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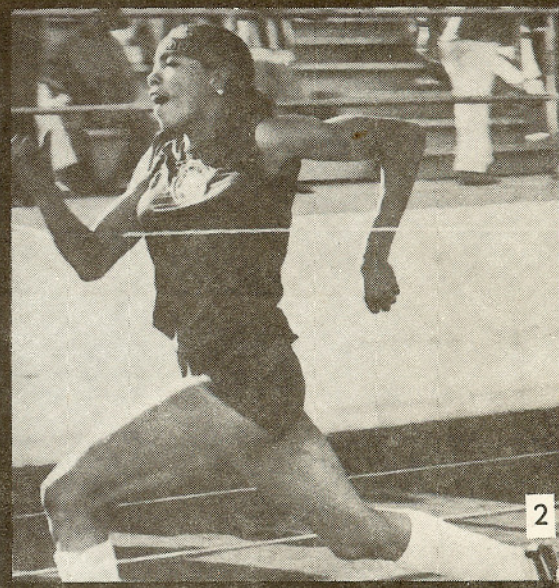
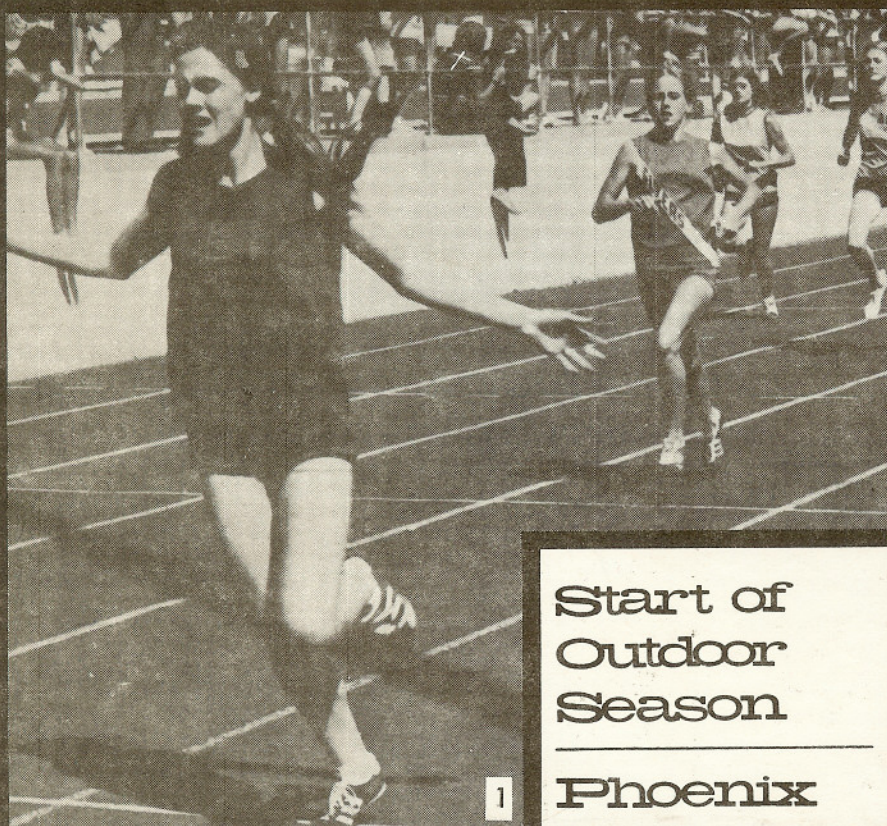


# STARTING LINE

TRACK & FIELD FOR YOUNG ATHLETES

APRIL 1972 VOL.2 NO.13

P. O. BOX 878, RESEDA, CALIFORNIA 91335



Start of  
Outdoor  
Season

Phoenix  
Highlights



# FORUM

## THE COST OF WINNING

Following is an excerpt of an article from the Vol.1 '70 issue of MEDICINE in SPORTS, and published in TRACK TECHNIQUE, Vol.47.

Winning is the accepted goal of athletes, but it sometimes brings misery to the gifted competitor.

Dr. Ogilvie, Professor of Psychology at San Jose State College, said that athletes generally have a "highly consistent psychological profile" and that they are tough-minded group - ambitious, highly organized, emotionally stable, conscientious and willing to face reality.

On the cost side of the ledger, however, Dr. Ogilvie finds some morbid reactions to competition which question its value in character formation. These were seen during personality studies which included compilation of data on more than 10,000 athletes. Among them is the paradox of the athlete who is unable to deal with his own success. Dr. Ogilvie blamed parental training attitudes and environmental influences for the so called "success phobia" syndrome in athletes.

The success phobia syndrome contains a number of common elements, any one or combination of which can inhibit top physical performances. They appear to result from exaggerated emphasis on the athlete's imperfections, or the possibility of failure, rather than a healthy concern with the chances of success during the formative years. This accent on the negative, primarily on the part of the parents, conditions the athlete to protect himself from the pain of failure, to the detriment of his actual physical skill.

Then there is the "getting even" syndrome. Observation has been made that a "significant number" of young athletes deliberately fail and deny themselves the satisfaction of accomplishment to punish a parent they resent. They feel they have been "used" by the adult who identifies in an unhealthy manner with the child's athletic accomplishment. Unreasonable goals of achievement are set for the athlete, primarily for the parent's satisfaction. The athlete feels cheated and may effectively but painfully express his hostility by unconscious commitment to failure,

The psychologist finds it difficult to make the parent understand his unwholesome involvement and to "pull back out of this area of the child's world".

Some talented athletes are crippled by total inability to place their talent on the line or ever face the reality of their potential.

Such persons have been over-sensitized to failure. Parents have failed to reward anything short of absolute success, until the child becomes terrified of the consequence of failure. "The young athlete unconsciously internalizes such unrealistic standards for human performance, never realizing that he has committed himself to a form of psychological bondage which will make him a lifelong slave to the seeking of unattainable excellence. His psychological survival now becomes dependent upon the avoidance at all costs of the conscious experience of failure", said Dr. Ogilvie. To avoid the "moment of truth", these individuals become expert in self-deception to justify the quality of their performance, or even deny the meaning of success or victory.

Dr. Ogilvie holds that successful athletes must remain free emotionally to be self-assertive.

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The opinions expressed in this column are not necessarily those of the editors of STARTING LINE. It is hoped that the pertinence and timeliness of the subjects discussed will stimulate readers to re-examine their attitudes toward the sport of Track & Field. The editors invite comments on this and other topics.  
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## From the Mail Box

Editors:

I would like to see STARTING LINE ask those who regularly report meet results, to report all events, especially when reporting a championship. Often I have noticed that events, in which teams do not score too well, are skipped. Also one or two places are listed (where there were at least 5 or more runners) in some events and up to five places in others.

This may seem "petty", but we are dealing with young athletes. When they know they deserve as much "type space" for finishing 3rd as another athlete for finishing 3rd, 4th or 5th, they say: "How come?". A natural reaction.

Meet results should not be reported without reference to official results.

Now it's off my chest!

You've done a swell job with this new magazine. Hats off to you! Good luck for a very long life.

ART SPEAR,  
Head coach Suffolk AC  
"Cinderbellies and  
Chargers"



# STARTING LINE

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### CHANGE OF ADDRESS

Make sure to keep us notified of any change of address. Include old and new zip code. Allow three weeks.

### SUBMIT MATERIAL

Everyone is encouraged to submit results, news and photos (black-and-white). For inclusion in next issue of STARTING LINE submit material at least two weeks prior to mailing date.

## From the Editors

### SPECIAL NOTE TO OUR SUBSCRIBERS

You must have been wondering what in the world was going on. The month of April was almost half way gone, and your March issue had not yet arrived in the mail. Or maybe you didn't notice. But a lot of our subscribers did, and through numerous letters reminded us that we were overdue by far.

Well, we plead guilty. Not guilty of negligence, however, but of overestimating our production capacity and forgetting that there is only 24 hours in a day.

As you all know, we have put together our first Annual Handbook - a 68 page booklet; and there lies the crux of our tardiness, as our production deadlines proved too optimistic and our timetable faulty.

Although it was a great experience and we sure learned a lot, by the time we were ready to roll out the March issue, April was here and the next issue was due in a hurry.

We had to make up our mind fast, as we were faced with the possible loss of our 2nd Class Mailing Permit (2 issues late in a row). And that is why you are looking at a sixteen page issue, instead of the normal twenty.

But don't fret, we promise to make it up during the height of the season, by sending you a "mammoth" issue of at least 24 pages of exciting news (maybe even 28).

In any case, by burning the midnight oil, we have been able to mail this issue on time, and we will always strive to do no less in the future.

**NOTE:** STARTING LINE'S Junior Handbook was the first Annual we had ever published. Not sure of the response it would generate, we only printed a limited number of copies. The demand was obviously there, because we are close of running out. We would strongly suggest you send in your order soon, as the available supply is dwindling fast. It is an excellent reference booklet that you'll be glad to own. If we are out of print by the time you order, we will refund your money immediately. See our ad in the book section of this magazine.

## On the Cover

Photos from Phoenix Invitational Meet submitted by ROGER SIMPSON.

- (1) JAN FOX, 12, is shown finishing the fastest 440 ever for a girl of her age. The Colorado Gold phenom ran 58.4 to best CINDY FREDERICKSON of Phoenix (seen in background) who ran 59.4.
- (2) JACKIE THOMPSON of San Diego, California is the hottest young sprinter in her area and is a strong choice for national honors.
- (3) RENEE QUIGLEY, 11, established a high standard for her age in the mile by cruising 5:16.9 at Phoenix. This is a new event for her age-group.
- (4) DEBBIE HEALD (left) and KATHY GIBBONS are two solid possibilities for the '72 U.S. Olympic team in the 1500 meters. The two experienced youngsters have already beaten good European opponents. Debbie was the victor in this race.

# GIRLS *Age Group*

PHOENIX "INVITATIONAL" / March 25 & 26  
Text and Photo by CALVIN BROWN

The 1972 Phoenix "Invitational" Meet had a different format than in previous years. All heats were run on Saturday while all finals were contested on Sunday. It was a welcome improvement and relieved three races in one event on one day.

There were 892 competitors from 42 different track clubs. Teams came from: Montana, Washington, Colorado, New Mexico, Texas, and a whole bunch from California.

I'd say the outstanding athletes in the 9-Under Division were: MELBA NORRIS, CYNTHIA RHODES and PAT McFALL. Competition was good and hot in the sprints. Five girls were under 13 flat in the 100, the winner being TRACY HANLON over favorite Patty McFall whose start was faulty. Three were under 30 seconds in the 220 with Patty victorious over Cynthia and Melba, the 440 winner.

Melba was on the winning Mickey's Missiles relay team (59.2) which edged the So Calif Cheetahs (59.3).

The half saw seven girls in the 2:40's and two under that mark. CORINNE NUNEZ was two-tenths off her best in 2:37.6, besting TEDDI WHITE and DAWN FREEMAN. Dawn continued good high jump marks, winning here at 4-2½. Cynthia Rhodes won the long jump at 13-4½, along with her 12.8 hundred and 29.8 furlong.



CHRISTINE BROCKHOFF

In the 10-11 Division, the outstanding athlete in my opinion, was RENEE QUIGLEY. Also worth mentioning are: CONNIE JACKSON, CHRISTINE BROCKHOFF and CYNTHIA TYLER. Renee ran with the competition thru three quarters in the mile run, then ran away to a comfortable win in 5:17.

Christine ran 61.8 in her heat in the quarter and came back the next day to win over JANETTE WINDLE. The top 6 finalists all ran 65.5 or better during the two days. Christine won again in the long jump in a good 16-2 over Cynthia at 15-10¼. Cynthia also ran a good 440 on the 880 medley relay team that won in 2:02.6.

There were two girls at 11.9 in the hundred, Connie Jackson first, then FELICIA DUPUCH. The 220 was just as close with four runners within one-tenth of victory. Connie won again over TONI NELSON, Cynthia Tyler and Christine Brockhoff. A good race.

DALE KEOUGH was a sweet winner in the half over LESA GILLILAND and JILL BOYD. JUANITA BARNETT, who had jumped to new NR height of 5-0 earlier in the year, won at Phoenix at 4-10½.

MARY DECKER was the top performer in the 12-13 Division as she bettered the National mark in the mile run with her 5:04.0. Four girls were under 5:20 and set personal best marks in Mary's wake: CHRISHELLE SPELLER, DOREEN ASSUMMA and RUTH ANN BENAVIDEZ. The latter also bettered 100 feet in the javelin, an event won by CAROL DURON at 115-4. Carol also won the baseball throw and was fifth in the shot put.

