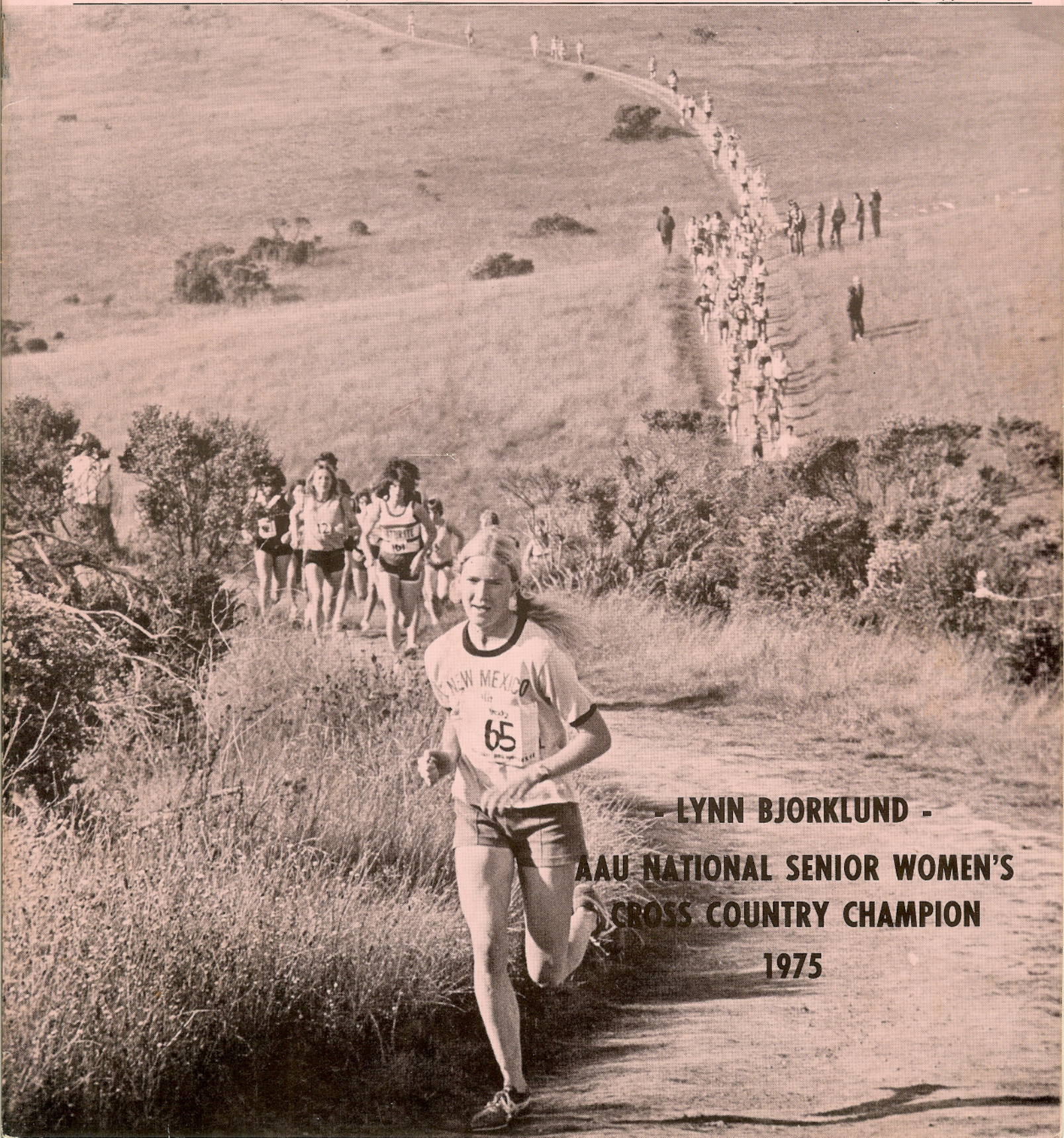


Women's

TRACK & FIELD WORLD

December 1975, Vol. 9, No. 12 - PO Box 371, Claremont, California 91711 - 75¢ per copy



- LYNN BJORKLUND -
AAU NATIONAL SENIOR WOMEN'S
CROSS COUNTRY CHAMPION
1975

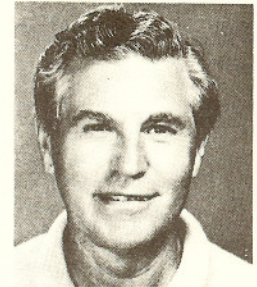


'The high schools and colleges vs. the AAU', 'When an immovable object meets the irresistible force', and all those other now tired cliches. Another year has gone by and the apparent problems that existed between these groups still resounds a new. But why? Why must they? I keep getting back to the same old question though, "Who are the programs for?" The answer is an obvious one. The girls. But as is the case in a war, the generals make

the decisions and the soldiers die! It seems to me that the girls should be able to make the decision as to what program they desire to excell in and for whatever reason, whether it be peer group, coach preference or level of competition desired. To this point in time, high schools claim that AAU trained girls sport an unfair advantage over high school athletes. And the AAU stand has always been "Come one, come all". But what of the privately trained ballet dancer who excells in the school play or the swimming star who competes for her high school team. Little is said with regard to these and are they any less important in degree of training or dedication required? Certainly not. Time is, that a compromise must be reached. High school and college programs are improving at a tremendous rate. Think of some of the possibilities! The early introduction to competition in the already established and organized age group programs for the young girls in the AAU, then, if they desire, they can compete with their high school teams and relieve the peer group pressure they will almost assuredly experience. Then after high school what? Back to the AAU (if they ever left it entirely) or off to college for an education and possible track scholarship. But during all this time the opportunity to return to AAU competition should be available. Coaches are, I think, open minded enough in most cases to handle this situation or could at least expand the girls awareness as to choice and the advantages and disadvantages of changing programs. Lastly, after college, if the girl so desires (and the trend toward 'sticking around' is increasing) she can once again return to the AAU. It all boils down to the girl and what is best for her, not the coach, not the parent, but for her, the one who is actually experiencing the developmental learning

(Continued on page 3)

Your next issue of WTFW will be ninth Annual Issue, the biggest and most comprehensive issue for each year. Results of the voting for the World Athlete of the Year will be announced as well as the various regional Athletes of the Year. While most categories have been decided as this is written, the winner of the North American Athlete of the Year is still in limbo with five athletes still in the running - and, (with the conclusion of the Canadian mail delivery strike), votes for the Canadian girls coming in will make this battle even more tight.



The highlight of the Annual Edition is always the World Rankings by Czechoslovakia's Jan Popper and the technical Czech has provided us with his list already. It is, as usual, a great statistical work covering all the world in 1975.

Looked forward to by the USA athletes in each Annual Edition is the appearance of the 1975 USA List of the top performances in every event contested during 1975. The list for this year goes as deep as 100.

So watch for the appearance of the Annual Edition which will be mailed around the end of January.

+++++

The second issue of 1976 will contain results of the Annual "Club Record Contest". Now is the time to send in your Club or School records. Include the 100, 200, 400, 800, 1500, 3000, 100mH, 400mH, HJ, LJ, SP, DT, JT and Pentathlon. Include name of record holder. If you do not have metric records, send in for yards and we will convert them for you. The Los Angeles Track Club won the US title again last year, but several Clubs have been closing in on them. This year we will also have a special listing for College teams and, if enough send them in, for high schools also.

+++++

Get your thinking caps on for in next month's issue, we will include a ballot for you to name the USA Olympic team. Pick three for each event, not necessarily in 1-2-3 order, simply the three athletes you believe will make the 1976 USA Olympic team. Top five winners will receive a year's subscription to WTFW for their efforts. The winners for the 1972 Olympic contest were Brian Beebe of New Jersey and Paul Fredrick from Texas who both had 22 correct team members predicted. Surely you can predict more than that!

**VINCE REEL, PUBLISHER
STEVE WENNERSTROM, EDITOR**

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REQUEST FROM EDWARD KAPNIK, POLAND

I am writing to you with a sincere request. I am collecting facts about (current) women athletes, their championships and records, and I would appreciate any assistance you can give me by means of your excellent publication, which is well known in Poland, for its thorough coverage of activities in women's athletics. Also, I collect programs from women's championship competition in the Olympics, mastership of AAU, NCAA, and others, including reports, records, and publicity about the USA meets. I can furnish you with records and statistics regarding women's competition, etc., held in Poland. For example:

- 1-List of 100 top women athletes and champions in the history of Poland.
- 2-The Polish monthly magazine, "PZLA" Light Athletics.
- 3-Yearly publications of statistics "ANNUAL PZLA" from 1964-1975.

I am submitting a sincere request to you for assistance by means of listing my name and address in your magazine in order to gain contact with your readers in the USA re the above items. I understand very little English or German, but I will make a strong attempt, with assistance to interpret the correspondence and I will reply in the Polish language.

My warm thanks in advance for your consideration in behalf of my request, and I extend my best wishes for the continued success of your publication.

Address: Edward Kapnik, ul. Dzierzunskiego 27, 48-200 PRUDNIK, POLAND

LETTER FROM AN INTERESTED PAN AM OBSERVER

"You will recall the question over the women's long jump in the Pan American Games in Mexico City, when the Cuban jumper, Ana Alexander, who had been trailing our Martha Watson throughout the competition came through in her final attempt with a jump which was measured and reported on the score board as 6.36 and shortly thereafter it was changed to 6.63. This gave her the gold medal, although she made the statement, I am told, that she did not believe she had jumped that far, as it was much farther than her best previous performance and she believed a mistake had been made in measuring the jump.

In the final scores giving each jump made in the six trials by each competitor which I listed below, you will observe that Miss Alexander did not have any comparable jump throughout the competition.

I give you the six trial jumps of both Miss Alexander and Miss Watson which gives some credence to the statement of Miss Alexander that she thinks a mistake was made in measuring her final jump.

	(1)	(2)	(3)	(4)	(5)	(6)
Alexander -	6.16	6.21	6.39	F	6.37	6.63
Watson -	6.57	6.33	6.51	6.53	6.42	6.42

If Miss Alexander's 6.63 is disregarded and you take her best legal jump of 6.39, Miss Watson would have five jumps better than Miss Alexander. 6.39 which equals 20-11½, whereas 6.63 equals 21-9.

JOAN WENZEL LOSES PAN AM BRONZE

(Editor's Note: For those of you who remember American swimmer Rick DeMont's unfortunate disqualification in the last Olympic Games and his subsequent loss of the gold medal, the following article appeared in the Montreal Star News, November 5th with regard to the latest disqualification due to a positive reaction from drug tests conducted by meet officials. Wenzel has since been barred from international competition for life. However, an appeal is expected to be forth coming from Wenzel and her track federation. We will attempt to keep you posted on this most unfortunate happening.)

Kitchener, Ontario - "It is grey and damp, the streets slick with autumnal mist of a moody Sunday morning, and --dammit, not again-- Joan Wenzel feels the furry fixation of another cold beginning to pack her head.

"She leans forward in the chair, her eyes searching beyond the window pane for an answer they'll never find, and, for the hundredth time since the long journey home from Mexico City, she tells her story.

"Mercifully, it is brief.

"Joan Wenzel, all of 21 years old, had to give back with her own hands a bronze medal -- the first she ever won in international competition -- awarded for finishing third in the 800 meter final for women at the Pan American Games. It had to be done, she admits candidly, because she was a dope; which is not to say she is a taker of same but which, by the curly jurisprudence of amateur athletics, is exactly the charge of which she was found guilty and summarily sentenced.


"I was stupid... really stupid," she says now, "but the rule is even more stupid."

"She forfeited the bronze and with it a chance to be part of the 1,600 meter relay team that later won the gold because she unwittingly took a forbidden cold capsule instead of her vitamin pill the evening prior to the race. She fondled the medal for all of two days before they came to tell her she would have to relinquish it because the drug test proved positive.


"When they told me," said Wenzel, "my most immediate reaction was to say they must have gotten the urine samples mixed up. I didn't take anything. I was certain that I hadn't."

"It took four or five hours of persuasion before she finally accepted it was possible she took the cold capsule but to this hour she insists it was not a conscious act.

(Continued on page 6)



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PROGRESSION OF THE WORLD DISCUS RECORD

48.31/158-6	Gisela Mauermayer (Germany)	1936
53.25/174-8½	Nina Dumbadze (USSR)	1948
53.37/175-1	Nina Dumbadze (USSR)	1951
53.61/175-10½	Nina Romashkova (USSR)	1952
57.04/187-1½	Nina Dumbadze (USSR)	1952
57.15/187-6	Tamara Press (USSR)	1960
57.43/188-5	Tamara Press (USSR)	1961
58.06/190-6	Tamara Press (USSR)	1961
58.98/193-6	Tamara Press (USSR)	1961
59.29/194-6¼	Tamara Press (USSR)	1963
59.70/195-10½	Tamara Press (USSR)	1965
61.26/200-11¼	Liesel Westermann (WGermany)	1967
61.64/202-2¾	Christine Spielberg (EGermany)	1968
62.54/205-2	Liesel Westermann (WGermany)	1968
62.70/205-8½	Liesel Westermann (WGermany)	1969
63.96/209-10	Liesel Westermann (WGermany)	1969
64.22/210-8½	Faina Melnik (USSR)	1971
64.88/212-10½	Faina Melnik (USSR)	1971
65.42/214-7½	Faina Melnik (USSR)	1972
65.48/214-10	Faina Melnik (USSR)	1972
66.76/218-0	Faina Melnik (USSR)	1972
67.32/220-10½	Argentina Menis (Romania)	1972
67.44/221-3	Faina Melnik (USSR)	1973
67.58/221-8½	Faina Melnik (USSR)	1973
69.48/227-11½	Faina Melnik (USSR)	1973
69.90/229-4	Faina Melnik (USSR)	1974
70.20/230-4	Faina Melnik (USSR)	1975

FROM THE EDITOR (Cont.)

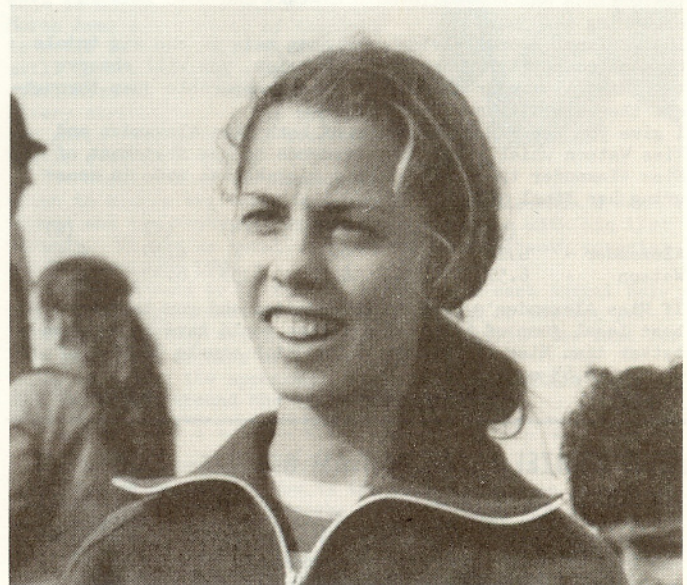
process. Presently, the threat of court and legal action looms as the most probable progression in this administrative tussle and of course, in the long run, it is always the girl who suffers. Hopefully it will not have to resort to that, although it is doubtful. Finally, my plea (maybe a New Years resolution) to the high schools, colleges and AAU -- "Help the girls, they deserve your best efforts! Because, believe me, they're giving you theirs.

