

SPAL Track Power Shows in Region II

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LOS ALTOS HILLS — The SPAL completely dominated the Region II Central Coast Section track and field meet at Foothill College last night which indicates more than just a dominance over the perennially powerful Santa Clara Valley Athletic League.

The South San Mateo County league finished first or second in 15 of 16 events and took three of the four top unofficial team spots in the qualifying meet for next weekend's CCS finals.

For years the SCVAL has reigned supreme in the CCS finals and has gone on to put on an impressive display in the State Meet, as did the SCVAL's Los Altos — the 1970 State Meet champion.

Sequoia's 440 relay team, Gunn's Dale Krebs, Dave Bagshaw and Tom Paul, Menlo-Atherton's Jeff Jennings and Sequoia's Cezar Oravillo moved a step closer to the big meet with impressive victories.

But despite the SPAL's overall power, the SCVAL gained the top individual honors.

Sunnyvale's Benny Brown, displaying the finesse of Tommie Smith and the drive of Lee Evans, won the 440 (48.6) and set the only meet record with a 21.9 clocking in the 220 to lead the track performers.

The southern league copped the top field award with Los Altos' Scott Overton doing the honors. Overton heaved the discus 176-8 and finished second in the shot put to win top field man.

Gunn, despite its fourth place finish a week ago in the SPAL championships, got winning efforts from Bagshaw (14.4, 120 HH), Paul (10.1, 100) and Krebs (46-9 $\frac{3}{4}$, TJ) to capture the team title ahead of Sequoia.

Sequoia's Cezar Oravillo finished second behind Bagshaw in the highs (14.6), but came back in his specialty to win the low hurdles with a 19.7 mark.

Carlmont distance aces, senior Hans Templeman and sophomore Steve Miller, came through with electrifying performances. Templeman won the two-mile easily in 9:24.5 while Miller was nosed out at the tape while finishing second in the mile (4:24.1).

Menlo-Atherton's Jennings came through with perhaps the biggest surprise of the night when he won the pole vault. His leap of 13-0 was the same as Ron Alberts of Lynbrook and Paul Dempster of Carlmont, but claimed the top spot on fewer misses.

The SPAL didn't have as

much luck in the frosh-soph division as the SCVAL claimed top individual and team honors.

Monte Vista's (Cupertino) Greg True won the high jump with a leap of 6-4, which equalled the winning varsity mark, while Buchser's Larry Hintz cleared 13-3 $\frac{1}{2}$ for a meet record in the pole vault. Hintz' jump was three and a half inches better than the varsity mark.

Varsity

440 relay — Sequoia (Keckley, Macko, Murphy, Oravillo) 43.2, Awalt 43.3, Sunnyvale 43.3, Cupertino 43.5, Gunn no time.

120 HH — Bagshaw (Gunn) 14.4, Oravillo (Seq) 14.6, Rzesky (Home) 14.9, Jones (W) 14.2, Foster (LA) 15.0.

800 — Verette (Awalt) 1:57.3, Bay (Gunn) 1:57.6, Spelman (Santa Clara) 1:57.8, Muligan (Car) 1:57.8, Kane (Awalt) 1:58.0, Smith (Seq) 1:58.0.

440 — Brown (Sunny) 48.6, Lega (Wood) 50.0, Scaller (Cup) 50.4, Fitzhugh (Ray) 51.2, Avramovic (Ray) 51.2.

100 — Paul (Gunn) 10.1, Johnson (Ray) 10.2, Fobbs (Car) 10.4, Spencer (Ray) 10.4, Pushkin (Awalt) 10.5.

2 mile — Templeman (Car) 9:24.5, MacMitchell (Gunn) 9:26.4, Smith (LA) 9:29.1, Berka (LA) 9:29.2, Marshall (Home) 9:31.5.

180 LH — Oravillo (Seq) 19.7, Bagshaw (Gunn) 19.9, Lydster (Awalt) 20.1, Jones (Wood) 20.3, Spencer (Ray) 20.7.

220 — Brown (Sunny) 21.9, Macko (Seq) 22.6, Dodgen (Awalt) 22.9, Paul (Gunn) 23.1.

