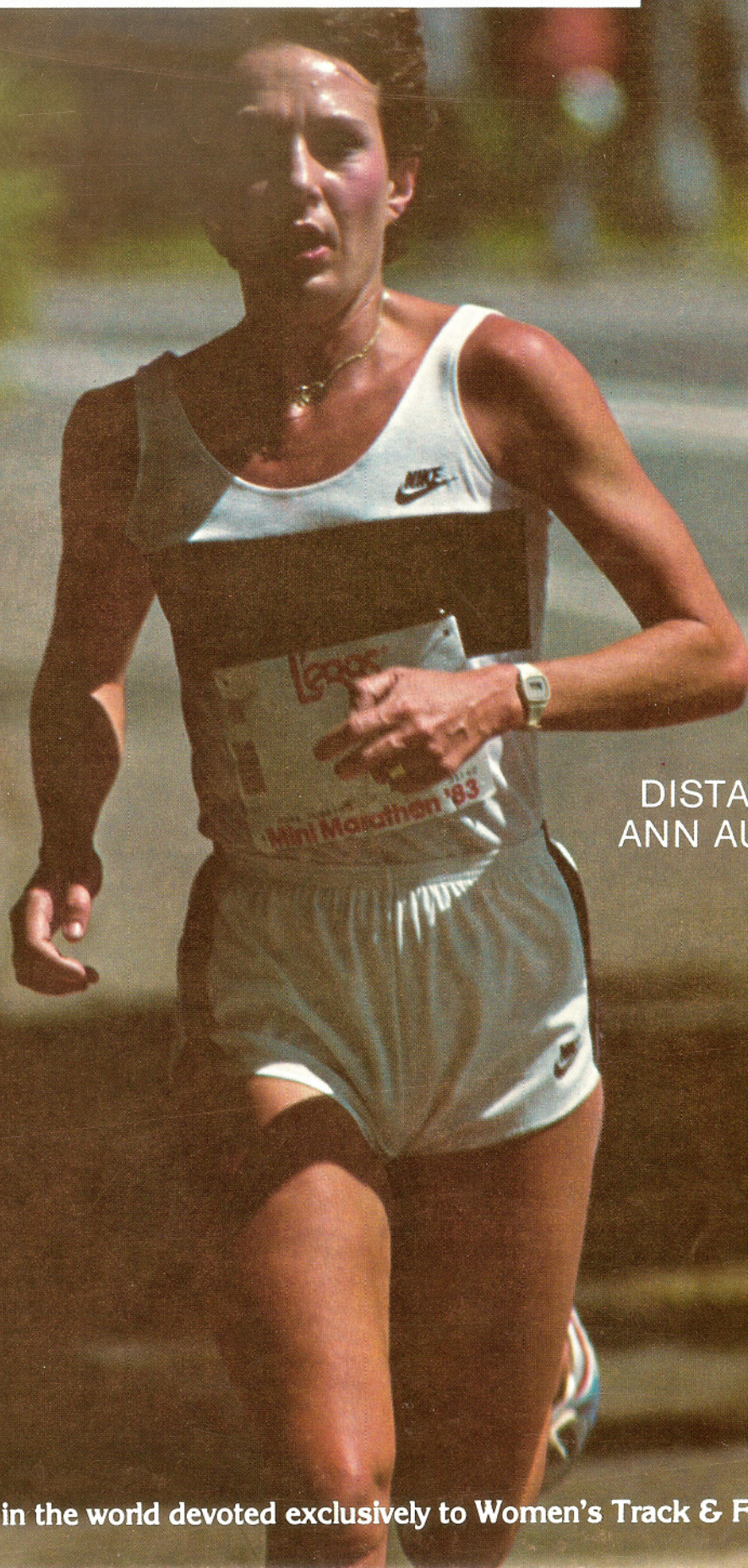


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REEL OFF

A couple of pats on the back from WTFW to WTFW.

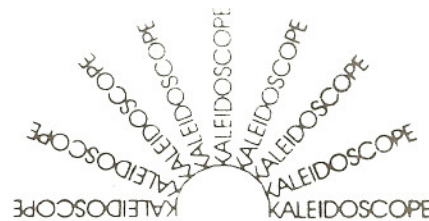
We believe we are giving women's track more coverage than any other publication. Last month, for example, we listed results of nearly 90 cross country meets and gave a short account of the competition plus at least the first ten finishers with their times. We gave the scores of every team in each of the competitions and, when possible, the total number of finishers in each race.

As a comparison, the last issue of "Track and Field News" gave you no cross country results and "Harrier", a magazine which specializes in cross country coverage, had the results of only 29 races with, usually, only the first five finishers listed and in some instances no individuals named at all. This is not a "shot" at either TFN or Harrier. Couldn't get along without them, BUT we believe WTFW is doing a better job for the women.

In that connection, with indoor track and the important 1984 outdoor season coming up, we are asking the track coaches who receive this publication for free to check with their Sports Information Director and make certain WTFW is on their mailing list. We ask for rosters, schedules, brochures, results. And photos. We welcome especially photos which can be used on our cover. We need color slides, vertical shots only. Get us your information and results and we'll print them. Guaranteed. This is your magazine. Use it to your advantage.

It's drugs again. Or, to be specific, steroids again. We receive much mail on the subject and the reason seems apparent. Athletes and coaches really know very little about steroids. Are they as

Continued on page 19



History lesson for Wisconsin students: Aren't you glad the original name for Wisconsin was modernized? It was spelled "Ouisconsin" to begin with. How about singing "On Ouisconsin" a couple of times.....Wanta run in the 1984 London Marathon? So far 62671 entries have been received.....They sold 322402 tickets to the World Championships and estimate more than one thousand million viewers watched every day on TV.....

Ever give a party and have no one show up? That's what happened at the University of Hawaii Cross Country Invitational. Only runners were from the University of Hawaii. But they ran - and they won.....Back in 1970 Rose Bacoul of France began her career in track. As a teen-ager she had bests of 12.1 and 24.9 in the sprints. As a 20-year old she improved to 11.39 and 23.37, BUT last year, as a 31-year old she had lifetime bests of 11.16 and 22.59. Stay in there all you young runners!.....

A couple of non-track items. We started to watch the world series and the first words we heard came from Joe who said "I got here earlier than him". Then switched to Monday night football and came in on "The Redskins was blitzen everybody". After a series of "Him and me's" by O.J., we switched back to "Mash".....If you watched Elizabeth Taylor in "Cleopatra", did you notice it was Archie Bunker who put the first knife into Caesar - Carol O'Connor himself.

New assistant track and cross country coach at the University of Rhode Island is Gordon Rackley.....Great XC brochure from Wisconsin/La Crosse - 61 8½x11 pages.....In his "Running Commentary" Joe Henderson says "Lesley Welch is now free from the demands of college running". Remember what happened to all those ladies who pulled out of college in 1983 to concentrate on making the World Championships team - none of them made it and none of them improved.....

Wish publicists would stop referring to volleyball teams as "spikers". Everytime I see the word I think I'm going to read

Continued on page 20

CROSS COUNTRY

PENN STATE OVER MARYLAND

University Park, Oct. 1: With Paula Renzi leading the way, Penn State scored a 21-38 win over visiting Maryland in a 5000m jaunt on the Penn State Blue Golf Course. Renzi covered the distance in 17:28 for a five second margin over the Terrapins' Carolyn Ford.

The meet originally was to have been a three-way affair with National Champion Virginia as the third team, but the Cavaliers were forced to withdraw. It has not been a good year for Coach Dennis Craddock and his crew.

RESULTS: 1-Paula Renzi (PS) 17:28, 2-Carolyn Ford (Md) 17:33, 3-Doreen Startare (PS) 17:53, 4-Natalie Updegrove (PS) 18:04, 5-Bobbie McGee (Md) 18:14, 6-Heidi Gerkin (PS) 18:19, 7-Meredith White (PS) 18:38, 7-(PS) 18:19, 7-Meredith White (PS) 18:38, 8-Debbie Dohmeier (Md) 18:48, 9-Carol Dickstein (PS) 19:05, 10-Holly Lohr (PS) 19:11. Number of finishers not known.

NY TECH INVITATIONAL

Old Westbury, NY, Oct. 1: Although their first runner placed no higher than fifth, Stony Brook managed to capture the New York Tech Invitational title with a low score of 41 points. Adelphi's Fran Montes won the 5000m race in 17:27, just a few ticks in front of Wagner's Amber 'Tick' Klock.

RESULTS: 1-Fran Montes (Ad) 17:27, 2-Amber Klock (W) 17:32, 3-Jill Fixler (FDU) 17:44, 4-Monica Lucy (W) 17:47, 5-Donna Lyons (SB) 17:58, 6-Gloria Bailey (W) 18:07, 7-Mary Donlan (SB) 18:14, 8-Jeanine Carroll (SB) 18:17, 9-Liz Humphrey (Ford) 18:24, 10-Joanne Krebs (Ford) 18:26.....26-Hyacinth McBean (LIU) 19:21.....6-Maureen Prendergast (LIU) 22:15.

Scores, 1-Stony Brook 41, 2-Fordham 70, 3-Wagner 78, 4-NY Tech 157, 6-Nassau CC 162, 7-Farmingdale 168, 8-LIU 193, 9-Suffolk CC 207. Number of finishers - 86.

OKLAHOMA STATE JAMBOREE

Stillwater, Ok, Oct. 1: Kansas State, led by winner Betsy Silzer, won the Oklahoma State Jamboree run over nine other schools. Silzer covered the course in 16:19.5 and seven others were also under 17 minutes.

RESULTS: 1-Betsy Silzer (KS) 16:19, 2-Susan Hammock (Wichita St) 16:24, 3-Cindy Anzalone (Mo) 16:33, 4-Anne Stadler (KS)

16:37, 5-Renee Williams (KS) 16:38, 6-Christine McMIken (OkSt) 16:40, 7-Sara Yeager (WS) 16:41, 8-Nora Collas (Hst) 16:52, 9-Jacque Struchhoff (KS) 17:00, 10-Nancy Hoffman (KS) 17:10.....15-Gail Conway (AFA) 17:34.

Scores, 1-Kansas State 29, 2-Houston 56, 3-Air Force 97, 4-Wichita State 110, 5-Oklahoma State 149, 6-Oklahoma 211, 7-Colorado College 213, 8-Barton County CC 221, 9-Oral Roberts 235, 10-Haskell 270. Number of finishers - 76.

ARIZONA INVITATIONAL

Tucson, Arizona, Oct. 8: New Mexico, one of the surprise teams of 1983, won the Arizona Invitational with Texas A&M second. There was a close fight for 3rd between UTEP, Arizona and Arizona State with only four points separating the three teams.

Unattached Marjorie Kaput won the race over ASU's Lynn Nelson by ten seconds in 17:43.

RESULTS: 1-Marjorie Kaput (Un) 17:43, 2-Lynn Nelson (ASU) 17:53, 3-Debbie Veiter (Un) 18:14, 4-Patti Mileski (A&M) 18:15, 5-Susane Sheffield (A&M) 18:15, 6-Debbie Provencid (UTEP) 18:21, 7-Pfeifer (NM) 18:25, 8-Lisa Mitchell (NM) 18:29, 9-Heidi Gerum (Az) 18:30, 10-Mary Gignac (UTEP) 18:38, 11-Cynthia Valder (NM) 18:40, 12-Carole Roybal (NM) 18:40, 13-Eliza Carney (Az) 18:42, 14-Joan Sterrett (NM) 18:47, 15-Mary Mileski (A&M).

Scores, 1-New Mexico 42, 2-Texas A&M 70, 3-UTEP 83, 4-Arizona 85, 5-Arizona State 87, 6-Phoenix College 166, 7-Mesa CC 212, 8-Arizona 'B' 213, 9-Pima CC 243, 10-Glendale (Az) CC 248. Number of finishers - 88.

RIAIW CHAMPIONSHIPS

Smithfield, Rhode Island, Oct. 7: Brown University placed 3-4-5-7-8 to easily win the Rhode Island AIAW Cross Country Championships held at Bryant College. Rhode Island's Kristen O'Connell was the winner in 18:07 over the 5000m course.

RESULTS: 1-Kristen O'Connell (RI) 18:07, 2-Julie McCrorie (Providence) 18:16, 3-Susan Hay (B) 18:26, 4-Karen Enright (B) 18:27, 5-Karen Johnson (B) 18:37, 6-Ann Mar. Gower (RIC) 18:41, 7-Dot Faulstich (B) 18:46, 8-Chris Morganti (B) 18:55, 9-Nickle Hroniak (Prov) 19:00, 10-Karen Murphy (RI) 19:08.

Scores, 1-Brown 27, 2-Rhode Island 56, 3-Providence 60, 4-RIC 94, 5-Salve Regina 150, 6-Bryant 170. Number of finishers not known.

GENESEO STATE XC MEET

Geneseo, NY, Oct. 8: The Geneseo State Meet developed into a two-way battle between Ithaca and Rochester with the Bombers edging the Rochester team 65-68. Ithaca's Betsy Kneale, who holds the course record at 18:05, won the race just four seconds slower. The race was run over a hilly course at 5000m.

RESULTS: 1-Betsy Kneale (Ith) 18:09, 2-Beth Saxton (Alfred) 18:41, 3-Margaritta Ekiss (Buffalo) 18:46, 4-Renee Morrow (Roch) 19:13, 5-Mary Robertson (Canisius) 19:16, 6-Marisa Sutura (Ith) 19:49, 7-Pat Palmer (Corning CC) 19:53, 8-Laura Miller (Roch) 19:59, 9-Joanne York (Can) 20:06, 10-Donna Manley (Geneseo) 20:12.

Scores, 1-Ithaca 65, 2-Rochester 68, 3-Buffalo State 81, 4-Geneseo State 108, 5-Canisius 155, 6-Brockport State 167, 7-Mansfield 171, 8-Corning CC 224, 9-Nazareth 225, 10-Niagara, St. John Fisher, Alfred Tech and Alfred University had incomplete teams. Number of finishers - 61.

JAMES MADISON PERFECT

Massabeta Springs, Virginia, Oct. 11: James Madison placed the first 8 and 13 out of the first 14 to completely dominate their four-way meet with Mary Washington, Mary Baldwin and Eastern Mennonite colleges. Veteran Cindy Slagle was the easy winner.

RESULTS: 1-Cindy Slagle (JM) 18:38, 2-Denise Marini (JM) 18:57, 3-Susan Earles (JM) 19:02, 4-Julie George (JM) 19:05, 5-Nina Carter (JM) 19:08. Scores, 1-James Madison 15, 2-Mary Washington 50. No other complete teams. Number of finishers - 26.

YALE SWAMPS CONNECTICUT

New Haven, Ct, Oct. 7: Connecticut's Maria Fahy slipped in for a second place behind Yale's Margaret Wynne to save her team from a complete rout as the Eli runners placed 1-3-4-5-6-7-8 to score a 19-44 victory.

RESULTS: 1-Margaret Wynne (Y) 18:20, 2-Maria Fahy (Ct) 18:38, 3-Kris Dimambro (Y) 18:41, 4-Laura Paddock (Y) 18:46, 5-Sarah Krakoff (Y) 18:48, 6-Amy Adams (Y) 19:19, 7-Laura Kellogg (Y) 19:30, 8-Maureen Bol-yea (Y) 19:32, 9-Tina Goettel (Ct) 19:36, 10-Julianne Maloney (Ct) 19:46. Number of finishers - 27.

WOMEN'S TRACK & FIELD WORLD

LADY OWL INVITATIONAL

Philadelphia, Pa, Oct. 8: The University of Pennsylvania and West Chester State had a battle royal for the team win at the Lady Owl Invitational. Penn finally won the meet by a 51-52 score in spite of the 1-2 finish by West Chester's Lisa Young and Julie Bowers. Young covered the 5000m in 16:24.

RESULTS: 1-Lisa Young (WC) 16:24, 2-Julie Bowers (WC) 16:43, 3-Denise Paul (FM) 16:56, 4-Jody Campbell (Del) 16:57, 5-Sue Eckel (Penn) 17:01, 6-Elaine McGillian (StJ) 17:02, 7-Kim Mitchell (Del) 17:23, 8-Dawn Cody (StJ) 17:26, 9-Mary Turner (Penn) 17:31, 10-Terri Smith (FM) 17:31.

