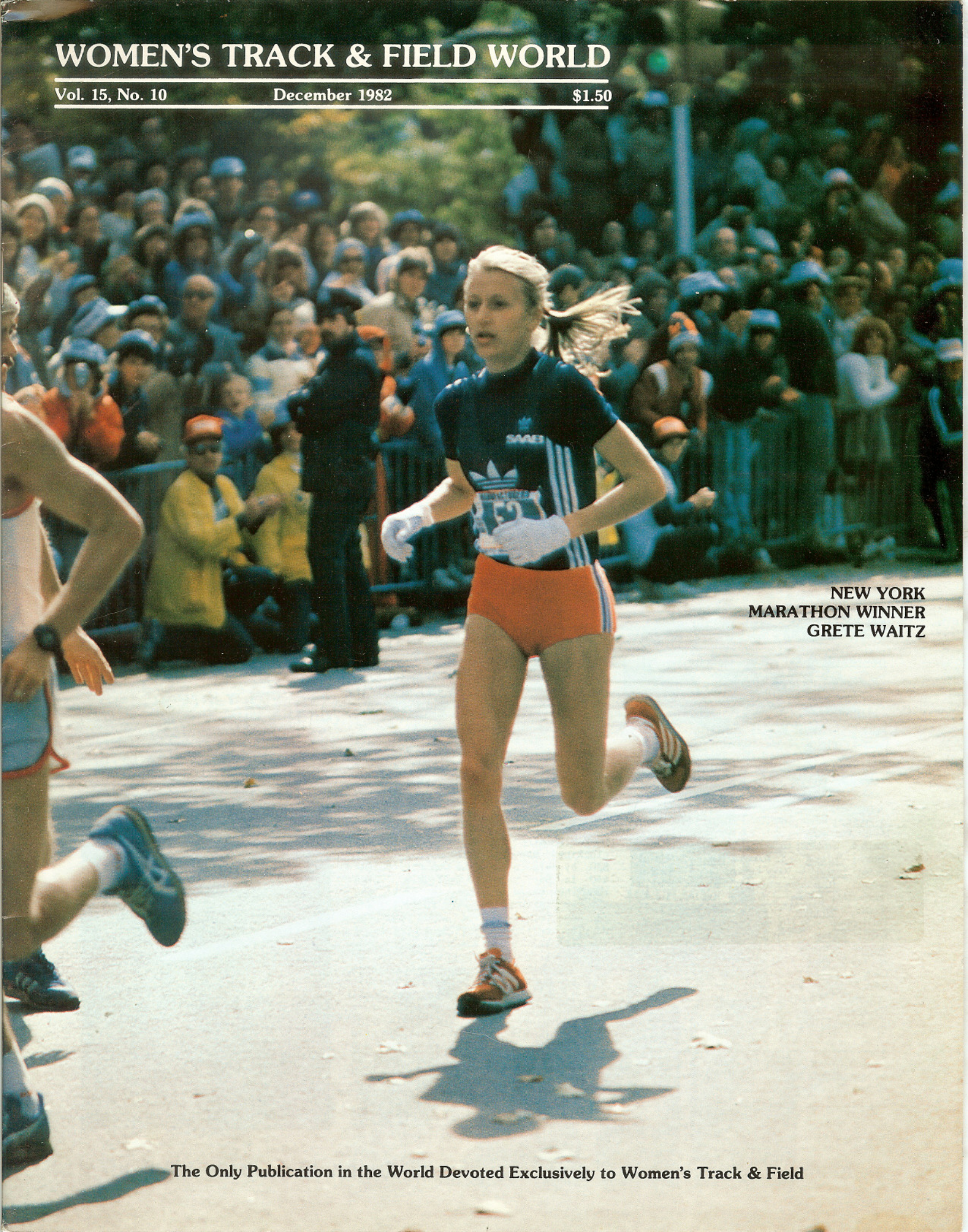


WOMEN'S TRACK & FIELD WORLD

Vol. 15, No. 10

December 1982

\$1.50



**NEW YORK
MARATHON WINNER
GRETE WAITZ**

The Only Publication in the World Devoted Exclusively to Women's Track & Field

REEL OFF

The following should really appear in "Letters", but since we intended to write about the NCAA Championships anyway, we might as well put this letter in this column.

"You're such an expert, what is your prediction for the NCAA Cross Country Championships coming up on November 22?"

Janine Wells
Modesto, Ca

Dear Janine:

"All of us 'experts' make an occasional mistake. In the September issue of WTFW, we listed the predicted Top-10 cross country teams for 1982. Just in case you can't find your September issue, here they are again:

- | | |
|-------------------|---------------|
| 1-Virginia | 6-Iowa State |
| 2-Stanford | 7-Tennessee |
| 3-Oregon | 8-Wisconsin |
| 4-N. Carolina St. | 9-Texas |
| 5-UCLA | 10-Washington |

So much for predictions. UCLA, Texas and Washington have bombed

Continued on page 3

EDITOR & PUBLISHER VINCE REEL

HIGH SCHOOL EDITOR - Rich Ede (714) 624-1484
ROAD RUNNING EDITOR - Jack Welch (503) 641-6453
ADVERTISING DIRECTOR - Jane Stary (714) 624-5955

PHOTOGRAPHERS: Jeff Johnson, Cindy Collins, Bill Leung, Jr., Tony Duffy (England), Mike Bailey (Canada), Gladys Chai (Malaysia), Dodie Bump.

CORRESPONDENTS: South America - Gerardo Bonhoff; Austria - Erich Kemper; Australia - Bernie Cecins; Belgium - Nic Lemmons; Canada - Lyle Sanderson, Ted Radcliffe; Denmark - Palle Lassen; Czechoslovakia - Alfred Janecky, Milan Skocovsky; Finland - Torsten Lindquist; France - Andre Alberty; Africa - Yves Pinaud; East Germany - Ernst Elert, Wolfgang Gitter; West Germany - Heinz Cavalier, Max Heilrath, Fritz Steinmetz; Asia - Rolf Von Der Laage; Greece - Matthew Artavans; England - Andrew Huxtable, Mel Watman; Holland - J. Koumens; Hungary - Gabriel Szabo; Iceland - Oren Eidson; Israel - Abraham Green; Italy - Luigi Mengoni, Roberto Quercetani; Japan - Atsushi Hoshino, Wakaki Maeda; Malaysia - Gurbaksh Singh Kler; Philippines - Sy Yinchow; Puerto Rico - Fernando Rodil; Norway - Erik Aarset, Einar Otto Oren; Rumania - Nicolae Marasescu; South Africa - Gert Le Roux; Spain - Alfonso Posada Sanchez, Jose Corominos; Sweden - Owe Froberg; Turkey - Turhan Goker; USSR - Anatoli Kashcheyev, Ilya Lokshin, Vladimir Okalenko; West Indies - Richard Ashenheim; Yugoslavia - Leo Lang; USA - Lester B. Hansen and 1423 SID's.

"Women's Track and Field World" is published monthly for \$14 per year by S. F. Vincent Reel, PO Box 371, Claremont, California 91711.

Cover photo of Grete Waitz running the New York Marathon by Victor Sailor.

KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE
KALEIDOSCOPE

Loren Seagrave, formerly at Wisconsin, is now assistant coach at Tennessee in charge of sprints, hurdles and jumps...Lexie Miller, now Lexie Miller Beck, the record holder in the hurdles at Oregon, is recovering from knee surgery...Eastern Washington will red-shirt three xc aces: Kathy Ayers, Jani Smith and Cheryl Flom. All were on the injured list...The IAAF Medical Committee has recommended international marathons be limited to runners 18 years of age and older. As it now stands, one may compete in the Olympics at age 14....Carleton College, with an enrollment of only 1700 including men, has more than 40 runners on its women's cross country roster...Ex pentathlete Babe Shepherd won the "Pacific Northwest Body Building Championship" in Seattle last June....

Leann Warren's recent operation was orthoscopic knee surgery to remove a fold in the synovial tissue. She's expected back for the track season...Park College xc runners have been finishing so close together the media has dubbed them "The Wall"...TAC cross country championships have been moved from November 27 to november 28 and will be held at The Meadowlands, site of the 1984 World Cross Country Championships....Interesting note: The Los Angeles Times carried a sports front page story covering the New York Marathon. It was a good story and long - used up 50 inches of space. Out of these 50 inches, there were two lines about Allison Roe (who didn't compete), 4 lines about winner Grete Waitz and 1 1/2 lines about Julie Brown. Mayhap you'd like to write the paper and compliment reporter Alan Greenberg on his coverage....

When Marica Puica broke Mary Decker's mile record with her 4:17.44 clocking, she was paced over the first 880 by Jolanta Januchta who covered the 440 in 64, the 880 in 2:08.9. Puica ran the third quarter in 63.47, the fastest split of the race (3:12.33) and ran the final 440 a shade over 65, passing the 1500 in 3:59.57....

Time for some Names I Like: How about Occidental distancer Sue Loo for a rhymer Ohio State boasts Caren Yiamouyiannis and Heidi Bible. Lowell has Lisa Slabacheski, Toledo has Connie Szczublewski and Fabiola D'Amicone runs for Cleveland State. Officials might check a couple of finishers at the Rice Invitational; Tank Murtagh of LSU and Sam Lozano of Pan American snuck in there. More twins? Linda and Lisa English of Biscayne College. Then there's Laurie Dady from Santa Fe CC, Lisa Terrafirma is a Florida high schooler, Nancy Tan Yuk goes to Millersville, Herdi Zieglschmitt is at

North Texas State, Liz Stopper (UTSA), Vivian Horsey (Towson), Cricket Batz (Penn), Rose Glah (West Chester), B. Good (La Salle), Mary Amen (Nebraska), Jenny Upp (Illinois State), Macie Whang (Cal), Ellen Alsobrook (Georgia), and Kristen Winjum (Iowa). Who has the most double letters in their name? We thought it might be Colleen Coogan of Fordham, but along came Dove Morrossette from Miami who had three doubles in only one name. Shortest Name Contest - J'Ne Day of Northern Iowa has one "" (figure that out) more than Sue Alm of Minnesota. Names are fun, aren't they. Well, aren't they? For the old timers reading this, Connie Mack runs for Southwest Texas.

Judi St. Hilaire is assistant at Boston College...The NCAA Indoor Championships will be a boy-girl affair for the first time. The wise ones administering the meet have cut out the 3 mile and the distance medley. Meet will be March 12-13 at Pontiac, Michigan...It's a good bet, the 1996 Olympics will be in Athens....Did you note the third placer in the speed event 100 meters at the European Championships was 30-year old Rose-Aimee Bacoul of France?...The new world record holder in the high jump, Ulrike Meyfarth, has an advantage. She's 6'2....

New kid on the block is the University of Texas at San Antonio, now in its second year of intercollegiate competition. Top runner is Wendy

Continued on page 3



WENDY NORMAN

REEL OFF

completely, the Bruins finishing fifth in their own Conference, for example. North Carolina State has not had a good year, although they would probably still be ranked in the top 10.

The Championship itself will come down to the three teams listed 1-2-3 in the above Top-10 List: Virginia, Stanford and Oregon. The Ducks are a long shot. They lost Leann Warren with a knee operation in early season and their top runner, Kathy Hayes, has been able to compete only twice - winning by large margins both times. If Hayes is healthy, Oregon could challenge the other two, but they'll probably finish no better than third. How can anyone expect to beat Virginia? They won the NCAA last year and return the entire Championship squad. They have only eight members on their roster, but five of them are All-Americans. And they have stayed relatively healthy during the season. Their coaches have been able to continue winning without using any ailing athletes. They will certainly be at full strength in Bloomington.

Stanford, like Virginia, has been routing all opposition all season. Their top three, Ceci Hopp, Alison Wiley and Kim Schnurpfeil, have massacred everyone on the West Coast. Stanford's problems come along after these three have crossed the finish line. If the Cardinal supporting cast comes through, they can make a very close contest out of it all and perhaps even win it all. Regina Jacobs, known

only as a two lapper, has been a pleasant surprise over the 5000m distance, but PattiSue Plumer has not performed at all and Ellen Locke has been up and down when she competed.

Take the top three from Virginia (O'Connor, Haworth and a Welch) and match them even with Stanford's top three and the result will be determined by the next two or three finishers. And here Virginia has the edge. Left to score for the Cavaliers is a second Welch, Martha White and Marisa Schmitt. Remaining for Stanford is Diana Gong, Jacobs, Locke, Lyons, Plumer. More numbers than Virginia, but less talent.

And so I pick Virginia, Stanford, Oregon for 1-2-3 at Bloomington. But don't bet the family jewels on it.

KALEIDOSCOPE

Norman, a freshman from Guilford, England. Wendy was the individual champion at the World Pentathlon Championships held this summer in France. The Roadrunners are progressing nicely, thank you, and hope to add their UTSA to the now famous IUTEP.

When Rumania's Maricicia Puica broke Mary Decker's world mile record, her splits were 64.02-2:08.86-3:12.33 and she passed the 1500m mark in 3:59.57. Her's was not the only swift time in that race. Place winners were 4:25.93 for Germany's Brigitte Keaus, 4:27.52 for third placer Gargao and 4:29.23 for Possamai, both of Italy....Wyoming University staff of coaches for their

women's cross country includes Jeff Fuller, Jim Sanchez, Ben Paolillo, Juanita (Neff) Jones, Joe Nzau, Laura Anderson and Karen Sanford. That's enough people to enter as a team in an open meet!....The 1983 Houston-Tenneco Marathon is set for January 16. Offering \$75,000 in prize money, they are expecting some 3500 entries (men and women). Contact them at PO Box 56682, Houston, Texas 77027....San Francisco State University will put on a Women's Heptathlon, February 25/26. Contact Lloyd Wilson, SF State University, SF, Ca 94132....Wanta couple more Names I Like? Here they are anyway - Ally Samba, a shot putter from Mauritania, Delight Chambers of Brevard CC, Dove Morrisette from Miami, sprinter Shitandayi of Kenya and Kaki Crowley from Santa Clara...



Letters

"My sincere thanks for your "Handy Alibi Sheet". I have xeroxed an ample supply of copies for my athletes. Some of those alibis I have heard verbatim many, many times. Perhaps the athletes will realize how weak their 'reasons for losing' are when they see the excuse in print."

Name withheld by request

WOMENS TRACK AND FIELD WORLD
(SECOND CLASS PENDING AT CLAREMONT 91711)
PUBLISHED MONTHLY FOR \$14.00 PER YEAR
BY WOMENS TRACK AND FIELD, PO BOX 371
CLAREMONT, CA. 91711
SECOND CLASS POSTAGE PAID AT CLAREMONT,
CA. 91711
POSTMASTER SEND ADDRESS CORRECTION
TO: WOMENS TRACK AND FIELD WORLD
P. O. BOX 371
CLAREMONT, CA. 91711

...unquestioned. That means Gill equipment for practice as well as competition. If you're reaching for the peak with a track and field program, you'll want Gill equipment beside you.

Write for a free copy of the Gill catalog:
Harry Gill Co.
201 Courtesy Road
Urbana, IL 61801
217-367-8438

GILL

ECONOMY

QUALITY

ACCURACY

The most exacting standards in manufacturing Track & Field equipment.

COMMONWEALTH GAMES

Brisbane, Australia, October 3/9: England and Australia, as usual, dominated the 1982 version of the Commonwealth Games. Each nation collected four gold medals and using the standard six-place scoring, England pipped the Aussies 144-132 for the unofficial title.

There were some fine performances, many of which, unfortunately, were negated by the well-known Australia wind. Canada's Angella Taylor managed a legal 11.00 to win the 100 over Jamaica's Merlene Ottey (11.03) after running a wind-aided 10.92 semi-final. Ottey came back to nip Kathy Smallwood in the 200 22.19 to 22.21 with Taylor crossing in 22.48. Taylor had a busy week with both sprints and both relays and found herself an unpopular heroine in the meet's final event, the 4x400. Never having been under 52 seconds, Taylor took the baton with a 3 meter lead over 400m champ Raelene Boyle, who was running her last international race. But in front of the home crowd, Boyle could not catch Taylor in spite of a 50.1 leg. Taylor was given 50.6 for her lap.

Not too much excitement (as far as time goes) in the distances, but all were very competitive. The hurdles produced some fast wind-aided marks in the short race and a surprise in the one lap barriers as Uganda's unknown Ruth Kyasisiima sped 57.10 to grab the silver behind Australia's Debbie Flintoff (55.89).

In the field, Scotland's Meg Ritchie, never known to be a great performer in the big meets, finally got the monkey off her back and won the disc over Australia's Gael Mulhall. Mulhall was also second in the shot behind world power-liftin champion Judith Oakes of England. Australia picked up 1-2-4 in the javelin and won the heptathlon to help their cause.

In the jumps, Shonel Ferguson of the Bahamas (and DC International Track Club) leaped 22'8 to capture the event by an inch over Australia's Robyn Strong. Both jumps were wind-aided but still lengthy. Debbie Brill won the high jump but was far short of her best with a winning height of only 6'2, same height as runner-up Chris Stanton of Australia.

One point we "foreigners" would like cleared up: will someone explain the "Commonwealth Games" makeup. It seems to us outsiders that performers from the English isle get several chances of making "teams" what with a team from England, a team from Wales, a team from Scotland, a team from Northern Ireland, a team from the Isle of Man all coming from the kingdom.