JAN FOX set a U.S. age 12 best in the 440, moving the 59.6 down to 58.4. She was a second ahead of CINDY FREDERICKSON. There was a good race in the 880 with PAM YOUNG winning in 2:19.9 over DIANNE HOLDER. EFFIE JORDAN had an unusual double, winning the 50 yard hurdles in 7.4 and running the half in 2:28.9. Second in the hurdles was CHRIS REMMLING, who high jumped 5-0 as well. LAURIE CARMAN, age 12, jumped 4¼ inches over her previous best to win that event at 5-1½. HELDI KAUTI had a good double in the shot (39-1½) and discus (101-1).

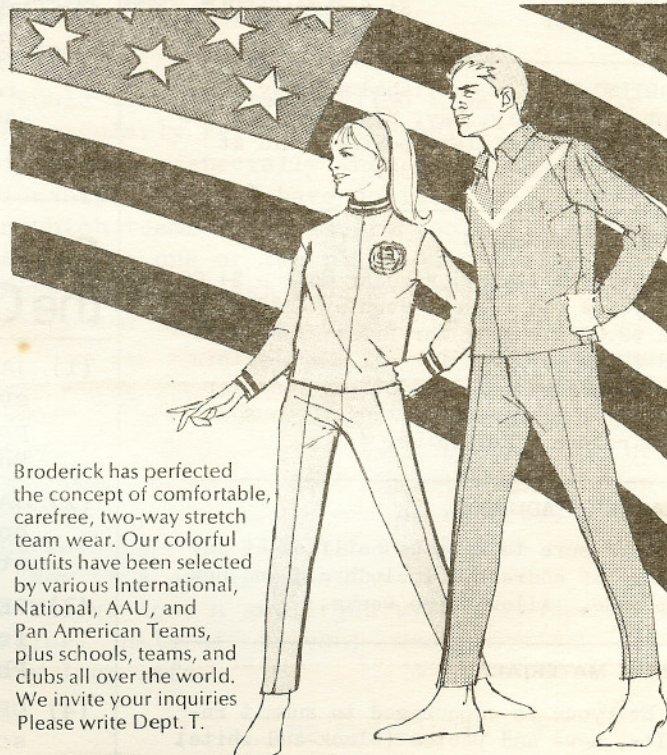
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## PHOENIX NOTES by BILL PECK

Among the "older" young ladies, the most impressive performer was undoubtedly WENDY KOENIG. The 16 year-old Coloradan held off Doris Brown with ease in the Women's 880 to win going away in 2:06.1. Wendy led the entire race and when Doris challenged on the back-straight, the youngster refused to be headed. Left in their wake were such notables as ANNE GALLAHER (2:14.1) and KATHY GIBBONS (2:15.2). The victory confirms the good indoor season for Wendy and establishes her as a definite Olympic team threat. For good measure she barely lost the long jump with a 18-11 leap.

No less exciting was the 1500 battle between DEBBIE HEALD and KATHY GIBBONS. A pre-race plan to share the pace (for Olympic qualifying purposes) was spoiled by the heavy winds that came up in the afternoon. Debbie towed her rival for nearly three laps until Kathy went past with one lap to go. But Heald, the USA-USSR victor a few weeks earlier, was not having second place and regained the lead to win convincingly in 4:26.8 to 4:29.6 for Gibbons. These losses were the defeats ever for Kathy in her home state.

Other solid performers were sprinters JACKIE THOMPSON and MABLE FERGERSON who won double victories. The former won the 14-17 sprints in 11.1 (10.6h) and 24.3 and Mable sped 10.9 (10.5h) and 23.8 in Women's races.



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# BOYS *Age Group* by MAX ZUCKER

Photos of age-group girls appear everywhere throughout this issue. It reflects their advanced stage of competition, as well (and more important) as the great interest that their coaches, friends or parents have in insuring that their meets are properly covered through photography.

From the Phoenix meet alone, we received over 300 negatives and prints to work from. As the season progresses, we would like to see the same enthusiasm from the boy's quarters.

We would like to become more and more illustrative in our coverage of the news, and we need everyone's cooperation and talent. If at all possible, we would like to have either negatives (which we will return promptly) or enlargements with good contrast. But we will take whatever you send us and take it from there. We'll even pay you back for the cost of the material that you use (film, processing, printing).

Become a magazine photographer...Start shooting.

Now that this is out of the way, lets recapitulate some early season highlights.

Coming out of the winter's long distance and cross country season, it is natural that the distance runners have been doing most of the news, and what news!

Rialto's (Cal) CHARLES ASSUMMA (11) just powdered the best mark in the 2 mile with a splendid 10:46.6, and a week later, came back to run the mile in 5:01.1, a time surpassed only by Kevin Knox. Charles just turned 11 in March and it looks that we might witness our first sub-5 minute miler in the history of the 10-11 division before the season is up.

In view of this boy's extraordinary talent, the demands that are and will be made upon him, could create a great deal of pressures. However, knowing the young athlete and his coach, I am convinced that the problems it would create seem to appear quite remote. Flash news: April 22, 2 mile run - Charles Assumma, 10:32.5!! That didn't last long.

Twin brother Frank is in the same league, just a step behind with 5:12 and 10:50, times which are as outstanding. While we are dwelling on the ASSUMMA family, lets cast an amazed look at 8 year-old Mike. This quick tempoeed youngster was not to be outdone in the news by his brothers. The season has hardly began, and already he owns a 2:37.1, 880, an age 8 Best at that distance (he won't be 9 till August).

Competing now in the 12-13 division, after sensational years in the lower age groups, KEVIN KNOX of Wasco (Cal) became the first 12 year-old to ever break the 5 minutes in the mile. In the LA Jets meet, he realized a beautiful 4:54.4 (still unofficial, he ran the following week a 4:51). Continuing in his winning ways, Kevin in his first 2 mile race of the season, ran the distance in an age-Best setting time of 10:29.5.

Lets stay a little longer in sunny California and take note of some other outstanding youngsters:

HERBERT (MOBY) OLIVER who had made the headlines as a 9 year-old, back in 1970, when he ran the 220 in 29.0, and who was invisible last year, is back in the spotlight with his 63.7 quarter and a surprising 2:25.0 half mile, an event in which he shows great promise. Rialto's DEMETRIUS COOK (10) who just moved in the 10-11 division, showed his stuff immediately with speedy 66.1/2:26.2, 440/880 clockings.

10 year-old O.J. WADDELL, a 15-1 $\frac{1}{4}$  long jumper as a 9 yr old, last year, has been very impressive in the sprints (12.2/100), and especially in the 220 where he owns a fine 27.5. Other names to remember:

EDDIE LUJAN (Wasco), 1:40:7 in the 660 as an 11 yr old (he just turned 12); BARRY RUDERMAN (Rialto) age 9 - 71.2/1:56.0/ and 2:44.2, from the 440 to the half; long striding BRIAN EDRINGTON -11 - (West Valley Pacers) demonstrated his great progress with excellent performances in the 100 (12.2) and 440 (64.9); swift footed ALAN AIKEN, the best in the 100 (12.1) and always a contender in the 220 (28.0) in the 10-11 group.

California is so strong at this stage of the season, that one can only mention a handful of young boys who deserve notice. So we move on to different areas of the country. At the site of the Florida Relays, HERB WILLS, an 11 year-old from Tallahassee, crushed the opposition in the mile run in the fine time of 5:11, one of the best ever in his age group. In a Miami-Dade AAU meet, FRANCIS (we don't know his first name yet) from the N.W. Striders, realized a terrific sprint triple- 6.4, 11.9, and 27.0 - the very best this year.

From Washington, the highlights belong to 13 yr old DON EBERT from Hillsboro, realizing excellent winning marks of 26.2/58.9/17-2 in the 220/440/LJ.

The Portland TC have added another outstanding young athlete to their roster in CHRIS KOUBA (10) who outclassed two of the better age grouper in the area (CLARK CHRISTIANSON and MARK DAGG) in the 440 with a fine 67.4.

One must understand that these highlights are from the very best boys in each region and should not discourage anyone to go out and do his own thing. Have fun and let each enjoy his own measure of success.


SENSATIONAL - On April 22, at the Arcadia (Cal) Invitational track meet, BARRIE WILLIAMS, a Junior at North Torrance HS, won the mile event in 4:06.7, to break Jim Ryun's age 16 mile record of 4:07.8

**3rd Annual**

**VIKING GAMES**

**Boys only**  
**Age group &**  
**High School**  
**Track & Field Meet**

**June 24**  
**Citrus College**



For Further information please contact

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**(213) 332-4725**

# STARTING LINE CALENDAR

## MAY

- 13 NEW MEXICO AAU BOYS AGE GROUP CHAMPIONSHIPS, Wilson Stad, Albuquerque (9-Under and up, T & F, 9:00 a.m.) Billy Kerr, 1800 Carol N.E., Albuquerque, NM 87112
- 13 PACIFIC AAU PENTATHLON CHAMPIONSHIPS (Girls, 9-Under and up, Pentathlon/Triathlon) Dr. Harmon Brown, 2335 David Court, San Mateo, California 94403
- 13 SO PACIFIC AAU PENTATHLON CHAMPIONSHIPS, Glendale (Calif) Coll (Girls, 9-Under and up, P/T & T&F) Lois DiVita, 3107 Sycamore St, La Crescenta, Calif 91214
- 13 SO PACIFIC AAU BOYS MEET, So Hills HS, Covina, Calif (9-Under to 14/15, T & F) Joanna Gerner, 386 So Burnside Ave, #3-M, Los Angeles, Calif 90036
- 13 OZARK AAU AGE-GROUP CHAMPIONSHIPS, Poplar Bluff, Mo (Boys & Girls, Track & Field) Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Missouri 63901
- 13 POLAR ICE CAP MEET, Midland, Michigan (Girls, Track & Field) Norm Skelly, 2007 Sharon Court, Midland, Michigan 48640
- 14 THE COLORADO GOLD GIRLS INVITATIONAL, Univ of Colorado, Boulder (9-Under and up, T & F & Pentathlon) Lyle Knudson, 1330 Georgetown Rd, Boulder, Colo 80303
- 14 NEW YORK ROAD RUNNERS CLUB AGE GROUP RUNS, Marine Park, Brooklyn, NY (B & G, 6/7 and up, Long Distance Runs, 1:00 p.m.) Bill Moran (212) 339-6100
- 14 INDIANA AAU DISTRICT PENTATHLON CHAMPIONSHIPS, Terre Haute (Girls) Fred Blade, Hyde Community Center, 2528 N. 16th Street, Terre Haute, Indiana 47804
- 20 MIAMI VALLEY INVITATIONAL, Wayne HS, Dayton, Ohio (Girls, 9-under and up, T & F & Walk) Steve Price, 1117 Pursell, Dayton, Ohio 45420 (513) 253-4395
- 20 EASTERN GIRLS TRACK LEAGUE PENTATHLON CHAMPIONSHIPS, Frederick, Maryland....Bill Thomson, 400 Vassar Drive, Newark, Delaware 19711
- 20 MIAMISBURG (Ohio) JAYCEES INVITATIONAL (Boys, Junior High School, Track & Field) Mark Becker, 708 N. 12th Street, Miamisburg, Ohio 45342
- 20 BOULDER (Colorado) CINDERBELLES INVITATIONAL (Girls, Track & Field) Marilyn Friedman, 830 20th Street, Apt 209, Boulder, Colorado 80302
- 20 ALBUQUERQUE (New Mexico) JUNIOR OLYMPIC QUALIFYING, Wilson Stadium (B & G, 9-Under to 16/17, T & F) Dan DeHart, 1820 Kentucky N.E., Albuquerque, N Mx 87110
- 20 ARIZONA AAU DISTRICT CHAMPIONSHIPS, Phoenix Coll (Girls, 9-Under and up, T & F, 8:00 a.m.) Roger Simpson, 6809 N. 36th Drive, Phoenix, Arizona 85018
- 20 PACIFIC AAU GIRLS CHAMPIONSHIPS, Roseville, Calif (14-17, Track & Field) Gil Duran, 1325 Susan Circle, Roseville, California 95678
- 20-21 SOUTHERN CALIFORNIA CHEETAHS GIRLS MEET, Pomona College (9 & Under and up, Track & Field) Bill Peterson, 1840 Hawkbrook Drive, San Dimas, California 91773
- 21 NRCA REGIONAL ONE MILE CHAMPIONSHIPS, Freeport HS, Long Is, NY (B & G, 6/7 and up, Long Distance Runs) Barry Geisler, 1134 Findley Ave, Bronx, N Y 10456
- 21 PACIFIC AAU AGE GROUP CHAMPIONSHIPS, Salinas, Calif (Girls, 9 & Under to 12/13, Track & Field) Dick Casper, 1427 Lassen Ave, Salinas, Calif 93901
- 27 MOUND INVITATIONAL, Miamisburg, Ohio (Boys, 15 & under, Track & Field) Mark Becker, 708 N. 12th Street, Miamisburg, Ohio 45342
- 27 WOLVERINE RELAYS, Lincoln Park, Mich (Girls) Richard Beyst, 2095 Paris, Lincoln Park, Michigan 48146
- 27 ALLEN COUNTY INVITATIONAL, Fort Wayne, Indiana (Girls, 9-Under and up, Track & Field) Roberta Widmann, 613 Till Road, Fort Wayne, Indiana 46825
- 27 MEET OF CHAMPIONS, Aurora, Colorado (Girls, Track & Field) Ernie Dennis, 3072 Cook Street, Denver, Colorado 80205
- 27 SO PACIFIC AAU BOYS MEET, So Hills HS, Covina, Calif (9-Under to 14/15, T & F) Joanna Gerner, 386 So Burnside Ave, #3-M, Los Angeles, Calif 90036
- 28 NEW YORK ROAD RUNNERS CLUB AGE GROUP RUNS, Van Cortlandt Park, Bronx, NY (Boys & Girls, 6/7 and up, L D Runs, 1:00 p.m.) Barry Geisler (212) 536-3303
- 29 TOLEDO ROADRUNNERS INVITATIONAL, Toledo, Ohio (Girls) Michael Oliver, 1064 Hackman Drive, Temperance, Michigan 48182
- 29 MEMORIAL CLASSIC, Albuquerque (New Mexico) Academy (B & G, 9-under and up, Track & Field) Barry Rodrigue, 3813 Monaco N.E., Albuquerque, New Mexico 87111

