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STARTING LINETM

TRACK & FIELD FOR YOUNG ATHLETES

MARCH-APRIL 1977 VOL. 7 NO. 47

P.O. BOX 878, RESEDA, CALIFORNIA 91335



**BOYS AGE-GROUP
QUALIFYING
STANDARDS**

**GIRLS
HIGH SCHOOL
TRACK**

FORUM

THE BEE POLLEN DEBATE

TO BEE OR NOT TO BEE...

This article was reprinted from the Sports Medicine section of AAU/NEWS. It deals with the controversy surrounding the new "miracle food" Bee Pollen.

We feel that our readers might be interested by this subject.

Two weeks after a sports medicine symposium in Philadelphia had heard the positive side of bee pollen as a wonder energy, the *New York Times News Service* took a close look at why a portion of this collective effort was winding up in the stomachs of athletes.

"There is a concentrated effort by hard working promoters," wrote the Times' Paul Montgomery, "to make the bee pollen - the little pellets of flower pollen collected by worker bees for food - the wonder energy supplement and cure-all of the 1970's. Athletes as diverse as Olympic Distance runners and professional basketball players are popping tablets of pollen at the rate of five or 10 a day."

Despite the fact that the scientific community's consensus seems to be that bee pollen is just another of the harmless but ineffective fads common to athletes and natural food advocates, there is a growing list of sports personalities more than willing to testify as to the substance's energizing qualities.

Among these is sprinter Steve Riddick, one of the panelists for the symposium in the city of Brotherly Love. After winning the 60-yard dash in the Millrose Games at New York's Madison Square Garden, Riddick, wearing a "Bee Power" T-shirt, attributed his success on the 1977 indoor track and field circuit to his use of the pollen. With 14 wins in 15 races, Riddick's testimony could not be termed in-expert.

Such expertise notwithstanding, the only test in the U.S. for which the results have been published, and for which the methods used were scientifically acceptable, reported no difference in either performance or metabolism between athletes who took bee pollen and those given some inert medication (placebo)

The two-year study (1975-76) was funded by the National Association of Athletic Trainers at Louisiana State University; the first year it involved 30 members of the LSU swimming team - the second, 30 swimmers and 30 members of a high school cross country team.

For purposes of the six-week experiments, the teams were divided in thirds - one got 10 pollen tablets daily, the second got 10 placebos daily, and the third received five of each. In scientific terms, the test was "double blind" since neither the researchers nor the athletes knew until the testing was concluded who was getting what.

According to the report, LSU's Dr. John Wells, one of the researchers, said the studies had shown that bee pollen was "absolutely not a significant aid in metabolism, workout training or performance.

"We set out to find if bee pollen was a fad or a benefit," Wells said. "We found it was just another fad. It can't do any harm, but we could see no benefit." The researcher also pointed out that since a significant part of athletic achievement is based on mental attitude, it followed that one felt he was stronger because of using something like the substance might actually perform better.

Just what does bee pollen contain? According to one study, the breakdown includes 35 percent protein, 40 percent carbohydrates, three percent minerals, and traces of most vitamins; with respect to the protein, it has more in equivalent weight than such traditional sources as meat of cheese - but, add the experts, it would not be pleasing to the taste buds were they to come in contact with sufficient pollen to make a meal.

The use of the substance is far from new. According to Dr. Roger Morse, a Cornell University professor of agriculture (his specialty is beekeeping), "people have been eating bee pollen for hundreds of years. It's a good, rich source of protein - but the idea it's some sort of elixir is humbug."

The Dickens-ism, however, will undoubtedly not change Riddick's view that "Bee Power" is the key to his present dominance of the American sprint scene - and similarly unconvinced will be John Williams, the pro basketball Indiana Pacer's high-scoring guard, who says 10 of the pollen tablets daily give him a burst of energy on the court he didn't know he had.

Moreover, the widespread use of the bee pollen by European athletes dates back some six years; among the early advocates was the Finnish Olympic team, including two-time Montreal Gold medalist Lasse Viren; another proponent is Tom McNab, coach of the British national team. An interesting sidelight is that the Finns favor a Swedish tablet prepared from a mechanically-harvested substance that bypasses nature's pollen-collector altogether.

Humbug or wonder energy? Or, as one wag observed: to bee or not to bee?

6th Edition

1977

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STARTING LINE

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by
MAX ZUCKER

Advertising & Promotion **MAGGIE PENTURFF**
Graphics **JOHN ROBB**

STARTING LINE depends on contributions of results, news, opinions and photos from all of our readers (athletes, coaches, officials, parents, and general followers of junior and age group track and field).

It is more likely that your contributions will appear in the pages of STARTING LINE if you adhere to the following guidelines when submitting material:

Results

Include first and last name of at least the first three competitors in each event, along with hometown or team affiliation, time or distance of each competitor listed, type of track (dirt or all-weather), wind conditions (the more specific the better), height of hurdles, weight of implements (shot, discus, etc.). Also include heat or qualifying round marks (if better than final mark) and birthdates on top athletes would be helpful for best performance lists.

News

General interest items (in contrast to news merely of your team or of one individual) are more useful. We want material on both **boys and girls** (such as schedules of upcoming events, new teams or programs, background info on area, athletes, etc.), especially from areas which haven't gotten much space before.

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On the Cover PHOTO CREDIT

(Photo at left) THOM HUNT of San Diego and Arizona State freshman is seen jumping his way to a great victory at the world Junior Cross Country championships in Dusseldorf, West Germany (results on page 4). Photo/HORST MUELLER/LEICHTATHLETIK

(Photo at right) Correspondant Stanley Lott of Indianola, Mississippi, sent us this excellent shot of up-and-coming JANICE DAVIS, one of his many outstanding members of his team. Janice was the winner of the half-mile (midget division) at the Flashette Indoor Invitational in the good time of 2:32.9.

From the Publisher

As must be obvious by now, we are having a hard time catching up. Our readers have been very patient with us and we appreciate this. We'll eventually get straightened out.

Concerning the Annuals - the Girls Handbook is out and has been mailed out. The book will also be available at many meets throughout the country.

The Boys Annual is also finished at long last, and should be in your hands by the time you get this magazine. The Directory will follow right behind.

If you are a meet director and have a meet coming up, we can make both Annuals available to you at substantial discounts. It could be an excellent source of revenue for your club or organization and provide a service to the participating athletes. Just write us a note and we'll respond immediately.

We would like to take this opportunity to welcome aboard Richard Ede, who will be handling the Girls High School track scene. Rich had been Girls HS editor at Women's Track & Field World and is really up on the subject. If you are involved with High School Girls competition, communicate with Rich, in care of this magazine, and help him develop what should be an excellent and much needed section.

Photography is a very popular habit and we are sure that many of you take great pictures that just end up in the drawers of your desk. Why not send them to us and see them published in the pages of this magazine. We'll give you full credit and you might even make the cover! If you are a professional photographer and will be going to a national meet, write to us and we'll discuss terms.

Big Bloop: In our last issue, we goofed on one of the pictures on the cover. Instead of putting in the photo of Chandra Cheeseborough (Junior Woman of the year) we had a shot of Brenda Moorehead. Tennessee State Coach Edward Temple, who coaches both girls, pointed out the error to us and we would like to apologize to Chandra. One consolation - the information about Chandra on page 3 of that issue was correct.

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** OUTSTANDING MEETS selected from the calendar section on page 14 of this issue: ATLANTA (GA) INVITATIONAL on June 24-25, MARDI GRAS INVITATIONAL (Metairie, LA) on June 25, PATTONVILLE INVITATIONAL (Bridgeton, MO) on June 25, ALIEF (Texas) TC SUMMER RELAYS on July 2-3, AUSTINTOWN (Ohio) CLASSIC on July 9-10 and the STERLING (Illinois) INVITATIONAL on July 23.

* Also add to the calendar of events: CHENEY INVITATIONAL, July 16 at Cheney, Washington. For Boys and Girls of all age groups (from 6-under & up). For information, contact: Ruth Van Kuren, 418 Cocolalla, Cheney, WA 99004.

LAWRENCE TRACK & FIELD CHAMPIONSHIPS, July 9, 1977, at the University of Kansas, Lawrence, Kansas. For Age Group Boys and Girls. Contact: ED MEYEN, RR2, Box 174, Lawrence, KS66044

** IMPORTANT MESSAGE REGARDING 1976 BOYS NATIONAL and CAL STATE PATCHES

For the many boys who attended those two meets last year, and were disappointed of not having received their respective patches, there is good news.

As a service to the boys who went to the Boys Nationals and California State meets and came home without the satisfaction of this much desired item, special designed patches symbolizing these two meets have been made and are now available. The patches are for sale to attending athletes of either meets for \$2.00 plus 25¢ for shipping & handling.

Order from: JOHN GASH, 971 Estes Drive, Santa Rosa, CA 95405.

The Running RITCHIES

If you drive through still meadow Estates in the eastern section of Tallmadge on any given day, chances are that you will see someone running alongside of the road in a track warm-up suit. The runner will be, nine times out of ten, a member of the Robert Ritchie family.

The "running Ritchies" as they have come to be known, have established themselves as leaders in state-wide as well as local competition.

Twelve of the 16 Ritchie children run regularly. Even though the Ritchie children often run individually at various events around Ohio and Pennsylvania and do well in them, their talents are nowhere more appreciated than at Tallmadge High School - for obvious reasons.



In this photo the members of the Ritchie family are: (from left to right/bottom row)

KELLY - Age 7, 2nd grader at Munroe, Tallmadge, best mile time at 7:43; broke 1-mile Eastern Jr. Champs course and meet record at Schenley Park in Pittsburgh, PA.

ROBERTA - Age 16, Soph at Tallmadge HS, was voted MVP in Freshman year; best mile 5:45; 880 at 2:34.

KATHLEEN - Age 8, 3rd grader at Munroe, Best mile time of 7:14.

SHARON - Age 6, 1st grader at Munroe, best mile time of 7:19, broke Eastern Jr. Champ 1-mile course and meet record.

(Center Row)

SHANNAN - Age 10, 4th grader at Munroe; best mile of 5:34 at Boys Nationals, placing 4th in the 9-Under group; running in the 10-11 at the X-Country Nationals, he placed 15th.

ERIN - Age 14, freshman at Tallmadge Central JHS, undefeated in 8th grade half-mile (2:35); was voted MVP, best mile time of 5:58 and 12:50 for 2-miles.

NOREEN - Age 11, 6th grade at Overdale, best mile time of 6:26, winner of cross country race at Goodyear Park (Akron).

SHAWN - Age 15, Freshman at Tallmadge Central Jr HS; placed 3rd at X-Country Nationals at Raleigh, set a new school record of 7:48 for 1½ mile; he is undefeated in 8th grade track and cross country, has a best of 3:40 for 1320 yards.

(Top Row)

ROSEMARIE - Age 18, senior at Tallmadge HS; in sophomore year went to state meet placing 10th; was voted MVP in junior year and went to district, placing 10th in the mile. Best of 5:35.

NATHAN - Age 21, sophomore at Akron University; twice MVP, holds University 5-mile course record; while at Tallmadge HS was 3rd in State X-Country, held school record in mile and 2-mile with 4:27 and 9:12 respectively.

PATRICK - Age 22, MVP in X-Country at University of Akron, captain in X-Country and Track in senior year in College and High School; qualified for NCAA Champs, placing 17th (Div. II)

COLLEEN - Age 12, 7th grader at Tallmadge Central JHS, winner of Clover Leaf Invitational with her best of 6:02 in the mile.

GIRLS

HIGH SCHOOL TRACK By RICH EDE

With this issue, Starting Line opens up a new column in age group track and field, girls high school track. Until relatively recently, girls track and field on the high school level was, at best, an afterthought in most areas of the country. States like Iowa, Texas and Oregon were in the forefront of developing girls programs along with their boys competition.

Within the past three years, the numbers of girls participating in track throughout the United States and the numbers of schools offering programs has increased dramatically. Caused in part by Title IX, and in part by a genuine realization on the part of educators that the female half of the population deserved competitive outlets, the growth in both quantity and quality of girls track has been nothing short of phenomenal.

In this regular column, we will try to keep you abreast of what's happening in girls T&F across the country. We will be counting on your input to keep us current with various regions and we will try to highlight what is going on throughout the country. To this end, we will publish two kinds of data: first, representative results from all states (regardless of quality) and, second, national lists.

For the national list date, we have established some minimum reporting standards:

100y-10.9	100m/110yH-14.8	4x110R-49.0
220y-25.0	80yH-11.3	88OMR-1:50
440y-57.0	LJ-18*6"	4x220R-1:45
880y-2:16.0	HJ-5'6½"	4x440R-4:03
Mile-5:10	SP-45"0"	DistMedR-13:30
2Mile-11:30	DT-125*	JT-125

If you have any results which meet either of the above criteria: results of major meets or results which meet the reporting standards, please send them our way.

I think it is interesting to look at a phenomenon which is brought clearly into focus by the reporting standards listed above. When I first started writing a high school column for *Women's Track & Field World* three years ago, we could afford to publish marks far worse than those listed above. As recently as 1975, 4'10" high jumps were good high school marks. A sub-12 second 100 yards would win many major invitations, and we weren't exactly swamped by miles under six minutes. Two years later, I find myself fearful that the marks listed as standards above will be too lax. Such is the state of our sport.

KALEIDOSCOPE

It looks like Texas has added the mile to its regular events, as the Texans' thoughts are permanently turned to more distance...California is running the 110 yard hurdles, but using the standard international spacing (13m/8.5m) rather than the National Federation spacing (13m/8m)...We need to get the hurdle mess straightened out. Anyone sending results, please include the hurdle spacing for your state...California's outside competition rule may get a court test soon. Now that so many AAU-trained athletes are in the program and CIF doesn't seem willing to let them compete (despite its own rules)...LYNN JENNINGS (Bromfield, HS, Mass) clocked a 2:11.9 in 800 earlier this year. Our position is that the mark is legit, but we will only accept as marks for the high school lists those achieved while representing the high school. It may be more confusing, but probably more accurate in placing credit.

United State Women's Track Coaches Association conducted a survey of coaches last fall regarding high school events. Large majority of coaches opted for 100 meter hurdles, international spacing. There was also considerable support for javelin and 400 meter hurdles, and enough support for the pentathlon to add it "at least as a special state championship event following the regular track season." Membership in the USWTCOA may be obtained by writing to Lyle Knudson, 3511 Colorado Ave., Loveland, Colo. 80537.

