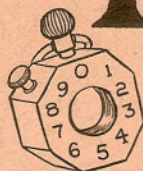


TRACK NEWSLETTER



also known as

TRACK NUTSLETTER

(OFFICIAL PUBLICATION OF TRACK NUTS OF THE WORLD, UNINC.)



Published by TRACK and FIELD NEWS • PO Box 296 • Los Altos, California • Bert and Cordner Nelson, Editors

Vol. 6, No. 3, Sept. 4, 1959

Semi-Monthly

\$6 per year, 1st class mail

NEWS

PAN AMERICAN GAMES, Chicago. Aug. 28: HT Hall, US, 195'11; Connolly, US, 195'11 (2nd on 2nd best throw); Backus, US, 195'6½"; Chap, Brazil, 183'1; Strohmeier, Br, 177'2½"; Ceriali, Ven, 173'. HJ Dumas 6'10½; Gardner, US, 6'8½; Haisley, V.I, 6'7; Flores, Guat, 6'6; Williams, US, 6'4¾; Brisson, Haiti & Oliveira, Br, 6'2½; 10,000m Suarez, Arg, 30:17.2; Kyle, Can, 30:28.0; Soth, US, 30:51.8; DePeana, Br Guiana, 31:16; Dickson, Can, 31:18; Breck-enridge, US, 31:18.8;

Aug. 29 PV Bragg, US, 15'2¼; Graham, US, 14'2; Cruz, PR, 14'2; Morris, US, 14'2; Ruben Cruz, PR, 13'10½; Reid, Can, 13'3; BJ- Roberson, US, 26'2" wind; Bell, US, 24'11¼"; Bird, WI, 24'5¾; Wiley, US, 24'4½; Procell, 23'1½; Morales, PR, 22'10; 400mH Culbreath, US, 51.2; Howard, US 51.2; Cushman, US; Ferrez, Br; Dos Santos, Br; Maldonade, Ven. 100m Norton, US, 10.3, Agostini, WI, 10.4; Figuerola, Cuba, 10.5; Poynter, US, 10.5; Johnson, WI, 10.6; Romero, Ven, 10.6.

Aug. 30: 5000m Dellinger, US, 14:28.4; Suarez, Arg, 14:28.5; Kyle, Can, 14:33.0; 4, Tinoco, Mex, 14:43.8; DePeana, BG, 14:57.0; Galicia, Mex. 800m Murphy, US, 1:49.4; Kerr, WI, 1:49.4; Seth, BG, 1:49.7; Spence, WI, 1:50. Cunliffe, US, 1:51.5; Worsfold, Can, 1:52.4. Decathlon Edstrom, US, 7254; Mulkey, US, 6062; Stulak, Can, 5989; Thomas, Ven, 5625; Cilaci, Arg, 5489; Lapieneks, Chile, 5472;

Aug. 31 200m Norton, US, 20.6, equals world record; Carney, US, 21.1; Agostini, WI, 21.1; Robinson, US, 21.2; Vega, PR, 21.3; Ince, WI, 21.6. Discus Oerter, US, 180'8½; Cochran, US, 178'7; O'Brien, US, 170'1; Revel, Netherlands Antilles, 157'7¾; Haddad, Chile, 152'4; Helf, Arg, 149'11¼. 110HH Jones, US, 13.6; Calhoun, US 13.6; Gilbert, US, 14.2; Iglesias, Cuba, 14.5; Betancourt, Cuba, 14.6; Carneiro, Br, 14.9.

Sept. 1 Steeplechase Coleman, US, 8:56.4; Jones, US, 8:56.6; Tinoco, Mex, 8:58; Mendez, Br, 9:02.2; Young, US, 9:07.8; Cariz, Arg, 9:08.0. Shot O'Brien, US, 62'6½; Long, US, 60'8½; Davis, US, 55'9½; Helf, Arg, 50'8½; Reike, Can, 49'11½; Tabordo, Br, 48'10½. 400m Kerr, WI, 46.1; Ince, WI, 46.4; Spence, WI, 46.6; Mills, US, 46.7; Rodriguez, PR, 47.0; Yerman, US, 47.9.

Sept. 2 Marathon: Kelly, US, 2:27:54.2; Green, US, 2:32:16.9; Dickson, Can, 2:36:18.6; Confaline, US, 2:38:52.9; Silva, Chile, 2:42:34.6; Subuyui, Guat, 2:42:39.4. 400R US 40.4; Venezuela 41.1; WI 41.1; Brazil 41.6; PR 41.7; Canada 41.9. 1500m Burleson 3:49.1; Grelle, 3:49.9; Moran, US, 3:50.1; Sandoval, Chile, 3:51.9; Mason, Can, 3:54.0; Luna, Mex, 3:58.1. HSJ Da Silva, Br, 52'2; Stokes, US, 50'6; Sharpe, US, 49'8¾; Smyth, Can, 49'7¼; Hernandez, Cuba, 48'1¼; Camacho, PR, 48'1¼. 1600mR West Indies 3:05.3; US 3:05.8; Puerto Rico 3:12.4; Brazil 3:16.1; Mexico 3:18; Canada 3:18.3. JT Quist, US, 231'3½; Conley, US, 229'5-; Cantello, US, 229'½"; Laipenieks, Chile, 196'5½; Lazarte, Peru, 184'6-; Iriarte, Ven, 163'11½.

