

Women's

# TRACK & FIELD WORLD

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**JACKI HANSEN  
SETS WORLD  
MARATHON MARK  
2:38.19**



## STEVE TALK



I find it most interesting. What a shame, in a way, that artists must wait until their death to attain deserved acclaim. I speak in reference to Mildred 'Babe' Didrikson. First you must realize that she was truly an artist. Her accomplishments in several different sports have never, nor will they ever be approached. But why? Why suddenly, almost twenty years after her tragic death

has she been brought back into the spotlight? This all should really have happened years ago. I must admit, almost embarrassingly, that I just completed the reading of Babe's book, This Life I've Led. I was choked before I finished the introduction. A book which has been on the market since 1955 while Babe was still winning golf tournaments, is being re-distributed. By the time this issue goes to press, most of you will have seen a movie produced for television called 'Babe'. Sports Illustrated has jumped on the bandwagon with a three-part story about Babe and her exploits and Jim Murray, LA Times columnist, wrote a feature article, 'The Other Babe', in the October 5th paper. Why? Because her story is one of the 'true American sports hero' in its purest sense. The tomboy down the street. To give you a small idea, a quote from her books preface, "It came time to announce my 'team'. I spurted out there all alone, waving my arms, and you never heard such a roar. It brought out goose bumps all over me. I can feel them now just thinking about it." "Well, Babe was sitting in her Florida home when she said these words, and wearing her usual around-the-house attire of shorts and blouse. She paused and looked down at herself. Sure enough, she had been 'reliving' that moment so completely that her bare arms and legs were covered with gooseflesh." And further, from the introduction by Johanna Lee, "As is usually the case, the public image of Babe Didrikson Zaharias was quite at odds with the real woman. She looked hard, but she was soft. She sounded tough, but she was tender. She was a comic and a cutup, but there was a hurt girl inside. She was something this country had not seen before. She was our first female hero." I feel slighted in a way, that I didn't have the opportunity of making her acquaintance. This may not be the proper place to plug someone else's work but--Read it! It gives a tremendous insight into a tremendous sports woman.

## SUPER ATHLETES

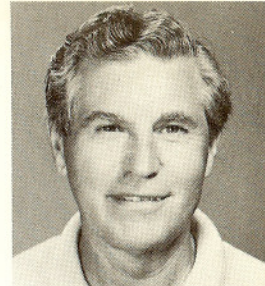
Did you know that Australian javelin thrower Petra Rivers did a full squat with 300 lbs. when she was only 14 years old! Was it true that Lillian Leitzel could perform 27 consecutive one arm pull-ups? Did you know that the women's long distance roller skating records surpass those set by men! All of this and more can be found in one of the most interesting books ever published on the subject. This hard bound book is loaded with over 600 pages of mens and womens strength feats that will fascinate the youngest of readers. In addition it includes detailed charts and calculations regarding comparative strengths of men and women.

This book is now available at the present time at a special offer. Regularly priced at 15.00 dollars, it can now be purchased for \$10.00+ .50 postage and autographed by the author to boot! Send check directly to Mr. David P. Willoughby, 820 Wilson St. Laguna Beach, California, 92651. It will be a prized possession in your sports library.

## AAU CROSS COUNTRY NATIONALS

The 1975 AAU Cross Country National Championships will be staged this year at Belmont, California. The date of the meet has been set on Saturday, November 29, 1975 and entries should be filed with Marge Powell, 3467 Golden State Drive, Santa Clara, California 95051. Or phone (408) 243-8918. Entries must be received by November 19, 1975.

## REEL TALK



After much difficulty with the printers, Pete Pozzoli's annual Yearbook is finally available for purchase. As always is the case with these Pozzoli masterpieces, the 1975 Yearbook is a must for every fan of women's track. This issue is a whopping 465 pages with complete coverage of the past season and an up-to-date Records section of more than 200 pages. As we said, Pozzoli's book is a masterpiece. There is nothing like it in the track world and it far outclasses anything printed for the men. WTFW will not carry this 1975 edition because of the lateness of publication, so purchase the book directly from Pete. See the ad for the Yearbook in this issue. Cost has risen to \$7 (\$10 air mail), but it is not overpriced - in fact, Pozzoli makes nary a cent.

Speaking of \$7, that's going to be the cost of WTFW beginning with the January 1976 issue. As with all other publications, we feel the pinch of the new postal rates, the higher cost of paper and higher wages for those who work on the mailing and printing of the magazine. Foreign rates will be \$8 per year. We are offering, however, a chance for you to save a few precious coins and you have the opportunity of advance subscribing at the current rate of \$6 (\$7 foreign). For example, you can obtain a 30 year subscription for only \$180 - or a five year subscription for just \$30. So check the ad for this big deal in the pages of this issue and send in your future subscription order and save money.

## HANSEN SETS WORLD MARATHON MARK

Twenty-Six year old Jacki Hansen recorded the worlds best mark ever by a woman for the 26 mile 385 yard distance at the recent Nike Oregon Track Club marathon. The San Fernando Valley TC runner covered the distance in 2 hours 38 minutes 19 seconds to become the first woman ever to go under the 2:40.0 mark. Hansen finished 11th overall and surpassed the old world mark set earlier this year by West Germany's Christa Vahlensieck which stood at 2:40.15. The marathon, which was held in Eugene, Oregon could be a prelude to the upcoming Maryland Marathon in December this year which will feature West Germany's former world record holder Liane Winter and veteran marathoner Kathy Switzer of New York.

## VINCE REEL, PUBLISHER

## STEVE WENNERSTROM, EDITOR

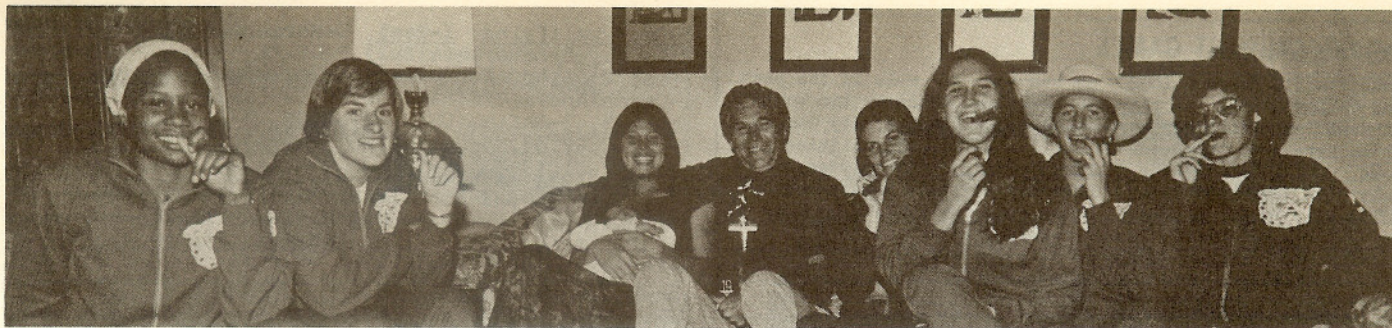
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University of Redlands Cross Country team celebrates the acquisition of its first team trophy and the appearance of daughter Kin-Ming to coaches Vince Reel and Chi Cheng by smoking big black cigars. Left to right, Ditra Henry, Sheryl Nastase, Chi Cheng and Kin-Ming, Vince Reel and trophy, Jan Smith, Susan Page, Donna Fromme and Alice Osterlind. (Ken Creasman photo).

## USA TAKE NOTE AGAIN

Here are some interesting quotes from an article in GB's 'Athletic Weekly' on the status of the East German Junior squad which recently won the Junior European Championship.

"No one in the GDR had any intention of making a 16 year old girl a world record holder. Head coach Hans-Gunter Rabe commented: "We believe a future Olympic champion should begin to affirm himself or herself as a junior. That's all."

...If the GDR now has many young talents of more than average ability this is chiefly due to a large scale system of talent-scouting. Competitions in running, throwing, and jumping begin during childhood. Children's natural interest in measuring their strength with others is encouraged by an ingenious system of competitions in all age-groups. The Spartakaid movement enables all children and teenagers to show what they can do at class, school, regional and national level. Such a system exists for most sports. The competitions held are supported by the authorities, by the schools, sports organizations and youth federation.

It should be noted that the Youth Bill now under discussion in the GDR makes it imperative for the authorities to support the Spartakaid movement. Sport is even mentioned in the Constitution of the German Democratic Republic. This fact, which is unique in the world, testifies to the great interest devoted by the GDR government to sport...."

## LETTER FROM DR. HARMON BROWN

I rely heavily upon your magazine for the meet results and rankings to keep up with the scene in the US and world-wide, so that our best athletes who are potential members of US teams can be helped by Olympic Development projects. For the coming year, we plan to hold Training Camps in December for our top athletes in all events. These will be held at Gainesville, Florida (Univ. of Florida) with Olympic Team coach Brooks Johnson as host, and at Cal State Hayward, where I will organize the program. We will also support Olympic Development events at major meets during the middle of the season, so that our best athletes from throughout the country can come together for competition before the National Championships and Olympic Trials. Along with our training camps we will have computerized film analysis of running, jumping, and throwing events, and also body composition studies of our athletes to determine their relative amounts of muscle and fat. We can then advise them better about their weight and diet.

Despite the fact that most of us are part-time amateurs, there are a few who are doing their damndest for the sport. Whether it will be a case of "the faster I run, the behinder I get", I will have to leave to others to judge. I'm too busy!

## CURRENT WORLD PENTATHLON LIST

4783	Burglinde Pollak(DDR)
4698	Nadeshda Tkachenko(USSR)
4676	Jane Frederick(USA)
4673	Diane Jones(Can)
4636	Sigrun Thon(DDR)
4635	Christina Laser(DDR)
4573	Andrea Seeger(DDR)
4561	Barbel Muller(DDR)
4553	Ludmilla Popovskaya(USSR)
4551	Margot Eppinger(WG)
4532	Petra Rampf(DDR)
4463	Soja Spassoovchodskaya(USSR)
4457	Annette Stein(WG)
4454	Ilona Bruszenyak(Hun)
4453	Jaketerina Smirnova(USSR)
4452	Iraida Stepanova(USSR)
4450	Brigitte Holzapfel(WG)
4437	Liese Prokop(Aus)
4437	Marie Debourse(Fra)
4430	Penka Sokolova(Bul)

## NO HOLDS BARRED

If from time to time in the past you have felt that this publication has been overly zealous or biting in its reporting, check the following which appeared in the magazine Australasian Athletics. The article which was entitled International Meet, Zurich, Switzerland, included the following paraphrases which began;

After the miserable performances by the Australians last night I fear I won't have sufficient room to air my disappointment. Once again it was the same old story--lots of hope but not much fulfillment. I hope that once a few people see these results they will wake up and come to the realization that Australian athletics is not in such a healthy state. Mr. Wardlaw might be particularly interested in Mr. Crouch's performance- IT WAS PITIFUL....  
...Next came Gaye Dell- looked great in her warm-up; pathetic in her event. She finished 5th in 13.74 and would have finished 6th but for Ehehardt pulling out at the start.... Denise Robertson was our entry in the 200 meters. Admittedly she drew no. 1 lane but still was never with them. She flashed home to grab 5th in 23.86. As I said-rubbish.... Whoops, I almost forgot Charlene Rendina in the 800m. She towed Tomova and Suman around in 59 sec and from the 500m mark she and Tomova went stride for stride until they hit the straight. Then Tomova and Suman both went passed with the final result being Suman 2:00.5, Tomova 2:01.1 and Rendina 2:01.5. Not bad, but I still thought she could have either run faster or hung on a little better. Still, she was the only Australian to get to the rostrum... Ouch!!

