

HELMS ATHLETIC FOUNDATION  
SOUTHERN CALIFORNIA HIGH SCHOOL  
TRACK & FIELD RECORD

1 9 6 4 SEASON

TWENTY-EIGHTH ANNUAL EDITION

RESPECTFULLY DEDICATED TO  
ELVIN C. "DUCKY" DRAKE

On the evening of June 3, 1964, upon the eve of his retirement as Track & Field Coach at University of California, Los Angeles, but to continue to remain as Head Trainer at U.C.L.A., ELVIN C. "DUCKY" DRAKE was honored with a testimonial dinner, as hundreds of his former athletes, fellow coaches, friends and admirers gathered to salute him in proper manner.

. . . This was strong evidence that "Ducky" Drake had served his alma mater and Track & Field in distinguished manner, and that he had made notable contributions to his favored sport.

"Ducky" Drake's Track & Field coaching career covered 18 eventful seasons at U.C.L.A., beginning in 1947. He turned out many outstanding Bruin athletes. He claimed for U.C.L.A. the N.C.A.A. championship in 1956.

The thrill of a lifetime came to Coach Drake in 1960, at Rome, when he produced both the gold and silver medal winners in the Olympic Games Decathlon -- Rafer Johnson and C. K. Yang. No coach ever before did that, and it is possible that no other ever will.

This year, 1964, Elvin Drake was elected to the Helms Hall Athletic Trainers Hall of Fame. It was recognition which was given as the result of 23 years of dedicated effort in the interest of athletes. "Ducky" Drake is a champion in his field. Beyond that, he is a true sportsman, beloved and respected. His kind numbers in the few.

HELMS ATHLETIC FOUNDATION  
PAUL H. HELMS, JR., SPONSOR

**T**his marks to 28th year that Helms Athletic Foundation has issued its Southern California Track & Field Record Book in the interest of high school athletics.

It lists outstanding performances and records established by Southland high school track and field performers during the 1964 season. Five hundred record books are distributed by Helms Athletic Foundation each season without charge. Books are sent to coaches at high schools, colleges and universities throughout the country and to press, radio and television commentators.

Material gathered in this booklet has been obtained from sources believed to be reliable. Information has been provided by high school coaches, prep school officials and from the sports pages of Southland newspapers. Special thanks is extended to Rick Smith of the San Diego Tribune and Don Clarkson, San Diego Section commissioner, for supplying information from the San Diego High School Section.

This 28th annual Track and Field Record Book contains best marks of Los Angeles City and CIF track and field athletes over past years, past City and CIF championship teams and present City, State and National Interscholastic records. The book contains sections on top meets of the year, results of Southern California's five big prep meets of the year, best all-time marks by Southern California prep athletes and many other interesting sections.

Helms Athletic Foundation, with offices at Helms Hall, Los Angeles, is sponsored by Paul H. Helms, Jr. The Foundation was established in 1936, with one of its main functions that of recording achievements of athletes in all sports and in all divisions.

Track and Field Athletes of the Year are also listed for both Los Angeles City and CIF, Southern California Section, selections which have been made by All-Southern California Board of Athletics since 1937.

Track and Field athletes selected for Athlete of the Year honors since 1937 have their names engraved upon the Paul H. Helms perpetual trophy, which is permanently lodged in Helms Hall, Los Angeles.

Southern California High School Track and Field Record Books dating back to 1937 are on file in the Helms Athletic Foundation library. Also in the museum is the high school Track and Field Hall of Fame, with photos of those athletes named for Athlete of the Year honors dating back to 1937.

## CO-ATHLETES OF YEAR FOR 1964 SELECTED BY HELMS BOARD IN BOTH CITY & CIF TRACK RANKS

**U**nable to settle on single representatives from City and CIF, Southern Section ranks as Track and Field Athletes of the Year, the Helms prep Board of selection named co-athletes in both divisions for the 1964 season. Freddie Banks, who led Jefferson High School to the City title and a share of the State crown as he doubled in the sprints and set a new city mark in the quarter mile, was named for L.A. City honors along with Gardena's Greg Miguel, who likewise set a city standard in his event, the pole vault. Banks ambled to a 47.3 clocking in the quarter for his new City record and also won the State title in 47.5. Miguel's new city pole vault record of 14' 9 $\frac{1}{4}$ " erased Gene Kicenski's year old mark of 14' 5 3/4".

In CIF, Southern Section ranks another pole vaulter was acclaimed. Paul Wilson, who broke the 16-foot barrier in the CIF semi-finals with a monumental vault of 16' 1 $\frac{1}{8}$ ", was co-award winner along with Long Beach Poly's unbeaten Earl McCullouch, who set or tied national marks in both the high and low hurdles. Wilson set his vault mark in the semi-finals of the CIF qualifying at Compton High. He won the Southern Section vault at 15' 6" and set a new State Meet standard of 15' 4 $\frac{1}{4}$ " at the L.A. Coliseum.

Earl McCullouch set Southern Section and national standards in both the high (13.7 sec.) and low (18.1 sec.) hurdle events. Earl competed in 47 hurdle races during the school year and won every one of them.

The names of the four athletes of the year — Freddie Banks, Greg Miguel, Paul Wilson and Earl McCullouch — will have their names engraved upon the Paul H. Helms Trophy which is permanently lodged in Helms Hall.

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

SOUTHERN CALIFORNIA C.I.F. TRACK & FIELD ATHLETES OF THE YEAR....1937-1964

1937	BILL BUGBEE	Montebello	Broad Jump	23' 7 1/2"
1938	GIL LaCAVA	Beverly Hills	High Jump	6' 7 1/8"
1939	EDDIE MORRIS	Huntington Beach	Sprints	9.7 & 21.3
1940	EDDIE MORRIS	Huntington Beach	Sprints	9.6 & 20.7
1941	THELNO KNOWLES	Santa Monica	880	1:55.6
1942	JERRY SHIPKEY	Anaheim	Shot Put	56' 1 5/8"
1943	AL LAWRENCE	Glendale	HH(42") LH(220)	14.7 & 23.4
1944	DEL SMITH	Glendale	Pole Vault	13' 5 3/8"
1945	JOE SCOTT	El Monte	LH (220)	23.7
1946	JOHN HELWIG	Mt. Carmel	Shot Put	59' 5 7/8"
1947	JOHN BRADLEY	Hoover, Glendale	Sprints	9.9 & 21.8
1948	JOHN BRADLEY	Hoover, Glendale	Sprints	9.8 & 20.8
	HOWARD BUGBEE	Redondo Beach	Sprints	9.6 & 21.5
	BILL FELL	Compton	Sprints BJ	9.6, 21.1, 22.6"
1949	JACK DAVIS	Hoover, Glendale	HH & LH	14.4 & 19.2
1950	STEVE TURNER	Glendale	Sprints LH	9.9, 21.8, 18.9
1951	BOB CUNNING	Hoover, Glendale	Sprints	9.7 & 21.2
1952	FERNANDO LEDESMA	Compton	Mile	4:23.2
1953	DONALD VICK	Chaffey	Shot Put	62' 5 1/4"
	RONALD MORRIS	Burroughs, Burbank	Pole Vault	13' 11 1/8"
1954	BILL SWISSHELM	Santa Ana	LH	18.7
1955	CHARLES DUMAS	Centennial	High Jump	6' 1 1/4"
1956	ROBERT POYNTER	Pasadena	Sprints	9.6 & 21.0
1957	PRESTON GRIFFIN	Centennial	Sprints	9.4w & 20.3w
	CLARK BRANSON	Pasadena	Shot Put	64' 3/4"
1958	MELVYN CLIPPER	Muir, Pasadena	Sprints & 440	9.6, 20.6, 48.1
1959	DALE STORY	Orange	Mile	4:11.0
1960	ROBERT BONDS	Riverside	HH & LH	13.9 & 18.7w
	RAY VAN ASTEN	Bonita	880	1:51.9
1961	FORREST BEATY	Hoover, Glendale	Sprints	9.5 & 20.2
	ULIS WILLIAMS	Compton	440	46.1
1962	FORREST BEATY	Hoover, Glendale	Sprints	9.4 & 20.4
1963	DENNIS CARR	Lowell, Whittier	880	1:49.2n
1964	EARL McCULLOUGH	Poly, Long Beach	HH & LH	13.7 & 18.1
	PAUL WILSON	Warren, Downey	Pole Vault	16' 1/8"

LOS ANGELES CITY TRACK AND FIELD ATHLETES OF THE YEAR....1937-1964

1937	BRYANT ALLEN	Jefferson	Sprints	9.7 & 21.1
1938	BAYLOR MAYNARD	Belmont	Pole Vault	13' 9 1/4"
1939	BILL STEWART	Torrance	High Jump	6' 4 5/8"
1940	BILL SMITH	Belmont	Broad Jump	23' 7 1/2"
1941	BILL SMITH	Belmont	Broad Jump	24' 3 1/2"
1942	ROY THURMAN	Fremont	Shot Put	58' 10"
1943	MEL PATTON	University	Sprints	9.9 & 21.4
1944	HANK WILLIAMS	Belmont	880	1:57.7
1945	RON FRAZIER	Van Nuys	LH	19.0
1946	DICK ATTLESEY	Bell	HH & LH	14.3 & 19.8
1947	HUGH McELHENNY	Washington	HH & LH	14.0 & 19.2
1948	BOB CAMERON	Washington	Shot Put	59' 7 1/4"
1949	GEORGE BROWN	Jordan	Sprints BJ	9.8, 21.4, 25' 2 1/2"
1950	LANG STANLEY	Jefferson	880	1:53.9
1951	CLARKE MERRILL	Belmont	Pole Vault	13' 3"
1952	LAVERN SMITH	Jefferson	High Jump	6' 6 3/4"
1953	DARRYL ELLINGSON	Dorsey	Sprints	9.7 & 21.3
1954	EVERETT JACKSON	Manual Arts	Sprints	9.8 & 21.5
1955	JESSE NEWMAN	Jefferson	Mile	4:23.9
1956	DAVE DAVIS	Canoga Park	Shot Put	62' 7 1/2"
1957	TIM ROELEN	San Fernando	Mile	4:20.2
1958	JAMES BATES	Manual Arts	Sprints	9.4 & 21.2
	WILLIE DAVIS	Roosevelt	BJ & Sprints	25' 5", 9.6, 21.7
1959	HUBIE WATSON	Jordan	Sprints	9.5w & 21.6
1960	HUBIE WATSON	Jordan	Sprints	9.5 & 20.7
1961	VERN WILLIAMS	San Pedro	Pole Vault	13' 10"
1962	RICHARD STEBBINS	Jefferson	Sprints	9.4w & 20.9
1963	GENE KICENSKI	Cleveland	Pole Vault	14' 5 3/4"
1964	FREDDIE BANKS	Jefferson	Sprints & 440	9.6, 21.5, 47.0
	GREG MIGUEL	Gardena	Pole Vault	14' 9 1/4"

HONOR TRACK & FIELD TEAMS

Selection of All-Los Angeles City and All-Southern Section CIF Track & Field teams are made by All-Southern California Board of Athletics composed of Ralph Alexander (L.A. Herald-Examiner), Jerry Weiner (The Citizen News), Jeff Prugh (L.A. Times), Al Ames (Glendale News-Press), Gayle Palmer (San Pedro News-Pilot), Bob Hopper (San Gabriel Valley Tribune), Claude Anderson (San Bernardino Sun), Eddie West (Santa Ana Register), Doug Ives (Long Beach Press-Telegram), Dick White (South Bay Daily Breeze), Garland Rose (Riverside Press Enterprise), Phillip Patton (Santa Barbara News-Press), Nat Wess (Santa Monica Outlook), Chuck Thomas (Ventura Star Free-Press), John Strey (Whittier News), Floyd Schneidermann (Pasadena Star-News), Wayne Wilson (The Valley News), Chuck Thomas (Ventura Star Free-Press), Cliff Gewecke (Huntington Park Signal), Rick Smith (San Diego Tribune), Bill Whitney (Breitbard Foundation), Buddy Dyer (Helms Athletic Foundation) and W.R. Bill Schroeder (Chairman). The 1964 CIF - Los Angeles City honor teams follow:

<u>E V E N T</u>	<u>L. A. HIGH SCHOOL</u>	<u>MARK</u>	<u>C.I.F. HIGH SCHOOL</u>	<u>MARK</u>
100-Yard Dash	FRED BANKS (Jefferson) (Coach: Andy Bakjian)	9.6	HAROLD BUSBY (Muir, Pasadena)	9.7
	CHARLES MOCH (L.A.) (Coach: Homer Graves)	9.6	(Coach: Walter Opp)	
220-Yard Dash	CHARLES MOCH (Los Angeles) (Coach: Homer Graves)	21.3@	HAROLD BUSBY (Muir, Pasadena) (Coach: Walter Opp)	21.1
440-Yard Dash	FRED BANKS (Jefferson) (Coach: Andy Bakjian)	47.0**	SPENCER WILLIAMS (Chaffey) (Coach: Truck Lindsey)	47.8
880-Yard Dash	RAY SCHRUDER (Eagle Rock) (Coach: Morey Elmore)	1:52.4n	DEVONE SMITH (Compton) (Coach: Ernst Hartmann)	1:51.1*
One Mile Run	KENNETH ROBERTS (San Pedro) (Coach: Bob Stegmiller)	4:19.5**	RICHARD ROMERO (Burbank) (Coach: Frank Kallm)	4:14.0
120-Yard H.H.	PHIL FERRO (Cleveland) (Coach: E.R. Zuniga)	14.4	EARL McCULLOUGH (Poly, Long Beach) (Coach: Leon Forman)	13.7#
180-Yard L.H.	GEORGE MARTINEZ (Banning) (Coach: Pete Zamperini)	19.3	EARL McCULLOUGH (Poly, Long Beach) (Coach: Leon Forman)	18.1#
High Jump	TYRONE CAMPBELL (Dorsey) (Coach: Bert Jacobs)	6' 7"	RICK SLOAN (Anaheim) (Coach: Bob Hager)	6' 8"
			GREG HEET (Lowell, La Habra) (Coach: Jim Sutton)	6' 8"
Pole Vault	GREG MIGUEL (Gardena) (Coach: Bob Daligney)	14' 9 $\frac{1}{4}$ "**	PAUL WILSON (Warren, Downey) (Coach: John Mitchell)	16' 1 $\frac{1}{8}$ "¢
Broad Jump	STANLEY ROYSTER (Jordan) (Coach: J. Flores)	23' 6 3/4"	BOBBY BONDS (Poly, Riverside)	25' 3"
	WILLIE CRAWFORD (Fremont) (Coach: F. Nobbe)	25' 1 1/2"	(Coach: Earl Marshall)	
Shot Put	ISIAH OAKES (Venice) (Coach: Frank Cullom)	59' 8"	TIM KEARIN (Muir, Pasadena) (Coach: Walter Opp)	61' 10"

(Note: Marks listed are best marks for 1964 season) \* CIF Meet Record

@ New City Meet Record around turn

¢ New National Record

\*\* City Meet Record (Banks mark 47.3)

# New CIF Meet Record and ties National Record

## HELMS ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

## WINNERS OF MAJOR SOUTHERN CALIFORNIA HIGH SCHOOL TRACK &amp; FIELD MEETS IN 1964

M E E T	DATE	W I N N E R	POINTS
Santa Ana Relays, Group I . . . . .	March 6	Santa Ana Valley . . . . .	28
Group II. . . . .	March 6	Tustin . . . . .	30
Burroughs Relays. . . . .	March 7	Antelope Valley. . . . .	75
Hart Invitational . . . . .	March 7	Fillmore . . . . .	27
Notre Dame Relays . . . . .	March 7	Notre Dame . . . . .	41
Steelers Relays . . . . .	March 12	San Bernardino . . . . .	35 $\frac{1}{2}$
Palmdale Relays . . . . .	March 14	Victor Valley & Upland . . . . .	31
Orange County Relays. . . . .	March 14	Tustin . . . . .	30 $\frac{1}{2}$
Pasadena Games. . . . .	March 14	Muir, Pasadena . . . . .	69
Temple City Relays. . . . .	March 14	Temple City. . . . .	58
Southern Counties Relays (Large S). . . . .	March 21	Muir, Pasadena & Poly, L.B.. . . . .	42
(Small S). . . . .	March 21	Pomona . . . . .	40 $\frac{1}{2}$
Baldwin Park Track Carnival . . . . .	March 21	San Marino . . . . .	27
Buena-Ventura Relays. . . . .	March 21	Santa Barbara. . . . .	73
Glendale Relays . . . . .	March 24	Muir, Pasadena . . . . .	61
Santa Barbara Easter Relays . . . . .	March 28	Mira Costa . . . . .	29
Bellflower Relays . . . . .	March 28	Poly, Long Beach . . . . .	43
Chino Relays. . . . .	April 3	Corona . . . . .	84
Palm Springs Relays . . . . .	April 4	Corona . . . . .	34
Laguna Trophy Meet. . . . .	April 4	Valencia . . . . .	54
Inglewood Relays. . . . .	April 10	Santa Monica . . . . .	92 $\frac{1}{2}$
Chaffey Invitational. . . . .	April 11	Compton. . . . .	26
Arroyo Invitational . . . . .	April 11	Sierra . . . . .	26
Compton Cup . . . . .	April 18	Poly, Long Beach . . . . .	49
Riverside Spike-O-Rama. . . . .	April 18	San Bernardino . . . . .	25
Inland League Finals. . . . .	May 1	John Glenn . . . . .	71
Sunset League Finals. . . . .	May 1	Western. . . . .	63
Crestview League Finals . . . . .	May 1	Santiago . . . . .	52 $\frac{1}{2}$
Channel League Finals . . . . .	May 1	Oxnard . . . . .	47
Angelus League Finals . . . . .	May 1	Salesian . . . . .	71 $\frac{1}{2}$
Prep League Finals. . . . .	May 6	Culter . . . . .	66
Sierra League Finals. . . . .	May 8	San Gabriel. . . . .	139
San Gabriel Valley League Finals. . . . .	May 8	El Rancho. . . . .	57
Pacific League Finals . . . . .	May 8	Arcadia. . . . .	43
Montview League Finals. . . . .	May 8	Pomona . . . . .	78
Sky League Finals . . . . .	May 8	Morningside. . . . .	67
Coast League Finals . . . . .	May 8	Compton. . . . .	57 $\frac{1}{2}$
Freeway League Finals . . . . .	May 8	Santa Ana Valley . . . . .	54 $\frac{1}{2}$
Bay League Finals . . . . .	May 8	Santa Monica . . . . .	67
Orange League Finals. . . . .	May 8	Laguna & Valencia. . . . .	53
Pioneer League Finals . . . . .	May 8	Aviation. . . . .	123
Citrus Belt League Finals . . . . .	May 8	Redlands . . . . .	36
Southern League Finals (LA City). . . . .	May 7	Jefferson. . . . .	51
Western League Finals " " . . . . .	May 8	University . . . . .	64 $\frac{1}{4}$
Eastern League Finals " " . . . . .	May 8	Roosevelt. . . . .	48 $\frac{1}{4}$
Marine League Finals " " . . . . .	May 8	Jordan . . . . .	59
Northern League Finals " " . . . . .	May 8	Belmont. . . . .	47 $\frac{1}{2}$
West-Valley L. Finals " " . . . . .	May 8	Birmingham. . . . .	83 $\frac{3}{4}$
East-Valley L. Finals " " . . . . .	May 8	Monroe . . . . .	53
Camino Real League Finals . . . . .	May 9	Crespi . . . . .	81
Moore League Finals . . . . .	May 9	Poly, Long Beach . . . . .	82
Golden League Finals. . . . .	May 9	Victor Valley. . . . .	71 $\frac{1}{2}$
Olympic League Finals . . . . .	May 9	Harvard. . . . .	61
Tri-County League Finals. . . . .	May 9	Claremont. . . . .	41 $\frac{1}{2}$
Los Angeles City Finals . . . . .	May 23	Jefferson. . . . .	43
San Diego Section CIF Finals. . . . .	May 29	Lincoln. . . . .	36
Southern Section CIF Finals . . . . .	May 29	Muir, Pasadena . . . . .	24
California State Finals . . . . .	June 6	Jefferson, LA & Poly, LB . . . . .	13

## HELM'S ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

RESULTS OF CALIFORNIA STATE MEET CHAMPIONSHIPS — L.A. COLISEUM, JUNE 6

100-Yard Dash:	Hines (McClymonds, Oak.) 2. Reaves (Edison, Fresno) 3. Kuller (Santiago) 4. Banks (Jefferson) 5. Cox (Redlands)	9.7
220-Yard Dash:	Hines (McClymonds, Oak.) 2. Kuller (Santiago) 3. Cox (Redlands) 4. Moch (Los Angeles) 5. Busby (Muir, Pasadena)	21.5
440-Yard Dash:	Banks (Jefferson) 2. Williams (Chaffey) 3. Harris (Jefferson) 4. Evans (Overfelt) 5. Mathis (Fremont, LA)	47.5
880-Yard Dash:	Hose (Madison, SD) 2. Mitchell (Bakersfield) 3. Smith (Compton) 4. Schrudder (Eagle Rock) 5. Channels (Colton)	1:51.7
One Mile Run:	Ryan (Wilcox) 2. Howard (St. Ignatius) 3. Santos (Fresno) 4. Goff (Palisades) 5. Ray (Modesto)	4:11.2
120-Yard H.H.	McCullouch (Poly, LB) 2. Moody (Corona) 3. Caminiti (Crespi) 4. Vanderstock (Pomona, Cath.) 5. Pelton (Chatsworth)	14.1
180-Yard L.H.	McCullouch (Poly, LB) 2. Smith (Castlemont, Oak.) 3. Caminiti (Crespi) 4. Clark (Grant, Sacto) 5. Smith (Lemoore)	19.0
High Jump:	Heet (Lowell, La Habra) 6'7 3/4" 2. Hanks (Hoover, SD) 6'7 3/4" 3. Neuman (Stagg, Stockton) 6'7 3/4" 4. Lowe (Awalt) 6'7 3/4" 5. Hooks (Fremont, LA) 6'5 3/4"	
Pole Vault:	Wilson (Warren, Downey) 15'4 1/4"** 2. Dullam (Buena, Ventura) 14'10 1/4" 3. Miguel (Gardena) 14'6" 4. Phillips (Carlmont) 14'6" 5. Montano (Lincoln, SD) 14'1"	
Broad Jump:	Bonds (Poly, Riverside) 25'3" 2. Reaves (Edison, Fresno) 24'4 1/2" 3. Murrell (Poly, LB) 24'0 1/4" 4. Rogers (Ells, Richmond) 23'11 1/2" 5. Turner (El Cajon) 23'9 3/4"	
Shot Put:	Brannen (Los Gatos) 62'7 1/4" 2. Fricia (San Marcos) 60'9" 3. Allen (Muir, Pasadena) 60'2" 4. Kearin (Muir, Pasadena) 60'1" 5. Smart (Los Altos) 59'7"	
Discus:	Staley (Los Lomas) 181'2" 2. Smart (Los Altos) 174'10" 3. Grise (Grossmont) 174'6" 4. Brannen (Los Gatos) 172'0" 5. Hickey (Hillsdale) 171'0"	
880-Yard Relay:	Muir, Pasadena (Lynche, Streetz, Tolley, Busby) 2. Los Angeles 3. Jefferson 4. Grant, Sacramento 5. Camarillo	1:26.4

\* New California State Meet Record

Scoring (First Six) Jefferson (13) Poly, Long Beach (13) 3. Muir, Pasadena (11)  
 4. McClymonds, Oakland (10) 5. Edison, Fresno (8) 6. Los  
 Gatos (7) Santiago (7)

HEIMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

RESULTS OF C.I.F. SOUTHERN SECTION TRACK AND FIELD MEET CHAMPIONSHIPS

HELD AT CERRITOS COLLEGE ON MAY 29, 1964

100-Yard Dash:	Busby (Muir, Pasadena) 2. Kuller (Santiago) 3. Priebe (Yucaipa) 4. Cox (Redlands) 5. James (Perris)	9.7
220-Yard Dash:	Busby (Muir, Pasadena) 2. Kuller (Santiago) 3. Cox (Redlands) 4. James (Perris) 5. Julian (Bolsa Grande)	21.6
440-Yard Dash:	Williams (Chaffey) 2. Denny Smith (Compton) 3. Jacinto (Oxnard) 4. Gormly (Ramona) 5. Sommer (Poly, LB)	47.8
880-Yard Dash:	Devone Smith (Compton) 2. Arnett (Pasadena) 3. Channels (Colton) 4. Nichols (Poly, LB) 5. Spicer (Millikan, LB)	1:51.1*
One Mile Run:	Romero (Burbank) 2. Mendoza (Santa Ana) 3. Webb (Millikan) 4. Daughtry (Glendale) 5. Bergstrom (Magnolia)	4:14.0
120-Yard H.H.	McCullouch (Poly, LB) 2. Moody (Corona) 3. Caminiti (Crespi) 4. Vanderstock (Pomona Cath.) 5. Ellis (Muir, Pasadena)	13.7#
180-Yard L.H.	McCullouch (Poly, LB) 2. Caminiti (Crespi) 3. Heet (Lowell) 4. Vanderstock (Pomona Cath.) 5. Linn (Warren)	18.1#
High Jump:	Sloan (Anaheim) 6'7" 2. Heet (Lowell) 6'6" 3. Budds (Pius X) 6'6" 4. Weinrich (Santa Ana) 6'6" 5. Cavins (Victor Valley) 6'4"	
Pole Vault:	Wilson (Warren) 15'6" 2. Buchanan (Claremont) 14'6" 3. Gruber (Chaffey) 14'0" 4. Dullam (Buena) 13'6" 5. Trosko (Valencia) 13'6"	
Broad Jump:	Bonds (Poly, Riverside) 24'6 $\frac{1}{2}$ " 2. Murrell (Poly, LB) 23'3 3/4" 3. Armstrong (Imperial) 22'11 $\frac{1}{2}$ " 4. Tolley (Muir, Pasadena) 22' 6 3/4" 5. Denny Smith (Compton) 22' 4 $\frac{1}{2}$ "	
Shot Put:	Kearin (Muir, Pasadena) 61'10" 2. Alger (Whittier) 59'5" 3. Fricia (San Marcos) 59' 1 3/4" 4. Pringle (Dominguez) 58' 9 3/4" 5. Allen (Muir, Pasadena) 57' 9 3/4"	
880-Yard Relay:	Muir, Pasadena 2. Poly, Long Beach 3. Redlands 4. Pomona 5. Camarillo	1:26.7

\* New C.I.F. Southern Section Meet Record

# New C.I.F. Southern Section Meet & National Interscholastic Record

Scoring (First Six) Muir, Pasadena (24) 2. Poly, Long Beach (21) 3. Compton (10)  
4. Chaffey (8) Redlands (8) Santiago (8)

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

RESULTS OF LOS ANGELES CITY HIGH SCHOOL TRACK & FIELD MEET  
HELD AT EAST LOS ANGELES STADIUM, MAY 23, 1964

100-Yard Dash:	Banks (Jefferson) 2. Moch (Los Angeles) 3. Wheeler (Manual Arts) 4. Thompson (Narbonne) 5. Townsend (Jordan) 6. Saviskas (Westch'er)	9.6
220-Yard Dash: (Curve)	Moch (Los Angeles) 2. Isaacs (Los Angeles) 3. Wheeler (Manual Arts) 4. Thompson (Narbonne) 5. Jackson (Fremont) 6. Sheppard (Jordan)	21.3 *
440-Yard Dash:	Banks (Jefferson) 2. Chisom (Manual Arts) 3. Harris (Jefferson) 4. Mathis (Fremont) 5. Reed (Hollywood) 6. Morrison (Birmingham)	47.3 *
880-Yard Dash:	Schrudder (Eagle Rock) 2. Battle (Manual Arts) 3. Brosh (Canoga Park) 4. Rocha (Roosevelt) 5. Johnson (San Fernando) 6. Levine (University)	1:53.6
One Mile Run:	Roberts (San Pedro) 2. Ellison (Birmingham) 3. Harris (Washington) 4. Goff (Palisades) 5. Rios (Roosevelt) 6. Hughes (Dorsey)	4:19.5 *
120-Yard H.H.	Ferro (Cleveland) 2. Pelton (Chatsworth) 3. Burrell (Washington) 4. Martinez (Banning) 5. Ransom (Washington) 6. Gibbs (San Pedro)	14.4
180-Yard L.H.	Martinez (Banning) 2. Martin (Fremont) 3. Pelton (Chatsworth) 4. Payne (Jefferson) 5. Braxton (Banning) 6. Brooks (Riis)	19.3
High Jump:	Campbell (Dorsey) 6'7" 2. Hooks (Fremont) 6'5" 3. Tie among Braxton (Banning), Liles (Granada Hills), Wright (Belmont) Fox (Roosevelt), Gibbs (San Pedro) 6'3"	
Pole Vault:	Miguel (Gardena) 14' 9 $\frac{1}{4}$ " * 2. Tie between Doman (Washington) and Sepulveda (Marshall) 13' 8 $\frac{1}{2}$ " 4. Tie between Mack (Birmingham) and Tugwell (Manual Arts) 13' 6. Tie between Aubry (Palisades) and Smith (Monroe) 12'6"	
Broad Jump:	Royster (Jordan) 23' 6 3/4" 2. Wilson (Jordan) 23' 1 $\frac{1}{2}$ " 3. Williams (Jefferson) 22' 11 $\frac{1}{2}$ " 4. Moore (Venice) 22' 9" 5. Newman (Monroe) 22' 8 $\frac{1}{2}$ " 6. Jones (Poly) 22' 7 3/4"	
Shot Put:	Oakes (Venice) 59' 8" 2. Johnson (Monroe) 58' 8 3/4" 3. Staten (Washington) 58' 0 3/4" 4. Hayhoe (Birmingham) 56' 0 1/2" 5. Dimon (Sylmar) 55' 7 $\frac{1}{2}$ " 6. Moore (Eagle Rock) 55' 4"	
One Mile Relay: (8-Man)	Fremont 2. Jefferson 3. Los Angeles 4. Jordan 5. Dorsey 6. Birmingham	2:57.3

\* New Los Angeles City Meet Record

Scoring (First Six) 1. Jefferson (44) 2. Los Angeles (32) & Fremont (32)  
4. Manual Arts (31) 5. Washington (27) 6. Jordan (25)

## HELM'S ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

## 4TH ANNUAL C.I.F. SAN DIEGO CITY SECTION TRACK &amp; FIELD CHAMPIONSHIPS, MAY 29TH

100-Yard Dash:	Olander (Helix) 2. Massey (Chula Vista) 3. Johnson (Kearny) 4. Millar (La Jolla) 5. Ward (San Diego)	9.9
220-Yard Dash:	Massey (Chula Vista) 2. Olander (Helix) 3. Johnson (Kearny) 4. Morgan (Mission Bay) 5. Gray (Monte Vista)	21.7
440-Yard Dash:	Renwick (Grossmont) 2. Moore (Lincoln) 3. Corlett (Coronado) 4. Hallmark (Mission Bay) 5. Singletary (San Diego)	48.8
880-Yard Dash:	Hose (Madison) 2. Hendrickson (El Capitan) 3. Colson (Hoover) 4. Hoff (Escondido) 5. McConnell (El Capitan)	1:51.1*
One Mile Run:	Funderburk (Vista) 2. Schwaebe (Granite Hills) 3. Link (Hilltop) 4. Dragila (La Jolla) 5. Lamorandier (Grossmont)	4:14.4*
120-Yard H.H.	Fox (Lincoln) 2. Miner (Lincoln) 3. Wright (Kearny) 4. Odom (Kearny) 5. Bailey (Mar Vista)	14.6
180-Yard L.H.	Miner (Lincoln) 2. Fox (Lincoln) 3. Odom (Kearny) 4. Wright (Kearny) 5. Kerr (Grossmont)	19.7
High Jump:	Hanks (Hoover) 2. Hull (Hoover) 3. Cooper (Lincoln) 4. Turner (El Cajon) 5. Tie between Patterson (Helix) Long (Granite Hills)	6' 8"**
Pole Vault:	Montano (Lincoln) 2. Giesser (Coronado) 3. Jensen (Hilltop) 4. Baldwin (Grossmont) 5. Peterson (El Cajon)	14'
Broad Jump:	Richardson (Granite Hills) 2. Turner (El Cajon) 3. Cooper (Lincoln) 4. Lott (Point Loma) 5. Johnson (Kearny)	23' 1"
Shot Put:	Nelson (Helix) 2. Bishop (Point Loma) 3. Schroeder (Mount Miguel) 4. Gauthier (Helix) 5. Grise (Grossmont)	60' 9"**
Discus:	Grise (Grossmont) 2. Bishop (Point Loma) 3. Tvrz (Mar Vista) 4. Gold (Grossmont) 5. Sutton (Grossmont)	170' 5"**
880-Yard Relay:	Kearny (Johnson, Scanlon, Hayes, Pegler) 2. Chula Vista 3. Lincoln 4. San Diego 5. Mission Bay	1:28.2

\* New Meet Record

Scoring (First Six) 1. Lincoln (36) 2. Kearny (22) 3. Grossmont (18)  
4. Helix (14½) 5. Hoover (14) 6. Chula Vista (13)

SAN DIEGO CITY SECTION TRACK & FIELD MEET RECORDS

100-Yard Dash	Charles Sanford	San Diego	9.6	1963
220-Yard Dash	Dave Blunt	Escondido	21.0	1961
220-Yard Dash (curve)	Byron Olander	Helix (Prelim)	21.6	1964
440-Yard Dash	Tom Agsten	Hoover	48.5	1963
880-Yard Dash	Bob Hose	Madison	1:51.1	1964
One Mile Run	Dave Funderburk	Vista	4:14.4	1964
120-Yard H.H.	Mike Swaim	Oceanside (Prelim)	14.4	1963
180-Yard L.H.	Charles Sanford	San Diego (Prelim)	19.3	1963
High Jump	Ed Hanks	Hoover	6' 8"	1964
Pole Vault	Jim Pritchard	Escondido (Pre)	14' 5 3/4"	1963
Broad Jump	James Kennedy	Lincoln	24' 0 1/2"	1963
Shot Put (12 lb.)	Doug Nelson	Helix	60' 9"	1964
Discus (3 lb 9 oz)	Richard Grise	Grossmont	170' 5"	1964
880-Yard Relay	Lincoln (Peavy, Miller, Greenwood, Ragsdale) . . .	1:27.2	1962	
	San Diego (Sanford, Dixon, Blackledge, Baker) . . .	1:27.2	1963	

PAST SAN DIEGO SECTION MEET CHAMPIONS

1961 Lincoln High School	28 Pts.	1963 San Diego High School	37 Pts.
1962 Lincoln High School	39 Pts.	1964 Lincoln High School	36 Pts.

