Welch and Radetich oblite-rated the meet records by near-ly 10 feet and five inches, respectively.

Bill Bradfield of Carlmont cracked his own meet two mile record set last year by 1.3 seconds with a time of 9:54.9.

Welch also won the shot with a lifetime best put of 53-101/4, second best in the SPAL this season, and was unanimously voted the meet's Outstanding Field Performer award.

Performer award.
The Outstanding Track Performer trophy went to a lightweight performer. Woodside class C sprinter Chan Warden (see other story for details).
Carlmont was pushed a little more than expected by Ravenswood in the early-going, but took 1-2 in the low hurdles, three places in the mile and won the relay to pull away. The Scots scored a total of 78 points while Ravenswood held off San Carlos and Woodside, 53 to 50 to 47½, in and Woodside, 53 to 50 to 47½, in the battle for second place.

Welch was the only varsity double winner. Hurdle favorite Buddy Crowell won the highs but was upset by teammate Doug Rolly in the lows. For Rolly, a junior, it was the first time he has ever won a race.

Crowell also was upset in the long jump, where sophomore Ron Sledge of Ravenswood equaled the second best effort of the season in the SPAL with a 21-10 leap.

Rick Brandeburg of San Car-los, running the 440 for the third time in his life, clocked a fine 50.9 — an SPAL seasonal best. Menlo-Atherton's Dave Smith broke Carlmont's seven-year do-Menlo-Atherton's Dave Smith broke Carlmont's seven-year domination of the pole vault with a school record of 12-61/4.

120 HH — Crowell (C) 15.5, Rolly (C) 15.5, Moore (R) 15.8, Lane (S) 16.2, Robinson (S) 16.2.

880 — Wake (C) 1:58.5, Bradfield (C) 2:01.9, Magnan (S) 2:02.3, R. Romo (R) 2:02.4, Qarus (M) 2:04.1,

100 — Marshall (R) 10.2, Storek (W) 10.2, Sanders (R) 10.3, Covey (SC) 10.5, Jones (R) 10.5.

440 — Brandeburg (SC) 50.9, Erickson (W) 51.0, F. Romo (R) 51.3, Cohens (R) 52.8, Merz (C) 52.8.

2 Mile — Bradfield (C) 9:54.9 (meet record, old mark 9:54.9 by Bradfield, C, 1955.), Montante (C) 9:58.9, Zachary (SC) 10:08.9, Chell (SC) 10:12.6, Chapman (S) 130 LH — Rolly (C) 20.2, Crowell (C) 20.2, Crowell (C) 20.2, Covey (SC) 21.0, Knowles (R) 21.2, Lone (S) 21.3.

220 — Storek (W) 22.7, Langley (SC) 23.0, Eichorn (SC) 23.1, Hopp (C) 23.2, Erickson (W) 23.3.

Mile — Hull (SC) 31.1, Hopp (C) 23.2, Erickson (W) 23.3.

Mile — Hull (SC) 4:33.3, Dilley (M) 4:49.8, Moon (C) 4:51.3.

880 Relay — C (McNeill, Crowell, Hopp, Wake) 1:31.5, SC 1:32.6, W 1:32.8, R 1:33.3, 5:36.0.

HJ — Radefich (SC) 6-8 (Meet record. Old mark 6-3 by Brown, R, 1964), Dameter (M) 6-0, Sledge (R) 5-10, Dilley (M4.79, Spertyman (R) 19-7, Masaoka (M) 19-41/4, lie bet. Covey (SC) and Trujillo (S) 19-3.

SP — Welch (W) 53-10/4, Dunker (W) 53-294, Perryman (R) 49-8, Mulcady (S) 14-8, Lorenzen (C) 47-8.

Discus — Welch (W) 174-6 (Meet record. Old mark 164-10 by Grimm, C, 1964.), Simon (R) 161-1, Mulcady (S) 149-5, Price (W) 144-10, Ferguson (S) 144-34/4.

