

FOUR WORLD RECORDS AT EUROPEAN INDOOR CHAMPIONSHIPS



Victory Ceremony for International Cross Country Championships, Frederick, Maryland. Winner was Doris Brown, USA, who won the individual title for the fourth straight year. Runner-up was England's Rita Ridley, and third Thelma Fynn of Canada. The team from England won the world title as the Americans, the defending champions, were left far behind. (See story on Page 8) Jeff Johnson photo

AUSTRIA SURPRISES WITH TWO TITLES

from Jan Popper.

Comments by Erich Kamper & Mel Watman.

Vienna, Austria, March 14/15:-The first-ever European Indoor Championships, almost completely dominated by Soviet athletes in the men's division, (USSR won 8 of the 13 gold medals), were a more international affair in the nine women's events. The chart shows how the final places were distributed:

	1st	2nd	3rd	4th	5th	6th	Total
USSR	2	2	1	2	2	1	10
East Germany	2	1	2	1	0	0	6
Austria	2	0	1	1	0	0	4
France	1	1	1	0	0	0	3
Rumania	1	1	0	0	0	0	2
England	1	0	0	0	0	0	1
West Germany	0	4	0	0	0	1	5
Poland	0	0	3	1	1	1	6
Holland	0	0	1	1	1	0	3
Bulgaria	0	0	0	1	1	2	4
Sweden	0	0	0	1	0	0	1
Yugoslavia	0	0	0	0	1	0	1
Switzerland	0	0	0	0	0	1	1

As can be seen, the two Austrian gold medals were the big surprise. To the huge pleasure of the domestic crowd, (4500 on Saturday and 5500 on Sunday), two girls from the Sudstadt, (Maria-Enzerdorf club "Energie") won their events: Liese Prokop's sister Maria Sykora the second-weakest event the half mile, and little (2 yrs) Ursula's mother Ilona Gusenbauer, the second-best event, the high jump.

Gusenbauer dominated the performances scale with her 1.88/6'2 clearance in the high jump, only three cms. under the mythical mark of Iolanda Balas. The biggest newcomer to the record scene was Marilyn Neufville of Jamaica and Great Britain, who destroyed Besson's indoor mark and the French Olympic heroine herself with a 53.0 400m achievement. Karin Balzer, once, and her new threat from the USSR Lia Khitrina, (twice) equalled the 60m hurdle best at 8.2. And of course Nadyezhda Chizhova bettered the shot indoor mark another time. But you could not compare it with her mighty 67'0 1/4 summer record.

The weakest individual event was the 60m dash. Meissner's strongest opposition, (Petra Vogt, Irena Szewinska and the British girls), did not start. The strongest event, at least from the point of close competition and the number of first class marks, was the long jump, which was decided in the last round of jumps.

In general, this well-run meeting which was televised to 18 European countries, was by far the best indoor competition Europe has ever seen.

RESULTS: 60m, Heat 1, 1-Meissner (EG) 7.3, 2-Telliez (Fra) 7.5, 3-Monoranu (Rum) 7.6, 4-Ortner (Aut) 7.7, 5-Waldburger (Swi) 7.7; Heat 2, 1-vd Berg (Hol) 7.5, 2-Sarna (Pol), 3-Popkova (SU) 7.7, 4-Vozakova (CSSR) 7.8, 5-Meyer (Fra) 7.8; Heat 3, 1-Irrgang (WG) 7.6, 2-Besfamilnaya (SU) 7.6, 3-Hadrup (Den) 7.7, 4-Molinari (Ita) 7.7. Semi-final 1, 1-Meissner 7.4, 2-vd Berg 7.5, 3-Irrgang 7.5, 4-Monoranu 7.6, 5-Hadrup 7.6, 6-Popkova 7.7; Semi-final 2, 1-Telliez 7.5, 2-Sarna 7.5, 3-Besfamilnaya 7.6, 4-Oertner 7.7, 5-Molinari 7.7, 6-Vozakova 7.7. Final: 1-Meissner 7.4, 2-Sylviane Telliez 7.5, 3-Wilma van den Berg 7.5, 4-Besfamilnaya 7.6, 5-Sarna 7.6, 6-Irrgang 7.6.

REEL TALK

What's the difference between Europe and the USA? Well, one difference can be seen in the complete report in this issue of the European Indoor Championships as compared with the results printed in last month's issue of WTPW of the USA Indoor Championships. The European report is complete and included much more detail which could have been included in the story had there been available space. The US results were actually obtained at the last minute just by chance from Stan Eales, an assistant to TV announcer Dick Bank, who "just happened" to write down results as they were announced. We still do not have complete results of the field events and undoubtedly never will. I am sure these results are somewhere in the official files, but they should be made public before the publishing of the 1971 AAU Handbook!

A letter from the parents of Maria Stearns regarding placing of Maria in the afternoon (unseeded) section of the Indoor National mile race clears up a few points and raises a few questions awaiting answers. Maria never received an entry blank, (you may recall one reached this office only 24 hours before it was due in NY City), so a phone call was put in to Ollan Cassell in NY and Maria was instructed to send a telegram for her entry. She did. On 24 February, three days before the meet, a request was received for Maria's AAU number and her "best mile time". These were cabled to NY - the mile time listed was the 1969 mark since Maria had not run a mile in 1970 - a 1969 mark of 4:58.4. I don't know how many women have run the mile under five minutes in the USA, (four in 1969 according to the USA List), but that certainly should have put her in the seeded section. Now that we have heard from the "Stearn" side, how about a reply from the "Official" side - main purpose of the reports back and forth to keep such a thing from happening in the future to any athlete. Maria actually ran under five minutes on three different occasions last year with marks of 4:59.3, 4:58.7 and 4:58.4s.

And while we are on the subject of Official Replies, we have just learned that Doris Brown did not receive monies due her to defend the mile title she won in 1968 - therefore she did not compete in 1969 - and we know she was absent again in 1970. Why?

Vince Reel, Editor

Published monthly at Claremont, California, 91711, USA, by Women's Track and Field World Publications, Inc. Entered as second class mail May 1967 at P.O., Claremont, Calif.

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Published monthly at Claremont, California, 91711, USA by Women's Track and Field World Publications, Incorporated. Entered as second class mail May 1967 at P.O., Claremont, California, under Act of Congress, March 1879.

As we expected, the "public" is still talking about the women's and girl's competition which we staged at the Ninth Annual Claremont Relays. We KNEW that if the old fans of the sport could see these young girls and women compete, they would be completely sold on the distaff side of track. It was interesting to hear several of the college athletes exclaim "G-I-R-L-S" at a TRACK meet??? And many of the girls were not aware the meet was for both sexes. But, as anticipated, the females stole the show. The local newspaper, the "Progress-Bulletin", devoted as much space to the girls events as to the college men, and the college paper, which rarely lowers itself to reporting TRACK events, devoted an entire column to the show put on by the females. So, meet managers, if you want your meet to be a success, put in a full program of girls and women's events - you'll be surprised at the results!

USSR BEST TRACK NATION FOR 1969

The East German weekly track newspaper "Leichtathlet" recently scored the top five nations of the world for 1969 and the results found the Soviet Union winning over East Germany, West Germany, the United States and Great Britain in that order.

The format used was to score the top 10 performers from each nation in each of the standard events. Event by event, here is the result:

	USSR	EG	WG	USA	GB
100m	10542	10617	10098	10451	10122
200m	10540	10433	10130	10270	10370
400m	11031	10963	10669	11235	11086
800m	10994	10957	10615	10745	11178
100mH	10799	10956	10414	10199	10124
HJ	11040	10997	10390	10324	10471
LJ	10484	10229	10334	9765	10301
SP	11832	11703	10612	9635	9464
DT	11538	11362	10706	9902	9663
JT	10914	10562	10533	10091	9584
TOTAL	109714	107779	104511	102617	102363

TOP CANADIAN INDOOR MARKS 1970 from Ted Radcliffe

<u>50 Yards</u>	5.7 Karen Pirnie	<u>50 Meters</u>	6.2 Stephanie Berto
	5.8 Patti Loverock		6.4 Linda Branter
<u>60 Yards</u>	7.1 Jan Madden	<u>200 Meters</u>	25.2 Jan Madden
	Ann Covell		25.7 Patti Loverock
<u>300 Meters</u>	40.1 Jan Madden	<u>400 Meters</u>	56.6 Heather McKay
	41.1 Ann Covell		57.1 Irene Piotrowski
	Liz Vanderstam		57.9 Brenda Walsh
<u>660 Yards</u>	1:24.4 Abby Hoffman	<u>800 Meters</u>	2:10.0 Thelma Fynn
<u>1500 Meters</u>	4:34.5 Doreen Martins		2:11.0 Joan Dyke
	4:41.0 Noreen Liepens		2:11.8 Noreen Liepens
	4:44.4 Sandra Harper		2:12.6 Abby Hoffman
<u>50 Yard Hurdles</u>	7.1 Liz Damman	<u>50 Meter Hurdles</u>	7.5 Penny May
	Jenny Meldrum		Wendy Taylor
<u>High Jump</u>	6'0 Debbie Brill		7.6 Carolle Maille
	5'7 Debbie Van Kiekelbelt		Peggy Busch
	5'6 Diane Jones	<u>Long Jump</u>	18'9 3/4 Brenda Eisler
	Betty Harrison	<u>Shot Put</u>	45'6 Joan Pavelich
<u>Brill's Indoor Record 1970</u>			44'7 3/4 Marlene Kurt
5'10 1/2	January 10 @ Calgary		
6' 0	February 5 @ Toronto		
5'10	February 15 @ Winnipeg		
5' 9 3/4	February 21 @ Vancouver		
5'11	February 27 @ New York		
5'11	March 7 @ Lethbridge		



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KARIN BALZER, East Germany, wins the European Indoor 60m hurdles championship, equalling the world record of 8.2. Close behind is Russia's Lia Khitrina, also clocked in 8.2s. From left to right, Khitrina(2nd), Sukniewicz, Poland (3rd), Balzer, Nowak, Poland (4th), Sterk, Holland (5th) and Koschnitscharska, Bulgaria (6th). Photo from "Leichtathletics".

EUROPEAN CHAMPIONSHIPS (Continued)

Renate Meissner, European runner-up at 200m outdoors, was undefeated this winter during which she posted such good times as 6.6 for 60y, 7.2 for 60m and 24.3, a world best, at 200m. She won the dash on the Recortan-covered straight un supreme style after a very good start and had the lead from the first 5-10 meters. The sprint times generally were not too fast/ A controlling electric device, which disqualifies automatically any runner who left the starting blocks up to 5/100 second after the gun, was used for the first time.

Renate Meissner, born 5 December 1950 in Suplitz. She is 5'6½ and weighs 148 pounds and is a student. Annual progression:

Year	Age	100m	200m
1964	14	12.6	xxxx
1965	15	12.2	xxxx
1966	16	12.0	24.9
1967	17	11.8	24.5
1968	18	11.6	23.9
1969	19	11.5	23.3

400 Meters

Never before has such speed been attained on a banked oval. Vienna has a 200m track which surely helped the fast times. But a year before - at Belgrade - there was also a long track (195m) and Colette Besson ran "only" 54.0, a world record then. Now the French beauty found two conquerors at the same time: West Germany's coming star Christel Frese who bettered Besson's time in the heat and beat Besson again in the final; and she also found her superior the 18 year old British girl of Jamaican origin, Marilyn Neufville. The robust south east London speedster, with a personal outdoor best of 54.2, ran the first 200 in 25.1 and beat off any attack of her tough German opponent to win with a new world mark of 53.0 flat. No less an authority than Lillian Board says, "This is a girl with 51 second potential". We'll look for summer! Outside of Neufville and Frese, the Bulgarian newcomer Zlateva also beat her own absolute best time. (JP)

Neufville's rise to international stardom as a 400m runner has come about even more quickly than was the case with Ann Packer and Lillian Board. As recently as August 22, 1969, her personal best was 57.1 for 440y; then the next day she made her first dramatic breakthrough when running only a few yards behind Board with a 400m time of 54.4 at Crystal Palace. She trimmed that to 54.2 in winning against Rumania in October and proceeded to open her indoor campaign and career with a 54.9 victory in the WAAA Championships at Cosford in February. Later in the month she tied Rosemary Stirling's UK indoor best of 54.8 in scoring against East Germany and repeated those figures for victory in East Berlin on March 1.

In none of these indoor races had Marilyn given the impression of being flat out, her long lazy stride seemingly eating up the ground without undue effort. What, we wonder-

ed, could she do if she ran the first half of the race hard? But how would she, only 17, stand up to the stresses and strain of two hard races in a day in these her first international championships?

Marilyn supplied the answers eloquently in the final. The draw from the inside on the fast 200m board track (covered with a rubberised material known as Rekortan, a rival to Tartan) was Colette Besson, Neufville, Frese, who had set the indoor world best of 53.7 in her heat, and Karin Lundgren who had posted the world best for 300m earlier in the winter.

Lundgren, who is also one of the world's fastest over 60m, was away quickly and led past 200m at a brisk pace ahead of Frese, Marilyn (24.8) and an unusually subdued Besson. Marilyn and the German girl went past Lundgren after 300m with Marilyn forging slightly ahead and holding form well in the face of a prolonged challenge from Frese, the London school-girl broke the tape a tenth in front. Her time was a sensational 53.0, a full second faster than the world's best before these championships (shared by Janell Smith and Besson), and no less than 1.2 seconds better than her personal outdoor record. The time must be worth at least half a second faster on a 400m track (given ideal conditions) so by the summer Marilyn could be within striking distance of the world mark of 51.7. (Mel Watman).

Marilyn Neufville was born in Jamaica on November 16, 1952, and is a student. Her annual progress:

Year	Age	100m	200m	400m
1967	16	11.2y	xxxx	xxxx
1968	17	11.1y	23.9y	57.1y
1969	18	xxxx	xxxx	54.2

RESULTS: Heat 1, 1-Frese (WG) 53.7 (WR), 2-Besson 53.8, 3-Zlateva (Bul) 55.5; Heat 2, 1-Neufville (GB) 55.2, 2-Macounova (CSSR) 56.4, 3-Hryniewicka (Pol) 56.7; Heat 3, 1-Lundgren (Swe) 55.2, 2-Nikanorova (USSR) 55.8, 3-Govoni (Italy) 55.8.

Final: 1-Neufville 53.0 (WR), 2-Christel Frese 53.1, 3-Colette Besson 53.6, 4-Lundgren 53.8.

800 Meters

Despite a hard schedule - less than seven hours between heats and final - this was the best mass-finish yet witnessed in an indoor half. And the most applauded race in the Stadthalle, too. Maria Sykora, sister of pentathlon star and world record holder Liese Prokop, started her attack shortly after 400m (62.3) and used her speed to a great finish in the last 150 meters. She is another bright prospect on the European 400-800 scene. Pre-race co-favorites Ann-elise Damm-Olesen (second at Athens) and Rosemary Stirling (season leader with 2:06.5) were casualties of tight-bunched and hot battles in the heats. Watch for the Spanish girl, Maria Fuentes: she is not only the first Iberian girl in such a high position in any continental class meet, but she also bettered her previous best time by more than 2.5 seconds (JP).

EUROPEAN CHAMPIONSHIPS (Continued)

In the 800m race it was a sensational outsider-win by the Austrian teacher Maria Sykora who won the hearts of the Vienna crowd of more than 10000. Maria is coached by her brother-in-law, Gunnar Prokop. Maria, bronze medal winner in the 400m at last year's European Championships in Athens, showed a very clever tactical race and bettered her personal indoor best from 2:13.7 to 2:07.0 though she has had only little experience in the 800 meters. (Erich Kamper)

RESULTS: Heat 1, 1-Janze (WG) 2:09.9, 2-Keizer (Hol) 2:10.5, 3-Bragina (USSR) 2:10.7, 4-Kolakowska (Pol) 2:10.9, 5-Damm-Olesen (Den) 2:14.5; Heat 2, 1-Safronova (USSR) 2:12.9, 2-Sykora (Aut) 2:13.0, 3-Fuentes (Spain) 2:14.9, 4-Zlateva (Bul) 2:14.9, 5-Stirling (GB) 2:16.8, 6-Soerum (Nor) 2:18.9.
FINAL, 1-Maria Sykora 2:07.0, 2-Lyudmila Bragina (USSR) 2:07.5, 3-Zofia Kolakowska 2:07.6, 4-Keizer 2:07.7, 5-Safronova 2:07.9, 6-Zlateva 2:08.6, 7-Fuentes 2:09.0, 8-Janze 2:09.5.

Maria Sykora was born in Austria on October 11, 1946, in Vienna. She is a housewife, is 5'8" and weighs 139 pounds. Her annual progression:

Year	Age	200m	400m	800m	Pent
1965	19	26.5	59.7	xxxx	xxxx
1966	20	25.8	xxxx	xxxx	xxxx
1967	21	25.0	56.7	xxxx	4314
1968	22	25.1	55.1	xxxx	4428
1969	23	24.0	53.0	2:12.4	4650

60 Meter Hurdles

The Grand Old Lady of European Hurdling, Karin Balzer, was threatened more than in any 1969 race by Lia Khitrina, SU, so far the only Soviet hurdler who has become familiar with the new hurdle height and spacing. Khitrina, an Odessa teacher, whose first junior success in the USSR were achieved as far back as 1960/61, defeated the strong Polish due of Nowak and Sukniewicz clearly and could be in the 13.0 range very soon. The times were a little disappointing, especially when now only five flights of hurdles are used by international regulation.

