# **WOMEN'S TRACK & FIELD WORLD**

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June 1983

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The only publication in the world devoted exclusively to Women's Track & Field

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Some observations from the Silver Anniversary of the Mt. San Antonio Relays:

It may take some time, but the future of women's track in the USA looks good. Although there were no earth shattering marks, competition in the junior college division was an eye-opener. Not too many years ago, it was tough to get meet management to include more than three or four women's events in

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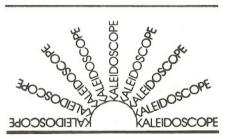
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Cover photo Mt. SAC Relays 1500 by Cindy Collins. Left to right, Amy Harper (5th), Regina Joyce (6th), Michele Bush (4th), Brenda Webb (7th), Louise Romo (1st), Kathy Hayes (2nd) and Jan Merrill (3rd). the entire program. Now the community colleges have a full day of competition with most of the individual events plus seven different relays. If Mt. SAC is any indication, things are looking up. For example the sprint medley and distance medley relays each had 20 teams entered - that's 160 runners in two events. There were 27 high jumpers, 27 shot putters, 24 3000m runners, 23 1500 runners, 21 javelin throwers and on and on.

Of course the high school division was filled. 24 teams in the 4x200, 24 in the 4x400, 15 teams in the shuttle hurdles - that's 45 hurdlers. Remember when it took much coaxing to get a "girl" to try going over a hurdle? There were 29 high school shot putters, 46 in the 3k and 1500. Every school in the meet had a distance medley team it looked like a feminie invasion when they came on the field. Lord knows how many teams were in that race.

On the other hand, the Invitational events seem to have lost some of their appeal and glamour. We tried to put our finger on the reason, and the best we can come up with is these events are rushed through so fast there is no time to savour the anticipation. In past years there were fewer events (both men and women), they were spaced farther apart and before the race the athletes were introduced to the spectators and the pre-race anticipation provided the goose bumps. Now it is difficult for the announcer to get the introductions in before the starter has his gun up. I would rather have just the Invitational events and drop the Open events or put them on the program another day. The Open 800 is run, five minutes later the women's 800 goes and in another five minutes there goes the men's Invitational. A body simply can't assimilate all that information, sort it out and decide who to watch.

One other point - wish the Southern California starters would throw away their whistles and start races as the rules state, by voice.



Weather has been most important in our sport this year. Yet another meet bit the dust - er, rain or snow or sleet or hail. The Iowa State Invitational was postponed a week because of bad weather, then cancelled entirely - because of bad weather...There's a new book out called "The Athlete's Kitchen". Much info on nutrition et al, but best part is the two hundred plus recipes plus information on how to gain muscle weight, guidelines on effective carbohydrate use, vitamin and mineral intake and such. From Bantam Boks, by Nancy Clark. 666 Fifth Avenue, NY 10103. \$3.95...According to Ruth Berkey, head of NCAA Championships, there are 182 schools in Division I track, 114 in Division II and 162 in Division III...Oregon hasn't lost a dual meet to a Northwestern opponent since Seattle Pacific downed them 68-59 in 1978...Washington State reports it has never rained on any Cougar women's track meet held in their Mooberry Stadium since it was built in 1980 pretty good record for the northwest!

Here's a result that would tax the stability of any coach. At the Southcoast Conference Junior College Championships in Southern California recently, Mt. San Antonio College won the 100, went 1-2 in the 200, won the 400, won the 1500, was second in the 800, 3000 and long jump and won both relays - but lost the meet to Cerritos 148-132...Like the "Ed Adams Invitational" held at Hartnell College. Entries were the top 27 Northern California Community College athletes in each event. Scoring was done by the International Table and the meet winner was the school with the most points of the combined men and women performers. Plus a huge barbeque for 1000 following the meet....

The National Women's Marathon Squad of England now wears specially created Squad "vests" and shorts in a striking pink design. All Squad members have been provided with special pink tracksuits (warmups), vests, shorts and T-shirts...Washington heptathlete Diane Baumann has been lost for the year with stress fractures in BOTH legs...Washington also announces the signing of Shirley Walker from Seattle. Walker is the 1982 Junior Olympic 100 hurdles champion....

Latest in the Lydia DeLaVega story from the Philippines is the announcement by police they have broken up the attempt to kidnap Lydia who was to have been held for ransome. Watch your step in Manilla. Couple of years ago a Taiwanese hurdler won the 110's, went into the stands and was shot by a spectator...Since praising the Nebraska brochure, we have received other fine productions which require praise - Wisconsin, Texas, Oklahoma, Oregon, Iowa State, Houston, Kansas State. And special awards to Brigham Young and Tennessee - beautiful. And FRESNO STATE, which may be the next

school to make the big time.... Please add Gwen Loud's 21'1 1/2 mark to the Indoor List. Made that while winning the LA Times meet .... When you with Oregon State's Sonya talk Crowther, pronounce it "Cruther" English husband, ya' know .... Cal State Northridge, hoping to make a "comeback" in national competition this year, had a couple of bad breaks. Marlene Harmon pulled a muscle at the Mt. SAC Relays heptathlon and distance runner Beth Weber was hit by a car while training. This is Weber's second time to be struck by a car. Weber is deaf....Oregon's Ghana sprinter Grace Bakari is finally back running. She severed her Achilles tendon with a broken glass in a freak accident nearly a year ago....

Which is the nation's toughest conference? The West Coast AA makes a

#### Kaleidoscope (Continued)

bid for that title with teams from UCLA, USC, Arizona State, Arizona, San Diego State, Cal State Long Beach, Stanford and Cal State Fullerton....Carla Zyph for runs Spokane CC....Our complaint about lack of vital information on results which reach us was verified last Monday. We received results for eight meets on that day. Five of them did not list a site for the meet, one listed the name Five of them did not list a of stadium, but not the city, four did not translate initials of competing teams (what is CIE?), three had no date listed, three did not use first names, (we're really not prejudice BUT the East Coast still does not know that girls have first names) .... Cindy Poly of Southwest Missouri State beat Cindy Trickey of Northeast Missouri State in the 5k at the Central Missouri State Mule Relays....

OK, lads, let's pronounce this one: Iyieachia Petrus runs for the Virgin that we're on Names, Islands....Now how's about Lori Dubblede of South Dakota State, or Deb Top from Dordt. Anita Plus Miss of South Dakota....Don't know whose brilliant idea this is, but word is out that there will NOT be a parade of athletes at the Opening Ceremonies of the 1984 Olympics in LA. Instead, the athletes will come down an incline from the peristyle end of the Coliseum and march directly onto the center of the field. THAT'S Bush!....What's the Best NOW Distance School in the USA? Hard to go against the University of Oregon. They

have Collegiate Records for the 800, 1500, mile and 5000....University of Houston got Patsy Walker back this year after a year out with injuries, but now they have lost Dana Olson, a possible scorer in the NCAA weights....

Former California distance ace Lynne Hjelte, now one of the busy little bees the T&F Promotion Department of at Nike, announces the firm will be hosting the first "Women's Prep Classic T&F Championships" in International Beaverton itself. Date is 25 June and the meet will feature graduating seniors from the US plus Canada, Mexico and Korea. Contact Lynne at 3900 SW Blvd, Beaverton, Murray Oregon 97005 .... Norway's Ingrid Kristiansen finished in 35th place at the World XC - she expected much Championships better than that. But that was the answer - she was expecting. Had been five months she discovered. for Surprise ....

16-year-old Zola Budd from South Africa has now monopolized the World Junior Records. Born 26 May in 1966, Budd took three seconds off the world mark for the 5000 with 15:35.67, then whipped nearly 10 seconds off the 3000 record with 8:46.41. She's not too bad over 1500, either. Ran 4:09.11 for that distance. Runs without shoes and without recognition, for as a citizen of South Africa, she can not compete anywhere else. Thanks to the ganging up of all those tiny African countries who can, of course, outvote South Africa and the rest of the world. Wish she would pull a "Hu Na" and seek asylum. Isn't it a shame to have influence politics a 16-year-old

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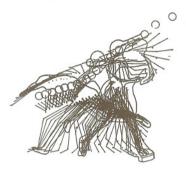
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girl....Everyone is excited about the forthcoming World Championships in Helsinki, but my heart skips a beat thinking about the Second World Championships which will be in one of my favorite cities in 1987. ROME....

Was going through some old scrapbooks recently and on the back of a picture I had saved of the fnish of the 100m dash at the Men's Olympic Trials for 1932 are the results of the Olympic Trials for Women. Here are those results - remember, these are the Trials. SP (8#), Mildred 39'0 3/4 (World Record); Olympic Didrikson 80mH, Mildred Didrikson 12.1; Broad Jump, Mildred Didrikson 17'6 3/8; Javelin, Mildred Didrikson 139'3 (World Record); DT, Ruth Osborn 133'0 3/4 (World Record); 100m, Ethel Harrington 12.3; HJ, (Tie) Mildred Didrikson and Jean Shirley 5'3 3/16 (World Record); 220y, Olive Hasenfus 26.5. Didrikson also won the baseball throw at 272'2.



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ECONOMY

# NCAA UPDATE

In the March issue of WTFW, we published our prediction of the Top 30 Teams at this year's NCAA Championships in Houston. In the two months since publication, things have changed. Here's our quick update on the NCAA's as of May 8: (We'll have our usual "NCAA Handicap" at Houston for readers).

<u>1-UCLA.</u> Must give the Bruins a sort of "wishy-washy" rating. As of this date, Bolden and Griffith have run only one competitive century with Bolden winning at Mt. SAC 11.48 to 11.52 - a far cry from their 1982 bests of 11.16 and 11.12. LaShon Nedd, who placed in the 100, 200 and 400 last year has yet to break 11.70 or 24 flat or 54 seconds. Arlise Emerson, with 51.79 to her credit in 1982, is not yet under 54 seconds. Brenda Peterson, 2:04.97 for 800 in '82, has not even run a two lapper and is barely under 61 for the 400 hurdles. Prep star of '82, Vicki



Jackie Joyner

Cook has done zip, Sandy Myers Leung, the 1981 National 400 hurdles champion has not broken 60 seconds. On the plus side, Linda Goen appears to be running as well as ever with 4:19.9 for 1500. Michele Bush is still consistent in all the distances. Jackie Joyner is gang-busters in the heptathlon and Tonya Alston is a possible scorer in the seven-eventer. Brightest new star has been freshman Poly Plumer who has run well in the 1500, but she is still a freshman and inconsistent. Relav teams are coming along with 45.27 and 3:34.64. Suzie Ray has been up and down in the javelin and hep. Threw 178'1 early in the year, now stays under 165. Lindy Toman has improved in the wqeights, but still its not enough. If the Bruins get their motor running, they will still be tough, but compared to March, they must be classed a few rungs lower.

<u>2-TENNESSEE</u>. Coach Crawford has the Tennessee crew operating on nearly all cylinders. Old faithful's Rattray, Fitzgerald, Clark and Walton are still tough and ready to go. The plus for Tennessee has been their new athletes or old athletes revived. Sharrieffa Barksdale has now become the nation's number one intermediate hurdler. Australian import Allison Quelch should be an NCAA placewinner in the



distances. Newcomers Kelia Polton in the 400, Veronica Findley and Ilrey Oliver give the Vols some speed. Oralee Fowler has surprised with her renewed vigor and 53.67 clocking in the 400. Pat Walsh has already improved her shot and discus marks to 50'8 and 184'6 and Jackie Wallace is close to 180' in the platter. Myrtle Chester has upped her heptathlon score. The 4x100 and 4x400 teams are threats with 44.79 and 3:32.77 (done without Walton!). On the negative side, not much has been heard from veterans Kathy Hadler or Linda Portasik. But the pluses outrank this minus. Move Tennessee up a notch. They'll be hard to beat.

<u>3-ORDGON.</u> Bye-bye, Ducks. In spite of some remarkable improvement by a number of athletes, the Oregon Ducks



Lisa Martin

won't finish in third place. They have lost Leann Warren and javelinist Sally Harmon, both national champions. Eryn Forbes has not run for a couple of months. High jumper Sheri Collins is injured. They are zilch in the two relays. They have nothing in the sprints. Lynda Hughes has only now begun to throw the javelin as she is capable - 188'1 at Mt. SAC. The Ducks, incidentally, have four spear throwers on the US List to date, (Hughes 188'1, Rouse 171'9, Vobora 160'11 and Karen Martin 162'6). Kathy Hayes, of course, is red hot, Kim Roth and Lisa Martin are running well. Lexie Miller Peck is a consistent competitor. And Quenna Beasley weekly improves Oregon records in the shot and discus, now 51'6 and 174'3. Whether or not these marks will score at Houston is a question. Drop the Ducks down a few notches.

<u>4-ARIZONA</u>. Arizona has Meg Ritchie (214'4 and 62'3 3/4) for a starter. Unfortunately, Ritchie is just about the end too. Kim Gallagher dropped out of school. Trish sprint champion Michelle Walsh has done little. Rohin Marks, the 1981 national 400 hurdles champion has broken 60 seconds only once. The Wildcats will not score in either relay. Bright spots are the



MEG RITCHIE

improvement of Becky Levi from 159'2 in the disc last year to 178'1; the high jumping of freshman Katrina Johnson (6'1 1/4), and the improvement by Laura Lim who has marks of 23.67 for the 200 and 13.41 for the short hurdles. Ruth Waithera has done well in the 400 and will be a scoring threat at Houston. Poor Arizona comes down a few pegs, too.

5-HOUSTON. The enigma team for 1983. With Washington, Jefferson, Underwood, Glover, Mastin and Lewis one would think they would be world beaters. They haven't been. On occasion they rise, but they are not consistent. Dana Olson is lost for the year, Kym Carter, the 6'2 1/4 high jumper, is not competing. Lewis will be tough to beat in the LJ and Patsy Walker, now back in good health, will be a heptathlon threat (5691 this vear). Rachel Clary keeps improving in the 400 hurdles, but must cut quite a bit more from her time to score. The two relay teams will be in the fight all the way. Competing at home on their own track and in front of their home crowd won't hurt the Cougars one Keep Houston just about where it bit. is.

6-CS LOS ANGELES. Another enigma. With personnel competing for various track clubs during the season, one never knows who is available or who will represent the Diablos at Houston. They ran their first "together" 4x100 on May 7 - a not-so-bad 44.24, then got together for the first time later that afternoon for a 3:35.14 4x400. Jennifer Inniss ran her first 100 also on May 7 - a sizzling 11.1s. She has yet to long jump, but we imagine she will do so before qualifying time has passed. What of the "Howard's"? Deann doing well with 23.34 and 52.74. Tima not cutting much of a swath. Sherri not competing at all. Diane Williams is not running as well as last year yet, at least. Sharon Dabney appears to be on a good course for top condition at Houston. She's running 200's and 800's - watch out for Dabney in Houston. IF - and that's a big one - these Diablos can get acquainted with each other before Houston, they might finish in the top 10 - but those sprints and relays are going to be killers!

7- NEBRASKA. Who was the dummie who put Nebraska in SFVENTH place? Very doubtful Ottey is going to lose whatever she takes part in - and we suspect it will be the 100, 200 and both relays. Her supporting speed cast includes Marcia Tate, Janet Burke, Angela Thacker, Rhonda Blanford and Nicole Ali - zourds! Biggest surprise has been Thacker who has improved from 11.52 to 11.20w, 23.91 to 23.07w and 19'11 to 21'5 1/4. Thacker's problem is inconsistency - but she is a freshman. Big plusses for the Huskers



MARJAN GOEDHART

DENISE THIEMARD

are a trio of imports, most important which is Denise Thiemand who has tossed the (Switzerland) javelin over 190 in three of four That reads first place at meets. A second import who has Houston. tremendously is Marjan improved Goedhart (Holland) who has scored 5638 in the heptathlon (up 400 points from 1982) - and she did it with a sub-par long jump (she has been over 20'5). The third jewel in the crown is Kristi Voldness. Although she has not recorded spectacular times outdoors to date, remember she was second in the NCAA indoor 1000. Just to add to the insurance, Karen Wood has come alive in the weights. With no mark in 1982, she has thrown the shot 51'5 1/2 this year and has improved in the disc from 162'2 to 169'0. The Huskers have three 100m hurdlers on the US List. In addition to Blanford (13.57), they have Stephanie Thomas (13.55w) and Deborah Powell (13.91w). Their relay teams will be in the thick for the gold, and with Ottey anchoring, their times of 43.80 and 3:34.65 to date will have to Move Nebraska up there with qo. Tennessee and UCLA!

8-STANFORD. Drape this column with ack. Things are not so hot down on black. the Farm. What a contrast with this Carol Cady has become the team! fastest improving athlete in the country. She came from a 1982 snot mark of 52'3 to 56'0 3/4 in 1983. The She came from a 1982 shot disc even a greater improvement from 179'0 to 197'8. Allison Wiley was runner-up to Grete Waitz for the World Country Championship and has Cross improved her PR in the 1500 and will do so soon in the 3000 and 5000. Patti Sue Plumer has been nothing short of sensational and is a big scoring threat at Houston - as high as gold. Regina Jacobs is right on schedule, which means she will be tough at Houston. Mary Osborne, the javelin Olympian, did nothing until May, then suddenyl 173'7 - she's back. BUT! Kim Schnurpfiel has run only once, a 17:15 5000. Ceci Hopp has not appeared, nor has Ann Locke or Michelle Mason. Ellen Lyons ran a 16:28.35 5k in early February and hasn't been heard from since. Sprinter/hurdler Pam Donald has done zip to date. Drop Stanford out of the Top Ten.

9-FLORIDA STATE. The same person who ranked Nebraska 7th must have put Florida State 9th! The Lady Seminoles have been red hot. Like Nebraska, everyone is coming along fine. Unfortunately for FSU, nearly all of their power is in one division - speed. But they have plenty of that. Randy givens (11.24w and 23.04), Brenda Cliette (11.24w and 23.54), Marita Payne (11.43, 22.94w and 52.54) start things off. Angle Wright has moved to the 400 hurdles where she has recorded 57.62 - FSU has four 400m hurdlers on the US List. Help comes from Margaret Coomber in the 800 and 1500 - a possible point getter at age 32 (or 33?) - Wendy Markahm, over six feet in the high jump, and Ovrill Brown, a reformed half miler now running the 400 Piper Bressant also gallops hurdles. the 400 barriers under 59 (58.43) and could score. The relay teams are both Number One in the nation as of this writing - 43.58 and 3:32.28 in defeating Tennessee at the Penn Relays. Move these people up in the first division and get Lisa Morton off my hack

10-VIRGINIA: Virginia is yet another team with all its eggs in one basket distance. And the basket isn't very full right now. Lisa and Lesley Welch are not around - actually Lisa has trudged a race or two, but not the way she would like. Jill Haworth has done little outdoors. Only Martha White and Mary Jean Wright have made much progress for Coach Cradock. Lisa Garrett is a journeyman quartermiler but will have to hustle to score at Houston. The Hatchett girls help in dual meets but will watch the NCAA finals from the stands. Ann Bair has been the best of the Virginian's to date with her 6'2 mark in the high jump and 5378 in the heptathlon. We must realistically take Virginia down a few rungs.

11-TEXAS: The surprise bunch of 1983. Texas defeated Nebraska but lost to Tennessee in a meeting early in the year, and they have been performing better than expected. They do not have depth, but the athletes they do have are doing well. Sprinters Susan Shurr (23.64 and 22.59w) and freshman Jamaican Juliet Outhbert (11.39w) are the basis for the 4x100 and 4x400 teams (45.31 and 3:38.66). Tara Arnold has run well in the 800 and 1500 (4:19.25). Jo Beth Palmer has gotten better in the weights (49'4 and 163'4) and is assisted by Dedi Kavanaugh, Mary Chrobak and Lori Kokkola. Nothing heard from touted frosh Jill Redo and Terry Turner. Texas could make it to the Top Ten, but it won't be easy.

12-ARIZONA STATE: We evidently were expecting too much from the Sun Devils. Twelfth would be a bit much, but they get a great start from Leslie Deniz, the new American record holder in the disc. Jennifer Lemke is over 51 feet in the shot and might tally. Sabrina might score in the 1500 Peters (4:25.02) or 3000 (9:24.48). Rhonda Paine has been a surprise in the long jump at 20'10 3/4 and Dodie Campbell has wafted the wand 169'6. They have a fair 4x100 team (45.67) but nothing in the longer batoner. ASU should finish in the Top Fifteen.

And now a quick look event by event without dwelling on members of the twelve teams discussed above;

100/200: Sheila LaBome of Prairie View credited with a legal 11.22 sprint marks from PV and Texas Southern and Southern and Grambling are always suspect. LaBome has also run in the 11.9's and has been beaten in 11.5 or 6....Washington's Junior Pan Am champ Donna Dennis has not lived up to expectations. The environment is not good for fast sprinting in the north-west part of the country, so there's no telling how fast she may be. Her only outing in California saw a good 23.74 at Berkeley, but the slow times during the season may affect her mental condition....Former Nebraska sprinter now at Wichita State, Alicia McQueen. A scoring possibility (11.41w)....Lisa Thompson, UNLV, is an experienced campaigner with fast marks, to fold in the big Cowans, Northeast te. Never know if these but seems ones....Clotee Iouisiana State. athletes will show up. Has an 11.29w century....Kansas State's Donna King has been coming on nicely, improving as the season progressed. She just could a sleeper....Missouri Nigerian be Rufina Ubah started out well, but has tapered off in recent weeks. (11.47w)....Gwen Loud, Hawaii. Better known as a long jumper, Loud sped to a legal 11.24 clocking in Honolulu. She is a veteran which will be to her credit, but that's pretty fast - even for Honolulu...Barbara Bell, New Mexico, ran a couple of good ones at the California Invitational and may be peaking at the right time.

400: Diane Dixon, Ohio State, who ate up the runners on the indoor circuit, finally came up with a good performance on May 8 when she won the Jesse Owens Games in 52.64...Lori McCauley, Rutgers, is one of those enigmas. Has the talent and runs some swift races (53.04), then sputters. May opt for the 400 hurdles (a wise choice)....Easter Gabriel of Prairie View has beaten most of the good ones at one time or another this season. Best of 53.06 for 1983. A very versatile athlete who could cause all runners problems....Charmaine Crooks (UTEP) won the 400 at Mt. SAC over a strong field. Hasn't been turned loose much this year so far ... . Oklahoma's Annette Campbell is a dark horse candidate who has run 53.41 and beaten a mess of people....Delphinia Banks of Cal State Hayward might get to the Big Meet. Won the Cal meet over good runners in 53.24.

800: Louise Romo will prohably opt for the 1500, but would be a threat if entered here. A smart runner with talent. Can't do much better than that!....The aforementioned Campbell of Oklahoma runs pretty well twice around (2:05.01) and is a threat at this distance....Clemson's Tina Krebs is one of a stable of fine distancers from the Tigers (2:04.08). The entire herd of Clemson distancers seem to vary from week to week. If "on", she should do well....Others include Donna Curtis



ANNETTE CAMPBELL

(USC) 2:05.39, Suzanne Sheffield (Texas A&M) 2:05.49, Jacki Sedwick (Michigan State) 2:06.01 and Rice's Disa Lewis (2:07.18). If Wisconsin's Suzie Spaltholtz ever realized how much talent she has in those long legs, she would be the one to beat.

1500: Romo again, of course (4:16.24), a smart cookie...San Luis Obispo's Amy Harper, if she gets through the Division II ordeal, could be a factor. Hasn't been touted highly, but always runs well....Veteran Rose Thomson of Wisconsin. If healthy might score pretty high. Much experience and a lotta talent...Richmond's Jo White, after being predicted for an outstanding season, hasn't done much. But she could!...A couple more foreign performers in Bernadette Madigan (Kentucky) and Aisling Molloy (BYU). Molloy was the indoor champ and Madigan has been around. Both under 4:20...Sandra and Susan Gregg of Washington. Sandra has the fastest time (4:21.86), but Susan beat her in their only meeting (4:24.72). Long shots. 3000: What looked to be the great distance crop in 1983 has fallen apart. Gone are Warren, Schnurpfeil, Hopp, Gallagher, the Welch's, Lyons, Forbes, Locke, Mason and others are not up to par. Watch for Midde Hamrin (Lamar), Regina Joyce (Washington) - if she stays home - Michigan's Sue Foster and Clemson's Stephanie Weikert. All run under 9:19.

5000: Again keep the eyes peeled for Hamrin and Cal Poly's Harper. Betty Springs is back in good form at North Carolina State, suh, and Beth Farmer (Florida) just had success running in Israel. Nan Doak of Iowa, Tokyo marathon champ Carrie May (Back to Ol' Virginie), A couple of Robinsons from Clemson and North Carolina State, Madigan and Harvard's Kate Wiley plus Cathy Branta of Wisconsin. All are in the 15:40-16:18 range.

10000: Farmer is better at this distance as is May and Joyce. Springs will be tough and so will Harvard's Wiley. Utah's Jill Molen runs a good one ever so often, but can't be depended on every time. Hamrin will be going 'round and 'round as will Melanie Weaver of Michigan State. These lassies run this distance anywhere from 32:50 to 34:50. The 10k final comes the first day of the meet, so we suspect everyone will enter the long run and play their "doubles" by ear.

100H: Kim Turner (UTEP), the perpetual bridesmaid of American hurdlers, has run some swift ones this year (13.04). Trouble with Turner is she also runs some not so swift ones. If she is in this mood, watch out for Candy Young. That's about it. Lori Dinello, Florida, has had an up-and-down season, but might sneak in for fourth (13.54). Other than that, the field is wide open after Fitzgerald and Company. San Diego's Lori Smith might do something if her muscle injury has healed. Texas Southern's Arnita Epps is a possibility, but one never knows.

400H: Lori McCauley, Rutgers, would be a threat here if she runs...Patty Bradley (Villanova) has improved rapidly and is a steady performer...Others include Lynn Gamble (Prairie View) at 58.11, Kathy Freeman (Southern) at 58.63. Kim Whitehead (Morgan State) has the potential, but hasn't produced as yet. Coming on strong now is Colorado State's Kathy Mackey now at 59.27 and closing.

HIGH JUMP: Disa Gisladottir (Alabama) has never lost an NCAA high jump competition (1982 outdoor and 1983 indoor champion). She's consistent over six feet with a best of 6'1 1/2 and will be tough...Not really anyone else away from the Big 12 to challenge. Maybe Tami Penny of Maryland at 6'0, but unlikely.

LONG JUMP: Halcyon McKnight (Kansas) and Gwen Loud (Hawaii) just might give Carol Lewis more than she bargained for. McKnight whumped out 21'10 1/4 recently and Loud tied Lewis at Mt. SAC, both at 21'8 1/4 (Loud's jump wind-aided)...Donna Thomas, North

Texas State, has not done too well to date (20'4 3/4)...Kelly Wenlock (Kansas State) at 20'7 1/4 and Colette Williams (North Carolina State) with 20'9 3/4 might challenge.

SHOT PUT: No one is really going to give Ritchie any problems for the gold, but Paggy Pollock (CSLR) has been consistently beyond 54 feet and several times beyond 55 feet...Maryland's Marita Walton is also over 55 feet while Rice's Pappa Pushed Regina Cavanaugh and Elaine Sobansky (Penn State) are both beyond 53 feet.

DISCUS THROW: The Ritchie-Deniz duel will take care of 1-2 (unless Cady surprises) and the rest are led by Pia Iacovo of Alabama (183'10) and Julie Jones of BYU (173'3).



WENDY MARKHAM. (Victor Sailer photo)

JAVELIN THROW; Washington's Deena Carr opened the season with 181'2 but has had arm and elbow trouble ever since...Carr's teammate Vicki Smiley (170'6) and San Diego's Liz Mueller (173'5) lead the non-Big 12 throwers.

HEPTATHION: USC's Debbie Larsen, a freshman, has amassed more than 5500 to be the best of the rest in the multi-eventer. Debbie DaCosta (Georgia), Carrie McLaughlin (San Diego) and Kathy Gillespie (Iowa) are all above 5400 - but it will take a lot more.

4x100: Prairie View, UNLV, San Diego State, Morgan State, Alabama and North Texas State are all between 45.00 and 45.54. All are threats. It's handoff time in Houston!

4x400: In addition to those super teams from the Big-12, there will be Prairie View (3:34.00), Morgan State (3:35.34), Southern (3:37.31), UNLV (3:39.12) and Florida (3:39.23) all under the once impossible 3:40 mark. Both relays will be super interesting.

#### **BRANDEIS INV**

Waltham, Massachusettes, March 25: Bates and Regis joined the home team for the Brandeis Invitational and Lauren Andrews of Brandeis copped top honors with wins in the shot and discus at 43'6 1/2 and 116'6.

# ATLANTIC COAST RELAYS



ANGELA CARSON, South Carolina State, won 100 hurdles at Atlantic Coast Relays in 13.81. (Victor Sailer photo)

Raleigh, North Carolina, March 26: The 100 hurdles, 3000 and 4x100 provided the best results at the WRAL Atlantic Coast Relays. North Carolina State's Lynne Strauss toured the 3k in 9:23.0, winning by almost a full minute, Angela Carson (South Carolina State) had a 13.81 flight of hurdles and St. Augustine's beat a fast field to capture the 400 relay in 46.66.

RESULTS: <u>400H</u>, Dana Wright (OldD) 62.63; <u>4x100</u>, 1-St. Augustine's, team of Gardin, Wiliams, Davis and Daye in 46.66, 2-North Carolina A&T 47.19, 3-East Carolina 47.82; <u>3000</u>, Lynne Straus (NC St) 9:23.0; <u>DT</u>, Jodie Smith (WVa) 148'2; <u>4x880</u>, 1-Richmond, team of Thoman, Hendricks, Walsh and Spilman in 9:21.8, 2-St. Augustine's 9:25.7; <u>100H</u>, 1-Angela Carson (SC St) 13.81, 2-Patricia Davis (StA) 13.93; <u>100</u>, Sonia Clarke (SC St) 12.14.

# March 25: EDGES VILLANOVA ational and Fairfax, Virginia April 1/2: The

PENN STATE

Fairfax, Virginia, April 1/2: The Lady Lions of Penn State captured seven of the 19 events to win the Second Annual Brooks-George Mason Invitational Women's Track and Field Meet in Fairfax.

**RESULTS-RESULTS** 

Penn State's team score was 141, just edging second place Villanova with 133 points. James Madison was third with 52.

Villanova's Jan Yerkes, a double winner in the 5 and 10 thousand runs, was selected the outstanding track performer. Elaine Sobansky of Penn State won both shot and discus to capture outstanding field performer honors. Penn State's Vivian Riddick won the 100 and long jump and anchored the winning 4x100 team.

RESULTS: <u>SP/DT</u>, Elaine Sobansky (PS) 53'3 1/2-152'11; <u>4x800</u>, 1-Villanova, team of McGowan, Fleming, Lyons and in 8:52.4, 2-BOHAA 8:57.1, Kehs 3-George Mason 9:01.0, 4-Penn State 9:03.8; 100/LJ, Vivian Riddick (PS) 12.4/20'0 1/2; 4x100, Penn State, team of Rose, Hart, Weeks and Riddick in 48.3; <u>JT</u>, Marilyn Senz (PS) 166'2; 5000/10000, Jan Yerkes (PS) 5000/10000, Jan Yerkes (PS) 17:02.4/35:07.3; 1500, 1-Mary Ellen McGowan (Vil) 4:33.3, 2-Ann Begley (Gtn) 4:35.6, 3-Heather Carmichael (PS) 4:36.7: 1000 (Gtn) 4:35.6, 3-Heather Cannichael (FS) 4:36.7; <u>100H</u>, 1-Susan Allan (GM) 14.3, 2-Pat Bradley (Vil) 14.4; <u>HJ</u>, 1-Peggy Stewart (Vil) 5'10, 2-Thea Ackerman (MS) 5'7 3/4; <u>400</u>, 1-Tammy Hart (PS) 54.7, 2-Doreen Best (DOHAA) 56.2; <u>800</u>, 2.2, <u>800</u>, <u>800</u> 1-Delphaine Mabry (ECU) 2:11.6, 2-Terry Pioli (PS) 2:12.2, 3-Joann Kehs (Vil) 2:13.4; <u>400H</u>, 1-Pat Bradley (Vi1) 59.7 (59.4h); <u>200</u>, Rhonda Mason (JM) 25.3 (24.9h); <u>3000</u>, 1-Susan Girard (MovCom) 9:32.8, 9:32.8, 2-Paula Renzi (PS) 9:50.4, 3-Mary Ellen McGowan (Vil) 10:04.1; 4×400, 1-BOHAA team of Doreen Best, Debra Best, Williams and Valentine in 3:47.0, 2-Villanova 3:47.7; Heptathlon, 1-Juanita Alston (Falcon TC) 4939, 2-Teresa Henderson (NYT) 1674, 3-Barb Lyon (GM) 4626; <u>Scores</u>, 1-Penn State 141, 2-Villanova 133, 3-James Madison 52, 4-George Mason 43, 5-ECU 38, 6-WVA 32, 7-NYT 31, 8-BOHAA 30, 9-Georgetown 28, 10-Mt. St.Mary's 17, 11-Ms International 14, 12-Falcon TC and Moving Comfort 10, 14-Boston College 9.

# FLASH \*

Tucson. Arizona, May 8: Meg of the University of Ritchie Arizona and Great Britain, set all sorts of records with one toss of the 4-kilo shot in a dual meet against Arizona State. Ritchie recorded 62'3 3/4 for a collegiate and British mark smattering of other plus a various and assorted records such as meet, stadium, State, etc., etc. Details next month.

# BATTLEGROUND RELAYS

Fredericksburg, Virgina, April 1/2: Gina Gibson of Liberty Baptist won the 100 and long jump to become the only double winner at the Battleground Relays. The Navy's Stefani Green captured the 400 hurdles, but was upset in the shorter hurdle race by Felicia Hudson of Cxhristopher Newport.

RESULTS: 100/LJ, Gina Gibson (LB) 12.86/19'0 1/4; <u>4x800</u>, Navy, team of Honan, Honan, Hinckley and Green in 9:12.08; <u>100H</u>, 1-Felicia Hudson (CN) 15.84, 2-Stefani Green (N) 15.99; <u>400H</u>, Stefani Green (N) 62.44; <u>DMed</u>, Navy 12:34.88; <u>SpMed</u>, Navy 1:52.62; <u>4x400</u>, Navy 4:02.33.

#### **ARMY OVER SYRACUSE**

West Point, New York, April 2: The Army defeated Syracuse 89-43 in a dual meet at West Point. Peterson of the home team was a double winner in the shot and disc. Best mark was the 19'7 1/2 hop by Army's Pearson in the long jump.

