

CALIFORNIA TRACK & RUNNING NEWS

**OCTOBER
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CALIFORNIA'S TRACK AND RUNNING PUBLICATION



2nd Annual *Las Vegas* *SUN*



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All three events sanctioned and certified by the AAU.



Nine age divisions (18-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and up) for both men and women, plus open division for world class competitors in all three events. Awards will be made to top three in each age group.



In 1979 top U.S. and foreign runners competed and broke three American records with the aid of 40-55-degree weather and low humidity on the flat, paved course on the famed Las Vegas Strip.



For details or further information write to Marty Higginbotham, 1026 W. Princeton, Visalia, California 93277; or call at (209) 732-8030.





33-34, 35-37, 38-44, 45 and up) for both men and women, plus open division for world class competitors in all three events. Awards will be made to top three in each age group.



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LAS VEGAS CLASSICS INC.



RACE SCHEDULE

10K	Fri., Dec. 5 - 7:00 a.m.
13.1	Fri., Dec. 5 - 8:30 a.m.
26.2	Sat., Dec. 6 - 7:00 a.m.

CONTACT:

Marty Higginbotham
1026 W. Princeton
Visalia, CA 93277
(209) 732-8030

MAIL BAG

from the editor...



What a load! The volume of material to go into this issue of CT & RN is overwhelming. What do we put in, what gets cut, can we afford to add extra pages, what goes next time? Tough decisions. That's part of my job every issue but having September off (Aug./Sept. double issue) really compounded the problem. We've scheduled the two off months each year (CT & RN comes out 10 times a year) during what we figured were the relatively inactive times of the year, so Judy and I could get away from it all for awhile. But there just isn't an inactive time of the year in California as far as track and running go. This is part of why California is the number one track & running state in the nation.

The most common comment we receive is that CT & RN is great but it just doesn't come out enough. Right now we are negotiating a possible move to 12 issues a year (one each month). We'll keep you posted on any developments.

The cross country results are starting to pour in. We'll get you all caught up with the big early season meets next issue.

California Track & Running News

EDITOR & PUBLISHER
Bill Cockerham

PRODUCTION MANAGER
Judy Cockerham

ASSISTANT TO EDITOR
Marty Higginbotham

TUTTLE FAN

Enclosed is my check for a \$12 or two year subscription. I saw a copy of your publication at a road race, and with the article by Gary Tuttle, I can't chance missing another. Keep Gary writing and keep up the good work.

John Willer
Los Angeles

SLOTKIN FAN

Richard Slotkin's writing is the most balanced and rational that I have seen, from anyone, in regard to running. Gary Tuttle's column, month after month, has the most interesting reading in any running publication.

Don Capron
President
Marin Racers

WILL ROGERS 10K

I have the following comments regarding your extensive and well written article regarding the Will Rogers 10K, regarding your "Weak points" you had noted that all finishers should receive official times. We never have and never intend to time only the first 500 as your article suggests. We time all finishers as well as sending them their official results. Secondly, we specifically limited awards to the first 3 places since most runners in this race are in the "fun run" category and the very serious runners should be satisfied with 1, 2, and 3. Finally your suggestion is well taken with respect to the age group 19-34 which I agree is too expansive.

Thanks for your article and your interest in the race.

Chris H. Carlson
Co-Race Director
Los Angeles

STRIDERS

I have had an opportunity to read your article appearing in the California Track and Running News...dated August/September 1980.

There are many inconsistencies...and untruthful facts that are most glaring, unfair and totally without validity.

I don't know from whom you received so-called pertinent and factual information...but you surely didn't receive it from anyone associated with our particular group.

I would appreciate some clarification as to just who you did speak with other than Mr. Sturak.

Did you ever speak with our attorney, Mr. Howard Gould, or with our CPA/Attorney advisor, Mr. Joseph Palty? Or did you ever speak with one of our original founders, Dr. Harry Silver?

Before you editorialize with so-called facts that are not valid...I would hope and

Some of what you have written is very harmful to us...especially since we do have a pending court case. And there is every possibility that because of your article, your publication will now be part of our legal suit. I will discuss this with our attorney. Because of what you have written, there is no doubt that you did some irreparable harm.

But I would appreciate the courtesy of hearing from you...because I do have all of the papers...all of the facts...all of the correct and valid information and I have nothing to hide nor am I or our club trying to hurt anyone...least of all the Masters who, by the way, have done precious little to help us at any time...even when we were both part of the same entity.

1. The Beverly Hills group, headed up by Dr. Aronson who at the time was a councilman but who later became Mayor, terminated its financial support NOT BECAUSE OF THE PROBLEMS IN ISRAEL (that's an outright untruth and an insult to those who did, in fact, help finance our club at the time)...but directly due to a board meeting at which time Mr. Sturak insulted not only Dr. Aronson to his face...but also insulted Beverly Hills "money people" by making some very uncalled for and uncomplimentary statements. THIS IS A FACT...and proof would be what others attending that Board meeting would verify.

2. Mr. Bill Adler, upon hearing that the Tobias people did not want to finance a separate fund for mature, employed, professional business people, asked me to write a letter requesting the SPA and national AAU to waive the regular period for organizing a new group...but to facilitate their re-organizing promptly. I did this...and it was done out of a personal concern that the Masters needed our support in this and I and our board were perfectly willing and anxious to make it possible. Mr. Adler can't and won't deny this fact, I am sure.

At no time did I encourage or discourage the Tobias people how to spend their money...or for what purpose. I was never asked by Tobias...I didn't volunteer my opinion. I let the decision be Tobias's. Tobias wanted only to support the regular group...young athletes in or just out of college...who were competing on the national and international scene and getting ready for Olympic competition.

You might want to talk to Dick Rose who, when we first went with Tobias, was the VP in charge of marketing and who was responsible for our funding arrangement. I might also suggest that you talk to Mr. Jack Heeger, VP of Sunkist who was responsible for putting our group together with Tobias.

3. Our club never surprised anyone by claiming our rightful name. On each subsequent years application for membership...that does go directly to the SPA and AAU administrative offices...it always included the line LEGAL NAME REM-

original club was formed...and was not part of the original concept at all. This is fact. And Sturak was not an original STRIDER...but did become part of the Masters program. He once wrote an article claiming original membership...but we made him retract that statement which he realized was an untruth.

5. At no time have I heard of the merger arrangement possibility...but be assured that the Masters don't dictate what we do...and we have no intentions of telling the Masters how to function. I claim no special service to our club other than finding funding and keeping the books open and honest...paying the bills...making sure that the club operated and functioned according to the rules of the AAU and the State of California. The Masters never lifted a finger to help us...and had they done this, there would have been no need for a sponsor.

The sponsorship with the Beverly Hills people, by the way, was due directly to Hal Connally who was president of the club. There was never a written contract...or even a written statement that the BH people would fund us for more than one year at a time. And when I became president...I was left with the selling job to keep the BH people giving us funds for another 1 1/2 years until the fateful night when Sturak insulted everyone and everything associated with Beverly Hills.

6. As indicated...and proven by our records...the Master program became part of the club two or three years after the inception of the original club.

7. The club never relinquished its legal name...we paid, regularly, for our legal name with the State of California. Further, our every application...including the one for the Beverly Hills Striders, listed the legal name along with the sponsors name. The Masters never questioned this back then...why now?

8. The SPA says it is an innocent bystander...not true. Hal Harkness was an officer...he was chairman of the track and field committee...all applications for a name change first had to go through him...and at one of his meetings, the entire group approved the name change which was then forwarded to the SPA office. The SPA office must have approved it because our next membership papers had our sponsors name on it...but correspondence to me and others always included our legal name as well. Someone isn't telling the truth. Hal Harkness did admit that he erred in judgement giving th Masters our name without recalling that he had prior approval for our club using our own legal name. And when Hal brought this to the attention of the SPA...the SPA also acknowledged its error...but the Masters told the SPA to "shove it"...and no one in the SPA hierarchy had the guts to stand up to the Masters. NO ONE CAN TELL ME THAT THE SPAC or TAC can remain NEUTRAL

9. Hal Harkness and the SPA knows what it did wrong...and until the SPA and TAC

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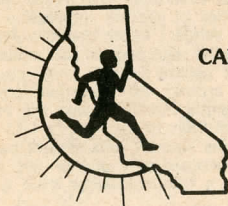
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Before you editorialize with so-called facts that are not valid...I would hope and think that you would get your facts down correct...and that you would honor both sides with an impartial "hearing." You owe your readers responsible journalism.

ON THE COVER: Upset winner - Laurie Binder of San Diego crosses the finish line to win the women's division of the Natural Light Half-Marathon Series finals at Lake Oswego, OR and upsetting race favorite Joan Benoit of Cape Elizabeth, Maine. Biner covered the course in 1:15:55, a full minute ahead of Benoit, 1979 Boston Marathon winner and the top woman runner in the U.S. last year.

CALIFORNIA TRACK & RUNNING NEWS

California's Track & Running Publication



Now in its 7th year California Track & Running News is THE running magazine for California's long distance runners.

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Name _____
Address _____
City _____ State _____ Zip _____

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9. Hal Harkness and the SPA knows what it did wrong...and until the SPA and TAC rights that wrong, both are very much part of the problem. Period.

Henry N. Ehrlich
President
Southern California Striders

CAL STATE NORTHRIDGE MID-YEAR SERIES

••Fall Field Meet November 29 - 12 noon••

••Fall All-Comers Meet Dec. 13 - noon (no throws)••

••Northridge All-Comers Classic Feb. 7 - 12 noon••

••TFA Weightmen's Pentathlon & Throwers Meet••
February 15

Open & Novice Divisions - 50 cent entry at meet

For entries or information contact:

Bill Webb/Don Strametz
California State University
Northridge, CA 91330
Phone: (213) 885-3608 or 885-3242

CSUN

So. California X-C Diary

by Bill Minarik

September 15

Well, contrary to rumors floating around the diary column is returning for another year to bring you various inside and outside views of your favorite sport.

I'll start off this year's news with a real shocker for prep X-C fans as the CIF's L.A. City Section, the second largest in the state has dropped the sport of cross country. Because of alleged budget problems, the schools were required to drop from 15 to 9 after school coaching positions for the boys and down to 3 for the girls. While football stayed fat, cross country got the ax. The CIF Southern Section has said that it will give hardship transfers to all those L.A. City athletes who want to switch to Southern Section schools; which means those transferring won't have to sit out a year. Being an alumni of the L.A. City Section, this is tough for me to take, but maybe it's a sign of the times.

Another sign of the times was seen at the Liberty Bell Track Meet which was billed as the alternative Olympics. It seemed all three of the U.S. shot putters—Pete Schmock, Al Feuerbach and Colin Anderson failed to show up. Thus, the U.S. was required to call somebody out of the stands to represent our country in the event.

Most of you have heard by now that USC will be ineligible for PAC-10 and NCAA track competition in 1981 because of certain academic irregularities, however, former Trojan sprinter Bill Mullins had this reply when asked if he was involved in any wrongdoing: "A whole lot of people all over the country are doing what I did, so I don't feel I really did anything wrong. A lot of people cheat, so the answer would have to be no, I didn't do anything wrong."

Speaking of wrongdoing, it seems that a reporter for the Arizona Daily Star has uncovered certain irregularities with the Pima, Arizona track and cross country teams. Pima, while not a member of the California Community College system frequently competes against some local CC's in some of the major track and cross country invitationals. The Star indicated that 14 members of the Pima team accepted money from a CETA Program for summer workouts and competitions and that two of those who got the money were sons of an area dentist. In addition, four of the athletes listed their head coach's address as theirs, while another listed an assistant coach's address. A

spokesman for the school said that since none of the athletes listed their parent's address, they were eligible to receive CETA benefits.

On the recruiting scene this summer, things were relatively quiet compared to last year, however, I did become aware of a certain amount of mudslinging taking place. A major development on the community college front saw well-known Social meet promoter, Al Franken, join Ron Allice's recruiting team down at Long Beach CC. Some coaches speculate that this was part of an arrangement whereby Ron has some of his athletes help run some of Al's indoor meets.

Some good news for CPSLO fans. Middle distance whiz Paul Medvin has smoked the peace pipe with Coach Steve Miller and has returned to school giving the Mustangs some much coveted insurance for their NCAA Cross Country title quest.

While gathering data for the X-C preview, which was in the August-September issue, it seemed most coaches were cautious about predicting any type of team championships for their harriers. However, not so with head Oxy mentor, Bill Harvey. Not only does Bill predict that his men will reverse last season's one point conference loss to Pomona-Pitzer, but he then goes out on a limb to say he predicts, "California has a better chance of sinking into the ocean than Oxy's women have of missing this year's SCIAA crown." That's pretty heavy since the Oxy gals have never won a conference title. I think I'll keep my eye on that one.

As far as coaching changes go, Walt Williamson has moved from head coach to athletic director at Cal State L.A. With Rich Purcell taking over the head coaching job. You long time California track fans might remember Rich as the former head coach at both CPSLO and University of the Pacific. His last involvement in track was as an assistant at Arizona State. Now A/D Walt Williamson did a remarkable job while at CSLA, winning an NCAA track title along with being runner-up twice. What makes Walt's record so remarkable is that: 1) he had to deal with an anti-sports student body—no scholarships, 2) he had to compete on an antiquated facility—dirt track, and 3) he recruited entirely from local high schools and community colleges. So Walt's shoes are definitely going to be a tough pair to fill, but since he is still out there on the scene, I'm sure he will share his secrets

with his successor.

Another head coaching spot which has yet to be filled is the one out at Cal State Fullerton, which is reviving the sport six years after having dropped it. However, the person who lands that job better be a miracle worker, if what I heard about the program is true. According to people close to the CSF scene, there will be no scholarships, no budget, and there is no equipment. That means whoever lands that job will have to bankroll the entire program. In addition, the dirt running track hasn't been dragged in six years, and when you consider that CSF is in NCAA Division I, you begin to wonder if the program could ever become competitive. Some coaches have speculated that the only reason CSF is adding back these two sports (track and x-c) is to retain their Division I status.

There is still no word on where all those female athletes who left Cal State Northridge with Coach Chuck Debus will end up. Some have reportedly enrolled at Cal State Long Beach, but there is still no official word on where Chuck Debus will be coaching.

Speaking of Cal State Long Beach, the Long Beach Invitational officially opened the cross country season in Social last Saturday. The big news was an overpowering performance by UC Riverside in the open division. Lead by Frank Assumma and Steve Alvarez, UCR gave notice to CPSLO that this year's Division II Championships will be at least a two-team affair, as they ran to a 37-68-96 win over CSLB and CSLA. On the distaff side, the CSLB gals showed AIAW potential with a microscopic 23 points followed by UNLV (53) and UCR (78).

In Division II, Azusa Pacific surprised Point Loma 32-43, although neither appears to be an NAIA threat.

In community college action, San Diego Mesa and Cerritos took the men and women's Division I competition, while powerful Ventura gave Coach Tuck Mason a welcome back present by sweeping both men and women's sections of the small school division. Hopefully, more schools will be in action at the Moorpark Invitational, where I should be able to get a better handle on who are the title contenders.

September 22

Just about every college team in Social was in action last weekend with the main event being held at UCLA. At that one, both male and female Bruin harriers were

winners of their own invitational. The Bruins Dave Daniels was a runaway individual winner as his teammates grabbed 6 of the first 8 places to easily outdistance runner-up UC Riverside in this 4-miler. Linda Goen was the individual winner in the women's race, however, the Bruin gals have a long way to go before they can be considered AIAW contenders.

The community college scene took definite shape at the Moorpark Invitational Friday. For those of you who figured Grossmont was on the way down, you can forget it. The Griffins had their first 3 TEAMS across the finish line before any other team had their third runner finish, which the final score of 22-91 (LBCC) might suggest. I will have to agree with coaches who were there who said that the men's large school state meet is already history.

In the men's small school competition, host Moorpark unveiled what may be their best team ever as they defeated a very good Citrus team, as well as Ventura and Glendale, which were reported to be without their number one men, by a 61-81-103-107 count.

In a combined women's competition, Glendale, utilizing superior depth, picked up where they left off last year with a close win over Mira Costa and Moorpark.

In other action, UC Irvine confirmed the report it was on the way up by virtue of a strong second place finish at the Las Vegas Invitational. At that same meet, both the men's and women's teams from Orange Coast College looked tough as they defeated a number of four-year schools.

As a follow-up to that story about the CIF's L.A. City Section dropping the sport of cross country, there is increasing bitterness among parents and coaches, who point out that the school district was able to come up with \$65,000,000 to fund a forced busing program of questionable value but couldn't find a half million to keep a number of minor sports, including cross country, alive. There is a proposed coaches strike in the works that could really bring the issue to a head.

In other news, Head Coach Tom Lionvale has decided to stay at UCSB, while Compton head man Darnell Mitchell, who has developed an awesome sprint program at that school, has indicated he may not be coaching track next season. There has been a rumor floating around that USC Track Assistant Ken Matsuda is leaving Troy over the academic irregularities which have surfaced recently, how-

ever inquiries made to the USC Athletic Department indicate the rumor to be false.

A note to all community college coaches. California Track & Running News will be continuing its policy of sponsoring All-American recognition for the sport of cross country. However, unlike last season when we sent out all certificates automatically, this year we will require coaches who would like them to request them. The requests must be sent to CT&RN prior to 12-31-80 indicating how the athlete qualified. However, for those coaches who would like to distribute the certs at your award banquets, I or someone from CT&RN will be at the state meet and hand out the certificates to those coaches requesting them. However, the name of the school and athlete will have to be filled in later by the coach. The criteria for All-American recognition is as follows:

- 1) The first 3 teams will be the fastest 21 combined (large and small school) times for men and women.

An athlete may receive honorable mention recognition if he/she achieves the following:

- 2) Makes the top 30 combined times.
- 3) Makes the top 15 in either large or small school.
- 4) Is either Norcal or Social champ or runner-up in any of the 4 divisions.

September 29

There was light action at all institutional levels this past weekend, however, there were some who probably wished there had been no action at all. These were some of the competitors who competed in the Cougar Classic at College of the Canyons. During the community college sections, the paramedics were required to take no less than 6 runners to the hospital with heat prostration. It was a pitiful sight to watch the ambulance driving alongside a staggering runner until the runner dropped, then picking him/her up and driving away. I'm going to have to second guess the meet director on the scheduling of some of the races. The canyons area traditionally has 100 degree weather at this time of year, thus to schedule a race at 1:30 in the afternoon on a course as tough as this one, in my opinion, is unrealistic. I wouldn't start anything later than 11:00 even if it meant doubling up some sections.

While the heat was affecting many, it obviously didn't affect Moorpark College and its superstar Paul Smith. Both were

NCAA track competition in 1981 because of certain academic irregularities, however, former Trojan sprinter Bill Mullins had this reply when asked if he was involved in any wrongdoing: "A whole lot of people all over the country are doing what I did, so I don't feel I really did anything wrong. A lot of people cheat, so the answer would have to be no, I didn't do anything wrong."

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September 29 □

There was light action at all institutional levels this past weekend, however, there were some who probably wished there had been no action at all. These were some of the competitors who competed in the Cougar Classic at College of the Canyons. During the community college sections, the paramedics were required to take no less than 6 runners to the hospital with heat prostration. It was a pitiful sight to watch the ambulance driving alongside a staggering runner until the runner dropped, then picking him/her up and driving away. I'm going to have to second guess the meet director on the scheduling of some of the races. The canyons area traditionally has 100 degree weather at this time of year, thus to schedule a race at 1:30 in the afternoon on a course as tough as this one, in my opinion, is unrealistic. I wouldn't start anything later than 11:00 even if it meant doubling up some sections.

While the heat was affecting many, it obviously didn't affect Moorpark College and its superstar Paul Smith. Both were winners in the small school division for the second consecutive week. If Paul is the same Smith who ran for Moorpark last season, then he has made one of the most remarkable improvements in community college history. However, Paul and his teammates will have a severe test this Friday when they meet runner-up Glendale in a dual meet at Santa Barbara. Glendale is supposed to have Jeff Nelson back in the saddle for this one which could go a long way in determining the state small school champ. Jeff is still suffering from one of the worst stress fractures imaginable and probably will be pressed into action only for big meets during cross country season.

In large school competition, upstart Santa Monica repeated their excellent performance of a week ago at UCLA and would probably be a state contender if it wasn't for Grossmont.

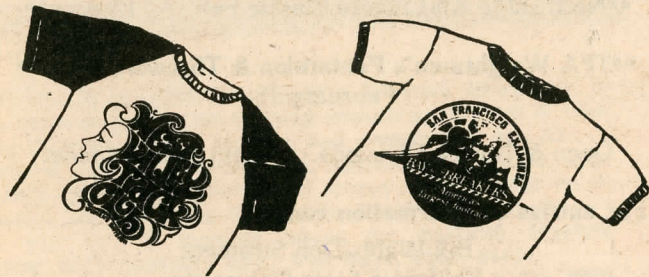
In the women's competition, it was almost a rerun of the Moorpark Invitational, as the Glendale depth prevailed over the front line strength of Mira Costa and Moorpark. Santa Monica's Teresa Haro was the individual winner here and looked like a potential state champ with a very impressive performance.

Back at Moorpark College, in the high school version of the Moorpark Invitational, Camarillo High School emerged as a boys CIF contender with a runaway victory over a very good field. Otherwise, I haven't seen any other teams emerge as a legitimate powerhouse yet.

Out at Riverside, UC Irvine came out the winner in another impressive performance. While I knew that the Anteaters were on the road back to contention, what I didn't realize is that they may have already arrived. While former Grossmont star, Dennis Hamblin, was the only big name addition to this year's UCI roster, most cross country fans should be aware that sometimes only one or two runners separate a title contender from a cellar-dweller.

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Order from: Track & Field News, Box 296, Los Altos, CA 94022

Sept. 1 - Dec. 15: 1980 Puma/TFA National Postal Championships. 2 & 3 mile and 2-person 10 mile relay. Contact: TFA/USA, 10920 Ambassador Dr., Suite 322, Kansas City, MO 64153.

OCTOBER

OCT 18: Fresno State Fund Run. One Hour on the track. Red Estes, Track Coach, Fresno State, Fresno 93740. (209) 487-2167.

OCT 18: Bakersfield 7.5 Mile 3 Person Relay. Hart Park, 8 am.

OCT 18: Morro Bay Invitational cross country. Open & collegiate men (10K) and women (5K). Steve Miller, Track Coach, Cal Poly - SLO, San Luis Obispo, CA 93407. (805) 546-2355.

OCT 18: Hayward Invitational Cross Country. Collegiate women. Bob McGuire, Women's Track Coach, Cal State Hayward Dept. of P.E., Hayward 94542.

OCT 18: Proposition 10 KM. Mission Bay, San Diego, 8 am. Leonard Gosink, 2403 Tomney Rd., San Diego 92109.

OCT 19: The Great Race. 10 Kilo.. Stanford, 9 am. Western Federal Savings, The Stanford Barn, 700 Welch Road, Palo Alto 94304.

OCT 19: Pioneers Run. Golden Gate Park, San Francisco, 9 am. 5 & 10 kilos. San Francisco Pioneers Run, 1255 Post Street, Suite 828, San Francisco 94109.

OCT 19: Concord Classic. 6.2 miles, Clayton Valley High School, Concord, 10 am. Concord Classic, 1573 Laverne Way, Concord 94521. (415) 686-0349.

OCT 19: Merced Bell Race. 3K & 15K, Applegate Park, Merced, 9 am. Frank Russell, P.O. Box 2462, Merced 95340. (209) 723-7276.

OCT 19: Natural Light L.A. Harbor Marathon & Half Marathon. San Pedro, 7 am. John Provost, San Pedro YMCA, 301 S. Bandini St., San Pedro 90731. (213) 832-4211.

OCT 19: SPA-TAC Marathon Champ & Santa Barbara Marathon & Half Marathon. Santa Barbara City College, 7:30 am. Santa Barbara Marathon, Box 6616, Santa Barbara 93111.

OCT 19: L.A.A.C. Mercury 10K. Los Angeles, 9 am. Jim Goulday, LAAC, 431 W. 7th St., Los Angeles 90014.

OCT 19: National One & Two Hour Postal Walk Champs. UCLA, 9 am. Paula Kash (213) 659-9772.

OCT 24: Mt. SAC Cross Country Invitational. J.C. men & women, high school girls. Don Ruh, MSAC, Walnut 91789.

OCT 25: Mt. SAC Cross Country Invitational. Open and high school boys. See contact above.

OCT 25: Golden Gate Conference X-C Championships. Collegiate women. Chico State.

SCHEDULE

Please send scheduling information directly to **California Track & Running News** at P.O. Box 6103, Fresno, California 93703

Schedule is subject to change; please verify date with meet directors before traveling to an event. Keep in mind that some events require advance entries. It is a good idea to include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

OCT 26: 16.2 Mile Marathon Prep & 4 Mile Run. Cal State Long Beach. 8 am. Jack Rose, 390 Peralta Ave., Long Beach 90803. (213) 432-3985 or 431-5107.

OCT 26: Little Lake Fall Run. 5K & 10K. Santa Fe Springs, 8 am. J. Swarr, Little Lake District Fall Run, 10515 S. Pioneer Blvd., Santa Fe Springs 90670.

OCT 26: Angwin-To-Anguish. 7.6 miles, Pacific Union College, Angwin, 10 am. David Nieman, P.O. Box 362, Angwin 94508. (707) 965-2020.

OCT 26: YMCA Golden Gate Marathon. San Francisco, 7 am. Ann Merrifield, 37 Clorinda Ave., San Rafael 94901. (415) 453-4448.

OCT 26: Halloween Run. 5.2 miles. West Valley College, 10 am. Halloween Run Committee, 14195 South Capri Drive, Saratoga 95030. (408) 379-7020.

NOVEMBER

NOV 1: Woodlake 20 Kilo Run. Wayne VanDellen, 37149 Rd. 192, Woodlake 93286. (209) 564-2581.

NOV 1: CCAA Conference & NCAA II District 8 X-C Championships. Morro Bay, 11 am. Steve Miller, Track Coach, Cal Poly-SLO, San Luis Obispo 93407.

NOV 1: 100 Mile Walk Championships. Chula Vista High School. Paul Hendricks (714) 422-WALK.

NOV 1: Point Pinole Skunk Run. 10 Kilo. Richmond, 10 am. Steve Justice, Zephyr Athletic Club, 2192 Owens Ct., Pinole 94564.

NOV 1: A.I.A.W. Western Regionals. Cal State Long Beach. Joe Carlson, Women's Athletic Dept., Cal State Long Beach, 1250 Bellflower Blvd., Long Beach 90840.

NOV 1: Earthquake Run. 10 Kilo. Hollister, 10 am. Earthquake Run, P.O. Box 337, Hollister 95023.

NOV 1: Whittier Village Run. 5 & 10 Kilo. 9 am. Ken Box, Bruce Staller, 13215

NOV 8: TFA Western Regional X-C Championship. Men & women, open & masters. Visalia. Marty Higginbotham, 1026 W. Princeton, Visalia 93277.

NOV 8: Big Brothers 10 Kilo. Mission Bay, San Diego, 7:30 am. George Lieken, c/o Big Brothers, 625 Broadway, Suite 1117, San Diego 92101.

NOV 8: El Cajon Kiwanis 10 Kilo. Granite Hills High School. Bob Callen (714) 697-7874.

NOV 8: Vandenberg AFB 11 Mile Run. Jerry Hill, 1498 La Quinta, Nipomo 93444.

NOV 8: Central California Marathon. Fresno, 7:30 am. Gordon Keller, 8811 E. Herndon, Clovis 93612. (209) 299-4114. See advertisement and entry blank in August/September issue.

NOV 9: A Winter's Breeze Marathon. Newport Beach, 7 am. Newport Runners Association, 1162 Dorset, Costa Mesa 92626. (714) 546-3663.

NOV 9: Mazola Corn Oil Run. 5 & 10 Kilo. UCLA, 8:30 am. (213) 489-3200.

NOV 9: Excelsior West End Run. 10K. Golden Gate Park, San Francisco, 10 am. Al Berrin, 161 Hernandez, San Francisco 94131.

NOV 9: Cup and Saucer Runs. 2 & 8.6 miles. Napa, 10 am. Reg Harris, 1267 Walnut C66, Napa 94558. (707) 255-8705.

NOV 11: All Clovis Week 8 Mile Run. Clovis West High School, 8 am. Bill Nixon, 5545 E. Herndon, Clovis 93612.

NOV 11: Porterville Veteran's Day Races. 5 & 10 Kilos. 8 am. Dr. Allen Nelson, Porterville College, 900 South Main St., Porterville 93257. See advertisement and entry blank in this issue.

NOV 15: NCAA II X-C Championships. Wisconsin-Parkside.

NOV 15: 200 KM 5 Person Relay

NOV 22: Santa Maria Scholarship Run. 5 & 10 Kilo 9 am. John Rodriguez, Santa Maria Scholarship Run Committee, 901 S. Broadway, Santa Maria 93454.

NOV 23: Rose Bowl Marathon. Also half & quarter marathons. Pasadena, 7 am. Tony Nixon, Pasadena YMCA, 235 East Holly St., Pasadena 91101. (213) 793-3131.

NOV 23: Run For Freedom. 5 & 10 Kilo. Rancho Park in West L.A., 8 am. RACE, Box BC, Westminster 92683.

NOV 23: Santa Clara Valley Autumn Ridge Run. 6.07 miles. San Jose. Ron Landrum, 1201 Huntingdon Dr., San Jose 95129. (408) 252-0100.

NOV 23: Palo Alto YMCA Turkey Trot. 5 miles. 9 am. Steve Totten, 3412 Ross Road, Palo Alto 94303. (415) 494-1883.

NOV 23: Pepsi 20 Mile Run. Delta High School, Clarksburg (Sacramento area), 11 am. George Parrot, 1524 Little Court, Carmichael 95608. (916) 454-6884.

NOV 24: NCAA Div. I X-C National Championships. Wichita State.

NOV 29: Kinney Western Cross Country Qualifier. Woodward Park, Fresno. Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 264-5847. Entry deadline November 15. See advertisement in this issue.

NOV 29: TAC Masters 5 Kilo X-C Championships. Balboa Park, San Diego, 9 am. Bill Stock, San Diego Masters, 7160 Baldrich, La Mesa 92041. (714) 466-8700.

NOV 29: Saucony 10 Kilo. Balboa Park, Diego. Neil Finn, Phidippides TC, 4630 Bonita Rd., Bonita 92002.

NOV 29: Fall Field Event Meet. Cal State Northridge, 12 noon. Bill Webb, Track Coach, California State University, Northridge 91330. (213) 885-3205.

NOV 29: TAC Boys National / RRCA Girls Western X-C Championships. Spring Lake Park, Santa Rosa. Fred Kenyon,

DEC 6: Southern California Open X-C Championships. Univ./Coll.; J.C.; H.S. Boys-Girls; Masters, Club Divisions. Don Ruh, Mt. SAC, Walnut 91789.

DEC 6: Oxy Women's 5K. Los Angeles, 9 am. Woody Studenmund, 1956 Escarpa Dr., Los Angeles 90041. (213) 254-0440.

DEC 6: Olymplans 5 & 10 Kilo Runs. Newport Beach, 9 am. Newport Beach Runners Association, 1162 Dorset, Costa Mesa 92626. (714) 546-3663.

DEC 6-7: TFA Winter Decathlon. Glendale. John Tansley, Athletic Dept., Glendale College, 1500 N. Verdugo Rd., Glendale 91208.

DEC 7: Honolulu Marathon.

DEC 7: Beverly Hills-Perrier 10KM Run. 8 am. Recreation Dept., 450 N. Crescent, Beverly Hills 90210. (213) 550-4816.

DEC 7: Anaheim River Run/Sub 4 Invitational. Anaheim Stadium, 8:15 am. RACE, Box BC, Westminster 92683. (714) 754-0491.

DEC 7: Hanukah Torch Run. 8 Kilo, Beverly Hills, 10 am. Dr. Paul Berns, 2080 Century Park East, Suite 401, Los Angeles 90067. (213) 553-4833.

DEC 7: Santa's Stampede. 2 & 5 miles, Napa College, 10:30 am. Reg Harris, 1267 Walnut C66, Napa 94558. (707) 255-8705.

DEC 8: San Jose State 2 Mile & 10 Kilo. Hellyer Park, San Jose, 8 am. Spartan Spikesters, c/o Men's Track Program, 175 So. Seventy St., San Jose 95192. (408) 277-3281.

DEC 13: Clovis Stampede. 8 kilo, 11 am. Sandy McPherson, 1108 Villa #145, Clovis 93612. (209) 298-4955.

DEC 13: Fall All Corners Track Meet. Cal State Northridge, 12 noon. No throws. Bill Webb, Track Coach, California State University, Northridge 91330. (213) 885-3205.

DEC 13: SPA-TAC District 10 Kilo Championships. Griffith Park, 8 am.

DEC 14: TFA West Coast Weight Pentathlon. Glendale. John Tansley, Athletic Dept., Glendale College, 1500 Verdugo Rd., Glendale 91208.

DEC 13: Kinney Cross Country National Championships. Balboa Park, San Diego. Must qualify in Regional on November 29. Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 264-5847. See advertisement in this issue.

DEC 14: 5 Miles Before Christmas. San Francisco Bay Area. Mike Porter, 2013 Broadway, Redwood City 94063.

DEC 20: Mission Bay 25KM Run. San Diego Track Club, P.O. Box 1124, San Diego 92112.

DEC 20: Striders 50. 50 miles, Santa Monica, 3 pm. Tom Sturak, Box-1602, Santa Monica 90406.

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OCT 25: Mt. SAC Cross Country Invitational. Open and high school boys. See contact above.

OCT 25: Golden Gate Conference X-C Championships. Collegiate women. Chico State.

OCT 25: Mother Goose Chase 20KM. Granite Hills High School, El Cajon, 8 am. John Meyer (714) 462-9225.

OCT 25: No Frills 10 Mile. Torrey Pines High School. Rick Vandertie (714) 488-2310.

OCT 25: Nevada Appeal Mini Marathon. 13.1 miles, Carson City, 9 am. David Osborn, P.O. Box 2288, Carson City, NV 89701. (702) 882-2111. See ad and entry blank in the last issue.

OCT 25: All Club Cross Country Invitational. 8,000 meters, San Jose, 11 am. Dan Cruz (408) 985-6893. Tentative.

OCT 25: TFA/USA National Open & Submasters Cross Country Championships Reno, Nevada. Dr. Jack Cook, Dept. of Athletics, University of Nevada, Reno, NV 89557.

OCT 25: Rod Carew Special Olympics 10K. Fountain Valley, 8 am. RACE, Box BC, Westminster 92683. (714) 532-6825.

OCT 25: Swallows Run. 10K. San Juan Capistrano. Chamber of Commerce, 31882 Camino Capistrano #A, San Juan Capistrano 92675.

OCT 25: Lakeview Gusher 10km Run. Taft, 7 am. (805) 763-1463.

OCT 25: Telegram/Tribune 5 & 10 Kilo Fun Runs. Telegram-Tribune, 1321 Johnson Ave., San Luis Obispo 93401.

OCT 26: El Camino Stakes Races. 6.4 miles. Bay Meadows Race Course in San Mateo, 9 am. Jim Nantell (415) 574-6730.

OCT 26: Oktober-Fest Run. 4 miles. Baywood Park, Los Osos, 11 am. South Bay Advocates for Youth, P.O. Box 6125, Los Osos 93406. (805) 528-2278.

OCT 26: Monterey County Marathon & Half Marathon. Salinas, 8 am. Fleet Feet, 364 S. Main St., Salinas 93901.

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NOV 1: Woodlake 20 Kilo Run. Wayne VanDellen, 37149 Rd. 192, Woodlake 93286. (209) 564-2581.

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NOV 1: Earthquake Run. 10 Kilo. Hollister, 10 am. Earthquake Run, P.O. Box 337, Hollister 95023.

NOV 1: Whittier Village Run. 5 & 10 Kilo. 9 am. Ken Box, Bruce Staller, 13215 E. Penn St., Suite 101, Whittier 90602.

NOV 2: Dry Run. 5 & 10 Kilo. Golden Gate Park, San Francisco, 10 am. Henry Ohlhoff House, 601 Steiner St., San Francisco 94117. See advertisement & entry blank in this issue.

NOV 2: Pine Cone Seven. 7 miles. Santa Maria. Ron Lewis, 4169 Woodland, Santa Maria 93454.

NOV 2: PA-TAC X-C Championships. Belmont, Tentative.

NOV 2: Orange Grove Full, Half and Quarter Marathons. Loma Linda, 7 am. J. Phillip Marsden, Loma Linda Lopers, P.O. Box 495, Loma Linda 92354.

NOV 2: Alhambra Run for Life. 5 & 15 Kilo. Alhambra, 7:30 am. Dick Nichols, Alhambra Chamber of Commerce, 11 S. Second St., Alhambra.

NOV 2: Claremont College 5 & 10 K Presidential Cup Race. 8 am. Gary Swartzbaugh, Claremont College, ROTC Race Committee, Claremont 91711.

NOV 2: Almond Bowl Run. 3 & 6 miles. Bidwell Park, Chico, 10 am. Almond Run, P.O. Box 1182, Chico 95927.

NOV 2: Windsor Whale Run. 9.3 miles, Windsor, 9 am. Fred Kenyon, 1609 Mariner Dr., Sebastopol 95472. (707) 823-8338.

NOV 2: Sacramento Sixty. 60 Kilo. 8 am. Hal Baker, 1182 Cavanaugh Way, Sacramento 95822. (916) 443-4514.

NOV 8: Steve Garvey Sports Classic. 5 & 10 Kilo. Woodland Hills, 8 am. Steve Garvey Sports Classic, 5850 Canoga Ave., Suite 210, Woodland Hills 91367.

NOV 8: TFA National X-C Masters Championship. Green Valley, AZ. Steven M. Myers, Green Valley Recreation, P.O. Box 984, Green Valley, AZ 85614.

NOV 9: A Winter's Breeze Marathon. Newport Beach, 7 am. Newport Runners Association, 1162 Dorset, Costa Mesa 92626. (714) 546-3663.

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NOV 15: NCAA II X-C Championships. Wisconsin-Parkside.

NOV 15: 20 KM 5 Person Relay. Mexicali-San Felipe. David Manwaring (714) 275-1384.

NOV 15: 13 KM Turkey Trot. Coronado to Balboa Park, San Diego, 7:30 am. Annalee Levy (714) 239-7781.

NOV 15: Run 10K - Bike 40 Miles. Al Jarvi, P.O. Box 12172, San Diego 92112.

NOV 15: A.I.A.W. National Championships. Seattle, WA.

NOV 15: Hunger Project Marathon & Half-Marathon. San Luis Obispo. Pete Dorn, 1365 Cazadero, San Luis Obispo 93401. (805) 543-4723.

NOV 15: Lompoc Turkey Trot. 10 Kilo. Bill Arnerich, 3902 Rigel, Lompoc 93436. (805) 733-3059.

NOV 16: Women's State TAC X-C Championships. Rocklin, Tentative.

NOV 16: Lasse Viren Finnish 20 KM. 8 am. Eino, 32926 Mulholland Hwy, Malibu 90265.

NOV 16: Run for Your Life. 10 Kilo, Griffith Park, Los Angeles. Solange Stramier, c/o USC School of Pharmacy, 1985 Zonal Ave., Los Angeles 90033.

NOV 16: Lake Merritt Blind Duck Relays. 15 Kilo, 3 person teams. 10 am. Bill Jenney, 2515 Delmer St., Oakland 94602. (415) 482-4050.

NOV 16: Stanford Run. 10 Kilo. Stanford, 12 noon. Don Spradlin, Winthrop Financial Corp., 595 Market St., San Francisco 94105.

NOV 22: State Center 5 Person 15 Mile Relay. Roeding Park, Fresno, 10 am. Fresno Track Club, P.O. Box 6103, Fresno 93703. (209) 264-5847.

NOV 22: Pico Rivera Turkey Trot. 2½, 5 & 10 miles. Smith Park, 9 am. Ralph Aranda, 6615 Passons Blvd., Pico Rivera 90660. (213) 692-2247.

NOV 22: Gilroy 2 Mile Turkey Trot. Gilroy Parks and Recreation, 7371 Hanna, Gilroy.

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NOV 29: TAC Boys National / RRCA Girls Western X-C Championships. Spring Lake Park, Santa Rosa. Fred Kenyon, 1570 North Street #22, Santa Rosa 95404. Entry deadline November 21. See advertisement in this issue.

NOV 30: Mad Jack Mission Bay 10K. Scott McCarthy (714) 291-6480.

NOV 30 Brooks-TFA National Masters 25K Run. San Francisco. Len Wallach, 1060 Continentals #104, Belmont 94022.

NOV 30: Oakland Marathon. Also Half Marathon. C. Swenson, P.O. Box 2501, Oakland Airport Station, Oakland 94621. See advertisement in August/September issue.

NOV 30: Merced Turkey Trot. 10 Kilo. Applegate Park, 10 am. Jack McCabe, P.O. Box 2538, Merced 95340. (209) 723-9417.

NOV 30: Firestone Scouts 5 & 10 Kilo. Brea, 8 am. Greg A. Risser, 2333 Scout Way, Los Angeles 90026.

DECEMBER

DEC 4-7: Las Vegas Marathon Weekend. Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277. (209) 7328030. See advertisement in this issue.

DEC 6: Datsun's Dash for Breath. 15 Kilo, Mission Bay Park in San Diego, 8 am. Polly Christianson, NAC, P.O. Box 26544, San Diego 92126. (714) 566-6447.

DEC 6: Balboa Boogie. 5,000 meters cross country. Women only. Nicki Hobson, 12991 Caminito Bodega, Del Mar 92014. (714) 755-7562.

DEC 6: Fresno Road Race. 6 miles, Chandler Field, 11 am. Fresno Track Club, P.O. Box 6103, Fresno 93703. Frank Delgado (209) 233-3631 or Fernie Montanez (209) 233-5027.

DEC 13: SPA-TAC District 10 Kilo Championships. Griffith Park, 8 am.

DEC 14: TFA West Coast Weight Pentathlon. Glendale. John Tansley, Athletic Dept., Glendale College, 1500 Verdugo Rd., Glendale 91208.

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DEC 20: Striders 50. 50 miles, Santa Monica, 3 pm. Tom Sturak, Box-1602, Santa Monica 90406.

DEC 20: Rose Bowl 10 Mile. 8 am. Bill Pickrell, 666 Longfellow, Hermosa Beach 90254. (213) 374-7314.

DEC 21: Los Angeles Bicentennial Founders's Trek Half-Marathon. San Gabriel Mission, 8 am. Eric Rawlings, Community Hospital of L.A., 218 S. Santa Anita, San Gabriel 91776. (213) 284-3282.

DEC 21: Christmas Relays. San Francisco Bay Area. Marc Lund, 902 Rockefeller, #11-B, Sunnyvale 94087. (408) 739-6560.

DEC 27: New Year's All Corners Track & Field Meet. Mt. SAC, 10 am. Don Ruh, Athletic Dept., Mt. SAC, Walnut 91789.

DEC 27: Mt Lowe Trail Run to Inspiration Point. 13 Kilo, 8:30 am. Pasadena Area. Joseph Wilson, Pasadena Chumbek, 181 S. Los Robles, Pasadena 91101.

DEC 27: Holiday Half Marathon. San Luis Rey Downs, 9 am. Carl Maier, Oceanside Recreation Dept., 350 N. Ditmar St., Oceanside 92054. (714) 439-7161.

DEC 28: Westlake 20 Mile Run. Brian Pritchard, 1626 Wellington Pl., Westlake Village 91361. (805) 495-8705.

DEC 31: Napa Midnight Run. 5.7 miles, Napa College, 12 midnight. Kaye Hall, 4516 Dry Creek Rd., Napa 94558. (707) 255-0883.

DEC 31: Midnight Masquerade Run. 1½ & 3 miles, Cal State Sacramento. Cruz Acevedo, 2408 J St., Sacramento 95816. (916) 442-7723.

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PREP NOTES

by Keith Conning

CROSS COUNTRY PREVIEW

North Coast Section

by Keith Conning

MEN

Jay Marden (Mission San Jose, Fremont) is the defending section champion. He finished second in the State Meet 3200 meters with 3:56.08.

Dave Shea (Castro Valley) placed fifth in the section last year. He took second in the section 3200 with 9:16.2 and fourth in the State Meet at 9:15.22.

Aubrey Wilson (Berkeley) captured fourth in the section 3200 with 9:19.6 and took twenty-fourth in the State Meet with 9:26. He is the man to watch as he came from nowhere to qualify for the State Meet.

Tim Berry (Pleasant Hill), the top junior in the section, finished eighth last year. He placed sixth in the section 3200 in 9:27.6. He will be competing for a new school this fall as Pleasant Hill has been closed.

Sam Hooker (Las Lomas, Walnut Creek) placed 8th in the section 3200 with 9:30.9.

Clint Williams (Acalanes, Lafayette) placed ninth in the section 3200.

Grant Rider (Arcata) took fourteenth in the section 3200. He also finished twentieth last year.

Scott Ricksecker (Petaluma) ran 4:25.0 in the heats of the section 1600.

Jim Leigh Kendall (Eureka) ran 4:25.6 in the heats.

Pete Richardson (Berkeley) who placed second in the State Meet 800 in 1:50.19, is going to run cross-country. He may be a real factor. He ran the mile once last season in 4:25 at the Stanford Invitational.

Dave Rodriguez (Montgomery, Santa Rosa) placed fifth in the State Meet 800 in 1:51.87.

Paul Grabowsky (San Ramon) finished sixth last year.

Steve Vargas (Amador) finished sixteenth last year.

Katie Dykstra (Drake, San Anselmo) placed second in the 1600 at the section meet with 5:06.3.

Laurie Hollingsworth (Piner, Santa Rosa) took sixth in the State Meet 800 in 2:15.20. Her season best was 2:13.16.

Jill Ellingson (Hayward) placed third in the section 800 in 2:13.0. She also ran a 5:17.5 1600.

Sabrina Stevenson (Castro Valley) finished tenth last year. She was thirteenth in the Nor Cal Championships.

Women's Teams: Miramonte (Orinda) is the defending champion and should have an excellent team with Marilyn Davis, Marcia White and Wendy Sihner leading the way. Castro Valley came on strong at the end of the season to capture the Northern California title. Corondelet, Petaluma and Drake rounded out the top five teams. Bill Taylor, the Drake coach, reports that one of his good runners is transferring to another school, so he will be thin.

NORTH COAST SECTION SMALL SCHOOLS

Boys: Fort Bragg (North Central League champions) heavily favored, although Callistoga (also N.C.L.) returns with a strong team. Beyond those two, it appears to be no contest. Fort Bragg is lead by defending league champion (plus mile and 880 champ of the division) J.C. Tinney and Steve Bates (divisional 2 mile champ). Callistoga has no single outstanding individual, but features five closely competitive runners, the best of whom are Wes Poole and Saul Agapoff.

Other individuals to watch: Tim Helms (Clear Lake), Mike Duarte (St. Helena), Paul Glassmaker (St. Vincent).

Girls: The top four teams in last year's divisional meet all finished within 10 points of one another and all return without major losses. University High (San Francisco) is the defending champion and is led by Peggy Wright (3rd last year) and Ashley Mace (5th). Crystal Springs (Bay County League) was second in 1979 and will be led by Kit Aarwood (7th). Clear Lake returns with the close

Send all high school material directly to Keith Conning, California Track & Running News High School Editor, 2235 Browning St., Berkeley, CA 94702.

Central Coast Section

by Howard Willman

BOYS

Defending Nor Cal Champion Watsonville returns six of their seven runners back, but Los Gatos and Bellarmine (San Jose) aren't being taken lightly either.

1. Watsonville: The team everyone is after, though some may be disillusioned by its tendency to start slow. Angel Vasquez (8th Nor Cal last year) will spearhead the Wildcats' attack, as tough as any--and maybe the best--of coach Len Davies' past teams, of which only one, 1972's squad, has a CCS title to show for its efforts (Watsonville was second to Leigh in CCS last year).

2. Los Gatos: Another school nicknamed "Wildcats," LG may finally reap the benefits of coach Glenn "Willie" Harmatz' hard work. They were fourth last year, but their frosh/soph squad claimed the CCS crown. Paul Cox (coming off a 3:59 1500 over the summer), Jim Mellema, junior Brian Bergstrom (f/s individual champ, f/s mile champ) and soph John Mann (f/s 800 champ) will lead the way. These Wildcats strongly contrast Watsonville's as LG usually starts the season with very impressive efforts.

3. Bellarmine (San Jose): Pure number will tell what kind of job coach Mary Procaccio has done. For an all-boys school, Procaccio had to cut his squad from 140 to a manageable 89. Soph Rodney Sellard, Chris Paredes and junior Jason Field will lead the Bells (second to LG in f/s last year) to their first major section threat.

Others: Traditional powers Carlmont (Belmont) and Leigh (San Jose) are in building years. Westmont (Campbell) also lost much to graduation. Santa Teresa (San Jose) has a strong first three in Dan and Pete Stefanisko and Robert Andersen, but lack of depth will hurt the Saints. Willow Glen (San Jose) and St. Francis (Mountain View) have good front-runners in Joe Rubio (WG) and Scott Gale (SF).

Individuals: Junior Ruth Day of Willow Glen (San Jose) was third last year and is expected to be among the leaders again. Also returning: fifth-place Tiffany Choy, Salinas; 10th-place Jenny Glockner, Sacred Heart (Menlo Park); and junior Linda Van Housen, Sacred Heart (Menlo Park) transfer from Woodside, who was disqualified on that shaky AAU-sanction rule last year.

Central Section

Clovis' Gary Gonzales and Mt. Whitney's Cynthia Rogers are the defending Section champions. Gonzales won the Clovis Invitational in a new meet record. He also placed sixth in the State Meet 1600 meters with 4:12.90. Rogers also won the Clovis Invitational Juniors race in a new meet record and the fastest time of the day. She qualified for last year's State Meet in both the 1600 and 3200 meters.

Corcoran should have another strong boys team led by Shawn Smallwood, who placed sixteenth in the State Meet 3200 meters. So should Clovis West in the girls team race with Karen Van Waggenen leading the way. Clovis High could be tough, too, behind junior Brenda Wilcox.

Bob Lohse of Hanford and junior Dean Walker of Hoover are other top boys to watch.

Sacramento/ San Joaquin Section

The SJS team race in past years has almost been a Jesuit-Mira Loma dual meet in the boys division. This will not be the case in 1980. The battle for top dog in the section should be a four way battle including the two previously mentioned schools along with El Dorado and Bella Vista.

Currently the favorite in the group is El Dorado. While they do not have a real star on the team they return the top four harriers from the team that finished third in the section meet and third in the Nor-Cal contest last season. In early September El Dorado knocked off Mira Loma in a dual meet. Handing the Matadors their first dual meet loss in several years. Cougar coach Jim Myers has done an excellent rebuilding job.

Leading the chase after El Dorado should be Bella Vista coached by Hank Greenwald. Greenwald's squad should be led by last track season's sophomore sensation, Harold Kuphail. During this past track season Harold clocked 9:22 for two miles and during the summer broke 32 minutes for 10K. He should contend for section individual honors.

Others in the hunt should be Jesuit, Elk Grove and Mira Loma. Jesuit lost their top two runners from last year's section winner, including nationally ranked miler Pedro Reyes. However coach Walt Lange has some promising returnee's led by

Bidwell Marathon on March 9th in 2:46:57). Due to the flu Mira Loma's Fuller did not run well in the section meet. However the year before, as a frosh, was the section champ going away. If fit she will be very tough to beat. Baker is an 11:00 two miler and the sixth place finisher in 1979.

Southern Section

by Doug Speck

As the 1980-81 school year rolls around another Fall High School Cross-Country season is underway. The CIF-Southern Section has some super individuals and fine teams returning to compete for honors in this tough 469 school section. Three area returnees have to be rated among the top harriers in the entire United States at the high-school level. Barasa Thomas (Santa Barbara) and Kenyan foreign exchange student followed his 1979 Sectional 4A win with a Kinney's Western Regional victory and second in the National Kinney affair. He ran 9:04.56 (3200 meters) in the Spring and is looking forward to a big senior year. Jon Butler (Edison, Huntington Beach) was 8th in the National Kinney's Meet and blazed 8:54.44 (3200 meters) on the track. Vickie Cook (Alemany, Mission Hills), after blazing to the Section's fastest time in her 2A class win, went on to place 6th in the National Kinney's Meet. Vickie has run well since--her 4:47.31 - 10:14.78 state meet distance double was awesome, and she blazed a 9:24.8 (3000 meter) labor day weekend in the Pan American Junior Meet. Other Sectional returnees who gathered big post-season honors were California Track Running News All-State picks Anabelle Villanueva (Fountain Valley) and Shelly Hazlett (Saugus)--Honorable Mention for the State-Wide team in 1979 and returning are Bonnie McGlinchey (Fountain Valley) and Polly Plummer (University Irvine). Chris Bowlus returns for Rolling Hills as All-California Honorable Mention for the local Men.

All three divisional (4A, 3A, 2A) Women individual Champions from 1979 return for the 1980 season. Annabelle Villanueva (Fountain Valley-4A) and Shelly Hazlett (Saugus-3A) will face each other as Shelly's Golden League has been moved up to 4A status. Vickie Cook (Alemany-2A) is back for her junior year. The returning Men's individual champions Barasa Thomas (Santa Barbara-4A) and Don Orr (Upland-3A) will likewise face each other, is Upland's 3A Baseline League has been moved up to 4A status.

Some changes have been made in Divisional structuring. The Men have competed for some time with a 4A, 3A, 2A, 1A school size structuring (with some variations to be discussed). The Women's Division will feature, in addition to their 4A, 3A, and 2A groups, a 1A division for the smaller schools for the first time this year. Some significant changes took place in realigning Leagues within the different divisions. To be done, the number of

Sam Berry (Pleasant Hill), the top junior in the section, finished eighth last year. He placed sixth in the section 3200 in 9:27.8. He will be competing for a new school this fall as Pleasant Hill has been closed.

Sam Hooker (Las Lomas, Walnut Creek) placed 8th in the section 3200 with 9:30.9. **Clint Williams** (Acalanes, Lafayette) placed ninth in the section 3200.

Grant Rider (Arcata) took fourteenth in the section 3200. He also finished twentieth last year.

Scott Rickacker (Petaluma) ran 4:25.0 in the heats of the section 1600.

Jim Leigh Kendall (Eureka) ran 4:25.6 in the heats.

Pete Richardson (Berkeley) who placed second in the State Meet 800 in 1:50.19, is going to run cross-country. He may be a real factor. He ran the mile once last season in 4:25 at the Stanford Invitational.

Dave Rodriguez (Montgomery, Santa Rosa) placed fifth in the State Meet 800 in 1:51.87.

Paul Grabowsky (San Ramon) finished sixth last year.

Steve Vargas (Amador) finished sixteenth last year.

Tom Cole (San Roman) finished twentieth last year.