There were a number of US collegians taking part including Ottey, Ferguson, Ritchie, Julie White, Leleith Hodges, Grace Jackson, Cathy Rattray, Charmaine Crooks, Marita Payne, June Griffith and Rosemarie Hauch.



Raelene Boyle (Australia) doesn't quite catch Angella Taylor (Canada) in the Commonwealth Games final event, the 4x400. Boyle, a 1968 Olympic sprint medalist, was the 1982 CG 400 champ and Taylor the 100 champ. Taylor covered her 400 in 50.6 and Boyle in 50.1. (Mark Sherman photo from "Athletics Weekly").



Shot put champion Judy Oakes of England. (Mark Sherman photo from "Athletics Weekly").



Lorraine Moller (493) leads the 1500m final from Chris Boxer (214) and Gillian Dainty. (Mark Sherman photo from "Athletics Weekly").

Commonwealth Games

100 METERS

HEATS: (First 4 and 2 fastest losers to semis), Heat 1, (+1.0), 1-Taylor (Can) 11.32, 2-Oakes (Eng) 11.36, 3-Hodges (Jam) 11.69, 4-Bernard (Tri) 11.71, 5-Mokogwu (Nig) 11.87, 6-Aidoo (Gha) 12.17, 7-Shitandayi (Ken) 12.21, 8-Ndow (Gam) 12.38; Heat 2 (+2.8), 1-Ottey (Jam) 11.00w, 2-Ubah (Nig) 11.27, 3-Davey (Aus) 11.40, 4-Kyomo (Tan) 11.71, 5-Forde (Tri) 11.81, 6-Armah (Gha) 11.86, 7-Freeman (Gam) 12.44; Heat 3 (+4.4), 1-Bailey (Can) 11.30, 2-Hoyte (Eng) 11.36, 3-Lynch (Aus) 11.39, 4-Ogunde (Nig) 11.57, 5-Afriye-Mensah (Gha) 11.76, 6-Owen (Isle of Man) 11.90, 7-Adala (Ken) 11.95; Heat 4 (+3.4), 1-Pekin (Aus) 11.25, 2-Lannaman (Eng) 11.41, 3-Jackson (Jam) 11.46, 4-Brothers (Can) 11.80, 5-Odhiambo (Ken) 11.94, 6-Caddie (Bar) 11.96, 7-Jawo (Gam) 12.16.

SEMI-FINALS: (First 4 and fastest loser to final), Semi 1, (+3.2) 1-Ottey (Jam) 11.02w, 2-Bailey (Can) 11.24, 3-Pekin (Aus) 11.29, 4-Oakes (Eng) 11.32, 5-Lynch (Aus) 11.42, 6-Hodges (Jam) 11.69, 7-Ogunde (Nig) 11.75, 8-Brothers (Can) 11.79, 9-Forde (Tri) 11.89. Semi 2 (+3.4), 1-Taylor (Can) 10.92, 2-Hoyte (Eng) 11.18, 3-Ubah (Nig) 11.18, 4-Davey (Aus) 11.24, 5-Lannaman (Eng) 11.28, 6-Jackson (Jam) 11.45, 7-Kyomo (Tan) 11.59, 8-Bernard (Tri) 11.61, 9-Afriye-Mensah (Gha) 11.92.

FINAL, (+1.4), 1-Angella Taylor (Can) 11.00, 2-Merlene Ottey (Jam) 11.03, 3-Colleen Pekin (Aus) 11.24, 4-Angela Bailey (Can) 11.30, 5-(Tie) Wendy Hoyte (Eng) and Rufina Ubah (Nig) 11.31, 7-Heather Oakes (Eng) 11.39, 8-Helen Davey (Aus) 11.44, 9-Sonia Lannaman (Eng) 11.48.

200 METERS

HEATS: (First four and two fastest losers to semis), Heat 1, (-2.2), 1-Smallwood (Eng) 23.48, 2-Pekin (Aus) 23.80, 3-Killingbeck (Can) 24.34, 4-Mokogwu (Nig) 24.48, 5-Joyce Odhiambo (Ken) 24.67, 6-ry Afriye-Mensah (Gha) 24.80, 7-Jawo (Gam) 25.30, Scutt (Wales) did not start; Heat 2, (-1.1), 1-Taylor (Can) 23.82, 2-Jackson (Jam) 24.09, 3-Flaherty (Aus) 24.25, 4-Smart (Wales) 24.35, 5-Ogunde (Nig) 24.57, 6-Angela Williams (Tri) 24.74, 7-Armah (Gha) 25.01, 8-owen (IoM) 25.61; Heat 3, (+0.3), 1-Boyd (Aus) 23.89, 2-Barnett (Eng) 24.10, 3-Ubah (Nig) 24.31, 4-Bailey (Can) 24.73, 5-Alice Adala (Ken) 24.51, 6-Ndow (Gam) 25.85, 7-Estelle (Vanuatu) 27.64; Heat 4, (-2.3), 1-Ottey (Jam) 23.73, 2-Callender (Eng) 24.05, 3-Whittaker (Scot) 24.28, 4-Kyomo (Tan) 24.33, 5-McMillan (Tri) 24.45, 6-Ruth Waithira (Ken) 25.13, 7-Buala (Pap/NH) 25.69.

SEMI-FINALS: (First four and fastest loser to final), Semi 1, (-3.9), 1-Smallwood (Eng) 23.45, 2-Pekin (Aus) 23.53, 3-Taylor (Can) 23.55, 4-Jackson (Jam) 23.66, 5-Jenny Flaherty (Aus) 23.93, 6-Rufina Ubah (Nig) 24.20,



7-Sandra Whittaker (Scot) 24.22,
8-Maxine McMillan (Tri) 24.90, 9-Tutu
Ogunde (Nig) 24.60; Semi 2, (-2.4),
1-Ottoy (Jam) 22.70, 2-Callender (Eng)
23.02, 3-Boyd (Aus) 23.10, 4-Bailey
(Can) 23.44, 5-Barnett (Eng) 23.63,
6-Carmen Smart (Wales) 23.91, 7-Molly
Killingbeck (Can) 24.16, 8-Nzael Kyomo
(Tan) 24.24, 9-Elizabeth Mokogwu (Nig)
24.39.

FINAL: (+2.5), 1-Merlene Ottoy (Jam)
22.19w, 2-Kathy Smallwood (Eng) 22.21,
3-Angella Taylor (Can) 22.48, 4-Denise
Boyd (Aus) 22.72, 5-Colleen Pekin (Aus)
22.89, 6-Beverly Callender (Eng) 22.92,
7-Grace Jackson (Jam) 23.25, 8-Angela
Bailey (Can) 23.42, 9-Helen Barnett
(Eng) 23.57.

400 METERS

HEATS: (First 5 and 3 fastest losers to
semis), Heat 1, 1-Macdonald (Scot)
52.70, 2-Boyle (Aus) 52.71,
3-Killingbeck (Can) 53.03, 4-Robertson
(NZ) 53.39, 5-Addy (Gha) 53.69,
6-Smart (Wales) 53.82, 7-Waithira (Ken)
54.85, Forsyth (Eng) did not finish;
Heat 2, 1-Hoyte-Smith (Eng) 52.50,
2-Ratray (Jam) 53.20, 3-Corcoran (Aus)
53.64, 4-Payne (Can) 53.71, 5-Bridgeman
(Scot) 53.91, 6-Yolanda Small (Tri)
56.32, 7-Atuti (Ken) 56.52, 8-Buala
(Pap/NG) 57.81; Heat 3, 1-Scutt (Wales)
52.49, 2-Taylor (Eng) 52.64, 3-Evans
(Aus) 53.02, 4-Crooks (Can) 53.10,
5-Griffith (Guy) 53.72, 6-Sowunmi (Nig)
56.20, 7-Rose Tata-Muya (Ken) 56.27,
8-Estelle (Vanuatu) 59.85.

SEMI-FINALS: (First 4 and fastest loser
to final), Semi 1, 1-Hoyte-Smith (Eng)
52.26, 2-Boyle (Aus) 52.64, 3-Griffith
(Guy) 52.88, 4-Robertson (NZ) 52.94,
5-Killingbeck (Can) 53.04, 6-Maxine
Corcoan (Aus) 53.29, 7-Marita Payne
(Can) 54.06, 8-Carmen Smart (Wales)
54.75, Addy did not finish; Semi 2,
1-Scutt (Wales) 52.86, 2-Macdonald
(Eng) 53.21, 3-Taylor (Eng) 53.28,
4-Crooks (Can) 53.34, 5-Cathy Ratray
(Jam) 53.60, 6-Leanne Evans (Aus)
53.60, 7-Angela Bridgeman (Scot) 54.09,
8-Sadia Sowunmi (Nig) 54.43, 9-Ruth
Waithira (Ken) 56.37.

FINAL, 1-Raelene Boyle (Aus) 51.26,
2-Michele Scutt (Wales) 51.97, 3-Joslyn
Hoyte-Smith (Eng) 52.53, 4-Gladys
Taylor (Eng) 52.56, 5-Kim Robertson
(NZ) 53.02, 6-Molly Killingbeck (Can)
53.10, 7-Charmaine Crooks (Can) 53.16,
8-June Griffith (Guy) 53.67, 9-Linsey
Macdonald (Eng) 53.87

800 METERS

HEATS: (First 4 and fastest loser to
final), Heat 1, 1-Clarkson (Scot)
2:04.06, 2-Baker (Eng) 2:04.11, 3-Cater
(Aus) 2:05.17, 4-Adiru (Uga) 2:05.39,
5-Gendron (Can) 2:06.23, 6-Cathy
Ratray (Jam) 2:10.22, 7-Hildah Musopa
(Zam) 2:10.41, Fwamba (Ken) did not
finish; Heat 2, 1-Hassan (Eng) 2:05.51,
2-McDermott (Wales) 2:05.91, 3-Hughes
(NZ) 2:06.52, 4-Barralet (Aus) 2:06.97,
5-Carol Lightfoot (Scot) 2:09.66,
6-Clara Bwalei (Ken) 2:10.57, 7-Saltia
Muga (Pap/NG) 2:16.27.

FINAL, 1-Kristy McDermott (Wales)

2:01.31, 2-Anne Clarkson (Scot)
2:01.52, 3-Helen Barralet (Aus)
2:01.70, 4-Terri-Anne Cater (Aus)
2:01.91, 5-Shireen Hassan (Eng)
2:02.21, 6-Lorraine Baker (Eng)
2:03.17, 7-Christine Hughes (NZ)
2:04.87, 8-Francine Gendron (Can)
2:06.21, 9-Evlyn Adiru (Uga) 2:06.23.

1500 METERS

HEATS: (First 4 and 2 fastest losers to
final), Heat 1, 1-Lock (Wales) 4:15.12,
2-Dainty (Eng) 4:15.25, 3-Fitch (Can)
4-15.36, 4-Chepchirchir (Ken) 4:16.09,
5-Rodger (NZ) 4:16.87, 6-Debbie Scott
(Can) 4:18.90, 7-Linah Cheruiyot (Ken)
4:22.79, 8-Daphne Stevens-Grehan (Aus)
4:25.00, 9-Overall (NZ) 4:33.23; Heat
2, 1-Boxer (Eng) 4:16.32, 2-Moller (NZ)
4:17.45, 3-Hollick (Wales) 4:17.72,
4-Pilling (Eng) 4:18.02, 5-Murray
(Scot) 4:18.36, 6-Francine Gendron
(Can) 4:22.06, 7-Sloane (Aus) 4:30.51,
8-Muga (Pap/NG) 5:01.68.

FINAL, 1-Christine Boxer (Eng) 4:08.28,
2-Gillian Dainty (Eng) 4:10.80,
3-Lorraine Moller (NZ) 4:12.67,
4-Dianne Rodger (NZ) 4:13.10, 5-Geri
Fitch (Can) 4:13.40, 6-Kim Lock (Wales)
4:14.02, 7-Kathryn Pilling (Eng)
4:14.86, 8-Hilary Hollick (Wales)
4:15.69, 9-Justina Chepchirchir (Ken)
4:15.86, 10-Yvonne Murray (Scot)
4:16.59.

3000 METERS

FINAL, 1-Anne Audain (NZ) 8:45.53,
2-Wendy Smith (Eng) 8:48.47, 3-Lorraine
Moller (NZ) 8:55.76, 4-Dianne Rodger
(NZ) 9:06.05, 5-Bev Bush (Can) 9:12.02,
6-Geri Fitch (Can) 9:12.78, 7-Deborah
Peel (Eng) 9:15.40, 8-Justina
Chepchirchir (Ken) 9:15.40, 9-Hilary
Hollick (Wales) 9:18.33, 10-Yvonne
Murray (Scot) 9:21.45, 11-Linah
Cheruiyot (Ken) 9:26.58, 12-Debbie
Scott (Can) 9:32.20, Ruth Smeeth (Eng)
and Chepkeboi (Ken) did not finish.

100m HURDLES

Heats: (First 4 and fastest loser to
final), Heat 1 (+1.6), 1-Boothe (Eng)
13.07, 2-Nelson (Can) 13.32,
3-Malgadey-Forgrave (Can) 13.38,
4-Livermore (Eng) 13.42, 5-Low (Aus)
13.85, 6-Genge (NZ) 13.86, 7-Girvan
(Scot) 13.89, 8-Coetzee (Zim) 15.49;
Heat 2 (+1.1), 1-Strong (Eng) 13.13,
2-Nunn (Aus) 13.32, 3-Kameli (Can)
13.42, 4-McMaster (Scot) 13.60, 5-Usifo
(Nig) 13.71, 6-Beasley (Aus) 13.77,
7-Caddle (Bar) 13.97, 8-Rodgers (N.Ire)
14.52.

FINAL, (+4.50), 1-Shirley Strong (Eng)
12.78, 2-Lorna Boothe (Eng) 12.90,
3-Susan Kameli (Can) 13.10, 4-Karen
Nelson (Can) 13.10, 5-Judy Livermore
(Eng) 13.25, 6-Glynis Nunn (Aus) 13.31,
7-Sylvia Malgadey-Forgrave (Can) 13.38,
8-Maria Usifo (Nig) 13.39, 9-Elaine
McMaster (Scot) 13.57.

400m HURDLES

HEATS, (First 4 and fastest loser to
final), Heat 1, 1-Flintoff (Aus)
57.44, 2-Kyalisiima (Uga) 58.22, 3-Wray
(Eng) 59.00, 4-Southerden (Scot) 59.48,
5-Wall (Can) 59.92, 6-Genge (NZ) 60.18,
7-Fryar (Wales) 60.50, Verona Elder
(Eng) and Caddle (Bar) did not finish.
Heat 2, 1-Foreman (Aus) 58.69, 2-Page
(Can) 59.22, 3-Morley (Eng) 59.92,
4-Farmer (Jam) 60.06, 5-Robson (NZ)
61.17, 6-Wright (Can) 61.19, 7-Owen
(Wales) 62.84, Rose Tata-Muya (Ken) did
not finish.

FINAL: 1-Debbie Flintoff (Aus) 55.89,
2-Ruth Kyasisiima (Uga) 57.10, 3-Yvette
Wray (Eng) 57.17, 4-Sue Morley (Eng)
57.57, 5-Lynette Foreman (Aus) 57.62,
6-Andrea Page (Can) 57.70, 7-Gwen Wall
(Can) 58.49, 8-Margaret Southerden
(Scot) 58.86, 9-Sandra Farmer (Jam)
59.07.

4x100m RELAY

1-England 43.15
(Hoyte-Smallwood-Callender-Lannaman)
2-Canada 43.66
(Bailey-Payne-Taylor-Killingbeck)
3-Jamaica 43.69
(Hodges-Ottoy-Ratray-Jackson)
4-Australia 43.84
(Flaherty-Boyd-Pekin-Davey)
5-Nigeria 44.60
(Mokogwu-Usifo-Ogunde-Ubah)
6-Trinidad 44.74
(Bernard-Forde-McMillan-Williams)
7-Ghana 45.93
(Armah-Addy-Aidoo-Mensah)
8-Kenya 46.13
(Shitandayi-Waithira-Odhiambo-Adala)
9-Gambia 47.51
(Freeman-Ndow-Jawo-Jatto)

4x400m RELAY

1-Canada 3:27.70
(Crooks-Richardson-Killingbeck-Taylor)
2-Australia 3:27.72
(Evans-Boyd-Flintoff-Boyle)
3-Scotland 3:32.92
(Whittaker-Clarkson-Bridgeman-Macdonald)
4-England 3:35.35
(Wray-Taylor-Smallwood-Hoyte-Smith)
5-Wales 3:35.76
(Smart-McDermott-Fryar-Scutt)
6-New Zealand 3:40.63
(Genge-Hughes-Robson-Robertson)
7-Kenya 3:40.77
(Atuti-Adala-Tata-Muya-Waithira)

HIGH JUMP

1-Debbie Brill (Can) 6'2, 2-Chris
Stanton (Aus) 6'2, 3-Barbara Simmonds
(Eng) 6'0, 4-Brittne Reid (Can) 6'0,
5-Vanessa Brown (Aus) 6'0, 6-Diana
Elliott (Eng) 5'10 3/4, 7-Ann-Marie
Cording (Eng) 5'10 3/4, 8-Katrina Gibbs
(Aus) 5'10 3/4, 9-McPeake (Nig) 5'8
1/2, 10-(Tie) Julie White (Can) and Fay
(Nig) 5'8 1/2, 12-Coetzee (Zim) 5'5,
13-Owen (Wales) 5'5.

