

WOMEN'S TRACK WORLD

**The Pros & Cons
of Jogging**

Mt. Sac Relays

**UCLA - Pepsi
Invitational**

JUNE 1980
VOL. 11, NO. 10
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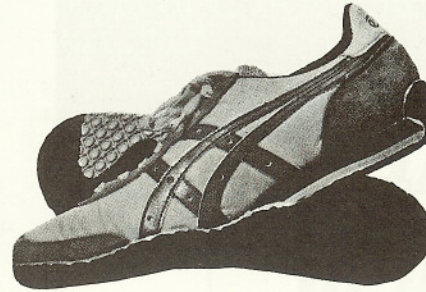
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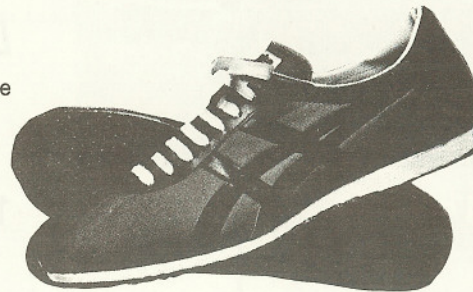
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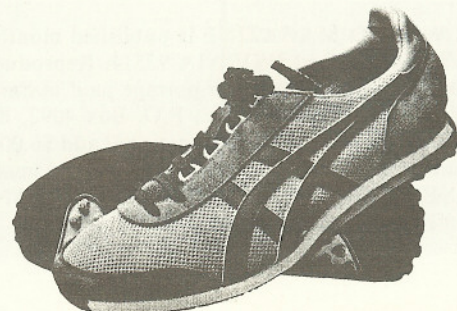
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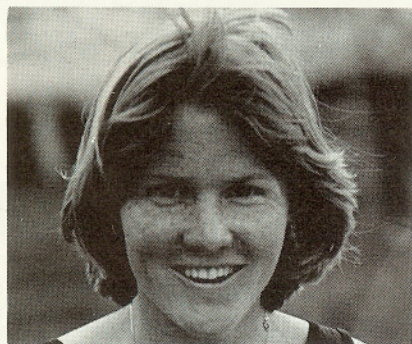
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COVER PHOTO: Ilona Slupianek, East Germany, New World Record in Shot Put — Photo by: Mike Bailey

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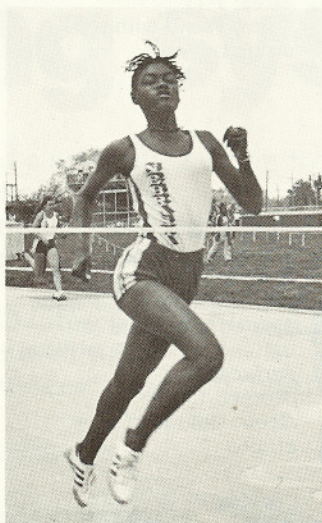


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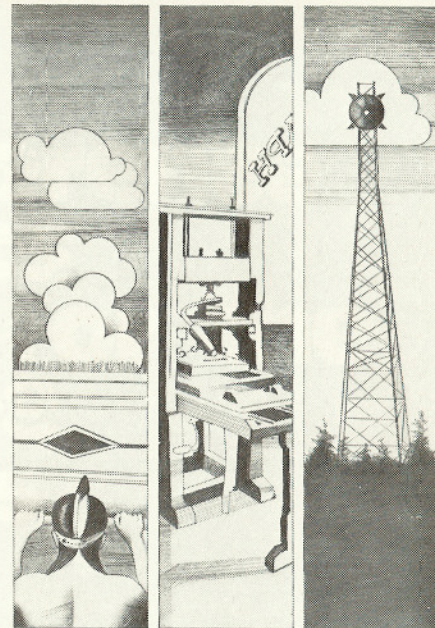
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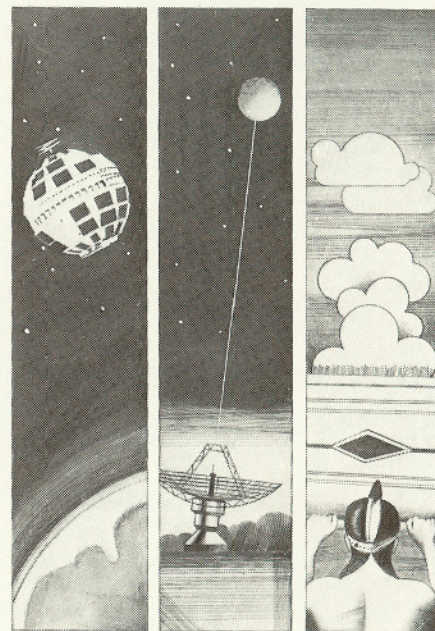
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KALEIDOSCOPE

Trivia time: Is it correctly called "Texas Women's University" or "Texas Woman's University"? Answer below . . . UTEP informs us we listed Jennifer Smit as attending Arizona State which is not where she goes. Jennifer is now and always has been at UTEP, but you know how it is — those foreigners all look alike . . . Don't be confused. Sue Lee runs for the West Valley Track Club but Sue-Mei Lee competes for the Southern California Road Runners. Of course, Sue is 50 and Su is only 18 if that helps your identification problems . . . Kansas' Janel Le-Valley was out of competition for 1980 with Achilles trouble . . . L'eggs Products has named Sharon Barbano as "special running advisor" . . . Spokane City College's Karen Crull entered four events in a meet on April 19 and recorded four personal bests — can't beat that. Crull's events were shot, 100 hurdles, 100 dash and discus.

Nancy Stavn, head cross country and

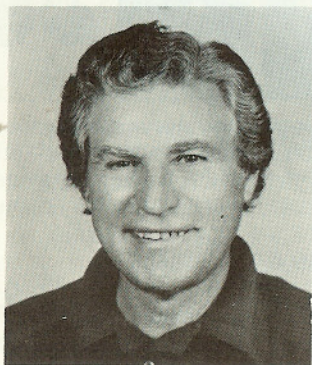
track coach at North Dakota State, has resigned . . . Carrie Craven, Ohio State distancer, quit the team in April. Craven won two events at the 1979 Big 10 Championships . . . Great brochure, as usual, by Lyle Knudson on the Pentathlon. If you want a copy, write him at UMC 77, Utah State University, Logan, Utah 84322 . . . How to make your coach gray headed: Jackie Washington of Northridge, sprained her ankle while trying out for cheerleader. Jackie was on crutches for a spell . . . Tessa Sanderson, the third-best javelin thrower in history, will work on the heptathlon after the Olympics. With the addition of the spear throwing and the 200 (which she can amble in the 24 second vicinity), Tessa should be pretty tough to beat in this new event.

Whatever happend to Natalie Rocha, Nanette Torrey, Maureen Caird, Kathy Guiney and the Toledo Road Runners??? . . . And the Ravenswood Juliettes? . . . Name I like for the month: Nina Red-

cherries from Plano, Texas, High School . . . Tufts University has named Diana Pilson as the outstanding female athlete at that institution. Tufts says "she's tuff" . . . We asked Sherry Calvert, USC coach, where she came up with the strange scoring system used at USC this season. Seems everyone has been out of step except Sherry. "That's the new rule", says she. Perhaps it would be a good idea for the AIAW coaches to read the rule book at least once a year. If that's the way the governing body says it should be scored, then everyone should do it. An extra star in the crown for Calvert . . . Trivia answer: If you want to make points with the TWU group, correctly identify them as "Texas Woman's University" . . . From the coach's bulletin board: "If you have class, you don't need anything else. If you don't have it, no matter what else you do have — it doesn't make much difference."

WTW

REEL OFF



When I left the party, I was in a hurry to get home and sit down at my typewriter to write the things I had seen. I was sure I had witnessed a miracle as the officials of the Mt. San Antonio Relays staged a "Welcome Party" for all the foreign athletes entered in this prestigious meet. But before I got home, I began to wonder if I had really seen a miracle. And so I waited several days before reporting on this happening in Walnut, California.

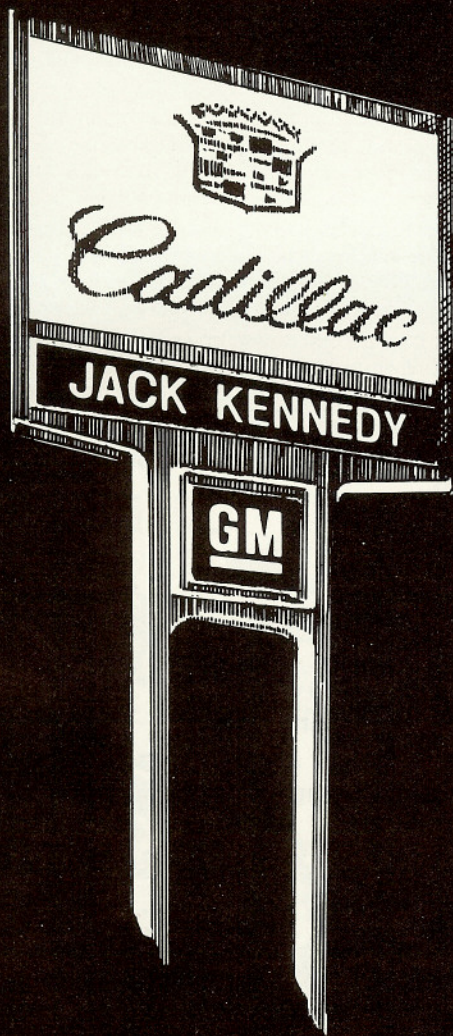
What had I actually seen? True, there were athletes and officials from Mexico, France, the Scandinavian countries, both Chinas, Canada, Germany. And wonder

of wonders, they conversed with each other. They danced with each other. The Communists danced with the Nationalists. The Socialists danced with the Capitalists. The Marxists danced with the Fascists. Friendships were formed.

And what I had witnessed was, after all, not a miracle. It was the simple mixing of individuals from various parts of the world. Put young people together in a room with a little disco music and they all react the same way. What a pity we can't get rid of those Government types who continually louse up human relations.

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THE BEST DIET:

Eat Sensibly and Exercise . . .

By Susan Magrann, RD

Susan Magrann is a registered dietician with a masters degree in nutrition. She is in private practice as a consulting nutritionist in La Palma, California.

Have you spent time and money trying to lose weight without any lasting success? If you can spare 30 minutes everyday, your search for the perfect weight control program is over.

The key to permanent weight control is sensible eating and regular exercise. You are probably aware that decreasing your caloric intake results in weight loss but, like many people, you may have overlooked the benefits of increased physical activity.

Regular exercise does not mean an occasional backpacking trip or playing tennis on the weekends. It means spending at least 30 minutes or more everyday participating in some type of physical activity.

An exercise program helps shed extra pounds in four ways; exercise burns calories, increases metabolism, builds muscle and controls appetite.

The number of calories which are burned in 30 minutes of various activities are shown in the accompanying chart. Remember that to lose one pound of fat, you must increase your physical activity or reduce your caloric intake by 3,500 calories.

Using the chart you can see that running at 5.5 mph for 30 minutes utilizes 290 calories. This is where many exercise buffs become confused. You may conclude too quickly that exercising is of little value because you have to run five hours to lose one pound. The secret is you do not have to do the running all in one day. If you run 30 minutes a day, in 10 days you will lose a pound.

If you start your 30 minute exercise program today, in one month you will lose: 1.2 pounds from swimming (20 yds/minute); 1.5 pounds from roller skating; 2.1 pounds from walking (5 mph); 2.5 pounds from running (5.5 mph); 3.3 pounds from bicycling (13 mph); 3.8 pounds from running (10 mph).

To lose an additional two pounds of fat per month, reduce your daily food intake by 250 calories as you continue exercising. The calories add up easily from only three ounces of beef, 19 ounces of beer, one cup of ice cream or 20 potato chips.

Exercise does more than just burn calories during physical activity. For several hours after you stop exercising, your body's metabolism is increased. This means you are burning calories at a faster rate.

So, if you exercise before going to work, for the first few hours you will be burning calories at a faster rate than a co-worker completing the same tasks.

A third advantage of a regular 30 minute exercise program is that your body will build muscle while losing fat. Muscle is a very active tissue and burns proportionally more calories than

inert fat. Therefore, having increased amounts of muscle tissue is desirable.

Consider this example: Tom and Pete both weigh 180 pounds. By engaging in regular exercise, Tom is more fit than Pete who limits his exercise to tennis on the weekends.

Tom's 180 pound body is composed of 153 pounds of muscle and 27 pounds of fat while Pete has 126 pounds of muscle and 54 pounds of fat. Although both men weigh the same, Tom can consume more calories and still maintain his weight because he has more muscle and burns calories at a faster rate.

Unfortunately, some people in their haste to lose weight will also lose muscle tissue by following a diet too low in calories. This forces the body to burn both fat and muscle for energy. A safe weight loss is one to two pounds each week.

When your body builds muscle, you will begin losing inches instead of pounds. This is because muscle is heavier than fat.

Calories burned for 30 minutes of activity*

Activity	Calories
Bicycling (5.5 mph)	105
Golf	125
Hiking (20 lb. pack/2 mph)	135
Bowling	135
Swimming (20 yds./minute)	135
Walking (3 mph)	135
Fencing	150
Square dancing	175
Volleyball	175
Roller skating	175
Table tennis	180
Skin diving	200
Tennis	210
Walking (5 mph)	250
Ropeskiipping	250
Swimming (40 yds./minute)	270
Running (5.5 mph)	290
Bicycling (13 mph)	330
Running (10 mph)	450

*Based on a 150 pound person

Therefore, a pound of muscle occupies less space in your body than a pound of fat. You'll wear smaller size clothes even though the scales indicate your weight is the same.

Regular exercise is also desirable because it helps control your appetite. The control mechanism, which regulates the sense of hunger and satiety, does not operate at very low activity levels. This is why sedentary individuals can eat a large meal and still be hungry.

Exercise helps relieve boredom eating. Running, biking or other physical activities will get you out of the house and away from the tempting refrigerator.

Depression can also lead to overeating. People who are physically fit have a better opinion of themselves and a more optimistic outlook on life. They take out life's frustrations through physical activity instead of chewing activity.

Once you have decided to help control your weight through exercise consider this warning. Do not ruin your good intentions by attempting to break a world's record in the first month of training. Your body will rebel.

After being cleared by your physician, work slowly into your exercise program. If you train too hard and must gasp for air, you will limit your body's oxygen supply. Without adequate oxygen, your body burns glucose for energy instead of unwanted fat. You should always be able to breathe comfortably.

Are you ready to take the first step? Get started tomorrow and throw away your collection of fad diets. This proven formula of sensible eating and exercise will not only let you lose weight forever but you will look and feel healthier.

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MT. SAC RELAYS

Walnut, California, April 17/20 — Four days of top flight track and field competition made the 21st edition of the Annual Mt. San Antonio Relays one of the best meets of the 1980 season. The answer to the question which was the most outstanding went leaves one with a blank for nearly every event produced good marks. Jan Merrill was selected as track athlete of the meet for her twin wins in the 1500 and 10000 while Arizona's Meg Ritchie won the outstanding field event performer for her toss of 201'4 in the disc. But their selections were marginal.

Merrill took the 1500 in 4:13.6 after battling traffic for nearly two laps. Brenda Webb led at the end of the first lap in 69.4 with Merrill doing her best to get out of pockets and boxes by running wide plus some zigging and zagging crossing the starting line for the first time nearly two seconds back in 71.1. Maggie Keyes took over the lead at the end of the second lap in 2:18.5 with Webb second and Merrill now third. Keyes kept the lead past the end of the third lap in 3:25.3 with Merrill on her shoulder ready to pounce and Webb close behind. Merrill toured the final 400 in 65.7 to win by a little more than two seconds over Webb (4:15.8) and Keyes (4:16.0).

In the ten thousand, Merrill did not have the competition to push her to a hoped-for new American record, and although after the first mile she had athletes spaced all around the track to aim at, she never came close to the record and looked tired over the final four laps winning in 35:02.7s.

Yolanda Rich ran a well-timed race to take the 400 in 52.19 over Sharon Dabney (52.90). Gwen Gardener led the fine field for the first 300 with Rich back in the pack. Gardener faded over the last century as Rich, timing her kick just right, won by a good margin over Dabney, Lorna Forde and Arlise Emerson.

Robin Campbell took the 800 easily in a good 2:02.7. Campbell went right to the front as is her custom and led at the 200 in 29.5 over Anna Marie Oredon of Mexico and Ann Regan. At the 400 it was Campbell in 61.0 with Oredon and Regan still second and third. By the 600 mark, Campbell led in 1:32 with Canada's Monica Joyce now in second. With only 180 meters to go, someone woke up Ruth Caldwell who had been jogging along next-to-last during the entire race, and she responded by zipping into second place at the finish.

The sprints produced some fast times and some upset winners. Dolly

Fleetwood took the 100 in a speedy 11.30 over Lisa Hopkins of the Inglewood Panthers who also clocked 11.30. Right with them was Naturite's Alice Brown in 11.31. Hopkins garnered another silver in the 200 when she chased Jackie Pusey across the line. Pusey clocked 22.95 with Hopkins at 23.17s. The 200 was wind-aided.

Deby LaPlante looked very good winning the 100m hurdles in 13.16 with a returning Pat Van Wolvelaere next in 13.57 and Northridge's Jackie Washington fast improving at 13.63.

In the field, Ritchie met strong opposition in the discus from Lorna Griffin who upped her American record once again with a toss of 193'10 to Ritchie's 201'4. The discus had a fine field as did all of the field events.

England's Tessa Sanderson won the javelin joust over Kate Schmidt, 200'2 to 193'11. The long jump produced some strange results. In Saturday's "featured invitation", Germany's Ulrike Paas won with a wind-aided 20'8 1/4 over Wisconsin's Pat Johnson (20'6) and New Jersey highschooler Carol Lewis (20'4 3/4). But in Sunday's program, Jennifer Innes representing Cal State Los Angeles won at 20'11 1/2 over Germany's better-known Anke Weigt (20'10 1/4). Weigt also won the hurdles on Sunday in 13.58. The long jump saw old timers Judy Rejebian, Vicki Betts and Roxanne Keating over the four days of competition with Keating winning the Junior College Division.

On Saturday a 4x100 relay team of Jennifer Innes-Yolanda Rich-Rosalyn Bryant-Jackie Pusey representing the Ali Track Club won in 44.75. On Sunday, a team of Innes-Rich-Vough-Pusey won the 4x100 in 46.16 representing Cal State Los Angeles. The Ali Club won the 4x400 on Saturday in a swift 3:38.0 for a 54.2 average.

There were fine marks in the high school, junior women and age group events also. Lynette Morgan of Arizona won the 12/13 800 in 2:14.5, Monique Robinson (San Diego Cougars) took the 12/13 sprints in swift times of 12.40 and 25.10 and 13 year old Andrea Rolfe edged Michelle Taylor to win the 400 in 56.58 to 57.85. Tippi Hall of the Long Beach Comets took the Junior Women's 400 in 55.60 and the Comets won the medley in 1:44.9.

Athletes came from England, both Chinas, Barbados, Jamaica, Germany, France, Mexico and Canada but the most impressive runner of the four days was Lisa Padillo of the Southern California Thunderbirds. Lisa is about a foot tall,

weighs nearly 40 pounds and is eight years old. All she did was to win the 800 in 2:37.0, come back and win the 1500 in 5:15.8 and then return for a second place finish in her 400 section in 73.62. I don't know what Lisa will be doing 15 years from now on the track, but today she was sensational!

RESULTS: (Saturday, April 20): **Half Marathon**, Sue Kinsey 1:20.29; **10k walk**, 1—Vicki Jones (CalWalkers) 55:14, 2—Diane Uribe (CalWalkers) 55:37; **4x800**, 1—LA Mercuresses (Gutowski-Law-Peterson-Warner) 8:47.7, 2—Chung Hwa TC (ROC) 8:54.7, 3—SC Northridge 8:57.0, 4—CP/SLO 9:05.7; **5000**, 1—Kim Schnurpfeil (Stanford) 16:54.7, 2—Marjorie Kaput (Arit+T (Stanford) 16:54.7, 2—Marjorie Kaput (Ariz) 17:04.3, 3—Linda Heinmiller (SMTC) 17:10.4; **4x100**, 1—Ali TC (Inness-Bryant-Rich-Pusey) 44.75, 2—West Germany 45.84, 3—San Diego State 47.15, 4—UC Berkeley 47.16; **400h**, 1—Sandy Myers (LANTC) 59.85, 2—Karen Taylor (LANTC) 60.02, 3—Linda Hightower (UCSB) 61.00 . . . 6—Mary Ayers (Houston AC) 63.44; **4x400**, 1—Ali TC (Bryant-Rich-Cair-Pusey) 3:38.0, 2—LA Mercuresses 3:43.3, 3—Chung Hwa TC (ROC) 3:52.0; **HJ**, 1—Debbie Brill (PCC) 6'1 1/4, 2—Maggie Garrison (Sports West) 5'11 1/4, 3—Pam Spencer (LANTC) 5'11 1/4; **1500**, 1—Jan Merrill (AGAA) 4:13.6, 2—Brenda Webb (Knoxville TC) 4:15.8, 3—Maggie Keyes (CP/SLO) 4:16.0, 4—Lynn Kanuka (SDS) 4:24.2; **JT**, 1—Ressa Sanderson (GB) 200'2, 2—Kate Keyes (PCC) 193'11, 3—Celeste Wilkinson (ASU) 164'2, 4—Linn Dunton (KCBQ) 164'1, 5—Mary Osborne (Stanford) 160'11; **SP**, 1—Shen Li-Juan (Un/PROC) 57'8 1/2, 2—Lu Cheng (Un/PROC) 54'11 1/4, 3—Melody Rose (Ali TC) 50'5 1/4, 4—Carol Van Pelt (SW) 50'3 3/4, 5—Marcia Mecklenberg (SW) 49'5 1/2, 6—Heidi Kauti (UCLA) 48'5 1/4; **100m**, 1—Dollie Fleetwood (SCC) 11.30, 2—Lisa Hopkins (IngPan) 11.30, 3—Alice Brown (LANTC) 11.31, 4—Jeanette Bolden (LANTC) 11.52, 5—Florence Griggith (LANTC) 11.54, 6—Kelia Bolton (UC Berkeley) 11.56 (Wind +.09); **100H**, 1—Deby LaPlante (SDS) 13.16, 2—Patty Van Wolvelaere (KCBQ) 13.57, 3—Jackie Washington (LANTC) 13.63, 4—Dai Jian Hua (Un/PROC) 13.68, 5—Cecelia Branch (UNLV) 13.76, 6—Cheryll Hawthorne (UC Berkeley) 14.06, 7—Lisa Gouridine (UCLS) 14.23, 8—Mary Ayers (Houston AC) 14.50; **LJ**, 1—Ulrike Paas (Germany) 20'8 1/4, 2—Pat Johnson (Wis) 20'6 1/4, 3—Carol Lewis (Un/NJ) 20'4 3/4, 4—Sandy Crabtree (USC) 20'4 1/4 . . . 8—Gwen Loud (UCLA) 19'2 1/4 . . . 10—Lisa Gouridine (UCLA) 18'0 3/4; **400**, 1—Yolanda Rich (Ali TC) 52.19, 2—Sharon Dabney (Clippers TC) 52.90, 3—Lorna Forde (Atoms) 53.23, 4—Arlise Emerson (UCLA) 53.50, 5—Marian Franklin (UC Berkeley) 54.05, 6—Gwen Gardner (LAM) 54.06; **200**, (Wind +2.30mps), 1—Jackie Pusey (Ali TC) 22.95, 2—Lisa Hopkins (IngPan) 23.17, 3—Verona Elder (GB) 23.75, 4—Gaby Bussman (Germany) 23.81, 5—Miche Pacette (Canada) 24.02, 6—Pam Greene (Un/Col) 24.25; **800**, 1—Robin Campbell (Stanford TC) 2:02.7, 2—Ruth Caldwell (Sub-4) 2:06.8, 3—Monica Joyce (SDS) 2:07.1, 4—Ann Regan (WVTC) 2:07.7, 5—Cynthia Warner (UCLA) 2:08.4, 6—Regina Jacobs (LANTC) 2:09.8, 7—Anna Marie Oredian (Mexico) 2:10.1; **DT**, 1—Meg Ritchie (Arizona) 201'4, 2—Lorna Griffin (Un) 193'10, 3—Helene Connell (Un) 179'1, 4—Lynn Winbigler (OreTC) 177'10, 5—Jan Svendsen (Un) 173'3, 6—Lisa Vogelsang (Un) 171'2, 7—Julia Hanson (SW) 151'0; **5000W**, 1—Sue Brodock (SCRR) 24:33.5, 2—Jody Hunt (Un) 28:32.6; **10000**, 1—Jan Merrill (AGAA) 35:02.7, 2—Wendy Walker (CS Northridge) 36:29.1, 3—Pam Morris (SMTC) 36:34.4.