Cover photo by Doug Schwab



## WORLD STUDENT GAMES

Rome, Italy, September 18-20: As has been the rule in the past, the United States has placed little importance on the World Student Games (formerly known as the World University Games) which were held this year on the 1960 Olympic facilities in Rome. Consequently, the American contingent consisted of only five female athletes. Joni Huntley (HJ), Kathy Schmidt (JT), Jane Frederick (Pent), Debra Sapenter (400m) and Patty Van Wolvelaere (100m). Jane Frederick turned in another credible performance in the multi-event competition scoring 4442 and pocketing the only gold medal for the American women. Kathy Schmidt, who is a solid and consistent 200+ thrower, slipped a bit and that was all the Soviet Jakobovitz needed to cop the gold as she outdistanced Schmidt 202-6 to 198-½. The remainder of the American quintet finished unplaced as Joni Huntley landed 5th, Van Wolvelaere took 7th and Debra Sapenter negotiated 8th. All however did make the finals in the particular events. The Results:

September 18, First Day:

**100m semi:** 1-Heat, 1-Pursianan (Fin) 11.45, 2-Loverock (Can) 11.60, 3-Molinari (It) 11.89, 4-Dlugosielska (Pol) 11.92. 2-Heat, 1-Masalkova (USSR) 11.40, 2-Panajotova (Bul) 11.79, 3-Dlugolecka (Pol) 11.89.

**400m semi:** 1-Heat, 1-Klimowitscha (USSR) 52.80, 2-Haggman (Fin) 53.62, 3-Lloyd (GB) 54.17. 2-Heat 1-Bottiglieri (It) 53.31, 2-Pavlicic (Yug) 53.79, 3-Casapicola (Aus) 53.94, 4-Duvivier (Fra) 55.57. 3-Heat, 1-SAPENTER (USA) 54.39, 2-Golovanova (USSR) 54.57, 3-McGowan (Can) 54.82.

**3000m Final:** 1-Andrei (Rum) 8:54.09, 2-Wright (Can) 8:54.94, 3-Ulymasova (USSR) 8:55.88, 4-Katjukova (USSR) 9:00.62, 5-Ludwichowska (Pol) 9:04.86, 6-Gargano (It) 9:11.08, 7-Wellmann (WG) 9:15.14, 8-Cruciatu (It) 9:16.98.

**Long Jump, Qualifying:** Curtet (Fra) 20-½, Nygrynova (Czech) 19-9½, Jannakidou (Greece) 19-8½, Lotova (USSR) 19-7½, Rukawischnikova (USSR) 19-6½, Georghiu (Rum) 19-6½, Catineanu (Rum) 19-5½, Desmier (Fra) 19-2 ¾, Pulcynska (Pol) 19-2 ¾, De Voeght (Bel) 19-2½, Focic (Yug) 19-2½, Albert (WG) 19-1½.

**Long Jump, Final:** 1-Nygrynova (Czech) 6.48/21-3¼, 2-Catineanu (Rum) 6.34/20-9 ¾, 3-Georghiu (Rum) 6.32/20-8 ¾, 4-Focic (Yug) 6.29/20-7 ¾, 5-Rukawischnikova (USSR) 6.28/20-7½, 6-Lotova (USSR) 6.20/20-4.

**Discus, Final:** 1-Stoyanova (Bul) 18.99/62-3 ¾, 2-Loghin (Rum) 18.21/59-9, 3-Makauskaite (USSR) 18.06/59-3, 4-Chewinska (Pol) 17.73/58.2, 5-Bastchewanova (Bul) 17.27/56-8, 6-Bertimon (Fra) 15.50/50-10½.

September 19, Second Day:

**100m Final:** 1-Maslakova (USSR) 11.31, 2-Pursianan (Fin) 11.47, 3-Loverock (Can) 11.57, 4-Panajotova (Bul) 11.79, 5-Dlugolecka (Pol) 11.89, 6-Molinari (It) 12.00

**400m Final:** 1-Haggman (Fin) 51.80, 2-Klimowitscha (USSR) 52.25, 3-Pavlicic (Yug) 52.50, 4-Bottiglieri (It) 52.58, 5-Casapicola (Aus) 53.57, 6-Lloyd (GB) 53.98, 7-Golovanova (USSR) 54.56, 8-SAPENTER (USA) 54.89.

**100m, Qualifying:** 1-Heat, 1-Anisimova (USSR) 13.58, 2-Oshikoya (Nig) 13.84, 3-Battaglia (It) 13.94, 4-Dammon (Can) 14.02. 2-Heat, 1-Rabsztyn (Pol) 13.27, 2-Van Wolvelaere (USA) 13.55, 3-Ongar (It) 13.76, 4-Pira (Bel) 14.51. 3-Heat, 1-Novakowska (Pol) 13.35, 2-Prevost (Fra) 13.97, 3-Spassochodkaya (USSR) 14.25

September 20, Third Day:

**200m, Qualifying:** 1-Heat, 1-Pursianan (Fin) 23.82, 2-Panajotova (Bul) 24.21, 3-Casapicola (Aus) 24.57. 2-Heat, 1-Bakulin (Pol) 23.84, 2-Pavlicic (Yug) 23.89, 3-Loverock (Can) 24.19. 3-Heat, 1-Szubert (Pol) 24.13, 2-Haggman (Fin) 24.45, 3-Camus (Fra) 24.71.

**800m, Qualifying:** 1-Heat, 1-Morgunova (USSR) 2:05.11, 2-Scherteva (Bul) 2:05.21, 3-Rooms (Fra) 2:05.45, 4-Crowley (Can) 2:05.48. 2-Heat, 1-Cerchlanova (Czech) 2:06.67, 2-Lasar (Hun) 2:06.73, 3-Safina (USSR) 2:06.95, 4-Jouvhomme (Fra) 2:07.53, 5-Schenk (WG) 2:09.99.

**1500m, Final:** 1-Wellmann (WG) 4:08.72, 2-Andrei (Rum) 4:08.84, 3-Pechilvanova (Bul) 4:10.17, 4-Wright (Can) 4:11.45, 5-Gargano (It) 4:13.20, 6-Lasar (Hun) 4:13.87, 7-Ludwichowska (Pol) 4:13.95, 8-Katjukova (USSR) 4:15.32.

**100mH, Final:** 1-Rabsztyn (Pol) 13.14, 2-Novakowska (Pol) 13.34, 3-Anisimova (USSR) 13.64, 4-Prevost (Fra) 13.67, 5-Ongar (It) 13.90, 6-Oshikoya (Nig) 13.91, 7-VAN WOLVELAERE (USA) 14.00, 8-Battaglia (It) 14.10.

**High Jump Final:** 1-Filatova (USSR) 1.88/6-2, 2-Simeoni (It) 1.88/6-2, 3-Fedortchuk (USSR) 1.86/6-1½, 4-Matay (Hun) 1.86/6-1½, 5-Huntley (USA) 1.84/6-½, 6-Geese (WG) 1.82/5-11 ¾.

**Discus, Final:** 1-Vergova (Bul) 65.28/214-2, 2-Menis (Rum) 64.28/210-10½, 3-Bastchewanova (Bulg) 56.96/186-10½, 4-Jerocha (USSR) 56.54/185-6, 5-Ionescu (Rum) 54.58/179-1, 6-Makauskaite (USSR) 52.38/171-10.

**Pentathlon, After 3 events:** 1-Frederick (USA) 2676, 2-Focic (Yug) 2598, 3-Rukawischnikova (USSR) 2547, 4-Albert (WG) 2519, 5-Stepanova (USSR) 2509, 6-Novailnethas (Bra) 2304.

**200m, Final:** 1-Haggman (Fin) 23.38, 2-Pursianan (Fin) 23.61, 3-Pavlicic (Yug) 23.78, 4-Szubert (Pol) 23.83, 5-Loverock (Can) 23.97, 6-Bakulin (Pol) 23.99.

**800m Final:** 1-Morgunova (USSR) 2:01.94, 2-Cerchlanova (Czech) 2:02.45, 3-Scherteva (Bul) 2:02.74, 4-Lazar (Hun) 2:04.58, 5-Crowley (Can) 2:05.59, 6-Jouvhomme (Fra) 2:06.69, 7-Safina (USSR) 2:07.12, 8-Rooms (Fra) 2:12.18.

**4x100 Relay:** 1-USSR 44.77, 2-Poland 44.87, 3-WGermany 45.88, 4-Italy 46.09, 5-Brazil 49.36, 6-Great Britain 50.29.

**Javelin, Final:** 1-Jakobovitz (USSR) 61.72/202-6, 2-SCHMIDT (USA) 60.36/198-½, 3-Zorgo (Rum) 59.50/195-2½, 4-Portova (USSR) 58.84/193-½, 5-Peewa (Bul) 57.20/187-8, 6-Vago (Hun) 55.88/183-4, 7-Christova (Bul) 55.58/182-4, 8-Flak (Pol) 55.30/181-5.

**Pentathlon, Final:** 1-FREDERICK (USA) 4442 (45-11½, 13.63, 5-9½, 20-½, 25.12), 2-Focic (Yug) 4423, 3-Rukawischnikova (USSR) 4313, 4-Albert (WG) 4292, 5-Stepanova (USSR) 4214, 6-Wlodarczyk (Pol) 3927.



THESE BLONDS HAD MORE FUN - Ellen Wellmann, West Germany (left) surprised a good 1500 meter field including Pre Olympic gold medalist Natalia Andrei of Rumania as she zipped to a 4:08.72 to a fast closing Andrei at 4:08.84. Mona-Lisa Pursianan of Finland, who had so much success in the 400m in the last few years, moved down to the 100/200 double and earned herself a pair of silver medals and a credible 11.47/23.61 double.



## US REPORT

### WEST VALLEY WOMEN SET 24 HR RELAY MARK

August 30/31: Covering a distance of 214 miles and 787 yards, the West Valley Women set a world mark for the 24 hour relay with 7 women. The distance also broke the existing records for the 8 and 9 women teams. The team consisted of Joan Ulliyot, Peggy Lyman, Penny DeMoss, Sue Neary, Ellen Clark, Jeanette Cotte' and Mary Healy. Sue Neary's average of 5:55 per mile is believed to be the best ever by a women in a relay of this nature. She is a 17 year old high school senior. In setting the record, 5 of the women ran approximately 31 miles and two others ran 30+. Other finishers:

14-Peninsular Girls 204 miles 410 yards. 10-Adam & Eve Express(5 men-5 women) 216 miles 949. (Also a world mark for combined team).

