



KATHY HAMMOND turned in the fastest 440y time of the 1969 season when she defeated Jarvis Scott and Lois Drinkwater at the Mt. San Antonio Relays in 54.0 flat. Kathy, forced out of the national picture last year by a muscle pull, also ran 54.6 at Millbrae on April 18 and 56.9 at Hanford on April 12 and is unbeaten outdoors. (Don Wilkinson photo)

**KANSAS RELAYS**

Lawrence, Kansas, April 17-19:-Three events for women were staged at the Umpteenth Annual Kansas Relays. Barbara Lawson of the Colorado Pacers won the 880 on Thursday with the rain pouring down, the wind blowing hard and the track covered with four inches of water in a good 2:20.7 - nearly ten seconds ahead of the runner-up. On Saturday the weather was fine, the wind was nil and the track fast as Texas Southern's Georgia Johnson scored a close win over Rhonda Fleming in the 100 in a good 10.8 and Texas Southern annexed the 440y relay in an excellent 47.1s. RESULTS: 880y, 1-Barbara Lawson (Colorado Pacers) 2:20.7, 2-Janet Rousseau (CP) 2:30.3; 100y, 1-Georgia Johnson (Texas Southern) 10.8, 2-Rhonda Fleming (St. Louis Blues) 10.9, 3-Janet Brown (Texas TC) 11.0, 4-Charlotte Hawkins (Colorado OC) 11.0, 5-Cathy Hamblin (Un) 11.6; 440yR, 1-Texas Southern (Myles-Johnson-Jackson-Dyer) 47.1, 2-Colorado OC 47.7, 3-St. Louis Blues 47.8, 4-Texas TC 49.3, 5-Topeka Cosmo 49.5s.

**SHELDON OVER 5'7¼**

Portland, Oregon, April 25:-Tara Sheldon, who will be 22 on 23 May, and who had a 1968 best of only 5'3, cleared 5'7¼ in the Oregon State women's collegiate track meet here today. Tara, who is 6'4, is aiming for the 1972 Olympic Games. Her mark today would have qualified her for the 1968 Olympic Games in Mexico City. She held the previous collegiate record at 5'3.

**MT. SAC RELAYS**

Walnut, California, April 25:-Kathy Hammond, Barbara Ferrell and Chi Cheng won the individual events at the Annual Mt. San Antonio College Relays. Hammond turned in the best mark of the day with her 54.0 win in the 440y, far outclassing the rest of the field which included Olympians Jarvis Scott (55.7) and Lois Drinkwater (56.2). Hammond, who ran a 54.6 the preceding week at Millbrae, was never headed as she took the lead from the start and pulled away all alone in the stretch. Young Mabel Ferguson continued to show much promise as the 14 year old clocked 56.8 in fourth place. Joanne Gilbreath nipped Carol Goya and Debbie Norris in the last two strides for the fifth spot.

Ferrell had little trouble in the 100 with only teammate DeBusk to offer competition. Off a little late, she had to come from behind at the 40y mark, but come she did and won by a clear margin which was more than the announced times (10.7 to 10.8) indicated.

Chi Cheng took the lead over the first hurdle in the 100m event and continued to increase her lead throughout the entire race with a clear five yard win over Jan Glotzer and Pat Donnelly in 13.9s. Glotzer and Donnelly were both timed in 14.3.

The Phoenix TC won the 4x220 relay in the fine time of 1:37.9 over Crown Cities (1:39.7) and the LA Mercurettes (1:42.8). Fred Moore's crew of Laing-Greene-Drinkwater-Glotzer was a well balanced unit averaging a shade under 24.5s.

The Albuquerque Olympette Club's 12/13 year old 4x220 relay team of Carol Hudson-Nora Carter-Carol Slocum-Spider Baker set a new National record in that event, winning in 1:49.9s.

RESULTS:100y, 1-Barbara Ferrell (LAM) 10.7, 2-Dee DeBusk (LAM) 10.8, 3-Willia Mae Ferguson (San Gabriel Valley Pacers) 11.0, 4-Deborah Payne (CCTC) 11.1, 5-Alida Van Gores (SC Missiles) 11.3; 440y, 1-Kathy Hammond (Un) 54.0, 2-Jarvis Scott (LAM) 55.7, 3-Lois Drinkwater (Phoenix TC) 56.2, 4-Mabel Ferguson (SGVP) 56.8, 5-Joanne Gilbreath (CCTC) 59.3; 100mHH, 1-Chi Cheng (CCTC) 13.9, 2-Jan Glotzer (PTC) 14.3, 3-Pat Donnelly (Tucson TC) 14.3, 4-Dianne Spangler (Crescenta-Canada Spikettes) 14.8, 5-Alberta Martin (CCTC) 15.0; 880yR, 1-Phoenix TC (Laing-Greene-Drinkwater-Glotzer) 1:37.9, 2-CCTC (Chi-Emerson-Martin-Payne) 1:39.7, 3-LA Mercurettes (DeBusk-Ferrell-Farmer-Scott) 1:42.8, 4-Ventura Girls TC 1:43.8, 5-SC Missiles 1:44.3; 12/13 4x220yR, 1-Albuquerque Olympette Club (Hudson-Carter-Slocum-Baker) 1:49.9 (New National Record), 2-Long Beach Comets 1:57.2, 3-Lakewood Spartans 1:57.4, 4-Valley of the Sun TC 1:57.8s.

Walnut, California, April 27:-Two women's events were staged in conjunction with the final day of the men's decathlon at the Mt. San Antonio Relays, the javelin and the long jump. Javelin competition saw some tremendous throwing by three athletes - two youngsters and a veteran. Young (17) Sherry Calvert waited the wand 176'2 to win the event with her lifetime best. Close behind was Roberta Brown of the San Diego Lancerettes with a toss of 172'0 near her lifetime best of 173'11 achieved only 14 days earlier at Hanford. In third came Kathy Schmidt(15) of the Long Beach Comets with a mark of 164'10. Olympian RaNae Bair experienced many troubles and failed to qualify for the final with a throw of only 129'.

In the long jump Jan Glotzer upset teammate Judy Rejebian as the Phoenix TC aces finished 1-2 at 18'7½ and 18'5½. Upcoming Viki Betts edged the 1968 National girl's champion Barbara Emerson for third, 17'11¼ to 17'10. Janet (Macfarlane) Nelsen was fifth at 17'7.

## REEL TALK

### LET'S HEAR IT FOR DAYTON!!!

News from Norm Saettel, Meet Director for the 1969 National Championships at Dayton, Ohio, brings the wonderful information that the Bulova Photo Timer will be on hand for this most important meet. This is wonderful news for every runner from coast to coast. The use of the Bulova timer must be mandatory for all National Championships from now on!

In addition, Saettel reports the long jump pit has been made over. The cement sidewalls of the 6' wide pit have been removed and the pit has been widened to 8' - still not up to specifications, but far, far better than before. The pit is now 30 feet long and the runway will be 125 feet in length.

The high jump area has been resurfaced and chances are a Port-a-Pit will be on hand. The landing area for the shot has been promised to be "in shape".

The Committee is also publishing Bulletins covering all information about the meet, Bulletin Number 1 having already been received.

For information, requests for the Bulletin, etc., contact Norm Saettel, Meet Director, Box 502, Dayton, Ohio, 45401.

Let's hear it for Norm, Dayton and Ohio!

### LET'S HEAR IT FOR PARENTS!!!

While we're on the cheers routine, a few words for those old folks on the top side of the "generation Gap" - the parents of the young, aspiring athletes. In a scene matched by thousands of parents all over the nation we see interested mothers and fathers bringing their prodgeny to the daily workout sessions, driving the many miles, waiting through the cold weather, cancelling appointments, missing family picnics, turning down dinner invitations, being late to choir practice - a thousand changes from what they might like to be doing - just to bring their daughter to their daily workout session. Let's hope the young, budding athletes appreciate the fact they have parents who are interested in them. You wouldn't get far without their belief and support.

## WCIAA INDOOR CHAMPIONSHIPS

Saskatchewan, Canada, March 1:-The University of British Columbia edged the University of Manitoba 72-69 to win the team title at the WCIAA Indoor Championships here today. Ann Covell won both the 60 and 300m sprints in record time to spark the UBC win. RESULTS: 60y/300m, Ann Covell (UBC) 7.0/41.8; 60yHH, Betsy George (UBC) 8.6; 880, Linda James (UM) 2:18.7; 4x1 lap Relay, UM 1:16.3; LJ, George 17'5 1/4; SP, Maureen Dowds (UM) 44'8 1/4; HJ, Eva Adamovich (UBC) 4'10

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## INDOOR REPORT

### MID-AMERICAN INDOOR CHAMPIONSHIPS

Chicago Heights, Illinois, March 9:-The First Annual Mid-American Indoor Track and Field Championships were held at the Bllog Township High School with a crowd numbering over 1300 with standing room only.

The meet drew 16 teams from throughout the midwest, with more than 130 girls competing. Many of the teams were forced to withdraw due to severe weather near St. Louis and in Kansas.

The most exciting race of the day was the 50y hurdles (no height or spacings announced) in which Jenny Otto of the Chicago Heights TC, Gail Boyd of the Illini TC and Judy Vernon of the Ozark TC raced to a photo finish. The new Mrs. Vernon was awarded the win over Otto and Boyd with all three girls running 6.8s.

Connie Peterson of the Illini TC set a new Illinois State high jump record with a leap of 5'5.

Judy Vernon was awarded the outstanding meet performer trophy as she won the hurdles and the long jump at 18'6.

The Mayor Daley Youth Foundation again proved to be the top club in the midwest by edging the Illini TC for the team title 59 1/2-57. RESULTS: 50yHH, 1-Judy Vernon (Ozark TC) 6.8, 2-Jenny Otto (Chicago Heights TC) 6.8, 3-Gail Boyd (Illini TC) 6.8; SP, 1-Liz Sharp (ITC) 38'11 1/4; 880, Lynn Wilkin (ITC) 2:35.7; 50y, Joy Hubbard (St. Louis Blues) 6.1; 220, Pat Henderson (MDYF) 25.7; HJ, Connie Peterson (ITC) 5'5, 2-Linda Benggeli (Topeka CC) 5'3, 3-Janet Schulenburg (Un) 5'3; 440, Donna Simpson (MDYF) 61.6; LJ, Vernon 18'6; Mile, Lori Schutt (Un) 5:36.7; 880yMedR, Motor City TC 1:55.9; 4-lap relay, MDYF 1:17.0.

### IOWA FEDERATION INDOOR MEET

Des Moines, Iowa, March 15: Linda Rowe of Glenwood, Iowa, turned in the best mark of the Iowa Girls Federation Indoor Meet here tonight by jumping 5'4 1/4 to win the high jump. Old Iowa reliables Kay Bruce and Chris Gemberling were once again in the winner's circle. RESULTS: SP, Nancy Adams 35'9; HJ, Rowe 5'4 1/4; LJ, Kat Bruce 17'3 1/4; 1-lap dash (147 yds) Pam Wilcoxson 18.3; 880, Chris Gemberling 2:26.3; 440, Meg Hennessey 62.8; 50yH (Iowa) Nancy Lienemann 7.4; 2-lap run, Becky Rademaker 38.8; 50y, Joyce Carpenter 6.3; 880y MedRelay, Manilla 1:56.6.

