



Europe vs. Western Hemisphere 1500m run resulted in the fastest race in history with 4:17.0 good only for last place! Here Italy's Paola Pigni, the eventual winner, leads Holland's Maria Gommers who finished second in 4:13.5. The USA's Doris Brown is running third, but ended up fourth in 4:17.0 while unsung Francie Larrieu finished third in 4:16.8 to equal Brown's American record. Pigni's winning time of 4:13.2 was only 0.8s off her world mark and the second fastest time ever run. Gommers' 4:13.5 was the third best. (Leichtathletik photo by Horst Muller)

US BEATS USSR - LOSES TO EUROPE, W.G. & ENGLAND

RUSSIA-COMMONWEALTH DEFEATED

Los Angeles, California, July 18/19:-Pandemonium broke out here today as Madeline Manning broke the tape to win the 4x400 relay for the United States and give the Americans their first win ever over the powerful Soviet Union 70-67. The US girls held a slim one point margin going into the relay, but the team of Kathy Hammond, Jarvis Scott, Esther Stroy and Manning won with ease in an excellent 3:36.4 to assure the team triumph. The Americans also defeated the British Commonwealth team, (without any British athletes) 81-54.

The Russians, who had scored a dual meet victory over the tough East German squad, rated as the world's most powerful team prior to their defeat, were favored to beat the Yanks as they had in their past meetings, but this win for the US establishes the Americans as the best in the universe for 1969 and with expected wins over the West Germans and the British on the forthcoming European tour should raise the

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EUROPE WINS AGAIN see page 8

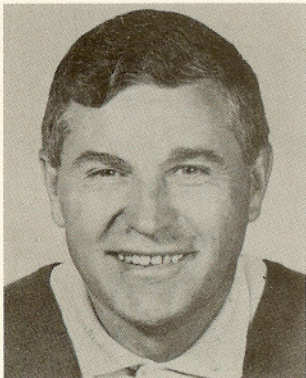
WEST GERMANY DOWNS US 68-66
see page 11

ENGLAND UPSETS US
see page 14

WORLD REPORT see page 16

REEL TALK

It's good to be back in the USA once again. It's fun and it's interesting and educational to travel, but it is always good to come home. Unfortunately, we were greeted by some 800 pieces of mail - new subscriptions, renewals, Yearbook orders, jewelry orders, book orders, chatty letters, complaining letters - so we intend to simply not get flustered and do first things first. We shall 1) get out the magazine, 2) take care of the subscriptions 3) take care of the yearbook and other orders and 4) answer letters which require an answer. If you wrote and asked when in the world your magazine was or how come you hadn't received your yearbook, now you know why. Everything will be taken care of in due time.

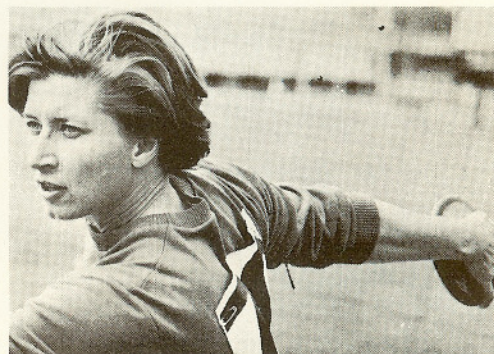


Attended track meets in England, Wales, Ireland, Italy and Japan during my whirl around the world. Learned a great deal in each place I visited. There is always something good and usually something not so good about every track meet. The foreign meets impressed me by their fantastic organization and their strict adherence to rules as laid down by the IAAF. No matter if it was the English Championships or a tiny meet in a small village in rural Japan you could count on the physical things of conducting a competition to be correct. Sometimes we Americans think we can do no wrong for our system of athletics has grown so rapidly and involves so many athletes that we slip away from correct procedures in many items. It would be nice to know we can agree with the rest of the world in staging a meet.

Such a trip makes one appreciate America. It is great to be an American citizen. This fact hits you right on the nose especially after being in the Orient where they have so little and work so hard while we have so much and fail to appreciate the opportunities we have. Anxious as one is to get back to "home" it always bugs me to return to this beautiful, bountiful place and see some of the types living here - there are too many big-bottomed, hippy (not hippies), flabby women, usually with big curlers in their hair, too many unkempt individuals who don't deserve to live in this wonderful place. As members of the track and field world, let's work to make these people realize the wonders that are here for the asking - actually just for the taking, you don't even have to ask.

During the travels it was a privilege to meet many new friends and renew old acquaintances. It was nice to finally see Pete Pozzoli, to know there really is a Peter Martin and an Andrew Huxtable and so on. Just for fun, here's a partial list of the interesting people met and a word or two about them which might be of interest: Dorothy Hyman - the controversial English sprinter, silver medalist in the Rome 100 and a finalist at Tokyo who has been ruled ineligible for international competition (outside England) because she wrote a book entitled "Sprint to Fame"...back in competition she is a typical English athlete - a fighter; Vera Nikolic - The young, (she's still only 21, world record holder for 800m from Yugoslavia. I had never met her before coming to London for the WAA Championships, but I am sure that whatever her problems were before and during the Mexico Olympiad she will solve them for she seemed very relaxed, very happy with her new coach. She looks much more like a girl than she did in Mexico and when I saw her in Italy in 1966 - not simply an athlete. She wears her makeup and eye-shadow, et al, and is a very pleasant individual. I enjoyed her company; Leo Lang - Nikolic's new coach, a Yugoslavian with a name like a Jamaican, a fantastic sense of humor, good English, and a sincere a deep interest in his new charge, Vera; The Lincoln Twins - Just a short meeting in Wales, but these are really two look-alikes - and both devastating runners. Very blonde and wearing pink dresses they made quite a picture entering the hotel dining room when I first saw them; Lia Manoliu - of

all the new friends made on this trip, the most impressive has to be Lia Manoliu, the 1968 Olympic champion in the discus. One could easily write a book on her and her abilities and accomplishments. Now 37 years old, she won the Olympic title in her fifth Olympiad - her country was not going to send her because she was considered "too old". She is an electrical engineer, speaks six languages, is an art fanatic



Lia Manoliu - Rumania

and spent much time both in London and Siena visiting museums, art centers, etc. She hopes to come to the United States, possibly to compete in the 1970 Nationals and is interested in doing some coaching of the American discus throwers as she did for the English after their championships; Fanny Blakers-Koen - Winner of three Olympic gold medals in 1948, now the coach of the Dutch team which is having such a fantastic success. She is much larger than she looked when I saw her compete in the LA Coliseum some years ago - not heavier, just larger - she is a big woman. And certainly the most beautiful coach in the business; Just speaking acquaintances with Della James, Anita Neil, Maureen Tranter and Madeline Cobb all English sprinters and all nice people.... Tereza Nowak - One of the Polish hurdle beauties along with Tereza Sukniewicz - both of whom will soon be in a beauty contest. Their clothes are the latest, their makeup is the best and they have a good head start on most of us when it comes to the looks department anyway. And they can run! And the English is not so bad either; Pete Pozzoli - Here is an individual as interesting as the things he writes. He loves track and he loves girls, not necessarily in that order. He looks like Graucho Marx. He really knows track; Andrew Huxtable - Much younger than I had anticipated, but although young can be classed as a "mature Tim Owens"; Anne McKenzie - Probably the biggest surprise of the trip was to meet Anne McKenzie of South Africa at a track meet in Wales. Anne, who was voted the "African Athlete of the Year" by WIFW staff for 1968, just happened to be visiting Wales and we were lucky to meet although we had only a few minutes in which to talk. As you may remember, Anne McKenzie won the award as Africa's outstanding athlete in 1968 at the age of 42 (she was born in 1925 and has a grown family). She ran again last year, but suffered a knee injury which required an operation and she reports the knee has never recovered to enable her to continue her running. She feels like running (at age 44) and wants to run, but the knee simply prevents her from trying; Billy Morton - The famed Irish promoter and leprechaun whose touch always turns things to gold; Alice Annum - The young 17 year old sprinter from Ghana - and she announced she has two n's in her name. A very sweet girl and one with a fine future. She holds her national records in the sprints and is now taking up the long jump and doing quite well; Maeve Kyle - Born in October of 1928, Maeve is now 41 - and running faster than ever. She, too, has a family, but she enjoys running and is surely, as an Irish lass, the "ever-green" runner of the female species; Miguelina Cobian - Once you get to know Cobian, (and others from the Communist countries), they relax and are friendly individuals. Until you are known to them, they have a tendency to be aloof and not to smile as though they are fearful of what you might do or say - but each person is just an individual and as all athletes know, politics and track just don't mix. For example, in what other sport could you see a coach of a Communist country (Enrique Figuerola) present an award to a Nationalist Chinese (Chi Cheng) at a meet in a neutral country (Italy) - and everyone was happy. What a nice world this would be if they left it to the athletes! Carla Bartolini - Italian up-and-coming pentathlonist; small; drives a car like a typical Italian - which she is; Nadyezhda

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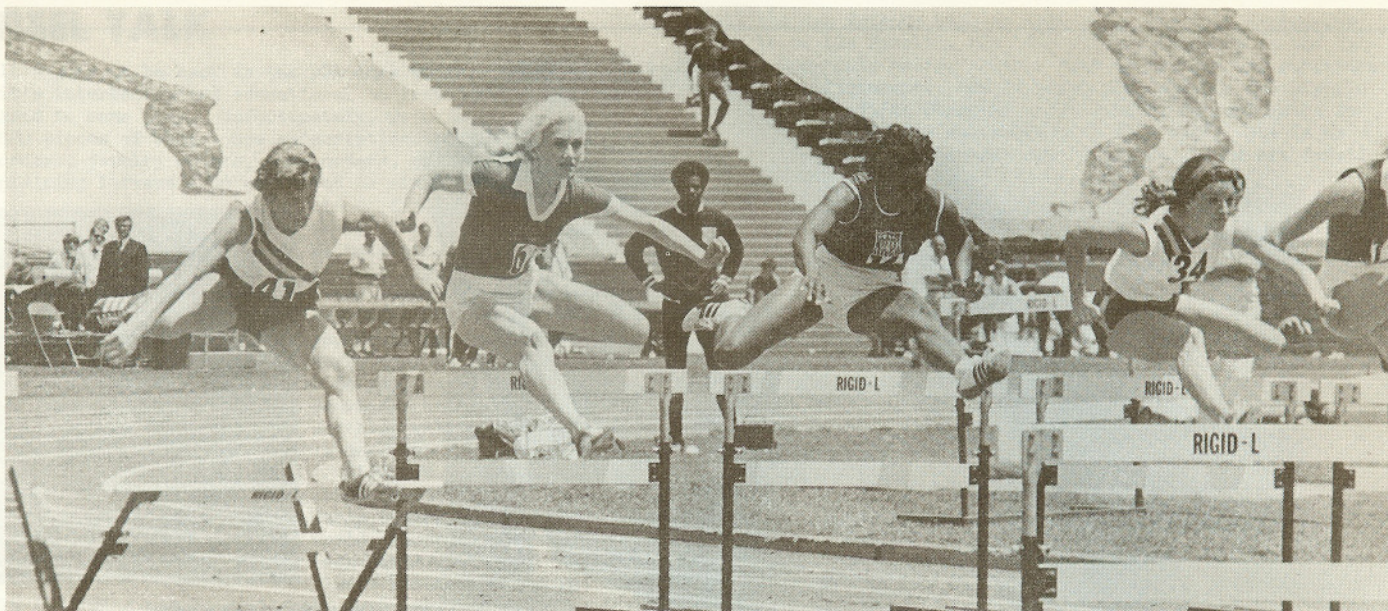
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USA-Commonwealth-USSR 100m hurdles. Pam Kilborn, Australia, almost put herself out of the race when she slammed into the first hurdle. With the mark of a real champion she recovered and went on to win in the good time of 13.5s. Others from left to right are Lia Khitrina (SU) 4th in 13.9, Mamie Rallins (USA) second in 13.6 and Olympic 80mH champion Maureen Caird (Australia) who finished 3rd in 13.8s. (Photo by Jeff Johnson)

US-RUSSIA-COMMONWEALTH (Continued)

prestige of the American women throughout Europe where they have always been looked upon as rather weak.

Although there were many fine come-through performances by the American girls, the two biggest surprises were the fine races turned in by Nancy Schafer in the 800 and young Pam Greene in the 200. Although neither was a winner, they improved their lifetime bests with Schafer clocking 2:06.4 for a surprise third in the two lapper and Greene a 23.7 for second spot in the 200.

Other key performances were turned in by Barbara Ferrell who won both sprints and anchored the winning 400m relay, Kathy Hammond who annexed the 400 in a fine 53.0, Willye White who defeated the Russians in the long jump for the first time after 12 tries - and of course Manning who won the 800 in 2:03.8 in addition to her speedy relay leg.

For the Commonwealth there was not much to cheer about. Pam Kilborn, in spite of knocking over the first hurdle, won this event in 13.5 - good time on the Coliseum track - and Christine Thompson won the javelin at 174'11.

RESULTS: 100, 1-Barbara Ferrell (US) 11.5, 2-Iris Davis (USA) 11.6, 3-Lyudmila Michalova (SU) 11.7, 4-Lyudmila Zharkova (SU) 11.9, 5-Raelene Boyle (BC) 12.0, 6-Abby Hoffman (Abby Hoffman??) (BC) 12.0; 200, 1-Ferrell 23.6, 2-Pam Greene (US) 23.7, 3-Lyudmila amatesova (SU) 23.9, 4-Boyle nt, 5-Lyudmila Golomasova (SU) nt, 6-Penny Howarth (BC) nt; 400, 1-Kathy Hammond (US) 53.0, 2-Taisia Kovalevskaya (SU) 54.2, 3-Anna Dundare (SU) 54.4, 4-Jarvis Scott (US) 54.7, 5-Cheryl Peasley (BC) 55.4, 6-Anne Covell (BC) 56.0; 800, 1-Madeline Manning (US) 2:03.8, 2-Alla Kolyesnikova (SU) 2:06.0, 3-Nancy Schafer (US) 2:06.4, 4-Sylvia Potts (BC) 2:06.9, 5-Tamara Voltenko (SU) 2:07.4, 6-Abby Hoffman (BC) 2:08.3; 1500, 1-Lyudmila Bragina (SU) 4:16.0, 2-Doris Brown (US) 4:16.8, 3-Alla Kolyesnikova (SU) 4:19.9, 4-Francis Larrieu (US) 4:28.1, 5-Valerie Robinson (BC) 4:28.2, 6-Cheryl Peasley (BC) 4:32.6; 100mH, 1-Pam Kilborn (BC) 13.5, 2-Mamie Rallins (US) 13.6, 3-Maureen Caird (BC) 13.8, 4-Lia Khitrina (SU) 13.9, 5-Svetlana Nesterenko (SU) 14.5, 6-Jan Glotzer (US) 14.8; HJ, 1-Kozyr (SU) 5'9½, 2-Montgomery (US) 5'9½, 3-Lazareva (SU) 5'8½, 4-Simpson (US) 5'7¾, 5-Reid (BC) 5'7¾, 6-Brill (BC) 5'7¾; LJ, 1-Willye White (US) 20'4¼, 2-Nadyezhda Kroyter (SU) 20'1¼, 3-Tatyana Volkova (SU) 20'1, 4-Martha Watson (US) 20'0¼, 5-Joan Hendry (BC) 19'4½, 6-Dianne Pease (BC) 18'6½; SP, 1-Nadyezhda Chizhova (SU) 62'1¼, 2-Krina Solontsova (SU) 57'2, 3-Barbara Paulsen (BC) 49'1½, 4-Lynn Graham (US) 47'9¼, 5-Diane Charteris (BC) 47'5, 6-Maren Seidler (US) 46'11¼; DT, 1-Danilova (SU) 183'6, 2-Popova (SU) 181'2, 3-Roberts (BC) 169'5, 4-Frost (US) 160'10, 5-Charteris (BC) 157'5, 6-Kletchka (US) 150'9; JT, 1-Christine Thompson

(BC) 174'11, 2-Nina Marakina (SU) 173'5, 3-Petra Rivers (BC) 171'10, 4-Kathy Schmidt (US) 169'4, 5-Barbara Friedrich (US) 168'7, 6-Danilova Tamaza (SU) 165'4; 4x100, 1-US (White-Davis-Netter-Ferrell) 45.1, 2-SU (Zharkova-Bukharina-Samotyosova-Golomazova) 45.3, 3-BC (Haworth-Piotrowski-Boyle-Hoffman) 45.4; 4x400, 1-US (Hammond-Scott-Stroy-Manning) 3:36.4, 2-SU (Minkanova-Samotyosova-Kovalevskaya-Dundare) 3:37.7, 3-BC (Langdale-Covell-Potts-Peasley) 3:47.4.