LONG JUMP

1-Shonel Ferguson (Bah) 22'8w, 2-Robyne
Strong (Aus) 22'7w, 3-Bev Kinch (Eng)
22'3w, 4-Linda Garden (Aus) 21'5 1/4w,

COMMONWEALTH GAMES (CONTINUED)

5-Sue Hearnshaw (Eng) 21'4w, 6-Maria Teloni-Lambrou (Cyp) 20'11 1/4, 7-Glynis Nunn (Aus) 20'11 1/4w, 8-Pam Hendren (NZ) 20'9 1/4w, 9-Hodgins (NZ) 20'7w, 10-Regan (Wales) 20'2 1/2.

SHOT PUT

1-Judy Oakes (Eng) 58'9 1/2, 2-Gael Mulhall (Aus) 58'0 1/4, 3-Rosemarie Hauch (Can) 54'10, 4-Bev Francis (Aus) 53'9 3/4, 5-Angela Littlewood (Eng) 52'4 3/4, 6-Carmen Ionescu (Can) 51'10, 7-Meg Ritchie (Scot) 51'3 1/2, 8-Mariette Van Heerden (Zim) 46'7 1/4, 9-Hughes (NZ) 46'4 1/4, 10-Olaba (Ken) 42'1 1/2, 11-Malit (Ken) 41'3 3/4, 12-Ally Samba (Mau) 37'3 3/4

DISCUS THROW

1-Meg Ritchie (Scot) 206'7, 2-Gael Mulhall (Aus) 192'5, 3-Lynda Whitley (Eng) 179'9, 4-Carmen Ionescu (Can) 178'10, 5-Mariette Van Heerden (Zim) 175'3, 6-Venissa Head (Wales) 166'2, 7-Leslie Bryant (Eng) 164'9, 8-Janette Picton (Eng) 156'10, 9-Vibose (Fij) 135'8, 10-Alyek (Uga) 131'9, 11-Malit (Ken) 124'3, 12-Bechard (Mau) 123'10.

JAVELIN THROW

1-Suzanne Howland (Aus) 211'6, 2-Petra Rivers (Aus) 204'4, 3-Fatima Whitbread (Eng) 193'1, 4-Pam Matthews (Aus) 181'0, 5-Monique Lapres (Can) 171'7, 6-Celine Chartrand (Can) 164'6, 7-Sharon Gibson (Eng) 162'7, 8-Mereoni Vibose (Fij) 155'2, 9-Elizabeth Olaba (Ken) 134'4, 10-Sakala (Zim) 3 fouls.

HEPTATHLON

1-Glynis Nunn (Aus) 6282 (13.33-43'8 1/2-5'9 3/4-24.12-21'4 1/4-115'10-2:12.17), 2-Judy Livermore (Eng) 6214 (13.22-43'8 1/2-5710 3/4-25.01-20'0 1/4-127'2-2:12.11), 3-Jill Ross (Can) 5981, 4-Kathy Warren (Eng) 5692, 5-Terry Genge (NZ) 5679, 6-Julie White (Can) 5575, 7-Jocelyn Illar (Aus) 5505, 8-Connie Polman-Tuin (can) 5333, 9-Karen Forbes (NZ) 5288, 10-Sarah Owen (Wales) 5227, 11-Fridah Kiptala (Ken) 5032, 12-Elizabeth Olaba (Ken) 4664, 13-Harders (Aus) did not finish.

UNOFFICIAL SCORING (10-8-6-4-2-1), First places in parenthesis.

1-England	(4)	144	1/2
2-Australia	(4)	132	
3-Canada	(3)	89	
4-New Zealand	(1)	35	
5-Scotland	(1)	24	
Jamaica	(1)	24	
7-Wales	(1)	22	
8-Bahamas	(1)	10	
9-Uganda		8	
10-Nigeria		3	1/2
11-Zimbawi		2	
12-Trinidad		1	
Cyprus		1	

The following did not score: Barbados, Ghana, Gambia, Fiji, Vanuatu, Guyana,

Hong Kong, Mauritania, Isle of Man, Northern Ireland, India and Papua/New Guinea.

MARGARET DAVIS

From Iowa State Sports Information

For Margaret Davis, winning the Iowa State Cross Country Invitational last October 2 was a long time coming. The sophomore, who earned All-American honors last season by finishing eighth in the AIAW national championships, spent all of last year running in a shadow.

Davis placed second in five of seven meets last year, including the Big Eight Championships. But she was only Iowa State's second-best runner because Dorthe Rasmussen beat her those five times. This year, however, Rasmussen, who led the Cyclones to their fifth national championship last year, isn't around.

Winning the Invitational championship meant a lot to Davis, who came to ISU with high credentials from Scenic Bluffs High School in Ontario, Wisconsin. "It was our home course and I really wanted to be first for our school. Now I know I can win for ISU," Davis said.

Davis' time was 17:10 over the 5000 meter course at Veenker Memorial Golf Course. She finished just ahead of promising ISU freshman Suzanne Youngberg of Essex who ran the course in 17:13.

Cyclone cross country coach Ron Renko noted that Davis sets very high goals for herself and then has the desire to achieve them, which sets her apart from many athletes. "That is probably her major asset," Renko said. "She expects perfection from herself and she is highly motivated. She's one who wants to be the best at everything she does."

Running behind Rasmussen last year was tough for Davis. She was a consistent winner in high school, but wasn't highly recruited by major colleges because she was from a small school. Coming in second last year gave her a goal.

"Dorthe gave me something to shoot for. I kept coming in second and had to keep telling myself that for now she was better than I, but maybe in the future I will be that good."

Davis' major goals are for the team to return to the national meet and for her to finish high in that meet. "I want to do well, so the team will do well."

Davis roomed with Rasmussen last year and credits the Danish runner with helping her. "Last year I was really tense and nervous. Dorthe told me to calm down; she taught me how to relax."

Renko compares Davis' rise from a small school champion to a top intercollegiate runner to finding a diamond in the rough. "Margaret was a good runner in high school, but Wisconsin is full of fine runners. She was from a small school and most coaches went for the fine runners from large schools who were diamonds already cut. Margaret just needed better facilities and tougher competition to make her shine."

GO FOR IT!



photo by Kay King Nealy

JOIN THE WOMEN WHO ARE SERIOUS ABOUT EXERCISE,

Body & Power covers it all

- The Competition
- The Competitors
- The Personalities
- The Pictures

Subscribe now to:

BODY & POWER
Magazine

Save \$6.00 Off
The Newsstand Price

Mail to:
BODY & POWER
Magazine
P.O. Box 1084
Reseda, CA 91335

Enclosed is my check for:

6 Issues — \$10.00

12 Issues — \$18.00

NAME _____

ADDRESS _____

CITY/STATE _____

ZIP _____

Outside the U.S.A. add \$5.00
payable in U.S. Funds.

CROSS COUNTRY RESULTS

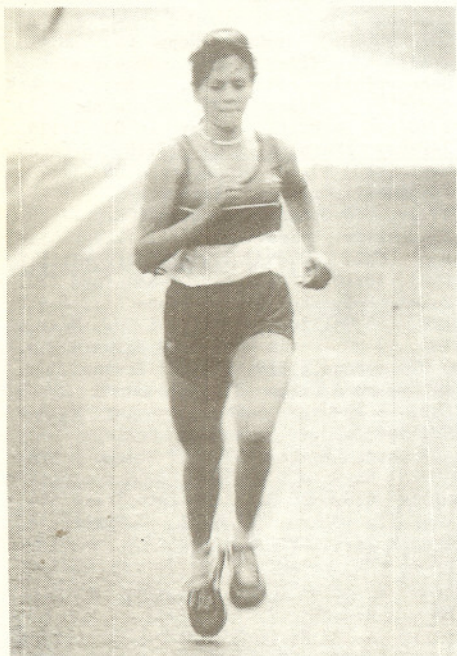
AVON PUERTO RICO RUN

San Juan, Puerto Rico: Sixteen year old Ileana Arroyo of Cabo Roho outdistanced a record field of 427 women runners as the Avon International Running Circuit made its debut on the island of Puerto Rico. The 7k loop wound its way through the narrow cobble-stone street and then through the historic gates of Old San Juan. Arroyo covered the 4.275 mile distance in 27:17 and held onto her lead despite a pair of over-zealous reporters who tried to interview her in the final stretch. Her three-second victory over second place Yolanda Salaman was sufficient enough to earn her the win and a trip to New York City to compete in the Avon Half Marathon.

Arroyo, a high school student, currently trains about 25 miles a week, and is coached by the Inter American University coach Dr. Gustavo Ibarra and Ramon Rodriguez, a long time friend. "In two years she will be the best in Puerto Rico", said Rodriguez. "Right now at age 16 she is running 3000m in ten minutes - just three seconds slower than the Puerto Rican record."

Coming on strong the second half and almost catching her younger rival was 22-year-old Yolanda Salaman, clocked in 27:20. The 5'4, 109 pound Slaman currently trains about 65 miles a week, and will be graduating from the University of Puerto Rico in December. Meet Director Salvador Colom and the Torrimar Jogging Club were so pleased with the results they decided to send Salaman a trip to New York also.

RESULTS: 1-Ileana Arroyo (16) 17:18, 2-Yolanda Salaman (22) 27:20, 3-Ramona Rosario (17) 27:32, 4-Naydi Nazario (26) 27:38, 5-Nubia Medina (24) 28:08.



Sixteen-year-old Ileana Arroyo heads home towards the finish of the Avon International Running Circuit's debut in Puerto Rico. Ileana won the 7k event in 27:17, topping a record field of 427 women on September 19.

LEBANON VALLEY INVITATIONAL

Lebanon, Pennsylvania, September 11: Pennsylvania's Indiana University captured the number one spot at the Lebanon Valley Invitational defeating runner-up Villanova easily 56-127. Colleen Casey of Trenton won the race over 5000m in 17:44 as 15 schools took part.

RESULTS: 1-Colleen Casey (Trenton) 17:44, 2-Barbara Law (Tr) 17:56, 3-Chris Anderson (MSM) 18:00, 4-Kate Bricker (D) 18:44, 5-Vickie Brown (Vil) 18:53, 6-Kathy Ewing (Ind) 19:01, 7-Nancy Tnas Yuk (M) 19:08, 8-Mary Shorkey (M) 19:09, 9-Deanna Macreno (Ind) 19:10, 10-Kathy Mayes (Sh) 19:11...47-Pat Bradley (Vil) 20:48. Scores: 1-Indiana (Pa) 56, 2-Villanova 127, 3-Trenton State 128, 4-Mt. St. Mary's 139, 5-Shippensburg 146, 6-Millersville 164, 7-Franklin & Marshall 175, 8-Lock Haven State 175, 9-Dickenson 177, 10-Gettysberg 348, 13-York 375, 14-Glassboro State 389, 15-Maryland 415. Number of finishers - 138.

VILLANOVA WINS

Philadelphia, Pennsylvania, September 15: Villanova had no trouble winning the Philadelphia Metropolitan Meet at Belmont Plateau over seven other local institutions. Trenton State's Colleen Casey won her second consecutive race covering the 5000 meters in 18:50.

RESULTS: 1-Colleen Casey (Trenton) 18:50, 2-McGillian (StJ) 19:03, 3-McManus (StJ) 19:11, 4-Janice Rau (Vil) 19:14, 5-Pat Bradley (Vil) 19:24. Scores: 1-Villanova 35, 2-Trenton State 57, 3-St. Joseph's 73, 4-Glassboro State 127, 5-Bryn Mawr 139, 6-Allentown 144, 7-Swathmore 160, 8-Pharmacy 196. Number of finishers - 50.

MOVING COMFORT 10k

Washington, D.C., September 19: Suzanne Girard of the Moving Comfort Racing Team set a new course record of 34:15 and broke Pia Palladino's (Georgetown university) string of three straight victories in the seventh annual Moving Comfort 10k race in Washington, DC. Four runners, Girard, Palladino, Kelly Jo Spatz and Marge Rosasco ran virtually side by side for about four miles leaving the rest of the quality field far behind. At about the four mile mark, Girard, a transfer student from Georgetown, and Palladino pulled ahead of Spatz and Rosasco. They ran together one more mile until Girard accelerated and ended up finishing strongly 11 seconds in front of Palladino, the previous record holder.

RESULTS: 1-Suzanne Girard (MCRT) 34:15, 2-Pia Palladino (Georgetown)

34:26, 3-Kelly Jo Spatz (Converse/South) 34:54, 4-Marge Rosasco (Brooks) 35:16, 5-Ann Begley (Georgetown) 37:02, 6-Marya Small (Georgetown) 37:02, 7-Ellen Elwell (Baltimore) 37:18, 8-Kathy Hibbert (Rock creek) 17:19, 9-Laurie Wright (Un) 37:28, 10-Pat Milleson (Baltimore). Number of finishers - 589.

LION INVITATIONAL

Trenton, New Jersey, September 26: Trenton State's Colleen Casey continued her winning ways as she edged West Chester's Lisa Young by a second to capture the individual crown at the Lion Invitational. West Chester won the team title easily over Villanova 48-60. Eighteen teams took part.

RESULTS: 1-Colleen Casey (Trenton) 18:24, 2-Lisa Young (WC) 18:25, 3-Julie Bowers (WC) 18:50, 4-Barbara Law (Trenton) 19:00, 5-Jodi Campbell (Del) 19:02, 6-Mary Ellen McGowan (Vil) 19:04, 7-Patty Leisher (Mont) 19:25, 8-Jan Yerkes (Vil) 19:27, 9-Phoebe Williams (WC) 19:31, 10-Petra Ficken (Farm) 19:37. Scores: 1-West Chester State 48, 2-Villanova 60, 3-George Mason 96, 4-Trenton State 131, 5-Delaware 163, 6-Southern Connecticut 188, 7-Montclair State 202, 8-West Chester State "B" 206, 9-La Salle 210, 10-SUNY/Farmingdale 227, 11-SUNY/Stony Brook 286, 12-George Mason "B" 317, 13-St. Joseph's 362, 14-Long Island 386, 15-Glassboro State 397, 16-Allentown 485, 17-Drew 511, 18-Pharmacy 521.

CAL INVITATIONAL

Berkeley, California, October 2: West Coast biggies Stanford and Oregon tangled for the first time in 1982 - and it was no contest as the Cardinals totaled 19 points to 40 for the Beavers who, admittedly, were not at full strength.

It was quite a race with two Stanfordites under 17 minutes and a fistfull of runners under 18 minutes for the 5000 meters. Kim Schnurpfel, fresh from her record-smashing 10k in Tokyo, won by three seconds over teammate Ceci Hopp in 16:46 while yet another Stanford runner, Regina Jacobs, was third in 17:01. Rosa Gutierrez led the visiting Beavers some 16 seconds back of Jacobs.

RESULTS: 1-Kim Schnurpfel (S) 16:46, 2-Ceci Hopp (S) 16:49, 3-Regina Jacobs (S) 17:01, 4-Rosa Gutierrez (O) 17:17, 5-Eryn Forbes (O) 17:21, 6-Ellen Lyons (S) 17:35, 7-Ann Locke (S) 17:37, 8-Kim Roth (O) 17:40, 9-Suzann Richter (C) 17:54, 10-Allison Snow (O) 17:57...16-Jessica Spies (S) 18:25...19-Louise Romo (C) 18:46. Scores: 1-Stanford 19, 2-Oregon 40, 3-California 75, 4-UNLV 99.

CROSS COUNTRY RESULTS

CORNELL BY TWO

West Point, New York, October 1: Cornell edged the Army 47-49 to capture the Binghamton Invitational. Marian Teitsch of Cornell won the 5000m race in 18:14, some 15 seconds in front of Hartwick's Karen Cassidy. Eight teams took part.

RESULTS: 1-Marian Teitsch (Corn) 18:14, 2-Karen Cassidy (Hart) 18:29, 3-Elise Jones (Corn) 18:41, 4-Ellyn Block (Cort) 18:42, 5-Lorie Fleming (Army) 18:45, 6-Suzanne Jones (Corn) 18:49, 7-Melissa LaCasse (Cort) 18:53, 8-Marilyn Milligan (Bing) 18:56, 9-Amy McDonald (Army) 18:58, 10-Sue Lenio (Army) 19:00. Scores: 1-Cornell 47, 2-Army 49, 3-Cortland 60, 4-Binghamton 85, 5-Hartwick 128, 6-Oneonta 148, 7-Oswego 199, 8-Houghton 234. Number of finishers - 75.

ARLINGTON INVITATIONAL

Arlington, Texas, October 1: Texas A&M and Abilene Christian staged a dog fight at the Arlington Invitational with the Aggies edging the Wildcats 30-33. ACU's Cheryl Vinsant captured the individual crown over A&M's Esther Dedrick by four seconds with a 17:20 clocking for the 3 mile course.

RESULTS: 1-Cheryl Vinsant (AC) 17:20, 2-Esther Dedrick (A&M) 17:14, 3-Stacey Zartler (Un) 17:34, 4-Sandy Forsythe (Bay) 17:45, 5-Julie Browning (AC) 17:49, 6-Debbie Noel (A&M) 17:51, 7-Suzanne Sheffield (A&M) 17:53, 8-Lori Taylor (AC) 18:04, 9-Barbara Collingsworth (Un) 18:05, 10-Lisa McCorstin (A&M) 18:08. scores: 1-Texas A&M 30, 2-Abilene Christian 33, 3-Angelo State 89, 4-North Texas State 123, 5-Texas Tech 124, 6-Baylor 125. Number of finishers - 43.