ALL COMERS CH: , Stan, Cal, Aug. 29: Marden 4:15.0; 1:55.0; Larrieu 1:55.2; St, Holt, 9:36.1; 10,000m, Sargent, 32:35.9; Kelly 23'10, 46'2; Egan 163'10; Hightower 14/6; Wyatt, 6'8; Wilson 6'4.

ALL COMERS, Modesto, Cal, Aug. 22: Marden 4:12.8; Curtis 4:13.8; Magee 4:14; Whelan 4:15.0; Holt 4:17.4.

FOREIGN NEWS

USSR 129, WEST GERMANY 91, Moscow: Aug. 22: 100-Germar 10.8; Ozolin 10.8; Gamper 10.9; Bartenyev 10.9; 400m-Kaufmann 47.3; Kinder 47.7; Ignatyev 47.8; Matzulevitch 47.0; 800m-Adam 1:49.3; Schmidt 1:50.5; Savinkov 1:50.5; Krivochen 1:50.8. 5000-Artinyuk 14:04.4; Zukhov 14:06.4; Muller 14:29.4; Kleefeldt 14:32.6; 400H- Janz 52.0; Sedov 52.2; Klenine, R, 52.8; Joho, 52.9. HJ-Shavlakadze 6'9⁷/₈; Kashkarov 6'8³/₄; Pull 6'7¹/₂; Hopf 6'4; BJ- Ter Ovanesyanyan 25'9⁷/₈; Fedosseyev 24'9⁵/₈; Molzberger 24'6¹/₂; Deyerling 23'3⁷/₈; SP-Ovsep-yan 58'3¹/₄; Varanouskas 57'9¹/₄; Wegmann 57'3³/₄; Lingnau 56'5¹/₂; DT-Grigalka 176'10"; Baluknikas 175'9¹/₂; Buhrle 160'9"; Moehring 155'9". 400R-Germany 40.2; Russia 40.3. R 59 to 51. Aug. 23: 200-Germar 21.4; Kaufmann 21.5; Bartenyev 21.5; Konovalov 21.6; 1500-Okorokov 3:44.1; Pipine 3:44.2; Stracke 3:44.3; Brenner 3:46.6. 10,000-Bolotnikov 29:59.4; Virkus 30:06.2; Hoeger 30:17.4; Mueller 31:06.4. 110H-Mikhailov 14.0; Lauer 14.0; Tshistiakov 14.4; Steines 14.6. 3000St - Rzhishchin 8:44.8; Sokolov 8:56.6; Boehme 9:12.4; Laufer 9:20.6. PV-Bulatov 14'9³/₈; Petrenko 14'1¹/₄; Lehnertz 14'1¹/₄; 13'1¹/₂ Moehring. HSJ-Gorayev 52'2³/₈; Ryakhovski 51'1; Strauss 49'1¹/₄; Wischmeyer 48'11³/₄; JT-Tsibulenko 261'4; Vallman 243'5¹/₄; Rieder 234'4¹/₄; Will 229'1¹/₄; HT-Rudenko 220'8; Samotsvetov 204'1"; Glotzbach 192'8; Ziermann 183'8; 1600R-Germany 3:09.2; Russia 3:09.6.

HUNGARIAN CHAMPIONSHIPS Budapest: Aug. 22: Kiss 10.5; Csutoras 47.1; Korda 47.1; Rozsavolgyi 3:38.9; Szekeres 3:45.6; Varga 8:54.4; Jeszenski 8:55.6; Foldessy 24'4⁷/₈; Szecsenyi 182'3"; Klics 173'4³/₄; Aug. 23: Csutoras 21.3; Szentgali 1:48.7; Parsch 1:48.9; Rozsavolgyi 1:51.3; Iharos 29:31.8; Szabo 30:10.6; Zsivoczky 210'5"; Csermak 205'9¹/₄.

POLISH CHAMPIONSHIPS Gdansk, Aug. 21: Kowalski 47.6; Krzyszkowiak 14:20.0; Muzyk 14.5; Sosgornik 56'4³/₄; Piatkowski 56'5¹/₈ (these results unclear); Piatkowski 192'8³/₈". Begier 171. Aug. 22: Jochman 3:45.7; Orywal 3:46.2; Baran 3:46.7; Zimny 3:49.3; Zbikowski 8:58.6; Szwertnio 8:59.6; Malcherczky 52'9¹/₂; Schmidt 52'9³/₈; Ciepły 207'4; Rut 202'11³/₄; Aug. 23: Foik 21.2; Lewandowski 1:47.9; Ozog 30:18.1; Kropidlowski 25'7⁷/₈, record; Franczak 24'5³/₄; Krzesinki 14'5¹/₄; Sidlo 265'1¹/₂; Radziwonowicz 241'6¹/₂.

