

Women's

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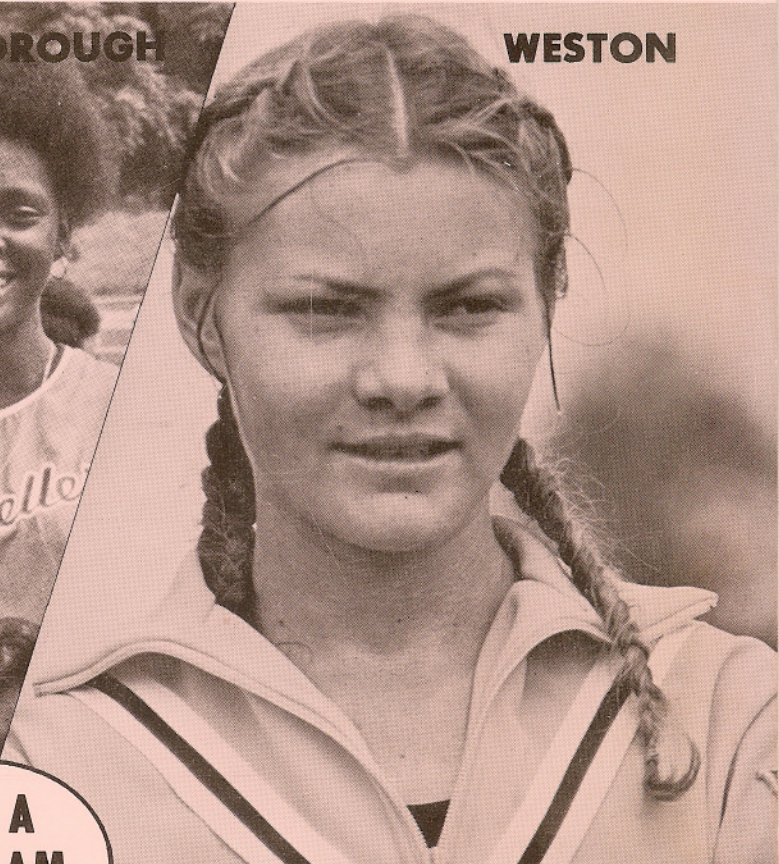
MERRILL



CHEESEBOROUGH



WESTON



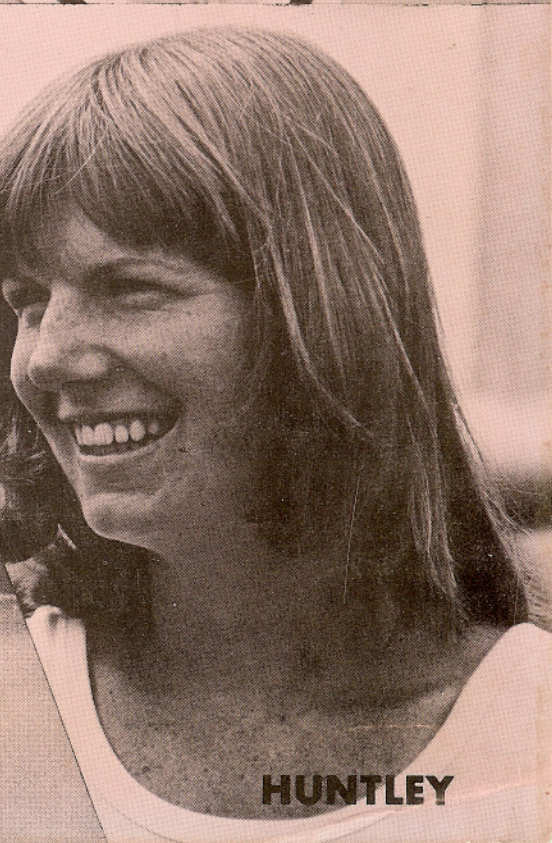
**USA
PAN AM
GOLD**



CALVERE



JILES



HUNTLEY

STEVE TALK



With the addition of javelin thrower, Kathy Schmidt, pentathlon expert Jane Frederick, miler Francie Larrieu, not to mention other standouts such as Madeline Manning Jackson, Toussaint, Brown, Poor and other distance standouts, the US is beginning to shape up as a formidable unit. I wait anxiously for this group to "get it together".

The next item of business becomes more and more relevant in regard to the upcoming National AAU Convention which is due the first part of December. Below you will read a letter which arrived at this office and was also sent to a number of AAU administrators. It poses some interesting questions, most of which we would all be interested in hearing.

LETTER FROM DON DE NOON, California

"In my mind it no longer is a matter of what is rotten in Denmark, but what is rotten in the National AAU. I have been a registered AAU athlete since 1962 and have coached women's AAU track since 1964. In these years I have supported the AAU by simply saying that I am the AAU--it responds to me because I respond to myself. So, I had always believed the athletes, coaches and administrators at the lowest level could affect the decision at the highest echelon.

"I had also felt the National office to be administratively responsible, sometimes weak through its volunteer structure but always responsible in its actions. My summary is that the organization is ineffective in its manner and structure of operation. Through its funds it purchases only the rope to tie the structure together or hang itself.

"Questions: 1- What is the exact funding of the AAU? 2- What are the administrative expenses incurred annually versus its functional expenses? 3- How could the women's T&F committee owe the National Office 15,000 dollars when the National Office does so little for it? 4- How could the National Office or Women's Committee allow a non-funded

(Continued on page 13)

VINCE REEL, PUBLISHER

STEVE WENNERSTROM, EDITOR

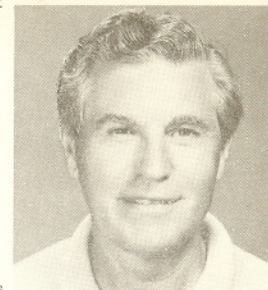
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REEL TALK



An Open Letter to Chandra Cheesborough: "Dear Chandra: First of all we want to congratulate you on winning that Pan Am Games 200m title. It was a great achievement for one of your age. All of us in the USA look forward to your performances in the years ahead for evidently your physical potential is fantastic.

"There is another side to our sport, however, and it is this unsung aspect of the sport I would like to write to you about. The mental aspect. Some say running is about 10% physical and 90% mental.

That may be an exaggeration, but believe me, the mental side is more important than the physical side once you reach the level of international achievement.

"Right now, you at age 16 certainly don't have a mental problem - BUT, your performance in Mexico City is the first step toward acquiring such a condition. How many athletes from the past have shocked the world with a stunning performance and then gradually dropped from sight and finally disappeared completely. You were timed in 22.77 (22.8) to equal the American record. Don't let that one performance affect your future in the sport! Time is merely a matter of relativity and you must accept the fact that you will not run a 22.77 every time you step on the track. Nor will you necessarily improve that mark in the next few years. Remember, in the USA Pan Am Trials, running on an excellent track and with tough competition, you were beaten and ran only 24.0s. Just a few days before the Pan Am Games, you finished only 3rd in a 200, almost a full second slower than you ran in the Games themselves.

"The public will expect you to perform up to that championship level every time you set foot on a track, but that is physically impossible. Do your training, listen to your coach, compete your best and gradually you will be stronger and wiser and more experienced and finally faster. Don't fall into the trap of believing your own publicity. Once you are capable of performing in world class, you will be up against opponents who are just as fast as you. Your advantage over them can only come through tough, hard training and a tough, regimented mind. In an equal competition such as a Games final, the tough-minded, well-conditioned athlete will be the winner. And don't rush things! If you were an athlete in East Germany, you would disappear for three or four years and learn technique, get strength and internal competition - but when you were ready, you would stun the world. In the USA, we don't work that way, so you must set your mind to the task ahead if you are interested in becoming the world's best. It is not an easy assignment. Don't be disappointed at times for times don't mean a thing - it's who you beat.

"You'll be on the spot next year at the Nationals, the Olympic Trials and the Games themselves. But next year is not your year - aim for 1980 as a peak when you will be at an age just right for sprinting. Anything you do in Montreal will simply be frosting on the cake. Work hard, train hard, compete hard - but don't believe your publicity. Good luck."

LETTER FROM BILL BURNS, White Plains, NY

Dear Vince,

"My letter was sent not to cover up the areas where we blew it here at White Plains, but to tell it like it was. You only hang yourself more by explaining, if the intention is to cover up something. I could have done a better job of covering up by just keeping silent. Let's hope that people learn from those errors that we made. (Let's hope that some of the aiding and abetting is also eliminated--late declarations, etc.).

"I saw Miki Hervey's letter on the Masters meet also held here at White Plains (by the same group). There was a switch (decision to run same as mens) the women's 200 meters (between the entry blank and the way it was run) but the heat sheets that were given out showed the change prior to the race. The letter to the people engraving the medals, ended up having Masters interpreted as excluding Sub Masters and Women. When the box, which had been delayed, arrived the evening prior to the meet, it was then,

(Continued on next page)

NATIONAL AAU CROSS COUNTRY PREVIEW

Women's Division

It's that time of year once again. You all know to what I refer. Right? It's time again for the mystery girl, the 'Los Alamos Legend' to drop down out of the New Mexico mountain ranges to lock horns with the best this country has to offer. As was stated in the girls preview, different factors must be pondered in the estimation of possible winners. But for the most part you can toss all that out the window in Lynn Bjorklund's case. On a cross country course few will be close. However, these few will make it very interesting for the remaining positions. Look also for the collegiate runners to be a bigger factor this year, especially in the team scoring as well as individually. It is doubtful whether UCLA will appear as they did last season, but the squad will be more in the form of Los Angeles TC and very formidable as far as team titles are concerned.

The individual matchups and the onslaught of 'name' runners in the women's race will, however, draw the lions share of the interest. After Bjorklund, things will get, or at least should get, very tight; Julie Brown (2nd last year), Larriue (if she chooses to show--3rd last year), Iowa State's 'Dynamic Duo' Peg Neppel and American 10,000 meter record holder Carol Cook (10th last year), Judy Graham and Cyndy Poor of San Jose, Jan Merrill, Hilary Noden, Kate Keyes, Brenda Webb, Pam Jewell (8th last year), Debbie Vetter, and unheralded but strong runners such as Charlotte Lettis (5th in 74), Jayne Surdyka, the University of Florida phenom, the Falcon TC's 'French Connection', Debbie Quatier and Cheryl Roulrier. Not to mention a very strong and thus far healthy Debbie Heald who is experiencing her first injury free season in quite some time. She is always a solid threat.

But, the list goes on and on, and don't forget the inevitable surprises which will pop up here and there throughout the race which always make it that much more exciting. Team wise, figure on LATIC, Iowa State, Duke City, Falcons TC and San Jose to be in the thick of the fog at the city by the bay. Any hearts left in San Francisco will be doing double time in remembrance of this great race.

1974 Top Ten Results: 1-Lynn Bjorklund(DCD) 17:31.7, 2-Julie Brown(UCLA) 17:41, 3-Francis Larriue(UCLA) 18:03, 4-Debbie Quatier(FTC) 18:12, 5-Charlotte Lettis(SMAC) 18:12, 6-Peg Neppel(Iowa State) 18:13, 7-Judy Graham(SJC) 18:15, 8-Pam Jewell(LBC) 18:26, 9-Doris Brown(FTC) 18:31, 10-Carol Cook(SMSC) 18:41.

Junior Women's Division

Many changes have taken place since last season with regard to this division. The new ruling allowing girls to remain in a respective age group for a longer period of time puts many women's division runners back in pig-tails. One of the most obvious examples of this can be seen in the Syracuse Chargers, the 1974 girls division champions and this years defending champs. The entire Charger squad will be returning with the addition of Katy Schilly, the women's division 16th place finisher last year. With Schilly still eligible to compete in the girls division this would seem like enough to assure, if not solidify a repeat of last seasons performance. However, Kathy Mills, the Chargers second place finisher in the junior women's 3000 (9:48.6) at White Plains will also join the squad. So, with Schilly and Mills, along with Carrie Pusch (7th last year), Mary Seybold (9th), Erica Hagenlocher (15th) and Amy Welsh, Syracuse must be given the nod going in as the odds on favorite.

It is certain, however, that very few will count out the Rialto Roadrunners as a threat to the title. As is the case with Syracuse, Rialto will return with the same crew that competed in Bellbrook and a healthy Debbie Johnson. Much speculation floated about after the Bellbrook race as to whether Rialto would have in fact taken the title if their hopes had not have been left at the base of a slippery creek bed in the form of Rialto's leading runner Debbie Johnson. Her broken ankle is said to have taken the fire out of her team mates as they passed and realized there would be no chance to accumulate a team score. Rialto had entered just five runners.



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Rest assured the Roadrunners are waiting for another shot at the title. In addition to this obvious dual, the ever present San Jose Cindergals will be on hand to do their best to throw a wrench into the works, keeping in mind they are in their very familiar 'own back yard'.

To dope it out, let's say; 1-Syracuse Chargers 80, 2-Rialto Roadrunners 90, 3-San Jose Cindergals 136.

Individually, choosing a winner is very difficult when all factors are taken into consideration. When weather, mental preparation and general physical well-being are measured, several girls can be considered good strong possibilities. Katy Schilly, the Springbank Invitational winner is of course a strong threat and is long in experience in road running. Other considerably talented runners vying with Schilly for the title will be team mate Kathy Mills, Margaret Groos of the Nashville Whippets, Michigan Fleet Footer Mary Ann Opalewski, and a handful of fine young competitors who have moved up from the 12-13 division including, national champion Shannon Cline, Scioto TC, the Blue Angels Paula Rose, Portland's Eryn Forbes and of course Donna Campbell.

1974 Top Ten Results: 1-Pam Allen(Lassen) 15:05, 2-Margaret Groos(NashWhip) 15:15, 3-Mary Ann Opalewski (Fleet Feet) 15:16, 4-Marlene Harewicz(Mt.Leb) 15:25, 5-Kathy Adams(WS) 15:28, 6-Janet Wroblewski(ALBOC) 15:29, 7-Carrie Pusch(SyrChg) 15:31, 8-Doreen Assumma (RRR) 15:32, 9-Mary Seybold(SyrChg) 15:37, 10-Lisa Greenberg(SJC) 15:38.

BURNS LETTER (Continued)

that the fact that the order shipped did not include all the proper medals was discovered. The medals have been reordered and were to be mailed to the people who had won them including Micki and my friend Ann McKenzie in South Africa.

"Do me a favor and send me some information brochures on Redlands and their track & field program (men and women)."

"Good luck with your coaching and thanks for your effort with the magazine. You may have lambasted us a few times, but I feel that you write what you feel is in the best interest of women's track and field and I can not argue with that."

PAN AMERICAN GAMES REPORT

Mexico City, Mexico, October 13-20: Showing a surprising amount of strength, considering the absence of some of its best athletes, the United States 'outpointed' and 'out-medaled' its two closest and most competitive rivals, Cuba and Canada. In the unofficial scoring, the US amassed a total of 153 points compared with 122 for Canada and 72 for Cuba. The American squad also fared well in the medal department collecting 7 golds (4 more than any other country), 6 silver and 2 bronze. The total of 15 medals was two more than second place Canada. The US picked up its gold medals in the high jump (Joni Huntley), javelin throw (Sherry Calvert), 100m (Pam Jiles), 200m (Chandra Cheeseborough), 800m (Kathy Weston), 1500 (Jan Merrill) and the 4x100 relay. The remainder of the gold medal dispersal went to Canada (3), Cuba (3), and Peru (1).

