

4/28

# SPAL Spikers Do OK

SPAL track athletes scattered in search of individual honors Saturday and returned with their share.

Snatching the biggest plum in terms of honors was Carlmont's Chris Carey, who ran the lead-off leg on Carlmont's distance medley relay team at the El Cerrito Relays. In that race, Carey faced the East Bay's heralded 4:13.8 miler, John Dean of Berkeley, in head-to-head competition and responded by handing-off a lead after producing a 4:22 leg in the mile. Carlmont eventually finished third in the race at 10:38.

Also placing well in the tough El Cerrito competition was Eric Reich, also of Carlmont. Reich rebounded from a loss in the Palo Alto Diamond Jubilee SPAL Relays on Friday by scaling 14 feet to place second in the pole vault.

Three Sequoia athletes placed in another consistently tough meet. Marc Douglas spun the discus 172-11 to capture a third, Steve Anderson broke a school record with a 4:31.4 mile, good for fourth place and Mike Hughes triple jumped 42-8 for fourth in a good field at the Downey Games in Modesto.



**STEVE ANDERSON**  
Sequoia mile record

Sprinter Tim O'Connor of Sequoia pulled a muscle in the 100 and should miss all competition for at least a week.

Woodside and Gunn tied for fourth at the smaller-than-usual Blossom Hill Relays.

Top efforts for Gunn were Tom Birtwhistle's 180-1 win in the discus and Bill Norberg's



**CHARLIE OGREN**  
Vaults, runs for 'Cats

third place in the pentathlon. Norberg was only one point behind Lynn Swann of Serra and Gary Pluckenbaum of Los Gatos, the co-winners.

Sparking Woodside was Charlie Ogren, who ran a leg on Woodside's school-record-setting two mile relay team (fourth in 8:19.7) before cap-

turing a second in the pole vault at 13-0.

Woodside also won the 880 relay 1:31.8 with a team of Tom Burke, Mike Vreeburg, Jim Bedell and Ward Ryan. Anchorman Ryan roared from five yards behind with fifty yards remaining to steal the win for the Wildcats.

San Carlos captured a number of medals at the Pacific Grove Invitational, but had few outstanding marks. The best effort of the day was a 154-0 discus toss by Bill Irwin.

San Carlos took the Class B title behind the efforts of Randy Lawson, first in the 880 in 2:01.1, and Bryan Gieser, second in the two-mile at 10:13.8. Both times were SPAL Class B bests for 1969.

## El Cerrito Relays

Winners and Carlmont placers: LJ — Lee (Berk) 23-7; HJ — Harrison (EC) 6-0½; SP — Pence (Marina) 57-0¾; Dis — Gledhill (Pacific) 169-10; PV — Hampton (Berk) 14-4½; 2. Reich 14-0; Dis Med Rel — Berkeley 10:29.2; 3. Carlmont 10:38; 280 HHR — Pittsburg 35.5; 440 rel — El Cerrito 42.5; 2 mile rel — El Cerrito 8:00.0; 100 — Ligons (Pitt) 9.7; Steeplechase — Morrison (Ygnacio Valley) 5:06.5; 120 HH — Busby (Pitt) 14.5; Mile rel — Berkeley 3:20.3.

TEAM SCORES (leaders): El Cerrito 79, Berkeley 74, Kennedy 39, Pittsburg 38, Ygnacio Valley 20.

CLASS B: Carlmont placer: Distance Medley rel — 3. Templeman, Pagola, Scales, Furnari 10:59.3.

## Blossom Hills Relays

Winners and local placers: 440 rel — Cupertino 44.3; 2 mile rel — Homestead 8:11.3; 4. Woodside 8:19.7; 2 mile — Larson (Fremont) 9:37.0; 3. McCarty (St. Francis) 9:43.2; 880 rel — Woodside 1:31.8; 4 mile rel — Wilcox 18:27; 480 HHR — Gunn 60.9; 100 — Braboy (Riordan) 10.0; 4. Gillick (Bellarmine) 10.2; Mile rel — Lynnbrook 3:26.5; Pentathlon — tie between Swann (Serra) and Pluckenbaum (Los Gatos) 369 pts.; 3. Norberg (Gunn) 368; Dis — Birtwhistle (Gunn) 180-1; LJ — Buser (Leigh) 23-1¾; 4. Anderson (Gunn) 21-11½; PV — Royal (Fremont) 15-0; 2. Ogren (Wood) 13-0; 5. Brown (Bell) 12-6; HJ — Landman (Blackford) 6-4; 5. Anderson (Gunn) 6-1; TJ — Freeman (Santa Clara) 47-3¾; 5 P — Himan (Leigh) 56-6¾.

TEAM SCORES (leaders): Homestead 39, Leigh 34, Wilcox 20, Woodside 18, Gunn 18.

FRESH-SOPH: Woodside placers: 880 rel — 3. 1:36.4; Dis Med Rel — 5. 11:20.4; Mile rel — 1. Fuller, Legg, Murphy, Sanvidotti 3:37.5.

## Pacific Grove Relays

Winners and San Carlos placers: 400 rel — Monterey 44.2, 3. SC 46.5; 120 HH — Chapman (M) 15.3, 3. Morris 15.9; 880 — Maness (Sal) 1:58.1; 100 — Emery (SM) 9.9; 440 — Stuart (Sal) 51.2; 2 mile — Runcie (DM) 9:33.2, 5. Ashford 10:11; 180 LH — Chapman (M) 20.3, 3. Morris 21.2; 220 — Foxworthy (Wat) 22.7; Mile — Doubleday (Seaside) 4:23.1, 4. Philippe 4:39.5; Mile rel — Salinas 3:29.9; HJ — Schroeder (Ailsa) 5-10½; TJ — Williams (Wat) 42.5; PV — Lydon (SM) 14-9, 3. Chisum 11-6; Dis — Chappell 160-9, 2. Irwin 154-0; LJ — Emery (SM) 23.5, 3. Pina 20-6; SP — Chappell (wat) 53-6½.

TEAM SCORES (Leaders):

Watsonville 53, San Mateo 44, Salinas 40, Monterey 31, Del Mar 30, San Carlos 23.

CLASS B: SC placers: 70 HH — 3. Solari 9.6; 880 — 1. Lawson 2:01.3, 3. Batti 2:04.7; 100 — 4. DeMello 10.7; 440 — 2. Anderson 53.2; 2 mile — 2. Gieser 10:13.8; 180 LH — 3. Solari 22.1; Mile — 3. Derrn 4:50.3; 440 rel — 4. 46.9; Mile rel — 3. 3:39.6; HJ — 3. Sjoberg 5-8; Dis — 1. Romeo 124-2sr, mr, 5. Ellis 108-6; SP — 2. Romeo 46-35, Nagayana 44-4; PV — 3. Henderson 11-9.

TEAM SCORES (Leaders): San Carlos 39, Monterey 34.

## Downey Games

Sequoia placers: Varsity: Mile — 4. Anderson 4:31.4sr; Dis — 3. Douglas 172-11; TJ — 4. Hughes 42-8. Soph-B: 100 — 3. Martinelli 10.1, 4. O'Neill 10.3; Mile — 4. Patrick 4:34.0; HJ — 5. May 5-11; Dis — 4. Davis (San Carlos) 136-4, 5; Cawley 134-0; 440 Rel — 3. Sequoia, 45.0; 880 rel — 5. Sequoi 1:36.8. Freshmen — 100 — 4. Guerra 10.4.

sr—school record; mr—meet record.