Women's

TRACK & FIELD W@RLD

September 1974, Vol. 8, No. 9

PO Box 371, Claremont, California 91711 -

\$6 per year, 75¢ per copy



REEL TALK

We are pleased to announce that beginning with the October issue, WTFW will begin a new monthly colume written by Steve Wennerstrom which will feature a report in depth of a club or an individual. Wennerstrom, a track nut from El Segundo and an assistant coach of the La Mirada Meteors these past few seasons, has taken the position as assistant cross country and track coach at the University of Syracuse where he will also be working on an advanced degree. If you have what you believe to be good material for one of his columes, write to him at Syracuse University, Syracus, New York, 13210, or 121 Croyden Lane, Apartment B, DeWitt, NY, 13224.

My issue of the 1974 Yearbook was airmailed to me by Pete Pozzoli, and I can report it is probably the best ever of his series of fine productions. Making it even nicer to the US buyers is the cover photo which, for the first time features an American girl - Fran Sichting. The book is a fantastic collection of facts, stories, photos, statistics - everything you ever wanted to know about women's track and field. The bulk of the copies should arrive soon and will be sent to those who have ordered them shortly. If you have not placed your order, our advice is for you to do so without delay for the books go fast and we have only 100 copies available. See the Yearbook ad in this issue for more information.

CROSS COUNTRY CLINIC

SATURDAY, SEPTEMBER 21, LONG BEACH STATE UNIVERSITY

Steve Prefontaine Francie Larrieufred wilt....Dr. John Pagliano, DPM.. Dr. Doug Jackson Ron Allice.

Write or call for free brochure: Ron Allice, Track/Cross Country Coach, 6101 East 7th St., Long Beach, California. (213) 498-4111.

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VINCE REEL, Editor

Published ten times per year (minimum) at Claremont, California, USA, by Women's Track and Field World Publications, Inc. PO Box 371, Claremont, California, 91711. Entered as second class mail May 1970 at Claremont, California.

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PLAN AHEAD

1974		
7th Asian Games	Tehran, Iran	Sept. 9-16
Central American Chmps	Tegucijaipa, Hond.	December
1975		
6th European Indoor Chm	Katowice, Poland	March 8-9
3rd IAAF Cross Country	Rabat, Morocco	March 16
7th Pan Am Games	Sao Paulo, Brazil	April 26
2nd Asian Chmps	Seoul, Korea	July 9-14
Canada Int.Inv.	Quebec	July 20
	Montreal	July 23-24
	Toronto	July 28
European Cup Final	Nice, France	August 16-17
Mediterranean Games	Algiers	Aug. 23
Universiade	Belgrade	Sept 11-23
1976		
7th Eur Ind. Chmp	Munich	Feb 21-22
4th IAAF Cross Country	Chepstow, Wales	March 6
OLYMPIC GAMES	Montreal	July 16
1978		
8th Asian Games	Singapore	Aug/Sept
llt Commonwealth Gms	Edmonton, Canada	August 3-12
12th Eur. Chmps	Prague	August 23-29

LETTER FROM JAN FREEDENBURG

"Well, I made it through Spanish classes in Puerto Rico and through two weeks of technical training in Villa Mella, (North of Santo Domingo).

"So we, (the Peace Corps volunteers), are now out of the nest. After the first six months I hope the Spanish gets past the basic stage. Another volunteer and I are working at the University here in Santiago, D.R. Right now the men's program (track) is more or less established - it seems to be more like the Sports Clubs in Europe.

"A few girls run and they want me to get some type of program going. In other words, there is presently nothing organized in women's track. If you (or anyone) can be of help, would appreciate receiving it!

"All my notes and books on track and cross country I left in the States. After all, you can only take so much stuff for your two year stay with an 80 pound baggage limit!

"After spending 10 years of running, my mind must now shift gears into 'organizing'. What I do or don't do will probably affect future programs here and I am open to suggestions.

(Ed. Note:-Anyone wishing to write to Jan, here is her address: Jan Freedenburg - PCV Department Deportes Universidad Catolica Madre y Maestra Santiago de los Caballeros Republica Dominicana

LETTER FROM TIM HICKEY

"With the close of the Eastern Girl's Track League season, competition in our area has been pretty much limited to the Ursinus College meets. Coming soon will be a pretty good meet at Willingboro and some age group events in Franklin Field, Philadelphia.

"Continuing duels between Pat Helms, Sharon Dabney and Jackie Daniels were pretty much the story at Ursinus. Age groupers Pam Dutton, Jackie Thompson and Debbie Dunn also

posted some extremely good times.

"A real comer in this area who has not had any exposure as yet is 16 year old Vonnie Coker running for ICYA, a small group from New Jersey near Camden. I've seen her do 11.0 and 24.6 while her coach says she's done 10.9 a couple of times and 24.0 in the 220. She certainly appears capable of it.

"The other real gem is no secret - Angel Doyle running for Ambler. She did 10.5 and 23.8 in Bakersfield. Maybe you've heard the story: Coach Larry Wilson spotted her running in the Pennsylvania High School Championships. She is from Harrisburg and had not run any races until entering the State Championships. She won those, ran in one AAU meet (Eastern Girl's Track League Championships in Frederick) and then was in the Nationals. Hard telling what she will do."

US IN FIRST-EVER INTERNATIONAL PENTATHLON

Tallin, Soviet Union, August 3/4:-USA women's track history was made here today when for the first time ever, pentathlonists were sent abroad for international competition as a team. Compliments must go to the US Olympic Development program who classifide this as a top priority project.

The American trio of Jane Frederick, Marilyn King and Mitzi McMillin finished third behind the Soviets and the West Germans with a total of 12286 (Frederick 4350, King 3993 and McMillin 3943). Russia won it with 13516 to 13050 for the

West German trio.

Frederick's 4350 was better than the existing American record, but she scored 4391 just four weeks earlier in Italy. Jane had a lifetime best in the high jump with a leap of 1.78 meters (5'10), but was suffering from a fever and this illness took its toll. King had her season best in the hurdles at 14.4 as did McMillin at 14.2. McMillin also had her best of the year over the high jump bar clearing 5'6% while King had her best long jump at 19'8%.

Roxanne Anderson, team chaperon, says, "The great expense of sending our team of women half way around the world, limited us to three competitors as against eight each from West Germans and the USSR. Both these countries were also high on the number of accompanying team leaders, (Managers, coaches, trainers, doctors and chaperones). Manager Sam Adams served as coach for both our seven-man decathlon team and our threewoman pentathlon team, with me along as chaperone. It was a congenial group that "jelled" immediately as a team. The behavior of every member of the group was exemplary. Our hosts in Tallin made us feel very welcome as they took care of our every need. We were provided with a full-time interpreter and a coordinator both of whom left little to be desired. We were housed at a beautiful modern hotel with food that was bountiful and good. Even entertainment was provided along with beautiful souvenirs. For those of the team who had been on previous international trips, Tallin was ranked as "tops".

