KENNEDY GAMES
May 30, 1470

5,000-METER WALK

(One and one half laps around the track and then exit to cover the campus walking course, Reentry is approximately 20 minutes.)

NATIONAL RECORD - 21:30, Ron Laird, New York AC, 1969.

10	Bruce Adair (US Army)	23:05.8
20	Bill Ranney (Athens Track Club)	23:40.8
3.	Jim Lopes (Athens Track Club)	24:30.0
40	Mick Brody (Unatt.)	25:09.8
50	Jerry Lansing (Unatto)	25:13.4
6.	Jerry Heindenreich (Unatt.)	25:37.0

1. Bruce Adair (US Army) 23:05.8; 2. Bill Ranney (Athens) 23:40.8; 3. Jim Lopes (Athens) 24:10.0; 4. Mick Brody (Unatt.) 25:09.0; 5. Jerry Lansing (Unatt.) 25:13.4: 6. Jerry Heindenreich (Unatt.) 25:37.0.

SENICR HEN'S LOO-YARD DASH



1.	Dr. George Rhoden	10.5
2.	Ted Rademaker	11.1
3.	Ken Gaetcel	
Į,,	Bruce Grant	11.2
5.	Dr. Alphonse Juilland	11.2

1. Dr. George Rhoden 10.5; 2. Ted Rademaker 11.1; 3. Ken Gaetcel 11.1;

4. Bruce Grant 11.2; 5. Dr. Alphonse Juilland 11.2.

WORLD RECORD

245'0", Anotoliy Bondarchuk (USSR) Athens, 1969. (Pending, 247-7 1/2, Bondarchuk, Rovno, 1969.)

AMERICAN RECORD --- 235'11", Ed Burke (SC Striders) Bakersfield, 1967. COLLEGIATE RECORD ---213'10", John Lawlor (Boston U) Bakersfield, 1960.

216'10 1/2", Harold Connolly (Boston AA) 1956. STADIUM RECORD ---

1969 WINNER ---

George Frenn (Pacific Coast Club) 211'7".

h. Larry Hart, US Army, 201-7; 5. Steve DeAutremont, Oregon State,	AA, 1956.); 2. Hal Compolly, SC Striders, 222-3; 3. Tom Gage, New	meet record 211-7 by Frenze, 1969, Old stadium record	SUMMARY: 1. George Frenn, Pacific Coast Club, 232-7 (new meet and stadium records. Old	menta di Calamegia (il. se es	Jim Pryde, Athens Track Club	Hal Connolly, SC Striders	George Frenza, Pacific Coast Club	Larry Hart, US Army	Tom Fraus, Athens	Tom Cage, New York AC	Steve DeAutremont, Oregon State
% 5° St	erate or	1969° OT	ie Coas		179-11	27-1	Foul	197-5	Foul	21-11	195-0
eve Dea	ders, 2	1 stadi	t Club,		179-11 175-10 173-7	206-9	Fou 1	200-5	187-5	Foul	194-4
ı tır emoni	23.3	m recoi	232-7		173-7	Foll	204-3	193-10	Forl	Fou]	201-3
;, Oregon	Tom Gag	d 216-10	new mae			219-8 222-3 21	220-8 227-19 23	198-6 Foul 201-7		215-0 Foul Foul	195-0 194-4 201-3 Foul Foul Foul
State	e, New	P PA E	t and s				27-17	oul		nıl Fo	ul Fo
, 201-3		al con	tadium	***************************************		7	22		The same of the sa	ğ	i i
مق	York AC, 215-0;	216-10% by Hal Connolly, Bostom	records.		179-11	222	232-7	201-7	187.5	215-0	201-3
	990	s tom	pto		Ą	N	٢		0,	w	w

PRELIMINARIES 100 - YARD DASH

*	24860 24802
WORLD RECORD	9.1, Bob Hayes (US) St. Louis, 1963; Harry Jerome (Canada)
	Edmonton, 1966; Jim Hines (US) Houston, 1967; Charlie Greene
	(US) Provo, 1967; John Carlos (US) Fresno, 1969. (Pending,
	9.1, Willie McGee (US), 1970.)
AMERICAN RECORD	9.1, all above except Jerome.
COLLEGIATE RECORD	9.1, Jim Hines (Texas Southern), Charlie Greene (Nebraska),
	John Carlos (San Jose State). (Pending, McGee (Alcorn A&M)
STADIUM RECORD	9.3, Kirk Clayton (San Jose State) 1970; Isaac Curtis (Cal)
	1970.

HEAT #1

1969 WINNER ---

Mel Gray (Missouri) 9.4.

1.	John Carles (Seaman 18)	9.4	(wind 1.0 mph against)
2.	Kirk Clayton (San Jose State)	9.5	agarnav)
30	Harrington Jackson (UTEP)	9.6	
40	Warren Edmonson (Merritt)	9.7	
5.	Mike Goodrich (Indiana)	9.7	
6.	Dennis Schultz (Okla. State)	9.9	
7。	Mike Fray (UTEP)	9.9	

l. John Carlos (Seaman's) 9.4 (Ties meet record, Mel Gray, (Missouri, 1969); 2.Kirk Clayton (SJS) 9.5; 3. Harrington Jackson (UTEP) 9.6; 4. Warren Edmonson (Merritt) 9.7; 5. Mike Goodrich (Indiana) 9.7; 6. Dennis Schultz (Okla. St.) 9.9; 7. Mike Fray (UTEP) 9.9. (Wind 1.0 mph against)

HEAT #2

1.	Ben Vaughan (US Army)	904 (wind 407 mgh
20	Eddie Hart (California)	9.5 aiding-over
30	Mel Gray (Missouri)	9.5 allowable)
40	Clyde Glosson (UTEP)	9.6
5.	Dave Hasters (California)	9∘6
60	Ronnie Welch (UCLA)	9.8

1. Ben Vaughan (US Army) 9.4 (ties meet record set by Mel Gray, Missouri, 1969); 2. Eddie Hart (Cal) 9.5; 3. Mel Gray (Missouri) 9.5; 4. Clyde Glosson (UTEP) 9.6; 5. Dave Masters (Cal) 9.6; 6. Rormie Welch (UCLA) 9.8. (Runners aided by 4.7 mph wind, over allowable maximum).

HIGH SCHOOL MILE RELAY

5

NATIONAL RECORD - 3:11.8, Memorial (Houston, Texas) Baytown, 1967; Millian (Miami, Fla.) Gainesville, 1969.

CALIFORNIA BEST - 3:11.3, Centennial (Compton) 1968.

STADIUM RECORD - 3:11.3, Centennial, 1968.

