

# Top SPAL Track Marks In Shuffle

Palo Alto's Winston Landes's discus throw of 174-7 in the Blossom Hill Relays, Saturday moved him into the No. 1 spot in the top SPAL track and field marks ahead of previous leader Jim Penrose (174-1) according to statistics released Monday.

Joe White of Carlmont pole vaulted 13-4½ twice last week to close in on Gunn's Ken Weed's vault of 13-6½. Other top marks include Charlie Johnson's 22-9½ long jump and Blair Morris of San Carlos, Oscar Jones of Ravenswood and Mark Daley of Palo Alto who all highjumped 6-2.

## Varsity

100 — Hatcher (M) 9.8, Marshall (P) 10.0, Rogaway (P) 10.1, Bahlman (Cu) 10.2, O. Jones (R) 10.2, Mitchell (M) 10.2, Guarino (SC) 10.2.

220 — Bahlman (Cu) 22.6, Platt (G) 22.7, Hatcher (M-A) 22.7, Rogaway (P) 22.9, Marshall (P) 23.0, Malone (R) 23.0.

440 — Bianco (S) 50.8, Gill (Cu) 50.9, Platt (G) 51.1, Bailey (P) 52.4.

880 — Enscoe (P) 1:56.7, Platt (G) 1:57.2, Respini (P) 1:59.5, P. Carey (Ca) 2:01.3, Bianco (S) 2:01.8.

1 Mile — C. Carey (Ca) 4:27.5, Huntsberger (P) 4:29.3, Enscoe (P) 4:30.3, White (Ca) 4:32.4, Britts (M-A) 4:31.1, Williams (W) 4:34.7.

2 Mile — C. Carey (Ca) 9:35.5, Hunter (G) 9:43.5, Dailey (S) 9:45.4, Terriberry (S) 9:53.0, Respini (P) 9:53.8, White (Ca) 9:56.8.

120 HH — Evers (Cu) 14.9, Portman (S) 14.9, Peters (G) 15.3, Mitchell (M) 15.5, Rolly (Ca) 15.7, King (Ca) 15.7.

180 LH — Evers (Cu) 19.3, Peters (G) 19.9, Rolly (Ca) 20.6, Miller (Ca) 20.6, Mitchell (M) 20.8, Leslie (W) 20.8.

High Jump — Morris (SC) 6-2, O. Jones (R) 6-2, Daley (P) 6-2, Johnson (S) 6-2.

LJ — Johnson (S) 22-9½, Sledge (R) 22-6½, Mitchell (M) 22-5½, Jones (R) 22-2½.

PV — Weed (G) 13-8½, J. White (Ca) 13-4½, Delichman (P) 13-0, Bruno (Ca) 12-9, Chisolm (SC) 12-2, Smith (M) 12-2.

SP — Welch (W) 55-3, Penrose (Ca) 54-4¾, Wolfrom (P) 52-0, McCall (S) 49-8.

Dis — Landes (P) 174-7, Penrose (Ca) 174-1, Welch (W) 164-9½, Birthwhistle (G) 154-6, Stolle (Ca) 151-0.

880 rel — Cubberley 1:30.6, Ravenswood 1:31.5, M-A 1:32.1, Sequoia 1:32.3, Palo Alto 1:33.2.

## Class B

100 — Reese (M) 10.2; 220 — Marlowe (R) 23.2; 440 — Swinford (M) 53.8, 880 — Chiles (R) 2:08.8; Mile — Swinford (M) 4:51.1; 2 Mile — White (Ca) 10:00.8; 70 HH — Morris (SC) 9.6; 180 LH — Scott (R) 21.6; LJ — Fleming (Ca) 20-11; HJ — Morris (SC) 5-10; PV — Jalving (P) 11-0; SP — Smith (W) 47-0; Dis — Kmetlovic (Cu) 127-10; 880 rel — Carlmont 1:35.4.

## Class C

100 — Thomas (R) 10.6; 220 — Vignali (SC) 24.7; 440 — Sanders (SC) 54.9; 880 — Barrett (M) 2:11.0; Mile — Lund (Cu) 4:56.9; 2 mile — Schloss (M) 10:48.3; 180 LH — Warneke (SC) 22.4; HJ — Horwitz (SC) 5-3; LJ — Pine (SC) 18-7½; SP — Sloan (S) 44-7; 880 rel — Ravenswood 1:39.6.

