

STANFORD DEPARTMENT OF ATHLETICS
Time Schedule for Track & Field Clinic
February 21, 1959 - Cubberley Auditorium

Schedule

- 8:00 AM Registration - doughnuts and coffee and/or orange juice.
- 8:30 Motion Pictures - American Track & Field Champions behind the Iron Curtain.
- 8:50 Break
- 9:00 Panel: The Fourth Estate and Coaching in Track & Field.
Moderator: Payton Jordan, Track Coach, Stanford University
Panel Members:
Dink Templeton - World-renowned coach, popular sports writer and radio personage.
Walt Gamage - Sports Editor, Palo Alto Times; president of Northern California Football Writers; versatile, always fair, and highly regarded by fellow sports writers, athletes, readers, and fans.
Bert Nelson - Editor of Track & Field News, the guiding light for track athletes, coaches, and fans throughout the world.
Forrest Jamieson - Director of Athletics and coach of track, Palo Alto High School; rated as one of the finest high school distance coaches in the history of the United States.
Brayton Norton - Head Track Coach, Tennyson High School, Hayward; four-time winner of the National Pentathlon and still world record-holder for this event.
Jim Terrill - Assistant Track Coach, Stanford, formerly one of America's finest middle-distance runners.
- 9:45 Break
- 10:00 Discussion: Women in the Sport of Track & Field, Nationally and Internationally
Participants:
Mrs. Roxanne Andersen, Manager. Olympic Women's Track & Field Team, 1956; formerly champion, women's track and field; now an inspirational leader in the sport as well as an outstanding writer on the subject of the effect of athletic competition on girls and women.
Pamela Kurell - one of America's outstanding woman track and field athletes; an Olympian, member of U.S. Women's Track Team, who competed in Russia in the summer of 1958. Although enjoying great success now, her future will be even brighter.
- 10:30 Break
- 10:45 Panel: The Athletes Speak Up
Moderator: Bert Nelson, Editor, Track & Field News
Participants:
Chuck Cobb - Stanford Track Captain in '58; school record-holder at 13.9 sec. in the high hurdles; Member of American Team which toured Japan last summer.
Bertil Lundh - One of the world's outstanding middle-distance runners, with best marks of 1:47.8 for 800 meters and 3:41.1 for 1500 meters; a sophomore at Stanford University.
Jerry Winters - a junior shot-putter at Stanford, one of the fastest-improving athletes in America in this event.
Keith Wallace - Captain, 1958 Cross Country Team and top cross country runner in Stanford's history. Best mark: 9:11.8 in 2-Mile.
- 11:30 Break
- 11:40 Comments and questions from the floor; conclusions for the clinic by the Stanford Track Staff.
- 12 Noon LUNCH
- 1:30 PM Stanford Intra-Squad Winter Track & Field Championships, Angell Field, Stanford University.

NOTE: This is the type of clinic that all who attended last year indicated you would like to have in 1959. We are looking forward to having you join us for another productive and interesting day of track and field activity. Thanks for your continued interest and good wishes to each and every one of you and your athletes for a very happy and highly successful New Year.

PAYTON JORDAN
Director of Track

CALIFORNIA COACHES ASSOCIATION LONG DISTANCE RUNNING COACHING CLINIC

ON SATURDAY SEPTEMBER 30TH A LONG DISTANCE RUNNING COACHING CLINIC WILL BE HELD IN THE LITTLE THEATRE, HILLSDALE HIGH SCHOOL, 31ST AVENUE AND RAIL ROAD, SAN MATEO. WE HAVE, AS SPEAKERS, SEVERAL OF THE MOST SUCCESSFUL HIGH SCHOOL COACHES IN THE UNITED STATES. WE ARE EXTENDING A CORDIAL WELCOME TO ALL CROSS COUNTRY AND TRACK COACHES WHO ARE MEMBERS OF OUR ASSOCIATION. COACHES WHO ARE NOT MEMBERS MAY PAY THEIR YEARLY MEMBERSHIP DUES AT THE ENTRANCE. MEMBERSHIP IN THE CALIFORNIA COACHES ASSOCIATION ALLOWS THE ENTRANCE INTO ALL COACHING CLINICS THROUGHOUT THE YEAR (SUCH AS OUR EASTER CLINIC AT ST. MARYS WHERE COLLEGE CREDIT IS GIVEN) AND GIVES THE MEMBER THE COACHES NEWSLETTER. THE ORGANIZATION IS RAPIDLY INCREASING IN SIZE AND BENEFITS ARE INCREASING.