LATC & SYRACUSE CHARGERS WIN TEAM HONORS at 1975 AAU NATIONAL CROSS COUNTRY CHAMPIONSHIPS

BELMONT, CALIFORNIA, NOVEMBER 29th



LYNN BJORKLUND - SENIOR WOMEN'S CHAMPION



KATHY MILLS - JUNIOR WOMEN'S CHAMPION

SENIOR WOMEN

"I hate to say I told you so!" But Lynn Bjorklund, the New Mexico running machine, is once again the undisputed women's cross country champion. What's more, it was never that close after the first mile. You will recall last season when Julie Brown duallyed Bjorklund for 2½ miles before giving way to the 'Los Alamos Legend'. But on the hilly Belmont course this year, it was, for all intensive purposes, over at the mile mark as Bjorklund set a scorching pace, passing the first post at 4:56! From that point on Julie Brown played a losing game of catch-up even though she was running brilliantly through the first half of the race. In addition to Brown, there was a long single file line of 'top notchers' who were also playing follow the leader. Sue Kinsey, Eryn Forbes (the baby of the group at a young 15), Cindy Bremser, Debbie Quatier, Judy Graham and AIAW Champ Peg Neppel were all close and within reasonable striking distance of Brown. However, as Bjorklund passed the 2 mile mark at a blistering 10:44 with a long grind of uphill running over the last mile ahead, the string of runners behind Bjorklund began to solidify themselves with Kinsey and Forbes sticking to each other in a tenacious, competitive dual.

The team battle was much harder to detect this season as LATC (UCLA in disguise) entered without the services of last years stars, Francie Larrieu and Clare Choate. But with the last minute addition of former marathon world record holder Cheryl Bridges, and the steady consistency of ace high schooler Chris Troffer, along with Heinmiller, Keyes and of course Brown, LATC once again outpointed a host of other teams. The Falcons TC with ageless Doris Brown Heritage, Quatier and Swegle, made it a closer race for team honors this year and could have made it a 'wait 'til the final results are in' type of contest had it not been for a weak link in the Falcons number five runner. In the closest point match-up, the Wisconsin TC edged the San Jose Cindergals for third place by just two points, 128-130.

(Continued on next page)

JUNIOR WOMEN

Call them 'no names', call them 'rag-a-muffins', but call them the Syracuse Chargers, and more importantly, along with any of the preceding, call them the National AAU Junior Women's Cross Country Champions. For the second straight year the Syracuse bunch have taken home the title as the nation's best junior runners. Last years win for the Chargers was considered by many, 'a big surprise'. This season the Chargers returned to defend their title, and defend it they did. In this same vein, there was little question and for that matter no contest. The Syracuse 'rag-a-muffins' (who still lack even one matching uniform on the club) never allowed the opposition close to the national crown.

A quick comparison of last season's results in Belmont, Ohio, reveals a few interesting points. In 1974, the Chargers edged the San Jose Cindergals 98-108 for the team title. In Belmont, a year later, Syracuse cut their score in half, totalling 46. A tally which must be considered as one of the most impressive ever amassed in a national competition. The margin of victory was equally impressive; the Liberty AC finished second, a whopping 72 points back at 118!

Leading the charge for Syracuse was the 1974 Jr. Women's 3,000 meter runner-up Kathy Mills. Mills winning mark of 15:10.4 was 14 seconds in front of Lynn Jennings from Liberty AC. After Mills, who led the field through the first mile in 5:25, came the remainder of the Chargers scorers and all were within 62 seconds of one another. In fact, following Mills, the next four Chargers were just 14 seconds apart! The Syracuse 'no names' may not be so anonymous this year, as the same faces scored with the exception of newcomer Kim Sharpe (16th). Amy Welch (8th), Mary Seybold (10th) and Carrie Pusch (11th) are all returnees from last years championship team.

Behind Syracuse's sterling performance came the biggest team surprise as well as possibly the biggest

(Continued on next page)

SENIORS (Cont.)

As for the individual placings, what more can be said about the fabulous racing of Bjorklund? Coach Tony Sandoval before the race, related that Bjorklund had been hampered with leg problems all season and had entered only three meets, but never finished any of them!

Third place finisher Sue Kinsey of the San Fernando Valley TC may have been somewhat of a surprise to much of the country, but to Californians it was just a matter of how close she would be to the leaders and whether the pressure of a national competition would affect her performance or deter from her obvious abilities. (Kinsey lost to Brown by just .4 of a second in the California State Meet). But the pressure did not seem to be a factor for Kinsey since she was probably accustomed to attaching herself to Brown's 'coat-tails' in weekly competition.

Another comparative newcomer to the major women's national competition who didn't seem to be affected in the slightest by the 'big time' race pressure, was Portland's Eryn Forbes. The 15 year old high schooler, who seems to sport an endless energy, pushed and traded leads with Kinsey right down to the finish shoot where she finally gave way by a scant second. Forbes was one of only five competitors to go under the 17:00 minute mark on the rugged course and defeated Pan American Games 1500 finalist Cindy Bremser, who finished 5th at 16:57. The results:

Senior Women's Division: 1-Lynn Bjorklund(New Mexico International TC) 16:32.6, 2-Julie Brown(Los Angeles TC) 16:44, 3-Sue Kinsey(San Fernando Valley TC) 16:52, 4-Eryn Forbes (Portland TC) 16:53, 5-Cindy Bremser(Wisconsin TC) 16:57, 6-Debbie Quatier(Falcon TC) 17:11, 7-Judy Graham(San Jose Cindergals) 17:12, 8-Peg Neppel(Iowa State TC) 17:14, 9-Cheryl Bridges(Los Angeles TC) 17:23, 10-Cyndy Poor(San Jose Cindergals) 17:32, 11-Kristen Bankes(Nittany Valley TC) 17:39, 12-Doris Heritage(Falcon TC) 17:40, 13-Karen Cramond (New Mexico International TC) 17:44, 14-Kathy Costello(Un) 17:53, 15-Katy Schilly(Syracuse Chargers) 17:54, 16-Jacki Hansen(San Fernando Valley TC) 17:55, 17-Lynn Morin(Wisconsin TC) 17:58, 18-Donna Gardner(Klub Keystone) 18:08, 19-Nadia Garcia(San Diego TC) 18:10, 20-Carol Firdley(Un-Pennsylvania) 18:11, 21-Phyllis Olrich(West Valley TC) 18:12, 22-Cris Troffer (Los Angeles TC) 18:13, 23-Linda Heinmiller(Los Angeles TC) 18:14, 24-Susan Vigil(New Mexico International TC) 18:15, 25-Lil Warmes(Michigan State TC) 18:16,

26-Laurel Miller(Falcon TC) 18:17, 27-Pam Bowers(San Jose Cindergals) 18:18, 28-Leane Swegle(Falcon TC) 18:23, 29-Mary Beth Spencer(Wisconsin TC) 18:21, 30-Shirley Russell (Blue Ribbon TC) 18:23, 31-Kate Keyes(Los Angeles TC) 18:24, 32-Karen McKeachie(Michigan State TC) 18:28, 33-Georgette Goonan(Iowa State TC) 18:29, 34-Heather Tolfert(San Fernando Valley TC) 18:30, 35-Ann Mulrooney(Wisconsin TC) 18:32, 36-Linda Stecker(New Mexico International TC) 18:34, 37-Margaret Groos(Nashville Whippets) 18:35, 38-Teresa Wierson(Portland TC) 18:37, 39-Molly O,Neil(Falcon TC) 18:40, 40-Roberta Anthes (Klub Keystone) 18:40, 41-Marquita Belk(San Jose Cindergals) 18:41, 42-Laura Clark(Wisconsin TC) 18:42, 43-Kim Conner (Oregon TC) 18:43, 44-Deborah Snaggs(Rich TC) 18:44, 45-Lisa Greenberg(San Jose Cindergals) 18:47, 46-Sharon Furtado(San Jose Cindergals) 18:49, 47-Pam Jewell(Long Beach Comets) 18:50, 48-Lynn Friedman(Blue Ribbon TC) 18:53, 49-Laurie McCallum(Falcon TC) 18:57, 50-Barb Brown(Iowa State TC) 19:00,

51-Diane Culp(Michigan State TC) 19:04, 52-Debbie Roth(Oregon TC) 19:05, 53-Debbie Vetter(Blue Ribbon TC) 19:07, 54-Sue Neary(West Valley TC) 19:08, 55-Theresa Faucett(Kettering Striders) 19:09, 56-Jeanette Chapman(Kettering Striders) 19:16, 57-Donna Searight(Falcon TC) 19:19, 58-Anita Scandurra(Falcon TC) 19:20, 59-Sally Arthur(Portland TC) 19:22, 60-Molly Morton(Portland TC) 19:23, 61-Joan Ulliyot(West Valley TC) 19:24, 62-Barbara Hansen(Portland TC) 19:25, 63-Leal Ann Reinhart (San Fernando Valley TC) 19:27, 64-Ann Thrupp(Stanford Univ.) 19:38, 65-Tracy Bear(New Mexico International TC) 19:40, 66-Dorothy Stock(San Diego TC) 19:42, 67-Sue Parks(Michigan State TC) 19:43, 68-Kathy Himmelberger(West Valley TC) 19:44, 69-Kathy Chisam(Los Angeles TC) 19:47, 70-Sue Buchanan(Klub Keystone) 19:54, 71-Cindy Rogers(Oregon TC) 19:55, 72-Susan Koebnick(Michigan State TC) 19:57, 73-Lynne Miller(San Diego TC) 20:04, 74-Sandy DeNoon(Blue Angels) 20:06, 75-Ann Henderson (Blue Ribbon TC) 20:07,

76-Becky Posen(Klub Keystone) 20:09, 77-Morigo Connelly(Un) 20:10, 78-Dala Ramsey(Oregon TC) 20:12, 79-Brenda Condon

(Continued on page 17)

JUNIORS (Cont.)

individual surprise. Both coincidentally, came from the same team, The Liberty Athletic Club of Massachusetts. This New England bunch rival last years Syracuse team in relative obscurity, but they more than made up for this in tenacious racing. Led by Lynn Jennings, the Liberty team scored an upset, second place finish, over the Rialto Roadrunners and San Jose Cindergals. Liberty's score of 118 points edged Rialto, who landed 3rd with 123, by a thin five point margin. Jennings second place finish behind Mills capped a season of gradual progress and climaxed with her much deserved and well earned performance. Liberty's team placement turned out as follows: (2,14,25,34,43). This brings up just one more reason why Syracuse's performance was so impressive. In addition to the Chargers top five (1,8, 10,11,16), Syracuse had its 6th and 7th runners (37th and 38th) in the shoot before Liberty's number five runner.

The Rialto Roadrunners, with a strong showing from Suzanne Keith, finished 3rd as San Jose nailed down 4th and 2nd place finisher at the USTFF meet, Peoria Pacettes, rounded out the top five.

The junior division race was the largest of the competition with 182 athletes from 20 clubs and several different non-scoring team affiliations answered the sound of the gun. The results:

(Editor's Note: In the reporting of this race the mile by mile description (as opposed to the blow by blow description) may have been somewhat neglected. However, I feel that the significance of this 'pure' team victory was and is so relative to a sport such as cross country. Hence, the reason for my selected venue of reporting. But so it is not totally neglected; as I stated above, Mills led the field through the first mile in 5:25 and enjoyed a comfortable 5-7 second lead over a small group of runners including Lynn Jennings, Suzanne Keith, and Sue Munday(San Jose Cindergals). By the two-mile mark, which Mills passed in 11:15, she had added another four seconds to her lead and the scramble for the runner-up spots was narrowed to the three above mentioned girls, although Jennings broken contact from Keith and Munday. The only other competitors within reasonable striking distance after Jennings were Mary Ann Opalewski and Paula Rose who were trading back and forth for the fifth and sixth positions. After that there was an approximate time break of 8-10 seconds, followed by a very close, enormous crowd!)

Junior Women's Division: 1-Kathy Mills(Syracuse Chargers), 2-Lynn Jennings(Liberty AC) 15:24, 3-Suzanne Keith(Rialto Roadrunners) 15:34, 4-Sue Munday(San Jose Cindergals) 15:38, 5-Mary Opalewski(Fleet Feet) 15:42, 6-Paula Rose(Blue Angels) 15:48, 7-Robin Smith(Peoria Pacettes) 15:58, 8-Amy Welch (Syracuse Chargers) 15:58, 9-Kathy Adams(Wills Spikettes) 16:02, 10-Mary Seybold(Syracuse Chargers) 16:05, 11-Carrie Pusch(Syracuse Chargers) 16:07, 12-Terrie Winney(Rainbow Runners) 16:08, 13-Laurie Holm(Flathead Valley Timberettes) 16:09, 14-Joan Benoit(Liberty AC) 16:10, 15-Nancy Frank (Long Island Golden Spikes) 16:11, 16-Kim Sharpe(Syracuse Chargers) 16:12, 17-Estella Guina(San Jose Cindergals) 16:13, 18-Kelly O'Toole(Long Island Golden Spikes) 16:15, 19-Karen Nachbar(Wills Spikettes) 16:16, 20-Kathy Jewell(Long Beach Comets) 16:17, 21-Suzi Greenberg(San Jose Cindergals) 16:18, 22-Bev Roland(Peoria Pacettes) 16:19, 23-Dominique Carron (Millbrae Lions TC) 16:21, 24-Lisa Merrifield(Flathead Valley Timberettes) 16:22, 25-Debbie Richie(Liberty AC) 16:23, 26-Marjorie Kaput(Phoenix TC) 16:24, 27-Becky Villavazo (Rialto Roadrunners) 16:28, 28-Gayle Garmoe(Eastside TC), 16:29, 29-Becky Wolfenbarger(Quad City Cobras) 16:30, 30-Lisa Metheny(Rialto Roadrunners) 16:31, 31-Doreen Assuma (Rialto Roadrunners) 16:35, 32-Marie Albert(Rialto Roadrunners) 16:38, 33-Betsy Oberle(Peoria Pacettes) 16:39, 34-Debbie Mueller(Liberty AC) 16:40, 35-Chris Caldwell(Peoria Pacettes) 16:40, 36-Sherri Woolridge(Quad City Cobras) 16:45, 37-Erica Hagenlocher(Syracuse Chargers) 16:46, 38-Chris Gardner(Syracuse Chargers) 16:47, 39-Pam Allen(Lassen Cindergals) 16:50, 40-Marsha Pierce(Blue Angels) 16:50, 41-Paula Driscoll(Colorado Gold) 16:51, 42-Ann Wotherspoon(San Jose Cindergals) 16:52, 43-Cindy Flick(Liberty AC) 16:53, 44-Ruth Smith(Peoria Pacettes) 16:54, 45-Susan Brodock(Rialto Roadrunners) 16:55, 46-Karen Parish(Blue Angels) 16:57

(Continued on page 17)

WENZEL (Cont.)

"I packed in a hurry for Mexico and I threw a couple of cold capsules into my bottle of vitamins and took one by mistake. I guess I was pretty dumb. I'll never carry anything in the same bottle again."