JUNIOR OLYMPIC CHAMPIONSHIPS

San Diego, California, August 20:-San Diego played host to the Junior Olympic Championships - a meet in which the finalists in the Women's Championships (including relay teams), are

San Diego, California, August 20:-San Diego played host to the US National Junior Olympic Championships - a meet in which the finalists of the Women's championships, (including relay team members), are ineligible to compete. In spite of this limitation, some fine marks were produced led by Joyce Tinker's new meet record of 10.8 in the 100 and Mary Jacobson's 48'7½ in the eight pound shot.

RESULTS: 100, 1-Joyce Tinker (Miami, Florida) 10.8, 2-Dawn McIntyre (Penn) 11.0, 3-Diana Hughes (Ohio) 11.0; 220, 1-Barbara Crony (Ky) 24.9, 2-Deborah Payne (Calif) 25.0, 3-McIntyre 25.3; 440, 1-Lindy Oliver (Wash) 57.9, 2-Queen Esther King (Miss) 58.2, 3-Judy Zimmerman (Wisc) 58.9; 880, 1-Pamela Bagian (Mich) 2:16.3, 2-Marilyn Bastian (NY) 2:18.6, 3-Sherry Wells (Ore) 2:19.6; 50yH, 1-Joanne Dean (Penn) 6.7, 2-Payne 6.7, 3-Linda Smith (Colo) 6.8; HJ, Sally Plihal (SD) 5'4, 2-Jill Halgrimson (Ill) 5'4, 3-Joi Perella (Wash) 5'3, 4-Pia Dennis (Colo) 5'2, 5-Camie Conly (Calif) 5'2; LJ, 1-Debbie Smith (Ind) 18'2½, 2-Judy Penton (Tenn) 18'1½, 3-Judy Potter (Wash) 17'11¼; SP, 1-Mary Jacobson (Ore) 48'7½ (8#), 2-Debbie Rodriguez (Colo) 44'6½, 3-Mary Boron (Ohio) 41'3; 440yR, Region 6 (Bagian-Crony-Hughes-Smith) 48.9.

"Jump" the opposition. When passing, never ask permission!

HAMMOND 52.5 & 23.4

South Lake Tahoe, California, September 12:-17 year old Kathy Hammond of Sacramento was the whole show here today as she won the 400 meters in a splendid 52.5 and came back an hour later to record her lifetime best for 200 meters at 23.4 with the wind at exactly 2.Omps. She had no competition in either race. Olga Connolly had a good toss in the discus at 161'5 and Kathy Gibbons of Phoenix won the 800 in 2:18.0s.

NATIONAL JUNIOR AAU CHAMPIONSHIPS

Auburn, Washington, August 15/16:-Eight new National Junior AAU records were set as the state of Washington and meet director Ron Sorkness hosted the annual competition in this limited division. Mayor Daley YF won the team title with ease over the Oregon TC as Tucson (Arizona) hurdle star Pat Donnelly did the most damage to the record books with new marks in both hurdles.

Other records were set by Patricia Henderson, MDYF, a mild upset winner over Janet Brown, with a 10.9 hundred, Brown in the 220 with a mark of 24.7, Dorothy Barnes, unattached, with a throw of 42.3% in the shot, Jill Halgrimson, MDYF, and Sally Plihal, Kalispell Timberettes, both at 5'5 in the high jump, and the two relays with MDYF getting the 440 mark at 48.2 and the Colorado Olympic Club the mile mark at 4:07.9s. Donnelly had times of 14.7 and 28.1 for the two hurdles.

RESULTS: 100, Pat Henderson (MDYF) 10.9, 2-Janet Brown (Un) 10.9, 3-Diane Kummer (MDYF) 11.1, 4-Charlotte Hawkins (Colorado OC) 11.3; 200, 1-Brown 24.7, 2-Debra Wedgeworth (COC) 25.0, 3-Henderson 25.0, 4-Kummer 25.3; 440, 1-Debbie Newing (Angels) 58.5, 2-Toi McCoy (MDYF) 60.7; 880, 1-Liane Swegle (Seattle Dynamics) 2:19.2, 2-Sherry Wells (Oregon TC) 2:23.3, 3-Julie Ann Brunke (COC) 2:26.6; 1500, 1-Judy Oliver (Falcon TC) 4:46.4, 2-Trina Hosmer (FTC) 4:47.9, 3-Faith Sitton (COC) 4:54.0; 100mH, 1-Pat Donnelly (Tucson TC) 14.7, 2-Stanelia Mallard (COC) 15.0, 3-LuAnn Simon (Planagan Clan) 15.4, 4-Susan Anthony (Angels) 15.5; 200mH, 1-Donnelly 28.1, 2-Vikki Lind (COC) 28.9, 3-Anthony 29.1...5-Mallard 29.6; HJ, 1-Jill Halgrimson (MDYF) 5'5, 2-Sally Plihal (Kalispell Timberettes) 5'5, 3-Donna Schulerberg (MDYF) 5'1 1/4, 4-Pia Dennis (Denver All Stars) 5'1 1/4, 5-Mallard 5'1 1/4; LJ, 1-Francine Auer (Southern Oregon Cinderbelle) 17'0 1/2, 2-Popitti Wing (MDYF) 17'0, 3-Plihal 16'11 1/2, 4-Anthony 16'8 1/2...7-Dennis 16'2 1/2; SP (4K), 1-Dottie Barnes (Un) 42'3 1/2, 2-Debbie Rodriguez (Colorado Pacers) 41'5 1/2, 3-Beth Smith (Oregon TC) 41'4 1/2; DT, 1-Barbara Butler (Albuquerque OC) 139'5, 2-Smith 131'8, 3-Rodriguez 117'6; JT, 1-Brenda Glisson (MDYF) 143'0, 2-Arlene Platt (OTC) 124'4, 3-Linda Iddings (Angels) 121'5, 4-Valorie Eribnow (Un) 121'3; 440yR, 1-MDYF (Henderson-Spotser-McCoy-Kummer) 48.2, 2-COC 48.9, 3-Angels 50.4; 880yMedR, 1-COC (Goodman-Smith-Hawkins-Wedgeworth) 1:51.1, 2-MDYF 1:51.6, 3-Surrey AC 1:52.7; MileR, 1-COC (Hughes-Brunke-Pajama-Sitton) 4:07.9, 2-OTC 4:12.3, 3-MDYF 4:18.3. Team Scores, 1-MDYF 99, 2-Oregon TC 62, 3-Colorado OC 59, 4-Angels TC 48, 5-Colorado Pacers 39, 6-Tucson TC 20, 7-Falcon TC 18, 8-Kalispell Timberettes 17.

SPECIAL INVITATIONAL EVENTS: Open 200mH, 1-Janene Jatton (Angels) 27.9, 2-Barbara Johnson (Angels) 28.9; 10/11 100, 1-Helen Cole (Denver All Stars) 12.7; 12/13 100, 1-Pat Benson (DAS) 11.4, 2-Nora Carter (AlbOC) 11.6; 9/Under 50, 1-Chris Hapbe (Eastside TC) 7.2, 2-Carol Huey (Un) 7.2; 12/13 50mH, 1-Jackie Guichard (SD) 7.6, 2-Mitzi McMillan (SD) 7.6, 3-Nora Carter (AOC) 7.6; 12/13 880, 1-Carol Hudson (AOC) 2:22.7, 2-Cheryl Bates (Un) 2:29.0; 10/11 440yR, Denver All Stars 57.6, 2-CAYA 60.8; 12/13 880yMedR, 1-Seattle Dynamics 1:57.3, 2-Aurora TC 1:59.8.

MICHIGAN ASSOCIATION CHAMPIONSHIPS

Pontiac, Michigan, July 26: 100m, Nancy Newkirk (Motor City TC) 12.5; 200m, Pam Bagian (Wolverine Parkettes) 25.8; 400m, Joy Jones (MCTC) 58.1; 800m, Wanda Powell (SE Michigammas) 2:18.2; 1500m, Jacki Ford (WP) 5:00.5; 100H, Debby Lansky (WP) 14.6; 200H, Sheila Owens (WP) 31.8; SP, Jamie Richards (SEM) 38'1; DT, Richards 100'0; JT, Joan Perry (SEM) 126'1; LJ, Theresa Rulison (WP) 17'7; HJ, Mary Mason (Pontiac) 4'8; 400R, Motor City 50.9; 800MedR, Motor City 1:52.7; MileR, Michigammas 4:12.6. Team scoring, 1-Wolverine Parkettes 242, 2-SE Michigammas 119, 3-Motor City 50, 4-Pontiac 49.

MICHIGAN PENTATHLON

Milford, Michigan, July 27:-Women's Division, 1-Sherice DuChamp (Wolverine Parkettes) 3773 (16.1-24'5-4'10-17'11 1/4-26.3), 2-Sheil Owens (WP) 3712, 3-Theresa Rudison (WP) 3686. Girl's Division, 1-Anita Lee (llyrs) 3366 (8.5-5'0-24'6-15'11-29.0), 2-Susan Parks 2664 (Disqualified in hurdles and scored zero for that event). Exhibition two mile run:-Jackie Ford (WP) 11:59.5, 2-Karen Zimmerman (WP) 12:01.0s.

WAAA CHAMPIONSHIPS by Mel Watman

London, England, July 18/19:-Pat Lowe scored an upset win over world record holder Vera Nikolic in the 800m and China's Chi Cheng won two events, the first foreign athlete to win two events in 41 years according to Pete Pozzoli, to highlight the WAAA Championships at Crystal Palace. The 800 was won in a good 2:03.3 with Holland's Ilja Keiser nipping Nikolic for second.

"A thing of beauty is a joy for ever", Keats could have been alluding to Chi Cheng's hurdling. One of the supreme aesthetic pleasures in athletics. Not just pretty to watch, but simply devastating - as witness her crushing defeat of Poland's Tereza Nowak (13.4 this year) and Tereza Sukniewicz (co-world record holder at 13.3). Her electric time was 13.52, great running into the wind. Chi also won the 100m in 11.9 into a wind registering almost 6mph.

Maria Gommers, Holland, set a UK all-comers record in winning the 1500m all alone with a fine 4:16.0s. Lia Manoliu won the discus title at 182'4.

RESULTS:100m, 1-Chi Cheng (ROC) 11.9 (11.7h, 11.7sf), 2-Dorothy Hyman 11.9 (11.8h, 11.8sf), 3-Anita Neil 12.1, 4-Valerie Peat 12.2 (wind -2.6mps); 200, 1-Hyman 23.7, 2-Marilyn Neufville 24.3, 3-Peat 24.3, 4-Janet Champion 24.4; 400m, 1-Jenny Pawsey 54.3, 2-Pauline Attwood 55.2, 3-Barbara Iyall 55.6; 800m, 1-Pat Lowe 2:03.3, 2-Ilja Keiser (Hol) 2:03.5, 3-Vera Nikolic (Yug) 2:04.2, 4-Betty Marias (South Africa) 2:05.3 (rec), 5-Joan Page 2:05.5; 1500m, 1-Maria Gommers (Hol) 4:16.0 (UK all-comers record and championship record), 2-Rita Ridley 4:25.4, 3-Thelwyn Bateman 4:26.1; 100mH, 1-Chi Cheng (ROC) 13.5 (eq.UK record and championship record), 2-Tereza Nowak (Poland) 13.8, 3-Tereza Sukniewicz (Poland) 14.0, 4-Christine Perera 14.3, 5-Susan Hayward 14.4 (wind -1.5mps); 2500m walk, 1-Judy Farr 12:45.8; HJ, 1-Barbara Inkpen 5'7 1/2, 2-Dorothy Shirley 5'7 1/2, 3-Frances Slaap 5'7; LJ, 1-Sheila Sherwood 20'5 1/2, 2-Anita Neil 20'4, 3-Barbara-Anne Barrett 19'3 1/2; SP, 1-Brenda Bedford 49'11 1/2, 2-Lia Manoliu (Rum) 46'11, 3-G. Porter 42'8 1/2; DT, 1-Manoliu (Rum) 182'4, 2-Rosemary Payne 162'8, 3-Anneke De Bruin (Hol) 159'1; JT, 1-Sue Platt 161'10, 2-Shara Spragg 159'4, 3-Williams 153'7.

(Ed. note:-It was interesting to observe the differences and the similarities of the English and the American championships which were held on consecutive weekends. Both nations used "standards" for entry into the competition. In England the performance which qualifies an individual for the meet is certified by the secretary of the district in which the athlete performs - a written document....There was a team title involved and a trophy was awarded, but it certainly was not of much importance - no newspaper carried the name of the winning club and to this day I do not know who won...The English, as opposed to the United States, actively seek out foreign athletes to compete realizing, according to their national chairman, that it takes tough competition to develop good athletes. In addition to the foreign athletes who took part the English also invited Irena Szewinska, Viorica Viscopoleanu, Paola Pingi and Marjana Lubej. Not only were the foreign athletes invited, but their expenses were paid! What a difference in the US where some coaches are fearful a "foreigner" will displace "my runner"....Awards are the same in both championships - medals - but the USA medals would make three of the British ones!....The meet was expertly covered by reporters from ALL the major newspapers and news services - as opposed to practically zero in the USA. Possibly one reason the reporters attend is because the meet organization provides not only adequate facilities, but provides them with complete and IMMEDIATE results of all events including performances made by every competitor, wind readings on all jumps and runs, heat times, semi-final times - simply everything a reporter needs. I still have never received results of the US Championships. Here again, the British have some good points, some bad points - we have the same. Let's learn from each other. -SFVR-

Only year-round training can produce the high level of running fitness and competitive performance that is required for success at all levels.

Conditioning for running is primarily a matter of building resistance to the many effects of fatigue. This is done by gradually increasing, as muscle efficiency improves, the amount of work that can be done.

CANADIAN CHAMPIONSHIPS

Victoria, BC, August 30/31: 100m, 1-Piotrowski 11.6, 2-Berto 11.6, 3-Hendry 11.8; 200m, 1-Piotrowski 24.1, 2-Berto 24.4, 3-Langdale 24.4; 400m, 1-Olinek 55.5, 2-Covell 56.7; 800m, 1-Hoffman 2:09.0, 2-Fynn 2:09.8, 3-Liepens 2:10.0, 4-Olinek 2:10.0; 1500m, 1-Idpens 4:29.4, 2-Werthner 4:32.3, 3-James 4:32.9, 4-Fynn 4:32.9, 5-Martena 4:33.0; 100mH, 1-May 14.3, 2-Taylor 14.4; 200mH, 1-Busch 27.9, 2-May 27.9; HJ, 1-Brill 5'7, 2-VanKiekebelt 5'6; LJ, 1-Eisler 19'3½; SP, 1-Pavelich 44'7½; DT, 1-Martin 146'1, 2-Haist 142'5; JT, 1-Dahlgren 159'7, 2-Martin 158'2; 4x100, British Columbia 46.5; 4x400, BC 3:49.0.

METRO AGE GROUP

Farmingdale, Long Island, August 3/4:-Open AAU events; 100y, Charlene Johnson (Philadelphia Hawks) 11.8; 220, Lucille Johnson (Red Hook Striders) 26.9; 440/LJ, Gale Fitzgerald (Un) 59.8/16'10; SP, Lynda Massey (PAL) 35'9¼; DT, Benita Belches (PAL) 103'7; 9/Under Division: 75/220, Crystal McMillan (Atoms) 10.8/32.0; 440yR, Atoms 64.8. 10/11 Division: 100/220, Elaine Johnson (Atoms) 12.6/29.0; 440yR, Philadelphia Hawks 59.4. 12/13 Division: 100, Robin Hughes (La Mott AC) 12.0; 220, Lavonne Neal (PH) 27.4; 50yLH, Cathy Major (Poughkeepsie) 9.0; 440, Cordella Ingram (LM) 62.3; 880, Anita Scandurra (Suffolk AC) 2:25.6; 440yR, Brooklyn Striders 53.4. Team scores: 1-Atoms 82, 2-Suffolk AC 73, 3-Central Jersey 69.