### ROCKY MOUNTAIN INDOOR

Golden, Colorado, February 22: Girl's Division: 440y, Tracee Hudson (AOC) 60.5; 60y, 1-Lisa Chiavario (AOC) 6.9, 2-Charlotte Hawkins (COC) 6.9, 3-Cynthia Wales (AOC) 6.9; 220y, Chiavario 25.7; 880y, Janet Rousseau (CP) 2:28.7. Women's Division: 60y, Rebecca Davis (TC) 7.1; 60yH (no height or spacings listed), Diane Vann (Topeka Cosmos) 8.3; HJ, 1-Linda Bingelli (TC) 5'4, 2-Stanalia Mallard (CP) 5'3; LJ, Vikki Lind (CP) 17'2 1/2; SP, Debbie Rodrigues (CP) 35'5; 220, Davis 26.9; 880, Barbara Lawson (CP) 2:20.3; Mile, Lawson 5:31.7.

### ALAMOSA INDOOR MEET

Alamosa, Colorado, February 15: (Dirt track) 14/over Division: 440, Lisa Chiavario (Albuquerque OC) 59.9; SP, Debra Rodrigues (Colorado Pacers) 38'2; 880, Janet Rousseau (CP) 2:28.7; 50, Charlotte Hawkins (Colorado Olympic Club) 5.9, 2-Pam Greene (Denver All Stars) 6.0; 50yLH, Stanelera Mallard (CP) 7.0; HJ, Mallerd 5'1, 2-Sallie Caton (AOC) 5'0; LJ, Chiavario 17'7 1/4; 13/Under Division: HJ, Beverly Hamilton (Gallup) 4'10; 50yLH, Nora Carter (AOC) 7.7; 50y Carter 6.2.

### COLORADO INDOOR RELAYS

March 15: 60y, Charlotte Hawkins (COC) 7.0; 60yH (No height or spacings listed), Linda Smith (COC) 8.3.

When you have mastered technique, it will look easy.

### JOANNE JONES HAS A FIELD DAY

Saskatchewan, Canada, March 24:-13 year old Joanne Jones had a field day in a flat-board meet here today winning the 100 meter dash (1 lap), the high jump (5'0), shot put (33'8") and running a leg on the winning relay team.



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# US REPORT

## TEXAS SOUTHERN RELAYS

Houston, Texas, March 14-15: Texas Southern proved a poor host as they won their own relay meet with 50 points, far out-distancing runner-up Alcorn A&M who tallied 29. Linda Bingelli of the Topeka Cosmo Club turned in the best mark of the competition which was held in cold, rainy weather and on a muddy track when she leaped 5'3 to annex the high jump.

RESULTS: 100y, Georgia Johnson (TSU) 11.7; 220y, Kim Curry (Ft. Worth) 26.1; 100mHH, 1-Judy Dyer (TSU) 14.7, 2-Georgia Johnson (TSU) 14.7; 440yR, Texas Southern 47.8; 880yR, 1-TSU 1:43.5, 2-Alcorn A&M 1:43.9; Sprint MedR, TSU 1:49.2; HJ, 1-Linda Bingelli (TCC) 5'3, 2-Pat Callender (TSU) 5'3. Scores, 1-TSU 50, 2-Alcorn A&M 29, 3-Texas TC 24½, 4-Topeka Cosmo 21½, 5-Ft. Worth 9, 6-Astrobelle 8, 7-Sunny Side TC 4

## PHOENIX INVITATIONAL

Phoenix, Arizona, March 15/16: RESULTS: 9/Under, 50y/LJ, Shelly South (TR) 7.0/12'11¼; 440yR, VOSTC 64.6; 100/220/440, Debbie Cassidy (VOSTC) 13.4/32.2/72.6; HJ, Christina Shawhan (CCS) 3'11½. 10/11 Division, 440, Patsy MacDonald (CTC) 67.9; SP, Charlene Arnold (CTC) 28'0¼; LJ, Jill South (TR) 14'9; BBT, Pam Young (CR) 14'9'0; 880, Young 2:37.8; HJ, Jill South 4'6½; 50, Patsy MacDonald (CTC) 6.8; 100, Janet Bridgewater (CTC) 12.3; 220, Cynthia McKenzie (OMTC) 29.0; 440yR, Creighton TC 57.6. 12/13 Division, Mile, Debbie Heald (Hutchinson TC) 5:07.6 (New National Record); 2-Nancy Thrman (Phoenix TC) 5:18.2; 3-Karen Kosmala (HTC) 5:21.2; 440yR, Long Beach Comets 52.3; JT, Tracy Felix (Phoenix Flyers) 90'1; 50yLH, Anne Gallagher (PF) 7.3; 440y, 1-Karen Hurllocker (HTC) 58.1 (New National Record), 2-Gallagher 59.2, 3-Carol Hudson (AOC) 60.0; 6#SP, Debbie Brown (CCS) 35'0¼; 100, Nora Carter (AOC) 11.8; DT, Silvia Centoz (TR) 82'9; LJ, Kathi Bishop (TR) 15'7½; 50y, Carol Burkland (HTC) 6.2; 220, Hurllocker 26.2; 880, 1-Tania Gould (PF) 2:21.2, 2-Nancy Thompson (PTC) 2:24.4, 3-Debbie Timpke (OMTC) 2:24.7, 4-Debbie Schuster (HTC) 2:26.6, 5-Cheryl Benish (CCTC) 2:27.5; BBT, Karen Schwantje (PTC) 203'11; 880yMR, LB Comets 1:56.1, 2-VOSTC 1:56.5; HJ, Beverly Hamilton (GTC) 4'8½. Girl's Division: 8#SP, Debbie Rodriguez (CP) 36'6, 2-Barbara Butler (AOC) 36'3¼; DT, 1-Sherry Calvert (SCM) 114'10, 2-Butler 103'9; 440yR, 1-Ventura TC 50.4, 2-Tucson TC 51.9; 440, Tracee Hudson (AOC) 59.5, 2-Kris Leineke (VTC) 59.6; 80mLH, 1-Jackie Van Buskirk (VOS) 12.8; 100y, 1-Lisa Chiavario (AOC) 11.4, 2-Pam Greene (DAS) 11.5, 3-Susan Holmes (PTC) 11.5; 220, 1-Donna Beckstrom (SCM) 25.2, 2-Greene 25.4, 3-Chiavario 25.5; 50, Greene 6.1; Mile, Janet Rousseau (CP) 5:26.7; 880, 1-Debbie Norris (SCM) 2:19.4, 2-Sandy Goldsmith (PTC) 2:21.2, 3-Nancy Benson (PF) 2:23.1; JT, 1-Kathy Schmidt (LBC) 168'6, 2-Calvert 158'0, 3-Beverly Lilly (TTC) 117'10; DT, 1-Barbara Butler (AOC) 130'5, 2-Calvert 123'5, 3-Monette Driscoll (Un) 117'8; LJ, 1-Vikki Lind (Colorado Pacers) 18'0¼, 2-Vicky Betts (SCM) 17'7¼, 3-Chiavario 17'7¼; HJ, Stanelia Mallard (CP) 4'11; 880yR, Long Beach Comets 1:46.7, 2-Colorado Pacers 1:46.9. Women's Division: 440, 1-Mabel Ferguson (SGVP) 59.2, 2-Alberta Martin (CCTC) 60.1; 100mHH, 1-Pat Donnelly (TCT) 14.2, 2-Diane Spangler (CCS) 15.1; 100, 1-Mavis Laing (PTC) 10.8, 2-Darlene Green (PTC) 10.9, 3-Willie Mae Ferguson (SGVP) 10.9; Mile, 1-Kathy Gibbons (PF) 5:10.0, 2-Ruth Brand (PTC) 5:19.1; LJ, Kathy Hamblin (Un) 17'9¼; 200mLH, 1-Donnelly 28.2, 2-Spangler 28.9, 3-Martin 29.6; 220, 1-Laing 24.5, 2-Green 24.6, 3-M. Ferguson 25.1; 880, 1-Lura Miller (PTC) 2:35.5, 2-Michelle Marcu (SGVP) 2:35.5; HJ, Martin 4'11.

## SPGT ASSOCIATION

El Monte, California, March 29: 50/100/220 Willie Mae Ferguson 6.1/11.1/25.8; 440, Mable Ferguson 60.0; HJ, Conly 5'0¼. 12/13 Division: 440, Barraza (SGVP) 63.0; 880, Benish (CCTC) 2:31.0; Mile, Benish 5:52.0; SP, Brown (CCS) 36'4; BBT, Escobedo (OMTC) 200'9; DT, Escobedo 91'1. 9/Under Division: 50, Shawhan (CCS) 7.3; 100, Shawhan 13.9; 220, Shawhan 33.3; HJ, Shawhan 3'8. Cypress, California, March 29: 12/13 Division: 1320/660, Debbie Heald (HTC) 3:42.2/1:44.6; 50yLH, 1-Goldsberry (LS) 7.2, 2-Wilson (HTC) 7.2; 330, Bruce (HTC) 45.0; HJ, Goldsberry 5'0¼

## SP GIRLS TRACK ASSOCIATION RELAYS

Long Beach, California, March 22: 14/Over Division: 320yard Shuttle Hurdles (no height or spacings listed), LB Comets 60.1; 880y medley, SC Missiles 1:51.4; Two Mile, Hutchinson TC 10:40.8, LB Comets 10:46.8; 440y, SC Missiles 49.7; Mile, SC Missiles 4:14.4, LB Comets 4:22.9; 880y, LB Comets 1:51.5; JT, Robbie Stuart (CCTC) 143'8; SP, Vivian Turner (Lakewood Striders) 36'0. 12/13 Division: 880yMed, Hutchinson TC 1:55.8; Mile, Hutchinson TC 4:26.9, 2-Ontario-Montclair TC 4:30.3; Two Mile, Ontario-Montclair TC 10:47.6; 440y, Lakewood 52.6, Hutchinson 52.9; 880, Lakewood 1:51.1, Hutchinson 1:51.2; JT, Debbie Langevain (LS) 89'6; HJ, Sandy Goldsberry (LS) 5'0; SP, Langevain 36'0. 10/11 Division: 880yMedley, Hutchinson 2:08.7; 440y, Hutchinson 57.7; Mile, LB Comets 5:25.8; 880, Hutchinson 2:03. BBT, Debbie Rivera (LS) 225'0; HJ, Smith (LS) and Slater (LBC) 3'10. 9/Under Division: 880yMedley, SC Missiles 2:24.0; 440y, SC Missiles 67.1; Mile, SC Missiles 5:48.8; 880y, SC Missiles 2:23.5; BBT, Charm Bishop 100'3; HJ, Diane Rodriguez (HTC) 3'6

## PRARIE VIEW RELAYS

Prarie View, Texas, March 29-30: RESULTS: 100y, 1-Molly Hence (Alcorn A&M) 11.0, 2-Judy Dyer (TSU) 11.0; 220y, 1-Archie Rhodes (Alcorn A&M) 25.9, 2-Mary Norrells (Alcorn A&M) 25.9, 3-Norma Harris (TSU) 26.1; 440yR, 1-TSU (Jackson-Dyer-Harris-Johnson) 47.1, 2-Alcorn A&M 49.2; 880yR, 1-TSU (Harris-Callender-Jackson-Johnson) 1:39.9, 2-Alcorn A&M 1:40.0.

## INDOOR ROUNDUP (Continued)

### REGINA LIONS INTERNATIONAL GAMES

Regina, Saskatchewan, Canada, February 21/22:—Once again our Canadian neighbors demonstrated complete coverage of women's and girl's track at the Regina Lions International Indoor Games. In addition to the regular "star" events, the Regina people staged a full slate of events for the small fry which necessitated the running of, (for example), 23 heats, 12 quarter-final races, 4 semi-final races and the final in the Midget 75 yard dash! They also needed 20 heats and 4 semi-finals for the Midget 300, ran 4 flights of the midget 600, had 7 4xl lap relays, 36 entries in the high jump and 23 in the shot - all for just the Midget (under 16 years) division. Young Louise Kowalske was the standout performer in this division winning her heat (9.3), quarter-final (9.5), semi-final (9.4) and final (9.3) in the 75 yard dash - which is run on the turn! - and her heat (43.9), semi-final (45.1) and final (43.5) of the 300 meter sprint.

