

preparation, home prep track, field

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Four upsets and lots of surprises did not stop Carlmont High School from winning another South Peninsula Athletic League Track and Field Championship at Foothill College on a cold Friday night.

Carlmont, Sequoia and Menlo-Atherton — all Sequoia District schools — finished the varsity team race in that order with 11 points separating first and third.

Palo Alto's Bill Respini won the 880 in meet record fashion (1:55.0) and finished third in the 440 (50.7) to capture the outstanding track performer award, Ravenswood's Ron Sledge was victorious in the high jump (6-1) and in the long jump (22-6) to take home the best field performance trophy.

The biggest upset of the evening was in the discus where Carlmont's Jim Penrose was upset by Sequoia's Marc Douglas. Douglas won the event with a heave of 172-5 to top his lifetime best effort by almost seven feet and trim the Scot ace by 14 inches.

The other three upsets were important but not as shocking as Douglas's victory over the No. 1 thrower in the State.

Keith Peters of Gunn tied a meet record by outstretching Woodside's Frazier Leslie at the tape in the high hurdles; Paly's Craig Coleman trotted to a 4:22.3 upset victory in the mile over Carlmont's Pat Carey and Sledge won the high jump with his six-foot effort defeating Palo Alto's Mark Daley who had a bad night and finished in fifth place.

The only other double winner was M-A's rabbit Bill Hatcher. The little speedster won the century in a slow 10.2 and doubled by winning the 220 in 22.0, tying his lifetime best.

Next stop for the top SPAL runners will be College of San Mateo for the Regionals next Saturday.

SAMPLE RETIRES

NEW YORK (UPI)—Johnny Sample, cornerback with the New York Jets the past two seasons and a veteran of 10 years in pro football, is retiring to devote full time to new business interests in Philadelphia.

SPAL summary

VARSITY

440 relay — M-A (Stamper, Reese, Hatcher, Graves) 43.0mr, Sequoia 43.7, Cubberley 43.8, Carlmont 44.2, Woodside 44.8.

120 HH — Peters (G) 14.8tmr, Leslie (W) 15.0, Miller (C) 15.1, Gendreau (G) 15.5, Currier (P) 15.5.

880 — Respini (P) 1:55.0mr, Currey (S) 1:57.9, R. Platt (G) 1:58.0, Hampton (R) 1:58.9, Swinford (M) 1:59.1.

100 — Hatcher (M) 10.2, Reese (M) 10.2, Dahl (S) 10.3, O'Connor (S) 10.5, Partridge (P) 10.6.

440 — White (S) 49.5, Warden (W) 50.3, Respini (P) 50.7, D. Willis (S) 51.1, G. Willis (S) 51.2.

Two-Mile — C. Carey (Ca) 9:27.1mr, O'Malley (Ca) 9:56.6, E. Wells (W) 9:57.0, Kriebel (Cu) 9:59.0, Kregel (M) 10:02.0.

180 LH — Leslie (W) 19.9, Peters (G) 19.9, Currier (P) 20.4, Miller (Ca) 20.5, Scott (R) 20.6.

220 — Hatcher (M) 22.0, Reese (M) 22.5, Wite (S) 22.8, Springhorn (Cu) 23.0, O'Connor (S) 23.3.

Mile — Coleman (P) 4:22.3, P. Carey (Ca) 4:22.5, White (Ca) 4:28.3, Anderson (S) 4:35.2, Heartsner (Ca) 4:37.2.

Mile relay — Sequoia (D. Willis, G. Willis, Curry, White) 3:23.0mr, Woodside 3:27.0, M-A 3:29.9, Gunn 3:30.0, Carlmont 3:31.2.

SP — Penrose (Ca) 58-5½, Stolle (Ca) 52-6¾, Wolfrom (P) 52-4½, Curry (S) 52-2, ossett (M) 50-11.

LJ — Sledge (R) 22-6, Kendall (M) 22-1, Anderson (Cu) 22-0½, Bell (Ca) 20-10, Partridge (P) 20-10.

Discus — Douglas (S) 172-5, Penrose (Ca) 171-3, Birtwhistle (G) 170-5, Woodside (S) 163-4½, Stolle (Ca) 155-9.

HJ — Sledge (R) 6-1, DeMoss (G) 6-0, Hencmann (SC) 6-0, Belas (S) 5-10, Daley (P) 5-10.

PV — Reich (Ca) 13-6, Jalving (P) 12-6, Raash (G) 12-0, Diedrichsen (M) 12-0, Graves (M) 11-6.

FINAL SCORE: Carlmont 59, Sequoia 53, M-A 48, Palo Alto 35, Gunn 34, Woodside 27, Ravenswood 19, Cubberley 7, San Carlos 3.