Lane	Team	Finish	Time
1	OAKIAND TECH	2	3:18.6
	Marvin Jefferson, 49.0; Rudy Peters, 50.3; Paul Armstrong, 49.2; Maurice Jackson, 49.1		
2	CAS TLEMONT	1	3:17.2
	John Roberts, 48.9; Gerald Morgan, 48.9; Hubert Marshall, 50.1; Nathan Burks, 49.2		
3	EL CERRITO	13	3: 20.3
	Bill Walker, 50 d; Mike Palomino, 50,9; Dennis Little, 49.7; Bob Peterson, 49.3		
4	KENNEDY, RICHMOND	5	3: 20.3
	Mike Simpson, 50.3; Don Hickman, 50.7; Mike Darden, 50 Reggie Crowell, 48.8	.53	
5	BERKELEY	8	3: 20.0
:	Robert Lee, 50.5; Wayne Bennett, 49.9; Charles O'Quinn, 49.5; Ricky Timms, 50.1		
6	SANTA ROSA	6	3: 20 ₀ 6
	Wayne Praeder, 52.5; Ken Borbe, 52.1; Carl Hagon, 48.5 Joe DeBora, 47.5	\$	
7	HIGHLAND, SACRAMENTO	7	3:25.0
	Reggie Lathan, 51.6; Steve Hubbard, 50.6; Richard Matthews, 52.6; Zenie Adams, 50.2		•
8	Washing ton, Fremont	8	3: 26.2
	Albert Rodriquez, 52.2; Bob Baptista, 51.5; Rich Sternberg, 51.7; Doug Smith, 50.8		

SUMMARY: 1. CASTLEMONT(John Roberts, Gerald Morgan, Hubert Marshall, Nathan Burks), 3:17.2; 2. Oakland Tech; 3. Berkeley; 4. El Cerrito; 5. Kennedy, Richmond

JUNIOR COLLEGE LAC-YARD RELAY

NATIONAL RECORD - 40.4, Merritt College (Oakland,) 1969.

1.	Merritt (Warren Edmonson	, Luther Williams,	Henry Stuckey,	Royce Ford)	10.5
2.	Fresne CC				41.3
3.	Laney				41.6
4.	Contra Costa				42.1

^{1.} Merritt JC (Warren Edmonson, Luther Williams, Henry Stuckey, Royce Ford) 40.5; 2. Fresno CC 41.3; 3. Laney JC 41.6; 4. Contra Costa 42.1.

WOMEN'S 100m HURDLES

WORLD RECORD --- 12.9, Karin Balzer, East Germany, 1959.

AMERICAN RECORD --- 13.4, Mamie Rallins, Chicago TC, 1969.

PA RECORD --- 14.2, Deanne Carlsen, Laurel TC, 1969.

7.	Janet Benford (Laurel TG)	16.9
6.	Jo Ellen Insk (Will's Spikettes)	16.4
5.	Beverly Scott (Laurel TC)	15.9
ρο	Barbara Fickel (Millbrae Lions)	15.2
30	Marilyn King (Millbrae Lions)	14.8
2.	Mamie Rallins (Mayor Daley Youth Foundation)	13.5
l.	Chi Cheng (LATC/Taiwan)	13-3

^{1.} Chis Cheng (LATC/Teiwan) 13.3; 2. Mamie Rallins (Mayor Daley YF) 13.5;
3. Marilyn King (Millbrae Lions) 14.8; 4. Barbara Fickel (Millbrae Lions) 15.2;
5. Beverly Scott (Laurel TC) 15.9; 6; Jo Ellen Lusk (Will's Spikettes) 16.4;
7. Janet Benford (Laurel TC) 16.9.

440 - YARD RELAY



WORLD AND COLLEGIATE RECORDS --- 38.6, Southern Cal, Provo, 1967.

AMERICAN RECORD --- 39.0, Santa Clara Youth Village, Los Angeles, 1968.

(Pending, 38.8, San Jose State, Knoxville, 1969.)

STADIUM RECORD --- 39.3, Southern Cal, 1968.

1969 WINNER --- Southern Cal, 39.6.

<u>Lane</u>	Team Finish Time
2	CALIFORNIA STATE COLLEGE, LONG BEACH 5 41.5
	Curt Biggers Ermest London Clarence Palmer Dan Moore
and the second	Indiana 40.4
	Marry Highbaugh Mike Goedrich Ken Lundgrem Mike Miller
24	U. TEXAS, EL PASO
	Harrington Jackson Mike Fray Paul Gibson Clyde Gosson
5	UCIA 2 ho.0
	Romie Welch Reggie Robinson Johnson Wayne Collett
6	CALIFORNIA TRACK GIUB 3 40.2
	Dave Gilliland Lorenzo Enasell Ruben Smith Willie Deckard

SUMMARY: L. U. Texas El Paso (Harrington Jackson, Mike Fray, Paul Gibson, Clyde Gloscon), 39.8; 2. UCIA; 3. California Track Club; 4. Indiana; 5. California State, Long Beach

HIGH SCHOOL 440 RELAY

NATIONAL RECORD --- 40.7, Lincoln HS (Dallas, Texas) Austin, 1969.

CALIFORNIA BEST --- 41.2, Castlemont (Oakland) 1970; El Cerrito, 1970.

STADIUM RECORD --- 41.5, Centennial HS (Compton) 1968.

1969 WINNER --- Edison HS (Stockton) 41.6.



1.	El Cerrito (Inbert Jack, Dan Smith, Willard Lewis, Sammy Burns)	41.3
2.	Edison (Stockton)—	41.5
3•	Berkeley	41.6
Цо	Caktlement	42.1
5.	Pittsburg	42.1
6.	Oakland Tech	43.0
7.	Piedmont	43.4
8.	Kennedy (Richmond)	43.5

1. El Cerrity Lubert Jack, Dan Smith, Willard Lewis, Sammy Burns) 41.3;
2. Edison (Stockton) 41.5; 3. Berkeley 41.6; 4. Castlement 42.1; 5. Pittsburg 42.1;
6. Oakland Tech 43.0; 7. Piedmont 43.4; 8. Kennedy (Richmend) 43.5.

El Cerrito's time of 41.3 is new stakium record (old record 41.5 by Centens niel of Compton, 1968); also new meet record (old record 41.6 by Edison of Stockton in 1969.



