# TRACK & FIELD W RLD

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Women's

SCENES LIKE THIS ARE COMMONPLACE THROUGHOUT THE UNITED STATES AS THE CROSS COUNTRY SEASON COMES TO ITS CLIMAX. RUNNERS ARE NOW POINTING FOR THE NATIONAL CHAMPIONSHIPS ON NOVEMBER 29 AT INGLEWOOD, CALIFORNIA. THE USA TEAM FOR THE INTERNATIONAL CROSS COUNTRY MATCH SCHEDULED IN MARYLAND NEXT MARCH WILL BE CHOSEN FROM THE NATIONAL MEET. (Jeff Johnson photo)

Stamina can not take the place of speed, but developed to  $\varepsilon$  high degree, it enables a runner to hold his top speed a little longer.

# OZARK CROSS COUNTRY CHAMPIONSHIPS

Jackson, Missouri, September 28:-Connie Berg, a sprinter, captured the Ozark Association cross country championships here today over a two mile course. The races were held on the Kimbeland Country Club course.

RESULTS: 14/Over Division (2.0m), 1-Connie Berg (Ozark TC) 13:44, 2-Laura Reichard (Kirkwood) 13:47, 3-Cindy Taylor (K) 14:03, 4-Jean Benkert (K) 14:18, 5-Terri Mount (OTC) 14:48...19-Judy Vernon (OTC). Team scores, 1-Ozark TC 28, 2-Kirkwood 35, 3-Semo TC 72. <u>10/13 Division (1.0m)</u>, 1-Gail Sours (Kirkwood) 6:12, 2-Joyce Stapleton (K) 6:12, 3-Gwen Eberle (OTC) 6:21, 4-Joyce Martain (K) 6:26, 5-Ann Taylor (K) 6:27...9-Elaine Giambelluca (SEMO). Team scores, 1-Kirkwood 18, 2-Semo TC 57, 3-Ozark TC 66. <u>9/Under Division (0.5m)</u>, 1-Amy Reichard (K) 3:47, 2-Terri Tucker (K) 3:48, 3-Cathy Seabaugh (Semo) 3:54, 4-Ruth Sixkiller (K) 3:55, 5-Lorri Staten (Semo) 4:03. Team scores, 1-Kirkwood 24, 2-Semo TC 31.

# **KILBORN SETS 200mH RECORD**

Singapore, October ll:-Australian hurdler Pamela Kilborn clocked 26.1 seconds in the women's 200 meter hurdles at a track and field meet here today - bettering the world mark for the event by 0.1 second.

The women's 200 meter hurdles has been considered a world event since May 1, the previous fastest recorded time of 26.2 seconds was held by Chi Cheng of the Republic of China.

Kilborn was taking part in a one day track meet between Australia and Singapore. This was the first world record ever made in this country.

Kilborn also won the 100 meter dash in 11.5 and the 100 meter hurdles in 13.5. Jean Roberts won the shot and discus with marks of 49'11% and 163'7.

Singapore presented 13 year old Chee Swee Lee who came third in the 400 meters in 62.2, and Gan Bee Hwa set two new Singapore hurdles records with marks of 16.1 and 31.6s.

# **RESULTS FROM JAPAN from Elio Trifari**

Sapporo, Japan, October 1:-100m, Berto (Canada) 11.7; 100mH, Pease (Aus) 13.9....Sendai, October 1:-100m/100mH, Kilborn (Aus) 11.9/14.5; JT, Dahlgren (Can) 150'3....Hiroshima, October 1:-100m, Hoffman (Aus) 11.8; 800m, Potts (NZ) 2:09.1; LJ, White (USA) 20'0½, Yamashita (Jap) 19'11; HJ, Brill (Can) 5'5...Kyoto, October 1:-200m, Hammond (USA) 24.1; 800m, Brown (USA) 2:07.5; SP, Poulsen (NZ) 48'11, Imamura (Jap) 48'2; DT, Roberts (Aus) 167'10.

# FRANCIE LARRIEU IN RECORD RUN

Reedley, California, October 18:-Young Francie Larrieu sped through the two mile course of the annual Reedley Road Race and knocked nearly a minute off the meet record with a scintilating 10:41 victory. The old record of 11:30 was set by Pat Cole in winning the race a year ago, but the first three finishers were under that mark today. Larrieu whipped a strong field and won 38 seconds over Kathy Gibbons of Phoenix.

In the 12/13 Division mile run, Ruth Kleinsasser handed teammate Debbie Johnson her first defeat of the year with a big win in 5:15, eight seconds ahead of Johnson

RESULTS: <u>Open Division (2.0m</u>), 1-Francie Larrieu (San Jose Cindergals) 10:41, 2-Kathy Gibbons (Phoenix Flyers) 11:09, 3-Shirley Springer (SJC) 11:10, 4-Sandy Dear (LB Comets) 11:34, 5-Jackie Dixon (SJC) 11:42....18-Nancy Benson (PF) 12:47. Team scores, 1-San Jose Cindergals "A" 26, 2-Long Beach Comets 37, 3-Phoenix TC 89, 4-San Jose Cindergals "B" 96, 5-Ontario-Montclair Cheetahs 121. Number of runners - 37. <u>12/13 Division (1.0m)</u>, 1-Ruth Kleinsasser (Rialto Road Runners) 5:15, 2-Debbie Johnson (RRR) 5:23, 3-Mary Candeleria (SJC) 5:24, 4-Jean Aguilera (RRR) 5:26, 5-Patty Cape (LBC) 5:27. Team scores, 1-Rialto 21, 2-San Jose Cindergals 75, 3-Fontana Cinder Belles 110, 4-Phoenix Flyers 116, 5-Ontario-Montclair 138, 6-Cabrillo TC 147, 7-LB Comets 160, 8-LaMirada Meteors 181. Number of runners - 65. <u>10/11 Division (1.0m)</u>, 1-Elizabeth MacDonald (LBC) 5:33, 2-Ronell Powell (SJC) 5:35, 3-Doreen Assuma (RRR) 5:41, 4-Dianne Holder (LBC) 5:43, 5-Julie Peterson (SJC) 5:46. Team scores (1stana Cinder Belles 91, 5-Cabrillo TC 112. Number of runners - 51. <u>9/Under Division (1.0m)</u>, 1-Lezlie Peterson (SJC) 6:02, 2-Jill Boyd (OM) 6:05, 3-Rhonda Hollan (FCB) 6:07, 4-Linda Murr (FCB) 6:08, 5-Suzanne Keith (FCB) 6:10. Team scores, 1-Fontana 35, 2-La Mirada 51, 3-Ontario-Montclair "A" 60, 4-Rialto 82, 5-0M "B" 119. Number of runners - 36. Grand total number of runners - 189.

# **REEL TALK**

What's involved in getting out an issue of WIFW? It's not all peaches and cream! And we have learned a lot since the day we first thought of the possibility of starting this pink sheet. But let's look at what all happened when we started to get out the last issue, the October issue.

Gathering the material is a rather obvious chore. Lots of information reaches us and this must be sorted into what we know we will be printing, what we know we will NOT be



printing and what we don't know whether we will be printing or not. In addition, there is always much we want to receive that is neglected by meet directors, club secretaries, coaches, etc., and we do our best to send out and request these news items. Then the material to be used must be typed - and you can figure an average of about two hours per page. In this same vein, the pictures to be used must be selected and the captions written. Also, a stack of "fillers" must be readied to be inserted wherever needed to make the

columes come out even.

When all the material is gathered and ready, as the October issue was on the 9<sup>th</sup>, a "dummy" is made - the layout, the headlines, the ads, blah, blah, blah are all put in place. Pictures must be fitted into the available space and percentages figured for the photographer. Then a two or three hour chore of making the headines on the "Varotype machine".

On Saturday October 11<sup>th</sup>, the copy was ready for "pasteup". Then a last minute stop at the Post Office for late mail disclosed some important news plus some fine pictures on cross country from the mid-west - so we discarded the last six pages of the magazine and re-did the layout eliminating, among other things, a two page picture layout of eight young USA long jumpers which will now be used at a later date. And so the magazine was "pasted up" over the weekend, ready to be "shot" on Monday morning.

The shooting part of the procedure went smoothly - and after the material is "shot" it is only rarely that anything can be changed for the process then becomes quite involved. On Tuesday the negatives went to the printer where the magazine was "stripped", "opaqued", and plates made. Wednesday, the 15<sup>th</sup>, the magazine was printed.

But that's not the end - really, it's only the beginning. On Thursday morning, the "sheets" (there are eight pages on a "sheet" - four pages to the side), were picked up by the bindery and the completed magazine was scheduled to be returned to the shop that afternoon for addressing. While the bindery did its job, other work was being done at the shop on the addressograph machine - making nameplates for the new subscribers, changing addresses where requested, putting new dates on renewals, and so forth. But the bindery was in a bind, and the magazine did not come back on Thursday. Friday morning a call went to the bindery and the magazine was promised for "a little after noon". By three o'clock I had to go with my college cross country team to a meet, and the magazine had not yet returned. It arrived about 4:30 - too late for the shop staff to do any work.

Saturday the 18<sup>th</sup> was spent at the shop addressing the magazine - and we discovered the bindery had used a new machine on this issue which was not yet working properly and had ommitted pages indiscriminately - which necessitated thumbing through each copy before it was addressed to make certain all the pages were present. (The air mail copies got out before this was discovered, so it is possible some air mail subscribers received copies short four pages.) Since the Post Office won't accept second class mail on Saturday afternoons and it is closed on Sunday, the magazine was not mailed until the 20<sup>th</sup> - eleven days after it was ready for "dummy".

And mailing a second class magazine doesn't consist of simply dropping it in the mail box! Copies must be in zip code order, tied according to PO regulations, recorded by "zones", divided into "counties", weighed, and secured in sacks. "Tain't easy, McGee!

How many people are involved in getting out an issue? Forgetting the writing of the magazine, it takes two men to properly do the "shooting", one to do the "stripping" and "opaquing", two on the actual printing, add the truck driver who takes the pages to and from the bindery, four to six girls doing the actual binding, three to five on the addressing, sorting, tieing and mailing, two or three working the addressograph machine. Plus, of course, the correspondents all around the world who send the news.

And to think, you get all this for only \$4 a year!

# LETTER FROM RANDALL LAMBERT, NEBRASKA

"I would have to agree that there are many people who probably feel someone was dealing from the bottom of the deck when they picked the U.S. International Teams this summer.

I also realize that after a national championship there is much confusion and rapidity which makes the international committee's work very difficult. This was compounded this year by the difficulty of having to pick three different teams.

I was on the international committee at one time, but I can never remember using the rationale that was used to pick girls who had not made the finals in an event or had not placed higher than fifth in an event. Of course, my question concerns the shot put choices. Possibly there was no discus in the Pacific Games; however, I would think the discus thrower would have as good an opportunity to score as a shot putter. Both events are woefully weak in the U.S., but they are also weak in the Orient and the Pacific. It is also possible that neither a shot putter nor a discus thrower should have been taken on the team since they had previously gained international experience.

The point I am making is that the international committee should probably have someone who is knowledgeable about the foreign athletes our girls will face and who will act as a consultant to the group. I would emphasize that this would not be one person picking the team, but a person who would have marks and other information at his finger-tips that would be accessible to the committee."

# LETTER FROM ROBERT MATHESON

"You are to be congratulated on your coverage of track and field for women. This is the best source of information concerning this activity that is available. We here in New Mexico wish you continued success with this sport coverage."

> Robert C. Matheson Albuquerque, New Mexico

# LETTER FROM JOHN CLEMENT, MICHIGAN

Thank you for the last two issues of your magazine. The September and October issues are the best you've put out. I especially enjoyed the pictures of the top European champions.

The past summer while attending the Loughborough University summer coaching school, I had a chance to watch England's top half miler Pat Lowe work out. The work she was doing was real tough. A few years ago, men would not even attempt such a workout. I feel your magazine has done a lot to promote track for women in this country.

By the way, for coaches really interested in our sport, let me say that the Loughborough Coaching School is the best I've ever attended - other coaches may be interested in knowing about it. It's held every summer usually at the end of July and lasts for ten days. It's in England, but if the chance is there, it's well worth attending. I was the only American coach there last summer and I'm planning on going again this summer.

# BECKY ALDERMAN FIGHTS BACK

This month brought to a close a very energetic program for women in the New Mexico area. Of particular interest was the performance of Becky Alderman, formerly of the Frederick, Maryland, T&FC and now running as an independent in Albuquerque. At the Milne Stadium Track Meet on 25 July, Becky was officially clocked in the fine time of 5.8 for the 50y dash.

Becky's many friends in the track world will be glad to learn that apparently she has recovered completely from the severe attack of meningitis which knocked her out of competition for a year and a half. From all indications, she is now back in contention for national honors again, having also posted a 10.7 time for the LOO yard dash.

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# GEMBERLING IOWA CHAMP from Jim Duncan

Adel, Iowa:-Chris Gemberling of Lake City won the individual title in the Iowa State High School Cross Country Championship with a 5½ second win over Meg Hennessey. BGM of Brooklyn won the team title with 70 points over Schleswig with 107 and Manilla with 113.

RESULTS: 1-Chris Gemberling (Lake City) 8:41.6, 2-Meg Hennessey (Manilla) 8:47, 3-Sheila Simmons (BGM) 9:08, 4-Janis Cline (Urbandale) 9:12, 5-Pat Bever (Adel) 9:15. Distance 1.5m, date October 25.

# WOODLAND INVITATIONAL

Woodland, Washington, October 25:-Young Debbie Roth, 14, put herself into the picture for the National AAU title when she easily defeated a good field to win the Woodland Invitational two mile cross country run in 11:27, nearly a minute ahead of her closest rival.

