

Women's

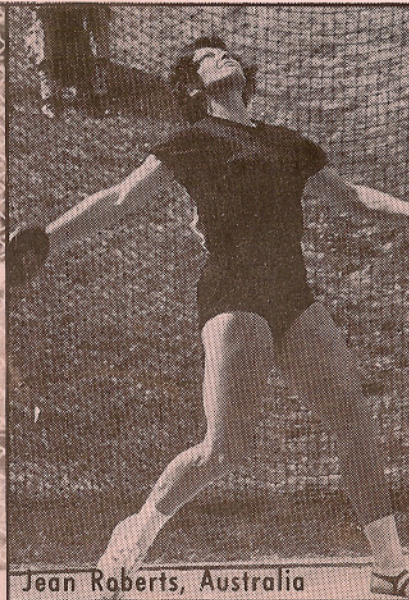
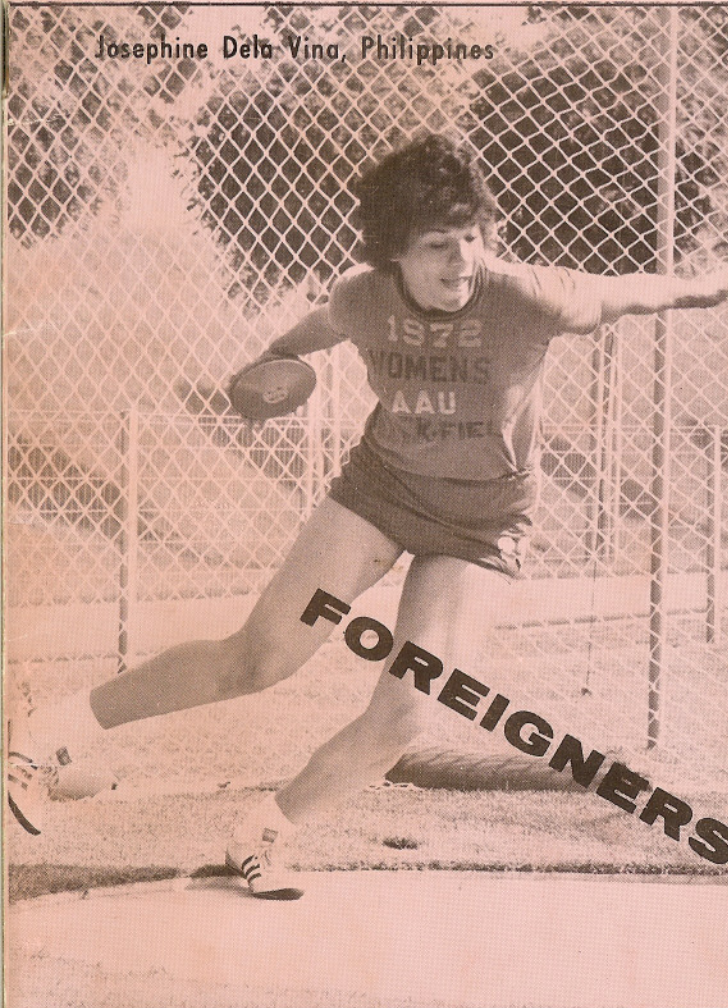
TRACK & FIELD WORLD

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Special Edition \$1

Josephine Dela Vina, Philippines



Jean Roberts, Australia



Rose Allwood, Jamaica

FOREIGNERS

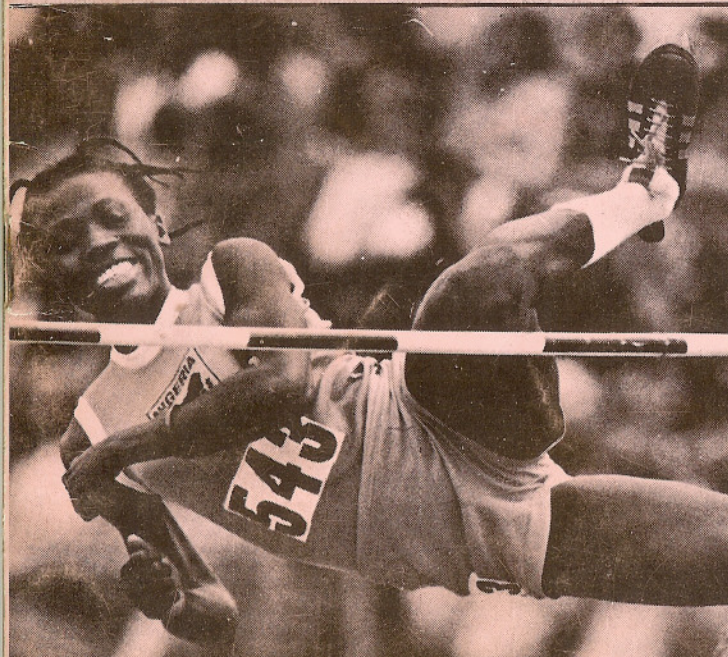


Alice Annum, Ghana



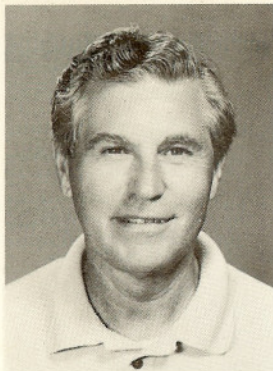
Audrey Reid, Jamaica

AT THE NATIONAL



Iodupa Oshiro

REEL TALK



age coach and athlete are faced with. He has received almost unanimous approval of the way he is doing his job with only friend Tom Jennings apparently still unconvinced.

The answer from Mrs. Rico was such a strange one that I shall not bother you with printing it. Her reply was two and a half pages of single spaced typing devoted almost entirely to censure, admonition, reproof and reprimand aimed at me personally. She starts off by saying, "I have been informed that in your recent issue of WTFW that you indicated that you were wondering why I did not respond to several letters that you wrote to me in regard to the Indoor Championships." Since Mrs. Rico, as all other Women's T&F Chairpersons before her, is receiving a gratis subscription to the magazine, I wonder why she had to be informed I had written?

After informing me that my "recent inquiries were not highly rated", she tells me the "reason that your inquiries were continuously at the bottom of the pile" was because ALL of her contacts with reporters have been by telephone. "They would not think of writing me for a story". I don't know about the other reporters, but to me a phone call from Los Angeles to New York is not something I plunge into every day. However, she did say if I phoned she would give me the facts "if I think your desire for the information is a genuine one."

Next I am taken to task because I have not attended the meetings of the Committee at any of the Championships or conventions, even the one in Irvine last year. Perhaps I missed the one at Irvine because as a college coach I was busy with my job. As for the conventions, travel/housing/meals to get to Yellowstone or Ohio or Florida just don't come easy. It is true I have been a member of the Women's Committee for two years, but since someone has taken the freedom of keeping my name off the mailing list, I have yet to receive any bulletin

VINCE REEL, Editor

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or other communication from this august body.

"Although I did not intend to answer any of the points in your letters, since the purpose of this letter was to tell you why I did not respond, nonetheless, I would like to respond to one. All of the female athletes competing in the 1974 Indoor Nationals had substantiated qualifying marks unless there was some fraudulent conduct by meet promoters, district chairmen, press, etc." Thus we get one answer which can ease the 'madness' in some coaches.

"I can pretty angry at people like you with your dishonest thoughts..." First time I knew trying to help someone or to clear the air of misunderstandings by individuals constituted a 'dishonest thought'. The funny part of all this is that I am probably the most naive, believing-in-everybody person you could find. I began coaching in 1935 and until I got involved with women's track in the USA, I didn't know such a thing as 'personality conflicts' existed.

Regardless, Patricia, I still love you and hope we can understand each other for I am still certain we are after the same goal - the improvement of women's track and field in the United States.

LETTER FROM T&F ADMINISTRATOR BOB LAFFERTY

"I have received both your letters (March 18 and April 17) and have not answered for the following reasons: 1) Did not have a secretary until May 1 and 2) I didn't have the answers to all your questions.

"Women's Travel Permits have no 5 day-10 day moratorium (as do the men). This action by the Women's Committee is not in accordance with the men's interest and causes an administrator problems. You may not concur, but you may understand.

"As far as entries and seeding at the Indoor Nationals is concerned, the national statistician submitted his information so that it arrived on Friday, February 22 (the day of the Championships). He said he had 'forgotten' the date of the Nationals! So-called unfair seedings will always exist as long as there is track and field, regardless of the method. Hindsight is generally foolproof.

"We all know it takes money to operate sports. Those who operate the committees should have priorities that best serve our country, not other countries. Our committees have the responsibility to solicit and raise funds, not just spend them. Ms. Larriue was offered air fare to Seattle (for the international xc championships) and refused it to go on vacation with the Pacific Coast Club.

"I answer every letter that comes to my office. Some get a form letter response, the majority a personal response, but people get an answer. If people have hang-ups about not asking questions because of some fear mechanism, this is their misfortune. I can tell you this, there are literally hundreds of people who write me each month that don't have these hang-ups.

"The heavy barrage of questions come from January to June and this is the busiest time of the year for an administrator. This is not a cop-out, just the plain truth."

LETTER FROM JOCK BROWN, Ramsey, NJ

"I read with interest the letter from Chuck Debus in the May issue. The costs of traveling from Ohio to Seattle do seem a bit unfair and of course the AAU should pick up all traveling expenses for our athletes. But until they do, why not have all team members share all extra expenses equally? There is no extra burden on any one person in that way. In the case of our cross country team, the extra \$900 that four members had to pay could be divided among all six girls equally. This concept could be used for any of our international teams that have to spend any of their own money."

NEWS FROM ISRAEL from Abraham Green

Hanna Chezifi, Asian Games champion for 1500m in 1970, made a successful comeback recently with a 2:55.2 clocking for the 1000m (1093 yds, 1 foot, 10 inches). Hanna has been out of the sport, now has two children and is back on the cinders once again. Orith Abramovitch, who scored an upset victory in the First Asian T&F Championships in Manila last season, improved on the National high jump record with a leap of 5'8.

Other early season marks include: 100m, Ruth Zallenger 12.3; 200, Irith Barshan 26.1; 300m, Marith Valtman 43.0; SP, Dina Reikus 37'6½; LJ, Toya Fink 18'0¼.

NATIONAL CHAMPIONSHIPS PREVIEW

THE BATTLE FOR TEAM HONORS

(Ed. Note:—Although the Dope Sheet was prepared before the trials for the USA Junior Team against the Russians, this analysis is written after the Junior Team has been selected.)

What was expected to be a close battle for team honors has, as a result of the USA Junior team selections, turned into a rout for the Sports International TC as the nation's top athletes gather on the Tartan at Bakersfield, California.

Originally a five or six team fight for top honors was expected and although the SITC was picked to win, it was only by three points over Prarie View. With the withdrawal of Debbie Quatier (Falcon TC) and Kathy Weston (Will's Spikettes), the Washington DC based team picks up five more points which virtually puts them out of reach. Quatier was picked to win the mile and grab a third in the two mile while Weston was expected to garner second in the half and a fourth in the quarter. Lakewood International qualified Rosetta Birt in both sprints for the Junior team and while Birt was not expected to score in the sprints here, her loss to the LITC relay teams knocks this club out of contention. In addition, Emily Dole made the team in the shot and she was expected to place here which loses another digit for the Rodda girls.

The Los Angeles Track Club has won the team title the past two years, last year when everyone played "give-away" with disqualifications, tired athletes, spills, fouls and what-have-you contributing to the final score. The LA club rates only an outside chance in Bakersfield although they do benefit by the absence of both Quatier and Weston.

Sports International comes into the meet loaded with talent which is concentrated in the running events on the flat. One of the top choices to win in 1973, the SITC blew it completely and ended up in a tie for 34th place with only two points. But this time, with their sprinters back in form, their middle distance runners doing well and their relay teams loaded, they should not be denied. However, should they falter, Prarie View A&M, another floppo in 1973, could take it all as they are picked to score 52 points. Prarie View comes into the meet with Debra Sapenter favored to win the quarter and Andrea Bruce scheduled to pick up points in both hurdles and both jumps, plus a world-best medley relay team and the nations best mile relay squad.

Even these two clubs are not immune from attack, for close behind is the La Jolla TC, the LATC and the newly formed Lakewood International. La Jolla's chances may depend on the clearance or disqualification of Canadian Joan Pavelich's eligibility, but even without her they boast the nation's top hurdler in Patty Johnson as well as the number one discus ace Jan Svendsen. The La Jolla crew also has Janice Wisner who just might win the quarter. Lakewood can rack up points in the long jump with Martha Watson and Vicki Betts, score high in both sprints with Renaye Bowen and in Sherry Calvert they have the only American to defeat Kathy Schmidt in the javlin since 1971.

The defending champions from the Los Angeles TC have lost most of their stars of yesteryear but still look good in the javelin with Schmidt, the quarter with world 400m record-holder Marilyn Neufville and a fine crew of distance runners led by Clare Choate and Julie Brown. Tennessee State with its usual good sprinters, Mamie Rallins in the hurdles and good relay teams is capable of upsetting the top teams if all goes well for the Nashville troupe. Perennial contender Mayor Daley YF has some fine talent and with a few breaks could be high in the scoring. The Chicago crew welcomes back Willie White for her umpteenth nationals in the long jump and former national discus champion Josephine Dela Vina and has the meet's only cinch winner, Maren Seidler in the shot.

The San Jose Cindergals, primarily a distance oriented group, benefits from Quatier's absence, but lacks the depth to score much more than the 38 allotted them in the dope sheet.

Key events will be the sprints, the 440 and the discus plus the 440 and mile relays. Chances for the LATC lie in having the sprinters from TSU, SITC, Prarie View and Lakewood cutting themselves up in the short dashes and relays.

What about perennial top club the Atoms? Their results have been kept a military secret, but with Toussaint not running the half and Fitzgerald not entered in the 400m hurdles, we have picked them only to score in the relays for 10 points.

Predicted team scores:

1-Sports International TC	60
2-Prarie View A&M	52
3-La Jolla TC	50
4-Los Angeles TC	48
5-Lakewood International	46
6-San Jose Cindergals	38
7-Tennessee State	34
8-Mayor Daley YF	27
9-Blue Ribbon TC	20
10-Delaware SC	16
Rialto Road Runners	16

WILL FOREIGN ATHLETES DECIDE TEAM TITLE?

Fifteen foreign athletes are scheduled to take part in the USA National AAU Championships, and their performances will probably determine the winner of the team title. Only one of the fifteen will not be competing for a club (possibly two), and all these foreign athletes either live here permanently or go to school here. All of them have contributed to the advancement of track and field in this country by setting good examples for native athletes to follow.

The participating athletes include: Alice Annum from Ghana, member of SITC, running the sprints; Rose Allwood from Jamaica, a member of SITC, running the sprints; Marilyn Neufville from Jamaica, a member of the LATC running the 440; Jean Roberts from New Zealand, a member of the Delaware Sports Club competing in the shot and discus; Josephine Dela Vina from the Philippines, a member of MDYF, throwing the discus; Joan Pavelich from Canada, a possible member of the La Jolla TC, throwing the shot and discus; Carmen Brown from Jamaica, a member of the Atoms running the hurdles; Audrey Reid from Jamaica, a member of the Texas Women's University team, running the sprints; Andrea Bruce from Jamaica, member of Prarie View College team, competing in the hurdles, long jump and high jump; Carol Cummings from Jamaica, a sprinter competing for Prarie View; Debbie Byfield from Jamaica, running for the Berkeley TC in the 440 and sprints; Tecla Chemabwai from Kenya, running for Chicago State in the 440/880; Modupe Oshikoya from Nigeria, competing unattached in the hurdles, long jump and high jump; Lucia Vaamonde from Venezuela, a member of the TWU team in the sprints and hurdles; Lorraine Tummings of the Atoms from Jamaica, running the hurdles.

USA JUNIOR AAU

Gainesville, Florida, June 14/15:—Results of the National AAU Junior Championships to select the USA Junior team to compete against the Russians in Austin, Texas, June 28/29 were:

100m, 1-Morehead (Toledo) 11.8, 2-Rosetta Birt (Lakewood) 11.9; 200m, 1-Birt 24.1, 2-Veronica Williams, (Gary, Ind) 24.6; 400m, 1-Kathy Weston (Reno) 54.2, 2-Sheila Ingram (Washington DC) 55.1; 800m, 1-Weston 2:10.2, 2-Groos (Nashville) 2:10.7, 3-Donna Schellhouse (Blue Angels) 2:12.7; 1500m, 1-Debbie Quatier (Falcon TC) 4:28.5, 2-Merrill (Conn) 5:36.0; 100mH, 1-Poirier (Frederick) 14.5, 2-Brady (Gary) 14.9; HJ, 1-Louise Ritter (Red Oak, Texas) 5'10, 2-Susan Hackett (New Orleans) 5'9; LJ, 1-Butler (WashDC) 19'6½, 2-Karen Elmore (Millbrae) 19'6¼; SP, 1-Emily Dole (Lakewood) 47'0½, 2-Kathy Devine (San Diego) 46'11¼, DT, 1-Judy Lane (Sacramento) 129'9, 2-Suhavan (NJ) 127'9; JT, 1-Cathy Sulinski (Millbrae) 151'8, 2-Bechard (Maine) 117'5 (no others entered).

LETTER FROM EARL HACKETT, Louisiana

"At the present, I am wondering what most of the coaches of good juniors are going to do with their girls. Are they letting them compete in Gainesville to try out for the US Junior team? If so, these girls would miss the Nationals (at least the women's division), and will make our National Championships that much less of a showcase for our top talent. If they bypass the Junior meet, then we send a "second rate" team against the USSR, a criticism which is frequently made of the US National teams. Who dreams up these schedules?

"Keep on goading the AAU like you have been. Maybe they can improve themselves!"

CHAMPIONSHIP PREVIEW (Continued)

100y 1973 Results: 1-Iris Davis (TSU) 10.3w, 2-Martha Watson (IATC) 10.4w, 3-Fran Sichting (Un) 10.4w, 4-Kathie Lawson (Un) 10.4w, 5-Theresa Montgomery (TSU) 10.4w, 6-Rochelle Davis (TWU) 10.5w, 7-Mattline Render (NYPAL) 10.6w, 8-Pam Greene (Mile Hi TC) 10.8w.

A wide open race! Defending champion Iris Davis has retired, but teammate Theresa Montgomery has come on strong this year to uphold the TSU tradition and will be hard to beat. Martha Watson, while using 1974 as a "training year" is still a formidable competitor and will be leading at the 60y mark. Renaye Bowen has been unbeaten all year and has verified, legal performances contrary to marks submitted from the south in particular. Sports International's duo of Alice Annum and Rose Allwood who were 1-2 in this race in 1972, are a threat any time they toe the mark. Sichting is back, but not with the ballyhoo attached to her in 1973 - and not with the same class marks, either - but still quite capable. Pat Henderson was credited with a wind-aided 10.2 earlier in the year and Pam Greene is still running as well as ever. Audrey Reid won the USITF title two weeks ago and Rochelle Davis took the Women's Collegiate title for the second year running. And we haven't even mentioned the likes of Mattline Render, Janet Brown, Rosalyn Bryant, Carol Cummings, et al. A great field!

Name & Club	Mark	Remarks	Odds
Montgomery, TSU	10.5	Tries a tougher field	5-1
Bowen, LITC	10.4	Ready for smasher	5-1
Watson, LITC	10.6w	Early lead could hold it all	6-1
Allwood, SITC	10.4w	Last effort was good	6-1
Annum, SITC	10.4w	Best would take it all	6-1
Sichting, SCTC	10.6w	Unknown quantity this year	8-1
Henderson, TxSh	10.2w	Not much lately	12-1
Reid, TWU	10.7w	Better and better each run	15-1
Greene, ColSt	10.5w	Rates an upset chance	18-1

1974 US List...f=Foreign athlete

10.4	Renaye Bowen, LITC
10.5	Theresa Montgomery, TSU
10.6	Mable Ferguson, WCJ
10.7	Pat Henderson, TxSh 10.2w
10.7f	Carol Cummings (PV) 10.4w
10.7	Martha

1974 USA List

10.4	Bowen, LITC	10.8w	Hooper, MDYF
10.5	Montgomery, TSU 10.4w	10.8w	Ridley, Un
10.7	Henderson, TxSth 10.2w	10.8w	Godfrey, Fla CYC
10.7f	Cummings, PV 10.4w	10.8w	Stroy, SITC
10.7	Watson, LITC 10.6w	10.8w	LaBlanc, CrscCityTC
10.7	Greene, CSU 10.5w	10.8w	Grimmett (MichSt)
10.8	Daniels, MC 10.5w	10.8w	Gwen Smith, CCC
10.8	R.Davis (TWU) 10.4w	10.8w	Blackburn, Ky HS
10.8	Render, NYPAL 10.6w	10.9w	Mayo, Grambling
10.8	C.Miller, RavJul	10.9w	Rallins, TSU
10.8	Wiser (LJTC)	10.9w	Butler, LITC
10.9	Fleetwood, SCC	10.9w	Dabney, PhilClippers
10.9	Douglas, LBC	10.9w	Fontaine, AGAA
10.9	Bryant, CSU 10.4w	10.9w	fBrown, Carmen Atoms
10.9	O.Brown, TxSth	10.9w	McManus, Southern
10.9	K.Elmore, Mill	10.9w	S.Williams, PV
10.9	Nickson, BerkTC	10.9w	Lake, Kearney State
10.9	Birt, LITC 10.7w	10.9w	Nicholson, Dryades
Wind-aided only		10.9w	P.Jones, CalSt-LA
10.4wf	Annum, SITC	10.9w	Newman, Iowa State
10.5w	J.Brown (TWU)	10.9w	V.Williams, MHYF
10.5wf	Byfield, BerkTC	10.9w	J.White, DenFlyers
10.6wf	Porter, MDYF	10.9w	Hawkins, Atoms
10.7w	V.Harris (CSU)	10.9w	Lewis, Millbrae Lions
10.7w	Milan, MDYF	10.9w	Hugley, NJ HS
10.7w	Hartford, Dryades		
10.7wf	Reid (TWU)		

220y 1973 results: 1-Mable Ferguson (WCJ) 23.4w, 2-Fran Sichting (Un) 23.5w, 3-Jackie Thompson (MM) 23.6w, 4-Theresa Montgomery (TSU) 23.7w, 5-Pam Greene (MH) 23.8w, 6-Kathie Lawson (Un) 23.9w, 7-Marilyn Neufville (IATC) 24.0w, 8-Rose Allwood (SITC) 24.5w.

As is usual with the sprints, this is a most difficult event to pick. Again Bowen is undefeated and has legitimate marks, but from the east coast storms Allwood and Annum with speedy wind-aided marks to challenge Bowen. Montgomery has

been running very well and has been strengthened in this sprint by virtue of her several 440's. Debbie Byfield has been running right with Bowen on the west coast and in the south Debra Edwards and Pam Jiles have turned in fast wind-aided marks. Audrey Reid improved her time at the USITF and Debra Sapenter could be a possibility if she runs this event in addition to the quarter. Fran Sichting, who lost an American record due to a technicality last year, has run very few sprints in 74, but has been under the 24 second mark without wind verification. And still we haven't included Pam Greene, Rhonda McManus, Esther Stroy and Janet Brown just to mention a few.

Name & Club	Mark	Remarks	Odds
Annum, SITC	23.0w	Returning to 72 form	6-1
Bowen, LITC	23.5w	Unbeaten filly tough in stretch	6-1
Allwood, SITC	23.5w	Comes off good performance	8-1
Byfield, BerkTC	23.8	Vary best is needed	10-1
Reid, TWU	24.1w	Last effort was a smasher	12-1
Sichting, SCTC	23.8w	Unknown marks; best is tops	12-1
Montgomery, TSU	24.1	Could be long gone	15-1
Edwards, TxSth	23.5w	Inconsistent; better in Texas	18-1
Jiles, Dryades	23.8w	Hasn't beaten top ones	18-1

1974 USA List

Name & Club	Mark	Remarks	Odds
23.6	Bowen, LITC 23.5w	Wind-aided Only	
23.8f	Byfield, BerkTC	23.0wf Annum, SITC	
24.1	Montgomery, TSU	23.5w Edwards, TxSthn	
24.1	Bryant, CSU	23.5wf Allwood, SITC	
24.2	Wiser, LJTC	23.8w Jiles, Dryades	
24.2	Birt, LITC 24.1w	24.1wf Reid, TWU	
24.3	Sapenter, PV 24.1w	24.3w McManus, Sthn	
24.4	Talley, TexasHS	24.3w V.Williams, MHYF	
24.4	Greene, CSU 24.2w	24.3w J.Brown, TWU	
24.5	Nickson, BerkTC	24.4w G.Smith, TexHS	
24.6f	Forde, Atoms	24.5w Cother, TexHS	
24.7	Harris, TSU	24.5w Louwein, TexHS	
24.7	Butler, LITC 24.5w	24.5w Blakely, Motor City	
24.8	S.Williams, PV 24.2w	24.5w J.White, DenFlyers	
24.8	Johnson, LJTC	24.5wf Cummings, PV	
24.8	Hebbs, MichHS	24.6w Pastel, SITC	
24.8	Rich, LA Jets 24.5w	24.8w Scott, Un	
		24.8w Hartford, Dryades	
		24.8w Stroy, SITC	

440y 1973 results: 1-Mable Ferguson (WCJ) 54.1, 2-Marilyn Neufville (IATC) 54.5, 3-Kathy Hammond (SACRR) 54.9, 4-Chris A'Harrah (DeLSC) 55.4, 5-Kathy Weston (WS) 55.4, 6-Debra Sapenter (PV) 55.4, 7-Maeoper West (Un) 55.5, 8-Williamae Ferguson (WCJ) 56.8, 9-Susan Vigil (DCD) 57.4.

Prarie View came to Irvine in 1973 as the hot-shots of the year, and then proceeded to do an "el-foldo" - including Debra Sapenter. But Sapenter was selected for the US team to Europe last summer and found herself in that international competition, running a 52.7 400 meters for the best mark of the 1973 year. And she hasn't stopped since. Sapenter is definitely the one to beat. She has good speed, she has endurance to run the many heats and semis required, and now she has experience and confidence. A tough combination to beat. If anyone is to challenge Sapenter in the one-lap sprint, it will be La Jolla's Janice Wiser. Wiser sped a 53.7, just 0.3 behind Sapenter's seasonal best, to whip Mary Decker in San Diego and has the benefit of a six week tour of Japan earlier in the year for a foundation. If Wiser enters this race in the same frame of mind she was when she met Decker, Sapenter is in for trouble and had best be prepared. Of course, an in-shape Marilyn Neufville would whip the entire field by some 10 yards, but we do not see an in-shape Neufville and she will be forced to fight for a third place here. Neufville, the world-record holder for 400m at 51 flat, has a best of only 55.6 this year, but has run some speedy relay legs which indicates she is capable of challenging.

Kathy Weston will be a factor here if she is not competing on the Junior team against the Russians. Weston has run 54.1 this year and is capable of much better. Even if present, however, she may opt for the 880 only. Tennessee's Sheila Choates is an in-and-outer, capable of placing but apt to not even qualify. Esther Stroy's talent is well known, her condition is a secret. She could place high. Tecla Chemabwai may run only the 880, but could be a factor here. Debra Edwards and Debbie Pastel have the potential for scoring, but seem to lack running for the year. Robin Campbell, Mary Decker and Rose Allwood are all entered in this event, but it is doubtful they will take part. Gale Fitzgerald, the 1973 National 400m hurdles champion has not entered that event according to Meet Director Gil Bishop, but is entered in the quarter. She could be a factor.

Name & Club	Mark	Remarks	Odds
Sapenter, PV	53.4	Class of the field	4-1
Wiser, LJTC	53.7	Best could surprise	5-1
Neufville, LATIC	55.6	Don't let that mark fool you	8-1
Weston, WS	54.1	If contender will push top ones	8-1
Choates, TSU	54.6	Recent not her best	12-1
Stroy, SITC	55.6	Steady runner; needs racing	15-1
Chemabwai, CSt	55.8	May run only 880	18-1
Edwards, TxsThn	55.3	Good early speed, will fade	20-1
Pastel, SITC	54.7	Newcomer is question mark	20-1

1974 US List


53.4	Sapenter, PV	55.9	Latter, Michigammas
53.7	Wiser, LJTC	56.1	C.Johnson, MDYF
54.1	Weston, WS	56.1	Hudson, AOC
54.3	Decker, Un	56.1	Cornelius, TexasHS
54.5	Campbell, SITC	56.2	Warner, Ohio TC
54.6	Choates, TSU	56.3	Bonacich, SJC
54.7	Pastel, SITC	56.4	Venezla, Cal HS
55.0	Kelly, TexasHS	56.5	McManus, Southern
55.1	S. Williams, PV	56.5	Jiles, Dryades
55.2	Scott, Un	56.5	Rebsamen, Ill HS
55.3	Edwards, TxsThn	56.5	Lake, LITC
55.4	J.Smith (TSU)	56.5	Crowder, LMM
55.4f	Byfield, BerkTC	56.5	Carlsen, RC Striders
55.5	Rich, LA Jets	56.6	Van Houten, CacWrens
55.6	Willis, TSU	56.6	Henkes, TexasHS
55.6	Stroy, SITC	56.7	Fitzgerald, Atoms
55.6f	Neufville, LATIC	56.7	deHaven, FWPAL
55.8	Lewis, MillLions	56.7	C.Schilly, SyrChrgs
55.8	Chemabwai, CSt	56.9	Oas, U Minn
55.8	Ingram, WashDC HS	56.9	B.Moore, RRR
55.9	Green, SCC	57.0	Nichols, Atoms
55.9	Haynes, IowaHS	57.0	Revere, S.Cruzers
55.9f	Forde, Atoms	57.0	Burkhalter, TexasHS
55.9	Vigil, DCD	57.0	Tallard, WisoHS
55.9	Banks, RRR	57.0	Mullins, LATIC
55.9	J.Vetter, BRTC	57.0	Cape, LBC

880y 1973 results: 1-Wendy Koenig (TOG) 2:04.7, 2-Mary Decker (BA) 2:05.9, 3-Cheryl Toussaint (Atoms) 2:06.7, 4-Julie Brown (Flathead Valley) 2:07.8, 5-Robin Campbell(SITC) 2:08.1, 6-Nancy Shafer (CantonTC), 7-Ruth Kleinsasser (LATIC) 2:12.9, 8-Liane Swegle (Seattle Dynamics) 2:13.7, 9-Lynn Hollins (RRR) 2:33.2.