## JUNE

- 3 OHIO AAU AGE-GROUP CHAMPIONSHIPS, Trotwood HS, Dayton, Ohio (Boys & Girls, Track & Field) Steve Price, 1117 Pursell, Dayton, Ohio 45420
- 3 DETROIT (Michigan) STRIDERS INVITATIONAL (Girls, Track & Field) Geraldine Jackson, 8032 Woodlawn, Detroit, Michigan 48213
- 3 OKLAHOMA CITY JUNIOR OLYMPIC MEET....Randy Heath, Apt 4, 1301 South Broadway, Edmond, Oklahoma 73034
- 3 AURORA (Colorado) BOOSTERS INVITATIONAL (Girls, Track & Field) Vicki Horken, 11600 East 16th, Apt 109, Aurora, Colorado 80010
- 3 NRCA NATIONAL POSTAL MILE RUNS (EAST), Washington, D.C. (B & G, 6/7 and up, Long Distance Runs) Dr. Gabe Mirkin, 14411 Butternut Ct, Rockville, Md 20853
- 3 NEW YORK ROAD RUNNERS AGE GROUP RUNS, Alley Pond Park, Queens, NY (B & G, 6/7 and up, Long Distance Runs, 11:00 a.m.) Nat Cirulnick (212) 276-7457
- 3 GULF AAU AGE GROUP MEET (Boys & Girls, 13-Under, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 3 FORT WORTH (Texas) GIRLS MEET (Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 3 NRCA NATIONAL POSTAL MILE RUNS (MIDWEST), Denver, Colo (B & G, 6/7 and up, Long Distance Runs) Joe Arrazola, 12336 East Kentucky Ave, Aurora, Colo 80010
- 3 NEW MEXICO AAU GIRLS AGE GROUP CHAMPIONSHIPS, Wilson Stadium, Albuquerque (9-Under to 14-17, T & F) Tony Sandoval, 2712 Jackson S.E., Albuquerque, NM 87106
- 3 ARIZONA ASSN JUNIOR OLYMPIC CHAMPIONSHIPS, Phoenix College (B & G, 9-Under to 16/17, T & F) Roger Simpson, 6809 N. 36th Drive, Phoenix, Arizona 85018
- 3 NRCA NATIONAL POSTAL MILE RUNS (WEST), Bakersfield, Calif (B & G, 6/7 and up, Long Distance Runs) Dale Knox, 732 Cypress, Wasco, California 93280
- 3-4 SO PACIFIC AAU DISTRICT CHAMPIONSHIPS, Univ of Calif, Irvine (Girls, 9-Under and up, T & F) Bob Seaman, 11554 Manila Drive, Cypress, California 90630
- 4 NEW YORK ROAD RUNNERS CLUB AGE GROUP RUNS, Clove Lake Park, Staten Is, NY (B & G, 6/7 and up, Long Distance Runs) Dan Dougherty (212) 981-2532
- 4 INDIANA RELAYS, Terre Haute (Girls, 11-Under and up) Pete Jones, 2423 Tippecanoe Street, Terre Haute, Indiana 47807
- 4 MIDWESTERN AAU & REGION 7 CHAMPIONSHIPS, Hastings, Neb (Girls, Track & Field) Randall Lambert, 1005 E. 2nd, Ainsworth, Nebraska 69210
- 6 GULF ASSOCIATION JUNIOR OLYMPIC MEET, Texas (B & G, 9-Under to 12/13, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 8 GULF ASSOCIATION JUNIOR OLYMPIC MEET, Texas (B & G, 14/15 and 16/17, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 10 SCARBOROUGH (Ontario, Can) OPTIMIST MEET, Birchmont Stadium (Girls 12-13 and up, T & F, 9:30 a.m.) Frank Mann, 5 Martorino Dr, Scarborough, Ontario, Canada
- 10 NEW MEXICO GIRLS PENTATHLON, Sullivan Field, Los Alamos (14-17) Bill Hassenzahl, 414 Estante Way, Los Alamos, New Mexico 87544
- 10 INDIANA AAU GIRLS CHAMPIONSHIPS (9-Under and up, Track & Field) Terry Jameison, Runyon Road, Greenwood, Indiana 46142
- 10 SO PACIFIC AAU BOYS MEET, Upland (Calif) HS (9-Under to 16/17, Track & Field) Joanna Gerner, 386 So Burnside Ave, #3-M, Los Angeles, Calif 90036
- 10 OZARK ASSN JUNIOR OLYMPIC FINAL, Poplar Bluff, Missouri (B & G, 9-under and up, T & F) Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Missouri 63901
- 10 KANSAS JUNIOR OLYMPIC SEMI-FINAL, Lawrence (B & G, 9-under and up, T & F) Wayne Bly, Supt of Rec, City Hall, Municipal Auditorium, Lawrence, Kansas 66044
- 10 MISSOURI JUNIOR OLYMPIC SEMI-FINAL, Moberly (B & G, 9-under and up, T & F) Wayne Bly, Supt of Rec, City Hall, Municipal Auditorium, Lawrence, Kansas 66044
- 10 OKLAHOMA JUNIOR OLYMPIC FINAL, Oklahoma City (Boys & Girls, 9-under and up, T & F) Randy Heath, Apt 4, 1301 South Broadway, Edmond, Oklahoma 73034
- 11 NEW YORK ROAD RUNNERS CLUB AGE GROUP RUNS, Marine Park, Brooklyn, NY (B & G, 6/7 and up, Long Distance Runs, 1:00 p.m.) Bill Moran (212) 339-6100
- 11 OHIO AAU BOYS PENTATHLON, Miamisburg....Mark Becker, 708 North 12th Street, Miamisburg, Ohio 45342
- 11 OZARK AAU GIRLS PENTATHLON/TRIATHLON, Poplar Bluff, Missouri....Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Missouri 63901
- 13 GULF ASSN JUNIOR OLYMPIC MEET, Texas (Boys & Girls, 9-under to 12/13, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 15 GULF ASSN JUNIOR OLYMPIC MEET, Texas (Boys & Girls, 14/15 and 16/17, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 17 FLEET FEET INVITATIONAL, Midland, Michigan (Girls, Track & Field) Norm Skelly, 2007 Sharon Court, Midland, Michigan 48640
- 17 NEW MEXICO JUNIOR OLYMPIC MEET (Boys & Girls, 9-under and up, Track & Field) Dan DeHart, 1820 Kentucky NE, Albuquerque, New Mexico 87110
- 17 ROCKY MOUNTAIN AAU GIRLS CHAMPIONSHIPS, Englewood, Colo (Track & Field) Ernie Dennis, 3072 Cook Street, Denver, Colorado 80205
- 18 NEW YORK ROAD RUNNER CLUB 5 MILE, 2-MAN RELAY, C W Post College, Long Island, NY....Don McIntyre (516) 599-9616
- 18 ROCKY MOUNTAIN AAU PENTATHLON/TRIATHLON CHAMPIONSHIPS, Englewood, Colo (Girls) Lyle Knudson, 1330 Georgetown Road, Boulder, Colorado 80303
- 18 CALIFORNIA STATE AAU CHAMPIONSHIPS, Cal State, Hayward (Girls, 12/13 and up, Track & Field) Dr. Harmon Brown, 2335 David Court, San Mateo, Calif 94403
- 20 GULF ASSOCIATION JUNIOR OLYMPIC MEET, Texas (Boys & Girls, 9-under to 12/13, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 20 NEW MEXICO AAU STATE PENTATHLON, Los Alamos (Girls, 14 and up) Bill Hassenzahl, 414 Estante Way, Los Alamos, New Mexico 87544
- 21 MIAMISBURG (Ohio) TRACK & FIELD GAMES (Boys & Girls, All ages) Ken Bostelman, Miamisburg Recreation Department, Miamisburg, Ohio 45342
- 22 GULF ASSOCIATION JUNIOR OLYMPIC MEET, Texas (Boys & Girls, 14/15 and 16/17, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 23-24 U.S.A. NATIONAL JUNIOR CHAMPIONSHIPS, Jefferson Cnty Stadium, Lakewood, Colo (Boys, 16-19, T & F) Joe Arrazola, 12336 E Kentucky Ave, Aurora, Colo 80010
- 23-25 "JUNIOR" NATIONAL AAU CHAMPIONSHIPS, Poplar Bluff, Mo (Girls & Boys, 10-11 and up, T & F & Pent) Sam Giambelluca, 1020 Kendall Dr, Poplar Bluff, Mo 63901
- 24 MIAMISBURG (Ohio) INVITATIONAL (Boys 18-under, Track & Field) Mark Becker, 708 North 12th Street, Miamisburg, Ohio 45342
- 24 VIKINGS GAMES, Citrus College, Azusa, Calif (Boys, 9-under to 16/17, Track & Field) Jim Phillips, 3328 Midhurst Drive, Covina, California 91722
- 24-25 OHIO AAU DECATHLON/PENTATHLON CHAMPIONSHIPS, Wayne HS, Dayton (Boys & Girls, 14-17 and up) Steve Price, 1117 Pursell, Dayton, Ohio 45420
- 24-25 MICHIGAN JUNIOR OLYMPIC FINALS, Detroit (Boys & Girls, 9-under and up, Track & Field) Bettye Robinson, 18410 Sorrento, Detroit, Michigan 48235
- 24-25 MISSOURI VALLEY ASSN JUNIOR OLYMPIC FINALS, Salina, Kansas (B & G, 9-under and up, T & F) Wayne Bly, City Hall, Municipal Auditorium, Lawrence, Kans 66044
- 25 NEW YORK ROAD RUNNERS CLUB AGE GROUP RUNS, Suffolk Community College, Long Island, NY (B & G, 6/7 and up, L D Runs, 1:00 p.m.) Larry Ross (516) 732-2711
- 25 OHIO TRACK CLUB INVITATIONAL, Columbus (Girls) Harry McKnight, 1795 Brinwood Court, Columbus, Ohio 43227
- 27-28 NATIONAL AAU GIRLS (14-17) TRACK & FIELD CHAMPIONSHIPS, Kent State University, Canton, Ohio....Pat Rico, 89 Lexington Dr, Croton-on-Hudson, New York 10520
- 28 MIAMISBURG (Ohio) TRACK & FIELD GAMES (Boys & Girls, All Ages) Ken Bostelman, Miamisburg Recreation Department, Miamisburg, Ohio 45342
- 28-29 GULF ASSOCIATION JUNIOR OLYMPIC QUALIFYING MEET, Texas (Boys & Girls, 9-under to 16/17, Track & Field) Herman Goldberg, 9706 Burdine, Houston, Texas 77035
- 30 CITRUS COLLEGE ALL-COMERS MEET, Azusa, California (Boys & Girls, 9-under and up, Track & Field) Ed Conly, 423 Highland Dr, Glendora, Calif
- 29-9 UNITED STATES MEN'S OLYMPIC TRIALS, Eugene, Oregon
- 30-1 NATIONAL AAU BOYS AGE GROUP CHAMPIONSHIPS, Denver, Colorado (12/13 and 14/15, Track & Field) Joe Arrazola, 12336 E Kentucky Ave, Aurora, Colorado 80010
- 30-1 NATIONAL AAU WOMEN'S TRACK & FIELD CHAMPIONSHIPS, Kent State Univ, Canton, Ohio.... Pat Rico, 89 Lexington Drive, Croton-on-Hudson, New York 10520

# THE FINISH LINE

## A Summary of Results

This section includes nationwide results. In order to have good coverage from your area, EVERYONE is encouraged to submit results to STARTING LINE, P.O. Box 878, Reseda, Calif. 91335. For inclusion in next issue, please submit results at least two weeks prior to mailing date shown on page 3 of this magazine.

