

OCTOBER 1992

CALIFORNIA Track News

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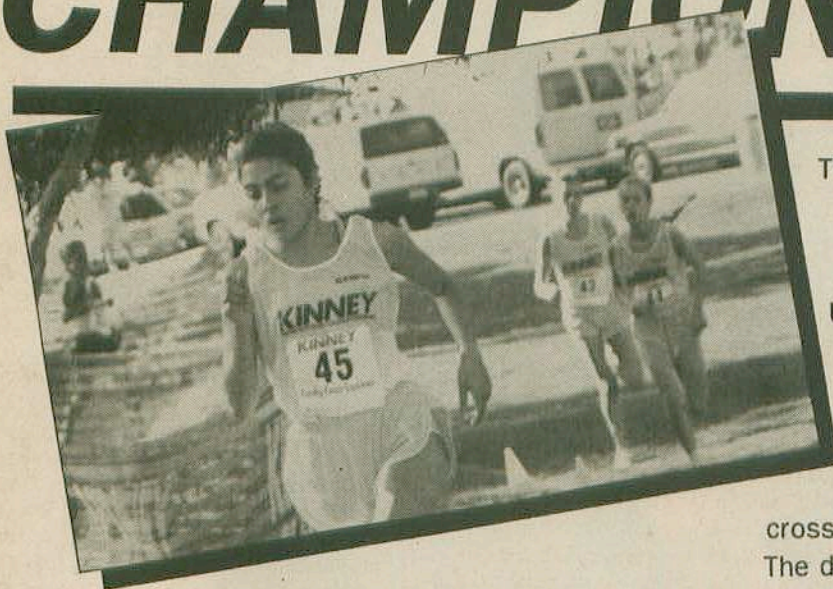
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WEST REGIONAL

Woodward Park, Fresno, CA
December 5, 1992

FOR INFORMATION CONTACT:

Bill Cockerham, Coordinator
4957 East Heaton
Fresno, CA 93727
(209) 456-0535

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FROM THE EDITOR

In the Thick of It

When I was just a kid, or at least a younger kid than I am now, I liked the song called "The Big Rock Candy Mountain." My favorite part was something about a chocolate sea. I would imagine swimming in that sea, splashing around and just lovin' life.

I haven't yet found the Big Rock Candy Mountain, but every year I dive into the closest thing to a chocolate sea . . . cross country season in California. Each fall is "Hog Heaven." It's especially sweet for those of us who live in Fresno.

Woodward Park in the north end of town has already been the site of the Fresno City College Invitational, the Clovis High School Invitational, the Fresno State University Invitational, the Fresno Pacific College Invitational and the Roosevelt High School "Rough Rider" Invitational. Whew! But, hang on to your hats . . . We're still looking at several league championships, and section championships, then . . . it's the California Community College State Championships, C.I.F./Reebok High School State Championships and then the Kinney West Regional high school meet.

That's enough leather lung action to keep any harrier junkie off the streets and happy. But, just to add an island of whipped cream to the chocolate sea we thought we would do the Mt. SAC Invitational in Walnut and then the Kinney Nationals in San Diego.

Some people just don't know when to

stop. Come on in; the water is great. If you can't make them all, we will try to bring you the results of all the action right here in *California Track News*. So, strap on a napkin, grab a spoon and stay tuned.

Speaking of feasting on track and running, this issue should give you something to dig into. There's not only a slug of early season cross country results and the schedule of what's coming up, but also the Woodward Park Prep All-Time List and the All Time High School Boys Track and Field List. You are also holding some great features from Bob Womack, Doug Speck, Keith Conning, Ray Scofield, Peter Brewer, and Bill Minarik. But, don't listen to me, dig in and find out for yourself.

ON THE COVER:

Cross country season is off and running. The Fresno City College Invitational kicked off the new season in style. Since Woodward Park is serving as the site of the State Championships, teams came from all over the state to get a preview of the state meet course. Results in next issue.

Photo by Bill Cockerham

SCHEDULE

Please send cross country and track information to CTN, 4957 E. Heaton Ave., Fresno, CA 93727.

The schedule is subject to change, so please verify dates, locations, times, etc., prior travelling to an event. It is a good idea to always include a self-addressed, stamped envelope when requesting information or entry forms.

High School

Cross Country

October 17 (Sat.)

~Hayward. Mariner X-C Invitational. 13 races. Matt Giusto speaking Friday, Oct. 16. 13 races. Contact Phil Wilder at Moreau HS (415) 537-6258.

- ~Bell Gardens Invitational
- ~Brea-Olinda Invitational
- ~Foothill Invitational
- ~San Luis Obispo Invitational

Track Coaches and Friends of
Track & Field...

1992

COACHES' MEETING

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Wednesday, December 9, 1992

1:00-6:00 p.m.

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Track Office (818) 885-3608
Main Office (818) 885-2660 or 885-3208

Please send agenda items to Don Strametz.

~Eastshore Jr. Olympic & Youth Athletics X-C Meet. Richard Evans, Eastshore Hustlers TC (510) 529-2407.

October 23-24 (Sat.)

~Walnut. Mt. SAC Invitational.

October 25 (Sun.)

~Silver State Striders Jr. Olympic & Youth Athletics X-C Meet. Sierra College. Bruce Susong (702) 849-0599.

October 30 (Fri.)

~Buena Invitational

October 31 (Sat.)

~Lompoc Invitational
~San Luis Obispo Invitational
~Red Bluff Rebels Jr. Olympic & Youth Athletics X-C Meet. Ron Williamson (916) 529-0586.

November 8 (Sun.)

~Reno. 1992 Silver State Striders Invitational X-C Meet. Bruce Susong (702) 849-0599.

November 15 (Sun.)

~Santa Rosa. Association Championships/Jr. Olympic & Youth Athletics X-C Meet. Doug Courtemarche (707) 528-0627 or Bob Shor (707) 538-0708.

November 22 (Sun.)

~Regional Championships / Jr. Olympic & Youth Athletics X-C Meet. Fresno. Carol Fairley, Clovis Express (209) 298-4258.

November 28 (Sat.)

~Fresno. CIF/Reebok State Meet. Woodward Park. Contact Steve Kelley at Fresno High School.

~Kenosha, WI. TAC National X-C Championships. Junior & Senior men and women. Univ. of Wisconsin-Parkside. Wayne Dannehl (414) 595-2245.

December 5 (Sat.)

~Fresno, CA: Kinney West Regional. Woodward Park. Qualifier for Kinney Cross Country Championships to be held December 12. 5000 meters. Contact Bill Cockerham, 4957 E. Heaton Ave., Fresno, CA 93727 (209) 456-0535.

~Bensalem, PA. 1992 AAU National Cross

Country Championship. Bensalem Country Club. Larry Wilson, 1300 E. Cliveden St., Philadelphia, PA 19119 (215) 424-8582.

December 11-13 (Fri.-Sun..)

~Mobile, AL: TAC/USA Junior Olympic Cross Country Championships. Spring Hill Golf Course. 1-800-CCRUN92. FAX (205) 478-5072.

December 12 (Sat.)

~San Diego, CA: Kinney Cross Country Championships. Morley Field at Balboa Park.

Track & Field

1993

February 20 (Sat.)

~Los Angeles. Sunkist Invitational Indoor Track Meet. 1 p.m. Los Angeles Sports Arena. Tickets at the Sports Arena (213) 741-2164. Tickets through Ticketmaster or (213) 480-3232.

April 7

~Visalia. Sunkist Invitational High School Track Meet. Sunkist Stadium. CIF sanctioned. Contact Al Franken (310) 278-2030 or FAX (310) 278-8402.

June 4 & 5

~CIF/Reebok California State Track & Field Championships. Cerritos College.

College & Open

Cross Country

October 17 (Sat.)

~San Luis Obispo: Cal Poly Invitational.
~Santa Barbara: Santa Barbara CC Invitational, 11:00 a.m.
~San Diego. GSAC Championships. Morley Field. 9 a.m.

October 24 (Sat.)

~San Francisco. Golden Gate Park X-C Series #3. 4 Miles. 9 a.m. Tim Wason (415) 753-1215 eves.

SCHEDULE

-Pomona. Cal Poly Pomona Invitational. Ragging Waters Park. 8:30 a.m.

November 7 (Sat.)

-San Mateo: Nor-Cal Invitational, 11:00 a.m.
-San Francisco. PA/TAC Cross Country Championships. Tim Wason (415) 753-1215 eves.

-Fresno. NAIA District III Meet. Woodward Park. Bill Cockerham (209) 453-2294.

November 13 (Fri.)

-Fresno: CVC Championships, 3:00 p.m.

November 21 (Sat.)

-Fresno: J.C. State Championships, 10:00 a.m.
-Kenosha, WI. NAIA National Championships. 11 a.m.

November 23 (Mon.)

-Indiana Univ., Bloomington, In.: NCAA I Cross Country Championships. Sam Bell, Track Coach, Indiana Univ., Assembly Hall, Bloomington, IN 47405. (812) 855-8583.

November 28 (Sat.)

-Kenosha, WI: U.S. Cross Country Championships. Pat Pretty, P.O. Box 213, Hazelgreen, WI. 53811. (607) 854-2883.

Track & Field

Dec 12-13 (Sat-Sun)

-Long Beach: VISA Long Beach State Winter Decathlon.

1993

January 23 (Sat.)

-Mt. SAC All-Corners.

January 30 (Sat.)

-Mt. SAC All-Corners

February 6 (Sat.)

-McDonald's Cougar Classic. Azusa Pacific University.
-Bakersfield. CSUF/Pepperidge Farms Track & Field Invitational. California State Univ. Bakersfield.

February 20 (Sat.)

-Los Angeles. 34th Annual Sunkist Invitational Indoor Track Meet. Los Angeles Sports Arena. 6 p.m. (High school events begin at 1 p.m.). Tickets at Sports Arena (213) 741-2164. Ticketmaster locations or call (213) 480-3232.



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March 6-7 (Fri-Sat.)

-Kansas City, MO. NAIA Indoor Championships.

March 20 (Sat.)

-Santa Barbara. Easter Relays.

March 27 (Sat.)

-Northridge. Cal St. Northridge Invitational.

April 3 (Sat.)

-Santa Barbara. GSAC Championships. 1 p.m.

April 15-16 (Thu-Fri)

-Walnut. Mt. SAC & California Invitational Decathlon/Heptathlon. 8 a.m.

SCHEDULE

April 15-18 (Thu-Sun)

-Walnut. Mt. SAC Relays.

April 24 (Sat.)

-Azusa. Meet of Champions. Azusa Pacific University. Noon.

May 1 (Sat.)

-San Diego. UC San Diego Invitational. 11 a.m.

May 7-8 (Fri-Sat.)

-NAIA District III Championships. Noon.

May 15 (Sat.)

-Pomona. Pomona Last Chance Meet. 11 a.m.

May 20-22 (Thu-Sat)

-Abbotsford, B.C., Canada. NAIA Outdoor Championships.

August 13-22

-Stuttgart, Germany. IAAF World Championships.

Masters

Track & Field

October 20-23

-St. George, UT. Huntsman Chemical's World Senior Games. 50+. Sylvia Wunderli, Exec. Director, 1355 S. Foothill Dr., Suite 103, Salt Lake City, UT 84108 (801) 583-6231.

Cross Country

October 17 (Sat.)

-San Luis Obispo. Cal Poly Invitational. PA/TAC Grand Prix.

October 24 (Sat.)

-San Francisco. Golden Gate Park Series #3. PA/TAC Grand Prix. Tim Wason (415) 753-1215 evenings.

November 7 (Sat.)


-San Francisco. PA/TAC X-C Championships. 10K/6K. Tim Wason (415) 753-1215 evenings.

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All-Time CALIFORNIA High School Boys List

By Robert Womack

I am enclosing all-time California high school boys lists, updated through August 10, 1992.

As with the girls' lists (published last issue, i.e. September 1992), the help of all those who have furnished additions, corrections, and comments is gratefully acknowledged, most especially our "Big Three" of Ron Blackwood, Keith Conning, and Doug Speck, but also numerous coaches, parents, and just plain track nuts who have taken the time to set the writer straight.

As always, the responsibility for these lists is solely mine; any additions or corrections should be sent to Bob Womack, 1540 East Shaw, Suite 118, Fresno, California, or FAX (209) 225-6951.

Ex-California preps did better on the men's side of the U.S. Olympic team than on the women's side, qualifying 12 for the squad against only nine women. Claiming pole vaulter Tim Bright may be stretching it a bit since he did finish high school out of state but he did start in California.

Just like the girls list, the boys list is dotted with 1992 Olympians: Gold medalists Michael Marsh and Quincy Watts, silver medalist Steve Lewis, discus thrower Brian Blutreich, and 400 runner Danny Everett (giving the Golden State a sweep of those three positions).

But more male Olympians aren't on the list. In some cases, that is understandable. Bright, of course, wasn't in the state long enough to get close to the list and Mike Barnett (javelin) and Ken Flax (hammer) qualified in events not contested on the California high school program.

The others are Mike Powell, who was a high jumper at Edgewood (West Covina) and switched to the long jump in college; shot putter Jim Doehring, 800 bronze medalist Johnny Gray, and a guy named Kevin Young. Kevin was on the intermediates list when he got out of LA Jordan in 1984 but got pushed out of the top 25 by younger, faster runners. His stay on the world list is likely to last a little longer.

We neglected to mention this with the girls list and our apologies to those of you who already wrote in to ask. The numbers after the athletes' names are the numbers of state championships won. (The year is the year of their best performance, which is not necessarily the year they won their state title(s).)

Sincerely,
Bob Womack.

◆ 100 Meters

State Meet Record: 10.30 Riley Washington (Southwest, San Diego) at Norwalk, 1992. **Frosh:** 10.62 Marquez Holiwell (West, Bakersfield) 1992. **Soph:** 10.46

Henry Thomas (Hawthorne) 1983. **Junior:** 10.27 Henry Thomas (Hawthorne) 1984. **Senior:** 10.25 Henry Thomas (Hawthorne) 1985.

10.25	Henry Thomas (Haw)-1 at EagleRck	1985
10.29	Ricky Carrigan (Compton)-1	1991
10.30	Quincy Watts (Taft, Wood Hills)-1	1987
10.30	Riley Washington (Southwest,SD)-1	1992
10.36	Corey Ealy (Muir, Pasadena)	1987
10.39	Kenny Robinson (Berkeley)-1	1981
10.39	Ray Brown (Muir, Pasadena)	1984
10.41	Tony Miller (Riordan, San Francisco)	1987
10.41	Barry Smith (Mission, San Francisco)	1989
10.42	Benari Burroughs (Independ, San J)	1988
10.42	Curtis Conway (Hawthorne)-1	1989
10.43	Jeff Laynes (Oakland)	1989
10.44	Stanley Davis (Inglewood)	1984
10.45	Darron Norris (El Camino (Ocean)	1984
10.46	Kevin Willhite (Cordova, RanCor)	1981
10.46	Gentry Bradley (Pius X, Downey)	1992
10.49	Ronald McCree (Madera)-2	1986
10.50	Phillip Johnson (Gardena)	1978
10.50	Fabian Cooper (Washington, L.A.)	1982
10.50	Calvin Holmes (Carson)	1987
10.50	Anthony Volson (Merced)	1992
10.51	Michael Sanford (Pasadena)	1978
10.51	Robert Carroll (Hawthorne)	1987
10.51	James Stallworth (Tulare)	1989
10.52	Curtis Rogers (Hiram Johnson, Sac)	1986
10.52	Ali Evans (Vallejo)	1992

Hand Timing:

10.2	Michael Sanford (Pasadena)	1979
------	----------------------------	------

◆ 200 Meters

(*220 Yards Minus 0.12)

State Meet Record: 20.77 Henry Thomas (Hawthorne) at Los Angeles 1984. **Frosh:** 21.62 Brian Howard (West, Bakersfield) 1992. **Soph:** 20.97 Quincy Watts (Taft, Woodland Hills) 1986. **Junior:** 20.50 Quincy Watts (Taft, Woodland Hills) 1987. **Senior:** 20.53 Brian Bridgewater (Washington, L.A.) 1988.

20.50	Quincy Watts (Taft,Wood) Provo-2	1987
20.53	Brian Bridgewater (Wash, L.A.)-1	1988
20.64	Henry Thomas (Washington, L.A.)-2	1985
20.68*	James Sanford (Pasadena)	1977
20.80	Corey Ealy (Muir, Pasadena)	1987
20.81	Kevin Willhite (Cordova, RanCor)-1	1981
20.82	Michael Marsh (Hawthorne)-1	1985
20.82	Barry Smith (Mission, S.F.)-1	1989
20.85	Ricky Carrigan (Compton)-1	1991
20.88*	Michael Sanford (Pasadena)	1979
20.89	Curtis Conway (Hawthorne)	1989
20.91	Bill Green (Cubberley, Palo Alto)	1979
20.97	Danny Everett (Fairfax, L.A.)	1985
21.00	Raymond Ethridge (Crawford, SD)	1987
21.01	Chip Rish (Marina, Hunt Beach)	1985



COREY EALY (left) & QUINCY WATTS

Fine Flicks by Don Gosney

21.03	Ken Robinson (Berkeley)-1	1981
21.07	Aton Bolden (Piedmont Hills, San J)	1991
21.08	Riley Washington (Southwest, SD)	1992
21.09	Darron Norris (El Cam, Oceanside)	1984
21.09	Larry Berkeley (Oxnard)	1985
21.09	Damian Butler (Tulare)	1990
21.10	Tony Miller (Riordan, S.F.)	1987
21.12*	Dave Russell (Henry, San Diego)-1	1977
21.12*	Ray Threatt (Pittsburg)	1979
21.13	Steve Jones (Burbank, Sacram)	1985
21.14	Mike Connors (Northgate, WalCrk)	1985
21.14	Ronald McCree (Madera)	1986

Hand Timing: (*220 yds. minus 0.1)

20.6*	Phil Underwood (Dorsey, L.A.)-1	1966
20.6*	Mel Gray (Montgom, Santa Rosa)-1	1967
20.7*	Carl McCullough (Sacramento)	1972
20.7*	Mike Farmer (Wilson, S.F.)	1974
20.7*	Dupree Branch (Barstow)	1976
20.7*	Eric Coleman (Monrovia)	1982
20.8*	James Hines (McClymonds, Oak)-1	1964
20.8*	Dave Masters (El Cerrito)	1967
20.8*	Millard Hampton (Silver Crk, SJ)-1	1974
20.9*	Mike Shavers (Albany)-1	1972
20.9*	Joel Andrews (West, Bakersfield)	1975
20.9*	Glenn Cannon (Mt. Pleasant, SJ)	1976
20.9*	Dave Russell (Henry, San Diego)	1977
20.9*	Ron Williams (Chatsworth)	1977
20.9*	Kipper Bell (Henry, San Diego)	1978
20.9*	Bill Green (Cubberley, Palo Alto)	1979
20.9	Gerald White (McClymonds, Oak)	1980
20.9	Curtis Rogers (Hiram Johnson, Sac)	1986

◆ 400 Meters:

(*440 Yds. Minus 0.26)

State Meet Record: 46.36 Fabian Cooper (Washington, L.A.) at Sacramento, 1982. **Hand Timed:** 45.7 Chip Rish (Marina, Huntgonton Beach) @ Sacramento, 1985. **Frosh:** 48.36 Vondra Armour (Bakersfield) 1991. **Soph:** 47.79 Fabian Cooper (Washington, L.A.) 1980. **Junior:** 45.82 Henry Thomas (Hawthorne) 1984. **Senior:** 45.09 Henry Thomas (Hawthorne) 1985.

45.09	Henry Thomas (Hawth) at Berlin	1985
45.51	Bill Green (Cubberley, Palo Alto)-1	1979
45.76	Danny Everett (Fairfax, L.A.)	1985

continued next page...

All-Time CALIFORNIA High School Boys List

45.76	Steve Lewis (American, Fremont)-2	1987
46.04	Chip Rish (Marina, Hunt Beach)-2	1985
46.34*	James Sanford (Pasadena)-1	1977
46.38	Fabian Cooper (Washington, L.A.)-1	1982
46.57*	Dave Timmons (Oakland)-1	1981
46.63	Benno Bryant (Dorsey, L.A.)-1	1989
46.67*	Rod Bethany (Fontana)	1978
46.67	Quincy Watts (Taft, Woodland Hills)	1988
46.68	Derrick Shepard (Lincoln, S.F.)-1	1992
46.72	Richard Dupree (Mt. Pleasant, SJ)-1	1992
46.75*	Ron Williams (Chatsworth)	1977
46.80	Blair McMurray (Compton)	1982
46.82	Daymon Lee (South Gate)	1984
46.81	Travis Hannah (Hawthorne)-1	1988
46.86	Nate Williams (Edison, Stockton)	1979
46.89	Tony Banks (Morse, San Diego)-1	1979
46.92	Michael Turner (Centen, Comp)-1	1980
46.98	Ron Brown (Muir, Pasadena)	1981
47.00	Marvin Douglas (Fremont, L.A.)	1986
47.03	Larry Walker (Edison, Fresno)-1	1983
47.08	Leonard Graham (Centen, Comp)	1981
47.08	Milton Hughes (Stagg, Stockton)	1992

Hand Timed: (*440 yds. minus 0.3)

45.7	Chip Rish-2	1985
45.8*	Ulis Williams (Compton)-2	1961
46.3*	Larance Jones (Lemoore)-1	1969
46.4*	Jerry White (Corcoran)-2	1956
46.4*	Edesel Garrison (Centen, Comp)-1	1968
46.4*	Tony Krzyzosiak (Garden Grove)-1	1971
46.5*	Ray Johnson (Blair, Pasadena)	1971
46.6*	Lee Evans (Overfelt, San Jose)	1965
46.6*	Mike Newton (Whittier)-1	1967
46.6*	Wayne Collett (Gardena)-1	1967
46.6*	Derald Harris (Pittsburg)-1	1976
46.7*	Dave Archibald (Leuzinger, Lawn)	1961
46.7*	Freddie Banks (Jefferson, L.A.)-1	1964
46.7*	Andy Young (Jordan, Long Beach)	1968
46.7*	Ron Whitaker (Wilson, S.F.)-1	1973
46.7*	Donn Thompson (Gahr, Cerritos)	1976
46.8*	Ollie Matson (Washington, S.F.)	1948
46.8*	Henry Dorsey (Berkeley)	1956
46.8*	Bill Sims (Whittier)	1969
46.8*	Rick Brown (Los Altos)-1	1970
46.8*	Frank Berry (Washington, L.A.)	1971
46.8	Kenny Robinson (Berkeley)	1981

◆ 800 Meters:

(*880 Yds. Minus 0.7)

State Meet Record: 1:47.31 Pete Richardson (Berkeley) at Norwalk, 1981. **Frosh:** 1:54.4 Vondra Armour (Bakersfield) 1991. **Soph:** 1:51.9 Pete Quinonez (Tulare) 1978. **Junior:** 1:50.19 Pete Richardson (Berkeley) 1980. **Senior:** 1:47.31 Pete Richardson (Berkeley) 1981.

1:47.31	Pete Richardson (Berkeley) at Norwalk-1	1981
1:47.8*	Dale Scott (El Cerrito)-1	1972
1:48.1*	Richard Joyce (Sierra, Whittier)-1	1965
1:48.2	Jeff West (Crenshaw, L.A.)	1979
1:48.3*	Clark Mitchell (Bakersfield)	1965
1:48.5*	Dennis Carr (Lowell, Whittier)-1	1963
1:48.5*	Robert Hose (Madison, San D)-1	1964
1:48.7*	Jim Walters (Estancia, C Mesa)-1	1977
1:49.0*	Dan Aldridge (Petaluma)	1975
1:49.21	Eric Schermerhorn (Wood, Irvine)-1	1984
1:49.30	Scott Cox (Wilson, Long Beach)	1981
1:49.3*	Dave Kingsland (El Modena)	1977
1:49.4*	Brent Tubb (Cleveland, Reseda)	1971
1:49.43	Eddie Davis (Compton)	1981
1:49.5*	David Mack (Locke, L.A.)-2	1979
1:49.56	Mike Katri (Fortuna)-1	1992

1:49.64	Milton Hughes (Stagg, Stockton)	1992
1:49.7*	Terry Rogers (Hilltop, Ch Vista)-1	1966
1:49.84	Daymon Lee (South Gate)	1984
1:49.9*	Greg Jones (Poly, Long Beach)	1968
1:49.9*	Rick Brown (Los Altos)-1	1970
1:49.95	Kimmie James (Richmond)-1	1983
1:49.99	John Phillips (Los Altos, MacHts)-1	1982
1:50.05	James Garrett (Narbonne, Lomita)	1982
1:50.15	Pete Quinonez (Tulare)-1	1980

◆ 1500 Meters:

(+ En Route to Longer Distance)

State Meet Records: **Frosh:** 4:00.5 Robert Planta (Mater Dei, Santa Ana) 1979. **Soph:** 3:51.5 Jim Arriola (Gahr, Cerritos) 1974. **Junior:** 3:49.4 Mark Fricker (Hemet) 1977. **Senior:** 3:46.4 Paul Medvin (University, Los Angeles) 1979.

3:46.4	Paul Medvin (Univ, L.A.) @ Bloomington	1979
3:47.65	Reggie Williams (River City, WSac)	1988
3:48.73	Daniel Das Neves (Helix, LA Mesa)	1992
3:48.8	Jim Arriola (Gahr, Cerritos)	1976
3:48.9	Rich Kimball (DeLaSalle, Concord)	1974
3:49.0+	Harold Kuphaldt (BVista, Fair Oks)	1982



HAROLD KUPHALDT

Photo by Keith Conning

3:49.4	Mark Fricker (Hemet)	1977
3:50.1	Ian Aisen (Kennedy, Granada Hills)	1988
3:50.1+	Coley Candaele (Carpinteria)	1990
3:50.2	Charlie Christensen (Edison, HBch)	1977
3:50.2	Steve Whitcomb (Helix, La Mesa)	1979
3:50.3+	Louie Quintana (Arroyo Grande)	1990
3:50.4	Ralph Serna (Loara, Anaheim)	1975
3:50.47	Angel Martinez (San Gabriel)	1992
3:50.5	Mark Mastalir (Jesuit, Carmichael)	1986
3:50.8	Andy DiConti (La Canada)	1980

3:51.0	Eric Mastalir (Jesuit, Carmichael)	1986
3:51.1	Dave Cangelosi (Villa Park)	1979
3:51.2	Dennis Arriola (Gahr, Cerritos)	1979
3:51.2+	Jeff Williams (Foothill, Tustin)	1982
3:51.36	Gary Gonzales (Clovis)	1981
3:51.5	Mike O'Reilly (San Rafael)	1978
3:51.57	Roman Gomez (Belmont, L.A.)	1984
3:51.9+	Tom Grewe (Carpinteria)	1982
3:52.0	Jon Butler (Edison, Hunt Beach)	1981
3:52.4	Farron Fields (Granada Hills)	1979

◆ 1600 Meters:

(* One Mile Minus 1.8)

State Meet Record: 4:05.4y Mark Schilling (Garden Grove) @ Oroville 1972. **Frosh:** 4:15.4* Harry Nicholas (Reedley) 1968. **Soph:** 4:07.5* Jim Arriola (Gahr, Cerritos) 1974. **Junior:** 4:02.4* Curtis Beck (Santa Monica) 1972. **Senior:** 3:57.6* Tim Danielson (Chula Vista) 1966.

