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**SUE BRODOCK AMERICA'S WORLD CHAMPION**



## REEL TALK

The 1974 Yearbooks have now been mailed to all those who ordered them and once again we advise you to get your request for a copy to us before the books are all sold. Each year the production by Pete Pozzoli gets better and better and the 1974 book is greatest of all. There is no track book to contest its claim as the best in the world. The men's side of our sport has nothing anywhere near the Pozzoli collection. If you knew how many individuals are still trying to purchase back issues of yearbooks and are out of luck because they are sold out, you'd get your six dollars to WTFW pronto. One of the best testimonials for the book comes from NBC's Roy Silver who says, "The 1974 annual is the best yet...absolutely fantastic, unbelievable in its completeness." Should be in the library of every athlete, coach, official and historian. Remember, we have only a very few copies remaining and when they are gone, there will be no more.

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Although the competition is always enjoyable and looked-forward to, attendance at such international meetings as the Olympic Games, Commonwealth Games, Pan Am Games and so forth is actually highlighted by seeing old friends and acquaintances. Our jaunt to Rome for the IAAF Congress and the European Championships was no different. We saw old friends such as Robert Pariente of "L'Equipe", Mel Watman of "Athletics Weekly", Jan Popper from Czechoslovakia, Luigi Mengoni and Roberto Quertecani from Italy, Lenart Strandburg from Sweden, Palle Lassen of Denmark, Andrew Huxtable from England, Rooney Magnusson of Sweden and many others. We met "old friends" for the first time such as Elio Trifari (finally), Salvatore Massara, Abraham Green, Olga and Miodrag Acic - and again many, many more. Although we were all present in the same city and the same stadium for many days, the very nature of such a competition sometimes makes contact with others quite difficult. We saw Igloy marching in the parade on opening day with his Greek team, (he was the one out of step!), but never got to talk with him or see him again. Had a few brief moments with Casey Ide whom we just happened to bump into on our way into the stadium. Did manage some talk with the Ozark's Judy Vernon who still says she will be retiring from "international competition", and with Teresa Novak of Poland, a very old and dear friend for many years. And with Lia Manoliu of Rumania, who looks great after losing 20 kilos and then spent several wonderful days in Sudstadt, Austria, with Gunnar and Liese Prokop and Maria Sykora. Got to yell once at Jane Frederick who was doing some translating during the meet. There were many others who made our stay in Europe worth while but my fragile mind cannot function at this moment as I write to get their names into this column. We enjoyed it all, (except the prices in Italy!) and hope to attend the next European Championships in Prague.

## VINCE REEL, Editor

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## LETTER FROM WINSTON WALLACE, Tennessee

(Mr. Wallace reports on the Junior Olympic Championships):

"Lincoln was overrun with swimmers and the reason was a rule change made just this year. For the first time, any swimmer who met the qualifying standard was eligible to compete in the National JO. The price paid for this rule change was that all swimmers had to pay their own way to Lincoln. Once they were there, they were furnished room and board.

"Regional winners in track and field had all of their expenses paid from a specified point of departure and return. Each Region was entitled to 8 boys, 8 girls, one female chaperone, one male chaperone and one coach. In the case of double winners, substitutes are allowed to fill out the relay teams if desired.

"The meet was directed by Frank Sevigne the Nebraska track coach. An anemometer manufactured by Research Engineering Corporation was on the field, but the times I observed it, it was not functioning properly.

"In defense of the officiating in the discus, JO rules require measurement of distances over 100 feet to the nearest one-half inch. On the other hand, the girls were required to throw in a 45° quadrant as opposed to a 90° sector allowed by the JO rules.

"The 100m hurdles were 30 inches high, placed 26 feet, 3 inches apart with the first hurdle being 42 feet, 7/4 inches from the starting line.

"Why the various track and field ruling bodies cannot agree upon such simple things as measurement standards and hurdle spacing I will never understand.

"Mary Jasnoch also had one false start in her heat in the 100y dash. Many observers thought she jumped the gun on her record-setting 10.6s.

"There was a certain amount of confusion in the mile run and I must take some blame for this. Julie Shea asked me if she could run barefooted. Since there was no JO rule against it, I advised her that she could.

"Julie had the inside position on a waterfall start for the mile. She requested permission to start on the outside. The starter said he would have to ask the referee and would also have to get a ruling about her not wearing shoes. The referee ruled that she must wear shoes and that she must start from her assigned position.

"The starter may have gotten a little confused and told Julie that she had to wear spikes. Instead of wearing her regular flats, Julie borrowed a pair of spikes to wear. By this time the race had been delayed some five or ten minutes and Julie was all psyched out.

"When the race started, Julie dropped back and swung to the outside before passing the pack and settling into the lead. This may have cost her the race. Julie led all the way until the final 25 yards when Noden passed her. Nevertheless, Julie ran a very fine 4:54.8.

"After having run a set order of events all year long, things were changed drastically in Lincoln to accommodate TV coverage by CBS's Wide World of Sports. Then it rained and coverage was cut short!"

## LETTER FROM GIL BISHOP, Bakersfield

"I am still concerned over the conflict between the meet in Austin and our meet, with primary concern over the fact that neither meet benefited but obviously suffered, and running a close second is the fact that we really did not put our best team on the field against Russia. It would be interesting to determine just what would have happened, using marks set on that same week-end, if our combined Austin-Bakersfield juniors had represented this country. Just a rough glance would indicate that Doyle was the top sprinter, Wilson or Anderson would have gained points in the long jump, Huntley certainly would have been an addition to the high jump, Hardy in the 100m hurdles, Pastel in the 200m, plus Decker in the 800.

"There are others who would have made the USA aggregation because of the added year....Karin Smith, for example, would have picked up a win at Austin based on her Bakersfield results, a six-point turnaround right there! Too bad to have a "USA Juniors Lose...." headline when it really wasn't the "USA Junior" girl's team. It seems to me that the score might have been reversed, although I haven't taken that much time to ascertain what really would have happened."



## BRODOCK WORLD CHAMPION; USA 2nd

Stockholm, Sweden, August 24:--Stunning the best walkers in the world, 17 year old Sue Brodock literally walked off with the, World Championship over 5000 meters in Stockholm, winning by nearly 40 seconds over Sweden's Margaretha Simu and breaking the world record at the same time.

The team title went to Sweden with 85 points over the USA who tallied 74 and could have won it all but for the disqualification of our Number two competitor, Esther Marquez. As it was, three 14-year olds, Chris Sakelarios of the Redwood City Flyers, Linda Brodock and Washington's Joanne Shima picked up 8<sup>th</sup>, 10<sup>th</sup> and 13<sup>th</sup> places to bring the Yanks into second spot ahead of West Germany, Norway, Denmark and Finland. Walkers from Switzerland and England also participated.

The Brodock sisters, Sue and Linda, winners of the 1974 National AAU titles for women and girls respectively, compete for the Rialto Road Runners and are trained by Dave Japs.

RESULT: 1-Sue Brodock (USA) 24:16.2 WR, 2-Margaretha Simu (Swe) 24:54.8, 3-Marion Fawkes (Eng) 24:59.2, 4-Britt Holmquist (Swe) 25:10.2, 5-Siv Gustavsson (Swe) 25:10.8, 6-Torill Gylder (Nor) 25:26.0, 7-Elisabeth Olsson (Swe) 25:41.2, 8-Chris Sakelarios (USA) 26:01.6, 9-Derit Jonsson (Swe) 26:02.6, 10-Linda Brodock (USA) 26:05.5, 11-Karin Moller (Den) 26:20.6, 12-Monica Glucker (WG) 27:00.8, 13-Joanne Shima (USA) 27:02.8, 14-Taina Havisto (Fin) 27:21.2, 15-Margot Vetterli (Swi) 27:22.0, 16-Regina Broders (WG) 27:50.0, 17-Heiki Penner (WG) 27:52.0, 18-Pia Kjolberg (Nor) 27:56.0, 19-Bente Skaerlund (Den) 27:59.8, 20-Etith Kappt (Swi) 28:05.6. 33 walkers completed the event.

Scores: 1-Sweden 85, 2-USA 74, 3-West Germany 46, 4-Norway 40, 5-Denmark 34, 6-Finland 22. (Top four finishers score.)

## BRODOCK UNDEFEATED IN EUROPE

The five-woman team of US walkers invaded Europe for the first time and gound up their three week tour with some outstanding performances and fine individual marks. World champion Sue Brodock was undefeated in the four competitions and Ester Marquez was beaten only by Sue in the three preliminary competitions and by an official in the world championship. Results were:

Odense, Denmark, August 10: 5 kilometers, 1-Sue Brodock (USA) 24:57.4, 2-Esther Marquez (USA) 25:30.0, 3-Karin Moller (Den) 26:09, 4-Linda Brodock (USA) 26:21, 5-Chris Sakelarias (USA) 26:36, 6-Joanna Shima (USA) 27:32, 7-Birgit Thomsen (Den) 31:42.5.

Sdr. Ommø, Denmark, August 15: 3000 meters, 1-Sue Brodock (USA) 14:34.8, 2-Esther Marquez (USA), 3-Karin Moller (Den), 4-Chris Sakelarias (USA), 5-Linda Brodock (USA), 6-Joanne Shima (USA).

Fredericia, Denmark, August 18: 5 kilometers, 1-Sue Brodock (USA) 24:45, 2-Esther Marquez (USA) 25:02, 3-Chris Sakelarias (USA) 25:28, 4-Linda Brodock (USA) 25:29, 5-Karin Moller (Den) 25:34, 6-Joanne Shima (USA) 27:00, 7-Birgit Thomsen (Den) 31:06, 8-Marga Jonson (Den) 33:00.

## HUNTLEY WINS SALEM PENTATHLON

Salem, Oregon, August 22/23:--Joni Huntley, competing in her first-ever pentathlon, edged Dana Collins, competing in her second-ever pentathlon, to win the Salem Track Club's Second Pentathlon title. Huntley, with three lifetime bests, scored 3747 points while Collins had four personal bests and equaled another to register 3681. Huntley's marks included a 1.77/5'9<sup>3</sup>/<sub>4</sub> high jump performance, worth 1002 points to give her the win over Collins who had best marks in three of the five events.

1-Joni Huntley (Oregon TC) 3747 (15.2-30'4<sup>1</sup>/<sub>2</sub>-5'9<sup>3</sup>/<sub>4</sub>-17'2-26.2), 2-Dana Collins (Salem TC) 3681 (14.5-31'4<sup>1</sup>/<sub>2</sub>-5'2<sup>3</sup>/<sub>4</sub>-16'7<sup>1</sup>/<sub>4</sub>-25.5), 3-Sandy Huntley (OreTC) 2615.

## GIRVEN WINS 4 AT VIRGINIA AAU

Richmond, Virginia, July 27:--Paula Girnev was the whole show at the Virginia Association AAU Senior Women's T&F Championships as she won four events. Competing unattached, Girnev won the high jump with a good 5'4 performance, took the long jump at 16'11<sup>3</sup>/<sub>4</sub> and won both sprints in 11.5 and 26.4.



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## HUFF RUNS 24.0 AT YOUTH GAMES

New York, August 16:--The 1974 version of the US Youth Games spotlighted the 220 yard dash performance of 13-year old La Roya Huff who was clocked in 24.0 seconds flat. The Rabaut Junior HS student won both sprints at the National Age Group Invitational in Long Beach in June returning her best times of 11.2 and 25.6s. The performance was not legalized by the presence of a wind-gauge. Other results:

14/15 Division: 100, Lucas (Newark) 11.4; 220, Gooden (Newark) 24.1; SP (No weight), Helen Williams (Detroit) 42' 1<sup>1</sup>/<sub>2</sub>; HJ, Mary Kunkel (St. Louis) 5'5.

12/13 Division: 100, 1-Martin (St. Louis) 11.1, 2-Huff (WashDC) 11.2; 220, Huff 24.0; HJ, Cynthia Stewart (WashDC) 5'0.

## HARWICK 10000m WALK WINNER

Burgettstown, Pa, September 8:--Beth Harwick, Mt. Lebanon TC, let her team to the title as she won the Allegheny Mountain Association women's 10000m race walk championship in 1:06:40. Second was Burgettstown's JoAnn Churpak in 1:07:34 with Lebanon's Athena Monios third in 1:08:54.

## DECKER WINS IN KOBE

Kobe, Japan, September 28:--Mary Decker maintained her 1974 unbeaten record with a win over Nobuko Kawano over 800 meters in 2:09.0s. Kawano had the same time in second. Decker was bothered by a sore ankle during the race and scratched from the 400 scheduled for the following day.



# EUROPEAN CHAMPIONSHIPS

Rome, Italy, September 2/8:--It was billed as the greatest track and field competition in the world outside of the Olympic Games and it lived up to its advanced billing. Great competition, good organization, outstanding performances and three world records made the women's events the bright spot of the 11th European Championships. "Track and Field News", devoted to covering 'men only' stated in its lead: "The factor which tipped the balance on the plus side for most fans was probably their appreciation for women's track. The dis-taff side stole the show with three world records, the best-ever relay leg and performances which rewrote the upper parts of the all-time list in nearly every event".

Imagine a meet in which the 400 is run in 51.22, the 800 in 1:59.9, the 1500 in 4:05.9, the shot tossed 62'10", the bar cleared at 6'2 1/2 in the high jump, the discus and javelin thrown 203'1 and 199'5, the 4x400 run in 3:26.4 (with a 48.6 anchor leg) - and not a one winning a medal! That was the European Championships.

World records were set by the East German 4x100 relay team at 42.51, by Ruth Fuchs (GDR) with a toss of 220'6 and by Rosemarie Witschas, also of East Germany, at 6'4 1/4 in the high jump.

In spite of the fact that GDR athletes did not win the 100, 200, 400, 800, 3000 on the track, they still completely dominated the scoring rolling up 162 points to 68 for the Soviet Union. The East Germans also grabbed off the major share of medals with 15 to 6 for Russia. The big surprise of the competition was tiny Finland, a snow-locked nation of only 8 million people who have embarked on a program over the past few years that led to their winning five medals including two gold. More than 4000 Finns came to these Games and their spirit and patriotism spurred the well-trained Finnish athletes to even higher performances. To finish in third spot behind the GDR and the Soviet Union is a tribute to the Finnish organizers, officials, athletes and common folk.

## Scoring and medal count:

	Gold	Silver	Bronze	Total
1. East Germany	6	8	1	15
2. Soviet Union	3	1	2	6
3. Finland	2	1	2	5
4. Poland	2	0	2	4
5. Czechoslovakia	0	2	1	3
6. Bulgaria	1	1	0	2
7. Rumania	0	1	1	2
8. West Germany	0	1	1	2
9. Great Britain	0	0	2	2
10. Hungary	1	0	0	1
11. Norway	0	0	1	1
Italy	0	0	1	1
Yugoslavia	0	0	1	1

1-East Germany 162, 2-Soviet Union 68 3-Finland 41, 4-Poland 40, 5-Bulgaria 30, 6-Czechoslovakia 24, 7-Rumania 23, 8-Great Britain and West Germany 19, 10-Hungary 12, 11-Italy 8, 12-France, Norway and Yugoslavia 6, 15-Austria 1.

## 100 Meters

Heats (1st 3 and 4 fastest losers to semis). Only two top sprinters did not advance to the semis. Italy's record-holder Cecilia Molinari was only fifth in the first heat in 11.95 while Sylvia Telliez of France, who has recorded a life-time best of 11 flat earlier this year, was hurting and could only manage 12.98. Heat 1 (-0.99) 1-Renate Stecher (GDR) 11.54, 2-Sonia Lammaman (GB) 11.76, 3-Linda Hadlund (Swe) 11.81, 4-Wilma Van Gool (Hol) 11.95, 5-Cecilia Molinari (Ita) 11.95, 6-Brigitte Haest (Aut) 12.03. Heat #2 (+0.40) 1-Irena Szewinska (Pol) 11.39, 2-Ludmila Maslakova (SU) 11.54, 3-Barbel Eckert (GDR) 11.63, 4-Elfgard Schittenhelm (GFR) 11.75, 5-Rita Bottiglieri (Ita) 12.08, 6-Judit Szabo (Hun) 12.40, Maroula Lambrou (Gr) did not run. Heat #3 (+0.75) 1-Mona-Lisa Pursiainen (Fin) 11.31 (equals meet record), 2-Inge Helten (GFR) 11.56, 3-Helen Golden (GB) 11.67, 4-Zsuzu Kardly (Hun), 5-Sylvia Telliez (Fra) 12.98, Marina Sidorova (SU) did not run. Heat #4 (-0.87), 1-Andrea Lynch (GB) 11.39, 2-Annegret Richter (GFR) 11.41, 3-Christina Heinich (GDR) 11.58, 4-Tatyana Tchernikova (SU) 11.79, 5-Danuta Jedejek (Pol) 11.92, 6-Laura Nappi (Ita) 12.01.

Semi-finals (1st four to final). The tension building up toward the final of the 100 was tightened with the fine performance of Finland's Mona-Lisa Pursiainen in the first round. Mona-Lisa had not run well during the early part of the year due to an injury and the question was just how far back had

she come. Drawn in the same semi with Stecher, we were soon to find out. Stecher and the Finn were off well and along with Richter pulled ahead of the pack, then eased and looked around with Pursiainen winning it in 11.34 and Stecher being satisfied with third in 11.38. Szewinska set a new meet record in winning her semi easily in 11.15, thus setting the stage for the final.