If possible, include the following:

- \*\* Date of Meet and meet Site (Place and City)
- \*\* Type of Facilities (all-weather, indoor, cinder, etc..)
- \*\* Meet Director and Sponsoring Organization
- \*\* First and Last names and marks of all timed or measured Competitors (including heats and qualifying rounds)
- \*\* Wind assistance information on Sprints, Hurdles & Jumps
- \*\* Weight of implements (Shot, Discus, Javelin, etc..)
- \*\* Ages of outstanding competitors
- \*\* Other pertinent or interesting information

## INDOOR MEETS

### ROCKY MOUNTAIN AAU CHAIRMAN'S GIRLS AGE-GROUP INDOOR MEET

BOULDER, Colorado - March 19 - from EVIS DENNIS

Athletes from the Colorado Gold turned superb efforts in this culmination of the indoor season in the Rockies.

KELLY CURRAN, who is still only 12, put the 6-pound shot 45-5 3/4 and teammate PAM YOUNG circuted the 220 yard tartan track four times to win the 12-13 half mile in 2:22.2 (which is very good in this mile high altitude). RESULTS:

#### Girls 9 & Under

50 yard Dash	
Collette Lucas, Denver Flyers	7.1
Dawnella Jones, Denver Flyers	7.5
Leslie Malville, Boulder Cin'bels	7.6
Ranette Freeman, Colorado Pacers	7.7

220 yard Dash	
Leslie Malville, Boulder Cin'ls	33.1
Debbie Wilson, Colorado Pacers	33.2
Dawnella Jones, Denver Flyers	33.9
Collette Lucas, Denver Flyers	34.0

440 yard Dash	
Nancy Rogowski, Boulder Cin'bels	76.3
Bobbie McCrea, Denver All-Stars	80.3
Janet Crouch, Poison Spiders	82.5
Cathy Rogers, Boulder Cinderb'ls	82.6

4 X 110 yard Relay	
Boulder Cinderbells	63.5
Denver Flyers	64.6

High Jump	
Tricia Hill, Boulder Cinderbells	3-9
Debbie Wilson, Colorado Pacers	3-8
Debra Taylor, Colorado Pacers	3-6

Long Jump	
Debbie Wilson, Colorado Pacers	11-7
Elaine Fogg, Colorado Pacers	11-3 1/2
Dori Clouch, Poison Spiders	10-10
Ranette Freeman, Colo Pacers	10-9 1/2
Nancy Rogowski, Boulder C'bels	10-6

Girls 10-11	
50 yard Dash	
Felicia Dupuch (10), Den Flyers	6.5
Kim Williams, Denver All-Stars	6.7
Mitzi Stanton, The Colorado Gold	6.8

220 yard Dash	
Kim Williams, Denver All-Stars	28.3
Kathy Weiss, The Colorado Gold	28.8

440 yard Dash	
Kim Williams, Denver All-Stars	67.2
Yvonne Wallace, Denver Flyers	69.9

660 yard Run	
Kathy Weiss, The Colorado Gold	1:53.8
Julie Tockey, Colorado Pacers	2:06.4

880 yard Run	
Trina Watson, Denver Flyers	2:51.8
Maria Armstrong, Denver Flyers	2:56.0

Long Jump	
Kathy Weiss, The Colorado Gold	13-7 1/2
Kelly Gentry, Boulder Cin'bels	12-11

Girls 12-13	
50 yard Dash	
Andrea Wilson, Boulder Cinderb'ls	6.5
Carol Von Drehle (12), Colo Gold	6.6
Sonja Hardy, Boulder Cinderbells	6.6

220 yard Dash	
Carol Von Drehle (12), Colo Gold	27.1
Kathy Ward, Albuquerque OC	27.3
Andrea Wilson, Boulder Cinder'ls	27.8
Brenda Coash, The Colorado Gold	27.9

440 yard Dash	
Jan Fox (12), The Colorado Gold	61.7
Donna Argo, Albuquerque OC	62.4
Chressa McFarland, Denver A-S	65.7

660 yard Run	
Joyce Whelchel, Albuquerque OC	1:46.2
Karleen Clark (12), Colo Gold	1:48.4
Chressa McFarland, Denver A-S	1:50.0
Mary Barela, Colorado Pacers	1:50.4

880 yard Run	
Pam Young, The Colorado Gold	2:22.2
Meg Lewis, Albuquerque OC	2:30.2
Jeanne Kroker	2:35.4

One mile Run	
Shelley Cooper, The Colo Gold	5:42.8
Kathy Reed, The Colorado Gold	5:54.1
Kathy Slattery, Albuquerque OC	5:56.2

50 yard Hurdles (30 inch)	
Pam Young, The Colorado Gold	7.9
Dianne Rogowski, Boulder Cin'bels	8.0
Sonja Hardy, Boulder Cinderbells	8.1

High Jump	
Dianne Rogowski, Boulder Cin'bels	4-6
Shelley Cooper, The Colorado Gold	4-4
Delavina Watson, Denver Flyers	4-4

Long Jump	
Mary Barela, Colorado Pacers	15-2
Lori Thomas, Colorado Pacers	14-11 1/2
Ginger Nielsen (12), Colo Gold	14-5 1/2

Shot Put (6 pound)	
Kelly Curran (12), Colo Gold	41-5 1/2
Mary Mesch, Colorado Pacers	32-4
Jennifer Hubble, Boulder C'bels	31-9 1/2

### ALLEGHENY MOUNTAIN AAU GIRLS AGE-GROUP MEET PITTSBURGH, Pennsylvania - February 19 - from JOHN HARWICK

The ten & eleven year olds highlighted this meet in Schoonmaker Hall. Mount Lebanon TC's SANDY BLOOMFIELD high jumped 4-4 and teammate LISA LOFTIS had a winning triple in the sprints with 6.9, 31.3 and 71.1 to lead their team to domination of the 10-11 division. Latrobe TC mastered the 9-unders with MARY JO DAVIS having a 220/high jump double triumph in 35.5/3-7. TriState TC of East Liverpool, Ohio took the majority of points in the 12-13 class as DEBBIE TODD had two wins (220 and 880) and placed second in the long jump.

### ROCKY MOUNTAINS AAU WOMEN'S INDOOR RELAY and T&F CHAMPIONSHIPS BOULDER, Colorado - March 18 & 19 - From EVIE DENNIS

Several youngsters from the Rockies are beginning to serve notice that they will be difficult to keep off the 1972 Olympic team. On the 220 yard Tartan indoor surface of the University of Colorado, several of these prospects showed their stuff.

Foremost again, was the impressive WENDY KOENIG, 16, who sped a 55.3 quarter, without serious opposition, and added a winning 18-8 1/2 long jump. Her Colorado Gold teammate, ALICE PFAFF (now 18), showed her high jump consistency by again clearing 5-8 at her home school (she is a U of C freshman). Alice added a 18-6 long jump behind Wendy. In addition, PAM GREENE, of the Denver All-Stars, demonstrated that she was anxious to regain her international status by working on her speed in the 60 (6.8 on Saturday and 6.7 on Sunday) and stamina (59.6 quarter on Saturday and 25.0 furlong Sunday).

Others who turned in good performances included Albuquerque's SPIDER BAKER (8.4 for 33 inch hurdles), 14 year-old MEG SWENSON (8.7 twice in the same race) and especially two visitors from the Topeka (Kansas) Cosmos, TERI ANDERSON and CHERYL FRIESEN. Teri had a 2:16.7/880 yd, 2:38.9/1000 yd and a 4:59.4/mile distance triple, while Cheryl, 16, hopped 5-6 in the high jump behind Pfaff and former age-group sensation Jane Frederick (5-8).

## OUTDOOR MEETS

### MARINE PARK ROAD RUNNERS CLUB OF NEW YORK CHAMPIONSHIPS BROOKLYN, New York - March 26 - from STEVE SUTTON

Over 300 distance runners turned out for the Brooklyn Championships meet in the New York RRC series on a cold and windy day. VINCE HOGAN of Queens and NANCY FRANK of Valley Stream, both in the 10-11 division, were singled out as the outstanding runners. Leather-lungers from all parts of Long Island, Bronx, Yonkers, New Hyde Park as well as Brooklyn took part. Results:

B/G 5 & Under (0.25 mile)	Chris Tully, LI	7:28	Kathy Santonocito, LI	6:54
	Diana McCarthy, Y	1:19	Gina Lapolli, LI	6:57
	Danny Hogan, Queens	1:30	Pat Dunn, LI	6:59
	John Powderly, NHP	1:42	(23 Finishers)	
	Karen Sweeney, LI	1:44	Boys 12-13 (1.00 mile)	
	Danny Reagan, Long Is	1:47	Michael Cox, LI	5:35
	Mary Shanahan, Bronx	1:51	John Rizzotti, LI	5:42
	Sean Sweeney, LI	1:53	Richard Lagerman, LI	5:51
			Gerard Stoll, LI	5:56
			Derek Bryant, LI	6:00
			Louis Santos, LI	6:01
			Sixto Irizarry, LI	6:03
			Charles Petrasanta	6:08
			Eric Sepp, LI	6:12
			(32 Finishers)	
			Girls 12-13 (1.00 mile)	
			Robin Fey, Long Is	5:59
			Margaret Shanahan, Bx	6:03
			Nancy O'Donnell, LI	6:14
			Kathy Greene, LI	6:17
			Vicky Reardon, LI	6:19
			(15 Finishers)	
			Boys 14-15 (1.00 mile)	
			Oscar Armero, Bronx	5:02
			Kevin Walsh, Bklyn	5:02
			Larry Brown, LI	5:11
			Miles Corrigan, LI	5:18
			Pat Boyle, LI	5:19
			(20 Finishers)	
			Girls 10-11 (1.00 mile)	
			Nancy Frank, LI	5:56
			Maureen Dunn, LI	6:09
			Doreen Combs, LI	6:15
			Claudia Cear, LI	6:21
			Mary Sollin, LI	6:35
			Kerry O'Shea, Wantgh	6:37

(OUTDOORS Continued)

PHOENIX "INVITATIONAL" GIRLS TRACK & FIELD MEET

PHOENIX, Arizona - March 25/26 - from ROGER SIMPSON

(see commentary on page 4)

Girls 9 & Under
100 yard Dash (wind -1.5 mph)
Tracy Hanlon, Long Beach Comets 12.7
Patricia McFall, Orange CoastGTC 12.7

220 yard Dash (wind -6.0mph)
Connie Jackson, Mesa TC 27.3
Toni Nelson, Pear's Peaches 27.3
Cynthia Tyler, Mickey's Missiles 27.4

220 yard Dash (wind -3.0mph)
Patricia McFall, OrangeCoast GTC 29.7
Cynthia Rhodes, Mesa TC 29.8
Melba Norris, Mickey's Missiles 29.9

440 yard Dash
Christine Brockhoff,HtsTC (61.8h)63.2
Janette Windle, L B Comets(63.5h)63.8
Kathy Weiss, ColoradoGold (64.2h)64.4

440 yard Dash
Melba Norris, Mickey's Missiles 69.5
Susan Parks, Scottsdale TC(69.5h)69.8
Joyce Schmal, Pear's Peaches 71.2

880 yard Run
Dale Keough, Orange Coast GTC 2:26.8
Lisa Gilliland, D C Dashers 2:27.6
Jill Boyd, So Calif Cheetahs 2:28.1