The hard luck member of the team was Jane Frederick who not only suffered the five-day loss en route of the bag containing her athletic gear, but also came down ill for two days with a stomach upset. She went into competition "cold" but gallantly emerged in sixth place over all, bettering the existing American record which included a lifetime best of 5'10 in the high jump. She had her sights on 4400 or better, so found little solace in her excellent 4350 score. Marilyn King, who was a late starter this year, showed improvement in several of her events and is now determined to go all out. The high level of competition was pretty strong medicine for still-junior Mitzi McMillin. But this youngster, (uncoached for two years) has a great future. She enters University of Colorado this fall.

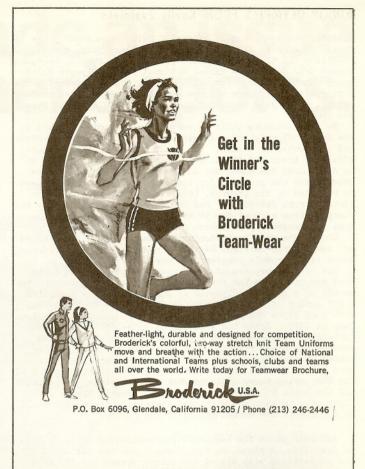
There is no doubt in my mind that the two-day competition in Tallin will really pay off in the future development of these three athletes. It is going to be gratifying to watch their scores increase with each competition. One of the most satisfying outcomes of this international experience is the plan to combine future men's and women's Decathlon-Pentathlon competitions in a series of meets at Coach Sam Adams UC Santa Barbara facility. Women's pentathlon competitions in the past have been few and far between. This stepped up program cannot help but better prepare our pentathletes for the international competitions between now and Montreal.

RESULTS: 1-Zoja Spassovhodskaya (SU) 4611 (13.3-45'61/2-5'7%-20'5%-24.3), 2-Tatyana Vorohhobko (SU) 4523, 3-Larissa Belyakova (SU) 4382, 4-Ulrike Jacob (GFR) 4376, 5-Christel Voss (GFR) 4352, 6-Jane Frederick (USA) 4350....17-Marilyn King (USA) 3993 (14.4-37'10%-5'3-19'8%-26.2), 18-Mitzi Mc-Millin (USA) 3942 (14.2-33'4%-5'6%-17'11%-25.7).

CHIAVARIO NATIONAL JUNIOR PENTATHLON WINNER

Phoenix, Arizona, June 19:-Lisa Chiavario won her first-ever National title as she annexed the Junior pentathlon championship with a score of 3653. Chiavario turned in performances of 15.7-5'3-29'10-18'10-25.9 to defeat Jill Cerise, 3433, who had a good 5'4 mark in the high jump.

1-Lisa Chiavario (AlbOC) 3653, 2-Jill Cerise (UCTC) 3433, 3-Shelley Harris (CW) 3282, 4-Julie Rusing (ArizTC) 3276, 5-Lori West (UCTC) 3274.





JANE FREDERICK is flanked by Soviet pentathlonists TATYANA VOROHHOBKO (left) and OLGA RUKEVISNIKOVA as the Yanks compete in their first-ever team pentathlon competition in Russia. (Zigurds Mezavilks photo.)

JUNIOR OLYMPICS FROM Karlis Zvejnieks

Lincoln, Nebraska, August 9/12:-900 swimmers and 300 other 'young athletes in other sports, (gymnastics, judo, trampoline, wrestling and track and field), gathered in Lincoln, Nebraska, August 9/12 for the 8th Annual National Junior Olympic Multisport Championships. Actually, this is the 25th year for the Junior Olympic program and new sports are being added continuously. This year wrestling and synchronized swimming were new sports.

No doubtswimming still is very much the dominant sport in the Junior Olympic setup as witnessed by the number of entries and the number of events. But gradually other sports, particularly track and field, gain in stature. Yet much is to be desired if the Committee wishes to develop a program as good as the one provided for the swimmers. More events need to be added to the program, (for example, no pole vault or distance runs for boys). And the foremat of sending only the champion from each of the 14 national districts eliminates some most capable performers.

The girl's once again dominated the track and field as they set new records in eight of the 10 events while the perform-

ances of their male counterparts was below par.

One of the purposes of the Junior Olympic program is to find new prospects for the USA Olympic team. And leading the parade as a possible Olympian is diminutive Kathy McMillian, a 10th grader at Raceford High School in North Carolina, who with good style and technique set a new JO record in the long jump at 19'9. Kathy had a series of 19'4-18'7%-19'5-19'9-19'4-foul. Although there apparently was no wind, a wind reading was never reported, and therefore her mark must be listed as wind-aided. Kathy is also North Carolina state record holder for the 220 and a member of the state record holdering 880y relay team. This was her first national competition and she hopes it will not be the last. She is speedy and light as a feather and with good training and coaching could be a replacer for Martha Watson in the future.

And what about the Region XI representative Lorna Griffin of Corvallis, Montana, in the discus? She was far ahead of her competitors with all of her throws around the 140 foot mark and her winning toss of 143'0 a new JO record. Her toughest competition was eliminated in the Region finals as Fran Hoogestraat of Lennox, S.D., finished second and according to the antiquated rules, was not eligible to enter. Lorna has improved more than 20 feet in the past two seasons and gives full credit to her coach. By 1976 she hopes to be out near the 180 foot mark. But to dream about the Olympics seems too soon for her as she will enter Flathead Valley College in Montana this fall. Lack of proper officiating is evident in this event as distances were measured in the half-inch in direct contrast to the rules.

College enrollment, (Don College, Nebraska), is also in the future of the "Sweetheart of Nebraska", (as the local radio stations call her), Mary Jasnoch of Oshkosh, Nebraska, who topped all the regional performers in the 100 yard dash. Jasnoch won the final in 10.8 after setting a JO record of 10.6 in her heat - her third 10.6 of the year. Regretably, again this mark must be listed as wind-aided without a wind gauge being used. One of the favorites in the 220 also, Mary Lou was disqualified for two false starts - just as she eliminated herself from the National AAU Girl's 100y final last

June in Bakersfield.

Another very impressive athlete was 14 year old Joanna Forman of East Falmouth, Mass, who had the best 880 time in the prelims and then set a new JO record in winning the final at 2:12.3.

Another 10th grader who made good was Hilary Noden of Titus-ville, NJ, who became the JO record holder in a new event, the mile rum. Hilary won with a personal best of 4:56.8 over veteran Julie Shea of North Carolina. She is the New Jersey high school mile record holder and this is only her third year of serious running. She comes from a running family with a brother who has 4:17 to his credit.

Perhaps the biggest improvement came from California's Yvonne Boone who won the 100mH. With a personal best of 14.8, Yvonne won her heat in 14.0 flat and then zipped 13.6 to win the final. Once again no wind reading, (or listing of hurdle

height), makes this a wind-aided performance.

Four girls equalled the existing high jump record of 5'6 with California's Chris Remmling winning it on few attempts. Vera Schlosser of Cresbard, S.D., with a mark of 5'9 earlier in the year, was competing on an injured knee.