Semi #1 (-0.80) 1-Pursiainen 11.34 2-Richter 11.34, 3-Stecher 11.38, 4-Heinich 11.48, 5-Lammaman 11.53, 6-Golden 11.59, 7-Tchernikova 11.75, 8-Jederjek 11.90. Semi #2 (-1.37) 1-Szewinska 11.15 (Meet record), 2-Maslakova 11.35, 3-Eckert 11.43, 4-Lynch 11.46, 5-Schittenhelm 11.49, 6-Helten 11.65, 7-Van Gool 11.70, 8-Haglund 11.72. Interesting note on this semi in that the first three finishers were exactly the same as the first three of Heat #2 in the first round.

FINAL. Stecher was drawn in lane 1, Szewinska in 3 and Mona-Lisa out in 7. The 'experts' were having problems trying to decide just who the favorite would be as the original pre-meet dope of a two woman race between Stecher and Szewinska was now complicated by Pursiainen's fine showing in the semis. The race was delayed for some time by the officials and the finalists were forced to stand and wait after having removed their warmups. Coolest of the trio was Stecher who simply stood waiting and finally sat on the edge of the lane number box. Pursiainen fidgeted and transferred her weight from one foot to the other. Szewinska was her usual cool self. Finally, the runners were called to their marks and the thought on everyone's mind was 'what kind of a start would the Polish girl get'. At the gun, Stecher was off well and Szewinska just a fraction behind. Pursiainen flubbed her start and was completely out of it from the gun. Stecher led for the first 60-70 meters, but the handwriting was on the wall from about 40 meters as Szewinska was gradually pulling up, finally swept past and won by a clear meter in a new meet record time of 11.13 against a 1.2mps wind, surely one of the fastest runs in history. Britain's Andrea Lynch, who just did make it into the final with her fourth place in the semis, surprised with the bronze medal while Pursiainen had to be satisfied with sixth.

Although she has been a competitor in these Championships since 1966, this was Szewinska's first European 100m crown. She was second in 1966, pregnant in 1969 and only sixth in 1971.

Final, (-1.20) 1-Szewinska 11.13, 2-Stecher 11.23, 3-Lynch 11.26, 4-Maslakova 11.36, 5-Richter 11.36, 6-Pursiainen 11.62, 7-Eckert 11.46, 8-Heinich 11.63.



Irena Szewinska (Poland) wins the 100m title over GDR's Renate Stecher. Szewinska also won the 200 and ran an incredible 48.6 anchor leg on the 4x400 relay. ('Athletisme' photo).



## 200 Meters

Heats (First 3 and 4 fastest losers to semis). Andrea Lynch, bronze medal winner in the 100, failed to make it past the first round and Sylvia Telliez, although running better than she had in the 100 trials, was also eliminated. Heat #1, (+1.00) 1-Mona-Lisa Pursiainen (Fin) 23.13, 2-Petra Kandarr (GDR) 23.44, 3-Christiane Krause (GFR) 23.51, 4-Barbara Bakulin (Pol), 5-Ildiko Szabo (Hun) 23.75, Linda Haglund (Swe) did not run. Heat #2 (-1.20) 1-Renate Stecher (GDR) 23.35, 2-Marina Sidorova (SU) 23.55, 3-Annegret Kroniger (GFR) 23.55, 4-Helen Golden (GB) 24.02, 5-Laura Nappi (Ita) 24.22, Jozefina Cerchlandwa (Cs) did not run. Heat #3 (0.00) 1-Ludmila Maslakova (SU) 23.45, 2-Irena Szewinska (Pol) 23.87, 3-Elvira Possekel (GFR) 24.08, 4-Sharon Colyear (GB) 24.14, 5-Sylvie Telliez (Fra) 24.43, Alesandra Orselli (Ita) and Jelica Pavlicic (Yug) did not run. Heat #4 (-1.50) 1-Doris Maletzki (GDR) 23.77, 2-Wilma Van Gool (Hol) 23.84, 3-Rosine Wallez (Bel) 24.00, 4-Andrea Lynch (GB) 24.22, 5-Emma Sulter (Fra) 33.92, Riitta Salin (Fin) and Karoline Kafer (Aut) did not run.

Semi-finals (First four to final). Only a couple of surprises in this round as the winner of the fourth heat of the first round, GDR's Doris Maletzki, was next to last in the first semi and Russian record-holder Marina Sidorova trailed the field in the second semi. Pursiainen ran a good 23.17 in her semi, but was far back of Szewinska who loped through in 22.88 - which made predicting the winner of the final almost a sure thing. Semi #1 (-0.20) 1-Stecher 23.01, 2-Maslakova 23.35, 3-Krause 23.49, 4-Golden 23.54, 5-Bakulin 23.81, 6-Van Gool 23.86, 7-Maletzki 24.07, 8-Posbekel 24.29. Semi #2 (0.00) 1-Szewinska 22.88, 2-Pursiainen 23.17, 3-Kroninger 23.29, 4-Kandarr 23.50, 5-Szabo 23.97, 6-Colyear 23.98, 7-Wallez 24.03, 8-Sidorova 24.66 (Injured).

FINAL. The field had fine credentials: Stecher the Olympic champion and former world record holder; Szewinska a former (1968) Olympic champion and current world record holder; Mona-Lisa Pursiainen the Universiad champ; Petra Kandarr the 1969 European champion on the comeback trail. But no one even thought Szewinska could lose - and they were right. This is not to say Stecher didn't give it the old college try, turning on the power around the bend and running it in fantastic style to take a three meter lead into the straight. But Szewinska in 1974 is just too strong and too fast for any other current sprinter and she pulled away to win against a 2.85mps wind in a great 22.51 for a new Championship record.

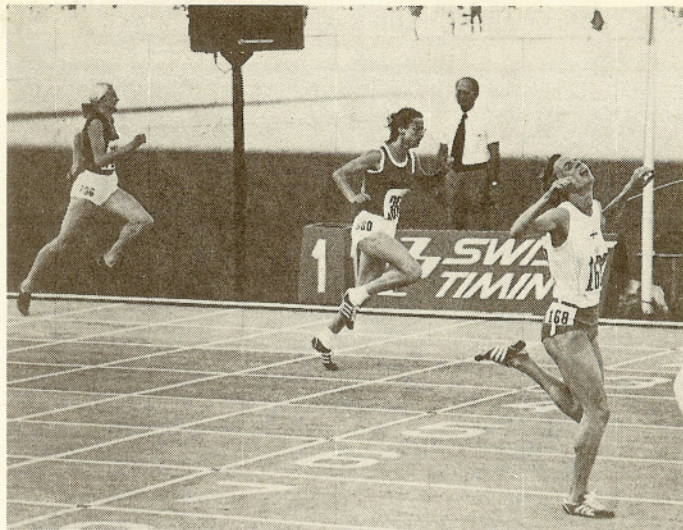
Final (-2.85) 1-Szewinska 22.51, 2-Stecher 22.68, 3-Pursiainen 23.17, 4-Maslakova 23.31, 5-Golden 23.38, 6-Kroniger 23.38, 7-Krause 23.78, 8-Kandarr 23.99.

## 400 METERS

Heats (3 to qualify and 4 fastest losers advance to semis). No real disaster in the heats although Germany's Karola Claus and England's Donna Murray failed to advance. Gendwefa Nowaczyk of Poland ran 53.34 in her heat, finished last (6th) and



Turning for home in the 200 finds Renate Stecher in the lead with Mona-Lisa Pursiainen on her shoulder, but the presence of Irena Szewinska is already being felt on the inside, and she comes on to win. ('Athletisme' photo).



Riitta Salin (Finland) wins the 400 over Streidt and Iliina. ('Atletikworld' photo).

was eliminated! Heat #1, 1-Natalia Sokolova (SU) 53.21, 2-Jozefina Cerchlandwa (Cs) 53.23, 3-Danuta Pieczyk (Pol) 53.30, 4-Donna Murray (GB) 53.49, 5-Dominique Forest (Fra) 55.35, Mariana Suman (Rum) did not run. Heat #2, 1-Riitta Salin (Fin) 51.88, 2-Angelika Handt (GDR) 52.21, 3-Krystyna Kacperczyk (Pol) 52.76, 4-Jannette Roscoe (GB) 53.28, 5-Trudy Wunderink (Hol) 53.30, 6-Claire Walsh (Eirrie) 54.15. Heat #3, 1-Ellen Streidt (GDR) 51.79, 2-Rita Wilden (GFR) 51.91, 3-Karoline Kafer (Aut) 52.20, 4-Rosine Wallez (Bel) 52.82, 5-Inga Barkane (SU) 53.01, 6-Gendwefa Nowaczyk (Pol) 53.34. Heat #4, 1-Nadezhda Iliina (SU) 52.30, 2-Verona Bernard (GB) 52.46, 3-Jelica Pavlicic (Yug) 53.11, 4-Pirjo Wilmi (Fin) 53.43, 5-Karola Claus (GFR) 54.26, 6-Iren Arva (Hun) 54.90, Lacramioara Diaconiu (Rum) did not run.

Semis (First four to final). Great running highlighted the semis - along with a couple of unusual happenings. In the first semi, world 400m hurdle record-holder Krystyna Kacperczyk of Poland sped 52.07 and did not make it to the final. Although not quite as tough, the second semi found 52.18 as the fourth qualifier. Ellen Streidt and Rita Wilden, 1-2 in the third heat of the first round, were drawn together once again and finished in the same order, both under 52 for the second time in these Games. Riitta Salin and Angelika Handt were in exactly the same position in the second semi while the 1-2-3 winners of the fourth heat of the first round, did an about face with 6-7-8 places. Semi #1, 1-Streidt 51.40, 2-Wilden 51.46, 3-Iliina 51.65, 4-Pavlicic 51.87, 5-Kacperczyk 52.07, 6-Roscoe 52.85, 7-Wallez 53.02, 8-Wunderink 53.46. Semi #2, 1-Salin 51.46, 2-Handt 51.67, 3-Kafer 52.14, 4-Bernard 52.18, 5-Barkane 52.52, 6-Pieczyk 52.93, 7-Cerchlandwa 53.77, 8-Bokolova 53.82.

FINAL. Pity Austria's Karoline Kafer. She ran a personal best in her heat at 52.20 to set a new National record and advance to the semis. In the semis she ran 52.14 - bingo, another PB and national record. In the final she sped 51.77 for more records - and wound up in sixth place! The favorite, Riitta Salin, drew lane 7 with only Rita Wilden, 1972 silver medalist outside her. Salin passed the 200 in 24.3 and was trailing both Streidt and Yugoslavia's young Pavlicic who went past in 23.8. Salin pushed the third 100, drew even with Streidt as they entered the straight and continued to pull away, winning by four meters in an electronic 50.14 with all three medal winners under 51 seconds! And the next three finishers under 52 seconds! Pavlicic blew it all over the final 200, finishing last in 53.01, a far cry from her early season 51 flat - but this is her first season of serious one lapping. You say you never heard of Riitta Salin? That is quite possible as her best 400 time prior to this season was 53.9 and her best 200 was 24.3. Now she has run 50.1 and 22.8 and says she owes it all to serious training for the first time in her life. For second placer Streidt, this is her first season of 400 meter running although she did turn in a 56.3 in 1968 at the age of 16. National records fell to Salin, Streidt, Wilden, Iliina and Kafer.



## EUROPEAN CHAMPIONSHIPS (Continued)

Final, 1-Salin 50.14, 2-Streidt 50.69, 3-Wilden 50.88, 4-Iliina 51.22, 5-Handt 51.24, 6-Kafer 51.77, 7-Bernard 52.61, 8-Pavlicic 53.01.

### 800 METERS

Heats (First 3 and 4 fastest losers to semis). At the last European Championships, the FASTEST time in the heats was 2:04.8. In Rome, the Fourth best LOSER, just barely making it to the semi-finals, was clocked in 2:03.9. And the beat goes on! And only four runners were eliminated in these heats. New National records were set by Marie Dubois of France with 2:01.2, by Mary Purcell of Ireland at 2:02.8, Gunilla Lindh of Sweden at 2:02.3 and equalled by Ann-Marie Van Nuffel of Belgium at 2:03.6. The three favorites, Hoffmeister, Tomova and Suman, had no trouble advancing. Heat #1, 1-Marie-Francois Dubois (Fra) 2:01.2, 2-Elzbieta Katolik (Pol) 2:01.4, 3-Mariana Suman (Rum) 2:01.5, 4-Nina Morgunova (SU) 2:01.7, 5-Mary Purcell (Ire) 2:02.8, 6-Birgitte Jennes (Den) 2:09.2, Uschi Meyer (Swi) did not run. Heat #2, 1-Gunhild Hoffmeister (GDR) 2:02.6, 2-Gisela Klein (GFR) 2:02.7, 3-Nirole Sabaite (SU) 2:02.9, 4-Nikolina Schtereva (Bul) 2:03.2, 5-Anne-Marie Van Nuffel (Bel) 2:03.6, 6-Rosemary Wright (GB) 2:03.9, Nese Cetin (Tur) did not run. Heat #3, 1-Lilyana Tomova (Bul) 2:02.1, 2-Valentina Gerasimova (SU) 2:02.2, 3-Waltraud Pohland (GDR) 2:02.3, 4-Gunilla Lindh (Swe) 2:02.3, 5-Lesley Kiernan (GB) 2:02.8, 6-Jolanta Januchta (Pol) 2:04.7, Gabriella Dorio (Ita) did not run.

Semis (First 4 to final). The first semi was a blistering one with 2:01.9 failing to advance while the second semi was a tactical run with 2:03.0 winning it. Dubois set a very fast pace in the first semi with a 56.7 first lap and 1:27.2 at 600 meters. England's Rosemary Wright was timed in 58.8 for her first lap and found herself 15 meters behind everyone. Suman made her move down the home straight and Dubois simply could not stay with her as the Rumanian won in 2:00.2s. Gunhild Hoffmeister had an easy time of the second semi as the four qualifiers crossed the line together. Lindh and Sabaite scratched from the second heat. Semi #1, 1-Suman 2:00.2, 2-Dubois 2:00.3, 3-Gerasimova 2:00.8, 4-Klein 2:01.5, 5-Pohland 2:01.9, 6-Purcell 2:04.0, 7-Schtereveva 2:04.1, 8-Wright 2:04.9. Semi #2, 1-Hoffmeister 2:03.0, 2-Katolik 2:03.1, 3-Tomova 2:03.3, 4-Morgunova 2:03.6, 5-Van Nuffel 2:04.1, 6-Kiernan 2:05.4, Sabaite and Lindh did not run.

FINAL. Heavy favorite in the final was Rumania's Mariana Suman who won the Balkan Games shortly before these European Championships in 1:58.6s. Sentimental favorite was Hoffmeister who had yet to win a major title. Tomova, who lost to Suman at the Balkan Games in spite of a fine 1:59.1, was a threat but it was believed she had missed too much training due to an injury received during the indoor season which kept her off the track until July. Dubois was the dark horse and would set the pace. Another question mark was Katolik, the tall Pole.

Suffice it to say LAST place in the final was clocked in 2:01.5 and the first four were under two minutes. As expected, Dubois took the lead with a first lap of 57.25 ahead of Hoffmeister, Suman and Tomova. At the 600, it was Dubois and Hoffmeister passing together in 1:27.8 with Tomova in third. Around the final bend it was Hoffmeister into the lead, but down the home straight Tomova turned on the power and won it all by a five yard margin. Her time of 1:58.1 is the second fastest ever recorded, beaten only by her countrywoman, the presently pregnant Svetla Zlateva (1:57.5). Tomova, therefore, didn't even set a National record but grabbed off the Championship mark. Hoffmeister and Dubois both had lifetime bests and new National marks with Dubois a non-medal winner at 1:59.9s.

Final, 1-Tomova 1:58.1, 2-Hoffmeister 1:58.8, 3-Suman 1:59.8, 4-Dubois 1:59.9, 5-Gerasimova 2:00.1, 6-Morgunova 2:00.8, 7-Katolik 2:01.4, 8-Klein 2:01.5.

### 1500 METERS

Heats (First 3 and 3 fastest losers to final). The schedule of events made it possible for both an 800/1500 double and a 3000/1500 double, but the longer distance runners had difficulties moving down. Holman the 3000m winner and Bragina, the 3000m silver medalist and world record holder for the 1500 meters, were both eliminated while Pigni scratched. But the 800/1500 doublers were going strong with both Tomova and Hoffmeister advancing into the final with no trouble. National records were set in the heats by Carmen Valero of



Happiness is - winning the European Championship and the one with the smile is Bulgaria's Tomova winning over Gunhild Hoffmeister in 1:58.1. The two runners reversed position, however, in the 1500 with Hoffmeister winning and Tomova second. ('Atletikworld')

Spain who made it into the final as the 3rd fastest loser with her 4:13.0 performance, by Sonja Castelein of Belgium with 4:13.2 and by Mary Purcell of Ireland with 4:15.1. Heat #1, 1-Gunhild Hoffmeister (GDR) 4:11.7, 2-Gabriella Dorio (Ita) 4:12.1, 3-Tamara Pangelova (SU) 4:12.8, 4-Natalia Andrei(Rum) 4:14.1, 5-Roumyana Tschavdarova (Bul) 4:15.1, 6-Czeslava Burdel (Pol) 4:18.7, 7-Wenche Soerum (Nor) 4:19.3, 8-Loa Olafsson (Den) 4:28.0, 9-Sylvia Schenk (GFR) 4:30.1. Heat #2, 1-Tatyana Kazankina (SU) 4:11.4, 2-Lilyana Tomova (Bul) 4:11.5, 3-Ellen Wellman (GFR) 4:11.5, 4-Gunilla Lindh (Swe) 4:11.5, 5-Ulrike Klapezinski (GDR) 4:11.7, 6-Carmen Valero (Spa) 4:13.0, 7-Sonja Castelein (Bel) 4:13.2, 8-Nina Holmen (Fin) 4:14.6, Paola Cacchi-Pigni did not run. Heat #3, 1-Grete Andersen (Nor) 4:11.5, 2-Joyce Smith (GB) 4:12.0, 3-Karin Krebs (GDR) 4:13.2, 4-Nikolina Schtereveva (Bul) 4:14.7, 5-Mary Purcell (Ire) 4:15.1, 6-Ludmila Bragina (SU) 4:17.8, 7-Silvana Cruciata (Ita) 4:22.6, Marie-Francois Dubois (Fra) and Ileana Silai (Rum) did not run.