Scores, 1-Pennsylvania 51, 2-West Chester 52, 3-Franklin & Marshall 67, 4-St. Joseph's 87, 5-Delaware 101, 6-LaSalle 158, 7-Trenton State 172, 8-Temple 199, 9-Glassboro State 281. Number of finishers - 59.

STONY BROOK INVITATIONAL

Sunken Meadow State Park, NY, Oct. 8: Stony Brook, going 1-3-4-9-13 won its own Invitational over Wagner College and nine other teams as Patriot's Barbara Gubbins won the 5k race in 19:07.

RESULTS: 1-Barbara Gubbins (SB) 19:07, 2-Amber Klock (W) 19:20, 3-Donna Lyons (SB) 19:44, 4-Mary Dolan (SB) 19:47, 5-Monica Lucy (W) 19:53, 6-Gloria Bailey (W) 20:17, 7-Brose (Col) 20:21, 8-Murphy (Col) 20:35, 9-Jeanine Carroll (SB) 20:40, 10-Hyacinth McBean (LIU) 20:41.....45-Maureen Prendergast (LIU) 24:19.

Scores, 1-Stony Brook 30, 2-Wagner 56, 3-Columbia 73, 4-NY Tech 121, 5-Nassau CC 124, 6-LIU 129, 7-Kings College 158, Manhattanville, Marltime, College of St and Southampton did not have complete teams. Number of finishers - 75.

COMMODORE CLASSIC

Nashville, Tenn, Oct. 8: Western Kentucky was the easy winner as Vanderbilt University staged its Annual Commodore Cross Country Classic in Percy Warner Park. The Lady Toppers tallied just 29 points as Camille Forrester and Kitty Davidson went 1-2 to lead the pack.

RESULTS: 1-Camille Forrester (WKY) 17:15, 2-Kitty Davidson (WKY) 17:41, 3-Serene Mitchell (AIA&M) 17:47, 4-Lori Fischer (Bel) 17:49, 5-Sarah Dunsmuir (Van) 18:25, 6-Mindy Dunn (WKY) 18:31, 7-Theresa Hahn (Lv) 18:40, 8-Jenny Stranton (Van) 18:48, 9-Donna Greer (WKY) 18:52, 10-Genie Whitesell (Van) 19:10.

Scores, 1-Western Kentucky 29, 2-Vanderbilt 45, 3-Alabama A&M 59, 4-Belmont 78, MTSU, Louisville, Racing Cardinals and Bellarmine did not have complete teams. Number of finishers - 37.

DAVIS NIPS HAYWARD 33-35

Davis, California, Oct. 8: As they usually do when they meet, Cal State Hayward and the University of California at Davis had a classical confrontation. This time around Davis triumphed by two, 33-35 with ace Patti Gray winning, also by two, over Hayward's Kathy Koudela, 16:57 to 16:59.

RESULTS: 1-Patti Gray (UCD) 16:57, 2-Kathy Koudela (CSH) 16:59, 3-Jessica Spies (SJ Cindergals) 17:05, 4-Barbara Gensten (ND) 17:25, 5-Michele Phipps (CSH) 17:29, 6-Debbie Morris (CSH) 17:36, 7-Karen Menge (UCD) 17:44, 8-Paige Tully (UCD) 17:55, 9-Franci Negri (UCD) 17:58, 10-Chris Manning (CSH) 18:03.

Scores, 1-UC Davis 33, 2-CS Hayward 35, 3-UCD 'B' 78, 4-CS Humboldt 109, 5-Foothill 147, 6-Notre Dame 163, 7-Santa Clara 192, 8-UCD 'C' 207, 9-Wdsd 209, 10-St. Mary's 273, 11-CSH 'B' 320, 12-Un.San Francisco 334, 13-UC 'D' 337, 14-Mills 339. Number of finishers not known.

19th ANNUAL HANCOCK INV.

Santa Maria, Calif, Oct. 8: The city of Santa Barbara did some celebrating after the running of the 19th Annual Hancock-Righetti Cross Country Invitational. The UCSB women won the Open Division and Santa Barbara City College annexed the Junior College section. SBCC's Elaine Triplett was the individual winner in 17:48.

RESULTS: 1-Elaine Triplett (SBCC) 17:48, 2-Ali Owen (SBCC) 18:28, 3-Pam Cox (Un) 18:37, 4-Nancy Bowman (Taft CC) 18:43, 5-Gay McClenathen (Un) 18:47, 6-Ling Calvo (UCSB) 19:00, 7-Melissa Parton (UCSB) 19:01, 8-Marlene Haverty (Un) 19:04, 9-Kim Reinking (UCSB) 19:31, 10-Patti Henry (UCSB) 19:36.

Scores, (Open Division), 1-UCSB 43, 2-SBCC 89, 3-Cuesta 117, 4-Taft 127; Junior College Division, 1-SBCC 34, 2-Cuesta 38, 3-Taft 50, Antelope Valley and Oxnard did not have complete teams. Number of finishers - 42.

NORTH CAROLINA CHAMPS

Raleigh, North Carolina, Oct. 13: Betty Springs led her North Carolina State troops to the 4th Annual North Carolina State Collegiate Cross Country Championship as she won the 5000m race in a 16:54.3. Springs was the only runner under the 17 minute mark. It wasn't all beer and skittles for the Wolfpack as their arch rival from North Carolina University, led by Joan Nesbit, finished not too far to the rear.

RESULTS: 1-Betty Springs (NCS) 16:54, 2-Joan Nesbit (NCU) 17:15, 3-Lynne Strauss (NCS) 17:23, 4-Connie Jo Robinson (NCS)

17:43, 5-Sande Cullinane (NCS) 17:46, 6-Holly Murray (NCU) 17:52, 7-Madlyn Morraeale (NCU) 17:57, 8-Karol Dorsett (NCU) 18:07, 9-Patty Metzler (NCS) 18:09, 10-Kathy Ormsby (NCS) 18:11, 11-Sue Overby (NCS) 18:20, 12-Sharon Chiong (NCS) 18:26, 13-Kathy Norcross (NCU) 18:39, 14-Diane Swick (WF) 18:48, 15-Alison Pickens (Duke) 18:50.

Scores, 1-North Carolina State 22, 2-North Carolina University 35, 3-Wake Forest 97, 4-Appalachian State 123, 5-Davidson 155, 6-Duke 159, 7-St. Augustine's 210, 8-UNC/Wilmington 226, 9-Campbell 239. Number of finishers - 67.

CARL ROESCH INVITATIONAL

(Date and site not known): Cornell was almost perfect as they easily won the 1983 edition of the Carl Roesch Invitational. The Big Red team had five of the first six finishers with Allegheny's Sue Meyers slipping in for fourth as the only outsider.

RESULTS: 1-Amy Phels (C) 15:20, 2-Marian Teitsch (C) 15:25, 3-Sarah Day (C) 15:28, 4-Sue Meyers (AI) 15:41, 5-Elise Jones (C) 15:45, 6-Nancy Schmidt (C) 15:45, 7-Michelle Woodard (Fre) 15:47, 8-Sue Russell (AI) 16:00, 9-Margarita Ekiss (Buf) 16:02, 10-Mary Robertson (Can) 16:09.

Scores, 1-Cornell 17, 2-Allegheny 73, 3-Buffalo State 120, 4-Rochester 129, 5-Waish 134, 6-Geneseo 151, 7-Fredonia State 159, 8-Canisius 185, 9-LeMoyne 243, 10-Grove City 277. Number of finishers - 89. Distance not known.

CAL-NIKE INVITATIONAL

Albany, California, Oct. 15: The University of Wisconsin hopped a plane for California and showed up the cross country teams of the Golden State as the University of California put on its annual Invitational. Wisconsin didn't whip everyone in California, (Stanford was a no show), but they trounced UCLA and the home team with ease and also whopped a good New Mexico squad.

Cathy Branta won the race over Stanford's Alison Wiley, (Stanford entering only four runners) in 16:36.9 with Katie Ishmael next.

RESULTS: 1-Cathy Branta (Wis) 16:36, 2-Alison Wiley (St) 16:42, 3-Katie Ishmael (Wis) 16:56, 4-Regina Jacobs (St) 17:02, 5-Cory Schubert (St) 17:05, 6-Vickie Cook (UCLA) 17:15, 7-Johanna Reneke (Wis) 17:19, 8-Julie Thomas (Cal) 17:21, 9-Tania Fischer (UCLA) 17:23, 10-Kelly McKillen (Wis) 17:26, 11-Jessica Spies (Un) 17:27, 12-Joan Starrett (NM) 17:28, 13-Polly Plumer (UCLA) 17:31, 14-Marilyn Davis (Cal) 17:34, 15-Louise Romo (Cal) 17:39.....23-Margaret Spotts (Cal) 18:13.

Scores, 1-Wisconsin 28, 2-UCLA 52, 3-New Mexico 70, 4-California 71, 5-Mira Costa College 135, Stanford, UN Reno, UC Santa Cruz did not have complete teams. Number of finishers - 47.

RIC TRI-STATE CHAMPS

Smithfield, Rhode Island, Oct. 15: Annmarie Gower led Rhode Island College to the team title in the Tri-State Championships involving teams from Rhode Island, Massachusetts and Connecticut. The Anchorwomen have been Tri-State winners for five straight years, never losing this title.

RESULTS: 1-Annmarie Gower (RIC) 2-Eloise Evans (Salve Regina) 19:30, 3-Stephanie Witt (Bryant) 19:35, 4-Lyse Wante (Br) 19:36, 5-Sharon Hall (RIC) 19:39, 6-Lisa Baron (Wheaton) 19:42, 7-Alicia Carmine (Coast Guard) 20:13, 8-Jody Kosinski (Babson) 20:15, 9-Debbie Jamieson (RIC) 20:16, 10-Rebecca Parker (Wh) 20:17.....16-Lori St. Hilaire (Br) 20:50.

Scores, 1-Rhode Island College 38, 2-Bryant College 44, 3-Eastern Connecticut State 108, 4-Coast Guard Academy 110, 5-Wheaton College 114, 6-Salve Regina College 122, 7-Suffolk College 182. Number of finishers - 74.

HOLY CROSS INVITATIONAL

Worcester, Mass, Oct. 15: Holy Cross won its own Invitational with a powerful 1-2-4-5 finish. The Crusaders whupped 13 other schools on their way to the title with Julie LeClair the number one for the day.

RESULTS: 1-Julie LeClair (HC) 18:20, 2-Eileen O'Rourke (HC) 18:37, 3-Susan Hay (Brown) 18:40, 4-Mary Schena (HC) 18:41, 5-Diane Murphy (HC) 18:42, 6-Karen Enright (B) 18:49, 7-Dana Mikesell (Mass) 18:52, 8-Diane Weeder (SMU) 18:53, 9-Karen Johnson (B) 18:53, 10-Donna Weeder (SMU) 18:54.

Scores, 1-Holy Cross 23, 2-Brown 55, 3-Army 99, 4-Massachusetts 101, 5-SMU 120, 6-Springfield 203, 7-Fitchburg 206, 8-Bridgewater 215, 9-Keene State 280, 10-Southern Connecticut 282, 11-Northeastern 286, 12-Westfield State 324, 13-St. Anselm 330, 14-Lowell 365. Number of finishers - 135.

MSU XC CLASSIC

East Lansing, Mich, Oct. 15: The University of Iowa finally met its match - but the winning team is not a threat to Iowa's NCAA hopes. Western Ontario was the winning team at the Michigan State Cross Country Classic by five points over the Hawkeyes in spite of a 1-2 finish by Iowa's Nan Doak and Jenny Spangler.

RESULTS: 1-Nan Doak (Ia) 17:27, 2-Jenny Spangler (Ia) 17:37, 3-Sandra Anshuetz (WO) 18:02, 4-Jill Purois (WO) 18:09, 5-Sally Slocum (WM) 18:12, 6-Anne Dobrowski (Ia) 18:14, 7-Karen Campbell (MS) 18:17, 8-Kelly Shumanti (WM) 18:21, 9-Kayla Skelly (WM) 18:24, 10-Cathy Schmidt (Mich) 18:44.

Scores, 1-Western Ontario 46, 2-Iowa 51, 3-Michigan 86, 4-Western Michigan 101, 5-Macomb CC 115, 6-Central Michigan 141, 7-Michigan State 172, 8-Eastern Michigan 188. Number of finishers - 66.



Clemson's TINA KREBS led the Tigers to a one point win over Tennessee, winning the race in 16:40.4s. (Victor Sailer photo).

CLEMSON BY ONE OVER VOLS

Clemson, South Carolina, Oct. 15: It was a close one, decided by the number five runners of the two teams, but host Clemson edged the University of Tennessee 36-37 in a hard fought contest. Tina Krebs led the Tigers with her first place in 16:40.4 just three-tenths in front of Tennessee's Liz Natale.

Clemson runners were 1-4-7-11 and Tennessee runners were 2-3-8-10 - which left the score 23-23 with only the fifth runners remaining. Clemson's Elsa Briet finished 13th and Tennessee's Susan Baxter 14th, just four seconds later, to decide the issue.

Florida was third but scored quite a few more points than expected. Beth Farmer and Gina Prouccio were 5th and 9th to lead the Lady Gators.

RESULTS: 1-Tina Krebs (Cl) 16:40.4, 2-Liz Natale (Tn) 16:40.7, 3-Alison Quelch (Tn) 16:47, 4-Kerry Robinson (Cl) 16:50, 5-Beth Farmer (Fl) 16:54, 6-Linda Dettlefson (Ga) 17:04, 7-Stephanie Wiekert (Cl) 17:05, 8-Alisa Harvey (Tn) 17:12, 9-Gina Prouccio (Fl) 17:15, 10-Monica O'Reilly (Tn) 17:17, 11-Laurie Montgomery (Cl) 17:20, 12-Margaret Coomber (FlSt) 17:28, 13-Elsa Briet (Cl) 17:31, 14-Susan Baxter (Tn) 17:35, 15-Carla Borouicka (FlSt) 17:39, 16-Maria Large (Aub) 17:47, 17-Judith Shepherd (Cl) 17:54....23-Cindy Duarte (Cl) 18:14....4-Trina Krebs (Cl) 19:55.

Scores, 1-Clemson 36, 2-Tennessee 37, 3-Florida 75, 4-Georgia 105, 5-James Madison 117, 6-Florida State 131. Number of finishers - 55.

RUTGERS WINS NJIAAW

Date and site not known: Rutgers University easily captured the New Jersey version of the AIAW with a 23 point score as the Scarlet Knights' Eileen Hartman won the 5000m race in 19:40. Trenton State, with 57 points, was next.

Rutgers' Eileen Keyes captured the junior varsity contest in 19:23, a race which was either shorter than the varsity or the runners were misplaced as the first three, all from Rutgers, had faster times than the varsity winner.

RESULTS: 1-Eileen Hartman (R) 19:40, 2-Nancy Staudt (Glassboro State) 19:41, 3-Laura Wronski (R) 19:44, 4-Jill Duthie (R) 19:46, 5-Dana Caruso (Montclair St) 19:47, 6-Desiree Scott (R) 19:48, 7-Virginia Zaleski (Trneton St) 19:49, 8-Michelle Nichol (Tr) 19:53, 9-Sarah Munro (R) 19:56, 10-Dana Twarsik (R) 20:05.

Scores, 1-Rutgers 23, 2-Trenton State 57, 3-Montclair State 89, 4-Glassboro State 94, 5-Georgian Court 118, 6-St. Peter's 141, Fairleigh Dickinson and Princeton did not have complete teams. Number of finishers - 42.

HOUSTON WINS LSU MEET

Baton Rouge, Louisiana, Oct. 15: Taking first and second places and four of the first five finishers, Houston easily took team honors as Louisiana State put on its Invitational at the Idlewild Experiment Station course. Cindy Anzalone was the individual winner for the Cougars covering the 5000 meters in 17:19.

RESULTS: 1-Cindy Anzalone (H) 17:19, 2-Norha Collas (H) 17:32, 3-Lisa Pakuta (Al) 17:44, 4-Theresa Dunn (H) 17:51, 5-Jody Tease (H) 17:54, 6-Clair Townson (Al) 18:06, 7-Carlene Isabelle (H) 18:10, 8-Mary Pat Lindner (H) 18:13, 9-Pam LeBlanc (NE La) 18:14, 10-Mary Ellen Schultz (H) 18:15.