100, 1-Mary Lou Jasnoch (Neb) 10.8, 2-Chandra Cheeseborough (Fla) 10.9, 3-Teresa Baugh (Tenn) 11.0; 100mH, 1-Yvonne Boone (Cal) 13.6, 2-Rhonda Brady (Ind) 13.9, Jackie Guichard (Wash) fell; 220, 1-Linda Blakely (Mich) 24.4, 2-Shawn Dabney (Pa) 24.5, 3-Teresa Baugh (Tenn) 24.7, Mary Lou Jasnoch, disqualified for two false starts; 440, 1-Veronica Venesia (Cal) 55.2, 2-Betty Deveson (Conn) 56.2, 3-Sue Latter (Mich) 56.4; 880, 1-Joanna Forman (Mass) 2:12.3, 2-Julie Wise (Haw) 2:13.9, 3-Cathy Faughn (Ind) 2:14.0; Mile, 1-Hilary Noden (NJ) 4:56.8, 2-Julie Shea (NC) 4:58.4, 3-Cheryl Garmoe (Wash) 5:05.0; 440yR, 1-Region 6 46.8; HJ, 1-Chris Remmling (Cal) 5'6, 2-Toni Jones (Wash DC) 5'6, 3-Cathy Eastbridge (Ind) 5'6, 4-Vera Schlosser (SD) 5'6; LJ, 1-Kathy McMillian (NC) 19'9, 2-Anita Lee (Mich) 19'5, 3-Lorraine Ray (Fla) 19'2½; DT, 1-Lorna Griffin (Mont) 143'0, 2-Carla Mainey (Kan) 131'4, 3-Jackie Gordon (Va) 121'6.

NEBRASKA TC WINS JUNIOR TITLE

Phoenix, Arizona, June 19/20: The Nebraska Track Club, bolstered with some of Iowa's stalwarts, edged the Rialto Road Runners 90-89 to annex the National AAU Junior Championships as more than 400 athletes took part. Top performances include Linda Wright's 61.6 400m hurdles and the double wins by Pam Jiles of the Dryades in the sprints and Rialto's Debbra Johnson in the mile and two mile.

Open Division: 220, 1-Pam Jiles (Dry) 24.7, 2-Isabelle Gartford (Dry) 24.7; 880yMedR, Nebraska TC 1:45.5; 2M, 1-Debra Johnson (RRR) 11:45.3, 2-Esther Marquez (RRR) 11:47.7, 3-Doreen Assuma (RRR) 11:48.3; 2MR, RRR 10:07.6; 440yR, 1-Dryades 47.4, 2-NebTC 47.8; MileR, 1-Houston Astrobelles 3:52.7, 2-Dryades 3:54.5, 3-NebTC 3:58.1, 4-RRR 3:58.7; 100, 1-Jiles 10.9, 2-Hartford 11.2; 440, 1-Sue Tallard 56.1, 2-Dolores Banks (RRR) 56.3, 3-Candice Glover (HAB) 56.3; MileW, 1-Linda Brodock (RRR) 8:23.7, 2-Gwen Eberle (Ozark TC) 8:42.0; DT, Lucy Nieman (ElPaso) 127'3; 880, Eva Krueger (Track America) 2:18.1; 100mH, Rhonda Brady (MHYF) 14.7; LJ, 1-Nancy Kindig (NebTC) 18'5½, 2-Peggy Liddick (NebTC) 18'5½; SP, Donna Short (NebTC) 38'6½; JT, Linn Polk (Farmington Fleetfooters) 140'8; Mile, Debra Johnson 5:10.5; 400mH, 1-Linda Wright (GG) 61.6, 2-Debbie Esser (NebTC) 62.4, 3-Dee Edal (NebTC) 5'4; Scores, 1-Nebraska TC 90, 2-Rialto Road Rumners 89, 3-Dryades 72, 4-Cactus Wrens 42 and 16 other clubs.

ROCKY MOUNTAIN JUNIOR OLYMPICS

Boulder, Colorado, July 6:-Best performances at the Rocky Mountain Association Junior Olympic Championships included: 16/17 Division: 100/220, Cheryl Osborn 11.3/25.7; 440, Yvonne Braxton 58.5; 100mH (30"), Danette Wilson 14.9. 14/15 Division: 100, Andrea Wilson 11.2; 220, Yvette Taylor 25.6; 440, Lynnae Engdahl 58.4 (57.7h); 880, Deb Kirchoffer 2:21.8. 12/13 Division: 100/220, Felicia DuPuch 11.3/26.0; 440, Hindy Bare 61.2; 880, Pam Bonnett 2:18.2; IJ, Jean Sullivan 17'10; HJ, Tammy Welton 4'10. 10/11 Division: 880, Nancy Rogowski 2:28.7.

REGION X JUNIOR OLYMPICS

Englewood, Colorado, July 19/20:-Region 10 Junior Olympic best

performances were:

14/17 Division: 100, Val Boyer 11.2; 440, Susan Vigil 56.7; 880, Linda Stecker 2:19.8; LJ, Lisa Thomas 18'4%; HJ, Jill Cerise, Anne Gilliland, Dinni Norero, Anita Marsland, Shelly Hunt all 5'4; DT, Kelly Fuiks 117'0. 12/13 Division: 100/220, Felicia DuPuch 11.5/26.0; 880, Pam Bonnett 2:19.6; HJ, Debbie Miller 5'5; LJ, Roxanne Keating 19'2. 10/11 Division: 440, Vanessa Tatum 65.8; 880, Sandy Beach 2:29.6.

MERRILL GETS HOUR RECORD

Waterford, Conn:-Jæm Merrill, AGAA, set a new State record for the one hour run as she covered 8 miles, 1648 yards, 1 foot and 2 inches. Three other AGAA runners picked up new Connecticutt marks also as Susan Connolly got the 14-17 mark at 8 miles, 288 yards, Samantha McCarthy took the 12/13 record to 7 miles 1647 yards and brother Michael grabbed the boys mark for the same age at 8 miles 350 yards.

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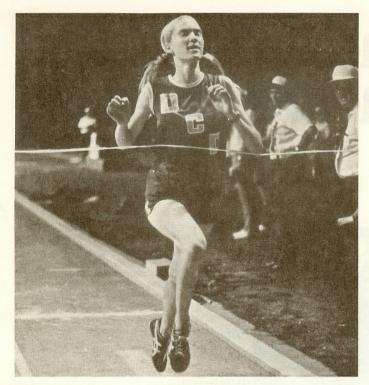
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Double Two Mile winner at the Girl's and Women's National Championships was LYNN BJORKLUND of the Duke City Dashers. (Jeff Johnson photo.)

WOODS THE BANGER IN BANGOR

Bangor, Maine, July 20:-The Greater Bangor Open Invitational Track and Field Meet held on Alumni Field at the University of Maine, turned out to be a field day for weight-woman Denise Wood as she picked up three golds in the shot, discus and javelin. Betty Deveson won the 220/440 for another good performance and the Syracuse Chargers took home the team trophy.

