



# NORTHERN CALIFORNIA RUNNING REVIEW

A WEST VALLEY TC PUBLICATION  
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The Northern California Running Review, formerly the West Valley Newsletter, is published on a monthly basis by the West Valley Track Club of San Jose, California. It is a communication medium for all Northern California track and field athletes, including age group, high school, collegiate, AAU, women, and senior runners. The Running Review is available at many road races and track meets throughout Northern California for 25¢ an issue, or for \$3.50 per year by subscription (first class mail). All West Valley TC athletes receive their copies free if their dues are paid up for the year.

This paper's success depends on you, the readers, so please send us any pertinent information on the NorCal running scene that you would like to have printed. We can always use good photos for our publication, preferably black and white, and good contrast. Please send all information to the editor, Jack Leydig (see address in title block). Be sure and give photo credits, those competing, and event being run. Any size print is ok since we can photographically reduce or enlarge them (no negatives are necessary; we can work from the print).

Our publication is printed by Frank Cunningham; photographers are: John Marconi, Terri Mejia (has now left for Colombia), and others from time to time. If you are interested in supplying us with photos (especially high school and college pictures), please contact the editor immediately. Our cartoonist is Marin AC's Lee Holley (who has been taking it easy lately...we need some new cartoons Lee!!). Some of our contributors this month include Butch Alexander, Jim Hume, Charles MacMahon, Chris Miller, Rich Perry, Fred Baer, and Pax Beale.

Let us hear from you concerning the form and content of our publication. We can always use helpful suggestions that would improve our coverage. All letters to the editor will be printed but try to keep them under 200 words if possible. We would like to print a special article each issue, so if you have any ideas, written either by you or a friend, please send them to us for consideration. We always can use results. Don't assume that we already have them. Women's, high school, collegiate, and age group results and schedules (race walking too) are needed most. Don't be afraid to send us anything at all concerning the sport.

## o o o o o o CLUB NEWS o o o o o o

This section of our publication is devoted to various club news. If your club has any announcements or news that you would like to have printed, please send it to us. As long as the news is pertinent to track and field and kept to a reasonable length, we will print it, possibly in edited form. We have to keep our issues to 6 sheets or less in order to keep our rates at \$3.50 a year. Any material aimed at selling goods should be put in our classified section. The response to this column has been zilch, except for our own club...let's hear from you!!

WEST VALLEY TC NEWS: During the month of June, West Valley acquired quite a few new members, many of whom have not sent in their club application forms yet (so we can't print their addresses or best marks). These will be printed in the July issue. The new members are Gary McAuley, Mike Pinocci, Charles Attwood, Mike Ruffatto, Bob Grubbs, Duwayne Ray, Jamie Baldovinos, Humberto Hernandez, Frank Bautista, Terry Webb, Dan Clark, and Don Kardong. Gary McAuley lives at 904 Peninsular Ave., San Mateo (Ph. 347-3775) and is 34 years old. For this age, Gary is quite a sprinter, with bests last year of 10.3 in the 100, and 23.3 in the 220. He also likes to run some distances and did 10:35 for a 1.8 mile course. Mike Pinocci will be a senior at Washington High in Fremont and has bests of 60.7 (440), 2:11.5 (880), 4:42 (mile), 9:43.2 (2 miles), and 15:44 (3 miles). He ran a good 4th in the Sacramento Invitational Junior race last fall and recently

placed 30th in the Bay to Breakers Race (3rd high schooler). Mike lives at 5269 Paxton Ct., Fremont (Ph. 797-0697). Dr. Attwood will be a senior next spring (he just turned 39), and is looking forward to beginning senior competition. He has been running for only 3 years and has not competed in a race as yet, but he plans to start sometime this year. His address is 754 Costa Rica, San Mateo (Ph. 343-5530). Our other new members still need to send in their application blanks, but a quick review of some of their marks (that I know of) are as follows: Mike Ruffatto (31st and 4th high schooler in Bay to Breakers) is a junior at Washington (Fremont) High and will be a senior next year; Duwayne Ray is a 4:02 miler and ran well in cross country last year, placing first in the PA-AAU championships; Jamie Baldovinos is a consistent performer in distance from the 880 on up; Humberto Hernandez has good speed (about a 50 second 440) and also likes the longer distances (about 4:14 in the mile); Frank Bautista has around a 9:15 2 mile and placed close to the leaders in the Pleasant Hill Invitational cross country race last fall (in this race Gerry Lindgren was second and Frank was 4th, only 11 seconds behind Gerry); Bob Grubbs will be a senior at Washington High (Fremont) and has a best of 9:29 for two miles and the low 4:20's for the mile; Terry Webb just graduated from Hillsdale High in San Mateo and made it to the State Meet in the high hurdles with a best of 14.5. Terry also pole vaults 14-6 and is an excellent all around performer. His teammate Dan Clark specializes in the jumps and has around 23 feet in the long jump. Both will probably attend College of San Mateo next fall. Don Kardong, who will graduate from Stanford this term, is featured in the Pacific Association Portrait section of this issue because of his performance in the Pac-8 three mile (13:20 and second to Prefontaine by a scant 2 seconds). Don has also done 4:03 for the mile and 8:37 for two miles.

Some recent address changes: Charlie Harris now is living in Albuquerque, New Mexico (2205 Ambassador NE; ZIPCODE 87112) as he was transferred by his employer, the Lenkurt Electric Company. Alvaro Mejia has returned to Colombia for an indefinite period and can be reached at Apartado Aereo #5702, Bogota, Colombia. Wayne Glusker is now living at 1380 Warburton Ave., Santa Clara (Apt. 10) - Phone 247-5109. Willie Cronin has moved to Fremont (2804 Chamier Pl.). Be sure and channel all address changes to us so we can keep other members up to date.

Chris Buck has been attending Pacific Lutheran College and competed in both track and cross country. He is really taking an interest in race walking, having raced three times this year (only 4 times in his career). On Jan. 30 he walked an indoor mile in 7:30.8 and finished second. On May 9 he finished 5th in the National AAU Jr. 20 Km. in 1:59:30, and then on May 23 got 33rd in the National Sr. 20 Km. (2:02:05).

Tahoe Relay Qualifications: Don't forget that the Tiburon 9 Mile Race on July 24 will be used as our qualification race for the Lake Tahoe Relay teams (August 14). If you've never run in this race before, you really owe it to yourself to try in 1971. West Valley will take as many teams as possible (7 per team) and the placings in the Tiburon run will determine the teams as usual. If for some reason you can't make this race and still want to run at Tahoe, let me know immediately. The club will vote for fillers on the first team and our first all high school team for those that don't show for a good reason but still want to go to Tahoe. We want our first team and first high school team to be our best teams. If you don't show up at Tiburon and don't contact me, I'll assume you don't want to compete. Let's have three teams in the top ten this year! We will be out to avenge our loss to Pacific Coast Club in 1970. I predict a sub 6:50 effort will be necessary to win it this year. If you need a ride to Tiburon, contact someone in your area, or call me at 342-3181. I will send in the Tahoe applications once we decide the teams (stay around after Tiburon).

The West Valley Track Club had a picnic/meeting after the Woodminster Race in Oakland on June 13. About 15-20 attended the meeting. Our new dues system has been revised somewhat: Any athlete residing (going to school or otherwise) out of the Pacific Association for 9 months (school year) or more in a given year pays \$3.00. The same holds true for athletes residing in the PA who compete in two sports for a school. If an athlete competes in only one sport for the year, his dues are \$5.00, with a maximum of \$5.00/year for all high school aged athletes. For those not yet at high school age, the dues are \$3.00. The dues are \$10 per year for all others who can compete year around for the club. Family memberships are \$15 a year maximum (thus, no single family should pay more than this, no matter how many members of that family are on the club). All of the above dues rates will be prorated on a monthly basis to the nearest dollar. Thus, the number of months remaining in the year times the normal dues rate, divided by 12 and rounded to the nearest dollar is how much a new member pays upon joining. It was announced by President Jack Leydig that West Valley had put in a bid to host the 1972 Western Regional Marathon again on the Burlingame course. This bid was approved by the Board of Managers of the Pacific Association of the AAU in its June 17 meeting. The bid, along with a similar bid for the 1972 Sr. National Marathon (Olympic Trials), has been forwarded to the National Office and will be on the agenda at the National Convention this fall. Anyone (not only club members) that would like to help in the planning of the Nationals (should we receive the go ahead) should contact the editor.

There will be an open track and field meet for club athletes only (no unattached runners allowed to compete) at Cal State Hayward on July 10. All West Valley TC athletes are encouraged to compete as this meet will help determine whether other such meets can be held on a regular basis next spring. Team scoring will be kept. For more information, see below and in the schedule section of this issue. The meet starts at 4:30 pm. Sign up the day of the meet, no pre-entries necessary.

WVTC high schoolers and collegians have been running well as of late. Aragon High's John Sheehan overcame a late season injury to still record a personal best in finishing 6th in the CCS mile in 4:19. Joel Jameson of Watsonville just missed the spot for State qualifications as he lost in a stretch battle with Carlmont's Hans Templeman in the CCS 2 mile (9:21.2). Washington of Fremont's Chuck Mork reportedly ran 10th in the State two mile with a 9:16. Ron Genschmer failed to make the finals in the mile at State and ran 4:23 in his heat. Don Kardong ran 13:39 to lead his heat in the 3 mile trials at the NCAA meet, but only managed a 13:48 to go unplaced in the finals, won by Steve Prefontaine of Oregon in 13:20. Terry Webb failed to qualify for State in his specialty, the pole vault, but surprised by running second in 14.6 to qualify in the highs. He ran 14.5 in a trial heat at State, but failed to make the finals, despite a personal best. Dan Clark just missed qualifying for State in the long jump as he finished out of the money, but had a foul jump that was around 23-7.

West Valley distance runners who finished out of the top placings in road races recently and are not listed in the regular results are noted here: Golden Gate Marathon: 64th - Mike Edmonds (3:13:31), 131st - Robert Greer (3:39:08). Woodminster: 74th - Frank Cortez (61:13), 113th - Dave Causey (66:55), 156th - Robert Greer (72:49). Bay to Breakers: 126 - Fred Mendoza (45:44), 132 - Greg Aronson (45:50), 272 - Neil Kruse (48:10), 281 - Roy Kissin (48:19), 411 - Richard Clark (50:37), 451 - Robin Nowinski (51:17), 488 - Dick Strand (51:52), 520 - Bill Lamb (52:26), 522 - Bob Mignosa (52:28), 782 - Herb Ashton (56:47), 1392 - Vivian Harris (1:07:00), 1411 - Harvey Sandoval (1:07:17), 1816 - Kathryn Strand (1:29:44). Sorry if I missed anyone (the small print kind of gets to you after awhile). Send additions and corrections for printing in the July issue.

THIS AND THAT.... Some additions and corrections to the May issue's results. The 17th place finisher in the Bay to Breakers was Dave Garcia (unatt., Stockton), and Mike Pinocci and Mike Ruffatto took 30th and 31st respectively (not Mike Ionocci and Dave Stanley). Places 51 through 100 are listed in this issue. Top 50 were in the May publication. We are still awaiting complete computer results for seniors, husband wife teams, etc. -- Rex Dieterich should be credited with the photo of the winners in the Mt. Vaca Hill Climb (May issue), and not T.A. de Lusignan (Del, please return picture to Greg Chapman when you see him).

Running Camp: Spend seven days running and relaxing in the Sierras. You will have available to you good fellowship, miles of privacy, good food, fishing, hiking and the rugged mountains for your training. There will be no required runs for anyone. You will run when you want to and as often as you want. The leadership for the running will come from the runners. The experts will be the runners themselves. Location: Truckee, Calif. Elevation is approximately 6700 feet. Near Lake Tahoe, Squaw Valley, and Reno. Costs: \$55.00 covers all camp costs including room and board for one week. Two dates are available and enrollment will be limited, so register early. First date, July 11-17; second date, August 5-11. All ages and sexes accepted. The only restriction will be on maturity. Contact Mike Healy or Gerry Haslam (707-224-1603), or write 690 Costa Dr., Napa, Calif. 94558.

Needed: a cross country and high jump coach for the Integra Track Club of Campbell. If you're interested, please contact G.L. Harrington (378-4105) or Carl Smallwood (251-9399).

The London to Brighton Fund that was raised for Darryl Beardall (\$697.00) has been transferred into a special fund that is under the lock and key of the Pacific Association. We intend to use this money for just that purpose: sending Darryl to London. He was unable to compete last year because of an injury. The estimated cost of the roundtrip will be around \$500 via Icelandic Airways (about \$200 cheaper than regular airlines). I have contacted Jose Cortez and he indicated that he was not interested in going. I am attempting to contact Bob Deines (the 1970 Natl. 50 Mile winner and U.S. record holder on the roads) to see if he'd be interested in going with Darryl. If so, we will try and raise another \$300 before the end of September. We will keep you posted on further developments. If the extra \$200 is not used (Deines doesn't go), it will most likely be saved and used for some other purpose (probably a vote will be taken at the Dipsea race since most of the money was collected at that time last year).