## HELMS ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

## RESULTS OF 5TH ANNUAL GOLDEN WEST INVITATIONAL HELD AT CERRITOS COLLEGE, JUNE 20TH

100-Yard Dash:	Cox (Redlands) 2. Hines (McClymonds, Oak.) 3. Castronovo (Oceanside, NY) 4. Figueroa (Sunnyvale)	9.8
220-Yard Dash:	Hines (McClymonds, Oak.) 2. Cox (Redlands) 3. Figueroa (Sunnyvale) 4. Kuller (Santiago)	21.5
440-Yard Dash:	Banks (Jefferson, LA) 2. Pollard (Huntington, Newport News, Va) 3. Rainey (White Plains, NY) 4. Van Dyke (Hudson's Bay, Vancouver, Wash.)	47.0 *
880-Yard Dash:	Hose (Madison, SD) 2. Smith (Compton) 3. Channels (Colton) 4. Schrudder (Eagle Rock)	1:51.7
One Mile Run:	McClain (Salina, Kan.) 2. Willborn (Albany, Ore.) 3. Patrick (Kenwood, Baltimore, Md.) 4. Wieczorek (Proviso East, Maywood, Ill.)	4:13.3
120-Yard H.H.	McCullouch (Poly, LB) 2. Morriss (Jones, Houston, Tex.) 3. Tie between Moody (Corona) Vanderstock (Pomona Cath.)	13.9
180-Yard L.H.	McCullouch (Poly, LB) 2. Castronovo (Oceanside, NY) 3. Vander- stock (Pomona Cath.) 4. Morriss (Jones, Houston, Tex.)	18.5 *
High Jump:	Hanks (Hoover, SD) 6-6* 2. Tie between Christiansen (Sandia, Albuquerque, NM) & Heet (Lowell, La Habra) 6-6 4. Downing (Evanston, Ill.) 6-6 (Places decided on fewer misses)	
Pole Vault:	Buchanan (Claremont) 14-0 2. Caffey (Highlands, Albuquerque, NM) 14-0 3. Linta (Malabar, Mansfield, Ohio) 14-0 4. Dullam (Buena, Ventura) 14-0 (Places determined on fewer misses)	
Broad Jump:	Rogers (Ells, Richmond) 22-11 2. Ehlenberg (Catalina, Tucson, Ariz.) 22-10 3/4 3. Motley (Poly, LB) 22-6 4. Clifton (Rio Vista, Texas) 21-11 3/4	
Shot Put:	Bethea (Central, Trenton, NJ) 64-1 1/2 2. Brannen (Los Gatos) 62-0 3. Richards (Cottage Grove, Ore.) 61-2 4. Kearin (Muir, Pas) 60-9 1/4	
Discus:	Bethea (Central, Trenton, NJ) 185-8 1/2 2. Brannen (Los Gatos) 167-10 3. Grise (Grossmont, SD) 165-10 3/4 4. Jeffries (Highlands, Albuquerque, NM) 165-8 1/2	
Two Mile Run	Messenger (Kenwood, Baltimore, Md) 2. Schulz (Evanston, Ill) 3. Husaruk (Montebello) 4. Webb (Millikan, LB)	9:17.6

\* New Meet Record

GOLDEN WEST INVITATIONAL MEET RECORDS

100-Yard Dash	Charles Green	Seattle, Washington	9.5	1963
220-Yard Dash	Vernus Ragsdale	Lincoln, San Diego	21.1	1962
440-Yard Dash	Freddie Banks	Jefferson, Los Angeles	47.0	1964
880-Yard Dash	Tom Sullivan	Evanston, Illinois	1:50.6	1961
One Mile Run	Morgan Groth	Martinez, Calif.	4:10.0	1961
Two Mile Run	Doug Brown	Red Lodge, Montana	9:16.2	1962
120-Yard H.H.	Mel Renfro	Portland, Oregon	13.8	1960
180-Yard L.H.	Earl McCullouch	Poly, Long Beach, Calif.	18.5	1964
Shot Put (12 lb.)	Don Castle	Palo Alto, Calif.	65-7 3/4	1961
Discus (3 lb 9 oz)	Art Swarts	Scotch Plains, New Jersey	187-7 1/4	1963
Pole Vault	Marc Savage	Claremont, Calif.	15-0 1/2	1963
High Jump	Ed Hanks	Hoover, San Diego	6-6	1964
Broad Jump	Walt Roberts	Compton, Calif.	23-8 1/4	1960
	Sam Workman	Taft, Calif.	23-8 1/4	1961

HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1964  
 OUTSTANDING MARKS MADE BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES DURING 1964 SEASON

M A R K	A T H L E T E	S C H O O L	Y E A R	M E E T	D A T E
<u>100-YARD DASH</u>					
9.4	John James	Perris	Senior	Meet of Champions	5/8
9.5w	Fred von Schrader	Camarillo	Senior	Channel Prelims	4/30
9.6	Stan Edmonds	Savanna	Soph.	Anaheim Relays	5/9
9.6	Dave Black	Santa Monica	Senior	Bay Finals	5/8
9.6n	Charles Moch	Los Angeles	Soph.	City Finals	5/23
9.6	Freddie Banks	Jefferson	Senior	City Finals	5/23
9.6	Steve Caminiti	Crespi, Encino	Senior	St. Bernard	3/13
9.6w	Bobby Bonds	Poly, Riverside	Senior	Pacific	4/22
9.6	Fred Kuller	Santiago	Senior	Crestview Finals	5/1
9.6w	Jim Marshall	Palmdale	Soph.	Antelope Valley	4/6
9.6w	Bob Millar	La Jolla	Senior	National City Relays	4/14
9.6w	Larry Greenwood	Crawford, SD	Senior	Morse	4/24
9.7	Earl McCullouch	Poly, Long Beach	Senior	Pasadena	3/5
9.7	Austin Pulliams	San Bernardino	Senior	Chaffey	3/17
9.7	Harold Busby	Muir, Pasadena	Junior	CIF Prelims, So. Sec.	5/16
9.7	Bill Irace	Hoover, Glendale	Senior	Crescenta Valley	4/6
9.7	Herman Grimes	Santa Ana Valley	Senior	Garden Grove	4/9
9.7	Julius Wheeler	Manual Arts	Senior	Fremont	4/24
9.7	Roger Cox	Redlands	Senior	Riverside Spike-O-Rama	4/18
9.7	Ruben Rojas	Paramont	Junior	Compton	4/23
9.7	Willie Crawford	Fremont	Senior	Southern L. Prelims	4/30
9.7	Gerry Kimball	Camarillo	Senior	CIF Prelims, So. Sec.	5/16
9.7	Bill Massey	Chula Vista, SD	Senior	Hilltop, SD	4/3
9.7	Byron Olander	Helix, SD	Junior	Monte Vista, SD	5/1
9.7w	Pierre Frazier	Hoover, SD	Junior	Lincoln, SD	4/24
9.7w	Bob Stephenson	Claremont	Senior	Tri-County Finals	5/9
<u>220-YARD DASH</u>					
20.8	John James	Perris	Senior	DVL Prelims	4/30
20.8w	Fred von Schrader	Camarillo	Senior	Channel Prelims	4/30
21.0	Roger Cox	Redlands	Senior	Riverside Spike-O-Rama	4/18
21.0	Richard Satterfield	San Bernardino	Senior	Fontana	4/6
21.1	Harold Busby	Muir, Pasadena	Junior	Southern Counties	3/21
21.1	Gerry Kimball	Camarillo	Senior	Channel Finals	5/2
21.1	Bill Massey	Chula Vista, SD	Senior	Metro Prelims, SD	5/8
21.2	Randy Julian	Bolsa Grande	Soph.	Freeway Finals	5/8
21.2	Stan Morgan	Mission Bay, SD	Senior	Madison, SD	4/17
21.3	Bert Isaacs	Los Angeles	Senior	Fremont	4/17
21.3	Fred Kuller	Santiago	Senior	Crestview Finals	5/1
21.3c	Charles Moch	Los Angeles	Soph.	City Finals	5/23
21.3w	David Hartman	Hueneme	Senior	Camarillo	4/23
21.4	Jim Lawrence	Buena Park	Senior	Huntington Beach	4/23
21.4	Willie Crawford	Fremont	Senior	Mater Dei	3/13
21.4	Byron Olander	Helix, SD	Junior	Monte Vista, SD	3/21
21.5	Pat Dowd	Sierra	Senior	Santa Fe	3/5
21.5	Freddie Banks	Jefferson	Senior	Dorsey	4/17
21.5	Alan Johnson	North Torrance	Senior	Sky Prelims	5/1
21.5	Jerry Priebe	Yucaipa	Senior	CIF Prelims, So. Sec.	5/16
21.5	Bobby Johnson	Kearny, SD	Soph.	Clairemont, SD	5/1
21.5w	Ray Hayes	Sylmar	Senior	Polytechnic	3/13

n...Non-winning mark

w...Wind-aided mark

c...Curve

## HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

M A R K	A T H L E T E	S C H O O L	Y E A R	M E E T	D A T E
<u>440-YARD DASH</u>					
47.0	Freddie Banks	Jefferson	Senior	Golden West Invit.	6/20
47.8	Spencer Williams	Chaffey	Senior	CIF Finals, So. Sec.	5/29
48.0n	Henry Chisom	Manual Arts	Senior	Jefferson	4/10
48.2n	Grundy Harris	Jefferson	Senior	State Finals	6/6
48.4	Glen Mathis	Fremont	Junior	Los Angeles	4/17
48.4	Richard Joyce	Sierra	Junior	Southern Counties	3/21
48.5	Denny Smith	Compton	Junior	CIF Prelims, So. Sec.	5/16
48.7n	Donn Renwick	Grossmont, SD	Senior	State Finals	6/6
48.8n	Al Jacinto	Oxnard	Senior	CIF Finals, So. Sec.	5/29
48.9	Jim Gormly	Ramona	Senior	Chaffey Invite	4/11
49.0n	James Charleston	Centennial	Senior	CIF Finals, So. Sec.	5/29
49.0n	Ron Sommer	Poly, Long Beach	Senior	CIF Finals, So. Sec.	5/29
49.1	Tony Kochinas	Lincoln	Senior	Eagle Rock	4/10
49.2	Bart Walker	Tustin	Senior	Santa Ana Valley	3/24
49.2	John van Beveren	Notre Dame	Senior	Loyola	4/17
49.3	Roger Cox	Redlands	Senior	Colton	4/4
49.3	Dave Houk	Glendale	Senior	Pasadena Games	3/14
49.3n	Randy Smyth	Costa Mesa	Senior	CIF Finals, So. Sec.	5/29
49.3n	Nacio Hogue	Muir, Pasadena	Junior	Pasadena Games	3/14
49.4	Danny White	Dorsey	Senior	Fremont	4/10
49.4	Greg Tagliferri	Santiago	Senior	Crestview Finals	5/1
49.4n	Tony Sandford	La Habra	Junior	Crestview Finals	5/1
49.4n	Bob Hallmark	Mission Bay, SD	Senior	Madison, SD	4/17
49.4n	Harold Moore	Lincoln, SD	Senior	CIF Finals, SD Sec.	5/29
49.5	Ron King	Fontana	Senior	Citrus Prelims	5/6
49.5n	Bill Corlett	Coronado	Senior	CIF Finals, SD Sec.	5/29
<u>880-YARD DASH</u>					
1:51.1	Devone Smith	Compton	Senior	CIF Finals, So. Sec.	5/29
1:51.1	Bob Hose	Madison, SD	Senior	CIF Finals, SD Sec.	5/29
1:51.6n	Larry Arnett	Pasadena	Senior	CIF Finals, So. Sec.	5/29
1:52.3n	Walt Channels	Colton	Senior	CIF Finals, So. Sec.	5/29
1:52.4n	Ray Schrudder	Eagle Rock	Senior	State Finals	6/6
1:52.7	Al Nichols	Poly, Long Beach	Junior	CIF Semis, So. Sec.	5/23
1:53.2n	Ralph Spicer	Millikan, Long Beach	Senior	CIF Finals, So. Sec.	5/29
1:54.2	John Rocha	Roosevelt	Senior	South Gate	4/3
1:54.2n	Hill Daughtry	Glendale	Senior	Compton	3/9
1:55.2	Mike Owens	Valencia	Soph.	CIF Prelims, So. Sec.	5/16
1:55.2	Terry Bremner	San Gabriel	Senior	CIF Semis, So. Sec.	5/22
1:55.2n	Tad Hendrickson	El Capitan	Senior	State Prelims	6/5
1:55.4	Jose Avila	Roosevelt	Senior	City Prelims	5/16
1:55.6	Randy Johnson	Mayfair	Senior	Pioneer	---
1:55.6n	Ralph Picon	Montebello	Senior	Arroyo Invite	4/13
1:55.7	Eddie Davis	Hueneme	Soph.	Channel Prelims	5/8
1:55.7	John Link	Hilltop, SD	Senior	Escondido	5/1
1:55.7n	David Battle	Manual Arts	Senior	City Finals	5/23
<u>ONE MILE RUN</u>					
4:14.0	Richard Romero	Burbank	Senior	CIF Finals, So. Sec.	5/29
4:14.4	Dave Funderburk	Vista, SD	Junior	CIF Finals, SD Sec.	5/29
4:15.4n	Sal Mendoza	Santa Ana	Senior	CIF Finals, So. Sec.	5/29
4:15.5	Hill Daughtry	Glendale	Senior	Foothill Finals	5/8
4:15.7n	Charles Webb	Millikan, Long Beach	Senior	Golden West Invite	6/20
4:15.9n	Ken Roberts	San Pedro	Senior	Golden West Invite	6/20
4:16.6n	Rick Bergstrom	Magnolia	Senior	CIF Finals, So. Sec.	5/29
4:17.3n	Alex Whittle	Muir, Pasadena	Senior	Pasadena Games	3/14
n...Non-winning mark					