FINAL. The final of the men's 1500 was a rather desultory affair described by Mel Watman in "Athletics Weekly" as "An instantly forgettable race" - but not the women's 1500. It was a beauty with the first four finishers turning in lifetime bests and four new National marks being established. The East Germans sent Klapezinski out to set the pace for Hoffmeister who was still seeking her first major title, and the rabbit went through the 400 in 62.6 and the 800 in 2:10. At the end of two laps, Hoffmeister had moved up into second and soon after took the lead, passing the 1200 mark in 3:15 and with a 10-12 yard lead over Kazankina. Hoffmeister sped the final 400 in 62.8, entered the home straight with a 20 yard edge and held on to win by nearly three seconds over a fast-closing Tomova who came from fourth with only 200 to go. Hoffmeister turned in the second-fastest 1500 in history and won her major championship at last. Tomova, who just this year took up 1500 metering seriously, ran 4:05.0 for a new Bulgarian record and Andersen in third also got a new National mark at 4:05.2. Carmen Valero of Spain broke her own two-day-old National mark with 4:11.6s. Hoffmeister's splits were 64 and 2:10.

Final, 1-Hoffmeister 4:02.3, 2-Tomova 4:05.0, 3-Andersen 4:05.2, 4-Kazankina 4:05.9, 5-Pangelova 4:08.9, 6-Klapezinski 4:10.5, 7-Valero 4:11.6, 8-Smith 4:12.3, 9-Dorio 4:12.7, 10-Wellmann 4:16.3, 11-Lindh 4:17.5. Karin Krebs withdrew due to illness.

### 3000 METERS

The first final of the Championships set the tone for the following days. Favorite was, of course, the world record holder, Russia's Ludmila Bragina. The Italians were whooping it up for Paola Cacchi-Pigni, but an early season injury did not help her but perhaps this was offset by appearing before her home-town people. Pangelova, Bragina's sometime pacer-



setter, was another possible, but I must admit I liked the chances of Finland's Niha Holmen and picked her to win in an upset.

The race started slow enough, taking nearly 73 seconds for the first lap, but that was enough for Bragina and she swept to the front and picked up the pace, passing the 1000 mark in 2:57.4 with England's ageless Joyce Smith close behind and Holmen in third. Pigni, Andrei and Pangelova were tightly bunched with the three leaders, but Bragina held on until just before the 2000 meter mark when Pigni, to much applause from the assembled Romans, took over and clocked 6:03.2. But Pigni was not alone. Holmen was right there at 6:03.4 and Joyce Smith 6:03.6 - and the ever menacing figure of Bragina just another step behind. The runners stayed in line until just before the bell when Holmen began to make a move and took the lead around the first bend. Caught by surprise, it was Smith who first set out after the Flying Finn, but Holmen was pouring it on as the 4000 Finns in the stands whooped and waved their flags. Holmen won it in 8:55.2 and Bragina slipped past Smith in the home stretch for the silver.

Until now, no Finnish woman had ever placed higher than sixth in a European track final. Holmen covered the final 400 meters in 62.2 and the last 1000m in 2:51.8. She is 22 years old, stands 5'5 $\frac{1}{4}$  and weighs 110 pounds.

**Final**, 1-Nina Holmen (Fin) 8:55.2, 2-Ludmila Bragina (SU) 8:56.2, 3-Joyce Smith (GB) 8:57.4, 4-Natalia Andrei (Rum) 8:59.0, 5-Paola Cacchi (Ita) 9:01.4, 6-Bronislava Ludwichowska (Pol) 9:05.2, 7-Ann Yeoman (GB) 9:07.0, 8-Tamara Pangelova (SU) 9:10.6, 9-Irine Bondarchuk (SU) 9:16.6, 10-Renata Pentlinowska (Pol) 9:22.8, 11-Eva Gustafsson (Swe) 9:24.2, 12-Roumyana Tschavdarova (Bul) 9:31.0, 13-Sonja Castelein (Bel) 9:31.2, 14-Marijke Moser (Svi) 9:32.8 15-Carmen Valero (Sp) 9:35.4, 16-Ursula Prasek (Pol) 9:48.4 Gudrun Hodey (GFR) did not finish, Ulker Kutlu (Tur) did not start.

#### 100 METER HURDLES

**Heats (First 4 and 4 fastest losers to semis).** The heats eliminated only one runner, Italy's Antonella Battaglia who had a time of 14.36. The three favorites, Ehrhardt, Fiedler and Nowak won their heats easily with Nowak turning in the fastest time, 13.20. **Heat #1** (+1.25), 1-Annelie Ehrhardt (GDR) 13.32, 2-Judy Vernon (GB) 13.74, 3-Marlies Koschinski (GDR) 13.84, 4-Margit Hansen (Den) 14.12, 5-Bozena Nowakowska (Pol) 14.23, 6-Antonella Battaglia (Ita) 14.36, Meta Antenen (Svi) did not run. **Heat #2** (-0.50) 1-Annerose Fiedler (GDR) 13.48, 2-Tatyana Anisimova (SU) 13.54, 3-Grazyna Rabsztyn (Pol) 13.71, 4-Valeria Stefanescu (Rum) 13.83, 5-Lorna Drysdale (GB) 13.97, Ilona Bruzsenyak (Hun) did not run. **Heat #3** (-1.60) 1-Teresa Nowak (Pol) 13.20, 2-Natalia Lebedeva (SU) 13.52, 3-Penka Sokolova (Bul) 13.65, 4-Gudrun Berend (GDR) 13.66, 5-Chantal Rega (Fra) 13.72, 6-Blondelle Thompson (GB) 13.76.

**Semis (First 4 to final).** Ehrhardt, with her 8 step run to the first hurdle, had no trouble winning the first semi in 13.03 while Nowak, running better than ever at age 32, took the second semi in 13.18. **Semi #1** (-1.37) 1-Ehrhardt 13.03, 2-Stefanescu 13.26 3-Lebedeva 13.34, 4-Rabsztyn 13.48, 5-Sokolova 13.60, 6-Drysdale 13.68, 7-Rega 13.78, 8-Nowakowska 13.95. **Semi #2** (-1.60) 1-Nowak 13.18, 2-Fiedler 13.28, 3-Anisimova 13.35 4-Berend 13.51, 5-Vernon 13.65, 6-Thompson 13.72, 7-Koschinski 13.90, 8-Hansen 14.11.

**FINAL.** Ehrhardt has not lost a race in the past three years and no one expected her to lose this one either. Some were backing the 32 year old Nowak while others looked for another spirited run by Olympic silver medalist Valeria Stefanescu. But there were few takers. And wisely so, for Ehrhardt turned in the second fastest ever electrical timing to win in 12.66. The biggest surprise was her teammate Fiedler who edged Nowak for second. As was the case in many events in these Championships, this was a strictly Eastern Europe final with three East Germans' two Poles, two Russians and one Rumanian.

**Final** (+0.20) 1-Ehrhardt 12.66 2-Fiedler 12.89, 3-Nowak 12.91, 4-Stefanescu 13.04, 5-Berend 13.14, 6-Anisimova 13.16, 7-Lebedeva 13.19, 8-Rabsztyn 13.53.

#### 4x100 METER RELAY

The East Germans put together a quartette of Doris Maletzki, Stecher, Heinrich and Eckert and proceeded to snatch the world record with a two meter win over West Germany in 42.51. Stecher, running in second leg, built up a good advantage but the West Germans kept picking away at the lead and it was up to Barbel Eckert to pull away from Inge Helten over the final 100 meters for the clincher. No heats were needed.



Two laps to go in the 1500 with GDR's Ulrike Klapezynski in the lead closely followed by Grete Andersen (Norway), eventual winner Gunhild Hoffmeister, GFR's Ellen (Tittel) Wellmann, Russia's Tamara Pangelova and England's ageless Joyce Smith. ('Leichtathletik' photo).

**Final.** 1-GDR (Doris Maletzki, Renate Stecher, Christina Heinich, Barbel Eckert) 42.51 2-GFR (Elfgard Schittenhelm, Annegret Kroniger, Annegret Richter, Inge Helten) 42.75, 3-Poland (Ewa Dlugolecka, Danuta Jedrejek, Barbara Bakulin, Irena Szewinska) 43.48, 4-Great Britain 43.94, 5-France 44.18, 6-Hungary 44.51, 7-Italy 44.56. Soviet Union did not run.

#### 4x400 METER RELAY

The anticipation for this final had built up over the six days of competition. The fans looked forward to that fabulous anchor lap when GDR's Streidt, Finland's Salin, Russia's Iliina, GFR's Rita Wilden, Rumania's Mariana Suman and Poland's Szewinska would tangle. The debates over which team would win ranted hard and heavy for days before the actual competition. East Germany, the Olympic champions and world record holders had not a single member of that team available for duty in 1974, yet who would bet against them? The Russians had a formidable quartette and Poland put together a group which included the world record holder for 400 meters, the world record holder for the 400m hurdles, the former world record holder for 400m hurdles and had Katolik and Nowaczyk to choose from for the other spot on the team. But what about Finland? With Riitta Salin on the anchor leg and Mona-Lisa Pursiainen running second plus two other better than average 400 meter runners, might not they take it all? West Germany gathered the Olympic 800m champion Falck along with Olympic silver medalist over 400m, Wilden, on their team and surely they could not be ruled out. With no heats being run, no one could really get a line on the teams, thus adding to the excitement of the final.

The answer to all the questions did not come until the final 100 meters of the final leg as five teams were still in contention to the end. Things started out well enough with Rohde and Dietsch giving the GDR a three meter lead over the Soviets at the halfway mark - but the news of the first half of the race came from Mona-Lisa who covered the 400 in 50.6 to move her team into a virtual tie with Russia for the second spot. Angelika Handt, running 50.6, gave the East German crew an 8m lead over Russia with Finland another couple of meters back. Poland was apparently out of it, some 30m back in fifth position when that inevitable anchor lap came up. It didn't take Riitta Salin long to make up the 10 meters and take the lead from Streidt as she sped the first furlong in super fast style. Around the turn, Salin kept pouring on the coals and built up a 5m lead, but it had been an unwise race and in spite of running 49.9, she was passed in the stretch by Streidt and the East German crew won it with 3:25.2s. Meanwhile back at the post, the Poles were generating some excitement. Szewinska took the baton with as poor a pass as ever these eyes have seen. Don DeNoon would suspend his 9/Under Blue Angels for a month if they ever had such a bad pass! Szewinska stood at the back of the zone and took the baton from Piecyk as Danuta swept past - then she took off. Like a rocket yet. Passing the 200m in 22.9 and winding up with 48.6 to bring her team into fourth, just 0.3 be-



## EUROPEAN CHAMPIONSHIPS (Continued)

hind the Russians - who got a 50.5 last lap from Illina. Such was the calibre of running in this final lap that Britain's Donna Murray, with a 51.1 leg, seemed to be going backward to the rest of the field. Six teams were under 3:30. Relay splits were achieved through the cooperation of Track & Field News team, Don Potts, Jim Dunaway and other assorted reporters in the stands.

**Final**, 1-GDR (Rohde 52.5, Dietsch 51.5, Handt 50.6, Str-eidt 50.5) 3:25.2, 2-Finland (Eklund 53.6, Pursiainen 50.6, Wilmi 51.4, Salin 49.9) 3:25.7, 3-Soviet Union (Klimovicha 52.3, Barkane 51.7, Sokolova 51.6, Illina 50.5) 3:26.4, 4-Poland (Nowaczyk 53.1, Kacperczyk 52.4, Piecyk 52.0, Szewinska 48.6) 3:26.4, 5-GFR (Jost, Barth Falck, Wilden) 3:27.9, 6-Great Britain (Kennedy 55.4, Roscoe, Bernard, Murray 51.1) 3:29.6, 7-Rumania 3:30.8, 8-Czechoslovakia 3:36.3. National records set by Finland, Russia Poland and Rumania.

### HIGH JUMP

**Qualifying**. Sixteen of the entries had marks over the once magic six foot marker, so it came as no surprise that 15 jumpers qualified at 5'10" while Astrid Tveit (Nor) and Valerie Harrison (GB) were eliminated with a clearance of 5'10". Others who did not make the final were: Grith Ejstrup (Den) and Stanka Valkanova (Bul) 5'8" and Ann Eva Karisson (Swe) 5'8".

**FINAL**. Although it took 5'10" to qualify, three jumpers were eliminated before the bar reached that height in the final - Barbara Lawton, Ruth Watt, both of Great Britain, and Russia's Tamara Galka. It didn't take long for the bar to reach six feet and nine were over that height. At 6'2", there were still six remaining in the competition, but that height eliminated Russia's Galina Filatova and the 1968 Olympic winner, Czechoslovakia's Miloslava Hubnerova.

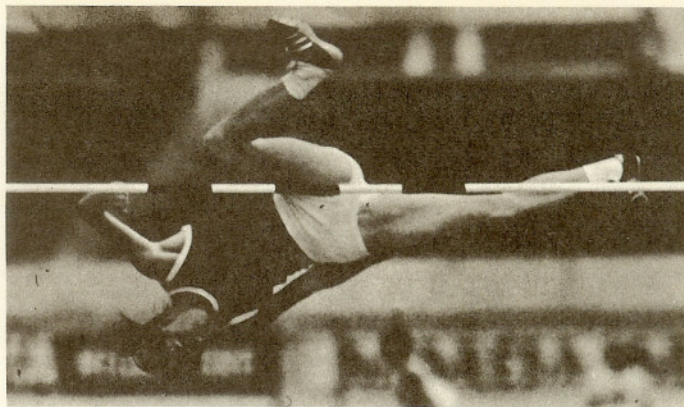
At 6'3" the real jumping began with four athletes still in the competition: Kirst and Witschas from GDR, Karbanova from Czechoslovakia and Simeoni from Italy. It was the presence of Simeoni that caused the problem as the 40000 spectators were divided into two camps by the assinine, unsportsmanlike conduct of the Italians. Wild cheers greeted Simeoni as she prepared for her jumps. Loud whistles and boos greeted the other three jumpers. Witschas, a tough competitor, didn't let it get to her and she was over on her first attempt. All the others missed. Karbanova began the second round and she, too, went over in spite of the whistling. By now, those in the stadium who were not Italian compounded the issue by whistling when it came time for Simeoni to jump, and Kirst was visibly affected by the crowd. Both Simeoni and Kirst missed on their second attempts. Kirst was first up for her final try and the whistles were so loud as she prepared to jump that she withdrew from the area in an attempt to regain her composure. When finally she did jump, still amid the wild whistling, she missed. Simeoni also missed on her trial and only Karbanova and Witschas remained.

The bar was raised to 6'4" and both girls missed. Karbanova missed the second time, but Witschas was clearly over. Everything was finished when Karbanova missed her final trial and suddenly Witschas, who had been booed and whistled at when she was attempting 6'2", was cheered by the Italians as she prepared to try for a new world record of 6'4". She missed twice, but on her final attempt she was over and had her new world mark. She tried three times at 6'5" while the stadium full of spectators waited for the closing ceremonies as this was the final event of the Games.

**Final**, 1-Rosemarie Witschas (GDR) 6'4", 2-Milada Karbanova (Cs) 6'3", 3-Sara Simeoni (Ita) 6'2", 4-Rita Kirst (GDR) 6'2", 5-Miloslava Hubnerova (Cs) 6'1", 6-Galina Filatova (SU) 6'1", 7-Ulrike Meyfarth (GFR) 6'0", 8-Maria Mracnova (Cs) 6'0", 9-Marie-Christine Debourse (Fra) 6'0", 10-Annemieke Bouma (Hol) 6'0", 11-Karin Wagner (GFR) 6'0", 12-Virginia Ioan (Rum) 5'10", 13-Tamara Galka (SU) 5'8", 14-Ruth Watt (GB) 5'7", 15-Barbara Lawton (GB) 5'7".

### LONG JUMP

**Qualifying** (Qualifying mark 6.30/20'8). Finland gave the spectators another thrill when Pirkko Helenius hopped out 21'6" on her very first effort to take the number one spot in the qualifying rounds. Thirteen jumpers made the standard with Meta Antenen just squeaking in on her final trial with a 20'8" wind-aided jump. Lotova and Bruzsenyak also took all three jumps to make the standard. **Qualifiers**: 1-Pirkko Helenius (Fin) 21'6", 2-Ilona Bruzsenyak (Hun) 21'4", 3-Valeria Stefanescu (Rum) 21'3", 4-Cisca Janssen (Hol) 21'2", 5-Marianne Voelzke (GDR) 21'0", 6-Jarmilla Nygrynova (Cs) 20'10",



Rosemarie Witschas, East Germany, clears 6'4 3/4 on her final try for a new world record. ('Athletisme' photo).