3:57.6*	Tim Danielson (Chula Vista) at SD-2	1966
4:00.6*	Rich Kimball (DeLaSalle, Concord)-1	1974
4:02.4*	Curtis Beck (Santa Monica)	1972
4:03.5*	Paul Medvin (University, L.A.)-2	1975
4:03.6*	Mark Schilling (Garden Grove)-1	1972
4:03.7*	Terry Cotton (Valley, El Cajon)	1972
4:04.15	Mark Mastalir (Jesuit, Carmichael)-1	1986
4:04.21*	Pedro Reyes (Jesuit, Carmichael)	1980
4:04.23	Eric Mastalir (Jesuit, Carmichael)	1986
4:04.66*	Steve Whitcomb (Helix, La Mesa)	1979
4:04.8*	Thom Hunt (Henry, San Diego)	1976
4:04.86*	Harold Kuphaldt (Bella Vista, FOks)	1982
4:04.9*	Barrie Williams (North, Torrance)	1972
4:04.9*	Andy Clifford (Sunny Hills, Full)	1974
4:05.1*	Mark Stillman (Willow Glen, SanJ)-1	1977
4:05.2*	Ralph Serna (Loara, Anaheim)	1975
4:05.29*	Roman Gomez (Belmont, LA)-2	1985
4:05.4*	Armando Valencia (Valley, El Cajon)	1967
4:06.1*	Mark Fricker (Hemet)	1977
4:06.18	Larry Guinee (Castro Valley)-1	1980
4:06.2*	Pete Romero (Reedley)	1967
4:06.26	Corey Candaele (Carpinteria)-1	1990
4:06.4*	Alvin Gilmore (Lompoc)-1	1973
4:06.4*	Ray Wicksell (West Covina)	1974
4:06.4*	Stan Ross (Serra, San Mateo)	1977

◆ 3000 Meters:

(+ En Route to Longer Distance)

Frosh: 8:44.5 David Naranjo (Sanger) 1983. **Soph:** 8:26.7+ Calvin Gaziano (Castro Valley) 1983. **Junior:** 8:19.9+ Harold Kuphaldt (Bella Vista, Fair Oaks) 1981. **Senior:** 8:07.60 Eric Mastalir (Jesuit, Carmichael) 1986.

8:07.60	Eric Mastalir (Jesuit, Carm) at Sac	1986
8:09.0+	Eric Reynolds (Camarillo)	1983
8:10.54	Mark Mastalir (Jesuit, Carmichael)	1986
8:12.7+	Thom Hunt (Henry, San Diego)	1976
8:16.2+	Jeff Nelson (Burbank)	1979
8:16.3	Chuck Assumma (Eisenhower, Rialto)	1979
8:16.3	Richard Perez (San Gorg, San Ber)	1980
8:16.79	Reggie Williams (River City, WSac)	1988
8:17.5+	Jon Butler (Edison, Huntington Bch)	1981
8:17.7+	Jay Marden (MissSanJose, Fremont)	1981
8:18.2+	Mark Dani (Vailhalla, El Cajon)	1986
8:19.9+	Harold Kuphaldt (BVista, Fair Oks)	1981
8:20.25	Paul Thomas (Jesuit, Carmichael)	1987
8:20.59	Daniel Das Neves (Helix, La Mesa)	1992
8:20.6	Roman Gomez (Belmont, LA)	1984

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All-Time CALIFORNIA High School Boys List

8:20.6+	Bryan Dameworth (Agoura)	1990
8:21.0+	Mike Carlton (Northview, Covina)	1981
8:21.3+	Jesse Torres (Independence, San J)	1981
8:21.6	Matt Biaty (Marina, Huntington Bch)	1979
8:21.6	Jeff Vandereems (Mission Viejo)	1979
8:22.0	Terry Williams (Lompoc)	1973
8:22.26	Jimmie Rodriguez (Santa Ana Vly)	1989
8:22.4	Mark Junkermann (Los Alamitos)	1983
8:23.11	David Welsh (Jesuit, Carmichael)	1989
8:23.2+	Mark McAboy (Miramonte, Orinda)	1986

◆ 3200 Meters:

(* 2 Miles Minus 3.6)

State Meet Record: 8:44.9 Eric Hulst (Laguna Beach) at San Diego 1975. **Frosh:** 9:00.8* Eric Hulst (Laguna Beach) 1973. **Soph:** 8:46.9* Eric Hulst (Laguna Beach) 1974. **Junior:** 8:41.3* Eric Hulst (Laguna Beach) 1975. **Senior:** 8:32.7* Jeff Nelson (Burbank) 1979.

8:32.7*	Jeff Nelson (Burbank) at Westwd-2	1979
8:40.4*	Eric Reynolds (Camarillo)-1	1983
8:41.0*	Eric Hulst (Laguna Beach)-2	1976
8:41.6*	Thom Hunt (Henry, San Diego)	1976
8:42.3*	Ralph Serna (Loara, Anaheim)	1975
8:42.9*	Rich Kimball (DeLaSalle, Concord)-1	1974
8:44.95	Eric Mastalir (Jesuit, Carmichael)-1	1986
8:45.2*	Curtis Beck (Santa Monica)-1	1972
8:46.78	Jon Butler (Edison, HuntBch)-1	1981
8:48.8*	Chuck Assumma (Eisenhower, Rialto)	1979
8:49.0*	Don Moses (Crescenta Valley)	1976
8:49.3*	Frank Assumma (Eisenhower, Rialto)-1	1977
8:49.4*	Pete Romero (Readley)-1	1967
8:49.7*	Marc Genet (Santa Ana)	1972
8:49.8*	Rod Berry (Redwood, Larkspur)	1977
8:49.9*	Dave Taylor (Merced)	1972
8:50.15	Todd Lewis (Burbank)	1989
8:50.2*	Dale Fleet (Claremont, SanD)-1	1971
8:50.2*	Mark Spilsbury (Foothill, Tustin)	1976
8:50.6*	Jim Saicido (Sunny Hills, Fullerton)	1972
8:50.8*	Jose Amaya (Wilson, Los Angeles)	1971
8:50.8*	Gordon Innes (Upland)	1971
8:50.8*	Sal Godinez (Salesian, Los Angeles)	1976
8:51.0*	Bob Grubbs (Washington, Fremont)	1972
8:51.15*	Marc Dani (Valhalla, El Camino)	1986
8:51.15*	Jay Marden (MissSan J, Fremont)	1981

◆ 110 Meter Hurdles:

(* 120 Yards Plus 0.03)

State Meet Record: 13.41 Steve Kerho, Mission Viejo, @ Sacramento, 1982. **Soph:** 14.98* Ronnie McCoy (Edison, Fresno) 1979. **Junior:** 13.69* Phillip Johnson (Gardena) 1977. **Senior:** 13.41 Steve Kerho (Mission Viejo) 1982.

13.41	Steve Kerho (Miss Viejo) at Sac-1	1982
13.67*	Phillip Johnson (Gardena)-1	1978
13.67	David Ashford (West Covina)-1	1981
13.67	Isaac Carson (Jefferson, DalyCity)-1	1991
13.73	Don Ward (St. Mary's, Berkeley)-1	1980
13.79	Henry Andrade (HJohnson, Sac)	1980
13.79	Troy Weaver (Edgewood, Covina)	1982
13.80	Ron Brown (Bishop Amat, La Puen)	1982
13.81*	Ken Margerum (Fountain Valley)	1977
13.84	Shelton Boykin (San Fernando)	1987
13.84	Dana Hall (Ganesha, Pomona)-1	1987
13.85	Ronnie McCoy (Edison, Fresno)	1981
13.87*	Milan Stewart (West Covina)-1	1978
13.88	Robert Reading (St. Mary's, Berk)-1	1985
13.88	Terry Johnson (Katella, Anaheim)-1	1986

13.88	Ron Copeland (Dorsey, LA)	1987
13.90*	Jim Scanella (SRamon, Danville)-1	1979
13.90	Frick Montgomery (Indepen, SJ)	1983
13.91*	Tonie Campbell (Banning, Wilmintg)	1978
13.91*	Gary Lee (Poly, Long Beach)	1979
13.91	Raymond Young (Hawthorne)-1	1984
13.92	Mark Boyd (St. Mary's, Berkeley)-1	1983
13.93	Rod Green (Palo Alto)	1983
13.93	Mo Hill (Stagg, Stockton)	1983
13.95	Damon Thomas (Pasadena)	1985

Hand Timing:

13.2y	Dedy Cooper (Harry Ells, Richmond)	1975
13.3y	Robert Gaines (Kennedy, Rich)-1	1975
13.3y	Jon Peterson (Saddleback, SAna)	1975
13.3y	Phillip Johnson-1	1978
13.5y	Ken Margerum	1977
13.6y	Charles Jackson (Lompoc)-1	1971
13.6y	Dan Jones (Palo Verde, Blythe)-1	1972
13.6y	Tom Andrews (West, Bakersfield)	1973
13.6y	Carl Florant (Palo Alto)	1973
13.6y	Mike Harris (Indio)	1974
13.6y	Wilbur Gregory (Mission Viejo)	1975
13.6y	Tonie Campbell	1978
13.7y	Steve Caminiti (Crespi, Encino)	1964
13.7y	Earl McCullough (Poly, Long Bch)-1	1964
13.7y	Bruce Gridley (Northview, Covina)	1966
13.7y	Jerry Proctor (Muir, Pasadena)-1	1967
13.7y	Charles Rich (Washington, L.A.)	1969
13.7y	Jerry Wilson (Roosevelt, Fresno)-1	1969
13.7y	Milton Turner (Castlemt, Oakland)	1970
13.7y	Fred Shaw (Muir, Pasadena)-1	1974
13.7y	Ron Kennedy (Serramonte, DalyCity)	1975
13.7y	Ed Tave (Muir, Pasadena)	1981

◆ 300 Meter Inter. Hurdles:

(* 330 Yards Minus 0.19)

State Meet Record: 35.50 George Porter (Cabrillo, Lompoc) at Sacramento 1985. **Frosh:** 40.62 Mark Jacoby (Selma) 1990. **Soph:** 37.69 Ken Haslip (Muir, Pasadena) 1992. **Junior:** 36.10 George Porter (Cabrillo, Lompoc) 1984. **Senior:** 35.32 George Porter (Cabrillo, Lompoc) 1985.

35.32	George Porter (Cabrillo) at Walnut-2	1985
35.43	John Montgomery (Indep, San J)-1	1988
36.44	Kevin Jones (Mt. Miguel, Spring Vly)	1988
36.56	Michael Graham (Hawthorne)	1985
36.71	Kenny Hall (Ganesha, Pomona)	1985
36.74	Keith Pontiflet (Esper, Anaheim)	1985
36.76	Mike King (Menlo-Atherton)	1985
36.80	Raymond Young (Hawthorne)	1984
36.83	Anthony Reynolds (Fremont, L.A.)	1984
36.84	Gordon Bugg (West Covina)	1984
36.88	Yki Vallery (Hawthorne)-1	1987
36.88	Keith Williams (Escondido)-1	1991
36.90	Bill Gaines (Independ, San Jose)	1986
37.07	Chris Redmond (Vallejo)	1992
37.08	Nate Wright (Oakland)	1988
37.10	Al Blades (Muir, Pasadena)	1984
37.13	Dana Hall (Ganesha, Pomona)	1987
37.17	Diatori Gildersleeve (Grant, Sacto)	1988
37.20	Craig Cooper (Fairfield)	1984
37.20	Jay Taylor (St. Augustine, San D)	1985
37.21	Rodney Jett (Hiram Johnson, Sacto)	1984
37.22	John Barry (Ygnacio Vly, Concord)	1988
37.26	Terry Johnson (Katella, Anaheim)	1986
37.28	John Prudenti (Jun Siena, Napa)-1	1989
37.30	Rodney Bradshaw (Saugus)-1	1986
Hand Timed: (*330 yards minus 0.2):		
36.2*	Dedy Cooper (Ells, Richmond)	1975

36.2*	Charles White (San Fernando)	1976
36.6	Ron Seanez (Gilroy)	1981
36.9	Andre Phillips (Silver Creek, SJose)	1977
36.9	Jim Scannella (S Ramon, Danville)	1979
37.0	Gary Lee (Poly, Long Beach)	1979
37.0	James Knowles (Blair, Pasadena)	1981

◆ High Jump:

State Meet Record: 7-3 1/4 Lee Balkin (Glendale) at Sacramento 1979. **Frosh:** 6-8 3/4 Ruben Hendrix (South, Bakersfield) 1987. **Soph:** 7-1 Kenny Burke (Westlake, Simi Valley) 1983. **Junior:** 7-3 Maurice Crumby (Balboa, S.F.) 1982. **Senior:** 7-4 1/2 Maurice Crumby (Balboa, S.F.) 1983.

7-4 1/2	Maurice Crumby (Balboa, S.F.) @ Stanfd-2	1983
7-3 1/4	Lee Balkin (Glendale)-1	1979
7-3	Reynaldo Brown (Compton)-3	1988
7-3	Tim Polt (Alemany, Mission Hills)	1979
7-3	Jeff Rogers (Overfelt, San Jose)	1985
7-3	Avery Anderson (No, Riverside)-1	1991
7-2	Billy Hice (Oakland)	1977
7-2	Dennis Smith (Santa Monica)-1	1977
7-2	Kerry Myers (Berkeley)	1978
7-2	Frank Schiefer (Madison, San D)	1979
7-2	Kenny Burke (Westlake, Simi Vly)-1	1984
7-2	Reggie Betton (Ant Vly, Lanc)-1	1988
7-1 3/4	Mark Wilson (Monte Vista, Danville)	1974
7-1 1/2	Dwight Stones (Glendale)-1	1971
7-1 1/4	Otis Halley (Wasco)	1988
7-1 1/4	Luis Juico (Piedmont Hills, SJose)-1	1987
7-1	Rob Olson (El Camino Real, WHis)	1977
7-1	Andre La Costa (Lakewood)	1980
7-1	Anthony Caire (Pius X, Downey)-1	1981
7-1	Maury Burnett (Washington, L.A.)	1982
7-1	Andre La Costa (Lakewood)	1988
7-1	Mark Wilson (charter Oak, Cov)-1	1989
7-0 3/4	Kevin Carlson (Katalla, Anaheim)-1	1991
7-0 1/2	Chris Bonner (Inglewood)	1981
7-0 1/2	Gary Lawrence (Thousand Oaks)	1977
7-0 1/2	Ron Harvey (Skyline, Oakland)	1979
7-0 1/2	David Bass (Chowchilla)	1991

◆ Pole Vault:

State Meet Record: 17-0 1/2 Anthony Curran (Crespi, Encino) at Bakersfield 1978. **Frosh:** 14-8 3/4 Anthony Curran (Crespi, Encino) 1975. **Soph:** 16-2 Brent Burns (Acalanes, Lafayette) 1985. **Junior:** 17-6 Brent Burns (Acalanes, Lafayette) 1986. **Senior:** 18-2 Brandon Richards (San Marcos, Santa Barbara) 1985.

18-2	Brandon Richards (SMarcos, S.B.) @ Eug.	1985
17-8 1/2	Brent Burns (Acalanes, Lafayette)-1	1987
17-4 1/4	Anthony Curran (Crespi, Encino)-2	1978
17-4	David Cox (Hoover, Fresno)-1	1991
17-0 3/4	Matt Warwick (Hesperia)	1988
17-0 1/2	Doug Fraley (Clovis West, Fresno)	1983
17-0	Mike Kibort (Saratoga)-1	1982
17-0	Tom Parker (Notre Dame, ShOks)	1988
16-8 3/4	Steve Smith (South, Torrance)-2	1969
16-8 3/4	Mike Tully (Millikan, Long Beach)	1974
16-7	Robert Pullard (Los Angeles)	1969
16-6 3/4	Paul Wilson (Warren, Downey)-2	1965
16-6	Brian Worden (Notre Dame, ShOks)	1975
16-6	Greg Ernst (El Dorado, Palacentia)	1978
16-6	Tom Richards (San Marcos, S.B.)-1	1988
16-5	Jon Vaughn (Corona)	1966

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All-Time CALIFORNIA High School Boys List

16-4	3/4	Paul Heglar (Muir, Pasadena)	1966
16-4		Dave Noel (Edison, Huntington Bch)	1968
16-3	1/4	Keith Schimmel (Villa Park)	1975
16-3	1/4	Jim Sidler (Villa Park)	1977
16-3		Clark Elliott (Bellflower)-1	1979
16-3		Melvin Hempstead (Valley, Sacto)	1983
16-3		Clarence Phelps (ChrisBros)-1	1992
16-2	3/4	Tim Curran (Crespi, Encino)-1	1973
16-2		Ivar Moen (Los Gatos)-1	1984
16-2		Steve Toney (Menlo-Atherton)-1	1986

51-3		Willie Banks (Oceanside)-2	1974
51-3		Ricky Holliday (Muir, Pasadena)	1980
51-2	1/4	Dokie Williams (El Camino Ocean)-1	1977
51-2	1/4	Tim Prince (Logan)	1988
51-2		Lenny McGill (OrGlen, Escon)-1	1989
50-11	1/2	Harold Rucker (Silver Creek, San J)	1986
50-11	1/2	Terrance Strong (Bakersfield)-1	1984
50-11	1/4	DeAndre Robinson (West, Bakfld)	1989
50-11		Dan Jackson (Oakland)	1975
50-10		Steve Rim (Clovis)	1972
50-8	1/2	Anthony Burnett (Lynwood)	1986

66-8		Mark Parlin (Esperanza, Anaheim)-1	1991
65-11	1/2	Curt Hampton (El Cajon)-1	1974
65-10	3/4	Dave Porath (Atwater)-1	1978
65-10		Steve Wilhelm (Fremont, Sunnyvale)	1967
65-9	3/4	John Buehler (Whittier)-1	1967
65-9		Dave Laut (Santa Clara, Oxnard)	1975
65-9		Jeff Stover (Chico)	1976
65-9		John Bender (Shafter)	1984
65-8	3/4	Randy Withrow (Pasadena)-1	1970
65-7	3/4	Don Castle (Cubberley, Palo Alto)	1961
65-7	1/4	Dave Gerasimchuk (Narb, Lomita)	1972
65-6		Bruce Wilhelm (Fremont, Sunvl)-1	1963

◆ Long Jump:

State Meet Record: 26-4 3/4 James Stallworth (Tulare) at Cerritos 1989. **Frosh:** 23-10 1/2 Johnny Johnson (Pacific Grove) 1963. **Soph:** 25-2 1/4 Johnny Johnson (Pacific Grove) 1964. **Junior:** 25-10 3/4 Heulon Hewitt (Merced) 1968. **Senior:** 26-4 3/4 James Stallworth (Tulare) 1989.

26-4	3/4	James Stallworth (Tulare) at Cerritos-1	1989
26-2	1/4	Ken Duncan (McClatchy, Sacto)	1972
26-0	3/4	Jerry Proctor (Muir, Pasadena)-1	1967
26-0	3/4	Joe Richardson (Pasadena)-1	1984
26-0		Johnny Cleveland (Soquel)-1	1984
25-11	1/2	Larry Doubly (Manual Arts, L.A.)-1	1976
25-10	3/4	Heulon Hewitt (Merced)-1	1968
25-9	1/2	Gerald Hardeman (Edison, Fresno)	1972
25-7		James McAlister (Blair, Pasadena)-1	1970
25-6	1/4	Ted Hammond (Compton)	1973
25-5	1/2	Percy Knox (AntVly, Lancaster)-1	1987
25-5	1/4	Doyle Steel (San Diego)-1	1966
25-5		Carl McCullough (Sacramento)-1	1972
25-5		Gerald Price (UnivCity, San Diego)-1	1990
25-4	3/4	Johnny Johnson (Pacific Grove)	1965
25-4	1/2	Oscar Bean (Jefferson, L.A.)-1	1956
25-4	1/2	Randy Williams (Edison, Fresno)-1	1971
25-4	1/4	Monte Upshaw (Piedmont)-2	1954
25-4		Donnie Butler (Fremont, L.A.)	1978
25-3	3/4	Diatori Gildersleeve (Grant, Sac)-1	1988
25-3		Willie Davis (Roosevelt, L.A.)	1958
25-3		Bobby Bonds (Poly, Riverside)-1	1964
25-3		Ken Frazier (Mission, S.F.)	1981
25-2	1/2	George Brown (Jordan, L.A.)-2	1949
25-2		Phil Quinet (Homestead, Cupertino)	1968



JOE RICHARDSON

Fine Flicks by Don Gosney

◆ Triple Jump:

State Meet Record: 52-5 3/4 Marcus Hooks (Lakewood) at Norwalk 1986. **Frosh:** 48-4 Dave Tucker (S.J. Memorial, Fresno) 1968. **Soph:** 50-2 1/2 Ken Frazier (Mission, S.F.) 1980. **Junior:** 52-6 1/4 Dave Tucker (S.J. Memorial, Fresno) 1970. **Senior:** 53-6 1/2 Joe Richardson (Pasadena) 1984.

53-6	1/2	Joe Richardson (Pasadena) at Sacto-1	1984
52-10	1/2	Charles Mayfield (Muir, Pasadena)	1980
52-6	1/4	Dave Tucker (S.J. Mem, Fresno)	1970
52-6		Henry Ellard (Hoover, Fresno)-1	1979
52-5	3/4	Marcus Hooks (Lakewood)-1	1986
52-4	3/4	Ken Frazier (Mission, S.F.)-1	1981
52-3	1/2	Randy Williams (Edison, Fresno)	1971
51-11		Joel Smith (Cordova, RanchoCor)-1	1987
51-8	3/4	MacArthur Anderson (Bakersfield)	1987
51-8		Mike Woods (Manual Arts, L.A.)	1963
51-7	3/4	Phouphet Singbradith (MagnAnah)-1	1990
51-7	1/2	Vestee Jackson (McLane, Fresno)	1981
51-6	1/2	Greg Caldwell (Fremont, L.A.)-1	1976
51-5	3/4	Freeman Miller (Fremont, L.A.)-1	1980

◆ Shot Put:

State Meet Record: 74-4 3/4 Brent Noon (Fallbrook) at Cerritos 1990. **Frosh:** 59-8 Brent Noon (Fallbrook) 1987. **Soph:** 62-3 1/2 Brent Noon (Fallbrook) 1988. **Junior:** 69-8 1/4 Brent Noon (Fallbrook) 1989. **Senior:** 76-2 Brent Noon (Fallbrook) 1990.

76-2		Brent Noon (Fallbrook)-2	1990
69-6	1/2	Brian Blutreich (Capistrano Vly)-2	1985
69-3	3/4	Jim Neidhart (Newport Harbor)-1	1973
68-5	1/2	Steve Montgomery (Lassen, Sus)-1	1976
68-5		Dave Kurrasch (Newport Harbor)-1	1975
67-9	3/4	John Hubbell (Poly, Long Beach)-1	1966
67-9		Terry Albritton (Newport Harbor)	1972
67-9		John McKenzie (Hart, Newhall)	1976
67-8	1/4	Dave Doupe (Inglewood)	1973
67-6	1/2	Randy Cross (Crespi, Encino)-1	1972
67-2	1/4	Mark Stevens (Newport Harbor)-1	1971
67-2		Dave Murphy (Sunny Hills, Fullerton)	1966
67-0		David Bultman (Royal, Simi)-1	1987

◆ Discus:

State Meet Record: 203-4 Brian Blutreich (Capistrano Valley) at Sacramento 1985, and 203-4 Rob Powell (Redwood, Visalia) at Cerritos 1990. **Frosh:** 173-6 Antonio Dobbins (Burrughs, Ridgecrest) 1979. **Soph:** 182-5 Jeff Buckey (Bakersfield) 1990. **Junior:** 210-1 Jeff Buckey (Bakersfield). **Senior:** 210-8 Brian Blutreich (Capistrano Valley) 1985.

210-8		Brian Blutreich (Capistrano Valley)-1	1985
210-1		Jeff Buckey (Bakersfield)-1	1991
209-6		Dave Porath (Atwater)-1	1978
203-4		Rob Powell (Redwood, Visalia)-1	1990
201-6		Ray Burton (Vacaville)-1	1974
201-3		Chris Adams (Los Altos)-2	1970
200-8		Brent Noon (Fallbrook)	1990
200-7		Paul Bender (Shafter)-1	1980
200-4		Scott Endler (Hoover, Fresno)-1	1976
200-1		Scott Overton (Los Altos)-1	1972
199-0		John Wirtz (Leland, San Jose)-1	1988
198-6		Dave Voorhees (Tulelake)	1973
198-1		Gabe Torre (Notre Dame, Riverside)	1992
197-7		Pete Swanson (S Benito, Hollister)	1992
197-6		Kevin Richardson (Shafter)	1984
196-10		David Bultman (Royal, Simi)-1	1987
195-8		Billy Joe Winchester (Mt.Mig.Sp.Vly)	1970
195-5		Lonnie Shelton (Foothill, Bkfld)-1	1973
195-4		Bob Stoecker (Los Altos)-2	1962
195-4		Tom Birtwhistle (Gunn, Palo Alto)	1969
194-10		David Thomson (Santa Ynez)-1	1977
194-7		Antonio Dobbins (Burr, Ridge)-2	1981
194-2		Dave Hickson (Leland, San Jose)	1973
194-2		Darrell Elder (Redwood, Larkspur)	1974
194-2		Mark Parlin (Esperanza, Anaheim)	1991

◆ 400 Meter Relay

(* 440 Yards Minus 0.23)

State Meet Record: 40.24 Hawthorne (Alexander, Smith, Allen, Conway) at Cerritos 1989.

40.24		Hawthorne at Cerritos (Alexander, Smith, Allen, Conway)	1989
40.64		Hawthorne	1985
40.78		Muir, Pasadena-1 (Douglas, Ervin, Robertson, Ealy)	1987
40.82		Hawthorne	1984
40.83		Edison, Fresno-1 (Cowings, Woods, Walker, Wheeler)	1983
40.86		Berkeley-1 (McCree, Robinson, Clewis, Murray)	1981
40.87		Hawthorne (Young, Thomas, Young, McGee)	1983
40.88		Taft, Woodland Hills (Feinstein, Roberts, Flores, Watts)	1987
40.91		Hawthorne (Hanna, Vallery, Carroll, Conway)	1987

continued next page...

All-Time CALIFORNIA High School Boys List

40.92	Dorsey, Los Angeles	1981
	(Boles, Williams, Williams, Jackson)	
40.93	Berkeley-1	1984
	(Davis, Henderson, Hunter, Usher)	
40.93	Muir, Pasadena	1986
	(Limbrick, Ealy, Ervins, Jeffries)	
40.95	Washington (Los Angeles)	1990
40.98	Berkeley	1983
	(Davis, Henderson, Hunter, Paulding)	
41-01	Oakland-1	1982
	(Porter, Watson, Williams, Watson)	
41.05	Washington, Los Angeles	1988
41.05	San Bernardino-1	1990
41.06	Morningside, Inglewood	1987
41.11	Washington (Los Angeles)	1991
41.11	Muir, Pasadena	1983
41.12	Compton-1	1991
	(Person, Herurdi, Ephriam, Carrigan)	
41.13	Taft, Woodland Hills	1986
41.14	Oakland	1988
	(Grant, Wright, Tipton, Laynes)	
41.14	Crenshaw, Los Angeles	1990
41.15	Mount Pleasant, San Jose	1992

Hand Timing:
(* 440 yards minus 0.2)

40.8*	Wilson, San Francisco-1	1973
	(Farmer, Whitaker, Kirtman, Walker)	
40.9*	El Cerrito-1	1971
	(Gaines, Watson, Smith, Burns)	
40.9*	Harry Ellis, Richmond-1	1975
	(Miller, Gentry, Davis, Cooper)	
40.9*	Hamilton, Los Angeles	1976
	(Menzies, Goosby, Martin, Mullins)	

◆ 1600 Meter Relay

(* Mile Minus 1.1)

State Meet Record: 3:08.94 Berkeley (Walker, Richardson, Murray, Robinson) at Norwalk 1981.