## HELM'S ATHLETIC FOUNDATION TRACK AND FIELD RECORDS

1964

<u>M A R K</u>	<u>A T H L E T E</u>	<u>S C H O O L</u>	<u>Y E A R</u>	<u>M E E T</u>	<u>D A T E</u>
<u>ONE-MILE RUN...cont.</u>					
4:18.6	George Husarek	Montebello	Senior	CIF Semis, So.Sec.	5/23
4:18.6n	Mike Schwaabe	Granite Hills, SD	Senior	CIF Finals, SD Sec.	5/29
4:18.8n	Kevin Goff	Palisades	Junior	State Finals	6/6
4:20.4	Joel Clark	Capistrano	Senior	CIF Prelims, So.Sec.	5/16
4:20.4n	Doyle Harris	Washington	Senior	City Finals	5/23
4:20.4n	Kim Ellison	Birmingham	Senior	City Finals	5/23
4:20.5n	Carlos Robles	San Gabriel	Junior	CIF Semis, So.Sec.	5/22
4:20.7	Bill Day	San Marino	Senior	CIF Prelims, So.Sec.	5/16
4:21.1	Mike Seamans	Bellflower	Senior	Southern Counties	3/21
4:21.5n	John Link	Hilltop, SD	Senior	CIF Finals, SD Sec.	5/29
4:22.0	Steve Dunlap	Mira Costa	Senior	Compton Cup	4/18
4:22.0	Al Sanford	Tustin	Junior	Crestview Finals	5/1
4:22.1	Rick Felix	Colton	Senior	Citrus Finals	5/8
4:22.2n	Bob Lamorandier	Grossmont, SD	Senior	CIF Prelims, SD Sec.	5/23
4:22.9	Tom Halpin	Poly, Long Beach	Senior	Compton Cup	4/18
<u>120-YARD HIGH HURDLES</u>					
13.7	Steve Caminiti	Crespi, Encino	Senior	Camino Real Finals	5/9
13.7	Earl McCullouch	Poly, Long Beach	Senior	CIF Semis, So.Sec.	5/23
13.7	Roger Moody	Corona	Senior	Tri-County Finals	5/9
14.0	Garland Burrell	Washington	Junior	Fremont	4/3
14.0w	Bob Cody	La Mirada	Senior	Dual Meet	---
14.0w	Paul Shaheen	Pius X	Senior	Dual Meet	---
14.1	Monnie Ellis	Muir, Pasadena	Senior	Pasadena	5/1
14.1n	Jeff Vanderstock	Pomona Catholic	Senior	CIF Finals, So.Sec.	5/29
14.1n	Ron Wilson	Poly, Long Beach	Senior	Downey	5/1
14.3	Jerome Payne	Jefferson	Senior	Manual Arts	4/10
14.3	Jimmy Fox	Lincoln, SD	Senior	Eastern L. Finals	5/15
14.3n	Dave Pelton	Chatsworth	Senior	State Finals	6/6
14.3	Marvin Williams	San Bernardino	Senior	Citrus Belt Finals	5/8
14.4	Larry Prielipp	Corona	Senior	Eisenhower	4/21
14.4	Phil Ferro	Cleveland	Senior	Granada Hills	4/24
14.4	Bob Gross	Camarillo	Senior	Channel L. Finals	5/2
14.4n	Tom Massey	Poly, Long Beach	Senior	Downey	5/1
14.4n	Greg Hines	Muir, Glendale	Senior	Glendale	4/23
<u>180-YARD LOW HURDLES</u>					
18.1	Steve Caminiti	Crespi, Encino	Senior	Camino Real Finals	5/9
18.1	Earl McCullouch	Poly, Long Beach	Senior	CIF Finals, So.Sec.	5/29
18.8	Roy Haliburton	Santa Monica	Senior	Bay L. Finals	5/8
18.9	Steve Huffstutler	Redlands	Senior	Pacific	3/14
18.9	Charles Dunn	Oxnard	Senior	Channel L. Finals	5/2
19.0	Greg Heet	Lowell, La Habra	Senior	Chaffey Invite	4/11
19.0	Bob Gross	Camarillo	Senior	Channel L. Prelims	4/30
19.0	James Williams	Riis	Senior	University	4/24
19.0	Edgar Denmon	San Bernardino	Junior	Ramona	4/21
19.0	Jeff Vanderstock	Pomona Catholic	Senior	CIF Finals, So.Sec.	5/29
19.1	Roger Moody	Corona	Senior	Chaffey Invite	4/11
19.1n	Butch Linn	Warren, Downey	Senior	CIF Finals, So.Sec.	5/29
19.2	Bruce Johnson	Pomona	Senior	Baldwin Park	4/9
19.2	Jim Elliott	Burroughs, Burbank	Senior	CIF Semis, So. Sec.	5/23
19.2	Monnie Ellis	Muir, Pasadena	Senior	Glendale Hoover	4/15
19.2	Wendall Peralta	Fontana	Senior	Citrus Belt Finals	5/8
19.2w	Manuel Murrell	Poly, Long Beach	Junior	Southern Counties	3/21
19.3	Garland Burrell	Washington	Junior	Fremont	4/3
19.3	Jim Balmer	Sierra	Senior	Bellflower Relays	3/28
19.3	Biff Green	Pomona	Senior	Southern Counties	3/21
19.3	Dave Pelton	Chatsworth	Senior	Birmingham	4/17
19.3	George Martinez	Banning	Senior	City Finals	5/23

## HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

M A R K	A T H L E T E	S C H O O L	Y E A R	M E E T	D A T E
<u>HIGH JUMP</u>					
6-9 7/8	Ed Hanks	Hoover, San Diego	Senior	Lincoln, SD	4/24
6-8	Rick Sloan	Anaheim	Senior	CIF Prelims, So. Sec.	5/16
6-8	Greg Heet	Lowell, La Habra	Senior	CIF Semis, So. Sec.	5/23
6-7 1/2	Ken Mode	Compton	Senior	Glendale	3/9
6-7 1/4	Mike Weinrich	Santa Ana	Senior	CIF Prelims, So. Sec.	5/16
6-7 1/4	Larry Fischer (B)	Notre Dame	Junior	CIF Prelims, So. Sec.	5/16
6-7	Tyrone Campbell	Dorsey	Senior	City Finals	5/23
6-6 3/4	Tom Budds	Pius X	Senior	Notre Dame	4/3
6-6 1/2	Ron Vavins	Victor Valley	Junior	Barstow	4/25
6-6 1/8	Lyle Hull	Hoover, San Diego	Senior	CIF Finals, SD Sec.	5/29
6-6	Doug Huff	Lincoln, LA	Junior	Verdugo Hills	4/3
6-5 3/4	Jerry Hooks	Fremont	Senior	State Finals	6/6
6-5	Chris Connick	Whittier	Junior	Montebello	3/19
6-5	Larry Freeman	Poly, Long Beach	Junior	Downey	5/1
6-5	Alden Burrell	Jefferson	Senior	Fremont	4/24
6-5	Arnie Robinson	Morse, San Diego	Soph.	Oceanside-Univ. SD	3/6
6-4 7/8	Art Cooper	Lincoln, San Diego	Senior	Hoover, SD	4/24
6-4 3/4	Fred Dumas	Centennial	Senior	Coast L. Finals	5/8
6-4 3/4	Henry Larthridge	Compton	Senior	Glendale	3/9
6-4 1/2	Bruce Nesbitt	Santa Monica	Senior	Inglewood Relays	4/10
<u>POLE VAULT</u>					
16- 0 1/8	Paul Wilson	Warren, Downey	Junior	CIF Semis, So. Sec.	5/22
15- 4	Tom Dullam	Buena, Ventura	Senior	Hart	4/27
15- 0 1/4	Bob Seagren	Pomona	Senior	Montview L. Finals	5/8
14- 9 1/4	Greg Miguel	Gardena	Senior	City Finals	5/23
14- 7 1/8	Tim Buchanan	Claremont	Senior	CIF Prelims, So. Sec.	5/16
14- 6	Bob Steinhoff	Warren, Downey	Junior	Mt. Sac. Relays	4/24
14- 5 3/4	Dick Worley	Buena, Ventura	Senior	Ventura	3/19
14- 3 7/8	Vic Montano	Lincoln, San Diego	Senior	Eastern L. Finals	5/15
14- 0 3/4	Paul Heglar (B)	Muir, Pasadena	Soph.	CIF Finals, So. Sec.	5/29
14- 0	Tom Graber	Chaffey	Senior	CIF Finals, So. Sec.	5/29
14- 0	Jim Smith	Monroe	Senior	Sylmar	4/17
13-11 3/4	Dick Schnibbe	La Puente	Senior	Easter Relays	3/28
13-10	Richard Railsback	Pasadena	Senior	Hoover, Glendale	4/9
13- 9 1/2	John Trosko	Valencia	Senior	Capistrano-Foothill	4/6
13- 9 1/2	Mike Chilcott	San Gabriel	Senior	Arroyo	4/16
13- 8 1/2	Louis Sepulveda	Marshall	Senior	City Finals	5/23
13- 8 1/2	Steve Doman	Washington	Senior	City Finals	5/23
13- 8	Dave Welch	Santa Barbara	Junior	Easter Relays	3/28
13- 8	Carl Giesser	Coronado	Junior	Hilltop, SD	4/24
13- 8	Charles Peterson	Fullerton	Senior	Costa Mesa	4/2
13- 6 1/2	John Roundtree	Ganesha	Senior	Los Altos	4/6
13- 6 1/4	Ken Preston	San Gabriel	Senior	Sierra L. Finals	5/8
14- 0	Barry Gilfry	Corona	Senior	Dual Meet	---
<u>BROAD JUMP</u>					
25- 3	Bobby Bonds	Poly, Riverside	Senior	State Finals	6/6
25- 1 1/2	Willie Crawford	Fremont	Senior	Southern L. Prelims	4/30
24- 4 1/2	Henry Harris	Loyola	Soph.	Catholic L. Finals	5/5
24- 1	Bob Hanrahan	Lakewood	Senior	Wilson, LB	5/1
24- 0 1/4	Manuel Murrell	Poly, Long Beach	Junior	State Finals	6/6
23-10 3/4	David Lawyer	Oxnard	Senior	Channel L. Prelims	4/30
23-10 1/2	Sam Gipson	Banning	Senior	San Pedro	4/24
23-10 1/4	Spencer Williams	Chaffey	Senior	San Bernardino	3/17
23-10 1/4	Stanley Royster	Jordan, L.A.	Senior	San Pedro	4/10

(B) Possessed B exponents

## HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

MARK	ATHLETE	SCHOOL	YEAR	M E E T	DATE
<u>BROAD JUMP....cont.</u>					
23- 9 3/4	Larry Turner	El Cajon, SD	Senior	State Prelims	6/5
23- 9 1/2	Vern Sorenson	Granada Hills	Senior	West-Valley Finals	5/8
23- 7 1/4	Calvin Armstrong	Imperial	Senior	CIF Prelims, So. Sec.	5/16
23- 7	Marvin Motley	Poly, Long Beach	Senior	Compton Cup	4/18
23- 6 1/2	Fred Dangerfield	Oxnard	Soph.	Hueneme	3/13
23- 6 1/2	Craig Newman	Monroe	Junior	Sylmar	4/17
23- 6	Newjeane Wilson	Jordan, L.A.	Senior	San Pedro	4/10
23- 6	Rayburn Wilburn(B)	Dorsey	Senior	City Finals	5/23
23- 5 1/4	Glen Richardson	Granite Hills, SD	Senior	State Prelims	6/5
23- 4 3/4	David Smith	Hamilton	Senior	Westchester	3/19
23- 4	Hosea Moore	Venice	Senior	Hamilton	4/10
23- 4	Larry Rumble	Sylmar	Senior	North Hollywood	4/3
23- 3 3/4	Isaac Williams	Jefferson	Soph.	Dorsey	4/17
23- 3 3/4	Ronald Ivory	San Diego	Senior	Lincoln, SD	4/30
23- 3 1/4	Paul Buford	Cathedral	Senior	Catholic L. Finals	5/9
23- 3	Alvin Saxon	Fremont	Junior	Manual Arts	3/19
23- 2 3/4	Howard Butler	San Diego	Senior	Crawford, SD	4/9
23- 2	Douglas Westlake	Pomona	Senior	West Covina	3/19
23- 1 3/4	Gregory Stewart	Lincoln, San Diego	Junior	Hoover, SD	4/24