Other results included: Midget 75, semi-final, B. Thorsteinson (13y) 9.2; 600, Maureen Hudson 1:27.8; HJ, Debbie Borzel 5'0¼, Joanne Jones (13y) 5'0¼; Juvenile 75, J. Fullerton 8.8; 600, R. Evans 1:30.7; College & Open 75, J. Herringer 8.7 (rec); 300m, G. Russell 1:29.8; SP, D. Jones (17y) 39'9¼ (rec); Invitational 300m, 1-Jan Maddin 41.8, 2-J. Herringer 41.9, 3-Joan Pirie (US) 42.0, 4-D. Newing (US) 42.7; Mile, 1-Doris Brown (US) 4:57.3, 2-N. Lieppens 5:11.7; HJ, 1-Debbie Brill (15y) 5'7, 2-Diane Jones 5'4, 3-L. Vanderstam 5'3.

### MICHIGAN INDOOR CHAMPIONSHIPS

Ypsilanti, Michigan, April 12: Mayor Daley was forced to pull out all the stops to register a close team victory over the Michigammas, 90½-86½, at the Indoor Conference Championships held here today on the Bowen Fieldhouse Grasstex track.

RESULTS: Women's Division: SP, Maren Seidler (MDYF) 45'8¼; LJ, Willye White (MDYF) 17'4¼; HJ, Jill Halgrimson (MDYF) 5'4¼; 60yH (New spacing-old height), 1-Mamie Rallins (MDYF) 7.6, 2-Debbie Lansky (Wolverines) 7.6, 3-Cheryl Rogers (MDYF) 8.5, 4-Jenny Otto (Chicago Heights TC) 8.7; 60y, 1-Pat Henderson (MDYF) 7.0, 2-Barb Hines (Cleveland RD) 7.0, 3-Nancy Newkirk (Motor City TC) 7.0; 200m, Leona Mathis (MCTC) 25.4; 400m, Pam Bagian (Wolverines) 59.9; 800m, Gail Olinak (Toronto) 2:18.8, 2-Bagian 2:21.8; 1500m, 1-Jackie Ford (Wolverines) 4:38.5, 2-Kathy Moore (W) 5:02.8, 3-Sue Bylicki (MCTC) 5:02.8; 440yR, MDYF 49.0; 880yMedley, MDYF 1:49.2. Scores: MDYF 90½, 2-Wolverines 86½, 3-Motor City TC 54½. Girl's Division: 50y, Karen Buford (Wolverines) 6.2; 880y, Linda Waugh (Trinity TC) 2:28.8; Scores: Wolverine Parkettes 58, Scarboro Optimists 45. Special Events: 1500m, 1-Cheryl Bridges (Indiana State U) 4:35.2, 2-Linda Woodward (WP) 4:51.8; 11/Under 880y, 1-Chris Spalisky (WP) 2:36.4; 880y Walk, Jeanne Bocci (WP) 3:36.5.

## **BOULDER VALLEY INVITATIONAL**

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### **TRACK & FIELD MEET**

**Saturday, June 21, 1969**  
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ALSO SELECTED EVENTS FOR: 9 & UNDER  
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14 TO 17

WRITE:  
Mr. Ronald Powell  
Meet Director  
3467 Golden State Drive  
Santa Clara, California, 95051  
Telephone (408) 243-8918

1969 NATIONAL AAU

### **WOMEN'S PENTATHLON CHAMPIONSHIPS**

**SATURDAY, JUNE 28, 1969**  
**LOS ALAMOS, NEW MEXICO**

FOR INFORMATION WRITE:  
Robert Martin, Director  
County Recreation Department  
P.O. Box 30  
Los Alamos, New Mexico 87544

### **WOLVERINE INVITATIONAL LONG DISTANCE CLASSIC OCTOBER 4, 1969 EASTERN MICHIGAN UNIVERSITY YPSILANTI, MICHIGAN**

14/Over 2 Mile Run  
14/17 1½ Mile Run  
13/Under 1 Mile Run  
11/Under ¾ Mile Run  
9/Under ½ Mile Run

FOR INFORMATION WRITE:  
Richard Beyst  
2095 Paris Avenue  
Lincoln Park, Michigan 48146

## US REPORT

### SAN DIEGO RELAYS

San Diego, California, April 12:-880y, 1-Marie Stearn (SMAA) 2:19.8, 2-Nanette Torrey (Mickies Missiles) 2:26.6; 100y, 1-Rene Bowen (MM) 11.3, 2-Doloros Faniel (MM) 11.8; 440y, 1-Jackie Thompson (MM) 57.4, 2-Kathy Chin (SD Lancerettes) 60.1, 3-Kim Thiel (Un) 60.5; LJ, J. Thompson (MM) 17'8".

### PELICAN RELAYS

Baton Rouge, Louisiana, April 18-19: Molly Hence of Alcorn A&M was named the outstanding performer at the Annual Pelican Relays here today. Molly won the high jump, won the 220, was second in the 440, second in the 100 and ran a leg on the winning relay team. The only event on the program in which she didn't compete was the hurdles! Teammate and Olympian Mildrette Netter returned to the running wars with a 10.9 triumph in the century dash. RESULTS: 100y, 1-Netter 10.9, 2-Hence 11.2; 220, 1-Hence 25.0, 2-Archie Rhodes (Alcorn A&M) 25.3; 440y, 1-Mary Norrells (Alcorn A&M) 57.4, 2-Hence 59.9; 100mLH, Edmonia Veals (Alcorn A&M) 15.7; 440yR, 1-Alcorn A&M (Hence-Davis-Rhodes-Netter) 47.8; HJ, Hence 4'8".

### ARCADIA INVITATIONAL

Arcadia, California, April 19:-Five women's events spiced an evening of track and field at the Annual Arcadia Invitational.

Crown Cities Track Club opened the festivities with an upset win over the Los Angeles Mercuresses in the 440 yard relay in a good 48.0 flat. Chi Cheng gave the CCTC club a lead on the first leg over the Mercuresses Dee DeBusk, but Barbara Ferrell got it all back and a little more on the second leg against Barbara Emerson. Jarvis Scott kept the margin over Lorraine Jordan, but the CCTC's Deborah Payne, back after a year of inactivity due to a severe muscle injury, zipped past the Mercuresses anchorman Remy for the win. The Southern California Missiles turned in a good 49.1 for third spot.

Ferrell came right back in the 100 yard dash to show she has lost none of the speed she exhibited during the past indoor season as she walked away with the dash in a good 10.8s. Teammate DeBusk, (pronounced DeBusick by the announcer), was runner-up over Payne.

Jarvis Scott had little trouble winning the 440 in 57.9 over Joanne Gilbreath, and Chi Cheng was all alone in the 100m (low) hurdles (new spacing, old height) in 13.6s. Debbie Payne edged Scott in the 220 in 25.5s.

RESULTS: 440y Relay, 1-Crown Cities TC (Chi-Emerson-Jordan-Payne) 48.0; 2-LA Mercuresses (DeBusk-Ferrell-Scott-Remy) 48.8; 3-Southern California Missiles 49.1; 100y, 1-Barbara Ferrell (LAM) 10.8, 2-Dee DeBusk (LAM) 11.2, 3-Deborah Payne (CCTC) 11.3, 4-Alida Van Gores (SCM) 11.5, 5-Marilyn McClung (SCM) 11.6; 440y, 1-Jarvis Scott (LAM) 57.9, 2-Joanne Gilbreath (CCTC) 59.5, 3-Debbie Norris (SCM) 59.7, 4-Alberta Martin (CCTC) 59.8, 5-Liz Schull (SCM) 60.2; 100mLH (new spacing, old height), 1-Chi Cheng (CCTC) 13.6, 2-Martin (CCTC) 15.2, 3-Barbara Emerson (CCTC) 15.7, 4-Jan Svendsen (Un) 16.2, 5-Roberta Fore (SCM) 18.2; 220y, 1-Payne 25.3, 2-Scott 25.6, 3-Van Gores 26.0, 4-McClung 26.1.

Good food, adequate rest, ability, hard work, determination and proper coaching are factors for success.

### INDIANA STATE MEET

Terre Haute, Indiana, April 20: On Indiana State University's Tartan track and in warm 68° weather, the ISU Girl's and Women's Track and Field Meet was held. Cherrie Bridges, Connie Peterson and Debbie Smith were all double winners: RESULTS: Women's Division: HJ/JT, Connie Peterson (Illini) 5'11/105'6; LJ, 1-Debbie Smith (Hyte) 18'5, 2-Pat Shipley (ISU) 17'11 1/2; SP/DT, Liz Sharp (Illini) 35'7 1/2/121'7; 440yR, Hyte 51.8; Mile, Cherrie Bridges (ISU) 5:11.5, 2-Lori Schutt (Un) 5:29.4; 880, 1-Bridges 2:21.5, 2-Schutt 2:28.7; 100y, 1-Debbie Smith 11.2, 2-Judy Vernon (Ozark TC) 11.2; 80mLH, 1-Jenny Otto (Chicago Heights) 12.0; 880yMedR, Chicago Heights 1:54.4. 12/13 Division: LJ, Ann Grimes (Hyte) 16'2 1/2; 100/50, Diane Smith (Hyte) 12.2/6.4; MedR, Hyte 2:01.5.

### HANFORD INVITATIONAL

Hanford, California, April 12:-The first big outdoor meet of the 1969 California season was held at the Hanford High School field on a cold and windy day. The meet was marred by a fantastic "behind schedule" program with the final event scheduled for 4:05 actually being held three hours late.

The meet management had a plausible reason for starting 45 minutes late as they stated officials who promised to work at the meet failed to arrive - but this tardiness was compounded time after time in event after event as the starter personally lined up each girl in each lane and gave individual instructions taking as long, (by actual stop watch accuracy), as 12 minutes to get a race underway after the Clerk had prepared the field. This brings up one of my pet peeves: why does the starter have to give instructions before every race? You don't see football referees going into every huddle and explaining what will happen if the team is offside or if they illegally use their hands. If the athletes don't know the rules, disqualify them - and the next time they will know. But don't make them and the spectators shiver in the cold while explaining the simple rules of competition! End of sermon.

The meet itself was, as usual, full of good competition and several outstanding performances. Although a wind gauge was present and wind readings were taken of every event, no readings were recorded on the result sheet and the only information we have is "it was quite blustery most of the day and the wind was down in only a few races". Notwithstanding, there were some good marks.

San Diego Lancerette's Roberta Brown cut loose with a lifetime best in winning the javelin with a throw of 173'11, almost seven feet beyond her previous best. The throw was debatable as to its legality of landing, but still goes in the record books - and certainly promises better things to come from Roberta. In the other two weight events, Carmelita Capilla had a fine throw of 45'6" to win the shot and Nancy Norberg, the perennial unattached athlete, tossed the discus 141'2.

Chi Cheng had the best mark on the track winning the 100m high hurdles in 13.6. Pat Donnelly of Tucson, who had run 14.1 the previous week, was second in 14.4. In another good performance, Dino Lowery won a thrilling victory over Cis Schafer in the 880 in 2:17.2 to 2:17.5s. Maureen Dickson, running nearly three hours after warming up, had no trouble annexing the mile in 5:06.7s. Millbrae won the team title over National Champions Crown Cities TC.

