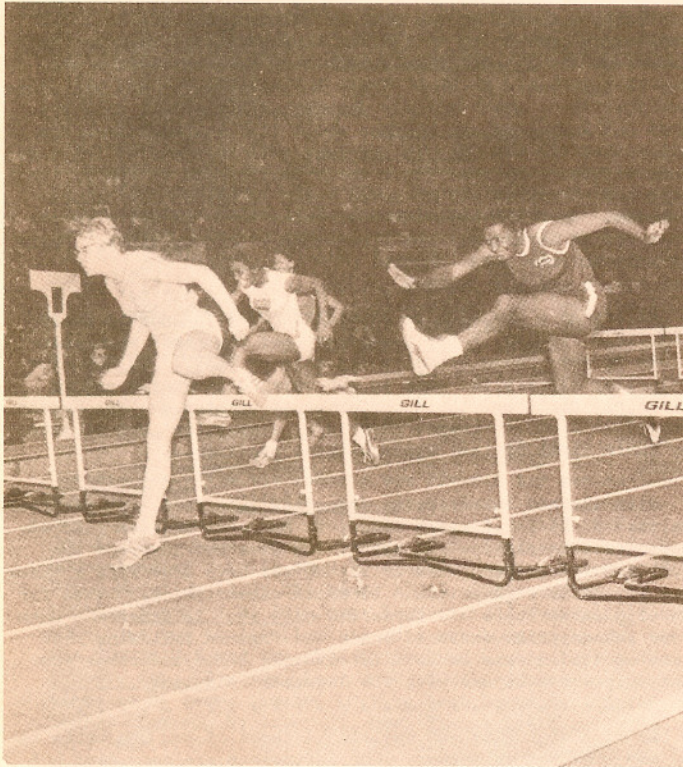
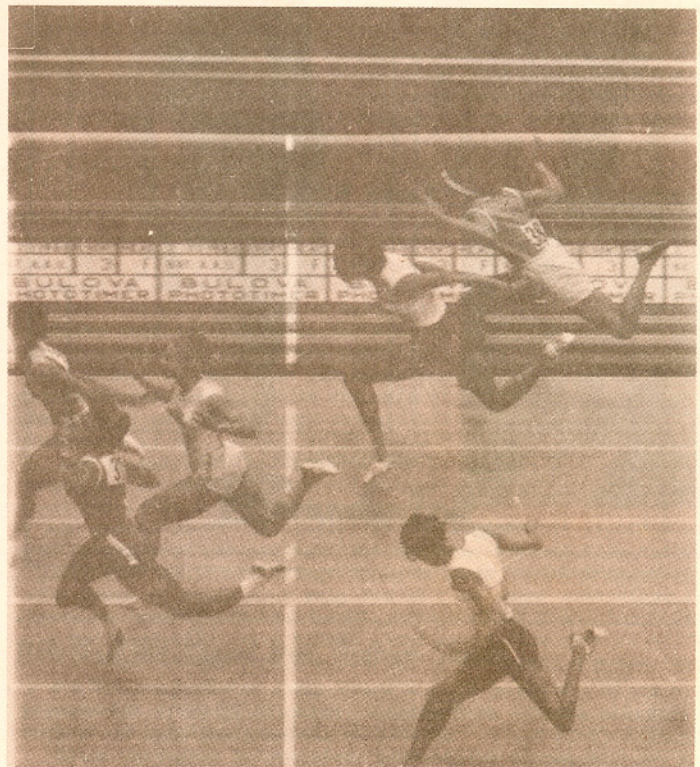


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Pat VanWolvelaere leads Cherrie Sherrard and Mamie Rallins over the last hurdle on her way to a new World 60y hurdle record of 7.4 at Oakland, Calif-ornis, in the USA National Indoor Championships. (Photo from Harland Frederick)



Bulova Phototimer Photo shows Barbara Ferrell with a close win over Vilma Charlton and Willye White in the 60y dash at the US National Championships. Tyus nosed out teammate Mattline Render for fourth with Rhonda Fleming in sixth place.

SEVEN WORLD INDOOR MARKS FALL

Schmidt, Chizhova, Ferrell, VanWolvelaere, Rallins, LAM & TSU Break Records

Five individual and two relay indoor world records have been broken during the 1968 season to date. With the European Championships scheduled for Madris, Spain, coming up soon, plus several competitions in Canada, we may yet see more new marks set.

Rita Schmidt of East Germany, the 17 year old high jumper, became the new world high jump record holder when she cleared 1.84/6'0½ at East Berlin on February 18. This mark is exceeded only by Iorlanda Balas outdoors, and her 6'0½ jump off the boards indicates she will be tough to beat in Mexico City.

Another European, Nadyezhda Chizhova of the Soviet Union, upped her own new world mark in the shot to 18.26/59'11 in a meet at Leningrad on January 29.

Barbara Ferrell travelled to Moscow to set a new world mark at 50m with a sparklin 6.0 race to break the old mark by 0.1s.

Mamie Rallins cut a tenth off Inge Schell's world mark for 70y hurdles at Louisville, Kentucky, on February 17, and Pat Van Wolvelaere did the same to the world 60y hurdle mark at the National Championships in Oakland on February 24th.

Two new relay marks were set at Oakland. The Los Angeles Mercuresses, with Jarvis Scott running a terrific 440, cut the

Continued on Page 2

NATIONAL CHAMPIONSHIPS

TENNESSEE STATE WINS TITLE

VanWolvelaere Sets World Hurdle Mark at 7.4
Montgomery 5'10½

Oakland, California, Feb. 23/24:-Tennessee State Tigerbelles made a dramatic second-day comeback to repeat as National AAU Indoor Champions in the annual two-day competition. Trailing far behind after the first day of running with only four points, Coach Ed Temple's crew tallied twenty digits on the second day to score a five point triumph over perennial runner-up Los Angeles Mercuresses and a surprisingly strong Crown Cities Track Club.

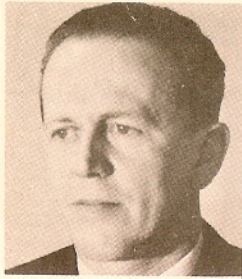
Nothing went right for the Tennessee crew during the first day of competition. Defending 60y champion Wyomia Tyus could pick up only a fourth in the short sprint, and defending 220 champion Una Morris pulled a muscle in the final of the longer dash. In addition, Madeline Manning, running the opening 440 leg of the sprint medley, was caught napping by a speedy Jarvis Scott and although making a desperate effort to catch the flying Mercurette, she failed by nearly two seconds - and that took care of the medley relay for the Mercuresses were never headed and won with a new World mark.

But everything went right for TSU on Saturday. Manning won an easy 880, the 4x160 team set a new World mark winning that

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WTFW STAFF

Orn Eidsson



Born on 7 July 1926 at Faskrudsfjordur on the east coast of Iceland, Orn Eidsson, our WTFW reporter from this isolated section of the globe, moved to Reykjavik, the capitol, in 1945. Orn is married and has a son, 15 years, and a daughter, 8 years old. He became interested in sports when a young lad of 13 and began with skiing, then soccer, then handball and finally athletics, (track and field) which is now his favorite sport. He is the vice-president of the Icelandic Athletic Association,

a member of the Icelandic Olympic Committee and secretary of the Federation of Icelandic Sports Journalists. He is editor of one of the Icelandic Newspapers - "Althydubladdid" - and is hoping for a constant improvement in athletics in his native country. Only recently has Iceland begun to invite world class women athletes to compete there, and this should give the sport a big assist for the future.

Kauko Niemela



One of our contributors from Finland is Kauko Niemela, a journalist from Turku. Kauko was born on October 11, 1932, and is not married, (so far!). He became interested in athletics (track) while still a schoolboy and has been avidly collecting statistics on women's track and field for more than 10 years. He is also the athletics correspondent for the biggest sports magazine in Finland, "Suomen Urheilulehti. He is a member of the Information Committee of the Finnish Athletic Association and last year became a member of ATFIS, the International Association of Statisticians. Kauko closes his letter with the understatement of the decade, but, oh, so true: "Although I do not know American sports magazines very well, it would seem to me they do not give much space to women athletes and their performances; 'Track and Field News' at least, which is very well known here, hardly ever tells anything about women's athletics". You can say that again, Kauko!!

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VINCE REEL, EDITOR & PUBLISHER
JACK FRANKLIN, BUSINESS MANAGER

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REEL TALK

The "Athlete of the Year" selections by WTFW for 1967 were really very successful. The trophies, which have been sent or presented to all winners, provided by the W. R. Moody Company of Burbank, California, were beautiful. As usual, we have learned from the experience of conducting this first contest and plan several changes for the 1968 balloting. First of all, we will select athletes from both Eastern and Western Europe instead of just "Europe". Secondly, we will combine Australia-New Zealand-South Africa as one group, thereby separating the South Africans from the "Africa" area. We hope these new geographical arrangements will prove more satisfactory. If you have an opinion please drop us a letter.

Nearly a fourth of the mail we receive each day contains complaints pertaining to failure to receive the magazine as expected. If it will make subscribers feel any better you may be interested to know "Track & Field News" - and all other publications - have the same problem with the mail delivery. I do not know what can be done about it. The magazines are all mailed the same day in the same mail bags and at the same post office. Why some reach their destination in one or two days and others in six or seven weeks is beyond our comprehension. As "TFN" says the best thing to do is write to the Post Office Department and flood them with complaints. Maybe it will do some good. Maybe.

We are on a campaign to eliminate reporting womens track and field results in the newspapers and magazines which continue to say, "Miss Schmaltz did this or that". We hope for reporting exactly the same as our male counterparts and we certainly don't see their performances printed as "Mr. Boston jumped 26 feet". Please, reporters, simply list the athletes by their first or last names without prefixes.

With the new subscription rates now in effect, (\$4 per year in the US, \$5 for foreign subs), it has been necessary to adjust new subscription requests which have not included the full new rate. For those in the US who have sent WTFW a check for \$3, we have given you a 10 month subscription. Ditto for foreign subscribers who forwarded only \$4. To determine when your subscription expires, check the figures following your name on the address label - for example 12/68 indicates your subscription will end with the December 1968 issue.

We must apologize and explain to those of you who write to us and look for an answer. Our intentions are very good but our time availability does not match our intentions. We realize it is not good taste to talk about yourself, but we must explain that in addition to editing the magazine, we write all the stories, do the "paste up", help with the "stripping", do the name plates, take care of the advertising, do the corresponding, do the mailing - as well as teach a full load at Claremont Men's College and Harvey Mudd College and coach the college track team. When your letter remains unanswered for a spell, please re-read this paragraph.

MORE ON THE TRIPLE JUMP from Yves Pinaud

For the real track nut, it is now possible to do a 1967 (and All Time) list of women's triple jump best performances!!! In addition to the marks listed in WTFW from Malawi in a previous issue, we now have results from Gibraltar: J. Garcia 8.51/27'11, S. Hoare 8.19/26'10 1/2, L. Vaughan 8.15/26'9.

PACIFIC ASSOCIATION MILE RUN

Sacramento, Jan. 28:-1-Terri Hanngy (Stockton TC) 5:05.0; 2-Kathy Wilkerson (Rose.) 5:05.5; 3-Diane Smith (WS) 5:08.1; 4-Marie Mulder (WS) 5:08.3; 5-Judy Walker (WS) 5:13.5; 6-Pam Dobbins (WS) 5:19.1.

Indoor World Records (Continued)

medley relay (440-110-110-220) mark to 1:45.1 and the Tennessee Tigerbells nicked the 4x160 sprint relay mark with a fast 1:10.8. The LA team included Pernetta Glenn, Dee DeBusk and Ferrell in addition to Scott. The Tennessee crew included Tyus, Daniel and Render plus either Dennis or Watson - the exact personnel has not been definitely determined at this time.

POLLOCK OUT OF OLYMPICS

Australian Report from Cecins & Kolatchoff

Biggest news from Australia is that Judy Pollock, expected to be in the first three in either or both the 400 and 800m races at Mexico City, is now just "expecting" and will have her first child in August. Says Judy, "I'm terribly thrilled. I wanted a baby much more than an Olympic gold medal". Although he may not have realized just how the German translation would read, Judy's coach, Henri Schubert, writing about the developments for "Leichtathletik" says, "Damit, bye bye fur Mexico". Pollock set a world record at 800m last year and lost only one race - to Madeline Manning at the Commonwealth vs. USA meet in Los Angeles.

RESULTS: Perth, Jan. 11:-400m, Kath Holland 55.5, Joyce Bennett 56.3s. Perth, Jan. 13 (104° in the shade), 200m, Bennett 24.5, Holland 24.6s. Royal Park, Jan. 13:-800m, Pollock 2:12.5 (first start since thigh injury); DT, Jean Roberts 1:49'5. Sandringham, Jan. 13:-DT, Pam Woods 1:47'7; JT, Natasha Urbancic (Yug) 1:64'10. Adelaide, Jan. 13:-100m, Roslyn Owens (17) 11.7s. Sydney, Jan. 13: NSW Championships, 100m semis, Jennifer Lamy 11.7; 400m heats, Sandra Brown 57.4, Jackie Byrne 57.5; 1500m, Cheryl Peasley 4:48.4 (jr); 100mH, Maureen Caird 13.5, Penny McCallum 13.6s. Second day: Junior 100m, Caird 11.6; Junior JT, Chris Thompson 1:65'0. Perth, Jan. 27:-60m, Kath Holland (27) missed WR by only 0.1 with 7.2 run. Cheryl Hancock (13) was second in 7.5s. Melbourne, Jan. 27:-Raelen Boyle (16) beat Pam Kilborn at 100m with 11.5 to 11.6s, and also won 200m in 23.7. Adelaide, Jan. 28:-100m, Di Burge 11.5. Sydney, Jan. 27: 100m, Lamy 11.4w, Di Ferrier 11.5w; 400m, Peasley 55.7; 1500m, Brenda Carr 4:37.0 (nat. rec), Beth Stanford 4:44.0; JT, Chris Thompson 1:59'5. Sydney, Jan. 28:-200m, Lamy 24.2; 800m, Peasley 2:12.5; 80mH, Caird 10.5w; DT, Adams 1:62'2. Bunbury, Jan. 28:-200m, Joyce Bennett 23.9. Melbourne, Jan. 27:-Jean Roberts won DT with her second best ever at 1:74'9. Adelaide, Feb. 3:-Di Burge beat Jennifer Lamy by inches in 100m, both clocking 11.5 with Di Ferrier 3rd in 11.6; 400m, Jackie Byrnes 55.6, Sandra Brown 55.9; 800m, Peasley 2:12.3; 80mH (Juniors), Maureen Caird 10.8, Penny McCallum 11.0; DT, Adams 1:70'5; Roslyn Williams 1:60'6. Perth, Feb. 10:-Joyce Bennett (24) Australia's best 400m hope now that Pollock is out, ran 100m in 11.5w, won the 60m in 7.5 and the 400m in 55.4 on a very trying day. Sydney, Feb. 10:-200m, Lamy 24.2; 80mH produced world-class times as Di Pease clocked 10.7 to beat Lorraine Staples and Lesley Thompson by 0.1s; JT, Mary Thomas 1:64'8 pb; 400m (jr) Peasley 55.9; LJ, Caird 19'4¼. Melbourne, Feb. 10:- (Strong headwind), 100m Burge 11.9 by five feet from Kilborn; 1500m, Carr 4:37.9; LJ, Kilborn 19'4¼; SP, Jean Roberts 48'4; JT, Natasha Urbancic 1:78'5, (new open record), Chris Thompson 1:63'8, Petra Rivers 1:39'9. The following day, Anna Bocson (the former record-holder) defeated Urbancic by 8 inches with a throw of 166'6. Urbancic fouled 5 of her 6 throws.

Robin Woodhouse, the nation's 2nd best high jumper of all time, and 220y world record holder Margaret Burvill (now Edwards), have retired.

Letter

"A problem of communication or adjustment of performance have taken place in Women's Track and Field World. Parties directly involved are concerned as to how this came about.

Two prime examples are Cherrie Sherrard's 10.5 (hurdles) and Barbara Ferrell's 11.1 (100m). Their times have been altered to 10.7e and 11.3e. How can an official recorded time, timed by at least three first place watches be changed to something else? It stands to possible reason that an adjustment is more appropriate for second and third on down, seeing that only one watch or two have been used for those positions.

I think it's very unfair to the athletes to asterized their marks just because someone or somebodies as spectators don't think a mark is kosher. I especially don't see how a statistician can make a value judgement when he wasn't even at the meet site. So apparently everything from his point of view was second or third hand information. This is cause for concern or doubt also!?

I would like to see this thought put into print in your "Letters to the Editor" section and see if anyone else feels a concern about the changing of meet facts on first place times as I do. Thanks!

Calvin Brown

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New Zealand Report from Graham Sheath

Wellington sprinter Penny Haworth (20) broke the NZ 220y record with a speedy 23.5 run, but the mark was not allowed because of a following wind.

Diane Charteris had a career best in the discus with a throw of 161'3

RESULTS: Invercargill, Dec. 9:-100y, Hurrell 10.9; 220/440, Potts 24.7/58.9; SP/DT, Charteris 46'4/148'3. Palmerston North, Dec. 16:-100/220, Haworth 10.8/24.5. Whangarei, Dec. 16: 100/220/80mH, Brenda Matthews 10.9w/25.0/11.4s. Wellington, Jan. 6:-100/220, Matthews 10.7w/24.4w. Wellington, Jan. 9:-100, Matthews 10.7; LJ, Snow 19'5.

VanWolvelaere, Friedrich and Tyus to Australia

New world indoor record holder for the 70y hurdles, Pat VanWolvelaere, heads a three-woman team chosen to compete in Australia the last part of March. Joining the two-time hurdle champion will be Olympic 100m champion Wyomia Tyus and javelin thrower Barbara Friedrich, favorite for the 1968 Olympic title. The trio will depart on March 11 for a 2½ week trip. Australia is now at the peak of their season and it will be interesting to learn how the American girls can do against the tough Aussies. It will also be interesting to discover how the perennial wind in Australia affects the marks of the American sprinter and hurdler.