BERLIN, Aug. 23: Valentin 3:46.7 from Jungwirth, CSR, 3:48.2; Samoilo, R, 3:48.7; Chen, R, 24'8¹/₂; Mandlik, CSR, 21.5; Valentin 1:48.0; Jeitner 14'7¹/₄. Also, Pfeil 6'9⁷/₈ from Pull 6'9¹/₂.

EDINBOURGH, Aug. 23: Raziq 14.2; Jalai-Khan 240'1¹/₂"; Anderson 4:07.9; Ibbotson 4:08.7; Bensford 4:09.1; Wood 8:56. Lindsay 58'2³/₈;

FRANCE 129, GREECE 85, Athens: Aug. 25: Seye, F, 10.5; Syllis, G, 48.4; Depastas 1:50.2, Lenoir 1:50.5; Moryemos, G, 1:50.7; Bernard 14:33.6; Marsellos, G, 14.7; Kounadis 182'6¹/₄; Macquet 240'3³/₄". Aug. 26: Seye 20.8; Genevay 21.1; Jazy 3:46.4; Depastas 3:47.0; Bediaf 30:41.8; Mimoun 30:45.0; Papavassiliou 8:58.8; Fournier 6'7⁷/₈; Balastre 14'2; Battista 49'11⁵/₈; Tsakanikas 54'9⁵/₈; Husson 198'6;

FINLAND 209, SWEDEN 200 Goteborg, Aug. 26: Hellsten, F, 47.4; Rekola, F, 47.6; Rintamacki 47.7; Johnson, S, 47.8; Waern 1:48.4; Salonen, F, 1:50.8; Haegglund, 1:50.9; Saloranta 14:15.4; Huttunen 14:16; KaelleVaagh, S, 14:19.8; Andersson, S, 14.5; Salminen, F, 6'8³/₈; Petterson, S, 6'8³/₈; Nilsson, S, 6'7⁷/₈; Valkama 24'11¹/₄; Waahlander 24'7⁵/₈; Udebom, S, 173'10¹/₂; Lindroos, F, 168'6¹/₂; Asplund, F, 195'. Sweden 41.1, Finland 41.4. F 103, S 101. Aug. 27: Strand, F, 21.6; Waern, S, 3:45.4; Salonen, F, 3:46.6; Jonsson, S, 3:56.8; Holmestränd, S, 3:48.3; Haekkinen, F, 3:49.6; Vuorisalo, F, 3:51.6. Saloranta, F, 30:05.8; Norberg, S, 8:48.0, equals record; Tjoernebo, S, 8:48.4; Tedenby, S, 8:49.8; Landstrom, F, 14'5¹/₄; Jonasson, F, 14'3¹/₄; Nisula, F, 56'; Uddebom, S, 55'10¹/₈, record; Frederiksson, S, 255'8³/₈; Paananen, F, 242'. 1600mR, Finland.

MALMO, Sweden, Aug. 29: (cold, windy): Waern 1000m in 2:20 from Salonen 2:20.2, Moens 2:20.5; Jonsson 2:27.5. Zieblinski, P, 10.5; Thorbjorsson, Ice, 10.5; Schmidt, Pol, 52'10⁵/₈; Uddebom, S, 54'7⁷/₈; Asplund, S, 203'4¹/₄; Ciepły, P, 202'8';

BRATISLAVA, Czech., Aug. 30: Jungwirth 3:47.7; Liska, C, 3:48.0; Piatkowski, P, 184'7⁷/₈; Aug. 31: Mandlik 21.3; Bohaty, C, 8:13.4, 3000m; Varju, Hungary, 58'7⁷/₈".

LEIPZIG, E. Germany, Aug. 31: Valentin 1:49.1, Petraschak 1:50.4; Hermann, 3:42.5; Grodotzki 3:45.4; Meinelt 3:48.4; Torgersen, Den, 14:13.8; Hoenicke 14:15.2; Thorlaksson, Ice, 14'7¹/₄; Gronowski, Pol, 14'5¹/₄; Jeitner, and Laufer 14'3¹/₄; Malcherczyk, Pol, 52'7⁷/₈; Frost, 250'7¹/₂.

SUNDSVALL, Sweden, Aug. 17: Waern 3:50.2; Jonsson 3:51.0; Karlsson, 3:51.6; Boras, Aug. 18: Carroll, US, 2:22.2; Gudbjornsson, 8:22.7, Icelandic record; Raziq 14.2; Petterson, 6'8³/₄;

NEWS (cont.)