The 880 was the feature event of the 1973 championships, but it has lost its glamour for 1974. Of the "big four" - Koenig, Decker, Toussaint and Campbell, only a shell remains. Decker is running better than ever, but Koenig has been out of competition for many weeks due to a muscle pull, and according to Meet Director Gil Bishop, Toussaint has not entered for 1974. Campbell is better than ever and surprising Julie Brown, now at UCLA and representing the LATIC, may not run this event, preferring to concentrate on the mile.

Again in this event, the presence or absence of Kathy Weston will be important. If not running against the Russians, Weston would be a major obstacle in Decker's path as she gave the southern California lass a tough battle at Bakersfield Invitational before losing 2:04.6 to 2:04.9. San Jose's Cyn-dy Poor, who has been in-and-out this season and Sports Inter-national's Nancy Shafer, a steady veteran, should be close up. Shafer, although credited only with 2:10.5, was about a second faster than that at the Mt. Sac Relays, but was not officially timed. Tecla Chemabwai is capable of making the top ones hustle if she concentrates on this event and forgets the quarter. Lynn Hollins, Rialto Road Runners, varies as much as 20 seconds from race to race, finishing last year's final in over 2:30 after having run 2:07 earlier. Tennessee State's Judith Smith had a very good 2:10.0 in early January but hasn't been near that since. With Toussaint out, Heald concentrating on the mile along with Julie Brown, Koenig injured and Weston a question mark, the half is not the super-race of 1973.

Name & Club	Mark	Remarks	Odds
Decker, Un	2:04.6	Aiming for under two minutes	3-1
Weston, WS	2:04.9	Just the one for an upset	5-1
Campbell, SITC	2:08.0	If not too tired, could be close	8-1
Poor, SJC	2:10.9	Lots of speed, inconsistent	10-1
Shafer, SITC	2:10.5	Veteran getting better	12-1
Koenig, TOG	2:11.9	If fit, could win it all	15-1
Chemabwai, ChiSt	2:10.7	Capable of much better	15-1
Hollins, RRR	2:08.4	Freezes with these	25-1
Costello, Orin	2:10.4	Calif State HS champ	25-1



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1974 US List

2:04.6	Decker, Un	2:12.8	J.Anderson, CalHS
2:04.9	Weston, WS	2:13.0	T.Anderson, SJC
2:08.0	Campbell, SITC	2:13.0	Caldwell, WS
2:08.4	Hollins, RRR	2:13.7	B.Lawson, TOG
2:10.0	J.Smith, TSU	2:13.7	Trumbly, CalifHS
2:10.4	Costello, Orin	2:13.8	Caudillo, LBC
2:10.5	Shafer, SITC	2:13.9	Parks, GoldTri
2:10.5	Larrieu, PCC	2:13.9	Holden, Iowa HS
2:10.5	J.Brown, LATIC	2:13.9	Deppe, Iowa State
2:10.6	Groos, NashWhpt	2:14.1	Debbie Vetter, BRTC
2:10.7f	Chemabwai, ChiSt	2:14.5	Flournoy, SCC
2:10.9	Poor, SJC	2:14.5	Sheffield, TexasHS
2:11.0	Heald, LMM	2:14.5	Stecker, DCD
2:11.1	Toussaint, Atoms	2:14.8	Haberman, SJC
2:11.3	Haughey, SJC	2:14.9	M.Miller, Ill HS
2:11.9	Koenig, TOG	2:14.9	Wise, Cavalettes
2:12.3	Gibbons, GG	2:15.0	Vicki Eberly, SJC
2:12.4	Swegle, SeatU	2:15.0	Crowder, LMM
2:12.5	Ashby, AOC	2:15.0	R.Smith, Ill HS
2:12.6	MacHarg, KetStr	2:15.0	Carlson, Cent.Mo.
2:12.6	Schellhouse, BA	2:15.0	Aleccia, OCT
2:12.7	Graham, SJC	2:15.4	Shari Cassin, Ariz 13y

Mile 1973 results: 1-Francie Larrieu (SJC) 4:40.3, 2-Kathy Gibbons (GG) 4:40.5, 3-Eileen Claugus (WS) 4:40.7, 4-Barbara Lawson (TOG) 4:48.8, 5-Doreen Ennis (Nutley) 4:49.5, 6-Judy Graham (LATIC) 4:50.3, 7-Debbie Quatier (Un) 4:51.1, 8-Katy Schilly (SyrChrgs) 4:53.9.

The absence of Larrieu, who has gone to Europe, makes this a most competitive race. Predictions are hazardous at best, but with coaches cunningly planning their strategy as to how to reap the most points from the distance races by the strategic placement of their runners, predicting is almost an impossibility. Add to this the possibility of Debbie Quatier running for the US Juniors at Austin, Texas, and the problem is compounded.

In spite of the fantastic duel at the California State Championships between Julie Brown and Judy Graham, our choice would be Quatier - if she is present. Brown, Graham, Cindy



US Internationalist DOREEN ENNIS, Nutley TC

Poor with a fantastic 4:21.9 over 1500, Robin Campbell, Doreen Ennis, Debbie Heald (4:22.7 for 1500) and Katy Schilly all enter into consideration.

Missing from the race in addition to Larrieu, will be Kathy Gibbons who has been forced out with illness, a respiratory problem called 'Valley Fever'. Claugus is not entered this year nor is Sue Parks. Choate, my guess is, will probably concentrate on the two mile and Becky Wolfinbarger, who had some fine mid-season marks, is not up to par.

Name & Club	Mark	Remarks	Odds
Quatier, FalTC	4:45.3	Thigh clapper getting better	8-1
J. Brown, LATC	4:44.4	Improving with every outing	8-1
Graham, SJC	4:44.9	Tends to tie up with big ones	9-1
Poor, SJC	4:48.0	Has 4:21.9 metric	12-1
Campbell, SITC	4:54.9	Don't let time mislead you	12-1
Ennis, NutleyTC	nt	Good cross country season	15-1
Schilly, SyrChrgs	4:53.2	Always a bridesmaid	20-1
T. Anderson, SJC	4:46.1	Dark horse could move up	13-1
Heald, LMM	4:51.7	Question of condition; 4:22.7m	12-1

1974 USA List

4:33.1	Larrieu, PCC	5:02.9	Berry, WiscHS
4:44.4	J. Brown, LATC	5:02.9	Heinmiller, Un
4:44.9	Graham, SJC	5:03.2	K. Jewell, LBC
4:45.3	Quatier, FalTC	5:03.4	Parks, GoldTri
4:46.1	T. Anderson, SJC	5:03.9	Noden, NJ HS
4:48.0	Poor, SJC	5:04.2	Pusch, Syr Chrgs
4:48.4	Gibbons, GG	5:04.5	Hamity, Ill HS
4:51.7	Heald, LMM	5:04.6	Claugus, UC Davis
4:53.2	Schilly, SyrChrg	5:05.1	Stearns, LATC
4:54.6	Choate, LATC	5:05.2	Cassin, ArizTC - 13y
4:54.7	Flournoy, SCC	5:05.5	Harewicz, MtLeb
4:54.9	Campbell, SITC	5:05.9	Fridley (Un)
4:55.7	Costello, OrdTC	5:06.0	DeCuir, LMM
4:57.0	Caldwell, Un	5:06.4	Mari Gibbs, LITC - 11y
4:57.2	P. Jewell, LBC	5:06.5	Gill, DCD
4:57.6	MacHarg, KS	5:07.1	Adams, WS
4:57.8	D. Johnson, RRR	5:07.3	Heiden, Wisc HS
4:58.4	J. Bowen, LITC	5:07.5	Mears, SJC
4:58.5	Powell, SJC	5:07.9	Forbes, Portland - 13y
4:58.7	Wolfinbarger, SCC	5:07.9	Kaput, PhoenixTC
4:59.0	T. Johnson, LATC	5:08.2	McManus, SJC
4:59.4	Neppel, Iowa St	5:08.5	Haberman, SJC
5:00.2	Webb, KS	5:08.5	Parish, BA
5:00.6	McIntyre, FalcTC	5:08.7	Kuyk, U Wash
5:00.8	Clark, CamTC	5:08.7	Greer, LJTC
5:00.8	Decker, Un	5:08.8	Mallery, Ohio State
5:02.2	Moran, WiscHS	5:08.9	Cervantes, CalifHS
5:02.5	B. Lawson, TCG	5:09.8	Cocke, NashWhippettes
5:02.5	Shafer, SITC	5:10.0	Holden, WoodbineTC
5:02.5	Keith, RRR - 13y	5:10.0	Wolfe, RC Flyers
5:02.8	Barker, U Ore		

2M

1973 results: 1-Eileen Claugus (WS) 10:19.4, 2-Kathy Gibbons (GG) 10:33.0, 3-Tena Anex (WS) 10:34.0, 4-Nancy Thrman (Phoenix TC) 10:42.4, 5-Brenda Webb (KS) 10:46.6, 6-Jackie Hanson (Un) 10:49.0, 7-Dana Lavaty (MDYF) 10:48.0, 8-Nadia Garcia (SDTC) 10:50.8

Gone from the 1973 winners are the top four finishers and fifth placer Brenda Webb is far below her '73 form. Sixth place finisher Jackie Hanson is not running and so this event would seem to be forgotten.

But such is not the case. Quality running such as that put on by Clare Choate and Teri Anderson at the California State Championships, has turned this event into a spine-tingling spectator delight and the 1974 final should be a thrill to watch. Add Debbie Quatier to the Anderson-Choate tandem, (if Quatier is competing here and not in Austin), and this race takes on the mantle of greatness. Just two weeks ago Quatier whisked to a new American record over 5000 meters and on her way passed the two mile mark in 10:47.3 - continuing on for an additional mile plus! Kathy Schilly has been running well on the east coast as has Nadia Garcia and Julie Brown in the west. Inasmuch as this race precedes the two mile relay, coaches may play chess with their runners as far as who enters, but regardless this should be a fine contest.

Name & Club	Mark	Remarks	Odds
T. Anderson, SJC	10:10.2	The distance is right	4-1
Choate, LATC	10:11.8	Lost to top one last time	5-1
Quatier, FalTC	10:47.3	Little, but oh, my!	8-1
Schilly, SyrChrg	10:40.4	Best of the east	12-1
J. Brown, LATC	10:38.8	May skip for 2m relay	15-1
Scandurra, Un	10:40.9	Done well at longer	25-1
Garcia, SPTC	10:36.2	Could move into third	16-1
MacHarg, KS	10:54.9	Experience will help	25-1
Harewicz, MtLeb	10:37.5	Youngster in tough spot	40-1

1974 USA List

10:10.2	T. Anderson, SJC	11:02.1	Caldwell, LITC
10:11.8	Choate, LATC	11:02.2	Welch, SyrChrgs
10:36.2	Garcia, SPTC	11:03.5	Poor, SJC
10:37.5	Harewicz, MtL	11:03.9	L. Jewell, LBC
10:38.8d	J. Brown, LATC	11:05.0	Webb, KS
10:40.4	Schilly, SyrCh	11:06.8	Kaput, PhoenixTC
10:40.9	Scandurra, Un	11:07.4	Greer, LJTC
10:47.3	Quatier, FalTC	11:07.5d	T. Johnson, LATC
10:48.6	D. Johnson, RRR	11:08.0	Carron, Millions
10:51.2	Val Eberly, SJC	11:09.0	Adams, WS
10:51.6	Hanson, Un	11:09.2	Kuyk, U Wash
10:54.9	MacHarg, KS	11:09.9	McIntyre, FalcTC
10:55.2	Heinmiller, Red	11:10.5	Assuma, RRR
10:55.4	Haberman, SJC	11:11.5	Molah, SyrChrgs
10:56.6	Larrieu, PCC	11:16.5	Marquez, RRR
10:57.4	Wolfinbarger, SCC	11:18.0	Vic. Eberly, SJC
11:01.0	Greenberg, SJC	11:18.5	Buhlert, SBS
11:01.2	Gramond, AOC	11:18.5	Borges, DCD
11:01.8	Neppel, IowaSt	11:19.3	Guina, SJC
11:02.0	K. Jewell, LBC		

Walk

1973 results: 1-Esther Marquez (RRR) 7:54.6, 2-Susan Brodock (RRR) 7:59.0, 3-Cheryl Dotseth (MDYF) 8:06.2, 4-Sheryl Robinson (Xanasu) nt, 5-Sheila Thomson (OxnardTC) 8:13.3, 6-Carol Mohanco (KS) 8:21.6, 7-Dina Dimmick (SJC) 8:44.5, 8-Joyce Weimer (WS) 8:58.0.

The biggest upset of the 1973 championships was the win by Esther Marquez over teammate Susan Brodock in the mile walk. There will not be such an upset this year. Marquez is walking well, but Brodock has reached her acme and has set a new world mark for the distance. Dotseth returns and although no marks have been reported for her to date, she must be considered in the top group. The quality of this event has advanced tremendously this year with six walkers under the magic eight minute mark.

Name & Club	Mark	Remarks	Odds
S. Brodock, RRR	7:14.1	World's best at this	2-1
Minkow, SyrChrg	7:29.5	Improvement necessary	10-1
Marquez, RRR	7:45.3	Defending champ	12-1
Dotseth, MDYF	nt	Will have to improve	15-1
Mohanco, KS	8:02.0	Steady performer	20-1
Haford, Gtway	7:58.3	In against tough ones now	20-1
Thomsen, Oxm	7:56.0	Best would move up to #3	20-1
L. Brodock, RRR	7:56.9	Could repeat this time	25-1
Sakelarios, RCF	8:02.6	Fast improving youngster	25-1

1974 USA List

7:14.1 S.Brodock, RRR	8:22.9 Arbelbide, RRR
7:29.5 Minkow, SyrChrgs	8:25.0 Thomas, ColPacers
7:45.3 Marquez, RRR	8:28.0 Metheny, RRR 13y
7:56.0 Thomsen, OxTC	8:28.0 Rose, OCT 13y
7:56.9 L.Brodock, RRR	8:30.0 Ontko, OzarkTC
7:58.3 Haford, Gtwy	8:30.4 Gallavan, OCT
8:02.0 Mohanco, KS	8:30.5 J.Brodock, RRR 11y
8:02.6 Sakelarios,RCF	8:30.7 Cook, RRR 11y
8:04.0 C.Johnson, BA	8:33.6 Widmann, FWPAL
8:11.4 Vallalvazo,RRR-13y	8:36.0 G.Sakelarios,RCF 12y
8:11.6 Dimmick, SJC	8:36.2 Weimer, WS
8:13.2 Teagarden, BA	8:38.3 Harwick, MtLeb
8:17.4 G.Eberle, OzTC	8:38.4 Janousek, SCC
8:18.9 Shima, Un	

100mH

1973 results: 1-Patty Johnson (Club Northwest) 12.9w, 2-Deby Lansky (San Luis Obispo) 13.5w, 3-Pat Donnelly (LATIC) 13.8w, 4-Deanne Carlsen (SacRR) 13.9w, 5-LaVonne Neal (Phil. Hawks) 14.0w, 6-Bobbette Krug (LJTC) 14.3w, 7-Chi Cheng(LATC) 14.4w, 8-Pat Hawkins (Atoms) 14.4w, Mamie Rallins (TSU) fell.

100m hurdling is off in the States this year. Even Patty Johnson, who is far and away the only top class hurdler here, is ailing and almost stopped for the year. Lansky and Donnelly return along with Carlsen, Neal and Rallins. Spice is added by Jamaican Andrea Bruce, runner-up to the National Collegiate title, and Modupe Oshikoya from Nigeria. Bruce has a 13.9 wind-aided mark while Oshikoya zipped to a 13.5 clocking at the Commonwealth Games earlier this year. Regardless of the outcome, one wonders what excuse the International Section will use to keep Pat Donnelly off a US team this time.

Name & Club	Mark	Remarks	Odds
Johnson, LJTC	13.5w	Class of the field	1-1
Lansky, GoldTr	13.5w	Never beaten top one	5-1
Rallins, TSU	13.7w	Still top class	8-1
Oshikoya, Un	13.5	Been a long season	8-1
Donnelly, LITC	13.9w	Steady performer	10-1
Bruce, TWU	13.9w	May pass up this event	10-1
Thomson, DelSC	13.6w	Great marks in east	10-1
Collins, Dryades	13.9w	Unknown quality	12-1
Neal, PH	14.5	Lacks running this year	15-1

1974 USA List

13.6 P.Johnson, LJ 13.5w	14.5w McMillin, Gazelles
13.8 Thomson, DSC 13.6w	14.5w Ayers, PV
14.0f Bruce, PV 13.9w	14.5w Neal, Phil Hawks
14.2 Donnelly, LITC 13.9w	14.5w Bedford, CP-SLO
14.2 Hardy, BldC	14.5w Lowry, Cinderettes
14.3 Rallins, TSU 13.7w	14.5w Souza, TWU
14.4 Carlsen, RCS 14.3w	14.6w Officer, U Oregon
14.4 Sherrard, Un	14.6w Wheeler, FVT
14.5 Lester, LBC 14.0w	14.6w Conly, SD State
14.5 Crowder, LMM	14.6w Huntley, OreTC
14.5 Poirer (FredITFC)	14.6w Crump, Padukies
14.6 King, ML	14.7w Mayers, TxTech
14.6 Ray, CYC Fla	14.7w Gibbs, WashU, Tx
14.7 R.Anderson, FrITFC	14.7w Koenig, TCG
14.8 Rusing, ArizTC	14.8w P.Jones, CS-IA
14.8 Butler, LATC	14.8w Carlson, CenMoState
14.9 Linsenmeyer, TxTC	14.8w S.White, SITC
14.9 Harris, CacWrens	14.9w Bentham, FVT
Wind-aided Only	14.9w Ray, CYC Fla
13.5w Lansky, GldTri	14.9w Ahmad, PS Fillies
13.9w Collins, Dryades	14.9w Nyman, West Mich
14.1wfOshikoya, Un	14.9w Welter, Kearney St
14.3w Esser, Woodbine	14.9w LaPorte, WSubTC
14.4wfBrown, Atoms	
14.4w Arnold, TxTC	

400H

1973 results: 1-Gale Fitzgerald (Atoms) 61.1, 2-Crowder (LMM) 61.9, 3-Reusser (TopekaTC) 63.0, 4-Ethis Hunter (MV S) 63.0, 5-Linda Wright (ArizTC) 63.4, 6-Laurie Gilliland (DCD) 64.1, 7-Dalal Ahmad (PSF) 64.2, 8-Lorraine Tummings (Atoms) 64.2, 9-Leslie Clarke (SacRR) 65.2.

According to Meet Director Bishop, he has received a plethora of entries for this event. The qualifying standard of 65 seconds evidently has been met by many runners in secret, for the WIFW files show less than 30 who have achieved this mark during the current year. Be that as it may, this has developed into a very competitive contest and in spite of defending champion Fitzgerald not entering, the race will be



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Top US Hurdlers Deanne Carlsen, Patty Johnson and Pat Donnelly, left to right. (Don Chadez photo)

run in under 60 seconds and the winner may have to break the America record of 59.1 to claim her title. Janice Lester edged Clydine Crowder, the 1973 Girl's champ, at the California State meet 59.5 to 60 flat with Michelle Hopper just a few hops behind at 60.8 albeit disqualified for dragging a leg around a hurdle. Debbie Vetter, Blue Ribbon TC, is undefeated with a best of 60.7 and is one tough competitor down the home stretch. Mary Ayers and Andrea Bruce both clocked 61.1 finishing 1-2 in the National Collegiate Championships and if Prarie View is to have any chance of winning the team title, they must both run here and place.

Name & Club	Mark	Remarks	Odds
Vetter, BRTC	60.7	Will be flying down the end	8-1
Lester, LBC	59.5	Improvement could continue	8-1
Crowder, LMM	60.0	Never count her out	8-1
Bruce, PV	61.1	Here's that girl again!	10-1
Ayers, PV	61.1	Just might do it again	10-1
Hopper, PremTC	60.8	Watch those legs	10-1
Wright, ArizTC	62.4	Will fight all the way	15-1
S.White, SITC	61.4	Hasn't beaten top ones	15-1

1974 USA List

59.5 Lester, LBC	63.6 Burkland, LMM
60.0 Crowder, LMM	63.7 Ahmad, PS Fillies
60.7 Deb.Vetter, BRTC	64.0 Cape, LBC
61.1 Ayers, PV	64.1 Diane Vetter, BRTC
61.1f Bruce, PV	64.2 Diedrich, KS
61.2 Hopper, PrTC 60.8d	64.4 Erickson, SCC
61.4 S.White, SITC	64.4 Hunter, MVS
61.5 Koenig, TCG	64.5 L.Gilliland, DCD
61.9 Linsenmeyer, TxTC	64.5 Marint, LATC
62.4 Wright, ArizTC	64.5 Bing, SJC
62.8 Reusser, KanState	64.7 Chiavario, AOC
62.9 J.Smith, TSU	64.8 Spruce, U. N. Col
63.3 Clarke, UC Davis	64.9 Nissen, (Mesa TC
63.4 Faughn, FWPAL	

HJ

1973 results: 1-Deanne Wilson (SCTC) 5'9, 2-Audrey Reid (TWU) 5'9, 3-Karen Moller (DelSC) 5'8, 4-(tie) Joni Huntley (Un) and Pam Blackburn (Palo Alto TC) 5'7, 6-(tie) Cindy Gilbert (Un), Susan Hackett (Dryades) and Pam Spencer (FVT) 5'6.

Defending champion Deanne Wilson is out of the competition with injuries; Louise Ritter (5'10) and Susan Hackett (5'10) will be in Texas competing against the Russian Juniors; Desiree Gronwald (5'10) hasn't been heard from since her big jump last indoor season. Makes this event sound as though it should be cancelled. Don't you believe it. This is THE event of the Meet. Three six footers top the field led by new American record holder Joni Huntley at 6'0". Her meeting with Spencer and Bruce should be great. Don't rule out Karen Moller and Cindy Gilbert - who of late has become so inconsistent that her presence adds much excitement to the competition. Add Modupe Oshikoya (5'8½) and Vera Schlosser (5'9), mix in Gilliland and Blackburn at 5'8 and you have the finest high jump field ever assembled in the USA.

Name & Club	Mark	Remarks	Odds
Huntley, OreTC	6'0"	Very consistent, very tough	3-1
Bruce, PV	6'0"	Very consistent, very tough	3-1
Spencer, Mont	6'0"	In tough here; needs seasoning	7-1
Gilbert, LJTC	5'10"	Up and down the scale	10-1
Moller, DelSC	5'10"	Lacks competition	12-1
Oshikoya, Un	5'8½"	Versatile jumper lacks jumpng	15-1
Blackburn, Un	5'8"	Could be the surprise	15-1
Schlosser, SDak	5'9"	Jumped well in S.Dakota	20-1

1974 USA List

6'0" Huntley, OreTC	5'6" Dempsey, Mich HS
6'0f Bruce, PV	5'6" Zimmicky, Mich HS
6'0 Spencer, Mont	5'6" Goldsberry, LJTC
5'10" Gilbert, LJTC	5'6" McQuillan, WS
5'10 Ritter, TxTC	5'5½ Seippel, KS
5'10 Moller, DelSC	5'5½ Mitchell, CacWrens
5'10 Hackett, Dryades	5'5½ Butler, WashDC HS
5'9 Schlosser, SDak	5'5½ T.Jones, Wash DC HS
5'8 A.Gilliland, DCD	5'5½ Tart, Tenn HS
5'8 Wilson, LATC	5'5 Koenig, TCG
5'8 Blackburn, Un	5'5 Erickson, FVT
5'7 Girven, Va HS	5'5 Wiese, Kearney State
5'6 Linsenmeyer, TxTC	5'5 Cooper, Ill State
5'6 Lee, Un	5'5 Von Behren, UW-Parkside
5'6 Norero, DCD	5'5 Olson, Ill HS
5'6 Remming, LJTC	5'5 Conly, SD State
5'6 Hamilton, BYU	5'5 West, ColHS
5'6 Friesen, Tabor	5'5 Kunkel, Kirkwood TC
5'6 Snider, Baylor	5'5 Stolaz, Minn HS

LJ

1973 results: 1-Martha Watson (LATC) 21'4¼w, 2-Willye White (MDYF) 20'5¼w, 3-Jane Frederick (UCTC) 20'1¼w, 4-Vicki Betts (LATC) 19'8½w, 5-Kim Schofield (PeoriaTC) 19'8½w, 6-Dianna Windle (LATC) 19'5½w, 7-Fran Sighting (Un) 19'3w, 8-Renaye Bowen (MM) 18'11½w.

This certainly must be the worst event in the USA technically speaking. Only a very small handful of athletes exhibit any shade of technique at all, most being perfectly sat-

isfied to amble down the runway and throw themselves into the air. Needless to say, those with technique will do most of the scoring here. In Martha Watson, the USA is blessed with one of the top jumpers in the world, and in Willye White, the young can see before their eyes what learning technique can do for an athlete for Willye, admittedly, is not still in her teens. Andrea Bruce, Prarie View, is again a question mark but if she competes, she surely will place. Oshikoya, if up to her form of the Commonwealth Games where she leaped 21'4¼, will surely grab a medal. Young newcomers to watch include Kim Schiffield, Sherron Walker and Jodi Anderson.

Name & Club	Mark	Remarks	Odds
Watson, LITC	21'0½	Class of the field	1-1
White, MDYF	20'4w	Quadruple Olympian back again	10-1
Oshikoya, Un	21'4½	It's been a long season	10-1
Bruce, PV	19'5½w	Busy, busy, busy	15-1
Betts, LITC	19'10w	Could move up	15-1
Walker, EvChrgs	19'11w	Flashy newcomer	20-1
Schofield, PerP	18'7½	Has experience to improve	20-1
C.Johnson, MDYF	19'6	In tough against these	25-1

1974 USA List

21'0½ Watson, LITC	21'9¼w	19'2¼w	McMillin, Un
19'7 J.Anderson, Cal HS	19'0¼w	19'0¼w	Griffin, LJTC
19'5 Ray, CYC Fla	19'0w	19'0w	C.Brown, Graceland
19'1¼ Elmore, Millions	18'11w	18'11w	Ayers, PV
18'9¼ Kinimaka, SJC	19'2¼w	18'10¼w	Beacham, Tx HS
18'7¼ Hancock, Col HS		18'10w	A.Watson, DCD
Wind-aided Only		18'9½w	Kindig, Neb HS
20'4w White, MDYF		18'9¼w	Coffey, Un
19'11w Walker, EvChrgs		18'9w	Wilson, NYPAL
19'10¼w Betts, LITC		18'8w	Cornelius, Tx HS
19'6w C.Johnson, MDYF		18'8w	Washington, Md HS
19'5½w Bruce, PV		18'7½w	Burkhalter, Tx HS
19'4½w Morehead, Ohio HS		18'7½w	Schofield, Ill HS
19'3½w King, ML		18'7½w	Smiley, LATC
19'3w Cooper, Ill St		18'7½w	Egenolf, Terre Haute
19'3w Newman, Iowa St		18'6w	Samuels, Ky HS

SP

1973 results: 1-Maren Seidler (MDYF) 51'8½, 2-Denise Wood (Un) 49'0", 3 Jean Ronerts (DelSC) 48'11¼, 4-Jan Svendsen (SLO), 5-Joan Pavelich (Un) 47'0½, 6-Suzie Snider (Un) 46'¾, 7-Lynette Mathews (Falcon TC) 45'10, 8-Kathy Devine (SDL) 44'7½.

The quality of this event has risen led by Maren Seidler's new American record of 56'7. The number of US lasses over 40 feet is much more than any previous year. Competition here will be strictly for second place, for Seidler is the surest bet of the meet.