Mesa All-Comers

Phoenix, Arizona (Feb. 10):-Mesa Community College was the site of the Arizona Association All-Comers Meet. Once again the 12/13 year olds stole the show with one of the fastest 440y sprints ever run. Kathy Gibbons won the race in 60.5 for a new State record and later anchored the VOSTC to a win in the medley relay with a 60.6 lap, helping her team break the State mark by 7.5 seconds.

RESULTS: Women's Division: 220/440, Lura Miller (VOS) 26.7/63.1. 880y, Linda McCain (Un) 2:30.5. 440yR, U of Arizona 59.5. Girl's Division: 50/100, Pat Donnelly (VOS) 6.0/11.3. LJ, Diana Jones (VOS) 15'3½. HJ, Debbie Hohenstatt (VOS) 4'3. 220, Darlene Green (VOS) 26.0. 440y, Nancy Benson (VOS) 60.0. Mile, Debbie Hancock (Un) 5:18.5. 440yR, VOS 51.4.

Continued on Page 15

National Championships (Continued)

event, and Eleanor Montgomery won over Soviet ace Antonina Okorokova in the high jump with a new American record of 5'10 $\frac{1}{2}$ "/1.79. In addition Martha Watson picked up a second in the long jump and Estelle Baskerville a third in the high jump for the winning point margin.

The Angel's Pat Van Wolvelaere zipped to a new world mark in winning the 60y hurdles with a sensational 7.4 clocking - a time that many thought they would never see an American run. Although charged with one false start, the young athlete was off fast and won with space to spare to secure "Co-athlete of the Meet" honors with Montgomery.

The Championships were conducted with an amazing lack of complaints, confusion and criticism which has been so evident in the past. The Games Committeestuck to their own rules and showed no favoritism or prejudice to anyone - which is just what they should do. Athletes who had not met the standard or who had not re-confirmed their entries at the set time, or did not have proper credentials on file were not allowed to compete. It was handled exceedingly well.

Proof that women's track is finally becoming an established part of the track and field scene was evidenced on the final day when all events, both men and women, had been completed except the women's high jump. With the bar at 5'6/1.675 eight athletes were still competing - and it can be conservatively said that from an audience of slightly more than 8000 spectators, more than 7000 remained to watch the dramatic conclusion to a fine meet.

What can be done to improve in the future? First of all, eliminate the basketball throw. Women's track is constantly fighting to secure the proper image - and if anything does not belong in a real track program it is the basketball throw!!! Secondly, make certain all competitors wear the proper clothing for track and field competition. Bermuda shorts and a "beach-type" t-shirt are NOT proper apparel. Both the basketball throw and the Bermudas draw snickers from track nuts and the image of women's T&F will improve when both are outlawed.

Technically, it was a tough day on Friday for a sprinter. Some ran a 60y heat, a 60y semi, a 60y final, a 220 heat, a 220 semi and a 220 final PLUS a medley relay heat and a medley relay final. The two sprints should be on different days and the two jumps should be on different days.

A word must be said for the "Bay Area" track fans. They proved to be most knowledgeable, applauding good efforts in the long jump, shot put and high jump as well as the usual recognition for the runners. Starter Tom Moore did his usual fine job and the Bulova phototimer kept the finish judges honest. It was, as predicted, a fantastic meet.

60y dash

The heats produced nothing startling until the fourth run when Margaret Johnson-Bailes was eliminated by Render, Fleming and Glenn. Bailes had been running very well and only the week previous in Vancouver had defeated Canada's Pan-Am medalist Irene Piotrowski. The semi-finals saw the elimination of three of last year's finalists - Janet Macfarlane, Dee DeBusk and Pernetta Glenn as Willye White downed Tyus to win the first semi and Ferrell won over Vilma Charlton in the second. Both semis were won in 6.7s. For the final Mattlene Render (TSU) was in lane 1, Charlton in 2, White in 3, Ferrell in 4, Tyus in 5 and Fleming in lane 6. Ferrell shot out fast as usual and had a fair lead at the half-way point. Charlton, who had been getting off the blocks slowly in the trials, was off well and although behind at the 30y mark closed fast and was a very close and surprise second. White was third while Tyus barely hung on for fourth ahead of teammate Render.

RESULTS: 1st Heat, 1-Tyus 6.8; 2-Charlton 6.8; 3-Judy Toneboem (Ozark TC) 6.9; 4-Nancy Benson (VOSTC) 7.0. 2nd Heat, 1-Ferrell 6.7; 2-Katherine Jones (MDYF) 7.0; 3-Shirley Lenyouan (SD Lancerettes) 7.0; 4-Irene Obera (Laurel TC) 7.2. 3rd Heat, 1-Willye White (MDYF) 6.9; 2-DeBusk (LAM) 7.0; 3-Janet Macfarlane (Un) 7.0; 4-Toi McCoy (MDYF) 7.2. 4th Heat, 1-Mattlene Render (TSU) 6.9; 2-Rhonda Fleming (St. Louis Blues) 6.9; 3-Pernetta Glenn (LAM) 6.9; 4-Margaret Johnson-Bailes (Un) 7.1. 1st Semi-final, 1-White 6.7; 2-Tyus 6.8; 3-Fleming 6.9; 4-DeBusk 6.9; 5-Macfarlane 7.0; 6-Toeneboem 7.0. 2nd Semi-final, 1-Ferrell 6.7; 2-Charlton 6.8; 3-Render 6.8; 4-Lenyouan 7.0; 5-Glenn 7.0; 6-Jones 7.0. FINAL: 1-Ferrell 6.7; 2-Charlton 6.8; 3-White 6.8; 4-Tyus 6.9; 5-Render 6.9; 6-Fleming 7.0s.

220y dash

Furlong heats were a little rough in that only two qualified into the semi-finals. Chief casualties in the heats were



Madeline Manning leads Shelley Marshall and Vicki Foltz mid-way through the 880y run at the National Indoor Championships. Manning won in 2:11.8s. (Photo from H. Frederick)

Olympian Marilyn White and Janet Macfarlane. The 1967 runner-up, Karen Dennis of TSU, was eliminated in the semi-finals along with Diane Wilson, Mamie Rallins and Barbara Pillows. Dennis' elimination, however, was by way of a scratch as she appeared to suffer from an attack of appendicitis after her trial heat. The first semi-final was a beauty with the two Jamaicans Morris and Charlton finishing in practically a dead heat in 25.0 with Charlton the winner by inches. Nancy Benson was a surprise qualifier behind Burnett in the second semi and zipped past a fading Diane Wilson to get into the final. The four finalist lined up Burnett, Charlton, Morris and Benson from the inside and ran the first 80 yards in lanes. Charlton and Morris were off fast while Burnett, with what must be one of the worst starting techniques this side of Tanzania, and Benson, whose start is not much better, trailing. The two Jamaican Olympians were still together at the 50y post when suddenly Morris pulled up with a muscle injury and was out of the race. Charlton whipped Burnett to the "break" and gradually eased to the pole as planned. Down the final straight a surprising Nancy Benson powered past Burnett to grab the runner-up honors.

RESULTS: 1st Heat, 1-Morris 25.2; 2-Benson 25.3; 3-Deborah Payne (Compton TC) 25.5; 4-Carolyn Coleman (Detroit TC) 25.6. 2nd Heat, 1-Burnett 25.0; 2-Pillows 25.3; 3-Macfarlane 25.5; 4-Joan Pirie (Orinda TC) 26.2. 3rd Heat, 1-Charlton 25.2; 2-Rallins 25.6; 3-Boswell (Detroit TC) 26.3; Drinkwater, scratched. 4th Heat, 1-Diana Wilson (LAM) 25.5; 2-Karen Dennis 25.8; 3-Marilyn White (SITC) 25.9; 4-Toi McCoy (MDYF) 26.1. 1st Semi-final, 1-Charlton 25.0; 2-Morris 25.0; 3-Pillows 25.2; Dennis, scratched. 2nd Semi-final, 1-Burnett 25.2; 2-Benson 25.3; 3-Wilson 25.4; 4-Rallins 25.6. FINAL:- 1-Charlton 25.1; 2-Benson 25.3; 3-Burnett 25.4; Morris, injured, did not finish.

440y dash

If the trials for the 220 were rough, the 440 heats were vicious - only the winner qualified into the final. Chief casualties were Mayor Daley's Barbara Pillows who ran 57.0 flat, Leslie Clark, Laurel TC, with 57.4 and Seattle's Lindy Oliver, 57.6, who did not qualify. Clark and Oliver were eliminated in the same heat. Finalist and lane assignments were: 1-Lois Drinkwater, 2-Jarvis Scott, 3-Jane Burnett and 4-Canadian Janet Madden. The final was a good one with only Madden completely out of it. Burnett, who spent 2 $\frac{1}{2}$ hours and most of her energy warming up, and Scott traded the lead but with one lap to go Lois Drinkwater took command and held the slight lead to the final turn when both Scott and Burnett went by. Down the final straight Drinkwater came through with that most difficult maneuver - coming back - and won by a step over Jarvis Scott while Burnett was vainly trying to find running room. Scott, who has always been good but never quite good enough, showed real improvement and her race here coupled with her win over Manning in the medley marks her as a real threat for the Olympic team in October.

RESULTS: 1st Heat, 1-Burnett 56.5; 2-Leslie Clark 57.4; 3-Lindy Oliver (Seattle Dynamics) 57.6. 2nd Heat, 1-Janet Madden (Simon Frazier U, Canada) 58.5; 2-Joan Pirie (Orinda TC) 59.0; 3-Bunny Pope (SYTC) 59.7. 3rd Heat, 1-Scott 56.3; 2-Barbara Pillows 57.0; 3-Janet Johnson (Falcon TC) 58.1. 4th Heat, 1-Drinkwater 57.0; 2-Janene Jatton (Angels TC) 57.9; 3-Dino Lowery (Wills) 61.5; 4-Nancy Mullen (Millbrae Lions) 62.6s. FINAL: 1-Drinkwater 56.5; 2-Scott 56.7; 3-Burnett 56.8; 4-Madden 59.1s.

National Championships (Continued)

880y run

The half mile was rather a disappointment after the fantastic two-lapping of last year. The stiff 2:18 qualifying requirement kept the entries low and only eight reaffirmed for the race - and only six showed up. Manning had everything her own way passing the 440 in 64.2 with a four yard lead over a surprising Vicki Foltz. Young Shelly Marshall, Atoms TC, was close behind Foltz with Francie Kraker in fourth spot, some 12-14 yards behind the leader. Manning pulled away in the final quarter to win easily while Kraker came from far behind to nip Foltz for the silver medal. Marshall faded badly in her first big time competition and was beaten by teammate Toussaint - but will learn from the experience.

RESULTS: (440 times in parenthesis), 1-Manning 2:11.8 (64.2); 2-Kraker (SE Michigammas) 2:13.0 (65.5); 3-Foltz (Falcon TC) 2:13.0 (64.7); 4-Toussaint (Atoms) 2:15.5 (65.8); 5-Marshall 2:16.4 (65.0); 6-Cis Schafer (Millbrae Lions) 2:16.5 (66.0).

Mile run

Doris Brown made the mile uninteresting - again. Marie Mulder (4:55.6) and Vicki Foltz (4:56.7) both ran good races, but the Champ was all alone after taking the lead at the end of the 5th lap. Eleven runners crowded the track for this event, run in one section instead of two sections as originally planned due to late scratches. Lille Foster was the leader after one lap and held that position for the next circuit. Mulder took command for laps three and four, but by the time the group had completed five rounds, Brown was in front. Doris was 1½ seconds ahead of second place Mulder at the end of six laps, 2½ ahead at the end of seven, 5 seconds in front by the 8th lap and 6 at the 9th. With one lap remaining Doris was 6½ seconds in the lead and spent the final lap running around lapped runners. Foster trailed Mulder for 5 laps then gave way to Foltz and finally succumbed to young Maureen Dickson by the end of the race. Natalie Rocha did not compete as she is working hard toward the International cross country run next month and did not want to risk injury or miss workouts.

RESULTS: 1-Brown 4:50.1 (880 @ 2:21.8); 2-Mulder 4:55.6; 3-Foltz 4:56.7; 4-Maureen Dickson (Un) 5:09.2; 5-Lille Foster (Millbrae Lions) 5:13.0s.

60y hurdles

Billed as the feature event, the hurdles, in spite of the scratches by Mary Rand and Tatyana Talisheva, lived up to advance billing. Defending champion Pat VanWolvelaere started things off in the first heat by downing the 1965-66 champion Chi Cheng in world record equalling time of 7.5s. With no competition, Mamie Rallins and Cherrie Sherrard won the second and third heats in 7.7s. The semi-finals set the stage for the thrilling final when VanWolvelaere downed Sherrard and Rallins remained undefeated by crushing Chi - both winners equalling the world mark of 7.5s. For the final, they lined up from the inside with Judy Dyer, Sherrard, VanWolvelaere, Rallins, Chi and Gail Boyd. VanWolvelaere was charged with a false start - as she had also been in her semi-final - but was not to be denied on the next try as she was off exceptionally fast and had a lead over the first barrier, a most difficult accomplishment. Sherrard stayed close, but Rallins, behind for the first time this year, was pressing trying to catch the flying Dutchman, and hit the final barrier to lose all chances of catching Sherrard. Chi was fourth in 7.7 - a time which won the Nationals just one year ago - showing the improvement in US hurdling.

RESULTS: 1st Heat, 1-VanWolvelaere 7.5; 2-Chi 7.9; 3-Leslie Clark (Laurel TC) 8.3; 4-Jan Glotzer (VOSTC) 8.4; 5-Connie Peterson (Illinois TC) 8.8. 2nd Heat, 1-Rallins 7.7; 2-Judy Dyer (Un) 8.1; 3-Deanne Kurth (Laurel TC) 8.2; 4-Deborah Payne (Compton TC) 8.3; 5-Pat Winslow 9.8. 3rd Heat, 1-Sherrard 7.7; 2-Boyd 8.0; 3-Jayne Frederick (Orinda TC) 8.1; 4-Mary Laulam (Kalispell Timberettes) 8.7. 1st semi-final, 1-VanWolvelaere 7.5; 2-Sherrard 7.6; 3-Dyer 7.8; 4-Payne 8.0; 5-Clark 8.3; 6-Frederick 8.3. 2nd semi-final, 1-Rallins 7.5; 2-Chi 7.8; 3-Boyd 8.0; 4-Kurth 8.1; 5-Glotzer 8.3; 6-Lalum 8.8. FINAL, 1-VanWolvelaere 7.4 wr; 2-Sherrard 7.6; 3-Rallins 7.6; 4-Chi 7.7; 5-Dyer 7.9; 6-Boyd 8.2.

High jump

The high jump was a dramatic conclusion to the Championships as Montgomery and Okorokova duelled right down to the wire with 7000 spectators watching. Nineteen entries slowed the event down, but the jumping by all competitors was good. Eight ath-



National Indoor hurdle winners: left to right, Judy Dyer (Texas Southern) 5th, 7.9; Cherrie Sherrard (Laurel TC) 2nd, 7.6; Pat VanWolvelaere (Angels TC) winner with new WR, 7.4; Mamie Rallins (MDYF) 3rd, 7.6; Chi Cheng (CCTC) 4th, 7.7s. (Photo from H. Frederick)

letes remained at 5'6 and six were still jumping at 5'8/1.725. Parham, Frances Bush and Pat Winslow were eliminated at this height leaving only Okorokova, Montgomery and Baskerville as the bar was raised to 5'9/1.75. All three missed their first try, but the Soviet ace was over on her second attempt while the two Tigerbells missed again. Baskerville, who had been jumping very well, had a good try at 5'9 but missed while Montgomery, who actually had not looked good on her first two tries, went over on her last jump. The bar was raised to 5'10½/1.79, a height which would be a new American record as well as meet record. Okorokova had three good efforts, but Montgomery again had two misses and did not look particularly good on either try. But on her third attempt, there was no denying her and she sailed over for her new mark and the victory. The bar was then

Continued on Page 6

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LAKESIDE, CALIFORNIA

Indoor Championships (Continued)

raised to 5'11½, a world-equalling indoor mark, and Eleanor had two poor attempt and then once again capped the evening with a very good miss on her final effort.

RESULTS: 1-Montgomery 5'10½; 2-Okorokova 5'9; 3-Baskerville 5'8; 4-Winslow 5'6; 5-Parham 5'6; 6-Frances Bush (Staten Island TC) 5'6; 7-Glotzer 5'4; 8-Judy Durham (Angels) 5'4; 9-Sharon Callahan (CCTC) 5'2; 10-Vann Boswell (Detroit TC) 5'0; 11-Ordellia Smith (CCTC) 5'0; 12-Barbara Pickel (Un) 5'0; 13-Jayne Frederick (Orinda TC) 5'0; 14-Kathryn Dragaman (Millbrae Lions) 5'0; 15-Jackie Harlow (San Jose Cinderelles) 4'10; 16-Mary Lalum (Kalispell Timberettes) 4'10.

	5'4	5'6	5'8	5'9	5'10½	5'11½
Montgomery	x	x	x	oox	oox	ooo
Okorokova	x	ox	ox	ox	ooo	
Baskerville	x	x	x	ooo		
Winslow	x	x	ooo			
Parham	x	ox	ooo			
Bush	x	oox	ooo			

Long jump

Visiting Tatyana Talisheva won the long jump over a good but not spectacular field with a leap of 20'4½/6.21, just two inches off the meet record. Tatyana had three jumps beyond the twenty foot mark, any one of which was good enough for the victory. Defending champion and record holder Martha Watson finished second while Willye White, who had difficulty making connections with the takeoff board, was third.

RESULTS: 1-Talisheva 20'4½; 2-Watson 19'10½; 3-White 19'9; 4-Chi 19'5½; 5-Winslow 18'10½; 6-Judy Toeneboehn (Ozark TC) 18'9½; 7-Ordellia Smith (CCTC) 18'6½; 8-Shirley Lenyoun (SD Lancerettes) 18'5½; 9-Patricia Richardson (MDYF) 18'4½; 10-Barbara Emerson (CCTC) 18'0½; 11-Vicki Betts (SC Missiles) 17'2; 12-Judy Durham (Angels) 16'11½; 13-Janet Mac-lane 16'7½; 14-Paulette Clair (Detroit TC) 16'4.