SEND HIGH SCHOOL RESULTS TO: Starting Line H.S. Editor, Rich Ede, 627 N. Indian Hill Blvd., Claremont, CA 91711

1976 STATE MEET SUMMARY

STATE	100	220	440	880	Mile	2Mile	80yH	110yH	440R	880R	880Med	Miler	HJ	LJ	SP	DT	JT
Ariz	11.2	25.8	58.4	2:18.9	4:59.0	xxxxx	10.5	xxxxx	49.3	xxxxx	1:52.0	xxxxx	5-5	18-0 $\frac{3}{4}$	42-2	122-3	xxxx
Calif	11.0	24.8	55.2	2:13.3	4:56.8	xxxxx	10.7	xxxxx	49.3	xxxxx	xxxxx	3:55.9	5-10	20-0 $\frac{3}{4}$	42-9 $\frac{3}{4}$	134-5	xxxx
Colo	10.9	24.3	58.5	2:20.0	5:03.8	xxxxx	10.7	14.6	50.2	1:44.7	1:49.1	4:05.6	5-4	18-6 $\frac{1}{2}$	45-6 $\frac{1}{2}$	134-3	xxxx
Conn	11.3	24.3	57.6	2:20.9	5:09.7	11:03.4	10.3	xxxxx	49.7	xxxxx	1:49.2	4:01.3	5-5	17-11 $\frac{1}{2}$	40-9 $\frac{3}{4}$	117-6	127-11
Fla	11.0	24.2	58.1	2:17.9	5:03.4	xxxxx	xxxx	14.2	49.1	1:42.2	1:46.0	4:00.0	5-2	19-7 $\frac{3}{4}$	42-10 $\frac{3}{4}$	xxxxxx	xxxx
Haw	11.4	25.3	58.3	2:20.7	5:06.5	xxxxx	xxxx	15.0	50.4	1:46.3	xxxxx	4:08.8	5-4	17-7 $\frac{3}{4}$	42-0 $\frac{3}{4}$	123-1	xxxx
Ill	11.0	23.5	56.1	2:15.1	5:05.1	10:54.6	10.3	13.9	48.3	1:39.7	1:49.5	3:59.4	5-9	18-10 $\frac{1}{2}$	43-11 $\frac{1}{2}$	132-6	xxxx
Iowa	11.2	24.8	56.4	2:19.1	5:03.3	xxxxx	xxxx	14.4m	49.2	1:43.4	1:50.2	4:01.3	5-6	17-10 $\frac{3}{4}$	43-11 $\frac{1}{2}$ k	122-0	xxxx
Kans	10.7	25.2	57.8	2:16.1	5:13.2	xxxxx	xxxx	14.5	50.4	1:44.1	xxxxx	4:05.1		18-3 $\frac{3}{4}$	45-2 $\frac{3}{4}$	xxxxxx	xxxx
Md	10.8	25.4	58.1	2:21.1	5:09.7	xxxxx	10.4	xxxxx	49.0	1:45.4	1:49.3	4:01.8	5-5	18-0 $\frac{3}{4}$	40-9	119-2	xxxx
Mass	10.8	25.3	56.0	2:14.2	4:59.2	11:10.8	10.8	xxxxx	49.4	xxxxx	1:49.1	xxxxx	5-4	17-8 $\frac{1}{2}$	42-5	125-7	126-1
Mich	11.0	24.5	56.7	2:14.9	5:06.4	xxxxx	xxxx	14.5	49.4	1:42.3	xxxxx	3:57.8	5-6	18-1 $\frac{1}{2}$	45-0 $\frac{1}{2}$	108-0	xxxx
Minn	11.2	25.3	56.4	2:14.5	5:01.8	11:24.8	xxxx	14.6	49.4	1:43.3	xxxxx	4:00.0	5-7	17-7 $\frac{3}{4}$	45-1	130-10	xxxx
Mo	10.9	25.8	59.3	2:21.5	5:16.6	xxxxx	xxxx	xxxxx	49.5	1:44.4	xxxxx	xxxxx	5-4	19-0 $\frac{3}{4}$	44-9 $\frac{1}{2}$	124-6	xxxx
Mont	11.2	24.8	56.8	2:18.2	5:06.2	xxxxx	10.9	14.4	48.5	xxxxx	1:50.7	xxxxx	5-3	18-4 $\frac{3}{4}$	42-8	131-8	137-2
Neb	10.8	24.6	59.2	2:20.0	5:15.1	xxxxx	10.4	xxxxx	49.2	1:47.0	xxxxx	4:04.8	5-6	19-5	45-11	144-0	xxxx
NH	11.6	26.6	60.6	2:18.0	5:15.2	xxxxx	10.9	xxxxx	51.1	xxxxx	1:54.8	xxxxx	5-3	18-0 $\frac{3}{4}$	37-10	109-9	121-7
NJ	11.1	24.9	57.1	2:17.1	5:14.6	11:15.6	xxxx	14.4	49.3	xxxxx	xxxxx	4:00.4	5-6	17-3 $\frac{1}{2}$	44-0 $\frac{3}{4}$	136-4	142-0
NM	11.0	25.2	57.1	2:17.7	5:15.6	xxxxx	10.6	xxxxx	49.9	1:46.1	1:51.2	4:00.0	5-8	17-1 $\frac{1}{2}$	42-6 $\frac{1}{2}$	124-7	xxxx
NY	10.9	24.8	56.5	2:14.4	4:57.4	11:03.4	xxxx	14.9m*	49.7	1:45.6	xxxxx	4:01.1	5-6	18-1 $\frac{1}{2}$	40-10 $\frac{3}{4}$	120-2	xxxx
NC	11.1	24.4	56.2	2:12.4	4:50.8	xxxxx	xxxx	15.0	50.3	1:43.4	xxxxx	4:02.9	5-7	21-7	41-7	123-10	xxxx
ND	11.8	26.9	59.9	2:19.2	5:06.9	xxxxx	xxxx	15.1	51.9	1:47.0	1:52.9	4:03.9	5-3	17-10	41-6 $\frac{3}{4}$	122-1	xxxx
Okla	11.0	25.9	58.6	2:23.9	5:34.8	xxxxx	xxxx	xxxxx	49.5	1:47.4	xxxxx	4:08.4	5-2	20-7	43-11	114-3	xxxx
Ore	11.4	25.8	56.1	2:13.4	4:50.5	xxxxx	xxxx	14.9	49.4	xxxxx	1:47.7	xxxxx	5-7	18-2	43-7	138-5	143-2
Penn	10.8	24.5	57.2	2:19.1	4:55.9	xxxxx	10.3	xxxxx	49.9	1:41.6	1:48.9	xxxxx	5-7	18-9	41-8 $\frac{1}{2}$	135-3	131-10
Phila	11.0	25.4	56.8	2:19.5	5:20.2	xxxxx	11.1	xxxxx	49.3	1:46.8	1:51.6	4:17.3	5-0	17-4 $\frac{3}{4}$	34-1 $\frac{3}{4}$	xxxxxx	xxxx
SD	11.4	25.7	59.1	2:22.3	5:17.8	xxxxx	xxxx	15.1	48.6	1:48.3	xxxxx	4:10.7	5-5	17-6	39-5	118-2	xxxx
Tenn	10.8	24.7	56.7	2:19.6	5:04.7	xxxxx	10.2	xxxxx	48.4	1:43.0	xxxxx	4:06.0	5-4	18-6 $\frac{1}{2}$	41-6	116-5	xxxx
Tex	10.4	23.7	56.4	2:17.0	xxxxx	xxxxx	10.4	xxxxx	46.8	1:40.5	xxxxx	3:53.6	5-5	18-10 $\frac{1}{2}$	46-1 $\frac{1}{2}$	132-8	xxxx
Va	10.6	24.0	55.7	2:23.8	5:16.1	xxxxx	10.4	xxxxx	48.9	1:44.0	1:51.3	4:06.1	6-0	18-6	42-5k	128-5	xxxx
Wash	11.0	24.3	56.7	2:15.7	5:02.4	xxxxx	10.5	xxxxx	48.9	1:43.9	xxxxx	4:03.0	5-7	19-0	41-8 $\frac{3}{4}$	140-7	143-11
Wisc	11.3	25.5	57.0	2:16.4	5:03.6	xxxxx	xxxx	14.5	49.5	1:44.2	xxxxx	4:01.3	5-5	18-2 $\frac{3}{4}$	43-3	136-3	xxxx
BC	12.6m	25.7m	57.5m	2:13.3m	4:43.4m	9:52.6m	xxxxx	14.4m*	49.6m	xxxxx	xxxxx	3:54.2m	5-6 $\frac{1}{2}$	18-5 $\frac{1}{2}$	39-5k	137-2	154-7
Ont.	11.9m	24.6m	55.7m	2:10.5m	4:29.1m	10:05.8m	11.9m	15.2m*	48.7m	xxxxx	xxxxx	4:01.2m	5-9 $\frac{1}{2}$	19-3	45-10 $\frac{3}{4}$ k	129-11	142-9

WORLD JUNIOR WOMEN'S LIST

The tables which follow show how U.S. Junior Women stand in comparison to other Juniors around the world. The 1976 World Junior List reveals plainly that the future remains bright for the U.S. women in the sprints and middle distances, is improving in the hurdles, but very weak in the field events.

Not a single American ranks in the top 25 in the world in the long jump (despite an abundance of speed as witnessed by U.S. dominance in the 100). The same may be said in the shot, though several Yanks rank near the top 25 in this event.

Only New Jersey's HELENE CONNELL, who returns for another year in the international junior ranks, and CATHY SULINSKI qualify as world class juniors in the weights.

Others listed beside Connell, who return for another international junior year in 1977 (born '59 and later) include sprinters CHANDRA CHEESEBOROUGH, BRENDA WINSTON, KATHEY CRAWFORD, BRENDA CALHOUN, ROBIN CAMPBELL, JENNIE GORHAM, CHRIS MULLEN, MARQUITA BELK and KIM THOMAS.

Distance runners JOHANNA FORMAN, JULIE SHEA, PAULA ROSE, MARGARET GROOS and ALLEEN O'CONNOR, plus hurdlers SONYA HARDY, RHONDA BRADY, LORI DINELLO, TERESA WIERSON, ALISON REED, PENNY FALES, LOIS DAVIS and TWEET FAUCETT will also have a chance to represent their country in the 1977 junior lists

...many will compete in the USA vs. USSR Junior Dual Meet, recently announced for Richmond, Virginia on July 2 & 3 this year.

100 meter Dash	Kulchanova, USSR	23.08	
CHEESEBOROUGH, USA	11.13	Koppetsch, GDR	23.09
Oelsner, GDR	11.17	CHEESEBOROUGH, USA	23.17
Schneider, GDR	11.22	Schneider, GDR	23.18
Wells, Australia	11.1	von Rensburg, So Afr	23.0
Koppetsch, GDR	11.44	Oelsner, GDR	23.26
Dalchow, GDR	11.51	Pusey, Jamaica	23.31
WINSTON, USA	11.60	Dalchow, GDR	23.1
CRAWFORD, USA	11.61	Brehmer, GDR	23.2
Kroening, GDR	11.63	Schinzel, Austria	23.2
Howe, Canada	11.4	Kondratyeva, USSR	23.44
Rietschel, GDR	11.64	Steger, GFR	23.44
Barnett, Gr Britain	11.64	Kroening, GDR	23.55
Kulchanova, USSR	11.4	Rietschel, GDR	23.60
CALHOUN, USA	11.65	Probert, Gr Britain	23.65
WATERS, USA	11.65	Jones, Bermuda	23.45
LOUD, USA	11.68	Barnett, Gr Britain	23.4
Kondratyeva, USSR	11.72	WINSTON, USA	23.80
Steger, GFR	11.73		
HOPKINS, USA	11.74		
Hareter, Austria	11.5		
Hanneman, GDR	11.5		
Louw, South Africa	11.5		

400 meter Dash	Brehmer, GDR	49.77
Sinzel, GDR	50.92	
Kulchanova, USSR	51.80	
Steger, GFR	52.65	
Schinzel, Austria	53.0	
Berg, Belgium	53.14	
Jones, Bermuda	53.30	
Bussmann, GFR	53.31	

CAMPBELL, USA	53.38
GOLDEN, USA	53.81
GORHAM, USA	54.1y
MULLEN, USA	53.99
N'Dri, Ivory Coast	54.13
Dimitrova, Bulgaria	54.18
BELK, USA	54.5y
THOMAS, USA	54.31
HAYNES, USA	54.34
Rauhut, GFR	54.35
Kruger, So Africa	54.3
Campbell, Canada	54.3

Amarar, Uganda	2:06.0
Kovalchuk, USSR	2:06.61
Podjavlovskaya, USSR	06.03
Simonsson, Sweden	2:06.0

1500 meter Run	Mason, Gr Britain	4:17.99
Kovalchuk, USSR	4:19.1	
Thijs, Belgium	4:19.2	
Lawrence, Gr Brit	4:19.30	
Rasmussen, Denmark	4:19.3	
Guskova, USSR	4:19.7	
Williams, Gr Br	4:19.74	
Iacob, Rumania	4:20.2	
Ullrich, GDR	4:20.7	
Kuhse, GDR	4:21.3	
Agletdinova, USSR	4:21.5	
Stange, Norway	4:21.5	
Kleffel, GDR	4:21.7	
Hjalmarsson, Sweden	4:22.4	
Joyce, Gr Britain	4:22.6	
Luedtke, GDR	4:23.1	
Steiert, GFR	4:23.1	
Scott, Canada	4:23.1	
Friedman, GFR	4:23.5	
Fyrr, Poland	4:23.8	

(top ranking US junior)	22-CAMPBELL, USA	4:23.98
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3000 meter Run	Tomasini, Italy	9:19.4
Rasmussen, Denmark	9:23.4	
Kuhse, GDR	9:27.8	
Joenna, Sweden	9:32.20	
O'CONNOR, USA	9:34.0	
Stange, Norway	9:34.8	
Nemetz, Sweden	9:37.0	
Hofmann, GFR	9:38.6	
Brace, Gr Britan	9:38.8	
Kleffel, GDR	9:39.0	
CRAMOND, USA	9:39.8	
Madigan, Gr Brit	9:40.6	
Kropivnickaya, USSR	4:41.0	
Scott, Canada	9:41.8	
Manz, GFR	9:43.0	
Toivonen, Finland	9:43.2	
Clarke, Gr Britain	9:43.4	
Iacob, Rumania	9:44.8	
Nordgren, Sweden	9:45.4	
Pielon, Gr Britain	9:46.0	
Loddo, Italy	9:46.0	

100 meter Hurdles (30")	HARDY, USA	13.50
Szulc, Poland	13.52	
BRADY, USA	13.53	
McLeod, Canada	13.68	
Kemencheshi, USSR	13.5	
Bara, Hungary	13.5	
WECHSLER, USA	13.5	
DINELLO, USA	13.80	
Beyer, GDR	13.6	
Stoica, Rumania	13.6	
Schenten, GFR	13.88	
Stock, GDR	13.89	
Lamachova, Czech'ia	13.89	
Zubova, USSR	13.7	
Schleicher, GFR	13.7	
Reichardt, GFR	13.96	
Decher, GFR	14.02	
Schneider, GDR	14.03	
Zagorcheva, USSR	14.04	
Barta, Hungary	14.04	