WORLD AND AMERICAN RECORDS --- 29'2 1/2", Bob Beamon (US) Mexico City, 1968. 27' 1/2", Raiph Boston (Tennessee A&I 26'1 1/2" Stan Whitley (Kansas) 1969. Ralph Boston (Tennessee A&I) Modesto, 1961. COLLEGIATE RECORD ---STADIUM RECORD ---Stan Whitley (Kansas) 26'l 1/2". 1969 WINNER

Bob Beamon, Samming Hall Oswalt, Oklahoma State mil Shinnick, SC Striders Stan Royster, Miles Athens To Marion Anderson, San Jose St. Stan Whitley, Spts Into Henry Hines, SC Striders Johnny Johnson, UCLA Steve Rogaway, California SUMMARY: 1. Marion Inderson, San Jose State, 25-0; 2. Stan Royster, Athens Track Club, 21-10 3/4; 3. Johnny Johnson, UCIA, 21-9 1/4; 4. BohBeamon, Seamands, 21-8 3/4; 5. Henry Hines, SC Striders, 21-7 1/4; 6. Hal Caralt, Oklahoma State, 21-3 3/4 Wind Aided Jumps Engavey Foul Kines 21-1 3/4 18-74 Anderson 22-11 1/1 23-10 1/1 19-8 21-9 1/4 21-2 1/2 21-8 23-5 3/4 23-8 3/4 Food 24-9 1/4w 3 22-1 3/4 23-6 3/4 Foul 23-04 21-14 21-9 21-94 Foul 21-10 3/4 3-2 3-11 3/1 24-3 21-11 1/1 23-11 25-0 21-7 1/1 21-1 3/1 21-1 2-9 Foul 24-3 3/4 23-94 23-03/11 21-22 23-112 21-8 3/4 Page Page 21-2 3/4 For 1 Page Johnson 24-94 Omalt. whitey 23-03/4 Fou. 3-2 21-5 18-7 1/4 23-6 3/4 21-7 1/46K5 20 0/C 21/2 23-10 1/4 21/2 3/14 24-8 3/4 24-10 3/4 6/2

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3 - MILE RUN

WORLD RECORD --- 12:50.4, Ron Clarke (Australia) Stockholm, 1966.

AMERICAN AND COLLEGIATE RECORDS --- 12:53.0, Gerry Lindgren (WSU) Seattle, 1966.

STADIUM RECORD --- 13:16.7, Tracy Smith (Pasadena AA) 1966.

1969 WINNER --- Juan Martinez (Mexico) 13:51.8 for 5000 meters.

	Place	Time
l. Jack Bacheler, Florida Track Club $\left(\mathcal{E}', 4\ell, 4 \right)$	1	13:13.0
20 Frank Shorter, Florida Track Club (8:46,8)	2	13:13.8
3. Garry Bjorklund, Minnesota (8,47,6)	3	13: 16.6
4. Rex Maddaford, East New Maxico (8:47.6)	la .	13:28.0
5. Greg Brock, Stanford	5	13:36.4
6. Tarry Harrison, SC Striders	6	13:38.6
7. Kerry Pearce, U Texas, El Paso	7	13840.6
8. Jerry Jobski, Pacific Coast Club	8	13:43.6
9. Don Kardong, Stanford	9	13:52.0
30. John Bednarski, U Taxas, El Paso	20	13:54.8
ll. Jim Johnson, Washington	11	14:02.0

SUMMART: lo Jack Bachèler, Florida Track Club, 13:13.0 (new meet and stadium records. Old meet record 13:51.6 by Juan Martinez, Mexico for 5000 meters. Old stadium record, 13:16.7 by Tracy Smith, Pasadema AA, 1966); 2. Frank Shorter, Flordia Track Club, 13:13.6; 3. Garry Bjorkhund, Minnesota, 13:16.6; 4. Rex Maddaford, East New Mexico, 13:28.0; 5. Greg Brock, Stanford, 13:36.4

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2842mg, 71, 75,21.	the difference of the control of the

IAP I 2 3 4 5	IEADER Jobski Showter Bacheler Bacheler Shorter	TIME 65.0 64.7 65.0 65.4 65.9	IAP 7 8 9 10 11	LEADER Bacheler Bacheler Bacheler Shorter Bjorkland	TIME 66.2 66.8 67.8 69.2 68.1
6	Shorter	67.2	12	Bacheler	61.7

Mile Times \$ 48 20.1 4: 26.2 4: 26.8

120 - YARD HIGH HURDLES

WORLD RECORD ---

13.2, Martin Lauer (W. Germany) Zurich, 1959; Lee Calhoun (US) Bern, 1960; Earl McCullouch (US) Minneapolis, 1967; Willie Davenport (US) Zurich, 1969. (Pending, 13.2, Erv Hall (US) Knoxville, 1969.)

AMERICAN RECORD --COLLEGIATE RECORD --STADIUM RECORD --1969 WINNER ---

13.2, Calhoun, McCullouch, Davenport (Pending, Hall).

13.2, McCullouch (SC), Hall (Villanova).

13.3, Earl McCullouch (SC) 1968.

Willie Davenport (Houston Striders) 13.5.

1. Willie Davenport (Texas Striders)	13.5
2. Paul Gibson (UTEP)	13.6
3. George Carty (SJS)	13.7
4. Gary Power (Striders)	13.9
5. Tom White (Striders)	14.0
6. Bill High (Tennessee)	14.1
7. Pat Pomphrey (Hamilton AFB)	14.1
8. Larry Livers (Athens)	14.2

^{1.} Willie Davenport (Texas Striders) 13.5 (ties his own meet record, set 1969);
2. Paul Gibson (UTEP) 13.6; 3. George Carty (SJS) 13.7; 4. Gary Power (Striders) 13.9;
5. Tom White (Striders) 14.0; 6. Bill High (Tennessee) 14.1; 7. Pat Pomphrey (Hamilton AFB) 14.1; 8. Larry Livers (Athens) 14.2.

WORLD, AMERICAN, AND COLLEGIATE RECORDS --- 44.7, Curtis Mills (Texas A&M), Knoxville, 1969.

STADIUM RECORD --- 45.7, Glenn Davis (Ohio State) 1958.

1969 WINNER --- Lee Evans (San Jose State) 45.8.

1.	Lee Evans (Unatt.)	46.4
2.	Kermit Bayless (Cal State, Hayward)	46.8
3.	John Smith (UCLA)	46.8
40	Len VanHofwegan (Striders)	46.8
5.	Jay Elbel (Striders)	47.5
6.	Roger Colglazier (ACC)	47.5
7.	Elmo Dees (SJS)	47.6

1. Lee Evans (Unatt.) 464; 2. Kermit Bayless (Cal State Hayward) 46.8; 3. John Smith, (UCLA) 46.8; 4. Len VanHofwegan (Striders) 46.8; 5. Jay Elbel (Striders) 47.5; 6. Roger Colglazier (ACC) 47.5; 7. Elmo Dees (SJS) 47.6.