RESULTS: Women's Division (2.0m), 1-Debbie Roth (Oregon TC) 11:27, 2-Tara Mitchell (Portland TC) 12:19, 5-Jan Harshberger (Eastside TC, Seattle, Washington) 12:20, 4-Gail Tyson (PTC) 13:04, 5-Heather Sutherland (Flanagan Clan, Woodland, Washington) 13:18. Team scores, Portland TC 17, 2-Willamette Valley 38. Number of runners - 18. <u>Girl's Division (1.0m)</u>, 1-Vicky Rojas (PTC) 5:54, 2-Nancy Moser (Eastside) 5:54, 3-Karla Bellwood (PTC) 6:13, 4-Shawna Baxter (OTC) 6:17, 5-Sharon Barker (E) 6:17. Team scores, 1-Portland TC 15. Number of runners - 15. <u>11/</u> <u>Under Division (1.0m)</u>, 1-Terry Kraft (E) 6:07, 2-Val Cobb (PTC) 6:09, 3-Debra Metter (E) 6:13, 4-Julia Pulley (E) 6:17, 5-Jane Coffin (E) 6:19. Team scores, 1-Eastside TC 22, 2-Flanagan Clan 48, 3-Portland TC 50. Number of runners - 26.

# SEND TO CBS.TV

To: CBS-TV

51 W. 52nd Street

New York, NY

# Gentlemen:

I would like to take this opportunity to thank CBS for the telecasts of track and field competition during the past summer and express hope the program will be continued next year. As a reader of 'Women's Track & Field World' I would like to urge you to include more women's events on future telecasts.

# Sincerely,

Personal Comments: \_\_\_\_\_

# DEBBIE ROTH WINS PORTLAND RUN

- Portland, Oregon, September 27:-Women's Division (2.0m), 1-Debbie Roth (Oregon TC)11:28, 2-Carolyn Walker (Un) 11:57, 3-Rexi Nicholson (OTC) 12:23, 4-Gail Tyson (Portland TC) 12:53, 5-Tara Mitchell (PTC) 13:02. 12/13 Division(1.0m) 1-Vicki Rojas (PTC) 6:00, 2-Shawna Baxter (OTC) 6:11, 3-Teresa Lillard (PTC) 6:33, 4-Karla Bellwood (PTC) 6:35, 5-Arlena Fair (PTC) 7:20. 10/11 Division (0.75m), 1-Joanne Rojas (PTC) 4:50, 2-Jamie Mitchell (PTC) 5:02, 3-Linda Bellwood (PTC) 5:13. Total number of athletes - 47.
- Portland, Oregon, October 4:-Women's Division (2.0m), 1-Carolyn Walker (Un) 12:21, 2-Tara Mitchell (PTC) 12:47, 3-Mary LaFond (PTC) 14:54. <u>12/13 Division (1.0m)</u>, 1-Vicki Rojas (PTC) 6:01, 2-Karla Bellwood (PTC) 6:33, 3-:eamme Makin (Flanagan Clan) 6:50. <u>11/Under Division (0.75m)</u>, 1-Val Cobb (PTC) 4:40, 2-Joanne Rojas (PTC) 4:55, 3-Theresa Bazarth (FC) 5:00.
- Portland, Oregon, October 11:-Women's Division (2.0m), 1-Carolyn Walker (Grant HS) 11:37, 2-Tara Mitchell (PTC) 12:03, 3-Heather Sutherland (FC) 15:11. 12/13 Division (1.0m), 1-Vicki Rojas (PTC) 5:26, 2-Karla Bellwood (PTC) 6:14, 3-Elana Fair (PTC) 6:19. 14/17 Division (1.5m), 1-Karen Johnson (COTC) 9:32.5, 2-Pat Martin (COTC) 9:42, 3-Regina Douglas (COTC) 9:50. 11/Under Division (0.75m), 1-Val Cobb (MTC) 4:17, 2-Teresa Bozarth (FC) 4:32, 3-Christy Luce (FC) 4:35.

# CAMERON TC GULF AAU XC

Macgregor Park, Houston, Texas, October 4:-Ladies 880, l-Vicki Clark (Houston Astrobelles) 2:36.7....5-Willie Punch (TSU) 2:58. Ladies 440, l-Rhonda Fleming (TSU) 61.8, 2-Orion Brown (TSU) 63.1.

# **KETTERING INVITATIONAL**

Kettering, Ohio, October 11:-Pam Bagian (Wolverine Parkettes) turned on the reserve speed in the last 300 yards of the Kettering Invitational's Open Division two mile cross country run to edge young Beth Bonner (Pennsylvania Striders) and set a new course record at 11:16 over the flat, grassy course at Fairmont East High School. The field was a good one which included such outstanding runners as Kathy Moore, Vicki Slater, Lori Schutt and young Jaynet Colton who moved up for a try at the big girls and did well by finishing sixth. RESULTS: 14/Over (2.0m), 1-Pam Bagian (Wolverine Parkettes) 11:16, 2-Beth Bonner (Pennsylvania Striders) 11:21, 3-Kathy Moore (WP) 12:21, 4-Vicki Slater (WP) 12:30, 5-Lori Schutt (Homeswood-Floosmore) 12:33, 6-Jaynet Colton (PS) 12:40....30-Petite Gillum (WP). Team scores, 1-Wolverine Parkettes 22, 2-Pennsylvania Striders 55, 3-WP "B" 80, 4-Toledo Roadrunners 89, 5-Kirkwood, Mo., 98. Number of runners - 43. <u>13/Under (1.0m</u>), 1-Gail Sours (Kirkwood) 5:39, 2-Sue Parks (WP) 5:40, 3-Betty Shell (Kettering Striders) 5:42, 4-Joyce Stapleton (K) 5:43, 5-Joy Jarvis (KS) 5:45....26-Connie Fussnecker (North College Hill) 6:23. Team scores, 1-Kettering Striders 38, 2-Kirkwood 48, 3-Toledo Roadrunners 64, 4-Wolverine Parkettes 70, 5-North College Hill 126. Number of runners - 38. 11/Under (0.75m), 1-Teri Seippel (KS) 4:25, 2-Emy Burt (TRR) 4:30, 3-Genita Billets (MCTC) 4:31, 4-Joyce Martin (K) 4:33, 5-Janet Jarvis (KS) 4:37.....29, Ruth Sixkiller (K) 5:27. Team scores, 1-Kettering Striders 27, 2-Fleet Feet TC 70, 3-Toledo Roadrunners 73, 4-Kirkwood 90, 5-Wolverine Park-ettes 112, 6-North College Hill 138. Number of runners -38. <u>9/Under (0.5m)</u>, 1-Christi Scott (KS) 2:51, 2-Karen Dauwe (NCH) 2:52, 3-Pam Isaacs (KS) 2:53, 4-Kim White (KS) 2:58, 5-Teresa Stafford (KS) 2:58. Team scores, 1-Kettering Striders 20, 2-North College Hill 57, 3-Wolverine Parkettes 59. Number of runners - 18. Total number of runners - 137.

# **NEBRASKA XC from John Davis**

Wahoo, Nebraska, October 26:-On a cold, windy day over the rolling course at John F. Kennedy College, the Topeka Cosmo Club, paced by veterans Deanna Duffey, a Kansas State College freshman, and Debbi Lewton, a Carthage (Mo) high school sophormore, ran 1-2 to lead the Topeka group to the team title in the Nebraska Open. The TCC scored 28 points to 36 by JFK College.

RESULTS: 1-Duffey (TCC) 13:35, 2-Lewton (TCC) 13:36, 3-Van Wyke (JFK) 13:48, 4-Settlemyer (TCC) 13"52, 5-Stein (Un) 14:21.

# A REPORT ON THE USA EUROPEAN TOUR by Harmon Brown

(WTFW always invites all coaches, managers and chaperones of US International teams to give us an uncensored report of the trip. Dr. Harmon Brown, who accompanied the team to Europe, so far is the only reportee for the summer.)

I appreciate the opportunity to describe a few highlights of this past summer's European tour (excluding Olso and Warsaw). I can only regret that the questions which your reporters raise rhetorically in their write-ups of the three major meets were not asked directly to members of the coaching staff at the time and before their articles were written, but I suppose it is easier to raise such questions than it is to seek out the real answers. However, I might add that reporters from the Associated Press and even from that antifemale track magazine "Track and Field News" did bother to inquire in person or by phone. More of this later.

Stuttgart, site of the Western Hemesphere Meet, is a lovely city with broad parks and fountains. The weather was unusually warm and humid for Europe, but the athletes adjusted quickly. The accomodations and food of the Hotel Schlossgarten were excellent, and the training facilities at the newly Tartan-surfaced Neckarstadion were first class.

The most pleasing aspect of track to the girls was the discovery that they wrere the center of press attention rather than the men. It is indeed refreshing to find that in Europe track is respected as a sport, and that women and men are equally recognised. Despite the fact that they knew they were "in tough" against Europe's best, the morale of the girls was tops, and they were ready to give all that they had.

Magnificent Madeline was just that despite having arrived only a day and a half before the competition, hardly time to adjust to the time change and get the kinks out. Our sprinters came through in excellent style, and Pam Greene continued to surprise, getting up from a slow start to take 3rd in the 200m at 23.5s. The 400 was a real sizzler, with Kathy Hammond battling Nicole Duclos down to the wire. Francie Larrieu made up her mind that she could run with the big girls, and did just that, outkicking Doris Brown in the straight and tying Doris' American record for the 1500m in 4:16.8s, a fantastic performance for a 16 year old.

Our field event performers were shamefully outclassed, and there is really little excuse for it except to feel that our athletes have not yet adopted sound training methods. In talking with a number of European athletes I was consistently impressed by their emphasis on strength training, (see article in October issue), and by the amount of time they spent on drills which emphasize training and neuro-muscular systems to carry out proper mechanics. For example, there is great emphasis on hip punch in all the throwing events, and much time is spent drilling on this. I watched Margitta Gummel (Olympic shot put champion) work on standing puts without a reverse for over 20 minutes, putting a 5 (yes 5) kilo shot 41-45 feet with emphasis only on one point - hip punch. I regret that we were unable to become better acquainted with the European athletes, but they arrived later than we, stayed in different quarters, trained at differnent times. I discovered rather early in the game that some of the European coaches were not at all averse to coaching on the field during the competition, and although this came as a bit of a surprise, I "adjusted" quite quickly.

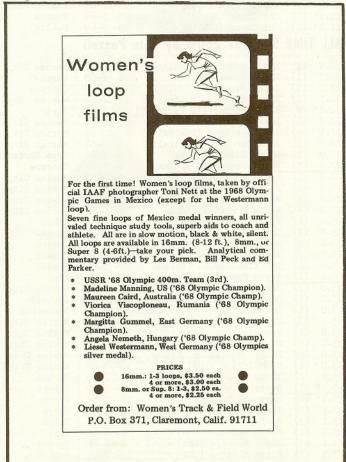
Augsberg is an ancient, medieval, walled city in Bavaria with origins dating from the 11th century. I think that some of the hotel accomodations originated at about the same time. Our arrival was well-timed as we came into town along with 5000 young people who were there to participate in the Ger-man Youth Games. This group appeared to occupy all of the better hotels and tie up the decent training facilities for the week, and they even had enough energy to carouse around the streets for most of the night! It was this set of circumstances, plus the heavy Bavarian cooking, which provoked the "athletes revolt" which was extolled in song, story and the Associated Press. As usual, the girls were not included in by the men who started the whole affair, but were expected to go along docilely even though they were given no vote or voice in the matter. Some did, but others were rather outraged by this cavalier brushoff. I will never forget the sight of Sherry Calvert in eyeball to eyeball confrontation with bullying Neal Steinhauer before the athletes' parade,

as she refused to cover up her AAU patch. The competition was one of those "for want of a nail" situations. Esther Stroy was suffering from a bad cold and had a sever attack of sinusitis with a headache when she tried to warm up, so Joan Pirie had to be substituted at the last minute. Esther was treated intensively, and was able to run well the next night in the relay. Both high jumpers were injured during training and the in the inadequate facilities which were provided. Diane Waters reinjured the calf on her jumping leg and was unable to clear the starting height, and Brenda Simpson must be given great credit for clearing 5'5 despite having a very painful groin strain. At that point I was wishing mightily that the selection committee had given us an alternate in the high jump, as our <u>one</u> field event alternate, Sherry Calvert, was not in her best jumping form at that time.

England swings, according to the song, but not so much in August when everyone goes "on holiday" to the seacoast or to Europe. However, we joined the rest of the tourists in some very enjoyable sightseeing about London and had tea with the Town Council and the Vice-Mayor. It was refreshing to again be where we could communicate easily, even though we had wild times trying to figure out the monetary system.

Having to compete in their third big international meet in as many weeks was more than some of the girls could get "up" for psychologically. The runners, who had been carrying the burden of the scoring, suffered some bitter disappointments. Gwen Norman was instructed to break after the first curve three times, (Mr. Pozzoli, please note!) Kathy Hammond's charge at Lillian Board in the 4x400 anchor was a sizzler some caught her at 51.6s. The field event crew came through with a better show than ever, and almost took up the slack. Ranee Kletchka threw her lifetime best, 162'0, veteran Willye Whie jumped 20'9%, and the javelin pair of Barbara Friedrich and Sherry Calvert were 1-2. Our still lame high jumpers did manage to clear 5'1, not to be totally discounted considering their aches and pains.

I will have to agree that the powers of the US track program will have to start trying to bring the best possible American teams to international matches. We do have the potential to be a top world power, but can't show it with some of the best athletes at home in summer school. Our field event training program needs a concerted effort to achieve some type of "Great Leap Forward". I hope we cantake steps along these lines in the very near future.