400 meter Hurdles (30")	Michel, Belgium	59.1
WIERSON, USA	59.27	
VEGA, USA	59.65	
Szajak, Poland	59.72	

Saunders, Australia	60.5
REED, USA	61.43
DAVIS, USA	61.3
FAUCETT, USA	61.3
FALES, USA	61.47
Macaulay, Gr Britain	61.5
Smit, South Africa	61.7
Bjelland, Norway	61.8
Stewart, Australia	61.9
Hemstad, Norway	61.9
Fredriksen, Norway	61.9
Sandu, Romania	62.0
Kelly, Canada	62.1
Wachter, Canada	62.3
Nelson, Canada	62.3
OBEY, USA	62.52

High Jump	Holzappel, GFR	6- 3 1/2
GIRVEN, USA	6- 1 1/2	
Tannander, Sweden	6- 1 1/2	
White, Canada	6- 1 1/2	
Nitzsche, GDR	6- 1 1/2	
Bulfoni, Italy	6- 1 1/2	
Serk, GFR	6- 0 1/2	
Berg, GDR	6- 0 1/2	
Planitzer, GDR	6- 0 1/2	
Erb, Switzerland	6- 0 1/2	
Amison, Australia	6- 0	
Hahr, GFR	6- 0	
Louis, GFR	6- 0	
Dabrowska, Poland	6- 0	
Reichstein, GDR	6- 0	
de Kock, So Africa	5-11 1/2	
RITTER, USA	5-11 1/2	
Fochmann, GFR	5-11 1/2	
Wiecek, Poland	5-11 1/2	
Wiese, GDR	5-11 1/2	
Surovceva, USSR	5-11 1/2	
Prenveille, France	5-11 1/2	
Gilson, Gr Britain	5-11 1/2	
Ilie, Rumania	5-11 1/2	

Long Jump	Panaït, Rumania	21- 4 1/2
Apollonova, USSR	20-11 1/2	
Grimm, GDR	20-10 1/2	
Klimaszewska, Pol	20-10	
Goetzelt, GDR	20-10	
Akatova, USSR	20- 9 1/2	
Goehler, GDR	20- 7 1/2	
Oker, GFR	20- 7	
Pechetovskaya, USSR	20-7	
Trasova, USSR	20- 7	
Sussiek, GFR	20- 6 1/2	
Beiersdorf, GFR	20- 6 1/2	
Zhuchkova, USSR	20- 6 1/2	
Lamballe, France	20- 6	
Rasmussen, Denmark	20- 6	
Szklarek, Poland	20- 5	
Langwinska, Poland	20- 4	
Everts, GFR	20- 4	
Borowiecka, Poland	20- 4	
Holzappel, GFR	20- 3	

(top US junior woman)	ELMORE, USA	20- 0 1/2
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Shot Put (4 kilogram)	Kracik, GDR	57- 2 1/2
Dimitrova, Bulgaria	56-3 1/2	
Schmelyova, USSR	56- 3 1/2	
Muchamedzhij, USSR	56- 2 1/2	
Devikaya, USSR	56- 0 1/2	
Schulze, GDR	54- 0 1/2	
Hess, GDR	53- 8	
Oakes, Gr Britain	52- 3 1/2	
Saludi, Bulgaria	52- 0 1/2	
Michel, GDR	51-10 1/2	
Scherbanos, USSR	49-10 1/2	
Beyer, GDR	49- 5 1/2	

Pentathlon (100m H/33", SP/4kg, HJ, LJ, 200m)	Nitzsche, GDR	4337
Goehler, GDR	4299	
Holzappel, GFR	4281	
Schmidt, GFR	4277	
Schenten, GFR	4221	
Zhilo, USSR	4197	
Aldreggetti, Italy	4194	
Danninger, Austria	4160	
Kondratyeva, USSR	4150	
Tannander, Sweden	4149	
Kuener, GFR	4137	
Saunina, USSR	4125	
Matveyeva, USSR	4115	
COLLINS, USA	4109	
Belous, USSR	4094	
Oja, USSR	4085	
Benserud, Norway	4063	
Rasmussen, Denmark	4058	
Heimann, GDR	4054	
Michel, Belgium	4045	

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THE FINISH LINE

Regional News and Results

This section includes nationwide results. In order to have good coverage from your area, everyone is encouraged to submit results to STARTING LINE, P.O. Box 878, Reseda, CA 91335.

If possible, include the following information:

1. Date of meet and meet site (name of stadium & city),
2. Type of facility (all-weather, cinder, indoor, etc.)
3. Name of meet director and/or sponsoring group
4. First and last names of all timed or measured competitors, along with their marks (include heats and qualifying rounds)
5. Wind-assistance information (sprints, hurdles and long jump/triple jump)
6. Weight of implements (shot, discus, javelin, etc.)
7. Height of hurdles and distance of hurdle races
8. Hometown or team affiliation of listed athletes
9. Other pertinent or interesting information (number of competitors, weather, birthdate of outstanding competitors, etc.)

EASTERN STATES

AREA CONTRIBUTORS

BARBARA EICHELSBACHER
ED QUINLAN
KURT STEINER



NEW YORK RRCA X-COUNTRY SCENES

by ED QUINLAN

(top) Start of 8-9 years old race at Alley Pond Park; (center L) FRANK RAGO, one of the better 9 year-old in the east; (center R) good distance runner JOAN FENSTERMAKER, age 11; (bottom L) undefeated 7 year-old ALLISON ARUTA; (bottom R) KIM VAN HELDEN #31, leading 10-11 Girls race.



**ALLEGHENY MOUNTAIN AAU
INDOOR AGE GROUP MEETS**

SOUTH PARK, PA - Jan 8, Jan 15, Feb 19 (Bethel Invitational), Mar 13 (Allegheny Mountain Track Conference Championships), Mar 20 (Allegheny Mountain AAU Age Group Championships) & Apr 2 (Mt Lebanon Invitational)...(from Barbara Eichelsbacher)

/Schoonmaker Hall (165 yard banked, dirt track) Teams - 13 (A = Arrow, B = Bethel Park, C = Churchill, D = Dormont, G = Greensburg, J = Johnstown, L = Latrobe, ML = Mt Lebanon AA, McK = McKeesport, NI = New Image, P = Pacers, T = Thunderbolts, SH = Sacred Heart)

Best Individual Marks:

Boys born 1969-later

50 yard Dash	Pat Mangan, ML 7.9
David Easterling, B 8.0	
220 yard Dash	Warren Miller, ML 37.8
440 yard Dash	Warren Miller, ML 83.1
Jason Snuffer, L 84.7	
880 yard Run	Warren Miller, ML 2:57.8
One mile Run	Pat Mangan, ML 6:21.6
Long Jump	Pat Mangan, ML 9-9½
David Easterling, B 9-7¼	
Bantam Boys (b.1967-68)	
50 yard Dash	David Donnellan, B 7.0
Ed Cybak, A 7.2	
220 yard Dash	David Donnellan, B 32.2
440 yard Dash	Steve Haire, A 69.5
David Donnellan, B 70.0	

880 yard Run

Steve Haire, A 2:37.3	
Joe Newman, T 2:43.0	
David Donnellan, B 2:44.6	
Tom Miller, L 2:44.8	
One mile Run	Joe Newman, T 5:47.0
David Donnellan, B 5:49.0	
Dan Newman, T 5:54.4	
B.J. Daugherty, D 5:57.4	
J. Hudock, A 6:13.0	
Todd Callahan, B 6:18.0	
High Jump	Steve Marzina, B 3-11
Mike Slenska, J 3-8	
Andy Mays, ML 3-6	
Long Jump	Steve Haire, A 11-7
Joe Newman, T 10-8¼	
Shot Put (6 pound)	Scott Gob, B 26-1½

Midget Boys (b.1965-66)

50 yard Dash	Tom States, C 6.5
Doug Thompson, B 6.7	
220 yard Dash	Doug Thompson, B 30.9
440 yard Dash	Chris Russell, ML 70.3
Jack McMahon, ML 71.2	
880 yard Run	Jack McMahon, ML 2:31.5
Chris Russell, ML 2:31.7	
One mile Run	Tim Regan, ML 5:20.0
Chris Russell, ML 5:33.0	
Jack McMahon, ML 5:35.1	
Two Mile Run	Tim Regan, ML 11:48.0
Mark Miller, ML 12:53.0	
Mike Romano, T 12:50.0	
50 yard Low Hurdles	Doug Thompson, B 8.3
Tom States, C 8.4	
Curt Kochman, ML 9.0	
Shot Put (6 pound)	Bill Huff, C 27-11¼

Youth Boys (b.1963-64)

50 yard Dash	Tim Colligan, B 6.3
Eddie Dena, J 6.4	

220 yard Dash

Alan Thompson, B 28.0	
440 yard Dash	Roy Swintek, B 61.9
Rick Haire, A 62.4	
880 yard Run	Roy Swintek, B 2:14.7
Rick Haire, A 2:18.8	
Alan Thompson, B 2:22.0	

One mile Run

Harry Shaffer, J 5:02.5	
Roy Swintek, B 5:03.0	
Mark Yonish, B 5:09.5	
Two mile Run	Mark Yonish, B 11:08.0
Rick Haire, A 11:29.0	
Dave Martinelli 11:35.7	

50 yard Low Hurdles

Eddie Dena, J 7.5	
Jim Mangan, ML 8.0	
High Jump	Lopresti, J 5-0
Jeff Marzina, B 4-10	
Mark Yonish, B 4-10	
Long Jump	Eddie Dena, J 15-7¼

Shot Put (8 pound)

Dave Shaffer, J 37-9½	
Alan Thompson, B 31-9½	
Jeff Peshak, A 31-7¼	

Girls born 1969-later

50 yard Dash	Fam Eichelsbacher, B 8.5
Kuehn, D 8.5	
Nicole Herb, C 8.5	
220 yard Dash	Kuehn, D 40.9
One mile Run	Nicole Herb, C 6:33.9
Erica Herb, C (6) 6:53.0	
One mile Walk	Brooke Smokelin, T 11:42.0

Bantam Girls (b.1967-68)

50 yard Dash	Coleen Rosensteel, G 7.5
Marcia Frengel, B 7.5	
220 yard Dash	Marcia Frengel, B 35.5
Jennifer Polino, ML 36.5	

440 yard Dash

Kim McCune, G 79.8	
Marcia Frengel, B 81.6	
Kim McKay, B 82.7	
880 yard Run	Hannah Russell, ML 2:52.0
Kim McCune, G 2:59.0	

One mile Run

Hannah Russell, ML 5:53.5	
Kim McCune, G 6:19.0	
Rachel Klein, ML 6:23.6	
Karen McMahon, ML 6:30.4	

High Jump

Coleen Rosensteel, G 3-6	
Shot Put (6 pound)	Coleen Rosensteel 21-10
Kelly Rozich, J 19-5	
Marcia Frengel, B 17-0	

Midget Girls (b.1965-66)

50 yard Dash	Amy Johnston, B 6.9
Diane Kovalik, G 7.1	
Debbie Dey, B 7.1	
Danielle Kost, C 7.1	
Jenny Zalokar, P 7.1	
220 yard Dash	Tina Aston, B 32.1
Cindy Rectenwald, B 32.3	
Danielle Kost, C 32.4	
440 yard Dash	Amy Johnston, B 70.8
880 yard Run	Rita Kalinowski, G 2:39.0
Laure Donnellan, B 2:41.5	

One mile Run

A. Adam, C 5:34.7	
Laure Donnellan, B 5:40.1	
Rita Kalinowski, G 5:46.4	
Two mile Run	Dee Patrick, L 12:39.0

50 yard Low Hurdles

Danielle Kost, C 8.7	
Renee Rosensteel, G 9.5	
Winnie Mangan, ML 9.7	
One mile Walk	Vera Newman, T 9:24.0
Winnie Mangan, ML 9:25.0	
Lynn Huber, L 9:51.0	
High Jump	Lynn Huber, L 3-11
Winnie Mangan, ML 3-11	

Long Jump

Danielle Kost, C 12-7¼	
Shot Put (6 pound)	Deidre Austin, J 28-0

Youth Girls (b.1963-64)

50 yard Dash	Tammy Malfer, J 6.5
Jo Mosier, J 6.5	
Ann Cochran 6.6	
Kim Thompson, B 6.6	
220 yard Dash	Kim Thompson, B 30.0

440 yard Dash

Janelle Jelovich, B 67.3	
880 yard Run	Janelle Jelovich 2:35.7

50 yard Low Hurdles

Nichol Donnelly, ML 9.4	
High Jump	Alice Watts, G 4-10
Lori Eichelsbacher, B 4-4	
Long Jump	Kim Thompson, B 14-8



NEW YORK ROAD RUNNERS

AGE GROUP HALF-MILE CH.

