

# VALLEY TRACK AND FIELD



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**VALLEY TRACK AND FIELD**  
1717 South Chestnut Avenue  
Fresno, California 93702

WHAT IS VALLEY TRACK AND FIELD?

A Publication About and For The Valley

November, 1971    Vo. 1, No. 24

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VALLEY TRACK AND FIELD is a new monthly publication. It is devoted to the promotion of all areas of track and field in the San Joaquin Valley. It is about and for Valley track people. VALLEY TRACK AND FIELD will do several things: (1) provide in-depth results and news, (2) give recognition to outstanding Valley performances, (3) present an opportunity to become better acquainted with other Valley track people, (4) be a source of educational track and field articles.

As a track enthusiast, VALLEY TRACK AND FIELD will be a valuable tool for you, as well as an asset to track and field, in general, in the Valley. It will fill a long felt need.

The success of VALLEY TRACK AND FIELD will depend, to a great extent, on the support from you, the readers. You can help by always sending in all news and results (pictures too) about your team, yourself, others or any track news you have. Send to VALLEY TRACK AND FIELD 1717 South Chestnut, Fresno, California 93702. All pictures will be returned. Don't assume we will have your results or news already, if you have pertinent information, please, send it. In a sense, this is your publication; it is for you. Help make it a success.

VALLEY TRACK AND FIELD is dedicated to serving all Valley track people, athlete, coach, and fan, alike. We welcome any comments and suggestions. We would be happy to hear from you.

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ON THE COVER

- a) Todd Schindlee hands off to Mike Lennemann on the winning Bakersfield five man 15 mile relay team at Mooney Grove.
- b) The start at the Mooney Grove Race.
- c) Eliseo Martinez really came on at the end of the season to take over number one spot for College of the Sequaias.
- d) Wasco's Betty Burns winning the 12&13 year old race at the Wasco Winter Road Run.
- e) Harry Harder, strong senior runner for High Sierra Track Club.
- f) Dave Bronzan leads fellow High Sierra Track Club member Rick Valfaedes at the USTFF Meet.
- g) Zenas Moreno hands off to teammate Marty Higginbotham to help win the high school division of the Mooney Grove five man 15 Mile Relay.
- h) First and second place finishers in the 14&14 Division at the Wasco Winter Road Run. Tom Eliff (foreground) and Sam Garcia. Tom was Valley class "C" mile champ last year.
- i) Fresno City College coach, Bob Fries, featured in this month's "Meet Valley Coach."
- j) Fresno Elans Cross Country Team at the State Championships. Kneeling:(l-r) Wendy Haesy, Rita Carter, Mari Bordona; Standing: Nyla Jarrell, Anita Carter, Kris Baird.
- k) Start of the Junior Race at the USTFF Meet.

## SCHEDULES

- January 8  
Stockton Road Race, 10 miles,  
check in 9 am, new Delta College  
campus.
- January 8  
Seniors TC Age Group Champs. 4.0 miles,  
9:00 am, La Mirada Park.
- January 9  
PA-AAU 15 Kilo Champs., Napa, 10:00 am.
- January 15  
MADERA MARATHON 9:00 am, Madera High.  
Mission Bay Marathon, 8:00 am, San Diego.  
Mini-Marathon, Henderson to Las Vegas,  
13 miles, 10:00 am.
- January 16  
13.5 mile road run, 10 am, Sonoma St. Coll.
- January 22  
Luna Bay Run, 15 mile open-5 mile age grp.,  
9 am, Palos Verdes High School.  
15 Kilo handicap race, 10 am Valley H.S.,  
Las Vegas.  
Santa Maria Half Marathon, 11 am, Han-  
cock College, Write: Steve Harney,  
1002 E. Boone, Santa Maria 93454.
- January 23  
PA-AAU 20 Kilo Champs. 10 am, Portola  
Valley School.
- January 29  
World Masters Marathon, 7 am, Write: Bill  
Selvin, PO Box 5694, Orange 92667.  
30 Kilo Handicap Race, 10 am Vo. Tech.  
High School, Las Vegas.  
Magnan Memorial 20 Miler, 10 am, Woodside,  
Write: Mike Ipsen, PO Box 868, Redwood  
City, Ca.
- January 30  
Long Beach 6.2 mile Ocean Run, 3 pm.  
Age group
- February 5  
Las Vegas Marathon, 9 am, Write: Dalby  
Shirley, 438 E. Sahara, Las Vegas 89105
- February 6  
Pop Marty 10 Mile Run, 10 am, Montebello  
Jr. High.
- February 12 Tent.  
4 Mile Kings River Run, Write: Bob Lehman  
Reedley College, Reedley, Ca.
- February 13  
Hermosa Beach 5 Mile Run, 10 am, Hermosa  
Beach Pier.  
Western Regional Marathon, 9 am, Burlingame  
H.S., Write: Jack Leydig, 603 S. Eldorado,  
San Mateo, Ca 94402.

## MEET VALLEY ATHLETE

KEITH STRODL: Senior, Fresno State Coll-  
ege. 5'8", 150 lbs., born December 2, 1949,  
at Jersey City, New Jersey.

BEST TIMES: 100--10.3(65), 440--50.0(67),  
880--1:54(68), mile--4:10(69), 2 mile--  
9:18(69), 1 hour run--11 miles 1100 yds.  
(70).

TRAINING: Once a day, 7 days a week, 12  
months a year, 50-75 miles per week.

Coached by Gene "Red" Estes.

DESCRIPTION: During the summer 100 miles a  
week Lydiard schedule. During cross coun-  
try long runs mixed with hill work. For  
track shorter runs (8-10 miles) and inter-  
val work (440, 220 150).

Keith attended Orange High School in  
California where he placed 2nd in the CIF  
So. Section and 5th in the State Meet mile  
in 1967. Then at Santa Ana JC he won the  
Eastern Conference cross country and mile  
titles and placed 3rd with a 4:10 in the  
So. Cal. Meet in 1969. In 1970 he placed  
6th in the nation in the one hour run.  
Keith enjoyed a most successful cross coun-  
try season as he was consistantly up front  
on one of Fresno State's all time outstanding  
cross country teams. He set a new FSC home  
course 6 mile record of 30:55 at Woodward.

He runs because he enjoys it. "It  
gives me a chance to test myself, to see if  
I can accomplish what I think I can." And  
he plans to keep on competing, "as long as  
I keep enjoying competition." Favorite  
racing frequency is every week and he plans  
his races to peak at the end of the season.  
His favorite distance is the mile where he  
hopes to run around 4:04 this year and  
eventually break 4 minutes. He likes to  
follow and kick but feels he needs to be  
flexable enough to lead when necessary.

Keith is studying to be a teacher -  
geography and physical education - and  
plans to stay in the Fresno area.

TYPICAL WEEKS WORKOUTS: Sunday 15-20 mile  
run; Monday intervals; Tuesday easy 10  
mile run and 150s; Wednesday quick inter-  
vals; Thursday same as Tuesday; Friday  
intervals; Saturday same as Tuesday.

February 19

IVANHOE ROAD RUN, 1:00 pm, Ivanhoe Elem-  
entary School.

Peters Canyon 5 Miler, 9 am, Irvine & Peters  
Canyon Road.