1.0	(1)	50 BEST 100m by Pete Wyomia Tyus (USA)	15-10-68	Mexico City
1.1	(1)	Ewa Klobukowska (Poland)	9- 7-65	Prague
1.1	(2)	Irena Szewinska (Poland)	9- 7-65	Prague
	(1)	Wyomia Tyus (USA)	31- 7-65	Kiev
1.1	(1)	Barbara Ferrell (USA)	2- 7-67	Snta Barbara
1.1	(1)	Wyomia Tyus (USA)	21- 4-68	Mexico City
1.1	(1)	Lyudmila Samotesova (USSR)	15- 8-68	Leninakan
1.1	(1)	Margaret Bailes (USA)	18- 8-68	Aurora
1.1	(1)	Margaret Bailes (USA)	18- 8-68	Aurora
1.1	(1)	Barbara Ferrell (USA)	14-10-68	Mexico City
1.1	(1)	Irena Szewinska (Poland)	14-10-68	Mexico City
1.1	(2)	Barbara Ferrell (USA)	15-10-68	Mexico City
1.1	(3)	Irena Szewinska (Poland)	15-10-68	Mexico City
1.1	(4)	Raelene Boyle (Australia)	15-10-68	Mexico City
1.2	(1)	Stella Walsh (Poland)	24- 6-45	Cleveland
1.2*		Marjorie Jackson (Aust)	14- 2-53	Sydney
1.2*		Marlene Mathews (Aust)	20- 3-58	Sydney
1.2	(1)	Wilma Rudolph (USA)	19- 7-61	Stuttgart
1.2*		Margaret Burvill (Aust)	28-12-62	Perth
1.2*	(1)	Wyomia Tyus (USA)	15-10-64	Tokyo
	(1) $(1)$	Wyomia Tyus (USA) Ewa Klobukowska (Poland)	17- 7-65	Kingston
1.2	(1)	Irena Szewinska (Poland)	10- 9-65 25- 6-66	Lubeck
1.2	(1) $(1)$	Ewa Klobukowska (Poland)	25- 6-66	Warsaw
1.2	(1)	Jennifer Lamy (Australia)	21- 1-67	Sydney
1.2	(1)	Ewa Klobukowska (Poland)	1- 7-67	Chorzow
1.2	(2)	Irena Szewinska (Poland)	1- 7-67	Chorzow
1.2	(1)	Irena Szewinska (Poland)	2- 8-67	Szczcin
1.2	(1)	Irena Szewinska (Poland)	15- 9-67	Kiev
1.2*		Wyomia Tyus (USA)	8- 6-68	Dayton
1.2	(1)	Margaret Bailes (USA)	29- 6-68	San Mateo
1.2	(1)	Wyomia Tyus (USA)	20- 7-68	Nashville
1.2	(2)	Lyudmila Golomasova (USSR)	15- 8-68	Leninakan
1.2	(1)	Margaret Bailes (USA)	17- 8-68	Aurora
1.2	(2)	Chi Cheng (Rep of China)	17- 8-68	Aurora
1.2	(1)	Diane Burge (Australia)	4-10-68	Mexico City
1.2	(1)	Margaret Bailes (USA)	14-10-68	Mexico City
1.2	(1)	Raelene Boyle (Australia)	14-10-68	Mexico City
1.2	(1)	Barbara Ferrell (USA)	14-10-68	Mexico City
1.2	(2)	Eva Gleskova (Czech)	14-10-68	Mexico City
1.2	(1)	Wyomia Tyus (USA)	14-10-68	Mexico City
1.2*		Chi Cheng (ROC)	23- 5-69	Pomona
1.2*		Chi Cheng (ROC)	29- 7-69	Dublin
LL '	TIME	50 BEST 200m by Pete	Pozzoli	
2.5	(1)	Irena Szewinska (Poland)	18-10-68	Mexico City
2.7	(1)	Irena Szewinska (Poland)	8- 8-65	Warsaw
2.7	(1)	Irena Szewinska (Poland)	2- 7-67	Chorzow
2.7	(2)	Raelene Boyle (Australia)	18-10-68	Mexico City
2.8*	(1)	Margaret Burvill (Austral)		Perth
2.8	(1)	Barbara Ferrell (USA)	17-10-68	Mexico City
2.8	(2)	Jennifer Lamy (Australia)	17-10-68	Mexico City
2.8	(3)	Jennifer Lamy (Australia)	18-10-68	Mexico City
2.9	(1)	Wilma Rudolph (USA)	9- 7-60	Crps Christi
2.9	(2)	Ewa Klobukowska (Poland)	2- 7-67	Chorzow
2.9	(1)	Raelene Boyle (Australia)	17-10-68	Mexico City
2.9	(1)	Barbara Ferrell (USA)	17-10-68	Mexico City
2.9	(3)	Margaret Bailes (USA)	17-10-68	Mexico City
2.9	(4)	Barbara Ferrell (USA)	18-10-68	Mexico City
3.0	(1)	Edith McGuire (USA)	19-10-64	Tokyo
3.0	(2)	Ewa Klobukowska (Poland)	8- 8-65	Warsaw
3.0	(1)	Ewa Klobukowska (Poland)	10- 9-65	Lubeck
3.0	(2)	Irena Szewinska (Poland)	10- 9-65	Lubeck
	(1)	Ewa Klobukowska (Poland)	19- 9-65	Kassel
	(1)	Irena Szewinska (Poland)	15- 9-67	Kiev Marries Gites
3.0	(7)	Raelene Boyle (Australia) Diane Burge (Australia)	17-10-68	Mexico City
3.0	(1)	prane purge (Australia)	10- 3-68 17- 8-68	Adelaide
3.0 3.0 3.0	(1)		T/- 0-00	Leninakan
3.0 3.0 3.0 3.0	(1) (1)	Lyudmila Samotesova (USSR)		Morriss Cit-
3.0 3.0 3.0 3.0 3.0	(1) (1) (2)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR)	28- 9-68	Mexico City
3.0 3.0 3.0 3.0 3.0 3.0 5.0	(1) (1) (2) (1)	Lyudmila Šamotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia)	28- 9-68 28- 9-68	Mexico City
3.0 3.0 3.0 3.0 3.0 5.0 5.0	(1) (1) (2) (1) (4)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France)	28- 9-68 28- 9-68 17-10-68	Mexico City Mexico City
3.0 3.0 3.0 3.0 3.0 5.0 5.0 5.0	(1) (1) (2) (1) (4) (5)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France)	28- 9-68 28- 9-68 17-10-68 18-10-68	Mexico City Mexico City Mexico City
3.0 3.0 3.0 3.0 3.0 3.0 5.0 5.0 5.0	(1) (2) (1) (4) (5) (6)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68	Mexico City Mexico City Mexico City Mexico City
3.0 3.0 3.0 3.0 3.0 5.0 5.0 5.0 5.0	(1) (1) (2) (1) (4) (5) (6) (1)	Lyudmila Šamotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69	Mexico City Mexico City Mexico City Mexico City Zurich
5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0	(1) (2) (1) (4) (5) (6) (1) (1)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60	Mexico City Mexico City Mexico City Mexico City Zurich Hobart
5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0	(1) (2) (1) (4) (5) (6) (1) (1) (1)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia) Margaret Burvill (Aust)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60 12- 1-63	Mexico City Mexico City Mexico City Mexico City Zurich Hobart Perth
5.0 5.0 5.0 5.0 5.0 5.0 5.0 5.0	(1) (1) (2) (1) (4) (5) (6) (1) (1) (2)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia) Margaret Burvill (Aust) Irena Szewinska (Poland)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60 12- 1-63 19-10-64	Mexico City Mexico City Mexico City Zurich Hobart Perth Tokyo
3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0	(1) (1) (2) (1) (4) (5) (6) (1) (1) (1) (2) (3)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia) Margaret Burvill (Aust) Irena Szewinska (Poland) Marilyn Black (Australia)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60 12- 1-63 19-10-64 19-10-64	Mexico City Mexico City Mexico City Zurich Hobart Perth Tokyo Tokyo
3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0	(1) (1) (2) (1) (4) (5) (6) (1) (1) (2) (3) (1)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia) Margaret Burvill (Aust) Irena Szewinska (Poland) Marilyn Black (Australia) Edith McGruie (USA)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60 12- 1-63 19-10-64 19-10-64 1- 8-65	Mexico City Mexico City Mexico City Zurich Hobart Perth Tokyo Tokyo Kiev
3.0 3.0 3.0 3.0 3.0 3.0 3.0 3.0	(1) (1) (2) (1) (4) (5) (6) (1) (1) (1) (2) (3)	Lyudmila Samotesova (USSR) Vyera Popkova (USSR) Jennifer Lamy (Australia) Nicole Montandon (France) Nicole Montandon (France) Wyomia Tyus (USA) Irena Szewinska (Poland) Betty Cuthbert (Australia) Margaret Burvill (Aust) Irena Szewinska (Poland) Marilyn Black (Australia)	28- 9-68 28- 9-68 17-10-68 18-10-68 18-10-68 4- 7-69 7- 3-60 12- 1-63 19-10-64 19-10-64	Mexico City Mexico City Mexico City Zurich Hobart Perth Tokyo Tokyo

(2)	T ( ) ( ) ( )		
(1)	Irena Szewinska (Poland)	1-10-66	Magdeburg
			Magdeburg
		19-10-66	Mexico City
	Jennifer Lamy (Australia)	8- 3-67	Melbourne
(1)	Miguelina Cobian (Cuba)	18-10-67	Mexico City
(1)	Vyera Popkova (USSR)	17- 8-68	Leninakan
(2)			Mexico City
			Mexico City
			Mexico Cit;
			Mexico Cit;
			Mexico Cit;
			Brisbane
	Wilma van den Berg (Holl)	4- 7-69	Zurich
(1)	Chi Cheng (Rep of China)	3- 8-69	Siena
TIME	50 BEST 400m by Pete	Pozzoli	
			Pyongyang
			Djakarta
			Athens
			Athens
	Sin Kim Dan (N.Korea)	23-10-62	Pyongyang
(1)	Betty Cuthbert (Australia)	17-10-64	Tokyo
(1)	Colette Besson (France)	16-10-68	Mexico City
(1)			Stuttgart
			Perth
		-	Mexico City
			Warsaw
			Athens
	Ann Packer (England)	17-10-64	Tokyo
(3)	Natalia Pechenkina (USSR)	16-10-68	Mexico City
(1)	Colette Besson (France)		Athens
			Stuttgart
			Mexico City
			Moscow
			Snta Barbar
			Mexico City
			Mexico City
(1)	Judy Pollock (Australia)	8- 1-66	Melbourne
(1)	Judy Pollock (Australia)	6- 8-66	Kingston
(1)	Judy Pollock (Australia)	19- 2-67	Melbourne
			Melbourne
	-		Snta Barbar
			Mexico City
			Tokyo
			Helsinki
	Judy Pollock (Australia)	2-12-67	Melbourne
(5)	Aurelia Penton (Cuba)	16-10-68	Mexico City
(6)	Jarvis Scott (USA)	16-10-68	Mexico City
	Colette Besson (France)		Stuttgart
			Melbourne
			Los Angeles
		-	Mexico City
			Mexico City
			Mexico City
	Nicole Duclos (France)	20- 7-69	Paris
(2)	Colette Besson (France)	20- 7-69	Paris
(1)	Betty Cuthbert (Australia)		Brisbane
			Alma Ata
			Budapest
			Los Angeles
			Mexico City
			Aurora
(1)	Sin Kim Dan (N.Korea)	22-10-60	Pyongyang
(1)	Sin Kim Dan (N.Korea)	30- 6-62	Moscow
			Kiev
			Melbourne
			Sydney Marrian City
			Mexico City
			London
(8)	Myrna v.d.Hoeven (Hol)	16-10-68	Mexico City
	Kather Hammand (IICA)	18- 7-69	Los Angeles
(1)	Kathy Hammond (USA)		0
		<pre>(2) Ewa Klobukowska (Poland) (1) Irena Szewinska (Poland) (1) Jennifer Lamy (Australia) (1) Miguelina Cobian (Cuba) (1) Vyera Popkova (USSR) (2) Jennifer Lamy (Australia) (2) Margaret Bailes (USA) (1) Lyudmila Samotesova (USSR) (2) Wyomia Tyus (USA) (7) Margaret Bailes (USA) (1) Jennifer Lamy (Australia) (2) Wilma van den Berg (Holl) (1) Chi Cheng (Rep of China) <b>TIME 50 BEST 400m by Pete</b> (1) Sin Kim Dan (N.Korea) (1) Nicole Duclos (France) (2) Colette Besson (France) (2) Colette Besson (France) (3) Sin Kim Dan (N.Korea) (1) Nicole Duclos (France) (2) Colette Besson (France) (3) Sin Kim Dan (N.Korea) (1) Nicole Duclos (France) (2) Colette Besson (France) (3) Judy Pollock (Australia) (2) Lillian Board (England) (1) Kathy Hammond (USA) (1) Colette Besson (France) (2) Ann Packer (England) (3) Natalia Pechenkina (USSR) (1) Colette Besson (France) (2) Kathy Hammond (USA) (1) Charlotte Cooke (USA) (1) Charlotte Cooke (USA) (2) Sin Kim Dan (N.Korea) (3) Natalia Pechenkina (USSR) (3) Colette Besson (France) (2) Kathy Hammond (USA) (3) Sin Kim Dan (N.Korea) (4) Janet Simpson (England) (1) Lillian Board (England) (1) Lillian Board (England) (1) Judy Pollock (Australia) (2) Myrna v.d. Hoeven (Hol) (3) Judy Pollock (Australia) (4) Judy Pollock (Australia) (4) Judy Pollock (Australia) (3) Mataliya Pechenkina (USSR) (2) Aurelia Penton (Cuba) (3) Nataliya Pechenkina (USSR) (3) Colette Besson (France) (1) Judy Pollock (Australia) (3) Nataliya Pechenkina (USSR) (3) Colette Besson (France) (3) Mataliya Pechenkina (USSR) (4) Aurelia Penton (Cuba) (5) Aurelia Penton (Cuba) (6) Jarvis Scott (USA) (3) Colette Besson (France) (1) Judy Pollock (Australia) (2) Lillian Board (England) (3) Nataliya Pechenkina (USSR) (1) Aurelia Penton (Cuba) (3) Nataliya Pechenkina (USSR) (1) Judy Pollock (Australia) (2) Lil</pre>	(2)       Ewa Klobukowska (Poland)       1-10-66         (1)       Jernifer Lamy (Australia)       8-3-67         (1)       Wargaret Bailes (USA)       17-8-68         (2)       Jennifer Lamy (Australia)       17-10-68         (2)       Margaret Bailes (USA)       17-10-68         (2)       Margaret Bailes (USA)       17-10-68         (2)       Wyomia Tyus (USA)       17-10-68         (2)       Wilma van den Berg (Holl)       4-7-69         (1)       Jennifer Lamy (Australia)       16-3-59         (2)       Wilma van den Berg (Holl)       4-7-69         (1)       Jennifer Lamy (Australia)       16-3-69         (2)       Wilma van den Berg (Holl)       4-7-69         (1)       Sin Kim Dan (N.Korea)       21-10-64         (1)       Sin Kim Dan (N.Korea)       21-10-64         (1)       Nicole Duclos (France)       18-9-69         (2)       Colette Besson (France)       16-10-68         (1)       Nicole Duclos (France)       16-10-68         (1)       Nicole Duclos (France)       17-9-69         (1)       Judy Pollock (Australia)       27-2-65         (2)       Lillian Board (England)       16-10-68         (1)