Scores, 1-Houston 19, 2-Alabama 47, 3-Northeast Louisiana 85, 4-Prairie View 115, 5-LSU 115. Number of finishers - 37.

VILLANOVA BIG 5 CHAMP

Philadelphia, Penn, Oct. 15: Villanova easily captured the Philadelphia Big-5 Cross Country Championship over four other Philadelphia schools. Mary Ellen McGowan won the 5000m race in 16:30 as the Wildcats grabbed six of the top ten places.

RESULTS: 1-Mary Ellen McGowan (Vil) 16:30, 2-Elaine McGilligan (St.J) 16:53, 3-Sue Eckel (Penn) 17:02, 4-Lauren Searby (Vil) 17:11, 5-Melissa Grubb (Vil) 17:18, 6-Coleen Gallagher (Vil) 17:20, 7-Cricket Batz (Penn) 17:26, 8-Mary Turner (Penn) 17:32, 9-Katie Redden (Vil) 17:32, 10-Patty Bradley (Vil) 17:39.

Scores, 1-Villanova 25, 2-Pennsylvania 42, 3-St. Joseph's 90, 4-La Salle 94, 5-Temple 131. Number of finishers - 45.

BIG EAST TITLE TO BC

Boston, Mass., Oct. 22: Boston College downed Villanova and six other colleges to win the Big East Championships with 37 points to 50 for the Wildcats. The Pennsylvania crew had a shot at winning it all as they finished 2-9-10-11, but number five finished only 18th as Boston College crossed the line 3-4-5-12-13 for the win.

Georgetown's Suzanne Girard won the race in a swift 16:22 for 5000m.

RESULTS: 1-Suzanne Girard (Gt) 16:22, 2-Mary Ellen McGowan (Vil) 16:37, 3-Michele Hallett (BC) 16:58, 4-Sharon Willis (BC) 17:12, 5-Nancy Small (BC) 17:14, 6-Maria Fahy (Ct) 17:16, 7-Alicia Hauber (Syr) 17:25, 8-Julie McCrorie (Prov) 17:25, 9-Melissa Crubb (Vil) 17:34, 10-Lauren Searby (Vil) 17:35, 21-Patty Bradley (Vil) 17:58.

Scores, 1-Boston College 37, 2-Villanova 50, 3-Georgetown 90, 4-St. John's 122, 5-Syracuse 126, 6-Providence 143, 7-Connecticut 144, Pittsburgh did not have a full team. Number of finishers - 69.



SUZANNE GIRARD (Georgetown) captured the win at the Big East Championships with a clocking of 16:22. (Jeff Johnson photo).

CYCLONE INVITATIONAL

Ames, Iowa, Oct. 15: Host Iowa State, going 1-2-7-8-9-10-12, easily won the First Annual Cyclone Cross Country Invitational over Kansas State, Nebraska and three other schools.

The Iowa State team, which seems to alternate individual winners, let Bonnie Sons have the honors this particular week with veteran Francine Sandoval just one second to the rear. The pair relegated Kansas State ace Betsy Silzer to third.

RESULTS: 1-Bonnie Sons (ISU) 17:26, 2-Francine Sandoval (ISU) 17:27, 3-Betsy Silzer (KS) 17:31, 4-Karlene Erickson (Nb) 17:32, 5-Jill Noel (Nb) 17:34, 6-Laura Wright (Nb) 17:35, 7-Margaret Davis (Un) 17:36, 8-Sue Youngberg (ISU) 17:39, 9-Catherine Hunter (ISU) 17:40, 10-Dawn Lentsch (ISU) 17:42, 11-Charlotte Kaagh (ISU) 17:49.

Scores, 1-Iowa State 27, 2-Kansas State 56, 3-Nebraska 65, 4-Southwest Missouri State 112, 5-Central Missouri 135, 6-Central College 162. Number of finishers - 55.

BIOLA INVITATIONAL

La Mirada, Calif., Oct. 15: Biola University put on its umpteenth annual Biola Invitational over the three mile course in La Mirada's favorite park and the US International University scored a mild upset by whipping favored Fresno State 51-68. Fresno's Renee Wyckoff won the race in 17:13.9 and a margin of almost a full minute over UNLV's Helen Reluga.

Wyckoff's time broke the course record by 13 seconds.

RESULTS: 1-Renee Wyckoff (FS) 17:13, 2-Helen Reluga (UNLV) 18:11, 3-Michelle Whitmore (UCSD) 18:17, 4-Helen Arzu (UCR) 18:18, 5-Holly Hering (USIU) 18:20, 6-Mary Klas (USIU) 18:24, 7-Jeanne Murphy (USIU) 18:48, 8-Susan Ball (USIU) 18:55, 9-Julie Fitch (Pt.Loma) 19:08, 10-Kim Stempien (UCSD) 19:10.

Scores, 1-USIU 51, 2-Fresno State 68, 3-UC Riverside 97, 4-UC San Diego 103, 5-Azusa Pacific 110, 6-Westmont 145, 7-CS Los Angeles 148, 8-Pt. Loma 163, 9-University of San Diego 185, 10-CS Bakersfield 256, Cal Lutheran, UN Las Vegas, Pepperdien and Redlands did not have complete teams. Number of finishers - 69.

MASON-DIXON CONFERENCE

Towson, Maryland, Oct. 22: Appropriately enough, George Mason won the Mason-Dixon Conference crown and did it with ease scoring only 29 points to 85 by runner-up Mary Washington. Sherri Meeks was the individual winner for the Patriots covering the course in 19:11.

RESULTS: 1-Sherrie Meeks (GM) 19:11, 2-Lisa Petrilli (MW) 19:15, 3-Marlene Moreno (MW) 19:18, 4-Kathy Lacy (GM) 19:19, 5-Renee Viertel (LB) 19:25, 6-Tammy Walder (Towson) 19:31, 7-Karen Tossey (GM) 19:41, 8-Kelly Simpson (GM) 19:45, 9-Kelly Michaels (GM) 19:46, 10-Nancy Knowles (LB) 19:55.

Scores, 1-George Mason 29, 2-Mary Washington 85, 3-Mt. St. Mary's 88, 4-Liberty Baptist 92, 5-Catholic University 115, 6-Towson State 153, 7-Frostburg State 168, 8-Johns Hopkins 196, 9-Christopher Newport 255, 11-UMBC 270. Number of finishers - 76.

DAVIS WINS CONFERENCE

Turlock, California, Oct. 22: Those two old foes UC Davis and Cal State Hayward were after each other again! This time it was the Northern California Athletic Conference Championships and although eight teams took part, there was really only Davis and Hayward.

Hayward coach Bob McGuire was sure he had it won when his troops crossed the line in 2-5-7-8 while only two Mustangs were finishing. Alas and lack-a-day, Haywards fifth runner was only 17th and in the meantime five more Davis runners had finished giving the title to UCD 35-39.

Davis' Patti Gray won the race in 17:04 over Hayward's Kathy Koudela by 11 seconds.

RESULTS: 1-Patti Gray (UCD) 17:04, 2-Kathy Koudela (CSH) 17:15, 3-Michelle Anderson (Son) 17:31, 4-Paige Tully (UCD) 17:41, 5-Debbie Morris (CSH) 17:44, 6-Shermagne Gunn (Chico) 17:44, 7-Michelle Phipps (CSH) 17:52, 8-Chris Manning (CSH) 17:54, 9-Karen Menge (UCD) 18:04, 10-Nancy Reidle (UCD) 18:06, 11-Jennifer Thatcher (UCD) 18:08, 12-Jill Perry (UCD) 18:11, 13-Kathy Dolan (Hum) 18:22, 14-Colleen Stout (Sac) 18:25, 15-Tina Pappas (UCD) 18:27.

Scores, 1-UC Davis 35, 2-CS Hayward 39, 3-Humboldt State 104, 4-Chico State 109, 6-Sonoma State 139, 7-San Francisco State 184, Stanislaus State did not have a full team. Number of finishers - 62.

NORTHEAST MISSOURI WINS

St. Louis, Missouri, Oct. 22: Eighteen teams gathered for the running of the Washington University Invitational and it was Northeast Missouri State all alone when the scores were counted. The Bulldogs were 3-5-7-9-11-12 in their run for the title with Cindy Trickey the first Bulldog to finish. Kim Lehman of Augustana was the individual winner in 18:15, just a step in front of Murray's Kathy Hein.

RESULTS: 1-Kim Lehman (Aug) 18:15, 2-Kathy Hein (Mur) 18:16, 3-Cindi Trickey (NEM) 18:22, 4-Nancy Koenitzer (Aug) 19:03, 5-Karen Eads (NEM) 19:05, 6-Mary Haske (Mur) 19:16, 7-Vicki Kijewski (NEM) 19:20, 8-Jane Hall (Wash) 19:22, 9-Cheryl Mitchell (NEM) 19:27, 10-Becky George (Oz) 19:32.

Scores, 1-Northeast Missouri State 35, 2-Murray State 60, 3-Augustana 75, 4-School of the Ozarks 135, 5-Washington University 196, 6-Harding 202, 7-Millikin 250, 8-Arkansas College 261, 9-Augustana 'B' 280, 10-Blackburn 376. Principia, Westminster, Missouri/Rolla, St. Louis University, Florissant Valley CC, and Lincoln University did not have complete teams. Number of finishers - 82.

DARTMOUTH OVER BROWN

Providence, Rhode Island, Oct. 22: The Bruins from Brown took on the Big Green of Dartmouth and came out second best 25-31. Dartmouth's Ellen O'Neil and Katherine Olney were 1-2 for the winners as O'Neil set a course record at 17:55, just a tick in front of teammate Olney.

RESULTS: 1-Ellen O'Neil (D) 17:55, 2-Katherine Olney (D) 17:56, 3-Karen Johnson (B) 18:04, 4-Karen Enright (B) 18:12, 5-Patricia Kane (D) 18:16, 6-Sarah Condon (B) 18:19, 7-Dot Faulstich (B) 18:21, 8-Chrisandra Simmons (D) 18:24, 9-Kathleen Marshall (D) 18:32, 10-Katherine Miller (D) 18:35. Number of finishers - 27.

SYRACUSE WHIPS CHARGERS

Syracuse, New York, Oct. 28: With Dee Dee Galimore leading the way, Syracuse University defeated the Syracuse Chargers 24-31 in a dual meet on the Drumlins course. Gallimore and teammate Alicia Hauber were both clocked in 18:36.1 with Gallimore getting the nod.

RESULTS: 1-Dee Dee Gallimore (Syr) 18:36.1, 2-Alicia Hauber (Syr) 18:36.1, 3-Kristen Bergen (Syr) 18:52, 4-Carolyn Eicj (Ch) 19:20, 5-Patti Holtz (Ch) 19:22. Number of finishers - 12.

ILLINOIS STATE WINS TITLE

Carbondale, Illinois, Oct. 28: Placing six runners in the first eleven finishers, Illinois State ran off with the Gateway Collegiate Athletic Conference Championship on the Southern Illinois campus.

The Redbirds were more than 50 points in front of runner-up Drake. They have now won all the Gateway titles with two in cross country and the only indoor and outdoor titles in the two-year old conference.

RESULTS: 1-Susan Hammock (WS) 16:56, 2-Sara Schumacher (IS) 17:09, 3-Sara Yeager (WS) 17:10, 4-Amy Townsend (IS) 17:13, 5-Lisa Reimund (SI) 17:30, 6-Kathy Schaller (Dr) 17:37, 7-Lisa Einheuser (SWMo) 17:46, 8-Hilda Perez (IS) 17:47, 9-Jenny Upp (IS) 17:50, 10-Rosalind Cassidy (IS) 17:51, 11-Deb Czajka (IS) 17:52, 12-Cindy Poly (SWMo) 17:54, 13-Sandy Elsberry (Nia) 17:59, 14-Patty Murray (WI) 18:05, 15-Jan Hall (Dr) 18:07.

Scores, 1-Illinois State 33, 2-Drake 78, 3-Southwest Missouri 104, 4-Western Illinois 116, 5-Wichita State 122, 6-Northern Iowa 123, 7-Southern Illinois 167, 8-Eastern Illinois 214, 9-Bradley 235, 10-Indiana State 238. Number of finishers - 63;



Upset winner of the WCAC Championships was half-miler REGINA JACOBS of Stanford. Stanford won the team title. (Victor Sailer photo)

WCA TITLE TO STANFORD

Tucson, Arizona, Oct. 29: The Western Collegiate Athletic Conference is full of outstanding distance runners and boasts the number one team in the country - so who wins the WCA individual championship? A half miler, that's who.

Stanford's Regina Jacobs, disappointed with the last part of her 1983 track season, led the Indians to the team championship with a two second margin over teammate Alison Wiley. Wiley, incidentally, also finished second in the WORLD cross country championships behind Grete Waitz, a fact which certainly adds to Jacob's glory.

It was no contest as far as the team scores were concerned. Stanford, running without Ceci Hopp, tallied 32 points with runners finishing 1-2-4-5 and 20!. Hopp might have helped. UCLA was next in line with 58 points as newcomers Tania Fisher and Shannon Stryker finished in front of Vickie Cook, the expected leader. Lynn Nelson of Arizona State snuck in for third.

RESULTS: 1-Regina Jacobs (S) 17:41, 2-Alison Wiley (S) 17:43, 3-Lynn Nelson (AZS) 17:50, 4-Cory Schubert (S) 17:55, 5-PattiSue Plumer (S) 18:06, 6-Tania Fisher (UCLA) 18:07, 7-Shannon Stryker (UCLA) 18:10, 8-Vickie Cook (UCLA) 18:25, 9-Laurie Crisp (SDI) 18:35, 10-Heldi Gerum (Az) 18:41, 11-Eliza Carney (Az) 18:52, 12-Eliana Garcia (SDI) 18:54, 13-Wendy Sihner (AZS) 18:58, 14-Anabelle Villanueva (UCLA) 19:02, 15-Stacy Kneeshaw (SDI) 19:03, 16-Laura Craven (Az) 19:17, 17-Michelle Mason (S) 19:24, 18-Janis Vetter (Az) 19:52, 19-Sandy Beach (AZS) 20:24, 20-Donna Curtis (USC) 21:31.

Scores, 1-Stanford 32, 2-UCLA 58, 3-(tie) Arizona and San Diego State 80, 5-Arizona State 93, 6-Cal State Fullerton 174, 7-Cal State Long Beach 208, 8-USC 226. Number of finishers - 61.

HEEEERE'S LESLIE!

University Park, Pa, Oct. 29: The migrating Welch twins showed up for their first competition since leaving the warm climes of Virginia, suh, and Leslie was the winner at the Lady Lion Open over a four mile course. The winner broke the course record of 22:30 set by Penn State's Heather Carmichael with a clocking of 21:56. Georgetown's Suzanne Girard was also under the old record with 22:16. Penn State captured the team title without much struggle, scoring 19 points.

RESULTS: 1-Leslie Welch (Lib AC) 21:56, 2-Suzanne Girard (Gt) 22:16, 3-Paula Renzi (PS) 22:36, 4-Lisa Welch (Lib AC) 22:48, 5-Desiree Scott (Rut) 22:54, 6-Doreen Startare (PS) 22:58, 7-Natalie Updegrove (PS) 23:02, 8-Heidi Gerken (PS) 23:31, 9-Meredith White (PS) 23:45, 10-Susie Comer (WVa) 23:55. Scores, 1-Penn State 19, 2-West Virginia 55, 3-Rutgers 59.

BOWLING GREEN BY ONE

Eaton, Indiana, Oct. 29: It happened one more time. Western Michigan runners finished 1-2-3 at the Mid-American Conference Championships, yet the Broncos lost the title to Bowling Green 46-47.

WM's fourth runner placed a good 10th with the Bowling Green first four in 4-5-9-12. That kept Western ahead 26-30 with one runner left to score. Bowling Green's Jennie Groves finished in 16th position while the Broncos fifth person could do no better than 31, one place short.

Veteran Kayla Skelly won the race in 17:12.

RESULTS: 1-Kayla Skelly (WM) 17:12, 2-Sally Slocum (WM) 17:21, 3-Kelly Shumate (WM) 17:23, 4-Cathy Schenkel (BG) 17:33, 5-Sara Collas (BG) 17:36, 6-Lynn Russell (Oh) 17:37, 7-Kelly Neville (Oh) 17:39, 8-Brenda Clark (EM) 17:42, 9-Terri Gindlesberger (BG) 17:47, 10-Chris Sharp (WM) 17:53, 11-Anne Simon (CM) 17:53, 12-Laura Murphy (BG) 17:54, 13-Margaret Hutzel (Oh) 17:56, 14-Chris Haskins (CM) 18:08, 15-Jill Soster (T) 18:08.

