

PACIFIC Athlete



Pacific Association of USA Track & Field

September-October, 1994 • \$2

Track and Field, Long Distance Running, and Racewalking in Northern California and Northern Nevada

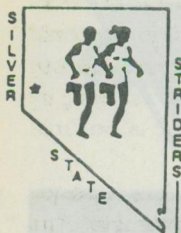
CITY OF SAN FRANCISCO MARATHON '94

Complete Results Inside



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- Trason Stars at Western States
- Cross Country Preview
- J.O. Championship Results

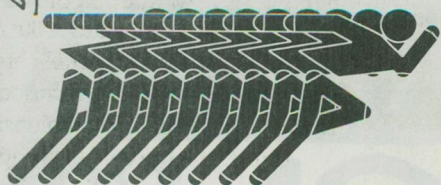


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IN SPARKS / RENO, NV-- (9:00 AM) -- SUNDAY, SEPT. 25, 1994

WINNERS AND PARTICIPANTS QUALIFY FOR CASH AWARDS AND / OR AIRLINE TICKETS BASED ON FINISHING TIMES AND AGE GROUPS. AWARDS CEREMONY, PRIZE DRAWINGS, ENTERTAINMENT AND FOOD FOLLOWING THE EVENT.

Good times await you at the 1994 SILVER STATE RUN at Cottonwood Park, Sparks, Nevada. We promise you lots of fun, a great race and friendliness. Register today for this great event. You will have the opportunity to win great prizes regardless of your finishing time. All proceeds benefit two non-profit organizations; the MDA of Northern Nevada and the Silver State Striders Junior Club. A substantial contribution to MDA is expected from direct pledges. A pledge kit, awards list, race info, packet pick up site and course map will be mailed out with application receipt confirmation.

ENTRY FORM (MAY BE DUPLICATED) USATF CLUB NAME _____ USATF # _____

FIRST NAME: _____ M.I.: _____ LAST NAME: _____

ST. ADDRESS: _____ CITY/STATE: _____ ZIP CODE: _____

M F T-SHIRT SZ.: S M L XL AGE RACE DAY: _____ DAY PHONE (_____) _____

ALL REGISTERED PARTICIPANTS RECEIVE A T-SHIRT. EXTRA SHIRTS AT \$ 8.00.

ENTRY FEE (NON REFUNDABLE): 15K: \$ 15.00 5K LOVE RUN/WALK: \$ 12.00 1 MILE WALK: \$ 6.00 MAX. FEE PER FAMILY: \$ 50.00

A CARBO-LOAD DINNER ON SATURDAY, SEPTEMBER 24 AT THE NATIONAL AUTOMOBILE MUSEUM IN DOWNTOWN RENO IS INCLUDED WITH THE 15K AND 5K RACE FEE. 1 MILE WALKERS & GUESTS PAY \$ 8.00.

ADDT'L. T-SHIRTS _____ SIZES: _____ 1 MILE WALKER & DINNER GUESTS _____ TOTAL ENCLOSED: US \$ _____

CHECK PAYABLE AND MAILED TO : THE SILVER STATE 15K CHAMPIONSHIP, 13235 FELLOWSHIP WAY, RENO, NV 89511
MAIL RECEIVING DEADLINE IS SEPT. 20, 1994 AT 5:00 PM ***** AFTER SEPT. 20, 1994 A LATE ENTRY CHARGE OF \$ 3.00 APPLIES
RACE DAY REGISTRATION WILL TAKE PLACE AT RACE SITE BETWEEN 7:00 AM AND 8:00 AM

Rules for 15K Championship Event: Pacific Association/USATF Championship for all divisions, men and women. Award winners must be Pacific USATF members, prize money of \$3,050 is awarded to Pacific USATF Residents only. Other cash prizes available to non-USATF runners. Medals awarded to top three men and women finishers in five year age brackets, 13-18, 19-24. . .through 90 plus. 5K race at ten year age brackets, 12 and under, 13-19, 20. . . 60 plus. 5K walkers compete in three age divisions, 29 and under, 30-49 and 50 plus. All races have men and women categories.

RELEASE FORM: In consideration of this entry, I hereby for myself, my heirs, executors and administrators waive any and all claims I may have for damages against Reno Air, Inc. its representatives, agents, officers and affiliated companies, The Silver State Striders, MDA, The City of Sparks , all sponsors and individuals associated with the event, their representatives, successors and assigns for any and all injuries suffered by me in connection with this event including pre and post race activities. I am aware that running and/or walking an event may be dangerous and that I must be in good health and physical condition to participate. Therefore, I hereby attest and verify that I am physically fit and able to participate in the chosen event.

DATE _____

SIGNATURE (IF UNDER 18, PARENT OR LEGAL GUARDIAN SIGNATURE) _____



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FOR ADDITIONAL RACE INFORMATION CALL (702) 688-3926

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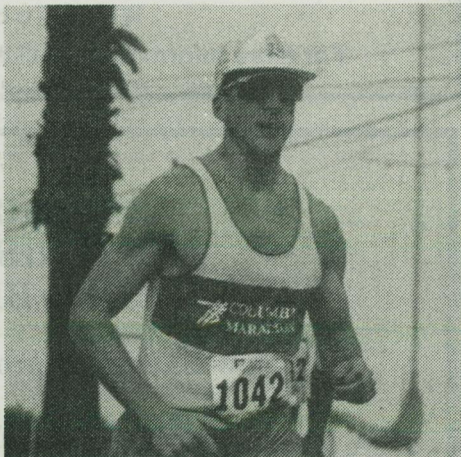
Subscription Rates

The Pacific Association annual dues are \$12. Membership expires Dec. 31 of each year. Send checks for \$12, payable to The Pacific Association, with name, address, date-of-birth, phone number, and area of interest (track & field, racewalking, or long distance running) and club name (if known) to: Pacific Association, 120 Ponderosa Ct., Folsom, CA 95630.

Letter from the Editor

Congratulations to all the finishers of the 1994 San Francisco Marathon! We hope you enjoyed the challenging, scenic course. Results for the Marathon begin on page 28.

Pacific Athlete is the new name for the official publication of the Pacific Association of USA Track & Field and is mailed to



Doug Thurston, Editor

all members. (The July/August issue was yet to be named. *RunCal* was this magazine's predecessor.) As you can see from thumbing through this publication, there are many great track and field, roadrunning, racewalking, ultra, youth, and cross country events within the Association. This issue is bursting at the staples with articles, results, and previews of upcoming events.

Notes from All Over...Six girls and three boys from the Pacific Association were picked for the 1994 *USA Today* All-USA High School Track and Field Team: **Latasha Gilliam**, Pittsburg, 23.62 (200)/53.93 (400); **Julia Stamps**, Rincon Valley Junior High, Santa Rosa, 4:25.10 (1,500), 9:28.50 (3,000), 10:26.51 (3,200); **Bisa Grant**, Bishop O'Dowd, Oakland, 13.83 (100 high hurdles); **Angela Harris**, Skyline, Oakland, 42.33 (300 lows), 58.79 (400 lows); **Davetta Shepherd**, Kennedy, Richmond, 13.86 (100 highs); **Suzy Powell**, Downey, Modesto, 189-7 (discus). **Ali Evans**, Vallejo, 10:53 (100), 21:37 (200); **Michael Stember**, Jesuit, Carmichael, 4:08.52 (1,600); **Scott Slover**, Leland, San Jose, 17-03/4 (Pole Vault)...**William Sigei** of Kenya lowered the 10,000-meter world record to 26:52.23 July 22nd at the Bislett Games in Oslo, Norway. He bettered Yobes Ondieki's 1993 record by more than six seconds...American **Bob Kennedy** has warmed the hearts of distance fans in this country with a 7:35.33 3,000-meters and 13:02.93 5,000-meter performances in Europe in July. Both performances are the second best-ever by an American and the fastest in 10+ years. Go get 'em, Bob!...**Sheila Hudson** of Oakland has been busy this summer. She won the Olympic Festival triple jump in St. Louis July 9th in 45-2 1/2, won a bronze medal in the St. Petersburg, Russia Goodwill Games at 45-10, and jumped 45-9 1/4 to finish second in the Nikaia Grand Prix in Nice, France July 14th...Congratulations to **Linda Somers** for winning her second consecutive USATF National Championship, running 2:33:42 at the Grandma's Marathon June 18th. She won by almost five minutes on a warm, sunny day. The race was also the first qualifying event for the 1996 U.S. Women's Olympic Marathon Trials...**Regina Jacobs** beat Olympic Champion Hassiba Boulmerka in the 1500 in the U.S.-Pan Africa Meet in Durham, N.C., August 14. Jacobs time was 4:10.24.

The cross country preview by Mike Weddington that begins on page 12 should further whet the appetites of runners anxious to begin the season. This year is shaping up to be the best ever for the Association Cross Country Grand Prix.

Hollis Lenderking provides a unique perspective to the incomparable Ann Trason's Western States 100 record win (page 16). Hollis also details breakthrough performances by Tom Johnson and Rich Hanna at the World Championships.

Ron Daniel provides an update of recent events in racewalking, including the National Championships and Goodwill Games (page 22).

The Pacific Association has some of the best athletes in the world. Don't let the prowess of our elite runners keep you from participating, however. Most Association events are open to runners of all ability levels. Good luck!

Correction:

In the article "Put on Your Shoes for Breast Cancer Cure" presented by the Susan G. Komen Breast Foundation in our July/August issue, the ninth paragraph should have read: "Of all the funds raised by the race, 75-percent stays in each host city to fund screening projects for the medically underserved. The remaining 25-percent helps fund the Foundation's National Research Grant Program."

Have You Hugged an Official Today?

By Dick Connors

As chairperson of officials in the Pacific Association, I feel every official deserves a big "Thank You" and a long-overdue pat on the back for a job well done during the 1994 season. In fair weather and foul, from Turlock to Arcata to Reno, this dedicated group of volunteers did an excellent job serving the athletes and promoting our sport.

Many of us are grateful to the coaches and meet directors who remember us with a kind thank you note. Individually, we do not hear from ever meet director, but the officers of the Association hear about the excellent work our people are doing. Thank you again, officials! We are all loved for the work we do, it's just that sometimes the people that are supposed to be passing out the love forget about us!

Donations to our officials fund were received recently from the Martinez Relays and the Northern California Seniors Track Club. Thanks! Donations from meets staffed by Association officials are used to promote our sport and educate our officials.

At our next executive committee meeting, the items listed below will be on the agenda. For the benefit of the entire membership, all of these items will be addressed at the annual meeting.

Old Business:

- 1) Final revision of the Operating Policies
- 2) Distribution of the Operating Policies

New Business:

- 1) Annual awards banquet
- 2) Official's clinics for 1995
- 3) 1995 Championships in the Association and the involvement of officials

By the time you read this, Sonny Maynard, George Kleeman, John Luppés, and I will have visited with all of the meet directors for the championship meets in the Association to determine the numbers of officials needed, officials assignment, and local hospitality organization. Judging by the schedule, there should be enough meets in 1995 to satisfy everyone.

- 4) 1995 Equipment needs
- 5) 1995 Budget

I look forward to seeing all the officials at the annual meeting.

Annual Board of Athletics Meeting Scheduled for Sept. 21

Who: Association member athletes, officials, clubs, and Board of Athletics members

What: Annual Board of Athletics Meeting of the Pacific Association

When: Wednesday, Sept. 21 at 7:30 p.m.

Where: To be announced

For More Information: Call the PA office at (916) 983-4622.

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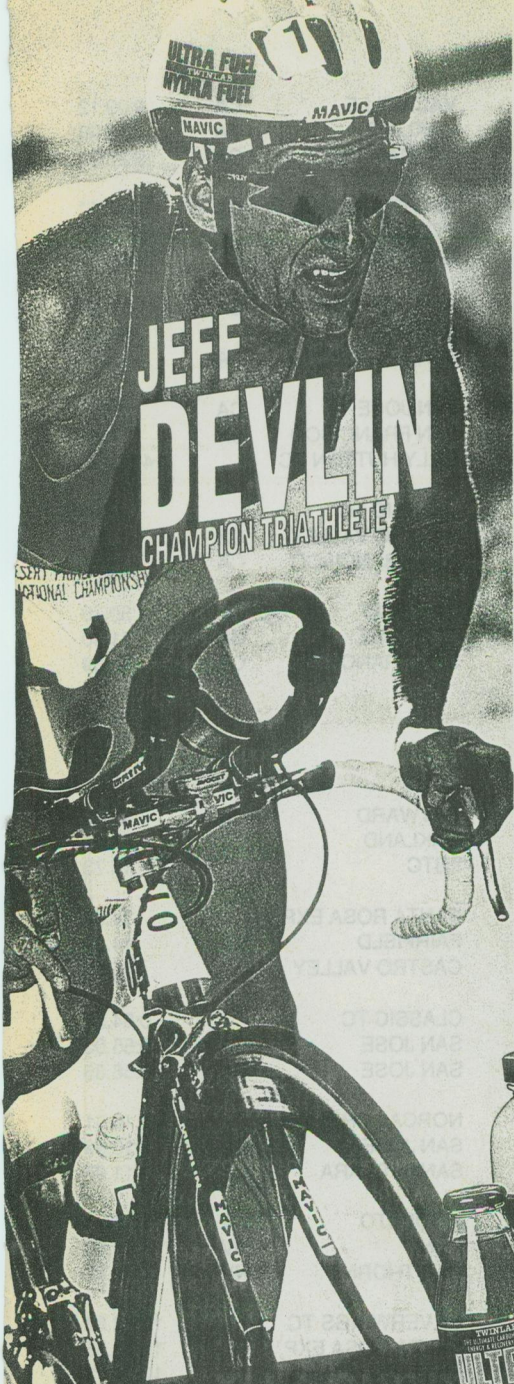
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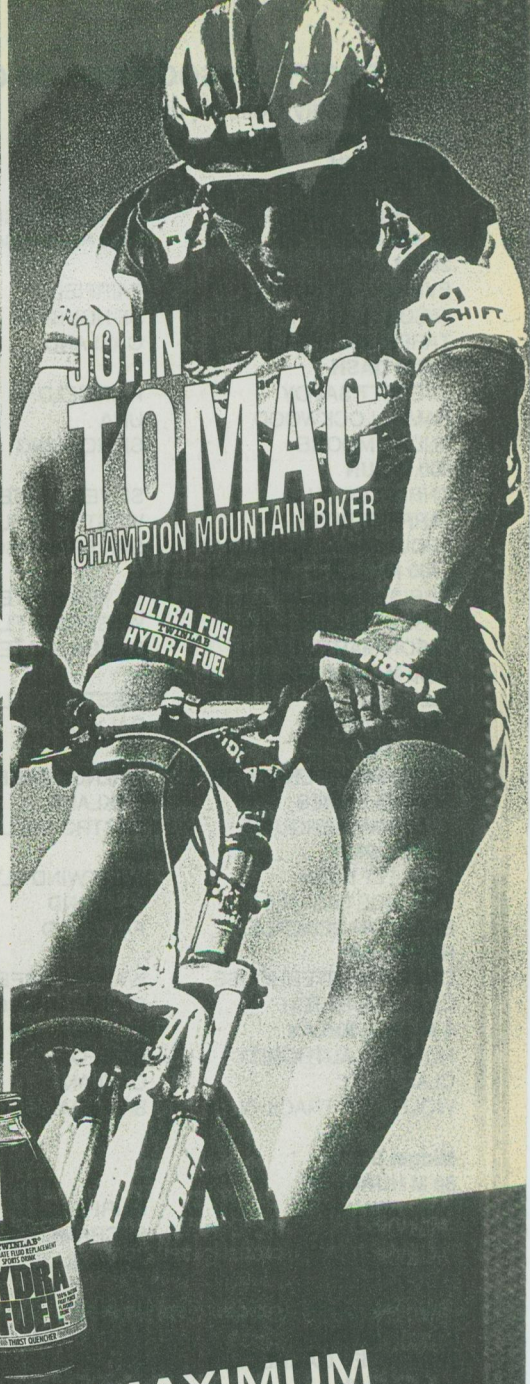
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1994 PACIFIC ASSOCIATION JO CHAMPIONSHIP

San Jose City College, June 11-12

Bantam BOYS

100 M DASH

EVERETT SAVOY	FAIRFIELD	CA	13.55
ANTHONY CHARLES	SAN FRANCISCO	CA	14.10
JASON HILL	SAN FRANCISCO	CA	14.17

200 M DASH

EVERETT SAVOY	FAIRFIELD	CA	27.63
JASON HILL	SF HOUSING		28.90
TARENCE LAFFALL	OAKLAND	CA	29.14

400 M DASH

EVERETT SAVOY	FAIRFIELD	CA	1:07.00
RAMEL LOCKWOOD	UNA		1:09.30
ANDRE MOORE	SF HOUSING		1:10.48

800 M RUN

CHRIS COUCHA	SILVER STATE STRI	NV	2:29.58
JARRETT BUSH	WESTWIND FLYERS		2:34.60
ABDULLAH AL-MANSOUR	SAN FRANCISCO	CA	2:37.78

1500 M RUN

CHRIS COUCHA	SILVER STATE STR	NV	5:00.93
JARRETT BUSH	WESTWIND FLYERS		5:21.77
JASON MARTINEZ	SILVER STATE STR	NV	5:26.80

1500 M RACE WALK

T.J. SCOTT	WESTWIND FLYERS		10:00.51
COLTIS TERRY	DALY CITY	CA	10:40.57

SHOT PUT

DAVID SHORTENHOUSE	WALNUT CREEK	CA	28'03"
RONNIE RYMES	OAKLAND	CA	23'06"
KYLE HAMMERQUIST	CASTRO VALLEY	CA	22'11.75"

LONG JUMP

JARRETT BUSH	WESTWIND FLY.		14'01.5"
TARENCE LAFFALL	OAKLAND	CA	12'07"
BRANDON GONZALEZ	FAIRFIELD	CA	12'03.75"

HIGH JUMP

DAVID SHORTENHOUSE	WALNUT CREEK	CA	3'09.75"
CHARLES HATCH	SAN FRANCISCO	CA	3'07.75"

4 X 100 M RELAY

HOUSING AUTHORITY	RODEO	CA	0:58.06
CLASSIC TC	OAKLAND	CA	0:58.25
WOLFPACK TRACK CLUB	SAN FRANCISCO	CA	0:59.15

Midget BOYS

80 M HURDLES

ANDREW WHITE	FAIRFIELD	CA	12.89
ANDRE HAYNES	SACRAMENTO	CA	13.86
KELVIN BUSH	VACAVILLE	CA	14.96

100 M DASH

ANDREW WHITE	FAIRFIELD	CA	12.70
PAUL FINLEY	STOCKTON	CA	12.98
HUMPHREY GARRETT	SAN FRANCISCO	CA	13.56

200 M DASH

ANDREW WHITE	FAIRFIELD	CA	25.65
T.J. QUINLEY	SAN JOSE	CA	26.18
PAUL FINLEY	OAKLAND	CA	26.38

400 M DASH

JUAUNE ARMON	SAN JOSE	CA	57.36
PAUL MARQUES	LOS CATOS	CA	1:02.82
DOMINIQUE EDWARDS	WOLFPACK		1:04.02

800 M RUN

PHILLIP HARR	ROSEVILLE	CA	2:27.73
WESLEY SMITH	SAN JOSE	CA	2:31.10
BALDOMERO AGUILAR	SAN JOSE	CA	2:32.47

1500 M RUN

MICHAEL NATHAN	SANTA ROSA	CA	4:54.01
MATT ZATTO	NOVATO	CA	4:59.58
WESLEY SMITH	SAN JOSE	CA	5:01.89

3000 M RUN

ANDREW GALLEGOS	SO SAN FRANCISCO	CA	10:54.6
MATTHEW DeMARTINI	RENO	NV	11:09.9
WESLEY SMITH	SAN JOSE	CA	11:22.3

1500 M RACE WALK

KELVIN BUSH	VACAVILLE	CA	9:09.12
ANTHONY CAMARGO	OAKLAND	CA	9:13.96
DANIEL GRAHAM	SACRAMENTO	CA	9:27.01

SHOT PUT

MARCUS OLIVER	SAN FRANCISCO	CA	34'05.5"
ALBERT WILLIAMS	RODEO	CA	32'0.75"
MICHAEL HARTMAN	NAPA TC		30'0.75"

DISCUS

MARCUS OLIVER	SAN FRANCISCO	CA	78'08"
MICHAEL HARTMAN	NAPA TC		69'08"
WILLIAM KING	SAN FRANCISCO	CA	60'05"

LONG JUMP

TAJ STONE	SAN JOSE	CA	15'08"
PAUL JONES	SAN FRANCISCO	CA	15'02"
ROYCE MILLER	BILLY HUTTON TC		14'10.75"

HIGH JUMP

WARREN PARIS	CLASSIC TC		4'06"
MIKE DESILVA	CASTRO VALLEY	CA	4'04"
DWAYNE JOHNSON	SAN FRANCISCO	CA	4'04"

4 X 100 M RELAY

CLASSIC TRACK CLUB	OAKLAND	CA	50.76
NORCAL CHEETAHS	SAN JOSE	CA	51.40
SF HOUSING	SAN FRANCISCO	CA	52.39

4 X 800 M RELAY

CLASSIC TRACK CLUB			11:19.30
BILLY HUTTON TC			11:47.37

Youth BOYS

100 M DASH

MARC JOHNSON	HAYWARD	CA	12.29
RAMIN WHITE	OAKLAND	CA	12.57
DIAZE WEBB	EBTC		12.73

100 M HURDLES

CHUCKY RYAN	SANTA ROSA EXP		14.88
BILLY MAXWELL	FAIRFIELD	CA	14.88
DWAYNE CARSON	CASTRO VALLEY	CA	15.99

400 M DASH

MARCELLUS ALCANTARA	CLASSIC TC		0:54.50
DAVID SWANSON	SAN JOSE	CA	0:55.00
DANIELS KHAHAN	SAN JOSE	CA	0:56.85

800 M RUN

DANIELS KHAHAN	NORCAL CHEETAHS		2:10.51
DAVID SWANSON	SAN JOSE	CA	2:10.99
FABIAN NESBY	SANTA CLARA	CA	2:11.97

1500 M RUN

FIGUEROA EMILIAND	MODESTO	CA	4:35.30
SEAN MARTIN	RENO	NV	4:37.63
GREG MITCHELL	HAWTHORNE	NV	4:44.77

3000 M RUN

FEGUEROA EMILIAND	SILVERWINGS TC		10:12.87
BRENT SHAW	SANTA ROSA EXP		10:18.56
COROTA TAYLOR	SILVERWINGS TC		10:24.72

SHOT PUT

RAMIN WHITE			35'02.5"
ARTIC WISEMAN			29'11.25"
ROBERT MACE	NAPA TC		28'04.25"

DISCUS

ARTIS WISEMAN	OAKLAND	CA	83'08"
ROBERT MACE	NAPA TC		81'08"
PAUL EDWARDS	SACRAMENTO	CA	78'03"

JAVELIN

ROBERT MACE	NAPA TC		106'07"
MICHAEL SAVAGE	NAPA TC		90'11"

POLE VAULT

MICHAEL LANDERS	UNA		7'06"
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4 X 100 M RELAY

WESTSIDE KICKERS	ALAMEDA	CA	0:48.42
CLASSIC TC	ROSEVILLE	CA	0:53.57

4 X 400 M RELAY

CLASSIC TC			3:47.90
WESTSIDE KICKERS	ALAMEDA	CA	3:53.01
BILLY HUTTON TC	SAN FRANCISCO	CA	4:05.64

Contd. on page 7

Contd. from page 6

Intermediate BOYS

100 M DASH

JAMAR SHEPPARD	SAN FRANCISCO	CA	11.04
STEPHEN THAMES	ALAMEDA	CA	11.17
CHRISTON RANCE	SAN FRANCISCO	CA	11.31

110 M HURDLES

MOSES JACKO	CASTRO VALLEY	CA	15.40
CHUCK BESS	CASTRO VALLEY	CA	15.64
JOHN KNOWLES	FAIRFIELD	CA	15.75

400 M DASH

TIM BROWN	OAKLAND	CA	0:50.93
DEVRON BOYD	OAKLAND	CA	0:52.88
JELANI HOGG	SAN FRANCISCO	CA	0:53.96

400 M HURDLES

MIKE SPENCER	UNA		59.46
KEVIN MORAN	UNA		1:03.27
CHUCK BESS	CASTRO VALLEY	CA	1:03.31

800 M RUN

TIM BROWN	OAKLAND	CA	2:00.61
JAROMA MORTON	SACRAMENTO	CA	2:02.79
ROBBY WILSON	RANCHO CORDOVA	CA	2:05.11

3000 M RUN

ZEKE COVARRUBIAS	SILVERWINGS TC		9:26.03
CARLOS CONCHA	SILVER STATE STR		9:28.97
NATE FRIEDMAN	CARSON CITY		10:08.18

STEEPLECHASE

DAN BRECHT	PETALUMA	CA	6:40.03
NATE FREIDMAN	PETALUMA	CA	7:40.86

3000 M RACE WALK

MATTHEW QUILANTANG	STOCKTON ST GEO.		22:16.82
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SHOT PUT

STEVEN PARKER	CASTRO VALLEY	CA	47'04.25"
ALEX MAUSCHMEYER	SACRAMENTO	CA	42'11"
GREG ADLER	UNION CITY	CA	36'06.25"

DISCUS

STEVEN PARKER	CASTRO VALLEY	CA	142'11"
JOHN BADOVINAC	SACRAMENTO	CA	128'10"
ALEX MAUSCHMEYER	SACRAMENTO	CA	115'00"

JAVELIN

CHIP LILIENTHAL	NAPA TC		163'07"
GREG ADLER	UNION CITY	CA	156'10"
STEVEN PARKER	CASTRO VALLEY	CA	141'07"

LONG JUMP

HASANI WHITE	OAKLAND	CA	21'04.5"
JARROD WILLIS	VALLEJO	CA	20'07.75"
SAMUEL BURNS	VALLEJO	CA	20'04.5"

TRIPLE JUMP

TARN GREWAL	FREMONT	CA	41'11.25"
HASANI WHITE	OAKLAND	CA	41'05.75"
PATRICK RAYRAY	SANTA CRUZ TC		41'04.25"

HIGH JUMP

SAM BURNS	R. E. B. TC		5'11.75"
HASNAI WHITE	WESTSIDE KICKERS		5'05.75"
BEN BACAIS	NAPA TC		5'05.75"

POLE VAULT

SETH WILLIAMS	STOCKTON	CA	11'00"
JEFF CHANDLER	SANTA CLARA	CA	11'00"
ANTHONY PHAR	UNA		10'06"

4 X 100 M RELAY

SAN FRANCISCO SENATO	DALY CITY	CA	42.48
A C OAKLAND			43.52
3M	CASTRO VALLEY	CA	45.13

Young MENS

100 M DASH

SHAWN WILLIAMS	SAN FRANCISCO	CA	10:68
JARRON TURNER	SAN JOSE	CA	10:87
TIM COOPER	OAKLAND	CA	10:96

110 M HURDLES

COKE EDMONS	SAN JOSE	CA	14:80
JOE COKES	SO. LAKE TAHOE	CA	15:48
SEAN STEWART	SAN FRANCISCO	CA	15:60

200 M DASH

SHAUN WILLIAMS	SAN JOSE		21.51
TYREE REED	OAKLAND		21.60
BASHIR LEVINGSTON	SO. LAKE TAHOE		21.98

400 M DASH

MARLON MONROE	OAKLAND	CA	50.09
KIESH LEVINGSTON	JAGUAR TC		50.41
RAYMOND LIE	SAN FRANCISCO	CA	50.74

400 M HURDLES

SEAN STEWART	SAN FRANCISCO	CA	1:00.81
REED TYRONE	SAN JOSE	CA	1:01.34
WILLIAM BENTON	SAN FRANCISCO	CA	1:03.10

800 M RUN

JONEVAN HORNSBY	OAKLAND	CA	1:57.62
DOUGLA NAPIER	SAN FRANCISCO	CA	1:59.58
PETER EGERTON	SANTA ROSA	CA	2:00.75

1500 M RUN

YONATHAN ASMERON	SAN FRANCISCO	CA	4:04.48
ENRIQUE TORRES	SAN JOSE	CA	4:09.53
GABE SZODY	SHINGLETOWN	CA	4:10.72

5000 M RUN

JOSH SMALL	SANTA CRUZ TC		17:47.49
DAVID KESSLER	SANTA CRUZ TC		18:07.33
R MARTINEZ	SO LAKE TAHOE		19:04.21

STEEPLECHASE

PETER EGERTON	SANTA ROSA	CA	6:11.69
GABE SZODY	SHINGLETOWN	CA	6:18.64
DAVID KESSLER	SANTA CRUZ TC		7:28.39

SHOT PUT

IHSAN WARREN	OAKLAND	CA	53'11.75"
CHRIS JOHNSON			47'01.75"
EDWIN GARCIA	UNA		43'02.25"

DISCUS

IHSAN WARREN	OAKLAND	CA	159'11"
LANCE JOURON	VERDI	NV	149'03"
EDWIN GARCIA	OAKLAND	CA	137'02"

JAVELIN

JADE KEWISH	AVERY	CA	142'08"
WILLIAM BECK	RODEO	CA	134'04"
JOSHUA JONES	RENO	NV	121'07"

LONG JUMP

ADAM POWELL	SAN FRANCISCO	CA	23'04"
FRED JACKSON	SAN FRANCISCO	CA	21'09.5"
MARK SASA	SAN FRANCISCO	CA	21'02"

HIGH JUMP

BRENDON ZEIDLER	SACRAMENTO	CA	6'04"
JAY COX	HAWTHORNE	NV	6'01.75"
TIM ANDRE	SACRAMENTO	CA	5'11.75"

POLE VAULT

DAVIS NGUYEN	UNA		14'07.25"
BEVAN HART	UNA		14'07.25"
BARRY PHAM	UNA		13'0.5"

4 X 100 M RELAY

ACCCTC			41.64
SF SEN.S	SAN FRANCISCO	CA	41.85
JAGUARS			42.73

4 X 800 M RELAY

SF SEN.S A			8:07.07
SF SEN.S	SO. LAKE TAHOE	CA	8:24.84

Bantam GIRLS

100 M DASH

CEMAE HOWARD	SACRAMENTO	CA	14.14
LATALIA GOINS	SAN FRANCISCO	CA	14.32
LOVELY GROVES	RODEO	CA	14.34

200 M DASH

CEMAE HOWARD	SACRAMENTO	CA	29.20
LATALIA GOINS	SAN FRANCISCO	CA	30.64
ANGELICA CURIEL	RICHMOND	CA	31.43

400 M DASH

ANGELICA CURIEL	RICHMOND	CA	1:11.20
RACHEL SCHAFFNER	SAN FRANCISCO	CA	1:11.51
TEYONA GALLOWAY	RICHMOND	CA	1:12.53

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800 M RUN

ANGELICA CUIREL	RICHMOND	CA	2:46.30
CHERIE McPHERSON	SAN JOSE	CA	2:50.87
CORRENA SANCHEZ	SAN JOSE	CA	2:51.61

1500 M RUN

GLORIA DAY	SPARKS	NV	5:42.77
KAREN DeMARTINI	RENO	NV	5:46.42
KUMAURI WILLS	CASTRO VALLEY	CA	5:51.01

1500 M RACE WALK

HEATHER ALLEN	WESTWIND FLYERS		10:22.30
SARAI BOYLE	FAIRFIELD	CA	10:24.44
VENESSA HAYNES	CLASSIC TC		10:28.45

SHOT PUT

LASHA HILL	CASTRO VALLEY	CA	25'05.25"
WARREN KAMAIIJA	RICHMOND E. BAY		22'06.5"
ERICA WHITESIDE	SACRAMENTO	CA	18'05.25"

LONG JUMP

HEATHER ALLEN	WESTWIND FLYERS		13'0.75"
TIFFANY HILL	UNITY TRACK CLUB		12'06.5"
MONICA REDMOND	CASTRO VALLEY	CA	11'02" T

HIGH JUMP

RACHEL TERRY	SANTA ROSA EXP		4'01"
HEATHER ALLEN	WESTWIND FLYERS		3'07.75"
SHAVONNE SANCHEZ	SANTA CRUZ TC		3'02"

4 X 100 M RELAY

M. P. STRS	SACRAMENTO	CA	0:58.87
SF HOUSING	SAN FRANCISCO	CA	1:03.70
TONY WILLIAMS TC	RODEO	CA	1:04.41

4 X 400 M RELAY

BAY AREA TC A	SAN PABLO	CA	4:56.65
BILLY HUTTON TC	SAN FRANCISCO	CA	5:17.95
NORCAL	STOCKTON	CA	5:19.17

Midget GIRLS

80 M HURDLES

SIMONE BROOKS	SACRAMENTO	CA	13.62
EBONY WHITE	SAN LEANDRO	CA	13.64
TAMARA JOHNSON	CASTRO VALLEY	CA	14.81

100 M DASH

SANI ROSEBY-BARBER	JAGUAR TC		12.87
KATRINA KEITH	RICHMOND	CA	13.45
PATRICE ADKINS	OAKLAND	CA	13.54

200 M DASH

SANI ROSEBY-BARBER	JAGUAR TC		26.11
MICHELLE JONES	OAKLAND	CA	27.14
KATRINA KEITH	BAY AREA TC		27.18

400 M DASH

DEANNA SLATON	SAN JOSE	CA	1:00.30
T'CARRA PENICK	OAKLAND	CA	1:06.09
RAQUETA MARGAIN	OAKLAND	CA	1:06.87

800 M RUN

CHEROKEE OSBORNE	SPARKS	NV	2:26.9
VANESSA SANCHEZ	SAN JOSE	CA	2:28.9
PAULA CALHOUN	PLEASANTON	CA	2:32.4

1500 M RUN

CHEROKEE OSBORNE	SPARKS	NV	5:08.31
VANESSA SANCHEZ	SAN JOSE	CA	5:08.67
PAULA CALHOUN	PLEASANTON HEAT		5:10.28

3000 M RUN

ASHLEY NULTY	PLEASANTON HEAT		11:58.9
ALICIA HALL	FAIRFIELD	CA	12:19.1
RAYSHELL CHAMBERS	RODEO	CA	12:31.4

1500 M RACE WALK

SHARON FLEMMING	McCLELLAN JETS		9:32.43
SABRINA KIRTWOOD	DALY CITY	CA	10:56.95
DEMETRIA RHODES	SAN FRANCISCO	CA	11:29.51

SHOT PUT

KYMBERLEE TOWNS	CASTRO VALLEY	CA	31'05"
SABRINA KIRTWOOD	DALY CITY	CA	27'02"
JACQUELYNN THREAT	SF HOUSING		18'08.25"

DISCUS

KYMBERLEE TOWNS	CASTRO VALLEY	CA	55'11"
SABRINA KIRTWOOD	DALY CITY	CA	53'07"

JESSICA HOLSMAN SANTA CRUZ 51'03"

LONG JUMP

CELESTE JENKINS	SAN PABLO	CA	14'09.25"
SHARONDA ROBINSON	SF HOUSING		14'01"
SANI ROSEBY-BARBER	SEASIDE	CA	13'11.5"

HIGH JUMP

AMBER NOLTE SILVER STATE STR 4'01"

4 X 100 M RELAY

CLASSIC TRACK CLUB	SACRAMENTO	CA	52.53
ACORN TC	OAKLAND	CA	53.49
SF HOUSING		CA	53.97

4 X 400 M RELAY

CLASSIC TRACK CLUB	SACRAMENTO	CA	4:14.87
SF HOUSING	SF	HO	4:25.18
ACORN TC	OAKLAND	CA	4:25.37

4 X 800 M RELAY

PLEASANTON HEAT			11:16.13
BILLY HUTTON TC			11:24.59
BILLY HUTTON TC			12:23.51

Youth GIRLS

100 M DASH

ANITA McCALLUM	OAKLAND	CA	12.44
SHAUNTE WILLIAMS	WESTWIND FLYERS		12.55
JANAE MITCHELL	RICHMOND	CA	12.77

100 M HURDLES

JANIA MITCHELL	BAY AREA TC		14.74
NATASHA NEAL	3M TC		15.00
JAMIE PROCHNOW	SANTA CRUZ TC		17.74

200 M HURDLES

NATASHA NEAL	CASTRO VALLEY	CA	27.12
JANAE MITCHELL	BAY AREA		27.22
ODESSIA KNOWLES	FAIRFIELD	CA	31.88

400 M DASH

AISHA MARGAIN	OAKLAND	CA	58.08
MECHLYN JOHNSON	SO SAN FRANCISCO	CA	1:00.20
DOMINIQUE GREEN	CASTRO VALLEY	CA	1:00.28

800 M RUN

MELODY PAGE	UNA		2:24.04
KATIE HOTCHKISS	Unattached		2:26.48
TRINA COX	SANTA ROSA EXP		2:27.16

1500 M RUN

MELODY PAGE	UNA		4:58.57
ANGELINA MARTINEZ	SILVER STATE STR		5:01.95
VANESSA YONAN	MODESTO	CA	5:03.48

3000 M RUN

TATYANA TIBADUIZA	SILVER STATE STR		10:59.95
REGINA MARTINEZ	SILVER STATE STR		11:06.09
ANGELINA MARTINEZ	SILVER STATE STR		11:21.40

3000 M RACE WALK

BROOKE SZODY	UNA		19:20.05
ODESSIA KNOWLES	WESTWIND FLYERS		20:25.49
DOREEN RUFFIN	BILLY HUTTON		22:17.46

SHOT PUT

CHANIQUA ROSS	UNITY TRACK CLUB		43'07.25"
CHERINA HILL	UNITY TRACK CLUB		35'03.75"
MCINTOSH DAYAMMTA			34'04.75"

DISCUS

CHANIQUA ROSS	UNITY TRACK CLUB		133'10"
EICHIKA ROBERTSEN	UNITY TRACK CLUB		96'10"
TIA DESOTO	UNA		83'11"

JAVELIN

CAMILLE CUNNINGHAM	CASTRO VALLEY	CA	75'00"
DOMINIQUE GREEN	CASTRO VALLEY	CA	65'11"

LONG JUMP

NYCOLE BROWN	FAIRFIELD JETS		15'06.75"
CRISTINA PAYNE	SAN FRANCISCO	CA	15'02.5"
LAKIEDA BOWIE	SF HOUSING		15'0.5"

HIGH JUMP

NYCOLE BROWN FAIRFIELD JETS 4'08"

4 X 100 M RELAY

BILLY HUTTON TC A	SO SAN FRANCISCO	CA	0:51.38
ACORN TC B	OAKLAND	CA	0:53.55

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FAIRFIELD JETS	FAIRFIELD	CA	0:54.00
4 X 400 M RELAY			
ACORN TC B	OAKLAND	CA	4:04.56
BILLY HUTTON TC B	SAN FRANCISCO	CA	4:09.57
CLASSIC TC			4:22.25
4 X 800 M RELAY			
CLASSIC TC			10:47.23
BILLY HUTTON TC			11:06.58
STOCKTON ST GEORGE			12:14.86
Intermediate GIRLS			
100 M HURDLES			
PASHEN BAGSBY	CASTRO VALLEY	CA	15.87
LORI LEONARD	WINDSOR	CA	18.36
ELIZABETH CONANLY	WINDSOR	CA	19.42
400 M DASH			
BRANDEE GRANT	CASTRO VALLEY	CA	0:57.47
MYESHA KIRTMAN	SOUTH SAN FRANCISCO	CA	0:58.72
BRANDY JONES	DALY CITY	CA	0:59.81
400 M HURDLES			
MONICA BUCHONGO	BAY AREA TC		1:12.67
LORI LEONARD	WINDSOR	CA	1:16.04
DENIECE TOMLINSON	CASTRO VALLEY	CA	1:19.67
800 M RUN			
AUDRY TOWNSELL	SILVER STATE STR		2:24.06
KAMAILIA L. WILLIAMS	SAN FRANCISCO	CA	2:28.67
JENNIFER BRIDGEMAN	UNION CITY	CA	2:30.77
3000 M RACE WALK			
VIJAY GALLARDO	STOCKTON ST GEO.		19:20.38
SHOT PUT			
KRISTEN BRYDEN	Unattached		38'09"
PASHEN BAGSBY	CASTRO VALLEY	CA	38'00"
AMY THIEL	MISSION VALLEY		32'02"
DISCUS			
KRISTEN BRYDEN	Unattached		119'10"
JENNIFER SPEECH	SAN FRANCISCO	CA	84'07"
AMY JHIEL	MISSION VALLEY TC		81'05"
JAVELIN			
PASHEN BAGSBY	CASTRO VALLEY	CA	99'03"
CARA MORAN	STOCKTON	CA	66'09"
VIJAY GALLARDO	STOCKTON	CA	51'05"
LONG JUMP			
TAKIJA RANDLESTON	SAN FRANCISCO	SA	14'11.25"
CLARA JOHNSON	SACRAMENTO	CA	14'10.75"
MONA CALLIER	SAN FRANCISCO	CA	14'08"
HIGH JUMP			
MELISSA GUANELLA	UNA		5'02"
SHAMIKA MCKENNEY	BILLY HUTTON		4'06"
4 X 100 M RELAY			
SAN FRANCISCO SENATO	SAN FRANCISCO	CA	0:49.36
BILLY HUTTON	SAN FRANCISCO	CA	0:49.54
3M	CASTRO VALLEY	CA	0:50.86
Young WOMENS			
100 M HURDLES			
CHIDARA MADU	SAN FRANCISCO	CA	14:50
TONIA BRODEN	DALY CITY	CA	15:58
DEANNA LOCKRIDGE	PACIFICA	CA	16:37
200 M DASH			
VERONICA WOODS	SAN FRANCISCO	CA	25.39
CRYSTAL THREATT-MILES	OAKLAND	CA	26.12
DANIELLE JONES	RODEO	CA	26.39
400 M DASH			
VERONICA WOODS	SAN FRANCISCO	CA	56.42
CHARON STEWART	CASTRO VALLEY	CA	57.80
CRYSTAL THREATT-MILES	OAKLAND	CA	59.30
400 M HURDLES			
CHIDARA MADU	SAN FRANCISCO	CA	1:05.34
CHARON STEWART	CASTRO VALLEY	CA	1:05.49
TASHA WALTON	SAN FRANCISCO	CA	1:09.89
800 M RUN			
CANDACE MILES-THREAT	UNA		2:21.59
CRYSTAL MILES-THREAT	UNA		2:23.79
JACQULYN HOLLY	SAN FRANCISCO	CA	2:28.19

SHOT PUT					
NICOLE BROOKS	OAKLAND	CA	44'11.5"		
JENNIFER BARRETT	OAKLAND	CA	34'04"		
KELLY NANEZ	SANTA CRUZ TC		33'03.25"		
DISCUS					
NICOLE BROOKS	OAKLAND	CA	123'11"		
JENNIFER BARRETT	OAKLAND	CA	119'00"		
SARAH REID	NAPA TC		95'07"		
JAVELIN					
MEGHAN ZEMNEY	SANTA CRUZ TC		97'08"		
KELLY NANEZ	SANTA CRUZ		67'08"		
JENIFER BARRETT	SANTA CRUZ		47'07"		
LONG JUMP					
JENNIFER TEST	UNA		17'11.5"		
CHRISTINE SHERWOOD	SANTA CRUZ TC		17'01.75"		
QUIANA KNIGHT	CLASSIC TC		16'01.75"		
HIGH JUMP					
MEGHAN ZEMNEY	SANTA CRUZ TC		4'01.75"		
4 X 100 M RELAY					
BILLY HUTTON	DALY CITY	CA	49.36		
SAN FRANCISCO SEN.	OAKLAND	CA	50.08		
4 X 400 M RELAY					
SAN FRANCISCO SEN.	OAKLAND	CA	4:04.61		
BILLY HUTTON	DALY CITY	CA	4:16.82		

Area Athletes Place Well at Junior Olympics National Championships, Gainesville, Fla., July 26-31.

Twenty two athletes from the Pacific Association won Gold, Silver or Bronze medals in the J.O. National Championships. The event is one of the largest track meets in the world with 8,000+ participants.

Division	Event	Pl.	Name	City	Mark
Youth Girls	Discus	1	Chaniqua Ross	Elk Grove	138-2.5*
			* Won by 16 feet		
Young Women	400 m-hurdles	1	Angela Harris	Oakland	58.79
Young Women	4 x 100 relay	1	Acorn TC	Oakland	46.39
Young Women	4 x 400 relay	1	Acorn TC	Oakland	3:40.46
Midget	Shot	2	Kimberlee Towns	Castro Val.	10.59
Youth	Shot	2	Chaniqua Ross	Elk Grove	45-5.75
Young Women	Shot	2	Nicole Brooks	Oakland	43-5.25
Intermedite	100 m-hurdles	2	Daveeta Shepherd	Richmond	14.25
Intermediate	Long Jump	3	Carla Estes	Hayward	17-7.5
Midget	100 meters	3	Sani Roseby-Barber	Seaside	12.94
Youth	200 m-hurdles	3	Janae Mitchell	Richmond	27.09
Youth	100 m-hurdles	3	Janae Mitchell	Richmond	14.31
Youth	4 x 100 relay	3	Acorn Track Club	Oakland	48.63
Young Women	400 meters	3	Malika Freeman	Oakland	56.13
Midget	80 m-hurdles	1	Andrew White	Fairfield	12.20*
			*National record		
Midget	400 meters	2	Juan Armon	San Jose	56.15
Young Men	4 x 400 relay	2	San Fran. Striders	San Fran.	3:14.09
Young Men	4x 800	3	Quicksilver TC	Union City	7:56.66
Bantam	100 meters	3	Everett Savoy	Fairfield	13.78
Intermediate	4 x 100	3	Alameda-Contra Cos.	Oakland	42.74
Young Men	1500 meters	3	Jonathan Asmeron	San Fran.	4:00.75
Young Men	400 m-hurdles	3	Coke Edmons	San Jose	53.08

Congratulations to all athletes who competed in the J.O. Nationals!



Open and Masters Road Grand Prix Standings

As of August 1, 1994. Does not include 10 km
Championship August 14 in Eureka.