220/440, Betty Deveson (Gateway TC) 25.4/57.5; Mile, Katy Schilly (SyrChg) 5:06.0; 100mH, Cecilia Branch (Nova Scotia) 14.6; SP/DT/JT, Denise Wood (Un) 45'11/141'7/129'7.

EGENOLF 19'7

Indianapolis, Indiana, July 22:-Ann Egenolf of the Terre Haute TC, soared a fine 19'7 to highlight the Indianapolis-Scarborough Peace Games. Although the mark must be classed as wind aided in the absence of a recorded wind reading, Ann proved her mark was no fluke with other jumps of 18'11%, 18'8% and 18'7%. Debbie Quales won the 100 in a good 11.3 and Mary Heckman was over 5'2 in the high jump. Henrie Hoover had a 5:17.9 mile.

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AMERICANS IN EUROPE

Treviso, Italy, June 13: 1500, Francie Larrieu 4:16.3. Turin, Italy, June 22/23: 400m, 1-Govoni (I) 54.7, 2-Lorne Forde (Atoms) 54.7, 3-Brenda Nichols (Atoms) 54.9; 1500, 1-Larrieu 4:12.2; 4x100m, Atoms TC 46.2. Forli, Italy, (July 6/7): 400, 1-Forde 54.1, 2-Nichols 54.6, 3-Govoni (I) 54.7; 800, 1-Tou-Saint (Atoms) 2:09.5. Mailand, Italy, (July 2), 1500, 1-Larrieu 4:10.3 (rec), 2-Pigni (It) 4:16.3. Siena, Italy, 12 July 21: 100m, 1-Bowen (USA) 11.6, 2-Martha Watson (USA) 11.8; 400m, 1-Sapenter (USA) 54.3; HJ, 1-Dettamanti (It) 5'8%, 2-Jane Frederick (USA) 5'8%, 3-Joni Huntley (USA) 5'8%, Turin, Italy, July 20: 100. Malierei (It) 115. Ttaly, July 24: 100, 1-Molinari (It) 11.5, 2-Bowen (USA) 11.6
....+Sapenter (USA) 11.8, 5-Watson (USA) 11.8; 1500, 1-Larrieu (USA) 4:13.9....4-Campbell (USA) 4:21.1.

Turku, Finland, August 1: 1500, 1-Larrieu 4:19.2. Martin Luther King Games, Oslo, Norway, July 30/31: 200, 1-Boyle (Aus) 23.4, 2-Bowen (USA) 23.9; 800, 1-Campbell (USA) 2:02.5, 2-Cerchianova (Cs) 2:03.4, 3-Andersen (N) 2:04.0; LJ, Watson LD. 21'7; 100, 1-Boyle 11.5, 2-Bowen 11.6; 400, Sapenter 53.4; 1500, 1-Thelma Wright (Can) 4:14.5....5-Campbell (USA) 4:21.5; HJ, 1-Huntley (USA) 5'114....5-Gilbert (USA) 5'5. Stavanger, Norway, July 28: 100, 1-Boyle 11.8, 2-Bowen (USA) 11.8; 400, Sapenter (USA) 54.2, 2-Campbell (USA) 54.5; HJ, 1-Huntley 5'94, 2-Gilbert 5'5; LJ, Watson 20'74

Crystal Palace, London, July 19: 400m (D Race), 2-Toussaint 54.14; July 20: 400m (Heat) 1-Roscoe (GB) 53.60, 2-Saunders (Can) 53.68, 3-Toussaint (USA) 53.92; (Final), 1-Saunders 51.90, 2-Murray (GB) 52.59, 3-Bernard (GB) 53.07, 4-Roscoe GB) 53.50, 5-Warden (GB) 53.84, 6-Walsh (GB) 53.85, 7-Barnes (GB) 53.96, 8-Tcussaint 54.65.

HJ, 3-Gilbert (USA) 5'6. Stockholm, Sweden, July 18: 200m, 1-Bowen (USA) 23.87; 400, 1-Sapenter 53.55; 800, 1-Larrieu 2:04.37....3-Campbell 2:04.62; HJ, 1-Huntley 5'10%...3-Gilbert 5'5; LJ, 1-Watson 21'7% (American Record)

FROM CONNIE COONS, SUN PRAIRIE, WISCONSIN

"I enjoy WTFW very much. I think Rich Ede is doing the job as high school track explodes around the United States. Also, too, the excellent coverage of the National Collegiate meet was appreciated. Keep up the good work."

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IT'S A FUTURE STAR - IT'S KINIMAKA!



Burglinde Pollak, this is a fair warning to you. It will be to your advantage to set a pentathlon record far above the present world record if you wish your name to be on the record books in 1980. The USA, that's right, the USA, has a young one that, if she stays with the sport, is capable of becoming one of the great ones of all time. You know she is "American" because she claims Hawaiian. English, German, Irish, Chinese and Indian blood runs through her veins - and it's pretty tough to beat a com-

bination like that. As her opponents here in the States have been finding out!

In 1973, as a 14 year old, Lisa Kinimaka scored 3223 points in the National AAU Championships to grab off 7th position and earn a place on the USA Junior team going to Europe. She scored these 3223 points in spite of an unbelieveable 18.0 in the 100m hurdles! In Russia, just six days after her 15th birthday, she improved her pentathlon score to 3405.

Now she was a "veteran", and the 1974 season proved the value of international competition and experience. At the National Championships, Lisa tallied 3704 points for fourth spot and again was named to compete for the USA Juniors against the Soviets. And just five days later, Lisa placed second in the competition with a lifetime best of 3819 behind Ekaturina Smitneya, And she was still just a 15 year old!

nova. And she was still just a 15 year old!

Born on July 21, 1958, Lisa Kinimaka seems to possess all the qualities necessary to become one of the top pentathlonists of all time. At age 16, she now stands 5'll and weighs 150 pounds. Already she has run the hurdles in 15.2, put the 4-kilo shot 40'3, high jumped 5'4%, long jumped 19'2% and run 200 meters in 25.8. All of which adds up to 3980. Best on record for a 16 year old is 4246 by East Germany's Barbel Muller set in 1972, and with a full track season before her, the chances are Lisa will end up with that as her first world record in 1975.

Lisa is coached by Jim Tisano with help from Gary Bullard in the shot. She has been a member of the San Jose Cindergals for five seasons and runs cross country "for fun". She considers the long jump as her best event and may switch from a stradler to a flopper in the high jump. At Los Angeles in the State Championships, Lisa was a "one-woman show" with wins in the 14/15 Division 100m hurdles (14.9w), the long jump (18'9%) and the shot put (41'1% - 81b). She won the Pacific Association pentathlon with 3794 points.

Lisa says her goal for the immediate future is to "make the Olympic team in 1976". Her coaches say she is a "hard worker, dedicated and determined". Add those qualities to her physique and Lisa Kinimaka becomes a rare jewell. Her hobbies are photography and physical therapy and these, plus track and school, occupy the major part of her life.

Remember, Burglinde, you heard it first in WTFW!



