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PETTIGREW RUNS FOR HIS LIFE

For Pepperdine College distance runner Ron Pettigrew, it's getting to the point that every time he reaches one goal another is there to take its place.

Already considered one of the top all-time milers to wear a Pepperdine College uniform, Pettigrew has achieved the status of All-American four times in track and once in cross country while at Pepperdine.

The senior biology major from Torrance, Calif. High School claimed his first All-American banner his freshman year at Pep when he dashed the mile in 4:12.0; his sophomore year he attained A-A again by finishing third in the nationals; in the 3,000-meter steeplechase with a 9:18 clocking; as a junior, he was ranked ninth in the nation by virtue of his 8:59.2 steeplechase mark for his third A-A award; that same year he added a A-A award for cross country.

"Ron has a tremendous attitude toward his running," says coach Bert Brewer. "This is what makes him stand above the others. I've seen alot of distance runners, but Ron ranks as one of the toughest competitors I've ever coached."

Pettigrew, himself, a modest 6-feet, 150 pounder has set a goal this year to add another All-American trophy to his growing list of achievements.

"I want to get under nine minutes in the two mile; break my record of 8:59.2 in the steeplechase and go under 4:10 in the mile before I'm through this year," admits Ron.

"I feel I'm coming along well so far and not peaking too fast. I ran a good three mile(14:11) last Saturday at the Hancock Relays. It was the first time since my sophomore year and the best I've ever done in that event."

(more)

2-2-2-2-2  
Pettigrew

Pettigrew finished second behind the Striders John Kennedy who won  
in 13:52.2.

Pettigrew will be in action this weekend when the Waves travel to  
Santa Barbara to compete in the seventh annual Warrior Relays at Westmont  
College.

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