1 mile — Syth (Santa Clara) 4:24.1, Mill-

er (Car) 4:24.1, Dave Chamness (Awalt) 4:26.6, Larry Chamness (Awalt) 4:26.6, Slavik (LA) no time.

1 mile relay — Awalt (Dodgen, L. Chamness, D. Chamness, Hart) 3:24.1, Gunn 3:24.2, Ravenswood 3:26.0, Woodside 3:26.4, Cupertino 3:27.1.

HJ — Carlson (Lyn) 6-4, May (Seq) 6-2, Monaco (PA) 6-2, Sellenreich (Cup) 6-0, Radovich (Santa Clara) 6-0.

LJ — Thorp (Cup) 22-3 $\frac{1}{4}$, Jones (Wood) 22-3 $\frac{1}{4}$, Hall (Car) 22.3, Lewis (Santa Clara) 22-1 $\frac{1}{4}$, Jackson (Santa Clara) 21-8.

SP — Aldrich (Fre) 57-2 $\frac{3}{4}$, Overton (LA) 53-4 $\frac{1}{2}$, Murphy (Home) 53-3 $\frac{3}{4}$, Cantwell (Seq) 52-1, Buss (Gunn) 50.0.

Dis — Overton (LA) 176-8, Buss (Gunn) 168-5, Aldrich (Fremont) 162-3, Peavall (Awalt) 160-11, Pavalich (Cup) 158-11.

PV — Jennings (M-A) 13-0, Alberts (Lyn) 13-0, Dempster (Car) 13-0, Fletcher (Gunn) 12-4, Shank (Cup) 12-6.

TJ — Krebs (Gunn) 46-9 $\frac{3}{4}$, Hughes (Seq) 46-0 $\frac{1}{4}$, Thorp (Cup) 45-11 $\frac{1}{4}$, Hall (Car) 45-8 $\frac{1}{2}$, Austin (PA) 45-7 $\frac{1}{4}$.

TEAM SCORES: Gunn 43, Sequoia 32, Awalt 31, Carlmont 23, Los Altos 17, Cupertino 17, Woodside 14, Sunnyvale 14, Santa Clara 13, Ravenswood 13, Lynbrook 10, Palo Alto 4.

FROSH-SOPH

440 relay — Cupertino 45.0, San Carlos, Buchser, Santa Clara, Ravenswood.

70 HH — Florant (PA) 8.8, Rodriguez (Home), Nenall (Lyn), Morrow (Gunn), Coleman (Monte Vista).

100 — Adam (Wilcox) 10.5, Avila (Car), Kimball (LA), Moore (Lyn), Tingle (Ray).

800 — Carroll (Lyn) 2:00.4, Sayre (Car), Kimball (LA), Anderson (Santa Clara), Giles (Home).

440 — Veal (San Carlos) 51.4, Fernandez (Home), Newell (Lyn), Grayson (Cup), Kronz (Fre).

180 LH — Florant (PA) 20.9, Bumbaca (Monte Vista), Sutphen (Gunn), McCarthy (Cup), Elevation (Monte Vista).

220 — Kimball (LA) 23.5, Guffey (Cup), Imperato (Santa Clara) Adam (Wilcox), Tingle (Ravenswood).

2-mile — Cafferin (Car) 9:50.4, Lator (Car), Church (Home), Arce (Wilcox), Israelson (LA).

1 mile — Phillips (Lyn) 4:30.2, Crowley (Gunn), Stewart (Lyn), Mahon (Monte Vista), Logan (Cubberley).

1 mile relay — Lynbrook 3:35.3, Carlmont 3:35.9.

Tie between San Carlos and Fremont, Cupertino.

Dis — McGowan (Fremont) 159-7 $\frac{1}{2}$, Allen (Lynbrook), Redington (Home), Upton (Lynbrook), Mehdrez (Monte Vista).

