

CLEVELAND ROAD RUNNERS NEWSLETTER

No. 1 First Issue May, 1971

President Bill Bredenbeck
 Vice President. Jim Comyns
 Secretary Joe Muscarella
 Treasury Jeff Vaughn

Meet Augie Jarvis - age 39 - father of a daughter 15 and a son 16. Started to run to ^{Lois}weight - gradually increasing his distance from a quarter mile to marathon distance. Attended Paineville Harvey High School - employed by a structural steel company. Lives in Grand River near Mentor, Ohio. Runs twice daily - six in the morning and ten miles in the evenings-usually at a seven minute mile pace. Longer runs on week-ends consisting of 20 miles or more. Winner of numerous shorter distance races with times of 45:00 for 8 miles - 55:00 for 10 miles. Delore, his wonderful wife, enjoys his running but also assists in regulating his running schedule. Now - isn't that the perfect companion every runner would appreciate having. Ambition - never to stop running.

SUMMER SCHEDULE 1971

Sat.	May 15	10:00 A.M.	Warren, Ohio	10 miles	Warren Y.M.C.A.
Sat.	May 22	7:00 P.M.	Akron U	1 Hr. Run LEAAU Champ.	Akron R.R.C.
Sun.	May 30	10:00 A.M.	Bedford Y.M.C.A.	7½ miles	John Trojan
Sat.	June 5	10:00 A.M.	Mansfield, Ohio	Mini-Marathon	Mansfield Y.M.C.A.
Sat.	June 12	11:00 A.M.	West Park Y.M.C.A	6½ miles	West Park Y.M.C.A.
Sun.	June 13	10:00 A.M.	Independence H.S.	20 Kilo. Champ. LEAAU Champ.	Cleveland R.R.C.
Sun.	June 20		Lorain, Ohio		Jack Wilhelm
Wed.	June 23	7:00 P.M.	Firestone H.S.	Track Meet	Arkon R.R.C.
Sat.	June 26	11:00 A.M.	West Lake H.S.	1 hour Run	West Park Y.M.C.A.
Sun.	June 27	2:00 P.M.	Hampton Hills	6 Mile Hdcp.	Akron R.R.C.
Sun.	June 27	2:00 P.M.	Canton	10 miles-5miles	Canton Y.M.C.A.
Wed.	June 30	7:00 P.M.	Firestone H.S.	Track Meet	Akron R.R.C.
Sun.	July 4		Lorain, Ohio		Jack Wilhelm
Wed.	July 7	7:00 P.M.	Firestone H.S.	Track Meet	Akron R.R.C.
Sun.	July 11	11:00 A.M.	Hampton Hills	4 & 13 Miles Champ.	Akron R.R.C.
Wed.	July 14	7:00 P.M.	Firestone H.S.	Track Meet	Akron R.R.C.
Sat.	July 17	11:00 A.M.	Fairview H.S.	2 & 4 Mile Hdcp	West Park Y.M.C.A.
Sun.	July 18		Lorain, Ohio		Jack Wilhelm
Sun.	July 25	6:00 P.M.	Hampton Hills	8 miles	Akron R.R.C.
Thu.	July 29	7:00 P.M.	Goodyear Park	4 miles X-C	Akron R.R.C.
Sun.	Aug. 1		Heise Park	6 miles	Galion Y.M.C.A.
Thur.	Aug. 12	7:00 P.M.	Goodyear Park	4 miles X-C	Akron R.R.C.
Sun.	Aug. 15		Lorain, Ohio		Jack Wilhelm
Sun.	Aug. 22	9:30 A.M.	Bedford Y.M.C.A.	7½ & 15 miles	John Trojan
Sat.	Aug. 28	11:00 A.M.	West Park Y.M.C.A.	10 miles Champ.	West Park Y.M.C.A.

BOSTON MARATHON 1971

887 starters - thirteen Clevelanders competed.