Men's Teams: Mission San Jose (Fremont) is the defending champion. Castro Valley, San Ramon (Danville), and Las Lomas (Walnut Creek) rounded out the top four.

WOMEN

Dana Flint (Ukiah) won the section two-mile in 1979. Last year she was a foreign exchange student in Denmark. She returns for her senior season.

Mary Gaffield (El Cerrito) won the 4A title last year. She placed sixth in the State Meet 3200 in 10:42:17. She has also run the mile in 5:06.1.

Robyn MacSwain (Terra Linda, San Rafael) placed second last year. She won the section 3200 in 10:41.5. She is the top junior in the section.

Joyce Richardson (Concord) took third in the 4A last year.

Karin Lambden (Castro Valley) finished ninth last year. She placed third in the section 3200 in 10:46.1.

Marilyn Davis (Miramonte, Orinda) finished sixth last year. She has a devastating kick, which she demonstrated to perfection last year. She won the State Meet 800 in 2:09.73.

Lori Shanoff (Petaluma) placed fourth last year. She took fourth in the section 1600 with 5:06.6.

Marcia White (Miramonte, Orinda) captured fifth last year. She placed sixth in the 3200 at 10:57.3.

Mary Ann Morse (Carondelet, Concord) placed eighth last year. She is only a sophomore. She also took seventh in the section 3200 in 10:59.4.

Mary Brennan (Marin Catholic, Kentfield) placed eighth in the section 3200 in 11:10.4.

Susie Ames (California, San Ramon) placed ninth in the section 3200.

Wendy Sihner (Miramonte, Orinda) placed eleventh last year. She placed tenth in the section 3200.

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Other individuals to watch: Sara MacCreedy (Upper Lake), Ann Brogheha (Katharine Branson School), Anna Heinke (St. Helena).

Cross country in the small schools is very much on an upward swing, especially girls' cross country. The two St. Vincent girls have beaten over the past two years some top runners (Lisa Dailey, Lori Shanoff, Robin McSwain, Katie Dykstra) although they are not truly at that level. Fort Bragg has scored better than small schools in the past managed against good large schools. If major runners or major teams falter, the top small school runners can now beat them. In the past that wasn't likely.

Oakland Section

Section champions David Pluth (Skyline) and Jennifer Ray (Oakland) return to defend their titles. Pluth started his senior campaign with a fine third place finish in the Oakland Invitational, only three seconds off the old course record. Ray won the combined San Francisco/Oakland section 880 yard run in 2:14.4.

Skyline will again be favored to capture the team titles, since there is virtually no team competition in their section. In fact only one other team—McClymonds—even bothered to enter the Oakland Invitational put on by the league/section.

the benefits of coach Jim "Willie" Harmatz' hard work. They were fourth last year, but their frosh/soph squad claimed the CCS crown. Paul Cox (coming off a 3:59 1500 over the summer), Jim Mellema, junior Brian Bergstrom (f/s individual champ, f/s mile champ) and soph John Mann (f/s 800 champ) will lead the way. These Wildcats strongly contrast Watsonville's as LG usually starts the season with very impressive efforts.

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Others: Traditional powers Carlmont (Belmont) and Leigh (San Jose) are in building years. Westmont (Campbell) also lost much to graduation. Santa Teresa (San Jose) has a strong first three in Dan and Pete Stefanisko and Robert Andersen, but lack of depth will hurt the Saints. Willow Glen (San Jose) and St. Francis (Mountain View) have good front-runners in Joe Rubio (WG) and Scott Gale (SF), but their depths have to be tested. Gunn (Palo Alto) and Saratoga have Kent Iglehart (G) and Jeff Salazar (S), but both teams need to tighten up their packs.

Individuals: Jesse Torres of Independence (San Jose) was third last year and ranks as the favorite. Nelson Bernal of Westmont and Mike McCollum of Palo Alto, eighth and ninth, respectively, should also be watched.

GIRLS

No clear-cut favorite, but many are talking about Los Altos with defending Nor Cal champ Kerry Brogan and her freshman sister, Kelly.

Los Altos: One Brogan is tough enough for opponents and two are a coach's dream, but coach Jim Terill has two non-Brogans that make the Knights a probable choice to live up to what is being said about them. Juniors Lisa Peizyski (8th last year) and Jackie Lewis make it a foursome, but Terill, the Examiner Games meet director, is still looking for a fifth girl, which may be their only problem.

2. St. Francis (Mountain View): Six good runners, anchored by soph Susan Brodie and junior Lynne Grassl, give coach Tom Tuite a chance to improve on last year's fifth-place finish. The Lancers' top four runners are underclass.

3. Los Gatos: Six out of seven return from last year's third-place effort (11th Nor Cal), with Debbie Morris an Gail Parker leading the way. Like St. Francis, LG runs well as a pack.

Others: Gunn (Palo Alto) may be underrated here, but they will have to work on a noticeable gap between third and fourth runners. Junior Esther Berndt, Wendy Huston and Karen Ernst are solid, however. Defending champ Carlmont (Belmont), also second Nor Cal, lost heavily to graduation and transfers, but Paula Folanini will be heard from. Soquel, with Kristi Jacobson, should also challenge.

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Others in the hunt should be Jesuit, Elk Grove and Mira Loma. Jesuit lost their top two runners from last year's section winner, including nationally ranked miler Pedro Reyes. However coach Walt Lange has some promising returnees led by senior Bill Ternes. In a meet held during the first week of September the Marauders easily knocked off Elk Grove in a five way meet.

Both Elk Grove and Mira Loma suffered some significant graduation losses. However, each has several strong returnees and both also always seem to come up with new faces to fill holes.

The individual race should be a battle between seniors Jeff Scott of El Camino and Hiram Johnson's Tito Torres. Scott was second in the section last year and sixth in the Nor-Cal meet. In track he ran 9:11.3 for two miles finishing just behind Torres. Last season Torres was fifth in the section cross country meet and was the section two mile champion in track, just edging Scott in 9:10.2. Challenging these two should be Bella Vista's Harold Kuphat and Elk Grove's Mike Spencer.

Unlike the boys team race the Girls have a clear cut favorite. Mira Loma looks nearly unbeatable. They return the top four runners from last season's group that finished third in the Nor-Cal. Only a repeat of last years illness and injury catastrophe could keep coach Jim Mansoor's contingent from the top rung.

Now for the rest of the section. Leading the fight for second place should be defending champs South Tahoe. They are led by last season's frosh standout Karen Haase. Karen was fourth in the section last time and also ran close to 5:10 in the mile during track. Other schools in the battle are Rancho Cordova, who was second last year, El Camino who has topped Rancho Cordova in a dual meet already this season, and Casa Robles who picked up last years second place runner, Suzy Martinez, via the transfer route.

The leading individuals are Heike Skaden of Encina, Jeannie Fuller of Mira Loma, Martinez of Casa Robles, Haase of South Lake Tahoe, and El Dorado's Heidi Baker. (Skaden finished ninth in the State Meet 3200 in 10:48.43. She had bests of 5:00.0 and 10:32.8. She also won the

State-Wide team in 1979 and returning are Bonnie McGlinchey (Fountain Valley) and Polly Plummer (University Irvine). Chris Bowlus returns for Rolling Hills as All-California Honorable Mention for the local Men.

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Sectional Championship competition is tentatively scheduled for Saturdays November 15th and 22nd. It was hoped to run the meets at Mt. SAC but conflicting activities at that site have things still up in the air.

In doing this research it quickly becomes apparent that there are a number of top-flight programs who each year have a squad in the Sectional Finals. In an activity which this writer feels easily requires more preparation than any other for High-School age students this is a real tribute to the Coaches behind this perennial top teams. Three of these fine mentors have moved on from their area Coaching slots. Bob Latham (Palos Verdes) has moved to South Eugene High in Oregon, Joe Fisher (Costa Mesa) is now at Fort Hays State, and John Duffy (Alemany, Mission Hills) is a practicing lawyer.

In the information that follows abbreviations are: "c" after a time refers to a

continued on next page....

time recorded last year at the Lake Castaic course, the site of last year's championship sectional meets and a major invitational. "y" refers to a track mark for the mile or two mile distance. "m" refers to a 1600 meter or 3200 meter time. 1500 meter or 3000 meter marks are noted as "1500m" or "3000m."

Thanks to Mike Kennedy of the LA Times for help in this research.

WOMEN'S 4A Division:

Many super ladies and squads are back in what will be a frighteningly competitive division. Only one or two of last year's twelve 4A Finalist squads have been hit hard enough by graduation to affect their quality a bit—the typical team returns four to six burners. Combined with the returning 4A squads will be the 1979 3A Champ (Saugus) and 2A winner (Westlake) who have been elevated to 4A status. Both these squads will be good again in 1980. Realistically there are nine squads with the talent to win the whole thing.

Defending Champion, Palos Verdes, without Coach Bob Latham, returns five top runners headed by Ann Bensch (9th as frosh in 1980 12:23c) and Sue Kattlove, who improved greatly in track to 11:02.6m. Edison, Huntington Beach, upset by PV last year, will look for back-up to a super front four led by soph Leslie Pratt (12th 1979 12:33c) and juniors Kiki Lantry (12:35c) and Andrea Kirkhorn (12:42c). University of Irvine will kick a top squad led by state 1600 meter champ in track, Polly Plummer (12:24c). Polly was a cheerleader last Fall, her Sectional fourth in Cross-Country was done off easy morning runs—she put a bit more effort into Track and full-time running this Fall should make her tough to beat. Uni should be pretty tough at the four-mile relay distance next Spring with Laura Sauerwein 5:09.45y and incoming frosh Theresa Barrios 5:05y. Newbury Park lost no one from its 1979 6th place group—Denise Ball (17th 1979 12:43c) improved nicely in the Spring to 11:08.01y, and she will lead a tough group. Fountain Valley is in the same situation, returning its top nine—the Barons feature the 1979 1-2 individual 4A finishes in Annabelle Villanueva (12:14c and 10:35.16m track) and Bonnie McGlinchey (12:18c-4:47.42m track). Pentathlon star Sharon Hatfield (2:15.4y) runs in the third or fourth spot for FV. Santa Barbara, which disintegrated due to illness in the 79 Finals to place last also returns everyone. Supers Lynn Carpenter (th 79 12:06c) and Allison

Ehlen (12:05c) lead a fine group. Foothill of Santa Ana returns six of its top seven and will be very tough. Barbara Higgins (12:44c) and Spring track star Patty Unger (11:09.7m) are Knight stars. Corona Del Mar features Southern California's largest Girls Cross-Country squad, and Anne Scott (8th 79 12:14c) will lead what should be another fine team. Defending 3A team Champ Saugus is up from the 3A level. The Centurions return eight of their top nine, and are led by 3A individual Champ Shelly Hazlett (11:59c 4:58.39m track) and 3A 7th placer Paula Steele.

A group of five teams are very solid, but must be listed a length back of the above super nine. Costa Mesa returns a solid five, led by Ericka LaCrosse (13:07c 11:24.0y track). West Torrance returns six of its top seven, led by Laura Jangaard (13:12c). North Torrance returns six of its top seven, led by Laura Jangaard (13:12c). North Torrance is another 3A power upped a division—they return their entire 6th place 3A 1979 squad this season. Half-mile star Louise Romo (8th 79 3A 12:47c 2:08.95m track) leads North. Huntington Beach has the good nucleus for a top squad, led by sophs Sandra Katzer (12:40c) and Kira Brown (12:52c). Buena of Ventura had a young group that ran super during the Spring track season—Michelle Mason (10:33.94m), Karen Haller (2:15.34m), and Kim Gonzales (10:27.0 3000m) return to lead what could be a super group.

Another step down takes us to some still very fine squads. 1979 2A team Champion Westlake is riding a quick elevator up in intensity of competition, as its changeover to the Maramonte League lifts it to 4A status. Sharon Jennings will lead six of the seven from 1979's Varsity who return. Arcadia returns four of seven from its 1979 10th place squad, but has had some injury problems. Quartz Hills has six of its top seven returning from its 8th place 793A squad. Thousand Oaks had a good young group in 1979 and could be a factor this season. Dos Pueblos, Goleta, lost four of its top five and its Coach, but has a strong tradition. Irvine could be super, but with Sea View League powers Corona Del Mar, University, and Costa Mesa fairly sure of the first three League spots onto CIF their season could be short. Royal of Simi is another group with potential.

The top individual outside those mentioned above is Nina Manriquez (Burbank) who will run her first Cross-Country season after an 11:14.70y track best last Spring.

WOMEN'S 3A Division:

With defending champion Saugus bounced up to 4A and the Rio Hondo League trio of San Marino, La Canada, and South Pasadena up from the 2A the division gets a bit of a new look. The team race shows seven fairly evenly matched squads.

1979 Team runner-up Bishop Amat (La Puente) has a fine group returning led by the Ebner sisters—Therese (3rd 79 12:24c 11:11.8m track) and Kathy (6th 79 12:40c). In a furlous team contest the two high placings of the sisters may be the difference. Rio Hondo League rivals San Marino and La Canada are also very strong. Former Amat mentor Phil Ryan is very high on his San Marino group, led by Juniors Sheila Van Steenberg (5th 2A 79 12:49c) and Shelly McClelland (5th 2A 79 13:03c 11:15.2m track). Coach Pat Logan of La Canada welcomes back six of his seven from a third place 2A group last season. Mater Del (Santa Ana), third in 1979, returns five of its top seven, led by Kathleen Dube (13:07c). Laguna Beach, fourth in 1979, returns five of seven, headed by Renee Durrand, who improved her half-miling to 2:05.2m this summer in Taiwan—a good foursome backs her up. Kelly Buzza (11th as frosh in 1979 13:07c) leads five who return for fifth placers (In 79) Arroyo Grande. Capistrano Valley was ninth in 1979, the Cougars return eight of their top nine, led by all-around star Jeri Baker (12:48c 13th in 1979 14.95 low hurdles in track).

A short step back of the above groups are another batch of teams who have the potential to move up and challenge. Dana Hills was very young, its seventh place squad in 1979 featured six underclass girls—soph Laurie Hagen will lead the Dolphins in 1980. Brea Ollinda was eleventh in 1979—its entire team returns for this season—Cherlyn Shuman, who will lead the squad, was 19th individually in 1979. Righetti, led by the super Carol Karamitsos (4th 1979 12:40c 11:09.91m track) returns its entire seven from 1979. Aviation (Manhattan Beach) returns a group that blossomed during the spring track season—five good athletes off a team that narrowly missed the 7th Sectional Finals. Jim Polite's Walnut High girls squad has eight of its top nine back, led by improving Carrie Flores (4:47.1 1500 meters in track).

San Luis Obispo returns a good five for the 1980 season—Emily Roska should lead for Coach Brian Waterbury's group. Bishop Montgomery was the 12th place

1979 3A squad, the Knights return from that team, lead by Yvette Rice.

Other respectable squads should be Sunny Hiss, with five good girls back and South Pasadena, which returns three off its 1979 4th place 2A group. Norco and Mission Viejo are other possible surprising teams.

Individuals other than those mentioned above are Marilyn Nichols (El Dorado, Placentia 12:25c, but with a history of injuries), Darcie Esterberg (Norte Vista, Riverside) 12:56c, Sue Sharr (Mission Viejo 13:01c), and Trudy Gardner (11:23.0y in track).

WOMEN'S 2A Division:

Two very good squads return here, but both Alemany (Mission Hills) and Marymount (Los Angeles) feature new coaches. Alemany, runner-up in 1979 to a Westlake squad that has been promoted to 4A status, returns seven of its top nine, led by the Section's best Vickie Cook (11:52c). The State 3200 meter Champion in track will be joined by Mary Cook (2:19.4y track), and a quick incoming frosh. Any injuries to their top five would drop their quality a notch—they are not deep after the last scorer. Marymount returns all of its 1979 sixth place group. They had a fine track season, and will have solid depth. Maureen McAndrews (2:19.6m track) will head the solid squad.

Agoura is moving down from the 4A level, they have had a fine young Girls' squad which should achieve Sectional success at this new level. Calabassas (Agoura's district rival) returns the top nine from its 1979 eighth place squad—Kelly Gilson (13:18c) is the Coyotes top runner. Paso Robles (9th 1979 team) is another group with everyone of its top seven around again—Laura Barger (13:34c) leads. Coachella Valley is ditto (everyone's back) with Nivia Anaya (13:12c) on top.

Rosemead Coach Bob Boyd faces 1980 without his top two from last year's 7th place group, but his panther girls are always competitive by the end of the season. Central of El Centro was another Sectional Prelim team that returns everyone and could be a factor in 1980. Los Amigos (Garden Grove) needs to come up with someone to run with its super duo of Kathy Kiernan (3rd 79 12:20c 11:04.4y track) and Angie Bonilla (12:57c 11:24.7y track).

Other individuals besides those mentioned above who could be a factor in

1980 are Bernie Torrez (Bassett 12:39c), Rosalie Morales (Chino 12:53c), and Patty Soers (Victor Valley 13:06c).

WOMEN'S 1A Division:

The first year of this division in 1980 should give the impetus of possible Sectional glory to the improvement of the smaller school Girls' programs. No longer will very small schools be faced with competing with talent from institutions three or four times as large. Since Dick Arnold's Bishop (enrollment 750) squad took the first ever Sectional Girls Championship in 1976 without any divisional breakdown schools of this size have generally been buried.

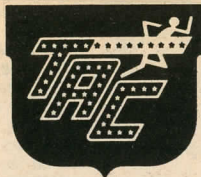
Three squads seem to be pretty well matched in pursuit of this first 1A title. Sacred Heart (LA) features the individual favorite, Lori Lopez (12:41c 6th 2A 79 10:37.27m track), and Coach Greg Ryan will be hustling to move the rest of his returnees closer to Lori. Paraclete (Lancaster) features Martha Voge (13:57c) and Judy Rushing (13:59c), and three others' off its 1979 Varsity. Sherman Indian (Riverside) has seven off its top nine back this year with soph Eileen Pawyewa (13:46c) the team star.

Joining Paraclete from the Desert-Inyo League should be two other teams that have had good success in the past—Bishop and Mammoth. A trio of other teams is recognizable as threats for 1980. Chamnade (Canoga Park) returns five respectable girls, Whittier Christian was a 2A Prelims competitor in 1979, and Lutheran of LaVerne ran well last season.

MEN'S 4A Division:

The rugged Large Schools division will feature its usual brutal individual and team competition. A group of the Section's consistent powers have a solid four or five back, and the winner should be able to average 15:00 or better on a flat three mile for five. Two key coaching changes on returning powerhouses could have an effect. Bob Latham of Palos Verdes and Joe Fisher of Costa Mesa have moved on to other coaching jobs.

Palos Verdes returns a solid five (15:15c-15:54c) and is certainly smarting for revenge after a mix-up in bus scheduling put them at the Sectional Prelims late, where they missed out on a 4A Finals spot for the first time in years. Costa Mesa is a touch better up-front with 1979 6th placer Scott LaCrosse (14:56c



Dense Dan (7th 1979 12:40) improved nicely in the Spring to 11:08.01y, and she will lead a tough group. Fountain Valley is in the same situation, returning its top nine—the Barons feature the 1979 1-2 individual 4A finishes in Annabelle Villanueva (12:14c and 10:35.16m track) and Bonnie McGlinchey (12:18c-4:47.42m track). Pentathlon star Sharon Hatfield (2:15.4y) runs in the third or fourth spot for FV. Santa Barbara, which disintegrated due to illness in the 79 Finals to place last also returns everyone. Supers Lynn Carpenter (th 79 12:06c) and Allison

could be a factor this season. Dos Pueblos, Goleta, lost four of its top five and its Coach, but has a strong tradition. Irvine could be super, but with Sea View League powers Corona Del Mar, University, and Costa Mesa fairly sure of the first three League spots onto CIF their season could be short. Royal of Simi is another group with potential.

The top individual outside those mentioned above is Nina Manriquez (Burbank) who will run her first Cross-Country season after an 11:14.70y track best last Spring.

track) returns its entire seven from 1979. Aviation (Manhattan Beach) returns a group that blossomed during the spring track season—five good athletes off a team that narrowly missed the 79 Sectional Finals. Jim Polite's Walnut High girls squad has eight of its top nine back, led by improving Carrie Flores (4:47.1 1500 meters in track).

San Luis Obispo returns a good five for the 1980 season—Emily Roska should lead for Coach Brian Waterbury's group. Bishop Montgomery was the 12th place

without his top two from last year's 7th place group, but his panther girls are always competitive by the end of the season. Central of El Centro was another Sectional Prelim team that returns everyone and could be a factor in 1980. Los Amigos (Garden Grove) needs to come up with someone to run with its super duo of Kathy Kiernan (3rd 79 12:20c 11:04.4y track) and Angle Bonilla (12:57c 11:24.7y track).

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Tues. to 16-17's

November 29, 1980

4:19.47y track) and four others off its 1979 6th place squad. How the above two programs survive thier coaching changes can make or break them. University of Irvine returns a very solid four of its top seven from its 1979 4th placers. Brad Meyer (15:19c 9:19.13m track) and Stuart Lloyd (15:15c) will lead the Trojans. Dos Pueblos (Goleta) returns a solid four also—the Chargers were third in 1979. Chris Wilson (21st 1979 15:09c) and John Stupak, who blazed 4:25 as a soph miller last spring, will lead Coach Gordon McLenathan's group.

Fountain Valley has an awesome soph group in 1979 and enough off its Varsity group to return five under 15:52 at Las Castaic for 1980.

A trio of consistently fine teams should develop enough to back up the above squads quite well. Upland, up to the 4A division from the 3A with the rest of its Baseline League, returns a solid four-some. Featured will be defending individual 3A Champion Don Orr (14:58c 4:18.3m track) and his brother Phil (15:19c 9th 79 3A 4:19.45y track). Corona Del Mar, 12th in 1979, will be headed by Jim Hartford (14:59c 4:19.65y track) and Shawn Galagher (4:19.5m track). Defending 4A team champ Foothill (Santa Ana) will build on a top trio led by Mario Vega (15:04c).

A batch of others should have good squads. Coach Dave White's Villa Park team returns Tony Grande (15:19c) and John Mouser (15:32c) and a fine JV squad. Rolling Hills returns a solid trio headed by super Chris Bowlus (14:36c 9:24.6y track). Edison (Huntington Beach) lost only two from its Varsity—it features 1979's third place individual Jon Butler (14:21c 8:54.44m track). El Modena (Villa Park) was 7th in 1979 and Coach Tom Weber has a bit of rebuilding to do—Steve Valen (10th 79 14:41c 9:02.22m track) and three others from his top eight make it possible. Newport Harbor has five of its Varsity returning, led by Tim Barry (15:02c). Ocean View (Huntington Beach) was a narrow miss in gaining Sectional Finals competition last year—four of its top seven return, led by Les Tate (15:26c). Burroughs of Burbank, moving up from 3A division, was fourth there last year. The Indians have a respectable five back, led by Todd McDonnell (8th 3A 79 15:03c). Saugus, another up to 4A from 3A, brings back from a very young group that was a Sectional Finalist last year. Jim McCullough's Simi squad lost four of its top five, and this perennial finalist squad must rebuild around Mark Pederson (15:28c). Jack Farrell of Thousand Oaks seems faces with the same task—Hector Romero's improvement to 4:12 on a 1600

meter relay leg last spring after no Cross-Country could key the reconstruction.

Individuals besides those mentioned above who should be a factor are the defending 4A Champion, Barasa Thomas (Santa Barbara 14:47c 9:04.56m), Sergio Alonso (Alhambra 14:52c), and track star Eddie Davis (Compton 1:51.68m 3:59.9 1500 meters).

MEN'S 3A Division:

This division has undergone an interesting facelift with the successful Golden, Foothill, and Baseline Leagues upped to 4A status and the powerful Rio Hondo and Whitmont Leagues moving up to 3A from the 2A level. It should be an interesting team battle for the championship which should feature some squads who have not yet achieved top Sectional honors.

A group of good teams from 1979 have four or five back for 1980. Mater Dei (Santa Ana) had four sophs and a frosh on a fine 1979 squad. Age group record holder Robert Planta will head the monarchs—he churned 15:00c in 1979. Coach Jim Polite of Walnut welcomes back five of his top seven plus a super soph group. Brian Noelte (15:33c) and John Hayes (15:37c) could lead a Divisional Championship squad. San Clemente returns a solid six, led by Dave Howard (15:17c). Pioneer (Whittier) moves up from the 2A level and it has six of its top seven back from an eighth place group at that level. Chris Fresquez (15:25c) leads three back who ran under 16:00 at Lake Castaic. La Canada and Temple City appear to be the best from the quality Rio Hondo League. Coach Pat Logan at La Canada has three top runners back, and he claims the other troops have closed up the gap to give him a quality deep squad. Coach Mike Tomasulo at Temple City has really lifted a program by the bootstraps, and returns a group of two millers around 10:00 who will be tough. Rowland (Rowland Heights) has super junior Steve Perez (15:18c) back to lead a team that will keep Sierra League-mates Walnut honest. Mira Costa has built into a powerhouse under Coach Dave Holland—a drop from 4A to 3A should make them a real threat.

There are a number of perennial finalists who seem faced with big rebuilding jobs, but the quality of preparation and depth of their programs will probably end them in the limelight in 1980. Defending Champion El Dorado (Placentia) was pretty well decimated by graduation, but Coach Don Chadez feels Dan Ernst and a developing young squad can be tough. Mission Viejo, third in 1979, returns two solid Varsity performers and

Gene Gurule needs to be able to back up Dave White (15:28c). El Dorado's cross-town rival, Placentia, returns five of its top seven with sophs Max Porter and Max Vargas under 16:00 at Castaic. Norco is another consistent top squad who will probably be heard from in 1980. Hawthorne returns four off its group that narrowly missed the divisional finals—they are headed by Shannon Keys (15:44c) and Steve Peterson (15:52c as frosh). Redondo Beach returns five of its Varsity—Roger Thruston (15:42c) and Jeff Harbell (15:48c) head a good squad. South Pasadena and San Marino are two other fine squads from the Rio Hondo League with South Pas seeming to have the inside line on backing up the front couple of stars each has back with depth from lower levels. Dan Hirsch's Buena Park squads are tough each year—Lalo Terriquez (15:00 9:18.48m track) will head a young 1980 group. Arroyo Grande, led by Boyd Dunn (10th 1979 15:05c 3:57.9 1500m track), San Luis Obispo, and Montebello, with Ernie Cadena (15:10c) could develop into good teams.

Individuals not mentioned above who should be considered are 1979 third placer Mike Carlton (Northview 14:49c 9:26.4y track) and Rick Valdez (Rhignetti, Santa Maria 15:14c).

MEN'S 2A Division:

With the Rio Hondo League bounced upstairs to the 3A division the quality of the group chasing Salesian (LA) will be down a bit. Not that it would be interesting at all anyway—sorry, but here is one where you can wrap up the trophy and mail it to Brother Tom Keegan and his Salesian Mustangs on Soto Street.

Only Agoura's drop from 4A to 2A and the continued progression of an amazing young Victor Valley group could begin to worry Salesian. Through six the Salesian squad is deeper than any team in the entire Section—Cesarilo Marquez (14:50c) leads five others under 15:56 at Castaic in 1979. Agoura and Coach Jim Smith probably don't mind the drop to the 2A Frontier League from the 4A Maramonte (where they did very well). Fine individuals Jim Kelley (14th 4A 79 14:54c) and Dave Trusel (18th 4A 79 15:05c) lead five under 16:05 at Castaic. Victor Valley, with five area ninth grade Junior High athletes in its top eight last year is a team of the future—they were eleventh in 1979. Barstow, 2nd in the 3A division in 1979, dropped to the 2A this year. Coach Don Braden will immediately have the Aztecs a power here.

Perennial powers faced with some rebuilding depth-wise are Indio and Alemany. The Rajahs lost their first two, but return four of their next five—Jesus

Contreras (15:37c) and Carlos Cota (15:37c) will lead. Alemany returns four off its 1979 6th placers—Charles Bennett (13th 1979 15:21c) is a star who returns.

A group of squads could challenge for Sectional Final spots. Central (El Centro) returns three good runners, led by Mitch Zinn (15:34c). Perlis moves up from the 1A with its top nine back and will be a factor. Arroyo (El Monte) is building a good program. Coachella Valley returns four from a group that narrowly missed the 1979 finals. Warren (Downey) has a respectable five back. Excelsior (Norwalk) led by Al Luna (15:27c) has five of its 1979 Varsity still around. Cantwell (Montebello) could be another surprise with five Varsity runners back. Rio Mesa (Oxnard), led by sophs Andy Metzger and Lance Winslow has a strong tradition. Rim of the World (up from the 1A), and Bosco Tech could surprise.

MEN'S 1A Division:

The Small Schools Division also looks to be dominated by one team—here it's Sherman Indian. Moving back to a position of dominance it held during the middle 70's, the Braves have a foursome returning which should bury anyone at its level—James Sellina was third individually in 1979 at 15:15c, and three others back under 15:56c make them untouchable.

A definite step down in quality is a group of three teams. Carpenteria returns four off its 1979 9th place team, led by junior Tom Grewe (7th 79 15:36c). 29 Palms was 5th in 1979—Matthew Davidson (6th 1979 15:44c) leads five varsity teammates back. LaSalle of Pasadena, the defending team champ, is faced with some rebuilding, with junior Brian Green (8th 79 16:04c) leading two others from the championship squad.

Fillmore was very young in 1979, five of the Flashes first six return for 1980, led by Efrain Robles (19th 1979 16:12c). Paso

Robles returns six of its top eight—Matt Armbruster was 5th in 1979 at 15:33c and is back. Cathedral is a perennial finalist, and Mike Trafecante (21st in 1979) returns to head a group a touch thinner than usual.

Atascadero, Whittier Christian, Bishop (with four of its Varsity back), Brentwood (with five back), and LA Baptist (led by Chris Monroe 15:39c 1:54.5m track) will be in line for Finalist positions.

San Diego Section

by Jeff Rigdon

Girls: Some of the top teams to watch include Helix, Monte Vista, El Capitan, Mira Mesa, and possibly Fallbrook and Coronado. Individuals include: Terry Brown of San Pasqual who is a senior and has been one of the top females since her freshman year. Others: Tanner (Vista), Veronica James (Bonita Vista) and Tina Allan (Santana)

Boys: Helix, Monte Vista and Bonita Vista should be tough this year. Top individual could be Andy Morabe of Bonita Vista. Last year Andy ran for La Jolla Country Day and won the small school individual crown. Andy transferred at the semester and ran track for Bonita Vista.

Local high school invitationals include: South Bay at Southwestern College on Sept. 27; Point Loma at Point Loma College on Oct. 4; Torries Inv. at La Jolla Country Day on Oct. 11. Quite a few San Diego Area schools will also be attending the Mt. SAC High School Meet in late October.

RESULTS

Pan-Am Junior Championships

by Keith Conning

The United States Women's 4x100 relay team set an American Junior Record of 44.61. Sharon Ware of Berkeley High School ran the second leg. Sharon had qualified for the team by winning the 100 meters at the National Junior Championships in Knoxville, Tennessee on June 17th. The old record (44.91) was set in Donyetsk, U.S.S.R. on July 9, 1978 by an all-California team of Alice Brown (L.A.M.), Gwen Loud (L.A.M.), Freida Cobbs (BEBTC), and Kella Bolton (Millbrae Lions).

MEN

Men: 400 Meter Hurdles: 2. Don Ward

12.29. Final: 1. Dawkins 11.93; 3. Carpenter 12.03; 5. Rodgers 12.08.

200 Meters: Heat 1: 3. Harris 25.44. Heat 2: 1. Dawkins 24.68; 2. Peterson 24.95; 4. Sherrill Miller (Cupertino Yearlings) 25.16. Heat 3: 1. Redgers 24.52; 4. Simmons 25.49. Finals: 1. Dawkins 24.42; 3. Rodgers 24.56.

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800 Meters: 1. Carla Johnson (So. Cal. Yemalla) 2:12.98; 3. Marcy Anderson (So. Cal. Road Runners) 2:15.88; 4. Sonia Cooper (So. Cal. Road Runners) 2:16.64.

1500 Meters: 3. Cooper 4:46.08; 5. Jeannie Walther (LA Naturite TC) 4:50.18; 6. Denise Ball (LA Naturite TC) 4:53.94.

3000 Meters: 1. Vickie Cook (So. Cal. Road Runners) 9:59.57; 3. Linda Van

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Western Championship

November 29, 1980 — Fresno, California.

For high school runners from the following western states: California, Montana, Wyoming, Idaho, Utah, Arizona, Nevada, Washington, and Oregon. The top seven male and top seven female competitors will be sent to the National Championship, all expenses paid.

National Championship

December 13, 1980 — San Diego, California

The top seven from each of five regional championships will compete in the National Championships.

FOR MORE INFORMATION:

Contact: Bill Cockerham, California Track & Running News, P.O. Box 6103, Fresno, CA 93703. Phone: (209) 264-5847.



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RESULTS

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MEN

Men: 400 Meter Hurdles: 2. Don Ward (St. Mary's, Berkeley) 52.14. **4x100:** 1. United States 39.61. Raymond Threatt (Arizona/Pittsburg High School), Kenny Robinson (Berkeley), Smith (A1), Carl Lewis (Houston). **High Jump:** 1. Lee Balkin (UCLA) 7-3. **Long Jump:** 1. Larry Clemons (Bakersfield JC) 24-8. **Shot Put:** 3. John Brenner (UCLA) 54-4½. **Javelin:** Mike Barnett (Azusa Pacific) 239-7; 4. Ken Mills (UC Irvine) 210-1.

Women: 100 Meters: 3. Sharon Ware (Berkeley) 11.82; 5. Fowler (Bahamas/UCLA) 12.24. **400 Meters:** Faye Paige (Polytechnic, Long Beach) 53.97; 4. Fowler 54.07. **3000 Meters:** 1. Vickie Cook (Alemany, Mission Hills) 9:24.8. **100 Meter Hurdles:** 1. Sherifa Sanders (Berkeley) 14.44. **4x100:** 1. United States 44.61 AJR (old AJR. 44.72 National Team 1978) (Hines, Sharon Ware, Jefferson, Michelle Glover). **4x400:** 1. United States 3:38.95 (Faye Paige, Jackson, Martin, Underwood). **Long Jump:** 4. Robyne Johnson (Berkeley) 18-9½. **Shot Put:** 1. Susie Denz (Villa Park) 45-4. **Discus:** 1. Leslie Ray (Gridley) 162-10. **Heptathlon:** 2. Hatfield (CA HS) 5143. (3760 Pent.).

Girls Age Groups Nationals

July 5-7, 1980. Arizona State University, Tempe, Arizona.

14-15 DIVISION:

100 Meters: Heat 1: 1. Layanya Dawkins (Long Beach Comets) 11.90; 2. Nedra Rodgers (Berkeley East Bay TC) 11.96; 5. Velisa Harris (San Diego Cougars) 12.23. Heat 2: 1. Patrice Carpenter (Hilltop TC) 11.97; 3. Inger Peterson (So. Cal. Yemalla) 12.21; 4. Robin Simmons (Inglewood Panthers)

12.29. Final: 1. Dawkins 11.93; 3. Carpenter 12.03; 5. Rodgers 12.08.

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3000 Meters: 1. Vickie Cook (So. Cal. Road Runners) 9:59.57; 3. Linda Van Housen (Woodside Striders) 10:15.96 4. Jean Kutner (So. Cal. Cheetahs) 10:32.17.

3000 Meter Walk: 1. Chris Ramirez (So. Cal. Road Runners) 15:35.92.

100 Meter Hurdles [30'']: Heat 1: 1. Geri Golden (Long Beach Comets) 14.74. Heat 2: 2. Yvette Bates (Berkeley East Bay TC) 14.84. Heat 3: 2. Katrina Johnson (Pasadena Rosebuds) 14.93. Final: 3. Bates 14.58; 5. Golden 14.71.

4 x 100 Relay: 2. Berkeley East Bay TC 47.42; 3. So. Cal. Yemalla 47.87; 4. Hilltop TC 47.96; 5. Long Beach Comets 48.33; 6. San Diego Cougars 48.38.

800 Meter Medley Relay: 2. So. Cal. Yemalla 1:45.68; 3. Long Beach Comets 1:46.19; 4. Berkeley East Bay TC 1:46.41; 5. San Diego Cougars 1:47.42 7. Hilltop TC 1:49.69.

Mile Relay: 1. San Diego Cougars 4:03.99.

Two Mile Relay: 1. So. Cal. Road Runners 9:20.87; 3. Woodside Striders 10:13.43.

Discus: 3. Cindy Durghslag (Woodside Striders) 117-0.

Shot Put [8 lb.]: 3. Durchslia 40-1½.

Javelin: 5. Durchslag 120.

High Jump: 1. Katrina Johnson (Pasadena Rosebuds) 5-7. **Long Jump:** 2. Yvette Bates (Berkeley East Bay TC) 18-11½; 5. Katrina Johnson 18¾.

12-13 DIVISION:

100 Meters: Final: 2. Mina Hutchins (Golden Girls) 12.25; 3. Monique Robinson (San Diego Cougars) 12.35.

200 Meters: Heat 4: 1. Monique Robinson (San Diego Cougars) 25.13; 2. Monica Phillips (No. Valley Golden Bears) 25.70. Final: 2. Robinson 25.20; 4. Phillips 25.61.

400 Meters: Heat 1: 1. Andrea Rolfe (Long Beach Comets) 57.78. Heat 3: 1. Kenya Thornburg (West Vernon Jets) 58.23. Final: 2. Rolfe 57.20; 4. Michelle Taylor (So. Cal. Cheetahs) 58.20.

National Junior Olympics

August 15-17, 1980. San Jose City College, Calif.

Marlene Harmon of Thousand Oaks proved her versatility again by becoming the fourth fastest 400 intermediate hurdler in high school history, and by taking seconds in the lows and the long jump.

Sharon Ware of Berkeley suffered her first defeat of the season in the 100 meters. She scratched from the 200 meter final because of a knee injury. She came back later to run the second leg on the Berkeley East Bay Track Club 4x100 meter relay.

Deborah James, a 16-year-old junior at Fremont of Los Angeles, won both the 100 and 200 meters.

Regina Jacobs, a 16-year-old junior at Argyll Academy in Studio City, won the 800 meters in 2:08.28.

The Berkeley East Bay Track Club team of Valerie Spence (San Lorenzo), Sharon Ware, Robyne Johnson, and Nedra Rodgers won the 4x100 meter relay in 46.04 after qualifying in 45.89.

Susan Lind of Albion, Nebraska established a new Junior Olympic record of 6-0 in the high jump, which broke the previous record of 5-10 by Tonya Alston (Chico) and Patsy Walker (Yelm, Wash.).

Rosario Ramos, 17 of Anaheim, won the shot put at 47-3 to go along with her state championship.

Cindy Johnson of Chandler, Arizona set a new meet record in the discus at 159-1.

The Berkeley East Bay Track Club 4x100 meter relay team of Darryl McCane (Skyline), Ken Robinson (Berkeley), Jeff Pigrum (Skyline), and Gerald White (McClymonds) won in 40.86, after posting a 40.70 in the semi-finals.

Freeman Miller, 18 of Fremont, Los Angeles, defended his title with a fine triple jump of 51-5¾, which broke the

record of Frederick Joiner (St. Louis, IL) set in 1978.

David Volz (Bloomington, Indiana) established a new Junior Olympic record of 17-0, which broke his own record of 16-1¼.

Junior Olympics, inaugurated in 1949 to interest America's youth in Olympic sports, has done a commendable job. Eighty-three members of the 1976 U.S. Olympic team at Montreal were former Junior Olympians. They represented 18 percent of the total American team. Yet, they won an amazing 75 percent of America's gold and silver medals.

Oakland Invitational

by Keith Conning

Sept. 23, 1980. Joaquin Miller Park, Oakland, Calif.

The boys large school race was a humdinger with a group of runners in contention most of the way. I had picked Aubrey Wilson (Berkeley) to win off his strong track performances (4th in the NCS 3200 meter) in the spring and a fine time trial on the hilly Tilden Park course this week. Dave Shea (Castro Valley) another state meet performer was having a little difficulty rounding into shape. Junior Tim Berry (Ygnacio Valley), who had transferred from Pleasant Hill due to its closure, was also considered to be a factor. But I was surprised by the performances of Paul Grabowsky (San Ramon) and David Pluth (Skyline). Both Wilson and Grabowsky broke the old course record. Shea's fifth place finish led Castro Valley to the team title followed by San Ramon and Berkeley.

The finest performance of the day was by Terra Linda's Robyn MacSwain, who literally destroyed the field. She was the

defending champion and she broke her old record by eighteen seconds. Dave Peterson, the Skyline girls coach and meet director, said that Robyn's performance was equivalent to a 10:30-35 two-mile on the track. Last year Robyn had some competition from El Cerrito's Mary Gaffield, but Gaffield was running in the Richmond Pancake Race today. Terra Linda won the large school girls race followed by Skyline and Berkeley.

Piedmont, paced by Heather Ryan, won the girls small school race by placing three runners in the top five. Terra Linda also won the boys small school race. The Terra Linda girls chose to run in the large school race, in order to get better competition.

Large Schools:

Boys—Castro Valley 44, San Ramon 64, Berkeley 72, Skyline 90, Northgate 117.

Boys—Aubrey Wilson (Berkeley) 11:29 (new course record), Paul Grabowsky (San Ramon) 11:30, Dave Pluth (Skyline) 11:38, Frank Matull (San Ramon) 11:44, Dave Shea (Castro Valley) 11:50.

Girls—Terra Linda 41, Skyline 53, Berkeley 79, Concord 110, San Ramon 123.

Girls—Robyn MacSwain (Terra Linda) 9:48 (new course record), Marta McCloud (Skyline) 10:28, Lisa Van Buskirk (Castro Valley) 10:55, Wendy Turner (Skyline) 10:56, Heather Watkins (Berkeley) 10:58.

Small Schools:

Boys—Terra Linda 44, Alameda 72, Bishop O'Dowd 87, Moreau 88, Piedmont 120.

Boys—Paul Hill (Encinal) 12:14, Matt Malley (O'Dowd) 12:19, Dean Schorno (O'Dowd) 12:20, Ed Gallagher (Terra Linda) 12:31, Greg Ryan (Piedmont) 12:33.

Girls—Piedmont 34, Encinal 63, Notre Dame 76, Moreau 95, Alameda 98.

Girls—Heather Ryan (Piedmont) 10:30, Jill Ellingson (Hayward) 10:44, Libby Hopkins (Encinal) 10:57, Karen Benson (Piedmont) 11:32, Barbara Noe (Piedmont) 11:35.



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TUTTLE'S TRACK TOPICS

Longtime Olympic Dream Ends On

to miss out on the excitement of the Olympic Trials.

Sunday morning, after the Seabreeze, I checked the Star-Free Press, and discovered that...

court-order allowing them to compete. The court order had just been released and nearly a dozen newsmen were questioning Newland.

At four miles, Virgin had the race in hand, and in the process, had destroyed several of the runners who had tried to hold his fast pace. Much to my delight, I began to pass runners one by one, and was holding onto 70 second lap pace.

At 5½ miles, I was into 13th place, and had only one more objective. My objective was Ric Rojas, the only other over-30 runner in the race, who was just ahead, another victim of Virgin's hot pace.

TUTTLE'S TRACK TOPICS

Longtime Olympic Dream Ends On Oregon Track

by GARY TUTTLE

Last June, my Olympic dreams spanning 17 years had come to an end. My time had run out. Four years from now I will be too old and slow to compete, and this year, I didn't make an Olympic Trials qualifying time. It takes a 28:46 qualifying time to get into the trials 10,000 and I had only run 29:04 at the Drake Relays, and 29:19 at the American Championships.

Three days prior to the Olympic Trials 10,000 meter run, the Olympic Committee called me, (based on my third place finish in the American Championships), and invited me to compete in the Trials.

I was eager to compete in my third Trials, but not with only six days rest between the American Championships 10,000 and the Olympic Trials 10,000. To make matters worse, I had problems with my travel arrangements, and wasn't sure I'd arrive in Eugene before Saturday's semi-final race.

After giving it a lot of thought, I passed up my trip, and jogged in Ventura's Seabreeze 10-20K, fully expecting

to miss out on the excitement of the Olympic Trials.

Sunday morning, after the Seabreeze, I checked the Star-Free Press, and discovered that Saturday's heats in the 10,000 had been cancelled, and the final race was set for Tuesday afternoon.

I arrived in Eugene on Monday morning fully expecting to be included in Tuesday's finals. I checked into my free dorm room, picked up my meal ticket, and attempted to declare myself officially entered in the race.

It was at this point, after they had flown me up to Eugene, housed and fed me, that they decided I couldn't run. I was told I couldn't run because, "I hadn't been there to declare myself before Saturday's cancelled heats." The meet officials told me, "if you'd been here on Saturday, we would have had 20 runners, and would have been forced to have heats. With 19, we had no heats, now you make 20 again." That was it, they'd now decided I couldn't run.

Immediately, I appealed the decision in writing, but the rules committee met, and voted 3-0 against me. In the meantime, two secretaries were working full time calling non-qualified runners in other events, trying to fill up other races.

I ate lunch Tuesday, still out of the race, and at 6:00 pm, 1½ hours before the start of the 10,000, I made my last pitch for entry. I found Meet Director Bob Newland on the track, but suddenly, he was swamped by newsmen who were questioning him about the dispute involving the pro-track winners and the

court-order allowing them to compete. The court order had just been released and nearly a dozen newsmen were questioning Newland.

I must have caught Newland in a soft moment, because he said, "Oh well, go ahead and run, and good luck."

As I finally began to warm-up, I began to become nervous about the up-coming effort. As is usual at this level of competition, I was concerned more with looking respectful in front of 14,000 fans, than I was with placing in the top three.

Unlike the 1976 trials, when I had one of the fastest times going into the race, this time I had the 21st fastest time in a field of 21, and my time was a minute and a half slower than Craig Virgin's 27.43.

My anxiety was only removed by the command of the starter's pistol. My relief was short lived because when I hit the mile in 4:30, I was at the tail-end of a 30-yard, single-file line.

When I came by two miles in 9:04, I was still in last, and had visions of my first last place finish in 17 years of running. At the front of the field, Virgin was leading in 8:51, and he was pulling them along at a pace faster than I wanted to run.

By the time I hit three miles in 13:39, I had moved into 18th place, and my anxiety over finishing last was replaced by concentration in holding 70-second laps. I was totally locked into my effort, intent on getting under 29:00 for the first time in 4 years.

At four miles, Virgin had the race in hand, and in the process, had destroyed several of the runners who had tried to hold his fast pace. Much to my delight, I began to pass runners one by one, and was holding onto 70 second lap pace.

At 5½ miles, I was into 13th place, and had only one more objective. My objective was Ric Rojas, the only other over-30 runner in the race, who was just ahead, another victim of Virgin's hot pace.

Just as I achieved my last objective, and passed Rojas, I noticed Virgin was bearing down on me from behind.

If there's one thing I dislike as much as being last, it's being lapped, even if it's by one of the world's best runners. Virgin lapped me in '79 at the AAU's, and I was darned if he'd lap me again.

I picked up my pace and managed to slip by the finish line 50 yards before Virgin hit the tape. I could tell exactly when Virgin finished, because the roar of the crowd was intense.

As I began my final 300 yards, the roar of the crowd became unbelievable. While in the middle of my bigkick, I managed a quick look across the track. I looked just in time to see local University of Oregon runner Alberto Salazar get the third and final Olympic spot, just ahead of a fast-finishing Jeff Wells, and right behind Greg Fredericks.

Some 35 seconds after Wells finished, my Olympic Trials career ended. My time and place were respectable (28:47-12th), and my effort had been 100 percent.

My Olympic Trials career was over, but here were still three days left on my trip. Three days of watching track, drinking beer, and setting in the sun and reflecting on 17 years of chasing an elusive dream.

All-Time CALIFORNIA High School Girls



compiled by BOB WOMACK

Please send additions and/or corrections to Bob Womack, 4270 N. Blackstone, Suite 211, Fresno, CA 93726.



400 METERS

Automatic Timing:

State Meet Record: 53.04 Denean Howard, (Kennedy/Granada Hills) at Berkeley 1980. **Frosh:** 53.82 Denean Howard (San Geronio/San Berdoo) 1979. **Soph:** 51.70 Denean Howard (Kennedy/Granada Hills) 1980. **Junior:** 51.09 Sheri Howard (San Geronio/San Berdoo) 1979. **Senior:** 51.91 Mable Ferguson (Ganessa/Pomona) 1972.

- 51.09 Sheri Howard (San Gorg./San Berdoo)-1 1979 at Colorado Springs
- 51.70 Denean Howard (Kennedy/Gran. Hls.)-1 1980
- 51.91 Mable Ferguson (Ganessa/Pomona) 1972
- 53.12 Freida Cobbs (Berkeley) 1978
- 53.42 Arlise Emerson (Westminster)-1 1978
- 53.46 Marian Franklin (Balboa/San Francisco) 1979
- 53.47 Gwen Gardner (Crenshaw/L.A.) 1978
- 53.51 Faye Paige (Poly/Long Beach) 1980
- 53.70 Valerie Brisco (Locke/L.A.)-1 1978
- 53.90 Kim White (Berkeley) 1978

Hand Timing:

- 51.8* Kathy Hammond (Sacramento) 1969
- 52.1* Tippi Hall (Long Beach) 1979
- 53.0* Charlette Cooke (Compton) 1966
- 53.4* Janice Wisner (La Jolla) 1973

(*440 Yards Minus 0.3)

800 METERS

State Meet Record: 2:07.9y Ann Regan, (Camden/San Jose) at Bakersfield 1978. **Frosh:** 2:02.4 Mary Decker (Orange) 1973. **Soph:** 2:02.3 Mary Decker (Orange) 1974. **Junior:** 2:04.6* Ann Regan (Camden/San Jose) 1978. **Senior:** 2:03.9* Charlette Cooke (Compton) 1966.

- 2:02.3 Mary Decker (Orange) at Durham, NC 1974
- 2:03.9* Charlette Cooke (Compton) 1966
- 2:04.4 Ann Regan (Camden/San Jose)-3 1977
- 2:05.5 Linda Goen (North/Bakersfield) 1977
- 2:05.9 Francie Larrieu (Fremont/Sunnyvale) 1970
- 2:07.7 Regina Jacobs (Argyll/Studio City) 1980
- 2:07.8 Arlise Emerson (Westminster) 1978
- 2:07.9* Kathy Costello (Pleasant Hill/San Jose)-2 1975
- 2:08.5* Paula Rose (Newport Harbor) 1975
- 2:08.95 Louise Romo (North Torrance) 1980

(*880 Yards Minus 0.7)

1600 METERS

State Meet Record: 4:45.0y Cheri Williams, (Livermore) at Bakersfield 1978. **Frosh:** 4:35.6* Mary Decker (Orange) 1973. **Soph:** 4:46.0* Linda Goen (North/Bakersfield) 1977. **Junior:** 4:49.84 Tracy Weber (Lynbrook/San Jose) 1980. **Senior:** 4:38.9* Eileen Claugus (Rio Americano/Sacramento) 1973.

- 4:35.6* Mary Decker (Orange) at Walnut 1973
- 4:38.9* Eileen Claugus (Rio Americano/Sacra.) 1973
- 4:43.2* Cheri Williams (Livermore)-1 1978
- 4:44.6* Linda Goen (North/Bakersfield)-2 1979
- 4:45.6* Sandy Langan (Carmichael) 1971
- 4:45.7* Debbie Heald (Neff/La Mirada) 1970
- 4:46.71 Polly Plumer (University/Irvine)-1 1980
- 4:46.8* Paula Rose (Newport Harbor) 1975
- 4:47.0* Kathi Denz (Blair/Pasadena) 1977
- 4:47.31 Vicki Cook (Alemany/Woodland Hills) 1980

(*One Mile Minus 1.8)

3200 METERS

State Meet Record: 10:17.7y Cheri Williams, (Livermore) at Bakersfield 1978. **Frosh:** 10:17.1* Vickie Cook (Chaminade/Canoga Park) 1979. **Soph:** 10:14.78 Vickie Cook (Alemany/Woodland Hills)

HIGH JUMP

State Meet Record: 6-0 Karen Lysaght (St. Francis/Sacramento) at Berkeley 1980. **Frosh:** 5-10 Tonya Mendonca (Mt. Whitney/Visalia) 1980. **Soph:** 6-0¼ Sue McNeal (Calsbad) 1978. **Junior:** 6-1 Sue McNeal (Carlsbad) 1979. **Senior:** 6-0 Sue McNeal (Carlsbad) 1980.

- 6-1 Sue McNeal (Carlsbad)-1 at San Diego 1979
- 6-0 Karen Lysaght (St. Francis/Sacra.)-1 1980
- 5-11½ Tonya Alston (Chico)-1 1979
- 5-11 Kathy Hamilton (Beyer/Modesto) 1979
- 5-10¼ Kari Gosswiller (Upland)-2 1978
- 5-10¼ Cindy Gilbert (Oceanside) 1974
- 5-10¼ Nancy Redican (Simi Valley) 1978
- 5-10 Lisa Greenfield (Redwood/Larkspur) 1980
- 5-10 Tonya Mendonca (Mt. Whitney/Visalia) 1980
- 5-10 Linda Soja (Poly/Los Angeles) 1980

LONG JUMP

State Meet Record: 20-8¾ Marlene Harmon (Thousand Oaks) at Berkeley 1980. **Frosh:** 20-7 Dora Lee Roberts (Riverdale) 1971. **Soph:** 19-7¼ Gwen Loud (Lutheran/Los Angeles) 1977. **Junior:** 20-8½ Jodi Anderson (Washington/Los Angeles) 1975. **Senior:** 20-8¾ Kim Attlesley (Corona del Mar) 1971; 20-8¾ Marlene Harmon (Thousand Oaks) 1980.

- 20-8¾ Kim Attlesley (Corona del Mar) 1971
- 20-8¾ Marlene Harmon (Thousand Oaks)-1 1980 at Berkeley and San Jose
- 20-8½ Jodi Anderson (Washington/L.A.)-3 1975
- 20-7 Dora Lee Roberts (Riverdale) 1971
- 20-5 Gwen Loud (Westchester/L.A.)-1 1979
- 20-4½ Carrie McLaughlin (Davis/Modesto) 1979
- 20-3¼ Joanna Harper (Fremont/L.A.) 1980
- 20-2¼ Denise Paschal (Lowell/San Francisco) 1966
- 19-9 Lisa Gourdine (El Toro)-1 1977
- 19-8 Kathy Haynes (Madera)-1 1978

SHOT PUT

(4Kg)

State Meet Record: 48-4½ Natalie Kaalawahia (Fullerton) at Berkeley 1980. **Frosh:** 48-4½ Natalie Kaalawahia (Fullerton) 1980. **Soph:** 45-8 Susie Ray (Villa Park) 1978. **Junior:** 49-6 Kathy Devine (Mission Bay/San Diego) 1974. **Senior:** 50-3½ Lynn Graham (Muir/Pasadena) 1965.