The PULSATORS of Anchorage, Alaska honored Larry Lewis' 104th birthday with a special one hour "Contender's Run" from Portage Glacier Lodge at 8 pm on June 18. This is a turn-around race in which a runner contends for finish ribbons of 6, 7, 8, 9, and 10 miles plus by returning marked coins from halfway marks with a one mile run-off at the end for runners with extra time. If you don't make it back within the hour, you're disqualified. The Alaskan record to date is 10.75 miles by Ed Phillips Jr. in 1969. The plan was to have a birthday cake for Larry (with 104 candles!) after the race and John Trent (President of the club) was to call Larry long distance. -- On August 7 at 10 am, the Road Runners Club of Anchorage and the PULSATORS have planned the first running of the Resurrection Pass Trail Marathon over scenic forrest trails in the Kenai Mountains. Western Airlines has quoted a roundtrip fare of \$272.95 (incl. tax) from San Francisco for a group of 10 or more (number must be obtained by Aug. 2). This is a savings of \$60. For further information, write John Trent, 1700 Tudor Rd., Anchorage, Alaska 99507. Top times are expected to be in the 4 hour range (very rugged course).

The following clubs were awarded AAU Club-Aid Grants from surplus TV funds in 1970: Men's Clubs - \$1,000: SC Striders, Pacific Coast Club, California TC, Texas Striders, Sports Internat'l, NY Pioneer Club, Philadelphia Pioneer Club, Athens TC; \$750: Univ. of Chicago TC; \$500: Florida TC, United Athletic Ass'n, Baltimore OC, Ann Arbor TC, Mid-America TC; \$300: Rochester TC, Colorado TC, San Diego TC, Penn. AC, Lynchburg TC, New Orleans TC, Shore AC; \$200: Richmond TC, Kettering Striders; \$100: Oakland County (Michigan), Central Jersey TC; \$50: Staten Island, Pittsburgh Walkers, Prairie Striders. Women's Clubs - \$300: Phoenix TC, Cleveland Rec. TC, NY Police AC, Atoms TC, Will's Spikettes, Angels TC, Frederick TC, LA Mercuresses, Sports Internat'l, Denver All-Stars, Lakewood Spartans TC; \$100: Long Beach Comets, Albuquerque TC, North Dakota TC, Colorado Pacers TC, Hawaii Women's TC, Lipke TC, Philadelphia Hawks, Amblers, Kalispell Timberettes, Portland TC, Ozark TC, San Jose Cindergals, Laurel TC, Falcon TC; \$60: Penn. Striders, Suffolk AC, La Mirado Meteors, Austin TC, Central Jersey TC, Houston Astrobelles, Orinda TC, West Texas TC, Hyte Community TC, Indiana State University. Sixty-three out of the ninety-nine clubs that applied received some aid!!

The sum of \$15,000 was allocated to men's clubs and \$5,000 to women's clubs. A sub-committee composed of Heliodoro Rico, Al Post, George Wilson, and Ollan Cassell, met in New York on Oct. 15, 1970 to consider the applications. The applications from women's clubs were further evaluated by Dr. Neil Jackson, the Chairman of Women's Track & Field. The following criteria were considered: the club's need; the type of program it conducts; the number of athletes competing in major championships; and its support of Track & Field in the U.S., etc. \*\* This method of appropriating funds will be a major topic of discussion at the upcoming AAU convention this fall, thanks mainly to the efforts of Bob DeCelle.

Club Only Track & Field Meet: If you belong to a club, hear this! There will be a track & field meet (all standard events, distance event will be 3 miles) on July 10 at Cal-State College in Hayward, beginning at 4:30 pm. No unattached athletes will be allowed to compete. Team scoring will be kept. This meet is an attempt to begin a series of such meets during the regular school year for those athletes that can't normally find places to compete unless they're super-stars. It is also being fostered with the idea of getting athletes interested in clubs. So if you aren't a member of some club now, why not check around and find one. There will be no entry fee and the meet is not AAU sanctioned (but need not be since no fees or awards will be present). For further information, contact Mike Ackley, 6344 Telegraph Ave., Oakland, 94609 (Home phone: 654-5172) (Work phone: LA3-1205).

An addition to the awards to be presented at the Holy City Run (top 100 will receive some form of merchandise award; three senior trophies - not one as stated on entry blank; also one high school trophy).

#### EDITORIALS

As was stated once before in this publication, the great majority of runners seem to enjoy some variety in the awards they receive at races. The usual or course is an array of trophies, medals, ribbons, or certificates. Granted, these types of awards are desirable to some runners, even all runners...but not all the time. Few races in our Association ever offer "useful" prizes. A few exceptions are the Belmont Marathon, the Bay to Breakers, and the West Valley Marathon. There are undoubtedly a few others that I have missed, but it is rather obvious that with at least one race on every weekend of the year, there should be more than three!! In New England it is the rule (rather than the exception) to have merchandise awards for the athletes, donated by local merchants. It may take a little work at first, but I think you'll find that merchants are more than willing to help out in some small way, while others want to go all out. Even if the awards are not worth much in value, they are certainly more useful than a ribbon. Again, I'm not knocking that type of award. I'm just saying there's too much of it.

The West Valley TC is attempting to try something new in its 1971 Holy City Race. We are offering merchandise certificates in addition to merchandise awards. Not only are we giving away complete merchandise awards to the top 15 finishers, but we are also offering discount certificates on running equipment all the way through 100th place. The certificates are mainly for running shoes (from Tom Laris, Running Unlimited; and Don Pickett, Road King Shoes). They are in denominations of from \$1.00 to \$2.00 in 50¢ increments. There will be 60 of these, 20 in each denomination. They can be used like money when purchasing your next pair of shoes (spikes or flats) from either Tom or Don. Everyone uses shoes, right! We felt that this was the ideal merchandise award that everyone could use. Not only are you making the runners happy, but also you're helping out our poor starving shoe salesmen. We feel that other meet directors ought to try the same thing. This way the place medals can be done away with (survivor's medals) at many races, and a runner, even if he isn't very good, can manage to accumulate discount certificates over a few months to help pay for his shoes, either in part or completely. Let us hear from you on this matter.

#### ADVERTISING

UNIVERSITY SPORTS: 2455-S Old Middlefield Way, Mt. View, Ca. Ph. (415) 967-4150. Quality running shoes including ripple-soled shoes: HUMMEL\*NEW BALANCE\*REEBOK\*TIGER. Also, warm-up suits, insoles, socks, laces, travel bags, resoling materials, arch supports, and heel cups. Our hours: 10 to 5 on Tues. thru Fri.; (closed Mondays); 10 to 4 on Saturday.

RUNNING UNLIMITED: (Tiger Distributor) - Pete League has moved back east and his business was taken over by Tom Laris, 407 California Ave., Palo Alto, Ca. 94306 (Ph. 328-4274). With summer road racing upon us, it's time for many of us to reach into our wallets and purchase a new pair of training or racing shoes. Tom has probably just what you need...all sizes...all styles. Tiger is definitely the "in" shoe as far as road racing goes. Take a look at the number of runners wearing them at the next race. RUNNING UNLIMITED also carries shorts, singlets, insoles, running books, carrying bags, spikes, and a variety of other athletic products. If you are a teacher or student, Tom will give you a \$1.00 discount on the retail price of shoes (per pair). Tom is at many of the local races. Why not look him up next time?

NEW ROAD KING SHOES: New brown suede reverse leather style for running and casual wear available in addition to the regular white, two-stripe running shoe. Extra cushion and improved construction minimizes road shock. Why fight blisters and sore tendons? Wear ROAD KINGS! Contact: NorCal Distributor, Don Pickett, 1800 Vistazo West, Tiburon, Cal. 94920. Ph. 435-1117, evenings.

WEST VALLEY MARATHON T-SHIRTS: We still have size XS, S, and M left from our 1971 Regional Marathon at Burlingame. We are selling these shirts, excellent for working out, at cost...only \$1.25, plus 25¢ postage (first class). They are available at most road races and the CSM summer All-Comers meets, or by mail through the editor of this paper. Get yours while they last. Checks payable to the West Valley Track Club.

1970 NORCAL DISTANCE RUNNING ANNUAL: This publication is truly a distance runner's handbook, whether he be in high school, college or AAU...you name it! This Annual is not only a review of the 1970 season, but also a handbook for 1971. It contains the 1970 PA-AAU Cross Country Team; 1970 Highlights, Winners of all 1970 AAU races and their times; 1970 Marathon lists up to 2:50 for open, 3:20 for seniors, and 5 hours for women - all performances by NorCal runners; Sections on seniors, age group, high school, collegiate, women, clubs, even officials and others connected with promoting our sport; a cross section of all our runners with many photos of groups of runners; 1971 Long Distance Schedule; PA-AAU Club Directory, with addresses of all distance and track & field clubs in the Association; advertisements, and much more. A big 80 pages, paperback, (6½ x 8½), almost 100 photographs of runners. Order yours today while they last (250 sold already): Jack Leydig, 603 S. Eldorado St., San Mateo, CA 94402 (payable to West Valley TC) - only \$2.00 plus 25¢ for first class mailing. Choice of yellow or blue cover!

LOOKING FOR MERCHANDISE AWARDS FOR YOUR RACE? Add some variety to your prizes if you're sponsoring a road race or track & field meet. Give subscriptions to the Northern California Running Review (only \$3.50) or NorCal Distance Running Annuals (\$2.00). If you're interested, contact the editor of this paper. Special rates for groups of subscriptions or Annuals. Only \$3.00 for subscriptions on ten or more, \$1.50 for Annuals on 10 or more.

ADVERTISEMENT RATES: Interested in selling your product, notifying others of your race? With a circulation of almost 500 per month, the NorCal Running Review will get results for your ad. Why? Because we advertise to a select group -- runners. Our rates are inexpensive and effectively improve sales for you: 50¢ per line, based on a 7½ inch line, normal type, 12 characters per inch; for reproduction work - 25¢ per square inch for black & white, except 50¢ per sq. in. where half-toning is necessary...that is, shading. The per square inch rate applies to the final size you want your ad (we reduce or enlarge as required). If you desire to simply

enclose an insert (8½ x 11), the rate is \$15.00 per page (one or two sides). Send about 400 to 500 inserts for a month. The photos you send should be good contrast, preferably black and white. All checks payable to West Valley Track Club. Send to editor.

#### BEALE & CRUTCHLOW BEAT ARCADIA TO ALASKA

Look out, here comes the Ketchikan Express!! Too bad no one thought of this back in the days of the pony express (if they only had freeways). -- Daring to race a steamship over approximately 2000 miles between San Francisco and Prince Rupert, B.C. (they flew into Ketchikan...no roads and lots of water between) seems like a rather absurd thing to be doing. But...it was there!! So, San Francisco's own Pax Beale and his mate Ken Crutchlow of England took off on a long, long race. The point of the whole thing... to beat the steamship Arcadia (30,000 tons at that) from San Francisco to Ketchikan, Alaska. But it wasn't all that hard; after all it turns out they didn't try to outrun the ship. Instead they used racing bikes, alternating relay style about every four hours. They were accompanied by Elaine Pedersen, Brooks Townes, and another unidentified woman. They, of course, were not on bike, but had the job of driving a large van-camper about two feet in front of the racers at speeds up to 60 miles per hour...all with the purpose of breaking the wind and creating a semi-vacuum to such along the bike. It worked remarkably well as they frequently made speeds of 36-38 mph on level freeways. They even made a special rear end for the van so as to create more suction.

The entire trip took five days, two hours, and seven minutes...and the two not only beat the Arcadia...they literally destroyed it! The Arcadia pulled in some 10 hours behind, thoroughly defeated. The two carried \$1700 in bicycle parts, including 22 spare tires, most of which they used. One of the \$400 racing bikes (they took two) was demolished at a gas station when the van backed over it. They constructed a new one from spare parts.

Not only did they have to contend with the elements and fatigue, but also with the police, who stopped them a total of 18 times on freeways...the first time just out of San Francisco near Mill Valley. But the clever-talking Beale and Crutchlow managed to talk their ways out of each incident. The risky part, says Pax, was chugging along at top speed, not knowing when you were going to hit a rock or pothole. Imagine taking a spill at 60 miles per hour. Traveling only a few feet off the bumper also called for some mighty quick reflexes in case of a sudden stop. But they only incurred seven accidents along the way, none serious enough to stop them, and made disbelievers out of practically everyone, including themselves. For their efforts, the entire crew got a free return journey home on none other than the Arcadia, and \$1600 to boot. -- For a more detailed account of their journey, call Pax or Ken.

#### PACIFIC ASSOCIATION PORTRAIT

Meet Don Kardong: Bellvue, Wash. (Stanford Univ./West Valley TC). 6'3", 137 lbs., 22 years old, born Dec. 22, 1948 (Kirkland, Wash. Single). Began running in sophomore year in high school (1964 cross country). No extensive layoff except track season 1969 when I was overseas. Coached by Marshall Clark (Stanford Univ.). Just graduated from Stanford Univ.

