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HELMS ATHLETIC FOUNDATION

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SOUTHERN CALIFORNIA HIGH SCHOOL

TRACK & FIELD RECORD

1 9 6 7 SEASON

THIRTY-FIRST ANNUAL EDITION

RESPECTIVELY DEDICATED TO EDMUND CARY WEST

This Thirty-First Anniversary edition of the HELMS ATHLETIC FOUNDATION'S SOUTHERN CALIFORNIA HIGH SCHOOL TRACK & FIELD RECORD is respectfully dedicated to EDMUND CARY WEST -- better known in Southland sports circles as EDDIE WEST.

Born at Santa Ana, California, Eddie has spent most of his lifetime in that community, serving it in distinguished manner. He attended Santa Ana High School, participating in football and tennis.

A graduate of Stanford University, Eddie has been identified with the Santa Ana Register since 1923. His affiliation with that publication has ranged from Sports Editor to City Editor, and Assistant Managing Editor.

Eddie's always interesting and informative column, WEST WINDS, is not only widely read in Santa Ana, but throughout Orange County & beyond.

An industrious sports editor and journalist, Eddie West has, down through the years, dug deeply for features -- many of which have been picked up by fellow sports journalists and press agencies. West has been quoted, as result of his fresh and lively features, on countless occasions.

The Sports Editor of a major Southern California newspaper not long ago remarked: "Eddie West is one of the finest sports journalists in the nation."

Although Eddie West devotes much of his writings to the big leaguers, he is very mindful of the high school athletes and teams.

Eddie became a member of the Helms Athletic Foundation's All-Southern California Board of Athletics in 1945. In this capacity, for 23 years, he has been dedicated to two causes -- the high school athletes of Southern California and to the Board. No Board member has ever contributed more to the high school awards project than has Eddie West.

Southern California high school athletics doesn't have a better friend than the Sports Editor of the Santa Ana Register.

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HELMS ATHLETIC FOUNDATION THIRTY-FIRST ANNUAL TRACK & FIELD RECORD BOOK -- 1967

Thirty-one years ago (1936) Helms Athletic Foundation published its first Southern California Track and Field Record Book. The Foundation has issued this comprehensive record each year since, in the interest of high school athletics. Some 500 of these record books are distributed each season to high school coaches and members of press, radio and television without charge.

Material for this booklet is gathered from sources believed to be reliable. In some cases, performers are credited with non-winning times that may not be entirely authentic...although the athlete is always given the benefit of the doubt. Coaches, track officials and southland newspapers have provided the majority of marks listed.

Special thanks is extended to Rick Smith (San Diego Tribune) and Don Clarkson, Commissioner of the San Diego Section, for supplying information on the San Diego area athletes. The Helms Foundation also thanks Jerry Weiner (Los Angeles City High Schools) and Don Andersen (CIF Southern Section) for their help in the compilation of best marks.

This 31st annual track and field record contains marks established by former southland track and field greats, former team champions, and present city, state and national interscholastic records. There are also sections on top meets of the year, results of Southern California's top meets, best all-time marks by southland prep athletes and many other interesting features.

Helms Athletic Foundation, with offices at Helms Hall, Los Angeles, is sponsored by Paul H. Helms, Jr. The Foundation was established in 1936, with one of its main functions that of recording achievements of athletes in all sports and in all divisions.

Southern California High School Track and Field Record Books dating back to 1937 are on file in the Helms Athletic Foundation library. Also in the museum is the High School Track & Field Hall of Fame, with photos of athletes named for athlete of the year honors dating back to 1937.

All athletes named for top honors in track and field have their names engraved upon the Paul H. Helms perpetual trophy, which is permanently lodged in Helms Hall, Los Angeles. All athletes of the year receive special medallion awards from the Helms Hall Board.

Helms Hall is open daily except Sunday, nine to five and until noon on Saturday. The Helms Hall library is available for research projects throughout the year and contains a wide variety of publications and books on track and field.

**JERRY PROCTOR (MUIR) & MIKE JETER (GARDENA)
WIN TOP CIF & LA CITY TRACK AWARDS FOR 1967**

Add the names of Jerry Proctor, Muir High School of Pasadena, and Gardena High's Mike Jeter to a long list of great Southern California prep athletes of the year. This is exactly what the Helms Foundation's All-Southern California Board of Track and Field did when it selected this hurdling pair as Southern Section CIF and Los Angeles City Track and Field Athletes of the Year respectively.

Muir's Jerry Proctor was a triple event winner in both the Southern Section and California State Meets, taking both hurdle events and the long jump. He set State Meet records of 13.7 and 18.7 (curve) in the hurdle races and established a new long jump mark of 25-4½. His long jump effort wiped out a 14-year mark of 25-4¼, set by Monte Upshaw in 1954. Only three other athletes in the history of the California State Championships had won three events -- Harry Lamport (Manual Arts 1916), Frank Wykoff (Glendale 1927) and Hugh McElhenny (Washington 1947) -- before Proctor turned in his sparkling triple performance. Proctor was coached by Walter Opp.

Mike Jeter, Gardena's track and football star, although not as sensational a record buster as Mr. Proctor, was no less devastating in city ranks. Mike won the Los Angeles City title in the high and low hurdles, the latter event in record breaking time around a turn of 18.8. This mark was broken by Proctor's 18.7 in the State Meet as Mike again ran an 18.8. Jeter was fifth in the State Meet highs. Jeter was coached by Bob Daligney.

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

LOS ANGELES CITY ATHLETES OF THE YEAR C.I.F. SO. SECTION ATHLETES OF YEAR

1937 Bryant Allen, Jefferson Sp.	9.7, 21.1	1937 Bill Bugbee, Montebello LJ	23-7½	
1938 Baylor Maynard, Belmont PV	13-9½	1938 Gil LaCava, Beverly Hills HJ	6-7 1/8	
1939 Bill Stewart, Torrance HJ	6-4 5/8	1939 Eddie Morris, Hunt.Beach Sp.	9.7, 21.3	
1940 Bill Smith, Belmont LJ	23-7 1/2	1940 Eddie Morris, Hunt.Beach Sp.	9.6, 20.7	
1941 Bill Smith, Belmont LJ	24-3 1/2	1941 Thelno Knowles, S.Monica 880	1:55.6	
1942 Roy Thurman, Fremont SP	58-10	1942 Jerry Shipkey, Anaheim SP	56-1 5/8	
1943 Mel Patton, University Sp.	9.9, 21.4	1943 Al Lawrence, Glendale Hurd.	14.7, 23.4	
1944 Hank Williams, Belmont 880	1:57.7	1944 Del Smith, Glendale PV	13-5 3/8	
1945 Ron Frazier, Van Nuys LH	19.0	1945 Joe Scott, El Monte LH	23.7	
1946 Dick Attlesey, Bell Hurd.	14.3, 19.8	1946 John Helwig, Mt. Carmel SP	59-5 7/8	
1947 Hugh McElhenny, Wash.Hurd.	14.0, 19.2	1947 John Bradley, Glen.Hov. Sp.	9.9, 21.8	
1948 Bob Cameron, Wash. SP	59-7 1/4	1948 John Bradley, Glen.Hov. Sp.	9.8, 20.8	
		Howard Bugbee, Redondo Sp.	9.6, 21.5	
		Bill Fell, Compton Sp.LJ	9.6, 21.1, 22-6	
1949 George Brown, Jordan Sp.	LJ 9.8, 21.4, 25-2½	1949 Jack Davis, Glen.Hov. Hurd.	14.4, 19.2	
1950 Lang Stanley, Jefferson 880	1:53.9	1950 Steve Turner, Glen. Sp.	LH 9.9, 21.8, 18.9	
1951 Clarke Merrill, Belmont PV	13-3	1951 Bob Cunning, Glendale Sp.	9.7, 21.2	
1952 LaVern Smith, Jefferson HJ	6-6 3/4	1952 Fernando Ledesma, Compton Mile	4:23.2	
1953 Darryl Ellingson, Dorsey Sp.	9.7, 21.3	1953 Donald Vick, Chaffey SP	62-5½	
		Ronald Morris, Burr'ghs PV	13-11 1/8	
1954 Everett Jackson, Man. Arts Sp.	9.8, 21.5	1954 Bill Swisshein, Santa Ana LH	18.7	
1955 Jesse Newman, Jefferson Mile	4:23.9	1955 Charles Dumas, Centennial HJ	6-10 1/4	
1956 Dave Davis, Canoga Park SP	62-7½	1956 Robert Poynter, Pasadena Sp.	9.6, 21.0	
1957 Tim Roelen, San Fernando Mile	4:20.2	1957 Preston Griffin, Cent. Sp.	9.4w, 20.3w	
		Clark Branson, Pasadena SP	64-0 3/4	
1958 James Bates, Man. Arts Sp.	9.4, 21.2	1958 Melvyn Clipper, Muir Sp.	4 9.6, 20.6, 48.1	
Willie Davis, Roos. Sp.	LJ 9.6, 21.7, 25-5			
1959 Hubie Watson, Jordan Sp.	9.5w, 21.6	1959 Dale Story, Orange Mile	4:11.0	
1960 Hubie Watson, Jordan Sp.	9.5, 20.7	1960 Bob Bonds, Riv'side Hurd.	13.9, 18.7w	
		Ray Van Asten, Bonita 880	1:51.9	
1961 Vern Williams, San Pedro PV	13-10	1961 Forrest Beaty, Glen.Hov. Sp.	9.5, 20.2	
		Ullis Williams, Compton 440	46.1	
1962 Richard Stebbins, Jeff Sp.	9.4w, 20.9	1962 Forrest Beaty, Glen.Hov. Sp.	9.4, 20.4	
1963 Gene Kicenski, Cleveland PV	14-5 3/4	1963 Dennis Carr, Lowell 880	1:49.2n	
1964 Fred Banks, Jeff Sp.	4 9.6, 21.5, 47.0	1964 Paul Wilson, Warren PV	16-0 1/8	
Greg Miguel, Gardena PV	14-9 1/4		Earl McCullouch, Poly Hurd.	13.7, 18.1
1965 Bill Persons, S.Fern'do Hurd.	13.8, 18-8n	1965 Paul Wilson, Warren PV	16-6 3/4	
Steve Marcus, Palisades SP	63-11½	Richard Joyce, Sierra 880	1:48.8	
1966 Phil Underwood, Dorsey Sp.	9.4w, 20.5	1966 John Hubbell, Poly SP	67-9 3/4	
1967 Mike Jeter, Gardena Hurd.	13.9, 18.8	1967 Jerry Proctor, Muir Hd.-BJ	13.7, 18.6, 25-7	

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

HONOR TRACK & FIELD TEAMS — 1967 SEASON

Members of All-Southern California Board of Track & Field make the All-Los Angeles City and All-Southern Section CIF Track & Field Team selections. Members of the 1967 Board are as follows: Ralph Alexander (L.A. Herald Examiner), Marshall Klein (L.A. Times), Al Ames (Glendale News-Press), Phillip Patton (Santa Barbara News-Press), Dick Robinson (San Gabriel Valley Tribune), Claude Anderson (San Bernardino Sun), Garland Rose (Riverside Press-Enterprise), Chuck Thomas (Ventura Star Free-Press), Tom Coulter (San Pedro News-Pilot), Bill Walker (Pasadena Star-News), Eddie West (Santa Ana Register), Wally Wilson (Santa Monica Outlook), Wayne Wilson (Van Nuys News), Willis Arrington (Huntington Park Signal), John Strey (Whittier News), Fred Claire (Pomona Progress Bulletin), Mike Waldner (Redondo Daily Breeze), Bob Cox (The Citizen News), Buddy Dyer (Helms Hall, Secretary) and Bill Schroeder (Helms Hall Chairman). The 1967 All-City & Southern Section CIF teams follow:

<u>E V E N T</u>	<u>L.A. HIGH SCHOOL</u>	<u>MARK</u>	<u>C.I.F. HIGH SCHOOL</u>	<u>MARK</u>
100-Yard Dash	JAMES BYRD (Fremont) (Coach: Frank Nobbe)	9.6	NATHAN SPANN (Centennial) (Coach: Bill Gill)	9.6
220-Yard Dash	DAN MOORE (Fremont) (Coach: Frank Nobbe)	21.1t	RON PHARRIS (Anaheim) (Coach: Marty Hicks)	21.2t
440-Yard Dash	#WAYNE COLLETT (Gardena) (Coach: Bob Daligney)	47.4	EDESEL GARRISON(Cent'al) MIKE NEWTON(Whittier)	B. Gill 47.6 D. Kelly 47.2
880-Yard Dash	LARRY BANKS (Dorsey) (Coach: Rod Richard)	1:51.2	DON BURNS (Redondo) (Coach: Jack Parks)	1:51.5
One-Mile Run	KERRY ELLISON (Birmingham) (Coach: James O'Hara)	4:21.7	MIKE SOLOMON (Westminster) (Coach: Jack Hedges)	4:09.2
Two-Mile Run	BOB MACIAS (Belmont) (Coach: Don Johnson)	9:07.5	RICHARD DYER (Lakewood) (Coach: Bill Meyer)	9:05.8
120-Yard H.H.	MIKE JETER (Gardena) (Coach: Bob Daligney)	13.9	JERRY PROCTOR (Muir) (Coach: Walter Opp)	13.7
180-Yard L.H.	MIKE JETER (Gardena) (Coach: Bob Daligney)	18.8t	JERRY PROCTOR (Muir) (Coach: Walter Opp)	18.6
High Jump	STEVE LANG (Fremont) (Coach: Frank Nobbe)	6-9 1/2	REYNALDO BROWN (Compton) (Coach: Willie Williams)	6-9 1/4
Pole Vault	JEFF SAKALA (Taft) (Coach: Jack McCaffrey)	13-9	BOB SPRUNG (Pomona) (Coach: Don Green)	14-8
	ANTHONY MOORE (San Fernando)	13-11	TOM REYNOLDS (Morningside) (Coach: John Wachtler)	14-10
Long Jump	LONGIE JONES (San Fernando) (Coach: John Wachtler)	23-8 1/2	*JERRY PROCTOR (Muir) (Coach: Walter Opp)	25-7
Shot Put	CLARENCE DAVIS (Washington) (Coach: Joe Barry)	57-10	JOHN BUEHLER (Whittier) (Coach: Don Kelly)	65-9 3/4

(Note: Check City, C.I.F. & State Meet marks for records set by 1967 Track & Field honor team members listed above.)

Named on both 1965 & 1966 teams in 440 * Named to 1966 team

HEIMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

WINNERS OF MAJOR SOUTHERN CALIFORNIA HIGH SCHOOL TRACK & FIELD MEETS IN 1967

M E E T	DATE	W I N N E R	POINTS
Lynwood Relays	Feb. 25	Lynwood	35
Shorty Smith Relays (Santa Ana)	Div. I March 2-3	Compton	33
	Div. II March 2-3	Whittier.	22
	Div. III March 2-3	Santiago.	24
	Div. IV March 2-3	Valencia.	22
Steeler Relays (Fontana)	March 4	San Bernardino.	38½
Canoga Park Relays	March 10	T a f t	45
Mid-Valley Relays	March 10	Birmingham.	100
Palm Springs Relays	March 11	Indio	38
Sherman Invitational	March 17	Sherman Institute	76
Kiwanis Relays (El Centro)	March 18	El Centro	54½
Palmdale Relays	March 18	Upland.	33
Foothill Invitational	March 18	Arcadia	34½
Buena-Ventura Relays	March 18	Santa Barbara	66
Southern Counties Invitational (Large).	March 18	Muir, Pasadena.	32
(Small).	March 18	Morningside	26½
Dominguez Relays	March 18	Dominguez	50
Glendale Relays	March 24	Victor Valley	43
Santa Barbara Relays	March 25	Santa Barbara	38
Arroyo Invitational	April 4	Pasadena.	47
Coachella Valley Relays	April 9	Mt. Carmel.	52
Upland Relays, Div. I	April 15	Victor Valley	75½
Div. II.	April 15	Charter Oak	32
Tustin Relays	April 15	Loara	23
Inglewood Relays	April 15	Dominguez	29
Long Beach City Relays	April 15	Lakewood.	53
Huntington Beach Relays	- - - -	Muir, Pasadena.	36
Frontier League Finals	April 29	H a r t	86
Channel League Finals	May 3	Santa Barbara	48
Bay League Finals	May 5	Santa Monica.	72
Ivy League Finals	May 5	Eisenhower.	41
Orange League Finals	May 5	El Modena	84½
Pioneer League Finals	May 5	Palos Verdes.	102
Sunset League Finals	May 5	Santa Ana Valley.	73½
Pacific League Finals	May 5	Whittier.	64
Golden League Finals	May 6	Victor Valley	95
Southern League Finals (LA City)	May 11	Fremont	54
Eastern League Finals (LA City)	May 12	Jefferson	59½
Marine League Finals (LA City)	May 12	Gardena	74
Northern League Finals (LA City)	May 12	Marshall.	54
Western League Finals (LA City)	May 12	University.	66½
East-Valley League Finals (LA City)	May 12	Grant	77
Mid-Valley League Finals (LA City)	May 12	San Fernando.	60
West-Valley League Finals (LA City)	May 12	T a f t	60½
CIF San Diego City Section Finals	May 26	Lincoln	30
CIF Los Angeles City Section Finals	May 27	Fremont	65
CIF Southern Section Finals	May 27	Centennial.	32
CIF California State Finals	June 3	Muir, Pasadena.	26

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967
RESULTS 49TH ANNUAL CALIFORNIA STATE MEET CHAMPIONSHIPS -- SAN DIEGO, JUNE 3

100-YARD DASH:	Gray (Montgomery, Santa Rosa) 2. Masters (El Cerrito) 3. Pharris (Anaheim) 4. Williams (Muir) 5. Byrd (Fremont)	9.4*
220-YARD DASH:	Gray (Montgomery, Santa Rosa) 2. Masters (El Cerrito) 3. Moore (Fremont) 4. Holbrook (Norte Vista) 5. Rushing (Jefferson)	20.7@
440-YARD DASH:	Newton (Whittier) 2. Taylor (Richmond) 3. Garrison (Centennial) 4. Collett (Gardena) 5. Smith (Fremont)	47.2
880-YARD DASH:	Banks (Dorsey) 2. Fairchild (Encina, Sacramento) 3. Martinez (Wilson, LA) 4. Burns (Redondo) 5. Cardinalli (Pittsburg)	1:51.2
ONE MILE RUN:	Solomon (Westminster) 2. Bigley (Clairemont, San Diego) 3. Apgar (Lincoln, San Diego) 4. Mahon (Lynbrook) 5. Strodl (Orange)	4:11.4
TWO MILE RUN:	Romero (Reedley) 2. Tie between Marsee (South Torrance) and Macias (Belmont, LA) 4. Dyer (Lakewood) 5. Tie between Martin (Lincoln, San Diego) and Islas (Madera)	9:00.5#
120-YARD H.H.	Proctor (Muir) 2. Rivas (Coachella) 3. Barfield (McClymonds, Oakland) 4. Dolphin (Dorsey) 5. Jeter (Gardena)	13.7#
180-YARD L.H.	Proctor (Muir) 2. Jeter (Gardena) 3. Delk (Hill) 4. Johnson (Grant, Sacramento) 5. Woods (Roosevelt, Fresno)	18.7@
HIGH JUMP:	Brown (Compton) 6-9 1/4 2. Burnside (San Ramon) 6-9 1/4 3. Clyburn (Balboa, San Francisco) 6-8 4. Wicks (Centennial) 6-8 5. Hailey (Wasco) 6-7	
POLE VAULT:	Reynolds (Morningside) 14-10 2. Sprung (Pomona) 14-6 3. McGough (Edison, Fresno) 14-6 4. Steben (Chico) 14-6 5. Peake (Buena) 14-0	
LONG JUMP:	Proctor (Muir) 25-4 1/2# 2. Gray (Montgomery, Santa Rosa) 24-1 3. Hewitt (Merced) 23-7 1/2 4. Sutton (Excelsior) 23-6 1/2 5. King (Lincoln, San Diego) 23-6 1/4	
SHOT PUT:	Buehler (Whittier) 65-3 1/4 2. Wilhelm (Fremont, Sunnyvale) 65-0 3. Brown (Granite Hills, El Cajon) 63-6 1/2 4. Howard (Muir) 61-2 1/2 5. Preston (Eisenhower) 60-9 1/2	
DISCUS:	DeBernardi (Hart) 178-2 2. Penrose (Carlmont) 176-1 1/2 3. Farley (McLane) 173-10 4. Davis (Los Altos) 173-4 5. Ostoich (San Bernardino) 172-10	
880-YARD RELAY:	Fremont, LA (Byrd, Smith, Alexander, Moore) 2. Muir 3. Centennial 4. Compton 5. Richmond	1:26.0

* Equals National Interscholastic Record

@ Interscholastic Record (For Event on Curve)

State Meet Record

Scoring (First Six) 1. Muir, Pasadena (26) 2. Montgomery, Santa Rosa (16)
 3. Whittier (12) 4. Fremont, Los Angeles (11) 5. Tie among Centennial, Compton, Dorsey and El Cerrito (8)