Name & Club	Mark	Remarks	Odds
Seidler, MDYF	56'7	Anyone wanta bet?	1-5
Svendsen, LJTC	50'6½	Will have to fight for this	15-1
Roberts, DelSC	47'8½	Veteran knows all tricks	15-1
Wood, Un	48'6¼	Could move up to second	15-1
Reinhoudt, Un	48'9½	Best could grab silver	15-1
Dole, LITC	48'¾	Fast rising youngster	20-1
Langford, MDYF	47'5¼	Better with discus	25-1
Devine, SDL	47'0½	Calif HS Champion	40-1
Wright, Fresno	44'8"	Fills out field	45-1

1974 USA List

56'7 Seidler, MDYF	42'2	Lane, Un
50'6½ Svendsen, LJTC	42'0	Willis, Grambling
48'9½ Reinhoudt, Un	42'0	Marney, Thunderbolt
48'6¼ Wood, Un	42'0	Griffin, FVT
48.3 Dole, LITC	41'10½	Mitchell, U Hawaii
47'8½f Roberts, DelSC	41'9½f	Pavelich, Un
47'5¼ Langford, MDYF	41'8	Holloway, SJC
47'0½ Devine, SDL	41'4¼	Powell, Grambling
46'9 Mathews, FalcTC	40'10¼	Curran, TCG
46'¾ Rutledge, Un	40'8"	Haynes, Fresno
45'4 Jacobson, U Kansas	40'8"	Pendleton, CSLA
44'8" Wright, Fresno	40'7½	Bryant, OreClgEd
44'7½ Allen, Grambling	40'6½	Arnada, TWU
43'10½ Snider, Baylor	40'6	Angeloff, Ill State
43'¾ Peco, LBC	40'2"	J.Mitchell, Iowa HS
43'1 Trout, Kearney	40'2½	Cannon, RC Striders

DT

1973 results: 1-Jean Roberts (DelSC) 173'3, 2-Josephine Dela Vina (MDYF) 169'9, 3-Monette Driscoll (LATC) 158'10, 4-Joan Pavelich (Un) 157'0, 5-Carol Frost (NebTC) 156'8, 6-Vivian Turner (LATC) 153'3, 7-Lynnette Mathews (Falcon TC) 151'7, 8-Jan Svendsen (SLO) 150'1.

A small, select contingent of discus throwers gathers annually for these Championships, and the same faces are back once again. Last year the discus was the last event of the meet to finish and with Driscoll and Turner scoring seven points, the LATC won the team title. Again in 1974 the disc will go a long way toward deciding the eventual team winner for of the favored eight, two are from the LATC, two from Myor Daley and two from La Jolla, although one is in question as to establishing residence (Pavelich). Jan Svendsen has come up all of a sudden to become a threat in this event with her 167'11 toss at the California State meet. Should Pavelich be declared eligible and these two score a 1-2 here, the La Jolla Club would have a big advantage over the rest of the nation for the team title. However, Svendsen has not been consistent and defending champion Roberts is just beginning to throw well after her fourth place finish at the Commonwealth Games this past winter. Lying in the bushes is the Asian champion and 1972 US champion, Josephine dela Vina from the Philippines by way of Chicago. Teaming with Josephine is Linda Langford, and THESE two could make Mayor Daley a title threat. Driscoll has been very consistent all year, improving with almost every outing and could win it all if any of the top ones have an off day. Driscoll has teammate Terri Sabol as a helper, but Sabol is in over her head against this crowd.

Name & Club	Mark	Remarks	Odds
Pavelich, LJTC	167'0	Will be tough to beat	6-1
Roberts, DelSC	174'3	Only 163'2 since NZ	8-1
Svendsen, LJTC	167'11	Blond giant now ready	8-1
Driscoll, LATC	166'9	Fantastically keeps improving	10-1
DelaVina, MDYF	153'5	Will throw better than this	12-1
Langford, MDYF	161'5	Knows what discus circle is	15-1
Wood, Un	156'1	Could move up several	18-1
Sabol, LATC	154'0	Much to learn	25-1

1974 USA List

167'11	Svendsen, LJTC	142'8	Gordon, Va HS
167'0f	Pavelich, LJTC	140'0	Butler, AOC
166'9	Driscoll, LATC	138'9	Lane, Un
163'2f	Roberts, DelSC	137'2	Gordon, Va HS
161'5	Langford, MDYF	136'8	Montgomery, TxTC
156'1	Wood, Un	135'11	Lyford, FVT
154'0	Sabol, LATC	135'10	Petree, Cent Wash
153'5f	Dela Vina, MDYF	135'2	Rowe, Graceland
151'9	Snider, Baylor	134'4	Vaplon, ND HS
150'10	Mathews, FalcTC	131'11	Winbigler, U Ore
149'6	Wright, Fresno	131'9	Jacobson, U Kansas
144'0	Washington, SW Tx	131'6	Aruna, FWU
142'11	Mitchell, U Hawaii	130'3	Hanson, Iowa HS
		130'0	Ledgerwood, Ore HS

JT

1973 results: 1-Kathy Schmidt (SCFC) 194'6, 2-Barbara Friedrich (Shore AC) 186'3, 3-Lynn Cannon (SacRR) 170'11, 4-Debbie Langevain (SCFC) 168'8, 5-Barbara Pickel (CS Hayward) 163'3, 6-Karin Smith (Un) 162'10, 7-Linda Langford (ML) 152'10, 8-Annette Luthringer (Shore AC) 138'8.

A year ago you would have been out of your mind to even consider that Kathy Schmidt could lose. But this year, it has already happened. Sherry Calvert, returning after a forced year of absence due to medical reasons, whomped the Olympic bronze medalist at the Southern Pacific AAU meet, and although not her lifetime best, it was very close to it. But Schmidt had her revenge at the California State Championships a week later, winning easily as Calvert slipped to fifth. Such is the consistency of the javelin. Lynn Cannon has improved this year to near the 190 mark and Karin Smith is beyond the 180 flag. Barbara Friedrich, back once again, just might regain that magic that once upon a time gave her the American record. Barbara Pickel, now Mrs. Whitfield much to the dismay of my son-in-law who claimed Barbara's name as his favorite, has been consistent, but yet to reach 170. Susan Armstrong, the surprise of the 1973 Girl's meet, is throwing well but has lacked competition. Cathy Sulinski, with a mark of 158'7, will be missing as she will be competing against the Russian juniors.



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SUSAN ARMSTRONG, Houston Astro-belles
 (Photo by Jeff Johnson)

Name & Club	Mark	Remarks	Odds
Schmidt, LATC	198'5	Yet to match 1973 season	4-1
Calvert, LITC	190'9	Just might win it all	8-1
Friedrich, Shore	176'11	Veteran always comes thru	10-1
Smith, SCTC	183'8	This could be the day	12-1
Cannon, Chico	186'4	Could move up to bronze	12-1
Armstrong, HAB	163'3	Needs more competition	18-1
Whitfield, CSH	166'2	Very consistent at this mark	20-1
Bowers, SJC	163'0	Very inconsistent	28-1

1974 USA List

198'5	Schmidt, LATC	144'0	Hallman, SD State
190'9	Calvert, LITC	142'10	Colby, UW-Parkside
186'4	Cannon, Chico St	142'4	Polk, Farm.Fltfooters
183'8	K.Smith, SthCst	139'11	Stoltenburg, Ore HS
176'11	Friedrich, ShoreAC	139'6	Fuiks, Cactus Wrens
166'2	Whitfield, CSHayward	137'10	Hardaway, LATC
163'3	Armstrong, HAB	136'10	Emmons, Ore HS
163'0	Bowers, SJC	136'7	Gassen, CCS
158'7	Sulinski, ML	136'2	Moore, Ore HS
156'6	Norton, Kansas St	135'11	Lisa Van Benthem, LJTC
150'6	Chilcote, Wash HS	135'0	Lorelei vBenthem, LJTC
147'6	Richardson, Conn HS	135'0	Flores, ESSC
147'5	White, Mesa TC	134'9	Luthringer, Fla State
146'8	Spangler, CSLA	132'7	Schultz, UW-StPoint
146'2	Poppe, Kansas St	131'11	Schmelzer, Mesa TC
144'11	Sorrnick, DelSC	130'10	Furlong, Mont HS
		130'0	Wood, Ore HS

440R

1973 results: 1-Tennessee State 45.5, 2-Atoms 45.8, 3-Prarie View 46.1, 4-Mickey's Missiles 46.3, 5-LATC "B" 46.8, 6-Berkeley TC 46.9, 7-LA Jets 47.8; Sports International and NY PAL did not run final.

There's a lot of speed ready for this particular relay and whoever puts it all together at the same time will win it all. Prarie View established themselves early as the team to beat with a scintillating 45.5 - but two weeks ago they lost to Texas Women's University in 45.9. Tennessee State doesn't have the blinding speed of previous years, but has managed to put together a foursome that has run well all year. They are steady. Mayor Daley, although not blessed with "super" speed has won several very important clashes over teams heavily favored to beat them. Sports International could put together a blazing foursome led by Annum and Allwood. Lakewood has yet to gather its best four, but with Bowen, Watson and Birt as a starter, they could be tough. Dark horse of the group will be the Berkeley Track Club with Byfield and Nickson leading the way. From down south come the Dryades with apparently unlimited possibilities. Texas Southern could be a factor if they ever got everyone together at the same time on the same field. All in all, this should be a close one. And important to the team title with SITC, TSU, TWU, MDYF and Prarie View all capable of winning - plus Lakewood.

Club	Mark	Remarks	Odds
Tx Womens Uni	45.9	They're hot at the right time	5-1
Tenn State	46.5	Tough to bet against these	5-1
SITC	nt	Could win it all	5-1
Prarie View	45.5	Best day would win it	5-1
Lakewood	47.2	Best team never together	6-1
MDYF	46.1	Good team effort here	8-1
Berkeley TC	46.9	The longshot of the day	10-1
Dryades AC	47.8	Will be flying in stretch	10-1

1974 USA List

45.5	Prarie View A&M	48.1	New York PAL
45.9	Texas Women's Univ	48.1	Los Angeles TC
46.1	Mayor Daley YF	48.3	Mt. View Striders
46.9	Berkeley TC	48.4	Cal State LA
47.1	Col, Tex HS	48.4	SC Cheetahs
47.2	Tennessee State	48.5	Burkburnett, Tex, HS
47.4	Lakewood Int TC	48.5	Flathead Valley CC
47.4	La Jolla TC	48.5	Muir, Calif, HS
47.5	Southern Univ	48.6	Mesa TC
47.5	Berkeley HS, Cal	48.6	Iowa State Univ
47.5	Mayor Hatcher's YF	48.7	Albuquerque OC
47.5	Iowa State TC	48.7	Motor City
47.6	Millbrae Lions	48.7	Cal State Chico
47.8	Dryades	48.8	Orange Stark, Tex, HS
47.8	LB Comets	48.8	LA Washington HS
48.1	Texas TC	48.8	LA Jets
		48.9	Premier TC

MR

1973 results: 1-Albuquerque OC 3:47.0, 2-Atoms "B" team, 3:49.6, 3-Mickey's Missiles 3:50.1, 4-Duke City Dashers 3:50.4, 5-Long Beach Comets 3:50.7, 6-Los Angeles TC "B" team, 3:50.8; Sports International and Prarie View scratched from the final; Atoms "A" disqualified for two false starts.

This is the event in which the Atoms "gave away" the team title last year when, after being a cinch for the victory, they were disqualified for two false starts. Prarie View, with the nation's fastest time, should win it, but not without a challenge from several clubs. Defending champions, the 1973 surprise team, has lost it all in 1974 and is no threat. But Tennessee State has now grown out of the "sprinters only" stage and has an excellent mile relay foursome that has yet to run its best. Sports International has a list of quarter-milers a dozen deep from which to choose and the Atoms are always tough at this distance. Long shots include the LATC with Neufville and the Houston Astro-belles who have improved tremendously. Here again, much importance is attached to this relay as far as the team title is concerned with TSU, the Atoms, Sports International and Prarie View all tangling.

Club	Mark	Remarks	Odds
Prarie View	3:45.8	Must run best to win it	5-1
Sports Int	nt	Fearsome foursome here	5-1
Tenn State	3:47.0	Montgomery will add power here	6-1
Atoms TC	nt	Great 440 runners to choose	8-1
Los Angeles TC	3:51.0	Don't let Neufville get close!	10-1
Houst Ast-Bls	3:52.8	Fast improving young squad	18-1
RC Striders	3:51.6	Veteran foursome	25-1
LB Comets	3:51.5	Improving each week	25-1
Dryades AC	3:51.8	Baton work could do it	25-1

1974 USA List

3:45.8	Prarie View A&M	3:55.5	Iowa State Univ
3:47.0	Tennessee State	3:55.7	Ft.Wayne PAL
3:51.0	Los Angeles TC	3:55.8	Rialto Road Runners
3:51.2	Iowa State TC	3:55.8	Orinda TC
3:51.5	LB Comets	3:56.1	SC Cheetahs
3:51.6	RC Striders	3:57.1	Lincoln, Tex, HS
3:51.8	Dryades AC	3:57.4	Woodbine, Iowa, HS
3:52.0	Texas Women's Univ	3:58.0	UCLA
3:52.2	San Jose Cindergals	3:58.6	Kansas State
3:52.8	Houston Astrobelles	3:58.6	Cardinal TC
3:53.3	Texas TC	3:59.0	Cleer Creek, Tx, HS
3:53.3	Albuquerque OC	3:59.0	Irving, Tx, HS
3:53.7	Lakewood Int	3:59.3	Ackley-Geneva, Iowa, HS
3:54.4	Blue Ribbon TC	3:59.3	Millbrae Lions
3:54.4	Kettering Striders	3:59.5	The Col.Gold (14/15y)
3:54.9	Ohio TC	3:59.6	Worthing, Tx, HS
3:55.2	Woodbine TC	3:59.8	La Mirada Meteors

2MR

1973 results: 1-San Jose Cindergals 8:58.0, 2-Kettering Striders 9:08.4, 3-Blue Ribbon TC 9:09.8, 4-Falcon TC 9:10.6, 5-Blue Angels 9:12.6, 6-Will's Spikettes 9:17.8, 7-SJC "B" 9:20.8, 8-Duke City Dashers 9:26.8.

This has all the appearances of a fantastically competitive race. Needless to say, very few clubs have yet to put together their best four runners but already some excellent marks have been produced. The Blue Ribbon TC and the Kettering Striders have been going at each other in the midwest with Herb Stockman's group enjoying the edge over Steve Price's charges. But watch out for San Jose Cindergals, Will's Spikettes and the Los Angeles TC. Much depends on how the coaches map their strategy to grab the most points, (the open two mile precedes this race) and the possibilities of great performances makes one wish that perhaps the AAU might revert to the old Men's AAU format in which the relays were conducted on a different day and not as a part of the Championships. What fantastic relays we could have in that situation with each club using their best foursome.

Club	Mark	Remarks	Odds
Blue Ribbon TC	9:12.6	Tough customers; run well	5-1
San Jose Corgals	9:14.1	Many, many to choose from	5-1
Kettering Str	9:13.5	Best four could win it all	5-1
Los Angeles TC	9:20.6	Dark horse of race	8-1
Will's Spkts	9:38.6	Don't believe that time	10-1
Duke City Dsh	9:18.0	Will be tough to beat	12-1
Syr Chgers	9:19.5	Ability to win with top effort	12-1
SC Cheetahs	9:20.3	Must get top performances	19-1
La Mirada Mtrs	9:26.2	Could upset many of these	25-1

1974 USA List

9:12.6	Blue Ribbon TC	9:38.6	San Juan Striders
9:13.5	Kettering Striders	9:46.3	Ridgewood, NJ, HS
9:14.1	San Jose Cindergals	9:46.6	Millbrae Lions
9:18.0	Duke City Dashers	9:48.4	West Suburban TC
9:19.5	Syracuse Chargers	9:50.0	Redwood City Flyers
9:20.3	SC Cheetahs	9:50.0	Long Beach Comets
9:20.6	Los Angeles TC	9:52.6	Red Bank Cath, NJ, HS
9:26.2	La Mirada Meteors	9:56.0	Blue Angels
9:28.8	Ohio TC	9:57.6	Redwood City Striders
9:36.9	La Jolla TC	9:57.6	Redondo TC
9:37.0	Albuquerque OC	9:58.8	Arizona TC (12/13y)
9:38.6	Will's Spikettes	9:59.9	Phoenix TC

Med

1973 results: 1-West Coast Jets 1:43.2, 2-Prarie View 1:44.0, 3-Atoms 1:44.4, 4-Dryades 1:45.6, 5-LATC 1:45.7, 6-Mickey's Missiles 1:45.9, 7-Sports International 1:46.2

Medley relays are most deceiving to begin with. Without a good anchor runner, the work of the other three is meaningless. A medley relay is not a test of 'team' strength. However, they are entertaining to watch and especially with this year's crowd of runners, most difficult to figure. Mostly it is a question of who is running the anchor leg and how tired will she be. A review of the relay results, (all four relays) from 1973 reveals many upsets due mainly to tired athletes - more so if the runners have competed in the girl's division earlier in the week.

Prarie View, with a world's best for this distance, should pick up the gold. But then they should have picked up the gold last year, too. And didn't. Sports International could come up with a most powerful unit and one visions an anchor lap with Sapenter, Byfield, Wisner, Neufville and Allwood all starting even. Zounds!

Club	Mark	Remarks	Odds
Prarie View	1:40.9	World's best	5-1
Sports Int	1:47.3	Time is deceiving	5-1
Atoms TC	1:43.2	Could win it all	6-1
La Jolla TC	1:45.5	Wiser is the difference	6-1
Berkeley TC	1:45.4	Fast improving group	8-1
MDYF	1:44.8	Will improve on this	8-1
Dryades AC	1:44.9	Coming around to best effort	10-1
Los Angeles TC	nt	Neufville needs more support	12-1

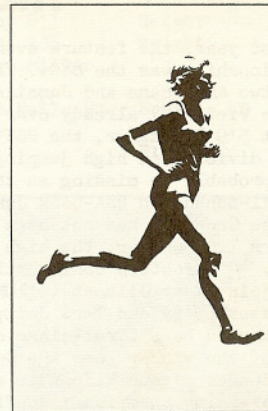
1974 USA List

1:40.9	Prarie View	1:46.6	Tennessee State
1:43.2	Atoms TC	1:46.6	Chicago State
1:44.8	Mayor Daley YF	1:47.0	Iowa TC
1:44.8	Cal State LA	1:47.3	Blue Angels
1:44.9	Dryades AC	1:47.3	Mayor Hatcher's YF
1:45.4	Berkeley TC	1:47.3	Sports International
1:45.5	La Jolla TC	1:47.4	Ohio TC
1:45.5	Southern Univ	1:47.4	LA Washington HS
1:46.1	Tx Women's Univ	1:47.4	Premier TC
1:46.2	Iowa State TC	1:47.7	SC Cheetahs
1:46.4	Berkeley HS	1:47.7	Royal, Calif, HS
1:46.4	Lakewood Int	1:47.9	Thunderbolt TC
		1:47.9	Long Beach Comets

WORLD BEST PERFORMANCES FOR 1974 (To June 15)

100m	11.1	Irena Szewinska	Poland
200m	22.0	Irena Szewinska	Poland
400m	51.67	Yvonne Saunders	Canada
800m	2:00.9	Gunhild Hoffmeister	GDR
1500m	4:07.8	Glenda Reiser	Canada
3000m	9:15.6	Sonja van Zyl	South Africa
100mH	12.7	Annelie Ehrhardt	GDR
HJ	6'3½	Rosemarie Witschas	GDR
LJ	21'5½	Ilona Bruszenyak	Hungary
SP	69'0	Helena Fibingerova	Czechoslovakia
DT	229'4	Faina Melnik	USSR
JT	202'11	Ruth Fuchs	GDR
Pent	4641	Burglinde Pollak	GDR
4x100	43.51		Australia
4x400	3:29.2		England

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THE EVENT OF THE MEET - THE HIGH JUMP

ALL-TIME BEST HIGH JUMPERS

Last year, the feature event of the Women's National AAU Championships was the 880. This year it is the high jump. With two Americans and Jamaica's Andrea Bruce (representing Prairie View A&M) already over six feet this year and six others at 5'9 or higher, the USA is finally getting into a high-class division in high jumping. Although Ritter and Hackett will probably be missing as they will represent the USA in the ill-scheduled USA-USSR Junior meet in Austin, Texas, and Desiree Gronwald has not been heard of since she cleared 5'10 indoors last winter, the high jump field still contains dynamite. Six footers Joni Huntley and Pam Spencer, (plus Bruce) will join Cindy Gilbert (5'10 $\frac{1}{4}$), Karen Moller (5'10), Vera Schlosser (5'9) and Teri Seippel (over 5'9 $\frac{1}{2}$ unofficially), in what should be a first-class competition. For WTFW prediction of the winner, see the Dope Sheet in the front part of this issue. Deanne Wilson is also out of the competition as the defending champion is suffering from foot trouble.

Over the past eight years, the high jump has been gradually improving in the United States - as have the other events. But not one was quite prepared for the sudden shot upward in 1974. A look at the charts below will give an idea of how rapidly and suddenly this event has improved this season. Back in 1956 Mildred McDaniel cleared 5'9 $\frac{1}{2}$ and until last year, only one other American had gone as high - Eleanor Montgomery. This year we have seven over the 5'10 mark and 66 who have been 5'4 or better. The Nationals have been won at:

1967	5'6 $\frac{1}{4}$	Eleanor Montgomery
1968	5'6	Theresa Thrasher
1969	5'11	Eleanor Montgomery (Next best 5'7)
1970	5'8	Sally Plihal
1971	5'8	Linda Iddings
1972	6'0 $\frac{1}{2}$	Audrey Reid (Jamaica)
	5'8	Deanne Wilson (Best American)
1973	5'9	Deanne Wilson

In the chart below are listed the number of American jumpers over the various heights during the year:

	6'0	5'11	5'10	5'9	5'8	5'7	5'6	5'5	5'4	Total
67	0	0	1	0	2	1	0	1	8	13
68	0	0	0	0	2	2	4	3	10	21
69	0	1	0	0	0	2	3	4	8	18
70	0	0	0	0	3	0	2	2	12	19
71	0	0	0	0	2	5	5	6	17	35
72	0	0	0	3	4	5	11	12	18	53
73	0	0	3	3	3	5	11	12	20	57
74	2	0	5	1	3	1	11	17	31	71
Total	2	1	9	7	19	21	47	57	124	287



PAM SPENCER

Listed here are the top straddle and flop jumpers of all time. First Column (A) is the athlete's best height, (B) the year the mark was made, (C) athletes name and country, (D) year of birth, (E) age at time best mark set, (F) athlete's height, (G) athlete's weight, and (H) inches jumped over own height. (Translated from "Leichtathletik"; some variance in figures due to conversion from meters to feet and inches.

STRADDLE		(i=indoor mark)	(D)	(E)	(F)	(G)	(H)
(A)	(B)	(C)					
6'4 $\frac{1}{2}$	1972	Yordanka Blagoyeva (Bul)	1947	25	5'8 $\frac{3}{4}$	143	7 $\frac{1}{2}$
6'4	1972	Ilona Gusenbauer (Aut)	1947	25	5'11 $\frac{1}{4}$	148	4 $\frac{1}{2}$
6'3 $\frac{3}{4}$	1974	Rita Kirst (GDR)	1950	24	5'8 $\frac{3}{4}$	137	6 $\frac{1}{4}$
6'3 $\frac{1}{4}$	1973	Rosemarie Witschas (GDR)	1952	21	5'8 $\frac{3}{4}$	130	6 $\frac{1}{4}$
6'2 $\frac{1}{4}$	1973	Virginia Ioan (Rum)	1949	24	5'8 $\frac{3}{4}$	137	6
6'2 $\frac{1}{4}$	1974	Milada Karbanova (Cs)	1948	26	5'10	137	4 $\frac{1}{4}$
6'2	1971	Antonina Lazaryeva (SU)	1941	30	5'11 $\frac{1}{2}$	152	2 $\frac{1}{2}$
6'1 $\frac{1}{2}$	1973	Rita Gildemeister (GDR)	1947	26	5'11 $\frac{1}{4}$	161	2 $\frac{1}{2}$
6'1 $\frac{1}{2}$	1971	Valentina Tschulkova (SU)	1949	22	5'8	130	5 $\frac{1}{2}$
6'1 $\frac{1}{2}$	1972	Miloslava Hubner (Cs)	1950	22	5'6 $\frac{1}{2}$	139	7
Averages					24y6m	5'9 $\frac{1}{4}$	141 5 $\frac{1}{4}$

FLOP		(D)	(E)	(F)	(G)	(H)	
(A)	(B)						
6'3 $\frac{1}{2}$	1972	Ulrike Meyfarth (GFR)	1956	16	6'0 $\frac{1}{2}$	154 3 $\frac{1}{4}$	
6'2 $\frac{1}{2}$	1974	Cornelia Popescu (Rum)	1950	24	5'10	148 4 $\frac{1}{2}$	
6'1 $\frac{1}{2}$	1973	Barbara Lawton (GB)	1949	24	5'11 $\frac{1}{4}$	150 2 $\frac{1}{2}$	
6'1 $\frac{1}{2}$	1974	Erika Rudolf (Hun)	1954	20	5'8	137 5 $\frac{1}{2}$	
6'1 $\frac{1}{4}$	1973	Marie Wartel (Fra)	1951	22	5'9 $\frac{1}{4}$	139 4	
6'1 $\frac{1}{4}$	1973	Sara Simeoni (Ita)	1953	20	5'9 $\frac{1}{4}$	141 4	
6'1 $\frac{1}{4}$	1974	Tamara Galka (SU)	1950	24	5'8 $\frac{3}{4}$	139 4 $\frac{1}{4}$	
6'0 $\frac{1}{4}$	1972	Beatrix Rechner (Swi)	1951	21	5'10	137 2 $\frac{1}{4}$	
6'0 $\frac{1}{4}$	1972	Grith Ejstrup (Den)	1953	19	5'8 $\frac{3}{4}$	134 4	
6'0 $\frac{1}{4}$	1973	Andrea Matay (Hun)	1955	18	5'5 $\frac{1}{4}$	99 7	
6'0 $\frac{1}{4}$	1973	Erika Teodorescu (Rum)	1949	24	5'8 $\frac{3}{4}$	141 4 $\frac{1}{4}$	
Averages					21y9m	5'9 $\frac{1}{4}$	138 4

What can we deduce from the above statistics about high jumpers? First of all, they are not small. In spite of one at 5'5 $\frac{1}{4}$ and another at 5'6 $\frac{1}{4}$, they average 5'9 $\frac{1}{4}$ in height and about 140 pounds - in spite of Matay's 99 pounds! The floppers are younger with three of the listed eleven still in their teens - but even with these three pulling down the averages, world ranked high jumpers have achieved their best performances at about age 23 or 24.

A chart of the 11 leading US high jumpers eligible for the 1974 Championships is as follows:

Best Mark	Year Made	Name and Club	Year Born	Style	Age
6'0 $\frac{3}{4}$	1974	Joni Huntley (Oregon TC)	1956	F	18
6'0	1974	Pam Spencer (Gt.Falls HS)	1957	F	16
5'10 $\frac{1}{4}$	1974	Cindy Gilbert (La Jolla TC)	1957	S	17
5'10	1974	Louise Ritter (Red Oak HS)	1958	S	16
5'10	1974	Karen Moller (Delaware SC)	1954	F	20
5'10	1974	Susan Hackett (Dryades)	1958	F	15
5'10 $\frac{1}{2}$	1974	Desiree Gronwald (Bld.Cind)	1955	F	19
5'9 $\frac{1}{4}$	1972	Deanne Wilson (LATC)	1955	F	19
5'9	1974	Vera Schlosser (Cresbard, SD)	1956		17
5'8	1974	Anne Gilliland (DCD)	1959		15
5'8	1974	Pam Blackburn (Cubberly HS)	1958		16

Average age of the top jumpers of 1974 in the USA is only 17. Nine of the top ten have had their best during the 1974 season - only defending champion Deanne Wilson not up to par. What a future the US could have in this event IF these ten continue to train, learn and compete for another 10 years as do the Europeans. Or 12 or 15 more years. But already there is talk by some of "retiring". Good grief!

Cover photos: Annun and Oshikoya from "Leichtathletik"; Roberts by Herringshaw from "Athletics Weekly"; Reid by Jeff Johnson; DelaVina by Tony Duffy; Allwodd anonymous.

<u>Susan Hackett</u>	<u>Cindy Gilbert</u>	<u>Joni Huntley</u>	<u>Karen Moller</u>	<u>Louise Ritter</u>	<u>Pam Spencer</u>	<u>Desiree Gronwald</u>
Born 8-7-58	Born 6-23-57	Born 8-4-56	Born 1-6-54	Born 1958	Born 10-8-57	Born 6-13-55
Height 5'8	Height 5'11 $\frac{3}{4}$	Height 5'8	Height 6'0	Height 5'10	Height 6'1	Height
Weight 115	Weight 152	Weight 128	Weight 153	Weight 126	Weight 135	Weight
Coach: Ray Alexander	Al Gilbert	Glen Stone	John Cheffers	L.D.Cockerham & Charles Atkinson	Robert Miller	
School:Riverdale	Mira Costa HS	Sheridan HS	Temple Univ.	Red Oak HS	Great Falls HS	Boulder HS
Class: Junior	Senior	Senior	Senior	Sophomore	Junior	Senior
Style: Flop	Straddle	Flop	Flop	Straddle	Flop	Flop
Approach: 44'10	48'	8 step	48'	53'0	50'	

Louise Ritter

My AAU coach for the past three years has been L. D. Cockerham and Charlene Atkinson has been my high school coach.

Weekly training schedule: Monday, Light sprint workout; 8-10 jumps at 5'2; Tuesday, Light sprint workout; 5-6 starts of 40-50 yards; 1 jump at 4'10, 1 at 5'0, 1 at 5'2, 6 at 5'4; Wednesday, Light sprint workout; 5 jumps at 5'3; Thursday, jog 1-2 laps, stretching; Friday, rest; Saturday, competition.