"She agrees readily the warnings were as explicit as they were many and that in the past she had been meticulous in abiding by the letter of athletic law "because the rule makes no quantitative allowances." Headache pills containing the verboten codeine, nasal sprays, antihistamines and cold capsules are outside the pale of Olympianism for the simple reason that the watchdogs of the concept consider them cousins, albeit distant, in the family of performance-altering substances. They will argue that every physician attached to a national team knows to the letter the list of acceptable drugs and that there are enough of them to satisfy any legitimate ailment.

"The capsule Wenzel popped carried the name Dimatab and it is an innocent little pill you can pick up this evening at any given pharmacy without so much as a prescription.

"Okay," says Wenzel, "there is a trace of amphetamine in it and that trace was found in my urine sample but its such a ridiculous rule. It's supposed to be for the protection of the athletes but there should be some quantitative modifications. There have been deaths in cycling and boxing because of overdoses and this usage of pills for speeding up is what the rule is designed to prevent. There's no way you can convince me, though, that cold sprays and cold pills should be considered doping. One hardly takes them to improve performance. If anything, cold capsules make you sleepy."

"Confronted by the spectre of humiliation that drapes the forfeit of a medal and banishment from the arena of competition Joan Wenzel did what most of us would do under the circumstances. She ignored it, forgot all about it, made herself blissfully unaware. She pretended. And it took all of a day before her blood started to rumble.

"I was going to fight it. I was going to be the martyr. I was going to be the one to change the rule. When they came for my medal I was going to tell them I had mailed it home, that the maid must have stolen it, anything."

"The godfathers of the Olympian spirit have heard it before and, if you credit them with anything, start with knowing they know how to handle a kid of 21 with a fever in her athlete's soul.

The ultimatum was steeped in indulgence as it was in authority which, incidentally, is the way it is always done when they've got you cold. Keeping the medal, they told her more or less, meant inviting a shootout with the establishment and, when she went down in flames, a possible life banishment from organized track and field.

"She did what all but the squirreliest of us would have done. She coughed up the medal, cried a lot and then started picking up the pieces.

"I had to sit in the stands and watch the relay team win the gold medal," she says, "and it hurt." I sure was wishing I was out there. I figured, finally, I would just have to take it and forget about it and get on with the business of running."

"There is a no woman's land of grey between right and wrong in this sorry vignette and it is as murky as the gentle rain that fogged the window upon which Wenzel fastened her eyes that day. To be sure, it is over and done with but life, it strikes me, would be as a thief in the night if it didn't give her a chance, just a chance, to get even next summer."

ROAD RUNNERS CLUB CHAMPIONSHIPS

New York, NY, November 2: Pan Am Gold medalist Jan Merrill, fresh from a successful trip to Mexico City made her cross country debut equally successful as she paced the star studded field to a 16:31 victory. The results:

Women's: 1-Jan Merrill(AGAA) 16:31, 2-Julie Shea(N. Carolina) 16:43, 3-Lee Chiu-Shia(St.John's) 16:44, 4-Doreen Ennis(Nutley TC) 16:56, 5-Donna Gardner() 17:36, 6-Carolyn Court(AGAA) 17:53. 3 miles, 50 finishers.

16-17 Division: Lalani Kelly(Pioneer AC) 18:08. 60 finishers, 3 miles. 14-15 Division: 1-Lynn Jennings(Liberty AC) 8:35. 125 finishers, 1.5 miles. 12-13 Division: 1-Tita Lewis 9:12. 150 finishers. 10-11 Division: 1-Kim Gallagher 9:29, approx. 200 finishers. 9/Under Division: 1-No results available.



LOOSES MEDAL - Joan Wenzel, one of Canada's leading 800m threats for the '76 Olympic Games in Montreal, has lost the right to compete on the international level after an unfortunate drug violation incident at the recent Pan Am Games in Mexico City where she won the bronze medal for the 800m. (Photo by Aris Birze)

BLUE RIBBON FLAGS REGION 6

Auburn, Michigan, November 15: The Blue Ribbon TC, on the strength of four runners placing in the top five, swiped the Region 6 Cross Country championships with Debbie Vetter pacing the way to Blue Ribbon's 22 point total. Fleet Footer, Mary Ann Opalewski, broke up the Blue Ribbon domination placing second just five seconds behind Vetter. The results:

14 & Over: 1-Vetter(BRTC) 17:16, 2-Opalewski(FF) 17:21, 3-Shirley Russell(BRTC) 18:16, 4-Diane Vetter(BRTC) 18:21, 5-Lynn Freidman(BRTC) 18:22, 6-Ginny Shook(GR) 18:26, 7-Diane Simon(Wol) 18:25, 8-Cynthia Sprague(FF) 18:37. TEAM SCORES: 1-Blue Ribbon 22, 2-Wolverines 73, 3-Fleet Feet 75, 4-Prairie State Striders 113. 3 miles, 28 finished.

12-13 Division: 1-Val Eaton(PSS) 11:49, 2-Beth Huff(Mich), 3-Juanita Vetter(BRTC), 4-Nancy Kramer(PSS), 5-Lori Schafer(FF). TEAM SCORES: 1-Fleet Feet 50. 2 miles, 15 finished.

10-11 Division: 1-Andy Collins(PSS) 9:32, 2-Laurie Call(FF), 3-Jill Klatt(GR), 4-Sherri Nevins(FF), 5-Tracy Fagan(PSS). TEAM SCORES: 1-Fleet Feet 38. 1.5 miles, 20 finished.

9&Under Division: 1-Michele Collins(FF) 6:20, 2-Jodi Watters(GR), 3-Kathy Kuylla(PSS) 6:31, 4-Ann Smith(FF), 5-Colleen Mara(FF). TEAM SCORES: 1-Fleet Feet 25. 1 mile, 14 finished.

CROSS COUNTRY ROUNDUP

THE KINSEY REPORT

Ventura, California, November 1: Using a blistering pace over the hilly, sandy dirt trails of Arroyo Verde Park, Sue Kinsey posted a 2½ minute victory in the senior women's division. Kinsey's closest competitor was team mate Kathy Scatena with the remainder of the pack far behind. The Blue Angels of Huntington Beach picked up the team title over the University of Nevada, 39-60. The results:

14&Over: 1-Sue Kinsey(CSNo.) 17:21.4, 2-Kathy Scatena(CSNo.) 3-Sandy DeNoon(BA), 4-Sherry Quinlivan(UNev.), 5-Vicki Emerick(BA). Scores: 1-Blue Angels 39, 2-Univ. of Nevada 60. 3 miles, 19 finishers.

14-18 division: 1-Suzanne Keith(RRR) 15:10.4, 2-Paula Rose(BA) 15:23, 3-Marie Albert(RRR), 4-Doreen Assumma(RRR), 5-Jamie Bowan(Un). Scores: 1-Rialto Roadrunners 23, 2-Blue Angels 44. 2.5 miles + 400', 20 finishers.

12-13 division: 1-Donna Sanchez(RRR) 12:52, 2-Corinne Nunez(RRR) 12:55, 3-Alicia Kirkorn(BA), 4-Linda Bottlik(RRR), 5-Della Equipilag(SCC). Scores: 1-Rialto Roadrunners 32, 2-Blue Angels 52, 3-So Cal Cheetahs 69. 2 miles + 417', 48 finishers.

10-11 Division: 1-Andrea Kirkorn(BA) 10:31, 2-Michele Caiche(RRR) 10:41, 3-Jane Wintermute(SCC), 4-Lenell Waskow(RRR), 5-Danielle Mojica(SCC). Scores: 1-Rialto Roadrunners 37, 2-Blue Angels 40, 3-So Cal Cheetahs 90. 1.5 miles + 720', 47 finishers.

9/Under division: 1-Kathy Kiernan(BA) 6:19.8, 2-Sonia Cooper(RRR) 6:21, 3-Marcy Anderson(RRR), 4-Becky Engleman(VGTC), 5-Eva Crowell(SCC). Scores: 1-Rialto Roadrunners 31, 2-Blue Angels 76, 3-So Cal Cheetahs 82. 1 mile, 61 finishers.

30/Over Masters: 1-Marilyn Cobb(RRR) 24:16. 3 miles

65th WCA 10 MILE HANDICAP WALK

Brooklyn, New York, November 30: 16 year old Eileen Smith of the New York Police Athletic League using a 3½ minute handicap allowance, walked to victory in the Walkers Club of America 10 mile. Her winning mark was posted on one of the most famous of New York's sites, Coney Island Boardwalk. Smith was the only female starter among 54 males. Preceding this event, Smith also won a women's only two-mile walk in 16:21.

CRAMMOND WINS NEW MEXICO TITLE

Albuquerque, New Mexico, November 16: In the 5,800 altitude of the New Mexico mountains, the newly formed New Mexico International Track Club annexed the team title as the club swiped the top three positions defeating the second place Duke City Dashers 33-41. Last years National AAU Champion, Lynn Bjorklund, was not present for the competition, although she is now competing for the NMITC. The results:

Open: 1-Karen Crammond(NMITC) 21:32.6, 2-Linda Stecker(NMITC) 22:00, 3-Susan Vigil(NMITC) 22:09, 4-Julie Andrews(DCD) 22:58, 5-Tracy Bear(NMITC) 23:03. TEAM SCORES: 1-NMITC 33, 2-DCD 41. 17 finishers. 3mi.518yds.

12-13 Division: 1-Lisa Gilliland(AOC) 15:50.6, 2-Cathie Gill(DCD) 16:10, 3-Lenora Hrivnak(DCD) 16:12, 4-Denize Falzone(DCD) 16:17, 5-Alisa Zucht(DCD) 16:17. TEAM SCORES: 1-DCD'A' 20, 2-DCD'B' 77, 3-ATC 84.

10-11 Division: 1-Christina Silva(DCD) 10:49.0, 2-Pat Collins(DCD) 11:10, 3-Joetta Cajero(DCD) 11:20, 4-Roxanne Lopez(DCD) 11:24, 5-Kim Conrad(DCD) 11:38. TEAM SCORES: 1-DCD'A' 21, 2-ATC 64, 3-BG 85. 40 finishers, 1½ miles+92 yards.

9/Under division: 1-Linda Burianek(DCD) 7:54.9, 2-Debbie Mata(PAL) 8:00, 3-Genevieve Monk(PAL) 8:05, 4-Laurie Hopkins(PAL) 8:05, 5-Debbie Moore(PAL) 8:16. TEAM SCORES: 1-PAL 35, 2-ATC 47, 3-DCD 58. 32 finishers, 1 mile+158 yards.

CORNELL INVITATIONAL

New York, November 8: Cornell's Kathy Young led a modest field of runners over the University golf course in aiding the Cornell squad to a close 26-29 victory over second place Bucknell. In addition to Young's first place finish, team mate Beth Miller passed two Bucknell runners with just ½ mile remaining and that iced the Cornell victory. Young's time of 20:10.2 for the hilly 3 mile, 143 yard course is a new record. The results:
1-Young(C) 20:10.2, 2-Good(RIT) 20:34, 3-Miller(C) 21:08, 4-Cluzel(B) 21:15, 5-Rohrig(B) 21:16, 6-Cooper(C) 22:30, 7-Baur(B) 23:11, 8-Lin(B) 23:40, 9-Thomas(C) 23:53, 10-Hills(Cort) 23:55. TEAM SCORES: 1-Cornell, 2-Bucknell, 3-Rochester Institute. 17 finishers.

CHEETAHS INVITATIONAL

Walnut, California, October 19: Veteran runner Debbie Heald slipped in between the usual Brown-Kinsey dual to soundly defeat Kinsey and push Brown under the 16:00 barrier on the rugged Mt. San Antonio course. The Blue Angels annexed the women's team title, while as usual, the Rialto Roadrunners swept the age divisions. The Results:

Women: 1-Julie Brown(LATC) 15:59, 2-Debbie Heald(Un) 16:04, 3-Sue Kinsey(CalStNor) 16:26, 4-Bileen Claugus(Un) 17:50, 5-Diane Stern(QCC), 6-Linda Heinmiller(LATC). Team Scores: 1-Blue Angels 83, 2-UofNevada 105. 26 finishers.

14-18: 1-Suzanne Keith(RRR) 14:17.8, 2-Paula Rose(BA), 3-Marie Albert(RRR), 4-Cathy Costello(Un), 5-Susan Brodock(RRR). Team Scores: 1-RRR 24, 2-Blue Angels 66. 33 finishers.

12-13: 1-Corinne Nunez(RRR) 12:25, 2-Donna Sanchez(RRR), 3-Alicia Kirkorn(BA), 4-Tami Darr(BA). Team Scores: 1-RRR 27, 2-Blue Angels 59, 3-So Cal Cheetahs 78.

10-11: 1-Carol Lantry(RRR) 9:22.5, 2-Vicki Cook(RRR) 9:22.5, 3-Andrea Kirkorn(BA), 4-Jane Wintermute(SCC), 5-Lenell Waskow(RRR). Team Scores: 1-RRR 32, 2-Blue Angels 52, 3-So Cal Cheetahs 56. 48 finishers.

9/Under: 1-Kathy Kiernan(BA) 5:16.5, 2-Sonja Cooper(RRR), 3-Connie Bennett(IVS), 4-Leslie Pratt(PUSA), 5-Marcey Anderson(RRR). Team Scores: 1-RRR 36, 2-Blue Angels 72, 3-So Cal Cheetahs 111. 57 finishers.

14/Over Novice: 1-Donna Fromme(UR) 5:24.4, 2-Monique Gregoire(SCC), 3-Yolanda Rich(LBC). 12 finishers.

13/Under Novice: 1-Alicia Gallup(Anaheim Atoms) 5:32. 44 finishers.

ASTRO-BELLES JO MEET

Houston, Texas, November 8: 123 participants took part in this boy's and girl's competition held at Houston's McGregor Hills. The Results:

Senior Girls: 1-Debra Nealy(Jones) 15:30. 2 miles, 15 finishers. Intermediate Girls: 1-Jackie Smith(Astro-Belles) 13:24. 2 miles, 19 finishers. Junior Girls (12-13): 1-Karen Jones(Astro-Belles) 11:24. 1½ miles, 8 finishers. Midget Girls: 1-Carolyn Hummel(HCAL) 8:21. 1¼ miles, 5 finishers. Bantom Girls: 1-Gracia Wynne(HCAL) 8:23. 1 mile, 8 finishers.

SHEA WINS IN NORTH CAROLINA

Raleigh, North Carolina, November 15: For the eighth consecutive year, Julie Shea copped the 'Ladies Open' division at the North Carolina Age Group Cross Country Championships. Shea covered the 1.5 mile course in 7:56.4, surpassing her own course record of 8:19 set back in 1973. In addition, without a break in stride, Shea won the North Carolina Jr. Olympic Championship 'the very next day!' The results:

Open: 1-Shea(Raleigh) 7:56.4, 2-Mary Shea(Raleigh) 9:13.7, 3-Laurie Gentry(NC State) 9:28.1, 4-Jennie Eldridge(Winston-Salem) 10:01.8, 5-Karen Atwood(Raleigh) 13:56.