7-Lidia Alfeeva (SU) 20'10", 8-Angela Schmalfeld (GDR) 20'10", 9-Ildiko Szabo (Hun) 20'10", 10-Eva Suranova (Cz) 20'9", 11-Kapitolina Lotova (SU) 20'9", 12-Tatyana Timockova (SU) 20'9", 13-Meta Antenen (Swi) 20'8". Non-qualifiers: Birgit Wilkes (GFR) 20'7", Tuula Rautanen (Fin) 20'7", Maroula Lambrou (Gre) 20'5", Dorina Catinean (Rum) 20'3", Isabella Lusti (Swi) 20'1".

**FINAL**. Pirkko Helenius, another of those pesky Finns, opened the competition with her lifetime best at 21'7" and held the lead for the first two rounds when Czechoslovakia's Eva Suranova bettered that mark by half an inch. Meanwhile, the favorite, Angela Schmalfeld, was having her troubles as was Hungary's all-round performer Ilona Bruzsenyak. The Hungarian had just made it into the final as she had troubles hitting the board in the trials and seemed to be repeating the same trouble here. But on her fifth jump she moved from seventh place to first with a mighty leap of 21'10" and that was it. Seven jumpers were over 21 feet and all 12 over 20'6".

**Final**, 1-Ilona Bruzsenyak (Hun) 21'10", 2-Suranova 21'8", 3-Helenius 21'7", 4-Schmalfeld 21'6", 5-Voelzke 21'6", 7-Timockova 21'4", 8-Antenen 20'9", 9-Szabo 20'9", 11-Lotova 20'7", 12-Stefanescu 20'6", Janssen did not jump.

### SHOT PUT

The much-looked-for duel between Chizhova and Fibingerova failed to materialize as the Czech was slightly injured, but even so, Chizhova didn't have it easy. Blond six footer Marianne Adam from GDR, tossed the bulb a mighty 67'0" on her first try and it wasn't until the third round that Chizhova finally moved in front to stay with a meet record toss of 68'2". This is Chizhova's fourth successive European title and she becomes the first woman to achieve such a performance. Once again the event was dominated by Eastern Europe as only one Westerner even bothered to enter, that being Italy's Cinzia Petrucci - and she failed to hit even 50 feet.

**FINAL**. 1-Nadyezhda Chizhova (SU) 68'2", 2-Marianne Adam (GDR) 67'0", 3-Helena Fibingerova (Cs) 66'8", 4-Ivanka Kristova (Bul) 62'10", 5-Ludwika Chewinska (Pol) 62'3", 6-Marita Lange (GDR) 61'0", 7-Elena Stoyanova (Bul) 60'7", 8-Esfir Krachevskaya (SU) 59'11", 9-Elena Korblyeva (SU) 59'7", 10-Radostina Bakhtschevanova (Bul) 58'11", 11-Cinzia Petrucci (Ita) 49'1".

### DISCUS THROW

As was the case in the shot, this event is practically an Eastern monopoly with only two Western European throwers bothering to enter - and 7th was their best. The event was all over after world record holder Faina Melnik took her first throw which landed exactly 69 meters from the circle for a new Championship record and very close to the world record at 226'4". This throw shook many of the competitors, especially Argentina Menis, considered to be one of the very few who had a chance to defeat the Russian champion. Menis could not get close until the fifth round when she unleashed a throw of 212'0", but that was as close as anyone could come to Melnik. Melnik also had two other throws which were far beyond anything else anyone could muster on this day and thereby established herself as Numero Uno for the umpteenth time.



**FINAL.** 1-Faina Melnik (SU) 226'4, 2-Argentina Menis (Rum) 212'0, 3-Gabrielle Hinzmann (GDR) 205'1, 4-Maria Vergova (Bul) 203'2, 5-Karin Holdke (GDR) 193'4, 6-Olimpia Catarama (Rum) 191'3, 7-Liesel Westermann (GFR) 188'4, 8-Vassilka Stoeva (Bul) 187'5, 9-Helena Vyhmalova (Cs) 181'3, 10-Svetla Bojkova (Bul) 178'1, 11-Rosemary Payne (GB) 161'3.

#### JAVELIN THROW

It was all over in the second round. After suffering two defeats during the 1974 season, Ruth Fuchs uncorked a throw that landed nearly four feet beyond her own world record at a phenomenal 220'6. Is throwing the javelin an easy technique to come by? Fuchs has been throwing for 14 years and believes she is finally beginning to get the hang of it. During these years she has worked diligently not only on technique but on the weights and now has the strength to go with her form. She feels it will take 70 meters/229'8 to win the 1976 Olympics in Montreal.

The battle for second was a good one as Fuch's teammate, Jacqueline Todten repeated her maneuvers of the 72 Games by moving from 4th to 2nd on her final throw. Yugoslavia's Urbancic, who spent several seasons in Australia, was third.

**Qualifying (177'2 or top 12 to final).** 1-Jacqueline Todten (GDR) 199'5, 2-Ruth Fuchs (GDR) 196'5, 3-Natasa Urbancic (Yug) 195'11, 4-Lutvjan Mollova (Bul) 189'4, 5-Daniela Jaworska (Pol) 184'7, 6-Felicia Kinder (Pol) 184'1, 7-Ioana Pecec (Rum) 181'11, 8-Tatyana Zhigalova (SU) 181'6, 9-Eva Janko (Aut) 180'9, 10-Ameli Koloska (GFR) 179'2, 11-Sabine Kargel (GDR) 177'3, 12-Eva Zorgo (Rum) 177'1. **Non-qualifiers:** Theresa Sanderson (GB) 174'10, Svetlana Babich (SU) 169'10, Lida Kuys (Hol) 162'2, Giuliana Amici (Ita) 162'2, Maria Kucserka (Hun) 154'7, Leentje Wuyts (Bel) 149'5, Elly Van Beuzekom (Hol) 129'5, Joujana Jelyazkova (Bul) did not throw.

**FINAL.** 1-Fuchs 220'6, 2-Todten 203'9, 3-Urbancic 202'3, 4-Mollova 199'6, 5-Kargel 187'4, 6-Kinder 187'1, 7-Zhigalova 185'10, 8-Koloska 184'11, 9-Janko 178'7, 10-Zorgo 178'7, 11-Jaworska 177'3, 12-Pecec 171'2.

#### PENTATHLON

Probably the biggest upset of these Championships came about in the pentathlon. With all eyes on world record holder Burglinde Pollak, it was a shock to see the small (5'5 1/2 and 126 pounds) Nadyezhda Tkachenko whip her larger opponent in four of the five events and take the title back to Russia with her. Things went almost normal in the opening event as Pollak cruised to her usual 13.36 with Tkachenko not too far behind in 13.39. Moving to the shot, the real surprise came as Pollak put 51'10, but the Russian mighty-mite put her 126 pounds into her effort and threw 52'8 3/4. Would you say off-hand that she lifts weights? Pollak fell farther behind at the high jump as Tkachenko hopped over 5'8 1/2 to only 5'7 3/4 for the East German. Pollak had a chance to make it all up in the final two events and jumped 20'3 3/4 in the long jump, but Tkachenko answered with 20'10 1/2. And so it all came down to the 200 (which will be replaced by the 800 on January 1 of 1977) and of course Pollak couldn't lose for the experts knew there was no way Tkachenko could stay close short of cutting across. But it was not to be and Tkachenko ran her best at 24.20 while it took Pollak 24.46 and it was finished. Nadyezhda won by an even 100 points. Only three points separated third-fourth-fifth places in a real battle.

1-Nadyezhda Tkachenko (SU) 4776 (13.39-52'8 3/4-5'8 1/2-20'10 1/2-24.20), 2-Burglinde Pollak (GDR) 4676 (13.36-51'10-5'7 3/4-20'3 3/4-24.46), 3-Zoia Spasovkhovskaya (SU) 4550 (13.27-47'6 1/4-5'5-20'10 1/2-24.96), 4-Siegrun Thon (GDR) 4548 (13.58-41'7 1/4-20'10-23.97), 5-Lyudmila Popovskaya (SU) 4548 (13.89-48'9 1/2-5'8 1/2-19'11 1/2-24.60), 6-Ilona Bruzsenyak (Hun) 4399 (13.63-37'9 1/4-5'7 1/2-21'2-24.98), 7-Margrit Olfert (GDR) 4391 (13.57), 8-Christel Voss (GFR) 4384 (5'10 3/4), 9-Penka Sokolova (Bul) 4323, 10-Djurdja Focic (Yug) 4289, 11-Ulrike Jacob (GFR) 4247, 12-Margit Papp (Hun) 4207, 13-Ann Wilson (GB) 4182, 14-Cisca Janssen (Hol) 4151, 15-Florence Picaut (Fra) 3375 (4 events only), 16-Snejana Youroukova (Bul) 2561 (3 events only).



Nadyezhda Tkachenko, Soviet Union, upset winner of the pentathlon, shown here clearing the bar at 5'8 1/2 in the high jump. The 5'5 1/4 and 126 pound Russian also put the shot an incredible 52'8 3/4. ('Atletikworld').

dition....After the 100, Szewinska said, "In previous years I would never have good training in the spring, but this year I did special exercises for the 200 and that helped me also in the 100. My start was one of the best of my life". Stecher: "It was a great ending to a fine season for her. In my case, the training pause in March caused by injury had hardly any effect on me. I am not disappointed tonight. I did not lose, she won and I got second. Losing a record is a normal thing in athletics and there is no reason I should be disappointed. It was a regular start for me."....After the 200 Szewinska said, "I have had better times this year, but in this meet the time isn't important. The 200 was a more difficult race for me, especially the first part." Said Stecher: "I always run a strong curve because I am weak in the straightaway"....Fuchs: "I anticipated I would need to throw 65 meters/213' to win tonight and my training was geared to that distance. I didn't think I would throw 67 meters/226."....Hoffmeister and Tomova were 1-2 in the 1500 and 2-1 in the 800....Bragina was rumored to have had eye trouble during the running of the 1500....Missed seeing Vera Nikolic in the 800 - first time in four EC....I clocked Holmen in 61.9 for her last 400, Bragina in 62.8. With only two laps to go, eight runners were still right together and had a chance to win....Gunar Prokop timed Salin in 49.8 (hand timing) for the 400 final....The award ceremony for the 800 was conducted twice due to the playing of the wrong National anthem for Bulgaria....The Russian National anthem has four bars taken directly from "I'm a Yankee Doodle Dandy"....Poor coordination between officials regarding the timing of the victory ceremonies. For example, after the first 200m semi was run and the second semi runners were ready, the trumpets sound and everyone had to stop for a ceremony....Looked forward to the Opening Day Ceremonies for I always appreciate them at these big competitions, but must report the Italians really blew it. Except for the parachuters who landed in the stadium, the rest of the time was wasted. Local gymnasts who did nothing but fall down in different directions was bad enough, but when they brought on their "champion" baton twirlers, it became pathetic. The Boone City Little Leaguers have better baton twirlers than we saw at the Stadio Olimpico. And the exhibition of taking apart an Italian car in three minutes wasn't actually a breath taking experience. As someone in the press section said, you can take any Italian car apart in three minutes!...Even the March Past was lacking as participants were dressed only in warmup clothes and their marching left much to be desired. Only the Greeks seemed to be trying to stay in step - and Igloy ruined that!...We did some checking on the starts for sprints and hurdles to see why the Europeans have so few false starts. The obvious reason is first of all they do not try and guess the gun. The runners were held from a minimum of 1.4 to a maximum of 2.4 in the set position. The starters come to the set position when the command is given and await the gun. Average hold was 1.8....

European Championship Notes: Discus winner Faina Melnik was stung by a bee while out sightseeing before the competition. Naturally the bee stung her on her right arm!...Nina Holmen, 3000 meter winner, thought she had a chance to take it all when she made her move with 500 meters to go. She said she hopes winning on opening day will become a Finnish tra-



# ASIAN GAMES

Teheran, Iran, September 9/13:-As is the case with all Area Games, every fourth year the Asians stage their Games, but this time, although well known throughout the world as a "politically oriented" section of the world, they sunk to new lows with their politics as they expelled the Republic of China and brought in the Peoples Republic of China and a whole lot of trouble. The PROC indulged in such high-schoolish antics as refusing to shake hands with any Israeli who beat them and following strict political party lines throughout the competition that would make the Irish situation look like Paradise.

The Chinese, although winning four events, failed to produce the earth-shattering performances expected of them with not a single world-class performance. Japan maintained its dominance at these Games, but had a hard time downing the Chinese team 146-136 with the other nations far behind. Israel, who sent only four athletes, wound up third as they tied with China and Japan with four golds apiece, three of the Israeli wins were by new mother Esther Shakamurov-Rot who won the two sprints and the hurdles. 18-year old Orit Abramovitch annexed the other gold for Israel with a fine mark of 5'10 in the high jump.

(Please note:-results of some events are incomplete due to difficulty in translations. We do have the correct country throughout, but will have to supply the correct individual names at a later date.)

**100m:** Esther Rot was the only runner under 12 seconds and won easily with Philippine star Amelita Alanes, winner of the Asian Championships last December in 11.6, finishing a poor fourth.

1-Esther Rot (Isr) 11.90, 2-Ho Tsu-fen (Ch) 12.10, 3-Keiko Yamada (Jap) 12.42, 4-Amelita Alanes (Ph) 12.43, 5-(Japan) 12.44, 6-(India) 12.47.

**200m:** Once again it was Rot who won by a large margin over Ho Tsu-fen of China in a good 23.79. 1-Rot 23.79, 2-Ho Tsu-fen (Ch) 24.41, 3-Emiko Konishi (Jap) 24.94, 4-Keiko Yamada (Jap) 24.96, 5-Lee Kyung-ja (South Korea) 25.03, 6-Amelita Alanes (Ph) 25.19, 7-Junaidah Aman (Mal) 25.42, 8-Hsiao Tsu-Nung (Ch) 25.43.

**400m:** Singapore lass Chee Swee Lee sprung a mild upset by whipping Asian champion Nobuko Kawano. The girl with the euphonic name sped to a 55.08 victory. 1-Chee Swee Lee (Sing) 55.08, 2-Nobuko Kawano (Jap) 55.59, 3-Aman (Mal) 55.78, 4-Tham-Than (Burma) 56.62, 5-(Japan) 56.87, 6-Lee Kyung ja (SK) 56.95.

**800m:** Kawano had her hands full with teammate Mikayo Inoue and China's Li Tan as all three were under the 2:10 mark. 1-Nobuko Kawano (Jap) 2:08.05, 2-Mikayo Inoue (Jap) 2:08.99, 3-Li Tan (Ch) 2:09.89, 4-Sung Mei-hua (Ch) 2:10.14, 5-Khana Shezifi (Is) 2:10.38, 6-Rachel Halle (Is) 2:11.86, 7-Nu Nu Yeh (Bur) 2:14.44, 8-Kwan Nam Soon (SK) 2:15.63. Interesting to note that Shezifi won this event in the 1966 Games in 2:10.5 and defended her title in 1970 in 2:06.5. Hanah was born December 5, 1943.

**1500m:** Only the two Chinese runners were under the 4:30 mark with Shezifi finishing in third spot ahead of Inoue. 1-Sun Mei-hua (Ch) 4:28.68, 2-Yang Yen-ying (Ch) 4:29.17, 3-Khana Shezifi (Isr) 4:31.00, 4-Mikayo Inoue (Jap) 4:32.35, 5-Nu Nu Yeh (Bur) 4:56.27, 6-Kwon Nam Soon (SK) 4:57.67. The distance runners were affected by the extreme high altitude of Teheran, nearly 7000 feet.

**1000m:** Rot returns to the victory stand once again as she sped to a convincing win of almost a full second over Japan's Tomomi Hayashida in 13.31. 1-Rot 13.31, 2-Hayashida (Jap) 14.28, 3-Miyuki Iloka (Jap) 14.32, 4-Chang Mei-hua (Ch) 14.71, 5-Ba Hsiu-yun (Ch) 14.97, 6-Kusum Chhatwai (India) 15.31, 7-Mashid Hyderati (Iran) 17.31, 8-Nahid Atchak (Iran) 17.39.

**High Jump:** One of the best competitions of the Games saw Orit Abramovitch and Mikko Sone of Japan soar over the 1.78/5'10 mark. 1-Abramovitch (Isr) 5'10, 2-Sone (Jap) 5'10, 3-Wu Fu-shan (Ch) 5'8½, 4-Ho Shun-Hsia (Ch) 5'5¼, 5-Tomomi Yagi (Jap) 5'5¼, 6-Gladys Ng Mei (Mal) 5'4¼, 7-Maryam Sederati (Iran) 5'1, 8-Mary Angel (Ind) 4'11.

**Long Jump:** Pretty good jumping with three athletes over the 20 foot mark and Japanese veteran Hiroko Yamashita relegated to third by the two Chinese jumpers. 1-Hsiao Chieh-ping (Ch) 20'8½, 2-Kang Yu-lee (Ch) 20'6½, 3-Yamashita (Jap) 20'2¼, 4-Kyoko Shimizu (Jap) 19'9½, 5-Lydia Silva-Netto (Ph) 18'9½, 6-Touran Shadfour (Iran) 18'9¼, 7-Mona Chin (Mal) 18'8½, 8-Tsen-amaa Dansuren (Mongolia) 17'11½, 9-Irene Saldanha (India) 16'7¼, 10-Nahid Archak (Iran) 15'11.