TRAINING: I train twice a day, every day except Sunday when I do one long run. I've been running 10 months a year, but should be up to 12 months (or even 13) this year. I run 100 miles a week or 85, depending on whether I'm competing. During cross country I stay off the track, do long intervals, and overdistance; during track I do short intervals or long intervals two to three times a week on the track. Longest ever training run - 25 miles.

BEST TIMES: 880 - 1:53.2, mile - 4:03.3, 2 mile - 8:37.6, 3 mile - 13:20.8, 5 mile - 28:52.8. Favorite frequency of competition every three weeks. Favorite distances: 2-3 miles at present.

DESCRIPTION OF TRAINING & RACING: Basically I have no consistent training method. Anything that seems like it might help is warmly welcomed into my training schedule, such as overdistance, speedwork, interval training, fartlek or whatever, and this keeps me from getting stale. I like to get in 100 miles a week so I can impress the girls, but it doesn't seem to be working real well, so I may have to up my mileage to 120 or more in the future. My primary race strategy in the big races has been to hang back, run steady, and pick off the guys who have tried to stay with Prefontaine. This has worked fairly well, but it always leaves me second and I'm getting tired of it, so I've found myself taking the lead more often recently.

With Don's new found speed, he should be flirting with 4 minutes in the next year or so. His good speed, combined with a reservoir of endurance, makes him a threat at any middle distance to distance race. His two third places in cross country last year (NCAA and AAU) prove this out. Don usually can peak for the right races, and his 13:20 in the Pacific Eight Meet, only a few seconds behind Prefontaine, bears this out. Now that he has graduated from college, he plans to enjoy life for awhile and live in Palo Alto for a year or so.

#### WEST VALLEY PORTRAIT

Chuck Mork is 18 years old and is currently a senior at Washington High School (Fremont). His present address is 38359 Alta Drive in Fremont (Ph. 797-7799). Next fall Chuck will be attending North Texas State University on a full athletic scholarship. He has a 3.3 grade point average and will major in Chemistry while attending college.

Chuck joined West Valley about a year and a half ago and has been rapidly improving during that time. After a disappointing track season his junior year (he was injured shortly after indoor season), he returned to do well last cross country season, winning the North Coast Section title. This year he went on to place 10th in the California State Meet 2 mile with a 9:16. Chuck's best times are: 1500m - 3:58.0, mile - 4:19.6, 2 mile - 9:12.3. His best cross country race was in his junior year when he finished second in the NCS Finals over 3 miles in 14:17. Tom Hale was the winner. Although not an experienced road racer, Mork plans on doing some casual racing this summer. He placed in the top 50 in the Bay to Breakers race his soph year and has also done well in several other area races.

Chuck feels that he has two most exciting moments in his running career. The first came when he won the Sacramento State Invitational (Frosh division). This was his first win, and after that he really dedicated himself to running well. His other thrill came in the 1970 trials for the Athens Indoor Meet in the mile. He and Tom Hale ran stride for stride over the last 100 yards. Both dove for the tape and fell to the track. Chuck came out the winner; his first victory over Hale. Both were timed in 4:19.6.

Chuck's plans for the near future are to do well in college, both in running and studies. He should do well in both as his times and grades indicate. As for the future beyond that, "I suppose any runner with any ability dreams of competing in the Olympic Games. I'm no exception." It should be interesting to see how Chuck progresses as a college frosh in the longer 4 to 6 mile races. These may be his better distance since he has little basic speed. At any rate, a bright future seems certain.

Don Ramos is 31 years old, married, and has two children: Mark (8) and Paul (1½). He currently resides at 1531 Guadalajara Drive in San Jose (Ph. 269-2163) and is employed as Fire Captain for the City of San Jose, assigned to the training division. He also teaches part time at San Jose City College. He attended Sacramento City College and San Jose State, receiving a degree in Physical Education from the latter in 1964.

Don was a top sprinter in the late 50's and early 60's with times of 9.6 in the 100, 20.9 in the 220, and 46.6 (46.9) for 400 meters and 440 yds. respectively. He has also long jumped 22-11 and high jumped 5-10½. He racked up 6543 points in the decathlon in 1959. In 1966 he tried race walking and did a mile in 7:39.6. Currently he is competing "semi-seriously". Last year he took second in the PA-AAU Pentathlon Championships. Before coming to West Valley this year, Don competed for the Santa Clara Valley Youth Village from 1960 to 1964.

According to Don, every race gives him an "exciting moment" of one sort or another. To single out one, it would be the 46.9 win in the California State Junior College 440, tying the National record at the time. His association with the track and field

program, with his teammates, and coaching have provided Don with many other exciting and rewarding moments.

His current training program is working quite well. All his repetitions are run with one goal in mind --- form and relaxation. "I am not pushing in my workouts. I am hoping that my times will come down gradually without having to push." His immediate goals center around the long range preparation for "seniors" or "masters" competition. "I intend to compete actively in the masters program, but the next few years will be spent in enjoyable preparation for this time. An immediate goal is to compete (well I hope) in the National AAU Pentathlon in San Diego in August."

**SPECIAL NOTE:** There will be no regular Point Race scoring for road racing in this issue. We are missing several race results over the past month and will wait until our July issue for the next point standings.

#### LONG DISTANCE SCHEDULE

**Note:** All runs listed below are sanctioned AAU events except those specified as DSE Races. These are strictly run-for-fun events that are sponsored by the Dolphin/South End Runners of S.F. Some of the races listed are out of the PA-AAU, and are designated as such by an asterisk (\*).

- Jun 26 - 8 Mile Race, Redding, 10 am. Greater Redding Chamber of Commerce, c/o John Gray, 4220 Oro St., Redding, Cal. 96001.
- Jun 27 - Holy City 9 Mile Road Race, Holy City (nr. San Jose), 9:30 am. West Valley TC, 603 S. Eldorado St., San Mateo, CA 94402.
- Jul 3 - Bunion Derby, Fresno, 3 mi. (\*).
- Jul 4 - Second Annual Hangtown Road Race, 5 $\frac{1}{4}$  mi., Placerville, 9:30 am. Recreation & Parks Dept., P.O. Box 872, City Hall, Placerville, CA 95667.
- Jul 4 - Telegraph Hill Run, 3 mi., 10 am. (DSE Run)
- Jul 9 - Runner's World 24 Hour Relay, Foothill College, Los Altos, 8 pm. Runner's World Magazine, P.O. Box 366, Mtn. View, CA 94040.
- Jul 10 - Redwood Empire Marathon, Arcata, 9 am. Jim Hunt, Track Coach, Humboldt State College, Arcata, CA 95521.
- Jul 11 - 9 Mile Road Race, Felton, 9 am. Felton Businessmen's Ass'n, P.O. Box 458, Felton, CA 95018.
- Jul 11 - Men's and women's relay, 3 mi., 10 am. Stow Lake in Golden Gate Park, S.F. (DSE Run)
- Jul 11 - Calgary Stampede Marathon, Calgary, Alberta, Canada, 5 pm. Ron Read, 2323 Sumac Road N.W., Calgary 42, Alberta, Canada. (\*)
- Jul 18 - 15 Mile Handicap Race, Ft. Baker, Marin County, 10 am. NCSTC, Emmett Smith, 2766 Summit Dr., Hillsborough, CA 94010.
- Jul 24 - 9 Mile Road Race, Tiburon, 9 am. Marin AC, Jeff Kroot, P.O. Box 267, Lagunitas, CA 94938.
- Jul 31 - Half Moon Bay to Belmont Marathon, 9:30 am. Belmont Recreation Ass'n, Belmont, CA.
- Jul 31 - Big Meadows Run, 10 Miles. Contact Wayne Van Dellen, 498 Castle Rock St., Woodlake, CA. (\*)
- Aug 1 - Presidio Run (starts at Presidio Gate), 5 mi., 10 am. (DSE Run)
- Aug 1 - Evergreen Marathon, Pullman, Wash., 8 am. Jim Dunne, 2000 North State St., Pullman, Wash. 99163 (\*)
- Aug 7 - PA-AAU One Hour Run Championships. Mt. Tamalpais High, Mill Valley, 5 pm. Peter Mattei, 1000 North Point, S.F. 94109.
- Aug 8 - Practice Dipsea Run, Mill Valley to Stinson Beach, 6.8 mi., 10 am. (DSE Run)
- Aug 14 - PA-AAU Lake Tahoe Relay, 72 miles (7 men), 9 am. Only clubs, schools, or service teams. Peter Mattei, 1000 North Point, S.F.
- Aug 15 - Practice Dipsea Run, Mill Valley to Stinson Beach, 6.8 mi., 10 am. (DSE Run)
- Aug 15 - Pikes Peak Marathon, Colorado Sprgs., Colo., 7:30 am. Rudy Fahl, 2400 West Colorado Ave., Colorado Springs, Colo. 80904. (\*)
- Aug 21 - Mt. Misery 8 Mile Run, Placerville, 10 am. Hangtown Harriers, Ernie Marinoni, 5101 Newtown Rd., Placerville, CA.
- Aug 22 - Pierce Pt. Ridge Run, 8.5 mi., Pt. Reyes Natl. Seashore, noon. Marin AC, Jeff Kroot, P.O. Box 267, Lagunitas, CA. 94938.
- Aug 28 - 3rd Annual Golden Empire XC Run, Nevada County Fairgrounds, Grass Valley, 6 pm. (Age groups, men and women). Contact Nicholas Vogt, Star Route, Smartville, CA (273-4711) for men; Don Wimer, Burma Rd., Grass Valley, CA (273-4343, or 273-3334).
- Aug 28 - 24 Hour, 10 Man Relay, Laton. Richard Peterson, P.O. Box 206, Laton, CA. (\*)
- Aug 29 - 61st Annual Dipsea Race, 6.8 mi., Mill Valley, CA., 10 am. Mill Valley Jaycees, Mill Valley, CA 94941.

#### TRACK & FIELD SCHEDULE

- Jun 25 - PA-AAU Men's Decathlon Championships (two days), San Jose CC. Don Ramos, 1531 Guadalajara Dr., San Jose, CA 95120 (269-2163).
- Jun 25 - Natl. AAU Track & Field Championships (Pan-Am Trials), Eugene, Ore. (2 days).
- Jul 2 - U.S. vs. U.S.S.R. vs. World Track & Field Meet, UC Berkeley, 4 pm. (2 days).
- Jul 10 - Club Only Track & Field Meet, Cal State Hayward, 4:30 pm. Mike Ackley, 6344 Telegraph Ave., Oakland 94609 (sign up at meet).
- Jul 11 - Armenian Olympics, Chabot College, Hayward., 1 to 5 pm. Contact PA-AAU, 942 Market St., Suite 601, S.F. 94102 for more info.
- Jul 31 - PA-AAU Pentathlon Championships, (men), San Jose CC; Don Ramos, 1531 Guadalajara Dr., San Jose, CA 95120 (269-2163).
- Aug ?? - National AAU Pentathlon (Men's) Championships, San Diego. For more information contact Don Ramos (see previous line).
- Sept 2 - Police Olympics (3 day meet), San Francisco (??). Contact PA-AAU, 942 Market St., Suite 601, S.F. 94102.

**All-Comers Meets:** As far as we know of so far, there are three All-Comers Track & Field Meets scheduled for this summer. At the College of San Mateo, these meets will start at 11:30 am, each Saturday except July 3 through August 14. Special events may be staged (relays, walks, age group, women, etc.) but a sufficient number of athletes (I don't know how many that means) must be interested and the meet director should be contacted in advance (Harry Young, 2120 Adeline Dr., Burlingame, CA 94010). \*\*\* A series of All-Comers meets will also be conducted at San Jose City College on Mondays (16 years and under) and Tuesdays (17 years and over) from 6 pm to 9 pm both evenings. The Monday night meet will be for boys and girls. For more information, contact Bert Bonanno, Track Coach, San Jose City College (Ph. 298-2181, ext. 227). \*\*\* Another series will be conducted at Foothill College on Thursday evenings at 6 pm, but temporarily will be held at DeAnza College while the new track is being laid at Foothill. The San Jose CC meets will go through August 9-10. No information at present on the Foothill-DeAnza closing date. \*\*\* If your area has an All-Comers series for the summer, let us know about it for next issue. We'd like to keep our readers informed of all possible meets.

#### AGE GROUP. SENIOR, WOMEN'S SCHEDULE

- Jun 27 - Junior Olympics Championships, Univ. of Nevada, Reno, contact Dick Ellis, 2 day meet.
- Jul 2 - 4th Annual US Masters Track & Field Championships, Balboa Stadium, San Diego (3 day meet with 20 km. walk & marathon to be held on July 4 at Mission Bay, San Diego), contact Ken Bernard, P.O. Box 10512, San Diego, CA 92110.
- Jul 9 - Women's AAU Championships, Bakersfield, CA (2 day meet).
- Jul 19 - Northwest Seniors Marathon, Gresham, Oregon (Mt. Hood).
- Aug 12 - AAU Junior Olympics, Air Force Academy, Colorado Sprgs., Colorado.