## MEET VALLEY COACH

Bob Fries of Fresno City College: If anyone could be considered an authority on Valley track and field it would have to be Coach Bob Fries. Bob was born and raised in Fresno and has enjoyed 15 years of very successful coaching in the Fresno area.

While a student at Edison High he lettered in Football, Baseball, Basketball, and Track; and ran a 2:02.3 880 placing 5th in the Valley Meet. In college at Fresno State he placed 7th in the NCAA Steeplechase, just missing the Olympic Trials.

After college Bob coached for a year at Fowler and 8½ years at Fresno High before coming to Fresno City in 1965. During the first 5 years of coaching his cross country teams were never beaten, including 5 Valley Championships, and the worst any of his high school cross country teams did was 4th in the Valley. Since his arrival at City College the Rams have placed first or second every year in their conference. They have won No. Cal. three times and have only been beaten in conference dual meets 5 times.

In high school track his has coached two Valley Championship teams and only lost four dual meets: twice to Edison by 1 point, one to McLane by ½ point and once to Roosevelt by 1 point. At FCC his teams have won the Valley Conference 3 out of the last four years that he has been head coach. Last year they were third in the State Meet having earlier beaten winner, Bakersfield in a dual meet.

Coach Fries is an all-around sportsman and likes to ski and golf (65 at Fig Garden, 66 at Riverside) and still continues to enjoy running. In fact, he now holds many of the Senior Division course records in the Valley. Last year he placed third in the Cow Palace mile with 4:43. He considers his best accomplishment as a senior runner his 2:59:07 and 21st place at the Las Vegas Marathon. He has always run with his cross country teams and feels he is getting stronger and stronger all the time.

Bob and his wife Helen have three children: Karen 15, Bobby 13, and Tommy 8. Last year Karen was 2nd in the County in the 880 and the mile. Bobby is running cross country and track at Sierra Junior High.

Many outstanding athletes have been developed under the guidance of Coach Fries. He didn't want to mention any individuals because there have been so many deserving athletes over the years that it wouldn't be right to talk about just a few of them - a glance at the record board in the FCC gym will bear witness to that statement. He did say, however, that he is presently working with a distance runner, Greg Hall, who is making more progress and showing more potential than anyone he has previously worked with. Greg, like all of the outstanding athletes he has helped, has a tremendous amount of desire and a very competitive spirit. Coach Fries doesn't know what the future holds for Greg, but states he's eagerly looking forward to it.

As for coaching philosophy and training techniques he feels a little quality work is better than a lot of sub-quality. Hill running plays an important part of FCC cross country training. "Five to ten miles of quality in the hills is better than 15 slow miles." He also stresses that running is only a part of ones life and not his whole life.

### BETTER LIFE FOODS

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# THE HIGH SIERRA TRACK CLUB

## THE ALL-VALLEY CLUB

by David Bronzan

In 1965, Wayne Van Dellen and Jerry Hobbs felt that there was a strong need for an organization to get distance running started here in the Central Valley of California, so they, along with the aid of several friends formed the Visalia Track Club. Up until this time there had been no distance races of any type for runners that were not running on a school team in the valley. Whenever an older runner (or any runner during the summer) wanted to compete it was necessary for him to travel to Southern Calif. or the Bay Area. Wayne and Jerry felt that there was a demand for local meets and that valley runners would support a program if only there was one. They were right. It took considerable time and plenty of work but now, only seven years later, there will be more than 30 races this year in the valley for club and unattached, young and old, school and non-school runners. The High Sierra Track Club (the name was changed in 1967) has had more to do with this development than any other organization. In fact, over half of the thirty meets will be sponsored by H.S.T.C.

But the High Sierra Track Club (which is a sanctioned AAU team) is much more than just an organizer of races. It is one of the most outstanding distance teams in Northern California. This statement is based upon the results of last summer's 7 man 72 mile relay at Lake Tahoe. With all of the best teams in Northern California present H.S.T.C. placed 4th out of over 40 teams entered in a time of 7 hours 3 minutes 33 seconds. We were beaten only by West Valley TC, Oklahoma State, and Mad. River TC. This was accomplished inspite of the fact that Rick Valfaedes, one of the teams most outstanding runners was unable to compete. H.S.T.C. also entered a second team which placed 14th. The members of the first team were (in relay order): Skip Houk, Wayne Van Dellen, Carlos Bravo, Don Gregory, Bruce Caputo, David Bronzan, and Ben Sanchez. The second team was composed of Elisio Martinez, Richard Petersen, Dan Esqueda, Gary Self, Fernie Montanez and Art Fernandez. In the past H.S.T.C. has won the relay twice, taken second once, and also placed fourth and sixth. This year's time was over 14 minutes faster than we had ever run before. This year's outstanding individual was Skip Houk, who won the National Title for the AAU 50 Mile Run, and placed eighth in the National AAU Marathon Finals. As a team the most outstanding accomplishments were the Lake Tahoe Relay, winning the team title at the Western Regional Marathon, and defeating Fresno Pacific and the University of the Pacific in a cross country meet.

Over the later year and a half the club has been able to attract most of this area's fine senior (40 years and over) runners - this mostly because of the outstanding efforts of Sid Toabe. The senior members just recently proved their abilities by taking seven of the top nine places in the Senior Division at the Reedley Road Races. The members were (in order of finish): Len Thornton, Sid Toabe, Bob Reynaga, Lee Scott, Harry Harder, Don Zarin, and Lee Thomas.

The outlook for 1972 and the years ahead appear to be bright for the High Sierra Track Club as everyone is showing improvement and new members joining every week. If you would like to become a member of this club for summer or year-round running, please write to David Bronzan, P.O. Box 728, Three Rivers, Calif. 93271. All people are welcome as long as they have an interest in running or jogging, young or old, wether they compete or not. At present there are 36 members (the youngest is fourteen and the oldest fifty five). Let us leave you with a word of advice, "If you don't want to be beaten by High Sierra Track Club, just join us and be with a winner." If it sounds like we are proud of our team, your right.

# VALLEY ALL-TIME TOP TEN

## VARSITY

By Ron Blackwood

### 100 Yard Dash

9.5	Jerry White	Corcoran	56
	Tommy Smith	Lemoore	63
	Ken Jones	South(Bak)	68
9.6	Leamon King	Delano	54
	Charles Mannings	Bakersfield	59
	Billy Cowings	Fowler	
	Alvin Mann	Edison(Fr)	63
	Phil Reaves	Edison(Fr)	64
	Sam Davis	Edison(Fr)	65
	Clyde Lansing	Fresno	68
	Lorenzo Johnson	Wash(Easton)	68
	Garland Burks	Edison(Fr)	69
	Albert Riley	Edison(Fr)	70
	Leman Childress	Hoover(Fr)	70

### 220 Yard Dash (turn)

21.3	Ken Jones	South(Bak)	68
21.4	W.C. Parmer	Lemoore	67
	Don Imerie	Madera	67
	Leman Childress	Hoover(Fr)	69
	Don Ward	Bullard(Fr)	69
21.6	Willie Brown	Madera	67
	Dick Myer	Delano	67
	Charles Bennett	Merced	68
	Garland Burks	Edison(Fr)	69
21.7	Ben Olson	East(Bak)	64
	Randy Williams	Edison(Fr)	70

