

ONE MILE RUN

National Record 3:56.1 Neil Duggan, Allan Hancock, 1966

GGC Record 4:15.1 Ralph Likens, Coll. of San Mateo, 1965

Heat 1

|                   |        |       |
|-------------------|--------|-------|
| 1. Power, Dave    | 4:31.5 | CCSF  |
| 2. Maydahl, Jerry | 4:33.5 | DVC   |
| 3. Rincon, John   | 4:35.0 | Laney |
| 4. Bickel, Steve  | 4:35.9 | CSM   |
| 5. Barham, Brett  | 4:39.4 | DVC   |
| 6. Stone, Larry   | 4:44.4 | Laney |

Heat 2

|                        |      |        |
|------------------------|------|--------|
| 1. Hernandez, Humberto | CCSF | 4:28.6 |
| 2. Dyer, Fred          | Chab | 4:29.5 |
| 3. Brisbin, Mike       | DVC  | 4:32.9 |
| 4. Howell, Jim         | Foot | 4:33.0 |
| 5. Morgan, Leo         | Merr | 4:34.0 |
| 6. Stockwell, John     | Foot | 4:36.5 |

Results of GGC Meet TRIALS

4-29-70

at San Jose State

From Fred Dyer



120 HIGH HURDLES

wind-aided

National Record 13.6 Don Shy, Mt. San Antonio, 1965

GGC Record 14.3 Rickey Rogers, Contra Costa 1966

Heat 1

|    |                   |       |      |
|----|-------------------|-------|------|
| 1. | Miller, Jim       | CSM   | 14.6 |
| 2. | Hammett, Bill     | Chab  | 14.9 |
| 3. | Pope, Ray         | Laney | 15.1 |
| 4. | Bracy, Ken        | Merr  | 15.1 |
| 5. | Montgomery, Emory | Merr  | 15.6 |

Heat 2

|    |                 |      |      |
|----|-----------------|------|------|
| 1. | Kelley, Derrek  | Merr | 14.5 |
| 2. | Bridges, Martin | Merr | 14.8 |
| 3. | Gendreau, Steve | Foot | 15.1 |
| 4. | Bruce, Don      | CCSF | 15.2 |
| 5. | Clabby, Mike    | CSM  | 15.3 |



440 YARD DASH ~~1965~~

National Record 46.1 Lee Evans, San Jose CC 1966

GGC Record 46.2 Lee Evans, San Jose CC 1966

Heat 1

|    |                |      |      |
|----|----------------|------|------|
| 1. | Stuckey, Henry | Merr | 49.3 |
| 2. | Baker, Albert  | Merr | 50.1 |
| 3. | McRae, Doug    | Foot | 50.4 |
| 4. | Raymond, Barry | CSM  | 50.8 |
| 5. | Riggs, Ed      | Chab | 51.6 |

Heat 2

|    |                  |       |      |
|----|------------------|-------|------|
| 1. | Villarreal, Bert | Foot  | 50.0 |
| 2. | Glenn, Larry     | Merr  | 50.5 |
| 3. | Salem, Mike      | CCSF  | 51.1 |
| 4. | Jackson, Larry   | Merr  | 51.1 |
| 5. | Vickers, Milton  | Laney | 51.6 |

Heat 3

|    |               |       |      |
|----|---------------|-------|------|
| 1. | Cook, Richard | Chab  | 49.3 |
| 2. | Gordon, James | Merr  | 49.6 |
| 3. | Thomas, J.L.  | Laney | 50.5 |
| 4. | Robinson, Cal | SJCC  | 51.1 |
| 5. | Perez, Tom    | Foot  | 51.6 |

NOTE: First 3 places in each heat qualify for Finals.