# FUN WITH STATISTICS

We have now completed the All Time 50 Best Lists for the flat running events - 100, 200, 400, 800 and 1500. Now let's have a look at the statistics of the statistics. We've listed below the number of athletes who were listed in the top 50 in each event - for example, only 17 athletes occupied all the spots in the 100, but 19 had spots in the 200, 400 and 1500 meters. Only 6 countries took all the spots in the 100 but 12 have places in the 400 and 800. The athletes who had

the most places on the list are shown, (only REAL surprise is Russia's Braghnina who wins the most spots championship in the 1500 meters). The number of places scored by each nation is listed and the overall total - shows a surprising win for the USA with a total of 56 spots to runner-up Australia who has 39 positions. Any way you look at it, it's interesting.

	100		200	400		800		1500	
ATHLETES	17		19	19		18		19	
COUNTRIES	6		8	12		12		9	
LEADERS	Tyus Szwska Bailes	8 7 5	Szwska Lamy Klbksa	10 Polok 6 Dan 5 Bessn	11 6 6	Nikic Mann Silai Dan	11 6 5 5	Braghi Gommer Brown	
USA	18		13	8		9		8	56
AUSTRALIA	7		14	13		5		0	39
POLAND	12		15	õ		Ó		0	27
USSR	2		4	4		0		14	24
ENGLAND	0		0	8		4		5	17
HOLLAND	0		1	2		5		7	15
FRANCE	0		2	9				0	12
NORTH KORE			0	6		5		0	11
YUGOSLAVIA			0	0		11		0	11
EAST GERMA			0	0		1		7	8
CZECHOSLO\			0	1		0		3	5
RUMANIA	0		0	0		5		0	5
REP.OF CHI	-		l	0		0		0	4
CUBA	0		1	2		0		0	332
NEW ZEALAN			0	0		2		1	3
SWEDEN	0		0	1		0		1	
HUNGARY	O NY O		0	0		1		0	1
WEST GERMA AUSTRIA	AINY O		0	1		0		0	1
DENMARK	0		0	0		1		0	1
MARIN	0		0	0		0		1	1

# SECOND CENTRAL AMERICAN & CARIBBEAN ATHLETIC CHAMPIONSHIPS from Richard Ashenheim

Havana, Cuba, August 17-19:Cuba completely dominated the second Central American and Caribbean Athletic Championships.

RESULTS (First day): 100m, 1-Miguelina Cobian (Cuba) 11.6, 2-Fulgencia Romay (Cuba) 11.8, 3-Matgarita Martinez (Panama) 12.8; 400m, 1-Carmen Truste (Cuba) 55.2, 2-Aurelia Penton (Cuba) 55.3, 3-Lucia Quiroz (Mexico) 58.5; High Jump, 1-Hilda Fabre (Cuba) 5'1, 2-Silvia Tapia (Mexico) 5'1, 3-Lucia Duquet (Cuba) 5'1; Shot Put, 1-Hilda Ramirez (Cuba) 46'0, 2-Grecia Hamilton (Cuba) 45'9%, 3-Guadalupe Lartigue (Mexico) 42'7%. (Special 100m, Violeta Quesada, Cuba, 11.7). (Second Day):100mH, 1-Lourdes Jones (Cuba) 14.7, 2-Raquel Martinez (Cuba) 14.7, 3-Beatriz Aparicio (Panama) 16.5; 4x100, 1-Cuba (Echevarria, Garbey, Romay, Cobian) 45.9, 2-Panama 50.3, 3-Jamaica 50.8; Long Jump, 1-Marina Samuels (Cuba) 19'11½, 2-Marcia Gambey (Cuba) 19'11, 3-Carol Cumings (Jamaica) 18'1¼; Discus, 1-Carmen Romero (Cuba) 168'8, 2-Maria Betancourt (Cuba) 156'9, 3-Ellen Hibbert (Jamaica) 126'5; Pentathlon, 1-Daisy Echevarria (Cuba) 3974 (15.5-29'7%-4'8%-18'1%-26.0), 2-Josefa Reyes (Cuba) 3640 (<u>Third Day</u>): 200, 1-Cobian 23.8, 2-Quesada 23.8, 3-Martinez 25.8; 800, 1-Cormen Truste (Cuba) 2:12.2, 2-Lucia Quiroz (Mexico) 2:14.1, 3-Penton 2:14.9; Javelin, 1-Milagros Bayard (Cuba) 148'6, 2-Tomasa Nunez (Cuba) 140'2, 3-Ann Lopez (Mexico) 117'7

Too much distance work invariably means too little speed. The repetition distance should always be a fraction of the whole.

# **CARTHAGE XC from John Davis**

Carthage, Missouri, October 18:-The largest women's cross country meet ever held in the Missouri Valley with some 71 entries found Kirkwood, Mo, Track Club scoring 43 points to down the Topeka Cosmo Club who had 54 points. Ozark TC, Ozark Bible College, Kansas City Jets and Joplin Memorial HS trailed in the scoring as Jean Benkert led her Kirkwood team to victory.

RESULTS: 1-Jean Benkert (K) 13:16, 2-Cindi Taylor (K) 13:22, 3-Laura Reichard (K) 13:33, 4-Sharon Jepsen (Un) 13:35, 5-Connie Berg (Ozark) 13:36. <u>13/Under Division</u>, l-Gwen Eberle (Ozark) 5:42, 2-Gail Sours (K) 5:55, 3-Joyce Stapleton (K) 5:58, 4-Joyce Martin (K) 6:01, 5-Ann Taylor (K) 6:01.

# BRIDGES WINS MICHIGAN TITLE

Cass Benton, Michigan, October 25:-Charyl Bridges continued her impressive season by winning the Michigan State Cross Country title over a steep and hilly course by 19 seconds over good runner Pam Bagian of the Wolverine Parkettes. The Parkettes showed they will be tough to beat at the Nationals

by scoring 16 points to win the team title with ease. RESULTS: Open Division (2.0m), 1-Cheryl Bridges (Un) 10:59, 2-Pam Bagian (Wolverines) 11:18, 3-Jacki Ford (W) 11:39, 4-Kathy Moore (W) 12:01, 5-Carol Frederick (Michigammes) 12:16. Old course record set by Kathy Moore in 1968 at 12:12. Team scores, 1-Wolverines 16, 2-Michigammes 29, 3-Fleet Feet TC 50. 14-17 Division (1.5m), 1-Theresa Rulison (W) 9:01, 2-Karen Zimmerman (W) 9:04, 3-Patti Ford (W) 9:10, 4-Pat Demish (Motor City TC) 9:17, 5-Marcia Rall (W). Team scores, I-Wolverines "A" 21, 2-Wolverines "B: 24, 3-Motor City TC 43. <u>13/Under Division</u> (<u>1.0m</u>), 1-Mickey Tupper (MCTC) 5:31, 2-Sue Parks (W) 5:34 3-Jocelyn Skelly (FFTC) 5:40, 4-Ella Willis (Un) 5:45, 5-Karen Dungey (M) 5:48. Team scores, I-Wolverines 27, 2-Motor City 40, 3-Michigammes 51, 4-Flint TC 78, 5-Detroit Striders 92. <u>11/Under Division (1.0m)</u>, 1-Sharen Groth (Lipke TC) 5:43, 2-Genita Billutts (MCTC) 6:05, 3-Sheila Zentgraf (W) 6:14, 4-Cathy Specci (LTC) 6:16, 5-Glenda Allen (MCTC) 6:21. Team scores, 1-Wolverines 34, 2-Motor City 35, 3-Fleet Feet 41. Total number of runners - 113.



Now available, a large selection of jewelry and other functional items custom decorated for your favorite activity. Activity insert is in gold on blue background. Indicate your choice of runner M or F; rolay runner M or F; track & field insignic; winged foot; long jumper; dashman; hurdler; javelin thrower. All items with gold finish, except letter opener, lighter, money clip knife-file are in silver. Prices; Cuff links \$2.25; tie bar \$1.50; money clip \$1.50; money clip with knife and file \$2.95; belt buckle \$2.25; key chain \$1.50; charm bracelet \$1.95; necklace \$1.95; compact with mir-ror and powder puff \$3.95; letter opener \$2.50; cigarette lighter \$2.50.



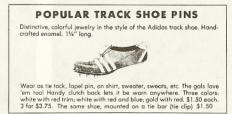
Handsome custom-designed tie tack pins with unique track & field motifs, crafted by Swank, the pacemaker in the men's jewelry field. Wear as a tie tack, lapel pin, on shirt, or sweater, etc. The clutchback lets it be worn anywhere.

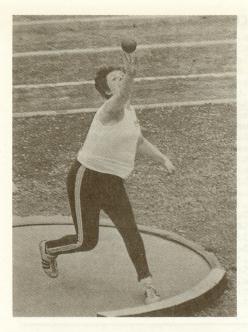
Style 77 is the classic discus hurler: gold figure in blue transparent inset, with gold border and housing. A smart, eye-catching pin for the sportsman.  $3/8" \propto 1/2"$ .

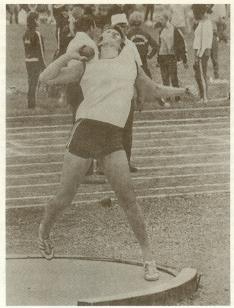
Style 30 is a gold winged foot, the traditional trackman's symbol--a truly elegant item. About  $1/2"\,\times\,1/2"$  .

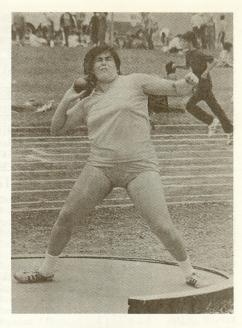
Both styles are the post-and-clutchback type, and come in attractive showcase boxes. \$1.75 each

3 for \$4.50











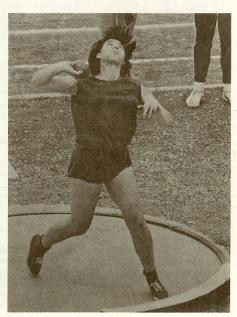
# THE LOSERS No Meet Would Be Complete Without Them!

Everyone is always anxious to see pictures of the "winners", but it takes many losers to make a track meet possible. Here are some of those "losers" in the shot and discus at the 1969 USA National Championships. We don't even know the names of most of these athletes, but it doesn't take two looks to know they are giving their all to their sport. (All photos by Jeff Johnson)





























On the left is Karin Illgen, East Germany, the number two discus thrower in the world this year and a member of the very exclusive 200 foot club. Karin, who finished third in the European Championships, has the second best mark in the world this year, 199'9.....Center is Fannie Blanker-Koen, Holland, who won three golds at the European Championships in 1950 in the 100m, 200m and 80mH - to match Petra Vogt's three golds in 1969. Fannie is now coach of the Dutch women's team and was a triple gold medal winner in the Olympic Games....On the right is Norway's Anne-Lise Waerness, the promising young star who holds her nation's records in a strange combination of events - 1) the high jump at 5'8 and 2) the discus

# WORLD REPORT by Elio Trifari

- Some correction on the report of the European Championship article in last month's issue:
  - 1-Salvatore Massara did the comment for the relays;
    2-Fanny Blankers-Koen aslo won three gold medals in one Championships meet (1950) in the 100, 200 and 80mH, but no girl ever won three golds in the sprints before Petra Vogt (100, 200 and 4x100);
  - 3-Renate Meissner's best 1968 time for 200m was 23.9, not 23.8;
  - 4-Sin Kim Dan DID take the gynaecologic examination for the Tokyo Olympics. She was waiting for the result of the examination from the IAAF so she could compete, but was disqualified by the same IAAF because of her participation in the GANEFO (Games of the New Emerging Forces), a meet held without IAAF sanction that saw one of the last appearances of a team from the Chinese People's Republic. One can say a million things about Sin Kim Dan's ungraceful running, as many did, but not about HER sex after that Tokyo investigation. Therefore, the real world records for 400 and 800 meters must be considered Sin Kim Dan's 51.2 and 1:58.0 even if these clockings were never accepted by the IAAF;
  - 5-Antonina Lazaryova-Okorokova didn't SET the USSR record in the high jump, she only tied it with 1.83/6'0.

This is the last seasonal World Report before the Big One, the final one which will appear in the February issue which will enable us to include the marks made in Australia, New Zealand and other southern hemisphere nations through the end of December. (Marks received as of 26 October 1969.)