<u>Position</u>	<u>Name</u>	<u>Time</u>	<u>Age</u>
66	Jarvis, August	2:39:21	39
102	Klipan, Gregory	2:45:09	20
104	Bredenbeck, Bill	2:45:39	32
137	Comyns, Jim	2:50:12	39
146	Pusztay, Steve	2:50:58	20
263	Zak, Vlastimil	3:01:55	39
287	Cobb, Roy	3:04:04	25
322	Vaughn, Geoffrey	3:07:09	30
325	Gaffney, Thaddeus	3:07:29	37
327	Hamrock, Bernie	3:07:39	31
451	Trojan, John	3:18:29	50
525	Steinbergh, Alex	3:25:05	30
?	Jenovic, Stan	4:45:00	35

Weather - "Too hot and windy," McMahon said as he placed second after leading almost the entire distance. It was around 65 degrees with a 15 mile per hour head wind. Most runners I talked to said it wasn't the best weather for marathon running. You couldn't get the Cleveland group to agree to that - most of them set their best times that day. This was my 6th Boston run and I can't remember getting so thirsty at the first check point - 7½ miles - but I refused to take any liquids before finishing - - - - - mistake ??????????????

Augie Jarvis ran a beautiful race - - his time of 2:39:21 was better than Hal Higdon and former marathon winner John Kelly who had a 2:44:10. Mixed in the first pack of speedsters was Phil Ford of Mansfield who ran a 2:44:29. Couldn't find Jack Bargerhaisers finishing time - saw him getting all greased up in the Hopkinton gym and then never saw him again.

What happened to our marathoners from Akron, Canton, and Warren? None of them were seen at Boston this year. Joe Dragovich from Dover ran but he has got to give me a better explanation of how he ran 15 miles in 95 minutes to qualify for Boston. He said something about running all down hill for 15 miles to qualify. The only 15 mile course that is all down hill is out in Colorado - Pikes Peak. Joe has just got to publish his training schedule - I want to become as good a runner as he.

Anyone interested in purchasing a running outfit - write John O'Neil. At the Lenox in Boston he had the most colorful display of suits imaginable. I couldn't leave until I bought one - now, I at least look like a runner. A suggested gift to a runner from the family. O'Neil needs the business - he's unemployed.

Strangest site at Boston was the camper trailer parked outside the Lenox - Police were all set to ticket the camper when out stepped this long bearded strange individual - one look at him and the policeman thought why look for trouble. So he left without ticketing the bus. The inhabitant was none other than Jim Comyns - and his three passengers who kept running into the Lenox for free toilet privileges all throughout the night were O'Neil, Jarvis and Bredenbeck. A good way to cut expenses.

First marathon and first race ever - Thaddeus Gaffney - sounds Scottish - had a 3:07:09. Congratulations.

I ran into a group of runners who seemed friendly and I couldn't figure out where I had seen them - one had a Tulsa shirt on so I quickly remembered that we all met out in Tulsa in March. The first Tulsa Marathon had 48 starters and only 24

finishers after the weather turned to 80 degrees. I practically walked the last two miles and still had a 3:33:00 and 14th position at the finish. Why did I pick to run in the Tulsa Marathon - my wife's home town. The Tulsa winner (South African) came in third in the Boston run.

Did you know - - - - -

Marathons are booming in this country.

1968 - 38 marathons listed
1969 - 44 marathons listed
1970 - 50 listed and 75 actually run
1971 - 89 listed and probably over 100 will be run.

The 1971 Marathon Handbook lists them all and gives the particulars. Also - Runners World publication should be a must for any runner. Write to

Runners World
P.O. Box 366
Mountain View, California
94040

Best U.S. marathoner - Eamon O'Reilly	2:11:12	Boston, Mass.	1970
Best World marathoner - Ron Hill	2:09:28	Scotland	1970

By all odds the greatest marathoner for his age in the world. New Zealander Jack Foster. Ran 2:12, 2:14, and 2:16 marathons during 1970 at age 38.

Only 40% of 1969's sub-2:40 runners returned to that category a year later. And only half that number improved their marks of the previous year. In other words, less than one-fourth of the best runners in the country could hold their own, timewise, from one year to the next.