WORLD AND AMERICAN RECORDS --- 224'5", Jay Silvester (US) Reno, 1968.

COLLEGIATE RECORD --- 213'9", Randy Matson (Texas A@M) College Station, 1967. STADIUM RECORD --- 208'10", Jay Silvester (Unattached) 1969. Jay Silvester, 208'10". 1969 WINNER ---

SUMMARY: L. Jay Silvest	Vince Wonsri, UT El Paso	Ery Jaros, New Mexico	George Puce, Canada	Gary Ordway, Pacific Coast Club	Jay Silvester, Unattached	Fred DeBernardi, UT El Paso	Tim Vollmer, US Army	Dave Weill, Athens To	Bill Neville, SC Striders	John Powell, Athens TC	Ed Wohler, SC Striders	Jim Penrose, California
SUMMARY: 1. Jay Silvester, Unuttached, 205-1; 2. John Powell, Athens To	178-3 Fon1 161-1	165-1 176-0 Foul	Foul Foul Foul	181-7 185-8 187-11 190-11 190-11 182-1	Foul Foul 197-5 Foul Foul 205-1	180-1 175-3 178-10	1526 184-8 184-6 176-3 Foul 184-2	177-8 173-9 176-3	185-4 184-4 163-2 160-8 166-1 161-1	192-9 Foul 183-9 Foul 194-11 Foul	roul 182-1 168-3	Foul Foul 17199
194	170	176-0	HODE	12021	S	1801	63	177-6	(A)	191-11	50	171-9
	C O	10	mo place	<i>₽</i> 9	g-o	Con F	N	10	(Parris	N	0	

100 - YARD DASH FINAL

WORLD RECORD ---

9.1, Bob Hayes (US) St. Louis, 1963; Harry Jerome (Canada) Edmonton, 1966; Jim Hines (US) Houston, 1967; Charlie Greene (US) Prove, 1967; John Carlos (US) Fresno, 1969. (Pending,

9.1, Willie McGee (US), 1970.)

AMERICAN RECORD ---

9.1, all above except Jerome.

COLLEGIATE RECORD --- 9.1, Jim Hines (Texas Southern), Charlie Greene (Nebraska), John Carlos (San Jose State). (Pending, McGee (Alcorn A&M)

STADIUM RECORD ---

9.3, Kirk Clayton (San Jose State) 1970; Isaac Curtis (Cal)

1970.

1969 WINNER ---

Mel Gray (Missouri) 9.4.

1.	John Carlos (Seaman's)	9.4 (No aiding wind)
2.	Bem Vaughan (US Army)	9.5
3。	Eddie Hart (California)	9.5
40	Harrington Jackson (UTEP)	9.6
5.	Mel Gray (Missouri)	9 .7
6.	Warren Edmonson (Merritt)	9 .7

1. John Carlos (Seaman's) 9.4 (ties meet record, Mel/ Gray of Missouri, 1969);
2. Ben Vaughan (US Army) 9.5; 3. Eddie Hart (California) 9.5; 4. Harrington Jackson (UTEP) 9.6; 5. Hel Gray (Missouri) 9.7; 6. Warren Edmonson (Merritt) 9.7.

WORLD RECORD --- 49.3, Gert Potgieter (South Africa) Bloemfontein, 1960.

AMERICAN AND COLLEGIATE RECORD --- 49.6, Rex Cawley (SC) Albuquerque, 1963.

STADIUM RECORD ---50.6, Geoff Vanderstock (SC) 1968: Ron Whitney (SC Striders)
1969.

1969 WINNER --- Ron Whitney (SC Striders) 50.6.

1.	Wes Williams (San Diego State)	50.5
20	Ron Whitney (Striders)	51.1
3.	Dick Bruggemen (Ohio TC)	51.1
40_	Roger Johnson (Striders)	52.3
5.	Hardes McAlhaney (Tennessee)	52.4
6.	Bob McLennan (California)	52.9
7.	Wayne Collett (UCLA)	53.7

1. Wes Williams (San Diego State) 50.5 (new stadium record—old mark 50.6 by Geoff Vanderstock of USC in 1968, and Ron Whitney of Striders in 1969; also new meet record, old mark was Whitney's 50.6 in 1969); 2. Ron Whitney (Striders) 51.1; 3. Dick Bruggeman (Ohio TC) 51.1; 4. Roger Johnson (Striders) 52.3; 5. Hardee McAlhaney (Tennessee) 52.4; 6. Bob Eclennan (California) 52.9; 7. Wayne Collett (UCLA) 53.7.

WORLD AND AMERICAN RECORDS --- 1:44.9, Jim Ryun (Kansas Frosh) Terre Haute, 1966. COLLEGIATE RECORD --- 1:45.9, Byron Dyce (NYU) Knoxville, 1969. STADIUM RECORD --- 1:47.5, Lon Spurrier (SFOC) 1955.

1969 WINNER --- Pat Collins (Oregon State) 1:48.9.

		*
	Place	Time
Tem Von Ruden, Pacific Coast Club	1	18 5 1.1
Byron Dyce, United AA	2	1851.5
Mark Winzemried, Wisconsin	3	1851.8
BrianMcElroy, Kansas	Le	l ₂ 52.0
John Drow, California	5	1:52.0
John Cordes, Wisconsin	6	1852.0
John Lilly, Oregon State	dnf	

SUMMARY: le Tom Von Ruden, Pacific Coast Clubs & 1851.1; 2. Byron Dyce, United AA, 1851.5; 3. Mark Winzerried, Wisconsin, 1851.8; 4. Brian McElroy, Kansas, 1852.0; 5. John Drew, California, 1852.0

440 QUARTER TIME: 58.0

WORLD, AMERICAN AND COLLEGIATE RECORDS --- 71'5 1/2", Randy Matson (Texas A&M)
College Station, 1967.

STADIUM RECORD --- 67'2 1/4"- Randy Matson (Texas A&M) 1966.