### FREDONIA FARM FESTIVAL 10K

Fredonia, New York, August 16: This first annual race which was held some 50 miles west of Buffalo drew very few female athletes, but those who did compete found it to be a very good race. Syracuse Charger, Katy Schilly led the women competitors finishing 36th in the mixed competition with a course record setting 35:20. The second number in the following results denotes the overall placement of the female competitors: 2/49, Kathy Mills(SyrCg) 36:30, 3/96, Carrie Pusch(SyrCg) 39:15, 4/110 Amy Welch(SyrCg) 40:00, 5/124, Wende Pusch(SyrCg) 40:36, 6/128, Lori Schaefer(Unatt.) 40:55, 7/146, K.Hagenlocher(SyrCg) 42:14 8/147, Mary Lynch(SyrCh) 42:22, 9/149, Mary Rybinski(SyrCg) 42:31, 10/160, Chris Gardner(SyrCg) 43:21.

### POOR SPLASHES TO WIN ON RIO BEACH

Aptos, Ca., September 7: After returning from a trip to Europe in which she recorded outstanding marks in the 800 and 1500, Cyndy Poor decided to concentrate on cross country. In doing so, she finished first in the Cabrillo TC's 2nd Annual Autumn Beach Run. The women ran 6.86 miles over Rio Beach with 123 runners competing. The Results:

1-Poor(SJC) 43:50, 2-Sharon Furtado(Buchser HS) 44:17, 3-Roxanne Bier(SJC) 44:17, 4-Jackie Hendrickson(SJC) 44:48, 5-Sally McPherson(SJC) 46:35, 6-Tracy Weber(SJC) 47:19, 7-Alicia Munoz(Watsonville HS) 50:09, 8-Demetra Mavis(SJC) 50:40, 9-Ann Wotherspoon(SJC) 50:55, 10-June Bonacich(SJC) 51:15.

### PENN STATE LADY LION INVITATIONAL

University Park, Pa., September 27: Liz Berry led Penn State's young cross country team to a convincing victory as the team cinched the first four positions with their first five placing in the top ten. Penn State, which doesn't have an upperclassman on the squad, scored 19 points to second place Frederick TC with 51. The Results:

1-Liz Berry(PSU) 18:42.8, 2-Liz Cunningham(PSU) 19:09, 3-Kris Bankes(PSU) 19:21, 4-Eileen Meenan(PSU) 20:20, 5-Colleen Desmond(FTC) 20:22, 6-Pam Adams(SJC) 20:23, 7-Margie Mayer(Cavelette TC) 20:35, 8-Sue Williams(FTC) 20:36, 9-Janet Norem(PSU) 21:12, 10-Carol Taylor(FTC) 21:32, 11-Lisa Henry(CTC) 22:31, 12-Jean Goldsmith(CTC) 22:44, 13-Ursula Eder(SJC) 23:03, 14-Leilani Drayer(FTC) 23:26, 15-Maridel Welsh(Villanova) 23:38. Team Scores: 1-Penn State 19, 2-Frederick TC 51, 3-Cavelette TC 60. (Three Mile Course)



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### KIRKWOOD INVITATIONAL

St. Louis, Missouri, September 20: The Kirkwood TC didn't spare much hospitality as the hosting club swept to victory in all the age divisions. Betsy Oberle of the Peoria Pacettes topped the women's division race with a 46 second margin over team mate Patti Plymire. Florissant's Diane Zurweller was the only other individual winner as she took honors in the 10-11 division race with a 8:38 clocking for the 1½ miles. The Results:

14 & Over women: 1-Betsy Oberle(PP) 18:12, 2-Patti Plymire(PP) 18:58, 3-Donna Burnham(ISU) 19:23, 4-Carrie Chibbs(Kirk) 19:38, 5-Tami Essington(PP) 20:01, 6-Sheila Eip-perte(OMA) 20:36, 7-Cinda Morrow(Kirk) 20:53, 8-Kristi Grace(OMA) 22:14, 9-Mary Riggs(Kirk) 23:15, 10-Lorrie O'Dowd(Kirk) 23:48. (14 finishers). Team Scores: 1-Kirkwood TC 43. Course 3 miles.

12-13 Division: 1-Heather Hernes(Kirk) 11:36, 2-Laurie McClain(Flor) 12:01, 3-Karen Zurweller(Flor) 12:06, 4-Brenda Waldinger(PP) 12:12, 5-Bev Williams(Kirk) 12:20, 6-Jean Bieser(Kirk) 12:59, 7-Sherri Hartenberger(Kirk) 13:09, 8-Ruth Sixkiller(Kirk) 13:10, 9-Patti Merkel(Kirk) 13:11, 10-Roneta Hussing(Ster) 13:18. (17 finishers). Team Scores: 1-Kirkwood TC 27, 2-Sterling 62. Course: 2mi.

10-11 Division: 1-Diane Zurweller(Flor) 8:38, 2-Chris Ridenour(Kirk) 8:44, 3-Sheila Erickson(PP) 8:49, 4-Kathy Riggs(Kirk) 8:52, 5-Kathleen Reagan(Kirk) 8:54, 6-Jennie Stevens(OMA) 8:56, 7-Donna Zurweller(Flor) 9:02, 8-Ann Henry(PP) 9:05, 9-Becky Jutton(Kirk) 9:18, 10-Kathi Frank(Ster) 9:19. (22 Finishers). Team Scores: 1-Kirkwood TC 31, 2-Peoria Pacettes 57, 3-Omaha 78. Course: 1½ miles.

9/Under Division: 1-Francine Baum(Kirk) 6:08, 2-Jenny Jutton(Kirk) 6:24, 3-Kathy Hartle(Ster) 6:35, 4-Shelly Ridenour(Kirk) 6:38, 5-Jenny Lovitt(Kirk) 6:47. (22 finishers). Team Scores: 1-Kirkwood TC 19, 2-Sterling 41, 3-Omaha 71. Course: 1 mile(-20yds.)



## US REPORT (Continued)

### HEALD CHALKS UP ANOTHER

Fountain Valley, Ca.: Debbie Heald continued her impressive return to competitive running with a convincing 16:09 over Mile Square Park's 5000 meter course. San Fernando Valley team mates Sue Kinsey and newly crowned marathon world record holder, Jacki Hansen finished in the 2nd and 3rd spots. Rialto Roadrunners, who are undefeated in team scoring this season, once again took the nod by a slim margin over SFVTC 38-42. In the 14-18 division Paula Rose defeated Mary Decker who has recently returned to her original coach, Don DeNoon. The remainder of the team scores belonged to the Rialto Roadrunners as they swept to victory by easy margins. The Results:

Women: 1-Debbie Heald(Un) 16:09, 2-Sue Kinsey(SFVTC), 3-Jacki Hansen(SFVTC), 4-Suzzane Keith(RRR), 5-Lisa Metheny(RRR), 6-Marie Albert(RRR), 7-Ruth Kleinsasser (URTC), 8-Sandy DeNoon(BA), 9-Heather Tolford(SFVTC), 10-Leal Keinhart(SFVTC). (25 finishers). Team Scores: 1-Rialto Roadrunners 38, 2-San Fernando Valley TC 42, 3-Blue Angels 76. Course: 5000 meters.

14-18 Division: 1-Paula Rose(BA) 12:58, 2-Mary Decker (Un), 3-Becky Wolfenbarger(Un), 4-Diane Stern(QCC), 5-Laurie Jewell(LBC), 6-Shellie Woolridge(Un), 7-Kathy Jewell (LBC), 8-Teresa Caudillo(LBC), 9-Sherry Simmons(BA), 10-Marsha Pierce(Un). (27 finishers). Team Scores: 1-Long Beach Comets 44, 2-Blue Angels 63. Course 12,708yds.

12-13 Division: 1-Corrinne Nunez(RRR) 11:15, 2-Donna Sanchez(RRR), 3-Carol Czarnetski(BA), 4-Alicia Kirkorn (BA), 5-Mari Gibbs(LITC), 6-Lynne Honeywell(RRR), 7-Laurie Teague(ECS), 8-Detra Washington(BA), 9-Tami Darr (Un), 10-Mary Carman(RRR). (56 finishers). Team Scores: 1-Rialto Roadrunners 30, 2-Blue Angel a 59, 3-Blue Angel b 130, 4-SC Cheetahs 163. Course: 10,750yds.

10-11 Division: 1-Vicky Cook(RRR) 8:45, 2-Kiki Lantry (RRR), 3-Andrea Kirkorn(BA), 4-Melanie Johnson(SCC), 5-Danielle Mojica(SCC), 6-Kathy Bryant(BA), 7-Colleen Davidson(PCF), 8-Lenell Waskow(RRR), 9-Shelly Quintana (BA), 10-Sharon Hatfield(Pats). (62 finishers). Team Scores: 1-Rialto Roadrunners 37, 2-Blue Angels 45, 3-Rialto Roadrunners b 97. Course: 8,350yds.

9/Under: 1-Kathy Kiernan(BA) 7:35, 2-Sonia Cooper(RRR), 3-Andrea Rolfe(LBC), 4-Connie Bennett(ECS), 5-Marcy Anderson(RRR), 6-Lisa Torres(RRR), 7-Sharon O'Brien(ECS) 8-Teresa Maestos(RRR), 9-Lauren Miskinis(RRR), 10-Giselle Aguilar(BA). (54 finishers). Team Scores: 1-Rialto Roadrunners 30, 2-Blue Angels 59, 3-RRR 'b' 145. Course: 6,000yds.

Masters: 1-Carolyn Rubio(BA), 2-Carol Honeywell, 3-Jo Smith(BA), 4-Marilynn Cobb(RRR), 5-Lynn Carman(RRR), 6-Marsha Hollinger(RRR), 7-Barbara Melvin(BA), 8-Renata Santiago(RRR), 9-Nancy Tipton(BA). Course: 5000 meters.

Womens 5000 meter walk: 1-Ester Marquez(RRR) 28:05, 2-Jessica Waskow(RRR) 28:12, 3-Cindi Johnson(BA) 28:50, 4-Teri Teegarten(BA) 29:03, 5-Joyce Brodock(RRR) 29:18. (10 finishers).

### ROSE WINS STRIDER INVITATIONAL

San Pedro, Ca., September 27: Paula Rose rambled through Harbor Regional Park to take the women's 3 mile contest and score a 36 second win over 2nd place finisher Ruth Kleinsasser and the and the remainder of the field. The Results:

Women: 1-Paula Rose(BA) 18:20, 2-Ruth Kleinsasser (URTC) 18:56, 3-Michelle Hopper(PTC) 19:18, 4-Sandy DeNoon(BA) 19:24, 5-Ann Dandoy(BA) 19:29, 6-Lynne Miller(SDTC) 20:07, 7-Sherry Simmons(BA) 20:26, 8-Karen Parish(BA) 21:06, 9-Teri Teagarden (BA) 21:25, 10-Jane Janousek(SCC) 21:41. (17 finishers).

