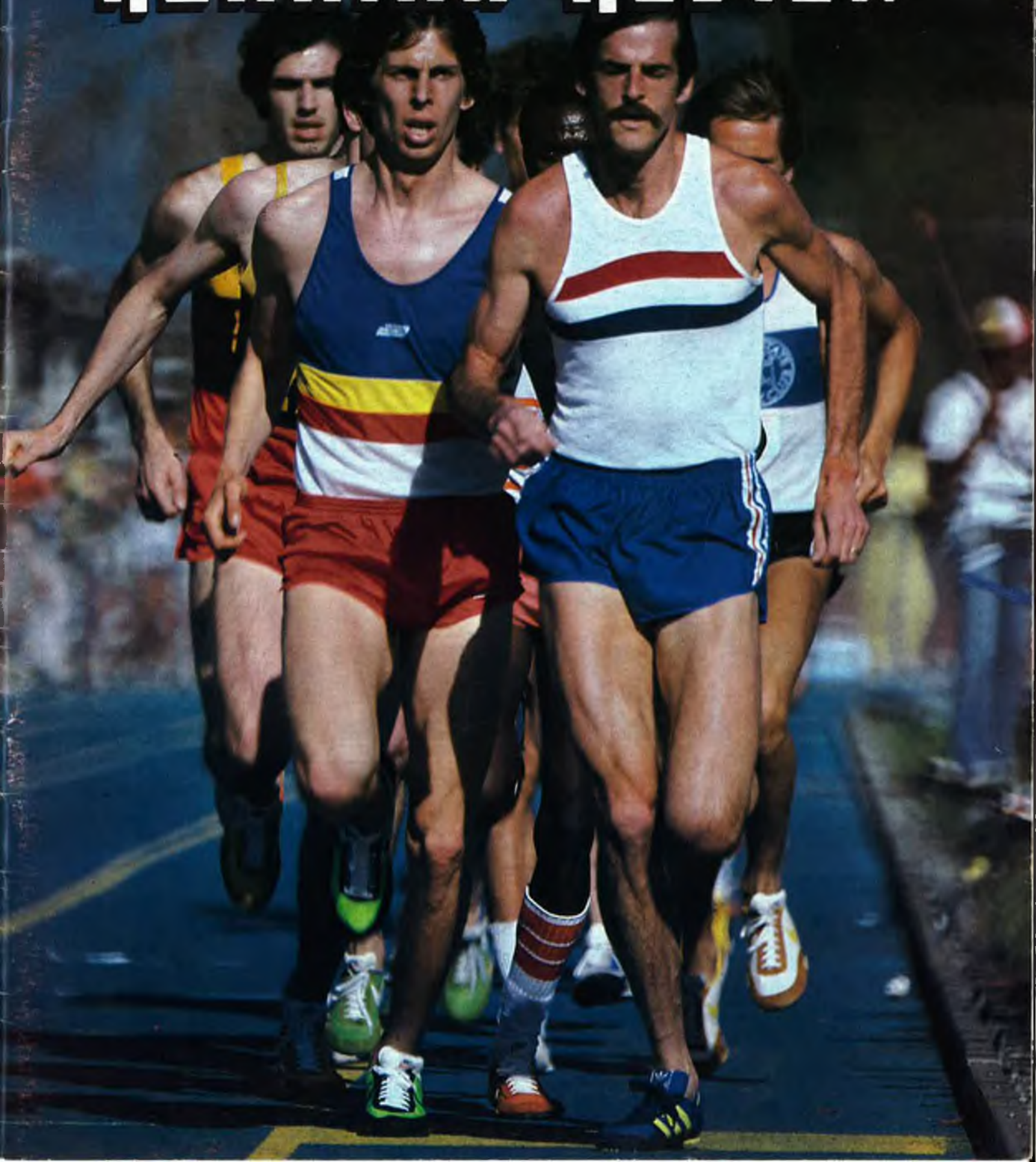


SUMMER 1980  
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**RUNNING REVIEW**



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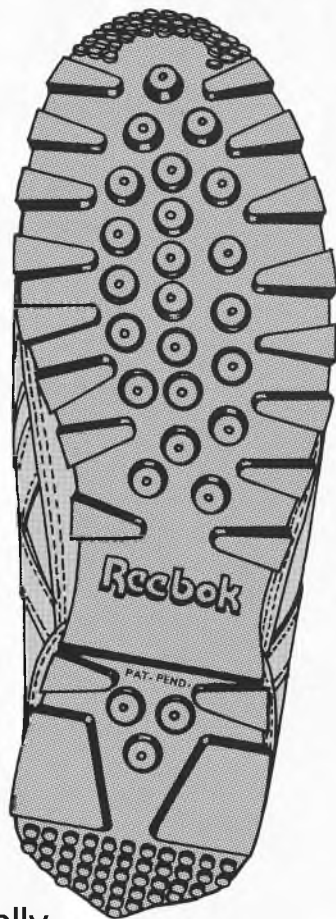
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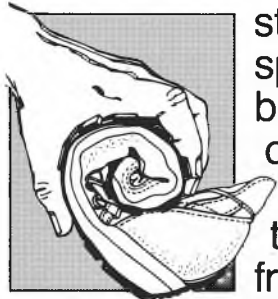
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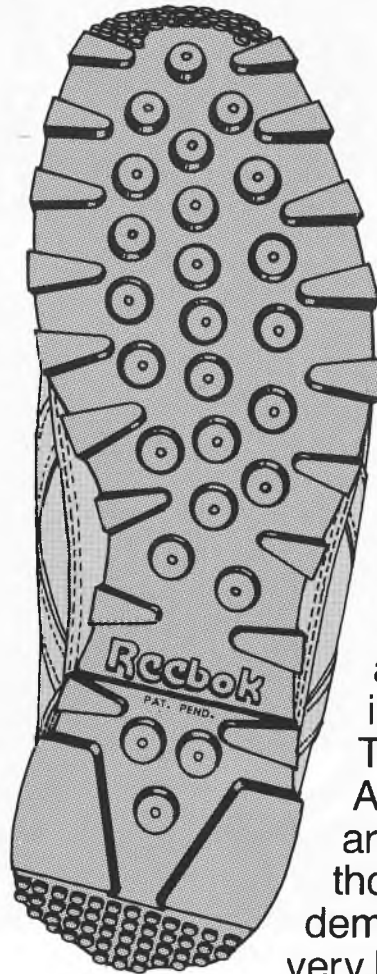


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12 & Under \_\_\_\_\_ 13-19 \_\_\_\_\_ 20-29 \_\_\_\_\_ 30-39 \_\_\_\_\_ 40-49 \_\_\_\_\_ 50 & Over \_\_\_\_\_

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# Northern California Running Review

P.O. BOX 1551, SAN MATEO, CA. 94401

## UP FRONT

Duncan Macdonald (WVTC, right), leads Steve Plasencia (UCTC) in the Jenner Classic 5000m, won by Mike Musyoki, who is partially hidden between them. Macdonald has gotten into great shape this spring, clocking a 13:36.2 for second at Mt. SAC and 13:28.6 for 3rd at the Berkeley Brooks Invit., his best since his 13:19.4 American record in 1976. /Dave Stock Photo/

SUMMER 1980 - No. 80

ONLY \$8.00 (8 ISSUES)

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DEALERS: If you wish to carry the NCRr in your store or simply wish to save 40% by ordering 10 or more copies per issue, write for full information. All unsold issues are returnable for credit if in "resale condition"...no credits on returned covers only. Minimum subscription period is 2 issues, with payment to be paid in advance for entire subscription period. Subscriptions must be made for an "even" number of issues.

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## EDITOR'S MESSAGE

●OFF TO MOSCOW! - Your editor plans on taking a much-needed vacation to view the 1980 Olympic Games with 160 other track nuts on the *Track & Field News* tour. I'll be taking off tentatively on the 21st of July and returning on the 7th of August. During that period I will obviously be "out of action", although my wife, Judy, will not be going...however, she will probably not be answering the phone (I will have my recorder on) for me, so don't expect her to! In other words, if you have any "business" that is urgent and must be attended to, do it before I leave, and the sooner the better, as I'll be very busy with last-minute things before I go. Please do not call just to socialize, as I really won't have time for that. For those of you who wish to make orders for T-shirts, etc., do so immediately...once the order is under way, I'll see to it that it's completed in my absence, but chances are that very few, if any, orders will be taken while I'm gone. Please spread the word! Thanks for helping out.

●FALLING SUBSCRIPTIONS - We've noticed a disturbing trend during the past few issues...our subscriptions have not only leveled off, but have actually decreased slightly as of late. Perhaps this is because I'm having problems following a "schedule" for publication dates? Regardless of how long between issues, you'll still get 8 full issues for your \$8.00! We are just "above water" in terms of making money (which goes back into the WVTC travel fund), and we don't want to raise prices unless necessary, or worse yet, have to go out of business for lack of subscriptions! But, we need your help! If you're currently a subscriber and your last issue has arrived (note the number in quotes after your name on the address label...this will tell you what your last issue "number" is), you should have a renewal slip stapled inside. We hope that you'll decide to subscribe for another 8 issues. We need about an 80% renewal rate to survive and we're not getting near that right now. Show an issue to your friend(s) and see if you can get them to subscribe too! In short, if we don't begin to reverse the current trend, we may soon either (1) be forced to add \$2/year at least to your subscription, or (2) be forced to go out of business by the end of the year! We certainly would not be the first regional publication to "go under" for lack of \$\$.and we do it on an "all volunteer" basis! What would happen if we had to pay a few full-time staffers?!

●REGARDING NEXT ISSUE--It's hard to tell exactly when I'll be getting the next issue to the printers, but it probably won't be before mid to late September at best. If you want to place an ad in the next issue (#81), I would suggest you get us your ad copy by not later than the end of August to be absolutely safe. We vastly prefer "camera-ready" artwork (so we don't have to farm it out and charge you for layout), especially if it's close to our printing deadline. If you're not sure of our specifications, either write for an adrate card or just measure some of the ads in this issue.◊



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The NorCal "Photo Quiz" is sponsored by Clossco, local distributor for adidas. The winner of the quiz gets a choice of any pair of adidas running shoes (subject to availability)...winner will be sent shoes by UPS or can pick them up at Clossco in San Jose. From time to time we may feature other things besides photos. Any and all materials should be sent directly to NCCR, Box 1551, San Mateo, CA 94401.

All entries for the quiz at right must be postmarked not later than August 15th. All ties will be eliminated by a drawing...only one winner!

Last issue's winner was John Lilygren of Mountain View. The correct answer was Mike Porter (left) and Mitch Kingery. The picture was taken just after the finish of the PA-AAU Sr. 10Km XC last November. There was a total of 9 correct guesses (got both mystery runners). Other incorrect guesses were: (left)--Fritz Watson, Pax Beale; (right)--Duncan Macdonald, Tim Smith, Ken Crutchlow & Dave Bedford! We've got photos for the next few issues, but if you've got something you'd like to submit, go ahead and send it in. We can't promise we'll use it (or when). Please specify if you want photo returned eventually! ☺



Name the mystery runner...hints: (1) he's one of the better masters runners in the area; (2) he lives in a North Bay county.

## T.U.R.D. of the Month

Still no nominations for our T.U.R.D. (The Unofficial Running Deviate)! We did get a couple of people who submitted Rosie Ruiz, but we feel that: (1) The nominee should be a local runner, and (2) Rosie has already gotten too much publicity as it is for something that probably should never have even happened...hopefully this incident will teach race officials to be a bit more careful before they "crown" a winner. It was obvious to many at the finish-line that Rosie was not the true winner as she came staggering in. Those doubts should have been enough to delay the proclamation of the winner.

Originally our award was to have been given to "unofficial" or "deviate" individuals who sought to either (1) take advantage of what races had to offer without paying any entry fee, or (2) who cheated in one form or another (including people who penalize top runners by starting on the front line, etc., when not qualified to do so). Now we've had several people write in suggesting we name certain race directors for our dubious award because of the sub-standard way in which they ran their races. This is certainly not the intent of the column and we won't even consider nominating a race director for T.U.R.D., no matter how bad the race. The "Readers Speak Out" (letters to the editor) is a much more appropriate forum for this. Other types of unsportsmanlike behavior might also be better suited for the "letters" column. We'd like to try and keep our "bronzed T.U.R.D." awards for those that are truly cheaters; those seeking unfair advantage for the purpose of placing higher in a particular race.

Remember, you should substantiate your "claim" with supporting evidence (one or more witnesses) and also be convicted enough to sign your name to your complaint! While some of our readers feel that this column might be "going too far", your editor feels that if anyone is willing to penalize others for his/her visions of grandeur, they too should be willing to be penalized. Maybe I'm too much of a purist, but I can remember the days when you could go to a race and not have to worry about cheaters. I guess it's inevitable that as races grow in size, you're bound to have a greater influx of those who have somewhat less than honest intentions. We really don't need those kind of people in our races--that should be made clear! ☺

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## THIS & THAT

● **PEOPLE NEWS:** - Our apologies to Marilyn Petch, third place finisher overall in the women's division (1st in the 17-29 age class) at the YMCA Golden Gate Marathon last fall. We inadvertently skipped over her name when we listed the top women finishers in last issue. Her time was 3:18:55. --- Marshall Clark resigned as head track coach at the Univ. of Montana and is accepting a job as assistant coach at San Jose State in order to return to his family. Clark went to Montana in 1978 from Stanford, where he was assistant coach. --- Jacqueline Hansen and Tom Sturak are the proud parents of "The Topanga Kid", Michael Thomas Sturak. Born on May 23rd and weighing in at 8½ pounds (20-3/4"), he promises to carry on the running tradition of his parents...with a gene pool like that, how can he lose? --- Al (Humberto) Hernandez informs us that the Puerto Rican Olympic Committee recently informed him that he was being named to the marathon team for Puerto Rico, although they are boycotting the Games, as is the U.S. Al holds dual citizenship and is a long-time resident of Northern California. --- Len Wallach was unanimously elected as Western Vice-President of the Road Runners Club of America at the recent (May) annual convention in Spokane. He succeeds Don Chaffee. Jerry Kokesh, a one-time San Jose resident and graduate of San Jose State, was unanimously re-elected president of the RRCA. --- We have word that Wayne Badgley is back in the area after a year-long trip to his home in New Zealand. He isn't running at this time due to a leg injury. Wayne has a 2:20 (or better?) marathon to his credit and is one of the top sub-masters runners in the area. --- Two local masters runners ran off with top honors at the Boston Marthon in April: Bernd Heinrich, a professor of entomology at UC Berkeley, grabbed 51st overall on a warm day in a fine 2:25:25 to win the masters division. He had inadvertently entered his "current" age on the entry form instead of his age on raceday (he turned 40 two days before the race) and was not listed properly in the results. He didn't initially get credit for the win because of this. Bernd plans on moving to Vermont in the fall, where he's accepted a professorship at the Univ. of Vermont. Winning the over-40 women's title in the same race was Agatha-Sue Lee, who had earlier won the Trail's End Marathon at Seaside in February. Her time of 3:01:48 was good for 45th place overall in a strong women's field. --- Joe Teesdale of Great Britain writes us for help in seeking a pen pal in Northern California. He's 48 with much experience in the running game and is interested in setting up correspondence with a female runner. If anyone out there is interested, drop Joe a note at: 17 Ennerdale Grove, West Auckland, Co. Durham DL14 9LN, Great Britain. --- Shelley, the unofficial world champion quadruped marathoner, is dead. Often the subject of controversy, Shelley ran in over 20 marathons and other races, sometimes as the object of complaints from people afraid they would trip over the diminutive runner. Shelley's running career was tragically ended April 12 when hit by a car after inexplicably running into a Los Angeles street (not during a race). Shelley is survived by long-time running mate and master, Ed Jerome (formerly of Los Altos and now living in the Southern California desert).



In memory of Shelley, recently killed by a car. /Ben Ailes/

● **RACE INFORMATION:** - The San Francisco 10-Mile Classic, which was scheduled for July 6, Sunday, has been cancelled. --- The Dammit Run, a popular run in the Los Gatos area, will be held on Aug. 23, not on Aug. 30, as listed previously in some sources. See scheduling section for contact and further information. --- The San Francisco Marathon, scheduled for July 13,

will register runners up until the day before. However, the entry field is limited to the first 4000 runners. Also, the starting time has been changed to 9:30 a.m. from the originally publicized 7:00 a.m. (reason--a bike race had been scheduled for the same time and this was not made known to the organizers when they applied for a permit).

● **CERTIFIED ROAD RUNNING COURSES:** - The Nat'l Running Data Center (Box 42888, Tucson, AZ 85733) has published their 1980 version of this (\$2.70 by mail) booklet, listing all nationally certified (by the Nat'l Standards Committee of the Men's LDRC of the Athletics Congress) courses in the U.S. While a number of local (NorCal) courses are listed as being "certified" in the current LDR Handbook, not all of these, in fact very few of them, are nationally certified. Most are only certified on the "district" level and some are not certified at all. Our Local Standards Committee Chairman, Sheldon Gersh, has forms for certification (days, phone (415)342-7041) and instruction sheets that tell you how to go about it. Any course that is not nationally certified cannot be used for records purposes (national age-group records, etc.) and will not be listed by the NRDC as such. For your information, only the following courses are certified nationally within the Pacific Association as of May 25, 1980: 5K loop in Golden Gate Park (S.F.); Guerneville 10K Watermelon Run; Stanford Run/Palo Alto; Diet-Pepsi 10K (S.F.); Woodside Women's 10K; Spring Lake 10K (Santa Rosa); The Last 10K (Santa Rosa); McCarthy Postal 10K (Santa Rosa); Los Gatos 15K (not sure of race); Heart of the Empire 15K (Santa Rosa); 15K (Reno), used for PA 15K in 1968; PA 20K (Palo Alto? or Woodside?); McCarthy Postal 20K (Santa Rosa); So. Lake Tahoe 25K; Buffalo Stampede 50K (Sacramento); West Valley Marathon 50K (Racewalk) (San Mateo); Fools Run (10 Mi.) (Santa Rosa); Piner 10-Miler (Santa Rosa); Pepsi 20-Miler (Clarksburg); Rocklin 50-Miler; Bidwell Classic ½-Marathon; Sacramento ½-Marathon; Guerneville 5-Mile Fools Run; Los Altos Midnight Run (5 Mile); Walnut Festival (1.115 Mi. loop); Sri Chinmoy 13-Miler. We listed certified marathon courses in an earlier issue. There have no doubt been some additions since that time (Oakland for one). If you're in doubt, send a SASE to the race director or preferably, the NRDC. It is strongly urged that all local courses of "standard length" such as 5K, 10K, etc., be nationally certified, and at the very least, district certification is urged for non-standard distances. But once you've gone to the trouble of certifying a course in the proper manner, it's ridiculous not to certify it nationally by filling out the proper forms. Race directors owe it to the runners to see that this is done. Note that the list of certified courses is for "road" (or primarily road) courses only and does not list cross-country races (on dirt, grass).

● **CAMPS & CLINICS:** - Merced College & Merced TC are sponsoring the Yosemite Track & Cross Country Camp from Aug. 18-22. Open to runners of all ages, family participation is encouraged and special rates reflect this. For more information, contact Track Camp, Community Serv., Merced College, 3600 "M" St., Merced 95340 (209/723-4321, x252). --- Bear Valley Running Camp features Arthur Lydiard of New Zealand and is directed by Dick Cristofani and Merv Smith of Cosumnes River College & San Joaquin Delta College. For further information, contact address is on page 6 of this issue. --- California Olympic Track & Field Camp is for boys and girls aged 9-18 and runs from July 13-18. Sponsored by the Univ. of California at Berkeley, this camp features top coaches and athletes from the Bay Area. To find out more, call 415/642-2427. --- Tahoe Trails Running Camp is sponsored by Phidippides and has a beautiful setting in Lake Tahoe. This ongoing camp is open to all and features many top speakers. For more information, see advertisement on page 11. If you know of other camps/clinics, please let us know.

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• **A COURSE IN SELF-PROTECTION:** - Purpose of the course is to instruct individuals (18 & over) in the safe use of "tear gas" repellent for self-defense. Instructors will be from teaching staff of Merritt College. Upon completion of the 2-hour course you will be granted a certificate of completion, allowing you to obtain a permit to purchase one of the variety of "tear gas" repellents at designated outlets (some trade names are "Mace", "Curb", and "Chemical Mace"). The use of "tear gas" without a permit is prohibited by law. Enrollment is limited (\$10 fee) and by reservation only. **Dates:** - I just noticed that the last class was on June 26 (come and gone). There is still the possibility of more classes if there is enough interest. For information, call: Pregnancy Consultation Center, 415/658-8850 (Oakland), 415/567-8757 (S.F.), 408/255-2773 (San Jose).

• **NEW RUNNING CLUB:** - The Podiatry School (California College of Podiatry) in San Francisco now has a running club that calls itself the "CCPM Pod Squad Running Club". In this year's Bay-to-Breakers the club got together over 30 runners to form history's longest running centipede. The club is organized by Kevin Kirby.

• **U.S. ROAD RUNNING RECORDS:** - Thought I'd name those local runners who are listed by the National Running Data Center as holding national age-group records as of March 20, 1980...note that all marks must come on "nationally certified" courses or they don't count! Records are listed for "standard" road distances only: **10K:** (40-44) James Bowers 31:44, (50-54F) Frances Sackerman 41:28 (has since been bettered several times), (60-69F) Kay Atkinson 49:46; **15K:** (45-49F) Ruth Anderson 1:01:14, (55-59F) Els Tuinzing 1:15:25; **20K:** (45-49F) Ruth Anderson 1:25:49; **25K:** (45-49) Ulrich Kaempf 1:26:58, (50-54) Jim O'Neil 1:29:00, (60-64) Paul Reese 1:46:03, (16-39F) Roxanne Bier 1:33:05, (45-49F) Ruth Anderson 1:47:10, (50-54F) Ruth Anderson 1:53:57, (55-59F) Annabel Marsh 2:39:46, (60-69F) Kay Atkinson 2:20:27; **30K:** (50-54) Jim O'Neil 1:51:43, (45-49F) Ruth Anderson 2:14:29; **50K:** (16-19) David Cortez 3:00:28, (19/Under-F) Yvette Cotte 4:26:16, (45-49) Ruth Anderson 4:17:53; **20 Mi:** (16-19) Mike Warr 1:52:32 & Curtis Miyagi 1:49:09 (pending age verification?), (35-39) Bill Clark 1:48:42, (40-44) Kent Guthrie 1:51:07, (45-49) Ross Smith 1:56:39, (50-54) Jim O'Neil 1:57:25, (55-59) Dick Houston 2:10:22, (16-19F) Jill Symons 2:09:14 (there is a 2:08:27 pending mark by Diane Israel of NY), (20-29F) Tena Anex 2:03:56, (50-54F) Ruth Anderson 2:22:41, (60-69F) Kay Atkinson 2:59:13; **50 Mi:** (16-19) Jose Cortez 5:30:42; **Mara:** (45-49) Ulrich Kaempf 2:35:42 (Jim McDonagh has a 2:28:49 on a "point to point" course), (55-59F) Els Tuinzing 4:03:27 (Marcie Trent has 3:27:45 "point to point").

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**Note:** All U.S. road-running records must be set by U.S. citizens on certified courses whose start and finish lie closer than 10% of the race distance and are within 10 ft/mi elevation difference.

• **LDR TRAVEL FUNDS:** - Thanks to the San Francisco Examiner Promotions Dept. (Fredye Wright), the local long distance running travel funds are about \$15,000 (total) richer this year. The Examiner passed along \$2/shirt of the proceeds from the sales of "official" Bay-to-Breakers shirts this year to our committees (split 50% to men, 25% to women and 25% to masters men & women). They still have some smalls left, but all other sizes are sold out I think. Jack Leydig will have some available during the year at races he attends (\$5 each). - The winners in the men's open and masters divisions at this year's San Francisco Marathon will get paid airfare to the National 50K Championships, to be held in Vermont on Sept. 2. If the winners don't want to go, the second placer will go, and so on. Other local championships (or other races) qualifying for trips to various national championships will be decided upon in the near future. Contact either NCR or the new LDR Chairperson (Ruth Anderson for masters, Sue Stricklin for women & George Newlon for men...temporarily, until early July). Also "in the works" is a "funding request form" for athletes. □

## FREE BOOKS

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(A) *Runners & Races (1500m/Mile)*; (B) *My Run Across the United States*; (C) *Motivation & Coaching Psychology*; (D) *Of People & Things*; (E) *The World of Brutus Hamilton*; (F) *The Randy Matson Story*.

## Long Distance Ratings

Following are the 1979 Pacific Ass'n ratings, based on the 30 races as noted below...some "counting races" have been deleted or added because of cancellations, etc. Some of these we had to do "after the fact" simply because we didn't even know that certain races had been cancelled until after publication dates. The initial list of races was on page 12 of issue #75. Those listed below are the ones we actually used. Most races we counted all divisions, but in some we only counted one or two divisions. Not all of the "counting races" were as competitive as we had anticipated in some or all divisions, but we counted them anyway.

**How we determine a "rating":** - We count only the top PA-AAU/TAC finishers, going 4 deep for women, 6 deep for masters, and 10 deep for open men. We may have goofed and accidentally counted a non-local finisher because of lack of identification in the results, so if you're listed in the final standings, you may want to verify the number of times you placed 1st, 2nd, etc., in counting races. To determine a runner's rating, we take the average place and divide it by the total number of races which count. For example, a 1st, 3rd & 6th =  $(1+3+6)/3/3 = 1.111$ . We are listing all runners who scored below 1.000 for the 1979 calendar year, with summaries of their placings, as well as the names of those who scored 1.000.

**Where to from here?** - Several individuals have expressed interest in altering the scoring methods for the ratings. Jerry Lewis suggested that perhaps we count only the PA Championships (although now there are not very many of those because very few clubs wish to sponsor them (they don't make much money normally)). He also suggested that we use scoring similar to track & field meets, etc.: 1st=10 points, 2nd=9, etc. Perhaps start the open men at 20 points (1st), masters at 10 (1st) or whatever is representative of participation. This would award runners for placing and participation, yet gives some credit for 6th-10th (or 20th?) in a highly competitive field, whereas now, a runner is penalized if he finishes poorly on a given day. Some runners even drop out rather than get penalized. Other top runners just avoid that risk and disregard the race and the point system. The schedule is the weak point... some of the former "quality" races go begging for sponsors and

are sometimes cancelled. Some limit entries; some are rescheduled without the knowledge of the running public; etc. It would be nice to perhaps have a committee to rule on these selected races, but there is no guarantee from one year to the next. Walt Van Zant feels, as do others, that we should not substitute races unless they are pre-announced, for various very good reasons. Well, this year (1979) we did it anyway, and it will probably be the last time we do. Since there is no good way of telling if certain races will be cancelled or not, or whether certain very good races (Diet Pepsi 10K for example) will be scheduled so far in advance, I am proposing that the "rating" be done by a panel in the future. This way a runner's "overall" record can be appraised. The panel can come up with the names of all those runners they feel should be rated in the top 10 (or 20, etc.)...then questionnaires can be sent out to those runners (that may turn out to be 40-50 in the open division, etc.), requesting they summarize their season (listing race, place & any comments they feel might be pertinent). For those that don't respond, we may have less information on them, which could penalize (or help) their rating. The panel can then perhaps look at "all" of the races and give them "weights", based on the quality of the field (number of "ranked" runners competing, etc.), etc. Then, the placings, adjusted by the weights, can determine a runner's ranking... and it'd be to the runner's advantage to send in all results if they are to count toward his/her rating (not be used to penalize for a poor finish). While this might look like a "DSE Point System", it would not be...the panel would control who got the questionnaires and only high placings would count (if you placed out of, say, the top 20, it would not count against you...you just would not get any "points" toward your total). *IF YOU ARE INTERESTED IN BEING ON SUCH A PANEL (MAXIMUM OF SAY 10 INDIVIDUALS), PLEASE CONTACT ME IN THE NEAR FUTURE. I WOULD LIKE TO HAVE PEOPLE THAT ARE UN-BIASED AND KNOWLEDGEABLE...IT WOULD INVOLVE PROBABLY 2 MEETINGS AND SOMEONE WILLING TO DO THE TABULATIONS AT THE END OF THE YEAR.* I would like to have the same panel decide on all divisions (including masters women, and maybe other divisions?) and this could be done in one meeting at the end of the year over pizza and beer (I knew I'd get some volunteers!). I'm open for ideas on improving the system and making it more interesting and competitive...*(more next pg)*

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(LDR Distance Ratings, cont'd...) - Benton Hart competed in only 4 of the 30 "counting" races in 1979, but he won all of them, and that was sufficient to easily win the title, with Gary Blume a distant runnerup, 0.250 to 0.417. Duncan Macdonald was third on the strength of two wins and a score of 0.500. Last year's open winner, Brian Maxwell, was a distant 8th this year. Hart set a new record, breaking Maxwell's 0.258, using the new 30-race scoring system. Sue Brusher ran the most races of any woman, competing well in 7 of the 30 scoring events and taking the top spot with 0.286, well off Judy Leydig's 0.204 "record", also based on 7 races. Sue Munday (0.375) and Roxanne Bier (0.556) took the next two spots. The masters division was quite a bit more competitive, with 11 runners dipping below 0.500. Myron Nevraumont and Kent Guthrie competed in 11 races each, and Guthrie edged out Ulrich Kaempf (10 races) for the title at 0.157 to 0.180. Tom Cathcart was a solid 0.224 in third on the strength of only 7 races. Ralph Bowles' 30-race record of 0.118 remains intact (he ran 12 races in setting the record).

### COUNTING RACES

(ALL DIVISIONS) - California "10"; Champagne Marathon; Trinidad Beach Run; West Valley Marathon; Buffalo Stampede; Arrow 10K; PA-AAU (Clearlake) Marathon; PA-AAU 20K; Livermore 8.5-Miler; Avenue of the Giants Marathon; PA-AAU Hour Run; TRAC 10K; Holy City Summit Run; PA-AAU 15K; Folsom 10K; Panakid S.F. Marathon; Tiburon Run; Dammit Run; Golden Gate Bridge (Charity) Run; PA-AAU 25K; Berkeley Waterfront Run; Angwin-to-Angwish Run; Pepsi 20-Miler; PA-AAU Sr. Men's 10K X-C/Excelsior West End Run; Wharf to Wharf; Diet Pepsi 10K; (OPEN ONLY) - Angel Island; S.F. 10-Mile Classic; (MASTERS ONLY) - Lake Merced Masters Run; PA-AAU Masters X-C (Nats.); Woodminster Run; Devil Mountain 10K; (WOMEN ONLY) - PA-AAU Women's 10K (Road); Bonne Bell 10K; (OPEN & WOMEN ONLY) Los Altos Midnight Run (Runner's World Invt.); Oakland Marathon.

The top 7 runners in each division will compose the NCCR "All-Star Team" for 1979 (more in some cases where there are ties). The winner of each division will receive a personally engraved brass "Number 1", donated by Phil Conley, and have his or her name engraved on a perpetual plaque/trophy.

### WOMEN (\* = Master/40+) (\*\* = 50+)

Runner/Club (Races Run)	1st	2nd	3rd	4th	Aver.	Rating
1. Sue Brusher/WVTC (7)	2	3	2	0	2.000	0.286
2. Sue Munday/WVTC (4)	2	2	0	0	1.500	0.375
3. Roxanne Bier/SJC (3)	2	0	1	0	1.667	0.556
4. Dana Hooper/TAM (3)	2	0	0	1	2.000	0.667
5. Kathy Perkins/SJC (3)	1	1	1	0	2.000	0.667
6. Marilyn Taylor/WVTC (3)	1	1	1	0	2.000	0.667
7. Sheila Maskovitch/WVTC (2)	1	1	0	0	1.500	0.750
8. Elaine Ivaldi/WVTC (2)	1	1	0	0	1.500	0.750
9. Phyllis Olrich/Unat (4)	1	0	1	2	3.000	0.750
10. Jane Sowersby/WVTC (3)	1	0	2	0	2.333	0.778
11. *Marilynn Harbin/MW (3)	1	0	1	1	2.667	0.889
12. Judy Leydig/WVTC (3)	1	0	1	1	2.667	0.889
13. **Ruth Anderson/NCS (3)	0	2	0	1	2.667	0.889
14. -14 runners tied at 1.000--Kathy Adams/CNW, Donna Andrews/TAM, Kerry Brogan, Judy Fox/WVTC, Kathy Koudeila, Jan Oehm/GBrTC, Karen Rosenblatt/AGRC, Michelle Aubuchon/GBrTC, Skip Swannack, Beth Schultz, Jill Symons/CRC, Diane Williams/PBP, Cherie Williams/OTC, Carol Young/AGRC.						

### MASTERS (\* = 50+)

Runner/Club (Races Run)	1st	2nd	3rd	4th	5th	6th	Aver. Pl.	Rating
1. Kent Guthrie/WVJS (11)	6	3	1	1	0	0	1.727	0.157
2. Ulrich Kaempf/WVTC (10)	5	2	3	0	0	0	1.800	0.180
3. Tom Cathcart/WVTC (7)	4	2	1	0	0	0	1.571	0.224
4. Bob Wellck/WVTC (5)	3	2	0	0	0	0	1.400	0.280
5. James Bowers/VMRC (3)	3	0	0	0	0	0	1.000	0.333
6. Ralph Bowles/MW (6)	4	0	0	1	1	0	2.167	0.361
7. *Jim O'Neil/BC (7)	1	2	2	1	1	0	2.857	0.408
8. Jerry Lewis/TRAC (7)	0	4	2	0	0	1	2.857	0.408
9. Myron Nevraumont/WVJS (11)	0	0	2	3	4	2	4.545	0.413
10. Doug Latimer/WVTC (8)	1	1	2	3	0	1	3.375	0.422
11. Darryl Beardall/MW (6)	1	1	2	2	0	0	2.833	0.472
12. Roger Bryan/WVTC (4)	0	2	1	0	1	0	3.000	0.750
13. Abe Underwood/BC (3)	0	2	1	0	0	0	2.333	0.778
14. Roger Daniels/TAM (5)	0	2	0	0	2	1	4.000	0.800
15. Don Ardell/TAM (5)	0	0	1	3	0	1	4.200	0.840
16. Bob Bourbeau/BC (3)	0	2	0	1	0	0	2.667	0.889
17. Walt Van Zant/WVJS (5)	0	0	0	3	1	1	4.600	0.920
18. Dick Gilchrist/SRRC (1)	1	0	0	0	0	0	1.000	1.000
19. Tom Mota/LMJS (2)	1	0	1	0	0	0	2.000	1.000



(L-R) NorCal "Point Total" winners for 1979 were: Benton Hart (open men), Sue Brusher (women) and Kent Guthrie (masters). /Photos by Sue Perry, Don Melandry and Dennis O'Rourke/

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OPEN MEN

Runner/Club (Races Run)	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Aver. Pl.	Rating
1. Benton Hart/WVTC (4)	4	0	0	0	0	0	0	0	0	0	1.000	0.250
2. Gary Blume/GBrTC (6)	3	0	1	1	1	0	0	0	0	0	2.500	0.417
3. Duncan Macdonald/WVTC (2)	2	0	0	0	0	0	0	0	0	0	1.000	0.500
4. John Moreno/CW (5)	1	2	1	0	1	0	0	0	0	0	2.600	0.520
5. Steve Brooks/WVTC (12)	2	1	1	2	3	1	1	1	0	0	4.250	0.531
6. Mike Cassaday/WVTC (3)	2	0	0	1	0	0	0	0	0	0	2.000	0.667
Mike Ruffatto/WVTC (3)	1	1	1	0	0	0	0	0	0	0	2.000	0.667
8. Brian Maxwell/OB (3)	1	1	0	1	0	0	0	0	0	0	2.333	0.778
9. Denis O'Halloran/AGRC (6)	1	1	0	1	0	0	1	1	0	1	5.167	0.861
10. Mike Van Horn/YFC (4)	2	1	0	0	0	0	0	0	0	1	3.500	0.875
11. Rich Langford/AGRC (5)	2	0	0	1	0	1	0	0	0	1	4.400	0.880
Bill Seaver/WVTC (5)	1	1	0	0	1	1	0	1	0	0	4.400	0.880
13. -7 runners tied at 1.000--Wayne Badgley/SUND, Bill Clark/WVTC, Vince Engle, Ted Quintana/AGRC, Ed Schelegle/AGRC, Dave Smith/YFC, Hal Schulz/GBrTC.□												

### Our Readers Speak Out



#### Resignation

ROBERT E. DE CELLE (Alameda, CA) - "This is to advise, effective 29 May 1980, I have resigned the position of PA-AAU Men's Long Distance Running Chairman. George Newlon, 746 Nevada, San Mateo, CA 94402 (Ph. 415/347-2205), will serve as an interim Chairman, pending an election which shall be held in June (Ed. - Meeting will be held on July 8 at Stonestown YMCA, near San Francisco State, at 7:30 pm.). All matters pertaining to Men's Long Distance Running will be referred to him. Temporarily, I will continue to handle the mailing of requests for the long distance handbook." (Ed. - By the time you receive this issue, there will probably be a new Chairman...contact the AAU Office in San Francisco to find out who that individual is...415/986-6725).

#### Olympic Boycott

HERBERT WEINER (San Francisco, CA) - (Letter dated Apr. 22nd): "The President's decision and campaign to boycott the Olympics would be comic if they were not so tragic. Who would have thought 20 years ago that Olympic participation, in the words of Defense Secretary, Harold Brown, was "a threat to the national security" or that presidential counsel, Lloyd Cutler, would say that failure of the Government and United States Olympic Committee to support the boycott "could very well have lead to World War III"? Or that a prospective Olympic decathlon man would be called "traitor" or "communist" for wanting to compete? Athletes are now the victims of Neo-McCarthyism.

From a conservative standpoint, the boycott achieves no military or political goal. The boycott shows no sign of forcing the Russians out of Afghanistan. Nor will they be crippled economically from our non-attendance. Rooms, tickets, and other benefits of the tours can be re-sold to other countries who will be more than glad to purchase them. We will not even be missed if our athletes don't compete. But we will be giving away medals to the Russians and other nations that we could have won. Years from now, people will not remember the boycott but the competitor and country; we will lose prestige. The boycott subverts our intention.

The 1936 Olympics in Nazi Germany are cited to justify the boycott. Olympic rules were violated by exclusion of Jewish competitors; the USSR has not violated these rules. But the USOC and Carter have by flying in the face of the International Olympic Committee and IOC charters and Carter's previously declared policy of non-interference with Olympic participation. The USOC, which has exploited and regimented athletes, will no doubt be dissolved by the IOC for its rule violation to no distress of our would-be Olympians, who are pretty mad and fed up with its betrayal.

The other crumb of comfort is that sports in this country will never be the same. Athletes have been a pillar of strength and values in our society to the point of beating up liberals and radicals in the past. No more. When a former discus thrower calls the President a "jerk", it is the beginning of disenchantment and defection. The establishment must now contend with sprinters, shot putters, and weight lifters who will question coaches, athletic administrators, national and international sport commissions. This change will reach to physical education classes noted for their macho and fascistic orientation. Athletes will undoubtedly be more prone to side with the forces of change and be less tistant from spectators and the average citizen. While they are considered Prima Donnas, they endure financial privation, subservience to the oppressive Amateur Athletic Union and USOC, and take jobs such as silk-screening

## CLASSIFIEDS

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**NOTICE**--I am a graduate student at Humboldt State University and am doing a thesis on Women Athletes & Amenorrhea. If you have experienced a cessation in menstruation that you associate with exercise, I would appreciate your contacting me. Please write: Flossie Horgan, c/o Dept. of Biology, Humboldt State Univ., Arcata, CA 95521. Thank you!

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T-shirts and bartending to have time to train. The Government that is stopping their going to Moscow doesn't give them a cent! The alienated jocks may develop a movement to the level of women's liberation; it will literally have muscle.