(Thursday, April 17 — Junior College Division): **DisMed**, 1—Glendale (Ewing-Woodruff-Correla-Adams) 12:24.9, 2—Orange Coast 12:30.6; **4x100m**, 1—Alameda (Cobbs-Tanner-Brown-White) 47.5, 2—Bakersfield 47.8, 3—Mt. SAC 48.0; **HJ**, Phyllis Blunston (El Camino) 5'8; **800 Med**, Bakersfield 1:47.4, Mira Costa 1:49.4; **LJ**, 1—Roxanne Keating (Meas, AR) 19'2 1/2, 2—Cindy John (Pima, AR) 18'11 3/4; **4x400**, 1—Orange Coast (Held-Sprink-Little-Melton) 3:53.2, 2—Compton 3:55.7, 3—Mesa 3:55.9; **3000**, 1—Tara Slatton (Grossmont) 10:07.0, 2—Lite Whitman (Grossmont) 10:07.0, 3—Taeresa Ramirez (SDCC) 10:07.6; **4x1500**, 1—Orange Coast (Forree-Gonzales-Hamasaki-Sprink) 20:06.3, 2—Glendale 20:28.3.

(Friday, April 18 — High School Division): **4x1500**,

4x1500:

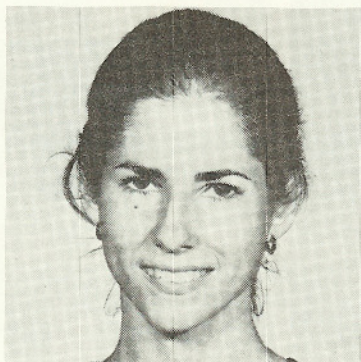
1—Arcadia (Moore-VanKirk-Pappas-Youmans) 21:06.1, 2—Claremont 22:06.2; 4x400, 1—Thousand Oaks (Kind-Lavender-Privee-Harmon) 3:57.8, 2—University 3:58.8; 100mH, 1—Marilyn Harmon (Thousand Oaks) 14.19, 2—Laura Mills (University) 14.33, 3—Chuan-Lan Shiau (Chung-Hwa/ROC) 14.77 (Wind +1.93); 100m, (Wind +0.74), Zelda Johnson (Garey) 12.16; HJ, Laura Mills (University) 5'8"; DT, 1—Leslie Deniz (Gridley) 164'1, 2—Jing-Vei Renn (Chung-Hwa/ROC) 129'5, 3—Tsai Jian (Corona Del Mar) 120'8; 800 Medley, 1—Muir (Murray-Bryant-Brown-Pulliard) 1:47.9, 2—Garey 1:48.6; 800, 1—Mei-Feng Deng (Chung-Hwa/ROC) 2:16.5, 2—LiChan Hung (Chung-Hwa/ROC) 2:17.9, 3—Barbara Sandifer (Pasadena) 2:19.8; 4x100, Muir (Murray-Bryant-Brown-Pullins) 48.8; 4x800, 1—Chung-Hwa/ROC 9:22.7, 2—Thousand Oaks 9:52.5; SP, 1—Jing-Vei Renn (Chung-Hwa/ROC) 48'3, 2—Susie Ray (Villa Park) 46'6¼, 3—Jackie Sheffield (Eisenhower) 45'8½; LJ, Tsai Jouw (Corona Del Mar) 17'4¼; 400, Linda Ransome (Pas) 57.8; 200, Diane Pullins (Muir) 24.9; 1500, 1—Polly Plumer (University) 4:29.9, 2—Su-Mei Lee (Chung-Hwa/ROC) 4:33.5; DisMed, Santa Barbara (Ehlen-Foder-Lindberry-Carpenter) 12:07.8.

(Sunday, April 20): Junior Women's Division: JT, Deena Bernstein (Club Int) 143'8; 800 Med, 1—Long Beach Comets 1:44.9, 2—San Diego Cougars 1:45.7; DT, Donna Hollingsworth (Un) 133'4; 1500, Jeannie Walters (LANTC) 4:45.7; 100H, 1—Len Shiau Chaun (Un/ROC) 14.90, 2—Jeri Golden (Un) 15.03; 200, 1—LaTanya Dawkins (LBC) 24.26, 2—Pam Burgess (ColFly) 24.65, 3—Michelle Gilmore (LBC) 24.70; 200, (Second section), 1—Vanessa Deniston (Club Int) 24.58, 2—Anette Rogers (Inland TC) 24.88; 400, 1—Tippi Hall (LBC) 55.60, 2—Jostina Boid (ColFly) 57.66, 3—Cheryl Taylor (SDC) 57.67; 4x100, LB Comets 48:07; 3000, Lori Lopez (LBC) 10:16.2; 400H, Angela Sapp (SDC) 63.18.

(Sunday, April 20): Open Division: 4x400, 1—UNLV (Nearing-N. Washington-Sjolle-Polk) 3:51.7, 2—West Valley TC 3:52.5; 400H, 1—Lai Lee-Jiao (Un/ROC) 60.20, 2—Cheryll Hawthorne (UC/Berkeley) 61.1, 3—Laura Held (Orange Coast CC) 62.1, 4—MeiCheng Cheng (Un/ROC) 62.6; 400H, (Second Section), Mary Ayers (Houston AC) 61.86; 3000, 1—Joan Hanson (Ariz) 9:32.2,



Meg Ritchie, discus winner at 201'4.



Kim Schnurpfeil, 5000 winner.

2—Michelle Buch (UCLA) 9:34.4, 3—Carmen Garduno (Mexico) 9:35.1, 4—Lynne Hjelte (UC/Berkeley) 9:37.5; 4x100, 1—CSLA (Innes-Rich-Vough-Pusey) 46.16, 2—USC nt; 400, 1—Sheila Polk (UNLV) 55.04, 2—Brenda Finch (ColFly) 55.10, 3—Connie Gilbert (UC/Berkeley) 55.37, 4—Linda Cassidy (USC) 55.81; JT, 1—Celeste Wilkinson (ASU) 159'6, 2—Dana Olson (USC) 144'10, 3—Cathy Corr (Maccabi) 143'5; 200, 1—Lorna Forde (Atoms) 23.76, 2—Elaine Parker (UC/Berkeley) 23.91, 3—Gaby Bussman (Germany) 23.97, 4—Gwen Gardner (LAM) 24.01, 5—Pam Greene (Un) 24.06, 6—Kim Robinson (USC) 24.40, 7—Silke Rasch (Germany) 24.42, 8—Sheila Polk (UNLV) 24.43, 9—Michelle Kelly (UC Irvine) 24.46, 10—Gail Douglas (USC) 24.50; 100H, 1—Anke Weigt (Germany) 13.58, 2—Patty Van Wolvelaere (KCBQ) 13.59, 3—Sue Kameli (SDS) 13.60, 4—Dai Jian Hua (Un) 13.64, 5—Cheryll Hawthorne (UC/Berkeley) 13.86, 6—Mitzi McMillian (Club Int) 13.91, 7—Tris Kunsfner (Germany) 14.04, 8—Ann Crump (UNLV) 14.10; LJ, 1—Jennifer Innis (CSLA) 20'11½, 2—Anke Weigt (Germany) 20'10¼, 3—Vanessa Jones (UNLV) 20'1¼, 4—Samine Wecke (Germany) 19'9, 5—Martha Watson (Club Int) 19'9, 6—Judy Rejebian (Club Int) 19'1; SP, 1—Emily Dole (Club Int) 48'5, 2—Ramona Pagel (Club Int) 46'2¼; 1500, 1—Ann Regan (WVTC) 4:32.3, 2—Michelle Buch (UCLA) 4:33.1, 3—Mary Tracey (SCHM) 4:35.7, 4—Andrea Ward (UCLA) 4:36.2, 100m, 1—Jennifer Innis (Ali) 11.75, 2—Yvette Evans (LAM) 11.85, 3—Elaine Parker (UC/Berkeley) 11.87, 4—Constance Ward (CS/Bakersfield) 11.89, 5—Cecelia Branch (UNLV) 12.00, 6—Kim Robinson (USC) 12.01, 7—(tie) Gaby Bussman (Germany) and Pam Greene (Un) 12.05, 9—Lorna Forde (Atoms) 12.08; DT, 1—Carol Van Pelt (SW) 162'1, 2—Gale Zaphiropoulos (UC/Berkeley) 161'6, 3—Marcia Mecklenberg (SW) 160'11, 4—Dana Olson (USC) 159'11, 5—Ramona Pagel (Club Int) 155'10, 6—Susan Springer (UC/Berkeley) 147'9; 800 Med, 1—UC Berkeley (Parker-Culbert-Hawthorne-Franklin 53.3) 1:41.0, 2—CS Bakersfield 1:46.6, 3—UCSB 1:47.5; 800, 1—Michelle Bonds (Club Int) 2:08.8, 2—Radius Jacobs (ColFly) 2:10.1, 3—Brenda Peterson (LAM) 2:10.5, 4—Michelle Bush (UCLA) 2:10.5; HJ, Pattu Stafford (SDS) 5'7.

WTW

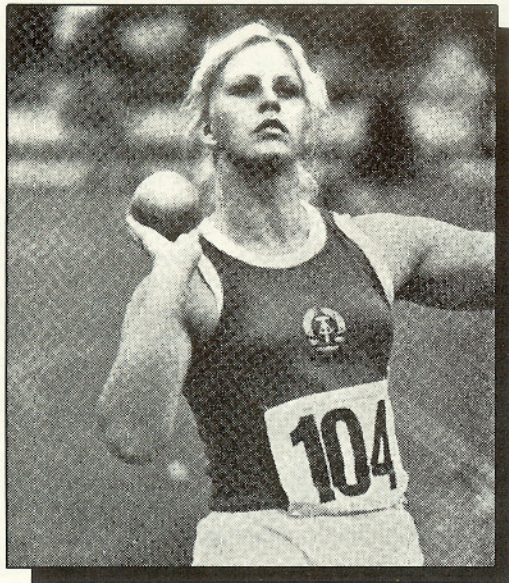


**THESE YOUNG WOMEN
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IN INTERCOLLEGIATE COMPETITION**

Front row: Sandy Crabtree, track & field, Glendale, AZ; Kathy Haynes, basketball, Madera, CA; Anna Maria Fernandez, tennis, Torrance, CA; Meredith Williams, swimming, San Jose, CA; Jill Ornstein, gymnastics, Huntington Beach, CA.
Back row: Denise Streb, golf, San Bernardino, CA; Cathy Stukel, volleyball, Champaign, IL; Elizabeth Palmer, crew, San Marino, CA.

For more information please contact: USC Women's Athletic Dept., Heritage Hall, University Park, Los Angeles, CA 90007, (213) 741-7693 or 7770

NEW WORLD RECORDS



ILONA SLUPIANEK



KARIN ROSSLEY



EVELYN JAHL

World records fell to three East German athletes. Slupianek twice bettered the shot mark with a best of 73'8; Rossley now has the 400 hurdles record at 54.28 and Jahl the discus mark at 234'7. Earlier this year country-woman Ruth Fuchs set a new world mark in the Javelin.

Korean "Half Marathon" Winners



First five finishers at the Korean Invitational "half marathon" were, left to right: Odile Leveque (France) fifth, Michele Bush (USA) third, Dorthe Rasmussen (Denmark) first in 34:18, Carla Beurskens (Netherlands) second, and Su-Mei Lee (Republic of China) fourth.

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ANNOUNCEMENT —

NIKE — OTC MARATHON

Entry forms will be available after Wednesday, May 21, for the tenth annual Nike-OTC Marathon to be run in Eugene-Springfield, Oregon on September 7.

The field, which will be limited to 1,000 competitors, will be randomly selected by computer from entries submitted and post marked between June 12 and July 12, 1980.

There is no entry fee, but applicants must enclose a stamped, self-addressed legal size envelope for each entry form. Forms may be obtained from:

Nike-OTC Marathon
P.O. Box 10412
Eugene, Oregon 97440

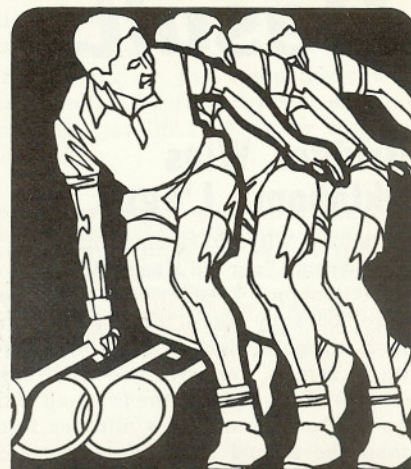
Last year the Nike-OTC Marathon won a national award as the best road race in the United States in 1979. Race Director Peter Thompson says, "Again we expect it to be a major world-class marathon. We have commitments from overseas athletes as well as U.S. participants."

Invitations will be sent to the top 20 U.S. men and the top 10 U.S. women marathoners, based on the 1979 ranking lists.

The race will begin from Hayward Field at the University of Oregon at 8:00 a.m. Sunday, September 7, 1980. The wheelchair division will begin at 7:30 a.m.

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Results - Results - Results

Bridges Wins Oklahoma L'eggs

Oklahoma City, Oklahoma, March 22 — Twenty-one year old Karen Bridges won the Oklahoma L'eggs 10000 meter run here today by more than two minutes with a time of 35:26. Winds which raged up to 20mph were Bridge's chief opposition and she covered the first half of the up-and-back course two minutes faster than the second half. Fifteen year old Cindy Tolle was second.

RESULT: 1—Karen Bridges 35:26, 2—Cindy Tolle 37:58, 3—Gro Reinhardt 38:04, 4—Annette Bieber 39:06, 5—Teena Carr 39:49.

Phoenix Invitational

Phoenix, Arizona, March 29/30 — Although there was plenty of quantity at the Annual Phoenix Invitational, the quality was missing. Thirty-two clubs took part in this annual big affair but the big excitement was the 800 and 1500 win by eight-year-old Lisa Padilla, the win in the long jump by comebacking Judy Rejebian and the triple victories of Sharon Hatfield.

RESULTS: Open Division: 100/200, Latanya Dawkins (LBC) 12.07/24.84; **400,** Sharon Acker (ColFly) 55.66; **100H,** Coleen Rienstra (Sun Devil SF) 14.56; **4x100,** LB Comets 47.49; **JT,** Denna Bernstein (Club Int) 145'7; **LJ,** Judy Rejebian (Club Int) 18'10. 14/15 **Division: DT,** Cindy Johnson (Un) 135'4; **HJ/LJ/800,** Sharon Hatfield (Club Int) 5'5/17'10³/₄/2:20.5. 12/13 **Division: 800,** Lynette Morgan (SDSF) 2:18.1. 7/9 **Division: 800/1500,** Lisa Padilla (SC Thunderbirds) 2:38.8/5:13.1.

Oregon State Downs Wash 69-58

Corvallis, Oregon, April 5 — Jackie Henry, Kathy Weston and Asa Pennington were all double winners as Oregon State trounced the University of Washington in a dual meet at the OSU stadium.

RESULTS: LJ, Colleen Gibson (O) 19'6³/₄; **JT,** 1—Deanna Carr (W) 155'1, 2—Kitsy Hall (O) 149'1, 3—Tonja Reigle (O) 141'8; **SP/DT,** Jackie Henry (W) 43'7³/₄/160'1; **4x100,** Oregon State (Gibson-Weston-Jordon-Pennington) 47.4; **100H,** 1—Toni Forward (W) 14.87, 2—Darla Pereboom (W) 14.99; **400,** 1—Kathy Weston (O) 56.51, 2—Colleen Richardson (W) 57.81; **100/200,** Asa Pennington (O) 12.09/24.89; **800,** 1—Kathy Weston (O) 2:14.3, 2—Dana Armin (W) 2:14.6, 3—Anne Phillips (W) 2:15.6; **400H,** Darla Pereboom (W) 66.0; **1500,** Sara Hall (W) 4:38.3; **4x400,** Oregon State (Wallace-Gibson-Blaine-Weston) 3:52.8; **Score,** Oregon State 69, University of Washington 58.

Ritter 6'4¹/₄ at TWU Relays

Denton, Texas, March 28/29 — The big news from the TWU Relays was Louise Ritter's leap of 6'4¹/₄ for a new American record. Ritter held the old mark just a quarter of an inch less and jumped well here today in spite of a brisk wind which hampered the running events. Missing only once during the competition, Ritter took three tries at 6'6, coming close on her second effort.

Kathy Devine pushed the shot over the 50 foot mark for the best of the other field event performances and TWU's pint-sized sprinter Leleith Hodges annexed both sprints in creditable times. TWU's 440 and 880 relay teams also scored strong wins.

RESULTS: LJ, 1—Joan Bennett (N.TxSt) 19'10, 2—Rene Rochester (Texas) 19'6³/₄, 3—Cindy Mills (TxTech) 19'3³/₄; **SP,** 1—Kathy Devine (Un) 50'4¹/₄, 2—Iris Tipton (TxA&M) 46'1¹/₄; **JT,** 1—Darlene Ourso (Sam Houston) 155'11, 2—Barbara Bell (TxTech) 142'2; **HJ,** 1—Louise Ritter (TWU TC) 6'4¹/₄ (AR), 2—Jan Chesbro (TxA&M) 5'8, 3—Audrey Reid (TWU TC) 5'8; **DT,** Betty Bogers (UTEP) 149'5; **5000,** 1—Lorie Scott (TxA&M) 17:35.4, 2—Hope Wilson (Texas) 17:44.2; **2MR,** 1—Texas (Wells-Pills-Taylor-Butler) 9:23.0, 2—TWU TC 9:25.8, 3—North Texas State 9:27.1; **10000,** 1—Jayne Swigart (Texas) 37:40.0, 2—Cinda Adams (Baylor) 38:19.9; **200,** 1—Leleith Hodges (TWU TC) 24.38 (24.28h), 2—Jeanine Brown (UTEP) 24.42, 3—Debra Pinnix (NTS) 24.59 (24.23h); **3000,** 1—Sandra Brown (TxA&M) 9:57.1, 2—Lorie Scott (TxA&M) 10:08.4; **4x440,** 1—Texas (Anderson-Etienne-Holmes-Coleman) 3:49.8, 2—TWU TC 3:54.7; **100m,** 1—Leleith Hodges (TWU TC) 11.68, 2—Debra Pinnix (NTS) 11.84; **100H,** 1—Karen Holmes (TWU TC) 11.84; **100H,** 1—Karen Holmes (TWU TC) 14.27, 2—Veronica Flowers (TxTech) 14.74; **4x220,** 1—TWU TC (Hodges-Scott-Holmes-Simpson) 1:4-6, 2—Texas Tech 1:42.8; **800,** (Note: All contestants ran trial heats faster than final), 1—Rochelle Collins (UTEP) 2:13.0 (2:11.1h), 2—Kathy Vetter (Baylor) 2:16.3 (2:13.3h), 3—Ella Rich (TxTech) 2:16.8 (2:16.6h); **400H,** 1—Tammy Eitienne (Texas) 61.91, 2—Cindy Bartlett (TxA&M) 62.71 (61.37h), 3—Ellen Smith (TxA&M) 63.79 (63.37h); **4x110,** 1—TWU TC (Hodges-Amos-Holmes-Simpson) 46.58, 2—Texas 47.98; **1500,** 1—Leana Hocking (NTS) 4:31.3, 2—Jackie Richards (UTEP) 4:34.2; **400,** 1—Jeanine Brown (UTEP) 54.35, 2—Cindy Mills (TxTech) 54.98 (54.28h), 3—Robbin Coleman (Texas) 56.35 (55.37h), 4—Ruth Simpson (TWU TC) 57.83 (55.59h).

Cardinal Relays

Louisville, Kentucky, April 5 — Purdue's Peach Payne, with a 61.9 clocking for the 400m hurdles, was the top performer at the Cardinal Relays staged on the University of Louisville campus. Fourteen teams took part.

RESULTS: 3000, 1—Annmarie Malone (Purdue) 9:56.4, 2—Diane Bussa (Purdue) 10:07.3; **HJ,** Marjorie Woods (Purdue) 5'8¹/₂; **DT,** Virginia Gay (W.Kentucky) 147'3; **1500,** Andrea Marek (Purdue) 4:38.5; **4x100m,** Western Kentucky 47.62; **100H,** 1—Watkins (Terre Haute TC)

14.17, 2—Fox (Murray State) 14.51; **800,** Tarpo (Purdue) 2:13.6; **400H,** 1—Peach Payne (Purdue) 61.9, 2—Hawkins (Purdue) 63.95; **4x200,** 1—Terre Haute TC 1:42.2, 2—Western Kentucky 1:44.8; **4x400,** Western Kentucky 3:59.1.



Chris Mullen, Colonial Relays
1500 Champ

Colonial Relays

Richmond, Virginia, April 4 — The University of Virginia dominated the Annual Colonial Relays with speedy wins in the 4x440 and 4x880 relays. The Virginians put together a team of Nicholson-Groos-Haworth-Scruggs for a fine 8:49.7 mark in the two mile baton event and came back to win the mile in 3:47.7. The Christine Mullen, Georgetown, outsped Groos to take the 1500 4:18.1 to 4:20.4.

RESULTS: 4x880, 1—Virginia 8:49.7, 2—St. John's 9:03.8; **HJ,** Thea Ackerman (MSM) 5'8; **DT,** Marita Walton (Tenn) 160'1; **4x110,** 1—Morgan State (Parsons-Belle-Bullock-Yancy) 45.9, 2—Adelphi 46.7; **100H,** Denise Taylor (Md) 14.55; **100m,** June Griffith (Adelphi) 11.8; **1500,** 1—Christine Mullen (Georgetown) 4:18.1, 2—Margaret Groos (Va) 4:20.4, 3—Jill Haworth (Va) 4:22.2, 4—Eileen Hornberger (West Chester) 4:23.8; **4x440,** 1—Virginia (Nicholson-Garrett-Scruggs-Brown) 3:47.7, 2—Ms AC 3:48.9.

JEFF JOHNSON PHOTO

Curran the Best at Colorado State Invitational

Fort Collins, Colorado, April 5 — Kelly Curran, veteran of the shot, turned in the best mark at Colorado State Invitational when she threw the bulb a mighty 48'7½ for victory. Other good markd . . . s were turned in by Bradley of Wyoming in the 100 hurdles, Julie Jones of Wyoming in the discus and Colorado's McLendon in the 400 hurdles.