880 yard Run
Corinne Nunez, Rialto RR 2:37.6
Teddi White, Duke City Dashers 2:39.4
Mari Gibbs, Lakewood Spartans 2:40.9

One mile Run (run in flights)
Renee Quigley, LaMirada Meteor 5:16.9
Cynthia Lackey, D C Dashers 5:21.5
Cathy Gill, Duke City Dashers 5:24.5

High Jump
Dawn Freeman, Valley of Sun TC 4- 2 1/4
Nicole Earing, DukeCity Dashers 3-11 1/4
Theresa Dorvart, D C Dashers 3- 9 1/4

High Jump
Juanita Barnett, Rialto RR 4-10 1/2
Debbie Griego, DukeCity Dashers 4- 4 1/4
Terri Smythee, Long Beach Comet 4- 2 1/4

Long Jump (wind -1.0mph to -3.5mph)
Cynthia Rhodes, Mesa TC 13- 4 1/2
Joyce Bowie, Santa Barbara GTC 12- 7
Judy Aria, So Calif Cheetahs 12- 5 1/2

Long Jump (wind -1.0 to +3.5mph)
Christine Brockhoff, HeightsTC 16- 2
Cynthia Tyler, Mickey'sMissile 15-10 1/2
Laura Anderson, Pear's Peaches 15- 7

Baseball Throw
Christy Wilson, LaMirada Meteor 144-1
Debra Edens, Valley of Sun TC 123-0
Nomi Bradbury, Rialto RR 122-9

Shot Put (6 pound)
Kerry Olmstead, Cres-C Spikette 28-8 1/4
Tammy Carr, Creighton TC 25-6 1/2
Teresa Retterbush, ScottsdaleTC 25-0 1/4

Girls 10-11
100 yard Dash (wind -2.5mph)
Connie Jackson, Mesa TC 11.9
Felicia Dupuch, Denver Flyers 11.9

Baseball Throw
Mariena Pond, Long Beach Comets 169-2
Larvon O'Banner, Mesa TC 167-9
Charm Bishop, So Cal Cheetahs 149-7

Girls 12-13
100 yard Dash (wind -0.5mph)
Sharon Andrews, Mesa TC (11.4h)11.7
Judy Johnson, Long Beach Comets 11.8
Terri Harrell, Mesa TC (11.8h)12.1

220 yard Dash (wind -4.0mph)
Judy Johnson, Long Beach Comets 26.3
Carol Von Drehle, Colorado Gold 26.7
Lori Hager, So Cal Cheetahs 26.9

Baseball Throw
Carol Duron, Pear's Peaches 230-6
Patty Peterson, La Jolla TC 201-5
Pam Young, The Colorado Gold 200-9

440 yard Dash
Jan Fox (12), The Colorado Gold 58.4
Cindy Frederickson, Arizona TC 59.4
Donna Argo, Albuquerque OC 60.6

Girls 14-17
100 yard Dash (wind -12.0 mph)
Jackie Thompson,M Missiles(10.6h)11.1
Alice Watson, D C Dashers (10.9h)11.3
Nora Carter, AlbuquerqueOC(10.8h)11.5

880 yard Run
Pam Young, The Colorado Gold 2:19.9
Diane Holder, Long Beach Comet 2:20.2
Stephanie McDade, D C Dashers 2:21.2

220 yard Dash (wind -15.0mph)
Jackie Thompson, M Missiles 24.3
Maureen Abare, Mickey's Missiles 24.5
Ann Larsson, Sweden (24.8h) 24.9

One mile Run (run in flights)
Mary Decker, Long Beach Comets 5:04.0
Chrishelle Speller, D C Dashers 5:13.8
Doreen Assumma, Rialto RR 5:15.2

880 yard Run
Linda Stecker, D C Dashers 2:14.3
Jeanette Gonzales, L M Meteors 2:16.9
Patty Cape, Long Beach Comets 2:17.2

50 yard Hurdles (30in) (wind -1.0mph)
Effie Jordan, Rialto Roadrunners 7.4
Chris Remling, La Jolla TC 7.5
Tasha Boyle, Creighton TC (7.6h)7.7

1500 meter Run
Carol Hudson, Albuquerque OC 4:42.8
Debbie Derr, Arizona TC 4:52.3
Kathy Jewell, Long Beach Comet 4:55.9

Long Jump (wind 0.0 to -2.5mph)
Donna Neleson, Phx Chaparrals 16-2 1/2
Sharon Andrews, Mesa TC 15-8 1/4
Linda McQuarrie, L Bch Comets 15-7 1/4

80 yard Hurdles (30in) (wind -5.0mph)
Bobbette Krug, La Jolla TC 10.5
Spider Baker, Albuquerque OC 10.6
Mitzi McMillan 10.7

Shot Put (6 pound)
Heidi Kauti, Cres-Can Spik'ts 39-1 1/2
Shelly Earl, Mickey's Missiles 35- 2
Sharon Laughlin, Rialto RR 34-0

High Jump
Mitzi McMillan 5-2 1/4
Kathy Hart, Duke City Dashers 5-2 1/4
Kim Erickson, Kalispell Timber's 5-2 1/4

Discus Throw (1.0 kilogram)
Heidi Kauti, Cres-Can Spik'ts 101-1
Kelly Curran, Colorado Gold 85-1
Donna Neleson, Phx Chaparrals 82-6

Long Jump (wind -1.5 to -10.0 mph)
Toni Griffin, La Jolla TC 18- 4 1/2
Kim Leggett, Mt View Striders 18- 3 1/2
Bobbette Krug, La Jolla TC 17-11 1/2

Javelin Throw (600 gram)
Carol Duron, Pear's Peaches 115- 4
Ruth Ann Benavidez, DC Dashers 101- 8
Connie Gassen, C-C Spiketees 97- 5

Shot Put (8 pound)
Kathy Devine, La Jolla TC 41-6
Lori Lyford, K'pell Timberettes 36-8 1/2
Eva Williams, Mickey's Missiles 35-5

Baseball Throw
Susan Carney, Lomita TC 81- 3

Discus Throw (1.0 kilogram)
Terri Sabol, La Miranda Meteors 113- 3
Lori Lyford, K'pell Timber'ts 108- 9
Kelly Fuiks, VOS Cactus Wrens 103-11





SPAAU BOYS AGE GROUP TRACK & FIELD MEET

VALENCIA, California - April 9 - from JOANNA GORNER

Some of the finest runners in the Southern California area assembled in this meet, in which 13 AAU clubs participated. Additional spice was added by the entry of clubs from the Central Cal. region.

The competition was intense and the performances were outstanding. The major highlights of the meet were as follows:

KEVIN KNOX (Wasco), 12 - 10:29.5 in the 2 mile run - an all-time age 12 Best; FRANK ASSUMMA (Rialto), 11 - 10:50.0 in the same event - 2nd best ever behind his brother Charles; CHUCK ASSUMMA (11) - 5:01.1 in the 10-11 mile - less than a second off the age 11 all-time Best; ADAM LAINE (Valley Vikings), triple winner in the 9-Under division (13.8/4-0/12-9 in the 100/HJ/LJ); MOBY OLIVER -11 - a beautiful double in the quarter and half (63.7 and 2:25.0); fantastic 10-11 880 race - very tight and hotly disputed (see results and judge for yourself); ALAN AIKEN (11) and O.J. WADDELL (10) were outstanding in the sprints; BRIAN EDRINGTON (Sepulveda), 11 - a vastly improved youngster, rapidly becoming a serious threat from the quarter mile down; 13 year-old DAVE FARLEY, showing his versatility, by winning the high jump and the shot put with good form; DERRICK FORD and KEVIN WILLIAMS, two exceptional 14 year-old sprinters and many more...The meet director was JOANNA GORNER.

Boys 9 & Under

100 yard Dash
Adam Laine, Valley Vikings 13.8
Troy McGraw, Valley Vikings 14.0
Ernie Gregoire, Rialto Roadrunner 14.0

220 yard Dash
Troy McGraw, Valley Vikings 32.2
Ernie Gregoire, Rialto Roadrunner 32.8
Peter Buckley, Huntington Bch BC 33.6
Jerome Waddell, Junior Striders 33.7

440 yard Dash
Barry Ruderman, Rialto Roadrunner 71.2
Jackie Kent, Wasco Wildkats 72.6
Mark Porath, Huntington Beach BC 74.8
Mike Assumma, Rialto RR (age 8) 76.3

880 yard Run
Mike Assumma, Rialto RR (8) 2:39.0
Jackie Kent, Wasco Wildkats 2:42.0
Barry Ruderman, Rialto RR 2:48.0
Doug Murphy, Valley Vikings 2:53.0

High Jump
Adam Laine, Valley Vikings 4-0
Barry Ruderman, Rialto Roadrunner 3-4
Kyle Hall, Valley Conference 3-4

Long Jump
Adam Laine, Valley Vikings 12- 9
Troy McGraw, Valley Vikings 12- 4
Peter Buckley, Hunt Beach BC 11-11
Brett Henry, Junior Striders 11- 9

Boys 10-11

100 yard Dash
Alan Aiken, Los Angeles Jets 12.1
O. J. Waddell, Jr Striders (10) 12.2
Brian Edrington, W Vly Pacers 12.5

220 yard Dash
O. J. Waddell, Jr Striders (10) 27.5
Alan Aiken, Los Angeles Jets 27.6
Kevin Smith, Wasco Wildkats 28.2
Bryan Boos, Valley Vikings 28.3

440 yard Dash
Moby Oliver, Junior Striders 63.7
Brian Edrington, W Valley Pacers 64.9
Duane Waters, Rialto Roadrunners 65.0
Craig LaCroix, Valley Vikings 65.9

880 yard Run
Moby Oliver, Junior Striders 2:25.0
Demetrius Cook, Rialto RR (10) 2:26.2
Craig LaCroix, Valley Vikings 2:26.2
Todd Knox, Wasco Wildkats (10) 2:26.9

One mile Run (11 & Under)
Charles Assumma, Rialto RR 5:01.1
Danny Stone, Rialto Roadrunner 5:27.6
Robin Messick, Wasco Wildkats (10) 5:31.0
Kim Crawford, Wasco Wildkats 5:39.4

High Jump
Steve Laine, Valley Vikings 4-6
Moby Oliver, Junior Striders 4-2
Danny Stone, Rialto Roadrunners 4-0

Long Jump

Dave Arnold 14-5 1/2
Duane Waters, Rialto Roadrunner 14-2 1/2
John Garner 14-1 1/2
Eddie Hart, Junior Striders 13-9 1/2

Shot Put (6 pound)

Pat Downey, Huntington Beach BC 25-8
Bryan Boos, Valley Vikings 24-6
Eric Marenin 21-5

Boys 12-13

100 yard Dash
Lewis Richardson, Wasco Wildkats 11.4
David Thorson, Valley Vikings 11.5
Kenneth Lawler, Los Angeles Jets 11.5

220 yard Dash
Lewis Richardson, Wasco Wildkats 25.9
David Thorson, Valley Vikings 26.8
Darrel Kim, Holy Family School 27.1
David Zuniga, Calexico TC 27.5

440 yard Dash
David Zuniga, Calexico TC 59.7
Joe Pangrazio, Holy Family Sch 60.5
Shawn Shambaugh, Wasco Wildkats 60.6
Bernard Alex, Los Angeles Jets 60.6

880 yard Run
Randy White, Wasco Wildkats (12) 2:15.0
Kevin Hall, Valley Conference 2:18.2
Lionel Johnson, L A Jets 2:25.5
Mike Garcia, Valley Vikings 2:26.0

One mile Run
Walter Bridges, Rialto RR 4:57.5
Bill Hill, Wasco Wildkats 5:02.9
Eddie Lujan, Wasco Wildkats (12) 5:07.1
Brian Stephenson, Vly Vikings 5:07.5

Two mile Run (13 & Under)
Kevin Knox, Wasco Wildkats (12) 10:29.5
Frank Assumma, Rialto RR (11) 10:50.0
Douglas Moore, Valley Vikings 11:19.8
Mike Bernstein, Rialto RR 11:24.4

70 yard Hurdles (30 inch)
Mark Wright, Valley Vikings 10.5
David Zuniga, Calexico TC 10.5
Willie Curran, Valley Conference 10.6
Paul Vickers, N Vly Golden Bears 11.0

High Jump
Dave Farley, Valley Vikings 5-4
Dennis Stove, Wasco Wildkats 5-2
Kevin Hall, Valley Conference 5-2
Alan Sampson, Huntington Beach BC 5-2

Long Jump
Tom Roberts, Valley Vikings 16-4
Dave Thorson, Valley Vikings 16-0
Kenny Mergerum, Huntington Bch BC 15-7 1/2
Dan Ertel, Valley Vikings 15-4

Shot Put (8 pound)
Dave Farley, Valley Vikings 43-2
Desmond Quon 36-5
Curtis Mountain, Holy Family Sch 35-4

Boys 14-15

100 yard Dash
Kevin Williams 10.7
Derrick Ford, Los Angeles Jets 10.8
Vernon Ferguson, West Coast Jet 10.8
Mark Day, Los Angeles Jets 10.9

220 yard Dash
Vernon Ferguson, W Coast Jets 24.7
Michael Anderson, L A Jets 24.7
Kevin Williams 24.9

440 yard Dash
Derrick Ford, Los Angeles Jets 55.2
Tom Merrill 56.3
Michael Young 57.3

880 yard Run
Darryl Mendival, W Coast Jets 2:09.9
Michael Young 2:13.4
Claudio Alvarez, Calexico TC 2:13.9

OBIE WILLIAMS RELAYS

Houston, Texas - March 18 - from HERMAN GOLDBERG

Repeating her outstanding early season times of 1971, tiny DEBRA EDWARDS, 16, of Houston sped to 24.2 and 55.4 clockings in the 220 and 440. Debra attends the famous Worthing High School which hosted this meet for boys and girls. Oliver Brown, the meet director and coach at Worthing, reported that over 450 athletes competed in four divisions including Junior High School.