SEATTLE PENTATHLON

Seattle, Washington, July 19:-The Seattle Dynamics TC was host to 37 girls at the Greater Seattle T&F Association's age group 12/13 pentathlon and 10/11 triathlon. Mitzi McMillan of the Seattle Dynamics set a new Pacific Northwest age group record in the high jump at 5'1½ on her way to winning the pentathlon title with 3642 points. Elizabeth Flexer from the East Side TC won the triathlon with 1492 points. 12/13 pentathlon, 1-Mitzi McMillan (SD) 3642 (7.7-25'2½-5'1½-15'5½-28.1), 2-Marla Campbell (Central Area Youth Association) 3192. Triathlon, 1-Elizabeth Flexer (ESTC) 1492 (14.6(100m)-3'10-28'6(SP), 2-Lynn Oliphant (CAYA) 1394, 3-Karen Sorenson (SDTC) 1230.

SCANDINAVIAN REPORT from Eric Aarset

Berit Berthelsen has been out of action for a while due to an injury....she will concentrate on track events this year and will probably only jump at the national championships and possibly in a few international meetings.

In the world's first international match with three girls on each national team, the Danish girls rode on the wave of inspiration following many near-record performances to take a convincing victory over Norway 138-118 at Oslo on the 24-25 of June. It was here that Berthelsen was injured in the long jump after three jumps - all beyond 20'8. Results: 100/200, Else Hadrup (D) 11.7/24.5; 400, Jennes (D) 55.3 (rec); 800/100H, (What a combination!), Lise Daam Olesen (D) 2:12.0/14.2; 1500, Wenche Sarum (N) 4:35.4; HJ/DT, Anne Lise Warness (N) 5'7/136'5; LJ, Berthelsen (N) 20'10%.

West Germany defeated Scandinavia 79-56 in Copenhagen on June 15. Leading performances were: 100H, Rosendahl (WG) 13.9; DT, Westermann (WG) 191'1; 1500, Wenche Sorum (N) 4:29.1 (born 1951 - Scandinavian record); LJ, Berthelsen (N) 20'1¼...Rosendahl 3rd at 19'2.

20 year old Anne Marie Nenzell burst into world class recognition when outsprinting world record holder Vera Nicolic of Yugoslavia at an international meeting in Oslo on 8 July. Times were 2:05.7 and 2:05.8. Nenzell's time was a Scandinavian record. At the same meeting Deana Yorgova returned to international competition and the Bulgarian girl won the long jump with a leap of 20'5¼.

In the absence of Cederstrom (Sweden) and Berthelsen (Norway), the Danish veteran Nina (Hansen) Fahnoe had an easy task to win the Nordic pentathlon championship in Kongsavanger of June 28-29. She totalled 4529 points ahead of Britt Johansson (S) 4427, Daam Olesen (D) 4419 and Sirkka Norlund (F) 4362.

Pre-season conditioning becomes more necessary as the race to be run becomes longer.

Endurance is developed mainly through the preliminary and early season training, but must not be completely neglected during regular season workouts.

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US-Commonwealth-USSR. Surprising Nancy Shafer and Olympic champion Madeline Manning lead during the early part of the 800m at the LA Coliseum. Manning went on to win in 2:03.8 while Shafer was nipped at the tape by Russia's Alla Kolyesnikova in spite of Shafer's lifetime best at 2:06.4s. (Don Chadez foto)

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WELSH GAMES by Mel Watman

Cardiff, Wales, July 26:-Although few realized it, the spectators at the Welsh Games at Maindy Stadium were privileged to witness one of the most outstanding sprint-hurdle combinations in women's athletic history. Without so much as a puff of wind to help her and running in a slight drizzle, Chi Cheng opened with a UK all-comers record of 13.4 for the 100m hurdles (equalling her personal best), and she might have tied the world record of 13.3 had she not rammed the last barrier with her lower leg. She returned to win the 100m flat in 11.5 over British internationals Madeline Cobb and Maureen Tranter who seemed to be pleased to finish within hailing distance of the flying Formosan. She completed the memorable afternoon by running her fastest ever 200m in 23.4. One would dearly like to see a 100mH race between her, Pam Kilborn and Karin Balzer to decide the 1969 "world championship"

RESULTS: 100m, 1-Chi Cheng (ROC) 11.5, 2-Madeline Cobb 11.7, 3-Maureen Tranter 11.8, 4-Janet Champion 12.0; 200m, 1-Chi Cheng 23.4 (Welsh all-comers record), 2-Tranter 24.1, 3-Cobb 24.3; 800m, 1-Thelwyn Bateman 2:08.6, 2-Betty Marais (South Africa) 2:09.7, 3-Margaret Beacham 2:10.1; 100mH, 1-Chi Cheng 13.4 (UK all-comers record), 2-Christine Perera 14.1, 3-Jenny Hirst 15.3.

FRANCE vs GREAT BRITAIN by Pete Pozzoli

Middlesbrough, England, August 16:-Only a dropped baton stopped the French from beating Great Britain when they last met in 1966 - but this time the British fielded a team with all their stars and crushed the French girls 84-48, winning 11 of the 13 events.

Val Peat, fresh from her triumph over Ferrell, ran with great verve to score a sprint double over Gabrielle Meyer; Lillian Board downed Olympic champ Besson; Dorothy Shirley set a personal best of 5'8½ in winning the high jump at the age of 30; and the old veterans Sue Platt, Brenda Bedford and Rosemary Payne swept the boards in the field. Only in the hurdles were the Britishers also-rans but since Pat Pryce and Pat Jones disappeared from the scene the girls essaying this event here are incredibly crude in technique and are without the basic speed to compensate.

All sprint and hurdle races were wind aided.
RESULTS: 100m (+3.6), 1-Val Peat 11.5, 2-Anita Neil 11.7, 3-Gaby Meyer (F) 11.8, 4-Dominique Descatoires (F) 12.0; 200, (+4.2), 1-Peat 23.4, 2-Meyer 23.8, 3-Veronique Grandrieuz (F) 24.2, 4-Marilyn Neufville 24.3; 400, 1-Lillian Board 53.7, 2-Collette Besson (F) 54.1, 3-Janet Simpson 54.9, 4-Elaine Jacq (F) 56.6; 800, 1-Maryvonne Dupureur (F) 2:07.9, 2-Pat Lowe 2:07.9, 3-Joan Page 2:09.4, 4-Danielle Denis (F) 2:15.1; 1500, 1-Rita Ridley 2:24.4, 2-Thelwyn Bateman 4:31.0, 3-Catherine Michaud (F) 4:31.3, 4-Elaine Camacaris (F) 4:49.9; 100mH, (+4.1), 1-Marlene Canguio (F) 13.6, 2-Jeanne Schoebel (F) 13.6, 3-Sue Hayward 13.7, 4-Christine Perera 13.7; HJ, 1-Dorothy Shirley 5'8½, 2-Barbara Inkpen 5'6, 3-Nicole Denise (F) 5'3, 4-Ghislaine Barnay (F) no height; LJ, 1-Maureen Barton 20'8w, 2-Moira Walls 20'5w, 3-Odette Ducas 20'4w, 4-Canguio (F) 20'3¾w; SP, 1-Brenda Bedford 48'2¾, 2-Claudie Cuvelier (F) 45'11¼, 3-Gay Porter 43'7¼, 4-Marie-Louise Parguel (F) 41'7¼; DT, 1-Rosemary Payne 171'4 (eq.rec), 2-Cuvelier (F) 146'1, 3-Bedford 145'1, 4-Nicole Pierotti (F) 143'11; JT, 1-Sue Platt 161'4, 2-Andree Malsert (F) 149'10, 3-Averil Williams 146'11, 4-Martine Bordet (F) 145'9; 4x100, 1-GB (Neil-Cobb-Cooper-Peat) 45.2, 2-France disq; 4x400, 1-GB (Lyll 55.5-Lowe 54.5-Simpson 54.2-Board 53.8) 3:38.0; 2-France (Piaud-Mombet-Martin =17yrs 54.2-Duclos 52.4) 3:39.6. Invitational events: 100m/200m, Madeline Cobb (GB) 11.5w/23.6w; Pentathlon, Ann Wilson (GB) 4590 (18'9¼-25.3-14.2w-36'0¼-5'3¼).

SINGAPORE CHAMPIONSHIPS from Tan Eng Yoon

Farrer Park, Singapore, August 15-17:-Five nations were invited to send athletes to compete in the Annual Singapore Championships and proceeded to win eight titles.

RESULTS: 100/200, K.G.Badra (Ceylon) 12.9/25.8; 400, Samroy Charangkul (Thailand) 59.8; 800, Sally Munro 2:23.2; 1500, Munroe 5:12.6; 4x100, Achilles Club 50.5; 4x400, Achilles Club 4:11.6; HJ, Chai Ng Mai (Malaysia) 4'11½; LJ, Maria Yusof (Malaysia) 17'8; SP, Pranee Kitipongpithaya (Thailand) 33'5¼; DT, Kitipongpithaya 105'3; JT, Kok Yin Ping 104'5; 100mH, Savithri (Malaysia) 15/9.



Europe vs Western Hemisphere. The very close finish of the 200m dash. From left to right: Sylvie Telliez (France) fourth place in 23.5, Pam Greene (USA) third in a lifetime best 23.5, Wilma van den Berg (Holland) second in 23.4 and Barbara Ferrell (USA) the winner in 23.3s. (Leichtathletik photo by Horst Muller)

EUROPE WALLOPS THE WEST 81-54 by Mel Watman and Neil Allen

Stuttgart, Germany, July 30/31:-This series of matches, which got off to a shaky start in Montreal two years ago, fully justified its existence when Stuttgart's Neckarstadion played host to one of the finest "dual meets" in history. A crowd of some 30000 each evening did not see any world records broken, but they did witness an almost unbroken sequence of great marks and competition. Europe, even without the benefit of any Soviet athletes, won the match handily. The next meeting is scheduled tentatively for Palo Alto, California, in 1971.

At the conclusion of the meet, special awards were made to the outstanding performer - and the winner was Madeline Manning. My own award for the "comethrough" of the meet would, I think, go to Francie Larrieu, of whom more later.

The Americas started things off right as Barbara Ferrell and Pam Greene scored 1-3 in the 200, (Greene, a 15 year old running her lifetime best at 23.5), and Manning and Nancy Shafer repeated in the 800. But then the world fell apart as Europe scored a 1-2 in the 100m hurdles, the high jump and the discus and finished the day with a win in the 4x400 relay to lead 37-25.

Most majestic of all was Madeline Manning's run in the 800m. One had visions of that long awaited sub-2 minute time when Ileana Silai, Madeline's runner-up in Mexico, whipped through the first lap in 57.9 with the effortlessly long striding American right with her. Along the back straight, as the battle for first continued, attention switched to Vera Nikolic. Poor Vera was in trouble again - physical this time, it seemed. Struggling along with tiny strides she dropped way behind, a poignant sight for those who remember her in happier circumstances. She finished in 2:18.6, to be comforted by team manageress Fanny Blankers-Koen, but was absent from the medal ceremony. Madeline, who pulled away over the last half lap to win by nearly 20 yards from Silai, clocked 2:01.3 - best in the world this year.

Balzer won the hurdles in 13.3 to equal the official world mark - but only four days earlier she was credited with 13 flat - and indignantly denied suggestions of a rolling start on that occasion. Other sparkling performances included Liesel Westermann's 62.16/203'11 discus throw in windless conditions, (only she alone has ever thrown farther), and Ilona Gusenbauer's high jump victory over Rita Schmidt with 16 year old Debbie Brill failing narrowly to bend herself backwards over a personal best of 1.76/5'9 1/4.

The Europeans set a world mark in the 4x400 relay, but of course it will not count as the team was composed of citizens from different nations. The Americans ran their team in an

inexplicable order, opening with Olympic 800 meter champion Madeline Manning who was much too strong for Sweden's Karin (Walgren) Lundgren. Janet Simpson of Great Britain, with Kathy Hammond running in front of her to set the pace and pull her along, held her own against America's best 400m runner while Nicole Duclos picked up on Esther Stroy, the third runner. The vital last stage was left to the inexperienced Gwen Norman, who nearly ran off the track as she took the baton, and she was overhauled easily by Colette Besson who was looking back over her shoulder saving herself for the 400 the following day as she broke the tape.

RESULTS, FIRST DAY: 200m, 1-Barbara Ferrell (USA) 23.3, 2-Wilma van den Berg (Hol) 23.4, 3-Pam Greene (USA) 23.5, 4-Sylvie Telliez (Fra) 23.5; 800m, 1-Madeline Manning (USA) 2:01.3, 2-Ileana Silai (Rum) 2:03.8, 3-Nancy Shafer (USA) 2:06.5, 4-Vera Nikolic (Yug) 2:18.6; 100mH, 1-Karin Balzer (EG) 13.3, 2-Tereza Nowak (Pol) 13.5, 3-Mamie Rallins (USA) 13.6, 4-Cheryl Rogers (USA) 14.2; HJ, 1-Ilona Gusenbauer (Austria) 1.80/5'10 1/4, 2-Rita Schmidt (EG) 1.76/5'9 1/4, 3-Audrey Reid (Jam) 1.73/5'8, 4-Debbie Brill (Can) 1.73/5'8; DT, 1-Liesel Westermann (WG) 62.16/203'11, 2-Lia Manoliu (Rum) 54.06/177'4, 3-Ranee Kletchka (USA) 47.52/155'11, 4-Nancy Norberg (USA) 44.66/146'6; 4x400, 1-Europe (Karin Lundgren, Sweden-Janet Simpson, GB-Nicole Duclos, France-Colette Besson, France) 3:32.8, 2-Western Hemisphere (Madeline Manning-Kathy Hammond-Esther Stroy-Gwen Norman, all USA) 3:34.3. Score end of first day, Europe 37, Western Hemisphere 25.

Second Day:-Conditions were perfect for a night of memorable athletics and we were not disappointed. World records escaped by very narrow margins in the 400 and 1500 and the overall standard in those events was astonishing as times of 53.7 and 4:17.0 were good only for last place!

The women's 400m boasted a line-up of rare quality. The Olympic champion, Colette Besson (best of 52.0) on the inside, then Kathy Hammond (52.6), Nicole Duclos (52.8) and 15 year old Esther Stroy (53.5). They remained in perfect echelon for the first 180m but by the 200m mark Besson (24.3) was up on Hammond and Duclos trailed slightly. Besson hit the straight (37.4 300m) a couple of meters ahead of Hammond, but in the last 50 meters she was flailing wildly as Duclos and Hammond went past. Showing magnificent form, Duclos - just a 55.9 performer two months ago - added another chapter to her rags to riches story by winning in 52.0 to equal her countrywoman's European record and miss Sin Kim Dan's world mark by only a tenth - and one is still not sure it is Miss



Europe vs Western Hemisphere 400m dash. Nicole Duclos (France) equals the European record at 52.0 flat as she hands Kathy Hammond her only defeat of the year. The 17 year old Kathy has a fine 52.3 for her second place effort. (Horst Muller photo - Leichtathletik)

EUROPE vs WEST (Continued)

Sin Kim Dan! Hammond, over whom one has enthused so long that it seems impossible she is still only 17, progressed to a superb 52.3 and Besson, at 52.7, clocked the second best time of her career. Quite a race!

So also was the 1500m. In any other race Doris Brown could have been relied upon to set a stinging pace but in the company of such front-runners extraordinary as Paola Pigni and Maria Gommers she never got so much as a sniff of the lead. Applauded from start to finish (a nice touch), the European girls passed 400m in 66.6 and 800m in 2:18.4. At the bell, reached in 3:11.0 Pigni was a yard ahead of Gommers, with Brown 5 yards down....and, surprise, Francie Larrieu right on her heels. The 16 year old Californian, sister of that distinguished long distance runner, Ron Larrieu, had no right to be there at this late stage of the race. She had excelled in Los Angeles 12 days earlier in placing 4th in a personal best of 4:28.1, (Doris Brown, 2nd, had set a US record of 4:16.8)....but this was incredible. How dare she try to match strides with three of the all-time greats? Not just daring, but succeeding too!