# 100 METERES

Vyera Popkova-Kabrenyuk added her 11.4/23.5 at Chelyabinsk to a series of USSR sprint times which should require some deep investigation. Also Lyudmila Samotyosova came out with a 23.4 200m at the Isvestya Cup final. Previous seasonal bests for the two girls were 11.8/23.8 (Popkova) and 23.8 (Samotyosova)although I heard rumors of a 23.7 by the latter. Yes, rumors, as was the case for a 11.5/23.5 by Tamara Borchikova or a 23.7 by Abba Dundare. Lack of detailed information from the USSR, (to which only the USA can be ranked second as I am still awaiting a reply from the official AAU statistician), makes all lists more or less questionable. WTFW correspondent Anatoliy Kashcheyev from Ukraina is doing a hard "solo" job, but difficulties in obtaining speedy news, (his last letter to me took 19 days from date of mailing), fouls us all up.....Petra Vogt is running now only for fun and suffered two defeats by teammate Christine Heinich, one year older than Petra, in the 200m. Heinich, 20 years old, had previously lost by inches against the USSR Vardo Kutateladse in the 100m at Kosice, Czechoslovakia, on September 5th, when both were timed in 11.5....Irena Kirszenstein will give

a baby to her husband, engineer Szewinska, next year, then she will be ready for the 1971 season as she told me in Athens. She was there as host of the Polish Federation and had highly appreciative words for the new European star Petra Vogt. Petra will attend historical studies after her graduation from high school and hopes to enter the National GDR Party. KutateLadse defeated Heinich at Kosice (5/9) - but the race was wind-aided as both were timed in 11.5s.

<ul> <li>1-Jennifer Lamy (Aus) 49</li> <li>Petra Vogt (GDR) 50</li> <li>Karin Balzer (GDR) 38</li> <li>Irena Szewinska (Pol) 46</li> <li>Sylviane Telliez (Fra) 42</li> <li>Iris Davis (USA) 50</li> <li>Barbara Ferrell (USA) 47</li> <li>Chi Cheng (ROC) 44</li> <li>9-Kaye Thomas (Aus) 48</li> <li>Fulgencia Romay (Cuba) 44</li> <li>Wilma vd Berg (Hol) 47</li> <li>Miguelina Cobian (Cuba) 41</li> <li>Regina Hoefer (GDR) 47</li> <li>Baarbel Podeswa (GDR) 46</li> <li>Vyera Popkova (USSR) 43</li> </ul>	11.3 11.3 11.3 11.3 11.3 11.3 11.3 11.3	(1) Halle 1 (2) Halle 1 (1) Warsaw 1 (1) Paris 1 (1) Stuttgart 3 (2) Stuttgart 3 (1) Siena (2) Sydney 1 (1) Havana 2 (2) Milan (1) Waltrop 1 (2) Berlin (4) Berlin	8/1 1/6 9/6 1/7 2/8 5/5 2/7 9/7 1/8 1/8 1/8
Vyera Popkova (USSR) 43		(1) Cheltabinsk	4/9
Valerie Peat (GB) 47	11.4	(1) Middlesbgh	6/9

Also: 11.5 Hoffma (Aus), Echevarria (Cuba), Gleskova (Cze), Sarna (Pol), Hyman (GB), Neil (GB), Mikhailova (USSR), Samotysova (USSR), Haehnle (GFR), Mitrokhina (USSR), Meissner (GDR), Heinich (GDR), Byesfamilnaya (USSR).

200 METERS

200 HEIERS				
1-Irena Szewinska (Pol) 46	23.0	(1)	Zurich	4/7
Petra Vogt (GDR) 50	23.0	(1)	Berlin	11/9
3-Jennifer Lamy (Aus) 49	23.1	(1)	Brisbane	16/3
Wilma vd Berg (Hol) 47	23.1	(2)	Zurich	4/7
Chi Cheng (ROC) 44	23.1	(1)	Siena	3/8
6-Miguelina Cobian (Cuba) 41	23.2	(3)	Zurich	4/7
7-Sylviane Telliez (Fra) 42	23.3	(4)	Zurich	4/7
Barbara Ferrell (USA) 47	23.3	(1)	Stuttgart	30/7
Renate Meissner (GDR) 50	23.3	(2)	Berlin	11/9
Valerie Peat (GB) 47	23.3	(3)	Athens	19/9
ll-Raelene Boyle (Aus) 51	23.4	(1)	Brisbane	15/3
Colette Besson (Fra) 46	23.4	(5)	Zurich	4/7
Kathy Hammond (USA) 51	23.4	(1)	Tahoe	12/9
Rita Jahn (GFR) 47	23.4	(1)	Berlin	24/9
Lyudmila Samotyosova (SU) 39	23.4	(1)	Nalchik	10/10
16-Penny Haworth (NZ) 47	23.5*	(1)	Wellgton	22/2
Pam Greene (USA) 54	23.5	(3)	Stuttgart	30/7
Vyera Popkova (USSR) 43	23.5	(1)	Chelyabinsk	s 4/9
19-Mariana Goth (Rum) 50	23.6	(1)	Bucharest	17/8

Also: 23.7 Hoffman (Aus), Hadrup (Den), Czekay (GFR), Byesfamilnaya (USSR), Golomasova (USSR), Hyman (GB), Meyer (Fra), Nikanorova (USSR), Sarna (Pol).

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296

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# WORLD REPORT (Continued)

# 400 METERS

Eight French journalists were in Berlin Olympia-Stadion for the announced world record attempt of Colette Besson on September 24. A record was set all right, but not by Colette, although she won the race - but it was a Danish record at 53.6 set by Annelise Damm-Olesen, silver medalist in Athens in the 800, seven-tenths back of Besson's winning 52.9. Second in the race was the improved GFR girl Christel Frese in 53.5....Kathy Hammond ended up a brilliant season with a win at the Pacific Games. The 18 year old US star competed in the quarter 17 times during the year and had three clock-ings under 53 seconds and six under 54 with a ten-best average of 53.08 against Besson's average of 52.86 and Duclos' 53.40....Four years ago, Hannelore Suppe won the 800m race for GDR in the first European Cup with 2:04.3, a world seasonal best - this year that mark is not good enough to be ranked among the first ten! The following winter she was married and went out of the scene except for very few appearances. This year she tried a comeback in the 400, opening the season in July. After she won the GDR championship in 54.0, Hannelore set a national record with 53.4 just before the European championships. In the European Championships she ended up fourth in a big upset in 53.1 - 1.8 seconds BETTER than her pre-1969 best which she set in 1965! You can find her on the list as Mrs. Middecke....Judith Ayaa is my Number 1 choice for athlete of the year in Africa on the WITW voting. A 17 year older from Uganda, Judith had a 1968 best of 56.6. In two consecutive meets at Kampala last August she ran 54.5 on the 9th and the following week in the East African Championships set a new Continental record in 53.6s. Ayaa came to Berlin for some running and experience and tried to follow the pace set by Besson and finished fifth in 55.9.

	Nicole Duclos (Fra) 47 Colette Besson (Fra) 46 Kathy Hammond (USA) 51	51.7 51.7 52.1	(2)	Athens Athens Warsaw	18/9 18/9 29/8
	Maria Sykora (Austria) 46	53.0		Athens	18/9
	Hannelore Middecke (GDR)43	53.1		Athens	18/9
	Karin Lundgren (Swe) 44	53.4		Athens	18/9
	Christel Frese (GFR) 44	53.5	(2)	Berlin	24/9
8.	Ileana Silai (Rum) 41	53.6	(1)	Bucharest	15/8
	Judith Ayaa (Uganda) 52	53.6	(1)	Kampala	14/8
	Janet Simpson (GB) 44	53.6sf	(3)	Athens	17/9
	Donata Govoni (Ita) 44	53.6	(6)	Athens	18/9
	Annelise Damm-Olsen(Den)42	53.6	(3)	Berlin	24/9
13.	Sylviane Telliez (Fra) 42	53.7	(2)	Sochaux	31/5
	Esther Stroy (USA)	53.7	(4)	Stuttgart	31/7
	Lillian Board (GB) 48	53.8	(2)	London	13/8
16.	Joyce Bennett (Aus) 45	53.9	(1)		
	Taisya Kovalyevskaya (USSR)	53.9	(1)	Chorzow	12/7
	Christa Czekay (GFR) 44	53.9h	(1)	London	18/7
19.	Annatje Botha (SA) 47	54.0	(1)	Stellnbch	24/3
	Eliane Jacq (Fra) 48	54.1	(3)	Colombes	12/6
	Anna Dundare (USSR) 47	54.1	(2)	Chorzow	12/7

#### 800 METERS

Before the retirement of Gertud Schmidt, announced for the end of the season, GDR organized an attempt to set the record for the two mile relay (4x800m) at Cottbus on October 4. In fact, no other team has run this event since it was recognized as the official event to replace the outmoded 3x800. The German team had no opposition which prevented them from setting a fast record, but Schmidt ran the opening'leg in 2:07.5, Gunhild Hoffmeister and Waltraud Poehland both ran 2:09 and Barbara Wieck anchored the relay with another 2:07.5 for a total clocking of 8:33.0 - a world record. ... Annelise Damm-Olesen, a 27 year old Latin teacher who doesn't like to be called by her married name, ranks second only to Jehlikova as the "upset girl" of the year after her second place at Athens. This talented Danish girl had a 1968 best of 2:06.4, while this year she had done no better than 2:07.2 before the Championship meet. She earned her place on the Danish team by defeating Nenzell and Keizer in August. And in Athens she was a gallant second in 2:02.6s. She also has run the 400 in 53.6, the 100m hurdles in 14.1, (13.9w) and amassed 4419 points in the pentathlon.

1-Madeline Manning (USA) 48	2:01.3	(1) Stuttgart	30/7
2-Lillian Board (GB) 48	2:01.4	(1) Athens	18/9
3-Annelise Damm-Olesen (Den)	2:02.6	(2) Athens	18/9
Vera Nikolic (Yug) 48	2:02.6	(3) Athens	18/9
5-Barbara Wieck (GDR) 51	2:02.7	(4) Athens	18/9

6-Ileana Silai (Rum) 41	2:03.0	(5)	Athens	18/9
7-Pat Lowe (GB) 43	2:03.2	(1)	London	9/10
8-Mia Gommers (Hol) 39	2:03.4	(1)	Uden	13/7
9-Ilja Keizer (Hol) 44	2:03.5	(2)	London	19/7
10-Gertud Schmidt (GDR) 42	2:03.9	(2)	Berlin	3/8
11-Annemarie Nenzell (Swe) 49	2:04.1	(2)	Uden	13/7
12-Nancy Shafer (USA) 51	2:04.5	(2)	Stockholm	3/8
13-Cheryl Peasley (Aus) 51	2:04.7	(1)	Tokyo	27/9
14-Maryvonne Dupureur (Fra)37	2:04.9	(2)	Stockholm	3/8
15-Rosemary Stirling (GB) 47	2:05.1	(2)	Reading	11/6
16-Beatrice Marais (SA) 48	2:05.3	(4)	London	19/7
17-Anita Rottmueller(GFR) 42	2:05.4	(1)	Augsburg	5/8
Doris Brown (USA) 42	2:05.4	(2)	Tokyo	27/9
19-Joan Page (GB) 47	2:05.5	(5)	London	19/7
20-Paola Pigni (Ita) 45	2:05.6	(1)	Milan	1/5

Conditioning for running is primarily a matter of building resistance to the many effects of fatigue. This is done by gradually increasing, as muscle efficiency improves, the amount of work that can be done.

	100100
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Pictured on the left is one of the few photos of the question mark of women's track and field - North Korea's Sin Kim Dan. Sin Kim Dan, according to Elio Trifari, has passed the "sex test" but was ruled out of the Tokyo Olympics for participating in the SEAP Games, a non-sanctioned event. Not so, says Dick Bank and many other experts. Sin Kim was claimed as "his son" by a North Korean farmer several years ago. And so the battle wages. Did she or didn't he? We'll probably never know. She (?) recorded times of 51.2 and 1:58.0 for the 400 and 800 during her (?) career. East Germany has seven shot putters on the top 20 list for the world this year, and all of them are in the shadow of the Olympic Champion Margitta Gummel. Shown here on the right is the Number 2 East Germany shot putter Marita Lange who has lofted the bulb 60'10½ this year.

# WORLD REPORT (Continued)

## 1500 METERS

Another teenager entered the world top list in addition to Francie Larrieu. GDR 800 meter champion Barbara Wieck, 18. fourth at Athens in the 800, recorded a fine 4:23.3 in a race paced only by - herself. But this event is still an "old" event based on age .... A hypothetical race of 4x1500m, based on the best seasonal performances of the top four athletes from each country would give Holland first place with 17:11.3 (average of 4:17.8), USSR in second with 17:13.9, East Germany is third with 17:22.1, Great Britain in fourth with 17:30.6, and a strong battle for fifth among the USA (17:38.3) and West Germany (17:38.8)....Long distance lover Paola Pigni recorded 9:22 for 3000 meters in training and 15:53.6 for 5000 meters, the latter performance being paced by a boy, shortly before Athens. Both times are world bests. ...Waltraud Poehland, GDR, set an unpublicized world best for 1000 meters in Berlin, September 5, covering the distance in 2:42.1 with Hoffmeister and Kleinau both 0.4 behind. Previous best was 2:44.7 by Emilia Privrelova of Czechoslovakia.