14-18(2 1/2 miles): 1-Suzanne Keith(RRR) 14:21, 2-Lisa Metheny(RRR) 14:48, 3-Becky Villavazo(RRR) 15:12, 4-Doreen Assumma(RRR) 15:14, 5-Marie Albert(RRR) 15:17, 6-Heather Holford(SFVTC) 15:42, 7-Virginia Lantry(RRR) 15:57, 8-Andee Garcia(LBC) 16:27, 9-Melinda Solender(Pats) 16:46, 10-Jane Harding(BA) 16:49. (18 finishers).

Novice 1 1/2 & Over(1 mile): 1-Jarvis Scott(PTC) 5:33, 2-Donna Fromme(UR) 5:48, 3-Yolanda Rich (LBC) 5:49, 4-Jan Smith(UR) 5:51, 5-Judy Johnson(LITC) 5:54, 6-Alice Osterlind(UR) 6:03. (18 finishers).

12-13(2 miles): 1-Donna Sanchez(RRR) 11:23, 2-Corrinne Nunez(RRR) 11:24, 3-Mari Gibbs(LITC) 11:46, 4-Sharon Hulse(Pats) 11:54, 5-Alicia Kirkorn(BA) 12:02, 6-Mary Carman(RRR) 12:07, 7-Detra Washington(BA) 12:12, 8-Tami Darr(Un) 12:17, 9-Carol Czarnetski(BA) 12:18, 10-Deb Conroy(SCC) 12:24. (46 finishers).

10-11(1 1/2 miles): 1-Kiki Lantry(RRR) 8:48, 2-Vickie Cook(RRR) 8:49, 3-Kristy Wilson(BA) 9:06, 4-Andrea Kirkorn(BA) 9:09, 5-Melanie Johnson (SCC) 9:10, 6-Jane Wintermute(SCC) 9:11, 7-Lennella Waskow(RRR) 9:20, 8-Shari Wheeler(RRR) 9:21, 9-Cimi Ruderman(RRR) 9:22, 10-Kathy Bryant(BA) 9:24. (43 finishers).

9/Under(1 mile): 1-Kathy Kiernan(BA) 5:27, 2-Sonia Cooper(RRR) 5:39, 3-Andrea Rolfe(LBC) 5:52, 4-Christine Standley(BA) 5:56, 5-Kim Tanabe(BA) 6:01, 6-Carina Quezada(SCC) 6:03, 7-Lisa Torres(RRR) 6:05, 8-L.Miskinnis(RRR) 6:07, 9-MeMe Conn(RRR) 6:07, 10-Marey Anderson(RRR) 6:08. (39 finishers).

Novice 1 1/2-Under(1 mile): 1-Terri Hollins(RRR) 5:38, 2-Becky Gomez(RRR) 5:42, 3-Ann Linde(SCC) 5:50, 4-Becky Gargaro(SCC) 5:51, 5-Chris Ramierz(SBS) 5:53. (41 finishers).

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## CANTON 10 KILOMETER

Canton, Ohio, October 5: Katy Schilly continued her strong road racing with a 34:44 clocking over a beautiful 10,000 meter race course. Her mark not only annexed the women's championship, but placed Katy 15th overall in the mixed field of 890 competitors. Rambling through the mile mark at 5:22 and the halfway point at 17:15, Katy was never challenged by a female runner, but went head to head with the men. Shannon Cline of the Scioto Track Club overcame a quick start by Lori Cartwright of Fort Wayne PAL to place second in the women's division with a 36:25 mark to 36:26 for Cartwright. The Results:

1-Katy Schilly(Syracuse Chargers)34:44, 2/43-Shannon Cline(Scioto TC) 36:25, 3/45-Lora Cartwright(Ft. Wayne PAL) 36:26, 4/76-Ella Willis(Lipke TC) 38:02, 5/86-Lori Schafer(Fleet Feet TC) 38:33, 6/113-Laura Craven(Scioto TC) 39:43(Age 10), 7/119-Sandy Hoggman(Scioto TC) 40:04, 8/125-Rachel Danduran(Scioto TC) 40:26(Age 10), 9/128-Robin Rosemeier(Hilliard, Ohio) 40:29, 10/148-Nina Crampe(West Penn TC) 41:01.

## U of FLORIDA BEACH RUN

Crescent Beach, Florida,: The Florida Track Club and University of Florida staged a cross country dual on the sandy beaches of the Florida coastline with the Florida TC looking suspiciously like the former Sports International of Washington, DC. Unheralded Jayne SurdyKa of the University team easily defeated the field which included Robin Campbell and sister Donna. The Results:

1-Jayne Surdy-Ka(UF) 18:11, 2-Nancy Shafer(FTC) 19:07, 3-Mary McGrarty(UF) 19:20, 4-Donna Campbell(FTC) 19:24, 5-Lynn Hollins(FTC) 19:40, 6-Robin Campbell(FTC) 19:47, 7-Joylene Garverick(UF) 19:49, 8-Cindy McNab(FTC) 20:13, 9-Kay Hooper(UF) 20:24, 10-Liz Hancock(FTC) 20:40, 11-Carol Parson(UF) 20:50, 12-Debbie Pastel(UF) 21:21, 13-Shirley Strader(UF) 21:33, 14-Beth Merman(UF) 21:47, 15-Cecil Carter(UF) 23:18. Team Scores: 1-Florida Track Club 25, 2-Univ. of Florida 31.



Just follow the white line, Ladies! Valerie Morton (left) and La Roya Huff battle for the lead in this east coast junior high track meet. The running was great, but the marker of the track gets an "F". Morton, who won this race, also competes for Club Orange and the 5'9, 126 pound sprinter has clocked 10.6 and 24.9 this season. (Gerald Wheller photo.)

## GOLDEN TRIANGLE MEETING

Ypsilanti, Michigan, September 28: Ella Willis scored an upset win over last years 3rd place national junior division finisher Mary Ann Opalewski of the Fleet Feet. The Lipke TC'er covered the 3 mile course in 17:13 for a twelve second victory over Opalewski. Kirkwood TC took team honors in three of the five division races with the Wolverines of Michigan taking the women's race and the Fleet Feet coping the 9 and under. The Results:

Women's Division(3 miles, -115 yards): 1-Ella Willis(Lipke TC) 17:13, 2-Mary Ann Opalewski(Fleet Feet) 17:25, 3-Michella Kerr(WolvTC)18:47, 4-Karla Amble(River Rats) 18:55, 5-Ginny Shook(BD Rap.) 19:10, 6-Diane Simon(Wolv) 19:32, 7-Cindy Barber(Wolv) 19:33, 8-Ann Lozier(Wolv)20:02, 9-Ruth Barrett(LipkeTC) 20:16, 10-Carol Guardiola(Wolv) 20:48, 11-Debbie Struble(Wolv) 20:58, 12-Cindy Ruester(KirkTC) 21:20, 13-Mary Jo Evans(LipkeTC) 21:39, 14-Kenya Shelton(KirkTC) 21:43, 15-Helen Catania(MotorCityTC) 22:22. Team Scores: 1-Wolverines TC-34(3-6-7-8-10).

14-15 Division(2½ miles): 1-Rochelle Collins(Motor CityTC) 15:43, 2-Sue Jarvis(Un) 15:56, 3-Aimy Maripou(KirkTC) 15:59, 4-Carrie Chupp(KirkTC) 16:17, 5-Leslie Laviollette(River Rats) 16:29, 6-Cinda Marrow(KirkTC) 16:49, 7-Amy Richard(KirkTC) 17:07, 8-Linda Smith(KirkTC) 17:27, 9-Missy Knopf(River Rats) 17:53, 10-Laticia Perez(River Rats) 18:08. Team Scores: 1-Kirkwood TC 42, 2-River Rats-40(Not AAU team).

12-13 Division(2 mile run): 1-Heather Hearn(KirkTC) 11:25, 2-Lori Schfer(Fleet Feet) 11:41, 3-Beth Huff(Michigames) 11:50, 4-Patty Buckeye(Un) 12:17, 5-Cheryl Waters(Gd. Rapids) 12:30, 6-Sheri Hartinberger(KirkTC) 12:40, 7-Jean Bieser(KirkTC) 12:50, 8-Ruth Sixkiller(KirkTC) 12:56, 9-Shannon Mara(Fleet Feet) 13:03, 10-Donna Bertrich(WolvTC) 13:05. Team Scores: 1-Kirkwood 33(1-6-7-8-11.)

10-11 Division(1½ miles, -110yards): 1-Chris Ridenour(KirkTC) 8:42, 2-Kathy Riggs(KirkTC) 8:44, 3-Laurie Call(Fleet Feet) 8:59, 4-Allison Hall(KirkTC) 9:10, 5-Kayla Skelly(Fleet Feet) 9:22, 6-Sheri Nevins(Fleet Feet) 9:26, 7-Becky Jutton(KirkTC) 9:28, 8-Stephanie Coe(SUS) 9:34, 9-Fran Dorsey(Motor City) 9:39, 10-Julie Porter(WolvTC) 9:47. Team Scores: 1-Kirkwood TC 29, 2-Fleet Feet 39, 3-SUS Olympians 91.

9/Under Division(1 mile run): 1-Lori Vultaggio(Un) 6:00, 2-Ann Smith(Fleet Feet) 6:01, 3-Jodi Waters(Gd. Rapids) 6:02, 4-Michaela Collins(Fleet Feet) 6:06, 5-Lori Vogt(Ohio Angels) 6:09, 6-Francine Baum(KirkTC) 6:12, 7-Cathy Coast(Ohio Angels) 6:14, 8-Jenny Maffziger(Ohio Angels) 6:15, 9-Jenny Jutton(KirkTC)6:18, 10-Jill Thurston(Fleet Feet) 6:21. Team Scores: 1-Fleet Feet TC 43, 2-Ohio Angels 48, 3-Kirkwood TC 93, 4-Fleet Feet B 105.

## WHITWORTH COLLEGE INVITATIONAL

Spokane, Washington, September 27: Whitworth College staged its first ever invitational over a two mile course making it an all-comer style meet with high schools, junior college, and colleges taking part together in the same competition. The Results:

1-Cindy Chapman(Whitworth) 12:49, 2-Janet Keeney(Deer Park HS) 13:02, 3-Brenda McGlade(NW Christian HS) 13:49, 4-Sandi Curryer(NW Christian HS) 13:57, 5-Carla Burks(Spokane Falls CC) 14:15, 6-Janice Droge(WhitworthCollege)14:16, 7-Jill Straty(Whitworth)14:33, 8-Jan Ross(Whitman College) 14:42, 9-Rhonda Hotchkiss(NW Christian HS) 14:45, 10-Diane Reagon(Spokane Falls CC) 14:46. (22 finishers).



by STEVE WENNERSTROM

Most cities go wild with enthusiasm when they are fortunate enough to be blessed with a championship team or individual. However, the city of Philadelphia, Pennsylvania can pride itself with the fact that it has two outstanding champion projects. The city of



(Jeff Johnson photo)

brotherly love, or in this case, sisterly love, possesses two of the finest quarter milers in the country in Sharon Dabney and this month's subject, Pat Helms.