AIAW CHAMPIONSHIPS

Ames, Iowa, November 15: One hundred and seventy runners from fifty colleges and universities answered the starters pistol in this first AIAW collegiate national championship. The race was held in near perfect 60 degree weather over a challenging Iowa State University golf course. Peg Neppel of Iowa State led a group of runners including Lee Chiu-Shia, St. John's, Kim Merritt, Wisconsin/Parkside, Tena Anex, California/Davis and Brenda Webb, Wright State through the first mile in 5:25. The extremely hilly second mile quickly broke up the field and broke several of the top runners. Neppel continued to lead through the second mile, passing in 11:05 with Anex ten seconds back followed by Webb and Chiu-Shia. The leaders positions changed very little over the last mile except for Penn State's Kristen Bankes who made a strong move. With Neppel crossing the finish line in 16:31.1, she became the first national collegiate women's cross country champion. In second place was Tena Anex, some one hundred yards back clocking 16:46. No other finisher broke the 17 minute mark as Bankes grabbed third followed by Webb and Chiu-Shia. The team championship quickly turned into a close battle when injured Carol Cook, 1975 National AAU 10,000 meter champion, was unable to start for Iowa State. Still in all, Iowa State edged Penn State by eight points, 96-104 on the strength of its fifth runner. Michigan State was a close third with 116, followed by Oregon, Florida, Kansas State, Wisconsin/Madison, Colorado State, Massachusetts and Kentucky to round out the top ten. Next years championships will be held at the University of Wisconsin/Madison. The results:



AIAW COLLEGIATE CROSS COUNTRY CHAMPS - The above photo shows the victorious Iowa State cross country squad which won the first ever national collegiate cross country championships. They are from (L-R) front row- Peg Neppel, Georgette Goonan, Tweedy Wolf. Back row- Sue Deppe, Lisa Hamity, Annette Glass and Barb Brown. (Bob Brown photo)

1-Peg Neppel(Iowa State) 16:31, 2-Tina Anex(U.Cal.Davis) 16:46, 3-Kristen Bankes(Penn State) 17:12, 4-Brenda Webb (Wright State) 17:17, 5-Lee Chiu-Shia(St. John's) 17:17, 6-Lynn Morin(U.Wis.Madison) 17:29, 7-Wendy Knudson(Colorado State) 17:30, 8-Barb Brown(Iowa State) 17:31, 9-Lil Warnes(Michigan State) 17:33, 10-Cathie Twomey(Minnesota) 17:33, 11-Marybeth Spencer(U.Wisconsin) 17:35, 12-Liz Cunningham(Penn State) 17:36, 13-Sue Mallory(Ohio State) 17:46, 14-Karen McKeachie(Michigan State) 17:55, 15-Liz Berry(Penn State) 18:02, 16-Laura Clark(Gold Valley Luth.) 18:03, 17-Mary Rice(U.Wisconsin Madison) 18:05, 18-Bev Roland(West. Illinois) 18:07, 19-Elizabeth Hartwick(St. Olaf) 18:09, 20-Kim Conner(U.of Oregon) 18:10, 21-Tammie Gilpin(Wichita State) 18:10, 22-Becky Watts(Kansas State) 18:13, 23-Mary McGroarty(U.of Florida) 18:15, 24-Donella Biggin(U.Wis.Lacrosse) 18:17, 25-Georgette Goonan(Iowa State) 18:17...Others...28-Teri Anderson(Kansas State), 30-Dala Ramsey(Oregon), 40-Sue Parks(Michigan State), 41-Chris Caldwell(Augustana), 43-Jane Surdyka(Florida), 47-Tweedy Wolf(Iowa State), 50-Sue Deppe(Iowa State), 51-Debbie Pastel(Florida), 70-Joyce Urish(Kansas State).

TEAM SCORES: 1- Iowa State(1,5,18,35,37) 96, 2-Penn State (2,9,12,33,48) 104, 3-Michigan State 116, 4-University of Oregon 143, 5-University of Florida 162, 6-Kansas State 177, 7-U Wisconsin-Madison 218, 8-Colorado State 248, 9-U Massachusetts 252, 10-University of Kentucky 264.

VETTER BETTER AT KETTERING

Bellbrook, Ohio, October 4: Debbie Vetter defeated an outstanding field of runners in what must be rated as one of the top invitational meets in the country this year. 'Name' runners were in abundance as many of the competitors were looking to take another shot at the course which hosted last years cross country nationals. The surprisingly strong Peoria Pacettes, stole the team title in a tremendous contest which ended in a tie according to the point scores. However, the Pacettes took the nod over the Blue Ribbon TC and Debbie Vetter on the basis of its fifth runner finishing higher. The Pacettes tight grouping of 65 seconds from their first five runners was the back breaker for Blue Ribbon. The age group races were just as exciting and featured many of last years national winners. Shannon Cline and the Scioto TC of Ohio swept to victory in the 12-13 division just as they had done the year previous in National competition. Laura Craven, last years 9/U National champion, moved up to grab the individual honors in the 10-11 division, as the Scioto TC also took team honors in this race. In all, 36 teams and over 400 runners competed in the various divisions. The results:

Women: 1-Debbie Vetter(BRTC) 18:25.7, 2-Mary Ann Opalowski(FF) 18:34, 3-Elizabeth Berry(Penn State) 18:59, 4-Mary Kunkel(Kirk) 18:59, 5-Brenda Webb(WSU) 19:07, 6-Kris Bankes(Penn State) 19:08, 7-Robin Smith(PP) 19:22, 8-Sue Mallory(OSRR) 19:30, 9-Ann Henderson(BRTC) 19:34, 10-Marie Kastrup(KS) 19:35. Team Scores: 1-Peoria Pacettes 72 (7,13,15,18,19), 2-Blue Ribbon TC 72 (1,9,11,25,26), 3-Penn State 93, 4-Wolverine TC 152. 3 miles, 80 finishers.

12-13: 1-Shannon Cline(STC) 12:21.6, 2-Heather Hearnes (KirkTC) 12:24, 3-Sandy Hoffman(STC) 12:26, 4-Robin Rosemeier(STC) 12:34, 5-Aileen O'Connor(Un) 12:36. Team Scores: 1-Scioto TC 49, 2-West Suburban TC 86, 3-Kirkwood TC 124, 4-Kettering Striders 148. 2 miles, 65 finishers.

10-11: 1-Laura Craven(STC) 9:17.0, 2-Rachel Danduran (STC) 9:29, 3-Cris Ridenour(Kirk) 9:40, 4-Sheila Erickson(PP) 9:41, 5-Laurie Call(FF) 9:55. Team Scores: 1-Scioto TC 51, 2-Kirkwood TC 86, 3-Peoria Pacettes 99. 1½ miles, 75 finishers.

9 & Under: 1-Davida Jackson(CYO) 6:12.2, 2-Valerie Anderson(CYO) 6:26, 3-K. Kulpa(Prairie) 6:31, 4-Susan Hughes (CYO) 6:34, 5-Michelle Collins(FF) 6:36. Team Scores: 1-CYO 33, 2-Fleet Feet 90, 3-Ohio TC 120. 1 mile, 84 finished.

Masters: 1-Mary Riggs(Kirk) 7:02.7, 2-Jane Danduran(Scio) 7:21, 3-Suzanne Hearnes(Kirk) 8:59, 4-Jan Ridenour(Kirk) 10:13. 1 mile. 30 & Over.

NIAGARA BELONGS TO SYRACUSE

Syracuse, New York, November 9: The Niagara Association staged its annual championship on the Drumlins golf course this year and the home town Syracuse Chargers 'took charge'. Katy Schilly led a Charger domination in the open division race as Syracuse runners filled the top 12 positions. No team scores were kept with 28 runners finishing the hilly 3 mile course. The results:

1- Katy Schilly(SC) 17:39.3, 2-Kathy Mills(SC) 18:05, 3-Amy Welch(SC) 18:16, 4-Erica Hagenlocher(SC) 19:09, 5-Chris Gardner(SC) 19:31, 6-Mary Seybold(SC) 19:31, 7-Kirschen Hagenlocher(SC) 19:31, 8-Carrie Pusch(SC) 19:31, 9-Kim Sharpe(SC) 19:31, 10-Chris Schilly(SC) 19:31, 11-Mary Rybinski(SC) 19:31.

12-13 Division: 1-Barb Bremer(Salt City Striders) 11:48. 9 finishers. 1.92 miles.

CASEY'S PAN AM DIARY by Casey Ide

This is the second and final installment of Casey Ide's diary from her trip to the Pan American Games in Mexico City this past October.

Thursday, October 16

This is an evening I will never forget if I live to be a hundred so I must start with the night's adventures and then maybe I can concentrate on the day! While we were waiting for a bus home (which I understand never did come), it rained. It was a real downpour and we all got soaked. There was one other lady besides me-- the mother of a young Mexican photographer I met on the bus one day. He stopped a car to see if he could get his mother and I a ride to the p.c. The car was going to avolleyball game and we decided to get in out of the rain so we went there too! Outside the gym we found that getting a cab was hopeless, so we would go in and try to get dry. We were soaked! A boy scout started to show us to the press entrance when along came Jon Lee again! (The boy scout announced that I was a nice lady and he wanted to give me a souvenir - a cute miniature serape on a pin!). Jon was concerned about my wet clothing, so he enlisted the help of a couple of hostesses. One took my soaked jacket and gave me a warm sweater, and the other came up with a bath towel. She and I retired to a rest room where I wrapped the towel around my middle, under my clothes! Then we found seats. In the meantime, another American lady had come up with a jacket for Joesphine (the photographers mother), and the hostesses brought us aspirin and vitamin C tablets. Then we saw two games. In the girls' game there was a player who had given me a Cuban volleyball pin in the dining hall yesterday, and in the men's game, Jon had a friend from Brazil who goes to USC, so we cheered them on!

After the games, Joesphine's son said he had a ride for us. Divested of my dry sweater and bath towel, and shivering in my still wet jacket and jeans, I was glad we didn't have to stand out in the cold waiting 30 minutes for the bus. But when we reached the friends car, we discovered that it was a sports car and he had offered a ride to the p.c. to 5 Brazilian photographers, all over 6 ft tall! With all the photographic equipment in the trunk, the 5 Brazilians in the back seat of a sports car, and Josie, her son, the driver and myself in the front seat, we embarked for the p.c. My only contribution to the conversation was, "For the first time in hours, I'm warm enough!" After translation, everyone agreed! It was a long ride. One photographer must have been a comedian as he kept up a steady patter of comments which had the others laughing most of the way. Even I understood enough to laugh when I caught the word "sardines" followed by a question as to when this tour reached Acapulco! When we reached the p.c. there were a lot of people out in front waiting for a bus, and you can imagine the reaction as 9 of us climbed out of that little car!

The rest of the day seems anti-climactic after that, but I'll hit the high points. Of course Diane Jones won the pentathlon. She's really a fine athlete. Gale Fitzgerald was 2nd and Andrea Bruce 3rd with 4,391 points, thus qualifying for the next Olympics in her first pentathlon! Edith Noeding of Peru looked very good in 4th. There were two other finals. The top 5 competitors in the shot put all exceeded the old record! The medals went to Maria Sarria and Hilda Ramirez of Cuba and tiny (for a shot putter) Lucette Moreau of Canada. In the 200m final, 16 year old Chandra Cheeseborough edged Pam Jiles, setting a new PAR. Silvina Pereira of Brazil was third.

I decided not to go to the village for lunch and one of the boys who works in the press sub-center at the stadium, running off result sheets, shared his box-lunch with me. This afternoon our friend from Cuba brought Ed and I copies of the Cuban sports magazine, with good pictures of Carmen Romero setting the PAR in Cali, and Barbara Ferrell and Miguelina Cobian finishing first and second in the 100m in Winnipeg. (They reversed those positions in the 200m).

Friday, October 17

For some weird reason the bus driver wouldn't take us to gate 4, which is the gate nearest the press entrance, when we came back from lunch this noon. He dumped us at

the athlete's gate, about 1/4 mile from ours, and said he was going right back to the village. After last night's bus fiasco I blew my stack! As usual, a hostess came to the rescue and got me a ride to 'puerto quatro'!. It wouldn't have killed me to walk; I was just too mad. I reported it to the man in charge of transportation to and from the p.c., and he said it wouldn't happen again. Today was the women's high jump and Joni Huntley surprised many people by upsetting both Canadians. Louise Walker was 2nd and Andrea Bruce 3rd. In the 400m heats both Debra Sapenter and Sharon Dabney qualified and in the 1500m both Merrill of the USA and Thelma Wright of Canada looked very strong. Cindy Bremser qualified also, as did Abby Hoffman, who just moved up to the 1500m this year, taking 4th at Montreal in the Pre-Olympics.

Tonight a gal from Panama was waiting for the bus when I was, got herself and I a ride part way home and we shared a cab the rest of the way. We just didn't trust the bus after last night's experience.

Saturday, October 18

Well it did happen again! The bus driver absolutely refused to take us to the press gate and Lynn Cannon's family and I walked all the way around. The dispatcher heard about it tonight and he was about as mad as I was. Maybe I seem to be putting a lot of emphasis on the press busses, but they were a very important part of our lives here. The stadium is over an hour and a half ride from the press center and cabs are out of the question. However, I had a small adventure this afternoon that put me in a better mood. I was returning to my seat in the press box after lunch when a man from Puerto Rico stopped me and asked, "Are you the one called Casey?", I admitted it, and he took my arm and pulled me over to a man from Jamaica sitting nearby.

"Al!" said my Puerto Rican friend, "Do you know who this is?" Obviously Al didn't. "This is Casey! She writes the crazy stories for the women's magazine!" This seemed to register and Al expressed delight. And my friend went on, "And we're just crazy enough to enjoy them!" And I hope they will continue to enjoy them now that they have met me.

Semis in the women's hurdles today saw Patrice Donnelly and Debbie LaPlante qualifying along with Marlene Elejarde of Cuba, Carmen Brown of Jamaica, and Edith Noeding of Peru, who was 4th in the pentathlon. The USA and Canada both qualified in the 4x100 relay and no heats were necessary in the 4x400. The only final today was the 400m, in which Joyce Yakubowich of Canada surprised most of the press by upsetting Debra Sapenter, with Lorna Forde getting the bronze medal for Barbados.

Sunday, October 19

Lots of things happened today! At lunch, at the village, I recognized Ela Cabrejas of Cuba who made the finals in the 400m, and went over to talk to her. After identifying myself and asking her a few questions, I pointed to my USA pin and asked if she had a Cuban track pin she would trade. She replied, "No have. Have only this!" and took out the cutest little figure of a runner mounted on a wooden base. Of course I was delighted!

This afternoon, Edith Noeding of Peru won the hurdles with Debbie LaPlante and Pat Donnelly 2nd and 4th, and Jan Merrill set a PAR in the 1500 with a fantastic time for this altitude. Thelma Wright of Canada made her work for the victory, and Canada's Abby Hoffman was 3rd with Cindy Bremser 4th.

I rode home as far as the village with Debbie Brill and it was the first good visit I've had with her this year. Just had a chance to say 'HI' in Montreal. We recalled the Games in Cali four years ago when the crowd was totally unaware - it wasn't announced - that they had just seen the first ever 6 foot high jump ever on that continent. The announcing here has been bi-lingual, and a great deal more knowledgeable.

Monday, October 20

T&F is over and tomorrow I go home. Today the bus took us to Gate 4 which got the day off to a good start. The hostesses at the stadium taught me to say "Today is my birthday" in Spanish, and gave me a pink carnation. I went down to the end of the stadium to watch the javelin and Maralyn West gave me an "I am a Track Nut" pin. Sherry

(Continued on page 10)

CASEY'S DIARY (Cont.)