WOODLAND DEVELOPMENTAL MEET

WOODLAND, Washington - April 8

Despite the usual rain, 49° weather and slow track, the athletes from both sides of the Columbia River got the 1972 season off to a start and good improvement was shown among the age group boys. DON EBERT scored a good sprint triple, considering the conditions, in the 12-13 division and CLIFF McDANIELS had a noteworthy double in the same group, winning the 100 (12.1) and defeating GREG HANSEN in the pole vault. Overall the 10-11 division showed the most class, especially MICKEY RYAN, who scored an excellent jump double featured by a narrow win (at 4-6) over SCOTT JOHNSON in the high jump. RICK PENGRA was also outstanding in winning the 1 kg Discus (72-1) and Shot. Woodland Track Club's triple winners, JEFF DEGALLIER and SCOTT WHEATLEY completely dominated the 9-Unders. While the girls performances were not as promising generally, TINA ALDERMAN of Flanagan's Clan set an Oregon AAU record for 9-Under baseball throwers by tossing 130 feet even. Results of boys competition:

Boys 9 & Under

100 yard Dash
Jeff DeGallier, Woodland TC 13.8
David Mensah, Portland TC 14.7

220 yard Dash
Jeff DeGallier, Woodland TC 33.1
Dave Mensah, Portland TC 33.9

440 yard Dash
Scott Wheatley, Woodland TC 76.8
Teddy Campbell, Longview 83.8
Randy Pengra, Woodland TC 85.0

Long Jump
Scott Wheatley, Woodland TC 10-11 1/4
Randy Pengra, Woodland TC 10- 8
Kevin Ryan, Grays Harbor 10- 0 1/2

Baseball Throw
Scott Wheatley, Woodland TC 133-10
Cliff Puterbaugh, Portland TC 129- 5

Boys 10-11

100 yard Dash
Chris Kouba, Portland TC 13.0
Mickey Nelson, Hillsboro 13.2
Russ Keisala, Woodland TC 13.3

220 yard Dash
Mickey Nelson, Hillsboro 30.8
Ken West, Portland TC 31.3
Clark Christiansen, Portland TC 31.7

440 yard Dash
Chris Kouba, Portland TC 67.4
Clark Christiansen, Portland TC 70.0
Mark Dagg, Portland TC 70.8

High Jump
Mickey Ryan, Grays Harbor 4-6
Scott Johnson, Cathlamet TC 4-4

One mile Run

Tommy Johnson, Rialto RR 5:07.9
Jose Mejia, Calexico TC 5:08.4
Ken Smith, Rialto Roadrunners 5:08.6
Jacinto Tamayo, Rialto RR 5:08.7

High Jump
Matt Murphy 5-6
Jesse Lloyd, Sierra Vista 5-4

Long Jump
Derrick Ford, Los Angeles Jets 18- 9 1/2
Kevin Blankenship, Nwhl-Saugus 17-10 1/2
Everett Neal, Valley Vikings 17- 8 1/2

Shot Put (10 pounds)
Carol Uthe, Sierra Vista 36- 7
Bart Vogel, Newhall-Saugus AC 35- 1
Paul Reininga, Newhall-Saugus AC 33-11

4 X 110 yard Relay
Los Angeles Jets 47.1
Newhall-Saugus Athletic Club 47.7
West Coast Jets 47.8

WOODLAND DEVELOPMENTAL MEET

WOODLAND, Washington - April 8

Despite the usual rain, 49° weather and slow track, the athletes from both sides of the Columbia River got the 1972 season off to a start and good improvement was shown among the age group boys. DON EBERT scored a good sprint triple, considering the conditions, in the 12-13 division and CLIFF McDANIELS had a noteworthy double in the same group, winning the 100 (12.1) and defeating GREG HANSEN in the pole vault. Overall the 10-11 division showed the most class, especially MICKEY RYAN, who scored an excellent jump double featured by a narrow win (at 4-6) over SCOTT JOHNSON in the high jump. RICK PENGRA was also outstanding in winning the 1 kg Discus (72-1) and Shot. Woodland Track Club's triple winners, JEFF DEGALLIER and SCOTT WHEATLEY completely dominated the 9-Unders. While the girls performances were not as promising generally, TINA ALDERMAN of Flanagan's Clan set an Oregon AAU record for 9-Under baseball throwers by tossing 130 feet even. Results of boys competition:

Long Jump

Mickey Ryan, Grays Harbor 14-10
Russ Keisala, Woodland TC 13- 4
Chris Kouba, Portland TC 13- 3

Pole Vault
Ken Bush, Woodland TC 6-6
Kris Carson, Longview 6-6

Shot Put (6 pound)
Rick Pengra, Woodland TC 27- 9
Jim Bryant, Kalama TC 26-10
Bill Renfro, Cathlamet TC 24-10

Boys 12-13
220 yard Dash
Don Ebert, Hillsboro 26.3
Cliff McDaniels, Cathlamet TC 27.2

440 yard Dash
Don Ebert, Hillsboro 58.9
Bret Christiansen, Portland TC 59.3

70 yard Hurdles (30 inch)
Bret Christiansen, Portland TC 10.2
Todd Gunn, Cathlamet TC 10.3
Jim Plumlee, Woodland TC 10.3

Long Jump
Don Ebert, Hillsboro 17- 2
Greg Hansen, Woodland TC 15-10 1/2

Pole Vault
Cliff McDaniels, Cathlamet TC 8-6
Greg Hansen, Woodland TC 8-3

Shot Put (8 pound)
Alan Hamilton, Kalama TC 36-4
Ed Cochran, Cathlamet TC 35-9 1/2
Chris Friday, Woodland TC 35-4

Discus Throw (1 kilogram)
Ed Cochran, Cathlamet TC 103-1
Chris Friday, Woodland TC 99-2

(OUTDOORS Continued)

FLORIDA RELAYS

GAINESVILLE, Florida - March 25 - from HERB WILLS III

The Florida Relays which are held each year at Gainesville, is one of the major meet in Florida, if not in the nation. Age-group events were added to the program a few years ago and have increased in number ever since. This year there were eight events for boys and girls - sprints for the girls (100 and 220), and a mile run for the boys in three age-groups.

Although the results do not go beyond 4th place (that's all we got), age group participation was quite numerous. The 11-12 mile, for instance, had a rather crowded field of 26 runners. The presence of Jim Runyon and Juris Lazins must have inspired the young tracksters, as the performances were excellent.

The outstanding individual in the age group races, was undoubtedly 11 year-old HERB WILLS IV, who just ran away from the pack to win in 5:11.0, putting him in very elite company on the top of his division. His time was also a new meet record slashing the old one by over 25 seconds.

Young Wills, however, is not quite good enough to beat his father, who also took part in the Relays, running in the master mile (40 plus group) and triumphed in a brilliant 5:07.4. Bravo Mr. Wills and thanks from all the defeated fathers.

Going back to the little kid's race, lets note the great duel between BILL THORN from East Point, Georgia, and JOE FLOWERS (Blue Darter TC), which ended in a tie for second place, both boys timed in 5:20.2. JERRY CARNES, the son of meet director Jimmy Carnes (head coach at Florida U.) was right behind in 5:21.5. ROBERT FLOWERS, the brother of Joe (see above), registered a fine win in the 9-10 group, setting a new meet record. The Thorn family had an answer to the brother act of the Flowers, by unveiling little 8 year-old TERRY THORN who took care of the 8-Under boys in a promising 6:08.6.

In the girls division, 11 year-old BRIGETTE WILLIAMS edged out last year's sensation NANCY TEFERTILLER and PATRICIA HALL in the 100 and defeated them again handily in the 220 as well.

<u>Girls 8-9 100 yard Dash</u>	
Blanche Reed, Miami Jets	13.7
Adriane Arinak, Miami Jets	
Zelda Wilkins, Miami Jets	

<u>Girls 8-9 220 yard Dash</u>	
Blanche Reed, Miami Jets	31.0
Adriane Arinak, Miami Jets	
Zelda Wilkins, Miami Jets	

<u>Girls 10-11 100 yard Dash</u>	
Brigette Williams, Miami Jets	12.6
Nancy Tefertiller (10), Gainsv'le	12.7
Patricia Hall, Miami Jets	12.7
Cornelia Jackson, Miami Jets	12.9

<u>Girls 10-11 220 yard Dash</u>	
Brigette Williams, Miami Jets	28.3
Patricia Hall, Miami Jets	
Nancy Tefertiller (10), Gainsv'le	

<u>Boys 7-8 One mile Run</u>	
Terry Thorn, East Point, Ga	6:08.6
Kevin Burnsed, Gainesville, Fla	
Pat Wiggs	

<u>Boys 9-10 One mile Run</u>	
Robert Flowers, Blue Darter TC	5:40.8
Kenneth Watts, Gainesville, Fla	5:45.0
Dewayne Combs, Gainesville, Fla	5:55.1
Phillip McNeedy	5:55.5

<u>Boys 11-12 One mile Run</u>	
Herb Wills, Tallahassee, Fla	5:11.0
Bill Thorn, East Point, Ga	5:20.2
Joe Flowers, Blue Darter TC	5:20.2
Jerry Carnes, Florida TC	5:21.5
Steven McNeedy	5:23.4

INLAND EMPIRE GIRLS TRACK LEAGUE MEET

CYPRESS, California - March 18 - from BILL PETERSON

Overcast, cool weather with gusty winds marked limited some performances in this La Mirada Meteor hosted meet, directed by Roy Swett at the rubberized-asphalt Cypress College track. Featuring the meet was all-around running of EFFIE JORDAN, 13, from Rialto. Besides scoring a good double in her own division, Effie ran an experimental 330 yd. hurdles (30in, 45m to first, 35m between) in 47.1 to finish behind older girls CLYDINE CROWDER (44.6) and MARY LEE ERICKSON (45.5). Other noteworthy marks were turned in by DEANNE WILSON with a 5-6 high jump and JUANITA BARNETT, 11, with a 4-10 in the same event. Other major results:

<u>Girls 9 &amp; Under</u>	
<u>440 yard Dash</u>	
Corinne Nunez, Rialto RR	71.2
Lisa Peters, So Calif Cheetahs	76.9
Cimi Ruderman (8), Rialto RR	79.4
Cindy Nunez (7), Rialto RR	82.6

<u>660 yard Run</u>	
June Wintermute, So Cal Cheetahs	2:07.5
Toddra Mattier, Rialto RR	2:07.5
Vickie Kostik (8), S C Cheetah	2:08.0

<u>880 yard Run</u>	
Heidi Kuykendall, S C Cheetahs	2:46.9
Lori Bigham, Rialto RR	3:00.0

<u>High Jump</u>	
Judy Aria, So Cal Cheetahs	3-7½
Maria Smith, La Mirada Meteors	3-4

<u>Long Jump</u>	
Tina Scott, So Calif Cheetahs	12- 2
Julie Sabol, La Mirada Meteors	11-11
Judy Aria, So Calif Cheetahs	11-10½
Kristy Wilson, La Mir Meteors	10-11½

<u>Baseball Throw</u>	
Kristy Wilson, L M Meteors	144-6
Tina Scott, So Calif Cheetahs	118-8