1969 WINNER --- Bruce Wilhelm (Athens TC) 64'8".

P ed Bruce Wilhelm, Athens TC Randy Matson, Texas Striders 69-6 68-1 69-8 3/4 71-4 1/4 68-83 68-93 Stave Wilhelm, Kansas Doug Lane, SC Striders Vince Monaria UT El Paso DeBernardi, UT El Paso 57-4 1/4 58-11 1/4 58-9 3/4 57-94 58-25/4 rott 62-14 Foul Foul 61-13/4 Foul, 7 59-8 3/4 Foul Foul Foul 62-10 Foul 58-6 1/4 60-5 Foul Foul 59-7 Foul 61-11 3/4 roul 60-8 3/4 62-6 62-4 3/4 62-9

62-10

62-9

58-11 1/4

8

62-10; 3. Doug Lame, SC Striders, 62-9; 4. Steve Wilhelm, Kansas, 62-1 1/2; 5. Vince Monari, UT El Palso, 60-5. 67-2 1/4 by Matson, Texas A & M, 1966); 2. Bruce Wilhelm, Athens TC, Old neet record 64-8 by Bruce Wilhelm, Athens TC, 1969, Old stadium record

SUMMARY: 1. Rapids Matson, Texas Striders, 71-4 1/4 (new meet and studium records.

TRACK AND FIELD STATISTIC OF THE DAY: outside of the state of Texaso. This is the first 70-100t put in history

21.02

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100 B

62-1 1/2

724 1/1

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Slace



1.	American River (Clay Lowrey 50.6, Stan Evenson 48.4, Jeff Gardner 48.6, Jim Hamilton 47.4)	3:24.9
2.	Fresno CC	3:15.1
	Curt Rademaker 50.3, Lewis Amps 48.3, Mike Murphy 49.2, John Banks 47.4	
3.	Solano	3:15.6
	Jim Ewing Glenn Goss Dave Griffith Mike Dunn	
40	Contra Costa	3:16.2
	Robert Parks 48.9 Dave Wood 50.1 Curt Lowe 49.0 Skip Dawson 48.4	
5.	Hertnell Hertnell	3:17.5
	Kevin Bailey 49.8 Non Stuart 50.2 Don Crawford 48.5 Rex Smith 49.0	
6.	Foothill.	3817.6
	Mike Frates, 50.7 Doug MacGrae, 48.5 Burt Villareal, 49.4 Tom Perez,	49.2
70	College of San Mateo	3:18.1
	Gary John 50.8 Tom Sershen 48.8 Dave Robertson 49.6 Barry Raymond 48.	9

1. American River (Clay Lowrey 50.6, Stan Evenson 48.4, Jeff Gardner 48.6, Jim Hamilton 47.4) 3:14.9; 2.Fresno CC 3:15.1; 3. Solano 3:15.6; 4. Contra Costa 3:16.2; 5. Hartnell 3:17.5; 6. Foothill 3:17.6; 7.College of San Mateo 3:18.



WORLD RECORD ---AMERICAN RECORD ---1969 WINNER ---

7'5 3/4", Valeriy Brumel (USSR) Moscow, 1963. 7'4 1/4", Dick Fosbury (OSU) Wexico State, 1968. COLLEGIATE RECORD --- 7'3 3/4", John Thomas (Boston U.) Stanford, 1960. STADIUM RECORD --- 7'2 1/4", Dick Fosbury (Oregon State) 1968. Otis Burrell (SC Striders) 5'10".

7-19 by	d. Old mark 6-10 by California, 7-1; letich, Oregon and Dragon	meet record. Ldo Brown, Cal 4. John Radeti UT El Paso and	-1 (now , Reyna , 7-0; 7113h,	lub, 7, 69); 2, 6tt En	9-6 9-8 9-8-6 9-7 9-8-6 19-8-6 9-8-6 9-8-6	Pacific C SC Stride tie bets thems TC,	SUMMARTS. 1. Bill Elliett, Pacific Coast Club, 7-1 (new meet record. Old mark (Otis Burrell, SC Striders, 1969); 2. Reynaldo Brown, California, 7-3. John Dobroth, Pacific Coast Club, 7-0; 4. John Radetich, Oregon State, 7-0; 5. tie between Scott English, UT El Faso and Dragon Andjelkovic, Athens TC, 5-8
K ome	100 m				900		Barry Shepard, Arizons
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gai	7-0		© 06	6%	*	## ## ##	John Dobroth, Factitle Coast Club
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نسو		OPASS	**	×	X		Bill Elliott, Pacific Coast Club
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- 3	9				000	8	Romie Jourdan, Florida
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, No	7-1	000	Ĉ.	×	×	×	Reymaldo Brown, California
### Place	್ (೧) (೧)	7-3	7-1	-0	610	0	

3000 - METER STEEPLECHASE

WORLD RECORD ---

8:24.2, Jouko Kuha (Finland) Stockholm, 1968. (Pending,

8:22.2, Vladimir Dudin (USSR) Kiev, 1969.

AMERICAN RECORD ---

8:30.6, George Young, Sacramento, 1968.

COLLEGIATE RECORD --- 8:38.2, Chris McCubbins (Okla. State) Winnipeg, 1967.

STADIUM RECORD ---

8:43.6, Mike Manley (SC Striders) 1969.

1969 WINNER ---

Mike Manley (SC Striders) 8:43.6.

1.	Bob Price (Athletes in Action)	8:47.0
20	Barry Brown (MAC) shuksafax	3.49.0
3.	Bill Norris (US Army)	8 554 e4
40	John Parker (Florida)	8:59.0
5.	Ron Pettigrew (US Army)	9:05.4
6.	Brook Thomas (Stanford)	9 806.2
70	Ed Haver (UC Davis)	9:18.6
8.	Byron Spradlin (UC Davis)	9:30.L

1. Bob Price (Athletes in Action) 8:47.0; 2. Barry Brown (NYAC) 8:49.8; 3. Bill Norris (US Army) 8:54.4; 4. John Parker (Florida) 8:59.0; 5. Ron Pettigrew (US Army) 9:05.4; 6. Brook Thomas (Stanford) 9:06.2; 7. Ed Haver (UC Davis) 9:38.6; 8. Byron Spradlin (UC Davis) 9:30.4.

Barry Brown led at the end of all laps, until Price passed him in the last lap. Brown's times were 65.0

2:13

3:20.5

4:31.5

5:42.5

6:53.4

8:04

Larry Stuart, Striders,

246-1 256-4 257-3

251-6

WORLD RECORD --- 304'1 1/2", Jorma Kinnunen (Finland) Tampere, 1969.

AMERICAN AND COLLEGIATE RECORD --- 292'8", Mark Murro (Arizona State)

Tempe, 1969. (Pending, 300'0", Murro, Tempe, 1970).

STADIUM RECORD --- 282'11", Jorma Kinnunen (Finland) 1969.