Scores, 1-Bowling Green 46, 2-Western Michigan 47, 3-Ohio University 70, 4-Central Michigan 106, 5-Eastern Michigan 131, 7-Toledo 144, 9-Kent State 180, 8-Ball State 213. Number of finishers - 56.

SEMO IS MIAA CHAMPION

Rolla, Missouri, Oct. 21: Once again a cross country title came down to the number five runner as Southeast Missouri State beat out Central Missouri State 32-49. The two teams were equal after their fourth runners crossed the line, each with 20 points, but SEMO's Margaret Hertenstein finished 12th while the Jennies' Linda Gabriel could do no better than 29th - and that was the meet. Now do you understand why cross country coaches constantly search for that number 5?

The winner's Christine Ridenour was the individual winner by a second and a half over the Jennies' Darla Curp in 17:49.5s.

RESULTS: 1-Christine Ridenour (SEMO) 17:49.5, 2-Darla Curp (CMo) 17:51, 3-Sindy Sitz (CMo) 18:26, 4-Debra Kilpatrick (SEMo) 18:32, 5-Cindy Trickey (NEMO) 18:39, 6-Pamela Palmer (SEMO) 18:44, 7-Nancy Goodwine (CMo) 18:45, 8-Anita Dabney (CMo) 18:47, 9-Jeannella Torrence (SEMO) 18:53, 10-Karen Eads (NEMO) 19:01.

Scores, 1-Southeast Missouri 32, 2-Central Missouri 49, 3-Northeast Missouri 55, 4-Northwest Missouri 91, 5-Missouri/Rolla 141, 6-Lincoln University 172. Number of finishers - 39.

FLORIDA INVITATIONAL

Gainesville, Florida, Oct. 21: The host team University of Florida, Florida International University and Florida Junior College were the three division winners at the Florida Invitational. Florida's Beth Farmer won the race over three miles in a course record time of 16:04.2 by nearly half a minute over Florida State's Margaret Coomber.

RESULTS: 1-Beth Farmer (FI) 16:04, 2-Margaret Coomber (FSU) 16:31, 3-Gina Proccacio (FI) 16:33, 4-Carla Borovicka (FSU) 16:35, 5-Nancy Rettle (Un) 16:38, 6-Janie Regis (FIJC) 16:44, 7-Shelly Steely (FI) 16:49, 8-Beth Adkins (FI) 16:54, 9-Susan Ingram (FIJC) 17:29, 10-Adrian Lilburn (FIJC) 17:37, 11-Lori Littell (FSU) 17:42, 12-Lyn McDonald (FIJC) 17:45, 13-Jenny Lamoreaux (Flagler College) 17:46, 14-Jill Caddess (FI) 17:52, 15-Jeanie Messinese (FSU) 17:59.

Scores, University Division, 1-Florida 23, 2-Florida State 32; College Division, 1-Florida International 20, 2-Central Florida 62 and Flagler College 62, 4-Biscayne College 66, 5-Bethune-Cookman College 115; Junior College Division, 1-Florida JC 15. Number of finishers - 84.

NASSAU INVITATIONAL

East Meadow, New York, Oct. 22: Amber Klock led her Wagner College squad to

the team title at the Nassau CC Invitational. Klock won the 5000m race in 17:52 as the Shehawkes scored a low 38 points.

RESULTS: 1-Amber Klock (W) 17:52, 2-Monica Lucy (W) 18:03, 3-Gloria Bailey (W) 18:03, 4-Labiento (Nassau) 19:10, 5-Kiely (Adelphi) 19:16.

Scores, 1-Wagner 38, 2-NY Tech 59, 3-Nassau CC 74, 4-Adelphi 79, 5-LIU 102, 6-Nassau 'B' 160. CC of Rhode Island did not have a complete team. Number of finishers - 41.

IDAHO STATE INVITATIONAL

Pocatello, Idaho, Oct. 22: Running at 4400 foot altitude didn't bother Weber State College as the Lady Wildcats, led by winner Dianne Jones, captured the Idaho State Invitational by ten points over the home team.

RESULTS: 1-Dianne Jones (WS) 18:20, 2-Elizabeth Lynch (Ricks) 18:32, 3-Tina Ostrout (IS) 18:36, 4-Nicki Pool (IS) 18:56, 5-Melinda Smith (WS) 19:01, 6-Karen Harvey (Ricks) 19:03, 7-Charlene Delventhal (Un) 19:04, 8-Becky Wayment (WS) 19:12, 9-Ana Moran (IS) 19:29, 10-Noreen Shea (UtS) 19:34.

Scores, 1-Weber State 39, 2-Idaho State 49, 3-Ricks 68, 4-Boise State 104, 5-Utah State 125. Number of finishers - 43.

BIG-8 TITLE TO IOWA STATE

Lawrence, Kansas, Oct. 29: Missouri made the big noise with their 1-2-3 finish, but the depth of Iowa State paid off as they nudged the Tigers 44-53 with Kansas State not far back with 64 points.

The Tiger trio of Sabrina Dornhoefer, Andrea Fischer and Jill Kingsberry were the only runners to break 17 minutes but didn't get much support from their teammates who finished 22nd and 25th while the ISU crew trotted across in numbers 5-6-9-11-13 for the win.

RESULTS: 1-Sabrina Dornhoefer (Mo) 16:28, 2-Andrea Fischer (Mo) 16:41, 3-Jill Kingsberry (Mo) 16:54, 4-Betsy Silzer (KS) 17:07, 5-Bonnie Sons (ISU) 17:09, 6-Margaret Davis (ISU) 17:12, 7-Jill Noel (Nb) 17:21, 8-Christine McMiken (OkSt) 17:23, 9-Suzanne Youngberg (ISU) 17:25, 10-Laura Wright (Nb) 17:26, 11-Dawn Lentsch (ISU) 17:27, 12-Renee Williams (KS) 17:28, 13-Catherine Hunter (ISU) 17:28, 14-Barb Ludovise (KS) 17:30, 15-Karlene Erickson (Nb) 17:31.....23-Francine Sandoval (ISU) 17:56.

Scores, 1-Iowa State 44, 2-Missouri 53, 3-Kansas State 64, 4-Nebraska 111, 5-Colorado 123, 6-Kansas 147, 7-Oklahoma State 174, Oklahoma did not compete. Number of finishers - 46.

HARVARD IS IVY CHAMPION

Van Courtland Park, NY, Oct. 28: With Kate Wiley leading the way, Harvard grabbed the Ivy League cross country title over Yale and the other six Ivy League members with 46 points. Wiley covered the 5000 meters in 17:26, 13 seconds in front of Yale's Margaret Wynne.

RESULTS: 1-Kate Wiley (H) 17:26, 2-Margaret Wynne (Y) 17:39, 3-Kathy Good (H) 17:51, 4-Judy Ruff (Princeton) 17:58, 5-Ellen O'Neil (Dartmouth) 18:02, 6-Kathy O'Neil (D) 18:03, 7-Laura Paddock (Y) 18:05, 8-Leslie Cooper (H) 18:08, 9-Lois Bromer (H) 18:12, 10-Susan Hay (Brown) 18:12, 11-Amu Phelps (Cornell) 18:16, 12-Sue Eckel (Penn) 18:19, 13-Marian Teitsch (C) 18:23, 14-Mary Hogan (P) 18:24, 15-Mary Turner (Pen) 18:25.

Scores, 1-Harvard 46, 2-Yale 72, 3-Princeton 90, 4-Dartmouth 110, 5-Brown 115, 6-Cornell 117, 7-Pennsylvania 132, 8-Columbia 258. Number of finishers - 68.

BOISE STATE INVITATIONAL

Boise, Idaho, Oct. 29: Boise State won their own Invitational by three points over rival Idaho State while Utah State, in spite of producing the winner in Noreen Shea, finished third and last with 50 points. Shea covered the course in 19:02, far from the 17:57 course record of Jill Molen's.

RESULTS: 1-Noreen Shea (UtSt) 19:02, 2-Tresa Wimmer (BS) 19:17, 3-Ana Moran (IS) 19:22, 4-Jill Raveling (IS) 19:25, 5-Kris Dudley (IS) 19:41, 6-Theresa Ball (BS) 19:53, 7-Wendy Wolfgram (BS) 19:57, 8-Darla Hasselquist (BS) 20:25, 9-Barbara Boileau (US) 20:27, 10-Mary Kay Brooks (IS) 20:29.

Scores, 1-Boise State 33, 2-Idaho State 37, 3-Utah State 50. Number of finishers - 16.

VIRGINIA TECH IN A BREEZE

Blacksburg, Virginia, Oct. 29: Virginia Tech swamped the other teams to easily win the Virginia Intercollegiate League Cross Country Championships with a measley 19 points. With Cheryl Tuosto leading the way, the Hokies nabbed 1-2-3-5-8 for their 19 point score. James Madison was next in line with 45 digits.

RESULTS: 1-Cheryl Tuosto (VT) 18:33, 2-Linda King (VT) 18:39, 3-Roxanne Polo (VT) 18:51, 4-Denise Marini (JM) 18:57, 5-Janice Osswald (VT) 19:04, 6-Kelly Michaels (GM) 19:05, 7-Carmen Gore (JM) 19:08, 8-Clare Butt (VT) 19:09, 9-Julie George (JM) 19:15, 10-Sherrie Meeks (GM) 19:17.

Scores, 1-Virginia Tech 19, 2-James Madison 45, 3-George Mason 71, 4-William and Mary 105, 5-Richmond 154, 6-Virginia Commonwealth 200. Number of finishers - 49.

TENNESSEE IS SEC CHAMP

Lexington, Kentucky, Oct. 29: The site of the First Annual SEC Cross Country Championship didn't sound very romantic, but the University of Tennessee didn't seem to be affected by the fact they were running at the Kentucky Horse Park on Iron Works Pike. The Vols swept all opposition, winning with a low score of 24 points, far ahead of second place Florida's 46.

Alison Quelch and Liz Natale led the Terry Crawford coached Tennessee-ans, both clocking 17:14.7 with the Aussie getting the nod.

RESULTS: 1-Alison Quelch (Tn) 17:14.7, 2-Liz Natale (Tn) 17:14.7, 3-Linda Detlefsen (Ga) 17:21, 4-Beth Farmer (Fl) 17:22, 5-Monica O'Reilly (Tn) 17:27, 6-Gina Procaccio (Fl) 17:30, 7-Alisa Harvey (Tn) 17:40, 8-Shelly Steely (Fl) 17:57, 9-Susan Baxter (Tn) 17:58, 10-Lisa Pakutka (Al) 18:08, 11-Maria Large (Al) 18:32, 12-Jill Caddess (Fl) 18:39, 13-Lianne Horne (Ga) 18:45, 14-Claire Townsend (Al) 18:47, 15-Missy Vaughn (Ky) 18:49.

Scores, 1-Tennessee 24, 2-Florida 46, 3-Alabama 78, 4-Georgia 80, 5-Auburn 114, 6-LSU 161, 7-Vanderbilt 178. Number of finishers - 46.



ALISON QUELCH (822) and LIZ NATALE (821) both clocked 17:14.7 to lead the University of Tennessee to the SEC Championship. (Rick Elkins photo).

NCAA DIVISION II WESTERN REGIONAL CHAMPIONSHIPS

Rocklin, California, Oct. 29: From UC Davis, Patti Gray continues to wow the natives. She did it again here on the demanding hills of the Sierra College Golf Course course as she whipped the 1982 National champion Amy Harper of Cal Poly/SLO by two and a half seconds. Gray's heroics couldn't hold back the tremendous power of the San Luis Obispo bunch as they swept to the title with only 22 points. Cal State Hayward and UC Davis were next in line, each with 93 points.

Lest rival coaches are hoping for relief from Cal Poly in 1984, let it be known the Mustangs placed seven runners in the top ten, four of them freshmen along with two juniors.

RESULTS: 1-Patti Gray (UCD) 17:15, 2-Amy Harper (SLO) 17:18, 3-Lesley White (SLO) 17:21, 4-Robyn Root (SLO) 17:23, 5-Kathy Koudeila (CSH) 17:29, 6-Marilyn Nichols (SLO) 17:38, 7-Katie Dunsmuir (SLO) 17:38, 8-Lisa Koelfgen (Seattle Pacific) 17:40, 9-Katy Manning (SLO) 17:47, 10-Gladees Prieur (SLO) 17:49, 11-Nina Manriquez (CSN) 17:50, 12-Michele Anderson (Sonoma) 18:08, 13-Deb Morris (CSH) 18:16, 14-Les Ramstad (SP) 18:12, 15-Michele Rhipps (CSH) 18:17.

Scores, 1-Cal Poly/SLO 22, 2-CS Hayward 93, 3-UC Davis 93, 4-Seattle Pacific 100, 5-CS Northridge 102, 6-Sacramento State 206, 7-Cal Poly/Pomona 210, 8-CS Chico 222, 9-CS Humboldt 241, 10-UC Riverside 286, 11-Sonoma State 300, 12-CS Los Angeles 338, 13-CS Dominguez Hills 375, 14-Chapman 413. Number of finishers not known.

GREAT LAKES TITLE TO SEMO

Kenosha, Wisconsin, Oct. 29: Southeast Missouri State waltzed off with the NCAA Division II Great Lakes Regional Cross Country title with the greatest of ease, scoring just 40 points to 71 by runner-up Ashland College. Central Missouri's Darla Curp won the 5k race in 17:39.

RESULTS: 1-Darla Curp (CMo) 17:39, 2-Christine Ridenour (SEMo) 17:54, 3-Kathy Lennox (Ashland) 17:59, 4-Alane Keefer (Ash) 18:00, 5-Cindy Sitz (CMo) 18:01, 6-Debra Kilpatrick (SEMo) 18:14, 7-Margaret Hertenstein (SEMo) 18:15, 8-Nancy Goodwine (CMo) 18:19, 9-Dona Driscoll (Wis/Parkside) 18:22, 10-Pamela Palmer (SEMo) 18:26.

Scores, 1-Southeast Missouri 40, 2-Ashland College 71, 3-Wisconsin/Parkside 99, 4-Northeast Missouri 112, 5-Central Missouri 123, 6-Northwest Missouri 155, 7-St. Joseph's 156, 8-Ferris State 174, 9-Northern Michigan 221, 10-Missouri/Rolla 256. Number of finishers - 89.

FORDHAM WINS DOWNSTATE

Bronx, New York, Oct. 29: For the second week in a row, Wagner College's powerful trio of Amber Klock, Monica Lucy and Gloria Bailey ran 1-2-3, but this time they fell short of capturing the team title as Fordham University put together a 4-5-6-7-10-11-12 grouping to edge the Shehawkes 32-33 and capture

the New York Downstate Championship.

RESULTS: 1-Amber Klock (W) 18:57, 2-Gloria Bailey (W) 19:14, 3-Monica Lucy (W) 19:38, 4-Liz Humphrey (F) 19:43, 5-Joanne Krebs (F) 19:43, 6-Monica Lopresti (F) 20:22, 7-Kathy Hanley (F) 20:22, 8-Denise Wolfe (NY Tech) 20:29, 9-Maureen Ique (Queensboro) 20:29, 10-Hyacinth McBean (LIU) 20:30.....39-Maureen Prendergast (LIU) 24:04.

Scores, 1-Fordham 32, 2-Wagner 33, 3-NY Tech 82, 4-LIU 96, 5-Hofstra 138, Brooklyn, Queensboro and College of Staten Island did not have complete teams. Number of finishers - 47.

ACC CHAMPIONSHIPS: NC STATE EDGES CLEMSON

Charlottesville, Virginia, Oct. 29: The only claim to the ACC title for defending champion Virginia was the fact they got to put on the meet. The once powerful Cavaliers, running without their high-powered Welch duo, finished a badly beaten fourth with 103 points as North Carolina State and Clemson battled for the crown.

With the Wolfpack's Betty Springs leading the way, the NCS and Clemson runners alternated places for the first six spots and North Carolina State depth paid off in the fourth and fifth positions.

Springs successfully defended her conference crown and joined former Wolfpacker Julie Shea with the most individual titles.