RESULTS: Heat 1, 1-Balzer (EG) 8.3, 2-Peters (GB) 8.5, 3-Antenen (Swi) 8.5, 4-Koshnicharska (Bul) 8.7, 5-Pilav (Yug) 8.7; Heat 2, 1-Khitrina (SU) 8.2, 2-Sterk (Hol) 8.5, 3-Nowak (Pol) 8.5, 4-Piackova (CSSR) 8.6, 5-Balogh (Hun) 8.7; Heat 3, 1-Sukniewicz (Pol) 8.6, 2-Rosendahl (WG) 8.6, 3-Bufanu (Rum) 9.2, 4-Knoeppel (Aut) 9.3.
Semi-final 1, 1-Khitrina 8.3, 2-Nowak 8.5, 3-Sterk 8.5, 4-Peters 8.7, 5-Bufanu 8.9; Semi-final 2, 1-Balzer 8.3, 2-Sukniewicz 8.5, 3-Kochnicharska 8.7, 4-Piackova 8.7, 5-Antenen 8.7, 6-Knoeppel 9.2.
Final, 1-Balzer 8.2, 2-Khitrina 8.2, 3-Sukniewicz 8.5, 4-Nowak 8.5, 5-Sterk 8.6, 6-Koshnicharska 8.8.

Karin Balzer was born in Magdeburg, Germany, on May 6, 1938. She is a sportteacher, stands 5'7" and weighs 132 pounds. Her annual progression:

Year	Age	100m	200m	Hurd	LJ	Pent
1954	16	12.7	xxxx	12.6	15'3/2	3391
1955	17	12.6	xxxx	11.9	16'8	xxxx
1956	18	12.2	xxxx	11.7	17'4/4	4263
1957	19	12.0	25.2	11.3	xxxx	xxxx
1958	20	12.3	25.3	11.0	18'9/2	4189
1959	21	12.2	xxxx	11.0	18'8/2	xxxx
1960	22	12.1	24.7	10.7	19'4/4	xxxx
1961	23	11.8	24.7	10.9	19'6/4	4293
1962	24	11.7	24.0	10.6	20'1	4619
1963	25	11.6	24.0	10.7	20'2/4	4558
1964	26	11.6	23.4	10.5	20'2	4790
1965	27	Did not compete	- had baby			
1966	28	11.7	24.7	10.6	19'3/4	xxxx
1967	29	11.8	24.1	10.7	19'2/4	xxxx
1968	30	11.8	23.6	10.5	xxxx	xxxx
1969	31	11.3	24.1	12.9	xxxx	xxxx

High Jump

Even without six of the best ten high jumpers from the Athens final, this was easily the best indoor competition ever held in this event! And after 130 minutes of fighting it was crowned by the best non-Balas jump in history. Ilona Gusenbauer, stronger, (she lifted 250 tons a month during her preparation for Vienna), and cooler in big competition than last year, cleared 1.88/6'2 on her third attempt and then tried 1.90/6'2. Ilona, who is now studying PE and

biology, will now concentrate herself on winning the FISU Games at Turin in September. For the first time, I feel the Balas record is threatened!

Up to 1.82/5'11", the most impressive of Gusenbauer's competitors was Balas' compatriot, the young Cornelia Popescu, (born August 27, 1950, 5'6 tall and weighing 141), who until this winter was known as an "also-ran" of the Mexico City pentathlon. She has mastered a perfect flop-variante with a rather unusual approach from the right side, clearing 1.83 6'0 in an earlier domestic competition and lead the whole Vienna field up to 1.82. Just now, this Rumanian blonde, whose best before this winter was a mere 1.68/5'6, is the best woman "flop" jumper in Europe. But the future could be here!

Yordanka Blagoyeva and Rita Schmidt, both beaten by Gusenbauer 14 days earlier, despite clearing 1.84/6'0", found 1.85/6'1 too high for them in this type of competition. From the others in the field, only 17 year old Kari Karlsen from Norway matched her personal best (indoors or out). Olympic and European champion Milena Rezkova did not do any indoor jumping this year, nor did her Slovak partner Maria Mracnova. Although she won the Soviet qualifying meet, Tonya Lazaryeva did not compete. And Jaroslava Valentova of CSSR did not start despite her 1.80/5'10" jump a week before Vienna. She said, "I have not completed my reverse to straddle jumping as yet and without perfecting my technique I could not start in such top competition." (JP)

There was a second Austrian gold medal winner in Ilona Gusenbauer who succeeded for the first time to prove her immense talent in big championship competition by bettering the world indoor mark. The 15th of March will be a markstone for Austrian women athletes with two European titles on one and the same day. (Erich Kamper)

RESULTS: 1-Ilona Gusenbauer (Austria) 1.88/6'2 (WR), 2-Cornelia Popescu (Rum) 1.82/5'11", 3-Rita Schmidt (EG) 1.82/5'11", 4-Yordanka Blagoyeva (Bul) 1.82/5'11", 5-Hrepevnik (Yug) 1.76/5'9", 6-Prociow-Berezowska (Pol) 1.76/5'9", 7-Czabi-Komka (Hun) 1.73/5'8, 8-Brintseva (SU) 1.73/5'8, 9-Konowska (Pol) 1.73/5'8, 10-Karlsen (Nor) 1.73/5'8, 11-Zielinska (Pol) 1.73/5'8, 12-Barnay (Fra) 1.70/5'7, 13-Gaertner (WG) 1.65/5'5.

Name	5'3	5'5	5'7	5'8	5'9"	5'10"	5'11"	6'0"	6'2
Brintseva	x	x	ox	x	ooo				
Gusenbauer	p	p	ox	x	x	x	ox	x	oox
Hrepevnik	p	x	x	x	x	ooo			
Csabi	p	x	x	x	ooo				
Konowska	x	ox	oox	x	ooo				
Blagoyeva	p	x	x	p	x	x	oox	ooo	
Schmidt	p	p	x	x	x	x	ox	ooo	
Prociow	x	x	x	x	x	ooo			
Zielinska	x	x	x	ox	ooo				
Karlsen	p	x	x	ox	ooo				
Popescu	p	x	x	x	x	x	x	ooo	

Ilona Gusenbauer, a housewife, was born in Austria on September 16, 1947. She is 5'10" tall and weighs 148 pounds. Her annual progression:

Year	Age	Height
1964	17	5'1
1965	18	5'5
1966	19	5'6 1/2
1967	20	5'8 1/2
1968	21	5'11
1969	22	6'0"

Long Jump

It is not unusual that big long jump competitions are decided during the last series, the final round of jumps - but never has there been any competition decided as closely as in Vienna. European champion (outdoor) Miroslava Sarna and up-to-Vienna indoor leader Burghild Wieczorek, back in competition after a year of injuries, were the leaders after four rounds with jumps of 21'5" and 21'1 1/2" respectively. Up to this moment there had been only one surprise - the 20'10" jump of Maria Devinska (19) whose outdoor best is still only 19'6". Then the firing began!! Heide Rosendahl, who had gotten into the final only thanks to a tie for eighth place, responded with a leap of 21'6". This was the signal for that big competitor, Viorica Viscopoleanu. She got off her best jump since that mighty 22'4" in Mexico City as she added a centimeter (1/4") to Heide's mark. Sarna's last attempt was 21'4", Wieczorek achieved 21'5" and Rosendahl had another big try with 21'3". So only four centimeters separated the winner from fourth place! Everyone seemed happy with the result

EUROPEAN CHAMPIONSHIPS (Continued)

and very relaxed and friendly and looking forward to similar long jump competition during the coming summer.

RESULTS: 1-Viorica Viscopoleanu (Rum) 21'6", 2-Heide Rosendahl (WG) 21'6", 3-Miroslava Sarna (Pol) 21'5", 4-Wieczorek (EG) 21'5", 5-Bychkova (SU) 20'11", 6-Antenen (Swi) 20'10", 7-Devinska (CSSR) 20'10", 8-Wilson (GB) 20'9", 9-Berthelsen (Nor) 20'8", 10-Gavrilova (SU) 20'7", 11-Kleinpeter (Aut) 20'5", 12-Warzocho (Pol) 20'4", 13-Kroyter (SU) 20'3", 14-Angelova (Bul) 20'1", 15-Gulyas (Hun) 19'9", 16-Waldburger (Swi) 19'4", 17-Baucia (Ita) 17'9".

How they jumped:

Berthelsen	19'9"	20'1	20'8	20'3/4	F	20'2/4
Devinska	F	F	20'10 1/2	F	F	20'6 1/2
Viscopoleanu	20'2 1/4	19'11 1/2	21'0	20'9 1/4	20'8 1/4	21'6 1/4
Sarna	20'7 1/4	F	21'5 1/2	21'4 1/4	16'8 1/4	21'4 1/4
Wilson	20'8 1/2	20'2 1/4	F	20'5 1/4	F	20'9 1/4
Wieczorek	21'1 1/2	19'9 1/4	F	F	21'0 1/4	21'5
Rosendahl	20'0 1/2	20'8	F	20'9 1/4	21'6	21'3 1/2
Antenen	20'10	20'2 1/4	20'10 1/2	20'6 1/2	20'8 1/2	19'7 1/2

Viorica Viscopoleanu was born in Banila, Rumania, on August 8, 1939. She is 5'5 1/2 tall and weighs 115 pounds. Her annual progression:

Year	Age	Distance
1957	18	17' 7 1/2
1958	19	17' 6 1/4
1959	20	17' 9 1/4
1960	21	19' 0 1/4
1961	22	19' 4 1/4
1962	23	20' 1 1/4
1963	24	20' 1 1/4
1964	25	21' 2 1/4
1965	26	21' 4 1/4
1966	27	21' 7 1/2
1967	28	21' 6 1/4
1968	29	22' 4 1/2
1969	30	21' 2
1970	31	21' 6 1/4

Shot Put

Another world best for Nadyezhda, and it cut the gap between indoor and outdoor records slightly. But without this one toss, her first of the competition, Nadyezhda was not the first-string of this event - and Margitta Gummel was not here! The big surprise, nevertheless, came also from East Germany in Hannelore Friedel, 22 and 5'9 1/2 tall, who shattered her outdoor best three times with puts of 60'4", 58'11 1/2 and 58'10 1/2. The group marching on the 62 foot trail now has another member!

RESULTS: 1-Nadyezhda Chizhova (SU) 61'0 1/4 (WR), 2-Hannelore Friedel (EG) 60'4", 3-Marita Lange (EG) 59'4 1/2, 4-Solontsova (SU) 59'0 1/4, 5-Khristova (Bul) 57'8 1/4, 6-Ivanova (SU) 57'6 1/2, 7-Fuchs (WG) 54'10", 8-Peters (GB) 54'9 1/2, 9-Fibingerova (CSSR) 47'10 1/2.

How they put:

Khristova	57'8 1/4	F	57'5 1/2	57'6 1/2	F	57'1 1/2
Solontsova	57'9 1/4	56'5 1/4	55'6 1/2	59'0 1/4	55'4 1/4	57'1 1/4
Chizhova	61'0 1/4	58'1 1/2	57'9 1/4	58'4	F	F
Lange	55'10 1/2	57'2 1/4	F	56'6 1/2	59'4 1/4	57'7 1/4
Friedel	54'3 1/4	60'4	58'11 1/2	56'9 1/2	55'10 1/2	58'10 1/4
Ivanova	54'11	54'11	57'6 1/2	55'7 1/4	55'6 1/2	55'10

Nadyezhda Chizhova was born in Ussoli-Sibirsk, USSR, on September 29, 1945. She is a medical assistant, stands 5'7 1/4 tall and weighs 194 pounds. Her annual progression:

Year	Age	Distance
1963	18	49' 5 1/4
1964	19	54' 5 1/2
1965	20	57' 7 1/4
1966	21	56'10 1/4
1967	22	60' 2
1968	23	61' 3
1969	24	67' 0 1/4

4x200m Relay

The clear difference between the three teams entered took away any "fight" for the gold, but the winning time (an unofficial world best, of course) was very good.

RESULT: 1-USSR (Besfamilnaya-Popkova-Bukharina-Samoteysova) 1:35.7, 2-West Germany (Schittenhelm-Weismann, Wil-

den, Bollig, Kroniger) 1:37.6, 3-Austria (Sykora-Ortner-Kepplinger-Burger) 1:40.8.

200-400-600-800 Meters Relay

An important win of the future French 1600m relay quartette with both world 400m recordholders running was predictable. Even more impressive, however, was Maria Sykora in her fourth race of the two day meeting.

RESULT: 1-France (Telliez, Testanniere, Besson, Duclos) 4:58.4, 2-West Germany (Schittenhelm-Weismann, Gerhard, Merten, von Haase) 5:01.1, 3-USSR (Golomazova, Kleyn, Kolyesnikova, Moshchenok) 5:02.2, 4-Austria (oertner, Sykora, Brandnegger, Bouchal) 5:20.8.

CANADIAN INDOOR CHAMPIONSHIPS

Lethbridge, Alberta, Canada, March 7:-Debbie Brill's 5'11 high jump performance highlighted the Canadian Indoor Championships for 1970. Wendy Thompson scored a mild upset when she downed Thelma Fynn in the 880 and Pat (Van Wolvelaere) Johnson won the hurdles and was second in the sprint for the other highlights.

RESULTS: 50m, 1-Patty Loverock (Vancouver OC) 6.5, 2-Pat Johnson (Angles TC) 6.5, 3-Heather McKay (Edmonton Huskies) 6.5; 400m, 1-Heather McKay 56.6, 2-Joan Pirie (ATC) 57.2, 3-Brenda Walsh (Edmonton OC) 57.9; 800m, 1-Wendy Thompson (Uof Vancouver) 2:12.8, 2-Thelma Fynn (UofBC) 2:13.4, 3-Cheryl Sommers (Winnipeg Razorbacks) 2:18.7; 1500m, 1-Fynn 4:46.8, 2-Sporage 4:50.1, 3-Thompson 4:51.0; 50mH, 1-Pat Johnson 7.1, 2-Penny May (Victoria TC) 7.5, 3-Peggy Busch (UBC) 7.6, 4-Mary Lalum (Kalispell) 7.7, 5-Janene Jaton (ATC) 7.7; HJ, 1-Debbie Brill (BC Internationals) 5'11, 2-Betty Harrison (EH) 5'6, 3-Liz Vanderstam (UofAlberta) 5'2; LJ, 1-Brenda Eisler (UBC) 18'4 1/4, 2-Joyce Ober (Lethbridge TFC) 17'7 1/4, 3-Susan Anthony (ATC) 17'6; SP, 1-Joan Pavelich (VOC) 46'11, 2-Cris Cescon (Trail TFC) 41'4, 3-Merriidy Taylor (Kalispell) 38'6; 4xl Lap Relay, 1-Angels 1:11.8, 2-Edmonton Huskies 1:14.9, 3-Calgary Spartans 1:15.

ILLINI TC OPEN INDOOR MEET

Champaign, Illinois, March 7:-Fast times were recorded in the 300 and 1000 yard runs at the Illinois TC Open Indoor Meet. Both marks have been forwarded to records chairmen for consideration as American records. Judy Vernon of the Ozark TC sped the 300 yards in 35.6 for a one second win over Jill Thomas, and Lori Schutt zipped the 1000 in 2:46.1. Young Gwen Eberly (Ozark TC) won the only other women's event, the 600 yards, in 1:30.2s.

RESULTS: 300y, 1-Judy Vernon (Ozark TC) 35.6, 2-Jill Thomas (Kirkwood) 36.6, 3-Sue Bowker (Homewood Flossmoor Falcon AC - whew!) 38.5; 600y, 1-Gwen Eberly (Ozark TC) 1:30.2, 2-Sours (Kirkwood TC) 1:31.5, 3-Bowker (HFFAC) 1:31.5; 1000 1-Lori Schutt (HFFAC) 2:46.1, 2-Gwen Eberly 2:52.0, 3-Schurtleff (HFFAC) 2:53.2.

1969 USA LIST CORRECTIONS

1500m Run

4:26.2 Vicki Poltz (Not 4:30.3.)

One Mile

4:55.4 Francie Larrieu (Not 4:58.6)

4:58.4 Maria Stearns (Not 5:05.2)

CZECHOSLOVAKIAN INDOOR CHAMPIONSHIPS from Milan Sykora

Jablonec nad Nisou, Czechoslovakia, February 21/22:-60m, 1-Vozakova 7.5, 2-Putnova 7.6; 100m, Potrebujesova 12.0, 2-Putnova 12.6; 800m, Macounova 2:19.9; 60mH, Piackova 8.5; HJ, Valentova 1.74/5'8 1/2; LJ, Devinska 6.02/19'9; SP, Fibingerova 15.45/50'8 1/4.

FINNISH INDOOR CHAMPIONSHIPS from Torsten Lindquist & Kauko Niemela

Otaniemi, Finland, February 28/March 1:-RESULTS, 60m, Tuula Rautanen 7.9; 800m, Sinikka Tyynela 2:22.0; HJ, Stina Dahlstrom 1.54/5'0 1/4; 400m, Riitta Hagman 61.0; 60mH, Pirkko Helenius 9.5; LJ, Sirpa Niiranen 5.78/18'5 1/2; SP, Christine Huttunen 14.29/46'10 1/2.



Here's a familiar scene each evening at Citrus College in Azusa, California, as Ruth Kleinsasser and her father jog as part of their daily workout. Ruth won the National Cross Country title in 1968 as a 10 year old and competes for the Rialto Road Runners. The entire Kleinsasser family is composed of runners except poor mother who must keep the family fed. (Don Chadez photo)

MICHIGAN ALL-COMERS INDOOR CHAMPIONSHIPS

April 4:-The long indoor season drew closer to its inevitable end as the combined Michigan State Indoor Championships and All Comers meet were held in Bower Fieldhouse, Eastern Michigan University on the 220y Grasstex track.

Mamie Rallins had a good 7.7 for the 60y hurdles and Diane Kummer once again defeated Laurie Barr in a close 220 to highlight the competition. Canada's Jenny Meldrum indicated she is on the road back with a 42'2 mark to win the shot plus a 7.9 flight of hurdles.