Calvert won the javelin, with Maria Beltran of Cuba 2nd, and Lynn Cannon 3rd. I had my geography lesson on the bus today! I thought I knew my map of the world pretty well, but a reporter from Bermuda convinced me that Bermuda is about 800 miles east of where I thought it was! I'd sure like to get there some day. Maybe they'll host the Games in '87, and I could celebrate my 80th birthday there!

The US women won the 400m relay but were edged by Canada in the 1600m. Their anchor was Joyce (Sadowick) Yakubowich who won the 400m. She has really matured since I first saw her run the 400m in Edinburgh in 1970.

Tonight our bus was right on time and then was re-routed because the Marathon was still going on. After an hour of wondering where we were, we found ourselves back at the stadium ready to start over! Then the traffic was terrific. I had to rush to get ready and get the cab to the Swiss Chalet for the T&F party. Ed Fox told them it was my birthday and they all sang. There were many I had met other tours. Joni Huntley's parents were there. We were expecting Joni and Martha Watson but the cab that was supposed to pick them up never got there. Our speaker was Ron Pickering from England, who also spoke at our tour luncheon in Munich. I first met him at a birthday party for Mary Rand Toomey in 1971. People kept asking him questions until the waiters were about ready to throw us out - and I still have to finish packing.

I'll close these ramblings with something that was sort of a joke on me this afternoon. I'd been told that Edith Noeding of Peru had trained in Germany, and I love to practice my 'Deutsch', so when Ed said, "Here comes the girl who won the hurdles", I jumped up to talk to her. After hearing my accent, she said politely, "Do you speak English?" While Edith was signing autographs, her coach told me (in German!) that he was arranging with Dave Rodda to bring Edith to California to train for Montreal. I asked Edith if she had a pin for me and her coach supplied one. While all this was going on, Ed was talking to the coach at the U. of Mexico, who always brings some girls to the Mt. SAC Relays each year. When he saw my interest in pins, he gave me one from the University, and said he'll see us all at Mt. SAC next April.

I promised many people I would see them at the next Pan American Games in San Juan, Puerto Rico- 1979!

LIBERTY WINS NEW ENGLAND AAU

Hatchville, Mass, November 22: Lynn Jennings and the Liberty AC tuned up for the upcoming national championships with an impressive 21 point score and lead runners Jennings and Joan Benoit dipping under the old course record which was formerly held by Charlotte Lettis. In addition to winning the 14-18 title, the Liberty AC also won, with the front running of Brenda Condon, the open division 3 mile contest. The results:

Open: 1-Condon(LAC) 20:23, 2-Mary Gallagher(LAC), 3-Marykate Higgins(LAC), 4-Cheyl Pivorunas(Seacoast Striders), 5-Tara McNulty(LAC). Scores: 1-Liberty AC 18. 3miles.

14-18 division: 1-Jennings(LAC) 16:43, 2-Joan Benoit(LAC), 3-Johanna Forman(Falmouth), 4-Debbie Richie(LAC), 5-Janice Oehm(Cambridge SU). 61 finishers, 2 1/2 miles.

Masters: 1-Paula Davenport(Seacoast Striders). 12-13 Division: 1-Marilyn Fernandes(Un). 11&Under: 1-Thayer Plante(LAC).

JR. WOMEN'S NATIONAL 10,000 RACE WALK

Pittsburgh, Pa., November 9: Kathe Dvorsak of the Burgettstown Cadets Sports Club, picked up her first national championship crown with a ninety second victory over the favored Beth Harwick of West Penn Track Club. Dvorsak's mark however, was not enough to give Burgettstown the team title. West Penn Track Club pocketed the team honors with a narrow margin of victory, 10-11. The results:

1-Dvorsak(BCSC) 1:05:07, 2-Beth Harwick(WPTC) 1:06:40, 3-Ruth Ann Radosevich(WPTC) 1:09:17, 4-Libby Reilly(BCSC) 1:16:04, 5-Vera Newman(WPTC) 1:17:32, 6-Brenda Price(1:45:43). TEAM SCORES: 1-West Penn TC 10-, 2-Burgettstown CSC 11.

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GROOS AND WHIPPETS TOP SOUTHEASTERN AAU

Memphis, Tennessee, November 15: Margaret Groos led a Nashville Whippet sweep of the first four spots in the open division and team mate Sloan Burton was an impressive winner in the 10-11 race with a 50 second victory over the 1.5 mile course. Janet Davis was the 9& Under winner with a 5:48 clocking defeating her sister Janice, both of the Mississippi Indianola TC. The results:

14-18: 1-Gross(NW) 16:37, 2-Carol Smith(NW), 3-Kristen Glasgow(NW), 4-Louise Graf(NW), 5-Lourdes Moristany Baton Rouge Flashettes). 2.81 miles.

12-13 division: 1-Tania Wells(NM) 11:21, 2-Glenda Valley(NM), 3-Barbara Hopkins(ITC). Scores: North Memphis 21. 2.0 miles.

10-11 Division: 1-Burton(NW) 8:31, 2-Alberta Brown (ITC), 3-Teresa Maristany(BRF). Scores: 1-Indianola TC 30. 1.5 miles.

9&Under Division: 1-Davis(ITC) 5:48, 2-J. Davis(ITC), 3-Terkeler Shegog(NM). Scores: 1-Indianola TC 20. 1 mile.

BENOIT WINS 1st SEACOAST STRIDER MEET

Exeter, New Hampshire, November 9: Joan Benoit of the Liberty AC wasted little time in placing enough distance between herself and the rest of the competitive field, and coasted home for an easy win over the southern New Hampshire countryside. Liberty AC runners collected individual and team honors in all three divisions. The results:

14&Over: 1-Benoit(LAC) 17:40.3, 2-Cheryl Pivorunas(SS) 19:02, 3-Donna Randall(Brandeis U), 4-Pattie Douglas LibertyAC), 5-Robin Snyder(Brandeis U). 32 finishers, 3 miles.

13&Under: 1-Sheila Condon(LAC) 12:53.9, 2-Joann Choiniere (Ocean State,RI), 3-Susan Drouilhet(LAC). 2.0 miles.

11&Under: 1-Thayer Plante(LAC) 9:07.5, 2-Jenny Hodgson (LAC), 3-Sandy McGill(DorchesterTC). 1.5 miles.

KALEIDOSCOPE

The Mason-Dixon Games in Louisville, will conduct a pole vault for women, probably the first of the "modern" era. The women's best on record, according to Pete Pozzoli, is 8'6... Couple of gross errors appeared in national magazines recently in articles connected with women's track and field. In "WomenSports", a nice bit about Jackie Hansen was spoiled by the statement that Jackie "holds the American 1500 meters record" - something that would make Hansen and Coach Tabori a happy pair if true. And "Ladies Home Journal" wrote that Madeline Manning Jackson is the "world record holder for the 800 meter run" - that would make Madeline happy, too....TheLma Wright's 8:54.9 mark for 3000 meters broke her own Canadian record by 8.5 seconds....The now annual "Bankathon", a distance of 30k or about 18½ miles, will be run on March 28 in Schenectady. Runs to Albany....Switzerland has already named Meta Antenen (100m, LJ), Isabella Lusti (LJ) and Rita Pfister to their Olympic team....

Mary Creedon, Liberty AC, was headed for an excellent 3:20 clocking in the Bay State Marathon when she developed foot pain at the 25 mile mark - turned out to be a stress fracture....Jenny Taylor will join the Liberty AC squad....Madison Square Garden will host three indoor meets during the 1976 season starting with the Wanamaker Millrose Games on January 30, then the US Olympic Invitational on February 20 and ending with the National AAU on February 27....In addition, the Metropolitan AAU athletes will have 12 other indoor meets using the 168th Street Armory, Princeton University and other nearby facilities....Japan's Mikiko Sone, now 23 years old, set a new Asian record when she hopped over 1.85/6'0" recently....Cuba's Marcia Garbey long jumped 21'8" in Havana on September 14....Add errors by national publications: "Sports Illustrated" had a great article on Willye White a couple of weeks ago, but said she long jumped 22'9" last year - Heide Rosendahl still has the wr at 22'5"....Memphis will stage four meets during January and February winding up with the Memphis Indoor Classic on February 21....

Becky Deetz missed the big USA meets last year because she was studying in Germany as a winner of national competition

....The IOC has GUARANTEED that steroid tests will be conducted at the 1976 Games. Head of the testing team has stated by Montreal they will be able to detect injected as well as orally taken anabolic steroids....Appears that 1977 will see the beginning of the World Cup. Present plans call for eight teams, both men and women taking part. The teams would be: first and second place winners from the European Cup Final, a team representing the "Rest of Europe", the USA, the Americas (excluding the USA), Africa, Australasia and Asia. First question which comes to mind - who will select the teams? It is highly possible, (says "Athletics Weekly") that the Asian team will include Chinese athletes. Will they compete on a team with Taiwanese athletes? What about Africa? Will the Kenyans compete on a team if performers from South Africa or Rhodesia are included? Or will this meet, probably set for Dusseldorf, develop into another political shindig?...Sad to report the British magazine "Sportsworld" is ceasing to exist....Brenda Webb is now being trained by former distance great Bob Schul....She attends Wright State....Fastest British marathoner is Margaret Thompson with 3:07:47....11 year old Paula Matheson sped the 1500 in 4:53.0 for a UK record....Andrea Lynch, to no one's surprise, was voted top British athlete for 1975. Followed by Donna Murphy and Wendy Clarke....How about a helping hand for the hurdlers? In England, a well-known Company donated 3000 pounds to help finance the training of the nation's most promising men and women hurdlers.... According to the IAAF scoring tables, the best American record is Joni Huntley's 6'2" high jump and the least impressive is Pat Van Wolvelaer's 13.0 for 100m hurdles. Best in the world is Marianne Adam's 70'10 for the shot - which goes completely off the chart.

The 1976 AIAW cross country championships will be held at the University of Wisconsin, Madison, Wisconsin, on Saturday, November 13....More names we like: Cornbread Johnson of the Houston Astrobelles and Terkeler Shegog from North Memphis. None come close to the name of one of the original track clubs in southern California many years ago. How'd you like to run for the "Laura Scudder Chipettes"?....Alan Bonney has resigned as track coach at Syracuse University and will devote his time to the Syracuse Chargers....Martha Watson has been appointed head track coach for both men and women at

(Continued on page 13)

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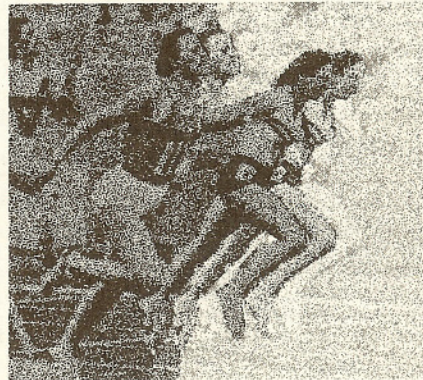
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THE OTHER 'BABE'

The nickname 'Babe' has, as most sports fans remember, been used by two of sportdom's greatest heroes. Of course there was the New York Yankee slugger 'Babe' Ruth, and more familiarly to women's track and field followers, the legendary 'Babe' Didrickson. But there existed another 'Babe' who achieved her stardom shortly after Babe Ruth hit his 60 home runs in 1927 and long before Babe Didrickson left her mark on Olympic competition in 1932. She was Elizabeth 'Babe' Robinson. A shy, high school junior from Thornton High in Illinois who earned a position on the first women's Olympic track and field team to represent the United States in 1928. But the road to those Olympics in Amsterdam, Holland, are full of fond remembrances for the 'Babe'.

Her career began with running to catch a train and being watched in amazement by her high school Biology teacher as she jumped the moving railroad car. Since her teacher was also the assistant track coach at the school, she was asked to come out to the boys' practice and be timed for a 50 yard dash. He had found a 'diamond in the rough', however, because his speedy train catcher had just run 6.2, and that was .1 of a second under the American record for the 50 yard dash. And so, with the Olympic Games just months away, Elizabeth Robinson began serious training up and down the hallways of the high school under the guidance of her biology teacher! That was 1928 and she was just 16 years old.

'Babe' ran her first race shortly after that at the annual Bankers Meet held at the Chicago Riding Club on March 30, 1928. The national record holder, Helen Filkey, won the race and Babe, wearing spiked shoes for the first time, was right on her heels finishing second. 'Babe' remembers the day well. "I went down to the loop in Chicago," she said, "and bought my first pair of spiked shoes that same morning. I had never had a pair on in my life and didn't know if I would be able to run in them."

One of the more organized women's clubs at the time (Illinois Women's Athletic Club), was so impressed by the untrained and obviously highly talented girl, they granted her a membership. From that point on, she trained and ran for the 'IWAC'.

"The Chicago Evening American meet at Soldier Field was 'Babe's' second meet. Since it was an Olympic year, it was stipulated that any girl who broke a record there would have all her expenses paid to the Olympic trials at Newark, New Jersey. 'Babe', accustomed to track shoes by now, sliced 3/5's of a second off the 100 meter dash record and ran third leg on the winning IWAC relay team. She was on her way.

Olympic trials at Newark were held on July 4, 1928. In this meet 'Babe' took second place behind Elta Cartright of California with a time of 12.2/5 seconds in the 100 meter dash. This qualified her for a spot on the Olympic team. The great ocean liner, the Olympic, was chartered just for the team and it sailed from New York to Amsterdam, Holland, just seven days after the Olympic trials. 'Babe' recalls, that they trained all the way over, round and round the decks. When the Olympic docked in Amsterdam harbor, the ship also served as a home-away-from-home because there were no Olympic villages in those days. Since 'Babe' was the baby of the group at 16, she was looked after quite closely. Olympic hero and swimming star, Johnny Weismuller was like a big brother to 'Babe' and they remain friends to this day.

July 30th the qualifying in Amsterdam began. This was only the fourth competition 'Babe' had ever been in! She took second place in her qualifying round, but won her semi-final heat and she had qualified for the finals. Next day, she defeated two Canadians and a German in the 100 meter dash with a winning effort of 12 1/5 seconds. Not only did she win the coveted gold medal, but she became the first American winner in women's track and field!

The team received a warm welcome home that year after the Games. New York's Mayor Jimmy Walker met the ship and escorted the team down Broadway under a maze of ticker tape. Another ticker tape parade followed in Chicago and 'Babe' was also presented with the key to the city. She received warm welcomes in each town as she moved south from Chicago until she had finally reached her hometown of Harvey, Illinois. She still treasures the watch the City of Harvey gave to her upon her return.

Success did not spoil Elizabeth Robinson. She turned down all the commercial offers, retained her amateur status which she still has to this day and settled down to her senior year at Thornton.

On March 2, 1929, while still a senior, 'Babe' set a new world's record of 6 4/5 seconds for the 60 yard dash at the Chicago Evening American meet where she had qualified for the Olympics just one year prior.

After she graduated from Thornton she attended Thornton JC for one year before transferring to Northwestern University in Evanston to major in physical education. During this time she continued to run for the IWAC.

In the spring of 1931, 'Babe' almost lost her life when the plane she was flying crashed near Cicero, Illinois. She was hospitalized for several months and needed the aid of crutches for many more. She returned to Northwestern for a short time, but left before graduating to work for the Student School Assemblies Service for whom she traveled throughout the country lecturing on girls' athletics.