RESULTS: 1-Betty Springs (NCS) 16:47, 2-Tina Krebs (Cl) 17:01, 3-Lynne Strauss (NCS) 17:24, 4-Kerry Robinson (Cl) 17:26, 5-Sande Cullinane (NCS) 17:28, 6-Stephanie Weikert (Cl) 17:33, 7-Joan Nesbit (NCU) 17:36, 8-Connie Jo Robinson (NCS) 17:41, 9-Holly Murray (NCU) 17:45, 10-Carolyn Forde (Md) 17:47, 11-Marissa Schmidt (Va) 17:50, 12-Judith Shepherd (Cl) 18:02, 13-Laurie Montgomery (Cl) 18:05, 14-Patty Metzler (NCS) 18:08, 15-Kathy Ormsby (NCS) 18:16.....18-Michele Rowen (Va) 18:28.....20-Sue Overby (NCS) 18:34.....32-Cindy Duarte (Cl) 20:02.

Scores, 1-North Carolina State 31, 2-Clemson 37, 3-North Carolina 78, 4-Virginia 103, 5-Maryland 131, 6-Wake Forest 155. Number of finishers - 39.



BETTY SPRINGS, ACC champion.

BUCKNELL INVITATIONAL

Lewisburg, Pennsylvania, Oct. 15: Although they had no one in the top ten, Indiana University of Pennsylvania won the Bucknell Invitational with 72 points. West Chester's Young was the individual winner in 17:46 as eleven teams scored.

RESULTS: 1-Young (WC) 17:46, 2-Lacasse (Cortland) 17:48, 3-Bowers (WC) 17:48, 4-Hauber (Syr) 18:09, 5-Masson (ESSU) 18:13, 6-Pauli (F&M) 18:13, 7-Pingar (Kutztown) 18:23, 8-Czaja (Bucknell) 18:30, 9-Gallimore (Syr) 18:31, 10-Nicholson (B) 18:32.
Scores, 1-IUP 72, 2-Westchester 88, 3-Bucknell 98, 4-Kutztown 108, 5-Syracuse 112, 6-Cortland 144, 7-F&M 153, 8-Delaware 182, 9-Millersville 228, 10-Shippensburg 234, 11-Bloomsburg 266. Number of finishers - 201.

BIG 10 TO WISCONSIN - EASY

Mahomet, Illinois, Nov. 5: The University of Wisconsin scored a surprisingly easy win over Purdue and the other members of the Big 10 to capture the title of their conference. The Badgers' Cathy Branta was a five second winner for the individual crown with Iowa's duo of Nan Doak and Jenny Spangler next across the line. Iowa's hope for victory fell after Doak and Spangler grabbed their five points for second and third as the rest of the team rolled up 104 more digits and the Hawkeys finished fourth. Northwestern, an early season surprise, could get no higher than 5th and Purdue was short of their anticipated finishes with Becky Cotta grabbing fourth.

RESULTS: 1-Cathy Branta (W) 16:26, 2-Nan Doak (Ia) 16:31, 3-Jenny Spangler (Ia) 16:34, 4-Becky Cotta (P) 16:39, 5-Johanna Reneke (W) 16:46, 6-Maureen Cogan (OhSt) 16:48, 7-Susan Bosch (P) 16:55, 8-Jody Eder (Mn) 16:56, 9-Katie Ishmael (W) 16:59, 10-Karen Campbell (MichSt) 17:01, 11-Sonia Vinall (NW) 17:18, 12-Sue Alm (Mn) 17:21, 13-Julie Lantils (Ill) 17:22, 14-Becky Beachly (NW) 17:32, 15-Kelly McKillen (W) 17:33, 16-Jeanie Molohon (P) 17:35.
Scores, 1-Wisconsin 52, 2-Purdue 71, 3-Minnesota 104, 4-Iowa 109, 5-Northwestern 116, 6-Illinois 145, 7-Indiana 150, 8-Ohio State 166, 9-Michigan 224, 10-Michigan State 271. Number of finishers - 69.

SWC TITLE TO HOUSTON

Houston, Texas, Oct. 31: Texas ran poorly and that left the 1983 Southwest Conference Championship for the plucking by a consistent Houston team. Tara Arnold, Texas, was the only Longhorn to run as expected, winning the race by



Texas' TARA ARNOLD captured the Southwest Conference title.

seven seconds over Houston's Cindy Anzalone in 17:36. The Houston crew finished 2-3-6-8-17-18-21 for their walk-away victory with 36 points to 61 for Texas.

RESULTS: 1-Tara Arnold (T) 17:36, 2-Cindy Anzalone (Hst) 17:43, 3-Nora Collas (Hst) 17:49, 4-Maria Medlinj (TxT) 17:50, 5-Edel Hackett (Ark) 17:54, 6-Jody Pease (Hst) 17:58, 7-Sandy Forsythe (Bay) 18:02, 8-Theresa Dunn (Hst) 18:05, 9-Patti Mileski (Tx A&M) 18:10, 10-Lori Nelson (Tx) 18:13, 11-Veronica Cavazos (TxT) 18:18, 12-Suzanne Sheffield (Tx A&M) 18:22, 13-Mary Mileski (Tx A&M) 18:27, 14-Cathy Stone (Ark) 18:28, 15-Cynthia Campbell (Tx) 18:29.
Scores, 1-Houston 36, 2-Texas 61, 3-Texas A&M 82, 4-Arkansas 96, 5-Texas Tech 121, 6-Baylor 137. Number of finishers - 40.

FLASH. NCAA DIV II CHMPS

Kenosha, Wisconsin, Nov. 12: Amy Harper, coming back from some early season defeats, captured the NCAA Division II title and led her team to an easy win at the NCAA Division II National Championships.

Complete results next issue.

RESULTS: 1-Amy Harper (SLO) 17:10, 2-Patti Gray (UC Davis) 17:14, 3-McNaughton (HC) 17:22.
Scores, 1-Cal Poly/San Luis Obispo 48, 2-Holy Cross 92, 3-Seattle Pacific 110, 4-CS Hayward 117, 5-UC Davis 134.

OREGON UPSETS STANFORD

Eugene, Oregon, Nov. 12: Complete results are not available at this time, but the report from Eugene, site of the NCAA Region 8 Championships, has Oregon downing poll-picked Number One Stanford by a lopsided score of 33-71. Results of the first ten finishers show Oregon finishing 1-2-6-8 and Stanford (without Ceci Hopp) finishing 3-4-5-7. With some quick, excellent arithmetic one discovers the fifth Oregon runner must have finished in 16th place, the fifth Stanford runner in 52nd to give them their listed scores.

Complete results in next issue.

RESULTS: 1-Hayes (Ore) 16:55, 2-Martin (Ore) 17:17, 3-Wiley (St) 17:24, 4-Plumer (S) 17:35, 5-Jacobs (S) 17:37, 6-Roth (Ore) 17:41, 7-Schubert (S) 17:42, 8-Ryan (Ore) 17:51, 9-Wyckoff (Fresno St) 17:52, 10-Nelson (AzSt) 17:56.
Scores, 1-Oregon 33, 2-Stanford 71, 3-UC Irvine 134, 4-Washington State, no score listed, 5-(Tie) Oregon State and Arizona State 156.... 9-UCLA 207.



SHARPLES SHARP

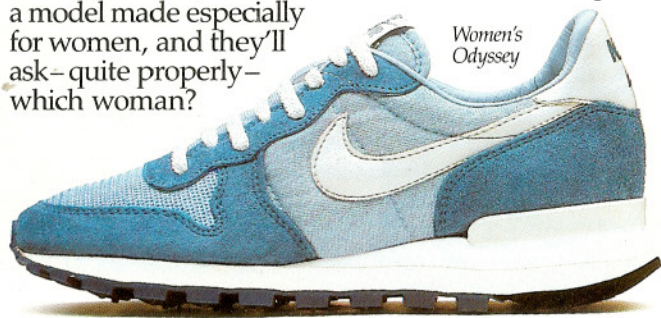
Missoula, Montana, Nov. 5: With Patsy Sharples and Sherri Crang running 1-2, the University of Idaho looked for the team title at the 1983 Mountain West Athletics Conference championships. But it was not to be as the University of Montana put all five of their scorers into the first ten places and pipped the Vandals 37-44. Sharples, less than a threat last year after a smashing 1981, won the race by nine seconds over Crang. The two Vandals were the only runners under 18 minutes.

RESULTS: 1-Patsy Sharples, (Id) 17:41, 2-Sherri Crang (Id) 17:50, 3-Gina Castagna (M) 18:06, 4-Rebecca Wayment (Weber) 18:07, 5-Diane Jones (Weber) 18:07, 6-Lisa Kindelan (Id) 18:10, 7-Lisa Franseen (M) 18:14, 8-Licia Wanders (M) 18:15, 9-Dede Hathhorn (M) 18:23, 10-Nancy Woods (M) 18:24, 11-Lynn Creek (MontSt) 18:31, 12-Tina Ostrout (IdSt) 18:32, 13-Nicki Pool (IdSt) 18:40, 14-Ana Moran (IdSt) 18:42, 15-Sue Schlauch (M) 18:45.
Scores, 1-Montana 37, 2-Idaho 44, 3-Weber State 75, 4-Idaho State 84, 5-Montana State 112, 6-Eastern Washington 178, 7-Boise State 182. Number of finishers - 48.

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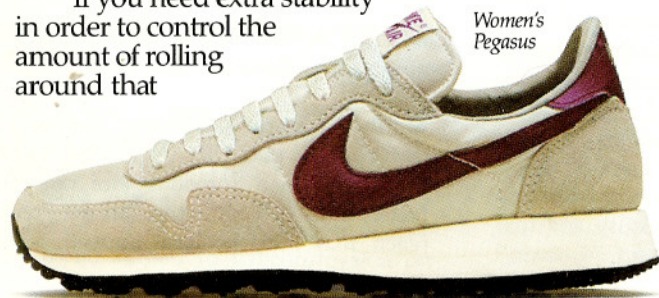
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Beaverton, Oregon

INTERVIEW WITH JOYCE SMITH

By James O'Brien (From "First Lady")

The renown that Joyce Smith has achieved in international sporting circles is reflected in the fact that, even among a public which has but a passing interest in the sport of road running and marathoning, hers is a name which attracts immediate attention. Her victories in the 1981 and 1982 London Marathons received enormous publicity and all the more so since the latter race saw her improve her own British marathon best performance to 2:29:43.

Although Joyce did not compete in this year's London Marathon, (won by Grete Waitz in 2:25:29), she did take part in the Osaka Marathon in Japan as a training run in January (finishing in 2:40:01), the Rome Marathon in April (2:38:04), the Avon Marathon in Los Angeles in June (2:34:39) and the World Championships Marathon in Helsinki in August (9th in 2:34:27).

But while such performances receive ample publicity among enthusiasts, both in her native England and abroad, less well known is the extensive and illustrious career which Joyce pursued before turning to the marathon distance. She began running in 1955 and made her international debut in British colors in a cross country event in 1957. Her international track debut came in 1960 when she finished third over 800 meters in a match between Great Britain and Italy, but despite such a heartening performance, twelve years were to pass before she was to be rewarded with a second British vest for track competition.

During the intervening years, however, Joyce was far from idle. Apart from taking time out to give birth to her first daughter Lisa, she also secured national titles over one mile both indoors and out (in 1966 and 65 respectively) as well as in cross country in 1959 and 1960 (and which she added to with a third victory in 1973). But even this does not give a full indication of the scale of Joyce's achievements. From 1971 onwards she embarked on a campaign which brought her a national 3000m title, a first, second and third in the World Cross Country Championships, a bronze medal in the European Championships over 3000 meters, Olympic representation over 1500 meters, a couple of national marathon championships, five UK 3000m bests



Joyce Smith with Number 2 daughter Lia. ("Athletics Weekly" photo).

JOYCE SMITH

Born: October 1937
Height: 5'6½
Weight: 119

(including the first-ever sub-nine minute clocking by a Briton), five British marathon bests and one world marathon best!

Now in her 45th year, Joyce's recent exploits serve as a testimony to the fact that she is still competing at the highest levels while her British marathon best from London 1982 indicates that even more sub-2:30 clockings may be in the pipeline.

JO: Joyce, after 28 years as a runner you are now a celebrity on the British and international scene. Do you find this has led to outsiders making demands on your time and, potentially, impinging on the time you have to train?

Smith: Interviews seem to come in batches according to whether there is a race coming up. Last year before the London Marathon I was extremely busy and that was one of the reasons I said I wouldn't

do it this year as it would probably have been even busier. I turn down invitations to speak in women's clubs and places like that, which I get a lot of, because I don't enjoy them and once you have said "yes" to one, then that's it.

JO: How does the time that you devote to athletics these days compare with the time you devoted to it during your first days as an international class runner?

Smith: I've always worked so my training has always been scheduled around that. Now I've only a part-time job but I worked full time until I had Lisa (in 1968). I didn't really hit the top line, I don't think, until '72 when Lisa was coming up to four years old. When I started marathon running my training actually went down mileage-wise compared with what I was doing for the 3000m and 1500m. That was because, when I was training for international competition on the track I trained twice every day. I was doing lots of five and six milers. But then when I started running marathons, I began doing more tens and twelves but I was only going out once a day. So session-wise, I actually went down when I first started running marathons.

JO: Was the intensity of competition greater once you moved up in distance?

Smith: It is now getting harder, definitely. I think when I first started it wasn't quite so hard. I'm fitter now so I suppose it was hard at the time but at a slower speed. Races are definitely becoming harder now because times have condensed so quickly over the last couple of years. 2:38 only just gets you into the top 50 in the world now whereas three years ago it would have placed you well up in the rankings.

JO: It seems that a whole batch of sub-2:30 marathons have followed in the

wake of Allison Roe's, Grete Waitz' and now Joan Benoit's pioneering efforts.

Smith: I think Grete was out on her own running that 2:27 (New York 1979), but then when someone else ran even faster, a lot of people thought they could reach that kind of level as well. That

seems to happen over all distances. Once somebody has a breakthrough then people begin to believe 'Oh, that's possible'.

JO: You seem to maintain a consistently high mileage in your training these days (averaging approximately 80 miles per week). Is that on a par with the training of someone like Grete Waitz?

Smith: I don't really know what Grete does. I would think she's higher. I know Lorraine Moller and people like that are higher. I mean there are a lot who hit 90 and go over 100 regularly.

JO: To talk for a moment about the very beginning of your career, when did you first develop an interest in running?

Smith: I ran when I was at school but I didn't continue once I left. I came back to it when I was about 17 and joined the local club. I started running competitively for them but, at that stage, it was purely only club athletics.

JO: Were you always a middle-distance runner?

Smith: No. I joined thinking I was still a sprinter and long jumper, but I soon found out I wasn't. They put me into an 880y race, as that was the longest race they had for women in those days, and even though I was just running to pick up points for the team I came out and broke the club record. So, from that point onwards, I became a middle-distance runner.

JO: What time did you run on that occasion?

Smith: It was 2:41 or 2:41, something like that. A very slow time, really, but I can remember going to the Middlesex County Championships (the equivalent of a State championships in the USA) and running around 2:30. In fact, at one stage while I was still at school, I was the county schools long jump champion.

JO: Your first track international came in 1960. Could you tell me something about that?

Smith: Well, I won the English Cross Country Championship in 1959 and retained it in 1960. Then I ran an invitation track race and came second to Joy Jordan in 2:14. There was an invitation to go abroad to Czechoslovakia on

the strength of that race and Joy didn't want to go so I went. I ran 2:10 over there and then I was picked to run against Italy at Brighton.

JO: That was in the summer of 1960. Did you have a chance of going to the Rome Olympics?

Smith: When I ran 2:10 we started thinking about the Olympics because that was inside the qualifying time. But I had a bad run in the national championships and finished fourth; the first three got picked to go to Rome even though my time was slightly faster than the third girl on the team. The fact that she had beaten me in the trials race meant that she got to go.

JO: You've run some very good race indoors.

Smith: I ran indoors in the national championships a couple of times way back and I think I won a couple of races but none of them really were really done seriously and I've done nothing indoors since those odd couple of times. I really didn't like it at the time.

JO: Was your transition to longer distances just something that happened as your career progressed?

Smith: Not really. As we were gradually allowed to run longer distances I began to run them. You had to keep at 1500m and mile in the early '70's because the 1500m didn't come into the Olympics until 1972. Prior to that the mile and 1500m were in county and regional championships and things like that, but they didn't actually get you anywhere. Internationally, 800 meters was the furthest you could run until the 1500m came in '72. Then the 3000m came in 1973 and I gradually moved up because I knew it was better for me.