As for my immediate plans, I would like to compete on a national level this year and hopefully international level next year. My most immediate goal is to jump 6'0, then to qualify for Montreal in 1976.

I use a bent leg dive straddle with three walking and seven running steps. I use a fast approach totaling about 53 feet.

Because there are so many jumpers beginning to compete in the USA now, I believe the future is wide open. Women's T&F is just now beginning to come into its own and more and more good athletes will be developing, therefore I can't predict who will be the US jumper of the future. My personal idol is Yordanka Blagoyeva and my goal is to beat her record.

Our whole family is track oriented. My father, mother and older sister attend every meet possible. I have two younger sisters who also compete. However, my school is a different matter. Track is the least important sport on campus.

Being ranked nationally doesn't seem to help get me into any meets. It is personally satisfying however. As for financial problems, it is quite a burden on my parents because they pay all my expenses if I compete out of state. The U.I.L (the governing body of Texas high school athletes) prohibits anyone but your parents or your school paying any expenses incurred when competing out of state. Also, you may compete out of state only in the summer.

My advice to young jumpers would be to start early and to learn the correct technique for them.



LOUISE RITTER



KAREN MOLLER

Cindy Gilbert

I have been jumping since April 4, 1970 when as a 12 year old I entered the Third Annual Mickey's Missiles T&F Meet and jumped 4'2. Six weeks later my best was 5'2 $\frac{3}{4}$ and that mark, which was a national age-group record and the success which came with it got me hooked on high jumping.

I feel I have been extremely privileged as I have been coached during my entire career by, in my opinion, one of the true authorities on the straddle - my father, Dr. Al Gilbert. He has continued to learn over the years and we owe a great deal to John Dobroth whom we met at one of Dr. Harmon Brown's excellent track and field clinics in 1971. My immediate plans for the future are to do well in the National Junior competition in Gainesville and to represent my country in a way which it is worthy of in as many foreign competitions as possible. Long-range goals include my second Olympics in 1976 - or 1980 or 1984.

I would like to be an asset to my sport. T&F needs to be brought into the limelight to receive the recognition it deserves (especially women). It is most difficult to foresee the future of US high jumping. If you look back just two years to 1972 such names as Linda Iddings, Alice Pfaff, Sandi Goldsberry and Deanne Wilson were on the top of the US list. My only speculation for the future is that Deanne Wilson will soon be back.

My motivation includes being a part of the social community of the T&F athletes. The friendships I've developed mean a great deal to me. The chance to represent my country in a sport that breeds peace is also important. (In other words, I enjoy the trips!) The thing which probably provides my strongest motivation is the desire to be able to someday know I have done something and done it well.

The rapport with my family is very good. The problems that a motivated athlete faces in trying to maintain a high level of efficiency are many. I am a firm believer that an athlete must have top competition to be at her best. This season I have been in fewer meets than ever before. And this has not been entirely my own decision. There is a great need to include the top women athletes in the top competition in this country. Unfortunately, strictly women's meets do not draw big crowds. Therefore I feel more women should be included in the larger invitational meets. Look what it does to help the women - using the California Relays at Modesto as an example. In the few events the women had, they produced a new American record in the shot and equalled the AR in the high jump as well as bettering the AR in the long jump, a mark disallowed due to excessive wind.

In closing, I leave the advice which I'd like to pass on to any beginning athlete. This is the advice I received from Eleanor Montgomery at our only meeting: "Be Patient!"

Karen Moller

My coach, Dr. John Cheffers, has been working with me since the fall of 1971 when I was a freshman in college. He was a doctoral student at Temple at that time, but has since moved to Massachusetts and is a professor at Boston University. For the past two years he has remained my coach through long distance phone calls and six hour train rides. He is Australian and was one of their Olympic coaches.

I am a flopper and use an 11 stride approach, two walking and 9 running. Runup is curved and covers about 48 feet. I am aiming for the 1976 Olympics.

Support from my parents, brothers and sisters has always been very good. Though they no longer come to meets, I always know they are with me all the way. I always try and finish things I start. When I accomplish what I've set out to do, whatever that may be, I will have satisfied whatever it is that motivates me.

One of the biggest problems I have is trying to fit in training sessions between school during the day and working at night and Saturdays. Unfortunately there are no athletic scholarships for women at Temple and I am one of four at home and must pay for my own schooling. So work I must.

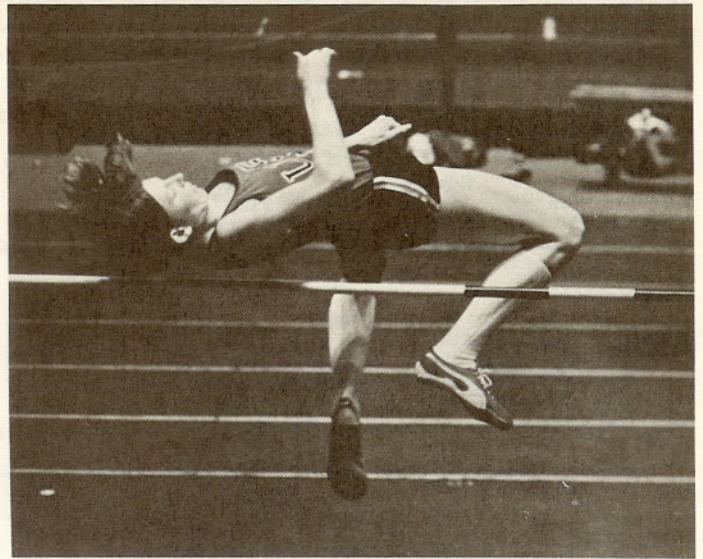
There are not an overabundance of large meets on the East coast though things are getting better each year. This spring we inquired as to whether a women's high jump could be included in the Penn Relays and the answer was "no". Though it was added that if I could jump 6'6 I could enter the men's competition. I guess I'll just have to jump 6'6!

My training before the Nationals will not change from my normal routine except that I will stop doing my weights and will run more short sprints for speed.

Continued on next page



DEANNE WILSON (Don Chadez photo)



JONI HUNTLEY (Jeff Johnson photo)

Susan Hackett

Workout for week prior to competition: Monday, Warmup with 1½ mile run and exercises. 15-20 jumps working on run-up and form. 6-10 windsprints of 60-100 yards. Some bounding and pop-ups (I am also a long jumper).

Tuesday: Usual warmup. Mostly running of 10-15 windsprints and some back to back 220's.

Wednesday: Warmups. Jumping at moderate heights. 6 windsprints of 60y. Bounding and pop-ups.

Thursday: Warmups. Light running and work on runup for both high jump and long jump. (No jumping).

Friday: Stretching only.

Saturday: Competition.

My goal for this year is 6 feet. If I succeed in getting my goal, I will continue track seriously with an eye on the Olympics in 1976. If I do not succeed, track will probably become more or less of a hobby.

I am a flopper, use an arc approach with eight steps at 44 feet 10 inches.

I believe the next good US jumper will be Anne Gilliland but I do not have any idols to aim at. I am encouraged by my parents to continue in track, but this sport for girls in New Orleans is not very big. My two brothers and four sisters think that what I do in track is great. Most of my schoolmates do not know I high jump and the few who do are not very excited about it.

There are a few problems connected with being a ranked athlete in the United States. One of the problems as far as I am concerned is that I can not jump indoors because there are no indoor meets with high jump for girls in the south. Also, I can not get the financial support I need and also can not get invitations to compete in indoor meets in the north. Also during the outdoor season, I have no competition until the nationals.

One thing I have to say to the younger jumpers is that high jumping is hard work and requires much time to develop your technique. You must be willing to work hard.

Joni Huntley

There's a difference between jumping and knowing what you are doing. Knowing what I am doing is a tribute to the coaching abilities of Oregon State sophomore high jumper Glen Stone. About three years ago he asked me if I wanted him to help me and this year I decided to take him up on it. My technique is much better now. He's been helping me every single weekend (Sundays) ever since October. The emphasis has not only been on technique, but on the reasons behind the technique. I've discovered it's not just jumping



ANDREA BRUCE (Tony Duffy photo)



CINDY GILBERT (Jeff Johnson photo)

Pam Spencer

A sample training schedule: Monday, Warm-up (consists of 6-10x60 (3-5 at half speed and 3-5 at ¾ speed); easy stretching; 440 at half speed; more stretching. Tuesday, Regular warmup; jumping with concentration on double arm lift and lead knee (10-15x); 150 rows of bleacher hopping (power leg) and 75 rows (free leg); 10 minutes easy striding. Wednesday, Regular warmup; 10x100 at ½-¾ speed run on the turn in the direction of takeoff/approach; work on power take-off (10-15 minutes) using rubber tubing; 100 rows stadium steps running; 10 minutes easy jogging. Thursday, Regular warmup; 5x60 at half speed; 5x60 at ¾ speed; 5-10 minutes easy striding. Friday, Easy striding and stretching. Saturday, competition. Sunday, rest.

I would like to compete through high school and two years of college and attempt to earn a berth on the Olympic team in 1976. I would like to establish a new state record (achieved); earn a berth on the 1974 US Junior team; win the AAU outdoor National Championships at 6'1 and make the Olympic team in 1976.

I use a modified Fosbury Flop with special effort on the double arm lift. Approach is different from most - start from the left and jumps from right foot. Use an 11 step run covering about fifty feet.

My family is excellent in relation to my track. Both parents and older brother attend meets and give 100% support to devotion of life toward goals. Successes have not created ill-will among classmates or teammates. Social and school life has not been affected by experiences.

The problems of being ranked in the USA are mainly the lack of money - even with good local publicity - which prevents my attending meets out of the state. If it wasn't for my coach and Mr. Neil Eliason, coach of the Flathead Valley Timberettes, I wouldn't attend any big meets. Most of the BIG meets are in the southwest, midwest or east, therefore the expenses are greater than for most other athletes. If the government had control of a travel allowance fund many good athletes could attend meets and make our national teams much stronger.

Since I consider myself a beginner in this event, I can not offer advice; but any suggestions to me would be helpful!

Pam's Coach says: "Pam had always been self-conscious until her exposure at the national level last summer. Since that time she has become confident, yet humble and most coachable. In fact, she has taken her successes so well and seriously that teammates and fellow classmates accept her as "one of them" - not as some 'machine' because she is, at times, emotional and very empathetic.

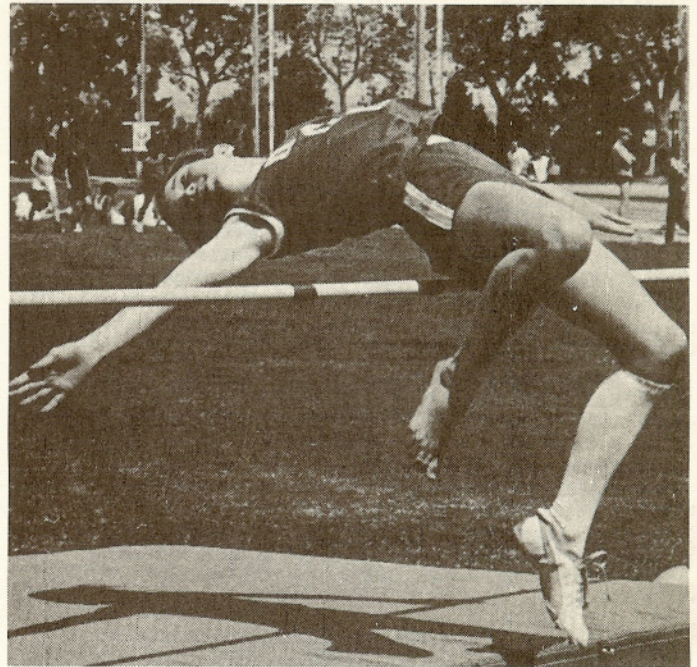
"If Pam had been able to receive quality training the last three years in the form of good winter indoor facilities, (she must practice on a slippery gym floor) and good indoor and outdoor competition, she would be consistently over 5'10 this spring and probably would have broken the six foot barrier earlier.

"In the 9th grade, Pam jumped 5'1½; as a sophomore 5'8; and has cleared 5'10, 5'11 and 6'0 this spring. During her three years of competition, Pam has been beaten only once during the high school and junior high school seasons; she has lost only three times out-of-state, (finishing sixth in the Woman's division in the National AAU's last summer and sixth at the National Junior Olympics in Michigan - all as a sophomore and competing out-of-state for the first time.)

"It is interesting to note that I as Pam's coach have never gone out-of-state with her due to lack of funds - truly a disadvantage to any young, inexperienced athlete.

And what about Andrea Bruce, the 1973 runner-up. The Olympic veteran from Jamaica is having a fantastic year at Prairie View A&M with great marks in four events. Twice over 6'0 this year, she has developed into an outstanding long jumper and hurdler. Read on:-- / At the National Collegiate Championships in Denton, Texas, she ran three races in the 100m hurdles and won the final in 13.9s. She ran three 400m hurdle races, placing second in the final at 61.1, same time as the winner, teammate Mary Ayers. She qualified in the long jump and high jump and won the finals of both events at 19'5½ and 6'0. Her high jump competition was the last of the events. What events she will take part in at the Nationals is debatable, but the high jump, you can bet on it, will be one of them.

Missing from the high jump again this year will be the 1972 Champion, also from Jamaica, Audrey Reid, competing for Texas Women's University. Audrey has developed a case of "jumper's knee" and has not jumped since April of 1973. She can run without pain although starting practice is curtailed. She may have an operation on the knee this summer. In the meantime, Audrey has switched to the sprints and just two weeks ago won the USTFF 100y title over Janet Brown and Rochelle Davis and took second in the 220 behind Debra Sapenter as well as running on the winning 440y relay squad which turned in a great 45.9. Audrey was born in 1952 and at age 22 is the grandma of high jumpers in the States.



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US ALL-TIME TOP TEN

*=Converted from yards

100 Meters		200 Meters		400 Meters		800 Meters					
11.0	Wyomia Tyus	68	22.8	Barbara Ferrell	68	51.6	Kathy Hammond	72	2:00.9	Madeline Manning	68
11.1	Barbara Ferrell	67	22.9	Wilma Rudolph	60	52.0	Mable Ferguson	72	2:02.2	Doris Brown	68
11.1	Margaret Bailes	68	22.9	Margaret Bailes	68	52.2	Madeline Manning	72	2:02.4	Mary Decker	73
11.2	Wilma Rudolph	61	23.0	Edith McGuire	64	52.3	Janell Smith	65	2:02.9*	Wendy Koenig	73
11.2	Iris Davis	70	23.0	Wyomia Tyus	68	52.4	Charlotte Cooke	67	2:03.7	Charlotte Cooke	66
11.3*	Dorothy Myles	67	23.1*	Helen Stephens	35	52.6*	Mavis Laing	70	2:04.0*	Kathy Weston	74
11.3	Mildrette Netter	68	23.1	Kathy Lawson	71	52.7	Jarvis Scott	68	2:04.2*	Cheryl Toussaint	70
11.3*	Mable Ferguson	71	23.1*	Fran Sichtung	73	52.7	Debra Sapenter	73	2:04.2*	Terry Crawford	72
11.3*	Orien Brown	71	23.1	Jackie Thompson	73	53.1	Gwen Norman	71	2:04.4*	Francie Kraker	70
11.3	Pam Greene	72	23.2	Mavis Laing	70	53.3*	Carol Hudson	72	2:04.5	Jarvis Scott	68
11.3*	Renaye Bowen	74				53.3	Debra Edwards	72	2:04.5	Nancy Shafer	69
1500 Meters		One Mile		3000 Meters		Two Miles					
4:10.4	Francie Larrieu	72	4:33.1	Francie Larrieu	74	9:16.0	Francie Larrieu	73	10:02.8	Francie Larrieu	73
4:12.8	Francie Kraker	72	4:39.6	Doris Brown	71	9:28.2	Kathy Gibbons	73	10:07.0	Doris Brown	71
4:14.6	Doris Brown	71	4:40.5	Kathy Gibbons	73	9:30.8	Eileen Claugus	73	10:10.2	Teri Anderson	74
4:18.9	Kathy Gibbons	72	4:40.7	Eileen Claugus	73	9:42.0	Tena Anex	73	10:11.8	Clare Choate	74
4:21.5	Eileen Claugus	72	4:41.6	Terri Anderson	72	9:50.3	Brenda Webb	72	10:19.4	Eileen Claugus	73
4:21.6	Beth Bonner	72	4:42.0	Mary Decker	73	9:59.3	Ellyn Cornish	72	10:25.4	Julie Shea	73
4:21.9	Cyndy Poor	74	4:42.5	Francie Kraker	71	10:00.4	Cheryl Bridges	72	10:33.0	Kathy Gibbons	73
4:22.7	Debbie Heald	74	4:44.4	Julie Brown	74	10:02.0	Lynn Lovat	72	10:33.8	Brenda Webb	73
4:23.7	Vicki Foltz	72	4:44.9	Judy Graham	74	10:03.8	Katy Schilly	74	10:34.0	Tena Anex	73
4:23.8	Barbara Lawson	71	4:45.3	Debbie Quatier	73	10:04.8	Amy Haberman	73	10:34.1	Vicki Foltz	71
100m Hurdles		400m Hurdles		High Jump		Long Jump					
13.0	Patty Johnson	72	59.1	Wendy Koenig	73	6'0"	Joni Huntley	74	21'7"	Martha Watson	73
13.1	Lacey O'Neal	72	59.5	Janice Lester	74	6'0"	Pam Spencer	74	21'6"	Willye White	64
13.4	Mamie Rallins	69	60.0	Clydine Crowder	74	5'11"	Eleanor Montgomery	69	20'9"	Kim Attlesey	72
13.5	LaVonne Neal	72	60.7	Debbie Vetter	74	5'10"	Cindy Gilbert	74	20'6"	Pat Winslow	67
13.5	Pat Donnelly	72	60.9	Beth Warner	73	5'10"	Karen Moller	73	20'3"	Margaret Mathews	58
13.5	Lorna Tinney	72	61.1	Gale Fitzgerald	73	5'10"	Louise Ritter	74	20'2"	Debra Wedgeworth	71
13.6	Jan Glotzer	70	61.1	Mary Ayers	74	5'10"	Susan Hackett	74	20'2"	Judy Vernon	71
13.7	Bobbette Krug	72	61.2	Michelle Hopper	74	5'9"	Mildred McDaniel	56	20'2"	Denise Paschal	66
13.7	Deby Lansky	73	61.4	Susan White	74	5'9"	Deanne Wilson	72	20'1"	Marilyn King	71
13.8	Cheryl Rogers	69	61.9	Mryln Linsenmeyer	74	5'9"	Sandy Goldsberry	72	20'0"	Brenda Bryan	72
13.8	Mavis Laing	71									
13.8	Carol Thomson	74									
Shot Put		Discus Throw		Javelin Throw		Pentathlon					
56'7"	Maren Seidler	74	189'0"	Olga Connolly	72	208'1"	Kathy Schmidt	73	4326	Gale Fitzgerald	73
54'9"	Earlene Brown	60	178'8"	Vivian Turner	72	198'8"	Barbara Friedrich	67	4284	Jane Frederick	72
53'5"	Jan Svendsen	72	176'10"	Earlene Brown	60	196'3"	RaNaë Bair	67	4206	Marilyn King	72
53'1"	Lynn Graham	71	174'6"	Carol Moseke	71	192'0"	Sherry Calvert	72	4147	Linda Iddings	72
51'4"	Lynette Matthews	71	167'11"	Jan Svendsen	74	187'8"	Marjorie Larney	57	4142	Pat Bank	70
50'10"	Cindy Reinhoudt	73	166'11"	Linda Langford	71	186'4"	Roberta Brown	71	4109	Mitzi McMillin	73
49'5"	Cel Rutledge	62	166'9"	Monette Driscoll	74	186'4"	Lynn Cannon	74	4041	Desiree Gronwald	73
49'1"	Denise Wood	72	162'0"	Ranee Kletchka	69	183'8"	Karin Smith	74	4024	Lorna Tinney	72
48'9"	Mary Jacobsen	72	159'4"	Pamela Kurrell	60	178'10"	Louise Gerrish	67	3967	Jan Glotzer	69
48'9"	Suzie Snider	73	158'9"	Nancy Norberg	68	172'0"	Jean Sweeney	71	3954	Mary Lalum	72

(We are working on establishing an All-Time US List for the 3000 meters and three mile. Please forward any performances.)

JON HENDERSHOTT TALKS TO WATSON & HUNTLEY AT MODESTO

An old veteran and a sterling newcomer are the US's leading jump talents in 1974. Martha Watson has become the Ralph Boston of long jumping, while Joni Huntley is rapidly carving her own niche in the high jump.

At the California Relays, both showed why they either pace or co-lead the nation's women. Long jump leader Watson twice leaped beyond her American record of 21'7" with pops of 21'7" and a fine 21'9", but both were wind-aided. She also had a 21'5" windy jump. Huntley came back after setting an American record of 6'0" the previous weekend with another six-footer. Both beat determined Canadians Brenda Eisler (21'7") and Debbie Brill (5'10").

"I like it when it's hot", said Martha. Temperatures in Modesto hovered near 100 - and Eisler also provided heated competition. "Brenda pushed me, for sure, and I jump best when the competition is good. There really aren't that many Americans close to me.

"I really didn't care if my 21'9" was windy; I'm just glad I jumped it.

"I've been competing for 10 years" - and she's made a US international team in every one of those 10 years - "and I won't retire until I'm satisfied with myself. I'm capable of setting the world record. It seems every year, just as things start falling into place, the season ends.

"That's why I was so glad to beat Heide Rosendahl last year in the West German-USA meet. That did me a world of good. She wasn't in the same shape as in Munich (Olympics), but I've been jinxed in that Munich pit. I jumped only 19'11" in the Olympics and didn't qualify.

"All along I learn more about myself as a competitor. The more you compete, especially internationally, the more you learn. That's good."

Huntley, a lanky red-head from little Sheridan, Oregon, feels she has things to learn too - like how the flop really works. "I just picked it up by myself," she admitted. "But there is a big difference in just doing it and in doing it and knowing and understanding what you are doing."

Joni agreed with Martha that international competition is a great learning ground. "I gained a lot of confidence on the Junior tour last year," she said. Her previous best of 5'10" came against the Polish Juniors.

"Actually, I was surprised to jump 6'0" last week," she revealed. "It was our state meet and I competed in the long jump, 100 and 110 hurdles besides the high jump. I won all but the long jump and set a national prep record in the hurdles, so I was tired before the high jump."

Joni will attend Oregon State next year and plans to start a concentrated weight program. "I've never lifted before," she said, "but I know it will help me improve."

ALL AMERICA CITY RELAYS

Poplar Bluff, Missouri, May 11:-Results at the Fourth Annual Poplar Bluff "All America City" Relays included:

14/Over Division: 100, Debbie Clay (Mayor Hatcher YF) 11.5; 440, Veronica Williams (MHVF) 62.5; HJ/LJ, Connie Dorsey (Terre Haute TC) 5'4/17'3; SP, Connie Travagliante (SEMO) 37'4



Every morning a tall, slim young lady can be observed in a wood on the edge of the GDR country town of Cottbus as she hurries along with elegant long strides. She is training for middle-distance races. She engages in sport. A little later she is again working as a teacher in the 8th school of Cottbus, giving instruction in physical education.

This woman is also a Deputy of the GDR's highest popular representative body, the People's Chamber. (Similar to Representative in the USA.) She belongs to the parliamentary group of the Free German Youth and works in the committee on youth and sports.

Her name is known throughout the world, at least since she won the bronze medal in the 800m race at the 1972 Olympic Games in Munich and the silver medal in the 1500m race. Gunhild Hoffmeister, known throughout the world through sport.

Does sport dominate her life? Does she live for sport? Is sport the content of her life?

"For many years I have thanked sport for very much pleasure and valuable knowledge and attributes", she replies to such a question. "But sport is not the content of my life, and it can not be so alone...There is my daughter, my profession, my activity as a member of the People's Chamber..."

As a school child, Gunhild Hoffmeister loved gymnastics and was one of the most diligent handball players. Regular sports activity was just as much a part of her way of life as cooperation in social organizations. At the age of twenty, Gunhild took her master's degree. As a teacher she took over her own class in the 10th school in Cottbus. Accustomed to voluntary work in public organizations, she guided two work groups of her pupils in her leisure time. And at the same time she began with the competitive training in the middle-distance events under the expert guidance of her coach Friedrich Janke, who himself once belonged to the world elite with fourth place in the 5000m at the Rome Olympics in 1960. If it is added that in 1970 Gunhild Hoffmeister was elected deputy to the County Assembly of Cottbus and since 1971 has been a deputy of the People's Chamber, then the question naturally arises - how does she do it all?

"To be sure it is sometimes not easy and it always requires that my daily schedule be well planned and arranged," she comments. "But I must say that this unity of profession, social activity and sport in my life has stood the test well and has given it a rich content. It may sound odd but in the last few years I have been successful in all three spheres at the same time. I am today just before the conclusion of my postgraduate extension course to become a certified sports teacher. That opens up new prospects in my vocation."

And the outstanding sports achievements? "My success in sport in the last few years are all on record", she says with a somewhat reluctant gesture. "I won two medals at the last 1972 Olympic Games in Munich but my finest victory was the first place in the Europa Cup final in 1973 over 800 meters at Edinburgh because I was able to win valuable points for my team. I started as the first GDR athlete and felt the thoughts of my comrades: 'I hope Gunni makes it...' And I made it! Such a victory for the team and country was more valuable to me than a world record."

Gunhild Hoffmeister has learned to esteem life within and with the community. "How often have the teachers at the schools where I was employed helped and assisted me. Whether it is my parents or my coach and his family, the parents of my pupils or my team-mates in the Cottbus sports club - there are always people on whom I can rely and who must also be able to rely on me. And my seven year old daughter Kerstin naturally does not come last..."

As a member of the youth committee of the People's Chamber she took an active part in preparing the new Youth Bill of the GDR which was passed into law in January 1974. "We examined thousands of suggestions and ideas for one year after the publication of the Bill and took many of them into consideration. For me personally, it was especially important that the children's and youth Spartakiads were legally pro-



Dr. Una Morris, M.D.

final at the Olympic Games in Tokyo - still just 16.

During the 1965 season, Chi and I traveled to Jamaica for competition, met Una and her guardian and in September, Una enrolled at Azusa High School and graduated in June of 1966. Una spent the next three years at Tennessee State, then returned to California for her senior year at Cal Poly Pomona and graduated in 1970. Then it was on to the University of California Medical School in San Francisco for four more years of study. Now it's Doctor Morris, and she will do her interning in Oakland.

In spite of the pressure of studies, Una kept competing and was on the World List every year up to 1973. She competed in the 1968 and 1972 Olympics - in 1968 she ran the same time as she had for fourth in the final at Tokyo, but was eliminated in the semi-finals. In 1972 she ran just one-tenth of a second slower than she had at Tokyo and was eliminated in the quarter-finals. And so the breed improves!

Una was US Indoor 220 champion in 1967, was second behind Charlotte Cooke and ahead of Kathy Hammond in the indoor 440 in 1966 and was a place-winner in the Pan American Games, the Caribbean Games, the Commonwealth Games throughout the years.

The only negative time we ever had with Una was when we attended a showing of the 1964 Olympics at a local theatre and Una kept yelling in her loud Jamaican tones for every Jamaican who appeared. Congratulations to Dr. Una Morris, M.D. You deserve it all.

vided for in the GDR. They stimulate young people to engage in sport regularly, so regularly that sport becomes a part of their way of life and which they do not want to do without even in later years. That helps us to create a universally, educated, healthy population in the GDR. Yes, it is a question for us of sport for one's whole life, for those of whom we speak in the Youth Act that 'for every young person the conditions exist freely and creatively to unfold his talents and aptitudes, to develop himself as a personality and to lead a happy life.'

Gunhild Hoffmeister was born in Lehrerin on July 6, 1944. She stands 5'7 1/2 tall and weighs 123 pounds. Is married and has one daughter. Most interesting, (and especially to young and impatient runners in the United States), is her annual progression. Gunhild did not begin competing until 1964 when she was 20 years of age and had a best of 2:19.1 (2:20.0) at an age when most American girls would be past retiring. The USA's former record holder for the high jump, Eleanor Montgomery, when asked one time what advice she would give to embryonic athletes gave a perfect one word answer - "Patience".

Year	Age	800m	1500m
1964	20	2:19.1	-
1965	21	2:14.8	-
1966	22	2:12.1	-
1967	23	2:09.5	4:34.0
1968	24	2:06.0	4:30.1
1969	25	2:05.8	4:18.0
1970	26	2:01.8	4:15.8
1971	27	2:00.8	4:10.3
1972	28	1:59.2	4:02.8
1973	29	1:58.94	4:10.8

Mobility exercises for hurdling

by Gord Stewart

All track and field events require a certain degree of mobility in the shoulders, hips, spine, knees and ankles. Mobility exercises have long been included in warmup procedures for most track and field events. Some events require exceptional mobility in specific joint regions. Hurdling is one event which requires a range of movement in the hips and lower back regions above and beyond that required for sprinting.

Mobility may be defined as the range of movement in a joint or series of joints. The terms flexibility and suppleness are often used and mean the same as mobility.