<ul> <li>1-Jaroslava Jehlickova (Cze) 42</li> <li>2-Mia Gommers (Hol) 39</li> <li>3-Paola Pigni (Ita) 45</li> <li>4-Lyudmila Braghina (SU) 43</li> <li>5-Ilja Keizer (Hol) 44</li> <li>6-Regina Kleinau (GDR) 45</li> <li>7-Rita Ridley (GB) 46</li> <li>8-Annemarie Nenzell (Swe) 49</li> <li>9-Doris Brown (USA) 42</li> <li>Francie Larrieu (USA) 53</li> </ul>	4:10.7 4:11.9 4:12.0 4:13.2 4:13.3 4:15.2 4:15.9 4:16.6 4:16.8 4:16.8	(2) (3) (4) (5) (6) (7) (8) (2)	Athens Athens Athens Athens Athens Athens Athens LosAngeles Stuttgart	20/9 20/9 20/9 20/9 20/9 20/9 20/9 20/9
11-Anneloes Bosman (Hol) 47 12-Gunhild Hoffmeister (EG) 44 13-Alla Kolyesnikova (USSR) 41 14-Larisa Safronova (USSR) 48 15-Galina Sobolyova (USSR) 42 16-Vasilena Amsina (Bul) 42 17-Gerda Kloepfer (GFR) 41 Raisa Diyastinova (USSR) 41 19-Val Robinson (NZ) 20-Barbara Wieck (GDR) 51	4:17.6 4:18.0 4:18.2 4:20.4 4:22.1 4:22.2n 4:22.9 4:22.9 4:22.9 4:23.0 4:23.3	(1) (2) (3) (3) (3) (8) (1) (5) (2)	Athens Berlin Moscow Kiev Moscow Athens Dusseldorf Kiev Tokyo Eisenach	20/9 1/8 29/5 17/8 29/5 18/9 16/8 17/8 28/9 27/9

100 METER HURDLES

25 starts from May 4 to October 11, recording 13.2 or better seven times (a clocking no other girl has gone under as of now), three of the seven with the wind, undefeated, 11.3 for 100m, 24.1 for 200m, 57.0 for 400 m; all this was done by the same woman - you know, Karin Balzer ... 18 starts with 13.4 or better six times (3 windy), 2nd in the European Championships, 11.4 for 100m; this is the record of Baerbel Podeswa-Weidlich....13 starts, 13.6 or better five times (one windy), 11.4 (11.3w) for 100m, a 13.3 race just after her return from Greece; all this for Regina Hoefer. All this to point out that the East German hurdle crew is the best in the world, for to these three add Koeppen at 13.7, Kind 13.8 (13.7w), Bodner, Schaller and Schnicke all at 13.9. Christine Bodner is only 18, Johanna Schaller is 17, and Gaby Schnicke, hurdles winner at the last "Olympic Hopes Meet" in Sofia was born in August 1953 which makes her just 16 .... Taking the top five performances by the world's leading hurdlers and averaging them out, the standing now is Balzer leading with 13.04, Chi and Kilborn 13.40, Podeswa 13.42, Nowak 13.44, Rallins 13.50 and Sukniewicz 13.52.... Valeria Bufanu, Rumanian hurdle champion, was suspended by her Federation for three months when she was found "positive" after the doping test ....

12.9	(1)	Berlin	5/9
13.2	(2)	Berlin	5/9
13.3h	(1)	Brisbane	13/3
13.3h	(1)	Warsaw	20/6
13.3	(1)	Siena	2/8
13.3h	(1)	Warsaw	29/8
13.3	(2)	Cottbua	4/10
13.4	(1)	Zurich	29/6
13.4sf	(1)	Kiev	19/8
13.4h	(2)	Warsaw	29/8
13.5	(1)	Sydney	7/1
13.5	(1)	Leverkusen	8/6
13.5	(1)	Leverkusen	23/7
13.5h	(1)	Budapest	16/8
13.5	(p)	Suedstadt	4/10
13.6	(1)	Colombes	18/7
13.6	(1)	Bystrica	20/7
13.6	(2)	Sydney	17/8
	13.2 13.3h 13.3h 13.3h 13.3h 13.3h 13.4sf 13.4sf 13.4sf 13.4sf 13.5sh 13.5 13.5h	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	13.2       (2) Berlin         13.3h       (1) Brisbane         13.3h       (1) Warsaw         13.3       (1) Siena         13.3h       (1) Warsaw         13.3       (2) Cottbua         13.4       (1) Zurich         13.4sf       (1) Kiev         13.4sf       (1) Kiev         13.5       (1) Sydney         13.5       (1) Leverkusen         13.5       (1) Budapest         13.5       (1) Colombes         13.6       (1) Bystrica





# 1969

Individual and Team

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AMATEUR ATHLETIC UNION OF THE UNITED STATES

SENIOR WOMEN'S and GIRLS

# SATURDAY, NOVEMBER 29

Centinela Park - Inglewood, California

11:30 A.M.	Girls Age Group 9 & Under	0.75 Mile Race
11:50 A.M.	Girls Age Group 10-11	1.00 Mile Race
12:10 P.M.	Girls Age Group 12-13	1.00 Mile Race
12:30 P.M.	Girls 14-17 Championship	1.50 Mile Race
1.00 P.M.	Sr. Women's Championship	2.00 Mile Race
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(NOTE: Sr. Women's Championship - The Official qualifying race for the International Championship March, 1970)

For Entries & Information: MISS SANDRA WILLIAMS, Meet Director 3347 Greenville Ave. Santa Susana, California, 93063 Phone (805) 526-7965

# WORLD REPORT (Continued)

19-Dianne Pease (Australia) 45	13.7h	(1) Sydney	8/2
Svyetlana Nyesterenko(SU)45	13.7	(1) Moscow	12/6
Milena Piackova (Cze) 49	13.7	(1) Prague	2/7
Inge Koeppen (GDR) 47	13.7h	(3) Berlin	2/8

# 200 METER HURDLES

The "Postal" battle between Chi Cheng and Pam Kilborn in this event saw a 26.6 by the Aussie star, four runs by the Asian girl of 26.2, 26.9, 26.8 and 26.8, and a final reply by Kilborn - 26.1 at Singapore on October 11. Kilborn ran a 25.4 at the Pacific Games in Tokyo, but it was discovered she had started from a relay passing zone mark instead of the 200m start. At Singapore she won the 100m in 11.8 and the 100mH in 13.5, both into a headwind. She injured herself in the 100mH race, but in spite of the pain she got the world record in the 200mH at 26.1. Penny McCallum was a distant second in 27.8. The race was run into a wind of 2.1 mps. Gan Bee Hwa of Singapore set two national records in this meet with hurdle times of 16.1 and 31.6s....So far this year, 55 girls have run this event in 28.0 or under including 19 from the Soviet Union and 12 from the USA (six ran EXACTLY 28.0).....Gaby Schnick, GDR, ranks 28th of all time with 27.7.

1-Pam Kilborn (Australia) 39	26.1	(1)	Singapore	4/10
2-Chi Cheng (ROC) 44	26.2		Walnut	25/5
3-Roza Babich (USSR) 40	26.7	(1)	Chelyabins	k 4/9
Milvi Torim (USSR)	26.7	(1)	Minsk	27/9
5-Galina Mitrokhina (USSR) 44	26.9	(1)	Odessa	3/8
Marina Nikiforova (USSR) 50	26.9	(2)	Kiev	20/8
7-Ulrike Jacob (GFR) 50	27.0	(1)	Buederich	20/7
Tamara Stratyus (USSR) 42	27.0	(3)	Kiev	20/8
Maria Sykora (Austria)	27.0	(1)	Linz	7/9
10-Maureen Caird (Australia) 51	27.1	(2)		5
Pat Hawkins (USA) 50	27.lsf	(1)	Dayton	5/7
12-Mamie Rallins (USA) 41	27.2sf	(2)	Dayton	5/7
13-Lilya Nyesyenko (USSR) 49	27.3	(1)	Odessa	24/7
Valeria Bufanu (Rum) 46	27.3	(1)	Bucharest	16/8
15-Nina Podkopayeva(USSR) 39	27.4	(1)	Minsk	10/7
Ivanka Koshnicharska(Bul)48	27.4	(1)	Sofia	19/7
Annerose Krumpholz (GDR) 51	27.4	(1)	Jena	9/8

# MEET HEADQUARTERS: SHERATON INN, 9750 AIRPORT BLVD. LOS ANGELES, CALIFORNIA, 90045 Phone (213) 645-4600 For Pickup at Airport ask for Rudy Rausch

18-Miep van Beek (Hol) 49	27.5	(1) Breda	19/7
Janene Jaton (USA) 52 20-Mardite Kagayne (USSR) 49	27.5	(2) Dayton (5) Kiev	6/7 20/8
Anneliese Jahns (GDR) 40	27.6	(1) Eisenach	27/9

HIGH JUMP

Norway is the scene of a strong battle between two young-sters, Anne-Lise Waerness (1-9-51) and Kari Karlsen (5-2-52). The former set a world age record two years ago when she was 15 with a mark of 5'7%, (now improved by Canada's Debbie Brill), and cleared 5'7% last year. Lari Karlsen did no more than 5'l in the past two years, but moved to 5'7% this season. Waerness, who is also the Norweigian discus champion (!) abd record holder with 151'l this year, continued to improve 1 cm. every year and was over 5'8 this season. To the best of my knowledge, the two girls have met ten times this year with each scoring five wins. Anne-Lise has been over 5'5 23 times this year and Kari 16 times.... The East African championships went to C. Nyagothi of Uganda with a jump of 5'5%, but a week earlier in Nakuru, two Kenyan girls, Nyagothi and Chepketer cleared 5'5% during the national championships, an African season best .... A couple of promising girls is the Hungarian duo Erika Riepl and Erika Rudolf, 16 and 15 years old, both clearing 5'5% this season, Rudolf using the "flop" .... 33 year old Taisa Chenchik, hero of many US/USSR duals, is still jumping well as testified by her 5'8% leap at the Isvestya-Cup finals. 1-Rita Schmidt (GDR) 50 1.86/6' 11/4 (1) Leipzig 27/ 1.84/6' 0½ (1) Sofia 2-Ilona Gusenbauer(Aut) 47 1/6 Miloslava Rezkova (Cze)50 1.84/6' 0½ (1) Povazka 20/7 1.83/6' 0 15/6 4-Yordanka Blagoyeva(Bul)47 (1) Athens Maria Mracnova (Cze) 45 1.83/6' 0 15/6 (2) Athens Tonya Lazaryova (SU) 41 1.83/6' 0 (1) Berlin 18/6 1.82/5'11¾ (1) Warsaw 7-Karin Schulze (GDR) 44 29/8 1.80/5'10% (1) Baku 14/5 8-Nina Bryntseva (SU) 50 Ghislaine Barnay(Fra)45 1.80/5'10% Eleanor Montgomery(USA) 45 1.80/5'11 11/6 (1) Paris (1) Dayton 6/7 17/6 11-Linda Hedmark (Swe) 46 1.79/5'10% (1) Skelleftea

Jaroslava Valentova(Cze)45 1.79/5'10½ (2) Frague 2/7 Snezana Hrepevnik(Yug)48 1.79/5'10½ (2) Sofia 31/8 14-Barbara Inkpen (GB) 49 1.78/5'10 (1) London 7/6 Gabrielle Thiele (GDR) 48 1.78/5'10 (1) Weimar 15/6

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WORLD REPORT	(Continued)
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Danuta Berezowska(Pol)48	1.78/5'10			1/7
17-Beatrix Rechner (Swi) 50	1.77/5' 9%			25/5
Valentina Kozyr (SU) 50	1.77/5' 9%			
Magdolina Csabi (Hun) 49	1.77/5' 9%	(q)	Budapest	29/8
20-Six girls	1.76/5' 9%			

#### LONG JUMP

Sieglinde Amman (nee as Miss Pfannerstill in Austria where she competed until she met the Swiss hammer thrower Ernst Amman), used a new 6-spike shoe to add 8 inches to her best at Maria Enzensdorf stadium in her home country where she long jumped 6.64/21'91/2 to equal the 1969 seasonal best. Then she gave the shoes to Liese Prokop - and see under "pentathlon" what happened a week later ... At the USSR-GDR-Poland competition at Chorzow, district of Katowice on July 13, five jumpers set seasonal bests, (Kroyter, Bychkova, Warzocha, Hauer and Sarna - the latter improved at Athens); there were rumors of an aiding wind, but evidently only the jump by Warzocha was windy. Were the jumps of the other girls wind-aided? The answer, you know, is blowing in the wind!....Liese Prokop, previous best of 5.97/19'7 last year, spread into world class with a jump of 21'3% behind Amman's al'9% just after her win in the pentathlon at the European Championships, then a 6.71mph wind pushed the former Miss Sykora to 21'8% during her world record breaking pentathlon.

<ul> <li>1-Heide Rosendahl (GFR) 47</li> <li>6.64/21' 9½ (1)</li> <li>3-Irena Szewinska (Pol) 46</li> <li>6.56/21' 6¼ (1)</li> <li>4-Meta Antenen (Swi) 49</li> <li>6.49/21' 3½ (p)</li> <li>6-Eva Kucmanova (Cze) 46</li> <li>6.48/21' 3¼ (2)</li> <li>6-Eva Kucmanova (GB) 45</li> <li>6.47/21' 2¼ (1)</li> <li>8-Sheila Sherwood (GB) 45</li> <li>6.47/21' 2¼ (1)</li> <li>9-Viorica Viscoploneau(Rum)</li> <li>6.45/21' 2 (2)</li> <li>10-Berit Berthelsen(Nor) 44</li> <li>6.43/21' 1¼ (1)</li> <li>12-Tatyana Bychkova(SU) 50</li> <li>6.42/21' 0% (2)</li> <li>13-Deana Prodanova(Bul) 43</li> <li>6.38/20'11¼ (1)</li> <li>6.38/20'11¼ (1)</li> </ul>	Enzensdrf Warsaw Liestal Athens Warsaw Enzensdrf Brno Athens Athens Chorzow Chorzow Sofia	
14-Moira Walls (GB) 52 6.36/20'10½ (1) 1 15-Nadyezhda Kroyter(SU)47 6.35/20'10 (4) 0		8/10

16-Willye White (USA) 39	6.34/20.	934	(1)	London	13/8
17-Ingrid Becker (GFR) 42	6.33/20'	91/4	(1)	Kassel	2/8
18-Tanya Orlova (SU) 48	6.32/20'	834	(1)	Pyatigors	k17/5
Elizabeth Waldburger(Swi)				Berne	
20-Maureen Barton (GB) 47	6.30/20'	8	(1)	Midlboro	16/8
Valentina Sokolova (SU)50	6.30/20'	8	(1)	Kiev	17/8

SHOT PUT

Russia's Antonina Ivanova, born in 1932, improved her lifetime best, (which she set last year at age 36), by more than nine feet in a meet at Pyatigorsk ..... Marianne Adam is the new prospect from the East Germany scene - as if they needed any new prospects! Born on September 19, 1951, the high school girl from Berlin was ranked 10th in her country last year with 46'6%. Marianne, who is six feet tall, opened the season with 48'71/2 at the end of April, then suffered an injury which kept her out of action until late July. After winning the GDR junior championship at Eisenach at September's end with a career best of 51'0%, Marianne set a German junior best at Frankfurt/Oder with 51'64 and in her last competition she was beaten only by Gummel and Lange at Halle on October 12 as she threw 53'7%, a mark exceeded only by Chizhova at the same age ....

