Bill McChesney, Sr., age 52, timed a solid 74:38 to run away with the 50-59 age group title, while Marcia McChesney, 51, ran 1:37:38 to capture the women's 50-59 division. It was quite a good day for the McChesneys as they captured three titles and Bill Jr. won a trip to Mexico for his efforts.

In the women's race Tina Moran, 21, of Corvallis destroyed the women's course record which was pro rated from the previous half marathon distance. Moran who is a member of the Oregon State cross country and track team timed a very impressive 76:04 which was over a minute faster than runnerup Kathy Sommer 77:07. Thirteen seconds behind Sommer was Cheryl Tronson in 77:20. Fourth went to Dawn Welch who clocked 79:39, as first sub master finisher. California's top woman finisher was Jennifer Daniell of Redding who timed 1:23:06.

This year's Pear Blossom 20 Kilometer was truly a world class event. After the race nothing but praise and compliments were heard about the running and organization of the race. I feel Jerry Swartsley should be congratulated on conducting a superior event. The Pear Blossom is one of the top races in the country.



photq by Gus Bower

The Charge of the Lite Brigade

By LEN WALLACH

Palm Sunday was celebrated over the bay of St. Francis in a running church of the outdoors by 1400 happy runners who made their own kind of sports history in Miller beer's Charge of the Lite Brigade.

Matt Yeo of Santa Clara, competing for the Aggies Running Club, blistered the span crossing the 13.1 miles from Hayward to Foster City in a new personal record of 1:06.1 just 31 seconds ahead of Canadian Olympian Brian Maxwell, long distance coach at UC Berkeley. Third across the taped line on the bay land levee was San Mateo's Steve Palladino, a third-year student at the California College of Podiatry in San Francisco, who finished in 1:08:54. Yeo can claim to be the first pedestrian to have ever crossed the bridge, a 52 year old record.

First woman was Michelle Aubuchon, a slender speedster from Cal State Hayward, who added the Charge of the Lite Brigade to her other victories of the San Jose Mercury News 10 Kilometers and the Bridge to Bridge run in San Francisco. Aubuchon churned up the half marathon in 1:16:34.

The second distaff runner was Kristin Martin of Oakland in 1:27:37 and Christina Callas of Mountain View came in third in 1:33:20.

First master was Sal Vasquez of Alameda in 1:11:47 with Ginger Burrola of Manteca taking the older women's title in 313th place with a 1:33:42.

There were more politicians at the finish line than in the back room of Duffy's Tavern,

but at least one of them got there the hard way. Congressman Pete McCloskey of California logged his way across the concrete and asphalt to finish in slightly more than two hours wearing number 2109 and a sunburned smile from the bright day delivered to the local runners. He was met at the finish line by his Congressional buddy, House Member Tom Lantos, less athletic, but awarding him a Miller's Lite and a free race T-shirt.

Former Oakland Raider Coach John Madden was the official race starter and printed his giant frame fast enough to jump into the lead car, an ancient 1916 Packard touring car, driven by Municipal Judge Tom Caldwell. The judge and the car had been in the lead when President Calvin Coolidge first opened the original bridge in 1929.

The only bridge toll was paid by the burly Madden, unless you count the toll paid by feet of the runners. One runner who paid her own kind of dues was the anchor woman, Sylvia Cuevas, a PGE customer representative from San Carlos who ran her very first race arriving at the finish line three hours later with a victory grin as wide as the bridge.

Race officials were supplied by the host agencies of the San Mateo County Historical Association and the Foster City Lions Club, the latter looking more like an army of blue-jacketed infantrymen rather than a local fraternal group. There were so many Lions that at one point it looked like there was more of them than there were runners.

Two special plaques given out to the hooplah of the runners in support of the recipients was the "Damned Good Guy" and "Queen of the Cal" awards. The first went to Tom Hafly of Cal Trans, the helpful chief of the bridge and the latter to Sandy Tapman of the Historical Association who handled most of the race administration.

Olympic Sports Festival

JUN 20-30: Olympic Sports Festival. Syracuse, New York. Olympic calibre meet on July 25-27. Two competitors in each event will be selected from the West to participate.

If interested in being on the team contact:
 •Middle & Long Distance: Jim Hunt, Humboldt State University, Arcata, CA 95521.
 •Sprints & Relays: Dick Hill, Track Coach, San Diego State University, San Diego, CA 92182.
 •Field Events: Russ Hodge, 12458 Rives Ave., Downey, CA 90242.