- 50-3½ Lynn Graham (Muir/Pasadena) 1965
- 50-0½ Emily Dole (Buena Park) 1975
- 49-6 Kathy Devine (Mission Bay/S. Diego)-2 1974
- 48-11¾ Susie Ray (Villa Park)-1 1980
- 48-4½ Natalie Kaalawahia (Fullerton)-1 1980
- 46-1½ Rosario Ramos (Anahelm) 1979
- 45-2¼ Sharon Hamilton (Santa Monica) 1980
- 44-9 Yolanda Fletcher (Crenshaw/L.A.) 1980
- 44-8½ Leslie Deniz (Gridley) 1980
- 44-2¼ Debra Corley (Garces/Bakersfield) 1980

DISCUS

State Meet Record: 172-11 Leslie Deniz (Gridley) at Berkeley 1980. **Frosh:** 139-11 Leslie Deniz (Gridley) 1977. **Soph:** 150-9 Leslie Deniz (Gridley) 1978. **Junior:** 175-10 Leslie Deniz (Gridley) 1979. **Senior:** 183-11 Leslie Deniz (Gridley) 1980.

- 183-11 Leslie Deniz (Gridley)-2 at Lancaster 1980
- 160-2 Laura de Snoo (Washington/Fremont) 1980
- 158-4 Christi Pyle (Hoover/Glendale)-1 1978
- 155-6 Terri SAbol (Buena Park) 1974
- 155-0 Linda Langford (Leigh/San Jose) 1969
- 152-1 Iva Wright (Edison/Fresno) 1971
- 151-9 Glenda Ford (Atwater) 1979
- 150-10 Karen Stampfle (Lassen/Susanville)-1 1978
- 150-7 Donna Hollingsworth (Chaffey/Ontario) 1980
- 150-2 Linda Read (Alameda) 1979

400 METER RELAY

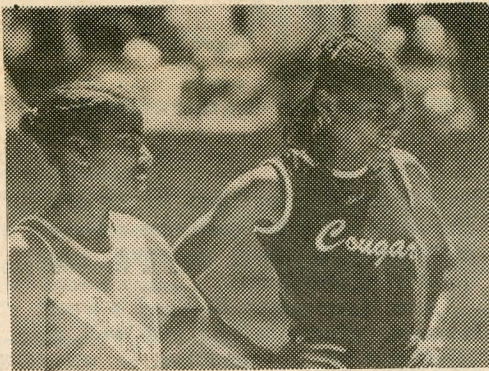
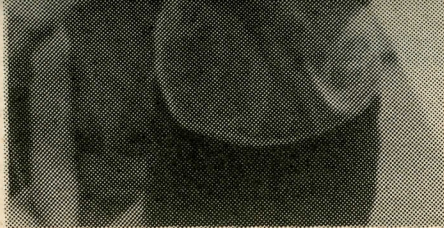


photo by Don Gosney



photo by Dave Stock

PHOTOS: Clockwise from top left:

Jodi Anderson
 Kathy Devine
 Sharon Ware [lft] & Sherri Howard
 Leslie Deniz

100 METERS

Automatic Timing:

State Meet Record: 11.42 Sharon Ware, (Berkeley) at Berkeley 1980. **Frosh:** 11.89 Brigitte Blackburn (Cajon/San Bernardino) 1979. **Soph:** 11.58 Brenda Winston (San Geronio/San Bernardino) 1977. **Junior:** 11.34 Sharon Ware (Berkeley) 1980. **Senior:** 11.50 Kim Robinson (Westchester/L.A.) 1977.

11.34	Sharon Ware (Berkeley)-1 at Knoxvile	1980
11.50	Kim Robinson (Westchester/L.A.)	1977
11.57	Valerie Brisco (Locke/L.A.)	1978
11.58	Brenda Winston (San Gorg./San Berdoo)	1977
11.61	Sheri Howard (Kennedy/Granada Hills)	1980
11.63	Kella Bolton (Hill/San Jose)	1978
11.64	Alice Brown (Muir/Pasadena)	1978
11.66	Gwen Loud (Westchester/L.A.)	1979
11.73	Marbella Washington (Centen./Compton)	1979
11.77	Deborah James (Fremont/L.A.)	1980
Hand Timing:		
11.4	Jackie Thompson (San Diego)	1972
11.4	Elaine Parker (Oceana/Pacifica)	1978
11.5	Kim Robinson (Westchester/L.A.)	1977
11.5	Kim Webster (Berkeley)	1980
11.5	Deborah James (Fremont/L.A.)	1980

200 METERS

Automatic Timing:

State Meet Record: 23.19 Sheri Howard (Kennedy/Granada Hills) at Berkeley 1980. **Frosh:** 24.23 LaTanya Dawkins (Muir Jr./L.A.) 1978. **Soph:** 24.01. Gwen Loud (Westchester/L.A.) 1977. **Junior:** 23.43 Sheri Howard /San Geronio/San Berdoo) 1979. **Senior:** 23.19 Sheri Howard (Kennedy/Granada Hills) 1980.

23.19	Sheri Howard (Kennedy/Granada Hills)-1	1980
at Berkeley		
23.42	Gwen Loud (Westchester/L.A.)-1	1979
23.62	Sharon Ware (Berkeley)	1980
23.72	Frieda Cobbs (Berkeley)	1978
23.75	Kella Bolton (Hill/San Jose)-1	1978
23.77	Valerie Brisco (Locke/L.A.)	1978
23.82	Pam Marshall (Jordan/Long Beach)	1978
23.85	Kim Robinson (Westchester/L.A.)-1	1977
23.98	Deborah James (Fremont/Los Angeles)	1980
24.02	Marbella Washington (Centen./Compton)	1979
24.05	Zelda Johnson (Garey/Pomona)	1980
Hand Timing:		
23.2	Mable Fergerson (Ganesh/Pomona)	1973
23.4	Kathy Hammond (Sacramento)	1969
23.4	Jackie Thompson (San Diego)	1972
23.5	Brenda Winston (San Gorg./San Bern.)	1977
23.7	Debbie Byfield (Berkeley)	1978

(.220 Yards Minus 0.12)

1600 METERS

State Meet Record: 4:45.0y Cheri Williams, (Livermore) at Bakersfield 1978. **Frosh:** 4:35.6* Mary Decker (Orange) 1973. **Soph:** 4:46.0* Linda Goen (North/Bakersfield) 1977. **Junior:** 4:49.84 Tracy Weber (Lynbrook/San Jose) 1980. **Senior:** 4:38.9* Eileen Claugus (Rio Americano/Sacramento) 1973.

4:35.6*	Mary Decker (Orange) at Walnut	1973
4:38.9*	Eileen Claugus (Rio Americano/Sacra.)	1973
4:43.2*	Cheri Williams (Livermore)-1	1978
4:44.6*	Linda Goen (North/Bakersfield)-2	1979
4:45.6*	Sandy Langan (Carmichael)	1971
4:45.7*	Debbie Heald (Neff/La Mirada)	1970
4:46.71	Polly Plumer (University/Irvine)-1	1980
4:46.8*	Paula Rose (Newport Harbor)	1975
4:47.0*	Kathi Denz (Blair/Pasadena)	1977
4:47.31	Vicki Cook (Alemany/Woodland Hills)	1980

(*One Mile Minus 1.8)

3200 METERS

State Meet Record: 10:17.7y Cheri Williams, (Livermore) at Bakersfield 1978. **Frosh:** 10:17.1* Vickie Cook (Chaminade/Canoga Park) 1979. **Soph:** 10:14.78 Vickie Cook (Alemany/Woodland Hills) 1980. **Junior:** 10:18.1* Su-Mei Lee (Eisenhower/Rialto) 1979. **Senior:** 10:06.2* Cheri Williams (Livermore) 1978.

10:06.2*	Cheri Williams (Livermore)-1 at Berk.	1978
10:08.9*	Kate Keyes (Tamalpais/Mill Valley)	1975
10:14.78	Vickie Cook (Alemany/Wood. Hls.)-1	1980
10:15.8*	Eileen Claugus (Rio Americano/Sacra.)	1973
10:16.4*	Cindy Schmandt (Santa Barbara)	1979
10:18.1*	Su-Mei Lee (Eisenhower/Rialto)	1979
10:19.9*	Susie Meek (Palos Verdes)	1978
10:28.9*	Heike Skaden (Encino/Sacramento)	1980
10:29.2*	Therese Ebner (Bish. Amat/La Puente)	1979
10:29.7*	Roxanne Bier (Independ./San Jose)-1	1979

(*2 Miles Minus 3.6)

100 METER HURDLES

Automatic Timing:

State Meet Record: 13.83y Kris Costello (Lynbrook/San Jose) at Bakersfield 1978. **Frosh:** 14.30 Sherifa Sanders (Tech/Oakland) 1978. **Soph:** 14.22* Angel Kellen (Leland/San Jose) 1978. **Junior:** 13.82 Sherifa Sanders (Berkeley) 1980. **Senior:** 13.71 Marlene Harmon (Thousand Oaks) 1980.

13.71	Marlene Harmon (Thousand Oaks)	1980
at San Jose		
13.79*	Kris Costello (Lynbrook/San Jose)-2	1978
13.82	Sherifa Sanders (Berkeley)	1980
13.91*	Kim Costello (I Camino/South S.F.)	1978
13.96*	Judy Young (Berkeley)-1	1979
13.97*	Janet Yarbrough (Clovis)-1	1979
13.97*	Alesia Sweeney (Tamalpais/Mill Valley)	1979
13.98*	Michelle Herald (University/Los Angeles)	1979
14.05*	Lisa Gourdine (El Toro)	1978
14.11*	Yulonda Arnold (Chowchilla)	1979

Hand Timing:

13.4	Judy Young (Berkeley)	1980
13.5	Lorna Tinney (Oceanside)	1972
13.6	Bobette Krug (La Jolla)	1972
13.6y	Yvonne Boone (Fremont/Oakland)-2	1974
13.6	Robyne Johnson (Berkeley)	1980
13.7y	Tonya Alston (Chico)	1977
13.9	Michelle Hawthorne (El Cerrilot)	1978
13.9	Laura Mills (University/Irvine)	1980
13.9	Valerie Fleming (Northgate/Walnut Crk.)	1980

(*110 Yards Minus 0.04)

50-0½	Emily Doie (Buena Park)	1975
49-6	Kathy Devine (Mission Bay/S. Diego)-2	1974
48-11¾	Susie Ray (Villa Park)-1	1980
48-4½	Natalie Kaalawahia (Fullerton)-1	1980
46-1½	Rosario Ramos (Anaheim)	1979
45-2¼	Sharon Hamilton (Santa Monica)	1980
44-9	Yolanda Fletcher (Crenshaw/L.A.)	1980
44-8½	Leslie Deniz (Gridley)	1980
44-2¼	Debra Corley (Garces/Bakersfield)	1980

DISCUS

State Meet Record: 172-11 Leslie Deniz (Gridley) at Berkeley 1980. **Frosh:** 139-11 Leslie Deniz (Gridley) 1977. **Soph:** 150-9 Leslie Deniz (Gridley) 1978. **Junior:** 175-10 Leslie Deniz (Gridley) 1979. **Senior:** 183-11 Leslie Deniz (Gridley) 1980.

183-11	Leslie Deniz (Gridley)-2 at Lancaster	1980
160-2	Laura de Snoo (Washington/Fremont)	1980
158-4	Christi Pyle (Hoover/Glendale)-1	1978
155-6	Terri SAbol (Buena Park)	1974
155-0	Linda Langford (Leigh/San Jose)	1969
152-1	Iva Wright (Edison/Fresno)	1971
151-9	Glenda Ford (Atwater)	1979
150-10	Karen Stampfle (Lassen/Susanville)-1	1978
150-7	Donna Hollingsworth (Chaffey/Ontario)	1980
150-2	Linda Read (Alameda)	1979

400 METER RELAY

Automatic Timing:

State Meet Record: 45.81 Kennedy/Granada Hills (Howard, Thompson, Howard, Howard) at Berkeley 1980.

45.81	Kennedy/Granada Hills-1 at Berkeley	1980
(Howard, Thompson, Howard, Howard)		
45.91*	Crawford/San Diego-1	1977
(Young, Gaston, Reed, Lovelady)		
46.06	Poly/Long Beach	1980
(Evans, Smith, Randolph, Paige)		
46.19*	Centennial/Compton	1977
46.21	Fremont/Los Angeles	1980
(James, Gill, Harper, Ellery)		
46.23	De Anza/Richmond	1980
(Vard, Carpenter, Russell, Brandon)		
46.85*	South/Bakersfield	1979
(McGough, Forman, Gupton, Ward)		
46.91*	Jordan/Los Angeles-1	1978
(Smith Jones, Griffith, Black)		
46.92*	Hill/San Jose	1978
46.97*	Westchester/Los Angeles-1	1979
(Robinson, Moore, Hawes, Loud)		

Hand Timing:

45.7	Berkeley (Rodgers, Ware, King, Young)	1980
45.9*	Berkeley	1979

(*440 Yards Minus 0.23)

1600 METER RELAY

State Meet Record: 3:37.98 Kennedy/Granada Hills (Howard, Cook, Howard, Howard) at Berkeley 1980.

3:37.98	Kennedy/Granada Hills-1 at Berkeley	1980
(Howard, Cook, Howard, Howard)		
3:39.83	Poly/Long Beach	1980
(Rambo, Randolph, Smith, Paige)		
3:42.79	Manual Arts/Los Angeles	1980
(Holland, Jackson, White, Wright)		
3:43.0*	San Geronio/San Bernardino-1	1979
(Howard, Howard, Howard, Howard)		
3:45.2*	Poly/Long Beach	1979
3:46.7	Berkeley	1980
3:49.6*	Berkeley	1979
3:49.66*	Thousand Oaks	1980
(Harmon, Kind, Prieve, lavendier)		
3:50.2*	Fremont/Los Angeles-1	1978
(Hayes, Frazier, Cole, Beshears)		
3:50.5*	Fountain Valley	1979

CLUB NEWS

by MARTY HIGGINBOTHAM

Send news of your club to:
California Track & Running News
P.O. Box 6103
Fresno, CA 93703

Corona Del Mar

14665 Kokomo Rd., Apple Valley 92307

Many CDM members took part in the 4th Annual Pan Am Masters Track & Field Championships in August at Los Angeles. Tom Patsalis, 55-59 age division, turned in some super marks in a great two day performance. He won both the long and triple jumps, the 110m hurdles and took a second in the 100m dash. In the 50-54 division Don Cheek took firsts in the 200m and 400m dashes and a third in the 100m. For the CDM women Shirley Kinsey was a double winner taking the 100m and 200m sprints in the 50-59 age group, earning her top performer honors in her age group. In the relay events the men's teams were victorious in the 40-49 and 50-59 4x100 and then in the 4x400 the 50-59 again repeated as victorious.

At the recent CDM pot luck the 1981 officers were elected, they are: President-Orv Gillett; Vice President- Doug Smith; Secretary/Treasurer- Diana Smith, Recording Secretary- Reggie Davis, Head Coaches- Percy Knox and Gary Miller; and Manager- Dave Lewis.

San Luis Distance Club

P.O. Box 1134, San Luis Obispo 93406

Three members of the SLDC competed in the 4th Annual Pan Am Masters Track & Field Meet in August. Paul Spangler took firsts in the 800, 1500, 5000, and 10,000 meters establishing age 80-84 division world records in the 1500 and 5000. Bob Booth took first in the 5K Walk and Javelin in the 75-79 category and Alice Werbel two first places in the women's 65-69 800, 1500, 5,000 and 10,000 meters with the 5000 a new world record. Also in August John Squires became the third club member to tackle the grueling Pikes Peak Marathon.

This fall the SLDC will be fielding

High Desert Running Club

44384 Stanridge Ave., Lancaster

In a club challenge, the HDRC defeated the Santa Clarita Runners on a very rough 10k course. The team title was determined by the top three times from three age groups—the men under 35, men over 35 and women. HDRC had a final combined time of 6:49:39 to easily outdistance the Santa Clarita Runners. This match between the two clubs has been labeled Challenge Cup I; more are expected in the future.

Top HDRC runner is Jack Powell who in spring was an outstanding junior college steeplechaser.

High Sierra Track Club

112 Green Oaks, Visalia 93277

HSTC runners were very very active in valley races in late summer and early fall. They were well-represented at the Sierra Pines Relay, Bass Lake Half-Marathon, the Locker Room Four Mile and Bartlett 10K Run.

At the Locker Room run, Robert and Ed Taylor finished second and third in the open division, while teammate Dave Bronzan took the submaster category. Roger Richards took the master division and Harry Harder was the winner in the 60 and over division.

At the Bartlett 10K Run on September 27, master runners Len Thornton and Wayne Van Dellen took first and second in their divisions, with Thornton clocking 34:16—two seconds ahead of teammate Van Dellen. Roger Richards, also in the master division, was fourth timing 36:08. Ed Taylor was the club's top finisher placing in the open division with a 32:24

Las Vegas T.C.

955 E. Twain #B-34, Las Vegas, NV 89109

The LVTC is an all-around club as it caters to elite runners as well as fun runners. They are a very social club, having club gatherings very often. They also hold organized group training sessions. Members of the club are very active in local races as well as races outside the Las Vegas area.

Club member Sue Krenn placed 35th in the Avon Marathon in London, England in early August with a clocking of 3:01, then came back in early September to run a 2:58 time at the Nike OTC Marathon.

In the Silver State Marathon Tony Girardi placed sixth by running 2:39:32. John Bowan ran 2:56:24 for 24th place and teammate Bill Schaefer finished 31st in 2:58.

Many LVTC runners took part in the UNLV Cross Country Invitational. In the men's open division top finisher was John Dixon placing 18th in 22:12. Stan Isquith paced the men's masters team with his third place finish. He was followed by teammates Dick Walsh in fourth, Dave Viorning fifth, Benny Galvin sixth, and Ron Hutchings in seventh. Diane Knighton was third in the women's open division followed closely by Robin Sorall in fourth. In the women's masters category LVTC runner Sandy Braller was the victor.

Next on the LVTC schedule is a 10 kilometer partner race on October 18 and on the 25 of October a 20 kilo event will be held.

We can expect to see many LVTC members take part in the very prestigious Las Vegas Sun Marathon Championships to be held the first week of December.

Golden Gate Race Walkers

106 Sanchez #17, San Francisco 94114

The GGRW have compiled an updated roster of Northern California race walkers. It includes names, addresses, and phone numbers. It's a good reference for finding training partners, teaming up for car pools to events, or even social purposes. For a copy, send a S.A.S.E. to Harry Siitonen, 106 Sanchez St., #17, San Francisco, CA 94114.

Because of a growing interest in racewalking in the East Bay (Oakland-Berkeley area) walkers will now hold GGRW's Saturday sessions two times a month. These sessions provide a fun social gathering and an organized training period.

Bartlett Mineral Water Racing Team

1026 W. Princeton, Visalia 93277

Bob Higginbotham and John Pitman both competed in the Masters Pan Am Games in August. Higginbotham was victorious in the 50-54 division 110 meter hurdles and 400 meter hurdles. Pitman ran 2:06.3 to place fourth in the 40-44 800 meters.

On the road, Marty Higginbotham timed 20:22 to win the Locker Room Four Mile Run in Visalia, and later placed ninth in the open division of the Central California Cross Country Championships.

At the Bartlett Mineral Spring 10K Run in Visalia on September 27, club member Greg De La Cruz captured fifth place in a fine time of 31:24.

Marty Higginbotham of the Bartlett team will be hosting the TFA-USA Western Regional Cross Country Championships on November 8 in Visalia.

Fresno Track Club

P.O. Box 6103, Fresno 93703

The FTC hosted some very good events in August and September in the form of the Sierra Pines 40 Mile Relay, Bass Lake Half-Marathon and the Central California Cross Country Championships. Also, many FTC members dominated the Bunton Derby races held in Fresno during late summer.

Recently Jim Hartig finished his first 26.2 miler and won at the Santa Monica Marathon. He timed 2:30:15.

Curt Ella finished second in the 30-39 division of the Bartlett 10K Run being the first FTC finisher. He timed 32:32. Club Director Gene Lynch finished fifth in the 40-49 division with a time of 36:52; teammate Rick Zamarripa was sixth in 37:31.

The FTC has added several new members to its ranks this summer, most notable of these is Fresno City College standout Steve Moreno, who has best times of 9:13-2 mile, 15:08-5k and 30:51-10k. Another addition is the final Delgado brother. Joe and Frank Delgado—two of the top master road racers in the Central Valley, will now be joined by brother Chris, who will also be in the master division.

The Brothers Delgado and many other FTC runners are now preparing for the Third Annual Central California Marathon on November 8 in Fresno.

Clovis Running Express

1029 Cherry Lane #A, Clovis 93612

The CRE mixed team of three-men/three-women took their division title at the Third Annual Sierra Pines 40 Mile Relay. The team of Gary Gonzales, John Hendry, Steve Ward, Brenda Wilcox, Sandy McPherson and Linda DeLeon combined for a total time of 4:26:19 for the victory. The CRE junior team placed third in their division with a combined clocking of 4:45:25.

Erin Valdez won the elementary girl's division of the Fresno Bunton Derby in August. She won three of the four races.

Six club members have gained "All-CRE 1980" status. They are Erin Valdez, Pearl Medina, Art Medina, Mike DeCarli, Linda DeLeon and Sandy McPherson.

San Diego T.C.

P.O. Box 4884, San Diego 92104

The big event in San Diego was the 26th Annual Balboa Park 8 Mile Run. This year's event was won by Thom Hunt in a very quick 40:55 over the hilly eight mile course. First woman finisher was Shelli Lachel in 50:31. This year's event attracted 402 runners.

Over mid and late summer the SDTC hosted a series of very successful track meets. These well conducted meets provided some team competition and produced some very impressive marks.

The masters men of the SDTC will make a world record attempt on Sunday October 19, it will be for a 100x1 mile relay event.

Dolphin South End Runners

741 Kansas St., San Francisco 94107

The DSE Runners are holding various group runs in the San Francisco area. There is also a San Francisco Marathon Clinic that meets every Sunday. This clinic is especially designed to have runners ready for the Golden Gate Marathon in October. The clinic usually consists of a speaker, group stretching, and then runs of various distances.

This year, DSE president, Walt Stack, served as an official at the famed Pikes Peak Marathon. He has run this event every year since 1969, but a broken foot allowed him only to help officiate this year. Many DSE Runners competed in this years Pikes Peak event, the oldest being Ivor Welch, who broke the over 80 division record. The 85 year old Welch became the oldest runner ever to run the

Coaches- Percy Knox and Gary Miller; and Manager- Dave Lewis.

Sierra Track Club

112 Green Oaks, Visalia 93277

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Wayne Van Dellen of HSTC will be hosting the 1980 CCA-AAU 20k Championships on November 1 in Woodlake.

Golden Gate Race Walkers

106 Sanchez #17, San Francisco 94114

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Aggie Running Club

P.O. Box 312, Davis 95616

As usual, the Aggie Running Club continues to be a very strong group on the road racing scene. Bill Britten and Dennis O'Halloran both competed in the San Diego Half Marathon. Britten finished fourth in 1:07:50 and Ag teammate O'Halloran timed 1:09:31 for tenth spot. The Aggies were well represented in the Warf to Warf Run in late summer as Dan Gruber placed fifth, Pete Sweeney was tenth and Ted Quintana grabbed fifteenth spot. Eric Huff finished in seventeenth while Ernie Ruth was twenty third.

Recently Matt Yeo ran and won a ten mile race in Yreka, on September 27 Yeo ran against a fast field and placed third in the Bartlett Mineral Water 10K Run in Visalia.

Napa Valley Runners

The Napa Valley Runners are conducting a series of marathon clinics in preparation for the Napa Valley Marathon. These clinics feature a variety of lectures and training runs. The clinics are open to everyone from the experienced marathoner to the jogger. The training runs range in distance from two to twelve miles. The 1981 Napa Valley Marathon is scheduled for March.

Cross Country Championships. Also, many FTC members dominated the Bunion Derby races held in Fresno during late summer.

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741 Kansas St., San Francisco 94107

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San Luis Distance Club

P.O. Box 1134, San Luis Obispo 93406

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This fall the SLDC will be fielding teams at several major cross country meets. The always strong San Luis Club will be very tough contenders at most any cross country meet.

SAN DIEGO TRACK CLUB

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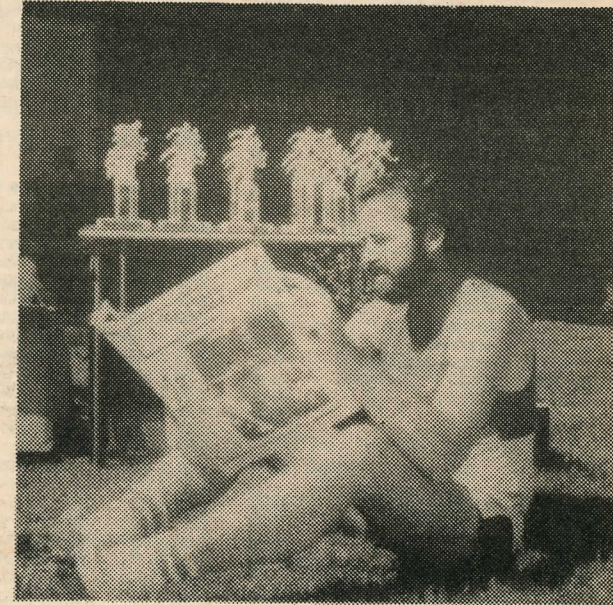


photo by Marty Higginbotham

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California Women 1980

Send all additions and/or corrections directly to Calvin Brown, 228 E. Artesia Blvd., Apt. C, N. Long Beach, CA 90805.

compiled by CALVIN BROWN

100 Meter Hurdles 33" (0.24)

13.00 (SFa)	Deby LaPlante(KCBQ)	6-25-80
13.34 (4)	Pat Van Wolvelaere(KCBQ)	5-3
13.53w (SF5)	Jackie Washington(LANTC)	(13.59) 6-25
13.60 (2)	Sue Bradley Kamell(SDS)	4-20
13.75 (1)	Lisa Gourdine(UCLA)	3-1
13.83(5)	Jodi Anderson(LANTC)	(13.5) 5-11
13.83 (p)	Marlene Harmon(LANTC)	7-16
13.86 (2)	Cheryl Hawthorne(CAL)	4-20
13.87w (1)	Mitzi McMillan(CI)	(13.91) 5-10
13.93 (p)	Jane Frederick(UNA)	(SB) 6-21
13.99 (h)	Sherifa Sanders(BEBTC)	6-16
13.9 (3)	Lori Smith(CSLB)	(14.25) 5-3
14.23 (1)	Maureen McGee(LAM)	4-20
14.29 (6)	Kay Garnett(USC)	5-18
14.32	Felton(SMCC)	6-1
14.1 (1)	Patsy Walker(ACA)	5-3
14.35 (p)	Marilyn King(ML)	6-8
14.35 (h)	Judy Young(BEBTC)	6-16
14.2 (1)	Jamie Blake(Chabot CC)	(14.51) 4-12
14.49 (p)	Tonya Alston (UCLA)	4-25
14.50 (3)	Kim Costello(LANTC)	4-5
14.3 (2)	Sonya Hardy(CSUN)	4-26
14.54(3)	Tina Brown(Harbor CC)	6-1
14.60 (1)	Yvonne Boone(CSH)	5-10
14.60 (4)	Janet Yarborough (DeAnza CC)	6-1

100 Meter Hurdles 30" (0.24)

13.52w (1)	Judy Young(BHS)	(13.4) 6-7
13.58w (2)	Marlene Harmon(TOHS)	(13.6) 6-7
13.5w (1)	Sherifa Sanders(BHS)	(13.76w)
13.97 (2)	Alesia Sweeney(THS)	4-12
14.13w (1)	Tracy Hanlon(EHS)	(14.26) 6-6
14.13w (4)	Shari Pendleton(FHS)	(14.26)
13.9 (-)	Laura Mills(UHS)	(14.24)
13.9 (-)	Val Fleming(NHS)	
14.14w (5)	Margo Edwards(PHS)	(14.28) 6-7
14.21w (6)	Bonnie Mercer(SAVHS)	(14.30) 6-7
14.23w (h2)	Robyne Johnson(BHS)	(14.1) 6-6
14.28 (3)	Debbie Galvin(VHS)	5-24
14.31 (3)	Velma Banks(LAM)	7-13
14.34w (3)	Natasha Smith(LHS)	(14.39) 6-6
14.35 (5)	Susie Ray(VPHS)	5-24
14.37 (4)	Thelma Harmon(SAVHS)	5-29
14.41 (1)	Zona Chandler(EHS)	5-23
14.1w (h4)	Mary Crevelt(SAHS)	6-6
14.2 (1)	Aladrian Hunter(LAM)	7-19
14.50 (2)	Lynn Wingle(RMHS)	5-24
14.52w (1)	Tanya Motes(WTHS)	3-22

11.80w (1)	Hall(UNA)	3-30
11.81 (-)	Elaine Parker(CAL)	
11.83w (1)	Bridgett Blackburn(CHS)	5-24
11.6 (1)	Gail Douglas(USC)	(11.86) 3-23
11.6 (2)	Pam Marshall(LBCC)	(11.86) 4-12
10.7y (-)	Marlene Harmon(TOHS)	(11.7w)
10.7y (-)	Patrice Carpenter(DHS)	(11.7) 5-3
11.6w (3)	LaNessa Jones(UNLV)	

200 Meters (0.24)

22.80 (-)	Jackie Pusey(ALI/Jamaica)	
23.02w (SF1)	Florence Griffith(LANTC)	(23.55) 6-27
23.06w (SF2)	Lisa Hopkins(IP)	(23.13) 6-27
23.19 (1)	Sherri Howard(KHS)	6-7
23.23w (2)	Alice Brown(CSUN)	(23.28) 5-24
23.31w (6)	Pam Marshall(CI)	(23.56) 6-15
23.39 (1)	Rosalyn Bryant(ALI)	5-17
23.40w (7)	Kella Bolton(ML)	(23.50) 6-15
23.43w (1)	Elaine Parker(CAL)	(23.49) 6-1
23.52 (SF3)	Yolanda Rich(ALI)	5-23
23.62 (2)	Sharon Ware(BHS)	6-7
23.75 (2)	Gwen Gardner(LAM/US)	7-7
23.79 (2)	Freida Cobbs(BEBTC)	5-17
23.94 (2)	Jeanette Bolden(LANTC/US)	8-10
23.7w (1)	Gwen Loud(UCLA)	(24.07) 2-23
23.98 (1)	Deborah James(FHS)	7-13
24.05 (1)	Zelda Johnson(GHS)	5-24
24.08 (2)	Bridgett Blackburn(CHS)	5-24
24.13 (2)	Vanessa Denniston(OC)	6-1
23.9 (6)	Deann Gutowski(LAM)	5-18
24.24w (1)	Marian Franklin(CAL)	(24.2) 4-5
24.25 (-)	Arlise Emerson(UCLA)	
24.26 (1)	Tanya Dawkins(LBC)	4-20
24.26 (3)	Marbella Washington(CHS)	6-7
24.33 (1)	Diane Pullins(MHS)	5-24

400 Meters (0.14)

51.48 (1)	Sherri Howard(ALI)	6-25
51.59 (1)	Gwen Gardner(LAM)	6-14
51.70 (3)	Denean Howard(ALI)	(51.5r) 6-25
52.00 (2)	Jackie Pusey(ALI/Jamaica)	8-10
52.19 (1)	Yolanda Rich(ALI)	4-19
52.1 (2)	Rosalyn Bryant(ALI)	5-11
52.35 (1)	Robin Campbell(Stan. TC)	3-22
52.4 (r)	Marian Franklin(CAL)	(52.90) 4-5
52.5 (1)	Evelyn Ashford(ACA)	5-3
52.9 (r)	Kathy Nelson(OS)	(54.93) 5-10
53.14 (SF4)	Kella Bolton(ML)	6-24
53.1 (r)	Sandy Myers(LANTC)	6-15
53.2 (r)	Arlise Emerson(UCLA)	(53.50) 6-15
53.39 (2)	Deann Gutowski(LAM)	6-8
53.3 (-)	Ocalae Fowler(UCLA)	(53.4) 6-8

4:18.56 (SF5)	Michele Bush(UCLA)	6-27
4:21.4 (7)	Lynn Kanuka(SDS)	5-11
4:22.7 (2)	Robin Campbell(Stan. TC)	6-8
4:22.8 (8)	Sheila Ralston(UCLA)	5-11
4:23.2 (2)	Cindy Schmandt(CAL)	3-8
4:23.7 (h7)	Eileen Kraemer(CPSLO)	5-22
4:25.9 (-)	Gina Dyer(USC)	(4:27.40)
4:27.1 (-)i	Ruth Caldwell(LOES)	(4:30.5) 4-18
4:29.9 (1)	Polly Plumer(UHS)	4-18
4:29.9 (2)	Roma Antoniewicz(LANTC)	5-11
4:29.9 (1)	Diana Figliomeni(WVCC)	6-1
4:31.2 (1)	Su-Mei Lee(SCRR/ROC)	5-18
4:31.2 (2)	Peters(Monterey CC)	6-1
4:31.5 (1)	Connie Hester(CSH)	3-29
4:31.85 (1)	Michelle Bonds(CSLB)	3-8
4:32.1 (1)	Kathy Weston(OS)	4-19
4:32.3 (1)	Ann Regan(WVTC)	4-20

3000 METERS.

8:38.73 (1)	Mary Decker(AW/US)	7-15
9:07.90 (1)	Julie Brown(LANTC)	6-15
9:11.14 (8)	Maggie Keyes(CPSLO)	7-15
9:21.16 (5)	Lynn Kanuka(SDS)	5-24
9:24.8 (1)	Vickie Cook(AHS/US)	8-31
9:28.0 (1)	Cindy Schmandt(CAL)	3-22
9:30.3 (1)	Linda Goen(UCLA)	4-12
9:32.92 (8)	Michele Bush(UCLA)	6-15
9:37.5 (4)	Lynne Hjelte(CAL)	4-20
9:41.2 (1)	Peters(Monterey CC)	6-1
9:41.5 (1)	Linda Heinmiller(SMTC)	3-30
9:42.0 (2)	Pam Morris(SMTC)	3-30
9:42.0 (1)	Suzanne Richter(CAL)	4-5
9:42.4 (1)	Kim Schnurpfell(Stan.)	3-22
9:42.6 (2)	Eileen Kraemer(CPSLO)	4-5
9:48.8 (1)	Helki Skaden(EHS)	4-12
9:49.5 (2)	Monica Joyce(SDS)	3-25
9:49.7 (5)	Gina Dyer(USC)	4-20
9:50.3 (1)	Su-Mei Lee(SCRR)	3-16
9:50.4 (6)	Cheryl Flowers(CAL)	4-20
9:52.0 (3)	Kerry Brogan(LAHS)	5-9
9:52.7 (2)	Sheila Ralston(UCLA)	3-1
9:54.2 (1)	Carey Hill(USC)	3-23
9:55.9 (2)	Phyllis Olrich(WVTC)	5-26
9:56.9 (3)	Wendy Walker(LANTC)	3-18

5000 METERS.

16:23.06 (H5)	Kim Schurpfell(Stan.)	5-22
16:28.11 (H6)	Lynne Hjelte(CAL)	5-22
16:30.8 (1)	Lynn Kanuka(SDS)	3-29
16:41.0 (4)	Sue Kinsey(UNA)	3-22
16:41.5 (1)	Laurie Binder(KCBQ)	3-8
16:41.6 (5)	Eileen Kraemer(CPSLO)	3-22
16:46.7 (2)	Linda Heinmiller(SMTC)	3-8
16:50.08 (1)	Suzanne Richter(CAL)	4-26
17:03.1 (1)	Michele Aubuchon(CSH)	5-10
17:08.0 (-)	Cheryl Flowers(CAL)	(17:12.7)
17:09.6 (1)	Carol Keller(CSUN)	3-8
17:14.2 (2)	Lisa Fox(Sac. St.)	5-10
17:15.9 (-)	Linda Broderick(UCLA)	
17:21.5 (1)	Sheila O'Donne(CPSLO)	4-26
17:24.5 (2)	Evelyn Stewart(CPSLO)	4-26
17:33.7 (3)	Krista Roberts(Sac. St.)	5-10
17:34.0 (1)	Judy Fox(WVTC)	5-31
17:34.3 (3)	Kady Wanamaker(CPSLO)	4-26
17:36.8 (7)	Jan Oehm(CAL)	4-19
17:38.0 (-)	Evelyn Tribble(CSLB)	
17:39.1 (4)	Wendy Walker(CSUN)	4-26
17:39.3 (2)	Diane Riley(KCBQ)	3-30
17:43.0 (-)	Carey Hill(USC)	
17:53.5 (-)	Tami Roach(CSLB)	
17:56 (3)	Sue Oran(CPSLO)	3-15

10,000 METERS.

33:55.59 (6)	Jan Oehm(CAL)	5-23
34:22.8 (8)	Michele Aubuchon(CSH)	5-23
34:28.2 (8)	Laurie Binder(KCBQ)	6-27
35:04.1 (13)	Linda Heinmiller(SMTC)	6-27
35:06.78 (1)	Michele Bush(UCLA)	4-25
35:35 (1)	Pam Morris(SMTC)	5-3
35:41.0 (1)	Phyllis Olrich(WVTC)	5-31
36:00.3 (15)	Judy Fox(WVTC)	6-27
36:29.1 (2)	Wendy Walker(CSUN)	4-19
36:29.8 (3)	Sue Oran(CPSLO)	4-5
36:40.9 (1)	Lisa Fox(CSS)	5-26
36:41.4 (1)	Pam Cox(S&S)	5-9
36:51.6 (3)	Krista Roberts(CSS)	5-26
36:54.2 (1)	Eugenia Zorich(CAL)	4-25
37:11.1 (4)	Laurie Hagopian(CLC)	4-19
37:39 (5)	Nancy Ramirez(CSB)	5-3
37:40 (2)	Rudolph(CSS)	5-10
37:42 (3)	Haskovich(Hum. St.)	5-10
37:43.8 (4)	Taylor(WVTC)	5-26
38:05.6 (2)	Donna Chin(UCSB)	4-26
38:17.49 (3)	Chaddock(SDS)	4-25
39:41.3 (3)	Diane Killeen(UCSB)	4-26
39:4 (-)	Lisa Padilla(SCT)	(9-U) 6-14
40:12.17 (5)	Tracey Trisco(SDS)	4-25
40:20 (-)	Kupheldt(CSS)	

MARATHON 26 M. 385 Y. [26.2] 42K

2:39:22 (4)	Laurie Binder(KCBQ)	4-21
2:41:01 (6)	Marty Cooksey(Eugene)	8-3
2:43:17 (1-83)	Sue Munday(SJ)	1-28
2:46:44 (9)	Elaine Campo(SB)	4-21
2:47:28 (2)	Linda Van Housen(RC)	1-27
2:48:20 (1-42)	Sue Peterson(NB)	12-9-79
2:49:28 (2-45)	Sue Krenn(SD)	12-9-79
2:49:46 (1-126)	Carol Young(WVTC)	7-8-79
2:50:40 (4-49)	Haney(HI)	12-9-79
2:50:51 (1-92)	Lynn Walker(ARC)	5-4
2:51:07 (4)	Sandra Kiddy(UNA)	1-27
2:53:05 (1-58)	Salley Edwards	9-30-79

Photo by Don Gosney

Photo by Don Gosney

14.54(3)	Judy Young(BHS)	4-26
14.60(1)	Yvonne Boone(CSH)	5-10
14.60(4)	Janet Yarborough (DeAnza CC)	6-1

100 Meter Hurdles 30" (0.24)

13.52w (1)	Judy Young(BHS) (13.4)	6-7
13.58w (2)	Marlene Harmon(THHS) (13.6)	6-7
13.5w (1)	Sherifa Sanders(BHS) (13.76w)	
13.97 (2)	Alesia Sweeney(THS)	4-12
14.13w (1)	Tracy Hanlon(EHS)(14.26)	6-6
14.13w (4)	Shari Pendleton(FHS)(14.26)	
13.9 (-)	Laura Mills(UHS) (14.24)	
13.9 (-)	Val Fleming(NHS)	
14.14w (5)	Margo Edwards(PHS) (14.28)	6-7
14.21w (6)	Bonnie Mercer(SAVHS) (14.30)	6-6
14.23w (h2)	Robyne Johnson(BHS)(14.1)	5-24
14.28 (3)	Debbie Gelvin(VHS)	7-13
14.31 (3)	Velma Banks(LAM)	6-6
14.34w (3)	Natasha Smith(LHS) (14.39)	5-24
14.35 (5)	Susie Ray(VPHS)	5-29
14.37 (4)	Thelma Harmon(SAVHS)	5-23
14.41 (1)	Zona Chandler(EHS)	6-6
14.1w (h4)	Mary Crevett(SAHS)	7-19
14.2 (1)	Aladrian Hunter(LAM)	5-24
14.50 (2)	Lynn Wingle(RMHS)	3-22
14.52w (1)	Tanya Motes(WTHS)	

400 Meter Hurdles 30" (0.14)

56.40 (1)	Sandy Myers(CSUN)	5-24
56.3 (1)	Ether Alfonso Mahr(KCBQ)	6-15
59.2 (1)	Marlene Harmon(LANTC)	7-19
59.98 (1)	Sue B. Kamell(SDS)	4-26
60.02 (2)	Karen Taylor(CSUN)	4-19
60.57 (3)	Chris Davenport(U/Iowa)	5-3
61.00 (3)	Linda Hightower(UCSB)	4-19
60.9 (1)	Cheryl Hawthorne(BEBTC)	5-26
61.09 (6)	Missy Jerald(LANTC)	6-14
61.0 (2)	Margaret Demorest(UNA)	5-26
61.1 (3)	Anita Jones(Army)	5-26
61.1 (4)	Deanne K. Johnson(Stan. TC)	5-26
61.25 (1)	Debbie Bottomley(KCBQ)	4-26
61.25 (SF4)	Anna Biller(SMTC)	6-28
61.26 (2)	Angela Sapp(SDS)	4-26
61.55 (-)	Leslie Miles(ASU)	
61.94 (1)	Laura Held(OC)	5-24
62.01 (1)	Kathy Van Warmerdam(SJ Delta)	6-1
62.19 (5)	Kathy Bower(CI)	4-19
62.62 (2)	Vicki Leach(Valley)	5-24
63.05 (3)	Tina Brown(Harbor)	5-24
63.1 (1)	Michelle Hawthorne(CSUN)	5-11
63.82 (4)	Joy Sargis(UCLA)	4-26
63.8 (5)	Anne Arens(CSLA)	5-18
63.97 (4)	Liz Carroll(OC)	5-24

100 Meters (0.24)

11.17w (SF1)	Alice Brown(CSUN) (11.21)	5-23
11.29w (SF2)	Andrea Lynch(CSUN) (11.32)	5-23
11.30 (1)	Dollie Fleetwood(SCC)	4-19
11.30 (2)	Lisa Hopkins(IP)	4-19
11.1 (1)	Evelyn Ashford(ACA)	4-29
11.34 (1)	Sharon Ware(BEBTC)	6-16
11.38 (SF3)	Jodi Anderson(LANTC)	6-23
11.41 (2)	Jeanette Bolden(LANTC/US)	7-17
11.41 (2)	Jackie Pusey(ALI)	8-22
11.51 (1)	Gwen Loud(UCLA)	2-23
11.51 (SF4)	Florence Griffith(LANTC)	6-23
11.3 (1)	Jennifer Innis(CSLA) (11.2)	4-26
11.56 (6)	Kelia Bolton(UNA)	4-19
11.61 (2)	Sherri Howard(KHS)	6-7
11.4w (-)	Gwen Ward(DHS) (11.92)	
11.5w (2)	Yvette Evans(LAM) (11.6)	5-3
11.77 (2)	Rosalyn Bryant(ALI)	5-17
11.77 (1)	Debra James(FHS)	7-13
11.80 (3)	Freida Cobbs(BEBTC)	5-17

23.94 (2)	Jeanette Bolden(LANTC/US)	8-10
23.7w (1)	Gwen Loud(UCLA) (24.07)	2-23
23.98 (1)	Deborah James(FHS)	7-13
24.05 (1)	Zalda Johnson(GHS)	5-24
24.08 (2)	Bridget Blackburn(CHS)	5-24
24.13 (2)	Vanessa Denniston(OC)	6-1
23.9 (6)	Deann Gutowski(LAM)	5-18
24.24w (1)	Marian Franklin(CAL)(24.2)	4-5
24.25 (-)	Arlise Emerson(UCLA)	
24.26 (1)	Tanya Dawkins(LBC)	4-20
24.26 (3)	Marbella Washington(CHS)	6-7
24.33 (1)	Diane Pullins(MHS)	5-24

400 Meters (0.14)

51.48 (1)	Sherri Howard(ALI)	6-25
51.59 (1)	Gwen Gardner(LAM)	6-14
51.70 (3)	Denean Howard(ALI) (51.5r)	6-25
52.00 (2)	Jackie Pusey(ALI/Jamaica)	8-10
52.19 (1)	Yolanda Rich(ALI)	4-19
52.1 (2)	Rosalyn Bryant(ALI)	5-11
52.35 (1)	Robin Campbell(Stan. TC)	3-22
52.4 (r)	Marian Franklin(CAL) (52.90)	4-5
52.5 (1)	Evelyn Ashford(ACA)	5-3
52.9 (r)	Kathy Nelson(OS) (54.93)	5-10
53.14 (SF4)	Kelia Bolton(ML)	6-24
53.1 (r)	Sandy Myers(LANTC)	6-15
53.2 (r)	Arlise Emerson(UCLA) (53.50)	
53.39 (2)	Deann Gutowski(LAM)	6-8
53.3 (-)	Oralee Fowler(UCLA) (53.4)	
53.51 (2)	Faye Paige(LBPHS)	6-7
53.61 (3)	Brenda Peterson(LAM)	6-8
53.6 (r)	Marlene Harmon(THHS)	6-7
53.91 (1)	Ether A. Mahr(KCBQ)	4-26
54.12 (H2)	Cende' Mills(Tex. Tech.)	5-22
54.19 (4)	Kim White(BEBTC)	6-1
54.36 (3)	Volaney Harris(OHS)	6-7
54.38 (1)	Kim Law(UCLA)	4-26
54.38 (4)	Sherrill Miller(FHS)	6-7
54.64 (3)	Rosetta Miller(CI)	2-24

800 Meters (0.1 to 0.2)

1:58.30 (1)	Madeline Manning(ORTC)	6-24
1:58.9 (1)	Mary Decker(AW) (1:59.12)	2-22
2:00.96 (2)	Julie Brown(LANTC)	6-24
2:01.23 (3)	Robin Campbell(Stan. TC)	6-24
2:03.3 (r)	Kathy Weston(OS) (2:03.67)	5-10
2:05.28 (1)	Ruth Caldwell(Sub 4)	3-8
2:05.7 (5)	Francie Larrieu(PCC)	5-17
2:05.93 (2)	Cynthia Warner(UCLA)	5-23
2:06.14 (SF5)	Monica Joyce(SDS)	5-23
2:06.50 (6)	Ann Regan(SJC)	6-15
2:06.5 (4)	Marcia Romesser(UNA)	6-1
2:06.7 (5)	Regina Jacobs(LANTC)	6-1
2:06.99 (2)	Arlise Emerson(UCLA)	3-8
2:07.39 (5)	Kim Neall(ORTC)	6-14
2:07.7 (r)	Linda Goen(UCLA) (2:09.2)	4-4
2:07.7 (1)	Maggie Keyes (CPSLO)	4-26
2:07.7 (r)	Maria King(SJC) (2:09.9)	6-13
2:07.8 (2)	Alice Trumbley(CAL)	3-29
2:08.44 (2)	Michelle Bonds(CSLB)	4-26
2:08.5 (1)	Brenda Peterson(LAM)	5-3
2:08.95 (1)	Louise Romo(NTHS)	5-29
2:09.18 (2)	Evelyn Acuna(SGHS)	5-29
2:09.0 (r)	Diana Figliomeni(SJC) (2:11.24)	6-13
2:09.21 (di)	Renee Durrand(LBHS) (2:09.41)	6-7
2:09.2 (r)	Lauri Mullins(LANTC) (2:11.3)	6-13

1500 METERS.

3:59.43 (2)	Mary Decker(AW/US)	8-13
4:07.13 (2)	Julie Brown(LANTC)	6-29
4:10.39 (3)	Francie Larrieu(PCC/US)	7-17
4:12.9 (2)	Linda Goen(UCLA)	5-11
4:13.4 (3)	Maggie Keyes(MU) (4:14.30)	2-8
4:14.04 (-)	Madeline Manning(ORTC/US)	7-3
4:17.58 (3)	Alice Trumbley(CAL)	5-24
4:17.7 (5)	Monica Joyce(SDS)	5-11

9:24.2 (5)	Mickie Cook(AHS/US)	8-31
9:28.0 (1)	Cindy Schmandt(CAL)	3-23
9:30.3 (1)	Linda Goen(UCLA)	4-12
9:32.92 (8)	Michele Bush(UCLA)	6-15
9:37.5 (4)	Lynne Hjelte(CAL)	4-20
9:41.2 (1)	Peters(Monterey CC)	6-1
9:41.5 (1)	Linda Heinmiller(SMTC)	3-30
9:42.0 (2)	Pam Morris(SMTC)	3-30
9:42.0 (1)	Suzanne Richter(CAL)	4-5
9:42.4 (1)	Kim Schnurpfel(Stan.)	3-22
9:42.6 (2)	Eileen Kraemer(CPSLO)	4-5
9:48.8 (1)	Helki Skaden(EHS)	4-12
9:49.5 (2)	Monica Joyce(SDS)	3-25
9:49.7 (5)	Gina Dyer(USC)	4-20
9:50.3 (1)	Su-Mei Lee(SCRR)	3-16
9:50.4 (6)	Cheryl Flowers(CAL)	4-20
9:52.0 (3)	Kerry Brogan(LAHS)	5-9
9:52.7 (2)	Sheila Ralston(UCLA)	3-1
9:54.2 (1)	Carey Hill(USC)	3-23
9:55.9 (2)	Phyllis Oirlich(WVTC)	5-26
9:56.9 (3)	Wendy Walker(LANTC)	3-16

MARATHON 26 M. 385 Y. [26.2] 42K

2:39:22 (4)	Laurie Binder(KCBQ)	4-21
2:41:01 (6)	Marty Cooksey(Eugene)	8-3
2:43:17 (1-83)	Sue Munday(SJ)	1-28
2:46:44 (9)	Elaine Campo(SB)	4-21
2:47:28 (2)	Linda Van Housen(RC)	1-27
2:48:20 (1-42)	Sue Peterson(NB)	12-9-79
2:49:28 (2-45)	Sue Krenn(SD)	12-9-79
2:49:46 (1-126)	Carol Young(WVTC)	7-8-79
2:50:40 (4-49)	Haney(HI)	12-9-79
2:50:51 (1-92)	Lynn Walker(ARC)	5-4
2:51:07 (4)	Sandra Kiddy(UNA)	1-27
2:53:05 (1-58)	Salley Edwards	9-30-79

Photo by Don Gosney



Michelle Aubuchon

photo by Don Gosney



Kim Schnurpfel lft] & Lynne Hjelte

2:53:46 (3)	Therese Kozlowski(PC Pacers)	1-13
2:55:02 (4)	Yvonne Yankee(SDTC)	1-13
2:55:10 (56)	Judy Gumbs Leydig(WVTC)	12-8-79
2:55:48 (25)	Riley(SD)	4-21
2:56:03 (1-114)	Sue Brusher(WVTC)	12-2-79
2:57:12 (2-161)	Audrey Burns(SD)	5-4
2:57:13 (2-125)	Karen Scannell(PK)	12-2-79
2:57:41 (5-260)	Judith Groombridge	1-27
2:57:50 (3-172)	Lorrie Diedorf	5-4
2:58:03 (6)	Kathy Robertson(LANTC)	12-9-79
2:58:25 (3-138)	Sue Johnson(IMP)	12-2-79
2:58:34 (1-83)	Marilynn Harbin	3-9
2:59:55 (5)	Tish Husak(LB)	1-13

5000 METER WALK.

23:19.1 (1)	Sue Brodock(SCRR)	6-13
24:40.3 (3)	Bonnie Dillon(CY)	6-13
24:41.8 (4)	Esther Lopez(SCRR)	6-13
26:08.4 (2)	Lori Maynard(WS)	5-26
26:16.0 (5)	Vicki Jones(CW)	6-13
26:38.8 (6)	Paula Kash(CW)	6-13
26:41.8 (7)	Diane Uribe(CW)	6-13
27:45.2 (1)	Chris Sakelarios(SCRR)	5-25
28:12.1 (3)	Kathy Curtis(CSH)	5-26
28:32.6 (2)	Jody Hunt(UNA) (SD)	4-19
28:50.2 (1)	Georgla Sakelarios(SCRR)	3-30
29:51.5 (-)	Jane Janousek(SCRR)	4-19
30:23.7 (5)	Toni Evert(SCRR)	4-19
30:37.5 (7)	Heidi Hogan(SCRR)	4-19
31:33.0 (8)	Holly Stevens	4-19

10,000 METER WALK.