In the Girl's Division Kathy Hammond had a "solo" 56.9 440 triumph and Willie Nichols of the Bakersfield Saints won both sprints in 11.0 and 26.1s. Willie's teammates in all divisions were partly to blame for the slowness of the meet for without exaggeration there was rarely a heat run in which at LEAST one Bakersfield athlete didn't jump the gun and certainly somewhere between five and eight of them were disqualified for two false starts. Rhonda Albers had a fine mark in the long jump at 19'2 beating out Dora Roberts (18'7), and Iva Wright continues to show improvement and potential for a 14 year old with a double win in the shot (39'5 1/2) and discus (135'4).

RESULTS: Women's Division: 100, 1-Kathy Smallwood (Millbrae Lions TC) 11.2, 2-Deborah Payne (CCTC) 11.2, 3-Pat Donnelly (Tucson TC) 11.2, 4-Cherrie Sherrard (Laurel TC) 11.4; 220, 1-Chi Cheng (CCTC) 25.2, 2-Ann Christoff (ML) 25.3, 3-Payne 25.3; 440, 1-Nancy Mullen (ML) 57.5, 2-Dino Lowery (Wills Spikettes) 58.0; 880, 1-Lowrey 2:17.2, 2-Cis Schafer (ML) 2:17.5; Mile, 1-Maureen Dickson (SMAA) 5:06.7, 2-Linda McCain (ML) 5:17.4; 100mHH, 1-Chi Cheng 13.6, 2-Donnelly 14.4, 3-Deanne Kurth (Chico State) 14.6, 4-Diane Spangler (CCS) 14.6; 440yR, 1-CCTC 51.0, 2-Santa Ynes TC 51.2, 3-Tucson TC 51.7; 880yMedR, 1-Millbrae Lions 1:50.5; LJ, 1-Ann Cristoff (ML) 17'4 1/2, 2-Barbara Emerson (CCTC) 17'3; HJ, 1-Alberta Martin (CCTC) 5'0, 2-Deanna Miller (WS) 5'0; SP, 1-Carmelita Capilla (ML) 45'6 1/2, 2-Leslie Gliessman (SYTC) 38'10 1/2, 3-Emily Stone (LTC) 38'10 1/2, 4-Gale Schmidt (SYTC) 37'2, 5-Roberta Brown (SDL) 36'7 1/4; DT, 1-Nancy Norberg (Un) 141'2, 2-Capilla 126'8; JT, Brown 173'11, 2-Barbara Pickel (ML) 147'2. Scores, 1-Millbrae Lions 51, 2-CCTC 33, 3-SYTC 18. Girl's Division: 100, 1-Willie Nichols (Bakersfield Saints) 11.0, 2-Bonnie Albrecht (Laurel TC) 11.2, 3-Judy Smith (BS) 11.3; 220, 1-Nichols 26.1; 440, 1-Kathy Hammond (Un) 56.9; 50yH, 1-Jane Frederick (Orinda TC) 6.9, 2-Laurie Albrecht (LTC) 7.1, 3-Rhonda Albers (San Leandro TC) 7.2, 4-Beverly Scott (LTC) 7.2; 880, Francie Larriue (SJC) 2:24.3; 440yR, 1-Orinda TC 49.9, 2-Bakersfield Saints 50.1,

Continued on page 7

## HANFORD INVITATIONAL (Continued)

3-Laurel TC 50.8, 4-Wills Spikettes 51.5; 880yR, 1-OTC 1:47.8, 2-WS 1:48.6, 3-SLTC 1:50.0, 4-West Fresno TC 1:51.3; LJ, 1-Albers 19'2, 2-Dora Lee Roberts (Riverdale Elementary) 18'7, 3-Chris Brown (OTC) 17'3½; HJ, 1-Roberts 5'2, 2-Fred-erich 5'2; 8#SP, Iva Wright (WFTC) 39'5½, DT, 1-Wright 135'4, 2-Tracy Lucas (ML) 113'8; JT, Janet Alexander (ML) 91'3½; Team scores: 1-Orinda TC 26, 2-San Leandro 18, 3-Wills Spikettes and Laurel TC 17. High School Division: 50yLH, 1-Carla Tibbetts (Santa Ynez) 7.0, 2-Becky Dearing (SY) 7.1, 3-Debbie Crisp (Corcoran) 7.3; 100y, Debbie Chapin (Cabrillo) 11.2; 220, Chapin 25.8; 440/880, Anna Bacciarini (SY) 61.9/2:28.7; 440yR, 1-Madera 51.3, 2-Santa Ynez 51.8; 880yR, Madera 1:50.0; Mile, Chris Froelich (C) 5:48.3; LJ, Dearing 16'9; HJ, 1-Denise Tyler (M) 5'1¼, 2-Sharon Gibson (M) 4'11; 8#SP, Kathleen Stanton (San Dieguito) 35'9¼; DT, Judy Ver-mason (Hanford) 111'0; JT, Chris Reygoza (H) 86'5¼; Scores: 1-Hanford 45, 2-Santa Ynez 40, 3-Madera 38. 12/13 Division: 50, 1-Deanne Wilson (Hutchinson TC) 6.5, 2-Denise Julian (Ravenswood Juliettes) 6.5, 3-Carolyn Hamel (RJ) 6.5, 4-Juanita Kelly (BS) 6.5; 100y, 1-Karen Hurlocker (HTC) 11.4, 2-Creola Miller (RJ) 11.5, 3-Julian 11.8, 4-Tanya Warren (BS) 11.9; 440, Hurlocker 61.7; 880, 1-Sandra Langan (WS) 2:29.0, 2-Debbie Schuster (HTC) 2:29.0, 3-Eileen Claugus (WS) 2:30.1, 4-Karen Kosmala (HTC) 2:30.2; 440yR, 1-Ravenswood Juliettes 51.7, 2-Bakersfield Saints 52.5, 3-West Fresno TC 53.6; 880y MedR, Bakersfield Saints 2:04.8; LJ, 1-Astrid Hemphill (BS) 15'11½, 2-Bobbie Randolph (RE) 15'6½; HJ, 1-De Anne Wilson (HTC) 4'11, 2-Kosmala 4'9; 6#SP, 1-Ruth Tucker (SLTC) 35'2, 2-Heine Lange (WS) 33'8; Scores, 1-Hutchinson TC 32, 2-Bak-ersfield Saints 21 and Wills Spikettes 21. 10/11 Division: 50y, 1-Kim Winston (BS) 6.5, 2-Bernadine Armstrong (WS) 6.5, 3-Sheree Uhalde (Diablo Valley TC) 6.6, 4-Toni Strickland (DVTC) 6.6; 100y, 1-Strickland 12.4, 2-Amrstrong 12.4, 3-Uhalde 12.4, 4-Winston 12.4; 440yR, DVTC 55.3; LJ, Glenna Pickel (ML) 14'4¼; HJ, Gloria Woods (WS) 4'1; Scores, 1-DVTC 23, 2-Wills Spikettes 18, 3-Bakersfield Saints 12. 9/Under Division: 507, 1-Christine Smallwood (ML) 7.0, 2-Stephanie Stansbury (BS) 7.1, 3-Debra Hosey (BS) 7.1, 4-Marietta Brown Stockton TC) 7.1; 100y, 1-Elmira Compton (STC) 13.0, 2-Small-wood 13.1, 3-Brown 13.5.

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## NEW SHOE SCANDAL



### NEW TRACK SHOE SCANDAL

At and after the 1968 Olympic Games in Mexico City, the two major track shoe producers, Adidas and Puma, became involved in an international scandal concerning the giving of money to athletes who would wear their shoes. But the crimes of the Dassler brothers are but petty ones when compared to the latest effort by the Tiger Shoes - their representative in the United States is MARRYING a possible Tiger Shoe wearer!! Of course, the limited supply of salesmen makes this case an exception and prohibits the long-range carrying out of such a scheme - but it is a fantastic plot as long as the shoe salesmen last!

Which is our way of announcing the approaching marriage of Francie Kraker, the Michigamme's gammy distance ace, to Jeff Johnson, Tiger Shoe US representative and sometimes photographer for WTFW. The knot will be tied on May 10 and our magazine can take blame for these nuptials for Jeff met and eyed the comely Kraker when taking pictures of the Boston Games in 1968. We join all our readers in wishing the new Johnson pair a wonderful life together.

### FINLAND INDOOR CHAMPIONSHIPS from Torsten Lindquist

Otaniemi, Finland, February 22/23: 60m, Marika Eklund 7.8; 400, Eeva Haimi 59.7; 800, Haimi 2:22.4; 60mHH, Orvokki Manninen 9.3; HJ, Hannele Anttila 1.53/5'0¼; LJ, Sirpa Niiranen 5.72/18'9¼; SP, Christina Huttunen 12.86/42'2¼.

The girl who gets better and better is on the right track even though she may never win an event.

### CAL POLY ALL COMERS; CHI 10.5 100y

Pomona, California, April 24:-Cal Poly (Pomona) hosted Pomona College and Crown Cities TC in an All-Comers meet. Good performances were turned in by Cal Poly's Chi Cheng with a 10.5 100y and 5.9 50y. Other results included: 440/880, Cheryl Bennish (CCTC) 62.5/2:37.7; 220, Joanne Gilbreath (CCTC) 26.7; HJ/LJ, Jackie Allen (CP) 4'10/16'7; 440yR, Cal Poly, 53.0s.

# US TRACK & FIELD CLUBS RECORD CONTEST

## THE ANGELS NOW NUMBER ONE!

Ready now for the second set of US Track Club records in our diligent search for the "Best in the US". Club records have been coming into our office at a "record" clip and herewith we present six more sets of records - and Ron Sorkness and his Angels have taken the lead away from last month's leader the Topeka Cosmos. Still to be recorded are such powerhouse teams as the Millbrae Lions, the Falcon Track Club, Tennessee State, the Atoms, Mayor Daley, Crown Cities - so the race is still wide open. But as of April 31, the number one club in the US is The Angels. (\*indicates converted from linear.)