VIRGINIA PERFECT!

Charlottesville, Virginia, October 2: The University of Virginia cross country team may get faster as the season progresses, but they'll never be better than they were at their own Invitational. The home team entered seven runners and all seven crossed the finish line more than 30 seconds ahead of any runner from any other institution. Marissa Schmitt had the dubious distinction of being the last Cavalier to finish in 17:54.4 and it was half a minute before the first opponent came in sight in the person of Linda Detlehson of Georgia in 18:24.7.

Florida State was the second place team in the seven team competition as Virginia's Lisa Welch set a new Meet record over the 5000m at 17:24.7.

RESULTS: 1-Lisa Welch (Va) 17:24.7, 2-Dana Slater (Va) 17:32, 3-Jill Haworth (Va) 17:37, 4-Mary Jean Wright (Va) 17:38, 5-Martha White (Va) 17:40,

6-Lesley Welch (Va) 17:52, 7-Marissa Schmitt (Va) 17:54, 8-Linda Detlehson (Ga) 18:24, 9-Margaret Coomber (FSU) 18:25, 10-Pia Palladino (Gtn) 18:35. Scores: 1-Virginia 15, 2-Florida State 70, 3-Georgetown 106, 4-Alabama 116, 5-Auburn 123, 6-Virginia Tech 128, 7-Georgia 138. Number of finishers - 52.

ADIDAS/RUTGERS INVITATIONAL

Piscataway, New Jersey, October 2: Led by Heather Carmichael, Penn State easily won the Adidas/Rutgers Invitational with a low score of 32 points. New Hampshire was next with 84, edging the home team by two points. Fifteen teams participated. Carmichael and New Hampshire's Kathy Brandell were the only runners under 18 minutes over the rugged 3.2 mile course, Carmichael winning by some 17 seconds in 17:36. Penn State runners finished 1-4-5-7 to clinch the win.

RESULTS: 1-Heather Carmichael (PS) 17:36, 2-Kathy Brandell (NH) 17:53, 3-Desiree Scott (Rut) 18:00, 4-Doreen Startare (PS) 18:02, 5-Paula Renzi (PS) 18:08, 6-Lynn Jennings (Princeton) 18:17, 7-Heidi Gerken (PS) 18:18, 8-Kristen O'Connell (RI) 18:21, 9-Maria Fahy (Ct) 18:22, 10-Jan Yerkes (Vil) 18:23...17-Nancy Scardina (NH) 18:43. Scores: 1-Penn State 32, 2-New Hampshire 84, 3-Rutgers 86, 4-Princeton 104, 5-Connecticut 115, 6-Villanova 129, 7-Rhode Island 162, 8-Syracuse 224, 9-Massachusetts 299, 10-St. John's 302, 11-SUNY/Farmingdale 325, 12-LaSalle 345, 13-St. Joseph's 367, 14-Temple 386, 15-Glassboro 436. Number of finishers - 99. 45 runners competed in the Junior Varsity race won by Carol Dickstein of Penn State in 19:15.

UTSA INVITATIONAL

San Antonio, Texas, October 8: Seven schools gathered at the University of Texas/San Antonio campus for a three mile cross country jaunt and when the Texas dust had ebbed, Abilene Christian was revealed as an easy winner. The Wildcats had good grouping finishing 2-3-6-7-9 behind winner Wendy Norman of the home team.

RESULTS: 1-Wendy Norman (UTSA) 17:30, 2-Cheryl Vinsant (ACU) 17:38, 3-Laurie Taylor (ACU) 17:45, 4-Sandy Forsythe (Baylor) 17:51, 5-Cindy Anzalone (Houston) 17:55, 6-Julie Browning (ACU) 18:02, 7-Lydia Shook (Lamar) 18:03, 8-Tina Lopez (ACU) 18:05, 9-Patti Costello (Houston) 18:10, 10-Rea Huddleston (ACU) 18:13. Scores: 1-Abilene Christian 27, 2-Houston 46, 3-UT/San Antonio 63, 4-Baylor 103, 5-Pan American 151, 6-Southwest Texas 171, 7-Laredo JC 172. Number of finishers - 49.

SWEDE INVITATIONAL

Lindsborg, Kansas, October 8: Thirteen teams gathered for the Swede Invitational run at Bethany College and Fort Hayes State eeked out a two point win over Park College, 30-32. The Tigers did it the hard way. Carol Harig and Carolyn Gum chased winner Gayla Rothers of Pittsburg State across the line in second and third positions, but Park put three runners across before the Tigers #3 appeared. It was all decided when Fort Hayes' Joellen Haney edged Park's Michelle Kessler, 23rd to 24th place.

RESULTS: 1-Gayla Rothers (PS) 18:42, 2-Carol Hartig (FH) 19:02, 3-Carolyn Gum (FH) 19:05, 4-Julie Guynes (Kansas Wesleyan) 19:17, 5-Anita Beat (Cloud) 19:24, 6-Lela Ball (McPherson) 19:42, 7-Marla Mitchell (Park) 19:46, 8-Denise Robins (SW) 19:51, 9-Kelly Ross (Cloud) 19:53, 10-Beth James (Bethany) 19:56. Scores: 1-Fort Hayes 30, 2-Park 32, 3-(Tie) Concordia and Butler County JC 75, 5-Bethany Nazarene 127. Number of finishers - 49.

STANFORD INVITATIONAL

Stanford, California, October 9: Stanford staged its annual Stanford Invitational at Stanford which was won by Stanford and which saw Stanford runners finish 1-2-3-5. It was a Stanford show. Twenty one teams took part, but the super-powerful Indians made it look like a workout as they tallied 20 points to 61 for runner-up Cal Poly of San Luis Obispo. This time out, Ceci Hopp was the winner over Allison Wiley and Kim Schnurpfel.

RESULTS: 1-Ceci Hopp (S) 16:41, 2-Alison Wiley (S) 16:45, 3-Kim Schnurpfel (S) 16:56, 4-Amy Harper (CP/SLO) 16:58, 5-Regina Jacobs (S) 17:07, 6-Patti Gray (UCD) 17:14, 7-Patsy Sharples (Id) 17:16, 8-Carey May (BYU) 17:18, 9-Ann Locke (S) 17:20, 10-Janell Neeley (BYU) 17:29...14-Suzanne Richter (Cal) 17:39, 15-Jessica Spies (S) 17:41...29-Louise Roo (Cal) 18:09, 30-Margaret Metcalf (NM) 18:10. Scores: 1-Stanford 20, 2-Cal Poly/SLO 61, 3-Idaho 117, 4-BYU 126, 5-California 147, 6-New Mexico 154, 7-UC Davis 189, 8-CS Hayward 213, 9-UN Reno 318, 10-UC Irvine 343, 11-Fresno State 356, 12-Santa Clara 432, 13-UNLV 445, 14-West Valley College 450, 15-Ventura College 453, 16-Sonoma State 458, 17-Westmont 495, 18-CS Hayward "B" 521, 19-CS Dominguez Hills 629, 20-San Francisco State 664, 21-Santa Clara "B" 702. Number of finishers - 149.



LADY OWL INVITATIONAL

Philadelphia, Pennsylvania, October 9: The University of Pennsylvania traveled across town and captured Temple University's Lady Owl Invitational over a stubborn West Chester team, 40-52. Trenton State provided the first two finishers in Barbara Law (16:52) and Colleen Casey (16:54) but only finished fourth with 122 points. The Trenton duo were followed by West Chester's Lisa Young and Penn's Mary Turner. The Quakers won the meet with their 4-6-8-10-12 places.

RESULTS: 1-Barbara Law (Trenton) 16:52, 2-Colleen Casey (Trenton) 16:54, 3-Lisa Young (WC) 17:02, 4-Mary Turner (Penn) 17:26, 5-Jody Campbell (Del) 17:26, 6-Riva Gensib (Penn) 17:31, 7-Julie Bowers (WC) 17:35, 8-Judy Damore (Penn) 17:39, 9-Diane Galleo (Kutz) 17:45, 10-Cricket Batz (Penn) 17:46. Scores: 1-Pennsylvania 40, 2-West Chester State 52, 3-Kutztown 113, 4-Trenton State 122, 5-Delaware 128, 6-La Salle 142, 7-Villanova 160, 8-Temple 206, 9-St. Joseph's 208, 10-Glassboro 266. Number of finishers -64.

EASY WIN FOR OREGON

Willamette, Oregon, October 9: Kathy Hayes, running her first race of the season, led the University of Oregon to an easy victory at the Willamette Invitational as she broke Cathy Twomey's course record of 16:35.3 with a speedy 16:31.1 clocking.

RESULTS: 1-Kathy Hayes (Ore) 16:31.1, 2-Marty Cooksey (Ore TC) 16:56, 3-Kim Roth (Ore) 17:04, 4-Lisa Martin (Ore) 17:11, 5-Kristy Purdy (Pac Lutheran) 17:18, 6-Kerry Martinson (Portland) 17:55, 7-Karen Mathison (Ore St) 17:56, 8-Kathy Keller (Portland) 18:01, 9-Lori Alzner (Ore) 18:07, 10-Sandi Nevis (Ore St) 18:10.

PENN STATE WINS

Bethlehem, Pennsylvania, October 9: Penn State easily captured the 9th Annual Paul Short Memorial Run over six other schools as Heather Carmichael toured the 5000 meter Saucon Valley Fields course in 17:21.9.

RESULTS: 1-Heather Carmichael (PS) 17:21.9, 2-Renzi (PS) 17:38, 3-Jan Yerkes (V) 17:55, 4-Forde (Md) 17:59, 5-Nancy Updegrove (PS) 18:08, 6-Jeanne Whiston (Md) 18:11, 7-Walker (Md) 18:14, 8-Gerken (PS) 18:16, 9-Miller (PS) 18:22, 10-Mary Ellen McGowan (V) 18:27. Scores: 1-Penn State 25, 2-Villanova 60, 3-Maryland 61, 4-Richmond 112, 5-Syracuse 131, 6-George Mason 136, 7-Lehigh 210. Number of finishers - 50.

VIRGINIA WITH EASE

Charlottesville, Virginia, October 9: Running without Aileen O'Connor and Lisa Welch didn't seem to bother the University of Virginia cross country team as Coach Martin Smith's troops routed the field to whip Penn State 15-45 and North Carolina 18-41. With O'Connor and Lesley Welch sick, the Cavaliers made the opponents feel sick as they bunched their runners for the easy win.

RESULTS: 1-Lesley Welch (Va) 17:09, 2-Jill Haworth (Va) 17:18, 3-Susanne Girard (Un) 17:20, 4-Joan Nesbit (NC) 17:29.4, 5-Martha White (Va) 17:29.7, 6-Mary Jean Wright (Va) 17:37, 7-Dana Slater (Va) 17:42, 8-Marisa Schmitt (Va) 17:43, 9-Madlyn Morrende (NC) 18:05, 10-Heather Carmichael (PS) 18:10.

HUSKER INVITATIONAL

Lincoln, Nebraska, October 9: Iowa State and South Dakota State slugged it out on the cross country course of the University of Nebraska as the Huskers staged their annual Invitational. By virtue of their 1-2 finish, Iowa State tallied 33 points to 34 for the Jackrabbits. South Dakota State grabbed third, fourth and fifth spots and then picked up seventh before the Cyclones could get another runner across the line. ISU then placed 8th, 10th, 12th and 14th before SDS's Laura Geason made it in 15th place. It was a great competition.

RESULTS: 1-Margaret Davis (ISU) 17:54, 2-Suzanne Youngbers (ISU) 18:05, 3-Kristen Asp (SDS) 18:14, 4-Nancy Gieske (SDS) 18:25, 5-Audrey Stayrum (SDS) 18:33, 6-Sara Stircker (Nb) 18:41, 7-Lori Bocklund (SDS) 18:43, 8-Kristin Westlake (ISU) 18:44, 9-Sheri Rochel (Col) 18:47, 10-Ann Novcak (ISU) 18:48, 11-Sarah Hanson (Col) 18:52, 12-Francine Sandoval (ISU) 18:57, 13-Nancy Rogowski (Col) 18:58, 14-Catherine Hunter (ISU) 19:02, 15-Laura Geason (SDS) 19:08...17-Sharon Hulse (Col) 19:13. Scores: 1-Iowa State 33, 2-South Dakota State 34, 3-Colorado 66, 4-Nebraska 120, 5-Kansas 166, 6-Nebraska/Omaha 169, 7-Midland 187. Number of finishers - 63.

ROADRUNNER INVIT

Bakersfield, California, October 9: With all five of its runners finishing in the top ten, Cal Poly/SLO was the easy winner of the team title at the Roadrunner Invitational. The Mustangs tallied 17 points with the first four scoring positions behind Michele Hopper and Ann Gladue, both competing unattached.

RESULTS: 1-Michele Hopper (Un) 17:30, 2-Ann Gladue (Un) 18:11, 3-Lesley White (CP) 18:18, 4-Sheri McCarroll (CP) 18:24, 5-Rhonda Petina

(CP) 18:38, 6-Kathy Kelley (CP) 18:47, 7-Carol Lowe (UCR) 18:59, 8-Helen Arzu (UCR) 19:09, 9-Kristin Allyne (CP) 19:14, 10-Shari Ewing (CP) 19:21...27-Jackie Pusey (CSLA) 22:07...32-Jewel Lovelady (CSB) 23:01. Scores: 1-Cal Poly/Slo 17, 2-UC Riverside 54, 3-Cal State LA 76, 4-Pepperdine 98, 5-CS Bakersfield 147.

STONY BROOK INVIT

Sunken Meadow, New York, October 9: Wagner College was the winner of the Stony Brook Invitational as Barnard's Ylonka Wills was the first finisher in 18:42.6. Wagner placed four runners in the top ten to insure its victory.

RESULTS: 1-Ylonka Wills (Bar) 18:42.6, 2-Leisher (Mont) 19:19, 3-Amber Klock (Wag) 19:32, 4-Burnett (Kings) 19:48, 5-Terri Naudzanas (Wag) 19:52. Scores: 1-Wagner 37, 2-Barnard 52, 3-Stony Brook 64, 4-Montclair State 64, 5-Kings 156, 6-LIU 163, 7-Adelphi 168, 8-Nassau CC 177. Number of finishers - 65.

TEXAS WINS

Denton, Texas, October 9: Texas had a good workout as North Texas State hosted a triangular run in Denton. The Longhorns placed the first six scoring runners and ended up with a perfect '15'. Stacey Zartler of the Metroplex Striders won the race over Texas' Tracey Wong in 17:44.

RESULTS: 1-Stacey Zartler (MS) 17:44, 2-Tracey Wong (Tx) 17:45, 3-Tara Arnold (Tx) 17:50, 4-Lori Nelson (Tx) 17:51, 5-Juanita Wilson (MS) 18:07, 6-Bridget Jensen (Tx) 18:16, 7-Terry Ebanks (Tx) 18:18, 8-Laura Harwood (Tx) 18:20, 9-Sherri Painter (NT) 18:42, 10-Byellan (OU) 18:49. Scores- Texas 15, 2-North Texas State 53, 3-OU 65. Number of finishers -25.

SUNBLAZERS INVIT

Miami, Florida, October 9: Florida International University won the First Annual Sunblazers Cross Country Invitational with 26 points. FIU ace Shelly Gornick captured the individual crown over the 3.1 mile course in 18:57.3.

RESULTS: 1-Shelly Gornick (FIU) 18:57.3, 2-Lisa English (Biscayne) 19:05, 3-Coleen Napolitano (FIU) 19:14, 4-Marie Candalio (Santa fe) 20:36, 5-Kibby Thompson (SF) 20:46. Scores: 1-Florida International 26, 2-Santa Fe CC 54, 3-Biscayne College 56, 4-University of Miami 79. Number of finishers - 27.

CROSS COUNTRY RESULTS

INDIANA INVITATIONAL

Bloomington, Indiana, October 9: Some of the 'Biggies' got together for the first time in 1982 and when it was all over, one of the projected 'non-biggies' was the winner. Clemson upset the likes of Tennessee, Wisconsin, North Carolina State, Kansas State, Purdue, Texas et al. The unsung Tigers, not ranked in the top ten in pre-season predictions, had their first five in the top 19 for their 57 points. Runner-up Tennessee tallied 63 points and suffered badly from their #5 runner who finished 31st, but not as badly as North Carolina State whose fifth runner tallied a whopping 53 of their 97 point total.

New bride Kathy (Bryant) Hadler won the race for Tennessee by seven seconds over Clemson's Stephanie Weikert in 17:34

RESULTS: 1-Kathy Hadler (Tn) 17:34, 2-Stephanie Weikert (Cl) 17:41, 3-Rebecca Cotta (Pur) 17:51, 4-Rose Thomson (Wis) 17:54, 5-Sande Cullinane (NCS) 18:02, 6-Kerry Robinson (Cl) 18:06, 7-Susan Baxter (Tn) 18:08, 8-Katie Ishmael (Wis) 18:09, 9-Janel Levalley (Kan St) 18:12, 10-Liz Natale (Tn) 18:13, 11-Connie Jo Robinson (NCS) 18:13, 12-Kim Sharpe (NCS) 18:14, 13-Beth Farmer (Fl) 18:14, 14-Jennifer Briscoe (Cl) 18:15, 15-Andrea Everett (Wy) 18:17, 16-Linda Portasik (Tn) 18:22, 17-Cathy Branta (Wis) 18:23, 18-Emily Wood (Cl) 18:24, 19-Lynne Strauss (NCS) 18:26, 20-Judith Shepherd (Cl) 18:28...28-Deb Pihl (Kan St) 18:45...32-Gina Sperry (E.II) 18:49...44-Jymetta Bonriver (Pur)19:01...47-Tara Arnold (Tx) 19:06...64-Cindy Duarte (Cl) 19:33. Scores: 1-Clemson 57, 2-Tennessee 63, 3-Wisconsin 95, 4-North Carolina State 97, 5-Kansas State 146, 6-Purdue 190, 7-Indiana 207, 8-Wyoming 211, 9-Texas 238, 10-Illinois 246, 11-Florida 159, 12-Northwestern 289, 13-Eastern Illinois 300, 14-Ohio State 332, 15-Alabama 353. Number of finishers - 113.