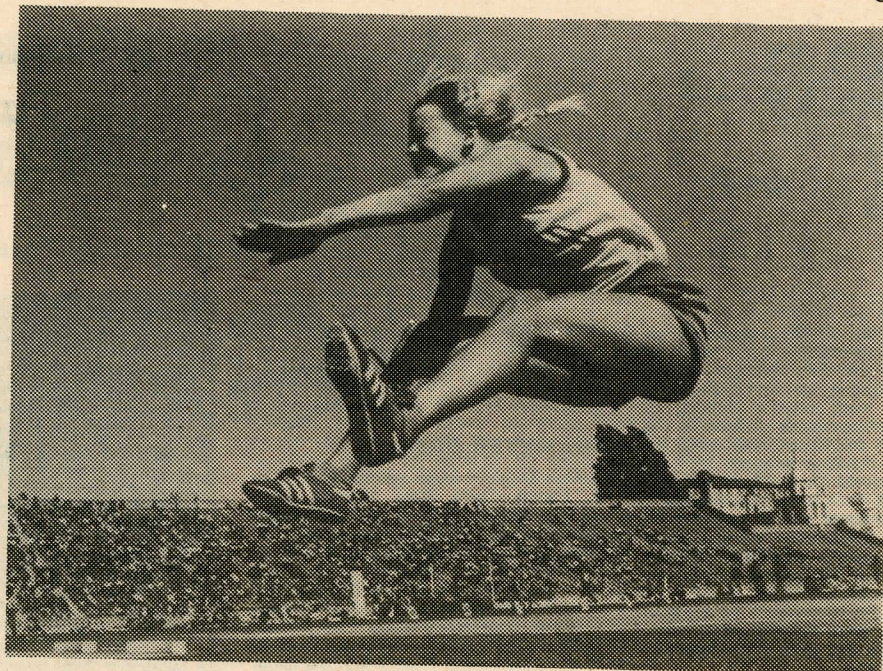
51:01.0 (1)	Sue Brodock(SCRR)	6-15
52:40.6 (3)	Esther Lopez(SCRR)	6-15
55:14 (1)	Vicki Jones(CW)	4-19
55:37 (2)	Diane Uribe(CW)	4-19
56:29.8 (5)	Paula Kash(CW)	6-15
57:55 (3)	Jody Hunt(UNA) (SD)	4-19
58:00.2 (7)	Kathy Curtis(CSH)	6-15
59:28 (4)	Chris Ramirez(SCRR)	4-19
60:48.1 (9)	Jane Janousek(SCRR)	6-15
65:06 (5)	Becky Bresnick(SCRR) (10-11)	4-19
66:44 (6)	Sheila Smith(CW)	4-19

440 RELAY [0.14] M + 0.3 = Y

43.81m (1)	LA Naturite TC (Ave. = 10.95)	6-15
44.10m (SF1)	CS Northridge	5-23
44.52 (1)	All TC	3-22
45.38m (SF1)	CS Los Angeles	5-23
45.81m (1)	Kennedy HS (LA)	6-7
45.7m (1)	Berkeley HS	5-24
45.84m (3)	Berkeley Eastbay TC	6-15
46.06m (2)	LB Poly HS	6-7
46.0m (1)	LA Mercurettes	6-1
46.21m (3)	Fremont HS	6-7
46.23m (4)	DeAnza HS	6-7
46.1m (2)	USC	5-3
46.55m (1)	Alameda CC	5-31
46.71m (2)	San Jose CC	6-1
46.85m (1)	UCLA	3-8
47.0m (1)	San Diego Mesa	5-17
47.3 (-)	Kennedy HS (Sac.)	
47.3 (-)	Cordova HS	
47.15m (3)	San Diego State	4-19
47.22m (2)	CS Long Beach	3-23
47.25m (5)	CS Bakersfield	4-19
47.65 (1)	Cajon HS	5-17
47.49m (1)	Long Beach Comets	3-30
47.7 (1)	Manual Arts HS	5-2

880 MEDLEY RELAY [110,110,220,440] m + 0.5 = Y

1:37.40m (1)	All TC	6-15
1:38.4m (1)	CS Los Angeles	5-23
1:39.06m (2)	LA Naturite TC	6-15



Marlene Harmon

photo by Dave Stock

2 MILE RELAY 4x880 m + 3.2 = y

8:32.3m (1)	LA Naturite TC (Ave. = 2:08.1)	6-13
8:36.4m (3)	San Jose Cindergals	6-13
8:41.64 (1)	UCLA	5-24
8:47.7m (1)	LA Mercurettes	4-19
8:53.2m (1)	California (UCB)	4-5
8:57.0m (3)	CS Northridge	4-19
9:05.6 (1)	CPSLO	3-15
9:21.8m (2)	KBCQ	3-8
9:16.4m (5)	UC Santa Barbara	4-19
9:17.1m (6)	CS Bakersfield	4-19
9:22.0 (2)	West Valley TC	3-22
9:25.8 (4)	CS Hayward	4-5
9:26.5 (2)	Santa Monica TC	3-15
9:29.4 (1)	CS Sacramento	4-12
9:31.6 (4)	CPSLO-B	3-15
9:30.7m (3)	San Diego State	3-30
9:37.8 (1)	Berkeley HS	4-5
9:41.1 (1)	Manual Arts HS	3-22
9:43.6m (1)	Orange Coast CC	4-3
9:53.49 (2)	UC Davis	5-10
9:55.3 (5)	Glendale CC	3-15
9:52.5m (2)	Thousand Oaks HS	4-17
9:57.4 (1)	Alemany HS	5-3
9:57.7 (2)	Castro valley HS	4-5
10:00.4m (3)	University HS (Irvine)	4-17

DISTANCE MEDLEY RELAY

[440,880,1320,Mile]

12:04.3 (1)	Fountain Valley HS	4-12
12:05.8 (2)	Alemany HS	4-12
12:07.8 (1)	Santa Barbara HS	4-17
12:09.0 (2)	Edison HS	4-17
12:23.7 (5)	Foothill HS	4-12
12:24.9 (1)	Glendale CC	4-17
12:26.3 (3)	Miramonte HS	4-5
12:26.3 (3)	Thousand Oaks HS	4-17
12:30.6 (2)	Orange Coast CC	4-17
12:33.2 (2)	Oakland HS	4-5
12:33.2 (2)	Oakland HS	4-5

HIGH JUMP.

6-5½ (1)	Debbie Brill(PCC/Canada)	7-20
6-4¼ (1)1	Joni Huntley(PCC) (6-1)	2-8
6-3 (2)	Pam Spencer(LANTC)	5-11
6-1 (p)	Cindy Gilbert(UNA) (QF)	6-21
6-0 (1)	Sue McNeal(CHS)	
6-0 (1)	Karen Lysaght(STHS)	6-7
6-0 (4)	Karl Gossweiler(LANTC)	6-23
5-11½ (1)	Winlock	1-26
5-11 (6)	Anne Erpenbeck(Drake)	3-8
5-10½ (p)	Luanne Morris(P. DC)	3-23
5-10½ (p)	Jodi Anderson(LANTC)	6-21
5-10½ (p)	Jane Frederick(UNA) (SB)	6-21
5-10 (1)	Linda Saja(LAPHS)	4-12
5-10 (1)	Ether Scherzinger(Cypress CC)	4-12
5-10 (2)	Phyllis Bluntson(EI Camino CC)	4-12
5-10 (1)	Lisa Greenfield(RHS)	5-31
5-10 (2)	Tonya Mendonca(MWHS)	6-7
5-9 5/8 (1)	Stahl(SFHS)	5-30
5-9½ (1)	Kathy Raugust(Hartnell CC)	6-1
5-9½ (p)	Joan Russell(P. DC)	6-21
5-9¼ (-)	Trisha King(M/A HS)	
5-9¼ (5)	Chandra Roberts(CHS)	7-
5-9 (1)	Chris Remmling(UCLA)	3-30
5-9 (6)	Tonya Alston(UCLA)	4-4
5-9 (1)	Patty Stafford(SDS)	4-12
5-9 (1)	Teri McCunniff(NHHS)	4-17
5-9 (6)	Patsy Walker(ACA)	5-11
5-9 (-)	Cheryl Bishop(BHS)	6-6
5-9 (1)	Disa Gisladdottir(WVTC)	5-26

LONG JUMP.

22-11¾ (1)	Jodi Anderson(LANTC)	6-28
21-1½ (Q12)	Jennifer Innis(ALI)	7-30
20-10¼w (5)	Gwen Loud(LAM (20-3½))	6-28
20-8¾ (1)	Marlene Harmon(TOHS)	6-7
20-8¾w (7)	Sandy Crabtree(CI) (20-6½)	6-28
20-7¾ (1)	LaNessa Jones(UNLV)	5-3
20-7¾w (1)	Sandy Myers(CSUN) (19.8¼)	5-29

DISCUS THROW

207-5 (1)	Lorna Griffin(ACA)	
183-11 (3)	Leslie eniz(GHS) (178-8)	7-3
181-7 (4)	Helene Connell(ACA)	3-22
180-8 (2)	Jan Svendsen(WSS, AC)	5-31
177-2 (Q4)	Gale Zaphiropoulos(CAL)	6-28
176-0 (3)	Lisa Vogelsang(UNA)	6-29
170-0 (-)	Monette Branson(LANTC) (162-3)	
165-2 (1)	Lucette Moriau(Army)	5-26
161-4 (7)	Leslie Hoerner(CI)	5-23
160-4 (4)	Ramona Pagel(CI)	5-31
160-2 (-)	Laura DeSnoo(WHS) (149-7)	
159-11 (4)	Dana Olson(USC)	4-20
154-5 (1)	Wendy Robinson(CS Chico)	5-10
151-4 (5)	Susan Springer(CAL)	4-5
150-7 (1)	Linda Toman(UCI)	3-15
150-7 (2)	Donna Hollingworth(CHS)	6-7
150-3 (2)	Terrle Grudzinskas(LANTC)	6-6
147-9 (-)	Sue Compton(MHS) (143-0)	
144-1 (1)	Gord(Butte CC)	6-1
143-5 (-)	Dasse(SDS) (135-3)	
143-4 (1)	Greer(RHS)	5-6
142-11 (Q3)	Mel Rodriguez(MHS)	6-6
142-7 (-)	Liz Mueller(VHS) (141-11)	
141-6 (-)	Caroline Perkins(WHS) (129-11)	
141-1 (2)	Karen Stampfl(CSUN)	4-26

JAVELIN THROW.

212-6 (1)	Karin Smith(SCM/ACA/US)	8-10
207-4 (2)	Kate Schmidt(PCC)	6-24
181-3 (3)	Mary Osborne(Stanford)	6-24
176-8 (-)	Cathy Sullinski(SC Chico) (172-2)	
174-10 (1)	Sherry Calvert(CI)	5-31
173-11 (1)	Jacque Nelson(CSLB)	5-24
173-1 (1)	Linn Dunton(KCBQ)	3-8
167-6 (1)	Donna Mayhew(Glen. CC)	6-1
155-4 (1)	Barbara Whitfield(ML)	3-22
154-10 (2)	Nadine Bowers(Hartnell CC)	6-11
154-6 (3)	Lisa Van Benthem(USC)	5-18
152-6½ (2)	Debbie Dibb(SDS)	4-12
152-4 (3)	Dana Olson(UCLA)	4-26
151-3 (-)	Carrie Camarrig(CSLB) (145-4)	
149-9 (2)	Barbara Moro(LANTC)	3-16
149-6 (1)	Deena Bernstein(CI)	2-10
148-6 (3)	Barnes(Fresno CC)	6-1
145-8 (1)	Raedean Rona(CPP)	4-12
145-2 (2)	Monica Stotenburg(KCBQ)	6-8
144-8 (5)	Charm Bishop(USC)	4-26
143-5 (3)	Cathy Corr(MU)	4-20
142-2 (1)	Smith(UNA)	6-6
141-9 (2)	Washington(WLA)	5-3
138-5 (6)	Kathy Nelson(UNA)	4-20
136-9 (3)	Wheeler(SBCC)	5-3

PENTATHLON 100MG, SP-4K, HJ, LJ, 800 [HT + 40PTS = AUTO]

4651 (1)	Jodi Anderson(LANTC)	6-21
13.85, 44-0, 5-10½, 21-8¼, 2:11.42		
4346 (2)	Marlene Harmon(LANTC)	7-16
13.83, 33-4¾, 5-8½, 20-6, 2:10.17		
4199 (2)	Marilyn King(ML)	6-21
14.2, 42-11¼, 5-7, 19-6¼, 2:23.73		
4069 (5)	Cindy Gilbert(UNA)	6-21
15.81, 38-7, 6-1, 18-8½, 2:20.38		
4058 (6)	Joan Russell(UNA)	6-21
14.97, 36-3½, 5-9½, 18-3¾, 2:15.99		
3966 (10)	Cindy Banks(Golden Bear TC)	6-21
14.81, 42-1½, 5-5¾, 17-10½, 2:24.07		
3950 (2)	Patsy Walker(UNA)	5-17
3927 (1)	Sharon Hatfield(CI)	6-8
14.89, 35-5¼, 5-7½, 17-10¼, 2:19.33		
3899 (1)	Tonya Alston(UCLA)	4-25
14.49, 41.2½, 5-8¼, 18-1¾, 2:39.40		
3862 (11)	Jenny Stary(PC)	6-21

44.10m (SF1)	CS Northridge	5-23
44.52 (1)	All TC	5-23
45.38m (SF1)	CS Los Angeles	5-23
45.81m (1)	Kennedy HS (LA)	6-7
45.7m (1)	Berkeley HS	5-24
45.84m (3)	Berkeley Eastbay TC	6-15
46.06m (2)	LB Poly HS	6-7
46.0m (1)	LA Mercurettes	6-1
46.21m (3)	Fremont HS	6-7
46.23m (4)	DeAnza HS	6-7
46.1m (2)	USC	5-3
46.55m (1)	Alameda CC	5-31
46.71m (2)	San Jose CC	6-1
46.85m (1)	UCLA	3-8
47.0m (1)	San Diego Mesa	5-17
47.3 (-)	Kennedy HS (Sac.)	
47.3 (-)	Cordova HS	
47.15m (3)	San Diego State	4-19
47.22m (2)	CS Long Beach	3-23
47.25m (5)	CS Bakersfield	4-19
47.65 (1)	Cajon HS	5-17
47.49m (1)	Long Beach Comets	3-30
47.7 (1)	Manual Arts HS	5-2

**880 MEDLEY RELAY [110,110,220,440]
m + 0.5 = Y**

1:37.40m (1)	All TC	6-15
1:38.4m (1)	CS Los Angeles	5-23
1:39.06m (2)	LA Naturite TC	6-15
1:39.9m (SF4)	CS Northridge	5-22
1:40.6 (1)	California(UCB)	5-11
1:40.9 (2)	KCBO	5-11
1:40.83m (2)	LA Mercurettes-A	6-17
1:40.7m (SF5)	UCLA	5-22
1:42.8m (2)	LA Mercurettes-B	5-22
1:42.94m (3)	BEBTC (JW)	6-17
1:43.8 (1)	Club International	6-8
1:44.9m (1)	Long Beach Comets	4-20
1:45.4 (1)	Manual Arts HS	6-23
1:45.59 (3)	USC	4-25
1:45.20m (1)	Fremont HS	5-30
1:45.7m (2)	San Diego Cougars-A	4-20
1:45.8m (3)	LA Cougars	3-16
1:46.58 (2)	CS Bakersfield	4-20
1:47.39m (1)	Cerritos CC	5-10
1:47.49m (3)	UC Santa Barbara	4-20
1:47.4m (1)	Bakersfield CC	4-17
1:48.22 (5)	CS Long Beach	4-25
1:47.9m (2)	San Diego Mesa	4-3
1:47.9m (1)	Muir HS	4-17
1:48.05m (3)	Jefferson HS	5-30

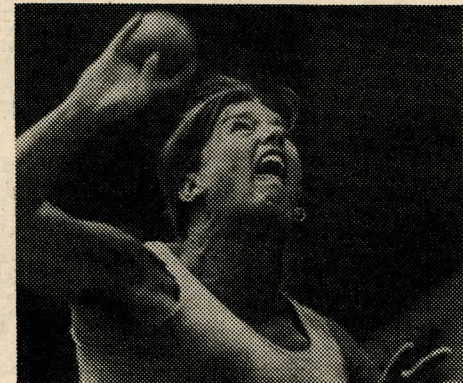
MILE RELAY 4x440 m + 1.2 = Y

3:34.16m (1)	All TC (Ave. = 53.54)	6-14
3:37.70 (2)	UCLA	5-24
3:37.98m (1)	Kennedy HS (LA)	6-7
3:39.83m (2)	LB Poly HS	6-7
3:41.27 (SF3)	CS Northridge	5-22
3:42.5 (1)	LA Naturite TC	6-8
3:41.61m (1)	California (UCB)	4-5
3:43.5 (1)	LA Mercurettes	2-23
3:42.79m (3)	Manual Arts HS	6-7
3:44.60 (4)	BEBTC (JW)	6-17
3:46.7m (1)	Berkeley HS	
3:49.66m (2)	Thousand Oaks HS	5-29
3:50.64 (1)	West Valley TC	6-1
3:50.55m (4)	Fremont HS	6-7
3:50.90m (3)	North Torrance HS	5-29
3:51.05m (4)	Cajon HS	5-29
3:51.11m (1)	Cerritos CC	5-24
3:53.0 (1)	San Jose CC	4-12
3:51.98m (5)	Pasadena HS	5-29
3:52.1m (3)	UC Santa Barbara	4-26
3:52.44m (1)	CS Sacramento	5-10
3:52.4m (4)	Cal Poly San Luis Obispo	4-26
3:53.2m (1)	Orange Coast CC	4-17
3:54.74 (-)	San Diego State	
3:54.91 (3)	USC	4-26

9:17.7m (6)	CS Bakersfield	4-19
9:22.0 (2)	West Valley TC	3-22
9:25.8 (4)	CS Hayward	4-5
9:26.5 (2)	Santa Monica TC	3-15
9:29.4 (1)	CS Sacramento	4-12
9:31.6 (4)	CPSLO-B	3-15
9:30.7m (3)	San Diego State	3-30
9:37.8 (1)	Berkeley HS	4-5
9:41.1 (1)	Manual Arts HS	3-22
9:43.6m (1)	Orange Coast CC	4-3
9:53.49 (2)	UC Davis	5-10
9:55.3 (5)	Glendale CC	3-15
9:52.5m (2)	Thousand Oaks HS	4-17
9:57.4 (1)	Alemany HS	5-3
9:57.7 (2)	Castro valley HS	4-5
10:00.4m (3)	University HS (Irvine)	4-17

**DISTANCE MEDLEY RELAY
[440,880,1320,Mile]**

12:04.3 (1)	Fountain Valley HS	4-12
12:05.8 (2)	Alemany HS	4-12
12:07.8 (1)	Santa Barbara HS	4-17
12:09.0 (2)	Edison HS	4-17
12:23.7 (5)	Foothill HS	4-12
12:24.9 (1)	Glendale CC	4-17
12:26.3 (3)	Miramonte HS	4-5
12:26.3 (3)	Thousand Oaks HS	4-17
12:30.6 (2)	Orange Coast CC	4-17
12:33.2 (2)	Oakland HS	4-5
12:33.7 (1)	Buena HS	4-5
12:42.2 (2)	Grossmont CC	4-3
12:45.5 (3)	Berkeley HS	4-5
12:45.6 (4)	Castro Valley HS	4-5
12:51.2 (4)	West Torrance HS	4-17
12:52.7 (5)	Mission HS (SJ)	4-5
12:54.2 (2)	Dos Pueblos HS	3-22
12:59.0 (1)	Costa Mesa HS	5-3
12:59.2 (3)	Oxnard HS	3-22
12:59.7 (3)	Cerritos CC	4-3



Maren Seidler

**4 MILE RELAY
4x1 Mile 6000 M + 1:20 = Y**

21:14.2 (1)	Alemany HS (Ave. = 5:18.6)	4-19
20:06.3m (1)	Orange Coast CC	4-17
21:46.5 (2)	Palos Verdes HS	4-19
20:28.3m (2)	Glendale CC	4-17
22:16.5 (2)	Chatsworth HS	3-22
22:24.9 (3)	Newbury Park HS	3-22
21:06.1m (1)	Arcadia HS	4-17
22:40.7 (3)	Helix HS	4-19
21:37.4m (3)	Ventura CC	4-17
22:06.2m (2)	Claremont HS	4-17
22:13.8m (3)	Eisenhower HS	4-17
22:17.0m (4)	Thousand Oaks HS	4-17
23:44.8 (4)	Mt. Carmel HS	4-19

5-10 (1)	Luanne Morris(MC)	3-23
5-10 (2)	Jodi Anderson(LANTC)	6-21
5-10 (2)	Jane Frederick(UNA) (SB)	6-21
5-10 (1)	Linda Saja(LAPHS)	4-12
5-10 (1)	Esther Scherzinger(Cypress CC)	4-12
5-10 (2)	Phyllis Bluntson(EI Camino CC)	4-12
5-10 (1)	Lisa Greenfield(RHS)	5-31
5-10 (2)	Tonya Mendonca(MWHS)	6-7
5-9 5/8 (1)	Stahl(SFHS)	5-30
5-9 1/2 (1)	Kathy Raugust(Hartnell CC)	6-1
5-9 1/2 (p)	Joan Russell(P. DC)	6-21
5-9 1/4 (-)	Trisha King(M/A HS)	
5-9 1/4 (5)	Chandra Roberts(OHS)	7-
5-9 (1)	Chris Remmling(UCLA)	3-30
5-9 (6)	Tonya Alston(UCLA)	4-4
5-9 (1)	Patty Stafford(SDS)	4-12
5-9 (1)	Teri McCunniff(NHHS)	4-17
5-9 (6)	Patsy Walker(ACA)	5-11
5-9 (-)	Cheryl Bishop(BHS)	6-6
5-9 (1)	Disa Gisladdotter(WVTC)	5-26

LONG JUMP.

22-11 3/4 (1)	Jodi Anderson(LANTC)	6-28
21-1 1/2 (Q12)	Jennifer Innis(ALI)	7-30
20-10 3/4 w (5)	Gwen Loud(LAM 20-3 1/2 l)	6-28
20-8 3/4 (1)	Marlene Harmon(TOHS)	6-7
20-8 3/4 w (7)	Sandy Crabtree(CI) (20-6 1/2 l)	6-28
20-7 3/4 (1)	LaNessa Jones(UNLV)	5-3
20-7 3/4 w (1)	Sandy Myers(CSUN) (19-8 1/4 l)	5-23
20-4 3/4 w (5)	Martha Watson(CI) (20-2 1/2 l)	5-11
20-4 1/2 (Q1)	Karen Taylor(CSUN)	5-22
20-4 (1)	Vicki Betts(CI)	5-11
20-1 3/4 w (1)	Lisa Gourline(UCLA) (19-10 3/4 l)	3-29
20-1 1/2 (1)	Pam Donald(Stanford)	4-12
20-0 3/4 (1)	Veronica Bell(SCC)	6-1
19-11 3/4 (2)	Kathy Haynes(USC)	5-11
19-10 1/2 (2)	Cende Mills(Tex. Tech.) (19-10 l)	3-15
19-10 1/2 w (1)	Melanie markham(DHS) (19-2 1/2 l)	3-22
19-10 1/4 (3)	Judy Rejebian(CI)	5-11
19-9 3/4 (2)	Joanna Harper(FHS)	7-19
19-9 (p)	Marilyn King(ML)	6-8
19-8w (1)	Sherifa Sanders(BHS) (19-3 1/4 l)	4-12
19-8 (2)	Yvette Evans(LAM)	6-8
19-7 3/4 (4)	Kerry Zwart(USC)	5-11
19-7 1/2 (3)	Carrie McLaughlin(SDS)	4-25
19-5 (2)	Jewel Lovelady(SD Mesa)	5-24
19-4 3/4 (1)	Chandra Roberts(CHS)	4-12

**SHOT PUT 4 Kilo [8 lbs. 13 oz.]
8 lbs. + 2' = 4K**

59-5 (1)	Maren Seidler(SJ Stars)	5-17
53-10 1/2 (2)	Lorna Griffin(ACA)	6-14
52-6 1/4 (2)	Kathy Devine(Tex. TC)	4-4
50-10 (1)	Melody Rose(ALI)	6-1
49-7 1/4 (Q5)	Emily Dole(CSLB)	5-23
49-5 (2)	Heidi Kautl(UCLA)	4-25
49-0 1/4 (6)	Ramona Pagel(CI)	6-13
48-11 3/4 (1)	Susie Ray(VPHS)	5-29
48-10 1/2 (-)	Rosarios Ramos(Colorado)	
48-4 1/2 (1)	Natalie Kaalia Wahia(FHS)	6-7
49-9 3/4 (1)	Sharon amilton(SMHS) (45-2 1/4 l)	
47-8 1/2 (p)	Jane Frederick(UNA) (SB)	6-21
46-9 (3)	Debbie Pryor(ASU)	4-19
47-10 1/2 (1)	Leslie Deniz(GHS) (44-8 1/2 l)	
45-10 1/2 (p)	Kerry Zwart(USC)	6-8
45-6 (2)	Helene Connell(ACA)	5-25
45-4 1/4 (1)	Erickson(Shasta CC)	6-1
44-11 1/2 (p)	Cindy Banks(CALA)	5-21
44-11 1/2 (2)	Peggy Pollock(DeAnza CC)	6-1
44-9 (1)	Zapp	12-29-79
44-9 (4)	Yolanda Fletcher(CHS)	6-7
44-7 (2)	Amborn(COC)	3-28
44-6 3/4 (4)	Dana Olson(USC)	3-8
44-2 1/4 (1 l)	Lynn Richardson(Southern)	12-8-79
44-2 1/4 (5)	Deborah Corley(GHS)	6-7
44-1 1/2 (5)	Cheryl Kennedy(UCLA)	5-18
44-1 1/2 (6)	Mel Rodrigues(MHS)	6-7

145-2 (2)	Monica Stotenberg(KCBQ)	6-8
144-8 (5)	Charm Bishop(USC)	4-26
143-5 (3)	Cathy Corr(MU)	4-20
142-2 (1)	Smith(UNA)	6-6
141-9 (2)	Washington(WLA)	5-3
138-5 (6)	Kathy Nelson(UNA)	4-20
136-9 (3)	Wheeler(SBBC)	5-3

PENTATHLON 100MG, SP-4K, HJ, LJ, 800 [HT + 40PTS = AUTO]

4651 (1)	Jodi Anderson(LANTC)	6-21
	13.85, 44-0, 5-10 1/2, 21-8 1/4, 2:11.42	
4346 (2)	Marlene Harmon(LANTC)	7-16
	13.83, 33-4 3/4, 5-8 1/2, 20-6, 2:10.17	
4199 (2)	Marilyn King(ML)	6-21
	14.2, 42-11 1/4, 5-7, 19-6 1/4, 2:23.73	
4069 (5)	Cindy Gilbert(UNA)	6-21
	15.81, 38-7, 6-1, 18-8 1/2, 2:20.38	
4058 (6)	Joan Russell(UNA)	6-21
	14.97, 36-3 1/2, 5-9 1/2, 18-3 3/4, 2:15.99	
3966 (10)	Cindy Banks(Golden Bear TC)	6-21
	14.81, 42-1 1/2, 5-5 3/4, 17-10 1/2, 2:24.07	
3950 (2)	Patsy Walker(UNA)	5-17
3927 (1)	Sharon Hatfield(CI)	6-8
	14.89, 35-5 1/4, 5-7 1/2, 17-10 1/4, 2:19.33	
3899 (1)	Tonya Alston(UCLA)	4-25
	14.49, 41-2 1/2, 5-8 1/4, 18-1 3/4, 2:39.40	
3862 (11)	Jenny Stary(PC)	6-21
	15.7, 40-5 1/4, 5-3 1/2, 18-8 1/2, 2:21.97	
3801 (1)	Kerry Zwart(USC)	3-30
	15.54, 44-3 1/2, 5-5, 17-5 1/2, 2:34.5	
3761 (2)	Luanne Morris(UCSB) (3788)	3-23
	15.13, 31-2 1/2, 5-10 1/2, 17-4, 2:26.9	
3733 (3)	Carrie McLaughlin(SDS)	4-25
3635 (13)	Kathy Raugust(Hartnell)	6-8
3630 (5)	McBlain	3-22
	15.19, 34-11 1/4, 4-11 1/4, 17-2 1/4, 2:20.0	
3575 (2)	Laura Mills(UHS)	4-26
	14.52, 32-11 3/4, 5-3 1/2, 17-8 3/4, 2:40.5	
3519 (6)	Terri Mulligan(CPSLO)	5-17
3488 (3)	Linda Soja(LAPHS)	4-26
	16.25, 34-2, 5-9 1/4, 17-6 1/4, 2:47.5	
3444 (4)	Karen Taylor(CSUN)	4-26
	14.6, 28-0 3/4, 4-3 1/4, 19-3 1/4, 2:22.8	
3416 (4)	Gigi Hurley(ML)	6-8
	15.66, 34-7, 5-2 1/2, 17-1 1/4, 2:40.68	
3408 (7)	Deeiree Gauthier(CI)	5-17
3391 (8)	Chris DeBola(CPSLO)	5-17
3381 (4)	Yolanda Fletcher(CHS)	4-26
	16.09, 41-7 3/4, 4-7 1/4, 18-3 1/4, 2:42.1	
3357 (6)	Linda Hightower(UCSB)	3-22
	15.17, 29-8 1/4, 4-11 1/4, 15-8, 2:22.3	
3306 (7)	Tracy Hightower(UCI) (3328)	3-22
	15.88, 25-7 1/4, 5-3 1/2, 16-0 1/4, 2:25.2	

HEPTATHLON [7 events] 100MG SP-4K, HJ, 200/LJ, JT, 800

5143 (2)	Sharon Hatfield(CI/US)	8-30
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DECATHLON [10 events] 100M, LJ, SP-4K, HJ, 400, 10MH, KT, PV, JT, 1500

6556 (1)	Jane Stary(PC)	7-19/20
5995 (2)	Joan Russell(SB)	7-19/20
5854 (3)	Linda Hightower(SB)	7-19/20
5442 (4)	Debbie Gelvin(VHS)	7-19/20
5409 (5)	Lynn Wingle(CHS)	7-19/20
5369 (6)	Diane Spangler(Glendale)	7-19/20
4390 (7)	Valerie Thorpe(Woodland Hills)	7-19/20
4248 (8)	Monica Bednar(Canoga Park)	7-19/20
4127 (9)	Cindy Collins(SB)	7-19/20
3557 (10)	Iris Cohen(Canoga Park)	7-19/20
	(-) Sylvia Quirk(Vista)	7-19/20

photo by Dave Stock

MASTERS SCENE

by Marty Higginbotham

The 4th Annual Pan American Masters Championships held August 16-17 at U.S.C. was with-out-a-doubt the most high class competitive masters meet of the year. Thirteen new American and world marks were established along with eighty-nine new meet records. Fantastic performances were turned in by numerous California athletes.

In what was the meet's most exciting race, George Cohen of Los Angeles upset Ernie Billups of Chicago to set a new American age 40-44 800 meter record of 1:54.9. However, the next day Billups came back in the 1500 running 4:00.1 to smash his own American record. Adding to the prestige of this meet was the entrance of Lee Evans in the 400 meters. Meet director Hilliard Sumner personally invited the 33 year old Evans to compete for the first time in a masters meet. Evans blazed to a superb 46.5 and came back to win the 200 meters in 22.28. Evans still holds the world 400 mark at 43.8.

Californian Bob Hunt established a world mark of 17.3 in the 110 meter hurdles. He also received the trophy for top athlete in the 60-64 division. Win McFadden of San Diego was voted top

performer in the 75-79 category as he extended his own triple jump mark of 26-10 3/4 to 28-2 3/4. Paul Spangler of San Luis Obispo broke his own 80+ 5000 meter world mark with a clocking of 24:57.3. He also won his division in the 800, 1500 and 10,000 and was voted top performer for the 80+ category.

San Diego's Marilla Sallsbury bettered her own world 70-74 standards in the 200, 400 and 800 meters, but the best female 70-74 athlete award went to Bess James of San Jacinto who smashed her own world 1500 mark by running 8:31.0, her old record was 8:38.5.

Twenty seven competitors came from South Africa, and sixteen came from Mexico to give the meet some international competition.

In all it was a highly competitive meet and a huge success. Hilliard Sumner should be commended on a fine job and an excellent track meet.

Now the big switch in "The Masters Scene" over to cross country and road racing as most track action has wound down to an end - except for the World Games in New Zealand in January. Stay tuned!

photo by Marty Higginbotham

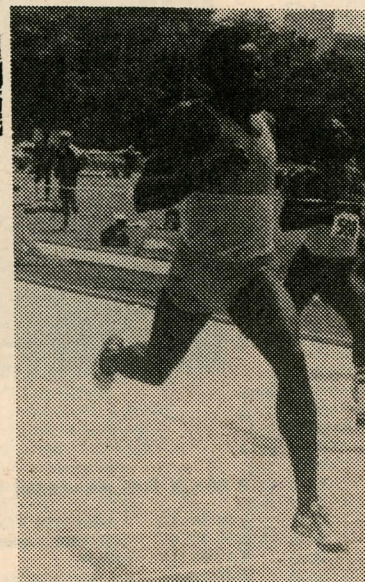


Three Pan Am winners: left to right- Tom Patsalis 55-59 triple jump and 110 hurdles; Dave Brown 55-59 pole



Home Savings - Southern California Striders Pan American Masters Track & Field Championships

August 16-17
University of Southern California
Los Angeles



Lee Evans

photo by Liz Daguon/Home Savings

Spangler (CA) 3:38.6. **Women 30-39:** 1. Wanda Powell (CA) 2:42.4; 2. Ramsy Huseny 3:29.0. **Women 40-49:** 1. Jillian Conradie (SA) 2:24.6 MR; 2. Fay Hobbs (CA) 2:31.5; 3. Jennifer Wright (CA) 2:35.4. **Women 50-59:** 1. Adele Millicevic (AZ) 3:10.5; 2. Martha Fairbank (CA) 3:47.2. **Women 60-69:** 1. Alice Werbel (CA) 3:49.0 MR. **Women 70-79:** 1. Marilla Sallsbury (CA) 5:25.4 WR.

1500 METER RUN:

Men 30-39: 1. Bruce Williams (NV) 4:05.4; 2. Reynaldo Corona (CA) 4:09.6; 3. Joe Evanish (CA) 5:23.3. **Men 35-39:** 1. Williams Mogheregi (SA) 4:04.7 MR; 2. Ken Kohon (CA) 4:10.3; 3. Otilio Corona (MX) 4:14.3; 4. Bruce Kostin (CA) 4:26.2; 5. Bob Smith (CA) 5:50.4. **Men 40-44:** 1. Ernie Billups (IL) 4:00.1 AR; 2. George Cohen (CA) 4:14.3; 3. Perry Leary (SA) 4:17.6; 4. Mel Elliot (CA) 4:21.5; 5. Jim Murphy (CA) 4:21.5; 6. Andries Conradie (SA) 4:46.2. **Men 45-49:** 1. Pete Richardson (CA) 4:27.1 MR; 2. Jerry Lewis (NY) 4:28.6; 3. Cliff Pauling (CA) 4:28.9; 4. Bill Gaedke (NM) 4:29.1; 5. John Harper (CA) 5:24.0. **Men 50-54:** 1. Walt Atcheson (CA) 4:39.4; 2. Tracy Brown (CA) 4:48.2; 3. Louis Beadle (CA) 5:07.6. **Men 55-59:** 1. Avery Bryant (CA) 4:55.2; 2. Harold Daughters (CA) 5:23.4. **Men 60-64:** 1. George Polynis (CA) 5:54.1. **Men 65-69:** 1. Ed Stotsen (CA) 5:07.1 MR. **Men 70-74:** 1. Sid Madden (CA) 6:00.2 MR; 2. Walt Frederick (CA) 7:01.5; 3. Alfred Guth (CA) 7:45.1. **Men 75-79:** 1. Willard Benton (CA) 6:56.6; 2. Nat Plsciotta (CA) 7:41.2. **Men 80+:** 1. Paul Spangler (CA) 6:55.8. **Women 30-39:** 1. Ramsey Huseny (CA) 5:14.5. **Women 40-49:** 1. Jillian Conradie (SA) 5:04.8; 2. Chris Rompanen (CA) 5:10.3; 3. Jennifer Wright (CA) 5:14.5; 4. Vicki Bigelow (CA) 5:17.9. **Women 50-59:** 1. Adele Millicevic (AZ) 6:26.2; 2. Jaclyn Caselli (CA) 6:39.9; 3. Diana Smith (CA) 8:14.5. **Women 60-69:** 1. Alice Werbel (CA) 7:31.0 MR. **Women 70-79:** 1. Bess James (CA) 8:31.0 WR; 2. Marilla Sallsbury (CA) 10:21.1.

400 METER RUN:

Men 30-34: 1. Lee Evans (CA) 46.5 MR; 2. Hillard Sumner (CA) 48.0; 3. Reggie Davis (CA) 50.2; 4. Willie Bogan (CA) 50.5; 6. Glenn Johnson (CA) 50.7. **Men 35-39:** 1. Matt Pruitt (CA) 51.3; 2. Robert Hunter (CA) 54.3; 3. Frank Little (CA) 54.5. **Men 40-44:** 1. Jim Burnett (IL) 49.6 AR; 2. Leon Hacker (SA) 51.6; 3. Gary Miller (CA) 52.6; 4. Larry Chavez 56.0; 5. Bob Jones 56.4; 6. Tom Woodring (CA) 59.4. **Men 45-49:** 1. Cliff Pauling (NY) 53.8; 2. Pieter Van Zyl (SA) 57.1; 3. Bruce Springbett (CA) 59.5; 4. Pete Alexander (CA) 63.4. **Men 50-54:** 1. Don Cheek (CA) 55.1; 2. Don Jackson (CA) 57.0; 3. Gene Hart (CA) 57.4; 4. Oswald Dawkins (CA) 57.4; 5. Charles Rice (AZ) 57.5. **Men 55-59:** 1. Dick Stolpe (NM) 57.9 MR; 2. Wilbur Buchanan (CA) 60.1; 3. Tom Clayton (CA) 60.3. **Men 60-64:** 1. Henry Fairbank (CA) 62.3 MR; 2. Bob Hunt (CA) 62.7; 3. Clarence Killion (CA) 65.5; 4. Bill Fairbank (CA) 69.2; 5. Paul Ganahl (CA) 70.4. **Men 65-69:** 1. Harry Koppel (CA) 64.5; 2. John Satti (CA)

100 METER DASH:

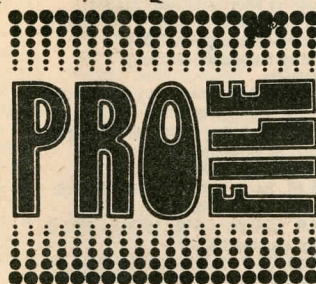
Men 30-34: 1. Mike Jackson (CA) 11.0; 2. Reggie Davis (CA) 11.1; 3. Cliff Jackson (MO) 11.2; 4. Glenn Johnson (CA) 11.3; 5. Tom Coleman (CA) 11.3. **Men 35-39:** 1. Ruben Whitney (TX) 11.0; 2. Walt Butler (CA) 11.1; 3. Sam Robinson (CA) 11.3; 4. Paul Dungan (OR) 11.4; 5. Joe Leserwane (SA) 11.5. **Men 40-44:** 1. Doug Smith (CA) 11.1; 2. Leon Hacker (SA) 11.1; 3. Lewis Smith (CA) 11.6; 4. Joe Moony 11.8; 5. Abdala Salim (CA) 11.9; 5. Robert Jones 12.6. **Men 45-49:** 1. Marion Sanchez (CA) 12.2; 2. Roy Williams (NZ) 12.2; 3. Monty Hacker (SA) 12.3; 4. Percy Knox (CA) 12.3; 5. Dan Barrows (CA) 12.7. **Men 50-54:** 1. Jose Tenreiro (MX) 12.1; 2. Dick Marlin (CA) 12.1; 3. Don Cheek (CA) 12.6; 4. Bob Watanabe (CA) 12.6; 5. Tom Twit-chell (IL) 12.9; 6. Gene Harte (CA) 13.3. **Men 55-59:** 1. Dick Stolpe (NM) 12.5; 2. Tom Patsalis (CA) 12.7; 3. Pete Fetter (CA) 13.2; 4. Nori Millicevic (AZ) 13.2; 5. Albert Johnson (OR) 13.4; 6. Don Watt (CA) 13.7. **Men 60-64:** 1. Clarence Killion (CA) 13.4; 2. Al Guidet (CA) 13.5; 3. Henry Fairbank (CA) 13.9; 4. Byron Walls (CA) 14.1; 5. Erich Jordan (CA) 16.6. **Men 65-69:** 1. Harry Koppel (CA) 13.4; 2. John Satti (CA) 13.5; 3. Louis Craig (SA) 16.3; 4. Phil Carey (CA) 16.8. **Men 70-74:** 1. Fred Reid (SA) 13.7 MR; 2. Anthony Castro (CA) 14.1; 3. Joe Caruso (CA) 14.3; 4. A. Puglizevich (CA) 16.2; 5. Lucian Salazar (CA) 22.2. **Men 75-79:** 1. Lamar Jackson (CA) 15.7; 2. Win McFadden (CA) 15.7; 3. Willard Benton (CA) 21.0; 4. R. Turna 23.9. **Women 30-39:** 1. Eileen Watson (NC) 13.0 MR; 2. Barbara Ellner (CA) 16.0. **Women 40-49:** 1. Irene Obera (CA) 12.9 MR; 2. Cherrie Sherrard (CA) 13.2; 3. Felicity Skaris (SA) 13.4; 4. Aimeta Parish (CA) 13.4; 5. SuSu Levy (CA) 15.9. **Women 50-59:** 1. Shirley Kinsey (CA) 16.1 MR; 2. Martha Fairbank (CA) 18.8; 3. Diana Smith (CA) 19.0. **Women 60-69:** 1. Winifred Reid (SA) 16.8 MR; 2. Josephine Kolda (CA) 17.1; 3. Sheila Evans (SA) 17.9; 4. Edith Mandyka (CA) 21.8. **Women 70-79:** 1. Marilla Sallsbury (CA) 30.5.

200 METER DASH:

Men 30-34: 1. Lee Evans (CA) 22.28; 2. Reggie Davis (CA) 22.64; 3. Mike Jackson



Three Pan Am winners: left to right- Tom Patsalis 55-59 triple jump and 110 hurdles; Dave Brown 55-59 pole vault; Novi Milicevic 5054 triple jump.



A. Redmond Doms "Red"

by Marty Higginbotham

Redmond Doms has been a very dominant figure in the masters weight events the last few years. 'Red' who represents the Southern California Striders is a retired Army Officer. He was born in Chicago, Ill. In high school he competed for Nicholas Senior High in Chicago and for Pomona College, Claremont, California in 1930-1933. Doms who stands 6'9", 197 pounds has heaved the shot, discus and javelin to numerous American and World age group records. Eight hours of sleep a day and vitamin supplements are part of 'Red's' training rules. He likes to compete year around; however, does not peak for any particular meet. At age 73 his immediate goals are to establish some more age group world marks. His long range goal: "to be competitive regardless of age." Red plans to continue competing into 1990+.

'Red' works out with the shot, discus, javelin and hammer about 2½-3 hours a

day, five days a week. He also does some jogging and weight lifting three days per week. He generally does not workout two days before competing.

Presently Doms holds nine world age group records along with six American age group marks.

'Red' enjoys the many friends in his club, the Southern Cal Striders. He likes making new friends at the meets, and feels participating in track keeps him healthy and feeling well.

Congratulations 'Red' on your super achievements, best of luck in your future competition.



Men 65-69: 1. Harry Koppel (CA) 13.4; 2. John Satti (CA) 13.5; 3. Louis Craig (SA) 16.3; 4. Phil Carey (CA) 16.8. Men 70-74: 1. Fred Reid (SA) 13.7 MR; 2. Anthony Castro (CA) 14.1; 3. Joe Caruso (CA) 14.3; 4. A. Puglizevich (CA) 16.2; 5. Lucian Salazar (CA) 22.2. Men 75-79: 1. Lamar Jackson (CA) 15.7; 2. Willard Benton (CA) 21.0; 4. R. Turna 23.9. Women 30-39: 1. Eileen Watson (NC) 13.0 MR; 2. Barbara Ellner (CA) 16.0. Women 40-49: 1. Irene Obera (CA) 12.9 MR; 2. Cherrie Sherrard (CA) 13.2; 3. Felicity Skaris (SA) 13.4; 4. Almata Parish (CA) 13.4; 5. SuSu Levy (CA) 15.9. Women 50-59: 1. Shirley Kinsey (CA) 16.1 MR; 2. Martha Fairbank (CA) 18.8; 3. Diana Smith (CA) 19.0. Women 60-69: 1. Winifred Reid (SA) 16.8 MR; 2. Josephine Kolda (CA) 17.1; 3. Sheila Evans (SA) 17.9; 4. Edith Mandyka (CA) 21.8. Women 70-79: 1. Marilla Salisbury (CA) 30.5.

200 METER DASH:

Men 30-34: 1. Lee Evans (CA) 22.28; 2. Reggie Davis (CA) 22.64; 3. Mike Jackson (CA) 22.73; 4. Glenn Johnson (CA) 23.00; 5. Joe Evanish (CA) 26.04. Men 35-39: 1. Matt Pruitt (CA) 22.07; 2. Ruben Whitney (TX) 22.14; 3. Paul Dungan (OR) 22.74; 4. J.M. Cronin (CA) 24.84; 5. Sam Robinson (CA) 26.04; 6. Robert Hunter (CA) 25.16. Men 40-44: 1. Jim Burnett (IL) 22.67; 2. Leon Hacker (SA) 22.94; 3. Doug Smith (CA) 23.00; 4. Gary Miller (CA) 24.18; 5. Lewis Smith (CA) 24.58; 6. Abidala Salim (CA) 25.19; 7. Robert Jones 26.44. Men 45-49: 1. Monty Hacker (SA) 24.35; 2. Marion Sanchez (CA) 24.84; 3. Cliff Pauling (NY) 24.86; 4. Roy Williams (NZ) 25.04; 5. Dan Barrows (CA) 25.29; 6. Bruce Springbett (CA) 25.41; 7. Juan Pedevilla (CA) 28.39. Men 50-54: 1. Don Cheek (CA) 25.04; 2. Gene Harte (CA) 25.60; 3. Oswald Dawkins (CA) 25.66; 4. Dick Marlin (CA) 25.97; 5. Lincoln Ling (CA) 26.92; 6. Dick Martin (CA) NT. Men 55-59: 1. Dick Stolpe (NM) 25.93; 2. Albert Johnson (OR) 27.21; 3. Wilbur Buchanan (CA) 27.44; 4. Pete Fetter (CA) 27.56; 5. Tom Clayton (CA) 27.68; 7. Don Watt (CA) 28.69. Men 60-64: 1. Bob Hunt (CA) 28.09; 2. Henry Fairbank (CA) 28.24; 3. Bill Fairbank (CA) 29.998; 4. George Poloynis (CA) 31.26; 5. Erich Jordan (CA) 34.98. Men 65-69: 1. Harry Koppel (CA) 29.61; 2. Ken Burns (CA) 31.98; 3. Vince Godfrey (CA) 32.35; 4. Louis Craig (SA) 35.10. Men 70-74: 1. Fred Reid (SA) 27.29 MR; 2. Anthony Castro (CA) 29.71 MR; 3. A. Puglizevich (CA) 33.95. Men 75-79: 1. Willard Benton (CA) 39.98; 2. nat Pisciotta (CA) 41.14. Women 30-39: 1. Eileen Watson (NC) 26.4 MR. Women 40-49: 1. Irene Obera (CA) 26.6 MR; 2. Felicity Skaris (SA) 26.9; 3. Almata Parish (CA) 29.6; 4. Dolores Amoroz (MX) 30.4. Women 50-59: 1. Shirley Kinsey (CA) 32.4; 2. Martha Fairbank (CA) 38.9; 3. Diana Smith (CA) NT. Women 60-69: 1. Winifred Reid (SA) 34.7 WR; 2. Josephine Kolda (CA) 34.7 WR. Women 70-79: 1. Marilla Salisbury (CA) 62.7 WR.

400 METER RUN:

Men 30-34: 1. Lee Evans (CA) 46.5 MR; 2. Hillard Sumner (CA) 48.0; 3. Reggie Davis (CA) 50.2; 4. Willie Bogan (CA) 50.5; 6. Glenn Johnson (CA) 50.7. Men 35-39: 1. Matt Pruitt (CA) 51.3; 2. Robert Hunter (CA) 54.3; 3. Frank Little (CA) 54.5. Men 40-44: 1. Jim Burnett (IL) 49.6 AR; 2. Leon Hacker (SA) 51.6; 3. Gary Miller (CA) 52.6; 4. Larry Chavez 56.0; 5. Bob Jones 56.4; 6. Tom Woodring (CA) 59.4. Men 45-49: 1. Cliff Pauling (NY) 53.8; 2. Pieter Van Zyl (SA) 57.1; 3. Bruce Springbett (CA) 59.5; 4. Pete Alexander (CA) 63.4. Men 50-54: 1. Don Cheek (CA) 55.1; 2. Don Jackson (CA) 57.0; 3. Gene Hart (CA) 57.4; 4. Oswald Dawkins (CA) 57.4; 5. Charles Rice (AZ) 57.5. Men 55-59: 1. Dick Stolpe (NM) 57.9 MR; 2. Wilbur Buchanan (CA) 60.1; 3. Tom Clayton (CA) 60.3. Men 60-64: 1. Henry Fairbank (CA) 62.3 MR; 2. Bob Hunt (CA) 62.7; 3. Clarence Killon (CA) 65.5; 4. Bill Fairbank (CA) 69.2; 5. Paul Ganahl (CA) 70.4. Men 65-69: 1. Harry Koppel (CA) 64.5; 2. John Satti (CA) 65.0; 3. Vince Godfrey (CA) 72.0; 4. Ken Burns (CA) 72.6; 5. Bob Boal (NC) 74.0. Men 70-74: 1. Walt Fredrick 89.7; 2. Lucian Salazar (CA) 94.5. Men 75-79: 1. Willard Benton (CA) 95.0. Women 30-39: 1. Wanda Powell (CA) 64.6 MR. Women 40-49: 1. Irene Obera (CA) 61.1 AR; 2. Jillian onradie (SA) 61.9; 3. Felicity Skaris (SA) 62.1; 4. Almata Parish (CA) 68.2; 5. Dolores Anoroz (MX) 68.2. Women 50-59: 1. Martha Fairbank (CA) 93.4; 2. Diana Smith (CA) 96.8. Women 60-69: 1. Winifred Reid (SA) 80.6 WR; 2. Josephine Kolda (CA) 82.7 AR; 3. Alice Werbel (CA) 1:40.7. Women 70-79: 1. Marilla Salisbury (CA) 2:18.4 WR.

800 METER RUN:

Men 30-35: 1. Bruce Williams (NV) 1:58.5; 2. Reynaldo Corona (CA) 1:59.0; 3. Greg Owings (CA) 2:00.2. Men 35-39: 1. William Negeragi (CA) 1:53.7 MR; 2. Andre Dunkell (CA) 1:56.6; 3. Ken Kohon (CA) 2:02.4; 4. J.M. Cronin (CA) 2:16.0; 5. William Hines (CA) 2:18.9; 6. Walt Jaquith (CA) 2:28.4. Men 40-44: 1. George Cohen (CA) 1:54.9 AR; 2. Ernie Billups (IL) 1:55.7; 3. Mel Elliott (CA) 2:03.6; 4. John Pitman (CA) 2:06.3; 5. Andries Conradie (SA) 2:06.6; 6. Herb Blanchard (CA) 2:12.0; 7. Jim Cullen (WA) 2:12.6. Men 45-49: 1. Cliff Pauling (NY) 2:03.6 MR; 2. Pete Richardson (CA) 2:04.5; 3. Bill Gaedke (NM) 2:07.5; 4. Jose Tenreiro (MX) 2:34.3. Men 50-54: 1. Don Jackson (CA) 2:16.9; 2. Louis Beadle (CA) 2:20.9. Men 55-59: 1. Phillip Arnot (CA) 2:17.0 MR; 2. Avery Bryant (CA) 2:22.6; 3. Wilbur Buchanan (CA) 2:28.6; 4. David Lewis (CA) 2:31.4. Men 60-64: 1. Henry Fairbank (CA) 2:24.2; 2. George Poloynis (CA) 2:34.4; 3. Bill Fairbank (CA) 2:38.0. Men 65-69: 1. Ed Stotsenberg (CA) 2:32.0 MR; 2. Bob Boal (NC) 2:51.0; 3. Vince Godfrey (CA) 2:54.5. Men 70-74: 1. Sid Madden (CA) 2:52.9; 2. Walt Fredrick (CA) 3:33.8; 3. Sucion Salazar (CA) 3:43.0. Men 75-79: 1. Willard Benton (CA) 3:21.5. Men 80+: 1. Paul

8:45.1. Men 85-89: 1. Willard Benton (CA) 6:56.6; 2. Nat Pisciotta (CA) 7:41.2. Men 90+: 1. Paul Spangler (CA) 6:55.8. Women 30-39: 1. Ramsey Huseny (CA) 5:14.5. Women 40-49: 1. Jillian Conradie (SA) 5:04.8; 2. Chris Rompanen (CA) 5:10.3; 3. Jennifer Wright (CA) 5:14.5; 4. Vicki Bigelow (CA) 5:17.9. Women 50-59: 1. Adele Milicevic (AZ) 6:28.2; 2. Jaclyn Caselli (CA) 6:39.9; 3. Diana Smith (CA) 8:14.5. Women 60-69: 1. Alice Werbel (CA) 7:31.0 MR. Women 70-79: 1. Bess James (CA) 8:31.0 WR; 2. Marilla Salisbury (CA) 10:21.1.

5000 METER RUN:

Men 30-34: 1. Mike Corralz (MX) 15:37.7; 2. Greg Owings (CA) 16:10.6; 3. Bruce Horiguchi (CA) 17:46.0; 4. Bob Jacobs (CA) 19:50.5. Men 35-39: 1. Daniel Metsing (SA) 15:09.5; 2. Williams Perry (CA) 17:52.5; 3. Ira Yawnick (CA) 19:20.6. Men 40-44: 1. Perry Leary (CA) 15:34.1; 2. Andries Conradie (CA) 15:40.5; 3. Eino Rompanen (CA) 15:56.6; 4. Bob Lopez (CA) 16:28.5; 5. Alfie Burgess (SA) 16:54.1; 6. T.R. Smith 17:50.1. Men 45-49: 1. Jerry Lewis (CA) 16:27.7; 2. Louis Simms (CA) 19:28.8. Men 50-54: 1. Tracy Brown (CA) 17:46.4; 2. Patrick Devine (CA) 18:12.6; 3. Jerry Withers (CA) 18:17.8. Men 55-59: 1. Jim O'Neal (CA) 16:38.3 AR; 2. Harold Daughters (CA) 18:42.0. Augie Escamilla (CA) 20:46.4. Men 60-64: 1. No Entries. Men 65-69: 1. John Montoya (CA) 22:27.8. Men 70-74: 1. Sid Madden (CA) 21:17.2; 2. Alfred Guth (CA) 27:53.3. Men 75-79: 1. Nat Pisciotta (CA) 27:10.7. Men 80+: 1. Paul Spangler (CA) 24:57.3 WR. Women 30-39: 1. Jacqueline Hansen (CA) 19:47 est.; 2. Rose O'Neill NT; 3. chiyi Horiguchi (CA) NT. Women 40-49: 1. Jennifer Wright (CA) 18:49.6 MR; 2. Vicki Bigelow (CA) 19:14.6. Women 50-59: 1. Jaclyn Caselli (CA) 23:32.2 AR; 2. Adele Milicevic (CA) 23:35.3. Women 60-69: 1. Alice Wervel (CA) 24:24.4 WR. Women 70-79: 1. Bess James (CA) 31:17.7; 2. Marilla Salisbury (CA) 36:36.2.