<u>Girls 10-11</u>	
<u>100 yard Dash</u>	
Vicki Almeida, La Mirada Meteors	12.6
Marisa Morel, So Calif Cheetahs	12.7

<u>440 yard Dash</u>	
Josephine Riley, Rialto RR	66.8
Katie Ross, Paramount Pacers	68.3

<u>880 yard Run (run in flights)</u>	
Renee Quigley, L M Meteors	2:27.9
LaDonna Phillips, S C Cheetahs	2:33.9
Jill Linebarger, S C Cheetahs	2:34.7
Teri Beamish, La Mir Meteors	2:35.0
Sandy Wallen, S C Cheetahs	2:36.4
Penny Bridges, Rialto RR	2:36.5
Julie Franks (10), S C Cheetah	2:37.2

<u>One mile Run</u>	
Hedy Hafon, So Calif Cheetahs	5:38.5
Corinne Nunez (9), Rialto RR	5:42.1
Rebecca Villavazo, Rialto RR	5:47.0
<u>Shot Put (6 pound)</u>	
Bea Hunt, Rialto Roadrunners	32-9½
Vicki Baker, So Calif Cheetahs	24-9
Vicki Jones, So Calif Cheetahs	22-2

<u>Baseball Throw</u>	
Laurie Koustik, So Cal Cheetahs	156-11
Vicki Baker, So Cal Cheetahs	145- 2

<u>Girls 12-13</u>	
<u>440 yard Dash</u>	
Effie Jordan, Rialto Roadrunners	61.5
Carrie Long, La Mirada Meteors	62.1
Diane Rodriguez, La Mirada Meteor	62.8
Lori Hagerty, So Calif Cheetahs	63.8
<u>50 yard Hurdles (30 inch)</u>	
Effie Jordan, Rialto Roadrunners	7.8
Anita Shoemaker, So Cal Cheetahs	8.6

COASTAL GIRLS TRACK LEAGUE MEET

LONG BEACH, California - March 19 - from KEN KARNES

High quality features this seven-team league, especially among the younger divisions. In this meet TRACY HANLON had a fine all-around "quadruple" (sprints, long jump & baseball throw) to share honors with sprinter PATTY McFALL in the 9-under division. RHONDA JORDAN's fine sprinting and JANETTE WINDLE's long jumping featured the 10-11's, while MELINDA PETERSON's all-around performances highlighted the 12-13 class. Among the older athletes, the most interesting note was the re-appearance of last year's national long jump champion, KIM ATTLESEY (now 18), who leaped 19-0½ in Millikan High School pit at this meet hosted by the Lakewood Spartans. Results of 13-under events:

<u>Girls 9 &amp; Under</u>	
<u>100 yard Dash</u>	
Patty McFall, Orange Coast GTC	12.6
Tracy Hanlon, Long Beach Comets	13.3
Lisa Leivo, Long Beach Comets	13.5

<u>220 yard Dash (run in flights)</u>	
Patty McFall, Orange Coast GTC	31.0
Tracy Hanlon, Long Beach Comets	31.8
Wanda Sapp, West Vernon Jets	32.8

<u>440 yard Dash (run in flights)</u>	
Lisa Leivo, Long Beach Comets	74.0
Tracy Hughes, Orange Coast GTC	76.5
Shelly Glazier, Orange Coast GTC	76.5

<u>880 yard Run</u>	
Mari Gibbs, Lakewood Spartans	2:44.5
Rani Keough, Orange Coast GTC	2:58.3

<u>High Jump</u>	
Kelly Hoban, Lomita TC	3-10
Rena Wright, Lomita TC	3-10

<u>Long Jump</u>	
Tracy Hanlon, Long Beach Comets	13-5½
Lisa Leivo, Long Beach Comets	12-8½
Mari Gibbs, Lakewood Spartans	12-1

<u>Baseball Throw</u>	
Tracy Hanlon, Long Bch Comets	136-10
Wanda Sapp, West Vernon Jets	108- 9

<u>Girls 10-11</u>	
<u>100 yard Dash (run in flights)</u>	
Rhonda Jordan, West Vernon Jets	12.4
Ella Rich, Los Angeles Jets	12.6
Stephanie Demery, L A Jets	12.7
Caroll Young, L A Jets	12.8
Janette Windle, Long Bch Comets	12.9

<u>220 yard Dash (run in flights)</u>	
Rhonda Jordan, West Vernon Jets	28.4
Carol Young, Los Angeles Jets	29.5
Dale Keough, Orange Coast GTC	29.7
Cynthia Johnson, W Vernon Jets	29.7

<u>440 yard Dash</u>	
Cynthia Johnson, W Vernon Jets	66.6
Pat Dawkins, West Vernon Jets	67.7

<u>880 yard Run</u>	
Dale Keough, Orange Coast GTC	2:32.0
Sharon Dill, Lakewood Spartans	2:39.6

SIXTH ANNUAL BOBBY GOFF RELAYS

PORT LAVACA, Texas - March 25 - from HERMAN GOLDBERG

1972's edition of this annual affair for Junior and Senior High School Girls drew 595 athletes from 49 schools to the cinders of Calhoun High. The meet was run off smoothly under sunny skies by Meet Director Jeanette Barlow. Winners included, Junior High Division: 100-Gloria Miller (Ryan JHS) 12.0, 220-Francine Collins (Royal) 27.0, 440-Pam Rydan (Travis) 60.1, 880-Gwen Smith (Thomas) 2:39.7, 80 yd Hurdles Maudrey Hall (Travis) 12.1 (11.9h); High School Division: 80H/60yd Dash-Darlene Thomas (Columbia) 10.7/7.2, 100/440-Sandy Golden (Alief) 11.7/60.8, 220-Jo Ann Thomas (Columbia) 27.0 and 880-Vicki Clark (Sterling) 2:26.8.

# TECHNIQUE & TRAINING

HOW TO LEARN JAVELIN THROWING by Werner Schwantje

No event in the U.S. has shown more potential, nor less realization, than javelin throwing. Most of America's best young javelinists (Mark Murro, Kathy Schmidt, John Tushaus, Barbara Friedrich, e.g.) have been cut down by arm and/or shoulder injuries at an early age. In the meantime, European throwers have often continued to throw well for years or even decades (Janusz Sidlo was world ranked at age 19 and for 18 consecutive years afterwards!). One of the keys is learning how to throw properly from the start.

Werner Schwantje, who has been a featured lecturer at several track & field clinics, gives some tips for those who are beginning the javelin event.

\* \* \* \* \*

## Important Rules for Javelin Throwing

1. Hold elbow shoulder height (with hand a little higher).
2. Turn the elbow to the outside, relaxed.
3. Hand of the throwing arm is extremely relaxed, arm long, but don't flex the wrist far back.
4. Turn shoulders 90-100° from the forward-facing position.
5. Keep the hips from turning too far back; face forward about 45°.
6. Hold feet as straight forward as possible toward the front.
7. Hold the throwing shoulder (right shoulder for a right handed thrower) down and inside.
8. Lay back; put a bow into your back from the second step onward; keep hips forward.
9. Look over the left (forward shoulder).

10. Eyes direct the angle of release; look forward and upward.

11. Point of the javelin is slightly above head level (not at eye level or below).

12. Use the correct rhythm and start the throw from step 4 (off the right foot) in a 5 step rhythm. Only from proper rhythm is the snap possible. Count 1-2-3-THROW. (Be aware of the difference between right and wrong rhythm).

13. Land on the ball of the foot in Step 4.

14. Try to throw with the shoulder (arm throwing is incorrect).

15. In the throw, the head and left shoulder turn aside and down.

## Some Suggestions for Beginners

1. Try different grips.
2. Try to snap from the forward-facing position (standing throw) and throw with the shoulder.
3. Snap from the front position with 3 and 5 steps.
4. Standing throws with shoulder turned back 90-100°, elbow at least shoulder-high and rotated outside. Bow the back; right shoulder down and inside.
5. Learn the correct rhythm from the start. Step 1 (left foot, for right handed thrower), 2 (right foot), 3 (left foot) - drive hard forward from the left foot; keep the right leg slightly flexed (cocked), step 4 - right foot strikes and throw begins, and left leg is brought forward quickly to the front (scissors-like).
6. Repeat with 9 steps.
7. Do the same with slow run-up (count 1-2-3-THROW).

## What's up Doc!

by DR. GABE MIRKIN

Dr. GABE MIRKIN is an M.D., specializing in allergies and pediatrics. Very active in the Age-Group movement, he is the co-chairman of R.R.C. of America and a member of the boys age-group T&F Committee of the AAU.

**QUESTION:** I think that I could be the best runner in the country. However, every time I start to train really well I get an injury. What am I doing wrong?

**ANSWER:** You may have the physical potential to be the best, but intelligence is also a necessity for any endurance sport. A basic principle of endurance training is to learn how much work the body can take without breaking down. Unfortunately, it takes many years to learn when to stop.

Only the runner can feel how much he can do. However, the young runner is unable to gauge workouts properly so he must look up to a more experienced adult. The best coaches set up a loose workout structure so it will allow the runner to back off when he feels an injury coming.

The most important advice I can give you is to have a close enough relationship with your coach so that you can tell him when you feel you are about to get an injury or when you feel you are not doing enough. You should also be able to be part of the planning for your workouts.

I can give you some basic rules which may help:

- 1) ADEQUATE GRADUAL CONDITIONING You should have a gradually progressive and consistent program with long term goals. Don't do exclusive hard hill workouts when you have done no hard hills previously. Do slow background work before you do speed work. Gradually get into faster workouts. Don't go from 95 seconds quarters to 75 second quarters in a week.
- 2) STOP WHEN YOU GET LOCALIZED TENDERNESS WHICH GETS WORSE WITH EXERCISE If you hurt in one place and it gets better as you run, by all means continue your workout. However, if it hurts more as you run, go home.
- 3) When you legs are so dead that they hurt just to lift them, go home. Don't try just to fill your diary with 100-mile weeks. It is ignorant. You will just ruin future workouts.
- 4) PLAN WHEN YOU WANT TO PEAK Physiologically, it is impossible to stay at your best potential for over four weeks...take notice.
- 5) IMMEDIATELY CORRECT ANYTHING THAT HURTS Don't keep on wearing painful shoes because you spent a lot of money on them or they look nice. If they hurt, they are better off thrown away. Also correct plantar warts, blisters, pants that chafe, etc.

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# Fun & Games

## Olympic Games/its Heroes

This is the third part of a series of articles about the Olympic Games. The first two chapters covered the Ancient Games (see January and March issues).

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The ancient games that had been halted by the decree of a Roman Emperor, was revived, after a lapse of fourteen centuries, by a Frenchman, the Baron Pierre de Coubertin.

Baron de Coubertin decided that education and athletics might well go hand-in-hand toward a better international understanding. He evolved the idea of reviving the ancient games on a world-wide basis.

After years of effort and with the help of men of many nations whom he had enlisted to the cause, the first modern Olympic Games were organized and held at Athens, Greece, in 1896.

The games of '96 were a bit loosely organized, as might be expected. The United States had no official team and yet the athletes from the U.S. swept the track and field program, taking nine out of twelve events.

One of the American athlete, Robert S. Garrett, Captain of the Princeton track and field team, decided to go to Athens and compete in the field events. He had thrown the weights for Princeton and he had heard that the old sport of throwing a discus was to be on the program. He had never seen a discus, but he found the dimension somewhere and a friend fashioned him a steel discus of the proper size. He practiced throwing for a few weeks, and then set off for Athens.

The discus was an event in which the Greeks, by tradition, should excel; they had been at it for centuries and it was part of their earliest history. Besides, they had their great champion, Paraskevopoulos, whom no mortal could equal. Or so they thought.

When Garrett reached the stadium, he made a pleasant discovery. The real discus was much lighter and easier to handle than the rough imitation he had been hurling in practice. When it came to the championship competition, Garrett sent the discus soaring through the air beyond the best mark of the Greek champion, who was beaten at his own game and on his own soil.

In these revived Olympic Games, not a single event had been won by a Greek athlete and there was sorrow in Athens. Then came the marathon race and a story that rivals the best tales of Hans Christian Anderson.

The contest was run over the approximate course that Pheidippides had covered in bringing news of the Greek victory at Marathon. There were 25 starters in the race and one of them was Spiridon Loues.