RESULTS: HJ, 1-Sue Minnick (Kettering Striders) 5'4, 2-Vann Abram (Paysis) 5'4, 3-Jil Halgrimson (MDYF) 5'2; LJ, 1-Debbie Smith (Hyte TC) 19'3, 2-Diane Kummer (MDYF) 19'2, 3-Joan Hendry (Upland Harriers, Canada) 18'6; SP, 1-Jenny Meldrum (Can) 42'2, 2-Josephine Dela Vina (MDYF & Philippines) 39'2½, 3-Carol Sipes (MDYF) 38'5½; 60yH, 1-Mamie Rallins (MDYF) 7.7, 2-Debbie Lansky (Wolverine Parkettes) 7.8, 3-Cheryl Rogers (MDYF) 7.8, 4-Meldrum 7.9; 60y, 1-Karen Buford (Paysis) 6.7, 2-Hendry 6.9, 3-Kummer 6.9, 4-Theresa Rulison (WP) 6.9, 5-Barr 7.2; 220, 1-Kummer 24.8, 2-Barr 24.9, 3-Kathy Mussel (Ohio TC) 25.6, 4-Rallins 25.9; 440, 1-Sue Dudley (Michigammas) 58.4, 2-Rulison 59.4, 3-Barr 59.8; 880, 1-Gayle Olinck (Can) 2:13.9, 2-Pam Bagian (WP) 2:14.5, 3-Patti Ford (WP) 2:19.0, 4-Sue Parks (WP) 2:20.0; 1500m, 1-Carol Frederick (Michigammas) 4:44.8, 2-Bagian 4:45.0, 3-Beth Bonner (Pennsylvania Striders) 4:47.8; 880yMedR, 1-MDYF 1:49.9, 2-Wolverine Parkettes 1:50.6; 440yR, 1-WP 50.0, 2-Paysis 51.2; Mile Relay, 1-Toledo Road Runners 4:04.4, 2-Wolverine Parkettes 4:05.3, 3-Cleveland Dept Rec 4:13.0; 11/Under 880y, 1-Mary Kelly (Scarborough) 2:49.0; 880y Walk, Jeanne Bucci (WP) 3:46.8. (Ed. note:-I am not sure she would want it mentioned, but Wonda Powell put the shot 25'7½ for 5th in the Michigan State meet.)

LETTER FROM DR. HARMON BROWN - CALIFORNIA

National Age Group Chairman.

"Upon careful scrutiny of the Schedule of Meets on page 20 of the February, 1970, issue of WTFW, I note that on July 2, a National 12/13 "Championships" at Los Angeles is listed. I have already received an inquiry as to whether this is an official National AAU Championship for this Age Group. As you well know, National Age Group Champions are determined from tabulated National results, (AAU T&F Rule CVI, section 7, page 249 of the 1969-70 Handbook), and the listing of a National 12/13 "Championship" in conjunction with the National Girl's and Women's Championships implies that the 12/13 meet is an official Championship meet.

This is obviously not the case, and therefore the words "National" and "Championships" should not be associated with the 12/13 meet under any circumstances. While I feel that 12/13 events in conjunction with the National Championships are fine publicity for the Age Group program, I cannot encourage or condone transporting youngsters of this age from all over the country and subjecting them to the psychological pressures of a National Championship meet, or even having them stay with their older teammates throughout the course of the Nationals. As you are well aware, the pressures of competition associated with the Nationals are enough to "blow the minds" of seasoned competitors, and I feel strongly that the girls in the Age Group program are not usually mature enough for this, and there is no need to subject them to it.

Therefore, I would appreciate it if you would omit any further references to "National" and "Championships" from the 12/13 meet to be held on July 2. It might also be a good idea to limit the area from which these athletes could be invited to something on the order of 500-600 miles, thus eliminating the temptation and also the financial burden of having clubs from New York and Texas bring Age Group athletes to the meet. As you can see, I feel very strongly that children need to grow, physically, emotionally, and competitively, and that this is a process of gradual evolution and should not be forced."

LETTER FROM HERMAN GOLDBERG - TEXAS

"I noticed in the last issue of WTFW that in conjunction with the National outdoor championships there will be a National age group (12/13) girl's championship. Since I am very interested in this meet - and we had planned on bringing our 12/13'ers along as a reward for their hard work, this would be just great for us since they could also have competition on the national level.

So I wrote a letter to Harmon Brown, National Age Group Chairman. He answered me back with a copy of the letter he sent to you. I know that he has jurisdiction over the age group, but I disagree with him. As a junior high coach and physical education teacher for over 22 years, my observation is that as an athlete these youngsters have to live with pressure. Not pressure to win, but to compete with the best and give a good performance; because they are well trained, conditioned and well poised. I do agree with Harmon that undue pressure to win should not be put on these youngsters. But pressure to improve, excell, attend practice and develop team and personal pride should always be put on these young people. If they can't take it, they do not belong in athletics. They should get their physical fitness in the physical education program and in intra-mural sport.

Everyday living and society are full of pressure. Why not teach by the educational process and coach by the athletic process - show these young people how to face these pressures and do a good job.

I certainly hope you will be able to have a large 12/13 age group meet for the girls because my young ladies are coming anyway to see and feel the excitement of the National Championships whether they compete or not. But we certainly hope they will be able to compete."

(Ed note:-This is an age-old controversy which has raged and will continue to rage probably forever. Both sides have their advocates, and a fair minded person can see good reason on both sides. WTFW however, is interested only in news. As you noticed in the March issue, we listed the meet in question as a 12/13 Invitational at UCLA on July 2. The rest is up to your conscience.)

ENGLAND AND DORIS BROWN WIN INTERNATIONAL CROSS COUNTRY TITLES

Frederick, Maryland, March 21:-Doris Brown won the International Cross Country title for the fourth consecutive year, covering the 2½ mile course in 15:04.4s. Fortunately she did compete, for the rest of the US team looked pathetic and lost the title they had won for the past two years. The powerful squad from England had no trouble annexing the team title with 18 points to 46 for the United States and 48 for the Republic of Ireland, the only representatives with full teams.

Although no results have ever been received at this office, we were able to pick up partial results from the English magazine "Athletics Weekly", (Doris Brown is the only American listed, however, so we can not report on the finishes for the USA). One eye-witness, who wishes to remain anonymous, reported, "The Americans didn't even make an effort - they were never in it. The English girls all ran to the front, and at three-quarters of a mile they had their whole team packed into the first nine spots. Except for Doris, there wasn't another American in the top 20 at that point. Cheryl Bridges had done too much distance work over the winter it appeared, and has become a plodder. She got an oxygen debt on the first hill and carried it the whole way. She indicated afterward she had run no races since November and done no speed work. Bagian and Larrieu ran their own little race in the middle of the pack, and Cole and Springer (who substituted for an ailing Vicki Foltz) fought it out for last place, neither looking like they had trained a step in the last 3 months. It was a sad showing, and I'm reminded of the oft-heard argument that the USA should have some sort of national training camp, or SOME sort of communications system or SOMETHING, to insure that a team picked in November is going to be fit in March! Thelma Fynn, Canada, looked very impressive in third place. She's amazingly strong. The whole English team looked great to me; they were obviously there to run a race. Doris Brown, of course, was her usual supreme self. She's terrific."

RESULTS: (We were fortunate to receive the "British Columbia Track Monthly" for March which has a complete summary of the finishers and scores.)

1-Brown, USA	15:04	18-Bridges, USA	16:02
2-Ridley, Eng	15:11	19-Bishop, Can	16:06
3-Fynn, Can	15:14	20-Lowe, Eng	16:08
4-Banks, Eng	15:21	21-Main, Can	16:11
5-Page, Eng	15:25	22-Cardy, Wales	16:23
6-MacSherry, Scot	15:27	23-Dourass, Wales	16:24
7-Tivey, Eng	15:30	24-Martens, Can	16:28
8-Haskett, Scot	15:31	25-Molesky, Can	16:33
9-O'Brien, Eire	15:33	26-Fitzmaurice, Scot	16:46
10-Mullins, Eire	15:34	27-Thompson, Aus	16:47
11-Lochhead, Wales	15:35	28-Kirk, Scot	16:56
12-Foreman, Eire	15:37	29-Bowe, Eire	17:08
13-Larrier, USA	15:42	30-Cole, USA	17:09
14-Bagian, USA	15:45	31-Davis, Wales	17:17
15-Harper, Can	15:46	32-Springer, USA	17:18
16-Smith, Eng	15:47	33-John, Wales	17:29
17-McNicholl, Eire	15:51	34-Beams, Aust	17:44

TEAM RESULTS

1-England	18	(2,4,5,7)
2-USA	46	(1,13,14,18)
3-Eire	48	(9, 10, 12, 17)
4-Canada	58	(3- 15, 19, 21)
5-Scotland	68	(6, 8, 26, 28)
6-Wales	87	(11, 22, 23, 31)

Report on the International xc chmps from coach Dick Beyst

Anatomy of A Defeat

1. Mentally some of our girls did not appear prepared to RACE 2½ miles. It seems they have become accustomed to race at the most two miles. Perhaps each Association should provide at least one race longer than two miles.
2. The damp weather and heavy snow (earlier in the week) was depressing to one of our runners. The brisk wind caused some breathing problem for at least two of our squad also. I'm not sure how either of these might be alleviated.
3. Our alternate ran to the fullest, I believe, but I also believe she would have been much more effective if she had been training more than a few weeks. I think our alternates



England's Championship cross country team: Left to right, Joyce Smith, Gillian Tivey, Rita Ridley, Joan Page, Pat Lowe and Barbara Banks. (Jeff Johnson photo)



Opening Ceremonies at the International Cross Country Championships, Frederick, Maryland. (Jeff Johnson photo)

INTERNATIONAL XC AT VICHY

Vichy, France, March 22:-Paoli Pigni won the tough 3 km cross country championship over a strong field. Results: 1-Pigni (Italy) 10:38.4, 2-Kolakowska (Pol) 10:39.2, 3-Keizer (Hol) 10:43.0, 4-Bosman (Hol) 10:54.0, 5-Lenferink (Hol) 11:02, 6-Chassagneux (France) 11:03.

should be informed prior to the meet of all things that our team members are. And I think each member should report every two weeks by mail to the Long Distance Chairman. This way, perhaps, our alternates would have more incentive to continue to remain in good shape, and we would know the condition of our regular team members.

4. The Europeans were very accustomed to racing 3½ to 5 miles in each of their seasonal meets. Thus they came to the International meet, which is only 2½ miles, mentally prepared.
5. The USA should always expect the Europeans to start the race FAST. They naturally feel that since the race is shorter than they are accustomed to, that the pace should be faster.
6. The trip abroad did much to raise English spirits. They were excited and had a "cause". The War Cry among all the Europeans was "Bring the trophy to the Homeland". I heard this expression several times during the race.



The start of the International Cross Country Championships at Frederick, Maryland. Doesn't take much searching to find who is the most relaxed individual in the race - it's Doris Brown, extreme right, who seems to be watching TV or something as the rest of the field is tense and ready. The American team, reading from right to left, is Brown, Francie Larrieu, Pat Cole with the "long johns", Pam Bagian, Cheryl Bridges and Shirley Springer. (Jeff Johnson photo)



The United States team warms up for the International Cross Country Championship. Left to right, Cheryl Bridges, Pam Bagian, Doris Brown, Pat Cole, Francie Larrieu and Shirley Springer. (Jeff Johnson photo)

US REPORT TEXAS SOUTHERN RELAYS

Houston, Texas, March 13/14:-The Texas Southern Tigerettes stole the show at their own relays as they carted home 15 first place gold watches and set four new meet records in the two day competition. Best mark of the meeting was the 49.6 quarter-mile relay time turned in by the TSU team of Rhonda Fleming, Orien Brown, Willie Punch and Dorothy Myles. The Texas crew also set marks in the 880 yard relay (1:40.6), the 880 yard medley relay (1:46.2) with a speedy 53.5 anchor leg by Fleming, and the shot put (38'11 $\frac{3}{4}$) by Lillie Morgan. Orien Brown equalled the 220 record at 25.3s.

Mamie Rallins, Mayor Daley Youth Foundation, set a new record as she outclassed the field in the 100m hurdles in 14 seconds flat. Runner-up was clocked in 15.8 with the third placer hitting 17.6! Teammate Jo Dilamina upped the discus mark with a good throw of 145'10.

RESULTS: 100mH, 1-Mamie Rallins (MDYF) 14.0, 2-Sandra Hansley (Un) 15.8; 440yR, 1-Texas Southern (Fleming-Brown-Punch-Myles) 46.9, 2-MDYF 47.0, 3-Alcorn A&M 48.2, 4-Worthing 50.8; SP, Lillie Morgan (TSU) 38'11 $\frac{3}{4}$, 2-Jo Dilamina (MDYF) 37'5 $\frac{1}{2}$; 880yR, 1-TSU (Chatman-Punch-Brown-Fleming) 1:40.6, 2-MDYF 1:41.7, 3-Alcorn A&M 1:43.0, 4-Astrobelles 1:47.6; 100y, 1-Rhonda Fleming (TSU) 10.7, 2-(tie) Orien Brown (TSU) and Molly Hence (Alcorn A&M) 10.9, 4-Debra Edwards (Worthing) 10.9; 880, Mickey Hervey (Cameron TC) 2:28.3; LJ, 1-Dianne Kummer (MDYF) 18'2 $\frac{1}{4}$, 2-Fleming 17'10 $\frac{1}{2}$; 220, 1-Brown 25.3, 2-Hence 25.3, 3-Kummer 25.4, 4-Elizabeth Labone (Houston Astrobelles) 25.5; 880yMedR, 1-TSU (Brown-Judy Dyer-Chapman-Fleming) 1:46.2, 2-MDYF 1:46.3, 3-Alcorn 1:46.6.



Texas Southern Track Squad: Standing, left to right, Coach J. C. Lilly, Willie Punch, Norma Harris, Dorothy Myles and Lillie Morgan. Kneeling, Rhonda Fleming, Patricia Chatman, Judy Dyer and Orien Brown.

SPAAAU MEET

San Bernardino, California, March 15:-The Southern Pacific Association staged its weekly competition on the all weather track of San Bernardino College in beautiful 80° weather - marred by an aiding wind. LATC's Chi Cheng won three events with a windy 10.5 century, a windy 13.5 100m hurdles and her first try at the 200m hurdles using an eight step run with a winning time of 26.6s.

Una Morris had a good 220 win in 24.5 (windaided), and Debbie Heald ambled the 3000 meters in 10:18.6 for what is probably the best time for that distance in the US this year.

RESULTS: Women's Division; 100, 1-Chi Cheng (LATC) 10.5, 2-Kathy Leineke (Ventura) 11.4, 3-Pat Bank (LATC) 11.4, 4-Carolyn Williams (SCM) 11.7; 220, 1-Una Morris (LATC) 24.5w, 2-Leineke 25.5w; 440, Donna Beckstrom (SCM) 59.5; 880, Marilyn McClung (SCM) 2:28.9; 3000m, 1-Debbie Heald (LMM) 10:18.6, 2-Pam Jewell (LBC) 11:01.0; 100mH, 1-Chi Cheng 13.5w, 2-Pat Bank 14.7w, 3-Una Morris 14.8w, 4-Diane Spangler (CCS) 15.1w; 200mH, 1-Chi Cheng 26.6w, 2-Spangler 29.2w; 440yR, San Diego Lancerettes 50.6; 880y MedR, LATC 1:50.4; LJ, Jan Svendsen (LATC) 17'10 $\frac{1}{2}$; HJ, Linda Jackson 4'10; SP, Svendsen 39'5 $\frac{1}{2}$; DT, Vivian Turner (LS) 132'1; JT, 1-Donna Dietrich (SDL) 142'5, 2-Pam Livingston (SDL) 136'6. Girl's Division: 100, 1-Marilyn Rougely (Palm Springs) 11.2, 2-Vickie Price (LBC) 11.2; 220, 1-Rougely 25.2w, Price 25.6; 880, 1-Kristy Leineke (Ventura) 2:25.2, 2-Meta Vanderwerff (LBC) 2:26.0; Mile, Sandy Dean (LBC) 5:32.6; 80yH, Ann Wheeler (OMTC) 11.5; 440yR, LB Comets 50.8; HJ, Ann Meyers (West Covina TC) 4'10; LJ, Ann Wheeler 16'6; SP, 1-Debbie Brown (CCS) 34'8; DT, Brown 120'4; JT, Kim Nitzke (UN) 99'0.

Highlighting the Age Group Section was Terri Sabol's new national record toss of 113'9 in the 12/13 discus. The toss broke Diane Matkovich's mark by eight inches.