1969 WINNER --- Jorma Kinnunen (Finland) 282'11".

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257-38 5. John FitzSimons, Pacific Coast Club, 248-1

Marek Bruce Frank Covelli, Skinner FitaSimons, Pacific Kennedy, California Pacific Coast Club Tempssee Pacific Coast Club Coast Club FOUL 267-7 1-972 OL-1702 258-6 259-5 260-6 Foul 246-5 258-6 20-1 247-6 Foul 238-6 248-1 Foul 228-8 278-6 216-3 242-9 Foul Foul Foul Foul 263-6 205-10 277-4 259-0 Foul 239-1 23-6 2425 Stora Stora 00

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Bost Place

WORLD, AMERICAN AND COLLEGIATE --- 20.0, Tommie Smith (San Jose State)
Sacramento, 1966.
STADIUM RECORD --- 20.6, Ray Norton (SCYV) 1960; Tommie Smith (SJS) 1965.
1969 WINNER --- Oliver Ford (Southern U.) 20.6w.

1.	John Carlos (Seamen's)	20.h (0.5 mph aiding wind)
20	Eddie Hart (California)	30.9
_ ە3	Willie Turner (Oregon State)	21.3
Цo	Ben Vaughan (US Army)	21.2
5.	Lee Evans (Unatt.)	21.5
రం	Al Coffee (LSU)	21.5
70	Mike Goodrich (Indiana)	2107
8.	Ronnie Welch (UCIA)	21.5

^{1.} Hohn Carles (Seaman's) 20.h (new stadium record-old mark 20.6 y hay Norton of SCYV in 1960 and Tommie Smith of SJS in 1965; also new meet mark-old mark 20.6% by Cliver Ford of Southern U. in 1969); 2. Eddie Hart (Salifornia) 20.9; 3. Willie Turner (Oregon State) 21.1; 4. Ben Vaughan (US Army) 21.2; 5. Lee Evens (Unatt.) 21.5; 6. A Coffee (LSU) 21.5; 7. Wike Goodrich (Indiana, 21.7; 8. Honnie Welch (UCLA) 21.9

2:02.0, Dixie Willis (Australia) Perth, Australia, 1962. WORLD RECORD ---AMERICAN RECORD --- 2:04.6, Charlotte Cooke (US) Los Angeles, 1966. Doris Brown (Falcon Track Club), 2:07.4. 1969 WINNER ---

1.	Francie Larrieu (SJ Cindergels)	2:09.1
2.	Cis Schafer (Millbrae Lions)	2:13.0
3.	Nancy Muller (Millbrae Lions)	2:13.4
4.	Eileen Claugus (Will's Spikettes)	2:15.8
5.	Linda McCain (Willbrae Lions)	2:15.9
60	Kim Miller (San Leandro)	2:16.5
7.	Vickie Eberly (Millbrae Lions)	2:18.2

1. Francie Larrieu (SJ Cindergals) 2:09.1; 2. Cis Schafer (Millbrae Lions) 2:13.0; 3. Namcy Muller (Millbrae Lions) 3:13.4; h. Eileen Claugus (Will's Spikettes) 2:15.8; 5. Linda McCain (Millbrae Lions) 2:15.9; 6. Kim Miller (San Leandro) 2:16.5;

7. Vickie Eberly (Millbrae Lions) 2:18.2.

John Pennel, Striders

Pass

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Height

Place

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16-6 17-0 3/4

Bob Seagren, St Striders

Paul Heglar, UT El Paso

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Dick Railsback, SC Striders

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Bruce Simpson, Wild

Dickie Phillips, Rice

WORLD AND AMERICAN RECORDS --- 17'10 1/4", John Pennel (SC Striders) Sacramento, 1969. COLLEGIATE RECORD --- 17'7 3/4", Paul Wilson (SC) Bakersfield, 1967. 17'2 1/2", Bob Seagren (SC) 1968. STADIUM RECORD ---1969 WINNER ---Dick Railaback, (UCLA) 17'3/4".

> SUMMARY: l. Bob Seagren, SC Striders, 17-0 3/4 (ties meet record by Dick Railsbac UCLA, 1969); 2. Sam Caruthers, Seaman's, 16-6; 3. Altti Alarotu, Brigham Young, 16-6 by Dick Railsback,

Altti Alarota, Brigham Young Pass 000 000 100 none

WORLD, AMERICAN AND COLLEGIATE RECORDS --- 3:51.1, Jim Ryun (Kansas)
Bakersfield, 1967.

STADIUM RECORD --- 3:51.3, Jim Ryun (Kansas Frosh) 1966.

1969 WINNER --- Chuck LaBenz (Arizona State) 3:58.4.

	Place	Time
1. Chuck LaBenz (Arizona State)	1	3:56.9
2. John Mason (PCC)	2	3:58.4
3. John Lawson (PCC)	3	3:59.2
40 Dick Onex (New Zealand) (61,6-2:02.5-3:01.3 led)	l ₄	3:59.9
5. Zakonokonokokokokokoko	5	4:02.0
6. Duncan MacDonald (Stanford)	6	4:04.9
7. Cliff West (California)	7	4:06.0
8. Kerry Ellison (UTEP)	8	4:07.8
9. Peter Kaal (Okla, S, ate)	9.	4:12.8
10. Wayne Jensen (Washington)	10	4:23.6

1. Chuck LaBenz (Arizona State) 3:56.9 (new meet record—old mark 3:58.4 by LaBenz in 1969); 2. John Hason)PCC) 3:58.4; 3. John Lawson [PCC) 3:59.2; 4. Dick Quax (New Zealand) 3:59.9; 5. Bill Smart (Oregon) 4:02.0.

Quax led the first three laps with times of 61.5, 2:02.4, and 3:01.0. LaBenz was in thire place at the beginning of the last lap, so his final lap time was something under the leader's 55.9.

55'1 3/4", Art Walker (SC Striders) Los Angeles, 1968. -54'11 3/4, Pertti Pousi (BYU) Modesto 1968. (Pending, 55'9 1/4", Pousi, Kourtane, Finland, 1968.)

54'7 3/4", Art Walker (SC Striders) 1966. Pertti Pousi (BYU) 52'2 1/2.

dim Fraser, California

Larry Vanley, UT El Paso

Adrian Porter, San Jese

TO

L. Mohinder Will, Cal Poly, 52-4 1/2 (new meet record. Old namk 52-5 1/2 by Pertit Possi, Brigham Young, 1969); 2. Allen Meredith, Stanford, 51-4 1/2; 3. Assess Jim Frazer, Cali ornia, 51-4; 4. Lerry Vanley, UT El Paso, 50-10; 5. Rich Dunn, California, 50-3 3/4

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Dave Smith, Facific Coast

MILE RELAY

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WGRLD RECORD -- 3:02.8, Trinkded-Tobago, Kingston, 1966.