He was a spindling little fellow, a Greek sheppard from the hills. Like many men who spend much of their time alone, Spiridon was a dreamer, a visionary. He had heard from wanderers on the hills that athletes from all over the world were coming to Athens. A tireless runner, he saw himself leading the field in the marathon race for the glory of Greece. He decided to enter. It is said that he spent the two nights before the race on his knees, praying, and that the day before the race he fasted to fortify his soul.

Among the other starters were Lemursiaux, a Frenchman, who had finished third in the 1500-meter race and who had a reputation as a long distance runner, and Arthur Blake of the Boston AA, who was determined to bring home a victory at all cost.

Lemursiaux justified his reputation by holding the lead through the first part of the race. Couriers dashed off at various stages of the race to carry news of the progress of the race to the waiting throng in the Olympic stadium. To the Greeks, it was not good news

Towards the middle of the race, some of the runners had already dropped out. The way was hard and the sun was hot. Arthur Blake, who had never run such a distance before, was sticking to his task and actually took the lead at about 18 miles. But he was growing weaker with each stride. Finally he halted and dropped to the ground. But Spiridon, the sheppard, was plodding steadily along.

Suddenly the word went around the stadium that 7 miles away, Spiridon Loues had taken the lead. The crowd went wild with enthusiasm. And now the leading runner had been sighted from the portal. It was Spiridon. Prince Constantine and prince George of Greece hastily left the royal box and stationed themselves at the head of the stretch as Loues trotted in the stadium

The little greek sheppard from the hills ran to the finish line with both princes on either side of him.

Honors were heaped on the humble hero. An Athenian barber volunteered to shave Loues free of charge as long as - the barber - lived. A clothier offered to clothe him on the same terms. A restaurant owner made the same offer with regards to free meals. These were things that Spiridon Loues had not dreamed when he set out from the hills to run for the honor of his country. But in philosophical spirit, he quietly accepted the honors that were thrust upon him.

For Greece, it was a tale of the dream come true, the glorious climax of the games at Athens, the marathon victory of Spiridon Loues, the little sheppard. And so the first modern Olympic Games came to an end.

## GUESS WHERE and WHO???

See if you can guess the names of the famous pairs and the name of the city where their famous Olympic events took place. The city has the same number of letters as shown by the dotted lines. If you can get all six of the cities you know your Olympic history, but if you can guess three or more of the famous pairs of athletes you are a real expert. Send us a card of letter and tell us how many you get. We'll announce the winners in next issue.

\* \* \* \* \*

The "Flying Finn" carried the flame and a Czech won an unbelievable "triple" in \_\_\_\_\_.

A young man won his country's first modern Olympic gold medal nearly 25 centuries after his famous countryman started the event, but had died from exhaustion after entering \_\_\_\_\_.

After his "Leap of the Century" in \_\_\_\_\_, a rival former champ said "I can't jump that far".

At \_\_\_\_\_ an American was crowned the worlds fastest woman, but a "blitz" starter beat all American men.

The winner was almost forgotten but the loser became an Olympic hero in a disputed race at \_\_\_\_\_.

The ruler of the hosts called him one of the "Black Auxiliaries" but he won more "Gold" than any other man in one Olympic Games in \_\_\_\_\_.

# PROFILES

## Suzie Snider - She Plays the Field

Four decades ago a young Texas girl gained national fame by leading her basketball team to national honors. That girl, the famous Babe Didrickson, was to become one of the greatest all-around female athlete of the century. Emulating her nowadays is another gal from the Lone Star State, Suzanne Snider.

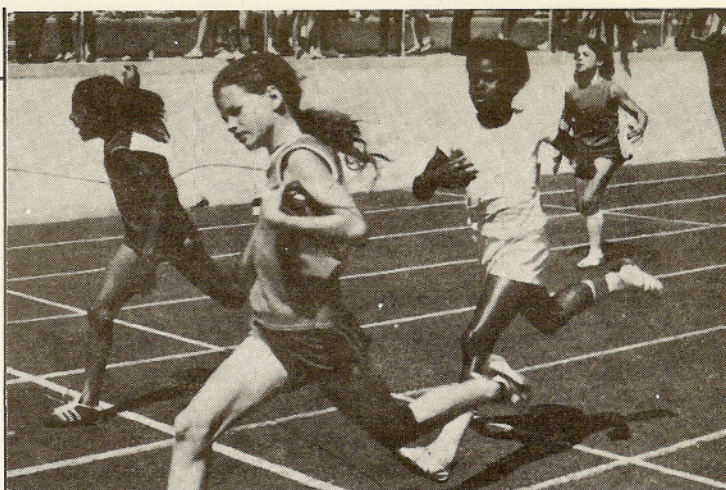
Parallels between the 16 year-old from Waco and the late, great "Babe" are striking. For one thing, Suzie is also some kind of a basketball player. As a freshman, she led her Robinson High School Rockets to the state championship by sinking 19 of 21 shot (!) in two state tournament games. She made all-state in her first two years in helping her team compile a 73 win and 5 loss record.

Suzie, like "Babe", is an all-around track (or more precisely, field) athlete. Her best event may be the Shot, in which she has tossed the 8 pounder  $46-8\frac{3}{4}$  and was runner-up at the National JO meet. She has also tossed the discus and javelin over 142 and 121 feet, respectively and gained national places in both. Furthermore, Suzie has high jumped 5-6 (one inch higher than Babe in winning an Olympic silver medal) and to top it off she placed fifth in her state meet in the triple jump!

There is one big difference, however. Babe stood 5-2 but Snider is a 6-footer. Suzie's performances are not an accident of nature though. She prepares herself in the off season, between basketball practices, with an extensive weight training program consisting of three sessions per week on the Universal Gym (four sets each of bench presses, overhead presses, wrist curls, set-ups and leg work).

Meanwhile Miss Snider has found time to be chosen captain of the school pep squad and queen of the PTA festival. She is an exceptional student as well. But her first love is sports and she hopes to be a coach someday.

Her track career, which started in Junior High, has been guided first by her elementary school principal and now by William Bradley, girls track coach at Robinson, a school of about 500 students. Along with her coaches, Suzie credits her success to the understanding of her parents, who are "always behind me" in good times or bad. With so many talents from which to choose, she has a great opportunity to have many "good times" and we look forward to the continued athletic development of Miss Suzanne Snider.



Four top 9-under sprinters in 220 at Phoenix, from left, CYNTHIA RHODES, 2nd; PATTY McFALL, the winner; MELBA NORRIS, 3rd; SUSAN PARKS, 4th/Simpson

## EAST POINT ALL-AROUND COMPETITION

A sextathlon sponsored by the East Point, Georgia Recreation Dept. and East Point Youth Sports was deemed a real success as 200 youngsters, ranging in ages from 6 to 13 competed in a variety of track & field events.

The Jimmy Bonner Trophy was awarded to the boy who scored the most points in his age group. The events varied, depending on the age of the competitors. The trophy recipients this year were: Gary Bryant and Frankie Miller (age 7), Terry Thorn (8), Michael Chance (9), Brian Gamel (10), Mike Moss (11) and Scott Strickland (12).

Scott had the top individual marks in the 220 (30.0), 440 (66.0), long jump ( $14-5\frac{3}{4}$ ) & high jump (4-6). Mike Moss had the top marks for his age in the 75 (9.9), 440 (68.8), long jump ( $13-3\frac{1}{2}$ ) and Shot Put ( $27-11\frac{3}{4}$ ).



East Point youths in action

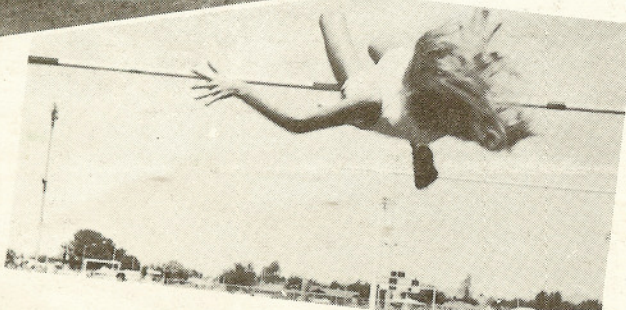
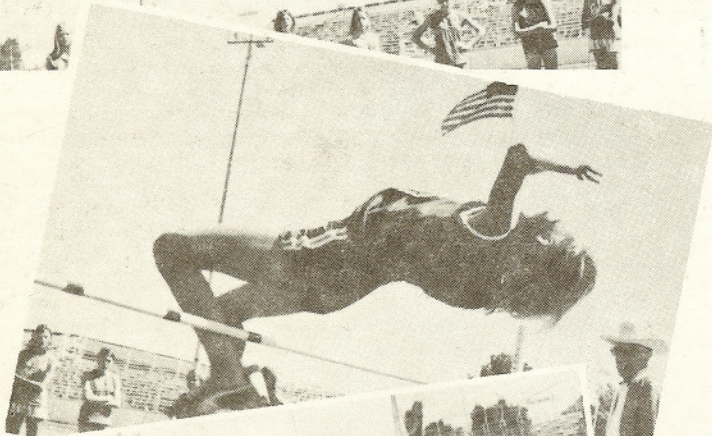
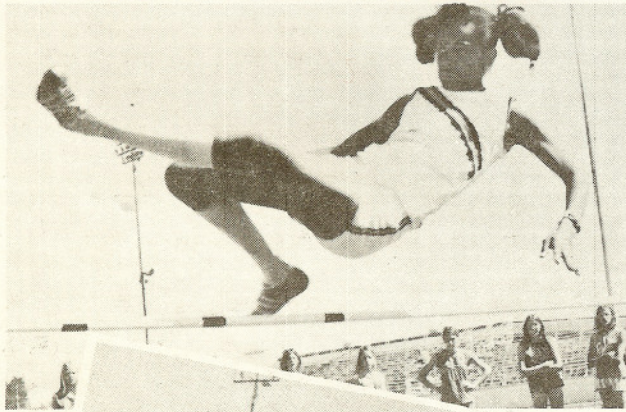
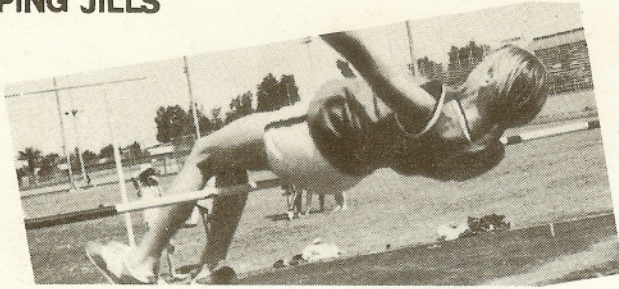


# CLOSE-UP

## Athletes in Action

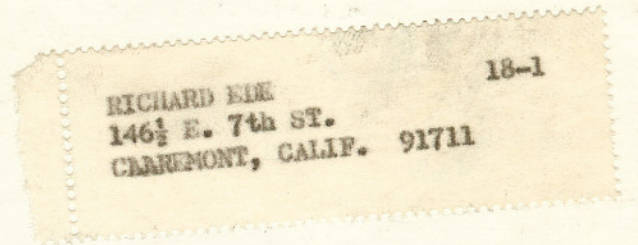
as viewed by the roving lens of Brown and others

### JUMPING JILLS

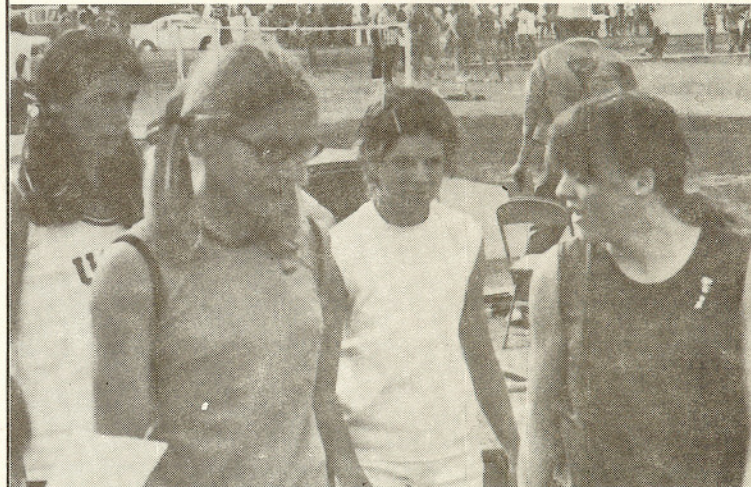


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Wendy Koenig and Doris Brown



The top half-mile time in the U.S. this year was turned in by Wendy Koenig, 16, who ran away from Doris Brown in the last 300 yards at Phoenix in 2:06.1. Wendy pulls away (top) and gets congratulations after win. Photos by Calvin Brown.