I personally am affected by the boycott as one of 10,700 who have paid money for the Games with much of it in possession of the Soviet Union and the U.S. Federal Court until a final decision is reached. I and others may lose a great deal of money through no fault of our own. Perhaps, I can claim it as a future tax write-off for contributing to Carter's campaign for re-election." (Ed. - In June, after this letter was written, it was "permissible" to go to the Olympics as a spectator, although the U.S. & many other countries would not be participating. A small number of the original group opted to still go while the others will stand to lose upwards of \$600 each.)

### Race Complaints

**SCOTT MOLINA (Pittsburg, CA)** - "The Pulgas Peddle 'n Plod Relay and Iron Man races on June 8 showed once again that some race directors don't take the necessary time and effort to make sure the athletes have a good time. Ken Israel, the race director, really made a disaster out of a good idea. No access to the start of the bike portion or run portion by car made things very difficult. No restrooms at start or finish made it horrible. Insufficient course guides and markers allowed the leader and for-sure winner to stray off course. Bike pile-up and mass confusion at the exchange point was ridiculous. A 15-minute wait in the chute at the end, and a totally inadequate aid supply at the finish is intolerable. And then, to hand out cracker-jack prizes for the winners is an insult. I've been at over 100 road races throughout the state, from great to horrible, but this was the all-time loser."

### Bostonian's View

**KEN MUELLER (Bellingham, MA)** - "I have been reading the "Speak Out" letters in your Spring issue and want to respond to a few of them: (1) Don Lenkeit--If he really wanted to run the B.A.A. Marathon, he should have sent in an application. The odds were 99 to 1 in his favor and in spite of what some people may think, our officials do not have ice hearts."

(2) PA Championships--The situation is not exclusive to your area. Because of the bloodsucking characteristics of the AAU/TAC you have to pay them to put on their championship events as well as buy the awards. It would be nice if they donated money and awards just to help offset some of the overhead. Most National road championships are regional affairs because the "studs" have no significant motivation to attend. In comparison, the winner of the National Scrabble Players Championship receives \$1,500.

(3) The T.U.R.D.--It is going over very well in my column in New England Running Magazine, and I used the Paul Masson Marathon Director in one issue. There is a disgusting element creeping into road running and it is already hurting other people. Rose Ruiz is a prime example and a local individual was my target for April. He had run a 2:36:38 at Boston but didn't bother to run the first half of the race. If anyone in your area placed higher than 275, move three places closer to Rodgers because of known cheaters."

### T.U.R.D.s

**MS. LIBERTY BELL (Hometown Unknown)** - "In response to Len Waltach's letter in the spring issue of NCRR, I am a very good friend of Ray Batz and his family and I know for a fact that not only was Bob Butchart's family been hurt by this whole ordeal, but Ray's family has been threatened, after his letter was printed, a number of times. This includes threats to Ray's life and his family's well-being through phone calls and letters. It is true that this whole mess of controversy could have been avoided in the first place if only Mr. Butchart would have started the race where he was supposed to, but the fact remains that he did not, and that is why Ray voiced his opinion --which was only right in this case. After all, Mr. Batz has been running for over twenty years and has been doing very well, and even he does not start on the front line of a race unless he feels he is entitled to that privilege. I also agree with "Anonymous" and feel that Mr. Butchart owes an apology to all the Bay Area runners for making them look so ridiculous in the 1979 Boston Marathon!"

--This column continued on page 17...

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(OUR READERS SPEAK OUT...Cont'd)...

**JOHN LILYGREN** (*Mountain View, CA*) - "I'd like to comment on your 'T.U.R.D. of the Month' feature. I like the column and am in favor of publicizing the dirty deeds of T.U.R.D.'s. The people you have singled out are, I believe, experienced runners who should know better than to cut courses, etc. If they are willing to screw things up for race officials and their fellow runners in order to get some undeserved recognition, they must accept the risk that the true story may come out eventually. By exposing T.U.R.D.'s, the T.U.R.D. of the Month column may deter potential T.U.R.D.'s from attempting an unsportsmanlike act. I'm sure you will get many nominations like this one, but I'd like to nominate Rose Ruiz for TURD-ETTE of the Month for her stunt at Boston."

**SCOTT HAMILTON, JR.** (*Honolulu, HI*) - "Your T.U.R.D. of the Month award is the greatest thing since Sen. William Proxmire devised the 'Golden Fleece' award for boondoggle. What is not clear to this subscriber is the effect of publication of these awards. Does exposure make them shy from the deviate ways and cower from the scowls of their colleagues, or do they bask in the publicity of a celebrity status. With some people, it's not what they say about you, but whether your name is spelled correctly. Having had your year of T.U.R.D.'s, how would you sum up the results?" (*Ed. - It's really hard to say, as you noted, what effect the "nomination" has on certain individuals. However, I feel that once someone has received this dubious award, they probably won't try and do a repeat performance. That's the whole point of the column...to try and reduce the incidence of "deviate" behavior in the running scene.*)

**JAMES W. MORGAN, JR.** (*Sebastopol, CA*) - "Is there any question that Rosie Ruiz should be nominated for T.U.R.D. of the Month?...and possibly the year! I would like to do so and request that you send her one of the bronzed 'awards'. Any changes for the above are to be forwarded to me, so Rosie may receive her bronzed cowpie without cost. Thank you." (*Ed. - I agree that Rosie is probably the all-time T.U.R.D., but she has already received too much publicity for her act anyway. To add the T.U.R.D. distinction is a bit redundant since she has already been exposed worldwide for her deed. It remains to be seen whether she has been cured of her devious ways by all this publicity. Also, we'd like to keep the nominations in our geographical area.*)

**BOB DANIELSON** (*Hometown Unknown*) - "I have a nominee for your byline article called T.U.R.D. of the Month. To understand the situation, please refer to the article in the DSE News (following), and which I agree with as to the facts involved.

(*From DSE News: - Last Sunday I jogged my first and last DSE race, the Bridge Plaza Run. As a novice just trying to get into an exercise program, what I experienced was quite shocking. I was following this big bare-chested bald guy and at one point and with no apparent provocation or warning he started belting the oncoming runners with his upper arms and shoulders to send people flying off the trail. What was even more astounding was that no one said much, and everyone continued like*

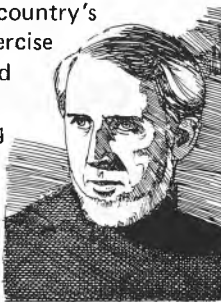
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that was acceptable behavior. If this is your typical so-called "run", who needs it? I am not signing my name because I'm afraid one of you DSE'ers may attack me next.)

The "big bare-chested guy" as referred to in the article was Mr. Buck Swannack. How do I know? Unfortunately I was one of the 4 or 5 people that he hit during the run. The incident occurred as runners doubled back from the half-way point, on the four-foot wide concrete path that winds from Fort Point up towards the Bridge Plaza. His assault on me, which was what I can best describe as a football shoulder tackle from the blind side, contained so much force that it broke two of my ribs as I later found out from my doctor.

I want to point out that in my opinion there was no excuse for any violence during the run. I noticed that except for Swannack the other runners kept to the right side of as they passed and had no problems on the trail. As for myself, I know that I was running down the gutter which is one foot wide on the right side, which left ample space on the trail for all approaching runners coming up the hill.

After the run was over I waited, as did three other people who were hit by Swannack, and complained to both Swannack and Walt Stack. Walt listened and understood (no criticism intended--what else could he do?). I told Swannack that his behavior was disgraceful. I explained to him that if he didn't like the course route he could mark the course with chalk arrows or better yet station himself as a guide on the course during the run. He not only didn't apologize to any of the four of us, but he told me in no uncertain terms to "bug off".

As for the runners that got hit on the Bridge Plaza Run, all I can say is that I haven't seen them at DSE runs since, so I assume that they, like the person who wrote the letter in the DSE News, are no longer participating in DSE runs. Can you blame them?" (*Ed. - I guess that the T.U.R.D. of the Month column opened up a whole can of worms. While Swannack's behavior certainly is unsportsmanlike and should be discouraged, we'll have to draw the line as to the types of things we feature in our T.U.R.D. column...see writeup on this questions on page 8 of this issue.*)

### Suggestions

**JOE HENDERSON** (*Pebble Beach, CA*) - "I know from spending some time on the editor side of publications that happy people rarely write, while disgruntled ones sound off quickly and loudly. So editors may get a twisted idea of what readers are thinking.

I, and I'm sure the great majority of *NCR* readers agree, am happy with all you have done. But that may be the problem: you may be trying to do too much for us. It's obvious that the work is straining your time, resources and patience. For what my opinion is worth, I recommend a major scaling down of your magazine. Limit it to: (1) NorCal only... (2) Open long distance running only... (3) In-depth results and schedules, plus notes and opinions from these areas only... This is news we can find only in *NCR*. Other results & articles are available elsewhere."

**JOHN GETAS** (*San Francisco, CA*) - "I am responding to your request for opinions regarding your excellent magazine. I believe that you are covering too much and it is impossible to try to satisfy every single reader. The sections that (*more, pg. 18*)--

(OUR READERS SPEAK OUT...Cont'd)... are very good are: (1) Your message to the readers (it has a personal touch that most magazines do not have); (2) The "Photo Quiz" is fun and interesting; (3) "This & That" is excellent and informative; (4) Book Review and Classifieds are ok; (5) "Our Readers Speak Out" is good; (6) The Human Race is fine; (7) NorCal Portrait is usually interesting; (8) Running Podiatrist is outstanding; (9) Swedish Massage is ok; (10) Scheduling section is very important to maintain; (11) Long distance results are good; (12) The race applications are *MOST HELPFUL*.

On the not so positive side: (1) T.U.R.D. must go...it causes too much bickering. Every race will have one if we look for one; (2) The high school & track results can be omitted...ditto w/cross-country results. These must take a lot of time to put together.

Your overall NorCal Running Review is excellent in content and information and I hope my brief comments are of some help."

EVAN CUSTER (Orinda, CA) - "In regards to your recent request for reader input for the NCR, I have the following suggestions. If possible I would like it if you would keep the magazine the way it was prior to the last issue. I think the most important service you provide to the local runners is a relatively complete description and results of the NorCal races. There is no other source for this information. I really missed the little stories that used to accompany the race results. Also, I would like to see more complete listings of the results as you used to do, preferably 75-100 or more for each race, depending on the number of participants. For marathons, I think you should list everyone under 3 hours, and all women and masters under 3:30. However, if you cannot continue the magazine on its previous format because of increasing costs and demands on your time, I certainly would be willing to pay more, perhaps \$12-15 per year, to allow you to have some hired staff to help you put the magazine out. If this is not feasible, then I would continue the more complete listing of race results with stories, continue the very complete listing of upcoming races, and also retain your column about local running issues and letters to the editor.

Features that could be eliminated if necessary because of cost are: Swedish Massage "ads", the article that Jim Nuccio writes, Harry Hlavac's column, high school and track results, and the T.U.R.D. of the month piece. Not that I don't enjoy most of these features, but many can be found in other magazines or are otherwise not particularly important to the running scene.

In summary, let me state that I really enjoy the NCR and look forward to its appearance in the mail and hope that you will find a way to continue publishing it, particularly with emphasis on the description and results of local races (LDR)."

EDITORIAL COMMENT ON ABOVE LETTERS: - The previous letters are a sampling of about 10 letters I received from readers who expressed their ideas relative

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to what they like/dislike in the NCR. All comments are appreciated because it gives me an idea of how good a job I'm doing. Seeing that I received so few comments, it appears, as Joe Henderson stated in the first letter, that most of you are pleased with the "status quo", and that while everyone has items that they like "best" or "better", there is generally something in NCR for everyone. In the survey we sent out several years back, we found that at least half the people liked everything, or rather, every article/column was liked by at least 50% of the readership. That probably means that our readers are not only distance runners, but also track & field athletes, etc.

Our policy of going from "thick" to "thin" issues has not really worked out too well. This issue is supposed to be "thin", but is still fairly full of information...we have continued the policy of omitting most or all articles on every other issue (that's what makes it thinner for the most part).

For the most part, the reason that issues are getting thicker is the fact that there are more races and meets to cover. So, we're going to try and do the "quality" races in more depth and cut back (except for brief mention) of some of the other runs. Rather than go a fixed percentage of finishers in our listing, we usually try another approach--where practical, we try and go at least a minute-per-mile below the winning time, hopefully in each division (at least "open"). So, if the winner of a 6-mile race does 30 minutes, then we try and list all thru 36 minutes, which is a minute-per-mile slower. Sometimes this is not practical, but it's a guideline we've tried to follow. While it would be nice to be able to list everyone, that's just not practical from a cost/time standpoint.

In regards to the little stories that were omitted last time...we ran short on space and wanted to catch up as much as possible, but also, most of those stories were "made up" by your editor, who wasn't even at 95% of the races listed! We'll try to put little descriptions where possible as before, but probably reduced in scope somewhat. How do the rest of you feel? Would you rather go a bit deeper in results or have the short description?

We are also going to cut back, as you will no doubt notice, on our coverage of track & cross-country for school competitions, stressing mostly the big late-season meets. We'd like to feature more end-of-season statistical rankings on various levels in track, but we need volunteers! Anyone willing? If so, please write us. □

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# Scheduling

## LONG DISTANCE (Also see "Late News")

WHEN REQUESTING INFORMATION on any of the races listed in our scheduling section, be sure to enclose a S.A.S.E. (self-addressed, stamped envelope)--otherwise you may find your correspondence unanswered! ALWAYS check to verify date, time and location of races on the schedule...mistakes do occur and races are sometimes changed or cancelled due to unforeseen problems. The NCRS assumes no responsibility for incorrect information being listed, whether it be our fault or the race director's.

AREA CONTACTS: - The AAU "District Contact" can usually be of help in cases where no meet director is listed...but use him/her as a "last resort" & remember that S.A.S.E. Contacts listed below may not necessarily be the AAU LDR Chairmen. \*\*\* PACIFIC ASS'N: - Temporary Men's LDR Chairman is George Newton... see pg. 14; SOUTHERN PACIFIC ASS'N: (SPA) Chuck Lichter, Box 9192 Victory Center Sta., No. Hollywood, CA 91606; PACIFIC SOUTHWEST ASS'N: (PSA) Will Rasmussen, 1542 Hillmont Dr., El Cajon, CA 92020; CENTRAL CALIFORNIA ASS'N: (CCA) Dave Bronzan, Box 271, Fresno, CA 93708; SOUTHERN NEVADA ASS'N: (SNA) Las Vegas TC, c/o 602 S. Maryland Pkwy., Las Vegas, NV 89101; OREGON ASS'N: (OA) John Frey, 1450 Fir South, Salem, OR 97302, or Marilyn Paul, 2626 SW Ravensview, Portland, OR 97201.

AAU CARDS: - If you intend to compete in AAU District or National Championship events (now "Athletics Congress"), you should secure a current card from your local district office. Contact the local representatives on this page for addresses or check with Directory Information. The Pacific Ass'n Office (PA-TAC) is: 942 Market St., #201, San Francisco, CA 94102 (Ph. 415/986-6725)...cards with the PA are currently \$3.50, plus a 50¢/sport participation fee that goes directly to the National Sports Fund (track & field, race walking & long distance running are considered 3 different sports...you pay 50¢ for each sport you compete in). Insurance (covering AAU Sanctioned events and supervised AAU Club practices) is optional and runs only \$1.25 for the year (a deal!). AAU (TAC) cards are not required for other than AAU/TAC Championship events but are recommended as they help support our sports programs. It is the athlete's responsibility to check to see if races have proper sanctions.

U.S. REGIONAL SCHEDULES: - The Road Runners Club of America has five individuals who compile quarterly schedules of races in their areas. Anyone interested in a regional schedule should send a self-addressed, stamped envelope to: WEST: Charlie Rice, 10055 E. Cactus Rd., Scottsdale, AZ 85260; CENTRAL-ROCKIES: Steve Ryan, 9804 W. 12th St., Wichita, KS 67212; NORTH-MIDWEST: Jesse Bond, 829 Asbury, Evanston, IL 60202; SOUTH: Nick Costes, c/o Troy State Univ., Dept. of HPER, Troy, AL 36081; EAST: Dale Van Meter, 66 Summit Av., Sharon, MA 02067. (Note: The NCRS covers Oregon, California & most of Nevada schedules).

- Jul 4 - 4th of July Parade Run, 5 Km., Redwood City (Winslow & Marshall), 9:45 am. Sten Mawson, 163 Romero Rd., Woodside 94062.
- Jul 4 - Kenwood Footrace, 10Km, Kenwood, time TBA. (600 Runner Limit) Dan Preston, 4204 Leafwood Circle E., Santa Rosa 95405.
- Jul 4 - 4th of July 5 & 10K Runs, Morgan Hill (Gavilan Pk.), 9 am. Morgan Hill Recr. Dept., 17666 Crest Av., Morgan Hill 95037.
- Jul 4 - 4th of July Fun Runs (2.1, 4.2 & 6.3 Mi.), Woodward Pk., Fresno, time TBA. Ron Gates, 3220 E. Huntington, Fresno 93702.
- Jul 4 - Milpitas Firecracker 10K, City Hall, Milpitas, 9 am. Leisure Serv. Dept., 160 N. Main, Milpitas 95035 (408/262-2310).
- Jul 4 - "Run for Youth" 5-Mile, Estuary Pk., Oakland, 9 am. John Notch, 230 Marlow Dr., Oakland 94605 (415/562-2210).
- Jul 4 - Monterey Bay 10K & Picnic, Jack's Park, Monterey, 10 am. Dave Locke, 878 Bay View Av., Pacific Grove 93950.
- Jul 4 - NorCal 4th of July Jubilee Runs (3 & 10K), Arcata, 9:30 am. Ken Yanosko, c/o SRRC, PO Box 214, Arcata 95521.
- Jul 4 - Spreckles Celebration 10K, 9 am. (Santa Cruz County). Louis Davidson (408/455-1139).
- Jul 4 - DSE Double Lake Merced Run, 9.4 Mi., boathouse, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Jul 6 - Great Calistoga Footrace (was 7/5), 5 Mi., Napa Fairgrounds, Calistoga, 9 am. Reg Harris, 1267 Walnut, C-66, Napa 94558.
- Jul 6 - Folsom Road Run, 10Km, Folsom City Hall, 8 am. Frank Krebs, 8406 Taramore Ct., Orangetown 95662 (916/725-4616).
- Jul 6 - ~~CANCELLED~~--San Francisco 10-Mile Classic, Golden Gate Park (Polo Fields), 8 am. Don Capron, 1746 - 26th Av., S.F. 94122.
- Jul 6 - DSE Daly City Scenic (Hill) Run, 6.2 Mi., Colma School, Daly City, 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Jul 12 - RRC 20Km, Coyote Reservoir, near Gilroy, 8:30 am. Bill Flodberg, 12925 Foothill Av., San Martin 95046.
- Jul 13 - Pamakid S.F. Marathon, GG Park (Polo Flds.), S.F., 9:30 am (Note Time Change; 4000 Limit). Pamakids, Box 27385, SF 94127
- Jul 13 - Pacific West 5-Miler, Los Gatos County Crk. Pk., 9 am. Dan Cruz, 3679 Bridgeport Ct., #14, San Jose 95117 (408/985-6893)
- Jul 13 - DSE Muni Pier Run, 1.5 Mi., Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas St., San Francisco, CA 94107.
- Jul 13 - Run for the Roses, 10Km, Palm Beach/Pajaro Dunes, time TBA. Bernie Swanson, Watsonville YMCA (408/724-1161).
- Jul 13 - 4H 10K Chicken Run & BBQ, County Fairgrounds, San Jose, 8:30 am (500 Limit). Jerry Aldrich, 10602 Foothill, Gilroy 95020
- Jul 13 - Run Thru the Vineyards, 10Km, Yountville, 9 am. Mark Proteau, Athlete's Corner, 1343 1st St., Napa 94558 (707/255-0733).
- Jul 13 - Run in the Sun, 15Km, Univ. of Nevada, Reno, 9 am. No contacts listed.
- Jul 13 - Pioneer Stampede, 2 Mi. & 10Km, Pioneer, 9 am. Mary Graham, P.O. Box 193, Pine Grove 95665 (209/296-7791).
- Jul 13 - Runners' Feet 2.85 Mi. Fun Run, Coyote Pk./Beach Pkg., San Mateo, 8 am. Runners' Feet, 1004 Oak Grove, B'game (343-4242)
- Jul 13 - Run for Cancer, 1.5 & 5 Mi., Merced County Fairgrounds, 7 am. Frank Russell, Box 2462, Merced 95340 (209/723-7276).
- Jul 19 - The Great Race, Rancho Cor.(run, bike, raft), 8:30 am. The Great Race, 3701 Branch Ctr. Rd., Rm. 106, Sacramento 95816.
- Jul 19 - Morro Bay to Cayucos 6 Mile Beach Run, Morro Rock, 9:30 am. San Luis Distance Club, 234 Catalina, San Luis Obispo 93401.
- Jul 19 - Earth Month 10K, Balboa Park, San Diego, time TBA. Molly Jean Featheringill (714/235-0066, days).
- Jul 19 - Fresno Bunion Derby 5Km, Fresno State Univ., 8 am. Larry Lung, 784 Jana Way, Hanford 93230 (209/584-5142).
- Jul 19 - CRE Prediction Fun Run, distance(?), Clovis, 7:30 am. Mike DeCarli (209/299-8495).
- Jul 19 - Pt. Loma 10K Handicap, time TBA (San Diego area). San Diego TC, P.O. Box 1124, San Diego 92112.
- Jul 19 - Sunset Park 5-Miler, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy, Las Vegas, NV 89101.
- Jul 19 - Bohemia Mining Days Half-Marathon, Cottage Grove, Ore., 8:30 am. Graham Kistingbury, PO Box 427, Cottage Grove, OR 97424
- Jul 20 - Marin Headlands Run, 7 Mi., Ft. Cronkite (Marin County), 10 am. Kees Tuinzing, 627 Galerita Wy, San Rafael 94903.
- Jul 20 - Conn Dam Runs, 2 & 8 Mi., off Hiway 128 nr. St. Helena, 9 am. Kaye Hall, 4516 Dry Creek Rd., Napa 94558 (707/255-0683).
- Jul 20 - DSE Double Muni Pier Run, 2.5 Mi., Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Jul 20 - Asian Runner's Club "Belvedere Loop" 4-Miler, Tiburon, 9 am. Asian Runners, 4205 - 22nd St., San Francisco 94114.
- Jul 20 - Ice Cream Run, Fleet Feet, Stockton (3 Mi.), 11 am. Fleet Feet, 4709 Quail Lakes Dr., Ste. 200, Stockton 95207.
- Jul 20 - Lake Tahoe Series 10K, No. Lake Tahoe H.S., 10 am. Stephanie Atwood, P.O. Box 97, Carnelian Bay, CA 95711.
- Jul 20 - Orange County 15Km, Irvine (Major Pk.), 8 am. Heiko Perchal, 5238 Michelson Dr., #32-B, Irvine 92715 (No Pre-Entry).
- Jul 20 - Coffenbury Lake Run, 2.5 Mi. (btwn. Astoria & Seaside), Ore., 1 pm. Carl Dominey, c/o 1095 Duane St., Astoria, OR 97103.
- Jul 26 - Watermelon Run, 8.4 Mi., Lake Chabot East Bay Reg. Pk., Oakland, 9 am. (500 Limit) Bob DeCelle, Box 1606, Alameda 94501.
- Jul 26 - Dam Test Run, 10 Km., College of San Mateo, 8 am. Chaplain Warren Dale, 100 S. San Mateo Dr., San Mateo 94401.
- Jul 26 - People Caring for People Run, 1 Mi. & 10Km, Ft. Ord, 9:30 am. Post Chaplain's Fund, Bldg. 4280, Ft. Ord 93941.
- Jul 26 - Community Food Bank 5 & 10Km, Balboa Pk., San Diego, 8 am. Luis Nativida (714/235-6271).
- Jul 26 - Bill Levins Memorial Runs (0.8, 1.6 & 4.8 Mi.), Drain, Ore., 9 am. James Hess, P.O. Box 91, Drain, OR 97435.
- Jul 26 - Big Tree Road Runs (3 & 7 Mi.), Monmouth, Ore., 9 am. Eric Cooley, P.O. Box 238, Monmouth, OR 97361.
- Jul 26 - Mt. Charleston Notch Run (Mom's Cafe), nr. Las Vegas, Nev., 8 am. LVTC, 602 S. Maryland Pkwy, Las Vegas 89101.
- Jul 26 - Tulare Road Run, 6 Mi. (& 2 Mi. Prediction Run), 7 am. Norm Takeuchi, 411 E. Kern Av., Tulare 93274 (209/688-2001, x575)
- Jul 27 - Excelsior Beach Run, 10Km, Ocean Beach @ Sloat, San Francisco, 10 am. Mike Conroy, 8 Heath Ct., Daly City 94015.
- Jul 27 - Wharf-to-Wharf Run, 5.816 Mi., Santa Cruz Wharf, 9 am. Wharf-to-Wharf Race, P.O. Box 307, Capitola 95010.
- Jul 27 - (Tentative) Orcutt Road Runners 10-Mile Relay, Casmalia to Evans Park. Rick Krone, 4277 Brentwood Ln., Santa Maria 93454
- Jul 27 - Lake Merritt 5, 10 & 15K Runs, Old Boathouse, Oakland, 9 am. John Notch, 230 Marlow Dr., Oakland 94605 (415/562-2210).
- Jul 27 - Gay Run '80, 5 & 10 Km., Polo Fields (G.G. Park), San Francisco, 10 am (2000 Limit). GayRun, 1730 S. Amphlett, Suite 225, San Mateo 94402. (Entries close July 15th).
- Jul 27 - Pear Fair 10-Miler, Courtland, 8 am. Jeff Bogle, c/o Fleet Feet, 2408 "J" St., Sacramento 95816 (916/442-RACE)...Note that location is different than listed in LDR Handbook (race starts at Bates School).



Leads the race in electronic sports timing!

NEW

\$1295



\$1795



NEW

**Model CC811 Finish Line Clock (Top)**

36" long with large, easy-to-read "Turn-A-Matic" digits, this 35 pound marvel operates from either 115 volt AC current or 12 volt car battery. It features: automatic reset to zero, remote or local start, independent set time for each digit (for time-to-start). Write for our new data sheet on the revolutionary CC811 Display Clock.

**Model CC721 Nine Lane Printing Timer (Bottom)**

Portable and battery operated, the CC721 Compusport times to 1/100 second for split times, cross country or times by lane. A built in memory lets you read intermediate time and laps as well as totals. Running time is displayed on a large LCD readout. Features include: time-to-start, remote/ local start, battery life indicator.

**JACK'S ATHLETIC SUPPLY  
BOX 1551 - SAN MATEO, CA 94401**

- Jul 27 - Occidental 10Km, Community Ctr., 8:30 am. Rod Matteri, P.O. Box 175, Occidental 95465 (707/874-3315 or 874-2296).  
 Jul 27 - Escalon 4.5-Miler, 8 am. Sundance R.C., P.O. Box 4802, Stockton 95204.  
 Jul 27 - Reno Scramble, 15 Km., Univ. of Nevada, Reno, 10:30 am. No contact listed.  
 Aug 2 - Cazadero Footraces, 3 & 7 Mi., Austin Creek Rd. & Cazadero Hwy, 6 pm. Dave Sjostedt, P.O. Box 562, Bodega Bay 94923.  
 Aug 2 - Gilroy Garlic Festival, 10 Km., tentatively 8:30 am. (July 15 Deadline) Bill Flodberg, 12925 Foothill, San Martin 95046.  
 Aug 2 - Cayucos to Morro Rock Run, 6 Mi., Cayucos Pier, 9 am. San Luis D.C., 234 Catalina, San Luis Obispo 93401.  
 Aug 2 - Inside's Out & Back 10Km, Ventura, 9 am. Inside Track, 1410 E. Main St., Ventura 93001 (805/643-1104).  
 Aug 2 - Balboa Park 3 & 8-Milers, San Diego, time TBA. San Diego TC, P.O. Box 1124, San Diego 92112.  
 Aug 2 - Fresno Bunion Derby 10Km, Fresno State Univ., 7:30 am. Larry Lung, 784 Jana Way, Hanford 93230 (209/584-5142).  
 Aug 2 - La Jolla Kiwanis 10Km, Balboa Pk., San Diego, 7 am. Ed Lupton, c/o 3255 LaJolla Village Dr., LaJolla 92037.  
 Aug 2 - Sunset Park 3 Mi. X-C Run, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy, Las Vegas, NV 89101.  
 Aug 2 - Resurrection Trail Marathon, Hope, Alaska, 9 am. Tom Besh (907/263-1285).  
 Aug 2 - SOS Mt. Ashland 13-Miler, southern Oregon, 8 am. Jerry Swartsley, P.O. Box 1072, Phoenix, OR 97535.  
 Aug 2 - RTC Lookingglass Road Run, 4.8 Mi., Lookingglass, Ore., 9 am. Mike Simmons, 1294 Keasey Rd., Roseburg, OR 97470.  
 Aug 2 - ORRC 24-Hour Relay, Duniway Pk., Portland, Ore., 10 am. (Enter by 7/27) ORRC, PO Box D, Beaverton, OR 97005.  
 Aug 3 - OTC Run, 30 Km., Alton Baker Pk., Eugene, Ore., 8 am. Lary Simpson, Sugar Pine Ridge, 877 E. 13th, Eugene, OR 97401.  
 Aug 3 - Round Tiburon 8.5-Miler, Blackie's Pasture off Tiburon Blvd., 9 am. (July 26 Deadline) Capron, 1746-26th Av., SF 94122.  
 Aug 3 - Scotts Valley Days 10Km, Vine Hill School, 9 am. Freestyle Sports (408/438-4815).  
 Aug 3 - DSE Biathlon (2.5-Mi. Run/1/2-Mi. Swim), Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.  
 Aug 3 - Soquel Aerobics Runs, 3 & 10 Mi. (5 pm & 8 am), Soquel. Wayne Griffith, 710 Lakeway Dr., Ste. 220, Sunnyvale 94086.  
 Aug 9 - Chinese Little Olympics 4-Miler (open to all), DeAnza College track, Cupertino, 8 am. M. Wong, 470 Anton Ct, P.A. 94301.  
 Aug 9 - Meet of Miles, RRCA Western Runoff (1 mile for time), College of Alameda, 10 am. Carl Wisser, 1333 Park, Emeryville 94608  
 Aug 9 - Sierra Pines 40-Mile Relay, Bass Lake, 8 am. Fresno T.C., P.O. Box 6103, Fresno 93703.  
 Aug 9 - Scandia 6-Miler, Junction City, Ore., 7:45 pm. Dave Luke, Frisco 6 A.C., 967 Patterson, Eugene, OR 97401. (See Pg. 28)

## FUN-RUN SCHEDULE

These races usually follow the *Runner's World* format, having at least one short race (mile or less) and a longer run of up to 6 miles. No entry fee (or 50¢ maximum in some cases); enter on raceday; certificate awards to all finishers on those runs with *Runner's World* format (contact meet directors for full information). Be sure to enclose a self-

addressed, stamped envelope, or you will receive no reply. DSE RUNS: Since these runs follow no particular weekly pattern, they are listed in the main scheduling section, but they are still 'Fun Runs', with a 50¢ entry fee, usually only one race, and ribbons to all finishers. IF YOU KNOW OF ANY OTHER FUN-RUN LOCATIONS, PLEASE SEND US FULL INFO.

**LOS ALTOS HILLS:** Foothill College; every Sunday, 9:30 am; Bob Anderson, Runner's World, Box 366, Mtn. View, CA 94042.

**CHICO:** Bidwell Park (Hooker Oak Recreation Area); every Saturday, 9:00 am; Jim Remillard, Rte. 5, Box 79-DA, Stilson Canyon Rd., Chico, CA 95926.

**WALNUT CREEK:** Heather Farm Park; every Sunday, 10:00 am; Rich Vasquez, 3 Barcelona Way, Clayton, CA 94517.

**FRESNO:** Cal-State Fresno (1st Sat.), or Roeding Park (3rd & 5th Sat.), 7:00 am; Sid Toabe, 4566 N. Del Mar, Fresno 93704.

**BAKERSFIELD:** West H.S. & Beach Park, alternately; every other Saturday, 8:00 am; Larry Arnt, 5000 Belle Terr., #72, Bakersfield, CA 93309.

**STOCKTON:** Fritz Grupe Park; every Saturday, 9:00 am; Frank Hagerty, 7309 Camellia Ln., Stockton, CA 95207.

**HUNTINGTON BEACH:** Huntington Central Park; every Sunday, 10:00 am; Rick Russ, 17733 Newland, Huntington Beach, CA 92647.

**RANCHO CORDOVA:** Cordova H.S. or Mills JHS; various Sat. dates, 9:00 a.m.; H. Rosendale, 2513 Augibb Way, Rancho Cordova, CA 95670.

**APTOS:** Cabrillo College; bi-monthly (Sundays), 10:00 am; John Smead, Box 718, Soquel, CA 95073.

**TRACY:** Dr. Powers Park; every Sunday, 11:00 am; Kurt Schroers, 1801 Newport Ct., Tracy, CA 95376.

**UKIAH:** Ukiah High School; 1st & 3rd Sundays; Chr's Jenkins, P.O. Box 355, Ukiah, CA 95482.

**VILLA PARK:** alternates Villa Park H.S. and Canyon H.S.; every Sunday, 10 a.m.; Bill Holt, 2733 Villa Vista Wy, Orange, CA 92667.

**PLACERVILLE:** El Dorado H.S.; every other Saturday, 9 a.m.; Placerville Parks & Recr. Dept., 487 Main St., Placerville, CA 95667.

**SAN BRUNO:** Capuchino High School; 1st & 3rd Sat., 9:30 am; Bill Frisbie, 567 El Camino Real, San Bruno, CA 94066

**DEL MAR:** Seagrove Park; bi-weekly (Sat.), 9 am; Brent Thorne, 118 Solana Hills Dr., Solana Beach, CA 92075.

**SANTA ROSA:** Spring Lake Park; every Saturday, 8:15 am; Bob Yee, 1200 Sonoma Ave., Santa Rosa, CA 95405.

**VENTURA:** Arroyo Verde Park; monthly (Saturday), 9:00 am; Inside Track, 1451 E. Main, Ventura, CA 93001.

**PACIFICA:** Terra Nova H.S.; every other Sunday, 10:30 am; Dave Barry III, 170 Santa Maria Ave., Pacifica, CA 94044.

**RENO:** Foster Field Track; monthly (Saturday), 8:00 am; Susie Gosar, 1970 S. Marsh Ave., Reno, Nev. 89509.

**PACIFIC GROVE:** Lover's Pt.; every Sunday, 8 a.m.; Joe Henderson, 1126 Pelican Rd., Pebble Beach, CA 93953.

**SOLANA BEACH:** San Dieguito Park; every other Saturday, 9:00 am; Wayne Whiting, 244 Hillcrest Dr., Leucadia, CA 92024.

**MODESTO:** Legion Park; every Saturday, 10:00 am; Bob Gausman, 810 Lucerne, Modesto, CA 95350.

**COLUSA:** Colusa-Sacramento River State Park; 2nd & 4th Saturdays, 9:00 am; Dr. Paul Williamson, 813 Webster St., Colusa, CA 95932.

**PALM DESERT:** College of the Desert; every other Sunday, 9:00 am. Larry Bloom 56-209 Oasis, Indio, CA 92201.

**SANTA BARBARA:** The Lagoon behind UCEN, U.C. Santa Barbara; every Sunday, 10:00 am; Chuck Rundgren, 193 N. Kellogg, Santa Barbara, CA 93111.

**SAN FRANCISCO:** Embarcadero YMCA; every Friday, 12:15 pm; Ralph Love, 74 Lloyd Dr., Atherton, CA 94025.

**LOS ANGELES:** Encino Velodrome Parking Lot; every 3rd Sat., 8 a.m.; Paul Ritschel, 2133 Lemoyne St., Los Angeles, CA 90026.

**SANTA ANA:** Pat's Ski & Sport Shop; every Sunday, 9 a.m.; Pat's Ski & Sport Shop, 2235 N. Tustin Av., Santa Ana, CA 92701.

**CUPERTINO:** DeAnza College (Parking Lot C); every Sat., 9 a.m.; Dennis Zamzow, 2500 Hospital Dr., Bldg. 9, Mtn. View, CA 94040.

**SUSANVILLE:** Athletic Field at Lassen High School; 2nd & 4th Sat., 9 am; Bob Wall, 512 Lakewood Way, Susanville, CA 96130.

**SAN DIEGO:** Mira Mesa Mall Shopping Ctr.; monthly (Sat.), 8:30 am; B4 Sports, 8150 Mira Mesa, San Diego, CA 92126.

**SAN DIEGO:** Westwood Club; every Sunday, 7:30 am; Gary Leander, 17394 W. Bernardo Dr., San Diego, CA 92127.

**SAN PEDRO:** Pt. Fernum Pk.; monthly (Sat.), 7:30 am. John Norton, 1342 W. 36th St., San Pedro, CA 90731.

**THOUSAND OAKS:** California Luthern College; every Sunday, 8:00 am; Joseph Nardo, 573 Houston Dr., Thousand Oaks, CA 91360.

**SAN FRANCISCO:** Various locations; every Sun., 10 am. Non-competitive runs sponsored by "Front Runners", a gay running group (no fee). Call 863-4942; 552-3439.

**NORTHBRIDGE:** Cal-State Northridge; every other Sunday, 10:30 am; Charlie Horn, 714 E. Acacia Ave., Glendale, CA 91205.

**LOS ANGELES:** Westchester H.S. (track); every Saturday, 8:00 am; Westchester YMCA, 8015 S. Sepulveda Blvd., Los Angeles, CA 90045.

**DAVIS:** Univ. of California (Main Quad); every other Saturday, 9:00 am; Rich Harley (Ph. 916/758-2687).

**CASTRO VALLEY:** Lake Chabot Regional Pk.; every Sunday, 9:00 am; Sharon Donovan, 26381 Whitman St., #110, Hayward, CA 94544.

**MERCED:** Applegate Park; every Thursday, 6:00 pm; Dave Donaldson, 1931 Carol Ave., Merced, CA 95340.

**FOSTER CITY:** Bowditch School Field; every Saturday, 9:00 am; Foster City R&J, 917 Lido Ln., Foster City, CA 94404.

**TREASURE ISLAND:** S.F. Bay; every Sunday, 10 a.m.; Charles Payne, Special Services Base Gym, Bldg. 9402, Treasure Is. 94130

**RIVERSIDE:** Arlington H.S.; every Sunday, 10:30 a.m.; Riverside Runners, 10749 Cass St., Riverside, CA 92505.

**AUBURN:** Auburn Recr. Dist. Regional Park; every other Sat., 9 a.m.; Auburn Recr. District, 123 Recreation Dr., Auburn, CA 95603.

**RICHMOND:** Nicholl Pk.; bi-monthly, Sunday, 9 a.m.; Richmond YMCA (415/234-1270).

JULY 20, 1980

5 TH MARIN HEADLANDS 7 MILE RACE

10:00 AM.

AAU SANCTIONED; INDIVIDUAL AND CLUB / TEAM COMPETITION FOR MEN AND WOMEN

ENTRY FEE: \$ 4 per person; \$ 10 per 5 man/woman designated team. Ribbons to all finishers. Many award categories. T-shirts can be purchased at starting area.

REGISTRATION: A. You can pre-register by sending in for your registration form ( pick up Num. on race day).; include a check - "Tamalpa Runners", and mail back to Kees Tuinzing 627 Galerita Way, San Rafael, Ca. 94903. B. You can also sign up on race day from 8:15 - 9:45 am.

AWARDS: For both Men and Women: 15 and under; 16 - 18; 19 - 29; 30 - 39; 40 - 49; 50 - 59; 60 and over. Medals to top 3 in each age group. TEAM COMPETITION is also emphasized for RRC & AAU clubs. 1979 Individual winners: Brian Maxwell 39:04 Dana Hooper 50:28.