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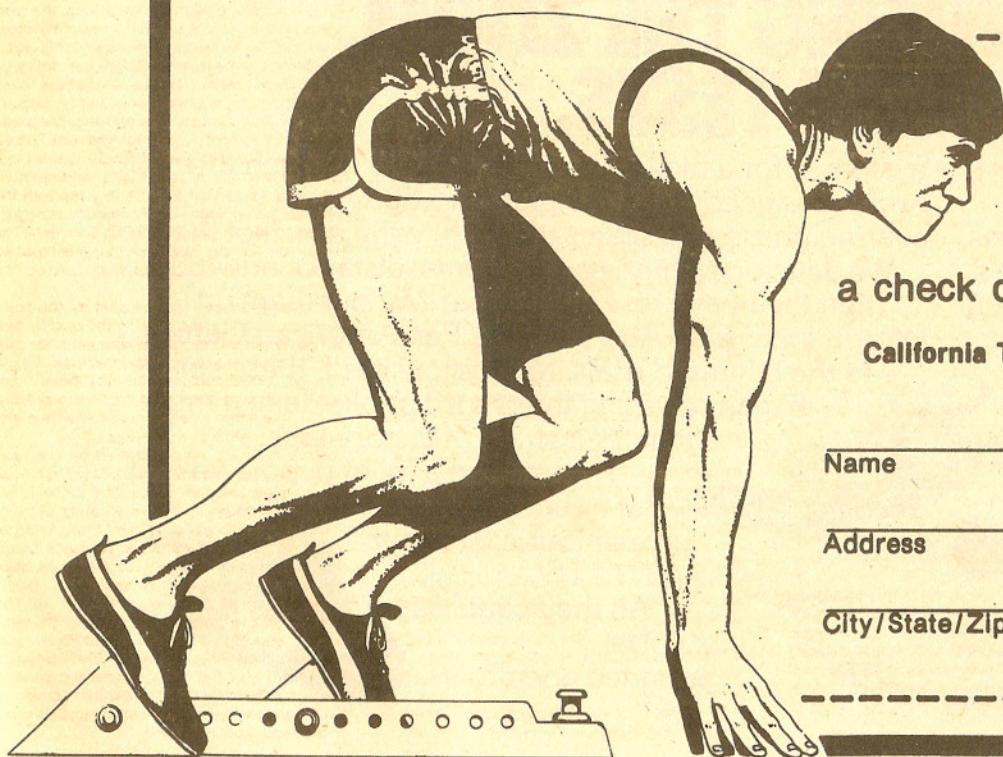
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BEFORE INTRODUCING THE ZOOM, WE RAN A FEW TESTS.

They looked good on paper. And even better in the lab. These new spikes were definitely the lightest prototypes we'd ever put together — by about 90 grams.

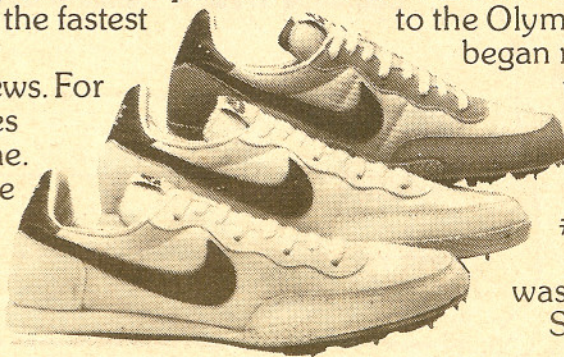
What made that important was the old physiologist's rule-of-foot: for every 100 grams you knock off a pair of shoes, you also cut energy costs by about one percent.

It appeared, we'd come up with the fastest Nikes ever.

But that wasn't the only good news. For all the weight loss, these prototypes showed no loss in cushioning. None.

That really got us going. Because our own studies showed that comfort can also save runners energy.

So we went even further. Introduced the Variable Width Lacing



System™, for a nice, snug fit, especially through the arch. And redesigned the spike plate. So during the weight-bearing phase, the spikes would bite the dirt. Not the foot.

We developed models for sprints, distance and indoor. Then the heavy research began. We put them on international tour. And from the Pan American Games,

to the Olympic Trials, to Moscow itself, these spikes began rewriting the record books. Taking more than their share of victory laps.

That started a lot of people talking.

But nobody, nowhere used their proper name: Prototype #45711 TF.

All they could say was ZOOM.

Sounded good to us.