**Shot Put:** The complete dominance of this event by South Korea's Ok Ja Paik was once again demonstrated here as the burly lass tossed the shot 53'5, ¾ feet farther than her closest competitor. 1-Ok Ja Paik (SK) 53'5, 2-Kao Yu-Kuei (Ch) 49'11¼, 3-Kayako Hayashi (Jap) 49'8, 4-Chung Hsiu-yun (Ch) 49'5, 5-Setsuko Ujuan (Jap) 46'9½, 6-Jennifer Tin-Lay (Bur) 43'5¼, 7-Nanjimaa Dashzewegh (Mon) 42'7.

**Discus:** China's Kao got off a good throw of 170'1 to win this event by almost 15 feet. 1-Kao, Yu-Kuei (Ch) 170'1, 2-Nanjimaa Dashzewegh (Mon) 155'3, 3-Keiko Myokai (Jap) 154'4, 4-(Japan) 152'3, 5-Ok Ja Paik (SK) 151'3, 6-(India) 150'9.

**Javelin:** The perennial property of Japan, the Niponese gave way to the Chinese as both Chou Mao-chia and Meiko Takasaka were over 170 feet. The rest of the field was far behind with a throw of 78'5 winding up in 7th position. 1-Chou Mao-chia (Ch) 174'1, 2-Meiko Takasaka (Jap) 170'8, 3-Keioko Myokai (Jap) 157'4, 4-Prouch Thin (Cambodia) 131'6, 5-Parvin Safavi (Iran) 111'4, 6-Talat Sultana (Pak) 107'11.

**Pentathlon:** A ding-dong battle between Kyoko Shimizu of Japan and the two Chinese aces, Sun and Chang. Shimizu got the jump over Sun in the hurdles with a 77 point margin and added 50 more points to her lead in the shot. Sun came back the next day to jump 5'7 for a 91 point win over the Japanese girl, but the Japanese held a slim 36 point lead with just the long jump and 200 meters to go. Shimizu long jumped one-half inch farther than Sun and the two ran identical 26.40 times in the sprint to give the victory to Shimizu by a margin of only 41 points while Chang was only another 66 points back in third. 1-Kyoko Shimizu (Jap) 3890 (14.77-36'¾-5'¾-19'4-26.40), 2-Sun Yu-hsiang (Ch) 3849 (15.48-34'3-5'7-19'¾-26.40), 3-Chang Yu-mei (Ch) 3783, 4-Gladys Ng Mei (Mal) 3300, 5-Maryam Sederati (Iran) 3265, 6-Kusum Chhatwal (Ind) 3167.

**4x100:** The two "powers" had it out once again in this race with the Japanese scoring a close win over the Chinese. 1-Japan 46.62, 2-China 46.76, 3-Singapore 47.10, 4-Iran 47.50, No fifth or sixth.

**4x400:** A great race with all five teams setting new National records. The anchor leg brought together Kawano, Tham-Than and Chee Swee Lee and the Singapore lass zipped to a fast 53.7 clocking to bring her team close to victory. 1-Japan 3:43.50 (55 average), 2-Singapore 3:43.85, 3-Burma 3:46.06, 4-China 3:47.19, 5-Iran 4:07.65.

**Scores:** 1-Japan 146, 2-China 136, 3-Israel 49, 4-Singapore 24, 5-South Korea 16, 6-Burma 15, 7-Malaysia and Iran 11, 9-Mongolia 8, 10-India and Cambodia 4, 12-Pakistan 1.

## Medals:

	Gold	Silver	Bronze	Total
Japan	4	5	7	16
China	4	7	3	14
Israel	4	0	1	5
Singapore	1	1	1	3
South Korea	1	0	0	1
Mongolia	0	1	0	1
Burma	0	0	1	1
Malaysia	0	0	1	1

## CANADIAN COACHING MANUAL \$3.00

Here is an ideal coaching manual for the young or beginning coach or athlete, published by the Junior Development Division of the British Columbia T&F Association.

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PO BOX 371, CLAREMONT, CALIFORNIA 91711.



## LETTER FROM MARYL BARKER, Eugene

"I was very disappointed to see your comment in Kaleidoscope (September 1974) concerning the possibility of Oregon Track Club hosting a combined men's and women's Olympic trials for 1976."

"I am especially disappointed and surprised that you would make such a comment without knowing more about arrangements being considered."

"Although I have not attended a women's Olympic trials, I have heard and read about such meets being held at high school facilities with only a handful of spectators present. Is this any way to choose the top women to represent our country? I think not."

"Please consider the following: In Eugene, the trials would be run on a ten-day schedule, exactly duplicating the Olympics themselves in Montreal."

"Some women have expressed fear that the women are only wanted as fillers for a men's meet. This is ridiculous. The women are wanted to make the meet a complete and better one. There were gaps in the '72 trials because the meet was run on the Olympic schedule and this schedule is designed for men and women. The women wouldn't be fillers for the men any more than the men would be considered fillers for the women's meet."

"Having read articles about meets, especially indoor meets in California, I can understand why you shy away from a combined men's and women's meet. However, it has been my experience that at twilight meets, Portland Indoor Meets and the Hayward Field Restoration Meet that the crowds and officials respect the women and enjoy women's competition. I would be surprised if Debbie Quatier didn't appreciate the 8000 spectators cheering her every lap of her 5000 meter American record at the Restoration Meet on June 8. Also, I think Francie Larriau would probably agree that the track and field enthusiasm and the track make race conditions exceptionally good in Eugene."

Because of the interest in track and field in Eugene, Oregon, the Oregon TC is able to put on a 10 day meet at a considerable profit. This would allow them to pay room and board for any athlete with the Olympic Committee paying transportation. How can such a proposition be ignored?

"After competing at UCLA, Canton, Irvine and Bakersfield, I would think the athletes would welcome a cooler climate and one more comparable to Montreal in which to compete."

"There may be some concern that with many of the women athletes being young that they shouldn't be put up in a situation where they are around men athletes. First, I think that anyone reaching the level of ability necessary to compete in these trials would be mature enough to behave responsibly. Second, the men and women will be competing together in Montreal, so why not simulate these conditions so the adjustment can come at the trials and not in Montreal."

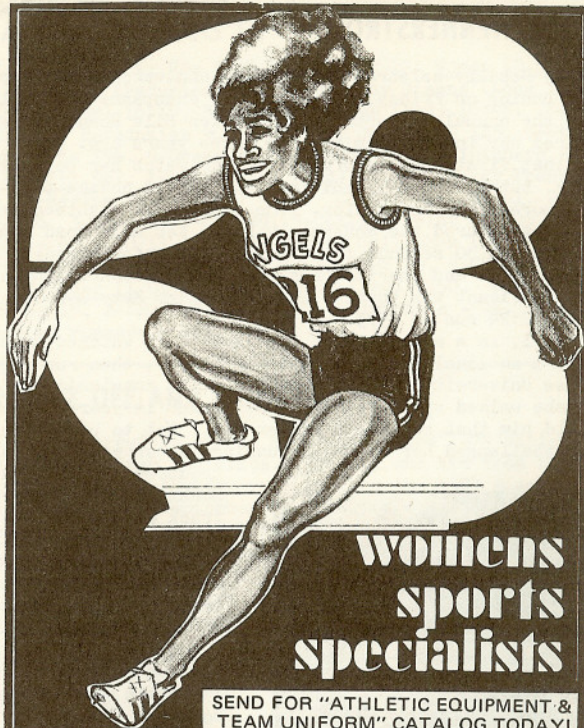
"Consider Eugene weather which is comparable to Montreal, the ten-day simulated Olympic schedule, the enthusiastic and knowledgeable crowds, the extensive experience of the Oregon Track Club officials in putting on major meets, the possibility of room, board and transportation being paid for the athletes - and you would prefer a two day meet in an empty stadium in Los Angeles?"

"I invite you to attend a meet in Eugene to get a feel for what I am talking about."

"The Oregon TC wants to make the Olympic trials a complete and outstanding meet in which the best athletes are chosen to represent the United States. I hope you and all of your readers will carefully consider what Oregon Track Club is proposing. Let's begin working now to make the 1976 Olympic Trials the top quality meet it should be."

(Ed. Note:—I am sure, Maryl, that the Eugene Chamber of Commerce will add another star to your crown for surely there can be no greater booster than you.)

If all would go according to schedule, I think Eugene and Hayward Field and the Oregon Track Club would stage a great trial meet. But things happen. Read the letter in this issue from Winston Wallace who reports that television drastically changed events both as to starting time and sequence to fit their shooting schedule. This I have seen happen in any number of meets and ALWAYS it is the women who get moved, shoved and obliterated. You could not write a guarantee to prevent this for believe me, television controls the track meets. How can you assure the athletes who have trained and conditioned themselves for four years to prepare themselves for the exact moment that they will not be cast aside for a try by Joe Blow at 17 feet in the vault? Solve that problem and I'll buy your city or any city.



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## LETTER FROM BOB MILLER, Great Falls, Montana

"After attending the National AAU Outdoor Championships at Bakersfield, I feel compelled to make two points in hope that future meets will be better organized at the National level."

"First - Mr. Neil Eliason of Flathead Valley Community College and I had planned to take several girls to Gainesville for the Junior team trials. However, after several weeks and many headaches, it was discovered that connections between Gainesville and Bakersfield were impossible. Now I ask you, what would have been so very wrong with using the AAU National Outdoor Championships for girls as the trial meet as was done in 1973? As it turned out, two of the better high jumpers, (Ritter and Hackett), were unable to attend and therefore, the field in the girl's division was lackluster, to say the least."

"This does not even consider the loss of national attention through television rights that were lost when the USA-USSR Junior team meet was scheduled for the same weekend as the nationals. Talk about cutting our own throats! We, as girls' and women's coaches know how hard it is to get the publicity to build our field, yet a committee of a few scheduled trials in locations where many good athletes could not travel to, let alone afford the heavy financial burden of two long trips to Florida and California. I mean how much further out can you get!"

"My second point is one of a psychological and physical reference. Why do our men's teams qualify for international berths and then have at least one and sometimes two weeks to prepare for the international meet while our US women seem to always schedule trials for the week just preceding the international competition? To me, this is stupidity of the part of the National Committee. Many sports psychologists and former athletes have long commented on the necessity for an athlete to rest mentally in order to perform at optimum for a major meet, particularly in the case of a young athlete without much international experience. Physiologists say the same thing with regard to the muscles needing time to recover. Yet what do we do? Hold the Outdoor Nationals the week preceding international competition! Might this be one reason for the overall team showing of our girls? Naturally, some athletes can handle this type of work for two consecutive weeks, but not all! Please, consider the US Team next year when you plan the Nationals."



**STEVE'S WONDERS**  
by **STEVE WENNERSTROM**

**KATY SCHILLY**

Kathy Schilly celebrated her third anniversary of competitive running on Friday, July 26th. No champagne or candles - just the annual Brewerton New York Ten Mile Road Race which had fired her interest in running three years ago.

At that first race, she was there to watch her boyfriend compete, but in the 1974 edition, she served notice that she is now more than a spectator. The soon-to-be eighteen-year old athlete toured the moderately hilly ten mile road course in 60 minutes 30 seconds flat, sex-tenths under Brenda Webb's existing world and American bests for the distance. Even more significant was that it was 1:54 under Katy's nation-leading 62:24 run in 1973.

In 1971, as a spectator at the race, Katy watched Bruce Fisher, a nationally ranked distance runner, then running for Syracuse University, win the race. At the conclusion of the race, she walked up to Fisher in her brash 14-year old way, and told him that she was a runner too. Not to be outdone, Fisher challenged her to begin running in earnest, and introduced her to Alan Bonney, the Syracuse U. track coach, who has coached her every since.



Katy has become one of the most versatile female runners in the US in three years, although the road has not been an easy one. In 1971, the New York State Board of Regents still had not granted girls the right to compete on boy's high school teams, and there was no real program for the girls, so the Schilly family challenged the legality of that policy. Their battle cleared the way for girls to participate in non-contact sport boy's teams.

So Katy became the only member of a boys high school team in the state of New York. That, like everything else that is new, was met with wide resistance. But the tenacity of Katy and the Central Square High School track coach Jerry Schulz, led to acceptance by her teammates to such an extent that she was elected Co-captain of the 1974 Varsity Cross Country team. Coach Bonney believes that it was, to a great extent, this experience which has contributed to her running success. Katy's desire to run and compete left quite an impression on many people. In one case the following was written by a member of the Board of Regents who had backed Katy throughout:

The Ballad of Katy Schilly

With wind in the willows and swirls in the snows,  
I sing you the ballad of torment and woes.  
But the ballad's not ended; for if we reverse  
A former position, we've lifted the curse.

The story begins with a young Katy Schilly  
Who runs like a fawn or a thoroughbred filly.  
She dashes, she hurdles, she capers the mile,  
But what she does best is in cross-country style.

Because of her stamina, fleetness and grace,  
She covets a spot in the cross-country race  
In Central New York for Central Square High,  
To help them win, or a least to a tie.

She's physically fit for the slated position,  
The doctors admit she's in tip-top condition.  
But a strange inadvertence has set up a hex -  
For by "Commissioner's Regs" she ws born the wrong sex.

That the sexes are different is known to a dunce;  
And "Vive", say the French, "le grande difference".  
No one can argue for mixed competition  
On a gridiron or rink, or by boxing commission.

But, as Regents have noted, in tennis and chess,  
In badminton, shuffleboard, and archery tests,  
In skiing and track, along with the men,  
Women may join is they have a strong yen.

We come to the heart of the issue before us,  
An issue so simple it might even bore us;  
Katy may ski with men, mile after mile,  
She may run on the track coeducational style;

The double A U allows women to run  
In heats of ten miles at the sound of a gun.  
So a ban on cross-country is not physiological,  
Our ruling is therefore a trifle illogical.

Regents aren't ogres, our tenor's not terror;  
Like Scrooge let us happily note a sad error;  
In the course of this meeting, (our chinny-chin-chin),  
Let's ammend Section 4 and let "cross-country" in.

In this season so jolly, with wassail and yuling,  
I humbly beseech you to make this new ruling;  
To end an unfairness, a latent hostility,  
Let's judge not by sex, but by patent ability!

Stephen K. Bailey  
NY State Board of Regents

Along with her improvement and success on the roads, Katy's improvement on the track has been consistent as well. Her versatility is evidenced by her track performances which range from a relatively slow 59.9 quarter and 2:15 (relay) half to more impressive 4:53.2 mile and 10:40.0 two mile, (9:54.6 for 3000 meters). Katy also finished 2nd in the mile behind Robin Campbell this year at the Girl's National Championships at Bakersfield. More recently, at Charleston, West Virginia, Katy won the 15 mile road race defeating, among others, Jackie Hansen who was last year's Boston marathon winner. Katy's time for the race was a new American record in 1 hour 38 minutes and 23 seconds, defeating her nearest rival by almost two minutes.

Coach Bonney is quick to point out that Katy is at once a victim, and he feels, a beneficiary of his "slow and easy" philosophy of training runners. "I am totally convinced", he says, "that women, like men, need seasoning. Too many fourteen year old super stars never last long enough to run with the emotional advantages of maturity. By bringing Katy and all our Syracuse girls along slowly, they should be around for a long time".

Minor illnesses before major meets have hindered her improvement more than any other factor. Naggng ailments no doubt affected her at the 1973 Feminine Marathon (6 miles) in Puerto Rico, where she placed third; and most recently, in the women's two mile at Bakersfield, where allergies helped to slow her to a 10:59 6 clocking while finishing eighth. Like most runners, though, Katy runs on.

Her potential seems to be great, but neither coach nor athlete see any particular reason to hurry. It was noted in the WTFW Nationals Preview this year that she's "always a bridesmaid", referring to the fact that she has yet to win a major title, but Bonney feels that it can't hurt to be a bridesmaid at seventeen! "Time and patience are two things we have in abundance".

TRAINING: Seven days a week, 5 1/2 weeks a year. Year broken into four quadrants. Summer: heavy distance (80-100 miles per week) road racing, and, after the national track meets, an occasional mile or two mile on the track. Fall: 80-85 miles per week, twice-a-day training, 3 days of intervals training, (long on Monday, eg 5x1 mile repeats; track on Wednesday, eg 12-16x440 with short recovery interval; combination on Friday when there is no meet on Saturday). Winter: schedule is basically the same, but the quantity is reduced and the quality increased. Race once a week. Spring: virtually the same as winter, but without the snow!

Katy Schilly: Born October 19, 1956; 5'3 and 108 pounds;  
Team: Syracuse Chargers; Coach, Alan Bonney. Annual progression:

	<u>Mile</u>	<u>2 Mile</u>	<u>3000m</u>
1972 (15)	5:04.7	11:27.0	xxxxx
1973 (16)	4:58.0	10:56.0	xxxxx
1974 (17)	4:53.2	10:40.0	9:54.6



# CROSS COUNTRY ROUNDUP

## 7th ANNUAL LIPKE INVITATIONAL

Detroit, Michigan, August 31:-200 entries made the Seventh edition of the Lipke Cross Country Invitational a success. Marjorie Opalewski of the Midland Fleet Feet took top honors in the featured 14/Over two mile, winning in a new course record time of 11:05.9, nearly twenty seconds in front of veteran Sue Parks. Course records were also set in the 10/11 and the 9/Under Divisions.