OPEN MEN

Pl.	Name	Team	Total
1	Alan Dehlinger	Silver State	138.0
2	Robert Thwala	Silver State	111.0
3	Charles Alexander	Aggies	106.0
4	Robert Anex	Aggies	96.0
5	Danny Aldridge	Empire	90.5
5	Azeddine Sakhari	Ryan's	90.0
7	Jose Aispuro	Aggies	89.0
7	Patrick Johnson	Aggies	86.0
7	Ernie Freer	Unatt	84.0
10	Eric Walker	Empire	65.5
10	Jeff Hacker	Ryan's	63.5
10	Jeff Taylor	Unatt	59.0
13	Dave Scudamore	Unatt	54.0
14	Joseph Kames	Hoy's	54.0
15	Miguel Tibaduiza	Hoy's	54.0
16	Rey Flores	Hoy's	52.0
17	Jamey Harris	Unatt	45.0
17	Mike McManus	Unatt	42.0
19	Dennis Pfeifer	Humboldt	37.0
20	Thom Trimble	East Bay	36.5
20	David Naranjo	Aggies	36.0
22	Ben Turman	Hoy's	34.5
22	Alfred Lara	Unatt	33.0
24	Joseph Green	Aggies	33.0
25	Patrick Moreton	Hoy's	29.0
25	Brent Griffiths	Aggies	28.0
25	Gustavo Figueroa	Silver State	28.0
28	Victor Santamaria	Aggies	28.0
29	Ray Cook	Silver State	27.5
30	Kenny Brown	Empire	26.0

OPEN WOMEN

Pl.	Name	Team	Total
1	Maria Trujillo	Ryan's	146.0
2	Terry Schmidt	Silver State	138.5
3	Jeanne Sapienza	Infinity RT	122.5
4	Monica Townsend	Aggies	90.0
5	Laura Sanchez	Ryan's	89.0
6	Kristina Mathias	Aggies	82.5
7	Kathy D'Onofrio-Wood	Unatt	71.0
8	Rachael Hawtin	WVTC	68.0
9	Barbara Myers-Acosta	Ryan's	66.0
10	Kristin Jacobs	Ryan's	65.5
11	Rosa Gutierrez	Ryan's	64.0
12	Ceci St. Geme	Unatt	60.0
13	Rosa Vladimirova	Unatt	56.0
14	Lisa Geoffrion	Aggies	50.0
15	Rae Henderson	Aggies	49.0
16	Leslie McHampton	Tamalpa	47.0
17	Julie Rohloff	Aggies	47.0
18	Lynn Nelson	Impala	44.0
19	Joan Ottaway	WVTC	42.5
20	Amy Grafius	WVTC	42.0
21	Angela Mogielski	Impala	40.0
22	Kelly Lawson	Tamalpa	39.0
23	Jennifer Cobb	Impala	38.0
24	Melanie Voss	Aggies	36.0
25	Melinda Villar	WVTC	33.5
26	Sharlet Gilbert	Chips	33.0
27	Shannon Sweeney	Aggies	32.0
28	Amanda Gerhardt	Ryan's	31.5
29	Jody Hawkins	Unatt	30.0
30	April Powers	Impala	30.0

Upcoming LDR Grand Prix Events:

Date	Race/Distance/Place	Divisions
9/11	Bayside 8 km, Fremont	40-49
9/25	Silver State, 15 km, Reno	All
10/16	Humboldt/ Half-Marathon	All
11/13	Clarksburg 30 km, Clarksburg	All
11/19	X-Country, 10 km/6 km, S.F.	All
12/4	Cal International, Mara., Sac.	All

MASTER MEN

Pl.	Name	Team	Total
1	Gustavo Figueroa	Silver St.	144.0
2	Charles Thompson	Excelsior	115.5
3	David Stancliffe	WVJS	106.0
4	Kitt Flynn	Chips	103.0
5	James Tracy	Excelsior	91.0
6	Jim Gorman	Excelsior	80.5
7	Sal Vasquez	WVJS	66.0
8	Dennis Kurtis	WVJS	60.0
8	Francesjohn Gailson	Unatt	60.0
10	Rich Govi	WVTC	58.0
11	David Furst	WVJS	55.0
12	Bill Knapp	Excelsior	52.0
12	David Amster	WVTC	52.0
14	William Dunn	WVJS	48.3
15	Kim Lilot	Excelsior	45.0
16	Dan Preston	Empire	41.3
17	Dan Anderson	WVJS	38.0
18	Jose Casillas	WVJS	36.5
19	Pat Carr	Tamalpa	35.0
20	Tim Williams	WVTC	34.5
21	Kevin Grady	Excelsior	33.5
22	Bruce Anderson	Unatt	33.0
23	Ron Brown	Tamalpa	32.0
24	Charlie Freeman	Ryan's	27.0
25	Thomas Cushman	Aggies	24.0
25	Dan Sauers	WVJS	24.0
27	Searcy Barnett	WVTC	22.5
28	Robert Alexander	Tamalpa	20.0
28	Bob Darling	Excelsior	20.0
30	Jim Reitz	WVJS	19.8

MASTER WOMEN

Pl.	Name	Team	Total
1	Leslie Mc Hampton	Tamalpa	70.0
1	Melinda Villar	WVTC	70.0
3	Bev Marx	WVTC	63.0
4	Joan Ottaway	WVTC	61.5
5	Sue Francis	WVJS	55.5
6	Sharlet Gilbert	Chips	40.0
7	Beckie Simmie-Kesecker	Impala	33.0
8	Joann Dahlkoetter	Aggies	25.0
9	Patricia Fanelli	Impala	24.0
10	Charlene Bayles	WVTC	22.5
11	Irene Herman	Impala	18.0
11	Edda Stickle	Tamalpa	18.0
11	Eve Pell	Impala	18.0
11	Kazuko Aoyagi	East Bay	18.0
15	Jutta McCormick	WVTC	15.0
16	Barbara Miller	WVTC	13.5
17	Sally Cataldo	Impala	13.0
18	Patricia Falsone	Impala	12.0
18	Deedee Grafius	WVTC	12.0
18	Cynci Calvin	Chips	12.0
21	Darlene Wallach	Ryan's	10.0
21	Patricia Story	Chips	10.0
23	Ann Veling	Chips	8.0
23	Louise Walters	Unatt	8.0
23	Gail Campbell	WVJS	8.0
26	Becky Quartarolo	Unatt	7.5
27	Ann Gerhardt	Chips	7.0
28	Pamela Horton	Empire	4.5
29	Maureen Luca	Tamalpa	4.0
30	Debra Gellermann	Impala	3.0

SENIOR MEN

Pl.	Name	Team	Total
1	Jim Reitz	WVJS	85.0
2	Sal Vasquez	WVJS	80.0
3	Dan Preston	Empire	78.5
4	Tim Rostege	WVJS	72.0
5	Steve Stephens	Tamalpa	57.5
6	Harvey Franklin	WVTC	48.0
7	Jon Macpherson	Tamalpa	45.0
8	Steve Lyons	Tamalpa	40.0
9	Jim Gibbons	Empire	30.0
10	Dick Chimenti	WVJS	28.0
10	Bill Clark	WVTC	28.0

SENIOR WOMEN

Pl.	Name	Team	Total
1	Joan Ottaway	WVTC	35.0
2	Edda Stickle	Tamalpa	25.0
3	Eve Pell	Impala	24.0
4	Louise Walters	Impala	19.5
5	Barbara Miller	WVTC	16.0
6	Jutta McCormick	WVTC	11.0
7	Rusty Barnett	Unatt	10.0
8	Sue Johnston	Impala	5.0
9	Pamela Horton	Empire	3.0
10	Margarethe Styskel	Sundance	1.0

SUPER SENIOR MEN

Pl.	Name	Team	Total
1	Carl Ellsworth	Chips	51.0
2	Ken Napier	WVJS	31.0
3	Everett Riggle	Unatt	14.0
4	Ron Ogilvie	Unatt	12.0
4	Glynn Wood	WVJS	12.0
6	Gino Fredianelli	rahumar.	8.0
7	Phil Phythian	Tamalpa	5.5
8	David Reichel	LMJS	4.0
9	Marion Carter	WVJS	3.0
9	Bill Flodberg	WVJS	3.0

SUPER SENIOR WOMEN

Pl.	Name	Team	Total
1	Margarethe Styskel	Sundance	35.0
2	Myra Rhodes	Chips	32.0
3	Judy Golding	WVTC	16.0
4	Hanna Szoke	NCSTC	10.0
5	Peggy Ewing	Chips	6.0
6	Po Adams	Chips	4.0
7	Ruth Anderson	NCSTC	4.0
8	Jaclyn Caselli	NCSTC	1.0

VETERAN MEN

Pl.	Name	Team	Total
1	Stan Demartinis	WVJS	53.0
2	Gary Toji	LMJS	20.0
2	Jack Friedlander	WVJS	20.0
4	Frank Cunningham	Tarahuma ra	9.0
5	Walter Eugenio	Tamalpa	6.0
6	Bill Neal	Tamalpa	1.0

VETERAN WOMEN

Pl.	Name	Team	Total
1	Judy Golding	WVTC	40.0
2	Jaclyn Caselli	NCSTC	6.0

OPEN MEN'S LDR TEAMS

Place	Team	Total
1	Silver State Striders	57.0
2	Reebok Aggies	50.0
3	East Bay Striders	41.5
4	Empire Runners	39.0
5	Hoy's Racing Team	29.5
6	Tamalpa	26.0
7	WVJ&S	24.0
8	Ryan's Racing Team	20.0
9	WVTC	7.0
10	Humboldt TC	7.0
11	Buffalo Chips	5.0

OPEN WOMEN'S LDR TEAMS

Place	Team	Total
1	Ryan's Racing Team	59.0
2	Impala	49.5
3	East Bay Striders	42.0
4	Reebok Aggies	39.0
5	Tamalpa	34.0
6	WVTC	32.5
7	Buffalo Chips	15.0
8	WVJ&S	4.0

Contd. on page 23

PA Grand Prix: Records Fall at Mother Lode Mile

By Mike Sullivan

The 3rd Annual Mother Lode Mile staged June 26 in Sonora, Tuolumne County, is fast becoming a gem of the Pacific Association Grand Prix Championship schedule. The race had a start and finish line on Stewart Street which is one of the town's main thoroughfares. Race director Mike Sullivan's decision to make this a half mile out and back was simple. Had the course been a point-to-point race, the finish line would have easily crossed into the next county.

A prestigious sampling of Northern California's elite runners showed up and, as the day progressed, course records fell like confetti at a political Convention. Olympians won and Olympians lost. Danny Aldrige, whose 3:57 mile time was the best of all entrants, and former national high school cross country champion Charles Alexander of San Francisco, ate the banana in the field of hotshots and had to be satisfied with 5th/13th placings in the open division.

Maria Trujillo, member of the 1984 Mexican Olympic Team and now a U.S. citizen, broke away from both Jeanne Sapienza of Davis and Barb Myers-Acosta of Santa Clara to cop the open women's race in her first Mother Lode Mile.

HEAT 3, MEN 50 & OVER: What a race! Only a hair separated Jim Gibbons, Willilts, and Harvey Franklin, Oakland, when both breasted the tape in 4:59...it had half the spectators picking Gibbons the winner and the other half certain it was Franklin. Mark Twain picked Gibbons so that settled that.

HEAT 4, WOMEN 40 & OVER: You can always expect a classic race in the masters division and this one was no exception. Leslie McHampton 43, San Rafael (5:21.4) did a number on the previous course record by almost eight seconds. At the same time, both Pat Falsone, 46, El Cerrito (6:04.4) and Becky Quartarolo 46, Fair Oaks (6:26.5) demolished the 45-49 record (6:29.3). Of the top 10 finishers in the masters 40-49 division, seven of them were members of West Valley Track Club.

The first three finishers in the 50+ division, Joan Ottaway of Sonora (5:36.9), Jutta McCormick, Cupertino (6:00.3) and Barbara Miller, Modesto (6:01.8) are all from West Valley T.C. It's just as well to

point out that more than 15-percent of the field were members of West Valley T.C. who closed the day with a 25 medals. **HEAT 5, MEN 40-49:** What do you want to hear about this race? You have to go all the way down to the 17th finisher in this division before someone hit the 5 minute mark. If you're not impressed with the times then just consider that the first half of the race is uphill followed by a 180 degree turn before the downhill charge.

James Tracy, 44, Truckee, and Gustavo Figueroa, 43, Winnemucca, Nev., finished (what again!) in the identical time of 4:41.8. A line judge with a crowbar couldn't have pried them apart. **HEAT 6 OPEN WOMEN** Maria Trujillo, 34, Marina, wins in 5:06.5! I was going to say that I finally witnessed a PERFECT RACE...the finishing places were right on—the times were accurate—and believe it or not, the runners' times and places were posted on the results boards before the start of the following heat.

"Barb Myers-Acosta shoulda' won the race." Jeanne Sapienza told the race director at the finish line.

Jeanne, last years 2nd place finisher, said "Barb Acosta was clearly in the lead but failed to make the turn for home at the half mile turnaround or she would have won easily."

What's this? You mean that a top-notch national runner didn't see the rows of orange cones arced in mid-street showing the turnaround point? **HEAT 7 OPEN MEN:** Two Fresno roommates came rocketing down the finish line in 1-2 with winner, Jamey Harris (4:13.1) edging Ernie Freer, by 1.4 seconds and equalling the course mark held by two others in the 1992 race. Both Harris and Freer of the Reebok Aggies pulled away from the pack at the stretch, but a last kick by Harris sealed his victory.

"This is the first time I've run a competitive road mile," Harris said. "It's really intense. This particular race is tough because you start with a slow uphill grade, you have to slow to turn around halfway through, and it's downhill near the end. It's hard to control your strides that way."

A total of \$2200 in cash awards were distributed to individual and team scoring members of USATF.

MEN 50 & OVER: 1. Jim Gibbons 50, Willilts, 4:59.2; 2. Harvey Franklin 51, Oakland 4:59.6; 3. Dan Preston 52, Santa Rosa 5:00.4; 4. Jim Reitz 50, Livermore 5:02.3; 5. David Taylor 50, Benicia 5:03.0; 6. Jim Williams 53, Novato 5:03.8; 7. Steve Stephens 50, San Anselmo 5:04.9; 8. Tim Rostege 54, San Jose 5:06.2; 9. Tom Wright 50, Auburn 5:09.4; 10. Dick Chimenti 51, San Jose 5:11.2.

WOMEN 40 & OVER: 1. Leslie McHampton 43, San Rafael 5:21.4; 2. Melinda Villar 42, San Ramon 5:34.4; 3. Joan Ottaway 50, Sonora 5:37.0; 4. Bev Marx 40, Fair Oaks 5:46.3; 5. Sue Francis 41, Sunnyvale 5:54.6; 6. Jutta McCormick 53, Cupertino 6:00.3; 7. Barbara Miller, 54, Modesto 6:01.8; 8. Pat Falsone 46, El Cerrito 6:04.4; 9. Joan Ullyot 53, Snowmass Village 6:12.4; 10. Charlene Bayles 43, Concord 6:16.1

MEN 40-49: 1. James Tracy 44, Truckee 4:41.8; 2. Gustavo Figueroa 43, Winnemucca 4:41.8; 3. Tim Williams 40, Elk Grove 4:46.3; 4. Bruce Anderson 41, Fresno 4:46.7; 5. Jim Gorman 45, Palo Alto 4:47.0; 6. David Stancliffe 43, San Rafael 4:48.5; 7. Jose Casillas 42, Cupertino 4:50.1; 8. Kitt Flynn 41, Grass Valley 4:50.5; 9. Charles Thompson 44, San Francisco 4:51.4; 10. Thomas Cushman 40, Chico 4:52.2.

OPEN WOMEN: 1. Maria Trujillo 34, Marina 5:06.5; 2. Barb Myers Acosta 36, Santa Cruz 5:07.9; 3. Jeanne Sapienza 27, Davis 5:08.5; 4. Rachael Hawtin 27, San Francisco 5:12.0; 5. Monica Townsend 26, Los Gatos 5:12.7; 6. Rae Henderson 27, Lafayette 5:13.9; 7. Terry Schmidt 38, Reno 5:16.2; 8. Shannan Sweeney 35, Santa Rosa 5:17.0; 9. Kristina Mathias 23, Sunnyvale 5:17.7; 10. Amy Grafius 20, Modesto 5:19.4.

OPEN MEN: 1. Jamey Harris 23, Fresno 4:13.1; 2. Ernie Freer 28, Fresno 4:14.5; 3. Ben Turman 24, Emeryville 4:20.2; 4. Robert Thwala 32, Reno 4:21.3; 5. Danny Aldridge 37, Santa Rosa 4:22.4; 6. Kenrick Sealy 27, Unknown 4:23.4; 7. Alan Dehlinger 33, Reno 4:24.1; 8. Eric Walker 25, Santa Rosa 4:24.4; 9. Pat Johnson 25, Stanford 4:24.9; 10. Peter Woods 27, Reno 4:25.2.

1994 Pacific Association Cross Country Grand Prix

<u>Date</u>	<u>Race</u>	<u>Location</u>	<u>Distance, M/F</u>	<u>Point Value</u>	<u>Contact</u>
9/10/94	Golden Gate Park I/USF Invit.	S.F./GG Park	5 km/5 km	1.0	Hoy's Sports (415) 252-5370; or, Tim Wason, 415-648-1467 (eve.)
9/17/94	Sierra Cross Country	Rocklin	4M/5 km	1.0	Ron Richardson, 916-688-7261
9/24/94	UC-Davis Aggie Invitational 1	Davis	8 km/5 km	1.0	Sue Williams, 916-752-1942
10/1/94	Empire Cross Country 2	Santa Rosa	8 km/6 km	1.5/2.0	Mike Weddington, 707-544-2756
10/8/94	Mills Invitational 3	Oakland	8 km/5 km	1.0	Carla Jackson, 510-569-5277
10/15/94	Bye				
10/22/94	Crystal Springs Challenge 4	Belmont	4M/3M	1.0	Dave Schrock, 415-574-6448
10/29/94	Golden Gate Park II	S.F.	6M/4M	1.0	Hoy's Sports (415) 252-5370; or, Tim Wason, 415-648-1467 (eve.)
11/5/94	Alum Rock Park Cross Country	San Jose	5M/4M	1.0	Andrea Byers, 408-288-6951
11/19/94	PA/USATF Championship 5 (Also: USATF Western Regional & Reebok National G.P. Event)	S.F./GG Park	10 km/6 km	2.0	Hoy's Sports (415) 252-5370; or, Tim Wason, 415-648-1467 (eve.)

¹ Davis—No race day entry; pre-registration by 9/16 is mandatory for guaranteed entry

² Empire Inv.—\$1,500 to \$2,000 prize money available for Pacific Association athletes/teams only. If prize money is \$1,500, point value is 1.5; if prize money is \$2,000, point value is 2.0.

³ Mills Inv.—No race day entry; pre-register by 10/1

⁴ Crystal Springs—Actual distances are 4.2M/2.95M (same as Community College courses)

⁵ PA/USATF Championship offers \$2,000 to PA athletes/teams. In addition, as the last event on the 1994 USA Reebok National Cross Country Grand Prix, and as the USATF Western Regional Championship, an additional \$3,000 open purse is being offered (U.S. citizenship and USATF card necessary for open money)

The Cross Country Grand Prix is designed to encourage the development of post-collegiate athletes and to provide competitive cross country opportunities for older athletes as well. All scoring individuals must be current Pacific Association/USATF members, and must reside within the Pacific Association geographical boundaries.

For complete information about rules and scoring, refer to the insert in this publication or send a self-addressed, stamped envelope to: Mark Winitz, PA/USATF LDR Committee Chair/Office, P.O. Box 1621, Los Altos, CA 94023 Ph.: (415) 948-0618 Fax: (415) 949-2172.

Teams to Battle for 1994 PA Cross Country Crown

By Mike Weddington

The upcoming 1994 Pacific Association Cross Country season, with nine races and a championship in San Francisco, may prove to be the most popular yet. From 10 to 12 clubs will field at least partial men's and women's open teams. The long and hard work put into building up the circuit over the last four years by successive series directors Jim Sapienza, Randy Accetta, and now Tim Wason—with considerable help from other far-sighted PA officials, board members, and individual race directors and volunteers—has really paid off.

Pacific Association Team Profiles Men's Open Division

Buffalo Chips: Based in Sacramento, the Chips, originally conceived as a women's running and racing group, is one of the larger social running clubs in California and the U.S. Yet, despite getting out as many as 150 people for their weekly speed workouts, their racing teams are somewhat disorganized, as longtime club leader *George Parrot* reports. The men that do race focus on ultra-events and the marathon; however, there could possibly be an Open team formed around

such speedsters as Brad Lael for the PA X-C Championship meet and at nearby meets at Sierra College and U.C. Davis' Aggie Invitational.

East Bay Striders: The Striders, based in Contra Costa County, are a collection of some 80-to-100 racing-inclined men and women. President *Thom Trimble* reports that as many as 15 open men will be out for most of the circuit races. Trimble, a 31-minute 10 km runner, will lead teammate *Jeff Teeters*, new recruit *Doreteo Vasquez* (a former sub-31 10 km runner) and a bevy of teammates in the 33-to-36 minute range.

Empire Runners: Empire—the only circuit club with an actual residency requirement for PA team participation (Sonoma County is the base, although runners from neighboring Lake and Mendocino Counties are welcome, due to the lack of team racing options in those areas)—may have as many as 40 runners out for the season. Hoping to at least defend its second place finish at last year's PA Championships, the squad will be led by PA regulars *Dan Aldridge*, *Eric Walker*, *Ken Brown*, *Ken Keyte*, *Ty Strange* and *Scott Pierce*. Along with

darkhorses *Eric Bohn*, *John Litzenberg* and *Ken Kane*, all could be in 31-minute 10 km shape at the end of the season.

Hoy's Racing Team: The San Francisco-based Hoy's Sports team has survived intensive reorganization efforts over the last several months and is hatching a potentially-powerful cross-country outfit. Rumor has it that former 2:12-marathoner *John Moreno* may be on board, along with Houlihan's winner *Rey Flores* and 30-32 minute 10 km threats *Patrick Moreton*, *Miguel Tibaduiza*, *Jake Furber*, *Matt Johansen*, *Dan Mancini*, *Jose Lizzaraga* and miler *Ben Turman*. *Peter O'Reilly* is a maybe, while *Joe Karnes* is moving to Alaska.

Humboldt Track Club: A major force on the circuit in their first year of competition last season, Humboldt captain *Mike Williams* expects as many as 22 to compete. Drawing from an outstanding Humboldt State alumni list and their friends from throughout Northern California, the Arcata based team will be led by 29:45 performer *Dennis Pfeifer* and 30-to-32 minute regulars *Reed Elmore*, *Phillip Deamonte*, *Ian Blair*, *Scott Pesch*,

Contd. on page 23

Four American Records Fall at Masters Track Meet

Four American records were broken at the Pacific Association Masters Championships at James Logan High School in Union City July 16th. Irene Oberra of Fremont broke two records, both pending, in the 60-64 division. She ran the 100 meters in 14.41 seconds and the 200 in 29.55.

In the 50-54 division's 4x800 relay, George Mason of El Cerrito, Harvey Franklin of Oakland, Dennis Duffy of Fresno and Ramsay Thomas of Lafayette teamed to run 8:47.9, barely off the world record of 8:47.74.

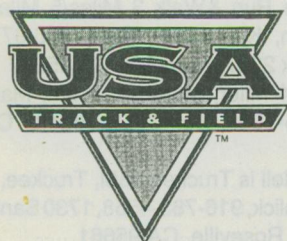
Dee Dee Grifius ran a 62.72 400 meters to set a new 45-49 American mark.

Pacific Association Masters Championships

Men's Results: 100: 40-44: 1. Don Roberts 12.73; 2. Joe Sahagun 13.26. 45-49: 1. Raymond Yeck 12.23; 2. Bill Johnson 12.70. 50-54: 1. Win Emert 12.22; 2. Malcolm Thompson 13.86. 55-59: 1. Phil Maresca 13.50; 60-64: 1. Fred Gunther; 65-70: 1. Hull Washington 15.07. 75-79: 1. Konrad Slaughter 18.96. 200: 45-49: 1. Raymond Yeck 25.08; 2. Brian Legakis 26.53; 3. Larry Herman 28.62. 50-54: 1. Tyrone Nelson 28.31; 2. Malcolm Thompson 29.85. 55-59: 1. Phil Maresca; 60-64: 1. Bruce Springbelt 27.45; 2. Fred Gunther 29.74. 65-69: 1. Hull Washington 32.14. 75-79: 1. Konrad Slaughter

40.65. 400: 45-49: 1. Norm Cornwell 55.52; 2. Thomas Ryan 68.0. 800: 40-44: 1. Kurt Gravenhult 2:19.4. 45-49: 1. Norm Cornwell 1:58.0. 50-54: 1. Andre Dunkell 2:10.5; 2. George Lim 2:30.3. 55-59: 1. Karl Gripenburg 2:21.6; 2. Jim Bevins 2:25.6; 3. Norm Salicedo 2:31.9. 1500: 40-44: 1. Bill Brusher 4:45.8; 2. Patrick Buzbee 4:54.5. 50-54: 1. James Gibbons 4:39.9. 55-59: 1. Karl Gripenberg 4:58.2; 2. Jim Bevins 5:08.7. 5000: 45-49: 1. Ron Kiyono 19:16.9. 50-54: 1. Jon MacPherson 17:46.1. 5000 Racewalk: 40-44: 1. Art Klein 29:39. 50-54: 1. Gary Bauer 35:54. 55-59: 1. G. Boyington 30:28. 100 Hurdles: 60-64: 1. John Martel 17.76. 110 Hurdles: 40-44: 1. Dan Roberts 17.51. 400 Hurdles: 40-44: 1. Dan Roberts 65.4; 2. Thomas Ryan 77.9. 400 Relay: 40-44: 1. Robinson, Ware, Brown, Jones 46.2. High Jump: 45-49: 1. William Wood 4-8. 50-54: 1. Don Duorak 4-9. 55-59: 1. Dale Harder 4-0. 70-74: 1. Richard Warren 4-4. 2. Jim Johnson 3-8. Long Jump: 40-44: 1. Roger Trujillo 19-9 1/2; 2. Joe Sahagun 15-11 1/4. 45-49: 1. James Manor 18-2 1/2; 2. William Wood 15-4 1/4. 50-54: 1. John Lawson 17-5 1/4; 2. Don Duroak 17-2 1/4; 3. Richard Imperiale 15-7; 4. Tyrone Nelson 15-2 1/2; 70-74: 1. Jim Johnson 11-4 3/4. Triple Jump: 40-44 1. Roger Trujillo 40-10. 45-49: 1. William Wood 36-1; 2. James Manor 36- 1/4. 50-54: 1. John Lawson 35-6 1/2; 2. Don Duorak 35-0. Pole Vault: 40-44: 1. Eddie Seese 12-1 1/2. 50-54: 1. Bruce Hotaling 12-1 1/2; 2. Roger Werne 12-1 1/2. 70-74: 1. Jim Johnson 7-6. Shot Put: 40-44: 1. William

Tindell 32 3/4. 45-49: 1. Mike Holzgang 34-3; 2. John Gallen 25-9 1/2. 50-54: 1. Paul Thiel 42-6 3/4. 55-59: 1. Dale Harder 34-7. 70-74: 1. Ed Chynovyeth 42-5. Discus: 40-44: 1. William Tindell 95-2. 45-49: 1. Mike Holzgang 95-6; 2. John Gallen 73-6 1/2. 50-54: 1. Tyrone Nelson 75-1/2. 55-59: 1. Dale Harder 106-6. Javelin: 45-59: 1. Bill Johnson 132-2; 2. Mike Holzgang 123-9; 3. John Gallen 79-8. 50-54: 1. Leon Olson 119-10; 2. Tyrone Nelson 85-1. 55-59: 1. Phil Conley 152-6; 2. Dale Harder 114-11. 100-64: 1. Jack Ralls 74-1. **Women's Results:** 100: 50-54: 1. Jutta McCormick 14.89. 55-59: 1. Rita Kerr 16.66. 60-64: 1. Irene Oberra 14.41; 2. Marjorie Moore 19.00. 200: 50-54: 1. Jutta McCormick 29.82. 55-59: 1. Rita Kerr 34.04. 60-64: 1. Irene Oberra 29.55. 400: 40-44: 1. Judy Ace 66.95. 45-49: 1. Dee Dee Grifius 62.72. 50-54: 1. Jutta McCormick 66.24. 55-59: 1. Rita Kerr 76.14. 60-64: 1. Irene Oberra 73.00. 800: 40-44: 1. Melinda Villar 2:29.5; 2. Judy Ace 2:30.8; 3. Nancy Ode 2:46.2. 45-49: 1. Dee Dee Grifius 2:21.3. 50-54: 1. Vickie Bigelow 2:50.0; 2. Carol Stroud 3:29. 1500: 50-54: 1. Vickie Bigelow 5:43.7. 60-64: 1. Juliane Scheberias 7:30. 5000 Racewalk: 40-44: 1. Robin Fujaaka 27.09. 45-49: 1. Carolyn Nash 34:13. 50-54: 1. Pam Webb 34:03. High Jump: 45-49: 1. Barbara Stratton 3-5. 60-64: 1. Marjorie Moore 3-4. Long Jump: 45-49: 1. Barbara Stratton 10-7 1/4. 60-64: 1. Marjorie Moore 9-9 1/2. Triple Jump: 45-49: 1. Barbara Stratton 23-9 1/4. Javelin: 50-54: 1. Fran Conley 96-8.



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Pacific Association Events September-November 1994

Sunday, Sept. 4

Run on the Sly, 30 km, 50 km, 50 mile, Placerville, 6 am, Margie Lopez, 916-622-4513, P. O. Box 245, Placerville, CA 95667.

Boothill Half Marathon/10 km, Pescadero, 9 am, 510-223-5778, Sky High, P. O. Box 20963, El Sobrante, CA 94803.

Monday, Sept. 5

Stage Coach Mountain Run, 10.45 miles, Auburn, 8 am, Nick Vogt, 916-878-0697, 1025 Grange Rd., Meadow Vista, CA 95722.

Saturday, Sept. 10

Crescent Beach Run 10 km/5 km, Crescent City, 10 am, Thom Webb, 707-464-8472, 616 Bertsch Ave., Crescent City, CA 95531

Northern California Seniors T & F Classic, San Francisco, Mark Grubi, 415-285-3352

PA X-C: Golden Gate Park/USF Invitational 5 km Cross Country, San Francisco, Hoy's Sports, 415-252-5370

Shout on the Green 10 km/5 km, Concord, 8 a.m., Mike Parker, 510-686-4357, 4255 Clayton Rd., Concord, CA 94521.

John Orogren Memorial 5 km Run and Walk, Marysville, 9 a.m., Nick Vogt, 916-741-6839 or 878-0697, Yuba College, 2088 North Beale Rd, Marysville, CA 95901.

Sat-Sun, Sept. 10-11

PA Ultra: Wine Country Run for Sight 12-Hour Run, Sonoma High School track, 8 pm, Dr. Dave Simpson, 707-939-8800, 34 W. Spain St., Sonoma, CA 95476

Sunday, Sept. 11

14th Annual Tioga Pass Run 12.4 Miles, Lee Vining, 9 am, Eileen Burger, 619-934-3655, P.O. Box 7233, Mammoth Lakes, CA 93546

Annadel Loop 6.5 Miles, Santa Rosa, 8 am, John Roxston, 707-546-1021, 1808 Wright Santa Rosa, CA 95404

Buffalo Stampede 10 Miler, Sacramento, 8 am, Lee Rhodes, 916-482-8528, P.O. Box 660066, Sac., CA 95866

Canyon to Canyon Run 7 Miles, Reno, 9 am, Bruce Susong, 702-358-1401, P.O. Box 21171, Reno, NV 89515

PA Masters 40-49: Bayside Technology Park 8 km, Fremont, 9 am, Marc Lund, 415-966-1511 (w), 1265 Montecito Ave., Suite 105, Mountain View, CA 94043

Burney Classic Marathon, Half-Marathon, 10 km, 5 km, Burney, 8 am-10 am, Don Jacobs, 916-335-2825, 335-3866, Burney Lions Club, P. O. Box 217, Dept. M, Burney, CA 96013

Alpine Country 10 km Series, Kirkwood, 10 am, Alpine County Chamber, 916-694-2475, P. O. Box 265, Markleeville, CA 96120

Golden Gate Mile 10 Miles/3 Miles, San Francisco, 8:30 am, The Guardsman, 415-781-6785, 115 Sansome St., Suite 310, San Francisco, CA 94104

Food & Fitness Stride, 5 Miles, Stanford, 8:30 am, Diane Madgic, 415-723-6904, Univ.

Hospital, 300 Pasteur Dr., Rm 1209, Stanford Univ., Palo Alto, CA 94305

California Prune Festival Run/Walk 5 km/10 km, Yuba City, 8 am, 916-673-3436, P. O. Box 3006, Yuba City, CA 95992

Friday, Sept. 16

Palo Alto Weekly Moonlight 5 km/10 km, Palo Alto, 9 pm, Tom Osborne, 415-329-2342, 1305 Middlefield Rd, Palo Alto, CA 94301

Saturday, Sept. 17

City to City Benefit Fun Run, 5 km/10 km, Davis, 9 am, Terry Turner, 916-756-7681, 1224 Beech Lane, Davis, CA 95616

Tahoe To-Run-Asaurus, 10 km/5 km, South Lake Tahoe, 9 am, Rexanne Ring, 916-544-6771, P. O. Box 555, So. Lake Tahoe, CA 96156

Pacific Crest Trail 50 km, 25 km, 12 km, 50 km Relay, Squaw Valley, 8 am, Sky High, 510-223-5778, P.O. Box 20963, El Sobrante, CA 94803

PA X-C: Sierra Cross Country, 4 miles/5 km, Sierra College, Rocklin, Ron Richardson, 916-688-7261.

Sunday, Sept. 18

Home Run for Exceptional Children, 10 km/5 km, Los Angeles, 8 am, Sue Swanson, 213-298-8219, 3750 W. Martin Luther King Blvd., LA, CA 90008

Ron's Wildlife Run 10 km/5 km, Los Gatos, 8:30 am, Jack Hubby, 408-996-2821, 296 Garden Hill Dr., Los Gatos, CA 94023

Walnut Festival 5 km/10 km Run, Walnut Creek, 7:30 am, Nancy King, 510-935-6766, P.O. Box 3408, Walnut Creek, CA 94598

Lifespan 10 km, San Francisco, Time TBA, 415-905-4259

Blue Lake Run, 2 Miles/10 km, Blue Lake, 1 pm, Bob Dickerson, 707-668-5161, Six Rivers RC, P. O. Box 214, Arcata, CA 95521

Love-A-Nut Run 5 km/10 km, Oakley, 9 am, Oakley Almond Festival, 510-625-1035, P.O. Box 1340, Oakley, CA 94561

Monterey Bay 10 km, Pacific Grove, 9 am, Beacon House, 408-372-2334, P.O. Box 301, Pacific Grove, CA 93950

Friday, Sept. 23

Race Judicata 5 km/10 km, Oakland, Joe Devane, 510-538-2411, P. O. Box 2426, Dublin, CA 94568

Saturday, Sept. 24

Chevys To Chevys 12 km, Sacramento, 8:30 am, Silvia Aguirre, 916-757-6017, 221 G St. Ste 205, Davis, CA 95616

Down & Up Ruck-A-Chuck 50 km, Foresthill, 7 am, Nanci or Charlie Gabri, 916-367-2981, 20043 Hosmer Mine Ct., Foresthill, CA 95631

PA Ultra: Napa Valley 50 Miler, Napa, Mike Tarvid, 707-258-2802, 979 Liberty Dr., Napa, CA 94559

PA X-C: UC-Davis Aggie Invitational, 8 km/5 km, Davis, Sue Williams, 916-752-1942.

Golden Gate Tunnel Run, 4 Miles/7 Miles, Ft. Cronkhite, 9 am, Sky High, 510-223-5778,

P.O. Box 20963, Ft. Cronkhite, CA 94803

Bear River 5 km Cross Country Classic, Grass Valley, 8:30 am, Nick Vogt, 916-878-0697, 1025 Grange Rd., Meadow Vista, CA 95722

Historic Downtown Larkspur 5 km Race/Walk, Larkspur, 9 am, Larkspur Rec. Dept., 415-927-5110, 400 Magnolia Ave., Larkspur, CA 94939

Tortoise and Hare 3 km/10 km, Columbia, 8 am, Judy Villalobos, 209-532-7166, P.O. Box 4805, Sonora, CA 95370

Sunday, Sept. 25

Fourth Sunday Run 5 km/10 km/15 km, Oakland, 9 am, Len Goldman, 510-339-2430, 1910 Arrowhead Dr., Oakland, CA 94611

Pacific Coast Fog Jog 5-Mile Run, Pacifica, 9 am, Beaches & Rec. Dept., 415-738-7381, 1810 Francisco Blvd., Pacifica, CA 94044.

Great American Carousel to Coaster 10 km, Great America, Santa Clara, 8:30 am, City of Santa Clara Parks, 408-984-3223, 1500 Warburton Ave., Santa Clara, CA 95050

Bear Creek 10 km Run, Scotts Valley, 8:30 am, Richard/Tina, 408-438-1820, 4444 Scotts Valley Dr., Scotts Valley, CA 95066

PA Road: Silver State 15 km, Reno, Bill Meister, 702-852-5037, 13235 Fellowship Way, Reno, NV 89511

Whiskeytown Relays 19.3 Miles, Redding, 9 am, Kim Stempien, 916-2221-4601 S.W.E.A.T. P.O. Box 990188, Redding, CA 96099

Saturday, October 1

Apple Ridge Run & Walk 3 Miles/5 Miles, Magalia, 8 am, Kimberlee Silver, 916-877-8755, P.O. Box 2287, Paradise, CA 95967

Gold Rush 4 Miler, Murphys, 9 am, Mark Aiton, 209-795-7832, Box 2061, Arnold, CA 95223

Where the Hell is Truckee 18M, Truckee, 8 am, Delmar Fralick, 916-783-4558, 1730 Santa Clara Dr. #D3, Roseville, CA 95661

American Cancer Society Rocklin Run, 10 km/5 km, Rocklin, 9 am, Attn: Martha, 916-783-4181, 415 Oak St., Roseville, CA 95678

PA X-C: Empire Cross Country, 8 km/6 km, Santa Rosa, Mike Weddington, 707-544-2756

Sunday, October 2

Harvest Fair Fun Run 10 km/3 km, Santa Rosa, 8 am, Kevin Kostoff, 707-545-9622, 1111 College Ave, Santa Rosa, CA 95404

KNBR Bridge To Bridge 12 km/5 km Run & Walk, San Francisco, 9 am, Peter Nantell, 415-288-1760, P.O. Box 77148, SF, CA 94107

Sacramento Marathon & Half Marathon, Sacramento, 8 am, Ronald Sturgeon, 916-678-5005, P.O. Box 995, Dixon, CA 95620

Novato Stampede 10 km/5 km, Novato, 8:30 am, 415-897-4254, Novato Education Fund, P.O. Box 1472, Novato, CA 94948

Saturday, October 8

Site to Site Run, 8 miles/5 km, Nevada City, 8 am, Colleen Sabatino, 916-273-5148, P.O. Box 1002, Cedar Ridge, CA 95924

PA Road=Association Long Distance Running Grand Prix Event (Masters= for masters only); PA Ultra=Ultrarunning Grand Prix

VacaValley Hospital Fun Run, 5 km/10 km, Vacaville, Kara Moloney, 707-429-6928, 1200 B Gayle Wilson Blvd., Fairfield, CA 94533

PA X-C: Mills Invitational, 8 km/5 km, Carla Jackson, 208-368-9904.

Sunday, October 9

Grizzly Run 10 km/5 km, Garden Valley, 9:30am, Jim Sullivan, 916-888-7372, 3425 Secret Lake Trl., Cool, CA 95634

California Mile, San Francisco, 8 am, Mike Marcus, RhodyCo Productions, 415-383-0314, 3929 California St., SF 94118

Mt. Burdell Challenge 5 km/10 km, Novato, 9 am, Edda Stickle, 415-897-6417 or 892-3228, 25 La Costa Ct., Novato, CA 94947

Sacramento Zoo Zoom, 5 km/10 km, Zoological Society, 916-264-5166, 3920 West Land Park Dr., Sacramento, CA 95822

Vineyard Run for Literacy 10 km/5 km, Lakeport, 9 am, Lorraine Koonce, 707-263-1206, Public Library, 1425 N. High St., Lakeport, CA 95453

Saturday, Oct. 15

PA Ultra: Firetrails Fifty (50 Miles, trail), Castro Valley, 6:30am, Dick Collins, 510-530-6634, 1015 Hollywood Ave, Oakland, CA 94602

Wenmat Classic 10 km & 5 km Run & Walk, Sacramento, 9 am, Michele Canny Gilles, 916-481-5004, 5800 Winding Way, Carmichael, CA 95608

Albertson's Fun Run & Fitness Walk, 5 km/10 km, Folsom, 8 am, Leann Schummer, 916-355-7285, 50 Natoma St., Folsom, CA 95630

Sunday, October 16

PA Road: Humboldt Redwoods Half Marathon Championship & Marathon, Weott, 9 am, Karen Angel, 707-443-1220, 351 Roundhouse Creek Rd., Trinidad, CA 95570

Mulberry Grape Escape 10 km & 5 km Walk, Livermore, 8:30am, RhodyCo Productions, 415-387-2178, 3929 California St., SF 94118

Run to the Heavens 5 km/10 km/1 Mile, San Anselmo, 8:30am, Gail Stanley, 415-258-1931, 1500 Butterfield Rd, San Anselmo, CA 94960

Theta Breakers Stanford 1994 Homecoming 5 km/10 km, Palo Alto, 8 am, Suzanne Waher, 408-436-6459, 1731 N. First St., Suite 3, San Jose, CA 95112

Salinas Skyclimb, 5 km/7.5-Miles, 9:15 am, Skip Latham, 408-424-6155, 105 Harvest St., Salinas, CA 93901

Alamaden Classic Run for Youth Counseling, 10 km/2 Miles, San Jose, Kate Chimenti, 408-268-2904, 7188 Brooktree Ct., San Jose, CA 95120

USATF National Masters 10 km X-C Champs, Rochester, NY, Peter Clavin, 716-242-9031, 160 Laney Rd., Rochester, NY 14620

Saturday, Oct. 22

Big Sur River Run 10 km, Big Sur, 10 am, Jaci Pappas, 408-667-2956, P.O. Box 201, Big Sur, CA 93920

Northern Cal Cross Country 5 km/1.5 Miles, St. Helena, 9:30am, Linda Klein, 707-252-

4480, 1420 Spruce, Napa CA 94559

PA X-C: Crystal Springs Challenge, 4 Miles/3 Miles, Belmont, Dave Schrock, 415-574-6448.

Sunday, Oct. 23

Fourth Sunday Run 5 km/10 km/15 km, Oakland, 9 am, Len Goldman, 510-339-2430, 1910 Arrowhead Dr, Oakland, CA 94611

Red Ribbon Run, 5 Miles, Menlo Park, 8:30 am, Tom Osborne, 415-329-2342, Palo Alto Rec., 1305 Middlefield Rd., Palo Alto, CA 94301

Race for the Cure 5 km, San Francisco, Hotline: 800-698-8699.

Saturday, Oct. 29

Tahoe Trick or Trot 8 km, 2 Miles, Incline Village, 10 am, Debbie Devine, 702-832-7120, P.O. Box 404, Crystal Bay, NV 89402

Sierra Nevada Endurance Run 52.4M, 7 am, Folsom Lake, Delmar Fralick, 916-783-4558, 1730 Santa Clara Dr. #D3, Roseville, CA 95661

Monster Mash Fun Run 5 km/10 km, Sacramento, 8:30 am, Bob Canady, 916-481-9421, 4417 Briarwood Dr., Sacramento, CA 95821

PA X-C: Golden Gate Park II, 6 Miles/4 Miles, San Francisco, Hoy's Sports, 415-252-5370

Sunday, Oct. 30

Red Ribbon Run 5 km & Kid's Mile, Pleasanton, 9 am, Mark Ailton, 209-795-7832, P. O. Box 156, Pleasanton, CA 95223

Lafayette Reservoir Run, 10 km/2 Miles, 8 am, Lafayette Circle, Suite 100, Lafayette, CA 94549

San Francisco Classic 5 km/10 km, 8:30 am, People Events, 415-589-7417, 528 Lurch Ave., So. San Francisco, CA 94080

Santa Cruz Distance Classic, 15 km/5 km, 8:30 am, Marty Kruger, 408-429-8025, P.O. Box 3568, Santa Cruz, CA 95063

Saturday, Nov. 5

Julian 10 km Run/5 km Walk, 8 am, Kathy Loper Events, 619-298-7400

Olympic Circle 4.5-Miles, San Francisco, 8:30 am, The Final Results, 800-491-8988, 460 Wisnom Ave., San Mateo, CA 94401

PA X-C: Alum Rock Park Cross Country, San Jose, 5 Miles/4 Miles, Andrea Byers, 408-288-6951

Sunday, Nov. 6

Apple Harvest Run, 8 Miles/3.6 Miles, Camino, 8:30 am, Snowline Hospice, 916-621-7828, 3097 Cedar Ravine, Placerville, CA 95667

Sonora Heart & Sole Classic, 10 km/2 Miles, 8:30 am, Mike Sullivan, 209-532-1910, Sonora Community Hospital, 1 S. Forest Rd., Sonora, CA 95370

Almond Bowl Run/Walk 3-6 Miles, Chico, 10 am, Walt Schafer, 916-898-4791, 5357 Nimsheir Run, Chico, CA 95928

Saturday, November 12

PA Ultra: Gibson Ranch Multiday Classic, (24-, 48-, 72-Hour Races & 6-Day Race), Sacramento, 9 am, Norman Klein, 916-638-1161,

11139 Mace River Ct., Rancho Cordova, CA 95670

Morgan Hill Marathon & Half-Marathon, 8 am, Calif. Sports Marketing, 408-776-3035, P.O. Box 794, Morgan Hill, CA 95037

Sunday, Nov. 13

PA Road: Clarksburg 30 km, Clarksburg, 9 am, Skip Seebeck, 916-665-1712, Box 20, Clarksburg, CA 95612

Scenic Run, 3 km/10 km, Pacific Grove, 8 am, Monterey Co. Special Olympics, 408-373-1972, 211 Pearl St., Monterey, CA 93940

Saturday, Nov. 19

PA X-C: Pacific Association/USATF Cross Country Championships 10 km-m/6 km-w, San Francisco, Hoy's Sports, 415-252-5370

21st Annual Thanksgiving Fun Run 5 Miles, S. San Francisco, 9 am, Elaine Porter, 415-877-8560, 33 Arroyo Dr., S. San Francisco, CA 94080

Davis Turkey Trot 5 km/10 km, Davis, 8:30am, Change of Pace, 916-757-6017, 221 G St. Ste 205, Davis, CA 95616

Saturday, Nov. 26

Run Your Turkey Off 10 km/5 km, Reno, 10 am, Silver State Striders, 702-849-0419, P.O. Box 21171, Reno, NV 89515

PA Ultra: Quadruple Dipsea, 28.4-miles, trails, Mt. Tamalpais, John Medinger, 415-894-1336 (w), 2060 Manzanita Dr., Oakland, CA 94611

Sunday, Nov. 27

Run to the Far Side VII 10 km/5 km, San Francisco, 8:30am, RhodyCo Productions, 415-387-2178, 3929 California St., SF 94118

Fourth Sunday Run 5 km/10 km/15 km, Oakland, 9 am, Len Goldman, 510-339-2430, 1910 Arrowhead Dr, Oakland, CA 94611

Saturday, Dec. 3

USA Cross Country Championships 10 km (men)/5 km (women), Sandy, Oregon, Harry Simonis, 503-695-2876, P.O. Box 1133, Sandy, OR 97055

Sunday, Dec. 4

PA Road: California International Marathon & 2.62-Mile Fun Run, Folsom, 7 am, Pacific Association, 916-983-4622, 120 Ponderosa Ct., Folsom 95630

Editor's Note:

This schedule of events was compiled from a variety of sources. Some of the listed events were not verified at press time. If you have any questions about an event, contact the person listed by phone or by sending a self-addressed, stamped envelope. Most phone numbers listed are home numbers. Please do not call after 10 p.m.