SHOT PUT

61-10	Tim Kearin	Muir, Pasadena	Senior	CIF Finals, So. Sec.	5/29
61- 1	Ronald Fricia	San Marcos	Senior	Channel L. Prelims	5/8
60- 9	Doug Nelson	Helix, San Diego	Senior	CIF Finals, SD Sec.	5/29
60- 6 1/4	Ray Alger	Whittier	Senior	Pacific L. Finals	5/8
60- 2	Ralph Allen	Muir, Pasadena	Senior	State Finals	6/6
59-11	Steve Johnson	Monroe	Senior	North Hollywood	4/24
59- 8	Isiah Oakes	Venice	Senior	City Prelims	5/16
58- 9 3/4	Mike Pringle	Dominguez	Senior	CIF Finals, So. Sec.	5/29
58- 8 3/4	Evan Morgan	Pasadena	Senior	Glendale	3/19
58- 6 3/4	Kirk Wassell	Western	Senior	Southern Counties	3/21
58- 6	Dwight Staten	Washington	Senior	State Prelims	6/5
58- 1 3/4	John Hubbell	Poly, Long Beach	Soph.	CIF Semis, So. Sec.	5/23
56-11 1/2	Thom Ford	Buena, Ventura	Senior	Mt. Sac. Relays	4/24
56-10	Dennis Born	La Serna	Senior	Suburban Prelims	4/30
56- 7 1/2	Bill Hayhoe	Birmingham	Senior	West-Valley Finals	5/8
56- 6 1/2	Larry Peterson	Sylmar	Senior	Van Nuys	4/10
56- 4 1/2	Mike Mesenbrink	Poly, Long Beach	Junior	Jordan, L.B.	4/15
60- 1 3/4	George Buehler	Whittier	Junior	CIF Prelims, So. Sec.	5/16

880-YARD RELAY

1:26.1	Jefferson (Banks, V. Harris, G. Harris, V. Lampkins)	. . . State Trials	6/5
1:26.2n	Los Angeles (Moch, Isaacs, Tolliver, Key)	. . . . . State Trials	6/5
1:26.4	Muir, Pasadena (Lynche, Streetz, Tolley, Busby)	. . . . . State Finals	6/6
1:27.3n	Fremont (Brown, Reynolds, Mathis, Crawford)	. . . . . State Trials	6/5
1:27.6	Camarillo (Kimball, Junkins, McLaren, Von Schrader)	. . Bellflower Relays	3/28
1:27.8	Poly, Long Beach (Johnson, Sommer, Murchison, McCullouch)	CIF Semis, So. Sec.	5/23
1:27.8	San Bernardino (Pulliam, Highland, Kresge, Saterfield)	. . Chaffey Invite	4/11
1:27.9	Pomona (McKinney, Johnson, Westlake, Green)	. . . . CIF Semis, So. Sec.	5/23
1:28.0	Santa Monica (Black, Sharpe, Hill, Halliburton)	. . . . CIF Semis, So. Sec.	5/22

8-MAN ONE MILE RELAY

2:55.5	Jeff(Crawf'd, Williams, V. Harris, Burrell, Lampkins, Payne, G. Harris, Banks)	M.A. 4/10
2:55.6n	MA(Alexander, Soloman, Makey, Shankle, Thomas, Battle, Chisom, Wheller)	Jeff 4/10
2:56.2	Fre(Brown, Reynolds, Jackson, Keynard, Martin, Sykes, Mathis, Crawford)	Jeff 4/24
2:57.7n	LA(Tolliver, Key, Harrell, Johnson, Moore, Price, Moch, Isaacs)	M.A. 4/24
2:59.5n	Jor(Owens, Royster, Garner, Wilson, Kincherlow, Speed, Shepperd, Townsend)	City 5/23
3:00.0n	Dor(Sharp, Fort, Hutchins, Henry, Bryant, J. Smith, Napue, Perkins)	Jeff 4/17

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS . . . . . 1964

LOS ANGELES HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	Hubie Watson	Jordan	9.5w	1959
220-Yard Dash	Hubie Watson	Jordan	20.7	1960
220-Yard Dash (Curve)	Charles Moch	Los Angeles	21.3	1964
440-Yard Dash	Freddie Banks	Jefferson	47.3	1964
880-Yard Dash	Paul Turnquist	Van Nuys	1:53.5	1961
One Mile Run	Kenneth Roberts	San Pedro	4:19.5	1964
High Hurdles (39")	Paul Kerry	Washington (Prelim)	14.1	1963
	Ed Orr	Jefferson (Prelim)	14.1	1963
High Hurdles (42")	Ivy Bledsoe	Garfield	14.9	1945
Low Hurdles (180y)	William White	Jefferson	19.0	1956
Low Hurdles (220y)	Ivy Bledsoe	Garfield	24.3	1946
High Jump	Otis Burrell	Jefferson	6' 8"	1962
Broad Jump	William Davis	Roosevelt	25' 5" w	1958
Pole Vault	Greg Miguel	Gardena	14' 9 $\frac{1}{4}$ "	1964
Shot Put (12 lb)	Dave Davis	Canoga Park	62' 7 $\frac{1}{2}$ "	1956
880-Yard Relay	Van Nuys . . . .	(Meade, Riccitelli, Schilling, Watkins). . . .	1:30.1	1942
One Mile Relay	Manual Arts. . . .	(Harris, Waddy, Bates, Haynes, Willard, Taylor, Green, A. Williams)	2:54.6	1957

CALIFORNIA STATE HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	William White	Jefferson	9.5	1956
220-Yard Dash	Forrest Beatty	Hoover, Glendale	9.5	1962
440-Yard Dash	Mel Clipper	Muir, Pasadena	20.7	1958
880-Yard Dash	Jerry White	Corcoran	46.7	1956
One Mile Run	Dennis Carr	Lowell, Whittier	1:50.9	1963
High Hurdles (39")	Dennis Carr	Lowell, Whittier	4:08.7	1962
	Robert Bonds	Poly, Riverside	13.9	1960
High Hurdles (42")	Carl Davis	Compton	13.9	1963
Low Hurdles (180y)	Roy Kirkpatrick	El Centro	14.7	1934
Low Hurdles (220y)	Ed Moody	McClymonds, Sacramento	18.3	1961
High Jump	George Sangster	Muir, Pasadena	23.8	1937
Pole Vault	Charles Dumas	Centennial	6' 9 3/8"	1955
Broad Jump	Paul Wilson	Warren, Downey	15' 4 1/4"	1964
Shot Put (12 lb)	Monte Upshaw	Piedmont	25' 4 1/4"	1954
Shot Put (16 lb)	Bill Pace	El Rancho	64' 3 1/2"	1961
Discus Throw (Reg.)	Mike McKeever	Mt. Carmel, LA	53' 4 3/4"	1957
Discus Throw (3 lb 9 oz)	Mike Lewis	Lincoln, S.F.	151' 7 3/4"	1957
Javelin Throw	Bob Stoecker	Los Altos	188' 6 1/2"	1961
Hop, Step & Jump	Ray Churchill	San Benito, Hol.	195' 6 3/4"	1932
880-Yard Relay	Tom Cousey	Ells, Richmond	48' 4 1/2"	1960
	Jefferson . . . .	(Phillips, White, Randall, Batten). . . .	1:25.9	1956

(Individual times for Jefferson's national mark in  
the 880-yard relay were: Phillips (22.2), White  
(21.2), Randall (21.3) and Batten (21.2)

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS . . . . . 1964

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	Preston Griffin	Centennial	9.5 (Semis)	1957
	Forest Beaty	Hoover, Glendale	9.5	1962
220-Yard Dash	Forrest Beaty	Hoover, Glendale	20.2	1961
440-Yard Dash (1 curve)	Myrel Gillett	El Centro	48.3	1933
(2 curves)	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Devone Smith	Compton	1:51.1	1964
One Mile Run	Tracy Smith	Arcadia	4:12.6	1963
High Hurdles (39")	Earl McCullouch	Poly, Long Beach	13.7	1964
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Earl McCullouch	Poly, Long Beach	18.1	1964
High Jump	Charles Dumas	Centennial	6' 8 7/8"	1955
Pole Vault	Paul Wilson	Warren, Downey	16' 0 1/8" (Semis)	1964
Broad Jump	Bobby Bonds	Riverside	24' 11" (Semis)	1964
Shot Put (12 lb.)	Bill Pace	El Rancho	65' 2 3/4"	1961
Hop, Step & Jump	Bob Beckus	Hoover, SD	46' 1 3/4"	1938
880-Yard Relay	Centennial (Tyler, Owens, Cureton, Todd)		1:26.2	1961
	San Bernardino (James, Green, Cain, Hester)		1:26.2	1962

BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

100-Yard Dash	James Jackson	Alameda	9.4	1954
	James Bates	Manual Arts, LA	9.4	1958
	Forrest Beaty	Hoover, Glendale	9.4	1962
	John James	Perris	9.4	1964
	James Hines	McClymonds, Oakland	9.4	1964
220-Yard Dash	Forrest Beaty	Hoover, Glendale	20.2	1961
220-Yard Dash (curve)	James Hines	McClymonds, Oakland	20.9	1964
440-Yard Dash	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Dennis Carr	Lowell, La Habra	1:49.2n	1963
One Mile Run	Dennis Carr	Lowell, La Habra	4:08.7	1962
High Hurdles (39")	Steve Caminiti	Crespi, Encino	13.7	1964
	Earl McCullouch	Poly, Long Beach	13.7	1964
	Roger Moody	Corona	13.7	1964
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180y)	Steve Caminiti	Crespi, Encino	18.1	1964
Low Hurdles (220y)	Earl McCullouch	Poly, Long Beach	18.1	1964
	Tom Hester	San Bernardino	22.7n	1962
High Jump	Charles Dumas	Centennial	6' 10 1/4"	1955
Pole Vault	Paul Wilson	Warren, Downey	16' 0 1/8"	1964
Broad Jump	William Davis	Roosevelt	25' 5"	1958
Shot Put (12 lb.)	Don Castle	Palo Alto	65' 7 3/4"	1961
Shot Put (16 lb.)	Mike McKeever	Mt. Carmel, LA	53' 4 3/4"	1957
Discus (3 lb. 9 oz.)	Bob Stoecker	Los Altos	195' 4"	1962
Discus (Regulation)	Bob Stoecker	Los Altos	164' 4 1/2"	1962
Javelin	Ray Churchill	San Benito (Hol.)	195' 6 3/4"	1932
Hop, Step & Jump	Mike Woods	Manual Arts, LA	51' 8"	1963
440-Yard Relay	San Bernardino (James, Green, Cain, Hester)		42.0	1962
880-Yard Relay	Jefferson (Phillips, White, Randall, Batten)		1:25.9	1956
One Mile Relay (4-Man)	Jefferson (Lampkins, Payne, Harris, Banks)		3:17.0n	1964
One Mile Relay (8-Man)	Centennial (Thomas, Owens, Tucker, Toliver)			
	Meadows, Cureton, Todd, Tyler)		2:54.1	1961
Two Mile Relay (4-Man)	Hoover, Glen. (Anderson, Wilson, Brown, Blanchard)		7:54.1	1961
One Mile Sprint Medley	La Habra (Brady, Haught, Logue, Bess)		3:27.4	1961
Four Mile Relay (4-Man)	Downey (Lindley, Doyle, Creagor, Goodson)		17:50.7	1962
Distance Medley Relay	Compton (Williams, Paz, Crowley, Covington)		10:17.0	1958