12/13 Division: 440yR, 1-Ontario-Montclair Cheetahs 52.3, 2-Long Beach 52.6, (Bakersfield won in 51.3 but was disqualified); 50yH, 1-Carol Burkland (LMM) 7.3w, 2-Diane Leineke (Ventura) 7.6w, 3-Terri Sabol (LMM) 7.7w; 50y, 1-Burkland 6.2w, 2-Maren Olson (HAC) 6.2w, 3-Juanita Kelley (Bakersfield) 6.2w; 880, 1-Pat Cape (LBC) 2:22.9, 2-Diane Bynington (RRR) 2:25.0, 3-Sue Hopf (OM) 2:26.2, 4-Debbie Johnson (RRR) 2:27.6, 5-Ruth Kleinsasser (RRR) 2:28.3; 100, 1-Olson 11.6w, 2-Cassie Holt (BS) 11.7w, 3-Jenette Steward (OM) 11.7w; 440, 1-Joyce Wolak (Un) 62.2; Mile, 1-Esther Marquez (RRR) 5:46.1, 2-Julie Aguilera (RRR) 5:49.9, 3-Sone Gerth (RRR) 5:52.9; 220, 1-Burkland 25.3w, 2-Kelley 25.9w, 3-Bonnie Palmer (OM) 26.2w, 4-Wolak 26.5w; 880yMedR, 1-LB Comets 1:59.2, 2-Bakersfield Saints 2:00.6; LJ, Tenaya Warren (BS) 15'11;

BBT, 1-Dana Faber (RRR) 235'6, 2-Diane Cronk (LBC) 223'3'; DT, Terri Sabol (LMM) 113'9 (New National record, old mark 113'1 by Diane Matkovich (COTC) 1967); HJ, 1-Ellen MacLaughlin (BS) 4'10, 2-Karen Kosmala (LMM) 4'9, 3-Kim Botfield (CCS) 4'9. 10/11 Division: 440yR, Bakersfield Saints 54.9; 880, 1-Doreen Assumma (RRR) 2:33.3, 2-Diane Holder (LBC) 2:35.2; 100, 1-Sherri Hughes (BS) 12.4, 2-Terri Frye (BS) 12.4, 3-Linda McQuarrie (LBC) 12.8; 440, 1-Effie Jordan (RRR) 65.6, 2-Diane Rodriguez (LMM) 68.5; 220, 1-Joyce Lee (BS) 28.4w, 2-Mary Decker (LBC) 29.0w, 3-Julie Lake (LS) 29.0w, 4-Terri Frye 29.2w; 880yMedR, LB Comets 2:13.1, (Bakersfield won in 2:08.8 but was disqualified); HJ, Chris Shawhan (CCS) 4'2; BBT, Kelly Robertson (OM) 173'1. 9/Under Division: 440yR, 1-Bakersfield 60.8, 2-OMTC 62.5, 3-LB 62.8, 4-Lakewood 63.3; 50, 1-Sonya Jackson (BS) 7.0w, 2-Athena Burla (Un) 7.3w, 3-Carol Skjelbreia (LMM) 7.3w; 660, Michelle Klein (Un) 1:55.6; 100, 1-Kayvon Hughes (BS) 13.7, 2-Lois Sawyer (V) 13.9; 440, 1-Renee Quigley (LMM) 68.2 (SPAAAU record), 2-Jill Boyd (OM) 71.8, 3-Sonya Jackson 73.9; 220, 1-Hughes 31.4, 2-Boyd 31.6, 3-Debbie Kainz (OM) 31.7w; BBT, 1-Eleanor Painter (LBC) 147'5 (SPAAAU record), 2-Mariana Pond (LBC) 141'0, 3-Charm Bishop (OM) 129'0; HJ, 1-Juanita Barnett (LBC) 3'7, 2-Chris Tomasic (LBC) 3'7; LJ, 1-Tomasic 12'9, 2-Tracy Prince (LS) 12'6.

PACIFIC ASSOCIATION ALL COMERS

San Leandro, California, March 21:-Kathy Smallwood won both sprints and Rhonda Albers the hurdles and long jump at an informal "Practice" meet in San Leandro.

RESULTS: Open Division:-100, 1-Kathy Smallwood (Un) 10.9, 2-Ann Christoff (ML) 11.0 (Wind 4.773 - windaided); 220, 1-Smallwood 25.5; 440, S.Booth (SL) 61.0; 880, K.Miller (SL) 2:23.9; Special 880, 1-Cis Schafer (ML) 2:17.4, 2-Vickie Eberly (ML) 2:21.7...4-Paula Schmidt (ML) 2:24.7; Mile, 1-Dino Lowry (WS) 5:15.5; 80yH, 1-Rhonda Albers (SL) 11.1, 2-Scott (LTC) 11.9; 440yR, Laurel TC 51.1; 880yR, Will's Spikettes 1:48.8, 2-Laurel TC 1:49.6; SP, P. Crain (Salinas TC) 35'9 $\frac{1}{2}$; DT, Carol Knight (ML) 124'7; HJ, 1-R. Smith (Redwood City Striders) 4'10 $\frac{1}{2}$, 2-Sue Standler (ML) 4'10 $\frac{1}{2}$; LJ, Albers 16'11 $\frac{1}{2}$. 12/13 Division: 100, M. Reynosa (RCS) 11.5w, 2-T. Strickland (Diablo Valley) 11.6w, 3-C. Hamel (Ravenswood Juliettes) 11.7w; 220, Miller 27.0; 880, T. Anex (WS) 2:28.7; Mile, 1-N. Bowers (SL) 5:33.9, 2-R. Reade (WS) 5:46.1, 3-L. LeChevalier (RCS) 5:46.9; 50yH, 1-G. Pickel (ML) 7.5, 2-Sue Hernandez (DV) 7.6, 3-L. Pierce (SL) 7.6; 440yR, 1-Redwood City 53.3, 2-WS 54.0; 880yR, 1-Millbrae 1:59.5, 2-Redwood City 2:00.7, 3-Diablo Valley 2:00.8; SP, D. Desa (SL) 35'9; DT, P. Murphy (RCS) 86'4; LJ, M. Reynosa (RCS) 16'4 $\frac{1}{2}$.

PHOENIX INVITATIONAL

Phoenix, Arizona, March 21/22:-Phoenix staged its annual track and field extravaganza in which they hosted 761 entrants from 41 clubs and seven states and ended up with four new National Record and one equalled - all in the 12/13 age group division except Debbie Heald's mark for the 3000m run in the women's division.

Heald trudged to a fine clocking of 10:12.6 in the long-est allowable women's event for her national mark. Sharing the spotlight was Pat Donnelly's double win in the hurdles and Nancy Benson's fine 55.5 in the 440. Brenda Simpson had a good 5'6 mark in winning the girl's high jump while Diane Cronk (JT), Mitzi McMillan (HJ) and Terri Sabol (DT) all set new national marks in the 12/13 division and Pat Benson equalled the 50y dash mark.

RESULTS: Women's Division: 100y, 1-Williamae Fergerson (West Coast Jets) 10.6, 2-Donna Beckstrom (SC Missiles) 10.8, 3-Diane Knight (Texas TC) 11.0; 100mH, 1-Pat Donnelly (Mickey's Missiles) 14.7 (14.5h), 2-Pat Bank (LATC) 14.7 (14.6h), 3-Mary Lalum (Un) 14.8, 4-Alberta Martin (LATC) 15.2 (15.0h) - Jayne Frederick (Colorado Pacers) ran 14.6 in heat but was injured in final; 200mH, 1-Donnelly 28.7, 2-Martin 28.8, 3-Dianne Spangler (Crescenta-Canada Spikettes) 29.5; 220, 1-Mavis Laing (Phoenix TC) 24.3, 2-Williamae Fergerson 24.3, 3-Mable Fergerson (WCJ) 24.6, 4-Nancy Benson (Phoenix Flyers) 25.0; 440, 1-Benson 55.5, 2-M. Fergerson 56.1, 3-Kathy Leineke (Ventura TC) 56.8, 4-Vikki Lind (CP) 57.0, 5-Lois Drinkwater (College of Wooster) 57.3, 6-Diane Knight (TTC) 58.2; 440yR, 1-Texas TC 48.8, 2-LATC 49.5, 3-San Diego Landerettes 49.7; 880yMedR, 1-SC Missiles 1:46.8, 2-TTC 1:48.5, 3-West Coast Jets 1:49.8; Mile Relay (4x440), 1-Colorado Pacers 4:09.4, 2-SD Lancerettes 4:21.4; JT, 1-Donna Detrich (SDL) 145'2, 2-Pam Livingston (SDL) 143'3, 3-RaNaee Seaman (LATC) 129'5; HJ, 1-Stanelia Mallard (CP) 5'1 1/4, 2-Mary Lalum 5'1 1/4; 880, 1-Linda McCain (Millbrae Lions) 2:17.4, 2-Judy Graham (LATC) 2:17.6, 3-Debbie Norris (SCM) 2:24.2; 1500m, 1-Kathy Gibbons (Un) 4:39.7, 2-Linda McCain 4:41.3, 3-Barbara Lawson (CP) 4:45.4, 4-Kathy DeStout (SDL) 4:59.5; 3000m, 1-Debbie Heald (LMM) 10:12.6 (National record), 2-Renee Westcott (LMM) 10:45.5, 3-May Wichers (CP) 11:24.0; DT, 1-Vivian Turner (IS) 145'6, 2-Barbara Butler (Albuquerque OC) 122'2, 3-Debbie Rodriguez (CP) 118'5; SP, 1-Rodriguez 40'2 1/4, 2-Merriady Taylor (Flathead Valley Community College, Kalispell, Montana) 39'9, 3-Turner 38'0 1/4, 4-Butler 37'4 1/2, 5-Spangler 34'0 1/4; LJ, 1-Pat Bank (LATC) 18'1, 2-Jayne Frederick (CP) 17'2, 3-Sandi Langevain (IS) 16'11. Girl's Division (14-17): 100y, 1-Debra Wedgworth (Denver All Stars) 10.9, 2-Pam Greene (DAS) 10.9, 3-Renaye Bowen (MM) 11.0; 80yH, 1-Judy Rejebian (PTC) 10.8, 2-Nora Carter (AOC) 10.9, 3-Jackie Van Buskirk (VOSTC) 10.9, 4-DeAnn Wilson (MM) 11.2, 5-Ann Wheeler (Ontario-Montclair Cheetahs) 11.2; 220, 1-Jackie Thompson (MM) 24.8, 2-Wedgworth 24.9, 3-Greene 25.1, 4-Susan Holmes (PTC) 25.6; 440, 1-Anne Gallaher (PTC) 57.4, 2-Lisa Chiavario (AOC) 59.0, 3-Becky Holding (LBC) 60.3; 880, 1-Carol Hudson (AOC) 2:14.3, 2-Nancy Thompson (PTC) 2:20.2, 3-Donna Ten Eyck (CP) 2:21.1, 4-Meta Vanderwerff (LBC) 2:21.5; 880yMedR, 1-Mickey's Missiles 1:42.9, 2-Phoenix TC 1:43.8, 3-Lakewood Spartans 1:43.8, 4-AOC 1:47.2; DT, 1-Debbie Brown (CCS) 109'3, 2-Debbie Landevain (IS) 102'8; JT, 1-Thelma Fabian (IS) 128'9, 2-Denise Sherrill (IS) 119'5, 3-Langevain 118'7; SP (8#), 1-Brown 36'4, 2-Connie Hurst (Un) 33'7 1/2, 3-Langevain 33'6; LJ, 1-Rejebian 18'2, 2-Vicki Betts (SCM) 17'8, 3-Cynthia Wales (AOC) 17'7 1/2; 1500m, 1-Pam Jewell (LBC) 4:54.9, 2-Sandy Dean (LBC) 4:57.2, 3-Lucille Jones (AOC) 4:58.4, 4-Cheryl Hubbard (MM) 4:58.9; 440yR, 1-Denver All Stars 48.4, 2-AOC 48.6, 3-Mickey's Missiles 48.6, 4-Lakewood Spartans 49.7; HJ, 1-Brenda Simpson (MM) 5'6, 2-Sandi Goldsberry (IS) 5'3, 3-DeAnne Wilson (LMM) 5'1. 12/13 Division: 50y, 1-Pat Benson (DAS) 6.0 (EMR), 2-Juanita Kelly (Bakersfield Saints) 6.1, 3-Carol Burkland (LMM) 6.2; 100y, 1-Kelly 11.3, 2-Benson 11.4; 220, 1-Benson 25.4, 2-Marsha Talley (TTC) 25.6, 3-Burkland 25.7, 4-Diana Owen (VOS) 26.4; 440, 1-Patty Cape (LBC) 58.3, 2-Linda Stecker (Duke City Dashers) 60.7, 3-Polly Marshall (La Jolla TC) 60.7, 4-Lou Ann Bollick (VOS) 61.5; 880, 1-Nancy Paul (VTC) 2:23.3, 2-Becky Hall (AOC) 2:24.6, 3-Linda Green (LBC) 2:25.1, 4-Sue Hopf (OMTC) 2:26.2, 5-Robin McNair (LJTC) 2:29.7; Mile, 1-Cindy McNabb (SCM) 5:28.1, 2-Debbie Derr (PF) 5:28.5, 3-Elizabeth McDonald (LBC) 5:33.2, 4-Louise Alonzo (AOC) 5:38.1, 5-Breanda Graves (AOC) 5:39.1; 50yH, 1-



Debbie Heald, La Mirada Meteors, who set a new National record for the 3000m run at Phoenix with a time of 10:12.6s. (Don Chadez photo)

Bobette Krug (LJTC) 7.1, 2-Jackie Guiehand (Seattle Dynamics) 7.3, 3-Diane Lieneke (VTC) 7.3, 4-Burkland 7.4; 880yMedR, 1-LB Comets 1:52.9, 2-Bakersfield Saints 1:54.6, 3-La Jolla TC 1:55.6; LJ, 1-Darla Crowell (IS) 16'5 1/4, 2-Tinaya Warren (BS) 16'4 1/2, 3-Marsha Talley (TTC) 16'0 1/4, 4-Kruga 15'10 1/4; DT, 1-Terri Sabol (LMM) 114'8 (NR), 2-Debbie Rivera (IS) 95'2, 3-Vicki Chiarello (Creighton TC) 89'8; JT, 1-Diane Cronk (LBC) 99'10 (NR), 2-Cindy Zapier (CTC) 85'1; SP (6#), 1-Monica Marshall (Santa Paula Tigerettes) 41'10, 2-Rivera 38'4 1/2, 3-Liza Dock (SPT) 34'10 1/4; HJ, 1-Mitzi McMillan (SD) 5'4 (NR), 2-Ellen MacLaughlin (BS) 4'11 1/4; BBT, 1-Rivera 235'6, 2-Cronk 227'10, 3-Sabol 212'6; 440yR, 1-Texas TC 51.9, 2-Bakersfield Saints 51.9, 3-Valley of the Sun TC 52.0, 4-Duke City Dashers 52.1. 10/11 Division: 50, 1-Sherri Hughes (BS) 6.4, 2-Joyce Lee (BS) 6.4, 3-Regina Johnson (MM) 6.6; 880yMedR, 1-Bakersfield Saints 2:08.0, 2-VOSTC 2:09.1, 3-Colorado Pacers 2:09.5; 100y, 1-Lee 12.1, 2-Hughes 12.1, 3-Johnson 12.4; 220, 1-Shelly Earl (MM) 27.6, 2-Anezet Smith (BS) 27.7, 3-Marina Van Gores (SCM) 28.6; 440, 1-Earl 63.4, 2-Anna Ingersoll (Tempe Rockettes) 63.4, 3-Sally Balderston (DCD) 64.3; 880, 1-Dianne Holder (LBC) 2:30.3, 2-Pam Young (CP) 2:36.0, 3-Margit Sturhann (LMM) 2:38.2, 4-Betty Burns Wascoe Waildcats) 2:38.2; HJ, 1-Chris Shawhan (CCS) 4'1 1/2, 2-Suzzy Fish (LBC) 4'1 1/2, 3-Gwendolyn Harsh (CP) 4'1 1/2, 4-Annette Jones (VOS) 4'1 1/2; LJ, 1-Alvina Williams (MM) 14'8 1/2, 2-Lynda Fleming (VOS) 14'5, 3-Ginger Neilson (CP) 14'4 1/2, 4-Sharon Harrison (WW) 14'1 1/2; SP (6#), 1-Heidi Kauti (CCS) 32'1 1/4, 2-Pam Young (CP) 30'4 1/2; 440yR, 1-Bakersfield Saints 55.4, 2-Colorado Pacers 56.3; BBT, 1-Pam Young 175'6, 2-Theresa San Felipe (MM) 172'10, 3-Ruth Ann Benavides (DCD) 161'4. 9/Under Division: 50, 1-Patrice Roberts (WW) 7.1, 2-Sanya Jackson (BS) 7.1, 3-Beverly Wolf (VOS) 7.1, 4-Carol Skjoldbrea (LMM) 7.3; 100, 1-Kay Hughes (BS) 13.5, 2-Jackson 13.5, 3-Lois Sawyer (VTC) 14.0; 220, 1-Hughes 30.8, 2-Renee Quigley (LMM) 31.2, 3-Vicky Murray (VOS) 31.2, 4-Cynthia Tyler (MM) 31.7; 440, 1-Quigley 67.8, 2-Jill Boyd (OMTC) 69.9, 3-Michelle Klein (Un) 70.0, 4-Vickie Murray (VOS) 70.5; 440yR, 1-Bakersfield Saints 60.9, 2-La Mirada Meteors 61.7, 3-LB Comets 61.9; HJ, 1-Kay Hughs 3'8 1/2, 2-Tyler 3'8 1/2, 3-Chris Tomasic (LBC) 3'6 1/2, 4-Anita Green (CTC) 3'6 1/2; LJ, 1-Becki Weaver (BS) 12'4 1/2, 2-Beverly Wolf (VOS) 12'4 1/4, 3-Mlein 12'4, 4-Tina Frye (BS) 12'2 1/4; BBT, 1-Mariona Pond (LBC) 144'4, 2-Eleanor Painter (LBC) 137'9.

US REPORT (Continued)

INLAND EMPIRE LEAGUE CHAMPIONSHIPS

Palm Springs, California, April 4:-The Los Angeles Track Club dominated the Women's events at the Inland Empire League Championships here today. Chi Cheng won three events in good times, the 100 meters in 11.5, 220 yards in 23.7 and 100 meter hurdles in 13.6 on the all weather track. Other LADC winners were Pat Bank in the shot, Una Morris in the 440 and Joanne Gilbreath over 880 yards.

RESULTS: 100m, 1-Chi Cheng (LADC) 11.5, 2-Marilyn Rougely (Palm Springs Fillies) 12.3; 220y, 1-Chi Cheng 23.7; 440, Una Morris (LADC) 57.5; 880y, Joanne Gilbreath (LADC) 2:29.7; 100mH, 1-Chi Cheng 13.6, 2-tie Una Morris and Pat Bank (LADC) 14.6, Jan Svendsen fell; HJ, Ann Meyers (West Covina TC) 5'0; SP, Pat Bank 45'1; 440yR, Palm Springs Fillies 51.8.