FREEPORT, NY - Apr 17 (from Ed Quinlan)

/Freeport High School (all-weather track); Weather - ideal; Total runners - 760/

Boys 5-Under (440 yards)

Richard Becker, LI 1:45.5	
Michael McCarvill 1:46	

Boys 6-7 (880 yards)

Mark Lehrer, LIAC 3:08.4	
Joe Weis (6) 3:11	
Jason Pilorny, Edg't 3:16	
Sean Tahaney, StBen 3:16	
Sol Trainor, Oyster Bay 19	
Marc Fierz, LIAC 3:20	

Boys 8-9 (880 yards)

Robt. Thornton, OB 2:48.9	
Kevin Eardley, NHP 2:49.5	
Patrick Coyne, NHP 2:50.9	
Paul Galietti, ColPt 2:51	

Boys 10-11 (880 yards)

Greg Kasko, NJ 2:32.2	
Paul Chatam, Met AC 3:4.1	
Craig Barbieri, NHP 3:35.8	
Tom Rinaldi, Edg't 3:35.9	
Mike Hartnett, Edg't 2:36	

Boys 12-13 (880 yards)

Dan Perkins, MetAC 2:21.2	
Carl Greisheimer, LI 21.5	
Alex Bellinghausen 23.3	
Joe Murphy, Yonkers 24.3	

Boys 14-15 (880 yards)

Anthony Ruiz, ECst 2:01.8	
Russ Ottomano (14) 2:03.9	
Mark Hinds, LIAC 2:06.5	
Rich Ottomano 2:10	
Tom Stanford 2:11	

Girls 5-Under (440 yard)

Donna Wroblewski 1:46.7	
Frances Esposito 1:49.8	

Girls 6-7 (880 yards)

Amy Hendler, LIAC 3:13.1	
Elaine Taylor, Jam 3:22.6	
Dawn O'Bremski, CP 3:23.4	
Karen Wolynice, NHP 3:24	

Girls 8-9 (880 yards)

Shawneen O'Toole 2:57.2	
Norine Carroll, Met 2:57.4	
Kris Kueffner, NHP 3:01	
Geraldine Kelly, 3:02.6	

Girls 10-11 (880 yards)

Tia Walker (10) Dyn 2:33.5	
Kim Van Helden, NHP 3:4.2	
Joan Fenstermaker, N 38.7	
Yvette Cash, Dyn 2:43.5	
Donna Meyer, MetAC 2:45.5	

Girls 12-13 (880 yards)

Donna DiSanto, NHP 2:27	
Marsha Bartlett, J 2:29.4	
Sharon Brown, Jam 2:29.5	

Girls 14-15 (880 yards)

Kim Whitehead, Dyn 2:32.2	
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Girls 16-18 (880 yards)

Kelly O'Toole, LIG 2:21.6	
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SOUTHERN STATES

AREA CONTRIBUTORS

ELI GAGICH
STANLEY LOTT
BERNARD MARISTANY
JERRY MONTGOMERY



FLASHETTES INDOOR

GIRLS "INVITATIONAL"

BATON ROUGE, LA - Jan 8 (from Bernard Maristany and Stanley Lott)

/Louisiana State Univ Field House (220 yard tartan track); Timing - hand; Teams - 13/

Bantam Girls (b.1967-68)

60 yard Dash	Subernia McLemore, K-Y 8.5
Melva Moore, K-Y 8.5	
Julie Aurso, Superdames 6	
Soulan Johnson, Wisner .6	

220 yard Dash

Subernia McLemore 32.6	
Melva Moore 32.7	
Kathy Benson, Mem-Sh 32.8	
440 yard Dash	Cecilia Maristany, F 75.1
Kathy Benson 76.2	
Subernia McLemore 76.2	
880 yard Run	Wendi Pena, Alief 2:47.5

One mile Run

Wendi Pena 6:07.2	
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Midget Girls (b.1965-66)

60 yard Dash	Janet Davis, Ind'ola 7.6
Sandra Neal, Memphis-Sh 6	
Robin Dabney, Superdame 8	
Lorraine Hartford, Su 7.9	
220 yard Dash	Lorraine Hartford 29.2
Iris Sanders, K-Y 29.5	
Sandra Sensley, K-Y 29.6	
Janice Conrad, Ind 29.9	
440 yard Dash	Janet Davis, Ind'ola 64.3
Sandra Sensley, K-Y 65.8	
Terkeler Shegog, M-S 66.8	
Mona Egby, Astro'b'ls 67.8	

880 yard Run

Janice Davis, Ind 2:32.9	
Mona Egby 2:34.8	

One Mile Run

Ann Schweitzer, CC 5:33.4	
4 x 440 Relay	K-Y 4:31.2 Ind 4:32.3

Youth Girls (b.1963-64)

60 yard Dash	Crystal James, K-Y 7.2
Monetha Clark, Mem-Sh 7.2	
Terri Smajstrla, Al 7.2	
Norie McAfee, Astro 7.3	
220 yard Dash	Crystal James 27.3
Norie McAfee 27.3	
Monetha Clark 27.3	
Terri Smajstrla 27.4	

440 yard Dash

Donna Bates, K-Y 62.9	
Norie McAfee 63.4	

880 yard Run

Sloan Burton, M-Sh 2:28.2	
Paulette Hansell, Su 29.9	

One mile Run

Laura Singleton, S 5:37.0	
Teresa Maristany, Pl 37.1	

Two mile Run

Susan Acker, Al 12:12.7	
Merion Hines, M-S 12:16.4	
Florenza Bambino, S 29.6	
4 x 440 Relay	K-Y 4:17.8 Ind 4:23.5

Junior Women (b.1958-62)

60 yard Dash	Wanda Nicholson, Sup 7.0
Sheryl Pernell, M-Sh 7.1	
Angela Williams, M-Sh 7.1	
Stacy Allen, Cres Cty 7.2	
220 yard Dash	Wanda Nicholson 26.0
Sheryl Pernell 26.5	
Lana Zimmerman, CC 26.6	
Lisa Griffith, Astro 26.7	

440 yard Dash

Wanda Nicholson 59.0	
Easter Gabriel 60.1	

880 yard Run

Tania Wells, M-Sh 2:18.9	
One mile Run	Tania Wells 5:06.5
Phyllis Hines, M-S 5:10.8	

Two mile Run

Phyllis Hines 11:07.5	
60 yard Hurdles (33")	Stacy Allen 8.3

High Jump

Judy Polution, Mem-Sh 5-4	
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ASTROBELLE RELAYS

AGE GROUP EVENTS

HOUSTON, TX - Jan 26 (from Jerry Montgomery)

/San Jacinto Jr College (tartan track); Weather - cloudy, 50-60°, wind 10-20mph (vs. sprints)/

SOUTHWEST TRACK CLUB of Miami, Florida, captured the five individual titles, plus team championships at FGC Junior Olympics.



Photo of the five titlists:

- TINA MILLER / 9-Under
- BETH MITCHELL / 10-11
- MANDY ADAMS / 12-13
- MARIA NEGRON / 14-14
- TERRY STRICKLAND / Open

FLORIDA GOLD COAST OLYMPIC DEVELOPMENT MEET

MIAMI, FL - Apr 2 (from Eli Gagich)

/Miami Dade CC, North (Uniroyal track without curb); Weather - 1-3mph head winds/

Youth Boys (b.1963-64)

100y/200m Dash (vs. wind)
Al McClenhan 11.5/25.7

400 meter Dash
Johnny Alexander, FL 56.4
Castleberry Harveil 59.9

880 yard Run (short)
Moon Alexander, FL 2:19.8
Karl Leinberger, RFF 20.7

One mile Run (short)
Johnny Alexander 4:56.5
Moon Alexander 5:03.7

Shot Put (8 pound)
Adam Rogers, Sunshh 49-3
Richard Sereghy, WO 48-2½
Alton Giruard 47-8½

Intermediate Boys (61-62)

400 meter Dash
Eugene Amador. 53.0

Shot Put (12 pound)
Rusty Blair 55-3½
Calvin Jackson 53-0½
Henry Oramas 50-9½

Youth Girls (b.1963-64)

200m Dash (b.1963-64)
Monique Miller, Bah 26.8
Sheila Scott, CYC 27.1

400 meter Dash
Lisa Pinkney, RFF 57.9
Monique Miller 59.0

880 yard Run (short)
Lisa Pinkney 2:24.7

MIDWESTERN STATES

AREA CONTRIBUTORS

WAYNE BLY
JOE TWYMAN



Junior Boys (b.1963-64)

60 yard Dash
Brian Ledbetter, Win 6.9
Jan Demby, Law 7.0

300 yard Dash
Jan Demby, Law 39.5
Than Arrington, Junc 40.1
David Bentley, Top 40.4

600 yard Run
Weston Jones, Osk 1:29.2

1000 yard Run
Reynold Middleton 2:42.3
Weston Jones 2:46.3

High Jump
Brian Ledbetter 5-3
Mike Perry, Law 5-2
Jan Demby, Law 5-1

Long Jump
Brian Ledbetter 17-4½
David Bentley 16-4
Jan Demby 16-2½

Shot Put (8 pound)
Mike Perry 33-10
David Stichler, Ind 32-1

Intermediate Boys (61-62)

60 yard Dash
Kevin Thiessen, Law 6.8
Jim Shelton, Carb'dle 6.9

300 yard Dash
Mark Heinson, KC 35.7
Kenny Hamm, KC 36.3
Kevin Thiessen 36.4
Craig Damann, Atch'n 36.5

600 yard Run
Kenny Hamm 1:22.7
Mark Heinson 1:23.0
Tim Tobin, KC, MO 1:24.2
Russell Pino, Ed'vl :25.5

1000 yard Run
Clay Roark, KC 2:33.1
Russell Pino 2:34.7
Matt Doolan, KC, MO 2:36.0

High Jump
Shawn Fraker, Winch'r 5-7

Long Jump
Paul Gowen, Law 18-4½
Dale Berry, Ed'vl 17-8

Pole Vault
George Buckingham 13-0
Kevin Thiessen 12-6
Jay Waller, Law 10-6

Shot Put (8 pound)
Jeff Holeman, KC, MO 53-9½
Eric Smith, Lansing 50-1½
Pat Jones, Law 48-4½

Senior Boys (b.1959-60)

60 yard Dash
Curtis Mitchell, Top 6.1
Greg Carpenter, KC, MO 6.4

300 yard Dash
Greg Carpenter 33.5
Paul Harper 33.8

600 yard Run

Larry Fries, Mis'n 1:20.3

1000 yard Run
Jim Hogue, KC 2:26.5

Girls born 1969-70

60 yard Dash
Carol Russell, Manh'n 9.7

Bantam Girls (b.1967-68)

300 yard Dash
Susan Russell, Manh 50.4

600 yard Run
Susan Russell 1:57.1
Neomi Davis, Law 1:59.5

1000 yard Run
Neomi Davis 3:29.1

Midget Girls (b.1965-66)

60 yard Dash
Julie Russell, Manh 8.7

300 yard Dash
Alesia Cox, Salina 41.0

600 yard Run
Alesia Cox 1:37.3

Long Jump
Alesia Cox 14-5½

Junior Girls (b.1963-64)

60 yard Dash
Lisa Nash, Lenexa 7.7
Pat Bernard, Salina 7.8

300 yard Dash
Debbie Garrison, StL 41.7
Pat Bernard 42.0
Chelly Scott, Salina 42.7
Sara Soderberg, Sal 43.1

600 yard Run
Lisa Nash 1:49.3

High Jump
Chelly Scott 4-10

Long Jump
Pat Bernard 14-10½

Shot Put (6 pound)
Rhonda Lewis 31-7½

Intermediate Girls (61-62)

60 yard Dash
Jocelyn Bentley, Top 7.1

300 yard Dash
Jocelyn Bentley 37.7
Joy Meyen, Law 40.8

600 yard Run
Cindy Denning, Sal 1:32.6
Joy Meyen 1:37.0

1000 yard Run
Joy Meyen 3:05.7

High Jump
Elana Bavel, Law 4-11

Long Jump
Joy Meyen 16-0½

Shot Put (8 pound)

Becky McGranahan 39-0½

Senior Girls (b.1959-60)

60 yard Dash
Susan Skolaut, Hois'n 7.3

300 yard Dash
Susan Skolaut 41.3

High Jump
Linda Scott, White C 5-4

Shot Put (8 pound)
Karen Allen, Hals'd 38-8½



WESTWOOD INDOOR BOYS & GIRLS SERIES

STERLING, IL - Jan 15, Jan 22, Feb 5, Mar 12 (from Joe Twyman, Jr)

/Westwood Sports Complex (220 yard tartan track)/

Bantam Boys (b.1967-68)

600 yard Dash (best times)
Darryl Brown, Zephyrs 8.0
Kevin Milliron, Sterl 8.1

220 yard Dash
Darryl Brown 30.4
Kevin Milliron 30.8

440 yard Dash
Jeff Beer, Sterling 71.0
Mark Musselman, Ster 71.1
Mike Tankersly, Shel 72.0

880 yard Run
Paul Over, Ster 2:40.1
David Gilmore, Rollo 43.0
Mark Musselman, St 2:47.7

4 x 220 yard Relay
Zeph 2:06.5 Ster 2:09.7

High Jump
Jeff Beer, Sterling 3-10
Jeff Hogan, NW Co Y 3-8

Long Jump
Darryl Brown, Zeph 13-4
Jeff Beer, Sterling 13-1½

Shot Put (6 pound)
Paul Over, Sterling 23-10

Midget Boys (b.1965-66)

60 yard Dash
Reginald Williams, Z 8.0

220 yard Dash
Chris Ray, Shelby TC 30.2

440 yard Dash
Chris Ray 65.6

880 yard Run
Bruce Nie, Ster 2:37.2
Undra Pugh, Mem-Shel 37.8

One mile Run
Gregg Vaughn, PrSS 5:31.3
Bruce Nie 5:32.5
Matt Seavey, Ster 5:35.3

4 x 220 yard Relay

Sterling TC 2:04.9

High Jump
Chris Matje, St Marys 4-5
Kevin Dahm, Kettering 4-5

Long Jump
Mike McGhee, Ster 14-0½

Triple Jump
Perry Rain, Winetka 26-6½

Shot Put (6 pound)
Bruce Dir, Ster 26-11½
Craig Matje, St M 26-4

Youth Boys (b.1963-64)

60 yard Dash
James Knight, Zephyrs 6.8
Terry Alexander, Shelby 9
John Havas, Memphis-S 6.9

220 yard Dash
James Knight 25.1

440 yard Dash
Antoine Grayson, Z 59.0
John Leopard 60.4

880 yard Run
Efrem Moore, Mem-S 2:17.4
Tony Hernandez, Mor :18.1

One mile Run
Tony Hernandez 4:56.6
Jim Kirk, Belydere4:59.7
Efrem Moore 5:03.8

Two mile Run
Jim Kirk 11:06.5

70 yard Low Hurdles
John Leopard 10.4
John Havas, Memphis-Sh 5
Dave Erling, Lions 10.6
Tim VanOver, Pontiac 10.6

4 x 220 yard Relay
Zephyrs 1:43.9

High Jump
Pat Hoyle, Sterling 5-2

Long Jump
Antoine Grayson, Z 18-4

Triple Jump
Dan Richardson, Sav 34-8½
Terry Vogel 33-8

Pole Vault
Darryl DeWall 9-3
Rick Lappin, Prin'ton 8-6

Shot Put (8 pound)
Allen Jennings, Z 40-11½

Intermediate Boys (61-62)

60 yard Dash
Enrich, Gordon 6.5

220 yard Dash
James Knight, Zephyr 24.9

440 yard Dash
Tom Mattson 56.8

70 yard Low Hurdles
Dennis Nixon, Stagg 9.2

70 yard High Hurdles (39")
Dennis Nixon, Stagg 9.9

MISSOURI VALLEY INDOOR JR OLYMPIC CHAMPIONSHIPS

LAWRENCE, KS - Dec 31 (from Wayne Bly)

/Allen Field House, U of Kansas (220 yard tartan track); Athletes from Kansas & Missouri/

Boys born 1969-70

60 yard Dash
Brad Weddle, Blue Spr 9.4

Bantam Boys (b.1967-68)

60 yard Dash
Mike Evans, Blue Spr 8.2
Jeff Gaines, Lawrence 8.6
Brad Nelson, Blue Spr 8.8

300 yard Dash
Mike Evans 45.3
Rusty Powlas, Ov'rd P 47.2
Jeff Gaines 47.8
Brad Nelson 48.5