3:07.40	Hawthorne @ Austin, Texas	1985
	(Graham, Marsh, Kelly, Thomas)	
3:08.94	Berkeley -1	1981
	(Walker, Richardson, Murray, Robinson)	
3:09.45	Hawthorne -1	1984
	(Graham, Young, Kelly, Thomas)	
3:10.11	Hawthorne -1	1983
	(McGee, Torrence, Kelly, Thomas)	
3:10.33	Perris	1983
	(Flenagh, Stamps, Jackson, Harris)	
3:10.37	Centennial, Compton -1	1980
	(Graham, Ware, Jaqckson, Turner)	
3:10.42	Berkeley	1980
	(Dotson, Richardson, Walker, Robinson)	
3:10.46	Hawthorne -1	1988
	(Alexander, Conway, DalPino, Hannah)	
3:10.47*	Banning, Wilmington -1	1978
	(Davis, Caesar, Plalock, Lewis)	
3:11.10	Poly, Long Beach	1981
3:11.32	Compton	1980
	(Davis, Taylor, Smith, Barksdale)	
3:11.77	Hawthorne -1	1987
	(Thomas, Carroll, Thomas, Hannah)	
3:11.81	Centennial, Compton	1981
	(Pinchback, Ware, Jones, Graham)	
3:12.1*	Castlemont, Oakland -1	1971
	(Roberts, Morgan, Curry, Rodgers)	
3:12.21	Dorsey, Los Angeles -1	
3:12.3*	Westchester, Los Angeles	1978
	(Brown, Lee, Jones, Pittman)	
3:12.45	Muir, Pasadena	1981

	(Carroll, Anderson, Mathis, Brown)	
3:12.50	Morningside, Inglewood	1987
3:12.5*	Fremont, Los Angeles	1978
	(Butler, Derry, Shelton, Daniels)	
3:12.54	Oakland	1981
3:12.6*	Pasadena -1	1977
	(Cleveland, Dancar, Sanford, Sanford)	
3:12.6*	Fontana	1978
	(Cooper, Gary, Fowler, Bethany)	
3:12.64	Pasadena	1981
3:12.68	Hawthorne	1989
3:12.7*	Muir, Pasadena -1	1974
	(Herron, Shaw, Austin, Sheats)	

◆ Miscellaneous Records

100 Y		
9.44	Michael Sanford (Pasadena)	1979
220 Y (str.)		
20.2	Forest Beaty (Hoover, Glendale)	1961
3M		
13:43.6	Rich Kimball (DeLaSalle, Concord)	1974
5000		
14:01.40	Eric Mastalir (Jesuit, Carmichael)	1986
6M		
27:58.0	Eric Hulst (Laguna Beach)	1976
10,000		
28:55.0	Eric Hulst (Laguna Beach)	1976
10M		
49:15.0	George Aguirre (Santa Barbara)	1975
1 Hr.		
12M,254Y	Ajim Baksh (Hollywood)	1975
Marathon		
2:23:47	Mitch Kingery (San Carlos)	1973



GEORGE AGUIRRE

110 H (42*)		
14.1	Dedy Cooper (Ells, Richmond)	1974
180y LH (Straight)		
18.1	Steve Caminiti (Crespi, Encino)	1964
18.1	Earl McCullough (Poly, Long Bch)	1964
180y LJ (turn)		
18.6	Wayne Collett (Gardena)	1967
18.6	Rich Graybehl (Las Lomas, Walnut)	1974
300 LH		
35.52	Danny Harris (Perris)	1983
400 H		
51.5	Charles White (San Fernando)	1976
440y H		
52.7	Mark Low (Pomona)	1969
2000 SC		
5:43.9	Steve Guarrini (Santa Rosa)	1991
3000 SC		
9:10.8	Dave Daniels (San Gorgo, S.Bern.)	1976
4x200 Relay:		
1:25.6	Berkeley	1980
	(Clewis, Walker, Murray, Robinson)	
4x220Y Relay:		
1:26.1	Berkeley	1980
4x800 Relay:		
7:44.0y	El Cerrito	1969
	(Stodden, Wolfe, Rice, Wood)	
Sprint Medley Relay:		
3:21.1	Berkeley	1981
	(Clewis, Murray, Robinson, Richardson)	
Distance Medley Relay:		
9:56.3	Jesuit	1986
	(Cahill, Mastalir, Mastalir, Thomas)	
4x120 LH		
53.5	Franklin, Stockton	1974
4x120 HH		
58.4	Fresno	1971
	(Larson, Cox, Lyons, Elders)	
4x1500 Relay:		
16:13.4	Compton	1987
4xMile:		
17:13.2	Lompoc	1973
	(Schankel, Fabing, Gilmore, Williams)	
SP (16 lb.)		
57-10 1/4	Dave Murphy (Sunny Hills, Fullerton)	1966
DT (4 lb. 6 oz.)		
177-4	Ray Burton (Vacaville)	1974
HT (12 lb.)		
219-2	Kevin McMahon (Bellarmine, San Jose)	1990
HT (16 lb.)		
173-11	Chuck Vandagriff (Castro Valley)	1967
JT (Old)		
218-11	Mike Ostrom (Las Lomas, WalCrk)	1983
JT (New)		
214-7	Greg Johnson (Woodside)	1990
Pentathlon		
3418	Dixon Farmer (Miramonte, Orinda)	1959
Decathlon		
7172	Tom Richards (San Marcos, S.B.)	1988

ADDRESS CHANGE???

Let us know your new address as soon as possible. **CTN** is mailed third class and is NOT forwardable.
Thank you!

SoCAL DIARY

By Bill Minarik

September 14

Well, cross country season is back with us again and so is the UC Irvine men's cross country team. I don't know exactly what it took to pull it off, but the program, which had been officially scrapped last spring, was resurrected during the summer. In a situation like that, it will probably take a few years before the Anteaters are back on top because of athletes lost to other schools prior to the program reinstatement. In any case, it's great to have them back.

In the season's opening meet, Cal State Fullerton showed that it was back and ready to take over the Big West #1 spot in the men's division, as they destroyed the field in their own invitational with a microscopic 19 points to 77 for runner-up CS Northridge. The UC Irvine women proved they were #1 by taking 4 of the top 5 places enroute to a 27-46 win over #2 CS Fullerton.

At the Whittier Invitational, the Azusa Pacific men made it a real family affair with a 60-112 win over its "B" team, while the Nike West women ran away from runner-up CS Los Angeles 35-109.

At the San Diego Mesa Invitational, the home team eased by runner-up Glendale College in both men and women's divisions.

September 21

The preps began their season at the Woodbridge Invitational where the senior boy's teams from Huntington Park, Newport Harbor, Escondido and Corona Del Mar won divisional championships as did girl's teams from Irvine, Agoura, Anaheim Canyon and Corona Del Mar. At the Rosemead Invitational, the boys from Covina and the girls from San Marino were crowned divisional champions.

At the first Orange Empire Conference meet, the men from Riverside and women from Irvine Valley showed why they were both virtual cinches to win the conference championships as they outpointed the rest of the conference put together with scores of 18 and 24 respectively.

New Mexico was a very close 58-61 winner over UCLA in the men's #1 race at the UC Ir-

vine Invitational. In the #2 race, the resurrected UC Irvine team was an easy 47-82 winner over CS Los Angeles. Powerhouse Arkansas made it's annual trek to SoCal a winning one as they outdistanced the Northern Arizona female thinclads 38-54 in the women's Division I race, while UC Santa Barbara ran away from CS Long Beach 36-59 in race #2.

A dual meet at Pepperdine saw the host Waves take both the men and women's division from rival Loyola 20-39 and 19-43.

September 28

In the first of three conference meets in the WSC, the Ventura men used their front line strength to defeat their most serious conference contender Glendale 33-44, while the Glendale women won a very close 68-71-71-73 meet over Cuesta, Santa Monica and Ventura.

At the UC Riverside Invitational, the UCLA women had their best effort of the year, as they outdistanced a good CS Fullerton team 38-57. The men's results were unavailable.

October 5

The Stanford Invitational, as usual, had one of the best fields of the year, and the Arizona men demonstrated why they are one of the best teams of the year as they destroyed the field and runner-up Cal Poly SLO 35-94. The women's meet was much closer, as national power Arkansas just edged another power BYU 62-66.

In open team meets at Stanford, the UCSB men were 56-72 winners over UCSD, while the CS Los Angeles women outclassed runner-up CS Long Beach 42-93.

At the San Francisco Invitational for community colleges, it was an all SoCal show with the men and women's teams from Mt. SAC as the star performers. In a best cumulative time format, the SAC men were almost three full minutes ahead of runner-up Long Beach, while the female Mounties had about a two minute edge over Irvine Valley.

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- Peak When It Counts:
Periodization for American T&F -- \$12.00
William H. Freeman. 1969. 111 pgs.
Illustrated.
- Competitive Edge -- \$10.00
Rich Elliott. 193 pgs.
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- The Hurdles -- \$13.50
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Saving College Track

By Bob Womack

Not too long ago, a college track coach I know was asking around for ideas on how the sport could be saved at the college level. (Significantly, he was assuming--unfortunately, accurately--that the sport was in trouble and needed to be saved.)

This is what I told him:

What's wrong with college track is a number of things. The first and probably most important problem is that track, as a sport, is in trouble in the United States. Since college track coaches can't do an awful lot about that, I'm going to skip past that in a hurry except to briefly list some of the changes that could be made:

More opportunities for post-collegiate competition; some kind of summer Grand Prix competition in the United States (it doesn't make sense to have the track season conducted almost entirely in bad weather; half a dozen international Grand Prix meets in the United States during the summer; more intelligent scheduling, or if you prefer, an end to overscheduling of meets; better packaging of track and field for television. (I personally think the networks ought to be shot for the way they show track on television, the recent Olympic Triplecast being a glorious exception. If anybody reading this wants to do himself and the sport a major favor, write to Peter Diamond at NBC Sports and tell him how much you appreciated the Triplecast coverage.)

OK, now to the things that college coaches can really do something about. (As a group, you can--and should--have input into the above but the ultimate decisions have to be made at TAC level. Or whatever they're calling the organization these days.)

I think that, first and foremost, college

track and field needs to be promoted as a TEAM sport. There are several reasons for this. Number one, what we're doing now clearly isn't working. Number two, team competition is a lot easier for the casual fan to understand. Number three, by trying to use individual elite athletes as drawing cards, we are fighting a losing battle because five years from now, if not sooner, there will be NO world class athletes competing at the college level.

Let me repeat that. NO world class athletes at the college level. Why should they compete? If they're world class, they're going to be on the Grand Prix tour where they can make some real money; if they want an education, they will be able to pay for their own in the offseason and not have to rely on an athletic scholarship. We started to see this as early as the early 80's, when Carl Lewis decided that competing for Houston was going to cost him real bucks. Now you have Marion Jones considering passing up her HIGH SCHOOL eligibility to go out on the GP tour.

How do you emphasize team competition? To start with, you make every collegiate meet a scoring meet--dual meet, double dual, triple dual, whatever. I don't think it's a coincidence that the Stanford Invitational the last two years had the most interest in my experience when they built the meet around at PAC-10/Big 10 challenge, scored as a dual meet.

Well, you say, what if the dual meets aren't competitive? What happens then? (Of course, how competitive are some college football and basketball games, such as Miami against Long Beach State in football and Georgetown vs. St. Leo's in basketball?) There are some pretty obvious answers to that.

The quickest answer is to schedule dual meets with teams you will be competitive with. Another answer: Change the way you score meets.

Use the international scoring system (5-3-2-1) with each team getting two scorers instead of three. It won't change who wins and who loses but the scores will be a lot closer. Plus--and athletic directors will love this--you only need two people in each event instead of three.

Now let's take an example. Fresno State vs. Cal Poly (SLO), 1991, women. Very one sided, 104-41 for Fresno State. Let's rescure this under international rules: FSU 109, CP 66. Doesn't sound anywhere near as bad, does it? (Also, the meet would have stayed fairly close for considerably longer than it actually did.)

Plus, where is it written in stone that the full NCAA program has to be run in every dual meet. Maybe you could drop three or four running events and two or three field events--by mutual agreement, hopefully--and concentrate on the others, i.e., run the 5K and skip the steeplechase this week and run the steeple and not the five next. In addition to reducing the length of dual meets (5-6 hours for coed meets), you save people having to run five and six events.

Second, why should conference and NCAA championships necessarily be decided on the basis they are now? Every conference I know about decides its football and baseball championships on the basis of games between its members, one on one. (Basketball, with its conference tournaments, is a slightly different case, but even then it is a contest between TEAMS.)

Why shouldn't conference champions be decided by a round robin series of dual meets? (They would probably be run as double or triple duals, which is fine.) The conference champions and possibly some at large teams could advance to regional qualifying and the survivors to the nationals.

This is so radical the NCAA has only been doing it for the last 50 years in basketball. Are we afraid that such a system will have the same disastrous effect on track it's had on college basketball?

Who knows, we might get ESPN to televise the regional meets. It is barely conceivable we might be able to get one of the networks to televise the nationals live although if you watched the regular network coverage

continued next page...



of Olympic track--as opposed to the Triplecast--you might consider this a mixed blessing.

Another point--and I am going to keep reiterating this until somebody pays attention--is that we are going to continue to have a public interest problem as long as track meets are run as a six-ring circus. At any given time in a track meet, there is more going on simultaneously than any fan can absorb without help from the announcer and, frequently, more going on than an announcer can cover. (I know you've heard this before but track people need to reflect--seriously--on the fact that track is the only major sport where an announcer is necessary to tell people in the stands what's happening. Think about that sometime.)

The final problem that needs to be addressed is one that Stan Huntsman of Texas raised last year at a track writer's luncheon. I commented on it at the time in CTN but I think this bears repeating.

Are intercollegiate athletics and, specifically, the non-revenue sports, part of the educational process? I think we're all operating under the assumption they are. If they're not, then the universities are in the entertainment business and the next question has to be: What are they doing competing with the NFL and NBA?

Assuming non-revenue sports--and let's face it, track is not only a non-revenue sport but probably the most expensive non-revenue sport--are a valid part of the educational process, why shouldn't the university fund them, just like the music department, instead of leaving them at the mercy of the revenue sports?

Some examples briefly. San Diego State loses a wad of money on football and basketball; it makes up for it by deleting the men's track program. San Jose State does the same thing. Cal State Hayward salvages a football program which would be considered an embarrassment most places--a 3-7 record last year, a graduation rate of about 15%, and almost zero community support--by jettisoning one of the country's better Division II track programs.

What track coaches--and coaches in the other non-revenue sports for that matter--should be doing is missionary work with their college presidents. They can talk to their athletic directors but I doubt it will do any good; the AD's are basically prisoners of the sys-

ATTENTION MEET DIRECTORS OF CALIFORNIA HIGH SCHOOL INVATIONALS

In the January 1993 issue of California Track News the California Coaches Alliance will list all of the spring invitationals for the upcoming track and field season.

We want to include *your* meet in the listing. Please complete the form below and send to CTN, 4957 E. Heaton Ave., Fresno, CA 93727 or FAX (209) 255-4904; the **DEADLINE IS DECEMBER 1**. Thank you!!

CIF Section _____

Meet Name _____

Meet Date _____

Sponsoring School _____

Meet Director _____

Contact Phone # _____

Open to school outside your section? Yes No
Event emphasis? Relay Individual

**Return to: California Track News
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REMEMBER...THE DEADLINE IS DECEMBER 1

tem. A lot of them are under such pressure they would sell their grandmothers for the right price. (Do YOU think Fullerton has any business playing UCLA and Georgia in football on consecutive weekends? Well, they are. And they're getting \$200 a pop, plus or minus, which should more than cover the cost of the body bags.)

The message track coaches need to deliver to their presidents is this: We are educators, just the same as your English professors, except that our students probably

learn a lot more from us than most English students; our graduation rate is higher than that of the revenue sports, in most cases a lot higher, and generally higher than that of the student body as a whole; we need your support AND WE DESERVE IT.

From the examples cited above, that message isn't getting through.

Bob Womack and CTN welcome your comments or ideas. Write us!

WOODWARD PARK --- 5000 METER COURSE

HIGH SCHOOL CROSS COUNTRY

ALL-TIME BEST MARKS LISTS

From DOUG SPECK

(Revised 8/23/92)

These Lists were made possible through the efforts of Steve Ward, Bill Cockerham, Richard Roybal, and Doug Speck. Please send any corrections to: Doug Speck, 563 North Willowgrove, Glendora, CA 91740

ALL-TIME MEN

1. Marc Davis (San Diego, CA) 1986	14:38
2. Eric Reynolds (Camarillo, CA) 1982	14:39
Bryan Dameworth (Agoura, CA) 1989	14:39
4. Jay Marden (Miss San Jose, Fremont, CA) 1980	14:42
5. Louie Quintana (Arroyo Grande, CA) 1990	14:47
6. Tom Ansberry (Tucson, AZ) 1980	14:49
Calvin Gaziano (Castro Valley, CA) 1984	14:49
8. Jon Butler (Edison, Huntington Beach, CA) 1980	14:52
9. Dan Mazo (South, Eugene, OR) 1980	14:53
10. Mark Mastalir (Jesuit, Sacramento, CA) 1985	14:54
Tracy Garrison (Klamath Falls, OR) 1983	14:54
12. Chris Caldwell (Tucson, AZ) 1982	14:55
Mark Dani (Vaihalla, El Cajon, CA) 1985	14:55
14. Francis O'Neill (San Pasqual, Escondido, CA) 1988	14:56
15. James Ortiz (Barstow, CA) 1982	14:57
Brad Hudson (South, Eugene, OR) 1984	14:57
17. Jesus Gutierrez (Pasadena, CA) 1982	14:58
18. Eric Mastalir (Jesuit, Sacramento, CA) 1985	14:59
Robin Card (Capitol, Boise, ID) 1985	14:59
20. Shannon Butler (Lincoln County, Eureka, MT) 1985	15:00
Mason Myers (Vacaville, CA) 1986	15:00
Jim Rodriguez (Valley, Santa Ana, CA) 1988	15:00
Greg Koontz (Mead, Spokane, Wa) 1989	15:00

* - converted time from shorter course

ALL-TIME WOMEN

1. Mamie Mason (Klamath Falls, OR) 1984	17:07
Deena Drossin (Agoura, CA) 1990	17:07
3. Rebecca Chamberlain (Leigh, San Jose, CA) 1984	17:09
4. Laurie Chapman (Gunderson, San Jose, CA) 1985	17:10
5. Milena Glusac (Fallbrook, CA) 1991	17:11
6. Vickie Cook (Alemany, Mission Hills, CA) 1980	17:13
7. Sarah Schwald (Mead, Spokane, Wa) 1989	17:14
8. Cory Schubert (Del Mar, San Jose, CA) 1982	17:15
9. Marilyn Davis (Miramonte, Orinda, CA) 1981	*17:16
Jeannie Rothman (Westlake, Westlake Vlg) 1990	17:16
11. Katy McCandless (Castilleja, Palo Alto, CA) 1986	17:21
Kira Jorgensen (PlanBuena Vista, Vista, CA) 1987	17:21
13. Millicent Anderson (Cyn del Oro, Tucson, AZ) 1980	17:22
14. Inga Thompson (Reno, NV) 1981	*17:23
Melissa Sutton (Newbury Park, CA) 1986	17:23
Heidi Van Borkulo (Blanchet, Seattle, Wa) 1991	17:23
17. Brigid Freyne (Riverside Poly, CA) 1986	17:24
18. Kristen O'Hara (Palos Verdes, CA) 1983	17:25
19. Tania Fischer (Chaminade, Canoga Pk, CA) 1981	*17:26
20. Laura Cattivera (Mira Costa, Manhat Bch) 1982	17:27

* - converted time from shorter course

ALL-TIME MEN'S TEAM TIME LIST

(Top Ten Performances List included)

1. ARROYO, El Monte, CA 1987	78:23
2. CAMARILLO, CA 1989	78:50
Arroyo 1987	78:51
3. JESUIT, Sacramento, CA 1985	79:07
4. WALNUT, CA 1987	79:16
5. CAMPBELL COUNTY, Gillette, WY 1990	79:17
6. DANA HILLS, CA 1988	79:21
HART, Newhall, CA 1991	79:22
8. EL DORADO, Placentia, CA 1982	79:26
9. ARROYO, El Monte, CA 1986	79:30
-----10 performances-----	
10. BELLARMINE, San Jose, CA 1986	79:31
11. CAMARILLO, CA 1980	79:33
12. BINGHAM, South Jordan, UT 1991	79:35
13. CASA ROBLE, Orangevale, CA 1986	79:38
14. AGOURA, CA 1989	79:44
15. VIEWMONT, Bountiful, UT 1991	79:49
16. DE LA SALLE, Concord, CA 1989	80:05
17. CLOVIS, CA 1984	*80:18
ROWLAND, Rowland Heights, CA 1988	80:18
19. DANA HILLS, CA 1987	80:19
WALNUT, CA 1988	80:19

ALL-TIME WOMEN'S TEAM TIME LIST

(Top Ten Performances List included)

1. AGOURA, CA 1991	93:06
2. AGOURA, CA 1990	93:25
Agoura, Ca 1990	93:28
3. PALOS VERDES, CA 1986	94:02
4. COSTA MESA, CA 1980	94:04
5. AGOURA, CA 1989	94:35
6. PALOS VERDES, CA 1987	94:37
7. EDISON, Huntington Beach, CA 1991	94:38
8. HESPERIA, CA 1987	94:44
9. PENINSULA, Rolling Hills Estates, 1991	95:10
-----10 performances-----	
10. SAN PASQUAL, Escondido, CA 1990	95:17
11. TUSTIN, CA 1983	95:22
12. AGOURA, CA 1987	95:23
13. PALOS VERDES, CA 1989	95:36
14. SAN PASQUAL, Escondido, 1991	95:42
15. PALOS VERDES, CA 1988	95:46
16. BEND, OR 1991	95:53
17. TUSTIN, CA 1981	*95:57
18. TUSTIN, CA 1982	96:00
19. MT. CARMEL, San Diego, CA 1990	96:07
20. NEWPORT HARBOR, Newport Beach, CA 1985	96:14

* - converted time from shorter course

HIGH SCHOOL ALL-TIME LIST BY GRADE

MEN / FROSH

1. Bryan Dameworth (Agoura, CA) 1986	15:18
2. Enrique Ryan (St. Louis, Honolulu, HA) 1984	15:25
3. Louie Quintana (Arroyo Grande, CA) 1987	15:30
4. Jason Balkman (Lynbrook, San Jose, CA) 1991	15:37
5. Ted Martin (Page, AZ) 1989	15:42
6. Brett Strahan (Hart, Newhall, CA) 1991	15:49
7. Virgil Thomas (Gallup, NM) 1984	15:50
8. Tim Martin (Page, AZ) 1989	15:52
9. Brandon Leslie (Gallup, NM) 1991	15:54
10. Darren Holman (Sonora, CA) 1991	15:56
11. Eric Dunn (Arroyo Grande, Ca) 1990	15:59
12. Scott Hempel (Walnut, CA) 1985	16:03
13. Javier Ramirez (Nordhoff, Ojai, CA) 1991	16:05
14. Ryan Wilkinson (S Margarita, RanchSM, CA) 1991	16:06
15. Mehbratom Keflezighi (San Diego, Ca) 1990	16:11
16. Mike Wall (Lassen, Susanville, CA) 1982	16:15
17. Dave Hartman (Canyon, Cyn Country, CA) 1987	16:16
Terrel Reyes (Lakewood, CA) 1988	16:16
19. Peterson Long (Gallup, NM) 1984	16:17
Paul Mankin (San Rafael, CA) 1987	16:17

MEN / SOPH

1. Louie Quintana (Arroyo Grande, CA) 1988	15:02
2. Jason Maschmeyer (Churchill, Eugene, Or) 1990	15:08
3. Glenn Morgan (Del Norte, Albuquerque, NM) 1983	15:10
4. Bryan Dameworth (Agoura, CA) 1987	15:12
5. Chris Schurz (Westwood, Mesa, AZ) 1986	15:14
6. Calvin Gaziano (Castro Valley, CA) 1982	15:19
7. Dave Hartman (Canyon, Cyn Country, CA) 1988	15:25
8. Jason Lienau (Clovis, CA) 1984	15:35
9. Angel Martinez (San Gabriel, CA) 1989	15:36
10. Aaron Mascorro (Rosemead, CA) 1984	15:37
11. Virgil Thomas (Gallup, NM) 1985	15:39
12. Mike Esparza (Newbury Park, CA) 1986	15:39
13. Eric Reynolds (Camarillo, CA) 1980	15:41
Theodore Martin (Page, AZ) 1990	15:41
15. Raul Serratos (Mtn View, El Monte, CA) 1984	15:42
Jim Ortiz (Barstow, CA) 1981	*15:42
Mike Love (Katella, Anaheim, CA) 1990	15:42
18. Jason Drake (Campbell Co, Gillette, WY) 1988	15:43
Mehbratom Keflezighi (San Diego, CA) 1991	15:43
20. Peter Burks (Upland, CA) 1986	15:45

* - converted time from shorter course

MEN / JUNIOR

1. Calvin Gaziano (Castro Valley, CA) 1983	14:54
Louie Quintana (Arroyo Grande, CA) 1989	14:54
3. Tracy Garrison (Klamath Falls, OR) 1982	14:56
4. Jim Ortiz (Barstow, CA) 1982	14:57
5. Jesus Gutierrez (Pasadena, CA) 1982	14:58
Bryan Dameworth (Agoura, CA) 1988	14:58
7. Margarito Casillas (Hoover, Glendale, CA) 1991	15:02
8. Curt Corvin (Lakes, Tacoma, WA) 1981	*15:04
Eric Mastalir (Jesuit, Sacramento, CA) 1984	15:04
10. Chris Schurz (Westwood, Mesa, Az) 1987	15:06
11. David Naranjo (Sanger, CA) 1984	15:07
Ryan Wilson (Agoura, CA) 1991	15:07

continued next page...



From the lead pack at 1985's Kinney West Regional (left to right): #24 MARK MASTALIR, #1 SHANNON BUTLER, #85 DAREN STONEROCK, #192 MARK DANI and #61 MARC DAVIS.