LISA KINIMAKA wins hurdle heat at National Pentathlon



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FOREIGN NEWS

ISRAEL NEWS FROM Abraham Green

Ramat-Gan Stadium, Israel, July 8-10:-Results of Women's National Championships: 100, Ella Katsir 12.1, 2-Esther Roth 12.1; 200, Orith Zallinger 25.7; 400, Calli Toib 59.7; 800. Rachel Halle 2:13.1; 1500, Hanna Chezifi 4:37.6; 100mH/200mH, Ziva Rabinovitz 15.9/30.1 (rec); LJ, Ruth Zlotchenko 18'2½; HJ, Orith Abramovitz 5'5; SP/DT, Mira Bulba 40'5/126'1; JT, Hanna Fireberger 106'8.

Esther Roth returned to competition in the National Championships just five months after having her first baby. On 30 July, she ran 200m in 24.6 and will compete in the 100, 200 and 100m hurdles at the Asian Games in December.

PORTUGAL NATIONALS from Alfonso Posada

Lisbon, Portugal, July 13/14:-Four double winners dominated the Portugese National Championships held on the tartan track of the National Stadium. Rosa Mota not only was one of the double winners, but set two new National marks with a 4:46.0 in the 1500 meters and 10:30.6 in the 3000.

Other winners: 100/200, Angelica Manaca 12.3/nt; 400/800, Conceicao Moura 57.4/2:16.0; 100mH, Lucrecia Cumba 15.1; HJ, Conceicao Alves 5'1¼; LJ, Helena Relvas 17'10½; SP/DT, Adilia Silverio 44'9%/136'9; JT, Fatima Pinto 119'6; 400mH, Ludrecia Bumba 64.8.

SOVIETS DOWN FINLAND: PURSIAINEN 11.5

Helsinki, Finland, July 14/15:-The Soviets, using an almost completely different team than that which defeated the USA. turned back the fighting Finns 79-56 in a meet which failed to produce the big mark. Best performance was turned in by Finland's Nina Holmen who set a new National record while winning the 3000 meters in 8:59.0 with a five second margin over Pagelova. Mona Lisa Pursiainen, who has been strangely quiet in 1974 after a sensational season in '73, won the 100 in 11.5, but was only fourthin the 200. The meet was unique in that no field events were listed.

RESULTS: 100, 1-Pursiainen (F) 11.5, 2-Maslakova (SU) 11.7 (wind -1.9); 200, 1-Salin (SU) 23.1, 2-Sidorova (SU) 23.4, 3-Tschernikova (SU) 23.7, 4-Pursiainen (F) 23.7...6-Besfamilnaya (SU) 24.2; 400, 1-Ilyina (SU) 52.9; 800, 1-Wachruscheva (SU) 2:02.9; 1500, 1-Kasatschkova (SU) 4:12.4; 3000, 1-Holmen (F) 8:59.0, 2-Pangelova (SU) 9:04.4; 100mH, (-0.1), Lebedeva (SU) 13.5; 4x100, USSR 43.7, Finalnd 44.3; 4x400, 1-Finland (Eklund 54.7, Wilmi 53.2, Pursiainen 52.7, Salin 50.2) 3:30.8, 2-USSR 3:35.2.

WAAA CHAMPIONSHIPS

Crystal Palace, London, July 19/20:-Raelene Boyle won both sprints as the British athletes could collect only six victories in their National Championships on the tartan of Crystal Palace. Britian's agleless Joyce Smith whipped through her heat in the 3000 for a new Commonwealth record at 8:55.6 and won the final the following day in 9:07.2.

RESULTS: 100 (+1.4), 1-Raelene Boyle (Aus) 11.2, 2-Andrea Lynch (GB) 11.3; 200, 1-Boyle 23.2 (+2.5), 2-Helen Golden (GB) 23.6, 3-Claudie Van Straaten (South Africa) 23.8, 4-Patty Loverock (Can) 24.1; 400, 1-Yvonne Saunders (Can) 51.9, 2-Donna Murray (GB) 52.6....8-Cheryl Toussaint (USA) 54.7 (53.9) heat); 800, Lesley Kiernan (GB) 2:05.1; 1500, 1 Greta Andersen (Nor) 4:10.0, 2-Thelma Wright (Can) 4:10.7, 3-Glenda Reiser (Can) 4:17.7 (4:17.6h); 3000, 1-Joyce Smith (GB) 9:07.2 (8: 55.6h), 2-Ann Yoeman (GB) 9:17.2; 100mH (+0.4), 1-Lorna Drysdale (GB) 13.5, 2-Judy Vernon (GB) 13.5, 3-Blondelle Thompson (GB) 13.5; 400mH, Hybre De Lange (SA) 58.4; 3000mWalk, Marion Fawkes (GB) 14"33.6; HJ, 1-Val Harrison (GB) 5'11½, 2-Debbie Brill (Can) 5'11½, 3-Hanna (Can) 5'10½; LJ, 1-Ruth Martin-Jones (GB) 20'6½, 2-Ann Wilson (GB) 20'3¼, 3-Brenda Eisler (Can) 20' 3; SP/DT, Jane Haist (Can) 49'3%/185'0; JT, Eva Janko (Austria)

WEST GERMAN CHAMPIONSHIPS

This has proven to be a "down" season for the women in West Germany. Gone are the Heide Rosendahls, Margret Bachs, Heidi Schullers and the speed of two years ago. Definitely a 'rebuilding' period is under way and the once proud West Germans will find themsleves completely outclassed as the Europeans gather for the Championships in Rome during September. Only bright light seems to be Rita Wilden, silver medalist in the 400 at the Munich Olympics, but even she will have to run to

a lifetime best to bring back a medal from the Eternal City. RESULTS: 100/200, Annegret Richter 11.24/23.46; 400, Rita Wilden 52.06; 800, Gisela Klein 2:02.10; 1500, Ellen (Tittel) Wellmann 4:21.6; 3000, Gudrun Hodey 9:22.2; 100mH, Marlies Koschinski 13.58; 4x100, OSC Club 44.51; HJ, 1-Karin Wagner 6'0%, 2-Ulrike Meyfarth 6'0%...4-Renate Gartner 5'11%, 5-Karen Mack 5'101/2; LJ, Edda Trocha 20'101/2; SP, Eva Wilms 53'9; DT, Liesel Westermann 188'1; JT, Amelie Koloska 184'0.

CANADA OVER WALES AND SCOTLAND

Cwmbran, Wales, July 23/24:-The traveling squad from Canada trounced Scotland and Wales in a triangular meeting her today scoring 123 points to 80 for the Scots and 44 for the Welsh. Carol Martin upset teammate Jane Haist in the discus and Thelma Wright had a fine 1500m mark as the top performances.