### SPORTS INTERNATIONAL TRACK CLUB - 6245 POINTS

Event	Record	Holder	Points
100	:11.8*	Jane Burnett	989
200	:24.0*	Jane Burnett	1027
400	:52.3	Charlette Cooke	1170
800	2:05.2*	Charlette Cooke	1127
1500	4:51.0*	Charlette Cooke	1003
80mH		No record	000
200mH		No record	000
HJ		No record	000
LJ	18'10	Jane Burnett	929
SP		No record	000
DT		No record	000
JT		No record	000
Pent		No record	000

Other marks: 100y/220y/440y/880y/mile - 10.8/24.5/53.4/  
2:18.1/5:20.3 all by Ester Stroy  
Coach: Brooks Johnson

### LONG BEACH COMETS - 11913 POINTS

Event	Record	Holder	Points
100	:12.2*	Daisy Booker	900
200	:25.2*	Martha Watson	914
400	:56.3*	Doreen Murrell	943
800	2:12.7*	Linda Green	1007
1500	5:04.8*	Linda Green	965
80mH	:11.6	Jane Phineas	948
200mH	:29.2	Jane Phineas	901
HJ	5'0	Sandy Langevain	858
LJ	19'10½	Martha Watson	1002
SP	36'10¼	Sherrill Cochran	802
DT	101'8	Diane Makley	677
JT	162'6	Kathy Schmidt	1006
Pent	3963	Jane Phineas	890

Other marks: 880yMedR 1:47.5 (Tribble-Murrell-Phineas-Green); LJ, 21'3w Martha Watson; 440yR, 48.8.  
Coaches: Ron Allice and Don DeNoon

### ANGELS TRACK CLUB - 12665 POINTS

Event	Record	Holder	Points
100	:11.9*	Pat Van Wolvelaere	966
200	:24.4*	Pat Van Wolvelaere	987
400	:54.7*	Janene Jaton	1029
800	2:14.3	Linda Iddings	983
1500	4:46.0	Linda Iddings	1020
80mH	:10.5	Pat Van Wolvelaere	1132
200mH	:27.3	Pat Van Wolvelaere	1113
HJ	5'4½	Judy Durham	976
LJ	18'7½	Judy Durham	913
SP	45'2	Pauline Thomas	970
DT	129'5	Pauline Thomas	851
JT	122'11	Alicia Hammer	813
Pent	4052	Judy Durham	912

Other marks: 440yR, 48.1 (Newing-B.Johnson-J.Johnson-Anthony); 800mMedR, 1:45.8; 880yR, 1:40.5; 60yHi, 7.4 Van Wolvelaere; 50yH, 80mH & 200mH, 6.7/10.9/27.6 all by Jaton.  
Coach: Ronald L. Sorkness

### PHOENIX TRACK CLUB - 10946 POINTS

Event	Record	Holder	Points
100	:11.7	Nancy Benson	1012
200	:24.1*	Benson & Lois Drinkwater	1017
400	:53.8*	Lois Drinkwater	1080
800	2:15.4*	Lois Drinkwater	967
1500	4:47.6*	Ruth Brand	1015
80mH	:11.0	Jan Glotzer	1044
200mH		No record	000
HJ	5'6	Jan Glotzer	1017
LJ	18'11¼	Jan Glotzer	938
SP	31'10	Nancy Benson	691
DT	76'0	Lois Drinkwater	492
JT	90'11	Mavis Laing	632
Pent	4544	Jan Glotzer	1041

Other marks: 440yR/880yR, 47.5/1:39.2; 100mHH, 14.4 by Jan Glotzer; 100y, 10.8 Mavis Laing; 50y 5.8 Benson.  
Coach: Fred Moore

### OZARK TRACK CLUB - 10621 POINTS

Event	Record	Holder	Points
100	:11.8*	Judy Vernon	989
200	:24.1*	Judy Vernon	1017
400	:60.5*	Judy Vernon	753
800	2:34.0*	Sharon Jepson	733
1500	5:43.7	Terri Mount	868
80mH	:12.1	Kay Aubrecht	876
200mH	:32.6	Kay Aubrecht	623
HJ	5'2	Judy Miller	913
LJ	19'7	Judy Vernon	975
SP	34'9	Carol Naughton	756
DT	99'3	Ann Eidson	660
JT	93'6	Ann Eidson	648
Pent	3615	Judy Vernon	810

Other marks: 440yR 51.2; 880Med R 1:56.6  
Coach: Bob Hyten

### LAUREL TRACK CLUB - 11410 POINTS

Event	Record	Holder	Points
100	:11.8	Irene Obera	989
200	:24.0	Irene Obera	1027
400	:56.8*	Leslie Clark	918
800	2:20.6*	Gloria Griffin	897
1500		No record	000
80mH	:10.5	Cherrie Sherrard	1132
200mH	:29.0	Deanne Kurth	921
HJ	5'4	Cylia Ricco	965
LJ	19'7	Denise Paschal	982
SP	42'0	Cherrie Sherrard	908
DT	159'4	Pamela Kurrell	1019
JT	130'1	Pamela Kurrell	851
Pent	4396	Denise Paschal	1001

Other marks: 440yR 46.8; 880yR 1:41.2; 880yMedR 1:48.6; 100y/220y/440y 11.1/25.4/57.1 Leslie Clark.  
Coaches: Roxanne Anderson and Irene Obera

### STANDINGS AS OF 30 APRIL 1969:

1-Angels Track Club	12665	7-Canton Track Club	10840
2-Topeka Cosmo Club	12003	8-Ozark Track Club	10621
3-Long Beach Comets	11913	9-Kalispell Timberettes	10614
4-Delaware TFC	11912	10-Nebraska Track Club	10292
5-Laurel Track Club	11410	11-Shore Athletic Club	6763
6-Phoenix Track Club	10946	12-Sports International TC	6245

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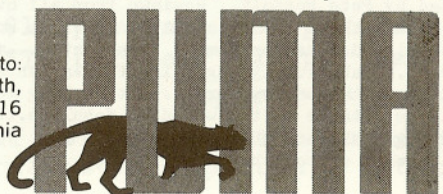
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## OFFICIAL I.A.A.F. SCORING TABLE FOR 100mHH

Here are the official scoring tables for the new 100mHH. Cut out and paste over the old 80mH in your IAAF book.

### RUNNING 100m HIGH HURDLES

Sec.	Pts.	Sec.	Pts.	Sec.	Pts.	Sec.	Pts.
12.0	1370	16.5	751	21.0	398	25.5	169
12.1	1351	16.6	741	21.1	392	25.6	165
12.2	1332	16.7	731	21.2	386	25.7	161
12.3	1314	16.8	722	21.3	380	25.8	157
12.4	1296	16.9	712	21.4	374	25.9	153
12.5	1279	17.0	703	21.5	368	26.0	149
12.6	1262	17.1	693	21.6	362	26.1	145
12.7	1245	17.2	684	21.7	356	26.2	141
12.8	1228	17.3	675	21.8	350	26.3	137
12.9	1211	17.4	666	21.9	344	26.4	133
13.0	1195	17.5	657	22.0	339	26.5	129
13.1	1179	17.6	648	22.1	333	26.6	125
13.2	1163	17.7	639	22.2	328	26.7	121
13.3	1148	17.8	631	22.3	322	26.8	117
13.4	1133	17.9	622	22.4	317	26.9	114
13.5	1118	18.0	614	22.5	311	27.0	110
13.6	1103	18.1	605	22.6	306	27.1	106
13.7	1088	18.2	597	22.7	301	27.2	102
13.8	1074	18.3	589	22.8	296	27.3	99
13.9	1060	18.4	581	22.9	290	27.4	95
14.0	1046	18.5	573	23.0	285	27.5	92
14.1	1032	18.6	565	23.1	280	27.6	88
14.2	1018	18.7	557	23.2	275	27.7	84
14.3	1005	18.8	549	23.3	270	27.8	81
14.4	992	18.9	542	23.4	265	27.9	77
14.5	979	19.0	534	23.5	260	28.0	74
14.6	966	19.1	527	23.6	255	28.1	71
14.7	953	19.2	519	23.7	250	28.2	67
14.8	941	19.3	512	23.8	246	28.3	64
14.9	928	19.4	505	23.9	241	28.4	60
15.0	916	19.5	498	24.0	236	28.5	57
15.1	904	19.6	490	24.1	231	28.6	54
15.2	892	19.7	483	24.2	226	28.7	50
15.3	880	19.8	477	24.3	222	28.8	47
15.4	869	19.9	470	24.4	217	28.9	44
15.5	858	20.0	463	24.5	213	29.0	40
15.6	846	20.1	456	24.6	208	29.1	37
15.7	835	20.2	449	24.7	204	29.2	34
15.8	824	20.3	443	24.8	199	29.3	31
15.9	813	20.4	436	24.9	195	29.4	28
16.0	803	20.5	429	25.0	191	29.5	25
16.1	792	20.6	423	25.1	186	29.6	21
16.2	782	20.7	417	25.2	182	29.7	18
16.3	771	20.8	410	25.3	178	29.8	15
16.4	761	20.9	404	25.4	173	29.9	12



TERRY HULL, Knoxville TC, winning the 440y dash in the rain at the Annual Dogwood Relays in 55.7s.

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A few copies remain of the 1967 and 1968 WTFW Yearbooks edited by Pete Pozzoli. Reviews from all over the world call these the greatest statistical works on T&F ever printed - men or women! "Fantastic...marvellous...great....absolutely magnificent....a fantastic production....tremendous work....astounding work....of vital importance to the world....fabulous....this is a crowning achievement". Hurry if you want yours. Books are \$3 each or both books for.....\$5.00

## DOGWOOD RELAYS

Knoxville, Tennessee, April 19:-Knoxville's Tartan track paid for itself in the eyes of the athletes today as rain poured down during the entire running of the Annual Dogwood Relays, but good performances were still turned in by the female performers.

Veterans Willye White, Madeline Manning, Mamie Rallins and Eleanor Montgomery were forced to share honors with newcomer Terry Hull and former "understudy" Iris Davis in the win department. Hull scored a wire-to-wire triumph over Beth Hudson of the Ohio TC in the 440 in a good 55.7 and Davis won the 100 in 11.0 over a flock of TSU stablemates.

RESULTS: 100y, 1-Iris Davis (TSU) 11.0, 2-Matteline Render (TSU) 11.1, 3-Una Morris (TSU) 11.3, 4-Nancy Shafer (Canton TC) 11.5; 100mHH, 1-Mamie Rallins (MDYF) 14.0, 2-Cheryl Rogers (MDYF) 15.0, 3-Judy Vernon (Ozark TC) 15.4, 4-Pat Shelly (CTC) 15.7; 440y, 1-Terry Hull (KTC) 55.7, 2-Beth Hudson (Ohio TC) 57.3, 3-Diedra Moore (Atoms) 57.3, 4-Michelle McMillan (Atoms) 57.6; 880y, 1-Madeline Manning (TSU) 2:09.5, 2-Nancy Shafer (CTC) 2:11.9, 3-Cheryl Toussaint (Atoms) 2:11.9, 4-Donna Joiner (KTC) 2:18.8, 5-Shelley Marshall (Atoms) 2:19.1; LJ, 1-Willye White (MDYF) 19'6", 2-Martha Watson (TSU) 18'8", 3-Judy Vernon 18'4", 4-Judy Penton (KTC) 17'1"; HJ, 1-Eleanor Montgomery (TSU) 5'4", 2-Liz Sharp (Illini TC) 5'0", 3-Connie Peterson (ITC) 5'0", 4-Donna Schenberg (MDYF) 5'0"; 880yR, 1-Tennessee State (Manning-Render-Davis-Morris) 1:40.3, 2-Atoms TC 1:41.9, 3-Ohio TC 1:44.4, 4-MDYF 1:49.2.

## AGE GROUP TRACK BY CALVIN BROWN

There has been a tremendous amount of interest in my US Best by Age List. It has helped me bring my list more up to date with people sending information to me at 3426 1/2 Third Avenue, Los Angeles, California, 90018. Thanks to those of you who have sent me information. I've been able to use most of it.

Below are the latest additions:

<u>440y</u>			<u>200m</u>		
8	72.7	Michelle Klein	9	31.7	Lynda Fleming
			10	29.2	Anita Lee
<u>Mile</u>			11	28.0	Diana Owen
6	9:02.1	Joyce Brodock	<u>High Jump</u>		
9	6:11.1	Linda Brodock	5	2'1 1/2	Cindy Davies
<u>2 Miles</u>			6	2'3 3/4	Jenny Davies
9	12:36.0	Julia Shea	7	3'0	Terri Smithey
	(splits 6:18-6:18)		<u>Long Jump</u>		
11	12:52.1	Sonia Gerth	5	7'6	Cindy Davies
12	11:15.2	Debbie Heald	<u>4-Kilo Shot Put</u>		
13	11:46.0	Kathy Gibbons	12	23'1	Laura Chirnside
<u>50yLH</u>			<u>Pentathlon (With 50yLH &amp; 6#S)</u>		
9	9.8	Chris Shawhan	9	1822	Chris Shawhan
10	8.8	Anita Lee	10	2745	Anita Lee
11	9.0	Tracy Felix	11	2722	Tracy Felix
12	7.2	Karol Stewart	12	3307	Sandy Goldsberry
13	7.1	Sandy Goldsberry			
	7.1	DeAnne Wilson			

It seems we have a weight event find in young Debbie Rivera of Lakewood. Debbie, now 12 as of April, has already accomplished bests of 33'0 (SP-6), 81'3 (DT) and 228'1 (BBT) at age 11. This is her first competitive season in AAU track and field. Welcome Debbie - we need you!!