	19'11	19' 9"	20' 4½"	Foul	20' 2¼"	20' 0"
Talisheva	19'11	19' 9"	20' 4½"	Foul	20' 2¼"	20' 0"
Watson	18' 6½"	19' 4¼"	19' 3"	19'10½"	19'10"	19' 4"
White	16' 1¾"	18' 7½"	18' 1¾"	18' 8¾"	19' 9"	Pass
Chi	18' 0½"	19' 5½"	19' 3½"	19' 2½"	19' 2¼"	Foul
Winslow	18' 9"	18'10½"	18' 4"	18' 5½"	18' 9½"	17'10½"
Toenebm	18' 9½"	16'11"	Foul	Foul	15'11"	Foul

Shot put

Maren Seidler, the 17 year old strong-woman from the Shore AC, gave indications the USA will finally produce a world-class shot putter as she set a personal best while winning the title over defending champion Lynn Graham. Maren's winning mark, a new coliseum record and close to the American indoor record, was 48'9 - and her entire series was excellent. Graham had a good mark just over the 48 foot barrier for second. Pauline Conwell, who threw very well the week previous in Vancouver, slipped back to 42'4½ and wound up seventh.

RESULTS: 1-Maren Seidler 48'9/14.86; 2-Graham 48'0½; 3-Winslow 45'9½; 4-Janis Nay (Millbrae Lions) 44'8½; 5-Carol Martin (Simon Frazier U, Canada) 43'7½; 6-Leslie Gliessman (SYTC) 42'5½ pb; 7-Pauline Conwell 42'4½; 8-Linda Langford (Millbrae Lions) 40'10½; 9-Emily Stone (Laurel TC) 38'11; 10-Carol Haskin (Millbrae Lions) 38'6½; 11-Sherry Calvert (SC Missiles) 38'0; 12-Jan Svendsen (Millbrae Lions) 38'0; 13-Carol Henly (St. Louis Blues) 35'2¼.

	45'10	47'10½"	47' 1¾"	47' 5½"	48' 9"	48' 8¾"
Seidler	45'10	47'10½"	47' 1¾"	47' 5½"	48' 9"	48' 8¾"
Graham	44' 9"	46'11½"	45' 5¾"	45' 7¾"	47' 6¼"	48' 0½"
Winslow	45' 9½"	44' 9"	44' 0"	44' 6¼"	43' 0"	41' 2"
Nay	42' 7¾"	43' 2¾"	41' 5¼"	40' 6¼"	44' 8¾"	Foul
Martin	43' 7¾"	41' 9¼"	42'10½"	Foul	41' 4½"	43' 4¾"

Basketball throw

Barbara Friedrich, another Shore AC athlete, successfully defended her basketball throw much to the surprise of no one. Barbara missed the record set by Earlene Brown in 1958 by only two inches as she completely outclassed the "field" of five. I move the basketball throw be eliminated from women's track and field! Do I hear a second?

RESULTS: 1-Friedrich 135'0; 2-Simi Hollis (CCTC) 110'3; 3-Diane Franklin (Kalispell Timberettes) 110'0; 4-Linda Crowder (Oakland Oakettes) 108'8; 5-Emily Stone (Laurel TC) 99'7.

Medley relay

Biggest excitement in the heats came mid-way in the first heat when it was suddenly discovered the wrong runner had received the baton - an officials error. The race was stopped in mid-stride and ordered re-run some two hours later. The

MDYF scratched on the re-run. Tennessee State missed their own world record by only two-tenths of a second in winning the second heat to establish themselves the heavy favorite in the final. But at the gun Jarvis Scott, running for the LA Mercuresses, shot out like a bomb and built up a surprising and huge lead over TSU Madeline Manning in the first 300 yards. Manning realized her mistake but could not catch the flying Scott and the Mercuresses were never headed as Pernetta Glenn and Dee DeBusk maintained the lead with their 110's and Barbara Ferrell outlasted Tyus in the final 220 for a well-deserved and well planned victory. The win was not the only glory for the speedy foursome as they shattered the world mark by 1½ seconds.

RESULTS: 1st heat, 1-Angels TC 1:55.3; 2-Millbrae Lions 1:58.8; MDYF, scratched. 2nd Heat, 1-Tennessee State 1:46.8; 2-Laurel TC 1:51.2; 3-Santa Ynez TC 1:53.3; 4-Will's Spiketettes 1:56.6. 3rd Heat, 1-LA Mercuresses 1:49.6; 2-Seattle Dynamics 1:51.2; 3-Orinda TC 1:52.5; 4-Oakland Oakettes 1:57.8s. FINAL: 1-LA Mercuresses (Jarvis Scott-Pernetta Glenn-Dee DeBusk-Barbara Ferrell) 1:45.1 wr; 2-Tennessee State 1:45.8; 3-Laurel TC 1:49.9; 4-Seattle Dynamics 1:50.3; 5-Angels TC 1:51.4.

Sprint relay (4x160)

Rough heats here as once again only the winners advanced to the final. Making it even tougher was the fact that three of the four heats were won in times which bettered the existing world record for the distance while the fourth heat was only one-tenth of a second off the record. The LA Mercuresses had the pole for the final with Mayor Daley in lane two, TSU in three and Valley of the Sun TC on the outside. Only the Tiger-belles managed to better their heat time as they waltzed away with the race by a huge margin with a new record of 1:10.8s. The official scorer lists the team as Tyus-Marcella Daniel, Karin Dennis-Render, but a substitute may have been in Dennis' spot. The Mercuresses were second while Nancy Benson brought the VOSTC into third with a blistering finish to nip Rallins and close ground on a tired Ferrell. The Arizona crew, who have been together for five years, didn't have the speed of their opponents, but their baton work was flawless and who can deny their desire!

RESULTS: 1st Heat, 1-MDYF 1:11.9; 2-Oakland Oakettes 1:16.5; 3-Seattle Dynamics 1:16.8. 2nd Heat, 1-Tennessee State 1:12.1; 2-Orinda TC 1:15.9; 3-Laurel TC 1:20.4. 3rd Heat, 1-VOSTC 1:12.5; 2-Laurel TC "A" 1:14.5; 3-Santa Ynez TC 1:17.7. 4th Heat, 1-LAM 1:12.1; 2-Detroit TC 1:13.4; 3-Ventura TC 1:17.8s. FINAL, 1-TSU 1:10.8 wr; 2-LAM 1:12.7; 3-VOSTC 1:13.0; 4-MDYF 1:13.0s.

TEAM SCORES: 1-Tennessee State University 24; 2-Los Angeles Mercuresses 19; 3-Crown Cities TC 16; 4-tie, Shore AC and Valley of the Sun TC 10; 6-Falcon TC 9; 7-Mayor Daley YF 7; 8-Laurel TC 6; 9-Angels TC 5; 10-Sports International TC 4; 11-tie, SE Michigammas and Will's Spiketettes 3; 13-Kalispell Timberettes 2; 14-tie, Seattle Dynamics, Millbrae Lions and Atoms TC 1. (Also, USSR 8, Canada 1 and unattached athletes 1.)



Linda Reynolds (Atoms TC)

THE IMPORTANCE OF BREAKFAST from 'Track Technique'

Breakfast must be our best meal. This means a high protein meal. Recently research work at Harvard, University of Chicago and elsewhere has shown that upon eating the so-called "average American breakfast", which is a high sugar, carbohydrate breakfast, (consisting of an egg and bacon, cereal, toast, orange juice and coffee), the blood sugar goes up within 15 minutes from a low fasting blood sugar count of about 70 or 80 milligrams percent to around 140 or 150, (the normal being between 80 and 120). It is our normal or higher than normal blood sugar that helps give us our energy and ambition and helps to take away our sense of hunger and irritability.

Of course, many other nutritional elements are absolutely necessary for the proper production of energy and to properly burn up and utilize the blood sugar. Insulin is one of these chemicals. It is secreted by the pancreas. When a high sugar, carbohydrate breakfast causes a sudden flooding of our blood stream with blood sugar, an emergency call is sent to our pancreas for huge amounts of insulin to be secreted rapidly. The non-diabetic pancreas is able to supply the indispensable insulin so as to help properly utilize the blood sugar excess. In fact, it actually supplies too much insulin and, as the research has shown, within one hour after this high sugar, carbohydrate, low protein breakfast, our blood sugar is actually lower than before we ate the breakfast!!! Hunger pains set in at low blood sugar count of about 70.

This low blood sugar persists until lunch when usually another high starch, carbohydrate meal is eaten. The same sudden excessive amount of insulin is secreted and this time in less than an hour our blood sugar is again lower than before the meal. Thus we run along all day at a low ebb of efficiency. We are tired and grouchy. We think we need a "coffee break", a "coke that refreshes", a "cigarette", a "highball". All of these things merely serve to whip a tired horse, and actually make the condition worse, except very momentarily.

Hence, along toward the latter part of the day we are apt to fight with our boss, unduly criticize our subordinates and hurt the feelings of our friends whose blood sugar is likewise low. We get into our car to drive home - everybody drives like a "jerk". When we get home we don't want to face our wives or our children until we've had a "couple of highballs" or eaten our dinner. By dinner time we are famished. We eat fast and gorge ourselves. After dinner, and especially if a high protein dinner is eaten, we are at peace with the world. We sit down to visit with our family or watch television and fall asleep. We are exhausted after such a fatiguing low blood sugar day. We drag ourselves off to bed and are efficient all night while we are asleep.

After a huge protein supper our blood sugar remains high all night and, as we don't exercise, it is likely too high for hunger in the morning for breakfast. We aren't hungry. We can't "face breakfast". We take a light carbohydrate breakfast and are on our way around once again.

Now comes the crux of this discussion. If we eat protein abundantly with our meals, especially at breakfast, insulin is required to be secreted gradually and in a sense dribbles into the blood stream slowly and properly utilizes the blood sugar so slowly that a normal of high normal blood sugar is maintained for hours. The key to the whole problem is a high protein breakfast. So we should eat breakfast like a King, lunch like a Prince and dinner like a Pauper.

The research mentioned above showed that one must eat from 40 to 50 grams of protein for breakfast in order to maintain a sufficiently high prolonged blood sugar, thus preventing fatigue and promoting efficiency throughout the day. Very few persons get this amount of protein. For example, one egg is 6 grams of protein, two strips of bacon 5 grams, and coffee, toast and orange juice practically none. HOW DEFICIENT IN PROTEIN ARE YOU? What's the answer?

One solution is the use of the "PROTEIN COCKTAIL" for breakfast. Here is the recipe for this 75 gram drink:

PROTEIN COCKTAIL

Needed: Mixer (hand or motor) or liquifier
Bowl or large pitcher
Glass

Ingredients: 1 glass of milk
1 or 2 eggs
1 tablespoon powdered skim milk
1 tsp Wheat Germ and/or Rice Polishings
1 tsp Lecithin Granules

1 tbsp processed Safflower Oil or Corn Oil
1 envelope Instant Breakfast
1 tbsp Tiger's Milk

Suggested Mixing Method: Beat the egg(s); then add the milk and Instant Breakfast and beat once again; add powdered milk, wheat germ, lecithin granules, Tiger's Milk and safflower oil and beat well. Keep ingredients in refrigerator if possible.

Flavor: This MUST taste good. Flavor it according to your personal likes. You can replace the Instant Breakfast with chocolate syrup, Hemo, black-strap molasses, malt, yogurt, peanut butter, vanilla, nutmeg, cinnamon, add salt, coffee (instant), frozen fruit juices, baby foods, apricot nectar, etc., etc. ANYTHING you want to make it suit your taste.

It is doubtful if any of the ingredients listed as required will be distasteful, but if they are at first, use small amounts and gradually increase.

El Monte, California

El Monte, California, (Feb. 4):-The Southern Pacific Association held its second Women's and Girl's competition of the year at Arroyo High School in clear, 80° weather, and in spite of the earliness of the season, several fine performances were recorded.

Pat Winslow, Ordellia Smith and Sharon Callahan hooked up in an excellent high jump duel. All three were over the bar at 5'4, but Callahan dropped out at 5'6. Smith, was over the bar at 5'6 on her second try - a lifetime best - and put the pressure on Winslow who made that height on her final trial. At 5'7, Ordellia failed and Winslow sailed over on her second attempt for a new SPA record. All of which prompted Sharon's father to ask, "Whatever happened to the good old days when you could win at 4'10?"

Another fine mark was turned in by Maureen Dickson who set a new SPA record in the mile with an easy 5:01.5 win. "Mo" had lap times of 69.7-2:27.1-3:47.8 on her way to a 30 second margin over Maria Stearns.

Barbara Emerson surprised the crowd with two firsts and a second, winning the 100 and long jump and scoring second in the 220.

In the Age Group Division Donna Beckstrom, Southern California Missiles, equalled the District record while winning the 12/13 100 yard dash in 11.5. She needed that speedy time to win for Marilyn McClung with 11.6 was right with her. In the 880, Debbie Norris, SCM, turned in a good 2:25.6 win. Marina Van Gores was a triple winner in the 9 and under Division.

RESULTS:-Women's Division:-60y, Alida Van Gores (SCM) 7.5; 100y, Barbara Emerson (CCTC) 11.5, 2-Lorraine Jordan (CCTC) 11.7, 3-Alida Van Gores (SCM) 11.8; 220y, 1-Deborah Payne (CTC) 25.2, 2-Emerson 26.3, 3t-Joanne Gilbreath (CCTC) and Ordellia Smith (CCTC) 27.1; 440y, 1-Bunny Pope (Santa Ynes TC) 59.2; 880y, 1-Carol Goya (Santa Ana Rockettes) 2:18.9, 2-Maria Stearns (SCM) 2:21.3, 3-Mary Jane Leimer (Santa Monica AA) 2:22.2; Mile, 1-Maureen Dickson (Un) 5:01.5, 2-Stearns 5:32.5, 3-Irene Wagner (Lakewood Striders) 5:44.3; 60yH, 1-Pat Winslow (Un) 8.2, 2-Payne 8.2, 3-Jane Phineas (LB Comets) 8.5; HJ, 1-Winslow 5'7, 2-Ordellia Smith (CCTC) 5'6, 3-Sharon Callahan (CCTC) 5'4; LJ, 1-Barbara Emerson (CCTC) 17'11 $\frac{3}{4}$, 2-Phineas 17'7, 3-Sonia Guss (LBC) 17'4 $\frac{1}{2}$, 4-Ordellia Smith 17'4; SP, 1-Leslie Glieman (SYTC) 39'1 $\frac{1}{2}$, 2-Vivian Turner (LS) 39'0 $\frac{1}{2}$, 3-Sherry Calvert (SCM) 38'3, 4-Tama Levine (Pasadena AA) 38'2 $\frac{1}{2}$; DT, 1-Calvert 119'10 and Turner 119'10, tie, 3-Glieman 116'4; BBT, 1-Hollis 104'11, 2-Calvert 102'1, 3-Levine 99'7; JT, 1-Robbie Stewart (CCTC) 136'6, 2-Hollis 134'10. 12/13 Division: 100y, 1-Donna Beckstrom (SCM) 11.5, 2-Marilyn McClung (SCM) 11.6, 3-Darice Snider (Ventura TC) 11.8, 4-Jan Miller (SVS) 11.9; 220y, 1-McClung 26.1, 2-Beckstrom 26.4, 3-Debbie Tinker (HTC) 27.2; 440y, 1-Tinker 62.8; 880y, 1-Debbie Norris (SCM) 2:25.6; 50yH, 1-Roberta Fore (SCM) 7.9; 4x110, SC Missiles 50.4; HJ, 1-Juin Des Rosiers (SVS) 4'2 $\frac{1}{2}$; LJ, 1-Karol Stewart (SVS) 16'3; SP, 1-Ramona Contreras (SPT) 32'10 $\frac{1}{2}$; DT, 1-Debbie Green (PAA) 77'3. 10/11 Division: 100y, 1-Carol Burkland (HTC) 12.5; 220y, 1-Burkland 28.4; 440y, 1-Karen Kosmala (HTC) 69.1; HJ, 1-Kosmala 3'9 $\frac{1}{2}$; LJ, 1-Pamela Farrell (VGTC) 11'10 $\frac{1}{2}$. 9 and Under Division: 100/220/LJ, Marina Van Gores (SCM) 14.7/33.3/11'7 $\frac{1}{2}$.

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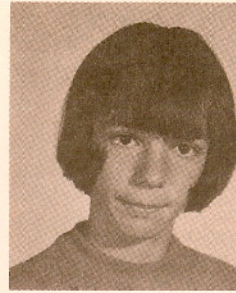
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AGE GROUP from Calvin Brown Kathy Gibbons, VOSTC



Kathy Gibbons, 13, runs for the Valley of the Sun Track Club of Phoenix, Arizona. She is the second of six children and is in the 8th grade at Catalina Junior High School. Kathy is a member of the school softball team, volleyball team and speed-a-way team. She is an "A" student and treasurer of her class. Kathy's hobbies are sewing and reading.

Kathy joined the VOSTC in 1963. She has always been well motivated and accepts progressive training with a positive attitude. Dave Williams is her coach and has coached her from the beginning. She began track when she was 8 years old. In 1972, when Kathy will be 17 years old, her aim is to make the US Olympic team.

In 1966 Kathy began to demonstrate an ability to run longer distances when she set an unofficial mile record for 11 year olds with a time of 5:35.3. Sports Illustrated presented her with an "Award of Merit" for her accomplishment. Later in 1966 Kathy finished 4th in the 12/13 National Cross Country Mile Run Championship at St. Louis, Missouri, with a time of 5:45.4.

In 1967 Kathy experienced her finest cross country season. She was undefeated in her age group and won the Western States AAU Championship at Inglewood, California, in 5:25.4, and two weeks later won the National Championship at Albuquerque, New Mexico, in 5:58.2.

In the first indoor age group event for girls at the Los Angeles Invitational on January 19, 1968, Kathy faced the best competition the Southern Pacific Association had to offer. Included in the field was Debbie Norris of the Southern California Missiles who had a best 880 time of 2:24.8 while Kathy's best was 2:26.0. Debbie set a hot early pace and led the 11 competitors to and thru the gun lap. At this point Kathy started her "kick" and gained on Debbie with every stride. With less than 80 yards to go, (a half lap on the indoor 160 yard oval), Debbie was still the leader but Kathy forged to the front and increased her lead all the way into the tape. Debbie finished in a personal best of 2:23.4, but Kathy had a sizeable lead at the finish and a new US best for age 13 with a great 2:20.5, a new unofficial 12/13 age group national record.