100 (-0.2), 1-Bailey (C) 11.6, 2-Loverock (C) 11.8; 200, (+5.2) Bailey 23.4, 2-Golden (S) 23.6....6-Loverock 24.3; 400, McGowan (C) 54-9; 800, Crowley (C) 2:06-9, 2-Wright (C) 2:09, 9; 1500, 1-Wright (C) 4:15-4, 2-Davies (C) 4:17-7; 100H (+3.0), 1-Nimmo (S) 13:5, 2-Bradley (C) 13:7, 3-Damman (C) 14:1; HJ, Brill (C) 5'11%; LJ, Eisler (C) 20'6%; SP, Haist (C) 53'0, 2-Diane Jones (C) 48'0; DT, 1-Martin (C) 183'2, 2-Haist 170'9; JT, Beland (C) 158'1; 4x100, Canada 45.6; 4x400, Scotland 3:38.6.

SPANISH CHAMPIONSHIPS from Alfonso Posada

Madrid, Spain, July 19/21:-Three new Spanish records were set as the ladies from Sapin staged their National Championships on the tartan track of Madrid. New marks were set in the 100m hurdles, shot put and the 3000 which was one of the three wins scored by the meets top performer, Carmen Valero.

WINNERS: 100, Ela Cifuentes 11.9w; 200, Josefina Salgado 24.4w; 400, Rosa Colorado 56.4; 800/1500/3000, Carmen Valero 2:08.6/4:34.4/9:35.4; 100mH, Maria Jose Martinez 14.2; HJ, Sagrario Aguado 5'4%; LJ, Salgado 19'5%w; SP, Ana Molina 46'44; DT, Margarita Ribelles 127'2; JT, Maria Jose Fernandez 141'7.

ENGLAND-CZECHOSLOVAKIA TIE

Meadowbank, Scotland, July 26/27:-Winning five events on the closing day, the Czechoslovakian women's team earned a 73-73 tie with Great Britain in a match which also involved the Netherlands. Both England and Czechoslovakia trounced the hapless Hollanders, the hosts socking it to them 87-48 and the Czechs 79-56.

Best marks were turned in by the Czechs as Eva Suranova got off a wind-aided long jump of 22'11%, Helena Fibingerova tossed the shot 68'1 and 5'7% Maria Mracnova hopped over 6'11%

to win the high jump.
RESULTS: 200 (+4.0), Helen Golden (GB) 23.0...3-Wilma van Gool (N) 23.9; 800, Gerchlanova (Cs) 2:04.7; 100mH (+1.6), Judy Vernon (GB) 13.4; HJ, 1-Mracnova (Cs) 6'11½ 2-Hubnerova (Cs) 6'0; DT, Vyhnalova (Cs) 196'6; 4x400, 1-GB 3:32.6, 2-Cs 3:38.9, 3-Metherlands 3:39.5; 100, (+4.9), Andrea Lynch (GB) 11.3...3-van Gool 11.5; 400, 1-Cerchlanova (Cs) 52.0, 2-Bernard (GB) 52.0; 1500, Sudicka (Cs) 4:24.3; 3000, Varcabova (Cs) 9:31.8; LJ, Suranova (Cs) 22'1¾w, 2-Nygrynova (Cs) 21'5½w; SP, Fibingerova (Cs) 68'1; JT, Kuys (N) 166'9; 4x100, 1-GB 45.1, 2-Nth 45.8, 3-Cs 45.9.

FOREIGN NEWS (Continued)

GREAT BRITAIN DOWNS SWEDEN 86-59

Stockholm, Sweden, July 30/31:-The United Kingdom had little difficulty overcoming Sweden in a dual meet, 86-59, but Sweden's Gunilla Lindh was the top performer of the two day competition, winning the 1500m the first day in 4:09.9 and coming back the following day to win the 800 in 2:02.6s.

100, Lynch (GB) 11.5; 400, Donna Murray (GB) 51.8, 2-Verona Bernard (GB) 52.2; 1500, Lindh (S) 4:09.9, 2-Joyce Smith (GB) 4:13.7; 100mH, Blondelle Thompson (GB) 13.6; 300m Walk, Simu (S) 14:19.4; HJ, 1-Ann-Eva Karlsson (S) 5'10%, 2-Barbara Lawton (GB) 5'9%; DT, Rosemary Payne (GB) 170'4; 4xl00, GB 45.2, 2-Sweden 46.0; (Second Day), 200, Helen Golden (GB) 23.4; 800, Lindh (S) 2:02.6, 2-Mary Wright (GB) 2:06.0; 3000, 1-Gustafsson (S) 9:12.2, 2-S. Larsson (S) 9:18.0; LJ, Ann Wilson (GB) 20'4; SP, Wehmonnen (S) 50'3%; JT, Theresa Sanderson (GB) 177'6; 4x400, GB 3:33.9, 2-Sweden 3:41.3.

BALKAN GAMES - FANTASTICO!

Sofia, Bulgaria, August 2/3:-What event should occupy the Lead line in this story of the Balkan Games? Bulgaria's Lilyana Tomova ran the 800 in 1:59.1 and Argentina Menis threw the discus 216'0. And both were losers! Rumania's Marina Suman copped the two lap event in 1:58.6 and Bulgaria's Maria Vergova threw the disc 224'8 to grab the spotlight.

Most prolific of the athletes was Yugoslavia's Jelica Pavlcic who was a triple winner in the 100/200/400 with her 51.0 400 as the best of them all. Lutvian Mollova of Bulgaria won the javelin at 205'4 for another fine performance.

100, 1-Pavlicic (Yu) 11.6, 2-Stefanescu (Ru) 11.8; 800, 1-Suman (Ru) 1:58.6, 2-Tomova (Bul) 1:59.1, 3-Tschawdarova(Bul) 2:00.5; LJ, Lamoru (Greece) 21'8%; DT, 1-Vergova (Bul) 224'8, 2-Menis (Ru) 216'0, 3-Catarama (Ru) 196'4, 4-Stoweva (Bul) 195'6; 200, Pavlicic 23.1; 400, Pavlicic 51.0, 2-Stefanescu 53.5, 3-Suman 53.8; 1500, Tomova 4:14.8; 100mH, Stefanescu 13.2; HJ, 1-Teodorescu (Ru) 6'0, 2-Ioan-Bonci (Ru) 5'10%; JT, Mollova (Bul) 205'4, 2-Urbancic (Yu) 188'4.

ONTARIO INVITATIONAL

Scarborough, Ontario, Canada, August 10:-Karen MacHarg of the Kettering Striders, was the only American winner at the Ontario Invitational held in the cool of the evening on the all-weather track in Scarborough. Karen won the 1500 in 4:30.3, but it was later announced the distance was approximately 10 meters short. Detroit's Marjorie Grimmett was second in the 100m dash in 11.5, the fastest time by an American this year.

100m, (-0.2), 1-Lyn Kellond (Can) 11.5, 2-Marjorie Grimmett (Motor City) 11.5; 200, (+0.7), 1-Marg MacGowan (C) 24.4 ...4-Grimmett 24.9; 400, Rachelle Campbell 54.4; 800, Abby Hoffman 2:07.5; 1490m, 1-Karen MacHarg (KS) 4:30.3...4-Brenda Webb (KS) 4:34.9; 100mH, Susan Bradley 13.7; 4x100, Scarborough Lions 46.9; JT, Louise Beland 163'6; SP 1-Jane Haist 49'2½, 2-Carol Martin 46'8½; DT, 1-Martin 175'11, 2-Haist 175'9; HJ, 1-Julie White 5'8, 2-Louise Hanna 5'7; LJ, Debbie van Kiekebelt 17'10%.