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

AGE: \_\_\_\_\_ SEX: \_\_\_\_\_ CLUB: \_\_\_\_\_

RACE COURSE: 7 mile loop; first mile flat pavement; then wide fireroad; about 3 mile steady uphill (5-10%); short steep downhill then smooth; challenging course. No cars, mostly dirt.

MEN'S RECORDS

- 15 and under: Kyle Kessler 43:44 ('79)
- 16 - 18: Rod Berry 39:45 ('78)
- 19 - 29: Steve Brooks 38:58 ('78)
- 30 - 39: Bruce Degen 41:35 ('79)
- 40 - 49: Don Ardell 44:16 ('79)
- 50 + : Bob Malain 45:57 ('79)

FINISHLINE REFRESHMENTS BY CALISTOGA

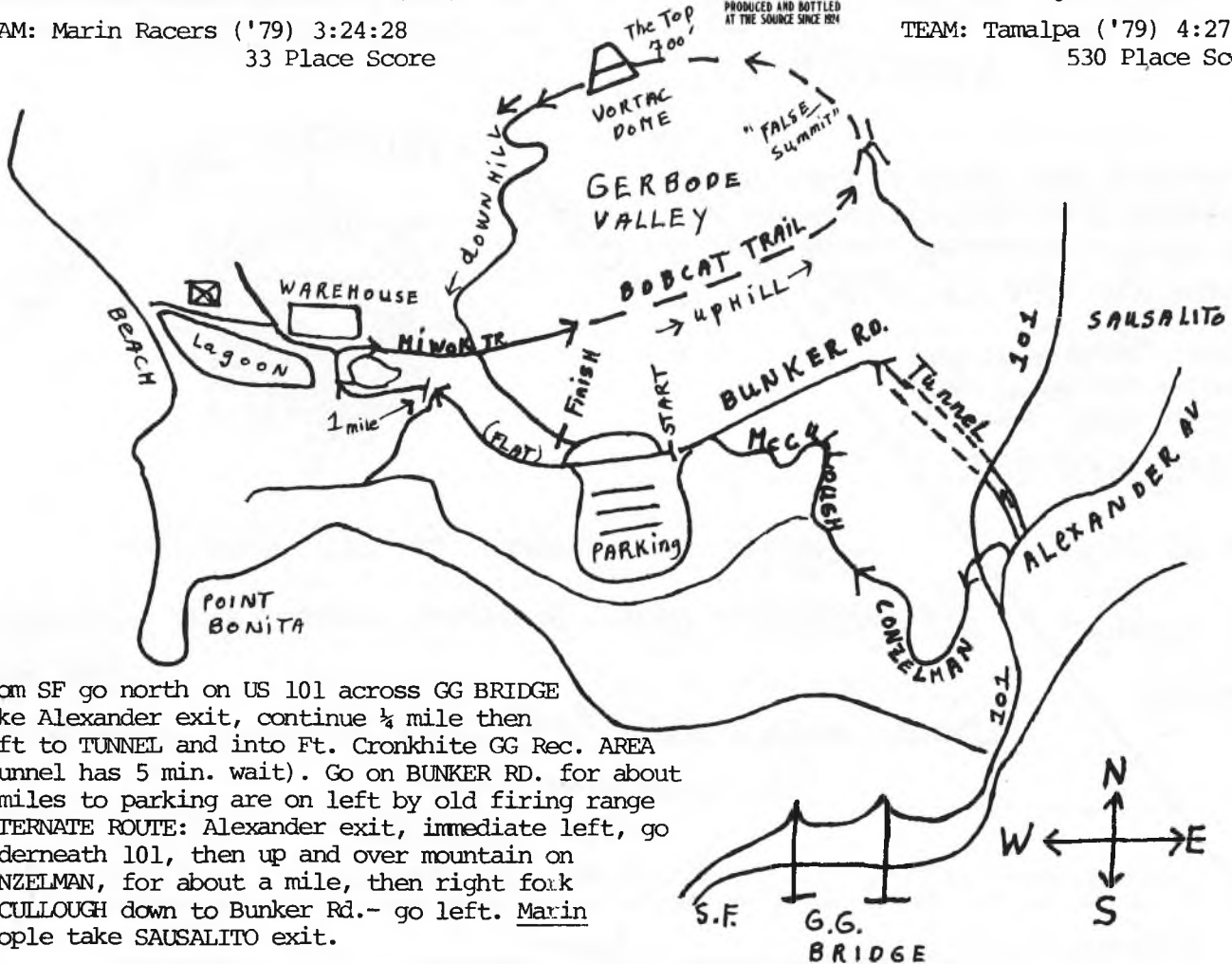


WOMEN'S RECORDS

- Lori Shamoff: 59:36 ('79)
- Dianne Williams: 48:27 ('78)
- Dana Hooper: 50:28 ('79)
- Elaine Miller: 50:04 ('78)
- Marty Maricle: 55:32 ('78)
- Els Tuinzing: 64:58 ('78)

TEAM: Marin Racers ('79) 3:24:28  
33 Place Score

TEAM: Tamalpa ('79) 4:27:45  
530 Place Score



From SF go north on US 101 across GG BRIDGE take Alexander exit, continue 1/4 mile then left to TUNNEL and into Ft. Cronkhite GG Rec. AREA (tunnel has 5 min. wait). Go on BUNKER RD. for about 2 miles to parking are on left by old firing range  
 ALTERNATE ROUTE: Alexander exit, immediate left, go underneath 101, then up and over mountain on CONZELMAN, for about a mile, then right for MCCULLOUGH down to Bunker Rd.- go left. Marin people take SAUSALITO exit.

Name \_\_\_\_\_

Age \_\_\_\_\_

Sex \_\_\_\_\_

1746 - 26th Ave.  
S.F., Ca. 94122

Marin Racers

Send entry with \$5.00 check or money order to:

July 26th

Pre-registration only! No entries accepted after Saturday,

Medals and ribbons to all finishers!

Sunday  
August 3rd

9:00 AM sharp!

Blackie's Pasture  
(Tiburon Blvd. at Trestle  
Glen Drive, 1 1/2 miles  
east of highway 101.)

Course: 8 1/2 mile loop around  
Tiburon Peninsula, 190 ft. hill  
at start, rolling and downhill  
for next 5 miles, flat to finish.



ROUND TIBURON PENINSULA

Course: 8 1/2 mile loop around  
Tiburon Peninsula, 190 ft. hill  
at start, rolling and downhill  
for next 5 miles, flat to finish.

Blackie's Pasture  
(Tiburon Blvd. at Trestle  
Glen Drive, 1 1/2 miles  
east of highway 101.)

9:00 AM sharp!

Sunday  
August 3rd

Medals and ribbons to all finishers!

Pre-registration only! No entries accepted after Saturday,  
July 26th.

Send entry with \$5.00 check or money order to:

Marin Racers

1746 - 26th Ave.

S.F., Ca. 94122

Name \_\_\_\_\_

Age \_\_\_\_\_

Sex \_\_\_\_\_



半島中華協會

Chinese Community Center of the Peninsula

ENTRY FORM

4 MILE RUN

4 MILE RUN

9TH ANNUAL CHINESE LITTLE OLYMPICS

SATURDAY - 8 AM - AUGUST 9, 1980

DE ANZA COLLEGE TRACK, 21250 STEVENS CREEK BOULEVARD, CUPERTINO, CA 95014

ELIGIBILITY: OPEN TO ALL AGES, MALE & FEMALE

START & FINISH: DE ANZA COLLEGE TRACK, 21250 Stevens Creek Blvd., Cupertino, Ca 95014
Race starts at 8 AM.

REGISTRATION: Pre-registration fee is \$2.00. Deadline: August 5, 1980 Midnight. Late entry to race day is \$3.00. Family Fee: \$5.00 (3 or more entrants). Late fee: \$6.00.

TIME: starts at 7 AM outside track stadiu, south end of campus.

COURSE: Loops around track, exit East Gate, turn right (South) toward McClellan Road, left (South) on Bubb Road, left (West) on Rainbow, left (North) on Stelling Road, left on McClellan and return to Finish Line inside stadium.

FACILITIES: Restrooms, showers, parking. Bring your own soap, towel, lock.

DIVISIONS: 12 and under, 13-15, 16-18, 19-23, 24-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+. Open male/female, Asian male/female.

AWARDS: Certificate for all entrants, medals for 1st three places of each division.

SCROLLS for 1st place: Open male/female, Asian male/female.

TROPHIES for 2nd and 3rd places: Open and Asian male/female.

PRIZES for 4-15 overall finishers, male and female.

PRIZES for youngest and oldest finishers, overall.

RESULTS: Available to all who leaves self-addressed, stamped, legal size envelop with REGISTRAR on race day.

WAIVER: In consideration of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive, release, and forever discharge any rights and claims which I may have against the Chinese Community Center of the Peninsula and its officials, sponsors, all persons, organizations, legal entities affiliated with this athletic event for any and all injuries suffered by traveling to and from and while participating in the Chinese Little Olympics. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, motion pictures, recordings or any record of this event for any purpose whatsoever. I further attest that I am physically fit and have sufficiently trained for this event.

NAME AGE SEX DIV

ADDRESS ENTRY FEE:

DINNER @ \$4.50 each

T-SHIRTS @ \$3.50 each

PHONE (Zip Code) S M L XL (State Size)

Signature DONATION (Tax Deductible)

AMOUNT ENCLOSED \$

Signature of parent/guardian if under 18

Check or money order must accompany entry form, payable to CHINESE LITTLE OLYMPICS, CCCP, c/o Mary M. Wong, 470 Anton Court, Palo Alto, Ca 94301.

# MEET MILES

THE "MEET OF MILES" IS A NATIONAL PROGRAM SPONSORED BY THE RRCA TO PROMOTE DISTANCE RUNNING AND TO ASSIST RUNNERS IN COMPARING THEIR EFFORTS IN THE "ONE MILE RUN" WITH OTHER RUNNERS IN THEIR AGE CATEGORY FROM ACROSS THE NATION.

## **WHERE:**

COLLEGE OF ALAMEDA - RUN ON A TARTAN TRACK  
Approach via the Alameda Tube

## **WHEN:**

9am to 2pm  
SATURDAY AUGUST 9, 1980

## **ENTRY FEE:**

\$2.50 per person (no preregistration)

## **ORGANIZED BY:**

LAKE MERRITT JOGGERS AND STRIDERS

- Mile time recorded on a 440 track
- Heats against runners in your age/sex category - nationally
- Results published and sent to each entrant
- Participant ribbon to each entrant

## **INFORMATION:**

Carl Wisser  
2602 - 8th Street  
Berkeley CA 94710  
(415) 549-3687 (day)

SECOND ANNUAL

# HUMBOLDT REDWOODS MARATHON

Sunday, October 12, 1980 - 9:00 a.m.

Humboldt Redwoods State Park, Weott, California

26 miles 385 yards, AAU certified course... sanction pending.

Sponsored by the Six Rivers Running Club and the Garberville-Redway Chamber of Commerce.

Limited to first 2000 registered runners.

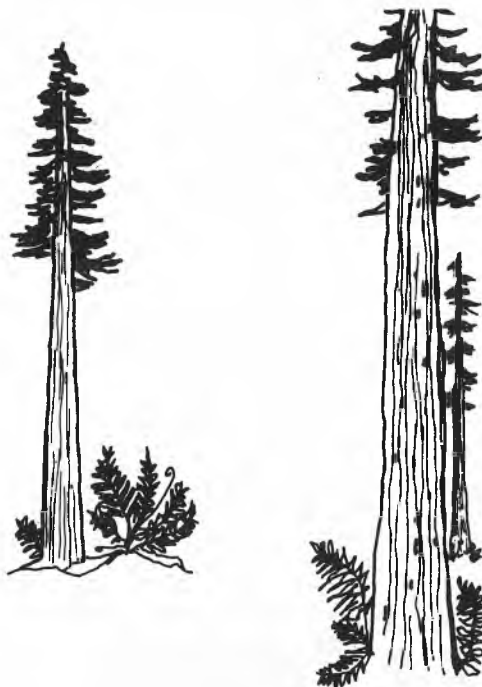
Entry fee \$10.

To obtain entry form, send self-addressed, stamped envelope to Six Rivers Running Club, P.O. Box 214, Arcata, CA 95521.

T shirts to all finishers. Attractive redwood awards to place winners in ten divisions. Certificates to all finishers.

List of motels, resorts, campgrounds and RV areas available upon request.

For further information, contact Six Rivers Running Club at 707/822-9435 (office hours MWF 1-3 p.m.)



The course is an extension of the second leg of the Avenue of the Giants Marathon, a straight out-and-back on the Avenue of the Giants. Start and finish is at Dyerville bridge, 2½ miles north of Weott. Course passes through Weott, Myers Flat and turns around about one mile north of Miranda. Terrain generally flat to rolling, with a moderate hill (100 feet climb and descend) at about nine miles going out and 17 miles on the return leg. Elevation about 200 feet above sea level. Course entirely on paved roads, mostly within Humboldt Redwoods State Park. Course closed to vehicular traffic during race. ERG and water available approximately every three miles. Probable weather fair with temperatures in the 70's, although cooler temperatures or rain is possible.

# Race Equipment Rental

TRYING TO SAVE TIME? GIVE US A CALL AND SEE HOW MANY ITEMS WE CAN SUPPLY FOR YOUR RACE. PURCHASE OR RENTAL. WE HAVE SUCH ITEMS AS--TRAFFIC CONES--ROPE--FINISH-LINE SUPPORT STANDARDS--STOPWATCHES--CHRONOMIX TIMERS--MEGAPHONES--AID-STATION MATERIALS --BANNER STANDARDS--TIMING SHEETS--E.R.G.--RRCA HANDBOOKS--FLAGS--T-SHIRTS--SHORTS --PA-SYSTEM!! \*\*\* WRITE OR CALL: JACK LEYDIG, BOX 1551, SAN MATEO 94401 (341-3119).

- Aug 9 - Oakdale Distance Classic 10K, Kerr Pk., 8 am. ODC, 11031 White Oak, Oakdale 95361  
 Aug 9 - 10,000m track run, Univ. of Nevada, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy., Las Vegas, NV 89101.  
 Aug 9 - Crater Lake Marathon & Rim Runs, Crater Lake, Ore., time? Bob Freirich, 5830 Mack Av., Klamath Falls, OR 97601 (503/884-6939, eves).  
 Aug 10 - Napa Town & Country Fair Hot Foot Run, 4.7 & 1.5 Mi., Napa, 10 & 10:30 am. Kaye Hall, 4516 Dry Creek Rd., Napa 94558 (707/255-0683).  
 Aug 10 - The Running Shop of Redwood City's 5Km, 10 am. Mike Porter, c/o Running Shop, 2013 Broadway, Redwood City 94063 (415/367-8151).  
 Aug 10 - Lake Tahoe Series 10Km Run, No. Lake Tahoe H.S., 10 am. Stephanie Atwood, P.O. Box 97, Carnelian Bay, CA 95711.  
 Aug 10 - John Steinbeck Country Run, 10 Km., Salinas YMCA (117 Clay), 10 am. (758-3811)  
 Aug 10 - DSE Twin Peaks 3.6 Mi., S.F., 10 am. Walt Stack, 741 Kansas, S.F. 94107.  
 Aug 10 - Run-Swim-Run (2- $\frac{1}{2}$ -1 $\frac{1}{2}$  Mi.), Dream Inn, Santa Cruz, 10 am. Santa Cruz City Parks & Recreation Dept. (408/429-3777).  
 Aug 10 - North Orange County YMCA 10K Run, Fullerton H.S., 7:30 am. Ken Henderson, YMCA, 2000 Youth Way, Fullerton 92635.  
 Aug 10 - Dannon RRC Series 15Km, Fountain Valley, time TBA. Peter Burke, Auletta Co., 59 E. 54th St., New York, NY 10022.  
 Aug 13 - Northridge Twilight 10Km, 6:30 pm (Enter by 8/7). Jon Sutherland, 17521 Chatsworth St., Granada Hills 91344.  
 Aug 15 - CCTC Esther Short Park Trophy Run, Vancouver, WA (2 & 5.9 Mi.), 6:30 pm. Bob Moser, 5600 NE 45th St., Vancouver, WA 98661  
 Aug 16 - Seaside Beach Run, Seaside, Ore. (7 $\frac{1}{2}$  Mi. & others), 11 am. Chamber of Commerce, PO Box 7, Seaside, OR 97138.  
 Aug 16 - Rundown at Sundown, 10 Mi., Eugene, Ore., 6 pm. Lane Comm. College, 4000 E. 30th Av., Eugene, OR 97401.  
 Aug 16 - The Double Back Beach Run, Cayucos Pier, 7:30 am (12 Mi.). Brian Waterbury, 234 Catalina, San Luis Obispo 93401.  
 Aug 16 - CRE Prediction Run, 2 Mi., Clovis, time TBA. Gary DeCarli (209/299-8495).  
 Aug 16 - Tetrack Trail Run & Picnic, Griffith Pk., 8 Mi., L.A., 7:30 am. John Sporleder, 1621 Glorietta Av., Glendale 91208.  
 Aug 16 - Nike/Earthquakes 6-Mile Classic, San Jose, 5:30 pm. Ron Wayne, P.O. Box 2372, Alameda 94501 (415/865-5984).  
 Aug 16 - Fresno Union Derby 15K, Fresno State Univ., 7 am. Larry Lung, 784 Jana Way, Hanford 93230 (209/584-5142).  
 Aug 16 - Sunset Park 5-Miler, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy, Las Vegas, NV 89101.  
 Aug 16 - Couples Relay at the Landing (2 Mi. each), Larkspur, 10 am. The Goodsport, 2013 Larkspur Landing Cir., Larkspur 94939.  
 Aug 17 - (CANCELLED) Belmont Steaks Footrace, 8.93 Mi., Belmont, 9 am. Ken Israel, 305 Del Rosa Way, San Mateo 94403 (349-3181).  
 Aug 17 - DSE Presidio Roller Coaster 4-Miler, Mtn. Lake Pk., S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.  
 Aug 17 - Giants' Lite Beer Run to Home Plate, 4.3 Mi. (Crocker Amazon Pk. to Candlestick), 11:30 am. S.F. Giants, Stoney Feeney, Candlestick Pk., San Francisco 94124 (415/468-3700).  
 Aug 17 - Joseph Rivers Dragonslayers 10Km, Lipton's Tea Co. (Delaware St.), Santa Cruz, 9 am. Larry Hebert (Body & Sole) 462-1516  
 Aug 17 - Press Run, 10Km., Richmond (Hilltop Mall), 10 am. Ken Stein, YMCA, 3230 Macdonald Av., Richmond 94804 (415/234-1270).  
 Aug 17 - Baker-to-Baker Relay (5 Mi. Each, 2-person & iron-man) (age total & gender classes), Ft. Baker (Marin County), 9 am. LtC Tom Fahey, Letterman Hospital, Presidio of S.F., San Francisco 94129 (415/561-2155).  
 Aug 17 - Park to Park Relays (4 legs, 18 Mi.), Carmichael Pk., 8 am. Jo Summer, 5209 Morro Bay Dr., Carmichael 95608.

# 1980 PA-AAU LDR Handbook

RACE SCHEDULE  
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- Aug 17 - Falmouth Road Race, 7.1 Mi., Falmouth, MA, 10 am. Falmouth Recreation Dept., Main St., Falmouth, MA 02540.  
 Aug 17 - Merced Red Cross Watermelon Run, 1.5 Mi. & 10 Km., Merced County Courthouse, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.  
 Aug 17 - Yount Mill Runs, 2 & 4.21 Mi., Yountville Pk, Yountville, 9 am. Reg Harris, 1267 Walnut, #C-66, Napa 94558 (707/255-8705).  
 Aug 17 - RRCA Natl. Postal Hour Run, Santa Rosa JC, Santa Rosa, 6 pm. Ron Kesecker, Box 6081, Santa Rosa 95406. (Bring a 'lap-counter').  
 Aug 23 - Dammit Run, 5 $\frac{1}{2}$  Mi., Los Gatos H.S. (new course), 2 races, 9 am. Los Gatos AA, Box 1328, Los Gatos 95030. (Raceday Reg. On Lu)  
 Aug 23 - Signal Hill 10Km, 8 am. Signal Hill Glass, 2375 Walnut, Signal Hill 90815.  
 Aug 23 - Sunset Park 4-Mile X-C, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy, Las Vegas, NV 89101.  
 Aug 23 - Natl. TAC/AAU Sr. Men's 20Km. Championship, Concord, NH, 5:30pm. (Entries Close 8/15) Larry Patz, Box 594, Concord, NH 03301.  
 Aug 23 - World Veterans 10Km Road Championships (40+ Men; 35+ Women), Glasgow, Scotland, 1 pm. World Vet Events, Scottish AAA, 16 Royal Crescent, Glasgow G3 7SL, Scotland. (Entries closed 5/20)  
 Aug 23 - World Veterans Marathon Championships, Glasgow, Scotland, 8:30 am...same contact as above. (Entries closed May 20th!)  
 Aug 23 - Salmon Creek Beach Runs, 3 & 8 Km., 1 Mi. north of Bodega Bay, 10 am. Tom Crawford, 1981 Silverwood St., Santa Rosa 95405.  
 Aug 23 - Bass Lake Half-Marathon, Pines Village, 8 am. Fresno Track Club - P.O. Box 6103, Fresno 93703 (209/264-5847).  
 Aug 23 - Tehachapi 10Km Run, Tehachapi ("F" Street), 7 am. Ted Oliver, 3012 Crest, Bakersfield 93306 (805/872-3707).  
 Aug 23 - SOS Muscular Distrophy 5 & 10 Km., Crater High School, Ore., 10 am. Jerry Swartsley, P.O. Box 1072, Phoenix, OR 97535.  
 Aug 24 - Mayor's Cup Marathon (TENTATIVE), Treasure Is., S.F., 7 am. Sherm Welpton, c/o The Guardsmen, 12 Geary St., S.F. 94108.  
 Aug 24 - Lake Merritt 5, 10 & 15Km Runs, Old Boat House, Oakland, 9 am. John Notch, 230 Marlow Dr., Oakland 94605.  
 Aug 24 - DSE Ocean Beach Run, 6.0 Mi., Great Hiway & Balboa, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.  
 Aug 24 - Orienteering Meet (TENTATIVE), Tilden Regional Park, Berkeley. Carlo Alesandrini (415/525-4725).

- Aug 24 - SCTC Coos County Fair Run, 1, 3 & 5 Mi., Myrtle Point, Ore., 10 am. Pat Towne (503/572-5360).
- Aug 24 - Estacada Road Runs, 1, 3 & 7 Mi., McIver State Pk., 10 am. Larry Gray, Rte. 3, Box 1835, Estacada, OR 97023.
- Aug 30 - Heart of the Valley 3 & 7 Mi., Corvallis, Ore., 11 am. Dan Eden, Parks & Recr., 601 SW Washington, Corv. 97330.
- Aug 30 - Sunset Park 10Km, Las Vegas, Nev., 7 am. Las Vegas TC, 602 S. Maryland Pkwy, Las Vegas, NV 89101.
- Aug 31 - Silver State Marathon (& 1/2-Mara.), Davis Creek Campgrounds (15 Mi. south of Reno), Nev., 6:30 am. Marathon, c/o Athlete's Foot, 580 N. McCarran Blvd., Sparks, NV 89431. (*Max. 750/race; entries close 5 pm, 8/25*)
- Aug 31 - DSE Lake Merced Run, 4.95 Mi., Boathouse, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Sep 1 - DSE South Embarcadero Run, 6.5 Mi., Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Aug 31 - Amigo de Oro Run, 10 Mi., Mariposa Fair Grounds, time TBA. Robert Evans, P.O. Box 155, Mariposa 95338.
- Sep 1 - Labor Day Runs, 2 & 4 Mi., Napa College, Napa, 9:30 am. Reg Harris, 1267 Walnut, #C66, Napa 94558. (*Handicapped by predicted times.*)
- Sep 1 - Times Nine, 9.99K, Crystal Springs X-C Course, Belmont, (also 3-person 9-mile relay & many joggers/kids races of 99 feet thru 999 yards), 8:30 am. George Musante, c/o Parks & Recr., 330 W. 20th Av., San Mateo 94403.
- Sep 1 - Labor Day 10-Miler (& 2 Mi.), Piner Elementary School, Santa Rosa, 8 am. Tom Crawford, 1981 Silverwood St., Santa Rosa 95405 (707/526-0661).
- Sep 1 - Labor Day Fun Run, (2.1, 4.2 & 6.3 Mi.), Woodward Park, Fresno, time TBA. Ron Gates, 3220 E. Huntington, Fresno 93702 (209/237-3572).
- Sep 1 - Pre's Trail Run (5.85K, 10.55K), Autzen Stadium, Eugene, Ore., 2:30 pm. (*No mail pre-reg. - only at Eugene running shops or raceday(?)*). Jon Anderson, 3550 Knob Hill Ln., Eugene, OR 97405 (503/342-3148).
- Sep 1 - CCTC Labor Day Downhill Mile, Vancouver, WA, 10 am. Bob Moser, 5600 NE 45th St., Vancouver, WA 98661.
- Sep 1 - Diamond Lake Run, 11.5 Mi., Diamond Lake, Ore., 11 am. Dave Roadruck, 556. W. Chatham Dr., Roseburg, OR 97470.
- Sep 5 - RTC KRSB/Indian Club 10K, Roseburg, Ore., 7 pm. Bob Elliott, 2239 NW Troost, Roseburg, OR 97470.
- Sep 6 - SOS Bear Creek 10 Mi., Medford, Ore., 10 am. Jerry Swartsley, P.O. Box 1072, Phoenix, OR 97535.
- Sep 6 - Petaluma Adobe Run & Racquet 10K (Rancho Arroyo Racquet-ball Club), Petaluma, 9 am. Benefit for March of Dimes, 50 Santa Rosa Av., Room 270, Santa Rosa 95404, (707/544-7323).
- Sep 6 - Fresno State Watermelon Runs (2, 4 & 6 Mi.), Fresno State Univ., time TBA. Red Estes, FSU Athletic Dept, Fresno 93740.
- Sep 7 - DSE Golden Gate Promenade Run, 7.5 Mi., Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Sep 7 - Nike/OTC Marathon, Eugene, Ore., 8 am. (*1000 Limit...entries close 7/12*) Nike/OTC Marathon, Box 10412, Eugene, OR 97440.
- Sep 7 - Park to Park 7.9-Miler, Lompoc, 8 am. B. Rich, 1105 E. Hickory, Lompoc 93436 (805/736-6787).
- Sep 7 - Silverado 10K Classic (& 2 Mi.), Silverado Country Club, Napa, 9 am. Dan Healy, 1546 Parkwood Ct., Napa 94558.
- Sep 7 - Clayton Admission Day Run, 6.5 Mi., Clayton, 9 am. Bob Vasquez, 3 Barcelona Way, Clayton 94517 (415/686-5238).
- Sep 13 - Central Calif. X-Country Meet, Woodward Park (2 Mi./Women; 5 Mi./Men), Fresno, 10 am. Fresno TC, Box 6103, Fresno 93703.
- Sep 13 - Harvest Run, 10 Km., Talent, Ore., 10 am. Contact: Stan Stafford, 900 SE Douglas, Roseburg, OR 97470.
- Sep 13 - ORRC Tryon Creek 10Km., Portland, Ore., 9 am. Austin Leach, 11740 SW Brayman Av., Portland, OR 97219 (503/636-7172).
- Sep 13 - Sunriver Runs (1 Mi., 5 & 10Km.), So. of Bend, Ore., noon. Jay Bowerman (503/593-1221).
- Sep 14 - DSE Baker Beach Run (nr. Presidio), 4.2 Mi., S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Sep 14 - California Road Runners 5 & 10K Road Race, DeAnza College, Cupertino, 9 am. Dennis Zamzow, 2500 Hospital, #9, M.Vw.94040
- Sep 14 - Spring Lake Relays (3 x 4.3 Mi.), Santa Rosa, 9 am. David Sjostedt, PO Box 562, Bodega Bay 94923 (707/875-9925).
- Sep 14 - Hospital 2-Mile Fun Run, Fresno Comm. Hospital, time TBA. Steve Mitchell, Fresno Comm. Hospital (209/431-4182).
- Sep 14 - Sublimity Harvest Festival (3 & 10K), Sublimity, Ore., 10 am. Stan Stafford, 900 SE Douglas, Roseburg, OR 97470.
- Sep 14 - Natl. TAC/AAU 50Km. Championships (Sr. Men & Masters Men/Women), Brattleboro, VT. Vince Chiappetta, 2 Washington Sq. Village, New York, NY 10012.
- Sep 19 - Pepsi of Reno Lake Tahoe Run, 72 Mi., Tahoe City, 6 am. C. Mersereau, 8895B Salmon Falls, Sac'to 95826. (*Enter by 9/12*)

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### PETALUMA ADOBE RUN & RACQUET



THE NATIONAL FOUNDATION - MARCH OF DIMES  
**Rancho Arroyo Racquet Club**  
Petaluma, Calif.

### SEPTEMBER 6TH - 9:00 A.M.

REGISTRATION: \$3.00 by Aug. 27th (\$8.00 for family of 3 or more). After 8-27 \$4 Ea.

AWARDS: Medals to top finisher in each division and T-shirt to top 3 finishers in each division. Ribbons to all finishers.

LOCATION: Rancho Arroyo Racquet Club in Petaluma. Take the Petaluma North exit going south on Hwy 101, or the Penngrove - Old Redwood Hwy exit going north on 101. Go north on Petaluma Av. to Corona and turn left to club.

COURSE: 10 Kilo, accurately measured with a calibrated wheel. 100% pavement through scenic country roads of Petaluma.

ENTRY FEE: Includes free use of the Rancho Arroyo Racquet Club facilities during the day of the race.

BENEFIT: March of Dimes, 50 Santa Rosa Av., #270, Santa Rosa, CA 95404 (707/544-7323)

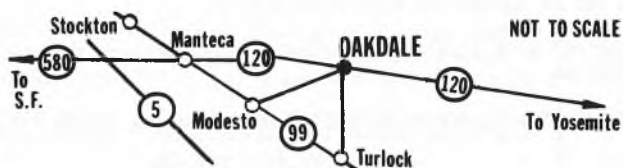
- Sep 20 - Synanon "Hogback" Half-Marathon, Badger, 7 a.m. Michele Gauthier, Synanon R.C., Box 139, Badger 93603 (209/337-2885).
- Sep 20 - Equinox Marathon, College, Alaska, (Univ. of Alaska), 7 am. John Trent, 1700 Tudor Rd. East, Anchorage, AK 99507.
- Sep 21 - DSE Presidio Gate Run, 3.75 Mi., Dolphin Club, San Francisco, 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Sep 20 - SCTC Prefontaine Memorial Classic 10Km, Coos Bay, Ore., 11 am. Mike Hodges (503/267-7255).
- Sep 21 - Gresham 10Km, Gresham, Ore. (City Hall), 11 am. Marilyn Paul, 2626 SW Ravensview, Portland, OR 97201.
- Sep 21 - Hot 'n Juicy Road Runs, 5 & 10 Km., Medford, Ore., 9 am. Bob MacLellan, 835 Bennett Av., Medford, OR 97501.
- Sep 21 - Nisene Marks Run-to-the-Creek 10K, Aptos (Hotel Bayview), 9 am. Fritz Watson, 130 Robideaux Dr., Aptos 95003.
- Sep 21 - The Great Grape Race, 10K, Castillero Jr. H.S., San Jose, 8 am. Dave Branning, 1533 Willowbrook Dr., San Jose 95118.
- Sep 21 - Walnut Festival Run (36th), 5.575 Mi., Heather Farms, Walnut Creek, 9:30 am. Andy MacCono, 1840 Geary Rd., W.Crk. 94596.
- Sep 21 - Sonoma Valley Vintage Runs, 3.5 & 6.2 Mi., Sonoma, 8 am. Mark Sports, 18503 Sonoma Hwy, Sonoma 95476 (Date is Tentative)
- Sep 21 - NAS Lemoore X-C Run, 6.5 Mi., time TBA. Carl Whitaker, NAS Lemoore (Recreation Fund), Lemoore 93245 (209/998-3450).
- Sep 27 - Richmond YMCA Pancake Race, 2.7 Mi., Nicholl Pk., 9 am. Michael Banks, 3230 Macdonald Av., Richmond 94804 (415/234-1270)
- Sep 27 - SOS So. Oregon Ladies Championships, 5 & 10Km, Phoenix, Ore., 10 am. Jerry Swartsley, P.O. Box 1072, Phoenix, OR 97535.
- Sep 28 - Vine Village Country Run, 1.5 Mi. & 10 Km., Napa, 9 am. Linda Ginsberg, 132 Soscol, Napa 94558 (707/224-4022).
- Sep 28 - Bridge to Bridge Run, 8.3 Mi., Ferry Bldg., S.F., 8 am. KNBR, 1700 Montgomery St., San Francisco 94111 (415/456-2270).
- Sep 28 - Sacramento Marathon (& 1/2-Marathon), Sac'to, 7 am. (1500 & 1000 Max., full & half) J. McIntosh, 4120 El Camino, Sac 95821
- Sep 28 - North Bay Orienteering Meet, site TBA. Dave Trejo (707/552-0320).
- Sep 28 - Lake Merritt 5, 10 & 15K, Old Boathouse, Oakland, 9 am. John Notch, 230 Marlow Dr., Oakland 94605.
- Sep 28 - Monterey Hospice Race, 10 Km. (Date Tentative), Monterey, time TBA. Don Lucas Ford, 131 Park Ctr. Plaza, San Jose 95133.
- Sep 28 - Natural Light/Portland Half-Marathon, Portland, Ore., time TBA. Wally Larsen, 3855 SW Lake Grove, #30, Lake Oswego 97034
- Sep 28 - RTC/1000 Valleys Marathon, Roseburg, Ore., 8 am. Roger Egenes, 2753 W. Bradford Dr., Roseburg, OR 97470 (503/673-7040).
- Oct 4 - Selma Cancer Run, 6 Mi., Bretlinger Pk., Selma, time TBA. Tony Dominguez, 3746 Gaynor, Selma 93662 (209/896-1028).
- Oct 4 - (Date Tentative) Harvest Fair 10K Run, Howarth Park, Santa Rosa, 10 am. Rick Riehnman, YMCA, 1111 College Av., S.R. 95405
- Oct 4 - Salinas Skyclimb, 7.5 Mi., Toro Regional Pk., time TBA. Don Dugdale, 607 Kirkwood Av., Salinas 93901 (408/422-1681).
- Oct 4 - Women's Bridge to Bridge (4 Mi. & 10 Km.), Eugene, Ore., 9 am. Bill Toney, 2705 Willamette, Eugene 97405.
- Oct 5 - Lagoon Valley Lope/Natural Light 15K, Fairfield H.S., 9 am. Joe Dana, P.O. Box 525, Suisun 94585 (707/429-2411).
- Oct 5 - Pamakid Lake Merced 7-Miler, Sunset Blvd. Parking Lot, S.F., 9:30 am. Pamakids, PO Box 27385, San Francisco 94127.
- Oct 5 - Oakland Brass Pole 10K, Lake Temescal, time TBA. John McPartland, 20047 Meadowlark Dr., Castro Valley 94546.
- Oct 5 - PA-TAC Hour Run Championships (on track) & Nat'l Postal (optional), site & time TBA. WVTC, Box 1551, San Mateo 94401.
- Oct 5 - Valley Children's Fun-D Run, 2 Mi. prediction & 4 Mi., Fresno, time TBA. Linda Datz, Social Serv., 3151 Millbrook Av., Fresno 93703 (209/435-8399).
- Oct 5 - ORRC Hagg Lake Runs (2 & 10.4 Mi.), Scroggins Dam (nr. Forest Grove), Ore., 10:30 am. Leo Sherry, 1880 SW Hawthorne Terr., Portland, OR 97201 (503/227-7244).
- Oct 5 - OTC Pumpkin Days 10Km, Eugene, Ore. (Alton Baker Pk.), 1 pm. Lary Simpson, Sugar Pine Ridge, 877 E. 13th, Eugene 97401.
- Oct 11 - Hart Park Relays, Bakersfield (3-person teams, distance?), time TBA. Larry Arnt, 433 E. Belle Terr., #72, B'fld 93307.
- Oct 11 - Redwood Coast RC Half-Marathon, Watsonville (levee), 8 am. Budd Glassberg (408/475-4090) or Mark Driscoll (408/662-2459)
- Oct 11 - DSE Nat'l. Jogging Day 4-Miler, G.G. Bridge Toll Plaza, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Oct 11 - Valley Run, 14.4 Mi., LaPurissima Mission, Hwy 246, 8:30 am. D. Moser, 1152 Onstott Rd., Lompoc 93436 (805/733-3766).
- Oct 11 - Special Olympics Fund Race, 10 Km., Gilroy(?), 9:30 am. Gilroy Parks & Recr. Dept., 7371 Hanna, Gilroy 95020.
- Oct 12 - Berkeley-Moraga Hill Run, 13 Mi., Claremont Hotel, 10 am. John Monteverdi, 5742 Claremont Av., Oakland 94618.