MISCELLANEOUS: Leffler, 199'2 $\frac{1}{2}$ ", Australian record, Aug. 29: Aug. 31, 2000
Norrkoeping, 1:49, Gottfridsson 1:51. Pettersson, 6'7 $\frac{1}{8}$; London, Aug. 30: Gingell 3:50
from Hewson 3:50. 2. Eldon 8:50 from Tulloh 8:50, Merriman 8:53. 6. Dusseldorf, Aug.
30: Lauer 7953 in decathlon with 10.2 windy 100m. Oslo, Aug. 27: Sidlo 263'1 $\frac{1}{4}$ from Dan-
ielsen 237'9 $\frac{1}{4}$; Wrighton, GB, 47.6; Rut, P, 210'7 $\frac{1}{4}$; Strandli 203'6; Hamburg, Aug. 26:
Lauer 13.8; Lingnau 56'11 $\frac{1}{2}$; Iceland Ch: Binarsson 51'6 $\frac{1}{8}$; Torbjoernsson 10.5. Red China
Ch: Sun Chiu Yuan '175'5 $\frac{1}{2}$ ", record. Italy, 15:47.7 from 4x1500m relay. Chicago, exhibi-
tions with clinic: Long 61'2 $\frac{1}{2}$; Thomas 6'6 $\frac{3}{4}$; Brewer 14'; Seymour 234'6. Also: Bunaes,
N, 10.5, 21.2; Joho, 10.4, equals Swiss record; Koch, 53'5 $\frac{3}{4}$, Dutch shot record;

BULLETIN BOARD

Next Newsletters Sept. 23, Oct. 7, 21, Nov. 4, 18, Dec. 9, 23. T&FN Mailed Sept. 14.
Greatest Sprinter Series continues with Nos. 39 and 40. More of the all-time greats, from
41 through 100, will be ranked from time to time. The first 30 were ranked in the original
series, in Vols. 4 and 5 of the Newsletter. Reprints of the entire series are \$1.00.

WIND SPRINTS

George Grenier reports these as the fastest marks ever made in a dual meet: (college)
880- 1:48.7, Lang Stanley of San Jose vs. OC; 1:49.2, Norm Lloyd of Stanford vs. Oxy;
1:49.7, Don Bowden of Cal vs. UCLA and vs. USC; 1:49.8n, Ty Hadley of Oxy vs. Stanford;
1:49.8, Bowden vs. Washington; 1:49.8, Charles King of Penn State vs. Michigan St.
Mile- Ed Moran of Penn State 4:02.1 vs. Michigan State; 4:03.5, Bowden vs. Stanford; 4:04.5
Alex Henderson of Arizona State vs. San Jose; 4:04.5, Ron Delany of Villanova vs. West
Chester; 4:04.9n, Bob Lake of Michigan State vs. Penn State.
2-mile 8:54.8, Max Truex of SC vs. California; 8:55.0, Truex vs. Oxy; 8:57.3, Truex vs.
Cal; 8:58.0, Santee vs. Arkansas and Drake; 8:58.9, Dick Engelbrink of Penn State vs. Mich-
igan State. (King, Moran, Engelbrink of Penn State all made marks against Michigan State
this year.)

World record holder Albert Thomas is running about 50 miles a week, much of it on
sand dunes, and a lot of gym work. Still studying accountancy, and expects to be a father
in October... Dave Lean, with an oil firm in Sydney, has given up ideas of major running...
John Cann, world sub-junior (under 17) broad jumper record holder, is seeking a place on
the Australian decathlon team again. He has won a state boxing title, is a top rugby league
footballer and an expert snake catcher. His dad is reptile curator at Sydney's Toononga
Park zoo and conducts a farm with some 400 snakes at La Perouse. John has been helping
with the catching for many years, has caught hundreds by hand, never been bitten...

In the recent Maine AAU meet third place in the hammer, at about 145', was won by
Donald Favor, 1936 Olympic hammer thrower. His soon place in several events...

Billy Mills, Kansas distance ace, wanted to be a footballer, but at 5'3" and 104 pounds
had to give it up. He ran the half in the first track meet he ever saw, ran 5:09 in his first
mile, a gym class meet. Likes cross country best (he was 5th in the NCAA)... George
Young, Arizona, never saw a steeplechase before he placed second in this year's AAU...
Young was encouraged by his Pan Am showing, also will go into the 5 and 10,000...