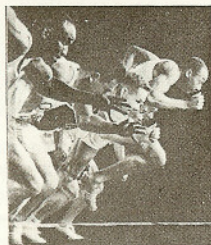
MICKEY'S MISSILES INVITATIONAL

San Diego, April 4:-Age groupers came through with the most outstanding performances at the Annual Mickey's Missiles Invitational held on the all weather grass track at the San Diego Stadium. Heidi Kauti of the Crescenta-Canada Spikettes got herself a new national record when she lofted the six pound shot 33'3/4, Carol Burkland, La Mirada Meteors, sped through a 24.9 220 in the 12/13 division and teammate Debbie Heald turned in a fine 5:04.3 canter for the mile as she won the 14/17 race at that distance.

As for the women's events, Williamae Ferguson won both sprints in 10.8 and an excellent 24.0, and Pat Donnelly of the home team won both hurdles at 14.3 and 28.4s.

RESULTS: Women's Division: 1500, 1-Nannette Torrey (SD Lancerettes) 4:53.0, 2-Cathy DeStout (SDL) 4:58.8; 440yR, 1-SC Missiles 48.5, 2-Mickey's Missiles 48.8; 100mH, 1-Pat Donnelly (MM) 14.3, 2-Alberta Martin (LADC) 14.9, 3-Dianne Spangler (CCS) 15.0; 100y, 1-Williamae Ferguson (West Coast Jets) 10.8, 2-Jackie Thompson (MM) 10.9, 3-Nancy Benson (Phoenix Flyers) 11.0, 4-Alida Van Gores (SCM) 11.0...6-Jarvis Scott (LAM) 11.7; JT, 1-Pam Livingston (SDL) 147'8, 2-Monette Driscoll (LBTC) 144'6, 3-Roberta Brown (SDL) 137'9; 440, 1-Mable Ferguson (WCF) 57.3, 2-Jarvis Scott 57.3, 3-Jackie Leineke (Ventura TC) 58.6; 200mH, 1-Donnelly 28.4, 2-Martin 28.6, 3-Spangler 28.7; 880, 1-Marilyn McClung (SCM) 2:22.8, 2-Adell Pitts (LBC) 2:25.8; 220, 1-Williamae Ferguson 24.0, 2-Thompson 24.4, 3-Benson 24.4, 4-Van Gores 25.1, 5-McClung 25.5; HJ, 1-Brenda Simpson (MM) 5'4, 2-Sandi Langevain (Lakewood Spartans) and Linda Jackson (SCM) tie at 4'10; LJ, 1-Brenda Simpson 17'2 1/2, 2-Sandi Langevain 17'0 1/2; SP, 1-Monette Driscoll 37'8, 2-Vivian Turner (LS) 36'2 3/4, 3-Roberta Brown 35'8 1/4; 4x440R, 1-San Diego Lancerettes 4:18.1, 2-LBTC 4:35.0. Girl's Division: Mile, 1-Debbie Heald (La Mirada Meteors) 5:04.3, 2-Sandy Dean (LBC) 5:20.3, 3-Nancy Thompson (PF) 5:22.7, 4-Reeny Westcott (LMM) 5:28.2; 440yR, 1-Lakewood Spartans 50.1, 2-Phoenix TC 50.2, 3-?? 50.2; 80yH, 1-Judy Rejebian (Phoenix TC) 10.8, 2-Deanne Wilson (LMM) 11.0, 3-Sue Harris (LS) 11.2; 100y, 1-Mavis Laing (PTC) 11.0, 2-Vicky Price (LBC) 11.3, 3-Debbie Good (PF) 11.4; 440y, 1-Pat Cape (LBC) 57.9, 2-Anne Gallaher (PTC) 59.1; 220y, 1-Laing 24.9, 2-Price 25.4; SP, 1-Iva Wright (Fresno) 41'10 1/2, 2-Debbie Brown (CCS) 35'2, 3-Debbie Nolan (LBTC) 35'0 1/2; 880, 1-Karen Hurlocker (LMM) 2:19.8, 2-Meta Vandewerff (LBC) 2:23.0, 3-Sandy Dean (LBC) 2:23.5; HJ, 1-Sandy Goldsberry (LS) 5'2, 2-Linda Ferrell (LBC) 5'0, 3-Goldie Kraft (PTC) 5'0...6-Judy Rejebian 4'8; 4x440R, 1-LB Comets 4:02.2, 2-La Mirada Meteors 4:05.9, 3-Phoenix TC 4:06.4. 12/13 Division: Mile, 1-Debbie Derr (PF) 5:34.4, 2-Elizabeth McDonald (LBC) 5:45.5; 440yR, 1-MM 51.9, 2-LS 51.9, 3-PF 52.7; 50yH, 1-Bobbette Krug (La Jolla TC) 7.0, 2-Cynthia McKenzie (Montclair Impalas) 7.3, 3-Terri Sabol (LMM) 7.4; 50y, 1-Linda Hearn (MM) 6.3, 2-Darla Crowell (LS) 6.4, 3-Linda Wagner (LS) 6.4; SP, 1-Debbie Rivera (LS) 39'7 1/2, 2-Debra Haynes (FE) 32'7 1/2; HJ, 1-Jan Dill (LS) 5'2, 2-Karen Kosmala (LMM) 4'8, 3-Jill South (TR) 4'8; 220y, 1-Carol Burkland (LMM) 24.9, 2-Hearn 26.3, 3-Linda Wright (PF) 26.4; 440, 1-Polly Marshall (La Jolla) 62.2; LJ, 1-Darla Crowell (LS) 16'5, 2-Krug 15'9 1/4; 100, 1-Linda Buchanan (MM) 11.8, 2-Karen Bosleny (SS) 11.8, 3-Theresa San Augustin (LBC) 11.8; BBT, 1-Rivera 229'0, 2-DeeDee Cronk (LBC) 212'6; 880yMedR, 1-La Jolla TC 1:54.7, 2-Phoenix Flyers 1:59.2 (La Mirada Meteors won in 1:55.0 but were disqualified - Burkland anchor leg of 59.8). 10/11 Division: 440yR, 1-Mickey's Missiles "A" 55.3, 2-Mickey's Missiles "B" 56.2; BBT, 1-Theresa SanFilippo (MM) 163'7; LJ, Kathy Clarke (La Jolla TC) 14'3 1/2; SP, 1-Heidi Kauti (CCS) 33'3 1/4 (National record); 50, 1-Regina Johnson (MM) 6.4, 2-Lorane Valdez (LMM) 6.5 (first-ever track meet), 3-Alvida Williams (MM) 6.6; HJ, Heidi Kauti 4'0; 100, 1-Regina Johnson 12.2, 2-Valdez 12.3 (12.lh), 3-Ivy Harris (MM) 12.6; 220, 1-Shell-ey Earl (MM) 27.1, 2-Mary Decker (LBC) 28.5; 440, 1-Earl 64.6, 2-Anna Ingersoll (TR) 67.0; 880, Dianne Holder (LBC) 2:34.4; 880yMedR, 1-LB Comets 2:02.6. 9/Under Division: BBT, 1-Eleanor Painter (LBC) 136'11, 2-Mariena Pond (LBC) 120'3; 440yR, MM 61.9, 2-LBC 61.9; HJ, 1-Cynthia Tyler (MM) 3'6, 2-Chris Tomic (LBC) 3'6; 50, Linda Brown (MM) 7.4; LJ, Michelle Klein (WVP) 12'3; 440, 1-Renee Quigley (LMM) 68.3, 2-Klein 73.9; 220, 1-Cynthia Tyler (MM) 29.9, 2-Quigley 30.0, 3-Klein 31.6, 4-Carol Skjelbreia (LMM) 31.9; 100, Eleanor Painter 13.7.

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RESULTS FROM IRAN

Shiraz, Iran (February 8/9), LJ, Lily Safa-Mehr 5.30/17'4 1/4 (New National record); SP, Leila Sanai 11.56/37'11 1/4. Abadan, Iran (February 12/13) 80mH, Fereshteh Tabatabai 13.0 (Equal national record); JT, Soudabeh Safari 37.95/124'6; Pentathlon, Jaleh Shahriari 3795 (National record).

PRARIE VIEW RELAYS

Prarie View, Texas, March 27: RESULTS, 440, Mary Jane Norrells (Alcorn A&M) 59.3; LJ, Helen Williams (Alcorn A&M) 17'9 1/2; 440yR, Alcorn A&M (Mollie Hence-Helen Williams-Amanda Hornesburger-Fayette Dukes) 49.1; 880, Sarah English (Houston Astrobettes) 2:32.1; 100, Mollie Hence (Alcorn A&M) 11.1; Sprint Medley, Alcorn A&M 1:49.3.

LETTER FROM TED RADCLIFFE - CANADA

"A few questions. 1-What is it with the Texas Southern team? On paper they should be great but they just don't come through. Especially Myles? 2-Have Montgomery and Bas-kerville retired? 3-How about Netter? 4-Teresa Thrasher of high jump fame in 1968 - never heard of her again. Did she just disappear into the wilds of Texas from whence she came?"

Answers (as known): 1-Texas Southern is hot at it again this year - see article in this issue. 2-Yes. 3-No. 4-Into the wilds from whence she came.

WORLD RECORDS

OUTDOOR RECORDS

INDOOR RECORDS

100y	10.3	Marlene Mathews (Australia)	1958	50 Yards	:05.6	Wyomia Tyus (USA)	1966
		Wyomia Tyus (USA)	1965	50 Meters	:06.0	Barbara Ferrell (USA)	1968
		Chi Cheng (Republic of China)	1969	60 Yards	:06.5	Wyomia Tyus (USA)	1966
100m	11.0	Wyomia Tyus (USA)	1968	60 Meters	:07.1	Tatyana Shchelkanova (SU)	1962
200m	22.5	Irena Szewinska (Poland)	1968			Renate Meissner (EG)	1970
220y	22.9	Margaret Burvill (Australia)	1964	70 Yards	:07.5	Wyomia Tyus (USA)	1964
400m	51.7	Nicole Duclos (France)	1969	80 Meters	:09.6	Wilma vd Berg (Hol)	1970
		Colette Besson (France)	1969			Barbara Wilden (WG)	1970
440y	52.4	Judy Pollock (Australia)	1965	100 Meters	:11.6	Mitrokina (SU)	1966
800m	2:00.5	Vera Nikolic (Yugoslavia)	1968			Sylvianne Telliez (Fra)	1968
880y	2:02.0	Dixie Willis (Australia)	1963	200 Meters	:24.1	Edith McGuire (USA)	1966
		Judy Pollock (Australia)	1967	300 Yards	:35.7	Esther Stroy (USA)	1970
1500m	4:10.7	Jaroslava Jehlickova (Czech)	1969	300 Meters	:38.3	Karin Lundgren (Swe)	1970
Mile	4:36.8	Maria Gommers (Holland)	1969	400 Meters	:53.0	Marilyn Neufville (GB)	1970
100mH	12.9	Karin Balzer (East Germany)	1969	440 Yards	:54.2	Charlette Cooke (USA)	1966
200mH	25.8	Pam Kilborn (Australia)	1969	500 Yards	1:06.3	Kathy Hammond (USA)	1970
HJ	191/6'3	Yolanda Balas (Rumania)	1961	500 Meters	1:13.9	Sliepova (SU)	1962
LJ	682/22'4½	Viorica Viscoplonneau (Rumania)	1968	600 Yards	1:22.2	Cheryl Toussaint (USA)	1970
SP	2043/67'0¼	Nadezhda Chizhova (USSR)	1969	600 Meters	1:30.9	Dimitrieva (SU)	1963
DT	6396/209'10	Liesel Westermann (West Germany)	1969	800 Meters	2:05.3	Barbara Wieck (EG)	1969
JT	6240/204'8	Yelena Gorchakova (USSR)	1964	880 Yards	2:07.3	Madeline Manning (USA)	1969
Pent	5352	Liese Prokop (Austria)	1969	1000 Meters	2:50.4	Kozlova (SU)	1965
		(13.5-49'8½-5'8¼-20'5¼-24.6)		1500 Meters	4:21.1	Doris Brown (USA)	1970
4x100m	42.8	USA (Ferrell-Bailes-Netter-Tyus)	1968	One Mile	4:40.4	Doris Brown (USA)	1967
4x110y	45.0	GB (Neil-Tranter-Simpson-Board)	1968	50y Hurdles	:06.5	Chi Cheng (Rep of China)	1970
4x200m	1:33.8	GB (Tranter-James-Simpson-Peat)	1968	50m Hurdles	:06.9	Chi Cheng (Rep of China)	1970
4x220y	1:35.8	Aus (Hoffman-Lamy-Boyle-Kilborn)	1968	55m/60y Hurd	:07.4	Karin Balzer (EG)	1970
4x400m	3:30.8	GB (Stirling-Lowe-Simpson-Board)	1969	60m Hurdles	:08.2	Karin Balzer (EG)	1970
		France (Martin-Duclos-Jacq-Besson)	1969			Lia Khitrina (SU)	1970
4x440y	3:47.8	USA (Pirie-Newing-Iddings-Jaton)	1969	70y Hurdles	:08.8	Mamie Rallins (USA)	1970
4x800m	8:33.0	EG (Schmidt-Hoffmeister-Pohland-Wieck)	1969	200m Hurdles	:28.5	Poluboyarova (SU)	1970
			1970	High Jump	6'2	Ilona Gusenbauer (Aut)	1970
4x880y	9:33.4	USA	1970	Long Jump	22'1	Tatyana Shchelkanova (SU)	1966
DisMed	12:39.6	USA	1970	Shot Put	61'0¼	Nadezhda Chizhova (SU)	1970
		(440-880-1320-Mile)					

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CHI EQUALS 100y RECORD AT CLAREMONT RELAYS

Claremont, California, March 28:-The female athletes "stole the show" at the 9th Annual Claremont Relays as the meet management staged its first completely "integrated" program in which the women participated in exactly the same events as proffered for the college runners - minus the steeplechase, pole vault and triple jump. Spectators who had never watched the lady performers were in awe as they screamed to the close finish in the 13/under 880, clapped with abandon for the 9/under 100 yard dashers, and cheered to the world record equalling 100 yard dash of 10.3 by LATC's Chi Cheng.

The visiting Millbrae Lions won the team title with ease as they displayed a well-balanced unit, but Chi was the star individual performer with another perfect day. The Chinese ace opened the day with a win in the long jump and her outdoor best at 20'10/6.35, won the 100m hurdles over a good field in 13.6, won her 100 dash heat in 10.5, won the final with the world record equalling 10.3 and finished the day with a 54.8 (24.8 at 220) anchor leg on the LATC mile relay team.

There were other good performances as well. Kathy Schmidt annexed the javelin over a good field at 186'7 and Lynn Graham took the shot at 48'3/4.

RESULTS: 100y (Heat 1), 1-Chi Cheng (LATC) 10.5w, 2-Kathy Smallwood (Un) 10.9w, 3-Mable Ferguson (West Coast Jets) 11.0, 4-Deborah Payne (LATC) 11.1w; (Heat 2) 1-William Ferguson (WCJ) 10.8w, 2-Una Morris (LATC) 10.9w, 3-Ann Christoff (ML) 11.1w, 4-Pat Donnelly (Mickey's Missiles) 11.3w; (Final) Chi 10.3, 2-Smallwood 10.7, 3-W. Ferguson 10.8, 4-M. Ferguson 10.9, 5-Morris 11.0 (Equals world record); 100mH, 1-Chi Cheng 13.6w, 2-Donnelly 14.3w, 3-Una Morris (LATC) 14.4w, 4-Deanne Carlson (Laurel TC) 14.8w, 5-Marilyn King (Millbrae Lions) 14.9w; 440yR, 1-Millbrae 49.3, 2-LATC 49.4, 3-Lakewood Spartans 54.0; Mile Relay, 1-LATC (Gilbreath 59.6-Morris 56.0-Graham 58.1-Chi 54.8) 3:48.5, 2-Millbrae Lions 4:01.8, 3-LB Comets 4:10.6, 4-Lakewood Spartans 4:14.2, 5-LBTC 4:19.6; 2 Mile Relay (4x 880), 1-LB Comets "A" 9:33.4, 2-Millbrae Lions "A" 9:34.0, 3-LB Comets "B" 9:36.6, 4-Millbrae "B" 10:10.6, 5-LBTC 10:33.6; Distance Medley (440-880-1320-Mile), 1-Millbrae "A" 12:39.6, 2-LB Comets "A" 13:00.2, 3-LB Comets "B" 13:28.0, 4-Millbrae "B" 13:41.0; High Jump, 1-Sandy Goldsberry (Lakewood) 4'10, 2-Ann Meyers (West Covina TC) 4'10, 3-Sue Harris (LS) 4'8, 4-Athena Theodora (LS) 4'8; LJ, 1-Chi Cheng (LATC) 20'10, 2-Marilyn King (ML) 19'1, 3-Vicki Betts (LS) 18'9/4, 4-Deborah Payne (LATC) 18'5, 5-Sandy Goldsberry (LS) 17'9/4, 6-Jackie Van Buskirk (VOSTC) 17'9; SP, 1-Lynn Graham (ML) 48'3/4, 2-Linda Langford (ML) 41'4/4, 3-Vivian Turner (LS) 38'6/2, 4-Kathi Bobbitt (LBTC) 37'6/4, 5-Debbie Nolan (LBTC) 33'7/4; DT, 1-Langford (ML) 150'11, 2-Turner (LS) 142'6, 3-Nancy Norberg (Un) 142'1, 4-Graham (ML) 137', 5-Carol Knight (ML) 126'2; JT, 1-Kathy Schmidt (LBTC) 186'7, 2-Roberta Brown (San Diego Lancerettes) 161'9, 3-Barbara Pickel (ML) 157'7, 4-Monette Driscoll (LBTC) 152'5, 5-Langford (ML) 145'10, 6-Pam Livingston (SDL) 135'1; Team scores, 1-Millbrae Lions 72, 2-LATC 39, 3-LB Comets 36, 4-Lakewood Spartans 29, 5-LBTC 12, 6-West Coast Jets 5, 7-West Covina TC, Mickey's Missiles and San Diego Lancerettes 4, 10-Laurel TC 2. Age Group Exhibition events: 9/Under 100y, 1-Katvon Hughes (Bakersfield) 13.6, 2-Renee Quigley (La Mirada Meteors) 13.7, 3-Vicki Murray (VOSTC) 13.8, 4-Carol Skjelbreia (LMM) 13.9, 5-Sonya Jackson (Bakersfield) 14.0 (Note: Sonya was "missed" by the judges and appeared to be second or third in this race); 13/Under 880, 1-Linda Green (LBC) 2:22.7, 2-Diane Byington (Rialto RR) 2:23.7, 3-Joyce Wolak (Un) 2:24.6, 4-Sue Hopf (Ontario-Montclair) 2:26.4, 5-Debbie Johnson (RRR) 2:27.8; 10/11 440y Relay, 1-Bakersfield Saints 54.8, 2-LB Comets 55.7, 3-West Covina TC 59.0, 4-OMTC 59.4, 5-RRR 59.7; 12/13 440yR, 1-OMTC 52.4, 2-Valley of the Sun TC 52.5, 3-Bakersfield Saints 52.8, 4-LB Comets 53.5, 5-Rialto RR 56.9.