Pigni and Gommers reached 1200m in 3:27.2 and continued to move away from Brown. They were 10y ahead with half a

lap remaining, all three travelling at great speed, and yet the unquenchable Miss Larrieu was still tailing her colleague. Into the straight Pigni led by five yards, a gap that Gommers halved by the finish, but the real thrill was the sight of Francie, long hair flying, rushing past Doris. Fantastic - and so was her time of 4:16.8. The equivalent of a mile in 4:37 at age 16 is some going. Up ahead, Pigni (62.2 last lap clocked the second fastest time ever, and Gommers the third - much to the latter's undiguised glee.

Iris Davis upset Ferrell to win the 100m, both clocking 11.3 and both whipping van den Berg, and the 4x100 relay team on Bert-Davis-Netter-Ferrell won by a tenth over the European squad - but there the Western talent ended. Europe swept the 1-2 spots in all the field events again today to obtain maximum points.

RESULTS, SECOND DAY: 100m, 1-Iris Davis (USA) 11.3, 2-Ferrell 11.3, 3-vd Berg 11.4, 4-Telliez 11.5; 400m, 1-Nicole Duclos (Fra) 52.0, 2-Kathy Hammond (USA) 52.3, 3-Colette Besson (Fra) 52.7, 4-Esther Stroy (USA) 53.7; 1500m, 1-Paoli Pigni (Italy) 4:13.2, 2-Maria Gommers (Hol) 4:13.5, 3-Francie Larrieu (USA) 4:16.8, 4-Doris Brown (USA) 4:17.0; LJ, 1-Heide Rosendahl (WG) 21'3/4, 2-Sheila Sherwood (GB) 21'2/4, 3-Willye White (USA) 20'7, 4-Martha Watson (USA) 19'8/4; SP, 1-Margit Gummel (EG) 63'1, 2-Maritta Lange (EG) 60'1, 3-Lynn Graham (USA) 48'4/4, 4-Maren Seidler (USA) 46'3/4; JT, 1-Daniela Jaworska (Pol) 191'4, 2-Angela Ranky (Hun) 180'4, 3-Barbara Friedrich (USA) 171'2, 4-Kathy Schmidt (USA) 166'9; 4x100, 1-Western Hemisphere)Stephanie Berto, Canada-Davis-Netter-Ferrell, all USA) 44.3, 2-Europe (vd Berg, Holland-Mirosława Sarna, Poland-Gyorgy Balogh, Hun-Telliez, France) 44.4. Final score, Europe 81, Western Hemisphere 54.



DEANNE KURTH, Laurel TC hurdler (Jeff Johnson photo)

CHI CHENG EQUALS WORLD 100y RECORD

by Tom Cryan and John O'Shea

Dublin, Ireland, July 29/30:-(First day):-Chi Cheng, one of the most exciting people to ever come from the Orient, flashed down the straight on the red shale of the John F. Kennedy stadium track in Dublin in 10.3 seconds to equal the world record for 100 yards. Alice Annum, the only female member of the select Ghana team, was second with a fine 10.9 seconds to her credit, but she was made to look positively ordinary by the flying Chinese girl whose performances recently have stamped her as one of the greatest sprinters ever produced. A hint of what was to come occurred in the trial heats when Miss Chi eased through a 10.5.

Earlier in the evening Chi won the 100m hurdles in a good 13.5 some 18-20 yards ahead of runner-up Maeve Kyle who clocked 15.1s.

RESULTS (FIRST DAY): 100, 1-Chi Cheng (ROC) 10.3 (equals world record), 2-Alice Annum (Ghana) 10.9 (10.8h), 3-Shortland 11.1; 100mH, 1-Chi Cheng 13.5, 2-Maeve Kyle 15.1, 3-Diskin 17.8; 400, 1-J. O'Neill 57.5, 2-C. Walsh 57.6, 3-P. O'Dwyer 60.7; Mile, 1-Ann O'Brien 4:58.4, 2-U. Kennedy 5:06.6, 3-P. Mullen 5:09.0; LJ, 1-Annum 18'7½, 2-Kyle 17'2, 3-S. Cooney 16'4½; DT, 1-R. Murphy 118'10.

(Second day):-The peerless Chi Cheng (Formosa) again gave a superlative display of running to brighten up the second session of the Clonliffe Harriers International meeting at Santry's Kennedy stadium. The "Flying Formosan" had an easy win in the 220 opening up an unassailable lead of the Ghanaian Alice Annum in the first 50 yards and staying clear to the tape in 23.5s. In the 200m hurdles she surely would have broken her own world record had she had some competition. Away from the blocks like a bullet Miss Chi flitted over the obstacles without a halt to win in 26.8 - the third fastest time ever run. Maeve Kyle was second in 29.0 flat.

RESULTS (SECOND DAY): 880, 1-Ann O'Brien 2:16.4; 220, 1-Chi Cheng (ROC) 23.5, 2-Alice Annum (Ghana) 24.8, 3-C. Walsh 25.8; 200mH, 1-Chi Cheng 26.8, 2-Maeve Kyle 29.0, 3-E. Diskin 30.3; HJ, 1-Maud Adams 4'8.

(These four performances, (10.3 100y, 23.5 220y, 13.5 100mH and 26.8 200mH), may constitute the best single meet performance by a woman athlete in track history. They total 4387 points on the IAAF scoring tables with 1108 for the 100, 1087 for the 220, 1118 for the 100mH and 1174 for the 200mH.)

MACCABIAH GAMES from Abraham Green

Ramat Gan, Israel, July 31-August 5:-The Annual Maccabiah Games, the world Jewish championships were held at this Tel Aviv suburb with 30 nations taking part. Although a full women's program was held, only one athlete from the USA took part. Abby Hoffman of Canada won the 400 and 800 while home towner Shachamorov Esther, a 17 year old youngster, won 3 events plus three other gold medals in the "junior" division. Shachamorov recently set a new Israeli record in the pentathlon with a score of 4256 and a new junior 100m record in competition against Greece at 11.9s.

RESULTS: 100/200/LJ, Shachumurov (Israel) 12.0/24.7/18'7½; 400/800, Abby Hoffman (Canada) 57.3/2:08.9; 100mH, Sharp (Australia) 17.9; 4x100, Israel 47.9; HJ, Levy (GB) 4'8¾; SP, Bulava (Israel) 39'1¼; DT, Daniel (Israel) 126'2; JT, Piller (Hol) 137'10.

SPAIN BEATS GREECE 66-51 from Alfonso Posada

Athens, Greece, August 16/17:-Running on the new Athens tartan track which is being prepared for the European Championships, the touring team from Spain upset the host Greeks in a dual meet 66-51. Spanish girls set three new national records and the Greek athletes one.

RESULTS: 100m/200m, Luisa Orobia (S) 12.4/25.4; 400, Dimostenous (G) 59.0 (rec); 800, Coro Fuentes (S) 2:12.9; 100mH, Sassayania (G) 14.9; HJ, Teresa Roca (S) 5'1¼; LJ, Sassaynis (G) 18'11; SP, Ana Molina (S) 40'8¼ (rec); DT, Marisa Garcia (S) 141'5; JT, Maria Josef Fernandez (S) 154'11 (rec); 400R, Greece 48.4 (rec), 2-Spain 48.9 (rec). Earlier on August 2 at San Sebastian, Spain, Coro Fuentes had set a national 800 record of 2:12.6, and a week following the competition with Greece, Maria Jose Fernandez broke her own new record in the javelin with a throw of 160'10 at Vigo.

BOOK REVIEW - 'WTFW YEARBOOK 1969'

by Mel Watman of 'Athletics Weekly'

"Women's Track & Field World Yearbook - 1969" by Pete Pozzoli.

Once again Pete Pozzoli and his contributors have produced an annual that crams in more information than any other athletics publication. The selling price (\$5) may sound a bit expensive, but there is a lot for one's money. Most of the 320 pages are devoted to an encyclopedic coverage of women's athletics in 1968: top 100 world list, merit rankings, national championships and 'top tens', international matches and Games (complete results from Mexico City). Also there are articles, including an account by Richard Szreter of Stella Walsh's extraordinary career, and such statistical gems as an "all-time greatest" list based on athletes' top ten best performances, a complete tally of international match scores since 1921, and updated world age record list and details of world best marks in every conceivable event. There is even a glossary of athletic terms in 26 languages!! Those familiar with Pete Pozzoli's previous publications will anticipate a profusion of photos and they will not be disappointed. The editor's criterion for selection is looks rather than athletic ability, so many of the girls featured will be completely unknown to most readers. The captions are straight out of "Playboy" - where all is gorgeous, adorable, luscious, alluring, smouldering and curvaceous.

Books

from WFTW



TRACK & FIELD FOR GIRLS, K. Miller.

An instructive book covering every event, technique, training, history, fundamentals, etc. With many photos and drawings. 1964. 117pp. \$4.50

TRACK & FIELD TECHNIQUES FOR GIRLS & WOMEN, Foreman & Husted. THE technique work on women's track. All events discussed. Illus. 188pp. \$4.50

RINGS OF DESTINY. Olga Connolly's remarkable story of her & Hal's gold medal romance despite the opposition of Czech officialdom. Great reading. \$6.50

TRACK & FIELD GUIDE FOR GIRLS & WOMEN, ed. Dorothy Harkins. AAHPER booklet (1968-70 edition) with over 30 useful articles, some on technique & training. Complete rules, etc. \$1.75

WOMEN'S SCORING TABLES. Official IAAF tables--nine events. \$1.50

DISABILITIES & INJURIES OF SPORT, A. Abrahams. Handy book for every athlete & coach, with much pertaining to track injury, etc. and to the special problems of female athletes. 96pp. \$2.50

RUN RUN RUN, Ed. Fred Wilt. One of the best books ever compiled on running training & technique for events 880 and up. 281pp. Paperbound. \$3.00

INTERNATIONAL ATHLETICS ANNUAL 1969. All the facts & figures on the great 1968 season, incl. extensive stats on women's track, lists, etc. \$2.50

SUPER FOOD FOR SUPER ATHLETES, Arthur Fleming. Important diet and nutrition tips for the athlete. 1968. \$2.95

PROBLEM ATHLETES AND HOW TO HANDLE THEM, Ogilvie & Tutko. Pioneering study which outlines common types of problem athletes and suggests ways of dealing with them. A practical guide for coach, athlete, fan. 1966. \$4.95

OUT IN FRONT, Geo. Gretton. An immensely interesting book on "what makes the distance runner tick." It examines many of track's famed personalities. \$3.95

WEST GERMANY WHIPS US by Jim Phillips

Augsburg, Germany, August 5/6:-West Germany, parlaying a strong field event unit with some unexpected track event placings, scored an upset 68-66 win over the travelling USA squad. The German team nearly scored maximum points in the field by placing 1-2 in every event save the javelin where young Kathy Schmidt of Long Beach, California, finished in second place. The Americans, on the other hand, finished 1-2 in both sprints, and the 1500, won the hurdles, the 400 and both relays - but sideline observers noted that with an adjustment of their 4x400 relay team - an event which they won by almost 40 meters - the Americans could have picked up a probable second in the 400 which would have given them the match.

RESULTS, FIRST DAY: 100m, 1-Barbara Ferrell (USA) 11.5, 2-Iris Davis (USA) 11.5, 3-Barbel Hahnle (WG) 11.9, 4-Kirsten Roggenkamp (WG) 11.9; 400m, 1-Kathy Hammond (USA) 53.1, 2-Christa Czekay (WG) 54.5, 3-Christel Frese (WG) 54.6, 4-Joan Pirie (USA) 56.0; 800m, 1-Anita Rottmuller (WG) 2:05.4, 2-Nancy Shafer (USA) 2:06.0, 3-Maria Strickling (WG) 2:06.6, 4-Cheryl Toussaint (USA) 2:12.1; 100mH, 1-Mamie Rallins (USA) 13.7, 2-Margit Bach (WG) 14.0, 3-Ulla Farthmann (WG) 14.1, 4-Deanne Kurth (USA) 14.8; HJ, 1-Renate Gartner (WG) 5'6½, 2-Helga Kries (WG) 5'6½, 3-Barbara Simpson (USA) 5'5, 4-Diane Waters (USA) no height; SP, 1-Marlene Fuchs (WG) 53'5¼, 2-Sigrun Kofink (WG) 50'0, 3-Lynn Graham (USA) 48'5, 4-Maren Seidler (USA) 47'4¼; JT, 1-Ameli Koloska-Isermeyer (WG) 190'3, 2-Kathy Schmidt (USA) 169'5, 3-Barbara Friedrich (USA) 165'2, 4-Gisa Jep-pener (WG) 151'2; 4x100, 1-USA (Netter-Davis-Greene-Ferrell) 44.5, 2-West Germany (Hahnle-Weismann-Jahn-Stock) 45.5. First day score: WG 44, USA 39.

RESULTS, SECOND DAY: 200m, 1-Ferrell 23.7, 2-Pam Greene (USA) 24.2, 3-Rita Jahn (WG) 24.2, 4-Elfgard Weismann (WG) 24.5; 1500m, 1-Larriou (USA) 4:18.3, 2-Doris Brown (USA) 4:18.5, 3-Jutta von Haase (WG) 4:26.6, 4-Gerda Klopfer (WG) 4:38.3; LJ, 1-Heide Rosendahl (WG) 21'1½, 2-Ingrid Becker (WG) 20'8¼, 3-Martha Watson (USA) 20'3¼, 4-Willye White (USA) 20'2¼; DT, 1-Liesel Westermann (WG) 199'1, 2-Britigte Berendonk (WG) 164'11, 3-Ranee Kletchka (USA) 155'8, 4-Nancy Norberg (USA) 144'6; 4x400, 1-USA (Stroy-Shafer-Hull-Hammond) 3:36.1, 2-WG (Eckhoff-Gleichfeld-Frese-Hefti) 3:40.9s. Final score, WG 68-USA 66.

Extra events: 100m, 1-Stephanie Berto (Canada) 11.8, Hahnle (WG) 11.8, 3-Willa Mae Nichols (USA) 11.9, 4-Roggenkamp (WG) 12.0, 5-Pat Hawkins (USA) 12.3; 200mH, 1-Hawkins 27.8, 2-Huber (WG) 27.9, 3-Mack (WG) 28.4s.

A planned schedule of work is desirable, but must be flexible.

Training should not be curtailed because of weather conditions.

The athlete should not try to break records while training.

1969 YOUTH GAMES

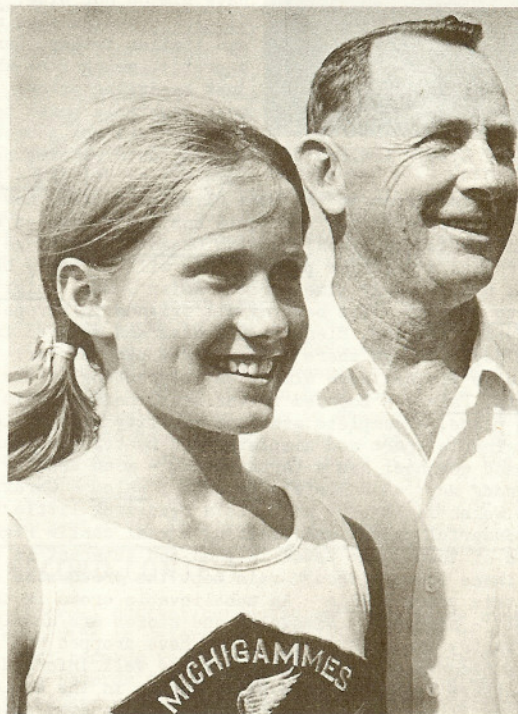
Washington, DC, August 22/23:-Only twelve cities, mostly on the east coast, competed in the US Youth Games - money, you know - but some outstanding marks were turned in.

