

THE CENTENNIAL RELAYS, VANCOUVER '71

23rd. Annual Vancouver Relays

OPEN DIVISION

Brockton Oval, Stanley Park, Vancouver, B.C.

Saturday, May 1st. 1971.

BULLETIN NO.1

TO: Universities, Colleges, Track and Field Clubs,
Editors of B.C., Washington, Oregon, etc.

The Vancouver Olympic Club will be hosting the Twenty-third Annual Vancouver Relays (Open Division) at Stanley Park, Vancouver, B.C., commencing at 10 a.m. on Saturday, May 1st. 1971.

The 31 Events (8 Relays and 23 Individual Events) will be divided into TWO Divisions:-

OPEN MEN'S - Any registered amateur athlete who meets the MINIMUM standard.

OPEN WOMEN'S - Any registered amateur athlete who meets the MINIMUM standard.

ENTRY FEES - \$1.00 per athlete.

IMPORTANT - PLEASE READ CAREFULLY

A. AMATEUR CARDS FOR ENTRANTS

1. All contestants must be registered and in entering or being entered, subject themselves to the rules of the organization.
2. U.S.ATHLETES - Application to be made to the nearest Association for Amateur Cards and International Permits.
3. CANADIAN ATHLETES - Entries will NOT be accepted unless current Amateur Number is listed on entry form.
4. Athletes who enter, or who are entered, and fail to appear may be brought before their Card Issuing Authority to explain their reasons for non-appearance.

B. ENTRIES

1. The right to reject any Entry is reserved.
2. All Entries must be made on the OFFICIAL ENTRY FORM (or photocopy).
3. Entries will NOT be accepted unless the athlete has equalled or bettered the standard for the Event WITHIN THE PRECEDING 12 MONTHS.
4. All entries must be accompanied by the ENTRY FEES.
5. ENTRIES MUST BE POST-MARKED NOT LATER THAN APRIL 20th.
6. POSITIVELY NO TELEPHONE, LATE OR POST ENTRIES WILL BE ACCEPTED.

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LIST OF EVENTS AND STANDARDS

<u>MEN</u>	<u>EVENT</u>	<u>STANDARD</u>
	100 Metres	10.3 Yards 11.2 Metres
	1 Mile	4.14.0
	5000 Metres	15:00.0 - 5000 Metres 14:30.0 - 3 Miles
	3000 Metre Steeplechase	10:00.0
	110 Metre Hurdles	16.5
	400 Metre Hurdles	58.0
	4 x 100 Metre Relay	-
	4 x 400 Metre Relay	-
	Sprint Medley Relay	-
	Distance Medley Relay	-
	Pole Vault	Starting Height - 13'
	High Jump	Starting Height - 6'0"
	Long Jump	21'9" JUMPS
	Triple Jump	44'0" AND THROWS
	Javelin	175'0" BELOW
	Discus	135'0" STANDARD
	Hammer	125' WILL NOT
	Shot Put	44'0" BE MEASURED.
<u>WOMEN</u>	100 Metres	11.6 Yards 12.6 Metres
	800 Metres	2.24.0
	100 Metre Hurdles	16.5
	200 Metre Hurdles	31.5
	4 x 100 Metre Relay	-
	4 x 200 Metre Relay	-
	4 x 400 Metre Relay	-
	4 x 880 Yard Relay	-
	High Jump	Starting Height - 4'10"
	Long Jump	17.0 JUMPS AND
	Javelin	110'0" THROWS BELOW
	Shot Put	36'0" STANDARD
	Discus	110'0" WILL NOT BE MEASURED.

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TENTATIVE SCHEDULE OF EVENTS

(Subject to amendment, depending upon entries received.)

TRACK EVENTS

Event No.

16h	10.00	a.m.	MEN	110 Metre Hurdles	Heats	
17h	10.10		WOMEN	100 Metre Hurdles	Heats	
3	10.25		WOMEN	4 x 400 Metre Relay	FINAL	(TIMED)
22h	10.35		MEN	100 Metres	Heats	
24h	10.55		WOMEN	100 Metres	Heats	
5	11.10		MEN	400 Metre Hurdles	FINAL	(TIMED)
8	11.30		MEN	3000 Metre Steeplechase	FINAL	
28h	11.45		WOMEN	4 x 100 Metre Relay	Heats	
25h	12.00	noon	MEN	4 x 100 Metre Relay	Heats	
10	12.15	p.m.	WOMEN	800 Metres	FINAL	(TIMED)
24s	12.30		WOMEN	100 Metres	Semi-Final	
22s	12.40		MEN	100 Metres	Semi-Final	
12	1.00		WOMEN	200 Metre Hurdles	FINAL	(TIMED)
16	2.00		MEN	110 Metre Hurdles	FINAL	
17	2.15		WOMEN	100 Metre Hurdles	FINAL	
18	2.25		MEN	1 Mile	FINAL	
21	2.35		MEN	4 x 400 Metre Relay	FINAL	(TIMED)
22	2.55		MEN	100 Metre	FINAL	
23	3.05		WOMEN	4 x 880 Yard Relay	FINAL	
24	3.20		WOMEN	100 Metre	FINAL	
25	3.30		MEN	4 x 100 Metre Relay	FINAL	
26	3.40		MEN	Distance Medley Relay	FINAL	
28	4.05		WOMEN	4 x 100 Metre Relay	FINAL	
29	4.15		MEN	5000 Metres	FINAL	
30	4.35		MEN	Sprint Medley Relay	FINAL	(TIMED)
31	4.55		WOMEN	4 x 200 Metre Relay	FINAL	(TIMED)