CLASS B

440 relay — Ravenswood (R. Johnson, Payton, Shirley, Cartwright) 44.9.

70 HH — Morris (SC) 9.4, Warneke (SC) 9.5.

880 — Je. Lucas (G) 2:00.5.

100 — Cartwright (R) 10.4.

440 — Nelligan (P) 51.8.

180 LH — Everhardt (M) 22.5, Duncan (W) 22.8.

220 — Johnson (R) 22.4.

Two-Mile — E. Wells (W) 10:08.7.

Mile — Phillips (SC) 4:39.5, Schloss (M) 4:40.5.

Mile relay — M-A (Caunday, Perry, Lodato, Ji. Lewis) 3:34.0mr.

SP — Cantwell (S) 48-11½.

Discus — Woodside (S) 123-11½.

HJ — Daily (S) 5-10.

PV — Ogren (W) 11-9.

LJ — Je. Lucas (G) 21-8½.

FINAL SCORE: San Carlos 68, Ravenswood 49, Sequoia 48, M-A 28, Woodside 27, Gunn 26, Carlmont 12, Terman 7, Cubberley 1.

CLASS C

440 relay — Ravenswood (Tsujoimoto, Rodrigues, Quarles, Oravillo) 46.3m4.

880 — Sosa (S) 2:08.0.

100 — Ringleman (SC) 10.6.

440 — Duncan (W) 53.7.

180 LH — Morris (SC) 21.0, Ju. Lucas (G) 21.0.

220 — Oravillo (R) 23.8.

Two-Mile — Templeman (Ca) 10:05.4.

Mile — Boeddicker (M) 4:46.5.

Mile relay — Ravenswood (Gantt, Lampkins, Reed, Cooper) 3:44.9mr.

SP — Romeo (SC) 48-6, Nagayama (SC) 48-4½.

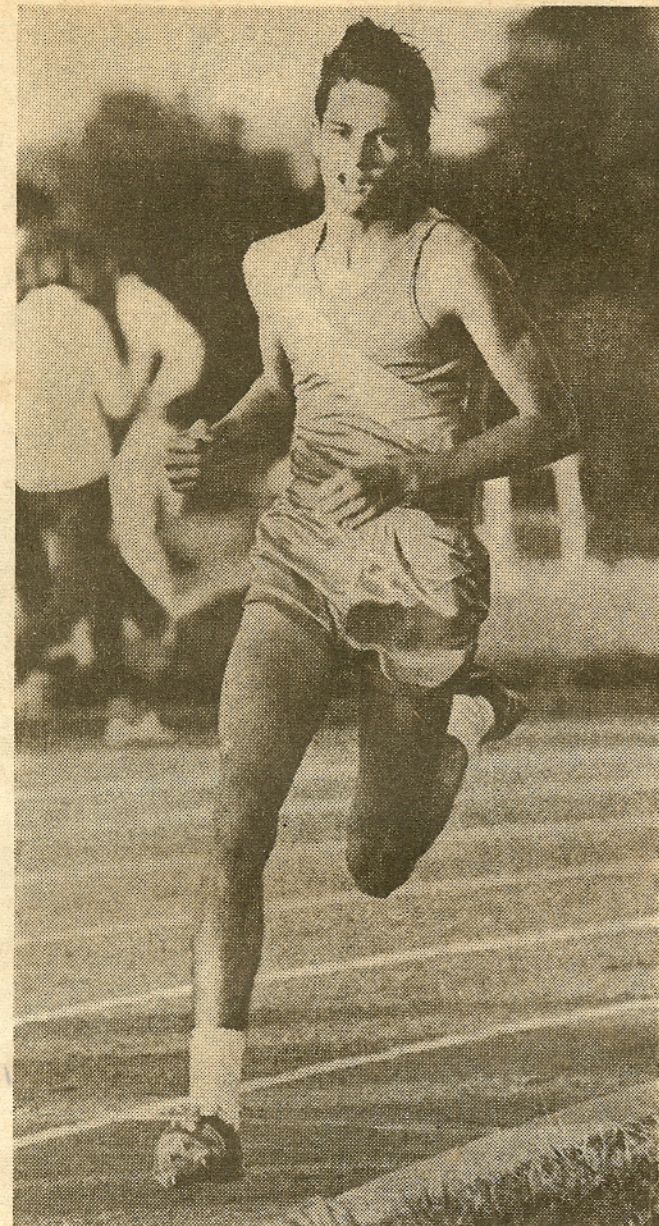
LJ — O'Neil (S) 20-5½mr.

HJ — Matthews (Wi) 5-8.

FINAL SCORE: Sequoia 47, San Carlos 41, Carlmont 36, Woodside 19, Wilbur 13, Cubberley 6, Palo Alto 3, Terman 2.