Annual progression

Age	Year	440	880	Mile	Practice Bests
11	1966	xxxx	xxxx	5:35.3	December 1967
12	1967	62.0	2:27.7	5:26.0	Age 13. One
13	1968	61.4	2:20.5	xxxxxx	Mile 5:16.0; Two Miles 11:46.

'A GIRL AND HER COACH' by Bob Mc Quarrie

My coach tells me to practice and practice every day.
I don't think this poor man has ever learned to play!
He spends all his spare time thinking up things for me to do.
"Don't do it like this - do it like this!" And faster, too.
He drills us on starts and sprints and jumps;
My legs are sore and my muscles are lumps!
At my first meet, a funny thing happened,
My soreness was gone and my muscles seemed flattened.
As we went to the line to get a good start
The gun sounded loud - and so did my heart.
I shot from the blocks, down the track I flew
And, believe it or not, took place number two!
My "Perfection Coach" was really right
And now I practice day and night.
At our next meet you're going to see
A different sprinter - and that sprinter is me!
With all this practice I have a very good reason.
I want all firsts for the rest of the season!

FLASH - Rita Schmidt 1.84/6'0 1/2

Young Rita Schmidt, 17 year old East German athlete, has jumped 6'0 1/2 to move into the number two spot on the all-time world list. Only record-holder Iolanda Balas of Rumania has jumped higher.

INDOOR REPORT

CYO Invitational

Washington, D.C., (Jan. 12):--RESULTS; 60y, 1-Willye White (MDYF) 6.6; 2-Kathy Jones (MDYF) 6.7; 3-Barbara Sowden (DTFC) 7.0; 4-Esther Stroy (SITC) 7.1; 5-Mamie Rallins (MDYF) 7.2 (7.1h). 60yH, 1-Rallins 7.6; 2-Carol Thomson (DTFC) 8.4; 3-Ann Poulos (DTFC) 8.5. 440y, 1-Jane Burnett (SITC) 58.6; 2-Barbara Pillows (MDYF) 59.4; 3-Cristy Smallwood (Frederick TFC) 60.9. 880y, Charlette Cooke (SITC) 2:11.8; 2-Nancy Schaffer (Canton TC) 2:17.9; 3-Nancy Taylor (DTFC) 2:23.4. 4x320y Relay, 1-SITC (M. White-Stroy-Cooke-Burnett) 2:38.5; 2-MDYF 2:42.4; 3-Delaware TFC 2:49.6.

Central AAU Region Four Championships

Champaign, Illinois, (Jan. 14):--Mamie Rallins, missing the world 60y hurdle mark by only one-tenth of a second, turned in the best performance of the Central AAU Indoor Championships held at the University of Illinois Armory. Willye White won the 60y (7.0) and long jump (19'8) and Lori Schutt scored a double in the 880 and mile.

RESULTS: 60y, 1-Willye White (MDYF) 7.0; 2-Katherine Jones (MDYF) 7.0; 3-Mamie Rallins (MDYF) 7.2; 4-Toi McCoy (MDYF) 7.3 (7.1h). Also, Carolyn Coleman (Detroit TC) 7.1h. 220y, 1-Barbara Pillows (MDYF) 25.7; 2-Toi McCoy (MDYF) 25.9; 3-Jane Baumer (Ohio TC) 26.0; 4-Vann Boswell (DTC) 26.2. 440y, 1-Beth Hudson (Ohio TC) 59.4; 2-Barbara Pillows (MDYF) 59.8; 3-Anglia Smith (MDYF) 61.9. 880y, 1-Lori Schutt (Un) 2:18.2; 2-Jacki Ford (Wolverine Parkettes) 2:21.0; 3-Pam Bagian (WP) 2:21.9; 4-Kathy Moore (WP) 2:24.9. Mile, 1-Lori Schutt (Un) 5:19.1; 2-Jacki Ford (WP) 5:23.0; 3-Pam Bagian (WP) 5:25.6; 4-Cheryl Bridges (Ind.St.U) 5:26.7. 60yH, 1-Mamie Rallins (MDYF) 7.6; 2-Debbie Lansky (WP) 8.3; 3-Kathy Moore (WP) 8.8 (8.7h); 4-Connie Peterson Ill.TC) 9.0 (8.5h). HJ, 1-Connie Peterson (IPC) 5'2 1/2; 2-Vann Boswell (DTC) 5'1 1/4; 3-Liz Sharp (ITC) 4'10 1/2. LJ, 1-Willye White (MDYF) 19'8; 2-Judy Toeneboehn (Ozark TC) 18'6 1/4; 3-Pat Richardson (MDYF) 18'3. BBT, 1-Liz Sharp (ITC) 97'6; 2-JoAnn Smart (MDYF) 83'5 1/2. Medley Relay, 1-MDYF 2:18.4; 2-Ohio TC "A" 2:19.3; 3-MDYF "B" 2:24.1

NAIA Indoor Championships

Kansas City, Missouri, (Jan. 20):--Texas Southern, the flop of the 1967 Outdoor Championships, started its comeback at the NAIA Indoor Championships with two wins and a second in the four events. Dorothy Myles zipped to a speedy 6.7 triumph in the 60y dash and teammate Judy Dyer had a good 7.8 60y hurdle victory. Both were new meet records. In addition, Pat Callender picked up a second in the 440 and Pat Atkinson a third in the 60y sprint. Carol Moseke (Nebraska TC) had a good mark (45'1 1/4) in winning the shot.

RESULTS:--60y, 1-Dorothy Myles (TSU) 6.7; 2-Rhonda Fleming (St. Louis Blues) 6.8; 3-Pat Atkinson (TSU) 6.9; 4-Linda Adams (Topeka CC) 7.0. 60yH, 1-Judy Dyer (TSU) 7.8; 2-Gail Boyd (Oregon TC) 8.0; 3-Diane Vann (TCC) 8.1; 4-Sharon Bell (Texas TC) 8.3. 440y, 1-Diane Knight (Cullen TC, Houston, Texas) 60.3; 2-Pat Callender (TSU) 60.6; 3-Kathy Rogers (TCC) 61.9. SP, 1-Carol Moseke (Nebraska TC) 45'1 1/4; 2-Connie Travagialante (SE Missouri TC) 39'4 1/2; 3-Ranee Kletchka (NTC) 37'10 1/4; 4-Judy Kimble (TCC) 37'4 1/2.

Eastern Girl's Track League

Haverford, Pennsylvania (20 January):--Twelve Clubs participated in the Eastern Girl's League Indoor Meet on the dirt track at Haverford College. No spikes were allowed making the performances even more amazing with the earliness of the season.

RESULTS:Senior Division: 50y, 1-Carol Thomson (DTFC) 6.1; 2-Ann Coleman (Philadelphia Hawks) 6.2; 3-Pat Hawkins (Atoms TC) 6.2. 50yH, 1-Carol Thomson (DTFC) 7.1; 2-Ann Poulos (DTFC) 7.2; 3-Pat Hawkins (ATC) 7.5. 220y, 1-Linda Reynolds (ATC) 25.8; 2-E.Merritt (ATC) 27.1; 3-Christie Smallwood (Frederick TFC) 27.1. 440y, 1-Diedre Moore (ATC) 59.1; 2-Shelley Marshall (ATC) 59.2; 3-Linda Reynolds (ATC) 59.5. 880y, 1-Marshall 2:19.2; 2-Cherryl Toussaint (ATC) 2:23.1; 3-G. Dorrell (ATC) 2:25.7. HJ, 1-Poulos 5'0; 2-Sandra Wynne (Hawks) 4'6. LJ, Thomson 16'1; 2-Pat Lux (DTFC) 15'8. SP, 1-Denise Johnson (Hawks) 34'3 1/2. BBT, 1-Johnson 105'6; 2-Anette Mosiej (DTFC) 102'9; 3-Turrell (Hawks) 92'0. 4x252 relay, 1-Atoms "A" 2:02.6; 2-Atoms "B" 2:10.3; 3-DTFC 2:12.1.

12/13 Division: 50y, Pat Cofield (LaMott TC, Philadelphia) 6.5. 50yH, Laura Chirnside (DTFC) 8.5. 220y, Michele McMilland (ATC) 27.6. 880y, McMilland 2:26.8. HJ, Laura Chirnside 4'3; 2-Cindy Wright (Fairfield) 4'3. LJ, Ann Shriner (Fairfield) 13'11; 2-Chirnside 13'11. 11 and under Division: 50y/220y, Cordella Ingram (LaMott) 7.0/30.4. LJ, C. Dixon (Calm AC, Pa) 11'5 1/2. HJ, T. Small (Atoms TC) 3'4. 880y, Edie Foster (Pennsville TC, NJ) 2:46.0.

Athens Invitational

Oakland, California, (Jan. 26):The four women's events at the Athens Invitational produced no upsets, but good winning marks as Kathy Hammond, Marie Mulder, Cherrie Sherrard and the Will's Spikettes relay foursome all won easily. Hammond's 56 flat quarter win, more than four seconds better than second place, showed she is ready for the Nationals, and Sherrard's 7.6 hurdle win made her the fourth competitor to come within one-tenth of the world mark this year and set up the hurdles at the Nationals as the top event of the meet.

RESULTS: 60yH, 1-Cherrie Sherrard 7.6; 2-Jayne Fredrick (Orinda TC) 8.2; 3-Deanne Kurth (LTC) 8.2; 4-Leslie Clark (LTC) 8.4. 440y, 1-Kathy Hammond (WS) 56.0; 2-Carolyn Tiernan (Orinda TC) 60.2; 3-Bobby Conyers (WS) 61.5; 4-Barbara Pickel (Orinda TC) 61.7. 880y, 1-Marie Mulder (WS) 2:14.1; 2-Dino Lowrey (WS) 2:19.5; 3-Lille Foster (Millbrae Lions) 2:19.7; 4-Cis Schaefer (ML) 2:22.2. Medley Relay, 1-Will's Spikettes (JoEllen Lusk-Panda Fitzpatrick-Bobby Conyers-Kathy Hammond) 1:50.3; 2-Orinda TC 1:51.0; Laurel TC 1:51.4.

Swathmore Mid-Winter

Swathmore College, Jan. 27:--Host Delaware TFC waltzed off with scoring honors at the Second Annual Mid-Winter Invitational Meet held at Swathmore College. Carol Thomson, Delaware's all-around performer was high scorer with two firsts and a second while the Philadelphia Hawks' ace Ann Coleman scored two victories. Best mark of the day was Marion Washington's 40'3 1/2 shot put win.

RESULTS: 50y, Pat Augustus (La Mott TC) 6.2; 50yH/LJ, Carol Thomson (DTFC) 7.3/17'1 1/4; 220/440, Ann Coleman (Hawks) 27.5/64.0; 880y, Nancy Taylor (DTFC) 2:29.6; HJ, Judy Bigler (DTFC) 4'10; 8#SP, Marion Washington (DTFC) 40'3 1/2; BBT, Denise Johnson (Hawks) 109'0; 4x1 lap relay, Hawks 2:02.0 (4x237). Scoring: Delaware TFC 78%; Philadelphia Hawks 53%; La Mott TC 14; Fairfield (Pa) Striders 10; Northeast (Wilmington, Del) TC 4. JUNIORS: 50/220, Joanne Bridges (La Mott TC) 6.5/28.7; 50yH/HJ, Laura Chirnside (DTFC) 8.4/4'4; 880y, Debbie Trubela (DTFC) 2:42.3; LJ, Ann Shriner (Fairfield) 15'6; 8# SP, Kathy Weikert (Fairfield) 19'4; Relay, La Mott TC. Scoring:Fairfield 44; Delaware TFC 25; La Mott TC 22; Philadelphia Hawks 21; Pennsville 10; Springfield 3; Northeast 1; Caln 1.

Oregon Invitational

Portland, Oregon, (Jan. 27):--60y, 1-Margaret Johnson Bailes 7.0; 2-Margaret George 7.3; 3-Janet Kyle 7.3; 4-Diane Wiley 7.4s. 440y, 1-Karen Nelson 59.8; 2-Sherry Wells 60.1; 3-Bea Homer 60.8s.

Boston AA Games from Archie Owens

Boston, Mass., January 27: The fields were limited, but the competition and the results proved to be very good in the four events held for women at the Boston AA Games.

To get things off to a FAST start, Linda Reynolds of the Atoms TC and Marilyn White of Sports International drew each other in the same trial heat of the 50 yard dash and ran identical times of 6.0 flat with Reynolds getting the slim win. The second heat was won in 6.5 by Judy Sharp of SITC.

The final was nothing more than a re-run of the first heat as Reynolds got out with an unbelievably good start. White and Reynolds were only a step apart at the 45 yard mark but Reynolds moved out in the final strides to win a clear-cut victory with the same time as the trials, 6.0 flat. Jean Osborne, Liberty AC of Boston, was third and Judy Sharp fourth. Linda Reynold's good fortune did not hold for teammate Diedra Moore in the 440 yard run. At the start Jane Burnett went out fast as is her style. The SITC all-purpose runner was followed by Esther Stroy (SITC) and Moore who was on the out-

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INDOOR REPORT (Continued)

side and trying to get to the pole. The three held these positions down the back straight until just before the turn when Diedra and Esther collided and Moore went down, barely missing being spiked by LI Mercurette's Mary Lotowitz. Stroy was knocked off balance giving Lotowitz the opportunity to move into second place. At the bell Stroy regained the runner-up spot and followed Burnett into the finish about 12 yards back. Burnett was clocked in 57.0 flat.

Only three runners faced the starter's gun for the 880, but that race provided the less than capacity crowd with one of the more thrilling events of the evening - and in addition, established Shelley Marshall as another of the bright new stars in the US middle-distance stable. Marshall fell victim to Francie Kraker, SE Michigamme ace who is making a comeback this year after a series of illness and appendix operation. Both girls went out fast and left young Gail Tolvanan (LIM) all alone very early in the race. Kraker led by three yards at the end of the first lap while Tolvanan was another fifteen yards behind. Marshall made a big bid half way thru the third lap, but Kraker would not lose the lead. At the bell Marshall made another move, but again Kraker was able to hold on by showing great strength and desire, and the two tired runners went into the tape with marks of 2:13.3 and 2:13.9. Although trailing, Tolvanan recorded her personal best at 2:19.5s.

The relay went to Sports International over Liberty AC by half a lap. The winning team was composed of Marilyn White-Judy Sharp-Esther Stroy-Jane Burnett.

RESULTS: 50y, 1-Reynolds 6.0; White 6.0; Osborne (LAC) nt. 440y, 1-Burnett 57.0; 2-Stroy, nt; 3-Lotowitz (LIM) nt. 880y, 1-Kraker 2:13.3; 2-Marshall 2:13.9; 3-Tolvanan 2:19.5. Relay, 1-SITC 2:43.0; 2-Liberty AC, nt.

Albuquerque Invitational

Albuquerque, New Mexico, (Jan. 27):-Two near-record equalling performances in the 60 yard dash and 60 yard hurdles spiced the four events for women at the Annual Albuquerque Invitational. Barbara Ferrell made it look easy in the 60 with a 6.6 win in her trial heat and another 6.6 in the final, only one tenth off the world mark. Chi Cheng, in her first start of the year, likewise missed the world hurdle mark by only a tenth with her 7.6 win in the hurdles.

Competing in the only indoor pentathlon of the year, Pat Winslow had an easy time winning three of the five events and scoring a five hundred point win over Valley of the Sun's Jan Glotzer with 4513 points.

Abby Hoffman turned in the best 880 mark of the year while winning the half mile by a large margin over Jarvis Scott in 2:11.8s.

A new "discovery" showed up in the pentathlon competition in the person of 6'0, 14-year old Sally Caton of the Albuquerque Olympette Club. Although she finished next to last in the overall scoring, Caton exhibited tremendous potential in the high jump and long jump, especially the former. With absolutely no technique she cleared 5'1½ and should have been over the 5'¾ bar. So much a novice is young Sally that when questioned as to why she did not wear the "high jumping" shoes by Dick Bank, she answered she had never heard of them. She also handed the US Outdoor Champion in the long jump, (Pat Winslow), a sound trouncing in the long jump.

Dr. John Davis' Topeka Cosmos Club experienced a day of frustrations which convinced him they "should have stood in bed". Linda Adams took a bad spill in the hurdles, first event of the pentathlon, which put her out of the competition; Sharon Withers was involved in a collision and fall in

the 880; Diane Vann, although zipping 7.9 in the hurdles, was edged for the second spot; and the TCC relay team suffered a bad case of "hand-off-itis" to end up out of the money.

Three Valley of the Sun athletes deserve mention. Lois Drinkwater looked very sharp in the pentathlon 200 with a 24.9 run and came back to run a fast lap in the relay which put her team into a lead it never relinquished; Jan Glotzer had her lifetime best in the high jump at 5'¾, a mark which is near her own height of 5'5; and Nancy Benson put in a busy day with a heat and final of the 60 yard dash in which she placed second, a third in the 880, (thanks to the collision and spill of other athletes), and in less than 10 minutes after the half she was speeding a good leg on the winning relay team.

RESULTS: Pentathlon, 1-Pat Winslow (Un) 4513 (8.1-44'2½-5'¾-16'5½-25.6) Note-60y hurdles; 2-Jan Glotzer (VOS) 4004; 3-Lois Drinkwater (VOS) 3997; 4-Sallie Caton (AOC) 3947; 5-Dianne Yancey (Texas TC) 3606. 60y, 1-Barbara Ferrell (LAM) 6.6; 2-Nancy Benson (VOS) 6.9; 3-Pat Donnelly (VOS) 7.0; 4-Darlene Green (VOS) 7.1. 60yH, 1-Chi Cheng (Un) 7.6; 2-Gail Boyd (Oregon TC) 7.9; 3-Diane Vann (TCC) 7.9; 4-Sharon Bell (Texas TC) 8.0. 704y Relay, 1-VOS (Donnelly-Drinkwater-Glotzer-Benson) 1:20.1; 2-Albuquerque OC; 3-Topeka CC. 880y, 1-Abby Hoffman (Toronto OC) 2:11.8; 2-Jarvis Scott (LAM); 3-Nancy Benson (VOS).