# SPAL Discus Tossers Shine

By KEVIN DOYLE  
Tribune Sports Writer

Carlmont's Jim Penrose and Palo Alto's Winston Landes each won first place in the discus in two of Northern California's top high school invitational track relays Saturday to add prestige to SPAL track and field.

Penrose outclassed a strong El Cerrito Relay field with a toss of 168-8 (his best throw of the year is 174-1). Landes hurled the platter 174-7 to defeat Ron Davis of Los Altos who threw over 180 Thursday, to capture a gold medal in the Blossom Hill Relays in San Jose.

Pittsburg captured the 18th El Cerrito title with 43 points followed by El Cerrito and Montgomery with 38 points apiece. Los Altos rules as the Blossom Hill champ after accumulating 40½ points to second place Homestead with 36½.

Cubberley was the top team to score for SPAL at San Jose with seventh place showing. Bob Evers was timed in 19.3 in the 180 low hurdles in a second place effort for the Cougars.

Joe White of Carlmont finished second in the pole vault (13-4) and the Scots class B distance medley relay team composed of Chirs Carey, Pat Carey, Chris Crowell and Pat White set a El Cerrito meet record of 10:47.3.

In the Blossom Hill mile, Dan Britts of Menlo-Atherton finished third with a time of 4:34.1 and Sequoia's Rich Bojo took fourth in 4:36.9. Mark Dailey, also of Sequoia, ran a 9:53.8 two-mile good for fifth place.

In a blanket finish in the 100-yd. dash, M-A's Bill Hatcher was credited with a 9.9 third place. This marks the second time this season Hatcher has gone under 10.0.

## El Cerrito

Winners and Carlmont placers: Medley rel—Pittsburg 10:40.8; Dis—Penrose (Ca) 168-8; LJ—Gray (Mont) 24-2¾; HJ—Brunside (San Ramon) 6-2¼; SP—Hansen (Pleasant Hill) 56-8¾; Shuttle high hurdles—DeAnza 36.4; 440 rel—Richmond 42.9; Mile rel—Pittsburg 3:21.7; 100—Gray (Mont) 9.5; Steeplechase—Isoia (Mt. Diablo) 4:35.8; 120 HH—Lee (El Cerrito) 14.3; 2-mile rel—Pittsburg 8:05.4; PV—Auger (Castro Valley) 13-7¼; 2 J. White (Ca) 13-4½; Shuttle low hurdles—DeAnza 55.2; 880 rel—Montgomery 1:28.8.

TEAM SCORING: Pittsburg 43, El Cerrito 38, Montgomery 38, Richmond 33, DeAnza 29, Santa Rosa 17, Berkeley 16, Ellis 12, Washington 11, Carlmont 10.

## Class B

Medley rel—Carlmont (R. White, P. Carey, C. Carey, Crowell) 10:47.3 mr.

## Blossom Hill

Winners and SPAL and C.A.L. placers: 880 rel—Los Altos 1:29.5, 2. Cubberley 1:30.6; Mile—Baldinas (Willow Glen) 4:28.9, 3. Britts (M-A) 4:34.1, 4. Bojo (Seq) 4:36.9; 180 LH—Deik (Hill) 19.0, 2. Evers (Cu) 19.3, 4. Peters (Gunn) 19.9; SP—Wilhelm (Fre) 61-2¼, 4. Welch (Wood) 53-2; 2 mile—Ruble (Los Altos) 9:30.8, 5. Dailey (Seq) 9:53.8; HJ —McGinnity (Homestead) 6-1¼, 5. Jones (Rav) 5-10; Dis—Landes (P) 174-7; Distance medley rel—Palo Alto 10:33.1, 2. St. Francis 10:42.9; 4 mile rel—Cupertino 18:26.8, 4. Cubberley 18:55.0; LJ—Rogers (Homestead) 24-½, 3. Jones (R) 22-2½; 120 HH—White (Mills) 14.5, 3. Portman (Seq) 14.9; 2-mile rel—Camden 8:11.7, 4. Ravenswood 8:19.5; 440 rel—Los Altos 43.6, 3. Ravenswood 44.3; 100—Deik (Hill) 9.8, 3. Hatcher (M-A) 9.9; Mile rel—Los Altos 3:25.5.