(mr — meet record; tmr — ties meet record).

track stars throw, run and j



Rick Brown of Los Altos in 880



Half-miler Bill Respini of Paly

Sharp Marks In SCVAL Track Finals

CUPERTINO — Los Altos' Brad Lyman and Homestead's Ralph Show posted two of the better marks in Northern California in the SCVAL track championships here Friday evening.

Lyman won the 100 in 9.6 for the fastest clocking in the Central Coast while Show came within one-half inch of Carlmont's Jim Penrose. State discus best of 180-8½.

Another find mark was in the triple jump where Sunnyvale's Chuck Steffes leaped 48-4 for another top CCS distance. This event is not held in the SPAL.

SC, Sequoia Take B-C SPAL Titles

Sequoia and San Carlos, the two lightweight champions in the Sequoia District Meet a week ago, were crowned as the top Class C and B track teams, respectively, at the SPAL Track and Field Championships at Foothill Friday evening.

In the C meet, records were turned in by Carlmont freshman Hans Templeman in the two mile and Gary O'Neil in the long jump.

Templeman's eight-lap time of 10:54.4 ranks him as the top two-miler as a freshman at Carlmont ahead of Chris Carey at the same age.

O'Neil long jumped 20-5½ in the trials Tuesday, but marks carry over to the finals and he was given the meet record.

One of the outstanding times in the Class B meet was turned in by Gunn's sophomore Jeff Lucas, who won the 880 in 2:00.5 to set a new meet record.

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120 HH — Peters (G) 14.8tmr, Leslie (W) 15.0, Miller (C) 15.1, Gendreau (G) 15.5, Currier (P) 15.5.

880 — Respini (P) 1:55.0mr, Currey (S) 1:57.9, R. Pfaff (G) 1:58.0, Hampton (R) 1:58.9, Swinford (M) 1:59.1.

100 — Hatcher (M) 10.2, Reese (M) 10.2, Dahl (S) 10.3, O'Connor (S) 10.5, Parridge (P) 10.6.

440 — White (S) 49.5, Warden (W) 50.3, Respini (P) 50.7, D. Willis (S) 51.1, G. Willis (S) 51.2.

2 mile — C. Carey (Ca) 9:27.1mr, O'Malley (Cu) 9:56.6, E. Wells (W) 9:57.0, Kriebel (Ca) 9:59.0, Kregel (M) 10:02.0.

180 LH — Leslie (W) 19.9, Peters (G) 19.9, Currier (P) 20.4, Miller (Ca) 20.5, Scott (R) 20.6.

220 — Hatcher (M) 22.0, Reese (M) 22.5, White (S) 22.8, Springhorn (Cu) 23.0, O'Connor (S) 23.3.

1 mile — Coleman (P) 4:22.3, P. Carey (Ca) 4:22.5, White (Ca) 4:28.3, Anderson (S) 4:35.2, Heartsner (Ca) 4:37.2.

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SP — Penrose (Ca) 58-5½, Stolle (Ca) 52-6¾, Wolfram (P) 52-4½, Curry (S) 52-2, Bosselt (M) 50-11.

LJ — Sledge (R) 22-6, Kendall (M) 22-1, Anderson (Cu) 22-0½, Bell (Ca) 20-10, Parridge (P) 20-10.

Dis — Douglas (S) 172-5, Penrose (C) 171-3, Birtwhistle (G) 170-5, Woodside (S) 163-4½, Stolle (Ca) 155-9.

HJ — Sledge (R) 6-1, DeMoss (G) 6-0, Hencmann (SC) 6-0, Belas (S) 5-10, Daley (P) 5-10.

PV — Reich (Ca) 13-6, Jalving (P) 12-6, Raash (G) 12-0, Diedrichsen (M) 12-0, Graves (M) 11-6.

FINAL SCORE: Carlmont 59, Sequoia 53, M-A 48, Palo Alto 35, Gunn 34, Woodside 27, Ravenswood 19, Cubberley 7, San Carlos 3.

mr — meet record. tmr — ties meet record.

Class B

440 rel — Ravenswood (R. Johnson, Payton, Shirley, Cartwright) 44.9, Woodside 5.1, Carlmont 45.2, Palo Alto 45.7, Sequoia 5.9.

70 HH — Morris (SC) 9.4, Warneke (SC) 9.5, Baqshaw (T) 9.7, Hitt (T) 9.7, Garban (J) 10.0.

880 — Je. Lucas (G) 2:00.5mr, Hill (R) 2:02.9, Lewis (M-A) 2:02.9, Stradley (Ca) 2:04.0, Inama (W) 2:05.1.

