

NOTES TAKEN AT CENTRAL COAST SECTION TRACK MEETING
1/10/70 Lynbrook HS
by Plato Yanicks

The following track items were discussed by the track committee of the Central Coast Section. These items have not been passed as yet.

1. The matter of changing our existing order of events was discussed and tabled for further study. League track chairmen are to get the feeling of coaches in their respective leagues as to their wishes. The coaches of the SCVAL want to change the order of events in the Region and section meets to coincide with the order of events in the state meet. If we agree to this proposal, it will ultimately result in a change all the way down to the dual meet level.

2. The number of regions in our section is now four in number. We formerly had 16 qualifiers to the section meet from 3 regions. The number of qualifiers from each region to the section meet has been changed as follows:

Section I.....	4 qualifiers	(school population 36,000)
Section II.....	5 qualifiers	(school population 41,000)
Section III...	4 qualifiers	(school population 38,000)
Section IV ...	3 qualifiers	(school population 26,000)

The former number of qualifiers from each region to the section was:

Region I 5
Region II 7
Region III 4

3. The track committee recommended that the Triple jump become a permanent state meet event and that it count in the scoring .

4. Since regions I & II have changed their composition of leagues, the question of region meet records was brought up. It was decided that all varsity records would remain, but that all class "B" records would be thrown out, and that the new frosh-soph records would begin with the region meets this May.

4. A clarification of the number of events a track athlete can compete in during a track meet was asked for. After much heated discussion, the following interpretation was arrived at:

A boy may compete in:

2 running, 1 field, 1 relay
1 running, 2 field, 1 relay
1 running, 1 field, 2 relay
2 field, 2 relays

5. The penalty for the violation of the above rule is: Disqualification of the boy for the meet and all points made by that boy in the meet.

6. The number of events a boy can enter in a championship meet in trials and finals are governed by the above rules. Trials and finals count the same whether they are made on two separate days or on one day's competition.

7. The SCVAL will be in charge of the CCS meet. Site will be chosen soon. Stanford, Foothill, San Jose State, will be considered in that order of preference. The meet will be held on the 30th.

8. It was suggested that the Intermediate hurdles (330 yards) be run as exhibition events in the region and section meets this year. (will not count in scoring)

CENTRAL COAST SECTION-CIF

Track By-laws

Revised Jan. 15, 1970

1. Section Meets

The Section is divided into four Regions with each Region holding a qualifying meet one week prior to the Section Meet.

Region	Leagues	Host League	Section Meet Rotation
II	SPAL-SCVAL	SCVAL	1970
III	MHAL-STAL-WVAL	WVAL	1971
IV	CAA-MTAL-MBL	MBL	1972
I	WCAL-NPL-M-PL	WCAL	1973

2. Region Committee

Composed of one coach from each league and the league commissioners, this committee will recommend to the Section Committee a Meet Director and the best possible place for holding the Section Meet in a given Region, prior to the January meeting of Board of Managers.

3. Frosh-Soph Division

Events will be the same as varsity except the high hurdles will be 70 yards, and the shot will be as adopted for lightweights.

4. Unattached Participation

The school name or emblem shall not appear on any item of equipment or clothing used or worn by any athlete participating unattached.

5. Order of Events

Field events shall be in the following order:

Varsity-Shot, long jump, high jump, Frosh-Soph-triple jump, discus, pole vault; then reverse the order. Running events-440 Relay, HH, 880, 100, 440, 2 mile, LH, mile, mile, mile relay.

6. Qualification of Athletes

All-male schools will be counted on a basis of double their male enrolment.

Region	No. Qualifiers	School Enrolments
I	4	36321
II	5	41766
III	4	40586
IV	3	23748

7. Budget

A maximum allowance of \$330.00 will be made for both Region and Section meets. Meet Directors will submit a proposed budget to the Commissioner prior to the meet. Only supply items will be purchased by the Section. Equipment items WILL NOT BE ALLOWED, but must be furnished by the Host league and Host school.

8. Records

Varsity records in Regions I and II will be retained as currently in effect until duly broken. 1970 marks in Frosh-Soph will become records for that division.

CENTRAL COAST SECTION-CIF

AWARDS CHART

SPORT	REGION COMPETITION	SECTION COMPETITION
BASKETBALL	Plaques-1st and 2nd place teams	Trophies-Four team finalists Medals -15 to winning team
SOCCER	Plaques- 1st and 2nd place teams	Trophies-Four team finalists Medals -16 to winning team
BASEBALL	Plaques-1st and 2nd place teams	Trophies--Four team finalists Medals -16 to winning team
TRACK	Plaques-1st and 2nd place teams (Varsity only) Ribbons-1st to 5th places (Varsity and Fr-Soph)	Trophies-1st to 4th place teams (Varsity only) Medals -1st to 5th places (Varsity and Fr. Soph)
SWIMMING	Plaques-1st and 2nd place teams (Varsity only) Ribbons-1st to 6th places (Varsity and Fr. Soph)	Trophies-1st to 4th place teams (Varsity only) Medals -1st to 6th places (Varsity and Fr. Soph)
CROSS COUNTRY	Plaques-1st and 2nd place teams (Varsity only) Ribbons-1st to 15th places (Varsity and Fr. Soph)	Trophies-1st to 4th place teams (Varsity only) Medals -1st to 15th places (Varsity and Fr. Soph)
WRESTLING	Plaques-1st and 2nd place teams Ribbons-1st to 5th places in each weight class	Trophies-1st to 4th place teams Medals -1st to 5th places in each weight class
TENNIS	(No Competition)	Trophies-To the Schools of the 1st and 2nd place winners Medals -1st and 2nd place Singles 1st and 2nd place doubles