The VIII Pan American Games will be staged in San Juan, Puerto Rico in 1979. The Results:

100 Meters

With Olympic Bronze medalist Silvia Chivas of Cuba, plus the reality that most of the press in the western hemisphere favoring Canadian's Loverock and Bailey, who was really taking Pam Jiles seriously? It's not the fault of the press really. Jiles did not even win the US Nationals. The reporters beliefs had to have been solidified further when Bailey defeated Jiles in their semi-final match-up. However, Pam Jiles has improved steadily since the National Championships and to her credit she was an impressive Pan Am gold medal winner. Her 11.38 clocking edged both Canadian's and pushed Chivas back to 4th. The Results:

100 M (Qualifying) Heat 1: 1-Chivas (Cuba) 11.58, 2-BOWEN (USA) 11.62, 3-Bolivar (Per) 11.98. Heat 2: 1-JILES (USA) 11.43, 2-Bailey (Can) 11.55, 3-Cummings (Jam) 11.62. Heat 3: 1-Hodges (Jam) 11.64, 2-Allocco (Arg) 11.96, 3-Hope (Tri) 12.14. Heat 4: 1-Loverock (Can) 11.49, 2-Valdes (Cuba) 11.79, 3-Forde (Bar) 11.82.

100 M (Semi-final) Heat 1: 1-Bailey (Can) 11.45, 2-Jiles (USA) 11.52, 3-Cummings (Jam) 11.59, 4-Valdes (Cuba) 11.67. Heat 2: 1-Loverock (Can) 11.36, 2-Chivas (Cuba) 11.36, 3-BOWEN (USA) 11.50, 4-Hodges (Jam) 11.61.

100 M FINAL: 1-PAM JILES (USA) 11.38, 2-Patty Loverock (Can) 11.41, 3-Marjorie Bailey (Can) 11.42, 4-Silvia Chivas (Cuba) 11.45, 5-RENAEY BOWEN (USA) 11.50, 6-Carol Cummings (Jam) 11.66, 7-Lilieth Hodges (Jam) 11.74, 8-Carman Valdes (Cuba) 11.74.

200 Meters

Now that the press were sitting up to take notice of Pam Jiles with her 100m performance, many looked to the 200 with a great deal of anticipation. Question now was, 'Who's taking Chandra Cheeseborough seriously?' Again with two strong Canadians, Lorna Forde and a young Brazilian speedster named Pereira, Cheeseborough was rated even money with the rest while all eyes were on Jiles. But the two Americans put on one of the most impressive displays of sprinting that has been seen in recent years by American standards. After some confusion at the award stand Cheeseborough was awarded the gold and Jiles the silver for their 22.77 and 22.81 performances. How good were they? Let's go back to 1971 at Cali; Stephenie Berto of Canada won it that year with a 23.5 clocking. This time around 8th place Carol Cummings of Jamaica brought up the rear with a mark of 23.42! The Results:

200 M (Qualifying) Heat 1: 1-Cheeseborough (USA) 23.07, 2-Forde (Bar) 23.72, 3-Trott (Ber) 24.52. Heat 2: 1-Chivas (Cuba) 23.31, 2-Cummings (Jam) 23.43, 3-Bailey (Can) 23.56. Heat 3: 1-JILES (USA) 23.63, 2-Allocco (Arg) 23.71, 3-Jakubowich (Can) 23.83. Heat 4: 1-Pereira (Brazil) 23.21, 2-Jones (Ber) 23.46, 3-Godoy (Arg) 24.12.

200 M (Semi-final) Heat 1: 1-JILES (USA) 23.03, 2-Chivas (Cuba) 23.22, 3-Cummings (Jam) 23.33, 4-Bailey (Can) 23.92. Heat 2: 1-CHEESEBOROUGH (USA) 23.14, 2-Pereira (Brazil) 23.20, 3-Jakubowich (Can) 23.43, 4-Forde (Bar) 23.64.

200 M FINAL: 1-CHANDRA CHEESEBOROUGH (USA) 22.77, 2-PAM JILES (USA) 22.81, 3-Silvina Pereira (Brazil) 23.17, 4-Marjorie Bailey (Can) 23.32, 5-Silvia Chivas (Cuba) 23.33, 6-Joyce Jakobowich (Can) 23.34, 7-Lorna Forde (Bar) 23.34, 8-Carol Cummings (Jam) 23.42.

400 Meters

Joyce Yakubowich has, for quite some time, played the role of the journeyman quarter miler. But in 1975 she has come full circle. In the 1971 Cali contest, she was then known as Joyce Sadowick and scrambled to place 6th in the 400 clocking 54.8 behind the Pan Am record setting Marilyn Neufville. However, in the 1975 edition Yakubowich performed flawlessly. So much so, it resulted in a new Pan Am record of 51.62. Lest anyone consider that silver medalist Debra Sapenter (USA) was any less impressive, she also surpassed Neufville's old standard with a 52.22 register. In fact, 5th place Sharon Dabney (USA) was just three-tenths off at 52.68. But it was Yakubowich who ran the picture perfect 400 meters getting out quickly and taking the race to the competition with a 'come get me' competitiveness. Her result: the Pan American Gold.

400 M (Semi-final) Heat 1: 1-SAPENTER (USA) 53.18, 2-McGowan (Can) 53.62, 3-Byfield-White (Jam) 54.26, 4-Ramos (Chile) 56.06. Heat 2: 1-DABNEY (USA) 53.19, 2-Jakubowich (Can) 53.21, 3-Smith (Tri) 56.31, 4-Grun (Urg) 56.55. Heat 3: 1-Forde (Bar) 52.77, 2-Blake (Jam) 53.06, 3-Cabrejas (Cuba) 53.30, 4-Meighan (Guat) 56.23.

400 M FINAL: 1-Joyce Jakobowich (Can) 51.62, 2-DEBRA SAPENTER (USA) 52.22, 3-Lorna Forde (Bar) 52.36, 4-Helen Blake (Jam) 52.43, 5-SHARON DABNEY (USA) 52.68, 6-Margaret McGowan (Can) 53.11, 7-Debbie Byfield-White (Jam) 54.19, 8-Ela Cabrejas (Cuba) 54.40.



Joyce Yakubowich overcome by excitement of win.

800 Meters

With the absence of Canada's Yvonne Saunders and US record holder Madeline Manning Jackson, both out with injuries, the field still presented a formidable race for the gold. Competitive as the race was, however, the times were a bit disappointing. As Kathy Weston displayed the strongest finishing kick the rest of the field scrambled for position behind her 2:04.93 performance. Another unfortunate example of the results from drug testing resulted in the disqualification of Bronze medalist Joan Wenzel of Canada who was forced to forfeit her award when it was found that one of the drugs she was using for a cold she had contracted, contained an adrenalin base. Hence the disqualification because the drug was on the list of "no, no's" for use prior to competition. The Results:

PAN AM GAMES (Continued)

800 M (Semi-final) Heat 1: 1-HALL(USA)2:09.71, 2-Verrissimo (Brazil)2:11.27, 3-Udrizard(Arg)2:13.50. Heat 2: 1-Hoffman (Can)2:10.32, 2-WESTON(USA)2:10.39. Heat 3: 1-Wenzel(Can) 2:15.48, 2-Alvarez(Cuba)2:17.26.

800 M FINAL: 1-KATHY WESTON(USA) 2:04.93, 2-Abby Hoffman (Can) 2:06.93, 3-Joan Wenzel(Can) 2:06.93, 4-KATHY HALL(USA) 2:07.56, 5-Ana Udrizard(Arg) 2:09.86, 6-Araceli Arana(Mex) 2:10.96, 7-Mercedes Alvarez(Cuba) 2:15.41.

1500 Meters

The altitude, if that is what it can be attributed to, played an important role in the results of this inaugural 1500 meter competition. With such an outstanding field (Merrill 4:10.6, Bremser 4:13.8 and Thelma Wright fresh from an 8:54+ 3,000) it would have seemed apparent that the times would have been more impressive than they turned out to be. From the starting gun, race strategy was tossed to the wind as Thelma Wright led through the first 400m in 70.6. Shortly thereafter, Merrill took the lead and passed the 800m mark in 2:20.4 and was still leading by a slight margin at the 1200m in 3:28.4. Wright overtook Merrill for a short period, but Merrill took the challenge and re-established a lead which would never be shaken. Merrill's new PA mark will stand at 4:18.32. The Results:

1500 M FINAL: 1-JAN MERRILL(USA) 4:18.32, 2-Thelma Wright (Can) 4:22.32, 3-Abby Hoffman(Can) 4:26.25, 4-CINDY BREMSER (USA) 4:31.73, 5-Ana Neilsen(Arg) 4:37.80, 6-Thelma Zuniga (Costa Rica) 4:48.67

100 Meter Hurdles

As was the case in this years US Nationals, this race was up for grabs. There were virtually no favorites. In 1971, Edith Noeding of Peru was a distant 5th clocking 14.7. This time around she came up with gold as she blazed 13.56 nipping the American Deby LaPlante(13.68). Patrice Donnelly, who missed her chance for medal at Cali when she false started twice in a qualifying round, was once again turn away as she finished 4th one-tenth back of the Cuban Elejarde in 13.90. The Results:

100 MH (Semi-final) Heat 1: 1-LaPLANTE(USA)13.73, 2-Bradley (Can)13.76, 3-Betioli(Brazil)14.29, 4-Smith(Tri)14.99. Heat 2: 1-Noeding(Peru)13.59, 2-Smith-Brown(Jam)14.32, 3-Adams(Tri)14.86, 4-Cato(Mex)15.09. Heat 3: 1-Elejarde(Cuba) 13.91, 2-Donnelly(USA)14.07.

100 MH FINAL: 1-Edith Noeding(Peru) 13.56, 2-DEBY LaPLANTE (USA) 13.68, 3-Marlene Elejarde(Cuba) 13.80, 4-PATRICE DONNELLY(USA) 13.90, 5-Carmen Smith-Brown(Jam) 14.09, 6-Susan Bradley(Can) 14.34, 7-Maria Betioli(Brazil) 14.35, 8-Ann Adams(Tri) 14.69.

Pentathlon

The Pan Am Pentathlon title once again went home to Canada as Diane Jones followed in Debbie Van Kiekebelt's footsteps of 1971. There were, however, marked improvements in this event over last time. Six women scored over the 4,000 mark and Van Kiekebelt's winning mark of 1971 would have been good only for fifth here. Jones' gold medal performance was a carbon copy of her 4,673 effort of a few months ago. On her way to that total she once again equalled her lifetime and world pentathlon best in the high jump leaping 6-1 $\frac{1}{4}$. All three medalists (Jones, Fitzgerald, and Bruce) surpassed the Olympic qualifying standard. The much looked forward to dual between Diane Jones (4,673) and Jane Frederick(4,676), unfortunately never materialized as Frederick was still ailing from a freak accident at a prior pentathlon competition. The Results:

PENTATHLON FINAL: 1-Diane Jones(Can) 4,673(14.00,50-3 $\frac{1}{2}$, 6-1 $\frac{1}{4}$,20-8,25.11), 2-Gale FITZGERALD(USA) 4,486(13.94, 45-8,5-7 $\frac{1}{4}$,19-10 $\frac{1}{2}$,24.34), 3-Andrea Bruce(Jam) 4,391, 4-Edith Noeding(Peru) 4,257, 5-C. Gereminas(Brazil) 4,136, 6-DANA COLLINS(USA) 4,086(14.42,37-5 $\frac{1}{4}$,5-6 $\frac{1}{2}$,18-7 $\frac{1}{4}$,25.16), 7-Angeles Catp(Mex) 3,941.



MEIST SCHON - As the Germans might say it. Above is German born Edith Noeding, the only member of the Peruvian women's team to win a medal at recent Games in Mexico City. Her gold medal winning performance came in the 100 MH with a mark of 13.56. (photo by Peter Probst).

Long Jump

The expression used on 'Wide World of Sports' is, 'The thrill of victory, the agony of defeat', but for Martha Watson and Kathy McMillan, experiencing both in the same competition must have been an unusual feeling. Both Americans had been jumping well throughout the qualifying and final rounds, trading the PanAm record seemingly at will. And with only Ana Alexander (Cuba), a jumper that had never exceeded 21', with one jump, remaining, the US duo was thinking 'sweep' Then it happened-the latter half of the above phrase-the sign flashed 6.63! Alexander had just leaped into world class notariety with a 21-9 effort. Alexander's mark pushed Watson back to 2nd with 21-6 $\frac{1}{2}$ and McMillan 3rd at 21-3 $\frac{1}{2}$. The Results:

LONG JUMP FINAL: 1-Ana Alexander(Cuba) 6.63/21-9, 2-MARTHA WATSON(USA) 6.57/21-6 $\frac{1}{2}$, 3-KATHY McMILLAN(USA) 6.49/21-3 $\frac{1}{2}$, 4-Silvina Pereira(Brazil) 6.44/21-1 $\frac{1}{2}$, 5-Marcia Garbey(Cuba) 6.38/20-11 $\frac{1}{4}$, 6-Diane Jones(Can) 6.18/20 $\frac{3}{4}$, 7-Ana Desevici (Urg) 5.78/18-11 $\frac{1}{2}$, 8-G. Koorndijk(Surinam) 5.68/18-7 $\frac{1}{2}$.

Discus Throw

Nothing much has changed in this event with regards to the results of the last Pa Am's in Cali, Colombia. Once again, Carmen Romero surpassed the PA record in copping the gold medal with team mate Maria Betancourt pinning down the silver as she did in 1971. The Cuban duo made their sweep with marks of 197-4 $\frac{1}{2}$ and 192-0. Both marks incidentally, were in excess of Romero's old mark of 187-8. The Results:

DISCUS FINAL: 1-Carmen Romero(Cuba) 60.16/197-4 $\frac{1}{2}$, 2-Maria Betancourt(Cuba) 58.52/192-0, 3-Jane Haist(Can) 53.12/174-3 $\frac{1}{2}$, 4-Ducette Moreau(Can) 52.16/171-1 $\frac{1}{2}$, 5-Jan SVENDSEN (USA) 48.94/160-6 $\frac{1}{2}$, 6-Odette Domingos(Brazil) 47.76/156-8 $\frac{1}{2}$, 7-Maria Bozzo(Brazil) 45.08/147-10 $\frac{1}{2}$, 8-TERI SABOL(USA) 43.86/143-11 $\frac{1}{4}$.

(Continued on next page)

PAN AM GAMES (Continued)

High Jump

Pan Am gold medalist Debbie Brill slipped 1½ inches from that 1971 performance and slipped out of the 'medal money' this year to 4th at 5'11¼", as American record holder Joni Huntley missed her best effort by just ¼ inch bringing home the high jump title with a fine 1.89/6'2¼". Louisa (Hanna) Walker was the major Canadian threat this time, before bowing out with the silver medal at 6'1¼". With the addition of Andrea Bruce (3rd at 6'0") and Diane Jones' 6'1¼" pentathlon effort, North American high jumping (if you'll pardon the expression) is 'on the rise'.