100 YARD DASH ~~3~~

wind-aided

|                    |     |                               |      |
|--------------------|-----|-------------------------------|------|
| National Record    | 9.3 | Travis Williams, Contra Costa | 1964 |
|                    |     | Fred Kuller, Santa Ana        | 1965 |
|                    |     | Mel Gray, Ft. Scott Jr. Coll. | 1968 |
|                    |     | Warren Edmonson, Merritt      | 1969 |
| Golden Gate Record | 9.4 | Warren Edmonson, Merritt      | 1969 |

Heat 1

|    |               |       |     |
|----|---------------|-------|-----|
| 1. | Ford, Royce   | Merr  | 9.6 |
| 2. | Lewis, Arthur | Laney | 9.6 |
| 3. | Brooks, James | CCSF  | 9.9 |
| 4. | Jones, Oscar  | CSM   | 9.9 |

Heat 2

|    |                 |       |      |
|----|-----------------|-------|------|
| 1. | Lomax, Tony     | Laney | 9.7  |
| 2. | Stuckey, Henry  | Merr  | 9.8  |
| 3. | Watkins, Andrew | CCSF  | 10.0 |
| 4. | Bracy, Ken      | Merr  | 10.0 |

Heat 3

|    |               |      |      |
|----|---------------|------|------|
| 1. | Williams, Ron | Merr | 9.7  |
| 2. | Sauvain, Dan  | DVC  | 9.9  |
| 3. | Joe, Tony     | CCSF | 10.0 |
| 4. | Sires, Gary   | SJCC | 10.0 |



880 YARD RUN ~~880~~

National Record 1:48.6 Ray Van Asten, Mt. San Antonio 1962

GGC Record 1:52.4 Ken Noel, San Jose CC 1963

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Heat 1

|    |              |       |        |
|----|--------------|-------|--------|
| 1. | Hogue, John  | CCSF  | 1:55.3 |
| 2. | Sershen, Tom | CSM   | 1:55.3 |
| 3. | Brunkan, Bob | Foot  | 1:55.6 |
| 4. | Harvey, Hugh | DVC   | 2:00.4 |
| 5. | Rincon, John | Laney | 2:02.9 |

Heat 2

|    |               |      |        |
|----|---------------|------|--------|
| 1. | Gibbons, Doug | Chab | 1:57.4 |
| 2. | Gordon, James | Merr | 1:58.9 |
| 3. | Luck, Hurlon  | SJCC | 1:59.5 |
| 4. | Loftus, James | CCSF | 2:01.0 |
| 5. | Harms, Dwayne | DVC  | 2:01.5 |

Heat 3

|    |                 |      |        |
|----|-----------------|------|--------|
| 1. | Robertson, Dave | CSM  | 1:56.9 |
| 2. | Baker, Albert   | Merr | 1:58.0 |
| 3. | Chance, Bob     | DVC  | 1:58.0 |
| 4. | Kuta, Tim       | Chab | 2:00.7 |
| 5. | Burnette, Ed    | Chab | 2:05.5 |

NOTE: First 3 places in each heat qualify for Finals.



440 INTERMEDIATE HURDLES

National Record 51.2 Geof Vanderstock, Mt. San Antonio, 1966

GGC Record 55.7 Eric Barfield, Merritt, 1969

Heat 1

|                  |       |      |
|------------------|-------|------|
| 1. Glenn, Larry  | Merr  | 53.5 |
| 2. Sershen, Tim  | CSM   | 57.3 |
| 3. Pope, Ray     | Laney | 58.1 |
| 4. Cordero, Vito | Foot  | 58.8 |
| 5. Hammett, Bill | Chab  | 59.2 |

Heat 2

|                   |       |      |
|-------------------|-------|------|
| 1. Bracy, Ken     | Merr  | 55.5 |
| 2. Dillard, Wayne | Laney | 55.7 |
| 3. Herbert, Terry | DVC   | 57.0 |
| 4. Clabby, Mike   | CSM   | 57.4 |
| 5. Desmond, Ed    | SJCC  | 58.7 |

Heat 3

|                    |      |      |
|--------------------|------|------|
| 1. Hermens, Mike   | DVC  | 55.0 |
| 2. Cook, Richard   | Chab | 55.5 |
| 3. Bruce, Don      | CCSF | 55.9 |
| 4. Gendreau, Steve | Foot | 56.2 |
| 5. Kelley, Derrek  | Merr | 56.7 |

NOTE: First 3 places in each heat qualify for the Finals.