Please send us notice of any meets in your area. We should have more of a schedule in this section, but we haven't been getting much help either. It's free advertisement for your meet.

#### RACE WALKING

- Jul 4 - Natl. AAU Jr. 10 km. Championships, Denver, Colorado.
- Aug 22 - Jr. Natl. AAU 20 km. Championships, Santa Monica, Calif.

\*\*\*For further information concerning race walking, contact Bill Ranney, One Barker Ct., Fairfax, CA 94930 (Ph. 456-2641). We are lacking results for many recent walks as well as practically all scheduling. We have at least 8 to 10 walkers who regularly receive the Review. At least one of you could send us meet information and results. We are making an attempt to promote your sport, but we are getting very little help. Enough said...how about some help, quick!!

Ranney edges Hanley for Modesto Relays Title: (May 29) - Athens TC ace Bill Ranney and SC Strider Jim Hanley walked stride for stride for two miles and hit the tape almost simultaneously with Ranney getting the nod. Bill had a 14:19.0 to Jim's 14:19.1, but on TV it looked like they should have had the same time. Jerry Lansing was far behind in third, but did well considering he's still a novice in high school. He beat Bentley of the Stockton Walkers by a good margin (15:58.0 to 16:06.0.)

Laird beats Ranney in Kennedy Games 5000: (June 5) - Ron Laird had his hands full the entire way as Bill Ranney, walking very well as of late, came close to upsetting Ron, although the winning margin was fairly comfortable. Ron had 22:56.2 to break Ranney's meet record of 23:40.8 set last year. Bill did a splendid 23:03.0 today. Next came Tyrer (SC Striders) 23:14.4, Jim Bean (Stockton Walkers) 23:24.5, Steve Lund (unatt.) 23:30.6, Jerry Lansing (Athens TC) 24:02.8, Bentley (Stockton Walkers) 25:39.0, and Roger Duran (SJ Yearlings) no time. To give you an idea of how race walking is improving, five competitors broke Ranney's record.

Dooley & Klopfer lead way to Athens TC victory in AAU Sr. 20 Km. Championships: (May 23, San Francisco, Golden Gate Park) - In what was surely one of the strongest mass finishes in history for U.S. walkers, Athens TC's Tom Dooley and Goetz Klopfer battled it out most of the way with Dooley slowly pulling out a 20 second victory (1:32:18 to 1:32:38). The top 10 were under 1:39. Bill Ranney finished seventh to assure Athens the victory over the New York AC. Larry Young of Missouri was a good minute back of Goetz in 1:33:34, followed by (4) Ron Laird - 1:34:26, (5) John Knifton - 1:35:08, (6) Floyd Godwin (Colo) - 1:35:13, (7) Bill Ranney - 1:35:42, (8) Karl Merchenz (Colo) 1:38:07, (9) John Kelly (40+) 1:38:17, (10) Gary Westerfield - 1:39:58, (11) Ron Kulik - 1:39:32, (12) Bob Bowman - 1:39:42, (13) Todd Scully - 1:39:47, (14) Bob Henderson - 1:39:51, (15) Neil Amstutz - 1:40:06, (16) Geiver - 1:40:06, (17) Jim Bean - 1:41:29, (18) Jim Hanley - 1:44:05, (19) Steve Merrilees - 1:44:08, \*\*\* Disqualified: Dave Romansky, Ron Daniel, Greg Diebold.

Late Flash: Athens AC was second in the Senior Natl. AAU 50 Km. Championships held in New Jersey on June 12. New York AC won. No individual results are available at presstime. If someone has these results, please send them to us immediately.

#### WOMEN'S RESULTS

Marilyn King Wins PA-AAU Women's Pentathlon: (May 8, Millbrae) - Winning 4 of the 5 events, the Millbrae Lions' Marilyn King easily took the PA-AAU Pentathlon Title with a good 4080 points. She did 14.9 in the 100m hurdles, 34-11½ in the 4 kg. shot, 17-2¼ in the long jump, and 26.1 in the 200 meters for her four firsts. Her 4-8 in the high jump was good enough for a fourth place tie. Second place went to R. Albers of the San Leandro TC with 3771 points (15.4, 30-1, 4-8, 16-5, 27.1) and then T. Seydel (Salinas Valley TC) with 3697 (15.7, 23-5 ¾, 5-0, 16-7, 27.1) and J. Orlando (Nov) (17.1, 29-8½, 4-6, 14-7, 28.3). L. Sharp (SJ Yearlings), H. Smith (RC Striders), and T. Seydel, tied for first in the high jump at 5 feet even. In reviewing the results sharp, it appears that Sharp was actually fourth instead of Orlando (fifth), although the result sheet shows otherwise. Miss Sharp had marks of (17.8, 34-0, 5-0, 15-3, and 27.1) to score 3647 points, well ahead of Miss Orlando. Only other competitor to score over 3000 points was H. Smith (3010).

Crawford Wins PA-AAU 12-13 Age Group Pentathlon: (May 8, Millbrae) - While only winning one in five of the Pentathlon's events, Miss Crawford managed to be consistent enough to come out ahead in the PA-AAU Girls (age 12-13) Pentathlon Championships. Her lone victory came in the 200 meter dash (27.4). Top marks came from Lisa Pierce (San Leandro TC) 7.9 in the 50 yd. highs; Tina Muck (Roseville TC) 32-7 in the 6 pound shot; Diane Stewart (Diablo Valley TC) and L. Kinimaka (San Jose Cindergals) at 4-10 in the high jump; Kinimaka (SJC) 14-11½ in the long jump; and Crawford (SJC) 27.4 for 200 meters. Miss Crawford's score of 3406 would have placed her fifth in the women's meet. Lisa Pierce had a close second with 3333 and Diane Stuart wasn't far back with 3352. Miss Crawford put together marks of: 8.2, 26-10 ¾, 4-8, 14-11, and 27.4.

San Jose Cindergals edge Will's Spikettes for PA-AAU Championship: (May 22, Millbrae) - The San Jose Cindergals barely edged out Will's Spikettes (50-47) to claim the PA-AAU Girls Division Championship at Mills High School. The Millbrae Lions were third with 38 points. Top mark of the day was most likely Eileen Claugus' 4:52.3 mile. She also doubled and got a 2:14.9 for second in the 880. Top 3 finishers in each event: 100: Myra Albrecht (Del Norte) 11.0, Doris Scott (Laurel) 11.4, Joan Kendall (Orinda) 11.5; 220: Albrecht 24.9, Collete Winlock (Cordova Dusters) 25.2, Cathy Hardeman (MLTC) 25.6; 440: Linda Wooten (SJ Cindergals) 56.4, Diane Yost (Cordova) 56.7, Carol Music (Lassen) 59.0; 880: Kim Miller (SJC) 2:14.0, Claugus (Will's Spikettes) 2:14.9, Sandy Langan (WS) 2:17.7; Mile: Claugus 4:52.3, Jackie Dixon (SJC) 5:03.2, Langan 5:11.5; 80 Hurdles: Janet Benford (Laurel) 10.6, Rhonda Albers (San Leandro) 11.1, Yvonne Richardson (Lassen) 11.4; Disc: Lane (Roseville) 124-1, Tracy Lucas (MLTC) 123-9, Nelson (SLTC) 116-3; LJ: Albrecht 19-5½, Albers 17-8½, Music 17-8¼; HJ: Henne Smith (RC Striders) 5-0, K. McQuillan (WS) 4-10, K. Loftin (Del Norte) 4-10; SP: D. Nelson (SLTC) 39-11, Lane (Roseville) 39-0, Dotti Trimble (MLTC) 38-1; Jay: Kockinis (unatt.) 135-8, Karen Dunn (United San Juan) 125-2, Karen Allenby (MLTC) 106-0; 440R: Ravenswood Julliets 49.7, Richmond Half Steppers "A" 50.1, Laurel TC 50.1; 880 Med R: Cordova Dusters 1:49.2, Ravenswood Julliets 1:51.8, Lassen 1:52.3; Mile R: San Jose Cindergals "A" 4:05.1, Redwood City Striders 4:07.9, Millbrae Lions "A" 4:12.3. \*\*\* Outstanding single performer was Del Norte's Myra Albrecht who won the 100, 220 and long jump, all by decisive amounts.

#### AGE GROUP RESULTS

Results of Portola Valley School Track & Field Invitational: (May) - This year's addition of the meet provided some fine individual performances by many of the athletes entered. The meet is for 8th graders (age 13-14). Mike Kinsey of Tierra Linda (San Carlos) won the Outstanding Athlete trophy for his win in the 75 yard dash, fifth in the shot, and contributions to the relay teams. Hart Ezell of Woodside also performed well with a victory in the shot, third in the high jump, and strong legs on both relays. For Portola Valley however, depth paid off as they easily won the meet with 128½ points to Tierra Linda's 31½ and Woodside's 29. Bruce Anderson of PVS won the 880 for the second straight year, winning last year as a 7th grader. Conner Taylor scored a fine mile-880 double. Results: 440R: PVS-54.8, TL-55.9, W-58.3; Mile: Taylor (PV) 5:17.7, Mangini (W) 5:22.5, Silva (PV) 5:29.7; 75: Kinsey (TL) 9.3, Harris (PV) 9.5, Allen (TL) 9.5; LJ: Robertson (PV) 15-11, Schreck (PV) 15-5, Palmer (PV) 14-6; 440: Browne (PV) 62.5, McLaughlin (PV) 64.1, Woodward (PV) 64.3; 880: Anderson (PV) 2:25.4, Taylor (PV) 2:31.4, Daggett (W) 2:33.6; SP: Ezell (W) 46-10, Walter (PV) 46-7½, Kobayashi (TL) 41-6; 1½ Mile: DeAguero (PV) 8:13.3, Schreck (PV) 8:28.9, Lease (PV) 8:42.8; HJ: Johnson (PV) 4-11, Chabot (PV) 4-10, Ezell (W) 4-7; 880R: PVS-1:54.2, TL-1:56.1, Woodside-2:06.8; IJ: Paddleford (PV) 32-10¼, (tie) Buckley (TL) and Palmer (PV) 32-2.

Note: Anyone that can send us the results of the Junior Olympics in Reno (June 27), please do so. Our age group results have been lacking as of late and we'd like to do a better job. We can't promise to print everything, but we'll at least put in the top marks recorded by any age group athlete.

## HIGH SCHOOL RESULTS

**North Coast Section Finals:** (Santa Rosa, May 22) - Berkeley High School emerged as the team victor in the star-filled NCS field at Santa Rosa. Berkeley had 24 points to runnerup Richmond's 21 and third place El Cerrito's 19. Pleasant Hill had 18½ and then the points dropped way off. In the "B" Class scoring, El Cerrito edged Pittsburg, 23½ to 23, with Montgomery (Santa Rosa) with 16 in third. In the varsity competition, Mike Shavers of Albany High equalled a national sophomore record when he blazed to a 9.5 clocking to win the 100. Local fans received a disappointment when Joe DeDora was disqualified from the 100 field for two false starts in the trials. However, he came back to set an NCS record of 48.0 in the 440. In the mile, the big favorites of the race were Genschmer of Sunset, Cowan of Ygnacio Valley, Solomon of Monte Vista, and Collier of Tamalpais. Right from the gun Butch Alexander, who had the 7th best previous time (4:27.4), took a big lead. He held it until 2½ laps when Vian Collier caught him and held a slight lead until the final lap. Both lost the lead on the final turn as Rich Cowan sprinted into the lead and held it down the backstretch. Collier managed to stay ahead of Alexander for second, and favored Ron Genschmer took 4th for the last State place. In the two mile, the only tight race was for the final qualifying spot for the State Meet. Going into the final lap it was Palmer and Arago in a head to head battle. Arago had enough left to overtake Palmer going down the backstretch and hold on for fourth. Tom Hale, with a good 9:11, took command right from the start and outlasted Chuck Mork, who chopped a second off his best time. The State Meet qualifiers and their times: 100: Shavers (Albany) 9.5, Brown (Pittsburg) 9.5, Burns (El Cerrito) 9.7, Walker (Berkeley) 9.7; 220: Shavers 21.3, Brown 21.4, Burns 21.8, Isola (Pleasant Hill) 21.9; 440: DeDora (Santa Rosa) 48.0, Wilson (Sunset) 49.5, Rhodes (Pittsburg) 49.6, Cole (Pinole Vly) 50.0; 880: Scott (El Cerrito) 1:52.9, See (Del Valle) 1:53.7, Guischard (Del Valle) 1:54.1, Chappell (San Marin) 1:54.5; Mile: Cowan (Ygnacio Vly) 4:19.1, Collier (Tamalpais) 4:19.5, Alexander (Sonoma) 4:20.2, Genschmer (Sunset) 4:21.4; 2 Mi: Hale (Campolindo) 9:10.5, Mork (Wash. Fremont) 9:12.3, Anderson (Ygnacio Vly) 9:21.7, Arago (Tamalpais) 9:22.9; 120HH: Hamilton (Richmond) 14.0, Wallace (Hogan) 14.2, Porter (Vallejo) 14.2, Chambers (Pleasant Hill) 14.4; 180LH: Hamilton 19.3, Porter 19.5, Myers (Piedmont) 19.6, Chambers 19.9; 440R: Berkeley 42.1, Pinole Vly 42.2, El Cerrito 42.3, Pleasant Hill 42.4; Mile R: Richmond 3:19.9, El Cerrito 3:21.6, Kennedy (Rich.) 3:21.8, Santa Rosa 3:23.0; LJ: Cleghorn (Berk.) 23-4, Butler (Pittsburg) 22-7, Rodriguez (Wash. Fremont) 22-7, Schlette (Tamalpais) 22-5; HJ: Miller (Pleasant Hill) 6-8, Viera (DeLaSalle) 6-6, Barnes (Berk.) 6-6, Zimmer (Castro Vly) 6-4; SP: Godsey (McKinleyville) 60-0¼, Turner (Sunset) 57-7 ¾, Coffey (Eureka) 57-3 ¾, Gifford (Berk.) 55-8¼; Disc: Gunther (Campolindo) 176-3½, Cowl (Castro Vly) 168-3½, Smith (St. Helena) 165-10½, Haluchak (Concord) 159-1½; IJ: Reed (Kennedy, Rich.) 46-10½, Miller (Pleasant Hill) 45-1¼, Wilson (Berk.) 44-7, Robertson (Tamalpais) 44-7; PV: Cain (McKinleyville) 14-0, Watson (Newark) 13-9, Garbarino (DeLaSalle) 13-6, Doshier (Alameda) 13-6.