For whatever sense it makes, here are the total distances thrown by the best weight-
men of the countries in each of the four events. 1958 figures with 1957 in parenthesis:
Russia 226.57m (222.51); USA 223.68 (225.25); Poland 221.15 (219.66); Italy 215.31 (203.72);
Sweden 214.94 (207.41); Hungary 214.02 (208.89); France 211.39 (208.92); Norway 210.56
(212.46); Czechoslovakia 209.89 (207.27); Finland 209.20 (209.33); East Germany 207.89
(211.25); Germany 207.74 (210.16), England 206.82 (209.98), Bulgaria 206.31 (192.25),
Rumania 204.94 (205.17), Yugoslavia 204.78 (205.31); Australia 195.78 Japan 194.26
(187.52); Greece 194.13 (189.92); Holland 188.27 (187.24); Belgium 186.79; Denmark
186.01 (188.89); Switzerland 182.22 (183.36), Iceland 180.25; India 176.38; Turkey 174.76
; Mexico 169.46...

And here is the same dope for the jumpers (4 events); USSR 31.08 (30.74); Poland
30.84 (30.10); USA 30.31 (30.76); Finland 30.23 (29.95); France 29.83 (29.68); Japan 29.81
(29.72); East Germany 29.76 (29.33); West Germany 29.66 (28.87), Bulgaria 29.68 (29.25);
Italy 29.56 (29.00); Iceland 29.54 (29.61); Australia 29.50; Czechoslovakia 29.43 (29.40);
Sweden 29.29 (28.76); England 29.00; Yugoslavia 28.97 (29.19); Hungary 28.95 (28.79);
India (28.94); Greece 28.92 (28.53); Rumania 28.89 (28.41); Norway 28.69 (28.27); Holland
28.67; Switzerland 28.29 (28.23); Belgium 28.19; Turkey 27.66. Denmark 27.42;

PAN AM MEMORIES

By Bert Nelson

I followed my first marathon and found it most interesting. Few of the runners warmed up much, feeling that 26 miles, 385 yards would get them warm. Starting at 10 a.m., it was an informal affair with spectators down around the edge of the track, the Americans and Canadians exchanging pleasantries, and not nearly the grim atmosphere that surrounds the start of other races. TN Hal Higdon drove us around the course in his Morris Minor convertible, an excellent car for such purposes, affording a good view and maneuverability. This was after we rode the timer's bus for better than 5000 meters, only to discover that the bus would not afford a view of the race. Hal got off, and being a marathoner, thought nothing of running back to the starting line for his car.

Johnny Kelley, the eventual winner--and pre-race favorite--was most impressive. From about nine miles to 20 he really ran in the truest sense of the term. He was averaging about 5:15 for the miles, perhaps a shade faster and moved along at an awesome clip with a good, ground covering form. By contrast, many of the other runners appeared to be awkward plodders, although they, too, covered much territory. The sun came out about the 19 mile mark and it hit Kelley who said afterwards he had gone out too fast. So he was slowing up at the end.

The refreshment stations were set up every 5000 meters in the 42,000 run. Each stand had quartered oranges, lemons, small cups of honey, cups of water, towels, sponges, and buckets of water. As a runner approached the station an attendant ran along side and asked what was wanted, then yelled the order ahead. The runner was handed a cup or a slice of orange on the run, or was doused with a full bucket of water. Others would sponge off their face and neck. Not every runner did anything at every station.

Organization of the race was quite a job. In addition to the refreshment station operators there were timers at each check point, and army radio communications. The entire out and back course was over a busy section of Chicago highway and one lane had to be set off and patrolled, with policemen at each intersection. A British Guiana runner wore no shoes so the entire course had to be swept, then covered with a vehicle which picked up nails, etc. magnetically. Two ambulances were provided, trailing the last runners, and a pickup bus was on hand, along with race officials, photographers, etc. Tens of thousands of cars were inconvenienced and thousands of man hours were put in, for free, all so that 14 runners could start and about half of them finish.

In the Track & Field News section of the stands there was much activity. Joie Ray came by for a chat. He's 65 now, ran 5:50 on his last "birthday mile", says he is going to take off some weight, train harder, and breaker 5 minutes next time out. The great of the 20s ran a 2:15 half on a 32 lap indoor track recently. Rex Cawley, the none-such prep hurdler, joined us for several days. He's still undecided on his college plans although "it's most likely Michigan State". Rex, who showed a natural approach to the intermediate hurdles in this country, said he ran into step trouble abroad. Says most of the starts in Europe are fast. Won a lot of heavy glassware in Scandinavia, had much trouble getting it home without additional air fare.

Archie San Romani was a T&FN Celebrity Banquet guest, and the pressure still is on him for his school choice, although he's signed a letter of intent to Kansas. Other guests included Ernie Cunliffe, Ed Moran, Dave Edstrom, Eddie Southern, Fred Wilt. Southern says he might take a crack at the 880 next year, although he's afraid it will be boring. Ed says even the quarter is boring. "The first part of the race is all right, and the finish, but in between it gets pretty dull". And with a straight face, too. Ed is studying restaurant management, plans to open his own after his Air Force service. He'll run the medium hurdles next year, as "insurance" against the crop of 400 meter men coming up.