MILLS INVITATIONAL

Oakland, California, October 10: UC Davis trounced old foe CS Hayward 34-44 to win top honors at the Mills College Invitational. Hayward's Denise Bigelow won the 5k race in 18:49, the only runner under 19 minutes on the rugged course. Davis couldn't place anyone higher than fourth, but once the Mustangs found the finish line, they came in a drove with 4-5-6-9-10-11-12-13-14 places.

RESULTS: 1-Denise Bigelow (H) 18:49, 2-Carole Stothers (H) 19:03, 3-Laura Sanchez (Chico) 19:04, 4-Michele Loveday (D) 19:11, 5-Ana Pappas (D) 19:12, 6-Lisa Wollle (D) 19:12, 7-Michele Phipps (H) 19:19, 8-Chris Manning (H) 19:24, 9-Kathy Seals (D) 19:48, 10-Jill Perry (D) 19:52. Scores: 1-UC Davis 34, 2-CS Hayward 44, 3-CS Chico 71, 4-Mills College 97, 5-University of San Francisco 118. Number of finishers - 35.

GREATER BOSTON CHAMPIONSHIPS

Boston, Massachusetts, October 12: Harvard underscored four opponents to capture the team gonfalon at the Greater Boston Championships. Michelle Hallett, Boston College, was the individual winner with a meet record time of 16:26, ten seconds in front of Harvard's Jenny Stricker.

RESULTS: 1-Michelle Hallett (BC) 16:26, 2-Jenny Stricker (H) 16:36, 3-Kate Wiley (H) 16:46, 4-Lois Brommer (H) 17:09, 5-Marty Shea (BU) 17:14, 6-Nancy Small (BC) 17:24, 7-Kathy Good (H) 17:32, 8-Donna Adamoli (BU) 17:44, 9-Ellen Gallagher (H) 17:48, 10-Barbara Higgins (H) 17:55. Scores: 1-Harvard 25, 2-Boston College 47, 3-Boston University 53, 4-Northeastern 114, 5-MIT 151.

NORTH CAROLINA STATE MEET

Raleigh, North Carolina, October 14: North Carolina State had a perfect score of 15 to capture the North Carolina State cross country championships. Not only did the Staters grab the first five places, but the first four runners entered the chute together. Judges ruled there could be no ties, so the quartette was split and Kim Sharpe was awarded the gold.

RESULTS: 1-Kim Sharpe (NCS) 18:11, 2-Sande Cullinane (NCS) 18:11, 3-Connie Jo Robinson (NCS) 18:12, 4-Lynne Strauss (NCS) 18:12, 5-Sharon Chiong (NCS) 18:37, 6-Diane Swick (WF) 18:41, 7-Dede Grace (D) 18:41, 8-Treva McLean (App) 19:02, 9-Dawn Powers (WF) 19:08, 10-Lisa Mitchell (App) 19:16. Scores: 1-North Carolina State 15, 2-Appalachian State 74, 3-Wake Forest 78, 4-Davidson 122, 5-Duke 132, 6-North Carolina 141, 7-UNC/Wilmington 196, 8-St. Augustine's 202. Number of finishers - 57.

UTAH CLASSIC

Salt Lake City, Utah, October 15: Wyoming continued its dominance of its part of the country with a 33 point score to win the University of Utah Cross Country Classic over the home team. Utah's Jill Molen won the race in 16:51 and teammate Carla Pittelkow was third, but Wyoming had too much depth and won by 21 points.

RESULTS: 1-Jill Molen (Ut) 16:51, 2-Andrea Everett (Wy) 17:14, 3-Carla Pittelkow (Ut) 17:51, 4-Mary Guyer (Montana St) 17:57, 5-Alison Hollington (Wy) 18:08, 6-Brenda Graham Gray (Wy) 18:15, 7-Lynn Creek (MS) 18:19,



Utah's JILL MOLEN was the winner of the Utah Classic, but Wyoming took the team title. (Jeff Johnson photo)

8-Kristi Hamasaki (Wy) 18:21, 9-Kerry Cendo (Wy) 18:22, 10-Debbie Sticha (Id St) 18:22...15-Carmen garduno (Weber St) 18:45...18-Noreen Shea (Ut St) 18:54. Scores: 1-Wyoming 33, 2-Utah 54, 3-Montana State 62, 4-Weber State 99, 5-Idaho State 103, 6-Boise State 167, 7-Utah State 181. Number of finishers - 60.

WAGNER WINS AGAIN

Staten Island, New York, October 16: Wagner College won its sixth straight victory of the 1982 season when it defeated St. Thomas Aquinas 18-40 and Long Island University 19-37 in spite of having three of its top five runners out with injuries. Amber Klock won the race for the Shehaws in easy time.

RESULTS: 1-Amber Klock (W) 20:22, 2-Marianne Balogh (STA) 20:41, 3-Gloria Bailey (W) 10:49, 4-Monica Lucy (W) 20:59, 5-Terri Naudzonas (W) 21:22. Number of finishers - 15.

ISU BREEZES

Columbia, Missouri, October 15: Two teams dropped out of a scheduled quadrangular meet resulting in a dual meet between Missouri and Iowa State. The Tigers were probably wishing the other two teams had shown, for ISU showed no mercy and scored a 19-44 victory. Missouri's Sabrina Dornhoefer was the only Tiger to break into the top eight places with her second place finish behind Margaret Davis. Davis toured the distance in 17:51.7 for a new course record.

RESULTS: 1-Margaret Davis (ISU) 17:51.7, 2-Sabrina Dornhoefer (M) 18:05, 3-Suzanne Youngberg (ISU) 18:17, 4-Francine Sandoval (ISU) 18:54, 5-Kristine Westlake (ISU) 19:08, 6-Ann Novak (ISU) 19:11, 7-Grete Beilke (ISU) 19:18, 8-Catherine Hunter (ISU) 19:11, 9-Laura Nooter (M) 19:27, 10-Cyd Thomas (M) 19:31. Number of finishers - 14.

JAYHAWK INVITATIONAL

Lawrence, Kansas, October 15: Kansas State University had no trouble winning the Jayhawk Invitational with 38 points. Illinois State was next with 63 and Colorado State had 64 but the rest of the nine team field trailed. Illinois State had the 1 and 3 runners in winner Wendy Van Mierlo and Sarah Schumacher, but KSU bunched their five runners between fourth and fourteenth place for the win. Colorado State had runners in 8-9-10-12 but dropped to 25th for their fifth finisher.

RESULTS: 1-Wendy Van Mierlo (Ill St) 16:42, 2-Janel LeValley (Un) 16:56, 3-Sarah Schumacher (Ill St) 17:03, 4-Deb Pihl (KSU) 17:06, 5-Betsy Silzer (KSU) 17:13, 6-Chris Ridemour (SEMO) 17:22, 7-Sara Stricker (Nb) 17:29, 8-Renee Williams (KSU) 17:34, 9-Sara Hanson (Col St) 17:35, 10-Sheri Rochel (Col St) 17:37, 11-Nann Reynolds (Col St) 17:38. Scores: 1-Kansas State 38, 2-Illinois State 63, 3-Colorado State 64, 4-Nebraska 113, 5-Southwest Missouri State 125, 6-Wichita State 159, 7-Kansas 177, 8-Central Missouri State 180, 9-Oklahoma State 218. Number of finishers - 68.

CAL POLY INVITATIONAL

Moro Bay, California, October 16: Cal Poly/SLO continued its slaughter of the "big ones" by winning its own Invitational by 30 points over Big Brother (Sister?) University of California. Amy Harper scored a 34 second winner over teammate Carol Gleason. Eight teams participated.

RESULTS: 1-Amy Harper (CP/SLO) 16:45.4, 2-Carol Gleason (CP/SLO) 17:19, 3-April Powers (SLO TC) 17:22, 4-Mary Ann Scannell (CS Sac) 17:25, 5-Marilyn Nichols (CP/SLO) 17:26, 6-Suzanne Richter (Cal) 17:27, 7-Inga Thompson (CP/SLO) 17:30, 8-Nena Manriquez (CS Northridge) 17:31, 9-Lori

Lopez (CP/SLO) 17:33, 10-Jenny Dunn (CP/SLO) 17:38, 11-Sheila Ralston (Un) 17:41...13-Louise Romo (Cal) 17:46...25-Val Eberly (CSN) 18:32. Scores: 1-Cal Poly/SLO 21, 2-California 53, 3-CS Northridge 83, 4-SLO TC 128, 5-UC Santa Barbara 131, 6-Sacramento State 156, 7-SLO TC "B" 157, 8-Cal Poly/Pomona 189. Number of finishers - 59.

VILLANOVA WINS BIG FIVE TITLE

Philadelphia, Pennsylvania, October 16: Placing 1-2-3, Villanova had little trouble winning the Big-5 cross country title. Jan Yerkes led the Villanova troops with a good 16:44.7 clocking for the 5000 meters, nearly 25 seconds in front of the other runners.



Villanova's JAN YERKES, who likes to run farther, won the Big-5 Cross Country title by 25 seconds.

RESULTS: 1-Jan Yerkes (V) 16:44.7, 2-Marry Ellen McGowan (V) 17:09, 3-Vickie Brown (V) 17:14, 4-Judy Damore (Pa) 17:17, 5-Mary Turner (Pa) 17:18, 6-Cricket Bata (Pa) 17:20, 7-Eva Marie Berardi (V) 17:26, 8-Eva Marie Berardi (V) 17:30, 9-Mary Cansit (Pa) 17:40, 10-Nancy Fleming (V) 17:46. Scores: 1-Villanova 21, 2-Pennsylvania 36, 3-La salle 97, 4-St. Joseph 113, 5-Temple 118. Number of finishers - 39.

HAYES HOT AGAIN

Cresswell, Oregon, October 16: After losing the team battle to Stanford two weeks ago, the University of Oregon has come back strong with the addition of Kathy Hayes and Lisa Martin and once again looms as a national contender. The Beavers will have to do without Leann Warren who had knee surgery recently, but still look strong. Hayes, who broke Cathy Twomey's course record one week ago in her 1982 debut, did it again at the Oregon TC Invitational winning the race by seven seconds over Washington's internationalist Regina Joyce and setting another course record.

RESULTS: 1-Kathy Hayes (Ore) 16:13.5, 2-Regina Joyce (wash) 16:20, 3-Eryn Forbes (Ore) 16:27, 4-Marty Cooksey (Ore TC) 16:38, 5-Rosa Gutierrez (Ore) 16:42, 6-Kim Roth (Ore) 16:45, 7-Michele Bush (UCLA) 16:54, 8-Debbie Eide (Ore TC) 17:02, 9-Bonnie Tamis (Col St) 17:09, 10-Caroline Crabtree (Id) 17:10...13-Lisa Martin

(Ore) 17:17, 14-Susan Gregg (Wash) 17:18, 15-Claudette groenendaal (Ore) 17:24, 16-Patsy Sharples (Id) 17:28, 17-Allison Snow (Ore) 17:31. Scores: 1-Oregon 28, 2-Idaho 83, 3-Washington 100, 4-Colorado State 107, 5-Oregon TC 130, 6-Evergreen Harriers 250

BUCKNELL INVITATIONAL

Lewisburg, Pennsylvania, October 16: West Chester State College, paced by winner Lisa Young, captured the team championship at the Bucknell Invitational. The Rams scored only 40 points to 92 by the second place home team. Eleven institutions participated.

RESULTS: 1-Lisa Young (WC) 18:23, 2-Julie Bowers (WC) 18:29, 3-Jody Campbell (Del) 18:30, 4-Stacey Nicholson (Buck) 18:35, 5-Denise Paull (F&M) 18:40, 6-Alicia Hauber (Syr) 18:43, 7-Christine Anderson (Mt.SM) 18:45, 8-Phoebe Williams (WC) 18:54, 9-Debbie Fuller (Ship) 18:55, 10-Dawn Eid (LH) 18:59. Scores: 1-West Chester State 40, 2-Bucknell 92, 3-Indiana (Pa) 109, 4-Syracuse 113, 5-Bloomsburg State 137, 6-Penn State 139, 7-Shippensburg State 190, 8-Delaware 190, 9-Franklin & Marshall 227, 10-Lock Haven State 291, 11-Towson State 317. Number of finishers - 118.

LADY VOL RUN

Knoxville, Tennessee, October 16: Tennessee was a rude host(ess) as they dominated their Annual Lady Vol Cross Country run, whipping Michigan State by 40 points and the other three competing teams by even larger scores.

Kathy (Bryant) Hadler once again led the home team as she paced the Vols 1-2-4 scoring.

RESULTS: 1-Kathy Hadler (Tn) 17:36, 2-Susan Baxter (Tn) 17:45, 3-Jill Washburn (MSU) 17:58, 4-Liz Natale (Tn) 18:00, 5-Kim Bird (E.Tn) 18:19, 6-Sandra Arthurton (FSU) 18:25, 7-Margaret Coomber (FSU) 18:27, 8-Diane Bussa (MSU) 18:29, 9-Donna McLain (Tn) 18:33, 10-Monica O'Reilly (Tn) 18:40...15-Joetta Clark (Tn) 19:13...19-Lisa Last (MSU) 20:05. Scores: 1-Tennessee 26, 2-Michigan State 66, 3-Florida State 70, 4-Northwestern 82, 5-East Tennessee 114. Number of finishers - 33.

TEXAS TECH WINS

Lubbock, Texas, October 16: Texas Tech outscored Wayland Baptist 19-37 in a dual meet held in Mae Simmons Park. Unattached Patsy Norman won the race but Tech's Veronica Cavazos was the first scorer.

RESULTS: 1-Patsy Norman (Un) 18:49, 2-Veronica Cavazos (TT) 19:20, 3-Maria Medina (TT) 19:28, 4-Shelley Johnson (TT) 19:33, 5-Gloria Mejia (UTEP) 19:46. Number of finishers - 17.

CROSS COUNTRY RESULTS

TOM JONES INVIT

Madison, Wisconsin, October 16: Pete Teegen turned his troops loose at the Tom Jones Invitational with the result that Wisconsin captured both the individual and team titles. The team title was easy with Badgers finishing 1-2-3-9-10 but Rose Thomson had some difficulty with teammate Cathy Branta, winning by only 3 seconds.

RESULTS: 1-Rose Thomson (W) 17:18, 2-Cathy Branta (W) 17:21, 3-Katie Ishmael (W) 17:29, 4-Jody Eder (Minn) 17:37.1, 5-Johanna Reneke (Un) 17:37.4, 6-Deanna Marchello (EC) 17:50, 7-Carolyn Sheild (EC) 17:54, 8-Sue Alm (Minn) 17:58, 9-Amy Johns (W) 18:01, 10-Patti Fredrick (W) 18:04. Scores: 1-Wisconsin 25, 2-Minnesota 61, 3-Wisconsin/Eau Claire 79, 4-Wisconsin/La Crosse 136, 5-Southwestern Michigan 207, 6-Illinois/Chicago 370. Number of finishers - 81.

HOLY CROSS INVIT

Worcester, Massachusetts, October 16: Holy Cross staged an Invitational and Holy Cross won the Invitational and Holy Cross' Eileen O'Rourke won the 5000m race. Nine other teams took part, but it was Holy Cross' Day.

RESULTS: 1-Eileen O'Rourke (HC) 18:14, 2-Cathy Carnes (SEM) 18:19, 3-Jackie McNiff (HC) 18:33, 4-Julie LeClair (HC) 18:48, 5-Lori Fleming (Army) 18:53, 6-Laurel Gilhooly (HC) 18:58, 7-Diane Weeder (SEM) 18:59, 8-Deb Cassinelli (Fitch) 19:00, 9-Diane Wood (SM) 19:08, 10-Dee Dee Murphy (HC) 19:11. Scores: 1-Holy Cross 25, 2-South East Massachusetts 68, 3-Army 74, 4-Springfield 129, 5-Southern Connecticut 139, 6-Southern Maine 145, 7-Fitchburg 191, 8-Lowell 227, 9-Keene State 233, 10-Central Connecticut 306. Number of finishers - 40.

NORTHERN CAL CONFERENCE

Davis, California, October 23: Patti Gray set a new course record of 16:38 as she led her UC Davis team to the Northern California Athletic Conference crown. Cal State Hayward was next in line but were 13 points back of the Mustangs.

RESULTS: 1-Patti Gray (UCD) 16:38, 2-Mary Ann Scannell (Sac) 16:53, 3-Kathy Koudela (CS Hay) 17:23, 4-Linda Somers (UCD) 17:29, 5-Ann Hoerber (UCD) 17:37, 6-Debbie Morris (CSH) 17:41, 7-Kathy Way (CSH) 17:46, 8-Michele Anderson (CS Son) 17:51, 9-Nancy Reidel (UCD) 18:03, 10-Karen Menga (UCD). Scores: 1-UC Davis 29, 2-CS Hayward 41, 3-CS Sacramento 96, 4-CS Chico 113, 5-CS Sonoma 132, 6-CS Humboldt 137. Number of finishers - 64.