RESULTS: <u>800</u>, Edgerly (S) 2:14.24; <u>1500</u>, Fleming (A) 4:39.84; <u>3000</u>, Phelps (A) 10:14.47; <u>HJ</u>, Buckingham (A) 5'6; <u>LJ</u>, Pearson (A) 19'7 1/2.

# WASHINGTON STATE OVER OREGON STATE

Pullman, Washington, April 2: Washington State University scored its first-ever victory over Oregon State when the two tangled on Wayne Valley Field. The Cougars scored 66 points to 59 for the Beavers.

The visitors won eight events to six for the home team, but depth paid off once again. Oregon State had three double winners - Sonya Crowther (high jump and 100h), Asa Pennington (sprints) and Kam Johnson (Shot and disc) - but to no avail. Sandra Heinrich was a busy-body for the home team with three second places (LJ, HJ, 200) and anchor on the winning 4x100 team.

RESULTS: <u>JT</u>, Monica Witt (OS) 149'9; <u>LJ</u>, Colleen Gibson (OS) 19'8 3/4; <u>SP</u>, 1-Kam Johnson (OS) 46'1 1/4, <u>2-Debbie</u> Lombardi (WS) 45'5 1/4; <u>HJ</u>, 1-Sonya Crowther (OS) 5'6, 2-Sandy Heinrich (WS) 5'6; <u>3000</u>, Cheryl Livingston (WS) 10:01.77; <u>4x100</u>, Washington State, team of Atcher, Saalfield, Opoku and Heinrich in 49.24; <u>100H</u>, Sonya Crowther (OS) 14.89; <u>400</u>, Helena Opoku (WS) 57.19; <u>100/200</u>, Asa Pennington (OS) 12.26/24.87; <u>1500</u>, Cheryl Livingston (WS) 4:36.16; <u>DT</u>, 1-Kam Johnson (OS) 147'3, 2-Debbie Lombardi (WS) 134'4.

#### **RUTGERS INV**

Piscataway, New Jersey, April 2: Karen Woods' (Temple) 60.6 flight of 400m hurdles was the best mark at the Rutgers Invitational. Laura Heacock (Rutgers) captured both the shot and discus.

RESULTS: <u>HJ</u>, Sheila Gallimore (R) 5'8; <u>4x800</u>, Temple 9:23.9; <u>400H</u>, 1-Karen Woods (T) 60.6, 2-Maureen Prendergast (LIU) 61.7, 3-Debbie Deutsch (Un) 62.8; <u>5000</u>, Desiree Scott (R) 16:59.9; <u>100H</u>, 1-Glenda Truesdale (T) 14.3, 2-Maureen Prendergast (LIU) 14.3, 3-Tosca Blandford (R) 14.6, 4-Debbie Deutsch (Un) 15.1; <u>400</u>, Hyacinth McBean (LIU) 56.4; <u>100</u>, Eleanor Parkinson (T) 12.2; <u>3000</u>, Rarbara Law (Trenton St) 10:13.3; <u>200</u>, Eleanor Parkinson (T) 24.6, 2-Hyacinth McBean (LIU) 24.9; <u>4x100</u>, Temple 47.8.

# VIRGINIA IN A WORKOUT

Charlottesville, Virginia, April 2: The University of Virginia entertained St. John's, Yale and Maryland in the rain, wind and cold and Dennis Cradock's gals outscored the combined points of their three opponents.

In spite of the foul weather, there were a couple of good marks. Ann Bair hopped over 5'10 as the only competitor in the high jump while Mary Jean Wright and Martha White had good five thousands.

RESULTS: <u>JT</u>, Susan Arney (Md) 138'4; <u>SP/LJ</u>, Beth Sheehan (Va) 38'3/16'9; <u>4x100</u>, Virginia team of Crockett, Johnson, Peal and Tinsley in 48.7; <u>1500</u>, 1-Kim Kelly (Va) 4:31.3, 2-Walker (Md) 4:32.33; <u>100H</u>, Shell Rice (StJ) 14.88; <u>400</u>, Karen Hatchett (Va) 57.7; <u>100/200</u>, Lisa Garrett (Va) 12.2/24.1; <u>5000</u>, 1-Mary Jean Wright (Va) 16:25.8, 2-Martha White (Va) 16:34.0, 3-Ann Forde (Md) 16:40.9; 4-(?) Welch (Va) 16:58.9; <u>Scores</u>, 1-Virginia 92, 2-St. John's 25, 3-Yale 23, 4-Maryland 21.

# SEMO RELAYS

Cape Girardeau, Missouri, April 2: Tennessee State came to town, ran three relays, won two of them and grabbed off best performances as Southeast Missouri staged their SEMOtion Relays. The TSU speedsters cavorted over 4x100 and 4x200 in 45.6 and 1:36.88 for their gold medals.

University of Kansas won the most golds (4) in the non-scoring meet and unattached Ramona Riley, formerly of Missouri, had a good 11.4 clocking in the century.

RESULTS: 10000, Gina Sperry (E.Ill) 37:02.4; 4x100, 1-Tennessee State, team of Fort, Vanzant, Adam and Frazier in 45.6, 2-Kansas 46.2, 3-SE Missouri 47.0, 4-Eastern Illinois 47.4; 4x800, 1-Eastern Illinois, team of Ogle, Morrell, Healy and Smith in 9:25.1, 2-Austin Peay 9:25.9, 3-Murray State 9:33.9; <u>100H</u>, 1-Joanne Arnold (APTC) 14.4, 2-Connie McKernan (Kan) 14.8; <u>100</u>, 1-Ramona Riley (Un) 11.4, 2-Wanda Fort (TSU) 11.7; <u>1500</u>, Margaret Smith (E.III) 4:36.6; <u>4x200</u>, 1-Tennessee State, team of Fort, Vanzant, Adams and Frazier in 1:36.88, 2-Eastern Illinois 1:41.23; <u>4x400</u>, 1-Kansas, team of Smitherman, Tucker, Taylor and McKnight in 3:48.8, 2-Tennessee State 3:51.1; SP, Stine Lerdahl (Kan) 46'11 1/2; <u>JT</u>, Tomiann Ahonen (SW Mo) 136'11; <u>DT</u>, 1-Lisa Bosch (Kan) 146'11, 2-Kari Hagby (Kan) 144'4, 3-Becky McGranahan (Kan) 143'10; <u>LJ</u>, Halcyon McKnight (Kan) 19'11.

# INDIANA WINS TWO

Bloomington, Indiana, April 2: Indiana disposed of the University of Illinois and Southern Illinois in a triangular meet on famous Billy Hayes track. The Hoosiers tallied 82 points to 54 for Illinois and 23 for the Southerners.

Carla Battaglia led the winners with wins in the 100 hurdles and javelin plus a second spot in the long jump. Southern Illinois got 10 of its 23 points from speedster Denise Blackman who won both sprints.

RESULTS: SP, Annette Bohach (In) 45'4; <u>4x100</u>, Illinois 47.93; <u>1500</u>, 1-Julie Lantes (Ill) 4:34.31, 2-Lynn DeNinno (In) 4:36.22; <u>LJ</u>, 1-Trish Eiting (In) 18'3; <u>100H/JT</u>, Carla Battaglia (In) 18'3; <u>100H/JT</u>, Carla Battaglia (In) 18'3; <u>100H/JT</u>, Carla Battaglia (In) 15.09/144'0; <u>100/200</u>, Denise Blackman (SI) 12.31/25.17; <u>400</u>, Deborah Davis (SI) 56.47; <u>800</u>, 1-Barb Ennis (In) 2:13.71, 2-Kelly Greenlee (In) 2:15.74; <u>5000</u>, Cyndie Brown (In) 17:22.14; <u>400H</u>, Ellie Mondini (In) 63.99; <u>DT</u>, 1-Jane Marrs (In) 141'8; <u>HJ</u>, Wendy Meyle (Ill) 5'5 1/2; <u>4x400</u>, Indiana 3:56.27.

# VIRGINIA WITH EASE

Charlottesville, Virginia, April 2: On a rainy, cold and windy day, the University of Virginia piled up 92 points, outscoring all three opponents. No outstanding marks, but Lisa Garrett, Virginia, captured the 100 and 200 and teammate Beth Sheehan took the long jump and shot. Virginia won all but three events as Maryland, Yale and St. John's each captured one.

RESULTS: <u>JT</u>, Susan Arney (Md) 138'4; <u>LJ/SP</u>, Beth Sheehan (Va) 16'9/38'3; <u>HJ</u>, Ann Bair (Va) 5'10; <u>4x100</u>, Virginia 48.7; <u>1500</u>, 1-Kim Kelly (Va) 4:31.3, 2-Walker (Md) 4:32.33; <u>100H</u>, Shell Rice (StJ) 14.88; <u>400</u>, Karen Hatchett (Va) 57.7; <u>100/200</u>, Lisa Garrett (Va) 12.2/24.1; <u>800</u>, Gail Bryant (Va) 12.16.14; <u>400H</u>, Kim Hatchett (Va) 64.3; <u>5000</u>, 1-Mary Jean Wright (Va) 16:25.8, 2-Martha White (Va) 16:34.0; <u>4x400</u>, Virginia 4:04.8; <u>Scores</u>, 1-Virginia 92, 2-St.John's 25, <u>3-Yale</u> 23, 4-Maryland 21.

### WARRIOR RELAYS

Santa Barbara, California, April 2: In spite of the heroic efforts of Cal Lutheran's Beth Owens, Azusa Pacific University captured the team title at the 21st Annual Warrior Relays held on the campus of Westmont College. Owens won the high jump and long jump and then was beaten in her best and favorite event, the javelin. She also grabbed second in the 100 hurdles and probably ran on one or two or three of the Cal Lutheran relay teams.

RESULTS: <u>HJ/LJ</u>, Beth Owens (CL) 5'2/17'1; <u>JT</u>, 1-Giacomazzi (AP) 139'7, 2-Beth Owens (CL) 132'10; <u>Scores</u>, 1-Azusa Pacific 97, 2-Cal Lutheran 72, 3-Westmont 21, 4-Claremont-Mudd-Scripps 19, 5-Loyla-Marymount 16, 6-Biola 11, 7-Chapman and LaVerne 9, 9-CS Fullerton 8, 10-Pt. Loma 4.

# PRINCETON WINS

Princeton, New Jersey, April 2: Wise and hallowed Princeton, in spite of not yet learning females are possessed of first names, won over visiting University of Pennsylvania and Dublin with great ease. There were two double winners. Dublin's Walsh took the two sprints and Princeton's Chang annexed the 100 hurdles and long jump.

 RESULTS:
 1500
 1-Palladino
 (Pr)

 4:40.30,
 2-DeMarrais
 (Pr)
 4:30.31;

 100H/LJ,
 Chang (Pr)
 14.5/18'3;
 100/200,

 Walsh
 (D)
 12.89/26.78;
 800,
 1-Turner

 (Penn)
 2:15.63,
 2-0'Connell
 (Pr)

 2:15.97;
 400H,
 Sally Anderson
 (Pr)

 60.06;
 3000,
 1-Ruff
 (Pr)
 10:02.92,

 2-Ginder
 (Pr)
 10:04.27;
 4x440,

 Princeton,
 team of Salisbury, Portals,
 Anderson and Hatton in 3:56.15;
 Scores,

 1-Princeton
 95,
 2-Pennsylvania
 35,

 3-Dublin
 18.
 300
 300

# FLORIDA STATE DOWNS FLORIDA

Tallahassee, Florida, April 2: Florida State, with vision of championships still in their heads, had no trouble disposing of up-and-coming University of Florida in a dual meet, winning 86-35 in a meet which saw some outstanding marks.

It was a close meet for the first seven events with FSU leading by only three points, 26-23, but then the roof caved in on the Lady Gators as the Lady Seminoles went 1-2-3 in the 100, 400 hurdles and 200 and 1-2 in the 800, long jump and shot.

Florida State sprinters turned the tide with Marita Payne, Randy Givens and freshman Brenda Cliette getting all the points, and all with good times. Payne took the century in a legal 11.43 with Givens right behind a hundredth later. The two switched places in the furlong with Givens winning in 23.0 to 23.2 for the Canadian. Cliette clocked 11.53 and 23.3 for her two third places.

The FSU power in the 400 hurdles was evident with Angela Wright at 58.98 and Ovrill Brown next in 59.22 followed by teammate Chris McKay.

teammate Chris McKay. Florida had its heroine in Beth Farmer who toured the 5000 meters in 16:17.08.

RESULTS: <u>SP/DT</u>, Carolyn Danville (FSU) 41710/134'8; <u>5000</u>, 1-Beth Farmer (F1) 16:17.08, 2-Darien Andreau (Un) 16:28.06; <u>4x100</u>, Florida, team of Dinello, Bressant, Seebers and Pitts in 47.84, FSU disqualified; <u>HJ</u>, Wendy Markham (FSU) 5'10; <u>1500</u>, <u>1-Margaret</u> Coomber (FSU) 4:24.27, 2-Carla Borovicka (FSU) 4:30.10, (Nancy Rettie, Gulf Coast 4:24.64, Wendy Knudson, GC, 4:29.86); <u>100H</u>, Lori Dinello (F1) 13.9; 400, Scooby Golden (FSU) 55.3, (Tonja Brown, GC, 54.7); <u>100</u> (+1.96), 2-Marita Payne (FSU) 11.43, 2-Randy Givens (FSU) 11.44, 3-Brenda Cliette (FSU) 11.53; 800, 1-Kelley Hackler (FSU) 2:09.9, 2-Janette Wood (FSU) 2:10.5; <u>400H</u>, 1-Angela Wright (FSU) 58, 2-Ovrill Brown (FSU) 59.22, 3-Chris McKay (FSU) 61.06; <u>LJ</u>, 1-Alice Bennett (FSU) 20'0 1/4, 2-Brenda Cliette (FSU) 19'9; <u>200</u>, 1-Randy Givens (FSU) 23.0, 2-Marita Payne (FSU) 23.2, 3-Brenda Cliette (FSU) 23.3; <u>3000</u>, 1-Gina Procaccio (F1) 9:49.99, 2-Colleen Curran (FSU) 9:51.43; <u>JT</u>, Rena Antanelis (FSU)

# **MOSCOW USA GAMES**

Moscow, Idaho, April 2: Janet Buntin, Montana State, won the 100 and long jump and captured second in the 200 to cop top honors at the Moscow USA Games. Marcia Mecklenberg tossed the shot 50'4 1/2 for a good performance.

RESULTS: HJ, Gail Huff (SCC) 5'4; 100H, Annette Helling (Id) 14.6; JT, 1-Mylissa Coleman (Id) 150'11, 2-Shaney Coe (SCC) 144'7; 100/LJ, Janet Buntin (MontSt) 12.2/18'11 3/4; 3000, 1-Sherrie Crang (Id) 9:55.7, 2-Marylynn Guyer (MontSt) 10:02.1.

# CARIFTA CHAMPIONSHIPS

#### From Richard Ashenheim

Fort de France, Martinique, April 2/3: A strange thing happened at a track meet in the Caribbean. It wasn't a sprinter who was the outstanding penformer! And it wasn't a jumper! Stranger still, it was a weight person. The Bahamas Laverne Eve was a triple winner and with acceptable marks. Eve won the shot at 47'2 1/2, the disc with 140'9 and the javelin with 155'3.

RESULTS:	Under 20	) Division.	100
(+1.20),	1-Marie	France	Loval
(Guadalupe)	11.68,	2-Pauline	Davis

(Bah) 11.69; <u>200</u> (+1.0), 1-Pauline Davis (Bah) 23.57, 2-Christine Carda (Mar) 24.02, 3-Ethlyn Tate (Jam) 24.15, 4-Odile Carda (Mar) 24.65; <u>400</u>, Veronica Williams (Jam) 55.45; <u>800/1500</u>, Philomin (Gdp) 2:10.65 and 4:43.26; <u>3000</u>, Ellie Edwards (Jam) 10:18.18; <u>100H</u> (+0.80), Monique Miller (Bah) 14.85 (14.81h); <u>HJ</u>, Marin Guy (Gdp) 5'6 1/4; <u>LJ</u>, Jacintha Bartholomew (Gren) 19'3 1/2w; <u>4x100</u>, 1-Jamaica 46.00, 2-Bahamas 46.31, 3-Martinique 47.03; <u>4x400</u>, 1-Jamaica 3:47.8, 2-Antigua 3:54.8, 3-Bahamas 3:55.2.

2-Antigua 3:54.8, 3-Bahamas 3:55.2. <u>Under 17 Division. 100</u> (+0.20), Jillian Ford (Trin) 11.8; 200 (2.40), 1-Jillian Ford (Trin) 24.26w, 2-Kaye Martin (Bah) 24.57w, 3-Laurel Johnson (Jam) 24.65; 400, Donna Pryce (Jam) 56.49; 800, Bernadette John (Trin) 2:13.89; HJ, Dolores Daguin (Mart) 5'7 1/4; LJ, Mazel Thomas (Jam) 18'0w.



# **CAROLINA RELAYS**

Chapel Hill, North Carolina, April 8: A good 1500 highlighted the running of the 21st Annual Carolina Relays. Jo White of Richmond toured the oval in 4:26.98 for the 1500m win with Villanova's Vickie Brown second. Another good event was the 4x100 with lotsa speed on the cinders and the race won by St. Augustine's in 46.92.

RESULTS: 100H, 1-Patricia Davis (StA) 14.03, 2-Thomasina Bush. (Hampt.Inst) 14.11; SP, Shunta Robinson (NC) 45'8; 1500, 1-Jo White (Richmond) 4:26.98, 2-Vickie Brown (Vil) 4:29.37, 3-Mary Ellen McGowan (Vil) 4:30.79, 4-Joan Nesbit (NC) 4:34.05; 800, 1-Joanne Kehs (Vil) 2:09.13, 2-Delphine Mabry (ECar) 2:09.17, 3-Kim Kelly (Va) 2:10.26; 4x100, 1-St. Augustine's, team of Dardin, Harper, Davis and Daye in d6.92, 2-Hampton Institute 47.76, 3-Appalachian State 47.86, 4-North Carolina A&T 47.90, 5-East Carolina 47.91; DT, Kathy Lichota (NC) 138'0; 100, 1-Renita Dingle (VSU) 12.07, 2-Denise Daye (StA) 12.08; JT, Woodside (HInst) 141'7; HJ, 1-Ann Bair (Va) 5'8, 2-Peggy Stewart (Vil) 5'8, 3-Lynn Richmond (StA) 5'8; LJ, Robin Taylor (OldD) 19'9; 400, Lisa Garrett (Va) 16:29.09, 2-Mary Jean Wright (Va) 16:55.76, 3-Jan Yerkes (Vil) 17:09.73; 400H, 1-Pat Bradley (Vil) 60.19, 2-Dana Wright (OldD) 60.79; DMed, 1-Villanova team of Kehs, Margaretha, Brown and McGowan in 11:42.98, 2-Richmond 11:45.64; 200, 1-Lisa Garrett (Va) 24.79, 2-Renita Dingle (aSt) 24.97; 4x400, 1-01d Dominion team of Washington, Flagg, Carter and Wright in 3:44.2, 2-Virginia 3:45.9.

### **JC** JENNER

San Jose, California, April 9: The wind played havoc with marks as the Junior College Division of the Bruce Jenner Classic was run. Sheila Nicks (College of the Sequoias) had the best mark of the day with her wind-aided 20'5 leap in the long jump. Nicks also won top honors in the century sprint at 12.38.

 RESULTS:
 4x110, 1-San Jose 49.0,

 2-San Mateo
 49.1;
 800/1500, 1-Linda

 Speargaren
 (Skyline)
 2:17.8/4:39.8,

 2-Sharon Powers
 (Santa Rosa)
 4:41.4;

 400,
 Brenda Brewer
 (SM)
 57.19;
 DT,

 1-Karen Moore
 (Marin)
 146'9,
 2-Karen

 Woodbeck
 (DeAnza)
 145'4;
 400H,
 Linda

 Bell
 (Santa Monica)
 64.91;
 200
 (+3.38),

 Ronda Robinson
 (SM)
 24.62w;
 3000,

 Sharon Powers
 (Santa Rosa)
 10:03.7;

 4x440,
 San Mateo
 3:56.9.

#### RUTGERS/PENN STATE

Piscataway, New Jersey, April 9: Rutgers and Penn State got together for a little non-scoring competition and the festivities produced two good marks. Penn State's Tammie Hart edged Rutgers' Lori McCauley 59.6-59.7 in the 400m hurdles and Elaine Sobansky tossed the shot 51'1 3/4. Vivian Riddick (Penn State) was a triple winner in the sprints and long jump.

RESULTS: 100/200/LJ, Vivian Riddick (PS) 12.1/25.3/18'6; 1500, 1-Paula Renzi (PS) 4:32.4, 2-Desiree Scott (R) 4:35.6, 3-Heather Carmichael (PS) 9:30.5, 2-Natalie Updegrove (PS) 9:49.7; 4x100, 1-Deren Statte 47.7, 2-Rutgers 48.8; 4x400, 1-Rutgers team of Coleman, Dembek, Patterson and McCauly (53.4) in 3:48.8, 2-Penn State 3:48.9; TJ, Humphreys (PS) 35'4; 800, Judy Cassell (PS) 2:14.8; 100H, Tosca Blandford (R) 14.3; 400H, 1-Tammie Hart (PS) 59.6, 2-Lori McCauley (R) 59.7; HJ, Sheila Galimore (R) 5'6 1/2; JT, Marilyn Senz (PS) 149'4.

#### **BRANDEIS WINS**

Smithfield, Rhode Island, April. 9: Brandeis outscored three other schools for top honors in a close four-way meet on the Bryant campus. There were three double winners. Bryant's Lyse Anne Wante took the 1500 (5:08.1) and 3000 (10:45.6), Michelle Tibbets of Assumption won both hurdles (17.8/72.7) and Lauren Andrews of the winners won the shot and discus (40'11/112'11). Assumption also won both relays. Scores: 1-Brandeis 60, 2-Assumption 56, 3-Bryant 55, 4-St. Anselem's 2.



GRACE JACKSON, Atoms TC, won 400m at Dogwood Relays in 53.44. (Victor Sailer photo)

# DOGWOOD RELAYS

Knoxville, Tennessee, April 8/9: The usual rash of good marks was once again achieved at the 17th Annual Dogwood Relays on the campus of the University of Tennessee.

Top performance was turned in by Benita Fitzgerald of the home team as she scooted to a clocking of 12.87 to win the 100m hurdles over old rival Stephanie Hightower (13.03). Other good performances came from Brenda Webb with 9:09.9 for the 3k, a flock of discus throwers beyond the 160 foot mark led by Denise Wood's 186'5 and Grace Jackson's (Atoms) win in the 400, a race which saw Tennessee favorites Delisa Walton and Joetta Clark finish in third and seventh positions.

RESULTS: JT, 1-Kathy Calo (Kent St) 162'1, 2-Iris Gronfeld (Al) 154'5; 100H, 1-Benita Fitzgerald (Tn) 12.87, 2-Stephanie Hightower (Nutri-onix) 13.03, 3-Susan Kameli (Can) 13.69, 4 Sulvia Forgrave (GOTC) 13.77, 4-Sylvia Forgrave (GOTC) 5-LaVonna Martin (NWTC) 14.08, 6-Linda Dowdy (EKy) 14.16; <u>800</u>, 1-Tina Krebs (Clemson) 2:04.80, 2-Sue Foster (Mich) 2:08.03, 3-Robbin Coleman (AIA) 2:09.80, 4-Kathy Williams (Ohio U) 2:09.80, 4-Kathy Williams (Ohio U) 2:10.13, 5-Joyce Wilson (Mich) 2:10.17, 6-Linda Portasik (Tn) 2:10.27; <u>3000</u>, 6-Linda Portasik (In) 2:10.27; <u>3000</u>, 1-Brenda Webb (AW) 9:09.9, 2-Connie Robinson (NC St) 9:14.7, 3-Alison Quelch (Tn) 9:14.8, 4-Missy Kane (Knoxville TC) 9:15.1, 5-Stephanie Weikert (Clem) 9:17.0, 6-Judith Shepherd (Clem) 9:21.2, 7-Melanie Weaver (Mich) 9:22.3, 8-Sandy Cullinane (NC St) 9:23.4; DT, 1-Denise Wood (Knoxville TC) 186 5, 2-Penny Neer (Un) 180'2, 3-Pia Iacova (Al) 177'7, 4-Pat Walsh (Tn) 174'9, 5-Karen McDonald (KTC) 162'9, 6-Jackie Wallace (Th) 162'5; LJ, 1-Evalene Hatcher (Ms) Int) 20'4 1/2, 2-Tamela Penny (Md) 19'7, 3-Tracy Hopkins (Th) 19'2 1/4; 1-Bonnie Harrington (Ball St) 5'10, HJ,

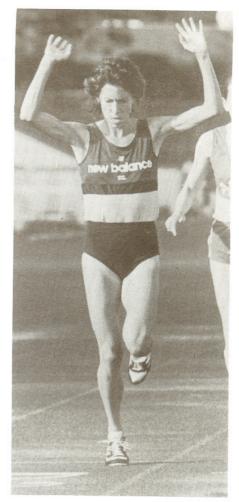
2-Angie Jones (KTC) 5'10, 3-Yvonne Heinrich (NC St) 5'10; <u>400</u>, 1-Grace Jackson (Atoms) 53.44, 2-Ilrey Oliver (Tn) 53.70, 3-Delisa Walton (Tn) 54.13, 4-Edna Brown (Atoms) 54.41, 5-Belinda Little (Al) 54.69...7-Joetta Clark (Tn) 55.14; <u>100</u>, 1-Chandra Cheeseborough (AW) 11.53, 2-Benita Fitzgerald (Th) 11.70, 3-Rose Gilmore (EKy) 11.74, 4-Veronica Findley (Tn) 11.78, 5-Grace 4-Veronica Finaley (11, 11.77, 8-Stephanie Hightower (NO) 12.36; 1500, 1-Lynne Strauss (NC St) 4:23.20, 2-Jan Merrill (AGAA) 4:23.96, 3-Suzanne Girard (MCTC) (AGAA) 4:23.96, 3-Suzanne Girard (MCIC) 4:24.72, 4-Julie Lantis (Ill) 4:25.60, 5-Sue Foster (Mich) 4:26.87, 6-Pat Walker (Md) 4:27.09, 7-Carolyn Forde (Md) 4:27.53; <u>1500 (Open)</u>, 1-Connie Robinson (NC St) 4:30.75, 2-Sue Parks (Ann Arbor TC) 4:31.42, 3-Sande Cullinane (NC St) 4:31.44, 4-Laura Murphy (Bowling Green) 4:32.69, 5-Margarita Sabogal (St.John's) 4:33.32; SP, 1-Denise Wood (KTC) 53'6 1/2, 2-Pat Walsh (Tn) 47'10, 1/2, 2-Pat Walsh (111, 3-Stephanie Thomas (Tn) 47'5; <u>4x400</u>, team of Porter, 4x400, Washington, Collier and Jones in 3:46.05, 2-Tennessee 3:47.14, 3-Michigan 3:48.31, 4-Ohio University 3:48.45.

# **TEXAS RELAYS**

Austin, Texas, April 8/9: The Texas Relays lived up to their name - RELAYS. There were some fine individual events to be mentioned later, but the four relays were all first class. Nebraska topped the field with wins in the two sprint batoners with Merlene Ottey anchoring both, Prairie View took the 4x400 and a surprising Texas Southern won the 4x800. Nebraska's winning mark in the 4x100 was 43.98 and they won the sprint medley in 1:36.05 as sixth place was a swift 1:40.79. Prairie View had to hustle to whip the Huskers in the 4x400, winning by .55 in 3:34.00 and Texas Southern romped to a clocking of 8:54.95 in the 4x800, just holding off another sprint-noted school - Prairie View. In individual events, the surprise came from yet another Nebraska performer, Denise Thiemard, the Swiss javelin thrower who blossomed here with a winning throw of 190'8 - and that won't hurt Nebraska's chances for another NCAA championship come next June!

Other good performances included the 15:36.11 for 5000m by veteran Francie Larrieu, the 13.17 flight of hurdles by Kim Turner, Lynne Gamble's 58.46 for the 400 hurdles and the 5691 heptathlon score by Houston's Patsy Walker as six were over the 5000 mark.

RESULTS: <u>4x100</u>, 1-Nebraska, team of Burke, Gorham, Thacker and Ottey in 43.98, 2-Houston 44.12, 3-Prairie View 45.00, 4-Texas 45.43, 5-Jackson State 45.66, 6-Kansas 46.12, North Texas State was disqualified and Texas Southern (46.53h) did not start; <u>4x400</u>, 1-Prairie View, team of LaBome, McAffee, Gamble and Gabriel in 3:34.00, 2-Nebraska, team of Burke, Gorham, Thacker and Tate in 3:34.55, 3-Texas



Winner of the 5000 at the Texas Relays was veteran FRANCIE LARRIEU in a good 15:36.11. (Jeff Johnson photo)

3:38.66, 4-Grambling 3:39.91. 5-Southern 3:41.48, 6-Oklahoma 3:43.3, 7-LSU 3:44.2, Texas Southern did not finish; <u>4x800</u>, 1-Texas Southern, team of Deveraux, Towson, Redd and Scott in 8:54.95, 2-Prairie View 8:55.16, 8:54.95, 8:59.61, 4-Abilene Christian 3-Texas 9:09.40, 5-Wyoming 9:12.15; <u>SpMed</u>, 1-Nebraska, team of Thacker, Branford, Burke and Ottey in 1:36.05, 2-Prairie View 1:38.28, 3-Houston 1:39.47, 4-North Texas State 1:40.08, 5-Texas 1:40.42, 6-Kansas 1:40.79, 7-LSU 1:41.5, Jackson State did not finish; 400H, 1-Lynn Gamble (PV) 58.46, 2-Kathy Freeman (Sth) 58.79, 3-Nicole Ali (Nb) Freeman (Sth) 56,79, 3-NIGHE AIL (MG), 59.61; Heptathlon, 1-Patsy Walker (Houston) 5691 with marks of 14.04, 5'5 3/4, 41'1 1/4, 25.43, 18'10, 122'0 and 2:19.61, 2-Renee Nickles (Kangaroo TC) 5385 (5'10 1/2), 3-Lana Zimmerman (LSU) 5340 (24.48/2:09.56), 4-Jill Lancaster (KanTC) 5324, 5-Anne Brit Skjaeveland (UTEP) 5155, 6-Lauri Young (NE La) 5146, 7-Denise Armstrong (Tx) 4977 (144'4); <u>100</u>, 1-Alicia McQueen (Wichita St) 11.68, 2-Novaita Samuels (Tx A&M) 11.73, 3-Jackie Washington (Hst) 11.88 (11.55hw), 4-Clotee Cowans (NE La) 11.94 (11.73hw), 5-Esther Hope (Jackson St) 11.96 (11.76h); HJ, Jane Clough (Ok) 5'10; DT, 1-Karen Wood (Nb) 167'8,

2-Victoria Gay (TxSth) 163'3, 3-Dedi Kavanaugh (Tx) 161'3, 4-Pat Jefferson (Tx Tech) 158'7; <u>SP</u>, 1-Stine Lerdahl (Kan) 49'10 3/4, 2-Karen Wood (Nb) 49'10 3/4, 3-Jo Beth Palmer (Tx) 49'4 1/2, 4-Karen Waddell (PV) 48'11 1/4; 100H, 1-Kim Turner (UTEP) 13.17, 2-Laura Lim (Az) 13.41, 3-Carol Lewis (Hst) 13.45, 4-Sheriffa Sanders (Ok) 13.70, 5-Kathy Freeman (Sth) 13.77, 6-Rhonda Blanford (Nb) 13.77 (13.76h), Epps (TxSth) 14.05; 1500, 7-Arnita 1-Suzanne Sheffield (Tx A&M) 4:18.82, 2-Tara Arnold (Tx) 4:19.25, 3-Andrea Everett (Wy) 4:21.35, 4-Disa Lewis (Rice) 4:21.84, 5-Leslie Devereaux (TxSth) 4:23.45, 6-Marie Disan (UTEP) Thomson (OkSt) Zartler (MetStr) 4:23.78, 7-Linda 8-Stacey 4:26.39. 9-Joy Hansen nt; 5000, Larrieu (NBTC) 15:36.11, 4:26.62, 1-Francie 2-Midde Hamrin (Lamar) 15:40.78, 3-Suzanne Youngberg (IaSt) 16:29.90, 4-Margaret Davis (IaSt) 16:41.48, 5-Alison Holington (Wy) 16:53.90, 6-Carol Urish (HH) 16:58.38; <u>JT</u>, 1-Denise Thiemard (Nb) 190'8, 2-Mary Chrobak (Tx) 166'8, 3-Lorri Kokkola (Tx) 156'7.

# **RICKS INVITATIONAL**

Rexburg, Idaho, April 9: Ricks College hosted and won an Invitational which featured double and triple winners. Best mark of the competition came from S. Smith (College of Southern Idaho) who wafted the javelin 161'4. Smith also took top honors in the shot. Liz Lynch (Ricks) was a three time winner in the 800, 1500 and 3k while Knights of CSI won both the 200 and 400 and Gretchen Snyder took home golds in both hurdles.

RESULTS: <u>800/1500/3000</u>, Liz Lynch (R) 2:23.2/4:46.3/10:29.0; <u>JT/SP</u>, Smith (CSI) 161'4/41'1; <u>100/400H</u>, Gretchen Snyder (R) 15.5/68.9; <u>200/400</u>, Knights (CSI) 26.0/59.4; <u>Scores</u>, 1-Ricks 60, 2-CSI 44, 3-Western Montana 13.

ARKANSAS

Fayetteville, Arkansas, April 9: Purdue captured the 4x400 relay and won the dual meet against Arkansas 79-71. With the score 74-71 before the final event, the meet went to the relay winner and Arkansas' inability to get under four minutes cost them the win.

Weather played havoc with marks, but the competition was good and close. Sybil Perry (Purdue) was one of three double winners during the day. Perry captured the 100 and the 400 hurdles and anchored that winning 4x400 relay team. Teammate Becky Cotta won the 5000 and 1500 and Arkansas' Lana Boydstun won the shot and discus.

RESULTS: <u>4x800</u>, Purdue, team of Hackel, Cassell, Sanford and Bonnivier

in 9:14.6; <u>5000</u>, 1-Jeanie Molohon (P) 16:35.6, 2-Sharon Little (A) 16:36.9, 3-Edel Hackett (A) 16:48.7; <u>4x100</u>, Arkansas, team of Harris, Adams, Sparks and Johnson in 46.96; <u>DT/SP</u>, Lana Boydstun (A) 140'0/41'2; <u>3000</u>, Becky Cotta (P) 9:44.12; <u>100/400H</u>, Sybil Perry (P) 12.27/62.9; <u>800</u>, Jymette Bonnivier (P) 2:13.75; <u>400</u>, Lisa Sparks (A) 56.73; <u>10000</u>, Karen Chance (A) 37:00.98; <u>200</u>, Stephanie Adams (A) 25.34; <u>4x400</u>, 1-Purdue, team of Jongeleaux, Gavranovich, Hackel and Perry in 3:58.45, 2-Arkansas 4:00.56; <u>Score</u>, Purdue 79, Arkansas 71.