AUSTRALIAN CHAMPIONSHIPS from Bernie Cecins

Melbourne, Australia, March 11/14/15:-The meeting began under cold and windy and rainy conditions with the pentathlon and some of the heats. 400m, 1-Cheryl Peasley 55.0 from Pauline Dryden and Joyce Bennett; 2 heat, Sandra Brown 54.2 from Elaine Frawley and Kathy Holland; 100mH, heat 1, Maureen Caird 13.7 - Diane Peasley, one of the favorites, fell and did not finish. Pam Kilborn, finishing into the wind took the second heat in 13.3 to equal her best legitimate time. March 12 - the pentathlon went to Jeanette Tandy with

4484 points over Penny McCallum who scored 4443 and Carolyn Wright with 4191. 200m hurdle heats went to Kilborn (27.1), Caird (27.1) and Dell (27.3).

The first day of the finals of the individual championships was held on the brand new rubber-bitumen track. Sandra Brown took the limelight with an effortless win in the 400m in 52.4 from Frawley 54.2, Peasley 54.3, Dryden 54.4 and Holland 57.2 who had run the 100m final five minutes earlier. The 100m, run against a 3.83 headwind, gave an easy win to Raelene Boyle in 11.6 from Marion Hoffman 11.9, Holland 11.9, Caird 12.1 and Kilborn 12.2. Jennifer Lamy, suffering from a throat infection for more than a week, was in Melbourne but did not compete.

Caird caused a shock in the 200m hurdles as she started extremely well and built up a lead over Kilborn who could not overtake her. Caird won in 26.3 over Kilborn 26.5 and McCallum 27.0. 1500m was won by Raie Thompson in 4:31.4 over Iris Lincoln (GB) 4:31.6, Pat Gavin 4:36.9. Diane Pease won the long jump at 20'0/4 with Tandy second at 19'9/4. Jean Roberts won the shot with 49'3 over Anna Karner at 48'8/2. Petra Rivers annexed the javelin title with a toss of 177'3, Natasa Urbancic (Yug) was second with 175'9.

The final day of competition was run in calm wind conditions. Raelene Boyle, who is looking forward to running the 400 as she matures, won the 200m in the fastest time since the Mexico Olympics when she rambled to a 22.9 clocking. In second spot was Hoffman (23.3) with Brown (23.5) in third. Caird scored her second upset in the 100m hurdles when she outprinted Kilborn after clearing the last hurdle to win in 13.3. Kilborn, who had her leg in a cast until only a few weeks earlier, also was timed in 13.3 with McCallum next in 13.5. Peasley won the 800 in 2:05.7 from Judy Hart (2:07.4) and Maree Kennedy (2:08.5). Roberts repeated with a win in the discus at 166'6 and Victoria won the 4x100 in 45.2.

Simple repetition of an action without understanding of its HOW or WHY is a slow method of learning.

One of the greatest factors in motivation is where the learner sees his progress graphically as he proceeds toward a set goal.

CUBA DOMINATES CARIBBEAN GAMES

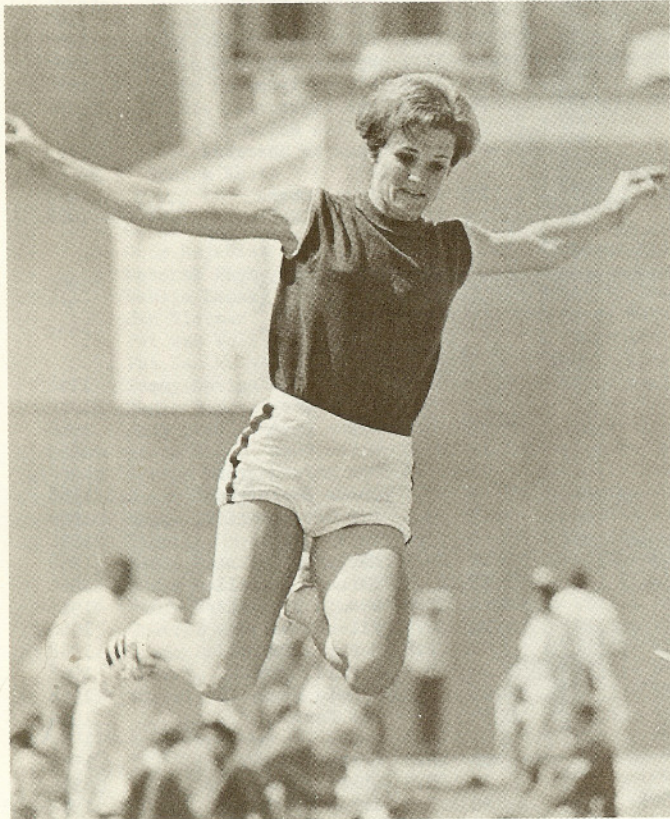
Panama City, Canal Zone, March 1-8:-Cuba, placing one-two-three in practically every event, completely dominated the Central American and Caribbean Games on the wind swept tartan track in Panama City. The wind, which ruined most events did not mar the performance of Carmen Truete, Cuba, who sped to a record time of 52.5 for the 400 meters. Other good performances were turned in by Miguelina Cobian in the dashes (11.4w and 23.5 - 11.2w heat), Marcia Garby (Cuba) a windy 6.60/21'7/4 long jump and Carmen Romero (Cuba) who tossed the discus 53.54/178'8, and the Cuban relay team with a 44.7 win.

RESULTS: 100m, 1-Miguelina Cobian (Cuba) 11.4w (11.2wh), 2-Fulgencia Romay (Cuba) 11.6w (11.4wh), 3-Cristina Echevarria (Cuba) 11.6w, 4-Adlin (Mair) Clarke (Jam) 12.0w (Wind 2.1mps); 200m, 1-Cobian 23.5, 2-Violet Quesada (Cuba) 23.9 (23.8h), 3-Romay 24.3 (23.9h), wind nil; 400m, 1-Carmen Truete (Cuba) 52.5 (record), 2-Aurelia Penton (Cuba) 54.0, 3-Marcela Chivas (Cuba) 55.1, 4-Lucia Quirez (Mexico) 55.9; 800m, 1-Truete 2:14.8, 2-Quirez 2:15.8, 3-Rosalina Abaedia (Panama) 2:16.4, 4-Penton 2:16.4; 100mH, 1-Marlene Elejarde (Cuba) 13.9 (13.7h), 2-Lourdes Jones (Cuba) 14.2, 3-Raquel Martinez (Cuba) 14.5 (14.1h), 4-Enriqueta Basilio (Mexico) 14.6 (14.4h), 5-Mercedes Roman (Mexico) 15.1 (14.7 h); HJ, 1-Hilda Fabre (Cuba) 1.73/5'8, 2-Lucia Daquat (Cub) 1.68/5'6, 3-Marina Rodriguez (Cuba) 1.64/5'4/2, 4-Audrey Reid (Jamaica) 1.62/5'3/4; LJ, 1-Marcia Garbey (Cuba) 6.60/21'7/4w, 2-Marina Samuels (Cuba) 6.31/20'8/2w (6.24/20'5/4ok), 3-Mirian Pupe (Cuba) 6.00/19'8/4w, 4-Roman 5.81/19'0/4w; DT, 1-Carmen Romero (Cuba) 53.54/178'8, 2-Cristina Betancourt (Cuba) 151'2, 3-Hilda Ramirez (Cuba) 144'8; JT, 1-Tomas Manez (Cuba) 45.64/149'9, 2-Hilda Ramirez (Cuba) 149'2, 3-Flor Umana (Colombia) 43.54/142'10; Pentathlon, 1-Marlene Elejarde (Cuba) 4534 (rec) (13.9-35'6/4-11-17'8/24-1), 2-Marcia Garbey (Cuba) 4423 (14.9-27'7/2-5'24-20'3-24.7), 3-Mercedes Roman (Mexico) 4243 (14.7-33'3/4-4'11-18'6/26-3); 4x100, 1-Cuba (Elejarde-C.Echevarria-Romay-Cobian) 44.7, 2-Panama 47.3, 3-Mexico 48.1, 4-Nicaragua 52.1. SP, 1-Hamilton (Cuba) 47'9/4, 2-Ramirez (Cuba) 45'5/4, 3-Romero (Cuba) 44'8/4.



Linda Langford Millbrae Lions weight performer shows near perfect form as she releases the shot.

CLAREMONT RELAYS ACTION



Marilyn King Millbrae Lions all-around performer gets off her lifetime best in the long jump with a leap of 19'1.



13/Under Halfmilers head for home with eventual winner Linda Green (Long Beach Comets) in the lead. Others from left are Sue Hopf (Ontario-Montclair Cheetahs), Debbie Johnson (Rialto Road Runners), Diane Byington, the head of Ruth Kleinsasser and Joyce Wollack (Unattached). All Claremont Relays photos by Don Chadez.



Carol Goya and Vickie Eberley battle for the lead in the two mile relay (4x880). Goya, running for the LB Comets, won the race over the Millbrae Lions.

USA BEST BY AGE - COMPILED BY CALVIN BROWN

100 YARDS				440 YARDS (Continued)				THREE MILES			
6	15.1	Cynthia Tyler	1966	23	56.1	Pat Winslow	1967	6	26:14	Joyce Brodock	1969
7	14.1	Christine Shawhan	1967	24				7	25:40	Becky Gomez	1969
8	13.5	Lori Jenkins	1968	25	55.8	Doris Brown	1968	8	25:13	Carrie Stewart	1969
9	12.6	Terri Frye	1969	26	56.1	Janet Johnson	1968	9	21:42	Linda Brodock	1969
10	12.0	Cassandra Richardson	1969					13	17:33	Debbie Roth	1968
11	11.8	Creola Miller	1968	<u>880 YARDS</u>				<u>FOUR MILES</u>			
		Doris Thomas	1967	6	3:10.7	Cheryl Camden	1965	6	36:31	Joyce Brodock	1969
12	11.3	Creola Miller	1969	7	2:57.5	Cheryl Camden	1966	7	34:17	Becky Gomez	1969
		Karen McDaneil	1969	8	2:42.4	Renee Quigley	1969	8	33:52	Carrie Stewart	1969
13	10.8	Margaret Johnson	1964	9	2:40.7	Cheryl Camden	1968	9	29:05	Linda Brodock	1969
14	10.8	Charlene Johnson	1968	10	2:33.6	Pam Young	1969	13	25:09	Susan Brodock	1969
15	10.5	Charelene Johnson	1969	11	2:24.6	Shawna Baxter	1969	<u>FIVE MILES</u>			
16	10.6	Orien Brown	1969	12	2:21.8	Carol Heer	1968	6	45:28	Joyce Brodock	1969
		Willie Mae Nichols	1969	13	2:17.6	Debbie Norris	1968	7	42:39	Becky Gomez	1969
17	10.4	Margaret Bailes	1968					8	41:52	Carrie Stewart	1969
18	10.4	Dorothy Myles	1967	14	2:12.9	Debbie Norris	1969	9	36:00	Linda Brodock	1969
19	10.3	Wyomia Tyus	1965	15	2:10.2	Marie Mulder	1965	<u>50 YARD HURDLES</u>			
20	10.5	Wyomia Tyus	1966	16	2:10.6	Francie Larrieu	1969	9	9.8	Chris Shawhan	1968
21	10.4	Barbara Ferrell	1969	17	2:10.7	Nancy Shafer	1969	10	8.5	Laura Allen	1968
22	10.3	Wyomia Tyus	1968	18	2:04.6	Charlette Cooke	1966	11	8.4	Laura Allen	1969
23	10.7	Mae Faggs	1955	19	2:05.5	Madeline Manning	1967	12	7.2	Karol Stewart	1968
				20	2:05.5	Madeline Manning	1968	13	6.9	Karol Stewart	1969
25	10.7	Willye White	1964	21	2:04.7	Madeline Manning	1969	14	6.9	Rhonda Albers	1969
26	10.8	Willye White	1965	22	2:10.4	Leah Ferris	1965	15			
27	11.1	Cherrrie Sherrard	1966	23	2:05.8	Doris Brown	1966	16	6.4	Pat Van Wolvelaere	1967
28	10.9	Irene Obera	1962	24	2:05.8	Doris Brown	1967	17	6.4	Pat Van Wolvelaere	1967
		Cherrrie Sherrard	1967	25	2:05.7	Doris Brown	1968	<u>100 METERS</u>			
29	10.9	Willye White	1968	26	2:07.4	Doris Brown	1969	10	14.4	Lynda Fleming	1969
30	11.1	Irene Obera	1964	27				11	13.5	Yvonne Dillsworth	1967
31				28	2:13.5	Sandra Knott	1966	12			
32	11.0	Irene Obera	1966	29	2:18.5	Grace Butcher	1963	13	12.6	Judy Rejebian	1968
33	10.8	Irene Obera	1967	30	2:28.8	Sara Mae Berman	1966	14	11.7	Ann Coleman	1966
34	10.9	Irene Obera	1968	31	2:30.0	Sara Mae Berman	1967	15	11.8	Willie Mae Nichols	1968
35	11.5	Irene Obera	1969	32	2:29.2	Sara Mae Berman	1968	16	11.7	Nancy Benson	1968
				33	2:31.5	Sara Mae Berman	1969	17	11.1	Margaret Bailes	1968
				34				18	11.4	Iris Davis	1968
				35	2:27.6	Grace Butcher	1969	19	11.1	Wyomia Tyus	1965
				Add					Barbara Ferrell	1967	
				5	3:39.0	Romi Vasquez	1969	20	11.3	Wilma Rudolph	1960
<u>220 YARDS</u>				<u>ONE MILE</u>				<u>200 METERS</u>			
6	36.7	Cynthia Tyler	1967	4	10:36.0	Romi Vasquez	1967	9	31.7	Lynda Fleming	1968
7	33.6	Lori Jenkins	1967	5	8:11.0	Romi Vasquez	1969	10	29.2	Anita Lee	1968
8	31.0	Lori Jenkins	1968	6	8:45.0	Joyce Brodock	1969	11	28.0	Diana Owen	1968
9	29.5	Marietta Brown	1969	7	6:40.1	Becky Gomez	1969	12	26.6	Diana Owen	1969
10	28.1	Joyce Wolak	1968	8	6:00.7	Renee Quigley	1969	13	25.4	Mable Ferguson	1968
11	26.7	Creola Miller	1968	9	5:40.0	Julie Shea	1969	14	25.7	Donna Beckstrom	1968
12	25.6	Joyce Scott	1968	10	5:35.1	Effie Jordan	1969	15	23.5	Pam Greene	1969
13	24.2	Michelle McMillan	1967	11	5:23.8	Karen Kosmala	1968	16	23.4	Lacey O'Neal	1960
14	24.5	Jackie Thompson	1969	12	5:07.8	Debbie Roth	1968	17	22.9	Margaret Bailes	1968
15	23.8	Margaret Johnson	1966	13	4:59.6	Debbie Roth	1969	18	23.4w	Barbara Ferrell	1966
16	23.8	Margaret Johnson	1967	14	5:05.5	Kathy Wilkerson		19	23.3	Wyomia Tyus	1965
17	23.7	Kathy Hammond	1969	15	5:16.4	Maureen Dickson	1967	20	22.9	Wilma Rudolph	1960
18	23.9	Barbara Ferrell	1966	16	4:55.0	Francie Larrieu	1969	21	22.8	Barbara Ferrell	1968
19	23.8	Barbara Ferrell	1967	17	4:55.6	Marie Mulder	1968	22	23.3	Wyomia Tyus	1968
20	23.6	Barbara Ferrell	1968	18	5:12.0	Judy Oliver	1968	23	23.0	Wyomia Tyus	1968
21	23.5	Barbara Ferrell	1969	19	5:07.8	Pat Cole	1967	24	24.2	Mae Faggs	1956
22	23.7	Wyomia Tyus	1968	20	5:01.3	Linda McCain	1969	25	23.8	Janet Johnson	1967
23	25.5	Janis Brown	1968	21	5:06.4	Francie Kraker	1968	26	26.5	Barbara Brown	1968
24				22				27	25.4	Cherrrie Sherrard	1966
25				23	4:52.0	Doris Brown	1966	28	25.2	Irene Obera	1962
26	24.7	Janet Johnson	1968	24	4:40.4	Doris Brown	1967	29	25.4	Irene Obera	1963
27				25	4:42.2	Doris Brown	1968	30			
28				26	4:57.3i	Doris Brown	1969	31			
29	25.0w	Irene Obera	1963	27	5:19.1	Ruth Brand	1969	32			
30				28	5:26.0	Sara Mae Berman	1968	33			
31				29	5:26.0	Grace Butcher	1969	34			
32	24.9	Irene Obera	1966	30	5:30.0	Sara Mae Berman	1969				
33	24.8	Irene Obera	1967	<u>TWO MILE</u>				<u>200 METERS</u>			
34	26.5	Irene Obera	1968	6	17:35.0	Joyce Brodock	1969	9	31.7	Lynda Fleming	1968
<u>440 YARDS</u>				7	17:17.0	Becky Gomez	1969	10	29.2	Anita Lee	1968
7	77.3	Cynthia Tyler	1968	8	16:33.0	Carrie Stewart	1969	11	28.0	Diana Owen	1968
8	72.3	Renee Quigley	1969	9	12:36.0	Julia Shea	1969	12	26.6	Diana Owen	1969
9	66.4	Jill Boyd	1970	11	12:09.8	Karen Kosmala	1968	13	25.4	Mable Ferguson	1968
10	65.1	Effie Jordan	1969	12	11:15.2	Debbie Heald	1968	14	25.7	Donna Beckstrom	1968
11	62.9	Joyce Wolak	1969	13	11:17.0	Debbie Heald	1969	15	23.5	Pam Greene	1969
12	59.8	Joyce Scott	1968	14	10:43.0	Debbie Heald	1969	16	23.4	Lacey O'Neal	1960
13	58.1	Karen Hurlocker	1969	21	11:39.4	Pat Cole	1969	17	22.9	Margaret Bailes	1968
14	54.6	Esther Stroy	1968	35	18:28.0	Agnes Faraday	1969	18	23.4w	Barbara Ferrell	1966
15	54.1	Esther Stroy	1969					19	23.3	Wyomia Tyus	1965
16	54.5	Kathy Hammond	1968					20	22.9	Wilma Rudolph	1960
17	54.0	Kathy Hammond	1969					21	22.8	Barbara Ferrell	1968
18	53.3	Charlette Cooke	1966					22	23.3	Wyomia Tyus	1968
19	54.8	Gwen Norman	1969					23	23.0	Wyomia Tyus	1968
20	54.9	Madeline Manning	1968					24	24.2	Mae Faggs	1956
21	54.6	Jarvis Scott	1968					25	23.8	Janet Johnson	1967
22	55.0	Jarvis Scott	1969					26	26.5	Barbara Brown	1968