Fine Flicks by Don Gosney

13. Marc Davis (San Diego, CA) 1985	15:08
14. Harold Kuphaldt (Bella Vista, Fair Oaks, CA) 1980	15:09
15. Angel Martinez (San Gabriel, CA) 1990	15:09
16. Theodore Moila (University, Tucson, Az) 1990	15:10
17. Theo Martin (Page, AZ) 1991	15:11
18. Ken McChesney (South, Eugene, OR) 1982	15:13
Nazario Romero (San Pasq, Escondido, CA) 1991	15:13
20. Paul Thomas (Jesuit, Sacramento, CA) 1985	15:14
Eric Reynolds (Camarillo, CA) 1981	*15:14

MEN / SENIOR

1. Marc Davis (San Diego, CA) 1986	14:38
2. Eric Reynolds (Camarillo, CA) 1982	14:39
Bryan Dameworth (Agoura, CA) 1989	14:39
4. Jay Marden (Miss San Jose, Fremont, CA) 1980	14:42
5. Tom Ansberry (Santa Rita, Tucson, AZ) 1980	14:49
Calvin Gaziano (Castro Valley, CA) 1984	14:49
Louie Quintana (Arroyo Grande, CA) 1990	14:49
8. Jon Butler (Edison, Huntington Beach, CA) 1980	14:52
9. Dan Mazo (South, Eugene, OR) 1980	14:53
Mark Mastalir (Jesuit, Sacramento, CA) 1985	14:53
11. Tracy Garrison (Klamath Falls, OR) 1983	14:54
12. Chris Caldwell (Tucson, AZ) 1982	14:55
Mark Dani (Vaihalla, El Cajon, CA) 1985	14:55
14. Francis O'Neill (San Pasqual, Escondido, CA) 1988	14:56
15. Brad Hudson (South, Eugene, OR) 1984	14:57
16. Eric Mastalir (Jesuit, Sacramento, CA) 1985	14:59
17. Robin Card (Capitol, Boise, ID) 1985	14:59
18. Shannon Butler (Lincoln County, Eureka, MT) 1985	15:00
Mason Myers (Vacaville, CA) 1985	15:00
Jim Rodriguez (Valley, Santa Ana) 1988	15:00

* - converted time from shorter course

WOMEN / FROSH

1. Deena Drossin (Agoura, CA) 1987	17:26
2. Carrie Garrtison (Rim of World, LkArrowhd, Ca) 1990	17:36
3. Tracey Williams (Mtn View, El Monte, CA) 1984	17:43
4. Amber Clark (Dobson, Mesa, AZ) 1988	17:53

5. Kira Jorgensen (Vista, CA) 1985	17:56
6. Jessica Fry (Rogers, Spokane, Wa) 1990	18:01
7. Kay Nekota (Woodbridge, Irvine, CA) 1990	18:07
8. Karen Hecox (South Hills, West Covina, CA) 1986	18:10
Becky Spies (Livermore, CA) 1987	18:10
10. Rebeca Chamberlain (Leigh, San Jose, CA) 1982	18:12
11. Heather Scobie (Saugus, CA) 1985	18:14
Nicole Robbins (Hesperia, CA) 1986	18:14
13. Tina Gorbet (Lassen, Susanville, CA) 1986	18:15
14. Nanette Garcia (Silver Creek, San Jose, CA) 1981	*18:17
Amy Skieresz (Agoura, CA) 1991	18:17
16. Laura Cattivera (Mira Costa, ManBch, CA) 1981	*18:22
17. Janice Posey (Tuba City, AZ) 1982	18:26
Reina Felix (Oak Grove, San Jose, CA) 1986	18:26
19. Shelley Taylor (Edison, Huntington Bch, CA) 1988	18:28
20. Milena Glusac (Fallbrook, CA) 1989	18:31

WOMEN / SOPH

1. Milena Glusac (Fallbrook, CA) 1990	17:25
2. Laura Cattivera (Mira Costa, ManBch, CA) 1982	17:27
3. Nicole Robbins (Hesperia, CA) 1987	17:29
4. Carrie Garrtison (Sunny Hills, Fullerton, CA) 1991	17:32
5. Kira Jorgensen (Vista, CA) 1986	17:36
6. Nanette Garcia (Silver Creek, San Jose, CA) 1982	17:41
Carissa Seward (Goldendale, WA) 1987	17:41
8. Deena Drossin (Agoura, CA) 1988	17:42
Shelley Taylor (Edison, Huntington Bch, CA) 1990	17:42
10. Erica Sumi (Wilson, Long Beach, CA) 1990	17:44
11. Tracey Williams (Mtn View, El Monte, CA) 1985	17:46
12. Karen Hecox (South Hills, West Covina, CA) 1987	17:48
13. Melissa Sutton (Newbury Park, CA) 1984	17:50
14. Christy Farrell (Thousand Oaks, CA) 1984	17:51
15. Reyna Cervantes (Montebello, CA) 1986	17:53
16. Shannon Clark (Mountain View, CA) 1983	18:01
Tina Gorbet (Lassen, Susanville, CA) 1987	18:01
Kay Nekota (Agoura, CA) 1991	18:01
19. Shelley Bessey (Reed, Sparks, NV) 1985	18:04
20. Tanja Brix (University, Irvine) 1989	18:06

* - converted time from shorter course

WOMEN / JUNIOR

1. Rebecca Chamberlain (Leigh, San Jose, CA) 1984	17:09
2. Milena Glusac (Fallbrook, CA) 1991	17:11
3. Vickie Cook (Alemar, Mission Hills, CA) 1980	17:13
4. Sarah Schwald (Mead, Spokane, Wa) 1989	17:14
5. Katy McCandless (Castilleja, Palo Alto, CA) 1986	17:21
Kira Jorgensen (RanBuena Vista, Vista, CA) 1987	17:21
7. Brigid Freyne (Riverside Poly, CA) 1986	17:24



DEENA DROSSIN

Fine Flicks by Don Gosney

8. Tania Fischer (Chaminade, Canoga Pk, CA) 1981	*17:26
9. Deena Drossin (Agoura, CA) 1989	17:27
10. Melissa Sutton (Newbury Park, CA) 1985	17:28
11. Kathleen Ebner (Bish Amat, La Puente, CA) 1981	*17:32
12. Becky Spies (Livermore, CA) 1989	17:33
13. Reyna Cervantes (Montebello, CA) 1987	17:34
Maribella Aparicio (Fillmore, CA) 1991	17:34
15. Kris Katterhiagen (Tacoma, WA) 1980	17:35
16. Tina Gorbet (Lassen, Susanville, CA) 1988	17:38
17. Tracey Williams (Mtn View, El Monte, CA) 1986	17:42
18. Veronica Barajas (Chan Islands, Oxnard, CA) 1990	17:44
19. Ashley Black (Palos Verdes, CA) 1987	17:45
20. Nicole Houle (Hesperia, CA) 1986	17:46
Karen Hecox (South Hills, West Covina, CA) 1988	17:46

WOMEN / SENIOR

1. Marnie Mason (Klamath Falls, OR) 1984	17:07
Deena Drossin (Agoura, CA) 1990	17:07
3. Laurie Chapman (Gunderson, San Jose, CA) 1985	17:10
4. Cory Schubert (Del Mar, San Jose, CA) 1982	17:15
5. Marilyn Davis (Miramonte, Orinda, CA) 1981	*17:16
Jeannie Rothman (Westlake, Westlake Vlg, CA) 1990	17:16
7. Millicent Anderson (Cyn Del Oro, Tucson, AZ) 1980	17:22
8. Inga Thompson (Reno, NV) 1981	*17:23
Melissa Sutton (Newbury Park, CA) 1986	17:23
10. Kirsten O'Hara (Palos Verdes, CA) 1983	17:25
11. Vickie Cook (Alemar, Mission Hills, CA) 1981	*17:26
12. Kim Roth (Sprague, Salem, OR) 1981	*17:28
Kira Jorgensen (RanBuenaVista, Vista, CA) 1988	17:28
Shelley Taylor (Edison, Huntington Bch, CA) 1991	17:28
14. Denise Ball (Newbury Park, CA) 1981	*17:29
Kathy Knowlton (Federal Way, WA) 1980	17:29
Rebecca Chamberlain (Leigh, San Jose, CA) 1985	17:29
17. Kathleen Ebner (Bish Amat, La Puente, CA) 1982	17:30
Robbyn Bryant (Hesperia, CA) 1987	17:30

* - converted time from shorter course



PREP NOTES

By KEITH CONNING

■ Northern California Results, Stories, and Photos Wanted

Please send Northern California results, stories, and photographs to Keith Conning, 2235 Browning Street, Berkeley, CA 94702. Include meet, site, distance, and date on results. Include publication date and newspaper name on stories. Place athlete's and photographer's name on the back of each photograph.

If anyone else in Northern California does a newsletter like Peter Brewer's (see example below), please send it to me.

■ Linz, Austria

August 13--Dean Starkey (Logan, Union City 1984), fourth in the Olympic Trials pole vault at 18-8 1/4, won at 19-0 1/2. Tim Bright (Soquel 1976), who no-heighted in the Olympic Games final, placed third at 18-8 1/2.

Evelyn Ashford (Roseville 1975), who ran the 100 meters in the Olympic Games, placed second in the 200 meters in 22.47.

■ Sheffield Invitational

Sheffield, England, August 14--Olympic gold medal winners Kevin Young (Jordan, Los Angeles 1984), third in the 1984 State Meet 100 meter hurdles, and Quincy Watts (Taft, Woodland Hills 1988), the 1986 and 1987 State Meet 200 meter champion, won their events as 10 Olympic champions and three world record-holders competed.

Young continued his hot streak in the 400 meter hurdles with an easy win over American McLinton Neal (Franklin D. Roosevelt, Dallas, Texas 1986) and Britain's Kriss Akabusi. Young's time of 47.67 was almost a second off the world record time of 46.78 he set in Barcelona.

"After running that time in Barcelona, to run in the mid-47s seems a lot easier. It might have looked effortless, but I tried hard and I'm very pleased with the way I ran," Young said.

There also was a convincing triumph by Watts, the 400-meter Olympic champion. Watts won in 44.96 seconds ahead of Trinidadian Ian Morris (Abilene Christian 1990), who was five meters back in 45.57.

Mike Powell (Edgewood, West Covina 1981), the 1981 State Meet high jump champion and world record holder in the long jump but second to Carl Lewis (Willingboro, New Jersey 1979) in Barcelona, trailed to fellow-American Joe Greene (Stebbins, Dayton, Ohio 1986) until his next-to-last jump of 27 feet, 2 inches. Powell won with his final leap of 27-2 1/2 while Greene's best was 26-6 1/2.

Mark Crear (John A. Rowland, Rowland Heights 1987), fourth in the 1987 State Meet in 14.15 and the NCAA 100 meter hurdles champion in 13.49, placed fourth in 13.33.

Doug Fraley (Clovis West, Fresno 1983), third in the 1981 State Meet at 14-8, second in the 1982 State Meet at 15-6, and sixth in the Olympic Trials pole vault at 18-4 1/2, placed third at 17-8 1/2.

Gail Devers (Sweetwater, National City 1984), who won the women's 100 meters gold in Barcelona, coasted to victory in the 100 meter hurdles event in 12.79 seconds.

Steve Scott (Upland 1974), second in the 1974 State Meet 880 yards in 1:52.4 and 13th in the Olympic Trials 1,500 meters in 3:50.41, placed tenth in the mile in 4:02.98.

Mary Decker Slaney (Orange 1976), the national high school sophomore class and California high school record holder in the 800 meters at 2:02.29, and fourth in the Olympic Trials 1,500 meters in 4:05.43, placed ninth in the mile in 4:30.47.

Ramona Ebert Pagel (Schurr, Montebello 1979), third in the 1979 State Meet shot put at 47-5 1/4 and 11th in the Olympic Games shot put at 59-10 1/4, won at 58-9 1/2.

■ Report has shoemaker running to fill orders

The Associated Press

Bangor, Maine -- A little-known competitor in the running shoe industry has more than doubled its work force of 100 as it tries to keep up with orders for a shoe rated as the "best buy" by *Consumer Reports*.

The magazine gave the Saucony Jazz 3000, made by Hyde Athletic Industries, its most favorable rating in May based on the shoe's performance and cost -- about half the

price of some of the other models tested. The shoe costs about \$68.

"Since that article, our sales have gone nuts," said Douglas Later, manager of the factory on Farm Road. "We're buying equipment and hiring people like crazy."

Because of the flurry of orders, the plant added a second shift and hired about 150 people to increase the work force to 250, Later said. Another 50 or 60 jobs will be added before the expansion is complete, he said.

He said Hyde, based in Peabody, Mass., plans to increase output to 8,000 pairs of shoes daily, up from the 2,400 pairs a day the Bangor plant had produced in recent years.

Saucony has about 3 percent of the competitive \$522 million market for running shoes, putting it in the company of adidas, Etonic, Asics and New Balance.

Later said his company isn't afraid to go after the industry giants -- Nike and Reebok.

Hyde, with overall sales of about \$62.2 million, is committed to making running shoes for serious athletes who are more concerned about performance and less swayed by showy advertising, he said.

"Nike and Reebok are flashy; they're marketing companies. We're in the shoe business, not show business," Later said.

He said the company is increasing its marketing and advertising budgets to capitalize on the *Consumer Reports* rating and he didn't think the sales gains would prove temporary.

"One of the things our customers tell us is that once you run in a pair of Saucony shoes you become very loyal to that brand," he maintained.

Hyde is a rare success story in a declining Maine industry ravaged by recession and a shift toward overseas production. The company is having to train new workers because there aren't enough experienced shoemakers in the area.

(Prep Editor: The preceding article appeared in the Oakland Tribune on August 17.)

continued next page...

PREP NOTES

■ Running Shoes

The May 1992 issue of *Consumer Reports* contained an article about running shoes.

Consumer Union, publisher of *Consumer Reports*, is a non-profit organization established in 1936 to provide consumers with information and advice on goods.

Consumers Union accepts no advertising and they buy all the products they test on the open market. They are not beholden to any commercial interest.

If you are looking for a pair of running shoes, I would recommend that you check what *Consumer Reports* has to say. You will find the May issue in your public and/or school library.

■ Weltklasse in Zurich

Zurich, Switzerland, August 19--Gwen Torrence (Columbia, Decatur, Georgia 1983), the fourth-place finisher in Barcelona who accused others of cheating, came up with a big victory in the women's 100. Torrence was timed in 10.94 with Olympic gold medalist Gail Devers (Sweetwater, National City 1984), the 1984 State Meet champion in 11.51, fourth in 11.05. Evelyn Ashford (Roseville 1975), third in the Olympic Trials in 11.17 and fifth in the Olympic Games semifinal in 11.29, placed fifth in 11.13.

Mary Decker Slaney (Orange 1976), fourth in the Olympic Trials 1,500 meters in 4:05.43, placed ninth in 4:07.69.

Gail Devers, fifth in the Olympic Games 100 hurdles in 12.75, won in 12.57.

Janeene Vickers (Pomona 1987), the 1986 and 1987 State Meet 300 meter hurdle champion and bronze medalist in the Olympic Games 400 hurdles in 54.31, placed third in 54.54.

Mike Marsh (Hawthorne 1985), the 1985 State Meet 200 meter champion in 20.83w and the Olympic Games champion in 20.01, won in 19.95.

Quincy Watts (Taft, Woodland Hills 1988), the 1986 and 1987 State Meet 200 meter champion and the Olympic Games 400 meter champion in 43.50, ran a record fourth sub-44 time this season, winning in 43.83. Steve Lewis (American, Fremont 1987), the 1986 and 1987 State Meet 400 meter champion and second in the Olympics at 44.21, placed fifth in 44.90.

Johnny Gray (Crenshaw, Los Angeles 1978), third in the Olympic Games 800 meters in 1:43.97, placed seventh in 1:45.35.

Kevin Young (Jordan, Los Angeles

1984), the Olympic 400 meter hurdles champion in 46.78, won in 47.40.

■ ISTAF '92

Berlin, Germany, August 21--Frankie Fredericks (Brigham Young 1991) of Namibia, the Olympic silver medalist, pulled away in the final 15 meters to win the 200 in 20.01. American Mike Marsh (Hawthorne 1985), the 1985 State Meet and Olympic champion in 20.01, also drew ahead and was second in 20.14. Carl Lewis (Willingboro, New Jersey 1979) finished third in 20.16.

It was the first time that Fredericks beat Marsh in the 200 and the second time he finished ahead of Lewis.

Samson Kitur (Kenya) won the 400 meters in 44.75. Quincy Watts (Taft, Woodland Hills 1988), the Olympic Games 400 meter champion in 43.50, placed second in 44.83. Steve Lewis (American, Fremont 1987), second in the Olympic Games in 44.21, was third in 45.05.

Johnny Gray (Crenshaw, Los Angeles 1984), third in the Olympic Games 800 meters in 1:43.97, placed second in 1:45.20.

Kevin Young (Jordan, Los Angeles 1984), the Olympic Games champion in the 400 hurdles in 46.78, won in 47.81.

Mike Powell (Edgewood, West Covina 1981), second in the Olympic Games long jump at 28-4 1/4, won at 28-1 1/2.

Dean Starkey (Logan, Union City 1984), fourth in the Olympic Trials pole vault at 18-8 1/4, placed seventh at 18-0 1/2. Tim Bright (Soquel 1976), who no-heighted in the Olympic Games pole vault final, placed ninth at 18-0 1/2.

Evelyn Ashford (Roseville 1975), fifth in the Olympic Games 100 meters semifinal in 11.29, placed fifth in 11.19.

Maria Mutola (Mozambique/Springfield, Oregon 1992), who ran in the Kinney Western Regional last fall, placed second in the 800 meters in 1:59.70.

■ Soccer player dies from heat wave

Irvine, August 25--An 18-year-old University of California soccer player died three days after suffering heatstroke during a training run in 93-degree heat, her father said.

Terrie Cate of Escondido, an incoming UC-Irvine freshman, collapsed Wednesday during a six-mile run. She died at Irvine Medical Center on Saturday, said her father Webb Cate.

Cate was the second student athlete to

die during the heat wave that gripped Southern California through last week.

■ BT Games

Copenhagen, Denmark, August 25--Olympic champions Kevin Young (Jordan, Los Angeles 1984) and Quincy Watts (Taft, Woodland Hills 1988) posted expected wins, but Mike Marsh (Hawthorne 1985) and Gwen Torrence (Columbia, Decatur, Georgia 1983), the Olympic 200-meter champions from America, were both upset in their races.

Frankie Fredericks (Brigham Young 1991), a double silver medalist in the Olympic sprints, won the men's 200 in 20.21 edging Marsh by .07. American Michael Bates (Amphitheater, Tucson, Arizona, 1989), who got the bronze in Barcelona, was third in 20.45.

Quincy Watts won the 400 meters in 44.85. Steve Lewis (American, Fremont 1987), silver medalist in the Olympic Games, placed second in 44.90. Samson Kitur (Kenya), who defeated Watts and Lewis in Berlin on August 21, was third in 45.12.

Johnny Gray (Crenshaw, Los Angeles 1978), bronze medalist in the Olympic Games 800 meters, placed eighth in 1:51.53.

Kevin Young won the 400 meter hurdles in 48.57.

Jim Doehring (San Clemente 1980), second in the 1980 State Meet and silver medalist in the Olympic Games shot put, placed second at 67-11 1/2.

■ Dion Marion (Killeen, Texas)

August 26--Dion Marion (Killeen, Texas) has been ranked by *USA Today* as one of the top 25 prep football players in the country.

Marion is a running back who is 5 feet-11 inches tall and weighs 190 pounds.

As a junior, he ran 250 times for 1,357 yards and 13 touchdowns and made 30 catches for 323 yards. He runs the 40 in 4.4 seconds and has long jumped 25 feet, 10 inches.

"He blends athletic ability with toughness and is an outstanding receiver," coach Jerry Bomar said.

Last March the Killeen track team competed in the Oakland Invitational at the University of California in Berkeley. However, Marion didn't compete because he was lastically ineligible at the time. His teammate Billy Spiller won the long jump competition in the Oakland Invitational.

continued next page...

PREP NOTES

■ School trustees get an earful over funding of sports

By Sharon Ezekiel

Staff writer Contra Costa Times

Concord, August 26--Students and parents surprised the Mt. Diablo school board Tuesday night by tuning out to question the district's commitment to extra-curricular sports and complain about the wording of a letter seeking donations.

The trustees decided June 30 that short-falls in state funding left them no choice but to cut the district's \$500,000 contribution to competitive sports to \$300,000, enough to pay coaches' salaries.

A private, nonprofit organization would work with athletes, parents, boosters and businesses to raise the remaining \$200,000, which is used for transportation, field rentals and referees.

A letter that many students and parents received Monday from the school district asks for contributions of \$100 per football player and \$75 for athletes in other sports programs. The district is arranging with the nonprofit Mt. Diablo Education Fund to handle the finances.

"All contributions are needed by Sept. 17 for fall sports to commence," reads the letter. "The contributions are not refundable for any reason."

A group of sports boosters from College Park High School in Pleasant Hill passed out flyers at Sun Valley Mall Monday, urging sports supporters to attend the school board meeting.

As trustees and district staff hurried to assure the crowd the fall sports schedule will be played in its entirety, speaker after speaker took the officials to task for not making the financial arrangements sooner.

"What happens if contributions do not bring in the required funds?" asked parent Carolyn Glover. "Will the board support athletics?"

"A number of parents indicated they preferred that this be a required fee rather than a donation."

District officials said they are worried not enough will be raised, but their attorneys have advised them that fees cannot legally be charged and there is no choice but to ask for donations.

Though some school districts charge fees, courts have ruled in favor of plaintiffs challenging the payments. Many legal experts expect fresh challenges to mandatory

fees, said Myra Redick, assistant superintendent for secondary education, even though exemptions are made for poor students.

While many speakers said the fees should be mandatory and the letter more strongly worded, others criticized district officials for saying the contributions could not be refunded for any reason.

Others, meanwhile, were angry at the suggestion of the letter that sports programs would not start unless adequate contributions come in.

"The threat of cancelling fall sports by Sept. 17 is irresponsible," said Peggy Hernandez, a parent and sports booster. "Until you get organized and regain the public trust, don't expect the donations to pour in."

Many speakers said that sports programs motivate students to do well in school and stay drug-free.

"The bottom line is that fall sports will take place," said Trustee Joan Pierce. "Please give us a chance. Please go away from the meeting knowing that fall sports will begin and we will continue working on fall and spring."

(Prep Editor: The preceding article appeared in the Contra Costa Times on August 26. I have reprinted it here, because the funding of high school sports is a statewide problem that needs a long-term solution.)

■ Koblenz, Germany

August 26--Mark Crear (John A. Rowland, Rowland Heights 1987), the NCAA champion from USC in the 110 hurdles in 13.49, placed third in 13.36.

■ Memorial Van Damme

Brussels, Belgium, August 28--Kevin Young (Jordan, Los Angeles 1984), the Olympic Games 400 hurdles champion in 46.78, won in 47.70.

Mike Powell (Edgewood, West Covina 1981), the Olympic Games silver medalist in the long jump at 28-4 1/4, won at 28-1 1/2.

Gail Devers (Sweetwater, National City 1984), the 1984 State Meet 100 meter champion and the gold medalist in the Olympic Games in 10.82, placed third in 11.15. Evelyn Ashford (Roseville 1975), fifth in the Olympic Games semifinals in 11.29, placed fourth in 11.25.

Maria Mutola (Mozambique), who attended Springfield High School in Oregon and ran at the Kinney Western Regional Cross Country Championship last fall, won the 800 meters in 2:00.46.

Gail Devers, fifth in the Olympic Games 100 hurdles in 12.75, won in 12.64.

Janeene Vickers (Pomona 1987), the bronze medalist in the Olympic Games 400 hurdles in 54.31, placed third in 54.65.

■ Husky suspended four years

August 29--University of Washington hurdler Bernard Ellison (Vallejo 1986) was suspended from track competition for four years by The Athletics Congress yesterday for failing to appear for an out-of-competition drug test.

Ellison, who also attended Shasta Community College in 1989, had a personal best of 49.85 in the 400 hurdles as a senior at Washington in 1991.

■ Archie Williams (University of California 1936)

August 29--Former Cal athlete Archie Williams is among nine candidates named as contenders for places in the national Track and Field Hall of Fame located in the Hoosier Dome in Indianapolis, Indiana. Williams, 77, who resides in Fairfax, was world record-holder in the 400 meters in 46.1 and Olympic champion in 46.5 in 1936. He set the world record in a heat at the NCAA championship in 1936.

Williams was born on May 1, 1915.

The Cal media guide states: "Old Blues were sure to beam with pride at the 1936 Games in Berlin, Germany, when black quartermiler Archie Williams broke the world record in the 400 meters and went on to win the gold medal in the same event in front of Adolf Hitler and his fellow Germans (this was the same Games where Jesse Owens claimed four golds)."

Williams was the NCAA champion in the 440 yards in 47.0 in 1936 at Chicago, Illinois. He won the Pacific Coast Conference 440 yards in 46.8.

Williams is still on the Cal all-time list in a tie for seventh with David Timmons (Oakland HS). Timmons won the 1981 State Meet 400 meters in 47.09.

Brutus Hamilton was the head coach at Cal in 1936.

■ Industry Trophy

Padua, Italy, August 30--Jim Doehring (San Clemente 1980), the silver medalist in the Olympic Games shot put at 68-9 1/4, won at 68-10 3/4. Gregg Tafrales (Capuchino, San

continued next page...

PREP NOTES

Bruno 1976), fourth in the Olympic Trials at 67-7 1/2, placed second at 68-8 1/2. Tafrales leads the world shot list with his 72-1 1/2.

■ San Francisco Marathon

San Francisco, August 30--Jay Marden (Mission San Jose, Fremont 1981), second in the 1980 State Meet 3,200 meters in 8:56.06 and second in the 1981 State Meet 3,200 meters in 8:51.64, placed seventh in the San Francisco Marathon in 2:24.17. Marden was the Kinney National Cross Country champion his senior year. It was his first marathon. He was the first U.S. finisher.

"That (the end) was ugly, but no more ugly than at 14 miles," said Marden to Dan Glesin (*San Francisco Chronicle*). "I felt poorly with 23 miles to go. Ninety percent of the veteran marathoners would have dropped out there if they were feeling like I did."

"As bad as this sounds, I consider it (first U.S. finisher) almost an insult," Marden said to John Crumacker (*San Francisco Examiner*). "I hate being considered a local runner. It's an insult being referred to as the local guy. I think it's disrespectful."

Danny Aldridge (Petaluma 1975), second in the 1975 State Meet 800 meters in 1:51.5, placed ninth in 2:27.24.

Jim Knaub (Lakewood 1974), the 1974 State Meet pole vault champion at 15-6, won the wheelchair division in 1:57.07.

■ IAAF Mobil Grand Prix Final

Turin, Italy, September 4--Mike Marsh (Hawthorne 1985), the Olympic Games 200 meters champion, placed third in 20.41. Frank Fredericks (Namibia, BYU 1991), silver medalist in Barcelona, won in 20.20. Michael Bates (Amphitheater, Tucson, Arizona 1989), bronze medalist at Barcelona, was third in 20.39. Jeff Williams (Washington, Los Angeles 1982), eighth in the Olympic Trials in 20.46, placed seventh in 20.93.

Kevin Young (Jordan, Los Angeles 1984), the Olympic Games champion in the 400 hurdles, won in 48.16.

Gregg Tafrales (Capuchino, San Bruno 1976), fourth in the Olympic Trials shot put at 67-7 1/2, placed second at 67-11 3/4. Werner Gunthor (Switzerland) won at 68-7 3/4.

Gail Devers (Sweetwater, National City 1984), fifth in the Olympic Games 100 hurdles, won in 12.73.