# MURRAY STATE INV

Murray, Kentucky, April 9: Led by shot/discus winner Lisa Mowers, Western Michigan captured the team title at the Murray State Invitational. There was one other double winner in the home team's Maxine Best who won both dashes.

RESULTS: 10000, Melanie Decker (WM) 36:09.4; <u>HJ</u>, Erlisha Gwin (IS) 5'5; SP/DT, Lisa Mowers (WM) 40'6/139'2; SP/DT, 4x100, 1-Murray State, team of Lynne, Cooper, Ervin and Best in 47.8, Ervin 2-Austin Peay 47.8, 3-SE Missouri 48.4; 2-AUSTIN Peay 47.0, 3-52 MISSOULT 10.1, 5000, Jenny Upp (IS) 17:45.3; 1500, 1-Mary Johnson (AP) 4:42.1, 2-Chris Sharp (WM) 4:43.5; 100H, 1-Jackie Gregwave (SEMO) 14.5, 2-Mary Anderson (MS) 14.6; 100, 1-Maxine Best (MS) 11.6, 2-Richele Herman (IS) 11.6, 3-Marritta Williams (AP) 11.8; LJ, Patricia Avery (AP) 18'10 1/2; 200, (MS) 24.8; 400H, Val Maxine Best Lemoignan (MS) 61.2; <u>3000</u>, Kayla Skelly (WM) 9:57.2; <u>4x400</u>, 1-SEMO, team of Walton, Jefferson, Watt and Gregware in 3:54.7, 2-Murray State 3:56.0; Heptathlon, 1-Shoup (WM) 4871, 2-Dewey (B) 4745; <u>Scores</u>, 1-Western Michigan 139, 2-Illinois State 127, 3-Murray State 123, 4-Southeast Missouri 101, 5-Austin Peay 70, 6-Bradley 17, 7-Middle Tennessee 10.

# SACRAMENTO INV

Sacramento, California, April 9: Donna Figliomeni and Donna Carley of the home team were the only double winners as Cal State Sacramento staged its relay carnival. Figliomeni won the 800 and 1500 and Carley took the two sprints. Best performance came in the disc where Hayward's duo of Glenda Ford and Diane Oswalt tossed the platter over 160' and four others were beyond 151 feet.

 RESULTS:
 JT,
 Marsh (UC Davis)

 141'10;
 5000,
 Sommers (UCD)
 17:11.4;

 4x100,
 1-CS Hayward 46.86,
 2-California

 47.12,
 3-CS Northridge 47.60;
 1500,

 1-Figliomeni (CS Sac)
 4:33.6,
 2-Keller

 (CSN)
 4:33.9,
 3-King (Cal)
 4:34.3,

 4-Koelfton (Seattle Pac)
 4:35.8;
 100H,

 Byrd (CSH)
 14.6;
 100,
 Donna Carley

 (CSS)
 11.6,
 2-Ward
 (CSH)
 11.9;
 800,

 Figliomeni (CSS)
 2:15.07;
 400H,
 100H,
 100H,
 100H,

Clausmann (SP) 62.46; LJ, Coelho (Cal) 18'9; <u>DT</u>, 1-Glenda Ford (CSH) 164'11, 2-Diane Oswalt (CSH) 160'0, 3-Sue Springer (Cal) 158'2, 4-Robinson (Un) 155'1, 5-Durslay (Cal) 151'8, 6-Dentinger (CSS) 151'4; <u>200</u>, 1-Donna Carley (CSS) 23.9, 2-Ericka Harris (Cal) 24.0; <u>SP</u>, 1-Sue Springer (Cal) 44'10 1/4, 2-Diane Oswalt (CSH) 44'0 1/4; <u>3000</u>, 1-Sheila Ralston (Un) 9:35.9, 2-Patti Gray (UC Davis) 9:51.0; 4x400, CS Hayward 3:57.59.

### **BOISE IDAHO CHAMP**

Boise, Idaho, April 9: Sherrie Crang's (Idaho) twin wins in the three and five thousand meter runs didn't quite catch Boise State University as the Broncos captured the team title by four points, 65-61. Crang was the day's only double winner in a meet held in 43 degree temperature with rain.

RESULTS: <u>HJ</u>, Kim Carroll (BS) 5'6; <u>4x100/4x400</u>, Boise State 47.94/3:58.59; <u>JT</u>, 1-Sandy Bean (IdSt) 151'11, 2-Mylissa Coleman (Id) 151'9, 3-Sherry Schoenborn (Id) 143'1; <u>DT</u>, 1-Sandy Johnson (BS) 141'11, 2-Sue Doucette (IdSt) 137'6; 5000, Sherrie Crang (Id) 16:34.74; <u>150</u>, Sandy Kristjanson (Id) 16:34.74; <u>SP</u>, Sue Doucette (IdSt) 44'8; <u>100H</u>, 1-Karla Jacoby (BS) 14.41, 2-Lynne Wingle (IdSt) 14.48; <u>400</u>, Allison Ryan (Id) 56.44; <u>800</u>, Darla Hasselquist (BS) 2:14.85; <u>400H</u>, Diane Dodds (ES) 62.92; <u>200</u>, Val Dworak (BS) 25.53; <u>3000</u>, 1-Sherrie Crang (Id) 10:20.22, 2-Karen Voss (Id) 10:27.85; <u>Scores</u>, 1-Boise State 65, 2-Idaho 61, 3-Idaho State 44.

# DOG & CAT FIGHT

Carbondale, Illinois, April 9: The Tigers, Salukis, Panthers, Wildcats and Cougars gathered at Southern Illinois University for their Annual Dog and Cat Fight - and the Wildcats of Missouri won the free-for-all in a tough fight with Southern and Eastern Illinois.

Mary Hyder led the Missouri crew with a triple gold medal performance in the shot, discus and javelin. Eastern Illinois' Margaret Smith was a double winner in the 800 and 1500.

RESULTS: <u>HJ</u>, Barbara Hines (EI) 5'4 1/4; <u>LJ</u>, Nina Williams (SI) 19'0 1/4w; <u>DT</u>, 1-Mary Hyder (Mo) 143'10, 2-Rhonda McCausland (SI) 143'1; <u>JT</u>, 1-Mary Hyder (Mo) 132'5, 2-Cynthia Joy (SI) 130'11; <u>SP</u>, Mary Hyder (Mo) 43'3 3/4; <u>100</u>, 1-Rufina Ubah (Mo) 12.11, 2-Denise Blackman (SI) 12.29; <u>200</u>, 1-Denise Blackman (SI) 25.19, 2-Rosalyn Dunlap (Mo) 25.44; <u>400</u>, 1-Gail Stephens (EI) 55.45, 2-Debra Davis (SI) 55.95; <u>800/1500</u>, Margaret Smith (EI) 2:13.85/4:31.02; <u>3000</u>, Andrea Fischer (Mo) 10:04.49; <u>5000</u>, Sabrina Dornhoefer (Mo) 16:49.9; <u>4x100/4x400</u>, Eastern Illinois 47.80/3:54.17; <u>Scores</u>, 1-Missouri 84, 2-Southern 11/Carbondale 70, 3-Eastern Illinois 62, 4-Northwestern 14, 5-Southern Ill/Edwardsville 13.

# UCLA OVER OREGON

By Lester B. Hanson

Eugene, Oregon, April 9: "Ain't nobody gonna believe us if we say we're underdogs," said UCLA Coach Scott Chisam following the Bruin's 71-56 dual meet win over Oregon. And it's true...you just have to believe the Jackie Joyner Show will be the odds-on favorite to repeat as the NCAA champion.

Joyner, the NCAA and TAC heptathlon champion was scheduled to perform in seven events, but took part of the day off (reluctantly...she says she needs the work) competing in ONLY five events and counting in 23 of the Bruin point total.

She tied the meet record in the long jump (19'6), set a meet record during an upset win in the 100m hurdles (14.02), won the 200m, took second in the 100m behind Jeanette Bolden, and ran a leg for the Bruin's winning  $4\times100$  relay team. She did not high jump owing to a decision by the coach - or run the mile relay for the meet had been decided by then.



Oregon began the day by sweeping the 3000 against UCLA with LISA MARTIN (2nd in 9:26.22), KATHY HAYES (1st in 9:23.43, ALLISON SNOW (4th) and ROSA GUTEIRREZ (3rd in 9:32.53). (Bill Leung photo)

Other UCLA standouts were freshman Polly Plumer who hung back and came on to win the 1500 in a new meet record (4:20.19), then doubled back for a second in the 800; and an unprecidented win in the discus by Lindy Toman.

The Ducks went into the meet riddled with important absentees and a realistic outlook for their chances, but determined to provide good competition. Personal bests by Roz Rouse (171'9) and Quenna Beasley (51'4 1/4) in the javelin and shot put; a dual meet debut win by Shari Collins in the high jump (MR 5'9 1/4); an Oregon sweep in the 3000; a meet record (59.02) for Lexie Miller Beck in the 400m hurdles...all not enough to dull the teeth of the UCLA buzzsaw.



UCLA Frosh POLY PLUMER leads Oregon's KATHY HAYES into the home straight and was the surprise winner in the 1500 with a time of 4:20.19. Plumer also finished second in the 800. (Bill Leaung photo)

RESULTS: LJ, Jackie Joyner (UCLA) 19'6; <u>JT</u>, 1-Roz Rouse (Ore) 171'9, 2-Susie Ray (UCLA) 167'10, 3-Julie 3-Julie 2-Susle Ray (OCLA) 10, 10, 10, 10, Volume Vobora (Ore) 148'5; 3000, 1-Kathy Hayes (Ore) 9:23.43, 2-Lisa Martin (Ore) 9:26.22, 3-Rosa Gutierrez (Ore) 9:32.53; 4x100, 1-UCLA, team of Joyner, Bolden, Nedd and Griffith in 45.69, 2-Oregon 48.32; <u>1500</u>, 1-Polly Plumer (UCLA) 4:20.19, 2-Kathy Hayes (Ore) 4:20.82, 3-Kim Roth (Ore) 4:23.94; 1-Jackie Joyner (UCLA) 14.02, 100H, 2-Lexie Miller Beck (Ore) 14.39, 3-Kay 2-Lexie Miller Beck (Ore) 14.39, 3-Kay Garnett (Ore) 14.51; <u>SP</u>, 1-Quenna Beasley (Ore) 51'4 1/4, 2-Susie Ray (UCLA) 46'11 1/2, 3-Lindy Toman (UCLA) 46'4 3/4; 400, 1-Florence Griffith (UCLA) 53.45, 2-LaShon Nedd (UCLA) 54.71; 100, 1-Jeanette Bolden (UCLA) 54.71; 2-Jackie Joyner (UCLA) 12.24; 11,81, 800, 1-Claudette Groenendaal (U.S., 2:07.13, 2-Polly Plumer (UCLA) 2:09.65, (Com) 2:10.81: 400H, Clark (Ore) 2:10.81; 400H, Miller Beck (Ore) 59.02, 3-Ranza 1-Lexie 2-Sandy Meyer Leung (UCLA) 60.26; <u>DT</u>, 1-Lindy Toman (UCLA) 156'6, 2-Quenna Beasley (Ore) 154'0, 3-Melanie Morrison (Ore) 149'0; <u>200</u>, 1-Jackie Joyner (UCLA) 24.78, 2-LaShon Nedd (UCLA) 25.25; HJ, 1-Shari Collins (Ore) 5'9 1/4, 2-Tonya Alston (UCLA) 5'9 1/4, 3-Kari Gosswiller (UCLA) 5'7 1/4; 4x440, 1-UCLA, team of Peterson, Nedd, Leung and Griffith in 3:48.17.

# ARIZONA STATE OVER SAN DIEGO

Tempe, Arizona, April 9: San Diego State saw its string of 26 consecutive dual meet victories come to an end here today as the Arizona State Sun Devils whipped the Aztecs 69-66 in a double dual which also featured the University of New Mexico.

San Diego's doom was settled in the shot and disc where they were outscored 17-1, but they managed to keep it close to the very end in spite of several key athletes out with injuries. Perhaps it all came down to the final event before the 4x400 - the high jump. With the score 64-58 for Arizona State, Tana Tate of the home team and Lori Clark of San Diego both cleared 5'7 3/4 with Tate winning on fewer misses and clinching the meet for the Sun Devils. Fewer misses for Clark would have brought it down to the mile relay which San Diego won.

Leslie Deniz had another good mark in the disc with her winning toss of 199'2, but was considerably off form in the shot where she managed only 44'0 1/2, some 12 feet below her season best.

ASU had a good 45.90 clocking in the  $4\times100$  to start the day on the track.

RESULTS: <u>SP</u>, 1-Jennifer Lemke (AS) 50'2 3/4, 2-Maryanne Berry (AS) 47'1, 3-Leslie Deniz (AS) 44'0 1/4; <u>JT</u>, 1-Liz Mueller (SD) 173'5, 2-Dodie Campbell (AS) 169'6, 3-Debbie Dibb (SD) 151'0, 4-Des Snellerman (SD) 148'3; LJ, Anna Van (AS) 19'7w; 5000, Cynthia Valdez (NM) 17:16.90; <u>4x100</u>, 1-Arizona State, team of Chapple, Ware, Washington and Van in 45.90, 2-San Diego 46.87; 1500, 1-Sabrina Peters (AS) 4:26.02, 2-Silvia Velay (NM) 4:29.50, 3-Linda Mitchell (NM) 4:30.43; <u>100H</u> (+1.0), Carrie McLaughlin (SD) 14.54; <u>400</u>, 1-Renee Chambers (SD) 54.64, 2-Shannon Vessup (NM) 55.77; <u>DT</u>, 1-Leslie Deniz (AS) 199'2, 2-Diane Arena (Un) 144'7, 3-Sue Quells (NM) 141'5; 100 (0.0), 1-Sharon Ware (AS) 11.62, 2-Barbara Bell (NM) 11.76, 3-LaTonya Sheffield (SD) 11.77; 800, 1-Margaret Metcalf (NM) 2:11.25, 2-Sandy Beach (AS) 2:13.22, 3-Joan 2-Sandy Beach (AS) 2:13.22, 3-Joan Stirett (NM) 2:13.30; <u>400H</u>, Denise Leavy (AS) 62.47; <u>200</u> (+0.7), 1-LaTonya Sheffield (SD) 24.11, 2-Teri Chapple (AS) 24.52, 3-Barbara Bell (NM) 24.59, 4-Renee Chambers (SD) 24.72; <u>3000</u>, 1-Lisa Mitchell (NM) 9:42.66, 2-Sabria Peters (AS) 9:45.04, 3-Ellie Garcia (SD) 10:01.85; <u>HJ</u>, 1-Tanya Tate (AS) 5'7 3/4, 2-Lori Clark (SD) 5'7 3/4; 4x400, 1-San Diego, team of Charles, Chambers, Hatley and She 3:49.28, 2-New Mexico 3:52.88. Hatley and Sheffield in

# **CSLA WINS TWO**

Santa Barbara, California, April 9: Cal State Los Angeles, with many of its famous sprint troops elsewhere, had no trouble disposing of UC Santa Barbara (69-55) and Occidental (79-40) in a double dual meet but the big news of the day came from Open competition in the javelin. Finland's Tiina Lillak won the event with a mighty toss of 224'4 with "retired" Kate Schmidt next with 191'0 and heptathlete Jane Frederick third at 157'4. Lillak and some of her Finish friends are training at Santa Barbara.

Stephanie Brown was the leading

point-getter for CSLA, winning the 100 and long jump, taking second in the 200 and speeding a leg on the winning 4x100 team. The Diablos were taking part in different events - i.e., 400 runner Sharon Dabney galloped the 1500, Denean Howard captured the 800 and so on.

RESULTS: JT, Davis (SB) 146'0; 4x100, CSLA, team of Brown, Inniss, Dabney and Washington in 46.5; 1500, Sharon Dabney (LA) 4:43.5; LJ, Stephanie Brown (LA) 18'7 3/4; 100H, Sandra Farmer (LA) 14.9; 400, Anne Aren (LA) 56.7; 400H, Yvette Irons (LA) 62.6; 800, 1-Denean Howard (LA) 2:08.4, 2-Martell (SB) 2:08.7; 100, 1-Stephanie Brown (LA) 11.8, 2-Tina Howard (LA) 12.5; 200, 1-Jennifer Inniss (LA) 24.0, 2-Stephanie Brown (LA) 24.6, 3-Tina Howard (LA) 25.3; 3000, Rogers (Oxy) 10:11.2; 4x400, CSLA 3:54.2.

# FRESNO RELAYS

Fresno, California, April 9: Janet Yarbrough, Cal Poly/SLO, was the star of the Annual Fresno Relays. Yarbrough won the 100 hurdles in 13.90 and then captured the long jump at 20'7 plus a leg on the winning 4x100 relay. Sharon Hamilton of CS Bakersfield had a good 49'2 1/2 win in the shot as did Dot Jones of Modesto Junior College in her division at 48'6 3/4.

RESULTS: <u>SP</u>, 1-Sharon Hamilton (CSB) 49'2 1/2, 2-Debra Corley (CSB) 45'11 1/2, 3-Kam Johnson (Oregon St) 45'1 4x100, 1-Cal Poly, team of 3/4: Holland, Yarbrough, Chandler and VanWarmerdam in 46.26, 2-Fresno State 48.52; <u>1500</u>, 1-Cheryl Livingston (WashSt) 4:31.16, 2-Lori Lopez (CP) 4:32.24, 3-Ahleen Allison (CP) 4:35.70, 4-Kari Jonassen (WashSt) 4:35.76; 100H, 1-Janet Yarbrough (CP) 13.90, 2-Cece Chandler (CP) 14.39; <u>DT</u>, 1-Cathy Kahn (CP) 150'5, 2-Kim Shakir (CSB) 144'11; <u>HJ</u>, Carina Westover (OSU/Beaver TC) HJ, Carina Westover (OSU/Beaver 10, 5'10; <u>100</u>, 1-Andranette Gill (CSB) 11.82, 2-Gurtha Pounds (CSB) 12.02; JC 800, Jill Moss (American River) 2:11.3; 1-Janet Yarbrough (CP) 20'7, LJ, 2-Colleen Gibson (?) 19'6 1/2w, 3-Shari Veliz (Fresno St) 19'3 1/4; 800, 1-Amy Harper (CP) 2:10.78, 2-Kris Allyne (CP) 2:12.86; 200, 1-Gurtha Pounds (CSB) 24.23, 2-Tam Holland (CP) 24.25; <u>JT</u>, 1-Danella Barnes (CP) 157'9, 2-Monica Whitt (OreSt) 145'6; <u>3000</u>, Leslie White (CP) 9:49.03; <u>4x400</u>, Cal Poly, team of Ewing, Corsiglia, Fordor and Allyne in 3:54.61.

# NAVY INVITATIONAL

Annapolis, Maryland, April 9: In weather better suited for reading by the fire, Navy entertained eight institutions in their Navy Invitational. In spite of the foul weather, there was good competition. James Madison's Suzie Shreckhise was a double winner in the 400 and 400 hurdles for the only double gold of the day. Busiest body of the day, however, was the Navy's Stefani Green who captured the 100 hurdles, was second in the 400 hurdles and the 800, and anchored the second place 4x800 team.

RESULTS: <u>4x100</u>, Navy 51.1; <u>5000</u>, Mary Lynch (Mt.St.M) 18:02.2; <u>400H</u>, 1-Suzie Shreckhise (JM) 61.3, 2-Stefani Green (N) 61.8; <u>100</u>, Wani Saunders (JM) 12.5 (12.4h); <u>100H</u>, Stefani Green (N) 15.9; <u>400</u>, Suzie Shreckhise (JM) 57.2; <u>800</u>, 1-Ann Begley (Gtn) 2:15.9, 2-Stefani Green (N) 2:16.0; <u>1500</u>, 1-Marya Small (Gtn) 4:39.9, <u>2</u>-Pia Palladino (Gtn) 4:40.2, <u>3</u>-Julie Bowers (West Chester) 4:40.7; <u>3000</u>, Pia Palladino (Gtn) 10:02.7; <u>200</u>, Crystal Hayes (WC) 26.5; <u>4x800</u>, Georgetown 9:43.8; <u>JT</u>, Beth Lippard (JM) 126'6; <u>DT</u>, Dawn Bridge (MSM) 120'6; <u>LJ</u>, Cathy Fischer (Frederick CC) 18'4 <u>1</u>/2; <u>SP</u> (Indoors), Charlotte Monk (N) 39'2.

#### 3/4 and 169'7, but the busiest person on the field was Montana State's Margee Wilson who won the 400 hurdles, was second in the 100 hurdles, ran the 200 and legs on both relay teams.

RESULTS: <u>400H</u>, Margee Wilson (Montana St) 62.4; <u>SP</u>, 1-Julie Jones (BYU) 50'6 3/4, 2:Jacque Norton (BYU) 47'9 3/4; <u>100</u>, 1-Connie Kelly (Weber St) 12.0, 2-Janet Buntin (MontSt) 12.1; <u>1500</u>, Mary Lynn Guyer (MS) 4:41.9; <u>HJ</u>, Candy Cashell (Utah St) 5'6; <u>400</u>, Gwen White (US) 57.1; <u>100H</u>, Kristina Ponton (US) 14.4; <u>800</u>, Marty Billingsley (MS) 2:14.9; <u>200</u>, 1-Dana Devan 23.8, 2-Connie Kelly (WS) 24.2; <u>DT</u>, 1-Julie Jones (BYU) 169'7, 2-Jacque Norton (BYU) 156'3, 3-Vicki Powell (US) 145'5, 4-Taina Laakso (BYU) 144'4, 5-Athena Kepas (BYU) 142'5; <u>3000</u>, 1-Kathy Close (MS) 10:25.9, 2-Noreen Shea (US) 10:33.4; <u>JT</u>, Becky Ingle (WS) 134'9; <u>4x400</u>, 1-Weber State 3:54.7, 2-Utah State 3:56.0.

# LADY BRONCO-NIKE-LITE CLASSIC

Pomona, California, April 9: Lorna Griffin had good marks in the shot and discus and Cynthia Warner had a 2:05.26 800 to highlight the Lady Bronco Nike Lite Track Classic on the campus of Cal Poly/Pomona. Other good marks included Veronica Bell's 20'5 effort in the long jump and Karen Cannon's 13.47 solo run in the hurdles, plus the 46.52 by the Southern California Cheetahs in the 4x100.

RESULTS: LJ, 1-Veronica Bell (SCC) 20'5, 2-Sandy Crabtree (CA) 19'7w; 3000, Christine Bergeron (SD Ath) 9:34.5; 4x100, SCC 46.52; <u>1500</u>, Mwinga Sote (SCC) 4:38.15; <u>100H</u>, Karen Cannon (CA) 13.47; <u>400</u>, 1-Deann Gutowski (LAM) 54.12, 2-Gwen Gardner (LAM) 55.71; JT, 1-Jackie Nelson (Un) 159'7, 2-Beth Owens (Cal Lutheran) 156'7; HJ, 1-Debra Larsen (USC) 5'11 1/4, 2-Janet Nicols (CP/P) 5'9; <u>100</u>, Gayle Watkins (LBCC) 11.94; <u>800</u>, 1-Cynthia Warner (LAM) 2:05.26, 2-Donna Curtis (USC) 2:07.75, 3-Leh Jiau Lai (SCC) 2:08.51; <u>SP</u>, 1-Lorna Griffin (AW) 52'5 1/2, 2-Peggy Pollak (CSLB) 51'10 1/2, 3-Natalie Kaaiawahia (Cal HS) 51'5 3/4, 4-Ramona Pagel (Un) 51'1, 5-Bonne Dasse (CA) 48'4 3/4, 6-Diane Clements (Saddleback JC) 47'10; <u>DT</u>, 1-Lorna Griffin (AW) 185'8, 2-Natalie Kaaiawahia (Cal HS) 160'9, 3-Leslie Hoerner (AIA) 154'0, 4-Ramona Pagel (Un) 147'0; <u>4x400</u>, SC Cheetahs 3:54.08.

# JONES WINS TWO

Logan, Utah, April 9: Six schools gathered on the Utah State campus for a non-scoring competition and BYU's Julie Jones was the bright spot. Jones won the shot and discus with throws of 50'6

# **FLORIDA STATE ROLLS**

Tallahassee, Florida, April 9: Florida State University continued to show improvement as they defeated visiting teams from Kentucky, Florida, Georgia and Michigan State.

Excellent marks were recorded by FSU's Marita Payne with 52.4 for the 400 and by the 4x100 (44.28), 4x200 (1:33.2) and 4x400 (3:38.36) relay teams. Kentucky's Bernadette Madigan had a fine 16.16.2 for 5000m and unattached Tonja Brown scampered over the 400 hurdles in 57.4.

RESULTS: <u>4x100</u>, 1-Florida State, team of Bennett, Payne, Cliette and Givens in 44.28, 2-Georgia 46.3, 3-Kentucky 47.7; <u>5000</u>, 1-Bernadette Madigan (Ky) 16:16.2, 2-Beth Farmer (F1) 16:22.0, 3-Karen Campbell (MichSt) 16:28.3, 4-Diane Bussa (MichSt) 16:56.9; <u>4x200</u>, 1-Florida State, team of Givens, Cliette, Payne and Wright in 1:33.2, 2-Georgia 1:40.4; <u>SP</u>, Vivien Fisher (MS) 45'8 3/4; <u>1500</u>, 1-Margaret Coomber (FS) 4:26.3, 2-Linda Detlefsen (Ga) 4:27.1, 3-Carla Borovicka (FS) 4:28.8; <u>100H</u> (-.96), 1-Debbie LaCosta (Ga) 14.1, 2-Judy Thomas (Ky) 14.64, 3-Tonja Lowe (Ky) 14.67; <u>LJ</u>, 1-Alice Bennett (FS) 19'7, 2-Brenda Cliette (FS) 19'2...5-Kathy Rankin (Ga) 16'6; 400, 1-Marita Payne (FS) 52.4, 2-Oralee Fowler (F1) 53.6, 3-Scooby Golden (FS) 54.2; <u>JT</u>, Cindy Crapper (Ky) 144'8; 100, 1-Randy Givens (FS) 11.71, 2-Brenda Cliette (FS) 11.85; <u>800</u>, 1-Ovrill Brown (FS) 2:06.9, 2-Jacque Sedwick (MS) 2:09.00, 3-Janet Wood (FS) 2:09.17, 4-Beth Adkins (F1) 2:09.9; 400H, 1-Angie Wright (FS) 58.2, 2-Piper Bressant (F1) 59.2, 3-Chris Crowther (F1) 59.97, 4-Chris McKay (FS) 60.7, Exhibition, Tonja Brown (Gulf Coast TC) 57.4; <u>DT</u>, Liz Polyak (Ky) 157'6; <u>200</u>, 1-Randy Givens (FS) 23.52, 2-Brenda Cliette (FS) 23.92; <u>3000</u>, Karen Campbel1 (MS) 9:45.5; <u>HJ</u>, Wendy Markham (FS) 5'8 1/4; <u>4x400</u>, 1-Florida State, team of Payne, Wood, Golden and 0.Brown in 3:38.36, 2-Florida 3:39.23, 3-Michigan State 3:46.71; <u>Scores</u>, 1-Florida State 102, 2-Kentucky 51, 3-Florida 37, 4-Georgia 36, 5-Michigan State 33.

# **TEXAS TECH INV**

Texas, Lubbock. April 9: Abilene Christian downed eight other schools to claim the title at the Texas Tech Invitational. Good marks were recorded by Carla Jackson (Abilene Christian) with 20'4 1/4 in the long jump and by the Wildcats 4x100 team which won in 46.70.

RESULTS: 10000, Kathy Pfiefer (New Mexico) 37:13.09, 5000, Cynthia Valdez (NM) 17:26.75; SP, Early Douglas (TXT) 47'3; LJ, 1-Carla Jackson (AC) 20'4 1/4, 2-Regina Swaim (AC) 19'9 1/2, 3-Mary Goodwin (NM) 19'7 3/4; JT, Maria Haley (Wayland Bap) 133'8; 4x100, Abilene Christian 46.70, 2-Angelo State 47.02, 3-Ranger JC 47.79; DT, 1-Pat Jefferson (TXT) 150'10, 2-Early Douglas (TXT) 149'5; 1500. Margaret Metcalf (TXT) 149<sup>5</sup>; <u>1500</u>, Margaret Metcalf (NM) 4:46.51; <u>100H</u>, Cindy Stewart (AngSt) 14.29; <u>400</u>, Shannon Vessup (NM) 56.44; HJ, Susan Ogle (AC) 5'6; 100/200, Barbara Bell (NM) 11.98/24.33; 800, Tina Lopez (AC) 2:15.32; <u>400H</u>, Donita Perry (WB) 64.15; <u>3000</u>, Lisa Mitchell (NM); <u>4x400</u>, Abilene Christian 3:55.51; <u>Scores</u>, 1-Abilene Christian 151, 2-New Mexico 116, 3-Texas Tech 109, 4-Angelo State 78, 5-Wayland Baptist 36, 6-Ranger JC 20, 7-Tarleton State 9, 8-McMurray and Eastern New Mexico 2.

#### ANGELO STATE INV

San Angelo, Texas, April 13: Veronica Cavazos led Texas Tech to the team title at the Angelo State Invitational as she won both the 1500 and 5000 meter runs. Eleven teams took part with the best marks going to Early Douglas Texas Tech) with 49'8 1/2 in the shot and Angelo State's Cindy Stewart with a 13.97 clocking in the hurdles.

RESULTS: JT, Maria Halley (WB) 144'8; HJ, Patricia Mills (AS) 5'6 1/4; 144'8; <u>HJ</u>, Patricia Mills (AS) 5'6 1/4; <u>3000</u>, Carmen Ayala (Austin Str) 10:16.36; <u>4x100</u>, 1-Angelo State, team of Stewart, Evans, Njemanze and Brittian in 47.36, 2-Texas Tech 48.97; <u>1500/5000</u>, Veronica Cavazos (TT) <u>4:50.50/18:36.7</u>; <u>LJ</u>, 1-Demetra Fort (WB) 19'6 3/4, 2-Carla Seldon (SA St) 19'3, 3-Jamie Shores (WB) 19'1 1/4; 100H, 1-Cindv Stewart (AS) 13 97 
 100H,
 1-Cindy
 Stewart (AS)
 13.97,

 2-Stella
 Njemanze
 (AS)
 14.37;
 400,

 Wilma
 Colebrook
 (SJ)
 56.34;
 100,

 Sharlene
 Brittian
 (AS)
 11.90;
 IT,
 1-Pat
 Jefferson (TT) 150'6, 2-Robin Gordon (Tx A&I) 145'0; 100, Sharlene Brittian (AS) 24.58; <u>Scores</u>, 1-Texas Tech 139, 2-Angelo State 113, 3-Wayland Baptist 68, 4-Texas/San Antonio 53, 5-Pan American 40, 6-San Jacinto 39, 7-Texas

A&I 28, 8-Ranger JC 22, 9-East Texas 14, 10-Southwest Texas 8, 11-Eastern New Mexico 2.

# SHOCKER SPORTS **FESTIVAL**

Wichita, Kansas, April 15: Home team Wichita State provided the double winners and won the team title at their own Invitational. Sprinter Alicia McQueen and hurdler Rene Bumgarner were the two double gold medalists. McQueen also anchored the winning 4x400 relay team.

RESULTS: 10000, Julie Duncan (WS) 35:17.9; 3000, Sara Yeager (WS) 9:58.0; 4x100, 1-Wichita State team of Hopkins, Liddell, Smith and Thompson in 48.27, 2-Northeastern Oklahoma 48.65, 3-Dodge City CC 48.76; <u>SMed</u>, 1-Wichita State team of Maher, Hopkins, Liddell and Smith in 1:46.5, 2-Barton County CC 1:48.2; <u>DT</u>, Angie Selneon (PittSt) 141'4; <u>100H</u>, 1-Rene Bumgarner (WS) 14.25, 2-Angie Lewis (Barton CC) 14.72; 14.25, 2-Angie Lewis (Barton CC) 14.72; <u>100/200</u>, Alicia McQueen (WS) 11.76/25.76; LJ, Tanya Johnson (Barton CC) 19'5; <u>4x400</u>, Wichita State team of Liddell, Smith, Hopkins and McQueen in 3:56.99; <u>Scores</u>, 1-Wichita State 173, 2-Dodge City CC 80, 3-Cloud CC 57, 4-Barton CC 52, 5-Northeastern Oklahoma 40, 6-Pittsburg State 40, 7-Butchinson 40, 6-Pittsburg State 40, 7-Hutchinson 27, 8-Garden City 19, 9-Pratt JC 16, 10-Butler CC 15, 11-Johnson CC 10.

of the runner-up. Young and White were not the only "big" winners in the meet. Penn State's Marilyn Senz won the javelin by 20 feet, teammate Elaine Sobansky won the shot by 12 feet, Cornell's Marian Teitsch captured the 10k by more than three minutes, Vivian Riddick won the long jump by two feet and so it went.

RESULTS: 10000, Marian Teitsch (Cor) 35:01.1; 100, 1-Karen Coke (FD) 12.09, 2-Vivian Riddick (PS) 12.33; JT/Hammer (10#), Marilyn Senz (PS) 148<sup>(3)</sup>(111<sup>(1)</sup>); 1-Paula Renzi (PS) 16:42.13, Lie Updegrove (PS) 16:57.11; 5000, 2-Natalie Updegrove 100H, 1-Candy Young (FD) 12.40, 2-Susan <u>100H</u>, 1-Candy Young (FD) 12.40, 2-Susan Allan (GMason) 14.25; LJ, Vivian Riddick (PS) 19'2 1/4; <u>SP</u>, Elaine Sobansky (PS) 50'9 1/2; <u>TJ</u>, Hanna Humphreys (PS) 37'5; <u>1500</u>, 1-Jo White (Rich) 4:25.69, 2-Doreen Startare (PS) 4:30.14, 3-Pat Walker (Md) 4:35.56; <u>400</u>, 1-Phyllis Buber (AmbOC) 55.20, 2-Candy Young (FD) 55.77; <u>4x800</u>, Richmond 9:16.32; <u>200</u>, Karen Coke (FD) 24.97. 24.97.