The true courage of this remarkable woman was yet to come however, for in 1934, 'Babe' began training for the 1936 Olympics. Because her leg had been permanently shortened by the plane accident, she could not start from a crouched position. But to her credit, she still managed to qualify using a standing start. With her obvious disadvantage in the start, her attempt to make the squad in the 100 meter dash was a wash out, but she was quick enough to make the relay team with ease. As a member of the winning American relay foursome that year, she won her second Olympic gold medal!

'Babe' now resides in Northbrook, Illinois, with her husband, Richard Schwartz, a fabric manufacturer. She has a son Rick and a daughter Jane who was graduated from the University of Tulsa with a physical education major.

'Babe' has not lost touch with the competitive track scene. She speaks of the competition with all the enthusiasm of one who may have just discovered the sport. "The training regimen has changed so." She says. "The gals have to work so hard... they have to have the ability, but also they must have the drive to train the way they do."

"I'm just floored when I hear these girls talk about their

(Continued on next page)

NOW IS THE TIME TO SUBMIT YOUR

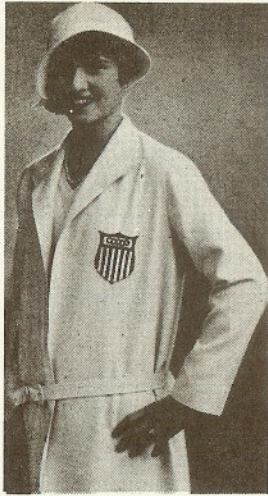
CLUB RECORDS

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100	400H
200	HJ
400	LJ
800	SP
1500	DT
3000	JT
100H	Pentathlon

81 Clubs (50 USA) were listed in last year's Annual Club Contest. In addition to Clubs, we now include the records of many high schools, colleges and universities. See how your organization compares with the rest of the world. Send your records to WTFW today.

OUT OF THE PAST (Continued)



Elizabeth "Babe" Robinson displays her Olympic uniform (left) and is shown running in her Illinois Women's Athletic Club sweats on the right. The photos were taken 8 years apart, and on the right, in 1936 when "Babe" was attempting her comeback after the airplane mishap, she trained at Northwestern University. (Photos courtesy of North Shore News)

training program. I really enjoyed what I did - I trained three times a week, and had to follow a diet and regular training rules, but after the season was over, I wouldn't think much about the running until the next season."

"It's a marvelous experience. When I watch a meet now, you'd think I was still running."

In addition to this she has 'stayed in touch' with the track world by keeping active in its activities. In 1959, she served as a hostess at the 3rd Pan American Games in Chicago, Illinois. She was voted into the Helms Hall of Fame for her noteworthy achievements. And to go along with her two gold medals, she also won the silver medal for her contribution to the 400m relay team effort in those 1928 Games. In 1962, "Babe" served as the president of the Olympians group with whom she has been active many years. Plus, as if this weren't enough, she is an official AAU timer and has frequently timed at meets in her area.

But this is yet another story in the interesting heritage that our sport has nurtured. "Babe" Robinson Schwartz is a true pioneer in the track and field realm and a sports figure whom all our young might well pattern themselves!

TAIWAN REGIONAL CHAMPIONSHIP from Sy Yinchow

Taipei City, Taiwan, October 19-23: The island of Taiwan staged their annual championships with the following results:

100m: 1-Chiu Mei-chui 12.4, 200m: 1-Chiu Mei-chui 25.4,
400m: 1-Huang Chiu-chin 57.7, 800m: 1-Tsai Chun-chou
2:16.7, 1500m: 1-Tsai Chun-chou 4:47.7, 1000m: 1-Ting
Chun-chi 14.8, 4000m: 1-Huang Chiu-chin 64.6, HJ: 1-
Hung Chun-lai 1.60, LJ: 1-Lu Ming-siu 5.58, SP: 1-Chen
Fu-mei 13.81, DT: 1-Chen Fu-mei 37.42, JT: 1-Cheng
Su-lian 38.34, Pent: 1-Ting Chun-chi 3499;

JOHNSON COVER PHOTO

Once again this year, as he has done in the past, Jeff Johnson has provided us with some outstanding shots from the recent national championships in Belmont, California. Along with the great cover picture of Bjorklund leading the women's race, his group of pictures gives an excellent perspective of the races, course and drama involved. In addition, unfortunately, we have a good many shots we were not able to use. However, they will almost assuredly pop up in coming issues.

(Editors Note:-Results of Age Group Nationals had not yet arrived by December issue deadline. They will be printed in the next issue of WTFW.)

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JULIE BROWN AGAIN

The Southern Pacific Assoc. Championships once again featured the season long dual between Julie Brown and Sue Kinsey with Brown once again coming out on top. LATC edged San Fernando Valley TC for the team title, 35-40 (the same two clubs which Brown and Kinsey compete for). The Rialto Roadrunners swept to wins in all the other age divisions with the exception of the 14-15 which went to the Blue Angel TC. The Results:

Women's: 1-Brown(LATC) 22:10.4, 2-Kinsey(SFVTC) 22:17, 3-Cathy Costello(Un) 23:28, 4-Jacki Hansen(SFVTC) 23:52, 5-Kate Keyes(LATC) 25:13, 6-Linda Heinmiller(LATC), 7-Becky Wolfinbarger(Un), 8-Heather Tolferd(SFVTC), 9-Michelle Hopper(PTC), 10-Carol Flournoy(LATC). Team Scores: 1-LATC 35, 2-SFVTC 40. 21 finishers.

14-18: 1-Suzanne Keith(RRR) 18:37.6, 2-Paula Rose(BA) 3-Marie Albert(RRR). Team Scores: 1-RRR 21, 2-Blue Angels 56, 3-Long Beach Comets 65. 22 finishers.

14-15: 1-Magdalene Schweiger(VGTC) 20:26, 2-Karen Parish(BA), 3-Teri Teegarden(BA). Team Scores: 1-Blue Angels 25. 14 finishers.

12-13: 1-Corrinne Nunez(RRR) 15:03, 2-Mari Gibbs(LITC) 3-Donna Sanchez(RRR). Team Scores: 1-RRR 38, 2-Blue Angels 72, 3-So Cal Cheetahs 72. 63 finishers.

10-11: 1-Carol Lantry(RRR) 10:41.6, 2-Vicki Cook(RRR) 3-Kristi Wilson(BA). Team Scores: 1-RRR 30, 2-Blue Angels 37, 3-So Cal Cheetahs 102. 63 finishers.

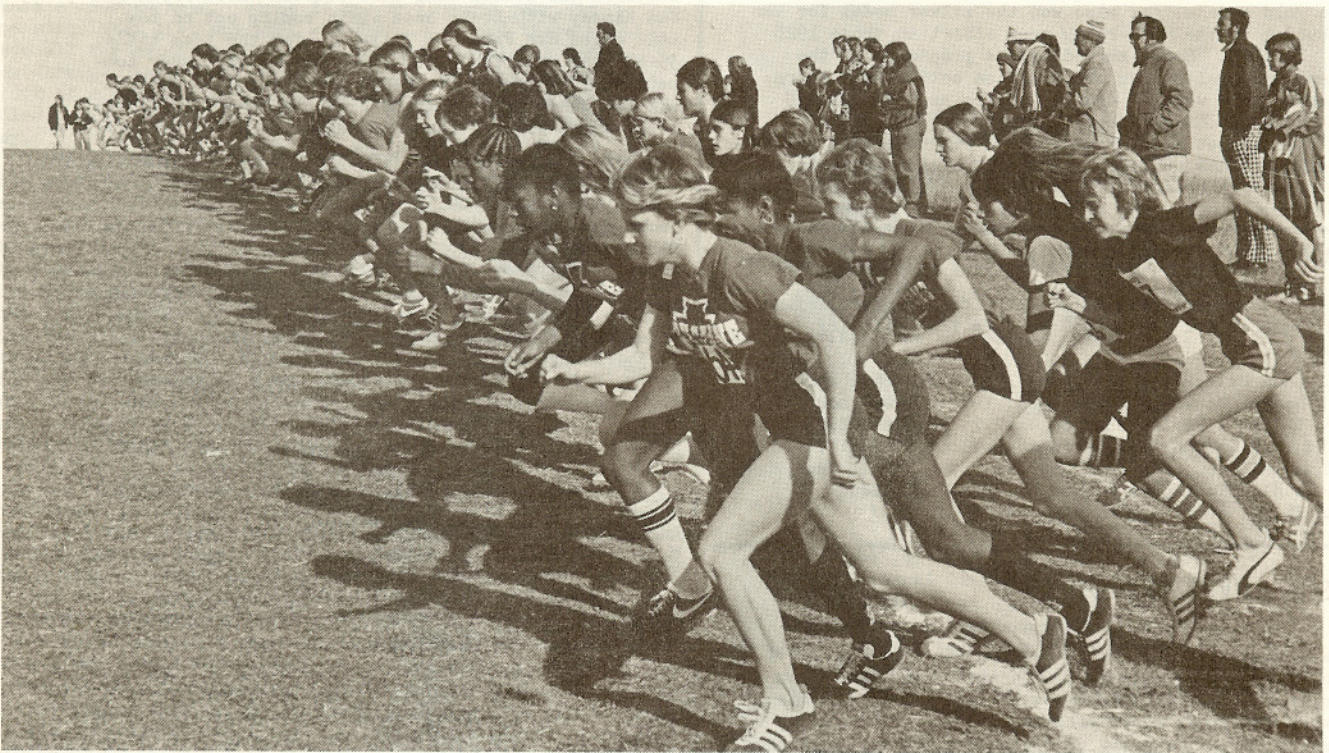
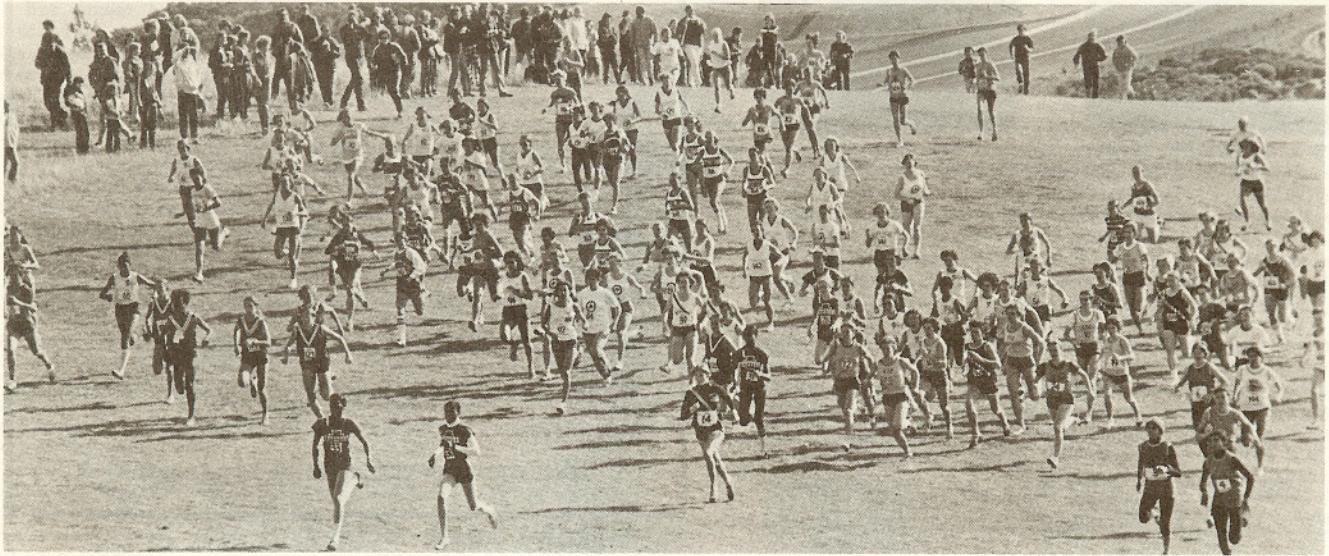
9/Under: 1-Kathy Kiernan(BA) 7:03, 2-Sonja Cooper(RRR) 3-Connie Bennett(IVS) 7:31. Team Scores: 1-RRR 23, 2-Blue Angels 66, 3-So Cal Cheetahs 127. 69 finishers.

KALEIDOSCOPE (Continued)

California State College Dominguez Hills.....USA and USSR will have at each other in Washington DC on August 6/7 in 1976.....Israel's Esther Roth had marks of 11.3 (100m), 13.0 (100mH) and 23.52 (200) this past season....The program for the European Cup in 1977 will now include both the 400m hurdles and the 3000m run....Kansas State's Joyce Urish fell not once, but twice at the National AIAW Championships. An official, believing she was badly injured, held her down and Joyce was too pooped to tell him she was ok.....

NATIONAL CHAMPIONSHIPS

OUT OF THE EAST (Continued)



SINGLE FILE LADIES - This was the scene most of the day in Belmont as crowds of runners elbowed their way from the starting line to gain position in their various races. The first two photos above show the start of the senior women's race from two different vantage points. The bottom shot shows the start of the youth race (12-13) later in the day. The runners are, from left to right.....!!



9/UNDER WINNER Kathy Kiernan of the Blue Angels, smiles the smile of victory as she crosses the finish line to win the youngest of all the divisions.



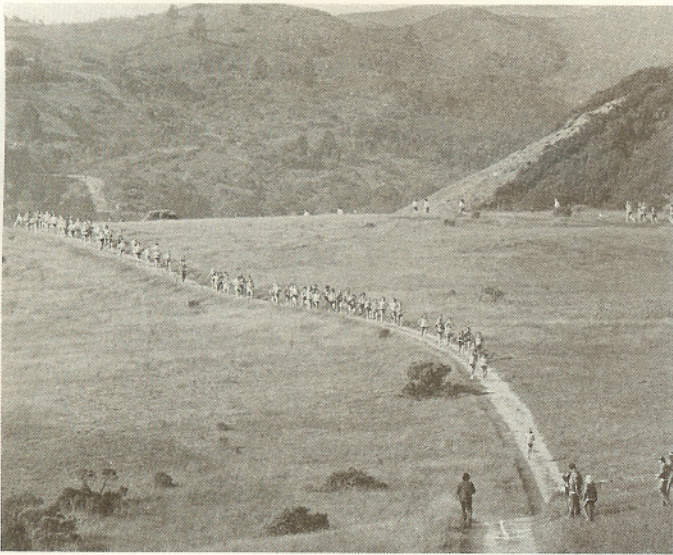
RIALTO - ONE, TWO, - Kiki Lantry turns to check the situation and to give a little support to teammate Vicki Cook as the Rialto pair swiped the two top spots as well as the team title in the 10-11 division.



Aileen O' Connor and Corinne Nunez battle each other stride for stride over most of the 2 mile course in the 12-13 division race. O'Connor, from Washington,DC, finally got the better of Rialto's number one runner, but the team title went to the Roadrunners.



MILLS BY A MILE - Kathy Mills passes the crowd with an already sizeable lead on her way to the national crown. She led her team, the Syracuse Chargers, to an impressive 46 point victory in the Jr. Women's division.