The Results:

HIGH JUMP FINAL: 1-JONI HUNTLEY(USA) 1.89/6-2½, 2-Louise Walker(Can) 1.86/6-1¼, 3-Andrea Bruce(Jam) 1.83/6-0, 4-Debbie Brill(Can) 1.81/5-11¼, 5-Maria Bertoli(Brazil) 1.81/5-11¼, 6-PAM SPENCER(USA) 1.77/5-9¼, 7-Angela Carbonelli (Cuba) 1.74/5-8½, 8-Jurma Silva(Brazil) 1.71/5-7½.

Shot Put

Cuba's impressive Maria Sarria heaved the shot 59-1¼ as the tiny island country, for the second time in these games doubled up for a 1-2 performance in a field event. In fact, 'doubling up' seemed to be the order of things in this event with Cuba placing (1-2), Canada (3-4) and the USA finishing 5th and 6th. The Results:

SHOT PUT FINAL: 1-Maria Sarria(Cuba) 18.03/59-1¼, 2-Hilda Ramirez(Cuba) 17.28/56-8¼, 3-Ducette Moreau(Can) 16.96/55-7¼, 4-Maureen Dowds(Can) 16.46/54-0, 5-MAREN SEIDLER(USA) 16.34/53-7¼, 6-Mary Jacobson(USA) 14.96/49-1, 7-Maria Bozzo(Brazil) 14.46/47-5¼, 8-Orianda Lynch(Sur) 12.70/41-8.

Javelin Throw

Sherry Calvert, with possibly a touch a revenge in her competitive attitude, due to her upset silver medal performance in 1971, returned here to grab the gold and in the process register a new Pan Am Games record of 179-5½. With the absence of Olympian Kathy Schmidt, the contest was up for grabs with Calvert out-dueling Maria Beltran of Cuba who posted a 178-4 and Lynn Cannon(USA) taking the bronze at 159-7. The Results:

JAVELIN FINAL: 1-SHERRY CALVERT(USA) 54.70/179-5½, 2-Maria Beltran(Cuba) 54.36/178-4, 3-LYNN CANNON(USA) 48.64/159-7, 4-Laurie Kern(Can) 48.40/158-9½, 5-Marciella Zapata(Col) 45.18/148-2¼, 6-Diana Rodriguez(PR) 43.84/143-9½.

4x400 Relay

At race time this contest would have to have been rated a toss up between the US and Canada, with the possible edge going to the US foursome who are all accomplished quarter milers, and anchor Kathy Watson fresh from a gold medal performance in the 800. But the tenacious Canadians 'stuck like glue' from the starting smoke and left the decision up to 400m gold medalist Joyce Yakubovich. Her experience paid off nicely as she ran another picture perfect 400 and passed Watson with less than 20m to go, which gave Canada the gold medal and new PA record at 3:30.36 with the US 2nd in a close 3:30.64.

4x400 RELAY FINAL: 1-Canada(McGowan, McTaggart, Campbell, Jakubowich) 3:30.36, 2-USA(DABNEY, HELMS, SAPENTER, WESTON) 3:30.64, 3-Cuba 3:31.65, 4-Jamaica 3:32.38.

4x100 Relay

Prior to this running, most everyone realized the Pan Am record was in jeopardy. With the US showing solid strength in the 100m and 200m, the show-down with Cuba and Canada was anxiously anticipated. However, the race was never really close. The American foursome of Martha Watson, Brenda Morehead, Cheeseborough, and Jiles ran away with the gold medal in a new Pan Am record of 42.9. Cuba, Canada and Jamaica also surpassed the old Pan Am mark of 44.5 set by the USA in 1971 at Cali. The Results:

4x100 Relay FINAL: 1-USA (WATSON, MOREHEAD, CHEESEBOROUGH, JILES) 42.90, 2-Cuba (Elejarde, Chivas, Valdes, Romay) 43.65, 3-Canada 43.68, 4-Jamaica 43.95, 5-Argentina 44.90, 6-Brazil 45.21, 7-Trinidad 45.56, 8-Bermuda 46.00.

Medals	Gold	Silver	Bronze	Total
USA	7	6	2	15
Canada	3	5	5	13
Cuba	3	4	2	9
Jamaica	0	0	2	2
Peru	1	0	0	1
Brazil	0	0	1	1
Barbados	0	0	1	1

UNOFFICIAL TEAM SCORING: (10-8-6-4-2-1)

1-USA 153, 2-Canada 122, 3-Cuba 72, 4-Jamaica 27, 5-Brazil 16, 6-Peru 14, 7-Barbados 6, 8-Argentina 6, 9-Colombia 2, 10-Mexico 1, 11-Costa Rica 1, 12-Puerto Rico 1.

PARTICIPATING COUNTRIES

Argentina	Haiti
Bahamas	Honduras
Barbados	Jamaica
Belize	Mexico
Bermuda	Netherlands Antilles
Bolivia	Nicaragua
Brazil	Panama
Canada	Paraguay
Colombia	Peru
Costa Rica	Puerto Rico
Cuba	Surinam
Chile	Trinidad & Tobago
Ecuador	Uruguay
El Salvador	United States of America
Guatemala	Dominican Republic
Guyana	Virgin Islands

WEST GERMAN MARATHON CHAMPIONSHIPS

Donaueschingen, West Germany, October 11: Three world class marathoners, two of which are former world record holders, battled it out for the 1975 German National title with Christa Vahlensieck topping the field with a very fine 2:45:43. Although the time was nearly five minutes off her best mark, it was sufficient to defeat Manuela Preuss and Liane Winter by almost ten minutes. Winter, who is also a former world record holder in the 26 mile tour finished third in 2:58:15.5. Interestingly, the next day, Jacki Hansen was to erase Vahlensieck's mark of 2:40:15 in a marathon in Eugene, Oregon. The Results:

1-Christa Vahlensieck(Barmer TV) 2:45:43.2, 2-Manuela Preuss(Bayer Uerdingen) 2:56:30.5, 3-Liane Winter(Vfl Wolfsburg) 2:58:15.5, 4-Christa Kloth(SC Wentorf-Reinbak) 3:02:32.1, 5-Gerda Reinke(SCC Berlin) 3:07:26.8, 6-Ursula Blaschke(SCC Berlin) 3:15:28.0, 7-Regina Schieck(ESV Munster) 3:16:25, 8-Lilo Kalweit(Tusem Essen) 3:18:17, 9-Ursula Detree(OSC Waldneil) 3:19:35, 10-Carmen Hirsch(LAV Husum) 3:19:51. 32 finishers. Guest competitor: Siv Jansson (Sweden) 3:15:28.

1975 WORLD LIST 1000m (As of October 26)

2:39.2	Christina Neumann(DDR)
2:39.8	Brigitte Kraus(WG)
2:39.8	Grete Andersen(Norway)
2:39.9	Mary Purcell(Ireland)
2:40.2	Cornelia Burki(Switzerland)
2:40.8	Gabriella Dorio(Italy)
2:41.3	Ellen Wellmann(WG)
2:42.6	Colette Besson(France)
2:43.4	Jan Merrill(USA)
2:43.6	Barbara Wasniewska(Poland)

From Leicht Athletik magazine

CROSS COUNTRY ROUNDUP

QUATIER WINS OREGON RUN

Eugene, Oregon, October 18: Host University of Oregon, won the team title, but not before receiving a thorough scare from a surprisingly strong South Eugene HS squad. Falcon TC'er Debbie Quatier took the individual title followed by team mate Kathy Kuyk. Both were under the 18:00 minute mark in the sunny, 60° weather. The Results:

1-Debbie Quatier(FTC) 17:02.9, 2-Kathy Kuyk(FTC) 17:50, 3-Barb Hansen(Mt.HoodCC) 18:11, 4-Cindy Rogers(OCoFE) 18:14, 5-Dala Ramsey(UofO) 18:22, 6-Kim Conner(UO)18:29, 7-Nancy Alleman(UO) 19:11, 8-Katie Conant(S EugeneHS) 19:13, 9-Leslie Hillman(Linfield) 19:15, 10-Mymna Helickson(SEHS) 19:16, 11-Aileen Hatch(SEHS) 19:20, 12-Janet Heinonen(OTC) 19:23, 13-Kit Pratt(OTC) 19:23, 14-Cindy Chapman(Whitworth) 19:25, 15-Barb Liepe(SEHS) 19:29. 56 finishers. Course: 3 miles. TEAM SCORES: 1-Univ of Oregon 39, 2-South Eugene HS 45, 3-MHCC 93, 4-Oregon TC 105.

WHITWORTH INVITATIONAL

Washington, October 25: Liane Swegle, competing for Seattle University, topped team mate Terrie Winny to win this rough 3 mile course race. Temperature's around the freezing mark, along with mixed snow and rain made the course miserable and treacherous. The team scores were not reported. The Results:

Open Division: 1-Liane Swegle(Seattle U) 19:30, 2-Terrie Winny(SeattleU) 19:38, 3-Cindy Chapman(Whitworth) 19:39, 4-Kathy Estes(Flathead ValleyCC) 19:44, 5-Gigi Braunberger(FVCC) 20:50, 6-Carla Burks(SFCC) 20:54, 7-Janice Droge(Whitworth) 20:58, 8-Rachel Yeager(FTC) 21:02, 9-Sharon Devughn(SFCC) 21:04, 10-Meredith Jung(FVCC) 21:05. 31 finishers. Course: 3 miles.

CLINE WINS KENNEDY MEMORIAL

Pittsburgh, Pa., November 2: Shannon Cline of the Scioto TC and last years National AAU 12-13 X-C Champ, swept to victory in the women's division as the host West Penn TC won the title with 38 points. This 13th annual competition is run through Schenley Park, which is situated in downtown Pittsburgh and is one of the most beautiful parks in the country. The Results:

Women's Division: 1-Shannon Cline(SciotoTC) 20:28, 2-Patty Weldon(Slippery RockSC) 20:50, 3-Nina Crampe(WPTC) 21:31, 4-Carol Scheid(WPTC) 21:46, 5-Christine Allison(WPTC) 22:24, 6-Kim Oriole(SalemTC) 22:30, 7-Betsy Daley(Slippery RockSC) 23:14, 8-Suzanne Eickholt(SciotoTC) 23:15, 9-Gail Sabanosh(SRSC) 23:31, 10-Debbie Gavlick(Pitt) 23:32. TEAM SCORES: 1-West PennTC 38, 2-Slippery Rock SC 60, 3-Clarion State 197. 49 finishers.

Girls Division: 1-Leslie Deveraux(New Image) 21:37, 2-Robin Wormsley(New Image) 21:52, 3-Sheila Boyer(New Image) 22:05, 4-Sherri Lovelace(New Image) 22:15, 5-Delores Patrick(Latrobe) 22:24. TEAM SCORES: 1-New Image TC 16, 2-Latrobe TC 63, 3-West Penn TC 91.

KNUDSON COLORADO WINNER

Fort Collins, Colorado, October 11: In the 7,000 foot altitude of the Rocky Mountains, Wendy Knudson passed the mile in 5:25 and the 2 mile in 10:52 and after that was never headed as she set a new course record of 18:12. Kathy Woodbridge was a distant second in 19:36. Colorado State, led by Knudson took the measure of University Colorado 24-37. The Results:

Open Division: 1-Wendy Knudson(GSU) 18:12(Course record), 2-Kathy Woodbridge(CU) 19:36, 3-Pat Koehler(GSU) 20:54, 4-Kris Hall(CU) 20:55, 5-Diane Westover(CSU) 21:18. 15 finishers. 3 mile course. TEAM SCORES: 1-Colorado State 24, 2-Univ. of Colorado 37, 3-U NColorado (UNC).

Cover photos: Calvert, Jiles by Don Chadez; Huntley, Weston, Merrill, Cheeseborough by Jeff Johnson.

DCD INVITATIONAL

Albuquerque, New Mexico, October 6: The Duke City Dashers scored team victories in all divisions and Dasher Julie Andrews(not to be confused with Mary Poppins) led the way in the open division with a close, one second win over Diane Macuci of the Colorado Gold. The Results:

Open Division: 1-Julie Andrews(DCD) 20:57.2, 2-Diane Macauci(TOG) 20:58.2, 3-Lori Brown(AOC) 21:09, 4-Janet Wroblewski(AOC) 21:34, 5-Dacia Coffield(DCD) 23:03, 6-Lisa Andrews(DCD) 23:13, 7-Renni Coffield(DCD) 23:36, 8-Lynn Brasher(DCD) 23:39, 9-Vicki Vasser(TOG) 23:52, 10-Patty Arterbunn(TOG) 23:53. TEAM SCORES: 1-DCD 34, 2-TOG 40. 18 finishers.

12-13 Division: 1-Lesa Gilliland(AOC) 13:57.2, 2-Cathie Gill(DCD) 13:58.7, 3-Lorrie Coffield(DCD) 14:10.8, 4-Marlene Maloy(DCD) 14:35, 5-Alisa Zucht(DCD)'B' 14:39. TEAM SCORES: 1-DCD 29, 2-DCD'B' 65, 3-AOC 68. 36 finishers.

10-11 Division: 1-Christina Silva(DCD) 10:09.0, 2-Tammie Avis(TOG) 10:31.0, 3-Pat Collins(DCD) 10:47, 4-Julie Kautz(TOG) 10:53, 5-Joetta Cajaro(DCD) 10:57. TEAM SCORES: 1-DCD 37, 2-TOG 78, 3-ATC . 52 finishers.

9/Under Division: 1-Linda Buriarek(DCD) 6:33.3, 2-Michelle Mendoza(DCD) 6:36.8, 3-Yvette Yepa(ATC) 6:42.9, 4-Barb Gallagos(ATC) 6:45, 5-Laurie Hopkins(PAL) 6:48.0. TEAM SCORES: 1-ATC 53, 2-BGTC 62, 3-PAL 68.

PEORIA FUN FESTIVAL

Peoria, Illinois, September 13: Peoria's Bev Roland led the Pacettes to a clean sweep of the first seven places and a perfect score of 15 points over second place Prairie State. The Pacettes also won a special 2-mile relay clocking 10:37 for their foursome. The Results:

Women's Division(2½ miles): 1-Bev Roland(PP)14:35.3, 2-Robin Smith(PP) 14:46, 3-Betsy Oberle(PP) 14:50, 4-Chris Caldwell(PP) 15:02, 5-Patty Plymire(PP) 15:16. TEAM SCORES: 1-Peoria Pacettes 15, 2-Prairie State Striders 63. 16 finishers.

12-13 Division: 1-Val Eaton(PSS) 8:52, 2-Nancy Kramer(PSS) 8:55, 3-Brenda Waldinger(PP) 9:04, 4-Renee Allbaugh(FVS) 9:11, 5-Pat Collins(PSS) 9:23. TEAM SCORES: 1-Prairie State Striders 24. 15 finishers, 1½ mile course.

9 & Under Division: 1-Kathy Kulpa(PSS) 4:03, 2-Pam Collins(PSS) 4:04, 3-Kathy Hartla(STC) 4:23, 4-Lynda Schartle(PSS) 4:24, 5-Kim Rench(PSS) 4:29. TEAM SCORES: 1-Prairie State Striders 18, 2-Sterling TC 39. 17 finishers, ¾ mile course.