Trason, Twietmeyer Dominate Western States

By Hollis Lenderking

When Ann Trason travels, she hears some pretty dumb remarks. She has heard, for example, that she doesn't seem very "Californian." There are more than 15 million Californian women of every race, color and persuasion, and yet there's a stereotype which lingers. Maybe she should be more, what, blonde? Tan? Talkative? Especially perhaps, more grateful that others from more tradition-based, "civilized" locales should take such an interest that they would presume to tell her *where* her duty lies, *how* to invest this blessing of hers, *when* to expend her peerless but perishable powers, *whom* to gratify with her company?

Make no mistake, Trason is *pure* Californian—a throwback even. She is a pioneer who loves running for its own kinetic sake, but is first and foremost a woman of the frontier, strangely discomfited by comfort, and supremely thrilled by the chase far, far from civilization's cold embrace.

"I took a lot of grief last winter for deciding to run Western States instead of the World Challenge," she remarked during her gracious ceremonial speech following her sixth consecutive victory (and fifth course record) at the 18th Western States 100. "But there was never any question in my mind what I would do. They just don't get it."

To merge with the wild, to tap the untamed, to explore those primitive sources within both herself and her habitat, limitless in their capacity for nurture—Trason could not forego all that for the fleeting solidarity of team and the blandishments of bureaucracy. It is not about right and wrong, friend or foe, but about who she is, what sends her on her way, day after day, into the wrenching unknown where no woman has ventured before. It's not about simply her athletic stature as the best in the world over any terrain at any distance between 50 km and 100M, but about what stokes the spiritual furnace of one whose sometimes saturnine reserve (so "un-Californian") can casually conceal her competitive inferno.

And so it is that neither she nor Tim Twietmeyer—her male counterpart again this year as in '92—can ever tire of this adventure. Though only 35, Twietmeyer is, in Trason's sense, as much the king of Western States as she, at 33, is its queen. He has amassed 13 sub-24-hour finishes. More



Ann Trason (above) and Tim Twietmeyer vocal than Trason but sharing the same passion, he can be heard to proclaim, many hours into the frenzy of competition, "I really *love* this trail."

In 1989 both he and Trason broke into the big time here, she with her first of six wins, he with top five finish, whence he has never strayed. With a consistency as impressive as Trason's, given the tighter competition among the men, Twietmeyer has placed 2nd, 3rd, 4th, 1st, 2nd, and 1st since that year, always under 18 hours despite widely-variable conditions, always radiating the sheer joy of the challenge.

"I worked harder this year than I did to win in '92," he observed. This was not a reflection on the conditions, which were milder than expected this year (temperatures only in the 90's) but on one of the inex-

plorable dimensions of ultrarunning which can so baffle the novice: sometimes you just don't find your legs for awhile. A long while.

"I really didn't begin to feel comfortable until El Dorado Canyon." That's at 50 miles. In peak heat. That's a long way to run just to feel good.

After that, it was *deja vu* for another unfortunate visitor from the North Country. In 1992, Canadian Peter Findlay clung to an eight-minute lead at Michigan Bluff (55 miles), a lead which would dissipate during the next hour. Twietmeyer charged past his sagging prey at the next checkpoint, Foresthill (100 km), and was never threatened.

This time it was Alaskan Harry Johnson's turn to choke on Twietmeyer's dust. Heedless of history—no male has fronted the field start-to-finish since the final course extension/revision in '86—Johnson nursed his pole position for 100 km. He came unglued on the course's infamous trap door, the 16-mile "California Street" trail, where those who have miscalculated in the canyons come to pay the piper. This is where Twietmeyer, by contrast, bears up and boogies, pouncing on the hapless and infirm. Though Johnson's margin was 15 minutes at Michigan Bluff, he was just two minutes up at Foresthill. That was all the fight he could offer. By California Street's terminus—the American River crossing at 78 miles—he was sixth and down for the count.

Twietmeyer makes it sound maddeningly simple.

"I prepare myself to run 17 hours and hope that's good enough to win; usually it keeps me in the hunt, at least. I knew, when I passed Harry, there was no one who would close on me."

Trason's race bore a striking resemblance to Twietmeyer's, as she struggled to find the cruise control which would expedite her challenge to her own best enemy, herself. Through the first third of the race she played catch-up with her '92 course-record pace, but the canyons, roughly the middle third of the course, held the promise of a kinder fate.

"I had the best day of my life in the canyons," she recalled. Her split at 100 km—nine minutes ahead of her record pace—proved her true. Nor was she escargot

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IAU/IAAF 100 km World Challenge

By Hollis Lenderking

To hear some suits pontificate, you'd think, before there was sweat, there were bureaucrats, and nomenclature before electrolytes. You will not get any explanation here of what machinations lie behind an event title—stunted, secondhand stepchild of “championship” and “cup”—which was fathered across the pond by sycophants of ex-fascist lackeys, and which strikes a sort of sideshow pseudo-note hinting of Monster Truck Thunderdrags and room-temperature fusion. Forget all that—this is your fifth annual *world championship* of ultrarunning, 100 km on the road, Lake Saroma, Japan, June 26. All the big boys and girls in their own Olympiad. And no Kenyans. Yet.

Even when this race was called a Cup, it was never America's, especially not

Western States, contd. from page 16

cargo rolling to the river along the California Street vomitorium, sweeping past the wasted Johnson and crossing the water fully 30 minutes up on her record pace.

Still in overdrive, she outran even Twietmeyer to Auburn Lake Trails (85 miles), now 44 minutes better than her record split, and added another minute by the Highway 49 crossing (93.5). Her kick had been sapped by now, however, and her finishing split slumped from her '92 standard, leaving her with merely a 36:57 improvement upon herself.

How close, really, was her 17:37:51 to Twietmeyer's time, 46:50 in front? Ingrid Kristiansen's marathon world record registers at the 90th percentile of the male standard. Trason's time fixes at the 95.5th percentile of Twietmeyer's.

But the woman who runs with the pumas offers herself scant chance for self-satisfaction.

“Unless you have a good finish, you don't feel like you've had a good race,” Trason said, indicating her own menacing shadow is ready to rear itself once again. Within some inexpressible midnight region within her, an undiscovered haunt, a place no one knows, a fire burns. The fire will send her somewhere over the next divide where she will find the next piece of the unsolvable-puzzle called, “The Perfect Race.”

America's men's. The offroad aesthetic—often slipping a gear into anti-road bias, which predominates among western ultrarunners—has made an elusive commodity of the kind of distinctive focus required to perform to one's potential against road-hardened Europeans with 2:15 marathon speed. Disassociative, spatial and tilting towards the transcendental, California's best ultrarunners favor environments where physical conditions such as terrain and weather dictate strategic approach and tactical adjustments. They are thus mostly disinclined toward the pace-per-mile number-crunching and time-released aggression which road racing demands. Back-to-back 30's on a mountain trail are all the rage; put those training miles on asphalt and, though they pass much faster, it's, “No thank you.”

Enter Sacramentans Tom Johnson and Rich Hanna, whose down-home credentials are beyond question. On the strength of his course records at the Western States 100 and American River 50—both of which now seem beyond any known contestant's reach, save his own—Johnson, in particular, can lay as valid a claim as any male to the indeterminable title, “Best Trail Ultrarunner in the World.”

For his part, Hanna has excelled at short trail ultras, clubbing his own course record at the Cool Canyon 50 km into repeated submission. His competitive focus has long been dominated by the marathon, where his 2:17 (CIM '93) puts him in the leg-speed league with the top European ultrarunners.

After years of teasing us at Cool, Hanna finally took a decisive leap into the front rank of American ultrarunning last February with his all-conquering 6:47:58 at the 100 km Nationals in Sacramento. Johnson, by contrast, seemingly was stuck in the California syndrome—stratospheric off-road performances which his road times had never approached. On the evidence of recent seasons, Hanna's single outing aside, America's fate in international competition had apparently been laid at the midwest's doorstep, home of traditionally roadhardened competitors.

Contd. on page 25

1993-94 Ultra Grand Prix Summary

With the June 25 running of the Western States 100, the PA's 1993-94 Ultra Grand Prix series drew to a close with peak performances by the season's stars. As in the previous year (“Year of Linscott”), an ultrarunning rookie's star shone brightest of all over a range of 12 events offering 464 fixed miles of mirth, plus just as many of one's own making as could be crammed into another 36 hours of locomotion.

For Ultra Grand Prix Point Totals, See pages 18 and 19

In a year of running and coming a long way in a hurry, San Ramon's Suzie Lister, at 29, demonstrated a durability of both body and spirit which lifted her to the top of an ever more competitive heap. In blowing away the Open Women's division, she won five of the nine events she started, earning her laurels both ways, frequency and excellence of performance, in a scoring system which has tended to reward finishing more than competitive stature. A shifting point spread will favor the latter more this year, but there is scant indication to date that Lister's dominance will be threatened.

The talent is here, but none of it as series-focused as Lister. She capped her season with a marvelous fourth (23rd overall) at Western States in 21:29:38, and returned to inaugurate the 1994-95 series with a victory at the Skyline 50 km on August 7 [more next issue].

A long-established elite performer by any measure, Fremont's Dave Scott, 36, captured the Open Men's division, salvaging veterans' pride. Like the upstart Lister, he led the standings in both quantity (seven) and quality, earning 40% of his dominant point total with a magnificent third (4th overall) at Western States (18:19:53).

The Masters divisions featured tighter, deeper contests for top honors. Among the women, Barbara Ann Miller's 28:30:24 finish at States vaulted her past season-long leader Chris Flaherty, a costly DNF'er at Foresthill (100 km). Miller, of Modesto, won her division the hard way, just months before her 50th birthday.

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1994-95 Ultra Grand Prix Schedule

DATE	RACE	LOCATION	DIFFICULTY/CONTACT
Aug. 7, 1994	Skyline 50 km (trail)	Castro Valley	2.0 Will Uher 1681 Lyle Street San Leandro, CA 94578 Tel: (510) 278-0451 (h)
Aug. 27, '94	Pony Express 50 Miler (trail)	Cameron Park	2.0 Delmar Fralick c/o Fleet Feet 1730 Santa Clara Dr., # 3 Roseville, CA 95661 Tel: (916) 783-4558
Sept. 10, '94	Run for Sight 12 Hours (track)	Sonoma	2.8 Wayne Cannon 34 West Spain Sonoma, CA 95476 Tel: (707) 996-2509
Sept. 24, '94	Napa Valley 50 Miler (road) \$1,750 prizes	Napa	3.0 Mike Tarvid 979 Liberty Drive Napa, CA 94559 Tel: (707) 258-2802
Oct. 15, '94	Firetrails 50 Miler (trail)	San Leandro	3.2 Dick Collins 1015 Hollywood Ave. Oakland, CA 94602 Tel: (510) 530-6634
Nov. 12, '94	Gibson Ranch 24 Hour (road)	Sacramento	5.0 Norm Klein 1139 Mace River Court Rancho Cordova, CA 95670 (916) 638-1161
Nov. 26, '94	Quadruple Dipsea (28.4 Miles, trail)	Mt. Tamalpais	2.4 John Medinger 2060 Manzanita Drive Oakland, CA 94611 Tel: (415) 894-1336 (w)
Feb. 18, 1995	Helen Klein 100 km (road) <i>National 100 km Road Championship; selection race for World Cup team</i>	Sacramento	3.5 Norm Klein (see Feb. 12 above)
April 1 1995	American River 50 Miler (trail)	Sacramento	2.4 Delmar Fralick (see above)
April 15, 1995	Ruth Anderson 100 km (road)	San Francisco	3.5 Jim Skophammer, (415) 994-6128
May 13, 1995	Quicksilver 50 km (trail)	San Jose	2.0 Al Hill 546 Bliss Court San Jose, CA 95136 Tel: (408) 978-5199
May 20, 1995	Silver State 50 km (trail)	Reno	2.25 Ken McKim 1460 Prospect Ave. Sparks, Nevada 89431 Tel: (702) 356-2024
June 24, '95	Western States 100 Miler (trail)	Squaw Valley	8.0 Norm Klein (see Nov. 12 above)

For a comprehensive list of rules for the 1994/95 Pacific Association Ultra Grand Prix, including **new rules for 1994/95**, send a self-addressed, stamped envelope to PA Long Distance Running Chairman Mark Winitz, P.O. Box 1621, Los Altos, CA 94023, Tel: (415) 948-0618, Fax: (415) 949-2172. Or, you may contact PA Ultrarunning Coordinator Rae Clark, 2725 Iris Lane, Camino, CA 95725, Tel: (916) 644-7295 (h).



1993-94 PA/USATF Ultra Grand Prix Final Standings

Here are the final standings for the 15-event Pacific Association/USATF Ultra Grand Prix, which concluded with the Western States 100 (see pgs. 16-17). Asterisked (*) athletes in the "Prize Earnings" column did not run the required three-event minimum to be eligible for Grand Prix Prize Money. USATF membership and Pacific Association residency were mandatory to earn Grand Prix points and prize money. Athletes earned points in younger age divisions (except for open) if they placed well enough.

Many thanks to POWERBAR, the Ultra Grand Prix sponsor.

The new season has begun (see schedule at left). For more information, contact Rae Clark at (916) 644-7295 (eve.) or Mark Winitz (415) 948-0618 (day).

OPEN MEN (39 & Under)

Pl.	Name	Team	Total	Prize \$
1	Dave Scott	Unatt	460.8	\$ 150
2	Greg Atchley	Silver State	268.3	\$ 100
3	Jerry Wittenauer	Unatt	216.5	*
4	Greg Nacco	Tamalpa	203.2	\$ 75
5	Bruce Linscott	Tamalpa	193.6	\$ 50
6	Rick Simonsen	Chips	166.0	*
7	Jim Larrieu	Silver State	154.0	\$ 50
8	Vincent Bourret	Unatt	144.0	*
9	Mike Tarvid	Tamalpa	130.4	\$ 50
10	Tom Greene	Unatt	128.0	
11	Sean Crom	Silver State	97.8	
12	Kirk Bolsseree	Unatt	80.8	
13	John Cooper	Unatt	80.0	
14	Brian Purcell	Empire	59.5	
15	Steve McMillin	Unatt	54.4	
16	Kurt Hyan	Tamalpa	54.0	
17	Jeff Teeters	East Bay	46.0	
18	Bob Crowley	Unatt	41.6	
19	Tim Twietmeyer	Unatt	32.0	
20	Bruce Aldrich	Chips	30.0	
21	Larry Goodman	Tamalpa	26.0	
21	Guy Palmer	Tamalpa	26.0	
23	Mike Palmer	East Bay	24.0	
24	Brad Lael	Chips	23.0	
25	Bogan	Unatt	20.0	
	Ambrozowicz			
26	Thomas Welk	Unatt	18.0	
26	Jim Clark	Tamalpa	18.0	
28	Steve Tietz	Ryan's	16.0	
28	Allan Kaplan	Unatt	16.0	
28	Ken Cox	Unatt	16.0	
31	Jacob Niebaum	Aggies	15.0	
32	Trevor White	Unatt	14.0	
32	Roger Royse	Unatt	14.0	
34	Bill Hambrick	Chips	12.0	
35	Mike Aguilera	Unatt	10.0	
36	Damon Lease	WVJS	9.0	
37	Robert King	Unatt	8.0	
38	Michael Norris	Unatt	7.0	
39	Robert Brown	Unatt	6.0	

OPEN WOMEN (39 & Under)

Pl.	Name	Team	Total	Prize \$
1	Suzie Lister	Unatt	649.7	\$ 150
2	Jan Kahdeman	Tamalpa	273.8	\$ 100
3	Michele Vandehoek	Silver State	189.0	\$ 50
4	Chrissy Duryea	Unatt	171.0	\$ 50
5	Maryann Murphy	Unatt	170.0	
6	Diane Kato	Chips	143.6	

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Several PA Athletes Win National Track Titles

By Fred Baer

Knoxville, Tenn.—The Pacific Association will have an impressive cadre of defending champions when it plays host to the 1995 USA/Mobile Track and Field Championship at Sacramento's Hughes Stadium during the third week of June.

Ceci St. Geme and Matt Giusto gave the PA an unusual sweep of both the women's and men's 5,000-meter titles at the 1994 nationals, held at the University of Tennessee, June 14-18, under hot and muggy conditions. Also triumphing were Sheila Hudson-Strudwick, Mike Gravelle, and Regina Jacobs.

Ceci St. Geme scored an impressive triumph in 15:57.71 (over Jennifer Rhines of Villanova, 16:04.02). It was the first major championship since Stanford frosh Ceci

Photos by Victor Sailer



Matt Giusto Kicked to a 5,000-Meter Win.

Hopp won the NCAA 3,000 meters in 1982. Now living in Menlo Park, she's married and the mother of three, ages 6, 5, and 1.

The question has been raised if any woman with three children has previously won a USA track title.

"Women often get stronger after having children," said St. Geme. "I'm a lot stronger...and I have more speed. My best 800 was 2:10 before having babies." She ran 2:03.6 in 1991, after having her first two children.

"This season finishing second in cross country kept me from retiring," said St. Geme, a member of Asics International.

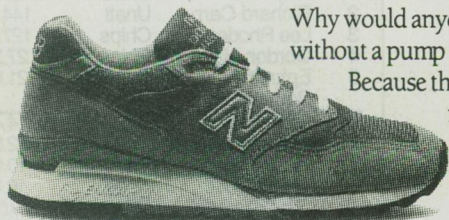
"This win is a big step towards the 1996 Olympics. It was hot here and that made it uncomfortable. But I seemed to handle it."

It was the third time in the 90's that a Stanford alum has won the 5,000. PattiSue Plumer took the crown in 1990 and 1991. And Chris Boyd of Santa Rosa continued the PA reign in 1992.

(Plumer tried to return to competition this season, after having a child last year, but she was recently diagnosed as having mononucleosis, according to St. Geme.)

Contd. on page 21

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Ceci St. Geme Continued the PA Tradition in the 5,000.

St. Geme lowered her personal best to 15:50.28 at the July Goodwill Games, finishing seventh.

Matt Giusto of Foster City defended his men's 5,000 crown by .05 of a second the final afternoon of the meet, running 14:04.30. Ruben Reina had taken the lead from Ronnie Harris on the final turn, but Giusto out-kicked them both in a near blanket finish. Harris was third in 14:04.72.

With two laps to go, I felt pretty good," said Giusto, who was in the middle of the pack of 10 at that point. "I was hoping to hang in and use my kick. But Ruben was ahead and it's tough to come from behind on him. I was sin it with 200 to go and with 100 left I just tried to relax and keep my form. I really couldn't tell at the finish if I had won."

Winning national championships is nothing new for Giusto, who now competes for Foot Locker AC and trains at Cal Poly in San Luis Obispo. As a senior at San Mateo high, he won the Kinney National Cross Country Championship. He took the NCAA 5,000 crown as a senior at Arizona in 1988.

Mike Gravelle of Belmont has represented the USA in the men's discus the last two World Championships. But it wasn't until this year that he won his first U.S. coronet, throwing 201-4.

"I've got a national title now," he remarked. "Nobody can take that away."

Gravelle, a 1983 graduate of St. Ignatius High, has quietly grabbed the area's discus throwing spotlight, achieving his PR of 214-0 in 1991. (Athletes with a PA relationship have won the U.S. title 16 times in the past two decades.)

With his exposure on TV this spring (such as the Mt. San Antonio College Relays on SportsChannel Pacific), Gravelle noted that some of his friends have seen him throw for the first time, and remarked that "Now we finally know what you do."

Gravelle leads U.S. throwers this season at 213-5 and ranks No. 6 in the world (through July). He's still the America JC discus record holder with his 204-11 toss for Skyline College in 1986.

Sheila Hudson-Strudwick equalled her own American women's triple jump record of 46-8 1/4 (set winning the 1992 crown). It was the fifth U.S. title for the University of California assistant coach, who got married prior to the start of this season.

PA Athletes have now won the U.S. triple jump championship eight of the 10 times it's been contested. Woodside grad Wendy Brown, an early world record holder in the event, won crowns in 1985, 1986, and 1988. Hudson took her first championship in 1987, as a sophomore at Cal (when she also won the

Contd. on inside back cover



Sheila Hudson-Strudwick Jumped to Her Fifth National Title.

PA/USATF Race Walking News

By Ron Daniel, Racewalking Chair

PA Masters 5 km Champs., Union City

For the first time in many years, the Pacific Association Master's Track and Field Championships was not held in Los Gatos on July 16. Even so, 15 race walkers found their way to James Logan HS in Union City. Shaking off an early challenge by Robin Fujinaka, Therese Iknoian led the women on a sweep of the top places. Winning by a half lap, Therese had a time of 26:32. Robin followed with 27:09 and fast-improving newcomer Terri Brothers placed third in 28:23. Leading the men, Art Klein PR'd in 29:39. Another newcomer, Gary Boyangton placed second in 30:28 with Charles Woods third, 31:53.

PA 15 km Championships, Palo Alto

With a PR of over three and a half minutes, Therese Iknoian easily won her second PA road championship of '94 on July 24th. In an unusual turn of events, twice as many women as men started the 15 km championship. This interest was no fluke as the women placed 7 in the top 10.

For the first half of the race, Therese walked with visitor Jackie Kerby-Moore, New Mexico, as they opened up on the other fifteen competitors. By 10 km, Therese had a minute on Jackie and never looked back. With 5 and 10 km splits of 27:07 and 54:14, Therese barely slowed to 27:38 in the final two laps for a winning time of 1:21:52 and a margin of 450M. In a rare appearance, Bill Penner of Stockton overtook Kerby-Moore (1:26:48) to take the men's gold and second place overall in 1:24:28.

Continuing to impress, Terri Brothers, Sierra RW, was second PA woman in 1:28:55. third PA woman was Hansi Rigney, Monterey (1:36:25). Another guest competitor, Bradley Lau of Hawaii was second male finisher in 1:31:59. Charles Woods and Gary Bower were second and third PA walkers in 1:42:07 and 1:49:37 respectively.

Thanks again to host GGRW and Palo Alto Recreation Department for another well run race.

Major Non-PA Events

USA Mobile Championships, June 17-18, Knoxville, TN

With a surprising break in the weather both Teresa Vaill (45:01.46) and Michelle Rohl (45:07.6) both smashed Debby Lawrence's US American record (45:28.4) as 11 US women bettered 50 minutes on the University of Tennessee track. As a result,

Kim Wilkinson, the only PA representative, found herself out of the top 10 for the first time in many years, finishing 13th in 51:14.

James Tops Matthews in Eugene Repeat

With a day-before switch from the road to the track, the men had hopes of a record attempt as well. Unfortunately, the 7 a.m. start was greeted with sunny skies and humid air. With conditions deteriorating, neither eventual winner Alan James nor challenger Jonathan Matthews, GGRW, could mount any serious record attack.

Taking the lead at the gun, James went on to his third consecutive victory in this meet in 1:28:35.87 with Matthews a mere 27 seconds back in 1:29:02.27. Trailing by as much as 150M in the first half, Matthews closed to 75M by 17 km before James surged to a 110M victory. Third place finisher, Andrzej Chylinski was over 200M back in 1:30:04.59.

In another spectacular performance, Master walker Don DeNoon (51) set records at 5, 10, 15 and 20 km finishing in 13th at 1:35:26.10.

US Olympic Festival, July 8-10, St. Louis

Another showdown between Vaill and Rohl evaporated in the Missouri humidity, as Vaill bailed at 5 km. Ignoring the conditions, and starting at a 43 minute pace for the first 1 km., Theresa Vaill steadily pulled away from Michelle Rohl over the first 3 km. Cautiously picking her pace, Michelle reeled in Theresa by 5 km.

Shortly thereafter Vaill stepped off the track complaining of heavy legs. This left Michelle uncontested to the finish in a swift 45:51.22. Staying as close as a straight-away, Debby Van Orden PR'd in second with a 46:56.28.

Meanwhile, Monterey's Kim Wilkinson found herself in a four way battle for sixth place. Kim finished 9th, just 11 seconds from sixth place, in 50:59.34, her best in 1994.

Matthews Dominates in Festival Repeat

Shaking off all challengers by 3 km., Jonathan Matthews easily defended his Olympic Festival title at 20 km. What had promised to be a hotly contested race with National bronze medalist Andrzej Chylinski, rapidly dissolved in the wake of Matthews usual precision even pacing. Feeling his strongest since mid-spring, Jonathan was happy with his victory and time of 1:27:53. Having an off day, Andrzej grudgingly gave

up the silver medal to Dave McGovern. In one of his better hot day races, Dave finished 400M behind first with a time of 1:29:53; Andrzej closed with a 1:30:52.

Not used to racing 20 km on the track, Alameda's Jim Lenschau decided to save his hamstrings, calling it an early day at 15 km.

With another solid performance, Don deNoon broke all the records he just set in Knoxville as he finished 6th in 1:33:28.

Recognition

Carl Lederman, Moraga and Joe Sheppard, San Jose were selected to the USATF National Youth Race Walk Honor Roll for 1993 performances.

The Walking Magazine, in their second annual Heroes on Foot edition, recognized Cindy Paffumi, GGRW and Guilio de Petra, MPWWC for their community contributions and inspiration to others through walking.

Upcoming Events

Sept. 11: GGRW 10 km, Arrowhead Marsh, Alameda, Contact: Ralph Wheeler (415) 493-2652

Oct 8: PA Grand Prix 5 km, Col. San Mateo, Contact: R. Wheeler

Oct 8: PA Race Walk Committee Meeting, Col. San Mateo, Contact: Ron Daniel (415) 964-3580

Oct 22, 1994 MPWWC 10 km Megawalk, Seaside (Fort Ord), Contact: Kim Wilkinson (408) 372-2592

Nov 13, 1994 PA 1-Hr Champ, Foothill Col, Los Altos Hills, Contact: R. Wheeler

Chairman's Notes

- Ruth Van Sandt's PA 5 km and Western Regional 10 km (US age 72 record) were at 81% and 82.2% of the age graded standard. And looked good doing it.
- In her spare time, Cindy Paffumi coached the race walkers for the Billy Hutton Youth TC this spring and summer.
- There still is '94 budget money available for coaching and judging clinics. Give us a call to make arrangements.
- National Championship bid requests are out. Contact Lori Maynard for forms if interested. (415) 369-2801.
- There are four judges in training, all at the non-scoring point in their preparation. Congratulations to Bob Henderson, Palo Alto, Liesbeth Matthieu, Greenbrae, Jim Petruzzi and Dick Petruzzi, Sacramento.
- Welcome back to the ranks of the certified judge, Wayne Glusker and Guilio dePetra.

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Racewalking, Contd from page 22

PA/USATF 15 km Racewalk Championship, July 24, Palo Alto

NAME	CLUB	TIME	DIV.
1. Therese Iknoian	GGRW	1:21:52	B
2. Bill Penner	Stocton TC	1:24:28	B
3. Jackie Kerby-Moore	Unatt	1:26:48	*
4. Terri Brothers	Sierra RW	1:28:55	B
5. Bradley Lau	Fit-n-Fast	1:31:59	**
6. Sandy Womack	GGRW	1:34:01	B
7. Hansi Rigney	MPWWWC	1:36:25	C
8. Jennifer Granucci	GGRW	1:37:24	A
9. Charles Woods	Sierra RW	1:42:07	C
10. Lori Leiker	GGRW	1:43:05	B
11. Leslie Brown	Sierra RW	1:47:25	A
12. Gary Bower	GGRW	1:49:37	C
13. Laurel Muskin	MPWWWC	1:52:02	B
14. Helen Storrs	Sierra RW	1:52:04	A
15. Jon Borset	GGRW	1:52:07	C
16. Carolyn Nash	GGRW	1:57:18	B
17. Ernest Lucken	GGRW	1:59:05	C

DNF-Laura Cribbins

Divisions: A: To 34; B: 35-49; C: 50+

*=Guest, Hawaii; **=Guest, New Mexico.

GGRW: Golden Gate Race Walkers

MPWWWC: Monterey Peninsula Walk, Walk, Walk Club

Judges: R. Daniel, Chief; L. Maynard; S.

Maynard, C. Sheppard, B. Bowman

Non-scoring Judges in training: B. Henderson,

J. Petruzzi, D. Petruzzi

Grand Prix Standings, Contd. from p. 10

MASTER'S MEN

Place	Name	Total
1	Excelsior	53.0
2	WVJS	51.5
3	WVTC	39.0
4	East Bay	34.5
5	Tamalpa	29.0
6	Chips	17.0
7	Silver State	12.0
8	Ryan's	5.0

MASTER'S WOMEN

Place	Name	Total
1	WVTC	55.0
2	WVJS	43.5
3	Impala	39.0
4	Tamalpa	22.0
5	Chips	16.0

SENIOR MEN

Place	Name	Total
1	WVJS	63.0
2	Tamalpa	59.5
3	Empire	41.0
4	Silver State	32.5
5	WVTC	27.0
6	Chips	13.0
7	Excelsior	11.0
7	East Bay	11.0
9	Tarahumara	7.5

SENIOR WOMEN

Place	Name	Total
1	WVTC	50.0
2	Tamalpa	49.0
3	Impala	48.5
4	WVJS	19.0

SUPER SENIOR MEN

Place	Name	Total
1	WVJS	64.0
2	Tamalpa	50.5

VETERAN MEN

Place	Name	Total
1	Tamalpa	10.0

PA Cross Country Preview,

Contd. from page 13

Jerry Drew, Cory Trovinger, and Williams himself, with 1:09 half-marathoner Kevin Searles also a factor.

Infiniti Racing Team: Infiniti

founder and former 13:30 5 km runner and PA cross-country director *Jim Sapienza* will lead the new team into their first cross-country season, with support from such stars as *Rich McCann* and *Ken Grace*. The Sacramento-area based team will also have as many as two dozen others out for at least a meet or two; most of those will be in the 32-to-36 minute 10 km fitness range.

Reebok Aggies: The awesome Ags, originally a party-prone collection of friends from UC Davis land, have incarnated over the years into essentially a farm system for the Reebok National and other national-level racing teams. Attracting many of the best collegians each year from Humboldt down to San Luis Obispo, the team will return most of its PA-winning cast of 1993, including defending PA Championship Race winner *Chris Schille* and such PA road racing leaders as *Jose Aispuro*, *Charles Alexander*, *Patrick Johnson*, *Robert Anex*, *David Naranjo*, *Joseph Green*, *Parker Kelly* and many others. Another rumor circulating is that *Mark Conover*—currently battling Hodgkins Disease—has recovered well enough to consider running for the Ags again.

San Jose Spartans: The well-organized Spartan team placed very well overall in 1993 by doing what the other teams couldn't or wouldn't do: send complete five-man teams to each event. Hosts of this year's Alum Rock Park Cross-Country Meet, the Spartans will once again be heavily involved in the season. This writer was unfortunately unable to connect with a team leader for this article, they may once again be led by *Nikos Mourtos*, *John Lockwood*, *Nick Butterfield*, *Dave Lucas*, *Greg Kindig* and *James Scheurerman*.

Silver State Striders: A definite contender for the team PA title, the Striders' veteran PA leader *Alan Dehlinger* reports that teammates *Robert Thwala*, *Ray Cook*, *Peter Wood*, prize recruit *Mike McManus* and himself may already be in 30:30 10 km shape. The Reno-based team will also be adroitly

supported by 31-to-33 minute 10 km types *Scott Schneider*, *Jack Powell*, *Tim Minor*, *Lynn Mentzger*, *Mark Hoefer*, *Carl Buena* and *Ryan Moore*. Despite the long commute for most, the team will try to show at every race.

Tamalpa: The 650+ member Marin-based giant plans to field teams at several meets, reports co-captain *John Lawson*. Although more focussed on the PA Ultra-Series, where they are a major force, the team will try to draw out a plethora of 32-to-36 minute 10 km runners such as *Tom Lyons*, *Tony Fong*, *Greg Nacco*, *David Leipsic*, *John Edgecomb*, *John Narsavich*, former USTAF National Cross-Country organizer *Mike Fanelli*, and fleet newcomer *Fred Parke* for at least a few meets. Would be a leading contender if a race was held on home Dipsea course.

West Valley Track Club and **West Valley Joggers & Striders:** Although actually not related in any way other than by the first half of their club names, the South Bay clubs are similar in that they both are more oriented towards Masters and Senior Masters team competition than Open. WVTC leader *Marc Lund* feels that there will at least be club individuals and perhaps some open teams out for some of the closer Cross Country meets. A report on the WVJS open team situation was unavailable.

Other Bay Area clubs that may field some individuals and an event team or two are **Ryan's Racing Team** (who are focussed on the roads), **Excelsior** (a top-notch masters contingent), and the **Lake Merritt Joggers and Striders**. The more the merrier!

1994 Pre-Season Predictions: (any 7 of the 9 races score; 5 to a team) 1. Reebok Aggies; 2. Silver State; 3. Empire Runners; 4. Humboldt; 5. Hoys; 6. Infiniti; 7. East Bay Striders; 8. Tamalpa; 9. San Jose Spartans; 10. West Valley Track Club; all others.

Women's Open Division

There will probably be fewer women's PA Open Cross-Country teams than men's this season, although it could still prove to be the most successful women's season ever. The clubs most likely to field teams are listed below.

Buffalo Chips: While the Chips' most successful women racers are their

Contd. on page 24

PA Cross Country,

Contd. from page 23

coterie of sub-3:00 marathoners, *George Parrot* reports that the women will probably field some competitive teams in at least a few meets. Marathoner *Carol Parise* may help lead the way, with masters legend *Sharlet Gilbert* perhaps dropping down into the Open Division to help out.

East Bay Striders: A definite contender for top-three team honors, or even the title itself if the Reebok Ags and Impalans fail to show at enough meets, the Striders hope to enter a team in most meets. They will be led by a nucleus of 10-12 women that includes 37-minute-range 10 km runners *Amber Duncan, Kate Von Fossen, Katherine Isham and Becky Drees*, with support from PA regulars *Malia Dinell* (39-range) and 41-minute runners *Jill Cartwright* and *Karin Kuffel*.

Empire Runners: A real dark-horse threat, if enough women can show up regularly. Heading the cast is 36-minute 10 km'er *Cathy Dubay*, with a host of 37-to-39 minute range 10 km runners on the phone list, including team leaders *Heather Cupp, Valerie Lucia* and *Tori Meredith*, as well as *Cathy Dalton, Kristi Holligan, Lura Damiano, Donna Rodriguez, JoAnn Nickel* and *Teresa-Nelson Aldridge*. International-class triathlete *Nancy Vallance* may even make a few meets.

Humboldt Track Club: Humboldt will field at least some individuals on the X-C circuit, but team depth is a real question, as it is for most of the women teams. *Denise Walker*—the Humboldt State 1500m (4:27) and 800m school record-holder—is on board, as is 36 minute 10 km'er *Jolly Earle*, and *Sharon Powers* and *Cathy Dickerson*, who are in 39-40 minute shape. Team could place very well this season.

Impala: The PA favorite, as only Reebok can match their talent, but apparently not their depth. Much depends on how much their vaunted track and road racers decide to run cross-country. Club president *Irene Herman* reports that several runners from the nucleus of PA racing leaders *Jenny Cobb, Carol Stubbs, Trish Stone, Francine Nunley, Miste Garcia, Kristin Luckin* (formerly of Nike), *April Powers, Laura Fritz, Jennifer O'Reilly, Suzanne Cordes, Angela Mogielski, Vicki Bigelow* and 39 year-old

whiz *Christine Kennedy* will run at least some of the X-C races. The team hopes to not only win the PA, but to place well at nationals while continuing to support the PA by volunteering at such meets as the PA Championships.

Infiniti: Club founder *Jim Sapienza* reports a definite intention to field at least some individuals and perhaps a full women's team at some meets, although the actual composition of the team is unclear at this time. Depending on who runs, they could surprise some teams.

Reebok Aggies: As always, the Ags are very talented. However, they don't appear to be as deep as the Impalas or their own male teammates this season. Club leaders *Shannon* and *Pete Sweeney* report a typical pool of 15 or so strong open women runners for the Fall and Winter, but pregnancy, injuries and an emphasis on the roads may leave but 7 or 8 to actually show up at most X-C meets. *Monica Townsend, Kristina Mathias, Melanie Voss, Julie Rohloff, Lisa Geoffrion, Rae Stiger* and 1500m stalwart *Shannon Leider* are some of the more likely to make a showing. The major goals are to win the PA team title and place well at nationals.

Silver State Striders: club leader *Alan Dehlinger* reports that the club will try to get some women individuals and complete teams out on the circuit, although a women's masters team is probably a better bet than an open one at this point. Still, the Striders are more organized than ever before with regards to team formation and promotion, and so an open team shouldn't be counted out. If formed, PA road GP title contender *Terry Schmidt* will lead the way.

Tamalpa: The loss of team ace *Kelly Lawson* to pregnancy hurts, although there are always a host of talented women on hand to step forward if the X-C bug strikes them. Masters leader *Leslie McHampton* could always drop down in division to help out as she does sometimes on the roads, while team co-captains *Laurie Riebeling, Anne Jeffrey* and *Patti Pickett* and teammates *Tamara Gonzalez, Linley Grandison, Tara Rice, Barbara Frazier, Becky Carlomagno, Martha Cederstrom* and *Michelle Holman* are among the many Tamalpans who can cruise far under 50 minutes for 10 km. Another darkhorse team.

West Valley Track Club: WVTC has entered Open Women's teams on the road circuit, albeit with help from masters runners such as star *Joan Ottaway*. As with their men, veteran club organizer *Marc Lund* reports that at least some women individuals, if not outright teams, will compete in a few X-C races. Once one of the premier open racing outfits on the entire west coast, it would be a welcome sight to see the familiar WVTC rainbow singlets out on the courses.

Other club possibilities for at least some individual showings during the X-C season would be **Ryan's Racing Team** and perhaps the **San Jose Spartans**. Although a major team power on the roads, the Ryan's racers generally eschew cross-country for major road racing events. Finally, the **West Valley Striders and Joggers**, who sport a terrific women's masters team, may field some open women during the nine race season.

1994 Pre-season Predictions: (any 7 of the 9 races score; 5 to a team) 1. Impala; 2. Reebok Aggies; 3. East Bay Striders; 4. Empire Runners; 5. Tamalpa; 6. Humboldt Track Club; 7. Buffalo Chips; 8. Infiniti; 9. Silver State Striders; 10. West Valley Track Club.

Notes: All teams are welcome! Don't let the impressive numbers of the teams featured here intimidate your club. Many of these clubs are not able to field complete teams at each race. Give it a try!
NorCal-SoCal Cross Country Challenge

Athletes are needed to help promote and organize the first-ever NorCal-SoCal Cross Country Challenge at the PA/USATF Cross Country Championships in Golden Gate Park on Nov. 19th. Who's the best in cross country: Northern California or Southern California?

We also to organize a bid for the 1996 USATF National Cross Country Championships in San Francisco. Contact PA/USATF Cross Country Coordinator *Tim Wason* or LDR Chair *Mark Winitz*.

Interested in Hosting a Championship?

Bids are now being accepted for the 1995 Road Racing Grand Prix season. Added exposure, excitement, and participation are some of the benefits. The deadline for bids is Wednesday, Oct. 12th. For more information and/or a bid form, contact Pacific LDR Chair *Mark Winitz* at (415) 948-1618, fax (415) 949-2172, P.O. Box 1621, Los Altos, CA 94023.

IAAF Ultra, Contd. from page 17

Johnson could credibly insist that his 100 km misfortunes had been nukes. Trail specialist though he is, his associative focus is the stuff of world-class road racers at any distance. He doesn't run as he feels, but as objective criteria—his pace and pulse—indicate. So when, despite a disposable history in the event, he declares his hunger for a slice of that world championship action, you listen.

"I went to Japan with three goals: a Top 10 finish, a No. 1 American finish, and the American record," Johnson said.

Most people with announced goals like those—if their nation had *never placed anyone* in the Top 10, if they'd *never broken 7:00:00 themselves* (while three teammates had), and if they'd *never been closer than 30:00* of their nation's 14 year standard—well, you'd want a hit off their inhalant of choice. With Johnson, though, homework (35 milers @ 6:20) is truth.

"I aimed to run through 50 km in 3:15 (6:17 per mile pace), and I was right there with a 3:14:30. I felt like I was working harder than I should, but my splits and heart rate were what I wanted to maintain, so I held on." Running (as he trains) with Hanna and letting his numbers do the talking, Johnson witnessed an assemblage of global celebrity roadkill by 50 km which reinforced the wisdom of his self-disciplined resolve. Most notable among the casualties were two-time defending world champ Konstantin Santalov (Russia), '91 titlist Valmir Nunes (Brazil), and world record-holder (6:16:41) Jean-Paul Praet (Belgium).

The mainly-level terrain rippled and rolled at 60-65 km, and Johnson slowed to a 20:20 5 km, but as his heart rate held steady, so did he. Hanna, meanwhile, felt the urge to surge, pulling as much as two minutes (and three places) ahead. Five km later, Johnson—ever the Californian, a warm-weather specialist—felt the sun's first warming rays and exploited his prior self-restraint for a steady push which reeled in his teammate at 86 km. Together, the pair had picked off half the field since 50 km, moving from 20th place to 10th.

Johnson stiffened and sagged in the mid-90's, then regathered himself for a 9th-place 6:41:40 finish (@ 6:28), making him the second-fastest all-time American (3:19 over the AR), while Hanna trailed by just four places and 4:15 (6th all-time).

"I was happy to get two of my three goals, but everyone thinks I had a big breakthrough. I just think I was overdue. I had an average-to-good day, not a great day," concluded Johnson. By his trail standards, he is beyond contradiction; the translation, earth-time to asphalt, has only just begun.

Indiana's Bryan Hacker, America's '93 leader at the distance, also finished strongly—19th place in 6:55:10—to vault the American men into an unprecedented third place behind the Germans and Japanese, while Russia's Alexei Volgin, just 26, copped the individual crown with a 6:22:43. Despite the load of elite DNF's, a record 24 runners broke 7:00:00, a figure bloated by an unexpected contribution from three American PR's.

Without world record-holder Ann Trason (7:09:44), America's women hoped, at best, to trail only the Russians in the team standings. Misfortune dogged the squad, however, as national champion Donna Perkins (7:33) succumbed to a fractured fibula.

Campbell's Chrissy Duryea did more than her part to pick up the slack, as she continued her steady progress in the event with a 7:56:57, a seven-minute PR. From last year's non-scoring 5th-American finisher to a team-leading 7th place in the world—that's a great leap forward which, off her superlative consistency at 50 miles, had long seemed well within her potential. But the difference between that distance and this—analagous to that between 20 miles and a marathon—had been a bridge too far until last winter's Nationals (8:03).

Only 20th at 50 km, Duryea demonstrated the judicious pacing which has been her forte at the shorter distance, where her PR is a fine 6:17. Her splits (3:53:16/4:03:41) compared admirably to Johnson's (3:14:30/3:27:10), and, like him, she must be heeded when she tilts at the windmill.

"I know I can break 7:45:00," she said.

Unfortunately, with her teammates trailing by hefty margins, the Americans could muster only a 5th, while Russia's Valentina Shatyeva (7:34:58), the '93 runner-up, led a 1-3-4 finish for her unapproachable squad.



Ultra Summary, Contd. from page 17

Likewise, Berkeley's Mike Palmer exploited standings-leader Phil Penna's untimely demise at States' Michigan Bluff checkpoint (55M) to nab the men's title. Both finishing nine events, these two endured a year-long struggle in which Penna was the swifter but Palmer the steadier, the former's absence at the 24-hour and misfortune at States proving his undoing, while those events provided nearly half of Palmer's total.

San Jose's David Kim, who at 51 still considers himself a kayaker first and an ultrarunner second, led the entire PA in finishes with 11, but his Senior title cannot be written off as the product of mere diligence. Kim produced quality across the board, most notably in his 22:53:44 finish at States, good for 39th place (44th overall). Marge Dunlap of Redding prevailed among the women.

Finally, points scarcely hint at the achievement of the remarkable San Franciscan, Ray Piva, who, among his six finishes this year en route to the Super Senior crown, set an American 65-69 age-group record for 24 hours with 121 miles, and became, at 67, the oldest silver buckler in Western States history with his 23:29:19 finish for 56th place (62nd overall). Another ultrarunning pioneer, Ruth Anderson, from the first generation of ultrarunning's Western-led renaissance, led the women's totals.