- Oct 12 - Sri Chinmoy 7-Miler, Stow Lake, Golden Gate Pk., S.F., 9 am. Sundari Michaelian, 2340 - 18th Av., S.F. 94116.
- Oct 12 - Sulphur Springs Runs (2 & 4.5 Mi.), Crane Pk., St. Helena, 10:30 am. Reg Harris, 1267 Walnut, #C66, Napa 94558.
- Oct 12 - Humboldt Redwoods Marathon, nr. Weott, 9 am. (Limited to 2000) Six Rivers RC, Ken Yanosko, Box 214, Arcata 95521.
- Oct 12 - ORRC 10 Mile Track Run, Duniway Pk., Portland, Ore., 9 am. Jim Westwood, 2895 NW Savior, Portland, OR 97210.
- Oct 12 - RTC 4-Person, 10-Mile Relay (1, 2, 3 & 4 Mi.), Roseburg, Ore., 2 pm. Bob Elliot, 2239 NW Troost, Roseburg 97470.
- Oct 12 - Heart of San Diego Marathon (& 10Km Fun Run), Coronado, 7 am. (Limit: 9000-10K, 6000-Mara.) Bob Day, c/o San Diego County Heart Ass'n, Box 3625, San Diego 92103.
- Oct ?? - Nat'l. TAC Masters 20Km. Championships, Washington, D.C. Brooks Shoes, 4200 Cathedral Av., Washington, D.C. 20016. (Set tentatively for mid-October)
- Oct 18 - Redwood Run, 10 Km., East Field House, UCSC, Santa Cruz, 10 am. Phil Jones (408/429-4524 or 429-2531).
- Oct 18 - Nat'l. TAC Masters 10Km. Road Championships, New York City. Kurt Steiner, 1660 E. 21st St., Brooklyn, NY 11210.
- Oct 19 - DSE Coit Tower Run, 3 Mi., Dolphin Club, S.F., 10 am. Walt Stack, 741 Kansas, San Francisco 94107.
- Oct 18 - Russian River Autumn Runs, 2 & 6.2 Mi., Forestville, 10 am. Toni Cannizzaro, Box 69, Forestville 95436.
- Oct 19 - Concord Classic 10Km., Clayton Valley H.S., 10 am. Concord Classic, 1573 Laverne Way, Concord 94521.
- Oct 19 - Berkeley Waterfront Run, 5.09 Mi., 9 am(?). Nike Berkeley, 2114 Addison St., Berkeley 94704 (415/843-7767).
- Oct 19 - Merced Bell Race, Applegate Park, 15 Km. (& 3 Km.), 9 am. Frank Russell, P.O. Box 2462, Merced 95340 (209/723-7276)
- Oct 19 - SCTC Horsfall Beach Run, (1, 3 & 5 Mi.), No. Bend, Ore., 1 pm. Kurt Black (503/269-1934).
- Oct 19 - RTC Lemoio Lake 11.3 Mi., Ore., 2 pm. Greg Jacob, 1874 NW Moore, Roseburg, OR 97470 (503/672-7567).
- Oct 26 - Monterey County Marathon, Salinas(?), 8 am. Dave Lewis, c/o Fleet Feet, 831 S. Main, Salinas 93901 (424-4343).
- Oct 26 - ORRC Portland Marathon, Ore., time TBA. Brent James, 3900 SW Murry Blvd., Beaverton, OR 97005 (503/641-6453).
- Oct 26 - Golden Gate YMCA Marathon, San Francisco, 7 am. (2000 Limit) Ann Merrifield, 37 Clorinda Av., San Rafael 94901.
- Nov 2 - Sacramento 60Km., W. Sac'to, 8 am. Hal Baker, 1182 Cavanaugh W., Sacramento 95822 (916/443-4514).
- Nov 2 - Gales Crk. Valley Marathon, Forest Grove, Ore., 10 am. H. Cummins, 3404 19th Av., #104, Forest Grove OR 97116.□

# OAKDALE DISTANCE CLASSIC #2

sponsored by **Coors**

**DISTANCE:** 10,000 meters  
**DATE:** August 9, 1980  
**TIME:** 8:00 a.m.; Register - 7 a.m.  
**FEES:** \$4.00 per runner  
**AWARDS:** 100 T-Shirts; COORS beer furnished by L&M Distributors  
**PLACE:** Oakdale, Calif. (Kerr Park)  
**INFO:** Call (209/847-2433, 847-0423 or 847-0232



# Track & Field Scheduling

**ALL-COMERS MEETS:** - Not a whole lot of activity this summer in regards to track & field...or, people have just not bothered to send me the information (probably some of both). Remember, if you know of a meet that isn't listed, next time, let us know. Don't assume someone else will send it (they usually don't!). - **Los Gatos High School:** Held every Thurs. evening in July, beginning with field events at 5:30 pm and running at 6:30. No JT or HT...most distances not metric (but track is 400m all-weather, Chevron surface). Flats or 1/2-inch spikes only! Entry fee is 50¢/athlete (Open, H.S., Girls & Masters divisions). For more info, contact Willie Harmatz (408/356-2225 or 395-4311). --- **Burlingame High:** Runners' Feet of B'game (located across the street from the track) is sponsoring 2 meets, one on July 3 and the other on Aug. 7 (both Thurs.), beginning at 6 pm...running events (no hurdles) only, dirt track. Fee is 25¢/athlete. Many age-groups w/ribbons for top 3 in each event. For more info, contact B'game Recr. Dept., 850 Burlingame Av., Burlingame 94010 (415/344-6386) or Runners' Feet (343-4242). --- **San Jose City College:** The American Council of Athletics will sponsor a meet here on July 26 (open to men and women, no entry fees). Meet begins at 10 am. All field events, including HT and JT. For more info: ACA, 4901 Morena North, Ste. 234, San Diego, CA 92117 (714/272-6370 or 273-5060). --- **Cal-Poly, Pomona:** Another meet hosted by the A.C.A. (see above meet at San Jose C.C. for details).

- Jul 12 - Senior Olympics, USC, Los Angeles (2 days) (25/Up), Elmer Douglas, 5670 Wilshire Blvd., Ste. 360, Los Angeles 90036 (213/292-5536, evs)...*Enter by July 5.*
- Jul 17 - Central Calif. TAC T&F Championships, Ratcliffe Stadium, Fresno, 5:15 pm, Fresno TC, Box 6103, Fresno 93703.
- Jul 19 - Jr. Olympics Region XIII, San Diego area, Joe Twyman, 50 Fourth Av., Chula Vista 92010; Women's Decathlon, Ventura H.S., 11 am (2 days), John Dobroth, 1165 Shelburn, Ventura 93003 (805/643-3444).
- Jul 25 - Nat'l. AAU Boys' A/G Champs, Diablo Valley JC (3 days), Dave Sutch, 50 California St., #2350, S.F. 94111.
- Aug 9 - CDM "Don Palmer Memorial" Relays, UC Irvine (SM,M), Dave Jackson, 19103 S. Andmark Av., Carson 90746.
- Aug 9 - Nat'l. Jr. Olympic Decathlon/Pentathlon, Porterville - Contact: AAU, 3400 W. 86th St., Indianapolis, IN 46268 (317/297-2900) (2 days).
- Aug 16 - Pan-American Masters Meet (2 days), USC (Cromwell Fld), Hilliard Sumner, 22713 Ventura Blvd., Woodland Hills 91364 (213/884-1349)...*date changed from 7/26.*
- Aug 15 - Nat'l. Jr. Olympics (3 days), Santa Clara (B/G), Bob Escobar, 500 Hazel, #218, Millbrae 94030.
- Aug 30 - 1st Pan American Games (World Veterans Ass'n), Puerto Rico (3 days), Alberto Gonzales-Julia, Box 11074, Caparra Hgts. Station, San Juan, PR 00922 (763-5172 or 761-3832)...*Entry Deadline Aug. 1.*
- Oct 4 - Santa Barbara Masters Meet, UC Santa Barbara. John Brenndand, 4476 Meadowlark Ln., Santa Barbara 93105.□

## HONOLULU & BOSTON MARATHON TOURS

It's not too early to start planning for either Honolulu (Dec. 1980) or Boston (Apr. 1981)! - The NorCal Running Review has had successful tours to Boston for almost ten years and we've already booked rooms at the Boston Sheraton for next year's package...it's right on the finish-line! We'll be trying our first package to Hawaii this December and we hope you'll join us. While rates to both races will fluctuate a lot within the next 6-10 months, we'll try to get the best package available. If you are interested in receiving information on either tour, drop a S.A.S.E. to: NCR, Box 1551, San Mateo, CA 94401.

## X-C Schedules Needed NOW!

HELP--HELP--HELP--HELP--HELP--HELP--HELP--HELP--HELP--HELP

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Yup folks! We need your help again this season. It always seems that only about a dozen or so readers take the time to send us their X-C Schedules, even after we yell and cry and scream for them! Remember, our scheduling section is only as good as you (the readers) make it. So, if you're an athlete or coach and have a fall X-C schedule compiled for your team, please do us both a favor and drop it in the mail TODAY!! Don't assume someone else will do it, because you can be sure...they probably won't! Remember, the listing will get spectators to your meet.

## Race Walking

**SCHEDULING:** - For all information on scheduling please contact the following individuals--(NorCal) Bill Ranney, 101 Sunnyhills Dr., #65, San Anselmo 94960 (Ph. 415/456-2641) or Tom Dooley, 2250 Sherwin Av., Santa Clara 95050 (Ph. 408/243-5454); (SoCal) Connie Redowald, 852 Sharon Dr., Camarillo 93010; (Oregon) Jim Bean, 336 Jerris St. SE, Salem, OR 97302.

- Jul 12 - TAC Nat'l 15Km Champs, Niagara Falls, NY (M/F Srs/Jrs/Masters), 9 am; Daniel Stanek, 1081 Sheree Dr, Grand Island, NY 14072 (716/773-6386).
- Jul 12 - Sr. Olympics, 5 & 10K (2 days), USC, Los Angeles...*July 5 Deadline* (see T&F Schedule for address).
- Jul 13 - PA/TAC 40K Championships (in conjunction w/S.F. Marathon), 9:30 am (PoLo Fields, Golden Gate Pk., S.F.).

**NATL. AAU 30K** (Mar. 23, Houston, Tex.): 1-Ray Sharp/Un 2:21:03, 2-Kniffton/NYAC 2:25\*, 3-Doolley/WVTC 2:27:40, 4-Glusker/WVTC 2:36:00, 5-Young/SLTC 2:39:30, 6-Ranney/WVTC 2:44:37\*...13-Jeanne Bocchi/MCS 2:54:04 (world best). /Golden Gate RW/

**NATL. AAU 50K** (Apr. 13, New York City): 1-Schueler/PVSTC 4:06:07, 2-O'Connor/NYAC 4:19:26, 3-Kniffton/NYAC 4:32:05\*, 4-Price/PVSTC 4:38:56, 5-Ranney/WVTC 4:44:56\*, 6-Savilonis/Un 4:45:22. /Pete Cava/

**NATL. WOMEN'S TAC 20K** (May 3, Westlake Village): 1-Sue Brodock/RRR 1:48:22, 2-Jones/CW 1:55:46, 3-Maynard/WDS 1:55:54\*, 4-Kash/CW 1:57:23, 5-Urbe/CW 2:01:19. /GGRW - Lori Maynard/

**US OLYMPIC 50K TRIALS** (May 10, Niagara Falls, NY): /Top 3 named to U.S. Olympic Team/ 1-Carl Schueler/PVSTC 3:59:33.2(AR), 2-Evoniuk/Colo. 4:00:30, 3-O'Connor/NYAC 4:11:03, 4-Heiring/CA 4:12:37, 5-O'Sullivan/NY 4:17:57, 6-Glusker/WVTC 4:23:44, 7-Doolley/WVTC 4:26:15, 8-Reilly/Oakland 4:35:50, 9-Someis/NJ 4:37:30, 10-Price/DC 4:44:52...13-Brandwein/L.A. 5:05:31. /Pete Cava/

**JULIE PARTRIDGE MEMORIAL 10K** (May 11, Woodside): /Track/ 1-Ranney/WVTC 49:36\*, 2-Gustafson/SFDC 51:23, 3-Bonnie Dillon/CY 52:38F, 4-Kathy Curtis/CSH 53:59F, 5-Lori Maynard/WDS 54:19F\*, 6-Fred Dunn/PMK 56:39\*, 7-Wade/CY 57:40, 8-Locke/EODYC 58:26, 9-Siitonen/NCS 59:31\*...20 finished. /Golden Gate RW/

**TIBURON 20K TRIALS QUALIFIER** (Jun. 7, Tiburon): 1-Glusker/WVTC 1:33:43 (splits--23:17, 46:40, 70:12). /GGRW/

**ONE-HOUR & 20K TRACK WALK** (Jun. 13, Kentfield): 1-Ranney/WVTC 1:34:51\*(7M, 1574Y at 1-Hour) (splits--23:31, 47:04, 70:53).

**U.S. OLYMPIC TRIALS 20K** (Jun. 21, Eugene, Ore.): 1-Marco Evoniuk/FSRC & James Heiring/SCRR (tie) 1:27:12, 3-O'Connor/NYAC 1:29:05, 4-Scully/ShoreAC 1:30:28, 5-Walker/TS 1:31:06, 6-Schueler/PVS 1:31:17, 7-Berendt/Army 1:35:32, 8-Price/PVS 1:36:36, 9-Lingbloom/CNW 1:37:41, 10-Reilly/BSW 1:38:33, 11-Glusker/WVTC 1:39:07, 12-Bouldin/BSW 1:39:53, 13-Daniel/ShoreAC 1:42:26, 14-Halbur/GGAC 1:43:10, 15-Ranney/WVTC 1:44:11\* (Pyke, Sharp DQ'd). /Shrock/

(Right) Wayne Glusker got 6th at Olympic Trials 50K in PR of 4:23:44. /Lani Bader/□



# Prep Ramblings

by Keith Conning

**CONTRIBUTIONS APPRECIATED:** - Please send results & stories of high school athletes and competitions directly to me: Keith Conning, 2235 Browning St., Berkeley, CA 94702 (Ph. 415/849-4406).

**From the Editor:** - As I stated in last issue, we will be drastically cutting back in our prep coverage in the future and concentrating more on "out-of-school" competitions. We simply cannot afford (nor do I have the time) to continue covering prep results in such depth. The fact that I didn't get any violent objections to this change probably indicates that maybe not as many of our readers follow prep track as we had originally thought. This does not mean we'll completely eliminate it, but as you can see, we're only listing the CIF State Meet results in this issue, and then concentrating mostly on NorCal finishers. Sorry, but it's simply a matter of "survival". In next issue we hope to list the "top 10" seasonal bests for both boys and girls, assuming Keith is compiling such a list again this year.

**LEIGH-WEST VALLEY RELAYS** (Apr. 26, Saratoga): 2MR: Mission San Jose 7:59.5, Fremont 7:59.7; 4MR: MSJ 17:34.1, Leigh 17:49.0, Jesuit 17:53.2. /Bill Hotchkiss/

**STATE CIF CHAMPIONSHIPS** (June 6-7, Berkeley): /BOYS/ 100m: Hawkins/Warren 10.55, Robinson/Berk 10.62...7-Washington/Wdsde 10.93; (I) 5-Smith/PA 11.06, 6-Dilworth/Val 11.11; (II) 3-Williams/NDR 11.02, 5-Wilhite/Cord 11.20, 6-Johnson/TL 11.27; (III) 2-Brooks/Wash-Fre 11.14, 3-Pigrum/Skyl 11.15, 5-Christy/DM 11.30, 6-Jenkins/Chico 11.54; (IV) 2-Washington 10.73, 5-Chandler/DA 10.99. 200m: Robinson/Berk 21.21...4-Toney/NSaI 21.82, 5-White/McClym 21.83; (I) 3-Williams/NDR 22.61, 5-Johnson/TL 22.43, 6-Siguenza/Serra 22.67, 7-Ellis/Grant 23.09; (II) 3-Washington/Wdsde 22.03, 7-Jenkins/Chico 23.83; (III) 5-Chandler/DA 22.31; (IV) 3-Holbert/PinV 22.53. 400m: Turner/Cent 47.51...3-Eddings/Johnson 47.92, 4-Campbell/MP 47.95, 5-Barber/Hglds 47.96; (I) 4-Green/PA 48.78, 5-White/STM 50.07; (II) Campbell 47.60, 4-Bonner/Val 48.42, 5-Walker/Berk 48.48, 7-Reifert/Mercy-RB 51.77; (III) 3-Toney/NSaI 48.61, 4-Prietto/DLS 48.65; (IV) 2-Barber 47.49, 5-Loisel/MSJ 49.31. 800m: Quinones/Tul 1:50.15, 2-Richardson/Berk 1:50.19...5-Rodriguez/Mont 1:51.87, 7-0'DeIl/Vint 1:53.51; (I) 2-Cage/Gal 1:55.01, 6-Saunders/Bell 1:57.71, 7-Rasmussen/CBR 1:58.57; (II) 6-Oliver/LG 1:57.0, 7-McAuliffe/Berk 2:00.85; (III) 4-Duffner/MSJ 1:54.40, 5-Evans/Sea 1:54.70, 7-Spencer/EG 1:59.41; (IV) 4-Corrozza/Para 1:55.47. 1600m: Guinee/CasV 4:06.18, 2-Reyes/Jes 4:06.52; (I) 7-Samario/Leigh 4:18.65, 9-Peterson/Pitt 4:19.35; (II) 5-Long/Calav 4:13.29, 7-Ibarra/Wils-SF 4:16.90, 9-Tedsord/LP 4:19.34, 10-Ingraham/Wsmt 4:22.41, 11-Cottrell/TL 4:26.54. 3200m: DiConti/LC 8:55.79, 2-Marden/MSJ 8:56.08...7-Frank/CenV 9:05.49, 10-Vail/ML 9:10.74, 11-Torres/HJ 9:12.03, 12-Scott/EC 9:13.99, 13-Ibarra/Wils-SF 9:14.68, 14-Shea/CasV 9:15.22, 15-Torres/Ind nt, 19-McCollum/PA nt, 22-Baffert/SRam nt, 23-Magallanes/Sea nt, 24-Wilson/Berk nt.

(CIF Meet, Cont'd...) 110mH: Ward/STM 13.73, 3-Hill/OD 14.02, 4-Williamson/Sky 14.10; (I) 4-Hawkins/Hills-SM 14.81, 6-Strang/NU 15.08; (II) 3-Sherron/Grant 14.56; (III) 3-Rogers/NDR 14.81, 5-Johnson/Pet 15.32, 6-Winningham/Yr 16.54; (IV) 4-Hicks/NSA 14.57, 5-LeFever/Wash-Fr 14.64. 300mLH: Ward/STM 36.57, 5-Sands/Vaca 37.95; (I) 3-Williamson/Sky 38.60, 5-Murray/Berk 38.76, 6-Redick/Wdsde 39.02, 7-Duarte/Chico 40.66; (II) 2-Sands 37.85, 4-Harper/Tracy 38.26, 6-Johnson/Pet 39.32; (III) Ward 36.26, 4-Znkowsky/Hills-SM 37.71, 6-Viramontes/Ant 38.86; (IV) 2-Seanez/Gil 38.05. 400mR: Washington/LA 41.51, 2-Silver Crk 41.76, 3-Berkeley 41.77, 6-Mt. Pleasant 42.05, 7-Skyline/Okld 42.15; (I) 2-Johnson/Sac 42.37, 5-Pinole Vly 44.42; (II) Berkeley 41.73, 5-Pittsburg 42.75; (III) 3-DeAnza/Rich 42.38, 5-NDR 42.97, 6-Enterprise 44.56; (IV) 3-Skyline 42.22, 4-Vallejo 42.41, 6-Woodside 42.59. 1600mR: Centennial 3:10.37(NR), 2-Berkeley 3:10.42, 5-Highlands 3:16.84, 7-Oakland 3:19.50; (I) 5-Vacaville 3:21.33, 7-Buchser 3:24.18; (II) 4-Mt. Pleasant 3:19.62, 6-MSJ 3:21.03; (III) 3-St.Mary's 3:17.71, 4-Vallejo 3:23.45, 6-DelaSalle 3:31.67; (IV) 3-Highlands 3:15.93, 5-Woodside 3:22.56. HJ: Denby/Crenshaw 6-10, 6t-Luster/OakTech & Iliff/Palma 6-8, 8-Wilson/Haywd 6-8; (Trials) Caldwell/Berk, Short/Cord & Williams/Vaca 6-7, Haley/Aca & Hicks/NSA 6-6, Quirke/PH 6-4, Strickland/Anderson 6-2. PV: Stull/Troy 15-10, 2-Ellis/M-A 15-2, 3t-Faber/YC 14-2, (nh) Hanson/Ant & Mahoney/StFr; (Trials) Faber, Hanson & Mahoney 14-4, Couey/Piner, Roth/Okmt & Bahl/Aw 14-0, Sullivan/Wash-Fr 13-8, Hayworth/Lodi & Dunaway/Eur 13-4. LJ: Mayfield/Muir 23-4 3/4, 2-Frazier/Miss-SF 23-4 1/2, 8-Criddle/EC FouI; (Trials) Criddle 23-4 1/2, Smith/PA 22-7 1/2, Metoyer/Tam 22-7, Haysbert/SM 22-2 1/2, Cromedy/DA 21-6, Franks/Srmt 21-6w, Wright/Armijo 21-5 1/2, Purify/Edison-Stkn 21-3, Robinson/Cord 20-11 3/4, Bailey/Berk 20-11 1/2. TJ: Miller/Fre-LA 50-8, 2-Criddle/EC 50-4 3/4, 4-Frazier/Miss-SF 49-7 3/4, 6-Bailey/Berk 47-9 3/4, 8-Robinson/YB 45-6 1/2; (Trials) Frazier 50-0 1/2, Robinson 47-9 1/2, Thompson/MSJ 47-1 1/2, Metoyer/Tam 46-4 1/2, Hunter/Franklin-Sac 46-0 1/2, Johnson/Stagg 45-10, Torres/SCrk 45-3, Stroughter/SM 44-3, Edmundson/NDR 43-6. SP: Garnett/Muir-Pas 64-4 1/2, 4-DeSoto/SRosa 59-2 3/4, 5-Mendizabel/Gund 59-0; (Trials) DeSoto 60-0 1/2, Cupp/ME 57-4, Maggard/Aca 57-3, Babka/Stagg 57-1 1/2, Baxter/Folsom 56-3 1/2, Davidson/Ant 55-10 3/4, Sutfin/Conring 55-5 3/4, Jones/Gal 54-11, Bellantoni/DM 53-8, Rhodes/Merc 52-8 1/2, Sutro/DM 40-4. DT: Bender/Shafter 192-9, 3-Olson/NG 181-3, 6-Day/Mont-SR 174-4, 7-Smith/Tracy 173-6; (Trials) Olson 181-4, Day 180-0, Smith 174-0, Colvin/Lo 172-2, Cowell/Gunn 167-7, Nagengast/DM 166-11, Kaufman/WG 161-3, Benvenut/Rdwd 158-4, Edrington/Rsvle 156-6, Walsh/Frfd 154-4, Bailey/Hldsbrg 152-2, Hall/Ent 137-7. \*\*\* /GIRLS/ 100m: Ware/Berk 11.42, 3-Ward/DA 11.92, 4-Carpenter/DA 11.98; (I) 3-Spence/SLor 12.23, 6-Davidson/Cord 12.61; (II) 4-Schaefer/CC-Mod 12.39, 5-Chewing/Sara 12.68, 7-McGuire/Skyl 12.92; (III) 3-Pounds/LO 12.35, 6-Belvin/Chico 12.94; (IV) 4-Robinson/SCar 12.41, 5-Taylor/DP-Sac 12.54. 200m: S. Howard/Kenn-GH 23.19(NR), 2-Ware/Berk 23.62, 6-Schaefer/CC-Mod 24.97, 7-Robinson/SCar 25.06; (I)w 5-Hansen/Aca 25.60; (II) 4-Griffin/Kenn-Sac 25.38; (III)w 2-King/Berk 25.29, 3-Pounds/LO 25.50, 5-Sanders/Ed-Stkn 25.99, 7-Belvin/Chico 26.77; (IV) 4-Woodson/Linc-SF 25.93, 5-Chewing/Sara 25.94. 400m: D. Howard/Kenn-GH 53.04, 3-Harris/Okld 54.36, 4-Miller/Fre-Snyvle 54.38, 6-Sanders/Ed-Stkn 55.49; (III) 3-Adams/Camp 56.97, 4-Demorest/Buch 57.04, 6-Benton/Fthl-Sac 59.66, 7-Denny/Chico 61.90; (IV) 1-Peters/NG 56.61, 2-Spies/Liv 56.67, 4-Preisser/Seq 58.58. 800m: Davis/Mir 2:09.73, 2-King/Ayer 2:10.86, 6-Hollingworth/Piner 2:15.20, 7-Douglas/Kenn-R 2:16.44; (I) 2-Ellingson/Hywd 2:15.79, 7-Chamness/LS 2:27.75; (II) 3-Anderson/Beyer 2:16.43, 4-Brogan/LA 2:17.0; (III) 2-Douglas 2:11.56, 3-Hollingworth 2:13.16, 5-Korte/Bidwell 2:20.06, 6-Keeton/Wdld 2:20.08, 7-Yaninek/Pres-SJ 2:22.68; (IV) 4-Ray/Okld 2:16.74. 1600m: Plumer/Univ-Irv 4:46.71, 4-Sandel/Camp 4:48.57, 6-Weber/Lynbrk 4:58.84, 8-Bier/Ind nt; (I) 2-Bier 4:49.94, 4-Weber 4:55.84, 7-Weaver/Pond 5:03.20, 9-Gong/Lo-SF nt; (II) 6-Nieto/Merc 5:04.87, 7-King/Ayer 5:06.12, 8-Shanoff/Pet 5:10.27. 3200m: Cook/Ale-MH 10:14.78, 4-Strangio/MSJ 10:36.36, 6-Gaffield/EC 10:42.17, 7-Bier/Ind 10:47.70, 9-Skaden/Enc-Sac 10:48.43, 10-Gong/Lo-SF 10:51.80, 11-MacSwain/TL 10:52.35, 12-Baker/ED 10:56.70, 15-Lambden/CasV 10:59.99, 16-Brogan/LA nt, 18-Harper/Prospect nt, 21-Hughes/RB nt, 25-Slingerland/ML nt. 100mLH: (w) Young/Berk 13.52, 3-Sanders/Berk 13.79, 7-Johnson/Berk 14.23; (I)w 6-Deese/Las 14.87; (II)w Sanders 13.76, 4-Crevelt/Sfr 14.41; (III)w 3-Miller/Hog 14.56, 5-Berry/McClym 14.90, 7-Flemmings/NG 16.14; (IV)w 3-Milton/Frfd 14.68. 400mR: Kennedy/GH 45.81(NR), 4-DeAnza 46.23, 5-Cordova 47.88, 8-San Carlos 48.37; (I) 4-Frmt/Snyvle 49.69, 5-Merced 49.94, 6-McClymonds 50.53; (II) 3-Silver Creek 49.16; (III) 5-Acalanes 49.71, 6-Chico 50.13; (IV) 2-Logan 48.92, 5-Foothill 49.99.

(Continued on next page...)



(L-R) Jay Marden (2nd in 3200m), Larry Guinee (1st in 1600m) & Pete Richardson (1st/800m). /Gosney; Stock; Conning/





(L-R, Top to Bottom) Frank Williamson (Skyline) was 4th in CIF highs, while Don Ward (St. Mary's) won both hurdle events. Tanaya King taking baton from Sharon Ware (Berkeley), winner of CIF 100m. Judy Young (Berkeley) won CIF girls' hurdle event. Liz Strangio (Mission San Jose) and Mary Gaffield (El Cerrito) were top two NorCal finishers in CIF 3200m (4th & 6th). /Gosney/

(CIF Meet, Cont'd...) /GIRLS/ 1600mR: Kennedy-GH 3:37.98(NR), 7-Berkeley 4:02.88; (I) 4-Campo Lindo 3:56.37, 5-Fremont/Snyvle 3:59.59, 6-Johnson/Sac 4:04.54; (II) 6-Oakland 3:59.80, 7-Silver Crk 4:07.41; (III) 3-Livermore 3:53.67, 5-Placer 4:02.96, 6-Chico 4:11.28; (IV) Berkeley 3:48.22, 4-Carlmont 3:57.53, 5-Miramonte 4:02.17, 6-LaSierra 4:06.45. HJ: Lysaght/SFR-Sacto 6-0, 4-King/M-A 5-8, 7t-Van Zeeland/Aca 5-6; (Trials) Van Zeeland 5-7, Robinson/Fre-Snyvle, Dana/Colusa & Greenfield/Rdwd 5-6, Bishop/Berk 5-5, Crist/Sunset, Jacobsen/Wld, Johnson/SLT 5-4, Roach/SCat 5-3. LJ: Harmon/ThOaks 20-8 3/4, Sanders/Berk 18-11, 5-Nicks/Elis 18-0; (Trials) Sanders 19-3 1/2, Nicks 18-8 1/2, Sullivan/Ayer 18-5 1/2, Johnson/Berk 18-3 3/4, Stahl/StM-Stkn 18-1 3/4, Jackson/TL 17-10 1/2, Abruzzini/Gil 17-10 1/2, Dansby/Grnt 17-4, Milton/Frflld 17-3 3/4, Phifer/Ind 16-10 1/2, Hudson/LPlumas 16-8 1/2, Stroman/Oklid 16-6 1/2. SP: Kaaiawahia/Full 48-4 1/2, 6-Rodriguez/Mariposa 44-1 1/2, 7-Deniz/Griddle 43-4, 8-DeSnoo/Wash-Fre 41-3; (Trials) Deniz 44-8 1/2, Tinnin/BO 39-1, Townsel/SCrk 38-3 1/2, Ramirez/Hill 38-3, Koch/Escaalon 38-2 1/2, Gallegos/Liberty 37-7, Carrozzi/Carlmont 37-6 1/2, Duckett/Lo 36-2 1/2, Callaghan/MVis 35-4 (also Phillips/MLoma 38-10 1/2). DT: Deniz/Griddle 172-11(NR), 3-DeSnoo/Wash-Fre 149-7, 5-Rodriguez/Mariposa 139-9; (Trials) Rodriguez 142-11, Kennedy/Roseville 132-1, Perkins/Wstmr-DC 129-11, Dhont/Aca 126-8, Dentinger/ECam 122-10, Hambleton/Buch 122-0, Townsell/SCrk & Fortner/Liberty 110-4, Spahn/Arroyo-SLor 102-8, Duckett/Lo 91-6. /Keith Conning/

GOLDEN WEST INVIT. (Jun. 14, Sacramento): 400m: Wade/IL 47.01, 3-Barber/NHghTds 47.96; Mile: Zishka/OH 4:03.85, Reyes/Jesuit 4:06.01; 110mHH: Clark/TX 13.70, Andrade/Johnson-Sac 13.79; 400mH: Andrade 52.73; HJ: Jacoby/ID 6-10, 2t-Morris/Johnson-Sac 6-8; TJ: Miller/Fre-LA 49-7 3/4, Criddle/EC 49-0 3/4; JT: Stockton/LA 235-3, 3-George/Pleasant Hill 217-8. /T&E/N/□

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(Above right) Henry Andrade (H. Johnson/Sac'to) placed 2nd in the highs and 1st in the 400 intermediates at the Golden West Invitational. /Don Gosney Photo/

# TRACK AND FIELD RESULTS



**Editorial Note:** - As we mentioned last issue, we are cutting back a lot in our coverage of track & field, at least the college coverage, which is usually covered pretty well in local newspapers. We'd like to have statistical lists for "open" (out-of-school) athletes, but of course we need volunteer(s) to do this. If anyone out there is interested in compiling such a list for the 1980 track season (thru at least the Olympic Trials), please let us know...ideally we'd like to go 10-deep in each event.

NOR-CAL TWILITE MEET (Apr. 5, Los Gatos): /MEN/ 100m: Rochee/SJS 10.9; 400m: Thorson/Iceland 50.4; 800m: Beckert/WVTC 1:55.4; 1500m: Person/WVTC 4:00.2; 5000m: Cassaday/WVTC 14:16.1, Richardson/Iowa 14:36.9; 10,000m: Stahl/PW 30:29.7, Quintana/AGRC 30:36.2, Gyorey/PW 30:50.6, Goettelmann(36)/WVTC 31:41.8; 110mHH: Carty/Un 14.7; HJ: Nelson/Un 6-10; PV: Gutteridge/TS 16-6, Bockmiller 16-0, Kibort/WVC 16-0, Babits/WVTC 16-0, Williams/TS 16-0; LJ: Campbell 22-7; DT: Hafsteinsson/Iceland 167-9 1/2; JT: Einarsson/Iceland 227-11 1/2; /WOMEN/ 200m: Mollory 25.1, Gibbs 25.1; 400m: Kjartansdottir/Iceland 55.6, Gibbs 60.0; 1500m: Brusher/WVTC 5:14.4; 3000m: Munday/WVTC 10:14.9. /Dan Cruz/

SACRAMENTO RELAYS (Apr. 5, Sacramento): 10,000m: Brown/Sac 31:00.5, Mansoor/AGRC 31:05.7; DT: Herbst/Un 172-1; HT: McKenzie/Un 220-7, Oswald/WVTC 189-4; 4MR: HSU 17:08.4, Nev-R 17:22.4, SacSt 17:22.6; SP: Marks/WVTC 59-7, Hubbard/UNRTC 58-7; 3000mSC: Anex/UCD 9:21.6, Searls/HSU 9:21.8; LJ: Anderson/SA 23-1 1/2, Brooks/SA 22-11 1/2; 880R: SacSt 1:26.1; JT: Lawry/HSU 210-4, Mikaelson/UNR 209-8; DMR: HSU 10:18.8; PV: Maestretti/UNR 16-9 1/2; HJ: Link/UCD 7-0; 5000m: May/UNRTC 14:33, Van Horn/SacSt 14:36; 400mH: Welander/UNRTC 50.9; 400mR: SCC 40.9, S-A 41.2; 2MR: UNR 7:52.9; 1600mR: SCC 3:16.6, S-A 3:17.9. /Bruce Drummond/

WEST VALLEY MASTERS T&F MEET (Apr. 19, Los Gatos): /MEN/ 100m: (30-34) Marshall/WVTC 11.3, (35-39) Fitzsimmons/WVTC 11.1, Robinson/WVTC 11.1, (40-44) Anixter/NCS 11.5, (45-49) Knox/CDM 11.7, Springbett/NCS 11.7, (50-54) Washington & Roemer/NCS 12.3, (65-69) Satti/NCS 13.4, (70-74) Castro/SCS 14.2; 200m: (35-39) Romain/WVTC 22.3, Fitzsimmons/WVTC 22.6, Simpson/WVTC 22.9, (40-44) Maresca/NCS 24.4, (45-49) Newton/SCS 23.2, Springbett/NCS 23.6, (50-54) Roemer/NCS 25.4, Washington 25.6, (65-69) Satti/NCS 28.0, (70-74) Castro/SCS 30.0; 400m: (30-34) Pruitt/WVTC 48.8, (35-39) Romain/WVTC 50.3, (40-44) Newton/SCS 52.7, Knocke/Un 52.8, (65-69) Satti/NCS 68.1; 800m: (30-34) Browne/WVTC 2:08.4y, (35-39) Romain/WVTC 2:01.8, (40-44) Donaldson/WVTC 2:01.3, Richardson/WVTC 2:03.1, Knebel/WVTC 2:04.7, (50-54) Stevenson 2:18.7; 1500m: (35-39) Schupbach/Seq 4:10.4, McFadden/WVTC 4:10.9, (40-44) Cathcart/WVTC 4:08.0, Wellck/WVTC 4:28.4, (50-54) Stevenson 4:49.0; 5000m: Clary/WVJS 15:35.3, (35-39) Meinhardt/WVJS 16:01.3, (40-44) Wellck/WVTC 16:29.7, Lewis/TRAC 16:34.2, (60-64) Preston/NCS 20:11.5; 10,000m: (40-44) Escobedo/TRAC 36:20; 440R: (40-44) NCS 48.9; more...

(West Valley Masters T&F Meet, Cont'd)

Miler: (30-34) WVTC 3:37.1, (35-39) WVTC 3:31.4; 110mHH: (50-54) Roemer/NCS 18.5; 400mH: (30-34) Pruitt/WVTC 55.7; JT: (40-44) Gale/WVTC 165-11, (45-49) Conley/Un 187-0, Letcher/NCS 173-3, (60-64) Burke/CDM 112-11½, (70-74) Curtice/NCS & Doms/SCS 98-7½ (World AG Rcd for 73); HJ: (30-34) McGinnity/WVTC 6-4, (40-44) Brown/NCS 6-0½, (45-49) Wyatt 6-2 3/4 (World AG Rcd for 48), (65-69) McCarthy/NCS 4-5; PV: (35-39) Hotaling/NCS 13-0; LJ: (35-39) Robinson/WVTC 20-3½, (40-44) Walker/NCS 20-10, Bertelson 18-6½, (50-54) Roemer/NCS 16-8, (55-59) Johnson/NCS 16-9, (65-69) Satti/NCS 15-11; DT: (40-44) Hart/CDTC 133-6; TJ: (40-44) Walker/NCS 40-5, (65-69) Satti/NCS 30-4; SP: (40-44) Hart/CDTC 43-11 3/4, (65-69) York/NCS 43-1½. \*\*\* /WOMEN/ (35-39) Gerard/WDS 14.1; 200m: (50-54) Kinsey/CDM 31.7, (60-64) Kolda/NCS 36.7; 1500m: (30-34) Olrich/WVTC 4:45.5; 10,000m: (55-59) Caselli 48:36.3; 5000mRW: (30-34) Dillon/CY 25:13.6, (40-44) Maynard/WDS 27:10.1. /Los Gatos A.A./



Stanford's Rick Buss took a big liking to the hammer this spring, upping his PR to a whopping 222-5 and taking 5th in the Olympic Trials with that effort.