10000 METER RUN:

Men 30-34: 1. Ed Bouldin (CA) 39:11.3. Men 35-39: 1. Daniel Metsing (SA) 31:53.4; 2. Frank Duarte (CA) 32:28.0; 3. Stewart Lampe (CA) 36:08.0. Men 40-44: 1. Perry Leary (SA) 33:48.0; 2. Alfie Burgess (SA) 34:49.0; 3. Skip Witt (CA) 34:57.0; 4. Gary Smith (CA) 35:43.0. Men 45-49: 1. Peter Alexander (CA) 36:26.6; 2. Ted Oviatt (CA) 36:40.0; 3. Clayton Steffensen 36:49.3; 4. James Scarborough 39:23.3. Men 50-54: 1. Tracy Brown (CA) 36:51.7; 2. Patrick Devine (CA) 38:58.4; 3. Jim Waste (CA) 43:51.4. Men 55-59: 1. Jim O'Neil (CA) 35:03.1 AR; 2. Harold Daughters (CA) 39:55.7. Men 60-64: No Entries. Men 65-69: 1. John Montoya (CA) 44:33.6. Men 80+: 1. Paul Spangler (CA) 55:40.0. Women 40-49: 1. Linda Sipprelle (CA) 40:20.8. Women 50-59: 1. Heien Dick (CA) 43:12.1; 2. Phyllis Regis (CA) 44:07.5; 3. Adele Milicevic (AZ) 47:49.7; 4. Jaclyn Caselli (CA) 48:41.7. Women 60-69: 1. Alice Werbel (CA) 55:41.8. Women 70-79: 1. Bess James (CA) 70:11.7; 2. Marilla Salisbury (CA) 76:50.1.

110 HURDLES:

Men 30-39 [39'']: 1. Rudy Vlaardingerbroen (FL) 14.8; 2. Frank Reilly (CA) 15.1; 3. Fred Johnson (CA) 16.0; 4. Steve Lang (CA) 16.9. **Men 35-39 [39'']:** 1. Walt Bulter (CA) 14.5; 2. Larry Sallinger (CA) 14.8; 3. Cornelius McCormick 15.5. **Men 40-44 [36'']:** 1. Al Henry (CA) 15.1; 2. James Thomas (CA) 15.9; 3. Bob Plassmeyer (CA) 16.5; 4. Gary Bane (CA); 16.6; 5. Al McDaniels (CA) 16.6; 6. Hal Smith (CA) 18.0. **Men 45-49 [36'']:** 1. Roy Williams (NZ) 15.5; 2. Dave Jackson (CA) 15.7. **Men 50-54 [33'']:** 1. Bob Higgenbotham (CA) 17.6. **Men 55-59 [33'']:** 1. Tom Patsalis (CA) 16.9; 2. Albert Johnson (OR) 19.5; 3. James Johnson (CA) 20.7. **Men 60-64 [30'']:** 1. Bob Hunt (CA) 17.3 WR; 2. Burl Gist (CA) 17.3 WR. **Men 65-69 [30'']:** 1. Harry Koppel (CA) 20.9; 2. Art Vesco (CA) 22.8; 3. James Carson (CA) 30.9.

400 METER HURDLES:

Men 35-39 [36'']: 1. Cornelius McCormick (CA) 58.8; 2. Mike Smith (CA) 80.8. **Men 40-44 [33'']:** 1. George Mathe (SA) 56.7; 2. Ed Oleata (CA) 57.3; 3. Berky Nelson (NH) 58.5; 4. Bob Plassmeyer (CA) 66.7. **Men 45-49 [33'']:** 1. Daniel Burger (SA) 59.6 MR; 2. Marion Sanchez (CA) 65.6; 3. Al Sheahan (CA) 66.2; 4. Tony Nastalia (CA) 67.8; 5. Dave Douglas (CA) 75.4. **Men 50-54 [30'']:** 1. Bob Higginbotham (CA) 69.4; 2. Jim Waste (CA) 89.0. **Men 55-59 [30'']:** 1. Tom Clayton (CA) 75.1. **Men 60-64 [30'']:** 1. Bob Hunt (CA) 69.1 AR; 2. Paul Ganahl (CA) 78.9; 3. Herb Miller (CA) 93.3. **Men 65-69 [30'']:** 1. John Sattl (CA) 77.1; 2. Vince Godfrey (CA) 82.2; 3. Bob Boal (NC) 85.4.

3000 METER STEEPLECHASE:

Men 35-39: 1. Mike Smith (CA) 13:26.3; 2. Gary Ruttenberg (CA) 14:20.8. **Men 40-44:** 1. Alfie Burgess (CA) 11:05.9 MR; 2. Gary Smith (CA) 11:30.9; 3. Jim Cullen (WA) 11:53.2; 4. James Thomas (CA) 12:07.1. **Men 45-49:** 1. Ted Ovlatt (CA) 11:28.6; 2. Jerry Lewis (CA) 11:47.0; 3. Peter Alexander (CA) 12:09.0; 4. Santos Lopez (MX) 14:34.5. **Men 50-54:** 1. Jack Nobel (CA) 12:38.5; 2. Patrick Devine (CA) 13:02.9; 3. Jim Waste (CA) 13:23.4. **Men 55-59:** 1. Avery Bryant (CA) 11:58.9 MR; 2. Harry Lampert (SA) 13:50.3. **Men 60-64:** 1. Paul Ganahl (CA) 15:19.3; 2. Bob Long (CA) 15:50.9; 3. Bowen Smith (CA) 16:50.2. **Men 65-69:** 1. Bob Boal (NC) 13:40.0 MR. **Men 70-74:** 1. Walt Frederick (CA) 17:00.9.

5000 METER WALK:

Men 30-34: 1. Ed Bouldin 22:53.5. **Men 35-39:** 1. Walt Jaquith (CA) 24:01.0; 2. Jim Hanley (CA) 25:41.3; 3. Gary Ruttenberg (CA) 28:29.5. **Men 40-44:** 1. Jesse Castaneda (NM) 26:33.0. **Men 45-49:** 1. Bill Raney (CA) 24:55.5 MR; 2. Ray Fitzhugh (CA) 33:00.9. **Men 50-54:** 1. John Kelly (CA) 24:46.9; 2. Harry Siitonen (CA) 28:39.3; 3. Milton Creange (CA) 30:16.5; 4. John Friesen (CA) 32:30.2. **Men 60-64:** 1. Hal McWilliams (CA) 30:45.2; 2. Bob Long (CA) 34:08.6. **Men 65-69:** 1. Phil Carey (CA) 34:18.1. **Men 70-74:** 1. John Hanna (CA) 31:01.6; 2. Ches Unruh (CA) 32:30.5; 3. Alfred Guth (CA) 36:53.0. **Men 75-79:** 1. Robert

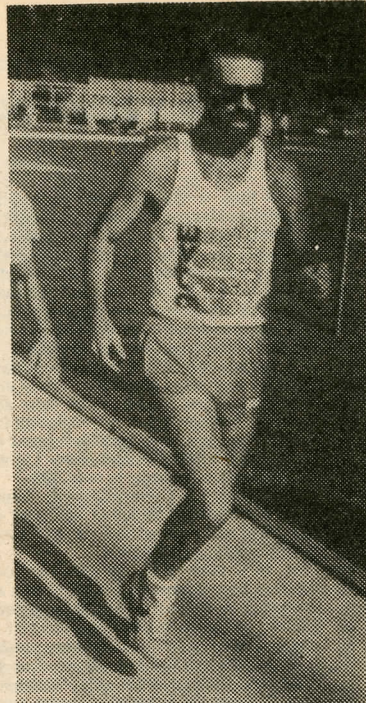


photo by Keith Conning

Pete Richardson
45-49 1500 meter winner

3-10. **Men 70-74:** 1. Red Doms (CA) 3-8; 2. Walt Fredrick (CA) 3-8. **Women 30-39:** 1. Eileen Watson (NC) 4-11 MR; 2. Annelles Steekelenburg (CA) 4-11. **Women 40-49:** 1. Cherrie Sherrard (CA) 4-3; 2. Dolores Amoroz (MX) 3-11; 3. Alet Ten Tuscher (SA) 3-9. **Women 50-59:** 1. Sheila Evans (SA) 3-5 MR.

POLE VAULT:

Men 30-34: 1. Tim Knappen (CA) 15-0; 2. Warren Wilke; 3. James Ball (CA) 9-0. **Men 35-39:** 1. Marion Connelly (CA) 13-6. **Men 40-44:** 1. Ron Fleming (CA) 12-0 MR; 2. Gary Bane (CA) 11-6; 3. Hal Smith (CA) 10-6; 4. Tom Woodring (CA) 10-0. **Men 45-49:** 1. Vic Cook (CA) 12-0; 2. Dave Douglass (CA) 10-0; 3. Ray Fitzhugh (CA). **Men 50-54:** 1. Hal Wallace (CA) 10-6; 2. Ronnie DeVoe (CA). **Men 55-59:** 1. Dave Brown (CA) 10-0; 2. Vern Wolfe (CA) 10-0; 3. James Johnson (CA) 9-1. **Men 60-64:** 1. Jim Vernon (CA) 10-6; 2. Richard Ganslen 9-0; 3. Orval Gillett (CA) 9-0; 4. Bill Burke (CA). **Men 65-69:** 1. Art Vesco (CA) 5-6. **Men 70-74:** 1. Bob MacConaghy (CA) 8-0. **Men 75-79:** 1. Mert Gambito 6-0.

LONG JUMP:

Men 30-34: 1. Herman Franklin (CA) 23-4½ MR; 2. Carl Flowers (CA) 21-11¼; 3. Rudy Vlaardingerbroen (FL) 20-2; 4. Cliff Jackson (MO) 19-9½; 5. Steve Lang (CA) 12-10. **Men 35-39:** 1. Sam Robinson (CA) 20-1½; 2. Jason Adams (CA) 14-7; 3. Mike Smith (CA) 13-1. **Men 40-44:** 1. Godfrey Swakala (SA) 21-5; 2. Al Henry (CA) 21-2½; 3. Al McDaniels (NV) 19-6; 4. Hal Smith (CA) 16-6½. **Men 45-49:** 1. Roy Williams (NZ) 21-2½ MR; 2. Dave Jackson (CA) 20-4½; 3. Roger Tsuda (CA) 18-2; 4. David Yamaguchi (CA) 16-7½; 5. ...



photo by Keith Conning

Bill Raney
45-49 winner in both walks

Nemesio Concepcion (MX) 14-2½. **Women 30-39:** 1. Eileen Watson (NC) 30-2½ MR; 2. Ramsey Huseny (CA) 22-9½. **Women 40-49:** 1. Alet Ten Tuscher (SA) 16-4.

SHOT PUT:

Men 30-34: 1. Rudy Vlaardingerbroen (FL) 44-5; 2. Fred Johnston (CA) 38-6½; 3. Buz Hamblin 37-4½. **Men 35-39:** 1. Doug Wells (CA) 52-2½; 2. Edward Hill (GA) 49-6; 3. Howard Benloff 34-9. **Men 40-44:** 1. James Hart (CA) 43-1; 2. Carl Klehm (IL) 37-7; 3. Ray Straessle (CA) 26-4. **Men 45-49:** 1. Charles Renfro (CA) 35-8; 2. Richard Kennerly (CA) 30-7; 3. Dave Douglass (CA) 29-6; 4. James Devilbiss (CA) 28-2. **Men 50-54:** 1. Richard Preciado (CA) 39-10; 2. Tom Allison (CA) 39-4; 3. Bob PAYSINGER (CA) 38-2½; 4. Hal Wallace (CA) 36-2; 5. Emson Grimm (CA) 21-7. **Men 55-59:** 1. Richard Baum 29-8; 2. L. Noyes 25-4. **Men 60-64:** 1. Jack Thatcher (CA) 45-8½; 2. Bob Stone (CA) 44-8; 3. William Gilligan (MA) 43-3; 4. Bill Burke (CA) 43-1½; 5. Erich Jordan 36-7. **Men 65-69:** 1. James York (CA) 43-11 MR; 2. Edwin Malan (SA) 40-9; 3. Art Vesco (CA) 31-11; 4. James Carson (CA) 31-2½. **Men 70-74:** 1. Vernon Cheadle (CA) 39-7; 2. Eddy Lamb (CA) 37-11; 3. Red Doms (CA) 36-2½; 4. Robert MacConaghy (CA) 34-4; 5. Lee Wintner (CA) 31-10½; 6. Randy Hubbell (CA) 29-1. **Men 75-79:** 1. Stan Herrmann (CA) 32-9; 2. Mert Gambito 27-8; 3. Robert Boothe (CA) 26-6. **Men 80+:** 1. John Wittmore (CA) 23-4½. **Women 30-39:** 1. Emily Stone (CA) 36-9 MR; 2. Susan Skerke (IL) 24-6. **Women 40-49:** 1. Cherrie Sherrard (CA) 37-1 MR; 2. Yvonne Rojano (MX) 26-9; 3. Chris Miller (CA) 26-7; 4. Almata Parish (CA) 25-7; 5. Alet Ten Tuscher (SA) 25-6; 6. ...



photo by Liz Daquon/Home Savings

Bob Hunt
60-64 winner in both hurdles

2. Susan Skerke (IL) 70-1; 3. Ramsey Huseny 64-2. **Women 40-49:** 1. Yvonne Rojano (MX) 94-9 MR; 2. Ursula Schreiber (CA) 69-0; 3. Chris Miller (CA) 65-3; 4. Alet Ten Tuscher (SA) 59-7. **Women 50-59:** 1. Shirley (CA) 75-4; 2. Cissler Malan (CA) 69-7; 3. Aida Amoroz (MX) 52-5. **Women 60-69:** 1. Edith Mendyka (CA) 58-11 MR.

JAVELIN:

Men 30-34: 1. Warren Wilke (CA) 181-10; 2. Fred Johnston (CA) 163-8. **Men 35-39:** 1. M. Wilfred 207-4; 2. Doug Wells (CA) 200-4; 3. Cornelius McCormick (CA) 159-8; 4. Jason Adams (CA) 102-10. **Men 40-44:** 1. Larry Stuart (CA) 207-10; 2. Bill Toomey (CA) 173-1; 3. Hal Smith (CA) 139-10; 4. Gary Smith (CA) 137-5. **Men 45-49:** 1. Phil Conley (CA) 203-4 AR; 2. Steyn Fourie (SA) 122-9; 3. Ray Fitzhugh (CA) 120-0; 5. James Devilbiss (CA) 109-4; 5. Ed Martin (CA) 97-3. **Men 50-54:** 1. Hal Wallace (CA) 118-7; 2. Tom Allison (CA) 116-11; 3. Jerry Wojcik (CA) 116-6; 4. Charles Cox (CA) 110-8; 5. Emson Grimm (CA) 57-7. **Men 55-59:** 1. Ed Chynoweth (CA) 145-0; 2. Pete Fetter (CA) 136-9. **Men 60-64:** 1. Bill Morales (CA) 152-4; 2. Bob Stone (CA) 130-4. **Men 65-69:** 1. Edwin Malan (SA) 111-8; 2. Harry Koppel (CA) 76-9; 3. Art Vesco (CA) 73-3. **Men 70-74:** 1. Bob MacConaghy (CA) 98-5; 2. Red Doms (CA) 81-10; 3. Randy Hubbell (CA) 79-5; 4. Walt Frederick (CA) 71-3. **Men 75-79:** 1. Robert Boothe (CA) 72-9; 2. Mert Gambito 72-6; 3. Win McFadden (CA) 70-3; 4. Memeosio Concepcion (CA) 55-7. **Men 80+:** 1. John Wittmore (CA) 59-5. **Women 30-39:** 1. Emily Stone (CA) 96-2 MR; 2. Annelles Steekelenburg (CA) 77-4. **Women 40-49:** 1. Christel Miller (CA) 90-1; 2. Yvonne Rojano (MX) 66-1; 3. ...

Cissie Malan (SA) 70-8 MR; 2. Shirley Kinsey (CA) 64-5; 3. Aida Amaroz (MX) 43-0. **Women 60-69:** 1. Edith Mendyka (CA) 64-11 MR; 2. Sheila Evans (SA) 36-3.

HAMMER:

Men 30-34 [16#]: 1. Ray Manzi (CA) 142-6 MR. **Men 35-39 [16#]:** 1. Ed Hill (GA) 129-5 MR. **Men 40-44 [16#]:** 1. Julian Nunez (MX) 138-11; 2. Carl Klehm (IL) 119-11; 3. James Hart (CA) 116-0. **Men 45-49 [16#]:** 1. Dave Douglass (CA) 109-11; 2. Clark DeVilbiss (CA) 80-0. **Men 50-54 [16#]:** 1. Paul Evans (CA) 86-9; 2. Jerry Wojcik (CA) 86-4; 3. Charles Cox (IL) 72-1. **Men 60-64 [8#]:** 1. Dan Alrich (CA) 153-6 MR; 2. Bill Billigan (MA) 139-2; 3. Bob Stone (CA) 138-3; 4. Joe Sanz (CA) 131-8. **Men 65-69 [8#]:** 1. James York (CA) 121-6; 2. Art Vesco (CA) 113-2. **Men 70-74:** 1. Randy Hubbell (CA) 103-4. **Men 75-79:** 1. Stann Herrmann (CA) 112-8. **Men 80+:** 1. John Wittmore (CA) 81-9.

4 x 100 METER RELAY:

Men 30-39: 1. So. Cal Striders (Jackson, Franklin, Ferguson, Sumner) 42.04 MR; 2. Corona Del Mar 43.27. **Men 40-49:** 1. Corona Del Mar 44.91; 2. So. Cal Striders 47.47. **Men 50-59:** 1. Corona Del Mar 49.63.

4 x 200 METER RELAY:

Men 30-39: 1. So. Ca. Striders (Ferguson, Franklin, Jackson, Sumner) 1:29.6; 2. Corona Del Mar (Davis, Wong, R. Beadle, G. Johnson) 1:32.4. **Men 40-49:** 1. South Africa 1:32.4 MR; 2. Corona Del Mar (Jackson, Knox, Miller, Smith) 1:35.8. **Men 50-59:** 1. Corona Del Mar (Stolpe, Beadle, Harte, Cheek) 1:43.4; 2. Corona Del Mar #2 (Fetter, Watt, Killion, Clayton) 1:51.3.

4 x 400 METER RELAY:

Men 30-39: 1. So. Cal Striders (Jackson, Bogan, Stewart, Sumner) 3:21.87 MR; 2. All Stars 3:29.40; 3. Warp 7 3:29.40. **Men 40-49:** 1. South Africa #1 (Burger, M. Hacker, Mathe, L. Hacker) 3:37.20; 2. So. Cal Striders (Smith, Carrington, Elliot, Cohen) 3:38.4; 3. South Africa #2 4:01.57. **Men 50-59:** 1. Corona Del Mar (Beadle, Stolpe, Harte, Cheek) 3:52.39 MR. WR = World Record AR = American Record MR = Meet Record (World and American Records are also meet records)

OUTSTANDING ATHLETE AWARDS:

Men 30 Lee Evans (CA)
Men 35 William Mogheragi (SA)
Men 40 Ernie Billups (IL)
Men 45 Cliff Pauling (NY)
Men 50 Don Cheek (CA)
Men 55 Jim O'Neill (CA)
Men 60 Bob Hunt (CA)
Men 65 Harry Koppel (CA)
Men 70 Fred Reid (SA)
Men 75 Win McFadden (CA)
Men 80 Paul Spangler (CA)
Women 30 Eileen Watson (NC)
Women 40 Irene Obera (CA)
Women 50 Shirley Kinsey (CA)
Women 60 Winifred Reid (SA)
Women 70 Bess James (CA)
Best Track: Jim Burnett (IL)

11:28.6; 2. Jerry Lewis (CA) 11:47.0; 3. Peter Alexander (CA) 12:09.0; 4. Santos Lopez (MX) 14:34.5. **Men 50-54:** 1. Jack Nobel (CA) 12:38.5; 2. Patrick Devine (CA) 13:02.9; 3. Jim Waste (CA) 13:23.4. **Men 55-59:** 1. Avery Bryant (CA) 11:58.9 MR; 2. Harry Lampert (SA) 13:50.3. **Men 60-64:** 1. Paul Ganahl (CA) 15:19.3; 2. Bob Long (CA) 15:50.9; 3. Bowen Smith (CA) 16:50.2. **Men 65-69:** 1. Bob Boal (NC) 13:40.0 MR. **Men 70-74:** 1. Walt Frederick (CA) 17:00.9.

5000 METER WALK:

Men 30-34: 1. Ed Bouldin 22:53.5. **Men 35-39:** 1. Walt Jaquith (CA) 24:01.0; 2. Jim Hanley (CA) 25:41.3; 3. Gary P. rittenberg (CA) 28:29.5. **Men 40-44:** 1. Jesse Castaneda (NM) 26:33.0. **Men 45-49:** 1. Bill Raney (CA) 24:55.5 MR; 2. Ray Fitzhugh (CA) 33:00.9. **Men 50-54:** 1. John Kelly (CA) 24:46.9; 2. Harry Siitonen (CA) 28:39.3; 3. Milton Creange (CA) 30:16.5; 4. John Friesen (CA) 32:30.2. **Men 60-64:** 1. Hal McWilliams (CA) 30:45.2; 2. Bob Long (CA) 34:08.6. **Men 65-69:** 1. Phil Carey (CA) 34:18.1. **Men 70-74:** 1. John Hanna (CA) 31:01.6; 2. Ches Unruh (CA) 32:30.5; 3. Alfred Guth (CA) 36:53.0. **Men 75-79:** 1. Robert Boothe (CA) 36:53.6. **Women 30-39:** 1. Diana Uribe (CA) 26:58.1 MR; 2. Jolene Steigerwalt 28:11.7. **Women 40-49:** 1. Lori Maynard (CA) 25:46.0 MR; 2. Sheila Smith (CA) 31:46.8; 3. Jeannine Burk (CA) 33:03.3. **Women 50-59:** 1. Rose Kash (CA) 35:02.2 MR. **Women 60-69:** 1. Elena Carola (CA) 38:39.6 MR.

20000 METER WALK [New Event]:

Men 30-34: 1. Ed Bouldin 1:40:25; 2. Roger Brandwein (CA) 1:48:48. **Men 35-39:** 1. Walt Bulter (CA) 1:44:48; 2. Jim Hanley (CA) 1:54:28; 3. Terry Mathews (CA) 2:02:18; 4. Gary Ruttenberg (CA) 2:06:00. **Men 45-49:** 1. Bill Raney (CA) 1:44:48. **Men 50-54:** 1. John Kelly (CA) 1:54:35; 2. Harry Siitonen (CA) 2:04:19; 3. Milton Creange (CA) 2:09:48; 4. John Friesen (CA) 2:34:46. **Men 60-64:** 1. Bill Emmerton 2:16:13. **Men 65-69:** 1. Mickey Blakesley (CA) 2:23:50. **Men 70-74:** 1. John Hanna (CA) 2:06:34; 2. Ches Unruh (CA) 2:42:04. **Women 30-39:** 1. Jolene Stigerwalt (CA) 2:00:24. **Women 40-49:** 1. Lori Maynard (CA) 1:34:32; 2. Sheila Smith (CA) 2:14:46. **Women 50-59:** 1. Rose Kash (CA) 2:34:51.

HIGH JUMP:

Men 30-34: 1. Charles Rader (CA) 6-7 MR; 2. Steve Lang (CA) 6-4. **Men 35-39:** 1. John Dobroth (CA) 6-8 MR. **Men 40-44:** 1. Jim Brown (CA) 6-0 MR; 2. Ed Oleata (CA) 5-2. **Men 45-49:** 1. Herm Wyatt (CA) 6-0 MR; 2. Marion Sanchez (CA) 5-4; 3. Ray Fitzhugh (CA) 5-2; 4. Roy Williams (NZ) 5-2. **Men 50-54:** 1. Ed Austin (CA) 5-2; 2. Hal Wallace (CA) 4-8; 3. Patrick Devine (CA) 4-2; 4. Bob Perry (CA) 4-0. **Men 55-59:** 1. Loren Noyes 3-8. **Men 60-64:** 1. Burl Gist (CA) 5-0 MR; 2. Orval Gillett (CA) 4-10; 3. Bob Ogle (CA) 4-8; 4. Richard Ganslen 4-8; 5. Jim Vernon (CA) 4-4. **Men 65-69:** 1. John Damski (CA) 4-4; 2. Bob Boal (NC) 4-2; 3. Art Vesco (CA)

12-0 MR; 2. Gary Bane (CA) 11-6; 3. Hal Smith (CA) 10-6; 4. Tom Woodring (CA) 10-0. **Men 45-49:** 1. Vic Cook (CA) 12-0; 2. Dave Douglass (CA) 10-0; 3. Ray Fitzhugh (CA). **Men 50-54:** 1. Hal Wallace (CA) 10-6; 2. Ronnie DeVoe (CA). **Men 55-59:** 1. Dave Brown (CA) 10-0; 2. Vern Wolfe (CA) 10-0; 3. James Johnson (CA) 9-1. **Men 60-64:** 1. Jim Vernon (CA) 10-6; 2. Richard Ganslen 9-0; 3. Orval Gillett (CA) 9-0; 4. Bill Burke (CA). **Men 65-69:** 1. Art Vesco (CA) 5-6. **Men 70-74:** 1. Bob MacConaghy (CA) 8-0. **Men 75-79:** 1. Mert Gambito 6-0.

LONG JUMP:

Men 30-34: 1. Herman Franklin (CA) 23-4½ MR; 2. Carl Flowers (CA) 21-11¼; 3. Rudy Vlaardingerbroen (FL) 20-2; 4. Cliff Jackson (MO) 19-9½; 5. Steve Lang (CA) 12-10. **Men 35-39:** 1. Sam Robinson (CA) 20-1½; 2. Jason Adams (CA) 14-7; 3. Mike Smith (CA) 13-1. **Men 40-44:** 1. Godfrey Swakala (SA) 21-5; 2. Al Henry (CA) 21-2½; 3. Al McDaniels (NV) 19-6; 4. Hal Smith (CA) 16-6½. **Men 45-49:** 1. Roy Williams (NZ) 21-2½ MR; 2. Dave Jackson (CA) 20-4½; 3. Roger Tsuda (CA) 18-2; 4. David yamaguchi (CA) 16-7½; 5. Ed Martin (CA) 16-10½; 6. S. Lopez 14-8. **Men 50-54:** 1. Novi Milcevic (AZ) 19-9½ MR; 2. Charles Cox (IL) 16-6½; 3. Hal Wallace (CA) 15-7¼; 4. Bob Higginbotham (CA) 14-10½. **Men 55-59:** 1. Tom Patsalis (CA) 19-8¼; 2. James Johnson (CA) 16-8½; 3. Dave Brown (CA) 15-3½; 4. E. Barlich 15-1½. **Men 60-64:** 1. Gordon Farrell (CA) 17-4½; 2. Bill Morales (CA) 15-1¼; 3. Burl Gist (CA) 14-10; 4. Bill Burke (CA) 14-0; 5. Erich Jordan (CA) 13-2. **Men 65-69:** 1. John Satti (CA) 16-2; 2. John Damski (CA) 15-2; 3. Harry Koppel (CA) 12-5½; 4. Louis Craig (SA) 11-½; 5. Art Vesco (CA) 10-5½. **Men 70-74:** 1. Joe Caruso (CA) 12-10½; 2. Red Doms (CA) 9-11½. **Men 75-79:** 1. Win McFadden (CA) 12-6½. **Women 30-39:** 1. Eileen Watson (NC) 17-11½ MR; 2. Annelies Steekelenburg (CA) 16-2; 3. Ramsey Huseny (CA) 10-7½. **Women 40-49:** 1. Cherrrie Sherrard (CA) 14-6 MR; 2. Ursula Schreiber (CA) 12-1¼; 3. Yvonne Henry (CA) 12-¼; 4. Alet Ten Tuschler (SA) 11-8¼. **Women 50-59:** 1. Sheila Evans (SA) 8-7½.

TRIPLE JUMP:

Men 30-34: 1. Steve Lang (CA) 41-½; 2. Leonard Plotkin (CA) 40-10¼. **Men 35-39:** 1. Mike Smith (CA) 27-4½. **Men 40-44:** 1. Godfrey Swakala (SA) 45-4¼ MR; 2. Al Henry (CA) 43-2½. **Men 45-49:** 1. Dave Jackson (CA) 41-4½; 2. Roy Williams (NZ) 40-½. **Men 50-54:** 1. Novi Milcevic (AZ) 38-4; 2. Charles Cox (IL) 31-11; 3. Hal Wallace (CA) 20-3½. **Men 55-59:** 1. Tom Patsalis (CA) 38-4 MR; 2. James Johnson (CA) 32-8¼. **Men 60-64:** 1. Bob Ogle (CA) 30-8¼; 2. Richard Ganslen 29-½; 3. Bill Morales (CA) 28-7; 4. Erich Jordan (CA) 26-5¼. **Men 65-69:** 1. John Damski (CA) 29-2 MR; 2. John Satti (CA) 27-5½; 3. Harry Koppel (CA) 23-5¼; 4. Art Vesco (CA) 22-11¼; 5. Louis Craig (SA) 21-3½. **Men 70-74:** 1. Red Doms (CA) 21-11¼. **Men 75-79:** 1. Win McFadden (CA) 28-2¼ WR; 2.

1. Ray Strassess (CA) 26-4. **Men 45-49:** 1. Charles Renfro (CA) 35-8; 2. Richard Kennerly (CA) 30-7; 3. Dave Douglass (CA) 29-6; 4. James Devilbiss (CA) 28-2. **Men 50-54:** 1. Richard Preciado (CA) 39-10; 2. Tom Allison (CA) 39-4; 3. Bob Paysinger (CA) 38-2½; 4. Hal Wallace (CA) 36-2; 5. Emson Grimm (CA) 21-7. **Men 55-59:** 1. Richard Baum 29-8; 2. L. Noyes 25-4. **Men 60-64:** 1. Jack Thatcher (CA) 45-8½; 2. Bob Stone (CA) 44-8; 3. William Gilligan (MA) 43-3; 4. Bill Burke (CA) 43-1½; 5. Erich Jordan 36-7. **Men 65-69:** 1. James York (CA) 43-11 MR; 2. Edwin Malan (SA) 40-9; 3. Art Vesco (CA) 31-11; 4. James Carson (CA) 31-2½. **Men 70-74:** 1. Vernon Cheadle (CA) 39-7; 2. Eddy Lamb (CA) 37-11; 3. Red Doms (CA) 36-2½; 4. Robert MacConaghy (CA) 34-4; 5. Lee Wintner (CA) 31-10½; 6. Randy Hubbell (CA) 29-1. **Men 75-79:** 1. Stan Hermann (CA) 32-9; 2. Mert Gambito 27-8; 3. Robert Boothe (CA) 26-6. **Men 80+:** 1. John Wittemore (CA) 23-4½. **Women 30-39:** 1. Emily Stone (CA) 36-9 MR; 2. Susan Skerke (IL) 24-6. **Women 40-49:** 1. Cherrrie Sherrard (CA) 37-1 MR; 2. Yvonne Rojano (MX) 26-9; 3. Chris Miller (CA) 26-7; 4. Almeta Parish (CA) 25-7; 5. Alet Ten Tuschler (SA) 25-6; 6. Lee Paysinger (CA) 25-0; 7. Ursula Schreiber (CA) 25-0. **Women 50-59:** 1. Shirley Kinsey (CA) 24-11; 2. Cissie Malan (SA) 21-½; 3. Aida Amoroz (MX) 19-4½. **Women 60-69:** 1. Edith Medyka (CA) 26-5½ MR.

DISCUS:

Men 30-34: 1. Frank Reilly (CA) 136-4; 2. Rudy Vlaardingerfroen (FL) 135-2; 3. Fred Johnston (CA) 108-3; 4. Lee Rager (CA) 79-5. **Men 35-39:** 1. Lloyd Higgins (CA) 167-6; 2. Edward Hill (GA) 153-4; 3. Doug Wells (CA) 150-8; 4. Cornelius McCormick (CA) 138-8; 5. Jerry Elbert (CA) 120-7; 6. Jason Adams (CA) 77-6. **Men 40-44:** 1. Bob Humphreys (CA) 158-0 MR; 2. James Hart (CA) 136-4; 3. Carl Klehm (IL) 116-2; 4. Ray Straessle (CA) 95-0; 5. Gary Bane (CA) 79-5. **Men 45-49:** 1. Edward Van Pelt (CA) 131-4; 2. Roy Williams (NZ) 129-11; 3. Pete Just 127-11; 4. Omar Fierno (MX) 126-9; 5. Charles Renfro (CA) 125-1; 6. Richard Kennerly (CA) 96-4; 7. Ed Martin (CA) 94-6. **Men 50-54:** 1. Hal Wallace (CA) 116-10; 2. Tom Allison (CA) 115-8; 3. Paul Evans (CA) 103-7; 4. Charles Cox (IL) 94-9; 5. Bob Paysinger (CA) 81-7; 6. Robert Perry (CA) 67-5; 7. Emson Grimm (CA) 51-10. **Men 60-64:** 1. Dan Alrich (CA) 174-1 AR; 2. Bob Stone (CA) 136-4; 3. Bill Gilligan (MA) 131-7; 4. Jack Thatcher (CA) 125-11; 5. Joe Sanz (CA) 120-5; 6. Bill Burke (CA) 118-0; 7. Bill Morales (CA) 118-0; 8. Erich Jordan (CA) 110-5; 9. Harry Huseny (CA) 103-6. **Men 65-69:** 1. Edwin Malan (SA) 130-9 MR; 2. James York (CA) 113-8; 3. Art Vesco (CA) 96-1; 4. Bob Boal (NC) 69-9. **Men 70-74:** 1. Vernon Cheadle (CA) 124-7 MR; 2. Red Doms (CA) 118-5; 3. Randy Hubbell (CA) 78-7. **Men 75-79:** 1. Stan Hermann (CA) 103-5 AR; 2. Mert Gambito 85-11; 3. Robert Boothe (CA) 80-9. **Men 80+:** 1. John Wittemore (CA) 70-11. **Women 30-39:** 1. Emily Stone (CA) 87-4;

[Burger, M. Hacker, Mathe, L. Hacker] 3:37.20; 2. So. Cal Striders [Smith, Carrington, Elliot, Cohen] 3:38.4; 3. South Africa #2 4:01.57. **Men 50-59:** 1. Corona Del Mar [Beadle, Stolpe, Harte, Cheek] 3:52.39 MR.

WR = World Record
AR = American Record
MR = Meet Record
(World and American Records are also meet records)

OUTSTANDING ATHLETE AWARDS:

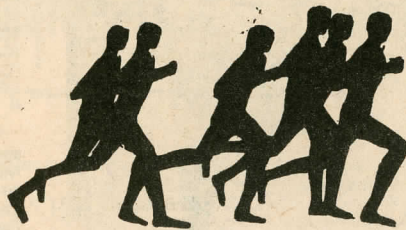
Men 30 Lee Evans (CA)
Men 35 William Mogheregi (SA)
Men 40 Ernie Billups (IL)
Men 45 Cliff Pauling (NY)
Men 50 Don Cheek (CA)
Men 55 Jim O'Neil (CA)
Men 60 Bob Hunt (CA)
Men 65 Harry Koppel (CA)
Men 70 Fred Reid (SA)
Men 75 Win McFadden (CA)
Men 80 Paul Spangler (CA)
Women 30 Eileen Watson (NC)
Women 40 Irene Obera (CA)
Women 50 Shirley Kinsey (CA)
Women 60 Winifred Reid (SA)
Women 70 Bess James (CA)
Best Track: Jim Burnett (IL)
Best Field: Godfrey Swakala (SA)
Best Foreign: Fred Reid (SA)
Best All-Around: George Cohen (CA)



Three tough masters road racers
Ken Takeuchi, Harry Harder, Ed Preston

photo by Marty Higginbotham

LONG DISTANCE LOG



by **RICHARD SLOTKIN** LONG DISTANCE EDITOR
 Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.

POINTS OF INTEREST

by **Richard Slotkin, Long Distance Editor**

We recently received a letter from Henry Ehrlich of Southern California Striders, or should we say, one of the groups which calls itself the Southern California Striders, taking me to task over the article I wrote in the last issue. His letter appears in this month's Mailbag.

Normally, I don't like to use precious space in this column to respond to letters, but Mr. Ehrlich's letter justifies at least some response. (Besides, I didn't have much of anything that was very exciting to put in. It was a dull summer.) Mr. Ehrlich refers to many inconsistencies and untruthful facts. By untruthful facts, does he mean lies? That's a pretty serious accusation and he presented nothing to substantiate the charge.

The part I liked the best though is his claim of irreparable harm. In a word, that is absurd. Anyone who would make a statement like that would find irreparable harm in a peanut butter sandwich. No one was condemned, nor even charged. Positions of all sides were presented as they were given to me, minus some of the more emotional charges and countercharges. Further facts were presented as

the agony and ecstasy (in that order) of a Bar Mitzvah at Temple Emanuel in Paterson, NJ. In 1965, I went through the ecstasy and agony (in that order) of beginning what turned out to be a six-year marriage in front of a rabbi at Shaari Chaim in West Los Angeles. (Unfortunately, like my marriage, the synagogue no longer exists.) And in 1972 and 1976, I spent my vacations in Israel. So, I would say my credentials are in pretty good order on that subject.

2. No one said the masters were an original entity in the Striders. Reread the article if you have any doubts. Some who formed the masters were original Striders, or at least claim to have been.

3. Hal Harkness was, indeed, the head of LDRC but according to the SPA was not an SPA officer, and therefore could not authorize name changes.

Actually, all the charges presented by Mr. Ehrlich are a bunch of nit-picking nonsense and quite irrelevant. The facts are:

1. There is a dispute as to use of the name Southern California Striders in AAU activities only.

HALF MARATHON

CALIFORNIA'S ALL TIME LIST

compiled by
Bob Martin
 National Running Data Center

MEN

1:05:38	Gary Blume(22, Berkeley)	79
1:05:54	Thom Hunt(19, San Diego)	77
1:06:00	Chuck Smead(28, San. Paula)	79
1:06:15	Tom Lux(26)	79
1:06:29	Gary Close(24, El Cajon)	79
1:06:36a	Gary Close(El Cajon)	79
1:06:37a	Ben Wilson(30)	78
1:07:05a	Glenn Best(22, San Diego)	79
1:07:08	James Mosher(29, San Diego)	79
1:07:08	John Jones(30, Goleta)	79
1:07:13	Glen Best(22, San Diego)	79
1:07:13	Wally Buckingham(26, E. Cal.)	79
1:07:21	Steve Ortiz(19)	79
1:07:21	Rory Trup(25, San Diego)	79
1:07:24	George Pullen(23)	77
1:07:32	Phil Camp(29)	77
1:07:36a	Ben Wilson(Claremont)	79
1:07:40a	Thomas Kelley(25)	78
1:07:42	Dave Frickle(24, San Diego)	79
1:07:52a	Rory Trup(26, San Diego)	79
1:07:57	Tim Varley(18, San Diego)	79
1:08:07	Thom Hunt(17)	75
1:08:35a	Ed Mendoza(25)	78
1:08:38a	Dave Frickle(25, San Diego)	79
1:08:40	Chris Hughes(21, La Mesa)	79
1:08:48	Jeff Woodland(18, La Jolla)	79
1:08:53	Gary Close(El Cajon)	79
1:08:59	Dennis Hamblin(18)	79
1:09:07	Wayne Buckingham(26 E. Cal.)	79
1:09:10	Wayne Akiyama(23)	75
1:09:15	P. Hendrick(22)	79
1:09:19	Ian Cumming(25)	77
1:09:19a	Brad Roy(25, San Diego)	79
1:09:21	Thomas Kelley(24)	77
1:09:22a	Jeff Woodland(18, La Jolla)	79
1:09:29	George Pullen	78
1:09:29	Les Meyers	76
1:09:31	Eric Gulve(20)	79
1:09:32a	Scott Peters(23, San Diego)	79
1:09:43a	Wally Buckingham(26, E. Cal.)	79
1:09:49	Robert Burch(20)	77
1:09:54	Jim Mosher(27, San Diego)	77
1:09:54a	Terry Snyder(24, San Diego)	79
1:09:57	Wally Buckingham(24, E. Cal.)	77
1:09:59	Dennis Kasiechke(28)	75
1:10:05	Lee Ferrero(30, Weed)	79
1:10:08	Allen Hazard(26)	79
1:10:08a	Martin Nolasco(30, Oceanside)	79
1:10:09	Bob Day(34)	79
1:10:12	Chris Hughes(21, La Mesa)	79
1:10:14	J. Marten Nolasco(28)	77
1:10:14a	James Mosher(29, San Diego)	79
1:10:15	Pat Miller(Berkeley)	79
1:10:16	Mike Podlanski(19, La Mesa)	79
1:10:17a	Robert R. Hale(San Diego)	79
1:10:22	Michael Cour	76
1:10:28	Brad Roy(23)	77
1:10:29a	Mike Podlanski(La Mesa)	79

Las Vegas Sun Marathon

by **Marty Higginbotham**

The time is drawing near for the 2nd Annual Las Vegas Classic Marathon Championships. This year's prestigious event will be one of the most competitive road races in the country. Three championship events will be held this year. On Friday, December 5, both the 10K and 13.1 races will be held with starting time for the 10K at 7:00 a.m. and the 13.1 at 8:30 a.m. On Saturday, December 6, the full marathon will be contested with the gun going off at 7:00 a.m. The races will feature nine separate age divisions (see advertisement in this issue) plus an open division for world class competition. All three events are sanctioned and certified by the AAU.

A superb contestant package is being offered to each runner. This package includes four days and three nights at the fabulous resort hotels and casinos on the famous Las Vegas Strip; late shows; two free marathon breakfasts and dinners; portage fees; pre-registration at the hotels; race entry fees; free Las Vegas Fun Pack; and each contestant will be given special participation gifts and certificates. Also free Budweiser Light beer will be at the finish lines. The cost for this entire package is only \$99.

Last year top American and foreign runners competed and broke three American records. Weather last year was ideal (usually around 40-55, with low humidity) and the flat fast paved course on the Las Vegas Strip provides terrific conditions for fast times.

In 1979 such stars as Bill Rodgers, Frank Shorter, Randy Thomas, Kirk Pfeffer, Tom Wysocki and California's own Dave Babiracki and Gary Tuttle all competed to make it a very classical event. Babiracki won the marathon event in 2:16:55, while Tuttle finished third in 2:18:32. Last year's 26.2 mile course was unexpectedly tough but has been adjusted this year to provide faster times.

A reliable source has stated that they are expecting two time World Cup Champion and Olympic gold medalist from Ethiopia, Miruts Yifter. Also two time Olympic gold medalist in the marathon Waldemar Cierpinski.

Come and be part of this classical event in Las Vegas on December 4, 5, 6, 7.

Century City 20th Century Fox 10K

June 15, 1980.

by **Richard Slotkin**

all that downhill he had made such good time on was now uphill if he went back. He hung in and pretty soon to the cries of "Wheelchair coming on the right!" he cruised by me at about 35 mph...only to eat it again on the next hill. "Hi there!", I said, as I went by again considerably slower than 35 mph.

A final note: To the pretty young lady who cut off about 150 yards at the finish by cutting through one of the center-line islands and gained maybe 6 positions by doing so, and who wouldn't go back even when she was spotted, and who was too far back to qualify for an award--was it worth it?

This one is old news by now, but we just got a copy of the official results...finally.

In its third year, this run is still holding up its popularity. Lots of merchandise awards, a nice route with rolling, but short, rises and a convenient West L.A. location seem to be the contributing factors.

Dave Babiracki didn't win this year for a change. Actually, he wasn't entered either. So, who did win? Bill St. James says he did, and everyone saw him run the whole course and finish in 30:30, almost a half minute ahead of Ben Wilson. Unfortunately, St. James wasn't entered either. He claimed he was given the OK to run and pay his entry fee after the race as he arrived too late to do it beforehand. Apparently, when the time came, he balked and then some witnesses claimed that he did, in fact, have time to properly credential himself. But he had balked then, too.

So, a trophy was given to appease him...after all, the race officials reasoned, he DID run fastest...and sent him on his way. And thus it came to pass that Ben Wilson was raised above the heads of all

WOMEN

Overall:		
1.	Teresa Haro	38:10
2.	Elaine Schultze	39:00
3.	Jennifer Weiss	39:56
4.	Margaret Miller	40:42
5.	Margaret Spotts	41:24
6.	Lynne McGinnis	41:41
7.	Christa Romappanen	41:42
8.	Molly Thayer	42:39
9.	Martha Castillo	41:52
10.	Guinta Lopez	42:55
11.	Pauline Stevens	43:05
12.	Judy Kewley	43:33
13.	Darleen Sams	44:25
14.	Lisa Lepfler	45:17
15.	Carolyn Ishida	45:21
16.	Kathy Pomeroy	45:26

We recently received a letter from Henry Ehrlich of Southern California Striders, or should we say, one of the groups which calls itself the Southern California Striders, taking me to task over the article I wrote in the last issue. His letter appears in this month's Mailbag.

Normally, I don't like to use precious space in this column to respond to letters, but Mr. Ehrlich's letter justifies at least some response. (Besides, I didn't have much of anything that was very exciting to put in. It was a dull summer.) Mr. Ehrlich refers to many inconsistencies and untruthful facts. By untruthful facts, does he mean lies? That's a pretty serious accusation and he presented nothing to substantiate the charge.

The part I liked the best though is his claim of irreparable harm. In a word, that is absurd. Anyone who would make a statement like that would find irreparable harm in a peanut butter sandwich. No one was condemned, nor even charged. Positions of all sides were presented as they were given to me, minus some of the more emotional charges and countercharges. Further, facts were presented as facts and opinions were labeled as such, even when the opinions were my own.

Mr. Ehrlich's closing paragraph to the cover letter states that he wants to hear from me so as to present all the facts. This, plus his earlier question of who I spoke with besides Tom Sturak, is just a tad puzzling. The first person I contacted after Sturak was—Henry Ehrlich. The second? His attorney, Howard Gould. The others mentioned in the article were all personally contacted by me.

Now, I really didn't, and still don't, take any personal offense at all this. But when Mr. Ehrlich comes on with threats of legal action, suing CT&RN and me, I do get a bit annoyed. Nor because we're afraid of it.... In fact, I could probably further my so-far-undistinguished literary career by such a development. And Bill might be able to sell more subscriptions and give me a raise. What ticks me off is an attempt to suppress by intimidation. I suspect the court could use a little comic relief by having the article named in the suit. In other words, they would probably laugh it right out of court. Also, I suspect Mr. Ehrlich's enthusiasm for suing everyone in sight is not quite matched by his legal counsel. Further, law student David Greifinger (Loyola-Marymount) points out that the complete lack of substance to the charges invites a counter charge of malicious prosecution. Get serious, Mr. Ehrlich. Everyone had a chance to present whatever facts and opinions which they felt were relevant. We merely presented what we had.

But let's get down to a few specific charges.

1. I insulted the Beverly Hills Support Group by referring to a possibility that concern over the Yom Kippur war affected funding for the Striders. Someone suggested that may have been the case and I hedged by saying "...it SEEMS..." I consider this a charge of anti-semitism against me, which might be okay except that: In 1946, I went through

the agony and ecstasy (in that order) of a Bar Mitzvah at Temple Emanuel in Paterson, NJ. In 1965, I went through the ecstasy and agony (in that order) of beginning what turned out to be a six-year marriage in front of a rabbi at Shaari Chaim in West-Los Angeles. (Unfortunately, like my marriage, the synagogue no longer exists.) And in 1972 and 1976, I spent my vacations in Israel. So, I would say my credentials are in pretty good order on that subject.

2. No one said the masters were an original entity in the Striders. Reread the article if you have any doubts. Some who formed the masters were original Striders, or at least claim to have been.

3. Hal Harkness was, indeed, the head of LDRC but according to the SPA was not an SPA officer, and therefore could not authorize name changes.

Actually, all the charges presented by Mr. Ehrlich are a bunch of nit-picking nonsense and quite irrelevant. The facts are:

1. There is a dispute as to use of the name Southern California Striders in AAU activities only.

2. BOTH sides have sufficient substance to their claims to cause indecision on the part of SPA and TAC, and for the judiciary to at least hear them out.

Whatever my personal feelings, I don't KNOW who is right, and I wouldn't venture a guess as to whom the court will find for. In a way I am a bit sorry that Mr. Ehrlich was so disturbed by the article, because I wrote it in a pretty neutral tone. I will admit, though, that Mr. Ehrlich's response is not exactly a surprise. I was tipped off. Both explicitly and implicitly, that this was likely to happen. Seems to me, his own letter is far more damaging to his cause than anything I said. In any case, last I heard, it's beaten and battered, but it still lives. The first amendment that is.

PERSONAL RECORDS

Starting this month, we will be listing PR's (personal records) for anyone at any distance from the mile/1500m on up. First attempt at a distance counts, so send your times to us. We'll need the following: name, event, distance, time, whether it is a first attempt at the distance, and club/team or hometown. If you received a place or age group award, tell us that too.

Starting this month we have:

Pauline Stevens(SMTC) SF Marathon 713
3:12:40 4th 30-39

Teresa Haro(SMTC)Santa Monica ½ Mara
1:22 1st female

Peter Rice(SMC)Santa Monica Mara
2:49:02 7th 30-34

Send your results to:

Long Distance Log
c/o Richard L. Slotkin
14212 Summertime Lane
Culver City, CA 90230

1:09:10	Wayne Akiyama(23)	75
1:09:15	P. Hendrick(22)	79
1:09:19	Ian Cumming(25)	77
1:09:19a	Brad Roy(25, San Diego)	79
1:09:21	Thomas Kelley(24)	77
1:09:22a	Jeff Woodland(18, La Jolla)	79
1:09:29	George Pullen	76
1:09:29	Les Meyers	76
1:09:31	Eric Guive(20)	79
1:09:32a	Scott Peters(23, San Diego)	79
1:09:43a	Wally Buckingham(26, E. Cal.)	79
1:09:49	Robert Burch(20)	77
1:09:54	Jim Mosher(27, San Diego)	77
1:09:54a	Terry Snyder(24, San Diego)	79
1:09:57	Wally Buckingham(24, E. Cal.)	77
1:09:59	Dennis Kaslischke(28)	75
1:10:05	Lee Ferrero(30, Weed)	79
1:10:08	Allen Hazard(26)	79
1:10:08a	Martin Nolasco(30, Oceanside)	79
1:10:09	Bob Day(34)	79
1:10:12	Chris Hughes(21, La Mesa)	79
1:10:14	J. Marten Nolasco(28)	77
1:10:14a	James Mosher(29, San Diego)	79
1:10:15	Pat Miller(Berkeley)	79
1:10:16	Mike Podlanski(19, La Mesa)	79
1:10:17a	Robert R. Hale(San Diego)	79
1:10:22	Michael Cour	76
1:10:28	Brad Roy(23)	77
1:10:29a	Mike Podlanski(La Mesa)	79

WOMEN

1:14:50a	Kathy Mintie(19, Fullerton)	79
1:15:04	Martha Cooksey(24, Orange)	78
1:18:48	Laurie Binder(31, San Diego)	79
1:19:35	Yvonne Yanke(21, San Diego)	79
1:21:08	Nadla Garcia(22, San Diego)	76
1:21:28	Diane Riley(23, San Diego)	79
1:21:42	Jill Symons(18, Chico)	79
1:22:26	Kay Harpold(29)	79
1:22:31a	Jeanne Abare(25, San Diego)	79
1:22:34	Lisa Whiteman(18, La Mesa)	79
1:22:42a	Yvonne Yanke(21, San Diego)	79
1:22:45a	Susan Gelliey(18, Spring Val.)	79
1:23:11a	Yvonne Yanke(20, San Diego)	78
1:23:32a	Diane Riley(23, San Diego)	79
1:23:57a	Lisa Whiteman(19, La Mesa)	79
1:24:10	Pam Morris(21)	79
1:24:33a	Debbie Lewis(24)	78
1:24:46a	Laurie Binder(31, San Diego)	78
1:25:00	Cheryl Flowers(17, San Diego)	79
1:25:02	Anna Mucus(17)	79
1:25:08	Jeanne Monique(25)	79
1:25:12	Laurie Binder(32, San Diego)	79
1:25:13a	Eileen Turkel(24)	78
1:25:15	Rita Scallies(28, Carmichael)	79
1:25:20e	Laura Miller(17, Van Nuys)	79
1:25:43	Debbie Lewis(Solano Beach)	79
1:25:46	Jeanne Abare(San Diego)	79
1:26:12	Eileen Waters(30)	76
1:26:35	Sue Krenn(27, San Diego)	78
1:26:48	Bridget Bohan(17)	77
1:26:48	Cathy Oddone(Chico)	79
1:26:49a	Kay Harpold(28)	78
1:26:50a	Kalana Pursel(25, San Diego)	79
1:26:55	Kathy Langdoc(20)	79
1:27:11a	Nadla Garcia(24, San Diego)	78
1:27:11	Ruthie Truscott(15, San Diego)	79
1:27:15a	Susan Gelliey(17)	78
1:27:15	Sue Krenn(28, San Diego)	79
1:27:19	Lolita Bache(37, San Diego)	79
1:27:30	Clare Barbod(19)	79
1:27:37	Vita Hitchcock(23)	79
1:27:53	Eileen Turkel(24)	79
1:28:00a	Ruthie Truscott(15, San Diego)	79
1:28:04	Norma Miller(32, Poway)	79

This one is old news by now, but we just got a copy of the official results...finally.

In its third year, this run is still holding up its popularity. Lots of merchandise awards, a nice route with rolling, but short, rises and a convenient West L.A. location seem to be the contributing factors.

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So, a trophy was given to appease him...after all, the race officials reasoned, he DID run fastest...and sent him on his way. And thus it came to pass that Ben Wilson was raised above the heads of all the throng and proclaimed throughout the realm as the winner. If that sounds a bit flowery, you should have been there. With the fountains of Avenue of the Stars as a backdrop, several huge theatre-type speaker systems blared out the them from "Star Wars" and "The Empire Strikes Back" while 2500 to 3000 runners took off and paraded past the Century Plaza Hotel.

First prize for the women went to Teresa Haro, who got her first win. She's done quite well since, as you will have noted, and continue to note in these pages. She won by nearly a minute despite having to stop and walk about a half block, less than a mile from the finish, with a severe side stitch. She worked it out though, and ran in for a very creditable 38:10 over a moderately tough course.