The new season, just underway, features a few event changes, one more race overall (13), and a frontloaded schedule bound to favor the most eager contestants. Dawdling summer vacationers will be left in both the proverbial and material dust by Thanksgiving, when a majority (seven) of the circuit's competitions will already be in the books.

One more thing: for most of us, running loops of a mile or less for 12 or 24 hours is not what attracted us to this sport. But those whose point consciousness could use some raising should note that these events feature attractive difficulty ratings designed to make the drudgery worth one's while. In particular, the Gibson Ranch 24 in November sports the toughest rating on the circuit, aside from the granddaddy of them all in June. And those ratings mean big-time point hauls, especially if the events remain distinctly underpopulated. —H.L.

Muturi Hangs On to Win the San Francisco Marathon

By Mark Winitz

Patrick Muturi of Kenya and Karolina Szabo of Hungary led 4,000 entrants in winning this year's San Francisco Marathon under perfect running conditions. Muturi, 21, fought off a brief challenge by fellow Kenyan, Andrew Musuva, with a mile remaining on the hilly 26.2-mile course to claim victory in 2 hours, 17 minutes, and 34 seconds. Szabo, 32, who holds almost every Hungarian female distance running record and has competed in two Olympic Games, won the women's race easily in a time of 2:44:34.

In the 17th year of the San Francisco Marathon, which got its start in 1977 (no race was held in 1988), the field was a truly international one. Augmenting participants who came from virtually every state in the U.S. and over 35 countries, the elite field was one of the most internationally-diverse in the history of the race. Such is fitting in a town as ethnically varied as San Francisco.

Muturi took the lead practically from the cable car bell that starts the race on the north side of San Francisco's renowned landmark, the Golden Gate Bridge. By Fisherman's Wharf, he was well in control. Through Haight-Ashbury and into Golden Gate Park at 16 miles he held a hefty one-minute gap over Musuva, who had moved up into second place around 10 miles. But the hills and aggressive pace seemed to take their toll on the slowing leader, while Musuva, with a clear view of his prey over the long out-and-back section of Sunset Boulevard, picked up his tempo.

"Then I knew I would get him," said Musuva, "but I used a lot of energy catching up. By the way he looked, I thought I might win."

The race became a battle of the young Kenyans over the closing miles when Musuva, 24, passed the seemingly spent, dramatically slowing Muturi right at the 25 mile point in Golden Gate Park. Muturi, however, kicked into another gear, took the lead again, and arrived at the finish line in Kezar Stadium 200 yards ahead of his pursuer.

"I felt that I would win at the 20-mile point, because I felt I had a lot of strength left," Muturi commented. "But soon I got worried when my pace started going

down. At that point I said I was going to do my best. I was surprised when Musuva passed me. Then I kicked in the last mile because I absolutely had to."

Behind Musuva (2:18:21) followed Lithuanian runner Dainius Virbickas (2:18:54), who was obviously pleased to grab third place.

This was the first time that a Kenyan has won the San Francisco Marathon since 1984 when Simeon Kigen, in Olympic-year form, ran the fastest marathon ever in this compact city of seven hills—a sizzling 2:10:17 which still stands as the race and city record. (It isn't a course record, since the official route had changed several times over the years.)

Szabo, the pre-race women's favorite, may have had an easy win, but it wasn't one of her top days (She has a 2:30 PR).

Barb Myers-Acosta (2:47:18) of Santa Cruz, Calif. placed second in a steady effort. England's Gillian Beschloss (2:54:17) was third.

"My pace may have been a little too easy today," said Szabo. "Still, it was a tough course, and it was a little too cool for me."

Szabo's aversion is exactly why thousands of runners flock to beautiful San Francisco for a mid-summer marathon. Its mild 55- to 60-degree running conditions under foggy skies make it the coolest summer marathon in the U.S.

Both Szabo and Muturi earned \$10,000 apiece for their wins (\$4,000 and \$2,000 were awarded respectively for second and third).

Further back in the pack, Keizo Yamada of Japan, 66, topped the men's 65 to 69 age group by running the hilly course in a super time of 3:11:15. He won his age division title by a whopping 49 minutes. Yamada set a marathon world best of 2:18:51 in winning the Boston Marathon in 1953. At last count, he had completed over 150 marathons. That's nothing compared to Norm Frank of Rochester, New York, who completed his 532nd at San Francisco—the most marathons ever completed by anyone according to the Guinness Book of World Records.

The Team in Training, a nationally-organized group of runners that run and raise funds for the Leukemia Society of

America, fielded hundreds of participants at the S.F. Marathon and raised over \$400,000.

There were 3,056 finishers in the marathon this year, an increase of about 20% over last year's event, which was the 12th largest marathon in the U.S. The City of San Francisco Marathon successfully completed its third year of running under the ownership if International Management Group and direction by the Pacific Association of USA Track and Field.

Thurman, Watson Capture SFM 5 km

Ben Thurman and Louise Watson topped the men's and women's field in the first San Francisco Marathon 5 km. The event started and finished on the Kezar Stadium track and attracted 700 entrants.

Thurman, 24, from Berkeley, pulled away from Livermore's Brian Davis for the win, 15:54 to 16:03. Andrew Boudreau of Berkeley was third in 16:09.

Watson, 22, a recent Stanford graduate and native of Great Britain, dominated the women's field with her 16:37 run. Rachael Hawtin of San Francisco and the West Valley Track Club was second in 17:48. Velvet Bergman, 30, of Winnipeg, Manitoba, Canada, was third in 19:03. (Note: only the top three were timed and scored in the 5 km.)

SAN FRANCISCO MARATHON, July 31, 1994

Top Male Finishers

1	Patrick Muturi	Kenya	21	2:17:34
	Prize money: \$10,000			
2	Andrew Musuva	Kenya	24	2:18:21
	Prize money: \$ 4,000			
3	Dainius Virbickas	Lithuania	22	2:18:54
	Prize money: \$ 2,000			
4	Carlos Tarazona	Venezuela	28	2:20:19
5	Nivaldo Filho	Brazil	33	2:23:30
6	Fredson Mayiek	Kenya	28	2:23:37
7	Juan Zuniga	Costa Rica	31	2:23:54
8	Juan S. Gonzales	Mexico	33	2:24:13
9	Joao Pacau	Brazil	30	2:26:11
10	Filemon Lopez	Mexico	35	2:27:41

Top Female Finishers

1	Karolina Szabo	Hungary	32	2:44:34
	Prize money: \$10,000			
2	Barbara Acosta	Santa Cruz	36	2:47:18
	Prize money: \$ 4,000			
3	Gillian Beschloss	Grt. Britain	36	2:54:17
	Prize money: \$ 2,000			
4	Mary Burns-Prine	San Diego	36	2:57:26
5	Kristen Hoel	Los Angeles	28	2:59:47
6	Kathy Wood	Truckee	29	2:59:53
7	Christine Iwahashi	Sacra'to	38	3:00:47
8	Nocelle Stenger	Santa Fe	29	3:03:18
9	Maria Figueroa	Winn., NV	36	3:08:46
10	Anne Myers	Roch., NY	36	3:08:56

San Francisco Marathon, July 31, 1994

Male Finishers

Name	Time	Age	City/Country	Div. Plc.
1 Patrick Muturi	2:17:34	21	Kenya	1
2 Andrew Musuva	2:18:21	24	Kenya	2
3 Dainius Virbickas	2:18:54	22	Lithuania	3
4 Carlos Tarazona	2:20:19	28	Venezuela	1
5 Nivaldo Filho	2:23:31	33	Brazil	1
6 Fredson Mayiek	2:23:37	28	Kenya	2
7 Juan Zuniga	2:23:57	31	Costa Rica	2
8 Juan Salva Gonzales	2:24:13	33	Mexico	CO 3
9 Joao Pacau	2:26:10	30	Brazil	4
10 Filemon Lopez	2:27:41	35	Mexico	1
11 Gonzalo Hernandez	2:28:59	33	Mexico	5
12 Alfonso Nunez	2:29:01	31	Mexico	6
13 Mark Cucuzzella	2:29:05	27	Davis	3
14 Tim Julian	2:31:01	24	USA	4
15 Reinardo Flores	2:33:14	28	San Francisco CA	4
16 Lourival Sampo	2:33:16	36	Brazil CA	2
17 Ian Leitch	2:34:41	30	Australia	7
18 Mike Kail	2:36:25	25	San Francisco CA	5
19 Gavin A M Sloane	2:36:37	27	CA	6
20 Alberto Padedes	2:37:22	32	Guatemala	8
21 Lloyd Stephenson	2:38:45	39	San Francisco CA	3
22 Salvador Arellano	2:38:58	40	Mexico	1
23 Jeff Taylor	2:39:00	25	San Francisco CA	7
24 Craig Deitz	2:39:23	35	Spokane WA	4
25 Clay Titus	2:40:20	33	San Diego CA	9
26 Joseph Sullivan	2:40:52	38	Warwick RI	5
27 Eusebio Navarro	2:40:56	32	Orange County CA	10
28 Justin Courcelle	2:41:13	23	Mountain View CA	5
29 Dan Nielsen	2:41:35	32	Avon CO	11
30 Brad Lael	2:42:05	29	Sacramento CA	8
31 Gustavo Figueroa	2:43:06	43	Winnemucca NV	2
32 Florencio Morales	2:43:34	28	L A CA	9
33 Alan Lind	2:43:39	35	Denver CO	6
34 Ruben Macedo	2:43:53	30	San Francisco CA	12
35 Chris Laroche	2:43:59	26	Lake Havasu AZ	10
36 Antonio Rodriguez	2:44:26	26	San Francisco CA	11
38 David Beech	2:46:08	39	Sacramento CA	7
39 Charlie Thompson	2:46:48	44	San Francisco CA	3
41 Dan Powers	2:47:36	26	Valencia CA	12
42 Edmund Burke	2:47:47	25	Redwood City CA	13
43 Erin Dezeon	2:48:04	36	San Francisco CA	8
44 William Aronson	2:48:32	22	Goleta CA	6
45 Brent Cromley	2:48:48	25	San Francisco CA	14
46 Ramon Ramos Jr.	2:48:52	30	Bell Gardens CA	13
47 Dositelo Bautista	2:48:54	28	San Juan Capis CA	15
48 Nils Ehrke	2:49:34	26	Germany	16
49 Douglas Miller	2:50:03	30	Encinitas CA	14
50 Scott Carlson	2:50:34	29	Sherman Oaks CA	17
51 Jeff Chaidez	2:50:52	33	Bend OR	15
52 Mark Williams	2:50:56	42	Stanford CA	4
53 Froylan Sanchez	2:51:39	34	San Francisco CA	16
54 Jaywant Srivatsa	2:52:04	27	Santa Clara CA	18
55 Michael Allen	2:52:23	36	Huntsville CA	9
56 Joaquin Briceno	2:52:24	42	North Hollywood CA	5
57 Erik Klitgaard	2:52:31	28	CA	19
58 John Gonzalez	2:52:34	41	Brownsville TX	6
59 Kiko Bracker	2:53:01	25	Davis CA	20



Patrick Muturi hangs on to win the men's race and \$10,000.

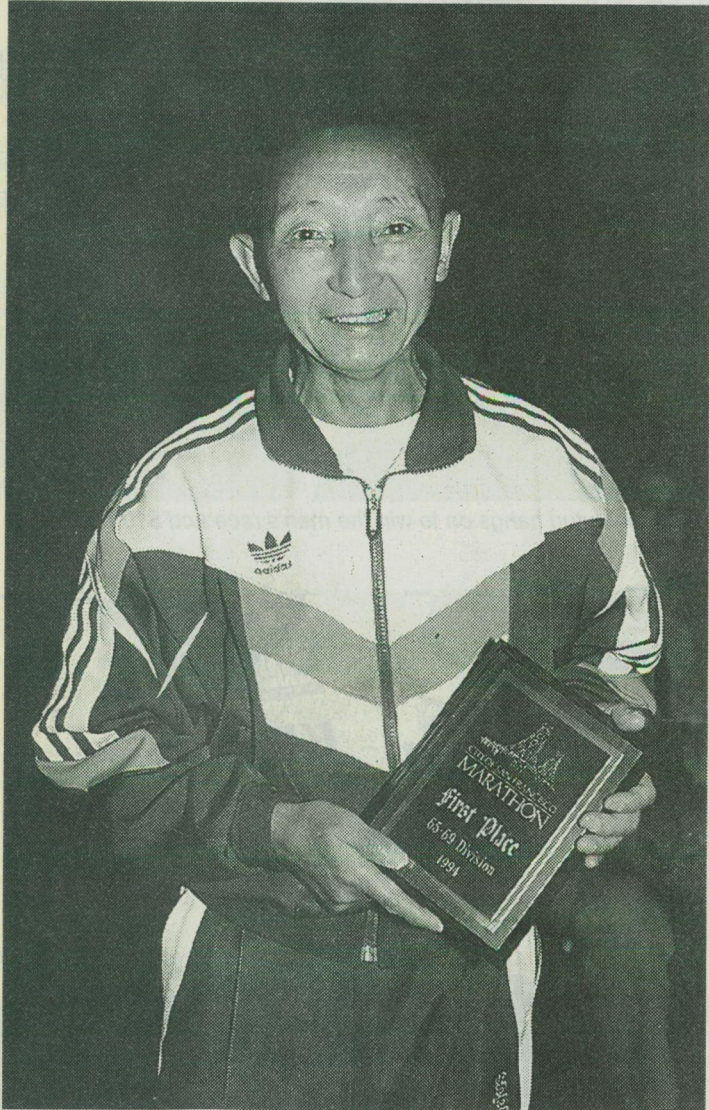


Karolina Szabo tops the women's field in 2:44:34.

Photos by Ken Lee



The 5 km begins on the track at Kezar Stadium.



Keizo Yamada ran a fantastic 3:11:15 at age 66.

Photos by Ken Lee

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TDI	Pier 39
KMS Hair Care Products	Patrick Media Group

60 Ralph Macaluso	2:53:11	31 San Francisco CA	17
61 Abel Ibarra	2:53:22	40 Mexico	7
62 Bruno Sala	2:53:31	33 Villadi SE	18
63 Gregg Walchli	2:53:51	32 Bellevue WA	19
64 Alejandro Rodriguez	2:54:08	24 San Francisco CA	7
66 Charles Nak	2:54:20	30 Huntington Bea CA	20
67 Elias Escobedo	2:54:46	28 Pittsburg CA	21
68 Ewald Eder	2:54:53	0 Peilstein	8
69 Terry Buller	2:54:57	44 Oakland CA	8
70 Yictoz Vasilev	2:55:27	52 Russia	1
71 Jay Wohlgenuth	2:56:13	24 Palo Alto CA	9
72 Justin Whittington	2:56:26	34 Towson MD	21
73 Dan Guggenheim	2:56:28	26 San Francisco CA	22
74 Hans Tall	2:56:48	46 Virginia Beach VA	1
75 Jeffrey Hartman	2:57:09	27 Ames IA	23
76 Richard Garcia	2:57:20	30 Mexico	22
77 Mark Shalvarjian	2:57:21	31 Redondo Beach CA	23
79 Douglas Gimlin	2:57:27	30 Raleigh NC	24
80 Chriss Ross	2:57:32	28 Berkeley CA	24
81 Lanse Whitcomb	2:57:41	28 San Francisco CA	25
82 John Hirschberger	2:57:46	42 San Francisco CA	9
83 Ken Cox	2:57:50	37 Woodland CA	10
84 Kenny Belisle	2:58:08	29 Los Angeles CA	26
85 Mel Williams	2:58:35	56 Virginia Beach VA	1
86 Keith Daniels	2:59:34	36 San Diego CA	11
87 David South	2:59:39	37 Flagstaff AZ	12
88 Bill Kee	2:59:46	36 Ojai CA	13
90 Scott Phillips	2:59:49	34 Buffalo Grove IL	25
92 Michael Di Saslvo	3:00:02	38 San Jose CA	14
93 Jake Niebaum	3:00:31	28 El Granada CA	27
94 Gerardo Vargas	3:00:34	31 Mexico	26
96 Gregg Clark	3:00:55	29 Melbourne Beac FL	28
97 Steve Kautz	3:01:01	33 Sunnyvale CA	27
98 Jesus R. Garcia	3:01:15	32 Moss Beach CA	28
99 Bob Lilly	3:01:18	46 Boulder creek CA	2
100 Paul Bonnett-Cast	3:01:26	32 Scottsdale AZ	29
101 Robert Gagliardo	3:01:31	42 Tucson AZ	10
102 Carl Cabico	3:01:42	31 San Jose CA	30
103 Frank Jansen	3:01:50	30 Germany	31
104 Todd R. Studenicka	3:02:08	25 San Jose CA	29
105 Darryll Whaley	3:02:11	28 Concord CA	30
106 Tony Lopetrone	3:02:26	43 Birmingham MI	11
107 David Stanton	3:02:30	31 San Francisco CA	32
108 Frank Palladino	3:02:51	34 Westchester PA	33
109 Matthew Bacchetta	3:03:04	31 New York NY	34
111 Jeff Wall	3:03:22	52 Daly City CA	2
112 Alain Arnaud	3:03:37	41 Vergeze	12
113 John Hixon	3:03:41	40 Fall River MA	13
114 Javier Regalado	3:03:59	33 Whittier CA	35
115 Keith Panzer	3:04:16	35 Stamford CT	15
116 Christophe Sinclair	3:04:29	26 Parkville MD	31
117 Jorge Penado	3:04:34	31 Huntington Par CA	36
118 James Peery	3:04:39	38 Tustin CA	16
119 Thomas Rogers	3:04:40	28 Monterey CA	32
120 Taisto Tetri	3:04:43	45 Turku	3
121 Mike Gangwer	3:04:44	41 Keizer OR	14
122 Hector Morera	3:04:48	27 Woodland Hills CA	33
123 Roman Arzate	3:04:58	24 La Puente CA	10
124 Steven Haas	3:05:08	36 Arl. Hts. IL	17
125 Bob Jr. Muschek	3:05:11	31 San Diego CA	37

126	Bill	Dodson	3:05:36	59	Albuquerque	NM	2	190	Timothy	Farris	3:12:38	30	San Francisco	CA	52
127	Robert	Fawcett	3:05:43	31	San Francisco	CA	38	191	Eric	Sturm	3:12:54	35	Marina	CA	31
128	Robert	Tower	3:05:44	31	San Francisco	CA	39	192	Mark	Barnett	3:13:00	35	Fallbrook	CA	32
129	William	Cortes	3:05:45	49	U S A		4	193	Mike	Suchomel	3:13:05	34	San Francisco	CA	53
130	Daniel	McCullough	3:05:47	37	Santa Rosa	CA	18	194	Steven	Fabian	3:13:10	22	San Francisco	CA	14
131	Alan	Padula	3:05:50	41	San Jose	CA	15	195	William	Lovelace	3:13:11	47	West Hills	CA	8
132	Romell	Hamlin	3:06:06	40	Oakland	CA	16	196	Romel	Chavez	3:13:13	16	Van Nuys	CA	1
133	Stephen	Hams	3:06:15	43	Mountain View	CA	17	197	Michael	Schiff	3:13:14	39	Toronto	BC	33
134	Gerald	Valdez	3:06:17	30	Mare Island	CA	40	198	Abraham	Blas	3:13:27	18	L A	CA	2
135	Buster	McCoy	3:06:28	27	Los Angeles	CA	34	199	Norman	Weinstein	3:13:34	54	San Francisco	CA	5
136	Ryan	Hagan	3:06:35	23	Jamestown	NO	11	200	Michael	Tarvid	3:13:38	32	Napa Valley	CA	54
137	Kenneth	Chism	3:06:50	38	Hayward	CA	19	201	Tom	Walsh	3:13:40	60	Oakland	CA	1
138	Kevin	Rumon	3:06:56	33	Atherton	CA	41	202	Tom	Hewitt	3:13:45	30	San Francisco	CA	55
139	Joseph	Zwack	3:06:58	34	Honolulu	HI	42	203	Anthony	Pouw	3:13:48	43	L A	CA	27
140	Mark	Curry	3:07:08	34	Granite Bay	CA	43	204	Craig	Smith	3:13:50	29	San Francisco	CA	43
141	Ken	Kelly	3:07:12	36	Cupertino	CA	20	205	Peter	Thurston	3:14:12	30	San Francisco		56
142	Ken R.	Hack	3:07:26	43	Hopewell Jct	NY	18	206	John	Kollins	3:14:16	31	San Francisco	CA	57
143	Samuel	Santos	3:07:30	48	Rio De Janeiro	RJ	5	207	Dusty	Miller	3:14:18	47	Mt. Shasta	CA	9
144	David	Straub	3:07:33	39	Twain Harte	CA	21	208	Stephen J.	Boland	3:14:19	34	Elk Grove	CA	58
145	Edward	Creighton	3:07:36	36	Alameda	CA	22	209	James	Adriano	3:14:24	35	Cirtus Heights	CA	34
146	James	Weir	3:07:52	37	Apple Valley	MN	23	210	Gilles	Caignard	3:14:27	34	Springfield	OH	59
147	Brent	Pinder	3:07:54	54	Tempe	AZ	3	211	Gary	Barnett	3:14:46	38	Antioch	CA	35
148	John	Rodgers	3:08:01	30	Pt. Hueneme	CA	44	212	Randy	Mackend	3:14:48	45	Tacoma	WA	10
149	Benjamin	Mathews	3:08:08	56	Sacramento	CA	3	213	David	Piazza	3:14:51	35	San Mateo	CA	36
150	John	Lundy	3:08:18	31	San Rafael	CA	45	214	Douglas	Cline	3:14:57	34	Huntington Bea	CA	60
151	John	Branigin	3:08:23	27	Chevy Chase	MD	35	215	Edgar	Wilson	3:14:58	33	Sunnyvale	CA	61
152	Michael	Maguire	3:08:25	31	Hayward	CA	46	216	Floyd	Whiting	3:15:01	53	Reno	NV	6
153	Bob	Sharman	3:08:28	38	Sacramento	CA	24	217	Peter	Marzan	3:15:10	36	Trenton	NJ	37
154	Troy	Belme	3:08:33	36	Coast Hwy	CA	25	218	Mike	Gordon	3:15:12	58	Los Angeles	CA	4
155	Jeffrey	Mints	3:08:42	45	L A	CA	6	219	Joshua	Hilden	3:15:18	27	Hillsborough	CA	44
157	Lorenzo	Hernandez	3:08:48	25	Bakersfield	CA	36	220	Stuart	Gordon	3:15:21	53	San Francisco	CA	7
159	Muller	Lee	3:09:07	40	Torrance	CA	19	221	Victor	Delgado	3:15:25	38	Austin	TX	38
160	Jeremy	Matteson	3:09:13	24	Long Beach	CA	12	222	Eric	Small	3:15:31	23	Santa Cruz	CA	15
161	John	Lehman	3:09:14	31	Richmond	CA	47	223	Jason	Jacobson	3:15:32	20	Ashland	OR	16
162	Otmar	Witzko	3:09:21	36	Wiesentheid		26	224	Barry	Sawyer	3:15:37	60	Campbell	CA	2
163	Mauricio	Martinez	3:09:24	40	Van Nuys	CA	20	225	Jefferson	Seay	3:15:40	39	Salinas	CA	39
164	Charlie	Goetsch	3:09:33	38	St. Paul	MN	27	226	Eric	Rolph	3:15:44	32	Thousand Oaks	CA	62
165	Tom	Tobiason	3:09:39	30	Pleasant Hill	CA	48	227	Edson	Sanches	3:15:48	44		CA	28
166	Luis	Arevalo	3:10:31	40	San Jose	CA	21	228	Ian	Reid	3:15:52	50	San Francisco	CA	8
167	Nick	Lakis	3:11:01	43	Annapolis	MD	22	229	Maurice	Halley	3:15:54	33	Montreal	PQ	63
168	Louis	Ballance	3:11:02	52	Goodrich	MI	4	231	David	Henkin	3:16:00	29	Berkeley	CA	45
170	Darrin	Neutz	3:11:13	29	Oakland	CA	37	1	Ed	Hauanio	3:16:04	52	Honolulu	HI	1
171	Keizo	Yamada	3:11:15	66	Kawasakiku	KA	1	232	Todd	Rumbaugh	3:16:08	34	Havre De Grace	MD	64
172	Jim	Coen	3:11:16	45	St. Louis	MO	7	233	Ryan	Hediger	3:16:13	19	Boulder	CO	17
173	Bruce	Hoffman	3:11:17	32	Fremont	CA	49	234	Bruce	Guter	3:16:15	39	Fullerton	CA	40
174	Erwin	Lynch	3:11:18	27	Oakland	CA	38	235	Michael	Roberts	3:16:25	37	Fresno	CA	41
175	Matthew	Duffy	3:11:19	25	Martinez	CA	39	236	Dago	Perez	3:16:30	27	Mexico		46
176	Emil	Raschle	3:11:21	41	Puebla	ME	23	237	Alan	Ryder	3:16:34	30	Redondo Beach	CA	65
177	Lenny	Wagner	3:11:27	43	Lexington	MA	24	238	Scott	Wolf	3:16:36	34	Indianapolis	IN	66
178	Greg	King	3:11:31	26	Hermosa Beach	CA	40	239	John	Sliney	3:16:37	37	San Jose	CA	42
179	William	Melton	3:11:32	29	San Francisco	CA	41	240	Ed	Cozza	3:16:39	43	Dublin	OH	29
180	Pedro	Osuna	3:11:34	38	Glendale	CA	28	241	Jeffrey	Aron	3:16:45	52	San Francisco	CA	9
181	Mario	Gallegos	3:11:48	32	Lakewood	CA	50	242	Mitch	Barlas	3:16:47	27	San Francisco	CA	47
182	Mark	Kovarik	3:11:55	40		CA	25	243	Phillip	Pereida	3:16:49	30	Brownsville	TX	67
184	Stefanos	Daskalakis	3:12:08	41	Granger	IN	26	244	David	Large	3:16:54	48	Ave	SA	11
185	Jose	Torres	3:12:09	37	San Carlos	CA	29	245	Mark	Penn	3:17:01	37	Whittier	CA	43
186	Christophe	Phipps	3:12:12	24	Montara	CA	13	246	Neil	Barton	3:17:02	37	Escondido	CA	44
187	Steve	Naito	3:12:18	39	Portland	OR	30	247	Alphonzo	Jackson	3:17:09	48	Oakland	CA	12
188	Thomas	Miller	3:12:22	32	Soquel	CA	51	248	Arthur	Martin	3:17:17	23	Chico	CA	18
189	Clifford	Chambers	3:12:34	29	Lubbock	TX	42	250	Howard	Moyes	3:17:21	29	Austin	TX	48

251 Marc Seltzer	3:17:37	32 San Francisco	CA	68	318 Ed Coffey	3:21:40	46 Irvine	CA	22
252 Mark Wilhelm	3:17:42	37 Plainfield	IN	45	319 Jerry Bollig	3:21:41	45 Oregon	WI	23
253 Jack Hess	3:17:48	47 Las Vegas	NV	13	320 Joe Ballmer	3:21:41	40 Madison	WI	41
254 Matthew Verley	3:18:00	34 Oakland	CA	69	321 Russell Hernandez	3:21:42	24 Arbuclre	CA	21
255 Hayes Powell	3:18:06	45 Irvine	CA	14	322 David Giles	3:21:42	27 Monterey	CA	57
256 Frank Sommer	3:18:08	37 Germany		46	324 Tod Casey	3:21:47	32 San Francisco	CA	81
257 Anthony Sponzilli	3:18:08	31 Walnut Creek	CA	70	325 Armando Ruiz	3:21:54	32 Ukiah	CA	82
258 Phillip Snyder	3:18:11	43 Claremont	CA	30	326 Ronald Nelson	3:21:59	43 Grand Rapids	MI	42
259 David Loutzenheise	3:18:12	27 Berkeley	CA	49	327 Thomas Thoman	3:22:07	32 Auburn	CA	83
260 Jim Sheehan	3:18:13	31 San Francisco	CA	71	329 Thomas Oris	3:22:11	28 Capitola	CA	58
261 Tim Oakes	3:18:18	26 Sacramento	CA	50	330 Ralph Johnson	3:22:12	46 South Lake Tah	CA	24
263 John Helm	3:18:22	48 Denver	CO	15	331 Charles Taylor	3:22:15	40 Fresno	CA	43
264 David Lallow	3:18:24	39 Fort Wayne	IN	47	332 Michael Ramirez	3:22:23	26 Rowland Height	CA	59
265 Diego Torres	3:18:29	26 San Diego	CA	51	333 Sean Lanham	3:22:25	36 Petaluma	CA	56
266 Plus Amstutz	3:18:29	33 Luzern	CH	72	334 Paul Anderson	3:22:28	33 Danville	CA	84
268 Evan K. Chang	3:18:35	35 Woodland	CA	48	335 Thomas Hays	3:22:35	43 Foster City	CA	44
269 Nick Zilka	3:18:48	50 Liberty Lake	WA	10	337 Mac Imacseng	3:22:45	38 Sunnyvale	CA	57
270 Alex Hess	3:18:49	24 Santa Barbara	CA	19	338 Paul Berensmeier	3:22:46	32 San Mateo	CA	85
271 Scott Patton	3:18:53	40 Pleasanton	CA	31	340 Ron L. Miller	3:22:56	46 Delta	BC	25
272 Al Yaccino	3:19:01	44 Carnegie	PA	32	341 Raymond Lu Bryan	3:22:59	40 Apple Valley	MN	45
273 Ted Chun	3:19:03	38 Santa Rosa	CA	49	342 Doug Brooms	3:23:00	47 San Jose	CA	26
274 Andrew Schuler	3:19:12	29 Berkeley	CA	52	343 Ralph Pickett	3:23:01	30 San Francisco	CA	86
275 Ron Allin	3:19:16	50 Woodland Hills	CA	11	344 Ted Wada	3:23:03	32 Rosemead	CA	87
276 Gregory Hunter	3:19:19	44 St Helena	CA	33	345 Mario Garza	3:23:07	28 San Francisco	CA	60
277 David A. Fickel	3:19:27	37 Freedom	CA	50	346 Vincent Neto	3:23:14	28 Brazil		61
278 Robert Aby	3:19:30	49 Worthington	MN	16	347 Mark Carroll	3:23:15	29 Mountain View	CA	62
279 Theo Parisek	3:19:32	33 San Jose	CA	73	348 Andrew Kotulski	3:23:17	54 Danville	CA	14
281 Wolfgang Loescher	3:19:39	41 Germany		34	349 Stephen Morrlein	3:23:19	42	CA	46
282 D Lok	3:19:41	40 Oakland	CA	35	350 Gino Mendoza	3:23:22	29 Alameda	CA	63
283 William Huelsman	3:19:47	36 Carlsbad	CA	51	351 Sean Seeley	3:23:25	22 San Anselmo	CA	22
284 Jim Rucker	3:19:49	45 Walnut	CA	17	352 Mark Robelli	3:23:27	25 Clinton Twp	MI	64
285 Ben Looney	3:19:51	36 Mill Valley	CA	52	353 Jeff Miller	3:23:29	36 Rolling Hills	CA	58
286 Jorge Trejo	3:19:59	44 Mexico		36	354 Andrew Alexander	3:23:36	27 Indianapolis	CA	65
287 Ronald Seaton	3:20:01	46 Union City	CA	18	355 William Roscoe	3:23:43	33 San Francisco	CA	88
288 Shane Ridge	3:20:02	24 Sunnyvale	CA	20	356 Roger Blumberg	3:23:45	28 Potomac	MD	66
290 Dick Kirkpatrick	3:20:05	46 San Jose	CA	19	357 Frank Spirgatis	3:23:51	31 Jever		89
291 Christian Griwenka	3:20:06	31 Ostia Lido-Ron	17	74	359 Vincent Suarez	3:23:56	30 San Francisco	CA	90
292 Paul Maassen	3:20:07	51 Monchengladbac		12	361 Larry Slosar	3:23:58	35 San Francisco	CA	59
293 Michael Pelkey	3:20:12	40 Ft Wood	MO	37	362 Robert Chapman	3:24:24	25 Palo Alto	CA	67
294 Joseph Frankhouse	3:20:17	31 Alhambra	CA	75	363 Kenneth McCarter	3:24:28	33 Oakland	CA	91
295 Jonathan Wolf	3:20:22	31 Salem	OR	76	364 Marshall Ungar	3:24:35	21 Stanford	CA	23
296 Daniel Pare'	3:20:24	32 Charlesbourg	QC	77	365 Mario Barnes	3:24:40	25 Oakland	CA	68
297 Jerry Alsup	3:20:27	33 Seaside	CA	78	366 Philip Maloney	3:24:42	31 San Francisco	CA	92
298 John Thoma Regen	3:20:28	48 Boulder Creek	CA	20	367 Timothy P. Hoyer	3:24:45	45 Kensington	CA	27
300 Hugo Badgett	3:20:38	60 Los Angeles	CA	3	368 Ed Freeman	3:24:46	37 Atlanta	GA	60
301 Stephen Myers	3:20:47	29 Haleiwa	HI	53	369 Dean Lokkesmoe	3:24:58	35 Maple Grove	MN	61
302 Chuck Fieland	3:20:48	35 Palmdale	CA	53	370 Hideto Ito	3:25:01	26 Monterey	CA	69
303 Dick Gear	3:20:49	53 San Jose	CA	13	371 Robert Ramsay	3:25:06	51 Simi Valley	CA	15
305 Lisle Dalton	3:20:52	29 Santa Barbara	CA	54	372 Michael Kerr	3:25:13	54 Napa	CA	16
306 Byran McWaters	3:20:52	26 San Francisco	CA	55	373 Hylton James	3:25:15	28 Irene		70
308 Pete Siberell	3:21:03	36 Burlingame	CA	54	374 Petuuche Gilbert	3:25:21	50 Acomita	NM	17
309 John Fardelmann	3:21:04	40 Tahoe City	CA	38	375 William Galvin	3:25:22	23 San Francisco	CA	24
310 Chris Bogan	3:21:07	28 Piedmont	CA	56	376 Michael McAmis	3:25:22	39 High Ridge	MO	62
311 Peter Mayer, Dr.	3:21:11	46		21	378 Stephen Pepe	3:25:23	37 Bedford	MA	63
312 Mark Schneid	3:21:16	31 Antioch	CA	79	379 Gordie Giborski	3:25:25	41 Vancouver	BC	47
313 Renato Reyes	3:21:17	42 Sunnyvale	CA	39	380 Alex Rios	3:25:28	54 Imperial Beach	CA	18
314 Bill Smith	3:21:18	55 Torrance	CA	5	381 Dan Harris	3:25:29	42 Hayward	CA	48
315 Maurilio Amezcua	3:21:24	44 Los Angeles	CA	40	382 David Sant Orozgo	3:25:31	28 Los Angeles	CA	71
316 David Nicholls	3:21:30	33 Central	CA	80	383 Carl Cull	3:25:32	48 Saratoga	CA	28
317 Julio Jaramillo	3:21:37	38 Los Angeles	CA	55	384 Mateo Segui	3:25:36	31 San Mateo	CA	93

386 Patrick David	3:25:40	35 San Francisco	CA	64	453 Hugh Peterson	3:29:18	28 Cupertino	CA	79
387 Kenneth Reglin, Jr	3:25:41	46 Boise	ID	29	454 Juan Ortiz	3:29:22	29	CA	80
388 Adam Cuevas	3:25:42	29 Corona	CA	72	455 Thomas Jacob	3:29:25	36 San Rafael	CA	76
389 Robert Nielson	3:25:53	34 Las Vegas	NV	94	456 Vicente Romero	3:29:26	46 South Gate	CA	42
390 David Innes	3:25:54	46 Tiburon	CA	30	457 Ron Restanio	3:29:27	37 Santa Clara	CA	77
391 Yoshio Nakamura	3:25:55	36 Baton Rouge	LA	65	458 Nathanael Singer	3:29:27	30 Houston	TX	105
392 John Hearney	3:26:01	47 Oakland	CA	31	459 Matt Barr	3:29:29	37 Fresno	CA	78
393 Jim Price	3:26:03	46 La Habra	CA	32	460 Roger Brown	3:29:31	32 San Francisco	CA	106
394 Lee Tomasello	3:26:10	47 Sn Jose	CA	33	461 Kelly Robinett	3:29:33	45 Burleson	TX	43
395 Geoffrey Moyer	3:26:12	36 Portola Villag	CA	66	462 Dewayne Mason	3:29:36	45 Highland	CA	44
396 Roy Bauerle	3:26:14	45 Santa Cruz	CA	34	463 Scott Sullivan	3:29:38	34 Culver City	CA	107
397 Christophe Rauscher	3:26:19	43 Manlius	NY	49	465 Ray Brown	3:29:46	47 Hayward	CA	45
399 Thomas Boyle	3:26:21	40 Palo Alto	CA	50	466 Karl Patzelt	3:29:50	48 Buckenhof	D	46
400 Steve Sullivan	3:26:24	30 Walnut Creek	CA	95	467 John Barisone	3:29:53	41 Santa Cruz	CA	60
401 Alan Beatty	3:26:26	34 El Segundo	CA	96	468 Greg Przybyla	3:29:55	31 Grayson	CA	108
402 Robert De Jesus	3:26:29	46 Haverstraw	NY	35	469 Oscar Aguilar	3:29:58	44 Daly City	CA	61
404 Max Jehle	3:26:34	37 Visalia	CA	67	470 Moises Martinez	3:29:58	28 Vallejo	CA	81
405 Mark Merrill	3:26:36	36 San Diego	CA	68	472 Allen F. Hoggatt	3:30:01	40 Double Oak	TX	62
406 Paul Rockwood	3:26:40	32 Arlington	VA	97	473 Alfredo Jr Garcia	3:30:08	41 El Segundo	CA	63
407 Dave Adkins	3:26:46	37 Houston	TX	69	474 Bradley O'Brian	3:30:15	32 San Rafael	CA	109
408 Mike Bonham	3:26:52	22 Syracuse	NY	25	475 David Jessey	3:30:25	32 Charlotte	NC	110
409 Howard Horwitz	3:26:53	41 Salt Lake City	UT	51	476 Bob Hyde	3:30:26	58	CA	8
410 Benjy Doi	3:26:54	29 Richmond	CA	73	477 Randy Frazier	3:30:29	50 Tahoe City	CA	21
411 Mark Nakahama	3:26:56	32 San Jose	CA	98	478 Michael Lutz	3:30:31	32 Sunnyvale	CA	111
412 Bill Todd	3:27:02	44 Roy	UT	52	479 Harry Fekkes	3:30:35	36 Oxnard	CA	79
413 Barry Turner	3:27:04	47 Grass Valley	CA	36	480 William Salacuse	3:30:41	26 San Anselmo	CA	82
414 Hector Sanchez	3:27:06	43 L A	CA	53	481 William Johnston	3:30:43	44 Pleasonton	CA	64
415 Kevin Lawler	3:27:07	45 Santa Cruz	CA	37	482 Darren Simon	3:30:45	28 Denver	CO	83
416 Brian Kunibe	3:27:09	45 Gardina	CA	38	483 Jeff Wong	3:30:54	29 Mtn View	CA	84
417 Glen Nakano	3:27:09	43 Torrance	CA	54	484 Harlie Goodwin	3:30:56	37 Paia	HI	80
418 Daniel Mullen	3:27:13	27 San Francisco	CA	74	486 David Benavente	3:31:02	33 N. Hollywood	CA	112
419 Paul Linnemeyer	3:27:19	35 Seattle	WA	70	487 Joseph Swimmer	3:31:06	24 Tulsa	OK	27
420 Michael Sweeney	3:27:21	39 San Rafael	CA	71	488 Marco Meniketti	3:31:14	40 San Anselmo	CA	65
421 Michael Gutierrez	3:27:27	27 Los Angeles	CA	75	489 Bret Schneider	3:31:15	30 Palo Alto	CA	113
422 John Heil	3:27:34	51 Berkeley	CA	19	490 Timothy L. Hughes	3:31:17	33 Pontiac	MI	114
423 Giacomo Ciabattini	3:27:38	34 Sausalito	CA	99	492 Kevin Fisher	3:31:21	32 Seattle	WA	115
424 Leo Sentis	3:27:46	57 Erkelenz		6	493 Charles Blakeney	3:31:24	31 Oakland	CA	116
425 Mark Fedele	3:27:48	24 Austin	TX	26	494 Doug Williams	3:31:26	31 Baton Rouge	LA	117
427 Paul Peterson	3:27:52	41 Livermore	CA	55	495 Henrik Vistisen	3:31:26	26 Monterey	CA	85
428 Mike Flohr	3:27:55	32 San Jose	CA	100	497 Thomas Honrath	3:31:28	46 Santa Rosa	CA	47
429 Ed Weston	3:27:58	36 Fremont	CA	72	498 Frank Viggiano	3:31:29	36 Palo Alto	CA	81
430 Johann Vetter	3:27:59	55	CA	7	499 James A. Greenlee	3:31:30	35 Stockton	CA	82
431 Tony Payne	3:28:01	33 San Francisco	CA	101	500 Leonardo Almanza	3:31:31	29 Northridge	CA	86
433 Maii Ebersole	3:28:12	27 Indianapolis	IN	76	502 Ralm Jung	3:31:33	31 Grand Terrace	CA	118
434 Joel Camarda	3:28:14	45 San Francisco	CA	39	503 Mike Moser	3:31:35	51 Mill Valley	CA	22
437 Alvin Otani	3:28:18	32 Petaluma	CA	102	504 Michael Carbuto	3:31:37	41 Long Beach	CA	66
438 Anthony Crebbin	3:28:19	41 Oceanside	CA	56	505 Carl McMillan	3:31:40	40 San Jose	CA	67
439 Steven Broda	3:28:20	32 Commerce Twp.	MI	103	506 Ralf Venne	3:31:42	31 Corte-Madera	CA	119
440 Joachim Schnier	3:28:21	41 Davis	CA	57	507 Dr Pavesi	3:31:49	0	CA	28
441 Bradley Lau	3:28:22	35 Mililani	HI	73	508 Oscar Yancor	3:31:52	39 Bell	CA	83
442 Jim Finn	3:28:23	42 San Diego	CA	58	509 Doug Patton	3:31:57	36 Parker	CO	84
443 Doug Ward	3:28:24	48 Fremont	CA	40	510 Robert Stephenson	3:31:58	46 Visalia	CA	48
444 Donald Groble	3:28:32	32 Barrington	IL	104	511 Steve Salvatori	3:31:59	40 Castaic	CA	68
445 Jack Spjut	3:28:34	50 Los Angeles	CA	20	512 Herbert Horn	3:32:02	43 Vancouver	BC	69
446 Andrew Jones	3:28:36	28 Portland	OR	77	514 Andy Black	3:32:03	36 Oakland	CA	85
447 Mark Lehrmann	3:28:40	27 Walnut Creek	CA	78	515 Arnold Utterback	3:32:04	48 Sacramento	CA	49
449 Bill Sampson	3:28:55	47 Sylmar	CA	41	516 Scott Thomas	3:32:05	35 Santa Rosa	CA	86
450 Ernest Flores	3:28:58	39 U S A	CA	74	517 David Winsby	3:32:08	35 Pleasonton	CA	87
451 David Robideaux	3:29:02	38 Santa Cruz	CA	75	518 George Lumpkin	3:32:09	25 Belmont	CA	87
452 John Medinger	3:29:07	43 Oakland	CA	59	519 Leroy Daleen	3:32:14	45 San Jose	CA	50