NATIONAL AAU MARATHON CHAMPIONSHIP

New York, New York, September 28: A fast improving Kim Merritt led a good field through New York's Central Park on her way to an outstanding 2:46:14.8 clocking for the 26 mile tour. A total of five women went under the 3 hour mark with 14 year old Diane Barrett just missing at 3:01:41, making this one of the best marathons held in the US for women's competition. Once again, for you centigrade fans the temperature ranged from 16-20°.

The Results:

1-Kim Merritt 20(Parkside AC, Wisconsin) 2:46:14.8, 2-Miki Gorman 40(San Fernando Valley TC, Calif.) 2:53:02.8, 3-Gayle Barron 30(Atlanta TC, Georgia) 2:57:22, 4-Dr. Joan Ulyot (West Valley TC, Calif.) 3:00:35, 5-Marilyn Bevans 25(Baltimore Suns) 2:59:19.8, 6-Diane Barret 14(Arizona TC) 3:10:41.4, 7-Katherine Switzer 28(Central Park TC, New York) 3:02:57, 8-Nancy Lindsey 26(New York) 3:06:53, 9-Sue Mallery 21 (Ohio TC) 3:07:27.4, 10-Marion May 21(Fairbanks, Alaska) 3:12:01.8, 11-Margaret Rosasco 27(Baltimore Road Runners) 3:16:10, 12-Sherrye Henry 17(Trinity HS, NY) 3:17:24.2, 13-Ellen Turkel 21(Plattsburgh SC, NY) 3:17:43.4, 14-Constance Junghans 28(Washington SC Wash. DC) 3:27:14.2, 15-Kee Good 18(Rochester, ILL.) 3:33:14.4. TEAM SCORES: 1-Central Park TC, NY, 2-Long Island Golden Spikes, NY, Starters:44, Finishers: 36.

MICHIGAN MEET OF CHAMPIONS

Rouge Park, Michigan, October 25: Lipke TC coach, Joe Smetanka, devised an interestingly different approach for a cross country contest, grouping competitors into states rather than local AAU teams. With the addition of Canada, Ohio and Michigan grouped for a three-way competition. In the women's division, despite the fact that the Ohio Veters took 1st and 3rd, they could not overcome the Michigan and Canadian depth in a close team battle. Michigan took team honors with 75, Canada 76, and Ohio 85.

The Results:

Women's Division: 1-Debbie Vetter(O) 17:17, 2-Debbie Mitchell(C) 17:26, 3-Diane Vetter(O) 17:38, 4-Lil Warnes (M) 17:43, 5-Karen McKeachie(M) 17:50, 6-Brenda Webb(O) 17:56, 7-Kay Richards(M) 17:56, 8-Gayle Olined(C) 18:04, 9-Ellen Rochefort(C) 18:14, 10-Ginny Schook(M) 18:15.
TEAM SCORES: 1-Michigan 75, 2-Canada 76, 3-Ohio 85.
24 finishers, Course: 3.0 miles.

14-15 Division: 1-Anne Marie Malone(C) 14:08, 2-Janet Wood (C) 14:11, 3-Cathy Clark(C) 14:16, 4-Kathy Leeder(C) 14:16, 5-Debbie Schulte(C) 14:24, 6-Angela Schmidt(C) 14:29, 7-Gale Grant(C) 14:32. TEAM SCORES: 1-Canada 28 (1,2,3,4,5,6,7), 2-Michigan 123, 3-Ohio(did not have 7 members). 22 finishers, Course: 2.5 miles.

12-13 Division: 1-JoAnn Graves(C) 11:39, 2-Shannon Cline 11:43(O), 3-Sandy Hoffman(O) 11:45, 4-Beth Huff(M) 11:53, 5-Lindy Yeager(O) 11:57. TEAM SCORES: 1-Ohio 51(2,3,5,6, 8,13,14), 2-Canada 72, 3-Michigan 129. 29 finishers. Course: 2.0 miles.

10-11 Division: 1-Rachel Danduran(O) 9:13, 2-Lisa Renner (O) 9:39, 3-Ann Danduran(O). TEAM SCORES: 1-Ohio 40, 2-Michigan 65. 15 finishers. Course: 1.5 miles.

9/Under Division: 1-Michelle Collins(M) 5:47, 2-Jill Waters (M) 5:48, 3-Lori Vultaggio(M) 5:50. TEAM SCORES: 1-Michigan 44, 2-Ohio 63. 20 finishers. Course: 1 mile.

CYCLONE INVITATIONAL

Ames, Iowa, October 10: A powerful Iowa State squad led by Peg Neppel and without the services of Carol Cook stormed to an easy victory sweeping the first three individual spots, adding a 7th and 9th scoring 22 points to 77 for University of Minnesota.
The Results:

1-Peg Neppel(ISU) 16:34.2, 2-Georgette Goonan(ISU) 17:32, 3-Barb Brown(ISU) 17:33, 4-Cathy Twomey(UMinn) 17:46, 5-Bev Roland(WestIll) 18:07, 6-Laura Clark(GVLC) 18:12, 7-Sue Deppe(ISU) 18:16, 8-Ann Kimm(NWMis) 18:17, 9-Annette Class(ISU) 18:18, 10-Tweedy Wolf(ISU) 18:19. 30 finishers.
TEAM SCORES: 1-Iowa State 22(1,2,3,7,9), 2-Univ. of Minn. 77(4,16,18,19,20), 3-NW Missouri State 81, 4-Golden Valley 85.

APPLE ORCHARD CLASSIC

Amherst, Massachusetts, October 25: A small band of dedicated souls from the Liberty AC were the only out-of-towners to show up in Amherst on a gloomy Saturday afternoon for the first annual "classic" sponsored jointly by the Sugarloaf Mt. AC and Univ. of Massachusetts. The visitors were treated to a tougher cross country course than most of them had ever experienced -- 3 miles of corn fields, athletic fields, hilly trails and plenty of mud. For Debbie Richie, who seems to be at her best over rough terrain, it was all in a day's work, as she charged to her second victory in two cross country appearances this fall. The Results:

Open: 1-Richie(Liberty AC) 19:02, 2-Jane Welzel(UMass), 3-Marion Larson(Sugarloaf) 19:42, 4-Cindy Sturm(Sugarloaf) 20:07, 5-Julie LaFreniere(UMass), 6-Johara Chapman(UMass) 20:13. TEAM SCORES: 1-UMass 29, 2-Liberty 45, 3-Sugarloaf 58. 28 finishers. Course: 3 miles.

Super Look at 'Superstars'

By Stan Saplin

Unmatched is the respect Frank Litsky has earned over the years for his expertise both in track and field AND in aquatic sports. Although he is not seen so frequently these days at trackside and poolside, now that he is laden with administrative chores as assistant sports editor of The New York Times, his thoroughness, authoritativeness and deep-rooted fan interest continue as high as ever.

If he is rare as an authority both in track and aquatics (and he is), then he is somewhat rare, too, in that he is both statistically imbued and reliable and at the same time a journalist who is quick to capture the human interest side of sport and its personalities.

Never has this been more evident than in an overwhelming (and oversized) book he has just published entitled "Superstars" (Deribooks Inc., \$16.95). From John L. Sullivan and James J. Corbett on through the years to Jimmy Connors and Chris Evert, Frank has singled out, says the publisher, "the 280 stars he feels contributed the most to sports in this century."

"How do you single out 280 and omit others? By choosing those, says Litsky in a foreword, "who by performance or personality or both had risen above the high level of their peers ... They are the superstars of the Superstars."

What he has accomplished is an appetizing mix of historical facts or statistics with insights into the individual. Ron Clarke, Litsky informs the reader, set 17 world records; he was "a nice guy who finished first except in the big races." Howard Cosell, a fellow I saw play basketball as the sixth or seventh man on a Brooklyn community team in an era when 37 or 39 points won a game and you hardly ever used substitutes, observes in an introduction to "Superstars" that Kareem Abdul-Jabbar gets the same treatment. "Before one gets too glowing a view of Jabbar," Cosell says, "there is an incisive quote by a sportswriter: 'He is one of the smallest men I have ever met.'"

As it is reasonable to expect, baseball (59 Superstars) and football (48) get the most attention in this handsome volume. But track and field and aquatic sports are well up there. In fact, if you give Jim Thorpe and Babe Didrikson Zaharias to track and field, then track and field ranks third behind the Big Two, with 25 superstars, ahead of basketball (24), boxing (23) and golf and tennis and all the rest. Aquatic sports rank sixth, along with ice hockey (16 Superstars each). Other sports of interest to AAU folk are weightlifting (1, Paul Anderson), gymnastics (1, Olga Korbut) and Olympic Games (1, Avery Brundage).

Seventeen of the 45 Sullivan Award winners are among Litsky's Superstars. Ten of the 21 women in Superstar status are from sports in which the AAU is involved. Along with Olga Korbut and Babe Didrikson, they are Chi Cheng, Wilma Rudolph, Wyomia Tyus, Gertrude Ederle, Dawn Fraser, Shane Gould, Eleanor Holm and Debbie Meyer.

You can have fun with the book: give me four superstars named Jones ... how about four named Robinson? You can also argue with it. Why is Randy Matson a Superstar but not Parry O'Brien? Why Bill Toomey and not Rafer Johnson? Why Wyomia Tyus and not Madeline Manning Jackson? Where's Glenn Cunningham? And Joie Ray? How about Al Oerter?

A closing note: the usually meticulous and infallible Litsky heralds his 280 Superstars, but I count 282. Maybe Didrikson and Thorpe, whose place in history belongs to so many areas of sport, are extra, or special, or perhaps a bonus to the reader of "Superstars" as something extra special, which of course they are.

Reprinted from AAU News

DUKE CITY TIMES THREE

Denver, Colorado, October: The Duke City Dashers swept to impressive victories in the age group divisions at the annual Colorado Gold Invitational. In the 14 & Over section, the Colorado Gold cinched the division title with 26 points, as the Dashers missed a chance for the sweep entering only two girls in that race. The Results:

14&Over: 1-Julie Andrews(DCD) 20:58, 2-Diane Macuci(TCG) 3-Daria Coffield(DCD), 4-Patty Arterburn(TCG), 5-Lynn Brosher(TCG). TEAM SCORES: 1-TCG 26, 2-Boulder Cinderbelle 69. 19 finishers.

12-13 Division: 1-Cathie Gill(DCD) 13:00, 2-Carol Debesh (Un) 13:01, 3-Marlene Malloy(DCD), 4-Lorrie Coffield(DCD), 5-Alisa Zucht(DCD). TEAM SCORES: 1-DCD 19, 2-TCG 64, 3-MH 129. 39 finishers.

10-11 Division: 1-Christine Silva(DCD) 9:28, 2-Tammie Avis (TCG), 3-Pat Collins(DCD), 4-Kristin Boyd(BC), 5-Jetta Cajero(DCD). TEAM SCORES: 1-DCD 28, 2-BC 85, 3-Pioson Spider TC 90. 35 finishers.

9/Under Division: 1-Linda Burianek(DCD) 6:17, 2-Michelle Mendoza(DCD), 3-Colleen Adams(JJ), 4-Rhonda Sprouline(MH), 5-Carolyn Crouch(PS). TEAM SCORES: 1-DCD 43, 2-Poisson Spider TC 66, 3-Boulder Cinderbelle 73. 41 finishers.

CASEY'S PAN AM GAMES DIARY by Casey Ide

FRIDAY, OCTOBER 10th

Rosie O'Neil of the Patriots picked me up at 6:15 this morning and drove me to the airport where I took Mexicana non-stop to Mexico City. Their service is super - what a breakfast! My instructions were to "proceed to the Press Center" in the Hotel Continental, where I would find out where my room my room had been reserved for me. I finally located a helpful young man at the airport who was in charge of transportation for the Games, and he eventually got a car for three of us who were waiting. One of the others was Jim Christie of the Toronto Globe and he had the same instructions I did, so we "proceeded" to the Continental.

Actually, the press center is around the corner and a block up the side street, but Jim carried my suitcase and we located the very busy desk where the girl in charge told us we would find out about our accommodations at the desk in the hotel lobby. Back around the corner, where they were able to tell Jim he had a room there, but they had never heard of me. Jim offered to take care of my suitcase until I got located. My letter from Olympic House said to contact Mr. Abramson or Mr. Condon (at the Continental) if I needed help. Naturally they aren't in their rooms. So I thought maybe I could get my press credentials.

Back around the corner. The girl took my identity card with my picture on it and told me to come back around five o'clock. I still had no place to go. A hostess who spoke English suggested that the man I was looking for might be at a press luncheon on the 12th floor of the hotel. Back to the Continental and up to the 12th floor. Without press credentials (badge, etc.) I was hesitant about crashing the luncheon, but someone saw me in the doorway and called me in and I was invited to sit down and eat. Since Mexicana's breakfast was now some six hours in the past, I ate. Mr. Abramson went down to the desk and told them that one of the US Olympic Committee rooms was reserved for me. I retrieved my bag and moved in. Back at the press center at five o'clock and still no press credentials. Three of us were waiting. Mr. Abramson came in and got fast results. Ed Fox of Track & Field News was there and told me their tour dinner is to be on my birthday. I'm invited. I've been up a lot of hours and I'm tired. But must call my mother and give her my address.

SATURDAY, OCTOBER 11

Due to my early rising yesterday, I slept late today. Went to Mr. A's room to pick up the US team info packet and he said there would be a bus to the Athletes' Village at noon. The Games opening isn't until tomorrow so it was a chance to get acquainted with the village. I ran into a lot of old friends from Canada and some of our team members including the decathlon men, Fred Dixon and Bruce Jenner. Bruce gave me a US pin for a boy in the administration building who wanted one. Lorna Forde gave me a lovely one from Barbados and Abby Hoffman one from Canada that was different from any I've seen before.

I started back to town with a couple of other Americans. One, Mary Elthes, is the wife of one of our fencing coaches, originally from Hungary but now living in New York. Before we had gone far we had a very minor collision with a car which gently bumped the side of the bus, way at the back. Apparently, any accident is blamed on the bus driver, so the police came and told us we would have to take another bus into town. At this point we three Americans were feeling quite frustrated as we literally didn't know our way home! Two young men from Monterey, both of whom have spent some time in Texas, volunteered to take us to the Continental. We rode a bus, then the Metro - partly underground and partly above - and then had a long walk. The Canadian fencing team gave a reception for the press tonight and the American fencing team was invited also, so I got acquainted with some women fencers from both countries. You think our T&F women have it rough/ Try being a female fencer trying to get recognition or competition!

SUNDAY, OCTOBER 12

After an early breakfast I took the bus from the press center (hereafter known as the p.c.) to the opening ceremonies where I sat next to a young Mexican engineer who wanted to practice speaking English. Of course the folk dancing and entertainment put on by several thousand school children was

spectacular, as always, but the athletes sure get tired standing outside the gate waiting to march in! The USA has the largest delegation--550-- and Cuba has 525. Canada next. Most of our athletes marched, which is unusual. Must be a lot of new kids who never had to do it before. Old-timers have told me they'll hide under the bed rather than get stuck in one of those march-ins and have to stand in the hot sun through interminable speeches.