The guys you really had to hand it to were the wheelchair racers. They really made time for the first half of the course because it was all level or downhill, mostly downhill. But, on a loop course, there is exactly as much uphill as there is downhill, and their moment of truth came—several times. With plenty of encouragement from the other runners, they inched their way up each hill and, as he usually does, lying on his stomach on a gurney and propelling himself with a short-stemmed cane in each hand, Buford Harris was the convincing winner. Talking to the wheelchair participants afterwards, I asked them how they liked the course. They all agreed it was just what they wanted—an "honest" course. One that made them do an honest day's work, I guess they meant. I had my own troubles with the hills, but when I passed them going up, I realized it wasn't so bad for me. One of them admitted he had a particularly hard time on the first hill and he was thinking of saying, "To hell with it!" and going back. One problem though,

WOMEN

Overall:

1.	Teresa Haro	38:10
2.	Elaine Schultze	39:00
3.	Jennifer Weiss	39:56
4.	Margaret Miller	40:42
5.	Margaret Spotts	41:24
6.	Lynne McGinnis	41:41
7.	Christa Romappanen	41:42
8.	Molly Thayer	42:39
9.	Martha Castillo	41:52
10.	Guinta Lopez	42:55
11.	Pauline Stevens	43:05
12.	Judy Kewley	43:33
13.	Darleen Sams	44:25
14.	Lisa Lepfler	45:17
15.	Carolyn Ishida	45:21
16.	Kathy Pomeroy	45:26
17.	Penny Burnstein	45:56
18.	Bonnie Emmet	45:57
19.	Susan Stevens	46:00
20.	Kathy Pugh	46:12

15 & Under: 1. Kathy Pugh 46:12; 2. Kimberly Steward 46:29; 3. Colleen Kelly 46:54; 4. Teresa Dillon 47:37; 5. Julie Gants 47:45; 6. Michelle Smooke 48:50; 7. Jeanine Griffiths 48:51; 8. Eileen O'Conner 51:59; 9. Lisa Hausknecht 52:06; 10. Tiffany Nuffield 52:08. 16-18: 1. Margaret Spotts 41:24; 2. Lisa Leffler 45:17; 3. Kathy Pomeroy 45:26; 4. Penny Bernstein 45:56; 5. Heidi Howell 46:58; 6. Terry Lark 47:27; 7. Lisa Warren 55:09; 8. Penny Gasper 57:51. 19-24: 1. Teresa Haro 38:10; 2. Elaine Schultze 39:00; 3. Lynne McGinnis 41:42; 4. Martha Castillo 41:52; 5. Quita Lopez 42:55; 6. Darlene Sams 44:25; 7. Colleen Corsaro 46:24; 8. Olivia adilla 46:44; 9. Susan Jayson 47:14; 10. Heidi Lamson 48:04. 25-29: 1. Jenny Weiss 39:56; 2. Bonnie Emmett 45:57; 3. Jo Anne Woo 46:23; 4. Phyllis Martin 47:04; 5. Judy Le Grande 47:09; 6. Gwen Parsell 47:22; 7. Lorraine Miles 47:23; 8. H. Juarez 47:44; 9. Karla Katz 47:46; 10. Stephanie John 48:25. 30-39: 1. Molly Thayer 42:39; 2. Pauline Stephens 43:05; 3. Judy Kewley 43:33; 4. Carolyn Ishida 45:21; 5. Susan Stephens 46:00; 6. Connie Applegarth 46:23; 7. Diane Eastman 46:28; 8. Linda Pence 46:46; 9. Mary Bottaia 46:57; 10. Michelle Bodeau 47:15. 40-49: 1. Christa Romappanen 41:41; 2. Halcyon Roy 46:41; 3. Marylyn Kistner 48:15; 4. Barbara Valastro 48:19; 5. Jane Dods 48:59; 6. Janan Holmes 49:34; 7. Carol Davis 50:01; 8. Yvette Tazuin 50:18; 9. Barbara Henon 51:10; 10. Julia Fernee 51:23. 50-59: 1. Margaret Miller 40:42; 2. Colleen Jones 47:02; 3. Helen Palmer 47:48; 4. Marci Bishop 55:57. 60+: 1. Priscilla Libby 59:10. Blind Runner: 1. Mike Zorick 43:12.

continued on next page...

MEN		
Overall:		
1. Ben Wilson	30:58	
2. Armond Cendejas	31:06	
3. Patrick Weiler	31:20	
4. Duane Waltmire	31:28	
5. Bob Macias	31:34	
6. Ron Ysais	31:39	
7. Joseph Avila	31:39	
8. Hector Perez	31:49	
9. Michael Chambliss	31:54	
10. Tom Babiracki	32:02	
11. Ron Kurrle	32:04	
12. William Entz	32:18	
13. Joey Gomez	32:21	
14. Ray Cook	32:36	
15. De Minter Tyrus	32:41	
16. Tim Cornish	32:44	
17. Peter Magill	32:51	
18. Mark Van Leeuwen	32:56	
19. Gerardo Canchola	33:01	
20. Phillip Bowler	33:05	
15 & Under: 1. Steve Krotoski 35:00; 2. Steven Dietch 37:46; 3. George Yoster 37:48; 4. Mike Finn 38:19; 5. Shane Ploos 38:25; 6. Darrell Mirkin 38:43; 7. Even Griffey 38:52; 8. John Jay 39:02; 9. Brad Kearns 39:19; 10. Corey Brinkema 39:25.		
16-18: 1. Ron Ysias 31:39; 2. Ray Cook 32:36; 3. Tyrus De Minter 32:41; 4. Peter Magill 32:51; 5. Paul Farina 33:11; 6. Chris Brenneman 33:56; 7. Jim Kelly 34:07; 8. Ken Knudson 34:29; 9. Kenny Ellingboe 35:02; 10. Tom Hays 35:36.		
19-24: 1. Armando Cendejas 31:06; 2. Pat Weiler 31:20; 3. Duane Waltmire 31:38; 4. Joe Avila 31:39; 5. Hecotr Perez 31:49; 6. Tom Babiracki 32:02; 7. Joey Gomez 32:21; 8. Tim Cornish 32:44; 9. Mark Van Leeuwen 32:56; 10. Gerardo Canchola 33:01.		
25-29: 1. William Entz 32:18; 2. Phillip Bowler 33:05; 3. Gary Sheppard 33:08; 4. Paul Cloward 33:49; 5. Mike Lazoya 34:59; 6. Arthur Ting 34:12; 7. Mike Lozoya 34:39; 8. Tom Lowry 34:39; 9. Ron Gee 34:40; 10. David Vanderveen 34:50.		
30-34: 1. Ben Wilson 30:58; 2. Bob Macias 31:34; 3. Mike Chambliss 31:54; 4. Ron Kurrle 32:04; 5. Rocky Mettan 34:58; 6. Benjamin Knight 35:06; 7. Peter Rice 35:20; 8. Charles Hoover 35:38; 9. Henry Lange 35:38; 10. Tom Sneddon 36:25.		
35-39: 1. Charles McClung 34:24; 2. Eugene Veenhuis 36:28; 3. Jim Ryan; 4. Brian Fernee 37:01; 5. Steen Kovary 37:28; 6. Carlos Balbona 37:34; 7. Ralf Latham 37:36; 8. Gene Comroe 37:49; 9. Francis Gaskins 37:55; 10. Josef Jacobsen 38:06; 11. John De Fato 38:10.		
40-44: 1. Marvin Royley 34:38; 2. Eino Romapanen 35:17; 3. Jim Gillespie 35:31; 4. Skip Shaffer 36:16; 5. George Cohen		

36:26; 6. Tom Carroll 36:46; 7. Norman Cohen 36:54; 8. Christopher bourke 37:07; 9. Joseph Gassman 37:10; 10. Art Milanez 37:20. **45-50:** 1. Jim Knerr 34:26; 2. John Kearns 35:05; 3. Sam Gee 38:50; 4. hand Norton 38:53; 5. Bruce Brinkema 38:59; 6. Ernest Contreras 39:19; 7. Jim Scarborough 39:37; 8. Chip Strange 39:44; 9. Aurelio Camacho 39:47; 10. Norm Muggleston 40:41. **50-54:** 1. Charles Hanson 36:54; 2. Richard Durand 38:40; 3. Jerry Withas 39:30; 4. Richard Elizarraras; 5. Sheldon Diehl 42:00; 6. Roger Boedecker 42:03; 7. Harold Franzlick 42:39; 8. Ed Kneer 42:49; 9. Jerry Soto 42:50; 10. Robert Gerlach 43:59. **55-59:** 1. Ray Gil 38:05; 2. Bryant Cratty 39:46; 3. Paul Jerstrom 41:14; 4. McManus 42:08. **60-69:** 1. Eddie Lewin 40:19; 2. Demetrio Miller 42:26; 3. Clyde Ailing 43:28. **70 & Over:** 1. Jim Bole 48:48; 2. Nat Pisciotta 62:00.

Father/Child Teams--Combined Times		
1. Ray Knerr	68:14	
Jim Knerr		
2. Steve Durand	72:50	
Dick Durand		
3. Eric Contreras	75:71	
Enest Contreras		
4. Tony Soto	78:01	
Jerry Soto		

CCA-AAU One Hour Run

June 7, 1980. College of the Sequoias Track, Visalia. Weather--warm and sunny.

High Sierra Track Club members were eager to defend their National AAU One Hour Run Championship. Led by Juan Garza, HSTC runners captured first place honors in each of the mens divisions. Garza who had been absent from the racing scene for a few months returned in good form covering 11 miles, 262 yards to win the open division. Don Chapin easily won the submaster category going 10 miles, 1644 yards while teammate Wayne VanDellen went 10 miles, 806 yards to win the masters division. In the junior division, High Sierra runner Fred Castillo covered 10 miles, 1141 yards to take honors. Andra Cullen won the womens division going 6 miles, 1239 yards.

High Sierra Track Club easily won the team title. Curt Elia, Al Lomeli and Frank Delgado led the Fresno Track Club to a second place team finish.

RESULTS

Open Men:		
1. Juan Garza(High Sierra TC)	11-267	
2. Curt Elia(Fresno TC)	11-82	
3. Al Lomeli(Fresno TC)	10-1107	
Submaster Men:		
1. Dan Chapin(High Sierra TC)	10-1644	
2. Craig Newport(Visalia Runners)	10-95	
3. Roger Sebert(Visalia Runners)	9-1257	
Master Men:		
1. Wayne VanDellen(H. Sierra TC)	10-806	
2. Frank Delgado(Fresno TC)	10-390	
3. Sid Toabe(Fresno TC)	9-992	
Junior Men:		
1. Fred CAstillo(High Sierra TC)	10-1141	
Women:		
1. Andra Cullen(Un.)	6-1239	



Don Chapin

photo by Marty Higginbotham

Semana Nautica SPA 15KM Championships

July 4, 1980. Santa Barbara, Calif.

1. Gary Tuttle(32, Ventura)	46:06
2. Chuck Smead(28, Santa Paula)	47:08
3. Scott Mayfield(20, Santa Maria)	47:34
4. Jim Triplett(22, Santa Barbara)	47:50
5. Steven Brown(27, Arleta)	47:55
6. Michael Chambliss(31, V. Nuys)	48:30
7. Robert Macias(30, Los Angeles)	48:42
8. Robert Hollister(21, Santa Barb.)	48:42
9. Ed Callaway(17, Goleta)	48:59
10. Joseph League(21, Goleta)	49:56
11. David Boyet(25, Menlo Park)	50:34
12. Barasa Thomas(18, Santa Barb.)	50:55
13. Bill Scobey(35, Ventura)	50:57
14. Bob O'Brien(25, Morro Bay)	51:04
15. Ray Knerr(20, Simi Valley)	51:04
16. David Kurtze(20, Orcutt)	51:12
17. Clyde Matsumura(20, S. Mon.)	51:30
18. Andy DiConti(17, La Canada)	51:40
19. Bob Brennan(19, Santa Barb.)	51:43
20. Tim Minor(22, Santa Barbara)	51:59
21. George Aguirre(22, S. Barb.)	52:16
22. Jon Jackson(21, Santa Barbara)	52:21
23. Jim Knerr(46, Simi Valley)	52:32
24. John Brennan(44, Santa Barb.)	52:50
25. John Fisanotti(24, La Crescenta)	53:05
26. Eduardo Lopez(21, Los Angeles)	53:10
27. Michael Trujillo(17, Los Ang.)	53:14
28. Joseph Carlson(28, Long Beach)	53:22
29. John Jones(31, Goleta)	53:24
30. Charles Elkins(36, Arr. Grande)	53:25

Men 35-39:	
1. Bill Scobey(35, Ventura)	50:57
2. Charles Elkins(36, Arr. Grande)	53:25
3. Julian Sanchez(38, Santa Barb.)	54:37
4. Jesse Cook(39, Thousand Oaks)	55:04
5. Ed Jerome(36, Rosamond)	55:33

Men 40-44:	
1. John Brennan(44, Santa Barb.)	52:50
2. Gary Anderson(42, Los Angeles)	53:28
3. Skip Shaffer(42, Fullerton)	53:59
4. Skip Witt(52, Canoga Park)	55:43
5. Benjamin Sawyer(43, S. Cruz)	55:53
6. Joseph Marino(50, Simi Valley)	56:16
7. Richard Pallies(52, Hollywood)	56:32

Men 45-49:	
1. Jim Knerr(46, Simi Valley)	52:32
2. Richard Bartek(47, Santa Barb.)	53:42
3. George Berg(47, Ventura)	1:00:03
4. Bob Carman(49, Santa Barb.)	1:00:08
5. George Davall(46, R.P. Verd.)	1:01:20

Men 50-54:	
1. Patrick Devine(51, San Pedro)	59:38
2. Walter Atcheson(53, La Verne)	1:02:30
3. William Cattol(51, Goleta)	1:07:16

Men 55-59:	
1. Ray Gil(55, Lompoc)	57:45
2. Richard Davies(58, Altadena)	1:01:07
3. John McManus(57, Tarzana)	1:05:29

Men 30 & Over:	
1. John Holoubek(63, Lompoc)	1:02:57
2. Demetrio Miller(60, Thous. O.)	1:05:34
3. Ed Lowell(64, Tarzana)	1:09:39

Women 30-39:	
1. Patricia Story(31, Venice)	57:34
2. Sandra Marshall(32, Goleta)	1:00:37
3. Ann Saunders(30, Goleta)	1:08:17

Women 40-49:	
1. Jennifer Wright(44, Indio)	1:01:16
2. Christa Romppanen(41, Mal.)	1:04:21
3. Fay Hobbs(44, Santa Barbara)	1:06:13

Women 50 & Over:	
1. Margaret Miller(54, Thous. O.)	1:01:41
2. Patricia Frankus(53, S. Barb.)	1:28:38
3. Grace Schweitzer(62, S. Barb.)	1:41:32

Felton Race to the Redwoods

July 13, Felton. 6.9 miles, hilly and partly through sand.

1. Paul Zucker (Sunnyvale)	38:11
2. Gilbert Munoz (Watsonville)	38:26
3. Dave Stock (Monterey)	38:38
4. John Hellman	38:43
5. Steve Tagmagni	38:50
6. Tony Vedder	nt
7. Carlos Carrasco	nt

Very poor race administration caused lack of times at the finish and other problems.

Greater Ontario TC Mid Summer 10K

July 13, 1980. Ontario, Calif.

1. Danny Reed(19-29)	30:32.9
2. Steve Chase(19-29)	30:56.2
3. Mark Nelson(19-29)	31:03.8
4. Mark Ruelas(15-18)	31:06.0
5. Mike Trileusky(19-19)	31:15.1
6. Terry Drake(19-19)	31:18.9
7. Joseph Avila(19-19)	31:23.2
8. Tony Reyes(15-18)	31:23.9
9. Gilbert Cortez(19-29)	31:34.5
10. Donald Ocana(19-29)	31:49.4
11. Barry Clendaniel(19-29)	31:52.9
12. James Ursuld(19-29)	32:05.0

PORTERVILLE VETERAN'S DAY

5,000 METER & 10,000 METER ROAD RACES

Henry Lange 35:38; 10. Tom Sneddon 36:25. **35-39:** 1. Charles McClung 34:24; 2. Eugene Veenhuis 36:28; 3. Jim Ryan; 4. Brian Fernee 37:01; 5. Steen Kovary 37:28; 6. Carlos Balbona 37:34; 7. Ralf Latham 37:36; 8. Gene Comroe 37:49; 9. Francis Gaskins 37:55; 10. Josef Jacobsen 38:06; 11. John De Fato 38:10. **40-44:** 1. Marvin Royley 34:38; 2. Eino Romapanen 35:17; 3. Jim Gillespie 35:31; 4. Skip Shaffer 36:16; 5. George Cohen

yards to win the masters division. In the junior division, High Sierra runner Fred Castillo covered 10 miles, 1141 yards to take honors. Andra Cullen won the womens division going 6 miles, 1239 yards.

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Don Chapin

6. Joseph Marino(50, Simi Valley)	56:16	2. Steve Chase(19-29)	30:32.9
7. Richard Pallies(52, Hollywood)	56:32	3. Mark Nelson(19-29)	30:56.2
Men 45-49:			
1. Jim Knerr(46, Simi Valley)	52:32	4. Mark Ruelas(15-18)	31:06.0
2. Richard Bartek(47, Santa Barb.)	53:42	5. Mike Trileusky(19-19)	31:15.1
3. George Berg(47, Ventura)	1:00:03	6. Terry Drake(19-19)	31:18.9
4. Bob Carman(49, Santa Barb.)	1:00:08	7. Joseph Avila(19-19)	31:23.2
5. George Davall(46, R.P. Verd.)	1:01:20	8. Tony Reyes(15-18)	31:23.9
Men 50-54:			
1. Patrick Devine(51, San Pedro)	59:38	9. Gilbert Cortez(19-29)	31:34.5
2. Walter Atcheson(53, La Verne)	1:02:30	10. Donald Ocana(19-29)	31:49.4
3. William Cattoi(51, Goleta)	1:07:16	11. Barry Clendaniel(19-29)	31:52.9
		12. James Ursuld(19-29)	32:05.0

PORTERVILLE VETERAN'S DAY

5,000 METER & 10,000 METER ROAD RACES

NOVEMBER 11, 1980 — 8:00 a.m.

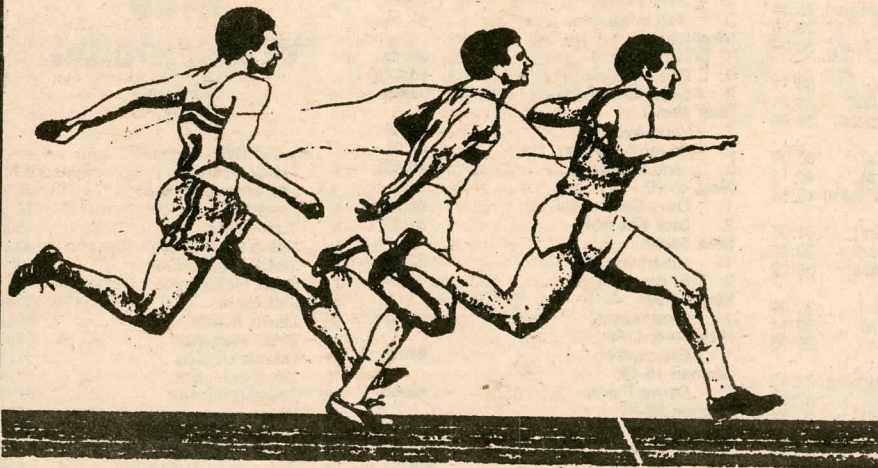
REGISTRATION: 7:00 A.M. — 7:45 A.M.

ENTRY FEE: \$5.00 — 1st 150 entries receive free "T" shirt.

RETURN ENTRY TO: Dr. Allen E. Nelson
Porterville College
900 South Main St.
Porterville, CA 93257

DIVISIONS: Junior (12 & under), 13-17,
Open, 30-39, 40-49, 50 +

AWARDS: First Three Places in All Divisions
plus Oldest & Youngest Finishers



Entry Form

WAIVER: I hereby for myself, my heirs, executors, administrators waive and release any and all rights and claims for damages I may have against the City of Porterville, Porterville College or their representatives, successors or assigns, for any and all injuries, ailments or other consequences, suffered by me in the Porterville Veterans Day Road Race. I attest and verify that I am physically fit to complete a 10,000 meter race or a 5000 meter race if entered in that event.

Signature in Full _____ Signature of Parent if under 18 years old _____

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Check Appropriate Division:

Male Female
 12 & under 13-18 Open 30-39 40-49 50 +

Race: 5000 Meters 10,000 Meters

Shirt Size: small medium large extra large

•make checks payable to: Porterville College Athletic Fund•

13. Keith Janes(19-29)	32:05.1
14. Topper Powers(19-29)	32:09.0
15. Mark Trivevsky(19-29)	32:13.9
16. Zeke Rodriguez(19-29)	32:22.4
17. Ernest Cadena(15-18)	32:26.9
18. Gordon Igenes(19-29)	32:32.9
19. Kevin Farrington(19-29)	32:36.1
20. Casey Perley(19-29)	32:38.2
21. Rob Satterwhite(15-18)	32:42.1
22. Kevin Broady(15-18)	32:43.9
23. Cyril Oblouk(15-18)	32:48.9
24. Vince O'Boyle(30-39)	32:55.9
25. Ken Olson(19-29)	33:04.0
26. Irv Ray(19-29)	33:08.6
27. Mike Lozoya(19-29)	33:15.3
28. Rudy M. Chavez(19-29)	33:15.8
29. Rob Slick(19-29)	33:22.9
30. Vernon Morris(15-18)	33:27.4
31. David Vanderveen (19-29)	33:30.4
32. Marv Alvarez(19-29)	33:31.9
33. Scott Winfield(19-29)	33:35.1
34. Sal D'Amilo(19-29)	33:37.0
35. Geoff Zenneder(30-39)	33:38.0
36. Steve Schweikart(15-18)	33:41.0
37. Michael Jones(15-18)	33:47.5
38. James Dyer(15-18)	33:51.5
39. Scott McKeon(19-29)	34:10.2
40. Steve Streeter(19-29)	34:14.2
41. Robert Sanchez(30-39)	34:23.0
42. Skip Shaffer(40-49)	34:24.8
43. Chi Nauyen(15-18)	34:34.2
44. Leslie Caldera(19-29)	34:35.7
45. Steve Perez(15-18)	34:37.5
46. Jeff Mulligan(15-18)	34:38.5
47. Paul Tjogas(19-29)	34:44.2
48. Salvador Fernandez(15-18)	35:14.1
49. Dan Gutierrez(30-39)	35:14.8
50. Jerry Laverty(30-39)	35:18.2
55. Janice Vellie(F, 19-29)	35:40.6
97. Vivian Saiz(2-F, 19-29)	37:39.3

and the MTC trio of Greg McKinstry, Fred Villegas, and Al Lomelli. MTC's Dave Donaldson and Don Trout finished 1-2 in the Masters (40-49) division while locals David Anderson, Kevin Yaley and Sean Fix swept the 12 & Under division.

RESULTS

12 & Under Boys:

1. David Anderson	31:25
2. Kevin Yaley	31:26
3. Sean Fix	36:32

13-17 Boys:

1. Manuel Renteria	26:56
2. Roy White	27:13
3. Ken Bunton	27:48

18-29 Men:

1. Jim Hartig	25:06
2. Jose Renteria	25:36
3. Greg McKinstry	25:50

30-39 Men:

1. David Russel	27:03
2. Chuck Waldman	28:08
3. Frank Ortega	28:28

40-49 Men:

1. Dave Donaldson	28:44
2. Don Trout	29:46
3. John Plus	30:33

50-59 Men:

1. Jess Rivera	31:12
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12 & Under Girls:

1. Lisa Wade	36:38
2. Noel Foster	40:02
3. Ginger White	41:28

13-17 Girls:

1. Karen Noblett	35:45
2. Nancy Galarneau	36:44
3. Stephanie Delcarmen	37:22

18-29 Women:

1. Barb Melhaus	29:50
2. Carolyn Tierman	32:11
3. Pam Royer	33:39

30-39 Women:

1. Patty Dahlstrom	31:30
2. Maryan Clark	31:57
3. Vicki Belton	36:39

40-49 Women:

1. Jeri Rose	38:29
2. Bonnie Plus	40:30
3. Pat Castellucci	41:09

13. Robert Taylor(20, Visalla)	33:42
14. Ed Taylor(23, Visalla)	33:43
15. Martin Silva(17, Santa Maria)	33:45
16. Skip Shaffer(42, 1-40 +)	33:52
17. Stan Heinrichs(20, Baywood P.)	33:54
18. George Marshall(25, S.L.Obis.)	33:56
19. Michael White(25, Atascadero)	34:02
20. John Lopez(31, Bakersfield)	34:11
21. Scott Durham(16, Fresno)	34:19
22. Matt Armbruster(16, p. Robles)	34:23
23. Andre Tocco(44, San Pedro)	34:28
24. Jeff Chandler(20, Fresno)	34:35
25. Bill Carrier(18, Lompoc)	35:02
44. Ray Gil(55, 1-50 +)	37:34
94. Valerie McVicar(14, 1-F)	40:20
109. Tone Nichols(22, 2-F)	41:20
112. Julie Doering(17, 3-F)	41:28
113. Kimberlee Beckman(21, 4-F)	21:29
122. Sue Broccoll(19, 5-F)	41:52
125. Kelly Buzza(15, 6-F)	42:19

Bunion Derby

July 19, Fresno. 5,000 Meters. Second in a series of four.

1 Bryan Foley	15:09
2 Chris Hamer	15:35
3 Darrel Cox	15:44
4 Baltimore Bettencourt	15:49
5 Al Lomelli	15:49
6 R. Torres	15:57
7 R. Tapla	16:04
8 Mark Hull	16:05
9 Mike Taylor	16:11
10 Tim Cornell	16:22
11 Dean Walker 1-HS	16:26
12 Eric Little	16:36
13 Mark Hemphill 1 30+	16:40
14 Mike Vartanian	16:47
15 Frank Rivas	16:48
22 Gordon Keller 2 30+	17:27
24 George Garcia 3 30+	17:45
29 Joe Delgado 1 40+	18:00
30 Gene Lynch 2 40+	18:00
44 Sid Toabe 1 50+	19:08
49 Kimbi Hamer 1 W	19:26
54 Diane Barrett 2 W	19:49
55 Sandy McPherson 3 W	19:53
56 Harry Harder 2 50+	19:55
58 J. Watts 3 40+	19:58
75 Ken Takeuchi 3 50+	20:33
89 Brenda Wilcox 4 W	21:08
91 Jeanette Burke 5 W	21:19

11th Annual Morro Bay To Cayucos Fun Run

Saturday, July 19, 1980. 6 miles + of sandy beach, cool weather, low tide and 446 finishers.

1. Eric Huff(23, Paso Robles)	30:58
2. Andy DiConti(17, La Canada)	32:09
3. Vernon Sallaz(21, Cal Poly)	32:26
4. John Beaton(26, SLO)	32:28
5. Dan Rueckert(24, SLO)	32:43
6. Jim Hiserman(28, Los Osos)	33:06
7. Chuck Cathey(18, San Jose)	33:15
8. Frank Hutchinson(27)	33:20
9. Mark Breish(19, Atascadero)	33:24
10. Bob Nanninga(33, SLO)	33:26
11. Bob O'Brien(26, Morro Bay)	33:35
12. Roger Dahl(16, La Canada)	33:40

3rd McConnells 5 Mile Run

July 19, 1980. Santa Barbara, Calif.

Boys 14 & Under:

1. Eric Carman(Santa Barbara)	29:38
2. Dave Saunders(Santa Barbara)	33:20
3. Dion Twining(Santa Barbara)	36:52

Boys 15-18:

1. Barasa Thomas(Santa Barbara)	26:01
2. Mike Hobbs(Santa Barbara)	28:40
3. Charlie Calderon(Santa Barbara)	29:10

Men Overall:

1. Jim Triplett(Santa Barbara)	24:32
2. Jon Jackson(Santa Barbara)	25:25
3. Barasa Thomas(Santa Barbara)	26:01

Oxnard Sports Festival

July 19, Oxnard. 10,000 meter.
Oxnard's distance running sensation Ron Ysais sizzled when he won the 10-kilometer run in a course record time of 29:31 at the annual Oxnard Sports Festival.

On the fast 6.2 mile course Ysais broke Gary Tuttle's record of 30:48 set in the 1979 version.
Ysais, who started running at Channel Islands High and then graduated in June from Rio Mesa High, had a lot of competition. The Ventura College bound runner outlegged Oxnard High graduate Eddie Fuel (31:03). Fuel is one of the better distance runner sto come out of the Yellowjacket track and field and cross country program. Coach Ray Hooper retired his track jersey before school finished.
Cathy Fulkerson, the Camarillo High running product, won the women's division. Running in the 19-29 class, she clocked 36:07.

MEN

18 and Under:

1. Ron Ysais	29:31
2. Eddie Fuel	31:03
3. Gil Torres	33:20

19-29:

1. Bill Sharpe	32:42
2. Chris Francolin	33:14
3. F. Mateo	34:03

30-39:

1. B. Reedy	30:58
2. Thomas Sneedon	33:55
3. Steve Glocke	34:36

40-49:

1. Eino Rumpannen	33:45
2. Truman Clark	34:17
3. Jerry VanMeter	35:29

50 Plus:

1. John Wefler	40:00
2. Sal Montana	44:44
3. James Vernon	44:59

WOMEN

18 and Under:

1. Lorraine Mercado	40:33
2. Patricia Gamboa	43:01
3. Carmen Guerrero	43:39

19-29:

1. Cathy Fulkerson	36:07
2. Chris Noone	39:54
3. Cathy Tamashiro	47:55

30-39:

1. Diane Michels	47:54
2. E. Cushman	53:15
3. Jan Hoffmaster	54:03

40-49:

1. Christa Rumpannen	39:34
2. Ingrid Hainline	42:43
3. Mary Short	57:05
50 Plus:	1. Doris Vernon 60:29.

Lake Tahoe Series, Second Race Results

A field of 91 runners led by Ron Cornell (Mens Division) and Holly Beatle (Womens Division) ran the 6.2 mile, 10K course in the second race of the Lake Tahoe Series.
The July 20th race, sponsored by Big Chief Guides, began at North Tahoe High School at 10:00 a.m. The air was calm and the temperature was hot with clear skies. The course made a scenic but hilly loop around Antone Meadows. Runners agreed that the sections in the shade of the forest were most welcome. Said race director Stephanie Atwood, "This was a tougher course than the first one and the heat was trying, too. Runners felt like

Women 30-34:

1. Carol Lance	57:03
2. Mary Barbara Olson	59:56

Women 35-39:

1. Della Barton	54:29
2. Suanne Connors	59:29
3. Mary Norkin	59:54

Women 40-45:

1. Marjorie Anderson	64:31
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Women 45-49:

1. Pat Castellucci	66:45
2. Betsy Wilson	71:20

Food Bank Run

July 26, 1980. San Diego, Calif. 5,000 METERS

Boys 12 & Under:

1. Guy Sutton	18.50
2. Don Steele	21.46
3. Travis Saylor	21.53

Girls 12 & Under:

1. D. Erickson	22.27
2. Moegan McCriary	23.39
3. Shannon Gregory	27.49

Men 13-29:

1. Tim Barley	15.15
2. David Jackson	15.39
3. Britt Jackson	

Women 13-29:

1. Sharon Swan	20.24
2. Kathy Holl	21.19
3. Ann Morrison	21.20

Men 30-39:

1. Dan McCaskill	16.07
2. Howard Moody	16.65
3. Denise Davis	22.56

Women 30-39:

1. Kathy Fogarty	20.10
2. Karen Fredericks	20.45
3. Cinthia Adams	20.49

Men 40-49:

1. Jerry Berkovd	
2. Ray Archivald	18.46
3. Ronald Clark	19.19

Women 40-49:

1. Sylvia Crose	22.09
2. Jeannie Bower	
3. Julie Rocha	

Men 50 & Over:

1. Ken Maloney	20.42
2. Norman Webb	21.06
3. Bob Pardinson	21.11

Women 50 & Over:

1. Virginia McLaughlin	23.23
2. Lucy Killea	26.12
3. Iris Sellers	29.18

10,000 METERS

Boys 12 & Under:

1. Brett Blease	44.49
2. Bob Feeney	46.41
3. Paul McCarter	49.25

Girls 12 & Under:

1. Paul Gregory	55.13
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Men 13-29:

1. Ron Roberts	31.35
2. Jeff Woodland	31.46
3. Steve Hill	31.49

Women 13-29:

1. Melind Ikeland	38.29
2. Emely Whitney	39.31
3. Audrey Burns	39.41

Men 30-39:

1. Garry Novak	33.43
2. Bob Bitterlie	35.13
3. Mac Larson	35.29

Women 30-39:

1. Audrey Burns	39.41
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Cancer Fund Run

July 13
The Merced Track Club's second annual Cancer Fund Run drew more than 400 runners from all over northern and central California and included an out-standing women's field. Merced newcomer Barb Melhaus sped to a 29:50 clocking over the flat and fast 5-mile course, more than 2 minutes under the old women's record. Meanwhile, MTCers Patty Dahlstrom and Maryan Clark finished 2nd and 3rd overall and 1-2 in the 30-39 division, just ahead of Fresno's stalwart Carolyn Tierman, and Pam Royer, Lili Hughes, Taco Hernandez, Janet Fujimoto, and Vicki Belton followed in order as MTC women dominated the large distaff field. MTC Masters (over 40) women also fared well as 54-year-old Dorothy Thomas won her division and Pat Castellucci nabbed 3rd in the 40-49 division. Meanwhile MTCers Lisa Wade and Noel Foster finished 1-2 in the 12 & Under group.
The men's race was one of the most exciting ever as Fresno's Jim Hartig knocked nearly a minute off the 5-mile course record, outlasting Jose Renteria

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12. Roger Dahl(16, La Canada)	33:40

NATIONAL RUNNING DATA CENTER PUBLICATIONS LIST

1980 BOOKS

1. U.S. Marathoners - - Lists and ranks by age group each reported marathon finish on a certified course in 1979. Analyzes over 100,000 individual performances. Contains numerous summary tables.	\$9.95
2. Running Records by Age - - Contains single-age records as of 1 Jan 80 for 25 track and road-running events, 100 meters to 100 miles. Includes national and age-group records as officially recognized.	\$3.95
3. U.S. Distance Rankings - - Ranks top 100 men and top 50 women, plus up to 10 in each age group for all standard distance events. Complete all-time US rankings and rankings for 1979.	\$5.95
4. Certified Road Running Courses - - Lists and describes all road-running courses certified by the National Standards Committee by Apr 1980.	\$1.95
EARLIER BOOKS STILL AVAILABLE	
5. U.S. Marathoners, 1979 - - Lists and ranks each reported marathon finish by a US runner on a certified course in 1978. 80,005 performances, summaries.	\$5.95
6. Running Records by Age - - Single-age records as of 1 Jan 79 for 100 meters to 100 miles. (Contains names of many runners not in the latest edition)	\$3.95
7. National Rankings of Runners - - Ranks 100 top men and 50 top women, plus up to 10 in each age group for 1978.	\$3.95
8. Age Records as of 1 Jan 78 - - The first complete compilation of age records for all standard long-distance events.	\$2.00
9. U.S. Distance Rankings, 1976 - - These landmark volumes were the last rankings of all reported finishers of races at standard distances 15 kilo and longer, both on certified and uncertified courses. Only a few copies left. Vol. I contains participation statistics and all distances 15k and up, except half-marathon and marathon. Vol I \$4.00 Vol II is half-marathon and marathon. Vol II \$3.50	

STATISTICAL REPORTS

10. U.S. Ultramarathon rankings, 1979 - - Shows up to 100 open and up to 15 age-group ultramarathon leaders for 1979, as compiled by Nick Marshall	\$1.00
11. National Rankings of Runners - - Summary statistics for 1978. Shows top 10 men and top five women, and age-group leaders for 16 long-distance events.	\$1.00
12. Race Participation Statistics, 1978 - - Shows number of races and finishers by state, largest races by state and distance, per-capita participation.	\$1.00
13. Ultramarathon Rankings, 1978 - - Detailed rankings for 1978 and all-time for all ultramarathon distances, as compiled by Nick Marshall.	\$1.00
14. U.S. Distance Rankings, Summary for 1977 - - Shows top 25 open men and top 10 open women, plus up to 5 in each age group for eight standard distances.	\$1.00
15. Race Participation Statistics, 1977 - - Shows number of races and finishers by state and by distance, 50 largest races, other data.	\$1.00

All National Running Data Center publications are available from:
NRDC Books, Box 42888 Tucson, AZ 85733

For books, please add 75 cents per book for shipping. Statistical reports are postpaid. On orders of \$100 or more, a 20% discount applies.

56 J. Watters 3 50 + 19:55
58 J. Watters 3 50 + 19:58
75 Ken Takeuchi 3 50 + 20:33
89 Brenda Wilcox 4 W 21:08
91 Jeanette Burke 5 W 21:19

3rd McConnells 5 Mile Run

July 19, 1980. Santa Barbara, Calif.

Boys 14 & Under:	
1. Eric Carman(Santa Barbara)	29:38
2. Dave Saunders(Santa Barbara)	33:20
3. Dion Twining(Santa Barbara)	36:52
Boys 15-18:	
1. Barasa Thomas(Santa Barbara)	26:01
2. Mike Hobbs(Santa Barbara)	28:40
3. Charlie Calderon(Santa Barbara)	29:10
Men Overall:	
1. Jim Triplett(Santa Barbara)	24:32
2. Jon Jackson(Santa Barbara)	25:25
3. Barasa Thomas(Santa Barbara)	26:01
4. George Aguirre(Santa Barbara)	26:24
5. Dan McCann(Goleta)	26:26
6. Mike Timmerman(Goleta)	26:34
7. John Jones(Goleta)	27:08
8. Loyd Case, Jr.(Santa Barbara)	27:49
9. Joe Lambert(Goleta)	28:39
10. Mike Hobbs(Santa Barbara)	28:40
11. Michael Naples(Sea Isle City)	28:46
12. Wayne Hoffman(Santa Barbara)	28:58
13. Jay Romais(Ventura)	29:04
14. Charlie Calderon(Santa Barbara)	29:10
15. Dennis Odion(Isla Vista)	29:21
16. Glenn Hattori(W. Los Angeles)	29:22
17. Gilbert Delgado(Santa Barbara)	29:33
18. Kemp Aaberg(Goleta)	29:35
19. Eric Carman(Santa Barbara)	29:38
20. Charles Hewitt(Santa Barbara)	29:39
Men 35-39:	
1. Jay Romais(Ventura)	29:04
2. Paul Hariman(Santa Barbara)	29:55
3. Bill King(Santa Barbara)	29:55
Men 40-49:	
1. Wayne Hoffman(Santa Barbara)	28:58
2. Kemp Aaberg(Goleta)	29:35
3. Bob Carman(Santa Barbara)	30:04
Men 50 & Over:	
1. Keith Campbell(San Jose)	33:11
2. Edwin Bishop(Santa Barbara)	33:34
3. Bob Gymnaites(Santa Barbara)	34:49
Girls 14 & Under:	
1. Sarah Allaback(Carpinteria)	35:00
2. Mary Weiss(Santa Barbara)	40:13
3. Tracy Thielscher(Santa Barbara)	42:04
Girls 15-18:	
1. Alison Ehlen(Santa Barbara)	31:35
2. Ellen Goolsby(Santa Barbara)	35:32
3. Carol Werner(Santa Barbara)	36:22
Women 19-29:	
1. Kathleen Kinane(Isla Vista)	30:06
2. Pamela Cox(Santa Barbara)	30:14
3. Sarah Sweeney(Goleta)	30:15
Women 30-39:	
1. Shirley Saunders(Santa Barbara)	33:42
2. Ann Baker(Santa Barbara)	37:03
3. Irene Russo(Santa Barbara)	37:21
Women 40-49:	
1. Fay Hobbs(Santa Barbara)	32:41
2. Patricia Allaback(Carpinteria)	39:06
3. Lyn Carman(Santa Barbara)	40:15

Lake Tahoe Series, Second Race Results

A field of 91 runners led by Ron Cornell (Mens Division) and Holly Beatle (Womens Division) ran the 6.2 mile, 10K course in the second race of the Lake Tahoe Series.

The July 20th race, sponsored by Big Chief Guides, began at North Tahoe High School at 10:00 a.m. The air was calm and the temperature was hot with clear skies. The course made a scenic but hilly loop around Antone Meadows. Runners agreed that the sections in the shade of the forest were most welcome. Said race director Stephanie Atwood, "This was a tougher course than the first one and the heat was trying, too. Runners felt like they'd accomplished something when they crossed the Finish!"

RESULTS

Men 11-15:	
1. Ken Souza	40:12
2. Terry Acker	43:48
3. Mark Rothleder	46:42
Men 16-19:	
1. Kerry Moretti	39:52
2. Randy Connors	40:40
3. Jeff Tolbert	42:49
Men 20-24:	
1. Ron Cornell	35:10
2. Ron Richardson	39:06
3. Greg Schultz	40:26
Men 25-29:	
1. Martin Rizzo	38:48
2. Chris Knorr	41:13
3. Frank Shields	41:46
Men 30-34:	
1. Lyle Nelson	36:39
2. John Talco	38:23
3. Skip Wagner	41:54
Men 35-39:	
1. Dan Vincent	38:43
2. Ron Treabess	42:37
3. Dean Huddlestre	43:35
Men 40-44:	
1. Larry Worth	41:32
2. Jarret Anderson	47:01
3. Jack Semmens	48:43
Men 45-49:	
1. Dave Castellucci	53:31
2. Dick Marston	61:31
Men 50-54:	
1. Albert Macys	52:38
2. El Blackemore	64:31
Men 55-59:	
1. Wes Howell	60:48
Men 60 & Over:	
1. Eric Garrett	64:58
Women 16-19:	
1. Carrie Flores	48:55
Women 20-24:	
1. Mary Ann Hines	56:45
Women 25-29:	
1. Holly Beatle	48:11
2. Marilyn McCormick	48:51
3. Barbara Ruhkala	51:28
Men 50 & Over:	
1. Ken Maloney	20:42
2. Norman Webb	21:06
3. Bob Pardinson	21:11
Women 50 & Over:	
1. Virginia McLaughlin	23:23
2. Lucy Killea	26:12
3. Iris Sellers	29:18
10,000 METERS	
Boys 12 & Under:	
1. Brett Blease	44.49
2. Bob Feeney	46.41
3. Paul McCarter	49.25
Girls 12 & Under:	
1. Paul Gregory	55.13
Men 13-29:	
1. Ron Roberts	31.35
2. Jeff Woodland	31.46
3. Steve Hol	31.49
Women 13-29:	
1. Melind Ikeland	38.29
2. Emely Whitney	39.31
3. Audrey Burns	39.41
Men 30-39:	
1. Garry Novak	33.43
2. Bob Bitterlie	35.13
3. Mac Larson	35.29
Women 30-39:	
1. Audrey Burns	39.41
2. Barbara Ramussen	40.51
3. Julie Escudero	45.09
Men 40-49:	
1. Jerry Berkouf	36.40
2. Scott McCarthur	38.05
3. Manuel Suaderrama	38.29
Women 40-49:	
1. Donna Gooking	45.16
2. Carol Vega	53.23
3. E. Kasper	59.26
Men 50 & Over:	
1. Wayne Zook	43.13
2. Paul Walz	43.39
3. Bernard McLaughlin	49.37
Women 50 & Over:	
1. Ruth Kasper	59.26
Oakland 8.4 Mile Watermelon Run	
July 26, 1980. Oakland, Calif.	
1. Frank Duarte	46:30
2. Phil Hornig	47:26
3. Dave Hill	47:59
4. Tom Reilly	48:41
5. Ralph W. Bowles(1-40 +)	49:38
6. Ted Pawlak	49:46
7. Peter Hollenbeck	49:54
8. Jeff Clark	50:24
9. David Acosta	50:36
10. Brian Hamilton	50:52
11. Dennis Urriaga	51:28
12. Lloyd Sampson	51:45
13. David Robinson	51:57
14. Paul L. Falk	52:35
15. James Richardson	53:03
25. Karen Eggerman(1-W)	55:15
26. Flory Rodd(2-40 +)	55:26
30. Nancy Talavera(2-W)	56:21
46. Teresa Barrias(3-W)	61:40

Tulare Road Run

by Marty Higginbotham

July 26, 1980. Tulare, Calif. Weather, very hot.

This first annual six mile event was scheduled at 7:30 a.m. in an attempt to beat the heat; however, on this typical Central Valley summer day the heat got the best of the 145 finishers. Race director Norm Takeuchi had plenty of refreshments available after the race to help cool the runners off. Despite the fast layout the hot temperatures prevented quick times.

Two Fresno Track Club members came in together timing 32:30, they were Al Lomell (1st 20-29) and Curt Ella (1st 30-39). The first woman to cross the finish was High Sierra Track Club runner Cynthia Rogers clocking 38:27. Harry Harder also of the High Sierra T.C. continued to dominate the 60 and over division here in the valley as he easily took his division in 40:15. Other division winners included Jeff Helton in the boys 15 and under. Hugo Gernacio in the 16-18. Roger Richards, HSTC, clocked 36:01 to take the 40-49 division, and Riveria ran 38:27 59 take the 50-59.

In the womens division HSTC member Joslyn Baca was the winner in the 20-29 age group, Margaret Pena took the 30-39, Michele Gauthier of the Synanon Running Club timed 42:50 to take the 40-49 division and Evelyn Krumbeln was the winner in the 50 and over category.

Preceding the six mile event was a two mile prediction fun run in which fifty runners took part.

RESULTS

Men 15 & Under: Jeff Helton 36:35. **Men 16-18:** Hugo Gervacio 34:25. **Men 19-29:** Al Lomell 32:30. **Men 30-39:** Curt Ella 32:30. **Men 40-49:** Roger Richards 36:01. **Men 50-59:** Jess Riveria 38:27. **Men 60 & Over:** Harry Harder 40:16.

Women 18 & Under: Cynthia Rogers 38:27. **Women 20-29:** Joslyn Baca 45:46. **Women 30-39:** Margaret Pena 45:10. **Women 40-49:** Michele Gauthier 42:50. **Women 50 & Over:** Evelyn Krumbeln 56:51.

Women's 5,000

July 26, San Luis Obispo. RRCA Women's Distance Festival 5,000 Meter.

1 Kelly Buzza (15, Arr Gr)	20:34
2 Sarah Quady (19, SLO)	20:40
3 Laura Barger (16, P. Robles)	20:53
4 Karen Banks (25, Eugene, OR)	20:59
5 Kim Beckman (21, SLO)	21:05
6 Kay Lombardini (16, Grover C)	21:30
7 Liz Douglas (20, SLO)	22:32
8 Jenny Levine (15, Arroyo G)	22:33
9 Teresa Campbell (31, Harmony)	22:58
10 Julia Murphy (40, Orange)	23:00
11 Alexandra Robin (18, SLO)	23:14
12 Judy Morris (36, N. Highlands)	23:25
13 Bonnie Brady (31, SLO)	23:53
14 Jean Spierling (53, Arroyo G)	23:58
15 Betty Swart (31, Saratoga)	24:00
	24:03

2. Pete Grasso(17, Manhattan Bch)	12:16
3. Dave Musser(16, Hermosa Bch)	12:37

Men 19-29:
 1. Eric Rogers(22, Manhattan Bch) 11:01
 2. Tony Baker(21, Redondo Bch) 11:07
 3. Nick Carr(21, Manhattan Bch) 11:20

Men 30-36:
 1. John McDowell(32, Torrance) 12:54
 2. Bill Hains(34, Manhattan Bch) 13:18
 3. Gary Crum(32, Manhattan Bch) 13:36

Men 37-44:
 1. Joe Bird(39, San Pedro) 12:34
 2. Mike Duncan(39, Redondo Bch) 14:27
 3. Bob Schratz(38, Hermosa Bch) 14:45

Men 45-54:
 1. Dan Matulich(49, Rolling Hills E.)14:38
 2. Bob Jones(48, Redondo Bch) 15:20
 3. Andrew Jungive(50, Man. Bch) 15:42

Men 55 & Over:
 1. Joe Ron DoLone(56, Redond. Bch)15:54
 2. Louis Kamansky(67, Playa d. Rey)23:03

FEMALE

Girls 13 & Under:
 1. Laura Cattivera(12, Manhat. Bch) 15:44
 2. Shawna Andrews(12, Man. Bch) 16:55
 3. Janice Stimpfig(12, Manhat. Bch) 18:08

High School Girls:
 1. Margaret Spotts(17, Redond. Bch)14:08
 2. Tiffany Nofield(15, Hermosa Bch) 14:54
 3. Terri Clard(16, Rolling Hills E.) 15:55

Women's Open:
 1. Connie Garbarini(23, Red. Bch) 14:12
 2. Chris Matulich(20, Rolling Hills) 15:30
 3. Diana Johnson(28, Manhat. Bch) 15:35

Women 30-39:
 1. Lisa Allen(35, Manhattan Bch) 15:45
 2. Allison Gilbert(35, Redondo Bch) 16:48
 3. Nancy Welly(35, Torrance) 16:53

Women 40-49:

1. Sally Jones(40, Redondo Bch)	17:06
2. Lelle Turner(42, Hermosa Bch)	19:40
3. Jerry Kelly(42, Manhattan Bch)	19:59

Women 50 & Over:
 1. Betty Talbot(54, Los Angeles) 23:36

La Jolla Kiwanis 10K Run

August 2, 1980. La Jolla, Calif.

Women 12 and Under:
 1. Laura Meyer 44:33
 2. Dawn Erickson 50:55
 3. Michelle Wlashek 52:20

Women 13-17:
 1. Ruthie Truscott 38:55
 2. Melissa Gande 41:10
 3. Veronica Aguilar 43:00

Women 18-29:
 1. Cheryl Marie Flowers 37:55
 2. Melinda Ireland 38:08
 3. Ellen Turkel 39:00
 4. Kathy Langdoc 39:55

Women 30-39:
 1. Valerie Lucas 42:30
 2. Offie Cardenas 43:05
 3. Joni Pendleton 43:10
 4. Betsy Giannini 43:45

Women 40-49:
 1. Diane Stocklin 41:25
 2. Donna Gookin 44:25

3. Una Marie Pierce	44:31
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Women 50 and Over:
 1. Mary Storey 41:54
 2. Anne Johnson 43:25
 3. Ruth Pogue 48:30

Men 12 and Under:
 1. Guy Sutton 40:25
 2. Gustavo Arroyo 44:30
 3. Robert Harris 45:12
 4. Domenick Ludi 46:30

Men 13-17:
 1. Ross Ferguson 33:07
 2. Jose Vega 34:07
 3. James Graham 35:12
 4. Paul Ruiz 35:13

Men 18-29:
 1. Thom Hunt 30:11
 2. Terry Cotten 30:11
 3. Rick Rose 30:53
 4. Tim Varley 31:08
 5. Ian Cumming 32:03

Men 30-39:
 1. Leslie Christian 33:40
 2. David Watson 33:49
 3. Tom Bache 34:38
 4. Graeme Shirley 34:50

Men 40-49:
 1. Ray Sablan 36:10
 2. Dennis Carey 36:43
 3. Thomas Morrow 37:34

Men 50 and Over:
 1. Marsh Haraden 34:20
 2. Chuck Anderson 37:22
 3. Dick Robinson 39:42
 4. Marv Anderson 41:35

Out n' Back 10K

August 2, 1980. Ventura, Calif.

This race turned out to be a solo run for top notch runner Dave Babiracki of Granada Hills. Babiracki took off from the start and built up a comfortable lead. The San Fernando Valley T.C. star went unchallenged throughout the race, and went on to win in a time of 31:24 over the somewhat slow 10 kilo course. "I'm out of shape and I came here to run a good paced workout," Babiracki said after the race. However, his pace left over 350 runners far behind him. Marty Higginbotham of the Bartlett Mineral Water Racing Team was able to break away from Reedy Buford, and Bill Scobey of Team Inside Track, at about two miles to go on to finish second in 32:40. Reedy Buford hung on to nab third in 33:21. Scobey was passed by Walt Johnson who timed 33:45, while Scobey timed 33:52 to finish fifth.

The womens division featured a superb field as Vickie Cook timed 35:59 outdistancing runner up Michelle Mason 37:54. Cathy Fulkerson finished third in 38:05 only four seconds ahead of Laura Miller, 38:07.

Host Gary Tuttle and Team Inside Track did a super job at putting on the event.

Second Annual Dry Run

5km & 10km Scenic Road Races
 Sunday Nov. 2, 1980 10:00am
 Polo Field - Golden Gate Park

AWARDS: FIRST THREE PLACES IN ALL DIVISIONS PLUS OLDEST AND YOUNGEST FINISHERS.

CELEBRITY MASTER OF CEREMONIES!

ENTRY FEE: \$6.00

LATE REGISTRATION: 8:00 A.M. to 9:45 A.M.

FREE TEE SHIRTS!: FOR ENTRIES RECEIVED BEFORE OCTOBER 26, 1980.

DIVISIONS: JUNIOR (12 AND UNDER), 13 - 17, OPEN, 30 - 39, 40 - 49, 50 AND OVER.

START/FINISH: POLO GROUNDS.

RETURN ENTRY TO: THE DRY RUN

HENRY OHLHOFF HOUSE
 601 STEINER STREET
 SAN FRANCISCO, CA 94117

NO MAIL ENTRIES ACCEPTED AFTER OCTOBER 26, 1980.



Dry Run

38:27. Women 20-29: Joslyn Baca 45:46.
 Women 30-39: Margaret Pena 45:10.
 Women 40-49: Michele Gauthier 42:50.
 Women 50 & Over: Evelyn Krumben 56:51.

Women's 5,000

July 26, San Luis Obispo. RRCA Women's Distance Festival 5,000 Meter.

1 Kelly Buzza (15, Arr Gr)	20:34
2 Sarah Quady (19, SLO)	20:40
3 Laura Barger (16, P. Robles)	20:53
4 Karen Banks (25, Eugene, OR)	20:59
5 Kim Beckman (21, SLO)	21:05
6 Kay Lombardini (16, Grover C)	21:30
7 Liz Douglas (20, SLO)	22:32
8 Jenny Levine (15, Arroyo G)	22:33
9 Teresa Campbell (31, Harmony)	22:58
10 Julia Murphy (40, Orange)	23:00
11 Alexandra Robin (18, SLO)	23:14
12 Judy Morris (36, N. Highlands)	23:25
13 Bonnie Brady (31, SLO)	23:53
14 Jean Spierling (53, Arroyo G)	23:58
15 Betty Swart (31, Saratoga)	24:00
16 Lisa Sarver (26, Vista)	24:01
17 Jean Spero (28, Northridge)	24:12
18 Davetta Grayson (18, Atascad)	24:20
19 Annette Donnelly (35, La Hab)	24:28
20 Vera Issaef (46, Atascadero)	24:42

Surf Festival Two Mile Run

August 2
by Joe Snyder

Eric Rogers and Margaret Spotts captured the men's and women's division respectively of the two-mile beach run in the 18th Annual International Surf Festival August 2 at Torrance Beach.

Rogers, a 22-year-old from Manhattan Beach, was clocked at 11:01 to finish six seconds ahead of Aviation High School cross country and track coach Tony Baker of Redondo Beach. Mike Carr, 20, of Manhattan Beach placed third in 11:20.

Redondo High School distance star Margaret Spotts was the first female to cross the finish line at 14:08. Placing second in the race was Connie Garbarini, 23, of Redondo Beach in 14:12. Garbarini, also a former Redondo High runner, won the women's open division while Spotts captured the high school girls title. Tiffany Nofield, 15, of Hermosa Beach placed third overall at 14:54. Nofield will be a junior at Redondo this fall completing a Redondo High sweep in the race.