600 yard Run
Rusty Powlas, Ov'Pk 1:43.7

1000 yard Run
Rusty Powlas 3:01.0

Long Jump
Jeff Gaines 12-3
Mike Evans 11-5

Shot Put (6 pound)

Jason Bogard, Law. 17-3½
Gil Bavel, Law 17-1½

Midget Boys (b.1965-66)

60 yard Dash
Doug Hedrick, Prairie 7.7
Lance Larkin, Law 7.9

300 yard Dash
Doug Hedrick 40.9
Adrian Davis, Law 42.8
Lance Larkin 43.5
Doug Kingsley, Ind, M 43.6

600 yard Run
Adrian Davis 1:38.4
Doug Kingsley 1:40.8

1000 yard Run
Adrian Davis 2:59.4
Doug Kingsley 3:03.0

High Jump
Doug Hedrick 4-9
Shawn Benson, Chill, M 4-8
Jeff Perry, Law 4-3

Long Jump
Doug Hedrick 14-8½
Shawn Benson 14-1½

Shot Put (6 pounds)
Scott Huffman, Ind 30-1½
Todd Soderberg, Sal 28-11

Long Jump	
Russel Johnson	19-10½
Triple Jump	
Tom Schafer, Mort	37-11½
Tim Link, Farmington	37-0½
Bantam Girls (b.1967-68)	
60 yard Dash (best time)	
Denise King, Zephyrs	8.5
Andrea Brown, Zeph	8.6
Angela Brown, Zeph	8.6
220 yard Dash	
Denise King	32.5
Andrea Brown	32.8
Angela Brown	32.9
Cheryl Hallman, Ster	32.9
440 yard Dash	
Cheryl Hallman, Ster	74.3

4 x 220 yard Relay	
Zephyrs	2:11.3
Long Jump	
Suzanne Linton, Ster	12-0
Shot Put (6 pound)	
Kathie Rhodes, Ster	19-0½
Midget Girls (b.1965-66)	
60 yard Dash	
Rosalind Lathen, Aur	7.7
Sara Spoto, Rockford	7.8
Pam Collins, Prairie	7.9
220 yard Dash	
Pam Collins	29.5
Ros. Lathen, Aurora	29.6
Sara Spoto	29.7
440 yard Dash	
Pam Collins	65.5

880 yard Run	
Lory Slusser, Ster	2:44.6
One mile Run	
Lory Slusser, Ster	5:37.5
Kathy Kulpa, Moraine	40.4
High Jump	
Kathy Hartle, Ster	4-8
Kathy Kulpa	4-6
Long Jump	
Sara Spoto, Rock	14-0½
Shot Put (6 pound)	
Christy Eager, Ster	26-9½
Intermediate Girls (61-62)	
70 yard Low Hurdles	
Cindy Conway, W Sub	10.0

High Jump	
Beth Jones, Sterling	5-8
Mary Swenson, Fox Vly	5-4
Margot Rogus, Zephyrs	5-4
Linda Karecki, W Sub	5-2
Tina Hayden, Sterling	5-2
Long Jump	
Mary Swenson	17-2
Pat Johnston, Zephyr	17-2
Shot Put (8 pound)	
Linda Karecki	38-10½
880 yard Run	
Cindy Conway	2:19.2
Youth Girls (b.1963-64)	
60 yard Dash	
Rhonda Winfrey, Aur	7.2

440 yard Dash	
Conni Frank, Ster	64.7
880 yard Run	
Ann Henry, Peoria	2:28.2
One mile Run	
Sheila Erickson, P	5:24.2
Conni Frank, Ster	5:26.5
Cathi Frank, Ster	5:27.0
Ann Henry, Peoria	5:28.3
Two mile Run	
Conni Frank, Ster	12:16.5
70 yard Low Hurdles	
Sally White, Molins	11.0
Sandy Geier, Peoria	11.1
Nadine Dahm, Ket'ing	11.5

4 x 220 yard Relay	
Ster 1:54.7	Zeph 1:56.2
High Jump	
Michelle Johnston, P	5-2
Nadine Dahm, Ketter'g	5-2
Holly Wilson, Young	4-10
Suzanne Bowen, Ster	4-8
Long Jump	
Sandy Geier, Peo	15-10½
Shot Put (6 pound)	
Sandy Bachelor, Mor	32-7½

MOUNTAIN STATES

AREA CONTRIBUTORS

SUE HUMPHREY



50 yd Low Hurdles (w 0.0)	
Shannon Ryan	8.7
Tracy Taylor	8.9
Charlotte Goodwin, AO	9.1
Jeri Jones, WPS	9.4
Kris Williams, VOS	9.5
Joyce Sutton, WPS	9.5
One mile Walk	
Samantha Rodella	8:55.4
High Jump	
Rhonda Weddle, CRT	4-9
Karen Sanders	4-9
Julie Nickels, DCD	4-3
Carolyn Coulter, WPS	4-1
Long Jump (w -1.5 to 0)	
Karen Sanders	14-4½
Lisa Sypherd	13-7½
Dawn Buck	13-5½
Shot Put (6 pound)	
Kara Kosinski, WPS	30-7½
Carolyn Coulter, WP	30-4½
Julie Nickels, DCD	25-1½
Karla Wood, VOS	24-9
Baseball Throw	
Carolyn Coulter	173-5
Rhonda Weddle	168-6
Kara Kosinski	155-7
Karla Wood	153-1

200m Low Hurdles (w-2.0)	
Judy Anderson	29.4
Cindy Culbertson	29.8
Laurie Gray	30.1
Delores Archuleta	30.2
Tamarah Williams, APS	31.6
One mile Walk	
Vicki Cook	8:01.8
Andrea Johnson, RRR	28.5
High Jump	
Tracy Brewer, Alv'do	5-3
Glenda Padilla, AbqTC	4-9
Tamarah Williams, APS	4-9
Long Jump (w +1-2.5mph)	
Pam Harper, VOS	17-1½
Rhonda Whitlow, TW	16-5
Wendy Wardlaw, VOS	15-9½
Pat Brockwell, DCD	15-9
Vicki Cobb, SWAF	15-8½
Gretchen Munn, Qst	15-4½
Shot Put (6 pound)	
Jackie Sheffield, R	40-1½
Gayle Kirby, VOS	38-0½
Linda Wayman, Arz	33-0½
Joyce Anderson, Arz	32-8½
Angie Darnell, Sct	31-2½
Discus Throw (1.0 kg)	
Kathy Putman	91-8
Debbie Edens, VOS	84-5
Javelin Throw (600 gr)	
Gayle Kirby, VOS	94-9
Rayna Lackman, VOS	85-8
Donna Edens, VOS	84-10
4 x 110 yard Relay	
Southwest Ath Found	50.1
Valley of the Sun	52.9
4 x 440 yard Relay	
Scottsdale TC	4:08.6
Albuquerque TC	4:19.3
880 yard Medley Relay	
Vly of the Sun TC	1:58.2
Intermediate Girls (61-62)	
100m Dash (wind 0.0)	
Roxanne Banks, TW	12.2
200m Dash (wind -1.5mph)	
Arlene Emerson, Pat	25.2
400 meter Dash	
Arlene Emerson, Pat	56.4
Kim Smith, VOS	59.1
800 meter Run	
Sharon Hulse, Pat	2:11.4
Sandy Beach, AbqTC	2:14.3
Rebecca Allen	2:18.1
Shelly Kaplan, RRR	2:19.1
Dianne Harrel, LBC	2:21.9
1500 meter Run	
Sharon Hulse	4:34.0
Laurie Sawyer, Phx	4:42.7
Lisa Mathews, DCD	4:43.7
Donna Sanchez, RRR	4:56.2
3000 meter Run	
Donna Sanchez	10:34.0
Laura Ortiz, DCD	11:00.2
100m Low Hurdles (w -1.0)	
Susie Ray, Blue Ang	15.1
300 meter Low Hurdles	
Susie Ray	46.6
High Jump	
Ellen Fargo, RRR	5-3
Lori Anderson, Sct	5-3
Dawn Freeman	5-1

Long Jump (w +2.5-0.0)	
Mary Goodwin, AO	18-0½
Carla Bauman	17-2½
Cassandra Griffin, TW	17-2
Shot Put (4 kg)	
Susie Ray	47-6½
Kathy Putman	36-7
Javelin Throw (600 gr)	
Debbie Edens, VOS	112-4
3000 meter Walk	
Joyce Brodock, RR	15:56.0
Jessica Waskow, R	16:00.0
Sandy Pollock, Sc	17:22.8
880 yard Medley Relay	
Albuquerque TC	1:50.9
Vly of the Sun TC	1:52.5
Junior Women (b.1958-62)	
100m Dash (wind 0.0)	
Brenda Winston, RRR	11.5
Lisa Thompson, VOS	11.8
200m Dash (wind -1.5mph)	
Brenda Winston	23.5
Val Boyer, Abq TC	23.6
4-Lisa Thompson	24.4
5-Sharon Acker, MHD	24.6

400 meter Dash	
Sharon Acker	55.4
3-Shiela Polk, MHD	57.2
1500 meter Run	
Krista Holmes	4:44.8
3000 meter Run	
2-Doreen Assumma	10:25.4
100m Hurdles/33" (w -1.0)	
4-Dana Collins, VOS	14.8
5-Roxanne Keating, V	15.4
400 meter Low Hurdles	
2-Debbie Cuevas, APS	63.7
3000 meter Walk	
Liz Steiner, RRR	15:41.4
Jill Dufour, ArzTC	16:07.2
High Jump	
2-Monique Donithan, V	5-7
3-Cindy Mitchell, VOS	5-7
4-Dana Collins, VOS	5-5
Long Jump	
2-Roxanne Keating	19-5½
3-Dana Collins	18-11
Shot Put (4 kg)	
Dana Collins	41-4½

VALLE DEL SOL GIRLS INVITATIONAL

TEMPE, AZ - Apr 17
(from Sue Humphrey)
/Arizona State University (all-weather track)/

Bantam Girls (b.1967-68)	
100m Dash (wind -1.0mph)	
Donna Sproling, MHD	14.1
Tasa Blincow, WPS	14.2
Tonya Taylor, VOS	14.9
200m Dash (wind -1.0mph)	
Donna Sproling	28.2
Tasa Blincow	29.6
Paula Thompson, VOS	30.1
Londa Sproling, MHD	30.1
400 meter Dash	
Londa Sproling	68.4
Rhonda Sproling, MHD	70.0
Shauna Richards, BcG	71.0
Penni Harris, VOS	73.7
880 yard Run	
Toni Evert, RRR	2:33.5
Rhonda Sproling	2:37.4
Shauna Richards	2:43.5
Liz Williams, VOS	2:45.6
Daylene Yepa, AbqTC	2:47.2
Michelle Wise, Sct	2:48.6
Kayla Conrad, BocaGr	51.7
880 yard Walk	
Toni Evert, RRR	4:22.7
Holly Stevens, Sct	4:59.4
DeeDee Rhymes, VOS	5:02.2
High Jump	
Liz Williams	4-3
Alicia Paluch, Sct	3-11
Shiela Weddle, CRT	3-9
Dawn Aldridge, Arz	3-9
Long Jump	
Tasa Blincow	13-2
Tonya Taylor	13-0½
Alicia Paluch, Sct	12-11½
DeeDee Coffield, DCD	12-8
K.C. Goodwin, AO	11-4½
Kayla Conrad	11-0½

Baseball Throw	
Shelly Beck, VOS	133-2
Shiela Weddle, CRT	118-5
Ramona Hurtado, VOS	118-2
4 x 110/4 x 220 yd Relay	
Vly of Sun TC	62.1/2:14
Midget Girls (b.1965-66)	
100 meter Dash (wind 0.0)	
Lanette Watts, SWAF	13.1
Tammy Potter, SWAF	13.2
Lisa Roberts, SWAF	13.3
Jackie Sullivan, SWA	14.0
Jewel Baty, Abq TC	14.0
200m Dash (wind -1.5mph)	
Lanette Watts	27.2
Tammy Potter	27.5
Lisa Roberts	28.3
Jackie Sullivan	28.3
Shannon Ryan, DCD	28.7
Jewel Baty	28.8
Kim Scott, RRR	28.8
400 meter Dash	
Karen Sanders, BocaG	63.2
Jenny Cervantes, RRR	64.4
Kim Scott, RRR	65.0
Lisa Knight, SWAF	65.1
Shannon Ryan, DCD	65.1
Nancy Bak, Sct	66.5
880 yard Run	
Jenny Cervantes	2:25.1
Marcy Anderson, RRR	2:25.3
Sonja Cooper, RRR	2:25.3
Linda Burianek, DCD	31.6
Francisca Silva, IVS	32.7
Samantha Rodella, RRR	35.1
Sharon O'Brien, IVS	35.6
1500 meter Run	
Marcy Anderson	4:50.8
Sonja Cooper	4:52.1
Linda Burianek	4:57.2
Tonia Fisher, RRR	5:01.7
Sharon O'Brien	5:05.7

Youth Girls (b.1963-64)	
100 meter Dash (w 0.0)	
Kim Heard, SWAF	12.4
Theresa Stemmons, SWAF	12.5
Pam Harper, VOS	12.5
Lena Bauman, SWAF	12.8
200m Dash (wind -1.5mph)	
Kim Heard, SWAF	26.0
Theresa Stemmons, SW	26.1
Shawn Heard, SWAF	27.0
Laurie Gray, VOS	27.1
400 meter Dash	
Jane Morgan, Sct	59.9
Jennie Stevens, Sct	60.3
Toni Harris, VOS	61.4
Rhonda Whitlow, TW	62.0
Kate Taber, Sct	62.4
800 meter Run	
Kati Denz, Pat	2:11.9
Theresa Smith, VOS	2:20.1
Beth Semke, Sct	2:22.0
Stacy Hartsfield, Sct	23.9
Tammy Bingelli, IVS	24.5
Christine Roybal, Abq	24.5
Lisa Anetsberger, AP	27.9
1500 meter Run	
Kati Denz	4:35.4
Vicki Cook, RRR	4:38.3
Linda Burianek, DCD	4:42.2
Lisa Anetsberger	4:43.5
Beth Semke	4:45.7
Stacy Hartsfield	4:50.7
Kathy Weld, APS	4:55.6
80m Low Hurdles (w -1.0)	
Cindy Culbertson, RRR	12.9
Delores Archuleta, Aq13.0	13.4
Judy Anderson, Sct	13.4
Wilma Pierce	13.8