220 YARD DASH ~~RESULTS~~

wind-aided

National Record 20.6 Mel Gray, Ft. Scott J.C. 1968  
GGC Record 21.1 Lee Evans, San Jose CC 1966

Heat 1

|                  |       |      |
|------------------|-------|------|
| 1. Ford, Royce   | Merr  | 21.3 |
| 2. Thomas, J. L. | Laney | 22.2 |
| 3. Jones, Oscar  | CSM   | 22.2 |
| 4. Sires, Gary   | SJCC  | 22.2 |
| 5. Lee, Charles  | Merr  | 22.4 |

Heat 2

|                     |       |      |
|---------------------|-------|------|
| 1. Williams, Ron    | Merr  | 21.1 |
| 2. Lomax, Tony      | Laney | 21.9 |
| 3. Jackson, Larry   | Merr  | 22.0 |
| 4. Brooks, James    | CCSF  | 22.1 |
| 5. Springhorn, Bill | Foot  | 22.1 |

Heat 3

|                     |       |      |
|---------------------|-------|------|
| 1. Villarreal, Bert | Foot  | 21.1 |
| 2. Stuckey, Henry   | Merr  | 21.5 |
| 3. Lewis, Arthur    | Laney | 21.9 |
| 4. Watkins, Andrew  | CCSF  | 22.1 |

NOTE: First 3 places in each heat qualify for finals.



TWO MILE RUN

Heat 1

|    |                  |      |        |
|----|------------------|------|--------|
| 1. | Hurtado, Evencio | Chab | 9:40.4 |
| 2. | Narvaez, Rudolfo | CCSF | 9:41.6 |
| 3. | Best, Dan        | CSM  | 9:42.0 |
| 4. | Bautista, Frank  | Chab | 9:43.1 |
| 5. | Brickley, Paul.  | CCSF | 9:43.2 |
| 6. | Brisbin, Mike    | DVC  | 9:51.0 |

Heat 2

|    |                     |      |        |
|----|---------------------|------|--------|
| 1. | Tracy, Jim          | CCSF | 9:43.0 |
| 2. | Allen, Jim          | SJCC | 9:53.3 |
| 3. | Barham, Brett       | DVC  | 9:54.9 |
| 4. | Hernandez, Humberto | CCSF | 9:56.4 |
| 5. | Power, Dave         | CCSF | 9:56.9 |
| 6. | Anderson, Kevin     | Chab | 9:56.9 |



TRIPLE JUMP

National Record 51'10 3/4" Mahoney Samuels, Foothill, 1962  
 Robert Reader, Bakersfield, 1969

GCC Record 49'7 1/4" Doug Olmstead, Foothill, 1965

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|     |                   |       |            |
|-----|-------------------|-------|------------|
| 1.  | Harry Freeman     | SJCC  | 49'6 1/4"  |
| 2.  | Arkley, Steve     | Foot  | 48'2"      |
| 3.  | Stuckey, Henry    | Merr  | 46'8"      |
| 4.  | Lusk, Mike        | Merr  | 45'11 1/2" |
| 5.  | Montgomery, Emory | Merr  | 45'11"     |
| 6.  | Bruce, Don        | CCSF  | 45'10"     |
| 7.  | Williams, Derrek  | CCSF  | 45'8"      |
| 8.  | O'Neal August     | Laney | 44'10 1/4" |
| 9.  | Barczi, Ken       | Foot  | 44'6 1/4"  |
| 10. | Powell, Jewell    | Laney | 43'11"     |

*-wind ok*

*-others windy*





SHOT PUT

National Record 60'8 $\frac{1}{2}$ " Steve Fite, Chaffey College, 1965

GGC Record 59'11" Don Castle, Foothill, 1963

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|                   |      |                       |
|-------------------|------|-----------------------|
| 1. Esparza, Rich  | SJCC | 51'1 $\frac{1}{2}$ "  |
| 2. Fleming, Don   | DVC  | 49'3"                 |
| 3. Wiessner, Greg | DVC  | 48'6 $\frac{1}{4}$ "  |
| 4. Bossett, Phil  | Foot | 46'10"                |
| 5. Kendall, Dan   | DVC  | 45'10 $\frac{1}{2}$ " |
| 6. Pannel, Ash    | Merr | 45'4 $\frac{1}{4}$ "  |
| 7. Cross, Frank   | CCSF | 44'10 $\frac{1}{2}$ " |
| 8. Wilson, Tom    | Chab | 44'7 $\frac{1}{2}$ "  |
| 9. Schnell, Dan   | Chab | 44'6 $\frac{1}{4}$ "  |
| 10. Miller, Kiath | DVC  | 44'4"                 |