# CENTRAL **MISSOURI WINS**

Jefferson City, Missouri, April 15: In spite of only six first places to ten for Lincoln, Central Missouri won a triangular meet over the hosts with 80 points to 68 for the home team. The University of Missouri, with only a token team, finished third with 14 points. Lincoln's Hardy was a double winner in the two sprints.

RESULTS: <u>DT</u>, Jugah (L) 135'10; LJ, Boone (L) 18'9; <u>100H</u>, 1-Davenport (L) 14.4, 2-Horned (CM) 14.6; <u>400H</u>, Davis (L) 62.3; <u>100/200</u>, Hardy (L) 11.8/24.8; <u>3000</u>, Curp (CM) 10:06.8; <u>5000</u>, 1-Goodwine (CM) 17:32.7, 2-Curp (CM) 17:32.7; <u>4x100</u> and 4x400, Lincoln 47.9/4:06.5.

### DRAKE INVITATIONAL

Des Moines, Iowa, April 15/16: University of Iowa captured the Open Division of the Drake Invitational and Moorhead State won the Closed Division. Best marks were the 5157 heptathlon score by Iowa's Chris Davenport, the 21'0 3/4 jump by Halcyon McKnight and Tori Neubauer's 16:24.56 for 5000 meters in the Closed Division. Twenty four teams took part.

RESULTS: <u>Open Division: 10000</u>, 1-Nan Doak (Iowa) 34:21.7, 2-Barb Ludovise (KanSt) 35:06.0; <u>5000</u>, Jenny Spangler (Iowa) 16:42.2; <u>1500</u>, Jody Eder (Mn) (Iowa) 16:42.2; <u>1500</u>, Jody Eder (Mn) 4:27.44; <u>4x100</u>, Kansas team of McKnight, McKernan, Spearman and Tucker in 47.8; <u>JT</u>, Connie White (IaSt) 146'7; JT, 1:Gail Smith (Ia) 157'8, 2-Becky McGranahan (Kan) 157'7; <u>100</u>, 1-Vivian McKenzie (Ia) 11.79, 2-Dora Spearman (Kan) 11.92, 3-Colleen Hanna (IaSt) 1.93; <u>400</u>, Lorna Tucker (Kan) 54.5; <u>Heptathlon</u>, 1-Chris Davenport (Ia) 5157, 2-Dorna White cruised the metric mile in 4:25.69, nearly five second and White only "big" winners in the meet. 4-Minnesota 90, 5-Kansas 88, 6-Iowa State 50, 7-Northern Iowa 18, 8-Southwest Missouri 16, 9-Kansas State 14.

14. <u>Closed Division: 5000</u>, 1-Tori Neubauer (W/LC) 16:24.56, 2-Kristen Asp (SDakota St) 16:30.89; 1500, 1-Lori Bearson (ManSt) 4:33.42, 2-Pam Harty (Moorhead) 4:34.73;  $\underline{4x100}$ , NE Missouri team of Witte, Roberts, Moore and Chezum in 48.6; <u>SP/DT</u> Cindy Lemsmire (W/LC) 47'1/153'1; <u>400</u>, Stephanie Farrington (ManSt) 56.2; <u>100/200</u>, Jeri Domes (ManSt) 11.99/24.85; <u>800</u>, Paula Benrendt (ManSt) 2:13.36; <u>3000</u>, Carolyn Sheild (W/LC) 10:00.28; <u>JT</u>, Lisa Boosma (SDakSt) 147'9; <u>Scores</u>, 1-Mankato State (SDakSt) 147'9; <u>Scores</u>, 1-Mankato State 128, 2-NE Missouri 115, 3-Wisconsin/La Crosse 106, 4-South Dakota State 73, 5-Moorhead State 39, 6-Wisconsin/Eau Claire 30, 7-Nebraska/Omaha 29, 8-Central 22, 9-NW Missouri 19, 10-North Dakota State 18, 11-Southwest State 16, 12-South Dakota 13, 13-Northwestern 6, 14-Macalester 5, 15-St. Cloud State 1

# NITTANY LIONS HEPTATHLON

College Station, Pennsylvania, April 15/16: George Mason's Barb Lyon edged Lonnie Fertik (Bucknell) by 37 points to capture the Nittany Lions Heptathlon. Fertik led by 42 points after the first day, but folded on day two, losing the lead on the very first event, the long jump, where Lyon stretched out a full two feet farther than Fertik. Fertik nearly caught Lyon in the javelin and going into the final event Lyon led by just 10 points. Lyon took the 800 over Fertik by three seconds and that was that.

RESULTS: 1-Barba Lyon (George Mason) 4653 with 15.5, 5'0, 33'11, 26.6, 17'4, 83'9 and 2:33.9; 2-Lonnie Fertik (Bucknell) 4616, 3-Lisa Foley (Rutgers) 4125, 4-Carla Criste (Penn St) 4016, 5-Janet Brady (Rutgers) 3883.

# 6'51/4 FOR RITTER

Norman, Oklahoma, April 16: Louise Ritter bounced right back into the national high jump picture as she cleared 6'5 1/4 to win the high jump at the John Jacob Invitational. There were several double winners. Pinky Suggs (Kansas State) got off a PR to capture the shot at 50'2 and also nabbed the discus at 152'11; Novaita Samuels (Texas A&M) won both dashes and Deb Pihl (Kansas State) had a fine double in the 1500 (4:22.05) and 3000 (9:28.19). Annette Campbell (Oklahoma) ran a swift 53.41 lap.

RESULTS: <u>JT</u>, Debbie Smallwood (OkSt) 147'6; <u>SP</u>, Pinky Suggs (KS) 50'2; <u>LJ</u>, 1-Dorothy Scott (Atoms) 20'6, 2-Carla Jackson (AbCh) 20'3, 3-Regina Swain (AbC) 19'5, 4-Kelly Wenlock (KS) 19'3; <u>4x100</u>, 1-Arkansas team of Harris, Adams, Sparks and P.Johnson in 46.11, 2-Kansas State 46.16, 3-Oklahoma 46.26, 4-Abilene Christian 47.51; <u>100H</u> (+2.36), 1-Sherifa Sanders (Ok) 14.01w, 2-Vicki Fretwell (OkSt) 14.46w; <u>1500</u>, 1-Deb Pihl (KS) 4:22.05, 2-Laurie Taylor (AbCh) 4:29.52; <u>400</u>, 1-Annette Campbell (Ok) 53.41, 2-Merry Johnson (MetStr) 54.28, 3-Lisa Sparks (Ark) 54.43; <u>100</u> (+2.68), 1-Novaita Samuels (TxA&M) 11.72w (11.68wh), 2-Donna King (KS) 11.88wh; <u>DT</u>, 1-Pinky Suggs (KS) 152'11, 2-Jorunn Tangen (Ok) 150'5, 3-Lana Boyston (Ark) 147'6; <u>HJ</u>, 1-Louise Ritter (PCC) 6'5 1/4, 2-Jane Clough (Ok) 5'11 1/4, 3-Rita Graves (KS) 5'9; <u>800</u>, Stacey Zartler (MetStr) 2:12.04; <u>400H</u>, Teresa Hoyle (MetStr) 59.39; <u>200</u> (+0.71), 1-Novaita Samuels (TxA&M) <u>23.75</u> (23.68wh), 2-Donna King (KS) 23.80, 3-Dorothy Scott (Atoms) 24.10 (23.98wh); <u>3000</u>, 1-Deb Pihl (KS) 9:28.19, 2-Betsy Silzer (KS) 9:35.12, 3-Suzanne Sheffield (TxA&M) 9:46.09; <u>4x400</u>, 1-Oklahoma team of Beilman, Sanders, Moore and Campbell 3:43.39, 2-Arkansas 3:50.60.



LOUISE RITTER opened her 1983 season with a mark of 6'5 1/4 to win the John Jacob Invitational. (Jeff Johnson photo)

# BYU/NIKE MOUNTAIN WEST INVITATIONAL

Provo, Utah, April 16: Host Brigham Young scored 168 points to easily the BYU/Nike Mountain West capture Invitational over nine other schools. Aisling Molloy, BYU, was named the outstanding runner in the meet with her 2:07.83 clocking for the 800 meters. is still undefeated either Molloy indoors or outdoors this season. Julie Jones, BYU, was selected best field eventer as she won the disc and was second behind Marcia Mecklenburg in the shot. Konnie Mackey, Colorado State, was a double winner in the hurdles and Utah State's Dana Devan took home golds in both sprints.

TS: <u>100H/400H</u>, Konnie Mackey 14.28/60.17; <u>100/200</u>, Donna (Utah St) 11.93/24.63; <u>SP</u>, RESULTS: (ColSt) Devan 1-Marcia Mecklenburg (BC) 51'0, 2-Julie Jones (BYU) 49'7, 3-Jacque Norton (BYU) 47'6; <u>5000</u>, Becky Larson (BYU) 17:38.11; <u>4x100</u>, 1-Utah State 47.43, 2-BYU 47.70, 3-Northern Arizona 47.76, 4-Weber State 48.24; LJ, 1-Janet Buntin (Montana St) 19'0, 2-Mya Benzoor (NAz) 18'11 1/2; HJ, Laurie Dew (BYU) 5'6; 1500, 1-Pettelkow (Utah) 4:31.5, 2-Carey May (BYU) 4:32.0, 3-Wolfe (ColSt) 4:33.0; <u>400</u>, Mindy Meyer (NAz) 56.80; <u>800</u>, Aisling Molloy (BYU) 800, Aisling Morroy (BYU) DT, 1-Julie Jones (BYU) 142'11; 56.80; 2:07.83; 169'9, 2-Taina Laakso (BYU) 142'11; 3000, Janell Neeley (BYU) 9:50.07; 1-Northern Arizona 3:51.39, 4x400, 2-Weber State 3:52.24; <u>Scores</u>, 1-BYU 168, 2-Northern Arizona 72, 3-Utah 168, State 68, 4-Montana State and Weber

State 48, 6-Colorado State 32, 7-Utah University 19, 8-Southern Utah State 5, 9-Ricks College 2.

# AR FOR DENIZ – AGAIN

Tempe, Arizona, April 16: Arizona State crushed the University of Nevada at Las Vegas 86-32 in a dual meet which saw Leslie Deniz break the American Record for the discus for the third time this season. Today Deniz threw 213'1 on her first effort, fouled three in a row, threw 200'2 then fouled her last trial.

The Sun Devils were devastating as they went 1-2-3 in four events, (100h, 100, HJ and 3000), and 1-2 in all three weight events. However, UNLV's Lisa Thompson was the day's only double winner as she annexed the 200 and moved up to surpise with a win in the 400. In addition, the UNLV 4x100 team upset the Staters with a neat 45.27 clocking, a step or two in front of ASU's 45.89.

RESULTS: LJ, 1-Anna Van (ASU) 19'10 1/4, 2-Sonja Wortham (ASU) 19'0 1/4; JT, Dodie Campbell (ASU) 160'2; SP, 1-Jennifer Lemke (ASU) 49'9 1/4, 2-Mary Ann Barry (ASU) 46'2 3/4; 4x100, 1-UNLV team of Thompson, Peterson, Stewart and Smith in 45.27, 2-Arizona State 45.89; 1500, Sandy Beach (ASU) 4:36.38; 100H, 1-Cathy Miller (ASU) 14.50, 2-Barbara Veasley (ASU) 14.55; 400, 1-Lisa 14.55; <u>400</u>, 1-Lisa Veasley (UNLV) 54.91, 2-Veronica Smith Thompson (ASU) 55.03; <u>100</u> (0.00), 1-Sharon Ware (ASU) 11.61, 2-Teri Chapple (ASU) 11.95, 3-Marbella Washington (ASU) 12.19; HJ, 1-Tana Tate (ASU) 5'6. 12.19; HJ, 1-Tana Tate (ASU) 5'6, 2-Lori Anderson (ASU) 5'6; 800, Myrna Nearing (UNLV) 2:15.77; DT, 1-Leslie Deniz (ASU) 213'1, 2-Jennifer Lemke (ASU) 130'1; 200, 1-Lisa Thompson (UNLV) 23.81, 2-Sharon Ware (ASU) 24.01, 3-Teri Chaple (ASU) 24.19; 3000, Lisa Pfuhl (ASU) 9:58.90; 4x400, ASU team of Miller, Holsworth, Chandler and Leave in 3:56.62 Levy in 3:56.62.

# REDMEN INVITATIONAL

Jamaica, New York, April 16: Marcelle Kendall's (NYPAL) 54. 93 clocking for 400 meters was the best performance at the 1983 edition of the Redmen Invitational.

RESULTS: <u>4x100</u>, 1-PAL 47.6, 2-Dynamite TC 48.6; <u>100H</u>, Shell Rice (St.John's) 15.0; <u>100</u>, Renee Henderson (Pitt) 12.37; <u>1500</u>, Lorie Fleming (Army) 4:42.80; <u>3000</u>, Kathy Giovanniello (Hunter) 10:32.3; <u>400H</u>, Lorraine Tummings (PAL) 63.11; <u>5000</u>, Eva Shields (StJ) 17:48.8.

# BAYOU CITY INV

Houston, Texas, April 16: The home team won six events, Texas Southern and Lamar each captured three at the Bayou City Invitational. Best marks came from Carol Lewis with a 13.85 win over Linda Weekly in the 100 hurdles, Michelle Glover's (Houston) 11.50 century and Essie Kelley Washington's 2:06.86 two lap effort. Houston's heptathlete, Patsy Walker, didn't win any events, but did grab off a fourth in the high jump (5'6), second in the javelin (128'8), fourth in the shot (43'9) and third in the 100 hurdles (14.23). Houston's 4x400 team edged Texas Southern 3:38.31 to 3:38.78 in a good race.

RESULTS: <u>HJ</u>, Lillian Caceres (Lamar) 5'8; <u>4x100</u>, 1-Texas Southern team of Lazar, Perkins, Valentine and Martin in 47.18, 2-Prairie View 47.59, 3-Houston team of Mastin, Washington, Jefferson and Glover in 53.51; <u>1500</u>, 1-Midde Hamrin (Lamar) 4:27.76, 2-Janie O'Connor (Hst) 4:32.25, 3-Becky Brook (Lamar) 4:33.94, 4-Renee Urish (Hst Har) 4:37.84; <u>SP</u>, 1-Regina Cavanaugh (Rice) 50'0, 2-Lisa Ferry (Hst) 47'7 1/4, 3-Victoria Gay (TxS) 46'4; <u>LJ</u>, Tracey Valentine (TxS) 18'7 3/4; <u>100H</u>, 1-Carol Lewis (Hst) 13.85, 2-Linda Weekly (Atoms) 14.01; <u>400</u>, 1-Loretta Edwards (Tiger Int), 2-Joyce Townson (TxS) 55.23; <u>100</u> (0.00), 1-Michele Glover (Hst) 11.50, 2-Tara Mastin (Hst) 11.69; <u>800</u>, 1-Essie Washington (Un) 2:06.86, <u>2</u>-Disa Lewis (Rice) 2:07.18, 3-Cindy Anzalone (Hst) 2:08.49, 4-Sandra Scott (TxS) 2:10.92; <u>400H</u>, 1-Rachel Clary (Hst) 59.73, 2-Edith Renfro (PV) 62.60; <u>3000</u>, Jackie Lewis (Hst) 10:17.80; <u>200</u>, 1-Jackie Washington (Hst) 23.96, 2-Loretta Edwards (TI) 24.31, 3-Maxine Underwood (Hst) 24.78...5-Karen Hawkins (Atoms) 25.05; <u>DT</u>, 1-Victoria Gay (TxS) 162'11, 2-Regina Cavanaugh (Rice) 142'7, (Gale Zaphiropoulus, unattached, threw 173'11); <u>4x400</u>, 1-Houston team of Clary, Ibarguen, Berry and Underwood in 3:38.31, 2-Texas Southern 3:38.78.

# ALABAMA OVER FLORIDA AND GEORGIA

Tuscaloosa, Alabama, April 16: Alabama scored an easy win over Florida and Georgia in a triangular meet held in the Alabama stadium. The Crimson Tide tallied 87 digits to 43 for Florida and 34 for Georgia.

Good marks were turned in by Georgia's 4x100 team with a swift 45.97, by Florida's Oralee Fowler with 53.67 in the 400, by Piper Bressant (Florida) in the 400 hurdles at 58.73 and by Alabama's Pia Iacovo with a toss of 184'0 in the discus. Florida's Beth Farmer also had a good performance with her 9:22.07 win in the 3000.

RESULTS: HJ, Disa Gisladottir (Al) 5'10; SP, Pia Iacovo (Al) 46'11 3/4;



Alabama's PIA IACOVO tossed the disc 184'0 for a PR and victory against Florida and Georgia. Iacovo also won the shot. (Jeff Johnson photo)

5000 Shelly Steely (F1) 16:44.14; 4x100, 1-Georgia team of King, DeCosta, Thompson and Walker in 45.97, 2-Alabama 46.19; JT, 1-Jennifer Cronin (Al) 2-Iris Gronfeldt (Al) 159'4; 160'0, 1500, 1-Linda Detletsen (Ga) 4:26.4, 2-Gina Procaccio (F1) 4:29.6, 3-Beth 2-Gina Procaccio (Fl) 4:29.6, 3-Beth Farmer (Fl) 4:33.7, 4-Ellen Alsobrook (Ga) 4:34.1; <u>DT</u>, 1-Pia Iacovo (Al) 184'0, 2-Paula McGuire (Ga) 160'10, 3-Kelly Landry (Al) 156'7; <u>100H</u>, 1-Barbara Scott (Al) 14.33, 2-Disa Gisladottir (Al) 14.66; <u>100</u>, 1-Belinda Little (Al) 11.89, 2-Veronica Walker (Ga) 11.92, 3-Sandy Harris (Al) 11.93; 400 1-Drahee Forder (Fl) 53.67 400, 1-Oralee Fowler (F1) 53.67, 2-Lillie Leatherwood (Al) 54.36; 800, 2-Lille Leatherwood (A1) 54.36; 800, Inger Liv Bjertnes (A1) 2:13.52; 400H, 1-Piper Bressant (F1) 58.73, 2-Chris Crowder (F1) 59.50; 200, 1-Belinda Little (A1) 24.29, 2-Veronica Walker (Ga) 24.49; 3000, 1-Beth Farmer (F1) 9:22.07, 2-Sabrina Horne (Ga) 9:53.43; 4x400, Florida team of Seebers, and Fowler in Crowder, Bressant 3:46.89.

# MID-EASTERN CHAMPIONSHIPS

April 16 (Site unknown): Angela Carson and Collette Williams led South Carolina State to the team championship at the 12th Annual Mid-Eastern Athletic Conference meet. Carson won the 100 hurdles and 200, anchored the winning 4x100 team and was fourth in the long jump while Williams won the long jump and 400 hurdles and was second in the shorter barrier race. RESULTS: <u>4x100</u>, 1-SC State team of Hinkson, Austin, Clarke and Carson in 46.15, 2-Howard 46.65; <u>100H</u>, 1-Angela Carson (SC St) 13.63, 2-Colette Williams (SC St) 13.68, 3-Billy (SC St) 14.17; <u>400</u>, 1-Pamela Porter (FAMU) 54.66, 2-Monroe (NC A&T) 55.83; <u>100</u>, 1-Sonia Clarke (SC St) 11.66; <u>JT</u>, Wendy Griffith (SC St) 162.00, 2-Goulthrust (SC St) 162.60, 2-Green (Del St) 62.95; <u>200</u>, 1-Angela Carson (SC St) 24.02, 2-Coulthrust (SC St) 24.21, 3-Ruperta Charles (How) 24.23, 4-Austin (SC St) 24.30; <u>LJ</u>, 1-Colette Williams (SC St) 20'9 3/4, 2-Galloway (UMES) 20'6 1/2, 3-Brenda Bailey (How) 20'5 1/2, 4-Angela Carson (SC St) 19'9 1/2; <u>4x400</u>, Howard team of Charles, Wilson, Bailey and Murphy in 3:43.82; <u>HJ</u>, Eastmond (SC St) 5'6; <u>Scores</u>, 1-South Carolina State 173, 2-FAMU 96, 3-Howard 79, 4-UMES 50, 5-Delaware State 49, 6-North Carolina A&T 16, 7-BCC 0.

#### **UCLA ALL-COMERS**

Los Angeles, California, April 16: A good All-Comers Meet was staged on the oval at UCLA's Drake Stadium. Good marks included the 44.58 by the LATC over UCLA (45.04); Linda Goen's (UCLA) 4:23.76 1500; Barb Moro's (Wilt's AC) toss of 163'10 in the javelin and Jackie Pusey's (CSLA) twin wins in the 200 (23.36) and 400 (53.6). Another double winner was Lorna Griffin in the shot and disc.

RESULTS: LJ, 1-Veronica Bell (SCC) 20'1 3/4, 2-Sandy Crabtree (CA) 19'8 3/4; JT, 1-Barb Moro (WAC) 163'10, 2-Michelle Olivera (CA) 141'7; <u>HJ</u>, 1-Kari Gosswiller (UCLA) 5'10, 2-Jackie Joyner (UCLA) 5'8, 3-Tonya Alston (UCLA) 5'8, 4-Patti Stafford (CA) 5'8; 1500, 1-Linda Goen (UCLA) 4:23.76, 2-Carol Keller (CS Northridge) 4:29.37; <u>SP</u>, 1-Lorna Griffin (AW) 54'4 1/2, 2-Lindy Toman (UCLA) 45'6; <u>100H</u>, 1-Gayle Watkins (Un) 13.57, 2-Karen Cannon (CA) 13.59; 400 (College Div), 1-Jackie Joyner (UCLA) 54.0, 2-LaShon Nedd (UCLA) 54.8, 3-Elsa Antunez (CSN) 54.9; <u>400</u> (Open), Jackie Pusey (CSLA) 53.6; <u>100</u>, 1-Lisa Hopkins (LATC) 11.48w, <u>2-Leleith Hodges (LATC)</u> 11.65w, A-Sharon Dabney (CSLA) 11.80w, 4-Karen Cannon (CA) 11.93w, 5-Rosalyn Bryant (LATC) 12.09w...7-Modupe Oshikoya (MedTC) 12.63w; <u>800</u>, 1-Sheila Ralston (WAC) 2:13.5, <u>2-Donna Fromme</u> (Uh) 2:15.3; <u>400H</u>, Sandy Leung (UCLA) 60.04; 400H (Open), Lih-Jiau Lai (SCRR) 63.30; 200, 1-Jackie Pusey (CSLA) 23.36, 2-Leleith Hodges (LATC) 24.05; 3000, Christine Bergeron (CA) 9:41.3; <u>DT</u>, 1-Lorna Griffin (AW) 185'10, 2-Leslie Hoerner (AIA) 155'5, 3-Francine Kaylor (IntSpEx) 154'1, 4-Lindy Toman (UCLA) 151'10

# WASH, TROUNCES **OREGON STATE**

Seattle, Washington, April 16: Regina Joyce's double win in the 1500 and 3000 led Al Bonney's troops to an easy 77-50 win over visiting Oregon State in their annual dual meet. Joyce's 9:16.80 for the three thousand was probably the best mark of the day although teammate Vicky Smiley produced a PR to upset teammate Deanna Carr in the javelin at 170'6. Carr is suffering from an injured elbow.

JT, 1-Vicky Smiley (W) RESULTS: 170'6, 2-Deanna Carr (W) 164'5, 3-Monica Witt (OS) 142'8; <u>4x100</u>, Oregon State 48.19, Washington disqualified; SP, 1-Jackie Henry (W) 49'4 1/4, 2-Kam Johnson (W) 47'10; LJ, Colleen Gibson (OS) 20'1W; <u>3000</u>, 1-Regina Joyce (W) 9:16.80, 2-Adrianne Lorvick (W) 9:49.58; HJ, Diane Jolivet 5'8; 400, Colleen Richardson (W) 55.89; <u>DT</u>, Kam Johnson (W) 147'3; <u>800</u>, 1-Sandra Gregg (W) 2:09.89, 2-Susan Gregg (W) 2:11.17; 200, Donna Dennis (W) 24.65; <u>1500</u>, Regina Joyce (W) 4:28.01; <u>4x400</u>, Washington team of Coaston, Coaston, Sandra Gregg and Richardson in 3:50.34.

# CENTRAL MICHIGAN INVITATIONAL

Mount Pleasant, Michigan, April 16: Ohio University won the team title at the Central Michigan Invitational in a meet which saw ten teams participate. The home team was second.

Central Michigan's Cheri Laycock was a double winner in the 200 and 400 and also anchored the 4x400 team to second place. Teammate Julie Ravary won the javelin with a good throw of 161'10, THIRTY FEET beyond her previous PR! Ohio University's Cathy Taylor was second in the javelin and won both the shot and discus.

RESULTS: <u>10000</u>, Kathy Bowman (Saginaw Valley) 36:43; <u>5000</u>, JoAnn Lanciavx (Bowling Green) 17:15.2; <u>1500</u>, Bowman 1-Cathy Schmidt (SV) 4:35.2, 2-Stephanie Eaton (BG) 4-36.8; 100H, Rochell Kimbrough (Ohio) 14.86; 4x100, Ohio University 48.09; <u>JT</u>, 1-Julie Ravary (CM) 161'10, 2-Cathy Taylor (O) 152'8; <u>DT</u>, 1-Cathy Taylor (O) 148'5, 2-Sandy Gregg (BG) 142'2; <u>SP</u>, 1-Cathy Taylor (O) 44'5, 2-Kim Carpenter (Un) 44'4; <u>Heptathlon</u>, 1-Tammy Burke (O) 4728, 2-Becky Drake (CM) 4688; <u>200/400</u>, Cheri Laycock (CM) 24.8/57.17; 100, Braxton (0) 11.83, 2-Kim Jamison 1-Pat (BG) 12.10; <u>400H</u>, Sellna Christian (O) 62.28; <u>800</u>, Kathy Williams (O) 2:10.88; Laura Murphy (BG) 10:00.97; Ohio team of Duke, Jones, 3000, 4x400, Christian and Williams in 3:55.52; Scores, 1-Ohio University 175, 2-Central Michigan 125, 3-Bowling Green 111, 4-Saginaw Valley 65, 5-Ferris State 47, 6-Grand Valley State 8, 7-Macomb CC 6, 9-(tie) Aquinas and Northwood 2.

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### JACKSON INV

Jackson, Mississippi, April 16: Clotee Cowans of Northeast Louisiana State sped a swift 11.29 hundred meters for top performance at the Eighth the Annual Jackson State Invitational. The home team took the team title over six other institutions.

Other good marks came in the 4x100 with 47.44 by NE Louisiana, a 54.34 400 ny Grambling's Gail Emanuel and the double hurdle win by Anthea Johnson of Jackson State.

RESULTS: 1500, Pam LeBlanc (NE La) 4:48.03; HJ, Andronike Greene (JS) 5'6; 400, 1-Gail Emanuel (G) 54.34, 2-Yvonne Joseph (JS) 56.01, 3-Yvette Joseph (JS) 56.74; <u>4x100</u>, 1-Northeast Louisiana team of Moton, Henry, Owens and Cowens 47.44, 2-Jackson State 47.82; in 100H/400H, Anthea Johnson (05, 13.60/61.32; <u>SMed</u>, 1-Grambling team of Jenkins, Sam, Snall and Emmanuel in 1:41.81, 2-Jackson State 1:43.90; 1:41.81, 2-Jackson State 1:43.90; 4x400, 1-Jackson State team of Joseph, Joseph, Hanna and Carter in 3:43.43, 2-NE La 3:55.16, 3-Miss Valley 3:55.83; Scores, 1-Jackson State 146, 2-Northeastern Louisiana 114, 3-Grambling 103, 4-Mississippi Valley State 64, 5-Alcorn 26, 6-Arkansas State and SUNO 18

Champaign, Illinois, April 16: Illinois beat Missouri by 20 points to capture the team gonfalon as they staged their Outdoor Invitational. Ten teams took part.

were three double winners. There Missouri's Rufina Ubah won the two sprints, Pam Hall (Illinois) took the two hurdles and Wendy Van Mierlo (Illinois State) won the 1500 and 3000.

RESULTS: JT, Mary Hyder (Mo) 144'10; SP, Vicky Walters (Ill) 44'1 1/4; DT, 1-Nadine Cox (Ohio State) 151'8, 2-Donna Hollingsworth (IllSt) 147'1; LJ, Kellee Eubanks (Mo) 19'7; HJ, Wendy LL, Kellee Eubanks (MO) 19 7; HJ, Wendy Meyle (Ill) 5'9; <u>100/200</u>, Rufina Ubah (Mo) 12.02/24.80; <u>400</u>, Gail Stephens (EIll) 55.17; <u>800</u>, 1-Cyd Thomas (Mo) 2:13.14, 2-Lynn Biggs (Mo) 2:13.21; <u>1500</u>, 1-Wendy Van Mierlo (IllSt) 4:31.92, 2-Julie Lantis (Ill) 4:36.18, 2-Denice Lorres (IllSt) 4:37.02 A-Denise Lorres (Illst) 4:37.02, 4-Joanne Stanich (NW) 4:37.48; 3000, 1-Wendy Van Mierlo (Illst) 9:42.31, 2-Sara Schumacher (Illst) 9:44.7, 2-Sabrico Computer (Illst) 9:44.7, (Mo) 9:48.26; 3-Sabrina Dornhoefer 5000, Sara Schumacher (IllSt) 16:58.76; 10000, Mary Shuber (OhioSt) 35:43.3; 100H, 1-Pam Hall (Ill) 14.75, 2-Kim Willis (OS) 14.77; 400H, Pam Hall (Ill) 62.53; 4x100, 1-Illinois, team of Dunlap, Bass, Oldham and Conda in 46.70, 2-Eastern Illinois 47.50; 4x400, 1-Illinois, team of Glade, Hall, Bass and Oldham in 3:52.8, 2-Missouri 3:53.1; <u>Scores</u>, 1-Illinois 127, 2-Missouri 107, 3-Illinois State 82, 4-Ohio State 70, 5-Southern Illinois 55, 6-Eastern Illinois 53, 7-Bradley 8-Northwestern 9, Parkland and 22, Wisconsin/Parkside did not score.

# **AZUSA PACIFIC** WINS CCC

San Deigo, California, April 16: Azusa Pacific University captured the California Christian Conference title with ease, winning nine events during the day. Giacomazzi had the best mark the day. Giacomazzi had the best mark with her throw of 145'5 to win the javelin. The Cougars provided three pretty-even shot putters en route to their win. Liz Garman (AP) won both the 1500 and 3000 in a romp, the latter by a minute and twelve seconds!

RESULTS: LJ/100, Sheri Baldomir (PL) RESUBIS: <u>DT</u>, 1-Giazcomazzi (AP) 18'4/12.7; <u>JT</u>, 1-Giazcomazzi (AP) 145'5, 2-Donna McDonough (AP) 130'0; DT, Corrine DeJong (AP) 130'0; Liz Garman (AP) 1500/3000, Liz Garman (AP) 4:55.6/10:48.8; 100H, Tanya Motes (PL) 15.1; SP, 1-Donna McDonough (AP) 37'8 1/2, Z-Shelby Stearns (AP) 37'8, 3-Corrine DeJong (AP) 37'0; Scores, 1-Azusa Pacific 89, 2-Point Loma 46, 3-Biola 15, 4-Westmont 11.

# IDAHO STATE INV

Idaho, April 16: Idaho Pocatello, State's Sandy Bean had the best mark of the Invitational with her throw of 145'1 to win the javelin.

ILLINOIS INVITATIONALRESULTS: SP.<br/>44'2, 2-Sandy Johnson (Boise St) 44'0<br/>1/2; DT.<br/>1-Lisa Hoffman (IS) 145'10, 2-Sue Doucette (IS) 144'4; 4x100, Boise State 48.67; <u>100H</u>, Karla Jacoby (BS) 14.81; <u>4x400</u>, Boise State 3:59.24.

# **OREGON WHIPS** WASHINGTON STATE

Pullman, Washington, April 16: The University of Oregon dallied with the Washington State Cougars in a dual meeting, winning easily 69-57 and using mostly reserves. Best mark of the day came in the opening event when Julie Vobora tossed the spear 160'11 to make the NCAA qualifying standard. There were no double winners although Lexie Miller Beck made a good try - winning the 100m hurdles and coming back to try her luck in the 800 - which was not good as she lost to Helena Opoku by nearly two seconds.

RESULTS: <u>JT</u>, 1-Julie Vobora (O) 160'11, 2-Tamie Walton (O) 131'9; <u>LJ</u>, Sandy Heinrich (WS) 19'0 1/4; <u>SP</u>, Debbie Lombardi (WS) 43'8 3/4;-3000, 1-Claudette Groenendaal (O) 9:43.2, 2-Allison Snow (0) 9:58.8; 4x100, Oregon, team of Johnson, Hilsenteger, Nicholson and Garnett in 47.68; 100H, 1-Lexie Beck (0) 14.13, 2-Kay Garnett (0) 14.22; <u>400</u>, Julie Hilsenteger (0) 57.35; <u>100</u>, Kay Garnett (0) 12.25; <u>800</u>, 1-Helena Opoku (WS) 2:16.16, 2-Lexie Beck (0) 2:18.0; <u>DT</u>, Stephanie Armitage (WS) 125'9; <u>1500</u>, Cheryl Livingston (WS) 4:36.64;  $\frac{4\times400}{4\times400}$ , Washington State 3:56.98.

# WESTERN WASH

Bellingham, Washington, April 16: Simon Fraser University of Canada and Central Washington each won four events at the Western Washington Invitational to dominate the competition. Best mark was the 160'8 toss of the javelin by Central Washington's Lorna Martinsen. Lori Ewing (Simon Fraser) won the two sprints.

RESULTS: <u>DT</u>, Duffer Heilers (Puget Sound) 131'1; <u>1500</u>, Leah Pells (SF) 4:32.4; <u>100/200</u>, Lori Ewing (SF) 12.2/25.5; <u>HJ</u>, Kristy Dees (WW) 5'6; <u>400</u>, Corinne Lee (SF) 57.3; <u>800</u>, 1-Chris Wagner (Un) 2:12.7, 2-Maureen Crowley (VOC) 2:13.8; <u>400H</u>, Janice McDowell (SP) 63.5; <u>3000</u>, 1-Sonja McClaren (VOC) 9:50.9, 2-Erna Kozak (VOC) 9:51.3.



# SACRAMENTO TRIANGULAR

Sacramento, California, April 16: Cal Poly/SLO, Cal State Hayward and Cal State Sacramento met in a three-way non-scoring competition, along with a few unattached and club performers. Two double winners emerged. Lori Lopez (1500/3000) of Cal Poly and Donna Carley of Sacramento (100/200). Best marks of the day went to Elaine Sundby (Athletes in Action) who threw the javelin 160'1, Hayward's Delphina Banks with 53.45 in the 400 and the Cal Poly 4x100 relay team which clocked 46.02. Hayward's durable discus duo of Diane Oswalt and Glenda Ford were both over the 160 foot mark once again.

