

INTERNATIONAL TRACK
 55th and University
 363-5254, 363-5457

BEST RESULTS OF THE POLAND TRACK & FIELD TEAM

M e n

No.	Name	Event	Best result
1.	Marian Foik	100 m 200 m 4 x 100 m	10.2 20.6
2.	Andrzej Zielinski	100 m 200 m 4 x 100 m	10.2 20.7
3.	Andrzej Karcz	100 m 200 m 4 x 100 m	10.4 20.9
4.	Jan Kaniecki	100 m 4 x 100 m	10.4
5.	Jerzy Juskowiak	100 m 4 x 100 m	10.4
6.	Jerzy Kowalski	400 m 4 x 400 m	46.1
7.	Ireneusz Kluczek	400 m 4 x 400 m	46.8
8.	Boguslaw Gierajewski	400 m 4 x 400 m	47.4
9.	Stanislaw Swatowski	400 m 4 x 400 m	46.7
10.	Witold Baran	800 m 1500 m	1:48.2 3:40.0
11.	Edward Szklarczyk	1500 m	3:45.7
12.	Jerzy Mathias	1500 m	3:
13.	Jerzy Bruszkowski	800 m 1500 m	1:49.4 3:46.3
14.	Kazimierz Zimny	5000 m	13:44.6
15.	Zdzislaw Krzyszkowiak	3000 m Steeplechase	8:30.4
16.	Lech Boguszewicz	5000 m	14:02.0
17.	Stanislaw Ozog	10000 m	29:03.0

INTERNATIONAL TRACK - Page 2 - BEST RESULTS

No.	Name	Event	Best result
18.	Mieczyslaw Kierlewicz	10000 m	30:20.0
19.	Edward Motyl	3000 m Steeplechase	8:55.6
20.	Andrzej Makowski	400 m hurdles	51.9
21.	Zdzislaw Kumiszcz	400 m hurdles	51.8
22.	Roman Muzyk	110 m hurdles	14.1
23.	Edward Bugala	110 m hurdles	14.4
24.	Waldemar Gawron	Broad Jump	7.68
25.	Jan Jaskolski	Broad Jump	7.69
26.	Andrzej Pulawski	Hop, Step & Jump	16.23
27.	Ryszard Malcherczyk	Hop, Step & Jump	16.67
28.	Edward Czernik	High Jump	2.10
29.	Piotr Sobotta	High Jump	2.09
30.	Janusz Gronowski	Pole Vault	4.56
31.	Andrzej Krzesinski	Pole Vault	4.50
32.	Tadeusz Rut	Throwing the Hammer	66.83
33.	Olgierd Cieply	Throwing the Hammer	64.57
34.	Edmund Piatkowski	Throwing the Discus	60.44
35.	Zenon Begier	Throwing the Discus	56.24
36.	Alfred Sosgornik	Putting the Weight	18.47
37.	Wladyslaw Komar	Putting the Weight	18.10
38.	Janusz Sidlo	Throwing the Javelin	85.65
39.	Wladyslaw Nikiciuk	Throwing the Javelin	79.01

INTERNATIONAL TRACK - Page 3 - BEST RESULTS

W o m e n

No.	Name	Event	Best result
40.	Teresa Ciepla	100 m 80 m hurdles 4 x 100 m	11.6 10.6
41.	Barbara Sobotta	100 m 200 m 4 x 100 m	11.6 23.6
42.	Halina Gorecka	100 m 200 m 4 x 100 m	11.6 23.8
43.	Elzbieta Szyroka	100 m 4 x 100 m	11.6
44.	Celina Gerwin	100 m 200 m 4 x 100 m	11.7 23.8
45.	Halina Krzyzanska	80 m hurdles	10.9
46.	Maria Piatkowska	80 m hurdles	10.7
47.	Krystyna Nowakowska	800 m	2:08.1
48.	Beata Zbikowska	800 m	2:08.8
49.	Elzbieta Krzesinska	Broad Jump	6.35
50.	Maria Bibro	Broad Jump	6.38
51.	Jaroslawa Bieda	High Jump	1.71
52.	Barbara Owczarek	High Jump	1.60
53.	Jadwiga Kowalczyk	Putting the Weight	15.11
54.	Stefania Kiewlen	Putting the Weight	15.42
55.	Kazimiera Rykowska	Throwing the Discus	53.65
56.	Zyta Mojek	Throwing the Discus	50.05
57.	Jadwiga Bochucinska	Throwing the Javelin	48.23
58.	Teresa Trukawinska	Throwing the Javelin	52.23

INTERNATIONAL TRACK - Page 4 - BEST RESULTS

Polish National Records

M e n	100 m	Marian Foik	10.2
	200 m	Marian Foik	20.6
	400 m	Jerzy Kowalski	46.1
	800 m	Stefan Lewandowski	1:46.5
	1500 m	Witold Baran	3:40.0
	3000 m	Kazimierz Zimny	7:54.6
	5000 m	Kazimierz Zimny	13:44.4
	10000 m	Zdzislaw Krzyszkowiak	28:52.4
	110 m hurdles	Roman Muzyk	14.1
	400 m hurdles	Wieslaw Krol	51.5
3000 m Steeplechase		Zdzislaw Krzyszkowiak	8:30.4
4 x 100 m		Andrzej Zielinski, Marian Foik, Jan Jarzembowski, Edward Schmidt	40.0
M e n	4 x 400 m	Gerard Mach, Tadeusz Kazmierski, Zbigniew Makomaski, Werner Proske	3:08
	Broad Jump	Kazimierz K opidlowski	7.82
	High Jump	Edward Czernik	2.10
	Pole Vault	Janusz Gronowski	4.56
	Hop, Step & Jump	Jozef Schmidt	17.03
	Putting the Weight	Alfred Sosgornik	18.58
	Throwing the Discus	Edmund Piatkowski	60.47
	Throwing the Javelin	Janusz Sidlo	85.56
	Throwing the Hammer	Tadeusz Rut	66.83
W o m e n	100 m	Stanislawa Walasiewicz	11.6
	200 m	Stanislawa Walasiewicz	23.6
	400 m	Karolina Lukaszczyk	56.2
	800 m	Krystyna Nowako.	2:07.4
	80 m hurdles	Teresa Wieczorek	10.6
	4 x 100 m	Teresa Wieczorek, Barbara Janiszewska, Celina Gerwin, Halina Gorecka	45.0
	High Jump	Jaroslawa Bieda	1.71
	Broad Jump	Maria Bibro	6.38
	Putting the Weight	Stefania Kiewlen	15.42
	Throwing the Discus	Kazimiera Rykowska	53.65
	Throwing the Javelin	Urszula Figwer	57.77

-----oo0oo-----