100 — Cartwright (R) 10.4, Ju. Lucas

(G) 10.5, R. Johnson (R) 10.5, Bedell (W) 10.5, Payton (R) 10.5.

440 — Nelligan (P) 51.8, J. Lewis (M) 52.1, Shirley (R) 52.5, Vignoli (SC) 54.0, Brown (W) 54.4.

180 LH — Morris (SC) 21.0, Ju. Lucas (G) 21.0, Hinkle (P) 21.9, Warneke (SC) 21.9, Jackson (M) 22.5.

220 — Johnson (R) 22.4, Marinelli (S) 23.5, Felbusch (M) 23.5, Paul (T) 23.8, Leries (P) 24.4.

2 mile — E. Wells (W) 10:08.7, Ashford (SC) 10:24.9, Coon (Ca) 10:25.2, Lund (SC) 10:26.0, Pederson (SC) 10:27.4.

1 mile — Phillips (SC) 4:39.5, Schloss (M) 4:40.5, Barrett (M) 4:47.8, Stein (S) 4:49.6, Allen (P) 4:51.0.

1 mile rel — M-A (Caunday, Perry, Loday, J. Lewis) 3:34.0mr, Ravenswood 3:35.0, Carlmont 3:36.5, San Carlos 3:37.5, Woodside 3:42.6.

SP — Cantwell (S) 48-11½, Langley (SC) 46-7, Sloan (S) 43-2¾, Fochelt (S) 43-2¾, Cator (W) 42-3½.

Dis — Woodside (S) 123-11½, Irby (R) 114-4¾, Langley (SC) 113-9, Price (W) 110-9¾, Ellis (S) 110-2½.

HJ — Dally (S) 5-10, Bosch (S) 5-8, Warneke (SC) 5-8, Morris (SC) 5-6, Hubert (S) 5-6.

PV — Ogren (W) 11-9, Ahrens (Cu) 11-6, Chisum (SC) 11-6, Moze (SC) 11-0, Holland (Ca) 11-0.

LJ — Je. Lucas (G) 21-8½, Pina (SC) 20-8½, Law (P) 20-6½, Cartwright (R) 20-1, Payton (R) 20-0.

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Class C

440 rel — Ravenswood (Tsujimoto, Rodriguez, Quarles, Oravillo) 46.3mr, Sequoia 46.5, San Carlos 46.5, Carlmont 47.3, Woodside 47.7.

880 — Sosa (S) 2:08.0, Rado (W) 2:10.5, Childes (R) 2:10.7, Shiels (SC) 2:11.1, Mulligan (C) 2:11.3.

100 — Ringleman (SC) 10.6, Oravillo (R) 10.8, DeMello (SC) 10.9, Everhardt (M) 11.0, Schmidt (Ca) 11.1.

440 — Duncan (W) 53.7, O'Neil (S) 53.9, Kirkman (M) 54.3, Reed (R) 54.6, Watkins (T) 54.8.

180 LH — Everhardt (M) 22.5, Duncan (W) 22.8, Schumann (C) 23.1, Myers (S) 23.2, Hughes (S), 23.3.

220 — Oravillo (R) 23.8, O'Neil (S) 24.2, Schmidt (Ca) 24.5, Ringleman (SC) 24.5, Kirkman (M) 24.9.

2 mile — Templeman (Ca) 10:05.4mr, Ting (W) 10:11.2, Bales (S) 10:18.1, Lawson (SC) 10:35.0, Moers (W) 10:36.0.

1 mile — Boeddiker (M) 4:46.5, Sanvidotti (W) 4:49.5, Patrick (S) 4:50.7, Corvey (Ca) 4:52.7, Cortez (S) 4:53.1.

1 mile rel — Rav (Gantt, Lampkins, Reed, Cooper) 3:44.9mr, Carlmont 3:46.5, Woodside 3:47.4, M-A 4:47.6, Sequoia 4:53.0.

SP — Romeo (SC) 48-6, Nagayama (SC) 48-4½, Hughes (S) 46-2, Jones (M) 44-9, Tsujimoto (R) 43-11¾.

LJ — O'Neil (S) 20-5½mr, DeMello (SC) 19-5½, Schumann (Cu) 19-3, Kirkman (M) 19-3, Fried (Ca) 18-11.

HJ — Matthews (W) 5-8, Hall (Ca) 5-4, Hughes (S) 5-2, Kinderman (P) 5-2.

FINAL SCORE: Sequoia 47, San Carlos 41, Carlmont 36, Woodside 19, Wilbur 13, Cubberley 6, Palo Alto 3, Terman 2.

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Scots Win Track Crown

By KEVIN DOYLE
Tribune Sports Writer

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440 (50.7) to capture the outstanding track performer award while Ravenswood's Ron Sledge was victorious in the high jump (6-1) and in the long jump (22-6) to take home the best field performer trophy.