RESULTS: **DT**, 1—Julie Jones (Wyo) 158'8, 2—Francine Kaylor (ColSt) 152'7, 3—Brenda Denny (Col) 140'2; **SP**, 1—Kelly Curran (ColSt) 48'7½, 2—Rosario Ramos (Col) 45'1; **100/LJ**, Cindy Lapp (ColSt) 12.53/18'2; **400**, Lee Ballenger (Col) 57.91; **800**, Charlene Delventhal (ColSt) 2:15.6; **100H**, 1—Bradley (Wyo) 14.43, 2—Chambers (Col) 14.62; **400H**, 1—McLendon (Col) 61.76, 2—Bradley (Wyo) 62.13, 3—Chambers (Col) 62.36; **4x800**, Colorado 9:42.3.

Big Names at Nike RR Championship

San Diego, California, April 5 — The big names of US distance running showed up in San Diego as Nike sponsored the first ever National Road Racing Club Championship. three person teams did the scoring over the 10k course and North Carolina State, if you'll excuse the expression, walked off with the title grabbing the first three places with Julie Shea, Betty Springs and Mary Shea. Actually the race was won by guest competitor Mary Decker who zipped through the distance in 32:53, nearly a minute in front of Julie Shea's good performance. Margaret Miller led her Seniors TC of Los Angeles to the Masters title in 39:09.

RESULTS: Open Division, 1—Mary Decker (Un) 32:53, 2—Julie Shea (NC State) 33:45, 3—Betty Springs (NC State) 34:17, 4—Mary Shea (NC State) 34:22, 5—Judy Fox (West Valley TC) 34:23, 6—Debbie Eide (OreTC) 34:25, 7—Laurie Binder (KCBQ) 35:05, 8—Pam Morris (SMTTC) 35:07, 9—Karen Bridges (Warren Street Social & Athletic Club) 35:19, 10—Dana Slater (Warren) 35:30, 11—Ann Henderson (NC State) 35:41, 12—Nancy Seeger (Warren) 35:41, 13—Kiki Swiegart (Warren) 35:52, 14—Linda Heinmiller (SMTTC) 35:59 . . . 17—Cindy Dalrymple (Seattle TC) 36:24 . . . 22—Debbie Quatier (Seattle TC) 37:01, 23—Debbie Lewis (KCBQ) 37:30 . . . 31—Judy Leydig (WVTC) 39:34; **Scores**, 1—North Carolina State 6, 2—Warren Street Social Club 31, 3—Santa Monica TC 39, 4—KCBQ 44, 5—Seattle TC 51, 6—Oregon TC 54, 7—West Valley TC 58, 8—warren "B" 115. **Masters Division**, 1—Margaret Miller (Seniors) 39:09, 2—Jennifer Wright (Seniors) 39:51, 3—Dorothy Stock (San Diego TC) 39:59, 4—Ruth Anderson (N.Cal Seniors TC) 40:17, 5—Judith Groombridge (Seattle TC) 40:24; **Scores**, 1—Seniors TC (Los Angeles) 13, 2—San Diego TC 18, 3—West Valley TC 26, 4—Seattle TC 37, 5—SDTC "Blue" 45, 6—Northern California Seniors TC 46, 7—SDTC "B" 65, 8—SDTC "A" 79, 9—SDTC "C" 87, 10—SDTC "F" 96, 11—SDTC "White" 111.

Women's Track World

TWU Sparkles at Jacobs Invitational

Norman, Oklahoma, April 11/12 — Texas Woman's University, led by their sprint crew, was the most impressive team in this non-scoring John Jacobs Invitational. In spite of weather problems, some good times were recorded with TWU's Ruth Simpson in the 400 and New Mexico's Regina Dramiga in the 400 hurdles being the tops.

RESULTS: **4x110**, 1—TWU (Hodges-Allen-Holmes-Scott) 46.88, 2—Kansas 48.61; **1500**, Jody Rittenhaus (Ark) 4:32.0; **100H**, 1—Karen Holmes (TWU) 14.18, 2—Lori Lowrey (Kan) 14.44; **400**, 1—Ruth Simpson (TWU) 54.8, 2—Diann Ousley (Ark) 55.3; **100m**, 1—Leleith Hodges (TWU) 12.09 (11.8h), 2—Lori Green-Jones (Kan) 12.31 (12.1h), 3—Wanda Harris (Ark) 12.45; **800**, 1—Siri Bjelland (Ok) 2:11.3, 2—Pam Schubarth (Kan) 2:12.7, 4—Maureen Houghton (Ok) 2:12.7; **400H**, 1—regina Dramiga (NM) 61.3, 2—Lori Lowrey (Kan) 62.7, 3—Gwen Poss (Kan) 63.3; **200**, 1—Rochelle Armstrong (Ok. St) 24.71, 2—Dorothy Scott (TWU) 24.83, 3—Lori Green-Jones (Kan) 24.84, 4—Freda Hancock (KanSt) 24.85; **4x440**, 1—Kansas State (Hancock-Dahl-Reidy-Trent) 3:52.0, 2—Oklahoma 3:53.2, 3—Arkansas 3:53.7; **5000**, 1—Karen Bridges (Un) 17:06.6, 2—Gro Reinhardt (Ok) 17:44.1, 3—Tonya Heard (Kan) 17:44.8; **DT**, Robins Small (Kan) 147'8; **SP**, 1—Janice Stucky (KanSt) 45'1, 2—Robina Small (Kan) 44'0½; **LJ**, 1—Louise Ritter (Un) 6'0, 2—Rene Nickles (Ok) 5'9, 3—Sally McCarthy (Ok) 5'9; **JT**, Martha Reinert (NM) 142'2.

JEFF JOHNSON PHOTO



Siri Bjelland, Oklahoma, winner of Jacobs 800

Woody Wilson Relays

Davis, California, April 12 — Cal State Hayward scored a mild upset when they took the team of the Annual Woody

Wilson Relays over favored Cal State Sacramento, 129-92. Hayward won the title for the fourth consecutive year as 13 teams took part.

Best mark of the competition was turned in by Chico's Cathy Sulinski who tossed the javelin 171'5. Other winners included:

RESULTS: **DT**, Robinson (Chico) 146'10; **100H**, Boone (CSH) 14.7; **2M**, Aubuchon (CSH) 10:45.6; **2MR**, 1—CS Sacramento 9:29.4, 2—CS Hayward 9:30.7; **4x400**, CS Sacramento 3:55.8; **Scores**, 1—CS Hayward 129, 2—CS Sacramento 92, 3—Chico State 49, 4—American River 43, 5—UN/Reno 32, 6—UC Davis 20, 7—Humboldt State 13, 8—US Army 12, 9—Southern Oregon 10, 10—College of Sequoias 6, 11—Sonoma State, Stanislaus State and San Francisco State 1.

Brenda Wilson Scores 3718

Logan, Utah, April 5 — Utah State's Brenda Wilson tallied 3718 points to win the pentathlon as teams from Montana State and Idaho State gathered at Logan for a triangular meet. Surprising Montana State won the team battle with 193 points to 148 for Idaho State and 140 for Utah State.

Utah's Cheryl Gilliam had two fine sprint wins over Utah's Karlyn Gansel (152'11).

RESULTS: **100m**, 1—Cheryl Osborne (U) 11.4, 2—Nancy Miller (U) 12.0; **200**, 1—Osborne 24.1, 2—Miller 24.9; **400**, Nancy Miller (U) 57.2; **800/1500**, Laurie Holm (M) 2:21.8/4:52.3; **3000/5000**, Lauri Adams (M) 10:44.7/18:10.3; **100H**, Peggy Travis (M) 14.6; **400H**, Grace Zdrasil (U) 65.8; **2MR**, 1—Montana State 9:39.8, 2—Idaho State 9:45.6; **DT**, 1—Pat Herrington (I) 154'6, 2—Karyl Gansel (U) 152'11, 3—Sue Doucette (I) 147'2, 4—Deb Holliday (M) 146'11; **JT**, Angie Stubblefield (I) 141'2; **Pentathlon**, 1—Brenda Wilson (U) 3718, 2—Wendy Limbaugh (U) 3643.

Ottey Runs 10.98 and 22.72

Des Moines, Iowa, April 12 — Merlene Ottey, Nebraska, sped to the top sprint clockings of the year at the Sixth Annual Drake Invitational. Ottey won the dashes in 10.98 and 22.80. Her 200 heat time was 22.72 and she ran her trial 100 in 11.22s. Confusion reigns as to the authenticity of these marks for they are listed in various reports as fully electric timing and as hand timing. Regardless, Ottey, in spite of once again running her 200 heat faster than her final, has proved she is capable of remarkable times. Second place in the 100 was nearly a full second slower and she won the w00 by 1.28 seconds.

Other good marks were turned in by Jennie Gorham, Nebraska, with a 54.33

(continued on page 18)

Los Angeles, California, May 11 — They put on a pretty fair country track meet at UCLA today. Top class competition in every event made the anticipation of "what's next" a mind-boggling affair. Every event was filled with top class performers making it next to impossible to single out any one event or any one performer as the "best" of the meet. Simplest way to describe the meet is to report each event as they unfolded to the spectators in the UCLA stadium.

There were no "preliminary" events — the meet opened with the 100 meter dash and the meet directors had gathered a great field led by World Cupper Evelyn Ashford who was making one of her few (perhaps too few), outdoor starts of the year. Pitted against Ashford was a fine field which included Karen Hawkins, Alice Brown, Linda Wilson, Dolly Fleetwood, Michelle Glover, Lisa Hopkins and Jennifer Innis. The field was fairly even for the first 30 yards, then Ashford forged slightly to the front with Alice Brown surprisingly right with her. Hawkins, with one of the fastest 100's in the nation this year, made it a three girl race and Ashford began to feel the need

13.22 to 13.26 for Fitzgerald. LaPlante had put herself into a bind by being charged with a false start.

Out trotted the discus field — with the best in the States congregating at Ducky Drake Stadium. Strangely, although their marks were extremely good, not a one of the competitors turned in her season best and England's Meg Ritchie won it at 200'2 over Lorna Griffin's 190'7.

All this while, the high jumpers were getting into their act and suffice it to say Colleen Reinstra's leap of 6'1¼ was good for only third behind the 6'3 of Louise Ritter and Pam Spencer. Ritter won it on fewer misses. Maggie Garrison and Keri Gossweiler were both over 5'11.

A great field was assembled for the 800 featuring the 1968 Olympic champion Madeline Manning. Up against Paddlin' Maddlin' were Robin Campbell, Francie Larrieu, Essie Kelly, last year's winner Joetta Clark who is still a high schooler, Ruth Caldwell, Ann Mackie-Morelli of Canada, Cynthia Warner of UCLA and Brenda Peterson. Both Manning and Campbell like it in front of the pack and so a quick pace was assured. Manning took command and led the field through

race. Trumbley, for example, ran 4:23.7 — and finished last.

Another fine field faced the starter for the 200. A surprising Val Boyer led the field into the straight, but she was caught by Canada's Angela Taylor and pint-sized Alice Brown with Taylor winning it in a legal 22.9 (hand timed).

Only six competitors were entered in the shot as veteran Maren Seidler and ever-improving Ann Turbyne finished their perennial 1-2. Seidler won it at 57'5¾ and Turbyne had a good 53'8½ for second.

The long jump got underway late and finished long after most of the fans had disappeared from sight, but it was probably the best competition of the day with four Americans over 21 feet and the lead changing hands on almost every jump in the finals. Pat Johnson, Wisconsin, the 1980 Indoor champion, finally won it on her fifth effort with a personal best of 21'6½ to become the fifth best-ever performer for America. Right behind her was Carol Lewis, yet another high schooler, at 21'4½ — second best-ever by a high school student. Third was American holder Jodi Anderson at 21'2½

UCLA - Pepsi Invitational

to pour on the coals and escape from this duo. But at 65 meters, Ashford pulled up with a hamstring injury that put her flat on the track and Brown went on to win in a speedy 11.26 assisted by a 2.4mps wind. Hawkins was next at 11.47 and high schooler Glover third in 11.51. The extent of the injury to Ashford is not known at this time, but the pull appeared to be a bad one and she will probably be out for 4-6 weeks.

Next up came the 100m hurdles, and this one boasted most of the top female hurdlers in the country. 1979 AIAW champion Stephanie Hightower from Ohio State, 1979 AAU champion Deby LaPlante from San Diego State plus a great supporting cast which included Tennessee's fine freshman Benita Fitzgerald, Mitzi McMillan, Jodi Anderson, Pat VanWolvelaere, and Canada's Sue Kameli now at San Diego State. Fitzgerald got off quickly but LaPlante and Hightower were only a foot behind and both began to gain by the third hurdle. LaPlante hit the fourth barrier, was off balance and ticked the fifth one and was never close after that. Hightower went on to win it in a legal

splits of 26.5, 57.6 and 1:29.3 with Morelli staying close and the entire field tightly bunched. Down the home straight Essie Kelly made her move and got up to win it by about a yard in a swift 2:02.2 with Manning being credited with 2:03.2. Morelli was third with Larrieu, Warner and Clark next in line.

Hardly had the crowd begun breathing normal after that great race then they brought out the 1500m field. As with all other events, this one was loaded. Brenda Webb, Maggie Keyes, Alice Trumbley, Linda Goen, Britt McRoberts, Monica Joyce, and Lynn Kanuka from Canada, Michelle Bush and Sheila Ralston of the home team. Bush took the field through the first lap in 65.2 with McRoberts and Webb right behind her. They lost Bush by the 800 mark and McRoberts and Webb ran side by side through a 2:15 800 and a 3:24 three-quarters. Webb covered the last 400 in 63.5 to win it, but the real story was the closing rush by Linda Goen who nicked some 11 seconds off her lifetime best to grab the runner-up spot. Webb clocked 4:09.9 for her best-ever performance and personal bests were recorded by nearly every runner in the

wind-aided, and fourth Olympian Kathy McMillan at 21'1½, wind aided. Martha Watson was fifth at 20'4¾w.

The 400 meters was yet another good one with a couple of the Howard sisters, Rosalyn Bryant, the American record holder, Yolanda Rich, Prairie View's Patricia Jackson, Sharon Dabney, Arlise Emerson, Deanna Gutowski and Lorna Forde. Sheri Howard won it in 51.8 over Rosalyn Bryant (52.1) for her first good mark of the season. Rich was next ahead of Jackson and Dabney.

The competition ended with a sprint medley relay which brought together favored Arizona State pitted against the LA Mercurettes, University of California, KCBQ Track Club and Cal State Los Angeles. Arizona State got to the front after the first three legs and held the lead for 790 of the 800 meters when a surprising Marilyn Franklin of California strode past and an even more surprising KCBQ team also nipped the Staters. Winning time was a good but not sensational 1:40.6.

RESULTS: 100, (Wind 2.4mps), 1—Alice Brown (LATC) 11.26w, 2—Karen Hawkins (Texas Southern) 11.47w, 3—Michele Glover (Penn HS) 11.51w, 4—Lisa

Hopkins (IngPanth) 11.60w, 5—Linda Wilson (Southern) 11.69w, 6—Jennifer Innis (CSLA) 11.76w, 7—Dolly Fleetwood (SCC) 11.88w; 200, (Wind -.31), 1—Angela Taylor (Canada) 22.9, 2—Alice Brown (LATIC) 23.3, 3—Karen Hawkins (Texas Southern) 23.4, 4—Val Boyer (ASU) 23.6, 5—Lisa Hopkins (IngPanth) 23.7, 6—Gwen Loud (UCLA) 24.0, 7—Linda Wilson (Southern) 24.1, 8—Faye Page (Cal HS) 24.3; 400, 1—Sheri Howard (Cal HS) 51.8, 2—Rosalyn Bryant (Ali) 52.1, 3—Yolanda Rich (Ali) 52.7, 4—Patricia Jackson (PV) 53.0, 5—Daneen Howard (Cal HS) 53.4, 6—Sharon Dabney (PhilCl) 53.5, 7—Arlise Emerson (UCLA) 53.5, 8—Deann Gutowski (LAM) 54.3, 9—Lorna Forde (Atoms) 55.2; 800, 1—Essie Kelley (PV) 2:02.3, 2—Madeline Manning (ORTC) 2:03.2, 3—Ann Mackie-Morelli (Can) 2:04.6, 4—Francie Larrieu (PCC) 2:06.0, 5—Cynthia Warner (UCLA) 2:06.6, 6—Joetta Clark (NJ HS) 2:07.5, 7—Brenda Petterson (LAM) 2:09.7, 8—Ruth Caldwell (Sub 4) 2:10.0; 1500, 1—Brenda Webb (Knoxville TC) 4:09.9, 2—Linda Goen (UCLA) 4:11.1, 3—Britt McRoberts (Can) 3:13.5, 4—Maggie Keyes (CP/SLO) 4:16.6, 5—Monica Joyce (KCBQ) 4:17.7, 6—Michelle Bush (UCLA) 4:20.0, 7—Lynn Kanuka (KCBQ) 4:21.4, 8—Sheila Ralston (UCLA) 4:22.8, 9—Alice Trumbley (Cal) 4:23.7; 100H, (Wind +.18), 1—Stephanie Hightower (OSU) 13.22, 2—Benita Fitzgerald (Tn) 13.26, 3—Deby LaPlante (KCBQ) 13.36, 4—Pat VanWolvelaere (KCBQ) 13.65, 5—Jodi Anderson (LATIC) 13.83, 6—Sue Kameli (KCBQ) 13.86, 7—Mitzi McMillin (Club Int) 14.03; 800MedRel, 1—California 1:40.6, 2—KCBQ 1:40.9, 3—Arizona State 1:41.3, 4—LA Mercuertes 1:41.4, 5—CS Los Angeles 1:42.5; HJ, 1—Louise Ritter (TWU TC) 6'3, 2—Pam Spencer (LATIC) 6'3, 3—Colleen Reinstra (ASU) 6'1¼, 4—Maggie Garrison (SptsWest) 5'11, 5—Keri Gossweiler (LATIC) 5'11, 6—Patsy Walker (AthCong) 5'9; LJ, 1—Pat Johnson (Wis) 21'6½, 2—Carol Lewis (NJ HS) 21'4½, 3—Jodi Anderson (LATIC) 21'2½w, 4—Kathy McMillan (TSU) 21'1½w, 5—Martha Watson (Club Int) 20'4½w, 6—Gwen Loud (UCLA) 19'9½w; SP, 1—Maren Seidler (SJ Stars) 57'5¼, 2—Ann Turbyne (Gillies Gym) 53'8½, 3—Lorna Griffin (AthCon) 53'2, 4—Kathy Devine (Texas TC) 51'2½, 5—Melody Rose (Ali) 49'6, 6—Heidi Kauti (UCLA) 49'2¼; DT, 1—Meg Ritchie (Arizona) 200'2, 2—Lorna Griffin (AthCon) 190'7, 3—Ria Stalman (ASU) 181'3, 4—Lynn Winbiger (OreTC) 180'4, 5—Jan Svendsen (Un) 173'6, 6—Julie Hansen (SptWest) 166'5, 7—Lisa Vogelsang (AthCon) 161'0, 8—Helene Connell (OreTC) 159'11.

WTW

Australian Roundup - Boyd 22.35

From Bernie Cecins

Denise Boyd moved to the number five position on the All-Time World List when she won a swift and competitive 200 meters in Sydney on March 23. Boyd won in a new Australian and Commonwealth record of 22.35. Not far behind was Olympic veteran Raelene Boyle in 22.84. Next came Colleen Pekin in 22.95 with young Debbie Wells fourth in 23.06 . . . Other impressive Australian performances include a new Australian 400 record in 51.2, a 13.10 flight of hurdles by Penny Gillies, 1.90/6'2¾ in the high jump by Chris Stanton and 201'4 toss in the javelin by comebacking Petra Rivers . . . 800 meter specialists Charlene Rendina is out for the year with achillei trouble . . . Lyn Young, using 15 strides for the first five hurdles, 16 for hurdles 6-7-8 and 17 for the last two, set her fastest time of 57.5

at Melbourne, March 6, finishing into a 4.5m headwind on the home straight. The following week at Adelaide, Young ran in a mixed race, (men and women) and had the fastest ever by an Australian at 57.1 . . . At that same meet, (Adelaide), Raelene Boyle set her 400 record of 51.2 and also won the 100 in a blanket finish over Debbie Wells in 11.3 . . . The Australian Championships were held at Sydney March 20-23 on a brand new Olympic track. Glynis Saunders set a new Australian pentathlon record of 4251. Chris Stanton led after the first four events, but ran only 3:07 for the 800 and ended up fourth in the point total department. Boyle won the 400 in FAT 51.52. there is no love lost between Raelene Boyle and Denise Boyd. Grrrrr.

WTW



Remember,
only you can
prevent
forest fires.

I can't



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JEFF JOHNSON PHOTO

"YES"

From "Illinois Track and Field News"

Recently, I fielded a question that has been all too familiar over the course of my years as a runner and jogger; "Why do I run when it is such a boring activity?" And as always, the question caught me off guard and I was answerless other than to say that I didn't think it was so boring.

The questioner is a fairly active individual who has shown proficiency at a number of other sports including golf and racquetball. He is an athlete type who really didn't need to run for the physical improvement. Like so many others, he was caught up in the fad-appeal so he thought he would try his hand (or feet) at running.

As I said, I really didn't have a very appropriate answer to his question at the time it was asked but have since digested his narrative and have come to understand why the running was so boring to him.

My friend started running last summer in July. He ran first thing in the morning so as not to interfere with his 3:45 tee-off time. As I said, he is almost a natural athlete so it wasn't too long before he was up to a three mile distance.

When the weather turned cold, he found time to run two miles around the indoor track at his racquetball club. He noted that the track was a 22 lap per mile facility. His jogging was always after his 7:00 a.m. court time.

The story ends here. After two months of indoor running, my friend hung it up. Running just became too boring for him. His problem is obvious to me now.

Running is boring for him because he makes it boring.

In his mind, there is no reason to run. He has no weight problem so he didn't need to run to trim his waist. He didn't run because he particularly enjoyed it. His athletic satisfactions were his "kill-shot" on the racquetball court and his booming drives off a golf tee. He could fathom no reason to run, other than it was the fashionable thing to do.

Secondly, he always ran alone. For him, maybe the old saying "Misery loves company" would have helped him. By running with someone else, he could have found more enjoyment in what he was doing.

And thirdly, this poor guy ran for more than six months and the only change he ever made in his running routine was to change from a monoxide choking three-mile course, four times around his apartment complex parking lot, to an even more monotonous 44 laps around a tiny indoor track.

I've been running for a long time, but would quit tomorrow if I thought that were the only future I had. Actually, I wonder how many joggers are caught up in the same kind of rut.

I had to go to my office particularly early on a Saturday in April. By coincidence, that Saturday was the end of the first really warm week we had this spring.

I must have seen 15 or 20 people jogging that morning even though it was only 7:00 a.m. All these people, despite their differences in age and sex, had one thing in common. They were all running alone.

Sure, running can become boring, but so can anything else. There are certain things that my friend could have done to have made his running more enjoyable.

First of all, it seems to me that there should be a reason to run. I am sure that the great majority of people run for the health benefits it offers although the outward appearance is for an improved appearance. It is that size 12 body that wants to get back into that dress size 9 or that 38 inch waist that really should accommodate a 34 inch belly.

There are obviously a lot of people who find motivation for

their running by racing.

Certainly these are not all blood and guts competitors but just average people who want to seek new personal records. Whether they are seeking to finish that marathon, or run that 10 mile distance without stopping or perhaps to be the winner overall, they have a reason for what they are doing.