Her coach, Tim Hickey first encountered Pat in the early 1971 season when she was a 13 year old 8th grader at Vaux Jr. High in Philadelphia. As is the case with any 8th grader worth his or her salt, Pat was spending a little time in the after school detention room when Coach Hickey discovered her. Pat's friend was on the school track team and was about to be dismissed from detention when Pat spoke up and mentioned that she could run faster than her friend. Coach Hickey put her to the test immediately.

He relates, "Not only was she faster than her friend, but she was faster than any of the ninth graders who were the defending city champions." Hence began the running career of runner Pat Helms. During that first season with little more training than 60 yard wind sprints in the fifth floor hallway of her school she lowered her 440 time from 72.4 to 61.0. Then in 1972 Pat ran 4th in the Girl's Nationals at Canton, Ohio and returned to place 4th in the women's portion of the competition with a lifetime best of 54.6. Later that summer she placed 2nd in the National Junior Olympics in Spokane, Washington and the 440 had become the event for Pat Helms.

1973 was a distracted year as Pat took up other interests with long jump experimenting, the 100/220, the 880 to build strength, etc. Even so, her marks were respectable as she began to show a real versatility. During that '73 season she posted a 10.9/24.9 sprint double, a 2:15.2 half and an 18-1 long jump.

By the winter of 1974 Pat began to receive some recognition in the East. She was a double winner in the Middle Atlantic Indoor Championships with wins over Chris A'Harrar in both the 220 and 440. In the Philadelphia Classic she defeated Brenda Nichols in a tight 440 clocking 56.6. Illness kept her out of the indoor nationals, but Pat showed up later in the season to compete for a spot on the Junior team at Gainesville, Florida. Although she tightened up and did not place in the finals, Pat had the fastest qualifying time going in at 54.8.

The summer after was spent taking it easy and working some on the long jump which improved to 19-7 3/4 at the Miller High Life Games on Randall Island, New York.

With her first season of Cross Country behind her, Pat went into the indoor season in the best shape of her young career. One of the biggest surprises of that indoor season was a dead heat finish with Robin Campbell in the Millrose Games with both girls clocking 1:22.7. In an equally impressive race, Pat finished 2nd to Robin Campbell but defeated Lorna Forde and Debra Sapenter in

the Olympic Invitational at Madison Square Garden. Her mark of 55.7 was her best mark for the 400 meter distance and she had also recorded a 55.9 at the Spectrum earlier in the season for her best 440 time.

Coach Hickey states, "Its sort of an interesting bit of trivia but the four in the Olympic Invitational, the four finalist in the indoor nationals and the first four in the Senior outdoor nationals in White Plains were Pat, Robin Campbell, Debra Sapender and Lorna Forde."

The early spring of this year showed even more of Pat's versatility. In April she was part of the Klub Keystone 440 relay team which clocked 45.9 at the Penn Relays for a new Penn Relays record and beat a good Atoms TC team consisting of McMillan, Cordy, Forde and Collin-El. Then she ran a 2:10.1 880 on the cinders at Quantico, Virginia in early May. Later in May she ran an even better 880 turning in a time of 2:10.6 in the mud at Villanova to defeat Nancy Shafer and win the Wildcat Invitational.

She was also back to 19-0 in the long jump at the Region II meet in Wilmington, Delaware.

But when all is said and done, the quarter is Pat's best race and her results from this summer's competition can easily attest to that. She posted a 54.4, 54.3 and 54.2 to place second behind Robin Campbell in the Junior Women's Nationals. But continued her improvement right into the Senior Women's meet clocking 53.9, 53.7 and 53.3 to place 4th in that division. In addition to this great performance, Pat also ran a pair of 2:13.0 relay legs on Klub Keystone's Jr. and Sr. two mile relay teams. Then to cap her season she ran her lifetime best 400 meters against the Soviets clocking 53.1 in addition to anchoring the 1600 meter relay team for the USA.

Coach Hickey adds, "There is a negative side to Pat's attitude that gives me hope for her future. Odd as that may sound, its true. The fact is that Pat is far from a dedicated runner and her training thus far hasn't been as hard as most of the age groupers. The experiences she has had this summer will be very helpful, and if she ever decides to become atop flight runner, there is enough room for improvement that she could become one of the best the country has ever had in the middle distances. She almost quit track altogether two years ago and even last year was close to it again, but I haven't heard any of that talk recently. I think that Lincoln and the Pan Am trials have given her the confidence that she can compete with the best in the country as well as the East."

So, thats about all there is on the 18 year old senior at Willian Penn HS in Philadelphia, aside for the fact that she is the youngest of 8 children and some of her favorite food is soda pop and potato chips. If there be any more information needed on Pat go to Helms!!

- More on Helms -

Birhdate-June 20,1957 Age-18  
 Height-5-7  
 Weight-121  
 Coach- Tim Hickey  
 Club- Klub Keystone  
 Best Marks- 100 10.9, 220 24.5, 400 53.1,  
880 2:10.1, LJ 19-7 3/4, 600 1:21.71

## WORLD JUNIOR 800 MARK

Alost, Belgium, September 7: Olga Commandeur of the Netherlands, set a new junior world mark in the 800 meters clocking 2:01.6. Commandeur also defeated Marie-Francoise Dubois of France, but the Frenchwoman made it close finishing at 2:02.0.



## US REPORT (Continued)

### HARWICK WINS RACCOON 10,000 METER WALK

Pittsburgh, Pa., September 14, : Beth Harwick of the Western Pennsylvania TC won the Alleghany Mountain Association's 10,000 meter race walk clocking 1:05:46  
The Results:

1-Harwick(WPTC) 1:05:46, 2-Kathe Dvorsak(Burgettstown TC) 1:08:45, 3-Athena Monios(WPTC) 1:11:20, 4-Dawn Crawford(WPTC) 1:11:58, 5-Vera Newman(WPTC) 1:25:45, 6-Brenda Price(Burgettstown TC) 1:33:31.

### COOK LEADS IOWA STATE

Macomb, Illinois, October 4: Augustana's Chris Caldwell was the only thing that kept Iowa State from shutting out a nine team field at the Western Illinois University Invitational as Carol Cook led the Iowa Staters to a 1-2-3-4-6 finish and a 16 point total to cap the victory. Cook's time of 17:19 was better than 12 seconds ahead of runner-up team mate Georgette Goonan. The Results:

1-Carol Cook(IS) 17:19, 2-Georgette Goonan(IS) 17:32, 3-Barb Brown(IS) 18:11, 4-Annette Class (IS) 18:18, 5-Chris Caldwell(Aug) 19:03, 6-Lisa Hamity(IS) 19:04, 7-Peggy Evans(SoIll) 19:36, 8-Nancy Sandhagen(SWMS) 19:37, 9-Debbie Strehle (NEM) 20:13, 10-Andra Olson(Aug) 20:49, 11-Aimy Arsenault(SWMS) 20:55, 12-Glenda Calavro(MS) 21:06, 13-Carol Shafer(MS) 21:19, 14-Camille Baker(MS) 21:20, 15-Kathy Schafer(MS) 21:45, 16-Sherry Crites(SWMS) 21:46, 17-Linda Bladholm (SoIll) 21:50, 18-Patti Ege(IllSt) 21:52, 19-Darlene Kidd(SWMS) 21:59, 20-Mary K Grosso(Ill St) 22:11. Team Standings: 1-Iowa State 16, 2-Southwest Missouri State 75, 3-Murray State 80, 4-Southern Ill. 111, 5-Augustana College 114, 6-Illinois State 144, 7-Western Ill. Univ. 170.

### EARLY BIRD INVITATIONAL

Miamisburg, Ohio, September 6: Marie Kastrup and the Kettering Striders led the way in the women's division as the club took the first four places and added 7th and 8th to easily win the two mile race team title. The Results:

Women's (two mile): 1-Marie Kastrup(KS) 11:58, 2-Marianne Sturr(KS) 12:28, 3-Rainey Roetman(KS) 12:34, 4-Janet Pearson(KS) 13:04, 5-Anne Connors (BTC) 13:24, 6-Mary Pawley(BTC) 13:52, 7-Carol Mohanco(KS) 14:04, 8-Betty Shell(KS) 14:22, 9-Debbie Porter(MCD) 14:58, 10-Helen Allaire(NCH) 16:08.

12-13 Division (one mile): 1-Lindy Yeager(KS) 5:37, 2-Gidget Wickham(BTC) 5:42, 3-Joanne Wood (NCH) 5:59, 4-Sally Slocum(BTC) 6:05, 5-Kelly Roach(BTC) 6:06, 6-Karen Spletzer(NCH) 6:07, 7-Lexie DeVries(KS) 6:09, 8-Mara Holtzman(KS) 6:12, 9-Diane Porter(MCD) 6:13, 10-Tricia Moore (BTC) 6:15.

10-11 Division (one mile): 1-Paula Myers(BTC) 6:02, 2-Sue Patti(BTC) 6:06, 3-Nadine Dahm(KS) 6:20, 4-Jamie Bair(KS) 6:26, 5-Susan Ruiz(KS) 6:32, 6-Patty Houser(SC) 6:55, 7-Rita Whipkey (BTC) 7:00, 8-Cherie Moore(BTC) 7:03, 9-Kathy Kain(BTC) 7:07, 10-Bridget Allaire(MCD) 7:08.

9-Under Division (3/4 mile): 1-Kim Blais(BTC) 4:26, 2-Linda Porter(BTC) 4:27, 3-Sarah Peaples(KS) 4:28, 4-Diane Weiss(KS) 4:40, 5-Kathy Welsh(KS) 4:42, 6-Lori Wraley(BTC) 4:56, 7-Mary Connors(BTC) 5:08, 8-Karen Weiss(KS) 5:10, 9-Michelle Bradar(CTC) 5:11, 10-Barb Connors(BTC) 5:12.

## OUT OF THE PAST



Again this month we slip into the past history of women's track and find Lillian Copeland above. This picture appeared in newspapers on May 31, 1928. The caption read as follows; PERFECT FORM FOR A CHAMPION. Pasadena, Calif.---Miss Lillian Copeland, noted woman athlete, who recently established a new shot put record for her sex(!) when she hurled the 12 lb.(!) ball 30- $\frac{1}{4}$  inch at the recent Olympic try-outs held in Pasadena, Calif.- Miss Copeland is expected to win many points for the U.S. at Amsterdam.- She is shown here displaying perfect form in the event in which she smashed the world's record. (Wide World Photos)

In addition to Lillian's other feats, she also left her mark on the AAU trail. During a period which spanned from 1925 to 1931, Miss Copeland collected a total of 9 AAU national titles in three different events. Gaining most of her success in the shot put, she won the first of her five shot titles in 1925 with a mark of 32-10 $\frac{1}{2}$ . In 1926, Lillian won the Shot, Disc, and Javelin, setting meet and national records in all three! Her winning distances were 38-33/4(SP), 101-1(DT), 112-5 $\frac{1}{2}$ (JT).