JO: If the marathon had been available for women in international competition earlier, would you have begun running it sooner?

Smith: I think so. The marathon was something that, as a track runner, I always wanted to do. But in 1978, when I came back after having my second daughter, Lia, I was still trying to make the track team. That was my aim, but marathons at that time hadn't really taken off. If it had been properly avail-

able as an event I might well have gone straight into it then. I realized in 1978, though, that getting back into the British team with all the track training was becoming too hard and I got a bad injury so I thought, "Well, I'll do the marathon that I wanted to do in 1979."

JO: To take the other standpoint, if marathons were not available for women now, would you still be competitive on the track?

Smith: After I got that injury in 1978, when I broke a bone in my foot, I decided I'd had enough track and I probably would have retired then. But to take that question a little further, now that I am a marathon runner I don't think you can keep on doing the short races because of the mileage involved. I do my long runs on a Saturday and in England cross-country races are on a Saturday which would mean that, if I competed, I wouldn't be able to do my long run and that is something you can't afford to miss.

JO: Do you undertake a program of shorter races leading up to a marathon? Races where there will be less pressure on you?

Smith: Oh, yes. I like to get in a ten miler and possibly even a half marathon before a major marathon as a sharpener. Definitely a ten, and I would try to run a decent time in that.

JO: What are your personal best ten mile and half marathon times?

Smith: The ten miles is 53:17 and the half marathon is 71:45.

JO: When did you run those times?

Smith: The half marathon was in Bath (in the southwest of England) last year and that was my lead-up race to the London marathon. The ten was just before I went out to Japan in 1980, I think, when I ran in the Tokyo Marathon and did 2:30:27 (which was the world best).

JO: Reflecting on your career, do you think you have enjoyed the track or the road competition the most?

Smith: I think I have actually enjoyed the road running side more. I enjoyed the track at the time but I didn't have the

Continued on page 21

PAN AM GAMES

Caracas, Venezuela, Aug. 23/28: As is always the case, three nations completely dominated the staging of the Pan American Games - USA, Cuba and Canada.

The United States scored 1-2 finishes in four events and won four other events to cop top honors. Runner-up Cuba was 1-2 in all three weight events and added a win in the 800.

Biggest disappointment was Jamaica which won zero medals and managed to score only 10 points.

Many US collegiate athletes took part competing for their native countries. Among these were Charmaine Crooks (UTEP) who won the 400 for Canada, Cathy Rattray (Tennessee) who was 4th in the 400, Oregon's Ranza Clark who won the 1500 and was second in the 800 for Canada, Cal State LA's Sandra Farmer who was 4th in the 400 hurdles, Kansas' Halcyon McKnight, 5th in the long jump, plus former collegians Esmeralda Garcia (Brazil) of Florida State who won the 100 and was 6th in the long jump and Rosemarie Hauch (Canada) of Tennessee who was 4th in the shot.

MEDALS WON

	G	S	B	TOTAL
1-USA	8	6	5	19
2-CUB	4	6	5	15
3-CAN	2	2	2	6
4-BRA	2	0	0	2
5-CHI	0	0	2	2
6-TRI	0	1	0	1
7-VEN	0	0	1	1

SCORING (10-8-6-4-2-1)

1-USA	181
2-CUB	132
3-CAN	63
4-BRA	25
5-TRI	19
6-CHI	17
7-VEN	11
8-JAM	10
9-BAH	8
10-COL	6
11-PuR	4
DomR	4
13-MEX	3
14-ANT	2
GUY	2
PER	2

RESULTS:

100, 1-Esmeralda Garcia (Bra) 11.31, 2-Jackie Washington (USA) 11.33, 3-Lisa Ferrer (Cub) 11.38, 4-Shonel Ferguson (Bah) 11.62, 5-Esther Hope (Tri) 11.62, 6-Janice Bernard (Tri) 11.73.

200 (-0.85), 1-Randy Givens (USA) 23.14, 2-LaShon Nedd (USA) 23.39, 3-Lisa Ferrer (Cub) 23.39, 4-Julia Forde (Tri) 23.94, 5-



RANZA CLARK (Oregon/Canada) ran 4:16.18 and 2:02.44 for a gold and silver at the Pan-American Games. (Jeff Johnson photo).

Nilsa Paris (PR) 23.99, 6-Alma Vasquez (Mex) 24.32.

400, 1-Charmaine Crooks (Can) 51.49, 2-Ana Quirot (Cub) 51.83, 3-Esther Gabriel (USA) 52.45, 4-Cathy Rattray (Jam) 52.91, 5-June Griffith (Guy) 53.14, 6-Mercedes Alvarez (Cub) 53.25

800, 1-Nery McKeen (Cub) 2:02.20, 2-Ranza Clark (Can) 2:02.44, 3-Alejandra Ramos (Chi) 2:03.65, 4-Christine Stythe (Can) 5-Eloina Kerr (Cub) 2:04.96, 6-Diana Richberg (USA) 2:05.29....8-Lee Arbogast (USA) 2:07.83.

1500, 1-Ranza Clark (Can) 4:16.18, 2-Cindy Bremser (USA) 4:17.67, 3-Missy Kane (USA) 4:21.39, 4-Alejandro Ramos (Chi) 4:25.59, 5-Fabiola Rueda (Col) 4:26.05, 6-Monica Regonesi (Chi) 4:26.48.

3000, 1-Joan Benoit (USA) 9:14.19, 2-Brenda Webb (USA) 9:28.69, 3-Monica Regonesi (Chi) 9:41.87, 4-Fabiola Rueda (Col) 9:47.59, 5-Ruth Jaimes (Per) 9:58.85, 6-Marisela de Diaz (Ven) 10:05.73.

100H (-0.97), 1-Benita Fitzgerald (USA) 13.16, 2-Kim Turner (USA) 13.39, 3-Elida Aveille (Cub) 13.41, 4-Grisel Machado (Cub) 13.41, 5-Sue Kameli (Can) 13.45, 6-Karen Nelson (Can) 13.67.

400H, 1-Judi Brown (USA) 56.03, 2-Sharjeffa Barksdale (USA) 56.09, 3-Gwen Wall (Can) 56.93, 4-Sandra Farmer (Jam) 57.61, 5-Alma de Vasquez (Mex) 58.12, 6-Mercedes Mesa (Cub) 58.30.

4x100, 1-USA (Jackson-Washington-Cliette-Givens) 43.21, 2-Trinidad (Forde-Bernard-Hope-Williams) 44.63, 3-Canada 44.77, 4-Cuba 45.09.

4x400, 1-USA (Jackson-J.Brown-Gabriel-Bolton) 3:29.97, 2-Canada 3:30.24, 3-Cuba 3:30.76, 4-Trinidad 3:37.36, 5-Puerto Rico 3:43.90.

HIGH JUMP, 1-Coleen Sommer (USA) 6'3 $\frac{3}{4}$ ", 2-Silvia Costa (Cub) 6'2", 3-Joni Huntley (USA) 5'11 $\frac{3}{4}$ ", 4-Oriane M. dos Santos (Bra) 5'9 $\frac{3}{4}$ ".

LONG JUMP, 1-Kathy McMillan (USA) 21'11 $\frac{3}{4}$ ", 2-Eloina Echeverria (Cub) 21'8 $\frac{1}{4}$ ", 3-Pat Johnson (USA) 20'9 $\frac{3}{4}$ ", 4-Shonel Ferguson (Bah) 20'8 $\frac{1}{2}$ ", 5-Halcyon McKnight (Jam) 20'3 $\frac{3}{4}$ ", 6-Esmeralda Garcia (Bra) 20'3 $\frac{3}{4}$ ".

SHOT PUT, 1-Maria Sarria (Cub) 63'5 $\frac{1}{2}$ ", 2-Rosa Fernandez (Cub) 57'0 $\frac{3}{4}$ ", 3-Lorna Griffin (USA) 54'6", 4-Rosemarie Hauch (Can) 53'9", 5-

Denise Wood (USA) 48'11 $\frac{1}{2}$ ", 6-Luzdama Boorquez (Ven) 42'9 $\frac{3}{4}$ ".

DISCUS THROW, 1-Maria Betancourt (Cub) 198'0", 2-Maritza Marten (Cub) 195'7", 3-Lorna Griffin (USA) 185'5", 4-Penny Neer (USA) 175'7", 5-Yunaira Pina (Ven) 142'9".

JAVELIN THROW, 1-Maria Colon (Cub) 209'2", 2-Mayra Vila (Cub) 207'9", 3-Marieta Riera (Ven) 175'10", 4-Monique Lapres (Can) 174'9", 5-Patty Kearney (USA) 170'7", 6-Mariela Riera (Ven) 163'8", 7-Deana Carr (USA) 151'5".

HEPTATHLON, 1-Conceicao Geremias (Bra) 6084 (14.00-5'11-42'5 $\frac{1}{2}$ -24.42-19'9 $\frac{3}{4}$ -131'7-2:16.89), 2-Cindy Greiner (USA) 6068 (13.92-6'0-40'2-24.66-20'0 $\frac{1}{4}$ -125'5-2:14.81), 3-Elida Aveille (Cub) 5755, 4-Leyda Castro (DomRep) 4776.



SOUTH PACIFIC GAMES

(From "Athletics Weekly")

The lack of facilities and the huge distances between the islands of the South Pacific mean that athletes from the Pacific Islands have rare opportunities for competing at international level. The South Pacific Games were inaugurated in 1963 in an attempt to plug this gap and the seventh edition of these colorful Games was held in Apia, the capitol of Western Samoa, from September 7th to 16th. Athletes from all over the vast expanse of the Pacific Ocean gathered in Apia to compete in a full program of track and field events at a new stadium with a new compacted-clay type running surface.

There were four double winners. Elanga Buala of Papua New Guinea won the 200 and 400, Nadia Bernard of New Caledonia took the 1500 and 3000, Brigitte Hardel, also from New Caledonia, won the 100 hurdles and long jump and Marie-Christine Sealeu from New Caledonia took the shot and disc.

RESULTS: 100, Miriama Chambault (NC) 12.39; 200/400, Elanga Buala (PNG) 25.19/57.68; 800, Attina Sawtell (Cook Islands) 2:17.73; 1500/3000, Nadia Bernard (NC) 4:44.71/10:51.47; 100H/LJ, Brigitte Hardel (NC) 14.67/18'8 $\frac{1}{2}$ "; 400H, Leonie Ley (French Polynesia) 63.27; 4x100, French Polynesia 48.70; 4x400, Papua New Guinea 4:03.17; HJ, Albertine An (FP) 5'5"; SP/DT, Marie-Christine Sealeu (NC) 44'7/152'3"; JT, 1-Monika Fiafialoto (Western Samoa) 173'11", 2-Mereoni Vibose (Fiji) 168'1", 3-Losa Tuiasoa (WF) 157'6"; Hep, Iamo Lapule (PNG) 4613.

ALL-AROUND SPRINTERS

Who were the All-Around (100-200-400) sprinters operating in the USA during the 1983 season? Coming on like Gangbusters in August and September was Florida State's (and Canada's) Marita Payne to nab top honors. Shown below are the three-event sprinters:

	MARITA PAYNE	CHANDRA CHEESEBOR	FLORENCE GRIFFITH	MERLENE OTTEY	EVELYN ASHFORD	GRACE JACKSON	DIANE DIXON	JACKIE PUSEY	GERVAISE McCRAW
100	11.43	11.23	11.06	11.07	10.79	11.27	11.65	11.44	11.59
200	22.62	21.99	22.23	22.14	21.88	22.36	23.49	23.14	23.33
400	50.06	51.00	50.94	51.12	52.10	51.69	51.61	53.28	53.74
TOTAL	84.11	84.22	84.23	84.33	84.77	85.32	86.75	87.86	88.66

SOUTHEAST ASIA GAMES

Singapore, May 28/June 6: News takes time to travel in Asia. Results of the 12th South East Asia Games are just in. The Philippines and Thailand staged a real battle for top honors, both nations winning 11 golds and the Philippines outmedaled Thailand 32-21.

Biggest surprise was the win by Thailand's Walapa Pinji over the Philippines' Lydia De Vega in the 100 meters. Pinji is a novelty in Asia as she is still running at age 28

Another perennial was shot/discus winner Jennifer Tin Lay of Burma. Jennifer has been winning titles here for eons and has more gold than most countries.

Most logical winner came in the 5K walk when Win Win of Burma strode home in front.

RESULTS: 100, 1-Walapa Pinji (Tha) 11.75, 2-Lydia De Vega (Phil) 11.78, 3-Jaree Patarach (Tha) 11.87. 200, 1-Lydia De Vega (Phil) 24.26, 2-Walapa Pinji (Tha) 24.55, 3-Prema Govidan (Sing) 15.00; 400, 1-Emma Tahapary (Indo) 55.72, 2-Thin Thin Maw (Bur) 56.13, 3-U-Sa Chanaphant (Tha) 56.45.

800, 1-Lucenas Alam (Phil) 2:13.45, 2-Josephine Mary (Mal) 2:16.69, 3-Merry Manuhuttu (Indo) 2:17.32; 1500, 1-Mar Mar Min (Bur) 4:26.73, 2-Khin Khin Hiwe (Bur) 3-Margarita Tagun (Phil) 4:37.47; 3000, 1-Mar Mar Min (Bur) 9:30.31, 2-Khin Khin Hiwe (Bur) 9:42.48, 3-K. Jayamani (Sing) 10:03.32. Marathon, 1-K. Jayamani (Sing) 3:02:46, 2-Lohachart Yupin (Thai) 3:04:23, 3-Mar Mar Min (Tha) 3:11:01; 100H, 1-Agripina Dela Cruz (Phil) 14.90, 2-New New Yee (Bur) 14.97, 3-San San Aye (Bur) 15.13; 400H, 1-Agripina Dela Cruz (Phil) 61.43, 2-Susana Arangote (Phil) 61.80, 3-Eklevina Rumayau (Indo) 61.94.

5K Walk, 1-Win Win (Bur) 25:42.72, 2-Iece Magdalena (Indo) 26:04.75, 3-Parasasivam Sakthira (Mal) 27:00.72; 10K Walk, 1-Su Su Yee (Bur) 55:03.20, 2-Margaret Tan (Sing) 55:41.70, 3-Cheah Bee Tin (Bur) 55:41.70.

4x100, 1-Thailand (Pusadee Sangvijit-Walapa Pinji-Jaree Patarach-Wanna Pirom) 45.50, 2-Malaysia 46.76, 3-Philippines 47.13; 4x400, 1-Thailand (U-Sa Chanaphant-Walapa Pinji-Jaree Patarach-Reim Srteingtrong) 3:42.33, 2-Philippines 3:46.15, 3-Malaysia 3:49.45.

HJ, 1-Vannipa Yeepracha (Tha) 5'9 $\frac{3}{4}$, 2-Khin Ohn (Bur) 5'6 $\frac{1}{4}$, 3-Judhi Karmani Darmade (Indo) 5'5; LJ, 1-Elma Muros (Phil) 19'10 $\frac{1}{2}$, 2-San San Aye (Bur) 19'7 $\frac{3}{4}$, 3-Chan Swee Hua (Mal) 19'5.

SP, 1-Jennifer Tin Lay (Bur) 43'2 $\frac{1}{2}$, 2-Consuelo Lacusong (Phil) 39'4 $\frac{1}{2}$, 3-Yetty Tukkayo (Indo) 37'10; DT, 1-Jennifer Tin Lay



Burma's MAR MAR MIN was one of the stars of the SEA Games. Mar Mar won the 1500 in 4:26.73 and the 3000 in 9:30.31 and climaxed her stint by placing third in the marathon.



The 4x100 relay team from Thailand was the best at the SEA Games winning in 45.50. The team, left to right, Pusadee Sangvijit, Walapa Pinji, Jaree Patarach and Wanna Po-Piron.

(Bur) 142'5, 2-Yuliana Effendi (Indo) 136'3, 3-Dorie Cortejo (Phil) 129'6; JT, 1-Norsham Yoon (Mal) 150'1, 2-Erlind Lavinda (Phil) 146'0, 3-Eilly Silanga (Phil) 134'8.