■ Morceli breaks record

Rieti, Italy, September 6--Nouredine Morceli (Riverside CC 1990/Algeria), one of

the big disappointments at the Barcelona Olympics, smashed the world record for 1,500 meters yesterday, clocking 3 minutes, 28.86 seconds. Morceli's time broke the record of 3:29.46 set by Said Aouita of Morocco in 1985. Morceli was born on February 20, 1970. He is 5 feet, 7 3/4 inches tall and weighs 137 pounds.

Morceli placed second in the 1,500 meters at the 1988 World Junior Championship. As an 18-year-old he ran 3:40.41 (1,500 meters) and 1:48.27 (800 meters).

Jim Ryun (East, Wichita, Kansas) set the national high school and age-17 record in the 1,500 meters of 3:39.0 at New Brunswick, New Jersey on June 28, 1964.

Paul Medvin (University, Los Angeles), the 1978 and 1979 State Meet mile champion, set the California high school record in the 1,500 meters of 3:46.4 in 1979. However, Tim Danielson (Chula Vista 1966), the 1965 and 1966 State Meet mile champion, ran the mile in 3:59.4 in 1966, which is equivalent to a 1,500 meters in 3:41.7.

Sergei Bubka of the Ukraine, the world record-holder in the pole vault, won at 19 feet, 4 1/4 inches but missed three attempts at 20-1 1/4, one quarter-inch above the record he set a week earlier.

Doug Fraley (Clovis West, Fresno 1983), sixth in the Olympic Trials at 18-4 1/2, placed fifth at 18-4 1/2.

Gregg Tafrales (Capuchino, San Bruno 1976), fourth at the Olympic Trials at 67-7 1/2, placed second at 67-7 1/2. Werner Gunthor (Switzerland) won at 68-3.

Gail Devers (Sweetwater, National City 1984), fifth in the Olympic Games 100 hurdles, won in 12.68.

■ California Cross Country Notes

Berkeley, September 7--This week the Golden Bears open at the Fresno Invitational.

The Cal men's & women's cross country season begins with its traditional opener at the Woodward Park course in Fresno on Saturday, September 14. This fall marks the beginning of something new--a combined cross country program and a collectively renewed focus. According to head coach Tony Sandoval, in his first year leading both teams after coaching the women for a decade, this is the first year of the "new" Cal cross country program. The women's program has had a proud history of excellence with six team appearances at the national cross country championships since 1978 with a seventh place finish in 1988. In addition, the Bears have had

nine All-American selections in that period highlighted with two individuals in 1988. Sabrina Han (Westmoor HS, Daly City) was Cal's last All-American in 1990.

The men's program has finished no higher than fourth ('76 & 81) at the Pac-10 with a noteworthy fifth place finish in 1988. A perennial bottom half finisher at the Pac-10's the Cal men's team has normally not competed at the District 8 NCAA qualifying meet with only an occasional individual focusing on cross country. 5,000 meter school record holder Tom Downs (Skyline HS, Oakland), second in the 1979 State Meet two mile run, is the only Golden Bear to achieve All American status ('81 & 82) in cross country. "Before, cross country was viewed just as a warmup for track," Sandoval explained. "Now we have a full-time coach for both men & women and a common vision of excellence."

While the ideas are new, the runners on both squads virtually remain the same. Leading the women once again will be senior Janet Bowie (Woodside HS), third in the 1988 State Meet 1,600 meter run and sixth at the Pac-10's last season. An untimely injury prior to the District 8 meet prevented Bowie from qualifying to the NCAA's. Sandoval regards her as one of the top individual runners on the West coast and a potential All-American. Fifth year senior Tracey Williams (Mountain View HS, El Monte), second in the 1986 State Meet two mile, returns after a year and half of battling injuries. In '89 and '90, Williams was a consistent top three finisher for the Bears and an outstanding 1,500 meter (4:26.32) runner in track. Look for improvement from sophomores Celina Bach (Beyer HS, Modesto) and Tenaya Soderman (Palo Alto) as both were top five finishers in all meets for Cal in their first season. Senior and team captain Tami Dobel (Nordhoff HS, Ojai) and junior Ginny Mommson (Judge Memorial HS, Salt Lake City, Utah) should head up the remainder of a deep top seven. Dobel led the team in the 3,000, while Mommson was among Cal's top five in '89 and 91. Redshirt freshman Stephanie Lennen (Arcadia HS, Tempe, Arizona), junior June Untalan (Rio Linda HS, Sacramento) and true freshmen Saskia Hostetler (San Diego) and Darcy Bushnell (Los Angeles) hoping to break into the top five.

On the men's side, the squad is split between seniors and young newcomers. Sandoval is looking for a "penetrator" into the meet's top ten finishers. Senior and team captain Ben Turman (Berkeley HS 1988) returns from 1991 as Cal's most consistent run-

continued next page...

ner finishing in the top three in every meet. Turman is coming off a shining track season as he narrowly missed scoring and eventually placing seventh in the 1,500 at the Pac-10's and he was Cal's number one 1,500 runner week after week. "I'm so impressed with Ben's development as he was a walk-on in 1988 and has continued to improve and evolve every season into a superb middle distance runner and leader," said Sandoval. "And I see Ben intensifying his progression into a national level runner this year." Red-shirt freshman, Richie Boulet (Sir Francis Drake HS, San Anselmo 1991), fifth in the 1991 State Meet 1,600 meters, broke Dave Henderson's freshman 1,500 record (3:46.0 1986) in Canada this summer by recording a 3:45.87. Boulet, also a walk on, won the TAC Jr 1,500 title in an extended track season. "Richie is a very versatile middle distance runner as he posted outstanding marks in the 800 (1:51.7) and 5,000 (14:49) as well as his superb 1,500 while not running cross country last fall," said Sandoval. Vying for top five honors are returning senior Steve Zirkelbach (Concord HS 1988), fifth in the 1988 State Meet mile, sophomores Mark Douglas (Moreau HS, Hayward/Pleasanton 1991), sixth in the 1991 State Meet 3,200 meters, and Andy Bupp (Woodside HS, Redwood City), and junior Joe Mineiro (Boulder City HS, Nevada). In addition, fifth year senior Andy Boudreau and freshman Tesfaye Beyene (Newark Memorial HS, Newark/Ethiopia) should provide competitive depth.

California 1992 cross country schedule: September 14 Fresno Invitational; September 26 Aggie Invitational; October 3 Stanford Invitational; October 17 Cal Poly/SLO Invitational; Oct 31 Pac-10's Palo Alto; November 14 District at Tucson, Arizona; November 23 NCAA at University of Indiana.

(Prep Editor: The preceding is a press release from California. I have provided the State Meet placing where applicable. Richie Boulet qualified to compete in the World Junior Championships in Seoul, Korea on September 15-20.)

■ Bologna, Italy

September 9--Gregg Tafalis (Capuchino, San Bruno 1976), fourth in the Olympic Trials shot put at 67-7 1/2, won at 66-9 1/4.

North Coast Section Cross Country Rankings

by Peter Brewer (Castro Valley)

August 25

Division 1 (1516+)

Boys: 1. De La Salle, 2. Logan, 3. Antioch, 4. Piner, 5. Berkeley. **Girls:** 1. Logan, 2. Antioch, 3. Berkeley, 4. Piner. (There are only four Division I teams.)

There is a delicious rumor (yet unconfirmed by this publication) circulating that DLS is opting up to Division I this year. With one of the strongest teams in the country, this is a logical move. With Mike Prindiville, John Kelly and Ty Walker (all sub 9:30 3200 runners) this is the class of the section. Logan returns John Lockard and a huge squad. Antioch boasts defending NCS Champ Mike Byroads. Piner and Berkeley are the only two Div. I teams left.

The Logan girls have a great 1-2 punch in NCS 3200 champ Kim Wilkes and sub-5:00 miler Mei-Ling McNamara. Antioch returns State Meet performer Annette White.

Division II (1140-1515)

Boys: 1. Amador Valley, 2. Eureka, 3. Monte Vista, 4. Castro Valley, 5. Montgomery.

Girls: 1. Monte Vista, 2. San Ramon, 3. Amador Valley, 4. Santa Rosa, 5. Montgomery.

Amador's returning 1-2 of Dave Braden and Chris Sullins may be the best outside of DLS's group. Eureka has wonder soph (now junior) Matt Creason and a strong supporting cast. Monte Vista puts Brock Tessman up front and last year's hot frosh-soph team behind him. Castro Valley leads with John Atwood and then some solid grouping. Montgomery is always a North Bay League power.

Monte Vista's girls seem the favorite to do a three-peat in Div. II. This year it is Stephanie Kohlberg that leads a seemingly endless pack. San Ramon returns a healthy Stacy Radowicz. Amador Valley this year has some bodies to support defending NCS champ Michelle Muething, who has great range as witnessed by being a State Meet finalist last spring in the 800. Santa Rosa returns Megan Reeder from last year's outstanding squad. Montgomery benefits from the addition of Ann Richardson from Slater JHS.

Division III (705-1139)

Boys: 1. Livermore, 2. Bishop O'Dowd, 3. College Park, 4. Clayton Valley, 5. Rancho Cotate.

Girls: 1. Bishop O'Dowd, 2. Moreau, 3. Carondelet, 4. College Park, 5. Washington.

Something about that Livermore heat that turns out fast runners every year. O'Dowd brings back most of their surprising squad from last year. After this, it is just surmise--I have a feeling.

O'Dowd girls are back again in force. They lost Angela Dalke and Noelle Fein to graduation, but have newcomer Meisha Marzell (State Meet 800 champ) and much improved Angelica Randall (5:10 1600) and the rest of last year's squad. Moreau is stacked with underclasswomen who sneaked up on the field last year while no one was looking. This year we are. The others rate mention on consistency of program strength.

Division IV (1-704)

Boys: 1. Arcata, 2. Alhambra, 3. Fortuna, 4. St. Mary's, 5. Piedmont.

Girls: 1. Ursuline, 2. Arcata, 3. Fortuna, 4. Miramonte, 5. Piedmont.

These seem to be the major players year after year. It will be interesting to see how they sort things out this year. Piedmont's Steve Brown, a junior, is the top returning individual.

Ursuline is the class of this division, as they were most of last year until they ran a little sluggish at the end and a surging Arcata squad nipped them at state. Again, these teams seem to be the ones left at the end. This year too?

Overall

Boys: 1. De La Salle, 2. Amador Valley, 3. Eureka, 4. Logan, 5. Monte Vista, 6. Castro Valley, 7. Livermore, 8. Montgomery, 9. Antioch, 10. Arcata.

Girls: 1. Bishop O'Dowd, 2. Moreau, 3. Monte Vista, 4. Ursuline, 5. San Ramon, 6. Logan, 7. Arcata, 8. Amador Valley, 9. Santa Rosa, 10. Carondelet.

(Prep Editor: Peter Brewer, the cross country coach at Castro Valley, ranks the teams in the North Coast Section and provides a lively commentary during the season in a newsletter sent to coaches.)

California Track and Cross Country Coaches Alliance

1992-93 Membership Update:

In its fourth year the CALIFORNIA TRACK AND CROSS COUNTRY COACHES ALLIANCE continues to expand its scope, involvement, and improvement regarding our two sports within the state.

Why Should I Join The Coaches Alliance?

The CALIFORNIA TRACK AND CROSS COUNTRY COACHES ALLIANCE is the only organization in the state whose purpose is to improve the sports of Cross Country and Track and Field. Additionally, during the 91/92 year we honored 36 coaches throughout the state for their contributions to our sport.

Provides a unified voice for concerns regarding our sports to the governing bodies within the state. As experience shows a group concensus helps to bring about change more effectively than isolated individual concerns.

The COACHES ALLIANCE was directly involved in helping to create a change in the State Cross Country meet format from three divisions to four.

In an effort to assist coaches with their continued growth of knowledge regarding their sport, the COACHES ALLIANCE will be involved with clinics at Stanford, Fresno State, and San Diego during the month of January.

The State CIF has thought enough of the ALLIANCE to include two of its members on a select CIF Track and Cross Country Advisory Committee. Additionally, during the 92/93 season the ALLIANCE will assist the state office in helping to select section honor coaches for the state meet program.

What Do I Receive For My Membership?

COACHES ALLIANCE members will receive monthly editions of **California Track News**, the official publication of the ALLIANCE. Each month, members will be kept current with happenings around the state in the COACHES ALLIANCE section of the magazine. Both cross country and track will be covered.

COACHES ALLIANCE meetings organized around the **CIF/REEBOK** State Meets in Cross Country and Track and Field. Using representatives from all the various sections in the state, members will be able to make concerns regarding their sport heard.

If you would like to join, please fill out the following: (Please Print)

Name: _____

School: _____ Section: _____

Mailing Address: _____

City: _____ Zip: _____

Phone: Home (____) _____ School (____) _____



**Dues for 1992/93 year (Tax Deductible) \$25.00 -- Individual Membership / \$50.00 -- School Membership*.
Make check out to Coaches Alliance and send to:**

Dennis McClanahan--Treasurer ■ 4957 East Heaton Ave. ■ Fresno, CA 93727

***School Membership \$50** --- Schools will receive discounts for all members of their staff at clinics as well as a second copy of California Track News (you can have it sent to the library, or a second copy for your staff)

School: _____ Mailing Address: _____

City: _____ Zip: _____

PREP NOTES

SMALL HIGH SCHOOLS STATE TRACK AND FIELD RATINGS

By Ray Scofield and Doug Speck

(With thanks as always to Mike Kennedy, Steve Brand, Ron Blackwood, Burt Davis, Willie Hamatz, Keith Conning, Steve Fagundes, and Scott Fairley)

As we do an issue earlier with the State's schools of all sizes, we thought it would be fun to take a look at California's High Schools of Smaller Size and see how they ranked pointwise against each other. For our purposes, the considered schools were those who fell 800 and below for their top three grades from the 1991-2 State CBED report (about 1067 and below for four grades in the old way of thinking). Again, our rating system takes the top fifty marks achieved in the state and gives 50 for the top mark, 49 for the second best mark, all the way down to one mark for the fiftieth best performance by a California prep during the season past.

North Coast Section powers St. Mary's (Berkeley-Boys) and Bishop O'Dowd (Oakland-Girls) perform like schools many times their size, with the twosome scoring at a truly magnificent level and featuring some great quality in winning the divisions this year. The 1992 Bishop O'Dowd Girls squad may have been the best ever U.S. High School Girls Dual and Championship meet team for a school of its size.

State Small School Scoring

(Under 800 students for top three grades as determined by 1991-2 State CBED figures):

Boys Teams:

1. 330.2 St. Mary's (Berkeley)
2. 217. Bishop O'Dowd (Oakland)
3. 161. Pius X (Downey)
4. 140.5 Lincoln (San Diego)
5. 107. Thacher (Ojai)
6. 106.5 Duarte
7. 106. Fortuna
8. 99. Corcoran
9. 93.5 Wasco
10. 84. Palma, Salinas

11. 82. Colfax
12. 74. Cabrillo (Lompoc)
13. 67. Christian Brothers (Sacramento)
14. 66.5 Center (Elverta)
15. 59.5 Covina

Girls Teams:

1. 572. Bishop O'Dowd (Oakland)
2. 186. Fillmore
3. 155. Pius X (Downey)
4. 106. Orange Lutheran (Orange)
5. 105. West Valley (Cottonwood)
6. 96.5 Fall River (McArthur)
7. 69.5 Wasco
8. 60.5 Center (Elverta)
9. 59.5 Cate (Carpinteria)
10. 56. Redwood (Visalia)
11. 54.5 Oak Park
12. 53. Westridge (Pasadena)
13. 45.5 Centennial (Compton)
14. 45. Calaveras (San Andreas)
15. 43. Bret Harte (Altaville)

Boys/Individuals:

1. Marcus Stokes (Thacher, Ojai) 107
2. Gentry Bradley (Pius X, Downey) 98
3. Scott Hammond (Lincoln, SDiego) 90.5
4. Mike Katri (Fortuna) 88
5. Alfred Keyes (Corcoran) 85
6. Keir Gumbs (O'Dowd, Oakland) 83
7. *Nathan Woods (Duarte) 75.5
8. Alarick Greenberry (Cabrill, Lomp) 74.5
9. *Rod Branch (St. Mary's, Berkly) 69.5
10. Tariq Ali (Center, Elverta) 66.5

Girls/Individuals:

1. **Bisa Grant (O'Dowd, Oakland) 111
2. Lesa Parker (O'Dowd, Oakland) 97
3. Erin McClumb (Fall Riv, McArthur) 96
4. *Miesha Marzell (O'Dowd, Oaklnd) 96
5. *Maribella Aparicio (Fillmore) 95
6. Nikki Shaw (Fillmore) 91
7. Aisha Sims (O'Dowd, Oakland) 85
8. ***Barbara Boisvert (Or Luth, Or) 80
9. ***Tracye Lawyer (Cate, Carpin) 69.5
10. Leslie Woolery (W Vly, Cottonwd) 69

SOCAL PREP INVITATIONALS

From DOUG SPECK

Seaside Invitational

San Buenaventura State Beach, Saturday, September 12.

A good group gathered from around Southern California for a morning of racing and an afternoon of sun along the beach at Ventura's San Buenaventura State Beach in a competition co-sponsored by Buena (Ventura) and Channel Islands (Oxnard) High Schools. The nation's #1 ranked Boys team, Hart (Newhall), showed up once again for its annual "coming out" effort, with Maribella Aparicio (Fillmore) tearing up the course on the Girls' side. Boys here run four "by-grade" races, with the girls grouped in frosh/soph and junior/senior level events.

Hart was right off an altitude training camp for this meet last year, with a cool and cloudy morning lending perfect conditions for the group to blast a 75:51 overall team time effort, as impressive as any ever in Section history. The results here, shortly after the squad's return from a trip to Eugene, Oregon for its training camp, was just as impressive. With the course in similar shape as recent years, but the sun 10-15 degrees warmer than last, the Hart crew still cranked it up. Keith Grossman led Hart with his second place twelfth grade run at



Laura Monson

Photo by Doug Speck

15:01, with five other teammates within 45 seconds for a team time of 76:48. With the 1991 season spent trying to hold on to the sharpness Hart showed in this meet, one felt that the team was a bit less finely honed here this year, but great potential is still there for sharpening over the next couple of months.

Maribella Aparicio (Fillmore), 7th in last December's Kinney National Championships in the sport, and just a month back from a stint as a member of the U.S. Junior Track & Field team off her second place in the TAC Junior Nationals over 3000m, was very, very sharp here. The Fillmore senior powered over the

PREP NOTES

course here to win by 220 yards over Laura Monson (Claremont) with a 17:03 Course Record that is quite significant in that it took down a standard set up by one of the area's hottest preps ever, Deena Drossin (Agoura), with her 17:11 from a couple of years back.

Top Boys time was turned in by San Diego junior Mebrahton Keflezighi, the state's quickest soph 3200m runner last spring at 9:18.79. The Eritrian native (an area that just broke away from Ethiopia), cranked 14:41 to win his event.

A real team surprise when one looked through the overall placings and time was the Boys' group from Newport Harbor (Newport Beach), with the Sailors cranking a 77:39 team time through five, an excellent 15:32 average per scorer. Ranked #1 statewide in Division III this day's performance put them far ahead of the following pack. Jared Overton (Newport) must have put in a great summer, as he blazed past Hart's 9:09 3200m runner, Keith Grossman, over the final 220 yards in the twelfth grade race. Thousand Oaks also showed that it will be a strong team on the Boys' side, with a 78:35 overall team time.

Meet co-host Buena (Ventura) had the day's quickest team time, a 98:07, with Claremont, Fillmore, Hart, and Channel Islands (Oxnard) also under 100:00, a 20:00 average, pretty good early season running.

Results:

(Girls) (Frosh/Soph): 1. Terri Ann Bogio (Canyon, Canyon Country) 18:48, 2. Amy Van Atta (Buena, Ventura) 19:02, 3. Jaime Thomas (Saugus) 19:02, 4. Krissy Schranz (Hart, Newhall) 19:38, 5. Erica Christiansen (Hart) 19:55, 6. Shelly Burkert (Saugus) 20:07. **(Team):** 1. Hart 43, 2. Saugus 58, 3. Canyon (CC) 107. **(Junior/Senior):** 1. -Marbella Aparicio (Fillmore) 17:03, 2. - Laura Monson (Claremont) 17:42, 3. -Stacy Auer (1000 Oaks) 18:23, 4. *Gabriela Rodriguez (Oxnard) 18:33, 5. -Heather Giles (Canyon, CC) 18:58, 6. -Christy Ruffin (Buena, Ventura) 19:04, 7. -Tiffany Marra (Rio Mesa, Oxnard) 19:20, 8. -Josefina Sanchez (Hueneme, Oxnard) 19:21, 9. *April Herrity (Simi Valley) 19:36, 10. *Nicole Martin (Quartz Hill) 19:38. **(Team):** 1. Channel Islands 107, 2. Buena 112, 3. Claremont 122, 4. Hart 145, 5. Fillmore 155.

Team Times: (top five runners from both divisions): 1. Buena (Ventura) 98:07, 2. Claremont 98:45, 3. Fillmore 99:25, 4. Hart 99:41, 5. Channel Islands (Oxnard) 99:56, 6. Canyon (CC) 100:15, 7. Saugus 100:46, 8. Newbury Park 102:02, 9. Simi Valley 103:21, 10. Thousand Oaks 103:40.

(Boys/Frosh) 1. Marcus Foster (Palmdale) 15:47, 2. Mario Arce (Palmdale) 16:58. **(Team):** 1. Palmdale 41, 2. San Diego 71. **(Soph):** 1. Brett Strahan (Hart) 15:33, 2. Francisco Salazar (Channel Islands) 15:38, 3. Jeff Fischer (1000 Oaks) 15:39, 4. Shahran Dezag (Newport Harbor) 15:41, 5. Antonio Arce (Palmdale) 15:58, 6. Louie Alvarez (Palmdale) 16:01. **(Team):** 1. Hart 44, 2. Palmdale 54. **(Junior):** 1. Mebrahton Keflezighi (San Diego) 14:41 (division record), 2. Jon Bishop (Canyon, CC) 15:00, 3. Brandon Del Campo (1000 Oaks) 15:17, 4. Jose Melgar (San Diego) 15:23, 5. Joe Erazo (Hart) 15:40, 7. Gavin Klinger (Hart) 15:40, 8. Oswald Servin (Fillmore) 15:40, 9. Trent Bryson (Newport Harbor) 15:52, 10. Chadd Aldrich (1000 Oaks) 16:00. **(Team):** 1. Canyon (CC) 57, 2. Claremont 61. **(Senior):** 1. Jared Overton (Newport Harbor) 14:56, 2. Keith Grossman (Hart) 15:01, 3. Tomy Givens (Hart) 15:09, 4. Sky Peterka (Newport Harbor) 15:11, 5. Joe Bedorha (Little Rock) 15:15, 6. McCormick (Foothill, Santa Ana) 15:23, 7. Paul De la Cerda (Hart) 15:25, 8. Ryan Nugent (1000 Oaks) 15:30, 9. Chris Nardi (Quartz Hill) 15:40, 10. Chad Cood (Royal, Simi Valley) 15:43, 11. Aklilu Keflezighi (San Diego) 15:43. **(Team):** 1. Hart 24, 2. Newport Harbor 52.

Team Times: (top five runners from both divisions): 1. Hart (Newhall) 76:48, 2. Newport Harbor (Newport Beach) 77:39, 3. Thousand Oaks 78:35, 4. Canyon (Canyon Country) 80:15, 5. Palmdale 80:55, 6. San Diego 81:05, 7. Fillmore 81:39, 8. Claremont 82:03, 9. Buena (Ventura) 82:26, 10. Saugus 83:08, 11. Dos Pueblos (Goleta) 83:15, 12. Channel Islands (Oxnard) 83:19, 13. La Reina (1000 Oaks) 83:27, 14. Newbury Park 83:36, 15. Simi Valley 83:58.

Bronco Invitational

Cal Poly/Pomona, Saturday September 12.

In a fun early season concept this affair puts all the Varsity athletes on the starting line and runs one race, sorting the scores out by division without bothering to sort schools out by size. It gets through the meet pretty quick. There was some fine running during the day.

El Modena (Orange), a school that dropped in enrollment



JIM CERA

Photo by Phillip Erbody

from Division II to Division III and started the season as the State's #1 ranked Girls squad there, was the overall girls point winner with 68, with Kinney National Finalist Christina Blackmer's win for Upland (18:44 course record) boosting her second place squad (77) to a team time win (101:40-102:09). It appears that this course runs just a tad quicker than the Mt. SAC Section championship one, with the times here very impressive individually and teamwise at this juncture of the year.

Jim Cera (Upland) made it a Highlander sweep of the Course Records with a 15:32 win on the Boys side. Team surprise was a solid Katella (Anaheim) group. Solid returnees Mike Love (4:14.72 1600m 4th State Div II CC) and Mike Moreno (15:59 at Mt. SAC) have been joined "up-front" by Delphino Resendiz (5th here overall) to help power what could be State Division II Champion. Coach Dave Wilson has slowly been building this Katella group into a "super team" over the last couple of years.

Results:

(Girls): 1. -Christina Blackmer (Upland) 18:44 (Course Record), 2. **Barbara Boisvert (Orange Lutheran) 18:57, 3. -Sara Reyes (Lakewood) 19:12, 4. Amber Davidson (Alta Loma) 19:34, 5. - Kelly Perkins (Upland) 19:37, 6. September Cortes (Alta Loma) 19:53, 7. -Kristina Dahlberg (El Modena, Orange) 19:56, 8. **Kayla Whitfield (El Modena, Or) 20:03, 9. -Natalie

Austin (El Modena, Or) 20:08, 10. Jenny Ruiterman (Chino) 20:15. **(Team Scores):** 1. El Modena (Orange) 68, 2. Upland 77, 3. Arroyo (El Monte) 102, 4. Lakewood 135, 5. Katella (Anaheim) 151, 6. Alta Loma 173, 7. Villa Park 227, 8. La Puente 262, 9. Orange Lutheran 272, 10. Temescal Canyon (Elsinore) 300.

Overall Team Times: 1. Upland 101:40, 2. El Modena 102:09, 3. Arroyo 104:40, 4. Lakewood 105:15, 5. Chino 106:28, 6. Katella 107:25, 7. Alta Loma 107:35, 8. Villa Park 110:48, 9. St. Lucy's (Glendora) 112:03, 10. Orange Lutheran 112:08.

(Boys): 1. -Jim Cera (Upland) 15:32 (Course Record), 2. -Mike Love (Katella, Anaheim) 15:58, 3. *Mike Moreno (Katella) 16:10, 4. -Luis Baca (Rowland, Rowland Heights) 16:19, 5. *Delphino Resendiz (Katella) 16:26, 6. -Greg DeClark (Villa Park) 16:29, 7. *Mike Yomtomb (Alemany, Mission Hills) 16:30, 8. Ochoa (Salesian, L.A.) 16:38, 9. -Victor Mencias (Cathedral, L.A.) 16:38, 10. *Peter Gallardo (Arroyo, El Monte) 16:40. **(Team Scores):** 1. Katella (Anaheim) 53, 2. Upland 151, 3. El Modena (Orange) 165, 4. Alemany (Mission Hills) 183, 5. Villa Park 191, 6. Rowland (Rowland Heights) 192, 7. Ayala (Chino) 201, 8. La Puente 208, 9. Arroyo (El Monte) 235, 10. Lakewood 277.