**Central Coast Section Finals:** (San Jose, May 29) - With Cupertino scoring heavily in the horizontal jumps, thanks mainly to Conway, this South Peninsula team came out a one point victor over Awalt (18-17), with Crestmoor getting 14 for third. In the Frosh-Soph competition, Aragon High emerged the victor over Serra and Silver Creek (25½, to a 21 point tie). Strangely enough, both Aragon and Serra are only ½ mile apart in San Mateo, with Serra being a Catholic school. The top three finishers went to State. The top five finishers in each event are listed: IJ: Conway (Cupertino) 49-5, Krebs (Gunn) 46-11 ¾, Thorpe (Cupertino) 46-0¼, Triplett (Branham) 45-10 ¾, Hall (Carlmont) 45-0 ¾; 440R: Monterey 42.6, Ravenswood 42.8, Sunnyvale 43.0, Seaside 43.0, Camden 43.2; 120HH: Wright (Silver Creek) 14.5, Webb (Hillsdale) 14.6, Oravillo (Sequoia) 14.6, Jones (Woodside) 14.6, Roesky (Homestead) 14.6; 880: Tyrrell (Saratoga) 1:52.2, Carlson (Westmont) 1:52.2, Morales (Gilroy) 1:54.2, Hicklin (Crestmoor) 1:55.2, Verrett (Awalt) 1:56.4; 100: Bommarito (Crestmoor) 9.8, Harris (Seaside) 9.9, Green (Harbor) 10.1, Royster (Monterey) 10.1, O'Sullivan (Riordan) 10.1; SP: Aldrich (Fremont) 59-5½, Mannon (Los Gatos) 58-9½, Gharadi (St. Ignatius) 55-0, Lloyd (Lick) 54-11, Flores (Gilroy) 54-9½; Disc: Overton (Los Altos) 184-9, Pfandl (Awalt) 171-10½, Buss (Gunn) 170-2, Courson (Del Mar) 168-5½, Setoga (SSF) 166-5; 440: Brown (Sunnyvale) 48.2, Cooper (Piedmont Hills) 48.7, Gonzales (Branham) 49.2, Payne (Seaside) 49.4, Legg (Woodside) 49.8; 2 Mi: Ebert (Willow Glen) 9:08.8, McConnell (Soquel) 9:16.3, Templeman (Carlmont) 9:19.6, Jameson (Watsonville) 9:21.2, Manriquez (Mt. Pleasant) 9:27.4; LJ: Conway 23-5, Lear (Alisal) 22-7, Thorpe 22-0, Jones (Woodside) 21-11, Lewis (S. Clara) 21-11; HJ: Kahn (Mills) 6-4, McCaskey (Piedmont Hills) 6-4, Disalvo (Willow Glen) 6-4, Kermabon (Oceana) and Radovich (S. Clara) tied at 6-3; 180LH: Skillman (Carlmont) 18.9, Oravillo 19.1, Wright 20.0, Washington (Salinas) 20.0, Ray (Los Gatos) 20.1; 220: Bommarito 21.4, Brown 21.8, Harris 22.1, Rushton (Monterey) 22.1, Snyder (SSF) 22.4; Mile: Chamness (Awalt) 4:14.2, Schaecher (Branham) 4:14.8, Montoya (Burlingame) 4:16.0, Miller (Carlmont) 4:18.0, Noyes (Soquel) 4:18.3; Mile R: Awalt 3:22.7, Lick 3:23.1, Camden 3:23.2, Saratoga 3:23.4, Piedmont Hills 3:24.0; PV: Martin (Camden) 15-6, Dempster (Carlmont) 14-0, Calvert (Del Mar) 13-6, Lynn (El Camino) 13-6, Garibaldi (Palma) and Young (Bellarmine) tied at 13-0.

**State Championships:** (Los Angeles, June 5) - Hamilton of L.A. won the C.I.F. Track & Field Championships, but Northern California schools did well also. Admittedly, the showing was not as good as Los Altos managed last year, but nonetheless it was strong. Hamilton scored 13 points and Lompoc had 11. Then came El Cerrito and Crestmoor with 10 apiece to tie for third with another Southern school, Newport Harbor. Only other NorCal teams to break into the top 15 teams were Edison of Fresno and Castlemont, who tied for 13th with five other schools (6 points). Top individual performance was by Crestmoor's Chuck Bommarito, who won the 220 in a wind aided 21.2 and took second in the 100 at 9.6. Below are listed the top five in each event. We are attempting to get a complete copy of the results in order to list as many NorCal performances as possible in next issue: 440R: El Cerrito (Gaines, Watson, Smith, Burns) 41.1 (meet record), Fremont (LA) 41.3, Crenshaw (LA) 41.4, San Diego 41.5, Hamilton (LA) 41.6; Disc: Otto (Porterville) 184-9, Overton (Los Altos) 182-0, Gunther (Campolindo) 177-0, Falo (Balboa, SF) 176-9, Buss (Gunn) ??; PV: Quinn (Monroe, LA) 16-2, White (Dominguez, Compton) 15-2, Martin (Camden) 14-10, Mooers (Valencia, Placentia) 14-10, Curran (Crespi) 14-10; 880: Keeling (Morningside, Inglewood) 1:51.8, Scott (El Cerrito) 1:52.0, Niems (Crenshaw, LA) 1:52.2, See (Del Valle) 1:52.5, Heinsen (Glendora) 1:52.3; 100: Reddick (Hamilton, LA) 9.6, Bommarito (Crestmoor) 9.6, Ruffin (Eisenhower, Rialto) 9.7, Thomas (Hamilton, LA) 9.7, Brown (Pittsburg) 9.8; 120HH: (wind-aided) Jackson (Lompoc) 13.6, Chazio (Locke, LA) 13.7, Mosley (Bakersfield) 13.8, Bartholomew (Fremont, Oak.) 14.2, Cheadle (Dos Pueblos, Goleta) 14.2; 2 Mi: Fleet (Clairmont, San Diego) 8:53.8 (meet record), Innes (Upland) 8:54.4, Amaya (Wilson, LA) 8:54.4, Hale (Campolindo) 8:57.2, Mendoza (Helix, San Diego) 9:00.8, Schmulewicz (Lincoln, S.F.) 9:03.6; 440: Krzyzosiak (Garden Grove) 46.7, Johnson (Blair, Pasadena) 46.8, Berry (Wash. LA) 47.1, Brown (Sunnyvale) 47.2, Harrell (Santa Ana) 47.3; LJ: (Wind-aided) Williams (Edison, Fresno) 26-3 ¾, Brown (Long Beach, Poly) 25-6 ¾, Krzyzosiak (Garden Grove) 23-11 ¾, Baxter (Loara, Anaheim) 23-10½, Jackson (Lompoc) 23-6½; SP: Stevens (Newport Harbor) 67-2½ (meet record), Albritten (Newport Harbor) 65-5, Cross (Crespi) 62-9½, Mannon (Los Gatos) 61-9¼, David (Camarillo) 61-4½; 220: Bommarito 21.2 (Wind-aided), Thomas 21.3, ???, Shavers (Albany) 21.5, Jackson (Centennial, Compton) 21.5; 180LH: Mosley 18.5 (wind-aided), Jackson 18.5, Alexander (Hoover, Fresno) 18.6, Hamilton (Richmond) 18.6, Myers (Piedmont) 18.7; Mile: Tubb (Cleveland, LA) 4:09.6, Cummings (Rihette, Santa Maria) 4:10.8, Marshall (Redondo) 4:11.6, Harper (Clairemont, San Diego) 4:12.3, Nicholas (Reedley) 4:13.3; Mile R: Castlemont (Oakland) (Roberts, Morgan, Curry, Rodgers) 3:13.2 (meet record), West Bakersfield 3:14.9, Dominguez (Compton) 3:15.2, Morningside (Inglewood) 3:16.4, Washington (LA) 3:17.0; HJ: Stones (Glendale) 7-1½ (Nat'l. Record), Elders (Fresno) 6-9, Kotinek (Millikan, Long Beach) 6-9, Miller (Pleasant Hill) 6-9, Bartholomew (Fremont, LA) 6-8.

**Krebs, Martin & Hale do well at All-American Meet:** (Chicago, June 12) - Randy Lightfoot of Plainview, Texas set a new Interscholastic record of 13.4 in the 120 highs, and Marshall Dill of Detroit won both the 100 and 220 (9.4 and 20.8). In 90 degree heat, Dave Merrick of New Lenox, Illinois won the two mile in 8:59.0, just edging Tom Hale of Campolindo (9:00.3). Hale also competed in the mile and finished sixth (won by Mike Durkin of River Grove, Ill.). Durkin's time was 4:09.4. No time available for Hale. Other Bay Area athletes that did well were Gunn's Dale Krebs who won the triple jump in 49-4½, and Camden (San Jose) pole vault ace Roger Martin who won his specialty at 15-4. Other California winners were Brent Tubb (Canoga Park) with a 1:50.1 in the 880. Frank Berry of LA won the 440 in 47.4 with CIF champ Tony Krzyzosiak second in 47.5. Dwight Stones (Glendale) took the high jump at 6-9¼.

Golden West Invitational: (Sacramento, June 19) - Only partial results are available at this time. More complete results will most likely be printed in next issue. \*\* Jav: Russ Francis (Pleasant Hill, Ore.) 237-6, Danny Martin (Houma, La.) 231-10, Richard George (Fillmore, Utah) 223-6; LJ: Randy Williams (Edison, Fresno) 25-2½, Greg Slipper (Riverhead, NY) 24-8, Darrell Hughes (Yuma, Ariz.) 24-3½; SP: Greg Cortina (Princeton, NJ) 68-9, Randy Coffman (Humbel, Tex) 62-3, Dana Le Duc (Tacoma, Wash) 62-1; 120HH: Randy Lightfoot (Plainview, Tex) 13.9, Paul Ricciardi (Islen, NJ) 14.0, Charles Foster (Gaffney, SC) 14.0; 2 Mi: Dave Merrick (New Lenox, Ill.) 8:54.9 (meet record), Dale Fleet (Clairemont, San Diego) 8:58.7, Randy Smith (Wichita, Kan) 9:00.0; 880: Bryan Guaschino (North Bergen, NJ) 1:51.7, Greg Talley (Alexandria, Va) 1:51.9, Bob Smith (Simsbury, Conn) 1:52.0; 100: Marshall Dill (Detroit, Mich) 9.5, Robert Perry (Port Arthur, Tex) 9.8, Wilson Morris (Tacoma, Wash) 9.8; 440: Tony Krzyzosiak (Garden Grove) 46.8 (equals record), Robert Brown (Waco, Tex) 47.2, Horace Grant (Houston, Tex) 47.5; 180LH: Randy Lightfoot (Plainview, Tex) 19.1, Charles Jackson (Lompoc) 19.2, Jerry Belur (Renton, Wash) 19.3; 220: Marshall Dill (Detroit) 21.0, Bill O'Connell (Rochester, NY) 21.5, Robert Perry (Port Arthur, Tex) 21.8.