Currently, Miss Copeland is a secretary at the Southern Pacific Assoc. office of the AAU in North Hollywood, Ca.

### WORLD TOP TEN LIST - SHOT PUT

21.60/70-10 $\frac{1}{2}$	Marianne Adam(East Germany)
21.43/70-3 3/4	Helena Fibingerova(Czechoslovakia)
21.09/69-2 $\frac{1}{2}$	Ivanka Christova(Bulgaria)
21.02/68-11 $\frac{1}{2}$	Svetlana Kratschewskaya(USSR)
20.12/66- $\frac{1}{4}$	Ilona Schoknecht(East Germany)
19.88/65-2 3/4	Faina Melnik(USSR)
19.73/64-8 3/4	Brunhilde Loewe(East Germany)
19.71/64-8	Margitta Droese(East Germany)
19.37/63-6 $\frac{1}{2}$	Elena Stoyanova(Bulgaria)
19.15/62-10	Mihaela Loghin(Rumania)





Hurdlers Supreme, Grazyna Rabsztyn, Poland (Left) and Annelie Ehrhardt, East Germany (Right) rank as the two top 100MH hurdlers in the world. Ehrhardt, who is of course the world record holder at 12.3, has however, been defeated twice this season by World Student Games champion Rabsztyn. The two are odds on favorite to place very high at Montreal next year. (Peter Probst photos)

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# KALEIDOSCOPE

Canada's Diane Jones not only won the Pan Am Games title in the pentathlon but scored a unique "double" as she posted her second consecutive score of exactly 4673.....Memphis T&F Club is hosting the Southeastern Invitational Cross Country Run on November 8. This is an Age Group competition only. Contact Harold Buehler, 4052 Barron, Memphis, 38111.....Seattle Pacific was represented at the Pan Am Games by two freshmen, Sherron Walker and Pam Spencer. Plus Coach Ken Foreman who stated, "No other college in the US can make this claim".....Pete Cava announces the Junior Olympic Cross Country Nationals will be held in Houston on December 13. Competition will be held in five age divisions. More info next month.... Doris Brown is now Doris Heritage.....Whitworth College in Washington is planning a pentathlon clinic for February. Contact Peggy Warner, Whitworth College, Spokane, Washington, 99251....Back in 1948, EA Times sports editor Bill Henry turned out an excellent book on the Olympic Games. Now the book has been up-dated and is available for purchase at only \$5.95. Contact John Cahoon, 553 N. Milton Drive, San Gabriel, Calif, 91775.....

UCLA has released its Women's Intercollegiate Athletics Handbook which must rank as the best we've seen since women began their competitive programs in colleges. Write them at 405 Hilgard Avenue, LA, 90024....Bob Hersh, who reported the Nationals for *Track and Field News*, must have been at a different meet than Steve Wennerstrom who reported the same meet for *TFW*. All was serene and organized says Hersh. All was confusion and disaster says Steve.....Colorado State University has track scholarships available for spring of 1976. If interested contact Lyle Knudson, 3511 Colorado Avenue, Loveland, Colorado 80537. He's especially looking for sprinters. ...Canadian Olympic Association has approved financial aid of \$900,000 to assist training Canadian athletes for the Olympics. The funds will reimburse working athletes for salary lost and for additional training costs....As of September 17, TFN had 610 reservations for the 1980 Olympic tour to Moscow.....Our report of a new world mark for the 3000 at the University Games was in error, as you now know. The wire service transposed the figures from the correct mark of 8:54.09 to 8:45.09. And so Grete Andersen Waitz keeps her record of 8:46.6 set earlier this year. Grete's mark was only her second attempt at the 3000 - she ran it once in 1973 and turned in a 9:34.2 mark.....

Splits for the 4x800 world record by Bulgaria were: Schertova 1:59.4, Tomova 2:02.2, Pechliyanova 2:01.6 (with a 55.0 first lap) and Zlateva 2:02.1.....Kansas State has come up with yet another sister act with Joyce and Renee Urish, both distancers....Strength expert David Willoughby reports that tests have proved the ratio of men/women strength in the long jump is 5/6 (0.8333) - which means when Beamon hopped 29'2 1/2, the women should have sufficient strength to leap 24'3, much better than their present mark of 22'5 1/2.....New Assistant Women's track coach at Arizona State is Sue Humphrey who announces they are instituting a combined men's and women's program with joint training facilities, weight rooms, training room, etc. (Sounds like the University of Redlands!) ASU has some scholarships, contact her at 3408 W. Glendale #111, Phoenix, Arizona 85021.....1975's world number one long jumper Angela Schmalfeld is now Angela Voigt.....The Sullivan Award, started in 1930, has been won by a woman only four times - and only once by a trackster. Wilma Rudolph took the honors in 1961.. ...Bulgaria's ace high jumper, Olympic silver medalist Blagoyeva, tried the flop at a meet in Sofia and conquered only 1.77/5-93/4....

The US Women's Track Coaches Association will publish a handbook on the Pentathlon for release in December of 1976. Contact Lyle Knudson for further info....."Mind is everything, muscles merely pieces of rubber", said Paavo Nurmi. England's Brendan Foster said, "It is concentration, application and confidence. It is winning, beating the other guy when he is better-endowed naturally, when he has trained more-and run faster". "All that I am, I am because of my mind", said Nrumi.....Ann Turbyne, the 1975 Junior Women's shot put champion, broke the world record for women in the 165 pound class weight lifting with a mark of 410 pounds for a dead lift....Rumania's Marianna Suman scored a different "double" at the Balkan Games winning her specialty the 800 in 2:03.3 and taking the 100 meters in 11.5.....Chi Cheng added to her laurels with the birth on October 7 of Kin-Ming.

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## 400MH COMPARING THREE COUNTRIES

Great Britain		West Germany	
58.31	Roscoe	58.2	Weinstein
58.55	Stokoe	58.3	Claus
59.00	Heath	58.3	Hollmann
61.1	Howell	58.8	Bretz
61.1	Spurgin	59.7	Jacob
61.7	Dyson	60.9	Appler
61.9	Boothe	62.4	Lorenzen
62.7	Robertson	63.5	Ohms
62.7	Macauley	64.6	Klein
63.0	Livingston	64.6	Gauss
<b>USA</b>			
57.3	Debbie Esser		
57.4	Pat Collins El		
59.3	Mary Ayers		
59.4	June Smith		
59.6	Michelle Hopper		
59.8	Tonetta Rumph		
59.9	Janice Lester		
59.9	Andrea Bruce +		
60.4	Suzie White		
60.5	Debbie Vetter		



## FOREIGN NEWS

### SPRINGBANK INVITATIONAL by AL BONNEY

Ontario, Canada, September 28: Perhaps history does repeat itself. Last year, Thelma Wright made a runaway of the Springbank Ladies 4½ in London, Ontario, whipping the field by better than a minute; this year the race had the same plot with a different cast of characters. Katy Schilly of the Syracuse Chargers romped to a 35 second victory over the Springbank Park course. Her clocking of 23:53.4 is the second fastest in the history of the race, second only to Wright's 23:16 last year. On an absolutely perfect day, Schilly took the lead from the gun and was alone 200 yards into the race. By the two mile mark, which she passed in 10:25, Katy had opened a 30 second lead over Brenda Webb who is now competing for Wright State University. Nearing the end of the first 3 mile loop, Webb was overtaken by Joanne McKinty of Canada who held on for the runnerup spot. Webb finished in the third position. The course was measured at officially 4 miles and 494 yards. The Results: (Top 15)

1-Katy Schilly(Syracuse Chargers) 23:53.4, 2-Joanne McKinty(Northland AA) 24:28.0, 3-Brenda Webb(Wright StateU) 24:27.2, 4-Karen McKeachie (Michigan State U) 24:45, 5-Roberta Angeloni (Un) 24:55, 6-Kim Stairs(Ottawa Kinsmen Harriers) 24:58, 7-Deborah Schut(Mississauga) 25:15, 8-Anna Marie Malone(Scarborough Optimists) 25:18, 9-Kathy Prosser(Brock U) 25:20, 10-Wende Van Mierlo(West Ferris) 25:27, 11-Lillian Warnes (Michigan State U) 25:34, 12-Gayle Oliver(Toronto Olympic Club) 25:37, 13-Carol Findley (Un) 25:38, 14-Donna Valaitus(Toronto OC) 25:41, 15-Cindy Sprague(Fleet Feet TC) 26:19.

### PROKOP SCORES 4579 IN PENTATHLON

Wien-Sudstadt, Austria, September 20/21: Liese Prokop easily defeated her countrywomen in the annual pentathlon held in Austria. The 34 year old veteran, who was born in March, 1941, put the pressure on her competition immediately by blazing to a 13.54 clocking in the 100m and all but put the match away with a 21-0 long jump to start of the second day events. The Results:

Senior women: 1-Prokop 4579 (13.54, 14.39/47-2½, 1.69/5-6½, 6.40/21-0, 24.68w). 2-Lechner 4098, 3-Gusenbauer 3895. Junior women: 1-Danniger 4089, 2-Holz 3805, 3-Danner 3767.

(Editor's Note: Prokop's mark becomes all the more impressive when you find that earlier in the month, during Austria's national meet, she won the shot put competition with a mark of 50-3/4".)

### RUMANIA SCARES WEST GERMANY 74 - 72

Heidenheim, Germany, August 30: West Germany almost found themselves on the losing end of a dual meet with Rumania as clutch performances in the field events put the Rumanians just two points away from an upset. Mihaela Loghin set a Rumanian national record in the shot put with a 62-10 mark and Rumania's version of Faina Melnik, Argentina Menis, won the discus throw easily with a thundering 213-9. The Results:

100m, 1-Richter(WG) 11.2, 2-Helten(WG) 11.3, 200m, 1-Richter(WG) 22.9, 400m, 1-Wilden(WG) 52.3, 800m, 1-Suman(Rum) 2:02.9, 1000m, 1-Koschinski (WG) 13.2, 4x100r, 1-WG 43.5, 4x400r, 1-WG 3:34.5, 2-Rumania 3:35.0, HJ, 1-Ioan(Rum) 1.84/6-½, SP, 1-Loghin(Rum) 19.15/62-10, DT, 1-Menis(Rum) 65.16/213-9, JT, 1-Peccec-Stancu(Rum) 60.98/200-1.