I like to race, also, but I can also find motivation in other ways. I am always setting goals for myself like trying to have fewer missed days in a particular month, or to run more miles in June of 1979 than I ran in June of 1978.

The point is to have something to shoot for. My friend did not.

Second of all, try to run with someone else as often as possible. The solitude one finds when running is great, but too much solitude may quickly become loneliness to make those miles feel longer and harder.

My schedule is irregular enough that it is difficult for me to find a regular running partner, but when I can occasionally find someone to run with, I really enjoy it. Somehow, the mileage is always a little greater than what I would normally do, the pace is usually a little faster than my normal speed and yet, the time seems to go much quicker. The run is always more enjoyable.

And the last and probably most important hint is to add some variety to your runs.

I try never to run the same course more than twice a week. I have a number of favorite routes marked out and I enjoy running these because I know the mileage ahead of time as well as approximately how long it will take me.

Despite my fondness for several particularly appealing routes, I am always looking for new places to run. During the warmer months when my mileage is increased, there are more possibilities.

I know from experience, however, that the number of different courses decreases when my mileage is less. Even with this disadvantage, there are little tricks to making that daily run enjoyable.

If you enjoy a particular loop, but run it in the same direction every day, try running the loop backwards. You'll be amazed at

JOGG

all the things you never noticed when going the other direction. It is like a brand new course.

There are other tricks for breaking the doldrums. I don't care too much for running with a transistor radio, myself, but I know a lot of runners who do and they really swear by it. I have done it occasionally and I know it really takes your mind off everything else.

One of my favorite tricks, however, is to run while carrying a golf ball. I will play catch with myself or with a running partner by bouncing the ball off the pavement, then trying to catch it before it bounces again. This was one of my favorite ways to turn a slow easy run into a far-out workout. Sometimes you really have to sprint to catch up with the ball.

One word of caution about this game: Don't try this on any street but those least traveled ones. It would be very easy to get caught up with the game and forget to watch for the traffic.

In retrospect, I am not sure any of these diversions would have helped keep my friend running. And that's okay too. Running is an activity that can be extremely rewarding in many ways. Many people find it a lot of fun.

But if you aren't one of these people, fine. Don't force yourself to the point where you hate it. Find something else to do.

Q. Dr. Friedman, is jogging good for most people?

A. No. There are no really lasting health benefits whatsoever from jogging. No scientific evidence exists that the coronary arteries themselves can be protected against disease by vigorous exertion. And so many people today are actually risking their lives by jogging.

Q. Is the threat of death from jogging really serious?

A. Hundreds of deaths have occurred during jogging or running. Actually, I believe that jogging may worsen coronary disease in some people. In a study with my colleagues in 1973, we looked into cases of about 60 people who had died instantaneously in San Francisco, and found that 50 percent who had died of heart disease were indulging in moderate to severe physical exercise at the time: jogging, handball playing, competitive tennis, running for an opera because they were late, or carrying heavy bags at the airport.

We also have read of a number of cases of marathon runners who have died while running. We have also determined from a recent calculation that five percent of all heart patients will die during the time they're jogging if they jog an hour each day for five years.

Q. Medically speaking, what is the greatest danger from jogging?

A. The greatest danger is the immediate occurrence of an arrhythmia, a ventricular fibrillation of the heart — and that's instant death. That can only really affect the people who have serious coronary-artery disease. But only 50 percent of the people who died instantly during exercise were aware of the fact they had serious coronary disease. At autopsy, of course, we find that their blood vessels are pretty badly occluded.

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Q. Are there any statistics showing how many people die while running?

A. No, because the jogging associations quibble about whether the deaths are due to the jogging.

But they keep no accurate records, as far as I know. But I have been able to collect reports of over 16 deaths from jogging in the past three years by reading the San Francisco Chronicle and/or the San Francisco Examiner. And you know that the death of anyone while jogging in Illinois is usually not going to be picked up by either of those papers. For example, there was a jogger who died in Washington during the running of a race in favor of the equal-rights amendment for women. When he dropped dead, it was barely mentioned in the papers here. Death from jogging is no longer big news unless the jogger had enjoyed national prominence.

Q. Is jogging more dangerous for some people than others?

A. Yes. It's very dangerous for Type A individuals. This is the individual who is fighting time because he wants to accomplish too much in too little time. Or he has what we call a free-floating

"NO"

From "The Nor' wester"

hostility in which he easily gets irritated by other people. These are hard-driving excessively competitive people. And, of course, jogging appeals to them because they think they can compress in 15 minutes what a Type B individual may take an hour to do — namely have fun while he exercises.

Q. What is a Type B runner?

A. A Type B is an individual who is very confident that he's doing the best he can with what he has been endowed with. He doesn't care what other people think of him. He possesses his own internal standards, so he doesn't have to race with or against time. He doesn't get angry with people easily unless they deserve it.

It doesn't bother me a bit to see a Type B person run. But you can't get a Type B to jog, because he says "Why should I indulge in such a stupid exercise? Why not have fun playing tennis or playing golf or walking?"

Q. Why then do Type A people jog?

A. A lot of joggers have told me they get rid of their inner rages and tensions — and I think they do.

And they feel wonderful when they're through. If you tap your finger gently with a hammer for about five minutes, it's awfully nice to feel the relief when you put your finger in warm water later.

Too, they become obsessed with it. It's self-engrossing.

Finally, many runners have a destructive wish. Part of jogging is destructive, and many of these people know that they are flirting with death, but they like to play that kind of roulette.

Q. Are you saying that jogging isn't good for anybody?

A. I think it may be O.K. for college kids. I don't believe that it will present them with immediate death. But even then, I'm not sure that it doesn't accelerate the general chronic course of coronary-artery disease. That's because jogging is doing exactly what high blood pressure does: It's asking a heart to beat more vigorously. People forget that the runner collapsed and died in the original marathon in ancient Greece.

Q. Are there any circumstances under which you would advise your heart patients to jog?

A. I wouldn't hear of it.

We do urge them to exercise every day — for at least an hour. We think it's very good for mental health and for their general circulation. But it should be tennis, non-competitive; or non-competitive swimming, gardening, without lifting heavy weights, walking, golf, except on very hot days, fishing, as long as it's not at extremely high altitudes. Almost anything but handball, raquetball, squash, jogging — anything that is too competitive or violent.

Q. What do you do for exercise yourself?

A. I walk 40 or so minutes every day. I look around as I walk — as if I am going to write a letter to a friend and describe what I see.

Then I garden, and I fish — anything that grandpa did. He seemed to make out well enough without jogging.

RESULTS—RESULTS—RESULTS (continued from page 13)

for 400 meters, Missouri's Pam Page with 13.72 in the 100m hurdles, Iowa State's Kim Whitehead with 59.58 in the 400 hurdles and Dana Glidden's 2:07.7 in the 800.

In the Closed Division, Donna Gathje (Mankato State) had a fine 16:28.8 for 5000 meters.

RESULTS: (Open Division), 5000, 1—Liz Hjalmarsson (Drake) 17:06.0, 2—Mary Seybold (ISU) 17:11.0, 3—Mary Beth Spencer (WisUn) 17:17.0, 4—Rocky Racette (Minn) 17:30.1, 5—Debbie Vetter (ISU) 17:40.7; **HJ**, 1—Sharon Burrill (Neb) 5'10, 2—Helen Ogar (Mo) 5'8; **DT**, 1—Jane Toporowski (Drake) 153'6, 2—Cindy Kiser (Mo) 145'10; **1500**, 1—Marie Simonsson (Drake) 4:33.9, 2—Lisa Kramer (Neb) 4:37.0, 3—Mary Ellen Kunkel (Mo) 4:37.9; **JT**, Judy Madea (WisUn) 139'10; **4x100m**, 1—Nebraska (Mills-Tatum-Murray-Ottoy) 46.53, 2—Iowa 47.98; **400**, 1—Jennie Gorham (Neb) 54.33, 2—Sheila Barney (WisUn) 56.27, 3—Rosalyn Dunlap (Mo) 56.81 (55.58h); **100m**, 1—Merlene Ottey (Neb) 10.98, 2—Colleen Gaupp (Iowa) 11.94; **100H**, 1—Pam Page (Mo) 13.72, 2—Cheryl Zajic (Neb) 14.24, 3—Lisa Allen (WisUn) 14.37; **400H**, 1—Kim Whitehead (ISU) 59.58, 2—Allison Ware (Drake) 61.58, 3—Chris Davenport (Iowa) 61.63; **800**, 1—Dana Glidden (Mo) 2:07.7, 2—Julie Seaton (Neb) 2:10.0, 3—Marie Simonsson (Drake) 2:10.6; **200**, 1—Merlene Ottey (Neb) 22.80 (22.72h), 2—Pam Page (Mo) 24.08, 3—Norma Murray (Neb) 24.15; **SP**, Mary Ann Johnson (WisUn) 44'4; **LJ**, Vicki Almeida (Drake) 19'1; **10000**, 1—Brenda Saunders (Mo) 35:14.6, 2—Marty Stinson (Mo) 35:28.3; **800mMed**, 1—Nebraska (Seaton-Murray-Ottoy-Gorham) 1:42.0, 2—Missouri 1:45.5, 3—Drake 1:45.9; **4x400**, 1—Iowa State (McCarthy-Mahal-Wells-Whitehead) 3:51.6, 2—Western Illinois 3:54.2, 3—Iowa 3:55.9; **4x800**, 1—Missouri (Seale-Smith-Renner-Seikkula) 9:08.0, 2—Iowa State 9:18.0, 3—Drake 9:24.6; **Pentathlon**, 1—Nancy Kindig (Neb) 3837 (14.6-37.3-5'0¼-18'10¼-2:23.9), 2—Sandra Obermeyer (Neb) 3572; **Scores**, 1—Nebraska 139, 2—Missouri 112, 3—Drake 89, 4—Western Illinois 82, 5—Iowa State 65, 6—Iowa 56, 7—Minnesota 29, 8—(ie) Wisconsin United and Iowa Prairie TC 6, 10—Northern Illinois 3, 11—Jackson HS (Canada) 1.

(Closed Division): 5000, Donna Gathje (Mankato) 16:28.8; **SP**, Jody Hagins (Mankato) 44'1; **400**, Jane Schauer (Moorhead St) 55.57; **100m**, 1—Sandra Middleton (Neb/Omaha) 11.73, 2—Brenda Ebner (Moorhead) 11.88; **100H**, Deb Dixon (Neb/Omaha) 14.84; **400H**, Carol Humphrieu (NE Missouri State) 63.49, 2—Collette Shelton (Neb/Omaha) 63.63; **800**, Carol Howard (Wis/LaCrosse) 2:13.9; **200**, 1—Sandra Middleton (Neb/Omaha) 24.57, 2—Brenda Ebner (Moorhead) 24.59; **DT**, Evon Vapion (NDakSt) 140'3; **4x800**, Central College 9:32.5; **4x800**, Central College 9:32.5; **Pentathlon**, Jan Messerschmidt (N. Iowa) 3381; **Scores**, 1—Nebraska/Omaha 96, 2—Wisconsin/LaCrosse 93, 3—Moorhead State 61, 4—Central 60, 5—North Dakota State 57, 6—Mankato State 55, 7—SW Missouri State 49, 8—SDakota State 34, 9—Northern Iowa 33, 10—NE Missouri 29, 11—N. Dakota 13, 12—Nebraska Wesleyan 6, 13—Eureka 3.

Jackson State Invitational

Jackson, Mississippi, April 11 — Linda Wilson of Southern University and Ester Hope of Jackson State each won two sprint titles at the Fifth Annual Jackson State Invitational. Hope took regular sprint honors in 11.7 and 24.7 while Wilson won the special races in 11.9 and 24.3. Jackson State sped to a 1:40.2 clocking for the sprint medley.

Illinois Invitational

Champaign, Illinois, April 12 — Wisconsin's running strength made winning the Illini Invitational look easy as the Badgers tallied 142 points to far outdistance the rest of the field. Wisconsin won three of the four relays and took top honors in the 1500, 400, 200 and 500 on the track and the high jump and shot on the field. It remained for Illinois' Becky Kaiser to produce the best effort of the day, however, as she won the long jump with a mighty leap of 20'6½. Susie Houston, Wisconsin, had a good 1500 at 4:28.8.

RESULTS: 800Med, 1—Wisconsin 1:48.9, 2—Illinois 1:50.5; **4x800**, 1—Wisconsin 9:10.2, 2—Purdue 9:17.3; **4x100m**, 1—Wisconsin 47.8, 2—Eastern Illinois 48.9; **LJ**, 1—Becky Kaiser (Ill) 20'6½, 2—Gayle Brandon (Eastern Ill) 19'5½, 3—Beverly Slaughter (SEMO) 19'1¼; **JT**, Donna Gale 140'0; **100H**, 1—Stephanie Hightower (OSU) 13.4, 2—Kim Willis (OSU) 14.0, 3—Amy Dunlop (Wis) 14.5 (14.2h) . . . Lori Dinello ran heat in 13.5; **1500**, 1—Susie Houston (W) 4:28.8, 2—Rose Thompson (W) 4:29.4, 3—Andrea Marek (Pir) 4:34.3; **400**, Ellen Brewster (W) 58.4; **100m**, 1—Lori Dinello (WSTC) 12.21 . . . 3—Becky Kaiser (Ill) 12.29 (11.9h), 4—Stephanie Hightower (OSU) 12.33; **800**, Kathy Terpo (Pur) 2:14.3; **400H**, 1—Peach Payne (Pur) 60.0, 2—Amy Dunlop (W) 62.5; **200**, Pam Moore (W) 24.81; **5000**, 1—Ann Mulrooney (W) 16:55.5, 2—Diane Busse (Pur) 16:57.3, 3—Norene Harrison (OSU) 16:59.9; **HJ**, Joan Brockhaus (W) 5'8; **DT**, Jane Sumner (SIU) 155'0; **4x400**, Purdue 3:54.6; **SP**, Shu Quereshi (W) 43'01/3; **Pentathlon**, 1—Lynn Adams (IllSt) 3743, 2—Maggie Woods (Pur) 3729, 3—Kathy Miles (Ill) 3496, 4—Dorothy Carver (Ill) 3421; **Scores**, 1—Wisconsin 142, 2—Purdue 87½, 3—Illinois 79, 4—Ohio State 72 5—Eastern Illinois 69½, 6—Illinois State 53, 7—SEMO 24, 8—SIU/E 17, 9—WSTC 11.

USC Whips Stanford

Stanford, California, April 12 — Only a 20'1½ long jump by Pam Donald and a 151'11 toss of the javelin by Mary Osborne were worth writing home about as USC whipped Stanford University in a dual meet at the Farm, 85½-63½.

RESULTS: 100m, Kim Robertson (USC) 12.47; **200**, Robinson 25.38; **400**, Linda Cassidy (USC) 58.80; **1500**, Gina Dyer (USC) 4:29.6; **3000**, Kim Schnurpfel (S) 9:58.8; **400H**, Lynn Davis (USC) 64.66; **4x100**, 1—USC (Douglas-Robinson-Crabtree-Cassidy) 46.58; **LJ**, 1—Pam Donald (S) 20'1½, 2—Sandy Crabtree (USC) 20'0¼, 3—Kathy Haynes (USC) 19'6½; **JT**, 1—Mary Osborne (S) 151'11, 2—Lisa Van Benthem (USC) 149'9; **DT**, Dana Olson (USC) 152'2.

Riverside Invitational

Riverside, California, April 12 — Good throwing by Rona Raedean of Cal Poly/Pomona in the javelin and Lindy Toman of UC Irvine in the discus, along

with a good 1500 by Bakersfield's Bird Anderson topped the Annual Riverside Invitational for 1980.

RESULTS: 4x100m, Cal State Bakersfield 47.3; **1500**, 1—Bird Anderson (CS/B) 4:39.6, 2—Mary Tracey (SCHM) 4:41.6; **100m**, Constance Ward (CSB) 11.8w, 2—Michelle Kelly (UCI) 12.0w; **JT**, Rona Raedean (CP/P) 145'8; **100H**, Y. H. Lin (ROC) 14.0w; **DT**, Lindy Toman (UCI) 140'9; **800**, Lih-Jau Lai (ROC) 2:14.1; **400H**, M. C. Chang (ROC) 63.6; **200**, Constance Ward (CSB) 24.6.

Fitzgerald Sharp at Dogwood

Knoxville, Tennessee, April 12 — Benita Fitzgerald scored wins in the 100 and 100 hurdles to spice the Annual Dogwood Relays on the Tom Black track at the University of Tennessee. Fitzgerald won the hurdles in 13.45 and annexed the sprint in 11.4 for outstanding marks. Brend Webb edged Penny Fales in the 3000 with both runners producing fast times. Webb ran 9:02.5 and Fales was right behind in 9:03.9. Canada's Angela Taylor moved from her world record-setting indoor season to the outdoor track and scored an easy win in the 400 with a 53.87 clocking. Jan Merrill won the 1500 in 4:19.2.

RESULTS: 100H, 1—Benita Fitzgerald (Tn) 13.45, 2—Sharon Lane (London Western TC) 13.62, 3—Sharon Colyear (Boston) 13.64; **3000**, 1—Brenda Webb (Knoxville TC) 9:02.5, 2—Penny Fales (Canada) 9:03.9, 3—Margaret Groos (Va) 9:15.2, 4—Pia Palladino (Grgtn) 9:20.7, 5—Aileen O'Connor (Va) 9:33.5, 6—Shannon Cline (Tn) 9:34.5; **400**, 1—Angela Taylor (Canada) 53.87, 2—Molly Killingbeck (Can) 54.45; **1500**, 1—Jan Merrill (AGAA) 4:19.2, 2—Francine Gendron (Canada) 4:22.3, 3—Linda Portasik (Tn) 4:27.9, 4—Margaret Groos (Va) 4:29.5, 5—Val Horan (Houston TC) 4:30.3; **HJ**, Brigitte Reid (Can) 5'8; **800**, 1—Yvonne Mondesire (Canada) 2:07.3, 2—Francine Gendron (Canada) 2:08.3, 3—Jan Merrill (AGAA) 2:08.3, 4—Penny Werthner (Canada) 2:09.2, 5—Brenda Webb (Knoxville TC) 2:10.5, 6—Jill Haworth (Va) 2:11.4; **LJ**, 1—Anne Meachum (E.Mich) 19'6¼, 2—Lorraine Ray (Un) 19'0¼; **100m**, 1—Benita Fitzgerald (Tn) 11.4, 2—Belinda Little (Alabama) 11.5, 3—Sharon Colyear (Boston) 11.7, 4—Bev Kearney (Auburn) 11.7; **4x400**, 1—Tennessee (Sherrill-Allen-Wallin-Walton) 3:43.5, 2—Virginia 3:44.5, 3—Florida State 3:49.0, 4—Alabama 3:54.4.

Virginia Wins State Title

Charlottesville, Virginia, April 18 — Powerful University of Virginia, led by its super distance crew, had no difficulty winning the Virginia State Collegiate Championships over ten other schools with 253 points. Margaret Groos scored a double with wins in the 800 and 1500 while Susan Brownell annexed the long

jump, 100 hurdles and picked up a fourth in the shot, a second in the high jump and ran a leg on the winning 4x400 team. Vivian Scruggs won the 400 hurdles with a fast sub-60 clocking of 59.4.

RESULTS: 10000, Deborah Snaggs (Richmond) 35:39.9; **HJ**, 1—Ann Bair (V) 5'8, 2—Susan Brownell (V) 5'8; **5000**, Aileen O'Connor (V) 16:46.0; **4x100m**, Virginia (Harris-Garrett-Waller-Brown) 47.4; **1500**, 1—Margaret Groos (V) 4:20.1, 2—Jill Haworth (V) 4:22.6; **LJ**, Susan Brownell (V) 18'5; **100H**, 1—Susan Brownell (V) 14.3, 2—Laurita Harris (V) 14.5; **400**, Suzi Shreckhise (JM) 57.1; **100**, Brenda Brown (V) 11.9; **SP**, Jeri Daniels (W&M) 43'3; **800**, 1—Margaret Groos (V) 2:12.6, 2—Leigh Breen (GM) 2:13.3; **400H**, 1—Vivian Scruggs (V) 59.4, 2—JoAnn Dyre (GM) 63.5; **200**, 1—Brenda Brown (V) 24.2, 2—Lisa Garrett (V) 24.2; **3000**, 1—Jill Haworth (V) 9:38.6, 2—Aileen O'Connor (V) 9:46.0; **800Med**, George Mason (Funn-Bragg-Sheppard-Dyre) 1:51.0; **DT**, Susan Glover (V) 134'4; **4x800**, Virginia (Sweebe-Ehrlich-Groos-Kansas) 9:24.4, 2—Richmond 9:24.4; **4x400**, 1—Virginia (Scruggs-Waller-Brownell-Garrett) 3:36.4; **Scores**, 1—Virginia 253, 2—James Madison 107, 3—George Mason 81, 4—William & Mary 43, 5—Richmond 36, 6—Virginia Tech 26, 7—Lynchburg 21, 8—Liberty Baptist 10, 9—Mary Washington 6, 10—Eastern Mennonite 0.

Oregon Downs Washington

Seattle, Washington, April 19 — The University of Oregon defeated the University of Washington 75-52 in a dual meet on the Husky Stadium track. Oregon's Patty Kearney turned in the best collegiate javelin throw of the year to date when she won with a throw of 180'7. Oregon's new foreign import,

Grace Bakari, won the 400 in 54.6 and the 200 in 24.73 to lead the Ducks.

RESULTS: 3000, Kathy Adams (W) 9:46.0; **4x100**, Washington 47.8; **LJ**, Lexie Miller (Ore) 19'4; **JT**, 1—Patty Kearney (Ore) 180'7, 2—Deanna Carr (W) 167'4, 3—Sally Harmon (Ore) 155'0; **SP**, 1—Carrie Albano (Ore) 46'9, 2—Jackie Henry (W) 45'7; **100H**, 1—Robin Pate (Ore) 14.8, 2—Lexie Miller (Ore) 14.9; **400**, 1—Grace Bakari (Ore) 54.6, 2—Colleen Richardson (W) 56.1; **800**, 1—Leann Warren (Ore) 2:07.5, 2—Dana Arnim (W) 2:11.2; **100m**, Melanie Batiste (Ore) 12.1; **400H**, Robin Pate (Ore) 62.51; **200**, 1—Grace Bakari (Ore) 24.73, 2—Melanie Batiste (Ore) 25.15; **1500**, 1—Sandra Gregg (W) 4:32.3, 2—Eryn Forbes (Ore) 4:35.6, 3—Sara Neil (W) 4:35.7; **4x440**, 1—Washington (Arnim-Shannon-Gregg-Richardson) 3:52.6, 2—Oregon 3:56.5; **DT**, 1—Lisha Lass (Ore) 147.0, 2—Mary Stevenson (W) 145'11.

Carolina Relays

Chapel Hill, North Carolina, April 12 — Ten teams participated in the 18th Annual Carolina Relays as North Carolina State's Betty Springs dominated the competition with wins in the 1500 and 5000 meter runs.

RESULTS: **SP**, Lynette Antoine (St. Augustines) 42'7/4; **DT**, Jeri Daniels (Wm&Mary) 136'0; **LJ**, Lisa Staton (NC) 19'5; **1500**, Betty Springs (NC) 4:33.9; **800**, Cookie McPhatter (East Car) 2:10.9; **400**, Susan Shreckhise (James Madison) 57.8; **100m**, 1—Lisa Staton (NC) 11.8, 2—Cathy Crawford (St. Aug) 11.8; **5000**, 1—Betty Springs (NC) 16:55.0, 2—Deborah Snaggs (Richmond) 17:01.0, 3—Kathy Scherer (W&M) 17:21.1.