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

RESULTS OF SOUTHERN CALIFORNIA C.I.F. SOUTHERN SECTION TRACK CHAMPIONSHIPS

HELD AT MT. SAN ANTONIO COLLEGE ON MAY 26, 1967

100-YARD DASH:	Spann (Centennial) 2. Pharris (Anaheim) 3. Coulter (S.A. Valley) 4. Williams (Muir) 5. Wesley (San Bernardino)	9.6
220-YARD DASH:	Pharris (Anaheim) 2. Spann (Centennial) 3. Coulter (S.A. Valley) 4. Scott (Palm Springs) 5. Holbrook (Norte Vista)	21.4@
440-YARD DASH:	Garrison (Centennial) 2. Newton (Whittier) 3. Hackett (La Habra) 4. Brown (Lynwood) 5. Lee (Centennial)	47.6
880-YARD DASH:	Burns (Redondo) 2. Rine (Santa Monica) 3. Poindexter (Duarte) 4. Bravo (Chino) 5. Griffin (Lowell)	1:51.5
ONE MILE RUN:	Solomon (Westminster) 2. Strodl (Orange) 3. Mosher (Notre Dame) 4. Berthiaume (Ant. Valley) 5. Casso (Channel Islands)	4:09.2
TWO MILE RUN:	Dyer (Lakewood) 2. Marsse (So. Torrance) 3. McDonald (Hoover, Glendale) 4. Sybert (Westminster) 5. Swift (Sierra)	9:05.8*
120-YARD H.H.	Proctor (Muir) 2. Edwards (Compton) 3. Hogue (Chaffey) 4. Rivas (Coachella) 5. Veal (Centennial)	14.0
180-YARD L.H.	Proctor (Muir) 2. Veal (Centennial) 3. Edwards (Compton) 4. Lindsey (Monrovia) 5. Hamley (Lowell)	18.7
HIGH JUMP:	Brown (Compton) 6-6 2. Wicks (Centennial) 6-6 3. Arnold (San Marino) 6-6 4. Ebersol (Victor Valley) 6-5 5. Bruce (Arcadia) 6-4	
POLE VAULT:	Sprung (Pomona) 14-8 2. Montgomery (Oxnard) 14-4 3. Dias (Rubidoux) 14-4 4. Hefner (South Hills) 14-0 5. Peake (Buena) 14-0	
LONG JUMP:	Proctor (Muir) 25-1 3/4 2. Fraser (Edgewood) 22-11 3. Fellows (Chino) 22-9 3/4 4. Sutton (Excelsior) 22-9 1/2 5. Acurso (Pius X) 22-7 (Note: Proctor jumped 25-7 in prelims...both new rec.)	
SHOT PUT:	Buehler (Whittier) 65-9 3/4 2. Ostovich (San Bernardino) 63-5 3/4 3. Howard (Muir) 62-2 3/4 4. Preston (Eisenhower) 62-0 3/4 5. Cathcart (Fontana) 61-6 1/2	
880-YARD RELAY:	Centennial (Lee, Garrison, Veal, Spann) 2. Muir 3. Jordan, Long Beach 4. Compton 5. Dominguez	1:26.0*

@ Southern Section Record Around Turn

* Southern Section Record

Scoring (First Six) 1. Centennial (32) 2. Muir (27) 3. Compton (15)
4. Anaheim (10) 5. Whittier (10) 6. Westminster (8)

RESULTS OF LOS ANGELES CITY HIGH SCHOOL TRACK & FIELD MEET
HELD AT EAST LOS ANGELES STADIUM, MAY 27, 1967

100-YARD DASH: Byrd (Fremont) 2. London (Dorsey) 3. Rushing (Jefferson) 4. Moore (Fremont) 5. Hunt (Gardena) 6. Jones (San Fernando) 9.7

220-YARD DASH: Moore (Fremont) 2. London (Dorsey) 3. Hall (Gardena) 4. Rushing (Jefferson) 5. Wilson (Palisades) 6. Santor (Birmingham) 21.6

440-YARD DASH: Collett (Gardena) 2. Smith (Fremont) 3. Cooper (Hamilton) 4. Pinatelli (Reseda) 5. White (Manual Arts) 6. Santor (Birmingham) 47.4

880-YARD DASH: Banks (Dorsey) 2. Martinez (Wilson) 3. Estes (Monroe) 4. Greene (Hollywood) 5. Gianelli (Grant) 6. Noden (University) 1:52.8*

ONE-MILE RUN: Ellison (Birmingham) 2. McGary (Fremont) 3. Woods (Narbonne) 4. Chasin (University) 5. O'Neill (Hunt. Park) 6. King (Monroe) 4:21.7

TWO-MILE RUN: Macias (Belmont) 2. Maziotti (Birmingham) 3. Calderon (Garfield) 4. Gonzales (Garfield) 5. Cohen (University) 6. De La Rocha (Roosevelt) 9:33.4

120-YARD H.H. Jeter (Gardena) 2. Holt (South Gate) 3. Dolphin (Dorsey) 4. Mann (Carson) 5. Jones (Belmont) 6. Griffith (Reseda) 14.3

180-YARD L.H. Jeter (Gardena) 2. Nordella (Birmingham) 3. Collett (Gardena) 4. Holt (South Gate) 5. Mann (Carson) 6. Smith (Washington) 18.8@

HIGH JUMP: Lang (Fremont) 6-6 2. Tie between Morris (Washington) and Fractious (Gardena) 6-4 4. Tie among Coleman (Narbonne), Jeter (Gardena) and English (Chatsworth) 6-2

POLE VAULT: Tie between Sakala (Taft) and Moore (San Fernando) 13-9 3. Tie between Garcia (Eagle Rock) and Dolphin (Dorsey) 13-6 5. Tie among Brown (Manual Arts), Rueb (Narbonne), Forgey (Banning), Johnson (Palisades), Ruiz (Roosevelt) and Knappen (Taft) 13-0

LONG JUMP: Jones (San Fernando) 23-8 1/2 2. Wicks (Hamilton) 23-5 3. Bowens (Los Angeles) 23-4 1/2 4. Duckett (Washington) 22-11 3/4 5. Griffiths (Reseda) 22-6 3/4 6. Fikes (Fremont) 22-3

SHOT PUT: Davis (Washington) 57-4 1/4 2. Anderson (Jordan) 56-5 3/4 3. Combs (Granada Hills) 56-4 3/4 4. Crawford (Fremont) 54-11 1/2 5. Graf (San Fernando) 53-7 1/2 6. Hughes (Narbonne) 53-1

880-YARD RELAY: Fremont (Byrd, Smith, Alexander, Moore) 2. Hamilton 3. Dorsey 4. Jordan 5. Palisades 6. Birmingham 1:27.5

* New L.A. City Meet Record

@ New Nat. Interscholastic Record (Around Curve)

Scoring (First Six) 1. Fremont (65) 2. Gardena (52 3/4) 3. Dorsey (43)
 4. Birmingham (29) 5. Hamilton (23 3/4) 6. San Fernando
 (22 3/7)

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

7TH ANNUAL SAN DIEGO CITY SECTION C.I.F. TRACK & FIELD CHAMPIONSHIPS, MAY 26TH

100-YARD DASH:	Turnipseed (Carlsbad) 2. Marshall (University) 3. Copping (Pt. Loma) 4. Dore (La Jolla) 5. Sevier (Sweetwater)	9.8
220-YARD DASH:	Ruff (El Cajon) 2. Turnipseed (Carlsbad) 3. Marshall (University) 4. Stevenson (Helix) 5. Sevier (Sweetwater)	21.7
440-YARD DASH:	Ruff (El Cajon) 2. Stevenson (Helix) 3. Gillham (Grossmont) 4. King (Lincoln) 5. Dimond (Madison)	48.6
880-YARD DASH:	Ungricht (Monte Vista) 2. Enriquez (San Dieguito) 3. Torgerson (Mount Miguel) 4. Marshall (Crawford) 5. Langen (Carlsbad)	1:53.0
ONE-MILE RUN:	Bigley (Clairemont) 2. Apgar (Lincoln) 3. Valencia (El Cajon) 4. Jacobsen (San Diego) 5. Tucker (Vista)	4:10.8
TWO-MILE RUN:	Martin (Lincoln) 2. Olsen (Monte Vista) 3. Carter (Monte Vista) 4. Matheny (Monte Vista) 5. Swan Hilltop	9:01.0*
120-YARD H.H.	Jones (Lincoln) 2. Thompson (Orange Glen) 3. Quirk (Orange Glen) 4. Doliva (San Dieguito) 5. Andersen (Chula Vista)	14.5
180-YARD L.H.	King (Hoover) 2. Quirk (Orange Glen) 3. Noall (Point Loma) 4. Ries (Vista) 5. Thompson (Orange Glen)	19.6
HIGH JUMP:	Baumberger (Coronado) 2. Singleton (San Diego) 3. Fulbright (Kearny) 4. Tilley (Mar Vista) 5. Hallman (Ramona)	6-6
POLE VAULT:	Stewart (Mt. Miguel) 2. Burdick (Fallbrook) 3. Smithey (Mar Vista) 4. Tie between Kent (El Cajon) & Quirk (Orange Glen)	14-0
LONG JUMP:	King (Lincoln) 2. Moore (San Diego) 3. Raibon (Oceanside) 4. Lombard (La Jolla) 5. Buchenau (Clairemont)	23-9
SHOT PUT:	Brown (Granite Hills) 2. Foley (Monte Vista) 3. Helton (Mar Vista) 4. Schmock (San Dieguito) 5. Crogan (Crawford)	63-11*
880-YARD RELAY:	Lincoln 2. Kearny 3. Sweetwater 4. Vista 5. Grossmont	1:29.0

* New Meet Record

Scoring (1st Six) 1. Lincoln (30) 2. Monte Vista (19) 3. El Cajon (16½)
4. Orange Glen (13½) 5. Carlsbad (11) 6. San Diego (10)

SAN DIEGO CITY SECTION C.I.F. TRACK & FIELD MEET RECORDS.....

100-YARD DASH	CHARLES SANFORD	SAN DIEGO	9.6	1963
220-YARD DASH	DAVE BLUNT	ESCONDIDO	21.0	1961
220-YARD DASH (Curve)	JOHN ELLIS	LINCOLN	21.4	1966
440-YARD DASH	MIKE SINGLETARY	SAN DIEGO	48.0	1965
880-YARD DASH	BOB HOSE	MADISON	1:51.1	1964
ONE-MILE RUN	TIM DANIELSON	CHULA VISTA	4:06.2	1966
TWO-MILE RUN	OTIS MARTIN	LINCOLN	9:01.0	1967
120-YARD H.H.	DAVE EDWARDS	LINCOLN	14.2	1966
180-YARD L.H.	SILAS GROSS	MORSE	19.2	1965
HIGH JUMP	HAROLD GREENWOOD	MORSE	6-8 1/4	1966
POLE VAULT	STEVE RUGGLES	ESCONDIDO (Prelim)	14-6	1965
LONG JUMP	DOYLE STEEL	SAN DIEGO	25-5 1/4	1966
SHOT PUT	GEORGE BROWN	GRANITE HILLS	63-11	1957
DISCUS	RICHARD GRISE	GROSSMONT	170-5	1964
880-YARD RELAY	LINCOLN (PEAVY, MILLER, GREENWOOD, RAGSDALE).....	1:27.2	1962	
	SAN DIEGO (SANFORD, DIXON, BLACKLEDGE, BAKER).....	1:27.2	1963	
	LINCOLN (DAVIS, EDWARDS, ELLIS, KING).....	1:27.2	1966	

PAST SAN DIEGO SECTION MEET CHAMPIONS

1961	LINCOLN HIGH SCHOOL28 PTS	1965	GRANITE HILLS HIGH SCHOOL. .26 PTS
1962	LINCOLN HIGH SCHOOL39 PTS	1966	LINCOLN HIGH SCHOOL.65 PTS
1963	SAN DIEGO HIGH SCHOOL37 PTS	1967	LINCOLN HIGH SCHOOL.30 PTS
1964	LINCOLN HIGH SCHOOL36 PTS		