RESULTS: 14/15 Division: 100y, Yolanda Maddox (Wash DC) 11.1, 2-Linda Cordy (NY) 11.2, 3-Karen Buford (Det) 11.2; 220, 1-Esther Stroy (Wash) 24.3, 2-Maddox 25.4; 440, 1-Stroy 55.8, 2-Michelle McMillan (NY) 56.1, 3-Joanna Danos (Wash) 58.0; LJ, 1-Alfreda Daniels (Det) 17'5, 2-Sharon Hagenmuller (St.Louis) 17'5 (Decided on basis of 3rd best jump - both had 17'5, both had 17'2, but Daniels next best was 17'0 to 16'5 for Hagenmuller); HJ, Alice Pfaff (Boston) 5'3; SP (8#), Rosemary Miller (SL) 35'10¼. 12/13 Division: 100/220, Karen McDaniel(Wa) 11.3/25.9 (25.8h); LJ, Maethall Smith (Miami) 16'4¼; HJ, Sue Parks (Det) 5'2. 9/11 Division: 50, 1-Deborah Carter (SL) 6.6, 2-Linda Blakeley (Det) 6.6, 3-Lanessa Young (Balt) 6.6; 100, 1-Elaine Johnson (NY) 11.9, 2-Carter 12.0, 3-Anita Lee (Det) 12.0, 4-Blakeley 12.0; LJ, Lee 17'7 - won by nearly four feet, second place 13'8 - had other jumps of 16'11¼, 16'9¼ and 16'7¼ - Anita is 11 years old. Relays, 12/13 440yR, Washington (Davis-Wood-Wisdom-McDaniel) 51.2 (51.0h), 2-NY 51.3. Miami won in 51.2 but was disqualified. 14/15 880yMedR, 1-Washington (Maddox 25.8-Johnson-Williams-Stroy 54.4) 1:44.4, 2-NY 1:44.6s.

WORLD RECORDS TO BALZER, GUMMEL & PROKOP

Two East German athletes, Karin Balzer and Margitta Gummel, set new world records in recent weeks. Gummel, who electrified the world by winning the Olympic shot put title with a fantastic world record of 64'4 - then lost her record to Russia's Nadyezhda Chizhova who moved the mark up to an incredible 65'11 - got it by the narrowest of margins when she tossed the ball 65'11¼. Balzer, who has been under fire by experts for rolling starts and fast timers, turned in a 12.9 performance over the 100m hurdles which is reminiscent of Korsakova's 10.2 mark for the 80m hurdles event. The 3rd mark to fall was, once again, the pentathlon when Austria's Liesl Prokop scored 5089 points to better Antenen's 1969 best of 5046. Records are expected to tumble during the European Championships in Athens during the period of September 16-25.

CAROL FREDERICK, NEW MICHIGAMME STAR



CAROL FREDERICK AND COACH KEN SIMMONS

Rumors floated from the east to the west that coach Ken Simmons had had it and so had the Southeastern Michigammas, his club. By the time the National Championships rolled around, that rumor was definitely put down - true, the Southeastern Michigammas have departed from the scene - they are now just the "Michigammas" and Ken Simmons is still their leader.

The brightest star in the Michigammas firmament now is young 15 year old Carol Frederick, a distance runner of much promise.

Carol began running only this past year and ended the season by whipping the defending champion in the National AAU 1500m run and nabbing sixth place with a time of 4:44.8s.

Coach Simmons states she is very coachable, has good mechanics and is a great competitor - and you can't say much more than that! Carol tips the Fairbanks at a spot around the 100 pound mark, give or take a pound, and is about two years ahead of Francie Kraker's performances. Coach Simmons says, "I think she will be a prospect for the 1972 Olympics".

Speed work in practice produces fatigue thereby increasing resistance to fatigue more quickly than slower paced running. Thus, repeated speed work is the best means of achieving endurance.

If the distance runner becomes used to long recoveries between fast intervals, he will expect them when he comes to a race.

REEL TALK

Chizhova - Russian shot putter who really hurt me by inform-



Maevé Kyle - Ireland

ing me she had never seen or had never heard of WTFW! She has copies in the mail now! Roberto Quercetani - Looked upon as the most knowledgeable and best informed individual on track and field in the entire world; younger than I thought; has concentrated on men's T&F over the years and his books are best sellers - but in the past few months he is beginning to see the light and admitted he was now becoming VERY interested in women's competition. Glad to have him on our side; Tanya Ciuciulla - A Russian mother and Italian father, Tanya is a pretty, young girl who is just beginning track. Her most memorable point to me was the fact she poured good whiskey onto watermelon before eating it; Ikuko Yoda - the finalist for Japan in the 1964 Olympic hurdles; now Mrs. Niyamara she presented her very cute son and announced he is already interested in track; Michiko Okamoto - Marriage has turned her into a prettier person. She will probably be back into track next year in time for the Asian Games; Luigi, Elena and Roberto Mengoni - The best of all friends in Europe. Luigi is, of course, Italian, Elena is Rumanian and Roberto is their pride and joy although there is now a new baby sister.

The places visited were almost as interesting as the people: Crystal Palace - Located in (or near) London, this is a fantastic place, a complete athletic facility with fields for every imaginable sport and complete with hostel for housing athletes and coaches; has a tartan track - wind usually blowing the wrong way; an athlete's paradise; Wales - Cardiff, where the Welsh Games were held, is a beautiful little town full of wonderful people and boasting a real castle right in the middle of town. The track is good and interest is always high for these Games although rain kept the crowd size down somewhat this year; Dublin - An unbelievable crowd in the town itself - shopping. Sidewalks and stores are absolutely packed. Santry track is fast, crowds have dropped off in recent years because of television, but are well informed. And of course there is no one like Billy Morton in the whole wide world; Siena, Italy - You have to actually get away from Rome and drive across the Italian "boot" to see the country. Look on a map and find Siena - it's a typical, beautiful Italian town with its walls, castles, churches, traffic, people, food. And an informed (track-wise) public at their meets. The track was a little soft and the wind blew the wrong direction and it rained hard just before the start of the second day of competition, but the performances and times were good; Ascoli Piceno, Italy - A town older than Rome and now the home of Luigi Mengoni which makes any place a beautiful place. The track was soft but the crowd was larger than usual for Ascoli.... Tokyo - My first visit to the Olympic stadium, a beautiful site - but again the wind blew the wrong direction... a good crowd, well informed and appreciative of good performances... Yuzawa, Japan - The site where the Nobel prize winning story "Snow Country" was written - I have never seen a more perfect setting for a track - although the track itself was very poor. Located in the ski country, completely surrounded by high, green mountains, situated near Niigata on the west coast of the island - what can one do for an encore?

Food - I know this is not a food magazine, but there are a couple of goodies I must tell about. Every country and every town has its specialty throughout the world, but here are a couple of my favorite things from this trip: The specialty of Ascoli Piceno is olives. Nice, big, black olives with the seeds removed. Then the olive is stuffed with finely ground pork and chicken. After that it is rolled in some sort of flour and cooked - Holy Toledo, does it ever taste good! Also at Ascoli was a desert called "Thousand Sheets" - hundreds of fine, thin, flaky pastry, each alternating with a tastey chocolate or custard filling. Zounds! Of course in Japan you can have your fill of Kobe steak - if you can afford it. Kobe steak comes from the steers which are chained all their lives,

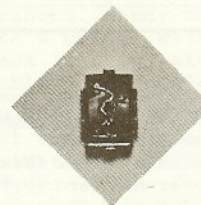
(they don't move about to harden the tissues), are fed beer and milk and are massaged three or four times each day. The meat is expensive - but what a taste! Of course China has so many good (and strange) things to eat it is impossible to describe them all, but just a couple come to mind. The first is barbecued pig or duck, Peking style. I first tasted this in Thailand where they concentrate on small suckling pigs. In Taiwan pigs are a little more scarce so a duck is used. Makes no difference for they both taste marvelous. The animal is cooked by hanging in a huge oven until the skin is actually hard. At first I passed the skin of the pig, but later I learned what I had been missing when I tried a little of it! The entire animal is served on a large tray with the skin cut into small squares - about 3x3. You eat this masterpiece in a sort of cake-like thing resembling the pancake used in crepe suzettes. But first you dip the skin in a delicious paste - dark - made of some kind of flour. Wrap in a few raw onions and chew away. After the skin is eaten, then you go to work on the meat itself - and believe me it is worth a trip to China to taste. Another goodie in China was at the home of General Chien Ta-Chun, just a small private luncheon, but his cook, (whose name I promised to print but cannot find right now - will print the name next issue), had prepared a pork dish that was exceptional. Made of large pieces of pork, about 3x3x5, it had to be carefully chosen by the cook to make certain the layers of lean and fat meat were exactly proportioned. Then it is cooked, slowly, for four or five hours in some secret Chinese sauce - comes out looking like something you wouldn't want to eat - but once again - Holy Toledo. There were other things such as tiny sandwiches containing seven slices of bread with a filling between each slice - and the whole thing only 1 1/2 inches thick! But why go on. Just travel and you'll find something you like!

TRACK JEWELRY



New available, a large selection of jewelry and other functional items custom decorated for your favorite activity. Activity insert is in gold on blue background. Indicate your choice of runner M or F; relay runner M or F; track & field insignia; winged foot; long jumper; dashman; hurdler; javelin thrower.

All items with gold finish, except letter opener, lighter, money clip-knife-file are in silver. Prices: Cuff links \$2.25; tie bar \$1.50; money clip \$1.50; money clip with knife and file \$2.95; belt buckle \$2.25; key chain \$1.50; charm bracelet \$1.95; necklace \$1.95; compact with mirror and powder puff \$3.95; letter opener \$2.50; cigarette lighter \$2.50.



**Pins
by
Swank**

Handsome custom-designed tie tack pins with unique track & field motifs, crafted by Swank, the pacemaker in the men's jewelry field. Wear as a tie tack, lapel pin, on shirt, or sweater, etc. The clutchback lets it be worn anywhere.

Style 77 is the classic discus hurler: gold figure in blue transparent inset, with gold border and housing. A smart, eye-catching pin for the sportsman. 3/8" x 1/2".

Style 30 is a gold winged foot, the traditional trackman's symbol--a truly elegant item. About 1/2" x 1/2".

Both styles are the post-and-clutchback type, and come in attractive showcase boxes.

\$1.75 each 3 for \$4.50

POPULAR TRACK SHOE PINS

Distinctive, colorful jewelry in the style of the Adidas track shoe. Hand-crafted enamel. 1 1/4" long.



Wear as tie tack, lapel pin, on shirt, sweater, sweats, etc. The girls love 'em too! Handy clutch back lets it be worn anywhere. Three colors: white with red trim; white with red and blue; gold with red. \$1.50 each. 3 for \$3.75. The same shoe, mounted on a tie bar (tie clip) \$1.50

SIENA INTERNATIONAL by Natalino Boroni

Siena, Italy, August 2/3:-Nineteen nations participated in the 10th annual "Meeting dell'Amicizia" in picturesque old Italian town of Siena, but it was the one-woman team from the Republic of China, Chi Cheng, that outshone all the rest.

Although the "Flying Formosan" was known to be in great form and good performances were expected from her, the knowledgeable crowd was not prepared for such a performance, a performance claimed by expert Elio Trifari to be the greatest ever by a woman athlete in the history of athletics.

Miss Chi opened her activities on the first day by meeting a strong field in the 100m hurdles, a field which included the French champion and record holder plus the record holders from Italy and Yugoslavia, but it was no contest as the Chinese comet won in a smashing 13.3 by seven meters over the French girl Schoebel who clocked 14.0s.

Returning an hour later for the 100m flat, Chi was called upon to meet Miguelina Cobian, the Cuban veteran considered by all to be the top sprinter in the world this year now that Szewinska is awaiting a baby and not competing. Cobian had been beating all the European sprinters during her long tour of the continent - but again it was no contest. Chi blasted from the blocks and built up a two meter lead by the half way point, then increased the margin to nearly four meters at the finish winning in the world-equalling best for 1969 of 11.3 to 11.6 for the Cuban.

These two returned the second day for competition in Miss Cobian's favorite event, the 200m. The track, still wet from early afternoon rain was not considered fast as the runners lined up with Cobian in lane two and Chi in four. Never has the Italian crowd seen anyone run the turn as did Chi Cheng! Leading by four meters as they hit the straight the Chinese girl simply turned on the power and pulled away to win in her lifetime best of 23.1 as Cobian clocked 23.6s. Cuban coach and famed Olympic sprinter was quoted as saying the run by the Chinese ace would have been 22.5 on a Tartan track. Cobian, in a newspaper interview said Miss Chi was the fastest sprinter she had ever met and would surely win the record.

Best of the other performances was turned in by Soviet ace Nadyezhda Chizhova who won the shot with ease with a throw of 18.55/60'10" and Bulgaria's Yordanka Blagoyeva who defeated a good field in the high jump at 1.75/5'8", while Lia Manoliu won the discus at 56.01/183'9 and the Cuban relay team ran a fine 44.7s.

RESULTS (FIRST DAY): 100mH, 1-Chi Cheng (ROC) 13.3, 2-Jeanne Schoebel (Fra) 14.0, 3-Emina Pilav (Yug) 14.2, 4-Christianne Martietto (Fra) 14.3, 5-Magaly Vettorazzo (Ita) 14.4, 6-Wrozorka (Pol) 14.5; 100m, 1-Chi Cheng 11.3, 2-Miguelina Cobian (Cuba) 11.6, 3-Fulgencia Romay (Cuba) 11.6, 4-Christina Echevarria (Cuba), 5-Mariana Goth (Rum) 11.8, 6-Donata Govini (Ita) 12.0; 100m (B), 1-Violeta Quesada (Cuba) 11.7, 2-Jana Smerdova (Cze) 11.9; HJ, 1-Yordanka Blagoyeva (Bul) 1.75/5'8", 2-Olga Pulic (Yug) 1.68/5'6, 3-Annarosa Bellamoli (Ita) 1.61/5'3", SP, 1-Nadyezhda Chizhova (USSR) 18.55/60'10", 2-Lia Manoliu (Rum) 14.51/47'7", 3-Silvana Forcellini (Ita) 13.58/44'6".

RESULTS (SECOND DAY): 200m, 1-Chi Cheng 23.1, 2-Cobian 23.6, 3-Fulgencia 24.0, 4-Govoni 24.0, 5-Goth 24.0; 200 (B), 1-Quesada 24.0, 2-Smerdova 24.7, 3-Echevarria 24.8; DT, 1-Manoliu 56.01/183'9, 2-Carmen Romero (Cuba) 49.80/163'4, 3-Chizhova 47.48/155'9; LJ, 1-Gorzal (Cuba) 6.04/19'9", 2-Ryszaarda Warzocha (Pol) 6.01/19'8", 3-Blagoyeva 5.74/18'10; 800m, 1-Zofia Kolakowska (Pol) 2:09.4, 2-Angella Romello (Ita) 2:11.0, 3-Aurelia Penton (Cuba) 2:11.7; 4x100, 1-Cuba (Garbey-Echevarria-Romay-Cobian) 44.7, 2-International Team (Quesada, Cuba-Smerdova, Czechoslovakia-Pilav, Yugoslavia-Goth, Rumania) 46.0, 3-Italy 46.5s.

(Ed. note: The three performances by Chi Cheng, 11.3-23.1-13.3, score 3377 points on the IAAF tables. Andrew Huxtable, statistician supreme del mundo, will soon let us know if this is or is not the best women's record for three events in a single competition.)

Too much distance work invariably means too little speed. The repetition distance should always be a fraction of the whole.

Stamina can not take the place of speed, but developed to a high degree, it enables a runner to hold his top speed a little longer.

KALEIDOSCOPE

Mary Sonner, 14, of England, set a new world age record for the 800m at 2:12.4 recently....Miroslava Rezkova, the Czech girl who surprised all by winning the 1968 Olympic title, became history's ninth female six-footer when she cleared 6'0 1/2 the day before her 19th birthday. She is also the shortest six foot jumper, standing just 5'6 1/2....Well, they've done it - it's now Mr. and Mrs. Jeff Johnson (Francie Kraker). Congratulations....Kathy Dosch, young distance runner from the Santa Monica AA, has been turning in some fine marks including a 5:09.2 one mile....The coach of England's Barbara Inkpen predicts she will be jumping over 6'4 for the 1972 Olympics....Irena Szewinska will miss the rest of the 1969 season as she is expecting a baby....