### 220 Yard Dash (straight)

20.5	Leamon King	Delano	53
20.8	Billy Cowings	Fowler	60
20.9	Sam Workman	Taft	61
21.0	Doug Smith	Taft	57
	Ronnie Suggs	Delano	59
21.2	Ben Olson	East(Bak)	64
	Lee Callahan	Wasco	67
21.3	Jack Trout	Bakersfield	39
	Jerry White	Corcoran	56
	Gary Schaaf	Orosi	56
	Jesse Bradford	Shafter	56
	Charles Leathers	Hanford	61
	Billy Mackey	East(Bak)	61
	Alvin Mann	Edison(Fr)	63
	Ezunial Burts	Edison(Fr)	63
	Leester Jones	Delano	63
	Ray Wilson	Lemoore	63
	Lorenzo Johnson	Wash(easton)	67
	Stan McCloud	Edison(Fr)	68
	John Bay	Hoover	68
	Charles Bennett	Merced	68
	Garland Burks	Edison(Fr)	69

### 440 Yard Dash

46.6	Larance Jones	Lemoore	69
46.7	Jerry White	Corcoran	56
47.3	Tommie Smith	Lemoore	63
	Greg Jones	Lemoore	71
47.7	Walt Jensen	Coalinga	65
47.8	Wendell Musgrove	South(Bak)	64
47.9	Ezunial Burts	Edison(Fr)	63
	John Banks	Roosevelt	68
48.0	Dave Walker	Merced	53
48.1	Mike Murphy	Hoover	68

### 880 Yard Run

1:49.0	Clark Mitchell	Bakersfield	65
1:53.0	Bob Newton	Lemoore	67
1:53.5	Lelon Rich	Tulare	66
	Pete Romero	Reedley	67
1:53.6	Raul Perez	Edison	64
	Tom Nichols	Taft	65
1:53.7	Carl Maloney	Merced	57
1:54.2	Harry Nicholas	Reedley	70
1:54.3	Tom Brown	Merced	56
1:54.4	Don Dornan	Coalinga	57

### One Mile Run

4:08.0	Pete Romero	Reedley	67
4:13.3	Harry Nicholas	Reedley	71
4:15.3	Pete Santos	Fresno	64
4:15.9	Eddie Granillo	East(Bak)	70
4:17.2	Robert Johnson	Bakersfield	60
4:18.6	Laird Parker	Shafter	68
4:18.8	Greg Hall	McLane	71
4:19.0	Cliff Rees	Dinuba	70
4:19.1	Jeff Hill	Clovis	68
4:19.2	Dave Daniels	Porterville	68

### Two Mile Run

8:53.0	Pete Romero	Reedley	67
9:02.8	Eddie Granillo	East(Bak)	70
9:03.6	Kasto Lopez	Sanger	70
9:12.1	Rich Hitchcock	North(Bak)	68
9:13.8	Robert Yslas	Madera	67
9:16.2	Greg Hall	McLane	71
9:23.1	Gabe Sanches	Porterville	68
9:25.8	Jon Virdon	Lemoore	71
9:28.7	Jim Sweeney	Bullard	71
9:29.3	Danny Villalovas	East(Bak)	71

### 120 Yard High Hurdles

13.7	Jerry Wilson	Roosevelt	69
13.8	McKenley Mosely	Bakersfield	70

14.0	Tom Legler	Roosevelt	50
	Ken Prerzler	Roosevelt	58
	Bobby Gill	Edison	58
14.1	Ezunial Burts	Edison	64
	Ernie Smith	Lemoore	65
	Don Thompson	Edison	66
	Bill Woods	Roosevelt	67
	Vernon Young	Lemoore	70

### 180 Yard Low Hurdles (straight)

18.3	Alvin Mann	Edison	63
	Jerry Wilson	Roosevelt	69
18.4	Jesse Bradford	Shafter	57
	Billy Mackey	East(Bak)	61
	Ernie Smith	Lemoore	65
	Larance Jones	Lemoore	69
18.5	McKenley Mosley	Bakersfield	71
18.7	Sherrill Boyett	Wasco	63
18.8	Fred Texiera	Wash(Easton)	62
	Ezunial Burts	Edison(Fr)	64
	Richard Willis	Fowler	66

### 180 Yard Low Hurdles (turn)

19.1	Bill Woods	Roosevelt	67
	John Alexander	Hoover	71
19.2	Calvin Norris	Wash(Easton)	67
19.4	Kerry Elders	Fresno	71
	McKenley Mosley	Bakersfield	71
19.5	Jerry Jones	Lemoore	67
	Jerry Willson	Roosevelt	69
	Ron Cox	Fresno	71
19.6	Bill Miguel	Lemoore	67
	Lee Callahan	Wasco	67
	Alvin Bunn	McLane	69
	Jose Rivas	Tulare	71
	Bill Parmer	Lemoore	71

### 330 Yard Int. Hurdles

40.3	C. Lomeli	Porterville	67
40.7	Steve Reimer	Wasco	71
40.8	Robert Murphy	Tulare West	70
43.0	Jose Rodriguez	Porterville	71
43.2	Buck	Foothill(Bak)	71
43.3	Bragg	North(Bak)	71

### High Jump

7'1 $\frac{1}{2}$ "	Otis Hailey	Wasco	68
6'10"	Kerry Elders	Fresno	71
6'9 $\frac{3}{4}$ "	Richard Jones	Bakersfield	62
6'9 $\frac{1}{4}$ "	Bob Channell	McLane	63
	Rick Fletcher	Hoover	69
6'8 $\frac{3}{4}$ "	Bud Denham	Avenal	67
6'8 $\frac{1}{2}$ "	Lawrence Lucas	Delano	65
6'8"	Jim Flynn	Roosevelt	66
	Steve Clark	North(Bak)	69
6'7 $\frac{3}{4}$ "	Ricky Wright	South(Bak)	67
6'7 $\frac{1}{2}$ "	Charles Mackey	Bakersfield	71

### Pole Vault

14'11 $\frac{1}{2}$ "	Steve Rutherford	Fresno	68
14'11"	Steve Hardison	Roosevelt	68
14'10"	Mike Kelly	McLane	68
14'9 $\frac{1}{2}$ "	Jeff Baker	McLane	71
14'7 $\frac{1}{4}$ "	Tom Henderson	Hoover	71
14'7"	Steve Schossler	Lemoore	68
14'6"	Dale Schmidt	Reedley	66
	Larry McGough	Edison(Fr)	67
14'4 $\frac{1}{2}$ "	Jerry Moffett	Hoover	71
14'3"	Jan Stubbe	Shafter	69

### Long Jump

25'10 $\frac{3}{4}$ "	Heulon Hewitt	Merced	68
25'4 $\frac{1}{2}$ "	Randy Williams	Edison(Fr)	71
24'10"	Rick Ferguson	Merced	68
24'8"	Steve Thompson	East(Bak)	70
24'6 $\frac{3}{4}$ "	Norman Wood	Madera	61
24'6"	Tommie Smith	Lemoore	63
24'4"	Lewis Wright	Bakersfield	70
	Gerald Hardeman	Edison	71
24'3 $\frac{3}{4}$ "	Alvin Bunn	McLane	69
24'2 $\frac{3}{4}$ "	James Allen	Tulare	69