520 Terrance Darroch	3:32:16	32 Moraga	CA 120	597 Dieter Kunstmann	3:35:17	47 Nuernberg	57
521 Carles Spitaels	3:32:17	47	51	598 John R. Burns	3:35:19	35 Chicago	IL 95
522 Ian Kroesen	3:32:19	39 Utrecht	88	600 Tod Leiweke	3:35:24	34 San Francisco	CA 139
524 Christian Oakes	3:32:23	35 Kentfield	CA 89	601 Anthony Anglim	3:35:25	35 Oakland	CA 96
525 Jorge Labs	3:32:24	33 Fallingbo St.	MS 121	602 John Murphy	3:35:27	61 Cypress	CA 4
526 Bradley Kingston	3:32:25	26 Layton	UT 88	603 Richard Parker	3:35:31	48 San Francisco	CA 58
527 Larry Jamison	3:32:26	52 San Luis Obisp	CA 23	604 David Coleman	3:35:33	43 Seattle	WA 80
528 Michael McKone	3:32:30	34 Goldriver	CA 122	605 Jean-Paul Gendras	3:35:40	54 St GenIs pouil	26
529 Todd Paquette	3:32:31	23 San Francisco	CA 29	606 Steven J. Mobberley	3:35:44	36 San Francisco	CA 97
530 Andy Juknelis	3:32:32	28 San Jose	CA 89	607 Rev. Dale Grubba	3:35:45	53 Princeton	WI 27
531 Dan Lew	3:32:38	42 Palo Alto	CA 70	608 Thomas Lyon	3:35:46	32 Morro Bay	CA 140
532 Michael Newton	3:32:47	30 Chico	CA 123	610 Michael Goh	3:35:52	28 Davis	CA 95
534 David Alfonzo	3:33:01	40 Hermosa Beach	CA 71	611 Carmel Little	3:35:55	47 Carmel	CA 59
535 George Nelson	3:33:03	40 Cos Cob	CT 72	615 Fernando Hernandez	3:36:03	28 Los Angeles	CA 96
536 Keith Corbin	3:33:05	42 Cupertino	CA 73	616 Karlheinz Bender	3:36:06	33 Bad Nauheim	141
538 Jurgen Krehnke	3:33:08	31 Germany	124	617 Michael Roderick	3:36:08	31 Oakland	CA 142
539 Harold Amogan	3:33:08	20 Daly City	CA 30	618 Eric Dams	3:36:09	33 San Francisco	CA 143
541 P J Madigan	3:33:10	23 Grass Valley	CA 31	619 Harry Curtis	3:36:19	49 Cincinnati	OH 60
542 Bob Gibson	3:33:15	22 Monterey	CA 32	620 Jean-Luc Loiret	3:36:30	47 Vouneuil Sous	33 61
543 Mark Peterson	3:33:20	41 Richmond	CA 74	621 John Main	3:36:32	47 Indianapolis	IN 62
544 Larry Goldfarb	3:33:22	34 Palo Alto	CA 125	622 Todd Canty	3:36:34	30 Los Angeles	CA 144
546 Marty Brounstein	3:33:25	37 Hayward	CA 90	623 Ted Eldredge	3:36:38	29 San Diego	CA 97
547 Frank Lee	3:33:33	35 San Bruno	CA 91	624 Mel Grimes	3:36:41	45 Pacific Grove	CA 63
548 Jose Lepe	3:33:41	40 Los Angeles	CA 75	625 Steven Griset	3:36:43	32 Walnut Creek	CA 145
549 Robert Baxley	3:33:43	30 Palo Alto	CA 126	626 John Beers	3:36:53	43 Alamo	CA 81
551 Patrick Alladio	3:33:45	34 Santa Rosa	CA 127	627 Kevin O'Donnell	3:36:54	29 San Francisco	CA 98
553 Alford L. Claiborne	3:33:48	49 San Diego	CA 52	628 Larry Rogero	3:36:55	31 Santa Barbara	CA 146
554 Bruce Beaumont	3:33:51	36 Troy	MI 92	629 Thomas Halley	3:36:57	32 San Francisco	CA 147
555 George Minowada	3:33:55	33 San Francisco	CA 128	630 Todd Mayo	3:36:58	29 San Francisco	CA 99
556 Bob Holguin	3:33:58	42 Whittier	CA 76	631 Kevin Daly	3:36:58	37 Santa Monica	CA 98
557 Rick Salas	3:34:00	30 Tampa	FL 129	632 William Kostka	3:37:01	43 San Jose	CA 82
558 Peter Vaughn	3:34:09	48 Seaside	CA 53	633 Philo Short	3:37:02	56 Monterey	CA 10
559 Wayne Kocher	3:34:10	57 Carson City	NV 9	634 John Flaaten	3:37:04	34 Castro Valley	CA 148
560 Phil Hauck	3:34:12	54 Carson City	NV 24	635 William Devin	3:37:06	27 San Francisco	CA 100
561 Ryan Mayfield	3:34:13	22 Daly City	CA 33	636 Victor Chu	3:37:08	35 San Francisco	CA 99
564 Randy Copeman	3:34:15	46 Pollock Pines	CA 54	637 John Cahill	3:37:10	70 Salt Lake	UT 1
566 Eric Sklarz	3:34:17	28 San Francisco	CA 90	639 Scott Mowbray	3:37:18	31 San Francisco	CA 149
567 Matthew Loera	3:34:22	30 Morgan Hill	CA 130	640 Robert J. Gordon	3:37:20	47 Underhill Ctr	VT 64
568 Jimmy Honda	3:34:23	29 Mission Viejo	CA 91	641 Edward Mulheren	3:37:22	37 Watervliet	NY 100
569 George Parrott	3:34:24	50 Sacramento	CA 25	642 Bruce McCready	3:37:23	39 San Francisco	CA 101
570 Daniel Siebenaler	3:34:26	32 Hastings	MN 131	644 David Cole	3:37:25	37 Clarkston	MI 102
572 Pete Tanquary	3:34:29	29 San Jose	CA 92	645 Michael Day	3:37:28	48 Laramie	WY 65
573 Michael Littleton	3:34:31	30 Oakland	CA 132	647 Abel Umogear	3:37:32	46 Culver City	CA 66
574 Nick Berro	3:34:33	43 San Carlos	CA 77	648 Antonio Monterroso	3:37:32	34 Hawthorne	CA 150
576 Peter Prodis	3:34:36	33 Santa Cruz	CA 133	649 Gregg Weltz	3:37:33	27 Oakland	CA 101
577 Tom Alter	3:34:38	48 Towaco	NJ 55	650 Karl-Heinz Bomme	3:37:40	54 Neu Bornsen	28
579 Stephen Pastore	3:34:42	30 Tustin	CA 134	651 Dale Ahlstrom	3:37:42	37 Riverside	CA 103
580 Robert Rafalski	3:34:43	37 Alamo	CA 93	652 Reinhard Korbalski	3:37:48	44	83
581 Ernesto Casas	3:34:43	32 Corona	CA 135	654 Andrew Chan	3:37:50	23 San Francisco	CA 36
582 Christophe Donoho	3:34:43	20 Indianapolis	IN 34	655 Thomas Kendall	3:37:53	36 Petaluma	CA 104
583 Paul Rothstein	3:34:44	34 St. Louis	MO 136	656 Robert Docili	3:37:56	48 Concord	CA 67
585 David Posey	3:34:47	19 Walnut Creek	CA 35	657 Chuck Louden	3:37:57	32 San Francisco	CA 151
588 Joel Adler	3:34:57	35 Los Angeles	CA 94	658 Tony Mashita	3:37:58	29 Montebello	CA 102
590 Ray Tomlinson	3:35:00	43 Los Angeles	CA 78	659 Zach Vanblack	3:38:01	27 Irving	TX 103
591 Ted Knudsen	3:35:02	25 Mill Valley	CA 93	660 Art Klein	3:38:02	26 San Francisco	CA 104
592 Clyde Helms	3:35:05	48 Sausalito	CA 56	662 Brett Evans	3:38:06	25 San Francisco	CA 105
593 Robert Sellards	3:35:07	32 Fremont	CA 137	663 Frank Vasquez	3:38:08	58	CA 11
594 John Foley	3:35:12	28 Danville	CA 94	664 Daniel Tess	3:38:10	29 Mill Valley	CA 106
595 Andrew Altman	3:35:15	40 Orange	CA 79	665 Young Kim	3:38:12	48 San Francisco	CA 68
596 Bruce Garcia	3:35:15	30 San Jose	CA 138	666 Steven Shapiro	3:38:13	24 Mt. View	CA 37

668 Randy Tom	3:38:19	39 Los Angeles	CA 105	740 Steven Blackburn	3:40:46	34 San Francisco	CA 167
669 Atsushi Shiozawa	3:38:22	33 Vancouver	WA 152	741 Juri Tint	3:40:47	56 Los Angeles	CA 13
670 Pete Randazzo	3:38:23	32 Bencicia	CA 153	742 Jim Krueger	3:40:49	34 Agoura Hills	CA 168
671 Benny Yih	3:38:23	33 Salt Lake city	UT 154	743 Rod Pasion	3:40:51	40 Millbrae	CA 92
672 John Granzow	3:38:27	32 Bloomfield	CA 155	744 Peter Wieser	3:40:53	28 Austria	117
673 Dilip Magan	3:38:29	33 Dornfontein	CA 156	747 Louis Ambrose	3:40:55	35 W. Hollywood	CA 117
674 Nicholas Rousa	3:38:31	43 Philadelphia	PA 84	748 Clayton Moore	3:41:00	35 Tustin	CA 118
675 George Mitzen	3:38:33	30 Lansford	PA 157	749 Tom Moore	3:41:02	43 Scotts Valley	CA 93
676 Brian Hewitt	3:38:34	37 San Francisco	CA 106	750 Brad Diodati	3:41:04	27 Marietta	GA 118
677 Scott Davids	3:38:38	27 San Diego	CA 107	751 Mike Wood	3:41:06	39 Stockton	CA 119
678 Daryl Oya	3:38:39	35 Chula Vista	CA 107	752 Michael Stephens	3:41:09	38 Moraga	CA 120
681 Robert Numan	3:38:48	48 San Jose	CA 69	753 Paul Shaw	3:41:09	37 San Francisco	CA 121
682 H. Weldon	3:38:49	45 Fresno	CA 70	754 Toby Harness	3:41:12	34 Mountain View	CA 169
685 Uarl-Heinz Linderich	3:38:58	36 Stuttgart	108	755 Gary Kish	3:41:13	31 San Mateo	CA 170
686 Rob Garner	3:38:59	46 Orinda	CA 71	756 William Dillon	3:41:35	41 Santa Barbara	CA 94
688 Monte Yorba	3:39:00	38 Tustin	CA 109	759 Greg Barnett	3:41:43	36 Los Angeles	CA 122
689 Ron Vertrees	3:39:01	57 Vallejo	CA 12	760 Ray Alcantar	3:41:47	27 El Monte	CA 119
690 Michael King	3:39:04	31 Scottsdale	AZ 158	761 Bryan Sterental	3:41:48	33 San Martin	CA 171
691 Jim Rivas	3:39:09	47 San Leandro	CA 72	762 Gabriel Sternberg	3:41:49	23	CA 42
692 Robert Whitt	3:39:10	32 Indianapolis	IN 159	763 Jeffrey Baker	3:41:57	34 Movato	CA 172
693 Niels Docker	3:39:13	23 Pacific Grove	CA 38	764 Kevin Meghan	3:42:00	43 Laguna Niguel	CA 95
694 Eduardo Ajuria	3:39:16	43 Upland	CA 85	765 Edward King	3:42:07	31 San Francisco	CA 173
695 Charles H. Belanger	3:39:17	40 Crescent Valle	NV 86	766 David Sweeney	3:42:08	31 San Jose	CA 174
696 Robert Spurlock	3:39:20	28 Oakalnd	CA 108	767 Oliver Dorigo	3:42:08	31 San Diego	CA 175
697 Rick Small	3:39:23	45 Indianapolis	IN 73	768 Al Kirkman	3:42:09	61 Richmond	CA 5
698 Freddy Rayes	3:39:24	30 MariNa Del rey	CA 160	769 Eric Klinesporn	3:42:10	22 Yorba Linda	CA 43
699 Willy Ray Garratt	3:39:27	32 Del Mar	CA 161	770 Ed Moonet	3:42:12	61 San Francisco	CA 6
700 Daniel Carmichael	3:39:28	0 Los Angeles	CA 39	771 Dennis Milliron	3:42:13	34 Arlington	VA 176
701 Bill Rolander	3:39:29	34 Chicago	IL 162	772 Robert Sippel	3:42:14	34 Folsom	CA 177
703 Brian Costanzo	3:39:33	25 San Bruno	CA 109	773 Patrick Grover	3:42:17	32 Redwood City	CA 178
704 Jon Handel	3:39:35	40 Los Angeles	CA 87	774 Robert Strong	3:42:19	28 Towson	MD 120
705 Lawrence Matthews	3:39:35	27 San Francisco	CA 110	776 Brian Draper	3:42:21	41 Glendale	CA 96
706 David Gutekunst	3:39:36	44 San Francisco	CA 88	777 Kenichi Ishizuka	3:42:25	59 Nagaoka-Shi	NI 14
707 Martin Marquart	3:39:37	24 South Beach	OR 40	778 William Kastner	3:42:29	49 Salinas	CA 78
708 Randall Epperson	3:39:37	45 Modesto	CA 74	780 James Mitchell	3:42:39	41 San Clemente	CA 97
709 Bernardino Lopez	3:39:38	29 Compton	CA 111	781 Craig Lageze	3:42:41	42 Hawthorne	CA 98
710 Bill Ryburn	3:39:44	39 San Francisco	CA 110	782 Thomas Gudewicz	3:42:44	38 San Diego	CA 123
711 Peter Carr	3:39:46	52 Berkeley	CA 29	783 Kevin Knight	3:42:47	37 Orlando	FL 124
712 Peter Wilson	3:39:48	30 San Francisco	CA 163	784 Manuel Garcia	3:42:50	33 Carson	CA 179
714 Michael Blanchette	3:39:50	37 Denver	CO 111	785 Gary Dudley	3:42:57	41 Salinas	CA 99
715 Jeff Bensch	3:39:54	33 San Francisco	CA 164	787 Richard Benjamin	3:43:01	38 Indianapolis	IN 125
716 Will Reynolds	3:39:56	35 Monterey	CA 112	788 Marty Snortum	3:43:04	39 El Paso	TX 126
718 Ortiz Alejandro	3:40:13	33	CA 165	789 Joe Hildebrand	3:43:05	37 Urbana	IL 127
719 Michael Lappin	3:40:15	26 San Francisco	CA 112	790 Jaime Garcia	3:43:13	29 Santa Ana	CA 121
720 Martin Payne	3:40:17	43 Beale AFB	CA 89	791 Tim Lachow	3:43:13	33 Leucadia	CA 180
721 Larry Brown	3:40:18	42 Georgetown	KY 90	792 Robert Reza	3:43:15	34 Monterey Park	CA 181
722 Mark Nelson	3:40:18	37 Burlingame	CA 113	793 Dave Dziejowski	3:43:16	31 San Diego	CA 182
723 Dave Wilson	3:40:21	22 Aurora	CO 41	794 David Brink	3:43:18	46 Sacramento	CA 79
724 John Jr. McCarthy	3:40:22	45 Carnegie	PA 75	795 Mark Munoz	3:43:20	38 Buena Park	CA 128
726 Tony Buoncristian	3:40:28	26 San Rafael	CA 113	796 Todd Morimoto	3:43:22	28 San Jose	CA 122
727 Herman Escajadillo	3:40:30	43 Daly City	CA 91	797 Mike Garcia	3:43:23	32 Santa Barbara	CA 183
728 Stephen Elich	3:40:31	28 San Francisco	CA 114	798 Stephen Mariano	3:43:24	29 Fort Or	CA 123
729 Richard Slevin	3:40:33	47 Fair Oaks	CA 76	799 Martti Suutari	3:43:25	46 Hollola	80
730 Stephen McNamara	3:40:34	37 Hayward	CA 114	800 Tom Grossi	3:43:27	49 Oakland	CA 81
731 Todd Marley	3:40:34	31	CA 166	802 Camerino Resendiz	3:43:29	46 L A	CA 82
732 David Kelley	3:40:36	29 San Francisco	CA 115	803 Raymond Cole	3:43:31	47 Marina Del Rey	CA 83
734 John Lancaster	3:40:38	35 Alameda	CA 115	804 Thad Logan	3:43:31	28 San Francisco	CA 124
737 Tom Moorhead	3:40:41	45 Vail	CO 77	805 Marvin (du Snyder	3:43:33	61 Santa Monica	CA 7
738 Shy Tassa	3:40:43	25 Palo Alto	CA 116	806 Steve Tuan	3:43:35	34 Palo Alto	CA 184
739 William Rammel	3:40:44	36 Carmel Valley	CA 116	807 Carlos Gonzales	3:43:38	43 Denver	CO 100

808	David	Linn	3:43:39	45 Columbus	OH	84	884	Donald	Clark	3:46:15	35 Walnut Creek	CA	143
809	Ferdinand	Wiedermann	3:43:41	50 Perchtoldsdorf	A	30	885	Robert	Koehler	3:46:19	30 Los Gatos	CA	198
810	Keith	Duncan	3:43:45	35 San Francisco	CA	129	886	Dean	Phillips	3:46:21	29 Rancho Cordova	CA	131
811	Monte	Fjosne	3:43:46	43 Karlstad	MN	101	887	David	Gleason	3:46:23	41 Berkeley	CA	112
812	Craig	Chambers	3:43:52	45 Santa Monica	CA	85	888	Juergen	Kraewinkel	3:46:26	39 Buelkeburli		144
813	Manfred	Kaltenbrunne	3:43:54	39 Leobersdorf	A	130	889	David	Wirta	3:46:28	26 Los Angeles	CA	132
814	Lou	Nishimura	3:43:55	38 Fair Oaks	CA	131	890	Brent	Smolinski	3:46:31	26 San Luis Obisp	CA	133
815	Timothy	Decker	3:43:56	25 New York	NY	125	891	Christophe	Lee	3:46:34	23 Marina Del Rey	CA	47
816	Jorge	Carrillo	3:43:57	43 Davis	CA	102	893	Bary	Wat	3:46:36	32 Newport Beach	CA	199
817	Bill	Haney	3:43:59	42 Palmdale	CA	103	894	Otto	Loenneker	3:46:38	49 San Jose	CA	91
818	Randy	Hill	3:44:09	35 Seal Beach	CA	132	896	Michael	Beauchemin	3:46:43	32 Laguna Beach	CA	200
819	Thomas	O'Toole	3:44:10	27 Walnut Creek	CA	126	897	Jerome	Buzick	3:46:44	53 San Francisco	CA	34
820	David	Clark	3:44:11	36 Walnut Creek	CA	133	900	Richard	Baca	3:46:46	31 Lake Forest	CA	201
821	Blake	Kelly	3:44:12	34 Tujunga	CA	185	901	Jerry	Rheaume	3:46:47	51 Hillsborough	CA	35
822	J D	Loo	3:44:12	40 Berkeley	CA	104	902	Bill	Petrie	3:46:49	46 Jacksonville	FL	92
823	Brett	Hudson	3:44:13	34 Burney	CA	186	906	Jack	Judkins	3:46:56	40 Fairfax	CA	113
824	Jeff	Remley	3:44:16	32 Novato	CA	187	907	Andrew	Chivers	3:46:56	42 Oxford	OX	114
826	Dennis	Groh	3:44:19	39 San Francisco	CA	134	908	Bill	Peters	3:46:58	28 San Francisco	CA	134
828	Mark	Watson	3:44:21	26 Oakland	CA	127	909	Raul	Santana	3:47:01	23 Valinda	CA	48
829	Douglas	Moll	3:44:23	37 Monument	CO	135	910	James	Lyons	3:47:02	35 Lombard	IL	145
830	Benjamin	Nelson	3:44:25	21 Bend	OR	44	911	Michael	Morin	3:47:04	28	CA	135
832	Glenn	Bishop	3:44:27	27 San Jose	CA	128	913	Craig	Lewis	3:47:06	45 Saratoga	CA	93
833	Jim	Tait	3:44:29	45 Santa Clara	CA	86	914	Ralph	Latza	3:47:07	31 Oakland	CA	202
834	Esteban	Agundez	3:44:29	31 Los Angeles	CA	188	915	Josef	London	3:47:08	45 Big Sur	CA	94
835	Greg	Brechlin	3:44:30	34 Richfield	MN	189	916	Alex	Labeirie	3:47:10	31 Redwood City	CA	203
837	Dion	Lim	3:44:35	26 Piedmont	CA	129	917	Ross	Marshall	3:47:12	36 Piscataway	NJ	146
838	James	McLaren	3:44:36	32 Redwood City	CA	190	918	Bruce	Ramstad	3:47:14	32 San Jose	CA	204
839	David	Sweeney	3:44:39	50 Northville	MI	31	919	Roby	Freeman	3:47:14	42 Laredo	TX	115
841	Richard	Powers	3:44:42	45 Lafayette	CA	87	920	Mitchell	Young	3:47:15	28 Monterey	CA	136
842	Paul	Beck	3:44:45	40 Los Altos	CA	105	921	Jason	Wong	3:47:18	18 San Francisco	CA	3
843	Stephen	Miller	3:44:47	30 Oakland	CA	191	922	Ron	Weston	3:47:20	58 Cupertino	CA	17
845	Ken W.	Seto	3:44:54	39 Vancouver	BC	136	923	Eric	Hansen	3:47:22	26 San Francisco	CA	137
846	William	Bachicha	3:44:57	31 Fresno	CA	192	924	Werner	Arend	3:47:23	40 Germany		116
848	Jim	Sweeney	3:45:03	33 San Francisco	CA	193	925	Peter	West	3:47:23	17 Denair	CA	4
849	Glenn	Morigaki	3:45:10	45 Redondo Beach	CA	88	926	David	Montfort	3:47:25	29 Hoboren	NJ	138
850	John	Slavin	3:45:12	34 Hoylake	WI	194	927	James	Simpson	3:47:27	52 Anaheim	CA	36
852	Mitch	Kaplan	3:45:13	37 San Francisco	CA	137	928	Mike	Calvin	3:47:28	36 Denver	CO	147
853	Donald	Fritsche	3:45:14	31 San Leandro	CA	195	929	Scott	Golden	3:47:32	34 Albuquerque	NM	205
854	Jim	Bajorek	3:45:16	40 Wynnewood	PA	106	930	Kenneth	Klescewski	3:47:36	44 Danville	CA	117
855	Kenneth	Ganezer	3:45:21	41 Santa Monica	CA	107	931	James	Cook	3:47:43	27 Newport Beach	CA	139
856	James	Shields	3:45:23	52 Newton	PA	32	932	Michael	Karnow	3:47:43	27 Los Angeles	CA	140
857	Victor	Lee	3:45:26	30 Santa Clara	CA	196	934	Rick	Luyet	3:47:45	42 Tualatin	CA	118
858	Brian	Bergquist	3:45:28	36 Clovis	CA	138	935	William	Pifer	3:47:45	45 Upland	CA	95
859	Kent	Haake	3:45:31	38 Los Gatos	CA	139	936	Jason	Lopes	3:47:46	33 San Francisco	CA	206
861	David	Ruckle	3:45:37	33 Coquilam	BC	197	938	Brian	Nornhold	3:47:47	31 Harrisburg	PA	207
862	Shawn	Allen	3:45:38	42 Lodi	CA	108	940	Murray	Burns	3:47:48	53 Los Angeles	CA	37
864	Gary	Vogt	3:45:41	46 San Jose	CA	89	941	Alan	Wolfe	3:47:50	40 San Francisco	CA	119
865	Bob	Barber	3:45:43	57 Half Moon bay	CA	15	942	Brian	Boats	3:47:52	25 Pomona	CA	141
866	Todd	Ward	3:45:44	29 Tampa	FL	130	943	Richard	De Cample	3:47:54	49 Renton	WA	96
869	Bruce	Carter	3:45:49	37 Mendota Height	MN	140	945	Jack	Eva	3:47:56	49 Newark	CA	97
872	David	Wachtel	3:45:52	50 Lexington	KY	33	946	Christophe	Chisholm	3:47:56	28 Los Angeles	CA	142
873	Roberto	Alvarenga	3:45:52	41 Daly City	CA	109	947	Peter	Hackbert	3:47:57	48 Monterey	CA	98
874	Enrique	Samudio	3:45:53	46 Zapopan		90	949	Jose M.	Vargas	3:48:00	38 Santa Monica	CA	148
876	Huibert	Van Wensen	3:45:55	0 Netherlands	CA	45	951	Christophe	Lester	3:48:03	26 San Francisco	CA	143
877	Mike	Clothier	3:45:57	40 San Francisco	CA	110	952	Takushi	Moriya	3:48:05	35 Claremont	CA	149
878	Christophe	Richard	3:45:58	20 Berkeley	CA	46	953	Ronald	Navarrette	3:48:10	32 Placentia	CA	208
879	Bruce	Schilling	3:45:59	42 Hillsborough	CA	111	954	Matthew	Reilly	3:48:17	41 Sunnyvale	CA	120
881	Wayne	Tai	3:46:02	39 Apopka	FL	141	955	Mark	Goldwin	3:48:20	44 Cupertino	CA	121
882	Greg	Mohr	3:46:07	36 Yorba Linda	CA	142	956	Edward	Ballman	3:48:21	35 San Francisco	CA	150
883	Robert	Fredericks	3:46:10	55 Tiburon	CA	16	960	John L.	Peterson	3:48:23	54 Saratoga	CA	38

961 Dean	Hatfield	3:48:23	58 Roseburg	OR 18	1028 Alan	Conley	3:50:49	36 Suisun	CA 160
962 Martin	Luk	3:48:24	50 San Francisco	CA 39	1031 Derek	Watson	3:50:51	44 London	NW 136
963 Brent B.	Ledrew	3:48:31	39 Bakersfield	CA 151	1033 Michael	Anderson	3:50:55	44 Anchorage	AK 137
964 Ernest	Palomar	3:48:33	30 Clovis	CA 209	1034 Steve	Herrin	3:50:59	48 Orinda	CA 106
966 Jose	Najera	3:48:41	30 Oakland	CA 210	1035 Rohn	Walker	3:51:01	44 Carmichael	CA 138
967 Karl	Brown	3:48:43	45 Mooresville	IN 99	1036 Stephen	Derenzo	3:51:04	52 Pinole	CA 45
968 Ken	Freed	3:48:46	33 Folsom	CA 211	1037 Verner	Lee	3:51:06	52 Portland	OR 46
969 Richard	Feingold	3:48:47	47 Tracy	CA 100	1038 Robert	Shipway	3:51:09	39 Oakland	CA 161
970 Jerry	Matin	3:48:49	29 Roseville	CA 144	1039 John	Sharpe	3:51:11	26 Loma Linda	CA 152
971 David	Timmer	3:48:49	46 Novato	CA 101	1040 Tom	Lee	3:51:15	27 Carmichael	CA 153
972 Ben	Kershberg	3:48:51	28 San Pedro	CA 145	1041 Edward	Kung	3:51:19	31 San Francisco	CA 219
973 Conrad	Halling	3:48:52	39 Chesterfield	MO 152	1043 Donald	Wardle	3:51:23	43 San Bernardino	CA 139
974 Nevin	Miller	3:48:58	36 San Rafael	CA 153	1044 Robert	Traller	3:51:24	46 Redwood City	CA 107
975 John James	Catanese	3:49:01	41 Chino	CA 122	1047 Tomassa	Nakamura	3:51:37	40 San Francisco	CA 140
976 Michael	Waters	3:49:03	41 Corvallis	OR 123	1048 Wink	Fisher III	3:51:39	41 Birmingham	AL 141
977 Reed	Gaither	3:49:08	25 Palo Alto	CA 146	1050 Web	Chadwick	3:51:41	53 Sacramento	CA 47
978 James	Hagen	3:49:10	20 Huntington Bea	CA 49	1051 Robert	Betz	3:51:43	29 Towson	MD 154
979 Jerry	Lewis	3:49:13	53 San Rafael	CA 40	1053 George	Clothier	3:51:47	34 Narberth	PA 220
981 Patrick	Roarty	3:49:19	41 Ventura	CA 124	1054 Joe	Fanning	3:51:49	46 San Carlos	CA 108
983 Robert	McCarthy	3:49:21	47 Metairie	LA 102	1055 Ken	March	3:51:54	37 Morgan Hill	CA 162
984 Henry	Graef	3:49:28	39 Sownington	PA 154	1056 Daniel	Marinsik	3:51:58	35 Santa Clara	CA 163
985 Albert	Cuisinot	3:49:33	38 Menlo Park	CA 155	1058 Vincent	Pon	3:52:00	27 Alameda	CA 155
986 Jeff	Roberts	3:49:35	40 Santa Monica	CA 125	1059 Nicholas	Schneider	3:52:03	31 Los Gatos	CA 221
987 Ross	Linstrom	3:49:36	26 Palmdale	CA 147	1060 Jerry	Bloom	3:52:05	41 Mariposa	CA 142
988 Sam	Wong	3:49:37	37 Redlands	CA 156	1061 Maxwell	McIntyre	3:52:07	41 San Francisco	CA 143
989 Peter	Kueper	3:49:38	52 Hamburg	41	1063 Matthew	Larkin	3:52:10	34 Orinda	CA 222
990 Lon	Monroe	3:49:39	47 Truckee	CA 103	1064 Scott	White	3:52:11	29 San Francisco	CA 156
991 Larry	Erickson	3:49:40	42 Farmington Hil	MI 126	1065 William	Hawthorn	3:52:12	33 New York	NY 223
992 Adam A.	Jacks	3:49:44	31 Baltimore	MD 212	1066 David	Casentini	3:52:13	36 Half Moon Bay	CA 164
993 Ramon	Zamudio	3:49:47	28 Los Angeles	CA 148	1067 Claude	Thornton	3:52:14	35 Sunnyvale	CA 165
994 Doug	Ritenour	3:49:48	25 Daly City	CA 149	1068 Noah	Rollins Jr.	3:52:15	45 Oakland	CA 109
995 Jaime	Garcia	3:49:53	28 Emeryville	CA 150	1069 Donald	German	3:52:18	58 Greenbrae	CA 19
996 Dr. Carl	Wissing	3:49:55	47 Germany	104	1070 Brian	Brennan	3:52:19	18 San Francisco	CA 5
997 Scott	McKown	3:49:58	43 Fullerton	CA 127	1071 Russell	Cheney	3:52:19	53 Torrance	CA 48
998 Shan	Work	3:50:02	30 Palmdale	CA 213	1072 Thomas	Weede	3:52:20	30 Hermosa Beach	CA 224
999 Art	Lieberman	3:50:03	41 Charleston	SC 128	1073 Dick	Draxler	3:52:21	45 San Francisco	CA 110
1000 Art	Ruiz	3:50:06	42 San Jose	CA 129	1074 Dan	Ruzicka	3:52:21	30 Sacramento	CA 225
1001 Unberto	Robles	3:50:07	52 Carson	CA 42	1075 Joseph	Moffat	3:52:22	27 San Jose	CA 157
1004 Ross	Stephens	3:50:17	40 Upland	CA 130	1076 Bradley	Tobin	3:52:24	26 Farmington	MI 158
1005 Kevin	Prinsen	3:50:18	34 Reno	NV 214	1077 Barry	Naughton	3:52:25	33 San Francisco	CA 226
1006 Steve	Wilson	3:50:18	42 Walnut Creek	CA 131	1078 Richard	Nippes	3:52:25	46 San Francisco	CA 111
1007 Richard	Lee	3:50:19	20 Berkeley	CA 50	1079 Kenneth	Epstein	3:52:26	36 San Francisco	CA 166
1008 Miles	Cooper	3:50:20	20 Berkeley	CA 51	1080 Kenneth	Stravers	3:52:27	39 Phoenix	AZ 167
1009 Junichi	Takao	3:50:21	40 Mililani	HI 132	1081 Thomas	Lakritz	3:52:28	30 San Francisco	CA 227
1010 Stephen	Radziewicz	3:50:22	40 Fairfield	CT 133	1082 Bernhard	Woerner	3:52:31	30 Stuttgart	228
1011 Justin	Kennedy	3:50:23	24 San Francisco	CA 52	1084 John	Gardner	3:52:33	56 Davis	CA 20
1012 George	Ohrn	3:50:24	31 Mt. View	CA 215	1086 Richard	Underwood	3:52:35	25 Tracy	CA 159
1013 Rafael	Sanchez-Nava	3:50:25	35 Mexico Df	157	1088 James	Cahill	3:52:44	52 San Francisco	CA 49
1014 Michael	Shullich	3:50:25	35 Middletown	NJ 158	1089 Thomas	Midicus	3:52:46	44 Catonsville	MD 144
1015 Raymond	Graney	3:50:26	42 Clovis	CA 134	1090 Bob	Lewis	3:52:48	59 Los Altos Hill	CA 21
1017 Kurt	Apostol	3:50:28	35 Orem	UT 159	1091 RICK	Boeruer	3:52:50	50 Hillsboro	OR 50
1018 Chris	Rowley	3:50:31	32 El Paso	TX 216	1092 Arturo	Garcia	3:52:52	44 Los Angeles	CA 145
1019 Ira	Birnbaum	3:50:33	50	CA 43	1093 Steven	Koepsell	3:52:53	40 Silverdale	WA 146
1020 John	Roberts	3:50:35	47 Lake Oswego	OR 105	1095 John	Barry	3:53:02	37 Vernon	CA 168
1021 Dave	Graeber	3:50:35	20 Berdeley	CA 53	1096 Bryant	Saydah	3:53:04	26 San Francisco	CA 160
1022 Tim	Huckaby	3:50:35	32 Cardiff	CA 217	1097 Dan	Delacruz	3:53:05	41 San Mateo	CA 147
1024 Dan	Zendner	3:50:38	41 Colfax	CA 135	1098 Michael	Baushke	3:53:06	30 Emeryville	CA 229
1025 Bill	Conn	3:50:43	28 San Francisco	CA 151	1101 Hoyz	Denton	3:53:09	53 Kinsport	TN 51
1026 Gary	Roberts	3:50:45	50 Pacific Palisa	CA 44	1102 Stan	Lisiewicz	3:53:10	60 Glendale	CA 8
1027 Peter	Chrissanthis	3:50:47	31 Campbell	CA 218	1103 Steven P.	Kennedy	3:53:11	23 Monterey	CA 54

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1105	Steve	Lindsay	3:53:14	29		CA	161	1187	Rick	Davis	3:55:33	27	San Francisco	CA	173
1107	Dennis	Briskin	3:53:19	48	San Francisco	CA	112	1188	Craig	Davis	3:55:34	32	San Francisco	CA	238
1108	Robert	Greenlee	3:53:21	47	E Palo Alto	CA	113	1189	Denis	Kenny	3:55:35	25	San Francisco	CA	174
1109	Fernando	Camacho	3:53:21	38	Park Hurst	JO	169	1191	Paul	Sotherland	3:55:37	37	Birmingham	AL	178
1110	Tim	Deady	3:53:25	44	Glendale	CA	148	1192	Mark	Sanders	3:55:38	31	Birmingham	AL	239
1111	Eric	Gould	3:53:26	26	Mountain View	CA	162	1193	Stephen	Amdor	3:55:39	34	Omaha	NE	240
1112	Rich	Jacobson	3:53:29	40	Vancouver	BC	149	1194	K.C.	Liu	3:55:41	29	San Francisco	CA	175
1114	Joachim	Born	3:53:31	53	Dannenberg		52	1195	Richard	Stone	3:55:42	40	Portola Valley	CA	158
1115	Matt	Karczewski	3:53:33	52	Bellevue	WA	53	1196	Douglas	Toews	3:55:44	44	Santa Maria	CA	159
1116	Ron	Dorey	3:53:35	33	San Francisco	CA	230	1197	Willie	Gee	3:55:45	42	San Francisco	CA	160
1117	Ricardo	Camacho	3:53:37	43	Mexica		150	1198	Paul	Mosel Sr.	3:55:47	52	San Francisco	CA	58
1119	Helmut	Selmikeit	3:53:38	43	Nieder-Olm		151	1199	Henry	Sanchez	3:55:48	64	Redwood City	CA	9
1121	Heinz	Pettenpaul	3:53:40	45	Rinteln		114	1201	Cuahutemuc	Rex	3:55:50	27	Pico Rivera	CA	176
1122	Danny	Smith	3:53:40	48	Marietta	GA	115	1202	Rodney	Zimmerman	3:55:51	41	Boise	ID	161
1123	Mark	Covello	3:53:43	37	San Francisco	CA	170	1203	Thomas	Huberty	3:55:53	42	St. Paul	MN	162
1124	Alberto	Cristo	3:53:47	27	Santa Ana	CA	163	1204	Helmut	Heinz	3:55:59	52	Winhoring		59
1126	John	Marchuk	3:53:51	36	Folsom	CA	171	1205	Ulf	Gustafsson	3:56:00	36	Oakland	CA	179
1129	Steven	Long	3:54:00	27	Sunnyvale	CA	164	1206	Yu-Shyang	Kuo	3:56:01	44	Saratoga	CA	163
1130	Ken	Breuer	3:54:02	40	Encinitas	GA	152	1207	Len	Geraldi	3:56:05	57	Penngrove	CA	23
1132	Bob	Carr	3:54:07	45	Chassell	MI	116	1208	Bryce	Garner	3:56:12	28	Scottsdale	AZ	177
1133	Bobby	Clemons	3:54:09	46	Austin	TX	117	1209	Brendan	O'Sullivan	3:56:12	25	Berkeley	CA	178
1134	Regis	Amann	3:54:10	48	Union City	CA	118	1210	Robert	Burch	3:56:14	37	San Francisco	CA	180
1137	Doug	Manchester	3:54:12	52	La Jolla	CA	54	1211	Derick	Villanueva	3:56:16	16	San Jose	CA	6
1138	Joachim	Cox	3:54:17	27	Stockton	CA	165	1212	Kirk	Boisseree	3:56:17	36	Fremont	CA	181
1139	Al	Brandi	3:54:18	48	San Francisco	CA	119	1214	Michael	Chrinko	3:56:20	29	San Francisco	CA	179
1142	Jerry	Chavez	3:54:24	35	Studio City	CA	172	1216	Tino	Tangelbad	3:56:22	33	Monterey	CA	241
1143	Ron	Adams	3:54:26	46	Sacramento	CA	120	1217	Robert	Parisen	3:56:22	34	Monroe Twp	NJ	242
1144	Dominique	Schwartz	3:54:28	25	San Francisco	CA	166	1220	Jay	Whitehead	3:56:26	35	Salt Lake City	UT	182
1145	Barnaby	Payne	3:54:28	25	San Francisco	CA	167	1221	Michal	Moriarty	3:56:29	38	Woodbridge	VA	183
1147	Jamey	Jacobs	3:54:31	33	Mountain View	CA	231	1225	Todd	Shuman	3:56:39	30	San Francisco	CA	243
1148	Alexander	Prestel	3:54:32	57	Hambroecken		22	1226	Barrie	Peterson	3:56:42	52	Ft Wayne	IN	60
1149	Herbert	Hapin	3:54:34	37	Daly City	CA	173	1227	Carl	Kinnoin	3:56:45	35	Cerritos	CA	184
1150	Harry	Hail	3:54:36	45	Littleton	CO	121	1229	Juan	Rangel	3:56:46	26	San Mateo	CA	180
1151	Luis	Castro	3:54:37	32	Redwood City	CA	232	1232	Alan	Woodruff	3:56:49	46	Palm Desert	CA	125
1152	Daniel	Vega	3:54:38	50	Mexico		55	1233	Jerry	Labson	3:56:50	27	St. Louis	MO	181
1153	Simon	Burke	3:54:40	28	Denver	CO	168	1234	Stan	Kawakami	3:56:51	36	San Jose	CA	185
1154	Dennis	Hanna	3:54:41	38	San Francisco	CA	174	1236	Peter	Stock	3:56:52	37	San Francisco	CA	186
1155	Guy	Shuman	3:54:42	41	Los Altos	CA	153	1237	David	Spencer	3:56:53	30	Portola Valley	CA	244
1157	Heriberto	Munoz	3:54:43	33	Mexico		233	1238	David	Matis	3:56:55	33	Decatur	GA	245
1158	Alex	Jones	3:54:46	45	Lompoc	CA	122	1239	Maurio	Deshay	3:56:56	30	Los Angeles	CA	246
1159	Brian	Holroyd	3:54:47	39	Cramerview		175	1240	Bineet	Sharma	3:56:57	28	San Francisco	CA	182
1160	Dan	Tierney	3:54:47	38	Eugene	OR	176	1241	Akihiko	Hirano	3:56:57	26	Torrance	CA	183
1161	Kevin	George	3:54:47	24	San Francisco	CA	56	1242	Michael	Lesyna	3:56:58	34	Los Altos	CA	247
1162	Lars	Borch	3:54:48	25	Denmark	CA	169	1243	Steve	Scholfield	3:56:58	35	Glendora	CA	187
1164	Robert	Schuman	3:54:50	46	McSherrys Town	PA	123	1244	Ken	Yeager	3:56:58	41	San Jose	CA	164
1165	Ray	Goulet	3:54:53	32	Redwood City	CA	234	1245	Jeff	Tishler	3:57:05	32	San Ramon	CA	248
1167	Richard	Shearer	3:55:00	44	Orinda	CA	154	1247	Rae	Clark	3:57:08	42	Camino	CA	165
1168	Mike	Ortloff	3:55:01	38	San Jose	CA	177	1249	Shuji	Hayash	3:57:11	30	Miyagi-Ken		249
1169	Jim	Greenwood	3:55:03	42	Norham	TD	155	1250	Donald	Sharp	3:57:12	25		CA	184
1170	Peter	Hyan III	3:55:06	33	Los Angeles	CA	235	1251	Fred	SchaufeLe	3:57:13	33	San Francisco	CA	250
1174	Nico	Martin	3:55:11	26	San Francisco	CA	170	1252	Allan	Sudderth	3:57:15	31	Stockton	CA	251
1175	Robert	Becker	3:55:12	40	Ellicott City	MD	156	1254	Alejandro	Lopez	3:57:18	27	West Covina	CA	185
1176	Dennis	Wimmer	3:55:16	48	Pullman	WA	124	1258	Reinholp	Koch	3:57:24	46	Rinteln		126
1179	James	Davis	3:55:27	53	Novato	CA	56	1259	Carl	Haarstad	3:57:26	37	San Diego	CA	188
1180	Bert	Gross	3:55:28	32	Citrus Heights	CA	236	1260	Daniel	Rodoni	3:57:27	29	San Francisco	CA	186
1182	Michael	Johnson	3:55:30	33	Oakland	CA	237	1261	George	Ogar	3:57:29	38	Woodland Hills	CA	189
1183	Batta	Ragmu	3:55:31	28	Sunnyvale	CA	171	1265	Nef	Villarreal	3:57:32	58	Campbell	CA	24
1184	Miguel	Gonzalez	3:55:31	40	Concord	CA	157	1269	Jonathan	Gaber	3:57:40	41	Lafayette	CA	166
1185	Ivar	Jones	3:55:31	26	San Jose	CA	172	1270	Felipe	Avalos	3:57:43	41	Van Nuys	CA	167

1271	Robert	Rose	3:57:44	40 Dallas	TX 168	1347	Rakesh	Sharma	3:59:51	44 Fremont	CA 172
1272	Dana	Johannes	3:57:46	55 Tampa	FL 25	1348	Denis	Baylor	3:59:51	28 Los Altos	CA 194
1273	Curt	Jones	3:57:47	27 Ft. Ord	CA 187	1349	Brian	Henning Jr	3:59:53	24 San Francisco	CA 61
1274	Johannes	Van Lierop	3:57:48	45 Yorba Linda	CA 127	1350	James	Francis	3:59:54	30 San Ramon	CA 262
1275	Neil	Volker	3:57:49	23 Lincoln	NE 57	1351	Michael	Behrens	3:59:58	44 Hamburg	173
1276	Raymond	Schappler	3:57:55	56 Colmar	26	1354	Dick	Yaeger	4:00:01	65 Aptos	CA 2
1277	Mark	Katz	3:57:59	37 Aurora	CO 190	1355	Geoffrey	Dalander	4:00:03	32 Albany	CA 263
1278	Chaz	Fitzhugh	3:58:00	38 San Diego	CA 191	1356	Don	Eblen	4:00:05	51 Belvedere	CA 63
1279	Gerd	Delattre	3:58:02	41 Tuebingen	169	1357	Jeffrey	Dumas	4:00:09	48 Los Gatos	CA 138
1280	Eugene L.	Cook	3:58:04	62 Redondo Beach	CA 10	1358	Robert W.	Cremin	4:00:13	55 Mercer Island	WA 29
1281	Jim	Hansen	3:58:05	31 San Ramon	CA 252	1360	Chin	Lin	4:00:21	55 League City	TX 30
1284	Scott	Ryder	3:58:09	35 Parker	CO 192	1362	Bruce	Worley	4:00:28	59 New Orleans	LA 31
1285	William	Mack	3:58:11	38 Cupertino	CA 193	1364	Donald	Harrington	4:00:32	51 St Charles	IL 64
1286	Jeffrey	Bennett	3:58:15	45 London	W8 128	1365	Bruce	Modesitt	4:00:33	36 San Carlos	CA 206
1288	Richard	Cornish	3:58:17	42 Chula Vista	CA 170	1366	Milton	Quinnine	4:00:35	50 San Francisco	CA 65
1289	Jonathan	Sutin	3:58:21	56 Albuquerque	NM 27	1367	Mark	Deven	4:00:35	37 Anaheim	CA 207
1291	Thomas	Stephens	3:58:25	39 Corte Madera	CA 194	1368	John	Loeschhorn	4:00:36	50 Irvine	CA 66
1292	Terry	Allsworth	3:58:25	35 Boulder	CO 195	1370	Michael	Royer	4:00:38	42 Birmingham	AL 174
1293	Donald	Danhour	3:58:27	47 Evergreen	CO 129	1371	Peter	Moore	4:00:40	30 Detroit	MI 264
1294	Bob	Dewey	3:58:28	28 Baltimore	MD 188	1372	Scott	McDuffe	4:00:41	50 Grosse Pte	MI 67
1295	Marcelo	Sciurano	3:58:30	37 Los Angeles	CA 196	1373	Mark	Hansen	4:00:47	31 Lake Oswego	OR 265
1297	Evert	Gee	3:58:33	34 Laguna Beach	CA 253	1374	Mark	McNamara	4:00:50	38 Laverne	CA 208
1298	James	Corkill	3:58:33	27 Sacramento	CA 189	1376	Robert	Gunning	4:00:52	25 Oakland	CA 195
1299	Norm	Ploss	3:58:37	46 Santa Cruz	CA 130	1378	Jon	Paladino	4:00:58	25 Monterey	CA 196
1300	Raanan	Dagan	3:58:39	29 San Mateo	CA 190	1379	Michel	Gien	4:01:01	46 Beaverton	OR 139
1301	Alexander	Zachert	3:58:42	62 Pforzheim	11	1380	Tom	Perea	4:01:03	29 Foster City	CA 197
1303	Robert	Frey	3:58:48	51 Bozeman	MT 61	1383	Nicholas K	Mecklem	4:01:06	50 Portland	OR 68
1304	Ryan	Westendorf	3:58:50	21 San Clemente	CA 58	1384	Kirk	Stoller	4:01:06	33 San Francisco	CA 266
1305	Robert	Herrera	3:58:51	39 Hayward	CA 197	1387	Brad	Jarvinen	4:01:12	25 Mountain View	CA 198
1306	Humberto	Cuena	3:58:52	23 San Jose	CA 59	1388	Brian	Murray	4:01:16	31 Montifieth	DD 267
1307	Michael E.	Bair	3:58:53	38 Hanover	PA 198	1390	Steve	Rondeau	4:01:19	26 Lowell	MA 199
1308	Sven	De Vos	3:58:55	32 Venice	CA 254	1391	Dennis	Cosgrove	4:01:23	50 Belmont	CA 69
1309	James	Daniel	3:58:57	33 San Francisco	CA 255	1392	Scott	Koch	4:01:25	36 Orange	CA 209
1310	Ken	Snider	3:58:57	30 La Jolla	CA 256	1393	Domingo	Deguzman	4:01:26	34 Vallejo	CA 268
1312	Nathan	Dixon	3:59:00	28 Culver City	CA 191	1394	Shankar M.	Shiv	4:01:26	50 Granada Hills	CA 70
1314	Chuck	White	3:59:02	38 Campbell	CA 199	1395	Jim	Simonson	4:01:28	43 Seattle	WA 175
1315	Ian	Hockin	3:59:04	34 Chichester	SX 257	1396	Dana	Castro	4:01:29	38 Hilo	HI 210
1316	William	Dixon	3:59:05	27 New Rochelle	NY 192	1398	John	Shull	4:01:33	42 Hayden	ID 176
1318	John	Martinson	3:59:07	38 Walnut Creek	CA 200	1400	Paul C.	Hart	4:01:35	36 Antioch	CA 211
1319	Rocky	Darbee	3:59:07	48 Livermore	CA 131	1401	David	Dassey	4:01:39	43	CA 177
1320	Chritopher	Arnold	3:59:14	39 Oakland	CA 201	1402	Nick	Milanetti	4:01:40	33 Mississauga	ON 269
1322	Carmine	Zicarelli	3:59:20	23 Kenosha	WI 60	1403	Michael	Parsons	4:01:41	44 Newark	CA 178
1323	Charlie	Caldwell	3:59:22	38 Pleasant Hill	CA 202	1404	Steven	Weber	4:01:43	43 Manhattan Beac	CA 179
1324	Chris	Hildreth	3:59:24	39 Irvine	CA 203	1405	Timothy	Thomas	4:01:46	43 New Castle	PA 180
1325	Guenter	Potthast	3:59:26	38 Rinteln	204	1408	James	Hagan	4:01:49	30 Atlanta	GA 270
1326	Jerry	Davis	3:59:26	47 Tollhouse	CA 132	1409	Brian	French	4:01:52	33 Cardiff	CA 271
1328	Hiroshi	Hasegawa	3:59:28	57 Iyama Meguro	TO 28	1410	Richard	Donahue	4:01:53	31 Berkeley	CA 272
1329	Michael	Fairclough	3:59:30	34 Pleasanton	CA 258	1412	Michael	Wille	4:01:57	25 Redondo Beach	CA 200
1331	Anthony	Condotti	3:59:33	29 Santa Cruz	CA 193	1413	Jean-Claud	Schlickling	4:02:04	46	140
1332	Eddie	Gonzales	3:59:34	33 Helotes	TX 259	1416	Mark	Coolley	4:02:09	29 San Francisco	CA 201
1333	Thomas	Estill	3:59:36	47 San Francisco	CA 133	1417	Mark	Hershey	4:02:09	39 Portland	CA 212
1335	Ted	Peck	3:59:38	44 Millbrae	CA 171	1418	Craig	Cooper	4:02:11	38 Fremont	CA 213
1336	Gary	Susnara	3:59:39	49 Roseville	CA 134	1419	Ernesto	Carlos	4:02:14	37 Highland	CA 214
1338	Jim	Regan	3:59:42	36 Arlington	VA 205	1420	David	Estridge	4:02:14	37 Monterey	CA 215
1339	Paul	Echols	3:59:43	33 Modesto	CA 260	1421	Aaron	Fry	4:02:15	19 Pomona	CA 62
1340	Hans-Joach	Mengelkamp	3:59:44	50 Hamburg	62	1422	Klaus	Albrecht	4:02:15	60 Seevetal	12
1341	Errol	Yamat	3:59:46	46 San Jose	CA 135	1424	Jose	Munoz	4:02:20	42 Mexico	181
1342	Scott	Rueuer	3:59:47	31 Shakopee	MN 261	1425	Rafael	Vasquez	4:02:22	33 Los Angeles	CA 273
1343	Gregory	Brown	3:59:49	45 San Francisco	CA 136	1426	Christophe	Nicholson	4:02:27	28 Alameda	CA 202
1345	Ramon	Quirarte	3:59:50	46 Lynwood	CA 137	1430	James	Nelson	4:02:43	18 Santa Clara	CA 7