Northern Region Five

Nashville, Tennessee: Results of Northern Region Five Meet are listed here. All competitors are TSU athletes. It is not known whether this meet was indoor or outdoor competition and the exact date is also unknown.

RESULTS: 50y, 1-Wyomia Tyus 5.8; 2-Mattline Render 5.9; 3-Karen Dennis 6.0. 220y, 1-Tyus 25.0; 2-Uma Morris 25.2; 3-Dennis 25.5; 4-D. Babridge 25.8. 440y, 1-Morris 58.5; 2-Madeline Manning 58.6; 3-Babridge 59.5. 880y, 1-Manning 2:14.2. 50yH, 1-L. Thomas 7.0. LJ, 1-Martha Watson 18'6. HJ, 1-Esther Montgomery 5'7; 2-Estelle Baskerville 5'5.

NYKoc Meet with Archie Owens

New York, (Feb. 2):-Charlette Cooke mastered both an infected foot and the competition to capture the first women's event in several years to be held in the K of C Meet. Stiff competition was provided by stubborn Shelly Marshall (Atoms TC) for all but the final lap of the 880, but at the gun Charlette pulled away to win in 2:13.8 to Marshall's 2:15.9s.

RESULTS: 880y, 1-Charlette Cooke (SITC) 2:13.8; 2-Shelley Marshall (Atoms TC) 2:15.9; 3-Gail Tolvanan (LIM) 2:21.8; 4-Cheryl Toussaint (Atoms TC) 2:25.7; 5-Brenda Merritt (Atoms TC) 2:32.9.

Seattle Invitational

Seattle, Washington, (Feb. 3):-Three US "old guards" won the women's events at the Seattle Invitational - Mamie Rallins, Willye White and Doris Brown.

In a fantastic 60y hurdle race, Mamie Rallins nipped 1967 Indoor champ Pat VanWolvelaere while Soviet ace Tatyana Talisheva, making her first US indoor start, was only a "phtt" behind. Rallins and VanWolvelaere were both clocked in 7.6, just one tenth off the world mark, while Tatyana was only a tenth behind.

Willye White had little trouble in the long jump, posting a 19'10 mark for an easy win. Surprise runner-up was young Judy Durham, a ninth grader at Hunt Junior HS in Tacoma. Judy had a mark of 18'¾ to help celebrate her 15th birthday. US pentathlon performer Janet Johnson was third.

WTFW

BACK ISSUES

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INDOOR REPORT (Continued)

Doris Brown, Vicki Foltz and Linda Mayfield staged a Falcon Club intramural race in the mile, finishing in that order. This was Brown's first race of the season and her time of 4:54.6 shows she has lost none of the old zip.

RESULTS: Long jump, 1-Willye White (MDYF) 19'10"; 2-Judy Durham (Tacoma) 18'3/4"; 3-Janet Johnson 17'7/4". 60yH, 1-Mamie Rallins (MDYF) 7.6; 2-Pat VanWolvelaere (Angels TC) 7.6; 3-Tatyana Talisheva (USSR) 7.7; 4-Gail Boyd (Oregon TC) nt. One Mile Run, 1-Doris Brown (Falcon TC) 4:54.6; 2-Vicki Foltz (Falcon TC) 5:02.0; 3-Linda Mayfield (Falcon TC) 5:13.6.

Philadelphia Track Classic from Archie Owens

Philadelphia, Pa, Feb. 3:-After being a "bridesmaid" for most of the season, the Atoms' Shelley Marshall became a "bride" as she won the invitational 880 from a good field and in the good time of 2:16.0 on the three lap to the quarter track of Convention Hall, (now called the Philadelphia Civic Center).

The competition was keen as Nancy Shafer, National Junior 880 champion from Canton, Ohio, went to the front at the start followed by Charlette Cooke and Marshall. Another Atom, Cheryl Toussaint, was fourth, some ten yards behind the leaders. With two laps to go, Cooke was forced to drop out due to an injured foot while Shafer remained in the lead until only one lap remained. Marshall jumped into the lead going into the turn and stayed there to win.

Barbara Sowden, Delaware TFC, won the first semi-final in the 50y dash with a good 6.2 while Kathryn Jones, MDYF, the National Junior 100 champion, won the second semi in 6.0 flat. The final brought together these two plus Marilyn White, Toi McCoy, Linda Reynolds and Carol Thomson. Jones, Reynolds and White were off fast together, but at the 35y mark, Jones accelerated to a step lead and won with Reynolds in second spot with her second 6 flat race.

Jane Burnett continued her winning ways as she handily won the 440, her latest in a string of races. Jane went out fast and stayed there holding off bids by Canadian Margaret Cheskin and MDYF's Barbara Pillows to win in 57.8s.

RESULTS: 880y, 1-Shelley Marshall (Atoms TC) 2:16.0; 2-Cheryl Toussaint (Atoms TC) 2:19.0; 3-Nancy Shafer (Canton, Ohio) 2:20.2; 4-Gail Tolvanen (LIM) 2:21.5; 5-Nancy Korrell (Frederick TFC); 6-Nancy Taylor (DTFC); 7-Helen Yorke (Un). 50y, 1-Kathryn Jones (MDYF) 6.0; 2-Linda Reynolds (Atoms TC) 6.1; 3-Marilyn White (SITC) 6.1; 4-Barbara Sowden; 5-Toi McCoy (MDYF); 6-Carol Thomson (DTFC). 440y, 1-Jane Burnett (SITC) 57.8; 2-Margaret Cheskin (Toronto TC) 58.2; 3-Barbara Pillows (MDYF) 58.3; 4-Esther Stroy (SITC) 61.8. 440y (second section), 1-Ann Coleman 61.0; 2-Mary Lotowitz (LIM) 61.7. 4x1 lap relay, 1-Atoms TC 1:09.0; 2-MDYF 1:09.2; 3-SITC 1:11.6; 4-Delaware TFC 1:12.8s. (Second section), 1-LaMott TC 1:11.8; 2-Philadelphia Hawks 1:12.2; 3-Frederick TFC.

Will Rogers Games

Ft. Worth, Texas, (Feb. 9):-60y, 1-Willie Punch (Ft. Worth TC) 7.1; 2-Lisa Chiavario (Albuquerque OC) 7.2; 3-Sharon Brown (Colorado Olympic TC) 7.2; 4-Sharon Bell (Texas TC) 7.2s. 4x1 Lap Relay, 1-AOC (Chiavario-Hamblin-Hudson-Wilson) 1:23.0; 2-Topeka Cosmo Club 1:25.5; 3-Colorado Olympic TC 1:25.6; 4-Texas TC 1:28.0s.

Achilles Qualifying Meet

Burnaby, Canada (Feb. 10):-Simon Fraser University was the site of the trials for the Achilles Invitational one week in advance of Vancouver's big meet. Most of the top stars who did take part merely engaged in a good workout.

RESULTS: 60yH, 1-Pat VanWolvelaere (Angels) 7.9; 2-Janene Jatou (Angels) 8.1; 3-Candy Coalsy (Vancouver OC) 8.3s. 440y, 1-Jatou 57.1; 2-Jan Maddin (Canada) 57.7; 3-Janet Johnson (Falcon TC) 58.2s. 880y, 1-Doris Brown (Falcon TC) 2:15.7; 2-Thelma Fynn (Canada) and Penny Shanks (Canada) tie, 2:17.7; 5-Pat Mills 2:22.0s. SP, 1-Carol Martin (Canada) 42'6/8"; 2-Pauline Conwell (Angels TC) 40'9/8"; 3-Joan Pavelich (Canada) 40'10/8". HJ, 1-Judy Durham (Angels) 5'1. 4x220R, 1-Angels (B. Johnson-Jatou-Newing-VanWolvelaere) 1:41.4; 2-Vancouver OC "B" 1:43.7; 3-Richmond, Canada 1:49.7s.

All-Eastern Invitational from Archie Owens

Baltimore, Md, Feb. 10:-Winning is becoming a habit with the Atom's Shelley Marshall. Winning her second consecutive 880, Marshall ran shoulder to shoulder with Francie Kraker until the final lap, then went ahead to win by 0.6s - the same margin Kraker had defeated Shelley in their match at the Boston

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Gardens two weeks previous.

Running her first-ever half mile, sprinter Barbara Pillows took the lead at the gun and zoomed into a 12 yard advantage over second place Marshall before the first lap had been completed. Kraker was close beside Marshall followed by Cheryl Toussaint (Atoms), Gail Tolvanen (LIM), Donna Simpson (MDYF), Nancy Eader (Baltimore Stridettes) and Nancy Taylor (DTFC).

Pillows held her lead for two and a half laps, but her inexperience at this distance took it toll and with two laps to go Marshall and Kraker took off and broke contact with the rest of the field. At the bell Kraker moved into a half-stride lead, but coming out of the final turn, Marshall spurred in front to win.

The final of the 60y dash looked like a Chicago political convention with no less than four Mayor Daley runners getting into the act. Grande Dame Willye White was off like a shot followed by mite Kathy Jones, who in turn was trailed by Mamie Rallins - engaged in a 60y/60H double. Willye won in 6.9, well off her season best of 6.6s.

Rallins walked back to the start, reset her blocks and proceeded to waltz off with the 50y hurdles. Rallins was out with an exceptional start as she is now approaching the first hurdle without "chopping", and had no trouble downing Canadian Barbara Dallimore in 6.7, three tenths off the meetmark set by Tammy Davis in 1964.

RESULTS: 880y, 1-Marshall 2:14.3; 2-Kraker 2:14.9; 3-Toussaint 2:18.1; 4-Tolvanen 2:19.8; 5-Simpson 2:26.3. 60y, 1-White 6.9; 2-Jones 7.0; 3-Rallins 7.1s. 50yH, 1-Rallins 6.7; 2-Dallimore; 3-Carol Thomson (DTFC). 4x1 Lap Relay, 1-MDYF 1:12.7; 2-Philadelphia Hawks 1:17.8; 3-Delaware TFC 1:17.9s.

LA Times Invitational

Los Angeles, (Feb. 10):-Meet Director Glenn Davis not only conducted more women's events than ever before, but provided the 15,559 spectators with excellent competition in each of the six events. Only the 60y dash lacked real excitement as Barbara Ferrell trounced a good field by two yards in 6.7s. Ferrell's victims included Jamaica's Vilma Charlton, teammate Dee DeBusk and Janet Macfarlane - all place winners in last year's indoor 60y championships, plus Diane Wilson, runner-up to the outdoor 100m title last July.

Continued on Page 12

Indoor Report (Continued)

A fantastic international field previewed the forthcoming National Championships in the 60y hurdles as Cherrie Sherrard made the USA proud by winning in 7.7 over Mary Rand of Great Britain and Chi Cheng from China. Russia's Talisheva scratched. Hurdlers not used to the "fas-track" surface complained they had difficulty "getting back down" after takeoff.

The long jump saw Talisheva the winner with a good leap of 20'2". Tennessee State's Martha Watson, a native of Long Beach, came close on her final jump, but finished four inches back. Mary Rand had trouble with the runway surface here as in the hurdles, fouling on four of her six trials.

Eleanor Montgomery handed the Soviet Union's Antonina Okorokova one of her rare defeats as she set a new American indoor mark at 5'10. Montgomery didn't miss until the 5'10 height, and then only once. She made one effort at 5'11 and then retired for the night. Okorokova, a recent bride and admittedly a homesick young lady, appeared to be tired. Parham beat Baskerville for the third spot.

Kathy Hammond and Lois Drinkwater staged a good duel in the 440. Hammond went to the front and stayed there all the way, but Drinkwater was right with her until the final 50 yards. Charlette Cooke was forced to scratch due to an infected foot.

The 880 lost some of its luster when Marie Mulder ran into a door during her warmup and was not able to compete. In her absence, Madeline Manning appeared to be toying with the opposition as she toured the first quarter in 64.1 and crossed the finish line in the season's fastest indoor mark of the year, 2:10.9s. Jarvis Scott ran a good 2:14.4 for second and National Cross Country champ Vickie Foltz was third.

Sprinters and hurdlers, both female and male, experienced much difficulty with the 60y distance in the new Forum. Less than 12 yards were allowed for stopping, and the workers who held the "rope" had never practiced this trick before. Unless some changes are made in the Forum, they should run only the 50y distance and not the 60. Someone will be hurt seriously here if the facility stays as it is.

RESULTS: 60y, 1-Barbara Ferrell (IAM) 6.7; 2-Vilma Charlton (COTC) 6.9; 3-Dee DeBusk (IAM) 7.0; 4-Shirley Lenyou (Un) 7.0. Long Jump, 1-Tatyana Talisheva (USSR) 20'2"; 2-Martha Watson (TSU) 19'10"; 3-Mary Rand (England) 19'3"; 4-Pat Winslow (Un) 18'5". 440, 1-Kathy Hammond (WS) 56.0; 2-Lois Drinkwater (VOSTC) 57.3; 3-Deborah Payne (CTC) 58.7; 4-Bunny Pope (SYTC) 62.0. 60yH, 1-Cherrie Sherrard (LTC) 7.7; 2-Mary Rand (England) 7.8; 3-Chi Cheng (COTC) 7.9; 4-Pat Winslow (Un) 8.4. 880, 1-Madeline Manning (TSU) 2:10.9; 2-Jarvis Scott (IAM) 2:14.4; 3-Vickie Foltz (Falcon TC) 2:15.1. High Jump, 1-Eleanor Montgomery (TSU) 5'10, Am rec; 2-Antonina Okorokova (USSR) 5'8; 3-Franzetta Parham (Un) 5'6; 4-Estelle Baskerville (TSU) 5'6; 5-Pat Winslow (Un) 5'4.

Achilles Indoor Games

Vancouver, Canada, (Feb. 17):--Perhaps in the dreamy, distant future the Meet Directors in the United States will catch up with those in Canada and provide a full program of women's events such as the Achilles Club of Vancouver does. The Canadians provided a 60y dash, 60y hurdles, 880y run, 440y, mile run, high jump, long jump, shot put and pentathlon - and the spectators were treated to the best competition via the women's events.

Biggest upset of the evening was provided by home tower Arlene McLaughlin, Vancouver Olympic Club, when she scored a convincing triumph in the 60y dash over such well known internationals as Margaret Johnson-Bailes of the USA, Irene Piotrowski, Canada's medal winner at the Pan-Am Games, and Chi Cheng of the Republic of China. McLaughlin was off well, took the lead at the 15 yard mark and won going away in her lifetime best of 6.8s.

The 60y hurdles displayed a fine field of international class runners as the USA's Pat VanWolvelaere scored a narrow win in excellent time of 7.6, only a tenth off the world mark. The race was marred by three false starts, but the finish was very close with Mary Rand of England, Chi Cheng and Canada's Jenny Meldrum all clocking 7.7s. I thought Meldrum was third, but the judges placed her fourth and awarded her a mark of 7.9s - a review of the closed circuit TV photos of the finish failed to change the judges decision, however.

Vickie Foltz and Doris Brown of the Falcon Track Club had very little competition in winning their races at 880 yards and one mile. Foltz was provided 13 and 14 year old competition, while Brown's only opposition came from a tired Foltz in the mile. Dorris led by 8 seconds at the half and 13 seconds at the 1320, the same margin she held at the finish.



Marie Mulder on her way to victory in the 880 at the Athens Invitational, January 26. Mulder won over teammate Dino Lowery in 2:14.1s. (Steve Murdock photo)

Jan Maddin scored a mild upset in winning the 440 over veteran Irene Piotrowski plus several US aces including Janene Jatou, Lindy Oliver and Janet Johnson. Johnson set the early pace, which turned out to be much too fast, and she faded into obscurity along about the 350 mark. Piotrowski lagged far behind in the early running, but made a good move in the final 100 to come close to winning.

The long jump provided some fair jumping - the good jumpers seemed handicapped by being forced to use a takeoff board too close to the pit and landed very near the end of the pit. Mary Rand was a come-from-behind winner at 19'9".

Achilles staged a two-woman decathlon competition between USA's Pan-Am Champion Pat Winslow and Canada's runner-up Jenny Meldrum. The victory was decided in the first seven steps of the first event, the hurdles, when Winslow missed her step and finished with a time of 10.1 for the 60y distance. Winslow won all four other events, but the 432 points lost in the hurdles was too much to overcome. Both athletes had good marks with lifetime bests in the shot, (Winslow 45'11 and Meldrum 45'3), while Meldrum also had her indoor best in the hurdles. Meldrum won the competition with 4537 points to 4350 for Winslow.

Winslow won the open shot put competition with Meldrum second. Winslow also won the open high jump competition at 5'4" on the fewer misses rule over young Debbie Brill. Debbie set a new Canadian Midget record with her own version of the "Fosburg Flop" - BUT, Debbie had never heard of Fosburg and has been jumping over the bar backward for all her career. At 5'5, young Debbie nearly jumped her height.

The 4x220 relay provided thrills, spills and upsets as six teams began the competition. Pat VanWolvelaere of the Angels took advantage of her pole starting position to force 60y dash winner Arlene McLaughlin of the Vancouver Olympic Club to run wide on the turn. VanWolvelaere built up a good lead and with three good runners to follow it appeared the Angels were on their way to victory. But VanWolvelaere's run was as far as the Angels got as the baton escaped them and they were last at the end. With the demise of the Angels, the VOC seemed assured of victory, but seconds after the Angels dropped the baton, the VOC runners were flat on their faces after a bump with the Seattle Dynamics who eventually went on to win.