### Triple Jump

52'6 $\frac{1}{4}$ "	David Tucker	Memorial	70
52'3 $\frac{3}{8}$ "	Randy Williams	Edison	71
49'6 $\frac{1}{2}$ "	Ernie Lopez	Central	70
48'10"	Ray Foreman	Roosevelt	68
48'4 $\frac{3}{4}$ "	Steve Rim	Clovis	71
48'2 $\frac{1}{2}$ "	Doug Smith	South(Bak)	69
47'10 $\frac{1}{2}$ "	Tony Rotella	Central	71
47'7 $\frac{1}{2}$ "	Charles Knight	Edison	70
47'4"	Ed Swillis	Central	70
47'2 $\frac{3}{4}$ "	Greg Greenman	Kerman	71

### Shot Put

62'6 $\frac{3}{4}$ "	Mike Garrett	Taft	66
62'3"	Al Delerio	Clovis	68
61'5"	Mike Wood	Bullard	66
61'1 $\frac{1}{4}$ "	Houston Ridge	Madera	62
60'9 $\frac{3}{4}$ "	Leon Patterson	Taft	52
60'3"	Jim Brown	North(Bak)	70
60'0"	Darrell Rich	North(Bak)	61
59'11 $\frac{1}{2}$ "	Doyle Nelms	Porterville	69
59'10 $\frac{1}{2}$ "	Bob Otto	Porterville	71
59'10"	Gerald Nordstrom	Dos Palos	58

### Discus

184'9"	Bob Otto	Porterville	71
184'3"	Chas. Anderson	Porterville	70
182'6"	Stan McDonald	Edison	63
180'8"	Mike Hailey	Foothill(Ba)	71
180'3 $\frac{1}{4}$ "	Havis Nelson	Edison	65
179'8 $\frac{3}{4}$ "	Rocky Rasley	South(Bak)	65
179'6"	Wayne Crow	Corcoran	56
179'0"	Dan Panetta	Tulare	70

178'8"	Steve McNaughton	McLane	68	3:19.7	BAKERSFIELD	64
177'7"	Sylvester Marshall	Dos Palos	69		West (Bakersfield)	70

### Decathlon

6899	Bob Mathias	Tulare	48	3:20.0	Edison (Fresno)	63
6530	Mike Garrett	Taft	66	3:20.1	Lemoore	63
6421	Rafer Johnson	Kingsburg	54	3:20.6	Bakersfield	71
6340	Bill Blanchard	Reedley	66	3:20.8	Mt. Whitney (Visalia)	68
6181	Leon Patterson	Taft	51		Bakersfield	71

### 440 Yard Relay

41.5	EDISON (FRESNO)	68	3:21.0	SHAFTER	64
41.7	MERCED	68	3:21.1	Mt. Whitney (Visalia)	69
	Edison (Fresno)	70	3:21.3	HOOVER (FRESNO)	69
41.8	SOUTH (BAKERSFIELD)	68	3:21.4	Lemoore	71
	HOOVER (FRESNO)	70	3:21.5	MERCED	66
	BAKERSFIELD	70			
	EAST (BAKERSFIELD)	70			
42.0	Bakersfield	68			
	Edison (Fresno)	69			
42.1	Bakersfield	58			
42.2	Hoover (Fresno)	69			
	Hoover (Fresno)	71			
42.3	Bakersfield	71			
42.4	DELANO	58			
	ROOSEVELT (FRESNO)	69			
	Bakersfield	69			
42.5	LEMOORE	67			
	WASHINGTON (EASTON)	68			
	FRESNO	69			
	East (Bakersfield)	69			
	Bakersfield	59			
	South (Bakersfield)	67			

### Two Mile Relay

7:55.2	EAST (BAKERSFIELD)	66
7:55.6	LEMOORE	71
7:58.1	FRESNO	67
7:58.8	Fresno	57
7:59.9	BAKERSFIELD	69
8:00.1	McLANE (FRESNO)	67
	Fresno	63
8:00.4	McLane (Fresno)	68
8:00.5	PORTERVILLE	67
8:00.7	WEST (BAKERSFIELD)	70
8:01.7	Porterville	69
8:02.1	SHAFTER	67
8:04.1	ROOSEVELT (FRESNO)	65

### Four Mile Relay

17:58.0	PORTERVILLE	68
18:07.2	MADERA	67
18:13.4	EAST (BAKERSFIELD)	70
18:17.1	REEDLEY	55
18:18.8	East (Bakersfield)	66
18:42.0	East (Bakersfield)	69
18:44.8	Madera	68
18:46.9	Madera	70
18:48.2	Madera	69
18:49.0	WEST (BAKERSFIELD)	68
18:49.4	SANGER	62
18:49.6	MCLANE (FRESNO)	69
18:52.0	ROOSEVELT (FRESNO)	65

### Sprint Medley Relay

3:30.1	BAKERSFIELD	65
3:32.1	FRESNO	68
3:32.4	MERCED	68
3:32.8	EAST (BAKERSFIELD)	62
3:32.9	LEMOORE	66
3:33.7	WEST (BAKERSFIELD)	71
3:34.1	DELANO	
3:34.4	Lemoore	69
3:34.6	CHOWCHILLA	67
3:34.7	Bakersfield	70
3:34.9	Lemoore	68
3:35.9	East (Bakersfield)	67
	East (Bakersfield)	69

### Mile Relay

3:14.9	WEST (BAKERSFIELD)	71
3:18.2	EDISON (FRESNO)	64
3:18.3	LEMOORE	68
3:18.5	West (Bakersfield)	71
3:19.2	Lemoore	69
3:19.3	WASHINGTON (EASTON)	69
3:19.5	FRESNO	69



3:36.6	CORCORAN		10:28.1	Reedley	67
3:36.9	EXETER	71	10:28.3	PORTERVILLE	68
			10:30.2	Porterville	67
			10:31.6	EDISON (FRESNO)	67
			10:32.2	FRESNO	64
			10:32.6	East (Bakersfield)	60
			10:35.6	East (Bakersfield)	69
			10:35.8	Fresno	57
			10:37.5	BAKERSFIELD	60
			10:38.1	Fresno	59
			10:38.4	NORTH (BAKERSFIELD)	67

### Distance Medley Relay

10:15.7	REEDLEY	71.
10:17.0	MERCED	66
10:23.0	Reedley	66
10:26.3	MADERA	67
10:27.0	EAST (BAKERSFIELD)	67
10:27.1	BULLARD (FRESNO)	71

## VALLEY VIEWS

Both John Virden and Bruce Caputo are recovering quickly from their operations and are already itching to put the ol' spikes on .... The NAIA District 3 has taken a step forward by adding the marathon as a scoring event to its District Championships, the marathon has also been added to the NAIA National Track Meet.... Fresno's John Workentin recently received a lengthy write-up in Campus Crusade's national magazine Athletes in Action.... If you are planning on sponsoring or directing any type of AAU road race or cross country competition during the 1972 year, please, contact immediately, the Long Distance Chairman, Jerry Hobbs, 15616 Avenue 328, Ivanhoe, Calif. 93235(798-1306) so as to be put on the new schedule, avoid duplication of dates and also help insure a good turn out.