When I got back to my room I decided to go to Sanborn's for dinner so I asked one of the hostesses at the p.c. where the nearest one was located. She said about two blocks along Reforma. To give her credit, she did say "long blocks". I've discovered that everything in Mexico is 2 blocks from wherever you are, but this can mean anything from 2 to 22! After I stumbled over broken pavement and construction areas

for a while, I heard name called and stopped to chat with Jon Leewho writes for a Volleyball magazine in Santa Barbara. He assured me that I was headed for Sanborn's and that it was about four more blocks. About 8 blocks further on, I stopped young man who assured me, in halting English, that Sanborn's was just ahead. I made it, but my enjoyment of dinner was somewhat marred by the prospect of walking all that distance back. But just try flagging down a taxi on Reforma on Sunday evening. I got home in time to watch most of the World Series game on TV.

MONDAY, OCTOBER 13

Competition has begun. I was filled with nostalgia this morning as I walked into the good old Estadio Olimpico where I spent many hours in 1968--but not in the press section. The only final for women today was the discus. Predictably, Cuba took both the gold and silver; both Carmen Romero and Maria Betancourt surpassed the previous Pan Am Record. One of the girls who were guests at the T&F dinner at Christchurch, Canada's Jane Haist, was 3rd. Heats and semis of the 100M were run today and all the US and Canadian girls made it to the finals tomorrow. I bought lunch at the stadium and spent the noon break typing in the press sub-center under the stadium and getting acquainted with the young people--mostly University students, I think--who worked there.

Just as we got on the press bus tonight the rain came! In torrents! Traffic was fierce and it took a long time to get to the center. Here, a smiling lady who speaks no English dispenses free instant coffee. My Spanish lesson for today: "Poco, poco decaf. Mucho agua caliente. No leche - no azucar!"

TUESDAY, OCTOBER 14

For a few hours today Kathy McMillan held the Pan-Am record in the long jump. During the qualifying round this morning she jumped 21-2½, breaking the old record which I'm told was set by Marcia Garbey of Cuba in Winnipeg in 1967. There are no programs here at the games and none of the material supplied to the press gives any records at all. One of the UPI men dug up the above, for what its worth.

Then this afternoon in the very first jump of the finals, Martha Watson went 21-6½ and a new record had been set. This held up for nearly 2 hours! After Martha and Kathy were through jumping, standing first and second in the competition, Ana Alexander of Cuba went 21-9 in the very last jump of the day, and that was the ball game. And another new Pan-Am record.

Both Kathy Weston and Kathy Hall qualified for the finals of the 800m tomorrow, along with Abby Hoffman and Joan Wenzel of Canada. The only other final today was the 100m in which Pam Jiles nipped Marjorie Bailey and Patti Loverock of Canada who were quite definitely favored by the press. I got 2 new subscriptions to the magazines even though Steve forgot to send me any subscription blanks to bring with me. My day started beautifully! I got into a conversation with a man at the coffee counter from Libya, and he went up to his room and got me an envelope-full of Libyan stamps for my collection. I've been sitting in the press box and a young man from Long Beach who represents a Japanese sports magazine, tells me that the high jumper Mikiko Sone will train in California this winter. At my other side is Track and Field News' Asst. Publisher, Ed Fox, you know - the magazine we used to call the "men's mag". I think I wrote the first feature they ever printed on a woman track athlete. It was on Chi Cheng when she beat out Pele as the World Athlete of 1970. I sent them a story about her, with a photo, and asked them if they would care to join the world. They even gave me a by-line!

(Continued on page 12)

by STEVE WENNERSTROM

It is difficult to know where to begin when discussing a woman of such stature and who has contributed so much to our sport. Helen Stephens is such a case. In a way, hers is a cinderella story, with a career full of experience and memories few if any will match. In addition to the mass accomplishments (most of which will be covered here) it would be interesting to speculate just how much more successful Helen would have been, or for that matter could have been. Speculation can go on forever, but I raise this point initially now for the reason that Helen Stephens' 1936 Olympic gold medal winning performance in the 100 meters stood, untouched, until 1960 when the legendary Wilma Rudolph erased her mark.

The zenith of Helen's career came at an awkward time in the world's history, a time of strife and the constant threat of war in Europe. Her first Olympics unfortunately, would be her last, due to the onset of World War II.

But let's back up a bit to Helen's beginnings. The year is 1933, and the girls' physical education classes at Fulton, Missouri, High School are holding fitness tests. Burt Moore, the gym teacher, was watching the tall sophomore line up with the rest of the girls for a 50 yard dash. Moore knew there was a bright future for Helen Stephens when she unofficially equalled the women's world record in that gym class, clocking 5.8. Moore began to train Helen in earnest for the Berlin Olympic Games.

During her competitive span, she was never defeated by a woman in a footrace of any distance, and at one time held as many as 10 American, Olympic and World records. She also won 14 National AAU championship titles in various events (50m, 100m, 200m, discus, shot put, and standing long jump).

But after Moore had begun to train Helen, it became difficult to find women's competition that would test her true ability. It wasn't until 1935 in St. Louis that Moore found an AAU indoor meet where women were to be featured in a few events. The meet organizers had arranged to have Stella Walsh run at the meet to help draw spectators. So, as fate would have it, Helen would be competing against the 1932 Olympic champion in her very first competition! Walsh, who had won the 100m in Los Angeles, was obviously favored to win the 50 meters here in St. Louis. But Helen beat her out of the blocks and beat her to the finish line setting an American record of 6.6 in the process. After the race everyone ignored Stella Walsh. Coach Moore remembers, "Walsh walked back to get her sweats by herself. Everyone crowded around Helen wanting her autograph. She literally became famous overnight." Suddenly it was no longer a problem finding meets for Helen to run in. "From then on", as Helen puts it, "I became a one woman track team representing the Fulton Athletic Club and later William Woods College. The newspapers tagged me the 'Fulton Flash' and the 'Missouri Express'."

Next came 1936 and it was off to the Olympics in Berlin and a greatly anticipated rematch with Stella Walsh of Poland.

However, it was never a contest as Helen eased through the qualifying heats and soundly defeated Walsh setting a new Olympic record of 11.5. The mark would stand for 24 years. The second of Helen's gold medals would come in the 4x100 relay which she anchored to victory over a favored German team.

But perhaps the most memorable moments of her Olympic experiences were related in this article by the Kansas City Star Sunday Magazine.

"Then she was standing on the victor's stand in the Olympic Stadium. She was wearing a sweat shirt and the pants runners pull on after running a race. On her head was the victor's wreath. Standing one step lower, on her right, was Stella Walsh of Poland, who placed second. On her left was the third place winner, Kathe Krauss, a German girl.

"It is natural that she would remember being presented the gold medal. But she also recalls that just after she got the medal a German girl stepped forward and gave her a geranium-size plant in a small pot. It was her oak tree, the tree that towers above her now on the William Woods campus.

"A tip of the tiny tree, just before presentation, barely shows in a photograph she now treasures.

Adolph Hitler was in the stands that day and sent word down to the field to have Miss Stephens come up for his personal congratulations. As it turned out, she was the only American athlete so recognized.



GOLD MEDAL FOURSOME - The above shows the 4x100 relay team which upset the favored Germans in Berlin. Along with their coach Dee Boeckmann (in hat) the team consisted of L-R: Betty Robinson, Helen Stephens (front), Harriet Brause (back), and Annette Rogers. (Photo courtesy of Dee Boeckmann).

"German officials were shocked when she kept Hitler waiting while she completed a CBS radio interview. Then she was ushered to a room behind Hitler's private box.

"Hitler came in with an escort of black-shirted guards and gave me a heil Hitler salute." Miss Stephens said.

"The sweat-shirted college girl did not respond. Then Hitler congratulated her and they shook hands. The entire interview was conducted through an interpreter. Hitler asked Miss Stephens if she would visit his retreat and she answered by asking for his autograph.

"Just as Hitler was complying, a German photographer took a picture of the event.

"I had heard about his gnawing the carpet," Miss Stephens said.

"The instant the picture was taken Hitler threw an incredible tantrum. He kicked the photographer and slapped him repeatedly about the head and face with his gloves. The camera was thrown to the floor and smashed. No explanation was offered Miss Stephens who was not able to understand what was said.

"The picture apparently met with more favor than the photographer. The next day Miss Stephens was surprised to see it being sold as a postcard at the stadium.

"Miss Stephens saw the Nazi party big three--Goering, Goebels and Hess.

"All the big-wigs but Hitler were at a party for all the gold medal winners." Miss Stephens said.

"In those days they were sure living high on the hog." Goering asked her to have a beer with him. "I wasn't much for beer but I gave it a fling," she said."

Upon returning from the Olympics, Helen continued to compete for a couple of years and remained unbeaten. She later turned professional and ran a series of match races against Jesse Owens, which were sponsored by the late Abe Saperstein, owner of the Harlem Globetrotters. Helen

(Continued on next page)

relates, "These were handicap races based on our respective official times for the 100 yard dash. Several of the races were photo finishes and he beat me by inches in others."

After the end of her track career, she participated in exhibition baseball and basketball games. Traveling with a basketball team from 1945 to 1952, Helen would, on entering a small town for a game, offer to race the town's fastest man. "Some of them said they had to leave town after losing," she said. "but they were all good sports." Her last competitive running was in 1952. Since then she has become an avid bowler. But Coach Moore explains, "After she gave up active competition, she took up bowling. Being a great athlete, she is a fine bowler. She is still very active in the St. Louis bowling leagues."

Most recently, June 14th to be exact, Helen Stephens was enshrined in the Track & Field Hall of Fame in Charleston, West Virginia. "The thrill of being inducted into this most prestigious of all the Halls of Fame honoring Track & Field stars is beyond description," said Helen of the event. "The hospitality of the people of Charleston and the Hall of Fame were second to none. I think we've started a love affair that will last for many years."

In addition to her accomplishments and boundless energy, Helen Stephens is also a very active career woman. For the last 30 years Miss Stephens has been a federal civil service employee, and for the last 25 years at the St. Louis Air Force Station as a librarian. Her present duties involve acquisition of technical matter for the library of the Defense Mapping Agency, Aerospace Center, in St. Louis.

A truly remarkable and versatile woman, Helen Stephens has easily earned her place among this country's greatest women athletes. And must be looked upon as an American ideal for our young women athletes.



HER OLYMPIC RECORD STOOD 24 YEARS - Helen Stephens is shown above winning one of her 100m heats at the 1936 Olympic Games in Berlin, Germany. Her winning mark for the gold medal was 11.5. (Photo courtesy of Helen Stephens).

NOW IS THE TIME TO SUBMIT YOUR

CLUB RECORDS

For our annual world-wide Club Record Contest which appears in the second issue of WTFW each calendar year. Please submit the following (or their linear equivalent) legal performances - and include name of record-holder:

100	400H
200	HJ
400	LJ
800	SP
1500	DT
3000	JT
100H	Pentathlon

81 Clubs (50 USA) were listed in last year's Annual Club Contest. In addition to Clubs, we now include the records of many high schools, colleges and universities. See how your organization compares with the rest of the world. Send your records to WTFW today.

THREE NEW SETS OF WTFW BACK ISSUES

SET A: The Eight Annual issues of WTFW from 1968 through 1975. 316 pages of historical data. The ideal way to keep a review of each year's summaries.

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CASEY'S DIARY (Continued)

Wednesday, October 15

I took an early bus to the stadium today because the pentathlon began. Dana Collins was disappointed in the high jump, I'm sure. Diane Jones is really fantastic of course and Andrea Bruce is competing and doing okay! Gale looks strong. Both Pam Jiles and Chandra Cheeseborough qualified for the finals in the 200m, but so did Sylvia Chivas of Cuba and Marjorie Bailey of Canada among others. I seem to recall writing about the finals of the 800m in Montreal as being one of the highlights of the meet. This one was almost as dramatic as Abby Hoffman and Kathy Weston came down the stretch stride for stride - and then Weston turned on the steam! Joan Wenzel of Canada, who won her heat yesterday with the greatest of ease, was 3rd and Kathy Hall 4th.

This afternoon I got acquainted with a press representative from Cuba who told me that long jumper Ana Alexander is 20, born in Oriente province in the eastern part of Cuba, and now lives in Havana. He expressed interest in this magazine and I took his address. He already subscribes to Track & Field News.

I took the athlete's bus to the village for lunch and rode with Sherry Calvert who gave me a pin for a girl who had asked me to try to get her one. And I had an amazing experience. For years I've been saying to people, "Don't you read WTFW?" when they don't seem to be up on women's T&F around the world. Today Sherry mentioned something that I hadn't heard, and said to me, "But it was in the latest issue of WTFW!" I had to confess that it came just as I left and I had read it too hastily to absorb it! I will read it more thoroughly when I get home! (Probably several times).

Tonight I've been watching girls' volleyball on TV, and just went down for my bedtime coffee. I always take my notebook and the day's results down with me and work on them at the counter. I explained to the fellow who worked there at night that I'm accustomed to doing this work with a cup of coffee beside me. He smiled and replied, "Mi counter su casa!"

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Editor's Note: This completes the first five days of Casey Ide's stay in Mexico City. The second part of this two part installment will appear in next month's issue.

MICHIGAN CHAMPIONSHIPS

Midland, Michigan, October 18: Mary Ann Opalewski of the Michigan Fleet Feet and third place finisher in last year's National Girls X-C Championships, scampered in ahead of three Michigan State runners to win over an impressive field of competitors. Michigan State, however, scored 27 points to take the team title over the Wolverines TC who finished a distant second with 73 points. The Results:

Women's Division: 1-Mary Ann Opalewski(FF) 16:39, 2-Karen McKeahie(MSTC) 16:49, 3-Lil Warnes(MSTC) 17:01, 4-Kay Richards(MSTC) 17:16, 5-Ella Wills(Lipke) 17:33, 6-Diane Culp(MSTC) 17:34, 7-Barbara Bronson(MSTC'B') 17:54, 8-Diane Simon(WolTC) 17:56, 9-Rochelle Collins(MC) 17:58, 10-Ginny Shook(GR) 17:58. 33 finishers. Course: 3 miles minus 273 yards. TEAM SCORES: 1-MSTC 27, 2-Wolverines TC 73, 3-MSTC'B' 80, 4-CentMich U 116.

12-13 Division: 1-Lori Schafer(FF) 11:21, 2-Beth Huff(Mich) 11:47, 3-Cheryl Matters(GR) 12:09, 4-Shannon Mara(FF)12:38, 5-Leslie Rose(FF) 12:44. 14 finishers. Course: 2 miles minus 227 yards. TEAM SCORES: 1-Fleet Feet 29.

10-11 Division: 1-Laurie Call(FF) 8:38, 2-Kayla Skelly(FF) 9:05, 3-Julie Porter(Wol) 9:06, 4-Stephanie Coe(SUS) 9:07, 5-Leeann Yanik(SUS) 9:09. 25 finishers. Course: 1½ miles minus 161 yards. TEAM SCORES: 1-Fleet Feet 35, 2-SUS 54, 3-WolverinesTC 90.

9/Under Division: 1-Michelle Collins(FF) 6:00, 2-Joddy Watters(GR) 6:03, 3-Lori Vultaggio(Un) 6:05, 4-Ann Smith(FF) 6:07, 5-Jill Chittick(FF) 6:18. 21 finishers. Course: 1 mile short 68 yards. TEAM SCORES: 1-Fleet Feet 23.