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big but not as shocking as Douglas' victory over the No. 1 thrower in the State.

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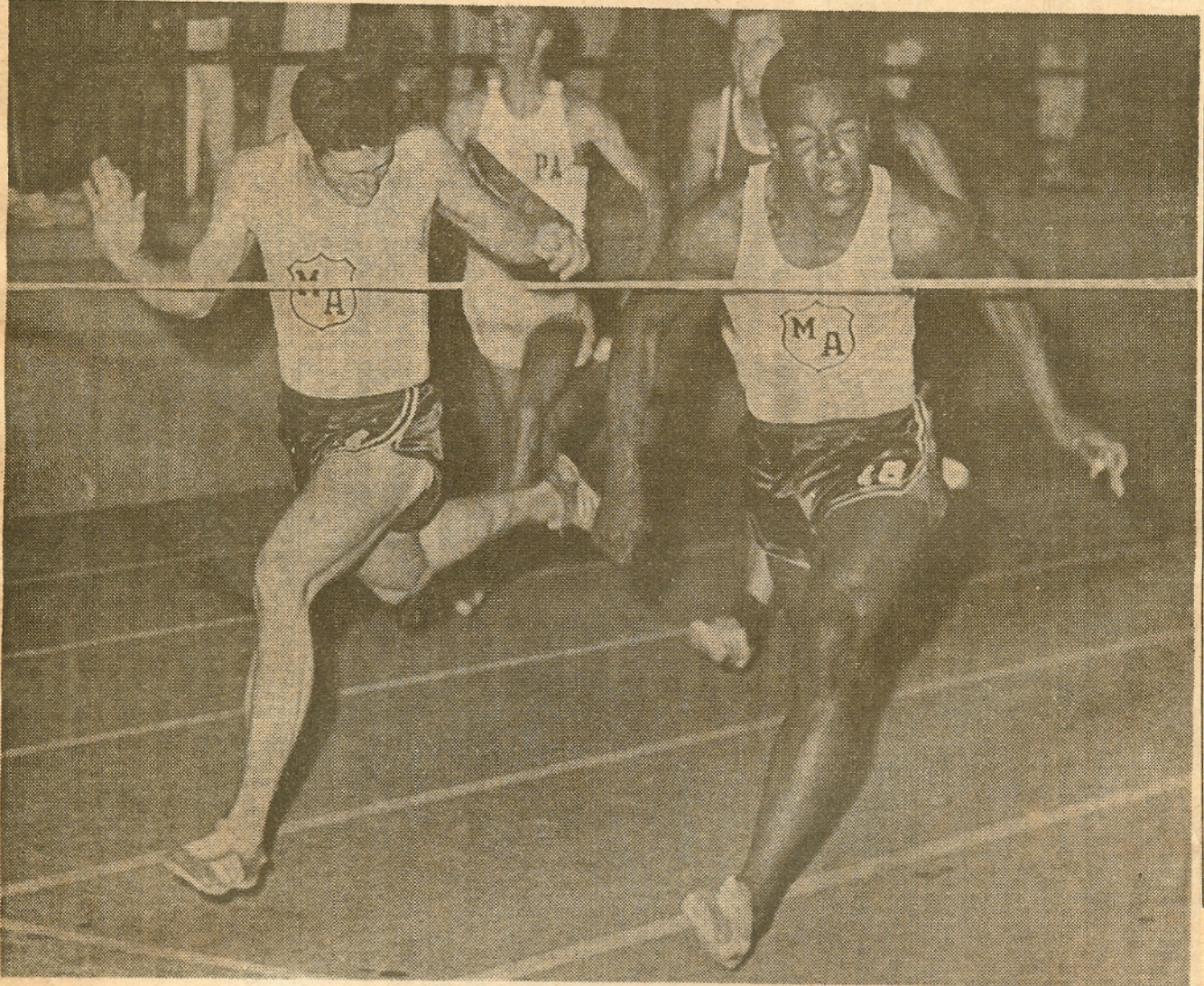
The only other double winner was M-A's rabbit Bill Hatcher.

The little speedster won the century in a slow 10.2 and doubled by winning the 220 in 22.0, tying his lifetime best.

Carlmont's Chris Carey knocked four seconds off the old two-mile record by covering the eight-lap event in a fine 9:27.1.

Sequoia's Darryl White ran a 49.5 440 for his best winning time in that event. That clocking moves him into third place among the Central Coast Section quarter-milers.

Next stop for the top SPAL runners will be CSM for the Regionals Saturday May 18.