Wasco probably has the best age group track program in the Valley. Wasco Wildkat girl's coach, Brad Tomasini, states, "We feel that our age group program in Wasco is presently well ahead of other such programs in Central California. I only hope that other areas in the valley will follow our lead in age group track and cross country running. When this happens then maybe we can stop going out of our area each weekend to find adequate competition." The kids and the potential are here - all it would take is a little leadership and organization to create more outstanding track clubs .... Buck Swapnack finished his 62nd race of 1971 at the Madera Mini Marathon....

Fresno CC coach, Bob Fries, has a unique record - an 81 at Ft. Washington Golf Course in 52 minutes.... Several Valley athletes have been going over to San Mateo on Saturdays for the winter all-comers meets, some marks include: Dennis Anderson (Fresno Pacific) 54-7 shot put, Bill Deeter 53-9 shot put, John Workentin (Cent. Valley YMCA) 2:00.3 880, Zachary Sconiers (Fresno Pacific) 6.3 60 yd. dash and 21-4 long jump.

Fresno State's budding decathlon star, Roger George, recently won the Glendale Decathlon with a personal best of 7148 points (11.6, 21-2½, 38-11, 6-2½, 50.8, 15.8, 129-5, 13-0, 189-0, 4:17.0).... The Fellowship of Christian Athletes is holding it's winter retreat January 15 & 16. Some of the activities will include: snow trip, dog patch olympics, speakers, films, and discussions. If interested contact Fellowship of Christian Athletes, 74 Washington Ln., Lemoore, Ca.... Hank Roldan, head coach at Mt. Whitney is conducting an interesting type of annual competition - The Annual Mt. Whitney Postal Track Meet. Schools from all over the U.S. compete by mail in this event each year.

Some 1972 cross country dates to put on your calendar: (1) Sept. 16th - Annual FSC Watermellon Runs, all ages, (2) Oct. 7th FSC Invitational which is expanding to include a college-open division, (3) Nov. 18th - USTFF Western X-Country Champs. On the above three meets contact Red Estes at Fresno St. for more info., (4) Northern California Invitational college and univ. meet (6.0 miles), for more info. contact James Santomier, Track Coach, UOP, Stockton, Ca, 95204.... Next issue of VALLEY TRACK AND FIELD will include an interesting article on Skip Houk.

# RESULTS:

## 1ST ANNUAL FRESNO ROAD RACE

## FOURTH ANNUAL KERN COUNTY CROSS COUNTRY CHAMPIONSHIPS

November 27, Fresno: David Bronzan was the winner in the open division during the 1st Annual Fresno Road Race, sponsored by the senior men of the High Sierra Track Club, in the excellent time of 31:43. Fernie Mantanez, the meet director, took the 30-39 division in 34:57. Len Thornton who appears to be getting stronger and better with every race ran a 35:01 to win the 40 and over division.

The course starts at the airport and runs along Kearney Blvd to finish approx. 1/2 mile into Dearnay Park. Thanks to Fernie for putting together a good race and also Don Green (Central High) and Bud Jewitt for the very fine job of officiating.

### OPEN:

1. David Bronzan	31:43.0
2. Larry Lung	32:30
3. Robert Sosa	34:44
4. Mark Hemphill	35:08
5. Dennis Iida	35:44
6. Paul Kuroda	37:38
7. Richard Reynaga	38:54
8. Randy Moon	40:48
9. Marc Davis	41:08
10. Monte Lung	42:26

### 30-39 DIVISION:

1. Fernie Montanez	34:57
2. Richard Petersen	36:35
3. Gary Self	36:54
4. Jim Thaxter	40:06
5. Art Fernandez	42:15
6. Bert Woodruff	45:04

### 40 & OVER DIVISION:

1. Len Thornton	35:01
2. Sid Toabe	36:36
3. Bob Reynaga	39:31
4. Lee Scott	41:08
5. Harry Harder	41:58
6. Brent DeMonte	42:46
7. Don Zarin	42:46
8. Dewey Jan	49:35
9. Lee Thomas	49:54

December 11, Heritage Park, Bakersfield.  
10:00 AM, weather - fair, hilly on grass.

### 8 years & under: (1/2 mile)

1. Curtis Floyd	Bakersfield	3:00.0
2. Mark Patterson	Beardsley	3:02.4
3. Ray Hidalgo	Arvin	3:06.2
4. Eric Mosby	Wasco	3:09.2
5. Derek Eskew	Wasco	

### 9 years: (3/4 mile)

1. Jackie Kent	Wasco	4:32.3
2. Pat O'Mera	Bakersfield	4:37.7
3. Keith Harrison	Wasco	4:38.9
4. Richard Dixon	Standard	4:41.2
5. M. Ayler	Arvin	4:43.9

### 10 years: (3/4 mile)

1. Todd Knox	Wasco	4:08.9
2. Colby Churchman	Standard	4:09.0
3. Robin Messick	Wasco	4:10.5
4. I. Kinsinger	Arvin	4:16.9
5. V. Ortiz	Arvin	4:24.4

### 11 years: (1.0 mile)

1. Eddie Lujan	Bakersfield	5:22.5
2. Dan Barton	Standard	5:50.6
3. Kim Crawford	Wasco	5:52.0
4. Jerry Beck	Standard	6:01.3
5. Mike Mosby	Wasco	6:02.7

### 12 years: (1 1/2 miles)

1. Kevin Knox	Wasco	7:58.5
2. Randy White	Wasco	8:12.1
3. Brian Thompson	Bakersfield	8:44.7
4. Victor Martinez	Bakersfield	8:46.0
5. Shawn Shambaugh	Wasco	8:48.0

### 13 years: (1 1/2 miles)

1. John Laird	Bakersfield	8:04.4
2. Simon Sanchez	Arvin	8:12.6
3. Jimmy Dillingham	Wasco	8:18.0
4. Terry Lewis	Bakersfield	8:29.4
5. Mike Dean	Greenfield	8:31.2

### 14 years: (2.0 miles)

1. Phillip Hidalgo	Arvin	11:35.6
2. John Esqueda	Bakersfield	11:41.6
3. R. Medina	Arvin	12:04.6
4. R. Salinos	Arvin	12:28.8
5. R. Gomez	Arvin	12:33.0

MOONEY GROVE 15 MILE RELAY

December 11, Visalia:

OPEN TEAM RACE:

- |                           |         |       |
|---------------------------|---------|-------|
| 1. Bakersfield Club       |         | 82:10 |
| David Salcido             | 16:28   |       |
| Jim Reynolds              | 15:57   |       |
| Todd Schindlee            | 16:30   |       |
| Mike Lenneman             | 17:05   |       |
| Larry Boaen               | 16:09.5 |       |
| 2. College of Sequoias    |         | 84:32 |
| Eliseo Martinez           | 16:32   |       |
| Carlos Bravo              | 16:16   |       |
| Dennis Smith              | 17:35   |       |
| Cliff Vasquez             | 17:09   |       |
| Dale Campbell             | 17:10   |       |
| 3. High Sierra Track Club |         | 84:40 |
| Bill Cockerham            | 16:50   |       |
| Don Gregory               | 17:01   |       |
| Rick Jensen               | 17:11   |       |
| Fernie Montanez           | 17:31   |       |
| David Bronzan             | 16:07   |       |

HIGH SCHOOL TEAM RACE:

- |                                 |       |       |
|---------------------------------|-------|-------|
| 1. Visalia Track Club           |       | 90:17 |
| Bryan Patterson                 | 17:08 |       |
| Zenas Moreno                    | 17:01 |       |
| Marty Higginbotham              | 19:46 |       |
| Johnny Garcia                   | 19:23 |       |
| John Garcia                     | 16:59 |       |
| 2. Fellowship of Christian Ath. |       | 95:08 |
| Doug Hall                       | 17:03 |       |
| Spear                           | 20:03 |       |
| Moran                           | 18:49 |       |
| Thamasson                       | 22:22 |       |
| Thamasson                       | 17:35 |       |

HIGH SCHOOL (14-15) 3 MILE

- |                       |             |       |
|-----------------------|-------------|-------|
| 1. Marty Higginbotham | Redwood     | 18:40 |
| 2. Richard Quiroz     | Mt. Whitney | 19:45 |
| 3. Andrew Garcia      | Mt. Whit.   | 20:55 |

HIGH SCHOOL (16-17) 3 MILE:

- |                    |           |       |
|--------------------|-----------|-------|
| 1. Juan Garcia     | Redwood   | 16:32 |
| 2. Bryan Patterson | Redwood   | 17:00 |
| 3. John Garcia     | Mt. Whit. | 19:48 |

OPEN 3 MILE:

- |                   |             |       |
|-------------------|-------------|-------|
| 1. David Bronzan  | HSTC        | 16:31 |
| 2. Darrel Cox     | Bakersfield | 16:52 |
| 3. Bruce Greenway | HSTC        | 18:05 |
| 4. Gary Self      | HSTC        | 18:49 |
| 5. Gary Campbell  | Tulare      | 20:11 |

50 & OVER 3 MILE:

- |                 |      |       |
|-----------------|------|-------|
| 1. Harry Harder | HSTC | 21:00 |
|-----------------|------|-------|

DON'T MISS THESE COMING EVENTS

MADERA MARATHON

Date: January 15, Saturday, 9:00 AM  
Rain or Shine.

Check In: Madera High School Boys Gym.  
Showers are available.

Course: Starts at Madera High. Flat  
course on asphalt roads. 2 laps  
ending at Madera High.

Divisions: Two: Open, and High School  
And Below.

Entry Fees: \$1.00 per individual. Late  
entry fee \$1.50 after Jan. 6.  
Entries close 8:00 AM on  
day of meet.

More Info. Coach Dee DeWitt, Madera H.S.  
Madera, Calif. 93637.

IVANHOE ROAD RUN

Date: February 19, Saturday, 1:00 PM  
Check In: Elementary School in Ivanhoe,  
12:30 PM. Dressing room and  
showers available.

Age Group: Men and Women All ages.

Entry Fee: \$1.00 per individual.

Distances: Men: 9 & under 1 1/4 miles  
10-11 1 1/4 miles  
12-13 1 1/4 miles  
14-15 3 miles  
16-17 3 miles  
18-39 6 miles  
40-49 6 miles  
50 & over 6 miles

Women: 9 & under 1/2 mile  
10-11 3/4 mile  
12-13 1 1/4 mile

Awards: First three in each division

More Info: Jerry Hobbs, 15616 Avenue  
328, Ivanhoe, Calif. 93235.

## MADERA MINI-MARATHON

December 18, Madera: Skip Houk again won the Madera Mini-Marathon and lowered his own course record by over  $1\frac{1}{2}$  minutes in the process. Reedley's Mike Montoya swept past McLane ace Ron Vogt to take the high school race, just 26 seconds off of Carlos Bravo's meet record. An outstanding performance was that by senior runner Len Thornton who placed 9th. Three man team scores: Open: 1. High Sierra Track Club 2. Madera Marathon Team 3. Fresno CC. High School: tie McLane 14, Madera 14 3. Highlands 4. Sierra JHS 5. Kings Canyon JHS.

### OPEN:

1. Skip Houk	HSTC	1:06:51
2. Dave Bronzan	HSTC	1:11:41
3. John Weidinger	Palma	1:11:54
4. Larry Lung	FSC	1:15:06
5. Don Gregory	HSTC/FPC	1:15:13
5. Rick Jensen	MMT	1:15:13
7. Steve Hall	FCC	1:18:42
8. Ted Oliver	Foothill TC	1:19:09
9. Len Thornton(41)	HSTC	1:19:19
10. Pat Dunning	MMT	1:20:05
11. Dave Donaldson	Merced TC	1:20:24
12. Mark Hemphill	Unatt.	1:21:15
13. Cliff Reese	FCC	1:23:40
14. Steve Parker	Alameda TC	1:24:10
15. Gary Self	HSTC	1:24:13
16. Dave Blalock	MMT	1:25:47
17. Ron Armonta	MMT	1:26:52
18. David Williams	FCC	1:27:17
19. Bob Lehman(52)	Reedley	1:30:58
20. Harry Harder(54)	HSTC	1:31:12
21. Don Zarin	HSTC	1:31:58
22. LeLand Scott	HSTC	1:33:49
23. Art Fernandez	HSTC	1:33:49
24. Paul Owens	Highlands	1:56:36
25. Buck Swapnack	Dolphin C	2:18:42

### HIGH SCHOOL:

1. Mike Montoya	Reedley	1:14:10
2. Ron Vogt	McLane	1:14:41
3. Greg Gonzales	Highlands	1:18:14
4. Eddie Rios	Foothill	1:18:39
5. Joe Torres	Madera	1:19:11
6. Lewis Ravisconi	Madera	1:19:11
7. Ken Wright	McLane	1:19:29
8. Russ Riddell	Wasco	1:20:40
9. Ken Hendrick	Highland	1:21:29
10. Daniel Esqueda	Roosevelt	1:22:22
11. Frank Salcido	Madera	1:26:22
12. Greg Rathbun	McLane	1:27:43

13. Refugio Tarin	Foothill	1:27:45
14. Paul Mendez	Madera	1:28:20
15. Pat Neff	Highlands	1:30:00
16. David Downhoue	Highlands	1:30:16
17. Mike Fontaine	Sierra JH	1:33:15
18. Randy Moon	Sierra JH	1:33:15
19. Rick Fung	Sierra JH	1:48:04
20. George White	K.C.JH	1:59:13
21. Don Richeson	K.C.JH	2:11:52
22. Steve Esquivel	K.C.JH	2:11:52

## WASCO MID-WINTER ROAD RUN December 18, 1971

### 9 & Under: $\frac{1}{2}$ mile (9 finishers)

1. Jackie Kent	Wasco	2:52.6
2. Curtis Floyd	Bakersfield	3:02.0
3. Patrick O'Mera	Bakersfield	3:02.0
4. Derek Eskew	Wasco	3:16.0
5. Eric Mosby	Wasco	3:24.0

### 10 & 11 Years: $\frac{3}{4}$ mile (13 finishers)

1. Eddie Lujan	Bakersfield*	3:46.9
2. Robin Messick	Wasco	4:05.0
3. Todd Knox	Wasco	4:06.0
4. Kim Crawford	Wasco	4:07.0
5. Mike Mosby	Wasco	4:16.0