Who's your choice for most improved US athlete this year? Nancy Shafer, Pam Greene, Francie Larriue, Debbie Roth? Or do you have another nomination....Cypress beat Lebanon 63-33 in a dual meet in Beirut....East Germany has come up with another potential star as a 17 year old miss named Peikert, who was not ranked in their top 10 for 1968, scored 4819 in a pentathlon at Sofia....Africa star is now Alice Annum of Ghana who won four events in the recent Ghana vs Nigeria match (100, 220, 440 and LJ). She leads the Africa list, (countries eligible for the African Games) with 10.8 at 100, 11.9 at 100m, 25.0 at 220, 57.4 at 440 and 19'6 1/4 for the LJ

The Boulder Valley Invitational Cross Country Meet will be held at Broomfield, Colorado, on October 12. Contact Lyle Knudson, Broomfield HS, if interested....A note from Jack Griffin, technical advisor for the International Cross Country Meet to be held in Frederick, Maryland, next March 21, indicates plans are well under way for the "finest meet ever staged on an international level involving women. Since it is the first time ever in America you can be sure we will move heaven and earth to make it so". And knowing Jack, I'll bet it will be the best....Dick DeSchriver, track coach at East Stroudsburg State College, Pennsylvania, has a new star - it's his daughter Mary who won both the 50 and 440 dashes in the 9/under division recently in Nazareth....Debbie Johnson of the Rialto Road Runners, just 12 years old and training for about four months has run under 5:30 for the mile on three different occasions, her best being 5:22.2....The "Cinderettes" of Ft. Worth, Texas, are looking for competition. Contact Irvin Trantham, 5000 Marks Place, Ft. Worth..

CLUB RECORD CONTEST

The informal contest conducted on these pages over the past few months to determine which club in the US has the best set of records was a decided success. Recently we received the records for the two top clubs in England who wanted to be ranked with the American clubs for comparison, (the top club, the London Olympiads, fell 10 points short of Crown Cities), and we have invited other foreign clubs to send their records also.

For the Annual issue, the January 1970 issue, we want to print the revised standings and will, effective immediately, discard the 80m hurdles records and replace this event with the 100m hurdles now that a year has passed of official 100m distance. So please send WTFW your club record for the 100m hurdles plus any other new records. We will revise the scores and now that we have a permanent record book, we will keep everything up to date in this interesting contest.

Don't forget - send your club record for 100mH to WTFW.

It is wise to have all practice periods end with some speed work.

MALAYSIAN CHAMPIONSHIPS by Gurbaksh Singh Kler

The annual Malaysian Championships were held at Penang Stadium on August 6-8 and included guest athletes from nearby nations.

RESULTS: 100m/200m, Fadzillah Ahmad 12/7/26.3; 400, Charangkoo (Thailand) 59.8; 800, Florence Soon 2:29.7; 1500, Lee Nyuk Moi 5:29.0; 100mH, P. Sacithri 16.0; 200mH, Choong Soo Luan 32.6; 4x100, Selanger State 50.9; 4x400, Sabah State 4:20.1; HJ, Chai Eng Moi 4'11 1/2; LJ, Maria Yusof 17'0; SP, Dolly Williams (Hong Kong) 36'3/4; DT, Kitipongpitaya (Thailand) 110'0; JT, Yap Hei Lin 113'5; Pentathlon, Sacathri 3435 (16.5-30'04"-4'8 1/4"-14'4"-28.0).



Great Britain vs. USA. Start of the 100m dash. From left to right Valerie Peat (GB) 2nd in 11.8, Mildrette Netter (USA) third in 11.8, Anita Neil (GB) fourth in 11.9 and Iris Davis (USA) the winner in 11.6s. The British scored a big upset by winning the match 67-66. (Photo by Robert Kasper, Jr.)

US LOOKS POOR TO LONDONERS by Pete Pozzoli

London, England, August 12/13:—How American women overcame the might of the Soviet Union and the British Commonwealth a month ago is something no one here can figure - the performances of the Stars and Stripes squad in this two day match was unbelievably mediocre.

Ferrell was a woeful disappointment to Britishers, used as they are to expecting only superclass performances from American sprinters. Mamie Rallins was outclassed by Christine Perera - herself a third-rater whose limitations and lack of class were shown up by Chi Cheng and two Polish girls earlier in the year. Two high jumpers who failed to get beyond 5'1 in an international match was something not seen in Britain since about 1930 - how Waters and Simpson were credited with 5'7 and 5'6 in the AAU Championships remains a mystery. Most incredible of all we saw something never before witnessed on the T&F stadiums of Europe - a 4x400 relay runner who ran her entire leg on the outer lane! Gwen Norman was the culprit - but surely the American coach should have ensured his competitors at least knew the rules if nothing else.

Following the earlier defeat by West Germany one hopes the Americans now realise international matches are of the highest importance in Europe and national prestige is very much at stake. Unless they can come over with their best athletes it would be better not to come at all. There were quite a few aces missing, but Manning, (whose non appearance in London greatly annoyed the British) would have given the Americans a match victory, and Montgomery's talents would have also ensured a safe victory against the Germans.

Top marks to Doris Brown, who predictably shattered limey Rita Ridley, and Kathy Hammond who showed in both relay and individual race that much-touted Lillian Board is no-class when it comes to the real world cream. This pair won glory for the USA but apart from a sub-standard win in the javelin by Barbara Friedrich, the rest left a poor image of the "might" of American track and field.

RESULTS, FIRST DAY: 200m, 1-Val Peat (GB) 23.9, 2-Pam Greene (USA) 24.1, 3-Barbara Ferrell (USA) 24.1, 4-Marilyn Neufville (GB) 24.8; 1500m, 1-Doris Brown (USA) 4:18.6, 2-Rita Ridley (GB) 4:20.2, 3-Francis Larrieu (USA) 4:23.9, 4-Thelwyn Bateman (GB) 4:36.9; 100mH, 1-Christine Perera (GB) 13.9, 2-Mamie Rallins (USA) 14.0, 3-Susan Hayward (GB) 14.0, 4-Cheryl Rogers (USA) 14.3; HJ, 1-Barbara Inkpen (GB) 5'9½, 2-Dorothy Shirley (GB) 5'5, 3-Diane Waters (USA) 5'1, 4-Brenda Simpson (USA) 5'1; DT, 1-Rosemary Payne (GB) 169'11, 2-Ranee Kletchka (USA) 162'0, 3-Brenda Bedford (GB) 150'5, 4-Nancy Norberg (USA) 146'7; 4x400m, 1-Great Britain (Barbara Lyall 56.0, Pat Lowe 54.6, Janet Simpson 53.4, Lillian Board 52.5) 3:36.5, 2-USA (Stroy 54.3, Norman 56.0, Shafer 53.5, Hammond 52.0) 3:36.6s. First day score, GB 37, USA 25.

RESULTS, SECOND DAY: 100m, 1-Iris Davis (USA) 11.6, 2-Val Peat (GB) 11.8, 3-Mildrette Netter (USA) 11.8, 4-Anita Neil 11.9; 400m, 1-Kathy Hammond (USA) 53.1, 2-Lillian Board (GB) 53.7, 3-Esther Stroy 54.1, 4-Janet Simpson (GB) 54.1; 800m, 1-Pat Lowe (GB) 2:05.2, 2-Joan Page (GB) 2:06.1, 3-Nancy Shafer (USA) 2:06.1, 4-Cheryl Toussaint (USA) 2:08.5; LJ, 1-Willye White (USA) 20'9¾, 2-Moira Walls (GB) 20'7¼, 3-Sheila Sherwood (GB) 20'7, 4-Martha Watson (USA) 19'8¾; SP, 1-Brenda Bedford (GB) 50'2, 2-Lynn Graham (USA) 48'5, 3-Maren Seidler (USA) 47'2½, 4-Janis Quick (GB) 41'0; JT, 1-Barbara Friedrich (USA) 172'3, 2-Sherry Calvert (USA) 170'1, 3-Sue Platt (GB) 166'2, 4-Averil Williams (GB) 152'7; 4x100m, 1-USA (Netter-Davis-Greene-Ferrell) 44.8, GB, disq. Final score: Great Britain 67, USA 66.



Two former world record holders in the 1930's who are still active in track in the Bay area of California. On the left is Roxy (Atkins) Anderson, 80mH record holder & now coach of the Laurel TC. The handsome gentleman is my ~~six~~ former opponent, 120mH record holder Tom Moore.

CHI WINS IN JAPAN by Niko Yasuda

Tokyo, Japan, August 19:—Asian track fans, more than 30000 of them, got a look at their greatest-ever woman athlete as the Republic of China's Chi Cheng wowed the spectators at the Olympic stadium. Chi, running into a strong wind, won the 100m in 11.4 and the 100m hurdles in 13.6 - far ahead of second place efforts of 12.5 and 14.6 by the Japanese girls.

NEW ASIAN 400 RECORD BY CHI CHENG

Yuzawa, Japan, August 24:—Running her first ever, (and she says her "last") 400 meters, Chi Cheng set a new Chinese record of 54.6 at this mountain resort today. For those who do not recognise North Korea's Sin Kim Dan as a woman, (and nearly all of Asia is in this class), the mark is also a new Asian record breaking the old mark of 56.3 held by Malaysia's Mailvaganam Rajamani and Israel's Hanah Shezifi. The old Chinese record was 60.0 by Tien A-mei. Second place today was 62.2 as Chi ran a perfectly paced race in 26.0-28.4s.



LETTERS

Dear Mr. Reel,

I am enclosing a medal which I received in the 1968 National Championships which were held in Aurora, Colorado.

My reason for returning this medal is because I entered a qualifying time which I had not yet run, and did not run before the Nationals. My coach and I sent in this time with the hope and confidence that I could run the required time before the meet. I never did this, however. Since that time I have changed a great deal. I have become a "real" Christian, and my only great goal in life is to serve and honor God.

I did not know to whom I should return this (medal), but I feel that you are in a position to do this for me. I would appreciate it so much. Also I would like to apologize for being dishonest.

You and others may not understand my reason for doing this....but please take whatever action you feel necessary."

Name with-held

(Dear Honest Athlete: Your medal is on its way to the National AAU Chairman along with your letter. I may be over-sentimental, but I had tears in my eyes when I finished reading your letter. As you realize, of course, the time to be honest is BEFORE the wrong actions are made. From your words I know this will be your policy from this day on. Let us hope and pray it becomes the policy of all those associated with our sport, our country and our world. SFVR)

"Why knock the midwest, (August issue, "The Good, The Bad and The Ugly")...So we had rain! Big deal! If you don't watch out we'll cut off your supply of automobiles and corn. (I think you can make out on your own concerning the latter, though).

I guess we have to agree with you. The weather here is unpredictable as @c%%&! Still, when one decides to leave an area in favor of another area, one has to decide whether that is a loss or a gain for said area.

If you were upset over newspaper coverage and physical problems connected with the meet, (as many of us were), then couple these with the climate and an insight may be gained as to the difficulties that confront many athletes and coaches involved with this sport in this area.

Academy awards are in order for:

1. The Title: "The Good, The Bad and The Ugly"...melodrama all the way!
2. Picking the right winners: this may be important, I don't know!
3. The "how could" section under "US International Teams". While your intentions and motives may have been well founded or intended, inflections which may not have been intended will certainly arise. It really doesn't help to barb the athlete! They really had no control over said situations.

Sincerely,
Bruce Shelley

P.S. For what it is worth: I do like the magazine (even if not all the time).

Four of the top stars of Europe. Left to right Wilma van den Berg (Holland) 11.4 and 23.1 this year; Sylviane Telliez (France) 11.3, 23.3 and 53.7; Tereza Nowak (Poland) 13.3 for the 100m hurdles, and East Germany's Karin Balzer the new record holder in the hurdles at 12.9s. (Muller)

Atta Boy, Vince:

Sock it to 'em! How did those girls get picked on the International team? A fifth placer was chosen? Two others selected who didn't even compete in the events for which they were selected. And TWO shot putters on a limited 10 person squad - if there's one event in which the US isn't exactly considered a world power, it's the shot - and by the way, who will be doing the high jumping for the US in that meet in Japan? I suppose they'll stick poor Jan Glotzer in there although she made the squad in the hurdles. I will be interested in any official answers you may receive from the all-powerful committees.

James McCutcheon
Mobile, Alabama

Dear Jim: No answers yet.

"On page 16 of your July issue you stated the Long Beach Comets won the 12/13 division championship of the SPAAAU district meet held on June 8. PLEASE! We, Lakewood Spartans, worked too hard for that championship!! Then we went on to win the State Championships and then the San Jose Nationals. Please correct."

Terry Heckman
Lakewood Spartans

Dear Terry and Lakewood Spartans:

I will have to take your word for it. You see, the person in charge of publicity for the SPAAAU has still never sent me the results of this championship meet. What did get in the magazine was dug out from announced results and impromptu figures on the backs of envelopes in my pocket. I hope you won, but I don't know. -SFVR-

WTFW:

I was surprised to read that some effort had been made to disqualify individuals from competing in the Nationals simply because they did not make their qualifying marks in AAU sanctioned competition. In the first place, this was not a stipulation on the entry blanks and secondly if this was the case it would rule out the entire state of Iowa, most of the Texas athletes and many of our own Oregon girls as their qualifying performances were made almost entirely in high school dual and championship competition which had no connection with the AAU. Let us hope this is made clear for 1970.

Sincerely,
Edith Warwick
Portland, Oregon

WORLD REPORT by Elio Trifari assisted by Luigi Mengoni

Marks are those up to 1 September....all listings are done by Trifari and Mengoni and are not edited or adjusted by WTFW.

100 Meters

Irena Kirszenstein-Szewinska is waiting for a baby and went out of competition in mid-July, but it is still highly likely that Irena will be at the top of the list for the 100 and 200 at the end of the season with her marks of 11.3 and 23.0.....Republic of China's Chi Cheng had a scintillating series of performances during her European tour including a legal 10.3 for 100y in Ireland to equal the world record, 11.3 and 11.4 for 100m, 23.4 and 23.1 for 200m and was undefeated.

1-Jennifer Lamy (Aus) 49	11.3	(1) Sydney	18/1
Petra Vogt (EG) 51	11.3	(1) Halle	11/6
Karin Balzer (EG) 38	11.3	(2) Halle	11/6
Irena Szewinska (Pol) 46	11.3	(1) Warsaw	19/6
Sylviane Telliez (Fra) 42	11.3	sf(1) Paris	18/7
Iris Davis (USA) 50	11.3	(1) Stuttgart	31/7
Barbara Ferrell (USA) 47	11.3	(2) Stuttgart	31/7
Chi Cheng (ROC) 44	11.3	(1) Siena	2/8
9-Kaye Thomas (Aus) 48	11.4	(2) Sydney	18/1
Fulgencia Romay (Cuba) 44	11.4	h(1) Havana	25/5
Wilma vd Berg (Hol) 47	11.4	(2) Milan	2/7
Miguelina Cobian (Cuba) 41	11.4	(1) Walthrop	19/7
Regina Hofer (EG) 47	11.4	(2) Berlin	7/8
Baerbel Podeswa (EG) 46	11.4	(4) Berlin	7/8

Also: 11.5 Hoffman (Aus), Echevarria (Cuba), Gleskova (Cze), Sarna (Pol), Neil (GB), Mikhailova (SU), Haehnle (WG), Mitrokhina (SU). Noteworthy 100y times: 10.3 Chi Cheng (ROC) world record tied; 10.4 Ferrell (US), 10.5 Netter (US); 10.6 Davis (US), Render (US), Berto (Can), J. Brown (US), Nichols (US).

200 Meters

22 year old Wilma van den Berg, Netherlands, one of the stars of Fanny Blankers-Koen team, seems to be favored to win the gold medal at the European Championships now that Szewinska is out and give Holland the gold medal Gommers will probably lose to Pigni....Petra Vogt won the East German title in an amazine 23.3, but no one knows her real ability for she lost to Hungarian blonde Gyorgyi Balogh in Budapest in one of her rare meets outside the GDR....Newcomer Nadyezhda Byesfamilnaya, only 18, is the new Soviet champion (23.7 at Kiev). She had a best in 1968 of 24.1....Chi Cheng demolished Cobian in Siena by more than six meters on a track made soft by rain in 23.1....Pam Greene, a 15 year old from Denver, reduced her best from 25.6 to 23.5 in one season and beat Barbara Ferrell at White City.