SAN JOSE STATE INVIT. (Apr. 26, San Jose): 10,000m: Cassaday/WVTC 29:38.7, May/UNR 29:55.5, Ramirez/FTC 30:19.9; HT: McKenzie 229-0, 4-Burke/SJStars 206-11, 5-Oswald/WVTC 193-3; 400mR: BAS 39.7, 4-SJS 40.3; 3000mSC: Hurst/WVTC 9:15.9; SP: Laut/AW 67-7, Oldfield/UCTC 66-0, 6-Marks/WVTC 58-8; 1500m: Clifford/GBrTC 3:47.1, Sallee 3:48.4, 4-Navarro/Nev-R 3:50.0; 110mHH: Cooper/BAS 13.7, 4-Whitfield/Army 13.8; HJ: 3-Gibbs/SJS 7-0, 4-Reinhart/CSH 6-10, 5-Pritchett/SJS 6-10; Champ-100m: 2-Thomson/SJS 10.2; Invit.-100m(#2): Rochee 10.2, Payton/BAS 10.3; 800m: Rolle/Army 1:50.1, Johnson/ICAC 1:50.9, Joakimsson/WVTC 1:53.3, Crocker/BAS 1:53.3; 400mH: Jackson/StanTC 51.5; Champ-200m: Hampton/BAS 20.5, 5-Williams/SSTC 20.8; PV: Woepse/SSTC 17-6, 5-Bohni/SJS 17-0, 6-Black/SJS 17-0, 6-Maestretti/UNR 17-0; JT: Kennedy/SJSts 272-8, Ransford/SJS 260-10, Jackson/SJS 233-8, Einarsson/WVTC 233-7; LJ: 2-McRae/BAS 25-9 3/4, 3-Royster 24-4½; DT: Wilkins/AW 224-0, Hjeltnas/BAS 216-4, Plucknett 212-7, McGoldrick/SJSts 209-9, Powell/SJSts 207-8; TJ: 2-Alston/CSH 51-10½, 4-Roberts/SJS 51-5, 5-Wyrick/SJS 51-2½; 5000m: Fabris/CPSLO 14:48.4. /Dave Shrook/

PA-TAC CHAMPIONSHIPS (May 26, Hayward): /MEN/ 10,000m: Gruber/AGRC 30:37.5, Nabers/GSF 30:49.3; 5000mRW: Berendt/SGTC 21:59.8, Riley 22:26.4; HT: Mileham 220-0, Buss/StanTC 209-5, Burke/SJSts 206-8, Thomson/StanTC 195-6; 400mH: Wendell/Army 52.0; 400m: Cooper/BAS 47.2, Brown/Un 48.6, Johnson/ICAC 48.8; SP: Feuerbach/AW 67-4½; 100m: Hart/BAS 10.4, Washington 10.4, White/ICAC 10.5; 1500m: Johnson/Army 3:50.1, O'Reilly/Cal 3:51.9; HJ: Gibbs/SJS 7-0½, Reinhart 7-0½, Nelson 6-10½; LJ: 23-7; 110mH: C. Hart/BAS 13.7, Collins/Army 13.8, Ligons/Un 14.0; 800m: Schilling/AGRC 1:51.7, Rolle/Army 1:51.9, Schaer/StanTC 1:52.1, Joakimsson/WVTC 1:53.9; 200m: Washington/Army 20.8, Banks/StanTC 21.4; JT: ROLLER/SKYCC 220-4, Keith/Army 219-7, Walker/SA 218-11; TJ: Lloyd/Army 52-3½, Kimble 51-11½; 3000mSC: Hurst/WVTC 9:27.8; 5000m: Sullivan/WDS 14:38.8; DT: Hjeltnes/Un 218-9, Burns/SJSts 217-9, Powell/SJSts 215-9, Plucknett 212-4; PV: McAlexander 17-0, Bockmiller/WVTC 16-6; /WOMEN/ 10,000m: Fox/SSU 36:40.9, Cox/SSTC 36:50.9, Roberts/SSU 36:51.6, Taylor/WVTC 37:43.8; 5000mRW: Dillon/CY 25:11.4, Maynard/WDS 26:08.4\*; 400mH: Hawthorne/BEB 60.9, Demorest 61.0, Jones/Army 61.1, Johnson/StanTC 61.1; 1500m: Campbell/StanTC 4:30.3, Graham/AGRC 4:41.3; 400m: Williams/BEB 57.9, Williams/RenoTC 58.6; JT: Osborne/StanTC 178-3, Whitfield 150-9; LJ: Donald/StanTC 18-0½; 300m: Jacobs/WDS 48.8; 440R: BEBTC 48.7; DT: Moreau/Army 165-3, Zaphiropoulos/GBrTC 161-3, Robinson 152-5; 100m: Cobbs/BEB 11.9; 100mH: (14-15) Bates/BEB 15.2; 100mH: Hawthorne/BEB 14.2, Johnson/StanTC 14.5; 800m: Wotherspoon/SJC 2:19.5; HJ: Gisladotir/WVTC 5-8 7/8, King/MAHS 5-7; 200m: Cobbs/BEB 24.1; 3000m: Schnurpfeil/StanTC 9:44.8, Olrich/WVTC 9:55.9, Wotherspoon/SJC 10:04.3, Cox/SSTC 10:17.9, Harms/AGRC 10:32.2. /Dave Shrook/

PA-TAC MASTERS CHAMPIONSHIPS (May 31, Los Gatos): /MEN/ 100m: (30-34) Marshall/WVTC 10.8, (35-39) Dungan/PTC 10.9, (40-44) LaTorre/NCS 11.7, (45-49) Sanchez 11.7, (50-54) Washington/BAS 12.2, (55-59) Juilland 12.6, (60-64) Jordan 12.0, Killion/CDM 12.9, (65-69) Koppel/NCS 13.2; 220y: (30-34) Marshall/WVTC 21.9, (35-39) Dungan/PTC 22.0, Fitzsimmons/WVTC 22.7, (40-44) Anixter/NCS 23.9, (45-49) Sanchez 24.1, (50-54) Washington 25.7, Dowell/NCS 25.7, (60-64) Jordan 25.9(WR), Killion/CDM 26.8; 400m: (30-34) Pruitt/WVTC 49.6, (35-39) Whitney 50.8, (40-44) Green/RWR 54.1; (50-54) Dowell 57.6, (65-69) Satti/NCS 66.2; 110mHH: (30-34) Carty 15.1; 400mH: (35-39) Whitney 55.7; 800m: (35-39) Mason/WVTC 2:02.4, (40-44) Donaldson/WVTC 2:05.9, (50-54) Stevenson/Un 2:15.1, (55-59) Annot 2:16.3; 1500m: (30-34) Tracy/WVTC 4:08.0, (35-39) Howell/WVTC 4:17.8, (40-44) Donaldson/WVTC 4:19.2, Shafer/CRC 4:20.7, Wellck/WVTC 4:31.1, (45-49) Lewis/TRAC 4:44.4, (50-54) Stevenson 4:45.8; 5000m: (35-39) Franklin 15:36.3, (40-44) Wellck/WVTC 16:15.6, (45-49) Lewis/TRAC 17:34.9, (50-54) Carpenter/WVTC 18:07.9, (60-64) Preston/NCS 19:39.2; 10,000m: (40-44) Harris/WVTC 32:58.5, (45-49) Lewis/TRAC 34:07.2; 440R: (40-44) Ophir 47.1; Miler: (30-34) WVTC 3:34.5; LJ: (30-34) Marshall 19-7 3/4, (35-39) Isaksen 19-8, (45-49) Conley 18-0, (50-54) Roemer/NCS 16-7 3/4, (55-59) Johnson/NCS 17-1, Spencer/SDTC 17-0; HJ: (30-34) McGinnity/WVTC 6-2, (40-44) Brown/NCS 6-3½, (45-49) Wyatt 6-2, (50-54) Henderson/NCS 4-8½, (65-69) McCarthy/NCS 4-7½(AR); JT: (40-44) Gale/WVTC 175-7, (45-49) Conley 193-0, Letcher/NCS 180-10, (60-64) Burke 120-10; DT: (30-34) Fahey/WVTC 155-7, (60-64) Burke 120-10; SP: (30-34) Lane 56-8½, (40-44) Hart/USMC 44-0½, (65-69) York/NCS 44-7; \*\*\* /WOMEN/ 100m: (40-44) Sherrard/NCS 12.7, (45-49) Obera/NCS 12.7, (60-64) Kolda/NCS 16.4; 220y: (40-44) Sherrard/NCS 28.9, (45-49) Obera/NCS 27.9, (60-64) Kolda/NCS 35.6; 400m: (45-49) Obera/NCS 65.8, (60-64) Kolda/NCS 87.0(AR); 110mHH: (40-44) Sherrard/NCS 16.6; 800m: (30-34) Briogeman 2:32.0; 1500m: (40-44) Mitchell/TAM 5:16.6; 5000m: (35-39) Fox/WVTC 17:34.0; 5000mRW: (30-34) Dillon/CY 25:04.0, (40-44) Maynard/WDS 26:12.7; 10,000m: (30-34) Olrich/WVTC 35:41.0; HJ: (40-44) Sherrard/NCS 4-6; SP: (40-44) Sherrard/NCS 37-4½. /Bruce Springbett - Los Gatos A.A./

(30-34) Tracy/WVTC 4:08.0, (35-39) Howell/WVTC 4:17.8, (40-44) Donaldson/WVTC 4:19.2, Shafer/CRC 4:20.7, Wellck/WVTC 4:31.1, (45-49) Lewis/TRAC 4:44.4, (50-54) Stevenson 4:45.8; 5000m: (35-39) Franklin 15:36.3, (40-44) Wellck/WVTC 16:15.6, (45-49) Lewis/TRAC 17:34.9, (50-54) Carpenter/WVTC 18:07.9, (60-64) Preston/NCS 19:39.2; 10,000m: (40-44) Harris/WVTC 32:58.5, (45-49) Lewis/TRAC 34:07.2; 440R: (40-44) Ophir 47.1; Miler: (30-34) WVTC 3:34.5; LJ: (30-34) Marshall 19-7 3/4, (35-39) Isaksen 19-8, (45-49) Conley 18-0, (50-54) Roemer/NCS 16-7 3/4, (55-59) Johnson/NCS 17-1, Spencer/SDTC 17-0; HJ: (30-34) McGinnity/WVTC 6-2, (40-44) Brown/NCS 6-3½, (45-49) Wyatt 6-2, (50-54) Henderson/NCS 4-8½, (65-69) McCarthy/NCS 4-7½(AR); JT: (40-44) Gale/WVTC 175-7, (45-49) Conley 193-0, Letcher/NCS 180-10, (60-64) Burke 120-10; DT: (30-34) Fahey/WVTC 155-7, (60-64) Burke 120-10; SP: (30-34) Lane 56-8½, (40-44) Hart/USMC 44-0½, (65-69) York/NCS 44-7; \*\*\* /WOMEN/ 100m: (40-44) Sherrard/NCS 12.7, (45-49) Obera/NCS 12.7, (60-64) Kolda/NCS 16.4; 220y: (40-44) Sherrard/NCS 28.9, (45-49) Obera/NCS 27.9, (60-64) Kolda/NCS 35.6; 400m: (45-49) Obera/NCS 65.8, (60-64) Kolda/NCS 87.0(AR); 110mHH: (40-44) Sherrard/NCS 16.6; 800m: (30-34) Briogeman 2:32.0; 1500m: (40-44) Mitchell/TAM 5:16.6; 5000m: (35-39) Fox/WVTC 17:34.0; 5000mRW: (30-34) Dillon/CY 25:04.0, (40-44) Maynard/WDS 26:12.7; 10,000m: (30-34) Olrich/WVTC 35:41.0; HJ: (40-44) Sherrard/NCS 4-6; SP: (40-44) Sherrard/NCS 37-4½. /Bruce Springbett - Los Gatos A.A./

NATL. TAC/AAU CHAMPIONSHIPS (Jun. 13-15, Walnut): /MEN/ 100m: Floyd/AubTC 10.19, (Heats) (I) 1-Hart/BAS 10.42, (V) T-T. White/ICAC 10.40w, (Semis) (I) 5-Hart 10.44, 8-Nelson/StanTC 10.57, (II) 5-White 10.50; 200m: King/SSTC 20.08, Hampton/BAS 20.37; 400m: Smith/AubTC 45.36; 800m: Robinson/ICAC 1:46.2; 1500m: Lacy/AFS 3:40.86, 7-Aldridge/Sub4 3:42.52, (Heats) (III) 6-Tom Smith/FSRT 3:47.63; 3000mSC: Brown/AW 8:26.2; 5000m: Centrowitz/OTC 13:33.61, 10-Wysocki/SS 13:58.46; 10,000m: Gomez/Mex 28:44.0, 3-Tuttle/TIT 29:19.9; 5000mRW: Sharp/Un 20:27.8(AR), 6-Glusker/WVTC 22:31.1; 110H: Nehemiah/DCI 13.49, Cooper/BAS 13.56, (Semis) (I) Cooper 13.54, 6-Cowling/Cal 13.88; 400mH: Lee/SIU 49.38, 4-Greybeh1/PCC 49.95, (Heats) (II) 2-Greybeh1 49.92, 6-Cowling/Cal 52.05; HJ: Jacobs/AU 7-4½, 7-Myers/A1aCC 7-1 3/4, (Non-Qual) Owens/AA & Radan/SacSt nh; PV: Hintnaus/AFS 18-2½, Ripley/PCC 18-2½, Woepse/SSTC 17-10½, (Qual.) Bockmiller/WVTC 17-4 3/4; LJ: Myricks/AA 27-1½w; TJ: Banks/ACA 56-11½w; SP: Oldfield/UCTC 71-7, 5-A.Feuerbach/AW 67-7 3/4, 7-Pyka/Stars 66-4½; DT: Wilkins/AW 224-3, Powell/Strs 222-5, Hjeltnes/AW 216-0, Plucknett/AFS 214-1, 8-Burns/Strs 206-1, 13-Oldfield/UCTC 181-10, (Qual.) Wilkins 226-0, Hjeltnes 216-11, Plucknett 216-8, Burns 211-11; HT: Urlando/It 251-3, 5-McKenzie/Un 229-6, 10-Burke/Strs 212-9, 11-Buss/StanTC 209-4, (Qual) Thomson/StanTC 194-2; JT: Atwood/AW 273-10; /WOMEN/ 100m: Brown/LAN 11.21; 200m: Hawkins/TSU 22.80w, 7-Bolton/ML 23.40, 8-Parker/BEB 23.93, (Semis) (II) 4-Parker 23.64; 400m: S.Howard/Al 51.51, (Semis) (I) 8-Franklin/ML 55.94, (II) 7-Bolton/ML 53.62; 800m: Manning/OR 1:58.75, Campbell/StC 2:01.59, 4-Weston/PCC 2:04.59, 6-Regan/SJC 2:06.50; 1500m: Larrieu/PCC 4:12.72, 4-M.Keyes/SLO 4:14.30, 10-Trumbly/GBrTC 4:28.65, (Heats) (I) 6-Trumbly 4:26.96; 3000m: Brown/LAN 9:07.90, 11-Schnurpfeil/StanTC 9:58.01; 10,000m: St. Hilaire/LAC 33:31.0, 12-Aubuchon/GBrTC 35:16.3; more....



Cal's Alice Trumbly was second in AIAW 1500m at 4:17.58 PR. /Don Gosney/



(TAC/AAU Championships, Cont'd...) 400mH: Mahr/KCBQ 56.3(AB); 100mH: Hightower/OhSt 13.14, (Heats) (I) 6-Hawthorne/BEB 14.11; 5000mRW: Brodock/SCC 23:19.1(AR), 3-Dillon/CY 24:40.3; 10KmRW: Brodock 51:01.0; 400mR: LANTC 43.81, 3-BEBTC 45.84; 2MR: LAN 8:32.3, 3-SJC 8:36.4 (Weber 2:10.5, Speis 2:09.2, King 2:07.7, Figliomeni 2:09.9); SMR: AlITC 1:37.40, 6-BEBTC nt; HJ: Rienza/SDS 6-4(CR); LJ: Anderson/LAN 21-9 3/4; SP: SeidTer/Strs 59-1; DT: Griffin/ACA 191-9, 5-Svendsen/Un 170-2, 8-Zaphiropoulos/GBRtc 162-3, (Qual) Svendsen 173-11, Zaphiropoulos 164-11; JT: Smith/ACA 199-1, 8-Osborne/StanTC 161-4. /T&E/N/

U.S. OLYMPIC TRIALS: - Next issue we'll be listing results of all NorCal finishers, including performances in heats, etc. We just received them a few days ago but don't have time to pull out local performers this time around. Quite a few locals made the "team". □

## LONG DISTANCE RESULTS

Hopefully we'll be able to catch up with most of the results in this issue. Again, we're omitting "stories" in most instances unless we really know something about the way the race went or unless we know certain key records were broken, etc. The first section contains mostly "miscellaneous" results...those races where we list "in depth" performances are at the end of this section. Our standard coding when age/sex is not obvious (in all-masters or all-women's races, etc.): \* = Master; F = Woman; F\* = Masters Woman. - In the past, we've tried to list just about everything we receive. In the future we'll have to limit our coverage somewhat because of the vast number of races/runners.

RACE DIRECTORS: - Please submit all race results promptly to this publication and to the National Running Data Center, Box 42888, Tucson, AZ 85733. Be sure to show the date, location, and name/distance of the race, and whether or not it was run on a certified course, as approved by the National Standards Comm. The NRDC requires a listing of all finishers, as does the NCRM, preferably with name, age, sex, hometown/club and finish time of each. It is important that the NRDC gets such complete results in order to give all runners credit in records and rankings.

NEW YORK CITY MARATHON (Oct. 21, NYC): /10,308 finishers! - /Men/ Rodgers/GBTC 2:11.42, Pfeffer/CO 2:13:09...7-Shorter/CTC 2:16:15, 61-Rivas/ETC 2:27:13, 85-Bellah/WSSAC 2:30:01, 104-Paul/PMK 2:32:31, 183-Kadish 2:39:02, 241-Stagliano/DSE 2:42:01, 244-Schieffer/LMJS 2:42:07, 305-Howell/WVTC 2:44:31, 350-Howe 2:47:00, 499-Nabers/WVTC 2:52:37, 502-Gustafson/SFPD 2:52:46, 631-O'Neil/BC(54) 2:56:22, 659-Medinger/TAM 2:56:50, 760-Helgerson 2:58:50; /Women/ Waitz/Nor 2:27:33, Adams/GB 2:38:33...7-Peterson/STC 2:47:37, 10-Soderholm-Difatte/WVTC 2:49:05, 11-Binder/KCBQ 2:50:23, 13-Young 2:51:51, 15-Leydig/WVTC 2:54:35, 103-Minjares 3:29:01, 116-V.Collins/WVJS(49) 3:31:54. /NYRN/

GARLAND RANCH RUN (Oct. 28, Carmel Valley): /86 finishers; very hilly 10Km/ T-Churney/WVTC 35:30, 2-Higgins 35:54, 3-Gaches 36:10, 4-Hansen 36:44, 5-Hennessy 38:39, 6-Schafer/CRC(40) 39:08\*, 7-Brazinsky(41) 39:31\*, 8-Muller 39:35, 9-Dally/WVTC (48) 40:31\*, 10-Henderson 40:46, 11-Whisler(40) 41:14\*...33-Jody Conley 46:59F, 42-Monza 48:14F, 43-Grayson(45) 48:28F\*, 51-Kludt 49:55F, 52-Reid 49:56F. /Ed Bredthauer/

MONTEREY COUNTY MARATHON (Oct. 28, Salinas): /Incomplete results received/ 1-Fritz Watson/WVTC 2:25:46, 2-Pawlak 2:29:16, 3-Bega 2:32:29, 4-Darling/ETC 2:34:37, 5-Conroy/ETC 2:38:05, 6-Kanter 2:42:58...Liedtke 2:47:45\*, J.Anderson 2:55:41\*... Sally Edwards/FF 3:09:17F. /Half-Marathon/ 1-Scott Peters 1:11:09, 2-Huff 1:13:58, 3-Dugdale 1:15:15, 4-Tamagni 1:16:46...Maria Trujillo 1:24:32, Burkes/WVTC 1:26:14F, Regalado 1:33:21F, Busling 1:34:22F. /Fleet Feet - Salinas/

20TH CENTURY FOX WOMEN'S MARATHON (Nov. 3, Los Angeles): 1-Bev Shingles/NZ 2:45:46, 2-Story 2:46:46, 3-Petersen/STC 2:47:43, 4-File/NZ 2:47:59, 5-Butterfield/Bermuda 2:49:59, 6-Krenn/SOTC 2:50:32, 7-Henderson/CO 2:51:37, 8-Pagala/HI 2:54:47, 9-Rudolf/WVTC 2:56:44, 10-Swannack/WDS 2:57:23, 11-Groombridge/WA 2:58:43, 12-Scannell/IMP(41) 3:00:47\*...21-Schauberg 3:09:01, 25-Giannini/SSS 3:15:00, 28-Anderson/NCS(50) 3:16:41\*, 34-Schumacher 3:21:24...38 finishers. /John Brennan/

SACRAMENTO "SIXTY" (Nov. 4, Sacramento): /60Km...32 finishers/ 1-Ron Nabers/WVTC 4:06:18, 2-Hoschler 4:10:31, 3-Nathanson 4:20:26, 4-Gardner 4:42:08, 5-Owen 4:43:34...7-Branham/WVTC

(Sae'to "60", Cont'd...) 4:49:04\*...8-Sally Edwards/FF 4:50:50, 13-Joan Perkins 5:13:02...60Km=37.28 Mi. /Abe Underwood/

EL CAMINO REAL STAKES/HEART FUND RUN (Nov. 4, San Mateo): /150 finishers; 10Km/ 1-Jan Sershen/ETC 33:12.4, 2-Leydig/WVTC 33:17, 3-Duncan/WVTC 34:26, 4-Jurczynski 35:22, 5-Stanbridge 35:40, 6-Gluckman 35:48, 7-Haight 36:04, 8-McFadden/WVTC 36:09, 9-Twesten 36:16, 10-Gilligan 36:28...12-Paul/WVTC 37:10\*, 13-Mattern 37:13\*, 14-Shastany(50) 37:28\*, 22-Taylor/WVTC 38:33\*, 26-Judy Leydig/WVTC 39:56, 41-Brazell 40:40F, 42-Ivaldi/WVTC 40:53F, 55-Nelson 42:13F. /Pete Michon/

HEART OF THE EMPIRE 15K (Nov. 4, Santa Rosa): /146 finishers/ 1-Weymouth Kirkland/VMRC 49:14, 2-Pawlak/WVJS 49:28, 3-Drew/MR 50:31, 4-Lodin/Un 50:56, 5-Beardall/VMRC 51:48\*, 6-Lawrence/VMRC 52:13, 7-Alexander/VMRC 52:16, 8-Kesecker/VMRC 52:25, 9-Milender/Un 52:39, 10-Gibbons/WAC 53:26, 11-Mitchell 53:33, 12-Scott/Sac 54:12, 13-Leoni/SDAC 54:13, 14-Doris/VMRC 54:58, 15-Hidas 55:18...18-Epanchin 55:47\*, 23-Bruen 57:23\*, 67-Kathryn Singer/ER 65:28, 71-Beckie Simmie/VMRC 65:59. /Kenneth Howe/

CENTRAL CALIFORNIA MARATHON (Nov. 10, Fresno): 1-Dennis Rinde/WVTC 2:20:18, 2-Cooper/WDS 2:32:59, 3-C.Elia/FTC 2:34:23, 4-Hemphill/FTC 2:35:56, 5-Merrow/FTC 2:36:17, 6-Wehan/LAAC 2:38:17, 7-Hamlin/Un 2:38:48, 8-Smith/BA 2:39:00, 9-Lennemann/FTC 2:39:58, 10-F.Delgado/FTC 2:41:47\*, 11-Minami/ATC 2:43:09, 12-Holiday/BTC 2:44:39, 13-Cross/BTC 2:45:10...C. Delgado/BC 2:45:25\*, J. Delgado/FTC 2:46:45\*, Churchman/Un 2:51:22\*, Cain/Un 2:51:48\*...Toabe(55)/FTC 2:58:57\*...Campbell/WVJS 3:04:59F, Blankenship/PMK 3:06:12F, Barrett/FTC 3:12:19F, Haydon/Un 3:19:07F, Burke/HSTC 3:19:58F\*, Belknap/Un 3:29:10F\*. /CTN/

MIRAMONTE FOOT FEAT (Nov. 11, Orinda): /10KM/ 1-Ted Quintana 31:29, 2-Bettencourt 32:51, 3-Plummer/WVTC 33:28, 4-Kotchevar 33:33, 5-Martinez 33:56, 6-McClish 34:53, 7-Porto 34:58, 8-Veney 35:18, 9-Fisher 35:19, 10-Farrier 35:25\*, 11-Adelson 35:54, 12-Wallace 36:14, 13-Shanahan 36:33, 14-W.McClish 36:35, 15-Turner 36:51...26-Hurlburg 38:05\*, 32-Sorenson 39:02\*, 82-Ann Briggs 41:51F, 94-Gilbert 42:39F...379 finishers. /5KM/ 1-Kevin Ostenberg 15:50, 2-Farmer 16:10, 3-Corona 16:16, 4-M.Molina 16:36, 5-Thompson 16:38...7-Knebel/WVTC 16:42\*, 18-Keene 18:53\*, 19-MaryAnn Rieboldt 19:12F...264 finishers.

NATL. AAU MASTERS 25K (Nov. 17, Tulsa, Okla.): - Led by individual 40-44 and 45-49 age-group winners Joe Burgasser and Jim Knerr, the Seniors TC of L.A. held off a strong Masters West team to narrowly win the 25K team title. The course was flat but very windy, and the times were adversely affected. -- 1-Burgasser/STC 1:28:38, 2-Bowles/MW 1:31:26, 3-Beardall/MW 1:31:43, 4-Martin/TX 1:32:51, 5-Knerr/STC 1:33:41, 6-Glauser/STC 1:35:17, 7-Menzie/MW 1:36:34...9-Catanese/MW 1:38:42, 10-Marino/STC 1:38:49, 11-McIntosh/OK(54) 1:39:06, 12-Hager/MW 1:39:11, 13-Eroen/STC(50) 1:40:09...45 finished. /Whiteside/

YMCA TURKEY TROT (Nov. 18, Palo Alto): /4.5 Mi/ 1-Jerry Lewis/TRAC 23:51.1\*, 2-Martin 25:40, 3-Hart 25:56, 4-Yeend 26:08, 5-Carpenter/WVTC(50+) 26:17, 6-R.Lund 26:54, 7-Comar 26:55, 8-Stork 27:01, 9-Jackman 27:09, 10-Fickel 27:16...39-Susan Almquist 30:43F, 51-Cruz 31:13F...445 finished. /Jerry Lewis/



(L-R) Top local women at L.A. Women's Marathon: (9th) Irene Rudolf, (10th) Skip Swannack, and (13th) Karen Scannell, who was also top masters finisher. /Sheretz, Sheretz, Conning/

**SPRITE SPRINT** (Nov. 25, S.F.): /5K on certified Toop, all proceeds to Golden Gate Park/ 1-Chris Stewart/NY-England 14:26.7, 2-Kosprzyk/FL 14:59, 3-Martinelli 15:18, 4-A.Smith 15:34, 5-Rodriguez/WVTC 15:26, 6-Stanford 15:31, 7-Colvin 15:33, 8-Zapata/WVTC 15:41, 9-Plummer/WVTC 15:42, 10-Olrich 15:43\*, 11-Tardy/RHS 15:44, 12-Rostege/WVTC 15:44, 13-Carey/WVTC 15:45, 14-Batley 15:46, 15-Botke 15:53, 16-Petersen 15:56, 17-Bearda11/VMRC 15:57\*, 18-Lawrence 16:00, 19-Beckert/WVTC 16:01, 20-Rotkis 16:02, 21-Morse 16:05, 22-Gomez 16:07, 23-Edelbrock 16:09, 24-Kadish 16:13, 25-Apperson/CW 16:14, 26-W.Rotkis 16:14, 27-Dangel/WVTC 16:15, 28-Scarich 16:16, 29-Ferguson 16:17, 30-Sowell 16:17\*...46-Catanese/MW 16:46\*, 55-Moore 17:00\*, 61-Gehl 17:08\*, 74-Crockett 17:20\*; /Women/ 1-Phyllis Olrich 17:24, 2-Bernhard 17:44, 3-Rudolf/WVTC 18:10, 4-Ng 18:40, 5-Ullyot/WVTC 18:42, 6-Connelly/PMK 18:48, 7-Wilson 19:00, 8-Mitchell/TAM 19:02\*, 9-Harp/TAM 19:09, 10-Kelly Brogan 19:12... 16-Van Laerhoven 20:06\*, 19-Sackerman/NCS(50) 20:13\*, 21-Lee 20:32\*...1500+ finished. /B. Spitz/

**NATL. MASTERS 10K (ROAD)** (Nov. 25, Las Vegas, NV): 1-Bob Packard 32:13.3, 2-Hambly/Snoh 32:23, 3-Ellis /Snoh 32:39, 4-Brennan/SBAA 33:14, 5-Shaffer/CCAC 33:27, 6-Rowley 33:48, 7-Butterfield/BAA 34:38... (50+) Stock/SDTC 35:49, Mundle/SMTC 36:18.../Women/ Dorothy Stock/SDTC 40:15... (50+) Ruth Anderson/NCS 43:09. /Ruth Anderson/

**FIESTA BOWL MARATHON** (Dec. 1, Phoenix): 1-Hunsaker/CO 2:14:23, 2-Castaneda/CO 2:15:10, 3-Buhmann/CO 2:16:05...6-Ramirez/FTC 2:16:56, 47-Scobey 2:25:05, 78-Locksley/SF 2:29:59, 98-Iredale/Reno 2:33:31, 252-Howell/WVTC 2:46:47, 278-Holmes/BC 2:48:16\*; /Women/ 1-Gayle Olinek 2:36:12, 2-Hom 2:47:23, 3-Bange 2:48:25, 4-Gonzales 2:51:59, 5-Turkel 2:55:35 (also, omitted in error-- Samet/NM 2:43:38)...2848 finished! /Roger Bryan/

**CAMPBELL ROTARY RUN** (Dec. 2, Campbell): /10Km/ 1-Bill Clark/WVTC 31:05, 2-D. Hernandez/SJCC 31:12, 3-Jenkins/WVC 31:17, 4-M.Goyore/WVC 31:20, 5-Green/WVTC 31:45, 6-Karbowski/WVC 31:45, 7-Lightly/WVC 32:15, 8-Maloney/WVC 32:15, 9-Williams/WVC 32:34, 10-Meinhardt/WVJ 32:38, 11-Dorst/WVC 32:45, 12-Bernal/WstmtHS 32:46, 13-Thylan/WVC 32:50, 14-Grellman 32:56, 15-Laris(39) 32:58, 16-Mahon/WVJ 33:00, 17-Parish/WVTC 33:01, 18-Dunn 33:03, 19-Barber 33:06, 20-Lavelle 33:08, 21-Skiff 33:10, 22-Stevens 33:12, 23-Ahnerg 33:30, 24-Wood 34:06, 25-Pruitt 34:13, 26-Driscoll 34:15, 27-Hotchkiss 34:19, 28-Gorman 34:22, 30-Nevraumont/WVJ 34:23\*...46-Napier/WVJ 35:33\*, 48-Blonder/RCRC 35:43\*, 49-Van Zant/WVJ 35:48\*, 53-McMahon 36:04\*...60-Ann Regan/SJC 36:10, 61-Crowley/SJCC 36:10F, 94-Davis 37:33F, 102-Hendrickson 38:08F, 128-D.Young 39:32F...350+ finishers. /Bill Hotchkiss/

**LAS VEGAS CLASSICS/SUN MARATHON** (Dec. 7-8, Las Vegas, NV): 1-Dave Babiracki/SFV 2:16:55, 2-Spik/Finland 2:17:20, 3-Tuttle/TIT 2:18:32, 4-D. Gruber/AGRC 2:23:08, 5-Hall/GBTC 2:23:42 (wheel chair), 6-Gores/MI 2:27:19...13-Leydig/WVTC 2:34:21, 27-Faerber /HI 2:42:11\*, 42-Petersen/STC 2:48:20F, 45-Krenn/SDTC 2:49:28F, 47-Campo/SB 2:49:37F, 49-Haney/Hi 2:50:40F, 56-Leydig/WVTC 2:55:10F (1st "couple"), 65-Parrott 2:57:32, 68-Benedict/B'game 2:58:01, 76-Frank/Reno 2:59:03, 80-Watson/Modesto 2:59:36, 81-Cowan/Belmont 2:59:57, 90-Lucero/WVTC(51) 3:02:55, 103-Eisenbud /Carm 3:05:49, 114-Krier/Sac 3:08:49...365 finished. /Half-Marathon/ (7th) 1-Kirk Pfeffer/CO 62:32(AR), 2-Wysocki/SSS 62:58, 3-Rodgers/GBTC 63:22, 4-Thomas/GBTC 63:39, 5-Mavis/FSRC 63:47, 6-Spoette1/GFR 64:01, 7-Foster/NZ 65:44\*, 8-Smead/AIA 66:00, 9-Gregorio/AW 66:52, 10-Jones/SBAA 67:08, 11-Addison/AW 67:19, 12-Shorter/FSRC 68:55 (ran 2nd at Honolulu Mara. next day!)... 14-Clayton/RWRC 71:31, 17-Ellison Goodall 74:49F, 39-Doty/SUND 83:40, 51-Mendoca/MA 84:56F, 67-Romppanen 88:49F\*, 72-Krow/SRosa 89:53, 85-Morrow/San Mateo 92:11\*...445 finished. /J. Brennan/

**LIVERMORE MARATHON** (Dec. 8, Livermore): /Warm, 70's...800+ runners started...only partial results received/ 1-Skip Brown/Cup 2:29:05, 2-Nabers/WVTC 2:31:38, 3-Zapata/WVTC 2:38:19, 4-Johnson 2:42:53, 5-Dunlop 2:43:27, 6-Hendrix 2:44:48, 7-Kaspari 2:46:12, 8-Elkins 2:46:26...Epanchin 2:50:03\*, Kane 2:50:23\*, Liedtke/WVJ 2:53:33\*, Carpenter/WVTC(50) 3:03:37\*, Robyn Dickerson 3:13:39F, Ruth Anderson/NCS(50) 3:16:04F\*, Joan Riess/Sacto 3:18:16F\*, Carol Stroud 3:24:34F. /Half-Marathon/ 1-Bruce Williams/Reno 70:20, 2-Cooly 72:45, 3-Williams/Liv 75:31...Laurie Crisp/Modesto 1:23:48F, Miller 1:36:16F, Wayman 1:39:25... /Livermore Jaycees/



36-Year-Old Bill Clark won the Campbell Rotary 10K and SJS Benefit 15K on successive weekends. /D. O'Rourke/

**SAN JOSE STATE TRACK TEAM BENEFIT RUNS** (Dec. 9, San Jose - Hellyer Pk): /15KM/ 1-Bill Clark/WVTC 48:15, 2-Jackson 49:39, 3-R.Smith/LOHS 53:52, 4-Ruona/Un 55:52, 5-McCrillis/TRAC 57:09\*, 6-Crowley /SJCC 57:33F, 7-Williams/WVJ 58:10\*...14-Ellen Clark/WVTC 65:50F. /10KM/ 1-Joe Salazar/CW 31:56, 2-Meinhardt/WVJ 32:26, 3-White/WVJ 32:42, 4-Montenegro/CW 32:46, 5-Dorst/WVC 33:21, 6-Garcia/WVJ 33:23, 7-Cruz/PW 33:40, 8-Stark/GE 33:54, 9-DeRosa /SJCC 34:39, 10-Nevraumont/WVJ 34:51\*...22-Maria King/SJC 37:43F, 3-Gutierrez/RRC(50) 41:10\*. /5K/ 1-Dennis Maloney/WVC 15:49, 2-Farmer/Un 15:51, 3-Gomez/Un 15:52, 4-Underhill/Un 15:54, 5-Dunn/Un 16:54...9-Van Zant/WVJ 17:41\*, 14-Trudy Mahr/Un 19:36F. (27, 58 & 37 finished 15K, 10K & 5K runs respectively). /Dave Shrock/

**SPORTS-A-FOOT RELAY** (Dec. 22, Petaluma): 1-Aggies 2:11:51, 2-Camino West 2:12:31, 3-Sports-A-Foot 2:15:43, 4-Aggies "B" 2:16:21, 5-Tamalpa 2:19:02, 6-Woodland TC 2:21:01...10-Tamalpa Masters 2:29:34, 17-Aggie Women 2:46:17, 18-Little Hill Striders (H.S. Girls) 2:49:47...35 teams finished.

**MISSION BAY MARATHON** (Jan. 13, San Diego): 1-Mike Manley/OTC(37) 2:14:43, 2-Lux/JT 2:18:01, 3-Close/JT 2:18:38, 4-Blue/JT 2:20:22, 5-Wey/Switzerland 2:20:28...14-Barton/NZ 2:23:29, 19-Clark/WVTC 2:25:05, 25-Pawlak/WVJ 2:27:53, 40-Green/WVTC 2:34:46, 43-Patterson/Sub-4 2:35:05, 53-Hurd/SF 2:37:25...74-Gassman/Hawthorne 2:40:53\*, 76-Miller/Davis 2:41:42, 135-Alarid/Sac 2:48:51, 143-Fessaha/Berk 2:49:49, 158-Hoffmayer/SRR 2:51:22. /Women/ 1-Gail Volk/SeaTC 2:44:41, 2-Binder/KCBQ 2:48:08, 3-Kozlowski/PCP 2:53:46...21-Clark/WVTC 3:22:34...1401 finishers.

**RUN FOR THE COOKIES** (Jan. 19, Oakland): /6.5 Mi., short?/ 1-A1 Hernandez/WVTC 32:12, 2-Jewett/ETC 32:38, 3-Plummer/WVTC 32:40, 4-Sevald/ETC 32:56, 5-Franklin/WVTC 33:02, 6-Farmer 33:23, 7-Weir/AGRC 33:35, 8-Williams 33:37, 9-Miyaji 33:37, 10-Butt/WVTC 33:56, 11-Anderson 34:10, 12-Peters 34:26, 13-Seurer/WVTC 34:28, 14-Gehrigh 34:32, 15-Edmonds 34:45, 16-Schieffer 34:58, 17-Vasquez 35:04\*, 18-Dangel 35:08, 19-Sampson 35:20, 20-Nelson 35:27, 21-Scarich 35:34, 22-Coleman 35:42, 23-Spain 35:47, 24-Hollenbeck 35:54, 25-Hamilton 35:54...33-Shastany/WVTC(50+) 37:03\*, 40-Myers/PMK 38:35\*, 43-Cross/WVTC 38:48\*, 49-Castellanos 39:19\*, 52-White 39:28\*, 58-Denis Bigelow/AGRC 39:50F, 65-Vicki Bigelow/AGRC 40:30F\*, 86-Muller 42:57F, 94-Turner 43:32F, 99-White/WVTC 44:03F\*...248 finished. /Barb Gaffield/

**ZOO RUN** (Jan. 20, San Francisco): /4.204 Mi./ 1-Dan Martinelli 20:51, 2-Jackson/Berk 20:58, 3-Lange/CW 21:05, 4-Hockerson/AGRC 21:06, 5-Boynnton/Un 21:07, 6-Holl/AGRC 21:11, 7-Harris/WVTC(39) 21:13, 8-DeAraujo/Brazil 21:19, 9-Beckert/WVTC 21:21, 10-Skoufes/Un 21:13, 11-Schubach/Un 21:24, 12-Stiller/WVJ 21:28, 13-Netland/BS 21:32, 14-McGrael/Un 21:38, 15-Coughlin/Un 21:44, 16-Gomez/Un 21:47, 17-Rostege/WVTC(39) 21:48, 18-Moreno/BS 21:49, 19-Bryan/WVTC 21:50\*, 20-Colombet/MR 21:50, 21-Cobb/Un 21:51, 22-MacDougall/Un 21:55, 23-Gehrigh/Un 21:58, 24-J.Batz/Un 22:17, 25-Ferraz/Un 22:24, 26-Swope/BDC 22:25, 27-Llewellyn/UC 22:27, 28-Gallagher/Un 22:27, 29-Jacobs/Un 22:30, 30-Wallace/DRR 22:31\*, 31-Locksley/Un 22:32, 32-Arzino/CSH 22:34, 33-Dzewaltowski/UF 22:40, 34-Barnett/CW 22:45, 35-Bernier/Un 22:47... 37-Nevraumont/WVJ 22:52\*, 48-Lualhati/NCS 23:21\*, 54-Kerry Brogan/LAHS 24:02F, 57-Goetschel/Un 24:09\*, 80-Dailey/LHS 24:33F, 83-Kelly Brogan/FthIAC 24:47F, 108-Jill Ellingson/Hwd 25:22F, 126-Blair/Un 25:43F, 150-Harbin/MW 26:16F\*, 154-Irvine/DSE 26:21F\*...2300+ finishers. /Norm Gershenz/

**WILLY'S ROAD RACES** (Jan. 26, Los Altos): /5 Mi./ 1-Jake White/WVJ(38) 25:18, 2-Laris/Un(39) 25:23, 3-Pinckney 25:25, 4-Buffinton 25:37, 5-Tracy/WVTC 25:41, 6-McFarlane 26:03, 7-Garcia 26:41, 8-Dunn 26:52, 9-Hawkes/WVTC 26:53, 10-Gocking 27:01, 11-Lewis/TRAC 27:06\*, 12-McNab 27:19, 13-Kaye 28:05, 14-Knight/WV 28:12, 15-Judy Fox/WVTC(39) 28:32...19-Carpenter/WVTC(52) 29:11\*, 26-Egley(56) 30:12\*, 28-H. DeMoss/WVTC 30:40\*, 32-P. DeMoss/WVTC 31:42F, 37-Rankin 32:12F, 38-K. Himmelberger 32:17F, 47-Wayman 33:33F, 55-Gerrity 34:28F\*...85-B. Carpenter/Un 39:44F\*...119 finishers. /Bill & Ellen Clark/

**BAKERSFIELD MARATHON** (Feb. 2, Bakersfield): 1-Steve Brown(27) 2:19:38, 2-Ramirez/FTC 2:21:38, 3-Entz 2:27:03...11-Belzer/SYN 2:39:48, 12-Glauser 2:40:46\*, 15-Lujan 2:42:13\*, 109-M. Gauthier/SYN(43) 3:24:36F\*...196 finishers. /Larry Arnt/

**MARDI GRAS MARATHON** (Feb. 10, Metairie, LA): 1-Ron Tabb/TX 2:11:00, 2-Callison/OH 2:11:22, 3-Howieson/Canada 2:12:18, 4-Leroy/PA 2:13:33, 5-Camp/FL 2:13:46...Joe Burgasser/STC(40+) 2:27:08...Gayle Olinek/Canada 2:35:12F, Welzel/PA 2:41:07F... Sue Stricklin/WVTC 3:07:00F\*. /Marty Post, John Duhig/

**GASPARILLA CLASSIC** (Feb. 9, Tampa, FL): /15KM/ 1-Greg Meyer/GBTC 43:40(AR), 2-Foster/FL 44:40, 3-Matthews/SC 44:53, 4-Kasich/AW 44:57, 5-Lodwick/AW 45:01...Grete Waitz/Norway 48:01(WR), Groos/VA 51:31F, Henderson/NC 52:07F. /Marty Post/

**WEST VALLEY MARATHON** (Feb. 10, San Mateo): 1-Rick Sayre/Summit AC-Ohio 2:18:50, 2-Bryant/SMT 2:19:15, 3-Heinrich/MR(39) 2:22:36, 4-Greifinger/SMT 2:23:35, 5-Skarda/IL 2:23:41, 6-McMullin/SMT 2:24:06, 7-Chun/GSF 2:24:17, 8-Darling/ETC 2:25:56, 9-Warr/MR 2:30:32, 10-McLean/WVTC 2:32:26, 11-Chambly/B 2:32:36, 12-Rios/SMT 2:33:06, 13-Levitsky/WVTC 2:33:56, 14-White/WVJ 2:34:08, 15-Knudsen/Un 2:39:16, 16-Rosales/SLO 2:40:51, 17-Gehl/PMK(51) 2:46:41\*, 18-Mattern/PMK 2:46:52\*, 19-Coke/CSR 2:48:21\*, 20-Sawyer/RRC 2:57:41\*, 21-Hakola/Un 2:57:43\*, 22-Soubier/PMK 2:58:53\*, 23-Marilynn Harbin/MW 3:04:18F\*, 24-Mason/Un 3:04:49\*, 25-Collette/SummitAC 3:04:57...28-McGee/DSE(60) 3:33:20\*...31 finishers. /Jack Leydig/