The first part of this article points to the need for including mobility exercises in any hurdle training program. Next, we discuss the concepts of muscle function relevant to the understanding of the effects of mobility training. This is followed by a section outlining the various types of exercises available. The next part points out the specific actions in the hip and lower back regions during hurdle clearance. The final section catalogues a number of exercises available for year-round training to increase the range of movement and for in-season training to increase the speed at which a joint can travel through a given range of movement.

A mobility training program for hurdling which is specifically designed to increase the range of movement in the hip and lower back regions must be properly prepared for. Just as one must adequately "warmup" for weight training or sprint training, the same is required each day before commencing hurdle mobility training. A general mobility warmup takes all the joints to the limit of their range and no farther. In this way, the body is prepared for the more extreme exercises which follow.

The need for mobility training

Injury prevention is often cited as a valid reason for mobility work. If applied contraction and extension of the muscles is built up to sufficient dosages, results may be muscles, tendons, ligaments and bones conditioned to greater tensile strength and elasticity, a factor which is basic to preventing injury in many sports. A certain amount of mobility exercising must be carried out merely to maintain a given range of movement. Restriction of movement is a progressive process and connective tissue tends to shorten if it is not regularly taken through its full range.

There appears to be adequate evidence that for many sports range of movement in various joints should be not only maintained but increased as much as possible. This attempt to increase the range of movement by mobility exercises stresses the joints and forces synovial fluid between the joint surfaces. In this way the joint is more completely lubricated and this may permit either faster movement or movement through a wider range.

When technique reaches a certain stage of development it can only be improved through improved physical characteristics (i.e. strength, speed or mobility). Technique can improve if one or all of these factors improve. Speed is obviously important in hurdling and a number of people advocate improvement in mobility to enhance running speed. The maximum rate of movement of the legs in sprinting is a function of a number of factors; the more important being length and weight of legs, weight of the body, the mechanics of running and the mobility and strength of the muscles.

High hurdling requires exceptional range of movement in the hip region for hurdle clearance of the rear leg and high follow through of the knee in the first stride off the hurdle. These postures can only be held or passed through if the appropriate range of movement is available. Mobility exercises are thus a necessary part of hurdle training, but before moving on to outline the types of exercises available, it is good to have some understanding of muscle structure and function.

Relationships between opposing muscle groups

Each muscle is made up of a number of bundles of individual muscle fibres, with the bundles being surrounded by connective tissue. Each individual muscle fibre has no ability to stretch and tendons and ligaments have little elasticity. Increased mobility must therefore come from making the connective tissue more pliable. Movement in a joint region is brought about by the contraction of certain muscles and the concurrent relaxation of others. The muscle groups contracting are called agonists while those relaxing are known as antagonists. Slight pain develops in the antagonist when it is required to relax beyond the length to which it is accustomed. In this way the development of pain acts as a safety device to prevent tearing of tissue. However, the length to which antagonists are capable of stretching when reaxed, can be increased by a progressive program of mobility training.

Types of mobility exercises

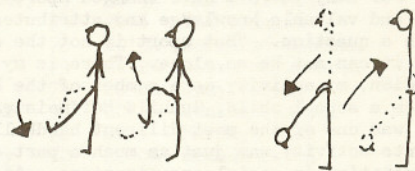
Before moving on to outline the types of exercises available for hurdle training, we must reemphasize the importance of a general mobility warmup. This general warmup will prepare the body for the more specific and more demanding exercises which will follow.

Active and passive exercises are both possibilities to be included in a hurdle training programme. *Active exercises* are accomplished by the athlete alone; whereas *passive exercises* require the application of an external force to increase the range of movement. An active exercise can become passive when a moving limb's speed and hence its momentum exceed a certain limit. *Movement to the end of the range* refers to exercises which take the joint to the limit of its range and no farther. This type of exercise is useful to maintain a certain range of movement. *Exercises in the end position* hold the body at the extreme end of the range of movement. The "hold" will gradually impart the elasticity that is needed to accomplish even more extreme positions. Gentle movement in the end position is acceptable and will likely cause slight pain in the antagonistic muscles as they are stretched beyond the point to which they are accustomed. However, movement in the end position which is fast and jerky may not allow pain to be felt quickly enough to prevent damage.

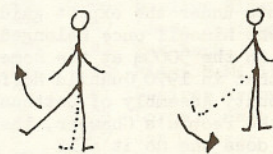
Active exercise in the end position could also be called *static*. *Ballistic exercises*, on the other hand, are characterized by quick jerks and pulls upon body segments to be stretched. For safety reasons then, *static* (no movement), *active* (done alone) *exercises in the end position are recommended to increase mobility for hurdling, because there is less danger of causing injury by exceeding the limits of the tissues' extensibility.*

Areas of extreme stress: lower back and hip joints

In hurdling as in sprinting a certain degree of mobility is required in the shoulder, knee and ankle joints. However, hurdling requires much greater mobility in the hips and lower back than does pure sprinting. An understanding of the terminology of movement will simplify the discussion of hurdle form and appropriate exercises which follows. Hurdling specifically involves *flexion* and *extension* of the lumbar region of the spine (lower back), and *flexion*, *extension*, *abduction* and *rotation* of the hip joints.



Flexion occurs when a limb is bent decreasing the angle at the joint. **Extension** occurs when a limb is straightened increasing the angle at the joint.



Abduction occurs when a limb is moved away from the body. **Adduction** occurs when the limb is moved back in line with the body.



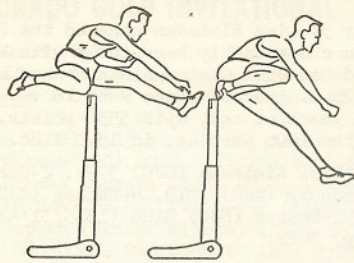
Rotation is the turning of a limb on its central axis. It is possible through 90°, and is outward or inward as indicated by the direction the toes are turned.

The specific movements for hurdle clearance are as follows:



TAKEOFF: (1) Flexion of hip on lead leg side (with flexed knee). (2) Extension of hip on rear leg side.

(Reprinted from Canada's new track monthly, "Athletica".



HURDLE CLEARANCE: (1) Flexion of hip on lead leg side (with concurrent extension at the knee). (2) Abduction at hip of the rear leg. (3) Outward rotation at hip of the rear leg. (4) Flexion of spine (bending in lower or lumbar region only).



LANDING: (1) Extension of hip on lead leg side as it lands. (2) Extension of spine. (3) Flexion of hip on rear leg side (with a flexed knee) in preparation for first stride off the hurdle.

As pointed out earlier, flexion is brought about by the simultaneous contraction of some muscles and relaxation of others. For example, on flexion of the hip the ilio-psoas (near the hip joint) and the large muscle in the middle of the quadriceps (rectus femoris) contract. At the same time, the three parts of the hamstring (biceps femoris, semimembranosus and semitendinosus) must relax to allow this flexion to occur. When extension of the hip occurs the muscles of the hamstring contract and the quadriceps muscles relax. Similarly, certain muscle groups contract to bring about flexion of the lumbar region of the spine for hurdle clearance with concurrent relaxation of others.

Hurdle mobility exercises

The hurdle mobility program outlined below is intended to improve the range of movement in the desired regions. Exercises 1—14 have the goal of increasing the range of movement. They are static active exercises in the end position, and should be carried out year-round. Exercises 15—20 should be incorporated into the program during the early and competitive racing season. They are dynamic (ballistic) exercises with their goal being to increase the speed at which a joint can travel through a given range of movement.

Each of the exercises outlined includes a diagram of the exercise, an explanation of how the exercise is to be carried out, and numbers indicating which actions are included in the exercise. The actions are: 1 flexion of the hip, 2 extension of the hip, 3 abduction at hip, 4 rotation at hip, 5 flexion of spine, 6 extension of spine.

(a) Static active exercises in the end position (exercises 1—14).

Exercises 1—12 require no equipment, 13 and 14 require the use of some support, e.g. a hurdle. All the exercises need not be included in any given program, an athlete should choose exercises according to his own specific needs for improved mobility. Exercises should be held in the end position; however, gentle movement is acceptable. The amount of time exercises are held

Static active exercises in the end position



1. Hurdle position on lead leg side, move chin towards knee (1, 3, 4, 5).



2. Standing or sitting, feet astride, hands behind head, bend forward. (1, 3, 5)



3. One leg in front flexed, one straight behind, (with back foot turned to side). (1, 2, 4).



4. Upper body erect, one leg flexed beneath, other leg abducted with toes pointed out. (1, 3, 4).



5. Lying on back, one leg flat on floor, other raised straight towards face, raise upper body. (1, 5).



6. Yoga kneeling position, half backward bends. (1, 5, 6).



7. Sitting, legs straight in front, spine flexed. (1, 5).



8. Lie on back, legs over head. (5).



9. Yoga snake. Back extension. (2, 6).



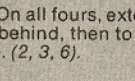
10. Lying on back, double knee pressure. (2, 5).



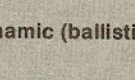
11. On all fours, extend leg behind, then to the side. (2, 3, 6).



12. Leg raise and hold (in standing or lying position). (3).

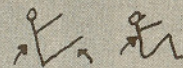


13. Lead leg on hurdle, reach for knee with chin keeping back straight. (1, 2, 5).



14. Rear leg along hurdle, reach for floor with hands. (1, 3, 4, 5).

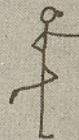
Dynamic (ballistic) exercises



15. V-situps and Situps. (1, 5).



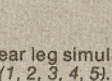
16. Holding a support, swing leg forward and back keeping it straight. (1, 2).



17. Holding a support, raise leg farthest from wall with knee flexed and toes turned out (simulated rear leg action). (3, 4).



18. Holding a support, raise leg farthest from wall to front with knee flexed, extend straight behind, and abduct with knees flexed. (1, 2, 3, 4).



19. Rear leg simulation drill. (1, 2, 3, 4, 5).



20. Lead leg simulation drill. Raise in front with flexed knee and swing it over hurdle. (1, 2, 5).

in the end position will increase with the amount of time that the program has been followed. (e.g. one could start with repetitions of six seconds "hold" followed by ten secs relaxation and build up).

This program need not be too time consuming. Exercises 1 through 14 done with three repetitions of six second "holds" with ten seconds relaxation between repetitions and thirty seconds relaxation between different exercises requires about twenty minutes.

(b) Dynamic (ballistic) exercises (exercises 15—20)

Exercises 15 through 18 should be carried out with a reasonable amount of speed. When suitably warmed up, exercises 19 and 20 should be done as quickly as possible; these two exercises require the use of a hurdle. One could begin with three sets of 10 repetitions of each exercise and build up to four sets of 15 repetitions.

These dynamic ballistic exercises also need not be too time consuming. During the competitive season, a hurdler may wish to include only exercises 19 and 20 of the dynamic type, and only a few of the static active type.

The important thing to remember is that an athlete should experiment with the exercises to determine what aspects of his flexibility need the most improvement and stress the relevant exercises. Programs should be structured so as to be specific to each individual's needs.

FLORIDA REPORT from Eli Gagich

The outstanding performer of the Florida Gold Coast Association for the 1974 season has been 17 year old Lorraine Ray who has posted marks of 19'5" in the long jump (has been over 19' on four occasions), and has zipped the 100m hurdles in 14.6 as well as scampering a 25'10" flat furlong. Other good performers include Vickie Godfrey, 16, with 11.1 and 25.0 and 15 year old Tangye Wallace with an 11 flat wind-aided century plus 25.0 for the furlong and 59.4 in the quarter. Recent results:

Miami, April 27: 16/Over, 100, Carmon Thomas (Community Youth Club) 11.3; LJ, Lorraine Ray (CYC) 18'9. 14/15: 100/220, Vickie Godfrey (CYC) 11.6/25.5; 440, Tangye Wallace (Northside TC) 59.8; LJ, Sonia James (NS) 16'9". 12/13: 100, Edna Griffin (CYC) 11.4; SP, Yolanda Harris (Eustil) 35'0. 10/11: 100/440, Pam Daniels (NS) 12.2/64.5; 220, Teresa Barr (CYC) 28.5; 880, Farah Brown (Richmond-Perrine TC) 2:32.6. 9/Under: 100/440, Sheila Scott (NS) 13.0/67.8.

Miami, May 11: 16/Over, 100/220, Vickie Godfrey 11.1/25.5; LJ, Ray 19'5. 12/13: 100, Griffin 11.3; 440/LJ, Diane Parker (NS) 62.5/16'8". 10/11: 440, Farah Brown 60.6; 100, Pamela Daniels 12.1. 9/Under: 100/220, Zina Thomas (NS) 12.8/29.1; 440, Sheila Scott 67.6; LJ, Kathy Rackard (NS) 13'7; 440yR, NS 57.0.

Region Four Championships, Miami, May 25: Women: 100mH/LJ, Lorraine Ray 14.6/19'2"; 220, Vickie Godfrey 25.0; 100, Bonnie Smith (Tallahassee TC) 11.2 (11.1s); 440, Tangye Wallace 59.4; JT, Annette Luthringer (TalTC) 127'4. 12/13: 100, 1-Edna Griffin 11.3, 2-Diane Parker 11.5; 220/LJ, Parker 26.0/16'4". 10/11: 50yH/220, Pamela Daniels 8.1/27.1; 100/440/LJ, Farah Brown 12.2/61.5/14'6". 9/Under: 100/220/LJ, Sheila Scott 12.6/29.2/14'1".

MID-AMERICA WOMEN'S TRACK LEAGUE

Indiana, May 4:-Debbie Vetter opened her 1974 outdoor season with a sparkling 60.7 flight of 400m hurdles to highlight the running of the first Mid-America Women's Track League Meet. The 17 year old Blue Ribbon runner moved from #5 on the US All-Time List to the number 2 spot with this performance.

100, Deborah Clay (MHYF) 11.5w; 220, Veronica Williams (MHYF) 24.6w, 2-Sheila Choates (TSU) 24.9w, 3-Laurie Barr (OhioTC) 25.7w; 440, 1-Choates 55.2, 2-Gwen Smith (TSU) 56.3, 3-Janis Vetter (BRTC) 56.9, 4-Karen Willis (TSU) 57.0; 880, 1-Debbie Vetter (BRTC) 2:14.6, 2-Teri Seippel (KS) 2:17.5, 3-Diane Vetter (BRTC) 2:17.5, 4-Smith (TSU) 2:18.2; Mile, 1-Karen MacHarg (KS) 4:57.6, 2-Brenda Webb (KS) 5:00.3, 3-Diane Vetter 5:14.8; 400mH, 1-Debbie Vetter 60.7, 2-Cathy Faughn (PAL) 65.3; MileW, Carol Mohanco (KS) 8:02.0, 2-R. Widmann (PAL) 8:33.6; 440yR, MHYF 48.7; MileR, TSU 4:03.1; HJ, Seippel 5'3.

EDMONTON JOURNAL ROAD RACE from Roger Burrows

Our southern friends may be interested to know that when the snow finally clears from the Canadian prairies, there is a brief season of athletic activity before we are plunged once again into the icy grip of winter, (somewhere around the middle of August). One of the better known road races here is the annual five mile trek through the streets of Edmonton, Alberta, sponsored by the local newspaper, the "Journal". Held on a Monday in May, the 1974 race was the 12th annual running and the second year in which women have been officially allowed to compete. This year, 175 runners, including 25 women, ventured out of their igloos to line up at the start in the center of the city. 173 finished with the female contingent suffering no casualties.

Edmonton Olympic Club runners dominated the race. Top cross country runner Shauna Miller repeated her 1973 victory, but improved 12 positions and 18 seconds to record an impressive 33rd place overall in 28:54 over the flat, but accurate, course. 15 year old twins Gail and Valerie Gislason, also of EOC, took second and third places in 31:36 and 31:43 for 58th and 60th places overall. Seventh in 34:24 was the fast-improving 13 year old Sandy Law from McKernan Junior HS.

KINAMAKA PA PENTATHLON CHAMP

San Jose, California, May 5:-Lisa Kinimaka annexed the Pacific Association pentathlon championship here today with a score of 3794. The 15 year old San Jose Cindergals star had marks of 15.5/37'94/5'2/18'64/25.8. Second place went to veteran Cherrie Sherrard, now 36 years of age, with 3536 points. Cherrie ran her specialty, the 100m hurdles, in 15.0 flat.

Women's pentathlon: 1-Lisa Kinimaka (SJC) 3794, 2-Cherrie Sherrard (Un) 3536, 3-Sandburg (SJC) 3219, 4-Hansen (SJC) 3165. 12/13 Pentathlon: 1-Hodges (SJC) 3186 (13.5/31'44/4'10/16'84/28.0), 2-Yunas (App) 3022.

SHARI CASSIN GETS NR AT PHOENIX

Phoenix, Arizona, May 11:-13 year old Shari Cassin of the Arizona Track Club, took over the spotlight at the Arizona State Championships as she set a new National record in the 12/13 half mile with a fine 2:12.9s. Shari did it all alone, too, as second place winner Bernice Moore was 14 seconds to the rear. Two Arizona records were established as Shelley South ran the 14/15 300m hurdles in 47.7 and Cindy Mitchell hopped over 5'5" in the same division high jump. Cynthia Rhodes won a triple in the 10/11 Division.

Open Division: 440yR, Mesa TC 48.6; 880yMedR, Arizona TC 1:49.0; MileW, Coleen Wiegert (MTC) 9:25.8; 100mH, Julie Rusing (ATC) 15.2; 400mH, Linda Wright (GG) 64.7; 100, Janice Nielson (MTC) 11.2; 440, Louise Muller (ATC) 58.1; 880yR, Tracy Felix (ATC) 2:25.9; DT, Julie Cart (Scottsdale TC) 120'1; JT, 1-Kelly Fuiks (Cactus Wrens) 138'7, 2-Marilyn White (MTC) 130'4; SP, Mary O'Banner (MTC) 38'2; LJ, Karen Schwantje (Phoenix TC) 18'04.

14/15 Division: MileW, Phyllis Trim (Pears Peaches) 9:18; 100mH/100y, Shelley Harris (CW) 15.2/11.7; 300mH, Shelley South (PTC) 47.7; 880, Lynn Lawrence (PTC) 2:23.3; Mile/2M, Marjorie Kaput (PTC) 5:12.5/11:43.9; DT, Ellen Colleary (MTC) 104'7; JT, Julie Schmeltzer (MTC) 125'0; HJ, Cindy Mitchell (CW) 5'5; LJ, Julie Varner (CW) 17'6.

12/13 Division: 440yR/880yMedR, Arizona TC 51.9/1:53.9; 80mH, Teri McMahon (ATC) 12.6; 200mH, Annette Secchiari (STC) 30.2; 100, Lisa Thompson (VOS) 11.7 (11.6h); 220, 1-Roxanne Keating (PC) 26.4, 2-Thompson 26.5 (26.1h); 440, Cheryl Symons (ATC) 59.4; 880L Shari Cassin (ATC) 2:12.9; Mile, Krista Holmes (STC) 5:14.4; SP/DT, Kym Wycoff (VOS) 35'24/82'5; JT, Wonda Ester (VOS) 98'5; HJ, Lori Anderson (STC) 5'1; LJ, Keating 17'104.

10/11 Division: MileW/HJ, Dawn Freeman (VOS) 9:48.6/4'104; 100/220/LJ, Cynthia Rhodes (MTC) 12.1/28.1/16'5; 880, Rebecca Kuyasa (STC) 2:34.4.

9/Under Division: 880yMedR, Pear's Peaches 2:12.1; 880, Lisa Anetsberger (ATC) 2:41.9; LJ, Theresa Beach (PP) 13'0.

HACKETT HACKS 5'10 IN TEXAS

San Jacinto, Texas, May 18:-Susan Hackett provided the top performance of the Annual Gulf Association AAU Championships with her 5'10 clearance in the high jump. This mark moves her into a tie for fifth on the All-Time USA list. Debra Edwards had a 23.5 wind-aided furlong for another good mark and added a 55.3 quarter later in the meet.

RESULTS. Women's Division: 100, 1-Hartford (Dryades) 10.7w, 2-Doreen Barker (TexTC) 10.8w, 3-Nicholson (Dryades) 10.9w; 220, 1-Debra Edwards (TexStn) 23.5w, 2-Pam Jiles (Dryades) 3-Hartford 24.8w, 4-Barker 24.9w; 440, 1-Edwards 55.3, 2-Jiles 57.2, 3-Glover (Astro-belles) 57.3; 880, Susan Abernathy (Astro-belles) 2:20.9; Mile, 1-Spurgeon (Dryades) 5:14.8, 2-Garrison (Ft.Worth) 5:15.2; 100mH, Nancy Arnold (TxTC) 14.7w, 2-Collins (Dryades) 14.9w; 400mH, 1-Collins 67.6, 2-Arnold 67.8; HJ/LJ, Susan Hackett (Dryades) 5'10/16'8; SP/DT, Linda Montgomery (TxTC) 39'3/132'11; 440yR, Dryades 48.9; MileR, 1-Astro-belles 3:55.9, 2-Dryades 3:57.2. 12/13: MileR, Astro-belles 4:08.6; 100, LaBome (AB) 11.0w; 220, Jenkins (Spikettes) 25.5w; 440, Simpson (Sp) 59.6; 440yR, Spikettes 49.0.

10/11: 100, Burkhalter (Dryades) 12.2w; 440, Cylwell (RR) 67.0.

COLORADO GOLD INVITATIONAL

Englewood, Colorado, May 19:--Best results from the Colorado Gold Invitational in which more than 900 athletes took part:
Open: 100/440, Jennifer Hughes (Boulder Cinderbells) 11.2/57.3; 220/100mH, Sonja Hardy (BC) 25.3/14.2; Mile, 1-Barbara Lawson (TCG) 5:13.5, 2-Wendy Koenig (TCG) 5:17.5; 400mH, Danette Wilson (BC) 67.2. 14/15: 100, Rhonda Hallabrt (BC) 11.0; 440, Lynnae Engdahl (TCG) 57.2; 100mH/300mH, Dianne Rogowski (BC) 15.5/47.7; LJ, Val Boyer (AlbTC) 17'7. 12/13: 100, Felicia Dupuch (Denver Flyers) 11.2; 220, Donna Corley (AlbTC) 27.0; 880/80mH, Pam Bonnett (BC) 2:27.0/12.5; 200mH, Kelly Gentry (BC) 29.9; LJ, Jean Sullivan (Colorado Pacers) 17'3.
10/11: 100/220, Susan Parks (TCG) 12.5/28.1; 880, Sandy Beach (ATC) 2:25.9. 9/Under: 220/440, Donna Boffry (CP) 30.8/69.0.

FT. WAYNE INVITATIONAL

Ft. Wayne, Indiana, May 25:--Ten teams participated in the Ft. Wayne Invitational with Mayor Hatcher's YF squad winning the team title over the Kettering Striders. Veronica Williams had a good sprint double with wind-aided times of 10.9 and 24.3 and the Blue Ribbon Track Club's Vetter sisters were once again all over the place.

RESULTS: 100/220, Veronica Williams (MHYF) 10.9w/24.3w; 440, Janis Vetter (BR) 57.0, 2-Cheryl DeHaven (PAL) 57.3; 880, Karen MacHarg (KS) 2:12.6, 2-Debbie Vetter (BR) 2:14.1, 3-Teri Seippel (KS) 2:18.4, 4-Diane Vetter (BR) 2:22.4; Mile, Kastrup (Un) 5:12.8; 2M, Brenda Webb (KS) 11:05.0; 100mH, LaPorte (WS) 14.9w; 400mH, 1-Debbie Vetter 61.5, 2-Diane Vetter 64.1, 3-Diedricks (KS) 64.2, 4-Faughn (PAL) 64.5; 440yR/MedR, MHYF 48.4/1:51.2; MileR, 1-3:54.4, 2-PAL 3:55.7; SP, Melody Lavender (PAL) 39'1; MileW, 1-Mahanco (KS) 8:23.4, 2-Widman (PAL) 8:25.0, 3-Stuery (PAL) 8:32.4, 4-DeHaven (PAL) 8:32.7, 5-Pramagoire (KS) 8:37.5; HJ, Seippel 5'5½; LJ, Egenolf (TH) 17'0¾w.
12/13 Division: 100, Foster (KS) 11.7; 220, Owens (KS) 26.5; 80mH, Kusta (WS) 13.0w; Mile, Buckeye (BR) 5:30.8.

ORANGE COAST INVITATIONAL

Newport Harbor, California, May 19:--Best results from the Orange Coast Twi-light invitational were:
Women: 100, Janice Lester (IBC) 11.0w; 440, Patty Cape (IBC) 58.2; Mile, 1-Maria Sterns (Un) 5:05.1, 2-Pam Jewell (IBC) 5:09.9; 2M, Kathy Greer (LJTC) 11:36.8; 100mH, 1-Lester 14.9w; 400mH, Alberta Martin (IATC) 67.6; MileW, Jane Janosek (SCC) 8:48.2; 2M1R, 1-LMM 9:26.2, 2-LJTC 9:58.4; LJ, Janette Smiley (IATC) 18'7¾w, 2-Toni Griffin (LJ) 18'6¾w; SP, Jan Svendsen (LJ) 47'7; DT, Monette Driscoll (IATC) 162'5, 2-Svendsen (LJ) 150'11. 14/17: 100/220, Gail Douglas (IBC) 10.9w/26.9; 880, Teresa Caudillo (IBC) 2:21.7; 100mH, Gayle Butler (IATC) 15.3w; MileW, Sheila Thomsen (OTC) 8:15.6; SP, Emily Dole (LI) 46'10¾; DT, 1-Dole 120'8, 2-Kelly Fuiks (CW) 113'3; JT, Fuiks 133'11.
14/15: 880, Renee Nelson (SJS) 2:22.9; Mile, 1-Mary Decker (BA) 5:00.8, 2-Pam Allen (SJS) 5:10.5; 100mH/LJ, Shelley Harris (CW) 15.5w/17'9½; HJ, Candise Zbieranek (LMM) 5'4; SP/DT, Bea Hunt (RRR) 37'1¾/115'7; JT, 1-Connie Bassen (OCS) 132'6, 2-Raedean Rona (BA) 121'11. 12/13: MileW, Paula Rose (OCT) 8:50.0; LJ, Roxanne Keating (PC) 17'7½; HJ, Juanita Barnett (SURRE) 5'2; DT, Chrisi Pyle (CCS) 108'1; JT, Jackie Nelson (OCT) 108'9. 10/11: 440, 1-Sherie Goldstein (MTC) 60.2, 2-Sharon Dill (LI) 60.3, 3-Cynthia Tyler (MM) 60.9; 880, 1-Rochelle Hatfield (BA) 2:24.0, 2-Paula Rose (OCT) 2:24.0; Mile, Le Donna Phillips (SCC) 5:23.3. 9/Under: 880, Andrea Kirkhorn (BA) 2:38.0.

OZARK AAU CHAMPIONSHIPS

Poplar Bluff, Missouri, May 25:--The St. Louis Blues took the team title at the 1974 Ozark Association Women's T&F Championships as Camilla Jones of the winning team won the three sprints titles. Gwen Eberly had a good 8:34.5 clocking in the mile walk.

100/220/440, Camilla Jones (SLB) 11.4/26.4/62.1; 880/Mile, Carol Cook (Kirkwood TC) 2:22.7/5:12.2; MileW, 1-Gwen Eberle (OzarkTC) 8:34.5, 2-Linda Ontke (OzTC) 8:38.0. 12/13 Division: SP/DT/BBT, Teri Powell (SEMO) 30'9/71'11/171'4. 10/11 Division: 50/440/LJ, Jewel Caruthers (Kirkwood) 6.8/67.0/13'5¾.

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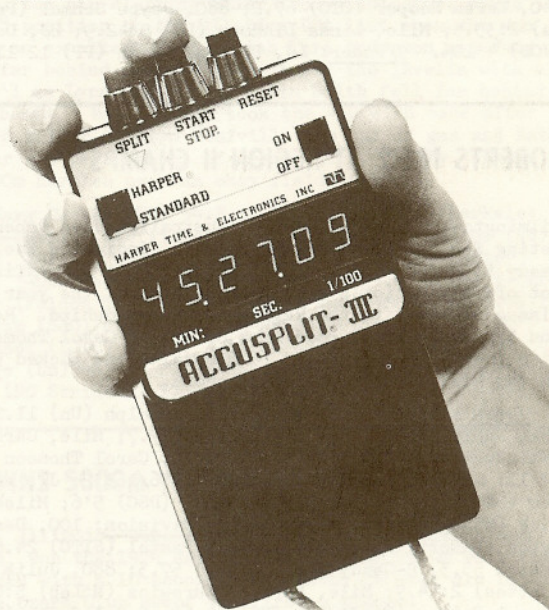
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CINDERGALS INVITATIONAL

San Jose, California, May 19:-Linda Langford, MDYF, tossed the disc 160'6 for the best performance as the San Jose Cindergals easily won their own invitational with 159 points.