Here are the top three runners of each sex and age group:

MALE

Boys 13 & Under:
 1. David Aaron(13, Torrance) 14:48
 2. John Herrera(13, Venice) 14:55
 3. Joe Marcks(10, Ran. Pal. Verdes) 15:12
 High School Boys:
 1. Brent Griffetits(17, Redondo Bch) 11:46

Sunday Nov. 2, 1980 10:00am
 Polo Field - Golden Gate Park

AWARDS: FIRST THREE PLACES IN ALL DIVISIONS PLUS OLDEST AND YOUNGEST FINISHERS.

CELEBRITY MASTER OF CEREMONIES!

ENTRY FEE: \$6.00

LATE REGISTRATION: 8:00 A.M. to 9:45 A.M.

FREE TEE SHIRTS!: FOR ENTRIES RECEIVED BEFORE OCTOBER 26, 1980.

DIVISIONS: JUNIOR (12 AND UNDER), 13 - 17, OPEN, 30 - 39, 40 - 49, 50 AND OVER.

START/FINISH: POLO GROUNDS.

RETURN ENTRY TO: THE DRY RUN
 HENRY OHLHOFF HOUSE
 601 STEINER STREET
 SAN FRANCISCO, CA 94117

NO MAIL ENTRIES ACCEPTED AFTER OCTOBER 26, 1980.



Dry Run

ENTRY FORM

In consideration of the acceptance of my entry, I do hereby, for myself, my executors, administrators, and assignees, release and forever discharge Henry Ohlhoff House and any other sponsors or their respective officers, agents, representatives, successors, and/or assigns and supporters from all claims of damages, demands, actions whatsoever in any manner arising or growing out of my traveling to, participation in and returning from said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event. I also give permission for the free use of name and/or picture in any broadcast, telecast, or other account of this event.

Signature in Full _____

Signature of Parent If under 18 years old _____

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Check Appropriate Division:

Male Female
 12 & under 13-18 Open 30-39 40-49 50 +

Race: 5000 Meters 10,000 Meters

Shirt Size: small medium large extra large

2nd Big Avocado Run

August 3, 1980. Carpinteria, Calif.

1. Robert Hollister (21, Santa Barb.) 19:07
2. Jon Jackson (21, Santa Barbara) 19:07
3. Darrel Cox (27, Fresno) 19:55
4. Steve Bushey (29, Santa Barbara) 20:01
5. Chris Burton (16, Whittier) 20:39
6. Arturo Tello (25, Carpinteria) 20:42
7. Keith Jeffers (32, Leucadia) 21:07
8. Tom Greive (16, Carpinteria) 21:11
9. Mitchell Gonzales (17, S. Barb.) 21:19
10. Charlie Catron (15, S. Barb.) 21:20
11. Steve Waggner (35, Goleta) 21:41
12. Craig Geyer (34, Santa Barb.) 22:07
13. John Garrison (16, Oxnard) 22:12
14. Aba Ramirez (41, Moorpark) 22:21
15. Eric Carman (14, Santa Barbara) 22:24
16. George Berg (48, Ventura) 22:30
17. Wayne Nelson (44, Santa Barb.) 22:39
18. Dana Carlyle (15, Goleta) 22:50
19. Collin Murphey (21, Goleta) 23:00
20. Martin Rojas (16, Solvang) 23:03

- Boys 10 & Under:**
1. Joe Rusche (10, Simi Valley) 26:56
 2. Eddie Martin (9, Simi Valley) 27:06
 3. Craig Cieslik (7, Moorpark) 27:39

- Boys 11-15:**
1. Charlie Catron (15, Santa Barb.) 21:20
 2. Eric Carman (14, Santa Barb.) 22:24
 3. Dana Carlyle (15, Goleta) 22:50

- Boys 16-20:**
1. Chris Burton (16, Whittier) 20:39
 2. Tom Greive (16, Carpinteria) 21:11
 3. Mitchell Gonzales (17, S. Barb.) 21:19

- Men 30-34:**
1. Keith Jeffers (32, Leucadia) 21:07
 2. Craig Geyer (34, Santa Barb.) 22:07
 3. Tom Tillotson (31, Carpinteria) 25:07

- Men 35-39:**
1. Steve Waggner (35, Goleta) 21:41
 2. John Patterson (38, Santa Barb.) 23:06
 3. Bill Gilstrap (38, Oxnard) 24:02

- Men 40-49:**
1. Aba Ramirez (41, Moorpark) 22:21
 2. George Berg (48, Ventura) 22:30
 3. Wayne Nelson (44, Santa Barb.) 22:39

- Men 50 & Over:**
1. Ed Bishop (59, Santa Barbara) 25:08
 2. Charles Seekins (63, Carpinteria) 25:30

- Girls 10 & Under:**
1. Erin Irving (8, Simi Valley) 33:01
 2. Cheryl Cieslik (9, Moorpark) 34:59
 3. Cory Rasey (8, Moorpark) 35:54

- Girls 11-15:**
1. Sara Allaback (14, Carpinteria) 26:07
 2. Kim Irving (11, Simi Valley) 34:58

- Girls 16-20:**
1. Deanna Carlyle (16, Goleta) 25:18
 2. Wendy Branch (20, Santa Barb.) 26:54
 3. Lori Swedbjrg (20, Santa Barb.) 27:05

- Women 21-29:**
1. Bobbie King (24, Santa Barbara) 23:30
 2. Mary Jane Butera (27, Van Nuys) 26:49
 3. Debbie Sass (29, Santa Barbara) 27:04

- Women 30-34:**
1. Carla Kraetsch (34, Ventura) 30:45
 2. Dana Haggerty (32, Carpinteria) 31:04
 3. Barbara Pattison (31, Moorpark) 36:40

- Women 35-39:**
1. Shirley Saunders (39, S. Barb.) 25:35
 2. Ruth Tremmel (35, Carpinteria) 29:32
 3. Hilda Hoffmann (38, Goleta) 31:02

- Women 40-49:**
1. Faye Hobbs (45, Santa Barbara) 26:11
 2. Lyn Carman (43, Santa Barbara) 29:21

- Women 50 & Over:**

2nd Annual Cayucos To Morro Rock Run

August 2, 1980. Distance: 6 miles +. Surface: hard packed sand. Weather: beautiful.

1. Jon Jackson (21, Santa Barbara) 32:44
2. Bob Loux (24, SLO) 34:03
3. Bill Flynn (26, Tarzana) 34:07
4. Steve Bushey (29, Santa Barb.) 34:26
5. Matt Ambruster (16, Paso Rob.) 34:33
6. Tom Frank (33, WA) 35:01
7. Keith Baker (1 40 +) 35:04
8. Chuck Elkins (36, Arroya Gran.) 35:07
9. Jon Root (26, Paso Robles) 35:14
10. Terry Barnes (28, Harmony) 35:14
11. Pat Yochum (38, Santa Barbara) 36:07
12. Paul Lee (19, Arroya, Gran.) 36:10
13. John Ernatt (16, SLO) 36:10
14. Bob O'Brien (25, Morro Bay) 36:24
15. Brian Talley (14, Arroyo Gran.) 36:48
16. Dennis Bullock (39, SLO) 37:40
17. Jesse Arnold (41, Cambria) 37:50
18. Tim Natel (20, Paso Robles) 38:10
19. Russell Flores (18, SLO) 38:24
20. Rich Brown (16, SLO) 38:24
21. Peter Schulze (18, SLO) 38:33
22. Fred W. Larsen (32, WA) 38:43
23. David Farmer (35, SLO) 38:56
24. Stan Rosenfield (32, SLO) 38:56
25. Dan Williamson (36, SLO) 39:11
77. Teresa Campbell (31, 1 W) 44:38
93. Andrea MacDonald (26, 2 W) 46:35
101. Brenda Protopoulos (22, 3 W) 47:29
102. Kerri Marshall (21, 4 W) 47:20
110. Jean Sperling (53, 5 W) 47:58
113. Sheila Hogerheiden (34, 6 W) 48:10
122. Sandie Cano (27, 7 W) 49:01
129. Helen Hubenthal (34, 8 W) 49:58
136. Carol Cartwright (51, 9 W) 50:25
141. Susan James (23, 10 W) 51:03

Nike/Continental 6 Mile Relay

August 9, 1980. Oakland, Calif.

1. Runner's Feet 29:25
2. Pinole Track Club 29:34
3. Sequoia Sports Club 30:24
4. Boofer T.C. 31:20
5. Willslinbeck 31:39
6. Bay Area Striders 33:42
7. B.W. Track Club 34:10
8. Cal State Hayward (Women) 34:41
9. Sunrise Road Runners (Mixed) 35:33
10. Impala Racing Team (Women) 35:55

- Fastest Individual Times**
- Men:**
1. Ted Quintana 9:24
 2. Allan Smith 9:34
 3. Matt O'Brien 9:41
 4. Steve O'Brien 9:52
 5. Dave Himmelberger 9:55
 6. Ray Corona 9:57

- Women:**
1. Michelle Aubuchon 11:06
 2. Jane Denton 11:06

John Steinbeck Country Run

August 10

Salinas, California.

1. Dan Gruber 30:40.6
2. Gary Romesser 30:43.9
3. Tony Munoz 30:59.7
4. Harold Huff 32:33.9
5. Joe Mercado, Jr. 32:47.9
6. Tom Bernard 33:06.7
7. Robert Welch (1 40 +) 33:22.3
8. Al De La Torre 33:29.3
9. Nash Guaracha 33:32.2
10. Terry Bautista 33:42.4
11. J.B. Bettencourt 33:51.2
12. Scott Hennessy 34:05.1
13. Ted Wile 34:14.2
14. Freddy Vasquez 34:16.9
15. Frank James 34:43.2
16. Jim Harmon 35:10.3
17. Eddie Vargas 35:19.4
18. James Cremer 35:26.5
19. Richard Leutzinger (2 40 +) 35:31.0
20. Rommie Maine 35:34.6
21. Fred Davis 35:37.7
22. Stephen Abbanat 35:45.9
23. Billy Lamberson 35:54.7
24. Billy Nelson 36:15.4
25. Michael Gerrity 36:16.6
27. Rihcard Elster (3 40 +) 36:26.0
29. Maria Trujillo (1 W) 36:51.1
58. Pam Burkes (2 W) 38:56.8
63. Robert Wright (1 50 +) 39:03.5
66. Nelly Wright (3 W) 39:06.7
135. Earl Bacon (2 50 +) 43:20.3
148. James Groves (3 50 +) 44:15.1
153. Teri Gerber (4 W) 44:25.9
156. Bonny Heet (5 W) 44:33.0
170. Susan Tilley (6 W) 45:11.1
172. Connie Grayson (7 W) 45:19.5
174. Martha Gourley (8 W) 45:26.6
180. Gina Moss (9 W) 45:38.8
188. JoAnn Davis (10 W) 45:56.7

Round Tiburon 8 1/2 Mile Race

August 3, 1980. The Third Annual Round Tiburon 8 1/2 Mile Race. Sunny, 65 degrees.

- Open Men:**
1. Rod Berry 41:02
 2. John Moreno 41:02
 3. Bill Britten 41:16
 4. Roy Hognlund 41:50
 5. Wolfgang Schmulewicz 41:54
 6. Dennis O'Halloran 41:55
 7. Rich Langford 42:17
 8. Pete Sweeney 42:29
 9. Bill Seaver 42:52
 10. Hal Schultz 43:05

- Open Women:**
1. Tina Harms 51:03
 2. Denise Bigelow 53:17
 3. Suzanne Miller 53:18
 4. Lauri Hoffman 54:09
 5. Kathy Robertson 54:09
 6. Sarah Sweeney 54:29
 7. Donna Andrews 54:34
 8. Julie Houston 54:35
 9. Florianne Harp 55:12
 10. Jan Wambaugh 55:39
 11. Jane Sowersby 55:43

- Men 30-34:**
1. Ben Wilson 30:22:0
 2. Ron Kurrel 31:38:0
 3. Mike Corraiz 32:57:6
 4. Vince O'Boyle 33:21:9
 5. Bill Langdon 33:28:5

- Men 35-39:**
1. Tom Burns 34:48:8
 2. Jesus Oceana 35:37:1
 3. Stan Stauble 35:38:7
 4. F. Studenmund 36:23:4
 5. B. Hawley 36:57:3

- Men 40-44:**
1. Skip Shaffer 34:03:0
 2. Peter Nichols 34:34:2
 3. George Cohen 35:08:3
 4. Ronald Gnavarrette 36:03:1
 5. B. Bennetts 36:09:1

- Men 45-49:**
1. Fred Kiddy 35:13:2
 2. Walt Windsor 35:55:8
 3. Alan Dugard 36:33:8
 4. Richard Flores 37:11:7
 5. H. Moser 37:45:3

- Men 50-54:**
1. T. Brown 36:14:5
 2. Patrick Devine 37:53:8
 3. Jerry Soto 39:51:9
 4. Charles Turner 40:27:5
 5. M. Warren 41:10:1

- Men 55-59:**
1. Ray Gil 36:55:2
 2. Paul Jernstram 39:54:8
 3. Leonard Kulbacki 41:05:1
 4. Richard Britton 41:21:0
 5. Armin Fischer 42:13:0

- Men 60 & Over:**
1. Steve Chipilis 42:11:4
 2. Phil Castle 44:12:0
 3. F. Gonzales 44:37:0
 4. Scott Beauchamp 49:09:6
 5. Victor Adams 49:33:5

- Men 70 & Over:**
1. Walt Frederik 54:59:6
 2. Alfred Guth 55:04:02
 3. Nat Pisciotta 55:55:7
 4. Robert Ogle 57:25:8
 5. Robert Gilmore 1:02:29:0

- Women 12 & Under:**
1. H. Hogan 41:34:1
 2. K. Henry 42:36:06
 3. M. Gonzales 44:05:08
 4. K. Pugh 44:10:07
 5. T. Roach 48:10:1

- Women 13-15:**
1. T. Fisher 39:09:02
 2. Zamora Guadalupe 44:03:03
 3. Barbara Rohdan 45:42:08
 4. Pam Stoll 45:42:08
 5. Lydia Martinez 46:08:6

- Women 16-18:**
1. M. Gibbs 42:24:06
 2. Lynn Christopher 46:31:6
 3. Mary Galvin 47:04:05
 4. Cheryl Newman 47:09:06
 5. A. Cadwell 49:03:04

- Women 19-29:**
1. Kathie Mintie 34:07:00
 2. Therese Kozlowski 35:35:00
 3. J. Stoudenmund 38:00:00
 4. Diane Lester 38:42:3
 5. W. Martin 40:47:01

- Women 30-34:**
1. Vivian Chang 40:28:09
 2. Suzanne Miller 45:17:4
 3. Tonya Prescott 47:04:05
 4. Sue Alper 46:41:7
 5. Josta Santos 47:15:09

- Women 35-39:**
1. Holly Ring 43:41:00
 2. Nancy Buchanan 44:14:2
 3. Jan Hough 44:19:00

9. Keith Bodner (Laguna Miguel) 54:12
10. Frank Peters (Glendale) 55:41

- Men 30-34:**
1. Jean Ellis (Laguna Miguel) 48:29
 2. Dick Isaboke (Long Beach) 55:21
 3. Sherman Schapiro (Manhat. Bch.) 58:51
 4. Benjamin Knight (Long Beach) 58:36
 5. Bill Harms (Manhattan Beach) 58:51
 6. Thomas Patton (Santa Ana) 59:20
 7. Lee Watson (San Clemente) 59:20
 8. Paul Vredenburg (Sunland) 59:22
 9. Thomas Cory (Glendale) 59:47
 10. Kenneth Virak (Huntington Beach) 59:50

- Men 35-39:**
1. Frank Duarte (Santa Ana) 50:20
 2. David Holland (Rancho Pal. Ver.) 54:06
 3. Donald Cheek (Fountain Valley) 56:36
 4. Geoffrey Glassner (Long Beach) 56:59
 5. Bill Chavez (Buena Park) 57:51
 6. Kenneth Price (Manhattan Beach) 58:07
 7. Jeffrey Drazkchski (Santa Ana) 59:18
 8. John Rodriguez (El Monte) 59:29
 9. Donald Mufsiader (Tustin) 59:52
 10. Gary Larsen (Lakewood) 1:00:43

- Men 40-44:**
1. Joe Gassman (Hawthorne) 57:58
 2. Dave Clark (Palm Springs) 59:37
 3. Chrik Niks (Alhambra) 1:00:16
 4. Raymond Prizgintias (Los Ang.) 1:01:21
 5. Cal Morse (Torrance) 1:01:34
 6. Gary Nash (El Tor) 1:01:54
 7. Patricio Llerena (Pac. Palsades) 1:02:00
 8. Jerry Brandenle (Mission Viejo) 1:02:53
 9. Kenneth Juvette (Westminster) 1:03:35
 10. Louis Rosalis (Manhattan Beach) 1:07:05

- Men 45-49:**
1. Eugene Black (San Dimas) 59:51
 2. Norman Lee (Hermosa Beach) 1:00:44
 3. William Francis (Fountain Val.) 1:01:04
 4. Kenneth Wong (Rancho P.V.) 1:02:00
 5. William Ferrel (Whittier) 1:05:26
 6. Roy Kuhlmeier (Pasadena) 1:05:47
 7. Cecil Arnold (Northridge) 1:05:56
 8. P. Alexander (Santa Monica) 1:05:58
 9. William Pitsker (S. Juan Cap.) 1:06:41
 10. Steve Mager (Hermosa Beach) 1:07:10

- Men 50-54:**
1. Robert Hardaway (So. Pasadena) 1:04:28
 2. Dick Shaffer (Marina Del Rey) 1:04:33
 3. Robert Smith (Costa Mesa) 1:06:56
 4. James Simos (Sylmar) 1:08:09
 5. Mel Elliott (Huntington Beach) 1:08:12

- Men 55-59:**
1. Keith Albright (La Crescenta) 1:01:42
 2. Keiji Taki (Whittier) 1:08:56
 3. Julius Karabel (Pasadena) 1:09:31
 4. George Cannon (Costa Mesa) 1:09:37
 5. John Nono (Torrance) 1:12:21

- Men 60-69:**
1. Jon Baldwin (Palos Verdes) 1:13:55
 2. George Boyle (Los Angeles) 1:17:18
 3. Fred Bruecker (Torrance) 1:25:37

- Men 70 & Over:**
1. Jim Boyle (Long Beach) 1:17:45

- Girls 14 & Under:**
1. Eleanor Uribe (El Monte) 1:15:21
 2. Theresa Gutierrez (El Monte) 1:20:01
 3. Trudy Uribe (El Monte) 1:26:32
 4. Ana Lares (El Monte) 1:36:56

- Girls 15-18:**
1. Anabelle Villanueva (Fnt. Vly.) 1:01:35
 2. Liz Garman (Azusa) 1:03:38
 3. Kerry Ceroa (Huntington Bch.) 1:06:41
 4. Barbara Vasquez (Irvine) 1:07:25
 5. Janine Dube (Santa Ana Hts.) 1:11:41

- Women 19-29:**
1. Donna Burge (Houston) 58:34
 2. Elaine Campo (Santa Barbara) 59:50
 3. Andrea Naro (Gardena) 1:04:15
 4. Carol Johnson (Anaheim) 1:08:16
 5. Carla Katz (Torrance) 1:30:40

Men 50 & Over:	
1. Ed Bishop(59, Santa Barbara)	25:08
2. Charles Seekins(63, Carpinteria)	25:30
Girls 10 & Under:	
1. Erin Irving(8, Simi Valley)	33:01
2. Cheryl Cieslik(9, Moorpark)	34:59
3. Cory Rasey(8, Moorpark)	35:54
Girls 11-15:	
1. Sara Allaback(14, Carpinteria)	26:07
2. Kim Irving(11, Simi Valley)	34:58
Girls 16-20:	
1. Deanna Carlyle(16, Goleta)	25:18
2. Wendy Branch(20, Santa Barb.)	26:54
3. Lori Swedbjrg(20, Santa Barb.)	27:05
Women 21-29:	
1. Bobbie King(24, Santa Barbara)	23:30
2. Mary Jane Butera(27, Van Nuys)	26:49
3. Debbie Sass(29, Santa Barbara)	27:04
Women 30-34:	
1. Carla Kraetsch(34, Ventura)	30:45
2. Dana Haggerty(32, Carpinteria)	31:04
3. Barbara Pattison(31, Moorpark)	36:40
Women 35-39:	
1. Shirley Saunders(39, S. Barb.)	25:35
2. Ruth Tremmel(35, Carpinteria)	29:32
3. Hilda Hoffmann(38, Goleta)	31:02
Women 40-49:	
1. Faye Hobbs(45, Santa Barbara)	26:11
2. Lyn Carman(43, Santa Barbara)	29:21
Women 50 & Over:	
1. Patty Francus(53, Santa Barb.)	32:43

Nike/ Continental 6 Mile Relay

August 9, 1980. Oakland, Calif.	
1. Runner's Feet	29:25
2. Pinole Track Club	29:34
3. Sequoia Sports Club	30:24
4. Boofer T.C.	31:20
5. Willslinbeck	31:39
6. Bay Area Striders	33:42
7. B.W. Track Club	34:10
8. Cal State Hayward (Women)	34:41
9. Sunrise Road Runners (Mixed)	35:33
10. Impala Racing Team (Women)	35:55
Fastest Individual Times	
Men:	
1. Ted Quintana	9:24
2. Allan Smith	9:34
3. Matt O'Brien	9:41
4. Steve O'Brien	9:52
5. Dave Himmelberger	9:55
6. Ray Corona	9:57
Women:	
1. Michelle Aubuchon	11:06
2. Jane Denton	11:06
3. Denise Bigelow	11:45
4. Sharon Jordan	11:48
5. Linda Robinson	11:50

8 1/2 Mile Race

August 3, 1980. The Third Annual Round Tiburon 8 1/2 Mile Race. Sunny, 65 degrees.	
Open Men:	
1. Rod Berry	41:02
2. John Moreno	41:02
3. Bill Britten	41:16
4. Roy Hoglund	41:50
5. Wolfgang Schmulewicz	41:54
6. Dennis O'Halloran	41:55
7. Rich Langford	42:17
8. Pete Sweeney	42:29
9. Bill Seaver	42:52
10. Hal Schultz	43:05
Open Women:	
1. Tina Harms	51:03
2. Denise Bigelow	53:17
3. Laurie Hoffman	53:18
4. Kathy Robertson	54:09
5. Sarah Sweeney	54:29
6. Donna Andrews	54:34
7. Julie Houston	54:35
8. Florianne Harp	55:12
9. Jan Wambaugh	55:39
10. Jane Sowersby	55:43
Masters Men:	
1. Jim Bowers	44:22
2. Tom Laris	45:01
3. Don Ardell	48:27
4. Bill Catanese	49:10
5. Don Huff	49:57
Master Women:	
1. Sister Marlon Irvine	55:03
2. Marlys Hayden	57:02
3. Joan Don	59:05
4. Marge Gerrity	59:33
5. Lillian Woodward	61:03

Men 13-15:	
1. T. Fisher	39:09:02
2. Zamora Guadalupe	44:03:03
3. Barbara Roach	45:42:08
4. Pam Stoll	45:42:08
5. Lydia Martinez	46:08:6
Women 16-18:	
1. M. Gibbs	42:24:06
2. Lynn Christopher	46:31:6
3. Mary Galvin	47:04:05
4. Cheryl Newman	47:09:06
5. A. Cadwell	49:03:04
Women 19-29:	
1. Kathie Mintie	34:07:00
2. Therese Kozlowski	35:35:00
3. J. Stoudenmund	38:00:00
4. Diane Lester	38:42:3
5. W. Martin	40:47:01
Women 30-34:	
1. Vivian Chang	40:28:09
2. Suzanne Miller	45:17:4
3. Tonya Prescott	
4. Sue Alper	46:41:7
5. Josta Santos	47:15:09
Women 35-39:	
1. Holly Ring	43:41:00
2. Nancy Buchanan	44:14:2
3. Jan Hough	44:19:00
4. Janice Estrick	45:43:4
5. Margaret Waldron	46:42:6
Women 40-44:	
1. Sandra Kiddy	42:28:9
2. Mickie Shadico	47:33:4
3. M. Sparks	47:45:00
4. Nancy Huff	48:43:06
5. Mary Galvin	49:49:06
Women 45-49:	
1. Elaine Havens	45:08:8
2. Lorraine Johnson	48:49:2
3. Ann Martin	49:48:00
4. Ann Wilson	50:38:8
5. Ann Hamilton	52:44:9
Women 50-54:	
1. Shirley Fritcher	48:50:06
2. M. Pitteroff	52:31:04
3. Donna Spradlin	53:39:07
Women 60 & Over:	
1. Helen Edwards	1:02:12:5
2. Charlotte Hawksford	1:04:35

Men 55-59:	
1. Keith Albright(La Crescenta)	1:01:42
2. Keiji Taki(Whittier)	1:08:56
3. Julius Karabel(Pasadena)	1:09:31
4. George Cannon(Costa Mesa)	1:09:37
5. John Nono(Torrance)	1:12:21
Men 60-69:	
1. Jon Baldwin(Palos Verdes)	1:13:55
2. George Boyle(Los Angeles)	1:17:18
3. Fred Bruecker(Torrance)	1:25:37
Men 70 & Over:	
1. Jim Boyle(Long Beach)	1:17:45
Girls 14 & Under:	
1. Eleanor Uribe(EI Monte)	1:15:21
2. Theresa Gutierrez(EI Monte)	1:20:01
3. Trudy Uribe(EI Monte)	1:26:32
4. Ana Lares(EI Monte)	1:36:56

Girls 15-18:	
1. Anabelle Villanueva(Fnt. Vly.)	1:01:35
2. Liz Garman(Azusa)	1:03:38
3. Kerry Ceroa(Huntington Bch.)	1:06:41
4. Barbara Vasquez(Irvine)	1:07:25
5. Janine Dube(Santa Ana Hts.)	1:11:41
Women 19-29:	
1. Donna Burge(Houston)	58:34
2. Elaine Campo(Santa Barbara)	59:50
3. Andrea Naro(Gardena)	1:04:15
4. Carol Johnson(Anaheim)	1:08:16
5. Karla Katz(Torrance)	1:10:40
6. Jolly Eneiso(Glendale)	1:12:30
7. Patricia Baker(Irvine)	1:13:18
8. Dixie Smith(Orange)	1:14:00
9. Ellen Bandemer(Anaheim)	1:15:09
10. Audrey Allen(Orange)	1:18:59
Women 30-34:	
1. Chalene Jope(Los Angeles)	1:07:36
2. Frances Williams(Inglewood)	1:14:11
3. Sari Caratozclo(Hawthorne)	1:15:06
4. Diana Peters(Long Beach)	1:16:18
5. Earlene Solly(Avalon)	1:17:39
6. Sharon Heindertscha(Saugus)	1:17:42
7. Cheryl Butchers(Hunt. Bch.)	1:18:46
8. Marilyn Bates(Los Alamitos)	1:19:58
9. Belinda Holguim(Whittier)	1:21:15
10. Carmen Argjello(Hacienda Hts.)	1:23:01
Women 35-39:	
1. Fran Solomon(Corona Del Mar)	1:02:16
2. Sara Lesfigneur(Lakewood)	1:08:07
3. Angelita Llerema(P. Palisades)	1:12:20
4. Barbara Hegarty(Yuma)	1:15:35
5. Gisella Hett(Huntington Bch.)	1:15:43
6. Mary Elwell(Long Beach)	1:15:52
7. Lucy Ticker(Huntington Bch.)	1:32:39
8. Barbara Espy(Canoga Park)	1:36:03
9. Lupita Lares(Sth. El Monte)	1:37:20
Women 40-44:	
1. Karen Hestanoe(Santa Monica)	1:22:15
2. Dolores Holbrook(Anaheim)	1:27:22
3. Adele Rosales(Manhattan Bch.)	1:31:37
4. Shirley Robinson(Los Angeles)	1:41:04
Women 45-49:	
1. Christa Snackleford(Seal Beach)	1:22:42
2. Irene Bracher(Huntington Bch.)	1:34:48
3. Carmen Rolie(Seal Beach)	1:37:25
Women 50-59:	
1. Virginia Baldwin(Palos Verdes)	1:29:47
2. Ruby Taki(Whittier)	1:37:37

4th Annual HIGH SIERRA T.C. 5 MILE SAT., JAN. 10, 1981

4 Women's Divisions 8 Men's Divisions

Registration: 10:00 AM Entry Fee: \$2.00

Race Time: 11:00 AM Women; 0-15 & 16-19 Men
12:00 All other men

Trophies: Top 5 in each division

Flowers Female Winners T-shirts Male Winners
finish ribbons•random prizes•oranges•gatorade

Directions: Hwy 41 & Rd. 204 - 7 miles north
of Woodward Park, Fresno.

Course: Out & back, dirt road, rolling hills.

Splits: 1, 2, 2.5, 3, & 4 mile marks.

For Information & Entry Forms:
Joe Herzog
822 S. Claremont
Fresno, CA 93727
Phone: (209) 252-3897

THE MUCK & MIRE CHAMPIONSHIPS

North Orange County 10K Run

August 10, 1980. 3rd Annual North Orange County YMCA and Fullerton News Tribune 10K Run. Fullerton.	
Men 12 & Under:	
1. Tony Winkler	40:15:06
2. J. Martin	42:07:0
3. Sam Williams	44:02:05
4. Eric Winkler	44:06:02
5. Craig Shiner	44:36:1
Men 13-15:	
1. Tim Cammack	33:58:7
2. Lorenzo Tyner	35:40:6
3. F. Riano	35:45:01
4. Mathew Forstie	35:57:03
5. Gary Daily	36:35:01
Men 16-18:	
1. T. Macey	31:53:2
2. Steve Johnson	32:34:0
3. Ken Ernst	32:37:2
4. D. Brittain	32:40:4
5. J. Ambox	32:43:6
Men 19-29:	
1. Steve Ortiz	29:13:4
2. Ron Cornell	29:40:8
3. Amos Bitok	30(01:0
4. Dave Daniels	30:02:9
5. Steve Scott	30:04:9

Dannon 15Km Run

August 10, 1980. Fountain Valley, Calif.	
Boys 14 & Under:	
1. Lane Olson(Northridge)	1:02:49
2. Dan Zelinski(Arieta)	1:05:58
3. Manuel Larios(Huntington Park)	1:11:29
Boys 15-18:	
1. Rick Csintallan(Stanton)	58:47
2. John Rodriguez(EI Monte)	1:00:41
3. Richard Boe(Tustin)	1:01:07
4. Robert Pianta(Santa Ana)	1:01:59
5. Mike Brillleslyper(Santa Monica)	1:02:41
Men 18-29:	
1. Jim Triplett(Santa Barbara)	48:29
2. Rick Maple(Glendale)	49:54
3. Steve palladino(San Francisco)	49:55
4. Dave Frickel(Sa Verne)	51:30
5. Kyle Lussein(Long Beach)	52:57
6. Carlos Goody(Glendale)	53:12
7. Jeff Dettmer(Cypress)	53:47
8. Mike Norton(Santa Monica)	53:48

1980 Bunion Derby

August 16, 1980. Fresno, Calif. 15 Kilometers.

1. B. Foley	48:33
2. T. Ramirez	48:34
3. J. Hartig	50:13
4. C. Elia (1-30+)	51:02
5. A. Lomeli	51:50
6. M. Hemphill (2 30+)	54:12
7. M. Vartanian	54:16
8. F. Rivas	54:30
9. D. Williams	55:09
10. M. Hull	54:00
11. B. Galloway	56:03
12. L. Valley	56:03
13. B. Lindsey (3 30+)	57:28
14. R. Schafer	57:38
15. F. Dillon (4 30+)	57:44
16. T. Perez	57:45
17. G. Oakley	57:56
18. K. Bunton	57:56
19. M. Haymond (5 30+)	58:18
20. L. Ortiz	58:20
22. R. Zamaripa (1 40+)	58:39
31. J. Pius (2 40+)	60:50
34. G. Ryan (3 40+)	61:41
40. D. Barrett (1 W)	63:15
41. H. Harder (1 50+)	63:20
44. T. Nichols (2 W)	64:36
55. K. Takeuchi (2 50+)	67:18
60. D. Welsh (3 50+)	68:30
75. L. Datz (3 W)	73:00
78. E. Jones (4 W)	76:25
83. C. Vasquez (5 W)	77:14
98. L. Parker (1 W 40+)	90:47

Tetrick Trail 8 Mile Run

August 16, 1980. Griffith Park, Los Angeles.

1. Steve Chase(26)	46:03
2. Steve Brown(27)	47:03
3. Ruben Ruiz(21)	47:57
4. Jim Arquilla(29)	48:12
5. Bill Flynn(26)	50:08
6. Mike Sayward(33)	50:18
7. Eddie Lopez(23)	50:19
8. Steve Durand(20)	50:59
9. Jesse Maddren(16)	51:10
10. Jose Lopez(18)	51:14
11. Bruce Yoshiwara(26)	51:19
12. Mike Carlton(17)	51:35
13. Jim Minami(36)	51:56
14. Ken Moffitt(28)	52:02
15. Adam White(19)	52:08
16. Ross Rouley(31)	52:13
17. George Luna(17)	52:19
18. Gib Acuna(32)	52:20
19. Pat Brady(19)	52:26
20. Mike Morrow(34)	52:45
21. Henry Hernandez(26)	52:49
22. Norman Berry(36)	52:54
23. Curtis Helms(31)	53:03
24. Herb Tanzer(28)	53:05
25. Dan Stumpus(28)	53:06
26. Dick Pallies(1 40+)	53:21
34. Bob Holtel(2 40+)	54:52
36. Tom Musante(3 40+)	54:55
51. Kim Vollmer(1 50+)	57:26
59. Dick Durand(1 50+)	58:07
71. Joan Lind(2 W)	59:08
111. Delight Enclso(3 W)	63:06

Inglewood 10K

August 11

Cleveland Whalen of Venice captured the 1980 Inglewood 10 Kilometer run at 31:40 last Saturday at Arbor Park.

The race started and finished in front of Arbor Park with the runners running much of the race around the Forum Parking Lot. "The heat and a couple of hills slowed me down a bit but I feel pleased that I won the race," Whalen, who was a former cross country and track star at Cal State Los Angeles, said.

The 26-year-old who shares the CSLA 1500-meter record with present cross country, and assistant track coach Carey Simons at 3:51.7 both set in 1977, won the race by 49 seconds over second place finisher Eric Faiz, 22, who was timed at 32:19. Faiz is presently on the Cal Sate L.A. cross country and track teams. Faiz lives in Los Angeles.

Placing third in the race Percell Keeling, 27, of Inglewood in 33:18.

Finishing first in the overall women's division was 30-year-old Pat Story, the Santa Monica T.C., in 37:28. "The course wasn't as flat as I thought but I felt good," Story said after her win.

Placing second for the women was Emily Whitney at 39:23 while 40-year-old, world class age-grouper Linda Sipprelle took third in 39:58.

Here are the top three finishers of each category:

Boys 12 & Under:	
1. Mark Sipprells	49:05
2. John Scott Pennington	1:11:42
Boys 13-15:	
1. Kirk Williams	38:22
2. Brian Potter	40:24
3. Rodney Rochell	51:00
Boys 16-18:	
1. Peter Kang	34:16
2. Pete grosso	34:17
3. Juvenal Narranjo	37:00
Men 19-29:	
1. Cleveland Whalen	31:40
2. Eric Faiz	32:19
3. Percell Keeling	33:18
Men 30-39:	
1. Ed Moore	37:25
2. Dave Dixon	38:16
3. Victor Jackson	38:28
Men 40-49:	
1. Andre Tocco	34:01
2. Norman cogen	37:00
3. Ken Dille	37:15
Men 50-59:	
1. Patrick Devine	38:44
2. Bod Landry	39:05
3. R.B. Handaway	40:36
Men 60 & Over:	
1. Ed Lewin	40:26
2. Steve Chiples	42:22
3. Phil Castle	44:28
Girls 12 & Under:	
1. Carol Doody	40:37
2. Lisa Padilla	43:41
Girls 13-15:	
1. Ann Beckennar	no time
Women 19-19:	
1. Emily Whitney	39:23
2. Karla Katz	43:05
3. Danila Krakodda	43:38
Women 30-39:	
1. Pat Story	37:28
2. Jdy Sobject	43:12
3. Francis Williams	45:29
Women 40-49:	

3. Marcia Boyer 1:01:56.0

Women 13-17:
1. Lisa Leffler 40:39.7

Women 18-20:
1. Jeffery Jamesson 39:26.4
2. Karla Katz 42:23.7
3. Debby Flynn 43:02.4

Women 30-39:
1. Kathy Martin 41:28.5
2. Charlene Joep 41:33.6
3. John Newton 42:28.8

Women 40-49:
1. Gail Jensen 45:47.9
2. Marcia Buechler 48:38.7
3. Mollie Davies 47:11.4

Women 50-59:
1. Edna Campbell 1:03:05.1

Women 60 and Over:
1. Norma Bernardi 49:26.3

First Ten Finishers

1. Ron Cornell 30:30.9
2. Alfredo Rosas 31:24.0
3. Chris Bowlas 32:31.6
4. Carlos Caracoza 32:36.8
5. Ronald Gee 32:43.8
6. Julio Soto 33:04.1
7. Kevin Fischer 33:10.2
8. Jeff Carrison 33:18.1
9. Bob Leetch 33:40.3
10. Scott Young 34:00.6

Locker Room Four Mile

August 17 Visalia

The Locker Room Four Mile developed into a two man race from the start as Marty Higginbotham from the Bartlett Race Team was being closely chased by Monty Thompson. Nearing the half way point Thompson began to fade with Higginbotham building up a comfortable lead and coasting in for the win in 20:22. Robert Taylor finished in second, clocking 21:02 followed by older brother Ed Taylor in 21:07. Thompson faded to fourth timing 21:15.

Carlo Barardini ran 25:10 to win the 15-18 age group. Dave Bronzan was the victor in the 30-39 division with a 21:46 time while High Sierra TC teammate Roger Richards too the 40-49 age group in 22:53. A.R. Souza took the 50-59 group with a time of 24:57 and Harry Harder timed 26:46 to win the 60 and over division.

Ruby Hernandez was the first woman across the finish line timing 27:19, over a minute ahead of her next competitor Babette Hall who timed 28:25.

Shannon Battles ran 32:03 to win the 14 and under division while Shellie Battles timed 32:02 to take the 15-18 age group. In the women's 30-39 category Jacque Randolph was an easy victor clocking 28:38.

Preceding the four mile race a mile prediction run was held in which Del Ault was the winner only one second off his predicted time.

The Locker Room Sporting Goods Store has scheduled a series of races for 1981.

Records Fall At Red Cross Watermelon Run

August 17

Dennis Rinde of the West Valley Track Club and Barb Melhaus of the Merced Track Club both shattered course records in winning the men's and women's competition at the second annual Red Cross Watermelon Run.

Rinde, a world class marathoner, toured the 10,000 meter course in 31:07, well under the existing course record, and a full minute ahead of his nearest competition. Melhaus finished almost three full minutes ahead of her nearest competition and four and a half minutes under the course record. For their efforts both received Plaques and a sweatshirt, courtesy of local merchants.

Other course records fell in the mens division, including David Anderson's fine 39:27 clocking in the 12 & under division, a 32:55 performance by Dean Rinde in the 13-17 age category, a 36:14 effort by Merced's Dave Donaldson in the 40-49 category and a 40:36 clocking by Russ Console in the 50-59 age division.

On the women's side records fell to Elaine Janes of Canada in the 30-39 division (39:51); Ginger Burrola of Manteca in the 40-49 division (44:26) and Noralma Walker of Fresno in the 50-59 division (58:04).

The top three finishers in each age group were as follows:

10,000 METER WOMEN

13-17: 1. Nancy Galarneau 47:22; 2. Lill Hughes 47:23; 3. Kelley Donaldson 47:23.
18-29: 1. Barbara Melhaus 36:53; 2. Toni Nichols 40:44; 3. Pam Royer 42:16.
30-39: 1. Elaine Janes 39:51; 2. Patty Dahlstrom 41:54; 3. Muriel Olson 44:49.
40-49: 1. Ginger Burrola 44:26; 2. Sally Franchioni 48:15; 3. Sylvia Ouellette 52:23.
50-59: 1. Norelma Walker 58:04; 2. Gloria Jan 59:21.

10,000 METER MEN

12 & Under: 1. David Anderson 39:27; 2. Billy Price 47:29; 3. Chad Clifton 61:10.
13-17: 1. Dean Rinde 32:55; 2. Hector Menchada 34:48; 3. Ken Harlan 36:50.
18-29: 1. Dennis Rinde 31:07; 2. Chris Hamer 32:18; 3. Greg McKinstry 32:56.
30-39: 1. Randy Cagle 36:13; 2. Andres Patian 36:36; 3. L. Janes 36:43.
40-49: 1. Dave Donaldson 36:14; 2. Ken Schwisow 37:15; 3. Frank Russell 38:14.
50-59: 1. Russ Console 40:36; 2. Payson Taylor 44:01; 3. Fred Fitchhorn 44:10.

1.5 Mile Run Winners and their age categories were:

MEN
12 & Under: Alexa Arahath 9:27.
13-17: Warren Campbell 8:56.
18-29: Roy Cortez 7:49.
30-39: Greg Ambrosini 8:20.
40-49: Marty Martinez 9:46.

WOMEN
12 & Under: Lisa Wade 11:07.
13-17: Diana Banda 10:32.
18-29: Celia Felix 10:45.
30-39: Diane Johnson 13:39.
40-49: Marvele Taylor 12:28.

4. Bobbi Janowiak(29, Santa Barb.) 48:38
5. Shelley McAleer(29, S. Barb.) 51:53

Women 30-39:
1. Sandra Marshall(32, Goleta) 39:40
2. Shirley Saunders(39, S. Barb.) 41:40
3. Ann Baker(36, Santa Barbara) 47:00

Women 40-49:
1. Fay Hobbs(45, Santa Barbara) 40:15
2. Lyn Carman(43, Santa Barbara) 47:36

Women 50 & Over:
1. Patty Frankus(53, Santa Barb.) 53:17

Top Of The State Race

August 16, 1980. Weed, Calif.

7-Mile

Men: 12 & Under: Skovran Schreder 53:10; 13-18: John Frank 43:47; 19-29: Leonard Hill 38:29; 30-34: Jim Jisher 43:20; 35-39: Bill Parr 42:55; 40-49: Glenn Reed 45:49; 50 & Over: Harry Smith 50:33.

Women: 12 & Under: Denae Dunlap 56:21; 13-13: Diane David 53:24; 19-29: Jennifer Danniell 49:51; 30-34: Mary Rosado 54:12; 40-49: Carolyn McHenry 59:37.

4.7 Mile

Men: 12 & Under: Matt Hamon 43:48; 13-18: Steve Von Tungeln 27:30; 19-29: Fernie Fernandez 24:35; 30-34: Lee Ferrero 24:59; 35-39: Mac Forbes 27:44; 40-49: Len Edholm 29:13; 50 & Over: Don Mayer 36:14.

Women: 13-18: Lynn Johnston 33:21; 19-29: Teresa Bridwell 35:31; 30-34: Sharon Long 37:42; 35-39: Linda Jo Doniak 33:05; 40-49: Carolyn Gonzalez 45:35.

Bass Lake Run Thru The Pines

August 23, 1980. 8th Annual Half Marathon.

1. Gary Gonzales(1-Open)	1:12.32
2. Christopher Hamer(2-Open)	1:14.27
3. John Hendry(3-Open)	1:14.30
4. Ted Pawlak(4-Open)	1:15.21
5. Dan Williams(1-30-39)	1:18.11
6. Mark Hamphill(2-30-39)	1:18.46
7. Larry Lung(3-30-39)	1:18.56
8. Steve Moreno(5-Open)	1:19.49
9. Bill Peck(1-40-49)	1:20.44
10. Dennis E. Wong(6-Open)	1:21.43
11. Leon A. Valley(7-Open)	1:23.44
12. Ken Bunton(1-Junior)	1:24.14
13. Tom Waller(8-Open)	1:24.16
14. James Lambe(o-Open)	1:24.32
15. Dan Currier(10-Open)	1:24.47
16. Gary Smith(2-40-49)	1:27.18
17. John Plus(3-40-49)	1:29.27
18. Richard Rozler(1-50+)	1:31.33
19. Sid Toabe(2-50+)	1:31.49
20. Kimbi Hamer(1-W)	1:37.09
21. Leslie Hoegh(1-W)	1:37.09
22. Helen Lopez(1-W)	1:37.09

4.	Jim Arquilla(29)	48:12
5.	Bill Flynn(26)	50:08
6.	Mike Sayward(33)	50:18
7.	Eddie Lopez(20)	50:19
8.	Steve Durand(23)	50:59
9.	Jesse Maddren(16)	51:10
10.	Jose Lopez(18)	51:14
11.	Bruce Yoshiwara(26)	51:19
12.	Mike Carlton(17)	51:35
13.	Jim Minami(36)	51:56
14.	Ken Moffitt(28)	52:02
15.	Adam White(19)	52:08
16.	Ross Rouley(31)	52:13
17.	George Luna(17)	52:19
18.	Gib Acuna(32)	52:20
19.	Pat Brady(19)	52:26
20.	Mike Morrow(34)	52:45
21.	Henry Hernandez(26)	52:49
22.	Norman Berry(36)	52:54
23.	Curtis Helms(31)	53:03
24.	Herb Tanzer(28)	53:05
25.	Dan Stumpus(28)	53:06
26.	Dick Pallies(1 40+)	53:21
34.	Bob Holtel(2 40+)	54:52
36.	Tom Musante(3 40+)	54:55
51.	Kim Vollmer(1 W)	57:26
59.	Dick Durand(1 50+)	58:07
71.	Joan Lind(2 W)	59:08
111.	Delight Enciso(3 W)	63:06
131.	Kathy Pomeroy(4 W)	64:56
135.	Kathleen Brooks(5 W)	65:32
136.	Jolly Enciso(6 W)	65:49
150.	Dick Bates(1 60+)	68:33

1.	Ed Moore	37:25
2.	Dave Dixon	38:16
3.	Victor Jackson	38:28
Men		
1.	Andre Tocco	40:49:5
2.	Norman cogen	37:00
3.	Ken Dille	37:15
Men 50-59:		
1.	Patrick Devine	38:44
2.	Bod Landry	39:05
3.	R.B. Handaway	40:36
Men 60 & Over:		
1.	Ed Lewin	40:26
2.	Steve Chiples	42:22
3.	Phil Castle	44:28
Girls 12 & Under:		
1.	Carol Doody	40:37
2.	Lisa Padilla	43:41
Girls 13-15:		
1. Ann Beckennar no time		
Women 19-19:		
1.	Emily Whitney	39:23
2.	Karla Kratz	43:05
3.	Danila Dakodda	43:38
Women 30-39:		
1.	Pat Story	37:28
2.	Jdy Subject	43:12
3.	Francis Williams	45:29
Women 40-49:		
1.	Linda Sipprelle	39:58
2.	Marci Bishop	54:35
3.	Dora Griffin	55:51
Women 50 & Over:		
1.	Coleen Jones	47:28
2.	Eileen Buonora	1:10:20

in 21:07. Thompson faded to fourth timing 21:15.

Carlo Barardini ran 25:10 to win the 15-18 age group. Dave Bronzan was the victor in the 30-39 division with a 21:46 time while High Sierra TC teammate Roger Richards too the 40-49 age group in 22:53. A.R. Souza took the 50-59 group with a time of 24:57 and Harry Harder timed 26:46 to win the 60 and over division.

Ruby Hernandez was the first woman across the finish line timing 27:19, over a minute ahead of her next competitor Babette Hall who timed 28:25.

Shannon Battles ran 32:03 to win the 14 and under division while Shellie Battles timed 32:02 to take the 15-18 age group. In the women's 30-39 category Jacque Randolph was an easy victor clocking 28:38.

Preceding the four mile race a mile prediction run was held in which Del Ault was the winner only one second off his predicted time.

The Locker Room Sporting Goods Store has scheduled a series of races for 1981.

Press Run

August 17, 1980.

1.	Ted Quintana (18-29)	30:30.3
2.	Bill Stolp (18-29)	30:43.1
3.	Richard McCann (18-29)	31:04.4
4.	Tomasso Kearcher (30-39)	31:17.5
5.	Ron Nabors (30-39)	31:41.5
6.	Rusty Knowles (1-17)	32:18.5
7.	Pete Churney (18-29)	32:20.2
8.	Don Larson (18-29)	32:42.7
9.	Virginio DeAraujo (18-29)	32:49.5
10.	Lester Mina (18-29)	32:58.9
11.	Gregory Bachard (18-29)	33:16.7
12.	Gilbert Dean (18-29)	33:21.9
13.	Dave Anderson (0-17)	33:30.5
14.	Dennis Urtjaga (30-39)	33:36.9
15.	Dan Williams (30-39)	33:39.5
16.	David Bigelow (18-29)	33:49.0
17.	Robert Vegas (30-39)	34:03.4
18.	David Muela (18-29)	34:10.1
19.	Peter O'Reilly (18-29)	34:23.3
20.	Steve Ferrez (30-39)	34:42.4
21.	David Unger-Smith (13-29)	34:43.8
22.	Phillip Duncan (0-17)	35:14.8
23.	Gene Fitzgerald (30-39)	35:16.7
24.	John Monteverdi (30-39)	35:27.3
25.	Gary Nathanson (30-39)	35:56.9
26.	Glenn Dean (18-29)	35:59.5
27.	Michael Banks (18-29)	36:03.7
28.	Roberto Cazares (0-17)	36:04.5
29.	Sheldon Clark (30-39)	36:13.0
30.	Allen Admonds (18-29)	36:30.2
38.	Don Huff (1-40+)	36:52.6
44.	Dag Kavlie (2-40+)	37:20.3
53.	Dennis Teeguraden (3-40+)	38:08.8
72.	Mary Gaffield (1-W)	39:27.5
90.	Sharlet Gilbert (2-W)	40:54.5
103.	Heidi Ertl (3-W)	41:48.4
116.	Joanne Sidwell (4-W)	42:32.5
129.	Lisa Macias (5-W)	43:25.7
131.	Dottie Charron (6-W)	43:31.6

Nike-Earthquake Six Mile Classic

August 16, 1980.

1.	Doug Padilla(20-29)	30:27.0
2.	Gary Goettlemann(30-39)	30:38.6
3.	Coty Plinckney(20-29)	30:38.9
4.	Tom Laris(40-49)	31:19.8
5.	Jake White(30-39)	32:34.4
6.	Tim Rostege(40-49)	32:39.6
7.	Terenu Baynton(20-29)	32:45.1
8.	Steve Ottaway(20-29)	33:06.2
9.	Larry Ingram(30-39)	33:32.6
10.	David Tarcia(20-29)	33:37.5
11.	Dean Raymond(30-39)	33:42.8
12.	John Kearns(40-49)	34:23.4
13.	John Lilygren(20-29)	34:30.7
14.	Sam Castillo(30-39)	34:49.3
15.	Rick Smith(13-19)	35:02.4
16.	Dale Harliness(20-29)	35:12.5
17.	Paul Falk(30-39)	35:19.5
18.	Ken Drew(30-39)	35:22.1
19.	Michael Hicks(30-39)	35:23.9
20.	Tom Warfel(30-39)	35:25.6
21.	Jim Toppe (13-19)	35:44.5
22.	Rudy Hewitt(30-39)	36:12.5
23.	Timothy Freedman(13-19)	36:14.9
24.	Ron Bovey(30-39)	36:15.3
25.	Rudy Rodriguez(30-39)	36:25.6
27.	Tena Harms(1-F, 20-29)	36:53.8
43.	Denise Bigelow(2-F, 13-19)	38:19.1
48.	Kelly Brogan(3-F, 13-19)	39:15.7
64.	Dana Hooper(4-F, 20-29)	42:42.9
74.	Lois Kalmbach(5-F, 30-39)	45:14.4
76.	Virginia FairDelano(6-F)	45:38.6
95.	Mr. Rodriguez(1-60+)	48:58.6
104.	Gerri Psick(1-F, 40-49)	51:19.3
109.	Jan Jijssen(1 50-59)	52:56.6
132.	E. Rodriguez(1-F, 50-59)	1:07:41.4

10K Run By The Sea

August 17, 1980. Rancho Palos Verdes, California.

Men 12 and under:

1.	Gregory Flynn	41:08.3
2.	Jeff Kinsey	42:26.7
3.	Dan Zelinski	42:44.2

Men 13-17:

1.	Chris Bowlus	32:31.6
2.	Scott Young	34:00.6
3.	Naranjo Beraquiel	34:45.1

Men 18-29:

1.	Ron Cornell	30:30.9
2.	Alfredo Rosas	31:24.0
3.	Carlos Caracoza	32:36.8

Men 30-39:

1.	Antonio Lazarin	34:27
2.	Bob Essertier	34:49.0
3.	Rubin Simon	35:41.0

Men 40-49:

1.	Joe Gassmann	36:21.5
2.	John Rudberg	36:34.2
3.	Frank Greene	37:59.8

Men 50-59:

1.	Leonard Kulbacki	41:17.4
2.	John Randall	42:03.6
3.	Harold Franzlick	42:42.2

Men 60 and Over:

1.	John Woodruff	47:47.2
2.	Fred Bruecker	49:29.8
3.	Alex MacMullen	51:29.2

Women 12 and Under:

1.	Olha Ceron	49:58.2
2.	Andrea Baush	58:51.7

Thru The Pines

August 23, 1980. 8th Annual Half Marathon.

1.	Gary Gonzales(1-Open)	1:12.32
2.	Christopher Hamer(2-Open)	1:14.27
3.	John Hendry(3-Open)	1:14.30
4.	Ted Pawlak(4-Open)	1:15.21
5.	Dan Williams(1-30-39)	1:18.11
6.	Mark Hamphill(2-30-39)	1:18.46
7.	Larry Lung(3-30-39)	1:18.56
8.	Steve Moreno(5-Open)	1:19.49
9.	Bill Peck(1-40-49)	1:20.44
10.	Dennis E. Wong(6-Open)	1:21.43
11.	Leon A. Valley(7-Open)	1:23.44
12.	Ken Bunton(1-Junior)	1:24.14
13.	Tom Waller(8-Open)	1:24.16
14.	James Lamba(o-Open)	1:24.32
15.	Dan Currier(10-Open)	1:24.47
16.	Gary Smith(2-40-49)	1:27.18
17.	John Plus(3-40-49)	1:29.27
33.	Richard Rozier(1-50+)	1:31.33
35.	Sid Toabe(2-50+)	1:31.49
48.	Kimbi Hamer(1-W)	1:37.09
49.	Leslie Hoegh(1-W)	1:37.09
49.	Helen Lopez(1-W)	1:37.09
52.	Dianne Stauffer(1-30-30, W)	1:38.04
55.	Tone Nichols(5-W)	1:38.50
72.	Terri Nieto(6-W)	1:43.46
77.	Ramona Dias(1-40+, W)	1:45.02
101.	Liz DeMonte(1-50+, W)	1:53.29

10,000 METER MEN

12 & Under: 1. David Anderson 39:27; 2. Billy Price 47:29; 3. Chad Clifton 61:10. **13-17:** 1. Dean Rinde 32:55; 2. Hector Menchada 34:48; 3. Ken Harlan 36:50. **18-29:** 1. Dennis Rinde 31:07; 2. Chris Hamer 32:18; 3. Greg McKinstry 32:56. **30-39:** 1. Randy Cagle 36:13; 2. Andres Patian 36:36; 3. L. Janes 36:43. **40-49:** 1. Dave Donaldson 36:14; 2. Ken Schwisow 37:15; 2. Frank Russell 38:14. **50-59:** 1. Russ Console 40:36; 2. Payson Taylor 44:01; 3. Fred Fitchhorn 44:10.