LONG JUMP ~~RESULTS~~

windy

National Record 26'2 3/4 Henry Hines, Sacramento CC, 1969

GGC Record 24'6" Charles Booth, Contra Costa, 1963

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|                      |       |            |
|----------------------|-------|------------|
| 1. Stuckey, Henry    | DVC   | 23'11"     |
| 2. Beaty, Randy      | DVC   | 23'5 1/2"  |
| 3. Watson, Rich      | Merr  | 23'4"      |
| 4. Freeman, Harry    | SJCC  | 23'1 1/4"  |
| 5. Lee, Charles      | Merr  | 22'10 1/2" |
| 6. Lusk, Mike        | Merr  | 22'10"     |
| 7. Stratton, Monti   | Laney | 22'7 1/2"  |
| 8. Jackson, Larry    | Merr  | 22'3"      |
| 9. Montgomery, Emory | Merr  | 21'11"     |
| 10. Atkins, Ira      | Chab  | 21'7 1/2"  |



POLE VAULT ~~1968~~

National Record      16'8"      Dennis Phillips, Coll. of San Mateo, 1966  
GGC Record            15'7½"      Sam Caruthers, San Jose City College, 1968

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- |     |                 |             |
|-----|-----------------|-------------|
| 1.  | Supan, Bob      | Foot        |
| 2.  | Gerner, Tim     | CSM         |
| 3.  | Corwin, Ken     | Chab        |
| 4.  | Getchel, Don    | CSM         |
| 5.  | Flores, Florito | CSM         |
| 6.  | Lewis, Art      | Laney       |
| 7.  | Otter, Ed       | Laney       |
| 8.  | Roseland, Tony  | SJCC - 14-0 |
| 9.  | Stratton, Monti | Laney       |
| 10. | Lydon, Jim      | CSM - 15-0  |

(others 13-0)

All qualified at 13 feet.



DISCUS THROW ~~1963~~

National Record 187'5" Les Mills, Foothill, 1963

GGC Record 187'3" Les Mills, Foothill, 1963

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|     |                 |      |                       |
|-----|-----------------|------|-----------------------|
| 1.  | Pipes, Tom      | DVC  | 165'2 $\frac{1}{2}$ " |
| 2.  | Wilson, Tom     | Chab | 152'11"               |
| 3.  | Brisbois, John  | Foot | 149'5 $\frac{1}{2}$ " |
| 4.  | Esparza, Rich   | SJCC | 146'7"                |
| 5.  | Fleming, Don    | DVC  | 142'4 $\frac{1}{2}$ " |
| 6.  | Stoesser, Bill  | Foot | 142'1 $\frac{1}{2}$ " |
| 6.  | Reed, Russ      | DVC  | 142'1 $\frac{1}{2}$ " |
| 8.  | Pell, Roger     | DVC  | 141'5"                |
| 9.  | Mortenson, Mark | Chab | 141'4"                |
| 10. | Hicks, Andrew   | CCSF | 139'9 $\frac{1}{2}$ " |



HIGH JUMP

National Record      7'1½"      Ed Carruthers, Santa Ana, 1965

GGC Record          6'7½"      Jesse Reed, Contra Costa, 1967

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|                 |       |    |
|-----------------|-------|----|
| Caldwell, Ron   | CCSF  | 6' |
| Fishbaugh, Dave | Chab  | 6' |
| Madison, Phil   | Merr  | 6' |
| Metcalf, Bill   | CCSF  | 6' |
| Morrison, James | Laney | 6' |
| Watson, Richard | Merr  | 6' |
| Greene, Danny   | Merr  | 6' |
| Jones, Larry    | Laney | 6' |
| Shields, Paul   | DVC   | 6' |

*Handwritten notes:*  
Carruthers 7'1½"  
Reed 6'7½"  
20'