Women's Division: 440, 1-Debbie Byfield (BerkTC) 57.0, 2-Deanne Carlsen (RedCityStr) 58.3; 100, Creola Miller (Ravenswood Juliettes) 10.8 (+0.5); 880, Caldwell (WS) 2:17.3; 100m Hurdles, 1-Carlsen 14.4, 2-Cherrie Sherrard (Chico) 14.4, 3-Marilyn King (ML) 14.6 (Wind 0.0); LJ, 1-King 19'3/4(+6.82); SP, 1-Cel Rutledge (Un) 46'3/4, 2-Debra Haynes (FE) 39'6/4, 3-King 38'8/4; DT, 1-Linda Langford (MDYF) 160'6...3-Sherrard 89'5. **14/17 Division:** 2MR, 1-SJC 9:31.2, 2-WS 9:38.6, 3-RC Flyers 9:50.0, 4-ML 9:54.8; MileW, Chris Sakelarios (RCF) 8:05.6, 2-Judy Weimer (WS) 8:36.6; 2M, Monroe (Lassen) 11:26.2; 440, Revere (SC) 58.0; 100, (+0.2), 1-Karen Elmore (ML) 10.9, 2-Nickson (BTC) 11.0; 220 (+8.9), 1-Nickson 24.6w, 2-Chris Smallwood (Int) 24.9w; 880yMedR/440yR, Millbrae 1:50.8/47.6; 400mH, Anderson (SV) 65.7; 880, Kathy Haughey (SJC) 2:20.8; 100mH (+7.5), Davidson (CD) 15.3; Mile, 1-Dominique Carron (ML) 5:16.7, 2-Mears (SJC) 5:17.1; MileR, SJC 4:02.0; LJ, Lisa Kinimaka (SJC) 19'2/4(+6.14); SP, 1-Judy Lane (Un) 40'10/4, 2-Garcia (SC) 38'6/4; JT, Sulinski (ML) 158'7, 2-Nadine Bowers (SJC) 143'5; HJ, 1-Pam Blackburn (Un) 5'6, 2-Kinimaka 5'2; DT, Judy Lane (Un) 138'9.

Scores: 1-SJC 159, 2-Millbrae 95, 3-RC Flyers & Berkeley TC 45 and 11 other clubs.

ARIZONA JUNIOR OLYMPICS

Phoenix, Arizona, May 25:-Roxanne Keating hopped 18'2 in the long jump and won the 220 in the 14/15 division while Cynthia Rhodes annexed her usual triple win in the 10/11 division for bright spots at the Arizona Junior Olympics.

16/17 Division: 100mH/400mH, Diane Nissen (MesaTC) 15.7/66.6; 100/220, Liz VanHouten (Cactus Wrens) 11.5/25.7; DT, Julie Cart (Scottsdale TC) 114'3; JT, 1-Marilyn White (MTC) 147'5, 2-Kelly Fuiks (CW) 138'1; SP, Mary L. O'Banner (MTC) 38'2/4. **14/15:** 440yR/880yMedR, Mesa TC 49.5/1:50.1; 100mH/LJ, Shelly Harris (CW) 14.9/17'9; 300mH, Patty Delp (MTC) 47.6, 2-Debbie Cueves (ArizTC) 48.0; 100, Janice Neilson (MTC) 11.5; 440, Cindy Prey (CW) 59.0; 880/Mile, Kim Carvalho (STC) 2:22.4/5:21.7; DT, Donna Yarbrough (Creighton TC) 108'7; JT, Julie Schmelzer (MTC) 131'11; SP, Pam Johnson (CTC) 36'10; HJ, Cindy Mitchell (CW) 5'4.

12/13: 440yR, 1-ArizTC 51.3, 2-VOSTC 51.3; 880yMedR, Ariz TC 1:52.5; 80mH, Terri McMahon (ATC) 13.1 (12.8h); 200mH, Annette Secchiari (STC) 30.5; 100, Lisa Thomson (VOS) 11.7.

10/11: 100/220/LJ, Cynthia Rhodes (MTC) 11.9/26'7/16'3; 440, Karen Hooper (CTC) 67.2; 880, Joyce Schmal (Pears Peaches) 2:33.5; Mile, Linda Lindsay (PP) 5:42.9; HJ, Dawn Freeman (VOS) 4'10/4. **9/Under:** LJ, Theresa Beach (PP) 12'11/4.

ROBERTS 163'2 AT REGION II CHAMPS

Wilmington, Delaware, May 26:-Australian Jean Roberts, competing for the Delaware Sports Club, indicated she will be ready to defend her National AAU title at Bakersfield when she got off the nation's second-best throw of the year to win the discus at 163'2 in the Region II Championships. Roberts also won the shot with a good mark of 45'6. Carol Thomson scored wins in the long jump and 100m hurdles and picked up a second in the high jump for scoring honors.

Women's Division: 100, Jackie Randolph (Un) 11.2; 440, Jackie Daniels (Mallery Challengers) 57.7; Mile, Carol Fridley (Elizabethtown AC) 5:05.9; 100mH/LJ, Carol Thomson (DSC) 14.3/17'11; SP/DT, Jean Roberts (DSC) 45'6/163'2; JT, Wendy Sorr- ick (DSC) 144'11; HJ, Karen Moller (DSC) 5'6; MileW, Beth Har- wick (MtLebanon) 8:38.3. **Girl's Division:** 100, Denise Rob- erson (Lamott) 11.3; 220, Debbie Pastel (SITC) 24.6w; 440, 1- Pastel 55.3, 2-Candy James (SITC) 57.3; 880, Julie Wise (Cav- alettes) 2:14.9; Mile, Marlene Harewicz (MtLeb) 5:07.0; 100mH, Cheryll Poirer (Frederick TFC) 14.6w, 2-Del Crump (Padukies) 14.6w, 3-Susan White (SITC) 14.8w; 400mH, Susan White 61.4, 2- Lisa Loftis (MtLeb) 66.5; DT, Jackie Gordon (SITC) 134'5, 2- Kim Pyles (SITC) 123'0; HJ, Maureen Fitzpatrick (Jets) 5'3; 1/2, Pat Helms (Pad) 18'2w; 880yMedR, SITC 1:47.3.

MIAMI VALLEY INVITATIONAL

Versailles, Ohio, May 18:-The Kettering Striders hosted their Annual Miami Valley Invitational on the cinder track of Ver- sailles High School. When the dust of competition had settl- ed, the hosts were discovered to have walked off with the team title, scoring 62 points to runner-up Tennessee State's 47. Heads were scratched at this result for the Tigerbelles won the 100, 220, 440, 880, 100mH and the 440y relay and Kettering had to be satisfied with wins in the mile, two mile, two mile relay, high jump and discus.

Theresa Montgomery had a double win in the sprints with wind-aided times of 10.7 and 24.4 while Mamie Rallins, also of TSU, edged Debbie Lansky in the 100m hurdles as both runners clocked 13.7 with the help of a 4.77mph wind. Debbie Vetter continued to look good in the 400m hurdles, winning easily in 61.3 and Karen MacHarg, fresh from her stint with the Peace Corps in Venezuela, scored a personal best (her fourth of the season) in winning the two mile in 10:54.9. The Kettering team, without either MacHarg (2:12.5) or Paula (Strack) Gaston (2:13.9) still managed an outstanding 9:13.5 in winning the two mile relay while the Syracuse Chargers were timed in 9:19. 5 in second place - and used only 14/17 year olds on their team!

Women's Division: 100 (+5.58mph), 1-Theresa Montgomery (TSU) 10.7w, 2-Mattline Render (NYPAL) 10.8w; 220, (+4.54) 1-Mont- gomery 24.4w, 2-Linda Blakley (Motor City) 24.5w, 3-Sheila Coates (TSU) 24.9w; 440, 1-Coates 54.8, 2-Beth Warner (OhioTC) 56.2, 3-Janis Vetter (BRTC) 56.3, 4-Karen Willis (TSU) 56.4, 5-Judy Smith (TSU) 56.9; 880, 1-Smith 2:16.6, 2-Diane Vetter (BRTC) 2:19.6; Mile, 1-Brenda Webb (KS) 5:11.3, 2-Marie Kas- trup (Un) 5:12.4; 2M, 1-Karen MacHarg (KS) 10:54.9, 2-Anita Scandurra (Un) 10:55.4; 440yR, 1-TSU 47.9, 2-NYPAL 48.1, 3- Motor City 48.7, 4-Mayor Hatchers YF 48.7; MileR, 1-Ohio TC 3:55.6, 2-KS 3:58.0, 3-TSU 4:00.1; 2MR, 1-KS 9:13.5, 2-Syra- cuse Chargers 9:19.5, 3-Ohio TC 9:36.8; 100mH (+4.77), 1-Ma- mie Rallins (TSU) 13.7w, 2-Debby Lansky (Golden Triangle) 13.7w; 400mH, 1-Debbie Vetter (BRTC) 61.3, 2-Cathy Faughn (NY PAL) 63.9, 3-Heidi Diederichs (KS) 64.4, 4-Diane Vetter (BRTC) 65.5; MileW, 1-Ellen Minkow (SyrChg) 7:47.5, 2-Carol Mohanco (KS) 8:11.9, 3-Gwen Eberle (OzarkTC) 8:17.4, 4-Linda Ontko (OzTC) 8:30.0; LJ, 1-Diedre Wilson (NYPAL) 18'9, 2-Ann Egenolf (Terre Haute TC) 18'2; HJ, 1-Teri Seippel (KS) 5'3/4, 2-Jean Baltz (Peoria) 5'3/4; DT, Debbie Stephens (KS) 119'11; JT, Mi- chelle Irving (Ft Wayne PAL) 119'8; SP, 1-Melody Lavender (Ft Wayne PAL) 37'10, 2-Linda Maurer (KS) 37'8/4; **Scores,** 1- KS 62, 2-TSU 47, 3-BRTC 25, 4-Ft Wayne PAL 24.

12/13 Division: 100 (+4.43) 1-Sheila Clemons (Detroit Stri- ders) 11.7; 220/440, Sherrylyn Brown (Columbus Community Club) 26.0/60.0; 880, 1-Rochelle Collins (MC) 2:20.4, 2-Annette Co- ther (TH) 2:22.7; Mile, 1-Shannon Cline (Scioto TC) 5:25.6, 2- Sandy Hoffman (Scioto) 5:28.1, 3-Tamara Ehrentreu (Peoria) 5:30.3; 880yMedR, CCC 1:55.7; MileW, Beth Eberle (OzTC) 8:54.6; SP, Jackie Burton (Lipke) 37'2/4; **Scores,** 1-THTC 41, 2-Scioto 33, 3-CCC 31. **10/11 Division:** 100/220/440, Sheila Taylor (Detroit Striders) 12.3/27.5/64.4; 880, 1-Michelle Smartt (DS) 2:31.7, 2-Ann Henry (Peoria) 2:32.1; **Scores,** 1-DS 44, 2-PP 24.

9/Under Division: 100/220, (+2.27) 1-Burton 13.1w/29.1; 440, Rachel Danduran (Scioto) 67.9; 880, 1-Laura Craven (Stio- to) 2:32.3, 2-Burton 2:36.5; 440yR, Springfield Community 59.6; **Scores,** 1-DS 40, 2-Springfield 30, 3-Scioto 22.

GREENE 10.7/24.4 AT REGION 10 CHAMPS

Denver, Colorado, May 25:-Pam Greene, representing the Colo- rado State University team, sped to legal 10.7 and 24.4 sprint wins at the Region 10 Outdoor Championships. Jackie White of the Denver Flyers, had a 14/17 sprint double in wind-aided marks of 10.9 and 24.5.

Women's Division: 100/220, Pam Greene (GSU) 10.7/24.4; 440, Jennifer Hughes (Boulder Cinderbells) 58.0; Mile, Barbara Lawson (TCG) 5:18.0; LJ, Carol Hancock (Un) 18'7. **14/17 Divi- sion:** 100/220, 1-Jackie White (Denver Flyers) 10.9w/24.5w, 2-Sonja Hardy (BC) 11.1w (11.0h)/24.9; 440, 1-Radius Guess (DF) 58.0, 2-Jan Fox (TCG) 58.2; MileW, Lori Thomas (Colorado Pacers) 9:07.2; 100mH, Hardy 14.4; 400H, Danette Wilson (BC) 67.0; 440yR, BC 51.0; 880yMedR, DF 1:49.8; MileR, TCG 4:04.9; HJ, Lisa Thomas (CP) 5'2. **12/13 Division:** 100, Felicia Du- puch (DF) 11.5; 440/LJ, Jean Sullivan (CP) 60.9/16'9; 880, Pam Bonnett (BC) 2:25.2; 440yR, CP 51.4. **10/11 Division:** 880, Nancy Rogowski (BC) 2:31.6.

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EASTERN LEAGUE vs CANADA JUNIORS

Fort Meade, Maryland, May 25:--Junior age athletes from the Eastern Girl's Track League had no difficulty outclassing a team from Canada in the first-ever meeting between the two groups. Next year's competition will be held in Canada. The northerners were hampered in this initial competition due to conflicting schedules and many of their top performers were unable to attend.

Robin Campbell won a double with victories in the 880 and 1500 and Carol Thomson scored an upset win over Canadian Liz Damman in the 100m hurdles. Jean Roberts had a good 161'0 toss to win the discus but was beaten by Denise Wood in the shot. Barbara Friedrich appeared to win the javelin at 176' 11.

RESULTS: 1500, 1-Robin Campbell (US) 4:39.0, 2-Carol Fridley (US) 4:46.1; 100mH, 1-Carol Thomson (US) 14.1, 2-Liz Damman (C) 14.1, 3-Cheryl Poirier (US) 14.6; 440, 1-Debbie Pastel (US) 54.7, 2-Marg McGowan (C) 55.2, 3-Gwen Norman (US) 55.5, 4-Lorna Forde (US) 55.9; 100, 1-Alice Annum (US) 10.8, 2-Leslie Kelland (C) 10.9, 3-Pat Hawkins (US) 10.9, 4-Damman 11.1; 880, 1-Campbell 2:09.3, 2-Nancy Shafer (US) 2:11.6; 220, 1-Esther Stroy (US) 24.8, 2-Kelland 25.2, 3-Linda Cordy (US) 25.3; 400mH, 1-Judy Smith (US) 62.9, 2-Susan White (US) 63.6; 3000m, 1-Marlene Harewicz (US) 9:54.4, 2-McKinty (C) 9:56.8; 440yR, 1-US (Annum-Leatherman-Brown-Hawkins) 46.6, 2-Canada 49.5; HJ, 1-Louise Hanna (C) 5'8, 2-Karen Moller (US) 5'6, 3-Hladki (C) 5'4, 4-Modupe Oshikoya (US) 5'4; DT, 1-Jean Roberts (US) 161'0, 2-Denise Wood (US) 156'1; SP, 1-Wood 48'6½, 2-Roberts 47'8½; JT, 1-Barbara Friedrich (US) 176'11, 2-Wood 123'9. Exhibition events: 100mH, 1-Oshikoya 14.2, 2-Carmen Brown 14.4; 100y, Leatherman 11.0. (Add - LJ, Thomson (US) 18'4½. (Note:-US designation actually means representative of the Eastern Girl's Track League as Forde, Annum, Brown, Roberts and Oshikoya are all foreign athletes registered in the US.)

SEIDLER 56'7 AT KENNEDY GAMES

Berkeley, California, June 1:--Maren Seidler continued her move toward the sixty foot mark as she improved her own American record for the third time this year to 56'7 as the highlight of the women's events at the Annual Kennedy Games. Young Debbie Quatier, the hip-slapping miler from Washington, moved to the Number 8 position on the All-time USA list when she won the mile in an excellent 4:45.3 with Teri Anderson and Judy Graham not far behind. Kathy Schmidt won the javelin with a toss of 198'1 as Lynn Cannon and Karin Smith fell far behind their 1974 bests. Mary Decker took the 440 with ease after world record holder Marilyn Neufville ran out of gas and Kathy Weston never got herself out of second gear. Patty Johnson took the 100m hurdles over an easy field in 13.7.

440, 1-Mary Decker (BA) 54.3, 2-Debbie Byfield (Berkeley TC) 55.4, 3-Marilyn Neufville (Un) 55.6, 4-Kathy Weston (WS) 55.8; 100mH, 1-Patty Johnson (LJTC) 13.7, 2-Janice Lester (LBC) 14.5, 3-Deanne Carlsen (RC Striders) 14.6; Mile, 1-Debbie Quatier (Falcon TC) 4:45.3, 2-Teri Anderson (SJC) 4:46.1, 3-Judy Graham (SJC) 4:50.0; SP, 1-Maren Seidler (MDYF) 56'7, 2-Jan Svendsen (LJTC) 50'6½, 3-Linda Langford (MDYF) 46'1, 4-Cel Rutledge (Un) 46'0½; JT, 1-Kathy Schmidt (IATC) 198'1, Lynn Cannon (RC Striders) 175'8, 3-Karin Smith (SCTC) 173'6.

EBERLE WINS 5000m WALK TITLE

Belleville, Illinois, June 1:--Ozark Track Club walking ace, Gwen Eberle, won the 1974 National AAU Junior 5000m walk title here today with a 10 second margin over 14 year old Linda Ontko. The Ozark Club swept the first 6 places.

1-Gwen Eberle 28:16.9, 2-Linda Ontko 28:27.6, 3-Cinda Morrow 30:19.0, 4-Bev Pakovich 30:22.0, 5-Shelly Sim 31:03.0, 6-Judy Hyten 32:31.4.

LA JOLLA INVITATIONAL

Santa Monica, California, May 26/27:--Additional information covering the La Jolla TC Invitational: Sandi Goldsberry, who "jumps for fun", handed Canadian Debbie Brill a defeat as both girls were over 5'6 and could go no higher. Brill, who had jumped the day previously at Modesto, was a bit tired....Karin Smith lofted her lifetime best to win the javelin with a throw of 183'8 to move into 8th position on the All-Time USA List... 13 year old Suzanne Keith turned in a good 5:02.5 winning the mile....Republic of China's Lee Chio-Hsia showed up with a bad case of bursitis of the knee and has retired for the year.

Women: 100 (-2.8) 1-Renaye Bowen (LI) 10.8, 2-Debbie Byfield (BerktC) 11.0, 3-Patty Loverock (Canada) 11.1, 4-Rosetta Birt (LI) 11.1; 220 (-4.5), 1-Bowen 23.8, 2-Birt 24.8; 440, 1-Janice Wiser (LJ) 53.7, 2-Mary Decker (BA) 54.4, 3-Susan Vigil (DCD) 55.9, 4-Dolores Banks (RRR) 55.9; 880, 1-Decker 2:08.7, 2-Sue Haden (NZ) 2:11.4, 3-Theima Wright (Canada) 2:11.9, 4-Donna Schellhaus (BA) 2:13.0, 5-Linda Stecker (DCD) 2:14.5; Mile, 1-Wright 4:52.2, 2-Jill Caldwell (LI) 4:57.0, 3-Debra Johnson (RRR) 4:57.8, 4-Kathy Jewell (LBC) 5:03.2; 2M, 1-Laurie Jewell (LBC) 11:03.9, 2-Kathy Greer (Un) 11:07.4, 3-Ester Marquez (RRR) 11:16.5, 4-Cathy Buhlert (SBS) 11:18.5; 100mH, 1-Janice Lester (LBC) 14.8, 2-Clydyne Crowder (LMM) 15.2, 3-Bobbette Krug (LJ) 15.7; 400mH, 1-Lester 61.3, 2-Crowder 61.8, 3-Patty Cape (LBC) 64.0, 4-Alberta Martin (IATC) 64.5, 5-Laurie Gilliland (DCD) 64.6; 440yR, Lakewood 47.2, 2-LBC 47.8; 880yR (4x220), 1-LBC 1:44.9, 2-LA Jets 1:45.4; Mile Relay, 1-LBC 3:51.5, 2-LITC 4:02.9; 2MR, 1-DCD 9:18.0, 2-SCC 9:20.3; MileW, 1-Sue Brodock (RRR) 7:20.9, 2-Ester Marquez 7:53.9, 3-Sheila Thomson (Ox) 7:56.0; LJ, Toni Griffin (LJ) 18'3/8; HJ, 1-Sandi Goldsberry (LI) 5'6, 2-Debbie Brill (Can) 5'6, 3-Kathy Hart (DCD) 5'4, 4-Anne Gilliland (DCD) 5'4; SP/DT, Jan Svendsen (LJ) 50'3/4, 152'5, Kathy Devine (Un) 46'6/8; JT, Karin Smith (SCTC) 183'8.

14/15: MileW, 1-Linda Brodock (RRR) 7:58.5, 2-Cindy Johnson (BA) 8:24.6, 3-Teri Teagarden (BA) 8:29.8; 300mH, 1-Cheryl Glazier (BA) 47.1, 2-Tonya Little (LJ) 47.9; DT, Ginny Vines (OCT) 115'3; 880, Lynn Hollins (RRR) 2:17.9; 100, Dolly Fleetwood (SCC) 11.2 (-3.1); LJ, Karen Taylor (MVS) 17'6; HJ, Chris Remling (LJ) 5'4; 220/440, Pam Greene (SCC) 25.4/57.5; 880yR (4x220), SCC 1:43.9; Mile/2M, Marjorie Kaput (PhoenixTC) 5:07.9/11:06.8, 2-Doreen Assuma (RRR) 11:10.5, 3-Jyme Kay Borges (DCD) 11:18.5; SP, Bea Hunt (RRR) 36'10/8; JT, 1-Lisa van Benthem (LJ) 124'7, 2-Raedean Rona (BA) 121'5, 3-Debbie Leeper (DCD) 117'4, 4-Lorelei van Benthem (LJ) 116'6, 5-Lynne van Benthem (LJ) 110'0; 100mH, Jackie Gay (MVS) 16.3; 2MR, LJTC 9:54.3; MileR, RRR 4:08.5.

13/12: 220, Cynthia Tyler (MM) 25.8; 880yR, MM 1:48.1; Mile W, 1-Becky Villavazo (RRR) 8:11.4, 2-Lisa Metheny (RRR) 8:28.0, 3-Paula Rose (OCT) 8:28.0; 800mH, Melanie Bane (WW) 12.9; Mile, 1-Suzanne Keith (RRR) 5:02.5, 2-Cathi Gill (DCD) 5:06.5; 200mH, Jill Stover (OCT) 30.9; 880, Penny Bridges (RRR) 2:18.1; 440, 1-Sharon Dill (LI) 59.2, 2-Marsha Erickson (SCC) 59.3, 3-Josephine Riley (RRR) 59.5; DT, 1-Carrie Mason (OCT) 105'2, 2-Pyle 104'11; SP, 1-Pyle 38'8, 2-Nelson 38'2/2; 440yR, 1-SD Cougars 50.6, 2-MM 50.7; HJ, Debbie Miller (DCD) 5'2; JT, 1-Ann Schultz (SBS) 116'7, 2-Nelson 114'10; LJ, 1-Arnetta Robinson (IAJ) 16'9/4, 2-Pam Fowler (SBS) 16'5.

10/11: SP, Susan Ray (OCT) 34'3/8; Mile, 1-Mari Gibbs (LI) 5:13.1, 2-Tami Darr (Un) 5:26.3; 440/HJ, Lisa Peters (SCC) 61.4/4'8; 100, Sherrill Tappin (WW) 12.0; 50yH, Tracy Hanlon (LBC) 8.4; 880, Becky Smatana (DCD) 2:22.9; MileW, Joyce Brodock (RRR) 8:48.5; 220, Tappin 27.7; 880yR, SD Cougars 1:55.5.

9/Under: 100/220, La Tanya Dawkins (IAJ) 12.8/28.9; 440yR, LA Jets 58.6; 440, Denise Mitchell (MM) 69.9; 880/MileWalk, Vickie Cook (RRR) 2:38.4/8:57.5.

FLASH! TWO AMERICAN RECORDS FOR JULIE BROWN

Santa Monica, California, June 17:--Julie Brown, known in the past as a half miler, today broke American records in the three mile and 5000 meters runs at the Los Angeles Maccabiah Games held on the Santa Monica College field. Brown beat teammate Clare Choate at both distances and eclipsed the one-week-old American records set by Debbie Quatier. Brown was clocked at 3 miles in 16:08.0, Choate at 16:12.2, both under Quatier's record of 16:15.6s. At 5000m, Brown stopped the watches in 16:38.0, Choate at 16:45.5, again both under the Quatier mark of 16:46.2s.

TWU WINS USTFF TITLE

Wichita, Kansas, June 7/8:--Texas Women's University, unleashing a fantastic display of sprint power, edged the Texas Track Club and the Women's National Collegiate Champions from Prairie View A&M to win the USTFF National title. The Denton-based team won with 80 points to 78 for the Texas TC and 68 for the ladies of Prairie View.

Audrey Reid, high jumper forced to turn sprinter due to leg problems, led a 1-2-3 sweep for the TWU team in the 100 yard dash. Reid was followed across the line by Janet Brown and Rochelle Davis, the Collegiate winner. These three added Venuzuelan Lucia Vaamonde and upset Prairie View to take the 440y relay in a fine 45.9. Reid and Brown came back to run 2-4 in the 220.

Prairie View's Debra Sapenter was a double winner with victories in the 220 (23.9w) and 440 55.2 and Prairie View won the mile and medley relays with good times of 3:47.0 and 1:44.7s.

100, 1-Audrey Reid (TWU) 10.7w, 2-Janet Brown (TWU) 10.7w, 3-Rochelle Davis (TWU) 10.9w, 4-Carol Cummings (PV) 10.9w, 5-Marjorie Grimmett (MichSt) 10.9w, 6-Cathy Newman (Iowa State) 10.9w; 220, 1-Debra Sapenter (PV) 23.9w, 2-Reid 24.1w, 3-Shirley Williams (PV) 24.2w, 4-Brown 24.3w, 5-Cummings 24.5w, 6-Grimmett 24.9w; 440, 1-Sapenter 55.2, 2-Williams 55.8, 3-Debbie Esser (WoodbineTC) 57.2, 4-Essie Kelley (TTC) 57.3; 880, 1-Tecla Chemabwai (ChiSt) 2:11.1, 2-Sue Deppe (IowaSt) 2:13.9; Mile, 1-Peg Neppel (IowaSt) 4:59.4, 2-Rosemary Holden (WoodbineTC) 5:10.0; 100mH, 1-Debbie Esser 14.3w, 2-Nancy Arnold (TTC) 14.4w, 3-Lorri Lowry (Cinderettes) 14.5w, 4-Sandra Souza (TWU) 14.5w; 330yH, 1-Marilyn Linsenmeyer (TTC) 44.9, 2-Esser 44.9; HJ, 1-Louise Ritter (TTC) 5'6, 2-Cheryl Frissen (Un) 5'6; LJ, Cathy Newman 19'3w, 2-Jan Smith (ThunderboltTC) 18'1/4w; JT, Susie Norton (KanSt) 129'6; DT, Linda Montgomery (TTC) 136'8, 2-Olga Arunda (TWU) 131'6, 3-Mary Jacobson (Un) 127'10; SP, Jacobson 44'8/8, 2-Carla Marney (Thun) 42'9/2, 3-Arnada 40'6/2, 4-Montgomery 39'2/4; 440yR, 1-TWU (Brown, Vaamonde, Davis, Reid) 45.9, 2-Prairie View 46.3, 3-Iowa State 47.5, 4-TTC 48.7; 880yMedR, 1-Prairie View (Brnach, Taylor, Cummings, Wallace) 1:44.7, 2-Iowa State 1:46.2, 3-TWU 1:46.7; MileR, 1-Prairie View (Taylor, Williams, Wallace, Sapenter) 3:47.0, 2-Iowa State 3:51.2, 3-TWU 3:52.0, 4-Houston Astrobbelles 3:52.8, 5-Texas TC 3:54.6, 6-Woodbine TC 3:55.2, 7-Cardinal TC 3:58.6; Scoring, 1-TWU 80, 2-Texas TC 78, 3-Prairie View 68, 4-Iowa State University TC 61, 5-Woodbine TC 43, 6-Thunderbolt TC 30, 7-Kansas State University 18 and nine other clubs.

LETTER FROM DON CALLAHAN, Whittier

"I cannot allow the letter from Floyd Highfill (May 1974) to go unanswered. However, I do not want this to become a monthly column.

"Mr. Highfill falls into the same trap women's track and field promoters always do. He tells us why a thing can't be done.. Even though, methinks he believes it should be done.

"Of course there are enormous problems. Let us attack them one at a time, in a positive manner - not a negative one...Example: In the not so heavily populated area of Albuquerque, the total number of women with any skill or degree of achievement is of course small...while the more densely populated Los Angeles area abounds with talent. The answer is obvious. In Albuquerque use any quality talent, plus what you can afford to bring in from other areas. In Los Angeles do the same. Los Angeles indoor meets will have more events, using more women.

"It must, however, be National AAU policy that each indoor meet director use whatever qualified talent available. The National Indoor qualifying standards from the previous year could be used as a standard for the following year's indoor meets. Taking into consideration any women who may have shown any great degree of improvement since the previous year.

"Mr. Highfill states, "If men's meets can be forced to include women in their schedule, then "women's" meets can be made to include men in theirs".

"May I call attention to my constant reference to "Indoor Meets". At no time have I ever suggested the outdoor season be included in this program. Anyway, name one pure "Women's Indoor Meet".

"For cryin' out loud, let;s at least try...."

CALVERT 190'0 DEFEATS KATHY SCHMIDT

Los Angeles, California, June 1/2:-Sherry Calvert, forced to miss the 1973 season with injuries, showed she is back in contention for javelin honors when she threw 190'9 to hand Kathy Schmidt a rare defeat as the Southern Pacific Association staged its annual championships on the speedy UCLA facility. Calvert's throw was close to her 1972 personal best of 192'0.

11 year old Mari Gibbs once again lowered the national record for her age group in the one mile run, covering the distance in a phenomenal 5:06.4, exactly five seconds better than her own old record set at Tempe earlier this year. Two more age group national records were set. Joyce Brodock captured the 10/11 mile walk mark, lowering the record from 8:36.5 to 8:30.5. Brodock, sister to the women's record-holder, had to walk that fast to win as Joyce Cook was right behind also under the old mark with 8:30.7s. Joan Erb broke the 12/13 mark for 200m hurdles with a nifty 29.0 flat clocking. The old mark was 29.2.