1.5 Mile Run Winners and their age categories were:

MEN

12 & Under: Alex Arahath 9:27. **13-17:** Warren Campbell 8:56. **18-29:** Roy Cortez 7:49. **30-39:** Greg Ambrosini 8:20. **40-49:** Marty Martinez 9:46.

WOMEN

12 & Under: Lisa Wade 11:07. **13-17:** Diana Banda 10:32. **18-29:** Celia Felix 10:45. **30-39:** Diane Johnson 13:39. **40-49:** Marvele Taylor 12:28.

1st American Cancer Society

August 24, 1980. 6 Mile.

1.	Robert Hollister(21, Santa Barb.)	30:33
2.	Tom Phillips(26, Goleta)	31:30
3.	Eric Sappenfield(18, S. Barb.)	32:20
4.	Joe Hilton(24, Goleta)	32:22
5.	Steve Waggener(36, Goleta)	33:40
6.	Gregor Robin(23, S. Luis Obis.)	33:46
7.	Steve Erickson(23, Goleta)	35:52
8.	Martin Rojas(16, Santa Ynez)	36:22
9.	Charles Rundgren(31, S. Barb.)	36:24
10.	Ray Gil(55, Lompoc)	36:27
11.	Bill King(38, Santa Barbara)	36:34
12.	Bob Carman(49, Santa Barbara)	36:45
13.	John Redding(31, Santa Barb.)	37:02
14.	LeRoy Perkins(35, Santa Barb.)	37:04
15.	Wayne Nelson(44, Santa Barb.)	37:06

Boys 14 & Under:

1.	Eric Carman(14, Santa Barbara)	37:09
2.	Dave Saunders(14, Santa Barb.)	39:10

Boys 15-19:

1.	Eric Sappenfield(18, S. Barb.)	32:20
2.	Martin Rojas(16, Santa Ynez)	36:22
3.	Andy Pearce(19, Carpinteria)	38:50

Men 30-39:

1.	Steve Waggener(36, Goleta)	33:40
2.	Charles Rundgren(31, S. Barb.)	36:24
3.	Bill King(38, Santa Barbara)	36:34

Men 40-49:

1.	Bob Carman(49, Santa Barbara)	36:45
2.	Wayne Nelson(44, Santa Barb.)	37:06

Men 50 & Over:

1.	Ray Gil(55, Lompoc)	36:27
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Girls 14 & Under:

1.	Sarah Allaback(14, Carpinteria)	44:32
2.	Stephanie Crang(14, S. Barb.)	52:43

Girls 15-19:

1.	Kelly Spelman(19, Larkspur)	46:06
2.	Joellen Gomez(16, Santa Barb.)	47:50
3.	Becky Huribut(17, Santa Barb.)	50:21

Women 20-29:

1.	Kathleen Kinane(21, Isla Vista)	37:24
2.	Deb Sass(29, Santa Barbara)	43:26
3.	Lauri Kroll(21, Isla Vista)	48:11

Lake Merritt Joggers & Striders

August 24, 1980. 5, 10, & 15 KM Runs.

5 KM RESULTS

1.	Phil Kay(27)	15:49
2.	No Name	15:58
3.	Dan Williams(31)	16:19
4.	Jeffery Charleston(17)	16:32
5.	No Name	17:04
6.	Gene Griffith(35)	17:13
7.	Harry Cross(37)	17:24
8.	ERIC Ivary(33)	17:28
9.	Richard Keene(1-40+)	18:01
10.	Gene White(46)	18:30
12.	Sue V. Brusher(26, 1-F)	18:12
18.	Heather Watkins(15, 2-F)	19:34
20.	Carl Wisser(1-50+)	19:52
21.	Gail Wetzork(49, 3-F)	19:56

10 KM RESULTS

1.	John Notch(32)	33:55
2.	Russ Montello(36)	34:23
3.	John Monteverdi(34)	34:31
4.	Jim Rice(45)	35:11
5.	Myron Nevreumont(17)	35:23
6.	Pete Ramos(17)	35:40
7.	Bill Brusher(29)	35:57
8.	Charles Becker(40)	37:39
9.	Norman Lopera(28)	37:48
10.	Robert Gerlach(32)	38:08
17.	Louise Adamson(31, 1-F)	42:03
19.	BEtsey White(42, 2-F)	44:29
20.	Linda Karne(34, 3-F)	44:30
31.	Dave Denyven(1-50+)	49:44

Santa Monica Marathon and Half-marathon

by Richard Slotkin

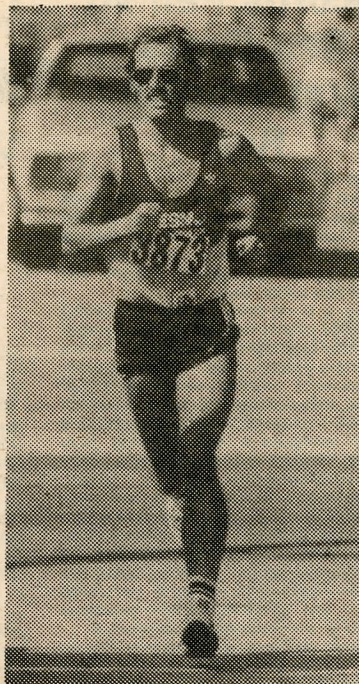
August 24, 1980. Santa Monica, Calif.

Hector Perez and Teresa Haro seem to get better every race. These two teammates on both the Santa Monica College track team and the Santa Monica Track Club, were easy winners in the half-marathon part of the annual marathon/half-marathon put on by the Santa Monica Department of Recreation.

Perez was content to let others set the pace for the first several miles on a warm morning that, very quickly, became rather hot. At about 6 miles, Perez moved into the lead and by 10 miles he had a 20-30 second lead over second place Dan Brady. With only a half mile to go, he practically glided up the short but steep hill on Pearl Street with a big smile and called out, "Dick, take my picture." With the lead he had, he could afford to ham it up. Then he disappeared around the corner onto 14th Street completing the last few blocks to the Santa Monica College track and a 67:41.9 win.

Meanwhile running in the front of the pack with a bunch of somewhat frustrated males (frustrated because they couldn't shake her) Teresa Haro had a decisive lead over her nearest rival, Paulette Halel, as well. Teresa had gotten out fast and taken the lead early and by 3 miles, she was already well on her way. But, at 10 miles disaster struck and a severe ailment stopped her cold. It happened to her in the Century City 10k last June, and she had to walk it off for a minute and a half and still got the win. Fortunately for Teresa, she happened to stop this time right in front of Laszlo Tabori, coach of the San Fernando Valley TC. A coach is a coach, and Tabori, though watching for his own people, ran to her aid. He helped remedy the problem and had Teresa on her way, still out in front. When she reached the hill at Pearl Street, she was looking tired but running well. A man just ahead of her turned around and said, "Hang on to me!" with a steady stream of encouragement, he escorted, cajoled and drew her along to a PR that was 6 minutes better than her time on the same course last year.

Back on the track at the finish line, problems were arising. The person assigned to work the finish line was a no-show and, in addition, the timer broke at about the 200th finisher. So, the results became a mess that have not been cleared up to this day. Even among the first finishers there are problems. For example, second placer Brady shows only 2.4 seconds behind Perez, yet with a half-mile to go Perez was out of sight before Brady appeared. And Brady wasn't kicking at that point either. That was bad enough, but results for the women were flatly unusable. Ann Dewey was credited with second place in the 18-29 group with a PR



Jim Hartig

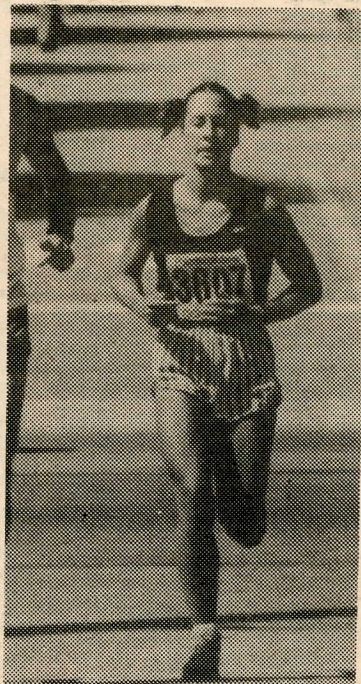
2:35:17. Clyde has been looking better every time out, especially in the 10k's, but this was his first marathon since Culver City last December.

Escorted by some of his Santa Monica College teammates (namely Perez, Paul Farina, and Ruben Haro who had all run the half-marathon) Peter Rice just made his goal (and a PR) of breaking 2:50. His 2:49.21 was especially satisfying because he said he really suffered on those last 6 miles. The way his "friends" were hollering at him to "...move your butt, Peter!", I expected to see leather and whips and clubs. Wow! No mercy! But...it did the trick--2:49.21. Peter admitted later, "It really did help. It's great to have friends to help you at a time like that." I wonder if he really heard what they were saying.

First female to finish was Janice Velle. Her 3:11:34 isn't especially noteworthy in a month in which we've seen three women break 2:32 in one weekend, but it was good enough. She looked as though she were surviving the trip a lot better than many of the people who came ahead of her as she entered the campus and headed on down the last 150 yards to the finish. Three minutes later, Tanya Prescott came in for second, and first in her 30-34 division.

Because of the snafu at the finish line, you should take most of the results with a grain of salt, but here they are anyway.

Full Marathon



Janice Velle

Male 18-29:

- | | |
|---------------------|---------|
| 1. Jim Hartig | 2:30.50 |
| 2. Clyde Matsumara | 2:35.17 |
| 3. Richa Mapel | 2:36.11 |
| 4. Victor Valverde | 2:39.18 |
| 5. John Halebian | 2:42.53 |
| 6. Joseph Schieffer | 2:44.10 |
| 7. John Dishman | 2:45.17 |
| 8. Craig BAssett | 2:45.27 |
| 9. Steve Carona | 2:45.48 |
| 10. Michael Wittlin | 2:47.12 |

Male 30-34:

- | | |
|--------------------|---------|
| 1. Charles Hoover | 2:43.18 |
| 2. Nicholas Brown | 2:43.43 |
| 3. Bennet Lundkult | 2:46.11 |
| 4. Juan Hernandez | 2:47.43 |
| 5. Michael Morrow | 2:48.53 |

Male 35-39:

- | | |
|--------------------|---------|
| 1. Simon Rubin | 2:38.04 |
| 2. Paul Farren | 2:43.33 |
| 3. Steven Humphrey | 2:44.43 |
| 4. David Landis | 2:45.09 |
| 5. Dale Larabee | 2:45.42 |

Male 40-49:

- | | |
|---------------------|---------|
| 1. Jim Knerr | 2:36.54 |
| 2. Joseph Gassman | 2:41.47 |
| 3. Ray Schmidt | 2:51.33 |
| 4. Peter Johnson | 2:52.50 |
| 5. Ronad Navarrette | 2:54.06 |

Male 50-59:

- | | |
|--------------------|---------|
| 1. Conrad Eroen | 2:56.04 |
| 2. Patrick Devine | 2:59.48 |
| 3. David Hirschson | 3:07.27 |
| 4. Donald Henze | 3:09.55 |
| 5. Robert Hardway | 3:10.08 |

Male 60 & Over:

- | | |
|--------------------|---------|
| 1. Al Kalina | 2:46.30 |
| 2. Morris Perrez | 3:23.31 |
| 3. Louis Schneider | 3:46.50 |

- | | |
|------------------|-----------|
| 2. Pam Phillips | 1:10:30.5 |
| 3. Ann F. Dewey | 1:25:54.1 |
| 4. Connie Foster | 1:27:06.4 |

Female 30-34:

- | | |
|------------------|-----------|
| 1. Julie Eldrige | 1:22:19.5 |
|------------------|-----------|

Female 35-39:

- | | |
|-----------------|-----------|
| 1. Molly Thayer | 1:23:23.1 |
|-----------------|-----------|

Female 40-49:

- | | |
|-----------------|-----------|
| 1. Sandra Kiddy | 1:24:08.3 |
|-----------------|-----------|

Female 17 & Under:

- | | |
|--------------|-----------|
| 1. Joy Stone | 1:22:59.7 |
|--------------|-----------|

Dammit Run

August 23, 1980. 7th Annual Dammit Run. Los Gatos, Calif.

- | | |
|------------------|-------|
| 1. Benton Hart | 31:19 |
| 2. Mike Smith | 31:32 |
| 3. Justin Tyme | 31:43 |
| 4. Cory Pinkney | 31:51 |
| 5. Peter Doland | 32:02 |
| 6. Mike Engleman | 32:05 |
| 7. Robert Lorle | 32:07 |
| 8. Bill Clark | 32:08 |
| 9. Greg Jenkins | 32:16 |
| 10. Joe Salazar | 33:06 |
| 11. Dave Stock | 33:30 |
| 12. Chris Kadoch | 33:36 |
| 13. Gonzalez | 33:41 |
| 14. Todd BAKER | 34:16 |
| 15. Tom Dorst | 34:18 |
| 16. Jeff Conling | 34:18 |
| 17. Diaz | 34:44 |
| 18. Stan Newton | 34:44 |
| 19. Jim Kaspers | 34:48 |
| 20. Zamczyk | 34:55 |
| 21. Munoz | 35:03 |
| 22. Amol Saxena | 35:16 |
| 23. Jim Kearns | 35:23 |
| 24. Steve Castro | 35:26 |
| 25. Zaragosa | 35:29 |
| 26. Sharp | 35:33 |
| 27. Jim Doran | 35:33 |
| 28. Sezlard | 35:43 |
| 29. Johnson | 35:49 |
| 30. Tom Kuhl | 35:53 |

MEN OPEN:

- | | |
|------------------|-------|
| 1. Benton Hart | 31:19 |
| 2. Mike Smith | 31:32 |
| 3. Justin Tyme | 31:43 |
| 4. Coty Pinkney | 31:51 |
| 5. Peter Doland | 32:02 |
| 6. Mike Engleman | 32:05 |
| 7. Robert Lorle | 32:07 |
| 8. Bill Clark | 32:08 |
| 9. Greg Jenkins | 32:16 |
| 10. Joe Salazar | 33:06 |

MEN 40-49:

- | | |
|--------------------|-------|
| 1. Tom Laris | 33:34 |
| 2. Tim Rostege | 34:25 |
| 3. Ulrich Kaempf | 35:51 |
| 4. Carlos Saldivar | 36:16 |
| 5. Mike Paradis | 38:15 |

MEN 50+:

- | | |
|----------------|-------|
| 1. Ricaud Mart | 42:06 |
| 2. Al Macys | 44:03 |
| 3. Don Stoner | 44:15 |

BOYS 9 & UNDER:

- | | |
|----------------|-------|
| 1. Jimmy Verua | 44:18 |
| 2. C. Stone | 47:05 |
| 3. Aarou Sweet | 56:39 |

BOYS 10-13:

- | | |
|----------------------|-------|
| 1. V. Robbins | 38:36 |
| 2. Louie Stojanovich | 41:19 |
| 3. B. Duff | 42:45 |
| 4. A. Rusckow | 44:36 |
| 5. ... | 45:50 |

Coalinga American Legion Classic Run

September 1, 1980. Keck Park, Coalinga, Calif. 10,000 Meters.

- | | |
|---------------------------|-------|
| 1. Juan Garza | 32:56 |
| 2. Al Lomell | 33:45 |
| 3. Len Thornton(1-40+) | 35:31 |
| 4. Mario Castillo | 36:23 |
| 5. Tony Perez | 38:32 |
| 6. Brad Clark | 39:41 |
| 7. Henry Clark(2-40+) | 40:02 |
| 8. Tom Upton(3-40+) | 40:41 |
| 9. Steven Whitwill(1-30+) | 41:03 |
| 10. Pat Manly | 41:27 |
| 13. Ed McSorley(1-50+) | 43:52 |
| 14. Ken Takeuchi(2-50+) | 44:08 |
| 15. Don H. Welsh(3-50+) | 44:16 |
| 28. Marlene(1-F) | 51:33 |
| 30. Eileen Lohse(2-F) | 54:48 |
| 33. Diane Johnson(3-F) | 61:54 |

Laguna Lake Relays

August 30, 1980.

Leg #1-1 1/2 Miles

- | | |
|------------------------------------|------|
| 1. Paul Lee(19, Arroyo Grande) | 7:33 |
| 2. Russ Sharer(26, Santa Maria) | 7:46 |
| 3. Brian Talley(14, Arroyo Grande) | 7:52 |
| 4. Randy Cole(23, S.L.O.) | 7:54 |
| 5. Maggie Keyes(21F, S.L.O.) | 8:02 |
| 6. John F. Coffey(45, Santa Maria) | 8:10 |
| 7. Jeff Bridge(17, Paso Robles) | 8:19 |
| 8. Andy Hafemeister(17, S.L.O.) | 8:22 |
| 9. Steve BAur(16, S.L.O.) | 8:22 |
| 10. Jack Cline(48, Grover City) | 8:27 |

Leg #2-2 1/2 Miles

- | | |
|------------------------------------|-------|
| 1. Tom Trimbble(21, Santa Maria) | 12:08 |
| 2. Manny Bautista(22, S.L.O.) | 12:08 |
| 3. Mike White(25, Atascadero) | 12:47 |
| 4. Bob nanninga(33, S.L.O.) | 13:01 |
| 5. John B. Coffey(23, Santa Maria) | 13:06 |
| 6. Matt Armbruster(16, P. Robles) | 13:12 |
| 7. Mark Brels(19, Atascadero) | 13:15 |
| 8. Jim Hurley(24, S.L.O.) | 13:17 |
| 9. John Ernatt(16, S.L.O.) | 13:24 |
| 10. Joe Casano(17, Arroyo Grande) | 13:44 |
| 27. Nancy Knudsen(30F, S.L.O.) | 16:28 |

Women:

Leg #1:

- | | |
|-----------------------------------|-------|
| 20. Dee Hutton(26F, S.L.O.) | 10:04 |
| 23. Pam Ledbetter(18F, Morro Bay) | 10:14 |

Park To Park 7.9 Miles Road Race

September 7, 1980. Sponsored by: Lompoc Valley Distance.

Male 18-29:

- | | |
|----------------------------|-------|
| 1. Jim Elwell(19, LVDC) | 44:12 |
| 2. Todd Robinson(23, LVDC) | 45:24 |

Tabori, coach of the San Fernando Valley TC. A coach is a coach, and Tabori, though watching for his own people, ran to her aid. He helped remedy the problem and had Teresa on her way, still out in front. When she reached the hill at Pearl Street, she was looking tired but running well. A man just ahead of her turned around and said, "Hang on to me!" with a steady stream of encouragement, he escorted, cajoled and drew her along to a PR that was 6 minutes better than her time on the same course last year.

Back on the track at the finish line, problems were arising. The person assigned to work the finish line was a no-show and, in addition, the timer broke at about the 200th finisher. So, the results became a mess that have not been cleared up to this day. Even among the first finishers there are problems. For example, second placer Brady shows only 2.4 seconds behind Perez, yet with a half-mile to go Perez was out of sight before Brady appeared. And Brady wasn't kicking at that point either. That was bad enough, but results for the women were flatly unusable. Ann Dewey was credited with second place in the 18-29 group with a PR shattering time of 85:54—about 10 minutes below what she figured to run...if she HAD run...which she didn't. (Now that's what I could use!)

Results for the marathon are a bit more reliable. For one thing, the finishers are spaced apart enough to be accurately recorded even by hand. The times were slow, partly due to the heat which had gotten to be a real factor by 10 a.m., and partly due to the lack of runners capable of breaking 2:20 or even 2:25.

Down from Fresno on a vacation, Jim Hartig of the Fresno TC, decided to run the marathon as a workout. To his surprise and extreme pleasure, he found himself all alone in front and cruised into a 2:30:50 win.

Pushing as hard as he could, SMTC's Clyde Matsumura was dropping his PR by 6 minutes and finally checked in at

he said he really suffered on those last 6 miles. The way his "friends" were hollering at him to "...move your butt, Peter!" I expected to see leather and whips and clubs. Wow! No mercy! But...it did the trick—2:49:21. Peter admitted later, "It really did help. It's great to have friends to help you at a time like that." I wonder if he really heard what they were saying.

First female to finish was Janice Velle. Her 3:11:34 isn't especially noteworthy in a month in which we've seen three women break 2:32 in one weekend, but it was good enough. She looked as though she were surviving the trip a lot better than many of the people who came ahead of her as she entered the campus and headed on down the last 150 yards to the finish. Three minutes later, Tanya Prescott came in for second, and first in her 30-34 division.

Because of the snafu at the finish line, you should take most of the results with a grain of salt, but here they are anyway.

Full Marathon

Female 18-29:	
1. Janice Velle	3:11.34
2. Lisa Goldberg	3:18.39
3. Eileen James	3:22.31
4. Jeannette Perrez	3:23.40
5. Barbara Honeck	3:26.23
Female 30-34:	
1. Tanya Prescott	3:14.41
2. Delal Burke	3:15.45
3. Karen Chinn	3:20.22
Female 50-59:	
1. Irene Grim	3:52.40
Female 40-49:	
1. Tina Brackenbush	3:35.02
2. Jane Dods	3:52.52
Male 17 & Under:	
1. Robert Gleeson	3:00.43
2. Jeff Wilson	3:00.49
3. Richard Villasenor	3:08.56

Male 30-34:	
1. Charles Hoover	2:43.18
2. Nicholas Brown	2:43.43
3. Bennet Lundkult	2:46.11
4. Juan Hernandez	2:47.43
5. Michael Morrow	2:48.53
Male 35-39:	
1. Simon Rubin	2:38.04
2. Paul Farren	2:43.33
3. Steven Humphrey	2:44.43
4. David Landis	2:45.09
5. Dale Larabee	2:45.42
Male 40-49:	
1. Jim Knerr	2:36.54
2. Joseph Gassman	2:41.47
3. Ray Schmidt	2:51.33
4. Peter Johnson	2:52.50
5. Ronad Navarrette	2:54.06
Male 50-59:	
1. Conrad Eroen	2:56.04
2. Patrick Devine	2:59.48
3. David Hirschson	3:07.27
4. Donald Henze	3:09.55
5. Robert Hardway	3:10.08
Male 60 & Over:	
1. Al Kallina	2:46.30
2. Morris Perrez	3:23.31
3. Louis Schneider	3:46.50

Half Marathon

August 24, 1980. Santa Monica, Calif.

Male 18-29:	
1. Hector Perez	1:07:41.9
2. Daniel Brady	1:07:44.3
3. Stu McIntosh	1:09:26.0
4. Mark Van Leeuwen	1:09:29.4
5. Ruben Haro	1:09:29.4
6. James BARabudo	1:10:54.1
7. David Vanderveen	1:11:26.9
8. Daniel Wojolk	1:12:24.1
9. Paul Favina	1:13:53.2
10. Harry Staalberg	1:14:16.4
Male 17 & Under:	
1. Jeff Harbell	1:12:00.5
Male 30-34:	
1. Bob Essertier	1:13:50.1
2. Brian Oldham	1:14:42.8
3. William Silva	1:15:22.0
4. Carl Telesco	1:16:08.4
5. Henry Lange	1:16:18.9
Male 35-39:	
1. Ronald Hanson	1:11:34.8
2. Joe Perry	1:12:30.0
3. Jim Minami	1:14:03.6
4. Rene Ruiz	1:14:45.1
5. Bob Rude	1:16:56.7
Male 40-49:	
1. Charles McClung	1:13:55.7
2. Fred Kiddy	1:15:47.3
3. Tom Carroll	1:17:17.3
4. Dick Pailles	
5. Bob Lopez	1:18:44.9
Male 50-59:	
1. David Parker	1:22:14.1
2. Irv Martin	1:23:10.9
3. Bill Winstanley	1:25:37.9
4. Bob Larkin	1:26:20.6
Male 60 & Over:	
1. Eddie Lewin	1:22:25.9
Female 60 & Over:	
1. Grace Schweltzer	2:11:34
Female 50-59:	
1. Marjorie Robinson	1:25:49.0
Female 18-29:	
1. Teresa Haro	1:22:25

1. Benton Hart	31:19
2. Mike Smith	31:32
3. Justin Tyme	31:43
4. Coty Pinkney	31:51
5. Peter Doland	32:02
6. Mike Engleman	32:05
7. Robert Lorie	32:07
8. Bill Clark	32:08
9. Greg Jenkins	32:16
10. Joe Salazar	33:06
MEN 40-49:	
1. Tom Laris	33:34
2. Tim Rostege	34:25
3. Ulrich Kaempf	35:51
4. Carlos Saldivar	36:16
5. Mike Paridis	38:15
MEN 50+:	
1. Ricaud Mart	42:06
2. Al Macys	44:03
3. Don Stoner	44:15
BOYS 9 & UNDER:	
1. Jimmy Verua	44:18
2. C. Stone	47:05
3. Aarou Sweet	56:39
BOYS 10-13:	
1. V. Robbins	38:36
2. Louie Stojanovich	41:19
3. B. Duff	42:45
4. A. Ruskow	44:36
5. I. Orup	45:50
BOYS 14-17:	
1. Roy Gonzalez	33:41
2. Diaz	34:44
3. Zamzyk	34:55
4. Munoz	35:03
5. Zaragasa	35:29
6. Sharp	35:33
7. Sellard	35:43
8. Johnson	35:49
9. Paredis	36:01
10. Saldivar	36:41
WOMEN OPEN:	
1. Judy Fox	37:11
2. Amy Haberman	
3. Gail Campbell	40:55
4. Powell	41:30
5. Eberly	42:58
6. N. Hicks	43:19
7. Rude	43:37
8. Beede	43:50
9. Morella	43:58
10. S. Maley	44:34
WOMEN 40-49:	
1. Ruth Waters	47:43
2. JoAnne Hall	49:18
3. E. Ross	49:45
WOMEN 5+:	
1. Ruth Anderson	44:21
2. Etta Palmer	55:37
3. Helen Holmgan	56:09
GIRLS 9 & UNDER:	
1. S. Delacruz	51:00
2. Jessica Bagley	56:02
3. M. Matthews	61:26
GIRLS 10-13:	
1. Nannette Garcia	43:22
2. Theresa Fisher	43:24
3. Rachael Lester	44:43
4. Ann Wimmer	48:47
5. Serina Delacruz	50:55
GIRLS 14-17:	
1. K. Brogan	41:11
2. C. Vandervord	46:55
3. R. Anderson	47:13
4. V. Gargiolo	47:33
5. Georgina Bauragan	48:29
6. S. McCarroll	49:13
7. S. Breuer	49:25
8. Eloisa Barragan	50:54
9. V. Morillo	58:27

3. Mike White(25, Atascadero)	12:47
4. Bob nanninga(33, S.L.O.)	13:01
5. John B. Coffey(23, Santa Maria)	13:06
6. Matt Armbruster(16, P. Robles)	13:12
7. Mark Breish(19, Atascadero)	13:15
8. Jim Hurley(24, S.L.O.)	13:17
9. John Ernatt(16, S.L.O.)	13:24
10. Joe Casano(17, Arroyo Grande)	13:44
27. Nancy Knudsen(30F, S.L.O.)	16:28

Women:	
Leg #1:	
20. Dee Hutton(26F, S.L.O.)	10:04
27. Pam Ledbetter(18F, Morro Bay)	10:14

Park To Park 7.9 Miles Road Race

September 7, 1980. Sponsored by:
Lompoc Valley Distance.

Male 18-29:	
1. Jim Elwell(19, LVDC)	44:12
2. Todd Robinson(20, LVDC)	45:24
3. Steve Jones(20, LVDC)	46:48
Men 30-39:	
1. San Rosenfield(SLDC)	46:19
2. Jerry Wright(36, LVDC)	46:27
3. Bobby Roberts(35, LVDC)	47:27
Men 40-49:	
1. John Coffey(45, SLDC)	46:42
2. Jerry Hill(40, SLDC)	50:35
Men 50-59:	
1. John Perkins(52, LVDC)	49:41
2. Bill Denneen(55, SLDC)	58:23
Men 60+:	
1. Joseph Carey(62, LVDC)	54:36
Women 30-34:	
1. Jan Manfrina(30, LVDC)	63:00
2. Linda O'Brien(32, LVDC)	63:46
Women 35-39:	
1. Gurdun Fink(36, LVDC)	59:29
2. Jan Hirschler(38, LVDC)	65:29
Women 40+:	
1. Olha Quinones(42, LVDC)	65:51
2. Inga Richardson(45, LVDC)	59:07

March Of Dimes Petaluma Run

September 6, 1980. 10 Kilometer.

1. Dan Aldridge(19-29)	31:43.6
2. Jan Serhen(30-34)	32:28.6
3. Roy Kissin(19-29)	33:11.4
4. Rudy Balli(19-29)	33:48.6
5. Jeff Ramsey(19-29)	34:21.2
6. Darryl Beardall(40-49)	34:23.8
7. Frank Paula(19-29)	35:10.3
8. Ed Chauner(19-29)	35:56.0
9. Jon Von Seeburg(16-18)	35:56.6
10. Ray Gin(35-39)	35:58.1
11. Tim Brewer(16-18)	36:12.3
12. Rich Dunn(14-15)	36:22.8
13. Todd Grames(19-29)	36:23.4
14. Keith Maurer(19-29)	36:37.1
15. Don Stewart(19-29)	37:08.0
19. Robyn MacSwain(14-19, 1-F)	38:07.6
51. Vicki Brown(30-34, 2-F)	43:53.0
59. Marcy Holzgang(14-19, 3ff)	45:22.1
65. Nancy Reese(14-19, 4-F)	46:49.9
70. Beverly Knobel(35-39, 5-F)	48:04.1
72. Kim Walton(19-29, 6-F)	48:18.8

ATTENTION! MASTERS! The National Masters Newsletter is the only national publication devoted exclusively to track & field and long distance running for men and women over age 30.

It features results, schedules and age-records from all over the country, plus inside stories and scoops of what goes on in the Masters world. It's the bible of the Masters movement.

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Watermelon Runs

September 6
1980 Fresno State University, 2 Mile, 4 Mile, and 6 Mile Runs.

2 MILE:

1. Brett Pugh	9:55
2. Scot Swenson	9:57
3. Steve Pizana	10:18
4. Leroy Rivera	10:19
5. Scott Durham	10:27
6. Mark Hull	10:30
7. Kirk Richter	10:30
8. Javier Rodriguez	10:36
9. Ned Ferguson	10:40
10. Gabe Torres	10:41
45. Helen Lopez	12:04
48. Karen Van Wageningen	12:09
54. Brenda Wilcox	12:31

4 MILE:

1. Richard J. McCann	19:57
2. Dave Lehrman	20:08
3. Shawn Smallwood	20:14
4. John Hendry	20:18
5. Greg Garcia	20:25
6. Scott Thornton	20:27
7. Julian Vinton	20:28
8. A. Lomell	20:30
9. Steve Moreno	21:01
10. Mike Taylor	21:07
43. Nancy Ramirez	24:20
79. Karen Spurlock	29:28
81. Michele Gauthier	29:31

6 MILE:

1. Bryan Foley	30:54
2. Tom Fitzgerald	31:01
3. Rick Torres	31:36
4. Rich Medellin	31:43
5. Bob Tapia	31:51
6. Ray Knerr	32:11
7. George Aguirre	32:19
8. Curtis Elia	32:24
9. Gilbert Torres	32:32
10. Dave Kurtze	32:37
36. Laurie Hagopian	37:52
41. Diane Barrett	41:04
Ruby Hernandez	41:30

The Competitive Road Race

September 14, 1980, CSUN Road Race Course, Fresno, Calif.
10,000 METERS

Men 10 & Under:

1. Peter Oviatt	39:25.5
2. Craig Lawson	45:03.3
3. James Lycklama	48:45.5

Men 11-13:

1. Robin Desota	38:37.7
2. Den Zelinski	39:23.7
3. Manny Bobele	38:49.3

Men 14-16:

1. Sean Nugent	33:43.9
2. Roman Desota	34:40.9
3. Andrew Metzger	34:47.0
4. John Wimsatt	37:39.4
5. Brad Kearns	38:22.7

Men 17-29:

1. David Babracki	29:56.2
2. Bobby Bray	30:25.8
3. Chris Schallert	30:59.4
4. Ed Chaldez	31:28.2
5. Chris Brennenman	32:31.6
6. Mike Mvorick	32:43.4
7. Ron Gee	32:45.0
8. Stu Sutherland	32:59.0
9. Ron Newstatt	33:07.0
10. Dan Wojcik	33:28.3

Men 30-39:

1. Gary Tuttle	29:14.6
2. Steve Harney	33:20.7
3. Charles Hoover	33:49.0
4. Bruce Bills	34:48.0
5. James Shanks	35:03.1

Men 40-49:

1. Marvin Rowley	33:38.2
2. Charles McClung	33:55.6
3. Jim Knerr	33:59.7
4. Joe Marino	36:41.5
5. Ludwig Schielsi	36:55.8

Men 50-59:

1. Dick Durand	38:39.1
2. Bill Winstanley	39:05.7
3. Bob Larkin	40:00.6
4. John Wefler	42:02.1
5. Don Dunn	42:24.9

Men 60-69:

1. Victor Adams	47:45.6
2. Earl Eldred	58:25.7

Men 70-79:

1. Jim Bole	45:56.6
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Women 10 & Under:

1. Sheri Lawson	40:23.8
-----------------	---------

Women 11-13:

1. Darla Costa	42:18.5
2. Wyndee Bailey	45:11.7
3. Cheryl Petrlik	81:34.1

Women 14-16:

1. Kim Gonzales	40:09.7
2. Kim Stewart	45:08.6
3. Kathy Marino	59:00.0

Women 17-29:

1. Beth Milewski	35:49.3
2. Michele Bush	35:53.0
3. Sheila Ralston	37:22.3
4. Ann Regan	38:28.3
5. Suzy Beugen	39:11.0
6. Dee Dee Deegan	39:18.4
7. Elizabeth Gaver	40:15.0
8. Colleen Spadoni	40:34.8
9. Vivian Metzger	41:19.7
10. Lisa Ehrenreich	42:45.1

Women 30-39:

1. Susan Simms	42:25.7
2. Joan Ecker	47:44.2
3. Nancy Ziegler	49:15.6

Women 40-49:

1. Jeanette Wells	44:56.6
2. Joyce Momiter	48:16.7
3. Betty Avery	49:18.0

Women 50-59:

1. Nancy Fraychineaud	60:07.0
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5 KILOMETERS

Boys 10 & Under:

1. Paul McCarter	24.35
2. David McCarter	36.40
3. Ralh Lycklama	26.44

Boys 11-13:

1. Chuck Merian	21.06
2. Steve Caraycenes	22.10
3. Adam Takayoshi	22.1

Boys 14-16:

1. Ernie Behrinse	20.53
2. Michael Walsh	21.43
3. James Baker	22.53

Men 19-29:

1. Unknown	15.39
2. Alan Forbes	16.53
3. John Shea	18.17

Men 30-39:

1. Carl Shuravev	19.16
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Men 40-49:

1. Tom Fletcher	17.39
-----------------	-------

Men 50-59:

1. Peter Steinmann	26.23
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Girls 10 & Under:

1. Susan Lycklama	26.14
-------------------	-------

Girls 11-13:

1. Julie Wimsatt	19.35
------------------	-------

Girls 14-16:

1. Tania von der Au	28.08
2. Audrey Lycklama	28.11

Women 17-29:

1. Carol Floyd	20.49
2. Kathy Wagenbach	22.19
3. Bechy Knerr	22.57

Women 30-39:

1. Sharron Abrams	30.14
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Women 40-49:

1. Pat Winstenley	28.39
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Heritage Days 10K

1. Sam Martinez(Quartz Hill)	33:39.2
2. Garry Everson(Lancaster)	33:59.4
3. Chip Morris(Leona Valley)	34:18.2
4. Dean Sylvies(Quartz Hill)	34:44.9
5. Ed Jerome(Edwards)	35:02.1
6. Tom Gleason(Lancaster)	35:27.3
7. Bob Johnson(Quartz Hill)	35:34.2
8. David Borjon(Palmdale)	35:37.6
9. Charlie Horn(Lancaster)	35:40.9
10. Andy Visokey(Lancaster)	35:44.0
19. Jim Munson(1-40+)	37:21.5
24. Ken Hamrick(2-40+)	37:53.7
31. Kelly Wells(1-W)	38:52.9
34. Marv Powers(1-50+)	38:59.9
55. Robin Tracey(2-W)	41:08.5
76. Janis Van Guilder(3-W)	43:29.2
83. Elaine Poole(4-W)	44:16.1

Western Regional Diet Pepsi 10 Kilometer

September 6, 1980, Coronado, Calif.
Notes on the race from Jeff Rigdon

I didn't run this year, but I did get a bicycle view of part of the race. Some of the mile marks for Hunt and Rodgers included: 2 mile 9:02; 3 mile 13:42; 4 mile 18:24; 5 mile 23:00. During the race, Hunt and Rodgers steadily pulled away from the field. The closest pursurer was Tom Wysocki, who was close at 3 miles but lost ground the rest of the race. In fact, Wysocki had about a 100 yard lead over 4th around the 3 1/2 mile mark. The duel between Hunt and Rodgers was pretty close. With Hunt leading and Rodgers on his shoulder. At about 3.9 miles and over the only uphill on the course, Hunt put on a surge. With that surge, Hunt built a 5 to 10 yard lead over Rodgers. Between 4 1/2 and 5 miles Rodgers pulled even again. But between 5 1/4 and 5 3/4 Hunt surged again and that was it.

The course here at Coronado is very flat. In fact there are only two hills in the course. The first, a 30 yard downhill at the 1/2 mile mark, and the second an uphill of about 100 yards at 3.9 miles. The weather was overcast, a little humid (60-80% range) with the temperatures between 65 and 70.

One last note is that on the quality of the field. The field was excellent, for sure, but I thought that since this was a Regional Meet, it would be much tougher. For example, last year's race was of about the same quality. I took 13th in 30:31 last year and would have done about the same this year. The women's, though, was probably a bit better than last year..

1. Thom Hunt (22)	28:37	34. Bob Day (35)	32:14
2. Bill Ridders (32)	28:43	35. Miguel Estrada Valle (28)	32:15
3. Tom Wysocki (23)	29:33	36. Don Mueller (34)	32:23
4. Tom Marino (23)	29:36	37. Graham Garcia (33)	32:30
5. Ed Mendoza (27)	29:45	38. Michael Oleata (17)	32:31
6. John Eggeer (24)	29:54	39. Ronald Hanson (36)	32:33
7. Rick Adams (24)	30:11	40. Dan McCaskill (39)	32:40
8. Sean Evans (18)	30:14	41. Mike Hamilton (23)	32:45
9. Dennis Hamblin (19)	30:16	42. Scott Tinley (23)	32:46
10. Jon Sutherland (28)	30:25	43. Jeff Crosson (19)	32:51
11. Danny Reed (19)	30:33	44. Yale Strom (23)	32:52
12. Christopher Mollahan (24)	30:37	45. Reuben Dias (34)	32:53
13. Bill Aragon (28)	30:38	46. Tony Martin (19)	33:12
14. Blair Johnson (28)	30:38	47. Duhn Steed (20)	33:25
15. James Mosher (30)	30:38	48. Shawn O'Neal (17)	33:25
16. Bill Yeoman (22)	30:43	49. Ed Strickland (24)	33:25
17. Ron Ysais (18)	30:50	50. Orlando Pinzon (18)	33:34
18. Mike Breen (25)	30:53	55. Johnny Faerber (2-40+)	33:42
19. Thomas O'Neill (21)	30:57	56. Karlene Erickson (1-W)	33:46
20. Raymond Cook (17)	30:57	71. Laurie Binder (2-W)	34:12
21. Phillip Camp (35)	31:09	79. Jim O'Neil (1-50+)	34:35
22. Rebe Barron (19)	31:13	92. Sue Latter (3-W)	34:46
23. Kevin Heaton (29)	31:14	104. Millicent Anderson (4-W)	35:04
24. Carmelo Rios (20)	31:15	106. Vickie Cook (5-W)	35:08
25. David Jackson (21)	31:16	113. Jerry Berkouf (3-40+)	35:21
26. Freddie Espinoza (26)	31:35	127. Jim Temples (4-40+)	35:41
27. Brian Parks (20)	31:43	140. Scott McArthur (5-40+)	35:55
28. Scott Ingraham (19)	31:48	148. Anne Marie Zampardo (6-W)	36:02
29. Steve Holl (27)	31:52	150. Melinda Sue Ireland (7-W)	36:07
30. Fletcher Thornton (26)	31:59	155. Charles Anderson (2-50+)	36:11
31. Dan Sweeney (25)	32:07	165. Marilee Matheny (8-W)	36:26
32. Henry Chio (21)	32:09	182. David Dellar (3-50+)	36:42
33. Jim Bowers (1-40+)	32:10	226. Karen Petley (9-W)	37:18
		235. Jaynie Studenmund (10-W)	37:24



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The Competitive Road Race

September 14, 1980, CSUN Road Race Course, Fresno, Calif.

10,000 METERS

Men 10 & Under:

1. Peter Oviatt	39:25.5
2. Craig Lawson	45:03.3
3. James Lycklama	46:45.5

Men 11-13:

1. Robin Desota	38:37.7
2. Den Zelinski	39:23.7
3. Manny Bobele	38:49.3

2. Michele Bush	35:53.0
3. Sheila Ralston	37:22.3
4. Ann Regan	38:28.3
5. Suzy Beugen	39:11.0
6. Dee Dee Deegan	39:18.4
7. Elizabeth Gaver	40:15.0
8. Colleen Spadoni	40:34.8
9. Vivian Metzger	41:19.7
10. Lisa Ehrenreich	42:45.1

Women 30-39:

1. Susan Simms	42:25.7
2. Joan Ecker	47:44.2
3. Nancy Ziegler	49:15.6

Women 40-49:

1. Jeanette Wells	44:56.6
2. Joyce Momtiter	48:16.7
3. Betty Avery	49:18.0

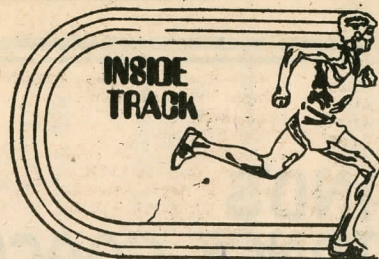
Women 50-59:

1. Nancy Fraychineaud	60:07.0
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4. Deah Sylvies(Quartz Hill)	34:44.9
5. Ed Jerome(Edwards)	35:02.1
6. Tom Gleason(Lancaster)	35:27.3
7. Bob Johnson(Quartz Hill)	35:34.2
8. David Borjon(Palmdale)	35:37.6
9. Charlie Horn(Lancaster)	35:40.9
10. Andy Visokey(Lancaster)	35:44.0
19. Jim Munson(1-40+)	37:21.5
24. Ken Hamrick(2-40+)	37:53.7
31. Kelly Wells(1-W)	38:52.9
34. Marv Powers(1-50+)	38:59.9
55. Robin Tracey(2-W)	41:08.5
76. Janis Van Guilder(3-W)	43:29.2
83. Elaine Poole(4-W)	44:16.1

18. Mike Breen (25)	30:53
19. Thomas O'Neill (21)	30:57
20. Raymond Cook (17)	30:57
21. Phillip Camp (35)	31:09
22. Rebe Barron (19)	31:13
23. Kevin Heaton (29)	31:14
24. Carmelo Rios (20)	31:15
25. David Jackson (21)	31:16
26. Freddie Espinoza (26)	31:35
27. Brian Parks (20)	31:43
28. Scott Ingraham (19)	31:48
29. Steve Holl (27)	31:52
30. Fletcher Thornton (26)	31:59
31. Dan Sweeney (25)	32:07
32. Henry Chio (21)	32:09
33. Jim Bowers (1-40+)	32:10

55. Johnny Faerber (2-40+)	33:42
56. Karlene Erickson (1-W)	33:46
71. Laurie Binder (2-W)	34:12
79. Jim O'Neil (1-50+)	34:35
92. Sue Latter (3-W)	34:46
104. Millicent Anderson (4-W)	35:04
106. Vickie Cook (5-W)	35:08
113. Jerry Berkouf (3-40+)	35:21-
127. Jim Temples (4-40+)	35:41
140. Scott McArthur (5-40+)	35:55
148. Anne Marie Zampardo (6-W)	36:02
150. Melinda Sue Ireland (7-W)	36:07
155. Charles Anderson (2-50+)	36:11
165. Marilee Matheny (8-W)	36:26
182. David Dellar (3-50+)	36:42
226. Karen Petley (9-W)	37:18
235. Jaynie Studenmund (10-W)	37:24



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Central Calif. Cross Country Meet

September 13, 1980. Fresno, Calif.

MEN 5 MILE:

1. Mike Van Horn(1-Open)	25:05
2. Kole Tonnemaker(1-Univ.)	25:08
3. Angel Carrillo(2-Univ.)	25:15
4. Lee Edmonds(2-Open)	25:21

5. Bryan Foley(3-Open)	25:28
6. Fernie Fernandez(3-Univ.)	25:40
7. Gary Gonzales(4-Open)	25:44
8. James Christensen(4-Univ.)	25:45
9. Tom Fitzgerald(5-Univ.)	25:49
10. German Aranda(5-Open)	25:50
11. Bob Tapia(6-Univ.)	25:53
12. Rick Pincombe(7-Univ.)	25:55
13. Scott Thornton(6-Open)	25:58
14. Jerry Drew(8-Univ.)	25:59
15. Gary Gonser(9-Univ.)	26:02
16. Ed Nicholson(10-Univ.)	26:05
17. Jeff Farmer(11-Univ.)	26:06
18. Stan Winkley(12-Univ.)	26:13
19. Bill Geating(7-Open)	26:16
20. Ray Garcia(8-Open)	26:19

54. Craig Elia(1-30-39)	27:59
64. Larry Lung(2-30-39)	28:22
79. Len Thornton(1-40+)	28:54
88. Mark Hemphill(3-30-39)	30:12
90. Frank Delgado(2-40+)	30:26
96. Chris Delgado(3-40+)	31:00
97. Gene Lynch(4-40+)	30:26
102. Evan Orme(5-40+)	31:38

WOMEN 2 MILE:

1. Patsy (Idaho)	11:33
2. Nancy Ramirez	12:06
3. Lee Ann Roloff	12:11
4. Lori Hagopian	12:18
5. Helen Lopes	12:29
6. Brenda Villanueva	12:33
7. Shirley Rojas	12:44
8. Tone Nichols	13:06
9. Chris Gibson	13:22
10. Ann Olson	13:33

11 Tim Gulnan(33, WA)	11:13:42
12 Herb Killackey(3-40+)	11:28:01
13 Dave Niederhaus(39, El Toro)	11:31:44
14 Ed Dux(33, Novato)	11:34:20
17 Tate Miller(32, Capitola)	11:34:20
18 George Billingsley(1-50+)	12:02:55
21 Martha Maricle(1-W)	13:14:28
49 Steve Cole(2-50+)	14:33:19
65 Coralie Cooper(2-W)	16:39

RESULTS

Men 14 & Under: 1. Gino Gheharbucci 41:19; 2. Stuart Clark 42:33; 3. Ismal Cardon 42:42.

Men 15-19: 1. Lee Moritz 32:02; 2. Joe Jarmillo 33:35; 3. Jim Cummings 35:02; 4. Jerry Shaw 35:16; 5. Larry Palomo 36:06.

Men 20-29: 1. Rob Bray 30:05; 2. Matt Yeo 30:20; 3. German Aranda 30:31; 4. Greg DeLaCruz 31:24; 5. Juan Garza 31:36.

Men 30-39: 1. Gary Tuttle 29:42; 2. Curt Elia 32:32; 3. Gary Campbell 33:21; 4. Rob Stephenson 34:09; 5. Gus Navarez 34:42.

Men 40-49: 1. Len Thornton 34:16; 2. Wayne VanDellen 34:18; 3. Bill Peck 34:34; 4. Roger Richards 36:08; 5. Gene Lynch 36:52.

Men 50-59: 1. A.R. Souza 37:55; 2. Ken Takuechi 42:12; 3. Don Welsh 42:14; 4. Clarence Parker 42:54; 5. Jim Vernon 47:00.

Men 60 and Over: 1. Ed Cate 48:00; 2. Woody Cape 49:29.

Women 14 and Under: 1. Deanna Babbaro 45:16; 2. Susie Munes 51:07.

Women 15-19: 1. Eleen Holguin 44:34.

Women 20-29: 1. Ruby Hernandez 40:57; 2. Laura Kulisik 44:14; 3. Karen Moritz 44:20; 4. Andrea MacDonald 45:27; 5. Barbara Troncoa 45:55.

Women 30-39: 1. Liz Jones 43:50; 2. Jackie Randolph 43:56; 3. Pat Deveau 46:52; 4. Elaine Huntspillar 49:12; 5. Cheri Stephenson 49:52.

Women 40-49: 1. Verla Phillips 47:58.
Women 50 and Over: 1. Sue Takayama 53:50.

Bartlett Mineral Water 10 Kilo Run

September 27

California's distance ace Gary Tuttle led over two hundred runners around the flat and fast Bartlett Mineral Water 10K course, making this event the most competitive road race in the Central Valley. Tuttle took an early lead followed by Juan Garza, Rob Bray, German Aranda and Greg DeLaCruz. Tuttle who looked at ease during the race built up a comfortable lead and went on to win in a course record time of 29:42. Rob Bray of Bakersfield ran an excellent race finishing second in 30:05 followed by Aggie runner Matt Yeo in third with 30:20. Porterville College's German Aranda timed 30:31 to take fourth while Greg DeLaCruz of the Bartlett Mineral Water Race Team ran a 31:24 for fifth followed closely by Juan Garza of the High Sierra Club in 31:36.

In other men's divisions Gino Gheharbucci timed 41:19 to take the 14 and under category. College of Sequoias runner Lee Moritz was the winner in the 15-19 age group as he timed 32:02. In the men's 40-49 HSTC runners Len Thornton and Wayne VanDellen went one-two as Thornton timed 34:16 two seconds ahead of teammate VanDellen. A.R. Souza was the victor in the 50-59 clocking 37:55. Second in that division was Ken Takuechi who timed 42:12 and the next day competed in the Sacramento Marathon. The 60 and over division was won by Ed Cate timing 48:00.

In the women's division Ruby Hernandez was the first across the finish line as she turned in a time of 40:57, well ahead of her competition. Youngster Deanna Gabbro clocked a very impressive 45:16 to win the 14 and under division. Eleen Holguin ran 44:34 to take the 15-19 age group. In the 30-39 category Liz Jones took a six second victory over Jacque Randolph. Verla Phillips was the winner in the 40-49 division and in the 50 and over category Sue Takayama won.

In a very exciting husband and wife team competition Rob and Cherie Stephenson of Visalia had a combined time of 83:53 to take a very narrow third second victory over Bob and Betsy Galloway who timed 84:01. Third place went to Richard and Jacque Randolph with a combined time of 85:17.

1980 Pepsi Of Reno Lake Tahoe 72 Miles

The 1980 Pepsi of Reno Lake Tahoe 72 Mile Run was outstanding because ideal weather conditions helped three men shatter Don Chol's four year old record. First was Robert Peez, 31, of Corpus Cristi, Texas, with an amazing 9:20:28 followed by Warren Finkl, 38, from Portland, Oregon in 9:33:48 and Rae Clark, 28, of San Jose with a 9:37:38. In addition, Martha Maricle, 47, of San Francisco was the first female finisher and set a new Women's Masters record with her 13:14:38.

The Men's Masters Division was won by Ronald Kovacs, 41, of Sunnyvale in 10:42:07 while the Men's 50+ Division was captured by George Billingsley, 58, of Loomis, California in 12:02:55. The oldest finisher, who also set an over 60 record, was Steve Cole of San Francisco, who is 66 years young, with a remarkable time of 14:33:19.

Also of note is the fact that an unprecedented 70 of the 88 starters finished, with two more completing the circuit of the Lake after the 18 hour cut-off limit.

Once again, it has been a pleasure and privilege to serve as your Race Director and Dick Kinner of Pepsi of Reno and I both hope you will join us again next year.

1 Robert Perez(31, TX)	9:20:28
2 Warren Finke(38, OR)	9:33:48
3 Rae Clark(28, San Jose)	9:37:38
4 T.J. Key(38, San Diego)	10:08:33
5 Tim Miller(30, Sacramento)	10:16:01
6 Frederick Coleman(39)	10:25:30
7 Roy Scellato(33, Sunnyvale)	10:30:08
8 Ronald Kovacs(1-40+)	10:42:07
9 "Born Again Smitty"(2-40+)	11:00:24
10 Tim Twietmeyer(21)	11:08:06

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66 years young, with a remarkable time of 14:33:19. Also of note is the fact that an unprecedented 70 of the 88 starters finished, with two more completing the circuit of the Lake after the 18 hour cut-off limit.

Once again, it has been a pleasure and privilege to serve as your Race Director and Dick Kinner of Pepsi of Reno and I both hope you will join us again next year.

1 Robert Perez(31, TX)	9:20:28
2 Warren Finke(38, OR)	9:33:48
3 Rae Clark(28, San Jose)	9:37:38
4 T.J. Key(38, San Diego)	10:08:33
5 Tim Miller(30, Sacramento)	10:16:01
6 Frederick Coleman(39)	10:25:30
7 Roy Scellato(33, Sunnyvale)	10:30:08
8 Ronald Kovacs(1-40+)	10:42:07
9 "Born Again Smitty"(2-40+)	11:00:24
10 Tim Twietmeyer(21)	11:08:06

Completed in the Sacramento Marathon. The 60 and over division was won by Ed Cate timing 48:00.

In the women's division Ruby Hernandez was the first across the finish line as she turned in a time of 40:57, well ahead of her competition. Youngster Deanna Gabbaro clocked a very impressive 45:16 to win the 14 and under division. Eileen Holquin ran 44:34 to take the 15-19 age group. In the 30-39 category Liz Jones took a six second victory over Jacque Randolph. Verla Phillips was the winner in the 40-49 division and in the 50 and over category Sue Takayama won.

In a very exciting husband and wife team competition Rob and Cherie Stephenson of Visalia had a combined time of 83:53 to take a very narrow three second victory over Bob and Betsy Galloway who timed 84:01. Third place went to Richard and Jacque Randolph with a combined time of 85:17.

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