Also from Lakewood and also performing well is Sandy Goldsberry, 13 until September 13, 1969. Sandy has scored 3814 points in the pentathlon already this year. She'll get another opportunity this year and I suspect Sandy will be over

4000 points. Last season's best was 3307. The National best is 4072 by Judy Rejebian set earlier this year. Sandy has some very fine marks in the pentathlon events. At one time or another this year Sandy has run 7.1 (50yLH), 26.8 (200m), 11.9 (100y) and jumped 5'3 (HJ) and 16'1 1/4 (LJ) and has been over 30 feet in practice with the 6 pound shot. The 5'3 mark is a pending National record. Sandy has grown since last season and is now 5'6 and over 100 pounds. She'll be tough this year! Remember the name - SANDY GOLDSBERRY.

Iva Wright is now 14 and at Edison High School in Fresno. I've seen the result from one meet in which she has participated. Her marks were 38'9 1/4 (SP-8) and 120'1 (DT). The US age 14 best for the 4-kilo shot is 41'0 1/4 and the discus is 124'2. Watch out US Age Best!

Creola Miller is now 12 and has already run 11.5 which ties the US Age Best 12 year mark for 100 yards.

Karol Stewart is in a state of limbo as far as her track career goes. I hear that she has quit track. I hope not! She is only 13. This season she had run 7.1 (50yLH) and jumped 18'4 1/4. It would be a shame to lose her. Stay with us, Karol.

Anne Gallaher ran 59.9 at San Diego on April 19, 1969, and came back in the 880 medley relay, where she moved her team from 5th to 2nd place with a great 56.3 relay leg. Anne has also run 26.5 in the 220 - her lifetime best.

We have a new and very colorful sprinter from Bakersfield. Her name is Karen Frye, age 9? At Mickey's Missiles Invitational she ran 13.2 and 30.6s.

Chris Shawhan has upped the SPAAAU district high jump record again. At the beginning of the season her record was 3'10 1/4. This time she improved to 4'2 1/4, second-best ever for age 9 in US history. Chris has also run 13.7 (100y), 32.5 (220) and jumped 11'5 1/4 (LJ).

Debbie Brown, 13, continues to improve her shot distance by about a foot each week. Her best at this writing is 38'5 1/2. I look for her to be over 40 feet real soon. Maybe next time out.

One of the most confusing things to an athlete is that too many people are constantly telling her what to do and how to do it.

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## A REPORT ON THE INTERNATIONAL CROSS COUNTRY CHAMPIONSHIPS from Coach Will Stephens



THE VICTORIOUS INTERNATIONAL CROSS COUNTRY TEAM. Chaperon Eileen Goodnight holds the trophy as the team poses in front of the Green Hotel in Glasgow, Scotland. Others are, left to right, front row, Maureen Dickson, Vicki Foltz, Maria Stearn and Doris Brown; back row, Cheryl Bridges, Coach Will Stephens and Judy Oliver.

Arrived at Manhattan Hotel, New York City, Sunday afternoon, March 16. Held a meeting of complete team and had dinner at the hotel.

Monday, March 17, 7:30AM, acquired two taxis to take the team to Central Park for a workout. All runners had been briefed by their own coaches concerning general workout plans for each day. These suggested workouts were modified and adjusted according to terrain, weather and other conditions by my suggestion. Returned to hotel at 9:30AM.

In the afternoon we reported to the AAU office for uniforms, briefing and other special instructions. Because of the tight schedule, we were unable to workout again on Monday and left for the airport at 6:30PM for our flight to Scotland.

Arrived Tuesday at the Green Hotel. The team took a complete rest and no workouts were scheduled - although Doris Brown felt she should do some running late that afternoon which she did in the park directly below our hotel. It was cloudy, snowing and there were gusty winds blowing.

On Wednesday we held a meeting to outline our schedule for the coming days. We left for Clydebank Public Park for a workout at 10:00AM. Maria Stearns had an aching arch and Judy Oliver an aching calf muscle. It was very cold, cloudy, with misty rain and gusty winds. The temperature was 34°. Mo Dickson, Stearn and Foltz did some interval work and a little running on the course. Brown, Oliver and Bridges worked the course and the hills. The girls worked especially hard over a two hour period. Wednesday afternoon was spent shopping in Glasgow.

Thursday, March 20: Had breakfast and held a meeting outlining plans for the day. Left for Clydebank Public Park at 10:00. Our plan for this day was to do everything that we planned on doing the day of the race such as check all gear, taping, rubdowns, running tights, run each section of the course with a definite plan and strategy. Even though it was cold, which we expected it would be the day of the race, we ran the course without our sweats as in competition. There was a great deal of enthusiasm, excellent team spirit and excellent cooperation with the coach and with the chaperon. It was very cold and cloudy with still more gusty winds. We returned at 12:15 to attend a Civic Luncheon for TV and Press interviews. Went shopping in the afternoon in Glasgow.

Friday, March 21: breakfast at 8:30. Although we were very familiar with the course and its markings from our previous trips to the park on Wednesday and Thursday, we left the hotel to attend an Official meeting of all the teams at

the course to walk through it with the officials who would explain the rules. Even though the walking of the course by the officials was very disorganized, we still double-checked all areas to verify our findings made previously. It was very cloudy with wind. Returned for lunch at 12:30 and instructed the girls to rest and remain calm. The girls had an informal meeting among themselves to discuss and re-evaluate strategy and plans for Saturday's race. Dinner at seven. Girls were in their rooms at 10 for a good night's rest prior to meet day.

Saturday, March 20: I had the hotel prepare a pre-meet meal of roast beef, mashed potatoes, string beans, fruit cocktail, sherbert, juice and dry toast. As always, some of the athletes ate a full meal, some ate part and others ate very little or nothing at all. After the meal some went for a short walk. We then started getting ready - gathering the gear, taping, getting rubdowns and all the other items which we had done at our "dress rehearsal" on Thursday. Left for Clydebank at 12:30, arrived at 1:00 and gave some last minute rubdowns, checked gear and kept athletes posted on time remaining before the race. At 2:05, taped all shoes, helped with sweats and gave assistance to runners. At 2:15 sharp the race started. Returned to hotel at 5:50 and at 6:00 called Bob Seaman in the USA.

THE RACE: At the start, it was Mo Dickson in the lead after 220 yards followed by Doris Brown with the multitude very close behind. After the first ¼ mile, Dickson was leading by 15 yards over Brown who was still alternating between 2nd and 3rd position. Cheryl Bridges and Vicki Foltz were running in the top nine.

At the 1¼ mile mark, Dickson was well in front by some 20 yards. Doris Brown still fluctuating between 2nd and 3rd and Bridges and Foltz had moved up into 6-8 position. Maria Stearn and Judy Oliver were back in the pack around 25th.

At the 1½ mile mark Doris Brown took command and Bridges moved up into a comfortable 5th spot. Vicki Foltz dropped back into the middle of the pack and Oliver and Stearns were moving well at this point.

Very few changes took place in the next three-fourths of a mile, but at the 2 mile mark, Oliver, Stearns and Foltz began making their move and did an excellent job on a very steep hill ¼ mile from the finish passing several runners and moving into the top 20. Bridges made an excellent move on this last hill into fourth spot. Brown and Dickson were well in front of New Zealand's Robinson, leading her by 40 yards as they entered the final furlong. Bridges closed fast and just missed catching Robinson. Foltz made points for the USA by passing several runners on the hill and into the final stretch, finishing as our fourth runner in #16 position. Oliver finished in 17th position and Stearns 19th in a field of 40

(Results published in last month's issue of WIFW.)



Coach Will Stephens report on the US International cross country team included the "selecting and trying on of uniforms" - but evidently "Mo" Dickson didn't make it to the store! This shot at about the 1½ mile mark shows quite a contrast between Doris Brown and Maureen! As the English magazine "Athletics Weekly" said: "Dig those shorts".

Photo by Eric North.

## ENGLAND & USA - BEST 1968 CLUBS COMPARED

"Athletics Weekly" recently named the London Olympiades as Britain's "Club of the Year" for 1968. The ratings were compiled by taking the best performer in each club and scoring their performances via the Portuguese Table. For comparison we list below the marks of the London Club and the 1968 USA National Champions, the Crown Cities Track Club:

	London	Crown Cities
100m	11.5	11.2
200m	23.5	23.5*
400m	52.1	56.4*
800m	2:02.0	2:21.2*
80mH	10.9	10.4
HJ	5'5	5'7 $\frac{1}{4}$
LJ	20'5	20'5 $\frac{3}{4}$
SP	42'0	45'10
DT	141'8	175'1
JT	182'5	148'8

That gives Crown Cities the best mark in 6 events, the London Olympiades the best in three events with one event a tie. However, scoring the clubs via the IAAF tables (as we are doing in our US Club Contest), we find the London team with 10520 points and the USA crew with 10307 points. So who is the best?

## REPORT ON AFRICA from Yves Pinaud

KENYA is now the top African country in women's athletics, (countries eligible to compete in the African Games). In 1968 the best marks were:

100m	Lydia Stevens	11.8
220y	Lydia Stevens	25.0
400m	Tekla Chemabwai	54.2
800m	Elizabeth Chesire	2:10.9
80mH	M. Shitsukane	12.2
HJ	Rose Nyagothi	5'4/1.625
LJ	R. Chiagi	18'0 $\frac{1}{4}$ /5.49
SP	R. Mandu	39'9 $\frac{1}{2}$ /12.13
DT	S. Agono	120'3/36.65
JT	P. Peru	132'6/40.40
4x110y	National Team	49.5

\*\*\*\*\*

The African Games will be held in Lagos, Nigeria, in 1971 - only if the Nigerian government will allow all countries to compete.....The first one mile run in Africa was won by Rosemond Kyeremateng at Accra on March 21, in the record time of 6:06.1. This record was easily broken on April 3 also at Accra when Elizabeth Kemeweiga ran 5:42.8.....Last year some fine marks were made in Uganda by young athletes. Lucy Eceru ran the 440 in 58.3 - she is 15 years old. Sixteen year olds had marks of 11.1 for 100y and 56.9 for 440 by Judith Ayaa, Lucy Olweny ran the 880 in 2:17.5 and Caroline Nyankori jumped 5'4 $\frac{1}{4}$  in the high jump.

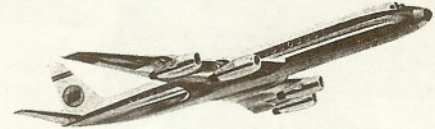
Hurdling is a good training medium for all athletes. It develops agility, endurance, speed and strength. Any time an athlete needs building up, try assigning her to the hurdles.

