

1968 ALL-STATE TRACK & FIELD TEAM

EVENT	PERFORMER	SCHOOL	CITY	LEAGUE	SECTION
100-Yard Dash	HOWARD WILLIAMS	Muir	Pasadena	Foothill	Southern
220-Yard Dash	BRAD LYMAN	Los Altos	Los Altos	Santa Clara Valley	Central Coast
440-Yard Dash	EDESEL GARRISON	Centennial	Compton	Coast	Southern
880-Yard Run	PAUL WILLIAMS	Huntington Beach	Huntington Beach	Sunset	Southern
Mile Run	MANNY MAHON	Lynbrook	San Mateo	Mid Peninsula	Central Coast
Two-Mile Run	ROBERT YSLAS	Madera	Madera	North Yosemite	Central
120-Yard High Hurdles	JERRY WILSON	Roosevelt	Fresno	North Yosemite	Central
180-Yard Low Hurdles	ED JOHNSON	Oceanside	Oceanside	Avocado	San Diego
Triple Jump	CHUCK STEFFES	Sunnyvale	Sunnyvale	Santa Clara Valley	Central Coast
Long Jump	HEWLON HEWITT	Merced	Merced	North Yosemite	Central
High Jump	REYNALDO BROWN	Compton	Compton	Coast	Southern
Pole Vault	MIKE KELLEY	McLane	Fresno	North Yosemite	Central
Shot Put	ERNIE CATHCART	Fontana	Fontana	Ivy	Southern
Discus Throw	JIM PENROSE	Carlmont	Belmont	South Peninsula	Central Coast

PERFORMER OF THE YEAR: ROBERT YSLAS

HOWARD WILLIAMS — The junior sprinter ran a legitimate 9.5 in the 100-yard dash . . . Placed fourth in the tough state meet last year . . . Consistent at 9.6 throughout the season . . . Ran a 220-yard dash at 21.2 . . . Although he does very little long jumping, achieved a best of 23-0 . . . Anchored school's second place state relay team of 1:26.2 . . . Dedicated, good attitude and outstanding trackster.

COACH: WALT OPP.

BRAD LYMAN — Ran a best mark of 21.3 in the 220-yard dash . . . Unde- feated in the 100-yard dash until the state meet where he went unplaced with a time of 9.7 . . . Ultimate best race may be the 440-yard dash . . . Not an exceptionally fast starter but a very strong and competitive runner . . . Great all-around athlete who also com- petes in football and basketball . . . Constantly improving.

COACH: DAVE MAGGARD.

EDESEL GARRISON—The 6-2, 180- pound quarter-miler ran a best mark of 47.6 . . . Placed third in the state meet last year . . . Predicted to run in the flat . . . Has potential to break national prep record with a time of 46.0 . . . Ran a 100-yard dash at 9.8 . . .

Best mark of 34.8 in the 330 . . . Has good speed and tremendous strength . . . Possesses strong desire, complete dedication and very coachable . . . Plans to major in law at college.

COACH: BILL GILL.

PAUL WILLIAMS — The 5-7, 140- pounder, has best marks of 1:58.0 in the 880 and 50.9 for the 440 . . . Ran the mile in 4:32.0 and the two-mile in 9:42.0 . . . Predicted to run the 880 in 1:50.0 this spring . . . Fine athlete and a B student.

COACH: PAUL WOOD.

MANNY MAHON — Started training and competing in his freshman year at Homestead High of Sunnyvale . . . He set the national frosh record for two miles of 9:50.0 in 1964 . . . Ran 9:38.2 for one more frosh record during 1965 track season . . . In sophomore year he ran on first ranked national prep cross country team of Homestead High . . . Qualified for state meet and placed fifth in his heat in the trials with a time of 4:25.4 . . . Transferred to Lynbrook High in junior year and selected top junior cross country runner in Northern California . . . Ran in the All-American prep indoor two-mile race with a time

of 9:36.6 . . . Placed fourth in state meet last year with a time of 4:17.6 in the mile run . . . Ran an 880 at 1:57.5 and a two-mile race in 9:24.5 . . . If he stays healthy, will be tough to beat.

COACH: VERNE THORNBURG.

ROBERT YSLAS — The 5-6, 130- pound distance runner has endless stay- ing power . . . Has run the two-mile race in 9:10.0 . . . Placed fifth in the state meet last year . . . Won the Central Section Championship in cross country in 1967 and placed eighteenth in the National A.A.U. cross country Championships as a junior . . . Won the A.A.U. 10,000-meter Championship in 1967 . . . Other best times include 1:59.9 in the 880, 4:17.0 in the mile, 14:27.9 in the three-mile race, 19:42.0 in the four-mile race, 30:18.0 in the six-mile race, 52:53.0 in the ten-mile race . . . Only attempt at the marathon produced a best time of 2:37:42 and in the 32-mile run he registered a best time of 3:38:30.

COACH: DEE DeWITT.

JERRY WILSON — The 6-1, 170- pound junior ran the second fastest ever high school hurdle double in the