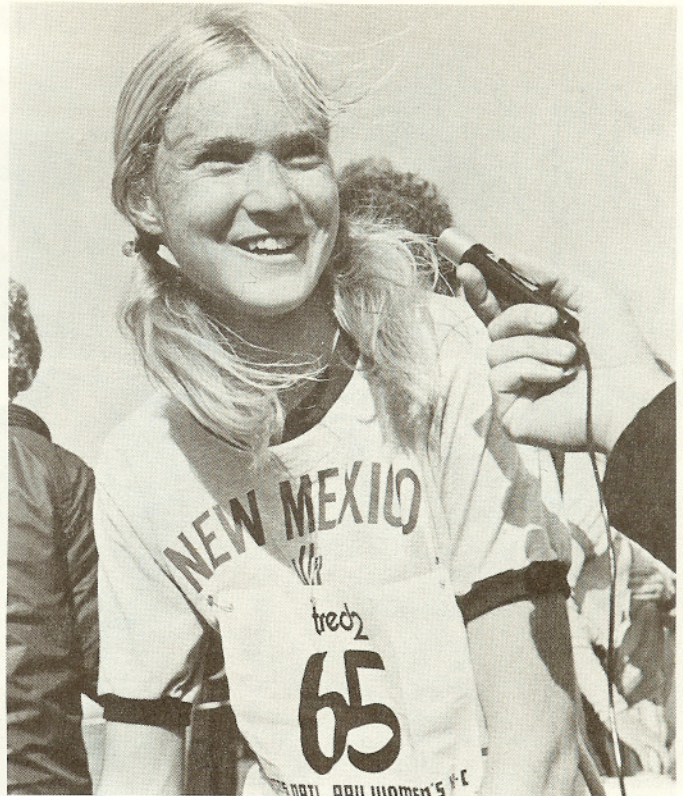
STRUNG OUT - With Bjorklund leading and followed by Julie Brown, Doris Heritage and a host of others, notice how the trailing runners in the back part of the photo are at that point heading down the hill. (Jeff Johnson photo)



MILLS MOVES AWAY - Kathy Mills of the Syracuse Chargers, begins to make daylight between herself and the pack as the Jr. Women's race moves toward the mile mark. Mills is followed by Kathy Adams and Paula Rose(250).



JUNIOR WOMEN'S WINNERS - From left, Paula Rose (Blue Angels) 6th, Suzanne Keith (Rialto Roadrunners) 3rd, Lynn Jennings (Liberty AC) 2nd and Mills. (Jeff Johnson photo)



THE WINNER - Shortly after the finish, Bjorklund is shown above answering an interviewers questions. Lynn is a member of the newly formed New Mexico International Track Club. (Jeff Johnson photo)

THE LOS ALAMOS LEGEND - Yes, there really is a Lynn Bjorklund, and she proved it again this year by setting a blistering pace in the early going and demolishing the field from there on in. (Jeff Johnson photo)



SENIOR (Cont.)

(Liberty AC) 20:13, 80-Holly Brown(Wills Spikettes) 20:15, 81-Jennifer Bates(Oregon TC) 20:16, 82-Verna Stein(DeAnza College) 20:17, 83-Robin Baker(Oregon TC) 20:18, 84-Darcy Burleson(Un) 20:19, 85-Carolyn Tiernan(West Valley TC) 20:26, 86-Diana Dimmick(San Jose Cindergals) 20:27, 87-Pat Engberg (Falcon TC) 20:28, 88-Skip Swannack(Woodside Striders) 20:29, 89-Nicki Hobson(San Diego TC) 20:30, 90-Barbara Duvoneck(San Luis Obispo) 20:32, 91-Debbie Heald(Un) 20:33, 92-Kit Pratt (Oregon TC) 20:35, 93-Janice Vetter(Blue Ribbon TC) 20:36, 94-Erica d'Elin(Michigan State TC) 20:42, 95-Jacquelyn Graboyes (San Fernando Valley TC) 20:44, 96-Shelly Goston(Klub Keystone) 20:44, 97-Judy Gumbs(West Valley TC) 20:46, 98-Sherry Quillivan Univ Nevada-Las Vegas) 20:50, 99-Patti Hurl(San Diego TC) 20:52, 100-Laurie Olson(San Diego TC) 20:58.

TEAM SCORES: 1- LOS ANGELES TC 87, 2- FALCON TC 111, 3- WISCONSIN TC 128, 4- SAN JOSE CINDERGALS 130, 5- NEW MEXICO INTERNATIONAL TC 139, 6- SAN FERNANDO VALLEY TC 211, 7- PORTLAND TC 223, 8- KLUB KEYSTONE 239, 9- MICHIGAN STATE TC 247, 10- WEST VALLEY TC CALIF. 289. 16 teams scored.

NATIONALS KALEIDOSCOPE

The top twenty finishers in this years women's division race featured a host of accomplished 'long road racers' including; Jacki Hansen(16th), Katy Schilly(15th), Cheryl Bridges(9th), Nadia Garcia(19th) and Phyllis Olich(21st)A touch of class this year was the Northern California Seniors TC, the ladies were all charming and looked great in their uniforms.....Liberty AC should be commended for having the wherewithal to bring two teams in the Junior division all the way from Massachusetts.....Pennsylvanian Carol Fridley is another of the 25+ year old runners who trains with her husband and runs unattached for lack of a team in her area. She finished a very respectable 20th.A very fine collegiate runner to watch in the future is Kris Bankes of Penn State. She recently finished 3rd in the AIAW nationals and 11th here at Belmont.....Lots of action was stirred up in the headquarters lobby when Telly Savalas and Angie Dickinson arrived among others, to celebrate the winning of Telly's horse at a local race in which it won \$69,000. The horses name; Telly's Pop, of course.... ..A total of 822 runners took part in the various age groups with the break down as follows: 153 Sr. Women's, 182 Jr. Women's, 168 12-13 division, 164 10-11 division, and 155 in the 9/Under.....It would be interesting to speculate what the Syracuse Charger score could have been had Katy Schilly chosen to run in the Junior division.....Speaking of predictions, this editor must pat himself on the back for the forecast of the San Jose Cindergal score in the Junior division: Wennerstrom prediction - 136, actual score was - 135! Is that applause I hear? Thank you, thank you..AIAW champ Iowa State failed to bring about a real team battle when it brought just three girls because of excessive injuries to key runners such as 10,000 meter American record holder Carol Cook who was suffering from an inflammation of the sciatic nerve, etc.....Lastly it must be mentioned that Marge Powell and Harmon Brown and all the other fine folks of the Pacific Association put on a flawlessly run meet with beautiful cross country weather to boot!.....

CROSS COUNTRY ROUNDUP (Continued)

BROWN OUTLASTS KINSEY

Fountain Valley, California, November 16: San Fernando Valley's Sue Kinsey pushed Julie Brown through 3 miles of grassy, flowing terrain and came within .4 of a second of the biggest upset of the cross country season. In the team battle another upset was "almost" staged as the San Jose Cindergals tied the Los Angeles TC 47-47, and had it not been for the higher finish of LATC's fifth runner, San Jose would have gone home with the winner's trophy. The San Jose domination continued with individual winners Marquita Belk(14-15) and Roxanne Bier(12-13) both defeating highly favored opponents. The results:

Women's Division: 1-Julie Brown(LATC) 15:34.6, 2-Sue Kinsey(SFVTC) 15:35, 3-Cyndy Poor(SJC) 16:06, 4-Judy

JUNIORS (Cont.)

TEAM SCORES: 1- SYRACUSE CHARGERS 46, 2- LIBERTY AC 118, 3- RIALTO ROADRUNNERS 123, 4- SAN JOSE CINDERGALS 135, 5- PEORIA PACEMEN 141, 6- BLUE ANGELS TC 245, 7- LONG ISLAND GOLDEN SPIKES 280, 8- EASTSIDE TC 298, 9- FLATHEAD VALLEY TIMBERETTES 312, 10- QUAD CITY COBRAS 315. 20 teams scored.



THE SYRACUSE CHARGERS - For the second consecutive year, the Chargers gather for a team photo shortly after being crowned the Junior Women's team champions. In keeping with their rag-a-muffin image, note that no two girls match in their uniform sweats! The team from L to R is: Erica Hagenlocher, Katy Schilly, Chris Gardner, Kathy Mills, Mary Seybold, Kim Sharpe, Amy Welch, Kirschen Hagenlocher and Carrie Pusch. (Wennerstrom photo)

Graham (SJC) 16:07, 5-Jacki Hansen(SFVTC) 16:24, 6-Cathy Costello(Un) 16:31, 7-Pam Bowers(SJC) 17:05, 8-Linda Heinmiller(LATC) 17:09, 9-Nadia Garcia(SDTC) 17:12, 10-Cris Troffer(LATC) 17:18, 11-Kate Keyes(LATC) 17:21, 12-Debbie Heald(Un) 17:28, 13-Lisa Greenberg(SJC) 17:31, 14-Heather Tolfer(SFVTC) 17:43, 15-Pam Jewell(LBC) 17:59. Others...17th Carol Flourney(LATC) 18:07, 21st Michelle Hopper(PTC) 18:39. 3 miles, 36 finishers. **TEAM SCORES:** 1-Los Angeles TC 47, 2-San Jose Cindergals 47, 3-San Fernando Valley TC 73, 4-Woodside Striders 160.

Masters Division: 1-D.Stock(SDTC) 18:48.4, 2-L.Bache(SDTC) 19:26, 3-N. Hobson(SDTC), 4-C. Honeywell(RRR), 5-C.Rubio (BA). 3 miles, 12 finishers. **TEAM SCORES:** 1-San Diego TC 6, Blue Angels 24.

14-18 Division: 1-Paula Rose(BA) 14:56.6, 2-Mary Decker (Un) 15:14, 3-Suzanne Keith(RRR) 15:25, 4-Laurie Jewell (LBC) 15:27, 5-Sue Greenberg(SJC) 15:38, 6-Becky Wolf-inbarger(QCC) 15:40, 7-Diane Stern(QCC) 15:42, 8-Kathy Juell(LBC) 15:43, 9-S. Wooldridge(QCC) 15:55, 10-Estella Guina(SJC) 15:58, 11-Becky Villavazo(RRR) 16:02, 12-Teresa Caudillo(LBC) 16:05, 13-June Bonacich(SJC) 16:06, 14-Doreen Assumma(RRR) 16:11, 15-J. Bowen(LITC) 16:12. **TEAM SCORES:** 1-San Jose Cindergals 63, 2-Rialto Roadrunners 70, 3-Long Beach Comets 77, 4-Blue Angels 106, 5-Quad Cities Cobras 107. 56 finishers.

14-15 Division: 1-Marquita Belk(SJC) 15:27.8, 2-Kathy Adams(WS) 15:38, 3-Karen Nachbar(WS) 16:13, 4-Virginia Lantry(RRR) 16:27, 5-M. Schweiger(VTC) 16:37, 6-Ann Nunziata(SJC) 16:48, 7-Beth Melton(P-USA) 16:59, 8-A. Slivkoff(SJC) 17:06, 9-Carolyn Bing(SJC) 17:09, 10-R. Wolfe(RCF) 17:09. **TEAM SCORES:** 1- San Jose Cindergals 35, 2-Blue Angels 91, 3-Northern Cal TC 135, 4-Woodside Striders 174. 38 finishers.

12-13 Division: 1-Roxanne Bier(SJC) 12:09.8, 2-Corinne Nunez(RRR) 12:14, 3-Karen Bain(WS) 12:18, 4-Marie Gibbs (LITC) 12:29, 5-Donna Sanchez(RRR) 12:37, 6-Tamie Darr (BA) 12:50, 7-Laurie Teague(IV) 12:52, 8-Carol Czarnetski (BA) 12:53, 9-D. Wahington(BA) 12:55, 10-Alisa Kirkorn (BA) 12:57. **TEAM SCORES:** 1-Rialto Roadrunners'A' 61, 2-Blue Angels'A' 65, 3-Wills Spikettes 88, 4-San Jose Cindergals 146. 102 finishers. 2 miles.

10-11 Division: 1-Vicki Cook(RRR) 7:44, 2-Kiki Lantry (RRR) 7:44, 3-Andrea Kirkorn(BA) 8:02, 4-C. Gleason(CY) 8:06, 5-Kristi Wilson(BA) 8:09, 6-Angele Johnson(RRR)

(Continued on next page)

HIGH SCHOOL TRACK by RICH EDE

RESULTS

Massachusetts State Meet-Nov. 15, 1975- Franklin Park Golf Course, Boston. 2.85 miles, grass and sidewalk, partly muddy, temps in the low 40's. Two big stories came out of this meet, the first being Bromfield soph Lynn Jennings' destruction of the field as she blasted a 16:33 win over runner-up Johanna Forman(Falmouth) who had a clear second place in 17:12. Third place was a battle as Marina Buckley(Cohasset) nipped Debbie Richie(Concord-Carlisle) 17:23 to 17:25. The other big story was Falmouth's fifth straight team title. Running with talented youngsters(three freshmen) and some "old" veterans(Forman is a junior and Nancy Robinson a sophomore) the defending champs edged Mohawk Trail(also competing with all underclassmen) 72 to 86. Top 10: 5-Tina Francario(Brockton) 18:00; 6-Cindy Flick(Bish.Fenwick) 18:09; 7-Janice Oehm(Winchester) 18:10; 8-Marion Larson(Amherst Reg.) 18:13; 9-Debbie Mueller(Bellingham) 18:27; 10-Ellen Abbott(Mohawk Trail Reg.) 18:30.

Oregon State Meets-Nov. 15, 1975-Lane Community College. Eryn Forbes, Sunset freshman, ran away and hid with the AAA 1975 championships, clocking 11:01.0 to be the only competitor in any division to break 12 minutes. Ontario HS copped the team title in the AAA with an excellent total of 77 in a field of 125 (117 scoring). The top 10's: AAA 2-Susan Johnson(Grant)12:00; 2-Perry Wieron(Sunset)12:03; Judy Smith(Ontario) 12:06; 5-Candy Hamilton(Grant)12:08; 6-Sally Arthur(Sunset) 12:09; 7-Jody Smith(Ontario) 12:10; 8-Linda Harvey (Redmond) 12:12; 9- Molly Morton(Lincoln) 12:13; 10-Ellen Schmidt(W.Albany) 12:18. AA 1-Dana Merrill (Lakeview) 12:00.5; 2-Brenda Cardin(Crook Cty.)12:06; 3-Nancy Reynolds(Illinois Valley)12:12; 4-Jamie Mitchell (LaSalle)12:25; 5-Christi Colburn(Cascade)12:30; 6-Julie Reynolds(III. Valley)12:39; 7-Sheryl Bales(Cascade) 12:43; 8-Diana Chalfant(Cascade)12:47; 9-Dabbie Ward (Yamhill-Carlton)12:49; 10-Lorinda Vandenberghe(Gladstone)12:56. Team-1.Crook County(61) 2.Cascade(74). A 1-Barbie Butler(Siletz)12:31.5; 2-Sue Bragdon(Catlin Gabel)12:42; 3-Vickey Paddock(Bonanza)12:44; 4-China Taylor(Cat.Gab.)13:07. Team-Catlin Gabel(33), 2-Siletz (44).