## AUSTRIA INDOOR INVITATIONAL from Erich Kamper

Vienna, Austria, March 22/23:-The first big international indoor meet in Austria was held in Vienna's big sports hall which will be the sight of the 1970 European Indoor Games. The 200m wooden track was excellent - in the opinion of the athletes one of the best in Europe - and the conditions for jumping were just as good. For this reason, the performances were of a high standard. For example, in the 60m dash four runners were clocked in 7.3 - just one-tenth over the world best. And in the high jump, the home-towners gave lusty cheers to Ilona Gusenbauer who cleared 1.79/5'10 $\frac{1}{2}$  for a new Austrian indoor record. She and her husband-coach Roland are confident she will clear at least 1.85/6'1 during the coming summer campaign. RESULTS: 60m, 1-Hardrup (Den) 7.3, 2-Rosendahl (WG) 7.3, 3-Krenn (Aut) 7.3, 4-Putnova (CSSR) 7.3; 400, Sykora (Aut) 57.3; 800m, Kulcsar (Hun) 2:11.3; 60mHH, 1-Lubej (Yug) 8.7, 2-Prokop (Aut) 9.1; HJ, Gusenbauer 1.79/5'10 $\frac{1}{2}$ , 2-Zivotska (CSSR) 1.76/5'9 $\frac{1}{4}$ , 3-Inkpen (GB) 1.73/5'8, 4-Babousek (Yug) 5'8, 5-Hedmark-Knowles (Swe) 1.70/5'7; LJ, Rosendahl 6.29/20'7 $\frac{1}{4}$ ; SP, Fuchs (WG) 16.69/54'9.



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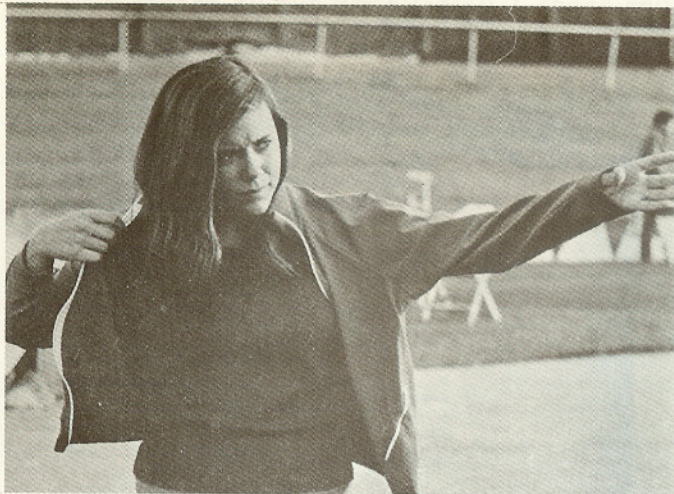
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May 10 will always be remembered as the "Michigames Wedding Day" - shown above is javelin ace Louise Gerrish who will be married on that date to Dick Halle in Livonia, Michigan - the same day teammate Frabcie Kraker is marrying shoe magnate and sometime photographer Jeff Johnson.

## KALEIDOSCOPE

The Orange Show Distance Carnival results listed in last month's issue were not sponsored by the SPAAAU as stated but were a part of the Southern California Girl's Track League, a closed organization.....Donna Joiner of the Knoxville TC, was spiked at the start of the 880 at the Dogwood Relays, but finished fourth - then was taken to the hospital where six stitches were taken in her foot.....If you are interested in becoming a member of the World Marathon Runners Association, write John Bowen, Director, 8831 Troulon Drive, Houston, Texas, USA, 77036.....The Albuquerque Olympette Club will host their Annual Relays May 11. If interested, contact Floyd Highfill, 1201 Princeton, NE, Albuquerque, NM, 87106.

Palle Lassen (Denmark), Torsten Lindquist (Finland), Rooney Magnusson (Sweden) and Ingmund Ofstad (Norway) have combined forces to put out the excellent Annual Nordic Rankings list. Write to Lassen, Bulowsvej 46, Copenhagen V, Denmark, if you would like a copy.....She was known as Natalya Burda or Natalya Pechenkina when she won the bronze medal in the Mexico 400m final, but now she is listed as Natalya Chistyakova..... Pete Pozzoli points out that the 35.2 300y this winter by Barbara Ferrell (USA) is not a world indoor best after all; it is 35.1 set by England's Maureen Tranter at Cosford in 1967.....Lurline (Hamilton) Struppeck proudly announced the birth of her first baby, Aline Elizabeth, on 13 March. Lurline, a veteran shot-discus-javelin performer, pointed out that Aline checked into this world at 8 pounds 8 ounces - just about the size of a 4-kilo shot.

The Saskatoon T&F Club is mighty proud of its Midget relay team of Joanne Jones, Jeaniene Brandell, Debby Pidwerbesky and Leona Simmie which has set Saskatchewan native and open and Canadian open records this season.....And the Michigan AAU Bulletin has much praise for Bettye Robinson and her Motor City Track Club which now boasts 150 members.....

Coach Harry McKnight of the Ohio Track Club writes to say a few nice things about one of his ace runners, Beth Hutson. He starts by saying her name is constantly misspelled - and I know this to be true for I have just finished writing a story about the Dogwood Relays - and misspelled her name!!! Lisa Chiavario doesn't win the most versatile athlete of the 1968 season all alone - Cathy Hamblin also made the honor roll in eight events, but was overlooked by National Statistician Bill Peck. Cathy's eight events included the 200, 80mH, LJ, HJ, SP, pentathlon, 400m and 100. That makes the State of New Mexico look pretty good!

Fred Thompson, coach of the Atoms TC in Brooklyn, got a well deserved writeup in the NY Times recently. The paper devoted four columns to Fred and his team including a fine picture of the handsome devil....."Girl's Track - Montana Style", a 27 page 8 1/2 x 11 brochure consisting of records, pictures, newspaper reprints, statistics and what-have-you; can be purchased for 25¢ (the paper cost more than that!) from its editor, Lyle Jones, PO Box 335, Laurel, Montana, 59044.... Linda McArthur, formerly of the Santa Ynez TC and now a

## KALEIDOSCOPE (Continued)

student at Cal Poly (San Luis Obispo), will compete in the International Games for the Deaf in Belgrade, Yugoslavia, this coming summer thanks to the anonymous contribution of \$2800 from someone. Linda will run the 100, 200 and relay.....

Pete Pozzoli's 1969 Women's T&F World Yearbook will be 325 pages this year.....To me, the most fabulous new publication covering track and field throughout the world is "Athletisme" put out by "L'Equipe" in Paris. Although written, of course, in French, it can be enjoyed by anyone interested in the sport. It has been published only since December of 1968. 50 pages, loaded with pictures, (including many in color), and probably one-third devoted to women's track - the French appreciate their women. Write Robert Pariente, L'Equipe, Paris, France. The First National Intercollegiate Track and Field Championships will be held in San Marcos, Texas, May 9-10. This is a step in the right direction and we wish them success. Unfortunately, they rule out practically every good track and field athlete in the USA by making Club athletes ineligible. Only a few colleges provide a challenging program of track which would keep athletes out of AAU competition in favor of college teams.

RaNaë Bair is suffering from a pinched nerve in her neck and throwing the javelin is very painful....Sharon Callahan has had good news from Dr. Kerland and will be able to start jogging in mid-May and possibly get into more advanced work in June. However, chances of competition for 1969 are very slim. She says, "Look out in 1970".

Bill Peck has resigned as official AAU statistician. No replacement has yet been named to this thankless task....Wyomia Tyus became Mrs. Wyomia Simburg in Los Angeles recently...and Janet Macfarlane became Mrs. Janet Nelsen....Lois Drinkwater ran 2:13.5 in her first attempt at the 880 this season...The Millbrae Lions are hosting the Pacific Association AAU and California Women's Open Pentathlon Championships, the California Women's and Girl's All-Around Throwing Championships and the PAAAU Age Groups 12/13 Pentathlon and 10/11 Triathlon at Mills HS on Saturday, May 17. Write to Dr. Harmon Brown, 2335 David Court, San Mateo, California, 94403.....The California State Championships have been moved to June 14..... Mamie Rallins won the 50yHH in 6.6 at the Maple Leaf Games...the 100mHH won't be an official event until 1 May - any marks run after that date will be considered for world records according to Ollan Cassell.....Add Cheryl Rogers (MDYF) to the indoor list at 60yHH with times of 7.9, 7.8 and 7.8..

There are no magic formulas which add wings to a runner's feet.

## NOTES FROM EUROPE

....Leisel Westerman, the current record holder in the discus, put the shot 53'11 which is her outdoor best. She has thrown 54'10 indoors....Touring French high jump ace Ghislaine Barnay equalled her French record at 5'9 1/4 at Fort-de-France on March 2nd. She cleared 5'8 3/4 in Guadeloupe the previous week....England's Thelwyn Bateman won a mile race at Crystal Palace, London, on April 16th in a good 4:54.5s. Second was Joyce Smith (31), who had a daughter only last July, in 4:56.2....Barbara Inkpen set a new UK high jump mark at 5'9 1/2 at Ewell on April 19....Lillian Board, silver medalist at Mexico City in the 400m had a workout session which included a 38.7 330y and 3x660 averaging 1:37 with a five minute recovery....The new 4x440m relay will get a good baptism at the European Championships in Athens this summer. Top teams include England (Board 52.1, Janet Simpson 52.5, Rosemary Stirling 54.1, Gloria Dourass 54.8, Pat Lowe 54.8 - top four total 3:33.9 - an average of 53.5); the Soviet Union (Chistyakova 52.2, Verbele 53.8, Erik 54.0, Volmer 54.3 - total of 3:34.3; Holland (vd Hoeven 52.6, vd Made 53.2, Sterk 55.1, Brehm 55.1 for a total of 3:36.0); France, (Besson 52.0, Jacq 55.4, Dupureur 55.9 and Duclos 55.9 - but this does not include their two fine 200m runners Montandon and Telliez who intend racing at the 400 distance this year); Sweden, (Wallgren 53.6, Randerz 54.2, Ericson 54.6, Ostberg 54.7 for aggregate of 3:37.1); West Germany (Henning 52.8, Czekay 54.6, Frese 54.8 and Kopke 55.5 - total 3:37.7)....How about the USA just for fun? Jarvis Scott 52.7, Kathy Hammond 53.4, Esther Stroy 53.5 and Nancy Shafer or Lois Drinkwater both 54.1 last year for a total of 3:33.7s. What's your guess for the winning time at the 1972 Olympic Games in Munich? Under 3:30 for certain! The USA could be helped by Madeline Manning who can ankle a mean 440 also.

## LETTERS

### Lyle Sanderson - Canada

"Speaking of college track is there any way that you could get information out to the girls telling them we do offer a women's program here at the University of Saskatchewan. The program involves three Cross Country meets plus a chance to qualify for the nationals and five indoor track meets plus the nationals for those who qualify. Plans are now underway for a Canadian University Indoor Championships for 1970 in addition to the above meets. The University is top notch academically. We want more girls in our track program. No scholarships are available for athletics (men or women). We hope that a solid, well rounded program is incentive enough to take part."

### Chuck Debus - New Mexico

"I just returned from Phoenix where Cathy (Hamblin) ran 11.4, 26.8 and jumped 17'9". I am pleased with her first outing of the outdoor season as I feel the injury she incurred at Mexico City has healed and the chances for recurrence are minimal. She is coming along slowly and gradually in an effort to avoid a chronic situation. Though starting late, (December 1), Cathy should benefit greatly from the thorough weight training program she has been on. Her marks this year will be sub-normal until I take her off the heavy weight about May 1. She will stop improving through growth this year so now we must rely on added strength. By June, barring injury, she should have 10.8 speed and surpass the 20' pinnacle in the long jump. Her weight program now finds her doing squats with 180 pounds 4x6 and also includes all the other exercises."

### Robert Middleton - APO, San Francisco

"Let me take this opportunity to thank you for publishing such a fine magazine. I coached a track team of my own, (about 30 girls - the Cheyenne Opta-Pacers), for about six months before I came over here. I miss that work, and your fine publication is the only contact I have to keep me up to date with the ever-growing track activities for women and girls."