AMERICAN AND COLLEGIATE -- 3:03.5, San Jose State, Fresno, 1967. (Pending, 3:03.4, UCLA, Knoxville, 1969.)

3:07.4 SC Striders 1. Jim Ward 46.9, Ron Whitney 47.0, Jay Elbel 46.9, Len VanHofwegan 46.6 3:08.0 2. Tennassee James Craig 48.3, Abe Henderson 47.0, Audrey Hardy 46.7, Hardee McAlhaney 15.9 3:08.2 3. Rice Dermy Dicke 48.8, Steve Straub 45.6, Chip Grandjean 48.3, Bill Askey15.5 3:08.3 4. US Army Dave Adkingg 47.6, Bob Frey 47.0, Elbert Stinson 46. Robert Johnson 47.0 47,2 5. Abilene Christian Bob Woodruff 47.1, Bill Overly 48.1, hark Fry 48.4, Roger Colglazier 46.9

1. Striders (Jim Ward, Kon Whitney, Jae Elbel, Len VanHofwegen) 3:07.4;
2. Tennessee 3:08.0; 3. Rice 3:08.2; 4. US Army 3:08.3; 5. Abilene Christian 3:10.7.

Bacheler SHORTER 65.3 (3) 65.1(2) 210.0(2) 2:09.8(1) 3:14.7 (1) 3:14-8 (2) 4.20.1 (1) 4:20.2(2) 3:26,0(2) 5:25.8 (1) 6 Harrison 13:38 6:35 (2) 6:33.2 (1) T Rearce 13:40. 7:39.5 (1) 7:40.1 (4) 8.46.3 (1) 8:46.7 (2) 8 July 13:436 9:54Q(1) 9:54.1(2) 9 Kardong 13:52. 11:03.4 (2) 11:03.1 (1) 18 Bedraleski 13:54.1 12:11.9 (2) 12:11.9 (3) 13:127 (1) 13:13.6 (2) 12:113 11 Almount 12022 13:13.8

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52.5 1.4407 - 52,2 2:33.3-48.6 3:20.9 - 47-6 1:44.7 名1393 3,40,5 2°, 33, 3 Um River 50.6 139.0 48.4 48.6 2:27.6 3:15.0 47.4 1:38.0 30.6 XW7-6 1:39,0 \$1X5.0 3:37.6

Johnson - 65, 3, 2:00.0, 3:14.5

Al 20.6, 5:26.7, 6:33, 5

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3;15.2 (5)

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11127,0 (9)

12:37.7 (8)

[13:48 (8)

Bruce Adair, U. S. Army, winner of the 5,000-meter walk:

He was a late Friday might entry and won last Saturday's walk competition in the California Relays at Modesto. Adair didn't realize until after he entered the event that it would be run through the campus instead of solely on the track.

"It wasn't a particularly tough race because most of my training is done by walking up hill. I was real pleased by the race, however the fact that it was run on the campus was of no particular advantage to me. All I did was just get out in front early and stay there. That's the best way to do it.

NOTES: Adair moved shead of the field shortly after the walkers left the stadium. He mentioned that he had been bitten by a dog on campus. Adair also noted that while wearing his Army jersey that he did not get any boos or hisses on campus and was surprised. Winning time was 23:05.8.

Dr. George Rhoden, winner of the Senior Men's 100-yard dash in 10.58

(Now h6-years-old, Dr. Rhoden won the 1952 Olympic Games 100-meter dash in Helsinki)

He is pointing to the Over-40-Year-Old Olympics later this summer in Los Angeles. Dr. Rhoden feels that he can break 10 seconds flat and felt that he could have run it today, but:

"I got here late and didn't have enough time to warm up."

Additional notes on Bruce Adair, 5,000-meter walk winner:

Hometown is Des Moines, Iowa. He is a captain in the U. S. Army and will be on active duty until February, 1971. His current duty station is Fort Campbell, Kentucky, but he and several other members of the U. S. Army team are currently training at Fort MacArthur in San Pedro, Calif. He is 25-years-old.

Hal Connolly, Southern California Striders, second place in hammer throw (222-3):

He was not pleased with his performance today. "I'm coming back from an injury (knee injured a couple of weeks ago). Speaking to some of his fellow competitors, Connolly noted, "The word is -- 'Get George'; that's the best I've ever seen as far as form, height and everything." Connolly is now 38-years-old and a track coach and teacher in the Santa Monica high school system.

George Fremm, Pacific Coast Club, now two-time winner of the Kennedy hammer throw:

"I was worried I might not get into the finals. I throw 204-feet on my first
throw, using only two turns. I never do this in practice. I had been due for this
throw or more, all year long. But I've been hampered with injuries, in February, March
and April. (His lower back had been injured) Today though I was fully psyched
up and got a hold of one. I felt no pain in my back. I was highly nervous, but you need
that in this competition. Winning mark was 232-7 for a personal lifetime best,
Kennedy Games and stadium record harvest. George is 28-years-old and currently teaching
junior high school in North Hollywood.



Mamie Rallins, Chicago, Mayor Daley Youth Foundation, second place in women's 100-meter hurdles, time of 13.5, 8 just off her American women's record of 13.4 in 1969:

At the time of the start, she felt most of the girls were nervous.

"I was just trying to get out of there because the start is the weakest part of my race." She felt that her spikes were too long and didn't realize the track was as hard. She feels she would have been able to adjust had there been a trial heat, and then finals. She has run against Chi Cheng, the winner, four times this year, and in the process? either tied or set American records but has yet to defeat Miss Cheng in 1970. Mamie said she likes to run against her, "because when I do, I find out what I do wrong. When you're winning, you don't know what you're doing wrong, but when you're behind you find out." Mamie is 29-years-old and has been running for 15 years. Mamie told Miss Cheng that Miss Cheng reacts better at the start.

CROWD	ESTIMATION:	15,000
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Bruce Adair, winner of the 5,000-meter walk, was disqualified. In the final results, please move the respective placers up one spot each in the standings. Two inspectors ruled that Adair lost contact with the ground; right @ leg not straight.

Miss Chi Cheng, Nationalist China, competing for Los Angeles Track Club, winner of the women's 100-meter hurdles in a personal best of life 13.3 seconds:

"My start was not too good today. Mamie Rallins really surprised me. Usually
I have a powerful start and it gives me momentum for the last part of the race. The
last part (from the 5th hurdle) was my best again today. The fifth hurdle is my speeding
up point."

Comments UCLA's second-place 440-yard relay team (40.0):

Leadoff man Ronnie Welch: "The handoff to Reggie (Robinson) was very poor. He didn't get out fast enough, and he said he felt sluggish. It was not our worst past. But we have done a lot better.