New York Intersectional Meet-Nov. 8, 1975-Elma Meadows Golf Course, Elma(near Buffalo). 2½ miles, muddy and slippery--several runners fell. Section III runners, led by sectional champ Kathy Mills(Fayetteville-Manlius) and several members of the Syracuse Chargers, dominated this state meet. Mills copped the individual title in 14:38.2, Nottingham claimed the team title with 19 points(runners from schools without full teams did not displace, leaving only five teams in the race as only five of New York's nine sections participated) and the Section III team(top 10 finishers from each section) won that battle with 71 points. Top 10- 2-Erica Hagenlocker(Nott.) 15:26; 3-Linda Nash(Tri-Valley) 15:27; 4-Kim Sharpe(No. Syracuse) 15:32; 5-

Carrie Busch(Nott.)15:38; 6-Mary Seybold(Nott.) 15:39; 7-Diana Halpin(Monroe-Woodbury) 15:41; 8-Michele Gadziala(Fulton)15:43; 9-Ann O'Mara (Baldwinsville)15:49; 10-Diane Holmes(Fulton) 15:50. Of the above girls, only Nash and Halpin(both of Section IX) broke a Section III sweep.

New York Section III Meet--Nov. 1, 1975-SUNY Agri. and Tech. Institute, Morrisville. 2½ miles grass, hilly, strong winds. Kathy Mills and Nottingham HS presaged their state meet results in this sectional. Results: 1-Mills, 14:16; 2-Sharpe, 15:01; 3-Hagenlocher, 15:11; 4-Seybold, 15:14; 5- Kirschen Hagenlocher(Nott.) 15:18; 6- O'Mara,15:22; 7-Gadziala, 15:25; 8-Chris Gardner(Bish. Ludden/Syracuse) 15:26; 9-Holmes, 15:28; 10-Betsy Towilson(Baldwinsville) 15:30.

Rhode Island State Meet. The only results we have list Susan Krolewski and Pattie Douglas as 2nd and 4th respectively.

California Inland Valley Division Meet-Nov. 12, 1975-Lafayette Reservoir, Lafayette. 1½ miles. In this qualifying meet for sectional competition, the top four schools and the top 5 individuals advance to the next round. In the varsity race, Granada(50),Northgate(92),Campolindo(96),and Pleasant Hill(100) advanced their teams. Individual results: 1-Karin Salisbury(NG) 8:24.5; 2-Dana Searls(College Park) 8:31; Diana Stohr(Gran.)8:32; 4-Karen Daley(Gran.)8:33; 5-Kristi Roos(Acalanes) 8:35; 6-Maria Anaya(Gran.)8:36; 7-Sue Hawkins(Las Lomas)8:38; 8-Lori Greene(NG)8:39; 9-Jeanette Fla (Amador Valley)8:41; 10-Sharol Colony(Camp.)8:45.

Frosh/Soph-1-Lynne Bachand(Berkeley)8:34; 2-Karen Mangelson(CV)8:35; 3-Danna Spurrier(Miramonte)8:41; 4-Wendy Behrbaum(Amador)8:45; 5-Jennifer Searls (C.P.)8:49.

Astor-Belle Invitational-Oct. 25, 1975-MacGregor Hills, Houston, Texas. 1 mile, 70°, damp and drizzling. Houston Memorial's A team copped first place in this first ever Houston girls' meet by sweeping the first three places and holding on for 37 points. Leigh Hurley(6:28), Disa Lewis(6:30) and Lisa Fisher (6:32) led the charge. Other results: 4-Marinko (Springwoods)6:38; 5-Weikman(Westchester)6:39; Junior HS division: 1-Jackie Smith(Thomas) 6:15; 2-Shelia Labome(Thomas) 6:17; Easter Gabriel(Thomas) 6:21; Susan Acker(011e) 6:29; Rhonda Acker(011e) 6:31; Grace Alexander(011e) 5:32.

Orlando Recreation Dept. Orlando, Fla. Oct 18. 1½ miles. The 7-9 grade race had no 9th graders and the first 4 slots were 7th graders. 1-Ellen Parkinson (Teague) 8:38; 2-Elaine Dobson(Robinswood) 9:03; 3-Cathy McDonald(Teague) 10:13.

KALEIDOSCOPE

California's Southern Section has apparently approved Cross Country as an officially sanctioned sport for 1976. This year's unofficial slate of some six meets were so popular the interest couldn't be ignored. The distances have yet to be worked out but the sections boys only run 2 miles...The United States Air Force Academy is looking for minority female athletes in track, cross-country, and basketball. Contact Vernon Robinson, (213) 567-3837....Next month's column will feature the WTFW high school records. If you have anything you feel should be considered, forward it to WTFW, H.S. Editor, 627 N. Indian Hill Blvd. Claremont, Calif. 91711.

SAN JOSE STRONG IN PACIFIC

Belmont, California, November 2: The Pacific Assoc. athletes arrived in large numbers to get a 'sneak preview' of the surroundings for the upcoming nationals which are to be hosted by this association later in the month. Seventeen teams took part in the annual affair and no one could manage to dominate more than one division. The women's section was not scored and was held as an exhibition. In the four other divisions, the San Jose Cinderellas, Wills Spiketees, Orinda TC and Cupertino Yearlings shared the team honors. The Results:

Women's: 1-Phyllis Olrich(WVTC) 18:06, 2-Amy Haberman (SJC), 3-Carolyn Tiernan(WVTC), 4-Skip Swannock(WS), 5-Maria Regalado(SVTC). 3 miles, 11 finishers. 14-18: 1-Pam Bowers(SJC) 16:08.9, 2-Suzi Greenberg(SJC), 3-Lisa Greenberg(SJC), 4-Kathy Adams, 5-Pam Allen(IC). 2½ miles, 66 finishers. Team Scores: 1-San Jose Cinderellas 36, 2-San Jose 'B' 70, 3-Lassen Cinderellas 102. 12-13: 1-Roxanne Bier(SJC) 10:49.2, 2-Karen Bain(WS) 11:02, 3-Michelle McKeen(NCTC), 4-Sandy Beauchamp(WS), 5-Anne Regan(Cup). 2 miles, 68 finishers. Team Scores: 1-Wills Spiketees 40, 2-San Jose Cinderellas 64, 3-Redwood City Striders 108. 10-11: 1-Carol Gleason(Cup) 8:33.2, 2-Tiffany Choy(SVTC). 1½ miles, 74 finishers. Team Scores: 1-Orinda TC 68, 2-South Tahoe Steppers 70, 3-Roseville Gazelles 105. 9/Under: 1-Michelle Miller(Appa) 6:18.0, 2-Janice Bain (WS). 1 mile, 59 finishers. Team Scores: 1-Cupertino Yearlings 50, 2-Appaloosa TC 85, 3-Woodside Striders 112.

BROWN-KINSEY (Cont.)

8:10, 7-Tina Choy(SVTC) 8:10, 8-M Johnson(SCC) 8:10, 9-T. Weber(SJC) 8:14, 10-Danielle Mojica(SCC) 8:17. TEAM SCORES: 1-Rialto Roadrunners'A' 38, 2-Blue Angels'A' 54, 3-So Cal Cheetahs 129, 4-Rialto'B' 175, 5-SJ Cinderellas 182. 101 finishers.

9/Under Division: 1-Kathy Kiernan(BA) 6:12.1, 2-C. Bennett(IV) 6:16, 3-M. Miller(ATC) 6:22, 4-S. Cooper (RRR) 6:22, 5-T. Maestos(RRR) 6:23, 6-S. O'Brien(IV) 6:24, 7-C. Quezada(SCC) 6:26, 8-B.Bates(SCC) 6:30, 9-L. Torres(RRR) 6:31, 10-B. Curry(BA) 6:32. TEAM SCORES: 1-Rialto'A' 58, 2-Blue Angels 84, 3-So Cal Cheetahs 110, 4-Quad Cities Cobras 166. 93 finishers.

INDOOR RECORDS

WORLD RECORD

50y	:05.5	Iris Davis (USA)	1973
		Alice Annum (Gha)	1975
50m	:06.0	Barbara Ferrell (USA)	1968
		Renate Stecher (GDR)	1971
55m	:06.1	Renate Meissner (GDR)	1970
60y	:06.5	Wyomia Tyus (USA)	1966
		Iris Davis (USA)	1971
		Mattline Render (USA)	1972
		Alfreda Daniels (USA)	1972
		Angel Doyle (USA)	1975
60m	:07.1	Tatyana Schelkanova (SU)	1962
		Renate Meissner (GDR)	1970
		Sylviane Telliez (Fra)	1973
		Renate Ihle (GDR)	1974
		Irena Szewinska (Pol)	1974
		Martha Watson (USA)	1974
		Ludmila Maslakova (SU)	1974
		Nadya Besfamilnaya (SU)	1974
		Theresa Montgomery (USA)	1974
		Mona-Lisa Pursianen (Fin)	1974
		Annegret Richter (GFR)	1975
70y	:07.5	Wyomia Tyus (USA)	1964
		Jennifer Smart (GB)	1961
70m	:08.7	Christa Stubnick (GDR)	1955
80m	:09.3	Annelie Wilden (GFR)	1971
100y	:10.48	Renate Stecher (GDR)	1974
100m	:11.4	Nadya Besfamilnaya (SU)	1973
200m	:23.4	Rita Wilden (GFR)	1975
220y	:23.6	Rosalyn Bryant (USA)	1975
300y	:34.6	Rosalyn Bryant (USA)	1975
300m	:37.4	Rita Wilden (GFR)	1975
400m	:52.44	Nadyezhda Illyina (SU)	1974
440y	:54.2	Charlotte Cook (USA)	1966
500y	1:04.5	Kathy Hammond (USA)	1972
500m	1:12.1	Brenda Walsh (Can)	1972
600y	1:18.4	Yvonne Saunders (Can)	1974
600m	1:28.8	Renate Siebach (GDR)	1975
800m	2:01.8	Mary Decker (USA)	1974
880y	2:02.4	Mary Decker (USA)	1974
1000y	2:26.7	Mary Decker (USA)	1974
1000m	2:40.2	Francie Larrieu (USA)	1975
1500m	4:09.8	Francie Larrieu (USA)	1975
1 Mile	4:28.5	Francie Larrieu (USA)	1975
3000m	9:02.4	Francie Larrieu (USA)	1974
2 Mile	9:39.4	Francie Larrieu (USA)	1974
1500WK	7:17.0	Sue Brodock (USA)	1973
1 Mile WK	7:28.6	Sue Brodock (USA)	1974
50yH	:06.2	Annelie Ehrhardt (GDR)	1975
50mH	:06.6	Annelie Ehrhardt (GDR)	1972
55m/60yH	:07.4	Karin Balzer (GDR)	1970
		Patty Johnson (USA)	1972
60mH	:07.9	Valeria Bufanu (Rom)	1973
		Grazyna Rabsztyl (Pol)	1974
		Annelie Ehrhardt (GDR)	1974
70yH	:08.8	Mamie Rallins (USA)	1970
100mH	:13.2	Patty Johnson (USA)	1974
		Annelie Ehrhardt (GDR)	1972
HJ	6'4½	Rosemarie Ackerman (GDR)	1975
LJ	21'11½	Meta Antenen (Swi)	1974
SP	69'4	Helena Fibingerova (Cz)	1975
4x110y	:47.4	USA (Reynolds, Hawkins, Cordy, McMillan)	1970
4x160y	1:10.8	USA	1968
4x200m	1:35.7	SU (Besfamilnaya, Popkova, Bucharina, Samotesova)	1970
		GFR (Krause, Richter, Helten, Schroeder)	1973
4x400m	3:36.6	SU (Finogenova, Kamardina, Popkova, Aksenova)	1971
4x440y	3:47.5	USA (McMillan, Toussaint, Fitzgerald, Nichols)	1974
880yMed	1:45.1	USA (Scott, DeBusk, Wilson Ferrell)	1968
4x880y	8:41.6	SU (Ruus, Weingarten, Kasankina, Sabaite)	1972
Pent	4573	Jane Frederick (USA)	1975
		(7.7, 49-3¼, 5-9¼, 19-1¼, 25.40)	

AMERICAN RECORD

:05.5	Iris Davis (TSU)	1973
:06.0	Barbara Ferrell	1968
	No record	
:06.5	Wyomia Tyus	1966
	Iris Davis	1971
	Mattline Render	1972
	Alfreda Daniels	1972
	Angel Doyle	1975
:07.1	Martha Watson	1974
	Theresa Montgomery	1974
	No record	
:07.5	Wyomia Tyus	1964
	No record	
:10.7	Wilma Rudolph	1960
	Kathy Lawson	1974
	No record	
:23.6	Rosalyn Bryant	1975
:23.6	Rosalyn Bryant	1975
:34.6	Rosalyn Bryant	1975
:39.7	Pam Greene	1975
:54.0	Janel Smith	1965
:54.2	Charlotte Cook	1966
1:04.5	Kathy Hammond	1972
1:13.5	Wendy Knudson	1975
1:19.3	Robin Campbell	1974
1:30.1	Robin Campbell	1974
2:01.8	Mary Decker	1974
2:02.3	Mary Decker	1974
2:26.7	Mary Decker	1974
2:40.2	Francie Larrieu	1975
4:09.8	Francie Larrieu	1975
4:28.5	Francie Larrieu	1975
9:02.4	Francie Larrieu	1974
9:39.4	Francie Larrieu	1974
7:17.0	Sue Brodock	1973
7:28.6	Sue Brodock	1974
:06.4	Patty Johnson	1972
	Mamie Rallins	1973
	Lacey O'Neal	1973
	Deby LaPlante	1975
	Patty Johnson	1972
:07.4	Patty Johnson	1974
:08.4	Patty Johnson	1974
:08.8	Mamie Rallins	1970
:13.2	Patty Johnson	1974
6'2½	Joni Huntley	1975
21'4¼	Martha Watson	1973
56'11	Maren Seidler	1974
:47.4	Atoms TC (Reynolds, Hawkins, Cordy, McMillan)	1970
1:10.8	Tennessee State Univ.	1968
1:46.8	Millbrae Lions (Sulinski, Rand, Lewis, Hardeman)	1973
3:54.4	Angels TC (Pirie, Jaton, Johnson, Newing)	1970
3:47.5	Atoms TC (McMillan, Toussaint, Fitzgerald, Nichols)	1974
1:45.1	LA Mercurettes (Scott, DeBusk, Wilson, Ferrell)	1968
	No record	
4573	Jane Frederick	1975

EXCEPTIONS:

American records are also All-Comers records with the following exceptions -

300y, 35.4 by Marilyn Neufville (Jam) 1972;
HJ, 6-1 by Antonina Lazaryeva (SU) and Galina Filatova (SU) 1972;
LJ, 21-5½ by Tatyana Schelkanova (SU) 1966;
SP, 63-31¼ by Nadezhda Chizhova (SU) 1973;
4x160y, 1:10.4 by Atoms TC (Reynolds-Cordy-Hawkins-Brown) 1972;
4x440y, 3:47.0 by Atoms TC (McMillan-Toussaint-Forde-Nichols) 1974;
880yMed, 1:45.0 by Atoms TC (Toussaint-McMillan-Nichols-Forde) 1974.

WORLD EXCEPTIONS:

300m, 38.3 by Karin Lundgren (Swe) made on 300m track in 1970;
600m, 1:29.5 by Waltraud Dietsch (GDR) made on 250m track in 1973;
LJ, 22-1 by Tatyana Schelkanova (SU) in 1966 was never accepted



Women's

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