

# Soph Leads In 1st SPAL Decathlon

Surprising little (5-7) John Bay of Gunn High led varsity performers, but versatile Bruce Veal of San Carlos paced all 36 participants in the first five events of the first annual Menlo-Atherton SPAL Decathlon yesterday.

Bay compiled 2,847 points going into today's final round action, followed by another surprise, Sequoia's Greg Patrick with 2,434, and Jeff Jennings of M-A with 2,426.

Sophomore Veal, however, had 2,869 points in the frosh-soph division to lead his peers and all varsity performers too, followed by Sequoia's Marlon Murphy with 2,844 and Woodside's Dave Brunsting with 2,359.

Bay's 20-2 long jump, 52.5 440 and 31-8 shot put were varsity bests along with Jennings' 10.3 100 and Patrick's 5-7 high jump.

Veal topped the frosh-soph in the long jump at 20-9 $\frac{3}{4}$ , 440 in 51.9 and tied Murphy in the 100 at 10.6. Murphy led the high jump at 5-6 and Brunsting the shot at 39-10 $\frac{1}{4}$ .

# Veal Steals Show

A few SPAL athletes gained a new appreciation for track and field events they had never tried before in the conclusion of the first annual

SPAL Decathlon yesterday at Menlo-Atherton High.

Gunn's John Bay won the varsity division with 4,113 points followed by M-A's Jeff

Jennings (3,681) and Sequoia's Greg Patrick (3,069).

Sophomore Bruce Veal of San Carlos stole the show, however, with 4,314 points in the frosh-soph division to lead everyone, trailed by Marlon Murphy of Sequoia (4,236) and Doug Peck of Palo Alto (3,449).

Jennings tried the 120 high hurdles for the first time in his life and ran a 17.7, while Veal did 17.1 in the same event in his first effort — "really incredible," according to M-A coach Plato Yanicks — Behind experienced hurdler Murphy's 16.7.

Jennings topped all varsity pole vaulters at 12-6 while Bay won the mile in a respectable 4:54.5 and learned the discus is tougher than it appears with a 90-2 $\frac{3}{4}$  toss.

Murphy topped the frosh-soph discus flingers at 106-4, Gunn's Al Bay pole vaulted 12-0 and Gunn's Gordon MacMitchell coasted through a 4:43.1 mile.

An experienced distance runner who competed in nothing else during the regular season, MacMitchell "did extremely well" in finishing a frosh-soph fifth with 3,246 behind Woodside's Dave Brunsting (3,269) according to Yanicks.