Bommarito Named NorCal Prep Track Athlete for 1971: Crestmoor High's Chuck Bommarito, who took first in the 220 and second in the 100 at the State Meet, was named the Northern California prep track athlete of the year by the NorCal Track & Field Association. The All NorCal team as voted by the Association: 100: Bommarito, Vince Brown (Pittsburg); 220: Bommarito, Mike Shavers (Albany); 440: Benny Brown (Sunnyvale), Joe DeDora (Santa Rosa); 880: Dale Scott (El Cerrito), Bob See (Del Valle); Mile: Vian Collier (Tamalpais), Rich Cowan (Ygnacio Vly); 2 Mile: Tom Hale (Campolindo), Wolfgang Schmulewicz (Lincoln, SF); 120HH: Willie Hamilton (Richmond) 14.0, Lou Bartholomew (Fremont, Oak.); 180LH: Hamilton, Manny Myers (Piedmont); 440R: El Cerrito (Paul Gaines, Mel Watson, Don Smith, Sam Burns), Skyline (Oakland) (Dave Saylor, Greg Watson, Gene Howard, Gary Keyes); Mile R: Castlemont (John Roberts, Gerald Morgan, Jerrold Curry, Adrian Rodgers), Richmond (Roger McGee, Erwin Fairley, Duane Akin, Maurice Rhodes); HJ: Ed Miller (Pleasant Hill), Lou Bartholomew (Fremont, Ok'd); LJ: Craig Conway (Cupertino), Lynn Zwahlen (Davis, Modesto); IJ: Conway, Krebs (Gunn); PV: Roger Martin (Camden, San Jose), Kelly Lindsey (La Sierra, Sac'to); SP: Bert Mannon (Los Gatos), Bob Aldrich (Fremont, Sunnyvale); Disc: Scott Overton (Los Altos), Rich Gunther (Campolindo).

#### COLLEGIATE RESULTS

Merritt is NorCal JC Track Champ Again: (Pleasant Hill, May 15) - Merritt College won the NorCal Junior College Track & Field Championships for the third consecutive year at Diablo Valley College as three meet records fell. Jerry Wilson of Fresno clocked 13.9 in the highs to beat a mark of 14.3 set in 1965. Mike Weaver of American River ran 14:42.6 for another record in the 3 mile, and Merritt's mile relay went 3:13.6 for the third. Merritt had 76 points to runnerup Fresno's 69 and American River's 43½. The top four in each event qualified for the State Meet. \*\* 440R: Merritt (Gibson, Turner, Bennett, Ford) 41.1, Solano 41.6, CCSF 41.7, Contra Costa 42.0; Mile: Hanes (DeAnza) 4:16.5, Reed (Fresno) 4:16.7, Wood (CCosta) 4:16.8, Robertson (CSM) 4:18.2; SP: Montgomery (Merritt) 55-5½, Winans (Modesto) 53-6¼, Kirscherman (Amer.R) 53-5, Dalerio (Fresno) 52-2½; 120HH: Wilson (Fresno) 13.9, Jackson (Sequoias) ??, Turner (Merritt) 14.5, Hickman (Reedley) 14.6; 440: Parks (Fresno) 47.6, Peoples (Hancock) 47.7, Hamilton (A. Rvr) 48.1, Jefferson (Merritt) 48.3; LJ: Hewitt (Merced) 24-4 ¾, Perryman (West Hills) 24-0½, Childs (Sierra) 23-10¼, Knight (Fresno) 23-10; 100: Ford (Merritt) 9.6, Holmes (Solano) 9.6, Ward (Fresno) 9.8, McGill (CCosta) 9.9; 880: Lowrey (A.Rvr.) 1:54.1, Baker (Merritt) 1:54.1, Everson (Am.Rvr.) 1:54.9, Harms (Diablo Vly) 1:55.1; 440IH: Parks (CCosta) 53.8, Petralia (DeAnza) 54.0, Bracy (Merritt) 54.9, Owen (Yuba) 54.9; 220: Ward (Fresno) 21.1, Ford (Merritt) 21.1, Shields (SF) 21.5, Williams (Merritt) 21.6; Disc: Marshall (W.Hills) 166-6, Pipes (Diablo Vly) 164-1, Sherman (Foothill) 162-8, Nelms (Porterville) 156-1; 3 Mi: Weaver (Am.Rvr.) 14:42.6, Sanford (Hancock) 14:44.4, Litchfield (Yuba) 14:51.4, Narvaez (CCSF) 14:57.8; HJ: Sanderson (Diablo Vly) 6-9, Mayo (San Joaquin) 6-8, Richardson (Fresno) 6-8, Kong (Chabot) 6-5; MileR: Merritt (Jefferson, Gordon, Baker, Williams) 3:13.6, Contra Costa 3:14.6, Fresno 3:15.7, Hancock 3:15.7; IJ: Freeman (San Jose CC) 49-5 ¾ (also a meet record, not mentioned above), Roberts (W.Hills) 48-9¼, Williams (SF) 48-6 ¾, Arkley (Foothill) 48-5¼; PV: Royal (DeAnza) 15-2, Porter (Modesto) 15-0¼, Lydon (CSM) 14-6, Corwin (Chabot) 14-6.

Bay Area Teams Shut Out in Pac-Eight Meet: (Seattle, May 21-22) - UCLA took the team title, followed closely by Oregon (126-117). Then came USC with 102. The best a Bay Area team could do was fourth (Cal with 77). Stanford was sixth with 36. Top placers from Cal and Stanford: Disc: Penrose (C) 185-0 for second, Adams (C) 173-10 for fourth; 100: (3) Curtis (C) 9.7; 880: (1) Brown (C) 1:49.2, (2) Drew (C) 1:50.1; Mile: (4) Carey (OSU, ex-Carlmont) 4:04.8, (5) MacDonald (S) 4:05.1, (6) West (C) 4:06.0; 3 Mile: (2) Kardong (S) 13:20.8, (4) Kretz (S) 13:45.7; 120HH: (2) Tipton (S) 14.3, (6) Brosius (C) 14.6; 440IH: (2) White (S) 51.1, (3) Lee (C) 51.8, (4) Brosius (C) 52.0, (6) Long (S) 52.8; 440 R: (3) Cal 40.6; IJ: (6) Fraser (C) 50-8¼; LJ: (4) Fraser (C) 25-3 ¾.

Bakersfield Tops Merritt in State JC Championships: (Modesto, May 29) - Two false starts in the 100 by Royce Ford of Merritt probably cost an unprecedented third consecutive State JC Title. Bakersfield meanwhile was winning its first State Title (39-37). Fresno City College was third with 35. DeAnza was eighth with 21 and American River tenth with 17 to round out Northern California teams in the top ten. Those NorCal athletes that finished in the top six are listed here: Jav: 2. Powell (Fresno) 200-5; HJ: 1. Sanderson (DV) 6-8, 4. Mayo (San Joaquin) 6-6, 6. Richardson (Fresno) 6-4; PV: 1. Lydon (CSM) 15-6, 2. Weidig (A.River) 15-0, 4. (tie) Porter (Modesto) and Royal (DeAnza) 15-0; 3 Mile: 5. Weaver (A.Riv.) 14:33.4, 6. Sanford (Hancock) 14:33.8; MileR: 1. Merritt (Jefferson, Gordon, Baker, Williams) 3:12.6, 3. Contra Costa 3:14.5, 4. Fresno CC 3:14.5, 5. Hancock 3:14.5; 440R: 1. Merritt (Gibson, Williams, Bennett, Ford) 40.8, 5. Contra Costa 42.0, 6. Solano 42.0; Mile: 2. Hanes (DeAnza) 4:10.8, 5. Rees (Fresno) 4:13.6, 6. Robertson (CSM) 4:15.5; 120HH: 1. Wilson (Fresno) 13.7, 5. Jackson (Sequoias) 14.2; 440: 1. Parks (Fresno) 47.3, 3. Peoples (Hancock) 47.5, 5. Jefferson (Merritt) 48.1, 6. Hamilton (ARvr) 48.3; 220: 3. Ford (Merritt) 21.5, 6. Williams (Merritt) 21.9; IJ: 1. Freeman (SJCC) 51-1 ¾, 4. Williams (CCSF) 48-1¼, 5. Arkley (Foothill) 48-1, 6. Roberts (West Hills) 47-11½; Disc: 1. Marshall (West Hills) 175-8, 4. Sherman (Foothill) 164-10, 5. Pipes (DV) 161-6; 100: 3. Holmes (Solano) 9.7, 5. Ward (Fresno) 9.7; 880: 3. Lowrey (A. Riv.) 1:52.4, 5. Baker (Merritt) 1:53.1, 6. Harms (DV) 1:53.2; 440IH: 1. Petralia (DeAnza) 53.0, 5. Owen (Yuba) 54.2, 6. Parks (CCosta) 55.0; SP: 3. Montgomery (Merritt) 54-9¼, 4. Dalerio (Fresno) 53-8; LJ: 1. Hewitt (Merced) 25-6 ¾, 3. Childs (Sierra) 24-0 ¾, 5. Knight (Fresno) 23-5 ¾, 6. Perry (West Hills) 23-4¼.

Cal Takes Seventh in NCAA Championships: (Seattle, June 17-19) - The University of California, plagued all season by injuries to its sprinters, got a great comethrough performance from Eddie Hart in the sprints as Cal came out seventh overall with 22 points. San Jose State was tied for 14th with three other schools (12 points). All other Northern California schools were shut out, including Stanford. Eddie Hart took a second in the 100 with 9.5 and third in the 220 with a 20.9. Meanwhile, Rick Brown was getting second place honors with a strong finishing kick in the 880. He was timed in 1:49.5 behind winner Winzenried's 1:48.8. Drew of Cal ran strongly for most of the race and faded toward the end, going unplaced in 1:50.5 in a mass finish. Randy White of Stanford ran a good 51.6 but went unplaced in the intermediates. Larry Kennedy of Cal threw 231-1 to go unplaced in the javelin finals. A real surprise was San Francisco State's Pettus who finished fifth in the 220 with a 21.0 clocking. In the three mile, Stanford's Don Kardong ran a heat-winning 13:39.0 in the trials on Thursday, but went unplaced in 13:48.8 in the finals (eighth). Two San Jose State pole vaulters did exceptionally well. Bob Richards Jr. went 16-6 for fourth, as did Vic Dias in fifth. George Carty of San Jose State got up for third in the highs with a good 13.8. UCLA came through with big points in the pole vault and mile relay to overcome USC's lead and win by a good margin, 52-41. Oregon was third with 38 and BYU had 35.

No Junior College Track Bests will be listed in this issue. The editor felt that the State Meet results would be adequate, along with the NorCal Championships.



## AAU AND OTHER TRACK RESULTS

**Note:** Due to lack of space, the Modesto & Kennedy Games results will only list the Northern California placers.

**MODESTO RELAYS RESULTS:** (Modesto, May 29) - **Hammer:** 5. Tice (Fresno St.) 181-0; **Jav:** 6. Burns (Athens) 236-6; **SP:** 3. Bruce Wilhelm (Army) 64-11 $\frac{1}{2}$ ; **440IH:** 2. Walls (Stockton TC) 52.6, 3. Brosius (UC) 52.9, 4. Lee (UC) 53.2, 5. Gordon (Athens) 53.7, 6. Stewart (Stockton TC) 55.2 (all section 1 results) (displace by at least 6 from times in section 2); **440R:** 5. Cal 40.3, (others: Cal-State 41.9, Stockton TC 41.5, Athens 42.4); **440:** 3. Evans (Stockton TC) 46.2; **880R:** 6. Cal-State 1:26.1; **HJ:** 2. Johnson (Athens) 7-0; **IJ:** 5. Jackson (Athens) 50-4 $\frac{1}{2}$ ; **MileR:** 4. Stockton TC 3:07.4 (others: UC 3:11.4, Cal-State 3:16.1); **LJ:** 6. Anderson (Stockton TC) 25-1  $\frac{3}{4}$ ; **PV:** 3. Caruthers (Stockton TC) 16-6, 6. Diaz (San Jose St.) 16-0; **880:** 4. Drew (UC) 1:48.6 (others: Lilly (unatt.) 1:50.8, Eashman (Cal-State) 1:52.2, Marshall (SJS) 1:52.6, Pennington (Athens) 1:56.3); **220:** (non-placers: Smith (UC) 21.7, Brosius (Cal) 22.0, Jackson (Stockton TC) 22.2); **2 Mile Walk:** (see walk section of this issue); **120HH:** 5. Carty (SJS) 13.8, 6. Livers (Athens) 13.8; **Sr. 100 (over 40):** 1. Rhoden (SF) 10.4, 2. Rademaker (Kermin) 10.6, 3. Washington (SF) 11.0, 4. Frederickson (San Geronimo) 11.0, 5. Marlin (Modesto) 11.1, 6. Grant (Mill Valley) 11.4; **(50 and over):** 1. Barnes (Laguna Beach) 12.3, 2. Puglizevich (Merced) 12.7, 3. Cranston (Wash. DC) 12.8, 4. Carnine (Sac'to) 13.0, 5. Thursdyl 13.2, 6. Nimmo 13.2; **Women's 100:** 2. Winlock (Cordova Dusters) 11.4, 3. Christoff (Millbrae Lions) 11.4, 4. Wooten (SJ Cinder) 11.5, 5. Seydel (Salinas Vly TC) 11.7, 6. Hardeman (Millbrae Lions) 11.8; **Women's Mile:** 1. Francie Larrieu (SJ Cinder) 4:46.3, 2. Claugas (WS) 4:47.0, 3. Gibbons (Unat.) 4:48.8, 5. Bridges (Unat.) 4:58.2, 6. Langan (WS) 5:02.2; **Women's HJ:** 4. Smith (RC Striders) 5-2; **Women's 440:** 2. Kathy Hammond (Sac'to Roadrunners) 55.3, 3. Cis Schafer (Millbrae Lions) 56.2, 4. Yost (Cordova Dusters) 56.4, 5. Wooten (SJ Cinder) 56.5, 6. Mulin (Sac'to Roadrunners) ??.