TJ — McCarthy (Cup) 44-2 $\frac{1}{2}$, Combes (Terman), Redington (Home), Larsen (Lyn), Mitchell (LA).

SP — Meadows (Fremont) 57-1, Oberhelmer (Sunny), Velhovec (San Carlos), Arnold (Wood), Data (Seq).

LJ — Adams (Wilcox) 21-1 $\frac{1}{4}$, Veal (San Carlos), Piercell (Cup), Greyson (Cup), Jones (Car).

PV — Hintz (Buchser) 13-3 $\frac{1}{2}$, Coleman (Monte Vista), Tseng (PA), Henry (Cup), Bay (Gunn).

HJ — True (Monte Vista) 6-4, Dunn (Santa Clara), Farmer (Cubberley), Orr (Woodside), Efling (Awalt).

MR — Meet record.
SR — School record.

REGION II FINALS

Team Results

Gunn 43, Sequoia 32, Awalt 32, Carl-
mont 23, (tie) Cupertino and Los Altos
17, Sunnyvale 15, Woodside 14, Santa
Clara 13, Lynbrook 10, Ravenswood 9,
Homestead 7, Menlo-Atherton 6.

Individual

100 — Paul (Gunn) 10.1; Johnson
(Raven) 10.2; Fobbs (Carl) 10.4; Spencer
(Raven) 10.4; Pushkin (Awt) 10.5.

220 — Brown (Sun) 21.9 (tied meet
record); Macko (Seq) 22.6; Dodgen
(Awt) 22.9; Keckley (Seq) 23.0; Paul
(Gunn) 23.1.

440 — Brown (Sun) 47.8; Legg (Wood)
50.0; Scalier (Cup) 50.4; Fitzhugh (Rav-
en) 51.2; Augman (Raven) 51.2.

880 — Verrette (Awt) 1:55.9; Bay
(Gunn) 1:57.6; Goodman (SC) 1:58.8;
Mulligan (Carl) 1:58.8; Kane (Awt)
1:58.8.

Mile — Syth (SC) 4:24.1; Miller (SC)
4:24.1; Dave Chamness (Awt) 4:26.6;
Larry Chamness (Awt) 4:26.6; Slavin
(LA) nt.

2-mile — Templeman (Carl) 9:24.5;
MacMitchell (Gunn) 9:26.4; Smith (LA)
9:29.1; Berkas (LA) 9:29.2; Marshall
(Home) 9:33.7.

120 HH — Bagshaw (Gunn) 14.4;
Oravillo (Seq) 14.6; Roesky (Home) 14.9;
Jones (Wood) 14.9; Foster (LA) 15.0.

180 LH — Oravillo (Seq) 19.7; Bagshaw
(Gunn) 19.9; Lydester (Awt) 20.1; Jones
(Wood) 20.3; Spencer (Raven) 20.7.

440 relay — Sequoia 43.2; Awalt 43.3;
Sunnyvale 43.3; Cupertino 43.5; Gunn nt.

Mile relay — Awalt 3:24.2; Gunn

Texas Stars

REGION II FINALS

Team Results

Sequoia 32, Awalt 32, Carl-
) Cupertino and Los Altos
 e 15, Woodside 14, Santa
 nbrook 10, Ravenswood 9,
 Menlo-Atherton 6.

Individual

ul (Gunn) 10.1; Johnson
 ; Fobbs(Carl) 10.4; Spencer
 Pushkin (Awt) 10.5.

wn (Sun) 21.9 (tied meet
 cko (Seq) 22.6; Dodgen
 Keckley (Seq) 23.0; Paul

yn (Sun) 47.8; Legg (Wood)
 (Cup) 50.4; Fitzhugh (Rav-
 man (Raven) 51.2.

rette (Awt) 1:55.9; Bay
 6; Goodman (SC) 1:58.8;
 arl) 1:58.8; Kane (Awt)

h (SC) 4:24.1; Miller (SC)
 Chamness (Awt) 4:26.6;
 ness (Awt) 4:26.6; Slavin

Templeman (Carl) 9:24.5;
 (Gunn) 9:26.4; Smith (LA)
 s (LA) 9:29.2; Marshall

Bagshaw (Gunn) 14.4;
 14.6; Roesky (Home) 14.9;
 14.9; Foster (LA) 15.0.

ravillo (Seq) 19.7; Bagshaw
 Lydester (Awt) 20.1; Jones
 Spencer (Raven) 20.7.