400 METERS		
13	56.6	Mable Fergerson 1968
14	55.0	Kathy Hammond 1966
15	52.6	Kathy Hammond 1967
16	53.4	Kathy Hammond 1968
17	52.1	Kathy Hammond 1969
18	52.3	Janell Smith 1965
19	52.4	Charlette Cooke 1967
20	54.8	Jarvis Scott 1967
21	52.7	Jarvis Scott 1968
22	54.7	Jarvis Scott 1969
23		
24	58.6	Sandra Knott 1962
25	53.6	Janet Johnson 1967
26	56.2	Doris Brown 1968

800 METERS		
13	2:16.8	Debbie Timpke 1968
14	2:17.5	Kathy Gibbons 1968
15	2:07.3	Marie Mulder 1965
16	2:08.1	Cheryl Toussaint 1969
17	2:15.9	Debbie Hancock 1968
18	2:03.8	Charlette Cooke 1966
19	2:01.6	Madeline Manning 1967
20	2:00.9	Madeline Manning 1968
21	2:01.3	Madeline Manning 1969
22	2:09.8	Francie Kraker 1969
23	2:05.1	Doris Brown 1966
24	2:02.9	Doris Brown 1967
25	2:02.2	Doris Brown 1968
26	2:03.9	Doris Brown 1968
27	2:05.4	Doris Brown 1969

1500 METERS		
8	6:07.1	Carolynn Hyrkas 1965
11	5:17.0	Patti Anderson 1967
12	4:57.0	Debbie Heald 1968
13	4:49.0	Debbie Heald 1969
14	4:39.2	Debbie Heald 1969
15	4:36.5	Marie Mulder 1965
16	4:16.8	Francie Larriau 1969
17	4:42.5	Linda Mayfield 1967
18	4:49.3	Judy Oliver 1968
19	4:37.3	Francie Kraker 1966
20	4:29.0	Natalie Rocha 1967
21	4:51.4	Francie Kraker 1968
22	4:41.2	Lori Schutt 1965
23	4:20.2	Doris Brown 1966
24	4:21.2	Doris Brown 1967
25	4:30.3	Vickie Poltz 1969
26	4:16.8	Doris Brown 1969
27	4:36.7	Sandra Knott 1965
28	4:48.9	Sandra Knott 1966

80 METER HURDLES		
12	12.4	Carol Burkland 1969
13	12.8	Judy Rejebian 1968
14	11.5	Deborah Payne 1968
15	11.1	Debbie Lansky 1968
16	11.0	Jan Glotzer 1968
17	10.8	Pat Van Wolvelaere 1967
18	10.5	Pat Van Wolvelaere 1968
19	11.1	Tammy Davis 1966
20	10.8	Rosie Bonds 1965
		Judy Dyer 1968
21	10.9	Rosie Bonds 1965
22	11.0	Janice Brown 1967
23	11.1	Joann Terry 1962
24	11.0	Mamie Rallins 1966
25	10.8	Cherrie Sherrard 1964
		Mamie Rallins 1967
26	10.6	Mamie Rallins 1968
27	10.6	Mamie Rallins 1968
28	10.5	Cherrie Sherrard 1967
29	11.1	Irene Robertson 1960
		Cherrie Sherrard 1968
30	11.1	Cherrie Sherrard 1968

100 METER HURDLES (33")		
13	17.4	Laura Chirnside 1969
14	15.8	Judy Rejebian 1969
15	15.3	Sallie Caton 1969
16	14.0	Jan Glotzer 1969
17	14.4	Stanelia Mallard 1969
18	15.8	Cheryl Rogers 1969
19	14.2	Pat Van Wolvelaere 1969

100 METER HURDLES (Continued)		
21	14.7	Judy Dyer 1969
22	14.5	Alberta Martin 1969
24	16.1	Gail Davis 1969
27	13.5	Mamie Rallins 1969
30	14.3w	Cherrie Sherrard 1969

200 METER HURDLES		
13	30.5	Mary Lalum 1966
14	29.0	Linda Iddings 1967
15	28.9	Carol Thomson 1968
16	27.4	Pat Van Wolvelaere 1966
17	27.5	Janene Jatou 1969
18	26.9	Pat Hawkins 1969
19	27.7	Kitty Carlson 1966
20	27.9	Deanne Kurth 1969
21		
22	28.7	Alberta Martin 1969
23	27.6	Mamie Rallins 1965
24	27.9	Mamie Rallins 1966
25	27.9	Mamie Rallins 1967
26	27.2	Mamie Rallins 1968
27	27.2	Mamie Rallins 1969
28	28.7	Cherrie Sherrard 1967
29	29.0	Cherrie Sherrard 1968
30	29.7	Cherrie Sherrard 1969

HIGH JUMP		
7	3' 0"	Terri Smithey 1969
8	3' 10"	Christine Shawhan 1968
9	4' 4"	Anita Lee 1967
10	4' 8"	Anita Lee 1968
11	5' 0"	Anita Lee 1969
12	5' 1"	Linda Ganzini 1969
13	5' 3"	Sandy Goldsberry 1969
14	5' 4"	Judy Durham 1967
15	5' 5"	Diane Waters 1967
16	5' 8"	Eleanor Montgomery 1963
17	5' 8"	Eleanor Montgomery 1964
18	5' 8"	Eleanor Montgomery 1965
19	5' 8"	Eleanor Montgomery 1966
20	5' 10"	Eleanor Montgomery 1967
21	5' 10"	Eleanor Montgomery 1968
22	5' 11"	Eleanor Montgomery 1969
23	5' 9"	Mildred McDaniel 1956
24	5' 7"	Pat Winslow 1968
25	5' 6"	Alice Coachman 1948
26	4' 7"	Barbara Brown 1968
27	5' 2"	Linda DeLong 1962
30	4' 10"	Cherrie Sherrard 1969

LONG JUMP		
5	7' 6"	Cindy Davis 1969
6	9' 0"	Lori Jenkins 1966
7	10' 8 1/2"	Ilene Shaw 1965
8	12' 3"	Marina Van Gores 1967
9	13' 8"	Diane Rodriguez 1969
10	15' 4 1/4"	Anita Lee 1968
11	17' 7"	Anita Lee 1969
12	17' 10"	Judy Rejebian 1968
13	19' 1"	Dora Lee Roberts 1968
14	19' 5 1/2"	Dora Lee Roberts 1969
15	19' 8 1/2"	Flossie Wilcner 1961
		Cathy Hamblin 1968
16	19' 11"	Vikki Lind 1968
17	20' 2 1/4"	Denise Paschal 1966
18	20' 5"	Edith McGuire 1962
19	20' 5"	Martha Watson 1964
20	20' 10"	Martha Watson 1967
21	20' 6"	Martha Watson 1968
22	21' 1 1/4"	Willie White 1961
23	20' 6"	Pat Winslow 1967
24	20' 9"	Willie White 1963
25	21' 6"	Willie White 1964
26	21' 1 1/2"	Willie White 1965
27	20' 8 1/2"	Willie White 1966
28	20' 2 1/4"	Willie White 1967
29	21' 0"	Willie White 1968
30	20' 9 1/2"	Willie White 1969

SHOT PUT (4 Kilo)		
12	23' 1"	Laura Chirnside 1968
13	26' 7 1/4"	Judy Rejebian 1968
14	41' 0 3/4"	Maren Seidler 1965
15	44' 6 1/4"	Maren Seidler 1967
16	47' 5 1/4"	Maren Seidler 1967
17	50' 11"	Maren Seidler 1968
18	49' 6 1/2"	Lynn Graham 1966
19	49' 5 1/4"	Cel Rutledge 1962
20	47' 0"	Lynn Graham 1968
21	50' 0 1/2"	Earlene Brown 1956
22	47' 4"	Earlene Brown 1957
23	54' 3 1/4"	Earlene Brown 1958
24	51' 6 1/2"	Earlene Brown 1959
25	54' 9 1/4"	Earlene Brown 1960
26	48' 10 1/4"	Earlene Brown 1962
27	48' 11"	Earlene Brown 1962
28	48' 4 1/4"	Earlene Brown 1964
29	50' 8"	Earlene Brown 1964
30	45' 7"	Sharon Shepherd 1968
35	35' 6"	Olga Connolly 1968

DISCUS THROW		
11	92' 8"	Debbie Rivera 1969
12	100' 10"	Debbie Rivera 1970
13	113' 1"	Diane Matkovich 1967
14	135' 4"	Iva Wright 1969
15	134' 10"	Nancy Norberg 1962
16	150' 2"	Linda Langford 1968
17	161' 1"	Linda Langford 1969
18	156' 1"	Nancy Norberg 1965
19	162' 0"	Ranee Kletchka 1969
20	153' 7"	Nancy Norberg 1967
21	168' 5"	Earlene Brown 1956
22	161' 1"	Carol Moseke 1967
23	178' 0"	Carol Moseke 1968
24	167' 3"	Carol Moseke-Frost 1969
25	176' 10"	Earlene Brown 1960
26	169' 9"	Olga Connolly 1958
27	174' 5"	Olga Connolly 1960
28	154' 7"	Helen Thayer 1966
29	172' 2"	Olga Connolly 1962
30	154' 7"	Helen Thayer 1968
31	174' 5"	Olga Connolly 1964
35	178' 5"	Olga Connolly 1968
36	164' 1"	Olga Connolly 1969

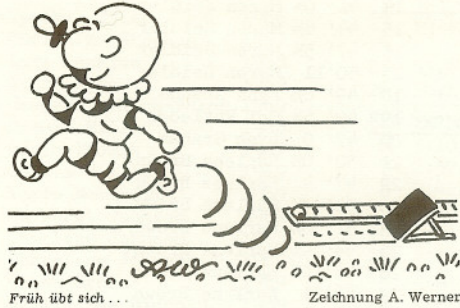
JAVELIN THROW		
11	69' 2"	Kim Pyles 1969
12	90' 1"	Tracy Felix 1969
13	135' 8"	Diane Matkovich 1967
14	162' 2"	Kathy Schmidt 1968
15	177' 4"	Kathy Schmidt 1969
16	191' 5"	Kathy Schmidt 1970
17	184' 7"	Sherry Calvert 1969
18	198' 8"	Barbara Friedrich 1967
19	186' 0"	Barbara Friedrich 1968
20	175' 10"	Barbara Friedrich 1969
21	176' 0"	Ranae Bair 1964
22	184' 11"	Ranae Bair 1964
23	188' 11"	Ranae Bair 1966
24	196' 3"	Ranae Bair 1967
25	179' 3"	Ranae Bair 1968
26	157' 11"	Ranae Bair 1969
28	154' 11"	Amelia Wood 1959

PENTATHLON (With 100m Hurdles)		
14	3992	Judy Rejebian 1969
15	4261	Mavis Laing 1969
16	4544	Jan Glotzer 1969
17	4128	Stanelia Mallard 1969
18	4400	Dianne Spangler 1969
22	4156	Alberta Martin 1969
23	4201	Judy Vernon 1969
30	3739	Cherrie Sherrard 1969

No set of muscles will improve or develop unless a need for that development is put on the muscle or set of muscles.

Results in coaching will not be evident beyond the limits of motor intelligence.

AGE GROUP TRACK



In the January issue, I made a mistake. Two girls from the same team with the same first name were involved and I received a nice letter stating that Carol Slocum was a fine athlete in her own right, but the athlete I had reference to in the 12/13 middle distance section was in fact Carol Hudson. My apologies to everybody!

I feel Vince has been doing a great job with WTFW and we as readers should encourage others to become subscribers. Sometimes it's just a matter of showing your copy to other people. I am really surprised that more people are not reading this magazine, especially girls and parents in the sport. Let's help make our sport a little stronger by pushing WTFW! Thanks.

NINE AND UNDER DIVISION

We have a real fine athlete showing good form early this year. She is Renee Quigley, 9, of La Mirada. Her best event is probably the half mile where she ran 2:42.4 at age 8 in December of last year. Renee started out this year in the



Calvin and new bride Audrey

660 with a 1:52.2 and has already lowered that to 1:48.9. She ran 71.6 for 440 yards on February 15 and on March 15 improved that to 68.2. The National Record is 67.2. Renee has run the 220 in 30.9 twice and has a practice mark of 30.6. The NR is 29.5. She has run one competitive 100 and that was in 13.9. Renee won't turn 10 until December 28. Renee and other 9/under sprinters will run in the Claremont Relays on March 28. This is annually a men's relay meet, but this year a full program is being offered to the women plus selected age group events.

Bakersfield has a new sprinter in the person of Kayvon Hughes. So far she has run 7.1, 13.7 and 31.4. She is tall for a nine year old and has good running form for a newcomer to track. Her birthday is July 28. Her teammate Sonya Jackson (10-8-60), the short one with the big heart, has bests of 7.0 and 73.9.

Arizona has a couple of fine athletes in Beverly Wolf and Vicki Murray. Beverly has bests of 7.0, 32.7 and 75.2 plus a long jump of 12'5 1/4. Vicki Murray has bests of 14.0, 31.3, 73.2, 3'11 1/4 (HJ) and 12'1 1/4 (LJ). Others from California include:

- 9 Years
 Jill Boya, 6-7-60 14.0(100), 31.6(220), 71.8(440), 10'4(L)
 Carol Skjelbreia (4-28-60) 7.3, 13.8, 31.0, 73.6 and 11'9
 Eleanor Painter (11-18-60) 14.0, 32.2, 147'5 (BBT)
 Chris Tomasic (12-28-60) 14.2, 33.5, 12'9(LJ), 3'2 (HJ)
 Sharon Dill (---) 7.3, 14.1 and 3'2 (HJ)
 Mariana Pona (---) 7.8, 14.8, 35.1 and 141'0 (BBT)
 Alice Howell (6-3-60) 7.3, 13.5 and 10'1 (LJ)
 Bernice Noflin (8-13-60) 14.0

- 8 Years
 Debbie Kainz (7-19-61) 7.7, 14.1 and 31.7
 Tracey Prince (---) 14.3, 32.7 and 12'6.

- 7 Years
 Julie Sabol (4-3-62) 8.0, 15.5, 35.6 and 9'11 1/4 (LJ)

10 AND 11 DIVISION

Dianne Holden of the Long Beach Comets, broke Nadine Bowers NR in the 880 of 2:29.6 with a 2:29.3. Dianne was born on August 8, 1958 which makes her 11 years old.

11 Years

- Effie Jordan (8-15-58) 29.0, 65.5 and 2:33.0
 Marina Van Gores (5-19-58) 12.9, 29.1 and 14'10 (LJ)
 Joyce Lee (---) 6.8, 12.8 and 28.4
 Anna Ingersoll (---) 12.6, 28.7, 64.2 and 23'9 (SP)
 Linda Rainville (---) 6.9, 12.7, 29.4 and 24'4 1/2 (SP)
 Doreen Assumma (6-3-58) 2:33.3 and 30.8 (220)
 Sheri Hughes (---) 12.4 (100)
 Annette Jones (5-20-58) 6.9, 12.6, 29.8, 4'2 3/4 and 13'6
 Sharon Groth (Mich) 2:34.4, 65.8 and 4'7
 Terri Harris (Sept 1958) 66.6 and 13.0 (100)
 Cheryl Norwood (9-4-58) 12.5 and 14'1
 Diane Keel (8-6-58) 6.7, 12.5 and 13'0
 Debra Cornelius (12-18-58) 6.7 and 12.8

12 AND 13 DIVISION

There have been several good performances already this year in this division. The highlight is Terri Sabol's new NR in the discus throw at 113'9. Terri will be 14 right after the National Championships, on July 4. She has done well in other events also. In the long jump she has 15'0, the hurdles in 7.7 and the 220 in 29.0.