Tennessee Swamps Indiana

Knoxville, Tennessee, April 19 — Winning fourteen of the sixteen events, the University of Tennessee scored a decisive 105-29 win over visiting University of Indiana. The Vols had three double winners in Benita Fitzgerald who took the 100 (11.83) and the 100 hurdles with a fine time of 13.45, Susan Thornton who won the discus (139'0) and Javelin (123'3) and was second in the shot, and Lynn Lashley who won the 5000 (17:03.4) and 3000 (10:00.9).

OTHER RESULTS: **HJ**, Desiree Sheire (Ind) 5'6; **4x100m**, Tennessee 47.21; **800**, 1—Delissa Walton (T) 2:07.8, 2—Kathy Kirchner (T) 2:12.0; **SP**, Rose Hauch (T) 49'11/2; **200**, Jackson (Ind) 24.80; **800mMed**, Tennessee (Smith-Robinson-Fitzgerald-Walton) 1:41.2, 2—Indiana 1:45.2.

Rutgers Relays

New Brunswick, NJ, April 18/19 — Although the younger generation made most of the headlines, it was the appearance of two veterans that made the Rutgers great in 1980. Look who won the 100 — Mattline Render, still running for the New York PAL. Render won in meet record time of 11.89. Mattline first placed in the National AAU Indoor Champion-



Ann Sullivan (Brown) leads Pia Palladino (Georgetown) at EAIWA three mile. Palladino won in 15:41.4

JEFF JOHNSON PHOTO

RESULTS—RESULTS—RESULTS (continued)

ships in 1966, began competing long before that and is still going strong in 1980. Mattline was born in February 1948. The second name from long ago to appear in the Rutgers summary was janelinists Barbara Friedrich who was second with a toss of 154'0, just four inches away from first. Friedrich, who held the American record for many years, was born a year later than Render.

At the other end of the line, young Joetta Clark, still a high school lass, won the 800 in a swift 2:07.0 and Peggy Cleary, one of the horde of distance runners from the Penn State stable, took the 10000 in 34:24.7.

RESULTS: 400, Denise Peynado (Rut) 55.2; 100H, 1—Debbie Deutsch (Rut) 13.90, 2—Julie Smithers (Rut) 14.16; 1500, Penny Fales (PS) 4:33.3; 3000, Mary Rawe (PS) 9:03.7; 10000, 1—Peggy Cleary (PS) 34:24.7, 2—Nancy Seeger (Rut) 34:27.6; 4x100, 1—LIU 46.8, 2—Rutgers 47.3, 3—Adelphi 47.4; 4x200, 1—Adelphi 1:37.4, 2—Rutgers 1:39.1, 3—LUI 1:39.4; 4x800, 1—Penn State (Charmichael-Murnane-Miller-Rawe) 9:05.7, 2—Villanova 9:11.4, 3—St. John's 9:18.5; 4x400, 1—Rutgers (Dumbek 55.5-Ugi 57.2-McCauley 53.8-Peynado 53.7) 3:40.2, 2—Adelphi 3:42.9, 3—LIU 3:48.8, 4—Penn State 3:51.2; DistMed, 1—West Chester 11:37.3, 2—Penn State 11:37.6, 3—Villanova 11:50.0; SP, Denise Wood (Un) 48'5"; JT, 1—Jill Watts (SAC) 154'4, 2—Barbara Freidrich (SAC) 154'0.

Baylor Invitational

Waco, Texas, April 18 — Good relay marks by Texas Woman's University and a fast 1500 by North Texas' Leana Kocking spotlighted the Seventh Annual Baylor Invitational. The TWU team of Leleith Hodges, Carolyn Amos, Karen Holmes and Dorothy Scott won the 4x100 in a swift 45.55 and then, switching positions, the same foursome whisked through a medley in 1:42.60. Simpson and Scott did additional duty in the 4x400 with the TWU team winning in 3:42.9. Hocking covered the 1500 in 4:21.5 to win over tough Val Horan of Houston. No team score was kept.

RESULTS: JT, Trish Wright (Houston) 151'6; LJ, Carolyn Amos (TWU) 19'3"; DT, Vickilee Coburn (Tx&M) 144'9; SP, 1—Kathy Devine (Un) 49'9, 2—Iris Tipton (Tx&M) 45'1; 4x100m, 1—TWU (Hodges-Amos-Holmes-Scott) 45.55, 2—Abilene Christian 46.86, 3—North Texas State 46.99; 1500, 1—Leana Hocking (NTS) 4:21.5, 2—Val Horan (H) 4:23.1; 800Med, 1—TWU (Holmes-Amos-Hodges-Scott) 1:42.6, 2—Houston 1:43.7, 3—ACU 1:46.6; 100H, Karen Holmes (TWU) 14.08; 3000, 1—Leana Hocking (NTS) 9:48.7, 2—Lorie Scott (Tx&M) 9:58.0; 100m, 1—Leleith Hodges (TWU) 11.70, 2—Vickie Finch (H) 12.01; 800, 1—Disa Lewis (Rice) 2:08.6, 2—JoAnn Dohanich (NTS) 2:10.6, 3—Cynthia White (TWU) 2:11.9; 400H, 1—Cindy Bartlett (Tx&M) 60.64, 2—Ellen Smith (Tx&M) 61.56, 3—Susan Lumley (UTA) 62.42; 4x440, 1—TWU (Simpson-Scott-Villarreal-Martinez) 3:42.9, 2—Houston 3:43.9, 3—NTS 3:45.4.

El Paso Invitational

El Paso, Texas, April 19 — Excellent relay performances by Arizona State and

UTEP, plus a good weight double by Ria Stalman and a twin win in the high jump and hurdles by Coleen Reinstra were the bright spots of the El Paso Invitational.

RESULTS: 4x440, 1—UTEP (Rivers - Biggers - Collins - Brown) 3:42.2, 2—Texas 3:44.8, 3—New Mexico 3:47.9; 4x880, 1—UTEP (Collins - Van Amstel - Mitchell - Richards) 8:55.9, 2—New Mexico 9:09.4, 3—Texas Tech 9:13.2, 4—Texas 9:14.3; 4x220, 1—Arizona State (Crawford - Reeves - Bowen - Boyer) 1:39.6, 2—Texas 1:39.7, 3—UTEP 1:40.0, 4—Texas Tech 1:40.5, 5—New Mexico 1:41.8, 6—Arizona 1:42.0; HJ, Coleen Reinstra (ASU) 5'11; DT, 1—Ria Stalman (ASU) 177'10, 2—Betty Bogers (UTEP) 162'3, 3—Julie Cart (ASU) 160'3; LJ, 1—Cende Mills (Texas Tech) 19'10, 2—Esther Otieno (UTEP) 19'6", 3—Sharon Moultrie (TT) 19'3", 4—Cathy Greaves (ASU) 19'2; 4x100, 1—ASU (Crawford - Calhoun - Bowen - Boyer) 45.95, 2—Texas 46.32, 3—UTEP 46.35, 4—Texas Tech 46.79; 1500, 1—Debbie Mitchell (UTEP) 4:31.7, 2—Jacqueline Richards (UTEP) 4:32.9, 3—Joy Hansen (Ariz) 4:42.1; 100H, 1—Coleen Reinstra (ASU) 14.08, 2—Brenda Calhoun (ASU) 14.08, 3—Sue Slutz (TT) 14.53, 4—Tammy Etienne (Tx) 14.55; SP, 1—Ria Stalman (ASU) 47'10, 2—Jennifer Smit (UTEP) 47'9", 3—Debra Pryor (ASU) 46'9; 400H 1—Truus Van Amstel (UTEP) 60.00, 2—Tammy Etienne (Tx) 60.6, 3—Regina Dramiga (NM) 61.6, 4—Leslie Miles (ASU) 62.4.

Northern Colorado Invitational

Greeley, Colorado, April 18/19 — Ten schools gathered for the staging of the Iniversity of Northern Colorado Invitational on the Greeley campus and when the wars were finished, the home team had captured top honors with 167 points. Colorado State and Idaho State were second and third. Best marks were turned in in the weight events.

RESULTS: 880Med, Northern Colorado 1:50.0; DT, Francine Kaylor (ColSt) 149'5; 100H, 1—Paula Allen (IdSt) 14.32, 2—Jill Evans (NC) 14.70; 100m, Yvette Taylor (Southern Col) 11.84; 400H, 1—Brenda Billiard (ColSt) 63.54, 2—Paula Allen (IdSt) 63.91; JT, Engle (ColCollege) 157'8; 3000, Judy McCreary (NC) 10:20.5; SP, Kelly Curran (ColSt) 47'0"; 5000, Judy McCreary (NC) 17:30.8; LJ, Jackie Sowell (NC) 18'9"; 4x880, 1—Air Force Academy 9:47.3, 2—Northern Colorado 9:53.5; Scores, 1—Northern Colorado 167, 2—Colorado State 112, 3—Idaho State 110½, 4—Air Force Academy 92, 5—Adams State 53, 6—Southern Colorado 50, 7—Fort Hayes State 21½, 8—Colorado College 21, 9—University of Colorado 16, 10—Eastern Wyoming 0.

Dinello Hot in Illinois

Macomb, Illinois, April 19 — Lori Dinello sped through a 13.5 flight of hurdles and also annexed the 100m dash in 11.9 to highlight the Midwest Open staged by Western Illinois University. The home team turned in osme good marks also as they won the 4x880 in 9:22.4 and the 880 medley in 1:45.5.

RESULTS: 3000, Rose Thompson (Wis) 9:40.4; 4x110, Wisconsin 48:07; 1500, Susie Houston (Wis) 4:30.6; 400, Pam Moore (Wis) 54.62; 800, Ellen Brewster (Wis) 2:11.2;

400H, Carmen Ritz (Eastern Ill) 63.0; 5000, Sally Zook (Wis) 17:48.0; 4x440, Wisconsin 3:50.9; LJ, Patty Jones (Will) 19'4"; SP, Mary Ann Johnson (Will) 45'2; HJ, Lori Kamnitz (Wis) 5'8; DT, Sue Gordon (Wis) 145'7.

Kansas Relays

Lawrence, Kansas, April 18/19 — the 55th Kansas Relays kicked off the annual midwest relay carnival tour with a two day competition involving a host of outstanding performers. Coming out with the best performances were hurdlers Pam Page of Missouri who won the 100m event in 13.48, and Brenda Chambers of Colorado who took the 400m contest in 59.90. The two mile relay teams also provided top marks as Oklahoma edged Colorado 9:00.0. The two mile relay teams Colorado 9:00.0 to 9:02.6 and the high school team from Kansas City's Southwest won their division in 9:44.6.

RESULTS: SP, 1—Rosario Ramos (Col) 48'4½, 2—Robin Small (Kan) 47'1; HJ, 1—Mary Cragoe (Mo) 5'11, 2—Renee Nickles (Ok) 5'10; 4x880, 1—Oklahoma (Houghton 2:14.8-Lancaster 2:19.2-Curtis 2:12.9-Bjelland 2:12.9) 9:00.0, 2—Colorado 9:02.6, 3—Kansas 9:03.1, 4—Iowa 9:08.2, 5—Missouri 9:09.7; JT, Mary Schultz (SW) Mo.St) 143'10; LJ, Halcyon McKnight (Kan) 19'4"; 100H, 1—Pam Page (Mo) 13.48, 2—Lori Lowrey (Kan) 13.84, 3—Gwen Poss (Kan) 14.07; SpMed, 1—Memphis State (Williams-Walker-Hooker-Spencer 55.93) 1:44.0, 2—Kansas State 1:44.7; 100m, 1—Wanda Hooker (Memphis St) 11.75, 2—Pat Foster (Wichita St) 11.85, 3—Alicia McQueen (Barton County CC) 11.93, 4—Lori Green-Jones (Kan) 11.93, 5—Wanda Harris (Ark) 11.94; 800, 1—Lee Ballenger (Col) 2:08.0, 2—Siri Bjelland (Ok) 2:08.5, 3—Maureen Houghton (Ok) 2:09.4, 4—Kay Stormo (Iowa) 2:10.7; 4x440, 1—Arkansas (Howard 56.86-Bedford 55.75-Sparks 57.48-Ousley 54.63) 3:45.2, 2—Kansas State 3:47.0, 3—Oklahoma 3:51.3; 5000, 1—Carol Urish (Houston Harriers) 16:39.7, 2—Karen Bridges (Un) 16:45.1, 3—Cathy Saxon (KanSt) 17:00.6, 4—Carol Cook (St.Louis TC) 17:03.5, 5—Mary Ellen Kunkel (Mo) 17:05.8, 6—Karen Fitz (Un) 17:09.2, 7—Donna Ganly (Mo) 17:10.0; DT, 1—Brenda Denny (Col) 152'7, 2—Julie Jones (Wy) 152'4, 3—Robin Small (Kan) 150'10; 1500, 1—Jody Rittenhouse (Ark) 4:25.0, 2—Laurie Holm (MonSt) 4:28.4, 3—Carleen Thom (Col) 4:29.3; 400H, 1—Brenda Chambers (Col) 59.90, 2—Jeannette Bradley (Wy) 60.80, 3—Lori Lowrey (Kan) 61.29, 4—Diane Steinhart (Iowa) 61.30; 4x110, 1—Arkansas (Harris-Russell-Sparks-Bedford) 46.80, 2—Memphis State 47.05.

HIGH SCHOOL DIVISION: 4x880, 1—Southwest HS, Kansas City 9:44.6, 2—Shawnee Mission East 9:54.7, 3—Manhattan, Kansas 9:56.6; 4x110, Highland Park 48:97; 100m, Jocelyn Bentley (Highland Park) 11.88.

Princeton Champs

Princeton, New Jersey, April 19 — Harvard's Darlene Beckford had the best marks, but Princeton University annexed the team title as the Ivy League staged its annual championship meet. Beckford won the 800 in 2:11.0 and the longer run in 4:27.4 for a fine double.

(continued on page 22)



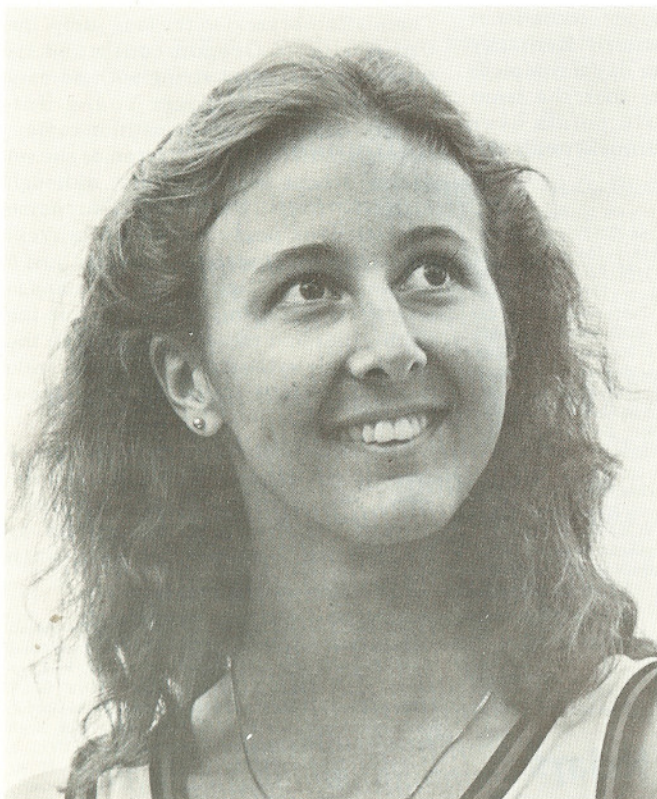
Lee Ballenger (Colorado) 800



Pam Page (Missouri) 100 H

KANSAS RELAYS CHAMPIONS

JEFF JOHNSON PHOTOS



Mary Cragoz (Missouri) High Jump



Brenda Denny (Colorado) Discus

Hart, also of Harvard, had a good 10k.

RESULTS: 10000, Hart (Harvard) 35:51.8; 4x100, Princeton 48.19; SP, Koziara (Dartmouth) 46'4"; 5000, O'Malley (Brown) 17:29.7; 4x800, 1—Harvard 9:10.8, 2—Princeton 9:15.0; 1500, 1—Beckford (Harvard) 4:27.4, 2—Schulte (Princeton) 4:29.7; 400, Dawn Booth (Princeton) 56.81; 100m, Clarke (Cornell) 12.09; 800, 1—Beckford (Harvard) 2:11.0, 2—Schulte (Princeton) 2:12.8, 3—Lambelet (Cornell) 2:13.1; 400H, Anderson (Princeton) 63.06; 200, Clarke (Cornell) 24.6; 4x400, Cornell 3:47.8; **Scores,** 1—Princeton 165, 2—Brown 87, 3—Cornell 84, 4—Harvard 79, 5—Pennsylvania 54, 6—Dartmouth 36, 7—Yale 25, 8—Barnard 3.

Oregon State Defeats Washington State

Spokane, Washington, April 19 — Kathy Weston and Carina Westover scored double wins to lead Oregon State to an easy 89-38 victory over Washington State, but it was the Pullman javelin ace, Jeanne Eggart, who turned in the days best performance. Eggart tossed the javelin 171'6 to move into contention for national honors. Tonja Reigle of OSU also had a good mark in the javelin at 160'10. Westover won the high jump with a good 5'10½ and returned to win the 100 hurdles in 14.8. Weston doubled with wins in the 400 and 1500.

RESULTS: LJ, Colleen Gibson (OSU) 19'6; SP, Karen Crull (Spokane CC) 43'3¾; 3000, 1—Joanne Lahti (SCC) 9:49.9, 2—Carolyn Walker (OS) 10:18.6; 4x100, 1—OS 47.4, 2—WS 47.9; 400, Kathy Weston (OS) 55.4; 100m, Regina Jordan (OS) 12.1; 800, Karen Blair (WS) 2:10.9; 200, 1—Michelle Williams (WS) 24.5, 2—Colleen Gibson (OS) 24.6, 3—Wendy Tyus (OS) 24.7; 400H, Cindy Greiner (OS) 64.1, 2—Nancy McCarthy (WS) 64.1; 1500, 1—Kathy Weston (OS) 4:32.1, 2—Lisa Woodcock (WS) 4:36.2; 4x400, 1—Oregon State 3:47.4, 2—Washington State 3:49.1; DT, Terry Georgeson (OS) 138'1.

Puerto Rico University Championships

From Fernando Rodil

San Juan, Puerto Rico, April 18/19 — The Ninth University Championships for women were won by the College of Agriculture and Mechanic Arts with a hefty score of 170 points. Next came the Inter-American University with 119 and the University of Puerto Rico with 86 points. Eight institutions took part in the competition.

June Caddle of Barbados and the A&M College was the high point scorer with 45 points. She was followed closely by local student Angela Lind who tallied 42 points and established National Records for the 800 and 3000.

RESULTS: 100/200/100H/LJ, June Caddle (A&M)

11.95/24.22/14.41/18'0½; 400, Marie Mathieu (A&M) 55.70; 800/1500/3000/400H, Angela Lind (IU) 2:07.3/4:43.7/10:02.2/60.80; HJ, Jennifer Swanston (A&M) 5'3¾; SP/DT, Elena Cajigas (UI) 32'8½/135'2; JT, Litza Boyer (SH) 150'10; 4x100/4x400, A&M 48.20/3:56.9.

Ball State Invitational

Muncie, Indiana, April 19 — Peach Payne's double in the 400 and 400 hurdles was just about the only bright spot of the Ball State Invitational in which 10 teams participated.

RESULTS: 400H, Peach Payne (Purdue) 61.0; 1500 Ann Marek (Purdue) 4:35.4; 4x800, Purdue 9:13.0; 200 Darcel Church (Ind St) 24.5; 3000, Ann Malone (Purdue) 9:52.8; 400, Peach Payne (Purdue) 56.25; 100m, LaLetta Fitzpatrick (Ind St) 12.1; 800, Marian Kidd (Ind St) 2:13.3; 100H, Tett (C. Mich) 14.5; HJ, Maggie Woods (Purdue) 5'9; **Scores,** 1—Purdue 158, 2—Central Michigan 119, 3—Indiana State 103, 4—Illinois 64, 5—Ball State 26, 6—Marion 15, 7—Manchester 4, 8—Taylor 3, 9—Huntington 2, 10—Anderson 1.

Lady Topper Invitational

Bowling Green, Kentucky, April 19 — A fine flight of 100m hurdles by Terre Haute's Sherry Ballew highlighted the staging of the Lady Topper Invitational on the campus of Western Kentucky University. To make the day a complete success, the home team took the team championship with 116 points over deadly rival Eastern Kentucky with 105.

RESULTS: SP/DT, Victoria Gay (W. Ky) 44'4½/144'11; HJ, Connie Dorsey (THTC) 5'9, 2—Robin Shaw (Tenn St) 5'9; LJ, Gayle Watkins (THTC) 19'1¼; JT, Lorri Kokkola (W. Ky) 146'5; 4x110, 1—Terre Haute TC 46.88, 2—Tennessee State 47.21; 1500, Paula Gaston (E. Ky) 4:35.3; 100H, 1—Sherry Ballew (THTC) 13.55, 2—Gayle Watkins (THTC) 13.76, 3—Betty Fox (Murray St) 14.07, 4—Teri Seippel (E. Ky) 14.09; 100m, 1—Angie Bradley (W. Ky) 11.92, 2—Sharon Walker (E. Ky) 11.93, 3—Sherry Ballew (THTC) 11.95; 400, 1—Judith Pollion (TSU) 54.50, 2—Ernestine Davis (TSU) 54.65, 3—Judy Richardson (Ky) 55.14; 400H, Teri Seippel (E. Ky) 61.73; 200, 1—Sheryl Pernell (TSU) 24.41, 2—Angie Bradley (W. Ky) 24.54; 800Med, W. Kentucky 1:47.1; 4x800, 1—Kentucky 9:13.8, 2—Eastern Kentucky 9:39.3; 4x440, 1—TSU (Pernell - Shaw - Davis - Pollion) 3:51.2; **Scores,** 1—Western Kentucky 116, 2—Eastern Kentucky 105, 3—Kentucky 96, 4—Murray State 85, 5—Terre Haute TC 70, 6—Tennessee State 57, 7—Southeast Missouri 20, 8—Lake Michigan CC 13, 9—Vanderbilt 10, 10—Louisville 8, 11—Middle Tennessee 4, 12—Bellarmine 2, Evansville and Tennessee Tech did not score.

Becky Boone Relays

Richmond, Kentucky, April 25/26 — Ohio State's Stephanie Hightower, the 1979 AIAW hurdles champion, showed signs of

returning to form as she won the 100m barriers in a fine 13.35 to spotlight the Becky Boone Relays on the Eastern Kentucky campus. Twenty-two teams gathered for this competition and saw a surprising Diana Williams of Michigan State zip the 100 meters in a swift 11.35.