## HELM'S ATHLETIC FOUNDATION TRACK AND FIELD RECORDS. . . . . 1964

## BEST MARKS ON RECORD BY SOUTHERN CALIFORNIA HIGH SCHOOL TRACK AND FIELD ATHLETES

<u>100-YARD DASH</u>				<u>120-YARD HIGH HURDLES (39")</u>			
Bates, Manual Arts	9.4	1958	Caminiti, Crespi-Encino	13.7	1964		
Beaty, Hoover, Glendale	9.4	1962	McCullouch, Poly-Long Beach	13.7	1964		
Griffin, Centennial	9.4	1957	Moody, Corona	13.7	1964		
James, Perris	9.4	1964	Bonds, Riverside	13.9	1960		
Boswell, Arcadia	9.5	1957	Kerry, Washington	13.9	1963		
White, Jefferson	9.5	1956	Davis, Compton	13.9	1963		
Poynter, Pasadena	9.5	1956	Orr, Jefferson	13.9n	1963		
Wykoff, Glendale	9.5	1928	White, Dorsey	14.0	1962		
Watson, Jordan, LA	9.5	1960	Brown, Monrovia	14.0n	1962		
Sapp, Bonita	9.5	1962	Piggee, Pasadena	14.0	1956		
Stebbins, Fremont	9.5	1962	McElhenny, Washington	14.0	1947		
Harville, Jefferson	9.5	1962	Cortright, Poly-Long Beach	14.0	1960		
House, Muir, Pasadena	9.5	1963	Shy, Ganesha	14.0	1963		
<u>220-YARD DASH</u>				<u>120-YARD HIGH HURDLES (42")</u>			
Beaty, Hoover-Glendale	20.2	1961	Kirkpatrick, El Centro	14.5	1934		
Turner, Burroughs-Burbank	20.5n	1961	McElhenny, Washington	14.6	1947		
Clipper, Muir-Pasadena	20.6	1958	Lawrence, Glendale	14.7	1943		
Logue, La Habra	20.6	1962	Nichols, Huntington Beach	14.8	1923		
Sapp, Bonita	20.7	1962	Welsh, Pasadena	14.8	1927		
Morris, Huntington Beach	20.7	1940	<u>180-YARD LOW HURDLES</u>				
Watson, Jordan, LA	20.7	1960	Caminiti, Crespi-Encino	18.1	1964		
Lacey, Fontana	20.7	1960	McCullouch, Poly-Long Beach	18.1	1964		
<u>440-YARD DASH</u>				<u>220-YARD LOW HURDLES</u>			
Williams, Compton	46.1	1961	Hester, San Bernardino	18.3	1962		
Banks, Jefferson	47.0	1964	Brown, Monrovia	18.5	1962		
Archibald, Leuzinger	47.0n	1961	Howard, San Bernardino	18.5	1957		
Anderson, Muir-Pasadena	47.2n	1961	Swisshelm, Santa Ana	18.7	1954		
Beaty, Hoover-Glendale	47.3	1962	<u>HIGH JUMP</u>				
Hurte, Manual Arts	47.7	1960	Dumas, Centennial	6-10 1/4	1955		
Williams, Chaffey	47.8	1964	Hanks, Hoover, SD	6- 9 7/8	1964		
Owens, Centennial	47.8n	1961	O. Burrell, Jefferson	6- 9 1/2	1962		
Vaughan, Compton	47.8n	1961	Stuber, Bellflower	6- 9	1958		
<u>880-YARD DASH</u>				<u>ONE MILE RUN</u>			
Carr, Lowell-La Habra	1:49.2n	1963	Caruthers, Santa Ana Val.	6- 8 1/2	1963		
Devone Smith, Compton	1:51.1	1964	Faust, Culver City	6- 8 1/4	1958		
Hose, Madison-San Diego	1:51.1	1964	Nickleberry, Oxnard	6- 8 1/8	1959		
Arnett, Pasadena	1:51.6n	1964	Avant, Hart	6- 8	1957		
Van Asten, Bonita	1:51.9	1960	Sloan, Anaheim	6- 8	1964		
Underwood, Buena Park	1:52.0n	1960	Heet, Lowell-La Habra	6- 8	1964		
Channels, Colton	1:52.3n	1964	Hoyt, San Marine	6- 7 1/2	1961		
Schrudder, Eagle Rock	1:52.4n	1964	Mode, Compton	6- 7 1/2	1964		
<u>ONE MILE RUN</u>				<u>Fischer, Notre Dame</u>			
Carr, Lowell-La Habra	4:08.7	1962	Weinrich, Santa Ana	6- 7 1/4	1964		
Story, Orange	4:11.0	1959	LaCava, Beverly Hills	6- 7 1/8	1964		
Smith, Arcadia	4:12.6	1963					
Bess, La Habra	4:13.4	1962					
Calhoun, Culver City	4:13.5n	1961					
Romero, Burbank	4:14.0	1964					
Funderburk, Vista, SD	4:14.4	1964					
Thornton, Torrance	4:15.2	1961					
Mendoza, Santa Ana	4:15.4n	1964					
Daughtry, Glendale	4:15.5	1964					
Roberts, San Pedro	4:15.9n	1964					

## HELMS ATHLETIC FOUNDATION TRACK AND FIELD RECORDS . . . . . 1964

POLE VAULT

Wilson, Warren-Downey  
Dullam, Buena-Ventura  
Savage, Claremont  
Seagren, Pomona  
Miguel, Gardena  
Buchanan, Claremont

16-0 1/8 1964  
15-4 1964  
15-0 1/2 1963  
15-0 1/4 1964  
14-9 1/4 1964  
14-7 1/8 1964

SHOT PUT

Pace, El Rancho  
Branson, Pasadena  
Bianco, El Segundo  
Robertson, Pacific  
Davis, Canoga Park  
Vick, Chaffey  
Mike McKeever, Mt. Carmel  
Dye, Hawthorne  
Kearin, Muir-Pasadena  
Speed, Grossmont  
Wade, Grossmont

65- 2 3/4 1961  
64- 0 3/4 1957  
63-11 1/2 1961  
63- 9 1/2 1956  
62- 7 1/2 1956  
62- 5 1/4 1953  
62- 4 3/8 1957  
61-10 1/2 1962  
61-10 1964  
61- 6 1/4 1961  
61- 5 7/8 1957

BROAD JUMP

Davis, Roosevelt  
Bean, Jefferson  
Bonds, Riverside  
Brown, Jordan, LA  
Crawford, Fremont  
Watkins, Jordan, LA  
Tripp, Crawford, SD

25-5 1958  
25-4 1/2 1956  
25-3 1964  
25-2 1/2 1949  
25-1 1/2 1964  
24-9 1/4 1955  
24-9 1959

880-YARD RELAY

Jefferson	1:25.9	1956
Jefferson	1:26.0	1963
Jefferson	1:26.1	1962
Centennial	1:26.1	1961
Jefferson	1:26.1	1964
Centennial	2:54.1	1961
Manual Arts	2:54.6	1957
Fremont	2:54.9	
Jefferson	2:54.9n	1959
Fremont	2:55.0n	1957

ONE MILE RELAY

Centennial	2:54.1	1961
Manual Arts	2:54.6	1957
Fremont	2:54.9	
Jefferson	2:54.9n	1959
Fremont	2:55.0n	1957

## NATIONAL INTERSCHOLASTIC TRACK &amp; FIELD RECORDS

## 100-Yard Dash

James Jackson	9.4	1954
Jesse Owens	9.4	1933
Trenton Jackson	9.4	1961
John James	9.4	1964
James Hines	9.4	1964
George Aldredge	9.4	1964
Forrest Beatty	20.2	1961
Ray Etherly	20.9	1961
George Aldredge	20.9	1964
James Hines	20.9	1964
Ulis Williams	46.1	1961
Larry Kelly	1:50.4	1964
Gerry Lindgren	4:06.0	1964
John Turek	13.7	1960
Steve Caminiti	13.7	1964
Earl McCullouch	13.7	1964
Roger Moody	13.7	1964
Roy Kirkpatrick	14.5	1934
Steve Caminiti	18.1	1964
Don Castranova	18.1	1964
Earl McCullouch	18.1	1964
Billy Bless	21.7	1948
Al Lawrence	23.4	1943
Roy Kirkpatrick	23.4	1934
Walt Mangham	6-9 3/4	1956
Richard Jones	6-9 3/4	1962
Paul Wilson	16-0 1/8	1964
Monte Upshaw	25-4 1/4	1954
Dallas Long	69-3	1958
Dallas Long	61-0 1/2	1958
Robert Stoecker	195-4	1962
Mike Lewis	159-1	1957
Glenn Winingham	225-6 1/2	1959

## 220-Yard Dash

## 220-Yard Dash (curve)

## 440-Yard Dash

## 880-Yard Dash

## One Mile Run

## High Hurdles (39")

 High Hurdles (42")  
Low Hurdles (180y)

 Low Hurdles (200y)  
Low Hurdles (220y)

## High Jump

## Pole Vault

## Broad Jump

## Shot Put (12 lb.)

## Shot Put (16 lb.)

## Discus (3 lb. 9 oz.)

## Discus (Regulation)

## Javelin

## 440-Yard Relay

## 880-Yard Relay

## One Mile Relay (4-Man)

## One Mile Relay (8-Man)

Andrews, Tex. (Shoemaker, Merritt, Cromier, Nelson)....41.5	1960
Lee, Houston (Godwin, McKee, B. Cameron, D. Cameron)....41.5	1964
Wheatley, S. Antonio (White, Quinton, Hartfield, Glusson)....41.5	1964
Jefferson, Calif. (Phillips, White, Randall, Batten)....1:25.9	1956
Samuell, Dallas (Neumann, Holmes, Jasper, Casey).....3:14.9	1964
Centennial, Calif. (Thomas, Owens, Tucker, Toliver, Meadows, Cureton, Todd, Tyler)....2:54.1	1961
Two Mile Relay...Molloy, Jamaica, N.Y. (Teese, Schroeter, Farrell, Ziemienski) 7:43.8	1964
Four Mile Relay...Downey, Calif. (Lindley, Doyle, Creagor, Goodson).....17:50.7	1962
Sprint Medley Relay...Wichita-East, Kan. (Forsberg, Hart, Yarbrough, Ryun)....3:25.0	1964
Distance Medley Relay...Proviso-West, Hillside, Ill. (Smith, Grant, Letterer, Bowman)....10:09.3	1964

(NOTE: 1964 marks are pending)