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS

OUTSTANDING MARKS MADE BY SOUTHERN CALIFORNIA HIGH SCHOOL ATHLETES DURING 1967

MARK	A T H L E T E S	S C H O O L	Y E A R	M E E T	DATE
9.5	Howard Williams	Muir, Pasadena	Soph.	Poly-Compton	2/23
9.5w	Wayne Collett	Gardena	Senior	San Pedro	4/14
9.6	Nathan Spann	Centennial	Senior	CIF Finals	5/26
9.6	Richard Coulter	Santa Ana Valley	Senior	Marina	4/6
9.6	Ron Pharris	Anaheim	Senior	State Prelims	6/2
9.6	Charles Rushing	Jefferson	Senior	Eastern Prelims	5/5
9.6	James Byrd	Fremont	Senior	Dorsey	4/28
9.6n	Dan Moore	Fremont	Senior	Dorsey	4/28
9.6n	Ernest London	Dorsey	Senior	Fremont	4/28
9.6	Doug Hawken	Eisenhower	Senior	Ivy Finals	5/5
9.7	Tim Blackmore	Birmingham	Senior	San Fernando	---
9.7	Ed Steward	Santa Ana	Senior	Sunset Finals	5/5
9.7	Tom Scott	Palm Springs	Senior	CIF Prelims	5/13
9.7	Willie Felton	Pasadena	Senior	Burbank	4/13
9.7	Robert Ray	Santiago	Junior	Bolsa Grande	4/13
9.7	Dave Buchanan	Muir, Pasadena	Senior	Hoover, Glendale	3/30
9.7	Everett Marshall	Morningside	Junior	Southern Counties	3/18
9.7n	John Holbrook	Norte Vista	Senior	Ivy Finals	5/5
9.7n	Preston Dixon	Compton	Senior	Centennial	4/6
9.7n	Peter Pitts	Muir	Junior	Centennial	3/2
9.7w	Dwight Hunt	Gardena	Senior	Washington	3/10

220-YARD DASH

20.8w	Richard Coulter	Santa Ana Valley	Senior	Anaheim	3/30
20.9	Wayne Collett	Gardena	Senior	Dual Meet	---
21.1	John Holbrook	Norte Vista	Senior	Dual Meet	---
21.1n	Dan Moore	Fremont	Senior	State Finals	6/3
21.2	Howard Williams	Muir, Pasadena	Soph.	Southern Counties	3/18
21.2	Ron Pharris	Santa Ana	Senior	Anaheim	4/20
21.3	Daryl Queen	Westchester	Senior	Dual Meet	---
21.3	Charles Rushing	Jefferson	Senior	Eastern Finals	5/12
21.4	Paul Hackett	La Habra	Senior	Magnolia	4/25
21.4	Everett Marshall	Morningside	Junior	Southern Counties	3/18
21.4w	Bob Frasquillo	North Torrance	Junior	Redondo	4/25

440-YARD DASH

47.2	Mike Newton	Whittier	Senior	Pacific Finals	5/5
47.4	Wayne Collett	Gardena	Senior	City Finals	5/27
47.6	Edesel Garrison	Centennial	Junior	CIF Finals	5/26
47.9	John Smith	Fremont	Junior	Dorsey	4/28
48.1n	David Grant	Dorsey	Senior	Fremont	4/28
48.6	Bruce Ruff	El Cajon	Junior	CIF, SD Finals	5/27
48.6	James Love	Jefferson	Senior	Eastern Finals	5/12
48.7n	Paul Hackett	La Habra	Senior	CIF Finals	5/26
49.0	Andy Young	Jordan, L.B.	Senior	Southern Counties	3/18
49.0n	Hugh Brown	Lynwood	Senior	CIF Finals	5/26
49.1n	Henderson Cooper	Hamilton	Junior	Dual Meet	---
49.1n	Ron Adams	Warren	Senior	Southern Counties	3/18

880-YARD DASH

1:51.2	Larry Banks	Dorsey	Senior	State Finals	6/3
1:51.5	Don Burns	Redondo	Senior	CIF Finals	5/26
1:51.7n	Steve Rine	Santa Monica	Senior	CIF Finals	5/26
1:51.9n	Arthur Martinez	Wilson, L.A.	Senior	State Finals	6/3
1:53.0	Dan Ungricht	Monte Vista	Senior	CIF, SD Finals	5/27

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

MARK	ATHLETE	SCHOOL	YEAR	M E E T	DATE
1:53.0n	Jim Poindexter	Duarte	Senior	CIF Finals	5/26
1:53.4	Armando Valencia	El Cajon	Senior	Monte Vista	5/5
1:53.8n	John Bravo	Chino	Senior	CIF Finals	5/26
1:53.8n	Pancho Enriquez	San Dieguito	Senior	CIF, SD Finals	5/27
1:54.1	Greg Jones	Poly, L.B.	Junior	CIF Semi-Finals	5/19
1:54.1n	John Griffin	Lowell	Senior	CIF Finals	5/26
1:54.1	Mike Newton	Whittier	Senior	Southern Counties	3/18
1:54.4n	Jim Estes	Monroe	Senior	City Finals	5/27
1:54.7	Orvin Romo	San Diego	Senior	Centennial-Grossmont	2/24
1:54.8n	Mike Galindo	Crescenta Valley	Senior	CIF Semi-Finals	5/19
1:54.9	Thornton Bigley	Clairemont	Senior	San Diego	3/10

ONE MILE RUN

4:07.2	Armando Valencia	El Cajon	Senior	National City Relays	3/18
4:09.2	Mike Solomon	Westminster	Senior	CIF Finals	5/26
4:10.8	Thornton Bigley	Clairemont	Senior	CIF, SD Finals	5/27
4:11.8n	Lloyd Apgar	Lincoln, S.D.	Senior	CIF, SD Finals	5/27
4:14.3n	Otis Martin	Lincoln, S.D.	Senior	San Diego Invitational	6/10
4:16.1	John MacDonald	Hoover, Glendale	Senior	Montebello-La Canada	2/28
4:16.5n	Jim Mosher	Notre Dame	Senior	State Prelims	6/2
4:17.0n	Keith Strodl	Orange	Senior	CIF Finals	5/26
4:17.7	Arthur Martinez	Wilson, L.A.	Senior	Dual Meet	---
4:18.3	Neil Sybert	Westminster	Senior	Santa Ana	4/13
4:18.4	Steve Crane	Whittier	Senior	CIF Semi-Finals	5/19
4:18.7n	Gerry Berthiaume	Antelope Valley	Senior	CIF Finals	5/26
4:18.8n	John Casso	Channel Islands	Senior	CIF Finals	5/26
4:19.9	Claude McGary	Fremont	Senior	Dual Meet	---
4:20.2	Mike Hall	Tustin	Senior	Orange	3/9
4:20.2n	Steve Becker	Kearny	Junior	San Diego Invitational	6/10
4:20.3	Jeff Marsee	South Torrance	Senior	Santa Monica	4/7
4:20.5n	Dewey Swan	Hilltop	Senior	San Diego Invitational	6/10
4:21.7	Kerry Ellison	Birmingham	Junior	City Finals	5/27
4:22.0n	John Jacobson	San Diego	Junior	CIF, SD Finals	5/27

TWO MILE RUN

9:01.0	Otis Martin	Lincoln, S.D.	Senior	CIF, SD Finals	5/27
9:02.6	Armando Valencia	El Cajon	Senior	Santana	4/14
9:03.6n	Don Olsen	Monte Vista	Senior	CIF, SD Finals	5/27
9:05.8	Richard Dyer	Lakewood	Senior	CIF Finals	5/26
9:06.0n	Jeff Marsee	South Torrance	Senior	CIF Finals	5/26
9:07.5n	Robert Macias	Belmont	Senior	State Finals	6/3
9:08.6n	John MacDonald	Hoover, Glendale	Senior	CIF Finals	5/26
9:12.9n	Neil Sybert	Westminster	Senior	CIF Finals	5/26
9:14.2n	Beldon Burch	San Clemente	Senior	CIF Semi-Finals	5/19
9:18.0n	Russ Swift	Sierra	Junior	CIF Semi-Finals	5/19
9:18.7n	Mark Suttle	Wilson, L.B.	Junior	CIF Semi-Finals	5/19
9:19.7	Earl Duncan	John Glenn	Senior	Dual Meet	---
9:19.7n	Carl Mehrbach	St. Bernard	Senior	Southern Counties	3/18
9:21.2n	Dave Carter	Monte Vista	Soph.	CIF, SD Finals	5/27
9:22.9n	Herb Kuntz	Palos Verdes	Senior	Southern Counties	3/18
9:23.5n	Dave Matheny	Monte Vista	Senior	CIF, SD Finals	5/27
9:23.7	Curtis Jones	Dominguez	Senior	Lynwood	4/6
9:26.5	Paul Peterson	Pius X	Junior	All-Catholic	5/6

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS

MARK	ATHLETE	SCHOOL	YEAR	M E E T	DATE
<u>120-YARD HIGH HURDLES</u>					
13.7	Jerry Proctor	Muir, Pasadena	Senior	State Finals	6/3
13.9	Mike Jeter	Gardena	Senior	State Prelims	6/2
14.0	John Veal	Centennial	Senior	Warren	4/26
14.0n	Vince Rivas	Coachella	Senior	State Finals	6/3
14.1n	Ken Hogue	Chaffey	Senior	State Prelims	6/2
14.1n	Jerry Dolphin	Dorsey	Senior	State Finals	6/3
14.3	Phil Hanks	Arcadia	Senior	Pasadena Games	4/15
14.3	Donnell Tilley	Santa Ana Valley	Junior	Santa Ana	4/26
14.3n	Richard Edwards	Compton	Senior	CIF Finals	5/26
14.3n	Len Thompson	Orange Glen	Senior	State Prelims	6/2
14.4	Kent Martin	California	Senior	CIF Prelims	5/13
14.4	Chris Ulshafer	Culver City	Senior	CIF Prelims	5/13
14.4n	Steve McCall	Compton	Senior	Southern Counties	3/18
14.4n	Randy Holt	South Gate	Junior	Dual Meet	---
<u>180-YARD LOW HURDLES</u>					
18.6	Jerry Proctor	Muir, Pasadena	Senior	Hoover, Glendale	3/30
18.6c	Wayne Collett	Gardena	Senior	Banning	5/1
18.8c	Mike Jeter	Gardena	Senior	City Finals	5/27
19.0	Jim Snow	Warren	Senior	Compton	4/27
19.0nc	John Veal	Centennial	Senior	CIF Finals	5/26
19.0	Leo Johnson	Cabrillo	Senior	Santa Barbara Champ.	4/29
19.1nc	Ron Hamley	Lowell	Senior	CIF Finals	5/26
19.1nc	John Hicks	Gardena	Senior	Marine Finals	5/12
19.1n	Richard Edwards	Compton	Senior	Warren	4/27
19.1nc	Phillip Lindsey	Monrovia	Senior	CIF Finals	5/26
19.2	Lewis King	Lincoln, S.D.	Senior	Southern Counties	3/18
19.2	Donnell Tilley	Santa Ana Valley	Junior	Western	4/13
19.2	Joe Lilly	Santa Ana Valley	Senior	Santa Ana	4/26
19.2	Chris Smallwood	San Bernardino	Senior	CIF Prelims	5/13
19.2n	Tom Reynolds	Morningside	Senior	Southern Counties	3/18
19.2c	Jerry Dolphin	Dorsey	Senior	City Prelims	5/20
<u>HIGH JUMP</u>					
6-9 1/2	Steve Lang	Fremont	Senior	Washington	5/15
6-9 1/4	Reynaldo Brown	Compton	Soph.	State Finals	6/3
6-9 1/4	Phil Singleton	San Diego	Junior	Lincoln, SD	4/7
6-9 1/4	Tim Brown	Morse, S.D.	Senior	Crawford, SD	4/18
6-8 3/4	Ronnie Wicks	Centennial	Senior	Coast Finals	5/5
6-8	Craig Baumberger	Coronado	Senior	San Diego Relays	3/25
6-7 3/4	Andre Jones	Poly, L.B.	Junior	Pasadena	3/1
6-7 1/4	Doug Jones	Lincoln, S.D.	Junior	El Cajon	3/7
6-7	Ed Clark	Salesian	Senior	Pater Noster	4/20
6-7	Dan Thomas	Antelope Valley	Senior	Dual Meet	---
6-6 1/8	Scott English	Chatsworth	Junior	Reseda	4/12
6-6	Robert Bolden	Manual Arts	Senior	Los Angeles	4/10
6-6	Jim Arnold	San Marino	Junior	Rio Hondo Finals	5/5
6-6	Terry Tilley	Mar Vista, S.D.	Junior	Castle Park, SD	4/28
<u>POLE VAULT</u>					
15-5 1/4	Victor Dias	Rubidoux	Senior	Dual Meet	---
14-10 3/4	Jim Jones	Bonita	Senior	Dual Meet	---
14-10	Tom Reynolds	Morningside	Senior	State Finals	5/1
14-9	Robert Sprung	Pomona	Senior	Garey	4/7
14-8	Steve Morris	Burroughs	Senior	Glendale	4/13
		-11-			