1-Nadyezhda Chizhova(SU)45	20.43/67'	014	(1)	Athens	16/9
2-Margitta Gummel(GDR) 41	20.10/65'1	1114	(1)	Berlin	11/9
3-Marita Lange (GDR) 43	18.56/60'1	LOM	(3)	Athens	16/9
4-Ivanka Khristova(Bul) 41	18.04/59'	21/4	(1)	Sofia	13/8
5-Galina Nyekrasova(SU) 36	18.00/59'	034	(1)	Gorkiy	24/8
6-Antonina Ivanova(SU) 32	17.94/58'1	L01/4	(1)	Pyatigor	sk 4/9
7-Irina Solontsova(SU) 37	17/93/5813	LO	(2)	Odessa	1/7
8-Inge Friedrich (GDR) 41	17/87/58'				6/8
Renate Boy (GDR) 39	17.87/58'	71/2	(2)	Berlin	11/9
10-Els v.Noorduyn(Hol) 46	17.28/56'	814	(6)	Athens	16/9
11-Marlene Fuchs (GFR) 42	16.98/55'	81/2	(1)	Peine	15/5
12-Raisa Taranda (SU) 47	16.89/55'	5	(3)	Sofia	1/6
Galina Sidyelnikova(SU)39	16.89/55'	5	(5)	Kiev	17/8
14-Hannelore Friedel (GDR)48	16.79/55'	1	(1)	Rostock	9/7
15-Liesel Westermann (GFR)44	16.59/54'	514	(1)	Dusseldo	rf16/8
16-Marianne Adam (GDR) 51	16.35/53'	734	(3)	Berlin	12/10
17-Annegret Lange(GDR) 49	16.09/52'	91/2	(4)	Berlin	19/6
18-Vladimira Srbova (Cze)49	16.06/52'	81/4	(1)	Brno	6/7
19-Yelena Korablyova(SU)40	16.05/52'	8	(2)	Minsk	27/9
20-Nadyezhda Tsyepkova(SU)40	16.03/52'	714	(6)	Kiev	17/8



GERTUD SCHMIDT, East Germany. Retiring after 13 years of running with best marks of 53.8 and 2:03.9 for the 400 and 800. She was a member of the team which set a world record for 4x800m.

HANNELORE MIDDEKE, East Germany. Former 800m champion has switched to the 400 and finished 4th at Athens with a new National record of 53.1s.

# WORLD REPORT (Continued)

New!

# DISCUS THROW

Tamara Danilova, the Athens surprise winner, came back home to compete in the Isvestya Cup finals at Nalchik on 10 October. There she found Lyudmila Muravyova and Antonina Popova both highly determined to win the event. All three exceeded 190 feet, with Danilova finishing only third (190' 5) against Muravyova (190'10) and Popova (192'4), a personal best for the latter. Add up the ages for these three Soviet discus throwers and it makes only 7 years less than 100!... Only three girls went over 200 feet as of now and they are still active. Of the three, Liesel Westermann has thrown over the 200 foot line in 12 meets this year scoring a seasonal average (best 10 throws) of 202'll and an all-time

average of 203'll. No other girl in discus history has been able to reach the lower of these averages even once! Another 200 foot club member, Karin Illgen, had a brilliant season's end throwing beyond 195 feet four times in the space of a dozen days in October .... A good showing of speed in the circle was offered by the little, but powerful Cuban, Carmen Romero, consistently over 164 feet during the European tour. She ranks as the best non-European thrower of the year .... Irina Sapronova, USSR, set a world age record for 16 year olds with an excellent 172'5 at Sofia Olympic Meet in July. A month earlier she had thrown 170'l at Podolsk, both marks well beyond the old 16 year old record of Srbova.

1-Liesel Westermann(GFR)44 63.96/209'10 (1) Hambourg 2-Karin Illgen (GDR) 41 6-Antonina Popova (SU) 35 7-Lia Manoliu (Rum) 32 8-Judit Abahazi (Hun) 42

Irina Solontsova(SU) 37 10-Christa Spielberg(GDR)41 11-Anita Otto (GDR) 42 12-Olimpia Catarama(Rum) 40 13-Antonina Ivanova(SU) 32 15-Anna Mickler (GDR) 42 16-Agnes Irczik (Hun) 47 17-N.Tatarintseva (SU) 48 18-Svyetlana Zhilina(SU)40 19-Helena Vyhnalova(Cze) 44

60.88/199' 9 (1) Berlin 1/10 3-Tamara Danilova (SU) 39 4-Lyudmila Muravyova(SU)40 5-Gabriele Hinzmann(GDR) 47 59.04/193' 8 (1) Berlin 19/9 19/9 2/8 58.62/192' 4 (1) Nalchik 10/10 58.24/191' 1 (1) Bucharest 16/8 57.84/189' 9 (1) Budapest 12/7 57.84/189' 9 (4) Berlin 18/6 57.12/187' 4 (1) Cottbus 15/6 57.02/187' 1 (1) Leipzig 1/9 56.62/185' 9 (6) Athens 19/9 56.28/184' 7 (1) Pyatigorsk 4/9 14-Brigitte Berendonk(GFR)42 56.24/184' 6 (2) Copenhgn 15/6 56.04/183'10 (4) Berlin 2/8 55.44/181'10 (1) 4/5 Budapest 7/8 55.28/181' 4 (2) Moscow 54.98/180' 4 (3) Moscow 54.74/179' 7 (1) Haelsng 7/8 Haelsngbrg17/5 20-Marita Lange (GDR) 43 54.56/179' 0 (4) Leipzig 16/7

# JAVELIN THROW

Kaisa and Kirsti Launela are the two "golden girls" of Finnish spearthrowing. Born on May 13, 1948, (yes, they are twins), at Kemijaervi, the two blonde, diminutive (5'3) girls have not yet resolved the question of supremacy in the Launela family. For the past two years, Kaisa was the leader, this year Kirsti went on the top. But since last year, the Launela affair became a struggle involving the Finnish leadership; Kaisa topped the country last year with 182'5, Kirsti

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# WORLD REPORT (Continued)

is doing the same this year with 180'4. Both marks are personal bests ..... Natasa Urbancic improved recently to 183'9. The 24 year old Yugoslavian girl was in Australia last year, but she moved to compete in the Olympic Games where she was sixth. This year, Natasa competed here and there - but only in Europe, entering meets in Italy, Hungary, Belgium, Greece and Bulgaria - half of her 12 meets were out of the country.

1-Angela Ranky (Hun) 46	60.58/198' 9			28/6
2-Daniela Jaworska (Pol) 46	60.56/198' 8			27/9
3-Ameli Koloska (GFR) 44	59.86/196' 4	(1)	Leverkusn	10/5
4-Vyera Savyenkova(SU) 45	59.60/195' 6	(1)	Kiev	20/8
5-Magda Vidos (Hun) 45	58.80/192'11	(2)	Athens	18/9
6-Marion Luttge (GDR) 41	58.14/190' 9			1/9
7-Petra Rivers (Aus) 52	56.77/186' 3	(1)	Melbourne	1/2
8-Valentina Evyert (SU) 46	56.56/185' 6	(3)	Athens	18/9
9-Mara Saulite (SU) 42	56.28/184' 8	(2)	Chorzow	12/7
10-Sherry Calvert (USA) 51	56.26/184' 7	(1)	S.Paula	31/5
11-Marta Rudas (Hun) 37	56.04/183'10	(2)	Budapest	28/6
12-Natasa Urbancic (Yug) 45	56.02/183' 9	(1)	Celje	8/10
13-Nina Marakina (SU) 42	56.00/183' 8	(2)	Kiet	20/8
14-Gisa Jeppener (GFR) 45	55.74/182'10	(1)	Constanza	29/6
15-Ruth Fuchs (GDR) 46	55.66/182' 7	(1)		17
16-Helga Schlicke (GDR) 41	55.20/181' 1	(1)	Leipzig	16/7
17-Helga Boerner (GDR) 39	55.00/180' 5	(1)	Berlin	1/8
Maria Moskalyenko(SU) 40	55.00/180' 5	(1)	Tallinn	4/9
19-Kirsti Launela (Fin) 48	54.98/180' 4	(1)	Kemijaervi	21/8
20-Birute Kalediene (SU) 34	54.70/179' 5	(2)	Moscow	8/8

20-Birute Kalediene (SU) 34 54.70/179' 5 (2) Moscow

# PENTATHLON

Well, Irina Press has been overshadowed! Comparison between 5246 by the Soviet girl (with the 80mH) and 5352 by Liese Prokop-Sykora (with the 100mH) left no doubts as the Austrian ace amassed 87 points more than Irina in the other four events, while 13.5 by Prokop in the new hurdle race is equivelent to the 10.7 recorded by Press in her Olympic win at Tokyo when the old record was set. Liese set the record at Suedstadt, near Vienna, (see the October issue of WIFW), with the help of her husband Gunnar, (who had predicted a total of 5300 points for his wife), her sister Maria who gave important help in the 200m event (Liese's weakest event) and Siegline Amman who lent Liese her special long jump shoes that helped in the wind-aided 21'8% performance. Mrs. Gunnar Prokop set four personal bests, failing only in the shot where she was within one foot of her best. Now Liese is aiming to retire from track, but a strong press campaign is in action in Austria to get her to stay in the sport as Austria has never won an Olympic gold.

# CZECHOSLOVAKIA'S TWO EUROPEAN CHAMPIONS by Milan Skovovsky

Jzechoslovakian women won two gold medals at the 1969 European Championships in Athens. Both were classed as "upsets". Miloslava Rezkova won the high jump - a slight upset since Rezkova also won the Olympic Games in 1968, but she had not been jumping consistently this season in spite of setting a new Czech record at 6'01/2 on July 20. The win in the 1500 meter run by Jaroslava Jahlickova must be classed as a "huge" upset. Although Jehlickova was unbeaten during the 1969 season in the 1500, she was not considered a threat to Pigni and Gommers for the gold medal - in fact, she was not considered a threat to even finish in the top six as her season and lifetime best was only 4:20.1s. But she won and set a new world record at 4:10.7 - and improvement of nearly ten seconds or about 80 yards. Here are the statistics on these two European champions:

#### High Jump: Miloslava Rezkova

				50 in Prag (19 years old)
				Weight: 134 pounds
		Rudo	lf	Hubner
1969 Recor	d			
1.60/5'3	(1)	May	18	Halsingborg
1.70/517	(1)	Jun	1	Graz
1.76/5'914	(1)	Jun	7	Ostrava
1.60/5'3	(Q)	Jun	20	Prag
1.76/5'914	(1)	Jun	20	Prag (Prag Accademica)
1.76/5'914	(3t)	Jul	7	Prag (Rosicky Memorial)
1.84/6'01/2	(1)	Jul	20	Bystrica Meisterschaften
1.77/5'9%	(1)	Aug	8	Krakow
1.77/5'9%		Aug	22	Prag (CSSR v Sweden)
1.77/5'9%	(1)	Sep	9	Gottwaldov
1.74/5'81/2	(Q)	Sep	16	Athens
1.83/6'0	(1)	Sep	18	Athens (European Championships)
Annual Pro	gressi	on		

1964 14 1.45/4' 9 1965 1.55/5' 1 15 1.60/5' 3 1966 16 1.66/5' 514 1967 17 1.82/5'11% 1968 18 1.84/6' 01/2 1969 19

1500 Meters: Jaroslava Jehlickova Born March 24, 1942 in Horice (27 years old) Height: 5'5% Weight: 119 pounds Weight: 119 pounds Trainer: Milos Pisarik

## 1969 Record (1500 Meters)

4:35.5	(1)	May 1	St. Boleslav
4:20.1	(1)	Jul 7	Brno (CSSR v Great Britain)
4:37.4	(1)	Jul 20	Bystrica Meisterschaften
4:25.1	(1)	Sep 6	Gottwaldov
4:28.4	(6q)	Sep 19	Athens
4:10.7	(1)	Sep 20	Athens (European Championships)

Jehlickova also competed in 13 800m runs, winning 11, finishing second once and fourth once. Times ranged from 2:11.9 to 2:06.0s.

#### Annual Progression (800 meters)

and the second sec	and the second sec	and the second	and the second second			
1960	18	2:31.3	1965	23	2:09.9	
1961	19	2:18.4	1966	24	2:09.0	
1962	20	2:11.6	1967	25	2:15.4	
1963	21	2:18.2	1968	26	2:05.4	
1964	22	2:10.0	1969	27	2:06.0	

This is her first year of running the 1500!!