—Tribune Photo by Reynolds Crutchfield

Synchronized Dashing

Menlo-Atherton's Bill Hatcher (left) and teammate Ernie Reese hit the tape in precision form Friday night in the 100-yard dash at the SPAL

Track and Field Championships at Foothill College. Hatcher was awarded the first place ribbon as he edged Reese at the tape in 10.2.

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400 — White (S) 49.5, Warden (W) 50.3, Respini (P) 50.7, D. Willis (S) 51.1, G. Willis (S) 51.2.

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180 LH — Leslie (W) 19.9, Peters (G) 19.9, Currier (P) 20.4, Miller (Ca) 20.5, Scott (R) 20.6.

220 — Hatcher (M) 22.0, Reese (M) 22.5, White (S) 22.8, Springhorn (Cu) 23.0, O'Connor (S) 23.3.

Mile — Coleman (P) 4:22.3, P. Carey (Ca) 4:22.5, White (Ca) 4:28.3, Anderson (S) 4:35.2, Hearsner (Ca) 4:37.2.

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100 — Cartwright (R) 10.4, Ju. Lucas

(G) 10.5, R. Johnson (R) 10.5, Bedell (W) 10.5, Payton (R) 10.5.

440 — Neilligan (P) 51.8, J. Lewis (M) 52.1, Shirley (R) 52.5, Vignall (SC) 54.0, Brown (W) 54.4.

180 LH — Morris (SC) 21.0, Ju. Lucas (G) 21.0, Hinkle (P) 21.9, Warneke (SC) 21.9, Jackson (M) 22.5.

220 — Johnson (R) 22.4, Martinelli (S) 23.5, Felbusch (M) 23.5, Paul (T) 23.8, Leries (P) 24.4.

2 mile — E. Wells (W) 10:08.7, Ashford (SC) 10:24.9, Coon (Ca) 10:25.2, Lund (SC) 10:26.0, Pederson (SC) 10:27.4.

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PV — Ogren (W) 11-9, Ahrens (Cu) 11-6, Chisum (SC) 11-6, Moze (SC) 11-0, Holland (Ca) 11-0.

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440 — Duncan (W) 53.7, O'Neil (S) 53.9, Kirkman (M) 54.3, Reed (R) 54.6, Watkins (T) 54.8.

180 LH — Everheardt (M) 22.5, Duncan (W) 22.8, Schumann (C) 23.1, Myers (S) 23.2, Hughes (S), 23.3.

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Mile rel — Rav (Gant, Lampkins, Reed, Cooper) 3:44.9mr, Carlmont 3:46.5, Woodside 3:47.4, M-A 4:47.6, Sequoia 4:53.0.

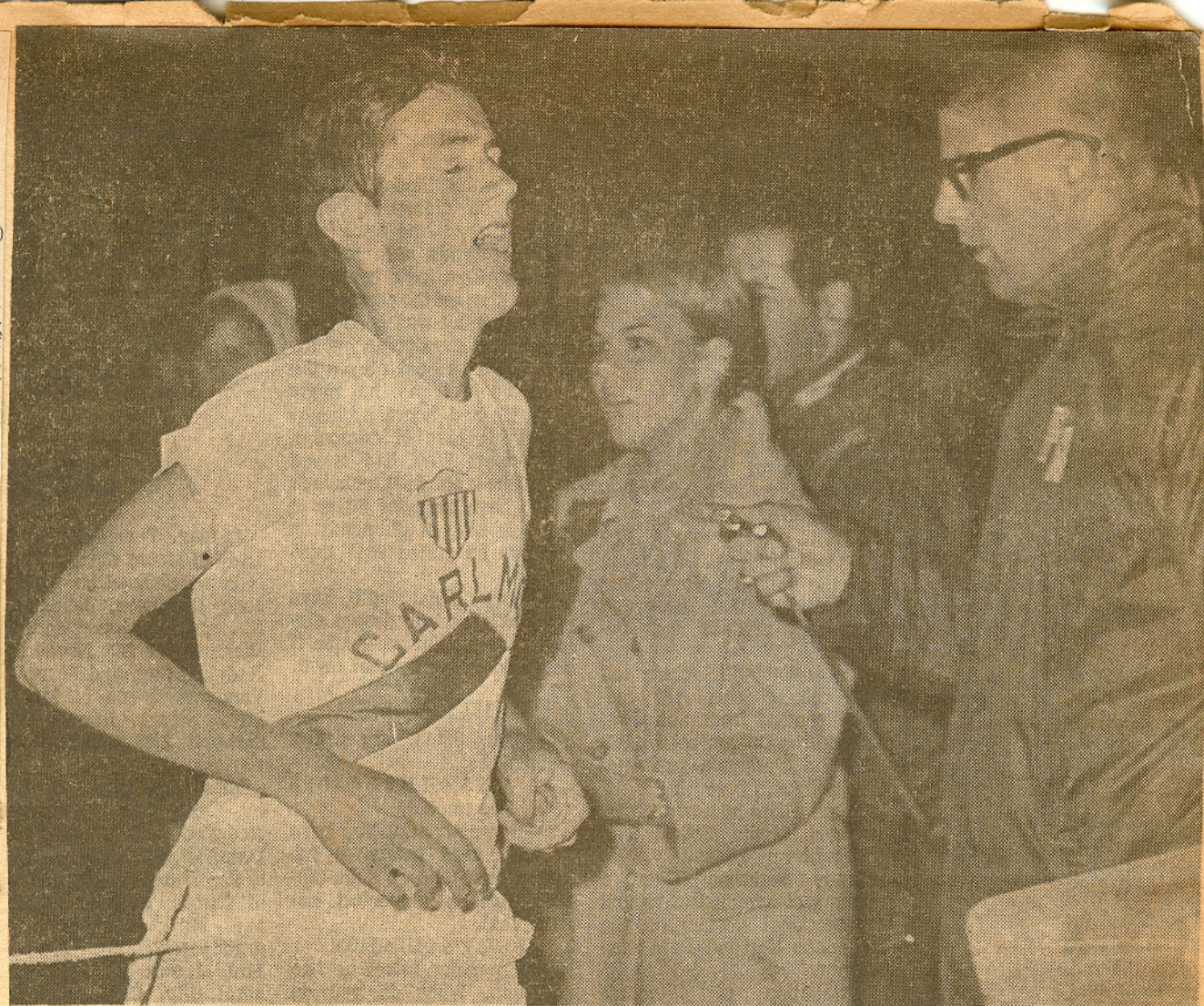
SP — Romeo (SC) 48-6, Nagayama (SC) 48-4½, Hughes (S) 46-2, Jones (M) 44-9, Tsujimoto (R) 43-1¼.