Renaye Bowen looked strong once again winning the two dashes in a legal 10.6 and a windy 23.5. Clare Choate, Julie Brown and Teri Johnson had a fine 1-2-3 finish in the two mile taken away as they were disqualified "due to coaching infraction". Choate won in a good 10:27.5, but the loss of those 24 points had much to do with giving the Association title to the Rialto Road Runners.

Women: 100 (1.4mps), 1-Renaye Bowen (LI) 10.6, 2-Maureen Abare (Un) 11.1; 220, (+2.2mps) 1-Bowen 23.5, 2-Abare 25.1; 440, Delores Parks (RRR) 56.5; 880, 1-Mary Decker (BA) 2:08.2, 2-Debbie Heald (LMM) 2:11.0, 3-Lynn Hollins (RRR) 2:18.6, 4-Pam Jewell (LBC) 2:18.6; Mile, 1-Julie Brown (LATC) 4:49.5, 2-Clare Choate (LATC) 4:54.6, 3-Pam Jewell 4:59.9; 2M, 1-Choate 10:27.5 (disq), 2-Brown 10:38.8 (disq), 3-Teri Johnson (LATC) 11:07.5 (disq); 100mH, (+2.2), 1-Pat Donnelly (LI) 13.9w, 2-Janice Lester (LBC) 14.0w; 400mH, 1-Michelle Hopper (PreTC) 61.5, 2-Lester 62.7, 3-Clydine Crowder (LMM) 63.3, 4-Patty Cape (LBC) 64.9; MileW, 1-Sue Brodock (RRR) 7:20.2, 2-Esther Marquez (RRR) 7:51.3; MileR, 1-LB Comets 3:55.8, 2-RRR 3:58.9; 2MR, 1-LATC 9:21.2, 2-LJTC 9:37.0, 3-RRR 9:57.6; DT, 1-Monette Driscoll (LATC) 164'10, 2-Terri Sabol (LATC) 152'8, 3-Jan Svendsen (LJ) 147'7; JT, 1-Sherry Calvert (LITC) 190'9, 2-Kathy Schmidt (LATC) 183'0, 3-Karin Smith (LJ) 163'3; SP, Emily Dole (LITC) 43'5; HJ, 1-Deanne Wilson (LATC) 5'6, 2-Pam Farrall (Un) 5'4; LJ, Jeanette Smiley (LATC) 18'4½; Scores, 1-RRR 133, 2-LATC 98, 3-LBC 60, 4-LITC 58.

14/17: 100 (+3.2), 1-Rosetta Birt (LI) 10.7w, 2-Gail Douglas (LBC) 10.9w, 3-Dolly Fleetwood (SCC) 10.9w, 4-Gayle Butler (LATC) 10.9w; 220 (+3.0), 1-Birt 24.1w, 2-Butler 24.5w, 3-Yolanda Rich (LAJ) 24.5w, 4-Douglas 24.9w; 440, Rich 55.5, 2-Pam Green (SCC) 56.4, 3-Julie Lake (LI) 56.5; 880, Donna Schellhouse (BA) 2:12.7; Mile, 1-Carol Flournoy (SCC) 4:54.7, 2-Jamie Bowen (LI) 4:58.4, 3-Linda Heinmiller (RedTC) 5:02.9, 4-Becky Wolfenbarger (SCC) 5:05.6; 2M, Linda Heinmiller (RTC) 11:01.7; 100mH (+5.2), 1-Butler 14.9w; 400mH, 1-Carol Burkland (LMM) 65.1, 2-Mary Lee Erickson (SCC) 65.7, 3-Theresa San Augustine (LBC) 67.5, 4-Jenny Stary (SCC) 67.5; MileW, 1-Sheila Thomson (OxTC) 8:06.7, 2-Sharon Gallavan (OCT) 8:30.4; 440yR, 1-LITC 48.1, 2-SCC 48.4, 3-LAJ 48.8; 880yMedR, 1-LITC 1:46.4, 2-LATC 1:48.4; MileR, 1-SCC 3:56.1, 2-LATC 3:58.3; 2MR, Redondo TC 9:57.6; DT, Debra Haynes (Fresno) 119'2; JT, Betsy Hardway (LATC) 137'10; HJ, Brenda Little (LMM) 5'4; LJ, 1-Kim Moran (LATC) 17'6½, 2-Nancy Shallenberger (Un) 17'5½; Scores, 1-LATC 95, 2-SCC 75, 3-LITC 68, 4-LBC 58.

14/15: 100/220, Lela Johnson (LBC) 11.2w/25.4w; 440/880, Teresa Caudillo (LBC) 58.1/2:15.5; Mile, Karen Parish (BA) 5:08.5; 2MR, Laurie Jewell (LBC) 11:08.2; 100mH, (+1.4) Alison Reed (LMM) 15.5; 300mH, Charyl Glazier (BA) 48.0; MileW, 1-Cindi Johnson (BA) 8:20.4, 2-Teri Teagarden (BA) 8:24.0; JT, 1-Connie Gassen (CCS) 135'11, 2-Raedean Rona (BA) 128'1, 3-Lorelei van Benthem (LJ) 122'11, 4-Lisa van Benthem (LJ) 121'10; HJ, 1-Julie Rowe (Ojai) 5'4, 2-Laurie Carman (Santa Barbara) 5'4, 3-Candice Zbieranek (LMM) 5'4; LJ, Kim Sloane (SBarbara) 17'5½; Scores, 1-LBC 90, 2-Blue Angels 61, 3-Ojai 58, 4-La Mirada Meteors 56, 5-SCC 49.

12/13: 100/220, Jane Harding (South Bay Striders) 11.5w/25.8w; 440, Sherrie Goldstein (Montebello TC) 59.0; 880, 1-Paula Rose (OCT) 2:17.5, 2-Penny Bridges (RRR) 2:18.7, 3-Rochelle Hatfield (BA) 2:18.7; Mile, Suzanne Keith (RRR) 5:02.7; 80mH, Tawny Singleton (Ojai) 11.8w; 200mH, 1-Joanne Erb (LATC) 29.0 (NR), 2-Singleton 29.6; MileW, 1-Lisa Metheny (RRR) 8:37.5, 2-Paula Rose (OCT) 8:37.6; 440yR, LA Jets 51.2; 880yMedR, SCC 1:53.7; DT, Christi Pyle (CCS) 113'4; JT,

Continued on Page 26

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SPAAAU (Continued)

Jackie Nelson (OCT) 117'5; SP, 1-Pyle 37'2, 2-Nelson 37'0½; HJ, Kelley Hoban (SBS) 4'10, 2-Cindy Cooper (SBS) 4'10; LJ, Vicki Almeida (LMM) 17'0 (+1.3); Scores, 1-Orange Coast 99, 2-RRR 65, 3-South Bay Striders 50, 4-SCC 39.

10/11: 100, Joyce Bowie (SBar) 11.9w; 220, Tina Scott (SCC) 27.5w; 440, Lisa Peters (SCC) 61.5; 880, Shelly Kaplan (RRR) 2:27.8; Mile, 1-Mari Gibbs (LITC) 5:06.4 (NR), 2-Karisti Wilson (BA) 5:22.2; MileW, 1-Joyce Brodock (RRR) 8:30.5 (NR), 2-Vicki Cook (RRR) 8:30.7; 440yR/880yMedR, SCC 54.2/2:01.6; SP, Susan Ray (OCT) 33'6; HJ, Lisa Peters (SCC) 4'10; LJ, Joyce Bowie (SBar) 15'10½; Scores, 1-SCC 64, 2-LBC 62, 3-BA 53, 4-RRR 46, 5-Santa Barbara Sandpipers 40.

9/Under: 100/220, LaTanya Dawkins (IAJ) 12.4/28.6w; 440/HJ, Lisa Stary (LBC) 69.2/4'2; 440yR, LA Jets 58.2; 4x220R, WC Jets 2:10.7; Scores, 1-IAJ 48, 2-LBC 44, 3-SBarb 42, 4-RRR 41, 5-WC Jets 38, 6-Oxnard TC 32.

CALIFORNIA STATE

WR FOR BRODOCK; SVENDSON 167'11;

ANDERSON 10:10.2; LESTER 59.5

Los Angeles, California, June 9:--UCLA's famous tartan track was the sight of the annual California State AAU Championships and in spite of the absence of some of the "name" athletes, performances were outstanding in the dawn-to-dusk competition. The weather was almost perfect, marred only by some over-zealous winds that knocked out a few performances, but Francie Larrieu, Mary Decker, Kathy Weston, Becky Wolfenbarger were not missed.

Rialto Road Runner's Sue Brodock knocked 1.1 seconds off her own world record for the one mile walk to cop top honors, covering the distance in 7:14.1s. She was followed across the line by teammate Esther Marquez, the 1973 women's champion, in 7:45.3.

Teri Anderson, San Jose Cindergals, and Clare Choate, LATC, tangled in a thriller of a two mile run with Anderson the winner in 10:10.2 over Choate in 10:11.8 which put them as the number three and four on the USA All-Time list behind Larrieu and Doris Brown. Choate did most of the work for the first seven laps with Anderson varying her position from on the shoulder to five or eight yards back. Clare led through laps of 73-75-77-77-76-77-78, passing the mile in 5:01.6 to 5:01.8 for Teri, but as the bell rang for the final lap, Anderson took the lead around the bend only to be passed once again by Choate down the backstretch. With 220 to go, Anderson once more went into the lead and around the final turn built up a 15 yard margin, but once again Choate came back down the home straight and pulled to almost only a second behind. It was a beautiful race and two fantastically tough runners.

Janice Lester, who has been plugging away at the hurdles all season in a most determined manner, had it all pay off today as she won the 400m barriers in 59.5, second-fastest ever run by an American and only four-tenths off the American record. Lester took advantage of her lane position, being drawn inside of Michelle Hooper and Clydine Crowder, and took the lead over the first five hurdles with Crowder having step problems on the fourth and fifth flights. Lester had a sizeable lead over the 8th and 9th hurdles, but Crowder came on over the last 100 meters and finished second with her lifetime best at 60 seconds flat. Hopper, in the meantime, was clocked in 60.8 but was disqualified for dragging a leg to the outside of a hurdle.

Julie Brown and Judy Graham put on another terrific duel in the mile run with both turning in lifetime bests and moving to numbers 8 and 9 on the All-Time US list. Brown took over from the start and passed the quarter in 71 with Graham just a step behind. The two remained in tandem past the 880 in 2:24.3 and the 1320 in 3:37.7, and at that point, Graham, knowing she must build a lead over the speedier Brown, went to the front, but Julie was too fast and won in 4:44.4 with Graham second in 4:44.9. Graham led past the 1500m 4:26.1 to 4:26.2.

Two great fields in the discus and javelin provided top flight competition and marks. Kathy Schmidt, still smarting from her loss the previous week to Sherry Calvert, came back to win today at 197'8. Lynn Cannon threw to a lifetime best to grab second at 186'4 followed by Karin Smith at 180'6 and Calvert, who spent most of the day seeding the clouds with her throws, fourth at 180'0.

Jan Svendsen, who has spent ten years in the sport trying every event save the distances, apparently has finally found her niche as she spun the discus to a personal best and the number one spot in the nation with a throw of 167'11. This mark puts Jan in the #5 spot on the All-Time US list and since this is only her second year with the platter, great things can be expected from the blonde Amazon in years to come. The throw was not an overwhelming margin of victory, however as Canadian Joan Pavelich, mysteriously instantly eligible to compete for the La Jolla Track Club, zipped the disc 167'0 even for a fine second place performance. And even this mark did not make Pavelich secure for right behind her came Monette Driscoll with her lifetime best at 166'9. Guest performer Linda Langford (MDYF) threw 160'11 for fourth to round out this super field.

The day was brightened by the return to form of some of the old timers: Marilyn King was back on the field and must certainly be a threat for the pentathlon title as she ran the hurdles in 14.6 and high jumped 5'2. Marilyn has long jumped 19'3½w and tossed the shot 38'8¾ recently. Nancy (Mullen)

CAL STATE (Continued)

Severance ran a rather desultory half mile and then turned in an excellent anchor 440 in the mile relay for the Redwood City Striders as she gave Marilyn Neufville (who was clocked in 54.9) a good fight. Deanne Carlsen, with eyes on the 400m hurdles for the next years, ran a couple of good 440's plus a good flight of 100m hurdles.

One of the bright stars of the future certainly must be Lisa Kinimaka of the San Jose Cinderfals. Competing in the 14/15 division, Lisa was a triple winner over the 100m hurdles in 14.9w, 41'1 1/4 in the shot and 18'9 1/2 in the long jump. With a high jump mark of 5'4 last year, Kinimaka could just become the first Hawaiian to make it to the big time - with patience!

Women's Division: 100 (+4.Omps), 1-Renaye Bowen (LI) 10.4w, 2-Martha Watson (LI) 10.6w, 3-Debbie Byfield (BTC) 10.8w, 4-Pat Johnson (LJTC) 10.9w, 5-Gayle Butler (LJTC) 11.0w; 220, (-0.8), 1-Byfield 24.1, 2-Janice Wiser (LJ) 24.5, 3-Michelle Hopper (PreTC) 25.4; 440, 1-Wiser 55.4, 2-Delores Parks (RRR) 56.5, 3-Deanne Carlsen (RCS) 56.5; (B) Clydine Crowder (LMM) 56.5; 880, 1-Julie Brown (LA) 2:10.5, 2-Cyndy Poor (SJS) 2:10.9, 3-Kathy Haughey (SJC) 2:11.3, 4-Teri Anderson (SJC) 2:13.0; Mile, 1-Brown 4:44.4, 2-Judy Graham (SJC) 4:44.9, 3-Pam Jewell (LBC) 4:57.2, 4-Maria Stern (LA) 5:05.6; 100mH (+3.2), 1-Pat Johnson 13.5w, 2-Pat Donnelly (LI) 14.1w, 3-Janice Lester (LBC) 14.2w, 4-Carlsen 14.3w, 5-Marilyn King (ML) 14.6w, 6-Butler 14.9w; 400mH, 1-Lester 59.5, 2-Crowder 60.0, 3-Leslie Clark (SJC) 63.3, 4-Dalal Ahmad (PSF) 63.7, 5-Ethis Hunter (MVS) 64.4, 5-Carolyn Bing (SJC) 64.5, (Michelle Hopper finished third in 60.8 but was disqualified); 440yR, 1-La Jolla TC 47.4, 2-Berkeley TC 47.6, 3-LATC 48.1; MileR, 1-LATC 3:51.0, 2-Redwood City Striders 3:51.6, 3-SJC 3:52.2, 4-LBC 4:04.0; 2MR, 1-SJC 9:14.1, 2-LATC 9:20.6; HJ, 1-Sandi Goldsberry (LI) 5'6, 2-Cindy Gilbert (LJ) 5'6, 3-Kathy McQuillan (WS) 5'6; LJ, 1-Martha Watson (LI) 21'2 1/2 (+3.6) (Best legal jump 21'0 1/2), 2-Vicki Betts (LI) 19'10 1/4w, 3-Tini Griffin 19'0 1/4w, 4-Marilyn King (ML) 18'9 1/4w; SP, 1-Jan Svendsen (LJ) 47'6 1/4, 2-Cal Rutledge (ML) 45'1 1/4, 3-Iva Wright (FE) 45'8 1/4, 4-Joan Pavelich (LJ) 41'9 1/2, 5-Lynn Cannon (RCS) 40'2 1/2, 6-Tina Jones (SDL) 39'5, (Guest competitor, Maren Seidler, MDYF, 53'10); JT, 1-Kathy Schmidt (LJTC) 197'8, 2-Lynn Cannon (RCS) 186'4, 3-Karin Smith (SCTC) 180'6, 4-Sherry Calvert (LI) 180'0; 2M, 1-Teri Anderson (SJC) 10:10.2, 2-Clare Choate (LJTC) 10:11.8, 3-Nadia Garcia (SPTC) 10:36.2, 4-Val Eberly (SJC) 10:51.2, 5-Cathy Greer (LJ) 11:09; 880yMedR, 1-Berkeley TC 1:45.4, 2-LJTC 1:47.0; MileW, 1-Sue Brodock (RRR) 7:14.1 (WR), 2-Esther Marquez (RRR) 7:45.3, 3-Diane Dimmick (SJC) 8:24.8; DT, 1-Jan Svendsen (LJ) 167'11, 2-Joan Pavelich (LJ) 167'0, 3-Monette Driscoll (LJTC) 166'9, 4-Linda Langford (MDYF) 160'11, 5-Teri Sabol (LJTC) 148'2, 6-Iva Wright (FE) 143'8; Scores, 1-LJTC 116, 2-LATC 95, 3-LI 59.

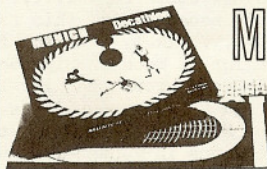
14/17 Division: 100 (+1.8mps), 1-Gail Douglas (LBC) 10.9, 2-Marie Nickson (BerkeleyTC) 10.9, 3-Rosetta Birt (LI) 10.9, 4-Ginger Lewis (ML) 11.0... 8-Maureen Abare (Un) 11.5; 220, (-4.2), 1-Birt 24.9w (24.2h), 2-Nickson 24.9 (24.5h), 3-Yolanda Rich (LAJ) 25.2 (24.8h); 440, 1-Rich 55.9, 2-Julie Lake (LI) 56.8, 3-Barbara Moore (RRR) 56.9, 4-Melinda Revers (SCTC) 57.0; 880, 1-Donna Schellhaus (BA) 2:12.6, 2-Teresa Caudillo (LBC) 2:13.8, 3-Alice Trumbley (Un) 2:14.3; Mile, 1-Carol Flournoy (SCC) 4:55.0, 2-Kathy Costello (OTC) 4:55.7, 3-Jill Caldwell (LI) 4:58.1, 4-Ronnell Powell (SJC) 4:58.5, 5-Jamie Bowen (LI) 4:58.7, 6-Debra Johnson (RRR) 5:01.4; 100mH (+4.8), 1-Yvonne Boone (EB) 15.1w, 2-Dana Davidsen (RCD) 15.4 (-0.7), 3-Nancy Shallenberger (GBTC) 15.5, 4-Linda Hightower (SCC) 15.5w (Note discrepancy in wind readings due to race being run in flights); 400mH, 1-Carol Burkland (LMM) 63.6, 2-Mary Lee Erickson (SCC) 64.4, 3-Lori Anderson (SVTC) 66.1, 4-Theresa San Augustine (LBC) 66.2, 5-Jenny Shary (SCC) 67.5; MileW, 1-Sheila Thomas (Ox) 8:32.6, 2-Sharon Gallivan (OCT) 9:14.8; 440yR, 1-Millbrae Lions 47.7, 2-Berkeley TC 48.0, 3-LBC 48.2, 4-LJTC 48.3; Mile Relay, 1-Orinda TC 3:55.8, 2-Millbrae 3:59.3; 2MR, 1-SJC 9:32.7, 2-LBC 9:50.0, 3-Blue Angels 9:56.0, 4-Millbrae 9:57.0; HJ, 1-Shallenberger 5'4, 2-Brenda Little (LMM) 5'4; SP, 1-Kathy Devine (SDL) 47'0 1/2, 2-Emily Dole (LJTC) 46'6 1/2, 3-Vera Peca (LBC) 43'2 1/2, 4-Denise Holloway (SJC) 41'8, 5-Debra Haynes (FE) 40'1 1/4; DT, 1-Haynes 120'0, 2-Nora Lee (LJ) 115'3; JT, 1-Cathy Sulinski (ML) 151'10, 2-Nadine Bowers (SJC) 147'1, 3-Betsey Hardaway (LJTC) 125'10; 2M, 1-Debra Johnson (RRR) 10:48.6, 2-Linda Heinmiller (RedTC) 10:55.2, 3-Cathy Jewell (LBC) 11:02; 4-Laurie Jewell (LBC) 11:04, 5-Dominique Carron (ML) 11:08.0; 880yMedR, 1-Berkeley TC 1:46.0, 2-Premier TC 1:47.4, 3-LBC 1:47.9; LJ, 1-Karen Elmore (ML) 19'1 1/4 (+1.9), 2-Jodi Anderson (PreTC) 18'8 1/4 (0.9); Scores, 1-LBC 79, 2-Milbrae Lions 57, 3-Lakewood 45, 4-Berkeley TC 40.

14/15 Division: 100 (+0.6), 1-Dolly Fleetwood (SCC) 11.1, 2-Kim Moran (LJTC) 11.3, 3-Linda Morrison (LJTC) 11.4; 220, (-4.4), 1-Chris Smallwood (Integra) 26.0 (25.0w), 2-Fleetwood 26.0 (25.2h), 3-Paula Ng (Un) 26.3 (25.6h); 440, 1-Pam Greene (SCC) 56.6, 2-Lauri Mullins (LA) 57.5, 3-Kalua Bell (SCC) 58.1; 880, 1-Lynn Hollins (RRR) 2:15.0, 2-Carolyn McDonalld (LJ) 2:16.2, 3-Renee Nelson (SJC) 2:16.4; 4-Roma Antoniewicz (LA) 2:16.4; Mile, 1-Kathy Adams (WS) 5:07.1, 2-Karen Parish (BA) 5:09.3, 3-Renay Wolfe (RCP) 5:10.0; 2M, 1-Lisa Greenberg (SJC) 11:01.0, 2-Cathy Adams (WS) 11:09.0; MileWk, 1-Chris Sakelarios (RCF) 8:02.6, 2-Cynthia Johann (BA) 8:04.8, 3-Linda Brodock (RRR) 8:09.2; 100mH, (+2.2), 1-Sandy Dewitt (SVTC) 15.5w; 2nd race (+2.7), 1-Lisa Kinimaka (SJC) 14.9w, 2-Denise Rodgers (ML) 15.1w, 3-Laurie Willson (ML) 15.3w; 300m H, 1-Alison Reed (LMM) 46.9, 2-Beth Howell (LJ) 47.6, 3-Tanya Little (LJ) 47.7; HJ, 1-Laurie Carman (SB) 5'4, 2-Chris Remling (LJ) 5'4, 3-Candice Zbieranek (LMM) 5'4; LJ, 1-Lisa Kinimaka (SJC) 18'9 1/4 (0.0), 2-Kim Moran (LJTC) 17'11 1/4w (+6.6), 3-Paula Ng (Un) 17'5 1/2 (+1.8); SP, 1-Lisa Kinimaka (SJC) 41'1 1/4, 2-Bea Hunt (RRR) 38'1 1/4, 3-Elaine Roque (LJTC) 37'1 1/4; DT, 1-Hunt 119'10, 2-Anne Hilleborn (Un) 109'1; JT, 1-Connie Gassen (OCS) 136'7, 2-Lisa Van Benthem (LJ) 125'8, 3-Raedean Rona (BA) 123'7, 4-Lorelei van Benthem (LJ) 121'6, 5-Lynn van Benthem (LJ) 120'8; 440yR, 1-SCC 49.2, 2-SD Cougars 49.4, 3-LATC 49.5; 880yMedR, 1-LJTC 1:48.1, 2-LATC 1:48.4; MileR, 1-SCC 3:58.5, 2-LMM 3:59.8; 2MR, 1-LJTC 9:36.9, 2-San Juan Striders 9:38.6; Scores, 1-LJTC 82, 2-SCC 59, 3-LATC 48.

12/13 Division: 100 (+3.2), 1-Jane Harding (SBS) 11.4w, 2-Roxanne Wright (FE) 11.4w (11.4h), 3-Ronda Norris (SDC) 11.4w; 220, (-4.3), 1-Cindy Tyler (MM) 26.2 (26.0h), 2-Harding 26.5, 3-Wright 26.8 (26.6h); 440, 1-Lezli Peterson (SCC) 57.5, 2-Sharon Dill (LI) 58.7, 3-Ann Regan (Int) 58.7, 4-Josephine Riley (RRR) 58.8; 880, 1-Penny Bridges (RRR) 2:17.7, 2-Paula Rose (OCT) 2:18.3, 3-Kris Taylor (SLTC) 2:18.4; Mile, 1-Suzanne Keith (RRR) 5:05.1, 2-Karen Bain (WS) 5:10.6, 3-Suzi Greenburg (SJC) 5:11.7; MileW, 1-Becky Villavazo (RRR) 8:26.6, 2-Liza Mathany (RRR) 8:29.7, 3-Georgia Sakelarios (RCP) 8:40, (Paula Rose finished 3rd in 8:30.3 but was disqualified); 800mH, (+0.6), 1-Tawny Singleton (OV) 12.1, 2-Joanne Erb (LA) 12.1, 3-Kathy Yuhas (App) 12.2, 4-Melanie Bane (Un) 12.2; 300mH, 1-(Tie, Yuhas 29.8 and Erb 29.9 (Judges decision - ???)), 3-Cathy Hohmann (CY) 30.3; HJ, 1-Karen Hinkelman (ArrowTC) 5'0, 2-Kelly Hoban (SBS) 5'0, 3-Cynthia Cooper (SBS) 5'0; LJ, 1-Roxanne Wright (FE) 17'0 (+1.8), 2-Cassandra Griffin (LJ) 16'10 1/4w (+3.6), 3-Jackie Bowie (SBS) 16'8 1/4 (+1.2); SP, 1-Susan Springer (SV) 42'1 1/2, 2-Chris Pyle (CCS) 40'10 1/2, 3-Jackie Nelson (OC) 39'2 1/2; DT, 1-Pyle 120'11, 2-Roseam Gehres (OV) 105'9; JT, 1-Jackie Nelson 114'6, 2-Charm Bishop (SCC) 111'8; 440yR, 1-SD Cougars 50.4, 2-LA Jets 50.5, 3-SJC 50.5; 880yMed Relay, Mickey's Missiles 1:53.0; Scores 1-RRR 56, 2-Orange Coast TC 37, 3-Santa Barbara Striders 36.

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TROUBLE QUALIFYING FOR THE NATIONALS? TRY THE WEIGHTS

One of our readers, who asks to remain anonymous, has forwarded a study he made concerning qualifying standards for the girl's and women's nationals. It makes for interesting reading.

"What is the 'hardest' event to qualify for in the US Women's National Championships? According to the 'Scoring Table for Women's T&F Events' (published by the IAAF), it's the 100 yard dash. In order to qualify for this event an athlete must perform at a 943 point level, 23 points higher than any other event. Listed below, in descending order of difficulty, are the qualifying marks in the individual events in both the Girl's (14/17) and Women's National Championships, (except for the 400mH and mile walk which have been in existence for only one year), and for comparison, the current US records.

Girls		Women		US Records	
100m	869	100m	934	100m	1098
400m	868	800	911	Javelin	1090
200m	855	High jump	905	400m	1080
800m	855	400m	903	800m	1069
HJ	854	200m	891	1500m	1068
LJ	789	LJ	860	200m	1058
JT	736	JT	830	HJ	1031
1500m	735	1500m	826	LJ	1030
3000m	707	100mH	805	3000m	1023
100mH	695	3000m	799	DT	1019
SP	693	SP	786	100mH	1002
DT	686	DT	781	SP	986

"As can be seen, the 100 ranks first and, not surprisingly, the discus ranks last in difficulty of making the qualifying standards. As far as world rankings are concerned, the shot is the lowest ranked event for the USA while the 100mH are

not much better. But if a discus thrower had to perform at the same level as sprinters in order to qualify, it would take 157'2 to make the Girl's standard and 170'7 to make the women's. (The TOP American performers were some 12 feet below these marks in both divisions of the Nationals in 1973!)

"The high jump ranks surprisingly high while the 1500/mile ranks surprisingly low. Perhaps our high jumpers are better than we think, or else someone is purposely trying to keep the field size down for this meet. If high jumpers were allowed to qualify at the same level as discus throwers, 5'1 1/4 would make the women's field while 4'9 1/2 would qualify for the 14/17 division.

"Perhaps the most disappointing was the 1500/mile standard. There have been no less than one 10 year old, three 11 year olds, nine 12 year olds and eighteen 13 year old girls who at one time or another have met the Girl's division qualifying mark in this event! No other event has more than half a dozen 'age-groupers' who have met the standard.

"The events in which age seems to make the least difference are the 400m and the 200m. There is only a 35 point spread between the two divisional qualifying marks in the 400 and 36 points in the 200. On the other hand, there are 110 points difference in the 100mH, while the three throwing events also rank high with 95, 94 and 93 point spreads (DT, JT and SP in that order). This would indicate that these latter events take longer to master.

"Based on National Records, the easiest event to qualify for is the javelin where the difference between the women's standard and the National record is 260 points. In fact, all field events are over 200 point difference except the high jump, (which is the LOWEST of all events at 126 points), while only the 1500 and 3000 of the running events are over 200 pts."

KALEIDOSCOPE

At the Cheetahs Invitational, six of the first eight finishers in the girl's mile were named Kathy: Kathy Jewell, Kathy Greer, Kathy Scatena, Cathy Buhler, Kathy Anno and Kathy Spencer....What fickle southern California coach has dropped his Russian girl friend (just because she got married) and now is eyeing a Canadian beauty?....At the Penn State Open Invitational this year, Diane Underwood pole vaulted 7'10 1/2. Is that a record?....Sue Latter in her second year of track for the Michigammas, has run 55.9 in the quarter this year...13 year old Edith Oker of West Germany scored 4134 points in the pentathlon (International scale) and had an 18'2 1/2 LJ....Kathy Switzer, one of the pioneer marathoners in this country, is now running about an hour faster than she did in 1967. At Boston this year she ran 20 minutes faster than she did in the same race a year earlier - and finished 5th....