ARIZONA AAU GIRLS	
EARLY BIRD RELAYS & ALL COMERS MEETS	
PHOENIX, AZ - Jan 8 (Relays), Jan 22, Feb 22 & Mar 5 (fr. Sue Humphrey)	
/Phoenix College (curbless reslite track)/	
Best individual marks:	
Bantam Girls (b. 1967-69)	
100 yard Dash	
Chris Blincow, WPS	13.0
Tonya Taylor, VOS	13.0
220 yard Dash	
Liz Williams, VOS	29.2
Chris Blincow, WPS	30.0
880 yard Run (short)	
Liz Williams, VOS	2:44.4
High Jump	
Liz Williams, VOS	5-2
Dawn Aldridge, Arz	3-7½
Long Jump	
Chris Blincow, WPS	12-11
Tonya Taylor, VOS	12-7½
Baseball Throw	
Sheila Weddle, CRT	124-2
Shelly Beck, VOS	121-5
Ramona Hurtado, VOS	115-6
4 x 110 yard Relay	
Vly of the Sun TC	1:03.3
4 x 220 yard Relay	
Valley of the Sun	2:13.8
Midget Girls (b. 1965-66)	
100 yard Dash	
Lanette Watts, SWAF	12.1
Lisa Roberts, SWAF	12.2
Tammy Potter, SWAF	12.3
Jackie Sullivan, SWAF	12.4
Dawn Redman, SWAF	12.5
Trinya Davis, SWAF	12.7
Nancy Bak, Sct	12.8

220 yard Dash	
Tammy Potter, SWAF	28.2
Lisa Roberts, SWAF	28.2
Lanette Watts, SWAF	28.5
Jackie Sullivan, SWA	28.5
Trinya Davis, SWAF	29.4
440 yard Dash	
Dawn Redman, SWAF	66.5
Nancy Bak, Sct	66.9
Lisa Knight, SWAF	67.1
880 yard Run (short)	
Shelby Rahilly, Sc	2:36.3
One mile Run (short)	
Karen Bradshaw, Az.5	29.3
50 yard Low Hurdles	
Tracy Taylor, VOS (w?)	8.7
Dawn Buck, VOS (w?)	8.7
Jeri Jones, WPS (w?)	8.9
High Jump	
Rhonda Weddle, CRT	4-6½
Carolyn Coulter, WPS	4-2
Long Jump	
Lisa Sypherd, Arz	14-6
Ronda Clinckscale, S	14-4½
Carla Grayson, WPS	14-0½
Shot Put (5 pound)	
Kara Kosinski, WPS	33-0½
Carolyn Coulter, WP	30-9
Stephanie Wood, Arz	26-8
Baseball Throw	
Rhonda Weddle, CRT	175-5
Carolyn Coulter, WP	168-0
4 x 110 yard Relay	
Southwest Ath Found	53.7
W Phoenix Striders	57.5
Vly of the Sun TC	57.6
880 medley Relay (short)	
Southwest Ath F	2:04.8
W Phoenix Strider	2:08.8
4 x 880 yd Relay (short)	
Scottsdale TC	11:28.6

Youth Girls (b. 1963-64)

100 yard Dash
Kim Heard, SWAF 11.1
Theresa Stemmmons, SWAF .4
Pam Harper, VOS (w?) 11.7
Shawn Heard, SW (w?) 11.8
Vicki Cobb, SWAF (w?) 11.8
Tonya Cobb, SWAF (w?) 11.8

220 yard Dash
Kim Heard, SWAF 26.2
Theresa Stemmmons, SW 26.4

440 yard Dash
Monica Zepeda, Sct 60.9
Judy Anderspp, Sct 61.7
Jennie Stevens, Sct 61.9

880 yard Run (short)
Theresa Smith, VOS 2:21.8
Monica Zepeda, Sct 2:23.9
Stacy Hartsfield, Sc 26.1

One mile Run (short)
St. Hartsfield, Sct 5:12.3
Kathy Weld, APS 5:15.6
Lisa Anetsberger, AP 16.1
Theresa Smith, VOS 5:19.0
Monica Zepeda, Sct 5:21.6

80 meter Low Hurdles
Judy Anderson, Sct 12.9
Wilma Pierce, PBG 13.5
Wendy Wardlaw, V (w?) 13.9

200 meter Low Hurdles
Judy Anderson, Sct 29.8
Tamarah Williams, AP 30.8
Lauri Gray, VOS 30.8

High Jump
Kim White, VOS 5-1 1/4
Rayna Lackman, VOS 4-8

Long Jump
Pam Harper, VOS 17-9 1/2
Vickie Cobb, SWAF 16-5 1/2

Shot Put (6 pound)
Lori Garrow, Crt 39-4 1/2

Discus Throw (1.0 kg)
Sandy Maynard, VOS 85-10
Linda Wayman, Arz 79-9
Cindy Steele 76-8
Rayna Lackman, VOS 75-6

Javelin Throw (600 gr)
Rayna Lackman, VOS 105-1

4 x 110 yard Relay
Southwest Ath Found 51.1
Vly of the Sun TC 54.0

4 x 440 yd Relay (short)
Scottsdale TC 4:13.2

4 x 880 yd Relay (short)
Scottsdale TC 10:18.9

880 medley Relay
Vly of the Sun TC 1:54.9

Intermediate Girls (61-62)
400 meter Dash
Rebecca Allen 58.4

800 meter Run (short)
Rebecca Allen 2:17.9

3000 meter Run (short)
Laurie Sawyer, Phx10:50.0

100 meter Low Hurdles
Roxanne Keating, VOS 15.3

300 meter Low Hurdles
Roxanne Keating, VOS 47.6
Heidi Dobberstein, S 49.0
Kim Smith, VOS 49.2

High Jump
Lori Anderson, Sct 5-5 1/2
Dawn Freeman, WPS 5-2

Long Jump
Roxanne Keating, VOS 19-0

Shot Put (8 pound)
Kathy Putman 36-0 1/4
Roxanne Keating, V 34-2 1/2

Javelin Throw (600 gr)
Kym Wycoff, VOS 119-3
Debra Edens, VOS 114-10

4 x 110 yard Relay
Vly of the Sun TC 51.0

Junior Women (b. 1959-62)
High Jump
Monique Donithan, V 5-7
Cindy Mitchell, VOS 5-5 1/2

PACIFIC STATES

AREA CONTRIBUTORS

CALVIN BROWN
JOHN GASH
MYRNA WIERSON



**SO PACIFIC AAU GIRLS
OPEN ALL-COMERS MEETS**

WESTWOOD, CA - Jan 8
IRVINE, CA - Jan 30
STA BARBARA, CA - Feb 13
NORTHBRIDGE, CA - Mar 13
(from Calvin Brown)
/UCLA (1/8), UC Irvine (1/30), UC Santa Barbara (2/13) & Cal State Univ Northridge (3/13)...all-weather tracks; Weather - clear at all meets/

Bantam Girls (b. 1967-69)

100 yard Dash
Shelley Brown, SCC 12.8
Roxanne Gross, Pas 13.1
Reynecia Watkins, LBC .2
Traci Fearington, LB 13.2

440 yard Dash
Michelle Taylor, SCC 69.4
Marion Hedegard, SCC 71.5

880 yard Run
Marion Hedegard 2:36.8
Toni Everts, RRR 2:37.9
Sally Cohenour, SCC :38.2
Lori Charette, BA 2:41.2
Cindy Buel, PCP 2:46.3
Dyana Crabtree, BA 2:48.8
Sara Standley, BA 2:49.1

880 yard Walk
Sara Standley, BA 4:01.6
Toni Everts, RRR 4:17.7
Leslie Wilson, Mat 4:41.5

High Jump
Kim Walulik, BA 3-10

Long Jump
Kim Walulik, BA (w?) 12-8 1/2

Baseball Throw
Kim Walulik, BA 144-11

4 x 110 yard Relay
Long Beach Comets 61.1
Pasadena Rosebuds 61.9
S Calif Cheetahs 62.1

Midget Girls (b. 1965-66)

100 yard Dash
Stacey Granger, WCJ 12.10
Kysa Paul, LBC 12.1
Diane Pullins, Pas 12.2
Kathy Levering, AA 12.3
Lisa Larson, SoBay 12.68
Erica Peterson, LBC 12.5
Kenya Green 12.85

220 yard Dash
Stacey Granger, WCJ 27.0
Dusty Johnson, WCJ 27.9
Kysa Paul, LBC (w?) 27.9
Kathy Levering (w?) 28.1
Andrea Rolfe, LBC (w?) 28.3
Erica Peterson (w?) 28.3
Lisa Larson, SoB 28.5
Lisa Ladinier, CCF 29.1

440 yard Dash
Andrea Rolfe, LBC 62.2
Dusty Johnson, WCJ 62.2
Stacey Granger, WCJ 63.2
Leslie Pratt, Pat 64.0
Beth Landy, LV 64.2
Lynne Hitesman, LV 64.6
Kim Tanabe, BA 65.0
Diane Pullins, Pas 65.5
Jennie Cervantes, RR 65.7
Marcy Anderson, RRR 66.7
Sheri Johnson, SDC 67.2

880 yard Run
Sonja Cooper, RRR 2:26.4
Becky Engleman, BA 2:27.6
Leslie Pratt, Pat 2:27.9
Marcy Anderson, RRR :28.0
Sharon O'Brien, IVS :30.7
Francisca Silva, IVS 31.5
Jennie Cervantes, RR 31.8
Connie Bennett, IVS :32.0
Carina Quezada, SCC :33.3
Chris Standley, BA 2:33.9
Tania Fischer, RRR 2:34.1
Kenya Green 2:34.4
Kathy Kiernan, BA 2:34.7
Susanne Muschitz, RR 35.3
Trisha Ramirez, SoB :35.6
Samantha Rodella, RR 36.8

One mile Run
Marcy Anderson, RR 5:16.5
Sonja Cooper, RRR 5:18.6
Kathy Kiernan, BA 5:19.9
Tania Fischer, RRR 5:23.5
Jennie Cervantes, RR 25.3
Sharon O'Brien, IVS :27.1
Rosalind Martinez 5:28.8
Susanne Muschitz, RR 29.3
Rosanna Carrillo, LV 31.9
Jan Hale, RRR 5:32.6
Meme Conn, RRR 5:36.3
Kenya Green 5:43.0
Chris Standley, BA 5:43.8
Cindy Padilla, QCC 5:44.6

50 yard Low Hurdles
Kathy Lavering, AA (w?) 8.4
Irene Schwartz, SB (w?) 8.6

One mile Walk
Kathy Kiernan, BA 8:20.4
Samantha Rodella, RR 30.1
Trisha Ramirez, SoB :31.7
Dana Crawford, RRR 8:55.7
Suzanne Bottlik, R 9:06.6

High Jump
Kim Tanabe, BA 4-8
Heidi Ried, LV 4-8
Jean Faust, SBSP 4-6
Lynne Hitesman, LV 4-4
Sylvia Smith, SBSP 4-2

440 yard Dash

Andrea Rolfe, LBC 62.2
Dusty Johnson, WCJ 62.2
Stacey Granger, WCJ 63.2
Leslie Pratt, Pat 64.0
Beth Landy, LV 64.2
Lynne Hitesman, LV 64.6
Kim Tanabe, BA 65.0
Diane Pullins, Pas 65.5
Jennie Cervantes, RR 65.7
Marcy Anderson, RRR 66.7
Sheri Johnson, SDC 67.2

880 yard Run

Sonja Cooper, RRR 2:26.4
Becky Engleman, BA 2:27.6
Leslie Pratt, Pat 2:27.9
Marcy Anderson, RRR :28.0
Sharon O'Brien, IVS :30.7
Francisca Silva, IVS 31.5
Jennie Cervantes, RR 31.8
Connie Bennett, IVS :32.0
Carina Quezada, SCC :33.3
Chris Standley, BA 2:33.9
Tania Fischer, RRR 2:34.1
Kenya Green 2:34.4
Kathy Kiernan, BA 2:34.7
Susanne Muschitz, RR 35.3
Trisha Ramirez, SoB :35.6
Samantha Rodella, RR 36.8

One mile Run

Marcy Anderson, RR 5:16.5
Sonja Cooper, RRR 5:18.6
Kathy Kiernan, BA 5:19.9
Tania Fischer, RRR 5:23.5
Jennie Cervantes, RR 25.3
Sharon O'Brien, IVS :27.1
Rosalind Martinez 5:28.8
Susanne Muschitz, RR 29.3
Rosanna Carrillo, LV 31.9
Jan Hale, RRR 5:32.6
Meme Conn, RRR 5:36.3
Kenya Green 5:43.0
Chris Standley, BA 5:43.8
Cindy Padilla, QCC 5:44.6

80 meter Low Hurdles

Pam Miller, LBC (w?) 12.5
Lisa Stary, LBC (w?) 13.7
Jody Grob, SBSP (w?) 13.7

One mile Walk

Rena Wright 5-4
Jill Gillingham 5-0
Stacey Neuman, LV 5-0
Jody Grob, SBSP 4-10
Lisa Stary, LBC 4-8

Long Jump

Wynde Grey, Pas (w?) 17-4
Rhonda Whitlow (w?) 16-0 1/2
Julie Carper (w?) 15-11 1/2

Shot Put (6 pound)

Barrie Greer, SCC 43-2 1/2
Jackie Sheffield, R 40-3 1/2
Darlene Downey, BA 32-5
Regina Crawford, R 31-11 1/2

Discus Throw (1.0 kg)

Jackie Sheffield, RR 83-8
Michelle Hager, QCC 79-5
Michelle Cortez, QCC 75-5

Javelin Throw (600 gr)

Melanie Johnson, SC 117-8
Deena Bernstein, BA 111-4

4 x 110 yard Relay

Pasadena Rosebuds 53.0

880 medley Relay

Long Beach Comets 1:56.7

Baseball Throw

Suzanne Fiske, SBSP 177-1
Marcy Parks, OJV 177-11

4 x 110 yard Relay

Las Virgenes TC 55.7
West Coast Jets 56.6
S Barbara Sandpiper 56.7

Youth Girls (b. 1963-64)

100 yard Dash
Latanya Dawkins, LBC 11.0
Kimberly Turner, LA 11.0
Deborah James, LBC 11.2
Monica Bednar, LV 11.5
Cynthia Lucas, WCJ 11.8
Nitchka Granger, WCJ 11.8
Michelle Gilmore, LB 11.8

220 yard Dash
Latanya Dawkins, LBC 25.7
Regina Jacobs, LA 26.1
Kimberly Turner, LA 26.1
Monica Bednar, LV 26.5

440 yard Dash
Regina Jacobs, LA 58.4
Stefani Parley, Pat 59.9
Lana Norris, SDC 60.1
Monica Bednar, LV 60.3
Melanie Johnson, SCC 61.0
Sharon Cummings, SoB 61.2
Donna Savage, SCC 61.9