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

<u>MARK</u>	<u>ATHLETE</u>	<u>SCHOOL</u>	<u>YEAR</u>	<u>M E E T</u>	<u>DATE</u>
14-7	Don Petrushkin	Montebello	Senior	Triangular	2/28
14-6 3/4	Edwin Ellett	Santa Ana Valley	Senior	Sunset Finals	5/5
14-6 1/4	Randall Rudolph	Venice	Senior	Western Finals	5/12
14-6	Mike Griffiths	Mar Vista, S.D.	Senior	Metro Finals	5/12
14-4 3/4	David Stewart	Mt. Miguel	Senior	Monte Vista	4/28
14-4 1/2	Scott Stillinger	Pomona	Junior	Garey	4/27
14-4	Ken Montgomery	Oxnard	Senior	CIF Finals	5/26
14-2	Jeff Oldham	Santiago	Senior	St. John Bosco	3/16
14-1 1/8	Carlos Garcia	Eagle Rock	Senior	Huntington Park	3/16
14-0	Steve Peake	Buena	Senior	Buena-Ventura Relays	3/18
14-0	Doak Heffner	South Hills	Senior	CIF Finals	5/26

LONG JUMP

26-0 3/4	Jerry Proctor	Muir, Pasadena	Senior	National AAU	6/23
24-11	Lewis King	Lincoln, S.D.	Senior	Crawford, SD	4/27
24-1 1/2	James Moore	San Diego	Junior	National City Relays	3/18
23-10	Charles Duckett	Washington	Senior	Southern Finals	5/11
23-8 1/2	Lonnie Jones	San Fernando	Senior	City Finals	5/27
23-8 1/2	Charles Fikes	Fremont	Senior	City Prelims	5/20
23-7 3/4	Tony Henderson	Lincoln	Senior	Southern Counties	3/18
23-7 3/4	Sidney Wicks	Hamilton	Senior	City Finals	5/27
23-6	Jerry Fellows	Chino	Senior	Bonita	3/16
23-5	Mike Schultz	Birmingham	Senior	San Fernando	4/14
23-4 1/2	Alvin Bowens	Los Angeles	Senior	City Finals	5/27
23-3	James Watson	El Centro	Junior	State Prelims	6/2
23-2 5/8	Jim Fraser	Edgewood	Senior	Montview	5/3
23-2	Robert McKenzie	Manual Arts	Senior	Southern Finals	5/11
23-0 1/4	John Johnson	Banning	Senior	Dual Meet	----
23-0	Willie Felton	Pasadena	Senior	Southern Counties	3/18
23-0	Henry Harrell	Los Angeles	Junior	Southern Finals	5/11

SHOT PUT

65-9 3/4	John Buehler	Whittier	Senior	CIF Finals	5/26
64-4 1/2	Mark Ostoich	San Bernardino	Senior	Bellflower Relays	3/25
64-3 1/2	George Brown	Granite Hills, SD	Senior	Grossmont, SD	4/7
63-3 1/2	Eddie Howard	Muir, Pasadena	Senior	Triangular	2/23
62-0 3/4	Steve Preston	Eisenhower	Senior	CIF Finals	5/26
61-6 1/2	Ernie Cathcart	Fontana	Junior	CIF Finals	5/26
60-7 1/4	Fred DeBernardi	Hart	Senior	Alemany	2/28
59-5	Dan Helton	Mar Vista, SD	Junior	Castle Park, SD	4/28
58-6	Gary Brown	Muir, Pasadena	Junior	Glendale	3/16
58-4	Jon Self	Burbank	Senior	Burroughs	4/28
57-10	Clarence Davis	Washington	Senior	Fremont	5/16
57-9 1/2	? Wilkinson	Pacific	Senior	Southern Counties	3/18
57-7	? McHenry	Edgewood	Senior	Northview	4/6
57-5 3/4	Dan Bryant	Arcadia	Senior	Pacific Finals	5/5
57-4 1/2	Jerry French	Santa Ana Valley	Senior	Tustin Relays	4/20
57-2 3/4	Pat Foley	Monte Vista	Soph.	CIF, SD Finals	5/27
57-1	Jim Ulam	Kennedy	Junior	Crestview Finals	5/5

DISCUS

184-11	Fred DeBernardi	Hart	Senior	Golden West Invit.	6/17
177-7	Mark Ostoich	San Bernardino	Senior	State Prelims	6/2
176-1	Brian Wadlington	Granite Hills, SD	Junior	Grossmont Finals	5/22
172-6	Rory Kenward	San Marcos	Senior	State Prelims	5/2
166-0	Pat Foley	Monte Vista, SD	Soph.	El Cajon	5/5
165-11 1/2	John Buehler	Whittier	Senior	State Qualifying	5/11

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1961

MARK	ATHLETE	SCHOOL	YEAR	M	E	E	T	DATE
162-11	Steve Burgesser	Monte Vista, SD	Senior	Santana, SD				4/25
162-2	Howard Montgomery	Glenn	Soph.	Suburban Finals				5/5
161-1	1/2 Bob Richards	Foothill	Senior	Crestview Finals				5/5
160-10	1/2 Mike Robinson	Mt. Miguel, SD	Senior	Grossmont Finals				5/12
158-6	1/2 Dan Bryant	Arcadia	Senior	State Qualifying				5/22
155-4	Steve Lassalette	California	Soph.	La Mirada				4/25
155-1	1/2 Jim Stone	California	Soph.	La Mirada				4/25
155-1	Tom Morgan	California	Junior	La Mirada				4/25
154-10	1/2 ? Dougherty	Mt. Miguel, SD	Senior	Bellflower Relays				3/25
149-8	? Cook	Loara	Senior	Kennedy				4/26
149-6	1/2 Jim Doolittle	Hart	Junior	Mt. Sac Relays				4/28
148-3	1/2 Mike Jenkins	Pioneer	Senior	Suburban Finals				5/4

880-YARD RELAY

1:26.0	Centennial	Spann, Lee, Veal, Garrison.....	CIF Finals	5/26
1:26.0	Fremont	Byrd, Smith, Alexander, Moore.....	State Finals	6/3
1:26.2	Muir	Jones, Pitts, Proctor, Williams.....	CIF Prelims	5/13
1:26.7n	Compton	(No names available).....	Centennial	4/6
1:27.1	Gardena	Hall, Jeter, Hunt, Collett.....	Carson	4/28
1:27.5n	Jordan, L.B.	(No names available).....	CIF Finals	5/26
1:27.7	San Bernardino	(No names available).....	CIF Prelims	5/13
1:27.8n	Dorsey	London, Scott, Banks, Grant.....	Southern Finals	5/11
1:28.0	Jefferson	Rushing, Diggins, Bible, Love.....	Eastern Finals	5/12
1:28.2	Washington	(No names available).....	Sylmar	3/16
1:28.3n	Lincoln, SD	Jones, Roberts, Maxwell, Wilson.....	State Finals	6/3

LOS ANGELES CITY CROSS COUNTRY...2 Miles CIF CROSS COUNTRY CHAMPIONSHIPS...2 Miles
(Held at Pierce College, Dec. 16, '66) (Held at Cal State, Long Beach, Dec. 2 '66)

TEAM STANDINGS...

1. Granada Hills.....63
2. University.....90
3. Reseda.....104
4. Palisades.....107
5. Garfield.....120
6. Birmingham.....124
7. Belmont.....148
8. San Pedro.....152
9. Carson.....213

INDIVIDUAL STANDINGS...

1. Martinez, Wilson.....10:01.6
2. Oleson, Palisades.....10:02.5
3. Macias, Belmont.....10:11.0
4. Fotinakes, So. Gate...10:13.0
5. Glasscock, Reseda.....10:17.0
6. Gonzales, Garfield....10: .0
7. Kane, University.....10:21.0
8. Bonds, Reseda.....10:23.0
9. Delalocha, Roosevelt..10:23.0
10. Glushko, San Pedro....10:23.0

CIF SMALL SCHOOL STANDINGS

1. San Marino (36) 2. Duarte (88)
3. Fillmore (93) 4. St. Bernard (110)
5. Morro Bay (113) Ind. 1. Peterson, Pius X (9:40)

TEAM STANDINGS...AAA

1. Westminster (31) 2. So. Torrance (45)
3. Ant. Valley (117) 4. Jordan (118)
5. La Habra (123) 6. Millikan (138)

INDIVIDUAL STANDINGS...AAA

1. Marsee, So. Torrance (9:29) 2. Solomon, Westminster (9:36) 3. Gomez, Muir (9:38)
4. Sybert, Westminster (9:38) 5. Dexter, Millikan (9:38)

TEAM STANDINGS...AA

1. Palos Verdes (78) 2. Bolsa Grande & La Fuente (95) 4. Huntington Beach & Redondo (97) 6. Hoover (110)

INDIVIDUAL STANDINGS...AA

1. Balasco, Buena (9:40) 2. McDonald, Hoover (9:42) 3. Williams, Hunt. Beach (9:44) 4. Hinkle, La Fuente (9:47) 5. Morrison, Palos Verdes (9:45)

TEAM & INDIVIDUAL STANDINGS...A

1. Glenn (33) 2. Valencia (78) 3. Grimes (127) 4. West Torrance (130) 5. General (135) Ind. 1. Sellers, W. Torrance (4:24)
2. Mosqueda, Glenn (9:35) 3. Swift, Sherman (9:35) 4. Whittle, La Canada (9:35) 5. Estrade, Glenn (9:35)