LJ — O'Neil (S) 20-5½mr, DeMello (SC) 19-5½, Schumann (Cu) 19-3, Kirkman (M) 19-3, Fried (Ca) 18-11.

HJ — Matthews (W) 5-8, Hill (Ca) 5-4, Hughes (S) 5-2, Kinderman (P) 5-2.

FINAL SCORE: Sequoia 47, San Carlos 41, Carlmont 36, Woodside 19, Wilbur 13, Cubberley 6, Palo Alto 3, Terman 2.

mr—meet record. MA 27



—Tribune Photo by Reynolds Crutchfield

The End To An Evening's Work

Carlmont High's Chris Carey hits the tape as timer Bill Donohue stops his clock in 9:27.1 as the Scot junior eclipsed the meet record in the

two mile by four seconds in the SPAL Track and Field Championships at Foothill College Friday evening.

Sledge Leads Spike Hopefuls

By KEVIN DOYLE
Tribune Sports Writer

LOS ALTOS HILLS — While most of the top athletes had already been seeded into Friday's finals, cindermen from the nine SPAL high schools and three Palo Alto junior highs battled here Tuesday afternoon for berths in the SPAL track trials at Foothill College.

Menlo-Atherton and Sequoia will be chasing pre-meet favorite Carlmont for the team title when finals get underway at 6:30 p.m. Friday.

In the field events, the qualifying marks carry over to Friday night's finale. Carlmont's Jim Penrose, Ravenswood's Ron Sledge and Sequoia's Marc Douglas lead three of the field events.

Sledge long jumped 22-6 for his best effort of the year; Penrose hurled the shot put 58-5½ for his second best distance of the season, and Sequoia's Douglas holds a surprising two-foot lead over Penrose in the discus with a heave of 164-2½. Penrose leads the state in that event with a throw of 180-8½.

The only meet record of the day was set in the class C long jump where Sequoia's dynamic jumper Gary O'Neil leaped 20-5½ to break the 11-year-old record.

Carlmont leads in number of varsity events qualified for with 17, while Sequoia has 16 and Menlo-Atherton 10. The relays and the two-mile did not have trials.

Varsity

Qualifiers for Friday's finals:
120 HH — Lane (S) 15.4, Currier (P), King (Ca), Cooke (M), Gendreau (G). Seeded — Leslie (W), Peters (G), Miller (Ca).
880 — Wood (Ca) 2:00.4, Farkas (SC), Monken (Cu), Costello (P), Stark (G), Melosh (Cu), Flatland (W), Morris (SC). Seeded — Respini (P), R. Platt (G), Hopfen (R), Currey (S), D. Willis (S), Allen (Ca), Van Camp (Cu).
100 — Partridge (P) 10.6, Anderson (Cu), Seff (Cu), Springhorn (Cu). Seeded — Hatcher (M), Reese (M), O'Connor (S). One runner to be added.
440 — G. Willis (S) 52.2, D. Willis (S), Norberg (G), Horace (S). Seeded — White (S), Phillippe (SC), Respini (P), Warden (W).