RESULTS: 5000, Robin Smith (E. Ill) 17:03.8; DT, Penny Neer (Mich) 157'5; 3000, Melony Weaver (Mich) 9:55.2; 800Med, Michigan 1:48.5; 4x880, Purdue (Tarpo - Marek - Sanford - Tarpo) 9:11.1; 10000, Janet Bassford (Marshall) 37:34.5; 440R, Michigan (Williams - Pritchett - Miller - Gilliam) 47.0; SP, 1—Rose Haugh (Tn) 48'10¼, 2—Susan Thornton (Tn) 47'9½; 1500, Andrea Marek (Purdue) 4:35.3; 100H, Stephanie Hightower (OSU) 13.35, 2—Betty Fox (Murray St) 14.0, 3—Kim Willis (OSU) 14.3; 100m, 1—Diana Williams (Mich St) 11.35, 2—Stephanie Hightower (OSU) 11.6, 3—Sharon Walker (E. Ky) 11.7; 400H, 1—Peach Payne (Purdue) 60.7, 2—Judy Brown (Mich St) 62.5; 200, 1—Cheryl Gilliam (Mich St) 24.2, 2—Diana Williams (Mich St) 24.2, 3—Melinda Barfield (Ball St) 24.8; JT, 1—Sue Gibson (Ala) 168'4, 2—Debbie Williams (Mich) 160'8; HJ, Inge-Lisa Christerson (OSU) 5'8; 4x440, Michigan State (Anderson - Miller - Douglas - Brown) 3:55.8; **Pentathlon,** 1—Teri Seippel (E. Ky) 3939, 2—Lynn Adams (Ill St) 3549; **Scores,** 1—Michigan 80, 2—Michigan State 74, 3—Purdue 70, 4—Ohio State 59, 5—Eastern Kentucky 41, 6—Western Kentucky 39, 7—Alabama 33, 8—Tennessee 30, 9—Indiana State and Murray State 28.

Oregon Whomps BYU

Eugene, Oregon, April 26 — With Grace Bakari zipping to a 53.70 clocking for 400 maters and Lexie Miller upsetting Themis Zambrzycki in the long jump, the University of Oregon continued its unbeaten dual meet string with an easy 80-47 win over Brigham Young University. Bakari's only competition came from teammate Leann Warren as she set a new school record. Miller, although jumping only 19'4¾, was a surprise winner over pentathlete Zambrzycki who, although leaping over 21 feet just a couple of weeks earlier, could manage only 19'3½ in Eugene. Miller also won the 400 hurdles and picked up a third in the shorter barrier event. The Oregon mile relay team won in a good 3:46.6 — without Bakari.

Oregon's Patty Kearney moved into a favorite spot for AIAW honors when she lofted the javelin 171'2 and the meet marked the return of competition by Katy Mountain, out all year with injuries.

RESULTS: LJ, 1—Lexie Miller (Ore) 19'4¾, 2—themis Zambrzycki (BYU) 19'3½; JT, 1—Patty Kearney (Ore) 171'2, 2—Sally Harmon (Ore) 156'3; 3000, 1—Eryn Forbes (Ore) 9:35.3, 2—Katy Mountain (Ore) 9:56.0; 4x100m, 1—BYU (Bourn-Themis Zambrzycki-Garcia-Thais Zambrzycki) 46.48, 2—Oregon 46.95; 1500, Eryn Forbes (Ore) 4:38.3; 100H, 1—Linda Bourn (BYU) 13.83, 2—themis Zambrzycki (BYU) 14.18, 3—Lexie Miller (Ore) 14.34; 400, 1—Grace Bakari (Ore) 53.70, 2—Leann Warren (Ore) 54.22; SP, 1—Carrie Albano (Ore) 47'6, 2—

(continued on page 24)

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RESULTS—RESULTS—RESULTS (continued from page 22)

Themis Zambrzycki (BYU) 47'1; 100m, 1—Thais Zambrzycki (BYU) 11.7, 2—Melanie Batiste (Ore) 11.8, 3—Linda Bourn (BYU) 11.9, 4—Rhonda Redditt (Ore) 11.9; 800, Joslyn West (Ore) 2:14.3; HJ, 1—Marie Betioli (BYU) 5'10, 2—Jeanne Borchardt (Ore) 5'8; 400H, 1—Lexie Miller (Ore) 62.65, 2—Stephanie Ratcliffe (BYU) 63.33; 200, 1—Thais Zambrzycki (BYU) 24.00, 2—Melanie Batiste (Ore) 24.28, 3—Marie Betioli (BYU) 25.21, (Wind +7.7mps); DT, 1—Mary Stevenson (Ore) 158'9, 2—Lisha Lass (Ore) 154'5, 3—Heather Kuuseia (BYU) 149'8; 4x400, 1—Oregon (Batiste-Massey-West-Warren) 3:46.6, 2—BYU 3:56.7.

Lobo Invitational

Albuquerque, New Mexico, April 26 — The University of New Mexico upset UTEP as they hosted the Fifth Annual Lobo Invitational at the University track. Best performances were turned in by UTEP's Betty Bogers who suddenly improved from 149'5 to 177'1 in the discus and UTEP's Carmen Rivers with new records in both sprints.

RESULTS: SP/DT, Betty Bogers (UTEP) 42'4/177'1; LJ, Esther Otieno (UTEP) 19'1; 1500, Jackie Richards (UTEP) 4:39.3; 400, Jeanine Brown (UTEP) 55.2; 800, Rochelle Collins (UTEP) 2:11.8; 100m, 1—Carmen Rivers (UTEP) 11.6, 2—Beatrice Reese (UTEP) 11.7; 400H, 1—Regina Dramiga (NM) 60.0, 2—Trus Van Amstel (UTEP) 62.2; 200, 1—Carmen Rivers (UTEP) 23.7, 2—Beatrice Reese (UTEP) 24.2; 3000, Debbie Mitchell (UTEP) 10:27.4; Scores, 1—New Mexico 196, 2—UTEP 156, 3—Southern Colorado 53, 4—Genado 23, 5—Eastern NM 13, 6—Colorado College 8.

Texas AIAW Champs

Austin, Texas, April 24/26 — Bad weather cramped some performers at the Texas State AIAW Championships, but in spite of the unpleasantness some fine marks were recorded. Biggest surprise of the competition were the performances of little known Midde Hamrin of little known Lamar University. Hamrin opened her bid for the State AIAW titles on Friday with a sterling 16:30.3 triumph in the 5000 as runner-up Lorie Scott of Texas A&M finished more than a minute later. Next up, Hamrin annexed the 10000 in 34:34.0, winning by nearly four minutes over Texas' Jayne Sweigart. With nothing else to do on Saturday, Hamrin once again took to the track and won the 3000 in 9:47.6 as Scott chased her across the line once again.

In the Division II/III competition, two athletes stood out. Darlene Ourso of Sam Houston won the shot, discus and javelin while Angelo State's Jackie Mays spent two days winning the 100, 200, long jump and running on winning relay teams in the 4x100 and medley relays — plus heats in all the running events. Karen

Hawkins, Texas Southern, won both sprints in Division I competition, whipping National AIAW champion Leleith Hodges of TWU in a slow 100.

RESULTS: Division I: DT, 1—Laura Messner (Tx) 156'3, 2—Vickilee Cobern (Tx A&M) 155'9; 1500, 1—Val Horan (Houston) 4:33.5, 2—Leana Hocking (NTxSt) 4:34.7; 4x100, 1—TWU (Hodges - Amos - Holmes - Simpson) 46.53, 2—Texas 47.39; 100H, 1—Linda Weekly (TxSt) 13.61, 2—Karen Holmes (TWU) 13.73; HJ, Jan Chesbro (TxA&M) 5'6; 800, 1—Val Horan (Houston) 2:15.6 (2:13.7h), 2—Tawanna Thompson (TxSt) 2:16.0 (2:13.4h), 3—Leana Hocking (NTxSt) 2:16.0 (2:13.6h); 400, 1—Ruth Simpson (TWU) 55.70 (55.15h), 2—Earnestine Hanna (TxSt) 56.10, 3—Robbin Coleman (Tx) 56.29 (54.73h); 100m, 1—Karen Hawkins (TxSt) 11.63, 2—Leleith Hodges (TWU) 11.75, 3—Debra Pinnex (NTS) 11.93 (11.87h); 200, 1—Karen Hawkins (TxSt) 23.47w, 2—Debra Pinnex (NTS) 23.57w, 3—Gwen Smith (TxSt) 23.81w; 400H, 1—Tammy Etienne (Tx) 61.34 (60.10h), 2—Ellen Smith (TxA&M) 62.57; 3000, 1—Midde Hamrin (Lamar) 9:47.6, 2—Lorie Scott (TxA&M) 10:04.3; 4x800, 1—Texas Southern (Wallace - Redd - Thompson - Jackson) 9:10.6, 2—Texas 9:21.8, 3—Texas Tech 9:23.6; JT, Trish Wright (Houston) 140'6; 4x400, 1—Texas (Coleman - Rochester - Etienne - Holmes) 3:42.8, 2—Texas Southern 3:43.4, 3—TWU 3:47.1; Pentathlon, Sande Lambert (TxA&M) 3773; 5000, Midde Hamrin (Lamar) 16:30.3, 2—Lorie Scott (TxA&M) 17:37.3; SP, Iris Tipton (TxA&M) 46'2/2; LJ, 1—Amy Davis (Houston) 19'8/4, 2—Dorothy Scott (TWU) 19'7/4, 3—Joan Bennett (NTS) 18'9; 10000, 1—Midde Hamrin (Lamar) 34:34.0, 2—Jayne Sweigart (Tx) 38:25.7; 800Med, 1—TWU (Hodges - Holmes - Scott - Simpson)

1:40.4, 2—Texas Southern 1:41.7, 3—Texas 1:43.9; Scores, 1—Texas Southern 106, 2—Texas 104, 3—Texas A&M 98, 4—TWU 72, 5—Houston 70, 6—North Texas State 53, 7—Lamar 53, 8—Texas Tech 34, 9—West Texas State 21, 10—Texas/Arlington 1.

Divisions II & III: 4x100, 1—Angelo State (Jones - Evans - Jackson - Mays) 47.23; 100m, 1—Jackie Mays (AS) 11.83, 2—Kim Jones (AS) 12.23; 200, Jackie Mays (AS) 23.92w; 4x800, Abilene Christian 9:46.2; SP/DT/JT, Darlene Ourso (Sam Houston) 44'0/4/142'10/145'11; 4x400, Abilene Christian 3:59.8; 5000, 1—Laurie Taylor (AC) 17:06.4, 2—Patricia Haynes (Rice) 17:27.5; LJ, Jackie Mays (AS) 19'0/4; 800Med, Abilene Christian 1:46.7; Scores, 1—Angelo State 155, 2—Abilene Christian 114, 3—Rice 107, 4—Baylor and East Texas State 47, 6—Sam Houston 39, 7—Stephen Austin 30, 8—Texas A&I 28, 9—Sul Ross State and Texas Christian 4, 11—Texas Lutheran 3, 10—Tarleton State and Trinity 0.

Blackett Impressive at Hartwick

Oneonta, New York, April 25/26 — Jackie Blackett, University of Rochester, was the outstanding performer at the Fourth Annual Hartwick Invitational as she won the 100m hurdles (15.4), 400 (58.2), high jump (5'2/4) and long jump (17'1/4). Lonnie Fertie of Bucknell had a good 3447 in the pentathlon.



JEFF JOHNSON PHOTO

Paula Girven, Maryland High Jumper

Penn Relays

Philadelphia, Pennsylvania, April 24/26 — The most prestigious Relay Carnival, the Penn Relays, provided some of the top marks of the 1980 season as several thousand athletes poured into famous Franklin Field. Top marks were turned in by Tennessee State as they won the 4x100 in a swift 44.72 and the 4x400 in 3:35.0. Jan Merrill edged Francie Larrieu in the mile 4:33.51 to 4:33.55. Some fantastic performances were turned in by the prepsters in the high school division.

RESULTS: **HJ**, 1—Jalene Chase (Md) 6'0, 2—Paula Girven (Md) 5'10½; **SP**, 1—Marita Walton (Tn) 52'4½, 2—Rose Hauch (Tn) 48'5¼, 3—Sue Thornton (Tn) 48'4¼; **JT**, Paula Perfeto (Springfield) 152'6; **LJ**, 1—Kathy McMillan (TSU) 19'11, 2—Evalene Hatcher (Morg St) 19'4¼; **4x100**, 1—Tennessee State (Morehead - McMillan - Jones - Cheeseborough) 44.72, 2—Morgan State 45.66, 3—LIU 46.01; **4x400**, 1—Tennessee State (Davis 54.9 - Polion 53.8 - Blake 53.7 - Jones 52.6) 3:35.0, 2—Morgan State 3:38.3, 3—Temple 3:39.0, 4—Maryland 3:41.1; **100m**, 1—Darlene Jefferson (MsAC) 11.79, 2—Rose Allwood (DC Int) 11.82, 3—Janice Bernard (DC Int) 11.83; **Mile**, 1—Jan Merrill (AGAA) 4:33.51, 2—Francie Larrieu (PCC) 4:33.5, 3—Darlene Beckford (Harvard) 4:39.9, 4—Brenda Webb (Knoxville TC) 4:41.4, 5—Mary Rawe (Penn St) 4:41.5, 6—Margaret Groos (Va) 4:44.8; **4x400**, (Clubs), 1—Atoms TC (Cummings - Dixon - Vega - Forde) 3:38.8, 2—DC International 3:43.4; **4x100**, 1—DC International (Nichols - Bernard - McRoy - Allwood) 45.28, 2—Atoms TC 46.36; **SpMed**, 1—Atoms TC (Forde 55.5 - Nelson 24.0 - Nedrick 24.3 - Jones 21.0) 3:54.3, 2—DC International 3:59.3. **DT**, 1—Marita Walton (Tn) 163'8, 2—Teri Byland (Kent St) 157'8; **DisMed**, 1—Virginia (Scruggs 2:14.0 - Garrett 54.5 - Haworth 3:25.7 - Gross 4:41.8) 11:16.0, 2—Penn State 11:20.8, 3—Tennessee 11:36.4; **400H**, 1—Edna Brown (Temple) 58.3, 2—Joan Elumelu (Boston) 59.0, 3—Maureen Prendergast (LIU) 60.3; **4x800**, 1—Virginia (Nicholson 2:11.3 - Groos 2:13.5 - Haworth 2:10.9 - Scruggs 2:10.2) 8:45.8, 2—Villanova 8:53.1, 3—St. John's 8:56.6; **3000**, 1—Ellen Hornberger (West Chester) 9:28.7, 2—Carolyn Ihrig (Penn St) 9:33.4, 3—Peg Cleary (Penn St) 9:38.1.

High School Division: **LJ**, 1—Carol Lewis (NJ) 20'4, 2—Kathy Rankins (NJ) 19'11½; **SP**, Elaine Sobansky (Pa) 50'0¼; **HJ**, Karen Hill (NY) 5'10; **1500**, 1—Joetta Clark (NJ) 4:27.4, 2—Kim Gallagher (Pa) 4:30.0, 3—Shelly Steely (Pa) 4:30.8; **4x100**, 1—Calvin College, DC 46.56; **4x800**, 1—Brooklyn Tech (Berry 2:18.1 - Patterson 2:17.8 - Lloyd 2:16.3 - Sargent 2:11.5) 9:03.7, 2—William Penn, Philadelphia 9:15.8, 3—Vere Tech, Jamaica 9:16.6; **4x400**, 1—Plainfield, NJ (Carter 56.4 - Counts 57.5 - St. Clair 55.3 - Nelson 55.6) 3:44.3, 2—Dinthill Tech, Jamaica 3:45.6, 3—Vere Tech, Jamaica 3:47.3.

Washington Invitational

Seattle, Washington, April 25 — Two old Pacific Coast Club pals took command of the Washington University Invitational as Kate Schmidt and Debbie Brill turned in top performances. Schmidt won the javelin at 193'11, exactly the same as her mark a week earlier at the Mt. SAC Relays, and Brill won the high jump over Maggie Garrison at 6'1¾. There were other good marks too as Canadians Brit McRoberts in the 1500 (4:16.9) and Ann Mackie-Morelli in the 800 (2:05.5) won strong victories.

Women's Track World

RESULTS: **Pentathlon**, 1—Lynn Kinney (Bigfoot TC) 3683 (15.0 - 38'2 - 5'1 - 16'3¼ - 2:20.1), 2—Jeanne Borchard (Ore) 3560; **10000**, Eugenia Zorich (Cal) 36:54.2; **4x880**, 1—California (Saia - Franklin - Culbert - Trumbley) 9:00.0, 2—Washington 9:05.2, 3—Washington State 9:09.4; **5000**, 1—Suzanne Richter (Cal) 16:50.1, 2—Cindy Sharples (Idaho) 16:53.1, 3—Joanne Lahti (Spokane CC) 16:57.8; **100H**, Cheryl Hawthorne (Cal) 14.51; **4x100**, Central Washington 48.38; **JT**, 1—Kate Schmidt (PCC) 193'11, 2—Jeanne Eggart (Wash St) 157'7; **400**, Connie Culbert (Cal) 55.96; **HJ**, 1—Debbie Brill (PCC) 6'1¼, 2—Maggie Garrison (Sports West) 5'11¼; **100m**, Elaine Parker (Cal) 12.05; **800**, 1—Ann Mackie-Morelli (Can) 2:05.5, 2—Debbie Campbell (Can) 2:07.7, 3—Ranza Clark (Can) 2:08.5, 4—Alice Trumbley (Cal) 2:08.5; **400H**, Cheryl Hawthorne (Cal) 61.82; **LJ**, Yvonne Coelho (Can) 19'9½; **200**, 1—Elaine Parker (Cal) 24.0, 2—Marian Franklin (Cal) 24.1, 3—Pam Johnson (Club NW) 24.2; **1500**, 1—Brit McRoberts (Can) 4:16.9, 2—Maureen Crowley (Can) 4:21.6; **DT**, Gale Zaphriopoulos (Cal) 156'2; **SP**, Mary Jacobson (Ore TC) 48'1¼; **4x440**, 1—Washington (Arnim - Shannon - Gregg - Richardson) 3:51.1, 2—Washington State 3:51.2.

Warren Whips Weston

Eugene, Oregon, May 3 — With 5123 fans looking on, the University of Oregon easily downed cross-state rival Oregon State 85-42 to give the Ducks an undefeated dual meet season. In the feature race of the day, Oregon's Leann Warren upset Olympian Kathy Weston in the 800, running a personal best of 2:03.1. Weston, who led most of the way, clocked 2:03.7 in second. Eryn Forbes had a good 16:37.4 time in the 5000 and Patty Kearney continued her fine javelin throwing for 1980 with a winning toss of 162'11. Oregon's Lexie Miller led her team with wins in the two hurdles, a second in the long jump and a leg on the losing 4x100 relay team.

RESULTS: **LJ**, 1—Colleen Gibson (OSU) 19'7½, 2—Lexie Miller (Ore) 19'2; **JT**, 1—Patty Kearney (Ore) 162'11, 2—Tonya Reigle (OSU) 153'8; **5000**, 1—Eryn Forbes (Ore) 16:37.4, 2—Katy Mountain (Ore) 17:06.6; **4x100**, 1—Oregon State (Gibson - Weston - Jordan - Pennington) 46.50, 2—Oregon 46.70; **1500**, Lida O'Dea (Ore) 4:37.6; **100H**, (Wind +7.1 ft/sec), 1—Lexie Miller (Ore) 14.00w, 2—Robin Pate (Ore) 14.38w; **SP**, Carrie Albano (Ore) 46'5½; **400H**, 1—Lexie Miller (Ore) 61.23, 2—Robin Pate (Ore) 62.54; **400**, Rhonda Massey (Ore) 56.15; **100**, (Wind +10.1), 1—Melanie Batiste (Ore) 11.81, 2—Regina Jordan (OSU) 11.93; **800**, 1—Leann Warren (Ore) 2:03.1, 2—Kathy Weston (OSU) 2:03.7; **200**, (+7.1), 1—Melanie Batiste (Ore) 24.33w, 2—Regina Jordan (OSU) 24.76w; **HJ**, Suzanne Blake (OSU) 5'10½; **DT**, 1—Lisha Lass (Ore) 155'1, 2—Kathy Picknell (Ore) 154'2, 3—Mary Stevenson (Ore) 152'8; **4x440**, 1—Oregon State (Wallace - Jordan - Gibson - Weston) 3:52.5, 2—Oregon 4:08.0; **Exhibition discus**, Lynn Winbigler (OreTC) 183'6; **Scores**, 1—Oregon 85, 2—Oregon State University 42.

Ritchie 213'6 at WCA Championships

Tempe, Arizona, April 25/26 — For the umpteenth time this yer, Meg Ritchie, Great Briton's transplanted student at the University of Arizona, improved on the American Collegiate discus record with a mighty throw on her first effort of



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RESULTS—RESULTS—RESULTS (continued)

the afternoon at 213'6. Ritchie also won top honors in the shot at 52'2 $\frac{3}{4}$ as UCLA defeated a stubborn Arizona State team to win the Conference title, 158-140.

After the five finals on the first day, UCLA had a 20 point lead over Arizona State and despite stiff challenges by the Wildcats, that 20 point margin held up to give Scott Chisam's crew the title.

Friday's competition saw Ritchie win the shot as expected, but the big surprise came when UCLA's Heide Kauti moved into second with her best-ever mark of 49'5 ahead of ASU's Ria Stalman (49'2 $\frac{1}{4}$) and Conference record-holder Emily Dole of Cal State Long Beach (49'0 $\frac{1}{4}$). USC's Sandy Crabtree won a ho-hum long jump competition and UCLA's Michele Bush, who runs all distances from 800 to the marathon — but never on Saturday — annexed the 10000 over Arizona's Marjorie Kaput. The Bruins added to their point total by winning the 880 medley over Arizona State and then added eleven more points in the pentathlon for their first day total of 51, 20 points ahead of Arizona State. UCLA's Tonya Alston took the pentathlon in spite of a 6'2 high jump and a 13.89 flight of hurdles by ASU's Colleen Reinstra.

As Saturday's activities began, Ritchie added the discus title to her collection with ASU's Stalman and Julie Cart picking up the next two spots and UCLA being shut out. Now Arizona State was only six points back. Reinstra won the open high jump at 5'10 $\frac{1}{2}$, Alston was fourth — and the score was tied 55-55. Neither team placed in the 5000 won by San Diego State's Canadian Lynn Kanuka in 16:53.1.

The home team moved into the lead with a win in the 4x100, 65-61, but Linda Goen and Sheila Ralston put the Uclans back in front for good with a 1-3 finish in the 1500. ASU's hopes were shattered in the next two events as Brenda Calhoun could only pick up a fourth in the 100m hurdles and UCLA, without their ace quartermiler Oralee Fowler, still placed 1-2-3-5 in the 400. In spite of Val Boyer's win for ASU in the 100, UCLA led by a whopping 31 points after the 800 and it was all over.