Overall Team Times: 1. Katella 82:30, 2. Upland 84:35, 3. Alemany 85:39, 4. El Modena 85:56, 5. Rowland 86:01, 6. Arroyo 86:03, 7. Villa Park 86:19, 8. Ayala 86:27, 9. La Puente 86:45, 10. Lakewood 88:07.

Colton Invitational

Colton HS, Saturday, September 12.

Not much information received on this meet, except for a very, very impressive run by the Bishop Amat Girls. Their 97:47 team time is mighty quick for the opening weekend of the season, with both the Lancer Boys and Girls squads showing the potential for Statewide honors later in the Fall.

Results

(Girls) 1. Bishop Amat (La Puente) 97:47, 2. Etiwanda 107:52, 3. Yucaipa 107:56.

(Boys) 1. Redlands 81:43, 2. Bishop Amat (La Puente) 83:31, 3. Yucaipa 85:40.

Morro Bay Invitational

Morro Bay Beach Course, Saturday, September 12.

This annual early season gathering of some of the Section's small schools featured the quality of Nordhoff (Ojai) and Morro Bay. Star of the Meet was Karen Bockel, a foreign exchange student from Germany, who locals say has run 4:36 for 1500 meters. Her margin of victory over one of the State's top Small Schools runners here, Faye Roundy (Faye was 8th in State at 19:36 at Woodward Park last year), was close to a minute in Course Record time. There are some mighty fine Small Schools runners hereabouts in Marbella Aparicio (Fillmore) and the Orange Lutheran duo of Barbara Boisvert and Amber Parkinson, so it could be an interesting level locally in the Small Schools.

Results:

Boys: (Individual) 1. *Joe Turner (Morro Bay) 18:06, 2. **Javier Ramirez (Nordhoff) 18:12, 3. **Dave Mitchell (Morro Bay) 18:14. **(Team)** 1. Morro Bay 34 (95:03), 2. Nordhoff 35 (96:31), 3. Paso Robles 66 (100:15).

Girls: (Individual) 1. Karen Bockel (Nordhoff, Ojai) 21:19 (Course Record), 2. *Faye Roundy (Morro Bay) 22:14, 3. **Monica Berlin (Nordhoff) 24:09. **(Team)** 1. Nordhoff 41 (107:21), 2. Atascadero 42 (127:39).

Arroyo Grande Invitational

Saturday, September 12.

This annually high-quality season opener again featured some super running with a group of squads from around the central portion of the State.

Top Boys' effort of the day was by junior Eric Dunn of the host school, with his 15:26 showing the 4:18.94 1600m star is

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heading into the season in fine style. Coach Greg DeNike's Eagles had a fine 80:58 team time. McFarland, the State's top ranked Division IV Boys team, romped at the Small Schools level, showing they will be tough to beat at Championship time with an impressive 30 point effort (82:28 team time).

Los Gatos returned everyone from a fine Girls squad from last Fall, with sophs Holly Malander (19:41) and Maranda Middlecoff (19:49) leading a 22 point win (103:03 fastest of day team time). Improved Arroyo Grande soph Mindy Hagerty took the Girls Large School run at 19:22 in leading her team to victory.

Results:

(Boys) (Small School) 1. Jose Sanchez (McFarland) 15:54, 2. Calvin Gonzalez (McFarland) 16:00, 3. Roger Ciano (San Luis Obispo) 16:02, 4. John Orosco (Taft) 16:05, 5. Gabriel Diaz (McFarland) 16:16. (Team) 1. McFarland 30 (82:28), 2. Taft 55 (85:05), 3. Los Gatos 62 (85:55), 4. San Luis Obispo 73 (86:42). **(Large)** 1. Eric Dunn (Arroyo Grande) 15:26, 2. Patrick Gartry (Ar Gr) 15:58, 3. Angel Ibarra (Righetti, Santa Maria) 16:08, 4. Juan Leon (Ar Gr) 16:15, 5. Raul Solis (Righetti) 16:23. (Team) 1. Arroyo Grande 22 (80:58), 2. Righetti 65 (85:15), 3. Arvin 81 (86:47), 4. Bakersfield 85 (87:05).

(Girls) (Small) 1. Holly Malander (Los Gatos) 19:41, 2. Maranda Middlecoff (Los Gatos) 19:49, 3. Amy Snider (Taft) 20:06, (Team) 1. Los Gatos 22 (103:03), 2. San Luis Obispo 57 (109:13), 3. McFarland 92 (114:26). **(Large)** 1. Mindy Hagerty (Arroyo Grande) 19:22, 2. Lani Van Bebbler (Bakersfield) 19:34, 3. Molly Lourea (San Luis Obispo) 19:51, 4. Wendy Komin (Bakersfield) 20:11, 5. Brandy Barr (Ar Gr) 20:27. (Team) 1. Arroyo Grande 36 (104:06), 2. Arvin 47 (106:36), 3. Bakersfield 71 (109:30), 4. Righetti 71 (109:54) (Bakersfield better 6th runner).

Woodbridge Invitational

Saturday, September 19. Woodbridge HS (Irvine).

The greater Los Angeles area Cross Country season really gets rolling when over a hundred schools and three thousand runners get together for Coach George Varvas's Woodbridge High School Invitational. The very visible three mile campus course with the local Kiwanis assisting with award trophies in each race fifty deep, and obvious quality of competition, make it one of the season highlights. One quickly finds out the quality of preparation during July and August in the races here. Some new individual stars and building new teams always emerge from the action here. Dan Kutcher's computer system puts out such nice results with first names and five deep team times combined from all the races that the day is an entire pleasure.

This season, as last, marked a "coming out" for the nationally #1 ranked Agoura High Charger Girls squad. As usual, Coach Bill Duley's crew did not let us down, with soph Amy Skieresz taking things to a new level since last spring's track season in blasting easily the day's quickest time, a 17:05, in leading her team to a 26 point win and 90:36 team time (a nifty 18:07 average for five). Skieresz, the nation's top soph Cross Country athlete, had 4:57.57 1600m and 10:53.9 3200m bests last year as a ninth grader, with Kay Nekota (17:38) and Kristie Camp (18:00) helped by improved Allison Kaz (18:34) to another super Charger team effort. Skieresz's individual time was especially impressive in light of the efforts of others this day. Kinney National Finalists Maribella Aparicio (Fillmore), fresh off a summer as a member of the U.S. Junior National Track Team based on her second in the TAC Junior Nationals over 3000m, was a race winner at 17:25, with Christina Blackmer (Upland) 17:35 taking Erica Sumi (Wilson, Long Beach) 17:46 in another contest of Kinney Finalists. Sumi's effort was especially pleasing in seeing the talented young star back on the course at the level she is capable of after missing part of last spring's track season. Other especially impressive Girls teams this day were Corona del Mar (Newport Beach), who raced an impressive 94:12 in handling Laguna Hills in a State enrollment Division III showdown, and a much-improved

Esperanza (Anaheim) group, who raced 97:12 as their team tied with Irvine on points, then ended up second on the sixth runner rule.

A very impressive Mission Bay squad from San Diego emerged with the top Boys team time, a 77:29 in the late afternoon, with team leader Devin Elizondo edging Mebrahton Keflezighi (San Diego) at the tape in the day's most exciting finish at 14:49. Returning Kinney National Finalists ran well on the Guys' side also, with Ryan Wilson (Agoura) the day's quickest time, a 14:20, with Margarto Casillas (Hoover, Glendale) looking very quick in 14:33 in taking another race.

Katella (Anaheim) continues to impress, totalling 77:58 for five, with Agoura 78:13, Escondido, another fine squad from the San Diego Section, 78:53, and Division III State power Newport Harbor 79:00. Last year only one team was under 80:00 here, a San Pasqual squad (77:57) that ended the nation ranked #14 in the entire nation.

Results:

(Boys) (Div I) (Sr) 1. Margarto Casillas (Hoover, Glendale) 14:33, 2. Jim Cera (Upland) 14:53, 3. Jaime Bastidas (Eisenhower, Rialto) 15:15, 4. Shawn Frack (Esperanza, Anaheim) 15:24, 5. Ralph Spennato (Esperanza, Ana) 15:30, 6. Pedro (Huntington Park) 15:31, 7. Oscar Urizar (Huntington Park) 15:39. (Team) 1. Huntington Park 97. (Jr) 1. Jaime Martinez (Orange) 15:17, 2. Andrew Christopherson (Redlands) 15:45, 3. Federico Duran (Santa Ana) 15:47. (Team) 1. Saddleback (Santa Ana) 105. **(Soph)** 1. Tedros Berhane (Redlands) 15:48, 2. Mike Almquist (Wilson, Long Beach) 16:07, 3. Hector Ochoa (Saddleback) 16:09. (Team) 1. Saddleback 89. **(Fresh)** 1. Diamond Todd (Wilson, Long Beach) 16:39. (Team) 1. Peninsula (RH Estates) 58.

(Div II) (Sr) 1. Ryan Wilson (Agoura) 14:20, 2. Mike Love (Katella) 15:06, 3. Gil Serrano (Pt. Loma, San Diego) 15:13, 4. Jared Overton (Newport Harbor) 15:13, 5. Nathan Elson (University, Irv) 15:25, 6. Amanuel Azizi (Agoura) 15:31, 7. Rob Nelson (El Toro) 15:38, 8. Sky Peterka (Newport Harbor) 15:39. (Team) 1. Newport Harbor 96. (Jr) Mike Moreno (Katella) 15:20, 2. Delphino Resendiz (Katella) 15:29, 3. Rondie Gibbs (Rubidoux, Rivers) 15:37, 4. Steve Phan (Katella) 15:58, 5. Matt Huss (Santa Margarita, Rancho SM) 15:59. (Team) 1. Katella 46. **(So)** 1. Ryan Wilkinson (Santa Margarita, RSM) 15:23, 2. John Greene (Agoura) 15:46, 3. Shahrar Dezaho (Newport Harbor) 15:49, 4. Daniel Mondragon (Mater Dei) 16:05. (Team) 1. Diamond Bar 119. **(Fr)** 1. Adam Eyre (Agoura) 16:08, 2. Louis Ochoa (Rubidoux, Riv) 16:21, 3. Jose Arqueta (Rubidoux, Riv) 16:28. (Team) Katella 73.

(Div III) (Sr) 1. John Mothershed (Escondido) 15:41, 2. Martin Reyes (Escondido) 15:47. (Team) 1. Escondido 23. (Jr) 1. Devin Elizondo (Mission Bay, San Diego) 14:49, 2. Mebrahton Keflezighi (San Diego) 14:49, 3. Mario Marquez (Mission Bay, SD) 15:13, 4. Jose Melgar (San Diego) 15:21, 5. Jose Jimenez (Escondido) 15:28, 5. David Levy (Mission Bay) 15:35. (Team) 1. Mission Bay 43. **(So)** 1. Giovanni Lopez (Escondido) 16:32. (Team) 1. Century (Santa Ana) 82. **(Fr)** 1. Mario Arqueta (Jurupa Valley, Mira Loma) 15:56. (Team) 1. Trabuco Hills 131.

Div IV (Sr) 1. Vic Carter (Rim of World) 15:36, 2. Jeff Sneed (La Canada) 15:40. (Team) 1. Corona del Mar (Newport Beach) 108. (Jr) 1. Jeff Loomis (Dos Pueblos, Goleta) 15:59. (Team) 1. Corona del Mar 83. **(So)** 1. Michael Feyka (Corona del Mar) 16:07. (Team) 1. Laguna Hills 84. **(Fr)** 1. Eric Anderson (Brethren, Paramount) 17:21. (Team) 1. Torrance 78.

Boys Team Times: (top five combined all grades) 1. Mission Bay (San Diego) 77:29, 2. Katella (Anaheim) 77:58, 3. Agoura 78:13, 4. Escondido 78:53, 5. Newport Harbor 79:00, 6. Redlands 79:57, 7. Esperanza (Anaheim) 80:57, 8. Saddleback (Santa Ana) 81:13, 9. Mater Dei (Santa Ana) 81:15, 10. Huntington Park 81:17, 11. Point Loma (San Diego) 81:22, 12. Wilson (Long Beach) 81:37, 13. Upland 81:51, 14. Glendale 81:51, 15. Corona del Mar 81:54.

Girls: (Div I) (Var) 1. Christina Blackmer (Upland) 17:35, 2. Erica Sumi (Wilson, LB) 17:46, 3. Kelly Roda (Irvine) 18:07, 4. Christine Lewis (Wilson, LB) 18:32, 5. Meghan Mayes (Ca-

pistrano Valley, Mission Viejo) 18:36, 6. Jennifer Gillis (Irvine) 18:49, 7. Kelly Perkins (Upland) 18:56. (Team) 1. Irvine 65, 2. Esperanza 65 (Irvine 6th runner 32, Esperanza 42), 3. Upland 70, 4. Wilson (LB) 109. **(FrSo)** 1. Tania Nunez (Chino) 20:00.



RYAN WILSON

Photo by Doug Speck

(Team) 1. Chino 36. **(JV Div VII)** 1. Claris Fernandez (Corona) 19:57. (Team) 1. El Toro 52.

(Div II) 1. Amy Skieresz (Agoura) 17:05, 2. Kay Nekota (Agoura) 18:00, 3. Kristie Camp (Agoura) 18:00, 4. Barbara Boisvert (Orange Lutheran) 18:15, 5. Bree Frigo (El Toro) 18:25, 6. Allison Kaz (Agoura) 18:34. (Team) 1. Agoura 26, 2. El Toro 128, 3. Newport Harbor 139, 4. Santa Margarita 180, 5. Point Loma (San Diego) 192. **(FrSo)** 1. Stacey Roberson (El Toro) 19:51. (Team) 1. El Toro 73.

(Div III) 1. Laura Monson (Claremont) 18:11, 2. Kim Nelson (Canyon, Anaheim) 18:16, 3. Michelle Cox (Escondido) 18:25, 4. Lyad Gozal (Beverly Hills) 18:57. (Team) 1. Canyon 56, 2. Claremont 74, 3. Trabuco Hills 95. **(FrSo)** Rachael Moeller (Mission Bay, SD) 20:07. (Team) 1. Canyon 64.

(Div IV) 1. Maribella Aparicio (Fillmore) 17:25, 2. Brooke Meek (Corona del Mar, NB) 18:21, 3. Tracy Clark (Corona del Mar, NB) 18:23, 4. Dresden Howell (Corona del Mar, NB) 18:41, 5. Mayra Medina (Laguna Hills) 18:43, 5. Sara Valdez (El Dorado, Placentia) 18:52, 7. Heather McGlone (Laguna Hills) 19:00. (Team) 1. Corona del Mar 32, 2. Laguna Hills 51, 3. Foothill 178. **(FrSo)** 1. Tara Higgins (Laguna Hills) 20:17. (Team) 1. Yucaipa 94. **(JV Div III & IV)** 1. Mollie Flint (Corona del Mar, NB) 20:42. (Team) 1. Claremont 37.

Girls Team Times: (top five combined all grades) 1. Agoura 90:36, 2. Corona del Mar (Newport Beach) 94:12, 3. Laguna Hills 95:58, 4. Irvine 96:14, 5. Upland 96:43, 6. Esperanza (Anaheim) 97:12, 7. El Toro 97:40, 8. Newport Harbor 98:36, 9. Wilson (Long Beach) 98:40, 10. Canyon (Anaheim) 99:24, 11. Santa Margarita (Rancho SM) 99:42, 12. Capistrano Valley 100:08, 13. Claremont 100:34, 14. Corona 100:47, 15. Point Loma 100:53.

Mt. Carmel Invitational

Baiboa Park, San Diego. Saturday, September 19.

Over 1300 runners from over fifty schools came to the course where the Kinney National Championships are run for the Mt. Carmel Invitational. Strong participation from the local

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San Diego section was joined by a number of Southern Section powers and a couple of teams from Arizona for an interesting morning of competition. The format here is "by-grade" races for both Boys and Girls with thirty to forty athletes per race picking up medal awards. The Girls even here is just over 2 and a half miles.

The nation's number one ranked Boys squad, Hart (Newhall) roared into town and put together one of those awesome performances that a team at their level is capable of. When the dust had cleared after seniors Paul De la Cerda (15:37) and Keith Grossman (15:39) led the Hart act the Indian crew had totalled a 79:23 team time for their top five finishers, an impressive 45-seconds quicker than last year's nationally top ranked Hart group. Thousand Oaks HS, with Coach Jack Farrell back at the helm, looked very strong on the Boys side, also, totalling 81:34, and probably deserving a spot among the top twenty-five prep teams in the nation.

Top Girls group of the day was Peninsula (Rolling Hills Estates), the nation's #11 ranked team by *Harrier* magazine, who rode the efforts of a fine underclass group to a 90:29 team time on the short course here. Milena Glusac (Fallbrook) had the day's quickest time, a 16:44, in winning her twelfth grade race. It seems that the Fallbrook senior has been bothered by a stomach problem since becoming ill during the U.S. Junior National Track and Field team trip to Winnipeg, Canada, in late July. The TAC Junior National 3000 meter champion will be one of the Kinney National individual favorites this December.

Nazario Romero (San Pasqual, Escondido), a 9:08 3200m runner last spring had the day's quickest Boys clocking at 15:33.

Results:

Girls (Div I) (Frosh) 1. Michelle O'Connor (Our Lady of Peace, San Diego) 18:17. (Soph) 1. Wendy Murphy (Granite Hills, San Diego) 18:01. 2. Felice Gomez (Salpointe, Tucson, Az) 18:16. 3. Sandi Rabi (Torrey Pines, Encinitas) 18:27. (Junior) 1. Nara Hawker (Grossmont, La Mesa) 18:12. 2. Jennifer Stuart (West Hills, Grossmont) 18:36. (Senior) 1. Melissa Keim (San Pasqual, Escondido) 16:53. 2. Stacy Rabb (Mountain View, Tucson, Az) 18:22.

(Div II) (Frosh) 1. Jinna Rohde (Fallbrook) 18:00. 2. Tiffani Kinder (Vista) 18:23. 3. Christy Bradshaw (Ocean View, Huntington Beach) 18:41. 4. Emma Ashley (Vista) 18:53. (Soph) 1. Molly Mehlberg (Peninsula, Rolling Hills Est's) 17:30. 2. Taryn Lawson (Ocean View, Hunt Bch) 17:32. 3. Lynn Snyder (Peninsula, RH Est) 18:17. 4. Melanie Pickett (Mt. Carmel, San Diego) 18:23. 5. Mary Blake (Peninsula, RH Est) 18:35. (Junior) 1. Jaime Artzner (Peninsula, RH Est) 17:56. 2. Erika Boone (Mt. Carmel, SD) 18:19. 3. Courtney Kurth (Mt. Carmel, SD) 18:20. 4. Kim Wright (Mt. Carmel, SD) 18:47. (Senior) 1. Milena Glusac (Fallbrook) 16:44. 2. Stacey Auer (1000 Oaks) 17:26. 3. Melanie Hand (Fallbrook) 17:35. 4. Jennifer Vergith (Mt. Carmel, SD) 18:04. 5. Jess Youngkin (Poway) 18:06. 6. Leah Brown (Rancho Bernardo) 18:14. 7. Alisha Scudamore (Peninsula, RH Est) 18:18. 8. Sarah Granger (Poway) 18:27. 9. Julie Meyers (Peninsula, RH Est) 18:28. 10. Katie Litchfield (Patrick Henry, San Diego) 18:32.

Boys (Div I) (Frosh) 1. Jose Barajas (Sweetwater, San Diego) 17:36. (Soph) 1. Ruben Castillo (Hilltop, Chula Vista) 16:10. 2. Manuel Romero (San Pasqual, Escondido) 16:11. 3. Martin Reyes (St. Augustine, San Diego) 16:21. (Junior) 1. Mark Hauser (St. Augustine, San Diego) 16:04. 2. O'Connor (St. Augustine, SD) 16:20. (Senior) 1. Nazario Romero (San Pasqual, Esc) 15:33. 2. Juan Alva (Ramona, SD Section) 15:58. 3. Josh Cox (Christian, San Diego) 16:06.

(Div II) (Frosh) 1. Ayub Abdosalan (Hoover, San Diego) 16:16. (Soph) 1. Greg Nett (Mt. Carmel, San Diego) 16:03. 2. Kenny Goodrich (Peninsula, RH Est) 16:15. 3. Trevor Sybert (Vista) 16:17. 4. Jeff Fischer (1000 Oaks) 16:28. (Junior) 1. Brandon Del Campo (1000 Oaks) 15:48. 2. Chadd Aldrich (1000 Oaks) 15:49. 3. John Cottrell (Orange Glen, Escondido) 15:49. 4. Gavin Klingner (Hart, Newhall) 16:02. 5. Joseph Erazo (Hart, Newhall) 16:19. (Senior) 1. Paul De la Cerda (Hart, Newhall) 15:37.

2. Keith Grossman (Hart, Newh) 15:39. 3. Chad Wenger (Mira Mesa, SD) 15:49. 4. Dan Minami (Peninsula, RH Est) 15:51. 5. Tommy Given (Hart, Newh) 15:58. 6. Ben Flamm (Huntington Beach) 16:01. 7. Johnny Eveleth (Hart, Newh) 16:07. 8. Jeff Higginbotham (Poway) 16:17. 9. Robert Callahan (Mt. Carmel, SD) 16:27. 10. Ryan Nugent (1000 Oaks) 16:33.

Rotary West Ojai Invitational

Lake Casitas (Ojai), Saturday, September 19.

The Seventh edition of this Small School Southern Section meet featured a good group running on the course used for the Ventura County Championships last year. Coach Ken Reeves has been appreciative of the efforts of the Lake staff, who cut a series of new trails when the water rose twenty feet since last year.

German foreign exchange student Karen Bockel (Nordhoff), continued to roll, here racing to nearly a minute victory on the Girls side at 19:06. The host school made it an individual sweep, with soph Javier Ramirez leading team newcomer, junior Micah Robles to a 16:18-16:29 1-2 Boys sweep. A new face was welcomed to the prep ranks in third place in the Girls event for Louisville (Woodland Hills), with frosh Shaluinn Fullove a fifth placer last summer in the TAC Junior Olympic Intermediate (15-16) 3000m event at 10:44.31 (about 11:35 for two miles as an eighth grader).

No team scores are kept in the event, but when adding up the team times for the top five finishers, statewide power Nordhoff totalled 83:59 in the Boys and 107:29 with a couple of team stars missing on the Girls side. Check the grades on the Nordhoff Boys team in the results below--this is one of the more special groups ever gathered at the Small School level statewide. The cupboard seems full for the next couple of campaigns.

Results:

Girls: 1. Karen Bockel (Nordhoff, Ojai) 19:17. 2. *Susan Hayes (Cabrillo, Lompoc) 20:06. 3. ***Shaluinn Fullove (Louisville, Woodland Hills) 20:19. 4. **Colleen Lavery (Louisville, WH) 20:59. 5. Jessica Gibbs (St. Bonaventure, Ventura) 21:06. 6. **Heather Berlin (Nordhoff, Oj) 21:19. 7. Joy Feldman (Louisville, WH) 21:25. Team Times: 1. Nordhoff (Ojai) 107:29. 2. Louisville (Woodland Hills) 111:52. 3. La Reina (1000 Oaks) 115:35. 4. Cabrillo (Lompoc) 116:26. 5. Cate (Carpinteria) 117:22.

Boys: 1. **Javier Ramirez (Nordhoff, Oj) 16:18. 2. *Micah Robles (Cabrillo, Oj) 16:29. 3. -Victor Mencias (Cathedral, L.A.) 16:34. 4. -Matt Perkins (L.A. Baptist, Sepulveda) 16:43. 5. *Will Johnson (Nordhoff, Oj) 16:46. 6. ***Omar Vega (Nordhoff, Ojai) 16:52. 7. -Maurio Rivera (Carpinteria) 16:57. Team Times: 1. Nordhoff (Ojai) 83:59. 2. Cathedral (L.A.) 89:10. 3. Santa Ynez 90:48. 4. Cabrillo (Lompoc) 93:09. 5. Carpinteria 93:43.

Laguna Hills Invitational

Laguna Hills HS. Saturday, September 26.

The big Laguna Hills Invitational (60 schools this year) came in the middle of a Southern California heatwave, with almost all the races escaping another scorcher with the Meet completed at noon. There was some super running on the sufficiently challenging course. The continued amazing running of the Corona del Mar (Newport Beach) girls team and super boys group from Mission Bay in San Diego highlighted the team action.

Corona del Mar, under Coach Bill Sumner for the first season (Sumner had previously coached the Boys team only), continued its whirlwind season that has them as one of the best half-dozen teams in the entire nation at this point in the season. At Woodbridge the previous weekend the Sea Queens (that's what the directory says "Sea Kings/Queens") were second to only #1 nationally Agoura on the "team-time" watch. Thursday, the 24th the CdM crew met #15 ranked nationally Irvine, managing a dual meet win even though the team's first three runners took a 100 yard wrong turn with 600 yards left in the race.

At Laguna Hills, with any mortal crew on a bit of an emotional downer by now, the CdM crew continued to race magnificently. Powered by the very impressive soph trio of Brooke Meek 18:27, Tracy Clark 18:31, and Dresden Howell 18:47 the squad totalled a team time of 95:19, some eight seconds slower than the nation's #7 ranked Edison of Huntington Beach team, which is running very strongly in its own right. Edison, with everyone back from its 1991 #6 ranked nationally group, has had that entire group passed by a team newcomer, Homberger (first name unknown). There are some hot groups in Orange County, with the Southern half of California again having over half a dozen teams worthy of spots among the top twenty-five in the country in the *Harrier* magazine poll.

The Mission Bay Boys, with a magnificent eleventh grade class of Devin Elizondo 15:04, David Levy 15:33, Roger Romero 15:37, and Mario Marquez 15:47, showed they are worthy of national consideration also, with a team time of 78:12, some two minutes better than some other groups from San Diego--Escondido (80:38) and San Pasqual (Escondido) (80:39). The cross-town dual meet between the last two could be interesting, with the border town having its usual number of super runners and teams.

Milena Glusac (Fallbrook), still going through medical tests to determine a mysterious stomach ailment, looked mighty good here, racing to a near thirty second win over Erica Sumi (17:42-18:11). Melissa Keim (San Pasqual, Escondido) was impressive in a 17:50 run. Mebrahtom Kellezighi (San Diego) gained revenge for an "at the wire" loss to Devin Elizondo (Mission Bay) at the Woodbridge Meet a week before, here winning by two seconds 15:02-15:04. Nazario Romero (San Pasqual) was 15:13 in a thirty five second senior win in his division.

Results:

(Girls) (Div I) (Frosh) 1. ***Jinna Rohde (Fallbrook) 19:17. (So) 1. **Bree Frigo (El Toro) 19:00. 2. **Melanie Pickett (Mt. Carmel, San Diego) 19:09. 3. **Kasey Mathis (Centennial, Corona) 19:29. (Jr/Sr) 1. -Milena Glusac (Fallbrook) 17:42. 2. -Erica Sumi (Wilson, Long Beach) 18:11. 3. -Kelly Roda (Irvine) 18:29. 4. -Kristina Hand (Fallbrook) 18:50. 5. *Meghan Mayes (Capistrano Valley) 18:55.