### Larry Berman - Cambridge, Massachusetts

"Anyone who wants to qualify for the 1500m at Dayton certainly should not try for the mark in the mile as 5:15 is equivalent to a 4:51 1500! A 19 second differential is appropriate for someone running about 3:50/4:09 - and we don't have any girls doing that, do we?"

Allison Owen, 3rd in the PNW XC, Mary Pendelton, 2nd in New England XC, and Sara Mar Berman, 1st in New England XC, were all on the 1969 National Cross Country SKI team!

How come all your statisticians, (Pozzoli, Popper and Mengoni), ignore the 1500?:"

### Bill Peck, Los Angeles

"I like your Club Records and the scoring of them. It sure hurts when clubs don't run some events! Maybe this will get some people to try the "minor" events."

### AL CHIRNSIDE - Wilmington, Delaware

"Just received the latest WIFW and was very interested in comparisons of club records. We think your idea of club comparisons is great. It's something real interesting to follow and gives the girls another boost to try to improve their club versus other clubs. Keep up the good work and we will send you new records when they are broken. Here's hoping DEFC and all the other clubs keep setting new records as fast as they are printed."

Don't confuse technique with style: technique is concerned only with essential motion and is in conformity with certain mechanical principles; style refers more to the physical peculiarities and mannerisms of an athlete, or the individual interpretations of the movements.

New form is always freak form in the eyes of others for it is untried, unproven and different from the accepted.

### 'Name Withheld'

"I wonder how much feed-back you get from your readers on certain things. Whenever I talk to some of the top athletes they refer to you in hostile tones and make remarks like "we will show HIM!" Also, apparently some top female athletes don't subscribe because you have upset them in the same way. The best I can figure is that there exists the usual communication gap, (better call it a "comprehension gap"), between males and females, which makes your task as a man editing a woman's magazine pretty rough. Every time you make a simple objective statement of fact about a performance, these girls take it as a PERSONAL attack upon them. They seem to think you say uncalled for, nasty things about them. Athletes have told me of the things they have in mind, but they strike me as perfectly valid remarks about the quality of a particular performance, their performances over a season, or their chances in a particular race, etc. But these girls seem unable to distinguish between remarks made about their performances and remarks being made about them personally. Maybe they are inclined to be a little defensive about their athletics because of the place of women's athletics in the cultural milieu."

Anyway, chicks are all crazy, and if you "write it like it is", you're in trouble. If you write it in such a way that it sounds like everyone had an equally good chance to win, and that the ultimate winner was only a little better in that particular race than everyone else, and everyone else had a great excuse and will probably turn the tables next time, then I think you'll make them all happy."

It will be a ridiculous magazine, but you might have more subscribers!"

(Ed. note:-Hallelujah! It's about time someone woke up the American girls and gave them something to get mad about! Let's hope they all read the "nasty" things before they compete and then we'll get better and better performances. And that's what we're after! However, I do hope the females can separate reports of performances as nothing to do with them as a person. For example, someone asked me recently, "How come you wrote all those nice things about Mamie Rallins? I thought you didn't like her?" Well, just because I, (and every other coach in this business), hope any athlete I am coaching beats all the others doesn't mean I don't LIKE the others - the competition has nothing to do with liking an individual."

The desire to do a job is a wonderful conditioner.

No athlete is so good or so bad that sound coaching will not make him better.

There is no stimulant like success; success builds courage while repeated failures make a coward.

A hard workout for one athlete may be an easy workout for another.

It is better to underwork and athlete than to overwork her. If in doubt, do too little rather than too much.

### PIGNI RUNS 4:41.2 MILE from Elio Trifari

Milan, Italy, April 20:=Paola Pigni, after running the fourth ever best mile in 4:44.6 just 17 days earlier in Milan, returned to speed to the second best ever today, running the distance in 4:41.2, just short of Anne Smith's world mark of 4:37.0s.

On April 13 Paola ran alone after the first meter and had splits of 34.2-66.0-2:17.8, (here she was 2.2 seconds ahead of the world mark), 1200m in 3:31 and 1500m in 4:26.5s. She was bothered by a strong wind in the final stages of the run.

On the 20th, however, there was little wind, but once again Pigni was forced to run alone after the first step. She ran 36.0 at 200m, 1:44 at 600m, 2:56.1 at 1000m and 4:23.5 at 1500m and finally finished in the excellent 4:41.2s.

Paola was born in Milan on December 30, 1945. Height is 5'7, weight 121 pounds. Personal bests: 100m in 12.0, 200m in 24.9, 400m in 54.2, 800m in 2:04.5. She has been competing since 1961.

Women's

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## CHAFFEY INVITATIONAL

**Calvert 180'3; Albers Double Winner;  
Chi Cheng 13.5 100mHH; Goldsberry 5'3**

Alta Loma, California, April 27:-The Ontario-Montclair Cheetahs hosted their First Annual Chaffey Invitational here today on the all-weather track at Chaffey College on a beautiful, sunny southern California day and was rewarded by some great early season performances in both the girl's and women's divisions. (Age group results not available at this writing.)

Crown Cities Chi Cheng sparked the women's division with a great 13.5 flight of 100mHH, only 0.1 off Pam Kilborn's accepted world best for this event. Jan Glotzer (Phoenix TC) and Pat Donnelly (Tucson TC) staged their usual close battle for runner-up spot with Glotzer once again edging out her Arizona rival as both were clocked in 14.3s. Wind reading for the race was 0.03mps. Chi returned later to win the 220 easily in 24.0s.

Sherry Calvert (SC Missiles) provided the best mark of the girl's division as she set a world best for 17 year olds with a toss of 180'3. Calvert, who had set a personal best earlier in the day at the Mt. SAC Relays with a toss of 176'2, edged 15 year old Kathy Schmidt, the 1968 Girl's National champion, who threw 170'10 for second.

Rhonda Albers of the San Leandro TC had two good wins in the 50yLH and the long jump. Albers won easily over Phoenix' Judy Rejebian in the hurdles in a wind-aided 6.9 and returned to take the jump with a fine mark of 18'7".

Sandy Goldsberry set a National record in winning the 12/13 high jump at 5'3. Willie Nichols, the unorthodox but powerful runner from Bakersfield, won the 50/100/220 in the girl's division.

RESULTS: Women's Division: 100, 1-Barbara Ferrell (LAM) 10.9 (wind 1.9mps), 2-Dee DeBusk (LAM) 11.0, 3-Mavia Laing (Phoenix TC) 11.0, 4-Deborah Payne (CCTC) 11.1; 220, 1-Chi Cheng (CCTC) 24.0, 2-Jarvis Scott (LAM) 25.0, 3-Payne 25.0; 440, 1-Laing 57.2 (her first-ever 440), 2-Kathy Chin (SD Lancerettes) 61.4; 880, Lois Drinkwater (PTC) 2:19.5; 4x110, Phoenix TC (Greene-Laing-Drin water-Glotzer) 48.9; 100mHH, 1-Chi Cheng 13.5, 2-Glotzer (PTC) 14.3, 3-Donnelle (Tucson TC) 14.3, 4-Dianne Spangler (Crescenta-Canad Spikettes) 14.9; HJ, Barbara Emerson (CCTC) 4'10; SP, Jan Svendsen (CCTC) 40' 8"; JT, 1-Roberta Brown (SDL) 138'10, 2-RaNaee Bair (SDL) 134'9, 3-Beth Hollis (CCTC) 133'1; DT, Vivian Turner (Lake-wood Spartans) 142'9. Girl's Division: 50/100/220, Willie Nichols (Bakersfield Saints) 6.0w/11.3w/24.7w; 440, Jackie Thompson (Mickies Missiles) 57.4; 880, Debbie Norris (SC Missiles) 2:18.0; 50yH/LJ, Albers (San Leandro TC) 6.9w/ 18'7"; 4x110, Mickies Missiles 48.6; DT, Monette Driscoll 125'0; JT, 1-Sherry Calvert (SCM) 180'3, 2-Kathy Schmidt (IBC) 170'10.

Competition should be slight at first and then of an even nature so as not to discourage beginners. Too many prospective athletes have been discouraged because initial competition was too great.

## WTFW REPORTING STANDARDS

Because of the improvement in performances throughout the world and the United States in particular, the editorial staff of WTFW has decided it must set certain standards of attainment for performances to be reported in the magazine. If space permits we will print any and all results which reach us, but as a guide please use the following chart:

Event	Women	Girls	12/13	10/11	9/Under
50		6.2	6.5	6.7	7.3
100	11.5	11.8	12.0	12.6	14.0
220	25.7	26.0	27.1	29.0	32.5
440	59.0	60.0	63.0	68.0	74.0
880	2:24.0	2:24.0	2:30.0	2:40.0	
1500	5:05.0	5:15.0	5:30.0		
Mile	5:20.0	5:40.0	5:55.0		
50yLH		7.5	8.0		
80mLH		12.5			
100mHH	17.0				
200mLH	29.5				
440yR	52.0	52.0	54.5	58.0	65.0
HJ	5'1	4'11	4'7	4'2	3'6
LJ	18'0	17'0	15'6	14'0	11'6
SP	36'0	37'0	33'0	30'0	
DT	120'0	115'0	85'0		
JT	130'0	120'0	90'0		
BBT			210'0	155'0	110'0
Pent	3500	3200	3000		

## EVOLUTION OF THE 100 YARD DASH RECORD

12.0	Marie Thornton (USA)	Painesville	14- 5-1910
12.0	Marie Thornton (USA)	Lake Erie	1911
12.0	Mary Morgan (USA)	New Haven	11- 5-1912
11.8	Mary Lines (England)	Paris	30-10-1921
11.6	Mary Lines (England)	London	18- 7-1922
11.6	Mary Lines (England)	London	20- 8-1922
11.4	Marie Mejzlikova (CSSR)	Paris	20- 8-1922
11.4	Rose Thompson (England)	Paris	23- 9-1923
11.3	Eileen Edwards (England)	London	28- 6-1924
11.2	Rosa Grasse (USA)	Beaverton	4- 8-1924
11.2	Marguerite Radideau (France)	Paris	20- 6-1926
11.0	Rosa Grasse (USA)	Toronto	14- 8-1926
10.8	Stella Walsh (Pol)	Philadelphia	30- 5-1930
10.8	Stella Walsh (Pol)	Cornwall	4- 8-1930
10.8	Myrtle Cook (Canada)	Cornwall	4- 8-1930
10.8	Helen Stephens (USA)	Toronto	31- 8-1935
10.8	Fannie Blankers-Koen (Hol)	Amsterdam	18- 5-1944
10.8	Cynthia Thompson (Jamaica)	Georgetown	4- 8-1947
10.8	Marjorie Jackson (Australia)	Adelaide	4- 1-1950
10.8	Marjorie Jackson (Australia)	Auckland	4- 2-1950
10.8	Marjorie Jackson (Australia)	Auckland	6- 2-1950
10.7	Marjorie Jackson (Australia)	Newcastle	31- 3-1950
10.4	Marjorie Jackson (Australia)	Sydney	8- 3-1952
10.4	Betty Cuthbert (Australia)	Sydney	1- 3-1958
10.4	Marlene Mathews (Australia)	Sydney	1- 3-1958
10.4	Marlene Mathews (Australia)	Sydney	20- 3-1958
10.3	Marlene Mathews (Australia)	Sydney	20- 3-1958
10.3	Wyomia Tyus (USA)	Kingston	17- 7-1965
10.3	Wyomia Tyus (USA)	Dayton	1968