## EUROPEAN CUP PENTATHLON

Bydgoszcz, Poland, September 6/7: The penathlon, held on the first day of this two day competition, was almost a repeat of the first final held in Bonn, Germany two years ago: Burglinde Pollak retained the individual title (though 260 points below her world record score set on that occasion) and the GDR dominated the team competition by filling the second and third positions. The USSR naturally came second. The pentathlon Cup final, which is held every two years has been tentatively scheduled for Stockholm, Sweden in 1977. The Results:

Team Scores: 1-GDR 13,754, 2-USSR 13,186, 3-W. Germany 12,751, 4-Austria 12,621, 5-Hungary 12,124, 6-France 12,064, 7-Poland 11,745.

Individual: 1-Pollak(GDR) 4672(13.52, 15.76/51-8½, 1.69/5-6½, 6.12/20-1, 23.87). 2-Laser(GDR) 4574, 3-Thon(GDR) 4508, 4-Tkachenko(USSR) 4488, 5-Popovskaya(USSR) 4417, 6-Prokop(Austria) 4384, 7-Muller(GDR) 4313, 8-Eppinger(WG) 4312, 9-Smironova(USSR) 4251, 10-Szabo(Hun) 4251, 11-Spassovchodskaya(USSR) 4249, 12-Albert(WG) 4228.

### CZECHOSLAVAKIA TOPS SWEDEN 83 - 63

Goteborg, Sweden, August 30/31: Despite Sweden's ability to hold its own in the running events, the Czechs showed superior strength in the field events to hand Sweden a 20 point defeat. Czechoslovakia's former world record holder in the shot put, Helena Fibingerova, captured her speciality with little problem as she hefted the sphere 20.69/67-10½. In addition to the shot, the Czechs also finished 1-2 in the discus, javelin and long jump where team mate Nygrynova scored a mild upset victory over European LJ Champion Eva Suranova 6.43/21-1¼ to 6.21/20-4½. Both were wind aided marks. The Results:

1st Day: 100m, 1-Haglund(S) 11.6, 2-Suranova(C) 11.7, 3-Vev-erkova(C) 11.9. 400m, 1-Kovalcikova(C) 54.2, 2-Malmstrom(S) 54.5, 3-Stetkova(C) 54.9. 1500m, 1-Knutsson(S) 4:11.4, 2-Nerudova(C) 4:17.2. 1000m, 1-Schonauerova(C) 13.8, 2-Hrebickova(C) 13.9, 3-Pihl(S) 14.0. 4x100, 1-CSSR 45.8, 2-Sweden 46.2. HJ, 1-Andersson(S) 1.79/5-10½, 2-Mracova(C) 1.79/5-10½, 3-Bradacova(C) 1.76/5-9¾. DT, 1-Vyhnalova(C) 59.20/194-3, 2-Prouzova(C) 54.66/179-4.

2nd Day: 200m, 1-Haglund(S) 23.9, 2-Utterberg(S) 24.6, 3-Knapova(C) 24.9. 800m, 1-A. Larsson(S) 2:07.5, 2-Nerudova(C) 2:07.6, 3-Fuxova(C) 2:08.6. 3000m, 1-Knutsson(S) 9:08.2, 2-Gustafsson(S) 9:21.4. 4x400, 1-CSSR 3:38.0, 2-Sweden 3:39.7. LJ, 1-Nygrynova(C) 6.43w/21-1¼, 2-Suranova(C) 6.21w/20-4½, 3-Puskas(S) 6.17w/20-3. SP, 1-Fibingerova(C) 20.69/67-10½, 2-Matouskova(C) 16.75/54-11½. JT, 1-Linkova(C) 55.82/183-2, 2-Dryeova(C) 53.12/174-3.

### SLED DOG OPEN

Saskatoon, Saskatchewan, September 27: Lori De Clercq of the Calgary Thunderbolts, moved out early and despite an average wind of 9 mph recorded a very fine 10:44 for the University of Saskatchewan course. For you centigrade fans, it was 10 degrees! The Results:

Open women(2 miles): 1-Lori De Clercq(CT) 10:44, 2-Debbie Noble(Regina Lions) 10:46, 3-Cheryl Watt(Riverdale Kiwanis) 11:05, 4-Cathy D'arcy (CT) 11:06, 5-Jill Martin(UofSask) 11:34, 6-Sylvia Smith(UofSask) 11:37, 7-Holly Palynchuk (Regina Lions) 11:47, 8-Sue Hoffart(UofAlberta) 11:52, 9-Darcy Ronald(UofCalgary) 12:09, 10-Jandy McGregor(RivrKiw) 12:55.

Midget Women(1½ miles, under 15 years): 1-Cheryl Fisher(River Kiwanis) 9:55, 2-Kelly Franks(Marion High) 10:25, 3-Pati Steele(RK) 10:57, 4-Theresa Patsch(Prelate School) 11:28, 5-Krista Nichols (Biggar High) 11:37. Team Scores: 1-Marion High.

High School Junior Women(Under 16, 1.5 miles): 1-Lynn Kanuka(MarionHS) 9:41, 2-Gwen Johnston (Regina Lions) 9:49, 3-Cathy Mann(WMurray) 9:53, 4-Lori Waldinger(Holy Cross) 10:03, 5-Cathy Rutherford(WMurray) 10:30. Team Scores: 1-Marion HS 25.



## STRONG DISCUS THROWING IN BALKAN GAMES

Rumania's Argentina Menis renewed her threat to world class discus throwing by sweeping to a convincing fifteen foot victory over some of the worlds best throwers. Her winning mark of 67.88/222-8½ is second only to the Soviet Melnik at 70 meters plus. Menis is not a newcomer to the event, and her strength is well known. She has recorded a clean and jerk with 220 lbs. Other results, 2-Maria Vergova(Bulgaria) 63.12/207-1, 3-Radostina Bastschewanova(Bulgaria) 55.04/180-7, 4-F. Ionescu (Rum) 53.12/174-3½, 5-Karafylli(Greece) 50.76/166-6½.

In the same competition, Bulgaria's world record holder at 800 meters, Svetla Zlateva, continues to regain her strength after giving birth earlier in the year to her first child. She posted a 2:02.3 finishing third to Suman (2:01.6) and winning team mate Schtereva (2:00.7). Zlateva also clocked 2:02.1 in her qualifying heat to make the final.

## MEXICO'S BRADLEY NOTCHES 2:03.3 IN EUROPE

In preparation for the upcoming Olympics, Charlotte Bradley returned to Mexico with a very successful European tour which saw her post a lifetime best in her specialty, the 800 meters. In Prague on August 30th, Bradley had to hustle for third behind two East German's although she had just run her her top time ever, 2:03.3. The frauleins from the DDR clocked 2:01.6 and 2:02.2 ahead of Bradley.

## PACIFIC GAMES

Guam, August 10: The South Pacific Islands staged their annual Pacific Games with the tiny islands of Fiji and Tahiti garnering most of the points. The Results: 100/200m, 1-Chambault(Fiji) 12.63/25.74, 400m, 1-Hardel(New Caledonia) 58.51, 800m, 1-Liku(Fiji) 2:20.9, 1000m, 1-Guyonnet(Tahiti) 14.96, HJ, 1-Guyonnet 1.78/5-101/8, LJ, 1-Chambault(Fiji) 5.74/18-10, SP, 1-Paouro(New Caledonia) 10.82/35-6, DT, 1-Bola(Fiji) 34.02/111-7½, JT, 1-Ulbose(Fiji) 44.32/145-5, Pent, 1-Guyonnet (Tahiti) 3703, 4x100, 1-Tahiti 42.50.

## KNUTSSON RECORDS GOOD DOUBLE

Karlstad, Sweden, : Inger Knutsson, Sweden's premier distance ace sped to a strong double victory in the tough 1500/3000 duo. After easing to a win in the 1500 with a clocking of 4:15.97, Knutsson returned to post a most impressive 8:56.22 in the 3000. In the same competition, 17 year old Carina Andersson of Sweden set a national record in the high jump recording a leap of 1.84/6-½. Other results: JT, 1-Osa Westmann(Swe) 52.36/171-9½, 100/200, Haglund (Swe) 11.57/23.97. 100m, Pihl(Swe) 14.02.

## USSR DEFEATS FINLAND 92 - 53

Helsinki, Finland, August 30/31: The Soviet squad showed too much power in all events as Finland's Riita Salin was the only victor for her country winning the 400 meter race in 52.21. Aside from that it was all USSR with Maslakova doubling up in the 100/200 and Faina Melnik once again reigning supreme in the discus with a heave of 222-0. The Results:

100m, 1-Maslakova(USSR) 11.54, 200m, 1-Maslakova (USSR) 23.23, 2-Salin(Fin) 23.26. 400m, 1-Salin (Fin) 52.21, 800m, 1-Safina (USSR) 2:00.6. 1500m, 1-Morgunova(USSR) 4:13.1. 3000m, 1-Kazankina(USSR) 8:57.8. 100MH, 1-Kononova(USSR) 13.56. 4x100r, 1-USSR 43.93, 2-Finland 43.95. 4x400r, 1-USSR 3:27.4, 2-Finland 3:32.7. HJ, 1-Filatova(USSR) 1.87/6-1½, 2-Sundquist(Fin) 1.83/6-0. LJ, 1-Alfeyeva(USSR) 6.59/21-7½, 2-Lotova(USSR) 6.53/21-5½. SP, 1-Krachevskaya(USSR) 20.28/66-6½. DT, 1-Melnik(USSR) 67.66/222-0. JT, 1-Babich(USSR) 61.76/202-7.



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## SOVIET BLITZ



In a recent United Kingdom vs. USSR meet, the Soviets wasted little time in piling up points in the 800 meters shown above. The winner, Nina Morgunova, has recorded a 1:59.4 for the distance this season and 2nd place finisher, Tatjana Kazankina is the current 1500 meter ace for the Soviets clocking 4:07.9 earlier this year. Behind Morgunova and Kazankina are Sarmite Stuula(2:00.8) and Ravila Izmailova(2:02.3).



## US REPORT (Continued)

### NEIL PRATT MEMORIAL RUN

Liverpool, N.Y., September 6: It is always good news when results are received at this office, but occasionally some sad news filters in. In this case it didn't have anything to do with the race itself, but in actuality was the reason the race was being run. During the short time I spent in Syracuse, and specifically at the University itself, I came to know Neil Pratt quite well. He was the athletic trainer at the school. But more importantly, he had the exceptional ability to spread his talents among a football squad, ailing out-of-season athletes and Syracuses' female distance runners, with whom he had tremendous rapport. Neil was himself a very fine miler in his competitive days at Syracuse, and the girls felt very at ease with his recuperative advice. He was a trainer supreme, but most importantly he was a gentleman. He will be sorely missed at Syracuse.