(Div II) (Fr) 1. ***Christy Bradshaw (Ocean View, Huntington Beach) 19:45. (So) 1. **Taryn Lawson (Ocean View, Hunt Bch) 18:29. 2. **Homberger (Edison, Huntington Beach) 18:55. 3. **Jennifer Formosa (Edison, HB) 19:00. 4. **Jeannie Formosa (Edison, HB) 19:08. 5. **Teriann Boggio (Canyon, Canyon Country) 19:20. (Jr/Sr) 1. -Melissa Keim (San Pasqual, Escondido) 17:50. 2. -Michelle Cox (Escondido) 18:29. 3. -Liza Alexander (Tustin) 18:39. 4. -Janna Evans (Edison, Hunt Bch) 18:57. 5. -Andrea Steinberger (Mission Viejo) 19:00.

(Div III) (Fr) 1. ***Peggy Hall (Trabuco Hills, Mission Viejo) 20:22. (So) 1. **Brooke Meek (Corona del Mar, Newport Beach) 18:27. **Tracy Clark (Corona del Mar, Newport Bch) 18:31. 3. **Dresden Howell (Corona del Mar, Newport Bch) 18:47. 4. **Rachel Moeller (Mission Bay, San Diego) 19:39. (Jr/Sr) 1. *Dani Coleman (Mission Bay, SD) 19:06. 2. Meek (Corona del Mar, Newport Bch) 19:36.

Team Times (top five times from all divisions added up): 1. Corona del Mar (Newport Beach) 95:19. 2. Edison (Huntington Beach) 95:22. 3. Ocean View (Huntington Beach) 97:41. 4. San Pasqual (Escondido) 98:01. 5. Fallbrook 98:05. 6. Wilson (Long Beach) 98:25. 7. Mt. Carmel (San Diego) 98:34. 8. Irvine 98:37. 9. Tustin 99:29. 10. Capistrano Valley (Mission Viejo) 99:55. 11. Santa Margarita (Rancho SM) 101:43. 12. Trabuco Hills (Mission Viejo) 103:09.

Boys: (Div I) (Fr) ***Matt Dawson (Rancho Bernardo) 16:46. (So) 1. **Mondragon (Mater Dei, Santa Ana) 16:14. 2. **Kevin Bowes (Mira Mesa, San Diego) 16:17. 3. **Kozak (Mater Dei, SA) 16:19. (Jr) 1. *John Cottrell (Orange Glen, Escondido) 15:57. 2. *Clint Allen (Dana Hills, Dana Point) 16:14. (Sr) 1. -Ben Flamm (Huntington Beach) 15:39. 2. -Chad Wenger (Mira Mesa, San Diego) 15:46. 3. -David Niednagel (Dana Hills, DP) 15:59. 4. -Larry Bronaugh (Mater Dei, Santa Ana) 16:05.

PREP NOTES

(Div II) (Fr) 1. ***Gavar (Tustin) 16:28. (So) 1. **Manuel Romero (San Pasqual, Escondido) 16:07. 2. **Eric Wersching (Ocean View, Hunt Bch) 16:08. 3. **Pat O'Mara (Mission Viejo) 16:10. (Jr) 1. *John Bishop (Canyon, Canyon Country) 15:43. 2. *Jose Jimenez (Escondido) 16:05. (Sr) 1. -Nazario Romero (San Pasqual, Escondido) 15:13. 2. -Nathan Elston (University, Irvine) 15:48. 3. -Sylvester Guzman (Escondido) 15:56. 4. -Martin Reyes (Escondido) 16:05.

(Div III) (Fr) 1. ***Tessay (Sherman Indian, Riverside) 17:17. (So) 1. **Ryan Wilkinson (Santa Margarita, Rancho SM) 15:37. 2. **Slingsby (Corona del Mar, Newport Bch) 16:12. (Jr) 1. *Mebrahtom Keflezighi (San Diego) 15:02. 2. *Devin Elizondo (Mission Bay, San Diego) 15:04. 3. *Jose Melgar (San Diego) 15:31. 4. *David Levy (Mission Bay, SD) 15:33. 5. *Roger Romero (Mission Bay, SD) 15:37. 6. *Mario Marquez (Mission Bay, SD) 15:47. (Sr) 1. -Juan Alva (Ramona) 16:02. 2. -Akili Keflezighi (San Diego) 16:08.

Team Times: (top five times from all divisions added up): 1. Mission Bay (San Diego) 78:12. 2. Escondido 80:38. 3. San Pasqual (Escondido) 80:39. 4. Canyon (Canyon Country) 81:44. 5. Dana Hills (Dana Point) 81:56. 6. Mater Dei (Santa Ana) 82:05. 7. Mira Mesa (San Diego) 82:15. 8. Huntington Beach 82:37. 9. San Diego 82:48. 10. Point Loma (San Diego) 83:19. 11. Tustin 83:45. 12. Corona del Mar (Newport Beach) 83:48.

Bell-Jeff Invitational

Griffith Park, Saturday, September 26.

In this big Griffith Park affair two of the State's Large School powers, Hart (Boys) and Belmont (L.A.) (Girls) were very, very impressive winners, with McFarland sweeping the exciting gathering of talent at the Division IV here each year.

Hart just seems to get better and better, taking apart some very good teams with a miniscule 28 point total, showing their #1 ranking nationally is well deserved. Joining the crew this week after not running in a 45 second better team time performance this year than last a week earlier at the Mt. Carmel Meet in San Diego was soph Brett Strahan. Strahan introduced himself to the crew as first man, with the Hart performance here possibly one of the best ever in Southern California history. This team is hot, hot, hot!!!

Just as hot on the Girls side is a Belmont (L.A.) crew that was good last year (eighth in State Div I), but could never take apart good Southern Section groups like they did here. Belmont's 26 point total was probably the best team race ever run by an L.A. City School Girls team. One has to think that the "year-round" set up in the Los Angeles District has to keep the troops around and training more than the old September to June set-up, which kept late starting teams in the L.A. City from really ever getting into shape and competing against the better Southern Section teams. That appears to have changed this Fall.

The annual "big-time" gathering of the State's Division IV teams was a McFarland sweep, with the Central Section power winning over all Southern California's strong powers except for Nordhoff (Ojai) and Fillmore. Jose Sanchez's 14:51 was an impressive Div IV win for McFarland, with the 43 point Boys total especially impressive! Jenny Wong (Harvard-Westlake, North Hollywood), seemingly around for the last half-dozen years, looks ready for a great senior year, racing the day's quickest clocking overall in her 18:18 Division III win.

Results:

(Girls) (Div I) 1. -Patty Trejo (Belmont, L.A.) 18:25. 2. *Yolanda Gomez (Belmont, L.A.) 19:10. 3. *Jessica de la Cerda (Hart, Newhall) 19:16. 4. -Auria Roberto (Belmont, L.A.) 19:27. 5. **Wendy Komin (Bakersfield) 19:35. 6. **Kristin Schranz (Hart, Newhall) 19:44. 7. *Andrea Canales (Alhambra) 19:56. 8. Heaperty (Birmingham, Van Nuys) 19:58. (Team) 1. Belmont (L.A.) 26. 2. Hart (Newhall) 47. 3. Bell 134. 4. Simi Valley 138. 5. Birmingham (Van Nuys) 155. 6. Bakersfield 183. 7. Glendale 185. 8. Taft (Woodland Hills) 195.

(Div II) 1. -Christa Ayuso (Burbank) 19:16. 2. -Cindy Franco (Delano) 19:31. 3. ***Jamie Thomas (Saugus) 19:44. 5. -

Velma Velarde (Mountain View, El Monte) 19:51. (Team) 1. Saugus 38. 2. Arvin 87. 3. Burbank 99. 4. North (Bakersfield) 100.

(Div III) 1. -Jenny Wong (Harvard-Westlake, North Hollywood) 18:18. 2. *Sarah Dien (La Canada) 18:24. 3. ***Lyad Gozal (Beverly Hills) 18:40. 4. *Carlene Pengra (La Canada) 18:53. 5. -Jodi Dalley (South Torrance) 19:09.

(Div IV) 1. *Faye Roudy (Morro Bay) 18:23. 2. Donnelly (Laguna Beach) 19:34. 3. *Cindy Carter (McFarland) 19:47. (Team) 1. McFarland 58. 2. Laguna Beach 69. 3. Morro Bay 75. 4. Santa Ynez 127. 5. Maranatha (Sierra Madre) 142. 6. Paraclete (Lancaster) 183. 7. Marymount (L.A.) 8. St. Joseph (Santa Maria) 229. 9. Bell-Jeff (Burbank) 238. 10. Carpinteria 272.

(Div V) 1. **Laurie Juraneck (Orange Lutheran, Orange) 20:18. (Team) 1. Orange Lutheran (Orange) 78. 2. Webb 108. 3. Desert Christian (Lancaster) 109. 4. Pasadena Poly 117. 5. Brentwood 125.

Boys:

(Div I) 1. -Margarito Casillas (Hoover, Glendale) 14:26. 2. -Alvaro Mejia (Birmingham, Van Nuys) 15:09. 3. **Brett Strahan (Hart, Newhall) 15:17. 4. -Paul de la Cerda (Hart, Newhall) 15:20. 5. -Alvaro Lopez (Hoover, Glendale) 15:22. 6. *Gavin Klinger (Hart, Newhall) 15:23. 7. -Keith Grossman (Hart, Newhall) 15:24. 8. -Jonny Eveleth (Hart, Newhall) 15:27. (Team) 1. Hart (Newhall) 28. 2. Belmont (L.A.) 100. 3. Bell 118. 4. Birmingham (Van Nuys) 141. 5. Huntington Park 182. 6. Taft (Woodland Hills) 198. 7. Millikan (Long Beach) 198.

(Div II) 1. -Ricardo Brewer (North, Bakersfield) 15:00. 2. -George Rivera (Delano) 15:18. (Team) 1. Saugus 46. 2. Burbank 61. 3. Loyola (L.A.) 94. 4. North, Bakersfield 130. 5. Delano 132.

(Div III) 1. -Marcus Ferrera (South Torrance) 15:01. 2. -Jeff Sneed (La Canada) 15:26. (Team) 1. Crescenta Valley 77. 2. Harvard-Westlake (No. Hollywood) 115. 3. South Torrance 129. (Div IV) 1. -Jose Sanchez (McFarland) 14:51. 2. -Antonio Ochoa (Salesian, L.A.) 15:05. 3. **Dave Mitchell (Morro Bay) 15:13. 4. -Leonard Diaz (Bell-Jeff, Burbank) 15:25. 5. -Dano Diaz (McFarland) 15:27. (Team) 1. McFarland 43. 2. Morro Bay 97. 3. Salesian (L.A.) 114. 4. La Salle (Pasadena) 124. 5. Maranatha (Sierra Madre) 139. 6. Whittier Christian (La Habra) 189. 7. Bell-Jeff (Burbank) 218. 8. Cathedral (L.A.) 223. 9. Laguna Beach 234. 10. Carpinteria 237.

(Div V) 1. Perkins (L.A. Baptist, Sepulveda) 16:05. (Team) 1. Desert Christian (Lancaster) 52. 2. Woodcrest Christian (Riverside) 96. 3. Flintridge Prep (La Canada) 109. 4. Pasadena Poly 118.

Foothill Invitational

Citrus College, Saturday, September 26.

This "San Gabriel Valley Invitational," hosted for the last couple of years by Coach Steve Hernandez and Nogales (La Puente) HS, expanded a bit to include some schools from other areas. The very fast, flat campus course at Citrus College yielded some quick times. Ramon Serratos (Duarte) was the day's quickest in his 14:46-14:55 win over Luis Baca (Rowland, Rowland Heights). On the Girls side, State Division III power South Pasadena had Catherine Litchfield record the day's quickest time of 18:14. Arroyo (El Monte) appears to be building for something special in the future with Boys 9th and 10th grade wins.

Results:

(Girls) (races combined) 1. *Catherine Litchfield (South Pasadena) 18:14. 2. **Liz Robles (Baldwin Park) 18:21. 3. *Lynette Alfaro (South Pasadena) 18:37. 4. *Elly Mann (La Puente) 18:48. 5. *Beth Hake (Arroyo, El Monte) 18:56. (Teams) (12th Grade) 1. San Gabriel 115. (11th) 1. South Hills (West Covina) 57. (10th) 1. San Gabriel 111. (9th) 1. Hesperia 97.

(Boys) (races combined) 1. -Ramon Serratos (Duarte) 14:46. 2. -Luis Baca (Rowland, Rowland Heights) 14:55. 3. -Steve Monje (South Hills, West Covina) 15:18. 4. -Luis Cervantes (Arroyo, El Monte) 15:25. 5. -Mike Dilberto (Covina) 15:30.

(Teams) (12th grade) 1. Rowland 96. (11th) 1. Hesperia 69. (10th) 1. Arroyo 66. (9th) 1. Arroyo 76.

Royal Invitational

Moorpark College, Saturday, September 26.

This was a weekend of very, very impressive team "blow-outs" in some fair size invitationals, with the Thousand Oaks (Boys) and Peninsula (Rolling Hills Estates) (Girls) teams showing a level of talent that few prep squads in the nation have.

Peninsula, following the impressive 17:56 course win by Kinney National Finalist and 10:39 3200m star, Maribella Aparicio (Fillmore), packed in five of the next six finishers to score a tiny 21 point total. The young Panther squad of Coach Joe Kelly appears to be the local one to keep nationally #1 ranked Agoura honest once again this Fall.

Thousand Oaks, another young group for Coach Jack Farrell, was nearly as good on the Boys' side, scoring 24 points, led by junior Bradon Del Campo's 15:33 individual title. This course runs very close timewise to Mt. SAC and Woodward Park, with the TO team time of very close to 80:00 kind of scary at this juncture of the season. TO is among the top dozen Boys teams in the nation.

Results:

(Girls) (Div I) 1. -Maribella Aparicio (Fillmore) 17:56. 2. **Molly Mehlberg (Peninsula, Rolling Hills Estates) 18:58. 3. *Jamie Artzner (Peninsula, RHE) 19:32. 4. **Mary Blake (Peninsula, RHE) 19:43. 5. **Lynn Snyder (Peninsula, RHE) 19:45. (Team) 1. Peninsula (RHE) 21. 2. Fillmore 98. 3. Newbury Park 108. 4. Channel Islands (Oxnard) 119.

(Div II) 1. -Jessica Gibbs (St. Bonaventure, Ventura) 21:47. (Team) 1. Santa Clara (Oxnard) 27.

(Boys) (Div I) 1. *Brandon Del Campo (Thousand Oaks) 15:33. 2. -Dan Minami (Peninsula, RHE) 15:36. 3. *Chad Aldrich (Thousand Oaks) 16:01. 4. -Chris Nardi (Quartz Hill) 16:03. 5. -Ryan Nugent (Thousand Oaks) 16:14. (Team) 1. Thousand Oaks 24. 2. Peninsula (RHE) 71. 3. Camarillo 106. 4. Nordhoff (Ojai) 108. 5. Fillmore 117.

(Div II) 1. *Jeff Loomis (Dos Pueblos, Goleta) 16:55. (Team) 1. Dos Pueblos (Goleta) 15.

Chaffey District Invitational

Red Hill Park, Rancho Cucamonga, Sat., September 26.

This meet brings together a group of schools from the west

end of San Bernardino County and the east end of L.A. County. A fine Upland High girls team, led by Kinney National Finalist Christina Blackmer, who won by nearly a minute from teammate Kelly Perkins in 17:55. In the Boys' contest, an improving Ayala (Chino) group, the newest of the Chino High Schools and a Division III local power, was the winner 44-50 over a good Upland team, with Ayala surprising with a sweep of all levels on the Boys side (also JV and Soph/Fresh). Jim Cera (Upland) continued his fine season with a full minute victory at 15:03.



CHRISTINA BLACKMER
Photo by Phillip Endoby

Results:

(Girls) 1. -Christina Blackmer (Upland) 17:55. 2. -Kelly Perkins (Upland) 18:40. 3. **Tania Nunez (Chino) 18:53. 4. September Cortes (Alta Loma) 18:56. 5. Amber Davidson (Alta Loma) 19:24. (Team) 1. Upland 37. 2. Chino 49. 3. Alta Loma 87. 4. Etiwanda 90.

(Boys) 1. -Jim Cera (Upland) 15:03. 2. **Jeff McLarty (Ayala, Chino) 16:03. 3. -Johnny Simpson (Upland) 16:10. 4. -Mike Pruitt (Ontario) 16:15. 5. Dan Strong (Chino) 16:16. u

RESULTS

Please send track & field / cross country results directly to: CTN, 4957 East Heaton, Fresno, CA 93727 or FAX (209) 255-4904.

Watermelon Runs

Sept. 5. Fresno State, 6, 4 & 2 Miles.

Overall Results - 6 Mile

Name	Time	Pod	Error
1 Jay Farnior	31:58	30:00	1:58
2 Goshu Tadese	32:19	34:00	1:41
3 Jose Sanchez	33:22	32:12	1:10
4 Shawn Young	35:30	36:00	:30
5 Craig Ella	35:44	36:00	:16
6 Joe Carnegie	35:50	32:20	3:30
7 Robert Spencer	35:53	39:00	3:07
8 Craig Stanley	36:10	36:00	:10
9 Robert Garcia	36:37	36:00	:37
10 Curt Ella	36:53	36:20	:33

Overall Results - 4 Mile

1 Jamey Harris (FSU)	20:00	20:00	0
2 Kevin Baxter (FSU)	20:13	20:05	:08
3 Curtis Alexander (FSU)	20:25	20:18	:07
4 Jason Lienau	20:28	20:40	:12
5 Dan Zoldak (FSU)	20:31	20:20	:11
6 Neff McGhie	20:34	20:30	:04
7 Tim Coburn (FSU)	20:36	20:24	:12
8 Rod Heskett	20:43	20:58	:15
9 Fernando Mendoza (FSU)	20:50	20:30	:20
10 Tom Counts (FSU)	20:59	20:50	:09

Overall Results - 2 Mile

1 David Naranjo	10:10	9:50	:20
2 David Tomerlin	10:14	10:00	:14
3 Jose Sanchez	10:25	10:30	:05
4 Tim Henry	10:34	10:18	:16
5 Andrew Harrison	10:40	10:25	:15
6 Luis Naranjo	10:45	10:15	:30
7 Joe Shannon	10:45	10:36	:10
8 Chris Coleman	10:48	10:18	:30
9 Issac Naranjo	10:59	10:10	:49
10 Dina Farage (FSU)	11:00	11:10	:10

Mesa X-C Invitational

Sept. 11. Morley Field, San Diego.

Men's Results - 4 Mile

1. Cesar Lopez (Mesa) 21:12, 2. Javier Lozano (Gossomort) 21:18, 3. Eli Gibbons (Mesa) 21:32, 4. Shaun Nichols (Fullerton) 21:44, 5. Shawn Cummins (Fullerton) 21:45, 6. Sergio Becerril (Glendale) 21:46, 7. Rick Matson (Saddleback) 21:47, 8. George Barajas (Ventura) 21:53, 9. Andrew Wignot (Santa Barbara) 22:18, 10. Erine Medrano (Glendale) 22:23.

11. Tim Day (Mesa) 22:27, 12. Julian Cuevas (LA Trade Tech) 22:30, 13. Jerome Smith (Santa Monica) 22:33, 14. Mike Smith (Glendale) 22:34, 15. Scott Fickerson (Ventura) 22:36, 16. Nate Abbate (Mesa) 22:40, 17. Jaime Lugo (Fullerton) 22:42, 18. Kris Avina (Glendale) 22:47, 19. Juan Gomez (Glendale) 22:49, 20. David Guenther (Ventura) 22:54.

21. Roman Morales (Ventura) 22:55, 22. Matt Gruner (Santa Monica) 23:00, 23. Luis Jacob (Glendale) 23:02, 24. Gary White (Mesa) 23:05, 25. Lucio Ocampo (LA Trade Tech) 23:05.

Women's Results - 5K

1. Sonya Hildebrand (Saddleback) 19:56, 2. Dolores Rivas (Glendale) 20:25, 3. Marcia

Larson (Mesa) 21:04, 4. Kelly Olson (Grossmont) 21:30, 5. Eleanore Chianello (Mira Costa) 21:34, 6. Valerie Aceves (Ventura) 21:37, 7. Liz Rojas (Fullerton) 21:48, 8. Edi Gomez (Saddleback) 21:59, 9. Melissa Bramlett (Ventura) 22:02, 10. Kimberly Lugo (Pasadena CC) 22:12.

11. Sheri Yokozeki (Santa Monica) 22:23, 12. Stephanie Ashman (Saddleback) 22:25, 13. Melissa Martinez (Santa Monica) 22:26, 14. Buffy Locher (Grossmont) 22:30, 15. Belinda Saucedo (Ventura) 22:44, 16. Jennifer Trunk (Santa Barbara CC) 22:48, 17. Gloria Arana (Mesa) 22:53, 18. Michelle Delgado (Pasadena CC) 22:55, 19. Gail Zucker (San Diego CC) 22:55, 20. Jennifer Kimpton (Ventura) 22:57.

21. Aida Cortez (Glendale) 23:01, 22. Amy Cannole (Grossmont) 23:04, 23. Robyn Kahle (Santa Monica) 23:05, 24. Isabel Saucedo (Ventura) 23:06, 25. Annelie Isaksson (San Diego) 23:06.

Fresno State X-C Invitational

Sept. 12. Woodward Park, Fresno.

Men's Results - 5 Mile

Team Scores: 1. California 35, 2. Fresno State 36, 3. Nevada 82, 4. FSU Alumni 82, 5. UC Riverside 141.

Individuals:

1. Richie Boulet (Cal) 24:55, 2. Jamey Harris (FSU) 24:58, 3. Armando Siqueros (Aggie TC) 25:18, 4. Jason Lienau (FSU Alumni) 25:19, 5. Matt Ebner (Gardena Reebok) 25:23, 6. Dan Zoldak (FSU) 25:28, 7. Steven Lopez (GDGTC) 25:37, 8. Peter Woods (Nevada) 25:44, 9. Andy Bupp (Cal) 25:46, 10. Kevin Baxter (FSU) 25:47.

11. Mark Douglas (Cal) 25:51, 12. Tesfaye Beyene (Cal) 25:54, 13. Tim Coburn (FSU) 25:58, 14. Ben Turman (Cal) 26:04, 15. Neff McGhie (FSU Alumni) 26:07, 16. Ryan Winn (Reebok Aggies) 26:08, 17. Curtis Alexander (FSU) 26:08, 18. Edgar Montes (Nevada) 26:13, 19. Rod Heskett (FSU Alumni) 26:14, 20. David Tejedor (Nevada) 26:16.

21. Tom Counts (FSU) 26:17, 22. Joel Hamilton (Nevada) 26:19, 23. Bill Lind (Team Select) 26:30, 24. Fernando Mendoza (Unat) 26:33, 25. Kien-Wu Tseng (Nevada) 26:43.

Women's Results - 5000m

Team Scores: 1. California 39, 2. Nevada 44, 3. Fresno State 61, 4. UC Riverside 98, 5. Sacramento State 114.

Individuals:

1. Janet Bowie (Cal) 17:41, 2. Shannon Lieder (FSU) 18:01, 3. Lisa Myles (Nevada) 18:16, 4. Tenaya Soderman (Cal) 18:28, 5. Rachel Juarez (Nevada) 18:41, 6. Tami Dobel (Cal) 18:51, 7. Melissa Pardini (UC

Riverside) 18:54, 8. Kelley Swinney (Nevada) 19:05, 9. Stacey Moseley (Unat) 19:05, 10. Andrea Byers (San Jose TC) 19:11.

11. Rochelle Hair (Nevada) 19:12, 12. Evelyn Martino (FSU) 19:13, 13. Noelle Righter (FSU) 19:13, 14. Celina Bach (Cal) 19:19, 15. Eva Bell (FSU) 19:24, 16. Kim Nemanic (Sac St) 19:28, 17. Jackie Dineen (UC Riverside) 19:42, 18. Saskia Hostetter (Cal) 19:47, 19. Nicole Cosindas (Sac St) 19:57, 20. Ginny Mommson (Cal) 20:03.

21. Genevieve Farnady (Nevada) 20:06, 22. Penny Walter (Nevada) 20:06, 23. Sheria Moses (UC Riverside) 20:08, 24. Dusty Finley (Nevada) 21:06, 25. Maria Montoya (UC Riverside) 21:09.

Fullerton Invitational

Sept. 12. CS Fullerton.

Men's Results

Team Scores: 1. CS Fullerton 19, 2. CS Northridge 77, 3. San Diego State 90, 4. Long Beach State 105, 5. USC 131, 6. St. Mary's 195.

Individuals: 1. Mike Tansley (CSUF) 24:36, 2. Tyrus Deminter (Unat) 24:44, 3. Sasha Vujic (CSUN) 24:47, 4. Steve Frisone (Unat) 24:49, 5. Angel Roman (Unat) 24:51, 6. Dave Schumacher (Unat) 25:10, 7. Leon Shordon (Unat) 25:36, 8. Jose Serrano (CSUF) 25:41, 9. Brian Johnson (CSUF) 25:46, 10. Rene Gutierrez (CSUF) 25:47.

11. Tom Castro (CSUF) 25:49, 12. Pedro Ortiz (Unat) 25:53, 13. Marty Baratti (CSUF) 26:01, 14. Lucio Brito (CSUF) 26:03, 15. Jim Swinson (SDSU) 26:04, 16. Andre Faubert (LBCC) 26:12, 17. Tony Castellon (Unat) 26:14, 18. Cary Gregorio (Unat) 26:25, 19. Brian Goosey (CSUN) 26:28, 20. Robert Walker (LBCC) 26:28.

21. Scott Umer (Unat) 26:42, 22. Jon Chaikitirattara (LBSU) 26:47, 23. Cruz Rodriguez (SDSU) 26:51, 24. Paul Martineau (CSUF) 26:52, 25. Bruce Tyner (Unat) 26:58.

Women's Results

Team Scores: 1. UC Irvine 27, 2. CS Fullerton 46, 3. Long Beach State 80, 4. CS Northridge 84, 5. UNLV 152, 6. USC 210.

College: 1. Azusa Pacific 15.

Individuals: 1. Traci Goodrich (UCI) 17:43, 2. Heather Killen (CSUF) 17:49, 3. Jade Preato (UCI) 18:09, 4. Beth McG (Unat) 18:13, 5. Tiffany Yerk (UCI) 18:26, 6. Kristin Peters (CSUF) 18:32, 7. Reyna Cervantes (UCI) 18:37, 8. Brooke Mabe (LBSU) 18:38, 9. Diane McCarthy (UNLV) 18:39, 10. Ruth Viramontes (CSUF) 18:43.

11. Lucinda Reyes (CSUF) 19:10, 12. Michelle Ishio (CSUN) 19:12, 13. Kelly Coster (LBSU) 19:14, 14. Tania Brk (UCI) 19:16, 15. Denisha Bendz (Unat) 19:26, 16. Martha Luna (UCI) 19:29, 17. Lori Miller (CSUN) 19:31, 18. Steffie Abrazak (LBSU) 19:43, 19. Julie Chick (CSUN) 19:47, 20. Alva Oancel (CSUN) 19:54.

21. Terri Falcon (Unat) 19:55, 22. Lisa Bower (LBSU) 20:01, 23. Jo Green (Unat) 20:02, 24. Barbara Kozlowski (CSUF) 20:03, 25. Kim Robinson (UCI) 20:06.

Humboldt State Invitational

Sept. 12. Humboldt State.

Men's Results - 5.15 Mile

Team Scores: 1. Humboldt State 20, 2. Chico State 50, 3. Stanislaus State 72.