Jim Grelle, after being outkicked--again--by teammate Dyrol Burleson after a slow pace said: "Next time I'm going to come around the three-quarters in 2:55 and see what happens. Burleson just grinned. His greatest interest was in why T&FN gave him 4:12.2 for his 1958 AAU mile as a prep when Northern timers had him in 4:11.2.... Dallas Long said before the competition "I'm in good condition, but not as good as I have been. I'm a little tight in the chest."... Bill Nieder, team alternate, was sent to the meet by the Army and after the competition apparently hit about 60 feet in his street clothes... da Silva says he is going to retire after the 1960 Games. Says he wants a third child but his wife won't agree until he wins a third Olympic title.

INTERVIEW WITH ELLIOTT

by Joe Galli

Herb Elliott definitely will be a trier for Rome--in case there is any doubt there. "I'm doing a little running and weight training, but I'm far from fit. But I'll have from November (when the Melbourne University year ends) to August to get back into top form. My training will be substantially the same as before.

"Yes, I'll be coached by Percy Cerutti at Portsea. My events for the Games? No doubt the 1500m, and perhaps the 800. However, I'll wait and see what times I'm running during the Australian season before definitely deciding. The way I feel now, the shorter the better. It could even be the 5000 meters". He seemed to hint he'd try the longer distances.

What about opposition in Rome for the 1500? "Perhaps Valentin, but there are plenty more. I did not see Valentin race in 1958. Actually I had not even heard of him before his two fast miles, although I've since learned he has run first class times for some three years." (Herb does not keep abreast of world doings.)

What about your chances of breaking the 1500 and mile records. "I haven't an opinion on that one. I'll wait and see if I can get fit enough."

"I don't think my studies at Cambridge U. in England (for three years from Oct. 1960) will effect my running career. Once I'm over this Melbourne U. year I should have a lot more time for running. You see, I had not done any studies for about four years and I am finding it rather hard just now. It is taking up most of my time, but that is only a temporary problem.

"Concerning my future, it's hard to say whether or not I'll continue for several years. If I do, then no doubt I'll try for the longer events--at least up through the 10,000m. After all, as you get older you slow down. But you develop more aptitude for the longer distances."

WILSON MAY BE NEXT MILE STAR

by Joe Galli

Denis Wilson of New South Wales may be Australia's next sub four-minute miler. He is 23, 5'11½, 150. Works for the stat water conservation and irrigation commission and is a seven year part-time civil engineering course. Has completed five years and recently received medal for highest honors over the entire course. In addition to work has 15 hours of lectures per week. "This leaves little time to study and do assignments. Virtually one has to use travel time, lunch hours and every weekend to do well."

Denis' mile progression from 1950 when he was 14: 4:56, 4:35.6, 4:30.0, 4:31.0, 4:28.0, 4:27.0, 4:26.0, 4:13.0, 4:12.0, 4:06.5.

Recently he joined the Percy Cerutti team. And he says he's switched from track reps to typical Cerutti work (resistance running, weights, etc.), and added: "I am concentrating on a more powerful lower arm action with push-pull lift effect. Also endeavoring to be a heel first runner and not a 'ballet dancer' as before. From Cerutti I've gained a new approach to running...to be merciless to myself and opponents in racing..I've been shown the bad features of my style and a fresh approach to training..and above all, inspiration for the future."

After a 15 days at Portsea Denis said: "I had a rude awakening when I was beaten over the hall circuit by Dean Thackeray. A miler beaten by a marathon runner over little more than a mile course."

ELLIOTT IS AN ANIMAL SAYS RIVAL

"He's an animal" said Oklahoma miler Gail Hodgson of Herb Elliott after Hodgson had returned to school from the AAU. "He won't talk to anybody. He isn't interested in the race. He doesn't even know who he's going to run. He doesn't care. Maybe he knew Merv Lincoln was in the race, but that's all. He swam eight hours before his race. Swam and wrestled around with friends. The night before the race he slept on the floor in his hotel room so he could give his bed to some friends. He didn't appear until 20 minutes before the race. He just showed up in his running togs. Didn't even have on a sweat suit. He watched a couple of races, then jogged in his bare feet twice around the track on the grass. Then he went out and set a record (3:57.9). His coach scoffs when you ask him why Elliott doesn't warm up before a race. 'Why does he need to warm up? He's fit. An animal in the woods doesn't need to warm up when it has to run. It's fit. It's ready. A man should be the same way.'"

"Elliott looks strong as an ox. His strength is what impresses you. He has a big chest and big arms. I'm going to change my system next year and work lots with weights."