Heptathlon, 1-Zaiton Othman (Mal) 5322 (14.87-32'9-5'6 $\frac{1}{4}$ -26.24-18'6-116'1-2:19.58), 2-Nene Gamo (Phil) 4770, 3-Yublina Mangi (Indo) 4575.

Medals won (Gold in parenthesis), 1-Philippines 32 (11), 2-Thailand 21 (11), 3-Burma 22 (10), 4-Malaysia 23 (7), 5-Indonesia 21 (3), 6-Singapore 10 (1), 7-Brunei 0.



IAAF HAPPENINGS

The Council of the IAAF has decided to accord full international status to the women's 10000m track race. It will be included on the program for the next World Cup (Canberra, 1985) and World Championships (Rome, 1987), and a request will be made to the IOC for the event to be included in the 1988 Games in Seoul. There are no plans at present to substitute the 5000m for the 3000m.

*A world 10000m road race championship for women will be staged in San Diego on December 10 or 11 this year.

*The World Marathon Cup will be held for the first time in 1985. The event will comprise a marathon and a junior 15km.

*The 1984 World Cross Country Championships are set for 25 March in New Jersey. The 1985 event will be held in Lisbon, the 1986 at Neuchatel in Switzerland.

*Member Federations of the IAAF have been circularized to assess interest in (a) World Junior Championships, (b) World Indoor Championships.

*Major work is at present being carried out on the revision of the Scoring Tables and on the flight of the javelin. (From "Athletics Weekly")

HIGH SCHOOL REPORT

BY RICH EDE

The story in California is Tustin High School. With a girl's program in excess of 50 cross country runners, the cream has definitely risen. Tustin took two teams to the prestigious Stanford Invitational. The 'A' team won the meet; the 'B' team took 6th overall. In the 7 race format of the Southern California Invitational at Oceanside, no one was within 200 meters of any Tustin runner until the Number One race when Donna Fleagle struggled in 4th. At the Mt. SAC Invitational, Tustin ran without Fleagle and still won the sweepstakes race by over two minutes team time.

HANCOCK-RIGHETTI INV.

Santa Maria, Cal, Oct. 8: Louisville (Woodland Hills) and Santa Barbara had little trouble capturing the small and large schools titles respectively. Little Louisville gets the nod in combined results, 49-53.

RESULTS: Small Schools, 1-Deon Saraceno (Louisville) 19:20, 2-Rudy Kelli (Righetti/Santa Maria) 19:30, 3-Laura Phillips (St. Joseph's) 19:51, 4-Laura Poggel (L) 19:54. Team: Louisville 23, 2-Righetti 45, 3-St. Joseph's 77.

Large Schools, 1-Kacy Twist (North/Bakersfield) 19:22, 2-Maureen Heinrichs (Santa Barbara) 19:42, 3-Stephanie Crang (SB) 19:47, 4-Moira Delany (Crescenta Valley) 19:50. Team: 1-Santa Barbara 29, 2-Bakersfield 56, 3-Crescenta Valley 59, 4-North 72.

NJCTC CLASS MEET

Warinanco Park, New Jersey, Sep. 17: Stacy Bilotta (North Hunterdon) led the senior race in 19:19.7 as her teammates won junior (Connie Tkac in 20:46) and frosh (Jeanne LaPlaca in 13:08 for 2.1 miles) races. The "spoiler" was soph Rose Coley (Kennedy/Patterson) who won her section in 20:08.

VIKING INVITATIONAL

Mercer CC' New Jersey, Sep. 17: Melanie Nosal (Notre Dame, NJ) claimed individual honors in 20:40, but Truman (Philadelphia) took the team title easily.

HACKENSACK INVITATIONAL

Hackensack, New Jersey, Sep. 17: Missy Duchinni (Wayne Valley frosh) ran away from the field, posting a 45 second win over teammate Jenny VanHorn in 19:01 as Pearl River, NY, claimed the team title over Hackensack, 70-73.

TOMS RIVER NORTH CLASS

Cross-town rival TR East runners claimed all three races with Jeanine Sles posting the fastest mark in the senior race at 20:47. Junior winner was Giacinti in 21:33 and the sophomore champion was Frederick in 21:24.



FLORIDA INVITATIONAL

Gainesville, Florida, Oct. 21: Orange Park and Buchholz (Gainesville) put on a real duel at the University of Florida Invitational with the Orange Park crew nudging Buchholz 61-63 as 16 complete teams scored. Orange Park put together three runners in 3-4-5 places for their win. Their other two place winners were 19th and 33rd. Buchholz, on the other hand, was finishing 5-10-13-14 and 21 to fall just short. Donna Combs of Jacksonville Episcopal was the winner over the two mile course in 11:14, sixteen seconds in front of runner-up Adrienne Politowicz from Trinity Prep.

RESULTS: 1-Donna Combs (J.Ep) 11:14, 2-Adrienne Politowicz (TriPrep) 11:30, 3-Sandra Braasch (OP) 11:48, 4-Sheri Rahm (OP) 11:58, 5-Sonja Braasch (OP) 12:02, 6-Kathy Schaefer (Buch) 12:07, 7-Mary Beth Proffitt (Naples) 12:13, 8-Donna Kuffel (Dunedin) 12:22, 9-Kelly Briant (Naples) 12:22, 10-Tammy Reardon (J'Ep) 12:23.

Scores, 1-Orange Park 61, 2-Buchholz 63, 3-Dunedin 120, 4-Boene/Orlando 125, 5-Trinity Prep/Orlando 137 and 11 other teams. Number of finishers - 121.

FIRST TRACK RESULTS

Gainesville, Florida, Oct. 10: Lyle Knudson had his charges on the Tartan in Gainesville for an All-Comers affair, and some well-known names showed up to test their fitness.

Oralee Fowler annexed the 55 and meter sprints, Wendy Knudson took the 300, Heidi Mann won a couple of events and Queena Beasley showed up with Oregon teammate Roz Rouse for a few throws.

RESULTS: 55m, 1-Oralee Fowler (FI) 6.9, 2-Dee Henry (FI) 7.2, 3-Piper Bressant (FI) 7.3; 150m, 1-Oralee Fowler (FI) 18.0, 2-Dee Henry (FI) 19.5; 300m, Wendy Knudson (Un) 44.3.

600m, Ver Booth (Un) 2:03.9; 55mH/HJ, Heidi Mann (FI) 9.0/5'10"; 300H, Piper Bressant (FI) 44.8; SP/DT, Queena Beasley (Un) 39'9 (12lb)/116'2 (1½k).



Double winner at the Florida early season All-Comers meet was Oregon's QUENNA BEASLEY. (Doug Newman photo).

HEPTATHLON TO BATTAGLIA

Bloomington, Indiana, Oct. 21/22: Carla Battaglia, Indiana University heptathlete, won an early-early seven eventer over four in-State foes with a score of 5180. The Indiana star's best performance came in the javelin where she threw 151'0.

RESULTS: 1-Carla Battaglia (Indiana) 5180 (15.0-40'0½-5'1¼-27.5-17'9¼-151'0-2:33.9), 2-Denise Cook (Indiana State) 4058, 3-Cathy Poss (Ind) 3752, 4-Lori Myers (Ind.St) 3728, 5-Terri Killian (Ind.St) 2991.

ATHLETE OF THE YEAR

Readers of the British publication "Athletics Weekly" are now in the voting process to select the Athlete of the Year for 1983. This publication has been choosing such an athlete since 1961 and we publish below the former winners.

Voters must be in a tizzy this year as we have an outstanding group of candidates including Joan Benoit - world best in marathon; Tamara Bykova - world high jump champion and record holder; Mary Decker - world 1500 and 3000 champion; Marlies Gohr - world 100 and 4x100 champion plus world best (at sea level) for 100; Marita Koch - world 200, 4x100 and 4x400 champion; Jarmila Kratochvilova - world 400 and 800 champion and records; Tiina Lillak - world javelin champion and record; Ramona Neubert - world heptathlon champion and record; Grete Waitz - world marathon and cross country champion.

PREVIOUS WINNERS

1961	Tamara Press
1962	Tamara Press
1963	Sin Kim Dan
1964	Mary Rand
1965	Irena Szewinska
1966	Irena Szewinska
1967	Liesel Westermann
1968	Wyomia Tyus
1969	Nicole Duclos
1970	Chi Cheng
1971	Renate Stecher
1972	Mary Peters
1973	Renate Stecher
1974	Irena Szewinska
1975	Irena Szewinska
1976	Tatyana Kazankina
1977	Rosi Ackermann
1978	Marita Koch
1979	Evelyn Ashford
1980	Tatyana Kazankina
1981	Evelyn Ashford
1982	Marita Koch
1983	??????????????

Who are the vote getters? Of the 22 years covered, 13 of them were won by speedsters. Szewinska, Tyus, Duclos, Stecher, Koch and Ashford were strictly 100/200/400. Chi Cheng, a sprinter, was also world record holder in the hurdles, the only barrier artist to be selected. Next most popular is a poor second - middle distancers. Kazankina and Sin Kin Dan made it. Tamara Press was mainly a shot putter although she also tossed the disc. Westerman was a discus thrower only. There have been no javelin winners. Ackermann was the sole high jumper and Mary Rand the only long jumper. Mary Peters was the only multi-eventer to win the award.

FLASH!!!

News just in from "Athletics Weekly" lists MARY DECKER as the winner with Jarmila Kratochvilova runner-up. More details next issue.

LETTER

"I found your listing of the progression of the world high jump record very interesting but I wondered why Yolanda Balas kept breaking the record by fractions of an inch instead of simply improving the record by several inches at one time. She was certainly capable of a prodigious leap."

K. Simon
Philadelphia

Dear Kay:

Yolanda was no one's fool. In many countries of the world, Federations or Corporations or private individuals or the government give cash awards for world records. Ms Balas was merely feathering her nest.

SFVR

REEL OFF (Continued)

harmful as some would like us to believe? Do they really help? And on and on. People hesitate to ask about this hush-hush substance. Who really knows?

Coming from somewhere there seems to be what amounts to be a scare campaign about steroids. Females will have low voices, grow facial hair, damage their livers and on and on. Something similar goes on every time a group of pilots strike an air line. Did you ever notice that as soon as pilots go on strike they immediately reveal how unsafe their air line really was? Now do you believe those pilots would have been flying those planes if they were that unsafe?

So much comes from heresay. Tell the truth now. Do you PERSONALLY know any athletes with deep voices or facial hair or bad livers? There are many females with low voices. I can think of several - Sophia Loren, Dionne Warwick, Karen Carpenter, Bette Davis. None of

whom, I am sure, took steroids. I had an aunt with facial hair. She was not a steroid taker. Most liver problems come from too close an association with the bottle of grape. Who are these victims of steroids whose voices have lowered and whose face needs trimming? There's just a lot of scare stuff passed on.

Reams have been written about the subject and yet one can find ample articles stating steroids have no ill effects. Whom do you believe?

In an editorial in "Women's Sports", publisher Jonathan Hamilton says, "Any use of artificial aids to improve performance is cheating and should be rigorously banned as such". Well, there goes lifting weights or taking wheat germ.

As Jarmilla Kratochvilova said when someone complained about her 'build', "If she lifted weights as much as I and worked as hard as I, she wouldn't have that build of hers, either."

What's the solution? And once again we ask, "Where do you draw the line?"

Here's an interesting but non-earth shattering, item. I received my November 7 edition of "Sports Illustrated" and after browsing through a few pages noting the ads, I decided to see exactly how many of their ads were actually connected to sport. There were 13 automobile ads for Thunderbird, Volvo, Pontiac, Dodge, Plymouth, Volkswagen, Chevrolet, Jeep, Ford, Olds, Mitsubishi and American Motors - along with STP and Delco. One could read of the advantage of smoking seven brands of cigarettes or read all about the pleasure of drinking Smirnoff Vodka, Schnapps, Hennessy Cognac, Wild Turkey Whiskey, Puerto Rico Rum, Canadian Club, Michelob, Dewars and Christian Brothers wine. There were also 21 ads covering a variety of things such as the Army, J. C. Penny, Sears, cameras, clothes and jewelry.

How about sport? Debateable total. An ad for "Lifecycle" machine was one. Count two if you consider the ad for the NFL drinking mugs as sport.

Thus titillated, I hid myself to my files and pulled out my copy of the First Issue of "Sports Illustrated" for August 16, 1954. Was the magazine more sport oriented at the beginning?

Well, depends on how you look at it. They had many more ads in that first issue but most were quarter-page jobs. Now most ads are full page color. There

Continued on page 20

REEL OFF (Continued)

were 13 liquor ads, 11 car related ads, strangely during the days before smoking became a no-no, there were only two ads for cigarettes. Miscellaneous ads took up most of the magazine - 61 of them including such as clothes, luggage, binoculars, food, dishes, jewelry, cameras, several hotels and a passel of travel bureaux, medicines, typewriters, toiletries, car rentals and the French National Railroads.

What about sport? The first edition wins although one wouldn't say the magazine was full of boosts for sport. The magazine had 15 sport-related ads including Absorbine Jr, Ben Gay, Trojan boats, Tackle boxes, Marlin guns, Adler socks, Spalding Brothers and Wilson Sporting Goods, golf carts, bowling balls, golf balls Ripon sports socks.

Verrry interesting trivia.

KALEIDOSCOPE (Continued)

about a track team.....Pat Connolly runs for Crescenta Valley HS.....Aren't you beginning to get a little tired of seeing and hearing that such and such a firm is an "Official sponsor of the 1984 Summer Olympics"?.....Speaking of the Olympics, I marched in the opening day parade in two Olympic Games - 1960 and 1972. For 1984, I can't even buy a ticket to watch the ceremonies as my name was not drawn in the lottery.....New weight coach for the University of Oregon women is Marcus Gordein. Gordein notched yet another accomplishment recently when he married heptathlete Linda Hightower.....Syracuse will host the NCAA indoor meet for the next three years.....Not returning to Ohio State is quarter-miler Diane Dixon.....Speedster Angela Williams, last year's swift prep sensation from New York, has enrolled at Tennessee State.Oregon's weight ace Quenna Beasley will red-shirt the 1984 season and return in 1985.....Another Oregon possible loss is high jumper Shari Collins who had a freak accident this summer and underwent surgery on her knee.....Mary Decker has added more laurels. She was voted Female World Athlete of the Year by readers of Britain's "Athletics Weekly". Decker recived 44% of the vote to 24% for Jarmila Kratochvilova with Grete Waitz, Tamara Bykova, Marlies Gohr, Marita Koch and Tiina Lillak following.

Mary also was awarded the Jesse Owens Trophy for the outstanding achievement by an American athlete during 1984.

Texas graduates are slowly taking over the coaching profession. Tracey Wong is a reporter with the Reno Gazette, Julie Holmes coaches Travis HS in Austin and Susan Abernathy (Murphy) is at rival Lanier HS in the same city.

Cross country course at Rice University demands different tactics. Says Texas assistant coach Teri (Anderson) "the first mile is run on the side of a hill and you can't pass". So one must get position quickly.....Arkansas coach Bev Rouse says, "Cross country boils down to whoever is ready to run on that particular day and that particular course. Past meets don't mean a thing.".....Northwest Missouri State has come up with a new name for their neophyte reporters. They call them "Sports Information Interns".

Czech super-star Jarmila Kratochvilova can bench press 200 pounds....In the old days it used to be so simple to describe the different Age Groups. There were the 9/unders, the 10/11 division, 12/13 and so on. Now you have to decode Bantam, Midget, Youth, Intermediate and Young Women, then look up the year of birth for each group - blah....Loved reading the names at the Holy Cross Invitational. They weren't ALL Irish, but there was O'Rourke, Murphy, Gilhooly, Kennedy, Mahoney, Connolly, O'Connor, Eileen and Kathy and Barbara Kelly, McInerney, O'Malley, Quinn and O'Toole. BUT, the Italians also live in that vicinity as can be seen by the presence of Brunetto, Morganti, Dizoglio, Lenio, Vertucci, Tessecini, DiGregorio, LeFrancoise and Tomaini in the results....