1431	Juan	Tapia	4:02:46	29 Oakley	CA 203	1517	Michael	Endicott	4:05:58	29 Fort Ord	CA 208
1433	Felipe	Marta	4:02:58	47 Fremont	CA 141	1518	AL	Lopez	4:05:59	42 Santa Maria	CA 195
1434	Doug	Ferree	4:03:03	31 Indianapolis	IN 274	1519	William	Bonnell	4:06:00	53 San Anselmo	CA 76
1436	Robert	Terry	4:03:05	53 Lafayette	CA 71	1520	Tony	Psychovos	4:06:01	32 San Rafeael	CA 286
1439	Jack A.	Spaulding Jr	4:03:12	47 Eugene	OR 142	1521	Robert	Field	4:06:01	43 San Francisco	CA 196
1440	Patrick	Singer	4:03:12	39 Rancho Santa F	CA 216	1522	Clark	Avery	4:06:05	29 San Francisco	CA 209
1441	Todd	Byers	4:03:14	0 Seattle	WA 63	1524	Jean-Luc	Mazuir	4:06:13	43 France	197
1442	Michael	Savolskis	4:03:16	38 Long Beach	CA 217	1525	Isaac	Melo	4:06:14	52 Fresno	CA 77
1443	Henry	Koch	4:03:17	48 Mobile	AL 143	1526	Tommy	Upton	4:06:14	59 Coarsegold	CA 32
1444	Dwight	Elliot	4:03:23	41 Shawnee Missio	KS 182	1527	Alva	Svoboda	4:06:17	36 Oakland	CA 228
1445	Jay	Veuve	4:03:24	54 Hayward	CA 72	1529	Jens	Kamlage	4:06:23	50 Hamburg	78
1446	Ken	Crampton	4:03:24	34 Pacifica	CA 275	1531	Larry	Christie	4:06:26	47 Vancouver	BC 150
1447	Phillip	Naylor	4:03:25	43 Burlingame	CA 183	1533	Robert	Beall	4:06:28	30 Charleston	SC 287
1448	David	Beck	4:03:37	38 Santa Cruz	CA 218	1534	Bob	Kohler	4:06:29	63 Irvine	CA 13
1449	Dennis	Curley	4:03:39	37 Auburn	CA 219	1535	Christophe	Martin	4:06:30	22 Monterey	CA 67
1450	Jose	Trejo	4:03:45	37 Monterey Park	CA 220	1536	Guenther	Glockner	4:06:30	62 Nuernberg	14
1451	Gilbert	Varela	4:03:46	45 L A	CA 144	1538	Claude	Hemphill	4:06:31	30 San Francisco	CA 288
1454	Ron	Case	4:04:00	49 San Francisco	CA 145	1539	Mark	Levinson	4:06:33	47 Los Angeles	CA 151
1456	Alexander	Taft	4:04:04	29 Sausalito	CA 204	1540	Kenneth	Bork	4:06:35	34 Bakersfield	CA 289
1458	Les	Lang	4:04:10	37 Provo	UT 221	1541	Craig	Sweeney	4:06:37	19 P.O.M.	CA 68
1459	Heajoung	Kim	4:04:14	21 Folsom	CA 64	1542	Ross	Northrop	4:06:38	29 Susan Ville	CA 210
1461	Iain	Hutchinson	4:04:17	45 Erskine	PA 146	1544	Bo	Matthews	4:06:38	49 Lake Oswego	OR 152
1462	Rick	Moradian	4:04:19	33 Oakland	CA 276	1545	Scott	Bronstead	4:06:39	20 Alamo	CA 69
1463	Ronald	Townsend	4:04:22	45 San Francisco	CA 147	1546	Robert	Baker	4:06:41	50 San Carlos	CA 79
1465	Michael	Bates	4:04:24	47 La Jolla	CA 148	1549	Brian	Leupold	4:06:52	26 Aloha	OR 211
1466	Bruce	Kruidenier	4:04:25	37 San Bruno	CA 222	1550	Phil	Bartlett	4:06:53	45 Reno	NV 153
1467	Jim	Kruidenier	4:04:27	34 Los Olivos	CA 277	1551	Dieter	Koch	4:06:53	55 Hamburg	33
1468	Richard	Oppenheim	4:04:30	41 Agoura	CA 184	1552	David	Enterline	4:06:55	51 San Jose	CA 80
1469	Carl	Cox	4:04:31	40 Lodi	CA 185	1554	Gary	Howard	4:06:57	46 Sacramento	CA 154
1470	William	Stewart	4:04:33	37 Monterey	CA 223	1555	Clifford	Moy	4:06:58	48 Kaneohe	HI 155
1471	Mike	Huddleston	4:04:36	35 Huntsville	AL 224	1556	Mike	Alford	4:06:58	33 Belmont	CA 290
1472	David	Villanueva	4:04:37	44 Bakersfield	CA 186	1562	Joseph	Berlioz	4:07:07	44 Montrouge	198
1473	Craig	Harrison	4:04:38	40 Portland	OR 187	1563	Lawrence	Gose	4:07:10	26 Monterey	CA 212
1477	Jesse	Hackell	4:04:42	43 Bardonia	NY 188	1565	Scott	Wade	4:07:13	34 San Jose	CA 291
1478	Charles	Lemoine	4:04:43	32 Tucson	AZ 278	1568	Terry	Baransky	4:07:21	53 San Francisco	CA 81
1479	Davin	Ward	4:04:45	31 Cedar Hill	TX 279	1570	Dennis P.	Jeffries	4:07:22	47 Oakdale	CA 156
1480	Robert A.	Arellano	4:04:45	42 Los Gatos	CA 189	1571	Gary	Smedley	4:07:26	55 Bakersfield	CA 34
1482	John	Lieuwen	4:04:47	42 Albuquerque	NM 190	1573	Robert	Thoma	4:07:28	35 Folsom	CA 229
1483	Peter	Sanchez	4:04:49	43 San Francisco	CA 191	1574	Glenn	Hahn	4:07:29	37 Menlo Park	CA 230
1484	Frank	Schmidt	4:04:50	30 Long Beach	CA 280	1575	Steve	Shea	4:07:31	41 Millbrae	CA 199
1485	Mike	Figley	4:04:51	36 Austin	TX 225	1577	Jim	Akeyson	4:07:34	38 San Clemente	CA 231
1488	Nicholas	Levinson	4:04:58	28 San Francisco	CA 205	1578	Bill	Bowers	4:07:35	48 Stockton	CA 157
1489	Stephen	Bae	4:05:05	24 San Francisco	CA 65	1583	Douglas	Remington	4:07:44	44 Burbank	CA 200
1490	Alfonso	De Tagle	4:05:10	40 San Jose	CA 192	1584	David	Garrett	4:07:54	24 San Marino	CA 70
1492	Mark	Johnson	4:05:15	42 Alhambra	CA 193	1588	Diether	Koepe	4:08:01	45 Koblenz	158
1493	John	Krautsack	4:05:15	30 Sunnyvale	CA 281	1590	Gerald	Santora	4:08:03	41 Ridgewood	NY 201
1494	Michel	Feltavit	4:05:20	34 Sacramento	CA 282	1592	Stephen	Lehtonen	4:08:12	46 Fair Oaks	CA 159
1495	Andre	Tari	4:05:21	54 St Dizier	52 73	1593	Frank	Bellizzi	4:08:14	28 San Francisco	CA 213
1496	Thomas	Moberly	4:05:23	28 Vacaville	CA 206	1594	Tobias	Gwehenberger	4:08:15	23 Switzerland	71
1498	Robert	Weisberg	4:05:25	48 Stanford	CA 149	1595	John	Semeraux	4:08:16	29 Berkeley	CA 214
1499	Ty	Peterson	4:05:27	31 Newport Beach	CA 283	1596	Jay Fredri	Minnich Jr.	4:08:19	33 Concord	CA 292
1500	Robert	Mueller	4:05:31	32 Redwood City	CA 284	1597	Keith	Lewis	4:08:20	37 San Pablo	CA 232
1502	Willie	Lonewolf	4:05:34	30 Oakland	CA 285	1598	Alan	Michael	4:08:21	43 Salt Lake City	UT 202
1504	Wolfgang	Egert	4:05:41	35 Germany	226	1599	Tim	Heydon	4:08:22	32 Reno	NV 293
1505	Eugen	Enders	4:05:42	36	CA 227	1600	Ebrahim	Azarbakhsh	4:08:24	42 Novato	CA 203
1506	Ian	Stewart	4:05:43	20 Seattle	WA 66	1603	Paul	Piplani	4:08:30	47 Tulsa	OK 160
1509	Ryan	McAfee	4:05:48	26 San Ramon	CA 207	1607	William	O'Brien	4:08:36	57 Redwood City	CA 35
1511	Bob A.	Seaton	4:05:50	51 Seattle	WA 74	1608	Thomas	Partlow	4:08:37	32 Lafayette	CA 294
1513	Peter	Lennon	4:05:51	40 Newport News	VA 194	1609	Jay	Younglich	4:08:37	25 Stockton	CA 215
1516	Paul A.	Hagemann	4:05:55	54 Multnomah	75	1610	Tony	Bartus	4:08:42	37	CA 233

1611 Phillip	Cherney	4:08:42	45	Visalia	CA	161	1696 Steven	King	4:12:07	42	Coronado	CA	215
1613 Bruce	Womack	4:08:51	41	San Jose	CA	204	1698 Benjamin	Lee	4:12:13	42	Milpitas	CA	216
1615 Richard	Hafner	4:09:00	46	Palo Alto	CA	162	1700 Aaron	Walker	4:12:14	26	Sacramento	CA	223
1617 David	Richard	4:09:06	26	Sunnyvale	CA	216	1701 Alfred	Saragoza	4:12:22	46	Woodland	CA	174
1618 Anthony	Pacheco	4:09:08	33	Lodi	CA	295	1702 David	Larson	4:12:23	34	Flagstaff	AZ	304
1619 Rick	Bibbee	4:09:09	47	Troy	MI	163	1703 Rick	Navarrette	4:12:24	33	Los Angeles	CA	305
1622 Umberto	Dambrosio	4:09:15	59	Pebble Beach	CA	36	1705 Walter	Harroll	4:12:28	34	Las Vegas	NV	306
1623 Frank	Zietemann	4:09:16	53	Hamburg		82	1706 Kevin	O'Brien	4:12:30	29	Hermosa Beach	CA	224
1625 Tracy	Reese	4:09:23	37	Oceanside	CA	234	1707 Michael	Joshua	4:12:31	25	Seattle	WA	225
1626 Michael	Dennis	4:09:26	46	Culver City	CA	164	1708 Robert	Carpenter	4:12:32	40	Ellicott	MD	217
1627 Brad	Thomas	4:09:27	27	San Francisco	CA	217	1709 Allen	Ackerman	4:12:32	41	Poughkeepsie	NY	218
1628 Jerry	Groft	4:09:29	55	Hanover	PA	37	1710 Bill	Sigafoos	4:12:33	47	San Clemente	CA	175
1629 Clinton	Soo	4:09:30	28	San Francisco	CA	218	1711 Daniel S.	Brewer	4:12:34	34	Milwaukie	OR	307
1631 Robert	Baker	4:09:33	32	Trabuco Canyon	CA	296	1712 Francisco	Rodriguez	4:12:38	45	San Francisco	CA	176
1632 Robert	Seidler	4:09:33	28	Manhattan Beac	CA	219	1713 Michael	Wachs	4:12:39	31	San Francisco	CA	308
1633 Michael	Slavin	4:09:34	23	Olympia Fields	IL	72	1714 Arthur	Lorentzen	4:12:40	44	Foster City	CA	219
1634 John-Marc	Clark	4:09:42	27	Los Gatos	CA	220	1715 Peter	Froman	4:12:49	51	Flushing	NY	85
1635 Kevin	O'Brien	4:09:45	43	Hanover	PA	205	1716 David	Parkinson	4:12:51	50	Tiburon	CA	86
1636 David	Morley	4:09:49	39	Lufkin	TX	235	1717 Armando	Caseres	4:12:51	47	San Bruno	CA	177
1637 Robert	Mandelbaum	4:09:51	27	Los Angeles	CA	221	1718 Alain	Mermet	4:12:52	45	Aude		178
1638 John	Dwyer	4:09:53	40	Apple Valley	MN	206	1719 Walter	Zajac	4:12:52	38	San Jose	CA	244
1639 Pedro	Vasquez	4:09:56	49	Los Angeles	CA	165	1720 Leon	Labrecque	4:12:53	38	Rochester	MI	245
1640 Thomas	Hagan	4:09:59	31	Allendale	NJ	297	1722 Peter	Peru	4:12:55	27	Redondo Beach	CA	226
1641 Larry	Schwartz	4:10:07	41	Bethesda	MD	207	1723 Lev	Stachkevitch	4:12:55	44	L A	CA	220
1642 Hermann	Wackler	4:10:10	48	San Francisco	CA	166	1725 Vance	Roget	4:13:20	40	Modesto	CA	221
1643 Arthur	Sanabrpa	4:10:12	38	Petaluma	CA	236	1727 Ray	Duinto	4:13:28	55	Yucaipa	CA	39
1644 Randy	Jones	4:10:13	32	Truckee	CA	298	1728 Chuck	Savage	4:13:30	55	Ocala	FL	40
1646 Peter	Landin	4:10:21	32	New York	NY	299	1729 Robbe J.	Walstra	4:13:32	40	Palo Alto	CA	222
1647 Werner	Nistler	4:10:22	48	Beaverton	OR	167	1730 Arnold	Rose	4:13:34	43	Suisun	CA	223
1649 Mike	Turney	4:10:28	42	Pleasant Hill	CA	208	1731 Maury	Bransfield	4:13:36	52	San Jose	CA	87
1650 James	Dugdale	4:10:28	34	San Francisco	CA	300	1732 Denny	Mahle	4:13:38	39	Columbus	OH	246
1651 David	Follett	4:10:29	47	Palos Verdes	CA	168	1734 Dean	Clark	4:13:40	35	Palo Alto	CA	247
1653 Andrew	Del Matto	4:10:35	35	Walnut Creek	CA	237	1736 David	Allman	4:13:41	34	San Francisco	CA	309
1655 Leland	Takemoto	4:10:39	38	Santa Cruz	CA	238	1737 Michael	Fricano	4:13:42	22	Austin	TX	74
1656 Dale	Bodtker	4:10:40	51	Newark	CA	83	1738 Matthew	Broyles	4:13:42	22	Plano	TX	75
1658 James	Brandt	4:10:44	25	Danville	CA	222	1740 William	Tramosch	4:13:43	45	Cooperstown	NY	179
1661 Kevin	Lee	4:10:53	39	San Francisco	CA	239	1742 Eduardo	Zuniga	4:13:45	41	Gardena	CA	224
1662 Mark	Powers	4:10:58	46	Brodhead	WI	169	1743 Dave	Freeman	4:13:49	27		CA	227
1664 Dan	Shuff	4:11:04	59	San Antonio	CA	38	1744 Martin	Collette	4:13:51	38	Los Angeles	CA	248
1665 Jerry	Martinez	4:11:05	42	Fremont	CA	209	1745 Vladimir	Babicher	4:13:53	28	L A	CA	228
1666 Peter	Fiekowsky	4:11:06	38	Los Altos	CA	240	1746 Adrian	Van Deudekom	4:13:53	38	Long Beach	CA	249
1667 Hans-Jurge	Natterer	4:11:07	41	Gottingen		210	1747 Paul	Creasey	4:13:54	50	Eynsham, Oxfor	OX	88
1673 Doug	Anderson	4:11:23	38	Denver	CO	241	1748 Catalino	Soriano	4:13:56	44	El Sobrante	CA	225
1674 Jess	Drake	4:11:23	43	Highland	CA	211	1749 Charles	Jensen	4:13:58	48	Santa Rosa	CA	180
1675 Steve	Wildeboer	4:11:25	46	Kent City	MI	170	1750 Arturo	Dassow	4:13:59	50	Perris	CA	89
1676 Howard	Dickson	4:11:26	60	Santa Clara	CA	15	1752 Wigberto P	Veluz	4:14:09	51	West Hills	CA	90
1678 Tim	Herron	4:11:30	34	Indianapolis	IN	301	1753 Michael	Sholl	4:14:10	25	Berkeley	CA	229
1679 Paul	Mazalan	4:11:30	43	Bakersfield	CA	212	1754 Warren	Pryor	4:14:11	49	Roseville	CA	181
1681 David	Olivas	4:11:34	33	Long Beach	CA	302	1756 George	Billman	4:14:13	51	Hanover	PA	91
1684 Reza	Rezai	4:11:43	21	Clayton	CA	73	1757 Jason	Graham	4:14:14	27	Hermosa Beach	CA	230
1685 David	Glasgow	4:11:44	31	Los Angeles	CA	303	1758 Frank	Archibeque	4:14:15	37	Bakersfield	CA	250
1687 Darrell	Randle	4:11:46	36	Olney	MO	242	1759 Barry	Wallman	4:14:22	42	Camarillo	CA	226
2 Stephen	Beck	4:11:48	43	Fullerton	CA	1	1762 Bill	Smith	4:14:23	47	Avenue	CO	182
1688 Tim	Akers	4:11:50	35	San Rafael	CA	243	1765 Christophe	Beall	4:14:30	26	Monterey	CA	231
1689 Tony	Smith	4:11:55	48	Columbia	SC	171	1766 William	Moritz	4:14:30	52	Monterey	CA	92
1691 Brice	Hammerstein	4:12:04	43	Manteca	CA	213	1767 Keith	Wilson	4:14:32	35	Novato	CA	251
1692 Earl	Looney	4:12:04	46	Manteca	CA	172	1770 J.D.	Fischer	4:14:41	51	Visalia	CA	93
1693 Robert	Mullen	4:12:05	44	San Jose	CA	214	1771 Jonathon	Fendelman	4:14:43	23	San Francisco	CA	76
1694 Jerry	Clairborne	4:12:06	50	Houston	TX	84	1772 Juncher	Jensen Jorge	4:14:45	47	Vedbaek		183
1695 Rick	Erazo	4:12:06	46	Monterey	CA	173	1773 Rick	Tine	4:14:46	47	Sausalatio	CA	184

1774	John	Dresel	4:14:47	34	Bainbridge Is.	WA	310	1867	Scott	Braunstein	4:18:10	23	Santa Monica	CA	78
1775	William	Berkstresser	4:14:48	29	Redondo Beach	CA	232	1869	Matt	Legarza	4:18:12	27	Reno	NV	239
1776	Jordan	Jurow	4:14:48	23	San Francisco	CA	77	1870	Owen	Clements	4:18:13	32	San Francisco	CA	320
1777	James	Kaiser	4:14:51	26	San Francisco	CA	233	1871	Darryl	Dong	4:18:17	36	Mill Valley	CA	264
1779	Greg	Kuhl	4:14:53	40	Gladstone	MO	227	1872	Antonio	Paola	4:18:19	29	Arlington	VA	240
1780	Peter	Biffar	4:14:55	35	Palo Alto	CA	252	1875	Steve	Kramer	4:18:24	37	So. Minneapolis	MN	265
1783	Bill	Colangelo	4:15:03	41	Reseda	CA	228	1877	David	Goodwin	4:18:31	46	Fresno	CA	194
1785	Steven	Addison	4:15:06	33	San Francisco	CA	311	1880	Joe	Hale	4:18:33	44	Indianapolis	IN	239
1786	Jason	Kuhns	4:15:08	25	San Francisco	CA	234	1882	Donald D.	Mullin	4:18:39	53	Mississauga	ON	97
1787	Robert	George	4:15:14	31	San Jose	CA	312	1883	Larry	Kuechler	4:18:40	45	Lane	CA	195
1788	Kurt	Ericson	4:15:17	27	Costa Mesa	CA	235	1884	Tony	Donagrechia	4:18:41	37	Downey	CA	266
1789	Mel	Dang	4:15:17	30	Rosemead	CA	313	1885	Ed	Stoessel	4:18:44	45	Loomis	CA	196
1790	Charlie	Farber	4:15:18	44	Indianapolis	IN	229	1886	Robert	Good	4:18:45	49	Los Angeles	CA	197
1791	Steven	Goodman	4:15:18	48	Carmel Valley	CA	185	1887	Archie	Gilchrist	4:18:49	42	Stockton	CA	240
1792	Mike	Lee	4:15:19	42	Santa Cruz	CA	230	1888	Gary	Grant	4:18:50	53	Palo Alto	CA	98
1793	Peter	Royce	4:15:20	59	San Francisco	CA	41	1889	Walter	Underhill	4:18:51	47	San Rafael	CA	198
1797	Andrew	McKinnon	4:15:34	40	Capitola	CA	231	1891	Brian	Pratt	4:18:54	46	Cowan	NS	199
1800	Thomas	Baptista	4:15:47	39	San Leandro	CA	253	1893	Mason	Robertson	4:18:55	42	Huntsville	AL	241
1802	Thomas	Frazier	4:15:54	33	Santa Ana	CA	314	1894	Hans-Joach	Joseph	4:18:59	49	Berlin		200
1803	David	Landers	4:15:55	61	Hayward	CA	16	1895	Isidro	Ramirez	4:19:01	19	West Covina	CA	79
1804	Albert	Reyes	4:15:59	37	San Jose	CA	254	1897	Alan	Carlisle	4:19:08	64	Upland	CA	17
1805	Arlen	Peters	4:16:00	38	Ceres	CA	255	1898	Christian	Liebrecht	4:19:09	36	San Francisco	CA	267
1806	Alan	Locher	4:16:03	52	Santa Ana	CA	94	1899	David	Keene	4:19:12	45	Denver	CO	201
1807	John	Priestley	4:16:05	47	Upland	CA	186	1900	Joshua	Babad	4:19:15	48	Los Gatos	CA	202
1811	Jason	Yu	4:16:12	18	San Francisco	CA	8	1901	Edward	Fahney	4:19:16	35	W. Columbia	SC	268
1812	Allen	Maijala	4:16:16	46	Plymouth	MN	187	1902	Ray	Trevino	4:19:18	39	Phlugerville	TX	269
1813	Jim	Sellers	4:16:17	38	San Leandro	CA	256	1904	Bill	Boorman	4:19:24	33	Arlington	VA	321
1816	Ken	Saxon	4:16:19	32	Palo Alto	CA	315	1906	Eric	Newmechek	4:19:28	26	San Jose	CA	241
1817	Sandu	Berschadski	4:16:20	48	New York	NY	188	1907	Ed	Buckalew	4:19:28	49	Grand Prairie	TX	203
1819	Mihai	Viforel	4:16:23	66	Sassenage	FR	3	1908	Ian	Fullmer	4:19:29	28	Fremont	CA	242
1821	Yashuhiro	Naito	4:16:25	33	Chiba		316	1909	Rasool	Anooshehpoor	4:19:34	41	Reno	NV	242
1822	Douglas	Hobbs	4:16:44	40	Indianapolis	IN	232	1910	Steve	Gross	4:19:37	38	San Mateo	CA	270
1826	Lou	Levy	4:16:48	36	Carmichael	CA	257	1911	Mike	Costello	4:19:39	40	So Lake Tahoe	CA	243
1827	Dennis	Wizemann	4:16:50	45	San Luis Obisp	CA	189	1913	Nolan	Swanson	4:19:43	28	Yakima	WA	243
1828	Matthew	Schulz	4:16:59	38	San Jose	CA	258	1915	Brian	Oleary	4:19:47	25	Charleston	SC	244
1829	Dennis	Rowley	4:17:00	42	Livermore	CA	233	1916	Don	Hsi	4:19:51	38	Cupertino	CA	271
1831	Kenneth	Stabinski	4:17:01	50	North Wales	PA	95	1917	Ted	Mecum	4:19:52	49	Manitou	CO	204
1834	Jack	Appleton	4:17:13	29	Sausalito	CA	236	1919	Charles	Smith	4:19:57	44	Hayward	CA	244
1835	William	Tanquary	4:17:14	37	Santa Clara	CA	259	1920	William	Germany	4:20:02	59	Yosemite	CA	44
1836	Thomas	Daron	4:17:15	34	San Jose	CA	317	1921	Mark	Van Niekerk	4:20:04	47	Moraga	CA	205
1838	Bill	Vaughan	4:17:20	48	Michigan City	IN	190	1925	Peter	Van Sluis	4:20:21	40	San Jose	CA	245
1839	Jesse	Moralas	4:17:21	38	Buena Park	CA	260	1927	Alex	Ramirez	4:20:23	18	Los Angeles	CA	9
1840	Brian	Sugrue	4:17:27	37	Santa Cruz	CA	261	1928	Brian	Soo	4:20:48	26	San Francisco	CA	245
1841	Ronald	West	4:17:28	43	Denair	CA	234	1929	Manuel	Ortiz	4:20:50	29		CA	246
1843	Fred	Werber	4:17:30	43	Ventura	CA	235	1931	Cliff	Kirk	4:20:53	56	San Ramon	CA	45
1844	Yuzuru	Naruse	4:17:32	31	Rolling Hills	CA	318	1932	Michael	Malinin	4:20:55	26	Los Angeles	CA	247
1845	William	McGee	4:17:35	47	Loma Linda	CA	191	1933	Wayne	Whitman	4:20:59	46	Palos Verdes	CA	206
1846	Edgar	Schulze	4:17:36	56	Hamburg		42	1934	Jose	Monroy	4:21:00	26	Los Angeles	CA	248
1848	Chris	Pschl	4:17:39	28	San Francisco	CA	237	1935	Earl S.	Bittner	4:21:08	25	Topeka	KS	249
1849	Richard	Cavil	4:17:39	36	Newark	CA	262	1936	Tom	James	4:21:13	52	Alameda	CA	99
1851	Peter	Girard	4:17:42	53	Oakland	CA	96	1937	David	Miglorin	4:21:15	47	San Francisco	CA	207
1853	Gregory	McDuffee	4:17:43	45	Detroit	MI	192	1939	Joe	Sadoti	4:21:23	41	Arlington	VA	246
1854	Jay	McDaniel	4:17:45	32	Stockton	CA	319	1941	Edward	Hansen	4:21:30	48	Stayton	OR	208
1855	Paul	Morris	4:17:45	42	Davis	CA	236	1942	Gregory	Colburn	4:21:33	28	Reisterstown	MD	250
1857	William	Traub	4:17:52	58	La Palma	CA	43	1943	Gary	Cervantes	4:21:35	45	Olympic Valley	CA	209
1858	Thomas	Paradiso	4:17:54	36	Randolph	NJ	263	1944	David	Enelow	4:21:39	46	Berkeley	CA	210
1860	Ken	Seggerman	4:17:59	42	Fremont	CA	237	1946	Minh	Nguyen	4:21:42	22	Castro Valley	CA	80
1861	Donald	Lieu	4:18:01	43	San Gabriel	CA	238	1948	Richard	Luna	4:21:50	43	Santa Cruz	CA	247
1864	Marc	Duro	4:18:07	29	Larkspur	CA	238	1951	Steven	Ogata	4:22:01	42	San Gabriel	CA	248
1866	Donald	Choi	4:18:08	46	San Francisco	CA	193	1953	Patrick	Gisslow	4:22:11	36	San Francisco	CA	272

1954 Geza	Bottlik	4:22:13	56 Sherman Oaks	CA	46				
1957 Joel	Sinz	4:22:19	58 Lamastre		47				
1959 Thomas	Smith	4:22:24	31 Martinez	CA	322				
1960 Renzo	Maraviglia	4:22:29	50 Daly City	CA	100	2035 Yuichiro	Suzuki	4:25:28	32 San Francisco CA 333
1961 Charles	Koppany	4:22:30	52 Alhambra	CA	101	2036 Joseph	Winter	4:25:29	24 Manhattan KS 82
1962 Larry	Wilson	4:22:32	49 San Mateo	CA	211	2037 Jim	Poindexter	4:25:32	41 San Anselmo CA 259
1963 Robert	Gamble	4:22:34	36 El Granada	CA	273	2040 Paul	Lam	4:25:34	38 Fremont CA 282
1966 Michael	Garbutt	4:22:39	43 Concord	CA	249	2041 Richard	Rentfro	4:25:35	48 Carmichael CA 223
1967 James	Frantz	4:22:40	30 Baltimore	MD	323	2042 Francis	McCormack	4:25:36	33 Woodstock IL 334
1968 Michael	Hafertepe	4:22:40	31 Concord	CA	324	2043 Christophe	Kautz	4:25:37	22 Tucson AZ 83
1969 Ian	McCready	4:22:41	37 Windygates	FI	274	2044 Ann	Wartchow	4:25:38	27 Tucson AZ 257
1970 Larry	Wallerstein	4:22:42	44 San Jose	CA	250	2047 Jan	Williams	4:25:40	49 Boston MA 224
1971 Glenn	Metzger	4:22:42	38 Ballwin	MO	275	2049 Michael	Etkins	4:25:41	33 Beverly Hills CA 335
1972 Thomas	Gorman	4:22:47	43 Napa	CA	251	2050 Bruce	Lindsley	4:25:42	43 Santa Rosa CA 260
1973 Michael	Boulton	4:22:50	43 Werrington	ST	252	2051 Mark	Grillo	4:25:42	35 Monterey CA 283
1974 Doug	Rouse	4:22:57	40 Pasadena	TX	253	2052 Robert	Fogarty	4:25:44	31 Pasadena CA 336
1975 Stephen	Weiland	4:22:57	25 Portland	OR	251	2053 Laurence	Collins	4:25:49	36 Los Altos CA 284
1976 Tom	Edwards	4:22:58	72 Oceanside	CA	2	2055 Dean	Whitman	4:25:51	36 Ft Wayne IN 285
1977 John	Law	4:23:01	61 Portola Valley	CA	18	2056 Stefan	Reiman	4:25:52	48 Leverkusen 225
1978 Stephen	Routh	4:23:03	35 Davis	CA	276	2057 Udo	Gruenhagen	4:25:53	52 Hamburg 102
1979 William	Spencer-Stro	4:23:07	32 Baltimore	MD	325	2058 Bob	Vyenielo	4:25:55	39 Santa Rosa CA 286
1982 Gurnam	Brard	4:23:11	64 Piedmont	CA	19	2060 Bernard	Chipaux	4:26:03	57 Vieux-Charmont 51
1983 James	Fischer	4:23:12	29 San Mateo	CA	252	2061 Makoto	Hoshi	4:26:04	33 Tokyo 337
1984 Rick	Boyle	4:23:15	38 San Jose	CA	277	2062 Rohn	Grant	4:26:10	38 San Clemente CA 287
1985 Kenneth	Jones	4:23:16	47 Lockwood	CA	212	2063 Willie	Triplett	4:26:12	35 San Francisco CA 288
1986 Steve	Ockander	4:23:17	39	CA	278	2064 Kevin	Coardt	4:26:17	26 San Francisco CA 258
1987 Scott	Musselman	4:23:18	43 L A	CA	254	2066 Jose Sanch	Garcia	4:26:20	18 Mexico 10
1988 Glen	Tabios	4:23:20	38 Oakland	CA	279	2068 Tom	Kaisersatt	4:26:23	0 San Jose CA 84
1989 David	Mitchell	4:23:24	48 Seattle	WA	213	2070 Lee	Stonehouse	4:26:26	31 Costa Mesa CA 338
1991 Jesse	Blount	4:23:33	31 Santa Clara	CA	326	2071 Larry	Weiss	4:26:28	37 San Francisco CA 289
1992 Valentin	Parker	4:23:36	30 San Francisco	CA	327	2073 Ken	Begbie	4:26:32	54 Campbell CA 103
1993 Andrew	Udis	4:23:37	44 New York	NY	255	2074 Jim	Schnitzler	4:26:33	59 Antiock CA 52
1996 Michael	Moats	4:23:45	45 Santa Maria	CA	214	2075 Arthur	Stanger	4:26:34	35 Boca Raton FL 290
1997 Bruce	Schrader	4:23:49	48 Boulder Creek	CA	215	2076 Isaac	Ruiz	4:26:35	23 Burlingame CA 85
1999 Jean-Pierr	Gabarra	4:23:52	49 Bordeaux		216	2077 Glen	Barras	4:26:36	29 San Francisco CA 259
2001 Anh	Do	4:23:57	28 San Francisco	CA	253	2083 Terry	Riley	4:26:39	48 Santa Cruz CA 226
2002 Devlin	Gardella	4:23:59	27 San Francisco	CA	254	2087 Stuart	Sargisson	4:26:59	54 Elk Grove CA 104
2003 Kenneth	Ambrose	4:23:59	41 San Francisco	CA	256	2088 Thomas	Tucker	4:27:02	44 Morrison CO 261
2005 Don	Timmer	4:24:03	45 San Rafael	CA	217	2089 Dale	Fambrini	4:27:09	57 CA 53
2006 Nazario	Zuniga	4:24:05	40	CA	257	2090 Jeff	Currie	4:27:14	24 Boise ID 86
2007 Ernesto	Patino	4:24:09	31 Placentia	CA	328	2091 Dan	Currie	4:27:16	28 Danville CA 260
2008 Michael	Davis	4:24:11	34 Truckee	CA	329	2092 Vincent	Spina	4:27:17	52 Monroe NY 105
2009 Andrew	Clark	4:24:13	33 San Francisco	CA	330	2094 Robert	Martin	4:27:27	38 Montana CA 291
2010 Hamid	Rostamian	4:24:20	34 Santa Monica	CA	331	2095 Ron	Stinchcomb	4:27:27	46 Laguna Niguel CA 227
2013 Jose	Real Rodrigu	4:24:28	24 Guadalajara	JA	81	2096 Jack	Wales	4:27:30	50 Ojai CA 106
2014 Balaji	Keshava	4:24:30	49 Northridge	CA	218	2097 Richard	Hume	4:27:32	43 Rescue CA 262
2016 Daniel	Phororo	4:24:31	61 Maseru	LE	20	2099 John	Hocker	4:27:34	43 Carbondale CO 263
2018 Hal	Milstein	4:24:40	37 Los Altos	CA	280	2100 Joel	Nakae	4:27:34	40 Las Vegas NV 264
2019 Thomas	Heckman	4:24:44	48 San Francisco	CA	219	2101 Hajime	Nishi	4:27:40	45 Meguro TO 228
2020 Raymond	Angeles	4:24:46	46 So San Francis	CA	220	2102 Ernest	Yau	4:27:41	47 Sacramento CA 229
2021 Robert	Israel	4:24:48	58 Glendale	CA	48	2103 Gilbert	Estrada	4:27:46	45 San Jose CA 230
2022 Lonnie	Brown	4:24:49	29 Atlanta	GA	255	2104 Quintin	Reich	4:27:47	31 Boise ID 339
2023 Claudio	Patino	4:24:51	37 Placentia	CA	281	2105 Claudia	Hernandez	4:27:49	22 Los Angeles CA 87
2024 Rick	Smith	4:25:00	44 Jeffersonville	IN	258	2106 Charles R.	Herel	4:27:54	31 Pleasanton CA 340
2026 Derek	Lieberman	4:25:02	28 Novato	CA	256	2108 Charlie	Brown	4:28:01	29 Stanford CA 261
2027 Bruce	Zuckerman	4:25:02	47 San Francisco	CA	221	2111 Patrick	Mullaney	4:28:11	26 San Francisco CA 262
2029 George	Coloma Jr.	4:25:07	47 Vallejo	CA	222	2112 Brian	Curro	4:28:12	30 Palms CA 341
2030 Juergen	Krauthammer	4:25:08	58 Fresno	CA	49	2113 Tony	Krebs	4:28:13	49 Indianapolis IN 231
2032 Richard	Teel	4:25:11	31 Novato	CA	332	2114 Elucindo	Merida	4:28:13	46 Sout Gate CA 232
2033 Martin	Sigal	4:25:12	55 Los Angeles	CA	50	2115 Ed	Veletz	4:28:15	28 San Mateo CA 263

2117	Troy	Haynes	4:28:18	32	Berkeley	CA	342	2217	Rob	Maroney	4:32:22	43	Mission Viejo	CA	274
2119	John	Kleine	4:28:24	31	Santa Clara	CA	343	2218	Duane	Mackey	4:32:27	33		CA	353
2121	Tony	Johansson	4:28:27	35	Novato	CA	292	2219	Ronald	Vansyoc	4:32:28	33	Aurora	CO	354
2122	Jim	Howe	4:28:30	35	San Jose	CA	293	2221	David	Solis	4:32:32	40	Bakersfield	CA	275
2123	Marty	Shelton	4:28:31	34	Los Angeles	CA	344	2222	Jerry	Feickert	4:32:34	47	San Geroni	CA	239
2124	Martin	Tattgrsall	4:28:31	37	Los Gatos	CA	294	2224	Joseph	Hart	4:32:36	55	La Caies Centa	CA	57
2125	Brett	Katzner	4:28:32	23	Baltimore	MD	88	2226	Loren	Leigh	4:32:45	20	Canyon Country	CA	92
2129	Michael	Moore	4:28:34	59	Palos Verdes	CA	54	2227	Ronald	White	4:32:50	50	Beaverton	OR	110
2130	Vikram	Chopra	4:28:37	29	Los Angeles	CA	264	2228	Jimmy	Arangure	4:32:55	18	Los Angeles	CA	12
2131	Saantiago	Barciaga	4:28:37	40	Hayward	CA	265	2229	Bruce	Donnelley	4:32:56	59	Boise	ID	58
2134	Dave	Marken	4:28:39	40	San Francisco	CA	266	2231	David	Hoth	4:33:00	50	Alta Loma	CA	111
2135	Michael	Scandiffio	4:28:42	45	Concord	CA	233	2232	James	Barrett	4:33:05	50	Los Gatos	CA	112
2136	Frank M.	Knafelc	4:28:43	55	Lafayette	CA	55	2233	Frederick	Barrett	4:33:07	51	Central Pt	OR	113
2137	Michael	Moore	4:28:44	27	Mountain View	CA	265	2234	Roy	Murai	4:33:10	40	Palo Alto	CA	276
2138	Gregory	Allen	4:28:45	34	San Francisco	CA	345	2236	Mel	Golovich	4:33:16	43	Sacramento	CA	277
2139	Jeff	Milligan	4:28:45	31	Charleston	SC	346	2238	Vickie	Hathaway	4:33:24	45	Doblin	CA	240
2141	Cortland	Stark	4:28:53	49	San Marcos	CA	234	2239	Akihiro	Kaneda	4:33:25	28	Utunomiya	TO	273
2142	James	Campbell	4:28:54	37	San Francisco	CA	295	2243	Ted	Mermin	4:33:29	30	Berkeley	CA	355
2144	Rodney	Williams	4:29:00	36	Lompoc	CA	296	2244	Duncan	Moore	4:33:40	37	Santa Rosa	CA	304
2145	Jonathan	Russ	4:29:02	23	Strathmore	CA	89	2247	Glenn	Braunstein	4:33:51	50	Santa Monica	CA	114
2146	Peter	Monroe	4:29:02	56	Oakland	CA	56	2248	Jaime	Olivo	4:34:03	55	New Orleans	LA	59
2147	Michael	Miyamoto	4:29:03	34	Valencia	CA	347	2249	John	Galbraith	4:34:07	47	Sierra Madre	CA	241
2148	Ab	Ismail	4:29:03	53	Vancouver	BC	107	2250	Eugene	Stillman	4:34:09	33	Indio	CA	356
2150	David	Diamond	4:29:12	34	Greenbrae	CA	348	2252	Curtis	Chee	4:34:13	32	San Francisco	CA	357
2151	James	Schreiber	4:29:13	29	Monterey	CA	266	2253	Steven	Williams	4:34:17	24	San Francisco	CA	93
2152	Syojiro	Sakagami	4:29:14	41	Monterey	CA	267	2254	Emery	Lucas	4:34:18	50	Honolulu	HI	115
2154	Fred	Kaiser	4:29:15	42	Sacramento	CA	268	2255	Jay	Madhure	4:34:19	46	Granada Hills	CA	242
2157	Rick	Schroeder	4:29:23	26	San Francisco	CA	267	2257	Edward	Pao	4:34:24	42	Gonzales	CA	278
2158	Brian	Broxson	4:29:26	20	Spring Valley	CA	90	2259	Peter	Scheibenreif	4:34:25	47	Phoenix	AZ	243
2160	Stephen	Handel	4:29:28	36	Albany	CA	297	2260	Arnold	Salonga	4:34:27	28	San Jose	CA	274
2163	Tim	Hickey	4:29:34	44	Littleton	CO	269	2261	William	Wolf	4:34:31	59	San Francisco	CA	60
2165	Mike	Troyer	4:29:40	51	Lake Forest	CA	108	2262	Stephen	Kwek	4:34:36	30	Foster City	CA	358
2168	Robert L.	McDaniel	4:29:54	45	Westlake	CA	235	2264	Tom	Dorosewicz	4:34:39	39	Smithtown	NY	305
2171	Wilfredo	Cruz	4:30:02	36	Pacoima	CA	298	2265	Wolfgang	Brill	4:34:44	56	Hamburg		61
2172	Arthur	Wolf	4:30:10	62	So San Francis	CA	21	2266	Joseph	Martinelli	4:34:45	48	Redwood City	CA	244
2173	Sean	Kelley	4:30:11	34	Mt. View	CA	349	2267	Richard	Sanger	4:34:46	42	Long Beach	CA	279
2175	Gary	Sandifar	4:30:16	44	Santa Clara	CA	270	2269	Jonathan	Supraner	4:34:50	29	Tacoma	WA	275
2176	Walter	Berry	4:30:19	46	Dallas	TX	236	2271	Othmar	Fraefel	4:34:52	44	St. Gallen	CA	280
2178	Robert	Moorman	4:30:22	27	Fremont	CA	268	2272	Markus	Keller	4:34:52	32	Bassersdorf	ZH	359
2179	Chris	Gleason	4:30:24	22	Oakland	CA	91	2277	Stuart	Tripp	4:35:01	35	Santa Cruz	CA	306
2184	Henry	Vinton	4:30:42	29	Mill Valley	CA	269	2279	Cameron	Birnie	4:35:11	50	Portland	OR	116
2185	William	Childs	4:30:44	70	Lyall Bay	WE	3	2280	Sam	Grafton	4:35:13	41	Troy	MI	281
2186	Ed	Garcia	4:30:56	27		CA	270	2282	Carlos	Herrera Jass	4:35:27	52	Guadalajara	JA	117
2187	Jake	Klohs	4:30:58	37	Costa Mesa	CA	299	2283	Rhys	Jones	4:35:29	20	London	SW	94
2189	Ray	Wong	4:31:04	43	Bothell	WA	271	2286	Douglas	Smith	4:35:33	27	San Francisco	CA	276
2190	Ralph	Adame	4:31:06	37	Aptos	CA	300	2287	Michael	Geer	4:35:33	27	Cambridge	MA	277
2195	Jack	Androvich	4:31:17	45	Soquel	CA	237	2290	Jim F.	Liu	4:35:42	38	Cupertino	CA	307
2196	Mark	Fino	4:31:18	36	Seattle	WA	301	2292	Michael	Watts	4:35:45	29	San Francisco	CA	278
2199	Herman Lee	Chipman	4:31:22	52	Vancouver	WA	109	2294	Bill	Odom	4:35:46	45	Sacramento	CA	245
2201	Robert	Sargent	4:31:24	30	Oakalnd	CA	350	2299	Aubrey	Sparkman	4:36:01	0	Austin	TX	95
2202	Gregory	Anderson	4:31:26	36	Redwood City	CA	302	2300	Brent	Soldati	4:36:01	24	Sacramento	CA	96
2204	Michael	Cooper	4:31:27	40	San Jose	CA	272	2302	Charles	Koppelman	4:36:02	42	Berkeley	CA	282
2205	Peter	Meyer	4:31:29	28	San Jose	CA	271	2303	Leland	Barringer	4:36:03	51	Lathrup Villag	MI	118
2206	Jason	Naess	4:31:35	17	Rocklin	CA	11	2305	James	Widmann	4:36:07	0		CA	97
2207	Ron	Naess	4:31:36	43	Rocklin	CA	273	2306	Dana	Young	4:36:10	50	Chino Hills	CA	119
2210	Juzer	Essabho	4:31:46	31	Walnut Creek	CA	351	2309	Horacio	Montes	4:36:19	30	Downey	CA	360
2211	Mark	Leek	4:31:49	38	Livermore	CA	303	2310	Charles	Lucas	4:36:24	66		CA	4
2214	Ruben	Bustamante	4:32:11	49	Camarillo	CA	238	2311	Rich	Adams	4:36:26	51	Fair Oaks	CA	120
2215	Alan	Tripp	4:32:13	31	Palo Alto	CA	352	2312	Bill	Plexico	4:36:26	58	Fair Oaks	CA	62
2216	Jose	Manriquez	4:32:19	28	San Jose	CA	272	2313	Gus	Cardenas	4:36:27	60	Albuquerque	NM	22