RESULTS: 5000, Kathy Way (CSH) 16:53.9; LJ, Janet Yarbrough (CP) 19'11; 1500, 1-Lori Lopez (CP) 4:28.2, 2-Debbie Morris (CSH) 4:31.2, 3-Marilyn Nichols (CP) 4:32.0; 100H, Cece Chandler (CP) 14.33; 400, 1-Delphina Banks (CSH) 53.45, 2-Arleen VanWarmerdam (CP) 54.44, 3-Gilmore (Stanford TC) 54.55; DT, 1-Diane Oswalt (CSH) 164'5, 2-Glenda Ford (CSH) 160'6; 100, Donna Carley (CSS) 11.85; 800, Figliomeni (CSS) 2:11.51, 2-Harter (Stanford TC) 2:11.88, 3-Shari Ewing (CP) 2:12.86; HJ, (Tie) Sue McNeal (CP) and Karen Kraemer (CP) 5'7; 200, 1-Donna Carley (CSS) 24.25, 2-Arleen VanWarmerdam (CP) 24.30, 3-Delphina Banks (CSH) 24.51; 3000, Lori Lopez (CP)9:41.6; <u>SP</u>, 1-Mitchell (CSS) 44'1 1/4, 2-Dana Henderson (CP) 44'0; <u>4x400</u>, Cal Poly 3:48.09.



Texas' TARA ARNOLD won the 800 (2:07.75) and 1500 (4:20.21) at the LSU Invitational. (Jeff Johnson photo)

# LSU INVITATIONAL

Arizona in Upset Win; Ottey 10.99/21.9, Ritchie 59'2

Baton Rouge, Louisiana, April 17: In a meet filled with great and super-great performances, perhaps the biggest surprise was the victory by Arizona over Nebraska, Texas and Florida State. The Sun Devils were red hot, grabbing off seven first places to four for Nebraska and three for Florida State. They scored 68 points to 61 for the Huskers, 56 for Texas, 52 for Florida State and 16 for the home team.

Although Nebraska won only four events, two of their victories were super marks by sprinter Merlene Ottey. The lithe Jamaican sped the century in a wind-aided 10.99 and returned for a legal 21.9 clocking in the 200.

Arizona was not without its heroines. Meg Ritchie, who grabbed the British, Commonwealth and US collegiate shot put records with a toss of 59'3 a couple of weeks ago, came within an inch of that mark to win the shot, then threw the disc a 'mere' 204'4 for yet another triumph. In addition, Arizona's surprising Laura Lim upset Nebraska's Rhonda Blanford to win the 100 hurdles.

Nebraska came up with a surprise of its own when Swiss Miss Denise Thiemard put the Huskers right into the thick of the NCAA battle with a throw of 191'9 in the javelin.

The 4x100 was a swiftie with Florida State's team of Angie Wright, Marita Payne, Brenda Cliette and Randi Givens winning in 43.58. The FSU 4x400 team wasn't exactly picking daisies as they turned 3:38.19 for the win. There were several other fine performances. Arizona's Katrina Johnson hopped over 6'1 1/4 to win the high jump, Florida State produced two 400m hurdlers under 58.30 seconds and Tara Arnold of Texas won two golds with a 2:07.75 two lapper and 4:20.21 for 1500.

RESULTS: <u>SP</u>, 1-Meg Ritchie (Az) 59'2, 2-Karen Wood (Nb) 51'5 1/2, 3-Jo Beth Palmer (Tx) 48'9 1/2, 4-Lorraine 48'4; <u>5000</u>, Leslie Costanzo (Az) Haywood (Az) 17:32.25; 4x100, 1-Florida State 43.58, 2-Texas 45.37, 3-LSU 45.71, 4-Nebraska 47.63; <u>1500</u>, 1-Tara Arnold (Tx) 4:20.21, 2-Kristine Voldnes (Nb) 4:22.43, 3-Anthea James (Az) 4:26.52, 4-Loni Nelson (Tx) 4:31.79; HJ, 1-Katrina Johnson (Az) 6'1 1/4, 2-Wendy Markham (FSU) 5'9 1/4; 100H 100H (+3.71), 1-Laura Lim (Az) 13.56w, 2-Rhonda Blanford (Nb) 13.57w, 3-Stephanie Thomas (Nb) 13.79w, 4-Debra Powell (Nb) 14.1w; <u>400</u>, 1-Ruth Waithera (Az) 53.36, 2-Marcia Tate (Nb) 54.0, 3-Scooby Golden (FSU) 54.11....6-Jennie Gorham (Nb) 56.56; <u>100</u> (+6.16), 1-Merlene Ottey (Nb) 10.99w, 2-Randy Givens (FSU) 11.24w, 3-Brenda Cliette (FSU) 11.24w, 4-Juliet Cuthbert (Tx) 11.39w. 5-Janet Burke (Nb) 11.42w, 6-Angela Thacker (Nb) 11.52w, 7-Susan Shurr (Tx) 11.63w; <u>DT</u>, 1-Meg Ritchie (Az) 204'4, 2-Becky Levi (Az) 178'1, 3-Karen Wood (Nb) 169'10, 4-Dede Kavanaugh (Tx) 158'4, 5-Jo Beth Palmer (Tx) 157'3; LJ, 1-Angela Thacker (Nb) 20'7 1/4, 2-Alice Bennett (FSU) 19'0 1-Tara Arnold (Tx) 2:07.75, 1/4; 800, 2-Lee Ann VanLandingham (LSU) 2:09.0, 3-Margaret Coomber (FSU) 2:10.1, (Nb) 2:10.3; JT, 4-Kirsti Voldnes 1-Denise Thiemard (Nb) 191'9, 2-Mary Chrobak (Tx) 166'2, 3-Lori Kokkola (Tx) 160'6, 4-Martha Hart (Az) 156'7; 400H, 1-Angie Wright (FSU) 58.09, 2-Ovrill Brown (FSU) 58.23, 3-Robin Marks (Az) 59.80, 4-Nichole Ali (Nb) 59.87, McKay (FSU) 60.03; 200, 5-Chris 1-Merlene Ottey (Nb) 21.9, 2-Marita Payne (FSU) 22.7, 3-Janet Burke (Nb) 23.33, 4-Susan Shurr (Tx) 23.65, 5-Laura Lim (Az) 23.75; <u>3000</u>, Anthea 3000, Anthea James (Az) 9:50.71; <u>4x400</u>, 1-Florida State team of Givens, Payne, Wright and Brown in 3:38.19, 2-Texas 3:42.09, 3-Nebraska 3:42.16, 4-LSU 3:43.48; Scores, 1-Arizona 68, 2-Nebraska 61, 3-Texas 56, 4-Florida State 52, 5-LSU 16

# NORTHRIDGE

Northridge, California, April 17: Cal State Northridge staged the Converse-Hind Wells Invitational on their good track/no seats facility and the shot/discus events provided the best results. Lorna Griffin took the disc with 190'4 and Long Beach's Peggy Pollack annexed the shot at 53'10 1/2. Irvine's Michelle Kelly got off a good 20'6 leap to win the long jump over Veronica Bell. RESULTS: <u>4x100</u>, 1-LATC 46.09, 2-CS Northridge 47.46, 3-CSLA 49.13; <u>1500</u>, 1-Michelle Hopper (MedTC) 4:29.17, 2-Laura Buss (CSLB) 4:31.30, 3-Marilyn Davis (Cal) 4:33.93; <u>JT</u>, 1-Joanne Davis (UCSB) 153'4, 2-Beth Owens (Cal (UCSB) 153'4, 2-Beth Owens (Cal Lutheran) 152'2; 400, 1-Jackie Joyner (UCLA) 55.04, 2-Cynthia Warner (LAM) 55.53; 100 (+1.3), 1-Stephanie Brown (CSLA) 11.80, 2-Denean Howard (CSLA) 3-LaShon Nedd (UCLA) 11.90, 11.87. 4-Gwen Gardner (LAM) 11.99; LJ, 1-Michelle Kelly (UCI) 20'6, 2-Veronica Performence Relig (UCI) 20.6, 2-Veronica Bell (SCC) 20'2, 3-Chandra Roberts (CSLB) 19'9; 800, Deann Gutowski (LAM) 2:08.80; DT, 1-Lorna Griffin (AW) 190'4, 2-Leslie Hoerner (AIA) 165'2; 1-Denean Howard (CSLA) 24.06, 200, 1-Denean Howard (CSLA) 24.00, 2-Stephanie Brown (CSLA) 24.53, 3-Tina Howard (CSLA) 25.43; <u>3000</u>, 1-Melissa Martel (UCSB) 9:43.74, 2-Robin MacSwain (Cal) 9:46.85; <u>4x440</u>, 1-CS Northridge 3:50.57, 2-UCSB 3:55.10; <u>SP</u>, 1-Peggy Pollack (CSLB) 53'10 1/2, 2-Ramona Pagel (Un) 50'9 3/4.



Virginia's ANN BAIR won high jump and heptathlon at Atlantic Coast Conference Championships. (Victor Sailer photo)

#### ACC CHAMPIONSHIPS

Clemson, South Carolina, April 21-23: Virginia ran away with the Atlantic Coast Conference title, winning seven events.

The strength of the distances in the ACC was evident with outstanding marks in the 1500, 5000 and 10000. The weakness of the ACC in nearly all of the other events was also evident. Except for some routine putting of the shot and throwing of the disc by Maryland's Maria Walton and a satisfactory heptathlon score by Virginia's Ann Bair, there was little to cheer.

RESULTS: <u>HJ</u>, Ann Bair (Va) 5'5 3/4; 10000, 1-Betty Springs (NCarSt) 33:31.2, 2-Martha White (Va) 33:40.5, 3-Mary Jean Wright (Va) 34:15.8, 4-Kim Sharpe (NCarSt) 34:41.4; <u>3000</u>, Carolyn Ford (Md) 9:44.30; <u>800</u>, 1-Tina Krebs (Cl) 2:06.00, 2-Kim Kelly (Va) 2:10.22, 3-Lynne Strauss (NCarSt) 2:15.31; LJ, Tomi Rucker (Md) 19'1 1/2; <u>SP/DT</u>, Marita Walton (Md) 52'1 3/4-162'2; <u>Hept</u>, 1-Ann Bair (Va) 5387, 2-Beth Sheehan (Va) 4810; <u>200/400</u>, Lisa Garrett (Va) 24.50/54.8; <u>100H/400H</u>, Kim Hatchett (Va) 14.55/62.84; <u>5000</u>, 1-Kerry Robinson (Cl) 16:02.76, 2-Stephanie Weickert (Cl) 16:06.13, 3-Connie Robinson (NCarSt) 16:09.66, 4-Sande Cullinane (NCarSt) 16:30.83, 5-Joan Nesbit (NCar) 16:32.87; <u>1500</u>, 1-Lynne Strauss (NCarSt) 4:25.42, 2-Julie Shepherd (Cl) 4:25.72, 3-Carolyn Forde (Md) 4:27.48, 4-Pat Walker (Md) 4:28.22.

# FARMER RUNS 32:49.1

Gainesville, Florida, April 21/22: Florida's Beth Farmer turned in the best 10000 meters in the nation to date as she won the 10k race in 32:49.1. Farmer passed 3000m in 9:43.9 and 5000 in 16:19.4 en route to her swift clocking.

Best of the rest at the Sunshine State Invitational was Lori Dinello's (Florida) 13.3 flight of 100m hurdles. Double winners included Vogel Newsome (Florida A&M) in the 400 and long jump, Janie Regis (Florida JC) in the three and five thousands, and two athletes from MDM (?), Sonja (or Sonia) Harris in the 100 dash and 400 hurdles plus third in the 100 hurdlesand Jacqueline Fisher in the shot and disc. Most prolific competitor, however, was Santa Fe City College's Tina Walls who won the 200, won the high jump, was second in the long jump and third in the 100 hurdles - and we suspect ran a leg on at least one of the SFCC relay teams.

100/400H, RESULTS: <u>100/400m</u>, Sonja Harris (MDM) 12.00/66.76; <u>200/HJ</u>, Tina Walls (Santa Fe CC) 24.55/5<sup>+</sup>6; <u>400/LJ</u>, Vogel Newsome (FlA&M) 56.54/19<sup>+</sup>11 3/4; <u>800</u>, (ATTC) 2:08.44, RESULTS: Sonia Harris Knudson (AITC) 2:08.44. 1-Wendy 2-Delight Chambers (F1) 2:10.11, 3-Beth Adkins (Fl) 2:10.61; <u>1500</u>, Gina Procaccio (Fl) 4:28.84; <u>3000/5000</u>, Janie Regis (FlJC) 10:11.6/17:30.18; 10000, 1-Beth Farmer (Fl) 32:49.1, 2-Shelly Steely (Fl) 34:25.5; <u>100H</u>, 1-Lori Dinello (Fl) 13.3, 2-Tina Walls (SFCC) 13.7, 3-Sonja Harris (MDN) 14.1; 1-Florida, team of Dinello, 4x100, Bressant, Seebers and Fowler in 46.74, 2-SFCC 48.72; <u>4x400</u>, SFCC 3:58.94; 4x800, 1-Florida JC, team of Graham, Ingram, Messinesse and McDonald in Ingram, 9:29.26.

# **MULE RELAYS**

Warrensburg, Missouri, April 22: In spite of winning six events to only three for Northeast Missouri State, Lincoln University didn't have the depth to win the team title and so the gold cup went to the Bulldogs 120-105. Eighteen teams participated with Westminster's Delores Stewart the meet's only double winner in the 200 and 400.

RESULTS: HJ, Deb Rylas (SIUE) 5'7; DT, 1-Martha Jugah (Lin) 145'3, 2-Angie Selmon (PS) 141'7; JT, Tomiann Ahonen (SWMO) 154'7; 100, Vivian Hardy (Lin) 12.1; 200/400, Delores Stewart (WC) 24.8/57.5; 1500, 1-Sandy Seale (SWMO) 4:39.3, 2-Leisha Tenny (WS) 4:39.7; 3000, Chris Ridenour (SEMO) 9:51.3; 5000, 1-Cindy Poly (SWMO) 17:57.3; 10000, 2-Cindy Trickey (NEMO) 17:57.3; 10000, Nancy Goodwine (CMS) 35:39.4; 100H, Connie Davenport (Lin) 14.9; 400H, Leisa Davis (Lin) 62.2; 4x100/4x400, Lincoln 47.3/3:58.0; Scores, 1-Northeast Missouri 120, 2-Lincoln 105, 3-Southwest Missouri 64, 4-Central Missouri 48, 5-Westminster 32, 6-(Tie) Northwest Missouri and Southern 111inois/Edwardsville 27, 8-Southwest Missouri 22, 9-Wichita State 20, 10-Emporia State 17 and eight others.

# BAYLOR-WENDY'S INVITATIONAL

Waco, Texas, April 22: Powerful University of Texas won seven events and provided the meet's only double winner as Baylor hosted its Baylor-Wendy's Invitational. Jo Beth Palmer captured the shot and disc for the Longhorns, the latter with a fine 163'4 toss. The 4x100 was a swiftie with Texas winning it in 45.4 over North Texas State, also at 45.4, followed by Abilene Christian (46.3), Angelo State (46.4) and Oklahoma (46.5). Oklahoma's Annette Campbell had a good 2:05.01 800 and Lauri Taylor (Abilene Christian) won the 1500 by 20 seconds in a fine 4:24.27.

RESULTS: <u>JT</u>, 1-Mary Chrobak (Tx) 164'6, 2:Lorri Kokkola (Tx) 154'9; <u>LJ</u>, 1-Donna Thomas (NTx) 20'4 3/4, 2-Regina Swain (AC) 20'0 1/2, 3-Carla Jackson (AC) 19'6; <u>DT</u>, 1-Jo Beth Palmer (Tx) 163'4, 2-Dedi Kavanaugh (Tx) 159'1, 3-Jorunn Tangen (Ok) 155'10; <u>HJ</u>, 1-Janet Clough (Ok) 5'8, 2-Sally McCarthy (Ok) 5'8; <u>3000</u>, 1-Lauri Nelson (Tx) 9:51.62, <u>2-Tara Arnold (Tx)</u> 10:06.04; <u>100H (+1.71)</u>, 1-Cindy Stewart (Angelo St) 13.88, 2-Sheriffa Sanders (Ok) 13.99; <u>3-Phillips (TxA&M)</u> 14.02, 4-Donna Thomas (NTx) 14.13; <u>100</u> (+0.01), 1-Juliet Cuthbert (Tx), 11.66, 2-Sharon Norris (NTx) 14.13; <u>100</u> (+0.01), 1-Juliet Cuthbert (Tx), 11.66, 2-Sharon Norris (NTx) 14.13; <u>100</u> (+0.854; <u>SP</u>, Jo Beth Palmer (Tx) 47'3; <u>SMed</u>, 1-North Texas State 1:40.86, <u>2-Abilene Christian 1:43.96</u>, 3-Texas 1:44.14; <u>400H</u>, 1-Sheriffa Sanders (Ok) 59.72, <u>2-Deanie Palmer</u> (TxA&M) 61.64; <u>4x440</u>, 1-Texas 3:42.34, 2-Oklahoma 3:43.48, <u>3-North Texas State</u> 3:54.16, 4-Abilene Christian 3:54.89,

# **MT. SAC RELAYS**

Walnut, California, April 21/24: The Silver Anniversay production of the Mt. San Antonio College Relays was a conglomeration of good and almost good performances. The meet has grown so large one does not have time to anticipate a great race or savor its results. Only the next day does one really begin to understand what went on in the magic arena. Starting guns are fired so often it is impossible to keep up with what's going on. Announcers are never quiet for they must report pre-race information and post-race results within a three or four minute period - plus play-by-play of the race in progress. Too much, too much. Cull the best for 1984!

Best performance of the meet is debatable - depending on if you're a "track" person or a "field" person. Evelyn Ashford, making a rare appearance in 1983, sped through 200 meters in a swift 22.07, aided by a +2.37mps wind. Ashford did not have everything her own way. Chandra Cheeseborough, finally a matured runner, stayed with Ashford around the bend and stuck like glue the first part of the home straight. Only over the final 50 meters could Ashford pull away. Cheeseborough was clocked in 22.30. Diane Williams, who has not been running well to date, finished in 22.65 for her best race of the year. Grace Jackson (Atoms) was also under 23 seconds.

seconds. The "field" event had to be the discus where, in spite of the absence of Leslie Deniz with muscle problems, a great duel ensued. Former American record holder, Lorna Griffin, threw 194'7. That got her fourth place! Stanford's fast improving Carol Cady had an effort of 197'0 for third and will soon be over that magical 200 foot mark. Meg Ritchie tossed the disc 214'4 for second and Ria Stalman had a PR to win with 220'6.

Karin Smith returned to the javelin wars in this meet and won with a throw of 211'11 for a new meet record, a couple of inches better than Kate Schmidt's old mark. Schmidt was late in arriving, (the event had already begun when she got to the gate), did not get to warm up properly and did not qualify for the final rounds. Lynda Hughes, fighting a sore elbow in 1983, made her preliminary throws from a 5-6 step approach but moved back for a full run in the finals and managed her season best at 188'1 for the silver.

A good field showed for the 1500 (see cover photo). Jan Merrill, Michele Bush, Linda Goen, Louise Romo, Brenda Webb, Kathy Hayes, Ann Harper, Monica Joyce among others. Bush led by a whisker after the first lap, Amy Harper was in front by a nose at the 800 in 2:18.5. Merrill made her move on schedule and led after three laps in 3:27 but the field was tightly bunched all the way. California's Louise Romo merely sat in third or fourth all this time and closed with a rush to win it in 4:16.24 as only a second separated first from fourth. Hayes closed the fastest of all to grab second over Merrill. Romo's splits were 69.6,



EVELYN ASHFORD leads CHANDRA CHEESEBOROUGH and DIANE DIXON in the 200. Ashford won in 22.07w with Cheeseborough second in 22.30w. Dixon was 6th in 23.24w. (Bill Leung photo)

2:19, 3:28 with a final 400 in 65.4.

Another good field showed up for the 800. For years we have been watching Deann Gutowski take the lead in 800's, keep it for 400 to 600 meters, then fade into oblivion. This time the plucky runner went to the front and stayed there, winning in 2:03.92. Gutowski led Cynthia Warner and Ranza Clark at the 200 in 28.6, led the same two at the 400 in 60.8, led the same two at the 400 in 60.8, led the same two at the 600 in 1:31.8 with Monica Joyce moving up into fourth, and led the field across the finish line. The surprise of the race was the speed of Cindy Bremser who came from the back of the pack to grab second in 2:04.20.

Carol Lewis and Gwen Loud both hopped a good 21'8 1/4 in the long jump, Lewis without and Loud with the aid of wind. Lewis won the gold via second-best jump routine. Coleen Sommer bested Debbie Brill in the high jump, both ladies clearing 6'2 3/4.



Breaking for the pole in the 800, left to right, Cindy Bremser, Monica Joyce, Cynthia Warner, winner Deann Gutowski and Ranza Clark. (Bill Leung photo)

UTEP's Charmaine Crooks put herself right into the NCAA 400m picture with her 53.19 win over one lap. Gwen Gardner set a too fast pace and paid over the final 75 finishing third behind Jackie Pusey and Crooks.

Stephanie HighTower won the short hurdles in a legal 13 flat over Kim Turner (13.13) and Sherrieffa Barksdale gave Tennessee a big NCAA boost by winning the 400 hurdles in the nation's fastest time to date, 56.75. Barksdale, who was just learning the event at the close of the 1982 campaign, beat a good field which included Sandra Farmer, Edna Brown, Tonya Brown, Lexie Beck, Kim Whitehead and Robin Marks. The first five were under 59 seconds.

Eleanor Simonsick captured the 10k before most of the fans had arrived in a fine 32:58.6 over Oregon's Lisa Martin. The "Open Division" 1500 held on the

The "Open Division" 1500 held on the 23rd also produced a good result with Robin Campbell winning in 4:17.16 over Regina Jacobs (4:17.96) and Aisling Molloy (4:19.58). Also in the "Open Division", Patti Sue Plumer captured the 3000 with a fast 9:09.4 over Merrill with 9:13.2.

In the relay events, the top performance came from the Athletics West 4x800 team which set a new American record of 8:17.09. The old mark of 8:19.8 was set by National team four years ago. Sue Addison opened with 2:06.8, Lee (Ballenger) Arbogast ankled 2:02.0, Mary Decker provided a 2:01.5 and Chris Mullen anchored in 2:06.8.

Other relays were rather routine. Best of the lot was an "Olympic Development Team" of Jeanette Bolden, Florence Griffith, Alice Brown and Cheeseborough who galloped 43.67 to win the 4x100. Earlie Bolden had won the Invitational 100 over teammate Griffith in 11.48, the first real run of the year for these two sprinters.

Jackie Joyner competed in her first heptathlon of the year and came up with her best-ever score of 6161. The mark cannot be accepted as a collegiate record due to a wind-aided hurdle race, but for a first-effort of the year, the score can not be discredited. Although the competition was almost the best possible in the US (Frederick was not present), it was all over after the event where Joyner ran that first wind-aided 13.94. The UCLA student had a good series with a high jump of 5'9 3/4, a shot toss of 38'2 3/4 and a 23.85 200 on the first day. Joyner began with a 20'11 1/4 hop the second day, threw the spear 129'10 and had a good 800 in 2:11.82. Just a thought do you think the East Germans would let 6161 point heptathlete play a basketball?



Invitational Division: HJ, 1-Coleen Sommer (Adidas) 6<sup>1</sup>2 3/4, 2-Debbie Brill (PCC) 6'2 3/4, 3-(Tie) Kari Gosswiller (UCLA) and Debbie Larsen (USC) 5'8 3/4; LJ, 1-Carol Lewis (Hst) 21'8 1/4, Z-Gwen Loud (Hawaii) 21'8 1/4, 3-Veronica Bell (SCC) 20'5 3/4, 4-Pam Donald (Stanford) 19'9 1/2w, 5-Roberts (CSLB) 19'8 1/4, 6-Sandy Crabtree (CA) 19'8 1/4; <u>DT</u>, 1-Ria Stalman (LATC) 220'6, 2-Meg Ritchie (Az) 214'4, 3-Carol Cady (Stanford) 197'0, 4-Lorna Griffin (AW) 194'7, 5-Picknell (OreSt) 178'0, 7-Diane Oswalt (CS Hayward) 165'0, 8-Glenda Ford (CS Hayward) 163'6; 400, 1-Charmaine Crooks (UTEP) 33.19, 2-Jackie Pusey (LATC) 53.48, 3-Gwen Gardner (LAM) 54.02, 4-Latanya Sheffield (SDS) 54.95, 5-Chambers (SDS) 55.19, 6-LaShon Nedd (UCLA) 57.86; 
 J510,
 1-Louise Romo (Cal) 4:16.24,

 2-Kathy
 Hayes (Ore) 4:16.71,
 3-Jan

 Merrill
 (AGAA) 4:16.77,
 4-Michele Bush
 (UCLA) 4:17.38, 5-Ann Harper (CP/SLO) 4:18.38, 6-Monica Joyce (Converse) 4:19.37, 7-Brenda Webb (AW) 4:20.64, 8-Linda Goen (UCLA) 4:24.67, 9-Porter (LAM) 4:27.5; 200 (+2.70), 1-Evelyn Ashford (MedTC) 22.07, 2-Chandra Cheeseborough (AW) 22.30, 3-Diane Williams (LATC) 22.65, 4-Grace Jackson (Atoms) 22.91, 5-Gervaise McCraw (SCC) 23.11, 6-Diane Dixon (Ohio State) 23.24, 7-Alice Brown (WAC) 23.36, 8-Linda Haglund (Swe) 23.8; 100H (+1.74), 1-Stephanie Hightower (Nut) 13.00, 2-Kim Turner (UTEP) 13.13, 3-Pam Page (LATC) 13.28, 4-Karen Cannon (CA) 13.43, 5-Janet Yarbrough (CP/SLO) 13.71, 6-Laura Lim (Az) 13.82, 7-Avorin Hunter (LAM) 14.08; <u>4x100</u>, 1-Olympic Development team of Bolden, Griffith, Brown and Cheeseborough in 43.67, 2-Houston 44.53, 3-SC Cheetahs 45.04, 4-Arizona State 45.76; <u>JT</u>, 1-Karin Smith (AW) 211'11, 2-Lynda Hughes (Ore) 188'1, 3-Suzie Ray (UCLA) 168'7, 4-Patty Kearney (Ore TC) 168'5, 5-Jackie Nelson (Un) 168'2, 6-Linda Mueller (SDS) 164'11, 7-Barb Moro (WAC) 162'11, 8-Donna Mayhew (Az) 160'8, 9-Dana Barnes (CP/SLO) 158'4, 10-Mary Osborne (Stanford) 151'6, 11-Dodie Campbell (AzSt) 146'5; 100 (+1.24), 1-Jeanette Bolden (UCLA) 11.48, 2-Florence Griffith (UCLA) 11.52, 3-Michelle Glover (Hst) 11.58, 4-Jackie 3-Michelle Glover (Hst) 11.58, 4-Jackie Washington (Hst) 11.72, 5-Linda Haglund (Swe) 11.75, 6-Lisa Thompson (UNLV) 11.81, 7-Donna Carley (CS Sac) 11.84, 8-Zelda Johnson (SCC) 11.95; <u>800</u>, 1-Deanne Gutowski (LAM) 2:03.92, 2-Cindy Bremser (WisUn) 2:04.20, 2 Maria Targa Corp. (2014) 21 4 Orthon 3-Monica Joyce (Con) 2:04.67, 4-Cynthia Warner (LAM) 2:04.89, 5-Donna Curtis (USC) 2:05.39, 6-Debbie Campbell (Un) 2:06.03, 7-Debbie Vetter (Un) 2:06.76, 8-Margaret Metcalf (NM) 2:07.53, 9-Michelle Hopper (MedTC) 2:07.37, 10-Martel (UCSB) 2:10.4; SP, 1-Peggy Pollock (CSLB) 55'5 3/4, 2-Ramona Pagel (Un) 52'9, 3-Lorna Griffin (AW) 52'5 1/4, 4-Regina Cavanaugh (Rice) 51'8 1/2, 5-Jennifer Lemke (Az) 50'7, 6-Quenna Beasley (Ore) 49'9 3/4, 7-J. Smith (El Paso TC) 49'1 3/4; 400H, 1-Sherrieffa Barksdale (Tenn) 56.75, 2-Sandra Farmer (LATC) 57.59, 3-Edna Brown (Atoms) 57.88, 4-Tonya Brown (Un) 58.58, 5-Lexie Beck (Ore) 58.95, 6-Kim Whitehead (Morgan St) 60.09, 7-Latanya Sheffield (SDS) 60.32, 8-Rachel Clary (Hst) 60.47, 9-Robin Marks (Az) 60.66, 10-Angela Williams (Hawaii) 61.76,



COLEEN SOMMER tells herself a joke as DEBBIE BRILL prepares to jump at Mt. SAC Relays. Sommer won on fewer misses at 6'2 3/4. (Bill Leung photo)

11-Janet Briscoe (UNLV) 61.80; 10000W, 1-Sue Brodock (SCRR) 52:16.5, 2-Vicki Jones (Medal TC) 54:18.9; <u>SMed</u>, 1-LATC team of Hodges, Belle, Hopkins and Bryant in 1:42.90, 2-UC Irvine 1:46.25; 10000, 1-Eleanor Simonsick (Un) 32:58.6, 2-Lisa Martin (Ore) 33:46.7, 3-Curtis (Hawaii) 35:10.8, 4-Bonnie Tamis (ColSt) 35:30.5, 5-Larsen (BYU) 35:31.0.

Open Division: 200, 1-Donna Corley (CS Sac) 23.75, 2-Faye Burleson (CS Bak) 23.83, 3-Gurtha Pounds (CS Bak) 23.96; JT, 1-Jackie Nelson (Un) 178'0, 2-Dodie Campbell (AzSt) 162'5, 3-Beth Owens (Cal Luth) 160'0, 4-Harvey (Aus) 159'3, 5-Bonnie Dasse (CA) 156'5, 6-Debbie Dibb (SDS) 151'11; 3000, 1-Patti Sue Plumer (Stanford) 9:09.4, 2-Jan Merrill (AGAA) 9:13.2, 3-Debbie Eide (OreTC) 9:18.1, 4-Carey May (BYU) 9:18.7, 5-Sally Stern (AzSt) 9:19.2, 6-Bergeron



JEANETTE BOLDEN (427) leads the 100m dash over JACKIE WASHINGTON (428) of Houston and LINDA HAGLUND (741) of Sweden. Bolden won in 11.48 with Washington 4th (11.72) and Haglund 5th (11.75. (Bill Leung photo)

(CA) 9:20.2, 7-Keller (CS Northridge) 9:27.7, 8-Polly Plumer (UCLA) 9:32.6...11-Jill Molen (Utah) 9:41.2; SP, 1-Sharon Hamilton (CS Bak) 51'11 3/4, 2-Bonnie Dasse (CA) 51'8 1/2, 3-Quenna Beasley (Ore) 51'6 1/2, 3-Quenna Beasley (Ore) 51'6 1/2, 4-Donna Clements (Cal JC) 50'0 3/4, 5-Julie Jones (BYU) 49'5, 6-Jackie Norton (BYU) 48'2 3/4, 7-Lorraine Costanzo (A2) 47'6, 8-Barry (AzSt) 47'5 1/4; <u>800</u>, 1-Lih Jian (SCRR) 2:08.10, 2-Sandy Beach (Az) 2:08.42, 3-Moss (AmRiv JC) 2:11.10, 4-Alexander (BYU) 2:11.23, 5-Davidson (BYU) 2:11.45; 4x100, 1-LATC team of Page, Bryant, 4x100, 1-LATC team of Page, Bryant, Belle and Pewzar in 46.05, 2-CS Northridge 47.51, 3-UC Irvine 47.96, 4-California 48.03; HJ, 1-Katrina Johnson (Az) 5'8, 2-Dew (BYU) 5'8, 3-Roberts (CSLB) 5'8, 4-Kerry Bell (USC) 5'8; 100H, 1-Lexie Beck (Ore) 13.68, 2-Pat Lavallias (Hst) 13.95, 3-Kathy Miller (AzSt) 14.37; 400H, 1-Lih Jian (SCRR) 61.09, 2-Briscoe (UNLV) 61.37, 3-Leavy (AzSt) 61.8: 400. (UNLV) 61.37, 3-Leavy (AzSt) 61.8; 400, 1-Ruth Waithera (Az) 54.11, 2-Culbert 54.51, 3-Vessup (NMex) 55-Tina Howard (CSLA) 56.55; (Cal) 55.69...5-Tina 100, 1-Grace Jackson (Atoms) 11.52, 2-Barbara Bell (NMex) 11.56, 3-Sharon Ware (AzSt) 11.60, 4-Stephanie Brown (CSLA) 11.60, 4-Stephanie Brown (CSLA) 11.67...8-LaShon Nedd (UCLA) 11.87; 1500, 1-Robin Campbell (Stan TC) 4:17.16, 2-Regina Jacobs (Stanford) 4:17.96. 3-Aisling Mollow (DVM) 4:17.96, 3-Aisling Molloy (BYU) 4:19.58, 4-Claudette Groenendaal (Ore) 4:17.96, 4:20.12, 5-Alison Wiley (Stanford) 4:20.85, 6-Cathy Branta (Wis) 4:22.75, 4:20.85, 6-Cathy Branta (Wis) 4:22.75, 7-Disa Lewis (Rice) 4:24.88, 8-Anthea James (Az) 4:25.8, 9-Melissa Martel (UCSB) 4:26.10, 10-McClung (BYU) 4:26.13, 11-Cindy Anzalone (Hst) 4:26.74; LJ, 1-Cynthia Henry (UTEP) 19'9, 2-Anna Van (AzSt) 19'4, 3-Fletcher (USC) 19'0 3/4, 4-Williams (USC) 19'0 3/4; 200, 1-Denean Howard (CSLA) 23.54, 2-Laura Lim (Az) 23.67, 3-Roberta Belle (LATC) 23.76, 4-Leleith 3-Roberta Belle (LATC) 23.76, 4-Leleith Hodges (LATC) 23.77, 5-Lisa Hopkins (LATC) 23.91, 6-Teri Chapple (AzSt) 23.91, 7-Culbert (Cal) 23.98; <u>DT</u>, 1-Julie Jones (BYU) 167'1, 2-Leslie Hoerner (AIA) 163'0, 3-Nickerson (Stanford) 162'6, 4-Lindy Toman (UCLA) 162'1; <u>4x400</u>, 1-CSLA team of Arenn, Hansen, W.Ashford and Hallie in 3:47.87, 2-New Mexico 3:50.26, 3-San Diego State 3:52.64.