Virgil Yehnert (Akron) is listed in the marathon news as being one of the two exclusive runners in the U. S. who is over 40 years of age that has broken the 2:30 marathon. John O'Neil has the rare distinction of having a 3-hour less marathon at his age - 51. He ran a 2:57 in Boston in 1970. He's tops in his age division in marathon running.

Congratulations to Neil Jochen of the Willoughby YMCA - his first race in this area was first class in organization. He just recently moved here from Michigan. The only mistake he made in organization of the race was his poor selection of the bus driver who drove the 10 milers to their starting point. He almost ran us over the hill and into Rt. 20 before leaving the parking lot. That would have finished us all. You should have seen the expression on the runners when he stopped for a traffic light and began practicing his gear movements -- almost backed us into a car behind. **WHEW!**

Comments on the bus -- Yehnert asks where the half-way point is. Kimball answers--at the middle of the race. Yehnert again asks will they give times anywhere along the way. Kimball again -- yes, when you finish. And you wonder why Kimball was fired from his job.

Canton --notice-- correction in your 1971 schedule of activities -- you have the Sunday, August 28th-Bedford Run- It should read --Sunday, August 22. Remember runners who read the Canton Schedule--It's on the 22 not the 28.

John Trojan

Sunday, Jan. 31 - 5 miler - N. Chagrin Res.
 Roads - snow covered.
 Officials - Jarvis and Muscarella

Pos.	Name	Time
1	Jeff Kramer	28:53
2	Bill Welsh	29:23
3	Dave Wyatt	29:42
4	Pete Haditsch	30:54
5	Tom Frost	31:07
6	Jim Comyns	32:47
7	Eric Weil	35:02
8	Joe Foder	36:13
9	John O'Neil	36:26
10	Alex Steinberg	37:18

Indianapolis, Indiana 13-miler Feb-20

5	Brian Sobstan	1:12:41
12	Bill Bredenbeck	1:18:32
25	Stan Narby	1:26:17
40	John Trojan	1:35:48

Tulsa, Oklahoma - Marathon - March 13

14	John Trojan	3:33:00
----	-------------	---------

Sunday, February 7 Shawnee Park-Bedford
 25 degrees - wet with snow 8-miler
 Official - John Trojan

Pos.	Name	Time
1	Dave Wyatt	44:48
2	Steve Sanders	45:03
3	Pete Haditsch	46:17
4	Tom Frost	47:15
5	John Brickles	51:30
6	Dan Thompson	53:24
7	John Trojan	53:42
8	Bob Klasek	54:23
9	John Blakey	55:12
10	Joe Foder	55:44
11	Alex Steinberg	56:02
12	Doc Sanders	58:13
13	Craig Foy	58:17
14	Brent Groves	60:32
15	Dick Malloy	68:39
	(4miler)	
1	Bob Stonecipher	23:02
2	Randy Godrey	29:22

Runners - whenever you compete in any race and you would like to have the results read by our readers - mail in all particulars and I will be more than glad to include whatever information you mail me in our next newsletter. We haven't set any date for our next publication - but we would like to get another information sheet out in June. So any information you would want released mail it in immediately and it doesn't necessarily have to be race results - any news about running or runners in general will be acceptable.

We will mail over 200 copies to runners in Cleveland, Canton, Mansfield, Warren, Niles, etc. My first expense is \$15.00 for stamps. I'm asking for all who receive this letter to mail me \$1.00 to cover the cost of stamps, or mail me a dollars worth of stamps.

Remember the Bedford Runs. Sunday, May 30 - 10:00 A.M. 7½ miles

(this will be your only notice)
 for these runs.

Sunday, Aug. 22 - 9:00 A.M. 7½ & 15 miles

Last years race at Bedford had 131 starters and we awarded 69 trophies. I'm working hard trying to get sponsors to have another fine run.

Any suggestions pro or con will be greatly appreciated in an attempt to improve this information that will be for you to read. So write in any suggestions.