BIG EAST CONFERENCE

Boston, Massachusetts, October 23: Boston College edge Villanova 41-43 to capture the Big East Conference cross country championships over the three mile Boston course. The fifth runners for Boston and Villanova decided the title with Boston's Cheryl Panzarella finishing 14th while Villanova's Beverly Reilly was a couple notches back in 17th. Boston's Michelle Hallett won the race in 16:40.

RESULTS: 1-Michelle Hallett (BC) 16:40, 2-Jan Yerkes (V) 16:55, 3-Marie Fahy (Ct) 17:13, 4-Nancy Small (BC) 17:16, 5-Mary Ellen McGowan (V) 17:34, 6-Alicia Hauber (Syr) 17:39, 7-Vickie Brown (V) 17:41, 8-Ann Begley (Gt) 17:44, 9-Cathleen Daley (BC) 17:47, 10-Theresa Jaeger (Gt) 17:49. Scores: 1-Boston College 41, 2-Villanova 43, 3-Georgetown 93, 4-Connecticut 101, 5-Syracuse 130, 6-St. John's 160, 7-Providence 161, 8-Pittsburgh 241, 9-Seton Hall 245. Number of finishers - 74.

IOWA INVITATIONAL

Iowa City, Iowa, October 23: The University of Iowa completed the three stages of an Invitational - Iowa staged the Invitational, Iowa won the Invitational and Iowa runner Nan Doak won the race. The University of Illinois gave the Hawkeyes a battle for the team title placing five runners ahead of Iowa's five, but the winner's 1-4-5-7-13 was better than Illinois' 2-3-9-10-12 by six points. Northwestern was the third team in the competition. Doak had an easier time of it winning over Illinois' Marianne Dickerson by 13 seconds in 17:41.

RESULTS: 1-Nan Doak (Ia) 17:41, 2-Marianne Dickerson (Ill) 17:54, 3-Julie Lantis (Ill) 18:03, 4-Jodi Hershberger (Ia) 18:11, 5-Anne Dobrowski (Ia) 18:19, 6-Rebecca Beachley (NW) 18:34, 7-Jenny Spangler (Ia) 18:37, 8-Anita Kelly (NW) 18:54, 9-Colleen Hackett (Ill) 19:04, 10-Deanna LaSusa (Ill) 19:12. Scores: 1-Iowa 20, 2-Illinois 36, 3-Northwestern 62. Number of finishers - 23.

TEXAS INVITATIONAL

Georgetown, Texas, October 23: The worst fears of Texas coach Phil Delavan came true as his team hosted the Texas Invitational on the Kurth-Landrum Golf Course. A five-person squad is in for trouble. And that's just what Texas got as Abilene Christian dominated the nine team competition with the individual title and the team title.

The Wildcat's Lori Taylor was a seven second winner over Houston's Cindy Anzolini and the team was a 13 point winner over Texas whose first runner crossed the line in 6th position.

RESULTS: 1-Lori Taylor (AC) 17:52, 2-Cindy Anzolini (Hst) 17:59, 3-Wendy Norman (UTSA) 17:04, 4-Disa Lewis (Rice) 18:05.6, 5-Julie Browning (AC) 18:05.9, 6-Tara Arnold (Tx) 18:07, 7-Tracey Wong (Tx) 18:15, 8-Tina Lopez (AC) 18:16, 9-Sheryl Vinsant (AC) 18:18, 10-Jody Rease (Hst) 18:20. Scores: 1-Abilene Christian 38, 2-Texas 51, 3-Houston 54, 4-Ut/San Antonio 119, 5-Angelo State 142, 6-Texas Tech 148, 7-North Texas State 151, 8-Baylor 166, 9-Southwest Texas State 243. Number of finishers - 62.

BYU/NIKE CLASSIC

Provo, Utah, October 23: Utah's Jill Molen won the race, Brigham Young won the championship and UCLA's Bruins finished a poor fourth as the highlights of the BYU/Nike Autumn Cross Country Classic run on Timpanogos Golf Course course.

Colorado State didn't give the Cougars as much competition as expected and ended up some 23 points to the rear. The University of New Mexico snuck in for third ahead of UCLA whose best place was Polly Plumer's seventh, followed by Vickie Cook's 15th. Molen's winning time was a swift 16:23.7 over the 5000m distance.

RESULTS: 1-Jill Molen (Utah) 16:23, 2-Janell Neeley (BYU) 16:48, 3-Bonnie Tamis (Col St) 16:52, 4-Robin Wolfe (Col St) 16:54, 5-Carla Pittelkow (Utah) 16:57, 6-Carey May (BYU) 17:03, 7-Polly Plumer (UCLA) 17:09, 8-Carolyn Smith (BYU) 17:13, 9-Sheila Rogers (BYU) 17:16, 10-Terry Schmidt (UN Reno) 17:19...15-Vickie Cook (UCLA) 17:25...19-Margaret Metcalf (NM) 17:31...22-Aisling Molloy (BYU) 17:40...25-Linda Goen (UCLA) 17:44, 26-Noreen Shea (Utah) 17:49. Scores: 1-BYU 41, 2-Colorado State 64, 3-New Mexico 76, 4-UCLA 86, 5-Utah 90, 6-UN Reno 168, 7-BYU "B" 179. Number of finishers - 55.

WAGNER WINS TWO

Staten Island, New York, October 23: Wagner College kept its dual meet record perfect with a twin win over Fordham (21-36) and Adelphi (15-50). The Shehawks gobbled up seven of the first eleven places including the 1-2 finish of Amber Klock and Gloria Bailey.

RESULTS: 1-Amber Klock (W) 18:22, 2-Gloria Bailey (W) 18:43, 3-Banks (F) 18:58, 4-Terri Naudzunus (W) 19:01, 5-Humphrey (F) 19:05. Number of finishers - 25.

MASON-DIXON CONFERENCE

Cumberland, Maryland, October 23: George Mason easily took the tea title at the 5th Annual Mason-Dixon Conference Women's Cross Country Championships run on the Rocky Gap State Park course in Cumberland. Chris Anderson of Mt. St. Mary's was the individual winner, but the Patriots grabbed the next three places to insure their victory.

RESULTS: 1-Chris Anderson (Mt. SM) 18:54, 2-Colleen Desmond (GM) 19:16, 3-Sherrie Meeks (GM) 19:18, 4-Denise Fleenor (GM) 19:25, 5-Carolyn Hughes (Cath) 19:27, 6-Carol Updegrove (Mt. SM) 19:27, 7-Jan Hargrove (GM) 19:32, 8-Misti Jones (GM) 19:40, 9-Louise Mallet (Cath) 19:48, 10-Sharon Keller (Towson) 19:50. Scores: 1-George Mason 24, 2-Mt. St. Mary's 51, 3-Catholic 74, 4-York College 107, 5-Towson State 127, 6-Frostberg 165, 7-UMBC 166, Salisbury, Gallaudet and Loyola did not field complete teams. Number of finishers - 70.

FLORIDA INVITATIONAL

Gainesville, Florida, October 23: Florida State received a good challenge from the University of Florida as the Lady Gators staged their Invitational on the campus golf course. FSU tallied 21 points to 39 for the home crew. Beth Farmer of Florida was the winner over the 2.9 mile course in 16:08, 24 seconds in front of runner-up Sandra Arthurton of FSU. Darien Andrew won the Open Division over Wendy Knudson.

RESULTS: 1-Beth Farmer (Fl) 16:08, 2-Sandra Arhurton (FSU) 16:32, 3-Margaret Coomber (FSU) 16:34, 4-Darien Andrew (FSUTC) 16:44, 5-Wendy Knudson (Un) 16:50, 6-Carla Borovicka (FSU) 17:05, 7-Janet Bassford (FSU) 17:07, 8-Gina Procaccio (Fl) 17:12, 9-Colleen Curran (FSU) 17:16.2, 10-Janie Regis (FlJC) 17:16.7. Scores: 1-Florida State 21, 2-Florida 39, 3-Florida International University 81, 4-Biscayne 103, 5-Jacksonville State 122, 6-Florida A&M 165, 7-Miami 166, 8-Florida Southern 187. Junior Colledge Division: 1-Florida JC 17, 2-Santa Fe CC 44. Number of finishers - 85.

TENNESSEE OVER FLORIDA

Knoxville, Tennessee, October 30: The University of Tennessee, using mostly reserves, easily outscored visiting University of Florida 18:40 in a dual meet. Susan Baxter was the winner for the Lady Vols.

RESULTS: 1-Susan Baxter (T) 17:37, 2-Liz Natale (T) 17:37, 3-Beth Farmer (F) 17:48, 4-Donna McLain (T) 18:12, 5-Monica O'Reilly (T) 18:23, 6-Joetta Clark (T) 18:36, 7-Gina Procaccio (F) 18:49, 8-Eileen Hornberger (T) 19:00. Finishers - 11.

SOUTH CENTRAL REGIONAL

Warrensburg, Missouri, October 30: Abilene Christian captured the NCAA Division II South Central Regional Cross Country Championship held on the Pertle Springs Golf Course. The Burl McCoy coached team's only opposition came from the Air Force Academy, but the Flygirls were 13 points to the rear. Central Missouri's Nancy Goodwine won the 5000m race in 17:55.

RESULTS: 1-Nancy Goodwine (CM) 17:55, 2-Laurie Taylor (AC) 18:03, 3-Joy Meyen (AF) 18:06, 4-Julie Browning (AC) 18:07, 5-Tina Lopez (AC) 18:12, 6-Christine Ridenour (SEMO) 18:15, 7-Rita Burr (AF) 18:23, 8-Janice Hierholzer (Mo/Rolla) 18:29, 9-Margaret Hertenstein (SEMO) 18:43, 10-Debra Kilpatrick (SEMO) 18:43. Scores: 1-Abilene Christian 37, 2-Air Force Academy 50, 3-Southeast Missouri 71, 4-Central Missouri 107, 5-Northwest Missouri 153, 6-Missouri/Rolla 166. Number of finishers - 31.

PENN STATE INVIT

University Park, Pennsylvania, October 30: Penn State pattered through the four mile course to crush two opponents as they held the Penn State Invitational. Heather Carmichael was a seven second winner over Moving Comfort's Suzanne Girard with a time of 22:30. Penn State grabbed six of the first nine places.

RESULTS: 1-Heather Carmichael (PS) 22:30, 2-Suzanne Girard (MC) 22:37, 3-Doreen Startare (PS) 22:42, 4-Desiree Scott (Rut) 23:05, 5-Natalie Updegrove (PS) 23:18, 6-Paula Renzi (PS) 23:22, 7-Monique Purcell (PS) 23:25, 8-Sarah Munro (Rut) 23:35, 9-Sue Miley (PS) 23:55, 10-Kathy Ezell (Rut) 24:05. Scores: 1-Penn State 18, 2-Rutgers 44, 3-Georgetown 79. Number of finishers - 30.

NEW ENGLAND CHAMPIONSHIPS

Boston, Massachusetts, October 30: Boston College and New Hampshire each tallied 56 points to top a huge field of 31 schools and were announced as co-champions of the New England Women's Cross Country Championships. It would appear BC should be the winner by virtue of their fifth place #20 to #28 for New Hampshire. Nancy Scardina of New Hampshire was the individual winner by six seconds over BC's Nichell Hallett.

RESULTS: 1-Nancy Scardina (NH) 16:43, 2-Michelle Hallett (BC) 16:49, 3-Brandell (NH) 17:06, 4-Small (BC) 17:06, 5-Shea (BU) 17:15, 6-Fahey (Ct) 17:17, 7-O'Connell (RI) 17:22, 8-Carnes (SM) 17:24, 9-Adamoli (BU) 17:32, 10-Stearns (NH). Scores: 1-(Tie)



NANCY SCARDINA of the University of New Hampshire won the New England Cross Country Championship over a huge field in 16:43. (Jeff Johnson photo)

Boston College and New Hampshire 56, 3-Boston University 75, 4-Rhode Island 121, 5-Southeastern Massachusetts 199, 6-(Tie) Connecticut and Vermont 202, 8-Maine 255, 9-Providence 281, 10-Massachusetts 318, 11-Middlebury 322, 12-Southern Maine 336, 13-Holy Cross 377, 14-Bates 401, 15-Northeastern 419, 16-Fitchburg 473, 17-Bowdoin 488, 18-Smith 502, 19-Bridgewater 544, 20-Rhode Island College 551, 21-Colby 601, 22-MIT 708, 23-Lowell 720, 24-Coast Guard 734, 25-Brandeis 751, 26-East Connecticut 757, 27-Tufts 803, 28-Wheaton 836, 29-Simmons 864, 30-Emmanuel 879, 31-Mont Holyoke 888. Number of finishers - 202. Boston College also won the junior varsity race with 39 points over Providence and Fitchburg. Patty Egan of New Hampshire was the winner in 18:40 and 53 athletes finished.

HARFORD INVITATIONAL

Bel Air, Maryland, October 30: Villanova dominated the Harford Invitational although no score was announced. The Wildcats captured the first three places and added fifth, eighth and tenth for good measure. Jan Yerkes won the race by nearly half a minute in 18:16.

RESULTS: 1-Jan Yerkes (Vil) 18:16, 2-Mary Ellen McGowan (Vil) 18:45, 3-Beverly Reilly (Vil) 18:54, 4-Shelly Smith (Hagerstown) 19:07, 5-Eva Marie Berardi (Vil) 19:29, 6-Karen Wagner (Harford) 19:32, 7-Paula Gage (Har) 19:33, 8-Susan Cronin (Vil) 19:49, 9-Cathy Jones (Hagerstown) 20:19, 10-Patty Bradley (Vil) 20:40. Number of finishers - 25.

CROSS COUNTRY RESULTS

WEST REGIONAL NCAA

Riverside, California, October 30: Cal Poly/San Luis Obispo captured the NCAA West Regional Cross Country Championships and simultaneously won the CCAA Conference crown.

Amy Harper led the Mustangs to their twin triumphs with a 17 second margin of victory over UC Davis' Patti Gray. Harper was clocked in a very swift 16:29 for the 5000 meters. Gray's 16:46 was not too shabby, either, and she had to hustle to edge SLO's Jennifer Dunn at 16:47.

RESULTS: 1-Amy Harper (CP/SLO) 16:29, 2-Patti Gray (UCD) 16:46, 3-Jennifer Dunn (SLO) 16:47, 4-Carol Gleason (SLO) 17:04, 5-Maryanne Scannell (SC Sac) 17:10, 6-Kristin Thompson (SLO) 17:11, 7-Linda Somers (UCD) 17:12, 8-Magdalena Manriquez (CSN) 17:14, 9-Marilyn Nichols (SLO) 17:16, 10-Kathy Way (CSN) 17:32. Scores: (NCAA) 1-CP/SLO 23, 2-(tie) UC Davis and Cal State Northridge 75, 4-CS Hayward 90, 5-Seattle Pacific 115, 6-Eastern Washington 194, 7-UC Riverside 203, 8-CP/Pomona 225, 9-CS Sacramento 229, 10-CS Dominguez Hills 310, 11-CS Bakersfield 323. SCORES (CCAA): 1-CP/SLO 16, 2-CS Northridge 42, 3-UC Riverside 95, 4-CP/Pomona 102, 5-CS Dominguez Hills 162, 6-CS Bakersfield 178. Number of finishers - 82.

BIG EIGHT TO KANSAS STATE

Lincoln, Nebraska, October 30: Kansas State replaced perennial champion Iowa State as the Big Eight winner for 1982 cross country. The Wildcats edged the Cyclones 41-51 in spite of having two ISU runners finish in front of the Wildcat pack. Kansas State picked up 3-4-5 as Nebraska's Sabrina Dornhoefer scored an upset individual win by five seconds over favored Margaret Davis of Iowa State.

RESULTS: 1-Sabrina Dornhoefer (Nb) 17:00, 2-Margaret Davis (ISU) 17:05, 3-Suzanne Youngberg (ISU) 17:10, 4-Deb Pihl (KS) 17:20, 5-Barb Ludovise (KS) 17:51, 6-Betsy Silzer (KS) 17:52, 7-Sheri Rochel (Col) 18:01, 8-Renee Williams (KS) 18:08, 9-Diane Hirrlinger (Nb) 18:05, 10-Sara Stricker (Nb) 18:06, 11-Kelly Isavel-Roche (Ok) 18:12...20-Catherine Hunter (ISU) 18:31...44-Siri Bjelland (Ok) 19:57. Scores: 1-Kansas State 41, 2-Iowa State 51, 3-Colorado 80, 4-Missouri 89, 5-Nebraska 105, 6-Oklahoma State 187, 7-Kansas 191, 8-Oklahoma 193. Number of finishers - 53.

RAM INVITATIONAL

Ft. Collins, Colorado, October 30: Wyoming scored as they pleased to win the Ram Invitational at Colorado State University. The Cowgirls tallied 20 points to 61 for second place Adams State. The Wyoming "B" team was next with 92 and the host(ess) team finished fourth with 109. Wyoming's Allison Hollington won the race in 17:54 as Wyoming placed four runners in the first five spots.