4x800, 1-Athleics West Team of Addison, Arbogast, Decker and Mullen in 8:17.09, 2-Stanford TC team of Spies, Campbell, Harter and Jacobs in 8:40.04, 3-Oregon 8:56.84, 4-LA Mercurettes 9:04.10.

Heptathlon, 1-Jackie Joyner (UCLA) 6161w with marks of 13.64w, 5'9 3/4, 38'2 3/4, 23.85, 20'11 3/4, 129'10 and 2:11.82, 2-Cindy Greiner (AW) 5857w (5'10 1/2), 3-Mary Harrington (4C) 5622w, 4-Debra Larsen (USC) 5506 (5'9 1/4-132'7), 5-Carrie McLaughlin (SDS) 5489, 6-Russell (CA) 5377w, 7-Hightower (OrefC) 5304w, 8-Nicolls (CP/P) 5292w, 9-Renee Nickles (Roos) 5234, 10-Jenny Stary (CA) 5095w, 11-Sonya Crowther (OreSt) 5087, 12-John (AzTC) 5060, 13-Dubois (CP/SLO) 5015, 14-Skaeveland (UTEP) 5003.



# KANSAS RELAYS

Lawrence, Kansas, April 21/23: The 58th Annual Kansas Relays provided its usual good marks in spite of not too cooperative weather. A handful of visiting Russians made the meet more interesting as they monopolized the 800, 1500, 3000 and 4x880 relay.

From an American viewpoint, Nebraska dominated the meet. Merlene Ottey scampered 200 meters in a wind-aided 22.11 with teamate Angela Thacker next across the line in 23.07. Thacker had a busy weekend with her second in the 200 plus a win in the 100 (11.20w), a win in the 4x110, a second in the sprint medley and a second in the long jump at 21'5 1/4. Plus trial heats. Nebraska's Swiss javelin thrower, Denise Thiemard, who has been over 190 feet the past two weeks, showed she is human by tossing the spear only 163'2 still good enough for the gold. The Huskers sprint medley team was upset by Morgan State, Marjan Goedhart scored 5638 to win the heptathlon including a 5'9 high jump and 19'11 1/2 long jump, (she cleared 20'5 1/4 in the open long jump), and the Nebraska hurdlers went 1-2-4 in the 100 barriers with times of 13.50, 13.55 and 13.91 - wind aided.

The long jump was very good with two over 21 feet - perhaps this event, too, was wind aided. The 5000 was a spotlight for Illinois State with the Redbirds snatching first and second with Wendy Van Mierlo and Sara Schumacher.

As for the Russians, their domination was complete. They went 1-2-3 in the 800, 1-2 in the 1500, won the 3000 and the 4x880. And they didn't appear to work too hard. The effect of running against the Russians was apparent in the 800. All three Russians ran faster in the final than in their trial heats. All 9 American collegians ran slower in the final than in the trials!

22): RESULTS (Friday, April Heptathlon, 1-Marjan Goedhart (Nb) 5638 14.59, 5'9, 35'7, 25.59, 19'11 with 1/2, 113'4, 2:21.84; 2-Carla Battaglia 5346 (148'0), 3-Margot Rogus (Ind) (Ind) 5335; <u>SP</u>, 1-Pinky Suggs (KanSt) 49'10, 2-Karen Wood (Nb) 49'4 1/2, 3-Stine Lerdahl (Kan) 47'10 1/2; <u>HJ</u>, 1-Lisa Greenfield (Col) 5'10, 2-Annette Tannander (Col) 5'8, 3-Rita Graves (KanSt) 5'8, 4-Mary Mol (Iowa) 5'8; SMed, 1-Morgan State team of Dodson, Whitehead, Page and Jackson in 1:43.17, 2-Nebraska team of Thacker, Blanford, Burke and Ottey in 1:43.39, 3-Drake 1:44.14, 4-Air Force 1:44.51; JT, 1-Denise Thiemard (Nb) 163'2, 2-Debby Smallwood (OkSt) 143'6...6-Annette Tannander (Col) 136'3; 5000, 1-Wendy Van Mierlo (IllSt) 16:09.0, 2-Sara Schumacher (IllSt) 16:20.8, 3-Margaret Davis (Iowa St) 16:26.6, 4-Liz Hjalmarsson (Drake) 16:28.3, 5-Suzanne Youngberg (Iowa St) 16:29.1, 6-Betsy Silzer (KanSt) 16:31.0; 100H, 1-Rhonda Blanford (Nb) 13.50w, 2-Stephanie Thomas (Nb) 13.55w, 3-Connie McKernan (Kan) 13.69w, 4-Deborah Powell (Nb) 13.91w, 5-Konnie Mackey (Colst) 13.95w; 1-Nadyezhda Olizaryenko (SU) 800, 2:06.87, 2-Olga Mineyeva (SU) 2:09.31,

3-Lyudmilla Veselkova (SU) 2:09.89, 4-Barbara Ennis (Ind) 2:13.93 (2:11.7h), 5-Lynn Biggs (Mo) 2:13.97 (2:10.6h), 6-Marie Simonsson (Drake) 2:14.22 (2:11.8h), 7-Erin Ficke (KanSt) 2:14.52 (2:12.3h); <u>100</u>, 1-Angela (Nb) 11.20w, 2-Donna King Thacker (KanSt) 11.33w, 3-Alecia McQueen (Wichita St) 11.41w, 4-Rufina Ubah (Mo) 11.47w, 5-Janet Dodson (Morgan St) 11.60w, 6-Vivien McKenzie (Iowa) 11.74w; <u>4x110</u>, 1-Nebraska team of Burke, Blanford, Thacker and Ottey in 43.94, 2-Arkansas 45.95, 3-Kansas 46.01. 4-Missouri 46.94; 1500, 1-Nadvezhda Raldugina (SU) 4:08.94. 2-Tatyana Poznyakova (SU) 4:12.72, 3-Andrea Everett (Wy) 4:27.99, 4-Sara Schumacher (IllSt) 4:28.85, 5-Deb Pihl (KanSt) 4:33.69; DT, 1-Becky McGranahan (Kan) 156'5, 2-Pinkie Suggs (KanSt) 154'10. 3-Mary Hyder (Mo) 144'10; 4x880, 1-Soviet Union team of Raldugina, Mineyeva and in 8:49.06, 2-Air Force Veselkova. Olizaryenko Academy 9:22.98, 3-Western Illinois 9:18.40; <u>400</u>, 1-Carlon Blackman (Drake) 54.07, 2-Gail Conway (Air Force) 54.48, 3-Marcia Tate (Nb) 54.73.

(Saturday, April 23): <u>400H</u>, 1-Nicole Ali (Nb) 58.95, <u>2-Kim</u> Whitehead (Morgan St) 59.12, 3-Chris 60.85 (59.84h), Davenport (Iowa) 4-Konnie Mackey (ColSt) 60.92 (59.72h), 5-Sherri Hull (Iowa) 62.50 Bumgarner (WichSt) (60.76h)...8-Rene 63.58 (60.38h); 200, 1-Merlene Ottey (Nb) 22.11w, 2-Angela Thacker (Nb) 23.07w, 3-Alecia McQueen (Wichst) 23.78w, 4-Elaine Jones (Iowa) 23.84w; 23.78w, 4-Elaine Jones (SU) 9:13.50, 3000 1-Svetlana Ulmasova (SU) 9:13.50, 2-Wendy Van Mierlo (Illst) 9:34.01, 3-Deb Pihl (KanSt) 9:42.00; <u>4x440</u>, 1-Morgan State team of Page, Dodson, Whitehead and Jackson in 3:44.44, 2-Kansas 3:52.47, 3-Western Illinois 3:55.56; LJ, 1-Halcyon McKnight (Kan) 21'7 1/2, 2-Angela Thacker (Nb) 21'5 1/4, 3-Kelly Wenlock (KanSt) 20'7 1/4, 4-Marjan Goedhart (Nb) 20'5 1/4, 5-Kellee Eubanks (Mo) 20'3 1/4.

# **GRIZZLY BEAR INV**

Boise, Idaho, April 22: Good marks were recorded by Sonya Smith in the javelin (160'8) and by Idaho State's Kristine Ponton in the heptathlon (5314) at the Grizzly Bear-Bob Gibb Ivitational. Weber State's Connie Kelly was the lone double winner with golds in the 200 and 400.

RESULTS: 10000, Noreen Shea (UtahSt) 36:41.56; 4x800, Utah State 9:25.92; DT, Margaret Hall (IdSt) 140'4; 4x100, Boise State team of Jacoby, Florke, Dodds and Dworak in 48.13; 100H, 1-Karla Jacoby (BS) 14.15w, 2-Lynne Wingle (IdSt) 14.63w; JT, 1-Sonya Smith (CSI) 160'8, 2-Sandy Bean (IdSt) 151'9; 200/400, Connie Kelly (WeberSt) 25.02/57.32; 100, Dana Devan (UtahSt) 11.73; SP, Vicky Powell (UtahSt) 44'9; 4x400, Weber State 3:57.50; Heptathlon, 1-Kristine Ponton (IdSt) 5314 with 14.44, 5'7 1/4, 35'8, 26.14, 18'1, 99'4 and 2:22.64, 2-Lynn Wingle (IdSt) 4653.

# **MULE RELAYS**

Warrensburg, Missouri, April 22: Twenty one colleges gathered on the campus of Central Missouri State for their 12th Annual Mule Relays. Winner was Northeast Missouri State with Lincoln University not far behind. Only double winner was Westminster's Delores Stewart who took home the gold in the 200 and 400 dashes.

RESULTS: 5000, Cindy Poly (SWMO) 17:49.0; 4x100, 1-Lincoln team of Davis, Boone, Collier and Hardy in 47.3, 2-NEMO 48.4; 1500, 1-Sandy Seale (SWMO) 4:39.3, 2-Liesha Tenny (West) 4:39.7; 100H, Constance Davenport (Lin) 14.9 (14.6s); 100, Vivian Hardy (Lin) 12.1; JT, Iomiann Ahunen (SWMO) 154'7; <u>SP</u>, Dorothy Copper (NEMO) 43'0 1/4; 400H, Leisa Davis (Lin) 62.2; DT, 1-Martha Jugah (Lin) 145'3, 2-Angie Selmon (PittSt) 141'7; 3000, Chris Ridenour (SEMO) 9:51.3; HJ, Deb Ryals (SII1/Ed) 5'7; 200/400, Delores Stewart (West) 24.8/57.5; 10000, Nancy Goodwine (CMO) 35:39.4; 4x400, Lincoln team of Collier, Motley, Davis and Williams in 3:58.0; <u>Scores</u>, 1-Northeast Missouri 120, 2-Lincoln 105, 3-Southwest Missouri 64, 4-Central Missouri 48, 5-Westminster 32, 6-(tie) Northwest Missouri and Southern Illinois at Edwardsville 27, 8-Southeast Missouri 22, 9-Wichita State 20, 10-Emporia State 17 and 11 others.

# MADISON WINS VIRGINIA TITLE

Harrisonburg, Virginia, April 23: James Madison University captured the Division I Intercollegiate T&F Championship of the State of Virginia in a tough fight with Virginia Tech, 178-166. Virginia Tech won the most events, but couldn't match the depth of the Duchesses. Darcy Smith (Virginia Tech) and teammate Donna Girtler were the meet's only double winners. Smith captured the shot and discus while Girtler won the high jump and heptathlon. Best performance was the 60.3 flight of 400m hurdles by Old Dominion's Dana Wright.

RESULTS: JT, Beth Lippard (JM) 140'0; LJ, Lisa Diggs (JM) 18'8; HJ/Hep, Donna Girtler (VT) 5'5 3/4-3920; 3/4-3920; <u>SP/DT</u>, Darcy Smith (VT) 40'2/124'8; 100H, 1:-Susan Allen (GM) 40'2/124'8; 100H, 1:-Susan Allen (GM) 14.3, 2-Nichols (VT) 14.3; 200, Rhonda Mason (JM) 24.6; 5000, Linda King (VT) 17:15.0; 4x100, James Madison team of Russell, Mason, Diggs and Shreckhise in 4:32.09, 2-Mo-1-Cheryl Tuosto (VT) 2-Meeks (GM) 4:39.2, 3-Simpson (GM) 4:39.6; 400, Derial Rhodes (OD) 55.8; 100, Angela Russell (JM) 12.0; 800, Tracey Edwards (GM) 2:14.0; 400H, Dana Wright (OD) 60.3; <u>SMed/4x880</u>, George Mason 1:47.5/9:32.1; <u>4x440</u>, Old Dominion team of Rhodes, Flagg, Carter and Wright in 3:53.1; <u>Scores</u>, 1-James Madison 178, 2-Virginia Tech 166, 3-George Mason 143, 4-Old Dominion 78, 5-William & Marv 30.

# **RUTGERS RE**

Piscataway, New Jersey, April 22: Villanova turned in some swift relay performances, Candy Young, Doreen Startare, Natalie Updegrove, Cindy Wuss and Elaine Sobansky had good individual efforts as Rutgers staged their annual Relay Carnival. Villanova ran 8:49.0 in the 4x800, 11:33.2 for the distance medley and 3:43.2 in the 4x400.

RESULTS: 10000, 1-Natalie Updegrove (PennSt) 34:00.4, 2-Desiree Scott (Rut) 34:49.8, 3-Alicia Houber (Syr) 35:03.3; 400H, 1-Sally Anderson (Pr) 60.3, 2-Karen Woods (Tem) 60.9; 100, Norma Asheber (MorSt) 12.0; 400, 1-Kim Barnes (PAL) 55.0, 2-Marcella Kendall (PAL) 55.2, 3-Zanderland Divon (Morret) 55.5. 55.2, 3-Zanderland Dixon (MorgSt) 55.5; 800, 1-Terry Pioli (PS) 2:10.3, 2-Teri Ederly (Syr) 2:10.9, 3-Cynthia Colquiet (MorgSt) 2:10.9...5-Lori McCauley (Rut) 2:13.2; <u>100H</u>, 1-Candy Young (FD) 13.6, 2-Tosca Blandford (Rut) 13.8, 3-Shell Rice (StJ) 14.3, 4-Stephanie Weeks (PS) 14.5; <u>1500</u>, 1-Doreen Startare (PS) 4:24.7, 2-Suzanne Shea (Vitos) 4:25.7, 3-Doreen Schwartz (Warren St) 4:28.0, Renzi (PS) 4:29.9; <u>3000</u>, Wuss (Ambler) 9:18.4, 2-Sue 4-Paula 1-Cindy Girard (MC) 9:20.0, 3-Lynn Jennings (Princeton) 9:24.1; <u>4x400</u>, 1-PAL team of Kendall, Burns, Roman and Barnes in 3:40.9, 2-DC International 3:48.4: 4x100H, Princeton team of Hatzenbeller, Wingard, Anderson and Chang in 58.0 (14.5 average); 4x200, 1-Morgan State team of Asherber, Dixon, Sheets and Dixon in 1:39.2, 2-DC International 1:40.6, 3-Delaware State 1:40.9; <u>SP</u> 1-Elaine Sobansky (PS) 52'1 1/4, 2-Nini (PAL) 50'3 1/4; LJ, Vivian Davis



DOREEN STARTARE (Penn State) DOREEN SCHWARTZ (Warren leads Street) and SUZANNE SHEA (Vitos) in the Rutgers Relays 1500. Startare won in 4:24.7 with Shea second and Schwartz third. (Victor Sailer photo)



Princeton's SALLY ANDERSON wins the 400H at the Rutgers Relays in 60.3s. (Victor Sailer photo)

Riddick (PS) 18'8 1/2; <u>JT</u>, 1-Donna O'Carroll (PAL) 162'9, 2-Marilyn Senz (PS) 153'11; <u>HJ</u>, 1-Lisvia Jackson (Tem) 5'8, 2-Julie White (BU) 5'8, 3-Jayne Buchan (Yale) 5'8, 4-Sheila Gallimore (Rut) 5'8; <u>4x100</u>, PAL team of Kendall, Smalls, Gilliam and Roman in 47.1, 2-Morgan State 47.5; <u>4x800</u>, 1-Villanova team of McIntosh, Brown, Kehs and Bradley in 8:49.0, 2-Rutgers 9:00.7, 3-Temple 9:15.6; DMed, 1-Villanova team of Bradley, McIntosh, Kehs and McGowan in 11:33.2, 2-Princeton 11:40.1, 3-Villanova "B" 11:55.1, 4-West Chester State 11:56.3; <u>4x400</u>, 1-Villanova team of Margaretha, McIntosh, Carter and Kehs in 3:43.2, 2-Temple 3:46.0, 3-Army 3:46.5; <u>DT</u>, 1-Elaine Sobansky (PS) 157'8, 2-Nini Davis (PAL) 154'9, 3-Marilyn Senz (PS) 151'3.



RESULTS: 5000, 1-Kerry Robinson (Cl)

16:06.13, 3-Connie Jo Robinson (NCSt)

16:09.66, 4-Sande Cullinane (NCSt) 16:30.83, 5-Joan Nesbit (NCar)

16:32.87, 6-Lisa Welch (Va) 16:40.15, 7-Holly Murray (NCar) 17:01.53; LJ, Tomi Rucker (Md) 19'1 1/2; <u>SP/DT</u>, Marita Walton (Md) 52'1/162'2; <u>10000</u>, 1 Pattu Springer (NYCh) 22:37,

Marita Walton (MG) 52 1/102 2; 10000, 1-Betty Springs (NCSt) 33:31.2, 2-Martha White (Va) 33:40.5, 3-Mary Jean Wright (Va) 34:15.8, 4-Kim Sharpe

 Jean
 wright
 (var)
 54:15.0,
 4-Lin
 Sharpet

 (NCSt)
 34:41.4,
 5-Jennifer
 Briscoe (Cl)

 35:29.1;
 1500,
 1-Lynne
 Strauss (NCSt)

 4:25.42,
 2-Julie
 Shephard (Cl)
 4:25.72,

 3-Carolyn
 Forde
 (Md)
 4:27.48,
 4-Pat

Walker (Md) 4:28.22, 5-Sande Cullinane (NCSt) 4:31.47, 6-Jill Haworth (Va)

(NCSt) 4:31.47, 6-Jill Haworth (Va) 4:38.45; <u>100H/400H</u>, Kim Hatchett (Va) 14.55/62.84; <u>200/400</u>, Lisa Garrett (Va) 24.50/54.8; <u>100</u>, Senerchia Gray (NCSt) 12.19; <u>800</u>, 1-Tina Krebs (Cl) 2:06.00, 2-Kim Kelly (Va) 2:10.22; <u>3000</u>, Carolyn Forde (Md) 9:44.30; <u>4x400</u>, Virginia 3:51.42; <u>Scores</u>, 1-Virginia 196, 2 Maxiland <u>122</u> 3-North Carolina 78

3:51.42; <u>Scores</u>, 1-Virginia 196, 2-Maryland 122, 3-North Carolina 78, 4-North Carolina State 76, 5-Clemson

47, 6-Wake Forest 1.

2-Stephanie Wiekert (Cl)

16:02.76,

LYNN STRAUSS (North Carolina won the 1500 at the Coast Conference in State) Atlantic 4:25.42s. (Victor Sailer photo)

# ACC CHAMPIONSHIPS

Clemson, South Carolina, April 22/23: Good distance running, as expected, highlighted the staging of the Atlantic Coast Conference Championships. Clemson's Kerry Robinson led a swift pack in the 5000 with 16:02.76, (the first six under 16:41), Betty Springs (North Carolina State) whipped a good field in 33:31.2 for ten thousand meters and teammate Lynne Strauss won a hard fought 1500 in 4:25.42.

Virginia won the team title and produced two of the three double winners in Lisa Garrett (200/400) and Kim Hatchett (hurdles). Maryland's Marita Walton was the other double gold with firsts in the shot and disc.

# WASHINGTON INV

Seattle, Washington, April 22/23: The Fourth Annual Washington Invitational saw the meet come of age! Thanks to a couple of swift Canadian distancers, news was made in Seattle. Former San Diego State runner Lynn Kanuka, representing the Vancouver Track Club, scurried around the oval in 15:55.0 to break Ceci Hopp's meet record in the 5000 by 30 seconds. The next three finishers were under 17 minutes. Yet another Canuke winner in a fast time was Brit McRoberts who took the 1500 in 4:12.58, breaking Regina Joyce's field record.

Continued on page 24

RESULTS: <u>10000</u>, 1-Karen Voss (Id) 35:42.9, 2-Adrianne Lorvick (Wa) 35:44.4; <u>DT</u>, Julie Hansen (Con) 177'2; <u>JT</u>, 1-Vickie Smiley (Wa) 166'2, 2-Sherri Sschoenborn (Id) 165'10, 3-Karen Martin (Ore) 162'6, 4-Mylissa Coleman (Id) 158'2, 5-Shaney Coe (SCC) 155'2; <u>100H</u> (-0.07), 1-Lisa Nicholson (Ore) 14.59, 2-Toni Forward (Wa) 14.64; <u>5000</u>, 1-Lynn Kanuka (VTC) 15:55.04, 2-Sherrie Crang (Id) 16:10.53, 3-Rosa Gutierrez (Ore) 16:28.65, 4-Allison Snow (Ore) 16:52.10, 5-Leanna Buckley (Wa) 17:00.75; <u>4x100</u>, 1-Bellevue CC 47.17, 2-Washington 47.24; <u>SP</u>, 1-Marcia Mecklenberg (BTC) 50'1 1/2, 2-Jackie Henry (Wa) 46'1 1/2; <u>1500</u>, 1-Brit McRoberts (VTC) 4:12.58, 2-Geri Fitch (AIA) 4:20.27, 3-Sandra Gregg (Wa) 4:21.86, 4-Cheryl Livingstone (WaSt) 4:27.57, 5-Kim Roth (Ore) 4:28.75, 6-Karen Drake (Ore) 4:29.11; <u>IJ</u>, Jakki Davis (Wa) 19'3 1/2; <u>400</u>, 1-Colleen Richardson (Wa) 55.21, 2-Sheryl Davis (CALSP) 56.54; <u>100</u> (-0.80), Donna Dennis (Wa) 11.91; <u>400H</u>, 1-Chris Klausman (SP) 61.01, 2-Laurie Coaston (Wa) 61.80; <u>800</u>, 1-Debbie Campbell (VTC) 2:09.12, 2-Allison Ryan (Id) 2:09.99, 3-Susan Gregg (Wa) 2:11.08; <u>200</u> (-1.53), 1-Jillian Richardson (CALSP) 24.17, 2-Donna Dennis (Wa) 20. (-1.53), 1-Jillian Richardson (CALSP) 24.17, 2-Donna Dennis (Wa) 20. (-1.53), 1-Jillian Richardson (CALSP) 24.17, 2-Donna Dennis (Wa) 20. (-1.53), 1-Jillian Richardson (CALSP) 24.17, 2-Donna Dennis (Wa) 20. (-1.53), 1-Jillian Richardson 20. (-1.53), 3'7, 5'2 1/2, 15.51, 97'8, 46'10 and 2:21.90.

# OHIO U THE VICTOR

Bowling Green, Ohio, April 23: Ohio University parlayed nine first places into an easy team victory as Bowling Green hosted a four-way meet on Whittaker Track. The winner's Patricia Braxton won both sprints

RESULTS: <u>4x100</u>, 1-Ohio Univerity 47.6, 2-Bowling Geen 48.5, 3-Ball State 48.8; <u>100H</u>, Rochelle Kimbrough (Oh) 14.7; <u>5000</u>, Laury Russell (Oh) 17:55.0; <u>1500</u>, Vicki Finn (Oh) 4:44.7; <u>100</u> Patricia Braxton (Oh) 12.00; <u>DT</u>, 1-Cathy Taylor (Oh) 138'8, 2-Hull (Miami) 134'9; <u>400H</u>, Selina Christian (Oh) 62.0; <u>HJ</u>, 1-Heidi Asmus (BG) 5'8, 2-Harrington (BS) 5'8; <u>SP</u>, Pam Hall (M) 44'0; <u>800</u>, 1-Laura murphy (BG) no time, 2-Rine (Oh) 2:11.8; <u>200</u>, 1-Patricia Braxton (Oh) 24.7, 2-Dukes (Oh) 24.8; <u>3000</u>, JoAnn Lanciaux (BG) 10:15.0; <u>JT</u>, Maude DiVittis (M) 141'4; <u>Scores</u>, 1-Ohio University 74, 2-Bowling Green 53, 3-Ball State 24, 4-Miami 23.

# BC RELAYS

Chestnut Hill, Mass, April 23: Good 1500, 10k and 100 hurdles spotlighted the staging of the Boston College Relays. Ann Hird (New Balance TC) captured the 10000 in 33:33.5 and second place went to New Hampshire high schooler Cathy Schiro in 34:01.1. Schiro's mark is better than the American Junior Record of 34:54.8, but is ruled out because the track at Boston College is 34 meters too long -434 meters.

Darlene Beckford came from behind to win the 1500 over Harvard's Jenny Stricker 4:23.3 to 4:23.8. Sharon (Colyear) Danville sped the 100 hurdles in a hand timed 13.2.

RESULTS: <u>SP</u>, 1-Lauren Andrews (Brandeis) 45<sup>1</sup>11 3/4, 2-Katrina Guerkink (Vt) 44<sup>9</sup>9 1/4; <u>JT</u>, Shelly Goddette (UVM) 146<sup>1</sup>11; <u>HJ</u>, Anne Jennings (BU) 5<sup>1</sup>8; <u>4x100/4x800</u>, Connecticut 47.7/9:23.1; <u>DT</u>, 1-Jennifer Loomis (Brown) 149<sup>1</sup>11, 2-Katrina Geurkink (UVM) 147<sup>1</sup>1; <u>1500</u>, 1-Darlene Beckford (LibAC) 4:23.3, 2-Jenny Stricker (H) 4:23.8, 3-Kate Wiley (H) 4:27.1, 4-Michele Hallett (BC) 4:27.7, 5-Mary Herlihy (LibAC) 4:29.1, 6-Jackie McKniff (Holy Cross) 4:29.9; <u>400</u>, Janice Reid (BITC) 55.4; <u>100H</u>, Sharon Danville (NBTC) 13.2, 2-Kelly Toole (NU) 14.2; <u>4x400</u>, Boston International 3:51.5; <u>3000</u>, 1-Judi St. Hilaire (AW) 9:35.6, <u>2</u>-Kathy Good (H) 9:37.5, 3-Debbie Mueller (Un) 9:42.3; <u>10000</u>, 1-Ann Hird (NBTC) 33:33.5, 2-Cathy Schiro (NH HS) 34:01.1, 3-Carolyn Booth (Brown) 34:45.1, 4-Nancy Conz (NBTC) 34:49.0; <u>Heptathlon</u>, 1-Anne Jennings (BU) 4766, 2-Lisa Heath (BU) 4699.

# **BRADLEY INV**

Peoria, Illinois, April 23: Murray State took advantage of the absence of six Illinois State athletes who were competing in the Kansas Relays and edged the Redbirds 175-160 to capture the Bradley Invitational team title. Ten teams took part.

RESULTS: Heptathlon, 1-Lemoignan (MS) 4847, 2-Dewey (Brad) 4731; <u>4x100</u>, Murray State 47.95; <u>1500</u>, Treis (IllSt) 4:44.54; <u>100H</u>, Dewey (Brad) 14.37, Lemoignan ran 14.34h, did not run final; <u>400</u>, Cooper (MS) 57.89; <u>100/200</u>, Best (MS) 11.83/24.64; <u>400H</u>, Lemoignan (MS) 63.12; <u>Scores</u>, 1-Murray State 175, 2-Illinois State 160, 3-Bradley 87, 4-Northern Iowa 83, 5-Iowa Wesleyan 20, 6-Illinois College 11, 7-Principia 8, 8-Augustana 6, 9-Monmouth 3, 10-DePaul 0.

# **DOANE RELAYS**

Crete, Nebraska, April 23: Wayne State and Midland each captured four events at the Doane College Relays. No score was kept and there were no double winners.

RESULTS: <u>HJ</u>, Tami Keller (Kearney) 5'4; <u>DT</u>, Janet Essman (Mid) 135'2; <u>JT</u>, Dixie Westcott (NWMo) 135'0; <u>SP</u>, Luann Soderling (NW) 44'10 1/2; <u>4x800/SM</u>, Midland 9:38.6/1:48.9; <u>4x100/4x200</u>, Wayne State 49.82/1:45.4.

# CENTRAL WASH. INV

Ellensburg, Washington, April 23: Central Washington's Lorna Martinson turned in the best mark at the CW Invitational when she wafted the javelin 160'11 - a PR by three inches. Kelly Keene of the home team was a triple winner in the hurdles and high jump. There were two double winners in the non-scoring meet: Julie Smith (CW) in the sprints and Glynn Ann Watt (Puget Sound) in the 800 and 1500.

RESULTS: <u>HJ/100H/400H</u>, Kelly Keene (CW) 5'2/15.94/67.1; <u>SP</u>, Colette Tompkins (Whitman) 40'1; <u>100/200</u>, Julie Smith (CW) 12.85/26.18; <u>800/1500</u>, Glynn Ann Watt (Whit) 2:21.33/4:35.67.

# CALTECH INVITATIONAL

Pasadena, California, April 23: Most excitement at the Caltech Invitational came about in the co-ed 4x440 relay with the University of Redlands winning the race in 3:51.8 over Biola. Claremont's Johnson was a double winner in the sprints.

RESULTS: <u>100/200</u>, Johnson (CMS) 12.2/26.0; <u>800</u>, Brooks (Red) 2:23.5; <u>1500</u>, Wallace (CMS) 4:58.3; <u>4x100</u>, Redlands 50.9; <u>SP</u>, Dogherty (Red) 38'0 1/4; <u>DT</u>, Zuniga (UC San Diego) 121'9; JT, Bell (Pt.Loma) 137'1; <u>HJ</u>, Robbins (CMS) 5'0.

# **RED SIMMONS INV**

Ann Arbor, Michigan, April 23: A good 10000 was the feature of the Red Simmons Invitational on the campus of the University of Michigan. The home team's Melanie Weaver won the 10k in 33:57.66 over Karen Campbell and Diane Bussa, both of whom were under 35 minutes. Other good marks were turned in by Judi Brown in the 400 hurdles and Sue Foster in the 3000.

RESULTS: 100H, 1-Kari Manns (Mich) 14.74, 2-Joanna Bullard (Mich) 14.78; 100, Lorrie Thornton (Mich) 12.69; 1-Melanie Weaver (Mich) , 2-Karen Campbell (MichSt) 10000, 33:57.66, 3-Diane Bussa (MichSt) 4-Melanie Decker (WMich) 34:54.73, 34:57.74, 35:59.07; <u>4x100</u>, Michigan 47.11; <u>1500</u>, 1-Cathy Schmidt (SagVly) 4:32.26, <del>2</del>-Sue (Which) 4-32.39, 3-Chris Sharp (WMich) 4-33.68; 200, Joyce Wilson (Mich) 25.28; 3000, 1-Sue Foster (Mich) 9:18.06, 2-Sue Schroeder (Mich) 9:23.06, 3-Kayla Skelly (WMich) 400, Brenda Kazinec (Mich) 9:49.00; 55.42; 800, 1-Anne Simon (CMich) 2:14.19, 2-Jacqui Sedwick (Michst) 2:14.24; 400H, Judi Brown (Michst) 59.64; 5000, Connie Stemplen (CMich) 17:47.23; 4x400, Michigan 3:49.81; Heptathlon, 1-Melody Middleton (Mich) with 15.9,31'0 4879 4879 With 3/4,5'7,26.59,17'6,91'11,2:27.46, 2-Becky Drake (CMich) 4798.

# NEBRASKA/OMAHA INVITATIONAL

Omaha, Nebraska, April 23: Mankato's Jeri Domes had the best mark of the Nebraska/Omaha Invitational when she won the 200 in 24.09. Only double winner was Vandora Wilson of Fort Hayes who captured the shot (44'1 1/2) and discus (137'5).

RESULTS: LJ, Cilla Rew (South Dakota) 18'3 3/4; JT, Lisa Boomsma (SDakSt) 141'8; HJ, Beth Kerschinske (Nb/O) 5'6; 5000, Kristen Asp (SDakSt) 16:54.90; 100H, Kelli Powell (Mankato) 14.99 (14.88h); 800, Tammi Wemers (SDakSt) 2:15.04; 1000, Nancy Gerske (SDakSt) 36:14.60; 100, Stephanie Farrington (Man) 12.11; 1500, 1-Laurie Geason (SDakSt) 4:38.70, 2-Linda Elsasser (Nb/O) 4:39.03, 3-Kathy Kaiser (Man) 4:39.73; 400, 1-Pat Schterheft (NWC) 56.58, 2-Lisa Mayhue (Un) 56.82; 3000, Audrey Stavrum (SDakSt) 10:13.63; 200, 1-Jeri Domes (Man) 24.09, 2-Pat Achterhoff (NWC) 24.80; <u>4x100/4x400</u>, Mankato 48.74/3:54.99.

# NAVY SINKS FOUR

Annapolis, Maryland, April 23: The Navy defeated four opponents to wind up its dual meet season with a 6-1 record. Going down to defeat this time were Georgetown, Liberty Baptist, Johns Hopkins and Maryland/Eastern Shore. Stefani Green of the Navy (both hurdles), Ann Begley of Georgetown (800 and 1500), Liberty's Gina Gibson (HJ and 200) and Carol Galloway of Eastern Shore (100/LJ) were double winners. Best mark of the day went to Georgetown's Pia Palladino who won the 3000 in 9:45.2.

RESULTS: <u>4x100</u>, UMES team of Richards, Galloway, McGrowder and Tyler in 48.5; <u>100H/400H</u>, Stefani Green (N) 15.9/61.0; <u>800/1500</u>, Ann Begley (Gtn) 2:12.6/4:42.7; <u>100/LJ</u>, Carol Galloway (UMES) 12.2/19'4 1/4; <u>400</u>, Angela Tyler (UMES) 56.2; <u>200/HJ</u>, Gina Gibson (LB) 25.6/5'3; <u>3000</u>, 1-Pia Palladino (Gtn) 9:45.2, <u>2-Marya Small</u> (Gtn) 9:52.5; <u>4x400</u>, UMES team of Galloway, McGrowder, Anderson and Tyler in 3:51.2.

# CARLETON RELAYS

Northfield, Minnesota, April 23: St. Olaf College captured the team title at the 'Carleton Relays. Macalister's Zeman was the only double winner, breaking the tape in the 3000 and 5000.