FOREIGN NEWS

LUGANO WORLD CUP

Grand Quevilly, France, October 11/12:



The bitterly cold and windy conditions most certainly took their toll on the majority of competitors but hardly seemed to affect the highly experienced Swedish girls who dominated the final placings. However, it was only in the closing stages that the Swedes took command. The American girls were prominent early on with Sue Brodock, Cindy Johnson and Lisa Metheny but the latter two were rather unlucky to be disqualified while Brodock tired after a fine display. Locked together in the second and third positions for most of the way were veteran campaigners Judy Farr and Jacqueline Delassaux, both having the races of their long careers. There was not, unfortunately, a happy ending as tragedy struck when both were disqualified in the closing stages. Thus the strong finishing Gustavsson and Holmquist moved into the next spots behind the superb Simu who took the field

in splendid fashion. Norway's Thorill Gylder actually finished fourth (25:06) but was disqualified; thus Marion Fawkes moved up to fifth after a gallant effort, leading the UK to a second place team title ably backed up by Virginia Lovell and young Sylvia Saunders. Certainly with girls like Farr, Fawkes, Lovell, and Coleman the UK could put the pressure on everyone bar the Swedes and even they are by no means out of reach. The Results:

1-Simu(Sweden) 23:40.6, 2-Gustavsson(Sweden) 24:32, 3-Holmquist(Sweden) 24:45, 4-Brodock(USA) 25:12, 5-Marion Fawkes (UK) 25:14, 6-Olsson(Sweden) 25:14, 7-Karlsson(Sweden)26:00, 8-Moller(Denmark) 26:05, 9-Lovell(UK) 26:16, 10-Glocker(WG) 26:17, 11-Mogis(France) 26:21, 12-Pirioux(France) 26:21, 13-Terraz(France) 26:34, 14-Kjolberg(Norway) 26:45, 15-Vetterli (Switzerland) 26:53..... Others: 21-Villaivazo(USA) 27:38, 24-Smith(USA) 27:59, 26-Briscoe(USA) 28:17. Team Scores: 1-Sweden 70, 2-United Kingdom 49, 3-France 42. (Photo of Margaret Simu by Mike Street)

LOTS OF LETTIS

Dorchester, Mass, September 13, 1975: According to Liberty AC coach John Babington, this was the 'fastest pace' women's cross country race ever run in New England. The first five runners equalled or bettered last year's winning time of 11:26. Johanna Forman of Falmouth and Liberty's Lynn Jennings gave Charlotte Lettis the first serious competition she's had in this area in years. The leaders were given times at the one mile mark and 5:12 was clocked for the first group. The Results:

Open Division: 1-Charlotte Lettis(Sugarloaf Mt. AC) 10:33, 2-Johanna Forman(Falmouth) 10:41, 3-Lynn Jennings(Liberty AC) 10:42, 4-Joan Benoit(Un) 11:02, 5-Jenny Tuthill(Un) 11:26, 6-Ellie Menonca(Cambridge Sports Union) 11:39, 7-Gloria Hemery(Liberty AC) 11:45, 8-Susan Krolewski(LibAC) 11:46, 9-Cheryl Amsler(LibAC) 11:51, 10-Donna Randall (Brandeis U) 11:56. 43 finishers. Course: 2 miles.

GRAHAM WINS SAN JOSE INVITATIONAL

San Jose, California, October 4: Judy Graham led a strong San Jose squad to an easy team victory over second place West Valley TC. Only WVTC's Phyllis Olrich and Debbie Finn broke into the top ten which was dominated by the Cindergals. With Graham taking the lead early, she ventured once from the course and lost considerable time but still managed to get retracked in time for the win.

The Results:

Women's Division: 1-Judy Graham(SJC) 17:24, 2-Phyllis Olrich(WVTC) 17:41, 3-Jackie Hendrikson(SJC) 18:01, 4-Sally McPherson(SJC) 18:15, 5-Estella Guina(SJC) 18:24, 6-Ann Wotherspoon(SJC) 18:32, 7-Debbie Finn(WVTC)18:37, 8-June Bnoacich(SJC) 18:43, 9-Arleen Mears(SJC) 18:45, 10-Carolyn Tirnan(WVTC) 18:54, 11-Kathy Himmelberger(WVTC) 19:01, 12-Penny DeMoss(WVTC) 19:10, 13-Diana Dimmick(SJC) 19:31, 14-Maria Regalado(SVTC) 19:44, 15-Loretta Simmons(RCF) 19:52. Team Scores: 1-SJC 19, 2-West Valley TC 42, 3-SJC'B' 63. 17 Finishers. 3 miles.

Intermediate Division: 1-Pam Bowers(SJC)14:46, 2-Marquita Belk(SJC) 14:52, 3-Janet Burns(SJC) 15:21, 4-Renay Wolfe(RCF) 15:51, 5-Chris Sakelarios(RCF)15:58, 6-Ann Nunziata(SJC) 15:59, 7-Ann Slivkoff(SJC) 16:01, 8-Beth Harrington(ATC) 16:14, 9-Carolyn Bing(SJC)16:26, 10-Rachel Ervin(SJC) 16:56. Team Scores: 1-SJC 19. Course: 2.5 miles. 18 Finishers.

12-13 Division: 1-Roxanne Bier(SJC) 11:34, 2-Jody Cobb(SVTC) 12:11, 3-Caron Choy(SVTC) 12:19, 4-Ann Regan(Un) 12:25, 5-Wicki Bray(ATC) 12:26, 6-Tracey Miller(SJC) 12:34, 7-Laura Spencer(CY) 12:35, 8-Dede Mavis(SJC) 12:36, 9-Beth Carothers(SVTC) 12:38, 10-Val Davis(RCF) 12:40. Team Scores: 1-SJC 46, 2-RCF 71, 3-CY 78. Course: 2.0 miles. 46 Finishers.

10-11 Division: 1-Tracy Weber(SJC) 8:39, 2-Tiffany Choy(SVTC) 9:02, 3-Carol Gleason(CY'A') 9:02, 4-Yvonne Campbell(OTC) 9:11, 5-Heather Johnson(CY'A') 9:11, 6-Chris Manning(OTC) 9:12, 7-Lisa Van Buskirk(OTC) 9:13, 8-Marylou Rose(STS) 9:18, 9-Mary Hitchcock(STS) 9:19, 10-Sherri Grijalma(SVTC) 9:20. Team Scores: 1-Orinda TC 60, 2-So. Tahoe Steppers 73, 3-Cupertino Yearlings 82. Course: 1.5 miles. 57 Finishers.

9/Under Division: 1-Michelle Miller(APP'A') 6:14, 2-Kim Salinas(APP'A') 6:32, 3-Pauline Vasquez(APP'A') 6:35, 4-Karen Kemonos(Wood) 6:37, 5-Suzanne Sylvester(RG'A') 6:38. Team Scores: 1-Appaloosa TC 60, 2-Roseville Gazelles 82, 3-Woodside Striders 93. Course: 1.0 mile. 50 Finishers.

OREGON TC INTERNATIONAL

Oregon, October 4: Linfield College's Leslie Hillman captured a two second victory over Kim Conner of University of Oregon in a competitive race which saw the first five finishes under 14:45. Team results were not reported.

Open Division: 1-Leslie Hillman(Linfield) 14:28, 2-Kim Conner(UO) 14:30, 3-Janet Heinonen(OTC) 14:35, 4-Marchi Wierson(PortlandTC) 14:44, 5-Dala Ramsey(UO) 14:45. 26 finishers. Course, 2 1/4 miles approx.

CENTRAL MICHIGAN STRIKES BOWLING GREEN

Bowling Green, Ohio, October 25: This was Bowling Green State's first and last(!) competition of the 1975 season and they made the best of it, scaring an experienced Cent. Michigan squad 24-31. Due to lack of the BGSU team receiving travel funds, it was an abbreviated but encouraging season according to Coach Dave Williams. Although the CMU team placed 1-2, the Bowling Green squad sported the stronger unity among its middle runners and placed 3-5-6-7 and 10th. CMU's Chris McDonagh was the easy winner covering the 2.2 mile course in 14:54. The Results:

1-McDonagh(CMU) 14:54, 2-LoAnn Garlock(CMU), 3-Debbi Romsek(BGSU), 4-Lynn Batly(CMU), 5-Gail Billet(BGSU), 6-Jan Samuelson(BGSU), 7-Janet Traub(BGSU), 8-Chris Collard(CMU), 9-Jean Wedeman(CMU), 10-Laura Knudson(BGSU).

DE NOON (Continued)

international team to be put together causing the athletes to pay their own way? a. US Women's Cross Country-1975, b. US Women's Race Walking-1975. 5- What is the dispersment of the television income generated by T&F? 7- What are the goals and objectives of the National AAU in regard to Women's T&F? 8- Why is so much spent on the Junior Olympics when 90% of the competitors at the NationalMeet are the result of lower level competition at AAU sponsored meets and not the result of an effective grass roots J.O. program?

"Since my program, the Blue Angels, is effectively providing some of the nations best athletes I have become more and more familiar with the challenges that lie ahead. No longer is it necessary to simply fund competition at the local level, but it is necessary to fund our girls at national and then international meets.

"My club, over the past three years, has raised \$20,000 per year in order to provide a quality program that will eventually produce many national champions who can best represent our country in world class meets. This \$20,000 cannot be stretched to the limits of financing our girls to foreign meets.

"One of our girls, Cindy Johnson, recently qualified for the US Race Walking Team. I was chosen to coach the team in its travels to Europe. The funding available was \$00.00. It became necessary for me to amass over \$100 in telephone calls, making travel arrangements and raising money, and to collectively help raise \$4,000 for the team to travel. As a volunteer coach who already puts in over 50 hours per week completing coaching functions, I say that that this was your responsibility, not mine. The challenge was met with the exception of providing funds enough for myself, or a proper chaperone. The team of five girls traveled under the guidance of the men's walking coach (Bob Bowman) with the female chaperone being the female companion of a member of the mens' team. They were later accompanied by Bruce MacDonald(Race Walking Chairman) and one of his athletes who did not qualify for the team membership through the selection process but did qualify by the fact that she had the money to make the trip.

"I am now disillusioned by your lack of competence in handling your responsibilities at whatever level you may represent. I ask that you take whatever action that may be necessary to replace and/or rectify the existing structure so that athletes, chaperones, administration and coaches will be better aware of their position and responsibilities.

"In the future, if I am selected to coach a US team I would like very much to accompany the athletes or have the athletes accompany me."

Editors Note: In the most recent issue of AAU News, the president of the AAU, Mr. Joseph Scalzo, began his monthly 'President's Message' with the following sentence: "The purpose of the AAU is to afford every American and particularly our youth an opportunity to compete and excel and to win the prize." He further states, Similarly, our athletes are free whether they represent grade school, high school, college, club, or the United States, to compete toward their high calling, ultimate victory and the prize of the victor."

Somehow, this all sounds so Utopian. I think it would be interesting for Mr. Scalzo to respond to the above quotes with regard to the problems which Don DeNoon has just mentioned in his letter.

LETTER FROM BOB HERSCH, New York

"I was astonished to read, in your October "Kaleidoscope" column that "Bob Hersch, who reported the Nationals for Track and Field News, must have been at a different meet than Steve Wennerstrom who reported the same meet for WIFW. All was serene and organized says Hersch. All was confusion and disaster says Steve."

"My amazement was due to two facts. First, I never said that all was serene and organized. In fact, because of space limitations, I never said anything about the organization(or lack of it) at all. Secondly, Steve apparently had the same problem because he didn't report that all was confusion and disaster -- at least he didn't report that in print. Like me, he said nothing about the meet organization.

"I guess that's what happens when you look at things through a kaleidoscope -- they get distorted."

HIGH SCHOOL TRACK By RICH EDE

WTFW TO STANDARDIZE H.S. RECORDS

Because of the incredible mish-mash of high school "national records", this column will attempt to standardize national high school records for commonly recognized events. We hope, thereby, to eliminate the parochial nature of Federation Records (Californians and Iowans need not apply) and the relative obscurity of NAGWS Records (the only new record accepted for 1975 was a 20'4" long jump by Maxine Graham of Flemingsburg, Kentucky, May 23, 1975).

Records for United States High Schools will be recognized in the following events: 100, 220, 440, 880 yards, 1 and 2 miles, 100, 200, 400, 800, 1500, and 3000 meters, 100 meter hurdles (30"), long jump, high jump, shot put (8 pound and 4 kilogram), javelin throw, discus throw, triple jump, 440 yard relay, 4x220 yard relay, 880 yard medley relay, mile relay, 2 mile relay, pentathlon (33" hurdles, 4K shot).

Reporting of a performance for record consideration must include the following information:

1. Full name of the athlete(s) claiming record.
2. Athlete's address.
3. Athlete's birthdate.
4. High school represented (address and coach's name).
5. Mark achieved (times recorded on all three watches in the case of a running event).
6. Event in which mark is claimed.
7. Name of meet, location of meet (school/city/state) date of the meet, description of facilities.
8. Name of head timer or field judge.
9. Name and address of meet director.
10. Wind reading (if applicable).
11. Complete meet results.
12. Signatures of the following individuals:
 - a. Athlete.
 - b. Meet director.
 - c. Head timer or field judge.
 - d. Certifier of field event implements.
 - e. Wind gauge operator.
 - f. Surveyer of course or field area.

Criteria for acceptance of a record include the following:

1. Record must be set by a student representing her high school.
2. The student must not have reached her 19th birthday at the time of the record performance.
3. A record must be set in a regularly scheduled, advertised meet, other than a dual or triangular.
4. The competitive conditions must meet the criteria of the rules under which the meet is sanctioned (Federation, NAGWS, AAU, IAAF, State Athletic Federation).

Some important points to remember regarding reporting of a result as a record:

1. Wind readings are required on all running events 220 yards or shorter and on long and triple jumps. 2.0 meters per second aiding wind (4.47 miles per hour) is the maximum allowable wind reading (+4.0 mps in the pentathlon).
2. Running events over 1 mile are timed to the next higher 1/5 (0.2) second.
3. Javelin and discus throws are measured to the lower full inch. All other field events to the lower 1/4".
4. Courses are measured from the edge of the starting line farthest from the finish to the edge of the finish line nearest to the start.
5. Courses are measured 8" from the inside lane line on the turn (12" from the curb if the curb is 2" high or greater).
6. Hurdle spacing for the 100 mH is 13 meters to the first hurdle and 8.5 meters between hurdles. All hurdles in a set must be 30" in height (33" in the pentathlon event) and be rigid (flip-up hurdles tend to be loose and are usually illegal) and should be checked for pull-over weight.
7. Three watches must be used to time first place.
8. Field event implements must be weighed and measured before and after a record performance.

RESULTS

Massachusetts- Deborah Sampson Road Race; Sharon, Oct. 18--2.7 miles "rain and more rain". Kathy Condon of Sharon H.S. romped to a 20 second win over Cindy Pimental of Seekonk HS, winning in 16:15 in this high school-open meet. Kathy Vogal (No. Middlesex Reg.) finished 4th in 16:46, ten seconds ahead of Nancy Robinson who led her Falmouth H.S. team to a preview of their performances in state competition. Other finishers: 6. Dal Flaherty (Barnstable HS) 17:02; 7. MaryKate Higgins (Hudson HS) 17:10; 8. Nancy Buguey (Falmouth) 17:15.