RESULTS: 1-Allison Hollington (Wy) 17:54, 2-Andrea Everett (Wy) 17:59, 3-Denise Falzone (AS) 18:01, 4-Kerry Cerda (Wy) 18:09, 5-Lori Stock (Wy) 18:32, 6-Julie Dum (Col.College) 18:40, 7-Noreen Shea (Utah State) 18:45, 8-Brenda Grey (Wy) 18:54, 9-Denise Sonne (AS) 18:58, 10-Dawn Wilger (Wy) 19:05. Number of finishers - 40.

STANFORD AGAIN

Los Angeles, California, October 30: Scoring only 18 points, Stanford University continued its preparation for its head-on clash with the University of Virginia at the NCAA Championships by easily winning the Fourth Annual WCAA championship at Inglewood's Centinela Park. The Cardinals had their usual 1-2-3 with Ceci Hopp, Alison Wiley and Kim Schnurpfeil and added fifth and seventh for their score.

RESULTS: 1-Ceci Hopp (S) 16:44, 2-Alison Wiley (S) 16:55, 3-Kim Schnurpfeil (S) 16:55, 4-Sabrina Peters-Stern (AzSt) 17:15, 5-Regina Jacobs (S) 17:18, 6-Anthea James (Az) 17:35, 7-Ann Locke (S) 17:43, 8-Liz Baker (San Diego) 17:49, 9-Michelle Doane (AzSt) 17:52, 10-Laurie Crisp (SDS) 17:56, 11-Kim Gallagher (Az) 17:57...22-Jan Oehm (Az) 18:35...32-Jessica Spies (S) 19:25. Scores: 1-Stanford 18, 2-Arizona 65, 3-San Diego State 69, 4-Arizona State 74, 5-UCLA 127, 6-CS Long Beach 154, USC did not field full team. Number of finishers - 55.

HOUSTON WINS SWC TITLE

Georgetown, Texas, October 30: It was scheduled as a contest between Houston and Texas Universities, but an injury to Tara Arnold put the Longhorns out of the scoring completely and the Houston Cougars took the title over Arkansas and Texas A&M. Texas' Lori Nelson won the individual championship with a 33 second margin over Arkansas' Sharon Little in 17:45.

RESULTS: 1-Lori Nelson (Tx) 17:45, 2-Sharon Little (Ark) 18:18, 3-Disa Lewis (Rice) 18:24, 4-Cindy Anzalone (Hst) 18:27, 5-Patti Costello (Hst)



One of the University of Oregon's "backup" runners is KIM ROTH. (Jeff Johnson photo)

18:29, 6-Tracy Wong (Tx) 18:33, 7-Suzanne Sheffield (TxA&M) 18:40, 8-Jody Pease (Hst) 18:46, 9-Debbie Agosta (Ark) 18:49, 10-Sandy Forsythe (Baylor) 18:51. Scores: 1-Houston 36, 2-Arkansas 42, 3-Texas A&M 54, 4-Baylor 112, 5-Texas Tech 116, 7-Rice 117. Number of finishers not known.

JO WHITE IS BACK

Williamsburg, Virginia, October 30: Josephine White made her first 1982 cross country appearance a successful one as she won the Virginia Intercollegiate League title by 17 seconds over James Madison's Cindy Slagle. White's winning time for the 5000m course was 17:51. Virginia Tech captured the team gonfalon by five points over James Madison.

RESULTS: 1-Josephine White (Rich) 17:51, 2-Cindy Slagle (JM) 18:08, 3-Inge Schuurmanns (VCU) 18:21, 4-Linda King (Tech) 18:23, 5-Nina Carter (JM) 18:24, 6-Janet Osswald (Tech) 18:26, 7-Denise Marini (JM) 18:30, 8-Lori McKee (Tech) 18:31, 9-Cheryl Puosto (Tech) 18:41, 10-Susan Earles (JM) 18:49. Scores: 1-Virginia Tech 42, 2-James Madison 47, 3-(Tie) George Mason and Richmond 72, 5-William & Mary 126, 6-Virginia Commonwealth 154, Old Dominion did not score. Number of finishers not known.

BOISE INVITATIONAL

Boise, Idaho, October 30: The University of Utah, using a 1-2-3 finish, barely captured the team title at the Boise Invitational, edging Weber State by two points, 28-30. The Lady Wildcats grabbed 4-5-6-7-8, but it wasn't good enough to catch the Utes. Jill Molen, Utah's All-American, won the race in 17:57, 38 seconds in front of teammate Carla Pittelkow who in turn was 44 seconds in front of third placer Monica Schliep.

RESULTS: 1-Jill Molen (Utah) 17:57, 2-Carla Pittelkow (Ut) 18:35, 3-Monica Schliep (Ut) 19:19, 4-Kristi Hamasaki (W) 19:21, 5-Camile Davis (W) 19:42, 6-Carmund Gardund (W) 19:52, 7-Diana Jones (W) 20:02, 8-Sona Schmidt (W) 20:12, 9-Kathy Nichols (BS) 20:13, 10-Connie Sweet (Ut) 20:13. Scores: 1-Utah 28, 2-Weber State 30, 3-Boise State 83, 4-Idaho State 105, 5-Eastern Oregon State 115. Number of finishers - 31.



VIRGINIA - WHO ELSE?

College Park, Maryland, October 30: Running without Lisa Welch and Aileen O'Conner, the powerful University of Virginia still set all sorts of records as they easily annexed their conference crown. The Cavaliers registered the fewest points ever scored in the conference meet (20), and had the largest margin of victory (23) in history. One shudders to think what slaughter there would have been had the two missing aces taken part in the gambling. Clemson continued to be the surprise team of 1982 with their second place finish ahead of North Carolina State. The Tigers tallied 43 points to 74 for the Wolfpack.

Lesley Welch won the race in a very swift 16:12, some 19 seconds in front of teammate Martha White. Yet another Virginian, Jill Haworth, picked up third in 16:34.

RESULTS: 1-Lesley Welch (Va) 16:12.4, 2-Martha White (Va) 16:31, 3-Jill Haworth (Va) 16:34, 4-Stephanie Weikert (Clem) 16:35, 5-Marisa Schmitt (Va) 16:36, 6-Kerry Robinson (Clem) 16:42, 7-Tina Krebs (Clem) 16:47, 8-Connie Jo Robinson (NC St) 16:42, 9-Dana Slater (Va) 16:47, 10-Judith Shepherd (Clem) 16:51, 11-Mary Jean Wright (Va) 16:55, 12-Joan Nesbit (NC) 17:03, 13-Sandra Cullinane (NC St) 17:08...18-Jean Whiston (Md) 17:24...22-Cindy Duarte (Clem) 17:41. Scores: 1-Virginia 20, 2-Clemson 43, 3-North Carolina State 74, 4-North Carolina 114, 5-Maryland 118, 6-Wake Forest 159, 7-Duke 185. Number of finishers - 44.

HIGH SCHOOL

By Rich Ede

Eugene, Ore--September 25: Peggy Murri (South Salem) breezed to a 38-second win over a 3000 meter course, clocking 10:32.2 over Kristy Johnston (Marshfield) in 11:10.0. One hundred sixty-one girls finished the course in this Franklin Memorial Classic at Lane Community College. Results: 1. Peggy Murri (South Salem) 10:32.2, 2. Kristy Johnston (Marshfield) 11:10.0, 3. Carolyn Ladd (Crescent Valley) 11:17.9, 4. Trish Powell (Crook County) 11:27.3, 5. Julie Siler (Gold Beach) 11:28.3, 6. Jennifer Pade (Gold Beach) 11:29.6.

Charlottesville, Va--October 2: Andrea Volpe (Lake Braddock) surprised no-one as she ran away with the "Cavalier" (seeded) race in the University of Virginia Invitational, winning in 18:28.3 over 5000 meters. Meg Waldron (Bernard's) was a distant second in 19:01.7. Best race of the day was the "Harrier" division where Kim Duncan (Powhatan) edged Demarla Rubbertson (J-H-W/ Richmond) 19:34.1 to 19:35.5. Results: 1. Andrea Volpe 18:28.3, 2. Meg Waldron 19:01.7, 3. Alisa Harvey (Jefferson) 19:22.4, 4. Cecile Gaines (Blacksburg) 19:41.9; "Harrier" 1. Kim Duncan 19:34.1, 2. Demarla Rubbertson 19:35.5.

Walnut, Ca--October 30: Junior Katie Dunsmuir (Palisades) and soph Laura Cattavera (Mira Costa/ Redondo Beach) both edged Polly Plumer's year-old course record, clocking 17:25 and 17:26 respectively. Unfortunately, Cattavera ran her record in the team sweepstakes race, while Dunsmuir broke that in the next race, the individual sweepstakes which saw Tanya Fischer (Chaminade/ 17:43), Susan Blakeslee (Vista/ 17:46), and Claire Fiet (Mater Dei/ Santa Ana/ 17:57) all under 18:00 on the 3 mile hill course. Since California has no state meet, Blakeslee (San Diego Section) and Dunsmuir (Los Angeles Section) won't meet the Southern Section runners again this year. Southern Section, meanwhile, does not have an interdivisional meet so Fischer (1A), Cattavera (3A) and Fiet (2A) won't get a shot at each other until the Kinney meet in Fresno.

Results: Team Sweepstakes: 1. Cattavera 17:26, 2. Joanne Maldonado (Bishop Amat/ La Puente) 18:25, 3. Karen Ebner (BA) 18:34. Ind. Sweepstakes: 1. Dunsmuir 17:25, 2. Fischer 17:43, 3. Blakeslee 17:46, 4. Fiet 17:57, 5. Tammy Brazel (Chino) 18:21, 6. Rizzo (Hart) 18:24, 7. Gladys Prieur (Le Lycee Francais) 18:28.

MORE REEL OFF

Joe Henderson, in his "Running Commentary", offers an idea for your perusal. What do you think of this?

"Cross country at its best is natural running. It avoids the symmetry of track and road, and defies precise checking of time and distance. It is a vacation from the unforgiving surfaces and timing of the other two phases of the sport. "Cross country at its best also is a meeting place for people from the track and roads - a neutral ground where each should be able to race equally well.

"Cross country isn't run close to its best in the U.S. now. Too much attention is given to fast courses and record times. Above all, the distances are too long. They favor the roadie and make the trackster compete on his terms.

"A proposal as the new season is about to begin:

1. No race be allowed to call itself 'cross country' if any part of it is run on a track or a road. Grass and dirt only, please.

2. Measure courses only approximately, give no split times, and change courses frequently so comparative times and records are meaningless. Runners get timed and recorded to death in the other seasons.

3. Shorten the distances to a maximum of 3000 meters for junior runners and 5000 meters for mature ones. This would draw in more short-distance runners by giving them a fair chance, and it would keep all runners from exhausting themselves quite so much with twice-a-week 5-K's in high school and weekly 10-K's later. Coaches and officials, give cross country people a break!"

Some European countries run cross country with a set starting point and a set finishing

point. How the runner reaches the finishing point is up to the runner - across field, stream, dale, marsh, et al. 'Tis a thought.

MORE LETTERS

"I just don't believe all the names in your "Names I Like" section are actually real names. Be honest, don't you make some of them up?"

Marilyn Fellows
Warrensburg, NC

Not a syllable is from my imagination. They are all legit. Not only that, you would blush at some of the names we DON'T print.

SFVR

"Our entire team reads and enjoys your publication every month. It is certainly supplying a much needed item for all those women interested in track and field. The team members, while they pour over the results, et al, really chuckle at your "Kaleidoscope" and "Reel Off" columns.

Al Gillespie
Parkersville, ND

PERSONALITIES

HEATHER CARMICHAEL KEEPS BUSY

From Penn State SID

If idleness is the devil's workshop, he'll have to find someone other than Penn State senior Heather Carmichael to work on.

A two-time All-American distance runner from New Zealand, Carmichael started running because she was bored. "I just did it as something to get out of the hostel (dormitory)," she says.

"I used to go over to the athletic field and run with the girls who were trying out for track. I ended up running more than they did."

Carmichael's career as a runner was helped considerably by her New Zealand coach Arthur Lydiard. Under his direction, Carmichael won national scholastic championships in New Zealand in 1977 and 1978.

New Zealand's athletic system is different from the organized sports program in the United States, according to Carmichael. "Success in New Zealand is dependent on the athlete's desire and dedication," she says. "Most of the competition is between independent athletic clubs and runners are coached individually, if at all."

Lydiard brought Carmichael and some other New Zealand runners to the United States in the summer of 1979. They travelled across the country by car and while Lydiard taught at clinics, Carmichael and the other runners competed in races.

Carmichael's biggest triumph that summer was in Atlanta where she won the women's division of the Peachtree Road Race. She covered the 10000 meter distance in 33 minutes and 38 seconds, breaking the course record set by Mary Decker.

Once Carmichael made her decision to come to Penn State, she made an immediate impression in collegiate cross country. She helped the Lady Lions win the Eastern championship and then placed eighth nationally in the 1979 collegiate championships helping her team finish third overall.

Injuries have slowed Carmichael in subsequent national cross country races. She finished 24th in the 1980 nationals but ran with a painful planter's wart on her foot. She dropped to 48th place in the 1981 NCAA championship after sitting out all but one meet during the regular season while trying to make a comeback from a foot injury.

Carmichael began her senior year in cross country in the best condition of her career. She has responded by winning the Lady Lion, Rutgers and Paul Short Invationals.

Carmichael and her Penn State teammates will try to extend their streak of dominating Eastern cross country opponents this fall. The Lady Lions have won either Eastern AIAW or NCAA district team championships every year since 1975.

CANDY YOUNG

From Fairleigh Dickinson SID

Teaneck, New Jersey: Candy Young, Fairleigh Dickinson University's All-American hurdler, accomplished much more than sight-seeing and shopping during her three week tour of the European track circuit this past summer.

The 20-year old junior ran eight races in 17 days and recorded some of the best times of her life against the top hurdlers in the world. Included was a pair of 12.89 times (in Stuttgart, Germany, and Brussels, Belgium), her personal best.

In Stuttgart, Young beat Stephanie Hightower, recognized as the best in the United States, for the first time outdoors.



CANDY YOUNG (Jeff Johnson photo)

"I always knew I could beat her, but I need something to motivate me," Young said. "Until then I guess I never really felt like running. But that night I was mad because her coach (Mamie Rallins) was really bugging me, trying to psych me out before the race. She really ruffled my feathers."

"I got off to a great start and I think that threw Stephanie off. She isn't used to trailing. She started running my race, trying to catch up and hit a couple of hurdles. I always seem to run better when I'm mad or under tension."

Young's only other victory over Hightower was indoors in Dallas last January when she tied the American record. The duo also battled in the Millrose Games with the judges ruling a controversial deadheat, although with the naked eye Young appeared to be an easy winner. That race was in world record time (7.36).

"Those races this summer in Europe did a lot for my confidence," Young said. "I really felt good and my legs held up despite running every other day. I felt very satisfied and it

proved to me that Russ's (Coach Russ Rogers) way is the right way. He has brought me along slow my first two years at Fairleigh Dickinson because of all my leg problems. He wanted to give the leg time to get stronger.

"I didn't always agree with him because I didn't accept his philosophy. Sometimes I rebelled against it, but as time went by I could tell he was right all along. We have it together now and I'm anxious for 1983."

Aside from running, Young found a little time to do the "normal" things a young girl would do in Europe...shop, sightsee and have a good time.

"Basically it was pretty boring because we were always travelling to another city - Prague, Zurich, Berlin, Cologne, Koblenz, Brussels, Stuttgart and Copenhagen - and living out of a suitcase. But I did do some shopping and tour around."

Rogers, a world-class hurdler himself in the mid-60's, thinks his protegee is ready for a big year.

"You could see her getting better with each race and you knew it would only be a matter of time before she beat Hightower."

Roger said. "In Koblenz, Candy ran 13.02 to 13.01 for Hightower and the next race they both ran 12.89. The next one was in Stuttgart and Candy was ready and blew her away by three yards."

"If her leg stays healthy, I don't think there's anyone in America who will beat her next year. She's got a new style (European) down pretty good and she's ready for better things."

Candy is taking time off now, but will be starting to train for the indoor season soon.

BECKY COTTA

From Purdue SID

It's ladies first and in keeping with that idea, Boilermaker cross country star Becky Cotta, a junior from Wheaton, Illinois, has been selected as Purdue's "Athlete of the Month" for September.

"I've been pleased with my performances so far," says Cotta who has been the top Boilermaker finisher in each of the five outings thus far this season. "The main thing is that I am enjoying it. I haven't put a lot of pressure on myself, I just go out, do my best and the fast times will come."

Cotta, a veteran of six national cross country and track competitions over the past two years is a Purdue record holder as a member of the 4x800 and distance medley relay teams indoors. Just last spring she was tabbed as an AIAW All-American through her participation on Purdue's 4x800 team, but for Cotta that isn't quite enough.

"I've set two goals for myself this season," says the 5'7 dynamo. "I want to be an NCAA Cross Country All-American. The competition in the NCAA meet is so tough that it would mean so much. But I don't want to stop

there. I'd like to go to the TAC Cross Country National Championships in New York. It's a qualifying meet to determine which runners will represent the United States in international competition and only certain runners get a chance to go."

As with most athletes that are trying to juggle academics with athletics, her hectic schedule leaves her little time to unwind. During the season you will find Becky putting in close to 50 miles a week of road work which is little reprieve from the 60 miles she covered during the summer months.