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS . . . . . 1964

LOS ANGELES HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS					
YEAR	CHAMPION	TEAM	COACH	POINTS	LOCATION
1911	Los Angeles	Ralph Noble	75	Bovard Field	
1912	Los Angeles	Ralph Noble	70	Bovard Field	
1913	Hollywood	Clyde Webster	47	Harvard Military	
1914	Manual Arts	Otto Fritsch	54 1/2	Y.M.C.A. Field, Los Angeles	
1915	Manual Arts	Otto Fritsch	78 1/4	Y.M.C.A. Field, Los Angeles	
1916	Manual Arts	Otto Fritsch	97	Y.M.C.A. Field, Los Angeles	
1917	Manual Arts	Vic Ligda	58 1/2	Manual Arts High School	
1918	Pasadena	George Main	35	Y.M.C.A. Field, Los Angeles	
1919	Los Angeles	Glenn Whittle	41 1/2	Los Angeles High School	
1920	Los Angeles	Glenn Whittle	40 8/15	Occidental College	
1921	Lincoln	Tommy Davis	53	Occidental College	
1922	Lincoln	Tommy Davis	45	Occidental College	
1923	Hollywood	Bill Paige	45	Occidental College	
1924	Manual Arts	Sid Foster	42 1/6	Los Angeles Coliseum	
1925	Manual Arts	Sid Foster	39 3/4	Los Angeles Coliseum	
1926	Polytechnic	Eddie Leahy	39 7/12	Los Angeles Coliseum	
1927	Hollywood	Bill Paige	32 1/8	Los Angeles Coliseum	
1928	Los Angeles	Ed Rich	50 1/6	Los Angeles Coliseum	
1929	Los Angeles	Clif Reynolds	58 1/4	Los Angeles Coliseum	
1930	Manual Arts	Charley Toney	30 5/8	Los Angeles High School	
1931	Polytechnic	Eddie Leahy	33 7/12	Los Angeles Coliseum	
1932	Hollywood	Merrill Bailey	41 1/2	Los Angeles High School	
1933	Los Angeles	Homer Graves	41 3/7	Los Angeles High School	
1934	Manual Arts	Charley Toney	45 1/2	Los Angeles High School	
1935	Jefferson	Harry Edelson	42	Los Angeles Coliseum	
1936	Los Angeles	Homer Graves	54 7/10	Los Angeles Coliseum	
1937	Jefferson	Harry Edelson	41	Los Angeles Coliseum	
1938	Jefferson	Harry Edelson	35	Los Angeles Coliseum	
1939	Jefferson	Harry Edelson	45 1/2	Los Angeles Coliseum	
1940	Jefferson	Harry Edelson	29	Los Angeles Coliseum	
1941	Jefferson	Harry Edelson	28 1/2	Los Angeles Coliseum	
1942	Jefferson	Ralph Crawford	34 1/2	Los Angeles Coliseum	
1943	Jefferson	Clarke De Groote	28	Los Angeles Coliseum	
1944	University	Jim Pursell	24	Los Angeles Coliseum	
1945	Jefferson	Chuck Cascales	29	Los Angeles Coliseum	
1946	Jordan	Charley Cromwell	64 2/3	Los Angeles Coliseum	
1947	Jefferson	Estel Johnson	99	Los Angeles Coliseum	
1948	Jordan	Bill Zazueta	80	Los Angeles Coliseum	
1949	Jefferson	Johnson-Barry	104	Los Angeles Coliseum	
1950	Jefferson	Johnson-Barry	111	Los Angeles Coliseum	
1951	Jefferson	Johnson-Barry	66	Los Angeles Coliseum	
1952	Jefferson	Johnson-Barry	121 1/2	Los Angeles Coliseum	
1953	Jefferson	Johnson-Barry	75 3/4	Los Angeles Coliseum	
1954	Manual Arts	Charley Toney	75 1/3	Los Angeles Coliseum	
1955	Jordan	William Pothoff	88 1/2	Los Angeles Coliseum	
1956	Manual Arts	Toney-Blewett	78 1/2	Los Angeles Coliseum	
1957	Fremont	Bill Silverthorn	72	Los Angeles Coliseum	
1958	Fremont	Bill Silverthorn	53	East Los Angeles Junior College	
1959	Fremont	Bill Silverthorn	74	East Los Angeles Junior College	
1960	Manual Arts	Toney-Blewett	48	East Los Angeles Junior College	
1961	Jefferson	John Childress	64	East Los Angeles Junior College	
1962	Fremont	Frank Nobbe	62 1/2	East Los Angeles Junior College	
1963	Manual Arts	McNicholas-Blewett	74 4/5	East Los Angeles Junior College	
1964	Jefferson	Andy Bakjian	44	East Los Angeles Junior College	

## HELMS ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

YEAR	C.I.F. CHAMPION TEAM	SOUTHERN SECTION	HIGH SCHOOL	TRACK & FIELD	MEET CHAMPIONS		
					COACH	POINTS	LOCATION
1913	Pomona		Ralph Dignowitty		28		Y.M.C.A. Field, Los Angeles
1914	Polytechnic, L.B.		Cecil P. Lyon		16		Y.M.C.A. Field, Los Angeles
1915	Manual Arts		Otto Fritsch		34	13/15	Y.M.C.A. Field, Los Angeles
1916	Manual Arts		Ottos Fritsch		52	1/2	Y.M.C.A. Field, Los Angeles
1917	Redlands		Art Lutz		21		Long Beach Poly High School
1918	Pasadena		George Main		25		San Bernardino High School
1919	Manual Arts		Sid Foster		22		Los Angeles High School
1920	Los Angeles		Glenn Whittle		18		Occidental College
	Oxnard		John Hunt		18		Occidental College
1921	Lincoln		Tommy Davis		31		Los Angeles High School
1922	Huntington Beach		Ray Walker		20		Occidental College
1923	Hollywood		Bill Paige		25	1/2	Santa Ana High School
1924	Hollywood		Bill Paige		30	3/4	Los Angeles Coliseum
1925	Riverside		Ashel Cunningham		16	3/8	Los Angeles Coliseum
1926	Polytechnic, L.A.		Eddie Leahy		22	1/6	Los Angeles Coliseum
1927	Glendale		Normal Hayhurst		31	1/2	Los Angeles Coliseum
1928	Los Angeles		Ed Rich		21	5/6	Los Angeles Coliseum
1929	San Diego		Glenn Broderick		22	1/2	Los Angeles Coliseum
1930	Santa Ana		G.A. Tex Oliver		17		Los Angeles High School
1931	Polytechnic, L.A.		Eddie Leahy		25	1/2	Los Angeles Coliseum
1932	Polytechnic, L.B.		Norman Barker		25	1/3	Los Angeles High School
1933	El Centro		Bob Armstrong		20		Los Angeles Coliseum
1934	Jefferson		Harry Edelson		19		Los Angeles Coliseum
1935	Jefferson		Harry Edelson		15		Los Angeles Coliseum
1936	Wilson, L.B.		John Gartner		27	1/2	Long Beach Wilson High School
1937	Wilson, L.B.		John Gratner		29	5/6	Long Beach Wilson High School
1938	San Diego		Glenn Broderick		24		Los Angeles Coliseum
1939	Polytechnic, L.B.		Norman Barker		24		Los Angeles Coliseum
1940	Compton		Ernst Hartmann		22	1/3	Los Angeles Coliseum
1941	San Diego		Ed Ruffa		34		Glendale Hoover High School
1942	San Diego		Ed Ruffa		25		Glendale Hoover High School
1943	Glendale		Ranier de Mandel		33	1/3	Glendale Hoover High School
1944	Inglewood		Dick Arnett		23		Los Angeles Coliseum
1945	Hoover, Glendale		Vic Francy		34		Chaffey High School
1946	Redondo		Hal Grant		24	1/2	San Diego High School
1947	Hoover, Glendale		Vic Francy		24	1/2	Oxnard High School
1948	San Diego		Bill Patton		20		Compton College
1949	Hoover, Glendale		Vic Francy		24		Long Beach Wilson High School
1950	Glendale		Ranier de Mandel		28		Long Beach Wilson High School
1951	Compton		Ernst Hartmann		15		Long Beach Wilson High School
	Glendale		Ranier de Mandel		15		Long Beach Wilson High School
	Hoover, Glendale		Vic Francy		15		Long Beach Wilson High School
1952	Compton		Ernst Hartmann		30	1/2	Huntington Beach High School
1953	Santa Ana		Reece Greene		15	1/3	Oxnard High School
1954	Santa Ana		Reece Greene		15		Excelsior High School
	Centennial		William Gill		15		Excelsior High School
1955	Centennial		William Gill		44		Chaffey High School
1956	Pasadena		Richard Simmons		20		Inglewood High School
1957	San Diego		Burt Slater		20		Chaffey High School
1958	Muir, Pasadena		Walter Opp		17		Arroyo High School
1959	Polytechnic, L.B.		Leon Forman		24		Long Beach Memorial Stadium
1960	Fontana		Austin Snyder		17		Long Beach Memorial Stadium
1961	Centennial		William Gill		26	1/2	Chaffey High School
1962	San Bernardino		Hank Rohn		17		Mt. San Antonio College
1963	Muir, Pasadena		Walter Opp		19		Cerritos College
1964	Muir, Pasadena		Walter Opp		24		Cerritos College

## HELM'S ATHLETIC FOUNDATION TRACK &amp; FIELD RECORDS . . . . . 1964

YEAR	CHAMPION TEAM	COACH	POINTS	FIELD MEET CHAMPIONS						
				L	O	C	A	T	I	O
1915	Manual Arts, LA	Otto Fritsch	25	Fresno High School						
1916	Manual Arts, LA	Otto Fritsch	37 1/2	Y.M.C.A. Field, Los Angeles						
1917	Coalinga	Charles Geer	25	Berkeley Stadium						
1918	Pasadena	George Main	25	Fair Grounds, Sacramento						
1919	Manual Arts, LA	Sid Foster	21	San Bernardino High School						
1920	Los Angeles	Glenn Whittle	18	Fair Grounds, Bakersfield						
1921	Lincoln, LA	Tommy Davis	17	Berkeley Stadium						
1922	Huntington Beach	Ray Walker	16	Fair Grounds, Stockton						
1923	Hollywood	Bill Paige	17 1/2	Patterson Field, Los Angeles						
1924	Manual Arts, LA	Sid Foster	26	Taft High School						
1925	Manual Arts, LA	Sid Foster	16	Stanford Stadium						
1926	Polytechnic, LA	Eddie Leahy	17	Los Angeles Coliseum						
1927	Glendale	Normal Hayhurst	35	Modesto High School						
1928	Polytechnic, LB	Norman Barker	21	Selma High School						
1929	San Diego	Glenn Broderick	22	Los Angeles Coliseum						
1930	Sacramento	Larry Janssen	11	Edwards Stadium, Berkeley						
	San Diego	Glenn Broderick	11	Edwards Stadium, Berkeley						
	Santa Ana	G.A. Tex Oliver	11	Edwards Stadium, Berkeley						
1931	Polytechnic, LA	Eddie Leahy	19 1/2	Visalia High School						
1932	Polytechnic, LB	Norman Barker	22 1/2	Modesto Junior College						
1933	El Centro	Bob Armstrong	18	Los Angeles Coliseum						
1934	Muir, Pasadena	Al Walton	14	Edwards Stadium, Berkeley						
1935	Fullerton	Harold Lang	14	Ratcliffe Stadium, Fresno						
1936	Muir, Pasadena	Al Walton	18	Gridley High School						
1937	Jefferson, LA	Harry Edelson	23 1/2	Long Beach Wilson High School						
1938	San Diego	Glenn Broderick	18 1/2	San Benito High School, Hollister						
1939	Bakersfield	J.B. Haralson	16	Los Angeles Coliseum						
1940	Bakersfield	J.B. Haralson	18 1/2	Visalia High School						
1941	Edison, Fresno	Hal Bicknell	22	Spartan Stadium, San Jose						
1942	(No meet held because of war)									
1943	(No meet held because of war)									
1944	(No meet held because of war)									
1945	(No meet held because of war)									
1946	Redondo	Hal Grant	21	Compton High School						
1947	Washington, LA	Wyatt-Sloan	24	Visalia High School						
1948	Jordan, LA	Bill Zazueta	22	Edwards Stadium, Berkeley						
1949	Jefferson, LA	Johnson-Barry	29	Los Angeles Coliseum						
1950	Jefferson, LA	Johnson-Barry	44	Hughes Stadium, Sacramento						
1951	Jefferson, LA	Johnson-Barry	16 1/2	Edwards Stadium, Berkeley						
1952	Jefferson, LA	Johnson-Barry	30 1/2	Los Angeles Coliseum						
1953	Manual Arts, LA	Charley Toney	16 3/5	Ratcliffe Stadium, Fresno						
1954	Alameda	Lew Jolley	19	Edwards Stadium, Berkeley						
1955	Centennial	William Gill	29	Los Angeles Coliseum						
1956	Jefferson, LA	Johnson-Ragus	24 2/3	Chico State College						
1957	Berkeley	Rich Hacker	23	Edwards Stadium, Berkeley						
1958	Manual Arts, LA	Charley Toney	11	Veteran's Stadium, Long Beach						
	Compton	Ernst Hartmann	11	Veteran's Stadium, Long Beach						
1959	Polytechnic, LB	Leon Forman	14	Memorial Stadium, Bakersfield						
1960	Jordan, LA	Forster-Flores	15	Stanford Stadium, Palo Alto						
1961	Centennial	William Gill	11	East Los Angeles Junior College						
1962	Jefferson	John Childress	14	Modesto College Stadium						
1963	Edison, Fresno	Frank Fletcher	15	Edwards Stadium, Berkeley						
1964	Jefferson	Andy Bakjian	13	Los Angeles Coliseum						
	Polytechnic, LB	Leon Forman	13	Los Angeles Coliseum						