RESULTS: SP, 1—Meg Ritchie (ASU) 52'2 $\frac{3}{4}$, 2—Heide Kauti (UCLA) 49'5, 3—Ria Stalman (Ari) 49'2 $\frac{1}{4}$, 4—Emily Dole (CSLB) 49'0 $\frac{1}{4}$, 5—Ramona Pagel (CSLB) 44'6; LJ, 1—Sandy Crabtree (USC) 19'10 $\frac{1}{4}$, 2—Gwen Loud (UCLA) 19'9, 3—Carrie McLaughlin (SDS) 19'7 $\frac{1}{2}$, 4—Lisa Gouridine (UCLA) 19'5, 5—Kathy Haynes (USC) 19'4; 10000, 1—Michelle Bush (UCLA) 35:06.8, 2—Marjorie Kaput (Ari) 36:52.4; 880Med, 1—UCLA (Gardner-Hendy-Loud-Emerson) 1:41.6, 2—ASU 1:43.0, 3—USC 1:45.6; Pentathlon, 1—Tonya Alston (USC) 3899 (14.49-41'2 $\frac{1}{2}$ -5'8 $\frac{1}{4}$ -18'1 $\frac{1}{4}$ -2:39.4), 2—Colleen Reinstra (ASU) 3888 (13.89-28'10 $\frac{1}{2}$ -6'2-17'8 $\frac{1}{4}$ -2:33.9), 3—Karry Zwart (USC) 3796, 4—Carrie McLaughlin (SDS) 3733, 5—Cathy Greaves (ASU) 3414; DT, 1—Meg Ritchie (Ari)

213'6 (Collegiate record), 2—Ria Stalman (ASU) 181'8, 3—Julie Cart (ASU) 158'3, 4—Leslie Hoerner (CSLB) 156'4, 5—Dana Olson (USC) 153'0, 6—Ramona Pagel (CSLB) 147'7; HJ, 1—Colleen Reinstra (ASU) 5'10 $\frac{1}{2}$, 2—Patti Stafford (SDS) 5'8 $\frac{1}{2}$, 3—Brenda Little (CSLB) 5'8 $\frac{1}{2}$; 5000, 1—Lynn Kanuka (SDS) 16:53.1, 2—Joy Hansen (Ari) 17:56.8; 4x100m, 1—ASU (Crawford-Calhoun-Jackson-Boyer) 46.16, 2—USC 46.39, 3—UCLA 46.89, 4—SDS 47.18; 1500, 1—Linda Goen (UCLA) 4:21.8, 2—Monica Joyce (SDS) 4:23.4, 3—Sheila Ralston (UCLA) 4:23.7, 4—Gina Dyer (USC) 4:29.9; 100H, 1—Deby LaPlante (SDS) 13.62 (-3.1), 2—Sue Kameli (SDS) 14.12, 3—Colleen Reinstra (ASU) 14.34, 4—Brenda Calhoun (ASU) 14.45, 5—Lisa Gouridine (UCLA) 14.50; 400, Kim Law (UCLA) 54.38, 2—Arlise Emerson (UCLA) 54.81, 3—Cindy Cumbess (UCLA) 55.03, 4—Charlotte Reeves (ASU) 55.25, 5—Gina Hendy (UCLA) 55.81, 6—Linda Cassidy (USC) 56.75 (56.31h); 100 (-2.7), 1—Val Boyer (ASU) 11.86 (11.82h), 2—Gwen Loud (UCLA) 12.13 (11.85h), 3—Gail Douglas (USC) 12.15 (11.86h) . . . 6—Deby LaPlante (SDS) 12.38 (12.19h); 800, 1—Cynthia Warner (UCLA) 2:07.0, 2—Michelle Bonds (CSLB) 2:08.5, 3—Monica Joyce (SDS) 2:08.9; 400H, 1—Sue Kameli (SDS) 59.98, 2—Leslie Miles (ASU) 61.72, 3—Kathy Bower (CSLB) 62.33; JT, 1—Celeste Wilkinson (ASU) 161'3, 2—Jacque Nelson (CSLB) 152'4, 3—Dana Olson (USC) 152'4, 4—Debbie Dibb (SDS) 150'9; 200 (-1.2), 1—Val Boyer (ASU) 23.55, 2—Gwen Loud (UCLA) 24.07, 3—Kim Robinson (USC) 25.02 . . . 5—Gail Douglas (USC) 25.61; 3000, 1—Lynn Kanuka (SDS) 9:36.4, 2—Joan Hansen (Ari) 9:42.0; 4x880, 1—UCLA (Perham 2:21.5-Ward 2:16.6-Ralston 2:15.9-Warner 2:20.1) 9:14.4, 2—Arizona 9:33.8, 3—San Diego State 9:48.8; 4x440, 1—UCLA (Hendy 56.5-Law 55.1-Cumbess 57.4-Fowler 54.1) 3:43.5, 2—ASU 3:50.4, 3—USC 3:55.0; Scores, 1—UCLA 158, 2—Arizona State 140, 3—San Diego State 125, 4—USC 81, 5—Arizona 61, 6—Cal State Long Beach 51.

Stanford Classic

Stanford, California, May 9 — The Stanford Classic turned out to be not quite so classic as marks were far off seasonal bests. Good competition, however, was featured in most events, particularly the 3000 with a fine field entered and Stanford's Kim Schnurpfeil the winner in 9:46.3. Robin Campbell won the 400 and 800 and Cal's ineligible sprinter, Kelia Bolton, had a good 200.

RESULTS: 100H, Cheryl Hawthorne (Cal) 14.5; 400, Robin Campbell (Stanford TC) 53.6; 4x100, California 46.4; 1500, Judy Graham (Aggie TC) 4:40.1; 3000, 1—Kim Schnurpfeil (Stanford) 9:46.3, 2—Lynn Hjelte (Cal) 9:47.8, 3—Kerry Brogan (Un) 9:52.0, 4—Suzanne Richter (Cal) 9:55.0, 5—Cheryl Flowers (Cal) 9:55.2, 6—Jan Oehm (Cal) 10:02.4; 200, Kelia Bolton (Milbrae TC) 24.3; 10000, Pam Cox (Stars & Stripes) 36:41.4; 100, Elaine Parker (Cal) 11.7; 800, 1—Robin Campbell (Stanford TC) 2:08.1, 2—Alice Trumbly (Cal) 2:09.9, 3—Marcia Romesser (Aggie TC) 2:11.5; DT, Gale Zaphiropoulos (Cal) 152'8; 400H, Cheryl Hawthorne (Cal) 63.2.

Wisconsin Big 10 Champs—Again

Minneapolis, Minnesota, May 2/3 — Led by Rose Thompson's twin victories in the

1500 and 3000 meter runs, the University of Wisconsin continued its domination of Big Ten track by swamping the field with 153 points for the Conference crown. Michigan State with 90 points was next and the rest were far behind.

Thompson had good marks in both of her wins, clocking 4:26.8 in the 1500 and 9:28.0 for the 3000. Other good performances were turned in by Michigan's Penny Neer with a throw of 162'6 in the disc, Pat Johnson's 20'6 leap in the long jump and Stephanie Hightower's 13.41 clocking in the hurdles into the wind.

RESULTS: DT, Penny Neer (Mich) 162'6; 10000, 1—Beth Sheridan (OSU) 35:24.8, 2—Diane Bussa (Purdue) 35:42.5; 800, 1—Kathy Tarpo (Purdue) 2:08.9, 2—Kay Stormo (Iowa) 2:10.6, 3—Suzanne Frederick (Mich) 2:10.7, 4—Barbara Douglas (MSU) 2:10.8; 3000, 1—Rose Thompson (Wis) 9:28.0, 2—Suzie Houston (Wis) 9:30.4, 3—Rocky Racette (Minn) 9:31.3; 880Med, 1—Wisconsin (Hyman - Jones - Johnson - Moore) 1:42.3, 2—Indiana 1:43.5, 3—Michigan State 1:43.8; HJ, Inge-Lisa Christensen (OSU) 5'9; SP, Annette Bohach (Ind) 44'6 $\frac{3}{4}$; JT, Debbie Williams (Mich) 150'9; LJ, Pat Johnson (Wis) 20'6; 1500, 1—Rose Thompson (Wis) 4:26.8, 2—Anne Pewe (MSU) 4:28.9, 3—Suzie Houston (Wis) 4:29.3, 4—Andrea Marek (Purdue) 4:29.7; 4x110, 1—Michigan State (Williams - Charles - Miller - Gilliam) 46.51, 2—Wisconsin 46.81, 3—Michigan 46.96 (46.91h); 100H, (-.45), 1—Stephanie Hightower (OSU) 13.41, 2—Kim Willis (OSU) 14.64; 400, 1—Pam Moore (Wis) 54.05, 2—Marie Dwyer (Ind) 55.72; 100, 1—Diane Williams (MSU) 11.43, 2—Stephanie Hightower (OSU) 11.81, 3—Cheryl Gilliam (MSU) 11.82, 4—Karen Wechsler (Ind) 11.99; 400H, 1—Peach Payne (Purdue) 59.19, 2—Judy Brown (MSU) 59.96, 3—Chris Davenport (Iowa) 60.57; 4x880, 1—Purdue (Sanford - C. Tarpo - Marek - K. Tarpo) 9:00.5, 2—Iowa 9:00.6, 3—Wisconsin 9:09.7; 200, 1—Cheryl Gilliam (MSU) 24.58, 2—Diane Williams (MSU) 24.77; 5000, 1—Rocky Racette (Minn) 16:51.0, 2—Ann Mulrooney (Wis) 17:01.4; Pentathlon, 1—Maggie Woods (Purdue) 3803 (HJ—5'10 $\frac{1}{2}$), 2—Dorothy Carver (Ill) 3452, 3—Kathy Miles (Ill) 3422; Scores, 1—Wisconsin 153-2/3, 2—Michigan State 90, 3—Ohio State 73, 4—Indiana 66-1/3, 5—Purdue 66, 6—Iowa 62, 7—Michigan 48, 8—Illinois 32, 9—Minnesota 23, 10—Northwestern 1.

UTEP Champs

Ft. Collins, Colorado, May 8/10 — University of Texas at El Paso won its 1980 AIAW Regional Track and Field Championships with 130 points, edging BYU with 104 and surprising Wyoming who scored 93. Wyoming's Julia Jones had a good throw of 162'9 to win the discus in a close fight with Betty Bogers of UTEP (161'1) and Brenda Denny of Colorado (160'4). Best of the events on the track was the 400m hurdles which saw Colorado State's Brenda Billiard run a not too bad 61.86 and end up sixth as both Debbie McLendon and Brenda Chambers of Colorado, broke the 60 second barrier.

Northern Colorado won the Division II title over the Air Force Academy, 231-129.

(continued on page 28)

Big Eight Championships

Lincoln, Nebraska, May 2/3 — With Merlene Ottey leading the way, Carol Frost's star-studded University of Nebraska team won the Big-8 Championships in a close battle with surprising University of Kansas. The Cornhuskers won the title 124-105 in a meet that sparkled with fine performances.

Ottey zipped to two new Conference records in the sprints, once again repeating her strange habit of running faster (or as fast) in the heats as in the finals. Ottey won her trial in the 100 meters in an electric 11.44, then took the final in a hand-timed 11.2. In the 200, she won her heat in a hand-timed 22.5 and the final in an electric 22.93 as the timers did some strange manipulations. Ottey also anchored the 4x110 relay team to a win in 47.0 and ankleed the 200 leg of the second place medley team.

Ottey's teammate, Jennie Gorham, also had a fine day. Gorham won the 400 with ease in 53.24, was third in the 200 at 24.63 after running 23.8 in her heat and placed fourth in the 100 at 11.9. Interesting to note Nebraska ran the mile relay in a not too slow 3:44.5 for a new school record and neither Ottey nor Gorham were on the team!

Yet another Nebraska athlete, Nancy Kindig, supplied a fine performance as she won the pentathlon with a personal best of 3926. Kindig had marks of 14.70, 36'10½, 18'9½, 5'3 and 2:19.7. Teammate Sondra Obermeyer came up with a personal best also in the runner-up spot as she scored 3808.



JEFF JOHNSON PHOTOS

Nebraska's devastating sprint power shown as Merlene Ottey (top) wins Big-8 200 title in 22.93, 1½ seconds ahead of runner-up Lori Green-Jones and Jennie Gorham, "Little Miss Pig-tails" (as her teammates call her), wins the 400 (below) in 53.24 followed by Wanda Trent (Kansas) and Kim Whitehead (Iowa State).

Other good marks were turned in by Kim Whitehead of Iowa State with a 58.80 clocking in the 400 hurdles and Lee Ballenger's 2:07.7 to 2:07.9 win over Siri Bjelland in the 800.



RESULTS: **800Med**, 1—Missouri (Adams - Beasley - Page - Dunlap) 1:43.2, 2—Nebraska 1:43.1, 3—Kansas State 1:44.4; **DT**, 1—Robin Small (Kan) 151'11, 2—Cindy Kiser (Mo) 151'5, 3—Brenda Denny (Col) 150'2; **10000**, 1—Brenda Saunders (Mo) 35:48.8, 2—Bridget Collins (Mo) 36:47.6; **LJ**, 1—Halcyon McKnight (Kan) 19'5, 2—Nancy Kindig (Neb) 19'1½; **3000**, 1—Diane Vetter (ISU) 9:38.5, 2—Debbie Vetter (ISU) 9:41.3, 3—Michelle Brown (Kan) 9:41.9; **Pentathlon**, 1—Nancy Kindig (Neb) 3926, 2—Sondra Obermeyer (Neb) 3808, 3—Beets Kolarik (Kan St) 3506; **200**, 1—Merlene Ottey (Neb) 22.93 (22.5h), 2—Lori Green-Jones (Kan) 24.23 (23.9h), 3—Jennie Gorham (Neb) 24.63 (23.8h), 4—Freda Hancock (Kan St) 24.85 (24.2h); **800**, 1—Lee Ballenger (Col) 2:07.7, 2—Siri Bjelland (Okl) 2:07.9, 3—Maureen Houghton (Okl) 2:08.9, 4—Dana Glidden (Mo) 2:09.0; **SP**, 1—Rosario Ramos (Col) 45'1¾, 2—Robin Small (Kan) 44'7½; **2MR**, 1—Missouri (Seale - Smith - Remmer - Glidden) 8:54.6, 2—Kansas 8:56.0, 3—Iowa State 8:56.8, 4—Colorado 9:07.6; **4x400**, 1—Kansas State (Hancock - Reidy - Davidson - Trent) 3:42.8, 2—Iowa State 3:44.0, 3—Nebraska 3:44.5, 4—Oklahoma 3:45.7; **400H**, 1—Kim Whitehead (ISU) 58.80, 2—Brenda Chambers (Col) 59.54, 3—Deb McClendon (Col) 59.80, 4—Ellie Mahal (ISU) 61.00; **440yR**, 1—Nebraska (Mills - Tatum - Zajic - Ottey) 47.0, 2—Kansas 47.1, 3—Kansas State 47.1; **JT**, Tami Rose (Kan) 142'9; **1500**, 1—Siri Bjelland (Okl) 4:26.3, 2—Carleen Thom (Col) 4:28.0, 3—Debbie Vetter (ISU) 4:30.0, 4—Diane Vetter (ISU) 4:31.2; **100m**, 1—Merlene Ottey (Neb) 11.2 (11.44h), 2—Lori Green-Jones (Kan) 11.7, 3—Carleen Hanna (ISU) 11.7, 4—Jennie Gorham (Neb) 11.9, 5—Freda Hancock (Kan St) 11.9; **400**, 1—Jennie Gorham (Neb) 53.24, 2—Wanda Trent (Kan St) 54.06, 3—Kim Whitehead (ISU) 54.21; **HJ**, 1—Sally McCarthy (Okl) 5'10½, 2—Sharon Burrill (Neb) 5'10½, 3—Mary Cragoe (Mo) 5'10½; **100H**, 1—Pam Page (Mo) 14.15, 2—Gwen Poss (Kan) 14.33 (14.0h), 3—Lori Lowery (Kan) 14.44 (14.1h); **Scores**, 1—Nebraska 124, 2—Kansas 105, 3—Iowa State 97, 4—Missouri 85, 5—Colorado and Kansas State 79, 7—Oklahoma 47, 8—Oklahoma State 3.

WTW

RESULTS—RESULTS—RESULTS (continued from page 26)

Only two events in this division provided good marks as the Academy ran 4x800 in 9:27.9 and Jill Evans of Northern Colorado skipped the 100m hurdles in 14.71.

RESULTS (Division I): **HJ**, Marie Bietoli (BYU) 6'0"; **SP**, 1—Kelly Curran (CSU) 47'6", 2—Jennifer Smit (UTEP) 47'6" (Curran second best throw 47'3", Smit 46'11"), 3—Themis Zambrzycki (BYU) 46'11", 4—Betty Bogers (UTEP) 45'4", 5—Heather Kuusela (BYU) 45'0"; **5000**, Jill Molen (Utah) 17:10.7; **4x800**, Colorado (Montes - Hamilton - Thom - Ballenger) 9:04.3, 2—Wyoming 9:16.5; **800Med**, 1—BYU (Bourn - Bietoli - Garcia - Zambrzycki) 1:44.0, 2—UTEP 1:45.4; **DT**, 1—Julie Jones (Wyo) 162'9, 2—Betty Bogers (UTEP) 161'1, 3—Brenda Denny (Col) 160'4, 4—Pat Herrington (Id St) 154'1; **1500**, 1—Debbie Mitchell (UTEP) 4:32.3, 2—Jackie Richards (UTEP) 4:35.6; **4x100**, BYU (Bourn - Zambrzycki - Bietoli - Zambrzycki) 47.16; **100H**, 1—Linda Bourn (BYU) 14.16, 2—Paula Allen (Id St) 14.28, 3—Danette Alford (UTEP) 14.35, 4—Themis Zambrzycki (BYU) 14.46; **400**, 1—Nancy Miller (Utah St) 54.17, 2—Jeannine Brown (UTEP) 55.00, 3—Judy Johnson (Wyo) 55.38, 4—Laura Ferguson (Wyo) 55.71; **LJ**, 1—Pat Miller (Wyo) 19'10½, 2—Esther Otieno (UTEP) 19'8¼, 3—Thais Zambrzycki (BYU) 19'2¼; **100**, 1—Cheryl Osborne (Utah St) 11.82, 2—Carmen Rivers (UTEP) 11.85, 3—Thais Zambrzycki (BYU) 12.05; **800**, Rochelle Collins (UTEP) 2:10.2; **400H**, 1—Debbie McClendon (Col) 59.55, 2—Brenda Chambers (Col) 59.67, 3—Regina Dramiga (NM) 60.71, 4—Truus Van Anstel (UTEP) 61.42, 5—Jeanette Bradley (Wyo) 61.75, 6—Brenda Billiard (Col St) 61.86; **200**, 1—Carmen Rivers (UTEP) 24.12, 2—Cheryl Osborne (Utah St) 24.56; **3000**, Debbie Mitchell (UTEP) 10:01.1; **4x400**, 1—UTEP (Otieno - Collins - Rivers - Amstal) 3:47.6, 2—Wyoming 3:47.6; **JT**, Roslyn Rouse (BYU) 154'9; **10000**, Jill Molen (Utah) 35:50.4; **Pentathlon**, 1—Themis Zambrzycki (BYU) 3884 (14.4 - 41'6" - 5'5½ - 18'4½ - 2:37.5), 2—Karen Brannan (Col St) 3687, 3—Brenda Wilson (Utah St) 3647, 4—Wendy Lambaugh (Utah St) 3605, 5—Satu Jaaskelainen (BYU) 3578; **Scores**, 1—UTEP 130, 2—BYU 104, 3—Wyoming 93, 4—Colorado 69, 5—Colorado State 64, 6—Utah State 64, 7—Idaho State 32, 8—New Mexico 31, 9—Utah 30, 10—Weber State 8; **Division II Scores**, 1—Northern Colorado 231, 2—Air Force Academy 129, 3—Adams State 86, 4—Southern Colorado 67, 5—Southern Utah State 16, 6—Colorado College 10.

Good Pentathlon

Los Angeles, California, May 11 — High school sophomore Sharon Hatfield and Pomona-Pitzer College senior Jenny Stary tangled in a red hot pentathlon duel as USC hosted an up-grade all comers meet. Hatfield edged Stary 14.5 to 15.4 in the hurdles — this margin of 100 points was to later prove the winning difference for Hatfield. Stary came back in the shot to outscore the prepster by 146 points and take over the lead with a toss of 40'1¼ to 32'11. Hatfield took the lead after the high jump as she cleared 5'5 to Stary's 5'1 and with two events remaining, the high schooler led 2287 to 2219. Stary came back in the long jump with 18'6 to 17'11½ for Hatfield and with only the 800 remaining the lead for Hatfield had been cut to 3074 to 3045. In spite of a not too slow 800 in 2:20.3, Stary lost it to Hatfield who clocked 2:19.4 and won the competition 3865 to 3831. Stary had some consolation however. Her mark qualified her for the AIAW championships.

Cal State Long Beach's Ramona Pagel had a double win in the shot and discus and there was some good long jumping by some oldtimers as Vicki Betts won it with her best come-backing mark of 20'4 and Judy Rejebian was third at 19'10¼.

RESULTS: **HJ**, Brenda Little (LITC) 5'7; **DT**, 1—Ramona Pagel (LITC) 149'9, 2—Dana Olson (USC) 148'3; **JT**, 1—Dana Olson (USC) 152'5, 2—Deena Bernstein (Un) 150'6; **LJ**, 1—Vicki Betts (LITC) 20'4, 2—Kathy Haynes (USC) 19'11¼, 3—Judy Rejebian (USC) 19'10¼, 4—Kerry Zwart (USC) 19'7¼; **SP**, Ramona Pagel (LITC) 45'0; **1500**, 1—Gina Dyer (USC) 4:27.6, 2—Roma Antonwitz (CSN) 4:29.9; **100H**, Renita Garnett (USC) 14.6; **100**, Kim Robinson (USC) 12.39; **400H**, Kathy Bower (LITC) 62.2; **400**, 1—Linda Cassidy (USC) 54.7, 2—Laurel Seiter (Occidental) 55.8; **200**, 1—Gail Douglas (USC) 24.4, 2—Kim Robinson (USC) 24.5; **10000**, Linda Heinmiller (SMTC) 35:12.4; **Pentathlon**, 1—Sharon Hatfield (Un) 3865, 2—Jenny Stary (Pomona-Pitzer) 3831, 3—Joan Russell (Un) 3698, 4—Karen Taylor (CSN) 3444.

Oregon Tops

Seattle, Washington, May 8/10 — The University of Oregon put its act all together to easily win the NCWSA Track and Field Championships scoring 244 points, more than 100 ahead of runner-up Oregon State. Fine marks were the rule, but the javelin stands out as the top event of the three day carnival. Patty Kearney, Oregon, won the spear event with a toss of 173'4 while Tonya Reigle of Oregon State threw 156'7 and wound up sixth. Other good marks came in the two mile relay where Oregon State, the defending AIAW champions, clocked 8:53.2 and Weston's 2:06.3 time in the 800.

RESULTS: **Pentathlon**, 1—Peggy Shaffer (Montana State) 3762 (15.3 - 39'0½ - 5'5 - 17'4¼ - 2:27.2), 2—Cincy Greiner (OSU) 3605; **10000**, 1—Bridgette Baker (Montana) 35:51.2, 2—Irene Griffith (Ore) 36:11.6, 3—Theresa Pidcock (Montana St) 36:28.0; **4x800**, 1—Oregon State (Trom - Brizee - Greiner - Weston) 8:53.2, 2—Washington 8:54.3; **3000**, 1—Eryn Forbes (Ore) 9:31.4, 2—Lauri Adams (Mon St) 9:36.6; **800Med**, 1—Oregon State (Gibson - Pennington - Jordan - Weston) 1:42.3, 2—Oregon 1:44.9; **JT**, 1—Patty Kearney (Ore) 173'4, 2—Terri Cooper (OSU) 166'6, 3—Deanna Carr (Wash) 165'6, 4—Jeanne Eggart (Wash St) 165'3, 5—Sally Harmon (Ore) 158'9, 6—Tonja Reigle (OSU) 156'7; **4x100**, 1—Oregon (Miller - Cimmiyotti - Bakari - Batiste) 46.73, 2—OSU 46.98; **1500**, 1—Leann Warren (Ore) 4:23.8, 2—Sandra Gregg (Wash) 4:25.4, 3—Lauri Holm (Mon St) 4:27.1; **LJ**, Lexie Miller (Ore) 19'5½; **100H**, 1—Lexie Miller (Ore) 14.55 (14.54h), 2—Robin Pate (Ore) 14.76 (14.75h), (Wind -1.10); **SP**, 1—Carrie Albano (Ore) 48'4¼, 2—Jackie Henry (Wash) 45'¾; **400**, 1—GRace Bakari (Ore) 54.79, 2—Rhonda Massey (Ore) 55.55, 3—Colleen Richardson (Wash) 55.58; **HJ**, Carina Westover (OSU) 59'100 (-4.40), 1—Melanie Batiste (Ore) 12.27; **800**, 1—Kathy Weston (OSU) 2:06.3, 2—Dana Arnim (Wash) 2:07.8, 3—Joslyn West (Ore) 2:09.5, 4—Karen Blair (WSU) 2:10.3; **400H**, 1—Robin Pate (Ore) 61.79, 2—Lexie Miller (Ore) 61.80; **200** (-1.75), **Melanie Batiste (Ore) 24.44**, (Bakari disqualified); **5000**, Bridgette Baker (Mont) 16:57.9; **DT**, 1—Lisha Lass (Ore) 159'7, 2—Mary Stevenson (Ore) 151'1; **4x400**, 1—Oregon (Batiste - Massey - Warren - Bakari) 3:41.7, 2—Washington 3:47.2, 3—Washington State 3:48.7; **Scores**, 1—Oregon 244, 2—Oregon State 127, 3—Washington 102, 4—Montana State 65, 5—Washington State 38, 6—Montana 27.