2317 Jakob Heise	4:36:30	24 Denmark	CA 98	2419 Alfred Escobar	4:40:33	32 Hayward	CA 370
2318 Richard Wu	4:36:30	32 San Francisco	CA 361	2420 Douglas Osborne	4:40:39	24 Brentwood	CA 101
2319 Suresh Iyengar	4:36:32	51 Sherman Oaks	CA 121	2423 R. Fong	4:41:11	42 Santa Clara	CA 289
2321 Eric Barszcz	4:36:36	34 Saratoga	CA 362	2424 Rob Hubbs	4:41:14	27 Los Altos Hill	CA 289
2322 Ron Wright	4:36:39	43 San Francisco	CA 283	2425 John Heening	4:41:22	53 San Francisco	CA 126
2323 Wayne Matsjura	4:36:42	39 Hawthorne	CA 308	2427 Greg Wisner	4:41:29	43 Dallas	TX 290
2324 Christian Lepley	4:36:44	29 San Francisco	CA 279	2430 Davis MacMillan	4:41:33	39 Redwood City	CA 319
2327 Amitai Lavon	4:36:52	53 L A	CA 122	2431 Robert Rills	4:41:42	45 Tarzana	CA 253
2330 Mark Hodges	4:36:58	32 San Francisco	CA 363	2432 Terry Mohr	4:41:42	48 Pinehurst	NC 254
2333 Robert Lucas	4:37:26	51 Sunnyvale	CA 123	2433 Ben Spiteri	4:41:46	38 El Sobrante	CA 320
2334 Marvin Anderson	4:37:27	45 Great Fall	MT 246	2434 William P. Olsen	4:41:48	40 N. Easton	MA 291
2335 Anthony Escobar	4:37:28	34 Vallejo	CA 364	2437 Calvin Henningsen	4:41:53	66 Ogden	UT 6
2336 David Solis	4:37:29	22 Bakersfield	CA 99	2439 Barry Chang	4:42:02	42 Cupertino	CA 292
2338 Hector Santamaria	4:37:34	51 Downey	CA 124	2440 Joseph A. James	4:42:06	27 Milpitas	CA 290
2341 Robert Seaborn	4:37:39	35 Birmingham	AL 309	2441 Johnny Nava	4:42:07	34 Pacifica	CA 371
2343 Hector Aceves	4:37:41	28 Col Alta Mira	280	2442 Jack Clark	4:42:07	30 Trabuco Canyon	CA 372
2345 Yves Crassier	4:37:42	34 Atwater	CA 365	2443 Larry Garcia	4:42:12	37 San Jose	CA 321
2346 Mohsen S. Kalbassi	4:37:42	38 S. Lake Tahoe	CA 310	2444 Timothy Jones	4:42:13	36 Clarkston	MI 322
2347 David Burciaga	4:37:42	47 Bakersfield	CA 247	2445 Martin Selmikeit	4:42:16	36 Germany	323
2348 Brian Comer	4:37:46	33 Van Nuys	CA 366	2447 Makoto Kawanaka	4:42:20	36 Rancho Palos V	CA 324
2351 Gary Toji	4:37:50	71 Berkeley	CA 4	2448 Dennis Lee	4:42:28	43 Alameda	CA 293
2353 Doug Leighton	4:37:55	28 San Francisco	CA 281	2449 Wayne Fenton	4:42:30	29 Sunnyvale	CA 291
2355 Scott Barrie	4:37:57	29 Burlingame	CA 282	2450 Robb Jim	4:42:31	43 San Jose	CA 294
2357 Peter Rehor	4:37:59	47 Bozeman	MT 248	2451 Dean Smith	4:42:33	32 Van Nuys	CA 373
2358 Rob Fowler	4:38:01	42 Walnut Creek	CA 284	2452 Peter Fischer	4:42:34	50 Germany	127
2359 William W. Sanderson	4:38:02	37 Logan	UT 311	2453 Steve Loftus	4:42:37	45 Carmel	CA 255
2362 Chuck Blair	4:38:19	62 San Luis Obisp	CA 23	2458 Nelson V. Pritchett	4:42:52	51 Gainesville	FL 128
2363 Shu Tang	4:38:21	44 San Jose	CA 285	2459 Brian Pfaff	4:42:57	20 Bend	OR 102
2364 Tyler Duncan	4:38:23	14 Loomis	CA 13	2460 Gary Nothstein	4:43:05	42 Seattle	WA 295
2366 Kenneth Webb	4:38:26	34 Oakland	CA 367	2461 Mike Afendakis	4:43:06	34 San Francisco	CA 374
2367 Jeff Kessler	4:38:27	39 Agoura	CA 312	2463 Carl Grow	4:43:12	46 Indianapolis	IN 256
2368 Alec Morrow	4:38:31	35 Presidio Sf	CA 313	2464 Hector Menchaca	4:43:17	48	CA 257
2372 Steve Jaber	4:38:33	42 Mill Valley	CA 286	2466 Tan Vothien	4:43:34	39 Sunnyvale	CA 325
2373 Herbert Jackson	4:38:33	34 Farmington	NM 368	2467 Christophe Fitchett	4:43:41	41 Manhattan	NY 296
2375 Jack Goertzen	4:38:40	70 Riverside	CA 5	2468 Mark T. Anderson	4:43:48	41 San Francisco	CA 297
2377 Joe Sapena	4:38:41	47 Hayward	CA 249	2472 Mark Hansen	4:43:57	24 La Canada	CA 103
2379 Mitchell Fleischer	4:38:44	30 San Leandro	CA 369	2473 Craig Seeley	4:43:58	44 Oxnard	CA 298
2380 Alex Ho	4:38:45	25 Mt. View	CA 283	2474 John Lockhart	4:44:00	62 San Diego	CA 24
2381 Nai Saelee	4:38:50	18 Richmond	CA 14	2475 Mel Alconcher	4:44:03	41 San Bruno	CA 299
2382 David Carpenter	4:38:55	38 Gilroy	CA 314	2477 Thomas Hedrick	4:44:14	29 Monterey	CA 292
2384 James Parker	4:38:59	37 Marin	CA 315	2478 Larry Miller	4:44:18	44 Los Altos	CA 300
2385 Don Ellis	4:39:02	48 Memphis	TN 250	2483 Patrick Ja McGinn	4:44:38	29 Yuba City	CA 293
2387 Kyle DeSHAY	4:39:12	28 West Covina	CA 284	2485 Michael Jung	4:44:44	24 San Francisco	CA 104
2390 Michael Suda	4:39:19	45 Oakland	CA 251	2486 Don Surath	4:44:45	49 San Francisco	CA 258
2391 Dat Ngo	4:39:25	23 San Jose	CA 100	2487 Axel Mahlmann	4:44:46	44 Union City	CA 301
2392 Glenn Millar	4:39:34	55 Carmichael	CA 63	2490 Mark Glickman	4:44:50	45 Kentfield	CA 259
2397 Mike Woehrle	4:39:49	35 Jeffersonville	IN 316	2491 Norimi Yamaguchi	4:44:51	59 San Francisco	CA 64
2398 David Talpas	4:39:51	40 San Francisco	CA 287	2492 Jody Olson	4:44:57	47 Boise	ID 260
2399 Rick Borowitz	4:39:53	29 Studio City	CA 285	2493 Eric Rodell	4:44:59	33 Smyrna	TN 375
2400 Tito Carpio	4:39:55	29 San Francisco	CA 286	2494 Edward Dong	4:45:00	36 San Francisco	CA 326
2402 Michael Selmer Jr.	4:39:57	37 Mt Airy	MD 317	2495 Michael Taheny	4:45:04	42 San Francisco	CA 302
2404 James Vellamor	4:40:05	28	CA 287	2496 Justin Joyce	4:45:05	38 Sugarland	TX 327
2405 Michael Cunningham	4:40:09	41 San Jose	CA 288	2497 Carlos Garcia	4:45:11	45 San Antonio	TX 261
2406 Theodore Noonchester	4:40:11	36 Sacramento	CA 318	2499 Michael Lagrassa	4:45:18	43 Lake Elsinore	CA 303
2409 Jerry Duncan	4:40:15	52 Loomis	CA 125	2501 Tony Blair	4:45:27	38 York	NE 328
2411 Jin Baek	4:40:17	45 Psf	CA 252	2504 Marc Ray Hernandez	4:45:34	49 Austin	TX 262
2413 Sanford Udis	4:40:19	74 So. Dartmouth	MA 6	2505 Rod Abbott	4:45:40	41 Walnut Creek	CA 304
2415 Warrenrener Pait	4:40:23	69 San Francisco	CA 5	2510 Brad Berman	4:45:49	37 Lafayette	CA 329
2417 Alonzo Monk	4:40:26	70 Palos Verdes	CA 7	2511 Benjamin Travers	4:45:53	24 Del Mar	CA 105
2418 Michael Alcalá	4:40:29	27 Santa Ana	CA 288	2513 Victor Haddad	4:46:01	62 Somerset	MA 25

2514	Thomas	Calabrese	4:46:06	28 Westfield	NJ 294	2607	Devadas	Moses	4:53:08	46 Colton	CA 273
2515	Steve	Hung	4:46:08	39 San Mateo	CA 330	2609	Robert B.	Samuels	4:53:19	54 Portola Valley	CA 139
2517	Ron	Walker	4:46:20	30 Smyrna	GA 376	2610	Guadalupe	Montalvo	4:53:25	45 Zapopan	274
2519	Bob	Gorham	4:46:43	27 San Carlos	CA 295	2612	Ray	Kubisiak	4:53:30	44 Stanford	CA 308
2520	Richard	Gorham	4:46:44	30 Mission Viejo	CA 377	2615	Erik	Lars	4:53:36	43 Backliden	LA 309
2521	Robert	Glecker	4:46:49	22 Baltimore	CA 106	2619	Peter	Chan	4:53:43	51 Hillsborough	CA 140
2522	Alan	Ross	4:46:52	33 Berkeley	CA 378	2620	Jay	Finesilver	4:53:44	39 Denver	CO 338
2524	Ray	Belak	4:46:58	47 Henderson	NV 263	2622	John	Kelley	4:53:49	39 Palo Alto	CA 339
2525	Bill	Tam	4:47:02	45 Santa Clara	CA 264	2623	Keary	Horiuchi	4:53:55	36 New York	NY 340
2526	John	Spicer	4:47:03	32 Santa Clara	CA 379	2624	Michael	Brose	4:53:57	24 Benicia	CA 109
2527	Mike	Starr	4:47:05	54 La Habra	CA 129	2627	Rob	Kay	4:54:08	41 Menlo Park	CA 310
2528	Scott	Farnsworth	4:47:13	20 Santa Rosa	CA 107	2629	John	Smets	4:54:10	67 Oregon	9
2530	Peter	Rusiecki Jr.	4:47:18	41 New York	NY 305	2632	Phillip	Shipley	4:54:17	23 Denver	CO 110
2531	Herb	Eisenberg	4:47:20	48 Manhattan Beac	CA 265	2635	Ray	Renneke	4:55:06	30 Redwood	CA 387
2533	John	Evenhuis	4:47:26	30 Burlingame	CA 380	2639	Allan	Seid	4:55:15	51 San Diego	CA 141
2535	Andrew	Kjera	4:47:30	27 Oakland	CA 296	2643	Stephen	Smith	4:55:30	49 Laguna Hills	CA 275
2538	Edmund	Hernandez	4:47:33	29 Pacific Grove	CA 297	2644	Vinay	Narayan	4:55:41	34 Oaklamb	CA 388
2539	Natividad	Real Andrade	4:47:33	54 Guadalajara	JA 130	2646	Bob	Hall	4:55:46	34 Riverside	CA 389
2540	Michael	Parkinson	4:47:37	23 Tiburon	CA 108	2647	Ali	Banani	4:55:52	41 Concord	CA 311
2541	Berge	Roubinian	4:47:45	56 San Francisco	CA 65	2648	Nelson	Santos Jr.	4:55:52	28 El Sobrante	CA 299
2542	Chris	Ooi	4:47:48	39 Cupertino	CA 331	2651	Kim	Nakae	4:56:09	43 Los Angeles	CA 312
2545	David	Chen	4:48:18	52 Woodside	CA 131	2652	Lance	Martin	4:56:12	23 San Francisco	CA 111
2546	Frank	Nolte	4:48:32	59 Castro Valley	CA 66	2653	Paul	McKee	4:56:13	50 Sparks	NV 142
2547	Frank E.	Rodriguez	4:48:35	69 San Lorenzo	CA 7	2654	Ron	Holloway	4:56:17	42 Phoenix	AZ 313
2548	Robert	Brown	4:48:36	45 San Francisco	CA 266	2656	Robert	Watlers	4:56:25	50 San Diego	CA 143
2549	Steven	Sibley	4:48:38	36 San Jose	CA 332	2657	Feliciano	Olmos	4:56:29	61 Suisun	CA 27
2550	Felix	Pagatpatan	4:48:39	48 San Francisco	CA 267	2658	William	Wright	4:56:40	29 Greenfield	IN 300
2553	Rick	Norkin	4:48:45	51 San Francisco	CA 132	2659	Larry	Pemble	4:56:50	31 San Francisco	CA 390
2555	Peter	Jamison	4:49:03	38 Indianapolis	IN 333	2660	Scott	Humphrey	4:56:55	46 Byron	CA 276
2556	Jean Franc	Sanchez	4:49:10	45 Marseille	268	2661	David	Lyell	4:56:56	25 Palo Alto	CA 301
2557	Jamie	Olson	4:49:19	18 Monterey	CA 15	2662	Joseph	MacHamer	4:56:57	37 Alameda	CA 341
2558	Ana	Mai	4:49:23	49 St. George	UT 269	2664	Bill	Adler	4:57:01	37 San Francisco	CA 342
2560	Ron	Eldredge	4:49:27	46 Vancouver	WA 270	2665	Robert	Anderson	4:57:07	44 Oakland	CA 314
2561	John	Connachton	4:49:31	58 Twickenham	TW 67	2666	Sabeer	Bhatia	4:57:11	25 Sunnyvale	CA 302
2562	Raymond	Black	4:49:55	32 Sacramento	CA 381	2668	Joe	Curry	4:57:16	50 Ashton	ID 144
2564	Ken	Kleier	4:50:31	44 San Francisco	CA 306	2669	Damian	O'Connell	4:57:18	30 Sonoma	CA 391
2566	Miles	King	4:50:36	46 San Francisco	CA 271	2670	Ralph	Petersen	4:57:23	48 Sparks	NV 277
2567	Wai Kent	Yem	4:50:57	35 San Francisco	CA 334	2675	Daniel	Walker	4:57:44	40 Indianapolis	IN 315
2568	Yoshio	Yamashita	4:51:10	37 Palo Alto	CA 335	2680	Vic	Leverette	4:58:20	29 Gig Harbor	WA 303
2569	Robert	Holland	4:51:14	50 Sebastopol	CA 133	2682	James	Fan	4:58:30	23 Folsom	CA 112
2571	Yehuda	Tassa	4:51:27	57 Palo Alto	CA 68	2684	Vince	Leverette	4:58:33	23 Gig Harbor	WA 113
2572	John	Dean	4:51:29	34 Fort Ord	CA 382	2687	David	Kumamoto	4:58:42	45 Chicago	IL 278
2574	Jorge	Gomez Lopez	4:51:43	53 Guadalajar	JA 134	2690	Al	Hom	4:58:49	36 San Francisco	CA 343
2577	Michael	Roey	4:51:50	28 San Francisco	CA 298	2691	Kenneth	Huffer	4:58:57	39 Indianapolis	IN 344
2578	Jeffrey	Dietrich	4:51:52	32 Hayward	CA 383	2692	Scott	Russell	4:59:00	33 Palo Alto	CA 392
2579	Sominic	Spinetta	4:51:57	56 San Rafael	CA 69	2693	Arlyn	Montgomery	4:59:02	48 Papillion	NE 279
2580	Gordon	Gillmouth	4:51:59	54 Fremont	CA 135	2694	Robert	Shimmel	4:59:09	64 Riverview	MI 28
2582	Glen	Richardson	4:52:03	53 El Dorado Hill	CA 136	2695	Stephen	Teele	4:59:16	53 Redlands	CA 145
2586	Joe	Lowrey	4:52:07	37 Aurora	CO 336	2696	Norm	Frank	4:59:18	63 Rochester	NY 29
2587	Michael	Lynch	4:52:22	34 Palmdale	CA 384	2697	Brian	Moore	4:59:23	22 San Bernardino	CA 114
2590	Pete	Domingue	4:52:24	55 Pt. Hueneme	CA 70	2698	Stan	Peacock	4:59:28	61 Long Beach	CA 30
2592	Thomas	Leahy	4:52:25	52 San Francisco	CA 137	2700	Gerry	Arffa	4:59:39	65 Indianapolis	IN 10
2595	Michael	Robbine	4:52:34	49 Bloomington	IN 272	2701	Bill	Coy	4:59:48	39 Oakland	CA 345
2596	Garry	Gold	4:52:35	31 Mt. View	CA 385	2702	Robert	Neal	5:00:03	52 Winston-Salem	NC 146
2598	Tom	Upperman	4:52:36	32 Indianapolis	IN 386	2703	Leon	Smith	5:00:15	61 Costa Mesa	CA 31
2601	Russell	Downes	4:52:40	35 San Dimas	CA 337	2704	Nathan	Behan	5:00:25	25 Littleton	CO 304
2602	Colin	Seid	4:52:52	43 San Diego	CA 307	2705	John	Taylor Jr	5:00:26	38 Georgetown	TX 346
2604	William	Carey	4:53:02	62 Dalton	MA 26	2706	Hung	Nguyen	5:00:27	33 San Francisco	CA 393
2605	Richard	Smith	4:53:05	54 Rancho Cordova	CA 138	2707	Robert	Cardenas	5:00:29	50 El Monte	CA 147
2606	Lyle	Nelson	4:53:06	69 Honolulu	HI 8	2708	Fritz	Vogt	5:00:37	34 Austin	TX 394

2897	Allan	5:20:34	50 Langshyttan	02 156	3026 Nicholas Galvan	5:48:34	41 Pittsburgh	CA 340
2901 Johnny	Lewis	5:21:31	31 San Francisco	CA 413	3027 Felix Woo	5:49:51	42 Agoura Hills	CA 341
2902 Allen	Hasty	5:21:40	46 Santa Cruz	CA 298	3028 Payakapan Polrath	5:50:11	48 Los Angeles	CA 308
2903 James	Fearnow	5:21:44	40 Indianapolis	IN 331	3030 Daniel McHargue	5:53:14	36 Sacramento	CA 379
2906 Pat	Fielding	5:22:00	36 Las Vegas	CA 332	3031 Mark Pisano	5:53:30	51 Los Angeles	CA 162
2907 Bruce	Bailey	5:22:02	54 Anaheim	CA 157	3038 Jack Taylor	5:59:01	69 Agoura	CA 13
2910 Alan	Eigmev	5:23:38	30 Los Banos	CA 414	3040 William Park	5:59:26	42 Bloomfield	MI 342
2911 Joe	Smith	5:23:42	57 El Cerrito	CA 76	3043 Venancio Reyes	6:00:34	58 San Jose	CA 80
2912 Robb	Munson	5:23:53	31 Huntington Bea	CA 415	3047 Ramanjit Rajpal	6:01:07	38 Santa Clara	CA 380
2916 William	Monroe	5:24:24	34 Santa Ana	CA 416	3048 James Feinstein	6:01:38	45 Sunnyvale	CA 309
2917 Gil	Esguerra	5:24:26	55 Stockton	CA 77	3049 Gene Brown	6:01:43	46 Danville	CA 310
2918 Jungee	Quila	5:24:28	27 Oxnard	CA 320	3050 Jason Taylor	6:01:48	21 P.O.M.	CA 124
2919 Noni R.	Lontoc	5:24:31	34 San Jose	CA 417	3051 Marin Nash	6:02:24	49 Lancaster	CA 311
2920 Bruce	Peterson	5:24:53	42 San Marino	CA 333	3052 Mathew Pope	6:02:41	28 Birmingham	AL 327
2922 Frederick	Montanez	5:25:39	50 Oakland	CA 158	3053 William Osborn	6:03:43	28 Ft. Ord	CA 328
2925 Edward	McCoy	5:26:00	41 Sacramento	CA 334	3054 Raimundo Coutinho	6:07:00	36 San Pablo	CA 381
2926 Ben	Russakoff	5:26:01	51 Philadelphia	PA 159	3055 Yusaku Aoki	6:07:50	27 Studio City	CA 329
2929 Jim	Drake	5:26:22	46 San Bernardino	CA 299	3057 Gabriel Veuve	6:08:22	21 Hayward	CA 125
2931 David Ralp	Larson	5:26:23	47 Loma Linda	CA 300	3058 William James	6:10:57	25 Hayward	CA 330
2932 Don	Anderson	5:26:46	49 Oak Glen	CA 301	3059 Godofredo Astudillo	6:15:11	48 Los Angeles	CA 312
2936 Thomas	Huesman	5:27:48	47 Baltimore	MD 302	3060 Gee Heckscher	6:15:47	56 San Rafael	CA 81
2938 Michael	Venable	5:27:58	41 Huntsville	AL 335	3061 Garry Galvan	6:16:50	36 Agoura Hills	CA 382
2944 Raphael	Renta	5:30:11	48 San Jose	CA 303	3062 Gordon Forsythe	6:26:21	43 Santa Rosa	CA 343
2948 Larry	Schulner	5:30:43	55 Agoura	CA 78	3063 Chung-Hsie Lien	6:29:59	44	344
2951 Jean	Vernet	5:30:51	25 Fairfax	CA 321	3064 Aristide Turina	6:33:18	77 Volx	Fr 1
2952 Daniel	Bleich	5:30:54	37 Camarillo	CA 372	3065 Michael Wolfe	6:33:48	36 Denver	CO 383
2958 Wayne	Muramatsu	5:31:22	39 Cerritos	CA 373	3066 Joe Nino	6:38:29	34	423
2959 Mark	Euhus	5:31:25	29 Costa Mesa	CA 322	3067 Masanobu Shintani	6:39:31	22 Japan	126
2966 Scott	McKenzie	5:32:59	39 Orange	CA 374	3068 Miura Shinichi	6:40:00	26 Japan	331
2967 Hercilio	Daluz	5:33:11	71 Daly City	CA 9	3069 Yoshirhiro Takada	6:40:00	21 Japan	127
2969 Jorge Anto	Quila	5:33:38	49 Oxnard	CA 304	3070 Charles Kobrin	6:40:00	42	345
2970 Jan	Ryofors	5:33:40	32 Redwood City	CA 418	3071 Samuel Smith	6:40:36	45	313
2971 Moses	Christian	5:35:00	62 Beaumont	CA 37	3072 James Rademaker	6:45:33	42 Woodland	CA 346
2972 Rick	Hodgetts	5:35:01	48 San Diego	CA 305	3073 Tony Stratta	6:58:30	64 SF	CA 40
2977 Susumu	Masuoka	5:35:53	37 Davis	CA 375	3074 Tien Pei Lee	6:58:50	60 Holmdel	NJ 41
2978 Chaitanya	Joshi	5:36:02	28 St. Mountain	GA 323	3075 Samuel Tong	6:58:50	Monte Gere	CA
2972 Bob	Takiguchi	5:36:29	34 Redondo Beach	CA 419	3076 Simon Chan	7:00:00	42	347
2980 Jim	Teevan	5:36:36	49 San Francisco	CA 306	3077 Jerry K.S. Wang	7:00:00	34	424
2981 Matt	Farrell	5:36:48	43 Santa Cruz	CA 336	3078 Thomson Akeley	7:18:00	29	332
2983 Eric	Takamoto	5:36:54	31 Pacoima	CA 420	3079 Paul Pancoe	7:28:01	38 Irvine	CA 384
2985 Dennis	Austin	5:37:08	30 San Francisco	CA 421				
2990 Mark	Detwiler	5:37:24	40 Rancho Pv	CA 337				
2993 Fred	Schneider	5:38:19	63 Upland	CA 38				
2995 Victor	Trigueros	5:38:41	68 Hayward	CA 12				
2996 Takeshi	Hamawaka	5:38:46	29 Hama-City	324				
2997 Sergio	Mendez	5:38:48	26 Pacoima	CA 325				
2998 Chris	Cooper	5:39:01	18 Fresno	CA 16				
2999 David	Lebda	5:39:02	18 Fresno	CA 17				
3000 Joe	Doan	5:39:18	26 San Francisco	CA 326				
3002 Knut	Dale	5:39:29	53 Arcadia	CA 160				
3003 Richard	Oberlin	5:39:32	39 Anahiem	CA 376				
3006 Michael	Bayne	5:39:58	49 San Gabriel	CA 307				
3007 Karl	Kumamoto	5:41:38	35 San Pedro	CA 377				
3008 Gregory	Thompson	5:41:50	32 Pleasanton	CA 422				
3009 Edward	Don	5:41:53	51 Orinda	CA 161				
3012 Ron	Brock	5:42:20	43 Larkspur	CA 338				
3018 Admiral	Sanders	5:44:23	57 Crestview	KY 79				
3019 Bobby	Alexander	5:44:30	44 San Leandro	CA 339				
3020 Sidney	Kuboi	5:45:49	35 Silverdale	WA 378				
3023 Robert	Lewis	5:46:05	61 Santa Clara	CA 39				



118 Trudi Wildhaber	3:47:47	26	Spokane	WA	26	178 Leanne Hoadley	3:56:36	26	San Francisco	CA	40
119 Mary Kate Morris	3:47:55	31	Berkeley	CA	36	179 Elizabeth Dawson	3:56:46	23	Sun Valley	ID	21
120 Carol Cuminale	3:47:57	42	Santa Cruz	CA	13	180 Nitsa Calas	3:56:47	40	Charleston	NC	19
121 Patty Grady	3:48:01	32	Grover Beach	CA	37	181 Laurel Brier	3:56:48	41	Pismo Beach	CA	20
122 Monica Marovich	3:48:22	24	Ketchum	ID	15	182 Michelle Demasi	3:56:51	27	San Mateo	CA	41
123 Lisa Culbertson	3:48:22	23	San Francisco	CA	14	183 Elena Sherman	3:57:07	41	Culver City	CA	21
124 Wendy Coleman	3:48:23	22	Davis	CA	16	184 Renda Gail	3:57:09	40	Cameron Park	CA	22
125 Diane Hayashino	3:48:37	28	Lodi	CA	27	185 Susan Tedesco	3:57:16	30	Denver	CO	58
126 Phoebe Shih	3:49:16	28	Berkeley	CA	28	186 Denise Valkema	3:57:19	34	So San Francis	CA	59
127 Sonia Westphal	3:49:20	34	Riverside	CA	38	187 Beverley Silva	3:57:19	35	Santa Clara	CA	36
128 Linda McFadden	3:50:10	31	Modesto	CA	39	188 Helen Kim	3:57:21	28	San Francisco	CA	42
129 Joan Milvihill	3:50:14	49	Incline Villag	NV	3	189 Julia Lanham	3:57:30	29	San Jose	CA	43
130 Marian S. Blazes	3:50:26	26	Baltimore	MD	29	190 Susan Berkebile	3:57:31	32	Provo	UT	60
131 Jill Amber Ireland	3:50:36	32	Beijing		40	191 Anne Aganon	3:57:32	31	San Francisco	CA	61
132 Cecilia Lucas	3:50:50	33	San Jose	CA	41	192 Pauline Veal	3:57:35	38	Tonga South Pa		37
133 Carol Bianconi	3:50:50	50	Santa Cruz	CA	1	193 Lisa Shuldener	3:57:36	28	Sausalito	CA	44
134 Tenia Worick	3:50:53	24	San Jose	CA	17	194 Kimberly Werlin	3:57:37	31	Crockett	CA	62
135 Cheryl Delledonne	3:51:21	29	Santa Monica	CA	30	195 Tammy West	3:58:06	34	Atascadero	CA	63
136 Lisa Felder	3:51:28	47	San Leandro	CA	4	196 Karen Vargas	3:58:08	32	Redondo Beach	CA	64
137 Kathleen Luciano	3:51:29	36	Whittier	CA	28	197 Betsy Byron	3:58:16	25	Monterey	CA	45
138 Deirdre Langer	3:51:40	37	Solana Beach	CA	29	198 Karen Neal	3:58:24	25	Winston-Salem	NC	46
139 Anna Von Weidhofe	3:51:45	31	Forest Ranch	CA	42	199 Jessica Wooley	3:58:31	26	Berkeley	CA	47
140 Carol Nelson	3:51:59	29	Morrison	CO	31	200 Debbie King	3:58:44	23	Issaquah	WA	22
141 Caron Larkin	3:52:09	35	Orinda	CA	30	201 Nanna Jespersen-Pa	3:58:58	26	Oakland	CA	48
142 Carol Davis	3:52:33	34	Davis	CA	43	202 Andrea Ricketts	3:59:01	37	Oxnard	CA	38
143 Laurie Singer	3:52:34	34	Oxnard	CA	44	203 Caroline Leary	3:59:06	23	Kentfield	CA	23
144 Grace Gilmore	3:52:39	39	Northville	MI	31	204 Mary Soto	3:59:18	35	Englewood	CO	39
145 Kathy Damiani	3:52:55	34	Sausalito	CA	45	205 Barbara Graham	3:59:27	50	Huntington Bea	CA	2
146 Julie Spiegelman	3:53:07	30	Denver	CO	46	206 Denise McGill	3:59:32	31	Road Bham	AL	65
147 Rebecca Hall	3:53:08	29	Boulder	CO	32	207 Rita Chan	3:59:36	30	Daly City	CA	66
148 Brenda Myers	3:53:17	29	Riverside	CA	33	208 Sarah Nagy	3:59:41	22	Los Altos	CA	24
149 Erica Jones	3:53:30	23	Colorado Sprin	CO	18	209 Erica Herman	3:59:49	24	Los Altos	CA	25
150 Christy Vredevoogd	3:53:37	31	Sacramento	CA	47	210 Veronica Ruiz	3:59:50	28	Half Moon Bay	CA	49
151 Bonita Choly	3:53:39	44	San Jose	CA	14	211 Elda Caraco	3:59:59	38	Balboa Island	CA	40
152 Ruth Vela	3:53:48	32	Austin	TX	48	212 Gaby McQuitty	3:59:59	57	Santa Maria	CA	3
153 Patricia Moreno	3:53:55	29	Lafayette	CA	34	213 Cullene Murphy	4:00:17	40	Yorba Linda	CA	23
154 Laura Baird	3:53:59	25	Seattle	WA	35	214 Colleen Tralongo	4:00:25	33	San Jose	CA	67
155 Jo Ann Mc Devitt	3:54:05	42		CA	15	215 Pamela Creighton	4:00:29	33	Alameda	CA	68
156 Elizabeth Kitchin	3:54:10	30	Birmingham	AL	49	216 Julie Serjak	4:00:37	47	Visalia	CA	5
157 Ursula Braun	3:54:11	39	San Jose	CA	32	217 Pamela Aurora	4:00:51	35	Houston	TX	41
158 Dana Miller	3:54:19	32	McLean	VA	50	218 Suzanne Doi	4:00:54	30	Palo Alto	CA	69
159 Angie Safal	3:54:22	33	France		51	219 Barbara Redman	4:01:05	38	Beaverton	OR	43
160 Martha Torres De So	3:54:30	29	Coronado	CA	36	220 Cindy Andrews	4:01:05	36	Boise	ID	42
161 Nicole Letourneau	3:54:42	25	Chico	CA	37	221 Kathleen Hoffman	4:01:07	25	Houston	TX	50
162 Susan McDaniel	3:54:49	30	Tucson	AZ	52	222 Ann Lurati	4:01:09	32	San Diego	CA	70
163 Melissa Toschi	3:54:57	30	Santa Barbara	CA	53	223 Rebecca Cohen	4:01:18	24	Ketchum	ID	26
164 Vicki Nichols	3:55:07	33	Los Angeles	CA	54	224 Bernadine Riordan	4:01:32	36	Pt. Richmond	CA	44
165 Mary Hershey	3:55:10	38	Santa Barbara	CA	33	225 Laura Myers	4:01:34	30	Newhall	CA	71
166 Lynn Welden	3:55:11	36	Pawleys Island	SC	34	226 Christine Dencci	4:01:46	35	Millbrae	CA	45
167 Cathi Clement	3:55:20	37	Las Vegas	NV	35	227 Emily Meacham	4:01:47	37	San Jose	CA	46
168 Hope Strout	3:55:26	25	San Francisco	CA	38	228 Mark Pine	4:01:55	40	Walnut Creek	CA	24
169 Pamela Nelson	3:55:29	25	Fair Oaks	CA	39	229 Dianne Jones	4:02:07	34	Los Angeles	CA	72
170 Barbara Halpern	3:55:36	40	Charleston	SC	16	230 Kathy Duryee	4:02:08	30	San Francisco	CA	73
171 Sheila A. Trowbridge	3:55:49	34	Breckenridge	CO	55	231 Alexandra Dresel	4:02:16	22	Berkeley	CA	27
172 Kathleen Leary	3:56:19	21	Kentfield	CA	19	232 Deborah Boggs	4:02:32	41	New Orleans	LA	25
173 Rachel Blatt	3:56:21	23	San Francisco	CA	20	233 Korinne Kelly	4:02:38	33	San Francisco	CA	74
174 Elisabeth Pettenpaul	3:56:23	41	Rinteln		17	234 Stacie Laurie	4:02:39	36	Boulder	CO	47
175 Maia Pucay	3:56:25	32	Fresno	CA	56	235 Joanne Sidwell	4:02:57	47	Richmond	CA	6
176 Margaret Jones	3:56:30	34	Lompoc	CA	57	236 Betty Gomez	4:03:04	46	Los Angeles	CA	7
177 Mimi Dygert	3:56:32	40	Oakland	CA	18	237 Betti Krapfl	4:03:07	52	G'Wood Villiag	CO	3

238	Nuvit	Foster	4:03:10	33	Santa Rosa	CA	75	298	Evelyn	Martinez	4:09:10	46	San Francisco	CA	14
239	Chantal	Geoffrion	4:03:56	40	San Francisco	CA	26	299	Judy	Dawson	4:09:13	30	S F	CA	91
240	Betsy	Bluck	4:03:58	28	Sunnyvale	CA	51	300	Linda M.	Kiely	4:09:17	25	Santa Monica	CA	63
241	Kathy	Burton	4:04:03	48	Menlo Park	CA	8	301	Rochelle	Ramay	4:09:31	42	Chico	CA	37
242	Michele	Winowiecki	4:04:07	31	Sacramento	CA	76	302	Donna	Gee	4:10:20	36	Laguna Beach	CA	57
243	Mirene	Winsberg	4:04:17	0	Portola Valley	CA	28	303	Nina	Lolk	4:10:26	32	Pittsburg	CA	92
244	Sandra	Hatcher	4:04:24	36	Sacramento	CA	48	304	Ann	Grove	4:10:30	53	Orinda	CA	5
245	Peggy	Devine	4:04:39	27	Cardiff	CA	52	305	Ana	Braga	4:10:36	34	Mill Valley	CA	93
246	Melanie	Scates	4:04:41	31	San Jose	CA	77	306	Lisa	Poett	4:10:42	25	Kentfield	CA	64
247	Shawna	Forbes	4:04:42	27	Houston	TX	53	307	Michelle	Aylward	4:10:50	30	Redondo Beach	CA	94
248	Patricia	Lee	4:04:46	23	San Francisco	CA	29	308	Maxine	Chong	4:10:52	45	San Francisco	CA	15
249	Corinne	Kucharski	4:04:51	32	Menlo Park	CA	78	309	Debbie	Davidson	4:11:02	27	Madison	WI	65
250	Cheryl	Galbraith	4:04:56	41	Sierra Madre	CA	27	310	Anne	Bolen	4:11:10	33	San Francisco	CA	95
251	Sharon	Spray	4:05:14	37	Claremont	CA	49	311	Deb	Dougherty	4:11:11	22	Eugene	OR	33
252	Pam	Ross	4:05:24	32	Novato	CA	79	312	Alice	Gallardo	4:11:17	29	San Antonio	TX	66
253	Kati	Nelson	4:05:32	30	Berkeley	CA	80	313	Micki	Whitson	4:11:18	33	Birmingham	AL	96
254	Beth	Kaplan	4:05:39	34	Palo Alto	CA	81	314	Felipe	Delgado	4:11:22	35	Simi Valley	CA	58
255	Jennifer	Stewart	4:05:45	27	Seattle	WA	54	315	Karen	Young	4:11:27	33	San Mateo	CA	97
256	Staly	Erwin	4:05:47	27	San Francisco	CA	55	316	Cullen	Curtiss	4:11:33	26	San Francisco	CA	67
257	Marybeth	Barcome	4:05:49	32	Vancouver	WA	82	317	Sarah	Lester	4:11:39	24	San Francisco	CA	34
258	Debbie	Bone	4:05:50	35	Campbell	CA	50	318	Siobhan	Snyder	4:11:40	30	Las Vegas	NV	98
259	Kim	Saunders	4:05:51	34	Portland	OR	83	319	Lisa	McLennan	4:11:44	36	Danville	CA	59
260	Kimberly	Aanenson	4:05:53	24	Saratoga	CA	30	320	Dawn	Waterhouse	4:12:03	51	Saratoga	CA	6
261	Elaine	Perry	4:06:07	37	Lakeside	CA	51	321	May	Cheung	4:12:08	28	Sunnyvale	CA	68
262	Deborah	Clark	4:06:22	32	Lakewood	CO	84	322	Erica	Rutherford	4:12:13	37	Santa Clara	CA	60
263	Marian	Lyons	4:06:25	47	San Francisco	CA	9	323	JoAnn	Wolfe	4:12:24	32	Palo Alto	CA	99
264	Penny	Westfall	4:06:27	41	Sacramento	CA	28	324	Janet	Polidori	4:12:54	30	Commerce	MI	100
265	Mango	Guzman	4:06:31	30	Palo Alto	CA	85	325	Margaret	Yee	4:13:00	43	San Francisco	CA	38
266	Deanna	Baird	4:06:38	26	Folsom	CA	56	326	Julie	Lukey	4:13:25	35	San Diego	CA	61
267	Lisa	Overstreet	4:06:42	31	San Francisco	CA	86	327	Janine	Dobson-Clark	4:13:39	33	Palo Alto	CA	101
268	Elaine	Wang	4:06:43	25	Oakland	CA	57	328	Marla	Schneider	4:13:40	44	Clenview	IL	39
269	Sandy	Downing	4:06:56	38	Honolulu	HI	52	329	Janet	Paga	4:13:42	35	Rochester Hill	MI	62
270	Ellen	Pearlman	4:06:59	45	Los Angeles	CA	10	330	Joyce	Rooks	4:13:43	32	Pleasanton	CA	102
271	Laura	Perloff	4:07:00	42	Lafayette	CA	29	331	Shelly	St. John	4:14:06	42	Redondo Beach	CA	40
272	Linnea	Burnette	4:07:00	41	Orinda	CA	30	332	Jean	Schalk	4:14:12	29	Long Beach	CA	69
273	Joan	Miller	4:07:01	44	Woodland Hills	CA	31	333	Rosalie	Clark	4:14:22	42	Las Vegas	NV	41
274	Carmen	Mendoza	4:07:02	29	Los Angeles	CA	58	334	Dienne	Northrop	4:14:23	28	Susanville	CA	70
275	Betty	Udesen	4:07:12	38	Seattle	WA	53	335	Kellie	Archuletta	4:14:24	0	Las Vegas	NV	35
276	Dru Ann	Deger	4:07:16	36	Santa Monica	CA	54	336	Susan	Burt	4:14:26	30	Foster City	CA	103
277	Marygail	Brauner	4:07:20	47	Santa Monica	CA	11	337	Tinka	Crosby	4:14:35	33	Denver	CO	104
278	Caroline	Fisher	4:07:22	33	Alhambra	CA	87	338	Aileen	Wormood	4:14:40	31	Novato	CA	105
279	Anne	Narimatsu	4:07:27	32	Santa Clara	CA	88	339	Stacy	Whitman	4:14:51	27	San Francisco	CA	71
280	Denise	Hall	4:07:33	27	Oakland	CA	59	340		Shaffer	4:14:58	34	San Francisco	CA	106
281	Glenda	Wong	4:07:38	37	San Francisco	CA	55	341	Regan	Reinke	4:14:59	29	San Diego	CA	72
282	Chrissy	Choy	4:07:41	28	San Francisco	CA	61	342	Crystal	Land	4:15:06	32	San Francisco	CA	107
283	Deeanne	Disck	4:07:41	26	San Mateo	CA	60	343	Pamela	Kearby	4:15:21	39	Capitola	CA	63
284	Denise	Kowal	4:07:42	30	Truckee	CA	89	344	Lauren P.	Lechner	4:15:24	34	Baltimore	MD	108
285	Jennifer	Weems	4:08:00	24	Manhattan Beac	CA	31	345	Marianne	Schmidt	4:15:27	25	San Francisco	CA	73
286	Katie	McPeak	4:08:00	23	Manhattan Beac	CA	32	346	Elizabeth	Heilman	4:15:36	24	Palo Alto	CA	36
287	Manuela	Maas-Koeppe	4:08:01	36	Koblenz		56	347	Stacey	Upton	4:15:41	28	Reno	NV	74
288	Shelley	Kasper	4:08:02	44	Reno	NV	32	348	Maryann	Doolittle	4:15:53	25	San Francisco	CA	75
289	Penny	Lancaster	4:08:06	42	Neenah	WI	33	349	Alexandria	Phillips	4:16:06	45	Manhattan Beac	CA	16
290	Lisa	Meyer	4:08:24	30	Syracuse	NY	90	350	Adrienne	Gentry	4:16:07	35	Louisville	CO	64
291	Rebecca	Rozewich	4:08:28	40	San Francisco	CA	34	351	Lois	Berkowitz	4:16:09	45	Riverview	MI	17
292	Janet	Gallagher	4:08:34	28	San Francisco	CA	62	352	Charlotte	Swanson	4:16:17	52	Yakima	WA	7
293	Anne	Gonsalves	4:08:35	47	San Leandro	CA	12	353	Susan	Jurczak	4:16:19	34	San Francisco	CA	109
294	Marie	Harmon	4:08:36	53	Fair Oaks	CA	4	354	Karen	Matsouka	4:16:21	37	Albany	CA	65
295	Baldwin	Sanders	4:08:45	41		CA	35	355	Pamela	Rogers	4:16:23	27	Fremont	CA	76
296	Marjut	Reiman	4:08:53	47	Leverwusen		13	356	Sherry	McInroy	4:16:44	33	San Francisco	CA	110
297	Sonia	Okon	4:09:05	43	Pacific Palasi	CA	36	357	Michelle	Bauer	4:16:45	26	Englewood	CO	78