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ALL-TIME MARRIED COUPLES

Greatest married couple of All-Time is the Soviet's javelin throwing pair of Janis Lusis and Elvira Ozolina.

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2124

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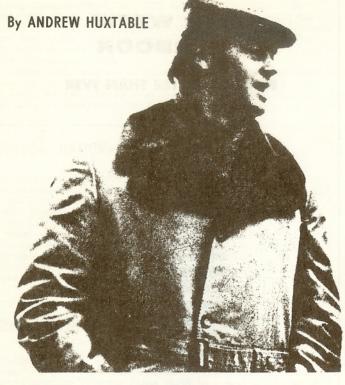
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ATTS member Andrew Huxtable of England has completed work on a most interesting statistical listing - the top married couples of all time. The first such list appeared in the November 1953 issue of "Athletics World", edited by twin brothers Ross and Norris McWhirter, (now the editors of the famous Guiness "Book of Records"). They wrote: "Though the Latin poet Horace said in about 10 B.C. that "There is measure in everything", it was only now that we have stumbled across the obvious method of measuring the greatest married team in track and field history. Using the IAAF Scoring Tables for the male partner and the Soviet Women's tables for the greatest feat of the spouse, we can arrive at the following result:

I-Emil Zatopek 29:02.6/Dana Ingrova 170'8	2477
2-Yuriy Lituyev 50.4/Valentina Bogdanova 19'3%	2258
3-Erwin Blask 193'7/Dora Vogt 24.8	2210

But times and performances have changed since then - and more and more track performers have become man and wife. The next updating occured in the December 1957 issue of "Track & Field News" by Fionnbar Callanan who scored on the IAAF tables. The three leading couples in 1957 were:

1-Harold Connolly 224'10/Olga Fikotova 176'1	2807
2-Derek Ibbotson 3:57.2/Madeline Wooller 2:11.9	2463
3-Emil Zatopek 28:54.2/Dana Ingrova 181'2	2462

Now Huxtable has brought this list up to date after a Rip Van Winkle scene for 18 years and the greatest husband/wife team in track and field history is no surprise - Janis Lusis and Elvira Ozolina, javelinists supreme from the Soviet Union. Husband Janis has tossed the spear 307'9 and frau Elvira threw 209'10 to beat the USA in 1973. The top 33 couples of all-time are:

1-Janis Lusis 307'9 JT/Elvira Ozolina 209'10 JT 2-Siegfried Hinzmann 267'3 JT/Gabrielle Trepschek	2227
219'10 DT	2157
3-Paul Krebs 29:07.0 10000m/Karin Burneleit 4:04.1	
1500m	2133
4-Joachim Kirst 7'l HJ/Rita Schmidt 6'3/2 HJ	2132
5-Trevor Wright 28:31.1 10000/Rosemary Stirling 2:00.2	
800m	2130
6-Rune Holmen 7:56.0 3000/Nina Warn 9:00.6 3000m	2125

7-John Sherwood 49.0 400H/Sheila Parkin 22'1 LJ Paul-Heinz Wellman 3:38.1 1500/Ellen Tittel 4:06.7 9-Gerd Stecher 51.7 400H/ Renate Meissner 10.8 100m 10-Rudolf Hubner 7'1½ HJ/Miloslava Rezkova 6'1½ HJ 11-Alan Pascoe 48.8 400H/Della James 11.3 100m Ilmars Ruus 8:29.6 St/Raisa Diastinova 2:02.1 800m 13-Howard Payne 232'6 HT/Rosemary Charters 190'4 DT 14-David Hemery 48.1 400H/Gloria O'Leary 2:05.6 800m 15-Bill Toomey 45.6 400/Mary Bignal 22'21/4 LJ 16-Jacques Pani 26'9¼ LJ/Nicole Montandon 23.0 200m Mikhail Bariban 56'5¼ TJ/Nadyezhda Kroyter 21'1¼ LJ 18-Robbie Brightwell 45.6 400m/Ann Packer 2:01.1 800m Ernst Ammann 225'6 HT/Sieglinde Pfannerstill 21'9% 20-Philippe Clerc 20.3 200m/Janet Simpson 52.5 400m 21-Valentin Gavrilov 7'3 HJ/Vyera Grushkina 5'11¼ HJ 22-Edmund Piatkowski 200'6 DT/Maria Ilwicka 10.6 80mH 23-David Cropper 1:46.8 800m/Patricia Lowe 2:01.7 800m Lennart Hedmark 266'2 JT/Linda Knowles 6'0 HJ Bob Seaman 3:58.0 lM/RaNae Bair 196'3 JT 26-Valentin Chistyakov 13.7 HH/Natalya Burda 52.2 400m 27-Pauli Pursiainen 14.1 HH/Mona-Lisa Strandvall 22.39 28-Vince Reel 21.1 200m/Chi Cheng 11.0 100m 29-Tommie Smith 19.83 200m/Denise Paschal 20'21/4 LJ 30-Harold Connolly 233'9 HT/Olga Fikotova 178'5 DT 31-Lartin Lotz 221'7 HT/Ingrid Eichmann 187'8 DT Klaus Fiedler 13.5 HH/Annerose Krumpholz 12.9 100mH

In yet another category, a list of best married couples by event (compiled by Lennart Julin):

33-Olgierd Cieply 221'5 HT/Teresa Wieczorek 10.6 80mH

100m	Philippe Clerc 10.2/Janet Simpson 11.6	1971
200m	Vince Reel 21.1/ Chi Cheng 22.4	2046
400m	Robbie Brightwell 45.6/Ann Packer 52.2	2076
800m	David Cropper 1:46.8/Patricia Lowe 2:01.7	2060
1500m	Paul Wellmann 3:38.1/Ellen Tittel 4:06.7	2124
3000m	Rune Holmen 7:56.0/Nina Warn 9:00.6	2125
Hurdles	Klaus Fiedler 13.5/Annerose Krumpholz 12.9	2042
HJ	Joachim Kirst 7'1/Rita Schmidt 6'3/2	2132
LJ	Mikhail Bariban 25'8/Nadyezhda Kroyter 21'21/4	1983
SP	None established	
DT	Kenneth Akesson 206'5/Elizabeth Alenmalm 155'7	1948
JT	Janis Lusis 307'9/Elvira Ozolina 209'10	2227
Dec/Pen	Bill Toomey 8417/Mary Bignal 5035	ns

KALEIDOSCOPE

Chalk up another victory for girl's track over boy's as Bill Wilson of the Thunderbolt Track Team, Kansas, moved from the male to the female program. He says, "I have worked for the past two summers with the Thunderbolt Track Club of Kansas and have enjoyed my work, but I also saw the need for competent coaches in the girls program in our high schools. When our girls coach resigned this summer, I asked to move to the girl's team from the boys team and am looking forward to next track season with our girls team at Topeka West HS."....Both Bondelle Thompson and Andrea Lynch, stalwarts of the British team, came originally from the Caribbean area....Mary Czarapata wants to know if she is the national record-holder for the over-35 age group in the mile (5:43.6) and two mile (12:24.0) John and Francie Goodridge have moved to Garden City, New York, where John will be head cross country coach and assistant track coach at Adelphi University Britain's Andrea Lynch says, "My coach (Tom Mc-Nab) has taught me to be a champion, you must think like a champion. He tells you so often that you are not just an ordinary athlete that you believe it. It wouldn't occur to you to play around in training. Champions don't".