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

LOS ANGELES HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	Hubie Watson	Jordan	9.5w	1959
	Phil Underwood	Dorsey	9.5	1966
220-Yard Dash	Hubie Watson	Jordan	20.7	1960
220-Yard Dash (Curve)	Phil Underwood	Dorsey	21.0	1966
440-Yard Dash	Freddie Banks	Jefferson	47.3	1964
	Wayne Collett	Gardena	47.3	1966
880-Yard Dash	Larry Banks	Dorsey	1:52.8	1967
One Mile Run	Gordon Krohn	Taft	4:17.2	1965
Two Mile Run	Keith Cooney	Granada Hills	9:17.7	1966
High Hurdles (39")	Don Parish	Dorsey	14.0	1966
High Hurdles (42")	Ivy Bledsoe	Garfield	14.9	1945
Low Hurdles (180y)	William White	Jefferson	19.0	1956
Low Hurdles (180y Curve)	Mike Jeter	Gardena	18.8	1967
Low Hurdles (220y)	Ivy Bledsoe	Garfield	24.3	1946
High Jump	Douglas Huff	Lincoln	6-9 3/4	1966
Long Jump	William Davis	Roosevelt	25-5w	1958
Pole Vault	Clint Ostrander	Taft	14-10 1/2	1966
Shot Put (12 lb)	Steve Marcus	Palisades	63-2 1/2	1965
880-Yard Relay	Dorsey	(Grant, Hanley, Parish, Underwood)	1:25.9	1966
One Mile Relay (8-Man)	Manual Arts (Harris, Waddy, Bates, Haynes, Willard, Taylor, Green, A. Williams)		2:54.6	1957

CALIFORNIA STATE HIGH SCHOOL TRACK AND FIELD MEET RECORDS

100-Yard Dash	Mel Gray	Montgomery (Santa Rosa)	9.4	1967
220-Yard Dash	Harold Busby	Muir, Pasadena (Prelim)	20.5	1965
	Phil Underwood	Dorsey, LA (Prelim)	20.5	1966
220-Yard Dash (Curve)	Mel Gray	Montgomery (Santa Rosa)	20.7	1967
440-Yard Dash	Jerry White	Corcoran	46.7	1956
880-Yard Dash	Richard Joyce	Sierra, Whittier	1:48.8	1965
One Mile Run	Tim Danielson	Chula Vista	4:07.0	1966
Two Mile Run	Peter Romero	Reedley	9:00.5	1967
High Hurdles (39")	Jerry Proctor	Muir, Pasadena	13.7	1967
High Hurdles (42")	Roy Kirkpatrick	El Centro	14.7	1934
Low Hurdles (180y)	Ed Moody	McClymonds, Sac'to	18.3	1961
Low Hurdles (180y Curve)	Jerry Proctor	Muir, Pasadena	18.7	1967
Low Hurdles (220y)	George Sangster	Muir, Pasadena	23.8	1937
High Jump	Douglas Huff	Lincoln, LA	6-10	1966
	Tom Clyburn	Balboa, SF	6-10	1966
Pole Vault	Paul Wilson	Warren, Downey	15-6 1/2	1965
Long Jump	Jerry Proctor	Muir, Pasadena	25-4 1/2	1967
Shot Put (12 lb)	John Hubbell	Poly, Long Beach	66-11	1966
Shot Put (16 lb)	Dave Murphy	Sunny Hills, Fullerton	57-2 1/2	1966
Discus Throw (3lb 9oz)	Jim Peters	Piedmont	189-1	1966
Discus Throw (Reg.)	Mike Lewis	Lincoln, SF	151-7 3/4	1957
Javelin Throw	Ray Churchill	San Benito, Hollister	195-6 3/4	1932
Hop, Step & Jump	Tom Cousey	Ells, Richmond	48-4 1/2	1960
880-Yard Relay	Jefferson	(Phillips, White, Randall, Batten)	1:25.9	1956

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS

C.I.F. SOUTHERN SECTION HIGH SCHOOL TRACK & FIELD MEET RECORDS

100-Yard Dash	Preston Griffin	Centennial	9.5	(Semis) 1957
	Forrest Beatty	Hoover, Glendale	9.5	1962
	Harold Busby	Muir, Pasadena	9.5	(Semis) 1965
220-Yard Dash	Forrest Beatty	Hoover, Glendale	20.2	1961
220-Yard Dash (Curve)	Ron Pharris	Anaheim	21.4	1967
440-Yard Dash (1 Curve)	Myrel Gillett	El Centro	48.3	1933
(2 Curves)	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Devone Smith	Compton	1:51.1	1964
One Mile Run	Carl Trentadue	Westminster	4:08.5	1965
Two Mile Run	Richard Dyer	Lakewood	9:05.8	1967
High Hurdles (39")	Earl McCullouch	Poly, Long Beach	13.7	1964
High Hurdles (42")	Bruce Gridley	Northview, Covina	13.7	(Semis) 1966
Low Hurdles (180y)	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (180yCurve)	Earl McCullouch	Poly, Long Beach	18.1	1964
High Jump	Jerry Proctor	Muir, Pasadena	18.7	1967
Pole Vault	William Morris	Compton	6-10 1/4	(Semis) 1966
Long Jump	Paul Heglar	Muir, Pasadena	16-3	(Prelims) 1966
Shot Put (12 lb)	Jerry Proctor	Muir, Pasadena	25-7	(Prelims) 1967
Hop, Step & Jump	John Hubbell	Poly, Long Beach	67-9 3/4	1966
880-Yard Relay	Bob Beckus	Hoover, S.D.	46-1 3/4	1938
	Centennial (Lee, Garrison, Veal, Spann)		1:26.0	1967

BEST MARKS ON RECORD BY CALIFORNIA HIGH SCHOOL ATHLETES

100-Yard Dash	James Jackson	Alameda	9.4	1954
	James Bates	Manual Arts, LA	9.4	1958
	Forrest Beatty	Hoover, Glendale	9.4	1962
	James Hines	McClymonds, Oakland	9.4	1964
	Mel Gray	Montgomery(Santa Rosa)	9.4	1967
220-Yard Dash	Forrest Beatty	Hoover, Glendale	20.2	1961
220-Yard Dash (Curve)	Mel Gray	Montgomery(S. Rosa)	20.7	1967
440-Yard Dash	Ulis Williams	Compton	46.1	1961
880-Yard Dash	Richard Joyce	Sierra, Whittier	1:48.8	1965
One Mile Run	Tim Danielson	Chula Vista	3:59.4n	1966
Two Mile Run	Peter Romero	Reedley	8:54.6	1967
High Hurdles (39")	Steve Caminiti	Crespi, Encino	13.7	1964
	Earl McCullouch	Poly, Long Beach	13.7	1964
High Hurdles (42")	Bruce Gridley	Northview, Covina	13.7	1964
Low Hurdles (180y)	Jerry Proctor	Muir, Pasadena	13.7	1967
Low Hurdles (180yCurve)	Roy Kirkpatrick	El Centro	14.5	1934
Low Hurdles (220y)	Steve Caminiti	Crespi, Encino	18.1	1964
High Jump	Earl McCullouch	Poly, Long Beach	18.1	1964
Pole Vault	Wayne Collett	Gardena, LA	18.6	1967
Long Jump	Tom Hester	San Bernardino	22.7n	1962
Shot Put (12 lb)	Don Pierce	Pittsburg	7-0	1966
Shot Put (16 lb)	Paul Wilson	Warren, Downey	16-6 3/4	1965
Discus (3 lb. 9 oz.)	Jerry Proctor	Muir, Pasadena	26-0 3/4	1967
Discus (Regulation)	John Hubbell	Poly, Long Beach	67-9 3/4	1966
Javelin	Dave Murphy	Sunny Hills(Full.)	57-2 1/2	1966
Triple Jump	Bob Stoecker	Los Altos	195-4	1962
440-Yard Relay	Bob Stoecker	Los Altos	164-4 1/2	1962
880-Yard Relay	Ray Churchill	San Benito(Holl.)	195-6 3/4	1932
One-Mile Relay (4-Man)	Mike Woods	Manual Arts, LA	51-8	1964
One-Mile Relay (8-Man)	Muir, Pas.(Proctor, Pitts, Buchanan, Williams)	41.7	1967
Two-Mile Relay (4-Man)	Dorsey (Grant, Hanley, Parish, Underwood)	1:25.9	1966
One-Mile Sprint Medley	Jefferson (Lampkins, Payne, Harris, Banks)	3:17.0n	1964
Four-Mile Relay (4-Man)	Centennial (Thomas, Owens, Tucker, Toliver,			
Distance Medley Relay	Meadows, Cureton, Todd, Tyler)	2:54.1	1961
	Miramonte, Orinda (No Names Available)	7:52.9	1964
	La Habra (Brady, Haught, Logue, Bess)	3:27.4	1961
	Crespi, LA (Bowler, Tomain, Kearns, Saykally)	17:41.2	1965
	Compton (Williams, Paz, Crowley, Covington)	10:17.0	1953

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967
 BEST MARKS ON RECORD BY SOUTHERN CALIFORNIA HIGH SCHOOL TRACK & FIELD ATHLETES

100-YARD DASH

Bates, Manual Arts
 Beaty, Hoover, Glendale

220-YARD DASH

Beaty, Hoover, Glendale
 Busby, Muir, Pasadena
 Underwood, Dorsey
 Turner, Burroughs, Burbank
 Clipper, Muir, Pasadena
 Logue, La Habra
 Wise, Pasadena

440-YARD DASH

Williams, Compton
 Banks, Jefferson
 Archibald, Leuzinger
 Newton, Whittier
 Anderson, Muir, Pasadena
 Beaty, Hoover, Glendale
 Collett, Gardena
 Julian, Bolsa Grande
 Garrison, Centennial
 Singletary, San Diego

880-YARD DASH

Joyce, Sierra
 Carr, Lowell
 Hose, Madison, S.D.
 Rogers, Hilltop, S.D.
 Devone Smith, Compton
 Banks, Dorsey
 Burns, Redondo
 Henry, Eisenhower
 Arnett, Pasadena
 Rine, Santa Monica
 Van Asten, Bonita
 Martinez, Wilson

ONE-MILE RUN

Danielson, Chula Vista, S.D.
 Valencia, El Cajon, S.D.
 Frentadue, Westminster
 Jarr, Lowell
 Solomon, Westminster
 Bigley, Clairemont, S.D.
 Story, Orange

TWO-MILE RUN

Danielson, Chula Vista, S.D.
 Martin, Lincoln, S.D.
 Valencia, El Cajon, S.D.
 Olsen, Monte Vista, S.D.
 Jyer, Lakewood
 Marsee, South Torrance
 Jooney, Granada Hills
 Macias, Belmont

120-YARD HIGH HURDLES (39")

9.4	1958	Caminiti, Crespi, Encino	13.7	1964
9.4	1962	McCullouch, Poly, Long Beach	13.7	1964
		Gridley, Northview	13.7	1966
		Proctor, Muir, Pasadena	13.7	1967
20.2	1961	Persons, San Fernando	13.8	1965
20.5	1965	Miller, Monrovia	13.8	1965
20.5	1966	<u>120-YARD HIGH HURDLES (42")</u>		
20.5n	1961	Kirkpatrick, El Centro	14.5	1934
20.6	1958	McElhenny, Washington	14.6	1947
20.6	1965	Lawrence, Glendale	14.7	1943
		Nichols, Huntington Beach	14.8	1923
		Welsh, Pasadena	14.8	1927