Debbie Rivera turned 13 on March 3 but while still 12 she threw the discus 100'10 and the baseball throw 233'3 and the shot 38'3. The two best on the track are Carol Burkland, 13, (9-12-56) and Patty Cape, 13, (3-23-56). Carol has bests of 6.3, 11.6, 26.0 and 7.5 (50yH) and wind-aided times of 6.2, 25.3 and 7.3. Carol is going to be real tough this year. She'll probably run under 60 seconds in the quarter also. Patty Cape will be 14 by the time you read this. Her last competition as a 13 year old will be in the Phoenix Invitational on March 21 and 22. Patty has run 60.2 in the quarter and 2:20.7 in the half. The NR's are 58.1 and 2:17.6. She gets her last chance at Phoenix.

12 Years

- Joyce Wolak (9-20-57) 12.0, 26.5, 62.2 and 2:25.6
 Erika Van Gores (3-12-57) 12.1, 27.5, 63.3 and 15'3
 Cynthia McKenzie (6-3-57) 6.8, 12.4, 7.6(H) and 14'11
 Jean Aguilera (10-2-57) 2:28.5
 Ruth Kleinsasser (3-8-57) 2:28.3

13 Years

- Debbie Johnson (2-22-57) 2:27.5 and 5:20.1 (Mile)
 Darla Crowell (5-8-56) 6.5, 12.0 and 16'5 (LJ)
 Jan Dill (---) 7.5(H) and 4'10 1/2 (HJ)
 Bonnie Palmer (9-6-56) 6.5, 12.0, 26.2 and 5:58.8 (Mile)
 Jaunita Kelley (6-19-56) 6.2, 11.6 and 25.9w
 Maren Olson (4-14-56) 6.2 and 11.7
 Linda Green (8-3-56) 66.8 and 2:28.6
 Sue Hopf (9-20-56) 2:26.2
 Nancy Paul (9-3-56) 2:27.4
 Dana Faber (---) 235'6(BBT), 73'5(DT) and 31'8(SP)
 Tanaya Warren (---) 17'0 1/4 (LJ)
 Diana Owen (12-24-56) 6.5, 7.8(H), 11.9, 26.8, 15'2 1/2(LJ)
 Lou Ann Bolick (2-28-57) 6.5, 27.2, 61.5, 14'10 1/4

14 Years

Debbie Heald (8-20-55) has run the mile in 5:06.3 and set an American record in the 3000 meter run at 10:18.6. If Debbie stays healthy, she should have a good year.



Kristy Leineke, promising young runner from the Ventura Girl's Track Club Team, California. (Chadez photo)

KALEIDOSCOPE

Mary Green (GB) who ran 53.6 for 400m at Mexico in the semi-final, is back in training after the birth of her son... 240 runners took part in the Junior Division of England's cross country championships....We recently spent an evening watching re-runs of the taped TV show of the 1969 Women's National AAU Championships at Dayton. In the final of the 100 yard dash, the camera shot directly down the track at the incoming runners - when the gun fired, the runners in lanes 1-2-3-4 IMMEDIATELY did a "by the right flank" movement in unison as if on a pre-arranged signal and all four shifted over a full lane so at the finish no one was in lane one and two runners were in lane five, and all four should have been disqualified.....

The Motor City Track Club is no more - it has joined the Detroit Police Department and is now known as Motor City-P.A.Y.S. (Police and Sports). That's almost as bad as Home-wood Flossmore Athletic Club!....Vann Abram is the former Vann Boswell. She had jumped only once since the 1968 Olympic training camp but finished third (the first American) at the Indoor Nationals....Eli Gagich is being indoctrinated into the "Wonderful World of Statisticians"....South African immortal Ann McKenzie, now 44 years old and evidently finally recovered from a knee operation in 1968, returned to competition after a year and a half layoff, running 2:20.1 for the 800 meters.....

Natalie Rocha has an article appearing in the "Runner's World"....University of Wisconsin, Parkside campus, is the latest to add women's track and field to its schedule. If interested in attending this college contact Vic Godfrey, The University of Wisconsin-Parkside, Kenosha, Wisconsin, 53140...."Girls Track and Field - Montana Style" is now out and available from Lyle Jones, PO Box 335, Laurel, Montana, for just 50¢. This is a 26 page book, 8 1/2 x 11, stuffed with everything about track in the State of Montana and other places and well worth the price. It provides not only a full evening of reading, but a valuable reference and is a fine example for anyone interested in putting together a similar booklet or brochure for their state, region or club.

The WTFW Club Record contest is turning out to be even more interesting than we had at first thought. It has now become a world-wide Club Record contest. 59 clubs have sent their records for evaluation including clubs from the USA, England, East Germany, West Germany, Canada and Scotland. The latest "entries" came from East Germany and boast such stars as Balzer, Meissner, Schmidt, Wiczorek, Gummell, Vogt and Podeswa. The next listing of the clubs will be in the July issue, so keep us informed of any new club records during the season coming up so we can have your records and your club standing correct and up to date in that issue ready for the National Championships. As of April 1, the top ten clubs were:

1. Los Angeles TC, USA	14088
2. Dynamo Berlin, EG	13930
3. London Olympiads, ENG	13863
4. Birchfield Harriers, ENG	13773
5. DHfK Leipzig, EG	13501
6. Chemie Halle, EG	13235
7. Vancouver OC, CANADA	13114
8. TUS Levenkussen, WG	13072
9. Millbrae Lions, USA	13031
10. Cleveland Rec. Dept., USA	12755

Looks like the 400 will be the toughest event at the Commonwealth Games in Scotland next summer. Marilyn Neufville zipped 53.0 indoors for a new world mark, Judith Ayaa of Uganda, WTFW African athlete of the year, sped to a 53.6 recently. Add the possible presence of Lillian Board, 52.1 in 1969, and 52.4 by Sandra Brown of Australia this season and it shapes up to be something big....England figures a team of Neufville, Board, Janet Simpson and Pat Lowe could cover the 1600m relay in 3:28.0!....At the Claremont Relays, four girls competed in the open 10000m walk....Cornelia Popescu, the Rumanian girl who finished second at the European Indoor Championships at 5'11 3/4 and who has cleared 6'0 this spring, had a best of only 5'4 1/2 in 1969 - then she switched to the flop....

Beth Eberle set a new world age record for 9 year olds on January 31, 1970, covering 880 yards in 2:52.0....Ozark TC competed in 29 meets during 1969, traveling more than 10500 miles....Through the courtesy of the Bulova phototimer people, we have the exact times of the finishers in the 60y and 60y hurdles at the Indoor Nationals: 60y, Chi Cheng 06.70, Davis 06.82, Ferrell 06.84, Fleming 06.86, Render 06.91 and

Brown 06.92; In the 60y hurdles it was a bit tighter for the first three spots, Chi Cheng 07.72, Johnson 07.74, Rallins 07.77, Glotzer 07.94 and Brown 08.11....The State of Ohio now has a Chapter of the US Olympians - and honored by dinner at the mansion of the Governor, no less....New chairman of Women's T&F for the Lake Erie Association is long time friend of the sport and former Californian Herb Stockman.... Pete Pozzoli writes, "Is the USA exempt from the IAAF rule which requires all competitors to wear numbers both front and back? I note on the pages of your report on the National Indoor Championships that not one number is visible on anybody! Maybe your public is the most knowledgeable in the world and recognise all the competitors by sight! I was very glad Kathy Gibbons won the mile. Arizona is one of the only two areas in the USA where I get good information from. The other is Montana. If you think the Yearbooks are great, don't write and say so - just buy a second copy as a present for your best friend".....

The IAAF has "deferred" their ruling on all white shoes being required for international competition on May 1 to October 1, 1970....

Some good recent marks which have been overlooked include Debbie Rivera's 100'10 discus mark for 12/13 year olds at Long Beach on February 1 at Long Beach; a 1:48.9 660 mark for Renee Quigley (La Mirada Meteors) for 9/Under; Mary Jacobson passed the magic fifty foot barrier with a put of 50'2 for the 8# shot at a high school meet on March 28 in Portland; and Beth Smith (Oregon TC) had an effort of 44'10 with the indoor 4 kilo shot on January 7 at Seattle.....



Italy's Paola Pigni says, "I could run a great deal faster if this stupid strap would stop slipping!"

Encouragement, or even toleration, of unfair or dirty tactics is a major sin.

It is better to underwork an athlete than to overwork her. If in doubt, do too little rather than too much.

An athlete will work closer to capacity on shorter repeated work than on longer overdistance sessions.

IOWA HS INDOOR CHAMPIONSHIPS

Des Moines, Iowa, March 14:-RESULTS. LJ, Kay Bruce (Nishna Valley) 18'3 1/2 (record); HJ, Linda Rowe (Glenwood) 5'3; SP, LuAnn Osmundson (Colo) 34'7 1/4 (weight unknown); 50y, 1-Kay Jordan (Farragut) 6.2, 2-Kay Bruce 6.3; Hurdles, Barb Van Ervelde (Brooklyn) 7.4 (distance not known); 1 Lap dash, (1/12 mile), Deb Lavent (B) 18.7; 2 Lap Dash (1/6 mile), Becky Rademaker (North HS) 39.5; 440, Tracey Hershman (B) 64.1; 880, Chris Gemberling (Lake City) 2:29.5. Team winner, Brooklyn 25%.

Women's

TRACK & FIELD WORLD

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LATE NEWS - CHI DOWNS HAMMOND IN 440

Long Beach, California, April 11:-The Long Beach Comets staged their combined endurance contest and Annual Invitational T&F Meet on the venerable track at Wilson High School for an estimated 1300 entries.

Feature race of the day brought together Kathy Hammond, Jarvis Scott, Mable Ferguson, Chi Cheng and young Patty Cape in a special 440y event. Chi, running in lane 2, caught Hammond (lane 3) before the pair had gone 80 yards and the two ran shoulder to shoulder for the first 300 yards where Chi pulled in front and gradually increased the lead over the final 100 to win in 54.8s. Hammond was second in 55.7s. Chi returned later in the evening to win the 220 in 23.7 over a good field with Una Morris second in 24.4s. Hammond came back to win the 880 over a tenacious Patty Cape, a future great at only 14 years, in 2:14.5 to 2:15.3s.

Dianne Holder, LB Comets, set a new National Record in winning the 10/11 880 when she sped to a 2:26.4 clocking and Theola Parrish of Bakersfield equalled the 9/Under record for 50y at 6.8s. Complete results in next issue.

PARTIAL RESULTS: Women's Division: 100y, 1-Williomae Ferguson (West Coast Jets) 11.0, 2-Jackie Thompson (Mickey's Missiles) 11.2, 3-Alida Van Gores (SC Missiles) 11.3, (Barbara Ferrell won heat in 11.0, scratched from final); 220, 1-Chi Cheng (LATC) 23.7, 2-Una Morris (LATC) 24.4, 3-Williomae Ferguson 24.8; 440y, 1-Chi Cheng 54.8, 2-Kathy Hammond (Un) 55.7, 3-Mable Ferguson (WCJ) 56.1, 4-Patty Cape (LB Comets) 57.0, 5-Jarvis Scott (LAM) 58.8; 880, 1-Hammond 2:14.5, 2-Cape 2:15.3; Mile, 1-Debbie Heald (La Mirada Meteors) 5:00.9, 2-Maria Stearns (SMAA) 5:02.0; Hurdles (Note:-91.7 meters over 9 flights), 1-Pat Donnelly (MM) 13.5, 2-Alberta Martin (LATC) 14.0, 3-Dianne Spangler (CCS) 14.0, 4-Jan Svendsen (LATC) 14.5; DT, 1-Monette Driscoll (LBTC) 141'7, 2-Kathy Schmidt (LB TC) 135'0 (Did not enter javelin - sore elbow); JT, 1-Pam Livingston (SD Lancerettes) 146'2; 440yR, 1-LATC (Martin-Morris-Jordan-Payne) 48.2, 2-LAM 49.8. **Girl's Division:** HJ, Linda Terrell (LBC) 5'0 1/2; JT, Thelma Fabian (Lakewood Spartans) 145'0; 880, Karen Hurlocker (LMM) 2:18.3; 100/220, Donna Beckstrom (SCM) 11.3/25.6; 440, Donna Beckstrom (SCM) 58.0, 2-Beky Wilding (LBC) 58.9; LJ, Vicki Betts (LS) 18'0 1/4, 2-Rhonda Albers (SLTC) 17'10. **12/13 Division:** 880, 1-Linda Green (LBC) 2:25.1, 2-Robin McNair (La Jolla TC) 2:25.5; 50/100, Juanita Kelly (BS) 6.4(6.1h)/11.6; 220, 1-Joyce Wolak (Un) 27.4, 2-Diana Owen (VOSTC) 27.4; Mile, Debbie Johnson (RRR) 5:11.2; LJ, Jan Dill (LS) 17'0 1/4, 2-Darla Crowell (LS) 17'0 1/4; DT, Teri Sabol 113'5; HJ, Jan Dill 5'0; BBT, Debbie Rivera 239'4. **10/11 Division:** 880, Dianne Holder (LBC) 2:26.4 (National Record); 220/440, Shelley Earl (MM) 27.9/63.6; LJ, Cheryl Norwood (West Vernon Jets) 15'0 1/2, 2-Sonia Fontaine (Oxnard) 15'0; 100/220, Fontaine 6.5/12.2, 2-Regina Johnson (MM) 6.5/12.3; HJ, Chris Shawhan (CCS) 4'5. **9/Under Division:** 440, Vicki Murray (VOSTC) 69.7; 50/220, Theola Parrish (BS) 6.8 (Equal National Record)/31.0; 100, Pat Smith (BS) 13.2.

Westwood, California, April 11:-Special invitational 100mH race held in conjunction with UCLA-Washington State dual meet: 1-Chi Cheng (LATC) 13.4, 2-Pat Donnelly (MM) 14.2, 3-Pat Bank 14.4, 4-Una Morris (LATC) 14.4, 5-Dianne Spangler (CCS) 14.4, 6-Alberta Martin (LATC) 14.5s.

OREGON INDOOR INVITATIONAL

Portland, Oregon, January 31: 60y, 1-Susan George (Central Linn HS) 7.0; SP, 1-Lynn Graham (Millbrae Lions) 48'6 1/2, 2-Marlene Kurt (Edmonton OC) 46'0 1/4, 3-Mary Jacobson (Sluslaw HS) 45'4, 4-Beth Smith (Thurston HS) 44'10 1/2, 5-Lynette Matthews (Falcon TC) 44'4 1/2; Mile, 1-Doris Brown (FTC) 4:46.2, 2-Vickie Foltz (FTC) 5:02.4, 3-Linda McCain (ML) 5:09.3, 4-Vicky Eberly (ML) 5:12.8, 5-Carolyn Walker (Oregon TC) 5:15.2, 6-Nancy Main (FTC) 5:19.3; HJ, 1-Kim Favorite (Un) 5'3.

SCHEDULE

MAY	
2	Pentathlon/Triathlon @ Huntington Beach, California
9	San Diego Lancerettes Invitational, Grossmont JC, SD
16	Pacific Association Pentathlon @ Millbrae, California
16	Martin Luther King Games @ Villanova (TV)
16	Poinsetta Invitational @ Ventura, California
19/20	Junior National Chmps @ Florissant, Missouri
21	Junior National Pentathlon @ Florissant, Missouri
23/24	SPAAAU Pentathlon/Triathlon @ Glendale College, Calif.
23	California Relays @ Modesto (TV)
29/30	National Collegiate Chmps @ Urbana, Illinois
30	Kennedy Games @ Berkeley, California
JUNE	
6	Compton-Coliseum Relays @ Los Angeles, Calif. (TV)
7	Indiana Relays @ Terre Haute, Indiana
7	SPAAAU Championships @ Fontana, California
13	Sacramento Invitational, California
13	Oregon Invitational @ Eugene, Oregon (TV)
14	Region I Championships @ New London, Connecticut
20	Junior National AAU @ Ozark Association
20	Boulder Valley Invitational @ Broomfield, Colorado
20	California State Championships @ Concord, California
20	Orange County Invitational @ Orange, California (TV)
26/27	National Pentathlon Chmps @ Tahoe (Tentative)
30/1	National Girl's Chmps @ Los Angeles (UCLA) Calif.
JULY	
2	12/13 Girl's Invitational @ Los Angeles (UCLA) Calif.
3/4	Women's National Championships @ Los Angeles (UCLA)
9	International Meet @ Paris, France
14/15	International Meet @ Oslo, Norway
15/16	USA-West Germany @ Stuttgart, Germany (TV)
16-25	Commonwealth Games @ Ediburgh, Scotland
20	International Meet @ Malmo, Sweden
23/24	USA-USSR @ Leningrad, Russia (TV)
29	International Meet @ Stockholm, Sweden (TV)
29	Welsh Games @ Cardiff, Wales
AUGUST	
5/6	USA-Rumania @ Bucharest
6	International Meet @ Oslo, Norway (TV)
13	International Meet @ Cologne, Germany (TV)
15/16	Sportfest @ Copenhagen, Denmark
17	National Junior Olympics @ Knoxville, Tennessee
19	International Meet @ Malmo, Sweden (TV)
22	European Cup Finals @ Budapest
25	International Meet in Belgium (TV)
SEPTEMBER	
3/6	World University Games @ Turin, Italy