'ATHLETE OF THE YEAR' AWARDS



These are the beautiful trophies awarded by "Women's Track and Field World" to the athletes voted "Athlete of the Year" for the World (Westermann), Africa (McKenzie), Australia/New Zealand (Pollock), North America (Manning), Asia (Chi Cheng), Mexico/Central America/West Indies (Cobian) and South America (Dos Santos). The awards, presented by W. R. Moody Company of Burbank, California, are 26" high except for Westermann's trophy which is much larger. (Photo by Commercial-Illustration Photography, Burbank)

Indoor Report (Continued)

RESULTS:--Pentathlon, 1-Meldrum 4537 (7.9-18'7 $\frac{1}{2}$ -45'3pb-4'10-26.6); 2-Winslow 4350 (10.1-18'10-45'11pb-5'4 $\frac{1}{4}$ -25.8). 60y, 1-Arlene McLaughlin (VOC) 6.8; 2-Margaret Johnson-Bailes (Oregon) 6.8; 3-Irene Piotrowski (Canada) 6.9. 60yH, 1-VanWolvelaere 7.6; 2-Mary Rand 7.7; 3-Chi Cheng 7.7; 4-Meldrum 7.9; 5-Candy Conley 8.2. LJ, 1-Rand 19'9 $\frac{1}{2}$; 2-Chi Cheng 19'1 $\frac{1}{2}$; 3-Winslow 18'10; 4-Bernice Jessup (VOC) 18'8 $\frac{3}{4}$; 5-Meldrum 18'7 $\frac{1}{4}$. SP, 1-Winslow 45'11pb; 2-Meldrum 45'3pb; 3-Carol Martin (Canada) 44'3 $\frac{3}{8}$; 4-Pauline Conwell (Angels) 44'1pb; 5-Melissa Corum (Portland) 39'8 $\frac{3}{8}$; 6-Joan Pavelich (VOC) 39'2. 880y, 1-Foltz 2:14.7; 2-Joan Dyke (Canada) 2:18.2 (Canadian Juvenile and Midget records); 3-Penny Shanks (Canada) 2:18.3; 4-Thelma Fynn (VOC) 2:18.3. HJ, 1-Winslow 5'4 $\frac{1}{4}$; 2-Brill 5'4 $\frac{1}{4}$ (Canadian Midget record); 3-Judy Durham (Angels) 5'3 $\frac{3}{4}$; 4-Marylyn Mascoe (Canada) 5'2 $\frac{1}{4}$; 5-Meldrum 4'10. 440y, 1-Maddin 58.3; 2-Piotrowski 58.8; 3-Janene Jatton (Angels) 59.0; 4-Lindy Oliver (Seattle Dynamics) 59.4; 5-Janet Johnson (Falcon TC) 59.9. One Mile Run, 1-Brown 4:51.1; 2-Foltz 5:04.3; 3-Cheryl Spowage (Canada) 5:36.8. 4x220 Relay, 1-Seattle Dynamics 1:48.3; 2-Optimist Striders 1:49.0; 3-Falcon TC 1:50.8.

Western Canadian Intercollegiate Championships

Saskatoon, Canada, Feb. 17:-Women's Track & Field in Canada took a significant step forward today with the staging of the women's championships in the Western Canadian Intercollegiate Athletic Association.

Six individual events and a sprint relay made up the program for the women's championships. Straight sprints and hurdles could not be included due to arena design. Five of the eight member universities fielded teams and the title was not decided until the final event.

Linda Kostyniuk (U of Saskatchewan) was the only double winner with victories in the 300m and one lap (137y) sprints and provincial native records in both.

Sister Loreen, (a nun of the convent of Sion, enrolled in third year Education at the University of Saskatchewan), won the high jump, placed fourth in the long jump and sixth in the shot put with only two weeks training. The sister, who is a Physical Education major, received special permission from her superior to take part in the meet.

University of British Columbia won the team title by winning the final event, the relay.

RESULTS: 1 lap sprint (137y)/300m, Linda Kostyniuk (US) 16.0/42.2; 880y, Pat Mills (UBC) 2:22.3; LJ, Betty George (UBC) 17'4 $\frac{1}{4}$; HJ, Sister Loreen (US) 4'11; SP, Maureen Dowds (UM) 44'10 $\frac{1}{2}$; 4x1 lap relay, UBC 1:05.7. OPEN EVENTS: Midget HJ,

Joanne Jones (12y) 4'9; LJ, Jan Herringer (15y) 17'5 $\frac{1}{4}$; HJ, Deane Jones (16y) 5'1, Liz Vanderkson 5'1; SP, Valerie Horner 36'6; 880y, Sandy Stewart (15y) 2:23.8; 300m, Jan Herringer (15y) 41.8, Canadian native and open midget, juvenile and junior record.

Mason-Dixon Games from Shirley & Archie Owens

Louisville, Ky, Feb. 17:-The trials of the hurdles failed to predict what the final would be like as the field was not a particularly strong one overall. Mamie Rallins had to do it alone, and do it she did! Mamie drove from the blocks with what is fast becoming the "best start in hurdling" and flew down the long straight to cover the 70 yard course in 8.7s, one-tenth under Inge Schell's 1966 world record. Constantly improving Debbie Lansky of the Wolverine Parkettes was a good second in 9.2 while Gail Boyd of the Oregon TC nosed out Topeka's Diane Vann for the umpteenth time this season 9.4 to 9.5.

The finals of the 70y dash saw Wyomia Tyus, Willye White, young Rhonda Fleming, Mattelene Render and Kathryn Jones going for the title. Tyus was off fast, but at 50y White and Fleming drew even with the Olympic Champ. At the 65y marker White eased into a slight lead and held it to the tape in a very close finish.

Young Nancy Shafer won her first important indoor half mile victory as she took the measure of a field which included Lori Schutt of Champaign, Illinois; Pam Bagian, Wolverine Parkettes; Donna Simpson, MDYF; Kathy Moore, WP; Kathy Rogers of Topeka; Cheryl Bridges of Indiana State U, the National Junior Cross Country Champion; and Angie Smith, MDYF. Simpson and Smith set too fast a pace on the big 220y track, but Shafer and Schutt soon took command and separated themselves from the field by 20-25 yards. Schutt led most of the way, but Shafer kicked through to win by twelve yards in 2:14.9s.

Tennessee State and Mayor Daley staged a terrific show in the 440y relay. Willye White beat Tyus to the turn and gave teammate Kathy Jones a slight lead over TSU's Marcella Daniel. Una Morris pulled within a yard on her leg against Toi McCoy and Mamie Rallins held off Render to give the Chicago crew a great win over TSU 47.8 to 47.9 - both fantastic times for the indoor 440.

Willye White scored a win over 1967 Indoor Champion Martha Watson in the long jump and Eleanor Montgomery, much to the surprise of no one, annexed the high jump.

RESULTS: 70y, 1-White 7.7; 2-Tyus 7.7; 3-Render (TSU) nt; 4-Rhonda Fleming (St. Louis Blues) nt. 70yH, 1-Rallins 8.7 (New world record, old mark 8.8 by Inge Schell, West Ger-

Continued on Page 14

1968 USA-CANADA INDOOR MARKS

(Please send correction and additions to WTFW)

50y Dash

5.7	Barbara Ferrell (LA Mercuresses)
5.8	Wyomia Tyus (TSU)
5.9	Mattline Render (TSU)
6.0	Karen Dennis (TSU)
	Linda Reynolds (Atoms TC)
	Marilyn White (SITC)
	Kathryn Jones (MDYF)
6.1	Carol Thomson (MDYF)
6.2	Ann Coleman (Philadelphia Hawks)
	Pat Hawkins (Atoms TC)

60y Dash

6.6	Barbara Ferrell (LA Mercuresses)
	Willie White (MDYF)
6.7	Dorothy Myles (Texas Southern)
6.8	Vilma Charlton (CCTC)
	Wyomia Tyus (TSU)
	Shirley Lenyou (San Diego)
	Mattline Render (TSU)
	Rhonda Fleming (St. Louis Blues)
	Irene McLaughlin (Canada)
	Margaret Johnson-Bailes (Oregon)
6.9	Carolyn Coleman (Detroit TC)
	Judy Toneboehn (Ozark TC)
	Nancy Benson (VOSTC)
	Ranaye Bowen (San Diego)
	Dee DeBusk (LA Mercuresses)
	Pernetta Glenn (LA Mercuresses)
	Pat Atkinson (Texas Southern)
	Chi Cheng (CCTC)
	Irene Piotrowski (Canada)

220y Dash (*=converted from meters)

25.0	Lois Drinkwater (VOSTC)*
	Vilma Charlton (CCTC)
	Una Morris (TSU)
	Wyomia Tyus (TSU)
	Jane Burnett (SITC)
25.2	Barbara Pillows (MDYF)
25.3	Nancy Benson (VOSTC)
25.4	Diane Wilson (LA Mercuresses)
25.5	Mamie Rallins (MDYF)
	Karen Dennis (TSU)
	Deborah Payne (Compton TC)
25.6	Carolyn Coleman (Detroit TC)

440y Dash

55.8	Charlette Cooke (SITC)
56.0	Kathy Hammond (Will's Spikettes)
56.3	Jarvis Scott (LA Mercuresses)
56.5	Lois Drinkwater (VOSTC)
	Jane Burnett (SITC)
57.0	Barbara Pillows (MDYF)
57.4	Leslie Clark (Laurel TC)
57.6	Lindy Oliver (Seattle Dynamics)
57.7	Janet Maddin (Canada)
57.9	Janene Jatton (Angels TC)
58.1	Janet Johnson (Falcon TC)
58.2	Abby Hoffman (Canada)
	Margaret Cheskin (Canada)
58.5	Una Morris (TSU)

880y Run

2:10.9	Madeline Manning (TSU)
2:11.8	Abby Hoffman (Canada)
	Charlette Cooke (SITC)
2:12.8	Kathy Hammond (Will's Spikettes)
2:13.0	Francie Kraker (Michigames)
	Vicki Foltz (Falcon TC)
2:13.3	Jarvis Scott (LA Mercuresses)
2:13.9	Shelley Marshall (Atoms TC)
2:14.1	Marie Mulder (Will's Spikettes)
2:14.9	Nancy Shafer (Canton TC)
2:15.5	Cheryl Toussaint (Atoms TC)
2:16.0	Lois Drinkwater (VOSTC)
2:17.8	Nancy Benson (VOSTC)
	Cathy DeStout (San Diego)

One Mile Run

4:50.1	Doris Brown (Falcon TC)
4:55.6	Marie Mulder (Will's Spikettes)
4:56.7	Vicki Foltz (Falcon TC)
5:09.2	Maureen Dickson (Unattached, Los Angeles)

5:13.6	Linda Mayfield (Falcon TC)
5:19.1	Lori Schutt (Unattached)
5:22.1	Pat Mills (Canada)
5:23.0	Jackie Ford (Wolverines)

60y Hurdles

7.4	Pat VanWolvelaere (Angels TC)
7.5	Mamie Rallins (MDYF)
7.6	Cherrie Sherrard (Laurel TC)
	Chi Cheng (CCTC)
7.7	Tatyana Talisheva (USSR)
7.8	Mary Rand (Great Britain)
	Judy Dyer (Texas Southern)
7.9	Jenny Meldrum (Canada)
	Gail Boyd (Lebanon, Oregon)
	Diane Vann (Topeka CC)
8.0	Deborah Payne (Compton TC)
	Sharon Bell (Texas TC)

High Jump

5'10½	Eleanor Montgomery (TSU)
5' 9	Antonina Okorokova (USSR)
5' 8	Estelle Baskerville (TSU)
5' 6	Franzetta Parham (Isleton, California)
	Pat Winslow (CCTC)
	Frances Bush (Staten Island TC)
	Gerace (Canada)
	Mary Lotowycz (LI Mercuresses)
5' 4¾	Debbie Brill (Canada)
5' 4	Jan Glotzer (VOSTC)
	Judy Durham (Angels TC)

Long Jump

20' 4½	Tatyana Talisheva (USSR)
20' 1¼	Willie White (MDYF)
19'10¼	Martha Watson (TSU)
19' 9¼	Mary Rand (Great Britain)
19' 5½	Chi Cheng (CCTC)
18'10½	Pat Winslow (CCTC)
18' 9½	Judy Toeneboehn (Ozark TC)
18' 7¼	Jenny Meldrum (Canada)
18' 6½	Ordellia Smith (CCTC)
18' 5½	Shirley Lenyou (San Diego)
18' 4½	Patricia Richardson (MDYF)
18' 3¼	Judy Durham (Angels TC)

Shot Put

48' 9	Maren Seidler (Shore AC)
48' 5½	Maureen Dowds (Canada)
48' 0¼	Lynn Graham (LA Mercuresses)
45'11	Pat Winslow (CCTC)
45' 3	Jenny Wingerson (Canada)
45' 1¼	Carole Moseke (Nebraska TC)
44' 8¼	Janis Nay (Millbrae Lions)
44' 3½	Carol Martin (Canada)
44' 1¼	Pauline Conwell (Angels TC)
43' 8¼	Marlene Kurt (Canada)
42' 5¾	Leslie Gliessman (Santa Ynez TC)

Additions to 1967 US List

<u>100 Yards</u>			
10.9 (1)	Renaye Bowen, M.Missiles	San Diego	4/ 8
<u>220 Yards</u>			
24.3 (1)	Renaye Bowen, M.Missiles	San Diego	4/ 8
<u>High Jump</u>			
5'1½ (1)	Nina Howard, Stockton TC	Visalia	5/27
5'1½ (1)	Gloria Morris, SDMB	San Diego	5/ 7
<u>Pentathlon</u>			
3377 (1)	Ann Poulos, Delaware TFC	Wilmington,Del	7/29
3686 (2)	Beth Miller, Harrisburg AA	Wilmington,Del	7/29
3552 (3)	Pat Lux, Delaware TFC	Wilmington,Del	7/29
3501 (4)	Carol Thomson, Del TFC	Wilmington,Del	7/29

Indoor Report (Continued)

many); 2-Debbie Lansky 9.2; 3-Gail Boyd 9.4; 4-Diane Vann 9.5 (9.4h). LJ, White 20'1½; 2-Martha Watson (TSU) 19'7½; 3-Pat Richardson 18'¾; 4-Judy Toenboehn (Ozark TC) 17'8. HJ, 1-Eleanor Montgomery (TSU) 5'8; 2-Connie Peterson (Iowa TC) 5'2; 3-Liz Sharp (Illini TC) 5'0; 4-Julia Farr (Ohio TC) 5'0. 880y, 1-Nancy Shafer (Canton TC) 2:14.9; 2-Lori Schutt (Un) 2:16.0; 3-Pam Bagian (Wolverines) 2:21.2; 4-Kathy Rogers (Topeka CC) 2:21.4. 440y Relay, 1-MDYF 47.8; 2-Tennessee State University 47.9; 3-Topeka Cosmo Club 51.2; 4-HP YWCA, Ft. Worth 53.8.

OUTDOOR REPORT

Florida Region Championships

Miami, Florida, (Jan. 20):-Women's Division: 50y, 1-Joyce Tinker (RFF) 6.3; 2-Anne Harrington (Richmond Perrine TC) 6.3; 3-A. Jackson (Miami-Metro TC) 6.4. 100y, 1-M.Bate-man (RFF) 12.3; 2-M. Williams (RFF) 12.3. 220y, 1-Tinker 26.7; 2-B. Dukes (RFF) 27.3. 440y, 1-Debra Dukes (RFF) 61.5. LJ, 1-Barbara Williams (RFF) 17'7½. HJ, 1-Shelia Blount 4'9. SP, 1-N. Brownlee (RFF) 30'10½.
Junior Division: 50y, K. George (North West Striders of Miami) 6.5; 100y, D. Thomas (RPTC) 12.4; 220y, S. Heatrice 30.7; 440y, Robin Downs 71.1; 880y, M. Van Valkenburg (NWS) 2:54.4; LJ, Sharon Smith (RPTC) 15'4; HJ, Gail Hall (RPTC) 4'7; 440yR, RPTC 56.2.
Midget Division: 50y, Maria Vasquez (RFF) 6.9; 100y/220y, Barbara King (NWS) 13.0/29.9; 440y, Stacy Stanford (NWS) 2:52.5; LJ, Bonnie Morgan (NWS) 13'11; HJ, Pamela Delancy (RPTC) 3'10; 440yR, NWS 60.4.
Bantam Division: 50y/220y, Shirley Thomas (RPTC) 7.1/32.1; LJ, Carol Klemme (North Miami Beach Road Runners) 11'2; 220yR, NMBRR 32.9.

Phoenix All-Comers

Mesa, Arizona (Jan.27):-All-Comers Age Group Meet held at Mesa College on Grass-Tex track. State records were set in both the 9 and under and the 10/11 baseball throws. Kathy Gibbons, the National cross country champion, also set a new State record in the 12/13 division with a 61.4 quarter mile.

RESULTS:12/13 Year Division. 50y, Debra Bielick (VOS) 6.3w; 50yH, tie, Dolores McHenry (VOS) and Sharon Larremore (VOS) 9.0w; 100y, Rhonda Wheatley (VOS) 12.3w; 220y, Bielick 28.6; 440y, Kathy Gibbons (VOS) 61.4; LJ, Christensen (VOS) 13'11½; HJ, Annie Slaughter (Un) 4'2¼; DT, Valerie Miller (VOS) 62' 11½; SP, Monica Howell (VOS) 31'10½; BBT, Joan Nessa (VOS) 185'6. 10/11 Year Division. 50y, Pam Bigelow (VOS) 6.8w; 100y/BBT, Tracy Felix (VOS) 13.0w/200'5; 220y, Susie Sabel (VOS) 33.6; 880y, Tanya Gould (VOS) 2:39.6; 440y, Gayle Kern (VOS) 72.8; LJ, Karen Schwantje (VOS) 13'11; HJ, Mary Slaughter (Un) 3'10. 9 and Under Division. 50y/100y, Judy Taylor (VOS) 7.4w/14.3w; 220y, Sharon Fullmer (VOS) 35.6; HJ, Cheryl Napletoft (VOS) 3'0; LJ, Lynda Fleming (VOS) 11'1; BBT, Robin Scott (VOS) 135'2.

Ohio Mid-Winter Run

Monroe, Ohio, (Jan. 28):-The powerful Wolverine Parkettes from Detroit dominated the First Annual Girl's Mid-Winter Run sponsored by the Ohio River Road Runner's Club. The Parkettes won eight of the first nine places in the 12 and over division and produced the winner of the 11 and under section. The race was 880 yards on a flat course.

RESULTS: 12 and over Division: 1-Jacki Ford (WP) 2:23; 2-Kathy Moore (WP) 2:24; 3-Patty Ford (WP) 2:29; 4-Joan Collins (Toledo RRC) 2:34; 5-Connie Bilicki (WP) 2:35. Number of finishers - 22.
11 and Under Division: 1-Vicki Slater (WP) 2:47; 2-Joy Jarvis (Kettering Striders) 2:48; 3-Betty Shell (KS) 2:51; 4-Jody Drake (KS) 2:53; 5-Nanette DuChamp (WP) 2:56. Number of finishers - 15.