180-YARD LOW HURDLES

46.1	1961	Hester, San Bernardino	18.1	1964
47.0n	1964	Kirkpatrick, El Centro	18.1	1964
47.0n	1961	Caminiti, Crespi, Encino	18.1	1964
47.2	1967	McCullouch, Poly, Long Beach	18.1	1964
47.2n	1961	Hester, San Bernardino	18.3	1962
47.3	1962	Brown, Monrovia	18.5	1962
47.3	1966	Howard, San Bernardino	18.5	1957
47.4	1965	Farmer, La Puente	18.5	1966
47.6	1967	<u>220-YARD LOW HURDLES</u>		
47.6n	1965	Hester, San Bernardino	22.7n	1962

220-YARD LOW HURDLES

		Kirkpatrick, El Centro	23.4	1934
1:48.8	1965	Lawrence, Glendale	23.4	1943
1:49.2n	1963	Turner, Glendale	23.5n	1950
1:49.2n	1964	Bacon, Redondo	23.6	1946
1:50.4n	1966	Sangster, Muir, Pasadena	23.7	1937
1:51.1	1964	Scott, El Monte	23.7	1943
1:51.2	1967	Davis, Hoover, Glendale	23.7n	1949
1:51.5	1967	<u>HIGH JUMP</u>		
1:51.5n	1966	Hester, San Bernardino	22.7n	1962

HIGH JUMP

1:51.6n	1964	Dumas, Centennial	6-10 1/4	1955
1:51.7n	1967	Morris, Compton	6-10 1/4	1966
1:51.9	1960	Huff, Lincoln, LA	6-10	1966
1:51.9n	1967	Hanks, Hoover, S.D.	6-9	7/8 1964
		O. Burrell, Jefferson	6-9	1/2 1962
		Lang, Fremont	6-9	1/2 1967

3:59.4n	1966	Brown, Compton	6-9	1/4 1967
4:07.2	1967	Scott, Manual Arts	6-9	1/8 1966
4:08.5	1965	Stuber, Bellflower	6-9	1958
4:08.7	1962	Fischer, Notre Dame	6-9	1965
4:09.2	1967	Wicks, Centennial	6-8	3/4 1967
4:10.8	1967	Caruthers, Santa Ana Valley	6-8	1/2 1963
4:11.0	1959	Cain, Roosevelt	6-8	1/2 1966
		Freeman, Poly, Long Beach	6-8	1/2 1965

DISCUS THROW

8:55.4	1966	Lehmer, Loara, Anaheim	182-1	1966
9:01.0	1967	DeBernardi, Hart	179-5	1967
9:02.6	1967	T. Colich, Inglewood	177-7	1966
9:03.6n	1967	Ostoich, San Bernardino	177-7	1967
9:05.8	1967	Davis, Los Altos	173-4	1967
9:06.0	1967	Kenward, San Marcos	172-6	1967
9:06.2n	1966	Johnson, Bolsa Grande	172-2	1966
9:07.6n	1967			

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

POLE VAULT

Wilson, Warren	16-6	3/4	1965	Proctor, Muir, Pasadena	26-0	3/4	1967
Heglar, Muir	16-3		1966	Steel, San Diego	25-5	1/4	1966
Steinhoff, Warren	16-1		1965	Davis, Roosevelt	25-5		1958
Vaughn, Corona	15-8		1966	Bean, Jefferson	25-4	1/2	1956
Dias, Rubidoux	15-5	1/4	1967	Bonds, Riverside	25-3		1964
Dullam, Buena	15-4		1964	Brown, Jordan, LA	25-2	1/2	1949
				Crawford, Fremont	25-1	1/2	1964

SHOT PUT

Hubbell, Poly, Long Beach	67-9	3/4	1966	Jefferson	1:25.9		1956
Murphy, Sunny Hills	67-2		1966	Dorsey	1:25.9		1966
J. Buchler, Whittier	65-9	3/4	1967	Jefferson	1:26.0		1963
Pace, El Rancho	65-2	3/4	1961	Fremont	1:26.0		1967
Ostoich, San Bernardino	64-4	1/2	1967	Centennial	1:26.0		1967
Brown, Granite Hills, S.D.	64-3	1/2	1967				
Branson, Pasadena	64-0	3/4	1957				
Bianco, El Segundo	63-11	1/2	1961				
Marcus, Palisades	63-11	1/4	1965	Centennial	2:54.1		1961
Robertson, Pacific	63-9	1/2	1956	Manual Arts	2:54.6		1957
Howard, Muir, Pasadena	63-3	1/2	1967	Fremont	2:54.9		1959
Alger, Whittier	63-1	1/4	1965	Jefferson	2:54.9n		1959
				Fremont	2:55.0n		1957

880-YARD RELAY

ONE-MILE RELAY

NATIONAL INTERSCHOLASTIC TRACK & FIELD RECORDS

100-Yard Dash	William Gaines	Clearview, Mullica Hill, N.J.	9.3	1967	
220-Yard Dash	Forrest Beatty	Glendale Hoover, Calif.	20.2	1961	
*220-Yard Dash (Curve)	Mel Gray	Montgomery, Santa Rosa, Calif.	20.7	1967	
440-Yard Dash	Ulis Williams	Compton, Calif.	46.1	1961	
880-Yard Dash	Richard Joyce	Sierra, Whittier, Calif.	1:48.8	1965	
One Mile Run	James Ryun	Wichita East, Kansas	3:58.3	1965	
Two Mile Run	Rick Riley	Spokane, Washington	8:48.3	1966	
120-Yard High Hurdles	Richmond Flowers	Lanier, Montgomery, Alabama	13.5	1965	
180-Yard Low Hurdles	William Tipton	Central, Pontiac, Michigan	13.5	1967	
	Steve Caminiti	Crespi, Encino, Calif.	18.1	1964	
	Don Castranova	Oceanside, Ithica, N.Y.	18.1	1964	
	Earl McCullouch	Polytechnic, Long Beach, Calif.	18.1	1964	
*180-Yard L.H. (Curve)	Jerry Proctor	Muir, Pasadena, Calif.	18.7	1967	
High Jump	Clarence Johnson	Claver Acad., San Antonio, Tex.	6-11 $\frac{1}{2}$	1966	
Pole Vault	Paul Wilson	Warren, Downey, Calif.	16-6	3/4	1965
Long Jump	Jerry Proctor	Muir, Pasadena, Calif.	25-7		1967
Shot Put (12 lb.)	Dallas Long	North Phoenix, Arizona	69-3		1958
*Shot Put (16 lb.)	Dallas Long	North Phoenix, Arizona	61-0	1/2	1958
Discus (3 lb. 9 oz.)	Pierce Miller	Hilliard, Ohio	199-10	1/2	1967
Discus (Regulation)	Mike Lewis	Lincoln, San Francisco	159-1		1957
Javelin	Mark Murro	Essex, Newark, N.J.	252-8		1967
Triple Jump	Warren Rockwell	Wheatley, Old Westbury, NY	49-3	1/2	1964
440-Yard Relay	Port Neches, Tex.	(Simpson, Bird, Bernard, Landry)....	41.2		1965
880-Yard Relay	White Plains, NY	(Reed, Jackson, James, Hill).....	1:25.4		1966
One-Mile Relay (4-Man)	Memorial, Houston	(Bouche, Bradley, Prince, Morton)	3:11.8		1967
One-Mile Relay (8-Man)	Centennial, Calif.	(Thomas, Owens, Tucker, Toliver, Meadows, Cureton, Todd, Tyler).....	2:54.1		1961
			7:41.9		1965
Two-Mile Relay....Proviso West, Ill.	(Mentz, Jakosa, Bowman, Grant)	17:12.2		1966
*Four-Mile Relay...Essex, Newark, NJ	(McLoughlin, Martin, Lane, Liquori)	3:23.3		1967
Sprint Medley Rel.	Memorial, Houston	(Korson, Brake, Prince, Morton)	10:05.6		1967
Distance Medley...Essex, Newark, NJ	(Fowlkes, Irwin, Vreeland, Liquori)			

(Note: 1967 marks have been accepted by Nat. Records Comm.)

(*) Not official Interscholastic event

HELMS ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

LOS ANGELES HIGH SCHOOL TRACK AND FIELD MEET CHAMPIONS

YEAR	CHAMPION TEAM	C O A C H	POINTS	L O C A T I O N
1911	Los Angeles	Ralph Noble	75	Bovard Field
1912	Los Angeles	Ralph Noble	70	Bovard Field
1913	Hollywood	Clyde Webster	47	Harvard Military
1914	Manual Arts	Otto Fritsch	54 1/2	Y.M.C.A. Field, Los Angeles
1915	Manual Arts	Otto Fritsch	78 1/4	Y.M.C.A. Field, Los Angeles
1916	Manual Arts	Otto Fritsch	97	Y.M.C.A. Field, Los Angeles
1917	Manual Arts	Vic Ligda	58 1/2	Manual Arts High School
1918	Pasadena	George Main	35	Y.M.C.A. Field, Los Angeles
1919	Los Angeles	Glenn Whittle	41 1/2	Los Angeles High School
1920	Los Angeles	Glenn Whittle	40 1/2	Occidental College
1921	Lincoln	Tommy Davis	53	Occidental College
1922	Lincoln	Tommy Davis	45	Occidental College
1923	Hollywood	Bill Paige	45	Occidental College
1924	Manual Arts	Sid Foster	42 1/6	Los Angeles Coliseum
1925	Manual Arts	Sid Foster	39 3/4	Los Angeles Coliseum
1926	Polytechnic	Eddie Leahy	39 1/2	Los Angeles Coliseum
1927	Hollywood	Bill Paige	32 1/8	Los Angeles Coliseum
1928	Los Angeles	Ed Rich	50 1/6	Los Angeles Coliseum
1929	Los Angeles	Clif Reynolds	58 1/4	Los Angeles Coliseum
1930	Manual Arts	Charley Toney	30 5/8	Los Angeles High School
1931	Polytechnic	Eddie Leahy	33 1/2	Los Angeles Coliseum
1932	Hollywood	Merrill Bailey	41 1/2	Los Angeles High School
1933	Los Angeles	Homer Graves	41 3/7	Los Angeles High School
1934	Manual Arts	Charley Toney	45 1/2	Los Angeles High School
1935	Jefferson	Harry Edelson	42	Los Angeles Coliseum
1936	Los Angeles	Homer Graves	54 3/4	Los Angeles Coliseum
1937	Jefferson	Harry Edelson	41	Los Angeles Coliseum
1938	Jefferson	Harry Edelson	35	Los Angeles Coliseum
1939	Jefferson	Harry Edelson	45 1/2	Los Angeles Coliseum
1940	Jefferson	Harry Edelson	29	Los Angeles Coliseum
1941	Jefferson	Harry Edelson	28 1/2	Los Angeles Coliseum
1942	Jefferson	Ralph Crawford	34 1/2	Los Angeles Coliseum
1943	Jefferson	Clarke De Groot	28	Los Angeles Coliseum
1944	University	Jim Pursell	24	Los Angeles Coliseum
1945	Jefferson	Chuck Cascales	29	Los Angeles Coliseum
1946	Jordan	Charley Cromwell	64 2/3	Los Angeles Coliseum
1947	Jefferson	Estel Johnson	99	Los Angeles Coliseum
1948	Jordan	Bill Zazueta	80	Los Angeles Coliseum
1949	Jefferson	Johnson-Barry	104	Los Angeles Coliseum
1950	Jefferson	Johnson-Barry	111	Los Angeles Coliseum
1951	Jefferson	Johnson-Barry	66	Los Angeles Coliseum
1952	Jefferson	Johnson-Barry	121 1/2	Los Angeles Coliseum
1953	Jefferson	Johnson-Barry	75 3/4	Los Angeles Coliseum
1954	Manual Arts	Charley Toney	75 1/3	Los Angeles Coliseum
1955	Jordan	William Pothoff	88 1/2	Los Angeles Coliseum
1956	Manual Arts	Toney-Blewett	78 1/2	Los Angeles Coliseum
1957	Fremont	Bill Silverthorn	72	Los Angeles Coliseum
1958	Fremont	Bill Silverthorn	53	East Los Angeles Junior College
1959	Fremont	Bill Silverthorn	74	East Los Angeles Junior College
1960	Manual Arts	Toney-Blewett	48	East Los Angeles Junior College
1961	Jefferson	John Childress	64	East Los Angeles Junior College
1962	Fremont	Frank Nobbe	62 1/2	East Los Angeles Junior College
1963	Manual Arts	McNicholas-Blewett	74 4/5	East Los Angeles Junior College
1964	Jefferson	Andy Bakjian	44	East Los Angeles Junior College
1965	Manual Arts	Jim McNicholas	50	East Los Angeles Junior College
	Washington	Joe Barry	50	East Los Angeles Junior College
1966	Dorsey	Rodney Richard	75 1/2	East Los Angeles Junior College
1967	Fremont	Frank Nobbe	65	East Los Angeles Junior College