**NIKE/WARRIORS 5-MILE CLASSIC** (Feb. 10, Oakland): 1-Duncan MacDonald/WVTC 23:55, 2-Blume/GBRtc 25:06, 3-Kotchevar 25:35, 4-Johnston 26:25, 5-Netland 26:45, 6-Moore 26:57, 7-0'Neil/BC(54) 27:12, 8-Dangel 27:17, 9-Brock 27:18, 10-Rolston 27:25, 11-Robinson 27:28, 12-Dzewaltowski 27:35, 13-Bautista 27:48, 14-Llewellyn 28:09, 15-Swope 28:16...23-Kerry Brogan/LAHS 29:28F, 26-Pam Cox/UCB 29:36F, 27-Kelly Brogan/FthIAC 29:37F, 36-Barrios 30:41F, 37-D.Bigelow 30:44F, 42-V.Bigelow/AGRC 31:03F\*, 44-Garner 31:04\*, 47-Houston/AGRC 31:29F, 49-McManus 31:59\*, 54-Lee/WVTC 32:13F\*...183 finishers. /Ron Wayne/

**SRI CHINMOY 10-MILER** (Feb. 10, San Francisco): 1-Michael Duncan/WVTC 52:40, 2-Palomino 53:54, 3-Cohn 54:13, 4-Butt/WVTC 54:17, 5-Barrett 54:20, 6-Morse 54:27, 7-Berg 54:40, 8-J.Moreno 54:55, 9-Gehrig 55:21, 10-Stanbridge 56:06, 11-Williams 56:11, 12-McDevitt/WVTC 56:16, 13-Stewart 56:38, 14-Hannaford 57:28, 15-Thomas 58:11, 16-Frisbie 58:19, 17-Felzer 58:34, 18-Lewis 58:37, 19-Littlefield 58:40, 20-Harvey 58:55, 21-Wong 58:56, 22-Coghlan 59:01, 23-Gray 59:07, 24-Armstrong 59:26, 25-Busylinski 59:35... 46-Karen Scannel/IMP 62:23F\*, 49-Castellanos 62:36\*, 51-Lanterman 62:47\*, 58-Denton/IMP 63:08F, 70-Vernon 64:18\*, 76-Carissetti 64:57F, 83-Carlton 65:41F...278 finished. /S. Michaelian/

**VALENTINE'S DAY RUN** (Feb. 10, Campbell): /10KM/ 1-Sal Berumen 31:28(CR), 2-Salazar/CW 32:32, 3-Pawlak/WVJ 33:07, 4-Colvin 33:11, 5-Meinhardt 33:51, 6-Zamczyk/WVTC 34:17, 7-Johnson 34:42, 8-B.Smith 34:43, 9-Sharp 34:44, 10-Greco 34:55, 11-Pruitt 35:06, 12-Brown 35:23, 13-Deggen 35:46, 14-Amaral 35:54, 15-Sproule 35:55, 16-R.Smith 36:05, 17-Nelson 36:09, 18-Vanzant/WVJ 36:49\*, 19-Batie 36:53, 20-Rountree 37:00...22-Judy Graham/AGRC 37:30F, 33-McCrillis/TRAC 37:59\*, 39-Farrington 38:44\*, 46-King 39:30\*, 48-Davis 39:44F, 69-Yaninek/SJC 41:47F, 73-Gleason 42:06F, 87-Va Eberly 43:25F...154-Bromstead 47:49F\*...348 finished. /Cruz/

**EXCELSIOR EAST END RUN** (Feb. 17, San Francisco): /7.87 Mi./ 1-Brock Hinzman/ETC 42:32, 2-Rivas/ETC 43:11, 3-Holt/AGRC 43:48, 4-Sevald/ETC 44:36, 5-Alexander/Un 45:12, 6-Gehrig/Un 46:16, 7-Conroy/ETC 46:31, 8-Steer/PMK 47:11, 9-Stanbridge/PMK 47:20, 10-MacDougal/Un 47:31, 11-Hildreth/Un 47:36\*, 12-Rowlley/GSF 47:42, 13-Hohm/RA 47:55, 14-Marconda/WDS 48:06, 15-Lucas/WDS 48:08, 16-Thomas/ETC 48:19, 17-Kadish/Un 48:31, 18-Homeyer/RA 48:32, 19-Ridout/MR 48:45, 20-Cantanes/MW 48:45\*, 21-McAbee/PMK 49:17\*...24-Shastany(50)/WVTC 49:37\*, 35-Chaffee/ETC 50:16\*, 38-Moorman/PMK 51:26\*, 39-Schiessl/Un 51:41\*, 41-Williams/WVJ 52:00\*, 44-Nicholson/PMK 52:25\*, 47-Dunn/PMK(51) 52:54\*...61-Joan Lillyot/WVTC 54:42, 85-Rodd/WVTC 57:45F, 87-Irvine/Un(50) 57:59F\*, 94-Anit/Sky 58:40F, 107-Wiseman 59:21F, 109-Wilde/TRAC 59:29F, 117-Maricle/NCS 60:10F\*...255 finished. /Terry Casey/

**MARTINEZ TO PORT COSTA BRICKYARD RUN** (Feb. 23, Martinez): /8.4 Mi./ 1-Proteau/AGRC 42:03.2, 2-Kotchevar 42:14, 3-B.Alexander/Un 42:57, 4-Pawlak/WVJ 43:16, 5-Molina 43:35, 6-Heinrich/MR 43:45, 7-Butt/WVTC 44:05, 8-Virginia 44:27, 9-Vasquez/PMK 44:33\*, 10-Vega 44:37, 11-Alderman 44:41, 12-Larsen 45:02, 13-Frisk 45:18, 14-Casey/ETC 45:37, 15-MacDougal 45:43, 16-Cordna 45:48, 17-Sampson 45:48, 18-Gama 46:23, 19-Hendrix 46:43, 20-Van Otten 46:46, 21-Leonard 46:49, 22-Pugh 46:54, 23-Holbrook 46:58...29-Kiernan/TAM 47:51\*, 34-Myers/PMK 48:35\*, 39-Byrd/PMK 49:30\*, 44-Mary Gaffield/ECHS 49:56F, 96-Marion Irvine/DSE(50) 55:21F\*, 123-Fox 57:41F...246 finished. /Luika Sekulich/



(Left) Bill Britten built up a big lead thru 15 miles (just under 1:16) of the West Valley Marathon before dropping out shortly thereafter (shown here at 14+ Mi.). (Right) Rick Sayre went on to win in 2:18:50. /Jim Engle Photos/

**SONOMA VALLEY FOOTRACE** (Feb. 23, Sonoma): /7.4 Mi./ 1-Jim Bowers/VMRC 44:49.1\*, 2-Beardall/VMRC 45:58\*, 3-Alexander/VMRC 47:05, 4-Nieto/VMRC 47:13, 5-Doris/VMRC 47:39, 6-Bollman/VMRC 48:03, 7-Hoyt/Un 48:20, 8-Kramer/Un 48:48, 9-Russell/Un 49:01, 10-Jones/VMRC 49:17, 11-Preston/VMRC 49:21, 12-Schulz/ER 52:34\*, 13-Page/Un 52:41, 14-Lowder/Un 53:04, 15-Wong/ER 53:23...42-Nicole Wisser/Un 67:52F...63 finished. /Fred Kenyon/

**OCCIDENTAL FOOTRACES** (Mar. 1, Occidental): /5KM/ 1-Brian Hoyt/Un 16:05.6, 2-Beardall/VMRC 16:31\*, 3-Doris/VMRC 16:44, 4-Preston/VMRC 16:52, 5-Wong/ER 17:21, 6-Nieto/VMRC 17:26, 7-Pedroia/Un 17:52...10-Schulz/ER 18:46\*...12-Laura Longanecker-Roels/VMRC 20:21F...32 finished. /Fred Kenyon/

**PA/TAC WOMEN'S 10KM CHAMPIONSHIPS (ROAD)** (Mar. 2, Woodside): (Certified Nationally) 1-Judy Fox/WVTC(39) 35:27.4, 2-Munday/Un 37:42, 3-Harms/AGRC 38:01, 4-Young/AGRC 38:22, 5-Denton/IMP 39:03, 6-Soderholm/WVTC 39:13, 7-Rudolf/WVTC 39:29, 8-Leydig/WVTC 39:35, 9-V.Bigelow/AGRC 39:39\*, 10-Storm/Un 39:52, 11-Irvine/NCS(50) 40:00.8(AR), 12-Himenes/WDS 40:15, 13-Schmidt/SDS 40:22, 14-LeCocq/WVTC 40:37, 15-Stroud/WVJ 40:40, 16-Houston/AGRC 40:54, 17-Glockner/WDS 41:47, 18-Pappe-Reynosa/AGRC 42:10, 19-Anderson/NCS(50) 42:17\*, 20-Whittingslow/WVTC 42:22\*, 21-Sierra/WVTC 42:26, 22-Don/Un 42:33, 23-Stricklin/WVTC 43:00\*, 24-Jaeger/Un 43:16, 25-Koib/WVTC 43:16, 26-Clark/WVTC 43:24, 27-Maricle/NCS 43:30\*, 28-Woodward/NCS 43:33\*, 29-Olrich/Un 43:45, 30-Kressenberg/WVTC 43:54...63 finished. /TEAMS/ (Sr.) WVTC 3:14:21, AGRC 3:19:05, WVTC"B" 3:34:28; (Jr.) WDS 3:31:03; (40+) NCSTC 3:34:30. /Jack & Judy Leydig/

**NATL. TAC SR. & MASTERS 25K CHAMPIONSHIPS** (Mar. 2, Ventura): 1-Gary Tuttle/TIT 1:18:48, 2-Smead 1:18:52, 3-Jones/SBAA 1:18:52, 4-Britten/AGRC 1:18:58, 5-Mahoney/GBTC 1:19:38, 6-S. Brown/BB 1:21:37, 7-Chaidez/Un 1:22:19, 8-Langford/AGRC 1:23:00, 9-O'Halloran/AGRC 1:23:11, 10-Proteau/AGRC 1:23:42, 11-League/SBAA 1:23:47, 12-Ruiz/AZTL 1:25:02, 13-Hollister/SBAA 1:25:34, 14-Scobey/TIT 1:25:41, 15-Brennan/SBAA 1:25:45\*, 16-Botke/SBAA 1:25:46, 17-Clark/AGRC 1:26:14, 18-Matela/FinInd 1:26:50, 19-Manson/CALA 1:27:07, 20-Barbaruclio/Un 1:27:20... 33-Hughes/SCS 1:30:38\*, 34-Knerr/STC 1:31:03\*, 41-Tocco/CCAC 1:32:32\*, 48-Efron/CCAC 1:32:48\*, 49-Bryan/WVTC 1:32:57\*, 50-Bennetts/CCAC 1:33:00\*, 52-Rudberg/STC 1:33:19\*, 72-Jerome/HDT 1:36:02...86-Patricia Story/SMT 1:37:46F, 90-Kozlowski/PCP 1:38:41F, 106-Petersen/Un 1:40:50F, 134-Kiddy/Un 1:43:38F\*... 148-Miller/STC(54) 1:45:14F\*, 214-Rompanen/STC 1:52:34F\*, 215-Storey/Un(55) 1:52:46F\*. /Teams/ (Sr.) Aggie 1:23:01 (aver.), SBAA 1:23:57, SMT 1:37:15; (40+) CCAC 1:34:02.1, STC 1:34:02.7, SCS 1:41:02; (50+) STC 1:40:07; (Women's 40+) STC 1:50:27. /414 finishers, all divisions/...certified by Natl. Standards Comm., windy during latter stages. /R. Bryan/

**PAMAKID LAKE MERCED RELAYS** (Mar. 9, San Francisco): - Despite the warm weather and significant headwinds on the southern part of the course, the seemingly invincible record for open men, set by an all-star team from Cal three years ago, fell to Excelsior. They were followed some ways back by the defending Aggies, with the Marin Racers some 4 minutes back, despite a scorching leadoff leg by Mike Arago. Fox's Bunch, with regular, Ramsay Thomas, again ran off with their mixed over-33 division, placing 13th overall, but missing their 1979 mark. The Pamakid masters repeated as last year's winners over their Tamalpa rivals, also placing teams in 4th, 5th & 7th. The open women's division produced another fine race, with Tena Annex-Harms collaring speedy master, Karen Scannell, in the last mile, with Tamalpa close behind. The Aggies set a new course record for women in the process. NorCal Seniors masters' women's teams finished in the first two slots in their division. A total of 94 5-person teams completed the Relay. \*\* 1-Excelsior Flashers 1:52:04, 2-Loose Ends 1:53:44, 3-Marin Racers 1:56:28, 4-Tamalpa 1:58:08, 5-Los Fantasticos 1:59:37, 6-Running Shop 1:59:42, 7-Excelsior Imperators 1:59:47, 8-Flying Tigers 2:02:33, 9-Flying Tiger Killers 2:03:33, 10-Tamalpa "B" 2:03:50, 11-Brown Eyes (Aggies) 2:04:18, 12-Canyon TC 2:05:23, 13-Fox's Bunch 2:07:34, 14-Chabot College 2:08:40, 15-Hurtin' Cowboys 2:08:48, 16-Pamakid Masters 2:09:27\*, 17-Tam Barking Spiders 2:10:34\*, 18-WVTC Masters 2:13:28\*, 19-SFFD 2:13:45, 20-Pamakid 2:14:13...34-Aglets 2:23:37F, 35-Impala Racing Team 2:23:59F, 39-Tamalpa Trail Demons 2:26:10F, 52-WVTC Women 2:32:31F, 54-NorCal Gold 2:32:57F\*. /Frank Smith/

**JUNIOR AID "RUN-FOR-ALL"** (Mar. 22, Stockton): /10KM/ 1-Pete Flores/AGRC 32:01, 2-Reynoso/AGRC 32:06, 3-Pinocci/WVTC 32:35, 4-Jewett/ETC 33:34, 5-Seyfried 33:58, 6-Freeman 35:10, 7-Bryan/WVTC 35:32\*, 8-Samuelson 35:40, 9-Rowley/GSF 35:43, 10-Pierce 36:05, 11-Remington 36:11, 12-Sage 36:58, 13-McHugh 37:04, 14-Bennett 37:10, 15-Moran 37:17\*...29-Karey Robinson 40:18F, 30-Kathy Way 40:41F, 31-Gaal 40:53\*, 35-Herzog 41:28\*, 38-Reynoso 41:35F, 42-Brazell 42:21F...230 entered. /Sandi Cole/

**ANNADEL 8,000M X-COUNTRY** (Mar. 23, Santa Rosa): 1-Jim Bowers/VMRC 27:28\*, 2-Preston/VMRC 28:26, 3-Alexander/VMRC 28:53, 4-Beardall/VMRC 29:29\*, 5-Nieto/VMRC 29:31, 6-Bollman/VMRC 30:03, 7-Ridout/TAM 30:15, 8-Pedroia/Un 30:31, 9-Jones/VMRC 30:42, 10-Wong/ER 31:29, 11-Fanning/Un 31:47, 12-MacPherson/ER 32:14...14-Pence/Un 33:26\*, 16-Schultz/ER 33:47\*...42-French/ER 40:51F ...48 finishers. /Fred Kenyon/

**NATL. TAC MASTERS 15K CHAMPIONSHIPS** (Mar. 29, Seattle, WA): 1-Dan Conway/WI 48:46.4, 2-Hambly/Snoh 49:08, 3-Vasquez/PMK 49:23, 4-Brennan/SBAA 49:53, 5-Hughes/SCS 50:23, 6-Pitkethly/Snoh 50:30, 7-Miller/CNW 51:01, 8-Campbell/BC-Canada 51:37, 9-Walkden/Snoh 51:51, 10-Mahaffey/Snoh 52:00, 11-Bryan/WVTC 52:28...26-Miller/Snoh(53) 57:38, 32-Sandra Kiddy/Un 59:05F, 41-Groombridge/SeaTC 60:23F, 44-Grey/Un(60) 60:41, 61-Anderson/NCS(50) 63:12F...77-Maricle/NCS 66:11F, 80-Woodward/NCS 66:23F, (more)



(L-R) Steve Ottaway, winner of the Clear Lake Marathon in a time of 2:39:12. Judy Fox was a stunning 5th (34:23) in the U.S. Nike/Club 10K at 39 years of age. /Don Gosney/

(Masters 15K, Cont'd...) 87-Waters/NCS 67:24F. Teams: (MEN) 40-49: Snohomish "A" 4:16:58, Snohomish "B" 4:36:44; 50+: Snohomish 5:10:26; (WOMEN) 40-49: Seattle TC 3:10:43, NorCal Srs 3:15:46. /147 finishers/ /Roger Bryan/

**ROEDING PARK 6-MILER** (Mar. 29, Fresno): 1-Tony Ramirez/FTC 30:01, 2-S. Moreno/SSTC 30:53, 3-J. Molina/HSTC 31:19, 4-Higginbotham/Un 31:55, 5-Lomeli/FTC 32:18, 6-Merrow/FTC 32:20, 7-Hemphill/FTC 33:16, 8-Thornton/HSTC 33:44\*, 9-Chapin/HSTC 33:44, 10-Montanez/FTC 34:28...24-Zamarripa/Un 36:05\*, 25-Lynch/FTC 36:08\*, 28-Orme/FJ 36:22\*, 34-Toabe/FTC(56) 36:51\*...60-Kimbi Hamer/WVTC 38:57F, 63-Paula Ramirez/FTC 39:14, 64-Helen Lopez/Un 39:19F, 73-Barrett/FTC 40:38F, 76-Shattuck/Un 40:46F, 77-Lindsay/Un 40:47F\*...200 finishers. /Frank & Joe Delgado/

**PINOLE MARATHON** (Mar. 30, Pinole): /Very tough & hilly/ 1-Scott Molina/ZAC 2:34:25(CR), 2-DeAraujo/Brazil 2:38:34, 3-Berg/LMJS 2:40:28, 4-Lisowski/Un 2:41:54, 5-Bowers/MI 2:45:16, 6-Nieman/HMRCF 2:47:09, 7-Stainbrook/BC 2:49:49, 8-Hendrix/PMK 2:49:50, 9-Notch/LMJS 3:00:49, 10-Impastato/Un 3:01:17, 11-Zumwalt/PMK 3:02:10...29-Miller/LMJS 3:15:39\*, 37-Chavez/ZAC 3:20:32\*, 40-MacIntosh/Un 3:22:07\*, 46-Gwen Moore/BRC 3:26:14F, 52-Peggy Lavelle/Un 3:40:31F...100 finishers. /Steve Justice/

**NIKE-U.S. CLUB ROAD RACING CHAMPIONSHIP (10KM)** (Apr. 5, San Diego): /OPEN MEN/ 1-Herb Lindsay/FSRT 28:29, 2-Shorter/FSRT 28:50, 3-Centrowitz/OTC 28:57, 4-Clary/OTC 28:59, 5-Mavis/FSRT 29:01, 6-Pfeffer/JT 29:06, 7-Cotton/JT 29:12, 8-Arbogast/FSRT 29:13, 9-Tuttle/TIT 29:14, 10-Wells/AW 29:18, 11-Lux/JT 29:19, 12-Anderson/FSRT 29:27, 13-Holleran/OTC 29:28, 14-Gregorio/FSRT 29:29, 15-Castaneda/CTC 29:31...26-Kissin/WVTC 29:55, 27-White/AGRC 29:58, 28-Moreno/CW 30:02, 30-Britten/AGRC 30:09, 32-Kingery/CW 30:14, 42-Gentry/CW 30:35, 44-Yeo/AGRC 30:37, 50-P. Sweeney/AGRC 30:53, 53-Rivas/ETC 31:07, 57-Langford/AGRC 31:11, 60-Magalanes/WVTC 31:28, 64-Harms/AGRC 31:35, 66-Arago/MR 31:37, 70-Brown/WVTC 31:48, 73-Hinzman/ETC 32:05, 77-Van Dine/AGRC 32:25, 78-Hart/OTC 32:26, 80-Green/ETC 32:35, 81-Peters/JT 32:46, 83-Barton/Phid-SD/NZ 32:55, 84-Jewett/ETC 33:00, 85-O'Halloran/AGRC 33:01, 89-Hines/ETC 33:25, 94-Tracy/ETC 34:09, 103-Sevald/ETC 36:32...115 finishers. Teams: FSRT 14, OTC 20, JT 24...8-CW 95, 11-AGRC 106, 16-WVTC 144, 19-AGRC "B" 148, 21-ETC 191, 23(t)-ETC "B" 245. /MASTERS/ 1-Mike Tymn/MPRR 32:25, 2-Hambly/Snoh 32:43, 3-Ellis/Snoh 33:10, 4-Pitkethly/Snoh 33:38, 5-Gallup/MPRR 33:42, 6-Hughes/SCS 33:48, 7-Catcarr/WVTC 33:55, 8-Hipp/NCTC 34:02, 9-Hamren/SDTC 34:13, 10-Burgasser/STC 34:23...15-Bryan/WVTC 34:39, 30-Bachrach/WVTC 36:31, 41-Wellck/WVTC 38:00...45 finishers(?). Teams: Snohomish 9, MPRR 25, STC 38...6-WVTC 52. /WOMEN/ 1-Mary Decker/AW 32:53, 2-J. Shea/NC 33:45, 3-Springs/NC 34:17, 4-M. Shea/NC 34:22, 5-Fox/WVTC(39) 34:23, 6-Eide/OTC 34:25, 7-Binder/KCQB 35:05, 8-Morris/SMTC 35:07, 9-Bridges/WSSAC 35:19, 10-Slater/WSSAC 35:30...24-Young/AGRC 37:47, 26-Harms/AGRC 38:23, 29-Taylor/WVTC 38:54, 31-Leydig/WVTC 39:34, 32-Houston/AGRC 39:44, 36-English/WVTC 40:30...46 finishers. Teams: No.Carolina St. TC 6, WSSAC 31, SMTC 39...7-WVTC 58, 9-AGRC 74. /MASTERS WOMEN/ 1-Margaret Miller/STC(50+) 39:09(AR), 2-Wright/STC 39:51, 3-Stock/SDTC 39:59, 4-Anderson/NCS 40:17, 5-Groombridge/SeaTC 40:24, 6-Lee/WVTC 40:35, 7-Wichary/SDTC 40:36, 8-Hobson/SDTC 41:02, 9-Whittingslow/WVTC 41:52, 10-Rompanen/STC 42:07, 11-Stricklin/WVTC 42:12...16-Woodward/NCS 43:40, 26-Carlson/NCS 47:52...39 finishers. Teams: STC 13, SDTC 18, WVTC 26...6-NCS 46.

**CLEAR LAKE MARATHON & 20KM** (Apr. 12, Lakeport): /Marathon/ 1-Steve Ottaway/England 2:39:12, 2-T. Jones/PMK 2:45:51\*, 3-Bugler/PMK 2:47:15\*, 4-Dahlstedt 2:50:32, 5-Rizzo 2:51:50, 6-Koill/WVTC 2:57:25, 7-Warfel 3:00:37, 8-Smithton 3:00:50, 9-Jensen/Reno 3:02:22, 10-Mangseth 3:05:13, 11-Worth 3:08:51\*...24-Fry/50+ 3:19:35\*, 51-Kathleen Pfeifer/Sac'to 3:34:09F, 62-Susan Whelan/SLO 3:39:22F. /20KM/ 1-Bill Clark/WVTC(36) 1:08:15.3, 2-Clay 1:10:39, 3-Miller 1:11:17, 4-Johnson 1:11:17, 5-Bruen/Willits 1:12:07\*, 6-Daniels/TAM 1:13:19\*, 7-Masterson 1:13:58, 8-Bacon 1:13:59, 9-Clemo 1:15:18, 10-Jansen 1:15:31, 11-Sibley 1:16:21, 12-Fritz 1:16:40, 13-Haskings 1:16:53, 14-Tuinzing/TAM 1:17:38...16-Carpenter/WVTC(50+) 1:18:28\*, 18-Whittingslow/OC 1:19:10\*...34-Florianne Harp/TAM 1:24:16F, 40-P. Whittingslow/WVTC 1:27:28F\*, 54-Hayden/TAM 1:29:33F\*, 57-Clark/WVTC 1:29:56F, 65-Kayser-Jones/PMK 1:30:59F\*. (116 marathon finishers; 234 20K finishers) /Bill Jones/

**LAKE MERRITT COUPLES RELAY** (Apr. 19, Oakland): /10K Total/ 1-Nina Gottschalk & Dave Smith 34:13, 2-Ellisen & Hill 34:51, 3-Taylor & McAbee 35:33, 4-Bennett & Sowersby 35:57, 5-Claiborne & Gimes 36:07, 6-Bowles & Harbin 36:09, 7-Doniger & Naylor 36:19 (each person runs 5K). /John Notch/

**HERC DYNAMITE RUN** (Apr. 13, Hercules?): /Distance = ?/  
 1-Ted Quintana/AGRC 20:18, 2-Molina 21:07, 3-Corona  
 21:37, 4-Thompson 21:49, 5-Butt/WVTC 21:54, 6-Gowen  
 21:56, 7-Bowles/Un 22:18\*, 8-Myers/PMK 22:32, 9-B. Myers  
 /PMK 22:43\*, 10-Felsch 23:19, 11-Nielson 23:23, 12-Black-  
 man 23:29, 13-Nowak 23:31, 14-Bouchey 23:38, 15-McDonald  
 23:38, 16-J. Smith 23:47, 17-Acosta 23:57...24-Dana/SS  
 24:49\*...71-Nancy Frost 27:39F, 76-Mary Williams 27:50F,  
 102-Sharlet Gilbert 28:46F...370 finished. /S. Justice/

**DIET PEPSI 10K** (Apr. 20, Merced): 1-Tony Ramirez/FTC  
 30:11, 2-Hartig/FTC 31:38, 3-Hamer/WVTC 31:54, 4-Nabers/  
 GSF 32:04, 5-Loux 32:29, 6-Mina/AGRC 32:39, 7-Lomeli  
 32:42, 8-Villegas 33:20, 9-Salcido 34:00, 10-Trevino  
 34:47, 11-Vorse 34:51, 12-Carter 34:59, 13-Leitner 35:01,  
 14-Pierce 35:07, 15-Klein 35:16...27-F. Delgado/FTC  
 36:26\*, 36-Donaldson/MTC 37:15\*, 40-Trout 37:36\*, 43-  
 Zamarripa 37:49\*...86-Kim Hamer/WVTC 40:29F, 87-Tiernan/  
 WVTC 40:31F, 100-Dahlstrom 41:00F, 114-Ramirez 41:42F...  
 number of finishers not known. /Merced Track Club/

**84TH ANNUAL BOSTON MARATHON** (Apr. 21, Hopkinton, MA): -  
 NorCal runners did very well this year, placing two men  
 in the top 10 (Jaime White, 7th in 2:17:58, and Mike Pi-  
 nocci, 10th in 2:18:52), and winning both the men's and  
 women's masters titles, as Bernd Heinrich had problems  
 convincing the meet management that he had turned 40  
 just a few days before (see "People News" in "This &  
 That" section of this issue) before being declared the  
 winner "after the fact"...his 2:25:25 was good enough  
 for 51st overall, and beat Ray Swan of Bermuda (2:27:29)  
 by over 2 minutes. Sue Lee, meanwhile, slipped in as  
 the top female finisher over 40 at 3:01:48, good for  
 44th overall among the women, although none of the pa-  
 pers made any mention of that fact. Ron Wayne (38th)  
 and Mike Engleman (49th) also placed in the top 50, with  
 Carol Young (23rd) and Sue Brusher (38th) placing high  
 in the women's field. Unseasonably(?) warm temperatures  
 that reached into the 70's hurt times to some extent,  
 but Jacqueline Gareau & Patti Lyons both dipped under  
 the women's record set last year by Joan Benoit. We  
 did not have full results at press-time, so we're just  
 listing NorCal (and ex-NorCal) people who were listed in  
 the Boston papers. There was the usual large group of  
 locals, some 40 of whom went back on NCR's tour. \*\*\*  
 1-Rodgers/GBTC 2:12:11, 2-Marchei/It 2:13:20, 3-Tabb/TX  
 2:14:48, 4-Koussis/Gr 2:16:03, 5-Friedman/NJ 2:16:46, 6-  
 Durden/ATC 2:17:46, 7-White/AGRC 2:17:58, 8-Floto/FSRT  
 2:18:19, 9-Ryan/NZ 2:18:49, 10-Pinocci/WVTC 2:18:52...  
 30-Camp/FL 2:21:52, 38-Wayne 2:22:23, 49-Engleman/WVTC  
 2:25:14, 51-Heinrich/MR 2:25:25\*, 57-Patterson/Sub-4  
 2:26:04, 64-Breganti/SUND 2:26:50, 67-McLean/WVTC  
 2:27:12, 82-Collins/SF 2:28:01, 91-Jewett/ETC 2:28:43,  
 109-Weir/AGRC 2:29:58, 118-Brennand/SBAA 2:30:33\*, 148-  
 Chun/GSF 2:32:03, 150-DeAraujo/Brazil 2:32:09, 165-Thomp-  
 son/BAA 2:33:05, 169-Locksley/ETC 2:33:15, 241-Clark/AGRC  
 2:36:26, 332-Frisbie 2:39:24, 355-Johnston/SRAF 2:39:56,  
 400-Hines/ETC 2:40:46, 418-Williams/WR 2:41:07, 422-Lin-  
 cicolme/SSS 2:41:12, 437-Lowrie/SLO 2:41:32, 455-Bowers/  
 VMRC 2:41:49\*, 456-Stevens/Palo Alto 2:41:51, 468-Norton  
 /Monterey 2:42:11, 485-Conroy/ETC 2:42:36, 508-Kirkby/  
 MtnVw 2:43:07, 521-Sorenson 2:43:18, 549-R.Clark/WVTC  
 2:43:57, 611-Rodriguez/WVTC 2:45:19. /Women/ 1-Jacque-  
 line Gareau/Canada 2:34:26(NR), 2-Lyons/BAA 2:35:08, 3-  
 Adams/GB 2:39:17, 4-Binder/KCBQ 2:39:22, 5-Samet/NM  
 2:41:50, 6-Goodall/MA 2:42:23...9-Campo/SBarb 2:46:44,  
 23-Young/AGRC 2:54:46, 38-Brusher/WVTC 3:00:08, 44-Lee/  
 WVTC 3:01:48\*. -- Next issue we'll list other NorCal finishers  
 as much as possible, assuming we get the full results in time  
 for publication. /Boston Globe/

**MARIN YMCA SPRING RUN** (Apr. 27, San Rafael): /10KM/--Hot and  
 hilly! 1-Tim Swezey 34:09, 2-Moore 34:53, 3-Killeen 34:59,  
 4-Hannaford 35:46, 5-Ridout/MR 37:18, 6-Epanchin 37:22\*, 7-  
 Lyons 37:48, 8-Castech 38:50...17-Barry 41:16\*, 25-Mari Cariset-  
 ti 42:46F, 43-Lillian Woodward/NCS 45:59F\*...118 finishers.  
 /Dennis Gallagher/

**OLD STAGE RUN** (May 4, Salinas): /7 Mi./ 1-Gary Romesser 36:34,  
 2-Plaisted 36:52, 3-Tampagni 37:34, 4-Garcia, Jr. 37:43, 5-  
 Wellck/WVTC 38:05\*...no other finishers listed in results.  
 /Women/ 1-Pamela Burkes/WVTC 42:54, 2-Blair 44:40, 3-Maddox  
 46:53, 4-Cosseboom 50:08, 5-Reid 51:11...B.J. Dahl 65:14F\*...  
 213 finishers. /Ruth Nye/



(L-R) Jaime White was top NorCal finisher at the Boston Marathon this  
 year (7th, 2:17:58) & was named to the Mexican Olympic Team for his ef-  
 forts (shown finishing Napa Marathon in 2:16:34, his first attempt at  
 the distance!). /Jim Engle/ Mike Pinocci, shown leading Gary Blume (l)  
 and Dave Smith (r), was 10th at Boston in 2:18:52. /Dennis O'Rourke/



Sue Lee was first woman  
 master at Boston;  
 shown here winning  
 Seaside Marathon women's  
 title in Feb.  
 /David Weintraub/

**WOMEN'S TAC/AVON 30K CHAMPIONSHIPS** (May 10, Pa-  
 sadena): - We don't have complete results, so if  
 anyone has received them, please send us a copy.  
 Marty Cooksey, back from her injuries of last  
 year, set a new American road record at 1:50:45,  
 destroying the 1:53:07 she established 2 years  
 ago. The pace was so fast that the top 5 finish-  
 ers broke the old AR. \*\*\* 1-Cooksey 1:50:45, 2-  
 Banks 1:51:16, 3-Staudt/Canada 1:52:02, 4-Sur-  
 dyka 1:52:27, 5-Fitz 1:52:59, 6-Sweigart 1:54:42,  
 7-Bridges 1:55:11...25-Ullyot/WVTC 2:05:08, 31-  
 Scannel/IMP 2:06:43\*, 33-Lee/WVTC 2:07:40\*.  
 /Agatha-Sue Lee & T&FN/

**KEELHAULER CLASSIC** (May 11, Vallejo): /10KM/ 1-  
 John Moreno/CW 30:20.4, 2-Dennis Rinde/WVTC  
 30:48, 3-Hoglund/CW 31:14, 4-George/AIA 32:35, 5-  
 Molina/ZAC 32:53, 6-Rodriguez/WVTC 32:57, 7-Dean  
 Rinde 33:00, 8-DuMont 34:22, 9-Frisk 34:29, 10-  
 Miller/CW 34:54, 11-Pugh 35:02, 12-Watts 35:04,  
 13-Mack 35:11, 14-Hughes 35:14, 15-Felsch 35:45,  
 16-Blackman 35:48, 17-Lazzarotto 36:01, 18-Dobson  
 36:05, 19-Machels 36:17, 20-Wolffkill 36:28, 21-  
 Sweeney/AGRC 36:44...39-Leslie McMullin 39:27F,  
 40-Dana 39:28\*, 53-Leighton 40:40\*, 57-Garner  
 40:58\*, 69-Poore 41:54, 78-Menz 42:40F...89-Pa-  
 pale 43:34F, 103-Cowan 44:25F...139-Erma Baker  
 47:26F\*...279 finished. /Harry Diavatis/

**MOTHER'S DAY RUN** (May 11, San Francisco): /4.5  
 Mi. - Lake Merced/ 1-Mike Conroy/ETC 23:06, 2-  
 Rostege/WVTC 23:40, 3-Osuna 23:46, 4-Lawrence  
 23:58, 5-Hall 25:07, 6-Heim 25:26, 7-Jones 25:27,  
 8-Rouse 25:32, 9-Zaparotti 25:34, 10-Agrecht  
 25:38...17-McCain/PMK 26:40\*, 20-Becker 26:50\*,  
 27-Murphy/NCS 27:43\*, 29-Pearl Anit/Sky1 28:12F, 58-Levine  
 31:44F, 61-Pritikin 32:02F, 63-Davidson 32:04...85-Gay Soltero  
 /DSE 35:05F\*...222 finishers. /Sue Colvin - Jewish C.C./

**TILDEN PARK RUN** (May 11, Berkeley): /15KM/ 1-Bob Love/CW 49:07,  
 2-DeAraujo/Brazil 50:40, 3-Ryan 52:20, 4-Gowen 53:13, 5-Sampson  
 53:29, 6-Miller 56:09, 7-Seaborg 56:46, 8-Brown 56:49, 9-Felzer  
 57:00, 10-Monteverdi 57:41, 11-Gerlach 58:17...17-Jennifer  
 Chatman 63:58F, 18-Schnake 64:27F...48 finished. /D. Williams/

**OLYMPIC TRIALS MARATHON** (May 24, Buffalo, NY): - Ex-Stanford &  
 WVTC'er Tony Sandoval, now running for Athletics West in Eu-  
 gene, had placed 4th in the 1976 Trials to ex-teammate Don Kar-  
 dong. Today he took the lead with only a few miles remaining  
 and never let up, finishing in a super 2:10:18.6 (4:58.2 per  
 mile). NorCal finishers took 3 of the top 12 spots, led by  
 temporarily transplanted Iowan, Frank Richardson, (See Pg. 40)

(*Marathon Trials, Cont'd.*) this year's National Marathon champ. Frank's 2:14:17 was a place and 5 seconds in front of the first native Californian in, 21-year-old Dennis Rinde, who set an American age-record while knocking almost 6 full minutes from his previous best. Dave Smith, a Michigan transplant now living in Orangevale (same town as Dennis is from), grabbed a fine 12th in the PR 2:14:48. Other results: 1-Sandova/AW-Oregon 2:10:18.6, 2-Durden/AtTC 2:10:40, 3-Hefner/CO 2:10:54, 4-Tabb/TX 2:12:39, 5-Wells/AW 2:13:16, 6-McCarey/AW 2:13:16, 7-Thomas/GBTC, 8-Minty 2:13:52, 9-Richardson/IA 2:14:17, 10-Rinde/WVTC 2:14:22, 11-Saeger 2:14:38, 12-Smith/YFC 2:14:48...21-Pinocci/WVTC 2:16:45, 23-Smead 2:16:58, 33-Camp/FL 2:17:56, 40-Bautista 2:19:00, 41-Wayne 2:19:01, 44-O'Halloran/AGRC 2:19:08, 50-Edmonds/YFC 2:19:35, 56-Cassaday/WVTC 2:19:54, 58-Pate 2:20:27, 64-Ferreira 2:20:49, 83-Ramirez/FTC 2:23:18, 101-Howard/YFC 2:27:00, 106-Brown/WVTC 2:28:04, 121-Rivas/ETC 2:34:00...123 finishers. /Bill Seaver/

TRAC 10-MILER (May 25, Sunnyvale): 1-George Howe 52:49, 2-Plummer 54:05, 3-Thomas 54:19, 4-Lisowski 54:41, 5-Winter/LVRC 54:53, 6-Press 55:31, 7-Mercado 55:53, 8-Shaughnessy/WVTC 56:44, 9-Dunn 56:48, 10-Krotoski 57:12, 11-Bertani 57:21, 12-R.Smith 57:24, 13-Johnson 58:01, 14-Newton 58:33, 15-Nevraumont/WVJ 58:39\*, 16-Mahan/WVJ 59:31, 17-Modrell 59:49, 18-Van Zant/WVJ 59:50\*, 19-Hicks 60:05, 20-MacLeod 60:12, 21-Ruona 60:20, 22-Meyer 60:32\*, 23-Stokes 60:33, 24-Warfel 60:43, 25-Compant 60:53\*, 26-Knight/WVTC 61:08, 27-Bourne 61:21, 28-Collins 61:44, 29-Williams/WVJ 61:51\*, 30-Yank 62:00...43-Leal 64:46\*, 51-Janice LeCocq/WVTC 66:55F, 58-Rankin 68:15F, 79-Bohner 71:23F, 83-Spencer 72:05F...134 finishers. /Dan Dierken/

MEMORIAL DAY 10K (May 25, Grass Valley): - Newly nationally certified course as of May 10th. 1-Tom Von Ruden 32:23, 2-Geating/YFC 32:59, 3-Gonzales/ColfaxRC 35:19, 4-Scott/OH 35:20, 5-Peavy 35:37, 6-Roeber/BC 35:55, 7-Kirkpatrick/AZ 36:07\*, 8-Hodge 36:12, 9-Tucker/SSRC 36:31, 10-Underwood/BC 36:39\*, 11-H. Latimer/WVJ 36:57\*...17-Belliveau/CCAC 38:07\*...63-Catherine Quinn/CRC 46:07, 71-Hawke/SF 46:48F\*...155 finished. /Loucks/