164 MILE RACE AGAINST HORSES

(As told by competitor Edo Romagnoli in the Long Distance Log)

My plan was to run 50 miles at the start, then run and walk. I had covered as much as 50 miles in training five different times, in 6:45 to 7:15. The heat was a real problem. It was 90 at a.m., a real hot sun out of a cloudless sky. Next problem is the altitude. Salt Lake City is 4000 feet above sea level and we got up to 8000 feet where we could hardly breathe. The race started at 10 a.m. with temperature 94. The other two runners were Hardrock Simpson of Burlington, N.C. and Roy McMurty of Tucson, Arizona. McMurty ran 30 miles and quite (he really walked). Simpson got as far as I did, 118 miles on the way to Roosevelt, Utah, but it took him 12 hours longer. He mostly walked. I ran the first 20 miles in about 2:40 but the heat was too much. So then I walked and jogged on the wide open highway. The heat was killing me. At 4:30 we got in Provo Canyon and the mountains blocked off the sun. I was feeling much better. In fact, I felt so good that I ran most of the next 25 miles. You never saw such hills, they make Boston's heartbreak hill seem flat. From Orem to the next town was 25 miles, all up and down, some hills three miles long and very steep. I ran the 25 miles in about 3½ hours and when we hit Heber City about 8 p.m. I had covered 65 miles in about 10 hours and I stopped for the first time. At this point I was leading everybody except the winning horse which was only 10 minutes ahead. I was at least 10 miles ahead of the three other horses. Then I made my first stop in a motel. A doctor massaged my legs and applied hot towels. I suffered cramps and the doctor wouldn't let me run until he gave me calcium shots. He had to send to the hospital for them, wasting 40 minutes.

Then came the toughest part. Heber City is 4000 feet high in 90 degrees and from there we ran up a mountain road straight uphill with no flat runs, all uphill to 8000 feet. It was a 20 miles jaunt and when I reached the top of the mountain it was 30 degrees and freezing. I had all kinds of clothing on. It took 3½ hours to cover those 20 miles straight uphill. The altitude affected my breathing and I walked most of the time. We had now covered 85 miles and about 14½ hours and at the top I trailed the winning horse by 40 minutes. I led the other horses by 15 miles. At this point I was freezing and my legs were cramping around the thighs. We had a jeep and trailer but the doctor had no facilities for making hot water or putting hot towels on legs. We stopped about 10 minutes. The next 25 miles was so-so, about 15 of rolling terrain. I did ok for 15, running and walking, and then our jeep ran out of coffee and hot chocolate. Once we ran out of hot liquids I began to feel the cold, then as we went downhill my toe nails began to slide into my shoes and the more downhill I went the more the cramps started bothering. The final 10 miles of that stretch I walked almost all the time. It took me 5½ hours to cover that 25 mile stretch.

We had now covered 110 miles in about 20 hours and we stopped in a motel. They fed me hot soup and hot coffee. The doctor took an awful lot of blood out from under my toe nails and they worked on my legs to stop the cramps. He then gave me another calcium shot and finally they put me in a tub of hot water, but the cramps still hurt real bad. They made me rest but I wanted to go on. In all we stopped for an hour. It was now 21 hours since the start and the sun was out bright. I was now 1 hour 40 minutes behind the winning horse but at least 20 miles ahead of everybody else. In fact, two horses had quit some time back. The hot bath left me limp. I covered another 8 miles in 2½ hours, all walking. My legs hurt with cramps everytime I hit the ground and the ball of my left foot was real sore and tender. For the first time in the race I stopped on the road and laid down and that was it. I had sore legs for two or three days but then I was ok. I lost four toe nails in all, may lose two more, but feel fine now.

I think the race is too far as there are too many obstacles. The heat is cruel in the daytime, then the climb up the mountain to below freezing in the space of three or four hours is too much. The altitude is murder on the breathing. But I would like to try again, but only if they have it at 100 miles and start in the afternoon. Running all day in the heat kills you.

The winning horse took 29½ hours, one other horse finally finished in 42 hours and the other two horses went 88 miles and 102 miles. I ran 118 miles in 23½ hours. Simpson ran 118 miles in 34 hours and Mc Murty did 30 miles in 6 hours.

Financially, I didn't do too good, but they flew me out and back and treated me in great style for a week. They trained the winning horse harder than you train. I'm told they ran him 30 miles a day and 80 miles on Sundays. They broke him when he was wild and he has never done anything but train. It was a great experience but it wasn't actually worth it. All I received was 100 dollars plus all expenses and I made \$83 on a TV program. The guy that ran 30 miles was the smartest. A jeweler sent me a real nice cuff link and tie set and the promoter said he will send me a watch for myself and wife. I guess it took a lot out of me for about two weeks, but I feel okay now. No pains.

THE GREATEST SPRINTERS

JOHN TRELOAR

(Australia)

43 points

John Treloar was one of the better Australian sprinters when running at home or competing against other Empire athletes, but in the international crucible of Olympic competition he never quite was able to reach the stature attained by Jack Donaldson, the famous professional runner, or Hec Hogan. Muscular ailments were largely responsible.