880 yard Run (f)=foreign
Regina Jacobs, LA 2:16.6
Kathi Denz (f), Pat 2:17.0
Vicki Cook, RRR 2:17.9
Kiki Lantry, LA 2:18.3
Karen Haller, Ven 2:19.4
Sheri Ball, TW 2:23.9
Doreen Stoiloff, LA 2:24.0
Colleen Casey, SCC 2:25.6
Tammy Binggeli, IVS :25.6
Andrea Kirkorn 2:26.0
Debbie Gonzales, BA :26.5
Carolyn Pollett, BA :27.0

One mile Run

Kathi Denz (f), Pat 5:10.1
Andrea Kirkorn, BA 5:15.1
Michelle Mason, Ven :17.2
Michelle Gaiche, RRR 19.9
Jane Wintermute, SCC 19.9
Kelly Cerda, BA 5:24.0
Kristi Wilson, Pat 5:24.1
Sheri Ball, TW 5:24.3
Sandra Katzner, BA 5:24.5
Chris Meeks, Pat 5:25.4
Kim Gonzales, Ven 5:25.7
Lenelle Waskow, RR 5:26.6

80 meter Low Hurdles

Pam Miller, LBC (w?) 12.5
Lisa Stary, LBC (w?) 13.7
Jody Grob, SBSP (w?) 13.7

One mile Walk

Chris Ramirez, SoB 7:59.2
Lynn Holmbeck, Pat 8:08.4
Shelly Quintana, BA :11.1

High Jump

Rena Wright 5-4
Jill Gillingham 5-0
Stacey Neuman, LV 5-0
Jody Grob, SBSP 4-10
Lisa Stary, LBC 4-8

Long Jump

Wynde Grey, Pas (w?) 17-4
Rhonda Whitlow (w?) 16-0 1/2
Julie Carper (w?) 15-11 1/2

Shot Put (6 pound)

Barrie Greer, SCC 43-2 1/2
Jackie Sheffield, R 40-3 1/2
Darlene Downey, BA 32-5
Regina Crawford, R 31-11 1/2

Discus Throw (1.0 kg)

Jackie Sheffield, RR 83-8
Michelle Hager, QCC 79-5
Michelle Cortez, QCC 75-5

Javelin Throw (600 gr)

Melanie Johnson, SC 117-8
Deena Bernstein, BA 111-4

4 x 110 yard Relay

Pasadena Rosebuds 53.0

880 medley Relay

Long Beach Comets 1:56.7

Intermediate Girls (61-62)

100 meter Dash
Gwen Loud, LAM 11.8
Brenda Winston, RRR 11.9

200 meter Dash

Elaine McKenna, L (w?) 25.5
Kim White, BEB (w?) 25.6
Gissele Lewis, SC (w?) 25.7

400 meter Dash

Arlise Emerson, Pat 56.9
Melva Norris, SDC 58.1
Barney Carral, SCC 58.7

800 meter Run

Paula Rose, BA 2:15.1
Sharon Hulse, Pat 2:16.1
Barney Sue Carral 16.3
Chris Stoiloff, LA 2:18.2
Susan Follett, BA 2:19.6

1500 meter Run

Sharon Hules, Pat 4:34.7
Kelly Wells 4:39.6
Donna Sanchez, RRR 4:45.8
Carol Czarnetski 4:46.6

3000 meter/Two mile Run

Kelly Wells 10:14.4m
Donna Sanchez, R 11:08.7y

100 meter Low Hurdles

Susie Ray, BA 14.9
Tricia Lenning, AA 15.0
Marlene Harmon, L (w?) 15.3

300 meter Low Hurdles

Kathy Bower, SoBay 48.5
Susie Ray, BA 48.9

One mile Walk

Tracy Trisco, BA 7:50.3
Joyce Brodock, RRR 7:52.6
Linda Bottlik, RRR 7:53.4
Becky Villalvazo 8:13.3
Jessica Waskow, RR 8:20.8

High Jump

Lisa Peters 5-8
Ellen Fargo, RRR 5-2
Kelly Hoban, SoBay 5-2

Long Jump

Dawn Peters, SCC (w?) 18-1
Veronica Bell (w?) 17-10 1/2

Shot Put (8 pound)

Susie Ray, BA 45-11 1/2
Rosario Ramos, AA 37-7 1/4
Jackie Nelson, BA 37-1
Roseanne Gehres 36-8 1/2

Discus Throw (1.0 kg)

Charm Bishop, SCC 114-3
D. Hollingsworth, QC 108-4
Roseanne Gehres 99-11

Javelin Throw (600 gr)

Charm Bishop, SCC 144-5
Jackie Nelson, BA 141-1
Donna Hollingsworth 110-8

4 x 110 yard Relay

Long Beach Comets 50.3
880 medley Relay
Long Beach Comets 1:55.0
Los Angeles TC 1:55.4

Junior Women (1959-62)

One mile Walk
Lisa Metheny, RRR 7:39.1

High Jump

Kari Gossweiler, SAL 5-6
Discus Throw (1.0 kg)
Christi Pyle, LA 140-0

Javelin Throw (600 gr)

Lisa van Benthem 153-1
Raedean Rona, Pat 132-6

4 x 110 yard Relay

So Calif Cheetahs 49.4

OREGON AAU OPEN

AGE GROUP MEETS

GRESHAM, OR - Apr 9 &
HILLSBORO, OR - Apr 23
(from Myrna Wierson)

/Sam Barlow HS, Gresham & Hare Field, Hillsboro (all-weather track with-out curbs); Weather - cool & cloudy (excessive tailwinds) on 4/9, warm & sunny (no measurable wind) on 4/23; Teams - 10/

Best individual marks:

Bantam Boys (b.1967-69)

100 yard Dash
Gus Envela, Salem 12.6
Eric Olson, Gresham 13.8
Eric Veloni, Gr 13.9

220 yard Dash

Gus Envela (b.1968) 28.3
Eric Olson 32.0

440 yard Dash

Eric Olson 76.2

880 yard Run (short)

J.D. Vetsch, Spar 2:43.4
Joey Barrios, TrackC 43.6

High Jump

Jeff Akeson, Gr 4-6
Jess Guthrie, Spartan3-11
Jeff West, Gr 3-10
Sean Cour, Gr 3-9
Brian Lincoln, Sp 3-9

Long Jump

Gus Envela 14-2 1/2
Jeff Akeson 12-6 1/2

Shot Put (6 pound)

Brian Zimmerman, Sa 22-8
Greg Osborne, Port 21-10

4 x 110 yard Relay

Gresham TC 63.5

Midget Boys (b.1965-66)

100 yard Dash
Ulf Spears, Albina 12.1
Dennis Sagan, TrackC 12.4

220 yard Dash

Dennis Sagan (b.66) 28.7

880 yard Run - (short)

Jim Smith, Portl'd 2:30.2
Stephen Gilland, TC :33.8

Long Jump	
Eric Brown	17-8½
Shot Put (8 pound)	
Craig Gilson, Gr	39-2½
Discus Throw (1.0 kg)	
Craig Gilson	114-1

Intermediate Boys (61-62)

High Jump	
Kevin Craig	5-11
Long Jump	
Richard Elias	18-10½

Bantam Girls (b.1967-69)

100 yard Dash	
Shari O'Leary, SCoast	13.5
220 yard Dash	
Shari O'Leary	31.0
Kristi Spiekerman, T	31.2
High Jump	
Angela Stellato, Gr	4-2
Trina Cogdill, Gr	4-1
Kathy Harris, Gr	3-8
Allison Giles, Gr	3-8
Long Jump	
Shari O'Leary	12-5½
Tammy Coate, Gr	11-5

Midget Girls (b.1965-66)

100 yard Dash	
Khris Mainor, TC	12.8
220 yard Dash	
Khris Mainor	28.6
Kerry Crucchiola, P	29.2
Julie Hardin, TC	29.4
440 yard Dash	
Monica Camp, Gr	69.2
880 yard Run (short)	
Carol Jewett	2:30.4
Michelle Jensen, Sp	4:05
50 yard Low Hurdles	
Lisa Jacobs (f66) Gr	8.3
Katie Spring, Gr	8.4
Melissa Vedder, Gr	8.5
Chris McNamara, Gr	9.3

SONOMA VALLEY TRACK CLUB BOYS "INVITATIONALS" & PACIFIC AAU SECTIONAL

SANTA ROSA, CA - Mar 26 /sectional meet/ & Apr 16 /"invitationals"/ (from John Gash)

/Santa Rose Junior College (all-weather track) Weather - 70-80°, little or no wind; Teams - 19/

Best individual marks:

Bantam Boys (b.1967-69)

50 yard Dash	
Okey Egu, Eastshore	6.6
Virgil Robinson, E'side	8
Abeid Davis, HHooverBC	.8
Darell Galloway, Berk'y	.8
Bill Stanberry, Berk	6.8
Marc Tourville, Sal's	7.0
100 yard Dash	
Okey Egu (12.1h)	12.5
Abeid Davis (12.8h)	13.3
Dave Keating (13.2h)	13.3
B.Stanberry (12.7h)	13.3
Darell Galloway (12.7h)	
220 yard Dash	
Okey Egu	29.1
Bill Stanberry	29.6
Mike Brooks, Berk	30.2
Calvin Anderson, ESh	30.3
David Mosley, Arrow	30.6
Anthony Emerson, HH	30.9
440 yard Dash	
Kenny Oliver, Arrow	69.5
Robert Latting, Diab	70.0
Craig Blomdahl, Sal	73.2
Deaderick White, HH	73.2
Kevin Solt, Diablo V	73.4
Avery Stancill, 1980	73.5

High Jump	
Lisa Jacobs, Gr	4-10
Melissa Vedder, Gr	4- 6½
Katie Spring, Gr	4- 6½
Lori Berscek, Gr	4- 6
Kim Watley, TC	4- 4½
Chris McNamara, Gr	4- 2½
Sonia West, Gr	4- 2
Tracy Woldrich, Gr	4- 2
Shot Put (6 pound)	
Teresa Moreland, Sp	30-1½
Jenny Runk, TC	26-5½
Baseball Throw	
Connie Lund, Sp	143-9

Youth Girls (b.1963-64)

100 yard Dash	
Ann Neuville, StTh	11.9W
880 yard Run (short)	
Brenda Bushnell	2:29.2
Pam Vasey, Sp	2:29.3
One mile Run	
Sandi Nevis, Sp	5:24.6
80 meter Low Hurdles	
Barbara Jarrett, Gr	13.4W
Brenda Bushnell	13.8
High Jump	
Kerry Liedes	5-0
Bonnie Lund (64) Sp	5-0
Barbara Jarrett	4-9
Jill Yoder	4-9
Rosalynn Barrett	4-8
Long Jump	
Jill Yoder	15-2½
Tricia Giles	15-2½
Kerry Liedes	15-1½
Shot Put (8 pound)	
Sherri Olsen	32-1½
Frances McDonald	31-7½
Discus Throw (1.0 kg)	
Tara Kloida, TC	87-8
Frances McDonald	84-0
Mary Lilly, Portland	76-6
Javelin Throw (600 gr)	
Bonnie Lund, Sp	119- 7
Mary Lilly, Port	85-10
4 x 110 yard Relay	
Gresham TC	56.9
200 meter Low Hurdles	
Vickie Spiekerman	32.4
Sherri Olsen	32.6

Shot Put (8 pound)	
Sherri Olsen	32-1½
Frances McDonald	31-7½
Discus Throw (1.0 kg)	
Tara Kloida, TC	87-8
Frances McDonald	84-0
Mary Lilly, Portland	76-6
Javelin Throw (600 gr)	
Bonnie Lund, Sp	119- 7
Mary Lilly, Port	85-10
4 x 110 yard Relay	
Gresham TC	56.9
200 meter Low Hurdles	
Vickie Spiekerman	32.4
Sherri Olsen	32.6

Shot Put (8 pound)	
Sherri Olsen	32-1½
Frances McDonald	31-7½
Discus Throw (1.0 kg)	
Tara Kloida, TC	87-8
Frances McDonald	84-0
Mary Lilly, Portland	76-6
Javelin Throw (600 gr)	
Bonnie Lund, Sp	119- 7
Mary Lilly, Port	85-10
4 x 110 yard Relay	
Gresham TC	56.9
200 meter Low Hurdles	
Vickie Spiekerman	32.4
Sherri Olsen	32.6

880 yard Run

Robert Latting	2:38.2
Kenny Oliver	2:38.8
Greg Scattini, Sal	2:41.0
John Haring, E'side	:42.4
Scott Hornsey, Arw	2:42.5
Kevin Solt, Diablo	2:44.0
Mike Augustus, Napa	:44.1
Craig Blomdahl	2:45.7
One mile Run	
Greg Scattini	5:37
Scott Hornsey	5:47
Felix Stewart, ESh	5:56
Gerrin Myall, Salinas	:58

One mile Walk

A.Grossman, Arrow	8:46.6
M.Augustus, Napa	8:46.7

High Jump

Kevin Sanchez, Arw	4-5
Jim Gash, Sonoma V	4-5
Darren Huston, Sal	4-1½
Avery Stancill, 1980	4-1
Roy Garland, 1980 TC	4-0
Peter Avila, Diablo	3-10
Jim Callahan, Napa	3-10

Long Jump

Virgil Robinson	14-11
Dave Keating	13- 0½
Ron Pennington, Arw	12-10½
Calvin Anderson	12-10
Kenny Oliver	12- 7½
Robert Latting	12- 5½
Garrin Myall	12- 1½

Shot Put (6 pound)

Eric Blood, Diablo	23-0½
Marc Tourville	22-8½
Ricky Delisser, CupY	22-6½
Jim Gash	21-4½
Sean Fottrell, Diab	21-1
Jim Callahan, Napa	20-9½

4 x 110 yard Relay	
Berkeley East Bay TC	57.4
Eastshore Hustlers	58.3
Eastside Youth & AC	59.2
Salinas Valley TC	60.0
4 x 440 yard Relay	
Arrow TC	4:53.4
Eastside Youth&AC	5:03.7
Diablo Valley T&FC	5:03.8

Midget Boys (b.1965-66)

100 yard Dash	
Ernest Egu, E'shore	11:8h
Eric Stuart, Arrow	11.9h
Deante Topps, HHoov	11.9h
Steve Barnes, E'side	12.1h
Sheldon Griffith, Aw	12.2h
Kenneth Jones, HHoov	12.3
220 yard Dash	
Eric Stuart	26.7
Ernest Egu	26.7
Sheldon Griffith	27.5
Deante Topps	27.6
Conrad Ward, E'shore	28.1
Jack Kegg, Salinas V	28.4
Steve Lux, Diablo V	28.5
Sam Sims, Berkeley EB	28.5