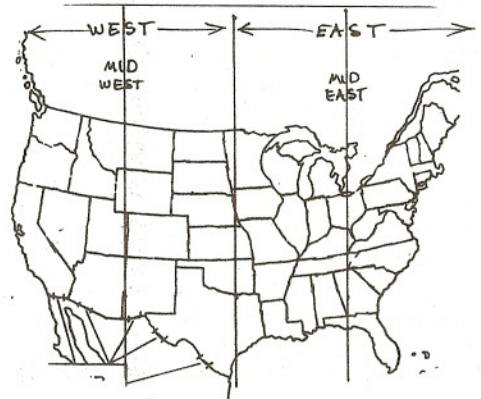
What do Olympic medalists Gunhilde Hoffmeister, Marilyn White, Chi Cheng, Edith Montgomery, Leisel Westermann and my Number One daughter have in common? They'll all be 40 this year. FORTY?.....Well, if you want to feel ancient, how about learning Olga Connolly will be 52 in 1984.....Giving others power over your life is really the trap. It's your life - make it all you want it to be.....Cal State Northridge, the school without bleachers, is now the school without a track. Their ancient all-weather oval has been condemned and all meets have been cancelled.

We're full of names this month. Grab your favorite refreshment, have a seat, relax and read these "Names I Like": Renee Moog of Washington University in Missouri, Paris Watts (what a combina-

tion!) an unattached runner from Arizona, a fine selection from the high schools on the East coast - Sween Hong, Jainaba Waddam, Diane Indicator, Lisa Bluish, Tree Garstka, China Bushell and Hawaiian Thompson. A couple of rhymers in Aharon Aaron and Judy Looney. (Looney is a coach - of course.) Sandy Mamary attends East Stroudsberg and Karen Fileshifter goes to West Chester State. We learn of Margie Leekity at Haskell Institute and old friend Cricket Batz at Penn. Brooke Moss goes to Wilmington Parks HS, Tawanda Dash is a sprinter for the QBG Club, Tina Goodykoontz runs for Danville, Cal, Kwajalein Clack is a Southern Connecticut sprinter and Tiffany Tootle is a 12-year old discus thrower. Another rhymer is Terro Mero of Baldwinsville, NY. Columbia University has Ar Brosf on its roster. A couple more twins include Bonita and Benita Motley of Lincoln University and Sandra and Sonja Braasch from Orange Park HS, Florida.

What part of the world do my most favorite names I like come from. Has to be southeast Asia with Burma as the center of operations. These are members of Burma's national team: Thin Thin Maw, Mar Mar Min, Khin Khin Nwe, Nwe Nwe Yee, Su Su Yee, San San Aye and Nu Nu Yin. Love those names! I also like Shiney Abraham from Israel, Angel Mary Joseph from India. And figure out the pronunciation of Rosalina Bte Pg Bah from Brunei along with Selvagowry Varadakuma of Sri Lanka. It's a wonderful world. And I like just plain Starlet from Indonesia.

Finally, we call attention to the map of the US below which illustrates a point dear to the hearts of all of us who live in the West. Michigan, Indiana, Illinois, Minnesota are NOT the Mid-West. They are, in fact, the Mid-EAST. States on the Mid-West line are Montana, Wyoming, Utah, Arizona and New Mexico. Now THAT'S the Mid-WEST!



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JOYCE SMITH (Continued)

road to compare it with. I always used to say as a track runner, though, that I liked cross-country best. The friendliness on the road is far greater as, on the track, it seems that individual competition AGAINST the other competitor is more intense.

JO: At one time it seemed as though Britain was the leading force in women's international marathon running but lately America and New Zealand seem to have produced quite a remarkable crop of distance stars.

Smith: In 1979 and '80 Britain was ranked very well depth-wise but we seem to have stood still and now all the other countries have sort of moved in and taken over. I don't know why. That's just the way it is.

JO: Changing the subject somewhat, if you had to could you pick one highlight from your career that stands out above all the others?

Smith: Well, I still look back to the Olympics of 1972 as a highlight because, really, at 34 years of age, and even before that I never really thought that I would go to the Olympics. Some people have making the Olympics as their aim in athletics; it wasn't mine, so the fact that I did make the team and that I set two personal bests and two British records there was particularly pleasing. All the more so as it was being written up that, at age 34, I was past it.

JO: What times did you run?

Smith: I ran 4:11.3 for 1500 meters in the heats and 4:09.4 in the semi-final. I didn't make the final and Sheila Carey went on to break my brand new one-day old British record in the final. But I think I could ask for no more than two personal bests and two British records. That was completely satisfying. My bronze medal in Rome from the European Championships 3000 meters in 1974 was also pleasing, but I was a little disappointed because I think I was capable of running a bit faster than I did.

JO: You've had a busy schedule so far this year with a number of excellent performances. What have you got planned for 1984?



JOYCE SMITH winning the WAAA 3000m title in 1971 with a world best of 9:23.2. (Peter Tempest photo).

Smith: That depends on how the rest of this year goes. I used to say that I would never retire on an injury, but because my last injury took so long to get over (a stress fracture of the pelvis) there did come a point when I asked myself if I really wanted to get fit again. So I think, if I had another really bad injury it could possibly mean that I would retire. I still haven't run the New York Marathon though. Every time I decide to do it I end up getting injured. It's a race that I want to do. I mean it's a bit off to say that you've run all these marathons but have never run New York.

JO: Do you think that you would like to continue competing at club or masters level once your international career ends?

Smith: I don't want to compete in masters competition or at a lower level. To start training less and competing at a lower level because I am less fit would be hard for me mentally. I would know what I used to do and so I would try harder in a race and, being less fit, would suffer more. That would be hard for me. I don't want to be down the field.

1983 US MARKS

Marks received to 10 September

*=Not a US citizen

h=Made in trial heat

q=Made in quarterfinal

s=Made in semi final

t=Tie

H=Made in heptathlon

Q=Made in qualifying round

I=Intermediate time

100 METERS (*=Hand time +0.24)

10.79	Ashford (Med TC)
10.94	D.Williams (CSLA)
11.06	Griffith (UCLA) 10.96w
11.07	Ottey' (Nb/Jam)
11.08	A.Brown (WAC)
11.10	Washington (Hst)
11.17	Vereen (NJ HS)
11.23s	Cheeseborough (AW) 10.99w
11.24	Loud (Haw)
11.24	Hodges' (LATC/Jam)
11.27h	G.Jackson' (Atoms/Jam) 11.22w
11.30	Cliette (FIST) 11.23w
11.34*	A.Williams' (NYHS/Tri)
11.34*	Inniss' (CSLA/Guy) 11.17w
11.34s	Givens (FIST) 11.16w
11.35	Nedd (UCLA)
11.39	Briscoe (Un)
11.43	Payne' (FIST/Can) 11.34w
11.43	Thacker (Nb) 11.20w
11.44*	Fitzgerald (Tn) 11.37w
11.44	Pusey' (LATC/Jam)
11.44*	Hopkins (LATC)

200 METERS (*=Hand time +0.24;)

21.88	Ashford (Med TC)
21.99	Cheeseborough (AW)
22.14*	Ottey' (Nb/Jam) 22.11w
22.23	Griffith (UCLA)
22.31	Givens (FIST)
22.46	G.Jackson' (Atoms/Jam)
22.62	Payne' (FIST/Can)
22.86h	Cliette (FIST)
22.89h	Nedd (UCLA)
22.99	Vereen (NJ HS)
23.04*	D.Williams (CSLA) 22.65w
23.06	A.Brown (WAC) 22.67w
23.10	Briscoe (Un)
23.14*	Pusey' (LATC/Jam)
23.24*	Fitzgerald (Tn)
23.29h	Cuthbert' (Tx/Jam)
23.30	Crooks' (UTEPA/Can)
23.32	Hodges' (LATC/Jam)
23.33	McCraw (SCC) 23.11w
23.34	Thacker (Nb) 23.07w

400 METERS (*=Hand time +0.14)

50.06	Payne' (FIST/Can)
50.66	Bryant (Puma)
50.94	Griffith (UCLA)
50.99	Gabriel (PV)
50.99	D.Howard (CSLA)
51.00	Cheeseborough (AW)
51.12	Ottey' (Nb/Jam)
51.49	Crooks (UTEPA/Can)
51.56s	Dabney (CSLA)
51.61	Belle (Puma)
51.61	Dixon (OhioSt)
51.69	Emerson (UCLA)
51.69	G.Jackson' (Atoms/Jam)
51.82	Rattray (Tn/Jam)
51.93h	Bolton (Tn)
51.20	Ashford (Med TC)
52.42	A.Jackson (Un)
52.64*	Garrett (Va)
52.64h	Gl. Jackson (Mslnt)
52.64	McCauley (Rutgers)

800 METERS (*=Hand time +0.14)

1:57.60	Decker (AW)
1:59.00	R.Campbell (StanTC)
2:00.82	Richburg (GazInt)
2:01.07	Arbogast (AW)
2:01.23	Mullen (AW)
2:01.29	Kelly (Un)
2:01.34	Clark (Tn)
2:02.02	A.Campbell (Tiger Int)
2:02.07	Krebs' (Clem/Den)
2:02.64*	Romo (Cal)
2:02.74	R.Clark' (Ore/Can)

2:02.75	Warner (LAM)
2:02.76	Addison (AW)
2:02.78	Roberson (Mslnt)
2:03.45	Bradley (Vil)
2:03.56	Walton (Tn)
2:03.92	Gutowski (LAM)
2:03.96	Rattray' (Tn/Jam)
2:04.09	VanLandingham (LSU)
2:04.20	Bremser (WisUn)

1500 METERS (*=Hand time +0.14)

3:57.12	Decker (AW)
4:09.61	Bremser (WisUn)
4:09.72	Addison (AW)
4:10.92	Kane (adidas)
4:10.99	Hansen (AW)
4:11.44*	Webb (AW)
4:12.97	Beckford (LibAC)
4:13.04*	M.Joyce' (Con/Ire)
4:13.09	Jacobs (Puma)
4:13.76	Keyes (AW)
4:14.48	Bush (UCLA)
4:15.90h	Foster (Mich)
4:16.06	Haworth (Va)
4:16.23	R.Clark (Ore)
4:16.24	Romo (Cal)
4:16.65h	Arnold (Tx)
4:16.71	Hayes (Ore)
4:16.77	Merrill (AGAA)
4:16.77	Detlefsen (Ga)
4:16.78h	Startare (PennSt)

3000 METERS (*=Hand time +0.14)

8:34.62	Decker (AW)
8:48.09	Webb (AW)
8:49.96	Keyes (AW)
8:50.79	Hayes (Ore)
8:51.27h	A.Wiley' (Stan/Can)
8:53.47	Larrieu (NBTC)
8:53.49	Benoit (AW)
8:53.74	Hansen (AW)
8:53.81	PS Plumer (Stan)
8:55.48	Bremser (WisUn)
8:59.79	Springs (NCarSt)
9:00.20	J.Brown (adidas)
9:00.95	M.Joyce' (Con/Ire)
9:01.44h	Jennings (Princeton)
9:02.94h	Merrill (AGAA)
9:03.98	Groos (AW)
9:04.04*	Simonsick (MovCom)
9:06.23	Bush (UCLA)
9:07.65	Schilly (MetStr)
9:09.87	Fitch' (AIA/Can)

5000 METERS (*=Hand time +0.14)

15:27.64*	M.Joyce (Con/Ire)
15:33.43	Springs (NCarSt)
15:33.51	Hayes (Ore)
15:33.64	Webb (AW)
15:36.11	Larrieu (NBTC)
15:40.78	Hamrin' (Lamar/Swe)
15:41.64*	A.Wiley (Stan/Can)
15:49.84*	PS Plumer (Stan)
15:50.54*	Harper (CP/SLO)
15:59.66	R.Joyce' (Wa/Ire)
16:01.24*	J.Brown (LATC)
16:02.16	St. Hilaire (AW)
16:02.36h	Branta (Wis)
16:02.76	Robinson' (Clem/Scot)
16:03.54*	May' (BYU/Ire)
16:03.86	Keyes (AW)
16:06.13	Weikert (Clem)
16:06.05	Van Mierio' (IllSt/Can)
16:06.15h	Martin' (Ore/Aus)
16:07.06h	Ishmael (Wis)

10000 METERS (*=Hand time +0.14)

32:49.24*	Farmer (Fl)
32:58.74*	Simonsick (Un)
33:01.02	Springs (NCarSt)
33:04.23	May' (BYU/Ire)
33:06.70	Weaver (Mich)
33:12.24*	Martin' (Ore/Aus)
33:14.45	R.Joyce (Wa/Ire)
33:24.71	Ishmael (Wis)
33:33.64*	Hird (NBTC)
33:36.19	Molen (Utah)
33:38.43	Larsen (Mich)
33:39.94	Spangler Iowa)
33:40.64*	White (Va)
33:42.33	Gray (UC Davis)
33:42.38	Urish (HstHar)
33:50.52	Thometz (St.Aug)
33:56.24*	Hamrin' (Lamar/Swe)
34:00.54*	Updegrove (PennSt)
34:01.24*	Schiro (NH HS)
34:04.81	McLennon (AthInt)

100 HURDLES (*=Hand time + 0.24)

12.84	Fitzgeriad (Tn)
12.95	Turner (UTEPA)
13.00	Hightower (Ntr)
13.00	Page (LATC)
13.14h	Young (FD)
13.22h	Washington (Puma)
13.41	Lim (Az)
13.43	Cannon (CA) 13.33w
13.44*	Danville' (NBTC/GB)
13.44	L.Smith (SDS)
13.45	Lewis (Hst)
13.45h	Dinello (Fl)
13.45	Blanford (Nb)
13.45	Harmon (CSN)
13.47h	Gibbs (StOlyPro)
13.48	Davis (StAug)
13.53	Epps (TxSt)
13.54*	Weekly (Atoms)
13.56	Lowe (Ky)
13.57	Watkins (Un)
13.60	Cole (AIST)

400 HURDLES (*=Hand time +0.14)

55.69	McCauley (Rut)
55.78	Barksdale (Tn)
56.03	J.Brown (Mich)
56.43	Farmer' (CSLA/Jam)
56.64	T.Brown (Gulf)
56.65	Bradley (Vil)
56.74s	Wright (adidas)
56.78s	Bressant (AthInt)
56.94s	O.Brown (FIST)
57.05	E.Brown (Atoms)
57.08s	Beck (Ore)
57.35	Wright (OldD/Can)
57.60	Kellon (Cal HS)
57.97s	Whitehead (Atoms)
57.97	Hoyle' (MetSt/GB)
58.11	Gamble (PV)
58.19	Anderson (Prin)
58.20	Freeman (Stn)
58.38	Ali' (Nb/Can)
58.42	Nicholson (Ore)

HIGH JUMP

6'7	Ritter (PCC)
6'5½	Sommer (adidas)
6'4	Spencer (Puma)
6'4	Brill' (PCC/Can)
6'2¾	Huntley (PCC)
6'2¼	Bernhager (Id HS)
6'2	Bair (Va)
6'1½	Gisladottir' (Al/Ice)
6'1½	Joyner (UCLA)
6'1½	Markham (FIST)
6'1½	K.Johnson (Az)
6'1½	Moore (Wa HS)
6'1¼	Harrington (BallSt)
6'1¼	Blunston (Un)
6'1	Mendonca (Cal HS)
6'0¾	Gosswiller (UCLA)
6'0¼	Clough (Ok)
6'0	McNeal (CP/SLO)
6'0	Frederick (AW)
6'0	Netterville (Pur)
6'0	Penny (Md)
6'0	Mol (Ia)
6'0	Harding (OlyFl)
6'0	J.White' (Bos/Can)
6'0	Tannander' (Col/Swe)

LONG JUMP

22'10½	Lewis (Hst) 23'1¼w
21'11¾	McMillan (Un) 22'0¾w
21'10¼	McKnight' (Kan/Jam)
21'10	Inniss' (CSLA/Jam) 22'5¾w
21'9½	Loud (Ha) 21'10w
21'9	Joyner (UCLA) 22'2½w
21'6¼	Scott' (Atoms/Jam) 21'7¼w
21'5¼	Thacker (Nb)
21'4	Clayton (Un)
21'4	Johnson (Un)
21'4	Sykes (Ga HS)
21'3½	Nicks (Cal JC)
21'2¾	Harmon (CSN)
21'0½	M.Smith (Tx HS)
20'10¾	Paine (AzSt)
20'9¾	C.Williams (SCarSt)
20'8¾	Douglas (StAug)
20'8	Tannander' (Col/Swe) 20'9w
20'7¾	Crabtree (CA)
20'7¼	Wenlock' (KanSt/GB)
20'7¼	Valentine (TxSt)
20'7¼	Fletcher (USC)

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