Pacific Association Winter Championships

San Mateo, California, (Feb. 4):-Millbrae Lions won the team title, but Kathy Hammond of Will's Spiketettes won the glory as the Pacific Association staged its Annual Winter Championships on the asphalt all-weather track at College of San Mateo. 16 year old Hammond sped to a new Girl's American record in winning the 440y in 54.7 and then returned to annex the 220y in a fine 24.3 after winning her heat in 24.4. Hammond also ran a sensational leg on the 4x220 relay team to give her team the victory. The entire field of the girl's 440y finished with fine marks. Joan Pirie (Orinda TC) had a fine 57.6, Leslie Clark (Laurel TC), known only as a hurdler, turned in a good 57.9, while Carolyn Tiernan wound up only fourth with 59.1s.

In the Women's Division Janet Macfarlane, Unattached, was a triple winner in the 60, 220 and long jump although none of her marks were outstanding. Nancy Norberg had a good discus mark at 143'2, Cherrie Sherrard a speedy 7.8 for the 60y hurdles, and Marie Mulder a creditable 2:14.7 half mile win.

Irene Obera, now 35, began the 1968 season with a third in the 60y and a second in the 220.....Lille Foster, the mile winner in 5:21.5, would like it known her first name rhymes

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with eel and is pronounced "Leeeel" - named after a town in France - and not pronounced "Lilly" as in the flower.

RESULTS:-Women's Division. 60y, 1-Janet Macfarlane (Un) 7.0; 2-Cherrie Sherrard (LTC) 7.1; 3-Irene Obera (LTC) 7.1. 220, 1-Macfarlane 25.5; 2-Obera 26.5; 3-Huey (ML) 26.7; 4-Giner Smith (ML) 26.7. 440y, 1-Nancy Mullen (ML) 58.8; 2-Dino Lowrey (WS) 59.9; 3-Rita Scalise (ML) 63.4. 880y, 1-Marie Mulder (WS) 2:14.7; 2-Cis Schafer (ML) 2:19.5; 3-S. Johnson (WS) 2:37.5. Mile, 1-Lille Foster (ML) 5:21.5; 2-D. Smith (WS) 5:29.4; 3-S. Johnson (WS) nt. 60yH, 1-Sherrard 7.8; 2-Deanna Kurth (LTC) 8.2; 3-L. Brown (LTC) 8.4. 440yR, 1-Laurel TC 49.5; 2-Millbrae Lions 52.7; 3-Will's Spiketettes 55.5. 880y Medley, 1-Will's Spiketettes 2:01.6 (Millbrae Lions first in 1:51.9 but was disqualified.) HJ, 1-K. Draggaman (ML) 5'1¼; 2-Jan Svendsen (ML) 4'10¼, no third. LJ, 1-Macfarlane 17'7; 2-Svendsen 16'11; 3-Brown 16'0. SP, 1-Janis Nay (ML) 42'1½; 2-Carmellita Capilla (ML) 42' 1¼; 3-Svendsen 40'8½. DT (exhibition), 1-Nancy Norberg (Un) 143'2; 2-Nay 116'2; 3-E. Stone (LTC) 106'4. JT, (exhibition), 1-Barbara Pickel (Un) 135'5. BBT, 1-Stone 98'9; 2-E. Crowder (Oakettes) 97'7; 3-Capilla 92'10. Scores: Millbrae Lions 49; Laurel TC 30; Will's Spiketettes 23.
Girl's Division:- 50y, 1-B. Albrecht (LTC) 6.1; 2-K.Slaton (WS) 6.1; 3-E. Hamilton (Oakettes) 6.2. 220y, 1-Kathy Hammond (WS) 24.3; 2-Joan Pirie (Orinda TC) 25.8; 3-Hamilton 26.1. 440y, 1-Hammond 54.7 (noew American record); 2-Pirie 57.6; 3-Leslie Clark (LTC) 57.9; 4-Tiernan (OTC)59.1. 880y, 1-T. Hannay (WS) 2:19.9; 2-J. Walker (WS) 2:23.0; 3-D. Nelson (ML) 2:30.0. 50yH, 1-Jayne Frederick (OTC) 6.9; 2-V. Lewis (Stockton TC) 7.0; 3-Clark 7.0. 440yR, 1-Oakland Oakettes 49.5; 2-Laurel TC 50.0; 3-Stockton TC 50.8. 880y (4x220), 1-Will's Spiketettes 1:44.7; 2-Orinda TC 1:44.9; 3-San Jose 1:50.6. HJ, 1-Frederick 5'0½; 2-Barbara Pickel 5'0¼; 3-J. Harlow (SJ) 4'10. LJ, 1-R. Stanger (STC) 17'3½; 2-C. Brown (OTC) 16'11; 3-L. Albrecht (LTC) 16'6; 4-J. Elkenton (OTC) 16'6. 8#SP, 1-Linda Langford (ML) 40'8¼; 2-M. Thomas (LTC) 29'10%. BBT, 1-L. Campbell (SJ) 78'5. Scores: Orinda TC 26; Will's Spiketettes 21; Laurel TC and Stockton TC 17.

Outdoor Report (Continued)

Norwalk, California

Norwalk, California (Feb. 11):-The Southern Pacific Association staged pentathlon competition for women and girls plus triathlon competition for the age groupers at Cerritos College. Some other individual events were also conducted.

RESULTS:-Pentathlon, 1-Dianne Spangler (PAA) 3884 (11.7-32'3/4-49-16'2/4-27.4); 2-Deborah Payne (Compton TC) 3862; 3-Jane Phineas (LBC) 3818; 4-Alberta Martin (CCTC) 3525; 5-Alida Van Gores (SCM) 3212. 12/13 Triathlon (Using 50yH), 1-Debbie Green (PAA) 3413 rec (8.2-30'4/4-4'7/4-15'9/4-29.1); 2-Karol Stewart (SVS) 3344; 3-Debbie DeBrauwere (PAA) 2998. 10/11 Triathlon (100m-HJ-BBT), 1-Carol Burkland (HTC) 1437 (13.8-3'10-119'1); 2-Tracy Greene (GVTC) 1232; 3-Darla Crowell (SCM) 1195. 9/u Triathlon, 1-Marina Van Gores (SCM) 656 (16.1-3'4/4-66'2); 2-Connie Gassen (PAA) 488; 3-Rebecca Felig (GVTC) 386. Women's events: Mile, 1-Maria Stearns (SCM) 5:17.5; 2-Pat Cole (CCTC) 5:21.2; 3-Irene Wagner (LS) 5:55.3. 220y, 1-Barbara Ferrell (LAM) 25.3; 2-Diana Wilson (LAM) 25.5; 3-Joanne Gilbreath (CCTC) 27.3. HJ, 1-Ordellia Smith (CCTC) 5'2; 2-Sharon Callahan (CCTC) 5'0; 3-Jan Glotzer (VOSYC) 4'11. LJ, 1-Smith 18'3/4; 2-Vicki Betts (SCM) 18'3; 3-Barbara Emerson (CCTC) 17'3; 4-Sonia Guss (LBC) 17'2/4; 5-Diane Deneen (LS) 17'2/4. SP, 1-Vivien Turner (LS) 38'5/4. Age Group Events: 12/13 Division: 880y, 1-Becky Bruce (LS) 2:26.9; 2-Karen Hurllocker (HTC) 2:26.9; 3-Debbie Heald (HTC) 2:31.0. 440y Relay, 1-SC Missiles 50.8. HJ, 1-Juin DesRosiers (SVS) 4'1. LJ, 1-Debbie Norris (SCM) 15'8/4. 6# SP, 1-Syvilla Hargis (LS) 26'10/4. BBT, 1-Debbie Langevain (LS) 21'9. 10/11 Division: 880y, 1-Kristy Clayton (LS) 2:51.0; 2-Rachael Bruce (LS) 2:52.5; 3-Patty Carman (PAA) 2:52.5. HJ, 1-Coleen Cain (PAA) 4'1. BBT, 1-Cain 96'0/4. 9/u Division: 220y, Sonia Fountain (ORD) 32.9. HJ, 1-Christine Shawhan (PAA) 3'5/4. BBT, 1-Cassandra Looney (ORD) 94'4.

Mesa All-Comers (Continued)

12/13 Division: 50y, Judy Rejebian (VOS) 6.1 rec; 2-Debra Bielik (VOS) 6.2. 100y, Rhonda Whatley (VOS) 12.5. 50yH, Delores McHenry (VOS) 8.6. 220y, Bielik 26.3. 440y, 1-Kathy Gibbons (VOS) 60.5 rec; 2-Sandy Goldsmith (VOS) 62.4; 3-Viki McArthur (VOS) 63.4. 880y, Nancy Ihrman (VOS) 2:29.4. LJ, 1-Sherri Jones (VOS) 14'8; 2-Mylan Hughes (VOS) 14'7/4. HJ, tie, Susan Holmes (VOS) & Goldie Kraft (VOS) 4'6. DT, Joan Nessa (VOS) 59'9/4. 6#SP, Beverly Lilly 41'4 rec. BBT, Lilly 223'5. 880y Medley Relay, VOS 1:54.2 rec. 10/11 Division: 50/100, Pam Bigelow (Un) 6.9/12.8. 220, Tracy Felix (VOS) 30.1. 440y, Lou Ann Bolick (VOS) 69.1. 880, Tanya Gould (VOS) 2:33.9 rec. BBT, Karen Schwantje (VOS) 186'9. LJ, Schwantje 14'0/4. HJ, Mary Slaughter (Un) 4'1/4. 440y Relay, VOS 58.4. 9/u Division: 50/220, Annette Jones (VOS) 7.2/31.1. 100, Judy Taylor 14.0 rec. BBT, Robin Scott (VOS) 118'4. LJ, Lynda Fleming (VOS) 12'4/4 rec. HJ, Louvina White (Un) 2'9. 440y Relay, VOS 63.0 rec.

Cerritos College, California

Norwalk, California (Feb. 18):-Diana Wilson and Sherry Calvert each won two events at the SPAAAU competition held at Cerritos College field.

RESULTS:-60y, 1-Vilma Charlton (CCTC) 7.0; 2-Dee DeBusk (LAM) 7.1; 3-Diana Wilson (LAM) 7.2; 4-Deborah Payne (CTC) 7.2; 5-Pernetta Glenn (LAM) 7.2, (Charlton 6.9h). 100y, 1-Wilson 11.0; 2-DeBusk 11.1; 3-Janet Macfarlane (Un) 11.2; 4-Glenn 11.3 (11.2h). 220y (run in flights), 1-Wilson 24.7; 2 (tie) Jarvis Scott (LAM) and Charlton 25.2; 4-Macfarlane 25.7; 5-Payne 25.8; 6-DeBusk 25.9. 440y, 1-Scott 56.9; 2-Bunny Pope (SYTC) 59.2; 3-Doreen Murrell (LBC) 60.0; 4-Joanne Gilbreath (CCTC) 60.5. 880y, 1-Carole Goya (SAR) 2:19.2; 2-Maria Stearns (SCM) 2:21.0; 3-Kathy Dosch (Un) 2:22.8. Mile, 1-Debbie Hampton (MPYJ) 5:37.4. 60yH, 1-Payne 8.2; 2-Dianne Spangler (PAA) 8.3; 3-Pat Harper (CTC) 8.4. 440y Relay, 1-Long Beach Comets 51.3; 2-Ventura Girls TC 51.3. HJ, 1-Ordellia Smith (CCTC) 5'2; 2-Spangler 5'0; 3-Alberta Martin (CCTC) 4'10. LJ, 1-Barbara Emerson (CCTC) 17'9/4; 2-Macfarlane 17'3/4; 3-Jane Phineas (LBC) 17'1/4; 4-Diane Deneen (Lakewood Striders) 17'0/4; 5-Ordellia Smith 16'10/4; 6-Sonia Guss (LBC) 16'9/4. SP, 1-Lynn Graham (LAM) 45'8/4; 2-Leonie Gliesman (SYTC) 41'3/4; 3-Vivien Turner (LS) 39'5/4; 4-Sherry Calvert (SCM) 38'7/4. DT, 1-Calvert 126'2; 2-Virginia Dearing (SYTC) 125'5; 3-Turner 120'4; 4-Gliesman 117'6. JT, 1-Calvert 149'5; 2-Diane Matkovich (CCTC) 148'8; 3-Robbie Stuart (CCTC) 139'5; 4-Beth Hollis (CCTC) 132'0; 5-Kathy Schmidt (LBC) 122'2.

San Joaquin HS Track League

Hanford, California, Feb. 23:-Ree Bradshaw of home-town Hanford turned in two good performances to spice a six-team meet in the San Joaquin Girl's High School Track League. Bradshaw won the 8# shot at 45'5 and tossed the discus 126'9 to win that event also. Sherry Vickers, also of Hanford, scored 22 points as she won the mile, 880, the medley relay and placed second in the 50y hurdles.

RESULTS: 440y Relay, Lemoore 52.6; 50yH, Crisp (Corcoran) 8.0; 880/mile, Vickers (Hanford) 2:42.6/6:44.1; 100y, (tie) Angioli (Hanford) and Hurd (Lemoore) 11.9; DT/SP, Ree Bradshaw (Hanford) 45'5/126'9; 440, Johnson (Madera) 64.4; HJ, Crowell (Clovis) 4'6; LJ, King (Hanford) 16'11

KALEIDOSCOPE

Correspondent Archie Owens of Baltimore, a real booster of women's track and field, has begun publishing a monthly news release called "Women's Eastern Track Newsletter". The first issue was released in February. If interested in being placed on his mailing list, write to him at 3742 Columbus Drive, Baltimore, Maryland, 21215.....The 1968 AAU Women's Junior National Outdoor T&F Championships will be held at Poplar Bluff, Missouri, on July 26-27. For information write Sam Giambelluca, 1020 Kendall Drive, Poplar Bluff, Mo, 63901.....Pete Pozzoli is busy wrapping up work on the 1968 edition of "Women's T&F World Yearbook". The new issue will be ready about April and will contain so many items and such complete coverage of women's track and field that it is impossible to describe. If you have not yet purchased the 1967 Yearbook, you should do so soon for the copies are fast disappearing. \$3 to WTFW.....

Pozzoli says, "I think you will really be surprised when you eventually see just how much I have been able to get together this year plus the great Popper contribution. I can safely say it will definitely put the women ahead of the men at last - it will give much more data than "International Athletics Annual" gives for men."....And to give more import to WTFW Yearbook, the IAAF will probably turn over the womens statistical and record division to WTFW to be contained in the Yearbook each year.

Periodically we receive queries relating to Lacey O'Neal and her mark of 23.4 for the 200m in 1960. Can anyone clear up the legality of this performance?...Okorokova takes a 10 step approach in the high jump - plus 6-8 other preliminary steps. And that's a longer run than Judy Durham (14 steps) takes in the long jump!....Okorokova rates Montgomery and Rita Schmidt as her prime opponents at Mexico while teammate Tatjana Talisheva worries most about Ingrid Becker and Italy's Maria Trio. Talisheva will probably run the hurdles at Mexico as well as the long jump....Okorokova was recently married and is now Antonina Okorokova-Lasarewa.

Now that his suggested "Rating Lists" have been given the stamp of approval by the National AAU, Coach Alex Ferenczy is busy revising and bringing them up to date. The final lists will be published in WTFW in the April issue....Miss Nyankori of Uganda set a new national record in the high jump recently with a leap of 5'4/4/1.635....The new Track Club in Seattle is called the "Seattle Dynamics" and boasts some top-flight athletes in Delores Stoneback, Lindy Oliver, Cindy Burns and Linda Cooper....England's Pat Jones has been awarded the Lord Hawke Trophy as the best woman athletic (T&F) champion of 1967.....Both Susan Groenewald and Johanna Cornelissen of South Africa were married recently. Susan de Plessis and Johanna Hattingh are the two new names.....

Calvin Brown comes up with two additions for Andrew Huxtable's all-time Negro list: 400m, Charlette Cooke 52.4 and javelin throw, Jarvis Scott 45.39/148'11.....Valley of the Sun Track Club will stage the first big meet of the year on March 16-17 at Scottsdale, Arizona. For information write to A. R. Thomas, PO Box 15283, Phoenix, Arizona, 85018.....One of the best Annual Reports has reached us from Rooney Magnuson of Sweden. This is a beautiful piece of work....Maren Seidler will not attend Pitzer College next fall but will go across the street to Pomona College.....