Anchorman Wayne Collett: "I finished in the same place I started behind Glosson (Clyde of UTEP). He moved away a little, then I came back. The pass from Johnson (Johnny) was much better than it was at Modesto.

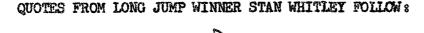
Third leg Johnny Johnson: "I was very tired because of the long jump, but the third pass was especially pleasing after what happened last week at Modesto (Johnson ram up on Collett in the California Relays and therefore Wayne did not get his usual start for the anchor leg and this cost the Bruins a victory.

Bob Beamon, Seaman's Union, world record-holder (29-2½) and 1968 Olympic champion, finished fourth in 24-8 3/4:

legs. I've been playing basketball and have not been working on track very much. I just didn't compete well although I felt all right. I am not going to compete again this year until I get into shape." Beamond added, "I am going to play basketball for Adelphi University in New York where he lives. He had been drafted by the Phoenix Suns and says he may play professional basketball.

Marion Anderson, San Jose State, long jump winner at 25-0 %

"I had a kidney infection two days, and I didn't know then that I would be able to compete here. But my doctor gave me some pills, and I felt fine. Its a great day for me. Its the first time I have beaten Bob Beamon and Henry Hines, and I learned a lot today. Beamon and Ralph Boston (former Olympian) helped me a lot on the board.



Stan Whitley, \mathbf{x} the defending champion, who finished seventh at $2k-2\frac{1}{2}$: "I was very wunhappy. I missed by board by at least a foot on all three jumps. I thought I was going to be in the finals. No one cared if I went into the finals even if I didn't make it. But the officials wouldn't let me. I took the last jump with the idea it would be legal." His last jump after the competition was 25-3. But since he didn't make the finals, the officials ruled that it was unofficial. Only five finalists were allowed in the long jump, and Whitley was seventh. Hal Oswalt of Oklahoma State, who finished sixth, and didn't want to take his final jumps so Whitley thought he could get into the finals. But there were only five places in finals.

Jack Bacheler, Florida Track Club, winner of the three-mile run in the stadium record time of 13:13.0:

"Before the race, it looked like Rex Maddaford was the guy to beat. He hasn't lost a race outdoors in the U. S. this year. But with 70 yards to go. I couldn't tell if he was using his kick or not. It turned out he was. I waited until the 220, then gave it all I had.

Frank Shorter, Florida Track Club, runnerup in the three-mile run in 13:13.8: "We tried to use each other in the race. You can draw people along and try to kill them off. Maddaford offered to push the pace, but you just say to yourself when is he going to quit! . I took the lead with two laps to go because it was not fair to let Bacheler lead all the way. We should have run the last lap faster.

NOTES: Both Bacheler and Shorter have current plans to double in the National AAU meet later this summer in both the three- and six-mile runs.

Comments from UTEP's winning ULO-yard relay team (39.8):

Anchorman Clyde Glosson: "It was a good race. (Jokingly Glosson continued:) It was an easy race. I didn't even have to run.) This is the second time we've met UCLA this season. We beat them last week at Modesto when we ran 39.4."

Leadoff man Harrington Jackson: "We started the season kind of slow. But we're working our way up to the top. We are getting it a together. I'm really looking forward to a world record this year.

Jay Sylvester, now two-time winner in the discus with a winning mark of 205-1:

"Its only my third meet of the year. First I had the Mt. San Antonio Invitational, then a month off before the California Relays. I need a lot of competition to stay sharp. I was not sharp today. I started very slowly today and managed to come on better later in the meet. I'm very much aware of my difficulties and what's keeping me from doing better. I'm very strong, as strong as I've ever been, including 1968 (when he set world record 22h-5) What I need is a lot of work. From now on there should be meets every week." From the Kennedy Games, Jay, 32, goes to next Saturday night's Compton/Coliseum Helays. He began competing when he was a freshman in high school.

Wes Williams, winner of the hhO-yard intermediate hurdles, in a meet record 50.5:

"It was good to run on an inside lane; the last two weeks I've been in either lane eight or nine. Its been a mental thing for me on the cutside. I felt great coming off the fifth hurdle, and I knew where everybody was."

California's Eddie Hart, third place in the 100-yard dash in 9.53

"I leaned too soon. I saw a white line eight yards from the finish, and it threw me off

San Jose State's Kirk Clayton, second in 9.5 of 100-yard dash trials heat one, said he scratched from the finals due to the aggrevation in today's trials of a hemstring muscle he pulled in last Saturday's California Relays. It is not believed serious.



Randy Matson, shot put winner with a toss of 71-44, the second-longest throw in world history behind his 71-52 world, collegiate and American effort in 1967:

Randy is 25-years-old, he currently weighs 265, the same weight at which he set the world record. He is a stock broker in Texas.

"The 70-foot barrier is not really that psychological. But when you travel, its hard to get adjusted to the facilities and time changes. The weather here was better than in Modesto. I like it warm instead of hot. Also, there were only six shot putters here and a small field of competitors is better because you don't have to wait so long between throws. I've been working more regularly this year. Last year the stock market went up, and I didn't have as much time. The main thing though in the shot put is just catching a good one. I have not changed my technique, but I've come on strongly in the last month." Randy will enter next Saturday night's Compton/Coliseum Relays.

Bill Elliott, Pacific Coast Club, high jump winner at 7-1 on basis of fewer misses for a Kennedy Games record, and a third consecutive triumph by fewer misses against Reynaldo Brown in three weeks now:

"The pit was too hard, low and small for me. I took one jump at 7-3 and hurt myself.

Its not bad, but I landed wrong. It was too close to my nack. I felt ready for a good

jump, but I didn't want to take a chance. I had won already so it wasn't important.

Raynaldo Brown, California TC, high jump runnerup at 7-1 due to more misses:
"I got the flu the day after I left Modesto. And I just didn't feel well. I was
surprised I went 7-1. I didn't expect to do that good."

Tom Von Ruden, Pacific Coast Club, winner of 880-yard 🚳 run, in 1:51.1:

me. I thought they would run a half mile pace but instead they ran a mile pace. We were running a 58.5 first lap and you only do that pace when you're running a mile. I think strength paid off in this race and not speed. I'm now just getting into my season. It is just started last week at Modesto. Prior to that I had done a lot of running in the midwest where the weather was terrible and the conditions poor. Now the pressure is really on me because if I want to qualify for the 380 in the National AAU this year. I will run in the Compton/Coliseum Relays next week and in three weeks in Orange County."