358 Kristin	Dietter	4:16:45	29 San Francisco	CA	77	418 Linda	Delvecchio	4:25:11	35 San Francisco	CA	79
359 Lea	Gordon	4:17:01	49 Sunnyvale	CA	18	419 Rosemary	Hall	4:25:19	31 Houston	TX	122
360 Cindy	Ranole	4:17:02	37 Olney	MO	66	420 Carson	Whitley	4:25:33	25 San Francisco	CA	93
361 Lisa	Adler	4:17:02	29 San Francisco	CA	79	421 Elsa	Rojas	4:25:34	28 L A	CA	94
362 Lisa	Kasper	4:17:15	25 Sacramento	CA	80	422 Tracy	Palmer	4:25:39	33 Los Angeles	CA	123
363 Terri Lee	Werber	4:17:29	42 Ventura	CA	42	423 Kathy	Kusner	4:25:40	54 W. Hollywood	CA	10
364 Peggy	Wilcox-Brown	4:17:37	39 Minneapolis	MN	67	424 Suzanne	McNeil	4:25:41	41 Cardiff By Sea	CA	48
365 Anna	Bannerman-Ri	4:17:41	38 Sacramento	CA	68	425 Pam	Eckhardt	4:25:50	49 Hillsborough	CA	25
366 Melissa	Oszostowics	4:17:43	23 Rancho Murieta	CA	37	426 Lynne	Schonder	4:25:58	31 Lakewood	CA	124
367 Jennifer	Smith	4:17:48	24 San Francisco	CA	38	427 Robin	Weinberger	4:26:19	31 San Francisco	CA	125
368 Kathleen	Selmer	4:17:55	37 Mt Airy	MD	69	428 Sharlene	Wills	4:26:21	46 Los Angeles	CA	26
369 Risten	Petersen	4:18:05	37 Redwood City	CA	70	429 Kate	Smalzel	4:26:24	31 Oakland	CA	126
370 Jennifer	MacTaggart	4:18:06	23 San Francisco	CA	39	430 Patricia	Bershers	4:26:30	28 San Francisco	CA	95
371 Sharon	Rane	4:18:07	27 Shelbyville	KY	81	431 Marita	Noren	4:26:37	46 Sausalito	CA	27
372 Kim	Lockett	4:18:11	28 Walnut Creek	CA	82	432 Megan	Thomas	4:26:37	31 San Jose	CA	127
373 Karen	Sternberg	4:18:21	33 Vista	CA	111	433 Linda	Ferdig-Riley	4:26:38	43 Santa Cruz	CA	49
374 Muriel	Enos	4:18:23	42 Laguna Hills	CA	43	434 Terry	Rodeheaver	4:26:38	29 Portland	OR	96
375 Anna	Silva	4:18:28	38 Castro Valley	CA	71	435 Julie	Espinosa	4:26:38	35 Santa Monica	CA	80
376 Elizabeth	Fitzpatrick	4:18:31	30 Alameda	CA	112	436 Elke	Schulze	4:26:47	53 Hamburg		11
377 Randy	Robinson	4:18:32	45 Fresno	CA	19	437 Karen	Rhodes	4:26:52	39 San Francisco	CA	81
378 Tanya	Palmer	4:18:39	39 Mississauga	ON	72	438 Noelle	Waddel	4:26:55	45 Seaside	CA	28
379 Peggy	Johnson	4:18:53	29 Ft Wayne	IN	83	439 Rhona	Kisch	4:27:21	27 Portland	OR	97
380 Eileen	Straw	4:18:54	19	CA	40	440 Lily	Salgado	4:27:33	28 N. Hollywood	CA	98
381 Joanna	Ladd	4:19:03	35 Palo Alto	CA	73	441 Susan	Guenard	4:27:59	47 Sacramento	CA	29
382 Wenise	Wong	4:19:23	26 San Francisco	CA	84	442 Denise	Lejardi	4:28:04	31 Mtn. View	CA	128
383 Amy	Reardon	4:19:28	24 Sunnyvale	CA	41	443 Julie	Bobes	4:28:05	26 San Francisco	CA	99
384 Dagmar	Beyerlein	4:19:42	29 San Francisco	CA	85	444 Kristan	Kesman	4:28:17	26 San Mateo	CA	100
385 Mary	Kresse	4:19:45	25 Woodstock	IL	86	445 Leslie	McNeil	4:28:19	32 San Francisco	CA	129
386 Gail	Brackett	4:19:55	31 Manhattan Beac	CA	113	446 Patricia	Simon	4:28:25	41 San Francisco	CA	50
387 Tina	Measham	4:20:06	33 Rolling Hills	CA	114	447 Marianne	Diener	4:28:32	40 Reutlingen	D	51
388 Nancy	Broadbridge	4:20:07	41 Birmingham	MI	44	448 Paula	Brownstein	4:28:33	26 San Francisco	CA	101
389 Stephanie	Richardson	4:20:11	27 Long Beach	CA	87	449 Terri	Quirk	4:28:33	31 Ventura	CA	130
390 Lisa	Stahr	4:20:22	36 San Francisco	CA	74	450 Caroline	O'Connor	4:28:38	29 Los Angeles	CA	102
391 Robin	Roberts	4:20:52	34 New York	NY	115	451 Jessica	Marken	4:28:39	17 San Francisco	CA	2
392 Laine	Demetria	4:21:18	34 San Francisco	CA	116	452 Annamarie	Skalski	4:28:47	37 Dallas	TX	82
393 Loren	Stmmler	4:21:28	30 San Francisco	CA	117	453 Mary	Cantini-Nork	4:28:57	50 San Francisco	CA	12
394 Sue	Schavel	4:21:39	40 Capitola	CA	45	454 Laura	Moore	4:29:04	32 Decatur	GA	131
395 Georgene	Pantelas	4:21:49	29 Oakland	CA	88	455 Susan	Sutherland	4:29:15	33 San Francisco	CA	132
396 Kay	Goetz	4:21:55	49 San Francisco	CA	20	456 Lynda	Keller	4:29:18	33 San Ramon	CA	133
397 Gail	Coles	4:22:00	48 San Jose	CA	21	457 Kim	Maas	4:29:21	27 San Francisco	CA	103
398 Maria	Paiz-Tilton	4:22:05	44 Los Angeles	CA	46	458 Lela	Emad	4:29:27	33 Santa Rosa	CA	134
399 Susan	Buruca	4:22:18	36 Burlingame	CA	75	459 Annie	Newman	4:29:29	36 Phoenix	AZ	83
400 Cyndi	Devereaux	4:22:19	31 San Francisco	CA	118	460 Ellen	Whitt	4:29:30	31 Indianapolis	IN	135
401 Jo Anne	Nishio	4:22:24	43 Menlo Park	CA	47	461 Maureen	Olivo	4:29:35	41 New Orleans	LA	52
402 Jeana	Grover	4:22:35	29 Kirkland	WA	89	462 Allison	Howard	4:29:45	39 San Francisco	CA	84
403 Barbara	Weiner	4:22:38	45 Chicago	IL	22	463 Mary	Wright	4:29:50	44 Sacramento	CA	53
404 Wendy	Dorn	4:23:08	27 North York	ON	90	464 Renee	Perusse	4:29:57	29 Sacramento	CA	104
405 Loris G.R.	Lokkesmoe	4:23:10	36 Maple Grove	MN	76	465 Elaine	Zimmerman	4:29:59	35	CA	85
406 Jeanie	Grooms	4:23:29	38 Grand Jet	CO	77	466 Erika	Stickle	4:30:15	26 San Francisco	CA	105
407 Amy	Blevins	4:23:39	31 Divisadero #1	SA	119	467 Tegan	Churcher	4:30:22	22 San Francisco	CA	43
408 Joan	Kirkendall	4:23:43	45 Moss Beach	CA	23	468 Susanna	Winn	4:30:26	27 Redwood City	CA	106
409 Nancy	Mangham	4:23:50	37 Irvine	CA	78	469 Meg	Crager	4:30:27	35 Seattle	WA	86
410 Judith	Gilbert	4:23:54	50 Baltimore	MD	8	470 Gruenhagen	Hupke	4:30:30	41 Hamburg		54
411 Darlynnne	Giorgi	4:24:01	47 Roseville	CA	24	471 Amanda	Schrafft	4:30:41	24 Mill Valley	CA	44
412 Britt	Buriani	4:24:24	27 Walnut Creek	CA	91	472 Kerry	Wair	4:31:03	42 Santa Rosa	CA	55
413 Cheryl	Fleck	4:24:26	34 San Mateo	CA	120	473 Julienne	Sprint	4:31:07	45 Burnsville	MN	30
414 Lynne	Rosser	4:24:31	52 Los Gatos	CA	9	474 Terry	Su	4:31:07	30 Palo Alto	CA	136
415 Ida	Kozinets	4:24:37	33 San Francisco	CA	121	475 Lise	Garner	4:31:08	37 Denver	CO	87
416 Jennifer	Curry	4:25:01	26 Cupertino	CA	92	476 Ceffie	Cerri	4:31:09	40 Santa Rosa	CA	56
417 Michelle	Parish	4:25:03	24 San Francisco	CA	42	477 Maggie	Adams	4:31:19	32 Sunnyvale	CA	137

478 Stefanie	Sharp	4:31:21	28 San Francisco	CA 107	538 Arleen	Delgado	4:37:48	39 Indio	CA 100
479 Kate	Kane	4:31:23	0 San Francisco	CA 45	539 Kristina	Rocksberg	4:37:55	50 Mill Valley	CA 14
480 Lori	Smith	4:31:26	27 San Francisco	CA 108	540 Margaret	Richards	4:37:56	28 Burlingame	CA 123
481 Susan	Petrie	4:31:37	29 New York	NY 109	541 Martie	Stewart	4:37:58	36 Bozeman	MT 101
482 Raquel	Izumi	4:31:44	25 Newbury Park	CA 110	542 Tamara	Lutz	4:38:05	25 San Francisco	CA 124
483 Raquel	Salazar-Carr	4:31:54	46 Davis	CA 31	543 Jeannette	Anderson	4:38:06	34 Santa Clara	CA 148
484 Ellen	Romano	4:32:04	40 Folsom	CA 57	544 Linda	Whiting	4:38:24	46 Los Angeles	CA 34
485 Colleen	Abrams	4:32:29	41 Pacifica	CA 58	545 Angelica	Rogers	4:38:32	36 Vialia	CA 103
486 Van	Von Borcke	4:32:34	43 Alameda	CA 59	546 Carrie	Ellis	4:38:32	36 Long Beach	CA 102
487 Sheila	Ortiz	4:32:43	39 San Francisco	CA 88	547 Karen	Geryk	4:38:33	36 Mill Valley	CA 104
488 Linda	Law	4:32:57	27 Portland	OR 111	548 Melinda	Vander-Veen	4:38:34	32 EL Cerrito	CA 149
489 Sharon	Mordorski	4:33:14	42	CA 60	549 Maija	Kainulainen	4:38:41	54 Porlammi	15
490 Cres	Bruns	4:33:24	39 Stockton	CA 89	550 Ginger	Deehan	4:38:44	53	CA 16
491 Colette	Kuhnsman	4:33:26	26 Danville	CA 112	551 Eileen	Quinn	4:38:56	24 San Francisco	CA 52
492 Eleen	Straw	4:33:27	19	CA 46	552 Jennifer	Staab	4:39:09	32 Bloomington	IN 150
493 Jeanne	Hirsh	4:33:28	33 Cupertino	CA 138	553 Claire	Overholt	4:39:17	30 San Francisco	CA 151
494 Sheila	Callan	4:33:41	41 Costa Mesa	CA 61	554 Rondalin	Bramwell	4:39:18	30 Tucson	AZ 152
495 Mary	Esper	4:33:44	36	CA 90	555 Lynn	Corcoran	4:39:35	22 San Francisco	CA 53
496 Gabriele	Meretz	4:34:10	40 Reutlingen	D 62	556 Jeni	Dowell	4:39:41	27 Mill Valley	CA 125
497 Liz	Sims	4:34:21	33 Sun City	CA 139	557 Barbara	Fielden	4:39:42	38 Sunnyvales	CA 105
498 Billi	Veber	4:34:25	25 Mt. Pleasant	SC 113	558 Ellen	Benoi	4:39:44	28 Venice	CA 126
499 Michele	Nishiguchi	4:34:36	31 Santa Cruz	CA 140	559 Karin	Frederick	4:39:56	46 Zionsville	IN 35
500 Pepina	Machovsky	4:34:49	34 Bear Valley	CA 141	560 Melissa	Bivens	4:40:04	25 Eugene	OR 127
501 Sandy	Israel	4:34:51	47 Glendale	CA 32	561 Kari	Verjil	4:40:11	30 Moreno Valley	CA 153
502 Nicole	Keller-Noser	4:34:52	25 Bassersdorf	ZH 114	562 Nancy	Cabri	4:40:12	25 San Francisco	CA 128
503 Rita	Brown	4:34:57	38 Zionsville	IN 91	563 Leonicia	Castro	4:40:16	33 Sacramento	CA 154
504 Mary	Romo	4:35:00	48 San Francisco	CA 33	564 Susan Ames	Bartlett	4:40:18	24 San Francisco	CA 54
505 Lisa	Rogers	4:35:00	31 Soquel	CA 142	565 Sarah	Crane	4:40:22	40 Oakland	CA 66
506 Ophelia	Riego	4:35:08	35 Sacramento	CA 92	566 Amy	Schroll	4:40:23	27 Sunnyvale	CA 129
507 Helen	Dzatzeva	4:35:26	43 Ukraine	CA 63	567 Jenna	McAlister	4:40:40	32 Monterey	CA 155
508 Yana	Wirengard	4:35:30	25 San Francisco	CA 115	568 Patrica	Muirheid	4:40:47	41 Spring Valley	CA 67
509 Sherri	Greene	4:35:32	24 Menlo Park	CA 47	569 Josiane	Emorine	4:41:28	35 Oakland	CA 106
510 Josette	Viforel	4:35:37	59 Sassenage	FR 4	570 Elizabeth	Smith	4:41:30	26 Hesperia	CA 130
511 Lisa	Alley-Zarkad	4:35:38	35 Santa Monica	CA 93	571 Marie	Margarone	4:41:33	35 Napa	CA 107
512 Sonya	Stevens	4:35:44	28 San Francisco	CA 116	572 Erika	Moseley	4:41:48	24 Sacramento	CA 55
513 Janet	Rivard	4:35:45	38 Sacramento	CA 94	573 Sherri	Jones	4:41:50	36 Kenai	AK 108
514 Barbara	McDonough	4:35:49	28 Sunnyvale	CA 117	574 Kathy	Steel	4:41:56	47 Riverside	CA 36
515 Marilee	Chancey	4:35:52	37 Encinitas	CA 95	575 Jenny	Brandt	4:42:17	28 Oakland	CA 131
516 Betty	Bulich	4:35:54	51 Del Mar	CA 13	576 Laura	Filglia	4:42:39	35 Salt Lake City	UT 109
517 Fong-Chiao	Gant	4:35:59	34 Los Angeles	CA 143	577 Kendra	Churcher	4:42:39	26 San Francisco	CA 132
518 Wendy	Jeannont	4:36:02	31 Edmond	OK 144	578 Suhair	Nassab	4:42:40	24 Castro Vally	CA 56
519 Virginia	Giddings	4:36:05	29 Stanford	CA 118	579 Joyce	Chung	4:42:46	31 Palo Ato	CA 156
520 Celina	Lee	4:36:12	16 So San Francis	CA 3	580 Roberta	Winter	4:43:06	37 Seattle	WA 110
521 Annie	Keane	4:36:15	39 Capistrano Bea	CA 96	581 Denise	Taylor	4:43:33	32 Berkeley	CA 157
522 Michele	Mathys	4:36:28	30 Palo Alto	CA 145	582 Kara	Brown	4:43:50	23 San Francisco	CA 57
523 Leighann	Tanner	4:36:29	39 Milpitas	CA 97	583 Teresa	Haggerty	4:43:53	21 Los Angeles	CA 58
524 Jan	Harrison	4:36:29	44 Anaheim	CA 64	584 Tracy	Takeuchi	4:43:56	33 Bellevue	WA 158
525 Ha	Dinh	4:36:34	29 Louisville	KY 119	585 Sara	Olcher	4:44:11	29 Tempe	AZ 133
526 Mary	Schneck	4:36:48	25 Palo Alto	CA 120	586 Terri	Saragoza	4:44:20	33 San Jose	CA 159
527 Sheree	Brown	4:36:50	36 San Francisco	CA 98	587 Renee	Whalen	4:44:21	41 Campbell	CA 68
528 Kate	Adler	4:36:53	24 Los Angeles	CA 48	588 Lisa	Conner	4:44:30	32 Columbus	IN 160
529 Dina	Paulos	4:36:57	29 San Francisco	CA 121	589 Leslie	O'Neill	4:44:32	33 San Francisco	CA 161
530 Lynn	Fielding	4:37:00	36 Las Vegas	NV 99	590 Julie	Rineheart	4:44:40	24 San Jose	CA 59
531 Kimberly	O'Connell	4:37:18	24 Carlsbad	CA 49	591 Elana	Indicks	4:44:48	30 Sacramento	CA 162
532 Dorothy	Cooney	4:37:31	33 Petaluma	CA 146	592 Susan	Solar	4:44:49	24 San Francisco	CA 60
533 Iris	Mack	4:37:36	0 San Francisco	CA 50	593 Candace	Plevyak	4:45:12	27 Saratoga	CA 134
534 Elizabeth	Gaston	4:37:38	25 Birmingham	AL 122	594 Kathleen	Bannon	4:45:25	35 San Francisco	CA 111
535 Karen	Morrison	4:37:40	32 Roseville	CA 147	595 Ramona	Pursley	4:45:32	33 Aptos	CA 163
536 Angela	Feather	4:37:41	23 Grand Junction	CO 51	596 Hilda	Ayala	4:45:33	51 San Francisco	CA 17
537 Betty	Nowlin	4:37:47	43 Los Angeles	CA 65	597 Dede	Sheel	4:45:42	25 Berkeley	CA 135

598	Yuriko	Sano	4:45:43	43	Manhattan Beac	CA	69	658	Marjory	St. John	4:55:59	37	Oakland	CA	121
599	Leah	Pisano	4:45:44	24	Arlington	VA	61	659	Kennis	Clark	4:56:23	50	Perris	CA	22
600	Rimmel	Goh	4:45:45	19	Loma Linda	CA	62	660	Ingrid	Zimmert	4:57:00	46	Germany		41
601	Lisa	Brecher	4:45:56	23	Towson	MD	63	661	Jeany	Campisi	4:57:14	35	Redwood City	CA	122
602	May	Du Bois	4:46:19	40	Los Angeles	CA	70	662	Trisha	Ickes	4:57:26	38	Richmond	CA	123
603	Martha	Gomez	4:46:21	32	San Francisco	CA	164	663	Maria	Meras-Oakes	4:57:35	28	Cameron Park	CA	144
604	Melba	Reyes	4:46:58	52	La	CA	18	664	Denise	Carr	4:57:37	49	Redwood	CA	42
605	Sonya	Kern	4:47:18	31	Portland	OR	165	665	Marlies	Parenti	4:57:43	58	Troy	MI	6
606	Ann	Phillips	4:47:23	39	Sanger	CA	112	666	Clara	Oden	4:57:46	34	San Francisco	CA	181
607	Theresa	Vallez	4:47:30	31	San Francisco	CA	166	667	Carol	Zoltowski	4:58:10	44	San Francisco	CA	74
608	Annie	Cole	4:47:31	33	Sugarland	TX	167	668	Cathryn	Harper	4:58:11	34	Reno	NV	182
609	Susan	Moser	4:47:32	32	San Francisco	CA	168	669	Stephanie	Burns	4:58:19	27	Tacoma	WA	145
610	Domitilia	Dos Santos	4:48:01	39	New York	NY	113	670	Maureen	Forney	4:58:20	38	Oakdale	CA	124
611	Rose	Vieira	4:48:03	46	Byron	CA	37	671	Jodi	Morrow	4:58:32	24	Seattle	WA	71
612	Joan	Lee	4:48:42	47	Cupertino	CA	38	672	Joyce	Karver	4:58:36	55	Sacramento	CA	7
613	Farkhanda	Khan	4:48:44	42	Walnut Creek	CA	71	673	Dixie	Zacherl	4:58:40	56	Tampa	FL	8
614	Rhonda	Harmon	4:48:49	31	Austin	TX	169	674	Linda	McNamara	4:58:43	33	Santa Monica	CA	183
615	Linda	Herkenhoff	4:49:24	41	Orinda	CA	72	675	Rosmarie	Behrens	4:58:48	41	Hamburg		75
616	Vernel	Larner	4:50:15	47	Sausalito	CA	39	676	Joanna	Parsons	4:59:31	20	Granada Hills	CA	72
617	Hilary	Hanson	4:50:31	30	Atlanta	GA	170	677	Linda	Flinn	5:00:57	35	Los Angeles	CA	125
618	Pamela	Thomas	4:51:18	36	Byron	CA	114	678	Diana	Moore	5:01:00	32	Watsonville	CA	184
619	Jill	Jermulowske	4:51:36	40	Tacoma	WA	73	679	Jenny	Partridge	5:01:13	37	Saratoga	CA	126
620	Linda	Chang	4:51:45	0	San Francisco	CA	64	680	Olga	Riley	5:01:14	34	El Paso	TX	185
621	Pat	Leong	4:51:48	37	Sunnyvale	CA	115	681	Ann	Lott	5:01:17	49	Lincoln	NE	43
622	Catherine	Caley	4:52:01	29	San Jose	CA	136	682	Trace	Hill	5:01:18	22	Sunnyvale	CA	73
623	Lisa	Francesconi	4:52:05	24	Sacramento	CA	65	683	Cheryl	Klopper	5:01:51	37	San Francisco	CA	127
624	Galin	McGowan	4:52:06	35	Denver	CO	116	684	Pamela	Rohrich	5:01:53	43	El Cerrito	CA	76
625	Kristen	Alling	4:52:06	24	Sacramento	CA	66	685	Hazel	Wong	5:01:55	38	West Vancouver	BC	128
626	Alecia	Dixon	4:52:23	31	Manhattan Beac	CA	171	686	Susanne	Ernst	5:02:06	28	Stanford	CA	146
627	Anne	Werner	4:52:24	30	Pt. Hueneme	CA	172	687	Anne	Golob	5:02:23	22	Man Bch	CA	74
628	Sandra	Swenson	4:52:25	50	Los Angeles	CA	19	688	Wendy	Burgess	5:02:36	26	Sacramento	CA	147
629	Sharon	Albert	4:52:28	32		CA	173	689	Carolyn	Samuels	5:02:47	52	Portola Valley	CA	23
630	Barrie	Stone	4:52:29	30	Sunnyvale	CA	174	690	Karen	Ruocco	5:03:04	27	San Francisco	CA	148
631	Sheryl	Wallace	4:52:35	31	Portola Valley	CA	175	691	Kathy	Culbreth	5:03:06	33	San Francisco	CA	186
632	Alexis	Waddel	4:52:37	19	Seaside	CA	67	692	Sandra	Dominguez	5:03:25	29	Portola Valley	CA	149
633	Alexandria	Vitomski	4:52:37	55	San Anselmo	CA	5	693	Gail	Pearlman	5:03:44	51	Horse Creek	CA	24
634	Kerry	Niemann	4:52:58	26	San Francisco	CA	137	694	Lan	Corwin	5:03:57	42	Honolulu	HI	77
635	Kathy	Carper	4:53:14	38	Sausalito	CA	117	695	Bonnie	Wright	5:04:00	45	Los Angeles	CA	44
636	Dianne	Dalbey	4:53:29	51	Redondo Beach	CA	20	696	Patricia	Chase	5:04:04	45	Oakland	CA	45
637	Joan	Lamont	4:53:30	50	Campbell	CA	21	697	Peggy	Ewing	5:04:13	66	Sacramento	CA	2
638	Carole	Sims	4:53:34	36	Marietta	GA	118	698	Janet	Haw	5:04:36	41	Carson City	NV	78
639	Greer	Lobdell	4:53:40	29	Costa Mesa	CA	138	699	Marybeth	Dreisl	5:04:39	31	San Francisco	CA	187
640	Jackie	Jank	4:53:40	29	Laguna Beach	CA	139	700	Robyn	Ashley	5:04:55	32	Solana Beach	CA	188
641	Paige	Oden	4:53:42	31	Laguna Beach	CA	176	701	Lynne	Robinett	5:04:55	39	Dhahran		129
642	Mary	Cea	4:53:44	26	San Francisco	CA	140	702	Lilla	Rados	5:05:02	30	Alameda	CA	189
643	Lisa	Noldin	4:54:00	31	San Francisco	CA	177	703	Charlotte	Lee	5:05:12	29	Westfield	NJ	150
644	Emmy	Gengler	4:54:03	31	Santa Clara	CA	178	704	Lauren	Schadle	5:05:49	27	Berkeley	CA	151
645	Natsuko	Kawanaka	4:54:10	28	Rancho Palos V	CA	141	705	Leslie	Lorimer	5:05:56	28	Oakland	CA	152
646	Juliane	Scheberies	4:54:14	60	Oakland	CA	1	706	Helen	Riser	5:05:57	47	Westlake Vlg.	CA	46
647	Judith	Duncan	4:54:16	48	Castro Valley	CA	40	707	Barbette	Johnston	5:06:01	40	Hacketts Town	NJ	79
648	Marcia	Worden	4:54:29	67	Chico	CA	1	708	Linda	Glynn	5:06:06	29	San Francisco	CA	153
649	Deborah	McBride	4:54:38	39	San Jose	CA	119	709	Kirsten	Beeler	5:06:44	47	Fountain Valle	CA	47
650	Nora	Bevilacqua	4:55:07	24	Amityville	NY	68	710	Felicia	Young	5:06:44	37	Huntington Bea	CA	130
651	Sally	Birmingham	4:55:08	34	Phoenix	AZ	179	711	Jennifer	Beideman	5:07:29	25	Cherryhill	NJ	154
652	Nancy	Kaspar	4:55:09	37	San Francisco	CA	120	712	Marlena	Jackson	5:07:31	28	San Francisco	CA	155
653	Cynthia	Tredwell	4:55:18	23	San Francisco	CA	69	713	Yolanda	Stinchcumb	5:07:48	37	Laguna Niguel	CA	131
654	Soraya	Ishibashi	4:55:20	30	Honolulu	HI	180	714	May	Fong	5:07:52	33	San Francisco	CA	190
655	Meredith	Simmuns	4:55:25	25	San Francisco	CA	142	715	Deborah	Gobers	5:07:58	36	Phoenix	AZ	132
656	Anne	Hellwig	4:55:45	24	Vail	CO	70	716	Jackie	Cummings	5:08:24	41	Alameda	CA	80
657	Molly	Hewes	4:55:53	26	San Francisco	CA	143	717	Jane	Munger	5:08:25	42	Sonora	CA	81

718	Kathy	Tardy-Valler	5:08:26	47	Los Angeles	CA	48	778	Susie	Olivarez	5:31:00	48	Bakersfield	CA	60
719	Robin	Stewart	5:08:44	40	Oxnard	CA	82	779	Etta	Palmer	5:31:01	67	Saratoga	CA	4
720	Karin	McClune	5:09:10	48	San Francisco	CA	49	780	Sharon	Theriot	5:31:44	29	Cedarpark	TX	167
721	Janet	Kinney	5:09:27	49	Del Mar	CA	50	781	Garima	Hoffman	5:32:30	46	Santa Rosa	CA	61
722	Emma	Torres Vitel	5:09:34	47	Guadalajar	JA	51	782	Chantay	Jones	5:32:45	33	Davis	CA	203
723	Cynthia L.	Hayes	5:10:04	48	Camarillo	CA	52	783	Alexandra	Ruiz	5:32:49	44	Pleasant Hill	CA	90
724	Katherine	Moore	5:10:11	30	Berkeley	CA	191	784	Janice I.	Knafelc	5:32:53	54	Lafayette	CA	29
725	Jamie	Turbak	5:10:23	24	Oakland	CA	75	785	Lisa	McKenzie	5:32:57	34	Orange	CA	204
726	Bonnie	Gregg	5:11:55	38	Balboa Island	CA	133	786	Josephine	Lee	5:33:33	56	Holmdel	NJ	11
727	Linda	Brinsfield	5:12:30	32	Menlo Park	CA	192	787	Julia	Barrett	5:35:03	63	Logan	UT	2
728	Marty Loui	Wagner	5:12:44	33	San Jose	CA	193	788	Melanie	Buoncristian	5:35:06	48	San Rafael	CA	62
729	Nancy	Cashion-Mies	5:12:49	34	San Jose	CA	194	789	Sharron	Miller	5:35:21	50	Redwood City	CA	30
730	Margie	Withrow	5:12:51	68	Lompoc	CA	3	790	Mara	Matsumura	5:35:23	33	Belmont	CA	205
731	Helena	Lynch	5:12:52	32	San Francisco	CA	195	791	Susan	Kimura	5:36:30	30	Tarzana	CA	206
732	Stacy	Usher	5:12:57	24	Denver	CO	76	792	Leigh	Scott	5:36:52	26	Ellicott	MD	168
733	Denise	Chandler	5:14:16	32	San Francisco	CA	196	793	Danielle	Uharriet	5:36:57	31	Santa Cruz	CA	207
734	Denise	Paterson	5:15:22	32	San Francisco	CA	197	794	Erin	Delancey	5:37:12	35	San Clemente	CA	139
735	Motoko	Ajioka	5:15:56	49	Mill Valley	CA	53	795	Sue	Morris	5:37:16	41	Gardena	CA	91
736	Kristin	Trenholm	5:15:58	30	Los Angeles	CA	198	796	Colombe	Smithdeal	5:37:19	40	Beaverton	OR	92
737	Rachel	Scheinman	5:16:40	25	Manhattan Beac	CA	156	797	Rebecca	Ballance	5:37:22	44	Goodrich	MI	93
738	Sarah	Downey	5:16:49	29	Martinville	IN	157	798	Cookie	Manchester	5:38:13	38	Leander	TX	140
739	Hollyjean	Comer	5:18:12	25	San Francisco	CA	158	799	Libby	Hart	5:38:16	31	Sacramento	CA	208
740	Marilee J.	Cosgrove	5:19:36	39	Irvine	CA	134	800	Velma	Carroll	5:38:31	56	Sacramento	CA	12
741	Pam	Sisneroz	5:20:10	41	Pleasanton	CA	83	801	May Ling	Bow	5:39:24	46	Cucamonga	CA	63
742	Loni	Cummings	5:20:14	38	San Francisco	CA	135	802	Mary	Roberson	5:39:34	36	Culver City	CA	141
743	Deborah	Ruzicha	5:20:24	28	Sacramento	CA	159	803	Sheila	Galinsky	5:39:57	49	Camarillo	CA	64
744	Linda	Engdahl	5:20:26	46	San Francisco	CA	54	804	Kathleen	Clancy	5:41:58	50	Martinez	CA	31
745	Lael	Manchester	5:20:49	26	San Francisco	CA	160	805	Sharon	Yeter	5:42:17	49	San Francisco	CA	65
746	Linda	Watkins	5:21:00	41	Lajolla	CA	84	806	Sandy	Sherwood	5:43:10	46	Green Brae	CA	66
747	Amanda	Gaudet	5:21:07	31	Berkeley	CA	199	807	Mary Lou	Hirschfeld	5:43:16	56	Belvedere	CA	13
748	Bridget	Waluch	5:21:49	33	Oakland	CA	200	808	Kendall	Goetz	5:43:32	29	Arlington	TX	169
749	Peggy	Kang	5:21:51	58	San Francisco	CA	9	809	Dharmaseel	Moses	5:44:00	42	Colton	CA	94
750	Kathie	Cool	5:22:10	39	Austin	TX	136	810	Jena	Kimmel	5:44:14	36	Bear Valley	CA	142
751	Sharon	Bowen	5:22:16	42	Bakersfield	CA	85	811	Kim	Maxey	5:45:53	21	Monarch Beach	CA	77
752	Randi	Decious	5:24:04	50	San Jose	CA	25	812	E	Bates	5:45:55	29		CA	170
753	Nicole	Moses	5:24:06	25	San Francisco	CA	161	813	Sandra	Heidtman	5:46:32	44	Torrance	CA	95
754	Karen	Keith	5:24:15	56	Las Vegas	NV	10	814	Glenda	Taylor	5:47:24	51	Walnut Creek	CA	32
755	Paula	Peterson	5:24:55	41	San Marino	CA	86	815	Stephanie	Fangman	5:50:18	38	Columbus	IN	143
756	Po	Adams	5:25:54	70	Carmichael	CA	1	816	Barbara	Pleskach	5:54:12	41	Pittsburgh	PA	96
757	Katherine	Benson	5:25:57	27	Indianapolis	CA	162	817	Tracy	Lenihan	5:56:41	26	Berkeley	CA	171
758	Sarah	Wycoff	5:26:07	31	Loomis	CA	201	818	Lois	Koinig	5:56:46	50	Hillsborow	CA	33
759	Brandy	Adney	5:26:21	17	Coarsegold	CA	4	819	Samantha	Wood	5:57:37	28	Berkeley	CA	172
760	Ellen	Jackson	5:26:22	43	Oakhurst	CA	87	820	Eleanor	Smith	5:58:21	47	Cayucos	CA	78
761	Christine	Powell-Milla	5:26:53	47	Carmichael	CA	55	821	Joycie	Yee	5:58:26	49	Playa Del Rey	CA	67
762	Nina	Jones	5:26:58	41	Grants Pass	OR	88	822	Joanne	Park	5:59:21	35	Bloomfield	MI	144
763	Annie	Clark	5:27:46	49	Piedmont	CA	56	823	Leslie	Adams	6:00:24	40	Oakland	CA	97
764	Lisa	Metzler	5:27:53	28	Muncie	IN	163	824	Carole	Dick	6:00:27	52	Tujunga	CA	34
765	Sharon	Hutauruk	5:28:04	27	Loma Linda	CA	164	825	Lori	Shoemaker	6:00:36	32	San Francisco	CA	209
766	Bonnie	Tucker	5:28:13	38	Los Angeles	CA	137	826	Elizabeth	Braun	6:00:38	52	Portola Valley	CA	35
767	Elizabeth	Rather	5:28:17	53	Hermosa Beach	CA	26	827	Maggie	Ariani	6:00:39	40	San Rafael	CA	98
768	Susan	Roth	5:28:41	28	Sacramento	CA	165	828	Carol	Egoroff	6:03:45	52	Lake St Louis	MO	36
769	Judy	Munzig	5:29:01	46	Ojai	CA	57	829	Victoria	Pour	6:03:46	37	St. Louis	MO	145
770	Jane	Firth	5:30:13	45	Alpine	CA	58	830	Susan	Abbey	6:08:21	39	S San Francisc	CA	146
771	Kathie	Steenbergh	5:30:21	42	Warren	MI	89	831	Bonnie	O'Leary	6:10:30	58	Indianapolis	IN	14
772	Suzanne	Hegland	5:30:24	33	Sacramento	CA	202	832	Yvonne	Gelbman	6:15:48	51	Malibu	CA	37
773	Mary	Lynagh-Shann	5:30:46	35	Burlingame	CA	138	831	Angelina	Rademaker	6:21:15	47	Woodland	CA	68
774	Judy	Johannes	5:30:47	51	Tampa	FL	27	832	Myrtell	Bass	6:28:52	47	San Francisco	CA	69
775	Wendy	McVey-Young	5:30:56	27	Emeryville	CA	166	833	Susan	Daley	6:36:04	35	Chicago	IL	147
776	Sally	Herrera	5:30:56	51	Bakersfield	CA	28	834	Tanya	Tyler	6:37:23	34			210
777	Lee	Denham	5:30:57	45	Bakersfield	CA	59	835	Linda	De Cample	6:38:18	46			70

836	Danette	Williams	6:38:29	38		147
837	Kathi	Stropkai	6:40:40	42	Sacramento	CA 99
838	Jeanie	Krieger	6:40:42	30	Sacramento	CA 211
839	Janice	Sward	6:40:44	53	Sacramento	CA 38
840	Julie	Jantz	6:40:50	34	Maybell	CO 212
841	Doris	Watanabe	6:41:18	63		3
842	Janet	Haberzettel	6:41:27	56		15
843	Mary	Kawahara	6:41:35	61		4
844	Aurora	Perez	6:41:58	62		5
845	Tracey	Balbin	6:46:01	27	Denver	CO 173
846	Andrea	Whittaker	6:50:00	25		174
847	Mary	Manuel	6:50:01	38	San Francisco	CA 148
848	Janet	Schartz	6:50:01	54	Irvine	CA 39
849	Adora	Reyes	7:00:00	31		213
850	Sarah	Clatterbuck	7:18:00	19		78
851	Joyce	Kinney	7:47:41	39	San Francisco	CA 149

1994 San Francisco Marathon Male Age Division Results

(Divisions are 5-year: 20-24, 25-29, etc.)

1	Romel	Chavez	Van Nuys	CA 16	3:13:13
2	Abraham	Blas	L A	CA 18	3:13:27
3	Jason	Wong	San Francisco	CA 18	3:47:18
1	Patrick	Muturi	Kenya	21	2:17:34
2	Andrew	Musuva	Kenya	24	2:18:21
3	Dainius	Virbickas	Lithuania	22	2:18:54
1	Carlos	Tarazona	Venezuela	28	2:20:19
2	Fredson	Mayiek	Kenya	28	2:23:37
3	Mark	Cucuzzella	Davis	27	2:29:05
1	Nivaldo	Filho	Brazil	33	2:23:31
2	Juan	Zuniga	Costa Rica	31	2:23:57
3	Juan Salva	Gonzales	Mexico	CO 33	2:24:13
1	Filemon	Lopez	Mexico	35	2:27:41
2	Lourival	Sampio	Brazil	CA 36	2:33:16
3	Lloyd	Stephenson	San Francisco	CA 39	2:38:45
1	Salvador	Arellano	Mexico	40	2:38:58
2	Gustavo	Figuroa	Winnemucca	NV 43	2:43:06
3	Charlie	Thompson	San Francisco	CA 44	2:46:48
1	Hans	Tall	Virginia Beach	VA 46	2:56:48
2	Bob	Lilly	Bouldercreek	CA 46	3:01:18
3	Taisto	Tetri	Turku	45	3:04:43
1	Yictoz	Vasilev	Russia	52	2:55:27
2	Jeff	Wall	Daly City	CA 52	3:03:22
3	Brent	Pinder	Tempe	AZ 54	3:07:54
1	Mel	Williams	Virginia Beach	VA 56	2:58:35
2	Bill	Dodson	Albuquerque	NM 59	3:05:36
3	Benjamin	Mathews	Sacramento	CA 56	3:08:08
1	Tom	Walsh	Oakland	CA 60	3:13:40
2	Barry	Sawyer	Campbell	CA 60	3:15:37
3	Hugo	Badgett	Los Angeles	CA 60	3:20:38
1	Keizo	Yamada	Kawasakiku	KA 66	3:11:15
2	Dick	Yaeger	Aptos	CA 65	4:00:01
3	Mihai	Viforel	Sassenage	FR 66	4:16:23
1	John	Cahill	Salt Lake	UT 70	3:37:10
2	Tom	Edwards	Oceanside	CA 72	4:22:58
3	William	Childs	Lyall Bay	WE 70	4:30:44
1	Aristide	Turina	Volx	Fr 77	6:33:18

Men's Wheelchair Division

1	Ed	Huanio	Honolulu	HI 52	3:16:04
2	Stephen	Beck	Fullerton	CA 43	4:11:48

Female Age Division Results

1	Rachel	Tobey	Los Altos	CA 18	3:46:45
2	Jessica	Marken	San Francisco	CA 17	4:28:39
3	Celina	Lee	So San Francis	CA 16	4:36:12
1	Michelle	Ruiz	Los Altos	CA 20	3:25:38
2	Kristen	Carli	Dallas	TX 24	3:30:00
3	Patty	Pender	San Francisco	CA 24	3:31:01
1	Kristen	Hoel	Los Angeles	CA 28	2:59:47
2	Kathy	Wood	Truckee	CA 29	2:59:52
3	Noelle	Stenger	Santa Fe	NM 29	3:03:18
1	Karolina	Szabo	Hungary	32	2:44:34
2	Dorothy	Buckley	New York	NY 30	3:12:07
3	Dana	Seeley	San Francisco	CA 31	3:19:38
1	Barbara	Acosta	Santa Cruz	CA 36	2:47:18
2	Gillian	Beschloss	England	36	2:54:17
3	Mary	Burns-Prin	San Diego	CA 36	2:57:26
1	Jane	Brett	Daly City	CA 41	3:20:59
2	Elizabeth	Edwards	Piedmont	CA 40	3:23:53
3	Lorraine	Gersitz	Fullerton	CA 40	3:23:58
1	Cynci	Calvin	Auburn	CA 48	3:20:51
2	Kaarina	Lehtinen	Helsinki	45	3:37:28
3	Joan	Milvihill	Incline Villag	NV 49	3:50:14
1	Carol	Bianconi	Santa Cruz	CA 50	3:50:50
2	Barbara	Graham	Huntington Bea	CA 50	3:59:27
3	Betti	Krapfl	G'Wood Villiag	CO 52	4:03:07
1	Suzanne	Murphy	Cypress	CA 56	3:31:31
2	Wen-Shi	Yu	Kew Gardens	NY 59	3:34:28
3	Gaby	McQuitty	Santa Maria	CA 57	3:59:59
1	Juliane	Scheberies	Oakland	CA 60	4:54:14
2	Julia	Barrett	Logan	UT 63	5:35:03
3	Doris	Watanabe		63	6:41:18
1	Marcia	Worden	Chico	CA 67	4:54:29
2	Peggy	Ewing	Sacramento	CA 66	5:04:13
3	Margie	Withrow	Lompoc	CA 68	5:12:51
1	Po	Adams	Carmichael	CA 70	5:25:54

USATF National Championship

Contd. from page 21

first of three NCAA titles and was ranked No. 1 in the country for the first time).

The 1985 Rio Linda High grad has been America's top-ranked triple jumper for the last five seasons!

She was also fifth in the long jump at 21-4 3/4 this year as American record-holder Jackie Joyner-Kersey triumphed at 23-5 1/4.

Regina Jacobs of Oakland has been America's dominant women's middle distance runner this season. The two-time Olympian in the 1,500 meters won her fourth U.S. title since 1987, running 4:07.71. She took the lead at the bell but down the stretch had to fight off a challenge from 1990 and 1991 U.S. champ Suzy Hamilton, who finished second in 4:08.15.

"I just figured if it goes real slow, I've got a great kick," said Jacobs, who competes for the Mizuno TC. "If it goes fast, a lot of them are going to die. A 4:07 1,500 is not real fast, but not too bad considering the heat."

Jacobs, a 1985 Stanford grad, has rebounded impressively from an illness that cut short her 1992 season. After the first part of the European season (beginning in August), she led U.S. runners in the 1,500 (4:02.15) and mile (personal best 4:27.78) and was No. 2 at 800 meters (1:59.98).

Other top PA performances included:

- Nicole Carroll of the San Mateo Athletic Club was second in the women's javelin throw at 185-4 (behind four-time champ Donna Mayhew). And Jenny McCormick of Stanford, the American collegiate leader this season, finished seventh (171-4). She won the Pac-10 title at 179-5. Both are ex-College of San Mateo throwers.

- Jonathon Matthews of Palo Alto was the runner-up in the 20 km walk in 1:29.02.27. He's America's top-ranked 50-km walker.

- Brent Burns (Reebok Racing Club) of Lafayette, the 1992 Cal graduate, was third in the men's pole vault at 18-8 1/4—same height as runner-up Dean Starkey. Winner Scott Huffman sent an American record of 19-7.

- Pam Reynolds, the PA athletes' rep, was fifth in the women's pole vault (9-8) as Melissa Price of Kingsburg High School won the new event in 10-8. Price has put the American record up to 11-6 this season.

- Sheldon Blockburger of San Mateo and the Visa TC (based there) finished fourth in his final decathlon with 8,281 points. He announced his retirement after the meet. The former Orange Coast College and Louisiana State athlete has been ranked among the top eight in the USA the last six years and was the Pan Am Games bronze medalist in

1991. Dan O'Brien chased his own world record (8,891) before faltering in the 1,500 but still triumphing easily with 8,707 points.

- Peggy Odita (Sacramento TC) of Redwood City was eighth in the heptathlon (5,602) and Ali McNight of University of Nevada placed 11th (5,342).

- Brandon Rock gave University of Reno a final mention with his eighth place in the 800 meters (1:48.70). Nevada has dropped its men's team.



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CALIFORNIA INTERNATIONAL MARATHON

Folsom-Sacramento

Sunday, December 4, 1994

OFFICIAL MARATHON, MARAFUN AND MARAWALK RELEASE/AGREEMENT

As consideration for being permitted by USATF, McClatchy Newspapers, Inc., and the cities and counties in which the race is contested, (hereinafter collectively referred to as "Promoters and Sponsors") to participate in the California International Marathon (CIM) Marafun Run/MaraWalk, I hereby agree that I, my assignees, heirs, distributees, guardians and legal representatives will not make a claim against, sue or attach the property of the promoters and Sponsors, for any and all injuries or damage arising from my participation in CIM/Fun Run/MaraWalk.

I also give free use of my name and/or picture in any broadcast, telecast, or other account of this event. Athletes who participate in this competition will be subject to formal drug testing in accordance with USATF rules and IAAF Rule 144. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from the event, and will lose eligibility for future competitions. Some prescription and over-the-counter medications contain banned substances." Information regarding drugs and testing may be obtained by calling the ISOC Hotline at 1-800-233-0393.

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I am aware that running a marathon is a strenuous and potentially dangerous activity with knowledge of the risk involved and hereby agree to accept any and all risks of injury or death. I represent and certify that I am physically fit and have sufficiently trained for competition in this event.

I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE PROMOTERS AND SPONSORS AND SIGN IT OF MY OWN FREE WILL.

Signature _____	Date _____
Signature of parent/guardian (if under 18 years) _____	Date _____
Last Name _____ First Name _____	Middle Initial _____
Street _____	Phone Number _____
City _____ State _____	Zip Code _____
Country (if not USA) _____ Age (on 12/4/94) _____	Birthdate _____ Sex _____
USATF Number _____	T-Shirt Size (S/M/L/XL) _____
	<input type="checkbox"/> Longsleeve <input type="checkbox"/> Shortsleeve
	(guaranteed only by 11/1/94)

Wheelchair _____ USATF Team/Corporate Relay Team _____

All entries must be accompanied by the entry fee. Please make check payable to The California International Marathon. Send entry and check to: The California International Marathon, PO Box 161149, Sacramento, CA 95816. Please include a self-addressed, stamped envelope for confirmation of entry and race instructions. This entry form may be copied and used to apply for acceptance.

CIM entry prior to November 1 (\$30) _____
 CIM entry prior to November 18 (\$40) _____
 USATF Card Fee (\$12) _____
 Bus Transportation from Sacramento Hilton to start (\$4) _____
 Extra T-shirts (\$10 each) _____
 Marathon poster (\$15 each, w/frame (\$85) _____
 Marathon Poster signed by artist (\$20 each, w/frame (\$95) _____
 VIP seating at finish line (\$25 per person) _____
 Marafun Run prior to Nov. 24 (\$10) _____
 Southwest Airlines Corporate Relay Challenge (\$100-250) per team _____
 MaraWalk prior to Nov. 24 (\$10) _____

Is this your first marathon? _____
 Is this your first CIM? _____
 How many past CIMs have you run? _____
 How many other marathons have you run this year? _____
 Do you have any interesting running stories? _____
 Please feel free to submit them for our media use. _____

Total Enclosed \$ _____