

Two Athletes of the Week

1968

Nov '68

The day before the Mid Peninsula League cross-country finals, Mills High School coach Joe Dees expressed pessimism about his team's chance of winning the MPL championship.

However, the Mills harriers, paced by Arvid Kretz and Rich Jurgens, won the title that day, and went on to capture the Region I finals and the Central Coast section championships.

To cap a tremendous season, Kretz and Jurgens led Mills to a national two-mile team record last Friday at the Foothill Postal meet to help establish Mills as one of the finest teams in the nation.

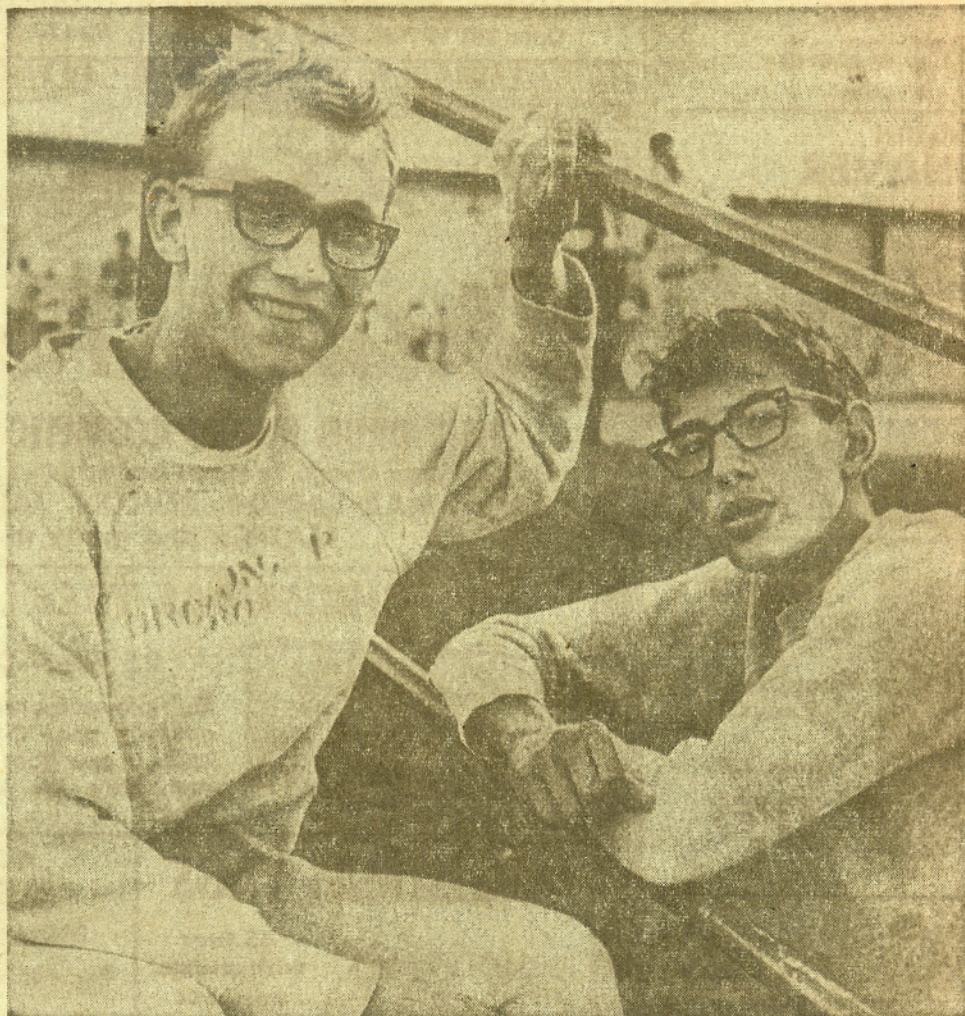
As a result of their efforts at Foothill, Arvid Kretz and Rich Jurgens have been named co-Athletes of the Week by The Advance-Star.

At Foothill, where the national record was established, Kretz won in the remarkable time of 9:16.5, while Jurgens posted a 9:21.3.

In the MPL finals, Kretz finished second, beating out Jurgens. However, Jurgens beat Kretz in both the Region I and Central Coast section finals.

The back and forth efforts of the two boys led coach Dees to comment, "Kretz and Jurgens alternated all season as the number one runner."

Dees gives most of the credit for the boys' performances to the runners them-



MILLS RUNNERS RICH JURGENS (RIGHT) AND ARVID KRETZ

selves. He said, "By the beginning of this season, each had developed his own philosophy about running, and I had little to do with

the performances."

Both Kretz and Jurgens aspire to continue running at Stanford University.

Dees feels that each is

capable of eventually bettering 9:00 in the two-mile, "if not this season, then certainly in the near future."