WE ARE ANTICIPATING A SIZEABLE CROWD AND WELCOME YOUR ATTENDANCE.

PROGRAM:

- 8:30 - INTRODUCTION.
9:35 - WILL KING - WASHINGTON HIGH SCHOOL - CENTERVILLE. WASHINGTON WAS THE NORTH COAST SECTION CHAMPION IN 1960 AND IS FAVORED TO REPEAT IN 1961. WILL HAS HAD OUTSTANDING SUCCESS AT WASHINGTON AND IS ONE OF THE OUTSTANDING HIGH SCHOOL COACHES IN AMERICA.
9:55 - RAY LAHAMNAH - HAYWARD HIGH SCHOOL - HAYWARD. RAY'S TEAMS ARE ALWAYS CONTENDERS IN THE NORTH COAST SECTION AND RAY IS THE MAN RESPONSIBLE.
10:15 - RAY EDIAN - CLAYTON VALLEY HIGH SCHOOL - CONCORD. RAY, LAST YEAR AT ALHAMBRA HIGH SCHOOL IN MARTINEZ, PRODUCED MORGAN GROTH, NORTH COAST CROSS COUNTRY CHAMPION AND 4:10 MILER. RAY'S TEAMS ARE ALWAYS STRONG.
10:35 - BERNIE WAGNER - SAN MATEO HIGH SCHOOL - SAN MATEO. BERNIE IS KNOWN IN NORTHERN CALIFORNIA FOR HIS EXCELLENT CROSS COUNTRY AND TRACK TEAMS. HE HAS HAD TWO 880 MEN PLACE IN THE STATE MEET THE LAST TWO YEARS.
10:55 - REFRESHMENTS.
11:05 - LEO LONG - LOS ALTOS HIGH SCHOOL - LOS ALTOS. LEO'S TEAMS ARE ALWAYS STRONG. HE IS THE PRODUCER OF DAVE BOORE AND ROBIN RUCKLE THE 3RD AND 5TH RANKING HIGH SCHOOL TWO MILERS OF ALL TIME.
11:25 - LOREN LANSBERRY - CARLISLE HIGH SCHOOL - BERLINT. LOREN HAS PRODUCED NATIONALLY RANKING TEAMS SINCE THE ESTABLISHMENT OF CARLISLE HIGH SCHOOL. HIS EXCELLENT HANDLING OF CROSS COUNTRY AND TRACK MEETS HAS DRAWN MUCH PRAISE.
11:45 - FORREST JAMIESON - PALO ALTO HIGH SCHOOL - PALO ALTO. FORREST JAMIESON HAS PRODUCED MORE OUTSTANDING HIGH SCHOOL DISTANCE RUNNERS THAN ANY COACH IN THE UNITED STATES. HIS TEAMS ARE ALWAYS RANKED NATIONALLY.
12:05 - 12:20 - QUESTION AND ANSWER SESSION.

TOPICS:

- WILL KING - "WASHINGTON HIGH SCHOOL TRAINING PROGRAM."
RAY LAHAMNAH - "PHYSIOLOGICAL ASPECTS OF DISTANCE RUNNING."
RAY EDIAN - "TRAINING A NATIONAL CHAMPION MILER."
BERNIE WAGNER - "RESISTANCE EXERCISES IN TRAINING DISTANCE RUNNERS."
LEO LONG - "TRAINING PROGRAM USED IN DEVELOPING BOORE AND RUCKLE."
LOREN LANSBERRY - "LEAD MANAGEMENT."
FORREST JAMIESON - "STATUS OF DISTANCE RUNNING."

SINCERELY YOURS,
Conan Smith
CONAN SMITH, TRACK CHAIRMAN
CALIFORNIA COACHES ASSOCIATION
HILLSDALE HIGH SCHOOL
SAN MATEO, CALIFORNIA