Arizona State Wins

Tempe, Arizona, May 10 — In a ho-hum affair, Arizona State trounced UN Las Vegas and UN Reno by a whopping 226 to 89 to 56 score. Most of the big wheels were resting up for the Pepsi Invitational the following day and only Ria Stalman, ASU, performed with any pazzazz as she tossed the disc 184'7 and the shot 47'8½.

RESULTS: **4x100**, Arizona State 47.1; **JT**, Celeste Wilkinson (ASU) 155'5; **100H**, 1—Cecelia Branch (UNLV) 13.7w, 2—Ann Crump (UNLV) 13.8w; **LJ**, La Nessa Jones (UNLV) 20'4w; **100**, 1—Val Boyer (ASU) 11.3w, 2—Cecelia Branch (UNLV) 11.5w, 3—LaNessa Jones (UNLV) 11.7w, 4—Brenda Calhoun (ASU) 11.9w; **200**, Val Boyer (ASU) 24.4w; **DT**, 1—Ria Stalman (ASU) 184'7, 2—Julie Cart (ASU) 157'8.

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100 Meters

11.02* +Merlene Ottey (Neb)
 11.19 Brenda Morehead (TSU)
 11.26 Pam Montgomery (Tx Tech)
 11.27 Alice Brown (CSN)
 11.30 Dollie Fleetwood (SCC)
 11.30 Lisa Hopkins (Ing P)
 11.32 +Andrea Lynch (CSN)
 11.35 Diane Williams (MSU)
 11.36 Sharon Moultrie (Tx Tech)
 11.37 +Leleith Hodges (TWU)
 11.43 Patrice Roberts (PV)
 11.43 Karen Hawkins (Tx S)
 11.44* Jennifer Innis (CSLA)
 11.51 Gwen Loud (UCLA)
 11.52 Jeannette Bolden (CSN)
 11.54 Florence Griffith (CSN)
 11.54* Benita Fitzgerald (Tn)
 11.54 Val Boyer (ASU)

200 Meters

22.38 Brenda Morehead (TSU)
 22.56 +Merlene Ottey (Neb)
 22.78 Karen Hawkins (Tx S)
 23.14* +Jackie Pusey (CSLA)
 23.17 Lisa Hopkins (Ing P)
 23.17 Chandra Cheeseborough (TSU)
 23.30 Gwen Smith (Tx S)
 23.36 Val Boyer (ASU)
 23.38 Angel Doyle (Southern)
 23.39 Patricia Jackson (PV)
 23.39 Rosalyn Bryant (Ali)
 23.47 +Rose Allwood (DC Int)
 23.51 Linda Wilson (Southern)
 23.52 Yolanda Rich (CSLA)
 23.53 Sheri Howard (CA HS)

400 Meters

51.44 +June Griffith (Adelphi)
 51.94* Sherri Howard (CA HS)
 52.19 Yolanda Rich (CSLA)
 52.24* Rosalyn Bryant (Ali)
 52.35 Robin Campbell (Stan TC)
 52.64* Evelyn Ashford (Un)
 52.64 Patrice Jackson (PV)
 52.86 Jennie Gorham (Neb)
 52.87 Kim Thomas (St. Johns)
 52.90 Sharon Dabney (Clip)
 52.23 Lorna Forde (Atoms)
 53.24* Gwen Gardner (LAM)
 53.24* Roberta Belle (Morg St)
 53.26 Deanna Howard (CA HS)
 53.28 Alice Jackson (DC Int)

800 Meters

2:00.9 Mary Decker (Un)
 2:01.5 Robin Campbell (Stan TC)
 2:02.4 Essie Kelley (PV)
 2:03.1 Leann Warren (Ore)
 2:03.2 Madeline Manning (ORTC)
 2:03.7 Kathy Weston (Ore St)
 2:04.9 Kim Gallagher (Will TC)
 2:04.9 Delissa Walton (Tn)
 2:05.3 Ruth Caldwell (Sub-4)
 2:05.9 Lee Ballenger (Col)
 2:06.0 Francie Larrieu (PCC)
 2:06.0 Cynthia Warner (UCLA)
 2:06.1 Dana Glidden (Mo)
 2:06.2 Minnie McPhatter (E. Car)
 2:06.2 +Monica Joyce (SDS)
 2:06.2 +Siri Bjelland (Ok)

1500 Meters

4:04.2 Mary Decker (Un)
 4:09.9 Brenda Webb (Knox TC)
 4:11.1 Linda Goen (UCLA)
 4:13.6 Jan Merrill (AGAA)
 4:15.9 Maggie Keyes (CP/SLO)
 4:17.6 Alice Trumbly (Cal)

4:17.7 +Monica Joyce (SDS)
 4:18.1 Chris Mullen (Gtn)
 4:18.9 +Rose Thompson (Wis)
 4:19.0 +Penny Werthner (USAM)
 4:19.0 Margaret Groos (Va)
 4:19.0 Mary Rawe (Penn St)
 4:19.1 +Debbie Mitchell (UTEP)
 4:19.4 Suzie Houston (Wis)
 4:19.5 +Ileana Hocking (N. Tx St)

3000 Meters

9:02.5 Brenda Webb (Knox TC)
 9:07.5 Jan Merrill (AGAA)
 9:13.2 Julie Shea (NCS)
 9:15.2 Margaret Groos (Va)
 9:16.3 Cindy Bremser (Wis-Un)
 9:17.4 +Rose Thompson (Wis)
 9:18.0 Heather Carmichael (Penn St)
 9:19.0 Joan Hansen (Ariz)
 9:20.7 Pia Palladino (Gtn)
 9:21.2 +Lynn Kanuka (SDS)
 9:22.0 Aileen O'Connor (Va)
 9:22.5 Mary Shea (NCS)
 9:28.0 Cindy Schmandt (Cal)
 9:28.7 Eileen Hornberger (WCS)
 9:30.0 +Debbie Mitchell (UTEP)

5000 Meters

15:30.6 Jan Merrill (AGAA)
 15:41.3 Julie Shea (NCS)
 15:51.7 Margaret Groos (Va)
 15:52.2 Brenda Webb (Knox TC)
 15:57.3 Mary Shea (NCS)
 16:03.9 Betty Springs (NCS)
 16:04.9 Eileen Hornberger (WCS)
 16:08.0 Judi St. Hilaire (Vt)
 16:10.5 Rocky Racette (Minn)
 16:12.7 Donna Gathje (Man St)

16:15.9 Margaret Cleary (Penn St)
 16:17.7 Mary Walsh (Md)
 16:23.1 Kim Schnurpfel (Stan)
 16:28.2 Lynne Hjelt (Cal)
 16:29.6 Eryn Forbes (Ore)

10000 Meters

33:02.4 Julie Shea (NCS)
 33:03.0 Mary Shea (NCS)
 33:03.4 Betty Springs (NCS)
 33:10.2 +Midde Hamrin (Lamar)
 33:46.8 Ellen Hart (Har)
 33:55.6 Jan Oehm (Cal)
 34:05.6 Beth Sheridan (Ohio St)
 34:16.6 Mary Walsh (Md)
 34:22.8 Michele Aubushon (CS Hay)
 34:24.7 Peggy Cleary (Penn St)
 34:27.6 Nancy Seeger (Rut)
 34:30.7 Aileen O'Connor (Va)
 34:31.4 Barbara Sabitus (Madison)
 34:33.2 Maria Tilman (PhCC)
 34:36.0 Sally Zook (Wis)

Marathon

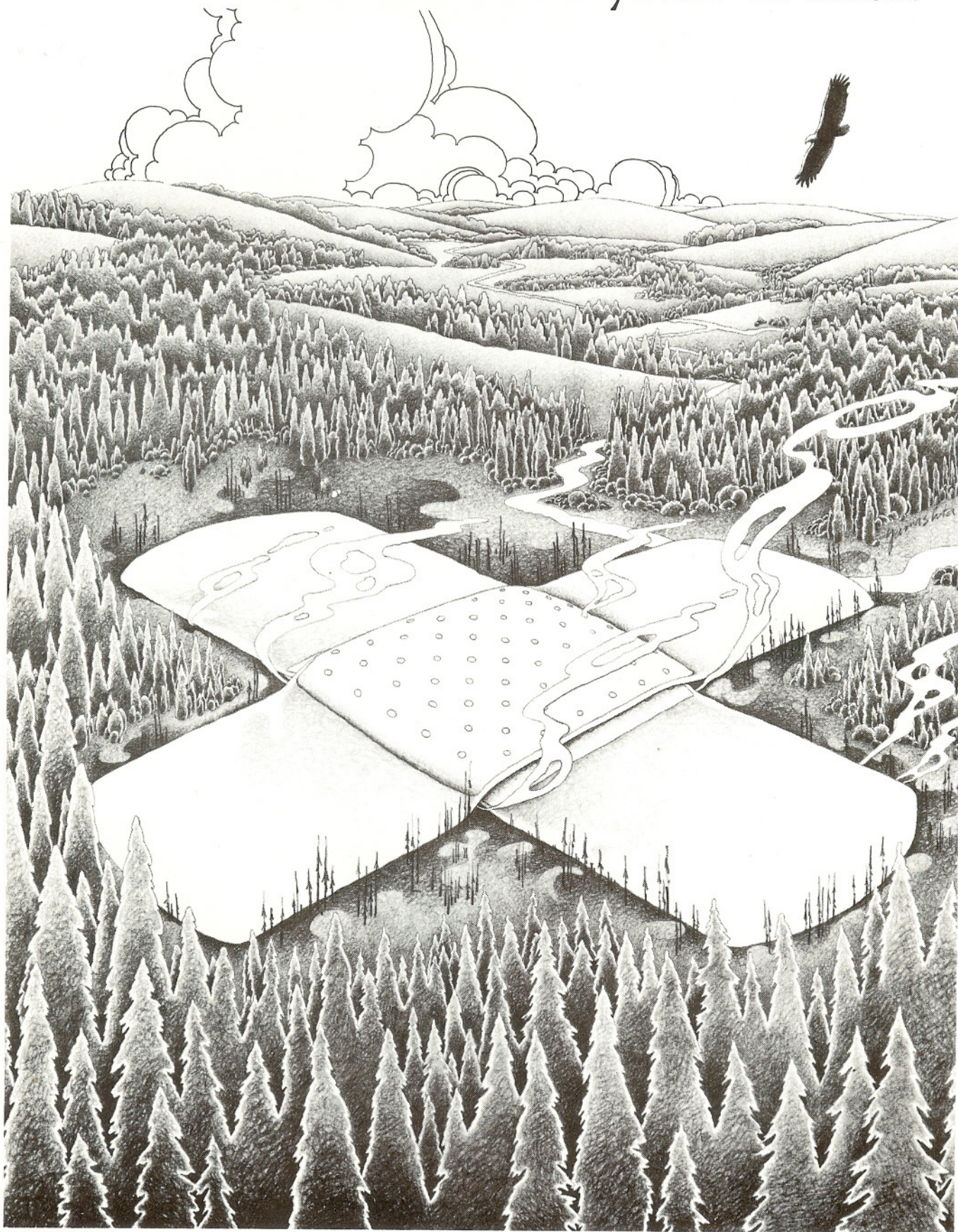
2:31:23 Joan Benoit
 2:35:08 Patty Lyons
 2:35:12 +Gayle Olinek (Fl)
 2:39:22 Laurie Binder (SDS)
 2:41:07 Jane Welzel (Penn)
 2:41:50 Kathleen Samet (Alb)
 2:42:23 Ellison Goodall (Mass)
 2:44:40 Toni Antoinette (Houston)
 2:44:41 Gail Volk (Wash)
 2:44:45 Vanessa Vaojdos
 2:44:46 Donna Burge
 2:45:26 Bellwood
 2:45:36 Debbie Eide (Ore)



KIM WHITEHEAD

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Some burns take 100 years to heal.



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NANCY SEEGER

- 2:46:44 Elaine Campo (Cal)
2:46:47 Kiki Sweigart (Conn)

100m Hurdles

- 13.07 Stephanie Hightower (OSU)
13.16 Deby LaPlante (SDS)
13.18 Benita Fitzgerald (Tn)
13.32 Linda Weekly (Tx S)
13.34 Pat Van Wolvelaere (KCBQ)
13.47 Karen Wechsler (Ind)
13.48 Pam Page (Mo)
13.50 Candy Young (PA HS)
13.50 +Sharon Colyear (Boston)
13.55 Sherri Ballew (THTC)
13.57 Karen Holmes (TWU)
13.60 +Sue Kameli (SDS)
13.63 Jackie Washington (CSN)
13.64* Lori Dinello (WSTC)
13.74* +Cecelia Branch (UNLV)
13.74* Debra Deutsch (Rut)

400m Hurdles

- 56.40 Sandy Myers (CSN)
57.62 Edna Brown (Temple)
58.63 Brenda Chambers (Col)
58.80 Kim Whitehead (ISU)
58.97 Teri Seippel (E. Ky)
59.02 Debra Melrose (PV)
59.05 Stephanie Vega (Brklyn)
59.10 Vivian Scruggs (Va)
59.14 +Joan Elumelu (Boston)
59.15 Tammy Etienne (Tx)
59.19 Peach Payne (Pur)
59.30 +Ellie Mahal (ISU)
59.53 Carol Humphreis (NE Mo St)
59.55 Debra McLendon (Col)
59.76 +Maureen Prendergast (LIU)

High Jump

- 6'4³/₄ Louise Ritter (TWU TC)
6'4 +Debbie Brill (PCC)
6'3 Pam Spencer (LATC)
6'2 Colleen Reinstra (ASU)
6'1¹/₂ Paula Girven (Md)
6'1¹/₄ +Marie Betioli (BYU)
6'1 Joni Huntley (PCC)
6'0 Sharon Burrill (Neb)
5'11³/₄ Jalene Chase (Md)
5'11³/₄ Kari Gosswiller (CSN)
5'11¹/₄ Maggie Garrison (Sp West)
5'11 Mary Cragoe (Mo)
5'11 Karen Krawiec (Penn St)
5'10¹/₂ Luanne Morris (UCSB)
5'10¹/₂ Carina Westover (Ore St)
5'10¹/₂ Helen Ogar (Mo)
5'10¹/₂ Sally McCarthy (Ok)
5'10¹/₂ Sue Blake (Ore St)
5'10¹/₂ +Maggie Woods (Purdue)
5'10¹/₂ Deb Rylas (S. Ill/Ed)

Long Jump

- 21'6¹/₂ Pat Johnson (Wis)
21'5¹/₂ Kathy McMillan (TSU)
21'4¹/₂ Carol Lewis (Mass HS)
21'2¹/₂ Jodi Anderson (LATC)
21'0 +Themis Zambrzycki (BYU)
20'11¹/₂ Jennifer Innis (CSLA)
20'7³/₄ LaNessa Jones (UNLV)
20'7³/₄ Sandy Myers (CSN)
20'6¹/₂ Shari Fox (Hawaii)
20'6¹/₂ Becky Kaiser (Ill)
20'6 Marlene Harmon (CA HS)
20'4 +Evaline Hatcher (Morg St)
20'3³/₄ Sandy Crabtree (USC)
20'3¹/₂ Dorothy Scott (TWU)
20'3¹/₂ Pat Miller (Wyo)

Shot Put

- 59'5 Maren Seidler (SJS)
55'1¹/₂ +Meg Ritchie (Ariz)
54'6 Ann Turbyne (Gillies)
53'3 +Rose Hauch (Tn)
53'2 Lorna Griffin (Un)
52'6¹/₄ Kathy Devine (Tx AC)
52'5¹/₄ +Marita Walton (Md)
50'9³/₄ +Jennifer Smit (UTEP)
50'9³/₄ Melody Rose (MATC)

- 50'8¹/₄ Carol Van Pely (Sp West)
49'10¹/₄ Sandy Burke (Nestrn)
49'7³/₄ Sue Thornton (Tn)
49'7¹/₄ Emily Dole (CSLB)
49'5¹/₂ Marcia Mecklenberg (Sp West)
49'5 Heidi Kauti (UCLA)
49'5 Mary Jacobson (Ore TC)

Discus

- 213'6 +Meg Richie (Ariz)
200'5 Lorna Griffin (Un)
189'1 +Ria Stalman (ASU)
183'6 Lynn Winbigler (Ore TC)
181'1 Helene Connell (Un)
177'11 Leslie Deniz (CA HS)
177'1 +Betty Bogers (UTEP)
176'5 Jan Svendsen (Un)
171'2 Lisa Vogelsang (Un)
170'11 Julia Hansen (Sp West)
170'9 Julie Cart (ASU)
169'10 Gale Zaphiropoulos (Cal)
165'0 Pia Iacovo (Holy Cross)
164'3 +Marita Walton (Md)
163'9 Brenda Denny (Col)

Javelin

- 193'11 Kate Schmidt (PCC)
180'7 Patty Kearney (Ore)
173'11 Jacque Nelson (CSLB)
173'1 Linn Duntton (KCBQ)
172'2 Cathy Sulinski (CS/Hay)
171'6 Jeanne Eggart (Wash St)
170'0 Lynda Hughes (Ore HS)
168'11 Mary Osborne (Stan)
168'4 Sue Gibson (Ala)
167'7 Celeste Wilkinson (ASU)
167'4 Donna Mayhew (Glen CC)
167'4 Deanna Carr (Wash)
166'6 Teresa Cooper (Ore St)
163'8 Tami Rose (Kan)
161'2 Trish Wright (Houston)

Pentathlon

- 4180 +Themis Zambrzycki (BYU)
4118 Mary Harrington (Un)
4034 Teri Seippel (E. Ky)
3932 +Ann Crump (UNLV)
3926 Nancy Kindig (Neb)
3911 Sharon Hatfield (CA HS)
3899 Tanya Alston (UCLA)
3892 Susan Brownell (Va) usan Browr
3888 Colleen Reinstra (ASU)
3803 +Maggie Woods (Purdue)
3801 Kerry Zwart (USC)
3789 Sande Lambert (Tx A&M)
3783 Cindy Banks (Cal)
3762 Peggy Shaffer (Mon St)



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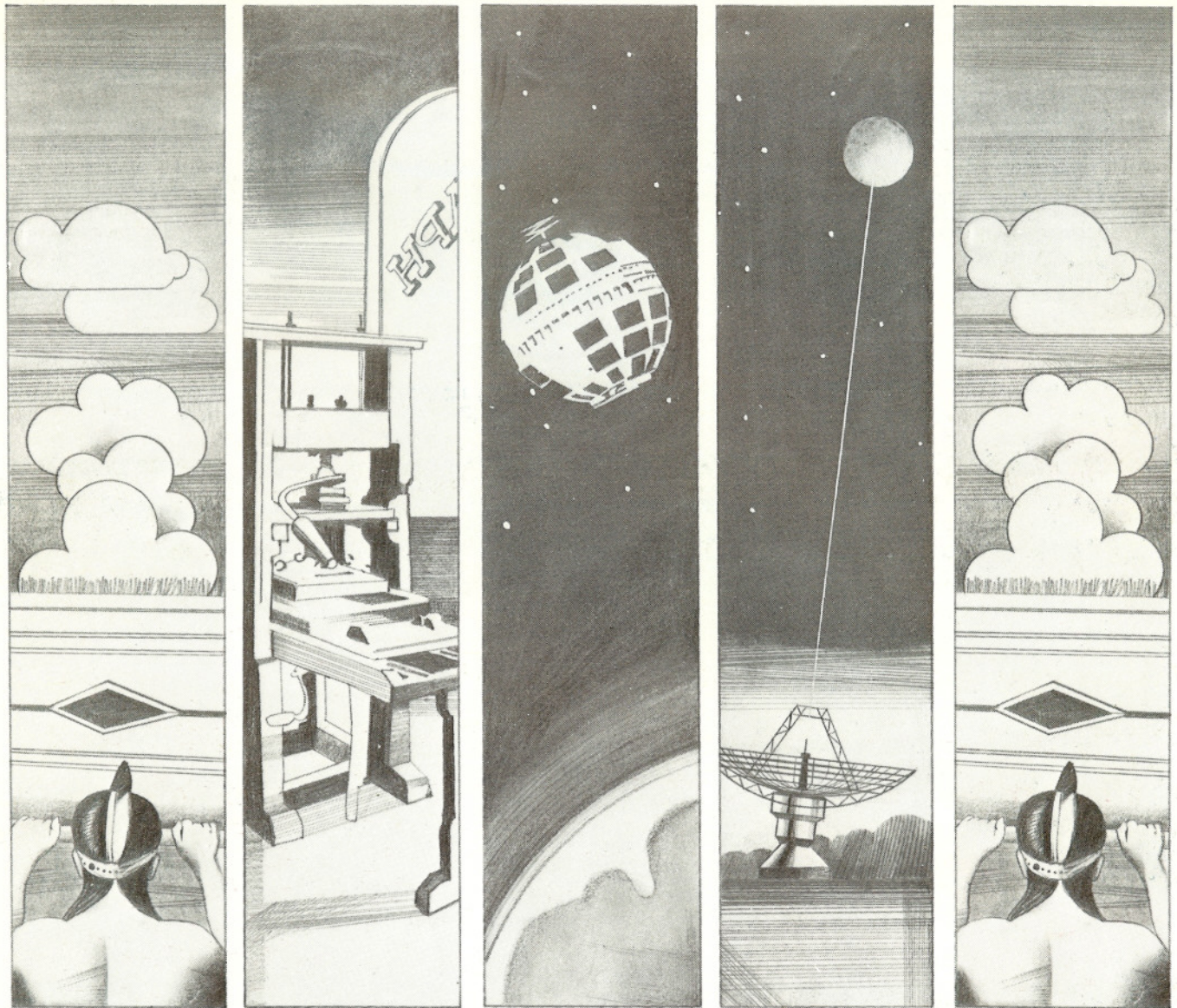
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800 1:42.4
 1500 3:32.1
 Mile 3:49.0
 3000 7:32.1
 Steeplechase 8:05.4
 5000 13:08.4
 10,000 27:22.4

Women's

1500 (indoors) 4:00.8
 Mile 4:21.7
 60yd. Hurdles (indoors) 7.47
 Mile Relay 3:41.5
 Mile (indoors) 4:17.5



Beaverton, Oregon