RESULTS: 10000, Linda Channer (Bethel) 37:00.9; 3000/5000, Zeman (Mac) 10:35.5/17:38.0; SP, Droster (DMLC) 40'8; HJ, Guiram (StO) 5'4; Scores, 1-St. Olaf 125, 2-Carleton 76, 3-Luther 59.

### POLY ROYAL INV

San Luis Obispo, California, April 23: Sue McNeal's leap over the bar at 5'11 was the top performance as Cal Poly staged its First Poly Royal Invitational. It was a non-scoring meet. In spite of having their big guns at the Mt. SAC Relays, the home team won every event except the javelin and long jump.

RESULTS: <u>4x100</u>, 1-SLO 48.6, 2-Fresno State 48.8; <u>SP</u>, Dana Henderson (SLO) 43'6 1/2; <u>1500</u>, Lori Lopez (SLO) 4:43.0; <u>HJ</u>, 1-Sue McNeal (SLO) 5'11, 2-Karen Kraemer (SLO) 5'9; <u>100H</u>, Cece Chandler (SLO) 14.12; <u>400</u>, Shari Ewing (SLO) 57.7; <u>100</u>, Debbie Jackson (SLO) 12.37; <u>800</u>, Jill Ellingson (SLO) 2:10.3; <u>400H</u>, Chris Dubois (SLO) 63.48; <u>DT</u>, Kathy Kahn (SLO) 131'4; <u>200</u>, Arleen Van Warmerdam (SLO) 24.55; <u>3000</u>, Leslie White (SLO) 9:54.9; <u>4x400</u>, 1-SLO team of Ewing, Ehlen, Corsiglia and Jackson in 3:55.9, 2-UCSB 3:56.6.

# **DISTRICT I HEP**

Bellingham, Washington, April 24/25: Lona Joslin of Central Washington captured the 1983 NAIA District One heptathlon with 4344 points, 77 points in front of Jennifer Schwartz (Western Washington). Joslin's best mark came in the shot where she threw 40'3.

RESULTS, 1-Lona Joslin (CWa) 4344, 2-Jennifer Schwartz (WWa) 4267, 3-Wendy Malich (WWa) 4110, 4-Lisa Carlson (CWa) 3968.

# ARNIE PELLUER

April 29: University of Idaho captured seven firsts at the Arnie Pelluer Invitational, two more than Bellevue City College. Bellevue's Roade was the only double winner annexing the two sprints.

RESULTS: <u>100H</u>, Annette Helling (Id) 14.8; <u>4x100</u>, Bellevue 47.79; <u>HJ</u>, Kelly Keene (CWa) 5'4; <u>1500</u>, 1-Crang (Id) 4:29.1, 2-Bridget Devens (BCC) 4:37.5; <u>100/200</u>, Roade (BCC) 12.18/24.58; <u>3000</u>, Voss (Id) 10:00.15; <u>DT</u>, 1-Diane Biddell (Seattle Pac) 143<sup>1</sup>2, 2-Carol Ungar (Spokane CC) 140'4; <u>4x440</u>, Bellevue 3:49.77; <u>800</u>, Ann Phillips (Club NW) 2:14.14; <u>400</u>, Ryan (Id) 56.49; <u>SP</u>, Julie Helbling (Id) 43'3; <u>JT</u>, 1-Mylissa Coleman (Id) 154'7, 2-Sherri Schoenorn (Id) 147'1.

# **BECKY BOONE RELAYS**

Richmond, Kentucky, April 29-30: Eastern Kentucky outscored 24 other institutions to win the team title at the Annual Becky Boone Relays. Best marks came in the 400m hurdles, 3000 and the 4x100 by Tennessee State, although one can't be too certain of the times over the distance races as timers clocked the runners a-la-cross country.

RESULTS: 3000, 1-Maureen Cogan (Ohio State) 9:29.10, 2-Kim Bird (ETn) 9:38.97, 3-Marianne Ostbye (EKy) 9:50.81; <u>SMed</u>, 1-Tennessee State team of Fort, Adams, Frazier and Vanzant in 1:44.97, 2-Eastern Kentucky 1:45.69; 5000, 1-Kim Bird (ETn) 16:56.0, 2-Kayla 
 Solo
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 <thComm 24.75, 1-Barbara Frazier (TnSt) 2-Jackie Vanzant (TnSt) 24.90; 800. Kathy Williams (Ohio U) 2:12.6; 10000, 1-Marge Hutzel (Ohio U) 37:12.0, 2-Gina Sperry (EIll) 37:16.0; HJ, Erlisha Owin Sperry (EI11) 37:10.0; HJ, EFILISHA OWIN (II1St) 5'5; DT, 1-Liz Polyak (Ky) 149'10, 2-Nadine Cox (OhioSt) 145'5; 100, 1-Rose Gilmore (EKy) 11.90, 2-Wanda Fort (ThSt) 12.00; <u>4x100</u>, 1-Tennessee State team of Fort, Vanzant, Adams and Frazier in 45.61, 2-Dittorn Ventucky 46.56, 3-Ohio 2-Eastern Kentucky 46.56, 3-Ohio University 47.90; <u>SP</u>, 1-Jody Riedel (Kent St) 47'3, 2-Liz Polyak (Ky) 44'5; <u>100H</u>, 1-Kathy Klaehn (Ky) 15.0 (14.450s), 2-Barbara Scott (Al) 15.3 (14.44s)....4-Kim Willis (OhioSt) 15.4 (14.63s), 5-Gina Tempro (EMich) 15.45 (14.70s); <u>400</u>, Lillie Leatherwood (Al) 54.75; <u>400H</u>, 1-Maria Shoup (WMich) 2-Selina Christian (Ohio U) 60.80, 60.85; <u>Heptathlon</u>, 1-Becky Drake (CMich) 4642, 2-Sharon Pfister (WVa) 4570; <u>4x400</u>, 1-Ohio University team of Burke, Dukes, Christian and Williams in 3:53.50, 2-Eastern Kentucky 3:53.55; Scores, 1-Eastern Kentucky 74, 2-Ohio University 71, 3-Tennessee State 56, 5-0hio State 52, Michigan 43, 7-Foot-4-Alabama 6-Western Michigan 40, 8-Central Michigan 36, 9-Kentucky 31, 10-Kent State 28. 11-Illinois State and West Virginia 23, 13-Bowling Green 22, 14-Eastern Illinois 20, 15-East Tennessee 19, 16-Ball State 11, 17-Miami (Ohio) 10,

# **OXY WINS**

Redlands, California, April 29/30: Occidental College successfully defended its SCIAC title at the Conference Championships. There were two double winners. Lawson of the champions won the long jump and shot and Johnson of Claremont-Scripps-Mudd captured the two sprints.

RESULTS: <u>100/200</u>, Johnson (CMS) 12.2/26.14; <u>LJ/SP</u>, Lawson (0) 17'0/40'8 1/2; <u>1500</u>, Joyce (0) 4:43.48; <u>JT</u>, Ferguson (PP) 125'11; <u>DT</u>, 1-McIntyre (PP) 139'7, 2-Howe (PP) 131'2; <u>Scores</u>, 1-Occidental 162, 2-Redlands 101, 3-CMS 82, 4-Pomona-Pitzer 61, 5-LaVerne and Caltech 5, 7-Whittier 8.

# "LAST CHANCE" MEET

Harrisonburg, Virginia, April 30: James Madison staged a "Last Chance" Qualifying Meet and home towner Suzie Shreckhise performed best of all. Shreckhise copped the 400 hurdles in an NCAA qualifying time of 60.3 then returned to win the 800 in 2:17.2. Appalachian State's Pricilla Coleman won both sprints in fair time, but the races were wind-aided. The 100 hurdles was an exciting affair with the first three all clocked at 14.5 legal.

RESULTS: LJ, 1-Gina Gibson (LibBap) 19'11w, 2-Beverly Coleman (App) 19'3 1/4w; HJ, 1-Beverly Coleman (App) 5'6 1/4, 2-Sylvia Mall (JM) 5'6 1/4; <u>Hept</u>, Blair Davenport (Mary Washington) 4299; <u>400H</u>, 1-Suzie Shreckhise (JM) 60.3, 2-Stephanie Green (Navy) 61.7; <u>4x100</u>, Appalachian State 48.3; <u>100H</u>, 1-Sharon Suggs (App) 14.5, 2-Lisa Diggs (JM) 14.5, 3-Kim Mathis (App) 14.5; <u>1500</u>, LuAnn Buntrock (Un) 4:48.8; <u>100</u>, 1-Pricilla Coleman (App) 11.7w, 2-Christy Hunter (App) 11.7w; <u>200</u>, Cindy Slagle (JM) 10:23.3.

#### WASHINGTON WINS

Seattle, Washington, April 30: The University of Washington kept its string of wins over cross-State rival Washington State University intact here today with an easy 77-32 win over the Cougars. The winners won all but two events and provided the best performances.

Best event of the day was the 1500 which saw Susan Gregg whip twin sister Sandra plus teammate Regina Joyce. Gregg clocked a PR of 4:22.76 to 4:23.68 for Joyce and 4:23.69 for sister Sandra. Dianne Baumann cleared 5'10 1/4 in the high jump for another good mark. There were no double winners.

RESULTS: JT, Lisa Torrison (Wa) 142'2; SP, 1-Debbie Lombardi (WS) 46'1 1/2, 2-Jackie Henry (Wa) 45'10 3/4; 4x100, Washington team of Richardson, Forward, Davis and Dennis in 47.24; 800, 1-Sandra Gregg (Wa) 2:12.81...3-Regina Joyce (Wa) 2:14.78; DT, Jackie Henry (Wa) 137'1; 200, Donna Dennis (Wa) 24.62; 3000, 1-Leanne Buckley (Wa) 9:49.0, 2-Kari Janassen (WS) 9:52.9; LJ, Sandy Heinrich (WS) 18'5 1/4.

# USC QUALIFYING MEET

Los Angeles, California, April 30: The University of Southern California staged a "Last Chance Qualifying Meet" and with only a couple of exceptions, nothing came of the attempts. Jackie Pusey (LATC) won the 100 in 11.4, just ahead of unattached Andralette Gill (11.4) and Leleith Hodges (11.5). Michelle Hopper had her season best over 800 in 2:07.72 to beat out Taiwan's Lai Lih-Jiau (2:08.81). Melissa Martel (UCSB) ran 4:26.82 for 1500 meters, but she has a better 1983 mark. Chandra Roberts (CSLB) was a double winner with good marks at 5'9 1/4 in the high jump and 19'8 1/4 in the long jump, just edging USC's heptathlete Debra Larsen who also recorded 19'8 1/4.

RESULTS: JT, 1-Joanne Davis (UCSB) 145'9, 2-Deena Bernstein (CA) 143'9; <u>SP</u>, Sharon Hamilton (CSB) 46'10 1/2; <u>4x100</u>, LATC 46.29; <u>400</u>, 1-Roberta Belle (LATC) 55.2, 2-Deann Gutowski (LAM) 56.5; <u>200</u>, 1-Leleith Hodges (LATC) 24.1, 2-Rosalyn Bryant (LATC) 24.6.

# **BUCKNELL INV**

Lewisburg, Pennsylvania, April 30: There were two double winners at the Bucknell Invitational which drew entries from four schools. West Chester's Crystal Hayes had a strange double in the sprints zipping to a quite swift 11.4 in the century but winning the 200 in a pedestrian 26.44. Other double winner was Bucknell's Lonnie Fertik who captured the 100 hurdles in 15.3 and the high jump at 5'5 3/4. Rain played havoc with the performances.

# **OREGON NIPS SLO**

By Lester B. Hansen

Eugene, Oregon, April 30: Until today, no team from any division would meet Cal Poly/San Luis Obispo in a dual meet. Now Coach Lance Harter knows why. Oregon, powerful Division I Oregon, had to win the final event, the mile relay, to defeat the Division II champions 64-58. The Ducks led by a single point going into that event.

Oregon coach Tom Heinonen was looking for some strong dual meet competition and felt the Mustangs were certainly the class of the field available for April 30th, and the meet was on. Heinonen admits to having second thoughts almost immediately. It has been two years since a Division I team took the bait and met Cal Poly...and paid the price. California took on the Mustangs and SLO won going away.

The Ducks have been troubled with injuries throughout the season, and added to the scratch list for this meet were TAC champion javelin thrower Linda Hughes (elbow injury), high jumper Shari Collins (stress fracture) and sprinter Grace Bakari (Achilles tendon surgery). Cal Poly was without their best sprinter, Tamala Holland, sidelined with a sore hamstring, and distance standout Amy Harper, although competeing in the 1500, was battling a flu virus.



QUENNA BEASLEY won the shot (50'8 1/4) and the discus (174'3) for Oregon against Cal Poly/San Luis Obispo. (Bill Leung photo)

Hayward Field in Eugene was doused with sunshine for a change, moderate temperature, light winds.

Cal Poly workhorse Janet Yarbrough opened the proceedings with a win in the long jump (20'0 1/4), and spent the rest of the afternoon winning the 100m hurdles (13.62), the 100m (11.86), taking second in the 200m (24.73 behind teammate Arleen VanWarmerdam, 24.30), and running a leg on the 4x100 relay which was disqualified. Van Warmerdam also won the 400 in a PR 54.27. The Mustangs got a win in the high jump from Sue McNeal (5'10).

Oregon had the crowd and the gauntlet. They began by sweeping the javelin with PR's from both winner Roz Rouse (179'1) and #2 Julie Vobora (165'0). Karen Martin grabbed third on her final throw (155'10). Constantly improving Quenna Beasley got a double win for the Ducks: 50'8 1/4 in the shot and a new Oregon record of 174'3 in the disc.

In the 1500, Oregon freshman Kim Roth ran to a PR of 4:20.43; Lexie Miller Beck won the 400 hurdles (58.98), and the Ducks swept the 5000.

The outstanding individual performance of the day came in the 5009 from Oregon's Kathy Hayes. Running lonely against the clock, Hayes was timed in a new Collegiate Record of 15:33.51, erasing the old mark of 15:55.52 set back in 1978 by Kathy Mills of Penn State.

Going into the mile relay: Oregon 59, Cal Poly 58. The Ducks jumped to an early lead and hung on to win the meet 64-58.

RESULTS: LJ, Janet Yarbrough (CP) 20'0 1/4; JT, 1-Roz Rouse (Ore) 179'1, 2-Julie Vobora (Ore) 165'0, 3-Karen Martin (Ore) 155'10; 5000, 1-Kathy Hayes (Ore) 15:33.51, 2-Lisa Martin (Ore) 16:08.81, 3-Rosa Gutierrez (Ore) 16:22.08; 4x100, Cal Poly disgualified, Oregon did not finish; 1500, 1-Kim Roth (Ore) 4:20.43, 2-Amy Harper (CP) 4:24.15, 3-Claudette Groenendaal (Ore)

# HIGH SCHOOL TRACK BY RICH EDE

# RUTGERS-ADIDAS RELAYS

Rutgers, NJ--April 21: It was the Rutgers RELAYS all right. Meg Waldron ran a 4:54.4 1600 leg to lead Bernards to a 12:02.6 win in the distance medley. Sixth place was 12:33.3 but Waldron was 18 seconds in front of second. The 1600 relay belonged to Hempstead, NY in a nation-leading 3:50.0.

Results: HJ--Tracey Young (Union, NJ) 5'7-3/4"; LJ--Claire Conner (Rahway) 19'0-3/4"; LJ--Claire Conner (Rahway) 19'0-3/4"; SP/DT-- Karen Anderson (Toms River East) 39'10"/141'3"; JT--Audra Corsin (Honmouth Regional) 132'2"; 400R--Hempstead, NY 48.6; 1600R--Hempstead, NY 3:50.0, 2. Columbia, NJ 3:52.5, 3. Chester, Pa 3:55.7, 4. Mt.Vernon, NY 3:57.4, 5. Plainfield, NJ 3:57.4, 6. Padua, Del 3:58.0; 3200R--Vailsburg 9:36.0, 2. Shabazz 9:36.4, 3. Plainfield 9:46.5, Kearney 9:47.8; DMR-- Bernards 12:02.6, 2. Rutland, Vt 12:20.5, 3. Lepham (Bellmore, NY)

12:24.0, 4. Columbia 12:26.5, 5. Perkiomen Valley, Pa 12:31.7, 6. Nanuet, NY 12:33.3.

### OREGON/SLO (CONTINUED)

4:26.08; <u>SP</u>, 1-Quenna Beasley (Ore) 50'8 1/4, 2-Dana Henderson (CP) 45'5 3/4; <u>100H</u>, 1-Janet Yarbrough (CP) 13.62, 2-Lexie Beck (Ore) 13.79, 3-Cece Chandler (CP) 14.07; <u>400</u>, Arlene Yarbrough (CP) 11.86, 2-Cece Chandler (CP) 12.2; <u>800</u>, Ranza Clark (Ore) 2:08.03; <u>HJ</u>, Sue McNeal (CP) 5'10; <u>400H</u>, 1-Lexie Beck (Ore) 58.98, 2-Lisa Micholson (Ore) 61.97; <u>DT</u>, 1-Quenna Beasley (Ore) 174'3, 2-Kathý Kahn (CP) 139'4; <u>200</u>, 1-Arleen VanWarmerdam (CP) 24.30, 2-Janet Yarbrough (CP) 24.73; <u>4x440</u>, 1-Oregon 3:45.99, 2-Cal Poly 3:51.06.

# CAL POLY/POMONA 5-WAYER

Pomona, California, April 30: Cal State Northridge and host team Cal Poly/Pomona grabbed off most of the first places in a non-scoring meet which also included UC Irvine, UC Riverside and Azusa Pacific. Lark of Northridge was the only double winner taking both dashes.

RESULTS: <u>HJ</u>, Beatty (P) 5'4; <u>4x100</u>, 1-Northridge 47.23, 2-UC Irvine 48.26; <u>1500</u>, Gonzales (UCI) 4:33.98; <u>JT</u>, Giacomazzi (AP) 140'11; <u>SP</u>, wren (P) 42'8; <u>800</u>, Alldred (N) 2:14.75.

#### KANSAS RELAYS

Lawrence, Kans--April 20-23; Monique Robinson and waren Brown (John Marshall) finished 1-2 in the 100 (11.73 & 11.82), then ran the 2-3 legs on their mile relay (3:53.88) as the outstanding performers in the kansas Relays. Wendy Kelly (Shawnee Mission Northwest) claimed both hurdles almost without competition (14.91 and 44.2). Results: 100--Monique Robinson (John Marshall) 11.73, 2. Karen Brown (Marshall) 11.82, 3. Nikki Nolan (Norman) 12.10, 4. Susan Samuels (Fittsburg) 12.21; Eile-Anne Stadler (East/Shawnee Mission) 4:57.22; 2Mi--Alysun Deckert (Salina South) 10:48.0; 100mH--Wendy kelly (Northwest/ Sh) 14.91; 300mH--Kelly 44.2, 2. Stephanie Reed (Washburn Rural) 46.2; MiR--warshall 3:53.88 (3:54.38ht); 2MiR--Shawnee Mission East 9:39.0, 2. Ottawa 9:54.6; DI-Jast 9:59.0, 2. (North/ Sh) 136'3", 2. kelly Abernathy (ht. Carmel/ Kapaun) 133'5"; HJ--kathy mcGroder (North/ Sh) 5'3"; LJ--Ella Llovd (marshall) 17'7".

# CLAREMONT INVITATIONAL

Claremont, Ca--May 7: raye Robinson (La ruente) continued her domination of short sprints, claiming both 100 and 200 (12.29W/ 25.20) again here on curshed brick instead of Mt.SAC's urethane. Wilson (Hacienda heights) won the shuttle hurdles in 70.17, despite a fall by anchor runner Noelle williams. The same squad ran 64 seconds at Mt.SAC but was disqualified. Field athlete of the meet was Camille Robertson of Redlands with a 36'6-1/4" in the triple jump in only her third week at the event.

Results: 100--raye Robinson (La ruente) 12.29w; 200--Robinson 25.20, 2. leresa Loughlin (Redlands) 26.08, 5. Karen Furnell (Westchester/L.A.) 26.17; 400--Noelle Williams (Wilson/ Hacienda Heights) 61.00; 800-- Katie Manning (Louisville/ Woodland Hills 2:21.88; special 800--Trescia ralmer (Westchester) 2:13.52; 1500--Leon Saraceno (Louisville) 5:05.9; 3000-delaCruz (Roosevelt/ Gina L.A.) 12:00.0; 300H-Lisa Nichols (Jorsey/ L.A.) 47.63, 2. N. Williams 47.70; 440h--banning (L.A.) 50.74; 880medR--Westchester 1:49.1ht; MileR--Westchester 4:06.89; 2MiR--Louisville 10:03.7; Lmk--Redlands 13:12.8; SmR--Wilson 70.17 (anchor fell); HJ--Elisa Cooks (Wilson) 5'7"; LJ-- Blaire bates (Glendora) 17'0"; IJ-- Camille Robertson (Redlands) 36'6-1/4"; Jr-ram Alexander (Arlington/ Riverside) 41'9-1/4"; LT--Celeste Faquette (Hancho Alamitos/ Garden Grove) 118'0"; rent--Cheri Slaten (Loreno Valley/ Sunnymead) 3093, 2. Joy Smith (LV) 2693, 3. Bates 2691; leam-- 1. hancho alamitos 73, 2. Redlands 69, 3. Glendora tt.

### **MT. SAC RELAYS**

Walnut, Ca--April 23: Gayle Kellon (Walnut) took her 300mH specialty in 42.2 and the open 400 in 53.4, Faye Robinson (La Fuente) copped both short (12.16/24.51), and Natalie sprints (Fullerton) took both throws kaajawahja (51'5"/168'8") as form was followed and national lists got rewritten on At.SAC's urethane surface. Compton's 1600R team blazed 3:50.85 and Foothill (Tustin) went 9:10.70 in the 3200R for other national bests. The presence of the Australian national junior team spiced the entries. A.(?) Lyons won the 1500 (4:25.9) and claimed third in the 800 (2:12.79) behind soph werry Zaleski (Hillikan/ Long Beach 2:08.75) veteran Sharon and Yaninek (rresentation/ San Jose 2:11.13). Results: 100--Faye Robinson (La Puente) 12.16, 2. kim Grant (Hawthorne, soph) 12.19; 200--Robinson 24.51, 2. Rogers (University/ Irvine) 25.01, 3. Culliver (Locke/L.A.) 25.12, 4. Allen (Locke/L.A.) 25.12, (Hawthorne) 25.20; 400--Gayle kellon (Walnut) 53.4, 2. Michelle Taylor (Ganesha/ Pomona) 55.0, 3. Anighton (Locke) 55.3; 800--merry Zaleski (Millikan/ Long Beach) 2:08.75, 2. Sharon Yaninek (Presentation/ San Jose) 2:11.13, 3. Lyons (Australia) 2:12.79, 4. Fratt (Edison/ Huntington Beh) 2:13.67, 5. Carina Quesada (St. Lucy's/ Glendora) 2:13.95, 6. Cook (Reno) Glendora) 2:13.95, 6. Cook (Reno) 2:14.66; 1500--Lyons 4:25.9, 2. Tanya rischer (Chaminade/ Canoga Fark) 4:31.28, 3. McCracken (Westminster) 4:39.03, 4. Walton (Aust) 4:42.68, 5. Chavez (Lincoln/L.A.) 4:44.23, Janine Walther (Chatsworth) 4:44 6. Walther (Chatsworth) 4:44.6; 100H--nnighton (Locke/ L.A.) 14.40300H-- 1. kellon 42.2, 2. MaryAnn Bullard (Lsperanza/Anaheim) 44.7; LJ--Humphreys (Beverly Hills) 18'2-1/4"; HJ--Elyse Cooks (Wilson/ Hacienda Hts) 5'8", 2. Byrd (Reno) (Fresentation/ San Jose) 135'6"; SF-naaiawahia 51'5", 2. Pan Alexander 

 (Arlington/
 Riverside)
 40'3";

 400R--hawthorne
 47.42,
 2.

 48.05;
 800k--hawthorne
 1:39.80,

 2.
 compton

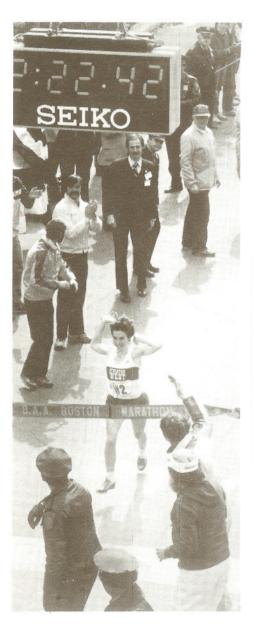
 (Fasadena) 1:43.80; 1600R-- Compton 3:50.85, 2. Edison 3:52.65, 3. Esperanza 3:56.94, 4. Arroyo Grande 3:57.77, 5. Ganesha 3:57.65, (kace 2) Millikan 3:56.31; 3200R-roothill (Tustin) 9:10.70, 2. Compton 9:26.93, 3. Hawthorne 9:34.50, 4. rountain Valley 9:42.5, 5. Los Gatos 9:48.24, 6. Upland y 55.65, 7. Edison (Huntington Beach) 9:57.1; Shk--rountain Valley

b7.02, 2. danesha (romona) b7.67, 5. Hillikan (Long Beach) b9.22; DER--UNIVERSITY (Irvine) 12:21.1, 2. Louisville (Woodland Hills) 12:23.0, 3. Esperanza (Anaheim) 12:25.5;





# ON THE ROAD AGAIN By Jack Welch



JOAN BENOIT breaks world record for the marathon as she wins the Boston Marathon in 2:22:42. (Jeff Johnson photo) No big head here. When you last tuned in, I had just made a most audacious prognostication regarding the winners of the 1983 BAA Marathon (Boston, April 18). As you remember, I predicted Greg Meyer and Eleanor Simonsick. Ah, such accuracy. Meyer, of course, won rather easily, establishing a course record of 2:09 flat. Simonsick probably would have won, if she had entered and Joan Benoit had not. Miss Benoit – actually, not all that close of a friend of mine – virtually guaranteed me, personally, that she would not participate in this year's race. Apparently, she changed her mind.

Benoit, the 25-year-old coach at Boston University, appeared in Hopkinton intent on breaking the world record (2:25:29) jointly held by Allison Roe and Grete Waitz. Waitz had tied the

Benoit's 2:22:43 Marathon (From Joe Henderson's "Running Commentary"):

"For what it's worth. Joan Benoit's 2:22:43 may have been the greatest Boston performance ever, by man or woman. Consider this:

\*She improved the course record by 2.7 percent. If someone did that to Alberto Salazar's Boston mark, he would run 2:06:00!

\*Benoit7s time would have beaten everyone in nine of every ten US races last year, including TAC's Nationals.

\*She would have qualified for the men's Olympic Trials in 1976.

\*She brought the women's mark within 15 minutes of the men's. Fifteen years ago, the difference was almost an hour.

\*She would have won the Boston Marathon (men) as recently as 1962, led every Olympics before 1960 and held the world record in the 1940's.

Benoit averaged 5:27 miles - or put another way, four back-to-back 10-K's of 33:46. She ran the first 10 miles (51:38) at slightly better than 5:10 pace, the second 10 (she reached 20 miles in 1:46:44) at 5:30 pace and the last 10-K at 5:47 pace. Joan's first half passed in 1:08:23, and she came home in 1:14:20.

To put these incredible times into perspective, think how few women have even run one 10-K, 10-miler or half-marathon this fast." mark at the London Marathon the previous day. Just to make things more interesting, Roe was in Boston rather hopeful of re-establishing her pre-emminence. She need not have bothered.

2:22:43 is the new world record for the marathon by a woman. Oh, what a woman! Benoit blitzed the first 10k in 31:50, and never looked back. She passed 10 miles in 51:38, and went past the halfway point in 1:08:23. Obviously, all of Benoit's long splits bettered existing standards. It was quite a performance.

You may hear some discussion of the salubrious conditions which accompanied Benoit's ccomplishment cloudy skies with temperatures in the 40's...a 15 mph tailwind most of the way. Okay, optimal weather, but Benoit still had to move her legs 26 miles 385 yards. And she prepared for her Boston effort by standing in the same chill Saturday afternoon coaching her BU squad through a track meet. The kids still came first.

Coming along ever so far back in second place was Jacqueline Gareau, breaking the 2 1/2 hour mark for the first time with 2:29:27. Almost 7 minutes back of the winner. Almost inconceivable.

Mary Shea placed third at 2:33:23 with Karen Dunn (2:33:35), Sue King (2:33:52) and Jane Wipf Logan (2:37:18) following. Karen Cossaboon-Holm (2:37:51), Mindy Ireland (2:39:05) and Maria Trujillo (2:39:51) all broke 2:40. Kim Burns logged a 2:42:09 to round out the top 10. Roe dropped out at 17 miles with a severe cramp in her leg.

The London Marathon (April 17) also had a world best, 2 runners below 2 1/2 hours and perhaps a deeper field. 10th place here went to Paula Welch at 2:39:29. Waitz got her equal best queen for a day - at 2:25:29 while New Zealand's Mary O'Connor became the newest member of the exclusinve sub-150 minutes sorority with a time of 2:28:19.

Glynis Penny earned third at 2:36:22, just one second ahead of Hungarian K. Szabo. Jillian Colwell of Australia crossed in 5th at 2:37:12, with both Ladanyi and Nagle given the same time of 2:37:42. Kathryn Binns (2:38:11) finished a full minute ahead of Rowell in 9th.

Only seven women were invited to participate in the by-invitation-only soiree known as the Rotterdam Marathon (Netherlands, April 9). Rosa Mota was the fastest in 2:32:27.

Moving away from the big-time, big-town, big-distances, we'll go to that capital of democracy, porkbarrels and pundits, Washington, D.C. 24-year-old Eleanor Simonsick broke the course record at the Cherry Blossom 10 Miler (March 27) by over 1 1/2 minutes clocking 53:46. Suzanne Girard, a junior at Georgetown University, was the runnerup in 54:13.

Allison Roe prepped for her Boston Marathon effort by winning the Milk Run 10k in that city (April 10) in 33:07. That same day Regina Joyce captured the TAC 10k Nationals (Albany, NY) crossing the finish line at 33:52. First American, Judi St. Hilaire placed second in 33:44, trailed by Ann Hird (33:52), Jacqueline Gareau (34:01) and Laurie Binder (34:02).

No one minds if I interject a little cross country, do they? I would loathe to violate someone else's turf. Margaret Groos traveled to San Vittore Olona, Italy (March 27) to participate in the prestigious 51st Cinque Milini (5 Mills). Groos covered the 4 kilometers in 18:19, nine seconds ahead of Agnese Possamai (Italy). Mary O'Connor was 4th at 18:47.

Back on the hardtop, Kiwi star Anne Audain did nothing unusual for her by winning a 10k in Little Rock, Arkansas (April 2) in 32:50. Maybe it is out of the ordinary for the New Zealander to do that in Arkansas.

Karen Dunn, the University of New Hampshire junior, toured the New Jersey Ten Miler (Cherry Hill, March 20) in a course record 55:34. Judi St. Hilaire placed 2nd in 56:10 ahead of Kare Cossaboon-Holm (56:42) and Jan Yerkes (57:58). A friend of mine, Susan Hughes - she's also a friend of Hughes Benoit's - placed 7th in 59:12.

Christine Rose, Nick's beauteous spouse, won her third consecutive title at the City Run 10k in a PR 35:14. There is some suggestion that the race - which may have occured in Louisville, Kentucky, in late March maybe - was long.

On a definitely acurate course, Marilyn Matthews won the Pear Blossom Run (Medford, Oregon, April 10), covering 20k in 1:12:58.

"I said, 'If she's going to win it this time, she was going to have to run for it'," explained Kitty Consolo after the 10th Chopperthon. Schenectady-to-Albany, NY, March 20. "She" was Jane Welzel, the defending champion who had beaten Consolo last year by nearly 5 minutes. Welzel did



28-year-old NANCY DITZ of Menlo Park, Ca, wins the First Annual Avon 15-K race iin San Francisco on 10 April. Nearly 1000 runners competed in the race which started and finished in Golden Gate Park. (Ken Lee photo)

have to run for it, as Consolo caught her at 6, 12 and 16 miles, before Jane finally pulled away. Her 30k time of 1:50:59 put her just 20 seconds ahead of Consolo. There's something positive to be said for the revenge motive.

And that is one reason I have ceased my spurious attacks on my sainted editor, Vince Reel. I am convinced - despite his valiant, sometimes successful, struggle against senility, - that even so marvelous a human being as is he, can only endure so much abuse without lashing back. Since I am without lashing back. Since I am without fault, he would be forced to conjure a fabricated inability and would look much the less for such an effort. I shall say no more. (Thank God - SEVR)

P.S. Joan Benoit, you're incredible!



# MT. SAC JC RESULTS

(Cerritos) 140'7; 100H, Hunter (WLA) 14.06w; <u>3000</u>, Landans (Mira Costa) 10:02.6; <u>1500</u>, Meighan (El Camino) 4:46.4; <u>SP/DT</u>, Clements (Saddleback) 49'1/157'11; 4x400, Mt. San Antonio 3:46.29.