PACIFIC SUN MARATHON & 10K (May 26, Kentfield): /Marathon/ 1-Virginio DeAraujo/Brazil 2:32:23, 2-Wall/ETC 2:34:37, 3-Swezey/PMK 2:34:46, 4-Frauens 2:41:50, 5-J.Kirby 2:41:54, 6-Dobson 2:42:50, 7-Adams 2:44:23, 8-Lutes 2:45:26, 9-Arde11 2:45:48\*, 10-Leutzinger 2:46:56\*, 11-Martin 2:47:58, 12-Mota/LMJS 2:48:13\*, 13-Persar 2:49:24, 14-Williams/WR 2:51:08, 15-Hannaford 2:53:17, 16-Tucker 2:53:57, 17-Bailey 2:54:22, 18-Buschek 2:55:43, 19-Bristow 2:56:39, 20-Lino 2:57:23, 21-Klein 2:57:30, 22-Parrot 2:57:37, 23-Trumbull 2:57:58, 24-Cronin 2:58:13, 25-Ivory 2:58:31, 26-Sylvester 2:58:45, 27-Stafnes 2:59:01, 28-Harvey 2:59:36, 29-Hillyer 2:59:48\*, 30-Millimann 3:00:24...37-Clark 3:03:00\*, 40-Kovacs/TRAC 3:03:38\*, 44-MacIntosh 3:04:59\*, 56-Regalot 3:08:15\*...97-Mari Karisetti 3:18:42F, 112-Hunter 3:21:42F, 172-Loomis 3:37:32F...328 finished. /10KM/ 1-Matt Thornsberry 32:07, 2-Degan 32:51, 3-Garcia, Jr. 33:21, 4-Darling/ETC 33:50, 5-Beber 34:01, 6-McMillan 34:12, 7-Weinberg 34:16, 8-Tardy 34:22, 9-Moore 34:24, 10-Bryan/WVTC 34:55\*, 11-Kanter 35:09, 12-Gunther 35:16, 13-Laekas 35:21, 14-Skinner 35:36, 15-Butsic 35:39, 16-Weddington 35:46, 17-Gosain 35:48, 18-Genant 35:53, 19-Jensen/PMK 35:55\*, 20-Olive 35:58, 21-Ridout/MR 36:01, 22-Dillon 36:08, 23-Bozylinski 36:11, 24-Knepfer 36:13, Hoots 36:20...29-Clever 36:38\*, 31-Carradine 36:45\*, 34-Malkin 37:08\*, 49-Whitten 37:24\*...58-Jane Sowers/WVTC 38:30, 76-Irvine/NCS(50) 39:20F\*, 93-Hooper/TAM 39:59F, 99-Wilson 40:13F, 103-Kree1 40:24F, 110-Don/NCS 40:41F\*, 134-Pfiefer 41:57F, 164-Locke 43:19F...795 finished. /Lorna Cwikle/

DIPSEA (Jun. 1, Mill Valley): /7.1 Mi./ (Open course) - Actual times listed with handicap in parentheses following. \*\*\* 1-Donna Andrews/TAM 59:51(15), 2-Kiernan/TAM 51:23(5), 3-Pickett/TAM 55:39(9), 4-Malain/BC 55:53(9), 5-Chaffee/ETC 52:33(5), 6-Ryan 48:37(1)-fastest time, 7-Margaret Livingston 61:41(13), 8-Vasquez/PMK 54:08(5), 9-Bearda11/VMRC 54:29(5), 10-Nicholson/PMK 56:32(7), 11-Ottoway 49:35(0), 12-Schafer/CRC 54:36(5), 13-Bonnie Storm/WVTC 65:05(15), 14-Degan 53:15(3), 15-R.Houston/NCS 63:29(13), 16-Florianne Harp/TAM 63:37(13), 17-Johnson 53:56(3), 18-Laskier 54:01(3), 19-D.Houston 54:04(3), 20-H.Latimer/WVJ 56:08(5), 21-Daniels 56:11(5), 22-T.Knepfer 54:14(3), 23-Cleve 56:17(5), 24-Marilyn Moreton 64:24(13), 25-Brace 60:52(9), 26-Joan Don/NCS 66:55(15), 27-Marlys Hayden 69:07(17), 28-K.Tuinzing 53:10(1), 29-Hastings 55:21(3), 30-Elaine Parliman 67:29(15), 31-Roenau 61:31(9), 32-Dickerson 61:41(9), 33-Sampson 55:49(3), 34-Melinda Cree1 63:53(11), 35-Olson 61:54(9)...probably about 1000 finishers. Full results are usually not sent out to anyone for 10-11 months! /NCSIC Newsletter/

STATUTO 8-MILER (Jun. 1, San Francisco): /Usually a 4-miler along with the 8-miler, but we didn't receive results this year./ 1-Bill Seaver/WVTC 42:48, 2-Sershen/ETC 43:10, 3-Killeen/AGRC 45:36, 4-Wong 48:20, 5-Buellar/PMK 48:30, 6-Hayes/ETC 48:33, 7-Eng 49:06, 8-Treacy/PMK 49:10\*, 9-Ke11 49:30, 10-Mc-Cain/PMK 49:56, 11-Horan/DSE 50:35, 12-Pursley 50:53...35-Daphne Dunn/PMK 57:47F, 51-Jean Aguerre/PMK 61:54F, 53-Ann Lurati/SFAC 62:54F...67 finishers (masters not noted). /S.F.A.C./

ROBERT DeCELLE (TAHOE) MEMORIAL RELAYS (Jun. 7, Lake Tahoe): 1-Stereoscope Loafers 6:32:11, 2-Shelley Drug Str. 6:36:56, 3-Bijou Bros. 6:47:09, 4-Aggies 7:01:03(1st club), 5-LMJS 7:16:02, 6-Silver St. Str. 7:17:49, 7-Cal Maritime 7:29:58, 8-Athletic Attic 7:37:54, 9-Dyrone Cleats 7:39:09, 10-Athletic Attic 7:47:58...15-Buffalo Chips 8:09:58\*, 27-Magnificent Seven 8:41:35\*, 28-Western Airlines Masters 8:43:35\*...43-Aggie RC 9:37:32F, 45-Stereoscope Loafers-Ladies 9:41:40F, 47-Silver St. Str. 10:02:44F...53 teams finished (72 miles/7-person teams). /Robert E. DeCelle/

RUSSIAN RIVER RUNS (Jun 8, Ukiah): /Marathon/ 1-John Notch/LMJS 2:32:37(CR), 2-Mota/LMJS 2:34:01\*, 3-Simoni 2:34:59, 4-Nieman 2:37:24, 5-Howe 2:40:24, 6-Samuelson 2:41:21, 7-Fanning 2:42:18, 8-K.George 2:42:51, 9-Bruen 2:45:50\*, 10-Epanchin 2:48:38\*, 11-Turner 2:50:40...Kovacs/TRAC 3:01:32\*...Pamela Bartko 3:27:04F, Debbie Sanders 3:33:44F...Erma Baker 3:40:00F\*...149 finished. /1/2-Mara./ 1-Jim Lovejoy 1:11:58, 2-Singer 1:12:01, 3-Gibbons 1:13:01, 4-Keehn 1:13:51, 5-Spinas 1:14:58, 6-Gash 1:18:05, 7-Hire 1:18:11, 8-McGie 1:20:51, 9-Jones/PMK 1:20:59\*, 10-Rosas 1:22:11...Bellon 1:24:39\*, Marut 1:25:50\*, Nolan/NV 1:26:26\*...Vicki Blankenship/PMK 1:28:52F, Jeanie Jones 1:38:43F\*, Pauline Rogers 1:39:43F...199 finished. /John Notch; Jon Pelkey/

ROUND-THE-RUNWAY RACES (Jun. 8, Moffett Field): - Incomplete results were received (only top 3 per division)...we'll list more next time if we get further results. /7.6 Mi./ 1-Dan Harvey/CW 38:21, 2-Swenson 40:40, 3-Parish 41:04...Augustine 44:23\*, Stevenson(50+) 44:33\*, Worth 45:06\*...Nora Crans/IMP 50:03, Patty Fin 51:03, Renee Spencer 53:27...Betsy Fraser-Smith 55:41F\*...310 finished. /3.1 Mi./ 1-Paul Gyorey 14:48, 2-Schmenk/WVTC 15:05, 3-Niemiec/WVTC 15:06...Van Zant/WVJS 16:54\*, Stewart 17:06\*, Cross/WVTC 17:14\*...Tracy Williams 19:25F, Sherril Tomkins 20:44F, Vicki Rydell 21:05F...Julie Kyle 21:35F\*, Monique Cruz 21:40F\*...240 finished. /Jim Adams/

LAKE TAHOE SERIES 10K (Jun. 22, No. Lake Tahoe): 1-Lyle Nelson 35:12, 2-R.Lawson 35:51, 3-Takaha/CW 35:58, 4-Rizzo 36:39, 5-Sapp 36:43, 6-Talco 37:00, 7-Bell 38:14, 8-Blackman 38:54, 9-McLeary 39:10, 10-Bannon 39:22...V.Schultz 39:53\*, 20-Branchini 41:36\*, 21-Treacy/PMK 41:46\*...35-Holly Beatie 45:17F...71 finishers. /Stephanie Atwood/

FLOWER FESTIVAL PARADE ROUTE 3-MILE (Jun. 28, Lompoc): 1-Mike Ryan/LVDC 15:10, 2-Kurtz/OTUSA 15:27, 3-Harney/OTUSA 15:49, 4-Trimble/OTUSA 15:50, 5-Elkins 16:07, 6-Elwell/LVDC 16:16, 7-Onaga 16:28, 8-Sharer/OTUSA 16:46, 9-Roberts/LVDC 17:05, 10-Lee/SLDC 17:09, 11-Carrier/MCTC 17:11...27-Hill/SLDC 19:16\*, 32-Marshall/LVDC 20:33\*...38-Kerri Marshall/LVDC 21:25F, 44-Carrie Larson/LVDC 21:43F\*...50-Ruth Adams/LVDC 24:21F\*...66 finishers. /John Perkins/



Duncan Macdonald leads Mitch Kingery up a muddy hill at the PA Sr. X-C Championships (results on next page). /Jim Engle/





Start of the PA-AAU Sr. Men's 10Km X-Country Championships at Golden Gate Park, won by John Moreno, center. /Jim Engle/

34-Maria King/SJC	35:54	37-James Murphy/40/Un	37:53
82-Bonnie Storm/WVTC	38:18	38-Cal Hamren/41/SDTC	37:56
86-Robin Campbell/StanTC	38:27	39-Walter Howard/42/BC	37:59
93-Toshi Oyama	38:44	40-Bill Phillips/51/SDTC	38:02
98-Janice LeCocq	38:53	41-Bill Stock/50/SDTC	38:07
110-Lourdes Hernandez	39:18	42-Paul Holmes/43/BC	38:09
113-Laura Ressler	39:29	43-John Brazinski/41/MPAC	38:17
...542 finishers...			

**NATL. MASTERS X-C CHAMPS**  
(Nov. 11, 1979)

/Belmont, Crystal Springs X-C Course/ - Oscar Moore built up a huge lead and then hung on over the tough 10K circuit in the Belmont hills, as the Snohomish TC of Washington beat a tough local WVTC squad for the team title. Top local finisher was Tom Cathcart, who took sixth spot in 34:55, some 53 seconds behind the winner. It was Ulrich Kaempf taking the 45-49 class, Jim O'Neil the 50-54 division, and Richard Houston (41:25) the 55-59 trophy, as locals grabbed most of the men's individual titles. Pat Bessel made it a clean sweep for New York, as she won the women's title at 41:50, over a minute ahead of Dorothy Stock. Vicki Bigelow was top local finisher in third place. Ruth Anderson easily took the 50-54 class, and Els Tuinzing the 55-59's, while Kay Atkinson's 57:25 completed a NorCal sweep of individual medals in all the 50+ divisions. San Diego defeated Tamalpa and NorCal Seniors for the women's team honors. There were 185 and 52 finishers in the men's and women's races, respectively. /Walt Van Zant/

1-Oscar Moore/41/NYPC	34:02	1-Pat Bessel/42/GITC	41:50
2-Earl Ellis/43/SnTC	34:13	2-Dorothy Stock/47/SDTC	42:55
3-Dave Hambly/40/SnTC	34:21	3-Vicki Bigelow/43/AGRC	43:09
4-John Brennan/44/SBAA	34:31	4-Joanne Wichary/43/SDTC	43:35
5-Lex Faxon/40/TS	34:50	5-Heidi Skaden/42/BC	43:52
6-Tom Cathcart/41/WVTC	34:55	6-Ruth Anderson/50/NCS	44:09
7-Ray Hughes/40/SCS	35:05	7-Susan Mitchell/42/TAM	44:23
8-Skip Shafer/41/CCAC	35:09	8-Betty Wood/43/SDTC	44:36
9-Marvin Rowley/40/CCAC	35:20	9-Martha Maricle/46/NCS	45:10
10-Ulrich Kaempf/48/WVTC	35:31	10-Anne Neeley/40/TAM	45:20
11-Kent Guthrie/43/WVJ	35:34	11-Betsy White/41/WVTC	45:29
12-Darryl Beardall/43/MW	35:42	12-Frances Sackerman/50	46:20
13-Dan Ralston/40/SWEAT	35:53	13-Joan Reiss/42/BC	46:22
14-Dave Pitkethly/43/SnTC	35:57	14-Helene Laurent/45/SDTC	46:39
15-Jerry Lewis/44/TRAC	36:03	15-Marlys Hayden/46/TAM	46:45
16-Phil Walkden/40/SnTC	36:11	16-Nora Smiriga/43/NCS	46:55
17-Maurice Pratt/42/SnTC	36:20	36-Els Tuinzing/58/TAM	53:38
18-Dick Bartek/47/SBAA	36:25	39-Jaclyn Caselli/58/Un	54:18
19-Roger Bryan/43/WVTC	36:26	45-Kay Atkinson/62/NCS	57:25
20-Ron Wise/40/SBAA	36:30	***WOMEN'S TEAMS***	
21-Jim Temples/42/SDTC	36:40	1-San Diego TC	3:44:56
22-Roger Daniels/43/TAM	36:41	2-Tamalpa	3:54:43
23-Bill Porter/40/SDTC	36:46	3-NorCal Seniors West	4:03:40
24-Don Ardell/41/TAM	36:55	4-NorCal Seniors East	4:09:21
25-Bill Bachrach/40/WVTC	37:01	5-NorCal Seniors 50+	4:24:10
26-Doug Latimer/41/WVTC	37:05	--Nearly forgot...San Diego TC won the men's 50+ team title with a cumulative time of 3:18:37, with the Buffalo Chips (Sacramento) next at 3:23:15, and the host West Valley J&S third in 3:30:12.	
27-Andre Tocco/44/CCAC	37:06	--Sadly, one of our fellow competitors died at the race. Larry Marshall, 47, collapsed a few yards from the finish & was pronounced dead at 1 pm from an apparent heart attack. See Pg. 10 of issue #79 NCCR.	
28-Jim O'Neil/54/BC	37:07		
29-Chuck Stagliano/40/TAM	37:11		
30-Walt Schafer/40/CRC	37:20		
31-Gary Anderson/41/CCAC	37:22		
32-Bob Wellck/42/WVTC	37:25		
33-Myron Nevrbaumont/45	37:35		
34-Frank Sais/41/SDTC	37:41		
35-Burt Botta/40/TAM	37:43		
36-Russ Kieran/41/TAM	37:51		

**PA-AAU SR. 10K X-C**  
(Nov. 3, 1979)

/San Francisco, G.G. Park/ - The race was won in a driving rainstorm which turned the already tough, sandy park terrain into mud and flowing water. With about a half of a mile to go, John Moreno, who was leading at the time, took a wrong turn, lost valuable ground, and never gained it back, finishing fifth. In the team battle, the Aggies nipped Camino West (2:44:52 to 2:47:48), with WVTC a distant third in 2:55:36...137 finishers. /Tom Moran/

62-Don Ardell/41/TAM	39:37
63-Doug Latimer/41/WVTC	39:40
77-Hank Shastany/50/WVTC	41:36
***WOMEN***	

90-Dana Hooper/25/TAM	43:54
95-Sue Brusher/25/WVTC	44:25
97-Jane Sowersby/29/WVTC	45:05
100-Jennifer Biddulph/14	46:50
106-Pat Whittingslow/39/WV47:55	

**THE GREAT RACE**  
(Nov. 4, 1979)

/Stanford/ - Course was advertised to be 10K but later was found to be 360 yards short... or just a tad over 6.0 miles. Duncan Macdonald's winning time equates to about 29:42 at the full 10K distance. Vivian Soderholm ran a scorching 34:12 to win the women's division with ease. /P. Ulrich/

1-Duncan Macdonald/30/WV28:43	
2-Kenny Moore/OTC	30:14
3-Bill Gail/Stanford	30:31
4-Bill Clark/35/WVTC	30:47
5-Coty Pinckney	31:09
6-Walter Tompkins	31:35
7-Dennis Tracy/WVTC	31:46
8-Bob Brennan/Stanford	31:47
9-David Karb	31:55
10-Tom Phillips	31:57
11-Tom O'Neil/Stanford	32:38
12-Joaquin Martinez	32:55
13-Richard Herzog	33:08
14-Steve Martinez	33:13
15-David Austin	33:21
16-Stephen Sidney	33:36
17-Keith McNab	33:54
18-Richard Kushman	34:05
19-Vivian Soderholm/WVTC	34:12
20-Brad Bartanen	34:13
21-Robert Saldivar	34:29
22-Ed Jerome	34:49
23-Peter Wood/50+/NCS	34:49*
24-Steve Growden	34:59
25-John Keen	35:15
26-Ed Hart	35:19
27-David Stevenson/50+	35:22*
28-Don Carpenter/50+/WVTC	35:23*
29-Matthew Porteus	35:30
30-Charles Wise	35:37
31-Ross Campbell	35:41
32-Warren Yeend	35:47*
***MASTERS***	
35-Alexander Fetter	35:55
38-John Bramfett	36:05
43-John Bunnell	36:37
47-Leo Ruiz	36:59
***WOMEN***	
33-Phyllis Olrich/30/Un	35:48

1-Duncan Macdonald/30/WV32:14	
2-Dan Gruber/24/AGRC	32:16
3-Bill Britten/24/AGRC	32:19
4-Gary Blume/23/OB	32:26
5-John Moreno/24/CW	32:29
6-Mike Porter/26/GBRtc	32:48
7-Mitch Kingery/23/CW	32:54
8-Matt Yeo/25/AGRC	33:05
9-Mike McGrath/24/AGRC	33:13
10-Scott Peters/23/JT	33:34
11-Brad Duffey/23/OB	33:53
12-Roy Hoglund/23/CW	33:53
13-Steve Holl/27/AGRC	33:59
14-Emil Magallanes/24/AG	34:03
15-Denis O'Halloran/24/AG34:04	
16-Tim Becker/21/CW	34:09
17-Mark Proteau/25/AGRC	34:11
18-Dave Smith/25/YFC	34:12
19-Kevin Coolley/24/LF	34:21
20-Tony Munoz/29/CW	34:23
21-Jerald Drew/21/MR	34:24
22-Mike Emry/23/CW	34:25
23-Jeff Clark/25/AGRC	34:26
24-Brock Hinzmann/26/ETC	35:05
25-Lee Edmonds/21/YFC	35:13
26-David Laha/22/CW	35:13
27-George Green/28/ETC	35:14
28-Pete Churney/24/WVTC	35:20
29-Daryl Zapata/34/WVTC	35:22
30-Tom Kearcher/29/PMK	35:27
31-Greg Bachand/32/Cal	35:36
32-Charlie Harris/39/WVTC	35:41
33-Mike Gulli/19/Un	35:44
34-Brian Gieser/26/AGRC	35:47
35-Dave Smith/36/Cal	36:05
36-Phil Kay/26/PMK	36:15
37-Rich Langford/26/AGRC	36:21
38-Bob Darling/30/ETC	36:29
39-Mike Fanelli/23/PMK	36:29
40-Dave Collins/28/PMK	36:36
***MASTERS***	
48-Ralph Bowles/43/MW	37:02
55-Ulrich Kaempf/48/WVTC	38:26

**ESL RUNAWAY RACES**  
(Nov. 11, 1979)

/Sunnyvale - Moffett Industrial park/ - Duncan Macdonald displayed his return to Olympic qualifying form in this new 10K run in a sizzling 28:50.2 and was uncontested after about two miles. In a companion 2-miler, Dennis Tracy outkicked teammate Arturo Rodriguez, 9:50.4 to 9:51, with Denise Bigelow likewise having a close battle with Nina Gottshalk, 11:54 to 11:58. A total of 262 completed the longer run, while 212 made it in the 2-miler. /Wm. Duran/

1-Duncan Macdonald/WVTC	28:50
2-Mike Porter/WVTC	30:07
3-Mike Cassaday/WVTC	30:21
4-Skip Brown/Un	30:41
5-Doug McLean/WVTC	31:56
6-Tim Chain	32:00
7-Al Hernandez/WVTC	32:03
8-George Howe	32:11
9-Tony Baker	32:49
10-Alan Swenson	33:07
11-Rich Piquette	33:30
12-Ray Clemo	34:03
13-John Kanter	34:14
14-Steve Ernst	34:23
15-William Dunn	34:29
16-F. Martin	34:42
17-Jason Field	34:44
18-Noel Garcia/WVTC	34:45
19-Ron Palermo	34:46
20-Glenn Pruitt	34:55
21-Chris Amaral	35:18
22-Ed Jerome/TRAC	35:27
23-Andy Martinez	35:32
24-David Dahler	35:35
25-Bob Young	35:35
26-Paul Kane	35:37*
27-Robert Gehl/50+	35:40*
28-Phil Sanfilippo/WVJS	35:46
29-William Lee	35:56
30-M. Stewart	35:57
31-Mark Morris	36:12
32-Terry Johnson	36:17
33-Dave Stevenson/50+	36:29*
34-Frank Ruona	36:30
35-Manuel Callahan	36:31
36-Ron Polon/WVTC	36:35
37-Marilyn Taylor/WVTC	36:39F
38-Patrick Shartle	36:42
39-Jose Martinez	36:46
40-Paul Schmidt	37:01
***MASTERS***	
46-Bob Stubbe	37:45
62-Ron Hukola	38:42
63-Alan Bully	38:43
64-Richard Watson	38:49
70-Don Lucero/WVTC/50+	39:45
***WOMEN***	
44-Skip Swannack	37:13
45-Eugenia Zorick/Cal	37:45
68-Vicki Randall	39:19
80-Pat Kirkpatrick	40:37

**PEPSI 20 MILE**  
(Nov. 18, 1979)

/Clarksburg/ - Canadian Brian Maxwell pulled away from Jaime White on the return trip of this popular (nationally certified) course, not seeming to be bothered by the stiff headwinds over the last 10 miles which knocked several minutes from most times. His 1:43:56

was very impressive considering the conditions. Not too many records were broken because of the inclement weather...the few that were set: Dean Rinde's 1:53:59 for soph in high school; Heike Skaden's 2:09:56 for junior/senior H.S. women; 2:22:41 for women over 50 by Ruth Anderson; Sharon Wensel's girls' soph record of 2:46:43; Kay Atkinson's over-60 mark of 2:59:13 for women; and Ivor Welch's 4:18:00 for men over 80! A total of 1057 managed to finish. This year the start was slightly changed to alleviate congestion around the starting area. This also marks the last year that Paul and Elaine Reese will act as meet directors. /E&P Reese/

1-Brian Maxwell	1:43:56
2-Jaime White/SSU	1:44:22
3-Jim Howard	1:46:58
4-Bill Clark/35/WVTC	1:48:42
5-Chris Hamer/WVTC	1:49:47
6-Jan Sershen/ETC	1:50:22
7-Bradley Brown/SUND	1:50:39
8-Michael Gulli	1:51:59
9-Jack Leydig/35/WVTC	1:52:26
10-Mike Warr/MR	1:52:32
11-Adam Ferreira	1:53:36
12-Gus Rojas(whlchr)	1:53:44
13-Dean Rinde	1:53:59
14-Mike Wright	1:54:42
15-Michael Conroy/ETC	1:55:17
16-Patrick Buzbee	1:55:53
17-Noel Lincicome	1:55:57
18-Mark Jost	1:55:59
19-Brent Cushenbery	1:56:45
20-Brian Bonner	1:56:46
21-Anthony Bettencourt	1:57:19
22-Steve Asher	1:57:32
23-Bert Johnson	1:58:00
24-Erik Winje	1:58:21
25-Gordy Vredenburg	1:58:22
26-Timothy Morse	1:58:26
27-Doug Latimer/WVTC	1:58:37*
28-Jim O'Neil/BC/50+	1:58:49*
29-Steve Stark	1:58:52
30-William Boggs	1:58:54
31-Doug Rennie/BC	1:59:22
32-Gary Alderman	1:59:24
33-Ron Mellor	1:59:34
34-Chris Turney	1:59:57
35-Bill Parr	2:00:18
36-Doug Butt/WVTC	2:00:20
37-Dave Roeber	2:00:29
38-Dick Look	2:00:34
39-David Maldonado	2:00:35
40-Dete Kraus	2:00:41
41-Michael Buzbee	2:00:50
42-David Russell	2:00:51
43-Glen Krawiec	2:00:52*
44-Charles Freeman	2:01:13
45-Jim Bowles/WVTC	2:01:27
46-Russell Knudsen	2:01:36
47-Jon Shelgren	2:01:47
48-Terry Hughes	2:02:04
49-Leonard Gilliana	2:02:20
50-Philip Miller	2:02:21
51-Gary Johnson	2:02:24
52-Jim Carr	2:02:24
53-Bob Miller/CW	2:02:25
54-Bill Bugler/PMK	2:02:57*
55-Hoyt Walker	2:03:00
56-Chris Delgado/BC	2:03:03*
57-Sargon Nona	2:03:15
58-John Notch/LMJS	2:03:19
59-John Griffin	2:03:20
60-Ed Stromberg	2:03:25
61-Hank Tushar	2:03:34

62-Todd Sloan	2:03:35
63-Andy Hidas	2:03:42
64-Leon Rethsen	2:03:49
65-Curtis Turney	2:03:56
66-Haywood Norton	2:03:58
67-Roger Daniels/TAM	2:04:03*
68-Steve Daniels	2:04:05
69-David Hamer/WVTC	2:04:28
70-Mark Murray/WVTC	2:04:40
71-Tom Bennett	2:04:48
72-Dennis Dillie	2:04:49
73-Glen Walder	2:04:53
74-Grae Van Hooser/WVTC	2:05:04
75-William Soo Hoo	2:05:06
***MASTERS***	
76-Bill Bachrach/WVTC	2:05:18
78-Tom Adamson	2:05:19
80-Myron Nevraumont/WVJ	2:05:29
88-Theodore Jones/PMK	2:06:32
97-Nik Epanchin	2:07:13
101-Bob Bourbeau/BC	2:07:41
106-Paul Holmes/BC	2:08:06
112-Timothy Treacy	2:08:18
115-Bruce Johnson	2:08:30
120-William Clemens	2:09:26
122-Malcolm Stewart	2:09:28
134-Dieter Diekmeyer	2:10:53
136-Larry Dion	2:11:04
162-Ernie Young	2:13:23
170-Dick Houston/50+	2:13:57
172-Art Waggoner/BC/50+	2:14:04
***WOMEN***	
114-Judy Leydig/28/WVTC	2:08:27
125-Heike Skaden/BC	2:09:56
211-Vicki Randall	2:16:34
296-Heide Skaden	2:22:33*
297-Ruth Anderson/50+	2:22:41*
300-Sunny Roberts	2:23:06
305-Deborah Bispo	2:23:20
307-Mary Strudwick	2:23:28
310-Karen Diekmeyer	2:23:49
324-Janice LeCocq	2:24:36
331-Patty Dahlstrom	2:25:08
345-Ellen Clark/WVTC	2:25:55
387-Martha Maricle/NCS	2:28:46*
396-Judy Mellor	2:29:12
411-Joan Perkins	2:29:47



Ted Quintana's 2:20:47 was a big PR and earned him the distinction of having qualified for the U.S. Olympic Trials Marathon. It was also fast enough to best second-placer Lee Edmonds by 40 seconds. /Photo by Keith Conning/

being the first master overall. His 2:42:59 was a PR and bested Jim Bevins of Susanville by 13 seconds. /Cherie Swenson/

1-Ted Quintana/24/AGRC	2:20:47
2-Lee Edmonds/22/YFC	2:21:27
3-Salvador Berumen/23	2:22:58
4-Fritz Watson/34/WV	2:24:57
5-Hank Lawson/24/CW	2:25:00
6-Dave Vellequette/WV	2:25:31
7-Jeff Clark/24	2:26:13
8-Atkins Chun/24	2:27:22
9-Phil Kay/26/PMK	2:28:01
10-Neil Berg/31/LMJS	2:28:59
11-Ron Nabers/30/WVTC	2:29:57
12-Joseph Hurd/25	2:31:11
13-Mike Plummer/21/WV	2:34:55
14-Joseph Schieffer/28	2:35:13
15-David Chairez/20	2:35:35
16-Timothy Morse/30	2:35:39
17-Manuel Hernandez/26	2:36:05
18-William Jenney/38	2:36:41
19-Jose DeAraujo/27	2:36:54
20-Robert Coleman/31	2:38:00
21-Ross Rowley/31/SUND	2:39:02
22-John Hawkes/30/WVTC	2:39:20
23-Bill Stainbrook/26	2:40:17
24-Don Porteous/33	2:40:23
25-John Notch/31/LMJS	2:40:37
26-Leonard Gilliana/28	2:41:03
27-Kevin Coulter/25	2:41:46
28-Daniel Rueckert/23	2:42:03
29-Sammy Castillo/34	2:42:40
30-John Watkins/29	2:42:55
31-Roy Scellato/32	2:42:58
32-Robert Gehl/51	2:42:59*
33-Jim Bevins/41	2:43:12*
34-Haywood Norton/32	2:43:33
35-Kenny Warde/29	2:43:39

**OAKLAND MARATHON**  
(Dec. 2, 1979)

/Oakland/ - The first annual Oakland Marathon proved to be a major success with 639 finishers, including two runners who qualified for the Olympic Trials by dipping under the magic 2:21:54. Ted Quintana's 2:20:47 bested Lee Edmonds' 2:21:27 by some 40 seconds. Sue Munday, running in only her second marathon, was elated by her 2:47:57, which ranks only second to Penny DeMoss' NorCal best for women. Karen Scannell set a PR by winning the over-40 women's race (3rd overall) in a quick 2:57:13. Bob Gehl, 51, not only won his 50-Up division but also win the distinction of



Oakland Marathon divisional winners & placers. /K. Conning/



At 51, Bob Gehl was top master at the Oakland Marathon in a swift 2:42:59. /John Sheretz/

282-Joanne Sidwell/32 3:22:48  
292-Sylvia Fox/40 3:24:30\*  
305-Liz Ray/40 3:26:12\*

● **OAKLAND HALF-MARATHON** ●  
(Dec. 2, 1979)

/Oakland/ - Despite running past the turnoff to the finish, Mike Cassidy still easily annexed the shorter race in 66:00, passing up the marathon since he had already qualified for the Trials with a 2:18:32 in September. A distant second was Cal's Greg Bachand in 68:38. Teresa Barrios easily annexed the women's race in 1:23:52, and she's only 13! Tom Cathcart's 1:13:43 led the second place master by over 3 minutes. A total of 983 completed this run. /C. Swenson/

- |                               |        |
|-------------------------------|--------|
| 1-Mike Cassidy/28/WVTC        | 66:00  |
| 2-Greg Bachand/20/Cal         | 68:38  |
| 3-Bob Darling/30/ETC          | 68:54  |
| 4-Mike Pinocci/25/WVTC        | 69:07  |
| 5-Lester Mina/26/AGRC         | 69:59  |
| 6-Arturo Rodriguez/30/WV70:29 |        |
| 7-Harvey Franklin/36/WV       | 71:35  |
| 8-Jeff Johnston/28            | 72:04  |
| 9-Mark Hines/29/ETC           | 72:11  |
| 10-Russ Knudsen/24            | 72:12  |
| 11-Steve Ottaway/26/Eng       | 72:14  |
| 12-Tim Swezey/30/PMK          | 72:19  |
| 13-Tim Rostege/39/WVTC        | 72:53  |
| 14-Daryl Zapata/34/WVTC       | 73:34  |
| 15-Mike Conroy/34/ETC         | 73:39  |
| 16-Tom Cathcart/41/WVTC       | 73:43* |
| 17-Jeff Cowling/20            | 73:56  |
| 18-Doug Rennie/38/BC          | 74:40  |
| 19-Dave Houston/36            | 75:41  |
| 20-Mark Torres/16/WVTC        | 76:16  |
| 21-Paul Farrier/42            | 76:54* |
| 22-Rob Trumbull/20            | 76:58  |
| 23-Philip Miller/25           | 77:14  |
| 24-Robert Butsic/34           | 77:23  |
| 25-Don Ardeli/41/TAM          | 77:26* |
| 26-Robert Baron/35            | 77:26  |
| 27-Keith McNab/38             | 77:32  |
| 28-Pat Hall/17                | 77:36  |
| 29-Joaquin Fritz/26           | 77:50  |
| 30-Kim Taketa/27              | 77:51  |
| 31-Cliff Wolery/34            | 78:24  |
| 32-Kelly Peters/19            | 78:39  |
| 33-Mike Hofmayer/36/SRR       | 78:41  |
| 34-Walter Radloff/34          | 78:43  |
| 35-Larry Kluger/29            | 78:54  |
| 36-Tom Knight/37/WVTC         | 79:25  |
| 37-Peter Ramos/16             | 79:31  |
| 38-Steve Harper/36            | 79:42  |
| 39-Bernard Hollander/43       | 79:48* |
| 40-Dane Long/16               | 79:48  |
| 41-Dwight Miller/22           | 80:28  |
| 42-Thomas O'Leary/30          | 80:30  |
| 43-Robert Johnson/34          | 80:32  |
| 44-Adam Gussow/21             | 80:38  |
| 45-Jay Lopez/21               | 80:41  |
| 46-Nick Rosa/32               | 80:42  |
| 47-David Fisher/19            | 80:44  |
| ***MASTERS***                 |        |
| 59-Walt Betschart/52/BC       | 82:31  |
| 63-Bill Kirchmier/48          | 83:13  |
| 64-Don Pickett/51/TAM         | 83:14  |
| 69-Dee Baltzer/42             | 83:35  |
| 74-Don Lucero/52/WVTC         | 83:53  |
| 93-Vince Alcantar/42          | 85:41  |
| ***WOMEN***                   |        |
| 73-Teresa Barrios/13          | 83:52  |
| 95-Irene Rudolf/37/WVTC       | 86:15  |
| 117-Dana Hooper/25/TAM        | 87:55  |
| 140-Anne Neeley/40/TAM        | 89:15* |
| 141-Donna Andrews/39/TAM      | 89:16  |
| 151-Florianne Harp/31/TAM     | 90:39  |



Vivian Soderholm-Difatte was top NorCal finisher at Runners World Invit. 5-mile, taking 6th in 28:06. The following week she ran 56:36 for double that distance in winning first place at the California "10".

● **RUNNER'S WORLD INVIT.** ●  
(Dec. 30, 1979)

/Los Altos/ - Grete Waitz and Steve Scott ran off with the annual end to the old year event, however, the women ran a bit extra (30 secs?) because of a wrong turn. Scott showed he is to be reckoned with at distances longer than a mile as he averaged near 4:30 in clocking 22:35.5. Waitz won her race by about a quarter-mile over Joan Benoit. In the team scoring, Sub-4 bested the 3 top local teams in a close battle for runnerup (70:38 for the winners to 72:03, 72:11 & 72:20 for the Aggies, WVTC and Camino West respectively). In the women's race, only 11 seconds separated the top three teams: Golden Bear TC 89:39, Seattle Comets 89:45, and WVTC 89:50! /Marty Post/

- |                           |        |
|---------------------------|--------|
| 1-Steve Scott/SUB-4       | 22:36  |
| 2-Randy Thomas/GBTC       | 22:41  |
| 3-Matt Centrowitz/OTC     | 22:54  |
| 4-Tom Wysocki/LVTC        | 22:57  |
| 5-John Capriotti/CPSLO    | 22:58  |
| 6-Duncan Macdonald/WVTC   | 23:08  |
| 7-Marty Scrutton/Colo     | 23:09  |
| 8-John Moreno/CW          | 23:10  |
| 9-Dave Murphy/MDAC-Eng    | 23:10  |
| 10-Don Kardong/CNW        | 23:23  |
| 11-Benji Durden/Phid      | 23:27  |
| 12-Bill Britten/AGRC      | 23:28  |
| 17-Tom Smith/Colo         | 23:38  |
| 18-Hal Schulz/GBrTC       | 23:38  |
| 22-Frank Richardson/IPS   | 23:53  |
| 24-Mitch Kingery/CW       | 23:56  |
| 26-Mike Porter/GBrTC      | 24:05  |
| 29-Pete Sweeney/AGRC      | 24:11  |
| 31-Bill Clark/WVTC        | 24:23  |
| 32-Dennis O'Halloran/AGRC | 24:24  |
| 33-Ramon Morales/HSU      | 24:25  |
| 34-Jim Schankel/SUB-4     | 24:27  |
| 38-Chris Hamer/WVTC       | 24:41  |
| 39-Mark Sisson/AGRC       | 24:41  |
| 41-Herb Lorenz/MAA        | 24:43* |
| 42-Greg Hitchcock/Un      | 24:51  |
| 43-Derek Clayton/RWRC     | 24:53  |
| ***WOMEN*** (5 Mi.+)      |        |
| 1-Grete Waitz/Norway      | 26:04  |
| 2-Joan Benoit/LiBAC       | 27:22  |
| 3-Patti Lyons/BAA         | 27:42  |
| 4-Debbie Scott/Canada     | 27:47  |

- |                         |       |
|-------------------------|-------|
| 5-Ruth Caldwell/Loesch  | 28:02 |
| 6-Vivian Soderholm/WVTC | 28:06 |
| 7-Maggie Keyes/CPSLO    | 28:26 |
| 8-Suzanne Richter/GBrTC | 28:41 |
| 9-Gail Volk/SCTC        | 28:51 |
| 10-Cindy Schmandt/GBrTC | 28:53 |
| 11-Vicky Cook/SCRR      | 28:59 |
| 12-Kathy Perkins/CPSLO  | 29:00 |
| 13-Laurie Binder/KCBQ   | 29:14 |
| 14-Judy Fox/39/WVTC     | 29:17 |
| 15-Heiki Skaden/BC      | 29:21 |
| 18-Roxanne Bier/SJC     | 29:34 |
| 19-Kate Keyes/UCLA      | 29:39 |
| 20-Cindy Poor/AIA       | 29:44 |
| 23-Carol Young/AGRC     | 30:44 |
| 25-Tena Anex/AGRC       | 31:16 |
| 27-Teresa Barrios       | 31:27 |
| 28-Skip Swannack        | 31:28 |
| 29-Denise Bigelow/AGRC  | 31:55 |
| 30-Lynne Hjelte/GBrTC   | 32:05 |

● **CALIFORNIA 10** ●  
(Jan. 6, 1980)

/Stockton/ This popular run had 182 of the 680 finishers go under 60 minutes for this accurate 10-mile course (still not nationally certified!). Vivian Soderholm demolished Laurie Crisp's old course record for women with a 56:36, pulling Heiki Skaden and Crisp under 60 minutes as well.