Joe Robichaux announces the Junior National Indoor T&F Championships will be held April 5/6 at the University of Chicago field house. Competition on the first day, the 5th, will be for girls in the 14-17 year age division, while the 6th will be the Junior Championships....write to Joe for information at 130 W. Garfield Blvd, Chicago, Illinois.....Did you know that the Swathmore Women's Meet had some events for men?.....Jim Santos who coached Gail Boyd, among others, at Lebanon, Oregon, is now coaching boys in Chicago.....Most of

Continued on Page 17

1967 US TOP TEN GIRLS Compiled by Bill Peck

50y

5.8 (1)	Shirley Moland (Stockton TC)	6/24
5.9 (2)	Janet Macfarlane (Paradise)	2/ 5
5.9 (1)	Brenda Dewall (Rolfe, Iowa)	6/17
5.9 (2)	Karen Slaton (Oakland Oakettes)	6/24
5.9 (1h)	Bea Brooks (Antelope Valley TC)	6/28
6.0 (3)	Debbie Roots (Stockton TC)	5/20
6.0 (1)	Sharon Brown (Jefferson County TC)	6/10
6.0 (2)	Donna Talley (Denver All Stars)	6/17
6.0 (1)	Orinthia Woodson (LA Mercuresses)	6/18
6.0 (x)	Connie Knott (Iowa TC)	6/29

100y

10.8 (1)	Evelyn Hamilton (Oakland Oakettes)	5/20
10.8 (1)	Pernetta Glenn (Compton TC)	5/28
10.8 (1)	Janet Macfarlane (Paradise)	6/24
10.8 (1h)	Shirley Moland (Stockton TC)	6/28
10.9 (1h)	Pat VanWolvelaere (Angels TC)	4/ 1
10.9 (1)	Orinthia Woodson (LA Mercuresses)	4/ 8
10.9 (3)	Kathy Hammond (Will's Spiketettes)	5/20
10.9 (2h)	Rhonda Fleming (St. Louis Blues)	6/28
11.0 (1)	Jenda Jones (Phoenix, Arizona)	1/21
11.0 (4)	Janet Ferguson (Arcata, Calif)	5/20
11.0 (2)	Ordellia Smith (Crown Cities TC)	5/28
11.0 (1)	Paulette Smith (Topeka Cosmos Club)	6/ 9
11.0 (1)	Debra Wedgeworth (Jeff. County TC)	6/17
11.0 (2)	Bea Brooks (Antelope Valley TC)	6/17
11.0 (2)	Iris Davis (Tennessee State U)	6/29
11.0 (2h)	Carolyn Coleman (Detroit TC)	6/28

220y

24.0 (1)	Kathy Hammond (Will's Spiketettes)	6/17
24.4 (1)	Nancy Benson (Valley of the Sun TC)	3/11
24.4 (1)	Janet Macfarlane (Paradise)	6/24
25.0 (2)	Jenda Jones (Phoenix, Arizona)	3/11
25.0 (2)	Lois Drinkwater (VOSTC)	4/30
25.0 (3)	Orinthia Woodson (LA Mercuresses)	4/30
25.0 (1)	Pat VanWolvelaere (Angels TC)	5/27
25.0 (2)	Connie Knott (Iowa TC)	6/29
25.0 (2)	Evelyn Hamilton (Oakland Oakettes)	6/24
25.0 (3)	Rhonda Fleming (St. Louis Blues)	6/29

440y

54.3 (1)	Kathy Hammond (Will's Spiketettes)	6/17
54.7 (1)	Lois Drinkwater (VOSTC)	6/29
54.9 (2)	Lindy Oliver (Un, Washington)	6/29
55.5 (1)	Sara Beckord (Iowa TC)	6/17
55.8 (3)	Deborah Payne (Compton TC)	6/29
56.3 (1)	Delores Stoneback (Un, Washington)	8/22
56.6 (5)	Joan Pirie (Orinda TC)	6/29
56.7 (6)	Gail Fitzgerald (Metro TC)	6/29
56.8 (7)	Diane Knight (Cullen Astrobelles)	6/29
57.4 (h)	Janene Jatton (Angels TC)	6/29

880y

2:13.6 (1)	Nancy Shafer (Canton TC)	6/29
2:15.2 (2)	Linda Iddings (Angels TC)	6/29
2:16.9 (3)	Becky White (Pasadena AA)	6/29
2:17.0 (1)	Carol Goya (Santa Ana Rockettes)	6/17
2:17.2 (4)	Linda Mayfield (Cave Junction, Ore)	6/29
2:17.2 (5)	Doris Frazier (Atoms TC)	6/29
2:18.0 (6)	Gail Tolvanen (LI Mercuresses)	6/29
2:18.4 (2)	Devie Nelson (Millbrae Lions)	6/17
2:18.9 (h)	Sara Beckord (Iowa TC)	6/28
2:19.4 (7)	Lynnda Best (Sports International)	6/29

One Mile

5:16.4 (1)	Maureen Dickson (Los Angeles)	4/30
5:19.9 (1)	Judy Zingheim (Santa Ana Rockettes)	4/ 8
5:24.3 (2)	Lisa Chiavario (Albuquerque OC)	3/18
5:24.9 (2)	Ros Smith (Pasadena AA)	4/30
5:26.6 (1)	Debbie Hancock (Un, Arizona)	12/18
5:28.4 (3)	Kathy Dosch (Ventura TC)	3/18
5:31.2 (4)	Maria Stearns (SC Missiles)	3/18
5:31.9 (1)	Carol Goya (Santa Ana Rockettes)	7/23
5:35.5 (3)	Jo Ann Leigh (IB Comets)	4/30
5:49.3 (2)	Jody Holman (Monterey Park)	4/ 8

50y Hurdles

6.4 (1)	Pat VanWolvelaere (Angels TC)	8/22
6.7 (h)	Diane Vann (Topeka CC)	6/29
6.7 (2)	Joyce Davis (Frederick TC)	6/29

6.7 (3)	Kay Cox (Bedford, Iowa)	6/29
6.8 (1)	Deanne Kurth (Laurel TC)	4/15
6.8 (1)	Leslie Clark (Laurel TC)	5/20
6.8 (1)	Pat Harper (Compton TC)	6/17
6.9 (2)	Velma Lewis (Stockton TC)	4/15
6.9 (1h)	Dianne Spangler (Pasadena AA)	6/28
6.9 (2h)	Jayne Frederick (Orinda TC)	6/28
6.9 (1)	Deborah Payne (Compton TC)	8/22
6.9 (2)	Rhonda Fleming (St. Louis Blues)	8/22

High Jump

5'6¼ (1)	Fran Parham (Isleton, Calif)	6/30
5'4½ (1)	Frances Bush (Staten Island, NY)	8/22
5'4½ (1)	Anne Poulos (Delaware TFC)	8/22
5'4 (1)	Elaine Coney (Compton TC)	5/28
5'3 (1)	Ordellia Smith (Crown Cities TC)	4/16
5'2 (2)	Audrey Anderson (Alvis, Oklahoma)	6/30
5'2 (1)	Nancy May (San Diego MB)	7/23
5'1 (2)	Sharon Callahan (Crown Cities TC)	4/16
5'1 (3)	Sandy Langevain (Lakewood Striders)	4/16
5'1 (2)	Judy Durham (Tacoma TFC)	5/13
5'1 (1)	Linda Binggeli (Topeka CC)	6/ 9

Long Jump

19' 4 (1)	Ordellia Smith (Crown Cities TC)	6/30
19' 0 (2)	Barbara Emerson (Crown Cities TC)	6/30
18'10½ (3)	Barbara Williams (Run For Fun, Miami)	6/30
18' 5¼ (1)	Gail Tolvanen (LI Mercuresses)	5/14
18' ¾ (6)	Brenda DeWall (Rolfe, Iowa)	6/30
18' 0½ (1)	Vickie Betts (SC Missiles)	5/13
18' 0¼ (1)	Linda Adams (Topeka CC)	6/ 9
18' 0 (1)	Valerie Zimmerman (Aurora TC)	5/ 7
18' 0 (1)	Judy Durham (Tacoma TFC)	8/12
17'11½ (1)	Carol Thomson (Delaware TFC)	5/14

Shot Put

49' 3 (1)	Maren Seidler (Shore AC)	6/29
46' 1 (2)	Ree Bradshaw (Hanford, Calif)	6/29
42' 8¼ (2)	Linda Langford (Millbrae Lions)	6/17
42' 5½ (3)	Leslie Gleissman (Un, California)	6/29
42' 3 (1)	Beth Hollis (Crown Cities TC)	4/30
41' 7¼ (1)	Vivian Turner (Lakewood Striders)	6/10
41' 7 (2)	Tama Levine (Pasadena AA)	6/10
41' 5½ (4)	Lynda Spaulding (Joliet, Montana)	6/29
41' 4 (1)	Lynette Matthews (Fledglings TC)	4/ 8
41' 2¾ (3)	Sherry Calvert (SC Missiles)	6/17

Discus Throw

145' 1 (1)	Renee Kletchka (Nebraska TC)	6/30
129' 7 (1)	Linda Langford (Millbrae Lions)	5/27
128' 4 (1)	Tama Levine (Pasadena AA)	6/10
126' 2 (2)	Sherry Calvert (SC Missiles)	6/10
120' 6 (1)	Diane Matkovitch (Crown Cities TC)	6/ 4
118' 4 (4)	Ree Bradshaw (Hanford, California)	6/17
118' 3 (3)	Vivian Turner (Lakewood Striders)	6/10
118' 1 (4)	Leslie Gleissman (Un, California)	6/10
112' 4 (1)	Barbara Brewster (Flanagan's Clan)	5/27
112' 4 (6)	Carolyn Keith (Lemoore, California)	6/17

Javelin Throw

157' 7 (1)	Sherry Calvert (SC Missiles)	6/30
150' 2 (1)	Beth Hollis (Crown Cities TC)	5/ 7
144' 3 (2)	Barbara Pickel (Orinda TC)	6/30
144' 1 (1)	Robbie Stuart (Crown Cities TC)	4/ 8
142' 9 (3)	Cathy Corr (Crown Cities TC)	6/30
141' 0 (2)	Linda Langford (Millbrae Lions)	6/17
139' 2 (3)	Dianne Matkovitch (Crown Cities TC)	6/10
137'10 (1)	Diane Franklin (Kalispell Timberettes)	5/28
137' 2 (4)	Dianne Dunn (Un, California)	5/ 7
134' 3 (6)	Brenda Glisan (Un, Rock Island, Ill)	6/30

Continued on Page 20

Kaleidoscope (Continued)

the girls in Illinois train in the halls of their schools as outdoor training is not possible during the spring....Eastern Michigan University in Ypsilanti will be the site for the Michigan State AAU T&F Championships on April 13....The 1969 Indoor Championships will be held in Philadelphia on February 28 and March 1....Pacific AAU T&F Championships will be held this year on Memorial Day, May 30, at Cal State College, Hayward. For information write Hayward Area Recreation and Park District, PO Box 698, Hayward, California, 94543....

1968 INDOOR SEASON IN PICTURES



The Michigammas Francie Kraker leads Shelley Marshall of the Atoms TC at the Boston AA 880. Kraker won in 2:13.3s.



Alexis Hunt of the Orinda TC leads in the girl's relay at the Athens Meet. (Steve Murdock photo)



Dino Lowrey, Marie Mulder and Lille Foster pose after their finish in the 880 at Oakland in the Athens Invitational. (Steve Murdock photo)



Francie Kraker

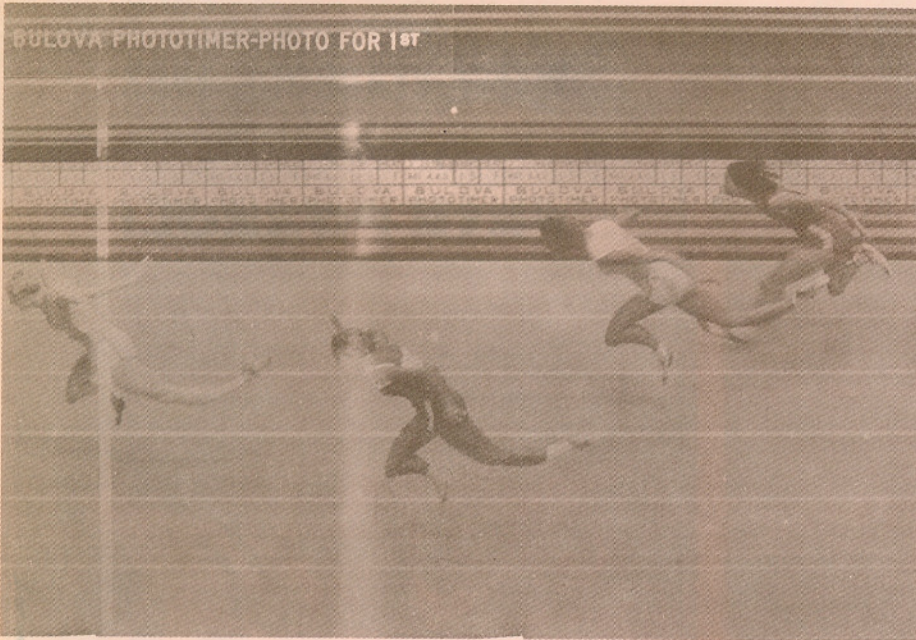


Margaret Johnson-Bailes wins easily in the 60y dash at the Oregon Invitational.

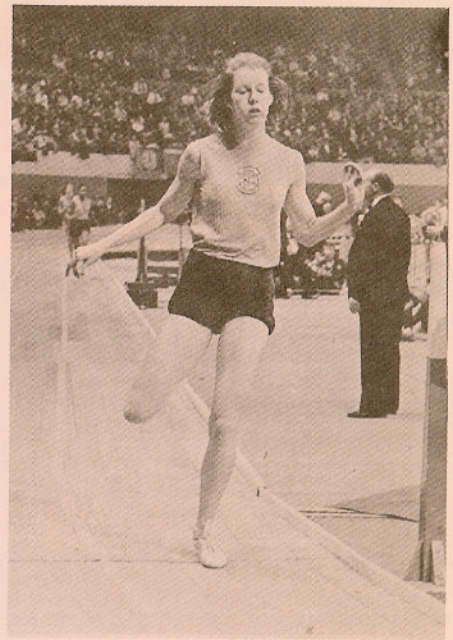


Linda Reynolds edges Marilyn White in the 50y dash in 6.0 at the Boston AA Games.

1968 INDOOR SEASON IN PICTURES



Photofinish of the World Record race by Pat VanWolvelaere at the National Championships. VanWolvelaere crossed the finish line in 7.4, Cherrie Sherrard was second with 7.6, Mamie Rallins third at 7.6 and Chi Cheng fourth with 7.7s.



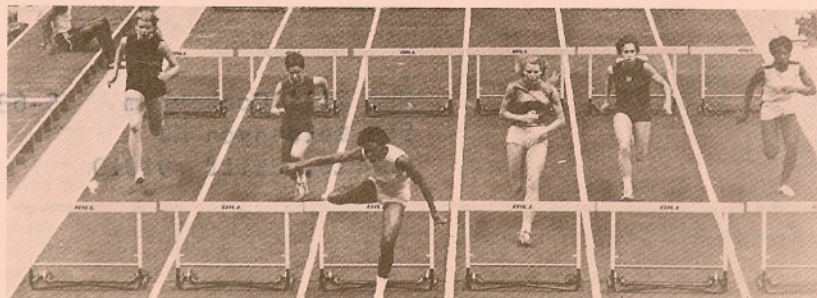
Jane Burnett wins the 440 at the Boston AA Games in 57.0s.



Karen Nelson of Lebanon, Oregon, wins the 440 over Sherry Wells at the Oregon Invitational. (Photo by Don Wilkinson)



Relay action at Oakland as the Will's Spiketettes lead the Orinda TC and the Laurel TC. (Murdock photo)



Cherrie Sherrard makes it look easy as she wins the 60y hurdles at the Athens Invitational in 7.6, just one-tenth off the world mark. Others, left to right are Jan Svendsen, Deanne Kurth, Jayne Frederick, Leslie Clark and Yolanda Meeks. (Photo by Steve Murdock)

Girl's Top 10 (Continued)

440y Relay (4x110)

47.5 (1)	Valley of the Sun TC, Arizona	4/30
47.7 (1)	Compton Track Club	6/17
47.7 (2)	Stockton Track Club	6/17
48.1 (3)	Oakland Oakettes	6/17
48.2 (2)	Los Angeles Mercuresses	6/30
48.6 (4)	Mickies Missiles	6/17
48.8 (3)	Topeka Cosmo Club	6/30
49.0 (5)	Philadelphia Track & Field Club	6/30
49.4 (5)	Crown Cities Track Club	6/17
49.6 (1)	Manila, Iowa	4/29
49.6 (1)	Run For Fun TC, Miami	5/13

880y Relay (4x220)

1:39.2 (1)	Valley of the Sun Track Club	6/30
1:40.7 (2)	Angel's Track Club	6/30
1:41.5 (3)	Los Angeles Mercuresses	6/30
1:41.6 (4)	Atoms Track Club	6/30
1:42.1 (1)	Will's Spikettes	6/17
1:42.3 (2)	Orinda Track Club	6/17
1:42.5 (3)	Compton Track Club	6/17
1:42.6 (4)	Mickies Missiles	6/17
1:42.7 (5)	San Diego Mission Belles	6/17
1:43.4 (6)	Oakland Oakettes	6/17

Send corrections and/or additions to WTFW.

It is always interesting to play with statistics a little. We have scored the first six places on a 10-8-6-4-2-1 basis and come up with the following results: Best Club - Crown Cities Track Club with 38 points barely nosing out Arizona's Valley of the Sun TC who scored 36 points; Washington's Angels TC was third. Best State - California with an unbelievable point score of 260; Arizona was second with only 39 points.

Complete results of the scoring: CLUBS

1-Crown Cities TC	38	19-LA Mercuresses	9%
2-VOSTC	36	20-Hanford	9
3-Angel's TC	27%	21-Staten Island	8
4-Unattached	25	22-Orinda TC	7
5-Stockton TC	23	23-Run For Fun	6
6-Will's Spikettes	22%	Albuquerque OC	6
7-Compton TC	22	Frederick TFC	6
8-Paradise TC	19	Delaware TFC	6
9-Iowa TC	18	Topeka CC	6
10-Oakettes	17	28-Atoms TC	5½
11-Pasadena AA	16	29-Antelope Valley	5
12-SC Missiles	15	30-LI Mercuresses	4
Millbrae Lions	15	31-Laurel TC	2
14-SA Rockettes	12	32-St.Louis Blues	1¾
15-Canton TC	10	33-Ventura TC	1
Iselton TC	10	Lakewood Strid.	1
Nebraska TC	10	Mickies Missiles	1
Shore AC	10	36-San Diego MB	½

STATES

1-California	260	9-Delaware	6
2-Arizona	39	Kansas	6
3-Washington	35%	New Mexico	6
4-Iowa	18	Maryland	6
5-New York	17%	Florida	6
6-Ohio	10	14-Oregon	2
New Jersey	10	15-Missouri	1¾
Nebraska	10	16-Oklahoma	1

Women's

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Rocky Mountain AAU Indoor Championships

Golden, Colorado, Feb. 24:-RESULTS:-60y, Dorothy Myles (Tex. Southern) 6.9; 60yH, Diane Vann (Topeka CC) 8.2; 220y, Pat Atkinson (TS) 25.9; 440y, Lisa Chiavario (Albuquerque OC) 59.3; HJ, 1-Pat Callender (TS) 5'4, 2-Linda Binggeli (Topeka CC) 5'4, 3-Cheryl Neal (Topeka CC) 5'0; SP, Carl Moseke (Nebraska TC) 46'5.

National AAU Predictions Bullseye

WTFW provided a four page "Handicap" sheet in the program of the National Championships at Oakland. Our staff predicted the winner correctly in the 60y, 440y, 880y, mile, HJ, LJ, SP and Basketball throw. We missed only the 60yH, (picked Sherrard) and the 220y where every athlete we listed either did not enter or was injured after the trials.

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