Sequoia 43.2; Awalt 43.3;
 ; Cupertino 43.5; Gunn nt.
 — Awalt 3:24.2; Gunn

3:24.6; Ravenswood 3:26.0; Woodside
 3:26.4; Cupertino 3:30.5.

HJ — Carlson (Lyn) 6-4; May (Seq)
 6-2; McMonagle (PA) 6-2; (tie) Seifen-
 reich (Cup) and Radovich (SC) 6-0.

LJ — Thorp (Cup) 22-3½; Jones
 (Wood) 22-3¼; Hall (Carl) 22-3; Lewis
 (SC) 22-1¼; Jackson (SC) 21-8; Johnson
 (MA) 21-7¾.

TJ — Krebs (Gunn) 46-9¾; Hughes
 (Sep) 46-0¾; Thorp (Cup) 45-11¾; Hall
 (Carl) 45-8½; Austin (PA) 45-7¼.

PV — Jennings (MA) 13-0; Alberts
 (Lyn) 13-0; Dempster (Carl) 13-0,
 Fletcher (Gunn) 12-6; Shnek (Cup) 12-6.

SP — Aldrich (Fre) 57-2¾; Overton
 (LA) 53-5¼; Murray (Home) 53-3¾;
 Cantwell (Seq) 52-1; Buss (Gunn) 50-0.

D — Overton (LA) 176-8; Buss (Gunn)
 168-5; Aldridge (Fre) 162-3; Pfandl (Awt)
 160-11; Pavalich (Cup) 158-11.

REGION V FINALS

Team Results

Seaside 62, Watsonville 38, Salinas
 Soquel 33, Harbor 18, Alisal and Monte-
 rey 16, enlo 14, Carmel 13, Palma 11,
 San Lorenzo Valley 8, North Salinas 7.

Individuals

100 — Tony Harris (Sea) 10.0, Green
 (H) 10.1, Rayston (Mon) 10.4. 220 — Tony
 Harris (Sea) 22.2, Payston (Mon) 22.4,
 Smiley (Soq) 22.8. 440 — Calvin Payne
 (Sea) 49.9, Lear (Al) 50.6, Ferguson
 (Sea) 51.6. 880 — Ken Mitchell (Sal)

1:58.6, Maust (Sea) 2:00.2, Griggs (Wat)
 2:01.3. Mile — Ed Noyes (Soq) 4:25.5,
 Garcia (Wat) 4:29.3, Zanetta (Car)

4:34.6. 2-mile — Mark McConnel (Spq)
 9:19.9, Jameson (Wat) 9:22.4, Thompson
 (Men) 9:54.1. 120 HH — Bobby Washing-
 ton (Sal) 15.2, Carter (Car) 15.5, Thomas
 (Sea) 15.6. 180 LH — Bobby Washington
 (Sal) 19.8, Fravel (Har) 20.1, Carter
 (Car) 20.2. 440 relay — Seaside 42.8,
 Monterey 42.9, Salinas 43.5, Mile rley —
 Seaside 3:28.5, Salinas 3:32.7, Watsonville
 3:34.3.

HJ — Don Green (Har) 6-0¼, Thomp-
 son (NS) 5-10, Garibay (Pal) 5-10. LJ —
 Jeff Lear (Al) 23-1½, Harrsi (Sea) 22-1,
 Kunkel (Aptos) 20-0¾. TJ — Tim Griffith
 (Men) 45-8¾, Garnett (Sea) 42-4¼.

as Stars
 Run