180 LH — Currier (P) 20.3, Cooke (M), Scott (R), Christoff (S), King (Ca). Seeded — Leslie (W), Peters (G), Miller (Ca).
220 — White (S) 22.9, Anderson (Cu), G. Willis (S), Springhorn (Cu). Seeded — Hatcher (M), O'Connor (S), Phillippe (SC), Reese (M).
Mile — Heartsner (Ca) 4:43.9, Hoffman (W), Cleary (SC), Butler (W), J. Platt (G), Chenault (W), Beattie (G), Burchand (G), Swift (W). Seeded — P. Carey (Ca), Coleman (P), White (Ca), Anderson (S), Light (Ca), Fishel (SC), Stockwell (Cu).
HJ — Loftus (P), Beals (S), Chenn (Cu), Henemann (SC), Whitel (Cu), Washington (R), Sledge (R), DeMoss (G), Daley (P). All cleared 5-6.
SP — Penrose (Ca) 58-5½, Stolle (Ca) Wolfrom (P), Bosselt (M), Curry (S), Duplissee (Ca), Thourp (P), Norberg (G).
PV — Graves (M), Diedrichsen (M), Dornbush (G), Raash (G), Reich (Ca), Kranak (Cu), Harper (SC), Jaiving (P). All cleared 10-6.
LJ — Sledge (R) 22-6, Kendall (M), Anderson (G), Partridge (P), Peck (P), Silver (W), Bell (Ca), Warden (W).
Dis — Douglas (S) 164-2½, Penrose (Ca), Woodside (S), Stolle (Ca), Birtwhistle (G), Kmetovic (Cu), Bushnel (IP), Combs (G).
CLASS B
Leading qualifiers:
70 HH — Bosch (S) and Jackson (M) 10.2; 880 — Fletcher (Ca) 2:11.6; 100 — Ju. Lucas (G) 10.4; 440 — Shirley (R) 52.9; 180 LH — Ju. Lucas (G) 21.3; 220 — Cartwright (R) 23.4; Mile — Trevino (M) 5:01.5; SP — Cantwell (S) 48.9; HJ — 10 cleared 5-3; Dis — Woodside (S) 120-3; LJ — Jo. Lucas (G) 21-8½; PV — Six cleared 9-6.
CLASS C
Leading qualifiers:
880 — Mulligan (Ca) 2:14.0; 100 — Oravillo (R) 10.7; 440 — Reed (R) 55.5; 180 LH — Hughes (S) and Tsujimoto (R) 22.9; 2½0 — Ringlemann (SC) 24.4; Mile — Abbott (S) 4:54.8; HJ — Nine cleared 5-1, LJ — O'Neil (S) 20-5½; SP — Romeo (SC) 48-6.
mr — meet record.

Track Finals Tonight At Foothill

By KEVIN DOYLE
Tribune Sports Writer

LOS ALTOS HILLS—The setting will be different, but the results of the SPAL Track and Field finals tonight at Foothill College may be just a rerun of last week's Sequoia District meet.

The same teams, Carlmont, Menlo-Atherton and Sequoia who topped the district event, are favored to capture the team title when the nine SPAL schools and the three Palo Alto junior highs gather at 6:30 on the all-weather oval.

The first varsity running event, the 440-yard relay, will get under way at 7 o'clock, according to meet director Ross Presley of Palo Alto High. The lightweight two-mile and an outstanding array of field athletes will start at 6:30.

Carlmont has the manpower to be labeled as the favorite in five of the 15 varsity events. The likes of Jim Penrose, Chris and Pat Carey and Eric Reich give coach Loren Lansberry sure-fire strength in five events.

Menlo-Atherton should be the closest team to Carlmont when the final points are tallied, thanks to sprinter Bill Hatcher.

Hatcher is a good bet to win the 100 and 220 and anchor the 440-yard relay team to victory, but Sequoia's Tim O'Connor has been gaining on the Bear sprinter and could pull an upset or two in the sprints.

Sequoia's bid for third spot depends mainly on second and third places, although it has the cindermen to capture the open 440 (Darryl White) and 880 relay.

It should be a tossup for fourth spot between Palo Alto and Woodside. The Vikings might have a slight edge due to the likes of high jumper Mark Daley and middle-distance man Bill Respini.

Woodside should sweep the hurdles with Frazier Leslie, the league's best, and Chan Warden should be a point-getter in the long jump, 220 and 440.

Five meet records are in danger with Penrose the only athlete who has a better mark than the present record. His best of 180-3½ in the discus is five feet better than the existing meet record.

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