Treloar managed to qualify for the final in the Olympic 100 meters at Helsinki in 1952, where he ran last in that memorable race of the blanket finish. He reached the semi-finals of both sprints at London in 1948, running fourth in each. He also went to the semi-final of the 200 at Helsinki but pulled up and failed to finish. He was British Empire champion at both distances in 1950.

Achievement Points: 67

- 4 Won Australian 220 championship, 1947
- 4 Won Australian 220 championship, 1948
- 4 Won Australian 100 championship, 1948
- 8 Ran 100 yards in 9.5, 1948
- 4 Made Australian Olympic 100m team, 1948
- 4 Made Australian Olympic 200m team, 1948
- 2 Made Australian Olympic relay team, 1948
- 4 Won British 100 championship, 1948
- 4 Won Australian 100 championship, 1950
- 4 Won Australian 220 championship, 1950
- 6 Won British Empire 100 championship, 1950
- 6 Won British Empire 220 championship, 1950
- 4 Made Australian Olympic 200m team, 1952
- 4 Made Australian Olympic 200m team, 1952
- 5 Reached Olympic Games 100m final, 1952

Victory Points: 11

- 1 Alan McCorquodale
- 4 John Bartram
- 1 MacDonald Bailey
- 1 R. Fortun-Chacon
- 2 Herb McKenley
- 1 Morris Curotta

Score:
67 ΔP
11 VP
78
-35 DP
43

Defeat Penalties: 35

- 1 Alan McCorquodale
- 1 John Bartram
- 2 MacDonald Bailey
- 1 R. Fortun-Chacon
- 1 Herb McKenley
- 2 Mel Patton
- 3 Lloyd LaBeach
- 1 Cliff Bourland
- 1 Les Laing
- 1 Charles Parker
- 1 Barney Ewell
- 1 Lindy Remigino
- 1 Dean Smith
- 1 Hec Hogan
- 1 Boris Soukaryev
- 1 Thane Baker
- 1 G. Bonnhoff
- (2) L. Pinto
- (2) Don Anderson
- (2) Carter
- (2) Moore
- (4) DeGruchy
- (2) Morris

THE GREATEST SPRINTERS

TAKAYOSHI YOSHIOKA

(Japan)

49 points

The legendary "nine flat" sprinter starts with--and must start like--Japan's Takayoshi Yoshioka. No man can hope to run the magic 100 unless he can fire off the blocks like Yoshioka did to delight and amaze the crowds at the Los Angeles Olympic Games of 1932. The dream sprinter begins here. Stride, stature, stamina and blazing finish can never bring him home in nine seconds unless he gets off his marks like the little Japanese. Those who saw Yoshioka at the Coliseum still consider him the fastest starter of all time, and most of us who did believe that a man with the start of Yoshioka, the speed of Mel Patton and the finish of Hal Davis well might run nine flat, or anyway, 9.1. The problem is to find a man who is so built that he can do all of these things.

Yoshioka was credited with no better than third in the semi-finals of the Olympic 100, Tolan being given the nod of the judges, but the photos show this race to have been won by Daniel Joubert of South Africa with Yoshioka second and Tolan third. Two hours later, the Jap, who wore a white handkerchief around his head apparently to keep perspiration out of his eyes, led the final by two or three yards of the first 20. Seemingly unable to stand up under the heats, Yoshioka faded and gradually dropped back to a very poor last. There is little doubt he would have done better but for the trials.

Achievement Points: 75

- 6 Won Far Eastern Olympics 100, 1930
- 6 Won Far Eastern Olympics 200, 1930
- 4 Made Japanese 1932 Olympic 100 meters team
- 4 Made Japanese 1932 Olympic 200 meters team
- 2 Made Japanese 1932 Olympic relay team
- 5 Reached 1932 Olympic 100 meters final
- 6 Won Far Eastern Olympics 200, 1934
- 8 Ran 100 meters in 10.3 in 1935
- 4 Made Japanese 1936 Olympic 100 meters team
- 2 Made Japanese 1936 Olympic relay team
- 4 Won Japanese championship 100 meters, 1931
- 4 Won Japanese championship 200 meters, 1931
- 4 Won Japanese championship 100 meters, 1932
- 4 Won Japanese championship 200 meters, 1932
- 4 Won Japanese championship 100 meters, 1934
- 4 Won Japanese championship 200 meters 1934
- 4 Won Japanese championship 100 meters, 1935

Victory Points: 3

- 1 George Simpson
- 1 Percy Williams
- 1 Helmut Kocrnig

Defeat Penalties: 29

- 2 George Simpson
- 1 Eddie Tolan
- 4 Ralph Metcalfe
- 1 Arthur Jonath
- 1 Jesse Owens
- 1 Paul Haenni
- 1 Carlos Bianchi Luti
- (2) Nepemuceno
- (2) Tagaki
- (2) Gonzaga
- (2) DeLeon
- (4) Charles Parsons Jr.
- (2) Sir
- (2) Grimbach

Score:

75 Ap
3 VP
78
-29 DP
49