Open (2.0m), 1-Opalewski (MFF) 11:05.9, 2-Sue Prks (Golden Triangles) 11:25, 3-Collins (Motor City) 11:45. 30/Over, 1-Sowell 6:56. 12/13 (2.0m), Macreno (SUS) 12:25.1. 10/11 (1.0m), Collins (Burbank) 5:54. 9/Under (1.0m), Vultaggio (Lipke) 6:20.

## FORT WAYNE XC

Fort Wayne, Indiana, September 7:-Lipke's Ella Willis won the "Almost" four mile cross country race staged by the Fort Wayne PAL Cinderettes in a close duel with Kay Flatten.

14/Over (4.0+m), 1-Ella Willis (Lipke) 28:35, 2-Kay Flatten (Bloomington TC) 28:41, 3-Laurie Myers (Pales Hills) 29:33. 12/13 (-3.0m) Jill Wanka (PH) 19:49; 10/11 (1.5+), A. Collins (Burbank Striders) 8:00; 9/Under (1.0+), Tracy Hagen (PH) 7:06.

## SAN JOSE CINDERGALS INVITATIONAL

San Jose, California, September 7:-Phyllis Olrich easily won the individual title at the Annual San Jose Cindergals Invitational Cross Country meet with a 30 second margin over Ann Trason. The Cindergals just as easily took the team title with 33 points as their "B" team was second with 111.

Open Division (2.5m), 1-Phyllis Olrich (Un) 12:12.6, 2-Trason (MPTC) 12:43, 3-Chris Sakelarios (RCF) 12:48, 3-Pam Bowers (SJC) 12:51, 5-Ann Slivkoff (SJC) 12:58. 12/13 (2.0m), 1-Belk (SJC) 10:32.9, 2-Bier (APP) 10:41. 10/11 (1.5m), T. Frye (SJS) 8:21. 9/Under (1.5m), J. Fuller (SJS) 7:58.9. Number of entries - 128.

## KOENIG WINS JEFFCO INVITATIONAL

Denver, Colorado, September 14:-Wendy Koenig annexed the top honors at the Jeffco Jets Invitational Cross Country Meet as she walked away with victory over the three mile course in 19:21.9, nearly four minutes ahead of runner-up Patty Arterburn.

12/13 Division (2.0m), Kathy Sjolie (TCG) 13:42.2; 10/11 (1.5m), Farnie Avis (TCG) 10:07.2; 9/Under (1.0m), Lynn Connors (TCG) 7:32.0.

## JOHNSON WINS ON THE BEACH

Long Beach, California, September 14:-Debbie Johnson sped the Belmont Pier Beach Run three mile course in 17:42 to take the individual title from Kathy Jewell as the Long Beach Comets staged their 9th Annual Beach Run.

Women (3.0m), 1-Debbie Johnson (RRR) 17:42, 2-Kathy Jewell (LBC) 18:06, 3-L. Miller (Un) 18:44, 4-Esther Marquez (RRR) 18:56, 5-Patty Cape (LBC) 19:25...7-Delores Banks (RRR) 19:38, 9-Clydine Crowder (Un) 19:39...10-Sue Brodock (RRR) 19:59. Scores, 1-RRR 34, 2-LBC 48, 3-BA 68. 14/17 (2.5m), 1-Mary Decker (Un) 14:24, 2-Becky Wolfenbarger (SCC) 14:49, 3-Doreen Assuma (RRR) 14:53. Scores, 1-RRR 40, 2-SCC 46. 14/15 (2.5m), 1-Laurie Jewell (LBC) 14:26, 2-J. Bowen (LI) 14:40. Scores, 1-LBC 40, 2-BA 75. 12/13 (2.0m), 1-Paula Rose (Un) 11:04, 2-D. Esslinger (SCC) 11:13. Scores, 1-RRR 25, 2-SCC 76, 3-BA 109, 4-SCC "B" 153, 5-RRR "B" 158, 6-LBC 200.

10/11 (1.5m), 1-Mari Gibbs (LI) 8:29. Scores, 1-RRR 51, 2-BA 55, 3-RRR "B" 142, 4-SCC 143, 5-LBC 179, 6-SBS 194. 9/U (1.0), K. Kiernan (BA) 5:44. Scores, 1-RRR 49, 2-SCC 75, 3-BA 80, 4-OC 130, 5-RRR "B" 135. 14/Over Novice (1.0m) Sue Marpham (LI) 6:01. 13/Under Novice (1.0m), S. Hammond (RRR) 5:47. Number of runners - 292.

## OCEANHILL CHEETAHS XC

VanCourtland Park, New York, September 22: Women (2.5m), 1-Donna Gardner (Padukies) 15:51, 2-Cathy Greene (Long Island Golden Spikes) 16:10, 3-Roberta Anthes (Pad) 16:48. Scores, 1-LIGS 37, 2-Padukies 40, 3-Central Jersey AC 113, 4-Statens Island Jets 146, 5-Oceanhill Cheetahs 153. Finishers - 41. 12/13 (1.5m), 1-Pam Dutton (Pad) 8:52, 2-Nancy Frank (LI) 8:54, 3-Regina Felix (OHC) 9:28. Scores, 1-LIGS 41, 2-Padukies 46, 3-OHC 88, 4-SIJ 89, 5-College Point AC 126. Finishers - 44. 10/11 (1.25m), Ronnie Gallashaw (Pad) 7:22. Scores, 1-Padukies 15, 2-SIJ 63, 3-LIGS 79, 4-OHC 83, 5-CPAC 172. 9/Under (1.0m), Gloria Woods (Pad) 6:50. Scores, 1-Padukies 15, 2-LIGS 72, 3-SIJ 78. Finishers - 24. Total number of runners - 163.

## HAREWICZ OFF AND RUNNING

Marlene Harewicz, bronze medalist at the 1974 National Championships over two miles, ran away and hid from the field in two 2.5m cross country runs to open the 1974 season in Pennsylvania. On September 7, Harewicz won the race by nearly 1½ minutes, crossing the line in 15:51 to 17:16 for runner-up Hall. On the 21st, Harewicz again made it look easy as she cut her time down to 15:29 to 16:58 by runner-up Parsons of the South Jersey Chargers. In addition, Marlene's team, the Mt. Lebanon Track Club won both meets by lopsided scores.

## MERRILL RED HOT

Quaker Hill, Mass:-Jan Merrill, Age Group AA, continued her win streak as she cut two seconds off the course record in winning the weekly New London run. Jan covered the two mile course in 12:06. Judy Fountain won the 14/17 race in 12:56. 12/13 mile and a half was won by Sandy McCarthy in 14:13.

## GIBBONS ARIZONA WINNER

Papago Park, Arizona, September 21:-Kathy Gibbons returned to competition after a 1974 track injury and proved she will be tough to beat as she annexed an Arizona Cross Country run by 35 seconds from Marjorie Kaput. Gibbons covered the three miles in 16:18.4s.

Women (3.0m), 1-Kathy Gibbons (Glendale Gauchos) 16:18.4, 2-Marjorie Kaput (Phoenix TC) 16:43, 3-Debbie Derr (Un) 16:53, 4-Phyllis Trim (Pear's Peaches) 18:23, 5-Liz Dufour (ArizTC) 18:38. Team winner, Phoenix TC 55 pts.

12/13 Division (2.0m), 1-Diane Barrett (ATC) 10:33.8, 2-Deanne Hamby (VOSTC) 11:37, 3-Kim Fraser (ATC) 11:41. Team, 1-ArizTC 29, 2-PP 83. 10/11 Division (1.5m), 1-Karen Hooper (Crieghton TC) 8:43.7, 2-Robin Crozier (Scottsdale TC) 8:46, 3-Monica Zepeda (STC) 8:52. Team, 1-STC 45, 2-ATC 66, 3-PP 78, 4-CTC 100. 7/9 Division (1.0m), 1-Karen Bradshaw (ATC) 6:43.1, 2-Lisa Anetsberger (ATC) 6:53, 3-Sharon Smith (PP) 6:54. Team, 1-ATC 36, 2-PP 54, 3-CTC 72, 4-VOS 88, 5-STC 109. Number of competitors, 138.

## DEBBIE JOHNSON LA MIRADA VICTOR

La Mirada, California, September 21:-Debbie Johnson won her second straight cross country title in two weeks as she took the three mile La Mirada Invitational in 17:43, more than a full minute ahead of runner up Miller.

Women (3.0m), 1-Debbie Johnson (RRR) 17:43, 2-Miller (Un) 18:44, 3-Esther Marquez (RRR) 19:08, 4-P. Coursey (Blue Angels) 19:12, 5-Sue Brodock (RRR) 20:15. Team, 1-RRR 26, 2-BA 47. 14/17 (2.5m), 1-Kathy Jewell (LBC) 14:39, 2-Laura Jewell (LBC) 14:41, 3-Linda McQuarrie (LBC) 14:45, 4-Doreen Assuma (RRR) 14:59, 5-Becky Wolfenbarger (SCC) 15:12. Team, 1-LBC 27, 2-RRR 51.

14/15 (2.5m), 1-J. Waterbury (Orange Coast Thunderbolts) 15:18. 12/13 (2.0m), P. Rose (Un) 11:44. 10/11 (1.5m), Mari Gibbs (Lakewood International) 8:23. 9/U (1.0m), L. Jewitt (RRR) 6:05. 14/Over Novice (1.0m), Yolanda Rich (LBC) 6:11. 13/Under Novice (1.0m), J. Riley (RRR) 6:23. Number of runners - 263.



## INDOOR SCHEDULE

Indoor meets have been set for 1975 as follows:

- January 10 - Cleveland Knights of Columbus
- 10 - New York Knights of Columbus
- 17/18 - Sunkist Meet, Los Angeles
- 24 - San Francisco
- 25 - Albuquerque
- February 1 - Millrose Games, New York
- 7/8 - Los Angeles Times Meet
- 14 - Toronto Maple Leaf Games
- 15 - Winnipeg
- 28 - Indoor Championships, New York

## HARWICK WALK WINNER

Carlynton, Pennsylvania, September 22:-Beth Harwick, Mt. Lebanon TC, annexed the International Postal 5000m race walk for the Pittsburgh section with a time of 30:48.5.

1-Beth Harwick (ML) 30:48.5, 2-Athena Monios (ML) 31:48.2, 3-Ruth Ann Radosevich (ML) 32:55.2.

## PETE POZZOLI'S ALL-TIME TOP 5 FOR DOUBLE DECADES

Recently, Pete Pozzoli released his choice for the top 5 women athletes of the past and present, each period covering 20 years. Athletes are listed in alphabetical order:

1920/1939: Mildred Didrickson (USA), Kinue Hitomi (Japan), Gisela Mauermayer (Ger), Helen Stephens (USA), Stella Walsh (Pol).

1940/1959: Francine Blankers (Hol), Aleksandra Chudina (SU), Nina Dumbadze (SU), Nina Otkalenko (SU), Galina Zabina (SU).

1960/1979: Iolanda Balas (Rum), Chi Cheng (ROC), Sin Kim Dan (North Korea), Yelena Gorchakova (SU), Irina Press (SU).

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## LETTER FROM PETER KLOPFER, Durham

"One of your recent correspondents, Mary Czarapata, inquired whether any woman in the over-35 age-group had bested her 5:43.6 mile. In reporting my 39-year-old wife's (Martha) 5:42 time in a training run, (i.e., no certified timers), on the Duke University track, I hope not to be sounding boastful. My intent, rather, is to encourage Mary Czarapata, and other Senior and Masters age women to join us for the SE Regional Masters Track competition April 5 and 6, (at the track of North Carolina State University, Raleigh). In past years, while there have been dozens of male contenders in the various age groups, women of all ages have had to be lumped into one category. It would certainly give Senior and Master's Women's Track a fillip if the mile race, for instance, could attract 5 or more contenders! How about it, Mary? And you other readers? This part of North Carolina is lovely in April, with dogwood and redbud blooming, and mile temperature the rule. There are many cultural, scenic and other attractions in the Raleigh-Durham-Chapel Hill area. And to boot, we'll be glad to provide over-30 women contenders in the mile with accommodations, (beds for early responders, floorspace when the beds give out!) Applications to the Meet can be obtained from Robert S. Boal, PO Box 5576, University Station, Raleigh, NC, 27607."

(Ed. Note:-Although he has not compiled age records for the linear distances since publication of his 1969 Yearbook, Pete Pozzoli lists the following for over-35ers in the mile as of 1968:

Age 30	4:50.3	by Marise Stephens (NZ)	1966
Age 31	4:55.4	by Joy Jordan (GB)	1967
Age 34	5:18.5	by Phyllis Perkins (GB)	1968
Age 40	5:12.9	by Anne McKenzie (SAfrica)	1966
Age 41	4:57.2	by Anne McKenzie (SAfrica)	1967

## SWITZER WINS NY MARATHON

New York, NY, September 30:-Twenty six women took part in the Fifth Annual New York Marathon with veteran Kathy Switzer winning the event in 3:07:29. It was very hot and the humidity was quite high. Winner of the men's race, Norbert Sander, won a trip to Greece for his efforts. What did Kathy get?

1-Kathy Switzer, Central Park TC	3:07:29
2-Elizabeth Franceschini, NYC	3:34:43
3-Faith Berriman, Dix Hills, NY	3:55:07
4-Ann DeGroff, NYC	3:55:50

## BROOKLYN STRIDERS INVITATIONAL

Brooklyn, NY, September 29: 14/Over (2.5m), 1-Cathy Greene (Long Island Golden Spikes) 16:16, 2-Mary Albright (Essex County) 16:57, 3-Ricky Ross (SAC) 17:10. Scores, 1-LIGS 31, 2-EC 61, 3-Oceanhill Cheetahs 122. Number of finishers - 31. 12/13 (2.0m), 1-Joetta Clark (EC) 13:41, 2-Regina Felix (OHC) 13:48, 3-Susan Suhr (LIGS) 13:53. Scores, 1-LIGS 28, 2-Staten Island Jets 63, 3-Police Boys Club 115. Finishers - 34. 10/11 (1.5m), Anne Hogan (PBC) 10:29. Finishers - 37. 9/Under (1.0m), Doreen Urbass (SIJ) 7:16. Finishers - 22.

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## KALEIDOSCOPE

Cover photo for September issue of Robin Campbell was by Doug Schwab. In that same issue, Kinimaka's photo was by Karin Smith....Shirley Lenyoun is now Shirley Chapman, is teaching in Oregon and is forming a girl's team....Steve Price, major domo of the forthcoming National XC Championships writes: "Schedule for Nationals: Friday, November 29, National AAU Boys Age Group Championships; Saturday, November 30, Women's/Girls National Championships (morning): Age Group National Invitational (girls) afternoon"....Anita Scandurra won the 5000m cross country run as she finished 81st in a field of 167 runners at Van Cortland Park in New York. ...Former British hurdler Maureen Gardner Dyson, a 1948 Olympic star who lost the 80m hurdles title in a photo finish, died at the age of 45....Gale Fitzgerald is now in Denton, Texas, home of the Texas Women's Powerhouse University....

We need your Club records for the annual ranking. Get them to us before January....The New York Post says Wilt Chamberlain sponsors a women's track club in San Diego.... If I had a Postmaster doll, I'd stick pins in it every evening. This month, for example, magazines were returned from three subscribers, (all of whom have been receiving the magazine for at LEAST 10 months and as long as six years, with the following stamped on them, "Unknown - No such street - Not deliverable as addressed - No such number"...What is the defense against such things?....Liz McCain, who asked WFFW readers for a couple of back issues reports she now has several "if anyone needs an extra copy"....England is holding a written examination for "Senior Coaching Award" on the 27<sup>th</sup> of October. Wonder how many American coaches could qualify....At the European Championships, Austria sent five athletes and five officials plus about 20 reporters to Rome. Does that sound familiar?....At the Olympics in Munich, of the 228 starts with the electronic blocks, only two false starts were recorded....Marilyn Paul, taking part in the international marathon in Germany, stumbled over a tree root at about the 17 mile mark and was forced out of the race.... Robin Allen, wherever you are: You requested a subscription but sent no address....Colorado AAU has a great Yearbook put out by Ted Lutz....Add to names I like: Kusum Chhatwal of India....University of Wisconsin-Parkside, reports they have a husband-wife track coaching duo as does Redlands, but they are not Co-coaches....

At the start of the meet in Winnipeg recently, Jane Haist held the Canadian National record in the discus at 183'1. Boom comes Carol Martin and takes it away with a toss of 185'8. But it doesn't pay to make Mother Nature angry and so Haist tossed the platter 186'2 to get her record back after a three minute stint by Martin....The Iowa State University track coach, Chris Murray, is hosting an "unofficial" National AIAW (National Collegiate) Cross Country meet on Saturday November 16. For information write Chris Murray, Women's Track Coach PE Dept, Iowa State University, Ames, Iowa 50010....164 clubs took part in the National Age Group Invitational in June....