How come tiny Finland is becoming so strong in our sport? They "discovered that one of the main reasons holding back progress was lack of financial assistance for training. So training stipends were introduced, ranging from small sums to about \$4000 a year for top performers, and a training camp built in Spain to give athletes opportunities to train during the cold and snow-covered winter in the sunny south, free of cost". One of the top Finnish coaches says, "An athlete, who besides training and resting, has to work every day all year round, will never reach the top. This is why training stipends are so important" There has been talk of combining men's and women's trials for the Olympic in 1976. A great idea - on paper. But put the men and women together and strange things would happen at such a meet with the women getting moved around, pushed aside and ignored by the august committees who run the men's show. 'Twouldn't work in spite of Eugene being a great place for a meet.

Of the top 50 discus marks of all time, Faina Melnik and Argentina Menis hold down 41 of them.... Swedish distance ace Inger Knutsson is out of competition this year with knee operations - cartilege removed from BOTH knees....Former trackster LaTanya Jordan is now LaTanya Glass.... A new Track Club in Louisiana - the "Greater New Orleans Streakers Sports Club". Should draw a lot of fans....Junior sprint titles in West Germany were won by 15 year old Claudia Steger with wins in 11.8/23.4....More names I like: Hindy Bear of the Boulder Cinderbelles and Fatima Pinto from Portugal....Miki Gorman can rest easy once again. When 19 year old Frenchwoman Chantal Langlace broke Miki's world marathon mark last month, it was not known that the course was 1300 meters short. It was. And Miki still has the record.... Elisabeth Ostberg, the former Long Beach Comet runner who actually was Swedish 800 meter champion, is spending the summer working as a counsellor at Walt Whitman Camp in Pike, New Hampshire. She will return to teaching girl's PE in Sweden this fall.... Another Swedish star who ran with the Comets during the 1972 season, Gunilla Lindh, recently set a Swedish record in the 800 with 2:02.57 and ran 4:09.9 for 1500 meters....Still another Swedish star who ran in California for the La Jolla TC, Ann Larsson, recently ran 53.74 for 400m against England...Will some enlightened British expert translate why that island's teams compete under the name of England, Great Britain and United Kingdom. It is confusing to us rebels....

East Germany, (and several other eatern European nations). is pushing for competition in Canada next summer. How about a triangular with GDR-Canada-USA?....Constant debate in the US about qualifying marks for Championship meets - do windaided marks qualify? Should they qualify? Everyone in authority says they should not, BUT, say they, what about the poor girl who never runs in a meet where a wind gauge is used? All we can say is wind-aided marks are NOT accepted as qualifying performances for the European Championships Have one difference of opinion with Pete Pozzoli and his Yearbook classifications. He has now lumped the Republic of China and the People's Republic of China into just one category, "China" with the explanation that they are all Chinese. Yet he lists East and West Germany - are they not all Germans? And North and South Korea - are they not all Koreans? And more than 25 African countries - are they not all black? and Estonia and Latvia and Lithuania and the Ukraine and USSR - are they not all Russians? And England, Wales, Scotland -

are they not all British? Guess most of these things look different to different people....13 year old Roxanne Keating of the Phoenix Chaparrals long jumped 19'2 at the Region X Junior Olympics. Other marks this year for Keating include 11.8, 25.7, 4'9, 12.4 80mH and 3275 pentathlon....

Steve Price, meet director for the 1974 National AAU Cross Country Championships to be held in Dayton, Ohio, reports the course will NOT be a typical two mile run in the park. The course will have hills, short but steep. It will have rough terrain. It will have some creeks to jump (5-8 feet wide). It will have weather - Steve says it "may be warm at 50° or it might cool down to 30°". It might rain. Or snow. Due to all the variances, he advises entrants to bring along several different length spikes and decide which your choice will be at race time. This will be the first year of the "Seaparation" policy of the AAU in which the age groupers are not to be present to possibly foul up the main events, the women's and girl's division championships. These races will be held in the morning. After everyone goes home for a bite of lunch, festivities will begin once again in the afternoon when the Kettering Striders Invitational is held for age groups. The boy's Division of the KS Invitational is set for Friday afternoon; girl's and women's Nationals Saturday morning; age groupers Saturday afternoon. There will be a big banquet following the championships. The Ohio people have been working overtime to prepare the Bellbrook course. They have cut down trees from the forrest, smoothed open fields and put blisters on their hands. The start and finish of the races will be on the athletic field and by climbing to the top row of the bleachers and bringing your binoculars, you will be able to see almost the entire race. In addition, a PA system will be in operation which will follow the race and keep spectators informed. Incidentally, the boy's races will NOT be held on the Kettering course, but instead will be on the course at Miamisburg and sponsored by the Mound Track Club. All in all, it should be a big weekend of cross country.

HIGH SCHOOL TRACK editor Richard Ede is away on his honey-moon. His colume will be resumed next month.

LETTER FROM HARMON BROWN

"Thought you might be interested in a few of the activities of the Olympic Committee for Women's Athletics and its Development programs. We received grants from the USOC to carry out these programs, and hope to solicit more funds from other sources for a broader based program next year. Here are a few of the items which we have organized or helped to support:

- 1-Thrower's training camp for 15 athletes at Cal State Hayward, February 1974.
- 2-Helped sponsor the US international Cross Country team to the World Championships in March 1974.
- 3-Sponsored a training camp for 11 jumpers and hurdlers at North Carlina Central University in Durham, April.
- 4-Sponsored a training camp for 22 jumpers, hurdlers and javelin throwers at Cal State Long Beach in April.
- 5-Sponsored a Pentathlon Clinic at the National Pentathlon Championships at UCLA in June.
- 6-Sponsored a Workshop on mechanics of track and field for coaches at the National Championships in Bakersfield in June.
- 7-Organized and sponsored a National Training Camp for 66 athletes and their coaches in all events at Cal State Long Beach, July. Staff included Dungee, Allice, Foreman, Santos, Sam West, Dick Tomlinson, Charles Holloway, Mike Gordon.
- 8-Sponsored several pentathletes to the International competition in Russia, August 3-4.
- 9-Organize and sponsor 3/4 pentathletes to the Canadian Championships in Toronto in August.
- 10-Sponsor a computerized biomechanical analysis program (pilot project) of outstanding women athletes in the jumps and throws.

As you can see, we are trying to change our image from that of a "do nothing" outfit, and given a good fund-raiser and more time we might be able to make a dent in things."

Women's W⊕RLD

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