TEAM SCORING: Los Altos 40½, Homestead 36½, Fremont 23, Mills 22, Sunnyvale 22, Cupertino 21, Cubberley 18, Camden 18, Palo Alto 16, Willow Glen 14, Ravenswood 12, Hill 11.

# Los Altos tracksters capture Blossom Hill relays crown

Los Altos High School added another relays title to its collection but individual honors went to Gene Delk in the Blossom Hill track and field meet Saturday at Leigh High School in San Jose.

Coach Dave Maggard's Knights won the 440, 880 and mile relays to pile up almost enough points to win the meet. Jeff Ruble added a first place in the two-mile run to assure Los Altos of the crown.

Delk proved to be the out-

standing performer as he broke one meet record and tied another. He hurried through the 100-yard dash in 9.8 to tie the meet mark set two years ago by Joe Richards of Watsonville.

Delk cracked a meet record when he won the low hurdles in 19.0—the second best time in Northern California this year.

In all, seven meet records were broken or tied.

Los Altos cracked marks in both the 880 and mile relays with Brad Lyman running the anchor leg on each. Other members of the mile relay team were Wes and Gary Hunter and Dave Hingston. The time was 3:25.5.

Lyman, the Hunter brothers, and Steve Davis were on both the 880 and 440-yard relay teams. Their times were 1:29.7 and 43.7.

Another standout in the meet was Grady Rogers of Homestead High School who racked up a NorCal best of 24-0½ in the broad jump.

Los Altos won the team title with 40½ points. Homestead

was second with 36½ and Fremont third with 23.

Steve Wilhelm accounted for most of Fremont's points with a first in the shot-put and a second in the discus. Winston Landes of Palo Alto scored an upset win in the discus with a throw of 174.7.

## The results:

880-yard relay — Los Altos, 1:29.5; Cubberley 1:30.6; Aragon 1:30.6; Sunnyvale 1:32.0; South San Francisco 1:32.1.

Mile — Baldinas (WG) 4:28.9; Duron (Logan), Britts (MA), Bolo (Seq), Winter (WG).

180 low hurdles — Delk (Hill) 19.0; Evers (Cub), White (Mills), Peters (Gunn), Phillips (Home).

Shot — Wilhelm (Fre) 61-2½; Johnson (Bur), Beck (LA), White (Cup), Welch (Wood).

Two-mile — Ruble (LA) 9:30.8; Larsen (Fre), Runcie (DM), Fagundes (Fre), Dalley (Seq).

Triple jump — Dunn (Leigh) 47-1½; Meredith (Home), Steffes (SV), Jakle (Awalt), Porter (WG).

High jump — McGinnity (Home) 6-1¼; Castro (Bur), Thompson (WG), Ferling (Newark), Jones (Rav).

Discus — Landes (PA) 174.7; Wilhelm (Fre), Walker (Camp), Davis (LA), Beck (LA), Bielenberg (Home).

Distance medley — Palo Alto 10:33.1; St. Francis 10:42.9; Fremont 10:51.5; Saratoga 10:52.6; San Mateo 10:58.2.

Four-mile relay — Cupertino 18:26.8; Homestead 18:50.2; Sunnyvale 18:50.8; Cubberley 18:55.0; James Lick 18:55.1.

Long jump — Rogers (Home) 24-0½; Meredith (Home), Jones (Rav), Hori (MY), Delk (Hill).

High hurdles — White (Bur) 14.5; Porter (WG), Portman (Seq), Connolly (Fre), Phillips (Home).

Two-mile relay — Camden 8:11.7; Homestead 8:12.0; Mills 8:13.7; Lynbrook 8:14.4; Ravenswood 8:19.5.

440-yard relay — Los Altos 43.6; Sunnyvale 44.2; Ravenswood 44.3; San Mateo 44.3; Cubberley 44.4.

100-yard dash — Delk (Hill) 9.8; Cottrick (SSF), Hatcher (MA), Orlando (Camden), Blanchard (SV).

Mile relay — Los Altos, 3:25.5; Mills, 3:26.5; Camden, 3:27.9; Fremont, 3:28.0; Mountain View, 3:29.3.