JANET BOWIE
Photo by Bill Cockerham

RESULTS



Start of men's race at Fresno State X-C Invitational—California, Nevada, Fresno State and UC Riverside.

Photo by Bill Cockerham

1. Mike Spencer (Reebok Aggies) 25:57, 2. Randy Accatta (Reebok Aggies) 26:08, 3. Jake Furber (Hoy Sports) 26:16, 4. Chris Parmer (Humboldt St) 26:18, 5. Reed Elmore (Humboldt St) 26:23, 6. Kenny Brown (Unat) 26:25, 7. Billy Ricketts (Chico St) 26:27, 8. Phillip DeMontigny (Humboldt St) 26:36, 9. David Goodrich (Unat) 26:37, 10. Mike Tapia (CSU Stanis) 26:56.

11. Scott Whitham (Humboldt St) 27:03, 12. Dave Wasserman (Humboldt St) 27:04, 13. Cory Trovinger (Humboldt St) 27:04, 14. Jerry Draw (Unat) 27:04, 15. Scott Kennedy (Unat) 27:06, 16. Chris Douville (Humboldt St) 27:11, 17. Ian Blain (Unat) 27:15, 18. Dan Olmstead (Chico St) 27:16, 19. Lou Ortiz (Humboldt St) 27:34, 20. Peter O'Reilly (Hoy Sports) 27:36.

Women's Results - 3.1 Mile

Team Scores: 1. Stanislaus State 38, 2. Humboldt State 38, 3. Chico State 49.

1. Melissa Martell (Unat) 18:21, 2. Carrie Luis (Stanis. Sta) 18:58, 3. Heather Scobie (Chico St) 19:01, 4. Cynthia Carison (Chico St) 19:17, 5. Megan Sheehy (Chico St) 19:18, 6. Denise Walker (Unat) 19:20, 7. Sara Flores (Humboldt St) 19:42, 8. Alicé Atkinson (Humboldt St) 13:57, 9. Gerry Seymour (Humboldt St) 29:00, 10. K. Ostella (Chico St) 20:02.

11. Summer Eckberg (Humboldt St) 20:06, 12. Darbi Zedeker (Stanis., St) 20:19, 13. Jim Souza (Humboldt St) 20:27, 14. Natalie Gage (Stanis St) 20:28, 15. Erica Greene (Stanis St) 20:33

Toto International Track & Field Meet

Sept. 18. Tokyo, Japan.

Men's Results

100-A: 1. Dennis Mitchell (USA) 10.18, 2. Carl Lewis (USA) 10.25, 3. Frank Fredericks (Namibia) 10.27. **100-B:** 1. Hideki Onohara (Japan) 10.42, 2. Ray Stewart (Jamaica) 10.45, 3. Talsuo Sugimoto (Japan) 10.52. **200:** 1. Mike Marsh (USA) 20.59, 2. Floyd Heard (USA) 21.23, 3. Hiraki Fuwa (Japan) 21.34.

400: 1. Steve Lewis (USA) 45.22, 2. Masayoshi Kan (Japan) 46.26, 3. Kollit Ito (Japan) 46.28.

800: 1. Johnny Gray (USA) 1:48.13, 2. Yo-

shito Konno (Japan) 1:48.22, 3. Junichi Oraki (Japan) 1:49.83.

1500: 1. Mohamed Suialman (Qatar) 3:40.72, 2. William Tanui (Kenya) 3:41.23, 3. Rachid El-Basir (Morocco) 3:42.81.

10,000: 1. Khalid Skah (Morocco) 27:25.88, 2. Alois Nijigama (Maldiv Islands) 28:11.02, 3. Yosuke Osawa (Japan) 28:16.01.

110 Hurdles: 1. Tony Dees (USA) 13.64, 2. Jack Pierce (USA) 13.68, 3. Nobuaki Hoki (Japan) 14.01.

400 Hurdles: 1. Winthrop Graham (Jamaica) 49.47, 2. Hidekazu (Japan) 49.64, 3. Shunil Karube (Japan) 50.10.

400 Relay: 1. United State (Mike Marsh,

1992 NCAA Division II Cross Country Ranking

(as of October 5)

MEN

- 1 Adams State (CO)
- 2 Western State (CO)
- 3 Cal Poly San Luis Obispo
- 4 Nebraska-Kearney
- 5 Edinboro (PA)
- 6 South Dakota State
- 7 Lewis (IL)
- 8 Mankato State (MN)
- 9 Cal Poly Pomona
- 10 Keene State (NH)
- 11 Massachusetts-Lowell
- 12 Northeast Missouri

- 13 Shippensburg (PA)
- 14 Humboldt State
- 15 Emporia State (KS)
- 16 California-Davis
- 17 Central Missouri
- 18 Univ. North Dakota
- 19 Oakland (MI)
- 20 Grand Canyon (AZ)

Compiled by Chris Rinne
Univ. of California, Riverside

WOMEN

- 1 Cal Poly SLO
- 2 Adams State
- 3 UC Davis
- 4 South Dakota State
- 5 U North Dakota
- 6 Augustana
- 7 Pittsburgh St.
- 8 CS Los Angeles
- 9 Edinboro
- 10 Western State
- 11 Springfield
- 12 Millersville
- 13 CSU Stanislaus

- 14 SIU Edwardsville
- 15 Air Force
- 16 St. Cloud
- 17 UC Riverside
- 18 Slippery Rock
- 19 North Dakota St.
- 20 Indianapolis
- 21 IUP
- 22 Humboldt
- 23 Chico
- 24 Saginaw Valley
- 25 Lewis U.

RESULTS

Leroy Burrell, Floyd Heard, Carl Lewis) 39.18, 2. Japan A 39.76, 3. Japan B 40.20.
HJ: 1. Hollis Conway (USA) 7-2 1/2, 2. Michiya Onoue (Japan) 7-0 1/2, 3. Shigaki Toyoshima (Japan) 7-0 1/2.

PV: 1. Sergey Bubka (Ukraine) 20-1 1/2 WR, 2. Maksim Taratov (Russia) 18-8 1/2, 3. Vasily Bubka (Ukraine) 18-4 1/2.

JT: 1. Jan Zelezny (Czech) 295-10 1/2, 2. Seppo Raty (Finland) 289-10 3/4, 3. Harri Hakkarainen (Finland) 258-7 1/2.

LJ: 1. Mike Powell (USA) 27-5, 2. Mike Conley (USA) 26-3 3/4, 3. Masaki Morinaga (Japan) 25-11 1/2.

TJ: 1. Mike Conley (USA) 56-9, 2. Frank Rutherford (Bahama) 53-10, 3. Charles Simpkins (USA) 53-9 1/4.

Women's Results

100: 1. Gwen Torrence (USA) 11.43, 2. Juliet Cuthbert (Jamaica) 11.76, 3. Toshie Kitada (Japan) 12.07.

400: 1. Olga Bryzghina (Ukraine) 50.97, 2. Ximena Restrepo (Colombia) 52.34, 3. Ai Ota (Japan) 54.31.

800: 1. Ellen Van-Langen (Holland) 2:05.03, 2. Lilia Nurutdinova (Russia) 2:05.35, 3. Mariko Ikeda (Japan) 2:08.57.

3000: 1. Tallana Dorovskikh (Ukraine) 9:10.05, 2. Harumi Suzuki (Japan) 9:10.32, 3. Angela Chalmers (Canada) 9:12.62.

5000: 1. Elena Romanova (Russia) 15:33.05, 2. Mariko Hara (Japan) 15:40.37, 3. Yukiko Kiyomiya (Japan) 15:43.49.

300 Hurdles: 1. LaVonne Martin (USA) 13.31, 2. Naomi Jolina (Japan) 13.71, 3. Ayumi Sasaki (Japan) 13.78.

400 Hurdles: 1. Sandra Farmer-Patrick (USA) 58.69, 2. Junko Hasegawa (Japan) 58.51, 3. Akeni Sato (Japan) 1:00.41.

HJ: 1. Stefka Kostadinova (Bulgaria) 6-6 3/4, 2. Galina Astafel (Romania) 6-3 1/4, 3. Megumi Sato (Japan) 6-0 3/4.

TJ: 1. Sheila Hudson (USA) 42-0 3/4, 2. Yoko Marjoka (Japan) 41-6 1/2, 3. Minako Isogai (Japan) 40-3.

JT: 1. Natalya Skolenko (Belarus) 200-7 3/4, 2. Akiko Miyalima (Japan) 180-2 1/4, 3. Emi Matsui (Japan) 177-6.

Nike/UC Irvine Invitational

Sept. 19, Irvine Regional Park, Orange.

Men's "A" Results - 8000m

Team Scores: 1. New Mexico 58, 2. UCLA 61, 3. Weber State 97, 4. Northern Arizona 115, 5. No. Texas 117, 6. CS Fullerton 131, 7. Cal Poly Pomona 168, 8. Arizona State 172, 9. UC Santa Barbara 200.

Individuals: 1. Elizazar Herrera (UCLA) 25:30, 2. Dave Barney (Unat) 25:31, 3. Brett Bonenberger (NAU) 25:34, 4. John Donnelly (UNM) 25:36, 5. Sasha Vujic (CSUN) 25:58, 6. Jose Garcia (Occidental) 26:01, 7. Mike Tansley (CSUF) 26:06, 8. Erin Scroggins (ASU) 26:07, 9. Nate Hammer (NAU) 26:09, 10. Paris Pena (CPP) 26:11.

11. Jeff Newland (UNM) 26:15, 12. Chris Jones (Weber St) 26:18, 13. Daniel Niednagal (UCLA) 26:20, 14. Pedar Undh (UNM) 26:21, 15. James McGee (No. Texas)

26:27, 16. Guy Perry (Weber St) 26:28, 17. Bryon DeVore (UCLA) 26:29, 18. Duane West (Weber St) 26:30, 19. Patrick Mulkey (UNM) 26:34, 20. Creighton Harris (UCLA) 26:38.

21. Matt Haugen (UCSB) 26:45, 22. Troy Rowtham (UCLA) 26:46, 23. Keith Reiger (UNM) 26:53, 24. John Gardiner (No. Texas) 26:54, 25. Konstantine Kindreich (Occidental) 26:55.

Men's "B" Results - 8000m

1. Mark LaPlant (Track West) 27:01, 2. Dave Schumacher (Beach TC) 27:04, 3. Will Allan (Occidental) 27:14, 4. James Moore (CSLA) 27:22, 5. George Castro (Track West) 27:40, 6. Mike Nielsen (UCI) 27:44, 7. Brian Hild (UCI) 27:55, 8. Brian Goodsey (CSUN) 27:58, 9. Jose Padilla (CSLA) 28:02, 10. Todd Coulston (UCI) 28:04.

Team Scores: 1. UCIrvine 47, 2. CS Los Angeles 82, 3. Occidental 92, 4. Long Beach State 103, 5. CS Northridge 125.

Women's "A" Results - 5000m

Team Scores: 1. Arkansas 38, 2. Northern Arizona 54, 3. UC Irvine 110, 4. UCLA 129, 5. CS Fullerton 131, 6. Arizona State 137, 7. Oklahoma 145, 8. Weber State 161, 9. New Mexico 223.

Individuals: 1. Kay Gooch (Oklahoma) 17:40, 2. Tracy Jarman (NAU) 17:47, 3. Michelle Byrne (Arkansas) 17:52, 4. Shelley Taylor (Arkansas) 17:55, 5. Pauline Durran (Arkansas) 17:58, 6. Kristi Kalinnert (NAU) 18:00, 7. Traci Goodrich (UCI) 18:04, 8. Heather Killeen (CSUF) 18:05, 9. Kristin Peters (CSUF) 18:11, 10. Karen Hecox (UCLA) 18:13.

11. Deena Drossin (Arkansas) 18:15, 12. Jani Cushman (NAU) 18:21, 13. Kelly Cordell (ASU) 18:23, 14. Kelly Dix (UNM) 18:24, 15. Jamie Park (Arkansas) 18:27, 16. Calley Nelson (NAU) 18:29, 17. Jade Preato (UCI) 18:36, 18. Christy Michaels (NAU) 18:39, 19. Kim Mount (Arkansas) 18:43, 20. Rosa Reyes (Oklahoma) 18:45.

21. Larah Treadwell (NAU) 18:51, 22. Beth Bartholomew (UCLA) 18:53, 23. Kira Jorgensen (UCLA) 18:54, 24. Rene Pillow (Arkansas) 18:58, 25. Martha Luna (UCI) 18:59.

Women's "B" Results - 5000m

1. Kara Bradbury (UCSB) 19:00, 2. Beckie Levy (UCSB) 19:02, 3. Brooke Mabe (LB St) 19:04, 4. Kelly Coster (LB St) 19:05, 5. Jenean Solirells (Track West) 19:13, 6. Michele Ishlo (CSUN) 19:14, 7. Donna Chadwick (Track West) 19:16, 8. Katie Cunningham (Track West) 19:25, 9. Lori Miller (CSUN) 19:27, 10. Deanna Hadley (UCSB) 19:29.

Team Scores: 1. UC Santa Barbara 36, 2. Long Beach State 59, 3. Cal State Northridge 76, 4. Cal Poly Pomona 154.

Stanislaus State Invitational

Sept. 19, Legion Park, Modesto.

Men's Results - 8K

Team Scores: 1. Humboldt State 38, 2. UC Davis 66, 3. Chico State 70, 4. Fresno Pacific 80, 5. Stanislaus State 110. Non-

Scoring: Sacramento St., Notre Dame, SFSU.

1. Goshu Tadese (Fresno Pac) 25:16, 2. Chirs Parmer (Humboldt St) 25:31, 3. Rick Herr (Unat) 25:50, 4. Kenny Brown (Unat) 25:51, 5. Reed Elmore (Humboldt) 25:54, 6. Mike Tapia (Stanis St) 25:54, 7. Scott Metzger (Davis) 26:00, 8. Billy Ricketts (Chico) 26:04, 9. Jason Lindholm (Fresno Pac) 26:04, 10. Cory Trovinger (Humboldt) 26:13.

11. Jeff Pauley (Chico) 26:15, 12. Phil Rocheleau (Davis) 26:16, 13. Scott Whitam (Humboldt) 26:17, 14. Jose Sanchez (Fresno Pac) 26:21, 15. Ian Blair (Unat) 26:24, 16. Dirk Van De Poi (Davis) 26:26, 17. Chris Douville (Humboldt) 26:27, 18. Phil Kibridge (Davis) 26:29, 19. Dave Wasserman (Humboldt) 26:32, 20. Larry Trovinger (Davis) 26:42.

Women's Results - 5K

Team Scores: 1. UC Davis 25, 2. Stanislaus State 67, 3. Humboldt State 88, Chico State 88, 5. Sacramento 136, 6. Fresno Pacific 156, 7. Mills College 210, 8. Univ. of Pacific 238, 9. Notre Dame 267.

1. Jenn Feller (Davis) 18:31, 2. Carrie Luis (Stanis St) 18:42, 3. Shirley Rofas-Weller (Fresno Pac) 18:46, 4. Laura Doering (Davis) 18:48, 5. Janet Roller (Davis) 18:53, 6. Suzy

Jones (Davis) 18:58, 7. Kim Nemanie (Sacto) 19:00, 8. Heather Scobie (Stanis St) 19:04, 9. Diana Harlick (Unat) 19:05, 10. Suzanne Haas (Davis) 19:11.

11. Cynthia Carlson (Chico) 19:19, 12. Sara Flores (Humboldt) 19:21, 13. Jennifer Johnson (Davis) 19:32, 14. Patti Smith (Davis) 19:41, 15. Megan Sheehy (Chico) 19:44, 16. Estella Romo (Chico) 19:48, 17. Alice Atkinson (Humboldt) 19:50, 18. Summer Eckberg (Humboldt) 19:50, 19. Darbi Zediker (Stanis St) 19:50, 20. Erica Greene (Stanis St) 19:51.

Aggie Invitational

Sept. 26, U.C. Davis.

Men's Results - 10K

Team Scores: 1. Reebok Aggies R.C. 32, 2. Cal Berkeley 47, 3. Fresno State 77, 4. Boho 135, 5. Reebok Aggies 30+ 163, 6. UC Davis 'A' 178, 7. Stanislaus 305, 8. GSTC 386, 9. Santa Clara 387, 10. UC Davis 'B' 455, 11. St. Mary's 526, 12. USF 535.

Individuals: 1. Ohn's Schille (Reebok Ag) 30:43, 2. Jamey Harris (Fresno State) 30:46, 3. Armando Aiqueiros (Reebok Ag) 30:49, 4. Dan Zoidak (Fresno St) 31:24, 5. Andy Bupp (Cal) 31:25, 6. Richie Boulet (Cal) 31:26, 7. Mike Spencer (Reebok Ag)

Sporthill NCAA Div. I Cross Country Poll (As of October 6, 1992)

Men

Place	Team	Points
1	Arkansas	450
2	Arizona	424
3	Wisconsin	410
4	Villanova	397
5	Providence	371
6	Notre Dame	346
7	South Florida	310
8	Iowa State	293
9	Wake Forest	284
10	Eastern Michigan	277
11	Colorado	257
12	Navy	248
13	Michigan	212
14	Air Force	207
15	North Carolina State	190
16	Penn State	187
17	Washington	181
18	Oregon	150
19	Georgetown	135
20	Brigham Young	123
21	New Mexico	83
22	Colorado State	51
23	East Tennessee State	46
24	Tennessee	44
25	Montana State	33

Others receiving votes: Kansas

27, UCLA 16, Illinois 13, Northern Arizona 13, Baylor 11, Clemson 11, Dartmouth 10, Kansas State 9, Illinois State 6, Boston College 3, Iowa 3, Texas 3, UTEP 3, Stanford 2, Cal Poly SLO 2.

Women

Place	Name	Points
1	Villanova	200
2	Arkansas	192
3	Northern Arizona	182
4	Wisconsin	178
5	Cornell	158
6	Brigham Young	154
7	Providence	153
8	Michigan	143
9	Oregon	125
10	Georgetown	114
11	Michigan State	111
12	Georgia	110
13	Penn State	103
14	Virginia	99
15	Arizona	97
16	Baylor	74
17	North Carolina State	72
18	Nebraska	64
19	Stanford	58
20	Colorado	43
21	UC Irvine	41
22	Florida	29
23	Kansas State	27
24	Eastern Michigan	17
25	Texas-San Antonio	16

RESULTS

31:29, 8. Rob Anex (Reebok Ag) 31:30, 9. Ben Turman (Cal) 31:39, 10. Jeff Shaver (Reebok Ag) 31:39.

11. Mark Douglas (Unat) 31:44, 12. Dan Stefanisko (Boho) 31:49, 13. Charles Alexander (Reebok Ag) 31:53, 14. Kevin Baxter (Fresno St) 31:56, 15. Rick Herr 31:59, 16. Steve Zirkebach (Cal) 32:03, 17. Testaye Boyene (Cal) 32:05, 18. David Goodrich (Unat) 32:07, 19. Mike Tapia (Stanis St) 32:08, 20. Kenny Brown (Rohnert Park) 32:09.

Women's Results - 5K

Team Scores: 1. Impala *A* 41, 2. Reebok Aggles 69, 3. UC Davis 79, 4. GSFTC 156, 5. Fresno State 166, 6. Stanislaus State 182, 7. Cal Berkeley 187, 8. Impala *B* 217, 9. Sacramento State 306.

Individuals: 1. Chris Boyd (Santa Rosa) 17:31, 2. Shannon Lieder (Fresno St) 17:36, 3. Jen Cobb (Impala A) 17:38, 4. Robyn Berry (GSFTC) 17:39, 5. Kristina Hand (Reebok Ag) 17:43, 6. Jeannie Sapienza (Impala A) 17:45, 7. Janet Roller (UC Davis) 17:48, 8. Jennifer Cubillas (Impala A) 17:51, 9. Jen Thatcher (Impala A) 17:58, 10. Patti Smith (UC Davis) 18:01.

11. Jen Feller (UC Davis) 18:02, 12. Nanette Garcia (Reebok Ag) 18:02, 13. Lisa Geoffrian (GSFTC) 18:02, 14. Aeron Arlin (Unat) 18:03, 15. Trish Stone (Impala A) 18:03, 16. Tenaya Soderman (Cal) 18:15, 17. Stacey Moseley (San Jose) 18:16, 18. Linda Spaargaren (Reebok Ag) 18:16, 19. Susie Jones (UC Davis) 18:19, 20. Shannon Sweeney (Reebok Ag) 18:20.

Fresno Pacific X-C Invitational

Sept. 26. Woodward Park, Fresno.

Men's Results - 8000m

Team Scores: 1. Stanford 31, 2. Cal Poly SLO 41, 3. Taft 71, 4. Fresno Pacific 98, 5. Biola 136, 6. Fresno City 151.

Individuals: 1. Gary Stolz (Stanford) 25:24, 2. Dan Berkeland (Cal Poly SLO) 25:30, 3. Todd Lewis (Stanford) 25:44, 4. Richard Raya (Cal Poly SLO) 25:46, 5. Mike Reilly (Stanford) 25:56, 6. Pat Zweifel (Cal Poly SLO) 26:00, 7. Colin Johnston (Taft) 26:03, 8. Cruz Gallegos (Taft) 26:07, 9. Brian McCaffery (Stanford) 26:13, 10. Goshu Tadese (Fresno Pac) 26:15.

11. Donell Johnson (Taft) 26:15, 12. Jason Lindholm (Fresno Pac) 26:19, 13. Rob Reeder (Stanford) 26:24, 14. Kevin Berkowitz (Cal Poly SLO) 26:28, 15. Scott Werve (Cal Poly SLO) 26:30, 16. Dan Held (Cal Poly SLO) 26:35, 17. Derek Bork (Stanford) 26:46, 18. Jose Sanchez (Fresno Pac) 26:50, 19. Victor Lang (Cal Poly SLO) 26:50, 20. Eric Spayde (Stanford) 26:52.

Women's Results - 5000m

Team Scores: 1. Stanford 29, 2. Cal Poly SLO 37, 3. St. Mary's 107, 4. Biola 141, 5. Fresno Pacific 146, 6. Santa Clara 154.

Individuals: 1. Louise Watson (Stanford) 18:09, 2. Jennifer Lacovara (Cal Poly SLO) 18:19, 3. Elizabeth Onyambu (Biola) 18:24, 4. Angela Orifice (Cal Poly SLO) 18:29, 5. Christine Dehlendorf (Stanford) 18:31, 6. Sarah Truitt (Stanford) 18:32, 7. Nika Horn (Cal Poly SLO) 18:36, 8. Laura Hayward (Stanford) 18:37, 9. Kay Luo (Stanford) 18:40, 10. Melissa Freeburg (Stanford) 18:50.

11. Kelly Flathers (Cal Poly SLO) 18:54, 12. Shirley Weller (Fresno Pac) 18:56, 13. Sherry Calvert (Cal Poly SLO) 19:02, 14.

Vicki Peterson (Cal Poly SLO) 19:10, 15. Arpan Melwani (St. Mary's) 19:19, 16. Chraghn Foss (Cal Poly SLO) 19:24, 17. Gretchen Schielke (Cal Poly SLO) 19:26, 18. Ann Sonka (Stanford) 19:30, 19. Kim McElhinny (Stanford) 19:37, 20. Amy Cohon (Fresno St) 19:40.

UC Riverside Invitational

Sept. 26. Riverside.

Men's Results

Team Scores: 1. Riverside 64, 2. Pt. Loma 88, 3. CS Fullerton 126, 4. Grand Canyon 171, 5. Occidental 188, 6. UC Irvine 220, 7. San Diego Mesa 234, 8. UC San Diego 235, 9. CS Los Angeles 315, 10. Cal Poly Pomona 325.

11. Redlands 328, 12. Pt. Loma TC 343, 13. San Diego State 375, 14. Claremont Mudd 423, 15. CS Northridge 433, 16. Univ. of San Diego 442, 17. UC Riverside 491, 18. Pepperdine 525, 19. So Cal College 569, 20. Pomona Pitzer 572, 21. Loyola Marymount 601, 22. Masters College 622.

Individuals: 1. Alamy Roba (Riv) 24:34, 2. Steve Frisone (Unat) 24:46, 3. Shanon Winkelman (Unat) 24:54, 4. Cesar Lopez (SD Mesa) 25:00, 5. Robert Kater (Pt. Loma) 25:03, 6. Sasha Vujil (Northridge) 25:04, 7. Mike Tansley (CS Fullerton) 25:09, 8. Jose Garcia (Oxy) 25:10, 9. Scott Lardner (Pt. Loma) 25:11, 10. Gray Mavher (Riv) 25:21.

11. M. Mazano (Riv) 25:24, 12. Passmore Furusa (Riv) 25:27, 13. Ken Hall (PLTC) 25:29, 14. Lenny Clark (Grand Canyon) 25:34, 15. Creighton Harris (UCLA) 25:39, 16. Konstantine Kindrei (Oxy) 25:40, 17. Mike Wangler (Unat) 25:41, 18. Rob Barrios (Grand Canyon) 25:49, 19. Robert Mata (UCLA) 25:59, 20. Brian Hild (UC Irvine)

26:00, 21. Kenneth Jansson (Pt. Loma) 26:01, 22. Bryan Wallbank (Pt. Loma) 26:01, 23. Will Alan (Oxy) 26:03, 24. Sean O'Hara (PLTC) 26:13, 25. Tom Casto (CS Fullerton) 26:15.

Women's Results

Team Scores: 1. UCLA 38, 2. CS Fullerton 57, 3. CS Los Angeles 78, 4. Occidental 159, 5. CS Northridge 167, 6. UC San Diego 192, 7. UC Riverside 204, 8. Irvine Valley 234, 9. Claremont Mudd 252, 10. UC Irvine Frosh 259.

11. Cal Poly Pomona 282, 12. Pt. Loma 294, 13. San Diego State 334, 14. Azusa Pacific 383, 15. Pepperdine 415, 16. Univ. of San Diego 427, 17. Saddleback College 427, 18. Grand Canyon 444, 19. Riverside Comm. College 485, 20. Univ. of Nevada, Las Vegas 494, 21. Loyola Marymount 640.

Individuals: 1. Polly Plumer (Nike Cst) 17:02, 2. Heather Killeen (CS Fullerton) 17:13, 3. Karen Hecox (UCLA) 17:27, 4. Kristin Peters (CS Fullerton) 17:44, 5. Beth Bartholomew (UCLA) 17:58, 6. Kira Jorgensen (UCLA) 18:01, 7. Guadalupe Ambriz (Pt. Loma) 18:02, 8. Marisol Cossio (CSLA) 18:04, 9. Jen Ash (UCLA) 18:13, 10. Melissa Pardini (Riv) 18:15.

11. Rosa Cazares (CSLA) 18:23, 12. Ruth Viramontes (CS Fullerton) 18:25, 13. Kim Ojeda (CSLA) 18:26, 14. Michelle Trimble (Unat) 18:26, 15. Tanya Brix (UC Irvine Frosh) 18:28, 16. Lucinda Reyes (CS Fullerton) 18:32, 17. Becky Kopchik (Oxy) 18:32, 18. Arcelia Gomez (Oxy) 18:41, 19. Wafa Hanna (UC San Diego) 18:44, 20. Michelle Ishio (Northridge) 18:45.

21. Amy Davidson (UCLA) 18:48, 22. Lori Miller (Northridge) 18:50, 23. Gloria Barron (UCLA) 18:55, 24. Sonja Hildabrand (Saddleback) 18:55, 25. Marisol Pedraza (CSLA) 18:56.

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