### 12 & 13 years: 1.0 mile (22 finishers)

1. Kevin Knox	Wasco	*4:59.6
2. Randy White	Shafter	5:02.0
3. John Laird	Arvin	5:08.0
4. Simon Sanchez	Arvin	5:12.0
5. Joe Beltran	Corcoran	5:22.0

### 14 & 15 Years: 1.0 mile (8 finishers)

1. Tom Eliff	Bakersfield*	9:56.4
2. Sam Garcia	Wasco	10:02
3. Marty Higgenbotham	Visalia	10:50
4. Albert Balderas	Visalia	11:18
5. Lawrence Garcia	Visalia	11:20

### 16 to 18 Years: 3.0 miles (10 finishers)

1. Larry Boen	Bakersfield*	14:24.3
2. Jim Reynolds	Bakersfield	15:04
3. Ernie Moreno	Visalia	15:23
4. Zenas Moreno	Visalia	15:24
5. Charles Baker	Visalia	17:40

\* Meet Record

CENTRAL SECTION  
CROSS COUNTRY CHAMPIONSHIPS

December 29, Avocado Lake: Capt. Cliff Clark of Castle Air Force Base timed 19:18.9 for four miles to win the open division of the Central Section Cross Country Championships. His time erased Dave Cords' 19:33.0 record set last year. Terry Williams of Lompoc ran 9:15.2 for 2 miles to break John Virdon's year old mark of 9:36.0.

10 & UNDER DIVISION (1.0 mile)

1. Russ Riddell	Fresno/Wasco	5:31.5
2. Robin Messick	Wasco	6:07
3. Jack Kent	Wasco	6:09
4. Todd Knox	Wasco	6:14
5. Mike Hall	Lemoore	7:01
6. Randy Oliveira	Lemoore	7:16
7. Alex Diaz	Lemoore	7:39
8. Scott Brady	Lemoore	7:59
9. Shawn Beck	Lemoore	10:19
10. Ron Cole	Lemoore	10:27

11-14 YEARS DIVISION (2.0 miles)

1. R. White	Wasco	11:03
2. E. Lujan	Wasco	11:03
3. B. White	Hamilton	11:21
4. B. Bowen	Hamilton	11:27
5. J. Dillingham	Wasco	11:36
6. K. Crawford	Wasco	12:02
7. D. Ketner	Hamilton	12:06
8. D. Barnett	Lemoore	12:28
9. N. Roberts	Hamilton	12:37
10. J. Melendrez	Hamilton	13:26
11. T. Wathal	Lemoore	14:10
12. L. Oliveria	Lemoore	14:44
13. G. Gaffney	Lemoore	14:56
14. V. Cleveland	New Mex.	18:20

Teams: Wasco 8, Hamilton 13, Lemoore 31

FROSH--SOPH DIVISION (2.0 miles)

1. John Avila	Tranquil.	9:49.8
2. Randy Wright	McLane	9:56
3. Tom Elibeff	Bakersfld.	10:18
4. T. Martinez	Sanger	10:37
5. M. Higginbothom	Redwood	10:46
6. J. Baladad	Merced	11:08
7. M. Fontaine	Sierra	11:19
8. L Garcia	Redwood	11:29
9. A. Balderas	Redwood	11:50
10. R. Arjona	Sanger	12:18
11. Goe Garcia	Redwood	14:15

JUNIOR--SENIOR DIVISION (2.0 miles)

1. Terry Williams	Lompoc	9:15.2
2. Alvin Gilmore	Lompoc	9:22
3. Larry Boan	West	9:32
4. Juan Garza	Redwood	9:33

5. Hal Luna	Merced TC	9:41
6. Jim Warrick	Lompoc	9:54
7. Ron Vogt	Lompoc	9:58
8. T. Webb	Merced TC	9:59
9. L. Butler	Merced TC	10:01
10. Doug Hall	Lemoore	10:33
11. Brackett	West	11:07
12. S. Taylor	Merced TC	11:47

OPEN DIVISION (4.0 miles)

1. Cliff Clark	Merced TC	19:18.9
2. Dave Taylor	Merced TC	19:55
3. Mike Denny	USAF	20:10
4. Dave Bronzan	High Sierra	20:30
5. Greg Hall	Fly. Sq.	20:42
6. Tim Geary	Merced TC	20:55
7. Gary Wolfram	S. Bar.	21:00
8. Steve Hall	Fly. Sq.	21:01
9. B. Pendleton	FSC	21:06
10. P. Acosta	FPC	21:59
11. Pat Dunning	Fly. Sq.	22:00
12. Mead	Merced TC	23:08
13. Williams	Fly. Sq.	23:11
14. Davis	Fly. Sq.	23:24

30-39 YEARS DIVISION (4.0 miles)

1. Wayne VanDellen	HSTC	21:21
2. Dave Donaldson	Merced	22:14
3. Gary Self	HSTC	23:38
4. Bud Noethan	Lemoore	27:07

40 & OVER DIVISION (4.0 miles)

1. Len Thornton	HSTC	23:16
2. Russ Oberman	HSTC	29:26

KINGS CANYON RUNNERS PLACE

Compton: Seven runners from Kings Canyon Junior High in Fresno placed in the eighth annual Herschel Smith Cross Country Championships.

Jack Axtman won the first division of the eighth grade race in 7:52 for the 1.5 miles. Ron Esquivel was fifth in the second division and Manual Mata placed 11th in the third division. George White was second in the first division of the ninth grade with 10:05 for 2.0 miles. Mike Skow was sixth in the third division and Dan Richeson 20th. Tim Massie placed 18th in the seventh grade 1.3 mile race. 700 runners competed.

# VALLEY GIRLS ON THE GO

## Fresno Élans Track Club

The Fresno Élans Track Club was organized in 1969. The club was known as the West Fresno Track Club in 1968, but when the membership was expanded the name was changed. It is a club for girls and women who are interested in track and field competition. At the present time the members of the club range in age from nine to twenty-four years of age. The girls compete in A.A.U. sanctioned meets throughout the state. The Fresno Élans Club is chartered by the Amateur Athletic Union. They have two nationally ranked athletes: Iva Wright and Lynn Graham.

Iva, a 17 year old senior at Edison High School, Fresno, is the Girls National Discus champion and National Junior Olympic Shot Put champion. At the National Championships held in Bakersfield last year she placed second in the girls shot put and fourth in the womens discus. In addition to the regular A.A.U. season, Iva competed in the Strawberry Festival Invitational, the Pan Am Show Meet, and the Pan African Meet. She placed fourth in the womens discus in each of these meets. Iva has hopes of competing in the Olympic Trials later this year.

Lynn Graham is the Womens National Shot Put champion and holder of the Pan American games shot put record which she set in Cali, Colombia this past summer. During the 1971 season Lynn was undefeated in all but two meets; these were the U.S.A. - Russia Meet and the Pan African Meet. Miss Graham is one of the few women shot putters in the United States who has surpassed the fifty foot mark. Her best put was 53' $\frac{1}{2}$ " which is the second best put ever recorded in competition in the United States. Lynn has competed in Great Britain, Germany, Russia, Canada, South America, and Japan. She is a candidate for the 1972 U.S. Olympic Team. Both Lynn and Iva were honored by the Central California Association of the A.A.U. as outstanding track and field athletes for 1971.