HELM'S ATHLETIC FOUNDATION TRACK & FIELD RECORDS 1967

YEAR	C.I.F. CHAMPION	TEAM	SOUTHERN SECTION HIGH SCHOOL TRACK & FIELD MEET CHAMPIONS		LOCATION
			COACH	POINTS	
1913	Pomona		Ralph Dignowity	28	Y.M.C.A. Field, Los Angeles
1914	Poly, Long Beach		Cecil P. Lyon	16	Y.M.C.A. Field, Los Angeles
1915	Manual Arts		Otto Fritsch	34 13/15	Y.M.C.A. Field, Los Angeles
1916	Manual Arts		Otto Fritsch	52 1/2	Y.M.C.A. Field, Los Angeles
1917	Redlands		Art Lutz	21	Long Beach Poly High School
1918	Pasadena		George Main	25	San Bernardino High School
1919	Manual Arts		Sid Foster	22	Los Angeles High School
1920	Los Angeles		Glenn Whittle	18	Occidental College
	Oxnard		John Hunt	18	Occidental College
1921	Lincoln		Tommy Davis	31	Los Angeles High School
1922	Huntington Beach		Ray Walker	20	Occidental College
1923	Hollywood		Bill Paige	25 1/2	Santa Ana High School
1924	Hollywood		Bill Paige	30 3/4	Los Angeles Coliseum
1925	Riverside		Ashel Cunningham	16 3/8	Los Angeles Coliseum
1926	Poly, L.A.		Eddie Leahy	22 1/6	Los Angeles Coliseum
1927	Glendale		Normal Hayhurst	31 1/2	Los Angeles Coliseum
1928	Los Angeles		Ed Rich	21 5/6	Los Angeles Coliseum
1929	San Diego		Glenn Broderick	22 1/2	Los Angeles Coliseum
1930	Santa Ana		G.A. Tex Oliver	17	Los Angeles High School
1931	Poly, L.A.		Eddie Leahy	25 1/2	Los Angeles Coliseum
1932	Poly, Long Beach		Norman Barker	25 1/3	Los Angeles High School
1933	El Centro		Bob Armstrong	20	Los Angeles Coliseum
1934	Jefferson		Harry Edelson	19	Los Angeles Coliseum
1935	Jefferson		Harry Edelson	15	Los Angeles Coliseum
1936	Wilson, L.B.		John Gartner	27 1/2	Long Beach Wilson High School
1937	Wilson, L.B.		John Gartner	29 5/6	Long Beach Wilson High School
1938	San Diego		Glenn Broderick	24	Los Angeles Coliseum
1939	Poly, Long Beach		Norman Barker	24	Los Angeles Coliseum
1940	Compton		Ernst Hartmann	22 1/3	Los Angeles Coliseum
1941	San Diego		Ed Ruffa	34	Glendale Hoover High School
1942	San Diego		Ed Ruffa	25	Glendale Hoover High School
1943	Glendale		Ranier de Mandel	33 1/3	Glendale Hoover High School
1944	Inglewood		Dick Arnett	23	Los Angeles Coliseum
1945	Hoover, Glendale		Vic Francy	34	Chaffey High School
1946	Redondo		Hal Grant	24 1/2	San Diego High School
1947	Hoover, Glendale		Vic Francy	24 1/2	Oxnard High School
1948	San Diego		Bill Patton	20	Compton College
1949	Hoover, Glendale		Vic Francy	24	Long Beach Wilson High School
1950	Glendale		Ranier de Mandel	28	Long Beach Wilson High School
1951	Compton		Ernst Hartmann	15	Long Beach Wilson High School
	Glendale		Ranier de Mandel	15	Long Beach Wilson High School
	Hoover, Glendale		Vic Francy	15	Long Beach Wilson High School
1952	Compton		Ernst Hartmann	30 1/2	Huntington Beach High School
1953	Santa Ana		Reece Greene	15 1/3	Oxnard High School
1954	Santa Ana		Reece Greene	15	Excelsior High School
	Centennial		William Gill	15	Excelsior High School
1955	Centennial		William Gill	44	Chaffey High School
1956	Pasadena		Richard Simmons	20	Inglewood High School
1957	San Diego		Burt Slater	20	Chaffey High School
1958	Muir, Pasadena		Walter Opp	17	Arroyo High School
1959	Poly, Long Beach		Leon Forman	24	Long Beach Memorial Stadium
1960	Fontana		Austin Snyder	17	Long Beach Memorial Stadium
1961	Centennial		William Gill	26 1/2	Chaffey High School
1962	San Bernardino		Hank Rohn	17	Mt. San Antonio College
1963	Muir, Pasadena		Walter Opp	19	Cerritos College
1964	Muir, Pasadena		Walter Opp	24	Cerritos College
1965	Poly, Long Beach		Leon Forman	31	Cerritos College
1966	Muir, Pasadena		Walter Opp	23	Cerritos College
1967	Centennial		William Gill	32	Mt. San Antonio College

ATHLETIC FOUNDATION TRACK & FIELD RECORDS

CALIFORNIA STATE HIGH SCHOOL TRACK & FIELD MEET CHAMPIONS

YEAR	CHAMPION TEAM	COACH	POINTS	LOCATION
1915	Manual Arts, LA	Otto Fritsch	25	Fresno High School
1916	Manual Arts, LA	Otto Fritsch	37 1/2	Y.M.C.A. Field, Los Angeles
1917	Coalinga	Charles Geer	25	Berkeley Stadium
1918	Pasadena	George Main	25	Fair Grounds, Sacramento
1919	Manual Arts, LA	Sid Foster	21	San Bernardino High School
1920	Los Angeles	Glenn Whittle	18	Fair Grounds, Bakersfield
1921	Lincoln, LA	Tommy Davis	17	Berkeley Stadium
1922	Huntington Beach	Ray Walker	16	Fair Grounds, Stockton
1923	Hollywood	Bill Paige	17 1/2	Patterson Field, Los Angeles
1924	Manual Arts, LA	Sid Foster	26	Taft High School
1925	Manual Arts, LA	Sid Foster	16	Stanford Stadium
1926	Polytechnic, LA	Eddie Leahy	17	Los Angeles Coliseum
1927	Glendale	Normal Hayhurst	35	Modesto High School
1928	Polytechnic, LB	Norman Barker	21	Selma High School
1929	San Diego	Glenn Broderick	22	Los Angeles Coliseum
1930	Sacramento	Larry Janssen	11	Edwards Stadium, Berkeley
	San Diego	Glenn Broderick	11	Edwards Stadium, Berkeley
	Santa Ana	G.A. Tex Oliver	11	Edwards Stadium, Berkeley
1931	Polytechnic, LA	Eddie Leahy	19 1/2	Visalia High School
1932	Polytechnic, LB	Norman Barker	22 1/2	Modesto Junior College
1933	El Centro	Bob Armstrong	18	Los Angeles Coliseum
1934	Muir, Pasadena	Al Walton	14	Edwards Stadium, Berkeley
1935	Fullerton	Harold Lang	14	Ratcliffe Stadium, Fresno
1936	Muir, Pasadena	Al Walton	18	Gridley High School
1937	Jefferson, LA	Harry Edelson	23 1/2	Long Beach Wilson High School
1938	San Diego	Glenn Broderick	18 1/2	San Benito High School, Hollister
1939	Bakersfield	J.B. Haralson	16	Los Angeles Coliseum
1940	Bakersfield	J.B. Haralson	18 1/2	Visalia High School
1941	Edison, Fresno	Hal Bicknell	22	Spartan Stadium, San Jose
1942	(No meet held because of war)			
1943	(No meet held because of war)			
1944	(No meet held because of war)			
1945	(No meet held because of war)			
1946	Redondo	Hal Grant	21	Compton High School
1947	Washington, LA	Wyatt-Sloan	24	Visalia High School
1948	Jordan, LA	Bill Zazueta	22	Edwards Stadium, Berkeley
1949	Jefferson, LA	Johnson-Barry	29	Los Angeles Coliseum
1950	Jefferson, LA	Johnson-Barry	44	Hughes Stadium, Sacramento
1951	Jefferson, LA	Johnson-Barry	16 1/2	Edwards Stadium, Berkeley
1952	Jefferson, LA	Johnson-Barry	30 1/2	Los Angeles Coliseum
1953	Manual Arts, LA	Charley Toney	16 3/5	Ratcliffe Stadium, Fresno
1954	Alameda	Lew Jolley	19	Edwards Stadium, Berkeley
1955	Centennial	William Gill	29	Los Angeles Coliseum
1956	Jefferson, LA	Johnson-Ragus	24 2/3	Chico State College
1957	Berkeley	Rich Hacker	23	Edwards Stadium, Berkeley
1958	Manual Arts, LA	Charley Toney	11	Veteran's Stadium, Long Beach
	Compton	Ernst Hartmann	11	Veteran's Stadium, Long Beach
1959	Polytechnic, LB	Leon Forman	14	Memorial Stadium, Bakersfield
1960	Jordan, LA	Forster-Flores	15	Stanford Stadium, Palo Alto
1961	Centennial	William Gill	11	East Los Angeles Junior College
1962	Jefferson, LA	John Childress	14	Modesto College Stadium
1963	Edison, Fresno	Frank Fletcher	15	Edwards Stadium, Berkeley
1964	Jefferson, LA	Andy Bakjian	13	Los Angeles Coliseum
	Polytechnic, LB	Leon Forman	13	Los Angeles Coliseum
1965	Polytechnic, LB	Leon Forman	19	Memorial Stadium, Bakersfield
1966	Dorsey	Rodney Richard	22	Edwards Stadium, Berkeley
1967	Muir, Pasadena	Walter Opp	26	Balboa Stadium, San Diego