1975 State Division Meets; Franklin Park, Boston, Nov 8, 2.85 miles "hills, paths, flat, grass, mud, mud". Lynn Jennings of Bromfield, a sophomore, demolished defending state champion Debbie Mueller (Bellingham) and everyone else in sight as she took the Division Two (smaller schools) championship in a terrific 16:46. Mueller's second place time was 18:45 while Division One winner Johanna Forman (Falmouth), running on the recovery from a tonsillectomy, clocked 17:47. In this first year for divisions in the state meet, Jennings' time would have earned her a spot in the top 25 among the small schools boys' race. Seekonk, with Pimental leading the way in 9th place (19:34) captured the Division II team race with 100 points as Falmouth scored 61 in the larger division to walk off with that title. Results: Division I-- 2. Debbie Richie (Concord-Car.) 17:53, 3. Tina Francario (Brockton) 18:17, 4. Ann Oehm (Winchester) 18:48; Division II-- 3. Marina Buckley (Cohasset) 18:48, 4. Brenda Carey (Middleboro) 18:57. Total competitors 423.

Iowa- State Championships, Adel, Oct. 25--2 miles. North Fayette of West Union won the state championship but the individual winner was a surprise. Kris Skov (Marshalltown) covered the course in 11:34.4 to edge Bridget Seip of Sigourney. Roberta Dahm of Emmetsburg was third. Jean Rostermundt and Toni Mohr (Manilla) were 4th and 5th respectively but Manilla finished twelfth as a team. Marcia Vagts was the winners' first finisher in sixth. Ames, led by 9th placer Michelle Coady was second in the team race with 131 points but couldn't overcome North Fayette's three finishers in the top 12 (Lisa Rademaker-11, Karen Lindberg-12) as their four scorers totalled 66.

Oregon- Oregon Track Club Invitational, Eugene, Oct 4, "Cool, overcast- 4000 meters. Sunset High's AAU-trained duo of Eryn Forbes (13:24) and Teresa Wierson (14:07) clocked a 1-2 finish in this meet. South East clocked the next four finishers with Lili Ledbetter (14:36), Katie Conant (15:05), Aileen Hatch (15:08), and Barb Liepe (15:17).

We have a request from Joe Smetanka, coach at Dominican High School in Detroit. He wants addresses of coaches in foreign countries (Cuba and England particularly) whose high school teams might be interested in an international triangular meet in Detroit in May. The "tour" would include tours, etc. and a chance to enjoy the U.S. Bicentennial. His address is 11727 Christy, Detroit, Michigan, USA 48205.

9. The high jump height must be measured before and after each record attempt.
10. Measurements must be made with non-elastic (preferable steel) tape.

We are in the process of developing forms which will aid in the processing of record applications. These should be ready before the beginning of track season and will be sent to meet directors on request. Applications will be accepted without the appropriate forms as long as all necessary information is included.

USTFF CHAMPIONSHIPS

Washington- Whitworth College meet- Spokane, Oct 25, snow and rain- 35°, "very wet and cold", 2 miles. Janet Keeney(Deer Park) ran away with this race, winning over Nancy Ladish(Mead) 12:42 to 13:24. The rest of the race was exciting enough as 8th place clocked in only 18 seconds later. Results: 3.Laurie Curry(West Valley)13:28, 4. Becky Wick(Bellvue Chr.) 13:30, 5. Sandi Curryer(NorthWest Chr.)13:34, 6. Janet Richner(West Valley)13:37, 7. Brenda McGlade (NWC) 13:41, 8.Molly Warman(Gonzaga Prep) 13:42.

California- Mt. SAC Invitational, Walnut, Oct 25, sunny, 2 miles extremely hilly. For the first time this mammoth meet included two Girls Varsity and a JV race. Chris Troffer(Crescenta Valley) had the best time of the day of 12:36, beating Tara Hobbs (Santa Barbara) in 12:45. In the second race, Cheryl Flowers(Valehallia) edged Terry Lafferty(Madison/San Diego) with both girls clocking 12:57. Teamwise Redondo, led by 5th place Jeanie Weber(13:26) won one race with Madison edging Bonita Vista for the other title. The JV race was won by Vasques(Brawley) who was disqualified because her school had not entered a varsity team.

Southern California Girls Cross-Country Championships. Ojai, Nov 1, approx 2 miles, 40% asphalt, some hills. Temp, high 70's. Although California's Southern Section has not sanctioned Cross-country, this meet is in its second year, this year attracting 32 schools. The races were divided into 1A, 2A, 3A, and 4A with the two smaller divisions run together. Results: 1A-2A 1. Martha Diaz(San Dimas) 12:20, 2:Lou Mackeye (Nordhoff) 12:33. Team: 1A-Paraclete; 2A-Nordhoff 3A-1.Kelly Wells(Quartz Hill-Freshman) 12:06, 2. Julie Ream(Sierra) 12:26, Margie Weber(Redondo) 12:46. Team- Quartz Hill 40, Redondo 42. 4A- 1. Troffer(CV) 11:29, 2. Tara Hobbs(SB)11:45, 3. Margie Schweiger(Buena/Ventura) 11:55, 4. Barb Serrano(Dos Pueblos/Santa Barbara) 11:57, 5. Jana Barbar(Santa Barbara) 12:18. Team-Crescenta Valley 78, Santa Barbara 83, Arcadia 92.

Santa Barbara Invitational, Santa Barbara, Nov 8, 2.0 miles measured course, gentle hills, clear warm. Chris Troffer again showed her dominance of the Southern California X-C scene as she topped Serrano in this meet 11:34.5 to 11:48. Hobbs and Barber pulled down the next two spots(12:07 and 12:10) as Troffer's teammate Laura Fisanotti edged Arcadia's Barb Sprague 12:25 to 12:26. Again the team order was Crescenta Valley 61, Santa Barbara 67, Arcadia 84. Patty Wilson of Buena Park ran well enough to place in the top 12 varsity as she took the JV race in 13:07.

PRESIDENT'S COMMISSION ON OLYMPIC SPORTS

Chairman Gerald Zornow opened the first of a series of public hearings to be held by the President's Commission on Olympic Sports in cities across the nation during the next twelve months. The following notable quotes were taken from the first press release. William D. McNamara:

"...we have to put up some money...There is no way in the world today that we can compete on an equal basis with foreign athletes at the world level unless we change our way, and.... the time has come that the government has got to put money in...."

Joining Mr. McNamara on the President's Commission is CBS Sports Broadcaster, Jack Whittaker, and he related the following:

"The trouble in many ways with...amateur athletics in this country is that the athletes have been professionals and the administrators have been the amateurs."

Kenosha,Wisconsin,: With Iowa's Peg Neppel and Carol Cook competing in Puerto Rico, the Cyclone chances for a team title here would have been questionable. But Georgette Goonan and the rest of the Iowa State squad took up the slack and scored an impressive, surprise win. Cindy Bremser and Katy Schilly put on a thrilling dual for the individual honors before Bremser put Schilly away with a final kick to win the race by six seconds. Bremser's mark was a new course record, with Schilly going well under the old standard. The Peoria Pacettes, without the services of Pan Am Trial finalist Chris Caldwell, put together a strong five and finished second in the team scramble. The Results:

Women's Open Division: 1-Cindy Bremser(Wis.MadisonTC) 16:43.6, 2-Katy Schilly(SyrChg) 16:49.6, 3-Kim Merritt (UWParkside) 17:08, 4-Cheryl Bridges() 17:21, 5-Georgette Goonan(Iowa State) 17:46, 6-Mary Ann Opal-ewski(Fleet Feet) 17:47, 7-Lynn Morin(Wis. MadisonTC) 17:52, 8-Brenda Webb(Wright State U) 17:56, 9-Mary Kunkel(KirkwoodTC) 18:01, 10-Barb Brown(Iowa State) 18:04, 11-Robin Smith(Peoria Pacettes) 18:07, 12-Marybeth Spencer(Wis MadisonTC) 18:12, 13-Cathie Twomey (UofMinn) 18:21, 14-Bev Roland(Peoria Pacettes) 18:24, 15-Laura Clark(GVLColl.) 18:35, 16-Betsy Oberle(Peoria Pacettes) 18:40, 17-Tweety Wolf(Iowa State) 18:50, 18-Donella Biggin(UW=Lacrosse) 18:53, 19-Sue Deppe(Iowa State) 19:04, 20-Mary Rice(UWM) 19:06. TEAM SCORES: 1-Iowa State 44(), 2-Peoria Pacettes(), 3-Wisconsin TC 63, 4-UW-Lacrosse 126, 5-North High School 130, 6-Minnesota 133. 101 Finishers. Course: 3 miles. *New Course record; old record, 17:05.8 by Peg Neppel, Iowa State 1974.

14-16 Division: 1-Dewi Oleson(HereaAC) 11:51.2, 2-Peggy Fitzgerald(WSTC) 11:51.4, 3-Peggy Cleary(OhioTC) 12:03, 4-Joan Westphal(Mt.DI HS) 12:18, 5-Sue Kuehnle(Kirkwood TC) 12:19, 6-Rennee Allbaugh(Fax ValleyStriders) 12:22, 7-Cindy Conway(WSTC) 12:22, 8-Brenda Waldinger(Peoria Pacettes) 12:34, 9-Patti Meakel(KirkwoodTC) 12:38, 10-Marisa Manion(WSTC) 12:38. 34 Finishers. Course: 2 miles/

11-13 Division: 1-Heather Hearnnes(KirkwoodTC) 11:38.6, 2-Beth Huff(Michigammes) 11:48.4, 3-Sheila Erickson (Peoria Pacettes) 12:05, 4-Kathy Riggs(KirkwoodTC)12:14, 5-Maureen Manion(WSTC) 12:20, 6-Sue Zurweste(KirkwoodTC) 12:20, 7-Joanne McGrail(WSTC) 12:32,8-Darleen Swank() 12:33, 9-Bev Williams(KirkwoodTC) 12:37, 10-Karen Kopernik (Crystal Lake) 12:40. *New course record; old record, 11:54.1 by Lori Schafer (Saber TC) 1974. 44 finishers. Course: 2 miles.

10 & Under Division: 1-Cathi Frank(Sterling) 6:02, 2-Conni Frank(Sterling) 6:03, 3-Allison Hall(KirkwoodTC) 6:04, 4-Michelle Collins(SaginawMich) 6:17, 5-Cathy Conti(Angels of OhioTC) 6:24, 6-Lory Slusser(Sterling) 6:27. *New course record; old record, 6:11.8 by Kayla Skelly (Fleet Feet) 1974. 31 Finishers. 1 mile course.

NW MISSOURI STATE INVITATIONAL

Maryville, Missouri, September 27: Kansas State's Joyce Urish broke up a strong Iowa State bid to a sweep as the Cyclone's placed 8 runners in the top eleven spots. Iowa ace Peg Neppel once again was an easy winner scoring a 43 second win over Urish.

Women's Division: 1- Peg Neppel (ISU) 16:20, 2-Joyce Urish (Kansas St.) 17:03, 3- Georgette Goonan (ISU) 17:34, 4- Barb Brown (ISU) 17:44, 5- Lisa Hamity (ISU) 17:48, 6- Ann Kimm (NWMSU) 17:56, 7-Tweety Wolf (ISU) 18:07, 8- Sue Deppe (ISU) 18:14, 9- Annette Class (ISU) 18:15, 10- Julie Harris (NWMSU) 18:22, 11- Julie Goff (ISU) 18:29, 12- Yvonne Riemann (NWMSU) 18:40, 13-Nancy Sandhager (SMSU) 18:54, 14- Veronica McGillick (K-State) 19:00, 15- Becky Watts (K-State) 19:13. Team Scores: 1- Iowa State 20, 2- Kansas State 60, 3-Northwest Missouri State 84, 4-Southwest Missouri State 97. Course: 3miles. Finishers: 36.

FORT CASEY OPEN

Whidbey Island, Washington, October 11: Sheila Currie, Univ. of British Columbia, led a large contingent of Canadian schools in the Fort Casey Open as she defeated a formidable field of competitors over the 2.75 mile course. Familiar names abounded throughout the race results, with the ageless Doris Brown of Falcon TC placing fourth along with Debbie Quatier (5th), Debbie Roth (7th), and New Yorker Anita Scandurra, now of Seattle Pacific College placing 22nd. The University of Oregon swiped the team honors with Canadian colleges annexing second and third. The Results:

1-Currie(UBC) 15:25, 2-Maureen Crowley(Simon Fraser) 15:34, 3-Sharon Young(Victoria) 15:38, 4-Brown(FTC) 15:56, 5-Quatier(Un) 15:59, 6-Linda Rosetti(UBC) 16:03, 7-Debbie Roth(UO) 16:13, 8-Leslie Stubbs(UBC) 16:15, 9-Bev Martin(SSReb) 16:23, 10-Gale Garmos(East) 16:32. Others.... 13-Kathy Kuyk(FTC) 16:38, 16-Janet Heinonen(OU) 16:45. 75 finishers. TEAM SCORES: 1-U of Oregon 100, 2-Simon Fraser 123, 3-U of Victoria 133, 4-Pacific Lutheran 228, 5-Whitworth 236.

FALMOUTH TC INVITATIONAL

Falmouth, Mass., October 13: Liberty AC dominated the competition as their 'A' and 'B' teams placed 1-2 in this seven team meet. Liberty's Debbie Richie was the victor, followed closely by three team mates before Nancy Robinson of Falmouth (5th) broke up the Liberty domination. The Results:

1-Debbie Richie(LibAC) 17:03, 2-Debbie Mueller(LibAC) 17:21, 3-Lynn Jennings(LibAC) 17:22, 4-Marina Buckley(LibAC) 17:45, 5-Nancy Robinson(Fal) 18:26, 6-Pattie Douglas(LibAC) 18:31, 7-Del Flaherty(Barnstable) 18:36, 8-Jan Prendergast(LibAC) 18:39, 9-Cheryl Amsler(LibAC) 18:46, 10-Mary Kate Higgins(LibAC) 18:47. 44 finishers. Course: 2 mile, 1140 yards. TEAM SCORES: 1-Liberty AC'A' 16, 2-Liberty AC'B' 63, 3-Falmouth 74.

KLEINSASSER DOUBLE XC WINNER

October 12: The Rialto Roadrunners dominated all divisions which they entered, with Suzanne Keith leading the Rialto squad to an easy win over Nevada-Las Vegas. In addition, Ruth Kleinsasser showed an impressive degree of endurance as she won the 14/Over Novice mile and then entered the 14-18 division three mile race and also won that by over a 1/2 minute margin! The Results:

Women's Division: 1-Suzanne Keith(RRR) 16:00, 2-Becky Wolf-Inbarger(Un) 17:10.5, 3-Diane Sern(QCC) 17:21, 4-Marie Albert(RRR) 17:27, 5-Shellie Woodridge(Un) 18:10. TEAM SCORES: 1-Rialto Roadrunners 31, 2-U of N Las Vegas 52. 15 finishers.