**KENNEDY GAMES RESULTS:** (Berkeley, June 5) - **5000M Walk** (see walk section of this issue); **120HH:** 6. Carty (SJS) 14.3, 7. Tipton (Stanford) 14.3; **Hammer:** 6. Tice (Fresno St.) 186-2; **Sr. 100:** 1. Rhoden 10.5, 2. Rademaker 11.0, 3. Frederickson 11.0, 4. Manougian 11.0, 5. Washington 11.2, 6. Dowell 11.2, 7. Dawkins 11.5; **JC 880R:** 1. Merritt 1:25.0, 2. Hancock 1:27.4, 3. Fresno CC 1:27.6, 4. Laney 1:27.9, 5. Sequoias 1:29.0, 6. CCSF 1:29.5; **Women's 100MH:** 3. Janet Bedford (Laurel TC) 14.5, 4. Marilyn King (MLTC) 14.6, 5. Terry Seydel (Salinas TC) 15.2, 6. Rhonda Albers (San Leandro TC) 15.2; **Women's Mile:** 1. Francie Larrieu (SJ Cinder) 4:41.5 (Amer. Record), 3. Claugas (WS) 4:45.6, 4. Langan (WS) 4:57.4, 5. Schafer (MLTC) 5:01.3, 6. Kim Miller (SJC) 5:05.0, 7. Tina Alex (WS) 5:05.5, 8. Jackie Dixon (SJC) 5:08.5; **440R:** 4. Cal 40.4; **3 Mile:** 8. Kardong (Stanford) 13:59.6; **440:** 3. Evans (Stockton TC) 46.3, 6. Bayless (Cal-State) 47.3; **LJ:** 7. Anderson (Stockton TC) 24-5 $\frac{1}{2}$ ; **Disc:** 7. Powell (Athens) 185-8, 8. Weill (Athens) 170-1; **880:** 7. Brown (Cal) 1:51.2; **JC MileR:** Merritt 3:13.0, Modesto 3:15.5, Contra Costa 3:16.4, Hancock 3:17.1, San Mateo 3:19.3; **SP:** 3. B. Wilhelm (Army) 64-5 $\frac{1}{2}$ , 5. Marks (Athens) 61-4, 6. Samsam (Athens) 60-8 $\frac{1}{2}$ ; **PV:** 4. Caruthers (Cal TC) 16-0, 5. Dias (SJS) 16-0; **Steeple:** 4. Price (AAIA) 8:46.4; **220:** 6. Hart (Cal) 21.4; **Jav:** 7. Burns (Athens) 236-11, 8. Kennedy (Cal) 227-2; **Mile:** 4. Drew (Cal) 4:03.7; **Women's 440:** 1. Hammond (Sac. RR) 55.5, 2. Wooten (SJC) 56.4, 3. Nancy Mullen (Sac.RR) 56.7, 4. Yost (Cor.Dusters) 57.1, 5. Schafer (MLTC) 57.5, 6. Miller (SJC) 58.8; **MileR:** 5. Cal 3:13.8; **IJ:** 4. Jackson (Athens) 51-5  $\frac{3}{4}$ .

**RESULTS OF PA-AAU CHAMPIONSHIPS:** (Hayward, June 12) - All distances in metric. \*\*\* **100:** Clayton 10.4, Francis (Stan) 10.4, Magee (Athens) 10.5, Williams 10.6, Tipton (Stan) 10.7, Sooners (Fresno Pac) 10.8, Rostege (Athens) 11.0; **SP:** Lewis (Cal) 55-6  $\frac{3}{4}$ , Woods (FP) 55-3 $\frac{1}{2}$ ; **200:** Bommarito (Crestmoor HS) 21.7, Lewis (Stockton TC) 21.9, Tipton 22.2, Rostege 22.7, Zisman (Athens) 22.8; **10000:** Darwin (Culver City AC) 31:15.8, Anderson (Valley TC) 31:55.8, Skandera (Army) 32:52.6, Cortez (RCS) 33:39.4, Nelson (RCS) 37:46; **400R:** All Americans 42.3, Athens 42.8, RCS "B" 44.0, RCS "A" 44.1, Hayward 45.9; **1500:** Amaya (Cal) 3:56.1, Sproul (Cal) 3:57.2, Reade (WVTC) 3:59.4, White (RCS) 4:25.0; **LJ:** Royster (unatt.) 24-5 $\frac{1}{2}$ , Roganway (Cal) 24-3, Anderson (Stan) 23-7 $\frac{1}{2}$ , Shinnick (AF) 23-6, McFadden 22-2; **1500 Srs:** Wood (NCSTC) 4:23.5, Harrison (NCSTC) 4:33.9, Martin (WVJ) 4:36.8, Waterman (NCSTC) 4:42.4, Hill (WVJ) 4:45.6; **110HH:** Magee 14.3, Power (unatt.) 14.5, Bonin (Athens) 14.5, G. Lewis (Stockton TC) 14.7, McLennan 14.8, Hurndon (Cal-St) 15.2; **Jav:** Kaveny (Cal TC) 239-10, Burns (Athens) 228-6, Pena (Athens) 224-10, Harriman (Athens) 215-9, Hurley (SFS) 202-5, Arnold (Athens) 173-7; **800:** Ryun (Oregon TC) 1:49.3, Foster (Cal) 1:52.0, Wade (Indiana) 1:52.3, Santos (Mad River) 1:53.?, Lowrey (Amer. River) 1:53.6, Robertson (RC Striders) 1:53.8; **PV:** Miguel (Athens) 15-0, Robinson 15-0, Henderson (Hoover HS, Fresno) 14-0, **Disc:** Powell (Athens) 201-9, Kennedy (Athens) 190-1, Weill (Athens) 180-8, Adams (Cal) 174-11, Harrington 172-9; **IJ:** Meredith (Stan) 49-9 $\frac{1}{2}$ , Jackson (Athens) 49-4, Dunn (Cal) 47-2 $\frac{1}{2}$ , Royster 47-0 $\frac{1}{2}$ ; **HS 1500:** Mork (Wash. Fremont/WVTC) 3:58.1, Arago (Tamalpais) 3:58.6, Collier (Tam) 4:03.8, Genschmer (Sunset/WVTC) 4:07.5, Robinson (McClymonds) 4:11.8, Baker (Tennyson) 4:25.9; **400IH:** Gordon (Athens) 52.6, Walls (Stockton TC) 53.6, Penner (Athens) 53.6, Cain 55.6, McLennan 56.1, Winkley (Athens) 57.2; **5000:** Boggis (England) 14:21.6, Clark (West Valley TC) 14:30.4, Cords (Athens) 14:50.9, Amaya (Cal) 15:08.4, Kelly (WVTC) ???, Leydig (WVTC) ???; **1600R:** Cal (Foster, Lee, Drew, Ainsley) 3:13.4, Castlemont High 3:14.5, RC Striders 3:22.0; **Sr SP:** McDermott (NYAC) 44-11 $\frac{1}{2}$ , Steele (NCSTC) 39-5 $\frac{1}{4}$ , Holmes (Rhoden AC) 32-9 $\frac{1}{2}$ , Bettencourt (NCSTC) 29-4 $\frac{1}{4}$ ; **3000SC:** Mahon 10:26.8, Duff (Elk Grove AC) 10:51.8; **400:** Lee (Cal) 48.2, Brosius (Cal) 48.6, Penner (FP) 48.7, Stack (Athens) 49.3, Murphy (Cal-St) 50.3, Veal (RCS) 50.4; **Hammer:** Bredice (S. Conn.) 192-4, Tice (Fresno St) 191-11, Carlsen (Athens) 168-9, Trebotich (Athens) 152-0; **HJ:** Fishbaugh (Cal) 6-6, Sadler 6-4, (tie) Washburn (Tenn) & Zimmer (Castro Vly HS) 6-2, Dilly (RCS) 6-2; **SR 100:** Rhoden 11.5, Mahany (NCSTC) 12.1, Fredrickson (NCSTC) 12.3, Guidet (NCSTC) 12.4, Melgoss (NCSTC) 12.6; **HS 100:** Shavers (Albany) 10.6, Bommarito (Crestmoor) 10.8, Brown (Pittsburg) 11.0, Keyes (Skyline) 11.0, Myers (Piedmont) 11.6, Wilson 11.2.

## FURTHER BAY TO BREAKERS RESULTS

(May 23): The top fifty finishers were listed in last month's Running Review. At press time I still haven't received the full breakdown of senior runners (unofficially they were Bill Mackey, Peter Wood, Ross Smith, Dave Stevenson, Carl Martin, and Pat Kelley). If there are any changes in this order, they will be listed next issue. Mike and Jim Killeen (42nd and 353rd) took the father son trophy. First five teams to finish were West Valley TC (Clark, Duffy, Delgado, Leydig, Harris) with 45, Marin AC with 200, Alameda TC with 405, Valley TC with 432, and Napa Valley RC with 656. A complete listing of clubs will be listed next time. Below are places 51 to 100. The times may not be accurate, but this is what the results were in the paper. Get a copy of May's Review for an explanation on how you might correct your time if you finished near the top 100.

51 - Frank Hagerty (ALTC)	43:32	68 - Unreported Runner	44:00	85 - Unreported Runner	44:34
52 - Bill Posedel (SFPD)	43:33	69 - Glenn McCarthy	44:02	86 - Unreported Runner	44:38
53 - Unreported Runner	43:34	70 - Leslie Anderson	44:04	87 - Barry Smith (Alameda TC)	44:39
54 - Unreported Runner	43:36	71 - Tim Docheff (Pleasant Hill TF)	44:06	88 - Mike Korner	44:40
55 - Tim Wright	43:37	72 - Unreported Runner	44:07	89 - Kelly Timbrell	44:41
56 - Gerald Haslam (Napa Valley RC)	43:38	73 - Frank de Ruyter	44:08	90 - Seamus O'Reilly (West Valley TC)	44:41
57 - Fred Mahler	43:41	74 - Tim Jordan (Elk Grove AC)	44:09	91 - Peter Wood (NCSTC)	44:44
58 - Bruce Degen (Marin AC)	43:42	75 - Patrick Finn	44:10	92 - Michael Fornaciari	44:45
59 - Joe Taxiera (Alameda TC)	43:44	76 - David Wight	44:11	93 - Richard Mantooth	44:47
60 - Daryl Zapata	43:47	77 - Bill Cockerham	44:12	94 - James Martinez	44:48
61 - Unreported Runner	43:48	78 - Frank Donahue (West Valley TC)	44:15	95 - Charles Moton	44:49
62 - John Thelin	43:49	79 - Unreported Runner	44:17	96 - Unreported Runner	44:50
63 - Tom O'Connor	43:54	80 - Bill Mackey (West Valley J & S)	44:25	97 - Glen Berwick	44:52
64 - Joseph G. Montoya	43:55	81 - Pete League (Marin AC)	44:27	98 - Bob Stephenson (West Valley TC)	44:54
65 - Donald Roth	43:56	82 - Joseph Araujo	44:29	99 - Jeff Kroot (Marin AC)	44:58
66 - Ken Napier (West Valley J & S)	43:57	83 - Bill Bachrach (Alameda TC)	44:30	100 - James Barker	45:03
67 - Russ Munifering	43:58	84 - William M. Dolan	44:31	101 - Nils Carlson	45:04

DELGADO CAPTURES GOLDEN GATE MARATHON. SETS RECORD

(May 29): Certainly proving that he is currently the most consistent PA-AAU road runner at any distance, West Valley TC's Rich Delgado started slowly and finished strongly, recording the fastest time ever on the course, breaking Skip Houk's one year old record by nearly 2½ minutes. The conditions were perfect for the race, slightly overcast and cool. The early leaders were Valley TC's Dan Anderson and ex-CSM runner, Jim Sershen. They held on to the first and second positions until around 18 miles when Delgado took over. Also back in the pack with Delgado early in the race was teammate Jack Leydig. He moved up slowly over the latter stages of the race and grabbed second ahead of Marin AC's Darryl Beardall, who faded in the middle of the race, but closed strongly. West Valley won the team trophy over Marin AC with a team of Delgado, Leydig and Cronin (10th). They won last year and defended their title. Top seniors were T.A. de Lusignan (Marin AC) at 2:50:16, Flory Rodd (NCSTC) 2:52:55, and Don Jones (Seniors TC, L.A.) 2:58:13. Top juniors were Mark Kushner (12th), Patrick Finn (22nd), and Angelo Martinez (23rd). Norman Bright from Seattle made one of his frequent trips to the Bay Area and ran his second best ever marathon in 3:11:40 (probably his best considering the course). He was oldest to finish (61st). Youngest finisher was Pat Cunneen (212th in 4:46:30). First woman to finish was a surprise, Nancy Laird (in her first marathon to my knowledge) in 3:42:36 (139th). Frank Vucci was awarded the best finish award after he did a somersault!! All finishers received certificates. The top 45 finishers and their times follow:

1 - Rich Delgado (West Valley TC)	2:31:37	16 - David Trine (RC Striders)	2:51:54	31 - Barry Smith (Alameda TC)	2:59:14
2 - Jack Leydig (West Valley TC)	2:36:43	17 - Bill Posedel (Pamakid)	2:52:03	32 - Robert Foley (Twin Cities TC)	3:00:49
3 - Darryl Beardall (Marin AC)	2:38:40	18 - Flory Rodd (NCSTC)	2:52:55	33 - Larry Bryant (unatt.)	3:00:53
4 - David Roosevelt (SC Striders)	2:41:03	19 - Frank Krebs (Sac. State)	2:53:55	34 - Douglas Gates (unatt.)	3:00:59
5 - Bob Kuchar (SC Striders)	2:41:55	20 - James Haberkorn (Aggie TC)	2:53:57	35 - Augusto Cano (RC Striders)	3:01:18
6 - Dave Russell (Unatt.)	2:42:30	21 - Alan Jensen (Portland TC)	2:54:36	36 - Dave Stevenson (Stanford RC)	3:02:56
7 - Doug Sailors (Culver City AC)	2:44:17	22 - Patrick Finn (Serra HS)	2:56:30	37 - Tom Pinckard (unatt.)	3:04:09
8 - Dan Anderson (Valley TC)	2:44:40	23 - Angelo Martinez (Alameda TC)	2:56:54	38 - Jim Sershen (unatt.)	3:04:47
9 - Mike Buzbee (Neways AC)	2:45:00	24 - Darrell Jeong (unatt.)	2:57:37	39 - David Zumwalt (unatt.)	3:04:58
10 - Willie Cronin (West Valley TC)	2:45:15	25 - Fred Spavins (Otherways AC)	2:58:10	40 - Ralph Paffenbarger (NCSTC)	3:05:06
11 - Bob Gormley (Marin AC)	2:46:14	26 - Don Jones (Seniors TC, L.A.)	2:58:13	41 - Don Peterson (Stanford RC)	3:05:50
12 - Mark Kushner (unatt.)	2:48:00	27 - Pete Hanson (unatt.)	2:58:18	42 - Larry Boies, Jr. (Twin Cities)	3:06:10
13 - Mike Conroy (RC Striders)	2:48:30	28 - Peter Mattei (NCSTC)	2:58:35	43 - Peter Nunn (Trail Track & Fld)	3:06:29
14 - Larry Earnest (USA Recruits)	2:49:34	29 - Edward Norberg (unatt.)	2:58:38	44 - Richard Geimer (Napa Vly RC)	3:06:33
15 - T.A. de Lusignan (Marin AC)	2:50:16	30 - Steve Smith (Alameda TC)	2:59:13	45 - Dennis Teeguarden (unatt.)	3:06:45

MOORE BEATS SHORTER FOR AAU MARATHON TITLE

(June 6): A select group of some 125 marathoners started from Hayward Field in Eugene, Oregon, to start the Pan-American Trials and National AAU Marathon. A packed stadium of some 3000 screaming fans cheered the marathoners in the beginning laps (¾ mile in the stadium) and cheered even moreso as each and every finisher came into the stadium. The planning and running of the race was excellent, the best I have ever seen, and the Oregon TC and people of Eugene are to be commended on just a terrific job. The tempo of the race was hot as was the weather at the start. However, the weather clouded up after several miles and this made the going a bit easier. A pack of 15 or so runners stayed in the front group until just after 10 miles when things started breaking up some. At twenty miles, Ken Moore (the pre-race favorite) and Frank Shorter (running his first marathon) were all by themselves and pulling away. With several miles to go, Moore broke away and simply widened the gap in the remaining distance. His margin of victory was nearly a minute, and he sprinted the last lap in the stadium, much to the delight of the fans. But Moore was not the only one who ran well. Both Shorter and Herb Lorenz were under 2:20, and 19 made it under 2:30. The top Northern Californian was Bill Scobey, running for the Mad River Runners. After Culver City he had vowed not to compete in another marathon, but his 2:20:35 time here was certainly an indication that Bill is ready to go world class at this distance. He finished fifth. Byron Lowry, consistently running 2:21 to 2:23 in his last four marathons, finished seventh at 2:22:45. Skip Houk (High Sierra TC) got 8th (2:23:06) to round out NorCal runners in the top ten. Russell Pate ran his lifetime best by some 9 minutes to take 13th and lead his Army team to the team victory. The scramble for second place team was won by Mad River, with West Valley TC third, and two other teams within a point. The scoring went: Ft. MacArthur (Army) 23, Mad River 34, West Valley 35, Summit AC (Ohio) 36, Santa Barbara AA 36, San Diego TC 39, Cougar TC 49, Snohomish TC 60, Staters TC 74, Redwood City Striders 83, and Portland TC 92. Both Moore and Shorter have the "option" of representing the U.S. in the Pan American Games in Cali, Colombia this summer. Moore led from start to finish and had five mile splits of (25:45, 52:35, 1:18:20, 1:45:41, 2:10:50, 2:16:43.6). Final time is finish time. The top 45 finishers and their times, plus other Northern California finishers: (there were 76 finishers and many casualties)

1 - Ken Moore (Oregon TC)	2:16:49	16 - Ron Elijah (Mad River)	2:29:14	31 - Art Coolidge (Boston AA)	2:35:07
2 - Frank Shorter (Florida TC)	2:17:44	17 - Ron Sayers (Ft. MacArthur)	2:29:17	32 - Bob Hamilton (Cougar TC)	2:35:11
3 - Herb Lorenz (Penn. AC)	2:19:17	18 - Bob Crow (West Valley TC)	2:29:33	33 - Steve Squires (Staters TC)	2:35:18
4 - John Vitale (New Haven TC)	2:20:25	19 - Charlie Harris (West Valley)	2:29:47	34 - Chuck Ceronosky (Twin Cities TC)	2:36:13
5 - Bill Scobey (Mad River)	2:20:35	20 - Tom Ratliffe (Ft. MacArthur)	2:30:09	35 - Bob Fitts (Millrose AA)	2:36:24
6 - Jeff Galloway (Florida TC)	2:22:10	21 - Orville Atkins (Seniors TC)	2:31:30	36 - Alan Haas (unatt.)	2:36:47
7 - Byron Lowry (SF Olympic Club)	2:22:45	22 - Tom Heinson (San Diego TC)	2:31:49	37 - Jim Freeman (Snohomish TC)	2:37:04
8 - Skip Houk (High Sierra TC)	2:23:06	23 - Jerry Jobski (Pacific Coast)	2:31:55	38 - Eddie Cadena (AAIA)	2:37:24
9 - Tom Fleming (Patterson AA)	2:24:02	24 - Mike Stam (Santa Barbara AA)	2:32:09	39 - Dennis Kasischke (SDTC)	2:37:27
10 - Tom Robinson (Cougar TC)	2:25:34	25 - Jim Pearson (Snohomish TC)	2:32:11	40 - Jim Howell (West Valley TC)	2:37:49
11 - Fred Best (Central Jersey TC)	2:25:58	26 - John Phillips (Summit AC)	2:32:32	41 - Robert Thurston (Wash. Sports)	2:38:08
12 - Mike Kimball (Summit AC, Ohio)	2:26:46	27 - Bill Clark (West Valley TC)	2:32:36	42 - Doug Schmenk (Cal-St Fullerton)	2:38:17
13 - Russ Pate (Ft. MacArthur)	2:27:52	28 - Chuck Frosolone (Oregon TC)	2:32:41	43 - Mike Maron (Santa Barbara AA)	2:38:18
14 - Tom Bache (San Diego TC)	2:27:56	29 - John Brennan (SBAA)	2:34:01	44 - Bill Herriot (Calgary T&F Club)	2:39:10
15 - Chuck Smead (Santa Barbara AA)	2:28:01	30 - George Weatherbee (Summit AC)	2:35:05	45 - Harold DeMoss (West Valley TC)	2:39:12

\*\*\* (47) Jose Cortez (RCS) 2:39:39, (48) Greg Chapman (Solano TC) 2:39:52, (54) Howard Labrie (Mad River) 2:44:20, (55) John Spurr (Stanford RC) 2:45:58, (58) Jim Van Manen (SBAA) 2:50:58, (59) Dave Cortez (RCS) 2:54:47, (65) Dan Drechsel (Staters TC) 3:00:17, (70) Joe Henderson (Unatt.) 3:01:48, (74) Norman Bright (unatt.) 3:24:19, (75) Pat O'Malley and Pete Graycar (RCS) 3:26:46.

\*\*\*NOTE\*\*\* The following races' results do not appear in this issue because we did not receive the information before press time. (Monterey 17 miler, Statuto, Woodminster, Novato, and Golden Gate Park 8 miler from mid-May). If anyone has any of these results except Woodminster (which is on the way), please send us a copy immediately. We need results! Briefly, Dave Bronzan (High Sierra TC) won the Monterey 17 miler with Willie Cronin (WVTC) second. Rich Delgado won the Statuto and Novato races quite handily and also the Woodminster handicap (although he had third best time here). Bill Clark (WVTC) had fastest time here with a 50:39, well off Bob Waldon's course record of 48:54. Bernie Lahde had 50:57 and Delgado 51:07. Full results from these races and others through mid-July will appear in the July issue. CSM All-Comers results will be printed also.

\*\*\*The Annual PA-AAU Meeting is scheduled for July 15. Committee Chairman will be selected here and all club representatives are urged to attend. \*\*\* There will be no meeting of the Track & Field Exec Board in July. \*\*\* PA-AAU is supporting Bakersfield for the 1972 AAU Track & Field Championships & Olympic Trials.



Crestmoor's Chuck Bommarito, NorCal Prep Track & Field Athlete for 1971. (Marconi photo)



Don Ramos, ex-San Jose State sprinter featured in this month's West Valley Portraits.



Bay to Breakers leaders at Hayes St. Hill: Jim Crawford, Ken Moore, & Bill Clark. (Photo by Terri Mejia)



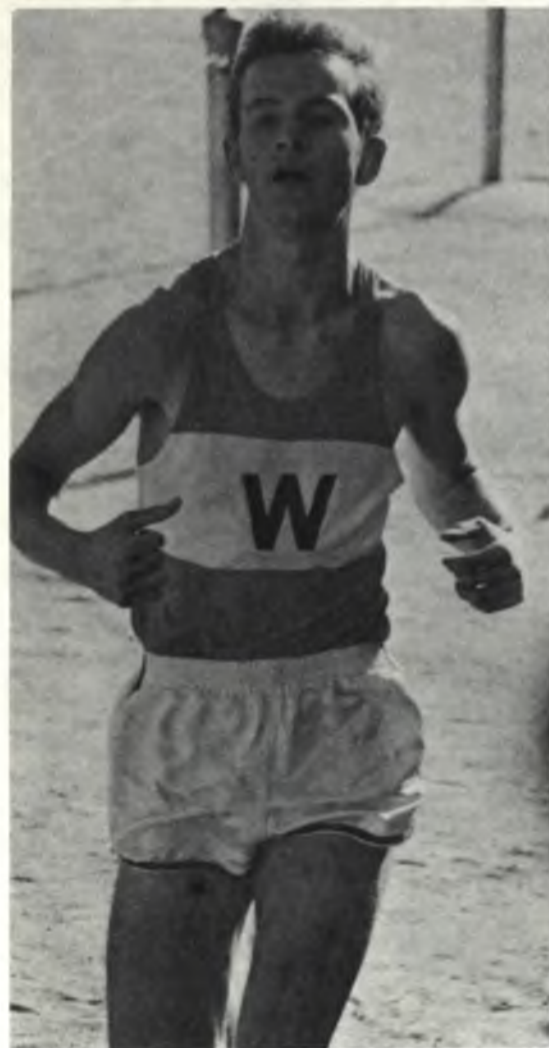
Bill Scobey at finish of his fifth place, 2:20:35 in National AAU Marathon in Eugene. (Marconi photo)



Cal's Rick Brown, a freshman, took a second place in NCAA 880. Shown in a 1970 high school race. (Marconi photo)



Campolindo's Tom Hale placed 4th in CIF State Meet two mile with a 8:57.2. (Marconi photo)



Chuck Mork, featured in this month's West Valley Portraits.

This month's Pacific Association Portrait, Stanford's Don Kardong, who took second in Pac-8 3 mile in 13:20. Shown here leading Stanford-USC dual XC meet last fall.



Early in the AAU Marathon: Lowry, Bacheler, Moore, Lorenz, Shorter, ??, Houk, Jobski, Robinson, & Fleming. Moore went on to win with a 2:16:48.6.

(Marconi photo)