# SCVL Renewing Cinder Success

Perennially powerful Santa Clara Valley League tracksters eye their league trails Thursday and Friday after the weather finally gave them a chance to show their stuff last weekend.

Most cindermen throughout the section competed in either the Blossom Hill Relays at Leigh or the King City Invitational.

In the Blossom Hill meet, Los Altos garnered its second straight crown with 40½ points and was closely followed by Homestead at 36½.

The two will be favored in the SCVL trials and will be pushed by Fremont, Sunnyvale and Cupertino, who finished in the top six at Leigh.

As a result of the improved weather, the Central Coast trackmen revised the section list of top times and distances.

Three events have new leaders and two others improved their pace-setting marks.

Santa Cruz's Byron Wilson, the only trackster to lead two events, won a tight 220 race at King City with a 21.3 clocking to advance to the front of the section in that event. He also tops the century dashmen with a time of 9.7 although Brad Lyman of Los Altos has a wind-aided 9.7.

Lyman, who did not enter any open events at Blossom Hill, was one of the stars of the meet as he anchored the winning Knight 440, 880 and mile relay squads. Two of the quartets, the 880 and mile, snapped the meet record.

Gene Delk, who scored all of Hill's points in the Blossom Hill meet, ripped off a 19.0 in the 180 low hurdles to pace the section. He held off a strong finish by Cubberley's Bob Evers, who previously led the area with a 19.3 clocking.

Delk also improved his 100-yard dash time by winning the Relays' century in 9.8.

Leigh's Rich Dunn utilized his home pit to soar to the top of the section triple jumpers with a leap of 47-1½.

Homestead's Grady Rogers improved his area best in the long jump with a Blossom Hill meet record of 24-0½.

Both Dunn and Rogers had the aid of a strong wind at their backs as did Delk in the 180 lows.

Earlier in the week Los Altos' Steve Davis upped his discus best to 181-3.

100 — Byron Wilson (Santa Cruz) and Brad Lyman (Los Altos) 9.7w; Bill Hatchler (Menlo-Atherton), Gary Blanchard (Sunnyvale); Gene Delk (Hill) and Rusty Coltrane (South San Francisco) 9.8; Cal Robinson (Overfelt) and Larry Orlando (Camden) 9.9; Floyd (Lynbrook), George Joshua (Overfelt), Bob Boise (Saratoga), Marshall (Palo Alto) and Carl Cruz (Mt. View) 10.0.

220 — Byron Wilson (Santa Cruz) 21.3; Cal Robinson (Overfelt) 21.4; Walt Westington (Seaside) 21.6; Brad Lyman (Los Altos) 21.7; Mike Williamson (Watsonville) 22.1; Carl Cruz (Mt. View) 22.2; Blanchard (Sunnyvale) Seamens (Buchser) 22.3; and Nolan (Hill) 22.3; Randy White (Mills) 22.4.

400 — Jim Skidmore (Los Altos) 49.3; Cal Robison (Overfelt) 49.5; Jerry Tompsett (Cupertino) 49.8; Frank Hughes (Cupertino) 49.9; Dan Short (King City) 50.1; Randy White (Mills) 50.1; Seamens (Buchser) 50.3; Smith (Santa Cruz) and Freitas (Awalt) 50.6; Lonnie James (Seaside) 50.7.

880 — Jon Enscoe (Palo Alto) 1:56.7; Platt (Gunn) 1:57.2; Manny Mahon (Lynbrook) (Gunn) 1:57.2; Manny Mahon (Lynbrook) (Gunn) 1:57.2; Randy White (Mills) 1:57.9; Gerry Newell (Watsonville) 1:57.9; John (South San Francisco) 1:58.1; Bowmaker (King City) 1:58.4; Jerry Tompsett (Cupertino) 1:58.4; Bronson (Buchser) 1:58.5.

MILE — Dave Madigan (San Mateo) 4:22.8; Gerry Newell (Watsonville) 4:23.0; Churchill (Mt. Pleasant) 4:25.5; Jeff Ruble (Los Altos) 4:27.4; Chris Carey (Carlmon) 4:27.5; Jurgens (Mills) 4:28.0; Balbovins (Willow Glen), Tolaksan (Westwood) and Watson (San Mateo) 4:28.9; Denny (Mills) and Bernie Lahde (St. Francis) 4:29.0.