Cindy Wyatt reports her mark of 47'0 1/2 in the 1963 indoor championships will get her on the All-Time indoor list. Now Cindy Reinhoudt, she also won the discus indoors that year at 149 while Fran Davenport won the javelin at 149'10. These were necessary as this was the qualifying meet for the PanAm Games....UCLA has established a separate department of women's intercollegiate sports effective July 1....As many as 50 women will receive athletic scholarships this fall at the Pennsylvania State University....Likely prospect for the future is Jackie Gordon a junior at Woodson High School in Virginia. This 5'9 1/2/245 miss has thrown the disc 142'8, put the eight pound shot 41'10 1/4 and high jumped 5'1 as well as running the hurdles....Karen MacHarg, Kettering Striders, finished a tour in the Peace Corps in Venezuela and this year has recorded PB's in the 440 (57.1), 880 (2:12.5), mile (4:57.6) and two mile (10:54.9). She is coached by her husband....One of the hottest prospects to come under Steve Price's eyes in a long time is Lale Yurdakul, Ohio high school record holder for the 110y hurdles. Lale is also a good long jumper....Scioto TC of Columbus, Ohio, is a newly formed group and is composed of members from the Golden Angels, Reynoldsburg TC and Ohio TC age-groupers....There will be an international marathon September 22 in Waldneil, (near Dusseldorf) West Germany....

Sally Ludlam, 13 year old Britisher, recently ran a 4:34 1500....More names I like: Inchin Ham of the Pacific Coast Pacers, Susan Stoops of Baylor, Betsy Clogg of Bowling Green, April Hickey of the Blue Angels, Tangye Wallace of Miami, Radius Guess of the Denver Flyers, Princy Balthazar of Sri Lanka (Ceylon), Willigena Oggs of the VOSTC, Leyda Fidalgo of the Southwest TC, Florida, Missy Guhl of Mickey's Missiles,

Sue Long from Gahr HS, California....16 year old Teri Seipel of Kettering, leaped 5'9 1/4 in a recent workout....Kathy Hammond plans to return to track in 1975 following an operation recently....Another planning to return is Terry Crawford....Things I would Like Department: To go to a track meet without having some nut listen to the Dodgers baseball game on a portable radio; to go to a girl's track meet without having boys playing football, catch, volleyball on the field to show off their manliness....Wilt Chamberlain, formerly a collegiate high jumper, was an interested spectator at the California State meet....Fran Davenport is the track coach at Poway HS, California....Nina Kuscik forgot to put her number on her jersey at a recent marathon in New York, had to run and get it, took 35 seconds to do it and then just missed getting under three hours by 1.6 seconds....Wyomian Tyus ran 6.5 for the indoor 60 and 10.3 for the outdoor 100 this year on the Pro tour - both equalling her lifetime bests...."Athletics Weekly", the English track magazine, reports on some fantastic clockings in Lisbon recently. "helped on their way by favourable winds and possibly over hospitable timers" the following results were obtained: 100m, 1-Andrea Lynch (GB) 10.9, Telliez (Fra) 11.0, Boyle (Aus) 11.0; 200, Boyle 22.6, Lynch 23.1; 100H, Vernon (GB) 12.9, Antenen (Swi) 13.1....

VETTER 60.7 AT OHIO AAU

Wilburforce, O, June 1:-Cebbie Vetter, Blue Ribbon TC) continued her string of impressive 400m hurdles performances as she won the event in 60.8 at the fast Chevron track of Central State University. Debbie also doubled to win the 880 in 2:15.4 and ran a leg on the Blue Ribbon two mile relay team which posted the nation's best at 9:12.6. Kettering Striders took the team title easily over the Ohio TC.

MileR, 1-Kettering 3:54.4, 2-Ohio TC 3:54.9, 3-BRTC 3:59.0; 440yR, 1-Mayor Hatcher YF 47.5, 2-OTC 49.3; 100, 1-Gwen Smith (Columbus Community Club) 10.8w, 2-Veronica Williams (MHYF) 10.9w; 220, 1-Williams 24.3w, 2-Smith 25.0w; 440, 1-Janis Vetter (BRTC) 55.9, 2-Cheri deHaven (Ft.Wayne PAL) 56.7, 3-Beth Warner (OTC) 56.7; 880, 1-Debbie Vetter (BRTC) 2:15.4, 2-Diane Vetter (BRTC) 2:18.7...4-Brenda Webb (KS) 2:23.0; Mile, 1-Karen MacHarg (KS) 5:01.1, 2-Webb 5:07.2; 2M, Sue Mallory (OTC) 11:22.1; 100H, Kim Smith (OTC) 15.3w; 400mH, 1-Debbie Vetter 60.8, 2-Cathy Faughn (FtWayne) 63.4, 3-Diane Vetter 64.4; MileW, 1-Carol Mohanco (KS) 8:05.9, 2-Anne Prammaggiu (KS) 8:41.7; HJ, Teri Seippel (KS) 5'4; LJ, 1-Carla Coffey (Un) 18'9 1/4w, 2-Ann Egenolf (Terre Haute) 18'7 1/2w; SP, Melody Lavender (FtW) 38'7 1/4; DT, Debbie Stephens (KS) 126'0; JT, Stephens 113'7

LETTER FROM KEN FOREMAN, Seattle

"An 'open letter' concerning the 1974 international cross country tour appeared in the May issue of Women's Track and Field World. Because this letter contains both distortions and outright falsehoods, I feel impelled to reply.

"There are in the letter referred to above, allegations involving both judgement and fact. Since all decisions based on opinion are subject to some controversy, I do not believe that further discussion of these issues in a publication of this kind is justifiable. Where facts have been distorted or deliberately falsified, however, there then is reason to put the record straight.

"The final allegation in the 'summary of important points' is that the Chairman of the long distance sub-committee failed to communicate with interested parties relative to the international tour. I have forwarded to you, Vince, along with this letter those portions of my file concerning the 1974 tour which have some bearing on this and other allegations. I would ask you to read this file in its entirety and then you decide whether I fulfilled my responsibility to communicate known information to the coaches and athletes involved in this international program. I would ask you also, as I must ask the person who wrote the 'open letter' to which this response is addressed... 'what is his/your real motivation?' Surely, it cannot be the enhancement of track and field and cross country for girls and women!

"Summary of important Points....A Response: (Ed. note:-The original points taken from Chuck Debus' 'open letter' are in parenthesis.)

(The coach and his two team members did not have to pay any travel expenses to Seattle while the other four members paid a total of \$900. Is this fair?)

"1. Members of the Falcon TC always have paid their share of the expenses for the international tour. What the writer did not mention is that the Southern Pacific Association gave each of his athletes one hundred dollars to help cover domestic travel expenses. The fact that he chose to use this money to fly first class to Vancouver BC on Sunday, rather to Seattle on Saturday as requested, also was not mentioned. For all other participants in this program, expenses above those covered either by the AAU or the USOC were pro-rated, with the Falcon TC paying its share.

(Why did the coach request the team to arrive at Seattle Pacific College before departing for Italy?)

"2. Like most volunteer committees the Long Distance sub-committee tends to operate unilaterally. While this may not be good administrative practice, it does get the job done. I have for years assumed most of the responsibility for the international cross country tour...including correspondence with the host nation, preparation of the entry forms, soliciting travel funds, communicating with the participating coaches and athletes and arranging transportation. Because there have been instances when bills were not paid on time, it has been necessary to work with an agency with whom I have rapport. Too, this agency has a direct working relationship with Air Canada making it possible for us to obtain youth fare rates from Vancouver, while holding confirmed reservations. This fact alone should answer other questions to which I will not directly refer.

(Why was the flight schedule so poorly planned that it took 36 hours to arrive in Milan?)

"3. The travel schedule was not poorly planned. Our plane was grounded in Winnipeg for repairs, thus causing us to miss our connection out of London and adding several hours to our trip.

(Why were return flight arrangements not completed prior to departure from the US?)

"4. Return flight reservations were made as you can see by the enclosed ticket bearing the name of Clare Choate. Because we were a small group, we were granted permission to extend our tour by visiting Paris at our own expense. We did this with the full realization that the flight home from Paris would involve some inconvenience.

(Why was it necessary to leave six days early when expenses were so limited?)

"5. It is a matter of judgement as to when an athlete ought to arrive at an international meet.

(Why was it necessary to leave from Vancouver when alternate plans proved to be less expensive?)

"6. It is a distortion of fact to say that alternate plans

proved to be less expensive. With the principle involved that AAU teams shall travel overseas in uniform and as a unit, I defy anyone to show me a less expensive, alternate route. We could from Vancouver utilize a youth fare on a confirmed basis. This was not possible at any other point of departure.

(If the expense money was not available to pay for the four athletes' flight to Vancouver, how did it suddenly become available to send the alternate (who was not eligible for the youth fare) in her place?)

"7. The alternate (specifically Cheryl Bridges) paid most of her own domestic travel expenses...except for those monies pro-rated to her from the Falcon Track Club...\$41.32.

(Why should the AAU save money at the expense of the athletes?)

"8. This question is not even relevant to the situation.

(The Chairman requested up-to-date competition marks in January and February to establish fitness level for the team members to see if the alternate would have to be used. Why did he refuse our request to see the competition marks of his own two athletes?)

"9. During the long distance sub-committee meeting at West Yellowstone, certain criteria were established to determine the 'readiness' of the 1974 cross country team. When these criteria could not be met due to the cancellation of the Pan-Am Cup race in San Francisco, it was decided that each team member would be requested to submit two mile times posted on a track to substantiate readiness. These times were to be verified by an association official and submitted simultaneously to Pat Rico and the chairman of the long distance sub-committee. It is difficult to understand why the UCLA coach should have assumed that these times also should have been sent to him.

"There is one final comment pertinent to this discussion. It concerns the allegation that Francie Larrieu would have run in Milan had she received a transportation subsidy between her home in San Jose and Seattle, Washington. The facts are that I talked with Francie by phone the night she ran her great race at Winnipeg. She commented at that time about the problem of having to purchase a ticket for domestic travel...When I assured her that she would be receiving a ticket, she indicated she would indeed like to run.

"Subsequently, Francie called to say that she was having some second thoughts and felt as if she 'needed time to think'. She later decided to go on vacation and her decision was accepted without question. In the meantime, however, I had purchased a ticket with my own money and forwarded it to Francie's home in California. That ticket, for the record, was for United Flight #308 out of San Francisco. The ticket number is 016-8012-680-155...check #4.

"Now, when the UCLA coach had most of the information revealed above before he wrote his 'open letter', I must ask again: What, really, is his motive?"



KARIN SMITH (Don Chadez photo)

HIGH SCHOOL TRACK RICHARD EDE, Editor

It's an unfortunate coincidence that I have received more good/great material for the WITF issue reserved by my editor for the preview of the National AAU Championships; therefore, he has asked me to keep this column short. (Ed.note:-This is a 'short' column?) With state meet results from 20 states and several other good marks reported, some fine performances by good athletes are going to be omitted from this month's report. My apologies and we shall try to acknowledge these persons later. In the meantime, this is going to be a series of meet summaries.

From WISCONSIN, we get the Class A results (May 31/June 1) with the notation, "No wind, anemometer readings taken, watches checked, course surveyed". SP/DT, Terry Simonsen (Racine Case) 46'11 $\frac{1}{2}$ /121'8; (SP, June Susterich, Wauwatosa West, 41'4 $\frac{1}{2}$), Kathy Neuenfeldt, Manitowac, 41'0 $\frac{1}{2}$; DT, Julie Pierce, Menomonee Falls North, 121'0. Mile, Lynn Mrin (West Allis Hale), 5:02.24 (electronic timing?), Liz Berry (Whitefish Bay) 5:02.87, Beth Heiden (Madison West) 5:07.31; 880, Morin 2:19.3 (2:18.55h), Berry 2:19.63 (2:18.95h), Heiden 2:20.19, (Heiden is a 4'10,80 pound freshman!), June Hickathier (Portage) 2:20.6; 440, Sue Tallard (Madison Memorial) 56.96, Sonia Knuth (Cedarburg) 58.26, Rose Spindler (West Allis Hale) 58.51; 220, Jane Dwyer (Madison East) 25.08, Lori Monk (Madison West) 25.49, Jean Schumacher (Wausau East) 25.74; HJ, Lynne Koehler (Madison LaFollette) 5'4; 440yR, Madison West (Jenny Schwartz-Lynn Hanson-Debbie Schmale-Monk) 49.51, 2-Milwaukee Custer 49.73; 880yR, Madison East (Mary Jagelski-Joyce Pond-Barb Nicholson-Dwyer) 1:44.65; 880yMedR, Madison Memorial (Barb Zaimen-Sonia Lee-Mary Gerlach-Tallard) 1:47.7, Madison West 1:49.05; 80yH, Diane Dieringer (Port Washington) 10.78, Mary O'Connell (Madison Memorial) 10.87, Dorothy Howard (Mil.Custer) 10.90, Anita Clayvon (Mil.Custer) 10.91; 100, Linn Grieb (Nicolet) 11.23.

Manchester used wins in the 440 and 880 relays (Labora Whitaker, Dian Sartain, Vanessa Anderson, Sherry Maxwell) at 49.2/1:44.2 and a 5'5 $\frac{1}{2}$ high jump by Carla Tart to capture the first TENNESSEE state meet at Overton HS in Nashville, May 25. Other winners included: 100/220, Teresa Baugh (Nashville North) 11.2/25.4 (legal winds); 880, Margaret Groos (Harpeth Hall) 2:13.4; Mile, Cathy Cooke (Brentwood Academy) 5:09.3; 8#SP, Margaret Martin (Memphis South) 39'1 $\frac{1}{2}$.

From Gaylor Wilcox come the HAWAII state meet results (as well as an excellent statistical publication "Hawaii Track"). 220/440, Cheryl Grimm (Kaiser) sophomore 26.4/58.2; 880, Lucille Chung (Roosevelt) 2:24.3 (2:20.9h); Mile, Joni Padala (Farrington) 5:18.5; 80yH, Miriam Loui (Kam) junior 11.1; SP, Julie Gabrido (Campbell) 42'0 $\frac{1}{2}$, Lele Misa (Kailua) 40'2 $\frac{1}{2}$; DT, Kris Sullivan (Kailua) 113'2, Gabrido 113'2. Jessica Malunco (Radford - alma mater of Waynette Mitchell) has a discus mark of 123'0 but did not place in the state meet.

CALIFORNIA's first ever state meet, with the winners of each section championship competing at Bakersfield, June 1, produced several fine marks. The San Diego's liberal interpretation of the "outside competition" rule, produced 100/220 winner Janice Wiser (La Jolla) with legal 10.8/24.2; 8# SP winner Kathy Devine (Mission Bay) 47'4 $\frac{1}{2}$ (51'1 $\frac{1}{4}$ in her sectional meet); and HJ runner-up Cindy Gilbert (San Luis Rey Acad.) Gilbert bowed to Pam Blackburn (Cubberly) who was over 5'8. Other outstanding marks: 220, Marie Nickson (Berkeley) 25.1; 440, Veronica Venezia (Terra Linda) 56.4, Barbara Moore (Royal) 57.1; 880, Cathy Costello (Pleasant Hill) 2:10.4, Joyce Anderson (Inglewood Morningside) 2:12.8, Alcie Trumbly (Coal-inga) 2:13.7; Mile, Jill Caldwell (Westminster) 5:02.2; Patsy Cervantes (Corcoran) 5:08.9, Kathy Keyes (Tamalpais) 5:10.3, Tine Annex (Del Campo) 5:11.3; 440yR, Berkeley 47.5, Muir 48.5, LA Washington 48.8; 880yMedR, Berkeley 1:46.4, LA Washington 1:47.4, Royal 1:47.7; 80yH, Yvonne Boone (Oakland Fremont) 11.1 (w +2.2), Kathy Schentrup (SJ Willow Glen) 11.1; LJ, Jodi Anderson (LA Washington) 19'7 (w +1.8); SP, Vera Peko (LA Carson) 46'8 $\frac{1}{2}$, Judy Lane (Wheatland) 43'9 $\frac{1}{2}$; HJ, Suzy Boehner (Concord Clayton Valley), Jill Towrey (Bakersfield Highland) and Sue Long (Gahr) all 5'4.

Youngsters and one old-timer dominated the MINNESOTA state meet as Cooper sophomores Eva Kruger and Cindy Seikkula won the mile and 880 respectively (5:12.0/2:13.5), frosh Mary Grinaker (Moorhead) took the 60yH in 8.2 and Lisa Olsgaard (Moorehead) repeated her 1973 100/220 double (11.3/26.0). Other good marks: SP, Kathy Griffin (Dilworth) 39'7 (weight?); 440, CeCe Cox (Mounds View) 57.4; 880, Paula Class (Highland Park) 2:15.7; Mile, Annette Class (HP) 5:15.5; 110yH, Lynn Larsen (Moundsview) 15.2; 880yR, Moorhead 1:47.5; HJ, Cheryl Stolaz (Owatona) 5'5.

It rained on the University of Massachusetts track during the field events, but cleared up for the running in the MASSACHUSETTS meet. Falmouth won the meet despite being disqualified after finishing first in the 880y medley relay and finishing second in the 440y relay and having Karen Halloran disqualified in the 220 after a third place finish. (Ed.Note:-Why?) 220, Patty Holcomb (Dartmouth) and Karen Keith (Brookline) both 25.0; 440, Tammy Hennemuth (Falmouth) 58.0; 880, Johanna Forman (Falmouth) frosh, 2:14.6; Mile, Cindy Shepherd (Falmouth) 5:16.0; 80yH, Michelle Dufresne (Falmouth) 10.8, (no wind info); 8#SP, Thalia Holmes (Brockton) 40'7 $\frac{1}{2}$; DT, Alexis Williams (Brockton) 123'11; HJ, Cheryl Metcalf (Weymouth North) 5'3. All the Falmouth wins were new records and the school loses only Shepherd to graduation. Also with these results, your HS Editor learned what a "1-1-1" rule is, (One field-one run-one relay limitation on athletes). Without this rule, Falmouth's win might have been awesome.

VIRGINIA's AAA Championships at Woodbridge on May 18, featured a number of double places: 8#SP/DT, Jackie Gordon (Woodson) 43'11/137'2; HJ/LJ/220, Paula Girven (Gar-Field) soph, 5'7/18'1 $\frac{1}{2}$ /26.1; 80yH, Michel Harden (Mt.Vernon) 10.5, Sharon Richardson (Kecoughtan) 10.5; 440, Sherry James (Groveton) 58.3.

Across the border in MARYLAND, the Clagon twins from host Largo were impressive as Paula won the 440 (56.9) and Paul-ette was second in the 220 (25.5) and they teamed with Joyce Perry and Carolyn Groom to win the 880yR in 1:45.2. Denise Washington (DuVal) was the star of the show, winning the 60 in 7.2, the long jump at 18'8 and anchoring the winning 440y relay in 50.2 and was second in the 100 at 11.4. Gaithersburg's Dottie Rowe annexed both middle distances (2:23.6/5:26.1); DT, Pat Taylor (Franklin) 121'10; 220, Terry Walker (Aberdeen) 25.2; LJ, Phyllis Hull (Wicomico) 18'5 (fell back from 19'9 $\frac{1}{2}$).

NORTH DAKOTA's results include hurdle spacing and height (30''/13m/8.5m...9 hurdles?), weights of the implements (8#/1K) and weather conditions (warm, slight winds). Why can't everyone else include these important points? 110yH, A, Lisa Ulmer (Fargo South) 15.29, B Twila Keim (Lakota) 15.27 (fully electronic timing?); (Keim also was third in LJ, 4 $\frac{1}{2}$ in 220 and won the 440 in 59.81); 100, Carol Cornell (Belfield) 11.28w; 220, Donna Fischer (Dickenson) 26.03w; DT, Evonne Vaplon (Sargent Center). Valley City won all three longer relays (880, 880yM and mile) and ran second in the 440.

NEBRASKA contests its state meet in divisions and awards gold medals to the best section winner in each event. Mary Lou Jasnock (Oshkosh) walked off with three of them in the 50/100/220 in 6.0/11.0/24.9, although the results I have are incomplete. Notable marks: 440/220, Danis Richards (Benkelman) 57.6/25.3; 880yR, Hastings St. Cecilia 1:43.2; Hurdles (no distance given) Judy Dostel (Howells) 10.7, Juanita Orduna (Omaha Central) 10.7; DT, Judy Johnson (Lincoln) 122'1; LJ, Nancy Kindig (St. Cecilia) 18'9 $\frac{1}{2}$; HJ, Karol McKenzie (Elwood) 5'3 SP, Donna Short (McCook) 43'7 $\frac{1}{2}$.

IOWA's 19-event state meet at Drake Stadium, May 17/18, produced its usual array of fine results. Debbie Esser (Woodbine) again dominated the hurdles running 14.0 over 100m and 28.8 over 220y lows. It took a fine 29.8 to even qualify for the final in the latter race! Despite rain and wind which finally forced the high jump to go indoors, the marks were excellent. 220, Julie Olson (Clay Central) 25.1; 440, Sue Haynes (Webster City) 55.9; 880, Rosemary Holden (Scranton) 2:13.6 and mile 5:13.3, Paula VanderBeck (North Mahaska) 5:14.7; 100mH, Jeannine Brotherson (BGM) 14.2, Doreen White (Laurens) 14.5; HJ, Patty Grubb (Burt) 5'4 - 18 over 5'0; DT, Cora Hanson (Elgin Valley) 130'3; 880yR, Woodbine 1:43.9; MileR, Woodbine 4:00.5 (3:57.4h); 880yMedR, Woodbine 1:50.3.

WASHINGTON's state meet was a two-class affair with the AA meet at the University of Washington and the A at Goldendale. Mitzi McMillin (West Seattle) doubled the 80yH/HJ in 10.5/5'4 and Linda Jones (Lakes) took the sprints in 11.4/25.4. Top marks of the two meets: 440, Rachel Yeager (Edmonds) 57.6; LJ, Sherron Walker (Everett) 19'5; SP, Linda Rankin (Woodway) 40'5 $\frac{1}{2}$; DT, Ann Seelye (Mercer Island) 127'5; JT, Tracy Chilcote (Selah) 150'6. With Seattle Pacific College restricting all scholarships to men's basketball and women's track, Denise Anderson (Shoreline) a 58.0 performer, is a recipient. McMillin is headed for the University of Colorado on a scholarship. Debbie Adams (Roosevelt) a freshman who ran second in the 100, has clocked 24.9 this year over 220. McMillin has bests this year of 10.2 (80yH), 5'7 $\frac{1}{4}$, 19'7.

NEW JERSEY was another state to hold its first girl's state meet on June 8 at Rutgers University. Prior to the state meet were state "group" meets with divisions along school size lines. Those results are the latest we have. Top marks: 110yH, Michelle Bressant (Woodbridge) 15.0; 100, Vanessa Hugley (Glen Rock) 10.9; 440, Marie Clough (Franklin Township) 57.7; Mile, Hilardy Noden (Hopewell Valley) 5:03.9; 2M, Eileen Meenen (Mater Dei) 11:37.8; MileR, Toms River Sth 4:01.2; LJ, Yvonne Smith (Monmouth Regional) 18'5½; SF/DT, Martha Suhayda (Matawan Regional) 40'1¼/125'0; JT, Nancy Neilson (Red Bank Catholic) 124'0. In the sectionals, Clough ran 57.5.

In MICHIGAN, Anita Lee led her Cass Tech team to a win with firsts in the 80yH/LJ (10.7/17'0¼), second in the HJ (5'6) and a leg on the winning 880yMed relay (1:49.0). Josephine Hobbs of Detroit Central won the sprints (11.0w/24.8w), Sue Parks (Ypsilanti) took the 880 (2:14.4) and 85 pound freshman Mary Ann Opalewski (Saginaw MacArthur) won the mile (5:11.0) as AAU runners dominated the meet. 220, Susan Latter (Clarks-ton) 25.2; 440, Mahalia Ewell (Flint Northwestern) 58.9; Mile, Ann Forshee (Ann Arbor Huron) 5:11.8; 80yH, Sari Johnson (Saginaw Eisenhower) 10.9; HJ, Ellen Dempsey (Howell) 5'6, Sue Doyle (Clio) 5'5, Linnell Jones (Flint NW) 5'5, Terri Johnson (Muskegon) 5'4, Laura Borrer (Flint Ainsworth) 5'4.

SOUTH DAKOTA's state meet had some good marks. 100/220, Lisa McDowell (Sioux Falls O'Gorman) 11.0/26.1; HJ, Kay Oswald (Gary), Vera Schlosser (Cresbard) and Joan Brockhaus (Rosholt) all cleared 5'4. State record-holder (42'6) Fran Hoogestraat (Lennox) was defeated in the shot by Pam Porter (SF Washington) who put 42'0.

COLORADO divided its state meet into 3A and 2A and freshman twins Yvette and Yvonne Taylor (Fountain) highlighted the small schools meet. Yvette won the 100 (11.2) and was second in the 220 (25.4). Yvonne was second in the 50 and both girls ran on the winning 440y relay. In the AAA meet, Jackie White (Pueblo South) claimed a 10.8 century and a second to Donna Washington's (Denver Manual) 5.8w 50. Other marks: 440, RADIUS Guess (Manual) 58.1; 880yR, Jefferson 1:44.9; LJ, Carol Hancock (Lakewood) 18'7¼; HJ, Lori West (Denver East) 5'5.

KENTUCKY's meet was divided into AAA (Jefferson County held on asphalt in Louisville) and AA and A (large and small schools held on Tartan at Western Kentucky University). Stephanie Hightower (Ft. Knox) captured both hurdles (50/80) at 6.9/10.6 and Sally Sligar (Ballard) took the distances (2:18.3/5:18.3) as well as running a leg on the winning mile relay team (4:10.3). Outstanding marks: 100, Pat Blackburn (Lexington Lafayette) 10.8; 440, Sharolyn Shannon (Paducah Tilghman) 58.0; 80yH, Ava Wilson (Madisonville) 10.9; 440yR/880yR Lexington Lafayette 49.4/1:44.5; MileR, Boone County 4:02.2; SF, Opal Hamilton (Paducah Tilghman) 40'1; LJ, Lisa Samuels (Louisville Hale) 18'6.

Sheila Ingram's (Coolidge) 55.8 quarter highlighted the DISTRICT OF COLUMBIA championship meet. Cheryl Butler (Woodson) and Toni Jones (McKinley) both cleared 5'5½ in the high jump with Butler claiming the win as she also did in the long jump at 18'5½. Ingram also won the 220 in 25.8. Carl Phillips reports the meet was held in 90° weather with no wind.

NEW YORK CITY apparently holds a team championship meet and an individual championship meet. Tottenville's Rosemary Giampomo claimed the outstanding mark of the two days with her 58.9 quarter.

Sketchy results from NORTH CAROLINA state meet list some fine marks also. Kathy McMillian of Raeford Hoke set two meet records long jumping 18'0 and winning the 220 in 25.6. Kathy Taylor Greenville-North Pitt breezed a mile record in 21.1 and Kathy Kittrell (Morehead City-West Carteret) lowered her own 880 record to 2:27.3.

Not state championship meets, but certainly deserving of mention here are the USTFF meet at Wichita and the newly "integrated" International Prep in Chicago. At Wichita, Debbie Esser (Woodbine, Iowa) won the 100mH for the third straight year (14.3-33"), ran second in the 330H (44.9) and third in the 440 (57.2) to finish second in individual scoring to Debra Sapenter of Prairie View A&M College. Louise Ritter (Red Oak, Texas) won the HJ (5'6) as Sue Deppe (Ames, Iowa) ran second in the 880 (2:13.9) and third in the 330H (47.3). Marsha Talley (24.4 in the Texas state meet) ran 25.0 in both her heat and semifinal (wind-aided semi), but did not make it to the final. Other high school placers: 880, 3-Rosemary Holden (Scranton, Iowa) 2:16.4, 4-Becky Muhe (Van Buren, Iowa) 2:18.2, 6-Julie Harris (BCI, Iowa) 2:19.0; Mile, 2-Holden 5:10.0; 100, Christi Womack (Connally, Waco, Tex) 11.0; 440, 6-Linda Bruning (Willow, Iowa) 57.9; LJ, 2-Jan Smith (Dighton, Kansas) 18'1¼.



Ridgewood, New Jersey, two mile relay team which ran 9:46.3. LtoR, Jane Green, Cyndi Hansen, Nancy Reed and Kandie Latham. (Erica d'Elia photo)

The pentathlon seems to be catching on. 347 girls participated in a pentathlon at Williamsburg. Lee Ann Uhlenhopp (Aplington) led all finishers with 3052 points. In a special pentathlon at UCLA recently, three high school students followed 8th grader Elaine Roque (3174). Chris O'Brien (3065) took second, followed by Jenny Stary (Claremont) 3006 and Corny Sonnenburg (Upland) 2877. It was Sonnenburg's first-ever 100mH, first-ever high jump and first-ever 4K shot competition.

Next month we will try and catch up on the individual meets we were unable to include in this issue and also to have a state meet comparison chart. Send results and PICTURES to Rich Ede, 627 N. Indian Hill Blvd, Claremont, California, 91711

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