440 yard Dash

Sheldon Griffith	63.7
Jeff Rossman, Arrow	64.2
C.Ward, E'Shore	64.3
Mike Fottrell, Diablo	64.3
Steve Lux	64.7
Dave McFadden, W'side	65.5
880 yard Run	
Jeff Rossman	2:24.6
Jeff Mihm, DiabloV	2:25.5
Jack Kegg	2:26
Rico Ballatti, DV	2:27.6
Marty Munn, Salinas	:29.1
Deante Topps	2:30
Riley Moore, E'sh	2:30.8
One mile Run	
Bryan Kovacs, Arw	5:12
John Latting, DV	5:13.5
Dave Johnson, GEagle	19
Mike McManus, DV	5:22.8
Steve Kilik, Arrow	5:25
Jim Chaney, DV	5:31.3
Chuck Haggard, V/Moon33	
70 yard Low Hurdles	
Ken Jones	10.3h
John Gash, Sonoma V	10.7
Derek Rogers, Arrow	10.7h
Erik Hill, VofMoon	11.2h
Peter Berg, Napa	11.4
Mike Hebrard, Berk	11.6
Steve Lekki, Sonoma	11.7

One mile Walk

Paul Wade, Cup Yr	8:52.1
Mark Ibrahim, Arw	9:32.5
High Jump	
Chuck Haggard	5- 1
Craig McMillan, VM	4-11
Bobby Cambron, RCFlyer	-11
Marty Munn	4-10
John Gash	4- 9
Mike Fottrell, DV	4- 8
Jeff Hagar, GEagles	4- 8

Long Jump

Eric Stuart	16- 9½
Ernest Egu	15-11½
Conrad Ward	15-10½
Derek Rogers, Arw	15- 9½
Steve Barnes, E'side	15-4
John Latting	14-11½
Craig McMillan	14- 7½
Mike Fottrell	14- 5

Triple Jump

Jeff Rossman	36-10½
Jack Kegg	32- 1½
Matthew Brown, Spar	31-2
Craig McMillan	30-11½
John Gash	29-10½
David Cristofano	29- 9
Mark McGrady, Son	29- 6

Shot Put (6 pound)

Mike Fottrell	34-1½
Joe Lemmons, Napa	30-6½
Eric Venable, Napa	30-1½
Peter Lehrer, Son	29-8½
Mark McGrady, Son	29-6
Robert Smith, Sal	29-0½

4 x 110 yard Relay

Herbert Hoover BC	54.4
Eastshore Hustlers	54.8
Berkeley East Bay	55.9
Diablo Valley TC	56.6

4 x 440 yard Relay	
Arrow Track Club	4:19.4
Diablo Valley TC	4:26.3

Youth Boys (b.1963-64)

100 yard Dash	
Eric Tokstad, Pinole	10.5
Steve Masor	10.6
Tim Peoples, E'side	11.2
220 yard Dash	
Eric Tokstad	24.7
Steve Masor	24.7
Tim Peoples	25.6
Brad Thompson, RCF	25.9
David Oliver, HHoov	26.0

440 yard Dash

Doug Evans, E'side	58.1
Bill Bailey, DV	58.3
Bill Johnson, Sal	58.8
Brad Riel, DV	59.4
Brad Thompson	59.5
David Oliver	59.5

880 yard Run

Jon Harmon, DV	2:18.8
Tim Healy, Napa	2:18.9
Doug Evans	2:22.2
Mike Costing, Sal	2:22.5
One mile Run	
Don Aviles, RCF	4:55.7
Jim Scattini, Sal	4:59.3
Tim Healy, Napa	5:07.7
Ken Apperson, CY	5:10.5
Jon Harmon	5:11.6
Brian Bergstrom, A	5:12

Two mile Run

Don Aviles	10:25
Jim Scattini	10:44.6
Tim Healy	11:00.9
Brian Bergstrom	11:02
Chris Mills, CY	11:12
Paul Stephens, DV	11:16.8

70 yard Low Hurdles

Erik Tokstad	9.0h
Wendell Sells, Sal	9.3h
Mike Kesler	9.7
Ed Mahasse, Napa	9.8
Charlie Penner, CY	10.2
Dave Swanson, Sonoma	10.4
Robert Loya, CY	10.5
Marc Wenrich, CY	10.6

High Jump

Wendell Sells	5-8
Dave Swanson	5-6
Brad Riel	5-6
Alan Campbell	5-0
Joe Olvera, Salinas	5-0
Brad Thompson, RCF	5-0

Long Jump

Steve Masor	19-9
Andy Sythe, Sparta	19-0
Brad Riel	17-5½
Marc Wenrich, CY	17-3½
Triple Jump	
Andy Sythe	35- 7½
Dave Swanson	35- 5½
Bill Bailey	35- 3½
Larry Weldon, E'sd	34-11½
Ed Mahasse	33- 6½
Jerry Croxdale, Na	32-10½

Shot Put (8 pound)

Jerry Croxdale	43- 6½
Carl Gunn, HHoover	42-- 7½
Alan Campbell	38- 1½
Tim Keown, Napa	37- 0½
Bob Lee, DV	34-11½
Mike Rutherford, D	34-10½
Bill Johnson, Sal	34-10½

Discus Throw (1.0 kg)

Carl Gunn	119-1
Jerry Croxdale	106-4
Alan Campbell	102-0
D.Elkins, RC Flyers	101-7
Steve Green, Sal	96-8
Bill Bailey	95-7

4 x 110 yard Relay

Eastside Youth & AC	50.1
Herbert Hoover BC	51.2
4 x 440 yard Relay	
Eastside Youth	4:08.3
Diablo Valley TC	4:08.5
Salinas Valley TC	4:10.8
Redwood C Flyers	4:11.4

CALIFORNIA STATE HOPEFULS



JIM CRITTENDON
(West Vernon Jets)



BRAD RIEL
(Diablo Valley Track Club)



DARNELL COLES
(Rialto Classics)

STARTING LINE CALENDAR

JUNE

- 17-18 Ozark Jr Olympics, Poplar Bluff, MO (B & G, Bantam to Sr, T&F) Sam Giambelluca, 1020 Kendall Dr, Poplar Bluff, MO 63901
17-19 Mardi Gras Summer Relays, Metairie, LA (Boys, Bantam & up, T&F) Wayne Vest, 5705 Flagler St, Metairie, LA 70003
18-19 NATIONAL AAU JUNIOR MEN CHAMPIONSHIPS, Knoxville, TN ('58-later, T&F) Billy Maxwell, Dept of Ath, U of Tennessee, Knoxville
18 National RRCA Postal Mile, Lake Mahopac (NY) High School (Boys & Girls, 5-under & up, Track) Barry Geisler (212) 298-9873
18 Vestal 20 km Road Race, Endwell, NY (Boys & Girls, 10-under & up) Alan Jones, 3717 Wildwood Dr, Endwell, NY 13760
18 Peach Festival Open Meet, Rustin, LA (Boys, Bantam & up, Track & Field) Jim Mize (318) 257-3631
18 Springfield/Dayton (OH) Classic, Central-St U (B&G, Bant to Int, T&F) Robt. Hutchins, 1413 E Home Rd, Springfield, OH 45503
18 NATIONAL JUNIOR USTFF CHAMPIONSHIPS, Evanston, IL
18 Gulf AAU Age Group Championships, Alief, TX (Boys, Bant to Int, T&F) Jerry Montgomery, PO Box 475, Alief, TX 77411
18 So Pacific AAU Junior Olympics, U of Redlands, CA (Boys, Bant to Sr, T&F) Dee Weathers, 1423 N Terrace Rd, Rialto, CA 92376
20,27 Willingboro (NJ) Track Club Development Meet (B & G, 6-13, T&F) Bill Lewis, 4 Thornhill Lane, Willingboro, NJ 08046
20,27 Takanassee Lake Road Races, Long Branch, NJ (B & G, AG, LDR) Elliott Denman, 28 Locust Ave, W Long Branch, NJ 07764
20,27 Los Angeles Youth Services All-Comers Meet, Gardena (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
21,28 Los Angeles Youth Services All-Comers Meet, Venice (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
22,29 Los Angeles Youth Services All-Comers Meet, Pierce College, Woodland Hills, CA (B&G, ES & up, T&F) Don MacKenzie...see above
23,30 Willingboro (NJ) Track Club Development Meet (B & G, 14 & up, T&F) Bill Lewis, 4 Thornhill Lane, Willingboro, NJ 08046
23,30 Los Angeles Youth Services All-Comers Meet, Bell (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
24-25 Atlanta (GA) "Invitational", Lakewood Stad (B&G, Age 9 to Age 16-17, T&F) Chas. Rambo, 1591 Fairburn Rd. SW, Atlanta, GA 30331
24-25 California State A-G Championships, CSU, Long Beach (Boys, Bant to Int, T&F) James Townsend, 1355 W 32nd St, Long Beach, CA
24-26 USTFF "NATIONAL GIRLS AGE GROUP CHAMPIONSHIPS, Xenia, OH (9-U to 16-17, T&F) Norm Saettel, PO Box 1644, Dayton, OH 45401
25 Mardi Gras "Invitational", Metairie, LA (Boys, Bantam & up, T&F) Eddie Womac (504) 887-2230
25 Pattonville (MO) "Invitational" (Boys & Girls, Track & Field) Jim Dickerson, 12704 Brumley, Bridgeton, MO 63044
25 Cheetah Relays, Bothell, WA (Girls & Boys, Bantam & up) Jim Baumann, 11936 - NE 153rd Place, Bothell, WA 98011
25 Arizona State AAU Championships, Phoenix (Boys, Bantam & up, T&F) Bruce Frankie, 6112 N 17th Ave, Phoenix, AZ 85015
25 So Pacific AAU Jr Olympics, Santa Ana (CA) Coll (Girls, Bant to Sr, T&F) Steve Wennerstrom, 985 S Idaho #69, La Habra, CA

JULY

- 2 Wall Township (NJ) Age Group Meet (Boys & Girls, Track & Field) Elliott Denman, 28 N Locust Ave, West Long Branch, NJ 07764
2 Region 8 Jr Olympics, U of Oklahoma, Norman (Boys & Girls, Int/Sr, T&F) Chuck Hawkins, PO Box 253, Yukon, OK 73099
2-3 Alief (TX) Track Club Summer Relays (Boys & Girls, 6-7 to 16-17, T&F) Jerry Montgomery, PO Box 475, Alief, TX 77411
2-3 NATIONAL JR OLYMPIC DECATHLON/PENTATHLON, Yakima, WA (B & G, Int & Sr) Art Hutton, 304 Stanley Blvd, Yakima, WA 98902
4,11 Takanassee Lake Road Races, Long Branch, NJ (B & G, Age Group, LDR) Elliott Denman, 28 Locust Ave, W Long Branch, NJ 07764
5,12 Willingboro (NJ) Track Club Development Meet (B & G, 6-13, T&F) Bill Lewis, 4 Thornhill Lane, Willingboro, NJ 08046
5,12 Los Angeles Youth Services All-Comers Meet, Venice (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
6,13 Los Angeles Youth Services All-Comers Meet, Pierce Coll, Woodland Hills, CA (B & G, ES & up, T&F) Don MacKenzie...see above
7,14 Willingboro (NJ) Track Club Development Meet (B & G, 6-13, T&F) Bill Lewis, 4 Thornhill Lane, Willingboro, NJ 08046
7-8 Westside Optimist Dev Meet, Boise, ID (B & G, Bantam & up, T&F) Al Henderson, 7230 El Caballo Dr, Boise, ID 83704
8-9 Region Three Junior Olympics, Auburn (AL) Univ (B & G, Int/Sr, T&F) Fred Carley, Box 436, Route 1, Niceville, FL 32578
9 Ocean Township Rec Series, Oakhurst, NJ (B & G, Age Group, T&F) Phyllis Fyfe, 382 W Park Ave, Oakhurst, NJ 07765
9 Region Two Junior Olympics, Lynchburg, VA (B & G, Int/Sr, T&F) Rod Camden, 601 Custer Drive, Lynchburg, VA 24502
9 Southern Assn Junior Olympics, Baton Rouge, LA (Boys, Bant to Sr, T&F) Jim Curley (504) 344-3257
9 Arizona AAU All-Comers Meet, Washington HS, Phoenix (Boys, Bant & up, T&F) Bruce Frankie, 6112 N 17th Ave, Phoenix, AZ 85015
9 Region 11 Junior Olympics, Spearfish, SD (B & G, Int/Sr, T&F) Dave Little, Black Hills State College, Spearfish, SD 57783
9-10 Austintown (OH) Classic (Boys & Girls, Bantam & up, Track & Field) Ed Wilson, PO Box 4183, Youngstown, OH 44515
11 Los Angeles Youth Services All-Comers Meet, Gardena (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
14-15 Westside Optimist Development Meet, Boise, ID (B & G, Bantam & up, T&F) Al Henderson, 7330 El Caballo Dr, Boise, ID 83704
15-16 Region One Junior Olympics, Brown U, Providence, RI (B & G, Int/Sr, T&F) John Babington, 4 Washington Av, Cambridge, MA 02140
15-17 NATIONAL AAU AGE GROUP CHAMPIONSHIPS, Albuquerque, NM (Boys, Bant to Sr, T&F) Willie Goldsmith, 132 Espejo NE, Albuquerque
16,23 Ocean Township Rec Series, Oakhurst, NJ (B & G, Age Group, T&F) Phyllis Fyfe, 382 W Park Ave, Oakhurst, NJ 07765
16 Region Six Jr Olympics, Marshall U, Huntington, WV (B & G, Int/Sr, T&F) Beth Bonner, RR #1, Reedsville, WV 26547
16 Region Seven Jr Olympics, Hale HS, W Allis, WI (B & G, Int/Sr, T&F) Richard Perez, 3425 N 96 Street, Wauwatosa, WI 53226
18,25 Takanassee Lake Road Races, Long Branch, NJ (B & G, Age Group, LDR) Elliott Denman, 28 N Locust Ave, W Long Branch, NJ 07764
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21,28 Los Angeles Youth Services All-Comers Meets, Bell (CA) HS (B & G, Elementary & up, T&F) Don MacKenzie (213) 625-6580
23 Region Four Jr Olympics, Winter Park, FL (B & G, Int/Sr, T&F) Ted Benz, 215 West Princeton, Orlando, FL 32804
23 Sterling (IL) "Invitational" (Boys & Girls, Age Group, T&F) Joe Twyman, PO Box 457 West Lefevre Road, Sterling, IL 61081
23 Region Nine Jr Olympics, Portland, TX (B & G, Int/Sr, T&F) George Harris, Box 297, Portland, TX 78374
23 Region Twelve Jr Olympics, Madison HS, Portland, OR (B & G, Int/Sr, T&F) John Clarke, 1107 SW 4 Ave, Portland, OR 97204
23-26 Region Ten Jr Olympics, El Paso, TX (B & G, Bantam to Senior, T&F) Ben Brooks, 47 Alameda Ave, El Paso, TX 79905
24 Indiana USTFF Meet (Junior Men, Track & Field) Tom Gavis, 727 South Eddy, South Bend, IN 46615



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