Now its a Junior Olympic National Cross Country Championship set for December 7 in Raleigh North Carolina. Wouldn't it be great if the sponsoring Chevrolet Company would get off this Junior Olympic kick and put their money into helping the top national athletes and get the USA out of the cellar in international athletics?....There's a rumor in the air which says the National Championships, set for Baldwin-Wallace College in Ohio next June, may be switched to Westchester, New York....Evelyne Hall has been elected to the Citizen's Savings Hall of Fame. Evelyn was silver medalist in the 1932 Olympics in the 80m hurdles, recording the same time as the winner, "Babe" Didrickson....Says one coach, "That's the one thing about girls, they believe any fool thing you tell them, right up until they go out and actually do it. Boys always have better sense, don't ever aim (or achieve) as high".... Sally Plihal may have retired from track, but her mother is now deep in the business and has been appointed a Regional Representative for the AAU....Mt. Lebanon Track Club ran a 9:35.5 two mile relay with three 14-year olds and one aged 16-year old....New track club is the Salem TC in Massachusetts....Louise Adamson points out an error in the August edition which listed Hoffmeister's 4:09.6 as the "best in the world to date". Actually, up until the European Championships were run, the best time of the year was by Canada's Glenda Reiser at 4:07.8....We become blasé and unbelieving after reading so many times for young sprinters who speed the 100 in an alleged 10.6 or 10.7 and then return to run some 25 seconds plus in the 220 leading one to suspect the timers were eager and generous in the short dash. Now along comes LaRoya Huff from Washington DC, to run a 24 flat 220 but has yet to get anywhere near the under-11 hundred. What do you believe?

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## WRIGHT WINS SPRINGBANK by Steve Wennerstrom

London, Ontario, Canada, September 29:-Thelma Wright, fresh from a banner summer of European competition, took to the roads at Springbank Park in London, Ontario, and literally ran away from her competition. In winning the women's 4½ mile race, (less 386 yards), she destroyed Francie Larrieu's existin record by some 53 seconds, clocking 23:16.4

Times for the race were excellent in spite of the cold, windy drizzle, as nine girls finished the rolling course under 25 minutes.

Wright took the lead at the gun, and was never headed as she opened up some 15 yards on the field by a mile and a half, and nearly 100 yards with a mile yet to go. A surprising Debbie Mitchell of the Toronto Olympic Club held second thru-out the entire race, barely holding off fast-finishing Katy Schilly of the Syracuse Chargers at the wire. Only 1.8 seconds separated the two. Schilly broke up almost total Canadian domination of the race, as only three Americans placed in the top 10, with 1973 AAU 10000 meter champ Marlene Harewicz a distant seventh. Particularly impressive is the fact that the first six finishers ran better than 5:25 per mile in an early season race.

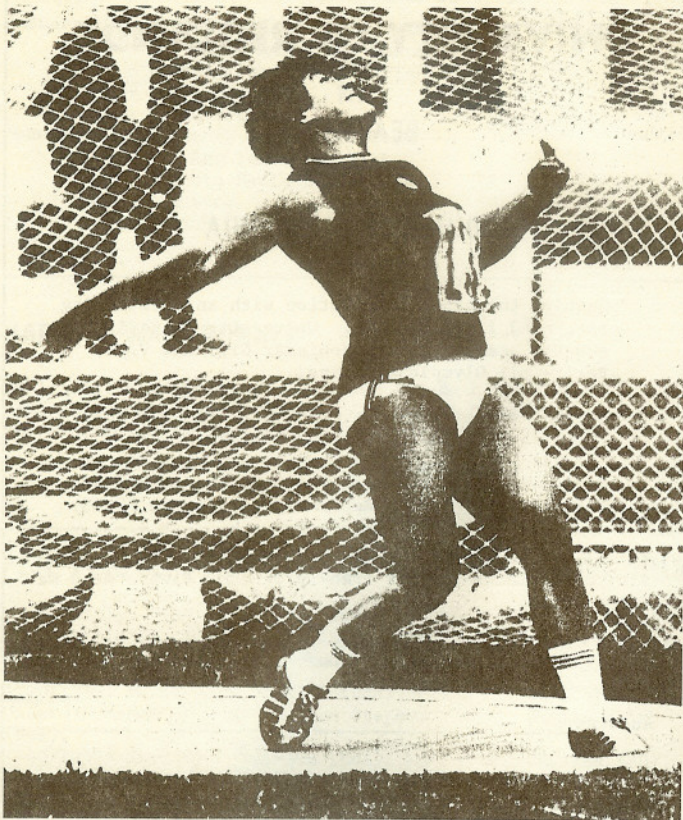
RESULTS: 1-Thelma Wright (Vancouver) 23:16.4 (course record, old record 24:09 by Larrieu, 1973), 2-Debbie Mitchell (TOC) 24:21.0, 3-Katy Schilly (SyrChg) 24:22.8, 4-Claire Morgan (TOC) 24:28.0, 5-Joanne McKinty (Sudbury) 24:30.0, 6-Donna Valaitis (TOC) 24:37.0, 7-Marlene Harewicz (MtLebTC) 24:40.0, 8-Brenda Webb (Kettering) 24:53.0, 9-Abby Hoffman (TOC) 25:14, 10-Ann Marie Davis (TOC) 25:16.

## SAUNDERS IN RECORD 400

London, England, July 20:-Yvonne Saunders equalled the United Kingdom All-Comers 400m record here today with a 51.9 victory. Jane Haist took the shot and discus with 49'¾ and 185'0, the latter a new Canadian mark. Norway's Greta Anderson won the 1500 by 0.7 over Canada's Thelma Wright with a 4:10 clocking while Glenda Reiser was third in 4:17.7.



## 'BETWEEN CHAMPIONS'



**FAINA MELNIK**

(The following is a translation of an article which appeared in the Soviet monthly athletics magazine, "LEGGAYA ATLETIKA". As far as is known, it has never appeared anywhere in English. Courtesy of Pete Pozzoli.)

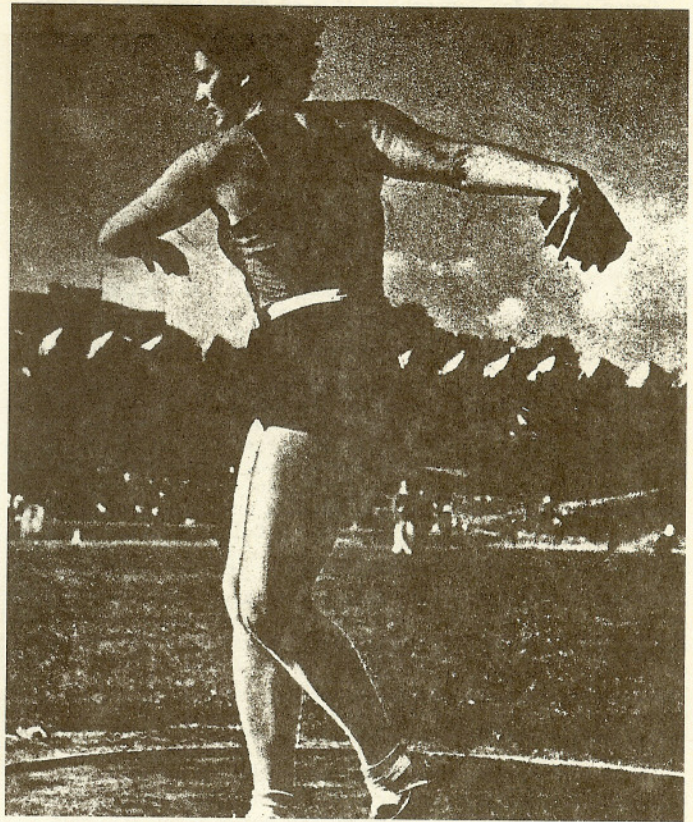
Nina Dumbadze and Faina Melnik are names which mean a great deal to athletics fans. Both have broken Soviet and World records on many occasions. Dumbadze's achievements were many years ahead of her time and helped considerably to gain recognition for Soviet athletics as a world force. Melnik did not handle a discus until seven years after Dumbadze had retired - she proved a worthy upholder of Soviet discus traditions. Nina and Faina pursued the same objective in different generations but, because they live so far apart, they had never met or, until now, even talked to each other. Now, thanks to our correspondent, they have at last had a chat - by telephone.

**MELNIK:** Is it true that you set records in other events beside the discus?

**DUMBADZE:** Yes, I was particularly fortunate in jumping. I became Soviet champion first of all in the Standing Long Jump (2.59/8'6) and the Triple Jump (7.58/24'10½). As a child I was very energetic. For several years I attended ballet school and then took part in gymnastics, volleyball, basketball, swimming and cycling competitions. In the 1935 Junior Spartakiade in Odessa, I placed in nine events. I only took up discus after I had already become a record holder in jumping. After a leg injury prevented me from jumping, I tried the discus in 1936 and the following year set my first Soviet discus record.

**MELNIK:** Coaches have recently been debating as to which is the most important - early specialization or all-round sport for youngsters. Your experience seems to answer that question. I did not have the chance to become an all-rounder as a child and I am now trying to make up for the lost chance. It would be interesting to know what levels of achievement were in your days.

**DUMBADZE:** My first Soviet discus record does not look much by present day standards - it was only 42.13/138'2. Even in the 1930's that was not an outstanding performance, six meters less than Gisela Mauermeyer's world record. I improved



**NINA DUMBADZE**

the Soviet discus record 32 times, but only at the 33rd attempt did I get also the much hoped for world record too, with 49.11/161'1. It was not recognised, by the way, because at that time our Athletic Federation was not affiliated with the IAAF. I improved the world best mark eight times altogether, but I do not think my best distance would greatly impress the present generation of athletes as it was only 57.04/187'1.

**MELNIK:** What stopped you from beating the 60 meter (196'10) barrier?

**DUMBADZE:** I was trying to beat records in a vacuum. For many years I had no serious rival, and without a struggle there are no great results. Other factors which often held back my standard of achievement were injuries and great nervous strain. For more than 20 years I was considered the indispensable anchor of my club team as well as the Georgian and Soviet national squads. Every year I took part in a vast number of competitions, it seemed ungracious to refuse. It was not a question of anyone thinking I might have become arrogant or too full of self-importance - it was just that I could not let my teammates shoulder the burden alone or disappoint the fans who wanted to see me. For years they expected me to win every competition. The burden of responsibility was a heavy one for a long time and as I got older it began to make itself felt more. In training I would pass the 60 meter mark regularly, but in competition I never succeeded. Nowadays of course, 60 meters is a barrier long passed. Actually, women took a whole 20 years to shift the world record flag from 50 to 60 meters - it was only achieved a year before the Mexico City Olympic Games. Since then, things have moved much faster and now we are all waiting for the 70 meters (229'8) to be passed. You are nearest to that feat, Faina. Does the thought scare you?

**MELNIK:** What can I say....in one of my throws in the European Cup final at Edinburgh last year, the discus actually travelled 71 meters (233'0). But I stepped outside the circle. No, I do not think the Devil is as black as he is painted - that's how I view the 70 meter barrier.

**DUMBADZE:** In the past, I was less optimistic about the future. When a journalist asked me what I thought the world



record would be in the year 2000, I said "70 meters". Where do we go from there?

MELNIK: People say there is no limit to dreams. Realistically, of course, there is unquestionably a limit. What that limit may be is difficult to say. Perhaps my dream may seem impossible to some, but I believe firmly that 75 meters (246') is possible. In my dream I picture a beautiful, graceful throw with the speed of a whip-lash.

DUMBADZE: I'm afraid such a throw might not be without dangers for the spectators. Problems of changing the rules for women's discus arise. Either the size of the circle has to be reduced or the weight of the discus increased. I think the second proposal would be less acceptable to women, for a heavy discus will spoil the beauty of the movement. It will also require a heavier woman thrower to handle it.

MELNIK: Yes, the problem will arise sooner or later. But I do not think the rules will be changed for the next few years. And a 75 meter throw will not be risky for spectators.

DUMBADZE: In the past few years, and chiefly through your own efforts, the discus record has risen as though there were some hidden yeast in it. In almost every competition you have been throwing not only for victory, but for a record as well. You have been very consistent and an even performer for more than three years without a let-down. Your ability to tune up for a performance must have played a big role in such consistency.

MELNIK: Actually, there is nothing extraordinary about my training. To build up my self-confidence, I try at the start of every season to produce results well above those of my main rivals. In the most important competitions, I always try to beat the world record, that is the ONLY way to guarantee victory, agreed? In contrast with athletes who try to inspire themselves by thinking about victory minutes before the battle - and sometimes while it's in progress - I fix that thought firmly in my mind a long time beforehand. It sinks into my subconsciousness and becomes a basic part of me. That's why I don't go into action shaking but brimful of confidence! That's why I can produce near-record performances all season through and win the crucial matches too. So far as I know, you too always were a consistent performer and set the majority of your records in the major competitions.

DUMBADZE: A real champion must turn out high results not only in domestic competition, but above all in major contests. That was what I thought in my younger days. Like you, Faina, I always tried to frame a major medal in the setting of a world record. In my days not much attention was given to sports psychology. We were, of course, geared up to competitions, but that was more by intuition than anything else. I well recall my debut at Kiev in 1937 during the All-Union meeting. I went there as the national recordholder and hoped to win. But on her first throw, Zoya Sinitskaya broke my record with a mark of 43.13/141'6. She was photographed and congratulated while I was pushed aside into the background. I felt hurt. I pulled myself together and went out there and threw that discus...44.61/146'4! The defeat that hurt me most was my third place in the Helsinki Olympics. There was an explanation, (not a justification), for that. I had had a serious operation only a few weeks before. But I did have the best consolation possible - I only lost to my two teammates and the Soviet women occupied all the medal places. You may think it odd, but I was setting national records even when I was still without a coach. When I did get into the hands of the 'experts', I immediately lost my technique! Unfortunately that sort of thing still happens now sometimes. For a long time, my own idea about how to throw had developed in my mind, I repeat, my own ideas. It was, I must admit, rather a well-worn idea, actually. I would not stand like all the others with my side to the direction of throw, but with my back to it. Then instead of a simple turn, I would do a kind of jump as my legs were powerful. As a result the discus went a long way! The 'experts' did not like that technique at all and started to retrain me urgently. What happened? The holder of the USSR record came to grief in the 1938 National Championships and barely reached 40 meters with the new technique. I parted company with my new teachers and went back to Odessa where, with much difficulty, I redeveloped my old movements. The Moscow coaches were very annoyed with me and I was not invited to any of the all-Union competitions. So I went to Baku where I improved the record to 47.33/155'3. After that nobody tried to retrain me any more. My style was accepted.

MELNIK: It seems to me you were lucky - if you had not won at Baku who knows, you might have bowed to the authority of well-known coaches and changed your style. So many athletes lose much, or everything, when they go to a new coach. The

example of Luda Zharkova lately is a perfect example. Her first coach took her to the top of the tree, then there was a rapid succession of coaches and her performances went right down. I've had a number of coaches myself, but because I also have a strong character I've been able to stand firm and keep to my own technique of throwing.

DUMBADZE: I would like to see young athletes stick to their own style at all costs and not allow themselves to be diverted either on training methods or technique. The coach must be allowed the last word, but everything depends on his qualifications, farsightedness, experience and intuition. Boris Dyshkov, (my husband) has these qualifications - I trained with him in the 1940's and 1950's. He did not change my basic techniques or training methods, but turned his attention to polishing up individual elements, developing my physical prowess, and helping me to be aware in a new way of the rhythm of the discus movements. I know well from my own experience the differences between working with a coach or without one. Probably you have had a chance to find this out for yourself.

MELNIK: Yes, I remember my coaches Vladimir Aleshin and Kim Bukhantsov with gratitude.

DUMBADZE: Why then are you training on your own?

MELNIK: Certainly not because I did not wish to have a coach. Even the established champion finds it essential to have a coach. Circumstances willed it so. Bukhantsov and I lived thousands of miles apart, and belonged to different clubs. The Army Club wanted Major Bukhantsov to take on a number of athletes and with the best will in the world, he could no longer give enough time to me. That was the only reason our partnership did not last longer. Perhaps it would have been a good idea to apply the Socrates principle - one teacher and one pupil only.

DUMBADZE: So now you are going it alone. You are probably finding it harder to win now.

MELNIK: Of course winning is not easy. It depends on will-power, ability to mobilize all one's skill at the right time and assert one's mastery in trying circumstances. But I do not think all this is the most difficult thing in the life of an athlete. Personally, I find the hardest thing of all is to start pre-season training! You feel troubled with doubts. You wonder whether it is worth while to toil on for another year. You think it might perhaps be best to simply retire with honour. Training is a very difficult thing, especially after a break. You have to make yourself buckle down to hard, intense effort. You must force your mind on top results and have confidence in your ability to achieve them. It is hardest of all in November when you have to start all over again from scratch. Every year the feeling and the hardship is the same.

DUMBADZE: I'm familiar with those difficulties. In fact, the first thing you find in sport is having to overcome difficulties like that in gaining victory over yourself first. I likewise kept wondering when I would give up major competitive sport. At times when I had almost given up training, I would be obliged to enter All-Union competitions on behalf of my club. My last appearance was in Moscow in 1959 (at the age of 40) in the Second Spartakiad. In the morning I qualified for the final. Then in the afternoon, I scratched from the competition as I knew I could no longer fight on to win. In that meeting, by the way, my son Yuri Dyachkov also qualified for the final of the decathlon - we both scored points for Georgia.

MELNIK: I must admit I had thought you had left the sport before then. Your record of so many years actively in the sport can only arouse admiration. I am afraid that is one record I shall never best.

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## BC CHAMPIONSHIPS

Vancouver, BC, Canada, August 17:-Veterans Debbie Brill and Jay Dahlgren turned in top marks as British Columbia staged its Senior Championships at Bear Creek Park. Brill hopped 5'11½ and Dahlgren tossed the javelin 170 feet even. Joan Pavelich, who competed for the La Jolla TC in the US Championships, set a new BC native record winning the discus at 172'8. Other results included:

SP, Dahlgren 40'4; 100m, Tinker Robinson 11.8; 100mH, Janine Shepard 14.1; 200m, Patty Loverock 23.7; 800m, Maureen Crawley 2:07.2.