/Frank Hagerty/

- |                          |        |
|--------------------------|--------|
| 1-Dennis Rinde/21/WVTC   | 48:41  |
| 2-Frank Richardson/IP    | 48:47  |
| 3-Tom Smith/FSRT         | 49:06  |
| 4-Bill Britten/AGRC      | 49:19  |
| 5-Ted Quintana/AGRC      | 50:16  |
| 6-Bruce Williams/Rhodes  | 50:36  |
| 7-Rich Langford/AGRC     | 50:37  |
| 8-Chris Hamer/WVTC       | 50:56  |
| 9-Bradley Brown/SUND     | 51:43  |
| 10-Stan Winkley          | 51:44  |
| 11-Mike Pinocci/WVTC     | 51:46  |
| 12-Russ Knudsen/TAM      | 51:51  |
| 13-Kevin Fisher/AGRC     | 51:57  |
| 14-Mike Fanelli/GSF      | 52:15  |
| 15-Mike Engleman/AA      | 52:24  |
| 16-Bill Sevald/ETC       | 52:27  |
| 17-Atkins Chun/GSF       | 52:35  |
| 18-Leroy Kotchevar       | 52:49  |
| 19-Art Baudendistel/YFC  | 52:54  |
| 20-Steve Ottaway/TAM     | 52:55  |
| 21-Ted Franse/SUND       | 53:01  |
| 22-Daryl Zapata/GSF      | 53:09  |
| 23-Jeff Johnston/TAM     | 53:14  |
| 24-Greg Jewett/ETC       | 53:18  |
| 25-Mike Warr/MR          | 53:19  |
| 26-Tom Klousner          | 53:31  |
| 27-Jake White/WVJS       | 53:37  |
| 28-Tom O'Neil/CW         | 53:40  |
| 29-Don Dugdale/MPAC      | 53:44  |
| 30-Iain Mickle/MR        | 53:50  |
| 31-Kent Guthrie/WVJS     | 53:54* |
| 32-Tony Baccelli         | 54:00  |
| 33-Clyde Matsumura/SMTc  | 54:01  |
| 34-Robert Miller/SUND    | 54:05  |
| 35-Dan Will              | 54:09  |
| 36-Roy Cortez/Merced     | 54:09  |
| 37-Pedro Reyes/JesuitHS  | 54:14  |
| 38-Greg McKinstry/MTC    | 54:28  |
| 39-Karl Machschesfes/ETC | 54:30  |
| 40-Dave Roeber/BC        | 54:33  |
| 41-Neil Berg/LMJS        | 54:38  |
| 42-Tim Rostege/WVTC      | 54:47  |
| 43-Dean Rinde            | 54:48  |
| 44-Robert Jamieson/GW    | 54:53  |
| 45-David Garcia/WVJS     | 54:55  |
| 46-Andy Takaha/CW        | 55:04  |
| 47-Chris Otis/OPHIR      | 55:12  |

...more on next page...

(California 10, Cont'd...)

48-Richard Piper	55:14
49-Erik Winje	55:16
50-Richard Stiller/WVJS	55:18
51-Ken Harvey	55:22
52-Michael Gulli	55:24
53-Brian Bonner/LVRC	55:24
54-John Clary	55:31
55-Ron Mellor/AGR	55:34
56-Jon Agnew/SUND	55:36
57-Bruce LaBelle/AGRC	55:42
58-Fred Villegas/MTC	55:46
59-Harold Kuphaldt/OPHIR	55:48
60-Nick Winter/LVRC	55:55
61-Jose Reves	55:57
62-Russell Seyfried/SUND	56:02
63-Hoyt Walker/LVRC	56:07
64-Don Barber/AA	56:12
65-Roger Bryan/WVTC	56:13*
66-Glen Krawiec/Clorox	56:13*
67-Don Ardell/TAM	56:16*
68-Rich Mounkes	56:17
69-Charles Pittel	56:17
70-Jim McMillin/BC	56:19
71-Doug Rennie/BC	56:25
72-James Kuphaldt/OPHIR	56:27
73-Roger Daniels/TAM	56:30*
74-Bill Boggs/RoadRats	46:31
75-Tim Taylor	56:34

\*\*\*MASTERS\*\*\*

80-Bob Bourbeau/BC	56:42
98-Tom Adamson	57:23
104-Myron Nevraumont/WVJ	57:39
105-Russ Kiernan/TAM	57:45
109-Sal Vasquez	57:58
121-Paul Holmes/BC	58:18
126-James Mickle/MW	58:22
141-Walt Van Zant/WVJS	58:49
151-Ken Gaal	59:12
155-Bruce Johnson/BC	59:18
157-Philip Hager/MW	59:22
159-James Rader/Clorox	59:26
169-Don Phillips/MRR/50+	59:45
173-Don Carpenter/WV/50+	59:51
179-Blonder/RCRC	59:56

\*\*\*WOMEN\*\*\*

77-Vivian Soderholm/WV	56:36
153-Heike Skaden/BC	59:14
165-Laurie Crisp	59:33
196-Linda Van Housen/WDS	60:58
212-Sue Johnston/PMK	61:44
243-Denise Bigelow/AGRC	62:44
244-Karen Scannell	62:49*
272-Sue Brusher/WVTC	64:05
273-Bev Marx/BC	64:07
283-Vickie Bigelow/AGRC	64:37*
286-Irene Rudolf/WVTC	64:41
288-Florianne Harp/TAM	64:46
294-Kathy Way/AGRC	65:04
295-Jane Sowersby/WVTC	65:05
305-Kim Keeton	65:39

● PAUL MASSON MARATHON ●  
(Jan. 27, 1980)

/Cupertino/ - We still haven't received the "official" results of the Nationals from Dan O'Keefe and still don't know what the team standings are, but we're listing the placers and times from the local newspapers rather than wait until next issue. Because the runners took the now "infamous" wrong turn, none of the times will count for records purposes. For the information of those running, you ran a total of 517 yards short of the full marathon distance...25 miles, 1628 yards to be exact. Sue Munday would have no doubt had a new NorCal women's record if

she had continued on to the full marathon. Her 2:43:17 is equal to a 2:45:08 at the same pace. Frank Richardson did a 2:13:54 to win the men's race. Frank is temporarily residing in San Francisco to train for the Trials (Ed. - He's now back in Iowa).

1-Frank Richardson/IPS2	1:13:54
2-Hatsuo Okubo/Japan	2:14:08
3-Dave Smith/YFC	2:15:41
4-Keiichi Shimokugaki	2:15:52
5-Mark Sisson/AGRC	2:16:31
6-Mitch Kingery/CW	2:16:36
7-Phil English/CNW	2:16:41
8-Denis O'Halloran/AG	2:18:39
9-Russ Pate/SC	2:19:15
10-Skip Brown/WVTC	2:19:21
11-Ernie Rivas/ETC	2:19:41
12-John Lermusik	2:19:53
13-Jim Howard/YFC	2:20:37
14-Mark Proteau/AGRC	2:20:39
15-Lee Edmonds/YFC	2:20:56
16-Herb Lorenz/PVS	2:21:00*
17-Ken Hunter	2:22:43
18-Allan Sandretti	2:23:12
19-John Mansoor/AGRC	2:24:16
20-Scott Buttinghouse	2:24:57
21-Richard Meyers	2:26:30
22-Mark Hines/ETC	2:26:37
23-Ted Pawlak/WVJS	2:26:40
24-Michael Gulli	2:27:05
25-David Hambly/SnTC	2:27:12*
26-Fred Forsberg	2:27:18
27-Daryl Zapata/GSF	2:27:54
28-Scott Molina	2:28:58
29-Mike Conroy/ETC	2:29:02
30-Art Baudendistel/YFC2	3:00:01
31-Charlie Harris/WVTC	2:30:12
32-Manfred Steffny/Ger	2:30:47
33-David Mineau	2:30:53
34-Don Dugdale/MPAC	2:30:57
35-Kent Guthrie/WVJS	2:31:08*
36-David Zielke	2:31:18
37-Joe Burgasser/STC	2:31:54*
38-Dean Rinde	2:32:25
39-Tomasso Kearcher	2:34:20
40-David Askern	2:35:14
41-Thomas Rousseau	2:35:33
42-Jack Leydig/WVTC	2:35:43
43-Richard Leutzinger	2:36:15*
44-Vincent O'Boyle	2:36:22
45-Jasper Kirby	2:36:41
46-Kevin Holzclaw	2:36:44
47-Maurice Pratt	2:36:54
48-Jim Knerr/STC	2:37:06*
49-Karl Machsches/ETC2	2:37:14
50-Dennis Caldwell	2:37:20
51-Mark Driscoll	2:37:36
52-Andy Takaha/CW	2:38:49
53-Fred Kiddy	2:39:09*
54-Colin Preston	2:39:21
55-Leonard Gilliana	2:39:32
56-Ray Wieand/WDS	2:39:38
57-Doug Latimer/WVTC	2:40:33*
58-Paul Alvarez	2:40:37
59-Tony Bacelli	2:40:46
60-Reginald Bedell	2:40:51
61-Paul Armstrong/WVTC	2:41:06
62-Andy Hidas	2:41:24
63-Robert Rude	2:41:38
64-Ed Stromberg	2:42:12
65-Abdulah Ebrahimi	2:42:24

\*\*\*WOMEN\*\*\*

83-Sue Munday/Un	2:43:17
120-Linda Van Housen/WDS	2:47:28
147-Sue Peterson	2:49:31
165-Sandra Kiddy	2:51:07*
260-Judith Groombridge	2:57:41*
305-Judy Leydig/WVTC	3:00:49
306-Joan Ulyot/WVTC	3:00:52
334-Kathryne Carlton	3:03:08

347-Skip Swannack	3:04:03
426-Deryl Elijah/TAM	3:10:49
458-Jenny Glockner/WDS	3:13:03
466-Carol Stroud	3:13:47
486-Ruth Anderson/NCS	3:14:35*
495-Mary Pat Kroyer	3:15:20
503-Frances Sackerman	3:15:56*
513-Lee Matovick	3:16:21
519-Donna Shaw	3:16:41
520-Linda Burke	3:16:42
523-Grace Voss	3:16:47
527-Jane McKibben	3:17:12
540-Helen Dick	3:18:27
548-Shelly Grieb	3:18:57
555-Valerie Lisiewicz	3:19:15
576-Heidi Skaden/BC	3:20:45*
577-Myra Troske	3:20:47



Women's AAU Marathon winner Sue Munday. /Keith Conning/

● BONNE BELL 10K ●  
(Feb. 3, 1980)

/San Francisco/ - Run on the regular 5K loop with a slight modification, the course ended up at the center of the Polo Fields. Having been out of action during X-C season, Cal ace Sue Richter showed she's "together" again with a 34:46 victory in this very popular all-women's race. Judy Fox also seemed to be recovered from her injuries, placing a strong third behind Cal's Cindy Schmandt. Karen Scannell won the masters race by a 15-second margin over Vickie Bigelow in 39:11. A total of 789 finished. /Penny DeMoss/

1-Suzanne Richter/GBrTC	34:46
2-Cyndy Schmandt/GBrTC	35:00
3-Judy Fox/39/WVTC	35:19
4-Alice Trumbly/GBrTC	35:49
5-Vivian Soderholm/WVTC	35:53
6-Lynne Hjelte/20/GBrTC	35:54
7-Cheryl Flowers/GBrTC	36:06
8-Kerry Brogan/17	36:39
9-Michele Aubuchon/CSH	36:44
10-Diane Gong/17/GSF	36:58
11-Sally Edwards/32/FF	37:13
12-Eugenia Zorich/GBrTC	37:17
13-Tena Harms/23/AGRC	37:41
14-Liz Strangio/17/WVTC	37:47
15-Mary Gaffield/16/PMK	37:48
16-Skip Swannack/38	38:00
17-Denise Bigelow/17/AG	38:06
18-Kelly Brogan/14/FAC	38:30
19-Terry Schmidt/23	38:37
20-Herlinda Rubio/17	38:41
21-Florianne Harp/31/TAM	38:44
22-Leslie McMullin/29	39:00
23-Karen Scannell/41	39:11*
24-Nina Gottschalk/20	39:23
25-Vickie Bigelow/40/AG	39:26*
26-Bonnie Storm/34/WVTC	39:29
27-Colleen Moran/23	39:34
28-Sue Brusher/25/WVTC	39:37

29-Jolie Houston/23/AGRC	39:40
30-Joan Ulyot/39/WVTC	39:50
31-Pam Burkes/30/WVTC	40:13
32-Marilyn Moreton/33	40:19
33-Lynne Carpenter/16	40:20
34-Agatha-Sue Lee/40/WVTC	40:22*
35-Nelly Cha.-Alandia/34	40:30
36-Alison Ehlen/16	40:30
37-Dianne Davis/19	40:35
38-Margaret Livingston/31	40:38
39-Karen Devine/15	40:46
40-Vicki Randall/22	40:50
41-Gail Rodd/37/WVTC	40:54
42-Shelly Nieto/16/Merced	40:55
43-Patricia Sarro/29	40:56
44-Wendy Turner/16	40:57
45-Marti Menz/24	40:59
46-Joyce Rankin/32	41:08
47-Maria Massey/16	41:12
48-Karey Robinson/20	41:13
49-Teresa Barrios/13	41:17
50-Suzy Martinez/15	41:18
51-Maria Ng/18	41:19
52-Monika Zieschang/17	41:19
53-Susan Mitche/11/42/TAM	41:23*
54-Shannon Clark/11	41:27

● TRINIDAD-CLAM BEACH RUN ●  
(Feb. 9, 1980)

/Near Arcata/ - Know as the Humboldt County Championships, this year's event saw a record 1160 finish the 8.5 mile run. Chuck Smead's 40:28 standard from 1974 remained intact. /Six Rivers Running Club/

1-Gary Tuttle/TIT	40:45
2-Mark Conover/HSU-WVTC	41:41
3-Ramon Morales/HSU	41:51
4-Kevin Searles/HSU	42:35
5-Vince Egle	42:40
6-Tim Becker	42:51
7-Michael Williams/HSU	43:05
8-John Mansoor/AGRC	43:21
9-Denis O'Halloran/AGRC	43:29
10-Tony Munoz	43:31
11-Michael Killeen	43:49
12-Glen Borland	43:51
13-Scott Peters/JT	43:56
14-Wayne Arrison	43:58
15-Bob Marr	43:58
16-Chris Speer	43:59
17-Chris Cole	44:07
18-Greg Balbierz	44:32
19-Howard Labrie	44:46
20-Scott Gillis	44:50
21-Ken Danz	45:15
22-Bert Proust	45:15
23-Ty Rousseau	45:24
24-David Wells	45:32
25-Willie Pittenger	45:36
26-Brian Millar	45:43
27-David Figueiredo	45:56
28-Steve Kretsinger	46:00
29-Jim Rocha	46:12
30-Karl Maxon/Oregon	46:16
31-Jim Mansoor/AGRC	46:28
32-Larry Guinee/CasVlyHS	46:46
33-Craig Muir	46:54
34-Daniel Raiston/SWEAT	46:58*
35-Marie Elias/Oregon	46:59
36-Rick Mayberry	47:00

37-Greg Heistuman	47:03
38-Lawrence Jordan	47:04
39-Jeff Grubbs(HS)	47:05
40-Mike Healy(HS)	47:19
41-William Sharp/Oregon	47:33
42-Bob Bunnell	47:33
***MASTERS***	
70-Dick Meyer/SRRC	49:33
86-Dick Gilchrist/SRRC	50:31
94-Lee Bunnell/Redding	51:00
107-Forrest Williams	52:04
117-Harry Daniell/50+	52:37
149-Ben Hawkins/Bayside	54:03
152-Dick Houston/NCS/50+	54:08
***WOMEN***	
130-Sheila Maskovich/WVTC	53:05
144-Kathleen Kaiser/Chico	53:52
154-Sue Grigsby	54:09
166-Berit Meyer	54:34
177-Jennifer Daniell	54:51
184-Jane Wooten	55:05
192-Kristen Uhler	55:19
204-Derry Elijah/TAM	55:45
206-Cathy Oddone/Chico	55:50
239-Shane Felix	56:52
***MASTERS WOMEN***	
322-Gayle Kerstetter/SRRC	58:55
767-Lola Houston/NCS	72:25

6-Bill Sevald/ETC	2:27:00
7-Arturo Rodriguez/WV	2:29:13
8-Tony Baccelli	2:35:35
9-David Russell	2:35:37
10-Robert Clay	2:38:15
11-Jim Bevins	2:39:11*
12-Mike Palomino	2:40:07
13-Pablo Stewart	2:41:22
14-Rodney Mowbray	2:41:56
15-Jon Shelgren	2:42:03
16-Ross Rowley/SUND	2:43:19
17-Doug Latimer/WVTC	2:43:29*
18-Henry Tushar	2:43:41
19-Bob Myers/PMK	2:43:58*
20-Bill Parr	2:44:26
21-David Hamer/WVTC	2:44:27
22-Mark Murray/WVTC	2:44:29
23-Jim Scott	2:46:14
24-Dominic Geraghty	2:46:50
25-Heike Skaden/BC	2:46:57F
26-Bob Lucas	2:47:18
27-Jon Mohr/PMK	2:47:23
28-Jeff Thompson	2:47:53
29-Roy Scellato	2:47:56
30-James Moore	2:49:17
31-Bruce Inenaga	2:50:18
32-Martin Rizzo	2:50:23
33-Anthony Stefani	2:50:32
34-Vic Andrews	2:50:35
35-Dean Vanderbush	2:51:21
36-Bruce Del Fante	2:51:23
37-Michael Lozoya	2:51:29
38-Andy T. Harris	2:51:46
39-Doug Govan	2:52:17
40-George Parrott	2:52:39
***MASTERS***	
41-Everett Riggle	2:52:41
55-Jack Byrd	2:56:57
56-Tony McDonagh	2:57:06
66-Michael McGie	2:59:26
71-Merle Fruehling	3:01:35
74-Hans Roenau/50+/TAM	3:02:01
76-Glenn Reed	3:02:18
77-Paul Favero	3:02:20
78-Don Savant	3:02:23
***WOMEN***	
100-Jennifer Daniell	3:08:10
112-Patty Dahlstrom	3:12:47
114-Nancy Justice	3:13:58
135-Nora Crans/IMP	3:18:58
152-Mary Papale	3:23:09
154-Heide Skaden/BC	3:23:57*
160-Lisa Shattuck	3:24:53
180-Carol Walker	3:28:49
181-Sally Edwards/FF	3:28:50
184-Lynn Lindsay/Fresno	3:29:03*

--HALF-MARATHON--

1-Pete Flores/AGRC	1:08:10
2-Scott Peters/JT	1:09:21
3-Scott Buttinghausen	1:10:34
4-Juan Torres	1:13:02
5-Allen Masterson	1:13:37
6-Noel Lincicome/SSS	1:14:24
7-Michael Guilford	1:14:30
8-Mike Buzbee	1:14:50
9-Tom Kellar	1:15:02
10-Dale Magnin	1:15:06
11-Todd Martin	1:15:18
12-Buck Hulsemann	1:16:37
13-Bill Bugler/PMK	1:16:40*
14-Steve Nygaard	1:17:08
15-Mike McGuire	1:17:17
16-J.K. Pedrotti	1:17:21
17-Ed Stromberg	1:17:27
18-Chris Newhard	1:17:34
19-Michael McGie	1:17:37
20-Steve O'Brien	1:17:38
21-Matt Speth	1:18:18
22-Lee Bunnell	1:18:40*
23-Glenn Bailey	1:18:47
24-Alexander Schauss	1:18:56
25-Howard Jacobson	1:19:19
26-Raymond Lawson	1:19:32
27-William Crews	1:20:02

28-Robert Bardwil	1:20:15
29-Will Liley	1:20:24
30-Joaquin Pillado	1:20:41
***MASTERS***	
41-Bruce Johnson	1:20:50
55-Jack Jamieson	1:22:26
63-Joe King/50+	1:24:25
64-Ron Ogilvie	1:24:36
85-Bob Garner	1:26:54
92-John Ball	1:27:51
98-Paul Moore	1:28:18
***WOMEN***	
75-Debbie Rudolph	1:25:38
119-Lori Wright	1:30:06
130-Catherine Grow	1:30:34*
141-Laurie Bagley	1:31:29
146-Shaun Seibel	1:31:56
220-Karen Klopsch	1:37:19

● NAPA MARATHON ●  
(Mar. 9, 1980)

/Napa/ - Sacramento State's Jaime White, only 23, is a novice at marathoning...this year's Napa race was his first at that distance, and he merely won by some 9 minutes in a scintillating course record of 2:16:34! Darryl Beardall's 2:34:04 led a fine masters field as four got under 2:40. Marilynn Harbin, 42, won the overall women's title in a PR 2:58:34, besting Mary Moulton's 3:02:29 (her first attempt). All but two records fell as 609 completed the race in widely varying temperatures. Forty-five percent recorded personal bests! /Chuck & Kaye Hall/

1-Jaime White/23/AGRC	2:16:34
2-Steve Stawson/27/CMA	2:25:40
3-Peter Leach/26	2:29:22
4-James Rocha/29	2:29:43
5-Mike Warr/18/MR	2:31:12
6-Tomaso Kearcher/29	2:31:39
7-Pat Becker/38	2:32:20
8-Darryl Beardall/43/VM2	2:34:04*
9-Charles Hoover/31	2:34:18
10-Ron Mellor/27	2:35:31
11-Jack Blakely/43	2:35:53*
12-Steven Frishly/30	2:36:33
13-Jasper Kirkby/31	2:36:40
14-Jay Cook/40/WVTC	2:37:01*
15-Leroy Kitchevar/26	2:37:28
16-Daryl Zapata/34/GSF	2:37:28
17-Steve Williams/27	2:38:03
18-Dick Leutzinger/41	2:38:16*
19-Martin Jones/36	2:38:24
20-Masafumi Mori/33	2:40:24
21-Tom Mota/41/LMJS	2:41:13*
22-David Nieman/29	2:41:40
23-Jim Gibbons/35	2:43:07
24-Lloyd Sampson/36	2:43:15
25-Ron Wayne	2:43:31
26-Dennis Doris/34	2:43:39
27-Michael Coke/41	2:43:42*
28-Nik Epanchin/30	2:45:21*
29-Steve Higgins/40	2:46:01
30-Norm McAbee/47/PMK	2:46:03*
31-Bruce Burns/29	2:46:04
32-Jeffrey Sims/27	2:46:30
33-Eric Ivary/33	2:46:45
34-Fassil Fessaha/24	2:47:35
35-Terry Uebelhart/33	2:47:41
36-Billy Catanese/41/MW	2:47:42*
37-Peter Lasker/35	2:47:45
38-Mike McGuire/35	2:47:52
39-Dan Williams/31/WR	2:47:54
40-Gary Upham/36	2:47:57
41-Jeff Conners/31	2:47:57
42-Bob Coleman	2:48:05
43-Joe Cavanaugh/36	2:48:09

44-Malcolm Jacobs/29	2:48:10
45-John King/27	2:48:39
46-Ralph Patten/31	2:48:39
47-Tom Knight/37/WVTC	2:48:52
48-Curtis Imrie/33	2:49:26*
49-Bob Malain/52/BC	2:49:27*
50-Tom Nemoth	2:49:40
51-David Ragsdale/41	2:50:26*
52-Lawrence Danto/38	2:50:28
53-Joe O'Connell/31	2:50:55
54-Jim Hart/40/WVTC	2:50:55*
55-Carlton Beeson/32	2:51:28
56-Paul Goodwin/24	2:51:57
57-David John/25	2:52:11
58-John Myers/22	2:52:31
59-Mark White/27	2:52:40
60-Bert Lundy/25	2:52:45

\*\*\*MASTERS\*\*\*

82-B. Demmer/41	2:58:32
84-Bob Farrington/48	2:58:56
85-Ray Menzie/45/MW	2:59:05
92-Arthur Kessner/41	3:00:12
93-Rick Shea/44	3:00:18
94-E.R. Silver/49	3:00:32
96-Forrest Williams/46	3:00:52
100-Hans Roenau/51/TAM	3:02:28

\*\*\*WOMEN\*\*\*

83-Marilynn Harbin/42	2:58:34*
102-Mary Moulton/21	3:02:29
126-Linda Brown/36	3:06:14
146-Jennifer Kerlin/26	3:09:42
189-Joyce Rankin/32	3:15:23
199-Joanne Sidwell/33	3:16:53
208-Joan Reiss/42	3:17:58*
234-Mary Tiscornia/35	3:21:15
249-Martha Maricle/46	3:23:09*
261-Yoka Zwetsloot/40	3:25:26*

● SAN JOSE MERCURY NEWS 10K ●  
(Mar. 16, 1980)

/San Jose/ - In the absence of defending champion Duncan MacDonald, Fresno's Tony Ramirez won himself a trip to either Boston or Hawaii by zipping to a 30:00.4 clocking on the flat course in the downtown area of the city. Michelle Aubuchon easily bested two-time champ Roxanne Bier with a course record 34:54.8. There were 412 runners under 40 minutes...we don't know the total number of finishers. /SJ Mercury News/

1-Tony Ramirez/FTC	30:00
2-Rich Langford/AGRC	30:13
3-Mike Cassidy/28/WVTC	30:18
4-Mitch Kingery/CW	30:24
5-Pete Sweeney/AGRC	30:43
6-Matt Yeo/AGRC	30:46
7-Roy Hoglund/CW	30:52
8-Daniel Cruz/PW	30:57
9-Denis O'Halloran/AGRC	31:02
10-Ted Quintana/AGRC	31:20
11-Peanut Harms/AGRC	31:20
12-Paul Gyorey	31:22
13-Hugh Stahl/PW	31:23
14-Mike Pinocci/WVTC	31:28
15-Tim Chain	31:41
16-Mike Emry/CW	31:43
17-Paul Sechrist	31:48
18-John Sheehan/AGRC	31:48
19-Skip Brown/WVTC	31:51
20-C.E. Neuenschwander	31:53
21-George Howe	31:56
22-Steve Palladino/CW	31:58
23-Dave Collins/PMK	32:00
24-Gary Goettelmann/WVTC	32:15
25-Mark Sisson/AGRC	32:18
26-Bill Clark/WVTC	32:18
27-Mike Pisted	32:20

...more on next page...



Suzanne Richter won the Bonne Bell 10K in a swift 34:46 over teammate Cindy Schmandt's 35:00. /Don Gosney Photo/

● BIDWELL CLASSIC MARATHON ●  
(Mar. 1, 1980)

/Chico/ - Adam Ferreira got a PR and qualified for the Olympic Trials with a fine 2:21:13 in besting Dennis Rinde. Heike Skaden averaged 6:22's in capturing the women's race in 2:46:57, second best ever by a NorCal woman and fastest ever run in NorCal. Pete Flores easily captured the half-marathon in 68:10 from Arcata's Scott Peters. A total of 320 finished the marathon, with 734 completing the shorter distance. /Walt Schafer/

1-Adam Ferreira	2:21:13
2-Dennis Rinde/WVTC	2:22:55
3-Atkins Chun/GSF	2:23:12
4-Allen Sandretti	2:23:27
5-Dave Collins/PMK	2:26:45

(Mercury News 10K, Cont'd...)

28-Arturo Rodriguez/WVTC	32:33
29-Bill Sevald/ETC	32:34
30-Dave Vellequette/WVTC	32:35
31-Dan Gonzales	32:44
32-Jose DeAraujo/Brazil	32:46
33-Bill Meinhardt/WVJS	32:50
34-Jake White/WVJS	32:50
35-Chris Kadoch	32:54
36-Bill Seaver/WVTC	32:57
37-Sal Vasquez/PMK	33:01*
38-Donald Bergan	33:01
39-Jim Thyllin	33:02
40-Gilbert Munoz	33:07
41-Larry Eder	33:08
42-Hank Lawson	33:09
43-Tom Lawson	33:10
44-Tim Rostege/WVTC	33:13
45-Nick Winter/LVRC	33:17
46-Steve Johnson	33:20
47-Dave Stock	33:23
48-Craig Shore	33:24
49-David Garcia	33:27
50-Michael Lisowski	33:28
51-Steve Stark	33:29
52-Richard Stiller	33:36
53-Bob Miller	33:37
54-Robert Wellck/WVTC	33:40*
55-Rich Alexander	33:45
56-Jim Dare/USN	33:45
57-William Dunn	33:47
58-Terry Bautista	33:48
59-Jasper Kirby	33:49
60-Jim Barker/WVTC	33:50
61-Scott Martin	33:56
62-Don Barber	33:56
63-Gene Dangel	34:06
64-Andrew Hyde	34:07
65-Manny Mahon/WVJS	34:08
66-John Jurczynski	34:10
67-Rich Hornstich	34:16

\*\*\*WOMEN\*\*\*

1-Michelle Aubuchon/CSH	34:55
2-Roxanne Bier/SJC	36:32
3-Judy Graham/AGRC	37:07
4-Jennifer Weis	37:31
5-Nanette Garcia	38:31
6-Carrie Ann Morrison	38:32
7-Andrea Heimbecker	39:00
8-Jan LeCocq/WVTC	39:02
9-Kathy Himmelberger	39:16
10-Kathleene Bomet	39:19
11-Carol Stroud	39:47
12-Diane David	40:04
13-Cathy Demmelmaier/SJC	40:37
14-Val Eberly	41:24
15-Laura Ressler	41:39



Michelle Aubuchon ran a record 34:54.8 in winning Mercury News 10K in San Jose. /Don Gosney/

● PLEASANT HILL 10K ●  
(Mar. 16, 1980)

1-Gary Tuttle/32/TIT	31:03
2-Bill Stolp/22/CNW	31:33
3-Ron Wayne/30/Un	33:00
4-Scott Molina/20/MDM	33:18
5-Tom Weir/27/AGRC	33:26
6-Steve Ottaway/TAM	33:42
7-Jim Bowers/41/VMRC	33:43*
8-Greg Jewett/33/ETC	33:46
9-Harvey Franklin/36/WV	33:47
10-Bernd Heinrich/39/MR	33:47
11-Ted Pawlak/23/WVJS	33:56
12-Eric Williams/30/MR	34:09
13-Jeff Johnston/28/TAM	34:11
14-Brian Hamilton/18/DRR	34:14
15-Bill Devine/16/TMAC	34:26
16-Bruce Degan/36/MR	34:27
17-David Muela/ETC	34:31
18-Gary Alderman/36/DRR	34:34
19-Dan Anderson/27/CnTC	34:43
20-Peter Foster/19/Un	34:50
21-Gary Grellman/Un	34:54
22-Tim Jordan/40/Un	34:58*
23-Neil Berg/31/LMJS	35:04
24-Kent Guthrie/43/Un	35:08*
25-Tim Berry/15/Un	35:19
26-Paul Hill/16/Un	35:22
27-Clint Williams/17/Un	35:29
28-Joseph Domek/21/Un	35:35
29-Tim Killeen/AGRC	35:42
30-Mark Matthews/18/Un	35:42
31-Eddie Lanzarin/27/Un	35:43
32-Jim O'Neil/54/BC	35:44*
33-Ray Corona/30/Un	35:44
34-Tim Waldrop/23/Un	36:08
35-R. Whitewater/39/MR	36:13
36-Grae Van Hooser/16/Un	36:13
37-Keith Golding/20	36:18
38-Craig Van Otten/29/DRR	36:20
39-James Jacobs/25/SCS	36:33
40-Kirk Gluckman/17/Un	36:55
***MASTERS***	
47-Myron Nevraumont/45/WV	37:32
68-Gerald McMahon/42/DRR	38:31
79-Wesley Hurlburt/40/Un	38:54
107-Walter Williams/43/WV	40:07
111-Marvin Winer/42/WVTC	40:17
120-Darrell Gee/47/DRR	40:47
***WOMEN***	
78-Tina Francario/20/MA	38:52
85-Denise Bigelow/CSH	39:14
93-Carol Young/30/AGRC	39:30
100-Rainey Stolp/CNW	39:47
113-Mary Gaffield/17/Un	40:21
122-Jolie Houston/23/AGRC	40:48
136-Vicki Bigelow/43/AGRC	41:03*
168-Leslie McMullin/29/Un	41:40
195-Patricia Sarro/29/Un	42:22
213-Ruth Anderson/50/NCS	42:58*

/...833 finishers; reported by Gary Santos/

● SRI CHINMOY 13-MILER ●  
(Mar. 30, 1980)

/Foster City/ - This first annual event produced some very fast times, with AAU Marathon champ Frank Richardson clocking 64:33 to runnerup Bill Stolp's 65:36. Stolp's wife, Rainey, led the women with a fine 1:19:33. A total of 537 finished this typically well-organized SCCRC event. /Sundari Michaelian/

1-Frank Richardson/35	64:33
2-Bill Stolp/22/CNW	65:36
3-Brian Maxwell/27	66:04
4-Atkins Chun/24/GSF	68:48
5-Mike Fanelli/23/GSF	69:35

6-Russ Knudsen/25/TAM	71:23
7-Tom Weir/27/AGRC	72:30
8-James Moore/33	72:59
9-Spencer Ferguson/18	73:11
10-Lester Mina/26/AGRC	73:30
11-Fernando Perez/19	73:54
12-Glenn MacDougall/24	74:35
13-Dennis Tracy/33/WVTC	74:51
14-William Dunn/32	74:53
15-Phillip Miller/26	74:56
16-Dan Dierken/30	74:56
17-Don Ardel/41/TAM	75:17*
18-Joe Schieffer/28	75:23
19-Anthony Helfet/36	75:39
20-Phil Sanfilippo/29	76:01
21-Chris Johnson/30	76:06
22-Jerome Lewis/44/TRAC	76:20*
23-Patrick Shartle/22	76:52
24-Myron Nevraumont/45/WV	76:58*
25-Bill Frisbie/31	77:01
26-Steven O'Brien/26	77:14
27-Bill Brusher/28/WVTC	77:20
28-Walter Radloff/34	77:38
29-Bob Bertani/29	77:41
30-John Ulate/38	77:45
31-Bruce Cowled/28	77:47
32-Michael Gruber/20	78:30
33-Siegfried Mattern/43	78:34*
34-Kyle Meintzer/31	78:47
35-George Maes/32	78:50
36-Brad Armstrong/25	78:54
37-Gregg Harvey/25	78:58
38-Theo Jones/41/PMK	79:07*
39-Pete Castellanos/40	79:11*
40-Graeme Bell/31	79:12
41-John Murttagh/33	79:12
42-Walt Van Zant/40/WVJS	79:18*
43-Jonathan Kanter/25	79:23
44-Norman Simon/38	79:27
45-Tom Knight/37/WVTC	79:31
46-Gary Kaufman/29	79:33
47-Rainey Stolp/22/CNW	79:33F
48-Monroe Rosenthal/32	79:33
49-Albert Garcia/34	80:13
50-Henry Wald/27	80:14
***MASTERS***	
66-Wrights Taylor/42/WVTC	81:47
70-John Murphy/40	82:24
73-Richard Craig/40	83:00
79-Richard Navarro/40	83:18
***WOMEN***	
57-Jane Denton/27/IMP	80:52
67-Karen Scannell/41/IMP	82:05*
68-Sue Brusher/25/WVTC	82:17
77-Teresa Barrios/13	83:14
78-Pat Kirkpatrick/26	83:18
95-Judy Leydig/28/WVTC	84:51
99-Donna Andrews/39/TAM	85:09
110-Marion Irvine/50/NCS	86:31*
113-Sharon Jordan/23	86:49
117-Vicki Randall/22	87:01
125-Nora Crans/29/IMP	87:50
137-Sue Stricklin/42/WVTC	88:37*

● AVENUE OF THE GIANTS MARATHON ●  
(May 4, 1980)

/Weott/ - Submasters took the first three spots here, with Bill Clark besting Bill Scobey by nearly a minute and Michael Duncan dipping under 2:30 for the first time. Only partial results this time (more next issue...we ran out of room!). There were 1695 finishers this time around. /Don Hughes/

1-Bill Clark/36/WVTC	2:27:48
2-Bill Scobey/35	2:28:39
3-Mike Duncan/30/WVTC	2:29:07
4-Steven Chase/25	2:29:43
5-Harry Cottrell/34	2:30:01
6-Gary Goettelmann/36/W2	2:30:14

7-Larry Montag/27	2:32:28
8-Kent Guthrie/43/WVJ2	3:33:23*
9-Daryl Zapata/34/GSF2	3:34:03
10-Howard Labrie/29	2:34:22
11-Tom Bernard/32	2:34:28
12-Gordon Haller/29/OR2	2:34:39
13-Bill Seaver/30/WV	2:34:53
14-Randy Stebbins/27	2:35:01
15-Michael Heffernan	2:35:14
16-Steve Ottaway/27	2:35:44
17-Don Schultz/36/UT	2:36:03
18-Glen Walder/29	2:37:45
19-Jim Sapp/30/OR	2:38:13
20-Brian Bonner/32/LV	2:38:26
21-Chris Johnson/30	2:38:34
22-Doug Brown/28/OR	2:38:43
23-Rodney Smith/29	2:38:57
24-Phil Sanfilippo/29	2:40:21
25-Bart Simmons/30	2:40:30
26-Eric Edmunds/26	2:40:51
27-Dan Dierken/31	2:40:57
28-Fraser Rasmussen/362	2:41:00
29-Terry Hughes/36	2:41:28
30-Frank Hutchinson/272	2:41:55
31-Chas. Freeman/29	2:42:19
32-Bob Muller/26	2:42:26
33-Andre Donkell/38	2:42:30
34-Walt Radloff/35	2:42:52
35-Bob Myers/40/PMK	2:43:06*
36-Joe Duval/25/WA	2:43:23
37-Tim Schuld/35/CO	2:43:31
38-Ronald Alper/33	2:43:31
39-Tom Jefferis/32	2:43:34
40-Walt Burtz/19	2:43:51
41-Mike Deatherage/25	2:43:52
42-Bob Bertani/29	2:44:01
43-Peter Cavanaugh/32	2:44:11
44-Ron Lund/23/CO	2:44:15
45-Everett Knott/40/OR2	2:44:21*
46-Fassi Fessaha/25	2:44:25
47-Dennis Ford/25	2:44:27
48-Rick Mayberry/23	2:44:30
49-Jim Doran/31/WVJS	2:44:31
50-Michael Lozoya/29	2:45:03
***MASTERS***	
66-Paul Kane/41	2:47:08
80-Ivan Rarick/45	2:49:39
82-Michael Boucher/43	2:49:44
83-Larry Dale/43	2:49:56
86-Walt Van Zant/41	2:50:13
89-Timothy Treacy/50+	2:50:33
100-Bruce Johnson/42	2:52:03
113-George Crandell/47	2:53:15
***WOMEN***	
92-Lynn Walker/23/Arc	2:50:51
161-Audrey Burns/31/SD	2:57:12
172-Lorrie Dierdorff/22	2:57:50
210-Linda Lodge/23/Dav	3:00:15
220-Louise Buhl/36/TX	3:01:19
232-Marion Irvine/50	3:02:01*
300-Mary E. Smith/30/OR3	3:07:33
321-Kathy Martin/29	3:09:04
333-Derri Elijah/26/TAM3	3:09:56
344-Paul Beard/28/OR	3:10:39□

LATE NEWS

RACE INFO: - The Mayor's Cup Marathon (Aug. 24) has been cancelled (lack of sponsorship money). \*\* Walnut Festival will probably be a 10K this year on different course (Andy MacCono, race director, says plans are still in formative stage). \*\* Herman Joseph's 5 & 10K Classic to be held July 25, 6:30 pm, at Hotel El Rancho Racquet Resort in W. Sac'to...contact Steve Tamaribuchi, 1029 W. Capital Av., W. Sac'to 95691. \*\* SORRY WE RAN OUT OF ROOM! WE WILL CATCH UP WITH MAJOR LDR RESULTS NEXT TIME AROUND!□

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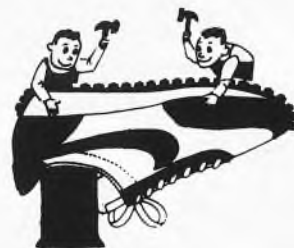


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