FIELD EVENTS

1	10.00	a.m.	MEN	Javelin		
2	10.00		MEN	Long Jump		
4	10.30		MEN	High Jump		
6	11.30		WOMEN	Discus		
7	11.30		MEN	Shot Put	(Outside Arena)	
9	12.00	noon	WOMEN	Long Jump		
14	12.30		MEN	Discus		
11	1.00	p.m.	MEN	Pole Vault		
13	2.00		MEN	Triple Jump		
15	2.00		WOMEN	Shot Put	(Outside Arena)	
19	2.30		WOMEN	Javelin		
20	2.30		WOMEN	High Jump		
27	4.00		MEN	Hammer		

For further information please contact: Frederick N.A. Rowell,
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Track & Field News
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Vancouver, B.C.*

VANCOUVER RELAYS ALL TIME RECORDS

MEN

100 Yards	9.5	Harry Jerome, VOS 1965 & 1966 Jack Higgins, Puget Sound 1961
1 Mile	4.05.6	Terry Thompson, Oregon State 1967
5000 Metre	14.19.2	Norm Trerise, V.O.C. 1970
120 Yard Hurdles	14.4	Bob Blum, Portland 1969
440 Yard Hurdles	52.2	E. Southern, Oxnard A.F. Base 1961
3000 Metre Steeplechase	9.03.6	Bill Norris, Oregon T.C. 1968
4 x 100 Metre Relay	41.8	Central Wash. S.C. 1970
4 x 440 Yard Relay	3.17.5	Simon Fraser Univ. 1969
Sprint Medley Relay	3.26.0	Vancouver Olympic Club 1960
Distance Medley Relay	10.01.6	Vancouver Olympic Club 1969
Pole Vault	15'9"	Curt Hisaw, E.Wash.S.C. 1969
High Jump	6'8 $\frac{1}{4}$ "	Wilf Wedman, Simon Fr.U. 1968
Long Jump	24'5"	Dave Walker, C.Wash.S.C. 1970
Triple Jump	51'0 $\frac{1}{2}$ "	Steve Gough, Seattle P.C. 1970
Shot Put	59'6"	Parry O'Brien, Los Angeles 1957
Javelin	250'8"	John Fromm, Seattle O.C. 1961
Discus	183'7 $\frac{1}{2}$ "	Tim Vollmer, Unattached 1970
Hammer	194'9 $\frac{1}{2}$ "	Steve De Autremont, O.S.U. 1970

WOMEN

100 Yards	10.7	Valerie Parker, VOS 1968
880 Yards	2.07.8	Doris Brown, Falcons T.C. 1967
100 Metre Hurdles	14.1	Patty Johnson, Angels T.C. 1970
200 Metre Hurdles	27.9	Patty Johnson, Angels T.C. 1970
4 x 100 Metre Relay	47.6	Vancouver Olympic Club 1970
4 x 220 Yard Relay	1:40.7	Angels Track Club 1968
4 x 400 Metre Relay	3:51.1	Angels Track Club 1970
3 x 880 Yard Relay	6:53.3	Falcons Track Club 1969
High Jump	5'9 $\frac{3}{4}$ "	Debbie Brill, V.O.C. 1970
Long Jump	18'9 $\frac{1}{4}$ "	Brenda Eisler, VOS 1969
Shot Put	48'1 $\frac{1}{2}$ "	Lynette Mathews, Falcons T.C. 1970
Javelin	169'0 $\frac{1}{2}$ "	Jay Dahlgren, V.O.C. 1968
Discus	150'7 $\frac{1}{2}$ "	Carol Martin, V.O.C. 1970

PLEASE NOTE:

Most individual Track Events and what was previously 4 x 110 Yard and 4 x 440 Yard Relays are changed to METRIC distances. The previous Women's 3 x 880 Yard Relay is changed to 4 x 880 Yards. Women's Discus has been added to the list of Events.

IF YOU WISH TO RECEIVE ENTRY FORMS - RETURN ENCLOSED CARD

TROPHIES

Many magnificent perpetual trophies have been donated for the aggregate awards, most Relay events and some Individual events. The event will carry the name of the Donor and a list of the Trophies is as follows:

TEAM TROPHIES

MEN - The Hon. E. W. Hamber Trophy.
WOMEN - The Vancouver Supply Company Trophy.

MEN'S

Woodward's Stores	4 x 100 Metre Relay
Henry Birks & Sons (B.C.) Ltd.	4 x 400 Metre Relay
T. Eaton Co.	Sprint Medley Relay
Army & Navy Stores	Distance Medley Relay
Bernie Ingley Memorial Trophy	400 Metre Hurdles
Equitable Life Ins.Co.of Can.	3,000 Metre Steeplechase
Murray Cameron Trophy	High Jump

WOMEN'S

Hudson's Bay Company	4 x 100 Metre Relay
Lady Alexander Floating Restaurant	4 x 200 Metre Relay
J.Fletcher Winter Memorial Trophy	4 x 400 Metre Relay

Omega Watch Challenge Trophy Grand Aggregate

The TEAM Trophies will be awarded to TEAM scoring the highest number of points. 10,8,6,4,2, and 1 point will be given for 1st, 2nd, 3rd, 4th, 5th and 6th places.

MEDALS

Vancouver Relays Medals will be awarded to those finishing 1st, 2nd and 3rd.