14-18 Division: 1-Ruth Kleinsasser(UofR) 17:33.5, 2-Beth Melton(P) 19:04, 3-Melinda Solender(P) 19:55, 4-Carol Lowe(P) 19:57, 5-Carolyn LaBonte(SBay) 20:53. 9 finishers.

14/Over Novice: 1-Kleinsasser(UR) 6:05, 2-Kathy Keyes(P) 6:18, 3-Donna Fromme(UR) 6:26, 4-Jan Smith(UR) 6:38, 5-Susan Page(UR) 6:53. TEAM SCORES: 1-U Redlands 19.

12-13 Division: 1-Corinne Nunez(RRR) 12:54, 2-Donna Sanchez(RRR) 13:22, 3-Sharon Hulse(P) 13:43, 4-Terri Hollins(RRR) 13:44, 5-Linda Bottlik(RRR) 14:05. TEAM SCORES: 1-Rialto 18, 2-Patriots 55. 17 finishers.

10-11 Division: 1-Vicki Cook(RRR) 8:36, 2-Carol Lantry(RRR) 8:36, 3-Lenell Waskow(RRR) 8:47, 4-Angela Johnson(RRR) 8:57, 5-Cimi Ruderman(RRR) 8:58. TEAM SCORES: 1-Rialto'A' 16, 2-Rialto'B' 60, 3-Patriots 75. 25 finishers.

9/Under Division: 1-Sonia Cooper(RRR) 6:03, 2-Lauren McKinnis(RRR), 3-Marcy Anderson(RRR) 6:15, 4-Leslie Pratt(P) 6:24, 5-Lisa Torres(RRR) 6:25. TEAM SCORES: 1-RRR'A' 17, 2-RRR'B' 71, 3-Patriots 81. 30 finishers.

NODEN TOPS IN NEW JERSEY

West Paterson, New Jersey, October 26: Hilary Noden of the Shore Athletic Club defeated Doreen Ennis, Nutley Track Club, by 40 yards to win the New Jersey Women's AAU Cross Country Championships at the host course in Garret Mountain. The two ran together until the last 200 yards of the 2.8 mile course before Noden broke away to finish in 16:22. Hilary, who won the 1500 meter against the Russians in Nebraska this past summer, retained her individual title. Ennis, who was fourth in that same race against the Soviets, led the Nutley Track Club to its fourth straight team title as she completed the course in 16:29. Sandy Alexander of Central Jersey TC was a distant third in 17:06. The Results:

1-Noden(SAC) 16:22, 2-Ennis(NTC) 16:29, 3-Alexander(SJTC) 17:06, 4-Terry Vacarella(BCC), 5-Carol Conlon(NTC), 6-Michelle Guido(Un), 7-Marjo Bchakjian(NTC), 8-Sue Downey(NTC), 9-Megan Sexton(Un), 10-Mary Albright(PAC). TEAM SCORES: 1-Nutley TC 33, 2-Rutgers AA 88, 3-Central Jersey AC 96, 4-CJTC'B' 164.

ORINDA INVITATIONAL

Concord, California, October 11: San Jose Cindergals' 'dynamic duo' Judy Graham and Cyndy Poor, finished in a dead heat to lead the San Jose team to another impressive win in the Bay area. The first non-San Jose runner to finish in the women's division race was 13th! The Results:

Women's Division: 1-Judy Graham(SJC) 18:10, 2-Cyndy Poor(SJC) 18:10, 3-Pam Bowers(SJC) 18:26, 4-Lisa Greenberg(SJC), 18:58, 5-Ann Wotherspoon(SJC) 19:45, 6-June Bonacich(SJC), 19:50, 7-Colleen McManus(SJC) 19:51, 8-Estella Guina(SJC), 20:12, 9-Sally McPherson(SJC) 20:20, 10-Diane Dimmick(SJC), 20:28, 11-Arlene Mears(SJC) 20:36, 12-Joanne Shearer(SJC), 21:37, 13-Maria Regalado(S) 21:53, 14-Loretta Simmons(RCF), 22:58, 15-Mimi Gerard(WS) 24:24. TEAM SCORES: 1-SJC'A' 16, 2-SJC'B' 39. 18 finishers. Course: 3 miles.

14-15 Division: 1-Kathy Adams(WS) 14:58, 2-Marquita Belk(SJC) 15:18, 3-Suzi Greenberg(SJC) 15:29, 4-Karen Nachbar(WS) 15:50, 5-Janet Burns(SJC) 15:52, 6-Ann Numziata(SJC), 16:19, 7-Renay Wolfe(RCF) 16:39, 8-Carolyn Bing(SJC) 16:43, 9-DeeDee Eddy(WS) 16:51, 10-Liz Douglas(SJC) 16:52. TEAM SCORES: 1-SJC'A' 24, 2-Wills Spikettes 94. 24 finishers. Course: 2.5 miles.

12-13 Division: 1-Karen Bain(WS) 12:07, 2-Ann Regan(Un), 12:19, 3-Sandy Beauchamp(WS) 12:23, 4-Vicki Bray(A) 12:24, 5-Caron Choy(S) 12:25, 6-Holi Himenes(WS) 12:35, 7-Jody Cobb(S) 12:39, 8-Tracy Miller(SJC) 12:40, 9-Amy Harper(SJC) 12:48, 10-Karen Linn(WS) 12:51. TEAM SCORES: 1-Wills Spikettes 41, 2-Cupertino 90, 3-SJC 94. 24 finishers. Course: 2 miles.

10-11 Division: 1-Carol Gleason(C) 9:17, 2-Tracy Weber(SJC), 3-Tiffany Choy(S), 4-Suzie Matinez(WS), 5-Maria Kind(A), 6-Sherrill Miller(C), 7-Heather Johnson(C), 8-Chris Harmon(SJC), 9-Laura McKean(SJC), 10-Tami Frye(WS). TEAM SCORES:

9-Under Division: 1-Michelle Miller(APP) 6:08, 2-Kim Salinas(APP) 6:10, 3-Janice Bain(W) 6:10, 4-Laura Carney(C) 6:12, 5-Karen Himenes(WS). Team Scores: 1-APP 69, 2-CUP 75, 3-WS 83. 55 Finishers. Course: 1.0 miles.

1-Cupertino 50, 2-SJC 69, 3-Tahoe 122. 65 finishers. Course: 1.5 miles.

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KALEIDOSCOPE

Jo Ann Terry Grissom former 1960 and 64 Olympic hurdle standout for the United States, was appointed women's track coach at Purdue University....Charlotte Bradley, Mexico's outstanding 800m ace suffered a hamstring pull recently. The injury kept Bradley from competing in the Pan Am Games in her home country.... Canadian javelin thrower Jay Dahlgren was hospitalized at the Pan Am Games for gastro-enteritis; better known as the Aztec Two-Step or Montezuma's Revenge. Dahlgren was unable to compete....Kathy Whitcomb, running for Tufts University, won the first New England Collegiate Women's Cross Country Championship on Nov. 1st.... Kim Merritt is rapidly coming into her own as a long distance runner. Most recently she has added to her credit the National Marathon Championships and the Charleston Distance Run....Who do you think the first finisher in the USTFF X-C meet for the Kay Flatten TC was? -- You guessed it, Kay Flatten!....Could there be yet another set of running triplets; Teresa, Georgette, and Mary Goonan?.....Judy Vernon, England's Commonwealth Gold medalist and finest hurdler is on the comeback trail. She recently gave birth to a daughter Susan.... The 1976 European Indoor Championships are scheduled for February 21st in Munich, Germany....English track expert John Le Masurier feels it will require a 12.9-13.0 to make the Olympic 100MH finals in Montreal.... Mary Officer has been named the top female athlete in the state of Oregon according to the Oregon Association for Health, Physical Education and Recreation. Joni Huntley was last years recipient....Three members of the West Penn TC are in casts(all with broken wrists), Laurie Miller, Marlene Harewicz and Beth Harwick....Brazil has come up with an outstanding high jumper named Maria Bettioli. She went 5-11 1/4 in Mexico City's recent Pan Am'sGuess who the new Coordinator of Women's Athletics is at the University of Wisconsin-Milwaukee? Right, its Francie Goodridge, she is also coaching women's track and cross country....Happy Birthday to Adi Dassler, the

head of Adidas Shoe Co., he will be 75 as of November 3rdSpeaking of Adidas, did you know that they produce over 130,000 pairs of sport shoes daily in 17 different countries?.....True!.....A bit of trivia, When was the first four spike track shoe made? Wrong, it was 1951....Israel's outstanding hurdler, Esther Roth, was selected recently as Israels' best sportswoman of the year for 1975.....In Sweden the milk companies advertize the outstanding track athletes in their country by putting their pictures on the milk cartons.....Tim Hickey reports an example of "great" training facilities. 60 yard repeats in the junior high hallways, with the doors at either end pinned back by trashcans! That must be why Klub Keystone does well indoors; they're used to running around square corners and on polished stone!.....

LATE NEWS

NEPPEL & IOWA STATE WIN COLLEGIATE NATIONALS

Ames, Iowa, November 15:-Peg Neppel scored an easy win to lead her Iowa State team to the AIAW National Collegiate cross country title. Neppel finished the three miles in a fine 16:30 (5:30 average) in her 15 second margin over University of California Davis' internationalist Tena Annex who clocked 16:46. Penn State's Bankes was third in 17:12 while Brenda Webb of Wright State and Lee Chiu-Shia, now representing St. John's University, tied for fourth in 17:17. Iowa State had a tough time winning the team title scoring 96 points to 104 by Penn State, 116 by Michigan State and 143 by the University of Oregon.

Full details in the December issue.

JULIE BROWN CALIFORNIA CHAMP - BY 0.4!

Fountain Valley, California, November 16:-Julie Brown won a narrow four yard victory over Sue Kinsey to capture the California State XC title. Judy Graham and Cyndy Poor of the San Jose Cindergals were next followed by marathoner Jackie Hansen. Full details in next month's issue of WTFW.

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PRE PAN AM MEET

Mexico City, October 4-5: Prior to the Games itself, a voluntary meet was held for athletes wishing some last minute competition and perhaps to view their probable competitors. Cuban discus thrower Carmen Romero emerged with the most impressive mark of the day as she tossed the platter 62.10 meters(203-9), one of the better marks recorded in the world this year. The Results:

100 M, 1-Pam Jiles(USA) 11.56, 2-Chandra Cheeseborough(USA) 11.57, 3-Brenda Morehead(USA) 11.60, 4-Renaye Bowen(USA) 11.73.
 200 M, 1-Morehead(USA) 23.41w, 2-Jiles(USA) 23.45w, 3-Cheeseborough(USA) 23.51w, 4-Asuncion Acosta(Cuba) 23.74w.
 400 M, 1-Acosta(Cuba) 53.13, 2-Sharon Dabney(USA) 53.28, 3-Cabrejas(Cuba) 53.71, 4-Pat Helms(USA) 53.78.
 800 M, 1-Kathy Weston(USA) 2:06.3, 2-Kathy Hall(USA) 2:10.37, 3-Ana Neilson(Arg) 2:13.08, 4-Alvarez(Cuba) 2:16.29.
 1500M, 1-Jan Merrill(USA) 4:41.68, 2-Cindy Bremser(USA) 4:44.88, 3-None.
 100MH, 1-Debbie LaPlante(USA) 13.52, 2-Marlene Elejarde(CUBA) 13.64, 3-Patrice Donnelly(USA) 14.03, 4-Gale Fitzgerald(USA) 14.33.
 High Jump, 1-Pam Spencer(USA) 1.75/5-9, 2-Dana Collins(USA) 1.75/5-9, 3-Angela Carbonell(Cuba) 1.70/5-7, 4-Fitzgerald(USA) 1.65/5-5.
 Long Jump, 1-Kathy McMillan(USA) 6.51/21-44, 2-Martha Watson(USA) 6.49/21-3½, 3-Ana Bella Alexander(Cuba) 6.33/20-9¼, 4-Marcia Garbey(Cuba) 6.30/20-8.
 Shot Put, 1-Maria Sarria(Cuba) 17.36/56-11½, 2-Hilda Ramirez(Cuba) 16.24/53-3½, 3-Maren Seidler(USA) 15.74/51-7¼, 4-Mary Jacobson(USA) 14.16/46-5½.
 Discus, 1-Carmen Romero(Cuba) 62.10/203-9, 2-Teri Sabol(USA) 44.32/145-5.
 Javelin, 1-Maria Beltran(Cuba) 52.02/170-8, 2-Lynn Cannon(USA) 50.40/165-4, 3-Guadalupe Davila(Mex) 39.74/130-4½.
 4x100R, 1-USA 44.44, 2-Argentina 45.29.
 4x400R, 1-USA 3:32.11(Dabney 53.6, Helms 53.8, Roberson 52.5, Weston 52.2), Cuba 3:34.56.



American in quest of GOLD - Jan Merrill holds slim lead over Canadian distance ace Thelma Wright enroute to a gold medal performance clocking 4:18.32. Wright finished second in 4:22.32. Earlier this season, Merrill posted the second fastest 1500 ever by an American in winning the Pan Am trials in Los Angeles registering a 4:10.6.

ARIZONA CROSS COUNTRY

Scottsdale, Arizona, September 27: Marjorie Kaput, competing unattached, ran away from the pack early and scored a 42 second win over the field and her closest rival Debbie Derr of the Glendale Gauchos. Team scores were not reported. The Results:

Open Division: 1-Marjorie Kaput(Un) 18:48, 2-Debbie Derr(GG) 19:30, 3-Annette Goodrich(VOSCW) 20:01, 4-Krista Holmes(STC) 20:50, 5-Beth Kaput(Un) 21:07. 12 finishers.

12-13 Division: 1-Bernice Moore(VOS) 12:42.6, 2-Dawn Freeman(VOS) 12:52, 3-Heidi Dobberstein(STC) 12:57, 4-Linda Lindsey(PP) 12:57, 5-Joyce Schmal(PP) 13:29. 20 finishers.

10-11 Division: 1-Toni Harris(Un) 8:56.2, 2-Beth Semke(STC) 9:07, 3-Theresa Smith(PP) 9:11, 4-Monica Zepeda(STC) 9:19, 5-Stacy Hartsfield(STC) 9:22. 35 finishers.

9/Under Division: 1-Karen Bradshaw(ATC) 6:06.1, 2-Veronica Equivel(ATC) 6:18, 3-Kerry Nasser(ATC) 6:29, 4-Janie Nielson(STC) 6:32, 5-Geniel Pierdel(ATC) 6:32. 33 finishers.

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**Decked
Out!--**

The above photograph shows the first Women's Olympic Track & Field Team which competed in Amsterdam, Holland in 1928. Members were from L-R, Fred L. Steers, Coach, Olive Hagenfuss, Edna Sayer, Rena McDonald, Betty Robinson, Florence McDonald, Anne Vrana, Lillian Copeland, Dee Boeckmann and Rayma Wilson. (Photo courtesy of Dee Boeckmann)

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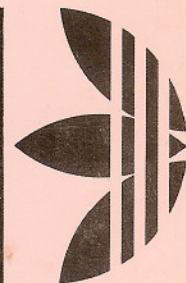
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