The combined race covered a flat 5 3/4 miles, as the men and women battled strong winds and 70 degree temperatures. The Results:

30-Katy Schilly(SyrChg) 31:50 (1st woman finisher),  
35-Kathy Mills(SyrChg) 32:06, 71-Amy Welch(SyrChg)  
35:45, 78-Wende Pusch(SyrChg) 36:33, 61-Cris Pompo  
(Baldwinsville) 34:49, 97-Erica Hagenlocher(SyrChg),  
37:40, 108-Michele Gadziala 38:32, 125-Mary Seybold  
(SyrChg) 40:04, 134-Dianne Holmes 40:59, Deb Pompo,  
(Baldwinsville) 41:26, Marcine Meister 41:27, 144-  
Pozena Syska(SyrChg) 41:40, 155-Barb Bremer(B-Ville)  
43:59, Jill Stauffer 43:59, 157-Dana Brennan 44:30,  
160-Gretchen Hagenlocher(SyrChg) 45:35 (Youngest  
Finisher).



SHARON DABNEY, of Philadelphia's Clipper TC won the Pan Am Trials at UCLA defeating national champion Debra Sapenter and racing to her lifetime best in the 400 meters clocking 52.1. Her mark places her 4th on the list of all-time quarter milers. Also pictured is 3rd place finisher Pat Helms also of Philadelphia and Klub Keystone. (Don Chadez photo)

## LETTER FROM ALICE SIMPSON, EVANSTON, ILL.

I am one of seventeen lucky track coaches who visited several European countries this summer. Sponsored as the European Coaching Clinic Tour 1975 by Unitours, we participated in clinics and lectures by the national track coaches in France, Switzerland, Italy, West Germany and England.

I observed the socialistic sport scene in these countries in which the elitist sports are integrated in the social and political systems. Contrary to our capitalistic framework, sports are an instrument of the government and they represent their national unity and international relations. The governments are directly responsible for sports promotion through financial support of development programs. Note that I refer to the elitist sports, as the majority of government support does center on the popular sports and world-class performers. They too, are striving to provide better programs and coaches for the school children and general public.

We in the US still reject state control except where international competition is concerned. But here enters the conflicts-- USOC vs. AAU vs. NCAA vs. AIAW- the fights continue.

To travel on, I observed that the track and field specialists in Europe were males (as expected). This condition reinforced the fact more females should specialize in this area to earn the qualifications to coach and administer women's track and field. I found that the foreign coaches spoke on the same level to the other touring female coach and myself and especially noticed the willingness of our own male coaches to share information with us. It cannot be said that some of our foremost coaches such as Jim Bush (UCLA) and Ernie Bullard (San Jose) do not want women's track to grow and produce champions. I personally gained as much from discussing with them as I did from all the European coaches. We women need to seek assistance from our male cohorts more often, as we have everything to gain by learning from their experiences.

Witnessing healthy exchanges in the form of both agreements and disagreements taught me a lesson in international affairs. Whether it revolved around technique or training systems, discussion proved only to illuminate and educate- quite a valuable lesson.

Finally, I felt confident and proud that our specialists are as qualified and knowledgeable as any country's coaching staff and showed complete honesty in all dealings. I am fortunate to have been an "original" coach on this enjoyable and educational tour and hope that the organization EUROCOACH continues to establish healthy ties with the track experts in other countries. I would recommend this tour to any serious female athlete or coach as one of the greatest opportunities available to them.

-----  
Editors Note: For further information on this tour contact: Jim Downs, EUROCOACH, INC., 1303 Crestridge Dr., Oceanside, California, 92054.

## MEDITERRANEAN GAMES

Algiers, August 26-30: Italy capitalized on its power in the distances and high jump to dominate the the games which gathered a large number of countries for the competition including France, Yugoslavia, Spain, Greece, Algeria, Tunisia and Morocco. The Results:

400m, 1-Pavilicic(Yug) 52.54, 2-Bottiglieri(It) 53.34, 800m, 1-Pigni(It) 2:03.8, 2-Dorio(It) 2:04.5, 1500m, 1-Pigni(It) 4:12.8, 2-Dorio(It) 4:16.6, 4x100r, 1-France 44.93, 2-Yugoslavia 45.44, HJ, 1-Simeoni(It) 1.89/6-2 1/4.



# EAST GERMANY TOP TEN LIST

## 100 m

11.0 Stecher  
11.1 Priebisch  
11.2 Meyer  
11.2 Kupfer  
11.2 Bodendorf  
11.3 Maletzki  
11.3 Streidt  
11.4 Neumann  
11.4 Koppetsch  
11.4 Ehrhardt  
11.4 Heinich

## 100 m (Electric)

11.13 Stecher  
11.34 Koppetsch  
11.43 Oelsner  
11.46 Bodendorf  
11.47 Priebisch  
11.48 Meyer  
11.50 Brehmer  
11.61 Maletzki  
11.63 Neumann  
11.63 Voigt

## 200 m

22.4 Stecher  
22.4 Bodendorf  
22.8 Maletzki  
22.9 Streidt  
23.3 Brehmer  
23.3 Koppetsch  
23.4 Meyer  
23.6 Laser  
23.6 Anton  
23.7 Koch

## 200 m (Electric)

22.44 Stecher  
22.84 Streidt  
22.90 Bodendorf  
23.08 Maletzki  
23.20 Koppetsch  
23.21 Brehmer  
23.28 Meyer  
23.35 Priebisch  
23.45 Rohne  
23.52 Sinzel

## 400 m

51.5 Streidt  
51.7 Rohde  
51.8 Koch  
52.1 Kahl  
52.2 Marquardt  
52.5 Sinzel  
52.6 Maletzki  
52.9 Brehmer  
52.9 Krug  
53.0 Meyer

## 400 m (Electric)

50.52 Streidt  
50.84 Brehmer  
50.98 Rohde  
51.40 Kuhne  
51.60 Koch  
51.70 Anton  
52.19 Kahl  
52.36 Dietsch  
52.45 Krug  
52.67 Marquardt

## 800 m

2:00.3 Klapezynski  
2:00.6 Strotzer  
2:00.8 Neumann  
2:00.9 Hoffmeister  
2:10.5 Zinn  
2:02.2 Stoll  
2:02.2 Wagner  
2:03.4 Barkusky

## 800 m

2:00.3 Klapezynski  
2:00.6 Strotzer  
2:00.8 Neumann  
2:00.9 Hoffmeister  
2:01.5 Zinn  
2:02.2 Stoll  
2:02.2 Wagner  
2:02.9 Barkusky  
2:03.4 Schiller  
2:03.6 Kampfert

## 1500 m

4:08.0 Strotzer  
4:08.8 Klapezynski  
4:11.7 Wagner  
4:13.2 Hermann  
4:14.7 Stoll  
4:14.9 Hoffmeister  
4:16.5 Neumann  
4:17.2 Kuhse  
4:19.0 Jarmuske  
4:20.2 Ludtke

## High Jump

1.94/6-4 $\frac{1}{2}$  Ackermann  
1.87/6-13/4 Kirst  
1.81/5-11 $\frac{1}{4}$  Berg  
1.81/ Krause  
1.81/ Krautwurst  
1.79/5-10 $\frac{1}{2}$  Muller  
1.79/ Ader  
1.78/5-10 $\frac{1}{4}$  Planitzer  
1.77/5-93/4 Matzen  
1.75/5-9 Schade

## Long Jump

6.61/21-8 $\frac{1}{4}$  Voigt  
6.50/21-4 Thon  
6.48/21-3 $\frac{1}{4}$  Laser  
6.41/21- $\frac{1}{4}$  Baerens  
6.35/20-10 Wycisk  
6.31/20-8 $\frac{1}{2}$  Grimm  
6.28/20-7 $\frac{1}{4}$  Anders  
6.24/20-53/4 Wodtke  
6.24/ Seeger  
6.20/20-4 Gohler

## 100 mh

12.9 Ehrhardt  
13.0 Feidler  
13.1 Pollak  
13.2 Breend  
13.2 Schaller  
13.2 Thon  
13.2 Laser  
13.4 Neumann  
13.5 Rampf  
13.7 Muller

## 100 mh (Electric)

12.80 Ehrhardt  
13.15 Feidler  
13.25 Laser  
13.32 Berend  
13.49 Thon  
13.52 Kohl  
13.52 Schaller  
13.82 Muller  
13.83 Pollak  
13.95 Kuske

## Shot Put

21.60/70-10 $\frac{1}{2}$  Adam  
20.12/66- $\frac{1}{4}$  Schoknecht  
19.73/64-83/4 Loewe  
19.71/64-8 Droese  
19.13/62-9 $\frac{1}{4}$  Haarnagel  
18.92/62-1 Griebing  
18.58/60-11 $\frac{1}{2}$  Knorrscheidt  
17.45/57-3 Retzlaff  
16.62/54-6 $\frac{1}{2}$  Kracik  
16.22/53-2 $\frac{1}{2}$  Pollak

## Discus

67.34/220-11 Engel  
66.98/219-9 Hinzmann  
63.44/208-1 $\frac{1}{2}$  Schlaak  
62.26/204-3 Braun  
61.80/202-9 Droese  
60.78/199-5 Regel  
60.30/197-10 Sander  
59.26/194-5 Schoknecht  
59.12/193-11 $\frac{1}{2}$  Kuhne  
56.84/186-6 Eichbaum

## Javelin

66.46/218- $\frac{1}{2}$  Fuchs  
62.24/204-2 $\frac{1}{2}$  Todten  
60.84/199-7 $\frac{1}{2}$  Hommola  
57.70/189-3 $\frac{1}{2}$  Stange  
57.64/189-1 $\frac{1}{2}$  Kargel  
56.32/184-9 $\frac{1}{2}$  Richter  
53.76/176-4 $\frac{1}{2}$  Skudre  
53.32/174-11 Jauche  
52.26/171-5 $\frac{1}{2}$  A. Fuchs  
52.24/171-4 $\frac{1}{2}$  Ohm

## 4x100

42.71 DDR National  
44.25 SC Dynamo Berlin  
44.93 ASK Potsdam  
45.05 SC Karl Marx-Stadt  
45.14 SC Dynamo Ber. Jr.  
45.31 SC Chemie Halle  
45.42 SC Magdeburg  
45.59 SC Turbine Erfurt  
45.63 SC Einheit Dresden  
45.65 TSC Berlin

## 4x400

3:24.3 DDR National  
3:31.6 SC Dynamo Berlin  
3:32.2 SC Neubrandenburg  
3:41.8 SC Dynamo Ber. Jr.  
3:41.9 SC DHfK Leipzig  
3:43.4 SC Magdeburg Jr.  
3:45.8 TSC Berlin Jr.  
3:46.7 SC Magdeburg Jr.2  
3:47.1 SC Dynamo Ber. Jr.2  
3:48.2 SC Turbine Erfurt

## Pentathlon

4783 Pollak  
4636 Thon  
4635 Laser  
4563 Seeger  
4561 Muller  
4532 Rampf  
4419 Schaller  
4288 Borner  
4166 Golher  
4157 Glatte

(from Der Leichtatletik magazine)



Women's

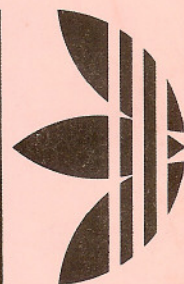
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