### TOP 20 OUTDOOR MARKS

Marks received to 8 May:

+=Not a US Citizen h-Made in trial heat a=Made in quarter final s-Made in semi final HeMade in heptathlon t=Tie Q-Made in qualifying round ¶=Internediate time

		. <u>69) (*</u> =Hand time +0.24)
11.11h		+Merlene Ottey (Nb/Jam)
11.22	(1)	
11.24		Gwen Loud (Hawaii)
11.28	(1)	Randy Givens (Fl.St)
11.34*	(1)	+Angela Williams (NMHS/Tri)
11.34*	(1)	+Jennifer Inniss (CSLA/Guy)
11.43	(1)	+Marita Payne (Fl.St/Can)
11.43h	(2)	Brenda Cliette (F1St)
11.44*	(1)	Chandra Cheeseborough (AW)
11.44*	(1)	Benita Fitzgerald (Tenn)
11.44*	(2)	+Jackie Rusey (LAIC/Jam)
11.44*	(3)	Lisa Hopkins (LAIC)
11.48	(1)	Janette Bolden (UCLA)
11.50	(1)	Michelle Glover (Hauston)
11.50	(1)	Angela Thacker (Nebraska)
11.52	(1)	Diane Williams (CSLA)
11.52	(1)	+Grace Jackson (Atoms/Jam)
11.52	(2)	Florence Griffith (UIA)
11.54*	(1)	Alicia McOpen (Wichita St)
11.56	(2)	Sandra Howard (LAIC)
11.56	(2)	Barbara Bell (New Mexico)
200 Matain	122	00) (*Jand time (0.24)
200 Meters		99) (*=Hand time +0.24)
22.14*	(1)	+Merlene Ottey (Nb/Jam)
22.14* 22.75	(1)	+Merlene Ottey (No/Jam) Chandra Cheeseborcuch (AW)
22.14* 22.75 23.04*	(1) (1) (1)	+Merlene Ottey (Nb/Jam) Chandra Cheeseborough (AW) Randy Givens (Fl.State)
22.14* 22.75 23.04* 23.24*	(1) (1) (1) (1)	+Merlene Ottey (No/Jam) Chandra Cheeseborough (AW) Randy Givens (Fl.State) Benita Fitzgerald (Tenn)
22.14* 22.75 23.04* 23.24* 23.36	(1) (1) (1) (1) (1)	+Merlene Ottey (Nb/Jam) Onandra Cheesekorough (Aw) Randy Givens (Fl.State) Benita Fitzgerald (Tem) +Jackie Pusey (LATC/Jam)
22.14* 22.75 23.04* 23.24* 23.36 23.44*	<ul> <li>(1)</li> <li>(1)</li> <li>(1)</li> <li>(1)</li> <li>(1)</li> <li>(2)</li> </ul>	+Merlene Ottey (Nb/Jam) Chandra Cheesekorough (AW) Randy Givens (Fl.State) Benita Fitzgerald (Tlern) +Jackie Rusey (LATC/Jam) +Veronica Findley (Th/Jam)
22.14* 22.75 23.04* 23.24* 23.36 23.44* 23.54*	<ol> <li>(1)</li> <li>(1)</li> <li>(1)</li> <li>(1)</li> <li>(2)</li> <li>(3)</li> </ol>	+Merlene Ottey (Nb/Jam) Chardra Cheeseborough (AW) Rardy Givens (Fl.State) Benita Fitzgerald (Tern) +Jackie Russy (LATC/Jam) +Veronica Findley (Th/Jam) Brenda Cliette (Fl.State)
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400 Meters	(53	.99) (*=Hand time +0.14)
51.45	(1)	+Merlene Ottey (Nb/Jam)
51.82	(2)	+Cathy Rattray ('Ih/Jam)
52.54*	(1)	+Marita Payne (Fl.St/Can)
52.74*	(1)	Denean Howard (CSLA)
53.04*	(1)	Lori McCauley (Rutgers)
53.06	(1)	Easter Gabriel (PV)
53.10	(3)	Kelia Bolton (Ternessee)
53.19	(1)	+Chamaine Crocks (UIEP/Can)
53,24*	(1)	Delphinia Banks (CS Hayward)
53.25	(1)	Florence Griffith (UIA) ·
53.30	(2)	Merry Johnson (MetStr)
53.31	(4)	Terry Tumer (Texas)
53.36	(1)	+Ruth Waithera (Az/Ken)
53.41	(1)	Annette Campbell (Oklahoma)
53.44*	(3)	Robin Campbell (Stanford TC)
53,44	(1)	Grace Jackson (Atoms)
53.44*	(1)	Jackson (Morgan St.)
53.45	(3)	Lisa Sparks (Arkansas)
53.48	(2)	+Jackie Rusey (LAIC/Jam)
53.54*	(1)	Gayle Kellon (Cal HS)

Continued on Page 30

# TORI NEUBAUER

#### By Kennan Timm and Kate Rice

Tori Neubauer, a 21-year-old junior at the University of Wisconsin/La Crosse, achieves the goals she sets for herself.

"She had a goal of being Conference champion in the indoor mile and two mile. She got that," says Gary Wilson, UW-L men's and women's track co-ordinator and women's cross country coach.

"She wanted to win the two mile at the NAIA Indoor Nationals and set a record and she did that," adds Wilson. Her time was 10:22.21, which broke the record of 10:37.37 she had set in the preliminaries the night before.

Neubauer also ran on the UW-L distance medley relay team at the NAIA Nationals. The foursome not only won the event, but set a record of 12:09.55, eclipsing the previous record by 32 seconds.

Last fall Neubauer won the NCAA Division III regional cross country meet, setting a new course record with a time of 16:53.8. She won the Division III National cross country meet, missing the women's championship record by three seconds with her time of 18:45. A mere 36 hours later, she traveled from Fredonia, NY, to Bloomington, Indiana, to compete in the NCAA Division I Cross Country Championships.

She was running with "the so-called big girls," says Wilson.

"Her goal was to be in the top 50," remembers Wilson. "She ran it on the button," he says, by placing 50th.

Neubauer's running career got off to less than a stellar start as a freshman at Oshkosh Noth High School in Wisconsin.

"I first started running cross country when I was a junior in high school. I ran track when I was a freshman. I was a sprinter", she says.

"In the winter of my sophomore year when it got too cold to run outside, I started running at the YMCA. That's when a man named David Werner pointed out to me that I had natural ability to be a distance runner and that I should work on it."

Werner, a runner himself, is the father of an All-American track runner. Neubauer first started running

because she wanted to do well in the Presidential Fitness Award Program.

"Then I guess I just got addicted to it. So my philosophy now is a lot different because of what I've achieved and all the rewards I've gained from it. I feel better about myself, I have a better attitude about life. Physically I'm in a lot better shape than when I first started out. And I think I'm a lot stronger mentally. I don't blow up on little things. I can handle stress a lot easier."

Her addiction to running has earned her the honor of being among the five finalists for the Broderick Award which is given annually to the most outstanding athlete in women's cross countr in the USA.

What's a runner who has won three national championships doing at a non-scholarship school like La Crosse? UW-L's athletic and academic programs brought her here.

"It was mostly the coaching and the program and the philosophies here. A close-knit team where people help each other out and you can go and talk to anybody at any time and the coach understands because he's not only your coach but also your friend."

The UW-L men's and women's cross country and track teams have the largest team membership of any college in the country. Participation and non-pressure are part of the philosophy of La Crosse track. The program is based on the premise that scholastic excellence comes first and running comes second. The UW-L team was national track champion in AIAW Division III in 1981-82.

"We want every athlete to come out of La Crosse with an excellent education and a desire to run for the rest of their lives," says Wilson.

He has a tentative ten-year plan for Neubauer.

"He's allowing me to mature as a runner at a slower pace, whereas I wouldn't if I was at a scholarship school," says Neubauer, who was actively recruited by scholarship schools before she chose UW-L.

She's not in a hurry.

"I'm glad that I started out with my distance running when I was older because a lot of those people get run down because of the programs, there's a lot of stress. I feel lucky that I started later, because they usually say it's ten years after you start running when you're going to peak. Peaking at age 28 is just about the right time, that's when you're at your maximum strength and all."

Neubauer runs the mile and two mile in indoor track, the 3000 and 5000 meters in outdoor.

What's her training schedule like?

"In the beginning of the track season when we come in in January, I do a lot of distance, I'm up in the 70, 75 mile range a week. As the season progresses th mileage decreases. I usually do two hard workouts a week, distances where you go a date pace, like half miles or three-quarters of a mile, sometimes quarter miles."

For the rest of the season she'll probably do 50 to 55 miles a week.

In June she'll compete in the 3000 and 5000 meter races in the NCAA Division III National Outdoor T&F Championships in Naperville, Illinois, the NCAA Division I Championships in Houston, Texas, and the TAC Championships in Indianapolis, Indiana.

"After that I'm going to decrease my mileage - it's probably going to kill me because I get so used to doing it that my body goes nuts without it. You know you need the rest, but it's hard to settle down. I'll run easy for the summer, maybe get into one or two road races just to see where I am," Neubauer says, adding she'll probably decrease to about 30 miles per week this summer.

She has another year of collegiate competition and plans to compete in marathons after she's out of school.

Any other long range goals? "The Olympics."

#### OUTDOOR MARKS

2:01.14*	(1)	Robin Campbell (Stanford TC)
2:03.56	(1)	Delisa Walton (Tennessee)
2:03.75	(1)	Sue Addison (AW)
2:03.92	(1)	Deanne Gutowski. (LAM)
2:04.20	(2)	Cindy Bremser (WisUnited)
2:04.44*	(2)	Louise Romo (California)
2:04.54*	(3)	Joetta Clark (Tennessee)
2:04.67	(3)	+Manica Joyce (Converse/Ire)
2:04.80	(1)	+Tina Krebs (Clen/Den)
2:04.89	(4)	Cynthia Warner (LAM)
2:05.01	(1)	Annette Campbell (Oklahoma)
2:05.04*	(1)	Chris Mullen (AW)
2:05.39	(5)	Donna Curtis (USC)
2:05.49	(2)	Suzanne Sheffield (Tx A&M)
2:06.01	(3)	Jackie Sedwick (MichSt)
2:06.03	(6)	Debbie Campbell (Uh)
2:06.06	(1)	Essie Kelly (Un)
2:06.50	(4)	Stacey Zartler (Tx HS)
2:06.74*	(2)	Ovrill Brown (Fl.State)
2:06.76	(7)	Debbie Vetter (Uh)

1500 Meters	5 (4)	(*=Hand time +0.14)
4:15.54*1	(1)	Brenda Webb (AW)
4:16.24	(1)	Louise Romo (California)
4:16.57	(1)	Cindy Bremser (Wisch)
4:16.71	(2)	Kathy Hayes (Oregon)
4:16.77	(3)	Jan Merrill (AGAA)
4:17.14*	(2)	Jenny Stricker (Harvard)
4:17.16	(1)	Robin Campbell (Stanford TC)
4:17.38	(4)	Michele Bush (UCLA)
4:17.96	(2)	
4:18.38	(5)	Amy Harper (Cal Poly/SLO)
4:18.82	(1)	Suzanne Sheffield (Texas A&M)
4:19.04*	(1)	+Allison Wiley (Stanford/Can)
4:19.24*	(1)	+Bernadette Modigan (Ky/GB)
4:19.25	(2)	Tara Amold (Texas)
4:19.37	(6)	(Manice Joyce (Converse/Ire)
4:19.44 <sup>*</sup> ¶	(3)	Cindy Wues (Atoms)
4:19.58	(3)	+Aisling Molloy (EYU/Ire)
4:20.04*	(1)	Linda Goen (UCLA)
4:20.12	(4)	Claudette Groenendaal (Ore)
4:20.19	(1)	Polly Plumer (UCLA)

3000 Meter	≤ (9:	29.99) (*-Hand time +0.14)
9:01.94*	(1)	+Manica Joyce (Converse/Ire)
9:09.54*	(1)	Patty Sue Plumer (Stanford)
9:10.04*	(1)	Brenda Heldo (AW)
9:12.14*	(1)	Kathy Hayes (Oregon)
9:13.34*	(2)	Jan Menrill (AGAA)
9:14.34*	(1)	+Alison Wiley (Stanford/Can)
9:14.84*		Connie Jo Robinson (NC State)
9:14.94*	(3)	+Allison Quolch (Th/Aus)
9:15.24*		Missy Kane (Knox.TC)
9:15.94*		+Lisa Martin (Ore/Can)
9:16.80		+Regina Joyce (Wash/Ire)
9:17.14*	(5)	Stephanie Weickert (Clemson)
9:18.06		Sue Foster (Michigan)
9:18.15	(1)	+Midde Hamrin (Lamar/Swe)
9:18.24*		Debhie Eide (Ore TC)
9:18.54*		Cindy Wuss (Atans)
9:18.84*	(4)	+Carey May (BYU/Ire)
9:19.34*	(5)	
9:19.84		Bergeran (CA)
9:20.14*	(2)	Suzanne Girard (MCIIC)

5000 Meter	S (1)	6:39.99) (*=Hond time +0.14)
15:33.51	(1)	Kathy Hayes (Oregon)
15:36.11	(1)	Francie Larrieu (NBIC)
15:40.78	(2)	+Midde Hamrin (Lamar/Sve)
15:41.64*	(1)	+Alison Wiley (Stanford/Can)
15:49.84*	(2)	Patti Sue Plumer (Stanford)
15:50.54*	(1)	Amy Harper (CP/SLO)
16:01.24*	(1)	Julie Brown (LAIC)
16:02.76	(1)	+Kerry Robinson (Clen/Scot)
16:03.54*	(2)	+Carey May (BYU/Ire)
16:03.86	(1)	Maggie Keyes (AW)
16:06.13	(2)	Stephanie Weikert (Clemson)
16:06.14	(2)	Cathy Branta (Wisconsin)

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16:08.69 16:08.81 16:09.14* 16:09.66 16:10.53 16:10.71 16:11.64* 16:12.25	<ol> <li>(3) Nan Doak (Iowa)</li> <li>(2) Lisa Martin (Oregon)</li> <li>(1) +Wandy Van Mierlo (IllSt/Can)</li> <li>(3) Connie Jo Rohinson (NC St)</li> <li>(2) Shenrie Orang (Idaho)</li> <li>(5) Katie Ishmeel (Wisconsin)</li> <li>(1) Betty Springs (NC St)</li> <li>(6) Tori Neubauer (Wis/IaC)</li> </ol>
10000 Meta 32:49.24* 32:58.74* 33:12.24* 33:31.34* 33:31.34* 33:31.64* 33:40.64* 33:41.04* 33:56.24* 34:50.24* 34:50.24* 34:51.84* 34:21.84* 34:23.84* 34:23.84* 34:23.84*	rs (34:59.99) (*=Handtime +0.14) (1) Beth Famer (Florida) (1) Eleanor Simonsick (Uh) (1) +Lisa Martin (Oregon/Aus) (1) +Regina Joyce (Wash/Ine) (1) Betty Springs (NC St) (1) Am Hird (NEIC) (2) Martha White (Virginia) (1) Jill Molen (Utah) (1) Jill Molen (Utah) (1) Martha White (Virginia) (1) Jill Molen (Utah) (1) Martha White (Virginia) (1) Matalie Updsgrove (Rem St) (2) Cathy Schiro (NH HS) (1) +Carey May (EMU/Ine) (3) Mary Jean Wright (Va) (4) Man Dak (Iowa) (1) Darien Andreu (Gulfcoast) (2) Rati Gray (UC Davis) (3) Janel Neeley (BMU) (2) Shelly Steely (Florida) (4) +Alison Quelch (Temessee)
100m Hurd) 12.87 13.00 13.04 13.28 13.40 13.43 13.43 13.44* 13.45 13.53 13.54* 13.54* 13.57 13.57 13.60 13.62 13.64* 13.68	es       (13.99)       (*=Hard time +0.24)         (1)       Stephanie Hightower (Nut)         (1)       Stephanie Hightower (Nut)         (2)       Kim Turner (UEP)         (3)       Pan Page (LATC)         (1)       Cardy Young (Far-D)         (2)       Laura Lim (Arizon)         (4)       Karan Cancon (CA)         (1)       :Sharon Darville (NEIC/GB)         (3)       Carol Lewis (Houston)         (1)       Amite Epps (TX,Sth)         (1)       Lori Smith (SD State)         (1)       Lori Dinello (Florida)         (1)       Gayle Watkins (Uh)         (2)       Rtorde Blanford (Nebraska)         (1)       Linda Cele (Alabera St)         (1)       Linda Cela (Alabera St)         (1)       Janet Yarkrough (CP/SL)         (1)       Angela Carson (S.Car.St)         (2)       Kathy Freeman (Southerm)         (1)       Lexie Beck (Oregon)
400m Hardl 56.75 57.54* 57.62 57.66 57.67 58.23 58.43 58.61 58.63 58.63 58.63 58.63 58.63 58.63 58.95 58.99 58.99 59.27 59.29 59.39 59.50	<ul> <li><u>ss (60.99) (*=Hard time +0.14)</u></li> <li>(1) Srarrieffa Earkschle (Th)</li> <li>(1) Trnje Brown (Gulf Coast)</li> <li>(2) Sardre Farmer (LATC)</li> <li>(2) Angie Wright (Florida St)</li> <li>(3) Lori McCauley (Patgers)</li> <li>(4) Patty Pradley (Villanova)</li> <li>(3) Edra Brown (Atoms)</li> <li>(4) Patty Bradley (Villanova)</li> <li>(3) Edra Brown (Atoms)</li> <li>(4) Lyrn Garble (Prairic Vicow)</li> <li>(2) Oxrill Brown (Florida St)</li> <li>(5) Piper Bressant (Fl.,State)</li> <li>(2) +Nicole Ali (Neb/Can)</li> <li>(3) Kathy Freeman (Scuthern)</li> <li>(1) Chris Crowther (Florida)</li> <li>(2) Kim Whitehead (Margan St)</li> <li>(3) Lexie Back (Oregon)</li> <li>(1) Dara Wright (Old D)</li> <li>(1) Carrie Mackey (Col.State)</li> <li>(7) Sally Anderson (Princeton)</li> <li>(1) Theresa Hoyle (MetStr)</li> <li>(2) Chris Crowder (Florida)</li> </ul>
High Jump 6' 5 1/4 6' 5 1/4 6' 2 3/4 6' 2 6' 1 1/2	(5'10) (1) Obleen Sommer (Adidas) (1) Louise Ritter (RCC) (2) +Debbie Brill (RCC/Can) (1) Ann Bair (Virginia) (1) +Disa Gisladottir (Ala/Ice)

6' 1 1/4 6' 0 6' 0 6' 0 6' 0 5'11 3/4 5'11 3/4 5'11 1/2 5'11 1/2 5'11 1/4 5'11 1/4	<ol> <li>Katzina Johnson (Arizona)</li> <li>Sze McNeal (CP/SIO)</li> <li>H. Jane Frederick (AW)</li> <li>Netterville (Purche)</li> <li>Wandy Maxkham (Fl.,State)</li> <li>Tammela Parny (Maryland)</li> <li>Mary Moore (Wash HS)</li> <li>Cindy Greiner (AW)</li> <li>Pehuman (Arizona HS)</li> <li>Mengele Ganrison (Hetch)</li> <li>+Annette Tammader (Co/Swe)</li> <li>Mary Mol (Iowa)</li> <li>Debra Larson (UBC)</li> <li>Bonnie Hanrington (Ball St)</li> <li>Jane Clough (Cklahoma)</li> </ol>
Long June           22' 1 3/4           21' 1 0 1/4           21' 5 1/4           21' 2 1/4           20'11 1/4           20'9 3/4           20'9 3/4           20'7 7 3/4           20'7 7 3/4           20'5 5 3/4           20'5 5 1/2           20'5 5 1/2           20'5 5 1/2           20'5 5 1/2           20'5 1/2           20'4 3/4           20'4 1/2	<ul> <li>(20'0)</li> <li>(1) Carol Lewis (Houston)</li> <li>(1) Halcyon McKnight (Kansas)</li> <li>(2) Angela Thacker (Nebraska)</li> <li>(2) Angela Thacker (Nebraska)</li> <li>(1) Gwen Loud (Hawaii)</li> <li>(1) Gwen Loud (Hawaii)</li> <li>(1) Galette Williams (SCarSt)</li> <li>(1) Rhonda Paine (Az,State)</li> <li>(1) Collette Williams (SCarSt)</li> <li>(1) Kathy McMillan (TSIC)</li> <li>(1) Sardy Crabtree (CA)</li> <li>(3) +Kelly Wenlock (KanSt/GB)</li> <li>(1) Janet Yarbrough (CP/SIO)</li> <li>(2) Galloway (UMES)</li> <li>(1) Michelle Kelly (UC Invine)</li> <li>(3) Veronica Ball (SCC)</li> <li>(3) Bailey (Howard)</li> <li>(4) +Marjan Goedhert (Neb/Hol)</li> <li>(1) Dorne Thomas (NDSt)</li> <li>(1) Balene Hatcher (Ms Int)</li> <li>(1) Carla Jackson (Arduristian)</li> </ul>
Shot Put (4) 59' 3 57' 7 56'10 3/4 55' 9 55' 6 1/2 54'10 1/2 54' 6 1/4 53' 8 1/2 53' 4 1/2 53' 1 1/2 51' 5 1/2 51' 5 1/2 51' 5 1/2 51' 5 1/2 51' 5 1/2 51' 3 1/2 51' 0 50'11 3/4	<ul> <li>(1) +Meg Ritchie (Az/CB)</li> <li>(1) Lorna Griffin (M)</li> <li>(1) Lorna Griffin (M)</li> <li>(1) +Ria Stalmen (LAIC/Hol)</li> <li>(1) Carol Qay (Stanford)</li> <li>(1) +Marita Walton (Mi/Ire)</li> <li>(2) Rogg Pollock (CSE)</li> <li>(1) Denice Wood (Knowille TC)</li> <li>(4) Remona Pagel (Uh)</li> <li>(1) Regine Gavanaugh (Rice)</li> <li>(2) Elaine Sobensky (Pern St)</li> <li>(1) Leelie Deniz (Az, State)</li> <li>(5) Bornie Dasse (CA)</li> <li>(1) Steron Hamilton (CS Bak)</li> <li>(3) Querne Bessley (Oregon)</li> <li>(1) Karen Wood (Nebraska)</li> <li>(3) Natalie Kaaizwahia (Cal HS)</li> <li>(1) Jonnifer Lenke (Az State)</li> <li>(1) Karen Woodenberg (Uh)</li> <li>(1) +Jennifer Smit ('Ln/Hol)</li> </ul>
Discus Three 220' 6 214' 4 213' 1 197' 8 194' 7 187' 4 183'10 180' 6 178' 1 178' 0 178' 1 178' 0 177' 3 176' 9 174' 3 174' 3 174' 3 174' 3 174' 3 174' 3 173'11 173' 1 170' 7 170' 5	<ol> <li>(1) +Ria Stalman (LATC/Hol)</li> <li>(2) +Mog Ritchie (Az/CB)</li> <li>(1) Leslie Daniz (Az State)</li> <li>(2) Carol Crdy (Stanford)</li> <li>(4) Lorna Griffin (AW)</li> <li>(1) Danise Wood (KroxTC)</li> <li>(1) Pat Walsh (Ternessee)</li> <li>(2) Berky Neer (AATC)</li> <li>(2) Berky Levi (Acizona)</li> <li>(5) Kathy Picknell (Cregon TC)</li> <li>(1) Julie Harsen (Uh)</li> <li>(4) Jackie Wallace (Ternessee)</li> <li>(3) Lyrne Anderson (Minn)</li> <li>(1) Quarte Beasley (Cregon)</li> <li>(1) Matalie Kaaiawehia (Cel HS)</li> <li>(1) Julie Jones (EXU)</li> <li>(3) Karen McDreld (Krox TC)</li> <li>(3) Cale Zaphiropolus (McCity)</li> </ol>

Taplin th		155'0)
Javelin th 211'11		Karin Smith (AW)
194' 4		+Denise Thierard (Nb/Swi)
191' 0	(1)	
188' 1	(2)	Lynda Hughes (Oregon)
181' 2	(1)	Deenne Carr (Washington)
179' 1	(1)	Roz Rouse (Oregon)
179'0 178'1		Barbara Moro (WAC)
178'0		Suzie Ray (UCLA)
173' 7		Jackie Nelson (Uh) Mary Osborne (Stanford)
173' 5	(1)	
170' 6		Vickie Smiley (Washington)
169'11		Patty Kearney (OneTC)
169' 6	(2)	
169' 4	(2)	Danela Barnes (OP/SLO)
167'11		Kathy Calo (Kent State)
167' 8		Mary Chrobak (Texas)
166'11	(1)	+Cindy Crapper (Ky/CB)
166' 2		Marilyn Senz (Penn State)
165'10	(2)	Shenri Schoenhorm (Idaho)
Heptathlo	h (490	0)
6287	(1)	
6151w	(1)	
5857w	(2)	
5691	(1)	
5638		+Marjan Goedhert (No/Hol)
5622w	(3)	
5580w	(1)	Myrtle Chester (Tonnessee)
5502		Debbie Larsen (USC)
5498		Debbie DaCosta (Georgia)
5489		Carrie McLaughlin (SD State)
5448		Kathy Gillespie (Iowa)
5387		Ann Beir (Virginia)
5385	(2)	
537?w	(6)	
5351w	(2)	Heidi Menn (Florida)
6240		Venner Doll (ITY)
5348 5346	(4)	Kerry Bell (USC)
5346	(4) (2)	Carla Battaglia (Indiana)
5346 5342	(4) (2) (2)	Carla Battaglia (Indiana) Sue Brownell (Out)
5346	(4) (2) (2) (3)	Carla Battaglia (Indiana) Sue Brownell (Out) Lana Zimmenmen (LSU)
5346 5342 5340	(4) (2) (2)	Carla Battaglia (Indiana) Sue Brownell (Out) Lana Zimmermen (LSU)
5346 5342 5340 5335	(4) (2) (2) (3) (3)	Carla Battaglia (Indiana) Sue Brownell (Qrt) Lara Zimmennan (ISU) Margot Pogus (Indiana)
5346 5342 5340 5335 <u>4x100 (46</u>	(4) (2) (2) (3) (3)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmerman (ISU) Margot Pogus (Indiana) *-Hand time plus 0.14; #=440y -0.14)
5346 5342 5340 5335 <u>4x100 (46</u> 43.58	(4) (2) (2) (3) (3) (3) (49) ( (1)	Carla Battaglia (Indiana) Sue Brownell (Out) Lara Zimmermen (ISU) Margot Pogus (Indiana) *=Hand time plus 0.14; #=440y -0.14) Florida State
5346 5342 5340 5335 <u>4×100 (46</u> 43.58 43.80#	(4) (2) (2) (3) (3) (3) (1) (1)	Carla Battaglia (Indiana) Sue Brownell (Out) Lara Zimmermen (ISU) Margot Pogus (Indiana) *=Hand time plus 0.14; #=440y -0.14) Florida Statc Nebraska
5346 5342 5340 5335 <u>4x100 (46</u> 42.58 43.80# 44.12	(4) (2) (2) (3) (3) (3) (1) (1) (1) (2)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (LSU) Margot Bogus (Indiana) *=Hand time pluss 0.14; #=440y -0.14) Florida State Nebraska Houston
5346 5342 5340 5335 4 <u>x100 (46</u> 43.58 43.80# 44.12 44.24*	(4) (2) (3) (3) (3) (1) (1) (2) (1)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmermen (LSU) Maryot Bogus (Indiana) *-Hund time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Chl State Los Angeles
5346 5342 5340 5335 4 <u>x100 (46</u> 43.58 43.80;# 44.12 44.24* 44.29	(4) (2) (3) (3) (3) (1) (1) (2) (1) (1) (1)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (ISU) Margot Pogus (Indiana) *-Hand time plus 0.14; #=440y -0.14) Florida State Nebreska Houston Cal State Los Angelos Los Angelos TC
5346 5342 5340 5335 4 <u>×100 (46</u> 43.59 43.80# 44.12 44.24* 44.29 44.79	(4) (2) (3) (3) (3) (1) (1) (1) (2) (1) (2) (2)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (ISU) Margot Pogus (Indiana) *-Hand time plus 0.14; #=440y -0.14) Florida State Nebreska Houston Cal State Los Angelos Los Angelos TC Ternessee
5346 5342 5340 5335 4 <u>x100 (46</u> 42.58 43.80# 44.12 44.29 44.29 44.29 44.79 45.00	(4) (2) (3) (3) (3) (1) (1) (1) (2) (1) (1) (2) (1) (2) (3)	Carla Battaglia (Indiana) Sue Brownell (Out) Lara Zimmerman (ISU) Maryot Pogus (Indiana) *-Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Los Angeles Los Angeles TC Tennesse Prairie View
5346 5342 5340 5335 4 <u>x100 (46</u> 43.58 43.80# 44.12 44.24* 44.29 44.79 45.00 45.04	(4) (2) (3) (3) (3) (3) (1) (1) (1) (2) (1) (2) (1) (2) (2) (2)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmemmen (LSU) Margot Bogus (Indiana) *=Hand time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cul State Los Angelos Los Angelos TC Ternessee Prairie View UCIA
5346 5342 5340 5335 4 <u>×100 (46</u> 42,58 43.80# 44,12 44,24* 44,29 44,79 44,79 45,04	(4) (2) (2) (3) (3) (3) (1) (1) (1) (2) (1) (2) (2) (2) (2)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (LSU) Margot Bogus (Indiana) *-Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Los Angeles Los Angeles TC Ternessee Prairie View UCA Southern Cal Creetahs
5346 5342 5340 5335 4 <u>x100 (46</u> 43.58 43.80# 44.12 44.24* 44.29 44.79 45.00 45.04	(4) (2) (2) (3) (3) (1) (1) (1) (2) (1) (2) (2) (2) (2) (2) (1)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmermen (ISU) Margot Pogus (Indiana) *-Hond time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Los Angelos Los Angelos TC Ternessee Prairie View UCLA Southern Cal Cheetahs UNLY
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5346 5342 5340 5335 4 <u>x100 (46</u> 43.59 43.80;# 44.29 44.29 44.29 44.29 44.79 45.00 45.04 45.04 45.27 45.31	(4) (2) (2) (3) (3) (3) (1) (1) (1) (2) (2) (2) (2) (2) (2) (2) (1) (1) (1)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmermen (ISU) Margot Pogus (Indiana) *-Hond time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Los Angelos Los Angelos TC Ternessee Prairie View UCLA Southern Cal Cheetahs UNLY
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5346 5342 5340 5335 4 <u>x100 (46</u> 42,58 43.80;# 44.12 44.24* 44.29 44.79 44.79 44.79 45.00 45.04 45.04 45.04 45.27 45.31 45.41 45.44*	(4) (2) (2) (3) (3) (3) (1) (1) (1) (2) (2) (2) (2) (2) (1) (1) (1) (1) (1) (2) (3) (2) (3) (3)	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (ISU) Margot Bogus (Indiana) *-Hand time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cil State Los Angeles Los Angeles TC Ternessee Prairie View ULA Southern Cal Cheetahs UNLV Texas San Diego State Ternessee State Ternessee State Southern Morgan State
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5346 5342 5340 5335 4 <u>x100 (46</u> 42,58 43.80# 44,12 44,24* 44,29 44,79 45,00 45,04 45,04 45,04 45,04 45,27 45,31 45,41 45,44* 45,44* 45,44* 45,44 45,46 45,40 (3:: 3:32,28	(4) (2) (2) (3) (3) (3) (3) (1) (1) (1) (1) (1) (1) (1) (1) (2) (2) (2) (1) (1) (2) (2) (2) (2) (3) (3) (3) (3) (4) (4) (4) (4) (4) (5) (4) (4) (4) (4) (5) (5) (4) (5) (5) (5) (5) (5) (5) (5) (5) (5) (5	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmennen (LSU) Margot Bogus (Indiana) *-Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Los Angelos Los Angelos TC Ternessee Prairie View UCA Southern Cal Cheetahs UNLV Texas San Diego State Ternessee State Southern Morgan State Arkersas
5346 5342 5340 5335 4 <u>x100 (46</u> 42,58 43.80;# 44,12 44,24* 44,29 44,79 44,79 45,00 45,04 45,04 45,04 45,04 45,04 45,27 45,31 45,41 45,44* 45,44* 45,44* 45,44* 45,44* 45,44 3:32,28 3:32,77	(4) (2) (3) (3) (3) (3) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmenmen (ISU) Margot Bogus (Indiana) *-Hand time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cil State Los Angeles Los Angeles TC Ternessee Prairie View UIA Southern Cal Cheetahs UNLV Texas San Diego State Ternessee State Southern Morgan State Arkansas (*=Hand time +0.14; #=4x440 - 1.20) Florida State Ternessee
5346 5342 5340 5335 42.58 42.58 43.80# 44.12 44.24* 44.29 44.79 45.00 45.04 45.04 45.04 45.04 45.04 45.27 45.31 45.41* 45.44* 45.44* 45.44* 45.46	(4) (2) (3) (3) (3) (3) (1) (1) (2) (1) (1) (2) (2) (2) (1) (1) (1) (1) (2) (3) (3) (3) (3) (3) (4,99) (1) (1) (2) (2) (3) (3) (3) (3) (3) (3) (3) (3) (3) (3	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmermen (LSU) Margot Pogus (Indiana) *=Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cal State Loe Angelos Loe Angelos TC Ternessee Prairie View UCLA Southern Cal Cheetahs UNLW Texas San Diego State Ternessee State Southern Morgan State Arkersas (*=Hard time +0.14; #=4x440 - 1.20) Florida State Ternessee Prairie View
5346 5342 5340 5335 4 <u>×100 (46</u> 42.58 43.80# 44.12 44.24* 44.29 44.79 45.00 45.04 45.04 45.04 45.04 45.04 45.41 45.41 45.41 45.44* 45.44* 45.44* 45.46 <b>3:32.28</b> 3:32.277 3:34.00 3:34.54	(4) (2) (3) (3) (3) (3) (1) (1) (2) (1) (1) (2) (2) (2) (2) (1) (1) (1) (1) (2) (3) (3) (3) (3) (3) (3) (3) (3) (1) (1) (1) (1) (1) (1) (1) (1) (1) (1	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmemmen (LSU) Margot Bogus (Indiana) *-Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cul State Los Angelos Los Angelos TC Ternessee Prairie View UCA Southern Cal Cheetahs UNIV Texas San Diego State Ternessee State Southern Morgan State Arkansas (*=Hard time +0.14; #=4x440 - 1.20) Florida State Ternessee Prairic View Los Angeles TC
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$\begin{array}{c} 5346\\ 5342\\ 5340\\ 5335\\ \hline\\ 42.58\\ 43.80\#\\ 44.12\\ 44.24*\\ 44.29\\ 44.79\\ 45.00\\ 45.04\\ 45.04\\ 45.04\\ 45.04\\ 45.04\\ 45.27\\ 45.31\\ 45.41*\\ 45.44*\\ 45.44*\\ 45.44*\\ 45.46\\ \hline\\ 3:32.28\\ 3:32.77\\ 3:34.00\\ 3:34.54\\ 3:34.64\#\\ 3:34.64\#\\ 3:35.34\\ \hline\end{array}$	(4) (2) (2) (3) (3) (3) (3) (1) (1) (1) (2) (2) (2) (2) (1) (1) (1) (1) (1) (2) (3) (3) (3) (3) (41,99) (1) (1) (1) (2) (2) (3) (3) (3) (3) (3) (3) (3) (3) (3) (3	Carla Battaglia (Indiana) Sue Brownell (Ort) Lara Zimmemmen (LSU) Margot Bogus (Indiana) *-Hard time plus 0.14; #=440y -0.14) Florida State Nebraska Houston Cul State Los Angelos Los Angelos TC Ternessee Prairie View UCA Southern Cal Cheetahs UNW Texas San Diego State Ternessee State Southern Morgan State Arkarsas (*=Hard time +0.14; #=4x440 - 1.20) Florida State Ternessee Prairie View Los Angeles TC UCA Nebraska Cal State Los Angeles Morgan State
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We could have done it with charts. We could have done it with graphs. We could have thrown down enough scientific proof to fill this entire magazine.

But there are some things runners must discover for themselves.