1-Irena Szewinska (Pol) 46	23.0	(1) Zurich	4/7
2-Jennifer Lamy (Aus) 49	23.1	(1) Brisbane	16/3
Wilma vd Berg (Hol) 47	23.1	(2) Zurich	4/7
Chi Cheng (ROC) 44	23.1	(1) Siena	3/8
5-Miguelina Cobian (Cuba) 47	23.2	(3) Zurich	4/7
6-Sylviane Telliez (Fra) 42	23.3	(4) Zurich	4/7
Barbara Ferrell (USA) 47	23.3	(1) Stuttgart	30/7
Petra Vogt (EG) 51	23.3	(1) Berlin	2/8
9-Raelene Boyle (Aus) 51	23.4	(1) Brisbane	15/3
Colette Besson (Fra) 46	23.4	(5) Zurich	4/7
11-Penny Haworth (NZ) 47	23.5*	(1) Wellington	22/2
Pam Greene (USA) 54	23.5	(3) Stuttgart	30/7
13-Kathy Hammond (USA) 51	23.6*	(2) Sacramento	21/6
14-Marion Hoffman (Aus) 50	23.7	(2) Brisbane	15/3
Elsie Hadrup (Den)	23.7	(1) Zurich	4/7
Christa Czekay (WG) 44	23.7	(6) Zurich	4/7
Dorothy Hyman (GB) 41	23.7	(1) Blackburn	9/7
Nadyezhda Byesfamilnaya (SU)	23.7	(1) Kiev	21/8
Lyudmila Golomazova (SU) 47	23.7	(2) Kiev	21/8
Mariana Gath (Rum) 50	23.7	(1) Bucharest	16/8
Rita Jahn (WG) 47	23.7	(1) Stuttgart	29/8

400 Meters

Nicole Duclos, born in Salavert, France, is the new star of the one lap event. The French specialist, who is 22, beat Colette Besson twice - at the national championships in Paris (both clocking 52.8) and then in Stuttgart where she equalled the European best in 52.0 flat. Also Kathy Hammond beat Colette on that occasion in 52.3 a US record, and then ran a 52.1 in Warsaw. Kathy, who highly impressed the experts in Europe, lost only to Duclos at Stuttgart. She beat Lillian Board in the US-GB dual meet and then anchored the

US mile relay team with a never-before-recorded 51.6 in a desperate effort to catch Board after a discouraging leg by Gwen Norman (about 59.0!)....Board also defeated Besson three days later (53.7 to 54.1) during a fual meet GB vs. France at Middlesbrough.

1-Nicole Duclos (Fra) 47	52.0	(1) Stuttgart	31/7
2-Kathy Hammond (USA) 51	52.1	(1) Warsaw	29/8
3-Colette Besson (Fra) 46	52.7	(3) Stuttgart	31/7
4-Cheryl Peasley (Aus) 51	53.4	(1) Sydney	15/2
5-Ileana Silai (Rum) 41	53.6	(1) Bucharest	17/8
6-Sylviane Telliez (Fra) 42	53.7	(2) Sochaux	31/5
Esther Stroy (USA) 53	53.7	(4) Stuttgart	31/7
Lillian Board (GB) 48	53.7	(2) White City	13/8
9-Joyce Bennett (Aus) 45	53.9	(1)	
Taisya Kovalyevskaya (SU) 40	53.9	(1) Chorzow	12/7
Christa Czekay (WG) 44	53.9	h(1) London	18/7
12-Annatje Botha (S.Afr) 47	54.0	(1) Stellenbch	24/3
Hannelore Middecke (EG) 43	54.0	(1) Berlin	1/8
14-Eliane Jacq (Fra) 48	54.1	(3) Paris	12/6
Anna Dundare (SU) 47	54.1	(2) Chorzow	12/7
Karin Lundgren (Swe) 44	54.1	(2) Goeteborg	26/8
17-Tilly vd Made (Hol) 38	54.2	(1) Groningen	24/5
Janet Simpson (GB) 44	54.2	(2) Brno	5/7
Ingelore Lohse (EG) 45	54.2	(2) Berlin	1/8
Carmen Truste (Cuba)	54.2	(1) Bucharest	27/7

800 Meters

European indoor champion Barbara Wieck, EG, came back into action at mid-season and immediately established a challenge to Ileana Silai, the number one favorite for the European title at Athens with a 2:03.3 race at her national championships. However, before this fast time she was beaten by Silai by two seconds in Budapest....Another Silai challenger, Pat Lowe of GB, was defeated by veteran Maryvonne Dupureur of France in a tactical race in mid-August.....Vera Nikolic confirmed her nervous instability with her "strange" Stuttgart race when she finished walking in 2:18.0. Therefore Ileana, who suffered her only defeat in Stuttgart against world number one Madeline Manning, should have as her strongest adversaries in Athens Ilja Keizer (Holland) and surprising newcomer Annemarie Nenzell (Sweden). The latter is a 20 year old who defeated Nikolic in Sweden and lowered her 1968 best of 2:07.4 to a fine 2:04.1, a northern Europe best.

1-Madeline Manning (USA) 48	2:01.3	(1) Stuttgart	30/7
2-Ileana Silai (Rum) 41	2:03.2	(1) Frechen	22/6
3-Pat Lowe (GB) 43	2:03.3	(1) London	19/7
Barbara Wieck (EG) 51	2:03.3	(1) Berlin	3/8
5-Mia Gommers (Hol) 39	2:03.4	(1) Uden	13/7
6-Ilja Keizer (Hol) 44	2:03.5	(2) London	19/7
7-Vera Nikolic (Yug) 48	2:03.6	(1) Zagreb	22/6
8-Gertud Schmist (EG) 42	2:03.9	(2) Berlin	3/8
9-Annemarie Nenzell (Swe) 49	2:04.1	(2) Uden	13/7
10-Nancy Schafer (USA) 51	2:04.5	(2) Warsaw	29/8
11-Lillian Board (GB) 48	2:04.8	(1) Reading	11/6
12-Maryvonne Dupureur (Fra) 37	2:04.9	(2) Stockholm	3/8
13-Rosemary Stirling (GB) 47	2:05.1	(2) Reading	11/6
14-Beatrice Marais (S.Afr) 48	2:05.3	(4) London	19/7
15-Anita Rottmueller (EG) 42	2:05.4	(1) Augsburg	5/8
16-Joan Page (GB) 47	2:05.5	(5) London	19/7
Doris Brown (USA) 42	2:05.5	(1) Oslo	21/8
18-Paola Pigni (Ita) 45	2:05.6	(1) Milan	1/5
19-Tamara Voytyenko (SU) 45	2:06.0	(1) Moscow	30/5
Alla Kolyesnikova (SU) 41	2:06.0	(2) Los Angeles	18/7
Gunhild Hoffmeister (EG) 44	2:06.0	(3) Berlin	3/8
Jaroslava Jehlickova (Cz) 42	2:06.0	(1) Prague	23/8

1500 Meters

Teenager Francie Larrieu highlighted the season with a splendid "escalation". After a "to-the-last-inch-battle" against Vicki Foltz at Dayton that gave to Francie the selection for the European tour, the US newcomer went under the 4:30 mark in Los Angeles during the match vs. USSR and Commonwealth. Then she made her masterwork in Stuttgart where she followed Pigni and Gommers until she could and then went home ahead of Doris Brown with the world's fifth seasonal best. In the dual meet vs West Germany Francie won her first international event.....Paola Pigni failed to improve her own world record in Stuttgart by only eight-tenths, but Mia Gommers was closer to Pigni than when they last met in Milan although she was well beaten by the Italian girl. The third clash between Paola and Gommers will happen in Athens and it should be a

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WORLD REPORT (Continued)

new world record.....Top performances and average level were both highly improved in one season and one can look forward soon for times in the 4:08-4:10 range.

1-Paola Pigni (Ita) 45	4:12.4wr	(1) Milan	2/7
2-Mia Gommers (Hol) 39	4:13.5	(2) Stuttgart	31/7
3-Regina Kleinau (EG) 45	4:16.0	(1) Berlin	18/6
Lyudmila Bragina (SU) 43	4:16.0	(1) Los Angeles	19/7
5-Doris Brown (USA) 42	4:16.8	(2) Los Angeles	19/7
Francie Larrieu (USA) 53	4:16.8	(3) Stuttgart	31/7
7-Gunhild Hoffmeister (EG) 44	4:18.0	(1) Berlin	1/8
Alla Kolyesnikova (SU) 41	4:18.2	(2) Moscow	29/5
9-Jaroslava Jehlockova (Cz) 42	4:20.1	(1) Brno	6/7
10-Rita Ridley (GB) 46	4:20.2	(2) London	12/8
11-Larisa Safronova (SU) 48	4:20.4	(3) Kiev	18/8
12-Galina Sobol'yova (SU) 42	4:22.1	(3) Moscow	29/5
13-Annemarie Nenzell (Swe) 49	4:22.2	(1) Sollentuna	17/8
14-Anneloes Bosman (Hol) 47	4:22.7	(2) Bergamo	22/6
15-Gerda Kloepfer (WG) 41	4:22.9	(1) Duesseldorf	16/8
Raisa Diyastinova (SU) 41	4:22.9	(5) Kiev	18/8
17-Olja Keizer (Hol) 44	4:23.2	(1) Dublin	9/8
18-Milde Kade (SU) 44	4:23.9	(2) Moscow	/8
19-Irina Yefimova (SU)	4:24.3	(3) Moscow	11/6
20-Maria Strickling (WG) 41	4:24.4	(2) Duesseldrf	18/6

Mile Run

And now, especially for Larry Berman, Cambridge, Mass, the world list for the mile. Incidentally, I agree with Mr. Berman about the fact that it is not possible to determine a unique differential for the 1500/mile, (it ranges from 18 to 22 seconds depending on the speed of the performer), therefore I am listing the events separately:

1-Mia Gommers (Hol)	4:36.8wr
2-Paola Pigni (Italy)	4:41.2
3-Rita Ridley (GB)	4:46.0
4-Doris Brown (USA)	4:48.7
5-Thelwyn Bateman (GB)	4:49.1
6-Marrie Herron (GB)	4:51.3
Vicki Foltz (USA)	4:51.3
8-Jane Perry (GB)	4:52.0
9-Privrelova-Ovadkova (Cze)	4:52.9
10-Gillian Tivey (GB)	4:53.9
11-Margaret Beacham (GB)	4:54.5

Also Robinson on New Zealand has a 4:50.2 mark but the race was paced.

TRACK TOURS

1972 OLYMPIC GAMES

It is not too early to plan for the 1972 Olympics in Munich, Germany. Join the many fans who have already signed up with us for this great sports spectacle, and see the Games under experienced tour direction (Olympic Tours since 1952) and together with a terrific group of congenial, like-minded track fans. Games dates are August 26 to September 10, 1972. Tours include round-trip air transportation from your home airport, lodging, excellent track tickets every day, opportunity to buy tickets to other sports, wide choice of European travel and sightseeing (if desired), big meet-the-athletes celebrity party, & much more. A \$50 per person deposit will reserve your spot now.

COMMONWEALTH GAMES

The great quadrennial British Commonwealth championships will be held in Edinburgh, Scotland in 1970-- and we'll be there with another great tour group. See this fine meet, then proceed with your own itinerary, which we will fully arrange for you: Great Britain, continental Europe, etc.

100 Meter Hurdles

Karin Balzer's 13.0 is one of the main sources of discussion these days, (now she has run 12.9) - there is talk of rolling starts, fast timers - but the reigning continental champion has also run another 13.0 (windy - more than a 13 mph aiding wind), a 13.1, a 13.2 (windy) in Poland, three 13.3 (one windy) in Hungary and Poland and three 13.4 races (one windy), and nobody, I think, can discuss that series of clockings. It is true, however, that the speedy eastern European hurdlers and sprinters fail to approach their fast marks once they leave the confines of their part of the world, (i.e. Sukniewicz with a 13.3 could do no better than 14.0 and 14.1 at the WAA Championships in England while on the reverse side England's Perrera and Hayward who ran 14.3 and 14.4 at the WAA meet crossed the channel and suddenly both ran 13.7!)....Perhaps East Germany's second string, 23 year old Baerbel Weidlich-Podeswa, who has lowered her best from 14.1 to 13.3 (now 13.2!) can give more arguments to discussion. But you must remember that Baerbel clocked a 13.8 (windy) in May before clocking 13.4 (windy), another windy run of 13.3 and another windy 13.2 at the national championships. However, we will see Baerbel in Athens along with Balzer. Regardless of what one may think of the legality or non-legality of Balzer's marks she is certainly a person to look up to and an inspiration for the young athletes for at age 31 she is running faster than ever! But what a shame we cannot see a race between the three undefeated hurdlers Balzer, Chi Cheng and Kilborn (listed in alphabetical order)....A list based on the five best performances average (legal clockings only) shows the following: Balzer 13.22, Chi 13.40, Nowak 13.44, Kilborn and Sukniewicz 13.53e.

1-Karin Balzer (EG) 38	13.0wr	(1) Leipzig	27/7
2-Pam Kilborn (Aus) 39	13.3	h(1) Brisbane	13/3
Tereza Sukniewicz (Pol) 48	13.3	h(1) Warsaw	20/6
Chi Cheng (ROC) 44	13.3	(1) Siena	2/8
Baerbel Podeswa (EG) 46	13.3	(2) Leipzig	27/7
Tereza Nowak (Pol) 42	13.3	h(1) Warsaw	29/8
7-Meta Antenen (Swi) 49	13.4	(1) Zurich	29/6
Lia Khitrina (SU) 41	13.4	sf(1) Kiev	20/8
Mamie Rallins (USA) 41	13.4	h(1) Warsaw	29/8
10-Maureen Caird (Aus) 51	13.5	(1) Sydney	7/1
Heide Rosendahl (WG)	13.5	(1) Leverkusen	8/6
Margit Bach (WG) 51	13.5	(1) Leverkusen	23/7
Regina Hoefel (EG) 47	13.5	(3) Leipzig	27/7
Valeria Bufanu (Rum) 46	13.5	h(1) Bucharest	17/8
15-Penny McCallum (Aus) 51	13.6	(2) Sydney	16/8
Marlene Canguio (Fra)	13.6	(1) Paris	18/7
Eva Kucmanova (Cze) 45	13.6	(1) Povazka	20/7
18-Diana Pease (Aus) 45	13.7	h(1) Sydney	8/2
Svyetlana Nyesterenko (SU)	13.7	(1) Moscow	12/6
Milena Piackova (Cze) 49	13.7	(1) Prague	2/7
Luge Koeppen (EG)	13.7	h(3) Berlin	2/8
Liese Prokop (Austria) 41	13.7	(2) Suedstadt	9/8

200 Meter Hurdles

Most good hurdlers run this race only when necessary - for the hurdles are spaced so closely together it is impossible for a good athlete to really "run" - the hurdles are too far apart for seven steps and too close together for nine steps. Even so, there has been much added interest in this event in 1969 with more nations running the event. In spite of only a few tries at the distance Chi Cheng stands head and shoulders above the rest of the world and if forced by some competition could bring the record into the low 25's or even into the 24 second range.

1-Chi Cheng (ROC)	26.2wr
2-Pam Kilborn (Aus)	26.6
3-Mitrokhina (SU)	26.9
Nikiforova (SU)	26.9
5-Jakob (WG)	27.0
Stratyus (SU)	27.0
7-Maureen Caird (Aus)	27.1
Pat Hawkins (USA)	27.1
9-Mamie Rallins (USA)	27.2
10-Bufanu (Rum)	27.3
11-Roza Babich (SU)	27.4
Koshnicharska (Bul)	27.4
Krumpholz (EG)	27.4
14-Janene Jaten (USA)	27.5
van Beek (Hol)	27.5
Popkopayeva (SU)	27.5

WORLD REPORT (Continued)

High Jump

Rita Schmidt came back to the top by clearing 1.86/6'1¼ during the Leipzig "Sportfest" organized for the celebration of the 20th year of GDR independence. But Rita has seemed very inconsistent this season, the Gunter Lein pupil has competed in nine meets, winning five but losing to Schulze, Lazaryeva, Mrazcova, Valentova and Gusenbauer - all possible winners at Athens. When you add Blafoyeva, Rezkova and Bryntseva you can understand how difficult it is to try and predict the next European champion. The favorite must be Ilona Gusenbauer, formerly Majdan, from Austria who has been over six feet three times, along with the young Olympic champion from Czechoslovakia, Miloslava Rezkova who started the season slowly due to an injury but is now over the six foot mark and, of course, Rita Schmidt, who is, after all, the best technician....the high level of this event is truly amazing! 20th place on the list is 1.76/5'9¼ - and 40th is 1.73/5'8¼....no less than 50 European girls bettered the qualifying standard of 1.73/5'8¼ for the continental championships.