"Over the past summer I worked full time from 7 a.m. to 6:30 p.m.," Cotta explains. "I'd get up in the morning and run three or four miles before going to work, come home at night, eat supper and then do another workout." When she's not in training, chances are pretty good you will find her hitting the books shooting for a degree in applied mathematics and structural engineering.

SUZANNE YOUNGBERG

From Iowa State SID

Iowa State cross country coach Ron Renko would like some more "dumb ones" like Suzanne Youngberg. Youngberg said when she was a sophomore in high school, the athletic director asked for volunteers to the school's cross country program. "I was the only dumb one," she laughed. But "dumb" is the least appropriate word to describe the Iowa State freshman. She was valedictorian of her high school graduating class and is "making the grade" on the ISU cross country team with two second and two third place finishes so far this fall plus a sixth place in the TFA/USA Mid-American Championship.

In high school she trained without a coach or teammates through her sophomore year. She then started going to nearby Shenandoah to work with its cross country team. In her junior year she won the State cross country title of Iowa and was second as a senior.

Youngberg was apprehensive about coming to Iowa State. She worried about how she would do on the ISU team with its national prominence in distance running.

So Youngberg trained hard all summer, diligently doing the workouts prescribed by Renko. She increased her mileage from 20 miles per week to about 80. Her weekly average now is between 70 and 90 miles.

"The farthest I had ever run at one time in high school was six miles. Now we do 15 all the time," she said.

Youngberg has enjoyed the increase in training and the competitiveness of the program. She also likes having teammates to encourage her and help her adjust to collegiate running.

"I get scared before I run, but I think I was more scared in high school. Having a team helps. Here I have to concentrate on other things and that wipes away the nervousness."

Youngberg and the rest of the Cyclones are gearing toward repeating as Big Eight champions. If successful,

it will be their seventh team title.

Renko and Youngberg have set her individual goal to finish in the top five in the conference meet. That won't be easy running against ISU's Margaret Davis, Oklahoma's Kellie Cathey, Missouri's Andrea Fisher and Sabrina Dornhoefer who were second, third, fourth and sixth last year.

But being scared and a little bit awed by the opposition has worked very well so far this season for Youngberg

ISAVEL ROCHE-KELLY

By Debbie Copp

Isavel Roche-Kelly left many things behind when she left Capetown, South Africa, to journey to the US and Oklahoma to compete for the University of Oklahoma Sooners. And one of the things she left behind is one reason she likes living in America so much.

"Things are so much freer here. There is a much greater mixing of the cultures. We have some mixing in Capetown but not anything like you have here in this country. It's not nearly as integrated in South Africa as it is here and I enjoy mixing with people from different cultures," Roche-Kelly explained.

South Africa's social structure has adversely affected many groups and one of those groups is the athletes.

"We have many world class athletes in South Africa but you never hear about them outside of South Africa because of apartheid. We have some very good cross country runners but because of the segregation, they don't get a chance to compete. It's really unfortunate because there is more integration in athletics (track and field) than in any part of our society. And it's the athletes who are discriminated against."

An Irish citizen, Roche-Kelly moved to South Africa with her family when she was 10 years old. She is the first woman from South Africa to attend Oklahoma University but she thinks many will follow her path.

"I think we have some very good runners. Many of them are looking for an opportunity to compete outside South Africa. They are very motivated, very keen to train to do their very best.

"There are some differences in the training conditions here as well. It's so flat in Oklahoma - I'm used to training on hills and that is a disadvantage, I think. But it's much hotter here than in South Africa. That's an advantage - it's a chance to build up your heat endurance," Roche-Kelly added.

Roche-Kelly made the connection with OU because of Ricky Robinson, an OU runner who had been her coach for two years.

"Ricky has worked with me for two years and he knew that OU was looking for some women distance runners. I saw it as a chance to meet different people, go to a different place to study and see a different way of life. I am studying journalism and political science and it helps me to see how different people live, to understand why they do what they do."

In coming to OU, Roche-Kelly also

got a chance to train with Filbert Bayi, a former Olympian, and Kellie Cathey, a possible Olympian. And it was a chance that Roche-Kelly relished.

"It always helps to have people to train with who are better than you are. Filbert has so much experience and I hope to learn from that experience. Here we are, training every day with a world class runner, an Olympian. He's so down to earth. It's a fantastic experience for me, one that I can learn from.

"I think we have a very good chance to do well in the Big Eight.

Personally, I want to do well and earn a chance to go to the nationals. It's an opportunity for me to run against some of the best this country has to offer. It's a chance I can't let slip past," Roche-Kelly explained.

An athletic scholarship offers the athlete so many different things. For Isavel Roche-Kelly, it offers a chance to see a different way of looking at the way people live together. It also offers her a chance to run with some of the best runners this country has to offer. In the long run, isn't that what athletics is all about - a chance to prove who and how good you are and in the process, learn more about people.

(Ed note: Author Copp omitted the answer to the question on everyone's mind concerning Roche-Kelly. How did she get that name?)

Letter

"I was glad to see the column 'The Coach Says' back in your October issue after being absent during the summer months. Not only are the quotes interesting, but it is fun to see some of the master minds trip over their own words, so to speak."

Virginia Pacey
Warrensburg, Va

1:56.59 FOR KRATCHOVILOVA

Czechoslovakia's 31-year-old Jarmila Kratchovilova, who has confined her activities to the sprints and ran a relay 400 leg at the European Championships in 47.5, took her first fling at two laps and set a new National record of 1:56.59s. The feat was more remarkable in that second place was some 14 seconds to the rear with a 2:10 plus time. Kratchovilova now has 1982 bests of 11.10 for the 100m, 22.36 for 200m, 48.85 for 400m and 1:56.59 for 800m. Wonder what she will run the 800 in when she learns the event?

THE COACH SAYS . . .

BILL SILVERBERG (Oklahoma): "We have not run our full team at any meet this year and we still have not had every runner perform up to potential. We need more work on strength. We still need to work on our fifth runner. We will improve."

BOB SORANI (Sonoma State): "We've continued to improve even though we have been very tired. Many of our runners ran their best race of the season last week in spite of this and should improve even more as we get close to the conference championships."

PETER SMITH (Dartmouth): "Our 'pack finish' was a typical Dartmouth team effort and our times were better than expected. I am very pleased especially the manner in which the team compensated for the loss of one of our top runners."

DEBBIE HUNT (Western Michigan): "We were pleased once again with our pack running, with six women placing relatively close (two minutes) together. And our seventh and eighth runners are capable of replacing one of those six, should the need arise."

JIM GROGAN (Wagner College): "I was a little surprised at our fast start (of the season), but it wasn't exactly unexpected. Once we had our team formed and we analyzed our situation, we recognized the caliber of runners we had at Wagner and realized we were a much improved team."

DAMIEN KOCH (Colorado State): "The women's times have progressed more rapidly this season because we have worked very hard on improving our times."

MARTIN SMITH (Virginia): "We ran well once again as far as team score is concerned, but we need to improve in the area of time differentiation between our runners. At the last meet our first and fourth runners came in sixteen seconds apart. I would like to have that time down to 10 seconds."

RON RENKO (Iowa State): "We still have a lot of concerns at this point in the season. Even though we won, it doesn't mean we have everything together. We have a lot of juggling from our third and eighth runners. That's a good thing because it means our younger runners are gaining confidence. But from an objective standpoint, as a coach, we have too much time difference between our top runners and the rest of the pack. We still have a lot of room for improvement."

PHIL DELAVAN (Texas): "Wong is strong."

FRED WILT (Purdue): "Our girls are running well and finishing the fifth kilometer very strong, but I know they can run faster. I often give the girls a week off from competition. Toward the end of a season the workouts stay pretty much the same. I never give them the same workout two days in a row, but it is always 70 percent aerobic and 30 percent anaerobic. We

do put in a bit more speed work right before the big meets."

TERRY CRAWFORD (Tennessee): "We haven't really been tested yet, so we really don't know what our actual potential is."

TONY SANDOVAL (California): "We have a shot at qualifying for Regionals. Our problem is we have only five runners, so if one of them has a bad meet, we're out of it."

STEVE JOHNSON (Oregon State): "Sophomore Sandi Nevis has been leading us in all the workouts, but sophomore transfer Karen Mathison is right behind. We have such a close group, the varsity could jumble from meet to meet. We really don't have any outstanding frontrunners yet."

BEV ROUSE (Arkansas): "We're good and I think even better than last year. But, it's tough to evaluate when competing only with teams in our area of the country."

MARGARET SIMMONS (Murray State): "The team has been inconsistent. If they don't improve, they may be eating Eastern Kentucky's dust in the championship."

BOB SORANI (Sonoma State): "This is definitely the strongest team we have had at Sonoma State. In addition to beating three conference teams, we have narrowed the gap between us and those still ahead of us. And I know we will continue to get better."

FRED LaPLANTE (San Diego State): "If Stanford hadn't come into the League this year, it would have been a great race between four teams for the championships. Now it will be a great race for second place."

FRED WILT (Purdue): "Our athletes are running better than ever. Becky Cotta is going like a bomb."

JIM KLEIN (Boise State): "We were basically overwhelmed."

LETTER

"Although it is quite evident your magazine does do its best to give equal space to all schools, it is also evident some institutions receive more coverage than others. Is there a reason for this discrepancy?"

Janie Worthy
Des Moines

Dear Janie:

You are right. We try and give everyone coverage and we print nearly everything received. Unfortunately, some schools' Sports Information Offices and/or coaches don't respond either promptly or correctly or legibly. Makes it difficult.

This following statement is not a "shot" at either of our two local BIG schools, but as an example we can tell you that a competition held at UCLA will be fully covered in the next morning's Los Angeles Times. But we never receive anything from UCLA. On the other hand, competitions held at USC are at least a day delayed in their Times coverage - if it appears at all. But we ALWAYS receive ample information from USC.

Many SID's report on only their own athletes in their summaries - which does us no good - yet they probably wonder why their meet hasn't been covered. "We sent them information", they will report to the coach. But it is worthless.

If coverage is wanted, we suggest YOU (whoever you may be) send us the COMPLETE results - your school and the other school or schools. Use first names. Get rid of the ditto and mimeo machines that don't print dark enough to be read. Give us a clue as to what the competition was, where it was, when it was. All vital. Then add whatever else is desired.



ALL-TIME ALL-AROUND THROWER

1-Cindy Crapper (Ky/Can)	49'6 (81)	164'10 (81)	181'10 (82)	396' 2
2-Kate Schmidt (PCC)	42'7 (Un)	116' 8 (82)	227' 5 (77)	386' 8
3-Carol Cady (Stanford)	50'0 (82)	179' 0 (82)	141' 3 (82)	370' 3
4-Robin Small (Nb)	49'11(82)	167' 7 (82)	140'10 (81)	358' 4
5-Cecil Hansen (Ok/Nor)	53' 4(82)	152'11 (81)	152' 8 (81)	358' 1
6-Mary Hyden (Missouri)	53' 4(82)	165' 0 (82)	140'11 (82)	352' 5
7-Jodi Smith (W.Va)	47' 2(82)	153' 5 (82)	145' 3 (82)	345'10
8-Jacque Nelson (UCLA)	49'3 (81)	128' 9 (82)	173'11 (80)	343'10
9-Susie Ray (UCLA)	49'3 (81)	112' 8 (82)	173' 7 (82)	335' 6
10-Sue Doucette (Idaho State)	48'2 (82)	147' 2 (80)	140' 0 (80)	335' 4
11-Ramona Pagel (CSLB)	53'4 (82)	161' 3 (81)	118' 7 (82)	333' 2
Bonnie Tamis (Kent St)	48'10(82)	165'10 (82)	118' 6 (81)	333' 2
13-Sarah Albers (N.Colorado)	46'6 (81)	142' 4 (82)	142' 9 (82)	331' 7
14-Peggy Pollock (CSLB)	51'8 (82)	137' 6 (82)	141'10 (82)	331' 0
15-Alma Cobb (Army)	42'11(82)	150'11 (82)	135' 0 (82)	328'10
16-Carla Garrett (Alb.DD)	42'6 (82)	152' 1 (82)	133' 5 (82)	328' 0
17-Laura DeSnoo (SD State)	44'0 (81)	169' 7 (82)	113' 7 (82)	327' 2
18-Jo Beth Palmer (Texas)	49'4 (82)	160' 5 (82)	116' 2 (82)	325'11
19-Pam Schmidt (Midland, Nb)	42'9 (82)	146'11 (82)	135' 5 (82)	325' 1
20-Nini Davis (St.John's)	52'7 (82)	144' 6 (82)	127' 7 (82)	324' 8

WORLD ALL-TIME BEST JAVELIN THROWERS

The East German weekly "Der Leichtathlet" recently published a comparison study of the annual progression of the top 13 javelin throwers of all time. We reprint it here (meters changed to yards and inches) for your study. It is possible to observe many unusual things such as this year's European champion, Verouli of Greece, has only thrown the javelin for four years - but she didn't begin until she was 23! Australia's Petra Rivers has perhaps the most odd career ret'ring at age 22, then coming back at age 27 and registering her lifetime best this year (227'3) at age 30. For those who might get discouraged from time to time, note that very few ALWAYS improve each year. 'Tis an interesting study.



SANDERSON FUCHS GUMBA TODOROVA

Age	Sakorafa (1957)	Lillak (1961)	Todorova (1963)	Biryulina (1955)	Verouli (1956)	Fuchs (1946)	Sanderson (1956)	Schmidt (1953)	Rivers (1952)	Raduly (1954)	Colon (1958)	Gumba (1959)	Kempe (1963)
15	-----	147' 5	154' 2	125' 5	-----	-----	137' 10	-----	163' 5	150' 2	-----	-----	163' 6
16	-----	157' 3	189' 6	-----	-----	120' 2	141' 3	-----	161' 8	164' 5	-----	178' 4	182' 3
17	170' 5	169' 3	217' 10	147' 9	-----	141' 10	168' 5	191' 6	186' 3	171' 9	146' 11	191' 2	176' 11
18	183' 10	184' 11	235' 10	151' 7	-----	152' 6	180' 7	-----	202' 7	178' 3	164' 4	197' 8	212' 0
19	188' 4	200' 2	218' 9	-----	-----	169' 10	178' 6	200' 6	186' 9	189' 5	178' 3	206' 11	224' 4
20	182' 10	217' 8	-----	158' 9	-----	168' 4	220' 6	207' 9	204' 6	191' 11	208' 4	224' 0	-----
21	196' 1	237' 6	-----	176' 4	-----	184' 0	210' 0	203' 2	200' 8	195' 2	211' 3	-----	-----
22	193' 4	-----	-----	184' 8	-----	189' 4	214' 4	209' 7	182' 0	196' 6	224' 5	-----	-----
23	194' 8	-----	-----	195' 5	175' 11	182' 5	228' 8	218' 3	-----	197' 8	-----	-----	-----
24	208' 2	-----	-----	229' 11	189' 4	198' 10	225' 11	227' 5	-----	208' 10	206' 0	-----	-----
25	243' 5	-----	-----	-----	204' 4	198' 8	-----	210' 0	-----	220' 6	-----	-----	-----
26	-----	-----	-----	-----	229' 9	213' 5	-----	208' 7	-----	225' 9	-----	-----	-----
27	-----	-----	-----	-----	-----	216' 10	-----	207' 4	181' 11	-----	-----	-----	-----
28	-----	-----	-----	-----	-----	220' 6	-----	200' 1	201' 4	-----	-----	-----	-----
29	-----	-----	-----	-----	-----	218' 0	-----	-----	208' 4	-----	-----	-----	-----
30	-----	-----	-----	-----	-----	226' 9	-----	-----	227' 3	-----	-----	-----	-----
31	-----	-----	-----	-----	-----	226' 1	-----	-----	-----	-----	-----	-----	-----
32	-----	-----	-----	-----	-----	226' 11	-----	-----	-----	-----	-----	-----	-----
33	-----	-----	-----	-----	-----	228' 1	-----	-----	-----	-----	-----	-----	-----
34	-----	-----	-----	-----	-----	229' 6	-----	-----	-----	-----	-----	-----	-----

LILLAK VEROULI SAKORAFSA SCHMIDT





**THIS COUNTRY SHOULD
BE RUN BY THE ELITE.**

Not so long ago, the Elite did rule.

There was hardly a cross-country title that didn't fall victim to this shoe. In either collegiate or high school competition. In fact, in its heyday, the Elite set the American record for the marathon.

Well, you can kiss those days goodbye.

Because now there's the Elite Classic. And, frankly, it puts the old Elite to shame.

Oh, the colors are the same.

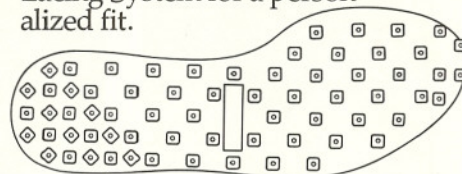
And the patented Waffle outsole is still there—because there is just nothing better suited to both road and trail.

What's missing is the weight. The new Elite Classic is more than an ounce lighter than the original.

By going to a new EVA formulation in the midsole, we were able to knock the weight down and yet leave the cushion right up there.

Pretty astonishing. And so is the fit. The new Elite Classic is made on an improved curved last that gives more room in the toe box and a more stable heel. We

also added our Variable Width Lacing System for a personalized fit.



In short, the shoe that made history is back for a rewrite. So if you have any interest in cross-country or road racing, get your hands on the new Elite Classic.

And run it out of town.



Beaverton, Oregon