TWO MILE — Bernie Lahde (St. Francis) 9:28.5; Jeff Ruble (Los Altos) 9:29.0; Chris Carey (Carlmon) 9:35.5; Jack Larson (Fremont) and Bruce Runcio (Del Mar) 9:38.4; Saundes (Fremont) 9:39.0; Balbovins (Willow Glen) 9:42.1; Rick Hunter (Gunn) 9:43.5; Dailey (Sequoia) 9:45.4; Rodriquez (Sunnyvale) 9:45.9.

120 YD — Randy White (Mills) 14.5; Connelly (Fremont) and Manual Balestra (Monterey) 14.6; Bill Johnson (Seaside) 14.7; Jones (Alisal) and Mike Toler (Buchser) 14.8; Phillips (Homestead), Bob Portman (Sequoia) and Robert Bobo (Watsonville) 14.9; Bob Evers (Cubberley) 14.9 nw.

180 LH — Gene Delk (Hill) 19.0w; Bob Evers (Cubberley) 19.3; Randy White (Mills) and Manual Balestra (Monterey) 19.4; Connelly (Fremont) 19.6; Mark Pawelczyk (Pioneer) 19.8; Don Peters (Gunn) and Phillips (Homestead) 19.9; Wimby (Pacific Grove), Bill Johnson (Seaside) and Robert Bobo (Watsonville) 20.1.

880 RELAY — Los Altos 1:29.5; Aragon 1:30.6; Cubberley 1:30.6; Lick 1:31.1; Alisal 1:31.3; Pioneer 1:31.4; Ravenswood 1:31.5; Sunnyvale 1:31.6; Menlo-Atherton 1:32.1; Sequoia 1:32.3.

SHOT PUT — Steve Wilhelm (Fremont) 63-0; Randy Beck (Los Altos) 56-3; Steve Davis (Los Altos) 55-3½; Ben Welch (Woodside) 55-3; Duncan Johnson (Burlingame) 54-9; Ralph Pellingquell (Los Altos) 54-7½; Jim Penrose (Carlmon) 54-4¾; Chris Gose (Live Oak) 53-9½; White (Cupertino) 53-9.

DISCUS — Steve Davis (Los Altos) 181-3; Winston Landes (Palo Alto) 174-7; Jim Penrose (Carlmon) 174-1; Bill Walker (Campbell) 171-4½; Steve Wilhelm (Fremont) 170-6; Ben Welch (Woodside) 164-9¾; Randy Beck (Los Altos) and Steve Bielenberg (Homestead) 163-7; P-rasso (San Mateo) 159-0.

LONG JUMP — Grady Rogers (Homestead) 24-0½w; Phil Quinet (Homestead) 23-4½; Charlie Johnson (Sequoia) 22-9½; Alan Meredith (Homestead) 22-9¼; Gene Delk (Hill) 22-8; Ron Sledge (Ravenswood) 22-6½; Miller (Alisal) and Mitchell (Menlo-Atherton) 22-5½; Goldbard (Mills) 22-5; Gutierrez (Girroy) 22-4.

TRIPLE JUMP — Rich Dunn (Leigh) 47-1½; Alan Meredith (Homestead) 46-10½; Phil Quinet (Homestead) and Charles Steffes (Sunnyvale) 46-7½; Takle (Awalt) 46-6½; George Joshua (Overfelt) 45-4½; Porter (Willow Glen) 45-0.

HIGH JUMP — Jim McGinnity (Homestead) 6-4; Steve Johnson (Watsonville) and Russ Tavernetti (Gonzales) 6-3; Morris (San Carlos), Oscar Jones (Ravenswood) and Mark Daley (Palo Alto) 6-2; Thompson (Willow Glen) 6-1¾; Lewis (Palma) and Wade (Camden) 6-1½.

POLE VAULT — Todd Peterson (Los Altos) 13-10½; Pat Clowers (Bellarmine) 13-8½; Ken Weed (Gunn) 13-6½; White (Carlmon) 13-4½; Lafaginito (Palma) 13-3½; Steve Peterson (Cupertino) 13-3; Hiltnerberger (Buchser) and Deitchman (Palo Alto) 13-0; Collin Kough (Live Oak) and Sarina (King City) 12-9½.