1-Rita Schmidt (EG) 50	1.86/6' 1¼	(1) Leipzig	27/7
2-Ilona Gusenbauer (Aust) 47	1.84/6' 0½	(1) Sofia	1/6
Miloslava Rezkova (Cze) 50	1.84/6' 0½	(1) Povazka	20/7
4-Yordanka Blagoyeva (Bul) 47	1.83/6' 0	(1) Athens	15/6
Maria Mrazcova (Cze) 45	1.83/6' 0	(2) Athens	15/6
Tonya Lazaryova (SU) 41	1.83/6' 0	(1) Berlin	18/6
7-Karin Schulze (EG) 44	1.82/5'11¼	(1) Warsaw	29/8
8-Nina Bryntseva (SU) 50	1.80/5'10¼	(1) Baku	14/5
Ghislaine Barnay (Fra) 45	1.80/5'10¼	(1) Paris	11/6
Eleanor Montgomery (US) 45	1.80/5'11	(1) Dayton	6/7
11-Linda Hedmark (Swe) 46	1.79/5'10½	(1) Skelleftea	17/6
Jaroslava Valentova (Cze) 1	1.79/5'10½	(2) Prague	2/7
13-Barbara Inkpen (GB) 49	1.78/5'10	(1) London	7/6
Gabriele Thiele (EG) 48	1.78/5'10	(1) Weimar	15/6
Snezana Hrepevnik (Yug) 48	1.78/5'10	(1) Budapest	15/6
Danuta Berezowska (Pol) 48	1.78/5'10	(1)	/7
17-Beatrix Rechner (Swi) 50	1.77/5' 9¼	(1) Meran	25/5
Valentina Kozyr (SU) 50	1.77/5' 9¼	(1) Los Angeles	18/7
19-Virginia Bonci (Rum) 49	1.76/5' 9¼	(1) Ploiesti	11/5
Milada Karbanova (Cze) 48	1.76/5' 9¼	(1) Plzen	24/5
Maria Zielinska (Pol) 41	1.76/5' 9¼	(4) Sofia	1/6
Rosemarie Witschas (EG) 52	1.76/5' 9¼	(1) Berlin	19/6

Long Jump

USSR long jump was for many years dominated by Shchelkanova, who narrowly failed to approach 23 feet (although wind-aided) before that Budapest sex affair. Then came Tatyana Talyshcheva who gained the bronze medal in Mexico and is now fading. Now after the top jumpers Kroyter and Bychkova there are many promising youngsters who highlighted the Leningrad Junior Championships. Their names were completely unknown before the meet, but the under-18 year olds - Igoshina, Morvanyuk and Korovyagina are all able to jump well over 20 feet as they all just did in Leningrad....Another good prospect is 16 year old Jarmila Nyfrinova, a Czech who has already jumped 20'5¼.

1-Heide Rosendahl (WG) 47	6.64/21' 9½	(1) Leverkusen	8/6
2-Irena Szewinska (Pol) 46	6.56/21' 6¼	(1) Warsaw	20/6
3-Meta Antenen (Swi) 49	6.49/21' 3½	(p) Liestal	6/7
4-Eva Kucmanova (Cze) 46	6.48/21' 3¼	(2) Warsaw	20/6
5-Sheila Sherwood (GB) 45	6.47/21' 2¾	(1) Brno	6/7
6-Kristina Hauer (EG) 45	6.43/21' 1¼	(1) Chorzow	13/7
Sieglinde Amman (Swi) 46	6.43/21' 1¼	(1)	/7
8-Miroslava Sarna (Pol) 43	6.42/21' 0¾	(2) Chorzow	13/7
Tatyana Bychkova (SU) 50	6.42/21' 0¾	(1) Oslo	25/6
10-Deana Prodanova (Bul) 43	6.38/20'11	(1) Sofia	17/7
V.Viscopoleanu (Rum) 39	6.38/20'11	(1) Bucharest	16/8
12-Berit Berthelsen (Not) 44	6.37/20'10¾	(1) Oslo	25/6
13-Nadyezhda Kroyter (SU) 47	6.35/20'10	(4) Chorzow	13/7
Moirra Walls (GB)	6.35/20'10	(p) Birm'ham	2/8
15-Willie White (USA) 39	6.34/20' 9¾	(1) London	13/8
16-Byszarda Warzocha (Pol) 46	6.33/20' 9¾	(5) Chorzow	13/7
Ingrid Becker (WG)	6.33/20' 9¾	(1) Kassel	2/8
18-Tanoya Orlova (SU) 48	6.32/20' 8¾	(1) Pyatigorsk	17/5
19-Maureen Barton (GB) 47	6.30/20' 8	(1) Middle'bh	16/8
Valentina Sokolova (SU) 50	6.30/20' 8	(1) Kiev	18/8

Shot Put

28 year old Ivanka Khristova, Bulgaria, is the newest member of the 18 meter (59 feet) club. The experienced Balkan athlete did her career best during a dual match against the USSR Republic of Byelorussia (White Russia) in Sofia....In

East Germany there is a sort of personal duel between Renate Boy, (formerly Garisch, formerly Culmberger) and Ingeborg Friedrich, ages 30 and 28 respectively. As of now, Friedrich leads by 3½ inches....Chizhova and Gummel marks slowed down in the last few weeks. The Soviet world record holder is on the 61-62 feet range after her world best of 65'11 in July, while Gummel had trouble winning her own national title with 61'3¼, only 14 inches ahead of Marita Lange....Galina Nyekrasova with a mark of 57'9 (and 177'6 in the discus) may be off the team for Athens after losing third place against Ivanova at the national championships by the narrowest of margins (56'5½ to 56'7½).

1-Nadyezhda Chizhova (SU) 45	20.09/65'11	(1) Chorzow	13/7
2-Margitta Gummel (EG) 41	19.48/63'11	(2) Chorzow	13/7
3-Marita Lange (EG) 43	18.32/60' 1¼	(2) Berlin	2/8
4-Ivanka Khristova (Bul) 41	18.00/59' 0¼	(1) Sofia	13/8
5-Irina Solontsova (SU) 37	17.93/58'10	(2) Odesa	1/7
6-Inge Friedrich (EG) 41	17.87/58' 7½	(1) Erfurt	6/8
7-Renate Boy (EG) 39	17.78/58' 4	(3) Leipzig	27/7
8-Galina Myekrasova (SU) 36	17.60/57' 9	(2) Sofia	1/6
9-Antonina Ivanova (SU) 32	17.27/56' 8	(2) Moscow	/8
10-Els van Noorduynd (Hol) 46	17.15/56' 3¼	(1) Budapest	3/7
11-Marlene Fuchs (WG) 42	16.98/55' 8½	(1) Peine	15/5
12-Rayna Taranda (SU) 47	16.89/55' 5	(3) Sofia	1/6
Galina Sidyelnikova (SU)	16.89/55' 5	(5) Kiev	18/8
14-Hannelore Friedel (EG) 48	16.79/55' 1	(1) Rostock	9/7
15-Liesel Westermann (WG) 44	16.59/54' 5¼	(1) Dusseldrf	16/8
16-Annegret Lange (EG) 49	16.09/52' 9½	(4) Berlin	19/6
17-Vladimira Srbova (Cze) 49	16.06/52' 8¼	(1) Brno	6/7
18-Nadyezhda Tsyepkova (SU)	16.03/52' 7¼	(6) Kiev	18/8
19-Helen Fibingerova (Cz) 49	16.01/52' 6¼	(1) Prague	23/8
20-Gisela Kolb (EG) 45	15.89/52' 1½	(6) Berlin	2/8

Discus Throw

Liesel Westermann is undoubtedly the world's number one discus thrower this year. The West German star has been over 60 meters (196'10) eleven times averaging 60.98/200'0½ with her best TEN throws all more than four feet better than the second best in the world, Karin Illgen....Gabriele Hinzman, (born Trepschek but now married to one of the finest East German javelin throwers), is the new EG star. Gabriele, who is only 22, had two wins over Illgen the last one occurring at the national championships when she improved over four feet to 193'8....Lia Manoliu, the "rain queen" as many call her after her Mexican win at the Olympics, is only sixth in the world seasonal list but has competed no less than 20 times although she is now 37....USSR is trying to regain the world supremacy after the Tamara Press times. They have three throwers over 190 feet, the "worst" of which is 34 year old Antonina Popova with a best of 190'9....European champion and former world record holder Christa Spielberg twice did 187'4 for her season best, but it is possible she will not be selected for the European championships due to the extreme depth and strength of this event in East Germany.

1-Liesel Westermann (WG) 44	62.70/205' 8	(1) Berlin	18/6
2-Karin Illgen (EG) 41	59.74/196' 0	(2) Berlin	18/6
3-Gabriele Hinzman (EG) 47	59.04/193' 8	(1) Berlin	2/8
4-Lyudmila Muravyova (SU) 40	59.00/193' 7	(1) Kiev	20/8
5-Tamara Danilova (SU) 39	58.34/191' 5	(1) Odessa	2/7
6-Lia Manoliu (Rum) 32	58.24/191' 1	(1) Bucharest	17/8
7-Antonina Popova (SW) 35	58.16/190' 9	(2) Odessa	2/7
8-Judit Stugner (Hun) 42	57.84/189' 9	(1) Budapest	12/7
9-Irina Solontsova (SU) 37	57.58/188'11	(4) Berlin	18/6
10-Christa Spielberg (EG) 41	57.12/187' 4	(1) Cottbus	15/6
11-Anita Otto (EG) 42	56.32/184' 9	(3) Leipzig	16/7
12-Brigitte Berendonk (WG) 42	56.24/184' 6	(2) Copenhagen	15/6
13-Anna Mickler (EG) 42	56.04/183'10	(4) Berlin	2/8
14-Olympia Catarama (Rum) 40	55.94/183' 6	(2) Bucharest	17/8
15-Agnes Irzick (Hun) 47	55.44/181'10	(1) Budapest	4/5
16-N.Tatarintseva (SU) 48	55.28/181' 4	(2) Moscow	/8
17-Argentine Menis (Rum) 49	55.26/181' 3	() Bucharest	/5
18-Svyetlana Zhilina (SU) 40	54.98/180' 4	(3) Moscow	/8
19-Helena Vyhnaalova (Cz) 44	54.74/179' 7	(1) Haels'borg	17/5
20-Marita Lange (EG) 43	54.56/179' 0	(4) Leipzig	16/7

The key to good distance running is the ability to overcome the mental fatigue which always precedes actual physical fatigue.

A basic consideration in teaching distance running is that a runner can always sprint no matter how tired she feels, for different muscles are brought into use.

TRACK & FIELD WORLD

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USA

WORLD REPORT (Continued)

Javelin Throw

New javelin star is 24 year old Vyera Savyenkova, a girl from the Moscow district. Miss Savyenkova opened at the Syndicates Spartakiade in Moscow at the beginning of August with a throw of 187'4 and then won the national title with a toss of 195'6 - her first national championship....No rumors even from Rumania about Mihaela Penes, gold medal winner at Tokyo and silver medalist four years later, after her performance in Italy at the season opener where she threw only about 163 feet....Almut Broemmel, West Germany, competed in her 16th national championship losing the title for the fourth time when Koloska won it on her final throw - Broemmel has been second nine times in the WG nationals.

1-Angela Ranky (Hun) 46	60.58/198'	9 (1)	Budapest	28/6
2-Ameli Koloska (WG) 44	59.86/196'	4 (1)	Leverkusen	10/5
3-Danuta Jaworska (Pol) 46	59.64/195'	8 (1)	Cracovia	16/8
4-Vyera Savyenkova (SU) 45	59.60/195'	6 (1)	Kiev	21/8
5-Petra Rivers (Aus) 52	56.77/186'	3 (1)	Melbourne	1/2
6-Mara Saulite (SU) 42	56.28/184'	7 (2)	Chorzow	12/7
7-Sherry Calvert (USA) 51	56.26/184'	7 (1)	S.Paula	31/5
8-Marion Luettge (EG) 41	56.22/184'	5 (1)	Liepzig	21/5
9-Marta Rudas (Hun) 37	56.04/183'	10 (2)	Budapest	28/6
10-Nina Marakina (SU) 42	56.00/183'	8 (2)	Kiev	21/8
11-Natasha Urbancic (Yug) 45	55.78/183'	0 (2)	Budapest	14/6
12-Gisa Jeppener (WG) 45	55.74/182'	10 (1)	Constanza	29/6
13-Ruth Fuchs (EG) 46	55.66/182'	7 (1)		/7
14-Magda Vidos (Hun) 45	55.34/181'	6 (1)	Jena	24/5
15-Helga Schlicke (EG) 41	55.20/181'	1 (1)	Liepzig	16/7
16-Helga Boerner (EG) 39	55.00/180'	5 (1)	Berlin	1/8
17-Valentina Evyert (SU) 46	54.88/180'	0 (3)	Kiev	21/8
18-Birute Kalediene (SU) 34	54.70/179'	5 (2)	Moscow	/8
19-Aleksandra Sadovnichaya	54.30/178'	1 (1)	Kharkov	14/5
20-Anneliese Gerhards (WG)	54.18/177'	9 (1)	Amsterdam	26/5

Pentathlon

Liese Prokop, the Austrian who surprisingly gained the silver medal at the last Olympic Games, is the new author of the fourth 1969 improvement of the pentathlon world best since the 100m hurdles were inaugurated on May 1st. Liese, trained by her husband, had a trial competition at the end of May and scored 4575 points at Schielleiten - but on her second try she tallied 5089 points for the new world mark. Her individual events were: 13.9-14.51/47'74-1.72/5'74 with the Fosbury-6.07/19'11-24.9.....Burglinde Pollack, 18, won the East German title with 4839 points in the absence of 9 month younger Monika Peikert who was winning the Eastern Europe "Olympic Hopes" pentathlon on the same day in Sofia with 4819 points.

Best pentathlon scores: 5089 Prokop (Austria); 5046 Antenen (Swi); 5023 Rosendahl (WG); 4838 Waldburger (Swi); 4835 Tikhomirova (SU); 4834 Pollack (EG); 4819 Peikert (EG); 4737 Sizyakova (SU) and Angelova (Bul); 4731 Scott (GB); 4698 Ackermans (Hol); 4694 Mack (WG); 4692 Vintila (Rum); 4687 Bystrova (SU); 4660 Aleksandrova (SU); 4650 Sykora (Austria).

Now for a little fun with the above statistics. Which nation has the most athletes on the lists? Our old friends from the Soviet Union with 49 spots win over East Germany who collected 40. Far behind is England with 22, West Germany with 20 and the USA with 19. The above figures are a little misleading, as most statistics are, for England picked up six spots in the mile run, an event most nations don't compete in. Completing the top ten were Australia (14), Holland and Czechoslovakia (12), Poland (11) and France (10). Fourteen other countries also had athletes on the lists.

Another interesting aspect which popped into my mind as I typed the lists was the age differential. No ages were given by Trifari for the mile, 200m hurdles or pentathlon, but excluding those three events ages rank from 15 years to 37

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years - a spread of 23 years. And remember this is not just those participating in the sport, this is a listing of the individuals who are in the top 20 of each event in the entire world! There are two real veterans - Antonina Ivanova of the Soviet Union (shot) and Olympic champion Lia Manoliu from Rumania (discus) who were born in 1932. The baby is 15 year old Pam Greene of the Denver All Stars, (please don't scream Mrs. Dennis), in the 200 meters. There are 23 individuals on the lists who were born in the 30's and 32 who were born in the 50's. 171 were born in the 40's with the year 1947 (26 athletes) topping the list, 1944 (22), 1942 and 1945 (21) and 1941 (20) round out the most productive competitive years. The most sprinters on the top 20 lists were born in 1947 (22 years old), the most 400 runners in 1944, the most 800 runners in 1942 and 1948, the 1500 athletes in 1941 and 1944, hurdlers in 1945, high jumpers in 1948 and 1950 (this is the "youngest" event), long jumpers in 1946, shot putters in 1941 and 1949 (a surprise!), discus throwers in 1942 and javelin throwers in 1946.

Javelin throwers cover the longest span - 19 years from 1934 through 1952. High jumpers and long jumpers the shortest span of only 12 years. Verrrry interesting.



WTFW:

I would like to add my "amen" to your query about how the athletes for the international teams were selected. I have a daughter who placed in two events - she was left at home while someone who didn't even get into the finals was selected for a European tour. Please don't use my name - I am afraid we are discriminated against already!

Name with-held by request