# HIGH SCHOOL TRACK By RICH EDE

It's good to be back and trying to catch up on the non-happenings in high school track. First, though, we have a definite happening to report. VERMONT's state meet was held after a snow-shortened season and the results were good, especially considering the weather. Lyndon Institute took advantage of wins by St. Hilaire in the 440 (59.6) and Giswold in the discus (104'2) to claim the win over Burlington who was led by Lynch with a double victory including a 16'9 long jump and a 5'4 high jump. Mt. Mansfield was also close with Marshall winning a distance double in 2:18.1 and 5:16.5. Essex also claimed two winners as Deighton took the shot at 36'10 and Hennessy claimed the 80yH in 11.2. Thompson of Putney took the century (11.4), Short of Mt. St. Joseph won the fur-long (26.0) and Rice won the 440y relay in 51.7 to finish up the track events. Bellow Falls' Hammond copped the javelin at 109'3.

The results of the two girls events in the New York Inter-sectional Meet, (which excludes parochial schools and all of New York City), have also arrived. The 100 winner was Donna Pollucci (West Hamstead) in 11.3 and the 880 was taken by Karin Von Berg (Ithaca) in 2:22.0.

New York summer meets have also been busy with the last three twilight meets of the year. Best results were from the New Rochelle meet on August 14. Jackie Warner (Mt. Vernon) took the 50/100 double in 6.2/11.4 and Sylvia Blocker (Mt. Vernon) bettered the state HS 440 record with her 59.3 clocking.

Moving outside the US we have the results of the NEW ZEALAND Secondary Schools T&F Championships with outstanding results. K. Robertson (Epsom Girl's Grammar School) annexed the 100 and 200 meter dashes in excellent 11.66 and 23.95 times. Trailing her across the line in both races were J. Beckett (St. Margaret's) in 11.88/24.11 and B. Peterson (Hillmorton) in 11.88/24.72. The 400 was won by Peerless (Nayland) in 57.41 followed by Hannay (Diocesan) 57.76 and Few (Hutt Valley) 58.26. Zorn (Colenso) led a fine 800 finish in 2:10.67 to defeat Deed (Diocesan) 2:12.26 and Moshem (Papatoetoe) 2:14.25. In the 800mH, Miles (Henderson) won easily in 11.06 over Harper (Villa Maria) 12.02 and Sheppard (Reporoa) 12.03. St Margaret's eased under fifty seconds (barely) in the 400 relay, clocking 49.99. In the field, Otto (Pukekohe) and S. Burnside (Mairehau) both leaped 18'10" with Otto getting the decision by virtue of a better second leap. Hodgins (Rosehill) was third at 18'0. Burnside came back in the high jump (her best event) but only managed third at 5'2, the same height as runner-up Quigley (St. Margaret's) and behind the 5'6 winning mark of Mills (Auckland Girls'). Burnside had to settle for the individual pentathlon title. R. Brown (Waitaki) annexed the discus title with a fine toss of 126'8 for a close win over Harrold (South Otago) at 126'3. Lavemai (Penrose) was third at 116'7. McCook (Epsom) won the javelin at 102'8. In the shot (4k, of course), W. Harding (Otahuhu) won easily with her 37'0" over Flynn (Villa Maria) with 33'7". Some junior (under 15) marks were impressive as Matkovich (Kaitiata) took both sprints in 11.88/25.08; the junior 400 was won by Subvitzky (Lynfield) in a fine 57.81 and the high jump by Kavermann (McAuley) at 5'3". It is interesting to note that the newspaper coverage of the meet devotes the first 12 column inches of the article to the girl's competition and tags on 4 column inches coverage of the boy's meet!

The rest of the column I shall devote to a few interesting tidbits I have received from across the nation these past two months. First, Jim Duncan, (Drake University publicist), writes, "Debbie Esser's attempt to run five different kinds of hurdle races in a month caught up with her at the Nationals. She had run 100m lows and 220's in the State meet; 100m 33's and 330 intermediates in the USITF; 440 intermediates at Phoenix (400m?-Ed), then when she came back to the 100m at the Nationals, she blew her step for the first time in three years. She did run a 54.9 medley anchor for the Nebraska TC." (Ed - Isn't that an excellent illustration of the mis-mash our hurdler races are in in this country?)

Also from Mr. Duncan I have received three National Federation Applications for the mile relay (3:56.84 on three watches at the Iowa State Meet, 1973, Woodbine HS - Denise Esser, Caren Horstmeyer, Jean Kenkel, Debbie Esser); 100y dash (10.7, w=+4.0mph, All America Meet, 1973, Debora Ann Carroll, Collins HS); and 220 (24.6, w=4.6mph, All America Meet, 1973, by Carroll), with the comment that none was accepted by the National Federation. The dashes because they were run in the All American (apparently unsanctioned) and the mile relay be-

cause "Iowa doesn't follow the rules". (After reading the National Federation hurdle race rules, I can see why!) At any rate, this seems to close the "National Record" picture even further, especially since the 1974 Federation Rule-Record Book omits any 100, 220, javelin and mile relay records completely. What's happening?

From wandering reporter Casey Ide comes an interesting story of Rey O'Neal: "I met this young coach from the British West Indies in Munich, and he went back to the island of Tortola where he taught in the only high school, and started girl's track - with practically no facilities at all! The story should be an inspiration to some of our kids who are so spoiled by the best of everything that they complain when things aren't perfect! Rey managed to have an interschool meet, (elementary schools-rural) for both boys and girls and sent me the results, along with a story which I thought was cute. It seems he told one little girl from a rural school that she would be running the third leg in her relay race. She looked at him in surprise and asked, "What is a relay race?" When he started to explain, she said, "Oh, you mean a ruler race!" Casey also sent along some pictures which are printed on this page, plus one photo of the finish of a 200 on a grass track. How many grass tracks have YOU run on lately?"



British West Indies high school tracksters are, left to right, Hyacinth Martin (100/200), Rosie Phillips (100/200/400/LJ) and Glenda Martin (100/200/LJ)

Getting back to the Nationals a bit, I received a letter containing some clippings I had requested, from Laurie Stephens, a 1974 graduate of Brockport (NY) High School. Laurie ran three years of varsity "boys" track for Brockport as their #3 quartermiler. She distinguished herself with a 55.2 fifth place photo-finish in the Junior Nationals at Gainesville, then skipped her graduation to finish 8th in the National pentathlon Championships at UCLA, (at 5'8 and 105 pounds, she has to be careful not to drop the shot on her foot, but she ran the fastest 200m at the meet!), then ran 63.5 in her second-ever 400mH race, practically falling over the last hurdle. Since then, she finished second in the Canada Police after which she feels she will hang up her spikes. If she does follow the lead of so many of our great potential stars by retiring before she is 20, what a pitiful waste of great talent it will be.

Another young hurdler who has graced these pages before also learned a few things at Bakersfield. Betty Spencer from Indianola, Mississippi, went out in her Girl's Division 400m hurdle race like it was a 100m, passing the 200 mark under 30 seconds, only to die badly in the stretch. She came back in the Women's Division to run 63.5. That's another name to watch.

I am still trying to compile State records and have complete lists only from California, Washington DC, Hawaii, Iowa, Illinois, Michigan, New York, North Dakota, New Mexico, Ontario (Canada), Oregon, South Dakota, Tennessee and Wisconsin. In order to keep them uniform, I am assuming records only from State meets or State qualifying meets. I would also like to keep current on State bests, (wind readings required).

Send material to Rich Ede, 627 N. Indian Hill Blvd, Claremont, California, 91711.



# FOREIGN NEWS

## WORLD RECORD FOR FIBINGEROVA

Gottwaldov, Czechoslovakia, September 21:-Helena Fibingerova, a disappointing third place winner at the recent European Championships, made up for her poor showing by sending the 4-kilo shot for a ride of 21.57/70'9" and a new world record.

The 5'10", 216 pounder was injured a few days before the competition in Rome, thereby spoiling her chances of upsetting former world-record-holder Nadyezdha Chizhova. Her series in this small town some 80km from Ostrava was:

70'9", foul, 70'1", 66'8", 68'2", 67'2". Her ambition, she says, is to throw 22 meters (72'2") and to meet Maren Seidler. (Information furnished by Dick Bank).

## LYNCH BEATS STECHER

Munich, Germany, September 11:-Scoring the biggest win of her career, Britain's Andrea Lynch handed East Germany's Renate Stecher a rare defeat as she nipped the Olympic Champion 11.29 to 11.38. Best mark of the two day competition was turned in by Faina Melnik as she tossed the discus 227'2 to win her event by more than fifty feet!

RESULTS: 100m, Lynch (GB) 11.29, 2-Stecher (GDR) 11.38, 3-Maslakova (SU) 11.43, 4-Helten (GFR) 11.63 5-Besfamilnaya (SU) 11.74; 400, Klimovicha (SU) 52.60; 1500, 1-Hoffmeister (GDR) 4:06.81, 2-Gerassimova (SU) 4:17.60; 100mH, 1-Ehrhardt (GDR) 13.13, 2-Lebedyeva (SU) 13.28; HJ, Mraznova (Cs) 6'0", 2-Muyfarth (GFR) 6'0", 3-Filatova (SU) 6'0", 4-Wagner (GFR) 5'11", 5-Galka (SU) 5'11"; DT, 1-Melnik (SU) 227'2, 2-Pallay (Hun) 178'3.

## SZEWINSKA 50.3 IN LONDON

Crystal Palace, London, September 13:-A group of tired but in shape athletes, fresh from competition at the European Championships, turned in some fine performances at the International Meeting held at Crystal Palace. Irena Szewinska, running with a sore throat and certainly tired from travel (Rome to London via Helsinki and Sardinia), showed the crowd her 49.9 was no fluke as she sped through 200 meters in 23 seconds and won in an electric 50.32, the third fastest 400m ever run after her own 49.9 and Salin's 50.14 at Rome. Donna Murray of England downed Olympic silver medalist and Rome bronze medalist Rita Wilden for second spot.

Andrea Lynch trounced Raelene Boyle in the 100 and 17 year old Leslie Kiernan won the 1000 in a good 2:40.2, passing the 400 in 64 and the 800 in 2:09.5. Francie Larrieu was sixth at 2:44.3.

The meet was held before a packed house of some 18000 with several thousand remaining outside the stadium, unable to secure tickets.

100, 1-Andrea Lynch (Eng) 11.4, 2-Raelene Boyle (Aus) 11.7, 3-Helen Golden (Eng) 11.8, 4-Denise Ramsden 11.8, 5-Anita Neil 12.2; 1000, 1-Lesley Kiernan 2:40.2, 2-Rosemary Wright 2:41.7, 3-Joan Allison 2:42.4...5-Tata (Ken) 2:43.7, 6-Francie Larrieu (USA) 2:44.3...12-Chebichi (Ken) 2:53.3; 100mH, 1-Judy Vernon 13.6, 2-Lorna Drysdale 13.6, 3-Ann Wilson 14.2; 400, 1-Irena Szewinska (Pol) 50.3, 2-Donna Murray 51.9, 3-Rita Wilden (WG) 52.2, 4-Verona Bernard 52.2, 5-Janet Roscoe 53.2, 6-Kacperczyk (Pol) 53.3.

## SZEWINSKA 11 FLAT

Leverkusen, Germany, September 17:-Irena Szewinska, newly crowned European sprint champion, zipped to an 11 flat win over 100 meters with Annegret Kroninger some four yards back in 11.4. TuS 04 Leverkusen set a new German Club record for the 4x400 as Koczeinik, Klein, Weinstein and Wilden ran a good 3:34.9 to upset DLV-Auswahl who put together a team including Claus, Barth, Frese and Falck, but could only clock 3:36.6. Another new Club record was set in the little-run 3x800 relay with Traugott, Wellmann and Klein averaging 2:06 plus for a clocking of 8:18.6.

## GFR WINS INTERNATIONAL MARATHON; USA 2nd

Waldniel, Germany, September 22:-Liane Winter of West Germany, a 32-year-old clerk, won the women's invitational international marathon with a European best time of 2:30:34.4. Her win helped the West German team annex the team title over the USA with a combined clocking of 8:41:11.4 to 8:53:21.4 for the Yanks.

Second was Chantal Langlace of France in 2:51:45.2. Jackie Hansen led the Americans with her 5th place finish, followed by Joan Ulllyot, Judy Ikenberry and Nina Kuscik.

1-Liane Winter (WG) 2:50:31.4, 2-Chantal Langlace (Fra) 2:51:45.2, 3-Christa Vahlensiek (WG) 2:54:40.4, 4-Manuela Preuss (WG) 2:55:59.6, 5-Jackie Hansen (USA) 2:56:25.2, 6-Joan Ulllyot (USA) 2:58:09.2, 7-Judy Ikenberry (USA) 2:58:42.0, 8-Nina Kuscik (USA) 3:06:00.4.

There are now 17 women marathoners under the three hour mark, 11 of them from the USA. Top performers are:

2:46:46.0	Miko Gorman (USA)	1973
2:49:40.0	Cheryl Bridges (USA)	1971
2:50:31.4	Liane Winters (WG)	1974
2:51:45.2	Chantal Langlace (Fra)	1974
2:53:00.0	Christa Kofferschlagler (WG)	1974
2:53:40.0	Teri Anderson (USA)	1973
2:54:28.0	Judy Ikenberry (USA)	1974
2:55:22.0	Beth Bonner (USA)	1971
2:55:24.0	Nina Kuscik (USA)	1974
2:55:59.6	Manuela Preuss (WG)	1974
2:56:25.2	Jackie Hansen (USA)	1974
2:58:09.2	Joan Ulllyot (USA)	1974
2:58:34.0	Iria Pettineu (Fin)	1974
2:58:44.0	Marilyn Paul (USA)	1974
2:58:55.0	Peggy Lyman (USA)	1974
2:59:12.0	Margie Noren (USA)	1973
2:59:33.2	Sarolta Monspert (Hun)	1972
3:00:35.0	Sara Berman (USA)	1971
3:00:47.0	Paola Pigni (Ita)	1971
3:01:15.0	Mary Etta Boitano (USA)	1974

## ONTARIO CHAMPIONSHIPS

Scarborough, Ontario, Canada, August 17:-A handfull of Americans moved across the border to take part in the Ontario Championships, but it remained for the Canadian natives to produce the best marks of the competition as they won nearly every event.

Top performances came in the 800, high jump and discus with Yvonne Saunders 2:02.9 two lap win as the top mark of the day. Saunders, in one of her extremely rare appearances at this distance, downed veteran Abby Hoffman to turn in the best time by a Canadian in 1974.

Julie White, a 14 year old, set a world age record as she high jumped 1.78/5'10 to take the title and the record away from Gunhild Hetzel (GDR) and Deborah McCawley (Australia). Jane Haist came close to her Canadian record in winning the discus at 55.54/182'2.

Best performances for the Yanks came from Katy Schilly who took the 3000 in 9:54.5 and Debbie Vetter who won the 400mH in a good 61.6.

100mH, Susan Bradley 13.8; 100m, 1-Lyn Kellond 11.7...5-Jan Whitney (Blue Ribbon TC) 12.8, 6-Marjorie Grimmett (Motor City) 14.1 (12.2h); 200m, Marg MacGowan 24.3...4-Ditra Henry (Un) 24.8; 400m, 1-McDermott 55.6, 2-Janis Vetter (BRTC) 56.5; 800m, 1-Yvonne Saunders 2:02.9, 2-Abby Hoffman 2:04.1; 1500, 1-Debbie Mitchell 4:34.6, 2-Debbie Vetter (BRTC) 4:41.0, 3-Carrie Pusch (SyrChrgs) 4:42.7, 4-Diane Vetter (BRTC) 4:56.2; 3000, Katy Schilly (SC) 9:54.5; 4x100, Scarborough Lions TC 47.2; HJ, Julie White 5'10 (14y); SP/DT, Jane Haist 48'5 1/2/182'2; JT, Lisa Boyer 139'6; 400mH, 1-Debbie Vetter 61.6, 2-Laurie Stephens (Sweetheart TC) 63.8, 3-Diane Vetter 64.2, 4-Erica Hagenlocher (SC) 65.4.



Women's

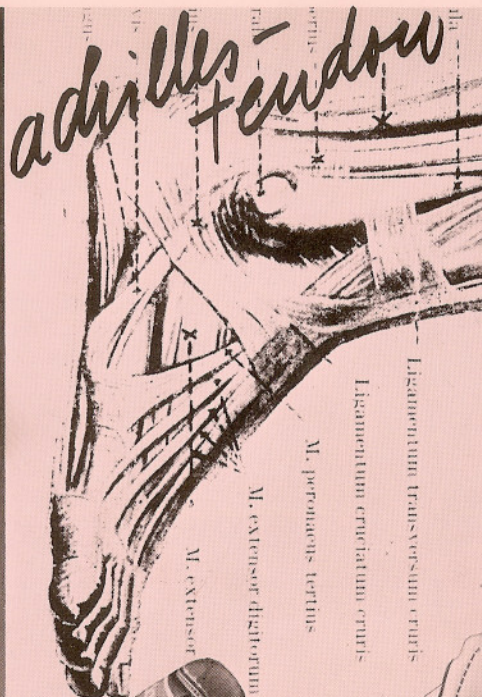
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