PV — Smith (M) 12-64/4, Moore (R) 11-0, tle bet. Williams (SC) and Macy (W) 16-6, no fifth.

SCORES: Carlmonl 78, Ravenswood 53, San Carlos 50, Woodside 471/2, Menlo-Atherton 20, San Carlos 151/2.

Add the points in all three divisions (varsity, B and C) together and Friday night's Sequoia District Track Championships wound up like this: Sequoia 153, Carlmont 139, Woodside 115, San Carlos 112, Ravenswood 107, Menlo-Atherton 94.

-Tribune Photo by Reynolds Crutchfield

And To the Victor . . .

Meet queens. In this case the principals are Corinne Stevens and 220 winner Fred Storek, both from Woodside.

Carlmont Wins Eighth Title in Row

By DENNIS ANDERSON Tribune Sports Writer

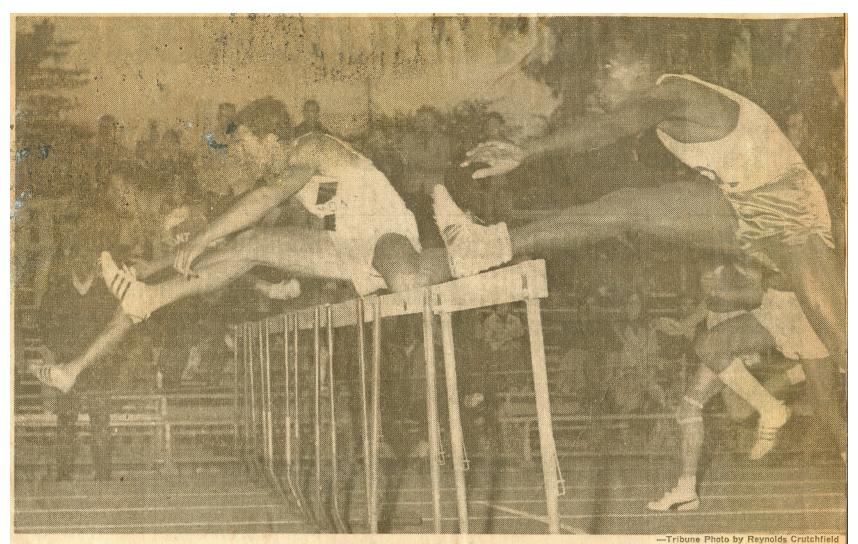
Ben Welch Live the discus 174 feet, 6 mc. s — an all-time SPAL best — and John Radetich high jumped 6-8 to feature the 11th annual Sequoia District Track and Field Championships Friday night at Terremore Field.

They accounted for two of three meet records as Carlmont High won its eighth straight district championship before about 1,000 fans in comparatively mild weather.

Welch, a 5-11, 190-pound junior who played linebacker on Woodside's co-champion football team last fall, improved more than nine feet over his previous best to climb to third place on the seasonal rankings for Northern California preps.

He erased the previous SPAL best of 170-7 by Cubberley's Don Castle in 1961. Official SPAL records can be set only in the league championship meet and trials, which will be held next week at Gunn High, however.

Radetich, who has an all-time SPAL best and County record of 6-9½ to his credit, did not miss a jump until he tried 6-10. His first two tries at that height were close, he got over the bar but ticked it off with his trailing leg on the first, but the third time he slipped on the hardtop on his approach and hit the bar on the way up.



Up and Over Go the Leaders

They finished in this same order in Friday night's Sequoia District Meet 120-yard high hurdles race with Carlmont's Gordon

Orowell (barely visible in the background) and Doug Rolly leading Ravenswood's Marvin Moore to the tape.

Carlmont Wins Eighth Title in Row

BY DENNIS ANDERSON **Tribune Sports Writer**

Track and Field Championships and Woodside, 53 to 50 to 471/2, in Friday night at Field.

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(see other story for details).