It is not too early to plan for the 1972 Olympics in Munich, Germany. Join the many fans who have already signed up with us for this great sports and see the Games under experienced spectacle, tour direction (Olympic Tours since 1952) and together with a terrific group of congenial, likeminded track fans. Games dates are August 26 to September 10, 1972. Tours include round-trip air transportation from your home airport, lodging. excellent track tickets every day, opportunity to buy tickets to other sports, wide choice of European travel and sightseeing (if desired), big meet-the-athletes celebrity party, & much more. A \$50 per person deposit will reserve your spot now.

# AGE GROUP TRACK by Calvin Brown

I received a nice letter from Nadine Bowers dad. It was informative and to the point. The kind of informational letters I like to receive on outstanding young athletes. In that way I can be more aware of athletes out of my own association (SPA). Mr. Bowers felt since Nadine was from north-



ern California, that was the reason I was against her. The fact is I'm not against any athlete or any area. It just so happens that Nadine is number three in her category. I have a report from Debbie Roth on eleven year old Shawna Baxter, who on July 5<sup>th</sup> of this year at Eurgene, Oregon, ran the half in 2:24.6. That surpasses Ruth Kleinsasser's 2:30.5 run a year ago for the US age ll record best. I don't know anything else about Shawna at this time, but I'm sure I will eventually. Next in line is Joyce Wolak from the Southern Pacific Association. Joyce at age ll had

Nadine Bowers

a best of 2:27.5 in a non-AAU meet and a legal 2:27.6 in AAU competition at Oxnard on August 2, 1969. In an all comers meet later she ran 62.9 for a US age 11 record in the 440. Joyce Wolak has other bests of 6.9, 12.4, 27.6 and 13'6 for the 50 yards through 220 and the long jump. Joyce is not competing in cross country at the request of her parents. Nadine Bowers is the third of this excellent trio. At age 11, (Nadine is now 12), Nadine was undefeated in the 660 and the 880 with bests of 1:46.8 and 2:29.6. Her 880 time was set at Oakland on March 22, 1969. Nadine's birthday is June 15, 1957, and six days after her 12<sup>th</sup> birthday she ran 2:27.0 for 880 yards at San Jose. Shawna Baxter was born on July 5, 1957 and Joyce Wolak on September 20, 1957. All three are very outstanding athletes and nice girls...I'd venture to say, also.

I used Debbie Roth as a reference person, just as if all of you knew who I was referring to. I hope you do, but if

you don't, I'll tell you a little something about her. Debbie is a quiet and unassuming girl - until she steps on the track, that is! I met Debbie personally at Dayton, Ohio, where the National Championships were held. Debbie Roth is intelligent, shy and seems to be very track knowledgeable. She has a very long and relaxed running style. Debbie

has long legs and is poetry



Debbie Roth & Calvin Brown

in motion. Someone you look forward to seeing run again. Debbie Roth not only runs pretty, she runs pretty fast also. Her event is the middle distances. Debbie, born June 22, 1955, was fourteen at Dayton. At age 13 for most of the 1969 season, Debbie ran to two 12/13 WAU National Records. In the mile, Roth ran 5:02.6 and in open competition, (over her age limit), ran a first-ever under five minutes mile with a 4:59.6 which was behind Vicki Foltz' 4:54.3. Both these marks are US age 13 bests. Her mark of 2:17.6 for 880 yards also ties Debbie Norris' record in that event. At Dayton, Debbie placed fourth behind Doris Brown (4:27.3), Francie Larrieu (4:32.8) and Vickie Foltz (4:33.5) with a great 4:39.2. In the process, Debbie beat the 1968 National 1500 meter champion Jane Hill, among many other good runners. Brown and Larrieu went on to both run 4:16.8 in later international competitions for a US record. That fact gives you an indication how heavy (slow) the track was when the Nationals were run. There had been a very heavy rain fall prior to the running of the 1500 meters which slowed everyone down.

The last person I want to report on this time is Anita Lee. A great jumper, Anita Lee was born on October 11, 1957. A happy 12<sup>th</sup> birthday to Anita! I hope to meet you one day soon. As an eleven year old this past season, and last year as a ten year old, Anita had some great performances. I think her record will speak for itself. Here 'tis:

Speed work in practice produces fatugue thereby increasing resistance to fatigue more quickly than slower paced running. Thus, repeated speed work is the best means of achieving endurance.

1968, age 10 440 67.0 *HJ 4'8% *LJ 15'4% *Pent 2745 (8.8-25'1-4'4-	1969, age 11 *100 11.8 220 28.0 440 65.9 * HJ 5'0 * LJ 17'7	As you can see, she's great in the high jump, long jump and pentathlon. Her sprint- ing is more than adequate. She has US Age Records as a 10 and 11 year old in the
13'3-31.1)	*Pent 3366	high jump, long jump and pen-
*=US Age Record	(8.5-24'6-5'0- 15'11-29.0)	tathlon. And as an ll year old she added the 100 to her list. Anita is also a fine
Trouve hundles	Tran the second	

young hurdler. For the curious, the US Age bests for 12 are: 5'1 (HJ), 17'10 (LJ) 3403 (Pentathlon) and 11.3 (100y). Just for the record, the World Age Bests are:

	10 Years	ll Years	12 Years
High Jump	4'8%	5'0	5'1
Long Jump	15'4%	17'7	17'10
100 Yards	12.2	11.8	11.1

So Anita has FIVE (5) World Age Bests to her credit also. Congratulations, Anita Lee. Keep up the good work!

# KALEIDOSCOPE

A nice series of article by Ted Radcliffe in "British Columbia Track" on "The Golden Years of Canada's Women" ... Diane Waters is now at Tennessee State .... After three years we have discovered the only way to get your WIFW delivered on time is via air mail or first class. Air mail in the US is 32¢ per month, first class mail will cost you another \$1.20....Eleven year old Sharon Groth from the Lipke Track Club in Detroit, had two good marks in a fall track meet on October 5th. Sharon high jumped 4'6 and ran the 880 in 2:35. .... Paula Schmidt has retired ..... Marilyn King is attending Cal State College at Hayward and will run for the Millbrae Lions.....Millbrae's young sprinter Kathy Smallwood is working with San Jose State coach Bud Winter .... Nancy Mullen. Millbrae's 440 ace, will be tougher this year with the addition of a few pounds on her skinny bones....Crown Cities TC has come up with a distance runner, Martine Jaussen, a French student at UCLA.

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# Women's TRACK & FIELD W@RLD

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USA

200 METERS

800 METERS

24.1

24.1

24.4

24.5

14.7

51714

5'634

515

514

47' 5

15415

143'4

441

SHOT PUT

HIGH JUMP

Anne Langdale

Debbie Miller

2:08.3 Abby Hoffman 2:08.8 Noreen Liepens

2:09.8 Thelma Fynn

2:10.0 Gayle Olinek 2:10.8\* Joan Dyke

14.6 Astrid Verduyn

Three athletes

Debbie Brill

Diane Jones

Four girls

45'11% Maureen Dowds

44' 3 Diane Jones

43' 314 Jay Dahlgren

178'5 Jay Dahlgren 158'2 Carol Martin

JAVELIN THROW

Susan Binion

Marlene Kurt

7% Joan Pavelich

Lise Robert

143'l Valerie Peterson

Wendy Hainswang

Debbie Van Kiekebelt

100 METER HURDLES

14.3 Penny May 14.4 Wendy Taylor 14.6 Carol Roberts

24.5 Joan Hendry

Irene Piotrowski

Stephanie Berto

# CANADIAN TOP 5 FOR 1969

## 100 METERS

11.6 Stephanie Berto 11.6 Anne Langdale 11.6 Joan Hendry 11.6 Irene Piotrowski 11.7 Debbie Miller 400 METERS

#### 55.5 Gayle Olinek 56.0\* Anne Covell 56.2 Irene Piotrowski 56.3 Anne Langdale 56.4 Cecelia Smith

## 1500 METERS

4:28.6 Noreen Liepens 4:32.3 Penny Werthner 4:32.9 Linda James 4:32.9 Thelma Fynn 4:33.0 Doreen Martine

# 200 METER HURDLES

27.9 Cathy Hunter 27.9 Peggy Busch 27.9 Penny May 28.1 Karen Pirnie 28.3 Marg Chatland LONG JUMP

## 20' 0 Joan Hendry 19'11¾ Brenda Eisler 18' 6½ Linda Wilson 18' 6 Joyce Ober 18' 4 Two girls

DISCUS THROW 160' 7 Marlene Kurt 158' 3 Joan Pavelich 157'll Jane Haist

# 151' 5 Carol Martin 145'10 Jay Dahlgren

#### PENTATHLON 4x100 RELAY 4433 Diane Jones 46.0 Canadia National Team 4210 46.1 Astrid Verduyn B.C. Team Penny May 47.6 Ontario Team 4101 47.9 Vancouver Optimists 4028 Joyce Ober 3977 Norma Ferguson 48.0 B.C. Junior Team

# KALEIDOSCOPE

Olympic Games walker Dave Romansky is now coaching the distance runners for the Delaware TC - and Nancy Taylor had a 5:18.2 mile at the Autumn Eastern Track League meet on October 5.....Tucson's Pat Donnelly, one of the countries best young hurdlers, has moved to San Diego and will run for Mickey's Missiles..... Cheryl Benesh, former CCTC age grouper, is now in Oregon and will be competing there this year .. ... The State of Oregon has its own Track & Field Newspaper for high schools, colleges and clubs. Subscription is \$1 per year. Write Peter Martin, 5541 S.W. Beaverton-Hillsdale Highway, Portland, Oregon, 97221.....Some ugly rumors have floated out of Austria concerning the staging of some of Liese Prokop's penathlon competitions - such as allowing more than three jumps or throws, measuring foul performances, questionable timings, (people wonder how an athlete who can have a lifetime best of 24.6 for 200 meters can run the 100 meter hurdles in 13.5? ....

Richard Ede 8-70 146½ E 7th St Claremont, Calif 91711

The Mason-Dixon Games, scheduled for Louisville, Kentucky, on February 14, will offer a full program of women's events. If interested in receiving an invitation, write Meet Director, 8505 Blossom Lane, Louisville, Ky, 40222.....Texas South-ern's women's track coach, Julius Lilly, is now Colonel Lilley after his recent promotion. He has spent 27 years in the service of his country .... Another indoor meet catering to women's events is the Philadelphia Track Classic, set for January 24. Write to James Elliott, Meet Director, 1450 Municipal Services Building, Philadelphia, Pa, 19107 .... 16 year old Marilyn Neufville, Great Britain, ran the 400 in 54.2 on October 9 ..... 34 countries have accepted invitations to compete in the Commonwealth Games in Scotland next July. Track events will start July 18 and 1700 athletes are expected to take part in the entire Games. Two of the new teams to compete will be Swaziland and Gambia.....Debbie Brill isn't the only high jumper using the "Brill bend" -her young sister Connie Brill also uses the same style.... Joan Fisher, 1968 Cabadian champion in the 200 and 400 meters and a member of Canada's Olympic team, has announced her retirement .... England's women have completed an undefeated dual meet season with victories over Czechoslovakia, France, West Germany, Rumania and the United States.....Olympic Games torch bearer Enriqueta Basilio won the 100m hurdles at her national championships in 14.1s.....What photographer has a crush on one of the US track champions?....The South-east Asian Peninsula Games (SEAP Games) will be held in Rangoon, Burma, starting December 6 ..... T&FN says Cuba is trying to have the US excluded from the Pan American Games because the US dominates the competition ..... The second daughter of Olympic 1500m champion Kip Keino, born while her father was at the Olympics, has been named Olympia....the 1975 Pan American Games have been awarded to Chile ..... Don't forget to clip the coupon and send to CBS-TV regarding the coverage of track and field meets.

Edith Mendyka, coach of the Crescenta-Canada TC, proudly announced she is once again a grandmother as her daughter, Karen Huff, former National javelin champion, presented a girl to the world on October 24. The little girl, who weighed in at 8#loz, was named Malea Ann Huff - the Malea stemming from the fact Karen and her husband met in Hawaii. For those who must know, Malea means "The storm is coming". Malea has an older brother.....

# INDONESIA NATIONAL GAMES from Colonel Sudjanudji

Surabaja, Indonesia, September:-In the recent years of rehabilitation, Indonesia has been experiencing a decline in the field of sport. In the month of September the National Games (Championships) were held in Surabaja. The results were far below the national records, but at least Indonesia is now beginning on the road back to a place in the sports world.

RESULTS: 100m, 1-Carolina Reupassa 12.4, 2-Linawati 12.6, 3-Susana Reupassa 12.7; 200m, 1-Carolina Reupassa 26.1, 2-Linawati 27.2, 3-Christina Brata 27.2; 400m, 1-Suratmi 61.5, 2-Tutut Hardjolukito 62.9, 3-Karsih 63.9; 800m, 1-Tutut Hardjolukito 2:27.8, 2-Titien 2:28.7, 3-Lelyana 2:31.5; 100mH, 1-Sri Sawali 17.3, 2-Nur Widjajati 17.9, 3-Justina Sukartilah 19.0; HJ, 1-Atje Mariana H. Hendy 4'11, 2-Retno Soelistiati 4'9%, 3-Jeane Brohet 4'7%; LJ, 1-Soeratmi B.A. 16'6%, 2-Djaja Astuti 15'7%, 3-Susana Reupassa 15'6%; SP, 1-Ongky Ardiwinata 32'8%, 2-Mrs. Januar Pribadi 32'5%, 3-Enny Papilatu 31'7%; DT, 1-Nurmini 97'9%, 2-Sunami 96'1%, 3-Fransisca Nikiulu 94'2%; JT, 1-Adolina Rirey 113'0, 2-Mrs. Jeane Sigartoar 112'8, 3-Tumi Sulandari B.A. 112'1; Pentathlon, 1-Sri Sawali 2963, 2-Nur Widjajati 2821, 3-J. Moho 2817.