The coaching staff includes a science teacher, two Fresno State physical education graduates, and a physical education teacher. Pat Caffrey and Bib Brenner have been with the club since its inception in 1968. Millie Rose and Dovey Varteresian joined the staff two years ago.

Two years ago the club introduced a cross country team to the program. They compete in the Pacific and Southern Pacific Association Meets. This requires the girls to travel from three to four hours before competition. The club hopes to build more interest in A.A.U. competition in cross country in the central valley so that more girls may take advantage of this program without having to travel such long distances. Next year, the Élans hope to sponsor a cross country meet in Fresno.

The Fresno Élans, like most non-profit organizations, has difficulty raising money to cover the costs of operation. The amount of money taken in by dues is projected at between \$1200 and \$1400. The projected budget for the 1972 season is \$4600. This leaves an excess of \$3300 to be raised in other ways. Anyone who is interested in assisting the club financially may take out an Associate Membership for \$10.00 per individual or \$12.00 for husband and wife. Donations of any amount would be greatly appreciated.

The conditioning-training program is held every evening at Einstein Playground (Dakota and Millbrook) in Fresno beginning the last week in January and continuing through February. The girls are then introduced to sprints, hurdles, middle and long distance running as well as the long jump, high jump, shot put, and discus. The girls experiment in as many areas as they wish. From this experimentation they are soon ready to decide, with guidance, on the area or areas in which they wish to concentrate. Individual instruction is then given in these areas.

The girls compete in groups according to their age: 9 - under, 10 - 11, 12 - 13, 14 - 17(girls division). Those in the girls division may also compete in the womens division which includes those 14 and older.

On January 22nd at 1:00 pm the club will hold an organizational meeting at Einstein Playground in Fresno. This meeting is open to girls and women of all ages as well as their parents and

any interested adult, male or female. If you teach or coach in the Fresno area, please inform your girls of the opportunity to join the club. Further information may be obtained by calling Bib Brenner, 291-6500 evenings after 8:00 or write to Fresno Elans Track Club, 620 W. San Gabriel Ave., Clovis, Calif., 93612.

## GIRLS AND WOMEN

### FOURTH ANNUAL KERN COUNTY CROSS COUNTRY CHAMPIONSHIPS

December 11, Heritage Park, Bakersfield.  
10:00 AM, weather - fair, hilly on grass.

#### 8 years & under: ( $\frac{1}{2}$ mile)

- |                      |             |        |
|----------------------|-------------|--------|
| 1. Lucy Vasquez      | Arvin       | 3:01.7 |
| 2. Tressa Coffee     | Bakersfield | 3:12.2 |
| 3. Stephanie Okamoto | Bakersfield | 3:18.4 |
| 4. Heidi Wolfson     | Bakersfield | 3:23.1 |
| 5. Tanya Patterson   | Bakersfield |        |

#### 9 years: ( $\frac{3}{4}$ mile)

- |                    |             |        |
|--------------------|-------------|--------|
| 1. Shelly Robert   | Wasco       | 4:56.3 |
| 2. Sue Falyler     | Wasco       | 4:59.2 |
| 3. Tracy Alexander | Bakersfield | 5:01.0 |
| 4. Sharon Peel     | Greenfield  | 5:06.1 |
| 5. Lori Bace       | Bakersfield | 5:11.3 |

#### 10 years: ( $\frac{3}{4}$ mile)

- |                     |       |        |
|---------------------|-------|--------|
| 1. Patty Dillingham | Wasco | 4:22.5 |
| 2. D. Flores        | Arvin | 4:42.7 |
| 3. S. Moore         | Arvin | 4:46.8 |
| 4. M. Medina        | Arvin | 4:54.8 |
| 5. Hollie Shambaugh | Wasco | 4:56.5 |

#### 11 years: ( $\frac{3}{4}$ mile)

- |                  |             |        |
|------------------|-------------|--------|
| 1. Elaine Kent   | Wasco       | 4:13.2 |
| 2. Julie Goodard | Bakersfield | 4:31.8 |
| 3. Dora Karg     | Bakersfield | 4:41.5 |
| 4. A. Flores     | Arvin       | 4:45.8 |
| 5. B. Young      | Arvin       | 4:50.9 |

#### 12 years: (1.0 mile)

- |                    |             |        |
|--------------------|-------------|--------|
| 1. Gwen Dillingham | Wasco       | 5:55.0 |
| 2. C. Vasquez      | Arvin       | 6:10.8 |
| 3. Robbin Harron   | Bakersfield | 6:26.5 |
| 4. Louise Marlowe  | Beardsley   | 6:34.4 |
| 5. N. Flores       | Arvin       | 6:46.6 |

#### 13 years: (1.0 mile)

- |                   |             |        |
|-------------------|-------------|--------|
| 1. Betty Burns    | Wasco       | 5:42.5 |
| 2. Julie Kelley   | Bakersfield | 6:13.0 |
| 3. Mary Ann Mario | Bakersfield | 6:16.8 |
| 4. Cindy Janssen  | Greenfield  | 6:17.3 |
| 5. Dolores Moreno | Greenfield  | 6:56.9 |

#### 14 years: (1.0 mile)

- |                  |             |        |
|------------------|-------------|--------|
| 1. Rosa Medina   | Arvin       | 6:09.5 |
| 2. M. Flores     | Arvin       | 6:42.8 |
| 3. Teresa Rios   | Bakersfield | 7:35.7 |
| 4. Cheryl Murphy | Bakersfield |        |

### WASCO MID-WINTER ROAD RUN December 18, 1971

#### 9 and Under - $\frac{1}{2}$ mile (10 finishers)

- |                     |             |        |
|---------------------|-------------|--------|
| 1. Sue Fulwyler     | Wasco       | 2:59.8 |
| 2. Lucy Vasquez     | Arvin       | 3:00.0 |
| 3. Sharon Peel      | Bakersfield | 3:10.0 |
| 4. Tracie Alexander | Bakersfield | 3:11.0 |
| 5. Tressa Loffie    | Lamont      | 3:14.0 |

#### 10 and 11 years: $\frac{3}{4}$ mile (9 finishers)

- |                     |             |         |
|---------------------|-------------|---------|
| 1. Patty Dillingham | Wasco       | *4:13.1 |
| 2. Elaine Kent      | Wasco       | 4:15.0  |
| 3. Julie Goodard    | Bakersfield | 4:25.0  |
| 4. Sheila Moore     | Arvin       | 4:38.0  |
| 5. Colleen Thompson | Bakersfield | 4:41.0  |

#### 12 and 13 years: $\frac{3}{4}$ mile (12 finishers)

- |                    |             |        |
|--------------------|-------------|--------|
| 1. Betty Burns     | Wasco       | 3:59.7 |
| 2. Patsy Cervantes | Corcoran    | 4:14.0 |
| 3. Connie Vasquez  | Arvin       | 4:15.0 |
| 4. Gwen Dillingham | Wasco       | 4:24.0 |
| 5. Mary Ann Merick | Bakersfield | 4:31.0 |

#### 14 to 17 years: 1.0 mile (2 finishers)

- |                  |             |        |
|------------------|-------------|--------|
| 1. Mary Flores   | Arvin       | 6:29.0 |
| 2. Cheryl Murphy | Bakersfield | 8:17.0 |

\* Meet Record